

The Arlington Connection

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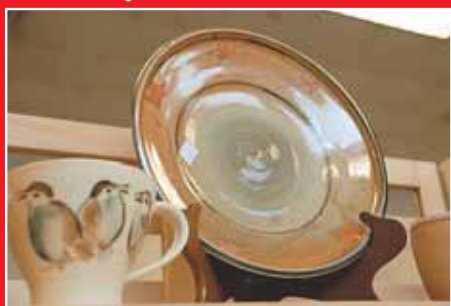
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W-L Girls' XC Finishes Second at State Meet

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Co-captain of the Wounded Warrior Amputee Football Team BJ Ganem USMC rallies the teams before the start of the Saturday afternoon flag football game on McMurtrie Field at Bishop O'Connell. The NFL Alumni team is coached by former Gov. George Allen.

Holiday Ideas



Artists' handmade works.
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Gretchen Trimble sits on the newly dedicated bench in memory of her late husband Steve who died suddenly on July 11, 2011. Steve Tremble, a former NFL running back playing with the Denver Broncos and the Chicago Bears, was head coach of O'Connell's football team at the time of his death.



Alan Lewis USA circles round ESPN's Dave Stevens and Stevens attempts to block a runner.

Bishop O'Connell Hosts Wounded Warriors



NFL safety CC Brown thwarts intended receiver TJ Fitzpatrick.

Football fans flocked to the McMurtrie Field at Bishop O'Connell High School for autographs and photos of players of the Wounded Warrior Amputee Football Team and NFL Alumni as they arrived for Saturday afternoon's game of flag football.

The WWAFT is composed of veterans of the Iraq and Afghanistan conflicts and includes: Roy Gibson USAF, Thomas Getscher USMC, Deshawn Kittrell USA, Elbert Simmons USA, Dan Lasko USMC, Brian Urruela USA, Kristopher Angone USAF, Greg Reynolds USA, Brandon Pelletier USMC, Rebecca Fletcher USMC, Robert Donnelly USN, Justin Landsford USA, Cody Stanton USA, Tim Lang USMC, Michael Cain USA, Joshua Langston-White USA, Alan Lewis USA, Patrick Dunn USMC, Luis Avila USA, Nick Myhre USN, Jeremy Stengel USMC, BJ Ganem

SEE O'CONNELL, PAGE 13



Bishop O'Connell Hall of Famer Eric Metcalf picks off a pass headed for Brian Mitchell in the end zone.



Bishop O'Connell graduate Eric Metcalf is presented with a plaque acknowledging his acceptance into the Bishop O'Connell Athletic Hall of Fame. Former coaches Jim Hayes and Fred Beneventu made the presentation. Metcalf is a former NFL running back and wide receiver. Metcalf also was the 1988 U.S. Track and Field champion in the long jump.



Brian Mitchell signs Kendall Lee Krall's sleeve before the game on Saturday, Nov. 16. Holding Kendall is her dad Nathan. Mitchell was a running back and return specialist for the Washington Redskins, Philadelphia Eagles and the New York Giants.



Playing with the WWAFT, former NFL quarterback Stan Gelbaugh prepares to pass the ball down the field.

PHOTOS BY
LOUISE KRAFFT
THE CONNECTION

Sales Tax Dip

Decline in sales tax threatens ability of local governments to balance books.

BY MICHAEL LEE POPE
THE CONNECTION

Sales tax revenues are down across Northern Virginia, leading to concerns that balancing the books for the coming fiscal year could be even more of a challenge for budget officials and elected officials in the coming months. The decline ranges from 5.3 percent in Alexandria to 8.5 percent in Arlington for the month of October, when local governments collect taxes from transactions that happened in August. Regional analysts say the numbers reflect the influence of the sequester, which means that next month's financial report will show the damage of the partial government shutdown.

"The federal government has a bigger impact on Virginia than any of the 50 states," said Frank Shafroth, director of the Center for State and Local Government Leadership. "And that means people here are making decisions about what they are going to buy without knowing when or if they are going to get paid."

For local governments trying to put together budgets for fiscal year 2015, the numbers pose a serious challenge. Should they revise their revenue estimates for the future, which would indicate a belief of similar uncertainty in the future? Or should they revise the revenue estimates in the current fiscal year because sales tax revenues are expected to take another dip when the December collections of August revenues take a dive related to the shutdown.

"The expectation was that September would be positive but sales were negative," said Steve Fuller, director of the Center for Regional Analysis at George Mason University. "The explanation was the threat of the shutdown and the concerns among consum

"Consumer confidence dropped in September and again in October."

— George Mason professor Steve Fuller

SEE BUDGETS TAKE HIT, PAGE 7

LaunchPad Encourages Entrepreneurial Spirit

Ballston BID: "Where Minds Meet."

BY ASHLEY CLAIRE SIMPSON
THE CONNECTION

Inspirations for big, booming businesses can come from anywhere, just as the entrepreneurial spirit can grow in all types of people. Ten-year-old Kylee Majkowski's idea two years ago resulted in Tomorrow's Lemonade Stand (TLS), a business that teaches elementary school age children how to thrive as entrepreneurs themselves. TLS is one of 14 semifinalists Ballston Business Improvement District (BID)'s first LaunchPad Challenge, a contest for local entrepreneurs with sustainable business ideas.

According to Ballston BID CEO, Tina Leone, there were more than 225 applications, and the overall winner will be announced after the final round on Dec. 4. The semifinal round that Kylee is currently preparing for will take place this week.

"When we announced this program in January 2013, our goals were to generate new opportunities for people to create, collaborate, learn, and network and to spread the word about Ballston being the place for research, discovery and imagination — we are 'Where Minds Meet,'" Leone said. "We were looking for the next big idea, but we had several important things we wanted to accomplish — encourage and support entrepreneurship, strengthen the connections within our community and attract more great minds to start up and grow their businesses here in Ballston."

Leone added that the final prize will include a \$15,000 cash prize, donated legal time with Saul Ewing, LLP, office space in Ballston with Intelligent Office, and office furniture donated by Washington Workplace.

Amanda Antico-Majkowski, co-founder of TLS and mother of Kylee, said when she



Kylee Majkowski

heard about the local competition, she knew their quickly growing family venture was a perfect contender.

"At the time, I was an independent consultant, and I would look for interesting projects for my clients," Antico-Majkowski said. "The Launchpad opportunity came to us through an Advisory Board member. When I saw it, I thought, this is the kind of thing where 'TLS' can fit the bill," she said. "We are only five minutes down the road from Ballston and we see the growth there."

Tomorrow's Lemonade Stand is a company that teaches children to adopt and nurture the qualities and confidence it takes to be an entrepreneur through lessons, games and other activities. The business started two years ago, when a then second-grade Kylee came home from school frustrated with school and limited options for extracurricular activities.

"We teach entrepreneurship, empathy, creativity, risk and passion," said Kylee, CEO of Tomorrow's Lemonade Stand. "And so we do this by playing fun games and using an online badging system. One is 'Walking of Shoes,' ... It is all about trying to find out what it is like to be in other peoples' shoes. It is all part of teaching kids the basics of entrepreneurship and empathy, and every kid loves games."

Antico-Majkowski said she recognized that Kylee had a great idea, and because of both her parental concern and her own business experience, she helped Kylee put the program together.

She said Kylee's project did more than just entertain her friends and classmates, though. They incorporated the company as

a limited liability corporation (LLC) in March 2012, and it has become so popular that the website has reached interested groups around the country.

"She and all her friends wrote the program," Antico-Majkowski said. "I was Kylee's typist. We had the pilot group of kids meet once a week and then we started to scale. When we finished the website, people just started finding us. We now have seven clubs in different parts of the country and 42 others have requested that we help them. So far, it's been a labor of love."

What started as an after-school idea turned into a real family affair for the Majkowski family who live in McLean. Kylee said many of the ideas for the business are born from dinner table conversation — although it was her idea initially, her parents and younger brother Tyler have contributed a lot of brain power to the endeavor.

"A lot of times, the most likely spot for us to get our ideas is at the dinner table," Kylee said. "My family will sit together and just think. It is a huge brainstorming process. My dad is a genius with names. For example — 'Tomorrow's Lemonade Stand': he told me that when people think of a first thing you do as a child entrepreneur, you think lemonade stand — after that, we added the word Tomorrow because this is about the future."

Tomorrow's Lemonade Stand is a three-phase program, and Kylee and Antico-Majkowski said they compare it to a scouting program. There are badges and requirements that participants have to earn and complete before the move up to the next "season."

"In Season One, we mostly learn the basics — the things you need to learn as an entrepreneur," Kylee said. "Then, in Season Two, you work with the skills to come up with products and businesses. In Season Three, you start selling it. You graduate as entrepreneurs by presenting to entrepreneurs. The anchors of the program are entrepreneurship and empathy, and then we have things that build off creativity, risk, and

passion."

Kylee said she has entrepreneurs come in to help train the children going through the program.

"You will present to the entrepreneurs, with a slide show," she said. "You will tell them about your company, your reasons. They give you feedback in the end."

She added that there is also a graduate program for people who have gone through the original three-step program.

"We hope the graduates can teach the other kids," she said, "like a circle of mini-entrepreneurship."

Kylee will pitch her business to a panel of six judges on this week, hoping to be named one of the three finalists. The public will have an opportunity to weigh in for the judging in the semi-finals as well.

The final round on Dec. 4 will be a pitch to a board of judges comprised of businessman Ted Leonsis, first and former U.S. CTO Aneesh Chopra, U.S. Rep. Gerry Connolly and Saul Ewing LLP Partner Mark Gruhin.

Leone said she hopes all the contenders will continue to grow in the Arlington area.

"Each team has made amazing progress over these last few months," she said. "Some have changed their company names, some have added team members and created jobs, and all have sharpened their focus as they've refined and perfected their business plans. We will continue to support and track the progress of all the challengers as they grow and develop. We would like for them to continue being role models for entrepreneurship and collaboration, symbolic of what we are doing here in Ballston ... we will encourage them to stay in our community and choose Ballston as the home for their businesses."

Leone said Kylee's success in this competition is encouraging for her as she looks at future generations of entrepreneurs and innovators. It is part of the spirit of the Launchpad Challenge — to shrug off convention and move forward with big ideas for a better Ballston, and a better world at large.



Observing Veterans Day

Families crowd together as they watch President Barack Obama leave Arlington National Cemetery after the annual Veterans Day wreath-laying ceremony on Nov. 11.

Judicial Review

Long-awaited report rejects consolidation of circuits, lays out need for judges.

BY MICHAEL LEE POPE
THE CONNECTION

Virginia needs more judges, according to a long-awaited report released last week by the National Center for State Courts. Alexandria needs an additional Circuit Court judge, and the Arlington Circuit Court currently has the right amount, even if it's currently authorized for more judges than the court currently has. Fairfax is right on target, although the report calls for more judges in several other jurisdictions — most notably in Rockingham County, Fredericksburg and Bland County.

"This was not at all what I expected the report would say," said Del. Dave Albo (R-42), chairman of the House Courts of Justice. "But it's science, so what are you gonna do?"

Perhaps the most surprising aspect of the report is what was missing from it. Many people, including Albo, were expecting that the report might have some kind of recommendation about consolidating some of the commonwealth's jurisdictions. One of the reasons the report was commissioned in the first place was the perception among some in Richmond that some jurisdictions are overworked while others knock off early to

go play golf. The report belies that perception.

"This will be our guide and our blueprint going forward for every jurisdiction," said Del. Patrick Hope (D-47). "So we won't have to argue or try to prove a need or try to find money at the last minutes to fill these judgeships.

THE REPORT, titled "Virginia Judicial Workload Assessment Report," is a major victory for judges in Arlington and Alexandria. These were the two jurisdictions that were the target of an effort to consolidate smaller court systems, with many in Richmond believing that judges in here did not handle the kind of caseloads routinely managed in other larger jurisdictions. Some believed the report might even recommend consolidation of some of the smaller courts. But that did not happen.

"It may be suggested that efficiencies can be gained by consolidating circuits and districts with fractional need, or where excess capacity in one circuit or district would cancel out a need for additional judges in another circuit or district," according to the report. "Examining the weighted caseload output across all three court levels, however, reveals that redrawing existing judicial boundaries carries little potential for

such savings in practice."

Two years ago, the General Assembly asked the National Center for State Courts to develop a "weighted caseload system" to measure how much work judges were doing in various courtrooms across the commonwealth. Because each court system has a different system for keeping records, legislators in Richmond had a difficult time determining how much work was going on. When rulings are made, some courts close out the case while others keep them open. That means if future action happens, which is often the case, some courts would show a higher caseload. That's why it was important to determine a scientific way of determining caseload. "Additional judges are needed to enable Virginia's trial court judiciary to manage and resolve court business effectively and without delay," the report concludes. "NCSC strongly recommends that the General Assembly begin to fill judicial vacancies, and in some instances create new authorized judicial positions."

The study finds that circuit courts across the commonwealth need 171 judges. The weighted caseload model shows a need to fill nearly all current vacancies as well as create 13 judgeships to add to the current total of 158 authorized judgeships. The study also concluded that general district

courts need to fill at least six vacancies and family courts need 17 more judges.

"With the conclusion of the study, there will be consideration given to the recommendations," said state Sen. Adam Ebbin (D-30). "But one of the biggest issues will be funding the judgeships, and what the leaders on the courts and finance committees recommend."

Albo says that any jurisdiction that requests new judges will have to find money to finance them, an indication that the report is not the final say in the long-running battle over the courts. For years, state legislators have clashed over filling judicial vacancies. In the past, they have been controversial because of the feeling that some courts are not as busy as others. Now that the study has created a scientific way to measure caseload, some judges may feel more inclined to step down. One is Circuit Court Judge William Newman, who is married to Shelia Johnson, co-founder of Black Entertainment Television and part owner of the Washington Capitals, the Washington Wizards and the Washington Mystics.

"If Judge Newman decides he wants to retire, we would have no problem appointing his successor without some sort of ability to prove that we needed a third judge," said Hope.



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OPINION

Shop Locally, Shop in Arlington

Small business

Saturday isn't enough; don't wait until then, and don't stop after that.

An effort to support locally owned businesses has resulted in the recognition of Small Business Saturday, the Saturday after Thanksgiving. This year that is Nov. 30. Black Friday, the day after Thanksgiving, is known as a dedicated day of national zeal for shopping. Presumably the next day shoppers can focus on local shopping.

It sounds like an obligation, and it is. But there is a joy to shopping in local stores at the holidays, to walking along a sidewalk with the streets decked out for the holidays, to being greeted by someone likely to be the owner of the store, to finding gifts that are not mass-produced.

We all benefit when local stores thrive, when local business districts beckon.

Locally owned retail shops, services, restaurants depend on vibrant local communities to thrive. Most small, locally owned businesses invest in community, helping to transform our towns and communities with a sense of place.

The economy continues to improve slowly

LETTERS TO THE EDITOR

Better Choice For Arlington

To the Editor:

The BRT study presented by Michael Pope (Nov. 6, 2013 edition) has serious and obvious flaws that make it useless to determine the right transit choices for Crystal City and Columbia Pike. First, it assumes that one type of transit should be chosen for all situations, rather than matching the system to the particular needs and challenges in the area under consideration. It does not much matter whether BRT or streetcars are the right solution in some other city; what matters is what is right for Arlington.

Second, the study focuses exclusively on promoting development in the form of new construction. Other important goals, like supporting new and existing businesses serving residential areas, and improving quality of life in those residential areas, are ignored. Bus service has not given a boost to Columbia Pike businesses for the last 50 years. Calling it BRT won't change that. And notwithstanding good bus service, the Pike is the most auto-dependent corri-

Holiday Fun

A small sample of local holiday events — for more, see the holiday or entertainment calendar. Email holiday event information to arlingtoncore@connectionnews.com at least one week before the event. Include date and time; venue and address where it will take place; a brief description; cost, if any; and contact phone, email and/or website. Events must be free or minimal expense and open to the public.

TUESDAY/NOV. 26

Chanukah on Ice. 6-8:30 p.m. at Pentagon Row Ice Skating, 1201 S. Joyce St. Children and adults can ice skate to contemporary Jewish music and classic Chanukah songs. There will also be a lighting ceremony, food, songs and raffle. \$12/door; \$10/advance and includes skate rental. Food is separate. For reservations visit www.ChabadAA.org or 703-370-2774.

without inspiring. Local families will shop and exchange gifts during the next month, spending tens of millions of dollars in a variety of places.

One way to be sure holiday shopping comes with some holiday spirit is to do a portion of your shopping in some of the area's locally owned stores. There is special holiday ambience available by shopping in the heart of a town that is decked out for the season. Small retail shops are part of defining any community. Their livelihood depends on the livability and quality of the neighborhoods around them. A small business owner pays attention to every detail in his or her business in a way that no chain can.

Frequently, it is the small retail person who

dor in Arlington. Streetcars on the Pike are intended to change that.

The study cited by Mr. Pope ignores these goals, dismissing support for existing development as irrelevant to the study. But the quality of life and survival and quality of local businesses are prime issues for Arlington. So is preservation of affordable housing, which is to be done by substantially increasing the amount of density allowed as an incentive for preservation. The buses-only alternatives pushed by BRT advocates will not carry the new transit ridership needed to make the Pike Neighborhoods Plan work, so those options are not viable. We can't add 14,000 new apartments to the Pike without upgrading transit service.

The study is also fundamentally flawed in the data it uses to compare the "bang for the buck" of transit choices. It is faulty on both the "bucks" and the "bang." The report does not provide background data for all the projects it discusses, but for its favorite project, the Cleveland Healthline, the "analysis" omitted more than 75 percent of the "bucks" invested by Cleveland in the Euclid Avenue Healthline BRT project. The au-

thors only include the costs of the stations (similar to the real cost of the much-derided new Columbia Pike BRT station) and the buses.

They don't include rebuilding the streets with reinforced concrete, which is necessary, since the heavy BRT vehicles will tear up typical conventional streets, as buses are doing to Columbia Pike today. They also exclude other street improvements, concluding, without basis, that those improvements have nothing to do with attracting development to Euclid Avenue.

Comparing the real cost of Cleveland's BRT line with Arlington's streetcar plans, with cost escalation to the same time frame, and hefty contingencies demanded by the federal transit officials, the \$200 million real cost of Cleveland's project gets closer to the \$250 million to \$310 million cost projection for the Columbia Pike streetcar segment. And the study mentions, but does not include in its analysis, a whole host of development incentives offered to potential developers along Cleveland's Euclid Avenue. Assuming that these development enticements have nothing to do with enticing development does not

SATURDAY/DEC. 7

Breakfast With Santa. 9:30-11:30 a.m. at Holy Trinity Lutheran Church, 3022 Woodlawn Ave. Enjoy crafts, snacks and more. Free. Visit www.htluther.org or 703-532-6617.

Holiday Boutique. 10 a.m.-4 p.m. at Our Lady of Lourdes Hall, 800 23rd St. Browse vendors selling Alpaca wovens, ceramics, local honey products and more. There will also be a bake sale, lunch items, raffle and more. Visit www.ahwc.org for more. Proceeds benefit Operation Renewed Hope Foundation and the Arlington Historical Museum.

Holiday Bazaar. 10 a.m.-4 p.m. at Washington-Lee High School, 1301 N. Stafford St. Browse the wares of more than 60 local artisans including jewelry, clothing, collectibles, artwork and more. Free. Food will be available for purchase. Music by the Madrigals and other groups. 703-228-6200.

is active in fundraising for local charities, for fire and rescue service, for local schools and in organizing holiday events.

Local retail stores, mom-and-pop stores, face tough challenges right now. Competition from big box stores and online sellers makes the holiday shopping season all the more important to locally owned retailers.

Everyone will do some of their shopping at the mall. Everyone will do some shopping online. Many will answer the call of the big box. But local shoppers should be sure to save some shopping time and dollars for local stores. Spend some time shopping in your own community, and also plan an excursion to a nearby town to check out the local businesses and holiday spirit there.

make a lot of sense. In sum, if you only show about 20 percent of real costs, yes, an alternative will look cheaper.

The study is wrong on the "bang" too. It assumes that all new construction along Euclid Avenue is due to the BRT project. It assumes that the other incentives mentioned above don't exist, and also, for example, that the only reason that the Cleveland Clinic expanded right next to its existing buildings is the new BRT line. Same for expansion of Cleveland State University, and other new publicly funded projects targeted to revitalize the area. While the BRT line may support those projects, concluding the BRT line caused them is a stretch, to say the least. The study also ignores evidence that property values in some areas along the line actually declined.

So it is pretty clear that the study understates the costs and the overstates the benefits of one potential transit choice, and ignores the reasons Arlington is moving forward with a better choice for Arlington: streetcars.

John Snyder
Arlington

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Budgets Take Hit

FROM PAGE 3

ers about the debt ceiling battle. Consumer confidence dropped in September and again in October.”

IN FAIRFAX COUNTY, sales tax revenues were down 6.6 percent in October, which reflected collections that took place in August. County officials received \$13.3 million, which was significantly smaller than October 2012. It’s the third consecutive month that sales taxes were down, although not as dramatically. August numbers showed a 0.7 percent decline compared to 2012, and the September economic reports logged a 0.5 percent decline compared to last year. Overall, sales tax receipts are down 2.6 percent for the first three months of fiscal year 2014.

“We are definitely looking at the budget implications,” said Albena Assenova, budget analyst with the Fairfax County government. “But we have not revised our estimates yet.”

Fairfax County officials, who oversee the largest budget in Virginia, expected the summer months to be bad because of furloughs related to the sequester. By the end of the year, budget officials will have a better idea of how much the shutdown hurt the sales tax revenue. In the meantime, they have already started reviewing what kind of revenue estimates they want to make next year for fiscal year 2015.

“We are definitely monitoring our receipts,” said Assenova. “And we might need to revise our estimates downward.”

ARLINGTON COUNTY has experienced sales tax revenues decline 8.5 percent in October, which reflects collections from August. Arlington officials collected about \$3 million, which was significantly lower than October 2012. Budget officials say a number of factors could be behind the dip, including a particularly strong October 2012 that would be difficult to top.

“What we are seeing is more variability,” said Arlington Budget Director Richard Stephenson. “In the past, we might have had 10 months of positive month-over-

month growth from the prior fiscal year. Now we’re seeing more variation, where it might be six months up and six months down.”

Stephenson said Arlington budget officials are in the process of examining the expected revenues for sales taxes as part of the proposed fiscal year 2015 budget, which will be released in the next few months. As far as the current fiscal year, budget officials are not sure they are going to hit the expected revenue for the fiscal year. That number may be revised when budget officials issue a mid-year analysis in the spring.

“It’s a contributing factor to the gap between revenue and expenses that we are forecasting for fiscal year 2015,” said Stephenson. “Commercial real estate and BRAC are affecting the region as well.”

ALEXANDRIA SALES TAX revenues are down 5.3 percent compared to last year. The most recent monthly financial report shows this is the lowest drop in sales tax collections in three years. Compared to the national average of sales tax collections, which is up about 5 percent, Alexandria and other Northern Virginia jurisdictions are taking a hit.

“It’s something that we are monitoring very closely,” said Laura Triggs, director of finance for the city of Alexandria. “We think one of the contributing factors might be grocery store closings.”

Statewide, sales tax revenue is down 5.4 percent compared to October of last year. On a year-to-date basis, total revenue collections rose 0.6 percent through October. Adjusting for the accelerated sales tax program and the 0.125 percent sales tax transfer required by the transportation agreement, total revenues grew 1.6 percent through October, trailing the adjusted forecast of 2.7 percent growth.

“The federal government continues to fail at the most basic of functions, including most recently failing at just the simple act of remaining open,” said Gov. Robert McDonnell in a written statement. “This is having a direct impact on the finances of Virginia’s residents and our state government.”

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HOLIDAY FUN

SATURDAY/NOV. 23

Holiday Performance. 1 p.m. and 7 p.m. at Northern Virginia Community College, Ernst Cultural Center, 8333 Little River Turnpike. See the Metropolitan School of the Arts' performance of "The Nutcracker." Tickets range between \$18-\$27. Buy tickets at www.metropolitanarts.org.

SUNDAY/NOV. 24

Holiday Performance. Noon and 5 p.m. at Northern Virginia Community College, Ernst Cultural Center, 8333 Little River Turnpike. See the Metropolitan School of the Arts' performance of "The Nutcracker." Tickets range between \$18-\$27. Buy tickets at www.metropolitanarts.org. Visit the website for special events happening pre-performance and post-performance.

TUESDAY/NOV. 26

Chanukah on Ice. 6-8:30 p.m. at Pentagon Row Ice Skating, 1201 S. Joyce St. Children and adults can ice skate to contemporary Jewish music and classic Chanukah songs. There will also be a lighting ceremony, food, songs and raffle. \$12/door; \$10/advance and includes skate rental. Food is separate. For reservations visit www.ChabadAA.org or 703-370-2774.

SATURDAY/NOV. 30

Ballet Performance. 2 p.m. or 8 p.m. at Ernst Community Cultural Center Theater on Northern Virginia Community College, Annandale Campus, 8333 Little River Turnpike. Watch "The Nutcracker" performed by Classical Ballet Theatre. \$25/adult; \$20/senior, student or child; \$18/military, Girl Scout or Boy Scout. Visit www.cbtnva.org/nutcracker. Military families, Girl Scouts or Boy Scouts can call Kim Brummett for the discounted tickets at 703-471-0750.

Pop-Up Retail Event. 11 a.m. at the Ballston BID's Launch Pad space in the Ballston Common Mall, 4238 Wilson Blvd. The event will showcase local home-based and online businesses. Local author Lindsey Jensen Berke will read from her book; Tippi Toes Dance will hand out gift bags for children at select locations in Arlington. Visit www.arlingtonsmallbusinessday.org for locations.

SUNDAY/DEC. 1

Ballet Performance. 2 p.m. at Ernst Community Cultural Center Theater on Northern Virginia Community College, Annandale Campus, 8333 Little River Turnpike. Watch "The Nutcracker" performed by Classical Ballet Theatre. \$25/adult; \$20/senior, student or child; \$18/military, Girl Scout or Boy Scout. Visit www.cbtnva.org/nutcracker. Military families, Girl Scouts or Boy Scouts can call Kim Brummett for the discounted tickets at 703-471-0750.

THURSDAY/DEC. 5

Ballet Performance. 7:30 p.m. at Thomas Jefferson Community Theater, 3501 S. 2nd St. Watch BalletNova's "The Nutcracker." Tickets range from \$13-\$35 with discounts for students and seniors. Visit www.BalletNova.org, or call 703-778-3008 for tickets.

FRIDAY/DEC. 6

Miracle on 23rd Street. 6:30 p.m. at Linden Resources, 750 23rd Street South. Miracle on 23rd Street is the traditional kick-off of the local



Santa!

Santa arrives on an Arlington County fire truck for a visit at Linden Resources' annual Miracle on 23rd Street celebration. The 2013 event will take place Friday, Dec. 6, 6:30 p.m. Visit www.Linden.org.



FILE PHOTOS

holiday season with a tree lighting, Santa Claus arriving on an Arlington County fire truck, holiday music, vendor gift fair and children's activity. Free and open to the public. Visit www.Linden.org or call 703-521-4441.

Ballet Performance. 7:30 p.m. at Thomas Jefferson Community Theater, 3501 S. 2nd St. Watch BalletNova's "The Nutcracker." Tickets range from \$13-\$35 with discounts for students and seniors.

Visit www.BalletNova.org, or call 703-778-3008 for tickets.

SATURDAY/DEC. 7

Breakfast With Santa. 9:30-11:30 a.m. at Holy Trinity Lutheran Church, 3022 Woodlawn Ave. Enjoy crafts, snacks and more. Free. Visit www.htluther.org or 703-532-6617.

Holiday Boutique. 10 a.m.-4 p.m. at Our Lady of Lourdes Hall, 800 23rd St. Browse vendors selling Alpaca

wovens, ceramics, local honey products and more. There will also be a bake sale, lunch items, raffle and more. Visit www.ahwc.org for more. Proceeds benefit Operation Renewed Hope Foundation and the Arlington Historical Museum.

Holiday Bazaar. 10 a.m.-4 p.m. at Washington-Lee High School, 1301 N. Stafford St. Browse the wares of more than 60 local artisans including jewelry, clothing, collectibles, artwork and more. Free. Food will be available for purchase. Music by the Madrigals and other groups. 703-228-6200.

Ballet Performance. 1 p.m. or 5 p.m. at Thomas Jefferson Community Theater, 3501 S. 2nd St. Watch BalletNova's "The Nutcracker." Tickets range from \$13-\$35 with discounts for students and seniors. Visit www.BalletNova.org, or call 703-778-3008 for tickets.

SUNDAY/DEC. 8

Ballet Performance. 1 p.m. or 5 p.m. at Thomas Jefferson Community Theater, 3501 S. 2nd St. Watch BalletNova's "The Nutcracker." Tickets range from \$13-\$35 with discounts for students and seniors. Visit www.BalletNova.org, or call 703-778-3008 for tickets.

Music Performance. 4 p.m. at Arlington Presbyterian Church, 3507 Columbia Pike. NoVA Lights Chorale will present "Winter Variations," featuring jazz, swing, classical and more. Free. Visit www.novalightschorale.jigsy.com for more.

FRIDAY/DEC. 13

Ballet Performance. 5 p.m. at BalletNova Center for Dance Studios, 3443 Carlin Springs Road, Falls Church. Watch a petite performance of BalletNova's "The Nutcracker." Performances are 45 minutes and include a narrative of the story and highlights from Act II. Appropriate for children ages 3-5. Tickets are \$15/child; \$20/adult. Add \$3 if purchased at the door. Visit www.BalletNova.org, or call 703-778-3008 for tickets.

SATURDAY/DEC. 14

Christmas Bird Count. 8 a.m. at Potomac Overlook Park, 2845 N Marcey Road. Join the park staff in the annual Christmas Bird Count by keeping eyes and ears open while walking all the trails of the park to survey what birds are hunkering down for the winter at Potomac Overlook. Meet in the shelter building at the main parking lot. Some binoculars available, but feel free to bring a pair. Call 703-528-5406.

Winter Wonderland. 10 a.m. at Market Common Clarendon. MIX 107.3 will be on site accepting donations of toys and cash in support of the US Marine Corps' Toys for Tots drive from 10 a.m.-3 p.m., and from 2-5 p.m. there will be free holiday activities and entertainment, including visits and photos with Santa Claus, who will be arriving by fire truck. For event information, call 703-785-5634, and visit www.marketcommonclarendon.com.

Holiday Craft Fair and Bazaar. 10 a.m.-4 p.m. at Wakefield High

School, 1325 S. Dinwiddie St. Enjoy demonstrations, music and dance performances and more while browsing items from artisans and crafters. Free.

Theater Performance. 1 p.m. or 3 p.m. at BalletNova Center for Dance Studios, 3443 Carlin Springs Road, Falls Church. Watch a petite performance of BalletNova's "The Nutcracker." Performances are 45 minutes and include a narrative of the story and highlights from Act II. Appropriate for children ages 3-5. Tickets are \$15/child; \$20/adult. Add \$3 if purchased at the door. Visit www.BalletNova.org, or call 703-778-3008 for tickets.

SUNDAY/DEC. 15

Holiday Crafts Workshop. 1 p.m. at Potomac Overlook Park, 2845 N Marcey Road. Come make a wreath or centerpiece from local greens, pine cones and other natural materials. \$20. Call 703-528-5406 for reservations.

Santa Visits Potomac Overlook. 1 p.m. at Potomac Overlook Park, 2845 N Marcey Road. Meet Santa during his only visit to Potomac Overlook this year. Take photos and make family memories. Light refreshments available. Reservations required. A donation of \$5 per Santa visitor is requested and appreciated. Call 703-528-5406 for reservations.

Holiday Concert. The Virginia Encore Chorale will perform at 3 p.m. at Kenmore Middle School Theater, 200 S. Carlin Springs Road. Free. The Symphony Orchestra of Northern Virginia Chamber Ensemble will be a special guest. Visit encorecreativity.org or 301-261-5747.

FRIDAY/DEC. 27

Ballet Performance. 2 p.m. or 7 p.m. at Northern Virginia Community College, Annandale campus in the Ernst Community Cultural Center Theater, 8333 Little River Turnpike. The Virginia Ballet Company and School presents "Nutcracker." Tickets are \$30/adult; \$20/child, student or senior. Visit www.virginiaballetcompany.org for tickets.

SATURDAY/DEC. 28

Ballet Performance. 2 p.m. or 7 p.m. at Northern Virginia Community College, Annandale campus in the Ernst Community Cultural Center Theater, 8333 Little River Turnpike. The Virginia Ballet Company and School presents "Nutcracker." Tickets are \$30/adult; \$20/child, student or senior. Visit www.virginiaballetcompany.org for tickets.

SUNDAY/DEC. 29

Ballet Performance. 2 p.m. or 7 p.m. at Northern Virginia Community College, Annandale campus in the Ernst Community Cultural Center Theater, 8333 Little River Turnpike. The Virginia Ballet Company and School presents "Nutcracker." Tickets are \$30/adult; \$20/child, student or senior. Visit www.virginiaballetcompany.org for tickets.

More Holiday Fun?

Email holiday event information to arlingtoncore@connectionnews.com at least one week before the event. Include date and time; venue and address where it will take place; a brief description; cost, if any; and contact phone, email and/or website. Events must be free or minimal expense and open to the public.

CALENDAR

Email announcements to arlington@connectionnewspapers.com. Deadline is noon Thursday. Photos are welcome.

ONGOING

Food Truck Thursdays. In the surface parking lot at the corner of Crystal Drive and 18th Street.

Line Dancing Class. Fridays, 10-11 a.m. Line dancing with Barbara Allen. Covers the basic steps, then combines them to music for a gentle aerobic workout. More experienced line dancers are welcome as they can assist newer dancers. At Aurora Hills Senior Center. Call 703-228-5722.

The Crystal City **FRESHFARM Market** is open on Tuesdays from 3-7 p.m. with the same selection of foods and goods from local producers, in front of 251 S. 18th St.

Art Exhibit. See a gallery members' show from Nov. 1-24 at Gallery Underground, 2100 Crystal Drive. Features an array of media, including watercolor, oil, sculpture and more. Free. Visit www.galleryunderground.org or 571-483-0652.

Art Exhibit. See "U.S. 17: Traveling the Scenic Highway" from Nov. 1-24 at Gallery Underground, 2100 Crystal Drive. See photos by Catherine Powers. Free. Visit www.galleryunderground.org or 571-483-0652.

Theater Performance. See "King John" at Theatre on the Run, 3700 S. Four Mile Run Drive. Performances begin Sunday, Oct. 27 through Sunday, Nov. 24. Visit <http://wscavantbard.org/> for tickets.

Theater. See "Crossing" through Nov. 24 in the Max Theatre at Signature Theatre, 4200 Campbell Ave. "Crossing" transforms a train station platform into a meeting place across time and space, weaving a blend of musical genres into a poignant and enchanting song cycle. Tuesday and Wednesday performances are at 7:30 p.m.; Thursday, Friday, and Saturday evening performances are at 8 p.m.; Sunday evening performances are at 7 p.m. Matinee performances are held on Saturday and Sunday at 2 p.m. Tickets start at \$40 and are available by phone at 703-573-SEAT, online at signature-theatre.org, or at the Signature Box Office.

Theater Performance. Through Sunday, Dec. 8, see Christine Lahti in "Pride in the Falls of Autrey Mill" in the ARK Theatre at Signature Theatre, 4200 Campbell Ave. Tickets on sale. Visit www.signature-theatre.org for times and tickets.

Art Exhibit. See "Spirit Sojourn" paintings and mixed media by Chris Tucker Haggerty at Marymount's Barry Gallery, 2807 N. Glebe Road from Oct. 25 through Dec. 9. Free. Hours are Monday-Thursday from 10 a.m.-8 p.m. and Friday-Saturday from 10 a.m.-6 p.m. Visit

marymount.edu/barrygallery for more.

Art Exhibit. See "Yes, It's Colored Pencil" from Dec. 2-28 at Gallery Underground, in the Crystal City Shops, 2100 Crystal Drive. Free. Features works by members of the Colored Pencil Society of America. Gallery hours are Monday-Friday 10 a.m.-6 p.m. and Saturday 10 a.m.-2 p.m. Visit www.galleryunderground.org or call 571-483-0652.

Art Exhibit. See "Small Works of Great Importance" from Dec. 2-28 at Gallery Underground, in the Crystal City Shops, 2100 Crystal Drive. Free. Features a variety of media by gallery members. Hours are Monday-Friday 10 a.m.-6 p.m. and Saturday 10 a.m.-2 p.m. Visit www.galleryunderground.org or call 571-483-0652.

Art Exhibit. See "Faces of Afghanistan: Images by Arlington Photographer Kenneth Chadwick" at Cherrydale Branch Library, 2190 Military Road. On display through Jan. 6. Hours are Monday and Thursday from 10 a.m.-9 p.m., Tuesday and Wednesday from 1-9 p.m.; and Friday and Saturday from 10 a.m.-5 p.m. Free.

CLASSES & WORKSHOPS

Theatre Classes. Encore Stage & Studio is holding classes and mini camps for children in grades K-8 at on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road and Tuesdays and Wednesdays after-school at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit www.encorestageva.org for a list of classes.

Registration. Jane Franklin Dance presents "Forty+," a workshop series for dancers past the age of 40. Runs Tuesdays from 11 a.m.-1 p.m. Nov. 5-Jan. 14. Register at www.janefranklin.com/adult-dance-education/forty-plus or 703-933-1111.

THURSDAY/NOV. 21

Book Club. 10:30 a.m. at Central Library, 1015 N. Quincy St. Discuss "Running in the Family" by Michael Ondaatje. Free. 703-228-5946.

Drop-in Story Time: Over 2s. 10:30-11 a.m. or 11:15-11:45 a.m. at Shirlington Library, 4200 Campbell Ave. For children age 25 months-5 years. Free. 703-228-6545.

Drop in Storytime. 10:30 a.m. at Cherrydale Library, 2190 N. Military Road. Children up to age 5 can enjoy stories. Free. 703-228-6330.

Drop-in Storytime: Under 2s. 10:30 a.m. at Aurora Hills Library, 735 S. 18th St. For children up to age 2. Free. 703-228-5715.

Drop-in Storytime: Over 2s. 11:15 a.m. at Aurora Hills Library, 735 S.

18th St. For children age 2-5. Free. 703-228-5715.

Bilingual Story Time. 4:15 p.m. at Central Library, 1015 N. Quincy St. Children can enjoy stories, songs and crafts in English and Spanish. Free. 703-228-5990.

Film. 3-4:30 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Watch "Robot & Frank" (2012). Free. 703-228-5710.

Paws to Read. 5:30-6:30 p.m. at Aurora Hills Library, 735 S. 18th St. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-5715.

FRIDAY/NOV. 22

Story Time: Baby Steps. 10:30 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children up to 1 year old can enjoy stories. Free. 703-228-5710.

Story Time: Baby Steps. 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children up to age 1. Free. 703-228-5260.

Story Time: Over 2s. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children age 25 months to 5 years. Free. 703-228-5946.

Story Time: Under 2s. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children up to age 2. Free. 703-228-5946.

Story Time: Wobbly Walkers. 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children age 13-24 months. Free. 703-228-5260.

Haitian PeaceQuilts Show. 4-6 p.m. at Trade Roots, 5852 Washington Blvd. Browse quilts of various sizes, tote bags, pillow covers, fabric bead jewelry and more. Visit www.haitipeacequilts.org or www.fairtraderoots.com or 571-335-4274.

Study Adventure. 4-5:30 p.m. at Potomac Overlook Park, 2845 N. Marcey Road. Create a journal filled with drawings from outdoor adventures. Appropriate for children ages 8-12. \$7/child. 703-528-5406 or RSVP.

FRIDAY-SUNDAY/NOV. 22-24

Artful Weekend. Arlington Artists Alliance present the annual "Artful Weekend" at the Hendry House, Ft. CF Smith Park, 2411 N. 24th St. The show and sale features the works of over 30 Arlington-based artists and includes paintings, ceramics, sculptures and more. Hours are Friday from 6-8 p.m., Saturday from 10 a.m.-5 p.m. and Sunday from noon-4 p.m. Free. The Stardust Dance Band will play Sunday from 1-3 p.m. Visit www.arlingtonartistsalliance.org for more.

SEE CALENDAR, PAGE 10

The Washington Balalaika Society
presents
The Little Goose from Smolensk
and More Songs of Old Russia

Svetlana Nikonova, conductor
balalaika virtuoso Andrei Saveliev, vocalist Irina Zagornova
and the WBS orchestra

8:00 pm, Sat., Nov 23
F. Scott Fitzgerald Theatre
603 Edmonston Drive
Rockville, Maryland
For tickets: call 240-314-8590

3:00 pm, Sun., Nov. 24
Kenmore Middle School
200 S. Carlin Springs Road
Arlington, Virginia
Tickets online at www.balalaika.org
or check to WBS, 4910 Gadsden Drive, Fairfax VA 22032

Adults \$25, seniors \$20, students \$15,
children 12 and under free. Free parking.
Information and group sales: 703-536-5785

www.balalaika.org

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80+ JURIED ARTISANS - 3 FLOORS
THANKSGIVING WEEKEND

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Mon. Nov. 25 at 7 pm • (Inspection 2 hrs. before each auction)

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Map showing location of Old Town Masterpieces Auction Place at Commonwealth Ave. and S. Glebe Rd. near Exit 7 on I-495.

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ORANGE LINE CONNECTION

East Falls Church

Ballston-MU

Virginia Sq-GMU

Clarendon

Court House

Rosslyn

Email announcements to arlington@connectionnewspapers.com. Photos and art-work are welcome. Deadline is Thursday at noon.

ONGOING

Restaurants and Rhythms. The BID's free happy-hour live music series inside Rosslyn restaurants. Origem brings Brazilian jazz to Le Méridien. Dave Chappel and friends performs blues rock at the Hyatt Arlington and Mary Ann Redmond sings jazz standards at the Key Bridge Marriott. Visit www.rosslynva.org.

Comedy. Every Saturday at 3 p.m. at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit www.comedyindc.com or 703-294-LAFF.

Comedy. Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz ("clean") and at 10 p.m. on Friday and Saturday is the Blue Show ("unclean"), both at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit www.comedyindc.com or 703-294-LAFF.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Featured musicians will perform from 9:30-10 p.m. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for 1st place. Free. Visit www.whitlows.com or call 703-276-9693.

Theater Performance. See "Shakespeare's King John" from Oct. 27-Nov. 24 at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit wscavantbard.org for tickets and schedule.

Dia De Los Muertos Exhibit. Features works by Gloria Valdes Tarasca, Dana Ellyn, David Amoroso and more at the Arlington Arts Center, 3550 Wilson Blvd. Exhibit runs through Nov. 24. Free. Visit www.arlingtonartscenter.org or 703-248-6800.

Art Exhibit. See works by Kristina Bilonick, Amy Chan, Matthew Fishel and others at the Arlington Arts Center, 3550 Wilson Blvd. Exhibit runs through Dec. 22. Free.

Visit www.arlingtonartscenter.org or 703-248-6800.

Solo Exhibit. See works by Katie Lynch Thibault at the Arlington Arts Center, 3550 Wilson Blvd. Exhibit runs through Dec. 22. Free. Visit www.arlingtonartscenter.org or 703-248-6800.

Exhibit. See "Western Mountain: Lovesong" through Jan. 4 in the Mezz Gallery at Artisphere, 1101 Wilson Blvd. Free. Visit www.artisphere.com for more.

Art Exhibit. See artist in residence Emily Francisco through Jan. 12 at Artisphere, 1101 Wilson Blvd. every Friday from 6-10 p.m. and Saturdays from noon-6 p.m. Her exhibit is called "May I Have the Piano Delivered to You?" Free. Visit www.artisphere.com or call 703-875-1100.

Art Exhibit. See "Everything You Are Looking For" by Alicia Eggert from Nov. 21 through Feb. 2 in the Terrace Gallery at Artisphere, 1101 Wilson Blvd. The exhibit draws on her background in sculpture, design and dimensional studies. Free. Visit www.artisphere.com or call 703-875-1100 for tickets.

Theater Performance. See the "Silent Shakespeare" adaptation of "Twelfth Night" from Jan. 9 through Feb. 16 at Synetic Theater, 1800 S. Bell St. Performances are Wednesday through Saturday at 8 p.m. and Sunday at 2 p.m. Tickets start at \$35, with a student, senior and military discount. 866-811-4111 or visit www.synetictheater.org for tickets.

FRIDAY-SUNDAY/NOV. 22-24

Artful Weekend. Features art show and art sale with over 30 Arlington-based artists. There will be a reception Friday from 6-8 p.m., hours on Saturday from 10 a.m.-5 p.m. and Sunday from noon-4 p.m. Takes place at Hendry House at Fort C.F. Smith, 2411 N. 24th St. Visit www.arlingtonartistsalliance.org for more.

FRIDAY/NOV. 22

One-Man Show. 8 p.m. in the Black Box Theatre at Artisphere, 1101 Wilson Blvd. David Crabb presents "Bad Kid," an examination of what it means to grow up different and alone. \$18. Visit www.artisphere.com or call 703-875-1100 for tickets.

SATURDAY/NOV. 23

One-Man Show. 8 p.m. in the Black Box Theatre at Artisphere, 1101 Wilson Blvd. David Crabb presents "Bad Kid," an examination of what it means to grow up different and alone. \$18. There will be a master class with David Crabb at 1 p.m. at



The Dawn Drapes

Black Friday Trio at Iota

Arlington and Alexandria locals join forces for a Friday, Nov. 29 show. Headliner The Dawn Drapes, an alternative indie rock trio, and Iota regulars since 2011, have have hit their stride with a sound that is an irregular mix of avant garde and folk. Original members Mike Sanzo and Daniel Rice joined with drummer Greg "Eggy" Gorman in 2012. With one album under their belt, they strike chords somewhere between Nirvana and Fleetwood Mac.

Newcomers The Post, formed this year and fronted by lead singer and songwriter Chelsea Bryan alongside co-writer/vocalist/pianist Kate Jarosik, have played venues around the area and are bringing their repertoire of songs to Iota's stage for the first time. Bryan's soulful, occasionally angsty vocals and ambitious themes (death, faith, heritage) find their home in rock ballads, blues numbers and the occasional electro-rock anthem.

Money Cannot Be Eaten is a three-piece psychedelic-roots-rock band based out of Harrisonburg, Va. Their music is largely inspired by the Shenandoah Valley, the small farm they spent the past year managing, and the community of families, friends, and musicians they have found themselves welcomed into.

Find out more about the bands at www.facebook.com/moneycannotbeeaten, www.facebook.com/thepostdc and www.facebook.com/thedawndrapes.

Artisphere. Visit www.artisphere.com or call 703-875-1100 for tickets.

Music Performance. Tom McBride will perform at 9 p.m. at IOTA Club & Cafe, 2832 Wilson Blvd. Visit www.iotaclubandcafe.com or call 703-522-8340.

SUNDAY/DEC. 1

Music Showcase. 7:30-11:30 p.m. at IOTA Club & Cafe, 2832 Wilson Blvd. Alchemical Records presents Emmett Williams, Spencer Joyce, reggae/rock band Higher Education, End of Silence and Charles the Hammer will perform. Visit www.alchemicalrecords.com or www.iotaclubandcafe.com for more.

THURSDAY/DEC. 5

Opening Reception. 7-10 p.m. Alicia Eggert will talk about her exhibit "Everything You are Looking For" in the Terrace Gallery at Artisphere, 1101 Wilson Blvd. . Free. Visit www.artisphere.com or call 703-875-1100 for tickets.

SATURDAY/DEC. 7

Music Performance. Sofia Rei will perform at 8 p.m. at Artisphere's Dome Theatre, 1101 Wilson Blvd. She explores the connections between the various traditions of South American folklore, jazz and electronic sounds. \$18. artisphere.com.

CALENDAR

FROM PAGE 9

SATURDAY/NOV. 23

Bilingual Concert. 11 a.m.-12:30 p.m. at Central Library, 1015 N. Quincy St. Children can enjoy an interactive musical experience with recording artist Jose-Luis Orozco. Free. 703-228-5946.

Dance Ensemble Performance. 7:30 p.m. at Gunston Arts Center Theater One, 2700 S. Lang St. Watch Los Quetzales perform traditional dances of Mexico. \$12/advance; \$15/door. Visit www.quetzales.org or 703-638-0585 for tickets.

MONDAY/NOV.25

Story Time: Baby Steps. 2 p.m. at Central Library, 1015 N. Quincy St. For children up to age 1. Free. 703-228-5946.

Paws to Read. 5:30-6:30 p.m. at Central Library, 1015 N. Quincy St. Children in grades K-5 can read to

therapy dogs for 15 minutes. Register for a slot by calling 703-228-5946.

Book Club. 7:30-8:30 p.m. at Central Library, 1015 N. Quincy St. "Lost in Shangri-La" by Mitchell Zuckoff. Free. 703-228-5946.

TUESDAY/NOV. 26

Book Club. 2 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. Discuss "Rin Tin Tin" by Susan Orlean. Free. 703-228-5260.

Paws to Read. 5:30-6:30 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-5260.

Crafting for Adults. 6:30-7:30 p.m. at Shirlington Library, 4200 Campbell Ave. Adults can decorate cupcakes. Free. 703-228-6545.

WEDNESDAY/NOV. 27

Nanny Club. 10 a.m.-noon at Columbia

Pike Library, 816 S. Walter Reed Drive. For children up to age 5. Free. 703-228-5710.

ASL Club for Kids. 4 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children in grades K-5 can enjoy activities, songs and more exploring American Sign Language. Free. 703-228-5710.

Kids Club. 4 p.m. at Central Library, 1015 N. Quincy St. Children in grades K-5 can enjoy activities and more. Free 703-228-5710.

SATURDAY/NOV. 30

Pop-Up Retail Event. 11 a.m. at the Ballston BID's Launch Pad space in the Ballston Common Mall, 4238 Wilson Blvd. The event will showcase local home-based and online businesses. Local author Lindsey Jensen Berke will read from her book; Tippi Toes Dance will hand out gift bags for children at select locations in Arlington. Visit www.arlingtonsmallbusinessday.org

for locations.

FRIDAY/DEC. 6

Opening Reception. 5-8 p.m., meet some of the artists of "Yes, It's Colored Pencil" at Gallery Underground, in the Crystal City Shops, 2100 Crystal Drive. Free. Features works by members of the Colored Pencil Society of America. For more information visit www.galleryunderground.org or call 571-483-0652.

SATURDAY/DEC. 7

Art+Pints Bazaar. 2-5 p.m. at P. Brennan's Irish Pub & Restaurant, 2910 Columbia Pike. Beer will be sold to benefit the Arlington Food Assistance Center. There will also be artisans selling their art, a silent auction, games and more. Free, but bring a non-perishable food item for donation. Visit greendrinks.org/arlington for more.

HOLIDAY GUIDE

Celebrating Thanksgiving Like a Chef

Local chefs and culinary experts share family stories and recipes.

BY MARILYN CAMPBELL
THE CONNECTION

As a teen, Chef Guiseppe Ricciardi's Thanksgiving dinners were anything but traditional. Ricciardi, the proprietor of Dolce Vita and Dolce Veloce in Fairfax, moved to New York from Italy with his family when he was 14. His family celebrated Thanksgiving in their new country, but they put an Italian twist on the holiday.

"We had turkey on the table," he said. "But we couldn't help but add an Old World favorite: crepe manicotti with cheese."

From keeping the Old World alive to serving Asian influenced side dishes to making over traditional southern foods, local culinary experts like Ricciardi are preparing for the holiday, but turkey isn't the only thing on their menus.

For Chef Stephen P. Sands of Culinary Cooking School in Vienna, Thanksgiving is a family affair. "My sons began in the kitchen cooking with me from when they were about 3," he said. "Now, every holiday we share the duties and enjoy the conversation and share stories that have happened during the year, or reminisce about times past."

This Thanksgiving, he can be found in the kitchen with his adult children braising cabbage with red wine or making his own Asian-inspired cranberry sauce with ginger and pinot noir.

"Asian ingredients have become part of the mainstream culinary mix," said Sands. "Ginger and Chinese five-spice powder ... turn up along with Oregon wine in ... this classic holiday dish."

Arlington-based chef and instructor Kristen Robinson, of The International Culinary School at The Art Institute of Wash-

PHOTO COURTESY OF HEALING PATHS LLC



Turkey breasts stuffed with pears, carrots and celery and rubbed with a mixture of fresh garlic, oregano, rosemary and olive oil is a staple on nutritionist Teri Cochrane's Thanksgiving table.

ington, said her Turkey Day menu has roots in her childhood traditions. For her, Thanksgiving was an all-hands-on-deck family affair.

Her most cherished memories are those spent her grandparents' sides, helping in their restaurant in Mount Carmel, Pa. "I can remember helping my grandfather push peeled potatoes through a fry cutter while I stood on top of a five-gallon bucket so that I was tall enough to reach it," she said, adding that she would then help her grandfather roll out dinner rolls and make hundreds of pies and other sweets with her grandmother. She also helped her uncle roast turkeys and make huge batches of mashed potatoes and stuffing.

When the last patron left the restaurant, Robinson's family would clean up from the public Thanksgiving rush, lock the doors and re-set the table.

"We would all gather around the table after a long day's work and laugh and eat, say thanks for all that we had," said Robinson. "It always felt like a true accom-

plishment, feeding hundreds of people and seeing the joy spread across their faces. But the best part was the end of the night when it was just family, talking and laughing about funny things that had happened."

Those childhood Thanksgiving influences remain. One of Robinson's Thanksgiving dishes this year is baby carrots and garlic tossed in balsamic and olive oil. Also on her menu are a yellow squash casserole with goat cheese, roasted Brussels sprouts with bacon and buttery mashed potatoes.

"I try to make sure each side dish I prepare has a nice variety of flavors with lots of vegetables and fruits," she said. "I will actually be deboning my turkey after I brine it this year and rolling it into a roulade to ensure I have a nice crispy skin on each serving."

Reston-based nutritionist Teri Cochrane of Healing Paths LLC believes Thanksgiving can be about health as well as family. In fact, she assembles her menu based on the healing properties of each dish.

When it comes to her bird, Cochrane fo-

Details

Recipes from the dishes mentioned in this article can be found online at www.connectionnewspapers.com/news/2013/nov/19/celebrating-thanksgiving-chef.

cuses on the breast. She stuffs the cavity of a bone-in turkey breast with pears, carrots and celery, then rubs it with a mixture of fresh garlic, oregano, rosemary and olive oil. "I am thankful for the bird that keeps on giving," she said. "You can use the leftovers to make multiple meals."

She also slices carrots, peels sweet potatoes and dices beets before coating them — along with fresh rosemary — with olive oil and sliding them into the oven.

"The vegetables' colors display the abundance of beta carotene you will be taking in," she said. "Beta carotene, typically found in these vegetables, has been shown to be protective against lung cancer when taken through foods. My nervous system is soothed and I experience restful sleep after ... this meal."

Also on Cochrane's Thanksgiving table is a new twist on a deep-south dish: wilted collards over brown basmati rice. "This version of collards takes a Southern dish typically seasoned with pork fat and converts it into a gluten-free, vegetarian option mixed with brown rice and offers generous amounts of vitamins K, A, C and E," she said.

Her dessert includes a fruit-packed bread pudding, but skips the refined carbohydrates, butter and sugar found in traditional bread puddings. "I like to weave a flavor thread with my menus," said Cochrane. "This takes the cranberries through dessert."

Handmade Crafts



Visitors browse through a selection of handmade items on display by studio artists inside the Lee Arts Center, on Nov. 17.



Liz Wolf smiles as she displays her prints during the open artists studio inside the Lee Arts Center.



Pottery maker Helen Hensgen prepares a bag as visitors view her dishware.

W-L Girls' XC Finishes Second at State Meet

Angell is Generals' top finisher in fourth place.

BY ISABEL AMEND
THE CONNECTION

After placing second at the 6A North regional meet Nov. 6 and earning its first state berth, the Washington-Lee girls' cross country team made school history yet again on Friday, Nov. 15, by placing second in the 6A race at the VHSL state meet with a total of 100 points.

Oakton placed first with 55 points and Lake Braddock placed third with 112 points.

Sarah Angell was the Generals' top runner with a time of 18:18, followed by Jordan Selby (18:30), Kathryn Eng (19:25), Donia Nichols (19:32), Sarah Sears (19:47), Jordan Grimaldi (19:51) and Annika Macewen (20:34). The race was highlighted by Caroline Alcorta of West Springfield, who set a course record in 17 minutes and 13 seconds.

The Generals have had an exciting season to say the least. In August, the athletes made it their goal to win their conference meet, be in the top three in the region, and finish in the top three at states. Their recipe



PHOTOS BY Ed Lutt

Washington-Lee senior Sarah Angell placed fifth in the 6A girls' race at the VHSL state cross country meet on Nov. 15 at Great Meadow.

for success included hard work, team dynamic, and passion for the sport. Coach Matt Przydzial believes that the 2013 group of girls is special because all seven individuals demonstrated an unrivaled commitment to cross training, logging in summer miles, and staying focused during the season. Usually only three to four girls each year show this kind of passion for the sport.

Przydzial said that "even though we did not have seven girls run personal bests, we had seven girls that never gave up and pushed through a very challenging course."

The Great Meadow course is known for its breathtaking scenery yet tough terrain. The first mile features a flat and twisting grass section; the second mile features a creek and some notable hills, then the third mile weeds out strong runners from weak ones with a burdensome uphill. Finally, the runners sprint through a deceiving 600-meter stretch that seems a lot shorter than



The Washington-Lee girls' cross country team placed second among 6A teams at the state meet on Nov. 15 at Great Meadow. From left are Sarah Angell, Annika Macewen, Donia Nichols and Jordan Selby, Sarah Sears and Kathryn Eng.

it really is.

"One of our last bits of advice before the race," Przydzial said, "was not to give up mentally since we knew most of the race was going to be run without the help of spectators."

Preparation for the meet included riding a private charter bus to a hotel where the girls stayed overnight. They surveyed the course on Thursday to prepare for a challenging race the next day. The girls were simultaneously excited and nervous about putting their potential into action.

"I was the most nervous I've ever been on the starting line," Selby said, "but plugging in hard workouts and having a nice team finish at regionals gave me the confidence to finish strong."

Each varsity harrier carries her own distinctive personality. Together, the girls work in unison to create a fun team atmosphere. They crack jokes and elicit laughter as they

teach the coaches' two young daughters how to say new words. Selby and Angell listened to a special states playlist as Eng talked to Coach Laura Jenkins. Angell exudes the confidence and poise of a top-tier runner.

"I was slightly less nervous due to my performance at regionals," she said. "I knew that I could depend on my teammates for support."

Coach Przydzial said that "Angell had a particularly impressive race to earn fifth place and all-state honors. She certainly proved that she's in shape entering indoor and outdoor track seasons."

Angell had unfinished business after coming to the state meet as an individual last year and having a disappointing finish.

Washington-Lee can expect big things to happen heading into track season. Both Sears and Grimaldi have had breakout performances over the last few months.

SPORTS BRIEF

Yorktown Football Wins, W-L Loses

The Yorktown football team, seeded No. 7 in the 6A North region playoffs, defeated No. 10 Fairfax 12-7 in the opening round on Nov. 15.

The Patriots will travel to face No. 2 Lake Braddock at 7:30 p.m. on Friday, Nov. 22.

No. 4 Washington-Lee lost to No. 13 Stonewall Jackson 42-34, ending the Generals' season. W-L finished 8-3 and won its first district championship since 1975.

BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Deadline is noon the Thursday before publication. Photos are welcome.

CLOTHING DRIVE

The Rosslyn BID's annual **winter clothing drive** to benefit clients of A-SPAN (Arlington Street People's Assistance Network) has started. Look for a gift-wrapped donation box in the lobby of your building. Donate new or gently used winter coats, sweaters, sweatshirts, hats, gloves, socks and jeans. Or donate at the BID offices, 1911 N. Fort Myer Drive.

THURSDAY/NOV. 21

Meeting. 12:15 p.m. at La Cote d'Or, 6876 Lee Highway. The Arlington Rotary Club foundation talk. Visit www.arlingtonrotaryclub.org.

Holiday Floral Design Event. 7-9 p.m. at NRECA, 4301 Wilson Blvd. Features Urban Petal's Sarah von

Pollaro, who will show how to create simple, elegant holiday designs. \$25. There will also be refreshments, raffle and door prizes. Proceeds benefit Rock Spring Garden Club's outreach programs. Must RSVP by Nov. 11. E-mail Renee Bayes at rsbayes@aol.com or 703-241-2651.

Speaker Series. 8-9:30 a.m. at WETA, 2775 S. Quincy St. Leadership Arlington will discuss the Rosslyn Sector Plan. Register at www.leadershiparlington.org.

FRIDAY/NOV. 22

Healthy Aging Lecture. 11 a.m.-noon at 601 S. Carlin Springs Road. "Understanding Your Medical Bills" presented by Sam Crosby, from VHC. Free, but RSVP to 703-558-6859.

Blood Drive. 11:30 a.m.-4 p.m. at Westover Branch Library, 1644 N. McKinley Road. The American Red Cross Greater Chesapeake and Potomac Blood Services is holding

blood drives throughout the region. Donors are encouraged to call 1-800 RED CROSS or visit redcrossblood.org.

SATURDAY/NOV. 23

Interactive Workshop. 10 a.m.-1 p.m. at Ballston Mall - LaunchPad, 4238 Wilson Blvd., suite 1132. Young adult women can learn how to build a better relationship with a boss. \$25 includes brunch. Visit <http://livingvicky.org/index.php/events> to register and information.

MONDAY/NOV. 25

Yoga. 6:30-7:30 p.m. at Central Library, 1015 N. Quincy St. Hosted by Laughing Yoga. All abilities welcome. E-mail arlingtonlaughteryoga@yahoo.com for more.

SATURDAY/NOV. 30

Small Business Day. The goal of the

program is to increase the level of awareness, and to promote the diverse offering of locally owned small businesses and service providers in the Arlington community, and to encourage residents to shop local between Black Friday and Cyber Monday.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for Nov. 25-30.

Arlington senior centers: Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpepper St.; Lee, 5722 Lee Hwy.; Arlington Mill, 909 S. Dinwiddie St., also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St. Arlington senior centers will be closed Nov. 28 and Nov. 29.

Participating businesses are encouraged to offer special discounts, services, contests, giveaways, and in-store events to promote ASBD. A special event is also planned to showcase local home-based and online businesses. Contact Shana Lawlor at shanalawlor@yahoo.com.

Medicare coverage explained, Monday, Nov. 25, 1:30 p.m., Aurora Hills. Free. Register, 703-228-5722.

Line dancing for beginners, Mondays, 112 a.m., Thomas Jefferson Community Center. Free. Register, 703-228-4403.

Inventions that changed the world, roundtable discussion, Tuesday, Nov. 26, 11:15 a.m., Lee.

Happiness discussion, Tuesday, Nov. 26, 10:30 a.m., Walter Reed. Free. Register, 703-228-0955.

SPORTS

O'Connell Hosts Wounded Warriors

FROM PAGE 3

USMC, Seth Nieman USA and Davey Lind USMC.

NFL players included Brian Mitchell, LaVar Arrington, Eric Metcalf, Bob Asher, Garo Yepremian, Mike Bass, Larry Brown, Mack Alston, Ted Vactor, Pat Fischer, Fred Smoot, Derrick Dockery, Kevin Glover, Stan Gelbaugh, Eric Sievers, Tony Lilly, Eric Hipple, Bruce Laird, Ron Saul, CC Brown, Ray Schoenke, Cal Snowden, Carl Kammerer, TJ Fitzpatrick, Sam Huff and Dave Stevens of ESPN Sports Center.

Volunteers and sponsors of Saturday's program included the Military Benefit Association, My Plumber Heating and Cooling and the Presgrave family, Humana, Zimmer, Cold Stone Creamery, Blimpie, Commonwealth Orthopedics, Coakley-Williams, NAI Michael, Glory Days Grill, Doubletree Hotels and Staybridge Suites of McLean, Ironworkers Local #5, Crystal City Sports Pub, Kevin McCabe at McCabe Printing, Andrea Felton and the Dulles South Youth Sports League, Pam Howze and the Tuckahoe El-



Former NFL running back and return specialist Brian Mitchell heads down the field.

ementary PTA, Boomer Buckreis and Bishop O'Connell, Coach Wooten and Coach Smith, Five Guys and Murrell family, the staff at WRNMMC, Scott Mallary at Truckin4Troops, Sheehy Auto Group, AUSA, Colonel Kathleen McHale, Robert Schmidt, Mammoth Global Partners Marc Leonard and Dr. Patricia Dardenne.

For more information on the Wounded Warrior Amputee Football Team visit www.WWAFT.org.

PHOTO BY LOUISE KRAFT/THE CONNECTION

Fall Clearance Sale Up to 75% Off

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We publish artwork, poetry, essays, creative writing, opinion pieces, short stories, photography, photos of sculpture or gardens or other creative efforts.

We ask that all submissions be digital so they can be sent through e-mail or delivered on CD or flash drive. Writing should be submitted in rich text format (.rtf). Artwork should be provided in .jpg format. Identify each piece of writing or art, including the student's full name, age, grade and town of residence, plus the name of the school, name of teacher and town of school location. Please provide the submissions by Friday, Dec. 6 for publication the week of Dec. 26.

E-mail submissions to:
smauren@connectionnewspapers.com

To send CDs or flash drives containing artwork and typed, electronic submissions, mark them clearly by school and hometown and mail the CD to Children's Connection, 1606 King Street, Alexandria, VA 22314.

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21 Announcements

ABC LICENSE
Tipana, LLC trading as
Thaiger Asian Bistro, 3035
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above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises license to sell or manufacture alcoholic beverages. Thitiporn Sankom, President
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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21 Announcements

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Fairfax Water

NOTICE OF WATER RATE PUBLIC HEARING

At 6:30 p.m. on Thursday, December 12, 2013, Fairfax Water will conduct a public hearing on its proposed Schedule of Rates, Fees and Charges. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2014, include the following:

1. An increase in the Availability Charge from \$3,850 to \$3,950†.
2. An increase in the Local Facilities Charge from \$9,500 to \$9,750.
3. An increase in the Service Connection Charge from \$1,050 to \$1,090†.
4. An increase in the Account Charge from \$35 to \$36.
5. An increase in the Quarterly Billing Service Charge from \$9.20 to \$9.80†.
6. An increase in the base Commodity Charge from \$2.29 to \$2.42 per 1,000 gallons of water.
7. An increase in the Peak Use Charge from \$3.45 to \$3.55 per 1,000 gallons of water.
8. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge and Peak Use Charge.
9. An increase in the Installation of Sewer Use Meter Charge from \$44 to \$45.
10. An increase in the Returned Payment Charge from \$17 to \$20.

A copy of the proposed changes can be viewed on our Web site at <http://www.fairfaxwater.org/rates/index.htm>. Those wishing to speak at this hearing or desiring a copy of the proposed changes should call Ms. Eva Catlin at 703-289-6017. Interested parties also may submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water
Public Hearing Comments
8570 Executive Park Avenue
Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, December 11, 2013 to be included in the record of the public hearing.

†Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

21 Announcements

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21 Announcements

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Cost of Living



By KENNETH B. LOURIE

As the person primarily responsible for stocking the house with supplies and maintaining miscellaneous inventory, I am frequently in stores (supermarket, drugstore, pet store, etc.) buying the staples (not an office supply reference) our family needs to maintain our life-style, such as it is. And if I do say so myself, and I do, I do an excellent job balancing needs, wants and available cash flow to fulfill those various requirements. I don't know if I should win an award, but I should definitely be nominated for the tasks I regularly undertake and the success I have completing them. Moreover, considering the underlying fact that I have a terminal disease: stage IV, non-small cell lung cancer (the incurable kind), and a cash flow which is hardly guaranteed or predictable, I certainly deserve an "A" for effort.

As much as I don't/didn't want to factor my original prognosis: "13 months to two years" into my daily life, especially when allocating resources/spending money, not considering that prognosis/time line has been nearly impossible. The logic goes something like this: why spend money today on an item I might not need in six months (if you know what I mean)? Why deprive/neglect myself today (a definite) in order to prepare/plan for tomorrow (a maybe), a tomorrow that, ever since my February, 2009 diagnosis is no longer guaranteed, or at least no longer anticipated as it was prior to that date - on paper, anyway; given the fact that both of my parents lived into their mid-eighties (I was diagnosed at 54 and half)?

Nevertheless, as my life has gone on, somewhat unexpectedly, considering what my oncologist said to Team Lourie back in early 2009, my attitude about the future has evolved. Whereas once I had one (pre-diagnosis), then didn't (post diagnosis); now I sort of am having one, subject to change of course and therein lies the rub (although, it's a heck of a lot more than a "rub," it's more like a systemic irritation); trying to live/consume normally in the face/context of a terminal cancer diagnosis. It has been and continues to be the bane of my rather fortunate existence. I don't want to pretend or presume that life goes on as I have said it has - for me, but acting as if it doesn't is hardly the negative attitude I want to embrace. And for the most part, I haven't.

This emotional maturity manifested itself recently at the supermarket. I bought multiple items that I didn't need now (charcoal lighter fluid, two cans of shaving gel; in general, non-perishables), but presumably would need later (months later), but given their sale price, their net cost to me was too appealing to resist, so I bought them - without thinking too much about my life expectancy time line. In fact, the time line thing didn't hit me until later when I realized that I had made purchases whose ultimate benefit to me (other than the price discount now), when I would actually use/need the items, was not now, but later, much later. A "later" that I'm not 100-percent sure I have, given my semi-precarious cancer-centric existence. The future was once again part of my instinctive planning. And that realization made me feel unburdened somehow.

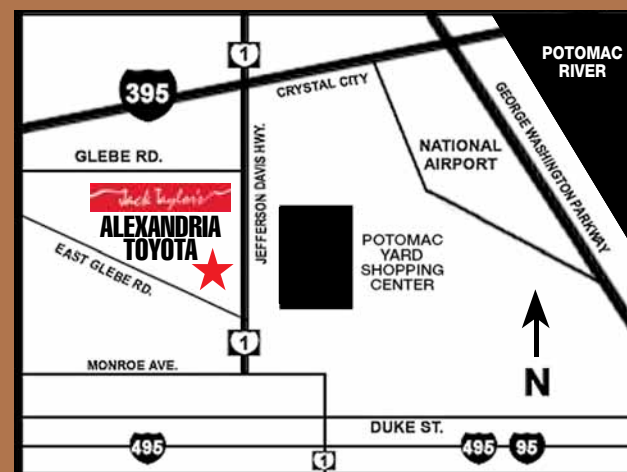
Mind over matter, I'm sure, since I've received no result (lab work, CT Scan, etc. - and certainly no assurance from my oncologist) to indicate that my medical status has changed somehow. Still, it was a good feeling to have and one that gave me hope that my future is indeed more than just an abbreviated version of my past.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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