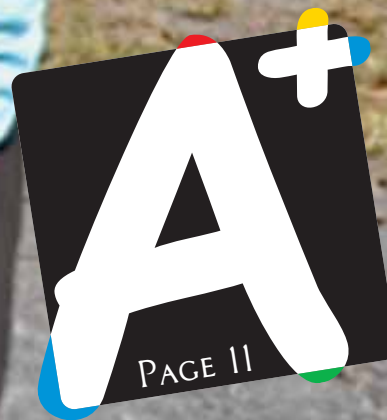


Potomac ALMANAC

Elizabeth McClure (left), organizer of Run for Recovering Heroes 5K & 10K, with her nephew Austin and sister Melinda McClure who participated in the event on Sunday, Sept. 15 at the Carderock Recreation Area.

Run for Recovering Heroes

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Remembering Evan

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Potomac's Ayalde Named Ambassador to Brazil

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Miller Resigns from Churchill

SPORTS, PAGE 13

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Remembering Evan: Inaugural Success

Event raises awareness about teen depression.

BY KEN MOORE
THE ALMANAC

The dollars raised and the number of youth and teams that participated are still being tallied according to umttr officials. But Bullis' gyms and halls overflowed Sunday, Sept. 15 with athletes taking part in a umttr fundraiser, in honor and memory of Evan Rosenstock.

Rosenstock, a Churchill varsity athlete, died of suicide in May. He was 16.

"It's bittersweet that Evan was a catalyst for this, but I want to say how overwhelmed I am for the outpouring of support," said Howard Rosenstock, Evan's father. "It's not an easy day because it brings back a lot of grief, but the positive impact it can have uplifts and supports us."

The Churchill and Bullis communities joined together to host umttr's inaugural 3x3 basketball tournament and fun day; organizers hope this will be an annual tradition.

"We are looking to raise awareness about teen depression and suicide while inciting a cultural shift away from negativity, bullying, and abuse both on and off the court," according to the event website.

More than 40 million youth participate in youth sports said Jake Wald, partnership manager with Positive Coaching Alliance's Mid-Atlantic Chapter.

Wald says his organization's mission is to "cause a reexamination of the way in which sports interact with youth."



Howard Rosenstock, Evan's father, with former Washington Bullets (Wizards) Gheorghe Muresan, who coached Evan Rosenstock's I-270 team with Eddie Jordan, now Rutgers coach and former Wizards coach.

Wald and his colleagues gave workshops Sunday to arm athletic directors and leaders, coaches, parents and athletes with best practices to "transform youth sports so sports can transform youth."

PCA's mission is to give coaches a double goal of winning on the playing field and teaching life lessons by building character, parents the focus to helping youths absorb life lessons, and athletes the triple goal of making oneself better, teammates better and making the game better, Wald said.

SEE RAISING AWARENESS, PAGE 15



Jake Wald, partnership manager with Positive Coaching Alliance's Mid-Atlantic Chapter, says his organization's mission is to "cause a reexamination of the way in which sports interact with youth."



Evan's photograph and sports trophies greeted each participant Sunday.

Potomac's Liliana Ayalde Named Ambassador to Brazil

"... an incredibly interesting and fulfilling position."

BY SUSAN BELFORD
THE ALMANAC

Ambassador Liliana Ayalde has been selected by the White House to serve as the U.S. official envoy to Brazil — a nation rich in natural resources, bio-diversity and one of the fastest growing economies in the world.

"I have been working in South America for many years," Ayalde said, "and I am very pleased to have been selected by the President to serve as ambassador."

Ayalde has resided in Potomac since she was a child, attending Cabin John Junior High and Ursuline Academy for high school.

She earned a B.A. in international studies at American University in 1978 and a master's degree in international public health at Tulane University. She joined the U.S. Agency for International Development in 1981 and served her first overseas posting in Bangladesh. From 1995 through 2008, she continued with USAID in Central America, rising to the position of USAID mission director. She left in 2008 when she was appointed ambassador to Paraguay for three years, returning in 2011 to serve as deputy assistant secretary in the State Department's Western Hemisphere Affairs Bureau.

Before accepting the nomination to be ambassador to Brazil, Ayalde consulted her husband and two daughters, both students at Winston Churchill High School. "They were very excited that I had received this honor," said Ayalde. "They said to me — really, the World Cup, the Olympics — how could you possibly turn this down?" Brazil

will host the World Cup Soccer Championship in 2014 and the Summer Olympics in 2016. Ayalde was nominated by President Obama for the position and then was required to testify and be confirmed by the Senate Foreign Relations Committee. Ayalde, a breast cancer survivor, described how she felt about her new position: "I am very fortunate to have this opportunity and, as a survivor, I have already conquered my personal challenge — and I am ready and excited about this next one. It is truly an honor to have been chosen for this incredibly interesting and fulfilling position."

"I always wanted to visit the different corners of the country. It is a huge country with a richness of culture and diversity and I want to know more about it. I am also interested in the culture of the country — the art and music and how it has transcended." Ayalde and her family was scheduled to depart for Brazil in the middle of September.



U.S. Secretary of State John Kerry with the newly appointed Ambassador to Brazil, Liliana Ayalde from Potomac.

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Juvenile Diabetes 100-Mile Bike Ride Takes on New Meaning

Lauren Rapaport rides in memory of her dad.

BY SUSAN BELFORD
THE ALMANAC

For the past two years, Lauren Rapaport and her dad, Ron, have pedaled many miles — up tough hills and through lush valleys, always willing to persevere through their pain. They practiced and conditioned, building up their distances. However, each found the challenge to be even more difficult because of individual health issues. Hers is Type 1 Diabetes — the impetus for the commitment to the ride — and his was myelo dysplastic syndrome, a pre-leukemia condition that required chemotherapy seven days a month. Ron Rapaport recently lost his battle with leukemia on Aug. 19. This year on Sept. 21, Lauren will be riding with her Juvenile Diabetes Research Fund team to honor her dad's memory in the JDRF "Ride to Cure Juvenile Diabetes" in Nashville, Tenn.

"The hardest part is that he will not be there with me, smiling and urging me on.



Lauren Rapaport with her dad, Ron. She is wearing the spirit shirt — a polka-dot shirt given for the Juvenile Diabetes Research Fund person who has the most spirit.

This will be very emotional for me," said Rapaport. "But my mom will be there and somehow she always manages to make it to every rest stop and give me the encouragement to continue. This a tough ride with a lot of hills and no flats. It's physically and mentally strenuous but I am motivated because of my dad and because I am raising

money for research."

Rapaport is the benefactor of the progress that researchers have made to help those living with the disease. "When I was first diagnosed in 1979, I would test my blood sugar through urine testing, which would simply indicate whether my sugar was 'high' or 'low.' Now I have a continuous glucose monitor that wirelessly displays not only my blood sugar but indicates the trend and speed in which my sugars are dropping or rising.

"I used to take four shots a day to receive my required insulin. Now I have an insulin pump that delivers a constant drip of insulin, mimicking an actual pancreas (not to mention the new and improved pump features that get introduced every year). Friends of mine have actually tried out the 'artificial pancreas' which allows the pump and CGM to communicate — eliminating all decision making (the hardest part of living with this disease) and keeping sugars in check. I am truly blown away by these advancements and how they have allowed me to live a healthy life with T1D."

Thus far, Rapaport has raised \$32,500 and is the Number 1 fundraiser. The person who raises the most funds received a green jersey. "I am hoping to win because, at the JDRF dinner and awards the night before

the race, I will get to stand before the crowd and tell them that I won the award for my dad, Ron Rapaport.

My team from the Greater Chesapeake and Potomac Chapter of JDRF is planning to honor him by wearing patches with his photo."

Last year's race was special for another reason for Rapaport. She met a young man who was also riding for JDRF because he too has Type 1 diabetes. "We had just met, but I knew he was someone special and we both just gravitated toward one another. I am so happy that he had the opportunity to meet my dad last year and to get to know him this year. My dad was pleased," she said.

Her mom, Barbara, added, "Her dad and I always hoped she would meet someone who understood our strong commitment to JDRF and who knew what living with the disease requires — glucose monitoring, balancing food intake, regulating blood sugar levels and much more. We were thrilled that Lauren and Dan will be riding in the race together."

To support Rapaport in the "Ride to Cure Juvenile Diabetes," go to the website www.ride.jdrf.org. Donations are appreciated to help her mission and/or to remember her dad, Ronald Rapaport of Potomac.

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Middle Eastern Festival Marks Its 30th Year

Three-day event offers food, music and church tour.

BY COLLEEN HEALY
THE ALMANAC

On June 28, 1979 Saints Peter and Paul Antiochian Orthodox Christian Church began with 50 families worshipping at the church on Bradley Boulevard. Today it has grown into the large congregation and church located on River Road in Potomac. This year the church will host its 30th annual Middle Eastern Festival.

“It is a big event because it is more than the fundraiser, it is also very important for us as an outreach to showcase our Middle Eastern traditions, our church and our faith community,” its pastor, Father George Rados, said. “The festival will last three days and will include authentic Middle Eastern food, tours and explanations of the church. The volunteers look forward to greeting visitors not acquainted with the Eastern Orthodox Church. It is a community outreach to let people know we are part of the community.”

“The Arab-American community is very well-established and a very much a part of the social and political fabric of the community. We also have the most delicious and best food in the world. The food is gourmet and healthy. The Middle Eastern and Mediterranean diet is healthy. The food is very labor-intensive. The volunteers who make the full food work very hard to prepare for



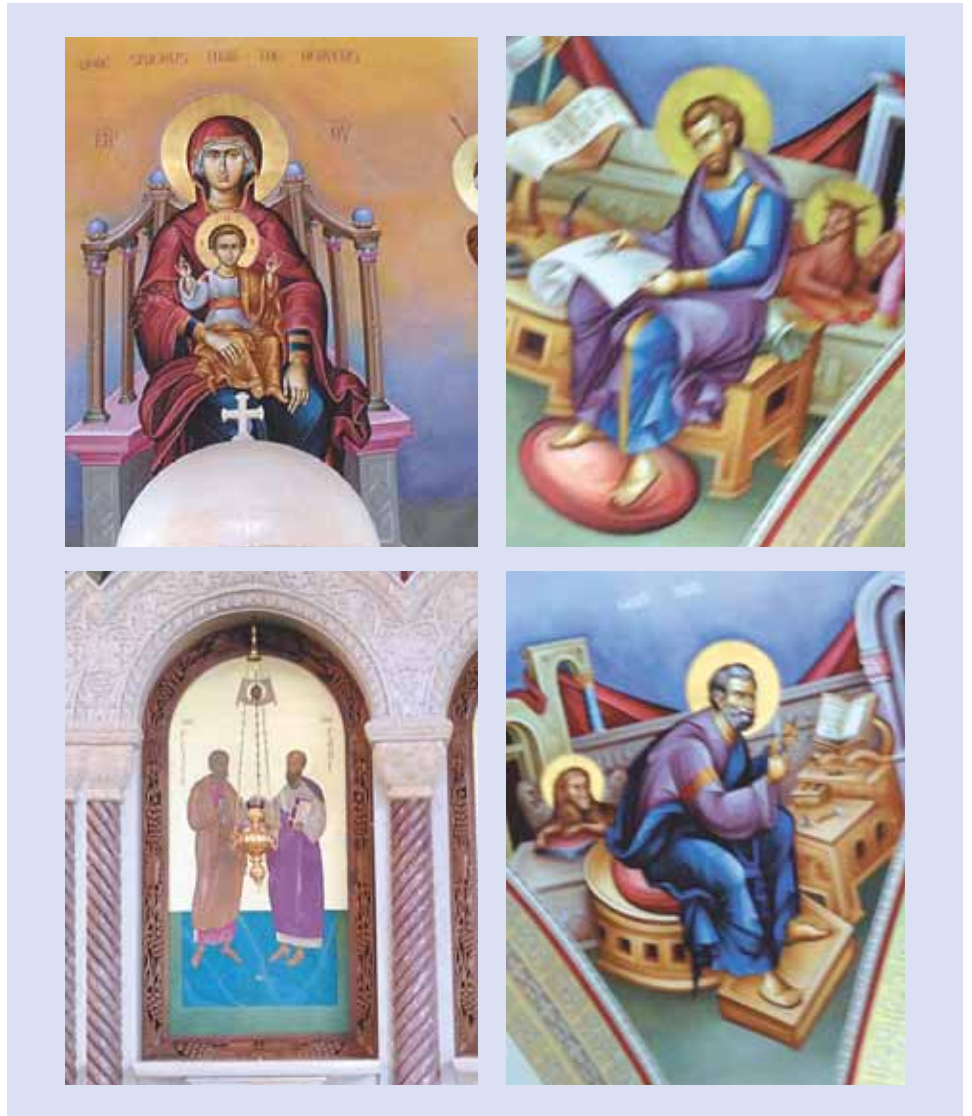
PHOTOS BY COLLEEN HEALY/THE ALMANAC

Mary Misleh (left) and Denise Boulos show the knaffie, a cheese and butter dish that will be rolled into phyllo dough.

the festival. I hope our neighbors will come enjoy the festival.”

Saints Peter and Paul Antiochian Orthodox Christian Church will host its 30th annual Middle Eastern Festival Sept. 20 and 21 from 11 a.m. to 9 p.m. and Sunday, Sept. 22 from noon to 4 p.m. The festival will feature Middle Eastern food, jewelry and giftware. Parking and admission is free. There will be live Arabic music and entertainment as well a moon bounce, face painting and spin art for children.

The church is located at 10620 River Road in Potomac. Call 301-765-9188 or visit www.peterpaul.net.



Saints Peter and Paul Antiochian Orthodox Christian church features many icons and murals in its architecture.



Norma Salameh makes dough birdnests for the festival.



Above, from left, Norma Salameh, Artemis Lampathakis and Leila Khauri prepare knaffie for the festival.

BULLETIN BOARD

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon.

THURSDAY/SEPT. 19

Networking Event. 4-6 p.m. at Normandie Farm Restaurant, 10710 Falls Road. Hosted by the Potomac Chamber of Commerce. \$10/member; \$15/non-member. RSVP by Sept. 17. Visit www.potomacchamber.org or 301-299-2170.

Child Safety Seat Inspection. 10

a.m.-12:30 p.m. at Fitzgerald's Auto Mall, 5501 Nicholson Lane, Rockville. A free check of the condition and proper installation of child safety seats.

Health Talk. 12:30-1:30 p.m. at Friendship Heights Village Center, 4433 S. Park Ave., Chevy Chase. Join Maria Proschan, vision rehabilitation and vocational technical specialist with Maryland State Department of Education, Department of Rehab Services and learn tips and techniques to “Stand Up to Falls.” Register: 301-656-2797.

Seminar. 7-9 p.m. at Rockville Memorial Library, suite 330. The Montgomery County Commission for Women is holding a seminar on aspects of separation and divorce for individuals and couples. The seminar is also offered in Spanish at the same time and location. \$10/pre-registration or \$15/door. 240-777-8300 for more.

FRIDAY/SEPT. 20

Deadline. The Montgomery County Humane Society is currently

recruiting experienced individuals for its board of directors. Individuals with experience in fundraising, capital campaigns, finance and governance a plus. Two-year terms will begin January 2014. To apply, submit a letter of interest and current resume to MCHS no later than Friday, Sept. 20. Applicants must be MCHS members in good standing at the time of application. To apply or to receive more information, contact Lisa Corbett at 14645 Rothgeb Drive, Rockville, MD 20850; e-mail lcorbett@mchumane.org; or phone

240-773-5973.

SATURDAY/SEPT. 22

Public Microchip Clinic. 1-3 p.m. at Aspin Hill Memorial Park. \$35/cat or dog. Selected pets from the Montgomery County Humane Society will be available for adoption. Visit www.mchumane.org/countyadoptionfees.shtml for more.

SEE BULLETIN BOARD, PAGE 7

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BULLETIN BOARD

FROM PAGE 6

MONDAY/SEPT. 23

Career Gateway Session. The Jewish Council for the Aging is holding five new sessions of The Career Gateway, for people age 50 and older looking for a job. This job search training program comprises 30 hours of small-group instruction over five non-consecutive days, comprehensive take-home materials, and one-on-one mentoring. \$75. The first session begins Sept. 23, and subsequent sessions will be held in October, November, January and February. Contact Ellen Greenberg at 301-255-4215 or egreenberg@AccessJCA.org.

TUESDAY/SEPT. 24

Afternoon Grief Support Group. 1-2:30 p.m. For anyone grieving the death of a loved one, a six-week group led by Montgomery Hospice professional counselors. Tuesdays at Ingleside at King Farm, 701 King Farm Blvd., Rockville. Registration required, 301-921-4400.

Parent Loss Support Group. 6:30-8 p.m. For adults who have experienced the death of one or both parents, a six-week group led by Montgomery Hospice professional counselors. Tuesdays at Mount Calvary Baptist Church, 608 N. Horner Lane, Rockville. Registration required, 301-921-4400.

Aging in Place. 7:30-9 p.m. at Har

Shalom, 11510 Falls Road (just south of Glen Road). Potomac Community Village will feature Louis Tenenbaum, a leading proponent of the "Aging in Place" movement. He will offer "Professional tips for Home modifications: Now for Later." The meeting is open to all. Visit potomaccommunityvillage.org.

WEDNESDAY/SEPT. 25

Shopping Day Benefit. 8 a.m.-9 p.m. at Bethesda Whole Foods, 5269 River Road. Five percent of all purchases benefits Adoptions Together.

SATURDAY/SEPT. 28

5k Oktoberfest Run & 1k Fun Run.

9 a.m. start for the 5k; 10 a.m. start for the fun run in Potomac, 8617 Chateau Drive. Satellite parking and shuttles to the race will be provided. To register call 301-767-3810 or visit www.dswashington.org/run.

WEDNESDAY/OCT. 2

Child, Adolescent and Teenager Grief Support Group. For children (4 years old) through teens who have experienced the death of a parent or sibling. Parent/guardian group meets at the same time. A six-week group led by Montgomery Hospice professional counselors. 6-7:30 p.m. Wednesdays at Montgomery Hospice, 1355 Piccard Drive, Rockville. Registration required, 301-921-4400.

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LET'S TALK Real Estate



by Michael Matese

Feng Shui

Stressed out and frazzled? That's when home becomes sanctuary. The ancient Asian art that began in China can help with that, with such famous people as Oprah, Steven Spielberg and Donald Trump practicing it. Feng Shui (pronounced F_ng Shway) focuses on a balance between the Yin and Yang and the five elements of fire, earth, metal, water and wood. The living room is all about promoting an easy flow of positive energy. First, de-clutter the room; less is more with Feng Shui. Arrange what is needed in a comfortable layout, preferably in a circular pattern rather than having most of the furniture against a wall or tucked in a corner. Mirrors are great to incorporate in the living room, because they tend to give the illusion of more space. Be careful what the mirror reflects though. It should be something beautiful like a plant or a piece of art. One last thing to make certain of is that the light is throughout the whole room and there are no dark corners.

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ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos and artwork encouraged.

ONGOING

Tiny Tots. 10 a.m. on Wednesdays, Saturdays and Sundays at Glen Echo Park, 7300 MacArthur Blvd. The Puppet Co. presents a program designed for children up to age 4. The shows are 30 minutes long, the lights stay on and the doors stay open. \$5/person. Reservations strongly encouraged. Visit www.thepuppetco.org or 301-634-5380 for dates.

Art Exhibit. Through Sept. 28 see an exhibition of The Trawick Prize, contemporary art award finalists for 2013 at Gallery B, 7700 Wisconsin Ave., Suite E. Visit www.bethesda.org/bethesda/trawick-prize for more.

Art Exhibit. See “The District: The Streets of Washington, D.C., 1984-1994” through Oct. 14 at Photoworks Gallery at Glen Echo Park, 7300 MacArthur Blvd. Michael Horsley shows how much the city has changed, as well as how much it has survived. Free. Hours are Saturdays, 1-4 p.m. and Sundays and Mondays from 1-8 p.m. Visit www.glenechopark.org for more.

Art Exhibit. Through Monday, Oct. 28, see “The Power of Color” at Gallery Har Shalom, located at Congregation Har Shalom, 11510 Falls Road. The exhibit includes acrylic paintings by Ana Elisa Benavent, blown glass by Bethesda artist Jane Callen, fiber art by Bethesda artist Floris Flam, and photography by Richard Paul Weiblinger. Free and open to the public. Call for hours and directions 301-299-7087.

Art Exhibit. See “Core With Rocks” by John Ruppert at Kaplan Gallery in VisArts, 155 Gibbs St., Rockville, through Oct. 20. Visit www.visartsatrockville.org/gallery/kaplan-gallery for more.

Art Exhibit. See works by Judy Stone at Gibbs Street Gallery in VisArts, 155 Gibbs St., Rockville, through Oct. 20. Visit www.visartsatrockville.org/gallery/kaplan-gallery for more.

Art Exhibit. See works by Nebiur Arellano in VisArts, 155 Gibbs St., Rockville, through Oct. 13. Visit www.visartsatrockville.org/gallery/kaplan-gallery for more.

THURSDAY/SEPT. 19

Blues Dance. 8:15 p.m. lessons start, dancing from 9-11:30 p.m. in the Ballroom Annex, 7300 MacArthur Blvd., Glen Echo. \$8. Capital Blues presents the dances. Visit www.capitalblues.org for more.

Author Reading. 7 p.m. at Bethesda Barnes & Noble, 4801 Bethesda Ave. Hear Barbara Mujica read from “I am Venus.” Free.

Potomac Cuddles. 10:30 a.m. at Potomac Library, 10101 Glenolden Drive. For children up to 11 months with caregiver. Free. Visit www.montgomerycountymd.gov/content/libraries or 240-777-0690.

FRIDAY/SEPT. 20

Middle Eastern Bazaar and Food Festival. 11 a.m.-9 p.m. at Saints Peter and Paul Antiochian Orthodox Christian Church, 10620 River Road. Enjoy grilled lamb, kibbe, gyros and other traditional dishes. Visit www.peterpaul.net or 301-765-9188.

Contra Dance. 7:30 p.m. lessons start; 8:30-11:30 p.m. dancing at Spanish Ballroom at Glen Echo, 7300

MacArthur Blvd., Glen Echo. Tidal Wave provides music. \$10/adult; \$5/17 and under. Visit www.fridaynightdance.org for more.

Balboa DJ Dance. 8:30-11:30 p.m. at Ballroom Annex, 7300 MacArthur Blvd. All ages can enjoy Bal-swing dancing. \$10. Visit www.glenechopark.org for more.

Fall Charity Benefit. 10:30 a.m.-3:30 p.m. at Potomac Community Center, 11315 Falls Road. Browse jewelry, scarves, children’s items and more. Hosted by the Woman’s Club of Potomac, all proceeds go to the club’s benevolence fund for local charities.

Opening Reception. 7-9 p.m. at VisArts, 155 Gibbs St., Rockville. A variety of art exhibits will having opening receptions. Visit www.visartsrockville.org for a list.

SEPT. 20-OCT. 27

Theater Performance. See “Goodnight Moon” at Adventure Theatre at Glen Echo Park, 7300 MacArthur Blvd. All ages. Visit www.adventuretheatre-mtc.org or 301-634-2270.

SATURDAY/SEPT. 21

Middle Eastern Bazaar and Food Festival. 11 a.m.-9 p.m. at Saints Peter and Paul Antiochian Orthodox Christian Church, 10620 River Road. Enjoy delicacies such as grilled lamb, kibbe, gyros and other traditional dishes. Live Arabic music until 10:30 p.m. Visit www.peterpaul.net or 301-765-9188.

Self-Publishing Artist Books Workshop. 10 a.m.-4 p.m. at Photoworks Gallery at Glen Echo Park, 7300 MacArthur Blvd. \$225 includes a manual. Registration required, www.glenechopark.org.

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POTOMAC ALMANAC

Opening Reception. 7-9 p.m. see "Wearable PINK: Cancer Journeys in Jewelry" at Popcorn Gallery at Glen Echo Park, 7300 MacArthur Blvd. Blair Anderson depicts personal stories of women who are cancer survivors. A select number of works will be sold to benefit a breast cancer research fund. Visit www.glenecho.org or 301-634-2222.

Swing Dance. 8 p.m.-midnight at Spanish Ballroom at Glen Echo, 7300 MacArthur Blvd. Features music by Craig Gildner Big Band. \$18. Visit www.glenechopark.org for more.

SEPT. 21-OCT. 27

Exhibition. See "Wearable PINK: Cancer Journeys in Jewelry" at Popcorn Gallery at Glen Echo Park, 7300 MacArthur Blvd. Blair Anderson depicts personal stories of women who are cancer survivors. A select number of works will be sold to benefit a breast cancer research fund. Hours are Saturdays and Sundays from noon-6 p.m. Visit www.glenechopark.org or 301-634-2222.

SUNDAY/SEPT. 22

Middle Eastern Bazaar and Food Festival. Noon-4 p.m. at Saints Peter and Paul Antiochian Orthodox Christian Church, 10620 River Road. Enjoy delicacies such as grilled lamb, kibbe, gyros and other traditional dishes. Visit www.peterpaul.net or 301-765-9188.

Concert. 7 p.m. at Glen Echo Town Hall, 6106 Harvard Ave. The South Roscommon Singers will perform a variety of songs that come straight from the heart of Ireland. The suggested donation is \$15, all proceeds will go to performers. Visit www.fsgw.org or call 703-658-0957.

ContraStock 3. 1-11 p.m. at Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. Enjoy a variety of bands, callers and more for a dance-a-palooza. There will be a potluck picnic at 6 p.m. \$38/advance general; \$32/advance member; \$20/advance youth or student. Visit www.fsgw.org for more.

Argentine Tango. 6:30-11 p.m. at Ballroom Annex, 7300 MacArthur Blvd. DJ Rene Davila will mix the music. \$15/person; \$10/dance only. Visit www.glenechopark.org.

THURSDAY/SEPT. 26

Blues Dance. 8:15 p.m. lessons start, dancing from 9-11:30 p.m. in the Ballroom Annex, 7300 MacArthur Blvd., Glen Echo. \$8. Capital Blues presents the dances. Visit www.capitalblues.org for more.

Preschool Storytime. 10:30 a.m. at Potomac Library, 10101 Glenolden Drive. For children 3-5 years. Free. Visit www.montgomerycountymd.gov/content/libraries or 240-777-0690.

FRIDAY/SEPT. 27

Best of Fest. On the 6th floor of VisArts, 155 Gibbs St., Rockville. Visit www.rockvillerooftoplive.com or call 301-315-8200 for hours.

Contra Dance. 7:30 p.m. lessons start; 8:30 -11:30 p.m. dancing at Spanish Ballroom at Glen Echo, 7300 MacArthur Blvd., Glen Echo. Wild Asparagus provides music. \$10/adult; \$5/17 and under. Visit www.fridaynightdance.org for more.

Cajun/Zydeco Dance. 8:30 p.m.-midnight at Bumper Car Pavilion, 7300 MacArthur Blvd., Glen Echo. All ages welcome. \$15. Live music by Squeeze Bayou Cajun Band. Visit www.dancingbythebayou.com for more.

SATURDAY/SEPT. 28

5K Oktoberfest Run. 9 a.m. at the German School Washington D.C.,

www.CONNECTIONNEWSPAPERS.COM



"Man On The Street," by Michael F. Shibley.

"Pâte' Painters"

The Pâte' Painters are a group of local artists who meet weekly. They invite the public to join them for fun, food and art at the Yellow Barn Studio Gallery. Show hours are Saturday, Sept. 21, noon-6 p.m., and Sunday, Sept. 22, noon-5 p.m. A "Meet the Artists" reception will be held Saturday, 2-5 p.m. and Sunday, 2-4 p.m. Free, open to the public. Contact the Yellow Barn Gallery at 1-301-371-5593 or Michael Shibley at 301-807-6890 or mfs-art@comcast.net.

8617 Chateau Drive, Potomac. Starts with a 5K followed by a 1K fun run for children, capped off with a traditional Oktoberfest celebration. Visit www.dswashington.org or call or email Susanne Rosenbaum at srosenbaum@dswash.org.

Swing Dance. 8 p.m.-midnight at Spanish Ballroom at Glen Echo, 7300 MacArthur Blvd. Features music by Tom Cunningham Orchestra. \$15. Visit www.glenechopark.org for more.

SUNDAY/SEPT. 29

Bicycle Farm Tour. Starts between 9 - 11 a.m. at Poolesville Golf Course, 16601 West Willard Road. Five different courses offered for various levels of difficulty. Following all rides at 12:30 a community picnic will be held at Kingsbury's Orchard. Registration is required and costs \$10. Visit www.potomacpedalers.org.

Best of Fest II. On the 6th floor of VisArts, 155 Gibbs St., Rockville. Visit www.rockvillerooftoplive.com or call 301-315-8200 for hours.

Then & Wow! 2013. 11 a.m.-5 p.m. at Glen Echo Park, 7300 MacArthur Blvd. Enjoy a ride on the carousel, learn about the park's programs, enjoy magic shows, music, games and more. Free. Visit www.glenechopark.org or 301-634-2222.

Argentine Tango. 6:30-11 p.m. at Ballroom Annex, 7300 MacArthur Blvd. DJ Rene Davila will mix the music. \$15/person; \$10/dance only. Visit www.glenechopark.org for more.

Contra and Square Dance. 7-10:30 p.m. at Spanish Ballroom, 7300 MacArthur Blvd. \$13/nonmember; \$10/member; \$5/17 and under. Visit www.fsgw.org for more.

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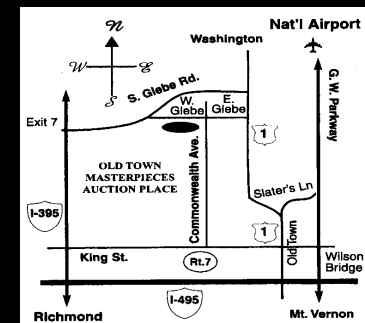
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Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

July, 2013 Home Sales, \$1.6~1.7 million

IN JULY 2013, 87 POTOMAC HOMES SOLD BETWEEN \$3,575,000-\$298,888.



3 10005 Apple Hill Court — \$1,640,000



4 9733 Beman Woods Way — \$1,640,000



5 11205 River View Drive — \$1,600,000



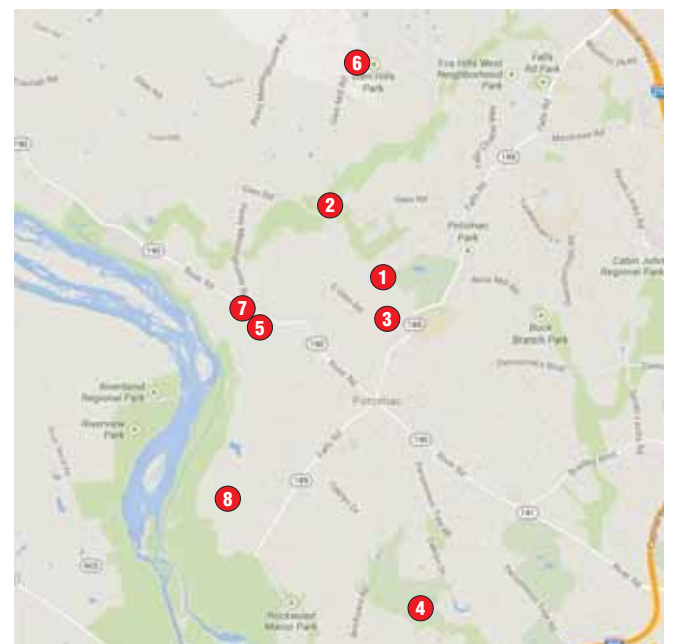
7 10801 Piney Meetinghouse Road — \$1,600,000



8 11413 Skipwith Lane — \$1,600,000

| Address | BR | FB | HB | Postal | City | Sold Price | Type | Lot AC | PostalCode | Subdivision | Date Sold |
|-------------------------------|----|----|----|---------|------|-------------|----------|--------|------------|-------------------|-----------|
| 1 10820 LOCKLAND RD | 6 | 5 | 1 | POTOMAC | | \$1,700,000 | Detached | 2.00 | 20854 | POTOMAC OUTSIDE | 07/30/13 |
| 2 12810 GLEN RD | 5 | 5 | 1 | POTOMAC | | \$1,700,000 | Detached | 7.60 | 20854 | TRAVILAH MEADOWS | 07/31/13 |
| 3 10005 APPLE HILL CT | 6 | 4 | 1 | POTOMAC | | \$1,640,000 | Detached | 0.73 | 20854 | POTOMAC OUTSIDE | 07/30/13 |
| 4 9733 BEMAN WOODS WAY | 5 | 6 | 1 | POTOMAC | | \$1,640,000 | Detached | 0.24 | 20854 | AVENEL | 07/16/13 |
| 5 11205 RIVER VIEW DR | 5 | 4 | 2 | POTOMAC | | \$1,600,000 | Detached | 1.65 | 20854 | MARWOOD | 07/31/13 |
| 6 10306 CUTTERS LN | 6 | 6 | 1 | POTOMAC | | \$1,600,000 | Detached | 1.14 | 20854 | GLEN MILL KNOLLS | 07/23/13 |
| 7 10801 PINEY MEETINGHOUSE RD | 7 | 6 | 3 | POTOMAC | | \$1,600,000 | Detached | 2.94 | 20854 | POTOMAC VIEW ESTS | 07/23/13 |
| 8 11413 SKIPWITH LN | 4 | 4 | 1 | POTOMAC | | \$1,600,000 | Detached | 2.35 | 20854 | POTOMAC FALLS | 07/15/13 |

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PHOTO COURTESY OF ART AT THE CENTER

Students in the Art Explorers class at Art at the Center in Mount Vernon explore mediums like clay, collage, painting and drawing. Experts say creating art helps children build relationships.

Art Matters at All Ages

Local experts say art classes help children develop new skills.

BY MARILYN CAMPBELL
THE ALMANAC

If you walk into Art at the Center in Mount Vernon, Va., on a Tuesday morning, you might find a group of preschool students and their parents or caretakers squishing potting clay with their fingers. In the same room, several other tots could be brushing an array of paint colors across art paper, making a mess but having fun. The children are part of the Center's Art Explorers class, designed for children ranging from 18 months to 5 years old.

"Parents say it is their happy place where they can explore with their child without worrying about a mess," said Kathryn Horn Coneway, director of Art at the Center. "It brings both parent and child into the present moment."

In addition to having fun, art educators say that art can help children develop a myriad of skills and abilities that range from self-expression to self-confidence.

"Creating art can help them work through their emotions," said Gioia Chilton, an art therapist who teaches art at Marymount University in Arlington, Va. "It gives them a place where they can be confident, and where they can feel powerful and in control over something."

Creating art teaches patience, said Coneway. "When children are working with clay, for example, there is little instant gratification. You make a piece, it has to be fired and then glazed. It is a process. But

at the end, they can tell the story of how they made it."

Chris Haggerty, a professor of fine and applied arts at Marymount University, says research shows that art develops the right side of the brain, which affects perception rather than logic. "Creating art teaches problem-solving skills," she said. "They get to try things out, see if they work, change their minds and start over."

Coneway, who is also an art therapist, said she has seen first-hand how art can help children share feelings that are difficult to verbalize. "Making things is a wonderful way for kids to connect ideas, express emotions and share what is going on with them," she said. "Additionally, art is noncompetitive. Children progress at their own rate."

Art also helps establish a sense of community, she added. "Sometimes connections happen when children share their art," she said. "It is neat when kids ask questions of each other. The sharing of what they make is as important as what they make."

Carolyn Webber, an art teacher at St. Andrew's Episcopal School in Potomac, said, "Art is a universal language. Art education enables students to make creative connections with art and the world around them. [It] provides life-long learning in areas of visual arts, art history, interdisciplinary connections, multiculturalism and job opportunities."

Haggerty said, "The most successful people are creative thinkers, people who don't just think linearly, but who think outside of the box."

Coneway hopes that both her classes and others establish a life-long appreciation for art. "One of the things that I hope is happening is that parents and children are leaving my classes, going home and asking, 'Can we set up a corner our basement and have an art studio at home?'"

"Art is a universal language. Art education enables students to make creative connections with art and the world around them."

— Carolyn Webber, art teacher, St. Andrew's Episcopal School



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WEEK IN NUMBERS

31

The 31st annual Potomac Day Parade, sponsored by the Potomac Chamber of Commerce, is scheduled to take place Oct. 19, marching through the intersection of Falls and River roads at 10:30 a.m. The yearly Potomac Day festival given to the community by the chamber also includes a classic car show, business fair, children's festival, and moon bounces, rides, ponies and more.

40,000,000

Children participate in youth sports, said Jake Wald, partnership manager of Positive Coaching Alliance's Mid-Atlantic Chapter. Its mission is to "transform youth sports so sports can transform youth." See story in this week's Almanac.

9:06 a.m.

A male driver of a motorcycle was killed Monday, Sept. 17 at Montrose Road and Tower Oaks Boulevard, according to Montgomery County Police. A 52-year-old Rockville driver of a 2006 Toyota Highlander attempted to make a left turn from Montrose onto Tower Oaks and collided with a Ducati 848 motorcycle traveling west on Montrose Road. "The motorcycle operator and passenger were ejected from the motorcycle. The motorcycle caught on fire." The motorcycle driver died of injuries at a local hospital; the motorcycle passenger sustained "serious but non-life threatening injuries." Detectives from the Montgomery County Police-Collision Reconstruction Unit (CRU) continue to investigate, according to police. Call the Collision Reconstruction Unit at 240-773-6620 with information.

45

The Maryland Transit Administration and Federal Transit Administration extended the public comment period on the Purple Line's Final Environmental Impact Statement to 45 days. They will accept public comments through Oct. 21. See www.purplelinemd.com.

16

The Purple Line is a proposed \$2.2 billion, 16-mile, 21-station modern light rail line that would provide connections to major business districts and activity centers in Bethesda, Silver Spring, Takoma/Langley Park, College Park/University of Maryland and New Carrollton, as well as link to Metrorail's Red, Green and Orange lines. The average daily ridership in 2040 is anticipated to be more than 74,000, according to www.purplelinemd.com.

47

Montgomery County schools participated in International Walk to School Day last year. This year, thousands of students, parents and members of the community are expected to walk or bike to school on Wednesday, Oct. 9. The annual event was founded in 1997 to bring community leaders and children together to promote more walkable communities, safer streets for walking and biking, healthier habits and cleaner air. Families who live too far from school to walk are encouraged to have parents drive part of the way, park and walk the rest of the way with their children.

50

Montgomery County Police hired Mary C. Healey, former executive director of the Washington Humane Society, to be its new director of the Animal Services Division beginning Sept. 23. She was chosen from 50 applicants earlier this month, according to Montgomery County Police. "With the opening of the new Animal Services and Adoption Center, we have before us a great opportunity to better serve the people and animals of Montgomery County, and to become a recognized leader in humane governance and animal care," said Healey.

75

The C&O Canal National Historical Park will celebrate its 75th anniversary at the annual Park after Dark benefit on Sept. 28. On Sept. 28, 1938, the Department of the Interior purchased the land that eventually became the park. Secretary of the Interior Sally Jewell is expected to attend. Visit ParkAfterDark.org. The day also marks the 20th anniversary of National Public Lands Day.

2.78

Potomac River's water level was 2.78 feet at Little Falls Pumping Station on Tuesday, Sept. 17 at 7:45 a.m. according to waterdata.usgs.gov. The temperature of the water was 71.06 degrees.

54

September is National Infant Mortality Awareness Month. 54 infants in Montgomery County did not survive to their first birthday, according to county officials. Most of the infants did not survive because they were born prematurely, had birth defects or died from Sudden Infant Death Syndrome (SIDS). See montgomerycountymd.gov. The March of Dimes (www.marchofdimes.com) and CDC (www.CDC.Gov) offer resources and information about how to plan a healthy pregnancy, according to county press releases.

NEWS



Run for Recovering Heroes

Benjamin Patton is the grandson of General George S. Patton. The Run for Recovering Heroes 5K & 10K event is to benefit his Patton Veterans Project, Inc. Elizabeth McClure is the organizer for the event.



Runners from UBS Financial Services include, from left, Marcus Wood, Andrea Turriago, Railiel Egbert, Nicole McAiskey, Andrea Pham, Jodi Rapaport, Nadira Mujkic and Kayron Sarinadi.

PHOTO BY DEBORAH STEVENS
THE ALMANAC

Centenarian Shares Her Journey

Family, friends to celebrate Gloria Eisenberg.

BY SUSAN BELFORD
THE ALMANAC

"I don't feel old at all," said Gloria (Golda) Eisenberg when asked what her secret is for living to be 100 years old. "I walk each day, take the bus to the Giant and to my synagogue Beth Shalom, cook my own meals, do my own laundry and am happiest when I am with my family."

She stays active by visiting her friends at Ring House, spending time with her children, grand-children and great-grandchildren — and, until age 94, walked in the Susan B. Komen Race for the Cure.

She was born in Inanivka, a small Russian village near Kiev on a date close to Sept. 23, 1913. She is uncertain about the true date of her birthday since her birth certificate was destroyed by fire; she took Sept. 23 as her birthday because her brother told her she was born around the time of Rosh Hashanah and since that was the date of the holiday in 1913, she adopted it for her own birth date.

She became an orphan when she was six or seven because her mother, grandparents and several siblings died from disease while hiding in a synagogue during the Russian Civil War. Her older sister and brother were unable to take responsibility for her and her father had departed for America and lost track of her.

However, she remembers a life-changing incident: "I had moved to several different orphanages, and one day at dinner, one of the boys was laughing and poking fun at me when I was choking on a bone while eating. We got into a scuffle and he told the director that I had hit him. For punishment, I was sent outside.

"A woman was passing by and she looked at me and said, 'I recognize you.' When I told her my name,



Gloria Golda.

she explained that she was my aunt, my mother's sister. She started crying because she couldn't believe that she had found me. She worked for a wealthy family and asked me to visit her there on Sundays. That's where I first learned I could play the piano by ear. She wrote to my father, who was a shoemaker in Washington D.C. and told him I had been found alive.

"My father saved money for my passage to America and sent it to me. In order to go, I had to get a ... birth certificate — that's when I chose my birth date. After many months, I finally boarded a ship to America. I came through Castle

Garden in New York City in 1929. My father came to N.Y.C. to meet me and take me to his home in Washington D.C. with second wife's youngest brother, a very handsome young man named Joe and his best friend. That too was remarkable because I ended up going out with Joe and married him in 1935."

Gloria and Joe Eisenberg had two sons, Phil and Bennett. They lived in small apartments in the Petworth area of D.C. and then moved up to 1st and Kennedy Streets in NW Washington. She stayed home and raised the children while her husband drove a taxi at night.

"Education was everything to my parents," said son Phil. "My brother got full scholarships to Dartmouth and MIT where he earned his Ph.D. in mathematics. I went to undergraduate school at George Washington University and then on to New York University Dental School."

After her sons left for college, she took a job as a sales clerk at Lansburgh's Department Store and worked there until it was closed in 1973. As a supervisor, she introduced her son Phil to Jeanie, a salesgirl working during summer vacation while attending the University of Maryland. The meeting was fortuitous — and they married in 1967.

After the store closed, she wrote her memoir, more

SEE FAMILY, FRIENDS, PAGE 15

WWW.CONNECTIONNEWSPAPERS.COM

SPORTS

Miller Resigns from Churchill

Boys' basketball coach led Bulldogs to first region final appearance in 33 years. Matt Miller guided the Churchill boys' basketball program to its first region championship game appearance in more than three decades.

Now he's looking for a new challenge.

Miller on Sept. 12 resigned as Churchill head coach to take a job as the top assistant coach at Shepherd University in Shepherdstown, W.Va. Miller, 30, has previous college coaching experience at St. Mary's College of Maryland and Marymount University.

Miller, who played basketball at Gonzaga College High School in Washington, D.C., and St. Mary's College of Maryland, said he is looking forward to recruiting in the Washington, D.C./Maryland/Virginia area.

"We've had some great years at Churchill," Miller said. "I've coached some excellent kids [and] I just [figured after] five years of great times and success, maybe this was a good time for me to try another challenge. ... I'm not getting any younger at this point."

During five seasons at Churchill, Miller led the Bulldogs to three consecutive division championships from 2011-2013 and a berth in the 2012 4A West Region championship game — Churchill's first region final appearance in 33 years. The Bulldogs reached the region semifinals in 2011 and 2013.

"I'm most proud of our ability to put together an excellent staff every single year and an excellent group of kids and really bring the community together," Miller said. "... [We had] little kids [ages] 4 to 14 coming to our games excited to be a Bulldog."

— JON ROETMAN



Matt Miller is seen coaching the Churchill boys' basketball team in 2010.

PHOTO BY HARVEY LEVINE/THE ALMANAC

SPORTS BRIEFS

Wootton Football Starts 2-0

The Wootton football team defeated Bethesda-Chevy Chase 24-14 on Sept. 16, giving the Patriots a 2-0 record.

Wootton will travel to face rival Churchill at 6:30 p.m. on Friday, Sept. 20.

Churchill Football Gets First Win

The Churchill football team defeated Walter Johnson 21-6 on Sept. 16, improving the Bulldogs' record to 1-1.

Marquette Lewis carried 19 times for 113 yards and a touchdown for Churchill. Sean Strittmatter completed 5 of 9 passes for 73 yards and a score.

Churchill will host Wootton at 6:30 p.m. on Friday, Sept. 20.

SCHOOL NOTES

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

The following students were named semifinalists for the National Merit Scholarship Program:

Winston Churchill High School: **Rachel S. Casper, Aditya D. Dash, Uma S. Gonchigar, Kevin H. Gu, Allen Guo, Bryan B. Ho, Hope H. Kean, Amy Lin, Daniel D. Liu, Jeanine M. Liu, Aaron M. Renberg, Kevin A. Schechter, Guransh Singh, Jessica A. Sun, Isaac S.**

Weinberg, Diana X. Yin, Ashling L. Zhang and Katie Y. Zhao.

Walt Whitman High School: **Jacob R. Cutler, Lisa Deng, Henry T. Doran, Charles L. Gibson, Julia P. Greenberg, Moses L. Hetfield, Adam W. Joel, Meera M. Kattapuram, Adam J. Klein, Jessica C. Levy, Adam S. Lowet, Zeya L. Luo, Carson E. Lystad, Julia W. Medine, Shafiuddin J. Noss, Emily A. Rosenthal, Tori B. Seidenstein, Nathaniel H. Sherman, Weston M. Slaughter, Benjamin B. Talisman and David A. Weber.**

Thomas S. Wootton High School: **Steven L. Berger, Xiaoyu Cai, Jessica T. Chen, Ashley S. Lee, Richard X. Liu, Christopher G. Long, Uday Misra, Raghav Muralidharan, Jerry Tan, Lanson T. Tang and Alice T. Zhou.**

Army Cadet **Victor H. Esch** graduated from the Army ROTC Leader's Training Course at Fort Knox, Ky. Esch, the son of Victor and Patricia Esch, will attend Valley Forge Military College, Wayne, Pa. He is a 2013 graduate of Winston Churchill High School.

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Nancy Steinberg
240-994-5092
nancy@kulayogaclass.com
www.Kulayogaclass.com

Shanthi Subramanian
301-320-9334
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www.hamsa-yoga.com

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If you have questions or are unable to donate on Saturday, September 28, 2013 please contact Connor Mears by e-mail: porygon56@gmail.com or visit <http://bikesfortheworld.org>

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21 Announcements 21 Announcements

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21 Announcements 21 Announcements 21 Announcements

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21 Announcements 21 Announcements 21 Announcements

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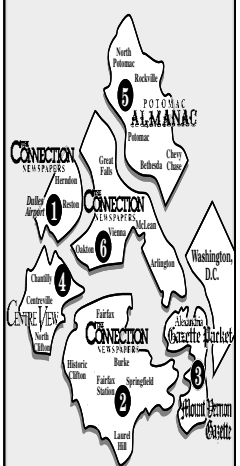
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A Study in Contrasts

By KENNETH B. LOURIE



The decision for yours truly to participate in a Phase 1 Study at N.I.H. or Johns Hopkins (depending upon availability and qualifications) discussed in last week's column has been put on hold, temporarily. It seems that my oncologist was thinking about me over the holiday weekend and called me on Wednesday following Labor Day to say he had a diagnostic idea concerning me: a 24-hour urine collection (a "Creatinine Clearance Study") which would provide a more accurate reading (than the regular lab work I have; from blood) of my kidney function. Although the logistics haven't been worked out — insofar as exactly how I get a sample to their lab — "the idea" as my father used to say, "has merit," so I happily agreed in principle and awaited a phone call from my oncology nurse to explain the dos and don'ts.

Apparently, there is yet one more chemotherapy drug — of recent vintage, and design, that my oncologist would like to try. He hasn't suggested its infusion previously, because like many drugs, it is filtered through the kidneys; and after four-and-a-half years of varying types of chemo/targeted therapy, (I.V. and oral) the damage to my kidneys — particularly as evidenced by my elevated creatinine level and below-average "glomerular filtration rate" (45 when 60 is normal) is and always has been cause for concern and caution. Collateral damage as I call it, is still damage, and renal failure/kidney dialysis is all it's cracked up to be: not good, so diagnosis-to-date, we've avoided the risk. I've always agreed that since trouble has already found me, I'm hesitant to look for it. Perhaps there will yet be a reward for our prudence and patience.

Per the over-the-phone instructions I eventually received, I submitted my 24-hour sample on Monday morning. At 10:11 that evening, my oncologist e-mailed my test results. Although the colors were not flying, the test results were nonetheless improved, sufficiently so that we are indeed going ahead with I.V. chemotherapy once again. Therefore, for the immediate future, anyway, N.I.H. and Johns Hopkins are "back-burnered." Alimta, the I.V. chemotherapy drug which I will be infusing, is my new best friend. A drug designed specifically for the treatment of patients with non-small cell lung cancer (me); every three weeks living forward, I will be infused at the Infusion Center. The entire process will take about two hours, I was told. "Two hours" I can do in my sleep, which sometimes is exactly what I do (the BarcaLoungers are extremely comfortable and the warm blankets are super cozy). So here we go, again. Nevertheless, it feels right.

If I had been accepted into a Study, my treatment would have been experimental and as much — if not more, about the next person. As it was explained to me by my oncologist, I would have been sort of a guinea pig, being injected with an experimental, non-FDA-approved medicine that previously had showed some promise when treating mice. I have no problem with this process and understand that such pursuits occasionally provide miraculous outcomes, and I'm certainly open to reconsidering should the opportunity present itself. However, going from a definite maybe at N.I.H. to an FDA-approved for the treatment of non-small cell lung cancer drug seems like a no-brainer, even for me. Granted, I'm still a long way from anywhere, but it feels good to be back in the game, rather than being on the sidelines, sort of (with all due respect to N.I.H. and Johns Hopkins).

My future is now and thanks to this most recent diagnostic test, my treatment with Alimta can also be now; Friday the 20th, actually.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Join in Annual Park After Dark

Event benefits C&O Canal National Historic Park.

By SUSAN BELFORD
THE ALMANAC

On Sept. 28, 1938, the federal government completed the purchase of the C&O Canal from the C&O Company and the Baltimore and Ohio Railroad. This was a historic and important day for Potomac because that purchase placed the canal under the jurisdiction of the National Park Service, and, in 1971 the C&O National Historic Park became official. The day is also National Public Lands Day.

Exactly 75 years to that historic day, the 3rd annual Park After Dark benefit for the C&O Canal National Historical Park will be held 6-11 p.m. at the Historic Great Falls Tavern. Candleliers will light the towpath as guests are welcomed to the Tavern. While the guests dressed in "Towpath Chic" are flowing in, lively tunes played by the Cabin John Dixieland Band — and a specialty drink from the 1930s will set the tone for the evening. A dinner of chilis with accompaniments and dessert will fill the belly while dancing and socializing in the Park after Dark complete the evening under the stars.

A roaring bonfire will offer a warm ambience for party-goers while lively tunes from the Chester River Runoff Band provide music for dancing. Guests will have the opportunity to bid on 15 "Then and Now 1938 – 2013" silent auction items that include "Traveling and Camping in National Parks" — camping and travel gear — including a lounge chair, tent, cot, day pack,



The 19th Street Band plays at 2012 Park After Dark.

rolling duffe, and other travel items to help one explore National Parks (donated by REI), "Christmas in Washington" — four VIP tickets to the lighting of the National Christmas Tree that can be coupled with a two-night stay at Capella Washington D.C., Georgetown, and breakfast for two in the Grill Room (donated by Capella Hotels and the National Park Foundation), and "Under the Flat Hat" — this package provides the opportunity to spend a day in the life of a park ranger, experiencing the park through the eyes of rangers in various divisions. Also included in the silent auction will be pieces of art and other collectibles donated from artists in the Canal Towns.

A live auction will raise funds to support Canal Classrooms, an education initiative of the C&O Canal National Historical Park and the C&O Canal Trust. Superintendent Kevin Brandt will present the plans, achievements and highlights of this education program.

The Trust's 2013 William O. Douglas

Stewardship Award will be presented to Paul and Andy Chod. According to Mike Nardolli, president of the C&O Canal Trust, "Paul Chod and Andy Chod of Minkoff Development, Inc., will be honored for their exceptional stewardship of the C&O Canal. For more than five years, they have supported the Park and the Trust through financial contributions, the donation of supplies, provision of in-kind services, and for volunteering hours for Canal Pride projects at Pennyfield Lock in Potomac."

Special guests this year will be Secretary of the Interior Sally Jewell and Director of the National Park Service Jonathan Jarvis. This is also the first year that Park After Dark announces their presenting sponsor — The Marriott Foundation.

All funds support the C&O National Historic Park.

To purchase tickets, go to the website www.canaltrust.org. Tickets are \$175 per person. Sponsorships for the event are also available.

Raising Awareness about Teen Depression

FROM PAGE 3

"Sports is associated with school to build confidence and self esteem and to urge multi-faceted learning outside of the classroom. In those unfortunate cases where it turns negative, it has the opposite effect," said Wald. Charrisse Jordan, wife of Eddie Jordan, said the Rutgers men's basketball coach and Wizards former coach, would have been at the tournament if he wasn't

recruiting. Eddie Jordan coached Evan's I-270 team. "Evan was near and dear to him. He was such a positive person," Charrisse Jordan said. "My husband is a positive coach and we empower that type of energy." The Jordans live in Potomac.

She called it a tragedy "that Evan lost his life, but hopefully it made a platform needed for these kids."

Evan's trophies, and photographs with

family and friends greeted each athlete coming through Bullis' gym. Hundreds of his peers and friends filled the gyms.

"It's amazing how the community has all come together," said Susan Rosenstock, Evan's mother, who spearheaded umttr's first tournament.

"I truly believe if Evan knew how much a difference he made, it might have made a difference in his life," she said.

Family, Friends To Celebrate Gloria Eisenberg

FROM PAGE 12

than 100 pages by hand, helped by her grandchildren and became active in the Sisterhood of Beth Sholom Synagogue. For her dedication and hard work, she was honored with the Beth Sholom's awards of "Life Member of the Sisterhood in 1983 and "Mother of



Gloria Eisenberg

the Year" in 1984.

A 100th birthday luncheon will be held on Sunday, Sept. 29 to celebrate "The lives she's touched, the example she set and the incredible person she is." She will be surrounded by friends and her family that include four grand-children and eight great-grandchildren.

She explains the prophetic words of a gypsy who read her palm before she left Russia: "As I was getting ready to come to America, a gypsy stopped me on the street. I could only give her a dime, so she took it, grabbed my palm and told me that I was getting ready for a long journey across the ocean. She also said I would meet some close relatives, would be happy and live to be 100 years old. I can't believe it — it all came true."

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