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Home Life Style Inside



SEPTEMBER 12-18, 2013 25 CENTS Newsstand Price



Slowly winding between jersey walls and traffic barriers on Route 50 west, just past the spot where the road currently narrows from three lanes to two, motorists head home from work Monday at 5:30 p.m.

## Route 50 Widening Half-Way Done

## VDOT's on schedule for June 2015 completion.

By Bonnie Hobbs Centre View

ost local residents who regularly drive on Route 50 are aware that it's being widened from four to six lanes between Poland Road in Loudoun County and Route 28 in Chantilly.

Now, VDOT officials are saying this 3.7-mile, \$95 million project is more than 50-percent complete. It's also still on target for the three east-bound lanes to open in November 2014, with the three westbound lanes coming online in spring 2015.

Increased development and congestion in Loudoun County creates backups during much of the day on the existing four-lane segment, especially during morning and evening rush hours. But when finished, this section of Route 50 will feature more than just three lanes in each direction.

It will also boast improved turn lanes and traffic signals, curb and gutter on the outside lanes, crosswalks and pedestrian signals, widened and upgraded bridges, plus a bike/pedestrian trail on both sides of the road. Furthermore, the road will be more level and will provide wider buffers between travel lanes and roadside hazards.

Project costs include \$10 million for preliminary engineering, \$19 million for right of way acquisition, \$10.5 million for utility relocation and \$55.4 million for construction.

Most recently, to ease traffic flow onto eastbound Route 50, work crews just finished adding a second, right-turn lane at Pleasant Valley Road in Loudoun County. And VDOT is monitoring and tweaking signal timings to keep traffic moving.

Still, since construction began nearly two years ago, in October 2011, motorists on Route 50 have endured daily lane closures, narrowed lanes, shorter turn lanes and miles of concrete barriers. And they want to know why this project is taking so long to do. Turns out, there's much more to it than meets the eye.

"We know that three-and-a-half years of construction on one of the busiest commuter corridors in Northern Virginia is extremely frustrating for motorists, but we are working to accelerate the project wherever possible," said VDOT's design-build engineer Susan Shaw. "The fact is, we are not simply widening the roadway; this project calls for miles of utility relocation and a complete reconstruction of the roadway."

About a dozen utilities are involved, and dealing with them all is a major part of the project. It entails relocating some 10 miles of fiber optic cable, 4.5 miles of phone lines, 4.5 miles of overhead electric wires, 3.5 miles of cable TV lines and a 2,000-foot gas line. In addition, VDOT will be installing a 3.5-mile water line.

Since Route 50 carries 62,000 vehicles a day, the whole project is expected to improve current and anticipated traffic flow, as well as safety along the corridor.

Already, workmen have finished building the new eastbound bridge east of Pleasant Valley Road in Fairfax County. They're now relocating a gas line before shifting traffic onto the bridge, later this month. Westbound traffic will move onto the new bridge in late October.

Crews will then demolish the temporary bridge and begin construction of the new westbound bridge, geared for completion in spring 2014. Besides ferrying three lanes of traffic in each direction, both bridges will also feature a 10-footwide trail on each side.

## Sunoco Plan Heads To Planning Panel

## Alcoholic beverages sales still a concern.

By Bonnie Hobbs Centre View

t's on to the Fairfax County Planning Commission now for Sunoco's proposed changes to its gas station near the Dulles Expo Center in Chantilly. And along the way, two local land-use groups have opposed its intention to sell alcoholic beverages in its associated convenience store.

Located at 4475 Daly Drive, by Willard Road, the existing Sunoco station has been at that site since 1989. But after Sunoco acquired more land, it decided to completely revamp the facility and its offerings. Currently there are six fuel pumps under a canopy, plus a carwash and 1,571-square-foot convenience store; Sunoco wants to add four more gas pumps. It also wants to demolish the old store and build a 3,159-squarefoot, quick-service food store in place of the car wash, which will be moved to the rear of the site. Sunoco's plan to sell alcohol from the convenience store is proving to be a hard sell — at least to the land-use committees of the West Fairfax County Citizens Association and the Sully District Council of Citizens Associations. Mini-marts aren't allowed to sell alcohol so

Sunoco's old one at the Dulles Expo site couldn't do so. But it's requesting permission to do that at its new store. Beer, for example, would be sold in six-packs, cases and single servings.

Not wanting to give the appearance of endorsing drinking and driving, both groups have historically opposed the sale of alcoholic beverages at places selling gas. And they're sticking to their guns.

At its Aug. 20 meeting, the WFCCA voted to support Sunoco's expansion plans but take no position on its alcohol sales. The next night the Sully District Council voted 5-1 in favor of Sunoco, but not its proposal to sell alcoholic beverages.

However, Sunoco attorney Sara Mariska noted that there's little difference between people buying beer at a grocery store and driving away or purchasing it at a gasstation convenience store and doing the same. And the latter situation may be preferable, she said, because "Customer comings and goings are more closely monitored."

The issue is scheduled to go to the Planning Commission Oct. 3.



An artist's rendition of Sunoco's proposed new convenience store.

РР, РОЗТАСЕ О. В РОЗТАСЕ РАІР МАКТІМЗВИКС, WV РЕКМІТ #86

## News

## Eat Pizza To Help Local Girl Paisano's holding fundraiser for Tara Sankner.

By Bonnie Hobbs Centre View

fundraiser being held by a local pizza chain won't cure Tara Sankner's cancer — but it'll cer tainly help her parents pay for her medical bills. Called "Let's Take Care of Tara," it began Sept. 3 and will run through Sept. 30 at all Paisano's and Bella Pizza locations.

This is National Childhood Cancer Awareness month, and Paisano's owner and founder, Fouad Qreitem — who has children, himself — wants to do all he can to help this local family.

"I would love to see Tara get into remission," he said. "I met Tara and her mother, Tammy, and they didn't ask for anything. But I could tell they were a family struggling and in need."

Tara, 8, is now a third-grader at Lees Corner Elementary. Her dad Craig is a letter carrier with the U.S. Post Office in Oak Hill and her mom is a medical biller at Inova Fair Oaks Hospital. And in February, their only child was diagnosed with an astrocytoma, a treatable but inoperable form of brain cancer.

"It would be a parent's worst nightmare," said Qreitem. "I have two daughters, 8 and 12, and cannot imagine my family being faced with this situation. So I want to help

Tara and her family."

Every Tuesday in September, callers ordering food from Paisano's or Bella Pizza and mentioning "Let's Take Care of Tara" will have 10 percent of their order donated directly to Tara's family to help pay for her treatment and growing medical expenses. And the more people participating, the more money will be raised.

Locally, Paisano's is at 4078 Airline Parkway in Chantilly and 12715 Shoppes Lane in Fair Lakes; Bella Pizza (part

of the Paisano's chain) is at 5740 Pickwick Road in Centreville. Phone numbers are at www.pizzapaisanos.com.

A successful businessman, Qreitem said, "We are where we are because of the people in the community, and we believe it's our civic duty to give back to the community." During the campaign, Paisano's will also accept cash or checks payable to Tara Sankner, any day of the week, to directly pass on to her parents.

"I hope everybody chips in and does their part to help her," said Qreitem. "When Tara



Tara Sanker on her first day of third grade at Lees Corner Elementary.

has chemo, she's sick afterward, and Tammy has to take off a week or two at a time from work, unpaid, to take care of her. So on top of her child having cancer, she's also dealing with the financial burden — and the last thing this family should have to worry about at this time is money."

Grateful for Qreitem's generosity, Tammy Sankner said, "'Thank you' just doesn't seem enough for everything he's doing. We are blessed and are really looking forward to working with

him. It makes us feel good that there are people who care."

Tara began another round of chemotherapy on Wednesday and then will have 36 weeks more. "She had a six-week break after the second round," said her mom. "But when she started the third round, she was really sick, so we switched up her cycle. So now it's four weeks of infusion, a two-week break and four weeks of infusion. But she won't have anymore oral chemo, which wasn't doing anything to help her."

Then in mid-October, she'll have another

MRI to see how things are doing. Meanwhile, Tara had a fun summer. "In July, we went to Tennessee for my parents' 50<sup>th</sup> wedding anniversary and saw some relatives I hadn't seen since 1996," said Sankner. "Some of them hadn't seen Tara, so that was really nice."

**IN AUGUST,** Tara attended Camp Fantastic at the 4H center in Front Royal through the Special Love organization and had a great time with other children battling cancer like she is. And she continues to pitch for the Vienna Girls Softball League.

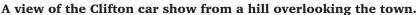
She began third grade last week and, said her mom, "So far, so good. She's kind of bummed, though, because she hasn't had homework, yet. But we'll see how she does this week, when she starts getting it."

Meanwhile, Qreitem hopes lots of people participate in the "Let's Take Care of Tara" fundraiser. "It's all about Tara," he said. "We'll see how the campaign goes and, if we get a good response in September, we'll definitely continue on with it. I know this family is hurting, and I just want to help them."

Online donations to Tara may also be made; go to www.airbanking.com/tools/; where it says to pick a charity, click and scroll down to Pray for Tara. Or send checks payable to Tara Sankner to her at 13114 Willoughby Point Drive, Fairfax, VA 22033.









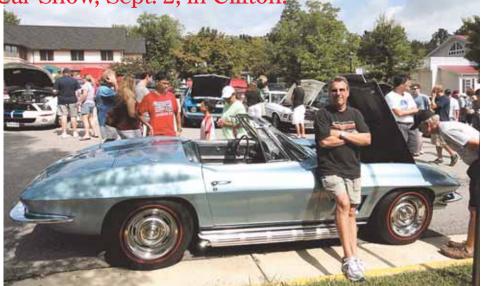
Brothers Jack (left) and Ben Schiesl look at a 2007 Ford Mustang.

## Cool Cars, Hot Day in Clifton

Crowds braved 90-degree heat to attend the 14th Annual Labor Day Car Show, Sept. 2, in Clifton.



Harley-Davidson motorcycles line this Clifton street.



Chantilly's Robert Garrison leans against his 1967 Chevy Corvette Stingray.



Clifton's Emily Dillard poses by a 1940 Ford coupe.



Ben Keethler of Centreville's Virginia Run community and sons (from left) Sammy, 6, and Collin, 8, stand by a 1934 Ford.



As in the famous TV commercial, Clifton's Brant Baber (on right) borrows a jar of Grey Poupon mustard from 1962 Rolls Royce owner James Brown.

#### Roundups

### Grand Jury Indicts Clement

A former, local school principal has been indicted by a Fairfax County grand jury on two counts of felony aggravated sexual battery of a minor. He is Thom Clement, 62, of Little Rocky Run.

Virginia State Police arrested him May 23 after a boy told them Clement allegedly sexually assaulted him in October 2009 while they were on an overnight camping trip at Burke Lake Park. The boy was 9 at the time of the alleged incident, and Clement led a Scout group at his church.

On July 25, Clement waived his right to a preliminary hearing in Juvenile and Domestic Relations Court. He was then indicted by the grand jury, Aug. 19, and is scheduled to enter a plea, Sept. 17, in Circuit Court.

Clement opened Bull Run Elementary and served as its principal for seven years until he retired in July 2006. His career with Fairfax County Public Schools spanned 31 years.

### Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Sept. 12, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. They'll also do them on Saturday, Sept. 14, from 9 a.m.-noon, outside the Chantilly Target.

No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. However, because of time constraints, only the first 35 vehicles arriving Sept. 12 will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

### Democratic Women to Meet

The Democratic Women of Clifton is now called the Democratic Women of Clifton and Northern Virginia (DWCNV). It'll hold its next meeting Sunday, Sept. 15, from 3-5 p.m. Guest speaker is Eleanor Clift, a contributor to Newsweek and The Daily Beast, an author and a member of "The McLaughlin Group," a weekly public-affairs program.

The group's October meeting will focus on the statewide election in November. All Democratic women in Northern Virginia are invited to become members.

Meetings are held Sundays, from 3-5 p.m., in the Clifton Town Meeting Hall, 12641 Chapel Road in Clifton. For more information, e-mail cliftonwomendems@aol.com or www.democraticwomenofclifton.org.

## Eat Pizza, Help Children

Paisano's Pizza is going to "Share the Pie" with the Boys and Girls Clubs of greater Washington. For all customers who mention "BGC" when placing an order, Paisano's will donate 10 percent of their purchase price to help support that organization. The fundraiser goes until Sept. 15.

Locally, Paisano's has locations at 4078 Airline Parkway in Chantilly and 12715 Shoppes Lane in Fair Lakes. Also participating is Paisano's Bella Pizza at 5740 Pickwick Road in Centreville. For phone numbers, go to www.pizzapaisanos.com.

### WFCCA Land-Use Committee

Three issues are on tap for the next meeting of the West Fairfax County Citizens Association (WFCCA) Land-Use Committee. It's slated for Tuesday, Sept. 17, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly.

Agenda items include renewal of the agricultural-forestal district classification of the Cox-Richards Family Farm at Braddock and Pleasant Valley Roads in Centreville, plus an application by Kulbok for a new agricultural-forestal district classification of 47 acres on Centreville's Bull Run Post Office Road. The panel will also consider a countywide zoning ordinance amendment establishing criteria for studio-type apartments.

SEE ROUNDUPS, PAGE 10

## PEOPLE

## Laios Appointed to State Board

for people with disabilities.

BY CAMILLE THOMPSON-CLOWNEY Centre View

arisa Laios of Chantilly was recently appointed by Gov. Robert McDonnell to the Virginia Board for People with Disabilities which serves as Virginia's Developmental Disabilities Council.

The board works to enable people with disabilities to have a better life through policy efforts, advocacy and systems change. Of the 39 members of the board, the governor appoints 31 of them. This year, Laios was a top choice.

Laios was diagnosed with cerebral palsy when she was 4 years old. CP is a disorder that causes physical disability in development, primarily in terms of body movement. Despite her disability, Laios is actively involved in several organizations.

"Marisa was selected to serve on the board in a seat designated for an individual with a disability. She applied online through the OASYS

system for the appointment and Governor McDonnell felt Marisa would make an excellent addition to the board," said Paul Shanks, deputy director of communications at the Office of the Governor.

Laios is familiar with the board having recently participated in its training programs. Just a few years ago, Laios was a member of the Youth Leadership Forum, which helps young people with disabilities develop leadership skills.

"It was really awesome. After completing the Youth Leadership Forum, I was asked to come back as an alumni," Laios said.

After returning to the Youth Leadership Forum as an alumni staff member, Laios then went on to the Partners in Policymaking program that teaches participants how to impact local, state and national policies through advocacy and awareness. Laios is a

Chantilly woman is advocate about the application process to become a Virginia Board for People with Disabilities board member.

> "One of the sessions was on the board and I found out they were looking for people to join so I decided to apply," said Laios.

> Sharing in Laios's joy over her involvement in the board is Executive Director Heidi Lawyer. "I've known Marisa for quite some time and we're very excited to have her. We always love when people who have been through our programs end up on our board," said

Laios will be serving on the Advocacy and Outreach Committee, one of four standing committees, within the Virginia Board for People with Disabilities. The committee focuses on outreach and marketing to inform constituents about the board's policy and programmatic work. As part of the Advocacy and Outreach Committee, Laios will work toward sup-

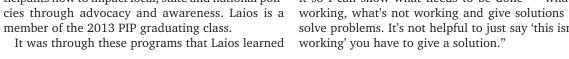
> porting and training those affected by developmental disabilities to influence public policy and participate in civic, leadership and community activities.

> Among Laios's other achievements is her volunteer work with a number of other organizations. Laios volunteers with the Lost Dog and Cat Rescue Foundation which pulls dogs and cats from high-kill shelters and finds them loving

homes. She is also on the board of The Arc of Virginia, both the statewide organization and the Northern Virginia chapter, which advocates for the rights of people with intellectual and developmental disabilities. Laios also spends time with Voices for Virginia's Children, another advocacy group that focuses on improving the lives of children in the Commonwealth by advancing public policies. She is also involved in her church.

"She's a very good spokesperson, not just for her own needs, but for people with developmental disabilities across the Commonwealth. I expect she will be a very vocal member of the board," continued

"I do these things not for myself," said Laios. "I do it so I can show what needs to be done — what's working, what's not working and give solutions to solve problems. It's not helpful to just say 'this isn't



## Putting Brakes on Neighborhood Speeding In an effort to get drivers to slow down in resi-

**Marisa Laios** 

dential neighborhoods, the Fairfax County Board of Supervisors approved \$350,000 to fund a public awareness campaign and "traffic calming" measures in the county Tuesday, Sept. 10.

Supervisor John Cook (R-Braddock) initiated the measure last year, soliciting constituent support through an online petition, which resulted in more than 250 signatures and hundreds of emails from supporters.

"This marks the latest victory in a years-long struggle against dangerous driving in the county,' Cook said Tuesday.

"I hear from constituents consistently about speeding and unsafe driving in their neighborhoods," Cook said, adding that this funding should be "just the start of Fairfax County's enhanced campaign against the dangers of speeding."

The "traffic calming" could include the installation of speed bumps in neighborhoods, as well as steppedup enforcement and radar patrols.

The public awareness effort is expected to use traditional and online media to communicate the dangers of speeding in neighborhoods, and ask residents to commit to voluntary compliance with speed limits and safe driving practices. Cook will ask civic and homeowners associations to join in this effort to lead residents in a shared commitment to slow down and drive safely in their neighborhoods.

Nearly \$200,000 of the approved funding will be used for traffic calming measures, such as speed bumps and stop signs, in areas with frequent speeding issues at the request of residents. State funding for traffic calming ended recently and these funds would close some of the gap until state funding is

"This effort is a first step," Cook said. "Greater traffic enforcement and enhanced technology for our police should be addressed in the years to come. But most importantly this effort calls on our residents to work together for the benefit of the community as a

## News



Members of Team Void, CyberPatriot National winners from March 2013, address students at CyberPatriot Camp at Chantilly Academy.

## Students Attend CyberPatriot Camp

## High school students explore cyber technology at Chantilly Academy.

BY STEVE HIBBARD Centre View

bout 90 students from 20 high schools attended the second annual CyberPatriot Camp at Chantilly Academy where they competed in the National High School Cyber Defense Competition Aug. 12-16.

The camp, co-sponsored by Northrop Grumman with the Chantilly Academy, taught different levels of cybersecurity skills to grades 9-12. Students could explore careers in cybersecurity, technology, engineering, or math (STEM) disciplines. The competition was conceived by the Air Force Association.

"It's an amazing program. They are doing realworld cyber security work," said Diane Miller, director of InfoSec Operations and Cyber Initiatives at Northrop Grumman.

Cyber instructor Terry LeVoy calls this year's CyberPatriots very enthusiastic and energetic. "It's exciting to me because this is our future and they're jumping into it and getting involved."

Cybersecurity is designed to protect networks, computers and data from attack, damage or unauthorized access. The federal government has allotted \$13 billion annually to cybersecurity over the next five years. The beginner's class focused on the history of the internet, why it's vulnerable to different operating systems and methods for securing networks. The hands-on labs and lectures tackled topics like digital personas and the importance of strong passwords.

"We've been teaching about a digital persona," said Miller. "We have them use common tools to see what's out there about them." That includes any social media like FaceBook, Twitter, or Google and Pipl.com.

'We go through exercises and labs so they can check their digital persona. And we help them un-

SEE STUDENTS EXPLORE, PAGE 7





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- Are married to a Catholic, attend Mass, and would like to take the next step to become Catholic:
- Are Catholic but want to learn more about their faith.

#### WHY WOULD I PARTICIPATE IN RCIA?

The process of RCIA was created by the early Church to prepare adults for reception [initiation] as full members of the Catholic faith. While that is still one of the purposes that RCIA fulfills, the intent to join the Catholic Church is not required or even expected of participants. People are welcome simply to know more and perhaps feel more Email: rcia@sttimothyparish.org comfortable attending Mass with friends, spouses, or children who are Catholic.

## **OPINION**

## Small Steps to Fight Homelessness

Efficiency apartments would serve 20-somethings, service workers, retirees and more.

ne way to prevent homelessness is to think small. It doesn't take much space to house one person. Sure, many houses in our area have 1,000 square feet and sometimes two or three times that much per person, but that's really not necessary.

In fact 350 square feet can provide space for an excellent efficiency apartment for one person. We have certainly heard a variety of anecdotes about apartments in New York City that are smaller than 150 square feet, and expensive to boot.

A proposal in Fairfax County would allow for the construction of efficiency apartments in a variety of settings, each one subject to approval individually. Efficiency apartments near public transportation could provide reasonably priced housing not just for individuals in danger of being homeless, but also for

recent college graduates, for service workers, for older folks who don't want or can't afford to stay in single family homes when they retire. The move to smaller apartments and condos close to jobs, shopping and public transportation is a national trend. Fairfax County needs to move forward with a flexible proposal to allow construction of efficiency apartments in certain settings, and compatible with exist-

ment complexes.

There is no chance of such an outcome. The proposed amendment does not allow

In fact, as a county, we would be very lucky if this proposal resulted in any efficiency apartments being built at all. The current restrictions are such that developers are

The proposed amendment requires that RSUs "shall be designed so as to be compatally, the development shall be harmonious with the development on neighboring properties in terms of character, building size, height, intensity and use."

### Jeans Day

Jeans Day, coming Oct. 18, is a simple way to fight homelessness, designed for companies and their employees to make a difference.

In partnership with the Office to Prevent and End Homelessness, the Fairfax County Chamber of Commerce and Apple Federal Credit Union, the Connection Newspapers is a sponsor of the 3rd Annual Jeans Day to Put the ZIP on Homelessness, scheduled for Friday, Oct.

Employees are allowed to wear jeans to work on Friday, Oct. 18, (Jeans Day) in exchange for a \$5 employee contribution to the Fairfax-Falls Church Community Partnership to Prevent and End Homelessness. Companies and organizations are encouraged to match employee contributions, but a match is not required. Companies and organizations that sign up by Sept. 20 will get extra exposure.

Sign up for Jeans Day 2013: Putting the ZIP Homelessness jeansday2013.eventbrite.com/

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A Connection Newspaper





ing neighborhoods. Some neighborhood associations are concerned about the proposal. They envision builders poised to build many apartment buildings filled with nothing but tiny apartments or single family homes split up into small apart-

single family homes to be converted EDITORIAL into efficiency apartments.

unlikely to find incentive to build.

ible with any existing development on the lot on in terms of intensity, uses and scale. Addition-Attending 22nd Annual Debutante Ball

he Old Dominion Cotillion held its 22nd Annual Debutante Ball at Westfields Marriott on July 13 in Chantilly. Family and friends gathered for a multi-course dinner and dancing to celebrate the social debut of six local young women.

Dressed in white Cinderella-like ball gowns, the debutantes each appeared under an arch of sabers performed by cadets from Fishburne Military School. Each debutante was formally presented by her father, then escorted for the evening by a designated Fishburne cadet.

The Old Dominion Cotillion announced the debut of its 2013 debutantes: Carah Paige Abod, daughter of Mr. and Mrs. Craig Abod of Great Falls, who is a rising senior at Flint Hill; Morgan Taylor Goode, daughter of Mr. and Mrs. George Marinakos of Centreville, who is a rising senior at Cortona Academy; Nicole Elizabeth Kutyn, daughter of Mr. Conrad Kutyn and Ms. Carla Pezzullo of Fairfax, who is a rising senior at Paul VI High School; Alexandra Nicole Lucas, daughter of Mr. and Mrs. Steve Lucas, of Oakton, who is a rising senior at Flint Hill; Alexandra Jean Root, daughter of Col. And Mrs. Richard Root of Centreville, who is a rising senior at Westfields High School, and Elizabeth Gibson Schofield, daughter of Mr. and Mrs. David Schofield of Oakton, who a rising senior at Flint Hill.

The program also included the introduction of one page (seventh and eighth graders), five future debutantes (ninth and tenth graders), and six post debutantes (seniors and college freshmen). Returning alumnae of the Cotillion were also recognized.

Established in 1991, the Old Dominion Cotillion is a women's organization that exists to help young women grow in confidence and Debutantes include, seated on floor, Carah Paige Abod, seated from left, **Elizabeth Gibson Schofield** and Alexandra Jean Root, standing from left, Alexandra Nicole Lucas, Nicole Elizabeth Kutyn and Morgan Taylor Goode.

> PHOTO COURTESY OF BACHRACH PHOTOGRAPHY



through cultural enrichment, social events, and philanthropic activities. Each year, the Old Dominion Cotillion's so-

cial season begins with the Fall Invitational Tea,

for interested young women and their mothers, highlighting the year's upcoming events. The 2012-2013 season featured exceptional cultural growth resources. This year's tours included the Mary Washington House in

Fredericksburg, Mount Vernon, and Hillwood

in McLean.

Although the Old Dominion Cotillion's social development activities have varied over the years, some features are constant. From dancing lessons to automobile maintenance, or poise and social graces seminars to a fashion the annual Invitational Tea on Sept. 22. For jewelry event at "All that Glitters" now owned more information about the Old Dominion by Old Dominion Cotillion alumnae Alexandra Soper. The young women are encouraged to participate in both practical as well as social refinement seminars. These include tea pouring, stationery etiquette, netiquette, and din-

ner etiquette.

In addition to enrichment activities, the young women and their families enjoy numerous social events throughout the social season, such as the Halloween party, the annual Holiday Gala, a father-daughter Valentine's Day brunch to name a few.

Each year, "Ball Week" is filled with activities for the young women and their families as they anticipate the annual Debutante Ball, including Family Day, a Debutante luncheon, the "Ring Dance" (where the debutantes are presented with the Old Dominion Cotillion's signature ring), and the Rehearsal Party where they meet their escorts.

The 23rd social season will commence with Cotillion, or if interested in joining, contact Mrs. C. Peter Gallagher, director, at 703-476-9576; email at: info@olddominioncotillion.org visit the web site www.olddominioncotillion.org.

## News



Students attending CyberPatriot Camp are (from left): Grey Golla of Oak Hill, Hunter Barrineau of Springfield, Jack Torkelson of Annandale, Raam Udayappan of Fairfax, and Champ Dietzel of Chantilly.



Teaching assistant Greg Ziegler, 16, with his sister Carolyn, 14, both of Centreville.

## Students Explore Cyber Technology at Chantilly Academy

From Page 5

derstand how vulnerable information is on the internet." She said digital footprints never go away: "We want them to think twice about what they put on the internet."

Guest speakers included a CIA agent, two FBI agents and the CyberPatriot Commissioner Bernie Skoch. At the end of the week, there was a four-hour timed Cyber Defense Competition with awards and prizes.

To prepare for competition, teams of six students were asked to find 14 vulnerabilities — Trojan horses and viruses — spread over virtual machine images in a Windows operating system. They combed through the security settings to find the system's flaws. The competition allowed the students to practice team work, build leadership and collaborate with their peers. Interns from Northrop Grumman helped facilitate the

competition.

Greg Ziegler, 16, a junior at Westfield High School, was a teaching assistant at camp. He interned at Northrop Grumman and hopes to become a forensics analyst. "The students have been doing labs like building firewalls, protecting passwords, malware and hackers," he said. "We learned a lot about cybersecurity and what Northrop Grumman and other corporations do to learn about cybersecurity threats."

"We learn a lot of tools to help with cyber defense," said Maxime Caudebec, 17, a senior at Chantilly High School and intern at Northrop Grumman. "We're learning how to clean those machines, how to make them safe and remove the vulnerabilities."

Northrop Grumman is also working to set up cyber security curriculums at local colleges, including GMU, Virginia Tech and the University of Maryland.

"It makes sense for us to partner with academia," said Miller. "It's a wonderful partnership." The cyber field is 30 years old, but has only recently taken on the "cyber" moniker while creating thousands of new jobs. Chantilly Academy is leading the way by building 10 CyberSecurity teams. And Fairfax County has three learning academies that offer IT programs — Edison, Marshall and Chantilly.

"The CyberPatriot program is the premier co-curricular activity that compliments our classroom learning," said Cyber Camp administrator Joan Ozdogan, who is retired as a career experience specialist from Chantilly Academy — A Governor's STEM Academy, which is a two-year program in collaboration with NOVA.

Ozdogan built the program that offers

courses in Cisco I, Information Systems and Network Administration II — worth 12 NOVA college credits. So if a sophomore is savvy, he or she can earn 40 college credits toward a Certificate in Information Technology, with tuition greatly reduced. And that's great for their parents, too.

To illustrate, it costs \$23/credit hour at Chantilly Academy versus \$170/credit hour at a local college. And Fairfax County picks up the tab of Round One of tests for A-Plus certifications, all of which are platinum. If they enroll, high school juniors can now get A-Plus certification.

"We want kids to see careers in computers are now more than 'Geek-Squad' and more than computer animation," said Ozdogan. "There is a huge demand for cyber professionals, and they can start with high school."



Betsy Wilson, 16, of Springfield with cyber camp teaching assistant Maxime Caudebec.



Diane Miller of Northrop Grumman with Cyber instructor Terry LeVoy.



Cyber Camp Administrator Joan Ozdogan, who is retired from working at Chantilly Academy.

## SCHOOLS

## Local Chess Champ Plays Internationally

At the age of 9, Fair Lakes Crossing resident is ranked 4th nationally.

By Steve Hibbard
Centre View

t the age of 9, Aasa Dommalapati, a fourth-grader at Greenbriar West Elementary, competed against the top chess players in Brazil and Canada during the summer months. She is currently ranked fourth nationally in the girls U-9 category.

Representing the U.S. for U-10 girls, she took third against nine challengers at the Pan American Youth Chess Championship in Brazil. Then it was off to Toronto in mid-August where she competed in the North American Youth Chess Championships and placed 22 out of 31. She was also part of a team of 80 players from the U.S. who played in Slovenia last year — her first international experience. She has qualified to play in Dubai at the World Youth Championship this coming December. She won her first national tournament in 2009 in Dallas while she was in Kindergarten.

Since that time she has been tutored on Skype by Vempati Kameswara Rao, 33, from Hyderabad, India, who also uses the website MyChessGuru.com. He has a FIDE rating of 2088 in the Worldwide Chess Federation and is a national arbiter for chess tournaments

He calls Aasa an "attacking" player. "I'm expecting her to become a Woman Grandmaster," he added. "That is a long-term goal. The short-term goal is World Youth Champion."



Aasa Dommalapati, 9, is currently ranked fourth nationally in the U-9 girls chess category.

Aasa also gets help from her dad Anand, who was chairman of the Greenbriar West Elementary Chess Club for four years.

**BEFORE TOURNAMENTS**, he often takes three hours of prep time to coach and prepare his children to win. "Usually we don't know these people," said Anand. "We get a basic idea of what to expect ... the coach can work with them to come up with an alternative solution and what to expect."

For strategy, Aasa says she breaks down chess matches into three parts: openings, middle and end games. Her strategy is to use different tactics and attacks, she says: "We think of a plan and we just play it."

If that doesn't work, she says she tries another plan, and plays that. "And if he stops it, we think of another plan. And it goes on and on. And if he defends the plan, then we change it," she added.

During the Brazil tournament, she played nine rounds for almost four hours each. "I was expecting a little more, but I think I did pretty good," said Aasa. "I played two U.S. players, from Washington state and California."

Brother Abhinay, 14, is a freshman at Chantilly High who has been playing chess since second grade. He's traveled all over the U.S. competing in state and national tournaments. He says he always learns something new with every chess game he plays. "I like to defend at first—then I like to attack when my opponent is not expecting," he said. "I don't just attack or defend — I do both." At Rocky Run Middle, he maintained a 3.9 GPA and was in the e-Cyber Mission Club and Model U.N.

The GBW Chess Club, which is coached by Paul Swaney, meets Mondays and Thursdays for students in grades second through sixth. An advanced club has 20 students who meet on Mondays.

"We group the strong with the strong," said Anand, of the Fair Lakes Crossing community, of organizing the club. He is a certified USCF — United State Chess Federation — senior tournament director. He also works as an employee for BAE Systems, Inc.

**FOR CHESS PRACTICES**, he'll organize five minutes of fast games called a "Blitz" just for fun. He also organizes simul-chess or simultaneous chess, and "Bug House," or team chess for fun.

"Basically by doing that they get to play the stronger players," he said. "So when one tournament is over, you'll have players with



Mom Santhi, daughter Aasa, 9, brother Abhinay, 14, and dad Anand Dommalapati of the Fair Lakes Crossing community.

four to zero points. Those with zero points get moved into another section where they are paired with others with similar strengths.

The GBW Chess Club is now taking registration for the new school year, with 90 children maximum. They are split into two groups that play from September through January, and then February through June. The 90 are split into five or six sections, with about 16 children in each section, based on ratings. On Thursdays, students play four rounds in a tournament. Students with the highest scores win trophies and medals. During the entire season, the club plays three to four tournaments.

## Robinson's Lambert Named Business Teacher of the Year

## Chantilly resident founded programming and FBLA clubs.

BY TIM PETERSON
CENTRE VIEW

arlier this summer, Robinson Second ary School teacher Cara Lambert received a pre-back-to-school surprise. The Virginia Business Education Association had named her the 2013 Al Roane Middle School Business Teacher of the Year.

"It was exciting," said Lambert. "This wasn't my chosen career to begin with, but it's a career that I love, so it's nice to be recognized. Anyone would enjoy winning an award."

With a bachelor's degree in economics



Cara Lambert, named the 2013 VBEA Al Roane Middle School Business Teacher of the Year.

and a master's degree in management information systems, Lambert was once a stockbroker and worked in international data communications, before choosing to live at home full time to raise five children.

When the 21-year Chantilly resident decided to re-enter the workforce, she sought

a job that would allow her to spend more time with her family during their school breaks. "With a business background," Lambert said, "I thought, I could be a business teacher."

Now entering her eighth year teaching, and even nearing the end of a hectic first week of classes, she is all smiles. "I'm very grateful because I ended up loving it. I really like what I do and a lot of people can't say that."

**LAMBERT IS STARTING** her fourth year at Robinson teaching basic and advanced computer elective classes on the middle school side. She drew the attention of the VBEA with her "innovative ideas in the classroom," according to Stephanie Holt, VBEA board member and program manager for business and information technology for FCPS.

"And she's one of the few teachers who

has implemented the middle level of FBLA (an extracurricular club and competition team for Future Business Leaders of America)," Holt continued. At the high school level, Robinson boasts a nationally competitive 250-person FBLA organization. With the luxury of being structurally linked with the high school, Lambert is able to tap those FBLA resources in the form of student mentors for her middle school version.

As part of only a handful of middle school programs in the county, Lambert's 20 to 25 FBLA students compete in national contests, sponsor outreach activities such as Robinson's annual gingerbread house competition and learn basic business-friendly organizational skills in a social environment.

Also on Lambert's award winning resume: starting a Robinson video game program-

SEE LAMBERT, PAGE 9

## PEOPLE

## Agility Cats Perform at National Cat Show

## Reston woman's Abyssinian cats are famous for athletic prowess.

By Steve Hibbard

Centre View

at trainer and breeder Lisa-Maria Padilla, 52, of Reston, appeared with her blue Abyssinian cats at the National Capital Cat Show at the Dulles Expo Center in Chantilly over the weekend, Sept. 7-

The show featured 450 cats from 40 pedigreed breeds from around the world — Sphynx to Burmese to Maine Coons to Persians — plus hybrids, crossbreeds and mutations. There were six all-breed categories, two specialty rings, household pets in eight rings, plus a display of feline agility. In addition to the cat judging, vendors sold feline products, jewelry, food, and artwork. Cats were also available for adoptions.

Padilla's performance cats called "Abys" have a warm, grayish-blue coat that originated in Egypt. They are famous for doing tricks known in the animal-training field as "behaviors" — like rolling, jumping or maneuvering through timed obstacle courses. They can jump on shoulders and walk on

arms, jump from pedestal to pedestal, and sit on command. They can also jump through high hoops, tunnels and steeples. They are so well-trained that they even "act" in TV commercials for products like Purina cat food.

"A lot of people think cats can't be trained," said Padilla, originally from Los Angeles. "But they are very trainable and they can be very outgoing as well." She says both kittens and adult cats can be easily trained, and even learn to walk with harnesses and leashes.

She calls her performance cats "Mooners in Motion." They perform the same way that dogs do in dog shows, but on scaled-down obstacle courses. Her cat Twyla Mooner, age 9 and now retired, was the very first National Feline Agility Champion with a time of six seconds — a 2005 record. Twyla's daughter Racy Mooner, 5, also performs and loves interacting with humans and even has her own FaceBook page. The cats do feats of athleticism all over the U.S. — at cat shows in Madison Square Garden, San Diego, Orlando, Las Vegas, and the mid-West. The prize money is not huge — about \$400-



Lisa-Maria
Padilla, 52, of
Reston with
her Abyssinian
cat, Racy
Mooner, at the
National Capital Cat Show at
the Dulles
Expo Center in
Chantilly last
weekend.

Photo by Larry Johnson

\$500 for the agility ring — so feline connoisseurs do this mostly for bragging rights.

"Lisa-Maria is fabulous with training cats," said Marsha Ammons, of Ft. Worth, Texas, an Allbreed cat show judge with the Cat Fanciers Association who has been showing cats for 24 years. "I own a cat I got from her and she just knows the cat's behavior. She's able to get them to perform."

Pam Delabar of Finland is the past-president of the Cat Fanciers' Association, with 660 member clubs around the world. She said Padilla breeds phenomenal cats and has a very unusual rapport with them. "They're good not only in type but in personality. [She has] almost a psychic ability with the cats," she adds.

According to David Mare of Las Vegas, an all-breed cat judge and former president of CFA Foundation: "Lisa Maria has been training cats more than any other cat fancier, per say, and she's extremely good at what she does. Her cats enjoy the performances and she enjoys showing them off to the public."

In Chantilly, Padilla gave presentations in the education ring, greeted guests and interacted with children. "Cats are not just these things that sit around," she adds. "They are real natural athletes. And people enjoy seeing cats do athletic performances."

To train her cats, Padilla uses freeze-dried chicken treats as a reward. She shows them the treat first — if she's training them to roll over, she'll hold the treat over their head

and use the key phrase "roll over," and it starts to sink in. The key, she says is working with them a short time every day — maybe just two minutes a day. Twyla learned to roll over in just about a day and learned to walk with a leash in 20 minutes.

Padilla operates Hitails Abyssinians Cattery in Reston where she breeds other Abys who have one or two litters per year. She also has two retired Bengals, ages 10 and 15, which are brown-marble colored Asian leopard cross-breeds. Both Twyla and Racy are well-known for their appearances at Reston Town Center, Sterling and elsewhere in Northern Virginia. Lulu Mooner, 5, the sister of Racy, is due with her next litter on Friday.

Padilla's mother raised Siamese breeds in California where she developed her fascination with cats as a child. As a lifelong cat lover, she's been breeding and training them now for 10 years. "When I moved out to Reston and started with the Abys, I realized that both of those breeds are active, curious and inquisitive," she said. "I started to have a lot of fun teaching them different things. They kind of fell into doing the tricks and I started getting adept at teaching them new things."

When she's not breeding cats, Padilla is a feline humor writer, contributing stories to "Chicken Soup for the Cat Lovers Soul," All About Cats — a magazine in South Africa, and Cat Talk Magazine published by the Cat Fanciers' Association.

### Lambert Named Teacher of the Year

From Page 8

ming club (which has since been taken over by high school teacher Carol Wilt), facilitating and assisting in an open computer lab for students to do homework after hours or get extra help with PowerPoint presentations, and just simply being a great educator.

"She has a wonderful rapport with her students," said Holt, who has spent time sitting in with Lambert's classes. "She has great different tips and tricks to keep students interested in the projects. She makes lessons come alive."

"A large part of it is being a mom," said Lambert, with regards to liking teaching. "I just have a lot more kids here. About 300 a year."

For each of those 300, having a higher

level knowledge of programs like Microsoft Office, a confidence with various new digital devices, and business-minded organizational skills, is more important than ever. "They have to have a basic concept of databases, because they're everywhere," Lambert said. "How are they used, why are they important — they use those skills in high school and college."

Or in the job market. Lambert's programming initiatives have sparked interest that students carry into high school with higher level programming classes, knowing all the while that field of employment is full of opportunities.

"For the first time," said Holt, "our students really have the chance to learn a lot of technology skills, instead of just being expected to know how to use the computer."



## INOVA CARES CLINIC FOR CHILDREN CLOSURE

Effective December 31, 2013, Inova Cares Clinic for Children will no longer provide Pediatric services at the clinic located at 1175 Herndon Parkway, Suite 500, Herndon, VA 20170. Patients wishing to remain with Inova Cares Clinic providers will have the option to continue their care at our Falls Church location: 6400 Arlington Boulevard, Suite 210, Falls Church,

VA 22042. The Herndon clinic receptionist will gladly help you make the transition. Patients may request a copy of their medical record by completing a records release request which can be obtained from the Herndon clinic or by calling 703-531-3100. After December 31, 2013, custodianship of all records will remain with Inova Cares Clinic for Children in Falls Church and copies may be requested at any time.

#### Roundups

From Page 4

### 5K/Health Expo Sept. 21

The Soles for Hope 5K Run/Walk and Health Expo will be held Saturday, Sept. 21, from 9:30 a.m.-noon, at Grace Covenant Church, 4600 Brookfield Corporate Drive in Chantilly. Register for the 5k walk/run at www.solesforhope.org.

The Health Expo is free and open to the public and includes free health screenings, fitness and cooking demonstrations, youth activities, a police cruiser display and much more.

All proceeds benefit the nonprofit Every Child Fed, which helps feed severely malnourished children throughout the world.

### Prevent Bicycle Thefts

Fairfax County police warn residents to take precautions to protect their bicycles from thieves. Crime analysts report an approximately 36-percent increase in the number of stolen bicycles over last year at this time.

Many bikes are taken when residents leave their garage doors open. Crime-prevention officers suggest bicycle owners take the following precautions to help prevent becoming victims: Close garage doors; buy a hardened-steel U-lock; don't leave bicycles outside for days or nights on end; consider installing motion-sensor lights or alarms on the property; and photograph the bike and record its serial number to aid recovery if it's stolen.

Bikes may also be registered on the National Bike Registry at http://www.nationalbikeregistry.com/. Stolen bikes may be reported online at https://www.fairfaxcounty.gov/police/crs/.

### Shred Documents Securely

The Fairfax County Solid Waste program is sponsoring a secure shredding event Saturday, Sept. 21, from 8 a.m.-noon, at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Residents may shred up to five boxes of personal documents per household at no charge. Paper documents from businesses will not be accepted.

Rmove all paper from binders and remove binder clips, plastic page covers and binding. Information stored on film or computer disks and credit cards will not be accepted – paper documents only

All documents will be securely shredded on site by a private contractor, and the shredded material will be taken to a local, recycling facility for processing.

### Help the Homeless At Annual Community Walk

The Chantilly-based Western Fairfax Christian Ministries (WFCM) is holding its annual Community Walk for the Homeless on Saturday, Sept. 21, at 9 a.m. It'll be held at Southview Community Church, 2620 Reston Pkwy. in Oak Hill. Cost is \$20 for ages 25 and younger; \$30, adults.

Same-day registration begins at 8:30 a.m., or pre-register at www.hthwalks.org and select WFCM as the beneficiary.

## Meet Sheriff and Delegates At Sully Candidate Night

The Sully District Fifth Bi-Annual State Legislative Candidate Night will be held Wednesday, Sept. 25, at 7 p.m., at the Sully District Sully Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Candidates for sheriff and state delegates for Districts 36, 37, 40, 67, and 86 will make brief remarks and answer questions.

It's sponsored by the League of Women Voters of the Fairfax Area and the Sully District Council of Citizen Associations.

For information, contact Olga Hernandez at 703-815-1897, wm@LWVNCA.org or Jeff Parnes at 703-424-2956 or 1stvicepresident2013@sullydistrict.org.

## PEOPLE

## Race for Every Child

## Hahne family of Sully Station is organizing a Team Gavin fund-raiser.

By Steve Hibbard Centre View

yle Hahne, 9, of Sully Station in Centreville was diagnosed with leukemia in October of 2010 but is now in remission. He was good friends with Gavin Rupp, 13, of Ashburn, who was diagnosed with brain cancer in February 2011.

Even though Gavin was older, the boys played baseball together and participated in "Kyle's Kamp" tournaments organized by Kyle's dad Rob, 44, and mom Kieran, 46. The camp, which has netted \$1 million, raises money for cancer research, while giv-

ing kids the opportunity to play in youth baseball tournaments and engage in hitting, catching, throwing and running.

"He had charisma," said Rob Hahne of Gavin's magnetic personality. "He was always smiling. He had the type of personality that drew people to him. He inspired so many people through his battle."

On July 5, Gavin threw out the first pitch at a Washington Nationals game against the San Diego Padres, where close to 200 teams raised money through pledges for Kyle's Kamp. Gavin and his family spent time with Nats player Bryce Harper, who held up a sign in his honor on ESPN-TV. "That connection with Bryce got everyone's attention," said Rob.

**DURING** the last three months of Gavin's diagnosis, the local baseball community — from Clifton to Ashburn — came together to honor him by raising money for pediatric cancer.

Tragically on July 30, Gavin lost his life to brain cancer. To honor Gavin's life, Kyle's dad is organizing a Team Gavin in the Race for Every Child on Oct. 5. The event includes both a 5-K Timed Run/Walk and 100-Yard Kid's Dash for ages 3-10 at Freedom Plaza in the District from 8:30 a.m. to 1 p.m. Rob says you can join as an individual, a team captain, or team member. Proceeds will benefit pediatric cancer care at Children's National Medical Center in D.C. The goal is to raise \$850,000.

"We're hoping for 3,000 runners," said Rob who works for SportsPlus in Chantilly. Mom Kieran works

as a special education teacher at Westfield High School. So far, a little more than 1,000 runners have signed up.

"Gavin was a typical boy who absolutely loved baseball," said Erin Corcoran, associate director for Philanthropic Communications for the Children's National Medical Center's Foundation. "He actually participated in one of our videos last year, talking about being a child diagnosed by cancer."

According to Martha McCollum, director for development for the Center for Cancer, "This run-walk will allow for the entire community to be involved. We do service every child through research; we also are involved in the local wellbeing and care of all children."

Kyle is now a fourth-grader at Cub Run Elementary School in Centreville. He gets maintenance treatment once a month for his leukemia, but when he was in first-grade, he was home-bound for 10 months while he underwent treatments. His family set up his laptop so that Kyle could Skype with the other kids

in his class. Kyle's baseball team, the SYA Clemson Tigers, even made it to the 8-9 All-Stars. When he's not playing baseballs, Kyle enjoys Legos, Wii games and Mario Super Sluggers.

The Race for Every Child activities on Oct. 5 include: FitKids activities, The Great Zucchini, Kaboom, Superheroes of Southern Maryland, an appearance by ABC Family's "Pretty Little Liars" star Ian Harding and much more. Freedom Plaza is at Pennsylvania Avenue and 13<sup>th</sup> Street, N.W., Washington, D.C.

Kyle's Kamp started with a tournament over Memorial Day weekend in 2011. It grew to the Washington Nationals Memorial Day Baseball Tournament with 200 teams with games at Nationals

Park in D.C. Other events include High School Diamond Dreams Games, a Casino Night and a Golf Tournament

Race for Every Child trophies go to the top three male and female age group finishers for the 5K in each of the following divisions: 15 and under, 16-19, 20-24, 25-29, 30-34, 35- 39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70+.

Every year, Children's National serves more than 270,000 children, many whose families are not covered by insurance or cannot meet their co-payments. Its emergency room is among the busiest in the area, with 200-350 patient visits a day.

For more information, contact Rob Hahne at rlhahne@aol.com or kyleskamp.rob@gmail.com or e-mail info@raceforeverychild.org or call 301-565-8577. Event details are at RaceForEveryChild.org.



Kyle Hahne, 9, of Sully Station in Centreville is now in remission from leukemia.

### MILITARY NOTES

Email announcements to centreview@connectionnewspapers.com. Photos are welcome.

Air Force Airman John J. Weaver graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas. Weaver is the son of Maria Weaver of Chantilly, and David Weaver of South Riding. He is a 2010 graduate of Chantilly High School.

Air Force Airman **Sean A. Cogar** graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas. Cogar is the son of Delia Cogar of Chantilly. He is a 2007 graduate of Freedom High School.

Cadet **William Trexler Jasien**, son of Katherine and William Jasien, graduated from the U.S. Military Academy with concentrated studies in systems management. Jasien was commissioned

as a second lieutenant in the U.S. Army with the Army Aviation branch.

Army Cadet **Kyle T. Smith** has graduated from the Army ROTC (Reserve Officers' Training Corps) Leader's Training Course at Fort Knox, Ky. Smith, the son of Bob and Rosemarie Smith of Herndon, is a 2011 graduate of Westfield High School and a student at Virginia Tech.

## PEOPLE

## Two Local Students Feted for Their Writings

By Bonnie Hobbs Centre View

wo local girls were among those honored Sunday for their entries in a Grandparents Day writing contest. They are Chantilly High freshman Saru Kalva, who won first place, and Chantilly resident Rashel Bajaj, a Thomas Jefferson High freshman who came in

The Writers of Chantilly, a local group of professional and aspiring writers, sponsored the competition, which was held over the summer. Students wrote about their grandparents, and the winners were recognized and read their works during a Sept. 8 ceremony at the Chantilly Regional Library.

For their efforts, Kalva and Bajaj received certificates and a prize package including a Barnes & Noble gift card. They'll also have their entries published in an upcoming Writers of Chantilly (WOC) anthology.

Kalva, who enjoys computer science, reading, biking and writing spontaneous dialogue, wrote a poem about her grandparents, but dedicated it to her 90-year-old grandmother in India. Called "The Best Memories," it was about some time that she and her grandparents spent there together. Kalva described the sights and sounds of a particular day and told how that visit

brought her closer to her grandparents.

"What I like about writing is that each person expresses themselves in a unique way," she said. "And the power of voice is so great that, if an author does it right, you can tell they wrote a particular piece." Regarding her first-place finish in this competition, she said, "I was really surprised; I didn't expect

As a seventh-grader at Rocky Run Middle, Bajaj was part of a four-girl eCybermission team that captured second place in a statewide contest for its project on biometrics. Now at T.J., she's an avid reader and writer and tutors fellow students.

Her essay was titled, "A Beautiful Legacy Fabricated by My Soul, My Grandparents." In it, she described how close she is to her grandparents, even though they live far away in India. She wrote how they're always there to help her and said "every family is a circle of love."

Noting how her grandparents inspired her, Bajaj wrote, "Through their guidance, I'll be a shining star." But most importantly,

From left are honored writers Saru Kalva and Rashel Bajaj.

CENTRE VIEW

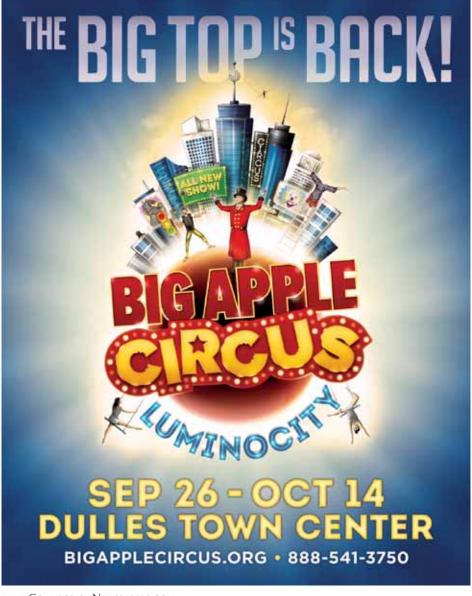
she wrote, they taught her by their everyday actions how to help and be kind to others. "I enjoy writing because it's so free and allows you to express yourself," she said after the ceremony. "It's really personal, so this piece was a different kind of writing for me because I usually write things for school."

"I also didn't realize I'd be sharing this [in public]," continued Bajaj. "And I was tearing up as I read it because I realized how much I missed my grandparents, and I wanted this to be a memorable tribute to them. But I felt like I made their impact lasting and final because this will be published and I have documented their life in mine."

She was also happy Sunday for another reason. "Saru and I are best friends, but we didn't know each other was doing this contest," said Bajaj. "So it's really nice that we both won."

Also during the event, WOC members read selections from their most recent book, "Nana ... and Other Grandmothers." The group meets twice monthly at the Chantilly Regional Library to encourage and support writers at all levels, and newcomers are welcome.

WOC has published several story collections over the last 11 years. "Nana ... and Other Grandmothers" is available on Amazon.com or via the Fairfax County Public Library system. For more information, go to http://writersofchantilly.blogspot.com or contact wocruthbox@gmail.com.





## Sports

## Centreville's Turner Torches T.C. Williams

Wildcats improve to 2-0 with 44-16 win over Titans.

BY JON ROETMAN
CENTRE VIEW

entreville junior AJ Turner in tercepted a pass from T.C. Wil liams quarterback Darius Hol land on the Titans' first play from scrimmage during their Sept. 6 matchup. However, instead of giving the ball back to the Wildcats offense, Turner lost a fumble during the return, giving possession back to TC on what equated to a 33-yard gain for the Titans.

"Once you do something like that, you have to come back stronger or else everybody thinks you're weak," Turner said after the game. "And I know that I'm not weak."

Turner would more than make up for his early mishap, making the Titans look weak in the process.

Turner ended TC's ensuing possession with his second interception. From there, he rushed for 142 yards and two touchdowns and returned a kickoff 92 yards for a score — in the first half — as Centreville built a 34-point halftime lead and cruised to a 44-16 victory over T.C. Williams at Centreville High School.

T.C. Williams opened its season with a 38-2 victory over Oakton on Aug. 30, but was not match for Centreville. The Wildcats led 10-0 at the end of the first quarter and 37-3 at halftime, thanks in large part to Turner's dynamite first half.

"I think [TC] opened a lot of eyes by beating Oakton last week and certainly we took



Centreville junior AJ Turner rushed for 142 yards and two touchdowns, returned a kickoff for a touchdown and intercepted two passes against T.C. Williams on Sept. 6.

notice of that," Centreville head coach Chris Haddock said. "Every year, TC has got a slew of athletes and this year is no different. They've got some great players, they've got some big kids, they've got some kids that can run. We were extremely nervous, to be very honest, and our kids rose to the occasion.

"... [Turner is] one of the most special football players I've ever coached.

He's obviously very talented on both sides of the ball, but he's humble, he's a good student, he's a kid of class and character and those are the type of kids I want out there. It's a bonus that he's such a good football player."

Turner's first touchdown came on an 84-

yard run in the opening quarter, giving Centreville a 10-0 lead. After TC got on the board with a 36-yard field goal in the second quarter, Turner returned the ensuing kickoff 92 yards for a touchdown, giving the Wildcats a 23-3 advantage. Turner's final score came on a 32-yard run, which gave Centreville a 30-3 advantage.

While Turner burned the Titans on the ground, quarterback Scott Walter had a big night through the air.

The senior signal caller completed 12 of 14 passes for 206 yards and three touch-downs. Walter connected with a wide-open David Liddle for a 10-yard score in the second quarter, threw a 37-yard scoring pass to Chase Heiner before halftime, and con-

nected with Heiner for a 36-yard touchdown in the third quarter. Walter's final scoring toss came on a fourth-and-8 play during which Heiner made a nice leaping grab near the sideline.

"[Walter has] been a talented kid from Day One," Haddock said, "and now he's making great decisions."

Heiner finished with four catches for 126 yards.

Centreville junior defensive lineman D e v a n t e Wright suffered a knee injury and is expected to be out a few weeks.

"I think that
we're definitely
confident, but
there's
definitely a fine
line between
being confident
and being
cocky, and I
think that we're
right on that
line."

— Centreville junior AJ

Centreville

(2-0), which opened the season with a 51-7 win against West Potomac on Aug. 29, has a bye this week and will return to action on Sept. 20, when the Wildcats travel to face Hayfield.

"I think that we're definitely confident," Turner said, "but there's definitely a fine line between being confident and being cocky, and I think that we're right on that line."

## Chantilly Boys' XC Wins Monroe Parker Invite



he defending state champion Chantilly boys' cross country team won the Monroe Parker Invitational on Sept. 7 at Burke Lake Park.

Despite the graduation of individual state champion Sean McGorty, who is now at Stanford, the Chargers posted a total of 88, with three harriers finishing in the top 15.

Patriot placed second with a total of 121, followed by Robinson (144), Battlefield (159), Osbourn Park (186), Lake Braddock (205), Woodson (217), Stone Bridge (223),

The Chantilly boys' cross country team won the Monroe Parker Invitational on Sept. 7 at Burke Lake Park.

Photo by Ed Lull West Springfield (305) and West Potomac (312)

Ryan McGorty led the way for Chantilly, finishing third with a time of 15:11. Dakota Lange finished fourth at 15:15 and Adam Huff placed 15th with a time of 15:45.

Edison's Louis Colson won the individual title with a time of 14:43. Marshall's MacKenzie Haight placed second (15:05).

In girls' action, Chantilly finished third with a total of 171.

Defending state champion Lake Braddock won the event (159) and Madison took second (163).

Xaveria Hawvermale finished 11th for the Chargers with a time of 18:19 and Nora Raher placed 13th (18:34).

West Springfield senior Caroline Alcorta, who finished state runner-up last season, won the individual title with a time of 16:58.

Lake Braddock's Hannah Christen placed second (17:28) and Lee's Bailey Kolonich placed third (17:55).

## News



Some of the vendors at last year's Centreville Day celebration.

## Time To Prepare for Centreville Day

## Parade, Zombie Slouch 5K, activities galore.

By Bonnie Hobbs Centre View

entreville Day is little more than a month away, and the organizers are hard at work to make this year's celebration — the 21<sup>st</sup> annual — better than ever. It's set for Saturday, Oct. 19, in the Centreville Historic District.

The outdoor festival includes a variety of food, crafts, music, children's games and rides, plus activities and entertainment for the whole family. The fun begins at 9 a.m. with the second annual Zombie Slouch Family 5K Fun Run and Walk, outside St. John's Episcopal Church, 5649 Mount Gilead Road in Centreville. Race check-in starts at 8 a.m. at the church.

The event benefits the DC Candlelighters Child-hood Cancer Foundation, dedicated to supporting families with children who are battling cancer or have been treated for cancer. And runners, walker and pets are encouraged to come in Halloween or historical costumes.

Besides awards given to the fastest male, female and child under 12, prizes will be given for the most creative adult costume and most creative child costume. Registration is now open and is available until Oct. 18 via www.DCcandlelighters.org or www.CentrevilleVA.org.

The race route includes Mount Gilead, Braddock, Pickwick and Leland Roads, plus Wharton Lane. Residents in those areas should expect some road closures and delays between 9-11 a.m., the morning of the race. For more information, call Meg Crossett at dccandlelighters@gmail.com or call 202 747-7191.

The American Legion Parade is a highlight of each year's Centreville Day, and this year's parade features

a new route and a later start time. Costumes, pets, floats, decorated bicycles and scooters, and other inventive entries are welcome. Registration is free and may be done at www.CentrevilleVA.org.

Parade participants will assemble at the end of Wharton Lane at 11:30 a.m. and pass by the review stand outside St John's around noon. The parade will proceed through the heart of the Historic District along Mount Gilead and Braddock roads and disperse at the end of Braddock where Pickwick Road begins. Registration for the parade is free and prizes will be awarded in various categories. Contact Steve Hunter, American Legion Post 1995, at geoshunter@gmail.com with any questions.

Another feature of each year's Centreville Day celebration is the unveiling of the Centreville Day Citizen of the Year. "Do you know someone who is always giving to the community and deserves a pat on the back?" asks Centreville Day organizer Cheryl Repetti. "Or a seat in the Centreville Day parade?"

The Centreville Day Citizen of the Year awards recognize and spotlight outstanding volunteers and leaders in the Centreville area community — including areas with Chantilly and Clifton ZIP codes.

Individuals, organizations or businesses may be nominated until midnight, Sept. 30. Download the forms at www.CentrevilleVA.org. Nominees must be present at Centreville Day to receive their award.

"Or perhaps you're the person who enjoys giving your time and talent to support your community," said Repetti. "There are lots of opportunities to help with Centreville Day, from participating on the planning committee to helping pick up trash at the end of the day. All jobs are important and help to create a great community event."

Volunteering at Centreville Day is also an opportunity for students and Scouts to obtain service hours. Sign-up by going to www.CentrevilleVA.org and click on the green button for a variety of jobs on the day of the event, or contact volunteer coordinator Karen Waltman at volunteer@centrevilleva.org.

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Commonly known as 6258 Paddington Lane, Centreville, Vir-

TERMS OF SALE: A deposit of \$25,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money be ing due and payable within fifteen (15) days after sale, time ex pressly being of the essence, with interest at the rate of 3.125 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be se off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

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In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of

violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of ti tle, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by

Sale is subject to post-sale confirmation that the borrower did not file for protection under the U.S. Bankruptcy Code prior to the sale, as well as to post-sale confirmation and audit of the status of the loan with the loan servicer including, but not limited to, determination of whether the borrower entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, the sale shall be null and void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. This is a communication from a debt collector and any information obtained will be used for

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In execution of a Deed of Trust from Cynthia Glacken and William Glacken, dated September 16, 2005, and recorded September 19, 2005, in Deed Book 17755 at page 1160 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, 41410 Chair Bridge Book Fairfay Virginia per page 15 and 15 at 4110 Chain Bridge Road, Fairfax, Virginia, on

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To the current patients of Dr. Scott H. Apted, O.D.: Be advised that Dr. Apted is relocating his optometry practice to Centreville Optometry, LLC, a "MyEyeDr." office location, located at 14245E Centreville Square, Centreville, VA 20121. If you are a patient of Dr. Apted, he will transfer your records to his new practice where they will be available for him to continue to serve your eye care needs. You also may request in writing to Dr. Apted that originals or copies of your records be sent within a reasonable time, to a licensed eye care professional of your choice, and you will be billed for the actual costs of copying and mailing your records to the selected eye care profe

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## **Now This** is What

By KENNETH B. LOURIE

Do nothing (no more treatment) and live life to the fullest (for as long as I'm able, and right now, I'm extremely able); start another chemotherapy protocol - with an I.V. chemotherapy drug which, according to my oncologist, has not been proven in any clinical setting to be better than the patient doing nothing; or, try to get into a Study (Phase 1, 2 or 3) at either N.I.H. (National Institutes of Health) or Johns Hopkins (in Baltimore) and let the treatment chips fall wherever experimental/ research medicine takes them. This is what my oncologist discussed with Team Lourie at my most recent appointment, my first appointment with him since my hospitalization and subsequent release.

It was my decision, of course. My oncologist, as he has opted to do so in the past when similar treatment options have been considered, tried to remain neutral, yet informative and responsive to our questions. He did offer up some personal opinions/assessments when we pressed him which turned out, oddly enough, to be contrary to mine. His feeling was, if he was the patient (and feeling as good I do), that he'd forgo any additional treatment - conventional or otherwise, and "take as many vacations as possible." As compelling as his extremely honest answer was, I/we decided not to give up quite yet and instead I authorized him to make inquiries about getting me into a Study at one of the preeminent research facilities in the world: National Institutes of Health, especially considering they're located approximately 30 minutes by car from my home.

In conjunction with this decision, I am also going to recommit myself to a more non-traditional, immune system-boosting/heal-thyself-type dietary pursuit that for the past four-and-a-half years has not – in total - been a part of my anti-cancer lifestyle: juicing organic fruits and vegetables, very specifically to include wheat grass and carrots; ingesting a drop or two of hemp oil per day and Berry Green (another super food/super healer: nutrient-rich and loaded with antioxidants); none of which is of course FDA-approved. Nevertheless, if my life is to go on (and I feel as if it should duh!), it feels like now is the time to ramp up, especially considering the admission by my oncologist that he as no more anti-cancer drugs that he feels offer any real hope in stabilizing/shrinking my tumors and/or reducing/preventing the inevitable fluid build-up common with my diagnosis. Unsettling, sort of, after 54 months, but after assimilating and digesting his news/medical opinions, I view this more as an opportunity. The doctors have done what they can do - responsibly, ethically; now it's time for me to do what I can do.

Certainly I'll have lots of questions - and anxiety – moving forward, but if I indeed want to move forward and live, repeating the past seems unlikely to be the answer (and quite frankly, after enduring multiple lines of chemotherapy already, the protocols actually don't allow it). I think I'm ready for the change, though (what choice do I have, really?); scared of course, but eager for the challenge. I've lived this long post-diagnosis, against all odds (or so I was told originally); I'd like to think (hope certainly) that I can live a little bit longer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

## BULLETIN

Email announcements to centreview@connection newspapers.com. Deadline is Thursday at noon. Photos welcome.

#### FRIDAY-SUNDAY/SEPT. 13-15

National Adoption Weekend. Visit a PetSmart store to find a new furry companion. For every pet adopted over the weekend, PetSmart Charities will reward participating local adoption partners with \$35 in adoption-reward grants. For a local PetSmart, visit www.petsmartcharities.org/events-news/ adoption-events/.

#### SATURDAY/SEPT. 14

**Blood Drive**. 7 a.m. to 1 p.m. at St. Timothy Catholic Church, 13809 Poplar Tree Road. Donors are encouraged to give all summer long, but especially near key summer holidays when donations decline. Visit www.redcrossblood.org or call 1-800-733-2767.

#### SATURDAY-SUNDAY/SEPT. 14-15

Admission Fee Waived. Sully Historic Site will be free to the public as part of the Year of the Historic Home initiative and the Time Travelers program. Hours are 11 a.m.-4 p.m., with the last tour starting at 4 p.m. 703-437-1794.

#### SUNDAY/SEPT. 15

Volunteers Wanted. Volunteer with the Young Professionals Network during the 2nd annual Pink Boa Breast Cancer 5k Run/Walk from 8 a.m.-noon at 11945 Grand Commons Ave. Help hand out event t-shirts, water, aid in clean-up and other aspects of the race. To volunteer contact Renette Noel at community@nvulypn.org

Meeting. 3-5 p.m. at Clifton Community Hall, 12641 Chapel Road. Eleanor Clift, writer for "Newsweek" and "The Daily Beast" will be the speaker at the Democratic Women of Clifton and Northern Virginia's meeting. Visit www.democraticwomenofclifton.org for more.

Talk. 7 p.m. at the Centreville Virginia Stake Center of the Church of Jesus Christ of Latterday Saints, 14150 Upperridge Drive, Centreville. U.S. Sen. Orrin G. Hatch (R-Utah) will speak at a "Why I Believe" fireside. Free.

### MONDAY/SEPT. 16

**Annual Kick-off Meeting.** 7 p.m. at Cale Center, 4615 Stringfellow Road. The GFWC Western Fairfax County Woman's Club will feature speakers from Artemis House and Alternative House. Free. Visit www.wfcwc.org or 703-631-

Centreville Garden Club. "Daffodils: All You Need to Know" by Mary Anne Barton at 7 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Learn more at centrevillegarden club.blogspot.com. Visitors and new members

#### WEDNESDAY/SEPT. 18

RWC Meeting. 7 p.m. at Fairview Elementary School, 5815 Ox Road, Fairfax Station. The Republican Women of Clifton presents Genevieve Wood, vice president of the Heritage Foundation, on "Obamacare: Unfair, Unaffordable, Unworkable," and David Bobb, director of The Kirby Center, who will talk about the importance of Constitutional governance. Social hour at 7 p.m.; business meeting at 7:30 p.m., after which Wood and Bobb will present their topics and answer questions. Attendance is open to RWC members and their guests, associate members, members of other Republican Women's Clubs and all women interested in becoming members. Visit www.cliftongop.com.

Monthly Meeting. Liberty Republican Women's Club monthly meeting starts with social hour at 5:30 p.m., and a talk by Patti Hopkins at 6:30 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. She will talk about long term care, short term care and home health care. Call Ina Fave at 703-378-4190.

#### SUNDAY/SEPT. 22

**Author Discussion.** 4-5 p.m. at Sully Historic Site. Paul Dickson will discuss "Words from the White House," which deals with words and phrases created by U.S. presidents. Free. To make a reservation, 703-437-1794.

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#### **ONGOING**

Paisano's Pizza is going to "Share the Pie" with the Boys and Girls Clubs of greater Washington. For all customers who mention "BGC" when placing an order, Paisano's will donate 10 percent of their purchase price. The fundraiser goes until Sept. 15. Locally, Paisano's has locations at 12715 Shoppes Lane in Fair Lakes and 10330 Main St. in Fairfax. Visit www.pizzapaisanos.com.

Festival is Back. Fall Festival at Cox Farms, 15621 Braddock Road, Centreville. will have a preview weekend, Sept. 21-22 from 10 a.m.-6 p.m. Enjoy going down the faster, 144-foot slide, multiple slides,

highlight your faith community, call Karen at 703-917-6468

children's activities, food and more are available. The festival will be open for regular hours, Saturday, Sept. 28 through Tuesday, Nov. 5 from 10 a.m.-6 p.m. (closing at 5 p.m. in November.) Pumpkin Madness will be Nov. 2-3 from 10 a.m.-5 p.m. Visit www.coxfarms.com.

Get Scared. Fields of Fear at Cox Farms, 15621 Braddock Road, Centreville is back. Go through a haunted corn maze, take a hayride or go down a slide. Runs Friday and Saturday nights, Sept. 27 through Nov. 2 with a bonus night on Sunday, Oct. 13. Hours are 7:30-11:30 p.m. with last admission at 10 p.m. (earlier if sold out.) Visit www.fieldsoffear.com for tickets, map and more.

#### FRIDAY/SEPT. 13

Ready for School Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 4-5 can enjoy stories and more. Free. Registration required. 703-502-

Comedy Show. 8 p.m. at Fast Eddies, 14114 Lee Highway. Performance by the Drink Til We're Funny Tour. Visit fasteddies.com.

#### SATURDAY/SEPT. 14

Master Gardeners. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on their home gardens. Free. 703-502-3883.

Kaleidoscope Storytime. 10:30 a.m. at Chantilly Regional Library, 4000

CENTREVILLE

Stringfellow Road. All ages can enjoy a sensory story time focusing on the strengths and adapting to children on the autism spectrum and with other developmental disabilities. Free.

Registration required. 703-502-3883. **Lego Mania.** 2:30 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades K-2 can build. Free. Registration required, 703-502-3883.

Raise the Roof Auction and Wine Event. 7-11 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Enjoy a live auction called by Mike O'Meara, a silent auction, live music, food and more. Proceeds benefit Helping Haitian Angels. \$35/advance; \$40/door. Visit www.helphaitianangels.org for tickets.

**BAPTIST CHURCH** 

#### SATURDAY-SUNDAY/SEPT. 14-15

Admission Fee Waived. Sully Historic Site will be free to the public as part of the Year of the Historic Home initiative and the Time Travelers program. Hours are 11 a.m.-4 p.m., with the last tour starting at 4 p.m. 703-437-1794.

#### SUNDAY/SEPT. 15

**Train Display.** 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members will have a display and N gauge trains running. Museum members are free; \$4/adults 16 and over; \$2/children 5-15; under 4 are free. Visit www.fairfaxstation.org or 703-425-9225.

#### MONDAY/SEPT. 16

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883. Repeats frequently, call for days and times

**Time for Tots.** 11 a.m. at Centreville Library, 14200 St. Germain Drive. Children ages 2-3 can enjoy stories and activities. Free. 703-830-2223.

Small Wonders. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883. Repeats

frequently, call for days and times. **ESL Book Club.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

#### TUESDAY/SEPT. 17

Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

Pajama Storytime. 7 p.m. at Chantilly Library, 4000 Stringfellow Road. Children ages 1-6 can wear pjs and enjoy bedtime stories. Free. Registration required, 703-502-3883.

#### WEDNESDAY/SEPT. 18

**Toddlin' Twos.** 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-

#### THURSDAY/SEPT. 19

Meditation. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can enjoy a free

Centreville Regional Library, 14200 St. Germain Drive. Children of all ages can wear pajamas and bring a favorite stuffed friend and enjoy stories and fun. Free. Registration

required. 703-830-2223.

Magic and Mayhem. 7 p.m. at
Chantilly Regional Library, 4000
Stringfellow Road. Girls and boys in grades 6-8 can participate in this scifi/fantasy book group. Call for title. Free. Registration required. 703-502-

### FRIDAY/SEPT. 20

Capital Home Show. 10 a.m.-9 p.m. at Dulles Expo Center. Headlining the show will be DIY Network's Bath Crashers and Bathtastic Matt Muenster as well as HGTV's Design Star Meg Caswell. \$10/box office ticket; \$7/adult online; \$6/group of 20 or more; \$3/children 6-12; free for children 5 and under. Visit www.capitalhomeshow.com. Also on

**Yoga Storytime.** 4 p.m. at Chantilly Library, 4000 Stringfellow Road. Children ages 6-9 can enjoy story time that incorporates basic yoga moves. Free. Registration required,

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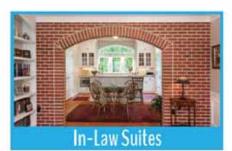
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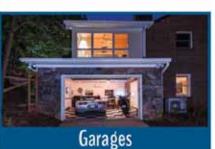
















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## Home LifeStyle

## NVAR Summit at GMU's Mason Inn

### Complex shortage of homes for sale likely to persist.

By Tim Peterson The Connection

ationally syndicated columnist and moderator Kenneth R. Harney introduced the expert panel for the Northern Virginia Association of Realtors (NVAR) 17th annual Economic Summit Thursday morning, Sept. 5.

Dr. David Crowe, chief economist and senior vice president of the National Association of Home Builders, joined economic experts David E. Versel, a senior research associate at the George Mason University Center for Regional Analysis, and Dr. Lawrence Yun, senior economist for the National Association of Realtors. The panel addressed a full house - representing the nearly 10,000 realtor and "affiliate business members" that comprise the NVAR — on issues they believe best explain the current housing market and outlook, for both northern Virginia and the United States as a whole.

Though none could offer any "silver bullet" solutions to address all their concerns for housing, all agreed that growth in the market within a genuinely rebounding economy is sustainable, if only at a slower rate than the last year.

HARNEY, WHOSE COLUMN "The Nation's Housing" appears in The Washington Post and in syndication, opened the program on a positive note, praising the "fortunate" market of the last year. And the increased sales, listings and home prices, he said, are demonstrative of a second, more generally sustainable phase of economic rebound that should give buyers and sellers alike hope.

But Harney was also quick to follow with qualifications and caveats to the optimism. "It may vary where you are," he said, "but as far as I can tell, the entry-level buyer is



Members of the Northern Virginia Realtors Association filled the conference hall at the Mason Inn on the campus of George Mason University for the 17th Annual NVAR Economic Summit.

they face hurdles. Student debt load is a big issue. And the job market is a huge constraint for the first-time buyer."

#### **VERSEL WAS THE FIRST PANELIST** to

speak, giving more detail regarding past, present and future economic forces in the DC metropolitan area as they relate to housing. A major concern for Northern Virginia is the decline in federal jobs and federal procurement. His data show a continuation of the trends, with one example being a \$14 billion decrease in spending from 2010 to

"There's no question the primary economic driver of this region has always been Uncle Sam," Versel said. "That said, we're not Detroit. We haven't been a one-horse town for the last 30 to 40 years. For example, Fairfax County has attracted Volkswagen North American Headquarters. We have that base of brainpower, and hopefully that's leading into a new generation of economic growth."

Versel sees a steady increase in building permits as a positive marker. Between 2012 still missing in action. They're out there, but and 2017, he forecasts 55,000 new jobs

being created in the housing industry, which should come as a package with increased construction and greater inventory.

Lack of inventory, Versel explained, is a key impediment to the more rapid strengthening of the market. Families or individuals looking to trade up have fewer options to do so, and first-time or entrylevel buyers have fewer options to become involved at all. Versel attributes this mainly to the vast amount of homeowners in northern Virginia between the ages of 45 and 64.

"Nearly half of all homeowners in this region are in the Baby Boomer demographic," he said. "Let that wash over you for a second." Versel cited data from the 2010 Census.

"That's in no small part why inventory remains a problem," Versel continued. "They don't want to retire, they don't plan to retire. Some of it is financial and some of it is lifestyle: 'I'm not old, I'm never going to get old, and I'm living here forever.' They're probably going to stay in these places for another 20 to 30 years. For younger people who want to buy houses in those areas, unless you have new construction, there just isn't any inventory to purchase."

CROWE ECHOED HARNEY'S call out of the missing entry-level buyers, citing national survey data from University of Michigan studies, among others. "No matter what market you're in, the larger picture does matter. The government is going to react to what the rest of the economy's going to do."

Crowe said lifestyle choices — children of Baby Boomers moving in with their parents and deferring marriage, childbirth, etc. - and economic insecurity had and continue to have profound influence on household creation.

"We're in store for enormous pent up demand," said Crowe. "When people don't know what their future's going to be," they're less likely to move out of their parents' basements, get divorced, have more children, etc. "That's why we had such a surplus of houses. We didn't build too many houses — people stopped moving out. That's coming back again."

During the last housing peak, Crowe said household creation at the national level was 1.4 million annually. In the slump, that figure dipped to half a million. According to Crowe, it should be at about 1.2 million.

With the slow but now steady growth of the national housing market — contributing a three percent out of a more ideal six percent to GPD — Crowe is optimistic more and more of this pent of demand will emerge as entry-level sales. But there are still potential lags: availability of credit can be limiting and discouraging, the cost of building materials is increasing.

YUN ALSO STRESSED the importance of job creation in helping prop up the missing entry-level segment. He specifically referenced students who, whether they "overborrowed" or not, collectively feel the weight of loan debut. "What will most help them pay off debt or buy a home," he said, "is really jobs. If they have jobs, student

SEE NVAR, PAGE 7

### Northern Virginia **Designers Awarded Rooms** in Showhouse Event

Northern Virginia/metro area interior designers Kelley Proxmire of Kelley Interior Design and Wayne Breeden of E. Wayne Breeden Design are among 17 designers awarded rooms at the benefit Winchester Showhouse & Gardens, open to the public through

The Showhouse features an 18th century home in the Shenandoah Valley, Long Green, known for its historic and architectural prominence and beautiful

Landscaping, shopping, artwork and designer sales complement the event, which benefits Blue Ridge Hospice, a not-for-profit hospice organization serving the Piedmont and Shenandoah Valley.

Purchase online at winchestershowhouse.com or by calling 540-313-9268.



Long Green, an 18th century home in the Shenandoah Valley, is made over to benefit Blue Ridge Hospice.

CENTREVIEW
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From \$300,000

# Home LifeStyle Like Magic

New plan in built-out 1940s colonial gains vital square footage as young family looks ahead.

By John Byrd

n the end, a skillful spatial reconfiguration is like a deft magician's trick - you've seen it with your own eyes, but you still can't figure out how they did it.

"Really, I don't know how this plan created so much more usable space," Alexandria resident Alice Goulet said, discussing a recent reconfiguration to several rooms in the family's 1,800-square-foot center-hall

"All the changes stayed within the house itself, yet there's much more capacity and openness."

Sarah Wolf, the designer at Foster Remodeling Solutions hired by Alice and Paul Goulet to find an alternate floorplan solution, is pleased with the outcome, too, but she's seen this before. She said that owners often think the only way to gain useable square footage is to build an addition.

"The real challenge to converting less into more," Wolf said, "is knowing where existing space is being wasted."

But to start at the beginning: the Goulets purchased this brick-clad circa 1940s threebedroom house 10 years ago when Alice Goulet was expecting the couple's first child.

As the family grew (there are now two girls and a boy - all under age 10), so, too, did the need to plan ahead. Starting in 2007, in fact, the Goulets hired Foster Remodeling on two occasions: first to finish the basement and enclose a porch; the second time to design an eat-in kitchen.

One fact emerging in the earlier remodelings, however, seemed daunting relative to the future. Under city code, the Goulets learned, the amount of new construction that could be added to the exterior had already been maxed-out.

"That meant we were looking for more usable space inside the existing structure," Wolf explains. "And this is the real frontier in older close-in homes; it's interior space planning that has really revolutionized the



The master bath is articulated in Tuscan accents: natural clay tile combined with maple cabinet facings brushed in black stain; a tile wainscoting unifies the entire room including a spacious soaking tub.

way traditional homes are now being used."

Itemized as a "wish list," the Goulet's goals seemed simple enough. Alice Goulet wanted a soaking tub, and an upstairs location for the washer/dryer. Paul Goulet envisioned a large walk-in shower. Both sought more closet space and "elbow room " in the master suite — plus, a larger bathroom for the kids, a new place for the linen

AND, STILL, there was this lingering question of: what next? Where could more space be found if needed?

"Initially, I found it hard to see how we were going to gain any usable space," Alice Goulet said. "The master suite was pretty built-out."

Specifically, previous owners had constructed a rear elevation two-level wing with the master bedroom on top accessible through a small bedroom in the main house. The suite itself was configured as an L-



BEFORE: No room for a soaking tub here. While Wolf's only deletion was a small linen closet, the designer says that "inches count" in a tight-space plan solution.

shaped sleeping area wrapping a shelledin enclosure that included a wardrobe closet, a linen closet and a master bath.

"The adjacent room in the main house had become a sort of foyer and dressing area for the master suite," Alice Goulet said. "Since the walk-in-closet was immediately inside the bedroom door, the entrance to the bedroom often got pretty cluttered."

All that changed when Wolf went to work. Exploring several budget variations, Wolf presented two plans: one that retained the existing space configuration as-is; a second option that "wipes the slate clean" - eliminating the "L" and reapportioning the suite into two parts: a rectangular sleeping area on the wing's eastern side; a walk-in closet and master bath positioned side-by side on the room's western wall.

"We saw immediately how well the second plan worked, " Alice Goulet said. "It makes the bedroom much more functional, and private."

While relocating a small linen closet was the only functional en suite deletion, Wolf's master bathroom layout finds the vital square footage needed for both a soaking tub and a walk-in shower.

The part of the floor previously occupied by the old bath now becomes a 36-square-

### More

Foster Remodeling Solutions periodically offers workshops on home remodeling topics. Visit www.fosterremodeling.com or call 703-550-1371.

foot walk-in closet complete with tray ceilings. The plan also reassigns the former suite foyer as the footprint for a new children's bathroom — which is now twice the size of its predecessor.

The real boon to Wolf's solution, though, is how well the new space works.

"The bedroom feels much larger," Alice Goulet said. "The narrow dressing zone has been eliminated. The whole room is open and airy."

Alice Goulet credits Wolf, too, with interior design that really differentiates the master suite's featured assets.

Choosing lighter reflective colors for wall surfaces, the new scheme draws out the brighter natural ambiance of a room that



BEFORE: The old L-shaped configuration consisted of two converging legs, both too narrow for comfortable habitation, the owners say.

features east-facing French doors, a second window and a skylight.

A new teakwood custom-designed bed and headboard provides a suitably geometrical focal point to a room that is otherwise tranquilly elemental.

By contrast, the master bath is articulated in warm earthy Tuscan accents: natural clay tile combined with maple cabinet facings brushed in black stain; a tile wainscoting that unifies the entire room including a spacious soaking tub.

Alice Goulet said that most of the space planning and finishwork decisions were made at Foster Remodeling's showroom in

"The showroom helped to made the process orderly," she said. "So many options inspire creativity."

Thinking ahead, the Goulets had the design team create stair access to a third floor attic, which they plan to eventually buildout as either their son's bedroom or a children's playroom.

"What we really appreciate about the incremental approach we've pursued with Foster is that it allows us to think everything through carefully," Alice Goulet said. "That really matters when you have a growing family."



room suite to create a more functional floorplan that gains a 36-squarefoot closet and a spa bath with soaking tub and a walk-in shower.

## Home Life Style

### Sun Design Named One of U.S.'s Fastest Growing Private Companies

Sun Design Remodeling Specialists, Inc., of Fairfax, was named by Inc. Magazine as one of America's fastest-growing private companies. This is the fourth time the magazine has included Sun Design on its annual Inc.5000 list.

Sun Design was one of the Virginia companies to be included on the list this year.

Companies are chosen for the list based on their growth rate for the previous three years; Sun Design's revenue was up 9 percent over that period. A statement released by the magazine said, "The elite group you've now joined has, over the years, included companies such as Microsoft, Timberland, Vizio, Intuit, Jamba Juice, Oracle, and Zappos.com." The awards will be formally presented at The 32nd Annual Inc. 5000 Conference and Awards Ceremony, Oct. 10-12, 2013 at the Gaylord National.

Bob Gallagher, president of Sun Design, said, "Being recognized by Inc. Magazine for this national award four times is a great testimony to the success of our company, the creativity and drive of our entire team and our reputation as a company that clients love to work with. We're very pleased to be included among such great companies."

Sun Design, celebrating its 25th year, has been the recipient of dozens of industry awards. Each year, Sun Design shows off its work during a series of home tours and other special events. Visit www.sundesigninc.com or call 703-425-5588. Sun Design is located at 5795 B Burke Centre Parkway, in Burke.

## **NVAR**

From Page 3

loans are not a problem. It's about job creation. We are creating jobs, but at a slow pace. This is hindering young people in the country."

But like all the panelists, Yun's presentation was peppered with plusses and minuses. A positive for employment seekers, as well as their potential employers, is the concept of "clustering," according to Yun. Clustering takes place when a sizable number of skilled workers congregate in a certain area and that attracts employers, which attracts more skilled workers.

Yun applauded the multi-skilled workforce in and around DC as "a clustering effect beginning to grow." He believes more businesses will be drawn to the workforce, independent of government, which could in turn help create more jobs in the region.

Finally, noting the rising population of renters, Yun implored the audience (to pass along to their clients) to be wary of inflation over the next year. "We may actually get a 6 percent mortgage next rate next year, if inflation rate pops out. It's something to watch carefully."

## Big Ideas for Small Spaces

### Local designers offer ideas for decorating small rooms.

By Marilyn Campbell
The Connection

hether one is sprucing up a small powder room or decorating a studio apartment, space limitations often pose a design challenge. However, local designers say that no matter how a small space's square footage or how awkward the layout, there are plenty of decorative cures for small spaces.

Jean Freeman, a professor of interior design at Marymount University in Arlington, recommends multiuse furniture. "[On] one project I put in a Murphy bed that folded up and there was a desk that could then be put down from the underside of the bed. It was fantastic," she said. "Work and eat on it during the day, clear the table and sleep on it at night."

Designer Debbie Wiener, of Designing Solutions in Silver Spring, Md., also suggests maximizing the

use of wall space. "There's only one floor, but there are four walls, so don't just decorate the walls, furnish them," she said. "Tall book cases, floating wall shelves, wall-mounted cabinets, desks and tables that fold up against the wall are all functional pieces that give great storage and work space without taking up any valuable floor space."

LARGE FURNITURE can overwhelm a small space, says Courtney Thomas of The Picket Fence in Burke. "Using small-scale furnishings helps keep things in proportion," she said. "A narrow bookcase is great for small spaces."

Small tables and chairs with folding legs are another good option.

Thomas also said mirrors are a great way to make a small space seem larger. "They help reflect light and bring depth to a space," she said. "Even a small mirror in a narrow hallway or tiny room can make a big difference."

Storage ottomans can serve a dual purpose in small spaces. "They can be used as a coffee table but can also serve as extra storage," said Ann O'Shields, of The Nest Egg in Fairfax.

"They are large enough and sturdy enough to be sat on for extra seating and they are also great for ottomans. Choosing a fun fabric is a great way to add some color to your space and they can always be tucked under a console table or into a corner when not in use."

WHEN DESIGNING a small kitchen, Arlington, resident Allie Mann, project designer at Case Design/Remodeling said, "Keep floor coverings such as hardwood the same from the kitchen into the adjacent rooms. If you use floor tiles, use larger format tiles to minimize the amount of grout needed.

When it comes to appliances, Mann suggests mini-models. "Use space saver appliances such as microwaves and built-in organizers An oversized storage coffee table such as this one can also be ideal in a very small space, says Ann O'Shields. "It will allow enough surface space to use for food and drinks for entertaining."

for knives and spices," she said. "Additionally, a microwave can be installed in the island or below a cabinet to free counter space."

When it comes to color in small spaces, Sharon Kleinman of Transitions by Sharon Kleinman suggests using bold and dramatic hues, but not patterns. "Use lush fabrics with lots of texture to create interest," she said. "For example, in a small powder room, I might use an antique mirror on one wall and then wallpaper in a rich color on the other walls." She added that it's best to pick wallpaper with a small to medium pattern.







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## Home Life Style

## Top-to-Bottom Makeover

## The Hollis family wanted a house that would work better today — and long into the future.

By John Byrd

ometimes it's not limited square footage that makes a house feel inadequate—it's how that square footage is configured.

Take, for example, the circa 1970s Vienna split-level Andre and Katy Hollis purchased in 2005. With more than 3,200 square feet of living space that included four bedrooms, three bathrooms and a large family room, most would consider the house sufficient — even enviable — as the primary home for a family of four.

True, the previous owners had been empty-nesters, which partly explained why there was a soaking tub instead of a shower in an upstairs bathroom allocated to two pre-teen boys.

Still, the structure's two-level main block seemed to have capacity to spare. There was a guest room; a full bathroom on the first floor; a home office.

In fact, it was the lack of need for changes that had prompted the Hollis' to buy the house in the first place.

But while recuperating from an accident a few years ago, Katy Hollis began to reassess. "I decided that I really like our neighborhood and that we could stay in the house indefinitely. But I also saw that I had been ignoring a lot of things that didn't work for us. And the shortcomings were even more obvious when I looked ahead."

All of this sounded familiar to Mindy Mitchell, the Certified Aging-In-Place Specialist at Sun Design Remodeling Katy Hollis called in to talk over some ideas.

"In the last two decades, designers have learned a lot about how to customize a traditional production house floorplan for longterm use," Mitchell said. "Size is less important than how rooms are purposed and configured. The goal is to create a plan that will logically support priorities."

As discussions with Mitchell evolved, Katy Hollis unveiled her larger agenda. To make the house more functional for both current and foreseeable needs, the homeowner envisioned a series of focused revisions: a spacious first floor bedroom; a gourmet kitchen; television-viewing that's not in the midst of other entertainment zones; a guest suite with dedicated bath; an indoor-outdoor segue to the beautifully wooded backvard.

The new plan had to serve a variety of concurrent scenarios. There should be beautifully articulated front-facing rooms that would support the occasional dinner party. They needed a family gathering area for daily meals and everyday interaction. The new kitchen should be equipped with a gas range, a wine refrigerator and generous food preparation surfaces.

"I found it reassuring to talk about the house as a place we might occupy 30 years from now," Katy Hollis said. "I thought that we probably had the necessary square footage to make the changes I had in mind, but there were many space planning considerations we needed to work out carefully."

Certainly, the current plan was problem-

The entryway foyer was flanked by an L-shaped galley kitchen to the left and a family room four steps down on the right.



The Hollis family decided to reconfigure their Vienna home for both improved day-to-to functioning, and long-term use. From left: Alex, Max, Katy (with Lizzy) and Andre in the newly remodeled family room.

Sun Design Remodeling frequently holds

workshops on home remodeling topics at their office in Burke. Call 703-425-5588 or visit

www.SunDesignRemodelingInc.com.

ing room, or from the parellel foyer directly to a small sitting room adjacent to the dining room.

The arrangement often led to bottlenecks. At parties, guests would circulate back to the family room after dinner creating traffic jams in the foyer.

More

**SUCH PROBLEMS** were equally apparent upstairs. The front-facing master bedroom suite was large enough — but the master

bathroom could only be accessed through a closet/changing area, and the plan lacked a walk-in closet and privacy. Adding to the inconvenience, the only shower available for second floor guest room was one flight down, on the first floor.

"Our challenge was comprehensively reimaging how space could be allocated while staying inside the envelope of the house," Mitchell said.

Interestingly, a decision to move TV-watching away from the front-facing family room set the reconfiguration process in motion.

"We saw the rooms in the front of the house as a suite that would better serve all formal entertainment needs," Mitchell said. "Situating the TV in the newly remodeled basement allowed us to fully convert the family room into a more formal living room and eliminate the marginally useful sitting room.

Freeing-up the 17-foot-by-8-foot sitting area in the back of the house, Mitchell and team next shifted the dining room to the front (across the foyer from the new living room), allocating 170 square feet in the rear for a gourmet kitchen and family dining area.

**THE CENTERPIECE** of the new kitchen is an L-shaped food preparation and dining counter. The custom built-in provides seat-

ing for four, easy access to the butler's pantry en route to the new dining room, and a critical leg in a work triangle that facilitates essential cooking and clean up tasks. "It's much easier to both cook and tend to guests," Katy Hollis said. "The dining room,

foyer and new living room are well-unified aesthetically; guests don't even need to see the kitchen."

Re-purposing bedrooms and bathrooms also figured prominently in the makeover. Katy Hollis wanted both a guest room with dedicated bath and a larger, more private master bedroom suite.

"We had to scrutinize the footprint closely," Mitchell said. "Fortunately, there were first level utility rooms adjacent to the family room we could either delete or reassign in our search for space to accommodate a first level master suite." Relocating an upstairs hall bath, thus, gave Mitchell the option to move the laundry to the second floor. The former master bedroom suite now becomes the coveted guest quarters. A second floor corner bedroom has been transformed into a bathroom for the two boys complete with a double sink vanity.

With the laundry now out of the way, Mitchell and team re-deployed 300 square feet on the rear of the first level for a spacious and very private master bedroom suite that includes a master bath and generous walk-in closets.

A home office behind glass-facing French doors opens directly into the redecorated living room. The first level bath has been re-fashioned as a handsomely appointed guest powder room.

"It's a terriffic solution in every detail," Katy Hollis said. "And knowing we've already made some solid decisions about the future is really quite satisfying."