

Potomac ALMANAC

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Matthew Schick and Marissa
Michaels are Potomac's
Youth of the Year.

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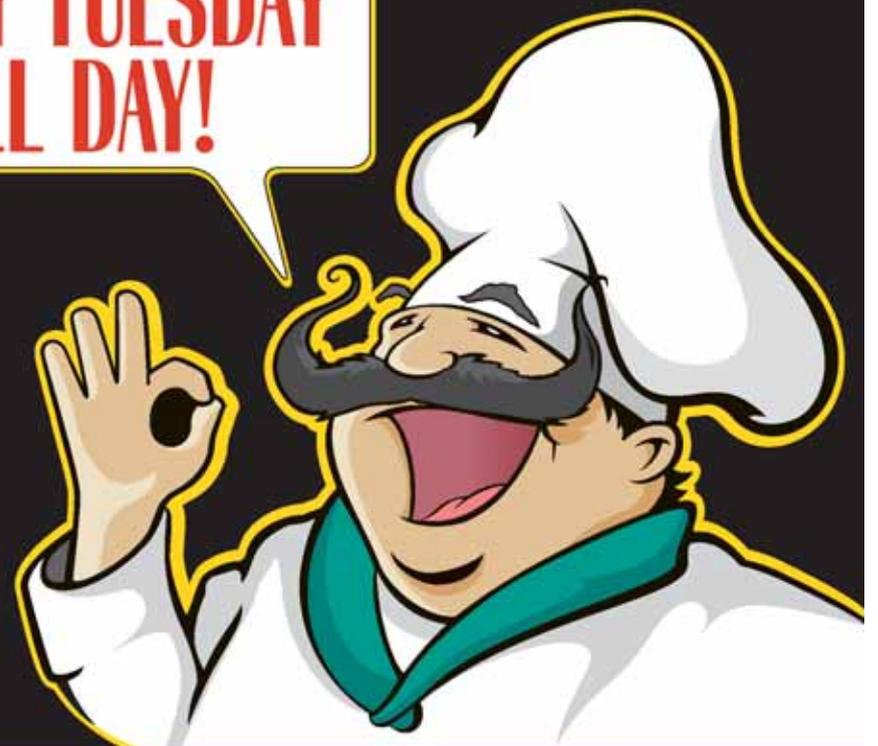
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Youth of the Year

Marissa Michaels of Holton Arms and Matthew Schick of Landon named Potomac's Youth of the Year.

BY KEN MOORE
THE ALMANAC

Matt Schick is editor-in-chief of Landon's yearbook. He takes AP Statistics, AP Economics, AP Psychology, Chinese V, and is preparing an AP art portfolio.

He teaches Chinese to fifth graders and has taught Hebrew School to elementary school students at B'nai Tzedek every Sunday since his seventh grade.

Schick is helping design a new course at Landon with staff called "The School of Athens," that will bring together Landon's top talents in various media to critique and discuss each other's works.

He assisted the Landon Studio Arts Department in coordinating the Best of the Independent Schools Art Competition.

He has played in the same band since he was 10 years old called "Rip Tide," and the band has raised money for various charities including the Childhood Brain Tumor Foundation.

Landon teachers and administrators call Schick a "talented student, an incredible painter and an excellent musician."

But "what really sets him apart is his authentic kindness," says Andy Katz, Landon School's Class Advisor to Juniors and Seniors.

"With gentleness and humor, Matt makes everyone feel cared for and welcome. He is growing into a leader whom others look up to," said Katz. "His model of kindness and 'other-regarding' is certainly helpful to his peer group and to faculty as well."

THE POTOMAC CHAMBER of Com-

merce named Schick and Marissa Michaels of Holton Arms School this year's "Youth of the Year."

Schick and Michaels rode on the back of a convertible in last week's Potomac's Day Parade.

They will be honored at a dinner celebration in November at Normandie Farm Restaurant along with Bob Hanson, Potomac's Citizen of the Year, Grand Marshal Jean Roesser, and Business Person of the year Bob Sickels.

MICHAELS EARNED a perfect 800 on the Writing portion of the SAT, a 760 in Math and 730 in Reading, and during her senior year is taking AP Psychology, AP Government, AP Statistics, French IV and a course called "Banned Books."

Michaels is editor-in-chief of Holton Arms yearbook, manager of the varsity volleyball team, and co-president of the school's Peer Counseling group, 26 juniors and seniors who guide students through the transition to Holton Arms Upper School. She won first place for photography in the Washington Area Independent Schools Art Competition.

She is a first-grade teacher's assistant at Washington Hebrew Congregation's religious school, a tutor for the Latino Student Fund, and juror and clerk for the Montgomery County Teen Court.

She is a photographer who sells portraits and other works and has donated money



Matthew Schick and Marissa Michaels are Potomac's Youth of the Year.

been a member of Landon's Ally Council which helps make the school community open and safe for all. He is in charge of "Pennies for Patients" that benefits the Leukemia & Lymphoma Society.

Last summer, Schick spent three weeks in South Africa, Mozambique and Swaziland working at several orphanages painting and building fences in community centers.

"Right now, my dream future would be to travel the world, see as many different cultures and communities as I can, learn from them, and do everything I can to help those in need," according to Schick.

"After seeing a school in rural Africa, whose curriculum was based on sustainability and providing for the less fortunate, I was truly inspired.

If I could do one thing with my life, it would be to bring this idea to underprivileged countries around the world by forming a world-wide coalition of schools."

"If that doesn't work out, I would love to be a psychologist of some kind," he said.

"Matt Schick is a standout among his peers," said Katz. "Matt is an intelligent, interesting and articulate young man who is enormously likeable, and who genuinely cares about the other people in his community."

towards "To Write Love on Her Arms," a non-profit organization that raises awareness of psychological disorders and raises funds to sponsor therapeutic programs. Michaels organized Holton Arms chapter of the group to help raise awareness of psychological and emotional issues affecting youth, including depression, anxiety, self-harm and addiction.

"This forum provided comfort and relief for individuals by demonstrating that they are not alone," according to Michaels.

SINCE FRESHMAN YEAR, Schick has

Local Filmmaker Highlights 'The Bonobo Connection'

Exploring the world of apes most like humans.

BY SUSAN BELFORD
THE ALMANAC

Imagine the jungles of the African Congo alive with apes who are the closest blood relatives to humans — animals that exhibit compassion, altruism, loyalty, empathy, patience, sympathy — and also like to get intimate. They live in a matriarchal society, nurse their babies exactly like a human mother and enjoy sex — not just for procreation. They form cooperative societies and can be taught to use sign language. These "people of the forest" live only one place in the world — the Democratic Republic of the Congo in Africa. They are the bonobo — the apes that are most like humans.



Irene Magafan and male bonobo Teco

PHOTO COURTESY OF IRENE MAGAFAN

Irene A. Magafan, a native of Bethesda and a Walter Johnson High School graduate first became interested in the bonobo apes while she was finishing her master's degree in film and electronic media with a concentration in wildlife and environmental filmmaking at American University. She was attempting to identify a subject for her thesis when one of her colleagues mentioned the bonobo ape. She had never heard of this species, but after he told her of their characteristics and impending extinction, she began researching — and immediately fell in love with these creatures. She was attracted to what they represented and knew immediately that their story that must be told. Magafan tells this story and more in her documentary film "The Bonobo Connection." It premiered in 2012 at the International Wildlife Film Festival in Montana and is now being shared with the public through film festivals held around the U.S. and soon in Europe

Magafan said, "This film will take you on

an emotional journey into the lives of these forgotten apes. You will meet Susie, Mary-Rose, Lola, and Jimmy, four bonobos living at the Columbus Zoo in Powell, Ohio; absorb their stories of perseverance, survival; and, follow them on their journey to the zoo. Through their stories you will learn the history of bonobos, why so little is known about them, their condition in the wild and why they are vital to our planet's health and to the lives of humankind. These amazing apes have a unique gift of peace and cooperation that they use every day as tools to enrich and sustain their lives. By understanding bonobos and how they live, humans can learn how to live more peaceful lives. Understanding this powerful, yet peace-loving species is to reflect on our own origin and gain insights into how we communicate with one another."

She discovered the Bonobo Conservation Initiative (BCI) a D.C.- and Congo-based non-profit organization dedicated to "pro-

SEE LOCAL, PAGE 15

GETTING AROUND

Celebrate Good Times, Come On

BY CISSY FINLEY GRANT
THE ALMANAC

He is well into 16 weeks of chemotherapy but that wasn't about to stop Rex Reed from celebrating his 40th birthday. Not only did he celebrate with 120 family members and friends, but he was among the last dozen or so to leave the party that went well into a six-hour event.

Invitations to a "Surprise Party" went out weeks in advance, sent by his sister Laura Bivans. Was he surprised when he arrived at his sister's front door that night? He would have to have been blindfolded. Cars lined both sides of Turkey Foot Court Road leading up to the house. From there, drivers were available to assist those who could/would not walk the quarter mile, up-and-down driveway, through the woods, to the home of Laura and her husband David.

The ubiquitous "Surprise" burst forth with such vigor when he entered the front door it was a wonder it didn't blow him back out. However, an unfazed Rex was ready to party.

"I've known him since he was 9 years old," Jean Rosesser said. It was during the time she was a candidate for the Maryland State Senate and young Rex volunteered to go door-to-door with her while passing out campaign literature. The rest is history. Rosesser was one of the few Republicans elected.

That was the beginning of Rex's present civic activities including Friends of the Agricultural History Farm Park, an organization of people interested in preserving historical farming practices. Mimi and Jack Stubbs, Putt Willett, Kate and Bob Mac Gillieray, are among those involved in that group who were at the party.

Friends, including Naomi and Buzz Manders, Bobbi and Ed Frost, Elaine and Bob Jones and Sheila O'Donnell were there, all members of the Potomac Bridle Trails Association, of which Rex is president. Believe it or not, there are still trails available in the Potomac area where equestrians are



PHOTO BY ANN WOLVEN

Among the 120 guests celebrating Rex Reed's 40th birthday were (from left) Leonard Proctor, Jean Rosesser, and Margaret Bivans. Rosesser has known Reed since he was 9 years old.

able to ride. This all volunteer organization keeps the trails open, free of fallen branches and overgrowth of weeds and debris.

Prior to the honored guest arriving, his wife, Denise, who was stationed at the front door, welcomed a steady stream of gift-bearing friends and family members. Presents stacked up on the baby grand piano. They became an enigma to a smattering of youngsters at the party including the Reed's three-year-old daughter, Clare, dressed as a princess complete with tiara, and her eight year old brother, Liam.

Among the aforementioned gifts, Rex later discovered a creative presentation brought by Lillibet Miller, a friend since their days at Randolph Macon College. "She and her mother, Betty Lee Miller, drove up from Ashland, Va. for the party," Rex said. When he opened the package he found 39 miniatures of Maker's Mark, surrounded by one large bottle of same. "They were for me and 39 friends," he advised. Yeah?

Rex's parents, Winnie and Tom Reed, of Potomac, his sister Ann Reed Wolven from Indiana, her daughter, Katie from Aiken, S.C., Aunt and Uncle, Nancy and Bill Nullmeyer from Olney and cousins Margaret and Thomas Bivans helped fill the fam-



PHOTO BY ANN WOLVEN

Three-year-old Clare Reed chose a princess outfit for her Dad's 40th birthday party.



PHOTO BY KEVIN MCMANUS

Rex Reed accepted all the birthday paraphernalia with aplomb when he arrived at his 40th birthday surprise party, Oct. 19, the actual date of his birthday. His wife, Denise, (right) greeted him at his sister, Laura Bivans' door, where 120 guests awaited.

ily roster. Potomac Hunt members Vicki and Skip Crawford, Anne Davies, Sharon and Hap Bauer, Laurana Reed, Leonard Proctor and Toni Koerber were those who throughout the years have shared many days in the fox hunting field with Rex and were among those partaking of this cocktail-dinner party celebrating his Oct. 19 birthday. Conveniently, his actual birthdate fell on a Saturday this year.

Maryland Republican Committee Woman

Nicolee Ambrose, Central Committee representative Josephine Wang and former committeeman Charles Stanfield were among the gathering as was Diana Lerch Wolfson, a Wootton High School classmate. "I have known her since kindergarten," Rex said. "There was a lot of re-hashing to do," he happily remarked.

To quote 19th century scribe Charles Mackay, "There's a good time coming, boys! A good time coming."



PHOTO BY KEVIN MCMANUS

The immediate family (from left), Winnie Reed, Laura Bivans, Rex, Ann Wolven and Tom Reed pose for a portrait.



PHOTO BY ANN WOLVEN

"Let it blow," Liam Reed (right) seems to be thinking while his Dad, Rex, tackles the candle job. Britton Ambrose (left), and his sister, Greta, watch the action.

BULLETIN BOARD

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon.

THURSDAY/OCT. 31

Free Cab Rides. Offered by the nonprofit Washington Regional Alcohol Program, the Halloween SoberRide program will operate from 10 p.m. on Thursday, Oct. 31 until 4 a.m. on Friday, Nov. 1, as a way to keep impaired drivers off the road during this traditionally high-risk, holiday period. Area residents ages 21 and older celebrating with alcohol may call the toll-free SoberRide at 1-800-200-TAXI and be afforded a no-cost (up to a \$30 fare), safe way home. Visit www.soberide.com.

FRIDAY/NOV. 1

Kabbalat Shabbat and Dinner. At Tikvat Israel, 2200 Baltimore Road, Rockville. Features foods made from chocolate. Advance reservations required. Visit www.tikvatisrael.org or 301-762-7338.

SATURDAY/NOV. 2

School Food Forum. 9:30 a.m.-2 p.m. at Lutheran Church of St. Andrew, 15300 New Hampshire Ave., Silver Spring. Montgomery Victory Gardens and Real Food for Kids is hosting "Creating a Vision of Fresh, Real Food in Montgomery County Public Schools." Free. Register at www.realfoodforkidsmontgomery.org. A lunch will be served.

SEE BULLETIN BOARD, PAGE 7



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Montgomery County Muslim Foundation Expands to New Offices

Nonprofit organizations helps needy in county.

BY SUSAN BELFORD
THE ALMANAC

For many years, the members of the Montgomery County Muslim Foundation have been operating out of a tiny, cramped office as they planned their next event to help the needy in Montgomery County. Now, they are enjoying their 3,000-square-foot spacious new offices, located in Gaithersburg. The added space in this new facility will allow them to provide even more services to seniors.

The inaugural event, held Saturday, Oct. 5, attracted County Executive Isiah Leggett; Charles Short, special assistant to the county executive; Bruce Adams, director of the Office of Community Partnerships; Sydney A. Katz, mayor of Gaithersburg; Michael Sesma, Council vice president, Gaithersburg; Victoria Hall from Montgomery County Health and Human Services; Mansfield Kaseman, interfaith advisor to the county executive, and Hedieh Mirahmadi, founder, International Cultural Center.

Opening remarks were made by MCMF



From left: Tufail Ahmad, Mayor Sydney Katz, Dr. Yaqub, County Executive Ike Leggett, Amir Khawaja, Saba Rashid and Sara Noor. (all are MCMF Board members with the Mayor Katz and County Executive Leggett.)

Vice Chairman Walid Hafiz who welcomed the guests together with Sara Noor, MCMF president. MCMF founder Tufail Ahmad welcomed the county officials and explained why the new office space will make a difference to seniors in Montgomery County: "The movement to a bigger space will provide an opportunity to bring our

senior citizens for a few hours away from their homes for rest and recreation. They can watch movies and other programs on TV. They will learn various skills if they are interested. They will learn how to use computers and operate them. We will bring people who will teach them how to enjoy their old age and be happy. Chinese instruc-

tors can teach them light exercises which they can do together. It will be a big change in their life."

Leggett and other county officials cut the ribbon, inaugurating the new offices of the MCMF. In his speech, Leggett commended the work of the MCMF and its service to the community. He applauded the effort and dedication of MCMF in strengthening the community through their faith. He hoped that MCMF services would expand their services much beyond the 3000 square foot offices — and require an even larger facility than this new one.

This grass-roots non profit 501(c)(3) was established in 2008 to exclusively pursue humanitarian work in the county. Its mission is to assist the needy residents of the county and encourage and promote resident Muslim community's involvement in the county. Keeping this mission in mind, MCMF is engaged in a multitude of charitable projects in Montgomery County. The group operates a free transportation service to take ill people for medical care, and also transport seniors to centers for socialization activities. They provide Thanksgiving meals to needy families and food to homeless shelters. Every year, they lead food drives for Manna Food Center and donate 10,000 to 18,000 pounds of food annually. MCMF also participates in the countywide Holiday Gift

SEE NEW OFFICES, PAGE 7

PHOTO CONTRIBUTED



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BULLETIN BOARD

FROM PAGE 5

MONDAY/NOV. 4

Chronic Pain Support Group. 1-2:30 p.m. at Pain Connection DMV, 12320 Parklawn Drive, Rockville. Anyone with chronic pain, their family and friends. Bring pillows, mats, ice or hot packs to be comfortable. Visit www.painconnection.org or 301-231-0008.

THURSDAY/NOV. 7

Discussion. 12:30 p.m. at Potomac Library, 10101 Glenolden Drive. "Humanitarian Intervention and U.S. Policy" will be discussed. 240-777-0690.

TUESDAY/NOV. 12

Public Hearing. 7:30 p.m. at County Council Office Building, 100 Maryland Ave., Rockville. Comment on the proposed changes to the zoning law. Visit www.zoningmontgomery.org to see the tentative changes. To speak at the hearing, call 240-777-7803 by 5 p.m. on Monday, Nov. 11.

ONGOING

County residents can drop off **bulky rigid plastic items** such as laundry baskets, kiddie pools, chairs, trash cans and pet carriers at the Shady Grove Solid Waste Processing Facility and Transfer Station. All items should be empty, rinsed and free of loose dirt, soil, etc.

Ride On monthly passes for Children. \$11 monthly Youth Cruiser SmarTrip® card is available to riders under 18. To buy the first card, parents must apply in person and show proof of age and county residence for the prospective riders. The cards can be purchased at the TRIPS commuter store in Friendship Heights (17 Wisconsin Circle), the one in Silver Spring (8413 Ramsey Avenue) or at the county's Division of Treasury (255 Rockville Pike, L-15, Rockville).

New Offices

FROM PAGE 6

Basket program, providing food and toys to needy families for the holidays. MCMF has currently launched the MCMF mobile food pantry to serve the disabled and sick in our Montgomery County community.

Residents interested in supporting this group may attend their fundraiser on Nov. 2 at the Universities of Shady Grove campus. The purpose is to raise needed funds for the Senior Center and the Mobile Food Bank. For tickets and to volunteer, contact 301-760-7447 or e-mail mcmfusa@gmail.com.

Correction

In an article that appeared in the Potomac Almanac, Oct. 23, entitled, "Reflecting on Success," the last name of one of the small business owners was misspelled. The correct spelling is Schumacher. Additionally, Schumacher specializes in marketing.

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A Wolf, a Camel and a Plan

Creating an oasis for networking.

BY SHARON ALLEN GILDER
THE ALMANAC

Charlie Wolf, chairman and CEO of Payroll Network in Rockville, and a Potomac resident since 1975, is doing what he can to keep businesses growing in Maryland. On Oct. 3, along with the talent of colleagues and the generosity of local business sponsors, he transformed the company's offices and parking lot into a Cirque du Soleil of global cuisine, skilled performers, and networking extraordinaire.

Name badges served as "passports" to numerous vendor kiosks, to food stations by Window's Catering, and entertainment including a DJ, a juggler, and a golden Buddha supplied by Bialek's. Shelley Guy, a contortionist/aerialist provided by Entertainment Exchange, climbed along and swung from yards of fabric suspended from the peak of a large catering tent. Valets and wait staff donned tri-corn hats as a quiet nod to Payroll Network's new product for workforce management titled, Revolution HCM (Human Capital Management).



PHOTOS BY SHARON ALLEN GILDER

The event, "Passport to Successful Partnerships," garnered the attention of 900 attendees who were greeted by two dromedaries from Catoctin Wildlife Preserve in Thurmont. The popularity of Geico's Hump Day commercial and the international fo-

cus of the event inspired their presence. "I was so delighted about the camels. We decided, let's try something different and see where it takes us. It created a mood and an atmosphere right from the beginning," said Wolf who noted that the camels kissed him.



Contortionist/Aerialist, Shelley Guy

Camel handler Maggie Chaney, camel Amira 7-years-old, Lizz Durante, Charlie Wolf, camel Mariah 17-years-old, and camel handler Callan Hahn.

Thirty-eight businesses participated as sponsors of the event with 60 percent of the cost underwritten by Payroll Network. "Charlie is a local businessman who appreciates partnerships in the community," said

SEE CREATING, PAGE 11

Gregorio's Trattoria Features Authentic Italian Cuisine

Chef Carmine creates variety of house specialties.

BY SUSAN BELFORD
THE ALMANAC

Gregorio's Trattoria features Italian cuisine in which "The Secret Ingredient is Love." This motto, along with their philosophy that "Our food is like a warm hug with spaghetti sauce" encapsulates this family-owned Potomac restaurant.

The owner, Greg Kahn, along with his staff, has expanded the neighborhood restaurant scene. Located in the Cabin John Shopping Center, Gregorio's has been busy since opening in September.

Kahn had been looking for a Potomac location for almost two years and was pleased when space formerly occupied by Umberto's Restaurant became available. A Churchill graduate, he wanted to return home to Potomac.

In his words, "it has been a wonderful experience to return home to former classmates, their parents and siblings, to relatives, neighbors, and people I grew up with. Everyone seems happy that the restaurant is providing a quality dining experience at reasonable prices."

The menu features a range of Antipasti that includes Arancini (house risotto,



PHOTOS CONTRIBUTED

From left: Gregorio's owner Greg Kahn, General Manager Martini Alcocer, Marcello Ferrigno and Chef Carmine Gieck.

breaded and flash fried, with tomato sauce) to Cozze Verichio (mussels in a white wine, garlic, and lemon sauce), to Mozzarella Caprese (fresh mozzarella, roma tomatoes and basil, topped with balsamic vinaigrette). Gregorio's serves a variety of salads, pasta dishes, seafood, chicken, and meat.



Gregorio's Trattoria is in the Cabin John Shopping Center.

The "Prefferiti Dello Chef" (house specialties) of Chef Carmine include his bone-in center cut veal chop prepared Marsala or A la Carmine, Ravioli di Gregorio, and Pollo Donaldo.

Carmine was the executive chef at Mon Ami Gabi for nine years.

"I have enjoyed creating our Italian menu using my family recipes along while creating new pasta and fish specials. Whenever possible we use in-season, local ingredients," Carmine said. He has created a hit with his tomato jam as a dipping sauce served with house made garlic knots and pizza dough (bread) sticks.

The gluten-free menu is not an afterthought at Gregorio's. It was finalized with the input of Kahn's sister, Lori and his cousin, Nicole because of their dietary restrictions relating to gluten.

The menu includes quinoa spaghetti, quinoa penne, ravioli, and a personal size pizza.

There is also a delectable gluten-free chocolate cake. Many of the regular menu items can also be prepared gluten-free.

Gregorio's Trattoria offers a full bar. Pizza by the slice, meatball sliders, calzones, and subs are offered at lunch. All menu items are available for take-out.

To view the restaurant's menu or learn more, go to www.gregoriotrattoria.com. They are open Monday-Thursday 11 a.m. to 10 p.m.; Friday and Saturday 11 a.m. to 11 p.m., and Sunday from 11:30 a.m. to 10 p.m. it is located at 7745 Tuckerman Lane, Potomac.

ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos and artwork encouraged.

ONGOING

Art Exhibition. Classes are taught year-round for beginner, intermediate and advanced students. Fridays 10 a.m.-2 p.m., Saturdays 10 a.m.-4 p.m., and Sundays noon-4 p.m. At Glen Echo Park, 7300 MacArthur Blvd. Call 301-634-2273 or visit www.artglasscenteratglenecho.org.

Glassworks. Saturdays, 11 a.m.-4 p.m. Glassworks is the area's first glass school. Classes are taught year-round for both new and advanced students. At Glen Echo Park, 7300 MacArthur Blvd. Call 301-634-2280 or visit www.innervisionglassworks.com.

Photoworks. A resource for both student and professional photographers to develop their talents through classes, workshops, and exhibitions. Open Saturdays 1-4 p.m., Sundays 1-8 p.m., and during all scheduled classes and workshops. At Glen Echo Park, 7300 MacArthur Blvd. Call 301-634-2274 or visit www.glenechophotoworks.org.

Tiny Tots. 10 a.m. on Wednesdays, Saturdays and Sundays at Glen Echo Park, 7300 MacArthur Blvd. The Puppet Co. presents a program designed for children up to age 4. The shows are 30 minutes long, the lights stay on and the doors stay open. \$5/person. Reservations strongly encouraged. Visit www.thepuppetco.org or 301-634-5380 for dates.

Theater Performance. See "Peter and the Wolf" on Thursdays and Saturdays at 10 a.m. or 11:30 a.m. and Saturdays and Sundays at 11:30 a.m. or 1 p.m. at the Puppet Co. at Glen Echo Park, 7300 MacArthur Blvd. The show runs from Oct. 17 through Nov. 22 and is appropriate for children in grades PreK-6. Visit www.thepuppetco.org or 301-634-5380 for tickets.

Theater Performance. See "Aquarium" at Imagination Stage, 4908 Auburn Ave., Bethesda. Runs Dec. 17-Jan. 26. Performances are Tuesdays-Fridays at 10:30 a.m. and 11:45 a.m., and Saturdays-Sundays at 10 a.m. and 11:15 a.m. Children can watch the story of Jack and Calypso unfold through puppets, music and props. Appropriate for children ages 1-5. Tickets are \$10-12 with a \$5 lap seat for children under 12 months. Tickets can be purchased at www.imaginationstage.org, at the box office or 301-280-1660.

ART CLASS REGISTRATION

Register Now. VisArts, 155 Gibbs St., Rockville, is offering Day of the Dead classes on Nov. 1 including mosaics, painting, drawing and more. There will be a dance and costume party with live music starting at 9 p.m. Visit www.visartscenter.org or call 301-315-8200 to register for classes.

Volunteer. Gallery monitors are needed Wednesday through Sunday at VisArts, 155 Gibbs St., Rockville. Interact with visitors and share information about the gallery. Earn credit towards classes at VisArts or earn a free dinner and a movie by volunteering. Fill out an application at www.visartscenter.org/volunteers.

OCT. 25 THROUGH NOV. 24

Theater Performance. See "From Here to There" at Imagination Stage, 4908 Auburn Ave., Bethesda. Showtimes are 10:30 a.m. or 11:45 a.m. and are appropriate for children age 2-5. Tickets are \$10-12 with a \$5 lap seat for children under 12 months. Visit www.imaginationstage.org or 301-

280-1660 for tickets.

WEDNESDAY/OCT. 30

"Eye Spy" Halloween Train. 3-8 p.m. at Cabin John Regional Park, 7410 Tuckerman Lane. Children 8 and under can enjoy a journey through a slightly haunted forest and mark their "Eye Spy" cards each time they spy a familiar friend hiding there. Halloween movies and other activities are included in price. Costumes encouraged. \$5/person. Visit www.cabinjohntrain.com or 301-765-8670.

Not-So-Spooky Skate. 4:30-6:15 p.m. at Cabin John Ice Rink at Cabin John Regional Park, 10610 Westlake Drive, Rockville. Takes place on a fully-lit rink and features a costume contest and treats. \$6.50/person includes admission and skate rental. Visit www.cabinjohnice.com or 301-765-8620.

THURSDAY/OCT. 31

Family Halloween Party. 4 p.m. at Potomac Library, 10101 Glenolden Drive. Preschoolers and their families can enjoy a "slightly spooky" storytime, costume parade and more. Costumes encouraged. Free. Visit www.montgomerycountymd.gov/content/libraries or 240-777-0690.

Blues Dance. 8:15 p.m. lessons start, dancing from 9-11:30 p.m. in the Ballroom Annex, 7300 MacArthur Blvd., Glen Echo. \$8. Capital Blues presents the dances. Visit www.capitalblues.org for more.

FRIDAY/NOV. 1

Spooky Skate. 8-10 p.m. at Cabin John Ice Rink at Cabin John Regional Park, 10610 Westlake Drive, Rockville. Features creepy Halloween tunes and a darkened rink lit by a magical mystical ball. Treats included. \$6.50/person includes admission and skate rental. Visit www.cabinjohnice.com or 301-765-8620.

Ethnic Food Festival and Bazaar. 11 a.m.-8 p.m. at St. Mark Orthodox Church, 7124 River Road, Bethesda. Try Russian and Eastern European foods such as blini, chicken kiev and more. Browse baked goods, pottery, earrings, Christmas items and more. Free. Visit www.stmarkoca.org or 301-229-6300.

Contra Dance. 7:30 p.m. lessons start; 8:30-11:30 p.m. dancing at Spanish Ballroom at Glen Echo, 7300 MacArthur Blvd., Glen Echo. Nor'easter provides music. \$10/adult; \$5/17 and under. Visit www.fridaynightdance.org for more.

Harvest Craft Days. 8:30 a.m.-3 p.m. at VisArts, 155 Gibbs St., Rockville. Children ages 7-12 can create a mixed media project and more. Register at www.visartscenter.org or

301-315-8200.

Costume and Dance Party. 9 p.m. at VisArts, 155 Gibbs St. Features music by Wicked Jezebel & Gina DeSimone and the Moaners. \$15. Costumes optional. Visit <http://www.visartsatrockville.org/day-of-the-dead> for more.

SATURDAY/NOV. 2

Fiber Art Show and Sale. 9:30 a.m.-4 p.m. at St. Mark Presbyterian Church, 10701 Old Georgetown Road, Rockville. Browse scarves, hats, jewelry, yarn and more by members of the Potomac Fiber Arts Gallery. Free. Visit www.wearableartfallshow.com or 703-548-0935.

Food Festival and Bazaar. 11 a.m.-5 p.m. at St. Mark Orthodox Church, 7124 River Road, Bethesda. Try Russian and Eastern European foods such as blini, chicken kiev and more. Browse baked goods, pottery, earrings, Christmas items and more. Free. Visit www.stmarkoca.org or 301-229-6300.

An Evening With Harry Cooper. 5-8 p.m. at The Yellow Barn Studio at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Harry Cooper, curator of modern art at the National Gallery of Art, will present "Looking for Art: What is art? How do we recognize it?" \$15/member; \$25/nonmember. Reception follows the presentation. Visit www.yellowbarnstudio.com for tickets.

Swing Dance. 8 p.m.-midnight at Spanish Ballroom at Glen Echo, 7300 MacArthur Blvd. Features music by King Teddy. \$15. Visit www.glenechopark.org for more.

Concert. 8 p.m. at Westmoreland Congregational UCC Church, 1 Westmoreland Circle, Bethesda. Finghan Collins will perform. Free. Visit www.washingtonconservatory.org/

Come to the Cabaret. 7:30 p.m. at Bradley Hills Presbyterian, 6601 Bradley Blvd., Bethesda. Hear show tunes and original jazz compositions with Broadway orchestrator and composer Rick Bassett. Suggested donation of \$20/adult; \$15/student, senior. A reception will follow. Visit www.bradleyhillschurch.org for more.

Film Screening and Discussion. 8 p.m. at Tikvat Israel, 2200 Baltimore Road, Rockville. Watch "The Dark Side of Chocolate" followed by a discussion with Ilana Schatz, coffee and chocolate desserts. Visit www.tikvatisrael.org or call 301-762-7338.

SUNDAY/NOV. 3

Ethnic Food Festival and Bazaar.

SEE ENTERTAINMENT, PAGE 10



Business or Pleasure?
Popover and Enjoy
"Breakfast at The Farm"

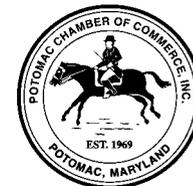
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Please join us for an evening of celebration to honor:

Citizen of the Year: Robert Hanson
Business Person of the Year: Bob Sichels
Co-Youth of the Year: Marissa Michaels
Co-Youth of the Year: Matthew Schick

The Potomac Chamber of Commerce
P.O. Box 59160, Potomac, MD 20859-9160
301-299-2170

ANNUAL AWARDS DINNER
Thursday, November 21, 2013
6:00PM - 9:00PM
Please respond by Friday, November 8, 2013

Mr./Ms. _____

Business Name: _____

Phone No: _____ Email: _____

____ Number of Individual attendees - \$55.00 per person.

____ I am unable to attend.

Please choose a dish for each individual:

____ # of Roasted Bnls Breast of Chicken w/ Wild Mushroom Madeira
____ # or Grilled Filet Mignon, sauce Bearnaise
(or) ____ Capelini d'Angelo w/ Roasted Veg & Garlic Vgn Olive Oil

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Potomac, MD 20859
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ETHNIC FOOD FESTIVAL

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Iris Grundler Pottery, Earrings by Marina, Christmas items table, Pysanky demonstrations, Bishop Kallistos books.
Also, baked goods, desserts, cupcakes, candies and religious gifts.

ENTERTAINMENT

FROM PAGE 9

Noon-4 p.m. at St. Mark Orthodox Church, 7124 River Road, Bethesda. Try Russian and Eastern European foods such as blini, chicken kiev and more. Browse baked goods, pottery, earrings, Christmas items and more. Free. Visit www.stmarkoca.org or 301-229-6300.

Festival. Noon-6 p.m. at Tikvat Israel, 2200 Baltimore Road, Rockville. Festival features a Fair Trade Marketplace with Judaica and other beautiful, handcrafted items. Also music, Latin dance, lectures, food, chocolate tastings, and a children's program with singer Charley Montroll. Visit www.tikvatIsrael.org or 301-762-7338.

Waltz Dance. 2:45-6 p.m. in the Bumper Car Pavilion at Glen Echo, 7300 MacArthur Blvd. Dance to live music by Cabaret Sauvignon. \$10. Visit www.waltztimedances.org for more.

Concert. 3 p.m. at Washington Conservatory at Glen Echo Park, 7300 MacArthur Blvd. Finghan Collins will perform with three Washington Conservatory students. Free. Visit www.washingtonconservatory.org/.

Music Performance. 5 p.m. at The Episcopal Church of the Redeemer, 6201 Dunrobbin Drive, Bethesda. Enjoy a Choral Evensong. Free. Visit www.redeemerbethesda.org or 301-229-3770.

Argentine Tango. 6:30-11 p.m. at Ballroom Annex, 7300 MacArthur Blvd. DJ Rene Davila will mix the music. \$15/person; \$10/dance only. Visit www.glenechopark.org for more.

Contra Dance. 7 p.m. lessons start; 7:30-10:30 p.m. dancing in the Bumper Car Pavilion at Glen Echo, 7300 MacArthur Blvd., Glen Echo. Cabaret Sauvignon provides music. \$13/nonmember; \$10/member; \$5/age 17 and under. Visit www.glenechopark.org for more.

MONDAY/NOV. 4

Music Performance. 7:30 p.m. at St. Mark Presbyterian Church, 10701 Old Georgetown Road, Rockville. Rafe & Clelia Stefanini perform. \$18/advance; \$22/door; students with ID - \$14/advance; \$18/door. Visit www.imtfolk.org or 301-960-3655 for tickets.

Pre-School Fair. 7-8:30 p.m. in the Bumper Car Pavilion, 7300 MacArthur Blvd. Over 30 preschools will be on hand. Free. Visit www.pgip.org.

THURSDAY/NOV. 7

Potomac Toddlers. 10:30 a.m. at Potomac Library, 10101 Glenolden Drive. For children 1-3 years. Free. Visit www.montgomerycountymd.gov/content/libraries or 240-777-0690.

Friends of the Library Presentation. 12:30 p.m. at Potomac Library community room, 10101 Glenolden Drive. Great Decisions is a program in which local groups gather to discuss topics associated with foreign policy. This meeting the topic will be threat assessment. Brown bag lunches encouraged. Visit www.folmc.org.

Lecture. 7:30-9 p.m. at Photoworks Gallery at Glen Echo Park, 7300 MacArthur Blvd. Raul Jarquin will discuss "Photographers: Introducing Foliolink." Visit <http://glenechophotoworks.org/> for tickets.

Blues Dance. 8:15 p.m. lessons start, dancing from 9-11:30 p.m. in the Ballroom Annex, 7300 MacArthur Blvd., Glen Echo. \$8. Capital Blues presents the dances. Visit www.capitalblues.org for more.

FRIDAY/NOV. 8

Music Performance. 7:30 p.m. at St. Mark Presbyterian Church, 10701 Old Georgetown Road, Rockville. Alasdair Fraser and Natalie Haas perform. \$25/advance; \$29/door; students with ID - \$21/advance; \$25/door. Visit www.imtfolk.org or 301-960-3655 for tickets.

Bethesda Art Walk. 6-9 p.m. at galleries in downtown Bethesda. Browse photography, sculpture, pottery and more while enjoy refreshments. Call 301-215-6660 or visit www.bethesda.org.

Salsa Dance. 8 p.m.-midnight at Ballroom Annex at Glen Echo, 7300 MacArthur Blvd. \$12. Visit www.oohsalsa.com for more.

SATURDAY/NOV. 9

Art Exhibit. Noon-8 p.m. at Yellow Barn Studio at Glen Echo, 7300 MacArthur Blvd., Glen Echo. See "7Palettes" art show featuring paintings in oil, pastels, watermedia and more. Reception from 5-8 p.m. Visit www.yellowbarnstudio.com for more.

Music Performance. 8 p.m. at Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. The National Philharmonic with Maestro Piotr Gajewski and the National Philharmonic Chorale presents "Lost Childhood" by composer Janice Hamer and librettist Mary Azrael. Visit www.nationalphilharmonic.org or 301-581-5100 for tickets.

Swing Dance. 8 p.m.-midnight at Spanish Ballroom at Glen Echo, 7300 MacArthur Blvd. Features music by Eric Felten Jazz Orchestra. \$18/age 18 and above; \$12/age 11-17; \$10/age 10 and below. Visit www.glenechopark.org for more.

SUNDAY/NOV. 10

Holiday Boutique and Silent Auction. 10 a.m.-6 p.m. at the Julia Bindeman Center, 11810 Falls Road. More than 50 vendors from across the region featuring pottery, food items, accessories and more. This event by Washington Hebrew Sisterhood benefits local and national charities.

Art Exhibit. Noon-5 p.m. at Yellow Barn Studio at Glen Echo, 7300 MacArthur Blvd., Glen Echo. See "7Palettes" art show featuring paintings in oil, pastels, watermedia and more. Visit www.yellowbarnstudio.com for more.

Ballroom Dance. 3-6 p.m. at Spanish Ballroom at Glen Echo, 7300 MacArthur Blvd. Dance to live music by Hot Society Orchestra of Washington. All ages. \$14. Visit www.glenechopark.org for more.

Argentine Tango. 6:30-11 p.m. at Ballroom Annex, 7300 MacArthur Blvd. DJ Rene Davila will mix the music. \$15/person; \$10/dance only. Visit www.glenechopark.org for more.

Contra Dance. 7-10:30 p.m. at Spanish Ballroom, 7300 MacArthur Blvd. \$13/nonmember; \$10/member; \$5/17 and under. Visit www.fsgw.org for more.

MONDAY/NOV. 11

Holiday Boutique and Silent Auction. 11 a.m.-7 p.m. at the Julia Bindeman Center, 11810 Falls Road. More than 50 vendors from across the region featuring pottery, food items, accessories and more. This event by Washington Hebrew Sisterhood benefits local and national charities.

Art Exhibit. Noon-5 p.m. at Yellow Barn Studio at Glen Echo, 7300 MacArthur Blvd., Glen Echo. See a

group exhibit by local artists. Free. Visit www.yellowbarnstudio.com for more. Runs through Nov. 13.

TUESDAY/NOV. 12

Holiday Boutique and Silent Auction. 11 a.m.-7 p.m. at the Julia Bindeman Center, 11810 Falls Road. More than 50 vendors from across the region featuring pottery, food items, accessories and more. This event by Washington Hebrew Sisterhood benefits local and national charities.

Art Exhibit. Noon-5 p.m. at Yellow Barn Studio at Glen Echo, 7300 MacArthur Blvd., Glen Echo. See a group exhibit by local artists. Free. Visit www.yellowbarnstudio.com for

more. Runs through Nov. 13.

WEDNESDAY/NOV. 13

Art Exhibit. Noon-5 p.m. at Yellow Barn Studio at Glen Echo, 7300 MacArthur Blvd., Glen Echo. See a group exhibit by local artists. Free. Visit www.yellowbarnstudio.com for more. Runs through Nov. 13.

THURSDAY/NOV. 14

Potomac Cuddleups. 10:30 a.m. at Potomac Library, 10101 Glenolden Drive. For children up to 11 months with caregiver. Free. Visit www.montgomerycountymd.gov/content/libraries or 240-777-0690.

SUNDAY/NOV. 17

Book Discussion. 7:30 p.m. at Beth Shalom Congregation, 11825 Seven Locks Road. Dr. Itzhak Brook will discuss "In the Sands of Sinai: A Physician's Account of the Yom Kippur War." Free. Visit bethsholom.org for more.

MONDAY/NOV. 18

Music Performance. 7:30 p.m. at St. Mark Presbyterian Church, 10701 Old Georgetown Road, Rockville. Alan Reid and Rob van Sante perform. \$20/advance; \$25/door; students with ID - \$15/advance; \$20/door. Visit www.imtfolk.org or 301-960-3655 for tickets.

LET'S TALK Real Estate



by Michael Matese

Green is the New (Affordable) Luxury Item

Today, it's not just about your home. It's about being your home being green. "Green" renovation is a trend that engineers, constructors and designers are encountering more and more each day. Going green is not only an ecologically aware choice, but it is also one that is becoming economically sound, with many green renovations providing tax deductions and reduced energy costs, offsetting or negating the cost of their installation in immediate terms—and proving priceless over time, as green renovations reduce the harm of civilization on nature and ecology. Green construction is making a big splash in today's modern home market, with architects, builders and even luxury home construction and sales joining in. Gone are the days of waste and inefficient energy consumption—welcome to the new world of eco-friendly, green luxury!

What's new on the green home front? Alternative energy sources, such as passive solar heating, along with things like photovoltaic solar panels that provide electricity for off the grid homes. Wall insulation that's made from alternative materials such as cellulose, cotton or rock wool instead of the insulation made with formaldehyde are big innovations. Double paned windows are becoming standard, low E glass that deflects the heat out during the summer and reflects heat back into the room during winter are also gaining in popularity. Heated floors, pellet stoves that heat with an alternative source to the usual forced air systems are making big news in the home building market as well. Maximum efficiency of heating and cooling units is an issue that builders are concerned with and high energy efficient ratings are paramount, being used to augment solar energy instead of being the only source of heating and cooling these days. Today, it's keen (and affordable) to be green!

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Open House: Sunday, November 3, 11 a.m. - 3 p.m.
Grades 6-12 | 40-Acre D.C. Campus | www.saintanselms.org

Creating an Oasis for Networking

FROM PAGE 8

Potomac resident, Lizz Durante, senior vice-president of marketing.

The opportunity to promote business and put people together is a popular outcome of the annual event. Jerry Gerard, owner of Gerard Contractors, praised the gathering's effectiveness for making connections and keeping a business and its name out there. "Who are you going to do business with? Someone you know or not? I do no advertising. My business is all referrals. You sell yourself," said Gerard.

Dr. James Goldstein, president of Powerful Partnerships in North Potomac, who offers executive coaching, management consulting, and couples courses to "make a relationship stay hot" said, "It's a wild party and a wonderful way to meet people. It's very different where you're not giving the dry elevator speech."

"Collecting and trading business cards and door prizes provided by sponsors was real marketing at a

very active level," said Wolf.

His business acumen and the human side of building business relationships appear to come naturally. He said that after graduating from Georgetown University he was asked to chair an alumni function. That set him on a course of running events for other groups and led to various officer slates including president of Georgetown's Washington alumni association and Hoyas Unlimited. "I'm essentially a frustrated event planner," laughed Wolf. Wolf attends five professional conferences each year he said, "To gather ideas, to see where you're going, where the industry is going, and where the government is taking us. There's a lot of compliance."

Tom Natelli of Natelli Homes, said, "People look at life different ways. Charlie is one of those people who's an eternal optimist. This, right here, is an expression of what he's about, look at the future and make it happen."

What's Wolf's large picture for



Golden Buddha live model



Bartender Milos Antic from Window's Catering

PHOTOS BY SHARON ALLEN GILDER

the future? "The intent is to build the event up to a broader community concept for the greater Washington community. To make it a multi-day function, pretty much a party with job seekers, a job fair, and an education component in concert with other groups and to focus on the purpose of building business year in and year out. It

will be a level playing field for all."

Tony Shore with Lawyer Residential Brokerage applauded Durante's work on the event. "Never before in history have so many owed so much to Lizz." Said Durante, "We networked until the camels went home."

For more information visit: www.payrollnetwork.com.

SCHOOL NOTES



PHOTO CONTRIBUTED

First Pre Kindergarten Class

Our Lady of Mercy School in Potomac has opened its new preschool on Kentsdale Drive. At the August ribbon-cutting ceremony, Mac Morrison helps cut the ribbon with principal Joan Hosmer and director Anne-Marie Ribas. The preschool serves 4 year olds and offers both full day and half-day programs.

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Beeta Rafiekian has been admitted to the master's program in international affairs at Texas A&M University's Bush School of Government and Public Service in College Station, Texas.

The following Potomac residents have enrolled at Clemson University for the fall semester: **Lauren E. Lane** is majoring in parks, recreation and tourism management; **Kalli Marie Mays** is undeclared; **Nicholas T. Natelli** is majoring in pre-business; and **Stephen T. Spencer** is majoring in computer

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science.

Zach Wolpoff of Potomac has been named to the Dean's Business Scholars Program for high-achieving first-year students in the Frank G. Zarb School of Business at Hofstra University.

Veronica Rodriguez-Jurado has graduated from Cornell University's summer college program.

Brian O'Shaughnessy named outstanding RIT alumnus. O'Shaughnessy will be honored for his ongoing support of RIT with the Outstanding Alumnus Award.

As a generous alumni donor, O'Shaughnessy, who currently serves on



PHOTO CONTRIBUTED

Grant Winner

Second grade teacher Hilarie Hall from The Woods Academy in Bethesda was presented with a check for \$2,000 on Friday, Oct. 25. This ING Unsung Heroes Grant will help fund Hall's

"Rockets and Robots: Becoming Young Engineers" winning program idea. The aim of the STEM project is to be an energetic and collaborative program for the student engineers in grades one to four. The students will have the opportunity to build, test, modify, and display numerous structures and simple machines. Hall is one of only 100 winners from across the country. She will now compete with other winners for one of the top three prizes — an additional \$5,000, \$10,000, or \$25,000 from ING U.S. See woodsacademy.org.

the RIT Board of Trustees has contributed to a variety of funds for students and the university as a whole.

Eliana Foltin was named to the dean's list at Binghamton University.

Carina Graham of Potomac has enrolled at Eckerd College.

Jackson I. Pierce Felker (Thomas S. Wootton High School) and **Garrett P. Hickel** (Walt Whitman High School) were named National Achievement Scholarship semifinalists.

Kyle Morris has enrolled in Rochester Institute of Technology's National Technical Institute for the Deaf, the

technological college for deaf and hard-of-hearing students. He is a graduate of Rockville High School and the son of Lesa and Winston Morris of Potomac.

The following Montgomery County Public Schools students have been named semifinalists in the Siemens Competition in Mathematics, Science and Technology: **Daniel D. Liu**, Winston Churchill High School; **Zichen Wang**, Winston Churchill High School; **Lisa Deng**, Walt Whitman High School; **Sayan Basu**, Thomas S. Wootton High School; **Pallavi Malla**, Thomas S. Wootton High School and **Uday Misra**, Thomas S. Wootton High School. Visit www.siemens-foundation.org.

POTOMAC ALMANAC

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PUBLISHER

Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
@MaryKimm

EDITORIAL

PHONE: 703-821-5050
E-MAIL:
almanac@connectionnewspapers.com

EDITOR

Steven Mauren, 703-778-9415
smauren@connectionnewspapers.com

SPORTS EDITOR

Jon Roetman,
703-224-3015
jroetman@connectionnewspapers.com
@jonroetman

CONTRIBUTING WRITERS

Cissy Finley Grant, Carole Dell,
Kennedy Lourie, Ken Moore,
Susan Belford, Colleen Healy

Contributing Photographers

Harvey Levine, Deborah Stevens

Art/Design:

Laurence Foong, John Heinly
Production Manager
Jean Card
Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

ADVERTISING

For advertising information
e-mail:
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ACCOUNT EXECUTIVES

Display Advertising:
Kenny Lourie 703-778-9425
klourie@connectionnewspapers.com

Andrea Smith

703-778-9411
Classified Advertising
asmith@connectionnewspapers.com

Debbie Funk

National Sales & real Estate
703-778-9444
debfunk@connectionnewspapers.com

Jerry Vernon

Executive Vice President
jvernon@connectionnewspapers.com

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Potomac REAL ESTATE

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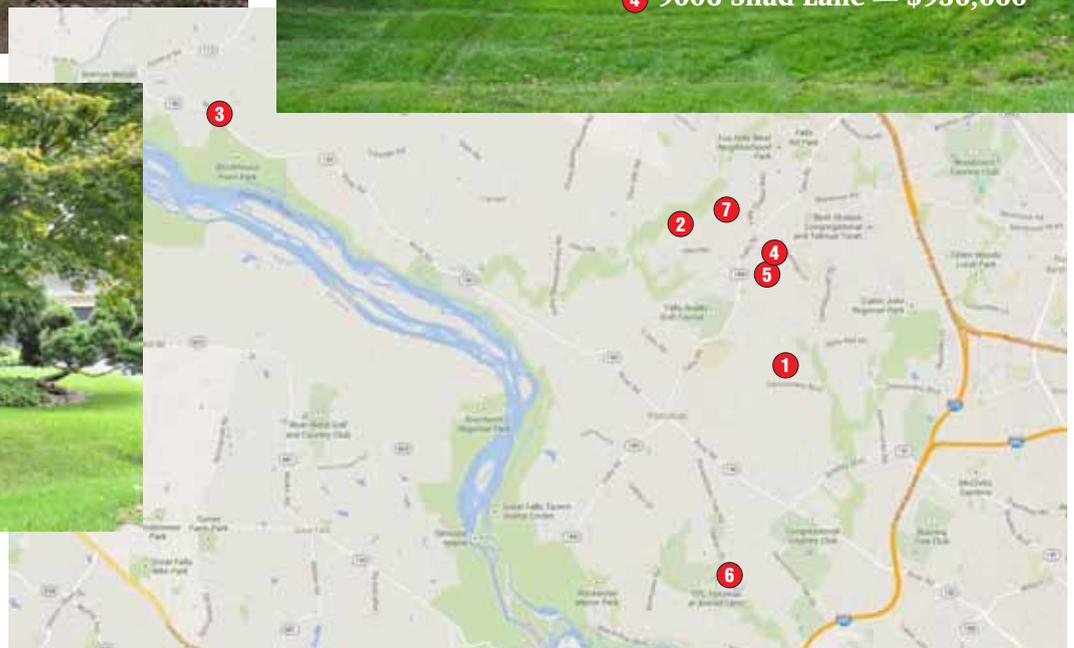
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SPORTS

Wootton Field Hockey Beats Churchill

The Wootton field hockey team advanced to the 4A South region championship game with a 5-1 victory over Churchill on Oct. 28 in the Section I final.

Wootton's Allie Band scored a pair of goals and Carly Mustich, Marissa Morakis and Lacy Rubin each scored one.

The Patriots will travel to face Bethesda-Chevy Chase at 7 p.m. on Wednesday, Oct. 30.

Catherine Nardi scored Churchill's lone goal.

The Bulldogs ended their season with a 10-4 record. Churchill entered the postseason as the No. 2 seed in 4A South's section II.

SPORTS BRIEFS

"My team never gave up and played every ball to the very last minute," Churchill head coach Cay Miller wrote in an email.

"That's all I can ask of them. We were down early in the game, so we had to take some risks if we wanted to come back. Playing conservatively was out the window in the first five minutes. ... I'm proud of their work tonight and their accomplishments this season. We faced some tough teams this year, and we had to earn every win we got."

Churchill junior defender Carly Kabelac finished the year with three goals and 10 assists. Senior midfielder Jamie Lescht had four goals and seven assists, senior forward Clare Nolan had four goals and six assists, sophomore forward Annie Moshyedi finished with five goals and six assists and junior goalkeeper Sophie Ascher tallied 81 saves.

Miller mentioned Kabelac, Ascher, Moshyedi and freshman midfielder Jocelyn Kelley as the Bulldogs' top athletes for next season.

Volleyball Playoff Seedings

The Maryland Class 4A volleyball playoff pairings

were announced and Churchill and Wootton received No. 1 seeds.

Churchill is the No. 1 seed in 4A West's section I and will face the winner of Bethesda-Chevy Chase and Richard Montgomery on Nov. 4.

Wootton is the top seed in 4A West's section II and will take on the winner of Magruder and Quince Orchard on Nov. 4.

Whitman is the No. 2 seed in section I and will face Kennedy on either Oct. 31 or Nov. 1.

Whitman Football Improves to 5-3

The Whitman football team beat Walter Johnson 34-3 on Oct. 25, improving its record to 5-3.

Whitman running back Zac Morton carried 31 times for 219 yards and three touchdowns.

The Vikings will host Churchill at 6:30 p.m. on Friday, Nov. 1.

Wootton Football Beats Richard Montgomery

The Wootton football team defeated Richard Montgomery 24-20 Oct. 25.

Wootton quarterback Sam Ellis completed 17 of 33 passes for 323 yards, with three touchdowns and three interceptions, according to stats from the Washington Post's allmetsports.com.

The Patriots (4-4) will travel to face Rockville at 6:30 p.m. on Friday, Nov. 1.

Churchill Football Falls to Springbrook

The Churchill football team lost to Springbrook 35-7 on Oct. 25. The Bulldogs (1-7) will travel to face Whitman at 6:30 p.m. on Friday, Nov. 1.

HOME SALES

In September 2013, 35 Potomac homes sold between \$3,100,000-\$610,000.

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code
10208 BENTCROSS DR	8	9	2	POTOMAC	\$3,100,000	Detached	2.00	20854
5 LAKE POTOMAC CT	7	6	2	POTOMAC	\$1,650,000	Detached	2.03	20854
9209 STAPLEFORD HALL PL	5	4	2	POTOMAC	\$1,635,000	Detached	0.96	20854
11101 GILCHRIST CT	4	4	2	POTOMAC	\$1,520,000	Detached	2.08	20854
13418 BISSEL LN	5	5	1	POTOMAC	\$1,469,000	Detached	2.00	20854
28 SANDALFOOT CT	5	5	1	POTOMAC	\$1,445,000	Detached	0.17	20854
10024 SORREL AVE	4	4	1	POTOMAC	\$1,370,000	Detached	0.43	20854
11421 PATRIOT LN	5	4	2	POTOMAC	\$1,360,000	Detached	0.24	20854
11411 PATRIOT LN	6	6	2	POTOMAC	\$1,300,000	Detached	0.15	20854
12519 LINDA VIEW LN	6	5	1	POTOMAC	\$1,245,000	Townhouse	0.04	20854
12445 BACALL LN	4	4	1	POTOMAC	\$1,190,000	Detached	2.00	20854
12530 FALLS RD	5	4	1	POTOMAC	\$1,165,000	Detached	1.13	20854
10105 SNOWHILL LN	4	4	1	POTOMAC	\$1,150,000	Detached	0.54	20854
13321 BEALL CREEK CT	5	3	1	POTOMAC	\$1,095,000	Detached	3.12	20854
9404 FALLS BRIDGE LN	5	3	1	POTOMAC	\$1,075,000	Detached	0.53	20854
10401 BUCKBOARD PL	5	4	1	POTOMAC	\$1,065,000	Detached	0.38	20854
10414 OAKLYN DR	4	4	1	POTOMAC	\$1,000,000	Detached	5.71	20854
11311 GLEN RD S	5	3	1	POTOMAC	\$1,000,000	Detached	1.30	20854
8832 HARNESS TRL	4	3	1	POTOMAC	\$985,000	Detached	0.27	20854
11217 POTOMAC CREST DR	5	5	0	POTOMAC	\$985,000	Townhouse	0.13	20854
11717 ENID DR	6	4	1	POTOMAC	\$952,500	Detached	0.48	20854
12609 STABLE HOUSE CT	4	2	1	POTOMAC	\$902,500	Detached	0.26	20854
9656 REACH RD	4	3	1	POTOMAC	\$891,000	Detached	0.25	20854
12433 OVER RIDGE RD	4	2	1	POTOMAC	\$890,000	Detached	0.33	20854
12450 ANSIN CIRCLE DR	4	4	1	POTOMAC	\$889,000	Townhouse	0.03	20854
12460 ANSIN CIRCLE DR	4	4	1	POTOMAC	\$850,000	Townhouse	0.03	20854
12609 EXCHANGE CT N	5	3	1	POTOMAC	\$850,000	Detached	0.38	20854
9101 CHERBOURG DR	4	3	0	POTOMAC	\$800,000	Detached	0.34	20854
10708 GAINSBOROUGH RD	4	2	2	POTOMAC	\$785,000	Detached	0.25	20854
9220 ORCHARD BROOK DR	6	3	1	POTOMAC	\$761,600	Detached	0.24	20854
8604 BUCKHANNON DR	4	3	0	POTOMAC	\$760,000	Detached	0.24	20854
11801 DEVILWOOD DR	5	2	1	POTOMAC	\$721,000	Detached	0.21	20854
12116 LITTLE CREEK DR	4	3	1	ROCKVILLE	\$715,000	Detached	0.22	20854
11233 KORMAN DR	4	2	1	POTOMAC	\$680,000	Detached	0.24	20854
11718 TIFTON DR	4	2	1	POTOMAC	\$647,000	Detached	0.21	20854
1394 STRATTON DR	4	2	1	POTOMAC	\$610,000	Detached	0.25	20854

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21 Announcements

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Excuse Me, Pardon Me, Excuse Me...



By KENNETH B. LOURIE

If it wasn't a coincidence, it was the next thing to being one. What it was, was the hiccups; occurring after chemotherapy infusion number one and again after chemotherapy number two. The first episode lasted only a few days and annoyed my wife, Dina, way more than it annoyed me. The first hiccupping episode was fairly constant; however it was not exhausting – and I wasn't having any trouble sleeping because of them. Nor was I making any disturbing sounds or having any difficulty breathing – when caught in mid-hiccup, and/or eating because of the herky-jerky movements/spasms of my diaphragm. In general, it was a fairly benign effect. In the big picture, it didn't seem particularly important that it was the hiccups I was having, so I never called my oncologist. It was the hiccups after all. It might as well have been a skinned knee. Jeez. And sure enough, within a couple of days, I was "hiccupped out."

Now when they started again after the next infusion, I gave that coincidence more consideration (two representing a pattern). Perhaps there was a relationship between the infusion (the drug Alimta) and the hiccups. Nonetheless, I stood stubbornly firm yet again in my decision to not call my oncologist, anticipating that the hiccups would subside after a few days as they had done previously, and so I waited. Unfortunately, that was not the case.

This second episode did not stop. In fact, it intensified until blockhead-Kenny gave in to a new reality: multiple days and nights of non-stop burping/hiccupping, no sleep and very little eating made me a shell of my former self. Not only was I burping/hiccupping constantly, my throat/diaphragm was becoming so sore and so swollen from the constant spasming that it began to impact my voice, which became raspy and weak – and my throat, which seemed to narrow, made swallowing food and liquids a scary challenge. Moreover, the burping sounds that were coming from my throat were ones rarely heard from man or beast, and when out in public were disturbing to others in spite of my best efforts to muffle them. After nearly a week of progressing difficulties, I was a beaten man. No rest for the weary, I suppose. No sleep. No food. No nothing. This induced me, shall I say, to finally e-mail my oncologist with a list of my particulars and await medical instructions.

I picked up the prescription the next morning after having e-mailed my doctor the night before. Oddly enough, a side effect of the pills – to help settle my diaphragm/stop the hiccupping/burping, was sleepiness, hardly an effect I was happy about. I was already half asleep – from not sleeping, and unable to sleep because of the burping/hiccupping, so I didn't want to feel any sleepier. But what could I do? I had to make some progress. I was completely out of patience. For the first 24-36 hours, the medication barely took off the edge, but eventually it took off more than the edge, it stopped the burping/hiccupping altogether so I was once again able to sleep – when I meant to, at bedtime. I had survived the ordeal – yes, ordeal, and lived to fight another day.

Who would have thought? The hiccups, for crying out loud. It was unpleasant. I was unpleasant. However, in the cancer picture, the hiccups were not particularly unpleasant (meaning significant). They were, I suppose, just another hiccup on the road to find out (Cat Stevens reference) and learning to live with a terminal disease.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Ride to Recovery

Once a month, Susie Redmond hosts wounded warriors at her house for a bike ride and lunch. From left: Justin Gaertner, Keith Johnson, Stefan LeRoy, Timothy Brown, Julio Larrea, Maria Mietzner, Catherine Ferguson, Susie Redmond, Ray Clark, Stefan LeRoy and Ollawatti Knight.

PHOTOS BY
DEBORAH STEVENS
/THE ALMANAC



Participants rode for 40 miles.



From left: Hostess Susie Redmond, Colleen McCarthy and Jonathan Olivera.

Local Filmmaker Highlights ‘The Bonobo Connection’

FROM PAGE 3

tecting bonobos, preserving their tropical rainforest habitat, and empowering local communities in the Congo Basin.” Magafan then visited the San Diego Zoo and spent a year and a half at the Columbus Zoo where she filmed hours of footage of the bonobos in their habitat. “I haven’t traveled to the Congo to see the bonobos yet, but I’m so fortunate to have spent so much time at the Columbus Zoo,” she said. “I was able to capture much better footage of the bonobo in captivity than I ever would have if I’d been in the wild. I wanted people to really be able to see them — and this was made possible by really living with them in the zoo.”

The narrator of “The Bonobo Connection” is actress Ashley Judd. Magafan produced and directed the documentary — but the real stars are the bonobo apes. “They are just so interesting — they are much like chimps, but not aggressive at all. Instead, they value peace. They stay on their side of the river, away from the gorillas and chimps because they are actually separated by the Congo River and live in their own society. They love to play and be together. They are amazing and wonderful cousins of ours,” said Magafan.

The population of bonobos is at risk of extinction due to hunters who kill them and sell the meat, the deforestation of the rainforest they reside in and around their habitat. With her film, Magafan is seeking to escalate awareness in the U.S. and globally of the bonobo’s plight. In her next film, she would like to “dive into the more complex theories by exploring the bonobo’s cognition, brain capacity, language, system of cooperation and why we know so little about them.”

Magafan currently works as a multimedia producer for RHED Pixel, a visual communications company in Falls Church, Va. She hopes to pursue a career in natural history programming where she can give a voice to, and be an ambassador for both domestic and wild animals.

To learn more about the bonobos, or become a part of the movement to save the bonobos and the rainforest, contact Irene@thebonoboconnection.com or view the Bonobo Conservation Initiative website at www.bonobo.org.

Irene Magafan
filming

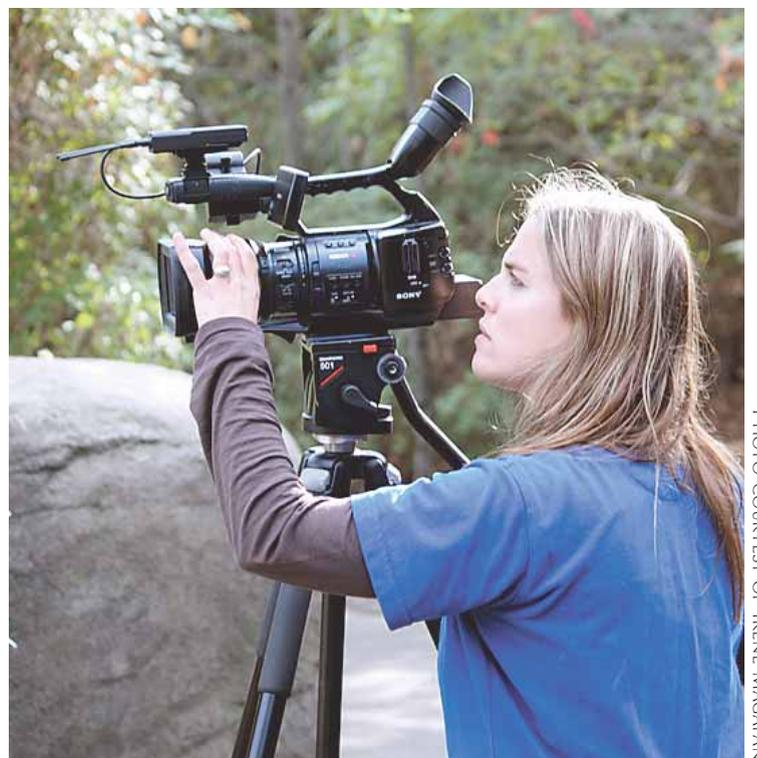


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