

# Taking Time To Remember Sept. 11, 2001

**“Evil will always be overcome.”**

BY BONNIE HOBBS  
 CENTRE VIEW

**L**ocal residents commemorated the anniversary of 9/11 last week in a variety of ways. Some shared memories of where they were when they first heard the news about planes crashing into the World Trade Center.

The firefighters of West Centreville Station 38, as is their tradition, placed 343 American flags on the lawn in front of their station. Each bore the name and was in honor of the 343 New York firefighters killed on Sept. 11, 2001.

And at the monthly meeting of the Sully District Police Station’s Citizens Advisory Committee, last Wednesday, Sept. 11, the station’s chaplain, Duke Bendix, spoke in remembrance of that tragic day, 12 years ago.

“It is true that, when we remember the day, we carry images of destruction, terror and death,” he said. “To those who knew people who died that day, this annual remembrance is a time of mourning and memorial to their loss.”

“I’m reminded of a woman I know who works for American Airlines and closed the cabin door on the flight that flew into the Pentagon,” continued Bendix. “As she sealed



**Outside fire station 38 in Centreville stand 343 American flags honoring each of the New York firefighters killed on Sept. 11, 2001.**

PHOTOS BY BONNIE HOBBS/CENTRE VIEW

the door to release the flight, she noted something about one of the passengers on the front-row seat of first class — his demeanor, the way he carried himself — something not quite right. But [it was] nothing she could put her finger on, nothing to raise a warning about. After all, who could have imagined what would occur?”

But as far as Bendix is concerned, all these images are “backdrop” to what’s most im-

portant to remember and hold onto about 9/11. “Against the images of terror and loss, we see the courage, the determination, the sacrifice of so many who sought to save others,” he explained. “In these, the images of evil on 9/11 are confronted and overcome by the testimony of the passengers on Flight 93 and the many first responders who gave their all to rescue and uphold others — people they didn’t know, but were commit-

ted to help.”

Noting that, when a diamond’s displayed, it’s often set upon a black-velvet cloth to highlight its radiance and beauty, Bendix said the cloth’s darkness accentuates and intensifies the light shining through the diamond. “Darkness serves to magnify the worth of what stands before it,” he said.

Similarly, said Bendix, an associate pastor at Grace Covenant Church in Chantilly, “Sept. 11 confronted the world once again with the look of evil. But evil will always be overcome by those willing to put others before themselves. As we saw on 9/11, the sacrifice, courage and determination of the many firefighters and police officers [who] served and died that day stand as a testimony to the superiority and power of moral goodness.”

Quoting Jesus Christ, he said, “No greater love has any one than this — that he lay down his life for his friends.” And while evil continues to exist in the world, said Bendix, “We each must withstand [it] in the ways we can. Gratefully remembering and supporting those officers and firefighters whose lives are directed by their commitment ‘to protect and to serve’ also serves as a bulwark and hope.”



**Chaplain Duke Bendix**

# Interchange: ‘Finished on Time, Within Budget’

**End of the road for parkway interchange project.**



PHOTO CONTRIBUTED

**An aerial view of the new, Fairfax County/Fair Lakes Parkway Interchange, plus the widened section of the Fairfax County Parkway.**

BY BONNIE HOBBS  
 CENTRE VIEW

**I**t’s been a long time coming, but the Fair Lakes interchange is just about done. And last Thursday, Sept. 12, Gov. Bob McDonnell joined local officials here to cut the ribbon on a project improving travel for drivers on the Fair Lakes and Fairfax County

parkways, plus Monument Drive.

“It’s great to celebrate these achievements,” he said. “The Fairfax County Parkway has been a lifeline of this county for so long. This was a marvelous story of VDOT and our private-sector construction teams working together, and it will benefit this county for a long time.”

SEE FINISHED, PAGE 12

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## NEWS

# Clement Pleads Guilty to Abuse

Victim was boy, 9, on camping trip.

BY BONNIE HOBBS  
CENTRE VIEW

Some people are exactly as they seem — honest, open, trustworthy. Others, however, harbor deep secrets about themselves and their deeds.

Former Bull Run Elementary Principal Thom Clement — a highly respected member of the Fairfax County Public Schools system for 28 years — falls into the latter category. Tuesday morning, Sept. 17, in Fairfax County Circuit Court, he pleaded guilty to two counts of sexually abusing a child under age 13.

“Are you entering both of these pleas, freely and voluntarily, and because you are guilty?” asked Judge Gaylord Finch. “Yes, sir,” replied Clement.

“And you understand that you’re giving up your right to a trial and to defend yourself in court?” asked Finch. Again, Clement, 62, of Little Rocky Run, answered affirmatively.

The judge advised him that, for each count of felony aggravated sexual battery of a minor, he could receive as much as 20 years in prison. Finch further warned him that, if he runs the sentences consecutively, Clement could spend the next 40 years behind bars. And, said Finch, “There’s no [plea] agreement as to sentence.”

He then found Clement guilty, and Deputy Commonwealth’s Attorney Kathy Stott explained what the evidence against Clement would have been had this case gone to trial. She said that, in February, the victim told his family he’d been inappropriately touched by Clement during an overnight camping trip.

The incidents occurred Oct. 2-3, 2009 in Burke Lake Park. The boy was 9 at the time, and Clement led the Royal Rangers Scout group at Centerpointe Church in Fair Oaks for 20 years.

It was bedtime, said Stott; and after telling two boys to settle down and be quiet, “The defendant entered their tent and lay down between [them].

He then laid the victim on top of him, unzipped the boy’s pants and touched him. He then wrapped the boy’s hand around him.” Afterward, she said, Clement zipped up the boy’s pants and left the tent.

The victim, now 13, gave this information in February to Virginia State Police Special Agent J.B. Root at state police headquarters in Culpeper County. Clement was arrested May 23 and later released from jail on \$20,000 bond, pending the outcome of his court case.

In court Tuesday, Stott said that, once Root began investigating, he discovered Clement had obtained a camping permit for that time at Burke Lake Park. And she said the boy’s parents found an e-mail from Clement, dated Sept. 29, 2009, asking if their son could go on a camping trip.

The prosecutor also revealed the contents of a “letter of apology” written by Clement to the victim. “The defendant said going into the tent was a mistake and that he shouldn’t have touched [the boy] inappropriately,” said Stott. “The defendant said he put his hand inside the boy’s pants and then put the boy’s hand inside his [Clement’s] pants.”

According to Stott, Clement said he’d been working with children since he was in his 20s and “said that he probably had these feelings, but channeled them. He thought [the victim] was asleep and said this was the only time something like this had ever happened.”

After the judge scheduled Clement’s sentencing for Nov. 22, Stott asked Finch to revoke his bond. Defense attorney Mike Sprano made no objection and the judge agreed, remanding Clement to the custody of the sheriff. Then, before his wife and children sitting in the front row of the courtroom, Clement was handcuffed and led away by the bailiff.

The former educator began his 31-year career as a middle-school teacher in Loudoun County. Later, joining FCPS, he taught fourth, fifth and sixth grades for 14 years.

Clement taught at Union Mill Elementary when it opened in 1986 and then served as London Towne Elementary’s assistant principal in 1989. On Feb. 1, 1999, he became the first principal of Bull Run Elementary, holding that post for seven years until retiring in July 2006.

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## Chili Challenge

The firefighters of the Town of Clifton’s Station 16 won the annual, Richard King Fireman’s Chili Challenge during the Sept. 2 car show in Clifton. At far left is Supervisor Pat Herrity (R-Springfield) during the awards ceremony.

PHOTO CONTRIBUTED

## ROUNDUPS

### 5K/Health Expo Sept. 21

The Soles for Hope 5K Run/Walk and Health Expo will be held Saturday, Sept. 21, from 9:30 a.m.-noon, at Grace Covenant Church, 4600 Brookfield Corporate Drive in Chantilly. Register for the 5k walk/run at [www.solesforhope.org](http://www.solesforhope.org). The Health Expo is free and open to the public and includes free health screenings, fitness and cooking demonstrations, youth activities, a police cruiser display and much more. All proceeds benefit the nonprofit Every Child Fed, which helps feed severely malnourished children throughout the world.

### Help the Homeless Walk

The Chantilly-based Western Fairfax Christian Ministries (WFCM) is holding its annual Community Walk for the Homeless on Saturday, Sept. 21, at 9 a.m. It'll be held at Southview Community Church, 2620 Reston Pkwy. in Oak Hill. Cost is \$20 for ages 25 and younger; \$30, adults. Same-day registration begins at 8:30 a.m., or pre-register at [www.hthwalks.org](http://www.hthwalks.org) and select WFCM as the beneficiary.

### Shred Documents Securely At Sully District Center

The Fairfax County Solid Waste program is sponsoring a secure shredding event Saturday, Sept. 21, from 8 a.m.-noon, at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Residents may shred up to five boxes of personal documents per household at no charge. Paper documents from businesses will NOT be accepted.

Please remove all paper from binders and remove binder clips, plastic page covers and binding. Information stored on film or computer disks and credit cards will not be accepted – paper documents only. All documents will be securely shredded on site by a private contractor, and the shredded material will be taken to a local, recycling facility for processing.

### Teens: Learn about Policing At Training Facility

Teens and their parents are invited to learn more about Fairfax County Police Explorer Post #1742. The annual informational meeting is set for Tuesday, Sept. 24, from 7-9 p.m., at the Fairfax County police training facility, 4900 Stonecroft Blvd. in Chantilly. For those considering a potential career in the field of law enforcement, the Explorers are a good place to start.

Explorers provides teens with opportunities to learn and practice skills police officers use daily. Explorers gain experience in fingerprinting, processing crime scenes, staffing special events and helping officers spread the word about safety and crime prevention.

### Fair Oaks CAC to Meet

The Citizens Advisory Council of the Fair Oaks District Police Station will meet Tuesday, Sept. 24, at 7 p.m., in the roll-call room of the police station. It's at 12300 Lee Jackson Memorial Highway in Chantilly.

### Meet Political Candidates At Next Wednesday's Forum

The Sully District Fifth Bi-Annual State Legislative Candidate Night will be held Wednesday, Sept. 25, at 7 p.m., at the Sully District Sully Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Candidates for sheriff and state delegates for Districts 36, 37, 40, 67, and 86 will make brief remarks and answer questions.

It's sponsored by the League of Women Voters of the Fairfax

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## NEWS

# Best Buddies Fundraiser Nears

**O**n Oct. 19, Chantilly's Eric Latcheran, 26, who has Down Syndrome, and his mom, Gina Latcheran, will take the Best Buddies D.C. Challenge. For their fourth year in a row, they'll be walking on the Mall in Washington, D.C.

Clifton's Mary Jane Gutkowski and son Ryan, who also has Down Syndrome, are teaming up for the walk/run, too. And Centreville's Kevin Whalen is taking the Challenge again and will ride his bike, Oct. 19, in the cycling part of the event, traveling to Morven Park in Leesburg.

But they each need to raise money for Best Buddies — which promotes friendships with and jobs for people with intellectual disabilities — before they can participate in their particular events.

So on Friday evening, Sept. 27, a fundraiser will be held at Glory Days Grill in the Old Centreville Crossing shopping center. From 5-9 p.m., a portion of customer sales will be donated to Best Buddies and Whalen, Eric Latcheran and Ryan Gutkowski will all be guest bartenders. Raffle items will include Washington Redskins football jerseys, gift cards and other prizes.

Proceeds from the Best Buddies D.C. Challenge will benefit the Best Buddies Virginia Chapter. For more information, go to [www.bestbuddiesvirginia.org](http://www.bestbuddiesvirginia.org).



PHOTO CONTRIBUTED

**From left: Ryan Gutkowski, Kevin Whalen and Eric Latcheran at a Sept. 7 Best Buddies fundraiser at Jimmy's in Herndon.**

"We want lots of people to come to Glory Days Grill for a fun, happy hour and great food and to support our great cause," said Whalen. "It benefits our local, Best Buddies high-school chapters, helping children and adults with intellectual and developmental disabilities."

In addition, those wishing to contribute online to their fundraising efforts may do so at <http://mydc.bestbuddieschallenge.org/ginalatcheran> or <http://mydc.bestbuddieschallenge.org/kevinwhalen>.

— BONNIE HOBBS

# Viva Vets! 5K Comes to Area

## Event funds scholarships for military veterans.

BY BONNIE HOBBS  
CENTRE VIEW

**A** 5K race that helps America's military veterans further their education is coming to the local area. It's the Viva Vets! 5K Run/Walk, and it's slated for Sunday, Sept. 29, at 8:30 a.m. at Fairfax Corner.

"It's for the veterans," said Vince Straub, a board member of AFCEA NOVA, hosting the event. "We want to fortify the folks who've served our country by helping them attend school, and this is another activity which will help us do that."

The race begins and ends in front of Coastal Flats restaurant, and the first-place finisher overall will receive a one-night stay and dinner at the Sheraton Premiere hotel in Tysons Corner. Winners in various age-group categories will be given gift cards for merchandise.

"This race is our first annual, and we hope to get 400-500 runners," said Race Director Dixon Hemphill, himself a veteran. "We're also hoping that both veterans and their supporters will show up to participate and root for them."

AFCEA stands for Armed Forces Communications and Electronics Association, and NOVA is the Northern Virginia branch. Each year, the organization

awards hundreds of thousands of dollars in scholarships to veterans.

Register for the race at [www.vivavets.org](http://www.vivavets.org). Cost is \$30/person or \$25 per individual on a team. Packet pick-up is Saturday, Sept. 28, from noon-3 p.m., at Potomac River Running, 11895 Grand Commons Ave., in the shopping center.

The course is USATF-certified and the race will be chip-timed. The first 300 runners will receive high-quality, moisture-wicking, commemorative T-shirts. Ice-cold water, fruit, bagels and other refreshments will be provided. The event will also feature an emcee, a deejay and the dance crew, Ignight Dance Fitness, to warm up the participants.

"There's easy parking, and it's a great course," said Hemphill. "It starts in the shopping center and goes out, with all right turns — which are easier for the runners. That's why it's such a popular course and why there are 25 races at Fairfax Corner this year. There are no streets to cross during the 3-mile loop, and police officers and race sentries will be stationed at critical points."

Event proceeds will help veterans attend college and earn advanced degrees. Traditionally, though, said Straub, AFCEA NOVA veterans' fundraising events have been one-day, IT (information technology) conferences.

"We applied the money raised from conference registration to the scholarships," he explained. "But this year, the Board of Directors wanted to do something active, outside and different, and this 5K is a way to reach new people in the community."



## SCHOOLS



Fifth-grader Lauren Stewart sits inside a fire engine from Centreville Station 17.



Brothers Philip (left) and Jack Roll, in first and fourth grades respectively, with their ice creams.



Ryan Bunch and son Andrew, 2, enjoy ice cream cones together. Daughter Courtney is a kindergarten.



Gavin Brown, 3, is happy to be inside a fire truck. His sister Caylin is in first grade at Centreville.

# Centreville Elementary's Family Fun



Centreville's teacher rock band, The Flock, entertains the crowd.



PTA Vice President Ginny Rounds (on right) sells school spirit wear.



Brenda Guzman and son Dominic, in third grade, share a picnic blanket together.

PHOTOS BY  
BONNIE HOBBS  
CENTRE VIEW

Girls play on the balance beam in the playground during the picnic.



# SCHOOLS

## Mitchell Takes Helm of Stone MS

**“Who wouldn’t want to be principal here?”**

BY BONNIE HOBBS  
CENTRE VIEW

Students at Stone Middle went back to school Sept. 3; their new principal’s first day was Aug. 28, just six days earlier. “I got the official word, Aug. 23, and I was so excited,” said Amielia Mitchell. “It’s been a whirlwind since then.”

The former director of student services at Langston Hughes Middle replaced Scott Phillips, who left Stone to become principal of a school in Ashburn where he lives. First, though, she did her homework.

“I researched the school and Stone has a great reputation,” said Mitchell. “It has seasoned teachers who know the children and school community. The parents advocate for their children and are involved in their education, and the elementary schools send us students ready to learn. So it’s the best of all three worlds — who wouldn’t want to be principal here?”

Born and raised in Jacksonville, Ark., she initially wanted to be a mathematician because she was always good at math. Then in college, said Mitchell, “I took calculus and decided to be something else.”

She attended the University of Arkansas at Little Rock, majoring in physical science — physics and chemistry — and obtained a bachelor’s in education. “I went there on an ROTC scholarship to pay for it and was a commissioned officer in the Army,” she said. “After graduation in 1986, I did three years active duty plus seven years in the Reserves.”

Mitchell got her teaching certificate in 1989 and began teaching English and math to grades seven through 12 at an alternative learning center in Arkansas. “My military background helped because the kids there needed structure and routine,” she said.

In 1986, she’d married a man in law enforcement and, in 1991, they moved to Missouri because of his job. There, Mitchell began working on her graduate degree in guidance and counseling at Southwest Missouri State University.

“At the alternative school, there was so much counseling required in getting kids to learn when they weren’t connected socially and emotionally, so I learned to be a nurturing educator,” she said. Mitchell gave birth to a daughter in September 1992, returning to class two weeks later.

She then did a one-year, counseling internship at Greenwood Laboratory School before becoming an instructor at a middle school in Springfield, Mo., from



PHOTO BY BONNIE HOBBS/CENTRE VIEW

**New Stone Middle Principal Amielia Mitchell at her desk.**

1993-96. “I was the science teacher on a three-person team and also taught one English class,” said Mitchell.

“We were on the cutting edge of collaborative teaming, planning together and sharing students’ exemplary work with each other — which is what FCPS does now,” she continued. “We’d discuss what was the best way to teach the material and would share ideas with each other.”

Mitchell received her master’s degree in guidance and counseling in 1997 and was a school counselor at a Springfield high school from 1996-2003. “I loved it,” she said. “I had such an impact on students’ lives. The school was in the center of the city, so 58 percent of the students were transient.” And as the only I.B. school in the district, it drew students for that program.

“These serious learners served as good role models for other students who didn’t have good educational backgrounds,” said Mitchell. “It also showcased diversity and how people could work together. It was both exhausting and rewarding.”

In summer 2003, her husband’s job transferred him to Washington, D.C.; so from January 2004-June 2007, she served as lead counselor at Robinson Secondary School. She also began work on her Ph.D. in education leadership at GMU.

Then from September 2007 until last month, Mitchell was director of student services at Langston Hughes. In this position, she said, “You have an opportunity to make long-term, systemic changes in a building as part of its administrative team. And schools see amazing gains.”

Two years ago, she was selected by the Cluster VIII superintendent as one of two administrators to take training to become a principal. “It was nice that some

SEE LEADING STONE, PAGE 7



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## Addressing Virginia's Economy

**Ending gridlock in Congress and supporting health care reform would be huge steps in supporting economic recovery in Virginia.**

**T**he strength of Virginia's economy, especially Northern Virginia's economy, comes significantly from federal spending.

So while the governor and other elected officials claim that Virginia's success is because Virginia is a low-tax state with fewer regulations, it's worth considering that the sequester and continuing gridlock in Congress threaten Virginia's most important resource, federal spending.

Virginia receives more federal money per capita than any other state except Alaska. Virginia received \$136 billion in federal funds in

2010, more than \$17,000 from the feds per capita, and paid \$2,807 per capita in federal income taxes. (Data from Consolidated Federal Funds Report for Fiscal Year 2010 by State and County from the Census Bureau.)

Two examples: \$1.3 billion in federal transportation money came to Virginia. Virginia was on the receiving end of more than \$5,000 per capita in defense spending.

Current Virginia elected officials have barricaded the doors against expansion of an industry that would add more than 30,000 quality jobs in Virginia at no cost to taxpayers. The

expansion of Medicaid, which would provide healthcare to as many as 400,000 Virginians who currently cannot afford health insurance, would give Virginia's economy a significant boost, and create more than 30,000 jobs. Virginia taxpayers will still pay the taxes that will fund the expansion of Medicaid in other states without reaping the benefits of a healthier population and economic stimulus.

Private sector growth in Virginia depends on its educated and sophisticated workforce, on top school systems and universities. It depends on reliable transportation systems and access to high-speed internet. And it depends on continuing to attract federal contracting dollars.

Virginia's U.S. Senators Tim Kaine and Mark Warner both work in the best interests of the Commonwealth when they work to promote a culture of moderation and compromise in Congress.

EDITORIAL

LETTER

### Riding To Honor Fallen Officers

To the Editor:

Last Wednesday was the 12 year anniversary of 9-11. The horrific events of Sept. 11, 2001, will never be forgotten. The service and sacrifice of 72 courageous law enforcement heroes will always be remembered at the National Law Enforcement Officers Memorial, and in my heart. Three federal officers were killed among the 69 New York state and New York City local officers.

I am a federal officer with 30 years of service. I am one of 900,000 law enforcement officers nationwide. I was lucky in that I was not on duty in NYC on that terrible day. My firearms instructor training trip was cancelled the previous week, to train my fellow agents in New York City. I was in law enforcement training in Baltimore County instead on 9-11. My New York agents were lucky too, working out of the city, out of their World Trade Center office that morning.

We all responded to this tragedy in New York, which was numbing and so upsetting to all of us. Seventy-two law enforcement officers died as heroes that day, along side of firefighters and emergency responders, while trying to rescue thousands of our fellow U.S. citizens.

So that's why I am riding my bicycle on Oct. 12 in the 2013 Law Enforcement Ride & Run to Remember. I'm asking for support from my Centreville community to make donations of \$72 in honor of our 9-11 fallen officers, one dollar for every officer killed on the deadliest day in U.S. law enforcement history.

You can donate on my fundraising website, go to <http://nleomf.org/>, click on "Law Enforcement Ride & Run To Remember", click "donate", and enter participant name "Kevin Whalen" to find my website.

If you visit the Memorial in Washington, D.C., the names of the 72 officers lost on Sept. 11 are all engraved together on Line 23 of Panels 9 through 22 of the west wall. <http://www.nleomf.org/officers/remembering-9-11/>

Thanks for remembering our 9-11 fallen officers.

**Kevin Whalen**  
Senior Special Agent  
U.S. Treasury  
Centreville resident

### History on Display

**The Lane's Mill Chapter, Daughter of the American Revolution was responsible for the September display booth at the Centreville Library. The American History-themed display showcased the contributions of American patriots and statesmen as well as the history of the Virginia DAR State Regent's gavel. Posing with the display are chapter members Jane Shackleford, Mimi Spears, Kristi Harper, and Jennifer Smith.**



PHOTO CONTRIBUTED

### CSB Launches Good Neighbor Campaign

The Fairfax-Falls Church Community Services Board, the county agency that plans, organizes and provides services for people in the community who have mental illness, substance use disorders and/or intellectual disability, is launching a Good Neighbor campaign.

Community-based residential programs are needed to accommodate individuals with disabilities who are on long waitlists for community housing and who are leaving state training centers as a result of the legal settlement between the Commonwealth of Virginia and the U.S. Department of Justice. Group residential facilities, as they are known in the county's Zoning Ordinance, are a by-right use in every residential district.

Federal and state Fair Housing laws provide basic protections to people with disabilities who live in these settings. Group homes have been a part of our residential communities for decades. The Good Neighbor campaign, endorsed by the Board of Supervisors' Housing Committee, aims to help establish and maintain good

relationships among group home residents (and staff) and their neighbors, to prevent misunderstandings and concerns, and to enhance community acceptance of new homes.

The Community Services Board and more than 20 residential service and affordable housing providers throughout the county have joined together to endorse a set of commonly held "good neighbor" best practices for group home providers, staff and community members in Fairfax County and the cities of Fairfax and Falls Church. By signing this agreement, these organizations affirm their shared commitment and responsibility to uphold community values and standards in all of their residences.

The CSB has developed a "Good Neighbor" presentation to help community members learn more about group homes in Fairfax County and the Good Neighbor campaign. If any citizens association, civic group or faith community would like a presentation, contact Jeannie Cummins at [jcum1@fairfaxcounty.gov](mailto:jcum1@fairfaxcounty.gov) or 703-324-7006.

## SCHOOLS

# Leading Stone Middle School

FROM PAGE 5

one recognized the potential in me," said Mitchell. "It gave me new energy and was a wonderful learning experience about my own leadership style and supporting a school's mission."

She did it for one year, while doing her other job, and called it both awesome and exciting. She spent time with principals and examined what it meant to be a leader and build relationships with staff and students, while readying students for their next grade. So when the vacancy at Stone arose, she eagerly applied.

"I absolutely love middle school because middle-school kids are so much fun," said Mitchell. "They see the good in everyone, are open to new ideas, are excited about learning and love school. And you're still able to teach them appropriate ways of behaving. You're helping them with their critical-thinking skills and learning about the consequences of their decisions. And middle-school teachers are masters of that and help mold them into young adults."

As for Stone, she said, "I'm excited to be part of this school community which has already embraced me. I'm open and flexible and am committed to building strong working relationships with the staff and



Mitchell

PHOTO BY BONNIE HOBBS/CENTRE VIEW

community."

"I want to learn what makes the school great — and together, we'll build a shared vision for Stone," said Mitchell. "And we'll do that as a team, seeing where we want our school to be in five or 10 years and how we want the FCPS community to see us."

She and her husband, William, live in Fairfax and have four grown children, sons Andre and Brandon and daughters Stephanie and Tiffany. In her spare time, Mitchell enjoys entertaining, reading and going to movies

and the theater.

She expects the toughest part of her job will be learning the ins and outs of Stone's established, school community and the way everything works together. So, she said, "I'll take the time to listen and understand why things are a certain way and how we can connect my thoughts and ideas to what's already here, while enhancing it."

So what will give Mitchell the most satisfaction? "When families come back and say, 'My children had the greatest transition into high school because of the excellent foundation for learning they received at Stone Middle School,'" she replied. "We want that for all kids."

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# RECYCLE in this Weekend FAIRFAX!



**SATURDAY, SEPT. 21**

from **8 a.m. to Noon** at the  
**Sully District Governmental Center**  
(4900 Stonecroft Boulevard, Chantilly)

Shred up to 5 boxes of personal documents at no charge. No film, credit cards or electronic files of any kind will be accepted. Please remove all binders and binder clips.



**SUNDAY, SEPT. 22**

from **10 a.m. to 3 p.m.** at the  
**I-95 Landfill Complex**  
(9850 Furnace Road, Lorton)

Recycle televisions, computers and peripheral electronics - such as keyboards, scanners, printers, speakers, etc. - along with unbroken fluorescent tubes & light bulbs.

**These are FREE events for Fairfax County residents only.** For complete details, go online to [www.fairfaxcounty.gov/recycling](http://www.fairfaxcounty.gov/recycling), or call 703-324-5052, TTY 711.



A Fairfax County, Va., publication.

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Email announcements to [centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com).

### ONGOING

**Super Science Saturdays.** 10 a.m.-3 p.m. the second Saturday of each month at the Steven F. Udvar-Hazy Center, 14390 Air & Space Museum Parkway. Visit <http://airandspace.si.edu/udvarhazy>.

### FALL FESTIVAL SCHEDULE

**Festival is Back.** Fall Festival at Cox Farms, 15621 Braddock Road, Centreville, will have a preview weekend, Sept. 21-22 from 10 a.m.-6 p.m. Multiple slides, children's

activities, food and more are available. The festival will be open for regular hours, Saturday, Sept. 28 through Tuesday, Nov. 5 from 10 a.m.-6 p.m. (closing at 5 p.m. in November.) Pumpkin Madness will be Nov. 2-3 from 10 a.m.-5 p.m. Visit [www.coxfarms.com](http://www.coxfarms.com) for more.

### FIELDS OF FEAR SCHEDULE

**Get Scared.** Fields of Fear at Cox Farms, 15621 Braddock Road, Centreville is back. Go through a haunted corn maze, take a hayride or go down a slide. Runs Friday and Saturday nights, Sept. 27 through Nov. 2 with a bonus night on Sunday, Oct. 13. Hours are 7:30-11:30 p.m.

with last admission at 10 p.m. (earlier if sold out.) Visit [www.fieldsoffear.com](http://www.fieldsoffear.com) for tickets, map and more.

### THURSDAY/SEPT. 19

**Meditation.** 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can enjoy a free workshop. Registration required. 703-502-3883.

**Starlight Storytime.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Children of all ages can wear pajamas and bring a favorite stuffed friend and enjoy stories and fun. Free. Registration required. 703-830-2223.

## BULLETIN BOARD

Email announcements to [centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com). Deadline is Thursday at noon. Photos welcome.

### FOOD COLLECTION

The three Centreville area congregations of the Church of Jesus Christ of Latter-day Saints (Mormon), together with others in the community, will partner to **collect donations of non-perishable food** for Our Daily Bread, which helps individuals and families in the Fairfax County area who are struggling to make ends meet. Additional partners include Shoppers Food Warehouse, 6335 Multiplex Dr, Centreville, where volunteers will collect food on Saturday, Sept. 21, 10 a.m.-2 p.m.

### SATURDAY/SEPT. 21

**Yard Sale.** 8 a.m.-noon behind the Church of Christ in Fairfax. Proceeds benefit the National Alliance on Mental Illness. Browse products by Avon, Pampered Chef, 31 Bags and more.

**Ski for Light.** 6 p.m. at Norway House, 3846 Meredith Drive, Fairfax. The Sons of Norway Lodge will present a program by participants and guides relating their experiences with Ski for Light [www.sfl.org](http://www.sfl.org). Free. 703-573-5943.

### SUNDAY/SEPT. 22

**Author Discussion.** 4-5 p.m. at Sully Historic Site. Paul Dickson will discuss "Words from the White House," which deals with words and phrases created by U.S. presidents. Free. To make a reservation, 703-437-1794.

### TUESDAY/SEPT. 24

**Informational Meeting.** 7-9 p.m. at Fairfax County Police training facility, 4900 Stonecroft Blvd., Chantilly. Teens and their parents can learn about a career in law enforcement, starting with Explorers. Free. Visit [www.fairfaxcounty.gov/police/getinvolved/explorers.htm](http://www.fairfaxcounty.gov/police/getinvolved/explorers.htm) for more on the program.

### WEDNESDAY/SEPT. 25


**Legislative Candidate Night.** 7 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Meet the candidates for sheriff and state delegates for districts 36, 37, 40, 67, and 86. Jointly sponsored by the League of Women Voters of the Fairfax Area and the Sully District Council of Citizen Associations. For information, contact Olga Hernandez at 703-815-1897 or [wm@LWVNC.org](mailto:wm@LWVNC.org) or Jeff Parnes at 703-424-2956 or [1stvicepresident2013@sullydistrict.org](mailto:1stvicepresident2013@sullydistrict.org).

### SATURDAY/SEPT. 28

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### JEWISH

Congregation Yad Shalom...703-802-8901  
Temple Beth Torah...703-263-2252

### LUTHERAN

King of Kings Lutheran Church...  
703-378-7272  
Lord of Life Lutheran Church...  
703-323-9500  
St. Andrew Lutheran Church...  
703-830-2768

### METHODIST

Centreville United Methodist...  
703-830-2684  
Pender United Methodist Church...  
703-278-8023  
Pleasant Valley United Methodist...  
703-327-4461

### NON-DENOMINATIONAL

Centreville Community Church...  
703-580-5226  
Christian Life Center...703-754-9600  
Clear River Community Church...  
703-881-7443  
Covenant Christian Center...703-631-5340

Fair Oaks Church...703-631-1112  
New Life...703-222-8836

Tree of Life Bible Church...703-830-4563

### PENTECOSTAL

Capital Worship Center...703-530-8100  
Church of the Blessed Trinity...

703-803-3007

### ORTHODOX

Holy Trinity Orthodox Church...  
703-818-8372

The Greek Orthodox Parish  
of Loudoun County...703-421-7515

St. Raphael Orthodox Church...  
703-303-3047

### PRESBYTERIAN

Centreville Presbyterian Church...  
703-830-0098

Chantilly Presbyterian Church...  
703-449-1354

Clifton Presbyterian Church...703-830-3175  
Young Saeng Korean Presbyterian Church...  
703-818-9200

### UNITED CHURCH OF CHRIST

Wellspring United Church of Christ...  
703-257-4111

### ANGLICAN

Church of the Epiphany...703-481-8601  
Christ the Redeemer...703-502-1732

### ASSEMBLY OF GOD

Centreville Assembly of God...703-830-1841

### BAHA'I

Baha'i Faith...1-800-22-UNITE

### BAPTIST

Centreville Baptist Church...703-830-3333  
Chantilly Baptist Church...703-378-6880  
Clifton Baptist Church...703-263-1161  
Second Baptist Church...703-830-1850  
Mount Olive Baptist Church...703-830-8769  
Ox Hill Baptist Church...703-378-5555

### BIBLE

Chantilly Bible Church...703-263-1188  
Community Bible Church...703-222-7737

### CATHOLIC

St. Andrew The Apostle Catholic Church...  
703-817-1770  
St. Clare of Assisi Catholic Church...  
703-266-1310  
St. Paul Chung Catholic Church...  
703-968-3010

St. Timothy Catholic Church...703-378-7461  
St. Veronica Catholic Church...703-773-2000

### EPISCOPAL

Church of the Epiphany...703-715-6070  
St. John's Episcopal Church...703-803-7500



**Magic and Mayhem.** 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Girls and boys in grades 6-8 can participate in this sci-fi/fantasy book group. Call for title. Free. Registration required. 703-502-3883.

**FRIDAY/SEPT. 20**

**Capital Home Show.** 10 a.m.-9 p.m. at Dulles Expo Center. Headlining the show will be DIY Network's Bath Crashers and Bathastic Matt Muenster as well as HGTV's Design Star Meg Caswell. \$10/box office ticket; \$7/adult online; \$6/group of 20 or more; \$3/children 6-12; free for children 5 and under. Visit [www.capitalhomeshow.com](http://www.capitalhomeshow.com) for a full list of companies and vendors.

**Yoga Storytime.** 4 p.m. at Chantilly Library, 4000 Stringfellow Road. Children ages 6-9 can enjoy story time that incorporates basic yoga moves. Free. Registration required, 703-502-3883.

**Swing Dance.** 8:30 p.m., lessons; 9 p.m.-midnight, dancing at Hilton Washington Dulles Airport, 13869 Park Center Road, Herndon. \$15. Enjoy music by Soul Tones of Swing.

**SATURDAY/SEPT. 21**

**Capital Home Show.** 10 a.m.-9 p.m. at Dulles Expo Center. \$10/box office ticket; \$7/adult online; \$6/group of 20 or more; \$3/children 6-12; free for children 5 and under. Visit [www.capitalhomeshow.com](http://www.capitalhomeshow.com) for a full list of companies and vendors.

**Master Gardeners.** 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on their home gardens. Free. 703-502-3883.

**Storytime.** 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-830-2223.

**TREEmendous Forest Festival.** Noon-4 p.m. at Ellanor C. Lawrence Park, 5040 Walney Road. Decorate butterflies to put on a tree, enjoy animal shows, learn about healthy forests and gardens and more. Free, but some activities are fee based. Visit [www.fairfaxcounty.gov/parks/ecl/calendar.htm](http://www.fairfaxcounty.gov/parks/ecl/calendar.htm) for more.

**SUNDAY/SEPT. 22**

**Capital Home Show.** 10 a.m.-6 p.m. at Dulles Expo Center. \$10/box office ticket; \$7/adult online; \$6/group of 20 or more; \$3/children 6-12; free for children 5 and under. Visit [www.capitalhomeshow.com](http://www.capitalhomeshow.com) for a full list of companies and vendors.

**Dinnerware Lecture.** 2 p.m. at Total Wine Store in Chantilly. Presented by the Wedgwood Society of Washington, D.C., with a lecture by Dr. Margaret Carney, founder The Dinnerware Museum. Enjoy a free wine tasting. Visit [www.WedgwoodCapital.org](http://www.WedgwoodCapital.org) for more.

**MONDAY/SEPT. 23**

**Bouncin' Babies.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Small Wonders.** 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

**Sully Book Club.** 1 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Discuss "Death at Pemberley" by P.D. James. Free. 703-830-2223.

**Bookalicious! Book Group.** 2:15 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades

3-4 can discuss a book. Free. 703-502-3883 for title.

**Afternoon Adventures: Sculpture and Skyscrapers.** 3 p.m. at Centreville Library, 14200 St. Germain Drive. Children ages 6-12 can work with varied media to create a clay figure, bridge, tower and a wire armature. Registration required 703-830-2223.

**Writers of Chantilly.** 6:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can share their work and receive feedback. Free. 703-502-3883.

**ESL Book Club.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

**TUESDAY/SEPT. 24**

**Small Wonders.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

**Whee!** 11 a.m. at Centreville Library, 14200 St. Germain Drive. Children ages 3-5 can enjoy a high octane story time. Registration required 703-830-2223.

**Bouncin' Babies.** 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Storytime.** 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

**WEDNESDAY/SEPT. 25**

**Toddlin' Twos.** 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library,

4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

**Bouncin' Babies.** 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Small Wonders.** 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

**A Novel Society.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can discuss "The Dressmaker" by Kate Alcott. Free. 703-830-2223.

**Starlight Storytime.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. All ages can bring a stuffed animal and enjoy stories and fun. Free. Registration required. 703-830-2223.

**THURSDAY/SEPT. 26**

**Silent Auction.** 5 p.m. at Chantilly High School Cafeteria, 4201 Stringfellow Road. All proceeds benefit Chantilly High School Cheerleading for uniforms and new tumbling mats. Call 703-934-4363.

**Lego Block Party.** 7 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades 3-6 can build. Free. Call for this month's theme. Registration required, 703-502-3883.

**FRIDAY/SEPT. 27**

**Ready for School Storytime.** 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Ages 4-5 can enjoy stories and more. Free. Registration required. 703-502-3883.



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## ROUNDUPS

FROM PAGE 3

Area and the Sully District Council of Citizen Associations. For information, contact Olga Hernandez at 703-815-1897, [wm@LWVNCA.org](mailto:wm@LWVNCA.org) or Jeff Parnes at 703-424-2956 or [1stvicepresident2013@sullydistrict.org](mailto:1stvicepresident2013@sullydistrict.org).

## Free Carseat Inspections At Sully Police Station

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Sept. 26, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

## Get Neighborhood Watch Information

Anyone interested in becoming involved in Neighborhood Watch or stating such a group in their community can learn how to do so. A meeting on this topic will be held Monday, Sept. 30, at 7:30 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. For more information or to RSVP, contact [FCPDSULCPO@fairfaxcounty.gov](mailto:FCPDSULCPO@fairfaxcounty.gov) or call 703-814-7018.

## Local Election Officers Are Needed

The Fairfax County Office of Elections needs approximately 2,200 election officers – particularly bilingual ones – for the Nov. 5 general election, and it's seeking the public's help. Election officers must be registered voters in Virginia and must complete required training and forms.

Applicants may choose to accept the \$175 payment for a full day's work or volunteer their time. For the application form, go to <http://www.fairfaxcounty.gov/elections/training/1aaug2013electionofficerappfinal.pdf>.

Residents may also apply online through the Virginia State Board of Elections at <http://www.sbe.virginia.gov/OnlineForms/OfficerofElection>. Information submitted will be forwarded to the Fairfax County Office of Elections.

## Food Donations Sought For WFCM

Western Fairfax Christian Ministries' food pantry urgently needs donations of oil, canned fruit, rice (2-lb. bags), canned meat, canned white beans (garbanzo, northern, cannellini, navy), fruit juice, hot and cold cereal, Hamburger Helper, dry pasta, spaghetti sauce, sugar, dry beans, Ritz/Saltine crackers and canned vegetables. (Also needed are toothpaste and deodorant).

Bring all items to WFCM'S new food-pantry location, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

Thrift-store needs include fall clothing, shoes, and fall and winter coats in good condition for all ages, Bibles in English and Spanish, plus large black yard bags. The store is at 13939 Metrotech Drive. In addition, Thrift Store volunteers are needed for two- to four-hour shifts Fridays, between 9 a.m. and 6 p.m., and Saturdays, between 9 a.m. and 5 p.m.

## NEWS



**Rick Galliher with one of his 1-800-GOT-JUNK trucks.**

# 1-800-GOT-JUNK Turns 10

## Chantilly junk hauler shares tales on the road to making millions.

BY STEVE HIBBARD  
CENTRE VIEW

**O**n Aug. 23, Rick Galliher, 54, of Reston, celebrated the 10-year anniversary of his business, 1-800-GOT-JUNK, the million-dollar franchise he runs out of a Chantilly warehouse. The company's motto is "anything two guys can lift," and his crews have done some pretty heavy lifting — 11,000 tons worth.

"We discovered early on that some people throw away really good stuff," he said.

He also learned an important lesson when he gave his wife candles that he found on a job. Rule No. 1, he said, is to never bring home junk from work. "That gift did not go over well," he added.

The most commonly requested items for pick up are treadmills and exercise equipment. He will not haul hazardous materials like antifreeze, paint, household chemicals or car oil.

Single items — like fridges or stoves — cost \$99 to remove. For full truckloads, the cost is \$578.

His ZIP code territory covers Fairfax County outside the Beltway, Loudoun, Fauquier, and Prince William counties. He says the closer the home is to the Beltway, and the higher the income — the more junk the homeowners possess.

He started 10 years ago working from his basement by picking up a couch for \$90. This was after he invested in the 1-800-GOT-JUNK franchise based in Vancouver, Canada. In two years, the company grew to six trucks. Last summer, he had 20 employees using four trucks a day.

His employees are mostly male GMU students who earn \$10 per hour (plus incentives). They must be able to lift 100 pounds. Today, he averages 2,500 jobs a year, and has a 4,500-square-foot warehouse in Chantilly for sorting.

He gets requests for very heavy pianos, x-ray machines, commercial restaurant equipment and bank ATMs, which took six guys to lift into a truck. For the bigger stuff, he'll take a chainsaw and sledge hammer and break it down into smaller pieces.

He tries to recycle and donate what he finds, sorting junk into three separate piles: reusable items, recyclables and trash. "Now we are recycling eight truckloads a week," he said.

Some stuff goes to a scrap metal dealer, clothes go to the Good Samaritan Thrift Shop on Route 50, and the quality items go to Hash Auction in

Berryville. Construction materials go to Habitat for Humanity in Chantilly.

Over the years, he's encountered some odd junk.

He recalls a four-foot tall, \$300,000 atomic clock that measured the time an atom takes to decompose. It had a system of valves, cylinders, and knobs, and resembled a space ship, he said. An electronic shop in Sterling was moving to California and needed to get rid of it. When he picked it up, someone knocked it off a table and it fell into pieces, so it quickly became scrap metal.

There was an Alexandria woman with an interior-garden business who got sick. So she called Galliher to haul away 700 boxes of plastic flowers and plants, requiring six truck loads. "We found a charity that furnished homeless people's new apartments," he said. "So we managed to get rid of a lot of flowers that way."

He recalls a national shoe drive where he collected thousands of pairs of shoes for Soles for Souls, which donates to disaster victims. "We went to people's homes and picked up the shoes and brought them to a warehouse in Columbia," he said.

"Everybody thinks their stuff is worth a lot of money," he said. "But, in fact, it never sells for what you think it's worth." However, he said that good, quality-made furniture does sell.

Mary Woods, 82, of Mount Vernon has moved multiple times, being the wife of a retired U.S. Army major general. Just three weeks ago, she used Galliher's services.

"I had them come and haul away a bunch of old stuff that had been in the house and things we have collected over the years," said the 100-pound Woods. "We are a military family and I am used to getting rid of things, but I could not get over how wonderful everybody in the organization was."

She says the people who work for Galliher are kind and polite. "They took away a lot of old stuff, and moved some stuff in the house that I could not move myself," she said. "They are an exceptional company."

Rich Paddeo, 35, of South Riding is the facilities coordinator for 23 branches of the Apple Federal Credit Union. Based in Fairfax, he uses 1-800-GOT-JUNK to remove ATM and coin machines, leftover furniture and everything in between. As his company moves into new spaces, Galliher's crew has been diligent in providing manpower for his projects.

"We do different renovations of the branches, and we have to deal with some cluttered areas, and they've been helpful with that," said Paddeo. "And as equipment becomes obsolete — ATM machines and coin machines — they are able to dispose of that for me."

There are a dozen different price points at 1-800-GOT-JUNK. Go to [www.1800GOTJUNK.com](http://www.1800GOTJUNK.com) for the full list.



PHOTO COURTESY OF ART AT THE CENTER

Students in the Art Explorers class at Art at the Center in Mount Vernon explore mediums like clay, collage, painting and drawing. Experts say creating art helps children build relationships.

# Art Matters for All Ages

Local experts say art classes help children develop new skills.

BY MARILYN CAMPBELL  
CENTRE VIEW

If you walk into Art at the Center in Mount Vernon on a Tuesday morning, you might find a group of preschool students and their parents or caretakers squishing potting clay with their fingers. In the same room, several other tots could be brushing an array of paint colors across art paper, making a mess but having fun. The children are part of the Center's Art Explorers class, designed for children ranging from 18 months to 5 years old.

"Parents say it is their happy place where they can explore with their child without worrying about a mess," said Kathryn Horn Coneway, director of Art at the Center. "It brings both parent and child into the present moment."

In addition to having fun, art educators say that art can help children develop a myriad of skills and abilities that range from self-expression to self-confidence.

"Creating art can help them work through their emotions," said Gioia Chilton, an art therapist who teaches art at Marymount University in Arlington. "It gives them a place where they can be confident, and where they can feel powerful and in control over something."

Creating art teaches patience, said Coneway. "When children are working with clay, for example, there is little instant gratification. You make a piece, it has to be fired and then glazed. It is a process. But at the end, they can tell the story of

how they made it."

Chris Haggerty, a professor of fine and applied arts at Marymount University, says research shows that art develops the right side of the brain, which affects perception rather than logic. "Creating art teaches problem-solving skills," she said. "They get to try things out, see if they work, change their minds and start over."

Coneway, who is also an art therapist, said she has seen first-hand how art can help children share feelings that are difficult to verbalize. "Making things is a wonderful way for kids to connect ideas, express emotions and share what is going on with them," she said. "Additionally, art is noncompetitive. Children progress at their own rate."

Art also helps establish a sense of community, she added. "Sometimes connections happen when children share their art," she said. "It is neat when kids ask questions of each other. The sharing of what they make is as important as what they make."

Carolyn Webber, an art teacher at St. Andrew's Episcopal School in Potomac, Md., said, "Art is a universal language. Art education enables students to make creative connections with art and the world around them. [It] provides life-long learning in areas of visual arts, art history, interdisciplinary connections, multiculturalism and job opportunities."

Haggerty said, "The most successful people are creative thinkers, people who don't just think linearly, but who think outside of the box."

Coneway hopes that both her classes and others establish a life-long appreciation for art. "One of the things that I hope is happening is that parents and children are leaving my classes, going home and asking, 'Can we set up a corner our basement and have an art studio at home?'"

**"Art is a universal language. Art education enables students to make creative connections with art and the world around them."**

— Carolyn Webber, art teacher, St. Andrew's Episcopal School

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# ‘Finished on Time, Within Budget’

FROM PAGE 1

An interchange was needed because of constant traffic congestion and rush-hour backups at the intersection of both parkways. Motorists on Fair Lakes Parkway and Monument Drive also benefited because local and parkway traffic are now separated.

The Fairfax County Parkway was widened within the existing median to six lanes — three in each direction — between I-66 and Route 50. And Fair Lakes Parkway was enlarged to accommodate the necessary left-turn lanes for the interchange.

Signalized intersections at Fair Lakes Parkway and Monument Drive were eliminated, and the new lanes on the Fairfax County Parkway made traffic flow better from south of I-66 to north of Rugby Road. The project’s centerpiece — a split-diamond, grade-separated interchange — was constructed so a free-flowing Fairfax County Parkway would bridge over Fair Lakes Parkway and Monument Drive.

Last week, McDonnell, VDOT representatives and local politicians gathered in the parking lot of Logan’s Roadhouse in Fair Lakes, overlooking the new interchange, to celebrate the project’s completion and recognize those responsible for its success.

“This was a \$69.5 million project, and it was finished on time and within budget,” said county Board of Supervisors Chairman Sharon Bulova. “I congratulate everyone who worked on it. And it was miraculous to see the traffic continue to flow during the work.”

Noting that the money fueling this project was a combination of state and local dollars, plus \$40 million in federal stimulus funds, she also thanked Rep. Gerry Connolly (D-11) for helping funnel those stimulus dollars to the interchange effort.

“Transportation improvements sometimes move at a glacial pace, so it’s important that officials have the determination to find the funding for them and then follow through,” said Bulova. She also praised the ornamental lighting, sound walls and landscaping installed throughout the 3-mile project area. And she thanked McDonnell “for bringing new transportation dollars to this area,” adding that the interchange “will enhance the identity of Fair Lakes.”

Supervisor Pat Herrity (R-Springfield) described the Fairfax County Parkway as



PHOTOS BY DEB COBB/CENTRE VIEW

**Cutting the ribbon on the Fair Lakes/Fairfax County parkways interchange are (from left) VDOT Northern Virginia District Administrator Helen Cuervo; Virginia Secretary of Transportation Sean Connaughton, President/CEO of Shirley Contracting Michael Post, Del. Tim Hugo, Gov. Bob McDonnell, Sen. Dave Marsden, Supervisor Pat Herrity, Del. Jim LeMunyon, Board of Supervisors Chairman Sharon Bulova and Commonwealth Transportation Board members Fran Fisher and Gary Garzynski.**

“one of our main streets.” He said the interchange project couldn’t have happened without the teamwork and leadership of entities including VDOT, the Fair Lakes League, county staff and local businesses.

He also thanked the governor plus Secretary of Transportation Sean Connaughton — also at the ceremony — for “making such a significant impact on transportation in Virginia.” Afterward, Herrity said his own contribution to the project came early on.

“The high, electrical transmission wires crossing Fairfax County Parkway had to be raised, and Dominion had allocated two years on the project timeline for utility relocation,” he said. “So I contacted Dominion and asked them if they could do it sooner — and they did it in four months, shaving a year-and-a-half off the project time.”

In addition, said Herrity, VDOT and Shirley Contracting worked well with the surrounding businesses to make sure they didn’t lose customers because of the project. He said VDOT “listened to the business owners and then revised and adjusted its detours so people could still get to the businesses.”

State Sen. Dave Marsden (D-37) called the project “an example of state, federal and local government working together.” And

Del. Jim LeMunyon (R-67) said he hoped it would be one of many more ribbon-cuttings they’d be doing now that Northern Virginia has “some money to make a difference.”

“This is the type of congestion-mitigation project that gets people from point A to point B,” said Del. Tim Hugo (R-40). “We’ll next be working on I-66/Route 28.”

McDonnell praised the police for steering traffic around the workmen to keep them safe during the course of the project. And, he said, “We’ve made a sea change in transportation funding in the most congested area — the Washington Metropolitan area — in the nation.”

He said that the \$3 billion bond package in 2011, plus more monetary advancements this year will generate \$17.6 billion over the next six years. “This is a 54-percent increase over the last six-year plan,” said McDonnell. “When Northern Virginia does well, so does the rest of the state.”

And while pleased with the completion of the parkway interchange project, he said, “It’s just a down payment on the future traffic improvements that you’ll see here in the coming years. They’re key to enhancing the entrepreneurial climate here and attracting businesses. If you don’t have good roads, you can’t attract families to come here and live.”

## Interchange Project Facts/Details

The interchange has been planned since the 1980s when the Fairfax County Parkway was first built.

- ❖ The preliminary designs for construction began in 2002 (project was delayed for several years due to lack of funding).

- ❖ The project went to right-of-way acquisition in 2007 (VDOT’s Northern Virginia District pushed for right-of-way approval early, even though funding for construction was not included in VDOT’s six-year plan, so the project would be ready for construction if funding became available).<sup>o</sup> This later proved critical to be able to use stimulus funding for it.

- ❖ \$40 million in stimulus funding for construction was secured for the project.

- ❖ Construction began in October 2010 and took three years. It’s scheduled to be completed early next month.

- ❖ Total project cost was \$69.5 million, and it was finished ahead of schedule and on budget.

- ❖ It widened Fairfax County Parkway from four to six lanes from south of I-66 to north of Rugby Road, for more than 3 miles.

- ❖ The speed limit was dropped on Fair Lakes Parkway and Fairfax County Parkway, within the project limits during construction, to increase safety of motorists and the contractor’s staff.

- ❖ A phased construction plan was designed and implemented during construction to minimize traffic delays along the Fairfax County Parkway.

- ❖ To minimize impacts during construction, the Parkway retained full access to Fair Lakes Parkway and Monument Drive via traffic shifts that included signal adjustments.

- ❖ Existing signals were eliminated for through traffic at Monument and Fair Lakes Parkway.

- ❖ New ramps were constructed to take local traffic off the Fairfax County Parkway.

- ❖ Special attention was given to aesthetics, including landscaping throughout and simulated-stone, sound-barrier and retaining-wall finishes.

- ❖ Shared-use paths and sidewalks were constructed to enhance pedestrian access at the interchange and to the Rocky Run Stream Valley Park trail system.

- ❖ Improved traffic flow on the Fairfax County Parkway, Fair Lakes Parkway and Monument Drive will save daily commuters time on their trips to work, school and shopping.

### PROJECT DETAILS:

Fair Lakes Parkway and Monument Drive intersections with the Fairfax County Parkway were initially at-grade, signalized intersections. Built was a split-diamond interchange with two, new overpass bridges at Monument Drive and Fair Lakes Parkway, separating local and through traffic.

The bridge at the Route 50 interchange was widened to accommodate the additional through lanes along the existing median.

To complete the project, Shirley Contracting and its subcontractors:

- ❖ Moved more than 500,000 cubic yards of earth;

- ❖ Placed more than 162,000 tons of asphalt

They also installed:

- ❖ More than 14,000 feet of new, storm-drainage pipe

- ❖ 197 storm-drainage structures

- ❖ 70,000 square feet of sound-barrier walls

- ❖ 55,000 square feet of retaining walls

- ❖ 3 new signalized intersections

- ❖ 12 new overhead signs

- ❖ Landscaping throughout the interchange

Residents may now enjoy:

- ❖ No traffic signals on Fairfax County Parkway from Popes Head Road to Route 50.

- ❖ Significantly improved traffic flow on Fair Lakes Parkway and Monument Drive because local and Parkway traffic are separated.

- ❖ Improved traffic flow at I-66, Route 50 and Rugby Road with the additional lanes of Fairfax County Parkway.

— SOURCE: VDOT

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**Gov. Bob McDonnell speaks; (on left) are Sen. Dave Marsden, Del. Jim LeMunyon and Supervisors Chairman Sharon Bulova.**



**Board of Supervisors Chairman Sharon Bulova addresses the crowd; (on left) are Del. Tim Hugo, state Sen. Dave Marsden and Del. Jim LeMunyon.**

# SPORTS

Westfield's Emily McNamara, right, and Fairfax's Sara Allen go for the ball during Tuesday's contest at Westfield High School.



PHOTO BY CRAIG STERBUTZEL/CENTRE VIEW

## WHS Field Hockey Beats Fairfax

### Johnson, Winesett score goals for Bulldogs.

BY JON ROETMAN  
CENTRE VIEW

The Westfield field hockey team, which has reached the state tournament each of the past two years, opened the 2013 season with a rare loss to an area opponent, falling to South County 2-1 on Aug. 28.

On Tuesday, Westfield had another opportunity to face a quality local opponent when the Bulldogs hosted four-time defending Liberty District champion Fairfax. This time, Westfield took care of business.

Justine Johnson and Katie Winesett each scored a goal for the Bulldogs and Emily McNamara tallied two assists as Westfield defeated Fairfax 2-0 on Sept. 17 at Westfield High School. Johnson scored with 4:07 remaining in the first half and Winesett gave the Bulldogs an insurance goal with 21:37 left in the contest.

"It wasn't the prettiest game, but you know what? They persevered, they stayed in it the whole time [and] they really wanted it," Westfield head coach Starr Karl said. "... It's always a great game [against Fairfax]. [Their] coach, I coached in high school and she's out to get me every year."

Karl coached Rebels head coach Amber Beaudoin when Beaudoin was a player at Fairfax.

**"It wasn't the prettiest game, but you know what? They persevered, they stayed in it the whole time [and] they really wanted it."**

— Westfield field hockey coach Starr Karl

"Of course you want to beat your coach," Beaudoin said, "but more importantly, you want to be the best team on the field and that's what we were not today."

Westfield's McNamara helped assure Karl wouldn't lose to her formal pupil, contributing an assist on each Bulldog goal.

"She's a great distributor," Karl said. "She's very smart, great feeder, great team player tonight. She did an awesome job."

McNamara, a junior, was among the area leaders in assists last season.

"I play basketball, also, and that helps with my vision," she said. "I have such good vision that it makes it a lot easier to make the pass — make the right pass."

Westfield improved to 6-2, including a 3-1 victory over West Springfield on Sept. 3 in a rematch of last season's region semifinal. The Bulldogs have three seniors on the roster who are in their fourth varsity season — Ashley Little, Katelyn Rennyson, Rachel Ulsh — and the team has high expectations.

Fairfax fell to 5-3. The Rebels' victories include wins against West Springfield and McLean. Emily Freeman and Meg Robertson are the team's top scoring threats.

"Our growth at Sept. 17 is not what I'm concerned (about)," Beaudoin said. "Our growth Oct. 17, that's where I'm concerned."

Westfield will travel to face Chantilly at 7:30 p.m. on Thursday, Sept. 19. Fairfax will travel to face Georgetown Visitation at 4 p.m. on Friday, Sept. 20.

South County (2-0) at 7:30 p.m. on Friday, Sept. 20.

Chantilly defeated Lee (61-22) and Madison (41-17).

Centreville is also undefeated. The Wildcats (2-0) had a bye last week and will travel to face Hayfield (0-2) at 7:30 p.m. on Friday, Sept. 20.

Centreville defeated West Potomac (51-7) and T.C. Williams (44-16).

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### SPORTS BRIEF

#### Area Football Games

The Westfield football team will travel to face Lake Braddock at 7:30 p.m. on Friday, Sept. 20 in a matchup of 2-0 teams.

The Bulldogs defeated Hayfield (35-13) and South Lakes (45-7) and had a bye last week.

The Chantilly football team is 2-0 and averaging 51 points per game. The Chargers will host

# OBITUARY

## Walter Keith Zittle

**W**alter Keith Zittle, 84, of Centreville, died Sept. 12, 2013 at the Gardens at Fair Oaks Assisted Living.

Born Oct. 31, 1928 in New York, he was the son of Louis P. Zittel and Margaret Merlau Zittel.

On Aug. 2, 1952 in Macon, Ga., he married the former Delores Weaver, who preceded him in death on Jan. 26, 2007. Walter was a member of the Centreville Baptist Church for over 28 years where he served as a deacon, and was a member of the Go-Go Social Group (God's Own Golden Oldies)

He was preceded in death by his beloved wife, Delores Zittle; two brothers and one sister. Survivors include two sons, William (Margie) Zittle of Chantilly; Robert (Lee) Zittle of Haddock, Ga.; one sister, Joan Pentney of Palm Harbor, Florida; three grandchildren, Nicolette Detwiler and her

husband Josias; Keith Zittle and his wife Sharon; Scott Zittle; one great-granddaughter, Hailey Grace Detwiler; and one great-grandson, Cole David Detwiler.

The family received friends on Sunday, Sept. 15, at the Baker-Post Funeral Home & Cremation Center, 10001 Nokesville Road, Manassas.

Funeral Services were held on Monday, Sept. 16, at the Centreville Baptist Church, 15100 Lee Highway, Centreville, with Pastor Milton Harding, Pastor Bill Hatcher, and Pastor Gary Maines officiating.

Interment took place in Quantico National Cemetery on Tuesday, Sept. 17.

Memorial contributions may take the form of a donation to the Alzheimer's Association, National Capital Area Chapter, 11240 Waples Mill Road, Suite 402, Fairfax, VA 22030.

Sign the guestbook at [www.bakerpostfh.com](http://www.bakerpostfh.com).



PHOTO CONTRIBUTED

## Memorial Scholarship

**At the 2013 Centreville High School Senior Awards ceremony, Elizabeth Ashley Ellis and Remso William Martinez were awarded the Lt. Jeffrey J. Kaylor Memorial Scholarship by Michael and Roxanne Kaylor, his parents. Each recipient received a scholarship award of \$1000 towards the school of their choice. Elizabeth is attending Radford University and majoring in elementary education and Remso is attending Marion Military Institute of Alabama to follow his dream to serve as a community or military leader. The scholarship is open to any Centreville High School senior who best exemplifies the qualities set by the memorial scholarship criteria. To donate towards this memorial scholarship, send contributions to the Lt. Jeff J. Kaylor Memorial Scholarship Fund, Centreville High School.**



PHOTO CONTRIBUTED

## Back-to-School BBQ

**Cub Run Elementary PTA sponsored a BBQ after the school's Meet the Teacher event on Thursday, Aug. 29.**

## A Study in Contrasts



By KENNETH B. LOURIE

The decision for yours truly to participate in a Phase 1 Study at N.I.H. or Johns Hopkins (depending upon availability and qualifications) discussed in last week's column has been put on hold, temporarily. It seems that my oncologist was thinking about me over the holiday weekend and called me on Wednesday following Labor Day to say he had a diagnostic idea concerning me: a 24-hour urine collection (a "Creatinine Clearance Study") which would provide a more accurate reading (than the regular lab work I have; from blood) of my kidney function. Although the logistics haven't been worked out – insofar as exactly how I get a sample to their lab – "the idea" as my father used to say, "has merit," so I happily agreed in principle and awaited a phone call from my oncology nurse to explain the dos and don'ts.

Apparently, there is yet one more chemotherapy drug – of recent vintage, and design, that my oncologist would like to try. He hasn't suggested its infusion previously, because like many drugs, it is filtered through the kidneys; and after four-and-a-half years of varying types of chemo/targeted therapy, (I.V. and oral) the damage to my kidneys – particularly as evidenced by my elevated creatinine level and below-average "glomerular filtration rate" (45 when 60 is normal) is and always has been cause for concern and caution. Collateral damage as I call it, is still damage, and renal failure/kidney dialysis is all it's cracked up to be: not good, so diagnosis-to-date, we've avoided the risk. I've always agreed that since trouble has already found me, I'm hesitant to look for it. Perhaps there will yet be a reward for our prudence and patience.

Per the over-the-phone instructions I eventually received, I submitted my 24-hour sample on Monday morning. At 10:11 that evening, my oncologist e-mailed my test results. Although the colors were not flying, the test results were nonetheless improved, sufficiently so that we are indeed going ahead with I.V. chemotherapy once again. Therefore, for the immediate future, anyway, N.I.H. and Johns Hopkins are "back-burnered." Alimta, the I.V. chemotherapy drug which I will be infusing, is my new best friend. A drug designed specifically for the treatment of patients with non-small cell lung cancer (me); every three weeks living forward, I will be infused at the Infusion Center. The entire process will take about two hours, I was told. "Two hours" I can do in my sleep, which sometimes is exactly what I do (the BarcaLoungers are extremely comfortable and the warm blankets are super cozy). So here we go, again. Nevertheless, it feels right.

If I had been accepted into a Study, my treatment would have been experimental and as much – if not more, about the next person. As it was explained to me by my oncologist, I would have been sort of a guinea pig, being injected with an experimental, non-FDA-approved medicine that previously had showed some promise when treating mice. I have no problem with this process and understand that such pursuits occasionally provide miraculous outcomes, and I'm certainly open to reconsidering should the opportunity present itself. However, going from a definite maybe at N.I.H. to an FDA-approved for the treatment of non-small cell lung cancer drug seems like a no-brainer, even for me. Granted, I'm still a long way from anywhere, but it feels good to be back in the game, rather than being on the sidelines, sort of (with all due respect to N.I.H. and Johns Hopkins).

My future is now and thanks to this most recent diagnostic test, my treatment with Alimta can also be now; Friday the 20th, actually.

*Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.*

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**21 Announcements**

**OBITUARY**  
**Walter Keith Zittle, 84**, of Centreville, Virginia, passed away September 12th, 2013 at the Gardens at Fair Oaks Assisted Living.  
Born October 31st, 1928 in New York, he was the son of Louis P. Zittle and Margaret Meriau Zittle. On August 2nd, 1952 in Macon, GA, he married the former Delores Weaver, who preceded him in death on January 26th, 2007. Walter was a member of the Centreville Baptist Church for over 28 years where he served as a deacon, and was a member of the Go-Go Social Group (God's Own Golden Oldies)

He was preceded in death by his beloved wife, Delores Zittle; two brothers and one sister. Survivors include two sons, William (Margie) Zittle of Chantilly; Robert (Lee) Zittle of Had-dock, GA; one sister, Joan Pentney of Palm Harbor, Florida; three grandchildren, Nicolette Detwiler and her husband Jo-sias; Keith Zittle and his wife Sharon; Scott Zittle; one great-granddaughter, Hailey Grace Detwiler; and one great-grand-son, Cole David Detwiler.

The family will receive friends on Sunday, September 15th, 2013 from 1-4 p.m. at the Baker-Post Funeral Home & Cre-mation Center, 10001 Nokesville Road, Manassas, VA.

Funeral Services will be held on Monday, September 16th, at 11:00 a.m. at the Centreville Baptist Church, 15100 Lee High-way, Centreville, with Pastor Milton Harding, Pastor Bill Hatcher, and Pastor Gary Maines officiating.

Interment will take place in Quantico National Cemetery on Tuesday, September 17th, 2013 at 11:00 a.m.

Memorial contributions may take the form of a donation to the Alzheimer's Association, National Capital Area Chapter, 11240 Waples Mill Road, Suite 402, Fairfax, VA 22030. Please sign the guestbook at [www.bakerpostfh.com](http://www.bakerpostfh.com).

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**21 Announcements**

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