

Woodson High cheerleaders strike a pose during the school's homecoming parade on Friday, Oct. 4.

Woodson Cavaliers March Along

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PHOTO BY BONNIE HOBBS/THE CONNECTION

Walking to Feed The Hungry

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Negative Campaign

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NEWS

RACEMAP



Map of the 5K route.

BB&T 5K Run/Walk Is Sunday, Oct. 13

The First BB&T 5K will be held this Sunday, Oct. 13, at the Fairfax Corner shopping center. The 1K Fun Run starts at 8:30 a.m., followed by the 5K run/walk at 9 a.m. The 5K course is USATF-certified. The awards ceremony is set for 10:15 a.m. Prizes will be given to the top three overall finishers and for first, second and third places in various age categories.

Proceeds benefit Northern Virginia Family Services. Pre-register at www.bbt5k.com/#registertodaySection until Friday, Oct. 11, at noon, or on Saturday, Oct. 12, from noon-6 p.m., at the Pacers Running Store, 10427 North St. in Fairfax. Race-day registration will be from 7-8:15 a.m. Costs are: 1K Fun Run (children, 14 and under), \$20; 5K run/walk, \$35.

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Negative Campaign

Candidates appear at minority business forum, attacking each other.

BY MICHAEL LEE POPE
THE CONNECTION

Local and statewide candidates for office appeared at an unprecedented forum in Northern Virginia last weekend, a collaboration of minority business groups of blacks, Hispanics and Asians. But as candidates arrived at the Annandale campus of the Northern Virginia Community College for a Sunday afternoon forum, voters realized that the tone of the campaign would remain unrelentingly negative.

"All three of the Republican candidates are Tea Party right wing extremists," said Del. Ken Plum (D-36), who is running unopposed. "Look at their records and their stands on the issues."

Plum attacked Cuccinelli's lawsuit against the Affordable Care Act as well as his investigation into a University of Virginia professor studying climate change. The longtime delegate also said the Republican attorney general candidate Sen. Mark Obenshain (R-25) has a similar record, including a bill that would have required women to report abortions to police. Together with the candidate for lieutenant governor, Plum said, the ticket is Tea Party from top to bottom.

"For some reason, some folks in the Democratic Party think that the label Tea Party is going to stimulate some kind of negative feelings," said Jay McConville, chairman of the Fairfax County Republican Committee. "But I think those people are great patriots, and they are supporting the candidates they think are best for the commonwealth."

AS CANDIDATES for governor took the stage to make their case to voters, the tone of the campaign remained starkly negative. Each of the candidates spent as much time talking about their own vision of the future as they did castigating their opponent as someone who would harm Virginia. For Republican Attorney General Ken Cuccinelli: "My time as attorney general and my time in the state



Republican Ken Cuccinelli speaks at the Annandale campus of the Northern Virginia Community College.

"Politics has become a blame game. They are always talking about what the other candidate is and how that's not working, but they never say how they can fix it or what is going to lead to fixing it."

— Deborah Williams of Fairfax City

Senate leaves me as the only candidate who would show up on day one knowing how Virginia government works from having participated in it. I will not need on the job training if you elect me on November 5th, and I'm the only candidate who can say that."

For weeks, Republicans have been criticizing Democrat Terry McAuliffe for threatening to shut down Virginia government unless the General Assembly agreed to expand Medicaid. McAuliffe attempted to beat back that argument during the Fairfax Chamber of Commerce debate, pledging that he would not force a shutdown. Meanwhile, the Democrat is now criticizing the Republican for appearing at a fundraiser with Texas Senator Ted Cruz, whom Democrats say is the architect of the government shutdown.

"Ken Cuccinelli was apparently more concerned about his reputation with the Tea Party than with ending the government shutdown that is undermining Virginia's economy," said McAuliffe. "It's the obligation of Virginians to send a message to Washington. A govern-

ment shutdown should never be a bargaining chip."

WITH ELECTION DAY only four weeks away, candidates and their advisors are preparing for the most intense and high-stakes portion of the race. Both of the major-party candidates are responding to that dynamic by trying to frame their opposition in the most negative way possible. That leaves Libertarian candidate Robert Sarvis rising in the polls as his opponents take shots at each other. After McAuliffe and Cuccinelli finished Sunday evening, Sarvis offered a critical review. "A lot of negative attacks. Not a whole lot of substance," said Sarvis, who is polling at about 10 percent support. "And if you want to see dysfunction of voting out of fear for the lesser of two evils, look at the federal government right now."

After the candidates were finished making their pitches, many of the voters had a hard time processing what they heard. The stump speeches left many wondering what the candidates would do if elected. Many of the voters at



Democrat Terry McAuliffe takes the stage at the Annandale campus of the Northern Virginia Community College.



Libertarian candidate Robert Sarvis greets voters at the Annandale campus of the Northern Virginia Community College.

the Annandale forum said they felt the tone of the campaign had become distractingly negative, a series of attacks and counter-attacks that left many feeling isolated from the process.

"Politics has become a blame game," said Deborah Williams of Fairfax City. "They are always talking about what the other candidate is and how that's not working, but they never say how they can fix it or what is going to lead to fixing it."

RECENT POLLS have shown a clear and growing lead for McAuliffe, with the Democrat running five to seven percentage points ahead of the Republicans. That lead grows even larger if the Libertarian is included in the polls, giving the Democrat an eight-point lead in one poll. Republicans reject the idea that their candidates are in trouble, though. When

asked about polling numbers, McConville said Republicans seem more motivated than the Democrats.

"I think that there's a lack of feeling of that same kind of excitement on the McAuliffe side," said McConville. "He's obviously a problematic candidate."

Democrats say they feel national Republicans have delivered an October surprise that has harmed their side, the government shutdown. On the campaign trail and in interviews, Democrats are making the case that Cuccinelli and the Republican ticket are aligned with obstructionists in Washington.

"I feel that Ken Cuccinelli is at a desperate point in his campaign," said Del. Charniele Herring (D-46), who is chairwoman of the Democratic Party of Virginia. "He attacked Terry time and time again instead of talking about what he would do for Virginia."



The Cavalier band leads the parade.



The Color Guard.



Theater students in costume for their upcoming play, "Into the Woods."

PHOTOS BY BONNIE HOBBS/THE CONNECTION

Woodson Cavaliers March Along

Woodson High's homecoming parade was Friday, Oct. 4.

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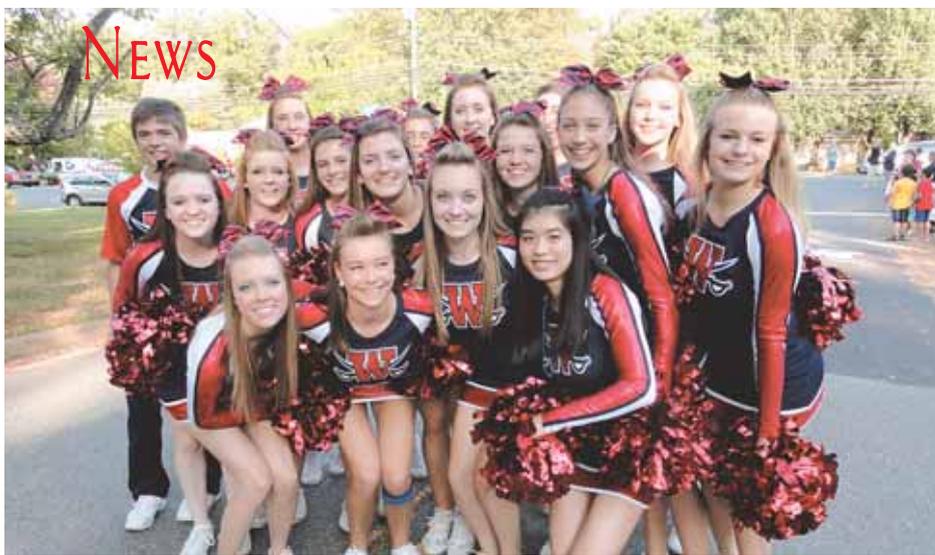


PHOTO BY BONNIE HOBBS/THE CONNECTION

Woodson High cheerleaders strike a pose.



PHOTO COURTESY OF KRISTIE MCENTIRE

Cinderella and the prince from Woodson's play, "Into the Woods," ride in a horse-drawn carriage.

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NEWS



PHOTOS CONTRIBUTED

More than 50 Boy Scouts from several scout troops lined the route to ensure walkers didn't wander off course into the neighborhood.

Walking to Feed the Hungry

BY KEN ORTON

In mutual cooperation, the administrations of three states, including Virginia, West Virginia, Maryland and Washington, D.C. all signed proclamations officially declaring the period of Sept. 15-29, 2013 as The Day to Serve and as a time to initiate activities that would assist the poor in our area and combat hunger. One of the more successful activities held was a 3K walk (1.8 miles) on Saturday, Sept. 28, starting from Robinson Secondary School in the Burke area of Fairfax County through the shaded streets and past the manicured yards of the local neighborhood. Food donations from the participants were distributed to the local food banks.

This wholesome early morning family activity began with a short kickoff ceremony with Dave Meyer, Fairfax City councilman, and State Sen. Dave Marsden, both present for support. Representatives of both the Ecumenical Community for Helping Others (ECHO) and the Annandale Christian Community for Action (ACCA) were also there to support the effort. Jane Curtis of ECHO provided opening comments and expressed appreciation for the support provided in their efforts to support our needy. Frank McLeskey, representing the Lamb Center, offered an opening prayer at the starting ceremony to initiate the walk. More than 50 Boy Scouts from several scout troops lined the route and were present at the numerous turning points to ensure walkers didn't wander off course into the neighborhood. Participants included families with young ones in strollers, toddlers, teenagers, joggers, dog walkers and seniors. Following the completion of the walk, after all walkers had reported in, the Boy Scouts all gathered to present the colors and sang the national anthem as a clos-



Participants included families with young ones in strollers, toddlers, teenagers, joggers, dog walkers and numerous "seniors."



Sorting food at the Ecumenical Community for Helping Others (ECHO).

ing finale. Students participating and providing service were predominately from Lake Braddock, Robinson and West Springfield High Schools.

Other groups providing community support included the Knights of Columbus, which provided assistance along the route and through the property of St. Mary's Catholic Church, and Costco, which provided funding which was used to provide bottled water for participants at the water sta-

tion along the route. In addition, there were over 30 missionaries of The Church of Jesus Christ of Latter Day Saints on hand to control parking, support route control and man the water station. Fairfax County Auxiliary Police provided two volunteer officers and patrol vehicles to insure safety at the route crossings on Sideburn Road. Over 600-plus participants contributed 1,300 pounds of food for immediate distribution to the several food banks.

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Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY-SATURDAY-OCT. 9-12

Burke History Day Volunteer Sign-up. Shifts between 10 a.m.-4 p.m. on Oct. 12, at 9501 Old Burke Lake Road, Burke. This free public event includes a wide variety of exhibits, presentations, and children's activities to tell the history of Burke. Potential tasks include helping with the children's activities, receiving visitors and special guests, assisting with sales of books and BHS t-shirts, and answering general questions about the society. www.burkehistoricalsociety.org.

SATURDAY/OCT. 12

Volunteers Needed. Noon-3 p.m., at Petco, Greenbriar Towncenter, 13053 Lee Jackson Mem. Highway, Fairfax. The Homeless Animals Rescue Team needs a volunteer to hold dogs at adoption events on Saturdays. Foster homes are also needed for dogs and cats. 703-691-HART or <http://www.hart90.org/>.

MONDAY/OCT. 14

Columbus Day Pre-Season Workout. 9 a.m.-3 p.m., at Providence Presbyterian Church Gym, 9019 Little River Turnpike, Fairfax. Athletes ages 6 to 15 can participate in half to full day conditioning. <http://www.bestyouthhoops.com/columbuspreseason/>.

WEDNESDAY/OCT. 16

"Can I Afford That?" 1:30 p.m., at Alzheimer's Family Day Center, 2812 Old Lee Highway, Suite 210, Fairfax. A free educational program where a financial manager will lead the discussion on the cost of long term care, options available, and steps to prepare for future care needs. 703-204-4664.

WEDNESDAYS/OCT. 16-NOV. 20

Chronic Disease Self-Management Program. 10 a.m.-noon, at Bruen Chapel United Methodist Church, 3035 Cedar Lane, Fairfax. A workshop to help caregivers and older adults with chronic conditions to learn strategies to cope with health care, emotional and medical problems. Registration deadline: Oct. 11. 703-281-0538.

THURSDAY/OCT. 17

Paintings & Pairings. 6-9 p.m., at the Stacy C. Sherwood Center, 3740 Old Lee Highway, Fairfax. Silent auctions, hors d'oeuvres and drinks and the works of local artists to support the Alzheimer's Family Day Care Center. 703-204-4664 or AlzheimersFDC.org.

FRIDAY/OCT. 18

Homecoming Parade & Bite of Braddock. Parade at 5 p.m., Bite of Braddock from 5-7 p.m., game vs. West Springfield at 7:30 p.m., starting at Ashburn Community Center, 9528 Ashburn Drive, Burke. From floats and cheerleaders throwing candy to Bite of Braddock food, games and entertainment, Homecoming Night excitement builds and culminates with the rivalry game.

SATURDAY/OCT. 19

Fairfax Court Appointed Special Advocates Info Session. 11 a.m.-noon, at the Fairfax CASA office, 4103 Chain Bridge Road, Suite 200, Fairfax. If you would like to learn more about advocating for abused or neglected children then register. 703-273-3526, ext. 22 or ekosarin@casafairfax.org.

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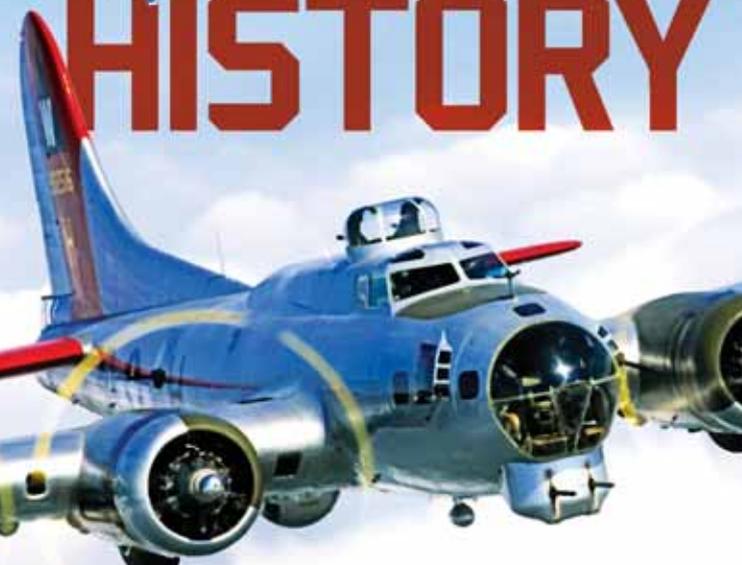
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No update is required to the CDC recommendation that every child, woman and man over the age of six months be vaccinated for the flu every year, preferably by October.

Virginia and Maryland are both reporting confirmed cases of influenza at a "sporadic" level. Since it takes two weeks for the vaccine to take full effect, now is the time to be vaccinated if you haven't yet had the shot.

Every year, 5-to-20 percent of U.S. residents become sick with the flu, with 200,000 hospitalizations. Children are especially vulnerable with about 20,000 children under the age of 5 hospitalized. Depending on the severity of the

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Inova Fairfax Hospital, Every Saturday until Dec. 14, 9 a.m.-noon, The Atrium, 3300 Gallows Road, Falls Church, VA 22042
Inova Mount Vernon Hospital Every Tuesday until Dec. 17, 9 a.m.-noon, Hospital Lobby, 2501 Parker's Lane, Alexandria, VA 22306
Inova HealthPlex-Lorton Every Sunday until Dec. 15, 1-3 p.m. Conference Room, 9321 Sanger Street, Lorton, VA 22079

flu in a given year, from 1976 to 2006, estimates of annual deaths ranged from 3,000 to a high of about 49,000, according to the CDC.

Remember that getting the flu shot is also community service. You might be strong and healthy and think that you will not suffer too much if you get the flu. But everyone has contact with people in the high-risk groups: people over 65, children under 5, pregnant women, people with other illnesses. So have your shot to protect other people.

Deadline to Register to Vote, Oct. 15

To vote on Election Day, you must be registered at your current address no later than Oct. 15, 2013. You can check your registration status online by visiting the State Board of Elections website at www.sbe.virginia.gov.

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Raising Awareness, Money To Stop Domestic Violence

BY JOHN COOK
SUPERVISOR (R-BRADDOCK DISTRICT)



A woman battered and bruised by her abusive husband leaves one night to escape. Unable to find a safe place to stay, she is forced to go back, time and time again. Across town another woman flees with her children. Not knowing where to go, they sleep in the woods despite freezing temperatures. In a third house, a child pulls the blankets over her head, trying to drown out the sound of yelling and punching down the hall. It's a sad American truth that one in three women murdered are killed by an intimate partner. In Fairfax County 57 percent of homicides in the last year were domestic violence related.

Nationwide domestic violence injures more women than car accidents, muggings and rape combined. Studies show the brain development of children who are

exposed to domestic violence can be stunted. A child exposed consistently to domestic violence, either by sight or sound, is twice as likely to abuse his or her own future spouse, perpetuating an awful cycle of violence.

This year I was appointed as the Board of Supervisor's liaison to the Domestic Violence Prevention, Policy and Coordinating Council. In that capacity I am joining the effort to shine the light on this oft-hidden and denied blight on our families. October is Domestic Violence Awareness Month, and to help spread the word I'm hosting an event on Oct. 17 at Kilroy's (5250 Port Royal Road, Springfield). We will help raise money for two local charities working to help domestic abuse survivors: Shelter House and Fairfax CASA. Kilroy's has generously agreed to donate 10 percent of sales to the charities, and many other organizations have donated raffle items.

Shelter House's domestic violence shelter, Artemis House is Fairfax County's only emergency shelter for families and individuals fleeing domestic/sexual violence and human trafficking. The emergency shelter provides crisis intervention and temporary housing in an undisclosed "safe-house." Safety planning, immediate basic needs assistance and comprehensive service planning is available to prepare for a transition to more permanent and stable housing. Artemis House provides intensive case management services, individual and group counseling, employment assistance and children's programs.

Fairfax CASA, or Court Appointed Special Advocates, helps children navigate the confusing and scary aftermath of domestic violence when the juvenile court steps in to provide protection due to abuse or neglect. Often, so many things are changing for a

SEE COOK, PAGE 9

LETTERS

Pills or Jobs?

To the Editor:

Recently I had the opportunity to support my candidate for governor, Ken Cuccinelli. Dozens of women showed up to rally for the general at the entrance of the building where the debate with Terry McAuliffe was being held. There were also dozens of younger people in blue t-shirts, pink t-shirts and purple t-shirts. Strangely, most were males. Most appeared to be college-aged. Our groups on the other hand were moms, children and a few husbands.

At least a handful of us moms engaged some of the young men protesting beside us. We found out that SEIU bussed some of them from as far as New York! Rent-a-mob? The college-aged females we approached avoided engagement and were focused on "defending" their contraceptive rights. One of them even had a costume of a round typical contraception pill case. It is to them that I want to say the following:

How can women allow a political party to undermine their eco

SEE KENDALL, PAGE 9

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OPINION

Cook

FROM PAGE 8

child—his or her home, school, guardians—that having one dedicated advocate to fight for his or her rights and help with the transitions can make a huge difference when it's most important. Fairfax CASA finds and trains ordinary citizens to be the voice in court for these children at such an uncertain time.

I hope you'll join me at 6 p.m. at Kilroy's this Oct. 17 to grab a bite to eat, raise awareness of domestic violence, and fundraise for two great charities working to help domestic violence survivors. You can call 703-425-9300 or email Braddock@fairfaxcounty.gov to RSVP. You can also go to fightviolence.eventbrite.com to learn more.

Kendall

FROM PAGE 8

conomic sustenance by distracting them with the low hanging fruit? Is it worth it to be in jobs paying below \$10 in exchange for free contraception? That doesn't put food on the table and yet young people continue to embrace a Democrat leadership which is limiting our growth, stifling our economic liberty, killing opportunity with policies that give women contraception paid by someone else. Why aren't they asking where are the jobs rather than the pills?

Two million women have dropped out of the workforce under this Democrat administration. Obamacare (P.A.C.A.) will kill 40-hour workweeks, the backbone of America's middle income earners because, simply put, less work equals less pay. A Democrat governor will rubberstamp Mr. Obama's re-distributive policies, cornering the private sector out of existence and ignoring Virginia's needs. Virginian women need to realize that the ultimate impact will forcefully tear down the pillars that sustain the true funding source of our ever-bloated government and onerous fiscal system, the private enterprise. This in essence will Detroit Virginia! The low hanging fruit does not put food on the table. I challenge you to be idealists and know that you are Americans, you can go as far as your determination will take you. Democrats are boxing you in with a myriad of policies that are undermining your future. Break free. Vote for the only man in the gubernatorial race who cares about Virginia and has the record to prove it.

Lin-Dai Kendall
Fairfax Station

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Up to Speed Tutors Puts Focus on Special Education

Lake Braddock graduate Brian Katkin started the company last spring.

BY TIM PETERSON
THE CONNECTION

When JS Tutoring folded in 2012, one of Arlington resident Brian Katkin's students with a learning disability wanted to keep having sessions with him. They worked out an arrangement to continue working together, and soon Katkin decided to take on other students as well. Then on the first day of Spring Break the same year, he launched the company Up to Speed Tutors, with himself as the sole instructor.

Vienna resident Ronettee Hicks is that original student from JS. A middle age Navy veteran with dyslexia, among other learning dis-



Brian Katkin, owner of Up to Speed Tutors, right, works with client Ronettee Hicks in the NOVA-Annandale campus library.

abilities, she never progressed further than a seventh grade education. Now with Katkin's help, she's pursuing a two-year degree in hospitality management and plans to open her own bed and breakfast.

Even with those goals, "Success for me is just the learning," said Hicks. "It's not about failing or passing. The final [exam], I want to pass, but I'm learning a lot more than I did before."

Katkin is getting her there using

a personal, professional approach. "I like that he's patient," said Hicks. "He takes the time to show me how exactly—I had no knowledge of how to write a paper, or put a sentence in the correct tense."

This strong student-tutor relationship seems like a snapshot of a young but thriving company, however owning a tutoring business wasn't initially part of Katkin's plan.

CURRENTLY KICKING OFF his third year as a full-time learning disability teacher at Lake Braddock Secondary School, Katkin is in his late 20s and on his second career.

After growing up in Burke and graduating from Lake Braddock, Katkin received a degree in journalism and Spanish from the University of Maryland.

He interned for USA Today covering sports—a young athlete-writer's dream job, theoretically—and then reported for the Legal Times in Washington, D.C.—in 2008. As the late nights of rush deadlines and depressing story assignments added up, Katkin felt less and less fulfilled.

"I like coming home when the sun is still up," he said. "It's hard to get up and go to work in the morning when you're reporting on layoffs."

Katkin decided to fall back on teaching. Having been a soccer and basketball coach for BRYC, as well as a teaching assistant for freshman level journalism classes and history at Maryland, he experienced some 20/20 hindsight. "I loved it. I look back and think

maybe I should've gone for education."

Returning to Fairfax from College Park, Katkin enrolled in an education master's program at George Mason University, concentrating on English. He took a class on special education teaching to fulfill an elective requirement, and quickly developed a keen interest in learning disabilities. With a budding passion, he pursued numerous substitute opportunities in Fairfax County Public Schools learning disability classrooms.

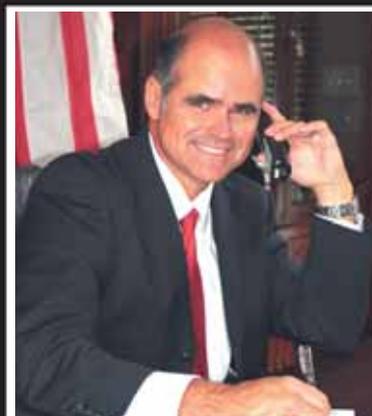
"I really enjoyed working with those kids," said Katkin. "They're all really creative, with a lot of personality. It's something I got a lot of energy from. I was definitely not going to rule out special education, even though my concentration was English."

Keeping his options open led to steady employment for Katkin: He accepted an offer to work as a learning disability teacher at Annandale High School in August 2010. And looking to supplement his faculty salary, he sought additional work as a tutor.

SEE TUTORING, PAGE 11

SEE TUTORING, PAGE 5

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NEWS

Tutoring

FROM PAGE 10

Unfortunately, in Katkin's opinion, most tutoring companies don't offer the necessary, comprehensive support that students with learning disabilities require to have success. "What frustrated me," he said, "was a lot of them have special education as another subject like English or math. But it's more of an understanding of how to modify content, make it more accessible to students." For six months he did find JS Academy suitable to work for, and took away some valuable observations of their ultimately flawed business model. They offered a great service for learning disabled students; however they operated out of several commercial locations. It didn't surprise Katkin they couldn't make ends meet, but the idea of a tutoring company still intrigued him. He also saw a dire need in the learning disabled community. After JS went under, Katkin determined there were no other learning disabled-focused tutoring company options in the Fairfax County area. And now, he said, "there's no more modified diploma. They need to pass their SOLs in high school in Northern Virginia. They need extra help. I just didn't feel like there was enough out there for them."

With just about a year and a half in the books, Up to Speed

TUTORS currently employs 17 indepen-

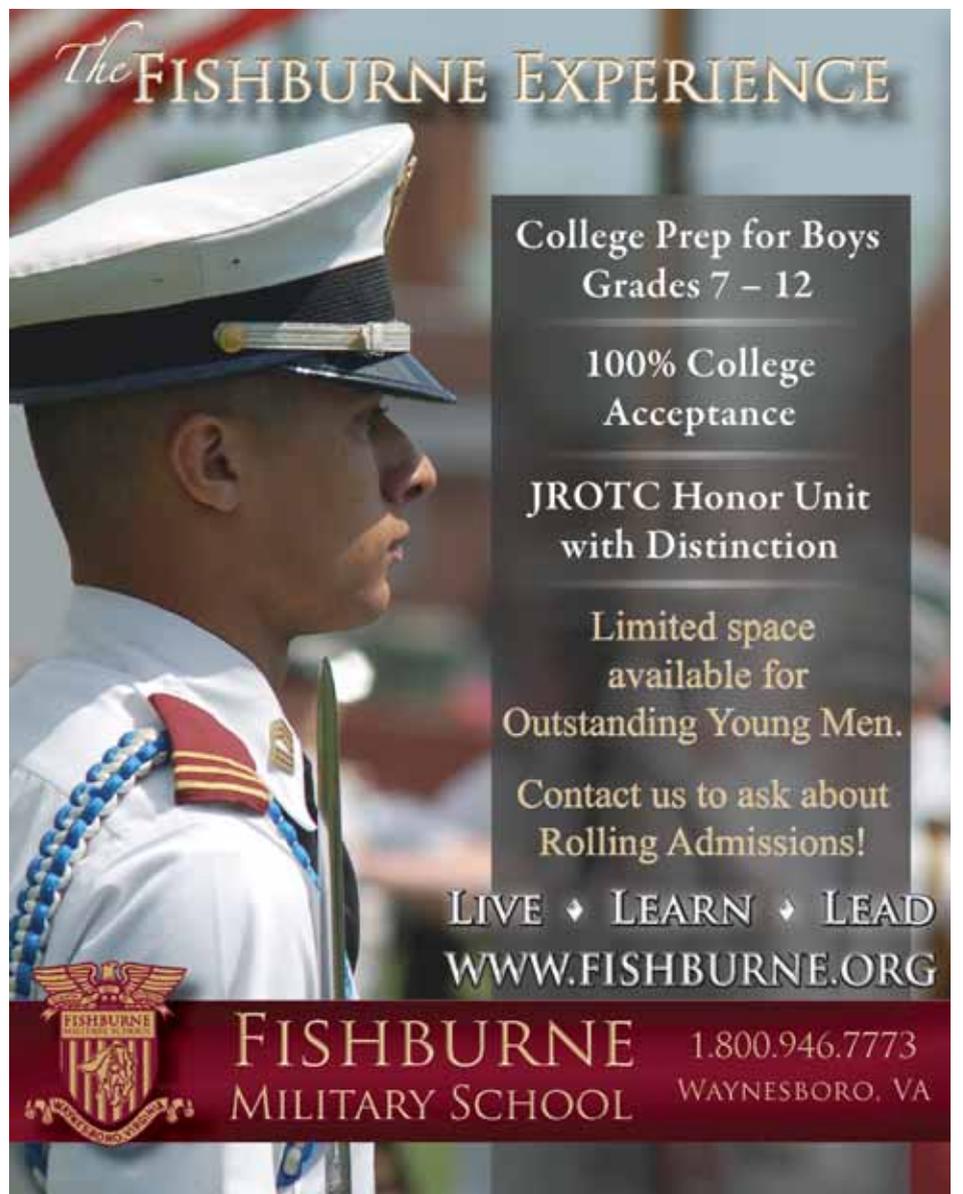
dent contract tutors—mostly teachers, all professionally licensed, by Katkin's requirement—servicing 22 student clients. Though the majority is in high school, the students range from second graders to middle age. Tutors go to the students, eliminating need for a central office, and students pay per session with no long-term commitments required.

Katkin puts in 20 hours a week on top of his full-time teaching load. Out of his apartment he runs the day-to-day administration, making sure everything goes smoothly with automatic bill-pay, electronic progress reports and tutor evaluations. Somehow, the initial curiosity has led to continued motivation. "It's like a hobby," he said. "Some people like to play video games or sports, and I like those things, don't get me wrong. But when something is yours, you want to grow it as much as possible, see where it goes."

At its current size, Katkin can ensure his personality and professionalism permeate the business. "We're small enough," he said, "I want the clients to know I'm here. My number is on the website. You don't see an 'info@uptospeedtutors.com.' I like the fact that it's personal."

It's clear the students do as well.

For more information, visit www.uptospeedtutors.com. Or meet Brian Katkin and Up to Speed Tutors at Art on the Avenue in Del Ray, Oct. 5 (www.artontheavenue.org).



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Home LifeStyle Decorating for Fall

Local designers offer suggestions for bringing the harvest into your home.

BY MARILYN CAMPBELL
THE CONNECTION

The colors of autumn are all around as pumpkins and squash fill produce stands and leaves change from green to orange, red and yellow before falling from their branches.

Local designers and tastemakers are unveiling home accents that bring the warm hues of the season into the home. Whether using pillows, throws or flowers, adding the colors and textures of fall requires less effort than one might expect.

"Emerald green, orange and turquoise are three of the biggest color trends we're seeing," said Marcus Browning of European Country Living in Old Town Alexandria. "Throws and pillows are a given, but you can also tie in traditional and modern accessories with rugs, stained glass lamps with modern or intricate designs."

Small trays provide a canvas for highlighting color and adding functionality to a room, says Marika Meyer of Marika Meyer Interiors in Bethesda, Md. "Color and pattern are in right now," she said. "I just purchased the C. Wonder (<http://www.cwonder.com>) navy and white chevron tray for my home. It adds a punch of color and freshness to a room. Preppy is back in a big way, too, offering lots of patterns."

Potomac, Md., based interior designer Sharon Kleinman of Transitions by Sharon Kleinman uses flowers to add warmth to a room. "I love mums," she said. "I put them on my kitchen island and on the hearth in my family room. I fill my yard and home with them. They offer such great fall color. I plant them in my flowerbeds and put them in pots on my front porch."

For those who don't want the maintenance of fresh flowers, Browning suggests their fabric counterpart. "Great silk flowers are nice to put in corners



Ann O'Shields, of The Nest Egg in Fairfax, says hand-blown glass pumpkins are a great way to add a touch of fall to one's home.



PHOTOS COURTESY OF THE NEST EGG

"Throws and pillows are a given, but you can also tie in traditional and modern accessories with rugs and stained glass lamps with modern or intricate designs."

— Marcus Browning
of European Country Living in Old Town Alexandria



Mums and pumpkins are classic fall accessories for both the exterior and interior of one's home.

of side boards," he said. "If you have a brown table, colored candle stick holders add a lot of great color."

Pumpkins, which are ubiquitous this time of year, are also one of Kleinman's fall accessories of choice. "I add them to the display of mums on my porch," she said. "I have a large ceramic pumpkin ... that I put on my kitchen table surrounded by real, tiny pumpkins, gourds and squash. I use that centerpiece from early October right through November."

David Mitchell of David Mitchell Interior Design in Washington used a similar style concept at a McLean home recently. "Wooden

bowls are a great way to bring in seasonal accessories," said Mitchell. "Pottery Barn has large, vintage, carved wood bowls that are great for a sideboard or coffee table, and you can fill them with mini pumpkins to add a dash of orange to a neutral space."

Ann O'Shields, of The Nest Egg in Fairfax, said, "Hand-blown glass pumpkins are extremely popular and a great way to add a classic touch of fall in your home."

Make use of fall foliage both inside and outside of your home, advises O'Shields. "Wreaths for fall are abundant, featuring leaves and small pumpkins, and are a great way to set the stage for fall décor," she said. "Mantel decorating ... is an easy way to create a focal point for fall in a room. Add leaves, fall candles, pumpkins and more to liven up a room."

Incorporating the hues of fall into a home's existing décor can help welcome the season in style. "Bringing in the colors of fall will add warmth to your home as the air gets crisper," said O'Shields. "Orange, gold, reds and brown are all earth tones that create a feeling of fall. Adding warm throws for cooler nights and updating throw pillows are easy ways to incorporate colors for the new season."

Style Meets Function

A local designer creates a stylish and functional master bathroom in an Alexandria home.

BY MARILYN CAMPBELL
THE CONNECTION



PHOTO COURTESY OF CASE DESIGN/REMODELING, INC.

Designer Allie Mann added a frameless glass shower and extra storage space when she remodeled the master bathroom of this Alexandria home.

Once a modest room reserved for bathing, the bathroom has become a showcase for cutting-edge design and luxurious materials. One Alexandria family discovered this when they decided to remodel the long, narrow master bathroom in their colonial home.

"Our old fixtures were wearing out," said homeowner Pat Smith. "Also the bathroom layout was choppy and dark. There was plenty of square feet, but [the space] was inefficient." The family hired Arlington designer Allie Mann of Case Design/Remodeling Inc. to transform the disjointed, utilitarian space into an oasis with a larger shower and additional areas for storage.

"The client's request for the bathroom remodel was a more open, connected plan," said Mann. "Before the vanity space didn't feel connected to the rest of the bathroom ... and the [entire] space felt disconnected. The client wanted dual vanities ... and a more modern feel."

Smith wanted to add sparkle to the bathroom without the inconvenience of a complete destruction: "We wanted ... a space that had better flow and lighting without having to go through whole-scale demolition. So the plumbing stayed mostly in the same location."

The Case team did remove an interior door in the bathroom space, however. "We reoriented the swing of another existing door to make the space feel more connected and open," said Mann. "We expanded the shower footprint by relocating a second sink. This gave the client the dual vanity she was looking for."

Senior project designer Steve Scholl said, "Because of the challenging existing layout, selection of materials and finishes were key in making those challenges disappear."

The new bathroom is outfitted with Kohler plumbing fixtures, a

frameless glass shower, porcelain tile, Crystal cabinets and Cambria countertops. "We selected finishes that were current, modern and transitional, and low maintenance," said Mann.

Smith purchased matching vanity mirrors, which Mann said, "Really completed the vanity look and pulled the space together."

Mann said that developing a good working relationship with the client was a key to achieving the homeowner's desires for the room. "This project was a challenge we were excited to tackle," she said. "We had a great rapport with the client from the start. We were in tune, in step with the concept and felt we could really deliver what [they] were looking for."

"The client's request for the bathroom remodel was a more open, connected plan."
— Allie Mann, project designer

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Community Concert Assists Local Food Banks

BY HANK MOLINENGO

On Sunday, Sept. 29 at Fairfax High School, Grammy nominated violinist Jenny Oaks Baker and the Mormon Choir of Washington, D.C. held a concert as part of the annual "Day to Serve" initiative to feed the hungry.

A crowd of 800 people came out and donated approximately 1,600 pounds of nonperishable goods. This food will be put to good use by local area food banks that are responding to unprecedented demand from those in need.

The theme for this concert was, "With Gratitude We Share." Greg Goehring, the concert director, organized and directed this concert and those in attendance were especially grateful to Jenny Oaks Baker and the Mormon Choir of Washington, D.C. for their willingness to lend their talents for such a worthy cause.

The program began with words from Neal Neumann, the narrator for the event, and Doug Bush, the president of the Annandale, VA LDS Stake, which collected thousands of



Jenny Oaks Baker and Gary Clawson with choir.

PHOTO CONTRIBUTED

pounds of food through donation solicited by patrons of local grocery stores and a 3K walk.

A rousing rendition of the "Star Spangled Banner" with Neal Neumann serving as narrator was performed followed by the work of Ms. Baker, former first chair violinist with the National Symphony

Orchestra.

She played a violin solo titled, "Souvenir d'Amerique." Ms. Baker also performed "Theme from Schindler's List" and "Amazing Grace."

Northern Virginia residents Erin Mecham, Bobbie Lattin, Kevin Riehle, and Greg Goehring per-

formed "Oh Susanna."

The Mormon Choir (www.mormonchoir.org) performed "Redeemer of Israel," "You Raise Me Up" with Gary Clawson as soloist, "Because I Have Been Given Much" and closed with "The Battle Hymn of the Republic" with the audience joining.

The organizations supported by the Day to Serve food donations included the following:

- ❖ Annandale Christian Community for Action (ACCA) supported by 26 area congregations; provides assistance to thousands of families and individuals each year.

- ❖ Our Daily Bread (ODB) supports low-income families who need not only food assistance but also need support and assistance with the rigors of daily living and social needs.

- ❖ Ecumenical Community for Helping Others (ECHO) is supported by 25 area congregations and provides both food and other household support to low income families.

These organizations provide assistance to all in need and the assistance is always free of charge to those who receive.

The Day of Service began in 2012 as collaboration between the governors of Maryland, Virginia, West Virginia and Washington D.C. It is an event that unites people of all faiths, races, cultures and backgrounds with the shared goal of helping those in need and improving the local community.

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To have community events listed, send to south@connectionnewspapers.com or call 703-778-9416 with questions. The deadline for submissions is the Friday prior to publication; we recommend submitting your event two weeks ahead of time. To see more entertainment events, go to: <http://www.connectionnewspapers.com/news/2013/may/22/fairfax-county-calendar/>.

THURSDAY/OCT. 10

Robin Lees. 6:30 p.m., at the Mason Inn and Conference Center, 4352 Mason Pond Drive, Fairfax. The folk gospel artist performs for the Chaplains Leadership Training Event. <http://www.tatemusicgroup.com/epk/?id=15217>.

THURSDAY-THURSDAY/OCT. 10-31

Fall Fest Pumpkin Playground. 9 a.m.-8 p.m. Sundays-Thursdays; 9 a.m.-9 p.m. Fridays-Saturdays, at Burke Nursery, 9401 Burke Road, Burke. Inflatable slides, obstacles courses and playgrounds, pumpkins galore, artisan market, fall plants and foliage for sale, many children's activities and all the fall-themed fun you can imagine. 03-323-1188 or www.pumpkinplayground.com.

FRIDAY-SATURDAY/OCT. 11-12

Scientific Myths and Divine Realities. 7:30 p.m. Friday, 9:30 a.m.-5 p.m. Saturday at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. British author Jon Freeman conducts a lecture Friday on his book, "The Science of Possibility." On Saturday he leads an experiential workshop entitled "Evolving Consciousness: A Leap into

Possibility." \$25 talk, \$60 for conference. www.unityoffairfax.org/jon-freeman.

SATURDAY/OCT. 12

Northern Virginia Step Out: Walk to Stop Diabetes. 8 a.m. check in, 10 a.m. walk, at Fairfax Corner, 4245 Summit Corner Drive, Fairfax. Team up with friends and family to do your part in the fight to Stop Diabetes at the Northern Virginia Step Out Walk. Register. 202-331-8303 ext. 4514 or www.diabetes.org/novastepout.

Burke History Day 2013. 10 a.m.-4 p.m., at Burke Volunteer Fire and Rescue Station, 9501 Burke Lake Road, Burke. A free day of children's activities, exhibits and presentations on Burke's history, from fighting the government to have the jet airport places in Dulles, not Burke, to turn-of-the-century horse racing; sponsored by the Burke Historical Society, runs concurrently with Burke Volunteer Fire and Rescue Department's Annual Open House. www.burkehistoricalsociety.org.

Fall Festival. 10 a.m.-5 p.m., in Old Town Fairfax. The 37th annual festival features 400-plus arts and crafts, information, food and gourmet food vendors, children's activities and three stages of music and entertainment. Free. 703-385-7858 or www.fairfax.gov/about-us/special-events/fall-festival.

Author Madeline Libre Book Signing. 1-3 p.m., at Saxbys Coffee, 10637 Braddock Road, Fairfax. "Who's Untying My Shoelaces?", a true story about the bond between a vulture, Clem, and his friend Mattie, tells of their adventures together and all the ways that Mattie helps him to discover his true self. 877-727-0697 or saxbyscoffee.com.

Second Saturday Art Walk. 6-9



Mariza will perform her modernized interpretation of fado, the ancient Portuguese genre which translates as "fate" or "destiny," at the Center for the Arts Friday, Oct. 18, at 8 p.m.

p.m., at the Workhouse, 9601 Ox Road, Lorton. See building upon building of art exhibitions. Highlights include Joe St. Germain's and Allen Levy's exhibition in Building W-5 Oct. 9-Nov. 3, color-filled abstractions made with knife work, structural borders and under-painting; Oct. 10-Nov. 3 is "Autumn Leaves, and a Theatrical Retrospective," or, in other words, an appreciation of the natural colors of fall. www.workhousearts.org.

FRIDAY/OCT. 18

"The Norwegian Paperclip." 7 p.m., at Norway House, 3846 Meredith Drive, Fairfax. A book signing and program by Olav R. Crone-Aamot, Norwegian underground operative against the German occupation of Norway in World War II, and career



PHOTO BY COLUMBIA ARTISTS MANAGEMENT INC.

The Hungarian State Folk Ensemble will perform Saturday, Oct. 19, at 8 p.m. and Sunday, Oct. 20 at 4 p.m. at GMU's Center for the Arts.

intelligent specialist with the US Army in Germany and Asia. 703-573-5943 or www.norwaydc.org. **Modern Fado by Mariza.** 8 p.m., at GMU Center for the Arts, 4400 University Drive, Fairfax. Mariza will perform her modernized interpretation of fado, the ancient Portuguese genre which translates as "fate" or "destiny." A pre-performance discussion runs 45 minutes prior to the performance on \$23-\$46; tickets are half price for youth through grade 12. 888-945-2468 or cfa.gmu.edu.

SATURDAY/OCT. 19

25th annual Spartanfest. 10 a.m.-3 p.m., at WSHS, 6100 Rolling Road, Springfield. A craft show, silent auction, games, food and more to benefit the school. 703-629-2760 or

wshsspartanfest@msn.com. **Burke Book Festival.** 11 a.m.-4 p.m., at Burke Volunteer Fire and Rescue Hall, 9501 Old Burke Lake Road, Burke. Author signings and readings, music, prizes, Stanley & Norman, the basset hound brothers featured in the children's book series by author Frank Monahan, young adult author Daniele Lanzarotta and a donation book drive on behalf of Unity Bowling and more. <http://rocketscienceproductions.blogspot.com/p/rsp-book-fair.html>.

Confederate States Marine Corps. 6-8 p.m., at Old Firestation #3 restaurant, 3988 University Drive, Fairfax. John Tansill speaks about his Confederate ancestor, Capt. Robert Tansill, CSMC, from Prince William County; a 6 p.m. dinner from the restaurant menu precedes a 7 p.m. talk. \$5. 703-425-5735. <http://www.stringfellowcamp.org/index.html>.

Vintage #18 Concert. 6-10 p.m., at Accotink Church, 10125 Lakehaven Court, Burke. The first set will be family and child-friendly; the rest of the evening features performers lending to a dance-hall feel. Refreshments will be available (childcare available upon request). \$10. 703-503-4579, administrator@accotinkuuc.org or vintage18.net.

Aziz Ansari. 8 p.m. at the GMU Center for the Arts Concert Hall, 4373 Mason Pond Drive, Fairfax. One of the stars of NBC's "Parks and Recreation" performs his own stand up comedy. \$35-\$45. cfa.gmu.edu.

SATURDAY-SUNDAY/OCT. 19-20

Hungarian State Folk Ensemble. 8 p.m. Saturday, 4 p.m. Sunday, at the Center for the Arts, 4400 University Drive, Fairfax. The troupe presents "Hungarian Rhapsody," a spirited journey through time that traces the history of this thousand-year-old culture through its dance and music traditions. \$ www.cfa.gmu.edu.

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PHOTOS BY BONNIE HOBBS/THE CONNECTION

The Fairfax County Honor Guard presents the colors at the Criminal Justice Academy graduation.

'Give Them Strength, Fortitude and Compassion'

Criminal Justice Academy graduates 43 officers.

BY BONNIE HOBBS
THE CONNECTION

The graduates of the 60th session of the Fairfax County Criminal Justice Academy included the police department's first Asian female, a former fire department deputy chief and a Bulgarian immigrant whose family tended vineyards.

The ceremony was Sept. 20 in GMU's Harris Theatre, and Circuit Court Clerk John Frey swore in 43 new officers. There were 26 county police officers, 13 sheriff's deputies, two Town of Vienna police officers, one Town of Herndon police officer and one county fire investigator.

The county's first female Korean police officer is Rachel Lee, a 2000 Centreville High grad. "It's something I wanted to do for a long time," said Lee, who previously worked as an office administrator in the healthcare field. "I wanted to be active and do something that would have an impact and benefit the community." Initially, she said, she'll explore all her career options, but she hopes to eventually become a detective.

There to see her graduate, as well as another new Korean police officer, Kyoung Pak, was fellow Korean Det. Roy Choe. He was the Sully District Station's 2011 Officer of the Year and now works in recruiting at police headquarters in Fairfax.

"I feel really great to see them both become police officers," said Choe. "And Officer Pak was my mentee. Hopefully, we'll get even more [Koreans] in the next academy session in November."

ACCORDING TO 2010 CENSUS data, some 189,661 Asians live in Fairfax County. But, said Choe, the county only has about 50 Asian officers and just 16—including Lee and Pak—who are Korean, speak that language fluently and understand Korean culture.

So Choe said having two more Korean police offic-



Police Officer Rachel Lee.

ers is important. "In the Northern Virginia area, especially Fairfax County, with all the immigrants who've moved here, there's a larger population of people not speaking English and only Korean," he explained. "So the police need people who can speak Korean so they can help them out."

At the academy, the students underwent a rigorous and intense, 24-week training period. It included 320 hours of academics, 84 hours of precision-driver training, 94 hours of firearms instruction, 110 hours of defensive-tactics conditioning and 130 hours of defensive tactics.

The graduation ceremony began with the county Honor Guard, plus PFC Patrick Briant, who played the bagpipes while the new officers entered the theater. Then PFC Laura Redman sang the National Anthem while the Honor Guard presented the colors and the audience stood.

Later, Craig Floyd, chairman and CEO of the National Law Enforcement Officer Memorial Fund, gave the keynote address and the academy graduates received their badges. But first, police chaplain Jim Hepler gave the invocation, and his words were powerful.

HEPLER SAID the officers know their chosen profession isn't an easy one. But, he said, "We do it because of our desire for goodness and love and a belief that our world still needs protectors." And he asked God to "see the light of hope and determination" within the new officers and to know that they're His "messengers of peace and righteousness."

"Every day, when these officers, deputies and fire marshals put on their badges, we ask you to be with them," continued Hepler. "Give them faith, give them strength, help them maintain their integrity and keep them grounded in the mission they set out to do."

"Our citizens expect our law-enforcement officers to be there for them at all times and in all situations. We ask You to be with these officers and let them remain compassionate at the right time, unyielding when needed and, at all times, give them strength and faith."

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'Great Performances' at Mason

Featured acts include the Joffrey Ballet, Sir James Galway, and four productions from the Virginia Opera.

BY TIM PETERSON
THE CONNECTION

Though not exactly suffering from a surplus, it's clear from their new lineup that the staff behind the George Mason University Center for the Arts is driving forward: Director of Artistic Programming Tom Reynolds introduced the 2013-2014 "Great Performances at Mason" season program announcing a wide array of talent that includes orchestras, choirs, dance ensembles and acting troupes from all over the world, once again a testament to the center's commitment to artistic diversity.

REYNOLDS WAS INTRODUCED at the season preview event by William F. Reeder, dean of the College of Visual and Performing Arts at George Mason. Reeder used his time at the podium to address his college's lofty goals of growth and community involvement, motivated by rapid expansion in the arts student population and a continued desire to be a cultural hub in the Fairfax region.

Reynolds elaborated on Reeder's outline in an interview the following day. "We're not in the mode of trying to make everyone part of George Mason," he said. "But what we do understand is we cannot be as successful as we want to be unless we embrace the local and regional arts organizations as well. [They should] continue to have their own identity, but we assist them."

To that end, Reynolds also announced a partnership with the Fairfax Symphony whereby the George Mason hall will become the group's home stage. "We want to be a part of assisting this community," Reynolds continued in the interview. "That's the thought process. Making sure that we're as inclusive as we can be. We're pleased to have the Fairfax Symphony using our hall."

ORCHESTRAL MUSIC—including performances from the American Festival Pops Orchestra, Irish Chamber Orchestra (featuring Sir James Galway),



PHOTO CONTRIBUTED BY PAUL COX

IRISH CHAMBER ORCHESTRA FEATURING FLAUTIST SIR JAMES GALWAY: In this fall performance, legendary flautist Sir Galway takes the spotlight along with the renowned Irish Chamber Orchestra, conducted by elite maestro JoAnn Falletta. The program includes Harty's "In Ireland," Mozart's Flute Concerto No. 2 in D major, Hammond's "Carolan Variations," and Mozart's Symphony No. 41 (Jupiter).
Saturday, Nov. 2, 8 p.m. \$75/\$67/\$37.50.

and Haifa Symphony Orchestra—is just a portion of the more-than-50 acts filling out the new program. The Virginia Opera series comprises "Carmen," Mozart's "The Magic Flute," "Falstaff" and "Ariadne auf Naxos."

Live theater lovers should be sated by "Twelfth Night" by Aquila Theater, "The Graduate" from L.A. Theater Works and "Rosencrantz and Guildenstern are Dead" by The Acting Company. Jazz, blues, folk and even Celtic music dot the instrumental segment of the program, but what truly leaps from the season brochure is dance.

Among offerings from the

genre (which still owns no dedicated space at the university) are The Lar Lubovitch Dance Company, Parsons Dance, Mark Morris Dance Group, the Shanghai Ballet... and the highly acclaimed Joffrey Ballet. "The dance season is something I'm particularly proud of," said Reynolds in the interview.

"These are truly international artists, really the best," he continued. "We've done a good job of representing all the various kinds of dance out there. That might be a surprise, that we can put together that strong a season in one year."

SEE MASON, PAGE 19

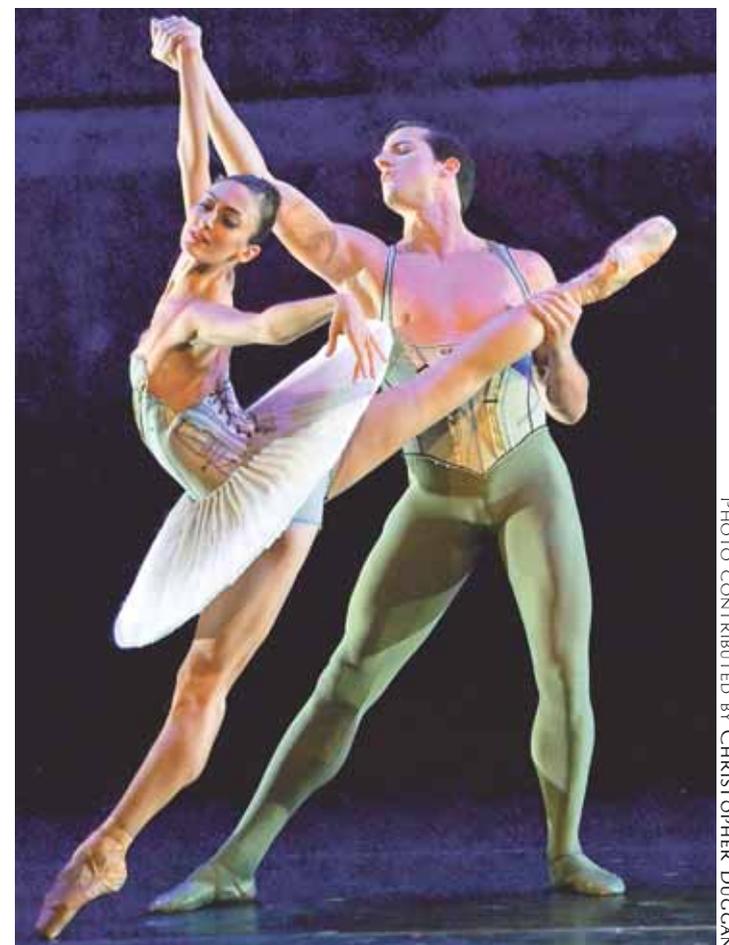


PHOTO CONTRIBUTED BY CHRISTOPHER DUGGAN

JOFFREY BALLE: The legendary dance ensemble comes to Fairfax for two contemporary performances the second weekend of March 2014. Friday features a show entitled "American Legends" with the Jerome Robbins-choreographed work "Interplay" and Twyla Tharp's "Nine Sinatra," while Saturday, "Body & Soul" showcases Christopher Wheeldon and Yuri Posskhov's choreography set to contemporary and classical music from Arvo Pärt and Rachmaninoff.
Friday, March 7 and Saturday, March 8, 8 p.m. \$50/\$42/\$25.



PHOTO CONTRIBUTED BY ERIC RYAN ANDERSON

BRANFORD MARSALIS: Three Grammys adorn the career of this New Orleans-native jazz saxophonist and composer. The technically impeccable yet creatively inspiring musician will perform originals and jazz standards with his quartet.
Saturday, April 12, 8 p.m. \$48/\$40/\$24.

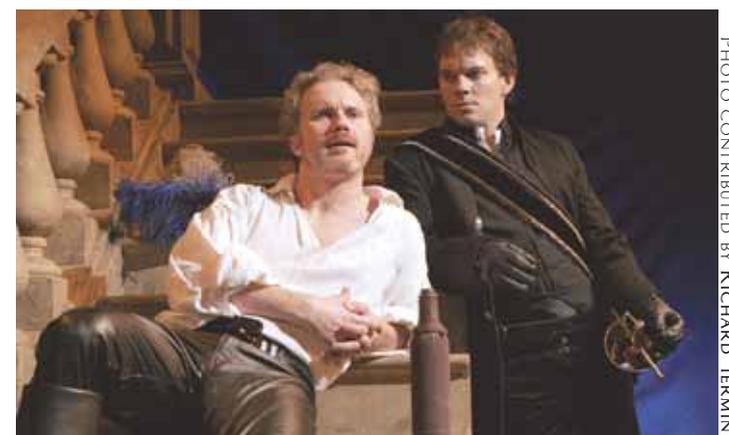


PHOTO CONTRIBUTED BY RICHARD TERMIENE

THE ACTING COMPANY: ROSENCRANTZ AND GUILDENSTERN ARE DEAD — The playwright Tom Stoppard's existential spinoff from "Hamlet" runs for one night in March 2014. Two relatively minor roles from the bard's play tirelessly and cleverly weigh their significance in the historic royal plot. The production of the tragic comedy benefits from direction by Tony Award-winner John Rando.
Saturday, March 1, 8 p.m. \$44/\$36/\$22.

ENTERTAINMENT



PHOTO CONTRIBUTED BY ELLWYN KAUFFMAN

MARIACHI LOS CAMPEROS DE NATI CANO: FIESTA NAVIDAD — This Grammy Award-winning Mexican ensemble has become a favorite at the Center for the Arts, and the group continues its relationship with the Fairfax community in December 2013. Their combination of American and Mexican carols, performed with singing, dancing and authentic garb, should once again provide a highly entertaining winter afternoon.
Sunday, Dec. 15, 4 p.m. \$50/\$42/\$25.

Mason Promotes Artistic Diversity

FROM PAGE 18

A SIGNIFICANT DIFFERENCE from previous seasons is a decrease in the sheer number of performances. Similar acts to shows that may have run two or three nights in the past will only run one to two nights. For a more family- and youth-friendly incentive, another change involves offering half-price tickets for children and students up through 12th grade on all shows.

Reynolds has mixed up the programming from past years as well, citing the need to keep his lineups interesting. One under-the-radar act is Max Raabe & Palast Orchester, a German big band evoking 1920s Berlin. According to Reynolds, the group is “so different from anything we’ve ever done.”

“It will just be a delightful evening,” he continued. “It’s not something people are accustomed to, but I know if they come they’ll have a great time. I want to find things that are different, that they haven’t seen before. It keeps us fresh and keeps the community informed about what’s going on in the art world.”

“I say it every year,” Reynolds concluded, “but I’m really proud of the diversity [this program] has. Short of having superstars, it can appeal to a lot of different people.” Which is a great way to assist a community.



PHOTO CONTRIBUTED BY GEORGE MASON UNIVERSITY CENTER FOR THE ARTS

VIRGINIA OPERA: CARMEN — Georges Bizet’s classic tragedy with unmistakably iconic and emotional music will be performed twice in April 2014: a Friday primetime performance and a Sunday matinee. The complex love story of Don José and the elusive gypsy Carmen will be sung in French with English supratitles.
Friday, April 11, 8 p.m.; Sunday, April 13, 2 p.m. \$98/\$80/\$48.

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THE CONNECTION



South County running back LeVaughn Davis rushed for 128 yards and five touchdowns against West Springfield on Oct. 4.

PHOTO BY CRAIG STERBUTZEL
THE CONNECTION

South County Football off to 4-1 Start

Stallions dismantle West Springfield, 54-3.

BY JON ROETMAN
THE CONNECTION

The South County Stallions stumbled out of the gate each of the last two seasons, piling up early losses before hitting their stride.

In 2011, South County overcame a 0-3 start by winning its next 11 contests and reaching the Group AAA 5-state championship game.

In 2012, the Stallions lost five of their first six games, but responded with five consecutive victories and advanced to the region semifinals.

The South County football program has proven it can overcome adversity. Now the Stallions have a chance to show what they can accomplish when things are going right from the start.

South County is 4-1 and has scored at least 34 points in each game and more than 50 points in each victory. On Oct. 4, senior running back LeVaughn Davis galloped past West Springfield for 128 yards and five touchdowns as the Stallions spoiled the Spartans' homecoming with a 54-3 victory at West Springfield High School.

South County turned the ball over on downs on its opening possession and quarterback David Symmes was intercepted during the Stallions' second drive. Meanwhile, West Springfield took a 3-0 lead on a 19-yard field goal by Jaxon Clark.

South County would break through on its third drive, taking the lead for good on a 16-yard touchdown run by Davis. The Stallions dominated the remainder of the contest, scoring seven rushing touchdowns.

Davis, a three-year varsity athlete, scored on runs of 16, 1, 5, 2 and 17 yards.

"We started off slow for the second week in a row for I don't know what reason," Davis said. "... Our [linemen], they have a short memory. They just keep fighting hard. They just open up the holes [and] I'm running through them. They make it real easy for me."

Through five weeks, South County has victories against Mount Vernon (56-7), Hayfield (56-21), Lee (53-9) and West Springfield. The Stallions' lone loss came against Chantilly (42-34).

How have the Stallions avoided another rough start?

"I think we're just more hungry," Davis said. "We know what we have to do and our coaches, they're just hard on us, so we have no choice but to go hard. But this year, we should go all the way to states. Nothing less."

South County head coach Gerry Pannoni credited



West Springfield quarterback Jacob O'Connell throws a pass against South County on Oct. 4.

cohesiveness for the strong start as many of the team's athletes have worked with one another for several years.

Against West Springfield, the Stallions shined on both sides of the ball. On offense, South County's up-tempo attack amassed more than 300 yards on the ground and scored seven rushing touchdowns. Fullback Michael Gibson rushed for 82 yards and Symmes had 68 yards and a score. Mitchell Seeman scored on a 3-yard run in the fourth quarter.

Symmes completed eight of 15 passes for 115 yards and an interception. His 37-yard strike to James Simon set up the Stallions at the West Springfield 1-yard line late in the first half. Davis scored on the next play, giving South County a 17-3 lead.

Symmes also hauled in a 35-yard reception.

Pannoni said the Stallions' tempo wasn't where he wanted it to be.

"We started out not very good, beating ourselves with mistakes," he said. "Once we eliminated those, we were OK. They just have to keep grinding it out."

The South County defense, a unit with eight athletes who saw significant playing time last season, limited West Springfield to 60 yards of offense, including minus-28 on the ground. Stallions defensive back Kyle Foley intercepted a pass early in the second half, setting up a seven-play, 36-yard scoring drive, capped by a 5-yard touchdown run by Davis.

West Springfield quarterback Jacob O'Connell completed nine of 21 passes for 86 yards and an interception.

The Spartans fell to 2-3. After a 2-1 start, West Springfield has been outscored 117-3 in its last two games against Westfield and South County.

West Springfield will travel to face West Potomac at 7:30 p.m. on Friday, Oct. 11. South County will travel to face T.C. Williams in a matchup of 4-1 teams at 1 p.m. on Saturday, Oct. 12.



Senior outside hitter Monica Naderi-Colon and the West Springfield volleyball team swept T.C. Williams on Tuesday.

West Springfield Volleyball Sweeps TC

Nagel leads Spartans with 10 kills.

BY JON ROETMAN
THE CONNECTION

After edging the T.C. Williams Titans in the first two sets, the West Springfield volleyball team left little doubt in the third.

Led by a pair of aces and a kill from Monica Naderi-Colon, the Spartans opened the third set with an 11-1 run and cruised to a 3-0 (25-22, 25-23, 25-7) victory at West Springfield High School.

In the Spartans' previous match, a 3-0 loss to Robinson on Sept. 30, West Springfield lost a pair of close sets before suffering a lopsided defeat in the third. This time, it was the Spartans coming out on top in such a manner — something head coach Stephanie Noriega credited to mental toughness.

"I was really proud of my girls for stepping up their mental game today," Noriega said. "We had a rough game last week against Robinson, where we kind of mentally collapsed, so we've been working on that for the last week, and they really did it. It was all them. They stepped up to that challenge of

playing mentally stronger and I think that's what made the difference in those first two sets.

"... It's funny because the exact same thing happened to us last week against Robinson. The first two sets were super close ... and then the third set, we were the TC of tonight, where we just kind of imploded at the end."

Senior middle blocker Tina Nagel led West Springfield with 10 kills. Naderi-Colon and Jennifer Zimmerman each had eight for the Spartans.

Sydney Cordoba and Naderi-Colon each had three kills.

Alexus Foreman led TC with eight kills.

West Springfield overcame a 15-10 deficit to win the second set. Trailing 23-22, the Spartans scored the final three points, including an ace from Naderi-Colon and a kill by Zimmerman.

"We really dug deep as a team and we really had to come together," Nagel said. "We started talking and once we started talking, everything just kind of fell together. We got out of our funk and we played our game."

West Springfield (11-8) will host Lake Braddock at 7:15 p.m. on Thursday, Oct. 10. T.C. Williams (10-5) will host Washington-Lee.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

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Sat, Oct 12 from 9am-1:00 (rain date Sunday)

21 Announcements

ABC LICENSE
Landini Imports, LLC trading as Landini Imports, 7220B Telegraph Square Drive, Lorton, VA 22079. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine Importer/Wholesaler license to sell or manufacture alcoholic beverages. Mark R. Dycio, Managing member
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

21 Announcements

OBITUARY

LTC J. Lee McBride USA (ret), 62, passed away on 3/4/13, at his home in Springfield Va. He is survived by his wife, Mingi; his stepmother, Vicky Klasses; Sisters Diane Goodin, Mary Lee Stoll, and his twin, Jo Ann McBride; as well as nieces and nephews. Born in Alexandria, he attended school there and graduated from Fort Hunt H.S. in Fairfax County.

A graduate of VPI, Lee spent 22 yrs in the Army. Among his achievements were: Ranger, Jump Master, Infantry Officer and Air Operations Officer.

A Memorial Service was held on 10/8 at Old Fort Chapel, with burial at Arlington National Cemetery.

21 Announcements

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21 Announcements

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21 Announcements

21 Announcements

21 Announcements



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21 Announcements

21 Announcements

21 Announcements



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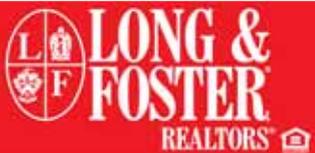


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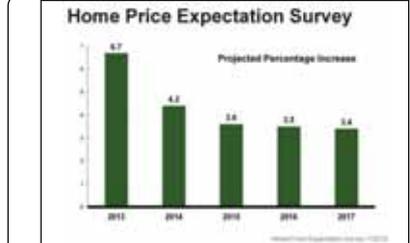


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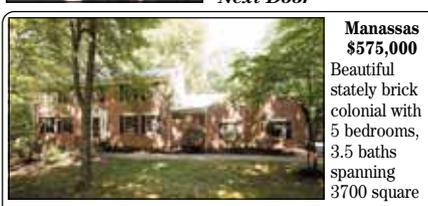


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