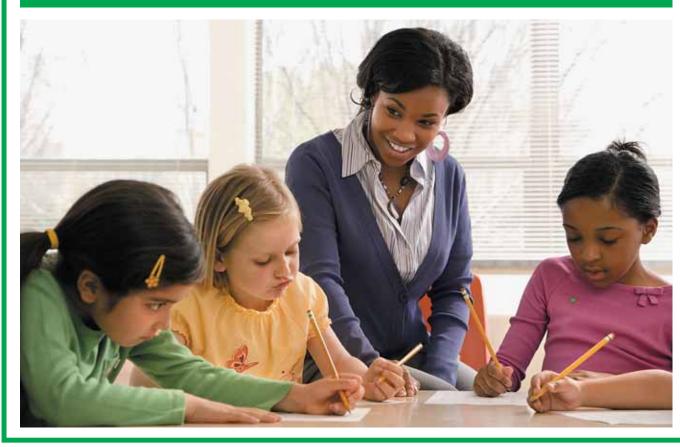


Vote 'Yes' for Our School Bond on November 5th!



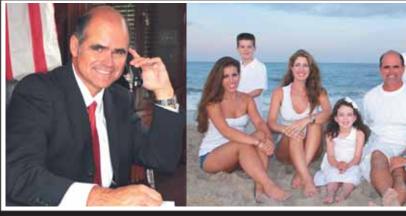
- Schools are our Community Centers for Meeting, Recreation, and Learning
- We Need More Classrooms for our Increasing Student Population
- We Need to Renovate Existing Classrooms
- Renovated Buildings Enhance Student Safety
- The Use of Bonds will NOT Raise Taxes!





Fairfax County Federation of Teachers PTA, Fairfax County Council

RETURNING HONESTY, FAIRNESS AND INTEGRITY TO THE FAIRFAX COUNTY SHERIFF'S OFFICE





FAIRFAX COUNTY CITIZENS ARE READY FOR A NEW SHERIFF BRYAN "B.A." WOLFE

- WILL BRING NEW LEADERSHIP, NEW COMMAND STRUCTURE, NEW MANAGEMENT AND NEW TECHNOLOGIES TO THE FAIRFAX COUNTY SHERIFF'S OFFICE
- WILL IMPROVE THE WAY SHERIFF'S DEPUTIES AND THE COMMUNITY RESPOND TO PEOPLE EXPERIENCING MENTAL HEALTH ISSUES
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PAID AND AUTHORIZED BY FRIENDS OF BRYAN WOLFE AUTHORIZED BY BRYAN WOLFE, CANDIDATE FOR FAIRFAX COUNTY SHERIFF



Visitors on the Reston Home Tour enjoy the view of Lake Anne at the home of Ketsana Vongsavat Saturday, Oct. 19, which was the first occupied residence in Reston.

Home Tour Celebrates Simon's Vision

Annual tour gives glimpse of variety of Reston homes.

By Alex McVeigh The Connection

anielle Harrison has lived in Reston for 10 years. She has attended a few events at the Reston Museum, is excited for Reston founder Robert Simon's 100th birthday next April and considers herself very knowledgeable when it comes to Reston history. But despite all that, while walking through a townhouse on the annual Reston Home Tour, she found herself dumbfounded.

"I walked through most of the house thinking what a wonderfully modern twist this house had. I figured it was an older house, given that it's around Lake Anne," she said. "But after I was outside, I was talking to a few people, and someone told me it housed Reston's first ever residents, and I was blown away."

The house, located on Orchard Lane, was one of five Reston houses on display at the annual home tour Saturday, Oct. 19. It was Wednesday, Dec. 9, 1964 when Samuel Furcron and his wife became Reston's first family.

Today, the house is owned by Ketsana Vongsavat, the son of Laotian immigrants who grew up in Reston. Vongsavat picked up the sport of tennis at one of Reston's summer camps, and parlayed that skill into a college scholarship.

HE SEARCHED for 14 years, from San Diego, Calif. to Austin, www.ConnectionNewspapers.com

Texas, before he made his home in Reston, in what he calls "a one-of-a-kind house with amenities and luxury that would bring happiness and serenity every day."

While Vongsavat's residence is literally Reston's oldest, another stop on the tour featured one of Reston's state-of-the-art condominiums.

The home of Carl and Marsha Swerloff in Reston Town Center's Midtown building is one of several residences they have lived in during their 45 years in Reston.

They purchased the unit from a blueprint, three years before it was ready to occupy, and the move forced them to pare down their cast collection of prizes gathered over a lifetime of traveling to flea markets from Virginia to Paris, France.

"I would have loved to see their collection before they pared it down, because I thought the decorations, particularly the Frenchstyle advertisements all over the walls, gave the place a wonderful charm," said Seth Plummer of Reston. "It just shows the little touches that some time exploring all over the world and a keen eye can bring to a home."

It was expansion in the mind of Peter and Nedra Agnew when they were searching for a new house five years ago. The couple decided they might be willing to move from their North Point town home if they could find a home with a first-level master suite.

"We had no desire to move away

from Reston since we had the best of everything, fabulous walking and biking trails, great shopping and a farmer's market, a hospital and a wide variety of recreational activities," Nedra Agnew said.

The home on Hemingway Drive was carefully planned both inside and out. A handcrafted glass and fumed oak stairway, as well as an upper loft area, teak and walnut in the bathrooms and sandblasted oak on the fireplace are just a few examples of the varied custom woodwork inside and outside the house.

"The use of wood in this house is incredible, it makes it feel cozy, but also very modern, especially the two-tone cabinets in the kitchen, which are beautiful," said Olivia Deutch of Vienna, referring to the cabinets made of light African anigre on the top and dark, American stained oak on the bottom.

The Casson home on Wild Bramble Way is a more traditional house, but owners Don and Kim Casson have added many signature touches. Kim Casson, a designer, was working with the neighborhood's developer on a project years ago, and was hired to do the model home in the Estates of North Hills.

THE COUPLE had already been thinking about moving with their newborn son from their Falls Church home, to a neighborhood with sidewalks to accommodate a stroller.



Guests on the Reston Home Tour enjoy the view in the kitchen of the home of Carl and Marsha Swerdloff, one of the stops on the Reston Home Tour Saturday, Oct. 19.



The kitchen of Peter and Nedra Agnew, featuring handmade wooden cabinetry, is explored on the annual Reston Home Tour Saturday, Oct. 19.



The expanded master suite in the home of Don and Kim Casson, one of the stops on this year's Reston Home Tour.

"We were already thinking about moving when Kim came home one night and said that it was a great neighborhood, one that we should look at," said Don Casson. "We did, and two days later we bought our lot."

The Cassons made several changes to the home as their family grew bigger.

Their side sunroom is known as the "frat house," because their sons used to hang out with their friends. In 1996, they added an elevated screened porch, which they called the "Casson Family Tree House."

In 2007 they redid their kitchen as part of other renovations, adding a handmade stone arch and wall to the kitchen and adjacent wine cabinet and storage area.

"The use of stone in the house was great, it gave the kitchen a signature touch, something different that wasn't expected with the rest of the house," said Emily Raymond of Herndon. "And I really liked their selection of decorations throughout the house, especially the 19th century French armoire, which we were told the husband bought in pieces and built and finished himself."



Family Fun Day at Reston Heights

Sunday, October 27 Noon – 4pm

Live Music, Petting Zoo, Food & Drink, Kids' Activities, Hay Maze, Car Show, Cornerstones Help the Homeless Community Walk, ADVANCE REGISTRATION REQUIRED

AND MORE!

11750 Sunrise Valley Drive, Reston

The Front Yard of the Sheraton Reston & The Westin Reston Heights

thefestivalonthesquare.com





RESTONHEIGHTS

























Denim Do-gooders Help Put Zip on Homelessness

Deltek hosts "challenge breakfast" to turn \$5 into \$25,000.

> By Victoria Ross The Connection

asual Friday got a twist on thou-Oct. 18, as sands of employees throughout Fairfax County became denim do-gooders by throwing on a pair of jeans to help prevent and end homelessness.

Deltek, Inc., the Herndon-based global software and information solutions company, kicked off the third annual Jeans Day in Fairfax County by hosting a fundraising breakfast. The company, founded in 1983 by Don deLaski and his son Kenneth, hosted one of the first Jeans Day events in Fairfax County.

"Jeans Day is a fun, easy way to spread awareness of homelessness in Fairfax County and engage your team while giving back."

> - Kathy Albarado, **CEO of Helios HR in Reston**

"We were excited to see Deltek host this challenge breakfast that welcomed businesses, nonprofits and other community leaders interested in helping to make jeans day a huge success this year," said Dean Klein, director of Fairfax County's Office to Prevent and End Homelessness (OPEH). "Even though we continue to have great support from longtime supporters, we also saw so much energy and enthusiasm from new partners."

Launched in 2011 by OPEH, Jeans Day is a popular fundraiser for homelessness and other causes nationwide. Companies invite employees to wear their jeans to work in exchange for a \$5 contribution to fight homelessness. Since 2011, Jeans Day has involved more than 200 organizations representing more than 10,000 employees.

Jeans Day 2013 was hosted by The Fairfax County Chamber of Commerce, in partnership with the Fairfax-Falls Church Community Partnership to Prevent and End Homelessness, The Connection Newspapers and Apple Federal Credit Union.

This year, Jeans Day participants had a special challenge, and an opportunity to turn \$5 contributions into \$25,000.



Deltek staff with Board of Supervisors Chairman Sharon Bulova and other Jeans Day sponsors supporters.

"We were selected to receive a \$25,000 Challenge grant from the Phillip Graham Fund to support the 3rd Annual Jeans Day event," Klein said. "This exciting grant helped us

challenge businesses, schools, faith groups and individuals to help us to meet a larger goal of \$25,000."

When the county meets its \$25,000 goal, the Phillip Graham Fund will provide a matching \$25,000, according to Ted Lutz, a member of the governing board of the Fairfax-Falls Church Community Partnership to Prevent and End Homelessness and the Phillip Graham Fund.

Nearly 3,000 children, women and men face homelessness and the threat of severe temperatures and hunger today in the Fairfax County-Falls Church community. The majority of people without homes in the community are children and working families. Homelessness affects

everyone, with social and economic costs to the community, including increased public costs for medical care and education.

"The need is so great in our community,"



Members and staff of Our Daily Bread, a Fairfax County volunteer-based organization focused on easing the plight of low-income residents, show off their Jeans Days spirit.

Рното CONTRIBUTED

Reston. "Jeans Day is a fun, easy way to spread awareness of homelessness in Fairfax County and engage your team while giving back. Think about the impact we could make if everyone collectively wore their

said Kathy Albarado, CEO of Helios HR in

favorite pair of jeans on Jeans Day."

"We applaud Helios HR for stepping up to support the great work to end homelessness that has already been so successful in our community," said Fairfax Chamber President & CEO Jim Corcoran. "Northern Virginia organizations like Helios step up every day to support our community in many ways, but we're especially excited about this opportunity because it's a chance for their employees to get involved directly.'

"I am so pleased to see how many individuals and businesses have signed on to help us in our fight to end homelessness," said Fairfax County Board of Supervisors Chairman Sharon Bulova. "I continue to urge those who have not already committed to take this simple and fun opportunity to help us assist those in need. As we continue to work together, I feel confident that we will be able to prevent and end homelessness as we know it in the Fairfax-Falls Church community." For more information about homelessness in Fairfax County, go to http:// www.fairfaxcounty.gov/homeless/.

Turn \$5 into \$25,000

Interested organizations can continue to donate to the Jeans Day initiative through Dec. 15. And individuals who wish to take part in this initiative may donate online via Apple Federal Credit Union or drop off a donation at any Apple Federal Credit Union

3 WAYS TO DONATE:

Donate online through Jeans Day 2013 financial partner, Apple Federal Credit Union. Can't access or don't have a Facebook page? Donate directly to the Apple Federal Credit ccount. through the Apple FCU Foundation.

♦ Cash

Cash donations will be accepted at any of Apple Federal Credit Union's branch locations. Mention "Ending Homelessness in Fairfax County" to the teller at the time of

Checks will be accepted at any of Apple Federal Credit Union's branch locations. Make checks made payable to PEH/CFNCR and mention "Ending Homelessness in Fairfax County" to the teller at the time of deposit.

One may also mail checks or money orders

The Community Foundation for the National Capital Region 1201 15th Street NW, Suite 420 Washington, DC 20005

For all checks, reference "Homelessness" in * Where are the donations going?

All funds raised go directly to the Partnership to Prevent and End Homelessness. This fund not only supports rapid re-housing activities, but also provides resources that tackle multiple prevention issues.

OPINION

Halloween Party Safety Net

Make plans for a safe celebration; SoberRide safety net for those over 21.

alloween is now a major holiday for adults, especially young adults, and also one of the major holidays each year that involve partying with alcohol and the risks of drinking and driving.

The Washington Regional Alcohol Project offers the SoberRide program for the holiday season from Christmas and holiday parties through New Years Day, Saint Patrick's

Day, Independence Day and Halloween, providing a safety net of a free cab ride home (up to \$30) to keep wouldbe drunk drivers off the roads.

Of course if you, or the young adults you know, plan to be out for Halloween celebrations that will almost certainly include alcohol, make a plan now to do that partying within walking distance, near public transportation or to have a reliable designated driver.

But if someone finds themselves without safe and sober way home, the 2013 Halloween SoberRide program will be offered from 10 p.m., Thursday, Oct. 31 until 4 a.m., Friday, Nov. 1.

To receive a free cab ride home (up to a \$30 fare), call 800-200-8294 (TAXI), AT&T customers may dial #WRAP from their wireless phones. To use the SoberRide service, you must be 21 or older.

Parents of teens who will be headed to par-

ties on Halloween and the weekend after should know that it is likely those parties will include alcohol. Parents must be brave and talk to their teens

about how they will get home safely since SoberRide is not available for anyone under-

Remember that there are other hazards to drinking too much besides the risks of drinking and driving.

> — Mary Kimm, MKIMM@CONNECTIONNEWSPAPERS.COM

Weekly Reminder To Vote

Election Day is Tuesday, Nov. 5., less than two weeks away.

Most voters qualify to vote early, called voting "absentee in person," for a variety a reasons, and can do so until Saturday, Nov. 3.

Contact

Fairfax County Board of Elections, 703-222-0776, www.fairfaxcounty.gov/eb/, 12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

City of Fairfax General Registrar, 703-385-7890, http://www.fairfaxva.gov/Registrar/ GeneralRegistrar.asp, 10455 Armstrong Street, Sisson House, Fairfax, 22030; FAX 703-591-8364; email kevin.linehan@fairfaxva.gov

State Board of Elections, 804-864-8901 Toll Free: 800-552-9745 FAX: 804-371-0194, email: info@sbe.virginia.gov,http:// www.sbe.virginia.gov/cms/ Voter_Information/Index.html

LETTERS TO THE EDITOR

Saving Public Libraries

expect the nation to be illiterate by 2050, so books will not be needed. Instead of planning for my grandchildren's needs today, the county has decided to prepare for their grandchildren's needs in an imaginary future where people no longer read, where electronic devices enable them to communicate without written language, where books no longer exist. (From a study on architect Grimm &

Changes being currently considered to the Reston Regional Library will eliminate the children's desk and all Youth Services. All nated. Information librarians will be eliminated. Professional degrees for librarians will no longer of library director. Staff will be cut

Because of the community up-Neck Road, Reston, at 7 p.m.

If library services are something

SEE LETTERS, PAGE 7

To the Editor:

A significant number of planners Parker's website.)

children's librarians will be elimibe required even for the position by a third, from 20.5 to 13.5.

roar over book dumping by FCPL, citizens and taxpayers have been given a little time for public input to consider the proposed changes (the Beta Plan). Supervisor Cathy Hudgins will host a public meeting Oct. 30 at the Hunters Woods Elementary School at 2401 Colts

you value, you need to attend this

Reston

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The Damage Is Already Done

EDITORIAL

By Gerry Connolly U.S. Representative (D-II)

hose who cannot learn from history are doomed to repeat it" was sage advice from the philosopher George Santayana.

Nothing more aptly characterizes the recent actions of the Republican majority in the U.S. House of Representatives. The

scene that played out on Capitol Hill over the last few weeks was shameful and dangerous, but sadly, not unprecedented. Unfortunately, unwillingness to compromise has become a hallmark of House Re-

For too long, the House majority held the American public and economy hostage — and for what? They refused to accept the Affordable Care Act as the law of the land, even after they tried to defeat the ACA in Congress, in the Supreme Court, and at the ballot box. Each time, with each challenge, the law was upheld.

Can the ACA be improved? Yes, and I am eager to join my colleagues in working to that end. But is it worth shutting down the government, forcing dedicated public servants and private sector employees to stay home from work without pay, and threatening our economy? Absolutely not.

Though the shutdown may be over, the damage has been done.

The pain inflicted is real and was felt across the country. It meant delays in processing veterans' benefits, federal small business loans, and new social security claims. It threatened national security, public health, and NIH research. National parks were shuttered and confidence in the American political system was hurt.

No state was hit harder than Virginia, where 25 percent of our Commonwealth's entire economy is tied to federal spending.

Across Fairfax and Prince William, I heard from many of those affected by this shutdown. Whether it was the 12-year-old boy worried because his mom was furloughed or the stressed homeowner with two furloughed family members struggling to figure out how they would make it through the month, their stories hit home.

The private sector was not spared either. I heard from federal contractors, laid off or forced to use leave time because of sus-

pended contracts, who will likely never be made whole. I heard from the region's chambers of commerce and other business leaders about the effects on their company employees and Northern Virginia's

It is estimated that the shutdown cost Virginia's economy more than \$200 million a day. That's \$1 billion a week. All of this pain could have been avoided entirely if the House Republican majority had allowed an up-or-down vote on the clean funding bill passed by the Senate. A bipartisan majority of Virginia's congressional delegation supported it and it would have passed the House with strong support from both sides of the aisle.

As if the shutdown wasn't bad enough, Republican leadership allowed the debate over funding the government to spill into debt ceiling negotiations. Recent history has shown us there are real consequences to threatening the full faith and credit of the United States, both in terms of our national economy and the world economy.

I hoped my colleagues in Congress might have learned from that experience. But once again, we heard calls from tea party Republicans that "default wouldn't be that bad," or as one conservative congressman shockingly remarked, "I think... it [default] would bring stability to the markets."

I worked with a group of pro-business Democrats to reach out to moderate Republicans to see if we SEE CONNOLLY, PAGE 19

LETTERS

From Page 6

meeting and let your opinions be known. Do you want your library replaced with a community center with only eBooks? The 2012 Library Strategic Plan passed by the Board of Supervisors last fall mandates a transition from print books to eBooks, even though most books are not available in digital editions. And, for libraries, the cost of digital books is more than 10 times the cost of print books. Only two publishers sell eBooks to libraries. They are not purchased, they are leased. After the eBook is borrowed 25 times, the lease expires. The library has to decide whether to re-purchase another lease. A hardcover print book that costs \$10 can last through 50 borrowings before it has to be replaced because of wear.

If you think Fairfax County should continue to have libraries as we have known them, please attend one of the outreach meetings. They are listed on the Fairfax County Library under Resource Highlights (http://www.fairfaxcounty.gov/library/).

Kathy Kaplan Reston

On County Libraries: We Should Know Better

To the Editor:

I am the assistant branch manager at

Patrick Henry Library in Vienna. I also worked at Reston Regional Library for four

years. I got my MLS 25 years ago while working part-time in engineering firm libraries in Boston. My first job after getting the degree was in an Army Corps of Engineers Library and I spent several years working for an association information center downtown before it became clear that the commute didn't work with having a child in elementary school, and I joined FCPL.

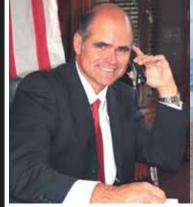
Not surprisingly, I read a lot and widely. I read book reviews, professional journals and blogs. I keep up on technology, management trends, and instructional techniques. I can help you find another good book based on what you like. I can walk you through the eBook process or help you use our public computers if you have questions. If you are a student, I'll point you to fun books or homework resources at the right grade level, including facts for your science fair poster on saliva. I do programs in the branch and in the community on consumer, small business & investment databases. I develop instructional handouts for use throughout the county. I coach and train my colleagues to do the same. I am a librarian, and my CV is not unusual in Fairfax County—for the time being.

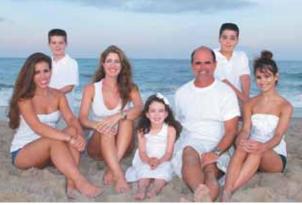
Professional training and expertise matter. When I use a county service, I rely on the person helping me to have the necessary credentials: I want county health services to use degreed nurses. I want county

SEE LETTERS, PAGE 19



RETURNING HONESTY, FAIRNESS AND INTEGRITY TO THE FAIRFAX COUNTY SHERIFF'S OFFICE







BRYAN "B.A." WOLFE HAS BEEN ENDORSED BY:

- t Delegate Dave Albo (#43)
- Fairfax County Supervisor John Cook (Braddock District)
- Jeannemarie Davis Former Director of the Virginia Liaison Office; Former Member Virginia House of Delegates and Senate of Virginia
- 🔭 Tom Davis Former U. S. Representative 11th District
- 🜟 Fairfax County Supervisor Michael Frey (Sully District)
- tity of Fairfax Council Member Jeffrey Greenfield
- Tairfax County Supervisor Pat Herrity (Springfield District)
- 🜟 Delegate Tim Hugo (#40)
- Delegate Jim LeMunyon (#67)

- Elaine McConnell former member Fairfax County Board of Supervisors (Springfield District)
- 🜟 Carl Peed Former Fairfax County Sheriff
- 💢 Delegate Tom Rust (#86)
- Jane Woods Former Virginia Secretary of Education; Former Member Virginia House of Delegates and Senate of Virginia
- to Clerk of Court John T. Frey
- Congressman Frank Wolf (10th)
- Virginia Police Benevolent Association, Inc. (450 members in Fairfax County)



"Mr. Wolfe displayed to us a wealth of knowledge that he has gained from his years of law enforcement service. Mr. Wolfe demonstrated a clear understanding of the issues that are important to our law enforcement professionals in Fairfax." —Fairfax County Chapter President Joe Woloszyn

ON TUESDAY, NOVEMBER 5TH, VOTE BRYAN WOLFE FOR FAIRFAX COUNTY SHERIFF

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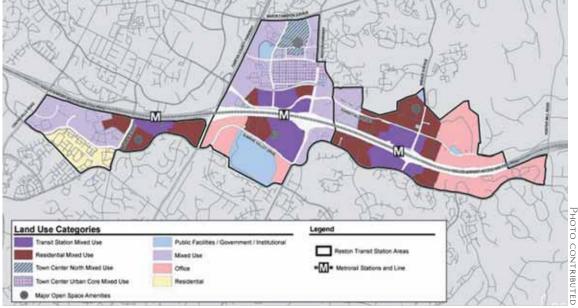
Planning Around Reston's Metro Stations

Master Plan Special Study Task Force update presented at forum.

> By Alex McVeigh The Connection

he Reston Association, Reston Citizens Association and the Alliance for Reston Clusters and Homeowners hosted a joint community forum Thursday, Oct. 17 to discuss Phase One of the Reston Master Plan Special Study Task Force.

The task force, made up of local developers, officials and citizens, was tasked with finding a way to adapt founder Robert Simon's original vision for the community that bears his name as it moves to the future, particularly in regards to the coming Metrorail Silver Line. It was created in December 2009, and in Spring of 2010 sub-



A map of the conceptual land uses around the Reston area Metrorail stations, as envisioned by the Reston Master Plan Special Study Task Force.

committees for each Reston and Herndon rail station were created, as well as a vision subcommittee. Each subcommittee is co-chaired by a developer representative and a Reston resident.

THE PLAN IS FOCUSED on ex-

cellence in design and planning around the stations as the Dulles Corridor is transformed.

Priorities for development are: housing for all ages and incomes, strengthened connectivity and mobility, high quality public open space and an emphasis on green building technology.

"The idea is to develop a vision for the existing recommendations. We're not starting from scratch, we're starting with the vision and principles of the existing comprehensive plan language," said Richard Lambert of the county's Department of Planning and Zoning. "We want to make sure new language encourages mixed uses that are unique to each station area."

Lambert said there are several outdated elements to existing comprehensive plan language, such as plans for rapid bus transit, and language that is too general to be effective for the current situation.

"We're trying to make this an area where the car is not the dominant mode of transportation, it's just one option," he said. "The idea is to put new office workers the closest to the transit station areas ... the data supports the idea that workers aren't willing to walk as far as those who reside near there, so it makes sense to put your office workforce in areas closest to the stations. If you put it too far away, it's likely they're not going to want to walk, they're going to want to get in their cars."

Patti Nicoson, chair of the task force, said part of the plan is to offer developers increased density on their properties, provided they meet standards set by the task

SEE OPEN SPACE, PAGE 9





HELP WANTED: Part-time graphic artist

needed on Wednesdays to help with page layout, ad design and photo processing in small, very busy department in Old Town Alexandria, walking distance to King St. Metro. More hours available some weeks. Send letter, resume to resumes@connection newspapers.com

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Open Space Remains Top Concern

From Page 8 force.

"We have different performance standards for different levels of density. If [developers] want to go above the current zoning density, which is very low, they would have to meet basic standards, such as contributing toward a grid of streets, public parks, high quality designs, those kinds of things. To get to higher densities, they'll have to start contributing to things like a performing arts center, crossings of the toll road, building perhaps a new recreation center, contributing to the major community amenities," she said. "We supported density for housing, trying to provide more affordable housing in the community, so if a developer were to make a significant contribution to improving this lower to mid range of housing, that might be something that would qualify them for bonus density."

Part of the forum included a panel discussion from members of the RA, RCA and ARCH, who discussed some of the topics that were a high priority for future development.

Jerry Volloy, president of ARCH, said that flexibility will be key in future development, as well as balance between kinds of development.

The study forecasts the creation of approximately 22,000 new jobs, working out of approximately 37 million square feet of new commercial space.

"To mitigate the impacts of future growth and development on traffic congestion, what we want to do is balance that commercial growth with future residential development within our community," he said. "To achieve that objective we put in our plan about 22,000

new residential dwelling units, about 40,000 new Reston residents within the corridor. That development, at about 1,200 square feet per dwelling unit equates to about 26 million additional square feet of additional residential space."

Andy Sigle, vice president of the RA's board of directors, said that the plan is to bring new residents into either the RA or the Reston Town Center Association.

"We believe one of the best ways to make sure the sense of community continues is that all new residential development in Phase One of the Dulles Corridor will be incorporated into the Reston Association or the Reston Town Center Association, depending on their location," said Andy Sigle, vice president of the RA's board of directors, "We are not in favor of alternative community associations within the corridor, because we feel that may have some kind of bisecting affect on the commu-

WHEN IT COMES TO NEW OPEN SPACE to go along with the new development, Terry Maynard of the RCA says they hope to work on getting more concrete language in the comprehensive plan for such spaces, especially given that new development will urbanize about 1,700 acres.

"We've found the language in the draft plan beyond the planning principles is kind of week," he said. "There is a section that addresses open spaces, parks and recreation and discusses what the urban parks framework is. It characterizes the various parks, common greens, linear parks, pocket parks and so on, but it doesn't really talk about where those should be or what those should be in Reston."

RCC Announces 2013 Preference Poll Results

On Tuesday, Oct. 8, at the request of Supervisor Catherine M. Hudgins, the Fairfax County Board of Supervisors appointed three Reston residents to the nine-member Reston Community Center Board of Governors: returning board member Beverly Cosham, and new board members John Mendonça and Michelle Moyer.

Cosham, Mendonça and Moyer were all appointed for three-year terms expiring in 2016. The appointments were made following the erence Poll. Vote tallies were as

- ❖Beverly Cosham: 1.256 ♦ Michelle Mover: 1.180
- ❖John Mendonça: 1,143 ♦William Keefe: 1,059

- ❖Sridhar Ganesan: 898
- ♦Tammi Petrine: 748

Beverly Cosham is currently chairman of the RCC Board of Governors and will return for her fifth term on the board. She is a 46-year Reston resident who was a founding member of both Reston Community Players and Reston Chorale. She has held leadership roles with the Lorton Arts Foundation, Fairfax Arts Council Advisory Board, the Actors' Center, the Lorton Re-use Committee

For more information on the 2013 RCC Preference Poll or Board of Governors. www.restoncommunitycenter.com

or call 703-476-4500.







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HALLOWEEN



Ordinary breadsticks can take on spooky forms for fun Halloween treats.



Chef Kristen Robinson shapes dough into bones to turn ordinary bread sticks into a Halloween snack.

Creating a Spooky Halloween Dinner

Local culinary experts offer ideas for turning an ordinary meal into a ghoulish adventure.

alloween dinner in Christine Wisnewski's Vienna home is healthy and sugary. On the sweetest holiday of the year, for example, the mother and culinary instructor at Culinaria Cooking School, also in Vienna, trick-or-treaters, managing candy-induced sugar highs and inevitable post-confection

"It is a treat-themed holiday. ... No parent wants to be a killjoy, so if you are going to llas or blue corn tortilla chips for dipping." sanction having the candy around, there has to be a strategy for managing it," she said.

Whether it's ghoulish or cutesy, Halloween dinner can set the tone for the rest of the evening, as well as help manage those sugar highs and lows. Not an easy feat. "Dinner on Halloween can be a particular challenge with kids eager to get out the door," said Wisnewski.

Preparing dinner in advance of the holiday and rolling it out before trick-or-treaters set out on their candy-collecting treks is often effective. "This way they leave the house with the fuel they need to get to evless likely to dig into the stash they are collecting," said Wisnewski.

lion by setting a spooky tone for dinner and bones with mashed monster brains." preparing eerily bewitching recipes.

"[Print] cardboard cut-outs in the shape of kin seeds," she said, suggesting that parents bie eyes."

BY MARILYN CAMPBELL tombstones for your children to decorate THE CONNECTION while dinner is being prepared," she said.

"Serve with the decorated tombstone

propped up behind your casserole and en-

joy your gravevard pie.'

Halloween cookie cutters can also put a spine-chilling spin on everyday fare, says Wisnewski. "Turkey and avocado or hummus sandwiches are more fun when they take the shape of ghosts and bats," she said. "Cheese prepares a wholesome dinner for her eager and crackers can be embellished with green or black olive "eyes." Black bean dip, white bean dip or guacamole look creepy dished up with some carved jicama fingers poking out, or some bat shaped whole wheat torti-

"Turkey and avocado or hummus sandwiches are more fun when they take the shape of ghosts and bats."

— Christine Wisnewski

For a frightful appetizer or snack, Robinson puts a spooky twist on breadsticks. "You serve a pile of bones, which are really crunchy breadsticks that you make using ery last house in the neighborhood and are dough that you shape like bones and then bake," she said. "After the bones cool, you can serve them with roasted red pepper Wisnewski and other local chefs suggest hummus or sun-dried tomato hummus and slipping in a family meal without a rebel-tell your children their snack is a pile of

Traditional shepherd's pie — hearty **FOR A LESS SPOOKY**, but still festive dish, ground beef or lamb and vegetables buried Arlington culinary instructor Andrea Nelson hands of Chef Kristen Robinson, an Arling- bread because it's got the texture of a cake craft stores.

More Fun Food

For those looking for more frightful Halloween feast ideas, Christine Wisnewski is teaching a parent-child Healthy Halloween class at Culinaria, Oct. 26, 9:30 a.m.-12:30 p.m. Recipes on the schedule include Spider-web Eggs, Savory Pumpkin Puffs, "Bats & Cobwebs" with Romaine Salad; and Jackson-Pollock Candied Apples. Visit www.culinariacookingschool.com

Details

Find the recipes from the story at www.connectionnewspapers.com/news/2013/ oct/22/creating-spooky-halloween-dinner/.

roast the seeds from pumpkins their families carved rather than use store-bought seeds for some extra festive spirit.

Don't be afraid to try healthy Halloween treats, either. Anna Reeves, culinary instructor and owner of Tiny Chefs, which has locations in Arlington, Alexandria, McLean and Fairfax, Va., and Potomac, Md., said, "There are definitely lots of healthy alternatives to sugary sweets like fresh or dried fruits and granola or energy

Even fruit can become scream-worthy. Both Robinson and Wisnewski turn ordinary bananas into ghosts and ghouls. "Make some banana ghosts by putting half a banana on a popsicle stick, dip the banana in orange juice and roll it in shredded coconut. You can add two mini-chocolate chips for eyes and freeze the ghosts until they are firm," said Wisnewski.

In Robinson's kitchen, the curvy, yellow fruit becomes a monster with a few strokes of a makeshift paintbrush. "Cut the bananas lengthwise and dip them into different colored chocolates and let your children decorate them with more colored chocolate, or sprinkles, pretzels and raisins," she said. "Your children can use the back end of the along all of my carving skills." skewer as a paintbrush to paint faces on their

Pumpkin Carving Ideas

Local experts offer their best tips for creating your jack-o-lantern.

BY MARILYN CAMPBELL

gourd for Halloween inspiration, local culikeep the season festive.

Before embarking on a pumpkin carving project, take a look at the condition of your knives. "Generally speaking, a dull knife is a dangerous knife," said Christine Wisnewski, a culinary instructor at Culinaria because of its size and shape, can be a challenge, even if you have good knife skills. If you use a knife, make sure it is sharp and work slowly."

chef's knives for a pumpkin carving kit, usually found in supermarkets and craft stores. than your best kitchen knife, but they do work well," she said. "The small blades are deeply serrated and make quick work getting through dense pumpkin flesh."

Pumpkin carving kits are also a solution

of the tools that came with our first kits."

Executive Chef Eddie Ishaq of Wildfire in Tysons Galleria said, "Keep it safe and alhether your goal is to carve and ways carve with adult supervision," when decorate the best pumpkin on the children are carving. For the third consecublock or simply use this fall tive year. Ishaq will visit the two kindergarten classes at Louise Archer Elementary nary experts offer pumpkin ideas that will School in Vienna on Oct. 31 to offer pumpkin carving demonstrations, discuss Halloween and serve slices of pumpkin pie.

Another expert tip is to use templates. While pumpkins with traditional triangleshaped eyes and grins with missing teeth have their charm, if you want something Cooking School in Vienna. "And a pumpkin, more original, patterns can help create an ornate jack-o-lantern.

"Tape the pattern to the pumpkin and then transfer the design by poking along the lines of the pattern and into the pumpkin with Wisnewski generally advises eschewing the sharp tool meant just for this task," said Wisnewski. "A nail or skewer would work too. Anyone can be an expert pumpkin "The cutting tools may look less impressive carver with the patterns and kits available."

If you prefer more originality than a pattern or template can provide, Wisnewski suggests letting your design be inspired by the shape of your pumpkin, and any of its individual characteristics. "Maybe that stem to the safety issue. "If the kids do want to is a nose, maybe that tangle of seeds spillcarve, no one's fingers are at risk with these ing out of its mouth is proof that your pumplittle carving tools," she said. "Our family kin wasn't feeling very well — a favorite idea has managed to get many years of use out of boys, young and older," she said. "If you



Carving pumpkins using templates and patterns can make **your Halloween creations look** spooky and professional.

are up for something more mod, drill it full of holes for a polka dotted look. If sparkle is more your thing, don't carve at all, go with

If you're interested in eating the pumpkin in addition to carving it, Anna Reeves, culinary instructor and owner of Tiny Chefs with locations in Arlington, Alexandria, McLean and Fairfax, Va., and Potomac, Md., said, "This is also a great time of year to tell kids that pumpkin is for more than carving and pie. This high-value ingredient fits into every meal of the day."

She suggests getting a boost of vitamin A by roasting chunks of sugar pumpkin. [They] are delicious roasted until tender along with quartered shallots and sage leaves," she said. "Mix the sweet roasted vegetables with hot pasta and cream cheese or goat cheese for a nice, fall-inspired dinner."

For more ideas, Wisnewski suggests taking a class at Culinaria Cooking School: Pumpkins — Sweet and Savory is being offered Oct. 26 at 2 p.m. and Nov. 6 at 7 p.m. Students will explore the culinary side of pumpkin with dishes like creamy pumpkin chowder with smoked bacon and pumpkin

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Halloween Fun Helps Those in Need

Tysons restaurant to host pumpkin carving event to raise money for local food bank.

BY MARILYN CAMPBELL

orbs on a front porch or eerie candlelit gourds in windowsills, jack-o-lanterns are an iconic symbol of Halloween. This weekend, however, the rib-skinned fall squash will also symbolize charity. A group of children get a lesson in pumpkin carving from local Executive Chef Eddie Ishaq of Wildfire, at Tysons Galleria, with all of the proceeds going to a local food bank.

"I enjoy seeing all the smiles on the kids' like] the fact all the money goes to a great cause," said Ishaq. "I [also enjoy] passing

Proceeds from the event will help support through donations. dren will take home their creations.

"By hosting a fun event that kids and fami-THE CONNECTION lies can enjoy, Wildfire helps Food for Others raise awareness about the need to fight ew things say Halloween like a carved hunger right here in Northern Virginia bepumpkin. Whether they're smiling cause as we approach Halloween, our shelves are frighteningly bare," said Jessica Cogen, director of development and outreach at Food for Others. "With missed paychecks due to the government closure, demand for our help continues to run high."

Food for Others officials report that since July, the number of families coming for emergency food has been more than 20 percent higher than last year. For September alone, the number of people relying on Food faces as they carve their pumpkins, and [I for Others for groceries was 24 percent higher than last year.

Cogen says that almost 90 percent of the food her organization distributes is collected

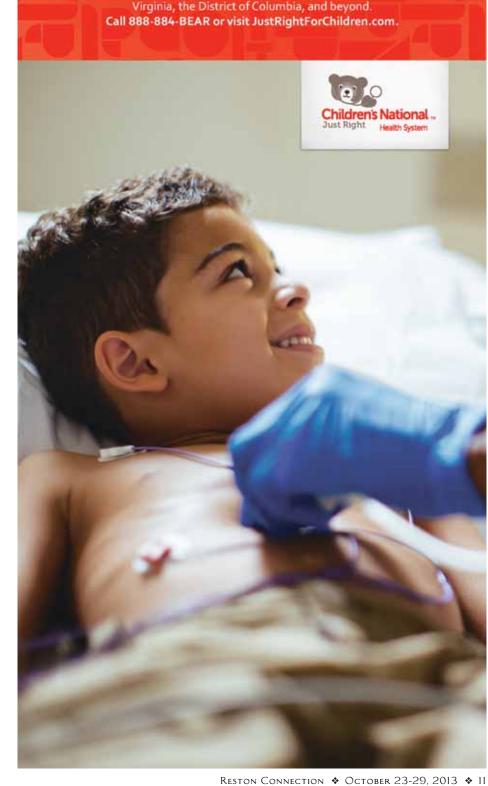
under a mountain of fluffy mashed potatoes of Creative Kids Kitchen recommends a quick Frankenstein, ghost or vampire bananas." Food for Others, a Northern Virginia food Contributions don't have to be as elabo- shelves are nearly empty and our lobby is of — becomes a graveyard on Halloween in the and easy pumpkin seed bread. "It's a great Colored chocolate can be found at many bank. During the class, which will take place rate as Ishaq's pumpkin carving class, how-full of people coming to us in need of help on Saturday, Oct. 26 from 3-4 p.m. at Wild- ever. "We accept donations as small as indi- with food," said Cogen. "We are optimistic ton resident and an instructor at The Inter- bread, like banana bread, but is not as sweet It's OK if you don't have a lot of time, fire at Tysons Galleria, parents and children viduals bringing in cans or as large as some- that the community will rally together for national Culinary School at The Art Insti- and has extra nutrients from the wheat Wisnewski said. "At the very least, label that will get a hands-on pumpkin carving lesson one wanting to run a food drive in their food drives and donations. We're counting tute of Washington, also in Arlington. germ, buttermilk and of course the pump- bowl of grapes on the kitchen counter 'zom- led by Ishaq. At the end of the class, the chil- workplace," said Cogen. "We have easy-to- on people bringing in food for the holidays follow tips on our website for those who and into the New Year."



Local children show off their masterpieces after a pumpkin carving class at Wildfire Tysons Galleria. Proceeds from the class go to Food for Others, a Northern Virginia food bank.

want to put together for a food drive."

For Food for Others, Halloween marks the start of the holiday season, a time when the need increases, says Cogen. "Our food



www.ConnectionNewspapers.com

SPORTS

Stone Sisters Lead Herndon Field Hockey to Region Berth

Hornets beat Robinson in first round of Conference 5 tournament.

> BY JON ROETMAN The Connection

unior midfielder Taylor Stone labored up and down the field while battling an illness. A pulled hamstring caused freshman forward Sammy Stone to move gingerly on the turf.

Neither of the Stone sisters was at 100 percent Saturday night when the Herndon field hockey team hosted Robinson in the opening round of the Conference 5 tournament. With their season on the line, however, the siblings took the field and made sure the Hornets would play another day.

Taylor Stone scored the game's first goal and later assisted a goal by Sammy Stone, helping the Hornets beat Robinson 3-2 on Oct. 19 at Herndon High School. With the win. Herndon advanced to the conference tournament semifinals and secured a berth in the 6A North region tournament.

While Herndon entered the game with an 11-5 record, the Hornets had closed the regular season with a three-game losing streak and failed to score in their final two contests. Taylor Stone found the back of the cage midway through the first half, giving Herndon its first goal since an Oct. 8 loss to Westfield.

Junior forward Sofia Palacios assisted the goal.



Sisters Sammy Stone, left, and Taylor Stone helped the Herndon field hockey team secure a berth in the 6A North region tournament with a 3-2 victory against Robinson on Oct. 19.

goal," Taylor Stone said, "we were like, this is our game, this is our time, we're going to take it."

Robinson senior forward Amanda Honeycutt scored with

"Right when we got our first 9:03 left in the first half and the teams entered halftime in a 1-all

> EARLY IN THE SECOND HALF, Sammy Stone scored on an assist

"They're both very skilled. Taylor is ... a tremendously skilled player and a great team player and has a lot of fun. ... They work really well together. ... Sammy just kind of jumped right in as a freshman [and had success]."

- Herndon field hockey coach Mary Miller

from her older sister. Sammy credited Taylor's goal for helping the Hornets settle into the game.

"It definitely was huge," Sammy Stone said. "We were kind of in a rut, not having scored. I think all of us felt a little weight off our shoulders."

Junior midfielder Alexis Duke's goal with 19:39 remaining extended the Herndon lead to 3-1. Robinson's Honeycutt scored her second goal of the evening with 12:53 left, but the Hornets held on to win. "We've been having a great season," Herndon head coach Mary Miller said. "... It would have been disappointing [to lose]."

Taylor and Sammy Stone, along with Palacios, play for the same club team: Rampage Field Hockey. Taylor Stone said while she's familiar with Sammy, she doesn't treat her like a sister on the field.

"On the field, we have a connection sometimes," Taylor Stone said. "She's my sister, but on the field, she's just another teammate. I don't treat her any differently."

Sammy Stone spoke of her older sister's leadership.

"She really does keep us all together," Sammy Stone said, "and she helps us out a lot."

AFTER SATURDAY'S GAME, Taylor Stone led Herndon with 17 goals, according to the Washington Post's allmetsports.com. She was second on the team with 11 assists. Sammy Stone was third in goal-scoring with eight and third in assists with four.

"They're both very skilled," Miller said. "Taylor is ... a tremendously skilled player and a great team player and has a lot of fun. ... They work really well together. ... Sammy just kind of jumped right in as a freshman [and had success1."

Palacios led the team in assists with 17, including two in Saturday's game against Robinson, and was second in goal-scoring with 13.

Herndon won 11 of its first 13 games, including an eight-game winning streak, and entered the conference tournament as the No. 3 seed. The Hornets faced No. 2 Chantilly in the semifinals on Tuesday, after The Connection's deadline. The conference championship game is scheduled for 7 p.m. on Thursday, Oct. 24 at Westfield High School. "This district is tough everybody's [good]," Miller said. "Even a first-round win is a good win. With six strong teams, Herndon, we're the smallest in the group, so to me, for Herndon to get that first win and to get a regional bid is good."

– Football Roundups -

South Lakes Football Loses to Langley

The South Lakes football team dropped to 4-3 with a 56-33 loss to Langley on Oct. 18.

South Lakes' Khayri Denny carried 13 times for 128 yards and two touchdowns, according to the Washington Post's allmetsports.com.

The Seahawks will travel to face Stone Bridge at 7:30 p.m. on Friday, Oct. 25.

Herndon Football Loses **High-Scoring Affair**

The Herndon football team lost to Chantilly 56-40 on

Oct. 18, according to the Washington Post's allmetsports.com.

Herndon quarterback Ryan McLaughlin completed 20 of 30 passes for 371 yards with four touchdowns and one interception. Conner Johnson had seven receptions for 170 vards and two scores.

Herndon will travel to face Westfield at 7:30 p.m. on Friday, Oct. 25.

Madison Football Falls to TJ

The Madison football team lost to Thomas Jefferson 24-21 on Oct. 18, dropping its record to 0-7.

Madison's Willis Gardner carried 16 times for 54 yards, according to the Washington Post's allmetsports.com. Jason Gastrock completed 18 of 23 passes for 190 yards with three touchdowns and two interceptions. Nate Williams had 14 catches for 129 yards and a score.

Madison will travel to face McLean at 7:30 p.m. on Friday, Oct. 25.

Oakton Football Loses to Centreville

The Oakton football team dropped to 0-2 in conference play with a 42-21 loss to Centreville on Oct. 18.

Oakton quarterback Michael Ficarra carried 14 times for 82 yards and a touchdown, according to the Washington Post's allmetsports.com. He completed nine of 33 passes for 145 yards with one touchdown and an

Oakton will travel to face Robinson at 7:30 p.m. on Friday, Oct. 25.

BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewspapers.com by the Friday prior to the following week's paper.

FRIDAY/OCT. 25

Teacher and Coach Stan Slade. 6

p.m., at ARC Mgt Plaza America, 11710 Plaza America Drive, Reston. Come join at the Washington Plaza Baptist church (on Lake Anne in Reston) for appetizers, a 6:30 p.m. dinner with a presentation and discussion time with Stan Slade. www.washingtonplazachurch.com.

FRIDAY-SATURDAY/OCT. 25-26

Haunted House and Trick-or-Treat **Trail Volunteering**. 4:30-9:30 p.m. at Walker Nature Center, 11450 Glade Drive, Reston. Energetic

Halloween volunteers are needed to bring this event to the community. Volunteers between ages of 12-14 must have an adult chaperone. Those 15 through adult are eligible to be a character. Volunteers will receive pizza dinner, but must stay for the entire shift. 703-435-7986 or habrock@reston.org.

SATURDAY/OCT. 26

Red Cross Blood Donation. 4-8 p.m., at Heritage Fellowship Church, 13515-C Dulles Technology Drive, Herndon. All blood types are needed to ensure a reliable supply for patients. 1-800-RED CROSS (1-800-

733-2767) or redcrossblood org to make an appointment or for more information.

WEDNESDAY/OCT. 30

GRACE's Generation Next Social

Hour. 5:30-7:30 p.m., at Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. Free food and drinks for sale at the 40 for 40: Celebrating Four Decades of GRACE exhibition; Curator Holly McCullough leads a conversation at the night of networking opportunities with other arts loving colleagues. 703-471-9242, info@restonarts.org or restonarts.org.



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Honoring Connor

Parents honor son through pediatric cancer foundation.

The Connection

onnor Robert White was only six months old when he passed away from a rare form of childhood cancer.

Connor was born on July 6, 2012. "He was the easiest child. He was the happiest child..." said Beth White, Connor's mom. "But that's how we knew something was wrong initially. He was all the sudden fussy crying."

He didn't show any symptoms of illness until Thanksgiving Day that same year. As his symptoms progressed and after many doctor and emergency room visits Connor was diagnosed with a brain tumor. His surgeon identified the tumor as AT/RT (Atypical Teratoid Rhabdoid Tumor), a tumor that less than 10 percent of children under the age of three survive. After only six and a half weeks since his original symptoms, and three weeks since diagnosis, Connor passed away.

RESTON RESIDENTS Henry and Beth White, Connor's parents, were devastated, but they knew they wanted to do something to honor their son's life. They started a foundation to raise money to cure pediatric cancer. "We started the foundation because it just happened this past January and we just wanted to do something to help other families not go through what we went through. And it's somewhat healing

BY LAUREN BORDEAUX for us," Henry White said. They named the foundation "Connor Cures."

> Upon researching other foundations they found that only 4 percent of the National Cancer Institute budget goes to pediatric cancer research. They also found that only one pediatric cancer drug has been developed since 1980. In light of their findings they decided to devote the foundation to investing directly in pediatric cancer research.

> During their search to find a pediatric cancer research organization to fund they found the Pediatric Oncology Experimental Therapeutics Investigators' Consortium (POETIC). Connor Cures hopes to fully fund a new trial with POETIC. "Essentially, we have the opportunity to work with a very new drug that has shown great promise in laboratory models of the same tumor type that affected Connor and ultimately led to his death," said Dr. Lia Gore, program leader with POETIC. "Our hope is that this new drug can offer new hope to treat this disease."

> To raise money for Connor Cures the Whites quickly got to work planning events and creating a website for donations. Their largest event so far has been the Connor Cures Gala and Silent Auction that was held at the Mayflower Hotel in Washington, D.C., on Sept. 21. Charles Mann of the Washington Redskins was a special guest speaker and 72 donated items were up for auction. With the help of friends, family and many sponsors, the event raised about \$150,000

> > SEE CONNOR, PAGE 18



The White family, (from left), Hayden, Henry, Noah, Beth and Connor at Thanksgiving 2012. The family is pictured during the weekend Connor first showed symptoms.



Charles Mann and Beth and Henry White at the Connor **Cures Gala and Silent Auction.**

lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

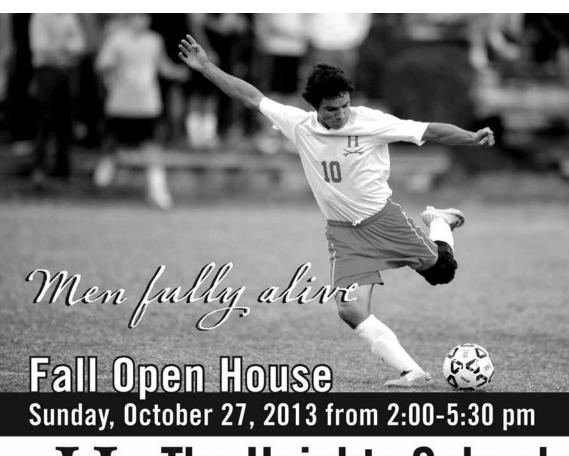


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By KENNETH B. LOURIE

It's not exactly everything in its place any more than it is, for me, a place for everything. It's more like mandatory evacuation - as in self-preservation; of thoughts, concerns, worries, anxieties, facts/feelings, all of which may be harmful to my health and/or my overall demeanor/well being (which anecdotally-speaking is all interrelated). Having stage IV non-small cell lung cancer will do that to you - among other things. If I don't take control of the internal and external complications caused by this insidious disease, then it wins. And the last thing any of us similarly diagnosed patients want is a victory by the other side.

My attempts at sustaining my status as quo are as much mental as they are physical. Physically, the tumors will react to chemotherapy – or not, and my body/internal organs will be "side-effected" how they will despite my wishfully-thought-of intentions. However, mentally (emotionally, psychologically, spiritually) is semi in my control. And control is key - or certainly perceived to be (rhyme not for any effect). As such, whether or not it matters to the cancer how I do what I do (live), it matters to me. And if it matters to me – and I take these matters into my own hands, and don't succumb to cancer's figurative punch, then I can feel as if maybe this battle is not so lopsided (what's more lopsided than a terminal diagnosis from an oncologist?). One where you're encouraged to take that vacation you've always dreamed of because, well, you know. But if I can feel - for even a minute, that my specific man vs. cancer existence is being waged on a level playing field, then I just might think this fight is fair. Realistically, that's all I can ask for. (Regardless of whether I'm ending this sentence with a preposition.)

But since there are no guarantees here, there's a bit of a leap of faith to be made (you'll note I didn't say expected). What I do know is, that if my focus on life is exclusively about yours truly being diagnosed with inoperable lung cancer; if my 24/7 consciousness is totally cancer-centric, and if any and all cancer thoughts are woe is me, then the battle is already lost. It's not about me not caring or giving up - hardly, it's about me not giving in. And the only way I know how to not give in to the pressure/terminal circumstances under which I continue to endure, is to not feel as if everything has to be dealt with all the time. There are just too many variables, and moving and unpredictable parts (euphemistically speaking) which have to be managed - for lack of a better word. Ergo: Coping and hoping. Every minute of every day. (Every second would be a bit of an exaggeration.)

And if and when I should receive any unpleasant news, I'll try to embrace those very appropriate words spoken by Scarlett O'Hara at the end of the Oscar-winning classic, "Gone With The Wind," when Rhett Butler walked away after having said he didn't "give a damn" about what Scarlett "will do" about bringing "him back:" "...I can't think about this now! I'll go crazy if I do! I'll think about it tomorrow.. Compartmentalization. A figurative solution to a set of real problems. It's not exactly pretending. It's more like pacifying. So far,

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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LOWECTION

21 Announcements 21 Announcements



21 Announcements 21 Announcements

Teenagers are taught that drugs and smoking narm the body. Unfortunately, they are being indoctrinated into a belief system about sodomy that is harmful. Therefore, it is beneficial for all teenagers to view **Shocking 2010 CDC Update About Homosexuality** on youtube. They should also be aware of som of the characteristics of sodomy:

- Sodomy is a destructive act against nature. Consent does not change the fact that acts of sodomy are dangerous.
- Sodomy is a want, not a need. Participating in sodomy is a choice.
- 3. No one has been born or will be born with a body designed for sodomy. The part most often used for sodomy is designed with a thin, fragile membrane that tears easily. A tiny tear can becor infected and since this cavity does not heal quickly, a colostomy is often required. Sodomy can cause severe damage to the body which can result in death.
- Sodomy spreads diseases rapidly because the cavity leads directly to the blood stream. Protection designed for normalcy is often ineffective when used for sodomy.

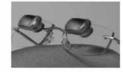
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Siva Somayyajula

school notes to north@connectionnewspapers.com by Friday.

Herndon resident Siva Somayyajula, a sophmore at Thomas Jefferson High School for Science and Technology, has participated in the week-long Virginia Space Coast Scholars (VSCS) Summer Academy program at the NASA Wallops Flight Facility on Virginia's Eastern Shore.

Ade A. Samuel of Herndon High School is a semifinalist in the 2014 National Achievement Program.

The following students received the DAR Youth Citizenship Medal from the Providence Chapter of the Daughters of the American Revolution: From Fairfax, Brett Morrow and Anthu Cung, Oak View Elementary School; Sonia Chaudhary and Ian Drummond, Greenbriar East Elementary School; Sidhu Dogiparthi and Seon Woo Cho, Greenbriar West Elementary School; Yoshi Iketani and Emma Rowson, Lees Corner Elementary School. From Fairfax Station, Joshua Sawin and **Dylan Syron**, Fairview Elementary School.

From Herndon, Meghan Rock of Oak Hill Elementary School.

The following students received the Outstanding Work in American History Medal from the Providence Chapter of the Daughters of the American Revolution: From Fairfax, Steven Burris and Julia Zhou, Oak View Elementary School; Vraj Desai, Lara Demir, Rebekah Myers, and Justin Wang, Greenbriar East Elementary School; Lizzie Han and Vaishnavi Visveswaran, Greenbriar West Elementary School; Steven Sekar, Lees Corner Elementary School. From Fairfax Station, Ryan Smith and Cameron Johnstone, Fairview Elementary School. From Herndon, Kyle McClelland and Eli **Kaufman**, Oak Hill Elementary School.

David X. Gao of Herndon received the National Merit University of Chicago Scholarship. The Thomas Jefferson High School for Science and Technology graduate plans to study economics.

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-William Van Horne

WEDNESDAY-MONDAY/OCT. 23-28

2-D Mixed Media & Painting

Competition. 9 a.m.-9 p.m., at the Jo Ann Rose Gallery Exhibit, 1609 Washington Plaza, Reston. Jean Gill, an artist, juror and educator with a love of both science and art is the judge for this exhibit of 2-dimensional paintings and mixed media art.

www.league of restonartists.org.

WEDNESDAY-THURSDAY/OCT. 23-31 Breaking the Panels: Pop Culture.

Comic and Illustration Art. 9
a.m.-9 p.m., at Hunters Woods
Gallery Exhibit, 2310 Colts Neck
Road, Reston. Gian Lomagilo and Jeff
Lonnett are two young artists and
teachers who are serious about their
art, but like to have fun with it. Both
were inspired by popular culture—
musicians, movies, television, comic
books, advertisements, novels—but
their artistic interpretations are very

WEDNESDAY-SUNDAY/OCT. 23-NOV. 3

Expressions Portrait Competition.

10 a.m.-2 p.m. Tuesday-Thursday; 10 a.m.-5 p.m. Friday-Saturday; and 1-5 p.m. Sunday, at ArtSpace Herndon, 750 Center St., Herndon. See the work of finalists in the fifth annual portrait competition.

THURSDAY/OCT. 24

The Chamasayan Sisters. 2:15 p.m. at Reston Community Center, Center Stage, 2310 Colts Neck Road, Hunters Woods Village Center, Reston. Monika and Armine Chamasayan, violinists, and Marina Chamasayan, pianist, are all award winners of national and international competitions in Europe and the U.S. 703-503-3384, olli@gmu.edu,

www.olli.gmu.edu. VABaubles for Babies Trunk Show.

5-8 p.m., at Midtown Jewelers, 11990 Market St., Reston. Jewelry designer Alberto Parada hosts a trunk show at Midtown Jewelers in honor of the March of Dimes 75th anniversary; she'll donate 10 percent of all proceeds from sales Thursday, Oct. 24 through Saturday, Oct. 26 to support the March of Dimes work of helping moms have full-term pregnancies and healthy babies. 703-707-9663.

FRIDAYS-SUNDAYS/OCT. 25-27 Rodgers and Hammerstein &

Andrew Lloyd Webber. 8 p.m. on Fridays and Saturdays, 2 p.m. on Sundays at 2310 Colts Neck Road, Reston. A night of classic, epic songs

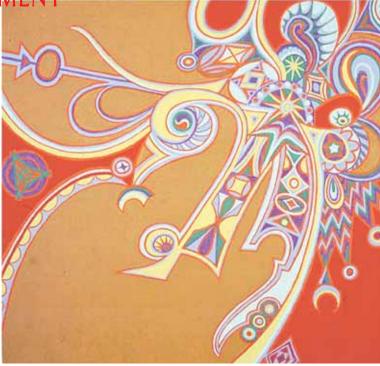
with a 30-piece orchestra and veteran Reston Community Players performing. \$23. 703-476-4500, reptix.com or http://restonplayers.org.

SATURDAY/OCT. 26

Children's Art & Creating the

Reston Mosaic. 10 a.m.-noon, at Reston Museum, 1639 Washington Plaza N., Reston. Children help prepare for Reston's 50th birthday by creating original art for the museum to use for Founder's Day 2014. www.restonmuseum.org.

Trick-or-Treating. Noon-2 p.m., at Franklin Farm Village Center; 1-2 p.m. at the Colonnade at Union Mill; and 2-4 p.m. at Centrewood Plaza. The merchants of Franklin Farm Village Center in Herndon,



"Prospect," abstract oil, by Frank Eifert. See his work any day 9 a.m.-9 p.m., except Sundays (9 a.m.-8 p.m.) at Hunters Woods, 2310 Colts Neck Road, Reston.

Colonnade at Union Mill in Clifton and Centrewood Plaza in Centreville are hosting free trick-or-treating. All children dressed in their Halloween costumes will receive candy and other goodies. Entertainment will include a balloon artist and magician at each center.

Book Talk. 2 p.m., at the Reston Regional Library, 11925 Bowman Towne Drive, Reston. Author, Air Force veteran, and retired American diplomat Robert F. Dorr will discuss his book "Mission to Tokyo: the American Airmen Who Took the War to the Heart of Japan."

Halloween Open Mic. 6, 7 p.m., at ArtSpace Herndon, 750 Center St., Herndon. A trunk-or-treat, minipumpkin decorating, games, raffle prizes and children's games, followed by a costumed open mic at 7 p.m. All activities are free and open to the public. www.ArtSpaceHerndon.org.

SUNDAY/OCT. 27

Festival on the Square. Noon-4 p.m, Reston Heights, 11810 Sunrise Valley Drive, Reston. This festival features live music, entertainment, refreshments, children's activities, and the Community Walk to End Homelessness. 703-390-6166.

WEDNESDAY/OCT. 30

Turtle Island String Quartet with Nellie McKay: A Flower is a Lovesome Thing. 8 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. Nellie McKay joins Grammy-winning Turtle Island String Quartet in producing both renditions of music by Billie Holiday and Billy Strayhorn as well as original pieces. \$20 Reston, \$40 Non-Reston.

www.restoncommunitycenter.com.

FRIDAY/NOV. 1

First Fridays. 7 p.m., at ArtSpace Herndon, 750 Center St., Herndon. Join for the Art House Cinema and Brew, featuring an important piece of art film history by the finest producers and directors in the world. Drink microbrews while you watch and learn information to help clue you in to what makes these films the best of all time. 21-plus. \$10 for the movie and two microbrews. 703-956-6590 or artspaceherndon.org.

SATURDAY/NOV. 2

Alternative Gifts Market. 9-11 a.m., at Southview Community Church,

2620 Reston Parkway, Herndon. Instead of featuring traditional gifts (chocolates, flowers, jewelry, DVDs), gifts featured provide mosquito nets to children in Africa or legal support to help free a girl from the sex trade in Thailand.

Children's Fall Flea Market. 9 a.m.-

noon at 2310 Colts Neck Road, Reston. Junior merchants will sell gently used toys, books, clothing, and games at the annual Fall Flea Market. Admission is one non-perishable food item for the RCC Thanksgiving Food Drive

Girls' Day Out. 11 a.m.-5 p.m., at the Westfields Marriott, 14750 Conference Center Drive, Chantilly. A women's health expo celebrating women and providing a full day of activities such as a keynote luncheon, free health screenings, shopping and breakout sessions on topics such as skincare trends, to "pink toolbox" household fix it tips, financial planning and self defense. \$35.

restonhospital.com/spirit. **Dead Men's Hollow.** 7:30 p.m. show, at Holy Cross Lutheran Church, 1090 Sterling Road (one block off Elden Street), Herndon. Acoustic Americana that encompasses bluegrass, country, folk, gospel, olde tyme and a bit of jazz. Three partharmony female vocals are the mainstay. \$12; children under 12, free. 703-435-8377 or http://www.holycrosslutheranchurch.net/?page_id=18 or http://www.deadmenshollow.com.

SATURDAY-SATURDAY/NOV. 2-30

Ventures and Puzzles. 9 a.m.-9 p.m. Monday-Saturday, 9 a.m.-8 p.m. Sunday, at Hunters Woods, 2310 Colts Neck Road, Reston. In this series of paintings, abstract oil painter Frank Eifert paints from all four sides and four corners (for square pictures), essentially providing up to eight distinct pictures, the multiple options of viewing reflecting the ambivalence and ambiguity of our time. 703-467-4500 or

www.restoncommunitycenter.com.

SATURDAY/NOV. 3

COFUMC Annual Fall Arts and Crafts Fair. 10 a.m.-3 p.m., at

Community of Faith United Methodist Church, 13224 Franklin Farm Road, Herndon. An arts and crafts fair to raise money for the church's various mission programs. Peruse 100 percent offerings of handmade and unique goods.

Week in Reston

Teen Dies, Man Charged in Reston Shooting

A 17-year-old Reston boy who sustained a gunshot wound on Friday, Oct. 18 was pronounced dead early Sunday, Oct. 20. Police identified the deceased as Juan Carlos Godoy of Cameron Crescent Drive, Reston.

Police were called to a home in the 2200 block of Marginella Drive at around 10:15 a.m. for a report of a person who had been shot. The injured person was flown to the hospital and police began their investigation to determine the circumstances surrounding the injury.

Detectives identified the teen and are following up on numerous leads and pieces of information. Police are still determining all of the circumstances surrounding the incident and whether or not it was accidental or suspicious in nature.

Javier DeJesus Martinez, 26, of 2274 Marginella Drive, an acquaintance of the victim, was charged with possession of firearm by an illegal alien.

The investigation is continuing and additional charges may be pending.

AAUW to Discuss Barriers to Affordable Community Colleges

Dr. Catherine Hill, director of research for the American Association of University Women, will be the featured speaker at the AAUW program at Oakton Public Library on Saturday, Oct. 26 beginning at 12:30 p.m. The program is free and open to the public. The Oakton Library is located at 10304 Lynnhaven Place, Oakton.

Dr. Hill will talk about the AAUW report Women in Community College: Access to Success, which identifies challenges facing student parents and opportunities in STEM fields, as well as how community colleges can provide more women with a reliable path to opportunity and economic security.

For more information, contact Sandy Lawrence at 703-569-

Halloween House and Trick-or-Treat Trail

Halloween House and Trick-or-Treat Trail to be held on Friday, Oct. 25 and Saturday, Oct. 26 at Walker Nature Center—11450 Glade Drive, Reston, from 4:30-9:30 p.m. —needs volunteers who will receive pizza dinner and must stay for the whole shift.

Teens and adult volunteers are needed at this event. Volunteers between ages of 12-14 must have an adult chaperone. Volunteers 15 through adult are eligible to be a costumed character.

All costumes and scripts will be provided. Volunteers will receive talking points and suggested dialogue. Volunteers will receive their script at orientation. If they can only commit to only one night, that's also fine.

Costumed Character Positions: Skeleton #2—Friday only; Superhero Storm—Friday and Saturday.

Myrtle the Turtle character & Escort—Friday only. This job requires standing and walking.

Concessions—one volunteer Friday: Preparation, serving and selling popcorn, cotton candy and beverages.

Halloween Bead Bracelets—two volunteers Saturday to help children make Halloween bead bracelets. Materials provided.

Trick or Treat Trail Assistant (Start)—one volunteer Friday. Welcome patrons to the trail, check for hand stamps, explain the rules of the trail and hand out trick-or-treat bags.

For more information or to volunteer contact Ha Brock at habrock@reston.org or 703-435-7986.

Taking Steps for a Cure

By Lauren Bordeaux The Connection

n Sunday, Oct. 20, 180 people gathered at Temporary Road Picnic Pavilion in Reston to walk to find cures for Crohn's Disease and Ulcerative Colitis (UC). Crohn's Disease and UC are inflammatory bowel diseases that can be debilitating to patients: 1.4 million Americans have been diagnosed with Crohn's Disease or UC.

Take Steps, a national program run by the Crohn's and Colitis Foundation of America, brings together friends, family and patients to raise money and have their voices heard.

The Northern Virginia walk brought together people of all ages, including Bill Tozer and Jacob Landa.

Bill Tozer is a 9-year-old with Crohn's Disease. Because of funds raised by Take Steps walkers, he is able to attend a camp, called Camp Oasis, every summer with other children who have Crohn's or UC. He spoke in front of the entire Take Steps crowd in support of Camp Oasis and encouraged other children to go to camp.

Jacob Landa is a 15-year-old from Alexandria and also has Crohn's Disease. Besides regularly speaking in support of patients needs at events, he is also a top 15 nationally ranked snowboarder and has competed internationally. His team was called "Team Super Pooper Scoopers" and in total they raised \$2,884 for the cause.

Other creative team names included "The Decipticrohn's," "Poop on Crohn's" and "Stinky by Nature." "As of this morning (Monday) we have approximately \$16,500 raised so far. Donations are still coming in and we do expect the end total to be higher," said Kassandra Kearse, walk manager. Funds raised from the event support patient programs, enhance professional education and finance research efforts.

Walkers enjoyed music from a live deejay, crafts and games for children and adults, a 3-mile walk through Reston Town Center and pizza after the walk. For more information on how to attend next year's walk visit: http:// online.ccfa.org/site/ PageServer?pagename=TS_homepage.



Jacob Landa and his team "Team Super Pooper Scoopers." (From left) Anders Jacobson, Phillip Reilly, Grant Chamberlain, Scott Duncan, Alex Keefe, Jacob Landa, Mattie Rich, Joey Feldman, Dillon Smith, Zach Siegal, Maggie Chamberlain. On the ground: Trey Lovisone.



Dina Gordon, executive director of the Greater Washington D.C./Virginia Chapter of the CCFA and her daughter

Connor

From Page 14

for the cause.

This Saturday, Oct. 26, Concepts Created, a reclaimed wood company, will be donating 10 percent of their profits at the Vintage Holiday Marketplace at LTD 7 in Staunton, Va. The event will be held from 10 a.m. to 4 p.m. at 307 North Augusta Street.

CONNOR CURES is also working to put on a charity hockey game at Skatequest of Reston sponsored by the Reston Raiders Hockey club, which Henry White previously coached.

Having raised \$175,000 so far, Connor Cures hopes to raise \$200,000 by the end of the year and seeks to raise \$250,000 next year.

"When you lose a child you don't want people to forget that they were here," said Beth White.

"Besides trying to help other people, other families from going through what we went through, it's a way of keeping his memory alive."



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18 ❖ Reston Connection ❖ October 23-29, 2013

LETTERS

From Page 7

legal services to feature attorneys with appropriate specializations. I want financial services managed by CPAs. I want the teachers in our schools to have more than minimal qualifications to teach my children, and I want the agency directors, trustees, and

supervisors in this county to have my back when it comes to defending those expectations.

Staff dissent on the library's reorganization is widespread, but it is not at root self-serving or change-phobic, however others try to characterize it. (Since the job class downgrades would only affect new hires, they don't impact current staff directly.) Rather, it is principled, informed and passionate advocacy for a profession and community that we love and serve with pride.

The continued library de-funding and proposed staff reorganization are wrong on many levels, but one of the biggest ironies is that it makes an argument against the value of knowledge and literacy in a county where so many residents earn a living based on higher education & professional credentials. We owe it to our patrons and ourselves to do better than this

Deborah Smith-Cohen Oak Hill

Connolly

From Page 6

could forge a path forward. We had a plan, but it was rejected by House Republican leaders.

Even when a bipartisan compromise seemed to be coming together in the Senate, some House Republicans refused to take yes for an answer, resulting in bond rating houses putting the United States debt on "rating watch negative." The House majority's rhetoric, and the very real threat of default, has jeopardized our standing in the world as international financial markets second-guess the long-held reliability and safety of American treasury bonds. The antics of the last few weeks will have long-lasting effects on the American economy and public confidence in government.

But even on the heels of this latest in a series of manufactured crises, I choose to find a silver lining. At the very least, I hope my colleagues will learn from their past mistakes so we aren't doomed to repeat them.

In the coming months, as we work towards a larger budget framework that replaces the draconian cuts from sequestration, we must stop playing politics with the American people and the economy, and instead, find real bipartisan solutions. America deserves better.

www.ConnectionNewspapers.com

OPINION

Draft Plan Jeopardizes Urban Reston

By John Lovaas RESTON IMPACT PRODUCER/HOST

n overflow crowd at the Joint Community Forum last Thursday, Oct. 17 at the Reston Association learned the outlines of the draft Reston Master Plan for the Dulles Rail Corridor. The sobering assessment by community representatives on the Master Plan Task Force which began its work four years ago left the audience with many unanswered questions and concerns about the quality of planned growth for 40,000 more people and 60,000 more jobs in the corridor.

Six themes dominated the assessment and dialogue during the

1. Sustainability—In Reston, we are guided by covenants for our properties, their appearance and maintenance. We have community associations—Reston Association and the Reston Town Center Association—which provide facilities and maintenance we pay for through assessments. There is no assurance yet that new residents will have the same covenants, rules or provision for facilities and maintenance. They should. If they don't, we'll find ourselves balkanized with newcomers lacking facilities and potentially putting major burden on existing

Open Spaces and Recreation—The

draft plan is woefully lacking land set aside for open space and recreational facilities for 40,000 new residents and 60,000 more workers. The draft falls dramatically below what Fairfax County's own "urban" standards require. For example, instead of the minimum required 15 new sports fields, only two are provided. There are shortfalls in every category of open space and rec facilities. Overburdened facilities outside the corridor are jeopardized.

3. Flexibility—Any long-term plan must allow flexibility for changing circum-stances. RCA, others say the draft goes way too far to the extreme, opening the



INDEPENDENT PROGRESSIVE

needs serious tightening. Consistent Reston's history & founding principles,

> vironmental standards for protection/restoration of natural amenities to best environmental practices. Good progress on this.

chief.

and developer mis-

4. Environment-

future develop-

meet highest en-

should

Language

5. Mobility—People must be able to move comfortably in an urban setting. Coherent balance of bike, pedestrian and car infrastructure and practices is vital, especially for peak usage times. Road, bicycle, pedestrian and transit upgrades are essential. So are transportation demand management measures. Draft plan falls way

6. Implementation—The plan gets failing marks here. Draft lacks guarantees that infrastructure essential to support major increased

door for sloppiness level of development will be completed anywhere near concurrently with new construction, or that it will be paid for on a fair, pro rata basis, by those who will profit from the development. Furthermore, there is no specified implementation mechanism to make it happen.

> In summary, the draft plan as it stands fails on five of the six critical elements essential to the plan's success and the future of Reston. Yet, the county is fast-tracking it for final approval before Decem-

> In closing, Reston Citizens Association President Colin Mills reinforced the meeting's Call to Action for the community. He reminded those present that the new plan will change our community dramatically, shaping it for a generation to come.

> Change is coming, big time. Reston will take on a decidedly more urban feel. He said the question is whether it will be change for the better or change for the worse. The outcome likely will be decided in the next few weeks. He asked all to stay involved.

Endorsements

BY KENNETH R. "KEN" PLUM STATE DELEGATE (D-36)

bout 70 percent of Virginians voted in the last two presidential elections when President Barack Obama carried the state as the first Democrat to do so since Lyndon Johnson won the Old Dominion. In the gubernatorial election in 2009 voter turnout was half that number with the expectation that voter participation in the election on Nov. 5

COMMENTARY

will also be light. While the presidential elections

get a lot of attention and high participation, statewide elections do not attract as many voters. In many ways, voters who stay home are pushing off their responsibility in voting to a group of people unknown to them who do bother to vote. Such a situation can lead to a small group of highly motivated voters swinging the outcome of an election. Please encourage your family, co-workers and neighbors to participate as the consequences of the election are critically important to the future of the less ask for your vote as an affircommonwealth, and we each need to take part in the decision.

Seldom has there been a clearer choice than in the statewide elec-

tions this year. I enthusiastically endorse Terry McAuliffe for governor, Ralph Northam for lieutenant governor and Mark Herring for attorney general. My endorsements are not based on my being a Democrat; there are some elections in which I have chosen not to endorse anyone. McAuliffe,

Northam and Herring bring a combination of business and legislative experience among them that is essential for Virginia's future. There is not a shred of difference among the three Republican statewide candidates who are ideologically driven on social issues that have dominated their careers. While Ken Cuccinelli is best known among the three with the highest negative polling from his attacks on climate science, women's reproductive rights, and the transportation package, his running mates share the same negative and divisive views. Although I am unopposed in the election, I nonethemation of the work I have been doing as your delegate. I bring the same level of enthusiasm to the position as I have always had. I



pledge to work for sane and reasonable solutions to our problems and wise investments in our future.

While it could be debated that the sheriff of an urban county like Fairfax should be a civil service position, we will vote for a new sheriff this year. We have the opportunity this time

to vote for a person who would be the best candidate in an election or in a merit, civil service selection: Stacey Kincaid. With more than two decades in the office already and excellent experience, Stacey will be the first woman sheriff of Fairfax County. The school board referendum on the ballot merits our support in the continuing effort to keep our facilities up to date and to meet the needs of a school population that continues to grow.

On Tuesday, Oct. 29 I will be placing a telephone conference call to voters in my district at 8 p.m. Stay on the line to take my call so that we can discuss the election and candidates more fully.

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor

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