

Taking Time To Remember Sept. 11, 2001

“Evil will always be overcome.”

BY BONNIE HOBBS
CENTRE VIEW

Local residents commemorated the anniversary of 9/11 last week in a variety of ways. Some shared memories of where they were when they first heard the news about planes crashing into the World Trade Center.

The firefighters of West Centreville Station 38, as is their tradition, placed 343 American flags on the lawn in front of their station. Each bore the name and was in honor of the 343 New York firefighters killed on Sept. 11, 2001.

And at the monthly meeting of the Sully District Police Station’s Citizens Advisory Committee, last Wednesday, Sept. 11, the station’s chaplain, Duke Bendix, spoke in remembrance of that tragic day, 12 years ago.

“It is true that, when we remember the day, we carry images of destruction, terror and death,” he said. “To those who knew people who died that day, this annual remembrance is a time of mourning and memorial to their loss.”

“I’m reminded of a woman I know who works for American Airlines and closed the cabin door on the flight that flew into the Pentagon,” continued Bendix. “As she sealed



PHOTOS BY BONNIE HOBBS/CENTRE VIEW
Outside fire station 38 in Centreville stand 343 American flags honoring each of the New York firefighters killed on Sept. 11, 2001.

the door to release the flight, she noted something about one of the passengers on the front-row seat of first class — his demeanor, the way he carried himself — something not quite right. But [it was] nothing she could put her finger on, nothing to raise a warning about. After all, who could have imagined what would occur?”

But as far as Bendix is concerned, all these images are “backdrop” to what’s most im-

portant to remember and hold onto about 9/11. “Against the images of terror and loss, we see the courage, the determination, the sacrifice of so many who sought to save others,” he explained. “In these, the images of evil on 9/11 are confronted and overcome by the testimony of the passengers on Flight 93 and the many first responders who gave their all to rescue and uphold others — people they didn’t know, but were commit-

ted to help.”

Noting that, when a diamond’s displayed, it’s often set upon a black-velvet cloth to highlight its radiance and beauty, Bendix said the cloth’s darkness accentuates and intensifies the light shining through the diamond. “Darkness serves to magnify the worth of what stands before it,” he said.



Chaplain Duke Bendix

Similarly, said Bendix, an associate pastor at Grace Covenant Church in Chantilly, “Sept. 11 confronted the world once again with the look of evil. But evil will always be overcome by those willing to put others before themselves. As we saw on 9/11, the sacrifice, courage and determination of the many firefighters and police officers [who] served and died that day stand as a testimony to the superiority and power of moral goodness.”

Quoting Jesus Christ, he said, “No greater love has any one than this — that he lay down his life for his friends.” And while evil continues to exist in the world, said Bendix, “We each must withstand [it] in the ways we can. Gratefully remembering and supporting those officers and firefighters whose lives are directed by their commitment ‘to protect and to serve’ also serves as a bulwark and hope.”

Interchange: ‘Finished on Time, Within Budget’

BY BONNIE HOBBS
CENTRE VIEW

It’s been a long time coming, but the Fair Lakes interchange is just about done. And last Thursday, Sept. 12, Gov. Bob McDonnell joined local officials here to cut the ribbon on a project improving travel for drivers on the Fair Lakes and Fairfax County

parkways, plus Monument Drive. “It’s great to celebrate these achievements,” he said. “The Fairfax County Parkway has been a lifeline of this county for so long. This was a marvelous story of VDOT and our private-sector construction teams working together, and it will benefit this county for a long time.”

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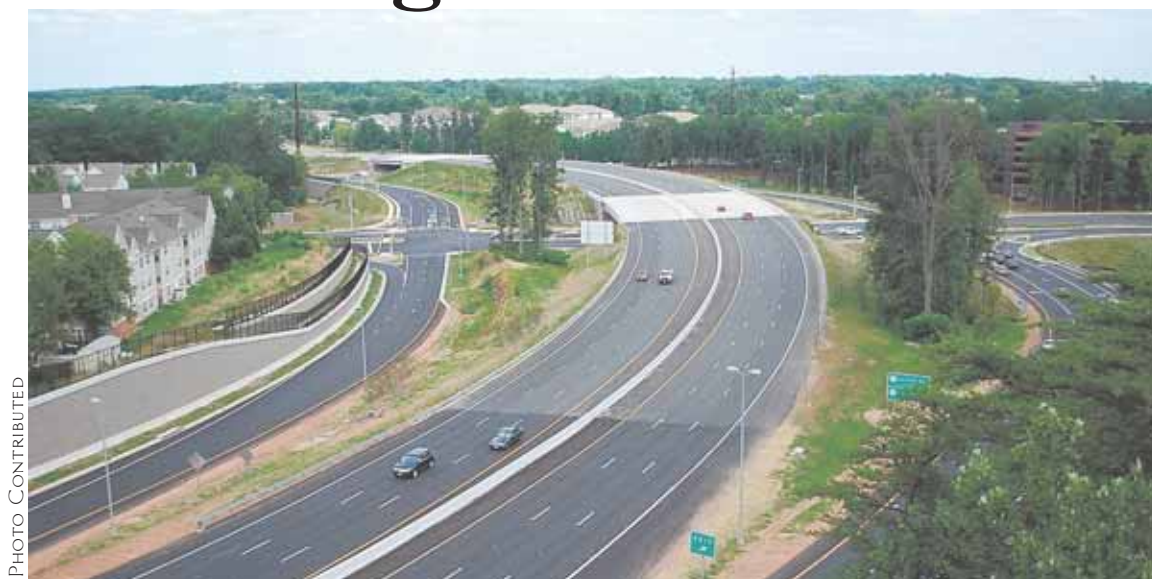


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An aerial view of the new, Fairfax County/Fair Lakes Parkway Interchange, plus the widened section of the Fairfax County Parkway.

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NEWS

Clement Pleads Guilty to Abuse

Victim was boy, 9, on camping trip.

BY BONNIE HOBBS
CENTRE VIEW

Some people are exactly as they seem — honest, open, trustworthy. Others, however, harbor deep secrets about themselves and their deeds.

Former Bull Run Elementary Principal Thom Clement — a highly respected member of the Fairfax County Public Schools system for 28 years — falls into the latter category. Tuesday morning, Sept. 17, in Fairfax County Circuit Court, he pleaded guilty to two counts of sexually abusing a child under age 13.

“Are you entering both of these pleas, freely and voluntarily, and because you are guilty?” asked Judge Gaylord Finch. “Yes, sir,” replied Clement.

“And you understand that you’re giving up your right to a trial and to defend yourself in court?” asked Finch. Again, Clement, 62, of Little Rocky Run, answered affirmatively.

The judge advised him that, for each count of felony aggravated sexual battery of a minor, he could receive as much as 20 years in prison. Finch further warned him that, if he runs the sentences consecutively, Clement could spend the next 40 years behind bars. And, said Finch, “There’s no [plea] agreement as to sentence.”

He then found Clement guilty, and Deputy Commonwealth’s Attorney Kathy Stott explained what the evidence against Clement would have been had this case gone to trial. She said that, in February, the victim told his family he’d been inappropriately touched by Clement during an overnight camping trip.

The incidents occurred Oct. 2-3, 2009 in Burke Lake Park. The boy was 9 at the time, and Clement led the Royal Rangers Scout group at Centerpointe Church in Fair Oaks for 20 years.

It was bedtime, said Stott; and after telling two boys to settle down and be quiet, “The defendant entered their tent and lay down between [them].

He then laid the victim on top of him, unzipped the boy’s pants and touched him. He then wrapped the boy’s hand around him.” Afterward, she said, Clement zipped up the boy’s pants and left the tent.

The victim, now 13, gave this information in February to Virginia State Police Special Agent J.B. Root at state police headquarters in Culpeper County. Clement was arrested May 23 and later released from jail on \$20,000 bond, pending the outcome of his court case.

In court Tuesday, Stott said that, once Root began investigating, he discovered Clement had obtained a camping permit for that time at Burke Lake Park. And she said the boy’s parents found an e-mail from Clement, dated Sept. 29, 2009, asking if their son could go on a camping trip.

The prosecutor also revealed the contents of a “letter of apology” written by Clement to the victim. “The defendant said going into the tent was a mistake and that he shouldn’t have touched [the boy] inappropriately,” said Stott. “The defendant said he put his hand inside the boy’s pants and then put the boy’s hand inside his [Clement’s] pants.”

According to Stott, Clement said he’d been working with children since he was in his 20s and “said that he probably had these feelings, but channeled them. He thought [the victim] was asleep and said this was the only time something like this had ever happened.”

After the judge scheduled Clement’s sentencing for Nov. 22, Stott asked Finch to revoke his bond. Defense attorney Mike Sprano made no objection and the judge agreed, remanding Clement to the custody of the sheriff. Then, before his wife and children sitting in the front row of the courtroom, Clement was handcuffed and led away by the bailiff.

The former educator began his 31-year career as a middle-school teacher in Loudoun County. Later, joining FCPS, he taught fourth, fifth and sixth grades for 14 years.

Clement taught at Union Mill Elementary when it opened in 1986 and then served as London Towne Elementary’s assistant principal in 1989. On Feb. 1, 1999, he became the first principal of Bull Run Elementary, holding that post for seven years until retiring in July 2006.

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Chili Challenge

The firefighters of the Town of Clifton’s Station 16 won the annual, Richard King Fireman’s Chili Challenge during the Sept. 2 car show in Clifton. At far left is Supervisor Pat Herrity (R-Springfield) during the awards ceremony.

PHOTO CONTRIBUTED

ROUNDUPS

5K/Health Expo Sept. 21

The Soles for Hope 5K Run/Walk and Health Expo will be held Saturday, Sept. 21, from 9:30 a.m.-noon, at Grace Covenant Church, 4600 Brookfield Corporate Drive in Chantilly. Register for the 5k walk/run at www.solesforhope.org. The Health Expo is free and open to the public and includes free health screenings, fitness and cooking demonstrations, youth activities, a police cruiser display and much more. All proceeds benefit the nonprofit Every Child Fed, which helps feed severely malnourished children throughout the world.

Help the Homeless Walk

The Chantilly-based Western Fairfax Christian Ministries (WFCM) is holding its annual Community Walk for the Homeless on Saturday, Sept. 21, at 9 a.m. It'll be held at Southview Community Church, 2620 Reston Pkwy. in Oak Hill. Cost is \$20 for ages 25 and younger; \$30, adults. Same-day registration begins at 8:30 a.m., or pre-register at www.hthwalks.org and select WFCM as the beneficiary.

Shred Documents Securely At Sully District Center

The Fairfax County Solid Waste program is sponsoring a secure shredding event Saturday, Sept. 21, from 8 a.m.-noon, at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Residents may shred up to five boxes of personal documents per household at no charge. Paper documents from businesses will NOT be accepted.

Please remove all paper from binders and remove binder clips, plastic page covers and binding. Information stored on film or computer disks and credit cards will not be accepted – paper documents only. All documents will be securely shredded on site by a private contractor, and the shredded material will be taken to a local, recycling facility for processing.

Teens: Learn about Policing At Training Facility

Teens and their parents are invited to learn more about Fairfax County Police Explorer Post #1742. The annual informational meeting is set for Tuesday, Sept. 24, from 7-9 p.m., at the Fairfax County police training facility, 4900 Stonecroft Blvd. in Chantilly. For those considering a potential career in the field of law enforcement, the Explorers are a good place to start.

Explorers provides teens with opportunities to learn and practice skills police officers use daily. Explorers gain experience in fingerprinting, processing crime scenes, staffing special events and helping officers spread the word about safety and crime prevention.

Fair Oaks CAC to Meet

The Citizens Advisory Council of the Fair Oaks District Police Station will meet Tuesday, Sept. 24, at 7 p.m., in the roll-call room of the police station. It's at 12300 Lee Jackson Memorial Highway in Chantilly.

Meet Political Candidates At Next Wednesday's Forum

The Sully District Fifth Bi-Annual State Legislative Candidate Night will be held Wednesday, Sept. 25, at 7 p.m., at the Sully District Sully Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Candidates for sheriff and state delegates for Districts 36, 37, 40, 67, and 86 will make brief remarks and answer questions.

It's sponsored by the League of Women Voters of the Fairfax

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NEWS

Best Buddies Fundraiser Nears

On Oct. 19, Chantilly's Eric Latcheran, 26, who has Down Syndrome, and his mom, Gina Latcheran, will take the Best Buddies D.C. Challenge. For their fourth year in a row, they'll be walking on the Mall in Washington, D.C.

Clifton's Mary Jane Gutkowski and son Ryan, who also has Down Syndrome, are teaming up for the walk/run, too. And Centreville's Kevin Whalen is taking the Challenge again and will ride his bike, Oct. 19, in the cycling part of the event, traveling to Morven Park in Leesburg.

But they each need to raise money for Best Buddies — which promotes friendships with and jobs for people with intellectual disabilities — before they can participate in their particular events.

So on Friday evening, Sept. 27, a fundraiser will be held at Glory Days Grill in the Old Centreville Crossing shopping center. From 5-9 p.m., a portion of customer sales will be donated to Best Buddies and Whalen, Eric Latcheran and Ryan Gutkowski will all be guest bartenders. Raffle items will include Washington Redskins football jerseys, gift cards and other prizes.

Proceeds from the Best Buddies D.C. Challenge will benefit the Best Buddies Virginia Chapter. For more information, go to www.bestbuddiesvirginia.org.



From left: Ryan Gutkowski, Kevin Whalen and Eric Latcheran at a Sept. 7 Best Buddies fundraiser at Jimmy's in Herndon.

"We want lots of people to come to Glory Days Grill for a fun, happy hour and great food and to support our great cause," said Whalen. "It benefits our local, Best Buddies high-school chapters, helping children and adults with intellectual and developmental disabilities."

In addition, those wishing to contribute online to their fundraising efforts may do so at <http://mydc.bestbuddieschallenge.org/ginalatcheran> or <http://mydc.bestbuddieschallenge.org/kevinwhalen>.

— BONNIE HOBBS

Viva Vets! 5K Comes to Area

Event funds scholarships for military veterans.

BY BONNIE HOBBS
CENTRE VIEW

A 5K race that helps America's military veterans further their education is coming to the local area. It's the Viva Vets! 5K Run/Walk, and it's slated for Sunday, Sept. 29, at 8:30 a.m. at Fairfax Corner.

"It's for the veterans," said Vince Straub, a board member of AFCEA NOVA, hosting the event. "We want to fortify the folks who've served our country by helping them attend school, and this is another activity which will help us do that."

The race begins and ends in front of Coastal Flats restaurant, and the first-place finisher overall will receive a one-night stay and dinner at the Sheraton Premiere hotel in Tysons Corner. Winners in various age-group categories will be given gift cards for merchandise.

"This race is our first annual, and we hope to get 400-500 runners," said Race Director Dixon Hemphill, himself a veteran. "We're also hoping that both veterans and their supporters will show up to participate and root for them."

AFCEA stands for Armed Forces Communications and Electronics Association, and NOVA is the Northern Virginia branch. Each year, the organization

awards hundreds of thousands of dollars in scholarships to veterans.

Register for the race at www.vivavets.org. Cost is \$30/person or \$25 per individual on a team. Packet pick-up is Saturday, Sept. 28, from noon-3 p.m., at Potomac River Running, 11895 Grand Commons Ave., in the shopping center.

The course is USATF-certified and the race will be chip-timed. The first 300 runners will receive high-quality, moisture-wicking, commemorative T-shirts. Ice-cold water, fruit, bagels and other refreshments will be provided. The event will also feature an emcee, a deejay and the dance crew, Ignight Dance Fitness, to warm up the participants.

"There's easy parking, and it's a great course," said Hemphill. "It starts in the shopping center and goes out, with all right turns — which are easier for the runners. That's why it's such a popular course and why there are 25 races at Fairfax Corner this year. There are no streets to cross during the 3-mile loop, and police officers and race sentries will be stationed at critical points."

Event proceeds will help veterans attend college and earn advanced degrees. Traditionally, though, said Straub, AFCEA NOVA veterans' fundraising events have been one-day, IT (information technology) conferences.

"We applied the money raised from conference registration to the scholarships," he explained. "But this year, the Board of Directors wanted to do something active, outside and different, and this 5K is a way to reach new people in the community."



A New Beginning for Fairfax County Public Libraries?

Library trustees vote to discard beta plan in favor of more public outreach sessions.

BY VICTORIA ROSS
CENTRE VIEW

On Wall Street, a “beta” test refers to assessing the risk, volatility and expected return of a particular portfolio.

If Fairfax County Public Library officials had a crystal ball to assess the volatility of its planned beta tests this fall, it’s likely they may have steered clear of the project that became a quagmire of epic proportions.

“Yes, absolutely, this is the worst PR nightmare,” said Library Director Sam Clay, in an interview on Tuesday, Sept. 10. “I’ve been amazed at the power of social media, and the inaccuracies in all the blogs, emails and reporting. There’s no one magic button to press to correct all the inaccuracies.”

There may not be a magic button, but Library Board Chair Willard O. Jasper spoke the magic words that more than 250 critics of the plan turned out to hear during the Library’s Board of Trustees meeting on Sept. 11 at the George Mason Regional Library in Annandale.

Jasper announced that the library board had voted to immediately halt the beta tests until the board could schedule more outreach and communication opportunities for employees and patrons. The crowd, which spilled out into a hallway where they could watch the proceedings on a video monitor, applauded as the board approved Jasper’s motion to suspend consideration of the plan, a motion submitted by Clay.

“This is a new beginning for us,” Clay said after the two-hour meeting. “This is an opportunity to get more feedback and people involved in the process.”

Karrie Delaney, the Sully District appointee to the Library Board of Trustees, acknowledged “challenges ahead,” but added that it was “great to see people so engaged and to know that our public libraries are treasured. ... With the support of our community, and the expertise of our library staff and administration, I believe we can build and sustain an exceptional library system that serves all the people of Fairfax County.” Delaney has already planned a series of public town hall forums at Centerville and Chantilly libraries in October.

SEVERAL MEMBERS OF THE PUBLIC spoke briefly before the board’s vote, imploring board members to put the beta plan on hold.



Michele Sendow of Herndon and Anita Ramos of Centerville, both longtime library supporters and patrons, attended the Sept. 11 Fairfax County Library Board of Trustees meeting held at George Mason Regional Library in Annandale to urge board members to put the “beta” plan on hold. More than 250 critics of the plan attended the meeting.

“Libraries are sacred space. Books are sacred vehicles that transmit our culture,” said Kathy Kaplan, a longtime Reston resident and member of the Fairfax County Federation of Citizens Associations. “You are the trustees of the library. You have a sacred trust to protect the libraries for the people of Fairfax County,” Kaplan said to applause from the audience.

Criticism of the beta plan had been build-



From left: Library Board of Trustees member Charles Fegan, Board Chairman Willard Jasper and Library Director Sam Clay listen to public testimony during the Sept. 11 Fairfax County Library Board of Trustees meeting held at George Mason Regional Library in Annandale. More than 250 people attended the meeting.

ing since July, when Clay unveiled a program that would test a new organization model at the Burke Centre Library and the Reston Regional Library, the busiest library branch in the county. The reorganization, Clay said, streamlined staffing and eliminated redundancies while retaining a high level of service.

“Here’s the bottom line for me. I want the Fairfax County Public Library to be so vital and so vibrant in five years that no one could imagine going a day without interacting with our library.”

— Sam Clay, director of Fairfax County Public Libraries

But the plan, which include reduced staffing, cross-training staff members and lowering the education requirements for librarians sparked outrage among library volunteers, staff and patrons who call the plan “disastrous,” “a library meltdown” and “the end of our libraries as we know it.”

Clay said he was taken aback by the tone and tenor of the criticism.

“Everyone has difficulty with change. When all is said and done, when you have been in a job for a while, change is quite rightly a concern. I understand that,” Clay said.

Clay, who has a master’s of library science degree and has been head of the Fairfax library system for 31 years, said a makeover of the of the library system was necessary to deal not only with diminishing budgets, but also a digital world, where the Internet has replaced newspaper, e-books have supplanted paperbacks, and the latest films stream directly to your laptop.

Clay noted that in the past five years, the libraries’ budget has been cut by 23 percent and library visits have declined about 10 percent. Circulation is down about 6 percent over that time.

“We have a responsibility to look at the future of libraries and find ways to evolve and compete,” Clay said. “It’s a constant question — ‘can you try to change too much?’ The beta plan was not etched in stone. It was a test,” Clay said. “And it seemed to me it

was prudent, to say, ‘let’s try these things out. Let’s look at things like appropriate staffing levels.’”

But certain measures in the beta plan, such as giving the county the flexibility to hire librarians who may not have a master’s degree and reshaping the role of youth services librarians — infuriated employees and patrons and sparked a storm of protest.

Clay said he is committed to “starting from scratch,” getting feedback and input from stakeholders and employees. “New beginnings are always good. We welcome everyone’s input,” Clay said.

Michele Endow of Herndon said she looked forward to participating in the outreach meetings. A lifelong library patron, Endow said she was disappointed that Fairfax County seemed to be losing ground when it came to keeping up with library innovations.

“I signed up for computer classes, and instead of computer terminals, the instructor had just a slide machine. These classes should be hands-on, with computer terminals for students.

BUT SOME library staff and members of the volunteer Friends of the Library groups remain skeptical of any real change as a result of outreach efforts.

“I’m glad they put this on hold,” said Anita Ramos of Centerville. “But I won’t be happy until this entire beta plan is dead. Dead, dead and dead. Fairfax libraries have played an important role for ethnic minorities and people who don’t speak English. We need specialists who can provide the knowledge that the Internet doesn’t.”

Another longtime library advocate who asked not to be named because of possible job repercussions said much of the damage has already been done.

“Trashing thousands of perfectly good books, proposing the elimination of librarians, proposing the elimination of services for kids, proposing the downgrading of library staff both in literal grade and in the variety of depth of their work, sidelining the staff and Friends in the planning process — it is almost a posture of resignation and despair,” he said. “There is already a ruptured trust and lack of confidence from almost every stakeholder group which makes it hard to envision a bright, hopeful new future for FCPL under this leadership.”

“My 32 year commitment has been to produce the very best public library services in Fairfax County and the City of Fairfax,” Clay said. “There’s no way I would jeopardize that.”

Clay said the criticism stings — “It is hard. ... I can’t say this whole thing doesn’t bother me” — but what he needs to focus on is helping navigate the future of the library “at an incredibly perilous time.”

“Here’s the bottom line for me. I want the Fairfax County Public Library to be so vital and so vibrant in five years that no one could imagine going a day without interacting with our library,” Clay said.

SCHOOLS

Preparing for Global Competition

Terrell takes reins at Rocky Run Middle.

BY BONNIE HOBBS
CENTRE VIEW

Just in time for the start of the school year, Anthony Terrell took the reins as Rocky Run Middle School's new principal. The former assistant principal at Fairfax High replaced Matt Eline, who left Rocky Run to lead Robinson Secondary.

Terrell learned the job was his, Aug. 23, and was thrilled. "I was elated," he said. "It was like a dream come true."

He said what makes Rocky Run such a special place is the people. "They've all been fantastic," said Terrell, 46. "The faculty and staff have been very welcoming, as well as the parent community. And I met my first students at the back-to-school fair and the new-student orientation."

Initially, though, with a father in the Coast Guard, the Baltimore native wanted to become a Naval officer — and he did, eventually attaining the rank of lieutenant commander. He obtained a bachelor's in business from The Citadel and then served in San Francisco and Norfolk.

Afterward, Terrell worked as a computer-systems project manager for two different companies, but wasn't happy in that field. An uncle suggested he become a teacher, so he attended GWU and got a master's in English with an emphasis in ESOL.

He then taught ESOL at J.E.B. Stuart High School from September 1998-May 2003. "It's the best job I've had because I enjoy working closely with students, and there's no better way than as a teacher," he said.

In 2004, Terrell was director of high-school placement at KIPP, a charter middle school in Washington, D.C., and that's when he first became interested in working with middle-schoolers.

"I like the amount of leverage educators have with them," he said. "Middle-school kids are still searching for who they want to be. It's a time of exploration and discovery for them. They listen to you and respond to your best advice."

At the end of that year, however, Terrell was recalled to active duty in the Navy and, for most of 2005, served in Iraq and Kuwait "running checkpoints to interdict contraband coming in and out of Iraq."

He returned to the classroom that December as an ESOL teacher at Pimmit Hills Alternative High



PHOTO BY BONNIE HOBBS/CENTRE VIEW

New Rocky Run Principal Anthony Terrell at his desk.

School. He stayed until June 2007 and called his time there "really rewarding."

The next year, Terrell was an administrative intern with LEAD Fairfax at Fairfax High, working in various supervisory positions. Then from June 2008-February 2010, he was assistant principal at Cooper Middle School in McLean.

Next came Fairfax High again, from that February until this August. But this time, he was an assistant principal in charge of the math and ESOL departments.

Terrell applied for the principal's job at Rocky Run because, he said, "I'd been an AP for five years and I knew Rocky Run was an excellent school. I felt it was a good time to come back to middle school and I thought this school was a good fit for me. Rocky Run's a high-performing school, and the success reaches across all levels of kids, as well as raises the floor of achievement for all students."

"I think middle school is the gateway to 21st-century knowledge and skills — most importantly, critical thinking," he continued. "We start preparing students for competition in the global marketplace in middle schools all around the world."

Regarding his philosophy of leadership, Terrell said it's about serving others. "I see myself as a facilitator for people to discover their own strengths and how best to use them to move the school forward," he said. "My focus is on instruction — helping teachers increase their capacity to deliver higher-quality instruction."

Toward that end, he observes teachers in the classroom and then assists them in reflecting on their own ways of instructing to help them improve. He also encourages teachers to collaborate with each other

SEE TERRELL LEADS ROCKY, PAGE 7



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OPINION

Addressing Virginia's Economy

Ending gridlock in Congress and supporting health care reform would be huge steps in supporting economic recovery in Virginia.

The strength of Virginia's economy, especially Northern Virginia's economy, comes significantly from federal spending.

So while the governor and other elected officials claim that Virginia's success is because Virginia is a low-tax state with fewer regulations, it's worth considering that the sequester and continuing gridlock in Congress threaten Virginia's most important resource, federal spending.

Virginia receives more federal money per capita than any other state except Alaska. Virginia received \$136 billion in federal funds in

2010, more than \$17,000 from the feds per capita, and paid \$2,807 per capita in federal income taxes. (Data from Consolidated Federal Funds Report for Fiscal Year 2010 by State and County from the Census Bureau.)

Two examples: \$1.3 billion in federal transportation money came to Virginia. Virginia was on the receiving end of more than \$5,000 per capita in defense spending.

Current Virginia elected officials have barricaded the doors against expansion of an industry that would add more than 30,000 quality jobs in Virginia at no cost to taxpayers. The

expansion of Medicaid, which would provide healthcare to as many as 400,000 Virginians who currently cannot afford health insurance, would give Virginia's economy a significant boost, and create more than 30,000 jobs. Virginia taxpayers will still pay the taxes that will fund the expansion of Medicaid in other states without reaping the benefits of a healthier population and economic stimulus.

Private sector growth in Virginia depends on its educated and sophisticated workforce, on top school systems and universities. It depends on reliable transportation systems and access to high-speed internet. And it depends on continuing to attract federal contracting dollars.

Virginia's U.S. Senators Tim Kaine and Mark Warner both work in the best interests of the Commonwealth when they work to promote a culture of moderation and compromise in Congress.

EDITORIAL

LETTER

Riding To Honor Fallen Officers

To the Editor:

Last Wednesday was the 12 year anniversary of 9-11. The horrific events of Sept. 11, 2001, will never be forgotten. The service and sacrifice of 72 courageous law enforcement heroes will always be remembered at the National Law Enforcement Officers Memorial, and in my heart. Three federal officers were killed among the 69 New York state and New York City local officers.

I am a federal officer with 30 years of service. I am one of 900,000 law enforcement officers nationwide. I was lucky in that I was not on duty in NYC on that terrible day. My firearms instructor training trip was cancelled the previous week, to train my fellow agents in New York City. I was in law enforcement training in Baltimore County instead on 9-11. My New York agents were lucky too, working out of the city, out of their World Trade Center office that morning.

We all responded to this tragedy in New York, which was numbing and so upsetting to all of us. Seventy-two law enforcement officers died as heroes that day, along side of firefighters and emergency responders, while trying to rescue thousands of our fellow U.S. citizens.

So that's why I am riding my bicycle on Oct. 12 in the 2013 Law Enforcement Ride & Run to Remember. I'm asking for support from my Centreville community to make donations of \$72 in honor of our 9-11 fallen officers, one dollar for every officer killed on the deadliest day in U.S. law enforcement history.

You can donate on my fundraising website, go to <http://nleomf.org/>, click on "Law Enforcement Ride & Run To Remember", click "donate", and enter participant name "Kevin Whalen" to find my website.

If you visit the Memorial in Washington, D.C., the names of the 72 officers lost on Sept. 11 are all engraved together on Line 23 of Panels 9 through 22 of the west wall. <http://www.nleomf.org/officers/remembering-9-11/>

Thanks for remembering our 9-11 fallen officers.

Kevin Whalen
Senior Special Agent
U.S. Treasury
Centreville resident

History on Display

The Lane's Mill Chapter, Daughter of the American Revolution was responsible for the September display booth at the Centreville Library. The American History-themed display showcased the contributions of American patriots and statesmen as well as the history of the Virginia DAR State Regent's gavel. Posing with the display are chapter members Jane Shackleford, Mimi Spears, Kristi Harper, and Jennifer Smith.



PHOTO CONTRIBUTED

CSB Launches Good Neighbor Campaign

The Fairfax-Falls Church Community Services Board, the county agency that plans, organizes and provides services for people in the community who have mental illness, substance use disorders and/or intellectual disability, is launching a Good Neighbor campaign.

Community-based residential programs are needed to accommodate individuals with disabilities who are on long waitlists for community housing and who are leaving state training centers as a result of the legal settlement between the Commonwealth of Virginia and the U.S. Department of Justice. Group residential facilities, as they are known in the county's Zoning Ordinance, are a by-right use in every residential district.

Federal and state Fair Housing laws provide basic protections to people with disabilities who live in these settings. Group homes have been a part of our residential communities for decades. The Good Neighbor campaign, endorsed by the Board of Supervisors' Housing Committee, aims to help establish and maintain good

relationships among group home residents (and staff) and their neighbors, to prevent misunderstandings and concerns, and to enhance community acceptance of new homes.

The Community Services Board and more than 20 residential service and affordable housing providers throughout the county have joined together to endorse a set of commonly held "good neighbor" best practices for group home providers, staff and community members in Fairfax County and the cities of Fairfax and Falls Church. By signing this agreement, these organizations affirm their shared commitment and responsibility to uphold community values and standards in all of their residences.

The CSB has developed a "Good Neighbor" presentation to help community members learn more about group homes in Fairfax County and the Good Neighbor campaign. If any citizens association, civic group or faith community would like a presentation, contact Jeannie Cummins at jcum1@fairfaxcounty.gov or 703-324-7006.

CENTREVIEW

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SCHOOLS

Terrell Leads Rocky Run Middle

FROM PAGE 5

and also “to engage in action research. A teacher identifies a challenge, researches the solution, implements it and analyzes the results.”

That way, said Terrell, teachers look up strategies or interventions they can then use in their classrooms to address particular issues, such as parent involvement, student participation and attention, and classroom management.

He plans to continue Rocky Run’s participation in the Chantilly High Pyramid’s anti-bullying campaign because it was so successful last year. And, he added, “We’ll see if any other student-behavior areas need attention.”

Terrell will also evaluate the school’s instructional program for areas needing improvement “to help even more students be successful” there. “I won’t be happy until we’re at 100 percent,” he said. Additionally, he wants to beautify the building’s interior with more student artwork, as well as spruce up the landscaping outside.

He and his wife Karen have been mar-



Principal Anthony Terrell inside Rocky Run’s entrance.

ried almost nine years, live in Centreville and are the parents of two daughters, ages 7 and 5. Terrell is currently working on his Ph.D in Education Leadership at GMU. He’s also a runner and recently completed the Annapolis 10-Miler. And he enjoys reading historical biographies and listening to jazz, blues and classical music.

On the first day of school, Terrell greeted Rocky Run’s students outside as they arrived. He also praised Assistant Principal Dallas Washington, Director of Student Services Liz

Calvert and Interim Principal Joe Gracic for the “great job they did this summer as the administrative team preparing the school for the new year.”

Terrell says the toughest part of being a principal will be “managing multiple, competing priorities effectively. The students come first but, after that, prioritizing becomes a challenge.” What will give him the most satisfaction, he said, will be “sending well-prepared eighth-graders to their various high schools, ready to meet whatever challenges they’ll face.”

PHOTO BY BONNIE HOBBS/CENTRE VIEW

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SUNDAY, SEPT. 22

from **10 a.m. to 3 p.m.** at the
I-95 Landfill Complex
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Recycle televisions, computers and peripheral electronics - such as keyboards, scanners, printers, speakers, etc. - along with unbroken fluorescent tubes & light bulbs.

These are FREE events for Fairfax County residents only. For complete details, go online to www.fairfaxcounty.gov/recycling, or call 703-324-5052, TTY 711.



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ONGOING

Super Science Saturdays. 10 a.m.-3 p.m. the second Saturday of each month at the Steven F. Udvar-Hazy Center, 14390 Air & Space Museum Parkway. Visit <http://airandspace.si.edu/udvarhazy>.

FALL FESTIVAL SCHEDULE

Festival is Back. Fall Festival at Cox Farms, 15621 Braddock Road, Centreville, will have a preview weekend, Sept. 21-22 from 10 a.m.-6 p.m. Multiple slides, children's

activities, food and more are available. The festival will be open for regular hours, Saturday, Sept. 28 through Tuesday, Nov. 5 from 10 a.m.-6 p.m. (closing at 5 p.m. in November.) Pumpkin Madness will be Nov. 2-3 from 10 a.m.-5 p.m. Visit www.coxfarms.com for more.

FIELDS OF FEAR SCHEDULE

Get Scared. Fields of Fear at Cox Farms, 15621 Braddock Road, Centreville is back. Go through a haunted corn maze, take a hayride or go down a slide. Runs Friday and Saturday nights, Sept. 27 through Nov. 2 with a bonus night on Sunday, Oct. 13. Hours are 7:30-11:30 p.m.

with last admission at 10 p.m. (earlier if sold out.) Visit www.fieldsoffear.com for tickets, map and more.

THURSDAY/SEPT. 19

Meditation. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can enjoy a free workshop. Registration required. 703-502-3883.

Starlight Storytime. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Children of all ages can wear pajamas and bring a favorite stuffed friend and enjoy stories and fun. Free. Registration required. 703-830-2223.

BULLETIN BOARD

Email announcements to centreview@connectionnewspapers.com. Deadline is Thursday at noon. Photos welcome.

FOOD COLLECTION

The three Centreville area congregations of the Church of Jesus Christ of Latter-day Saints (Mormon), together with others in the community, will partner to **collect donations of non-perishable food** for Our Daily Bread, which helps individuals and families in the Fairfax County area who are struggling to make ends meet. Additional partners include Shoppers Food Warehouse, 6335 Multiplex Dr, Centreville, where volunteers will collect food on Saturday, Sept. 21, 10 a.m.-2 p.m.

SATURDAY/SEPT. 21

Yard Sale. 8 a.m.-noon behind the Church of Christ in Fairfax. Proceeds benefit the National Alliance on Mental Illness. Browse products by Avon, Pampered Chef, 31 Bags and more.

Ski for Light. 6 p.m. at Norway House, 3846 Meredith Drive, Fairfax. The Sons of Norway Lodge will present a program by participants and guides relating their experiences with Ski for Light www.sfl.org. Free. 703-573-5943.

SUNDAY/SEPT. 22

Author Discussion. 4-5 p.m. at Sully Historic Site. Paul Dickson will discuss "Words from the White House," which deals with words and phrases created by U.S. presidents. Free. To make a reservation, 703-437-1794.

TUESDAY/SEPT. 24

Informational Meeting. 7-9 p.m. at Fairfax County Police training facility, 4900 Stonecroft Blvd., Chantilly. Teens and their parents can learn about a career in law enforcement, starting with Explorers. Free. Visit www.fairfaxcounty.gov/police/getinvolved/explorers.htm for more on the program.

WEDNESDAY/SEPT. 25

Legislative Candidate Night. 7 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Meet the candidates for sheriff and state delegates for districts 36, 37, 40, 67, and 86. Jointly sponsored by the League of Women Voters of the Fairfax Area and the Sully District Council of Citizen Associations. For information, contact Olga Hernandez at 703-815-1897 or wm@LWVNCVA.org or Jeff Parnes at 703-424-2956 or 1stvicepresident2013@sullydistrict.org.

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New Life...703-222-8836

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Church of the Blessed Trinity...
703-803-3007

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St. Veronica Catholic Church...703-773-2000

EPISCOPAL

Church of the Epiphany...703-715-6070
St. John's Episcopal Church...703-803-7500

Magic and Mayhem. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Girls and boys in grades 6-8 can participate in this sci-fi/fantasy book group. Call for title. Free. Registration required. 703-502-3883.

FRIDAY/SEPT. 20

Capital Home Show. 10 a.m.-9 p.m. at Dulles Expo Center. Headlining the show will be DIY Network's Bath Crashers and Bathtastic Matt Muenster as well as HGTV's Design Star Meg Caswell. \$10/box office ticket; \$7/adult online; \$6/group of 20 or more; \$3/children 6-12; free for children 5 and under. Visit www.capitalhomeshow.com for a full list of companies and vendors.

Yoga Storytime. 4 p.m. at Chantilly Library, 4000 Stringfellow Road. Children ages 6-9 can enjoy story time that incorporates basic yoga moves. Free. Registration required, 703-502-3883.

Swing Dance. 8:30 p.m., lessons; 9 p.m.-midnight, dancing at Hilton Washington Dulles Airport, 13869 Park Center Road, Herndon. \$15. Enjoy music by Soul Tones of Swing.

SATURDAY/SEPT. 21

Capital Home Show. 10 a.m.-9 p.m. at Dulles Expo Center. Headlining the show will be DIY Network's Bath Crashers and Bathtastic Matt Muenster as well as HGTV's Design Star Meg Caswell. \$10/box office ticket; \$7/adult online; \$6/group of 20 or more; \$3/children 6-12; free for children 5 and under. Visit www.capitalhomeshow.com for a full list of companies and vendors.

Master Gardeners. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on their home gardens. Free. 703-502-3883.

Storytime. 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-830-2223.

TREEmendous Forest Festival. Noon-4 p.m. at Ellanor C. Lawrence Park, 5040 Walney Road. Decorate butterflies to put on a tree, enjoy animal shows, learn about healthy forests and gardens and more. Free, but some activities are fee based. Visit www.fairfaxcounty.gov/parks/ecl/calendar.htm for more.

SUNDAY/SEPT. 22

Capital Home Show. 10 a.m.-6 p.m. at Dulles Expo Center. Headlining the show will be DIY Network's Bath Crashers and Bathtastic Matt Muenster as well as HGTV's Design Star Meg Caswell. \$10/box office ticket; \$7/adult online; \$6/group of 20 or more; \$3/children 6-12; free for children 5 and under. Visit www.capitalhomeshow.com for a full list of companies and vendors.

Dinnerware Lecture. 2 p.m. at Total Wine Store in Chantilly. Presented by the Wedgwood Society of Washington, D.C., with a lecture by Dr. Margaret Carney, founder The Dinnerware Museum. Enjoy a free wine tasting. Visit www.WedgwoodCapital.org for more.

MONDAY/SEPT. 23

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Sully Book Club. 1 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Discuss "Death at Pemberley" by P.D. James. Free. 703-830-2223.

Bookalicious! Book Group. 2:15 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades 3-4 can discuss a book. Free. 703-502-3883 for title.

Afternoon Adventures: Sculpture and Skyscrapers. 3 p.m. at Centreville Library, 14200 St. Germain Drive. Children ages 6-12 can work with varied media to create a clay figure, bridge, tower and a wire armature. Registration required 703-830-2223.

Writers of Chantilly. 6:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can share their work and receive feedback. Free. 703-502-3883.

ESL Book Club. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.



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Stravinsky: *Pulcinella* Suite



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ROUNDUPS

FROM PAGE 3

Area and the Sully District Council of Citizen Associations. For information, contact Olga Hernandez at 703-815-1897, wm@LWVNCA.org or Jeff Parnes at 703-424-2956 or 1stvicepresident2013@sullydistrict.org.

Free Carseat Inspections At Sully Police Station

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Sept. 26, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Get Neighborhood Watch Information

Anyone interested in becoming involved in Neighborhood Watch or stating such a group in their community can learn how to do so. A meeting on this topic will be held Monday, Sept. 30, at 7:30 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. For more information or to RSVP, contact FCPDSULCPO@fairfaxcounty.gov or call 703-814-7018.

Local Election Officers Are Needed

The Fairfax County Office of Elections needs approximately 2,200 election officers – particularly bilingual ones – for the Nov. 5 general election, and it's seeking the public's help. Election officers must be registered voters in Virginia and must complete required training and forms.

Applicants may choose to accept the \$175 payment for a full day's work or volunteer their time. For the application form, go to <http://www.fairfaxcounty.gov/elections/training/1aaug2013electionofficerappfinal.pdf>.

Residents may also apply online through the Virginia State Board of Elections at <http://www.sbe.virginia.gov/OnlineForms/OfficerofElection>. Information submitted will be forwarded to the Fairfax County Office of Elections.

Food Donations Sought For WFCM

Western Fairfax Christian Ministries' food pantry urgently needs donations of oil, canned fruit, rice (2-lb. bags), canned meat, canned white beans (garbanzo, northern, cannellini, navy), fruit juice, hot and cold cereal, Hamburger Helper, dry pasta, spaghetti sauce, sugar, dry beans, Ritz/Saltine crackers and canned vegetables. (Also needed are toothpaste and deodorant).

Bring all items to WFCM's new food-pantry location, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

Thrift-store needs include fall clothing, shoes, and fall and winter coats in good condition for all ages, Bibles in English and Spanish, plus large black yard bags. The store is at 13939 Metrotech Drive. In addition, Thrift Store volunteers are needed for two- to four-hour shifts Fridays, between 9 a.m. and 6 p.m., and Saturdays, between 9 a.m. and 5 p.m.

NEWS



Rick Galliher with one of his 1-800-GOT-JUNK trucks.

1-800-GOT-JUNK Turns 10

Chantilly junk hauler shares tales on the road to making millions.

BY STEVE HIBBARD
CENTRE VIEW

On Aug. 23, Rick Galliher, 54, of Reston, celebrated the 10-year anniversary of his business, 1-800-GOT-JUNK, the million-dollar franchise he runs out of a Chantilly warehouse. The company's motto is "anything two guys can lift," and his crews have done some pretty heavy lifting — 11,000 tons worth.

"We discovered early on that some people throw away really good stuff," he said.

He also learned an important lesson when he gave his wife candles that he found on a job. Rule No. 1, he said, is to never bring home junk from work. "That gift did not go over well," he added.

The most commonly requested items for pick up are treadmills and exercise equipment. He will not haul hazardous materials like antifreeze, paint, household chemicals or car oil.

Single items — like fridges or stoves — cost \$99 to remove. For full truckloads, the cost is \$578.

His ZIP code territory covers Fairfax County outside the Beltway, Loudoun, Fauquier, and Prince William counties. He says the closer the home is to the Beltway, and the higher the income — the more junk the homeowners possess.

He started 10 years ago working from his basement by picking up a couch for \$90. This was after he invested in the 1-800-GOT-JUNK franchise based in Vancouver, Canada. In two years, the company grew to six trucks. Last summer, he had 20 employees using four trucks a day.

His employees are mostly male GMU students who earn \$10 per hour (plus incentives). They must be able to lift 100 pounds. Today, he averages 2,500 jobs a year, and has a 4,500-square-foot warehouse in Chantilly for sorting.

He gets requests for very heavy pianos, x-ray machines, commercial restaurant equipment and bank ATMs, which took six guys to lift into a truck. For the bigger stuff, he'll take a chainsaw and sledge hammer and break it down into smaller pieces.

He tries to recycle and donate what he finds, sorting junk into three separate piles: reusable items, recyclables and trash. "Now we are recycling eight truckloads a week," he said.

Some stuff goes to a scrap metal dealer, clothes go to the Good Samaritan Thrift Shop on Route 50, and the quality items go to Hash Auction in

Berryville. Construction materials go to Habitat for Humanity in Chantilly.

Over the years, he's encountered some odd junk.

He recalls a four-foot tall, \$300,000 atomic clock that measured the time an atom takes to decompose. It had a system of valves, cylinders, and knobs, and resembled a space ship, he said. An electronic shop in Sterling was moving to California and needed to get rid of it. When he picked it up, someone knocked it off a table and it fell into pieces, so it quickly became scrap metal.

There was an Alexandria woman with an interior-garden business who got sick. So she called Galliher to haul away 700 boxes of plastic flowers and plants, requiring six truck loads. "We found a charity that furnished homeless people's new apartments," he said. "So we managed to get rid of a lot of flowers that way."

He recalls a national shoe drive where he collected thousands of pairs of shoes for Soles for Souls, which donates to disaster victims. "We went to people's homes and picked up the shoes and brought them to a warehouse in Columbia," he said.

"Everybody thinks their stuff is worth a lot of money," he said. "But, in fact, it never sells for what you think it's worth." However, he said that good, quality-made furniture does sell.

Mary Woods, 82, of Mount Vernon has moved multiple times, being the wife of a retired U.S. Army major general. Just three weeks ago, she used Galliher's services.

"I had them come and haul away a bunch of old stuff that had been in the house and things we have collected over the years," said the 100-pound Woods. "We are a military family and I am used to getting rid of things, but I could not get over how wonderful everybody in the organization was."

She says the people who work for Galliher are kind and polite. "They took away a lot of old stuff, and moved some stuff in the house that I could not move myself," she said. "They are an exceptional company."

Rich Paddeo, 35, of South Riding is the facilities coordinator for 23 branches of the Apple Federal Credit Union. Based in Fairfax, he uses 1-800-GOT-JUNK to remove ATM and coin machines, leftover furniture and everything in between. As his company moves into new spaces, Galliher's crew has been diligent in providing manpower for his projects.

"We do different renovations of the branches, and we have to deal with some cluttered areas, and they've been helpful with that," said Paddeo. "And as equipment becomes obsolete — ATM machines and coin machines — they are able to dispose of that for me."

There are a dozen different price points at 1-800-GOT-JUNK. Go to www.1800GOTJUNK.com for the full list.



PHOTO COURTESY OF ART AT THE CENTER

Students in the Art Explorers class at Art at the Center in Mount Vernon explore mediums like clay, collage, painting and drawing. Experts say creating art helps children build relationships.

Art Matters for All Ages

Local experts say art classes help children develop new skills.

BY MARILYN CAMPBELL
CENTRE VIEW

If you walk into Art at the Center in Mount Vernon on a Tuesday morning, you might find a group of preschool students and their parents or caretakers squishing potting clay with their fingers. In the same room, several other tots could be brushing an array of paint colors across art paper, making a mess but having fun. The children are part of the Center's Art Explorers class, designed for children ranging from 18 months to 5 years old.

"Parents say it is their happy place where they can explore with their child without worrying about a mess," said Kathryn Horn Conway, director of Art at the Center. "It brings both parent and child into the present moment."

In addition to having fun, art educators say that art can help children develop a myriad of skills and abilities that range from self-expression to self-confidence.

"Creating art can help them work through their emotions," said Gioia Chilton, an art therapist who teaches art at Marymount University in Arlington. "It gives them a place where they can be confident, and where they can feel powerful and in control over something."

Creating art teaches patience, said Conway. "When children are working with clay, for example, there is little instant gratification. You make a piece, it has to be fired and then glazed. It is a process. But at the end, they can tell the story of

how they made it."

Chris Haggerty, a professor of fine and applied arts at Marymount University, says research shows that art develops the right side of the brain, which affects perception rather than logic. "Creating art teaches problem-solving skills," she said. "They get to try things out, see if they work, change their minds and start over."

Coneway, who is also an art therapist, said she has seen first-hand how art can help children share feelings that are difficult to verbalize. "Making things is a wonderful way for kids to connect ideas, express emotions and share what is going on with them," she said. "Additionally, art is noncompetitive. Children progress at their own rate."

Art also helps establish a sense of community, she added. "Sometimes connections happen when children share their art," she said. "It is neat when kids ask questions of each other. The sharing of what they make is as important as what they make."

Carolyn Webber, an art teacher at St. Andrew's Episcopal School in Potomac, Md., said, "Art is a universal language. Art education enables students to make creative connections with art and the world around them. [It] provides life-long learning in areas of visual arts, art history, interdisciplinary connections, multiculturalism and job opportunities."

Haggerty said, "The most successful people are creative thinkers, people who don't just think linearly, but who think outside of the box."

Coneway hopes that both her classes and others establish a life-long appreciation for art. "One of the things that I hope is happening is that parents and children are leaving my classes, going home and asking, 'Can we set up a corner our basement and have an art studio at home?'"

"Art is a universal language. Art education enables students to make creative connections with art and the world around them."

— Carolyn Webber, art teacher, St. Andrew's Episcopal School

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‘Finished on Time, Within Budget’

FROM PAGE 1

An interchange was needed because of constant traffic congestion and rush-hour backups at the intersection of both parkways. Motorists on Fair Lakes Parkway and Monument Drive also benefited because local and parkway traffic are now separated.

The Fairfax County Parkway was widened within the existing median to six lanes — three in each direction — between I-66 and Route 50. And Fair Lakes Parkway was enlarged to accommodate the necessary left-turn lanes for the interchange.

Signalized intersections at Fair Lakes Parkway and Monument Drive were eliminated, and the new lanes on the Fairfax County Parkway made traffic flow better from south of I-66 to north of Rugby Road. The project’s centerpiece — a split-diamond, grade-separated interchange — was constructed so a free-flowing Fairfax County Parkway would bridge over Fair Lakes Parkway and Monument Drive.

Last week, McDonnell, VDOT representatives and local politicians gathered in the parking lot of Logan’s Roadhouse in Fair Lakes, overlooking the new interchange, to celebrate the project’s completion and recognize those responsible for its success.

“This was a \$69.5 million project, and it was finished on time and within budget,” said county Board of Supervisors Chairman Sharon Bulova. “I congratulate everyone who worked on it. And it was miraculous to see the traffic continue to flow during the work.”

Noting that the money fueling this project was a combination of state and local dollars, plus \$40 million in federal stimulus funds, she also thanked Rep. Gerry Connolly (D-11) for helping funnel those stimulus dollars to the interchange effort.

“Transportation improvements sometimes move at a glacial pace, so it’s important that officials have the determination to find the funding for them and then follow through,” said Bulova. She also praised the ornamental lighting, sound walls and landscaping installed throughout the 3-mile project area. And she thanked McDonnell “for bringing new transportation dollars to this area,” adding that the interchange “will enhance the identity of Fair Lakes.”

Supervisor Pat Herrity (R-Springfield) described the Fairfax County Parkway as



PHOTOS BY DEB COBB/CENTRE VIEW

Cutting the ribbon on the Fair Lakes/Fairfax County parkways interchange are (from left) VDOT Northern Virginia District Administrator Helen Cuervo; Virginia Secretary of Transportation Sean Connaughton, President/CEO of Shirley Contracting Michael Post, Del. Tim Hugo, Gov. Bob McDonnell, Sen. Dave Marsden, Supervisor Pat Herrity, Del. Jim LeMunyon, Board of Supervisors Chairman Sharon Bulova and Commonwealth Transportation Board members Fran Fisher and Gary Garzynski.

“one of our main streets.” He said the interchange project couldn’t have happened without the teamwork and leadership of entities including VDOT, the Fair Lakes League, county staff and local businesses.

He also thanked the governor plus Secretary of Transportation Sean Connaughton — also at the ceremony — for “making such a significant impact on transportation in Virginia.” Afterward, Herrity said his own contribution to the project came early on.

“The high, electrical transmission wires crossing Fairfax County Parkway had to be raised, and Dominion had allocated two years on the project timeline for utility relocation,” he said. “So I contacted Dominion and asked them if they could do it sooner — and they did it in four months, shaving a year-and-a-half off the project time.”

In addition, said Herrity, VDOT and Shirley Contracting worked well with the surrounding businesses to make sure they didn’t lose customers because of the project. He said VDOT “listened to the business owners and then revised and adjusted its detours so people could still get to the businesses.”

State Sen. Dave Marsden (D-37) called the project “an example of state, federal and local government working together.” And

Del. Jim LeMunyon (R-67) said he hoped it would be one of many more ribbon-cuttings they’d be doing now that Northern Virginia has “some money to make a difference.”

“This is the type of congestion-mitigation project that gets people from point A to point B,” said Del. Tim Hugo (R-40). “We’ll next be working on I-66/Route 28.”

McDonnell praised the police for steering traffic around the workmen to keep them safe during the course of the project. And, he said, “We’ve made a sea change in transportation funding in the most congested area — the Washington Metropolitan area — in the nation.”

He said that the \$3 billion bond package in 2011, plus more monetary advancements this year will generate \$17.6 billion over the next six years. “This is a 54-percent increase over the last six-year plan,” said McDonnell. “When Northern Virginia does well, so does the rest of the state.”

And while pleased with the completion of the parkway interchange project, he said, “It’s just a down payment on the future traffic improvements that you’ll see here in the coming years. They’re key to enhancing the entrepreneurial climate here and attracting businesses. If you don’t have good roads, you can’t attract families to come here and live.”

Interchange Project Facts/Details

The interchange has been planned since the 1980s when the Fairfax County Parkway was first built.

- ❖ The preliminary designs for construction began in 2002 (project was delayed for several years due to lack of funding).

- ❖ The project went to right-of-way acquisition in 2007 (VDOT’s Northern Virginia District pushed for right-of-way approval early, even though funding for construction was not included in VDOT’s six-year plan, so the project would be ready for construction if funding became available). This later proved critical to be able to use stimulus funding for it.

- ❖ \$40 million in stimulus funding for construction was secured for the project.

- ❖ Construction began in October 2010 and took three years. It’s scheduled to be completed early next month.

- ❖ Total project cost was \$69.5 million, and it was finished ahead of schedule and on budget.

- ❖ It widened Fairfax County Parkway from four to six lanes from south of I-66 to north of Rugby Road, for more than 3 miles.

- ❖ The speed limit was dropped on Fair Lakes Parkway and Fairfax County Parkway, within the project limits during construction, to increase safety of motorists and the contractor’s staff.

- ❖ A phased construction plan was designed and implemented during construction to minimize traffic delays along the Fairfax County Parkway.

- ❖ To minimize impacts during construction, the Parkway retained full access to Fair Lakes Parkway and Monument Drive via traffic shifts that included signal adjustments.

- ❖ Existing signals were eliminated for through traffic at Monument and Fair Lakes Parkway.

- ❖ New ramps were constructed to take local traffic off the Fairfax County Parkway.

- ❖ Special attention was given to aesthetics, including landscaping throughout and simulated-stone, sound-barrier and retaining-wall finishes.

- ❖ Shared-use paths and sidewalks were constructed to enhance pedestrian access at the interchange and to the Rocky Run Stream Valley Park trail system.

- ❖ Improved traffic flow on the Fairfax County Parkway, Fair Lakes Parkway and Monument Drive will save daily commuters time on their trips to work, school and shopping.

PROJECT DETAILS:

Fair Lakes Parkway and Monument Drive intersections with the Fairfax County Parkway were initially at-grade, signalized intersections. Built was a split-diamond interchange with two, new overpass bridges at Monument Drive and Fair Lakes Parkway, separating local and through traffic.

The bridge at the Route 50 interchange was widened to accommodate the additional through lanes along the existing median.

To complete the project, Shirley Contracting and its subcontractors:

- ❖ Moved more than 500,000 cubic yards of earth;

- ❖ Placed more than 162,000 tons of asphalt

- They also installed:

- ❖ More than 14,000 feet of new, storm-drainage pipe

- ❖ 197 storm-drainage structures

- ❖ 70,000 square feet of sound-barrier walls

- ❖ 55,000 square feet of retaining walls

- ❖ 3 new signalized intersections

- ❖ 12 new overhead signs

- ❖ Landscaping throughout the interchange

- Residents may now enjoy:

- ❖ No traffic signals on Fairfax County Parkway from Popes Head Road to Route 50.

- ❖ Significantly improved traffic flow on Fair Lakes Parkway and Monument Drive because local and Parkway traffic are separated.

- ❖ Improved traffic flow at I-66, Route 50 and Rugby Road with the additional lanes of Fairfax County Parkway.

— SOURCE: VDOT



Gov. Bob McDonnell speaks; (on left) are Sen. Dave Marsden, Del. Jim LeMunyon and Supervisors Chairman Sharon Bulova.



Board of Supervisors Chairman Sharon Bulova addresses the crowd; (on left) are Del. Tim Hugo, state Sen. Dave Marsden and Del. Jim LeMunyon.

SPORTS

Westfield's Emily McNamara, right, and Fairfax's Sara Allen go for the ball during Tuesday's contest at Westfield High School.



PHOTO BY CRAIG STERBUTZEL/CENTRE VIEW

WHS Field Hockey Beats Fairfax

Johnson, Winesett score goals for Bulldogs.

By JON ROETMAN
CENTRE VIEW

The Westfield field hockey team, which has reached the state tournament each of the past two years, opened the 2013 season with a rare loss to an area opponent, falling to South County 2-1 on Aug. 28.

On Tuesday, Westfield had another opportunity to face a quality local opponent when the Bulldogs hosted four-time defending Liberty District champion Fairfax. This time, Westfield took care of business.

Justine Johnson and Katie Winesett each scored a goal for the Bulldogs and Emily McNamara tallied two assists as Westfield defeated Fairfax 2-0 on Sept. 17 at Westfield High School. Johnson scored with 4:07 remaining in the first half and Winesett gave the Bulldogs an insurance goal with 21:37 left in the contest.

"It wasn't the prettiest game, but you know what? They persevered, they stayed in it the whole time [and] they really wanted it," Westfield head coach Starr Karl said. "... It's always a great game [against Fairfax]. [Their] coach, I coached in high school and she's out to get me every year."

Karl coached Rebels head coach Amber Beaudoin when Beaudoin was a player at Fairfax.

"It wasn't the prettiest game, but you know what? They persevered, they stayed in it the whole time [and] they really wanted it."

— Westfield field hockey coach Starr Karl

"Of course you want to beat your coach," Beaudoin said, "but more importantly, you want to be the best team on the field and that's what we were not today."

Westfield's McNamara helped assure Karl wouldn't lose to her formal pupil, contributing an assist on each Bulldog goal.

"She's a great distributor," Karl said. "She's very smart, great feeder, great team player tonight. She did an awesome job."

McNamara, a junior, was among the area leaders in assists last season.

"I play basketball, also, and that helps with my vision," she said. "I have such good vision that it makes it a lot easier to make the pass — make the right pass."

Westfield improved to 6-2, including a 3-1 victory over West Springfield on Sept. 3 in a rematch of last season's region semifinal. The Bulldogs have three seniors on the roster who are in their fourth varsity season — Ashley Little, Katelyn Rennyson, Rachel Ulsh — and the team has high expectations.

Fairfax fell to 5-3. The Rebels' victories include wins against West Springfield and McLean. Emily Freeman and Meg Robertson are the team's top scoring threats.

"Our growth at Sept. 17 is not what I'm concerned (about)," Beaudoin said. "Our growth Oct. 17, that's where I'm concerned."

Westfield will travel to face Chantilly at 7:30 p.m. on Thursday, Sept. 19. Fairfax will travel to face Georgetown Visitation at 4 p.m. on Friday, Sept. 20.

South County (2-0) at 7:30 p.m. on Friday, Sept. 20.

Chantilly defeated Lee (61-22) and Madison (41-17).

Centreville is also undefeated. The Wildcats (2-0) had a bye last week and will travel to face Hayfield (0-2) at 7:30 p.m. on Friday, Sept. 20.

Centreville defeated West Potomac (51-7) and T.C. Williams (44-16).

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SPORTS BRIEF

Area Football Games

The Westfield football team will travel to face Lake Braddock at 7:30 p.m. on Friday, Sept. 20 in a matchup of 2-0 teams.

The Bulldogs defeated Hayfield (35-13) and South Lakes (45-7) and had a bye last week.

The Chantilly football team is 2-0 and averaging 51 points per game. The Chargers will host



A Michael & Son Fun Zone at Fair Oaks rendering.

New Fun Zone Comes to Mall

Michael & Son Services, a home improvement service, will sponsor the new Michael & Son Fun Zone play area at Fair Oaks Mall through 2018. The Michael & Son Fun Zone, now under construction as part of Fair Oaks' multi-million dollar renovation, is scheduled to open in November of this year. The new play area will be located in the wing located off the center courts at the lower level entrances to the Fair Oaks DMV, JCPenney, Talbots, Regis Salons and Sweet Rainbow.

The new Michael & Son Fun Zone will feature a variety of activities and play areas for youngsters. Children will be able to crawl through oversized tape measures and colorful rolls of electricians tape or sit atop a large antique shower knob. The centerpiece of the Michael & Son Fun Zone will be a 15-foot long replica of Michael & Son's signature blue and white truck, giving youngsters a chance to get behind the steering wheel or climb into the truck by way of a stair made of a 17-foot long hammer and then slide down the back of the play vehicle.

One of the most unusual features of the Michael & Son Fun Zone will be a larger-than-life paintbrush with a brightly colored paint blob.

The paint blob will be a soft cushion made with heat-sensitive upholstery that will change colors when children leave handprints on the fabric. The entrance to the Michael & Son Fun Zone will have a base relief of Mousa "Mike" Mansour, founder of Michael & Son in 1976, and "Lil Mike" (Basim Mansour, president and son) that will measure youngsters up to 42" tall as they enter the Fun Zone.

"We are thrilled to be the new sponsor for the play area at Fair Oaks," said Basim Mansour. "I have two young boys of my own and I can't wait to bring my kids there to enjoy the Fun Zone."

The Michael & Son Fun Zone will have continuous interior cushioned seating for parents and guardians, plus a 50" monitor showing home improvement tips from the Michael & Son "Helping Hands" television series.

For more information visit www.michaelandson.com.



PHOTO CONTRIBUTED

Raising Funds for PTA

Students volunteer to serve food and students buy food from the Ed Lang Team at the Rocky Run Middle School Fair, to raise money for the PTA. The Ed Lang Team/Remax Premier once again joined Rocky Run Middle School's Back to School Fair by providing a cookout at the event. All proceeds support PTA activities such as the In-School Tutor Program. The fair was held Aug. 28.

A Study in Contrasts



By KENNETH B. LOURIE

The decision for yours truly to participate in a Phase 1 Study at N.I.H. or Johns Hopkins (depending upon availability and qualifications) discussed in last week's column has been put on hold, temporarily. It seems that my oncologist was thinking about me over the holiday weekend and called me on Wednesday following Labor Day to say he had a diagnostic idea concerning me: a 24-hour urine collection (a "Creatinine Clearance Study") which would provide a more accurate reading (than the regular lab work I have; from blood) of my kidney function. Although the logistics haven't been worked out – insofar as exactly how I get a sample to their lab – "the idea" as my father used to say, "has merit," so I happily agreed in principle and awaited a phone call from my oncology nurse to explain the dos and don'ts.

Apparently, there is yet one more chemotherapy drug – of recent vintage, and design, that my oncologist would like to try. He hasn't suggested its infusion previously, because like many drugs, it is filtered through the kidneys; and after four-and-a-half years of varying types of chemo/targeted therapy, (I.V. and oral) the damage to my kidneys – particularly as evidenced by my elevated creatinine level and below-average "glomerular filtration rate" (45 when 60 is normal) is and always has been cause for concern and caution. Collateral damage as I call it, is still damage, and renal failure/kidney dialysis is all it's cracked up to be: not good, so diagnosis-to-date, we've avoided the risk. I've always agreed that since trouble has already found me, I'm hesitant to look for it. Perhaps there will yet be a reward for our prudence and patience.

Per the over-the-phone instructions I eventually received, I submitted my 24-hour sample on Monday morning. At 10:11 that evening, my oncologist e-mailed my test results. Although the colors were not flying, the test results were nonetheless improved, sufficiently so that we are indeed going ahead with I.V. chemotherapy once again. Therefore, for the immediate future, anyway, N.I.H. and Johns Hopkins are "back-burnered." Alimta, the I.V. chemotherapy drug which I will be infusing, is my new best friend. A drug designed specifically for the treatment of patients with non-small cell lung cancer (me); every three weeks living forward, I will be infused at the Infusion Center. The entire process will take about two hours, I was told. "Two hours" I can do in my sleep, which sometimes is exactly what I do (the BarcaLoungers are extremely comfortable and the warm blankets are super cozy). So here we go, again. Nevertheless, it feels right.

If I had been accepted into a Study, my treatment would have been experimental and as such – if not more, about the next person. As it was explained to me by my oncologist, I would have been sort of a guinea pig, being injected with an experimental, non-FDA-approved medicine that previously had showed some promise when treating mice. I have no problem with this process and understand that such pursuits occasionally provide miraculous outcomes, and I'm certainly open to reconsidering should the opportunity present itself. However, going from a definite maybe at N.I.H. to an FDA-approved for the treatment of non-small cell lung cancer drug seems like a no-brainer, even for me. Granted, I'm still a long way from anywhere, but it feels good to be back in the game, rather than being on the sidelines, sort of (with all due respect to N.I.H. and Johns Hopkins).

My future is now and thanks to this most recent diagnostic test, my treatment with Alimta can also be now; Friday the 20th, actually.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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OBITUARY

Walter Keith Zittle, 84, of Centreville, Virginia, passed away September 12th, 2013 at the Gardens at Fair Oaks Assisted Living.

Born October 31st, 1928 in New York, he was the son of Louis P. Zittle and Margaret Meriau Zittle. On August 2nd, 1952 in Macon, GA, he married the former Delores Weaver, who preceded him in death on January 26th, 2007. Walter was a member of the Centreville Baptist Church for over 28 years where he served as a deacon, and was a member of the Go-Go Social Group (God's Own Golden Oldies)

He was preceded in death by his beloved wife, Delores Zittle; two brothers and one sister. Survivors include two sons, William (Margie) Zittle of Chantilly; Robert (Lee) Zittle of Had-dock, GA; one sister, Joan Pentney of Palm Harbor, Florida; three grandchildren, Nicolette Detwiler and her husband Jo-sias; Keith Zittle and his wife Sharon; Scott Zittle; one great-granddaughter, Hailey Grace Detwiler; and one great-grand-son, Cole David Detwiler.

The family will receive friends on Sunday, September 15th, 2013 from 1-4 p.m. at the Baker-Post Funeral Home & Cre-mation Center, 10001 Nokesville Road, Manassas, VA.

Funeral Services will be held on Monday, September 16th, at 11:00 a.m. at the Centreville Baptist Church, 15100 Lee High-way, Centreville, with Pastor Milton Harding, Pastor Bill Hatcher, and Pastor Gary Maines officiating.

Interment will take place in Quantico National Cemetery on Tuesday, September 17th, 2013 at 11:00 a.m.

Memorial contributions may take the form of a donation to the Alzheimer's Association, National Capital Area Chapter, 11240 Waples Mill Road, Suite 402, Fairfax, VA 22030. Please sign the guestbook at www.bakerpostfh.com.

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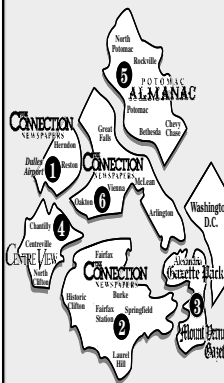
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