

# Real Estate



# Email or call me for an appointment!



\$1,699,000 McLean



\$1,895,000 McLean



\$1,495,000 McLean



\$1,795,000 McLean



\$799,000 McLean



Old Town Alexandria \$975,000

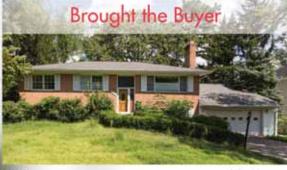




\$782,500 McLean



McLean \$740,000



McLean .46 Acres

Licensed in VA, DC and MD

703.861.5548 Tracy@TracyDillard.com www.TracyDillard.com















Dr. Madeline Levine, a psychologist and bestselling author, speaks to a packed house at the Alden Theatre Tuesday, Nov. 19.



The Safe Community Coalition welcomes Dr. Madeline Levine, center, bestselling author and psychologist at the Alden Theatre Tuesday, Nov. 10

# Bestselling Author Speaks at Alden

Safe Community Coalition welcomes Dr. Madeline Levine to discuss parenting tips, student stress.

> By Alex McVeigh The Connection

he Safe Community Coalition welcomed bestselling author Dr. Madeline Levine to the Alden Theatre Tuesday, Nov. 19, to speak on successful parenting techniques.

"This evening is a culmination of several events that have occurred in our community this fall," said Karin Calpin, the SCC's vice president of programming. "This evening is aimed at providing you with another opportunity to discuss solutions and helping our youth achieve authentic success."

Levine has written two bestsellers about parenting and the issues children who come from well-off backgrounds can have.

"What we see in affluent communities, with educated parents who have the money to provide opportunity, are disproportionately high rates of anxiety disorders, depressions, substance abuse, cutting and psychosomatic disorders. It's interesting that we don't see that in young children, it really starts in the 9<sup>th</sup> grade and accelerates through 12<sup>th</sup> grade," she said. "Those can be the kinds of students that seem to have everything going for them, and they're not considered at risk, but they are very much at risk."

**LEVINE, A PSYCHOLOGIST** based in Marin County, Calif., said she has noticed a shift in children's attitudes and goals over



Bestselling author Dr. Madeline Levine speaks at the Alden Theatre Tuesday, Nov. 19.

the past decades, recalling a recent session with an 8-year-old patient that told her he wanted to "be a venture capitalist when he grew up."

She cautioned parents in attendance against pressuring their children into thinking about colleges, grades and careers to the detriment of other development.

"Between the ages of 14 and 18, children are learning how to do a lot of things, from learning how to speak to the opposite sex, dealing with a changing body, learning their place in the world," she said. "But if all of their attention is focused on GPA, what col-

"When I talk to kids, they have no sense that their parents went through falling down, changing their minds, not being successful, taking risks."

— Dr. Madeline Levine

lege they're going to get into, there's only 24 hours in a day, and the important things get lost. We need to fight against the idea of focusing all our attention on things that come down the line."

Levine said that even today's definition of success needs to be redefined.

"Our definition of success is far too narrow. Everyone talks about getting their student in the best high school so they can get the best GPA, so they can get into the best college and get an MBA from Harvard," she said. "But such a straightforward path is something that maybe 10 percent of people have. Most of us change majors, fail at things, choose different careers. That's natural."

Levine took an informal poll of the 450 people in attendance at

the Alden, and found that 34 of them followed what would be a "traditional" path through their adolescence into adulthood, approximately 8 percent.

"This is the best kept secret from children. When I talk to kids, they have no sense that their parents went through falling down, changing their minds, not being successful, taking risks," she said. "Once you're successful, people think you've always been successful. I think that's how kids see us. They look at us doing well at work, bringing home a good paycheck, we seem satisfied, there's a lot of stuff

around the house, and they forget that for most of us, it was a real slog to get there, you needed an awful lot of perseverance, and that we all went through difficult times."

**THE OTHER SIDE** of that coin is the phenomenon known as "helicopter parenting," where parents are too involved in their children's formative years.

"Helicopter parents are ones that get in the way of their children's failures, they stop them from even happening, and they do other things that children should be learning to do themselves," Levine said. "By taking over, these parents are robbing their children of coping skills. One has to experience failure, because it's in failure we learn resilience and coping skills. And as an adolescent psychologist I can tell you that there's nothing to kids than to have some healthy coping skills, because what we see are kids with unhealthy coping skills."

She said that parents too often work toward remediating weaknesses, not enough time cultivating their children's strengths.

"I'm not about lowering the bar, at all, but we have enough research that tells us what makes kids more likely to be successful, and one of those things is not expecting them to be terrific at everything," she said. "We're all not terrific at everything."

# THE COUNTY LINE



Library Board of Trustees Chair Willard O. Jasper (center), along with several other library board members, presented reports from two ad hoc committees appointed by the library board in September to conduct a series of public outreach meetings after trustees suspended the beta plan to the Fairfax County Board of Supervisors on Tuesday, Nov. 19. Recommendations included increased funding and discarding the controversial beta plan.

# Library's Beta Plan: Dead on Arrival

Supervisors endorse Library Board's recommendations to increase funding, discard beta plan.

> By Victoria Ross The Connection

ou can assume that the BETA Plan is dead. I will make that motion tomorrow." In her email to a concerned library patron the night before the Board of Supervisors Nov. 19 meeting, Chairman Sharon Bulova (D-at-large) put to rest speculation that the board would resuscitate the controversial beta plan aimed at streamlining the county's library system.

The next day, the board passed Bulova's motion 8-1 to accept a report from the Library Board of Trustees, effectively killing the beta plan, which included proposals to reduce staff, eliminate the requirement for branch managers to have a master of library science degree, and reduce the number of children's librarians.

Library Board of Trustees Chair Willard O. Jasper presented the reports from two ad hoc committees, appointed by the library board in September to conduct a series of public outreach meetings after trustees suspended the beta plan.

"For starters, there is no sentiment on the committee, the Library Board of Trustees, staff, or the majority of public commenters to move forward with the beta plan, including its reclassification of positions," Jasper told the board in explaining the blanket rejection of the beta plan.

Jasper also said the library system has "suffered demonstrably" from several years of severe budget cuts, and recommended increasing funding library operations.

"The predominant message (from the report) is that the library requires additional funding to maintain its high-quality selection," Jasper told the board. "The library budget has been cut 40 percent ... spending in Fairfax County is the lowest in all eight neighboring jurisdictions."

In addition to accepting the report, the board approved Bulova's motion to add a "consideration item" of \$1 million to the fiscal year 2015 budget. "This additional funding would ... be directed to the acquisition of non-fiction works," Bulova said. "More than 10,000 additional materials could be acquired with this funding."

Supervisor Michael Frey (R-Sully), who voted no on the motion, said he wasn't pleased with the library's report, and chastised fellow supervisors for distancing themselves from "the reforms we made."

He also praised Library Director Sam Clay for having the courage to "put the (beta) plan out there."

"I really was kind of shocked that the Board of Trustees would come back with a report that essentially says flatly 'no' to all proposed changes and 'give us more money," Frey said.

"Our board has been saying to every department head tell us how you can do more with less, and they came back and said we'll do the same with more. And the supervisors said OK — here's million dollars more," Frey said. "They have seen how to get more money — just turn up the heat on us."

Criticism of the plan has been building since July, when Clay unveiled a program that would test a new organization model this fall at the Burke Centre Library and the Reston Regional Library, the busiest library branch in the county. Clay has defended the reorganization, saying that the goal was to streamline staffing while retaining a high level of service.

Vera Finberg, a librarian who attended the board meeting, said she was disappointed by the board's discussion of funding.

"This is a rich county," Finberg said. "Do not tell us See Beta Plan, Page 21



Wearing purple, about 50 library supporters gathered at the Fairfax County Government Center on Tuesday, Nov. 19, to show their support for the library board's recommendations to the Board of Supervisors.

### Library Board of Trustees: Who They Are, What They Do

The Fairfax County Public Library Board of Trustees, a 12-member, volunteer board is responsible for library policies and for making budget recommendations to the Board of Supervisors. The board meets on the second Wednesday of each month except August. Most meetings are held at 7 p.m. at George Mason Regional Library.

The public is invited to attend. A maximum of ten people may register to speak on library concerns during the public comment period at each monthly meeting.

For information or to register to speak, call 703-324-8324.

BOARD OF TRUSTEES Lee District Willard O. Jasper (Chair) of Alexan-

Appointed by Supervisor Jeff McKay (D-Lee)

Branches located in this district: John Marshall Library Kingstowne Library Richard Byrd Library

At-Large Charles Fegan (Vice -Chair) of Annandale

(Representative to FCPL Foundation Board of Directors)

Branch located in this district: All branches

Susan C. Thorniley
Represents Fairfax County Public

5215 Dunleigh Glen Lane, Burke Branch located in this district: All branches

David C.F. Ray of Annandale Appointed by Supervisor John Cook (R-Braddock)

Branches located in this district: Kings Park Library Burke Centre Library

City of Fairfax Mary Petersen of Fairfax Appointed by Fairfax City Council Branch located in this district: City of Fairfax Regional Library

Dranesville District Kristin Cabral of McLean Appointed by Supervisor John Foust (D-Dranesville)

Branches located in this district: Dolley Madison Library Great Falls Library Herndon Fortnightly Library Tysons-Pimmit Regional Library

Hunter Mill District Michael Cutrone of Reston Appointed by Supervisor Cathy Hudgins (D-Hunter Mill) Branches located in this district: Patrick Henry Library Reston Regional Library

Mason District
Elizabeth Clements of Annandale
Appointed by Supervisor Penny Gross

Branches located in this district: George Mason Regional Library Thomas Jefferson Library Woodrow Wilson Library

Mount Vernon District
Donald F. Heinrichs of Alexandria
Appointed by Supervisor Gerald
Hyland (D-Mount Vernon)
Branches located in this district:
Lorton Library
Martha Washington Library
Sherwood Regional Library

Providence District
Margaret Koplitz of Falls Church
Appointed by Supervisor Linda Smyth
(D-Providence)
Branch located in this district:

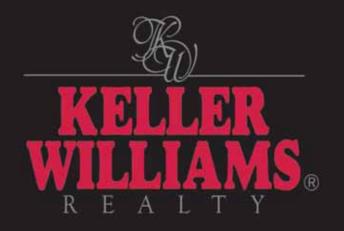
Branch located in this district Oakton Library

Springfield District
Dr. Joseph H. Sirh of Clifton
Appointed by Supervisor Pat Herrity
(R-Springfield)
Branch located in this district:
Pohick Regional Library

Sully District
Karrie K. Delaney of Chantilly
Appointed by Supervisor Michael
Frey (R-Sully)
Branches located in this district:
Centreville Regional Library
Chantilly Regional Library
Access Services for people with disabilities.

Access Services is located at the Government Center

www.ConnectionNewspapers.com





Bob Nelson



Kelly Putz





Michelle Cornejo



Bridget Schmitz Commercial Agent

# The Bob Nelson Team

VA/DC/MD

www.Great FallsTeam.com ~ 703-999-5812 ~ 703-636-7300 774A Walker Road, Great Falls, VA 22066





\$1,900,000 - McLean - 7009 Green Oak 5 Bedrooms, 5 Full-2 Half Baths beautiful hardwoods with over 7,000 sq. ft. of living space. ONLY 10 mins. from DC.



FX8221077 - \$900,000 - Great Falls 10898 WOODLEAF LN, 3BR 2.5BA log home on 2 wooded acres "Certified Wildlife Habitat", coy pond, cedar window storage seats, open beam ceilings, gorgeous deck views.



11100 Tommye Lane - \$1,200,000 Reston Minutes to Tysons or Reston, 5BR, 5.5BA each bedroom has its own bath and master has a suite of rooms. Home theatre with projector, library with built-in bookcases.



FX8046385 - \$1,325,000 - Great Falls 700 Parrish Farm, 5BR, 4BA, 3 quiet wooded acres, granite and cherry kitchen huge walk-out rec room, sumptuous MBA



FX8065134 - \$865,000 - Great Falls 701 Kentland Dr, 5BR, 4BA on over 2 acres. Inground pool, renovated kitchen and baths. Marble countertops, SS appliaances



FR8203174 - \$399,900 - 7309 Baltimore Nat'l Pike, Frederick, MD MOUNTAIN RETREAT! Frank Lloyd Wright inspired, 4BR, 3BA, 2.5 acres, near Gambrill State Park, fully renovated, tongue-and-groove ceilings, HUGE master bath/dressing room, two deck levels, wooded, completely private!



FX8051316 - \$1,285,000 897 Falls Bridge Ln, Great Falls, 6BR, 4.5BA, beautiful brick colonial hardwoods, dual staircase, gourmet kitchen.



FX8044281 - S770,000 8728 FOXHALL TER 4BR, 4.5BA, finished basement, 4,200 sq ft renovated baths and kitchen.



FX8046045 - \$850,000 10611 Allerwood Lane, 5BR, 3.5BA, Frank Lloyd Wright style with over 5 wooded acres and large pond!



DC8171181 - \$599,952 -2952 Mills Ave NE - DC Appx 3,000 sq ft, 4BR, 3,5BA, en-law suite in wall-out basement 2-car detached garage, 9-ft ceilings, everything new!

Join us for dinner on December 9 at our next

Military Appreciation Monday (MAM)

event at The Old Brogue in Great Falls.

We will be hosting the Gary Sinise Foundation

The Old Brogue is located at the corner of Georgetown Pike and Walker Road in Great Falls.

Call (703) 759-3309 to reserve your table at either the 5:30 or the 7:30 seating.

Bob and his co-sponsers will each make a 10% matching donation of your dinner tab!

Buy or sell a home with me,
or refer someone to me who buys or sells and I will
donate at least \$500 to the military
charity of your choice.

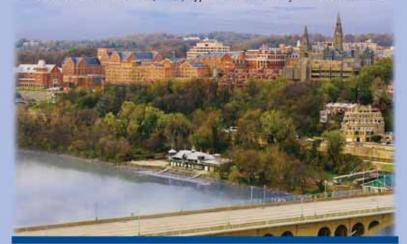
Bob Nelson
Realtor, Keller Williams Realty
A Lifetime of Service to Community & Country

Office: 703-636-7300 Cell: 703-999-5812 Bob@Great FallsTeam.com www.GreatFallsTeam.com

#### Degree Applications Welcomed Now

#### Graduate Liberal Arts Degree Program

Master of Arts in Liberal Studies (MALS) Applications due: Spring-Dec. 2; Summer-May1; Fall-Aug 1
Doctor of Liberal Studies (DLS) Applications due: Feb. 3 for Fall 2014 admission



Enroll in our interdisciplinary, part-time or full-time graduate degree programs offering evening courses, moderate tuition rate, and specialized faculty attention.

FOR MALS OR DLS PROGRAM AND APPLICATION INFORMATION OR TO ARRANGE A MAIN CAMPUS VISIT, CALL 202-687-5706 OR EMAIL RIDDERA@GEORGETOWN,EDU



GEORGETOWN UNIVERSITY

Visit our weasite: liberalstudies.georgetown.edu



PHOTO CONTRIBUTED

McLean Community Center (MCC) Governing Board Chair Chad Quinn, Graphic Artist Hussain Mohammed and Executive Director George Sachs hold VRPS award plaque and the winning publication.

#### MCC Wins Recreation and Park Society Award

The McLean Community Center (MCC) won a Virginia Recreation and Park Society Award at the organization's annual conference, which was held Sept. 7-10, in James City County, Va. The Center won Best Promotional Effort Award — Traditional for its Endless Summer Camp Guide.

MCC Executive Director George Sachs

was presented with a plaque at the awards ceremony on Monday, Sept. 9. The winning publication was designed by MCC's Graphic Artist Hussain Mohammed. Mohammed was recognized at the Sept. 25 meeting of the MCC Governing Board.

For more information, call the center at 703-790-0123, TTY: 711.





Dr. Allen S. Garai

- Specialist in Orthodontics
- Diplomate, American Board of Orthodontics (Board Certified)
- Premier Invisalign Provider 2012, 2013
- Attending Faculty

   Orthodontic Department Children's/Washington Hospital

"BEST ORTHODONTIST"
Washingtonian Magazine
Families Magazine
"TOP ORTHODONTISTS"
Northern Virginia Magazine

# Exceptional Smiles, Exceptional Service

Dr. Garai and staff are pleased to announce the opening of our second location in Great Falls. This state of the art Orthodontic Office will provide you and your family the same level of exceptional care you have received for the past 17 years at our Vienna location. We look forward to seeing you this year at either our Vienna or Great Falls office.

#### Vienna 427 Maple Ave, West

Vienna, VA 22180 Great Falls

Great Falls

9912D Georgetown Pike Great Falls, VA 22066



Please call our office today to schedule your Complimentary Consultation

703.281.4868

BracesVIP@gmail.com www.BracesVIP.com

### Woman's Club To Hold MarketPlace Fundraiser

On Thursday, Dec. 5, the Woman's Club of McLean will hold a fundraising fair featuring numerous vendors, a lunch and dessert concession, a silent auction, a bakery and a raffle. Dubbed the MarketPlace, it will be held from 10 a.m. to 3 p.m. at Trinity United Methodist Church, 1205 Dolley Madison Blvd., in central McLean. Admission will be free. The event will coincide in timing with the Woman's Club's 47th annual Holiday Homes Tour in McLean.

Products and services for sale will include jewelry, apparel, handbags, decorative items, homebaked, preserved and canned goods, specialty candy, gifts and household items, collectibles, fine art, floral arrangements, handmade items, hostess baskets, specialty candles and Homes Tour tickets. (The tour tickets will also be available at selected local merchants for \$25 before Dec. 5 and for \$30 on Dec. 5 at the tour houses.)

Auction items will consist of products and services valued at \$100 or more, including gift certificates, small furniture and art work. In addition, there will be a



Photo by Nancy Matisoff/Woman's Club

#### Handmade quilt to be raffled off at the MarketPlace.

raffle of a beautiful, handmade patchwork quilt for only \$1 per ticket.

House, the McLean Project for the Arts (The Children's Outreach), Claude Moore Colonial Farm, the

Ample parking will be available in the church lots. Free buses for the Holiday Homes Tour will be based at the church.

All proceeds of the MarketPlace and Homes Tour will be donated to local charities and nonprofits, such as Share, Inc., Alternative House, the McLean Project for the Arts (The Children's Outreach), Claude Moore Colonial Farm, the McLean Volunteer Fire Department, Fisher House and the McLean Symphony, as well as used for scholarships and education.

For more information, call 703-556-0197.

—Laura Sheridan







#### **BOYS & GIRLS CLUBS**

703-425-5588 SunDesignInc.com info@SunDesignInc.com

OF GREATER WASHINGTON FAIRFAX COUNTY REGION

The mission of Boys & Girls Clubs of Greater Washington is to help boys and girls of all backgrounds, especially those who need us most, build confidence, develop character and acquire the skills needed to become productive, civic-minded, responsible adults.

BGCGW's Fairfax County region includes the Culmore Character Club and Murraygate Village Club, serving 582 members a year. On average, 120 youths come through the doors every day during the school year.

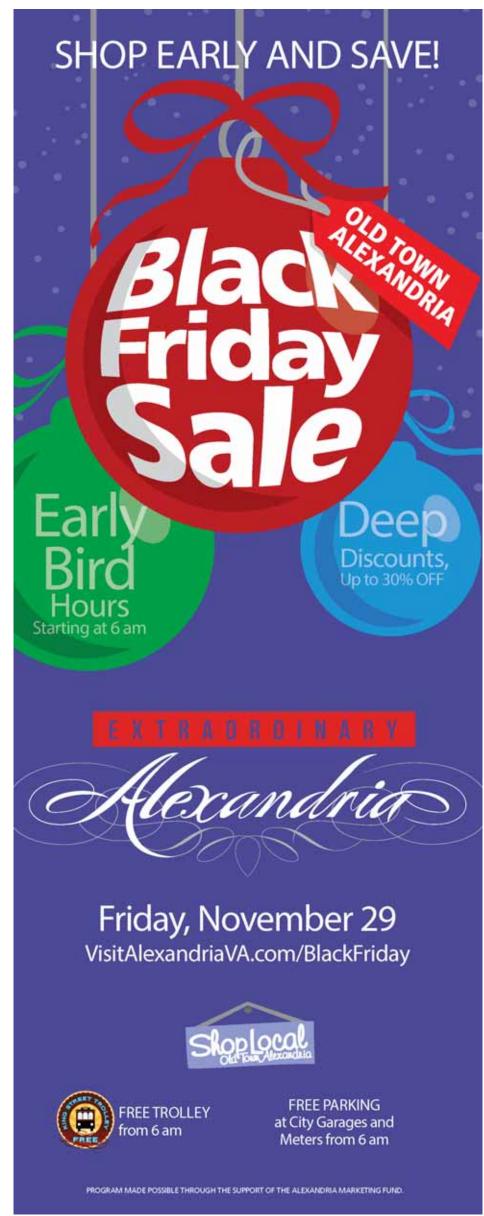


Meet Henry Lopez, 2013 National Boys & Girls Clubs Virginia Youth of the Year, who grew up with the BGCGW Culmore Character Club for 14 years. Henry now attends George Mason University on an Honor Scholarship studying computer engineering.

# Join in our annual giving campaign:

For more information, E-mail wkang@bgcgw.org Phone: 703-820-5206

Visit http://www.bgcgw.org/givegreatfutures/ and select "Fairfax County"



### COMMUNITY

### Nova Knights Award SHARE, Inc.

The Northern Virginia Knights of the Round Table (NOVA) presented the 2013 Excalibur Service Award of \$750 to SHARE, Inc., of McLean.

SHARE, a local nonprofit community group also recently received a total of \$1,600 from NOVA to assist them in providing food and emergency assistance to community residents in need. The NOVA Round Table is a nonpolitical and non-sectarian community service group celebrating 60 years of service this year. They have partnered with a number of service groups working with persons with disabilities and other needy persons. It is a chapter of The Loyal Knights of the Round Table International.

Community minded citizens are welcome to attend weekly luncheons sponsored by the group in Falls Church. Those interested in their activities and speakers program can contact John Theon, president, at 703-356-1435 or jtheon@starpower.net.



Kareema Smith (left) receiving a check from Dan Smoot, president of Excalibur Foundation (right) with Roz Moore, GMU scholarship coordinator.

#### To All City of Falls Church and City of Fairfax Water System Customers

Fairfax Water is busy planning to welcome you as a new customer on Fri., Jan. 3, 2014. We want to ensure you are aware of a public hearing on the proposed Schedule of Water Rates, Fees, and Charges. The public hearing will be held at 6:30 p.m. on Thurs., Dec. 19, 2013, at Fairfax Water's offices at 8570 Executive Park Avenue in Fairfax.

The proposed rate schedule incorporates the <u>existing commodity rates and service charges</u> of the City of Falls Church and the City of Fairfax water systems. These rates, effective Jan. 3, 2014, include the following:

- 1. City of Falls Church water system service area:
  - a. A Quarterly Billing Service Charge of \$8.07\*
  - b. A base Commodity Charge of \$3.27 per 1,000 gallons of water
  - c. A Peak Use Charge of \$4.99 per 1,000 gallons of water
- 2. City of Fairfax water system service area:
  - a. A Minimum Charge for residential customers of \$23.92
  - b. A Minimum Charge for commercial customers of \$28.12
  - c. A base Commodity Charge of \$4.57 per 1,000 gallons of water beyond the 5,000 gallon minimum
- All other rates, fees, and charges will be equalized with Fairfax Water's existing rate schedule.

You can see all of the proposed changes on our Web site at www.fairfax water. org/rates/index.htm. If you would like to speak at the hearing or would like a copy of the proposed changes, please call 703-289-6017, TTY 711. You may also submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water

Public Hearing Comments 8570 Executive Park Avenue Fairfax, VA 22031

All written comments must be received by the close of business on Wed., Dec. 18, 2013, to be included in the record of the public hearing.

Charges reflect fees associated with a standard 5/8-inch residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees and Charges.

# **FAITH**

Faith Notes are for announcements and events in the faith community. Send to mclean@connectionnewspapers.com. Deadline is Friday.

**GriefShare**, a weekly support group for adults grieving the death of a loved one, meets Sundays 6-7:30 p.m. at Vienna Presbyterian Church, 124 Part St., Vienna with a video/discussion format through Dec. 8. \$20 for workbook. GriefShare@viennapres.org.

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

**HAVEN of Northern Virginia** offers a variety of free bereavement support groups, meeting on a weekly basis. 703-941-7000 or www.havenofnova.org.

McLean Bible Church Fitness Class at Body & Soul Fitness. Gain balance, energy and strength at 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org.

**St. Dunstan's Episcopal Church**, 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

**Vienna Christian Healing Rooms** are open, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or www.viennachristianhealingrooms.com.

Chesterbrook United Methodist Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. 703-356-7100 or www.ChesterbrookUMC.org.

Centering Prayer Group meets Fridays, 9:30 a.m. at Andrew Chapel United Methodist Church, 1301 Trap Road, Vienna. The hour includes a brief reading related to Centering Prayer, followed by a 20-minute prayer period. E-mail Martha Thomas at mmthomas211@hotmail.com or call the church at 703-759-3509.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

St. Francis Episcopal Church, 9220 Georgetown Pike in Great Falls, offers musical, educational, outreach and fellowship ministries in addition to worship services, including a 7:45 a.m. worship service without music; 9 a.m. worship service, children's chapel and children's choirs; 10 a.m. Sunday school and adult forum; and 11 a.m. worship service with adult choir. 703-759-2082.

Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton, offers the Religious Exploration (RE) program for all children, from pre-K toddlers through high school seniors, emphasizing exploration of all religious traditions while developing a personal spiritual path. The RE program offers classes on Saturday afternoons and Sunday mornings. 703-281-4230.



# **OPINION**

# Holidays Are About Giving

So many needs, so many great organizations, give locally where your heart leads you.

he holidays are about giving. They are about children. The holidays are about sharing, about joy, about alleviating suffering for others. The holidays are about being thankful and about faith and appreciation.

Most of us live in neighborhoods that are very homogenous. There are exceptions, but most people reading this live in

affluent areas EDITORIAL where the houses are mostly in the

same price range, and while there might be some ethnic diversity, there is little in the way of economic diversity.

It's easy to forget that there are massive unmet needs, hungry children, homeless families most with at least one working parent, homeless individuals with jobs and without jobs, people who don't know for sure whether they will have enough to eat or be able to be warm enough, people who are choosing between medical care and car repair when forgoing the car repair could mean losing a job.

In Fairfax County Public Schools, about 50,000 of the 185,000 students qualify to receive free or subsidized meals, a significant measure of poverty. Many elementary schools staff are discovering that for some of these students, a majority of students in some schools, they only meals the can count on are breakfast and lunch on school days.

Nonprofits, school staff and individuals have been working to send backpacks of healthy, kidfriendly food home with students on the weekend.

It's hard to imagine 50,000 students going hungry; it's obvious that children who aren't sure they will be able to eat when they are hungry are not going to have joyous holidays filled with family meals, gifts and special activities.

Hundreds of homeless students attend the public schools, and their needs are greater.

There are literally hundreds, probably thousands, of ways to give locally this season. Here are



a few ideas. We welcome suggestions for other groups.

- MARY KIMM, MKIMM@CONNECTIONNEWSPAPERS.COM

FAIRFAX COUNTY

### Where To Give Locally

- In no particular order:

  Our Daily Bread has been serving needy families in Fairfax County for 25 years. The Holiday Program helps those in need with food for the holidays and gifts for their children, making last year's holiday season brighter for approximately 3,000 families. For more information on their holiday programs, including how to sponsor a family, go to www.odbfairfax.com/holiday
- ❖ Food for Others distributed more than 2.4 million pounds of free food to families in need in Northern Virginia in the year ending June 30, 2012, The non-profit provides a safety net for people who suddenly face unforeseen emergencies such as a family illness or the loss of a job or a spouse. Located at 2938 Prosperity Ave., Fairfax, VA 22031, 703-207 9173. www.foodforothers.com
- Ecumenical Community Helping Others (ECHO), 703-569-9160. Open to receive donations at 7205 Old Keene Mill Road, Springfield. Provides food and financial assistance to those in short-term emergencies, and provides clothing and household goods to low income families, helping more than 5,000 people last year. www.echo-inc.org
- Lorton Community Action Center operates the Act ll Thrift Shop at 9506 Richmond Highway, Lorton. Sales from the shop generate funds for LCAC and clients also shop there. Now collecting gift cards and food baskets for Thanksgiving, gifts and food baskets for Christmas, and warm coats. 703-339-8611 www.lortonaction.org.
- Boys and Girls Clubs of Greater
   Washington Fairfax Area operates clubs in two of the neediest areas of the county, Culmore and the Route 1 corridor, focusing on character and academic success. http:// www.bgcgw.org/fairfax/
- ❖ Office to End and Prevent Homelessness needs just a few thousand dollars more in

- contributions for Jeans Day (in October) to qualify for a matching grant from the Phillip L. Graham Fund, turning many \$5 and greater donations into \$50,000 to help thousands of homeless in Fairfax County. www.ziphomelessness.com
- 12 Ways of Giving: Fairfax County Office of Public Private Partnerships "12 Ways of Giving" campaign is an annual event that showcases many ways for meaningful, local giving during the holiday season, highlighting nonprofits in Fairfax
- County.
  www.fairfaxcountypartnerships.org
  Comfort for America's Uniformed Services (CAUSE) — ensures that recuperating service members have opportunities for recreation and social interaction and receive concrete signs of appreciation for all that they have done. 4114 Legato Road Suite B, Fairfax, VA 22033,
- 703-591-4968, cause-usa.org ❖ National Capital Food Bank, 6833 Hill Park Drive, Lorton, serving all of Northern Virginia, 703-541-3063.
- www.capitalareafoodbank.org 
  Western Fairfax Christian Ministries - food pantry at 13981 Metrotech Drive in Chantilly (near Backyard Grill and Bar). For more information or to sponsor a family, call 703-988-9656, ext. 105. To mail gift cards or send donations by check, add a note saying "food basket program" and send them to: WFCM, P.O. Box 220802, Chantilly, VA 20153. 703-988-9656.
- The Jeanie Schmidt Free Clinic, 13525 Dulles Technology Drive, Herndon, VA 20171, 571-235-3577. Last year, 139 community volunteers — nurses. nurse practitioners, and physicians gave more than 1,300 hours of their time to see patients. jsfreeclinic.org.
- ❖ Alternative House Abused and Homeless Children's Refuge, 2100 Gallows Road, Vienna, VA 22182, 703-506-9191.
- www.thealternativehouse.org. \* Cornerstones, 11150 Sunset Hills Road, Suite 210, Reston, serving Reston and Herndon. 571-323-9555, www.cornerstonesva.org. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry. Hypothermia Prevention Program and the Thanksgiving Food Drive.
- SHARE of McLean seeks donations of grocery gift cards and more. Checks and gift cards can be sent to: Holiday Celebration, Share, Inc. PO Box 210, McLean, VA 22101. 703-284-2179. www.SHAREofMcLean.org
- LINK, serving Herndon, Chantilly, Loudoun and more, needs contributions of food, coats and

and gift certificates at **Trinity Presbyterian** Church in Herndon on Nov. 16. Sixty families an hour were escorted through the church supermarket during seven hour LINK event. www.linkagainsthunger.org 703-437-1776

Needy families wait on

line to receive groceries

Photo courtesy of Frank Simmons

holiday toys for children, plus volunteers. More than 4,000 adults and children have signed up for help with Thanksgiving and Christmas meals. 703-437-1776 www.linkagainsthunger.org FACETS helps parents, their children

- and individuals who suffer the effects of poverty in the Fairfax area FACETS is always in need of volunteers, and offers a variety of one-time and ongoing opportunities. 703-865-4251 or volunteer@facetscares.org. FACETS offers a monthly Youth Volunteer Night, with the next one scheduled for Tuesday, Nov. 20, 5:30-6:30pm. Information about supply donations and FACETS holiday gifts drive is available on the website at www.facetscares.org. 10640 Page Avenue, Suite 300, Fairfax VA 22030
- Committee for Helping Others (CHO), Vienna, organized in 1969 by a group of concerned churches and individuals in the Dunn Loring, Merrifield, Oakton, Vienna community to provide simple, loving charity to those in need. 14th Annual Thanksgiving Interfaith Service is Tuesday, Nov. 20, 7:30 p.m. at Emmanuel Lutheran Church, 2589 Chain Bridge Road.

Vienna 703-281-7614 http://www.chova.com

- Fairfax City Area FISH (For Immediate Sympathetic Help), working with the Office of Coordinated Services Planning, Fairfax County Department of Human Services, FISH helps local citizens who are in temporary need of life's basic necessities such as food, clothing, and financial assistance for rent, mortgage payments, utilities, and medical treatments. FISH also provides limited transportation for doctor appointments and food delivery. 703-222-0880 http://fairfaxfish.org/
- Sympathetic Help), 336 Victory Drive, Herndon, 703-391-0105 http://herndonrestonfish.org Lamb Center,
- www.thelambcenter.org, Day center for homeless, Fairfax 703-691-3178
- Northern Virginia Family Service, 10455 White Granite Drive Suite 100, Oakton, VA 22124 703-385-3267 http://www.nvfs.org/
- United Community Ministries, Vernon, 703-768-7106, 7511 Fordson Road, Alexandria, 22306 http:// www.ucmagencv.org/
- Touching Heart in Herndon is a nonprofit organization whose mission is to educate children to have giving hearts, http:// www.touchingheart.com, 703-901-

# **■**McLean

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses. Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connection newspapers. com/subscribe

NEWS DEPARTMENT: To discuss ideas and concerns, Call: 703-778-9410 e-mail: mclean@connectionnewspapers.com

**Kemal Kurspahic** Editor \* 703-778-9414 kemal@connectionnewspapers.com

Amna Rehmatulla

**Editorial Assistant** 703-778-9410 ext.427 amna@connectionnewspapers.com

**Alex McVeigh**Community Reporter ❖ 703-778-9441 amcveigh@connectionnewspapers.com @AMcVeighConnect

**Victoria Ross** 

County Reporter **\*** 301-502-6027 rosspinning@yahoo.com

ADVERTISING:

For advertising information **e-mail:** sales@connectionnewspapers.com

Trisha Hamilton

Display Advertising 703-778-9419 trisha@connectionnewspapers.com

**Andrea Smith** 

Classified Advertising 703-778-9411

Debbie Funk

National Sales 703-778-9444

debfunk@connectionnewspapers.com

#### **Editor & Publisher**

Mary Kimm 703-778-9433 mkimm@connectionnewspapers.com@MaryKimm

**Executive Vice President** 

Jerry Vernon jvernon@connectionnewspapers.com

> **Editor in Chief** Steven Mauren **Managing Editor** Kemal Kurspahic

Photography: Deb Cobb, Louise Krafft, Craig Sterbutzel Art/Design:

Laurence Foong, John Heinly **Production Manager:** Jean Card Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann 703-778-9436

jtheismann@connectionnewspapers.com @TheismannMedia

CIRCULATION: 703-778-9426 **Circulation Manager:** 

Linda Pecquex circulation@connectionnewspapers.com





10 McLean Connection November 27 - December 3, 2013

www.ConnectionNewspapers.com

# Mclean Boys Victorious in Herndon U-10 Soccer Tournament

cLean Youth Soccer's U-10 Boys Allstar Team emerged victorious in the Herndon Youth Soccer's Allstar Tournament held at Baron Cameron Park among seventeen regional teams on Nov. 16-17. "McLean United" earned a spot in the upper playoff bracket by winning four straight games in the initial tournament round. In the subsequent single-elimination round, McLean defeated Prince William County 3-1 and, in the final, host team Herndon by the same score. Herndon, which also entered the final undefeated, fought valiantly and scored first in the first half. However, McLean sweeper Joe Musgrove rocketed in a 30-yard equalizer early in the second half. Five minutes later, McLean halfback Eli Nassif converted on a penalty kick for the goahead goal. Finally, the "greenshirts" took the game out of contention when forward Will Broad threaded a shot from the right side through Herndon defenders with ten minutes remaining.



Mclean Allstars, from left, back row: Aiden O'Connor, Josh Boos, Arion Tripathi, Eli Nassif, Joe Musgrove, Jake Barnard, Joaquim Das, Coach David O'Connor, Finnegan Broad (water boy); front row: Wyatt Fesler, Nicholas Dovgalyuk, Mia Tripathi (water girl), Will Broad, Amr Arikat, and Aymen Omara.





For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnews papers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connection newspapers.com







# A Time to Share

McLean's community service group meets needs during the busiest time of year, and year round.

THE CONNECTION

his time of year it is not uncommon to worry about meals, entertaining visiting relatives, or finding the time to shop and decorate. But for some members of the community, the worries are more basic. They struggle with providing enough food or warm clothing for their families on a daily basis.

For those living in a privileged community, it is easy to forget that there are a number of residents who cannot meet their families' most basic needs. But indeed, this community, like most communities, has a fair number of such residents in need. This is where McLean's Share comes in.

Share has been reaching out to these populations for 45 years. It recently wrapped up one of its busiest annual donation campaigns; the Thanksgiving distribution program.

LAST WEEKEND, clients waited patiently in line for their opportunity to collect a donated grocery gift card and side items from the pantry, which would allow them to celebrate their own Thanksgiving.

Since many of the clients have diverse ethnic backgrounds, they may not be interested in celebrating Thanksgiving with turkey and pumpkin pie. This is why Share gives Giant or Safeway grocery cards, and invites clients to select whatever side items they choose.

Therese Dyer-Caplan, co-chair of Share's food room, says that there is always a need for grocery gifts cards, especially in denominations of \$25. Now that Thanksgiving is over, they will still need to meet the needs of its clients for the next holiday and throughout the year.

Bonnie O'Neill, with Share's special programs, has been busy organizing Share's annual holiday program. On Dec. 7, Share will serve its pre-registered clients at a festive luncheon, and distribute gifts from its Wish Program. Santa and Mrs. Clause will be there, along with a photographer and festive music. O'Neill says that the program reaches out to nearly 300 families, comprised of about 700 individuals for this event. The families, as per Share's requirements, all reside in McLean, Great Falls, and a small portion of Falls Church.

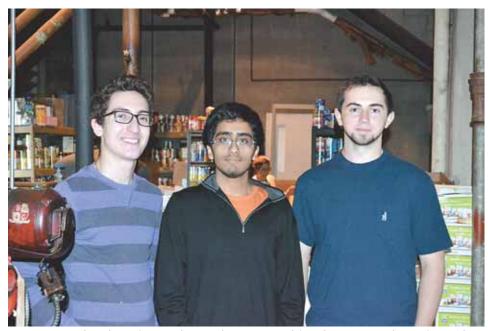
"It's just a real joyful celebration," said Dyer-Caplan. "These are families that spend the whole year stressed, anxious about food. If they're not hungry, they have some anxiety about being hungry. And so the idea that they can sit down and they can be served, and they can relax...it's a wonderful, wonderful day."

Client family members are invited to preregister for the holiday Wish Program. But their wishes are not what most would expect. They generally include grocery gift cards, warm clothing, or CVS cards, which would allow them to buy prescriptions, toothpaste, or hygiene items that are not covered by SNAP assistance.

O'Neill says that those who would like to make donations for the Holiday Wish Program can email sharewishes@gmail.com.



Forrest Crane, Senior at Potomac School, and Potomac School teacher Tracy Jaeger, helped Share prepare for Thanksgiving distribution day.



Potomac School seniors, Thor Schooner, Kabir Khanna, and Jamie Mahon helped unload a truck full of food and supplies donated by Flint Hill



And they are always welcome to bring gift Therese Dyer-Caplan, co-chair of Share's food pantry, was helping clients cards or checks to Share at its headquarters during one of their busiest times, Thanksgiving distribution day.

"...If we can help to allow other families to feel the sort of joy and thankfulness on Thanksgiving that we're feeling, then that's a cause worth working for."

> — Potomac School senior **Thor Schooner**

in the basement of the McLean Baptist Church on Wednesday or Saturday mornings, or Dec. 5-6 at the Church's Fellowship Hall between 12 and 6 p.m. O'Neill notes that the most useful cards for their clients would include cards from Giant, Safeway, CVS, Walmart or Target.

O'Neill notes that Share is one of the few organizations staffed only by volunteers, and relying exclusively on donations from the community. "People around here are wonderful," O'Neill says. "They are generous and kind. And I'd just like to reassure them that Share is very careful and carefully shepherds their money. We made every donation

SHARE RELIES on donations and volunteer assistance both from individuals and groups. Churches, scout troops, McLean women's groups, schools, homeowners associations, and others all are very involved with collections and volunteering.

Last weekend a group of students from McLean's Potomac School were unloading a truck full of food that was collected and donated by Flint Hill School in Oakton. The students spent the morning unloading and stocking shelves, and seemed happy to do so.

"It always seemed to me that Thanksgiving is something that we take for granted," said Potomac School senior Thor Schooner. "We have a lot of really good food and we get to spend the holiday in very comfortable places with our family and we're all very happy. But it occurs to me that not everybody is as privileged as we are. And if we can help to allow other families to feel the sort of joy and thankfulness on Thanksgiving that we're feeling, then that's a cause worth working for."

"I've never been in this sort of a situation before," added Kabir Khanna, also a senior at The Potomac School. "Seeing just the high volume of stuff that the people donated and us working to help Share out, it's just really rewarding.'

O'Neill reiterated that Share is so grateful for the time and goods donated by the community. But she and other Share volunteers are quick to point out that their clients have needs throughout the year. Often, especially in summer months, the shelves are nearly

"We'd like to thank the McLean/Great Falls community for constantly being there to help," she said. "But please continue to look at us. We're local. And your kids are sitting in school next to these kids."

# You Can Make a Difference

BY MICHAEL L. O'REILLY

hanksgiving is right around the corner, a time when friends and families gather to celebrate and give thanks for many things - their health, their jobs, their homes or even the meals that are prepared for them.

As the Chairman of the Governing Board of the Fairfax-Falls Church Partnership to Prevent and End Homelessness, I want to give thanks for those who supported Fairfax County's Third Annual Jeans Day. I am pleased to report that, so far, we have raised nearly \$18,000 with more than 100 businesses, civic and faith based organizations, nonprofits and government agencies participating.

But we can do more. This year, we were fortunate to receive a \$25,000 challenge grant from the Philip L. Graham Fund. If we are successful in raising \$25,000, the grant will match the \$25,000, adding an additional \$25,000

contribution for a total of \$50,000.

Fairfax County is serious about reducing the number of residents who fall into homelessness, and these funds are critical to our efforts. We reject the idea that it is somehow acceptable for anyone to be without a place to call home, to sleep outdoors in the winter, because they have no better option.

Consider these facts:

- ❖ It might surprise you to learn that we counted on one day over 1300 homeless in our community
- ❖ More than 75 percent of children in homeless families are under the age of
- Nearly 60 percent adults in homeless families work. The majority of people without homes in our community are children and working families
- Close to 60 percent of homeless persons are in families.

Low incomes and expensive housing are the main reasons for homelessness in our community. It is impossible to pay for an apartment when earning minimum

wage — even if you work 24 hours per day, seven days a week. With \$50,000, we can house some of our most vulnerable citizens who are homeless and in need of assistance.

This year as you sit down to enjoy this bounty, I would like you to remember the most vulnerable among us.

The Philip L. Graham Fund has given us until Dec. 15 to raise an additional \$7,000 to meet our challenge goal of \$25,000. It is a goal we must make and it will take all of us working together and doing more.

Here's how you can help:

- 1. Increase your personal contribution. Include the Partnership to End Homelessness in your year-end giving. 2. Help by asking your constituents and
- business associates. Many of them make year-end contributions and will give to worthy causes when a trusted friend encourages them to do so.
- 3. Contact your business colleagues with a personal call and tell them we are only \$7,000 from our \$50,000 goal and let them know we need their investment in this challenge. Encourage them to match their employee giving. Many businesses already will.

Go to www.zip homelessness.com to help us reach our challenge to help prevent and end homelessness in our community.

On behalf of the Fairfax Chamber of Commerce, Apple Federal Credit Union, Connection Newspapers, Dulles Regional Chamber, Phillip L. Graham Fund, and Fairfax-Falls Church Community Partnership to Prevent and End Homelessness, we sincerely thank you!

Help now by visiting http:// www.fairfaxcounty.gov/homeless/ events/jeansday/2013-jeans-dayevent.htm or contact Dean Klein, director of the Office to Prevent and End Homelessness for other ways to impact homelessness at 703-324-9492, TTY 711.

Michael L. O'Reilly is Chairman of the Governing Board of the Fairfax-Falls Church Partnership to Prevent and End Homelessness

# community foundation FOR NORTHERN VIRGINIA

Please consider the **Community Foundation** for Northern Virginia for your year end giving.

The Community Foundation helps feed, shelter, and clothe our neediest neighbors.

112,362

The number of children in Northern Virginia eligible or participating in the Free or Reduced Price School Lunch Program

356,500

The number of residents living at or below 200% of the federal poverty level in Northern Virginia

Grants from the Poverty Relief Fund help meet the most basic needs of our neighbors in crisis.



Foundation for Northern Virginia is a 501(c)3 charitable organization and all contributions are tax deductible to the fulles extent of the law.

# DONATE NOW

to support the most critical needs in the region.

www.cfnova.org | (703) 879-7640

Special Thanks CONNECTION

#### BULLETIN BOARD

To have community events listed in the Connection, send to mclean@connectionnewspapers.com. The deadline for submissions is the Friday prior to publication.

#### SATURDAY/NOV. 30

American Legion Scholarships. Due Nov 30, at Post 180, 330 Center St. N., Vienna. The Post 180 in Vienna is offering three scholarships (\$1000, \$500 and \$250) for currently enrolled full-time college students who are sophomores, juniors, seniors or graduate students. Recipients will be chosen from eligible apply no later than Nov. 30. 703-938-8535 or www.legion180.net/ Scholarship\_Appl\_2013.pdf.

Personalized Internet Training. 10:00 a.m.-11:00 a.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. A 1-hour

one-on-one internet training session with a technology volunteer. Can include training on Microsoft Word, Excel, or PowerPoint. Call for tment. Adults. 703-790-8088.

Legos in the Library. 10:30 a.m.-11:30 a.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Come join in the fun and make your own Lego creations! Legos provided. Registration required. Age 5-12. 703-790-8088

Personalized Internet Training. 11:00 a.m.-12 p.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. A 1-hour one-on-one internet training session with a technology volunteer. Can include training on Microsoft Word, Excel, or PowerPoint. Call for appointment. Adults. 703-790-8088



Buchanan Ingersoll & Rooney PC Curcio Law Craig and Leslie Stevens National Beer Wholesalers Association (NBWA) Wells Fargo Insurance Services

#### Media Partners

Gazette Packet

localKicks

Mount Vernon Gazette

MOUNT VERNON VOICE

Supporting Partners











### VIEWPOINTS

### What Are You Thankful for this Thanksgiving Day?

- Russ Ugone

#### Olivia Tenery, First-Year College Student, McLean

"I am thankful for the opportunities that I am finding at college and the people who are supporting me through this time of transition. I am also truly thankful for the health and endless love of my family and friends."



Dr. Reza Didehvar, M.D.; Bethlehem Asrat, Receptionist and Medical Assistant (Right Front); Sharon Colon, Radiology Technician and Medical Assistant (Back), Old Dominion Urgent Care Center, McLean

**Dr. Didehvar:** "I am thankful for my wife and three healthy sons, and am thankful that I have the opportunity to make a difference in the McLean Community."

**Asrat:** "I am thankful for my family, great co-workers, the mentorship of Dr. Didehvar, and for being able to help those in need of medical attention."

**Colon:** "I am thankful for a job that I love, great co-workers and my family."



#### Barbara Everhart, Parish Administrator, St. Dunstan's Episcopal Church. McLean

"I am thankful for the solace found at the beautiful setting behind the church, particularly during the period after my husband had passed (about 6 years ago). The inspiring view of grounds is like heaven on earth and every day I immensely enjoy this place. I am thankful for my two children, who are doing wonderfully this year, my parents, and the opportunity to meet new people at the church."



#### Helen Zhang, Co-owner and Manager, Lee Li, Co-owner and Husband, New Star Asian Bistro, McLean, with Grace Li, Daughter

**Zhang:** "I am very thankful and touched that the surrounding business community and patrons continue to express words of encouragement and compliments and wishes for success. I am thankful for the opportunity to make great food for the good people of McLean. I am also very grateful for my husband Li and my daughters."



#### Captain Paul Peak, USCG (ret) and Mrs. Jane Peak, Vinson Hall Retirement Community, McLean

**Captain Paul Peak:** "I am thankful for my wife, Jane, and for being able to celebrate 70 years of marriage next year. She supported me in my career, especially when I was at sea for long tours, which made a real and lasting partnership."

Jane Peak: "Over the last 24 years we have been very happy living at Vinson



#### Project Knitwell Fundraiser a Success

Project Knitwell held a fun, festive, and successful fundraiser on Monday, Oct. 28 at Mylo's Grill in

For the third year in a row, Mylo's Grill donated 20 percent of the evening's proceeds to Project Knitwell. Founded by McLean resident Carol Caparosa in 2010, Project Knitwell provides knitting instruction and quality materials to patients, family members, and caregivers, primarily in hospital settings throughout the metropolitan D.C. area.

According to Caparosa, "In addition to the great Greek food, a highlight of the evening was receiving multiple sponsorships for baskets filled with high quality yarn, needles, books, and other supplies the hospitals where we work."

Project Knitwell has recently expanded its services to Virginia Hospital Center (Arlington), where it provides knitting instruction to patients and families at the Cancer Resource Center and will begin working with women on bed rest at the hospital. It has worked with at-risk teens in an after school program in Arlington, and currently offer programs at Children's National Medical Center, Georgetown University Hospital, and Inova Alexandria Hospital.

Research has shown that knitting has a therapeutic value, and according to Caparosa, "We provide this service in hopes that the participants will obtain the wellness benefits associated with knitting, become part of a larger community and gain fulfill-



From left: Carol Caparosa, founder and executive director of Project Knitwell, Chris Mylonas, owner of Mylo's Grill, Damon Mylonas, Head Chef at Mylo's Grill, and Michelle

#### SCHOOL NOTES

Send School Notes to mclean@ connectionnewspapers.com. Deadline is

Matthew Kramer of McLean, a sophomore at Thomas Jefferson High School for Science and Technology, participated in the weeklong Virginia Space Coast Scholars Summer Academy program at the NASA Wallops Flight Facility on Virginia's Eastern Shore.

Joshua D. Higbee of McLean received the National Merit Brigham Young University Scholarship. The McLean High School graduate plans to study economics.

Nicholas M. Kemp of McLean received the National Merit Northwestern University Scholarship. The George C. Marshall High School graduate plans to

McLean students Lance L. Hungar, homeschooled, John T. Baird, Anna C. Cox, Jason S. Cui, Benjamin G. Espey, Jessica M. Ji, Olivia C. Lynch, Harrison J. Nam, Rebecca Oh, Nathaniel A. Speiser, Catherine G. Sununu, Leah S. Surratt, Katherine T. Tan and Stephen Tung of Langley High School, Adam R. Barth, Samuel Clayton and Elena R. Kagan of McLean High School, Lauren M. Abraham, Sarah N. Chiang, Grant Hoechst, Susan Sidamon-Eristof and Eleanor G. Tolf of the Potomac School, and Kyle Alexander, Nadege Aoki, Eric Bo, William Bradbury, Arno Chang, Cameron Ewell, Emma Gee, Jordan Goodaon, Owen Gray, Caitlin Kim, Julie Kim, Veronica Lee, Sayed Malawi, Caroline Murton, Christine Nguyen, Somya Shankar, James Sullivan, Nisha Swarup, Alexander Wood-Thomas and Jennifer Yin are National Merit Scholarship semifinalists

Aline Dolinh, 15, is a sophomore at Oakton High School in Vienna and has been appointed as the National Student Poet by the President's Committee on the Arts and the Humanities. Dolinh will participate in readings and workshops at libraries, museums and schools in Virginia as well as create community service projects to expand their reach while increasing engagement in the lit-

Kate E. DeWeese, daughter of Randi and Steve DeWeese of Vienna, graduate of Thomas Jefferson High and first-year student in Bachelor of Arts Program, has been inducted into Alpha Lambda Delta honor society at Bucknell University.

On May 11, Michael D'Onofrio and Jill Feroldi of Oakton and Charles **Schoenthaler** of Vienna graduated from the College of Charleston.



Corner of Leesburg and Georgetown Pikes

703-450-6760 www.senecahillvet.com

Senca Hill donates all its proceeds to local charities.

Seneca Hill Animal Hospital, Resort & Spa

11415 Georgetown Pike,

Great Falls, VA 22066

Seventh grade Physical Education teacher and Langley **Cross Country Team Coach** Scott Worthington speaks to students before the start of the event.



# Cooper Middle Hosts Super Cooper Looper

Students take part in a mile-long fun run for health and fitness.

> By NGALULA TSHISHIMBI THE CONNECTION

n a crisp and sunny November day, Cooper Middle School students took even breaths and careful strides as they leapt towards the finish line in the Super Cooper Looper. The Nov. 13 event featured both seventh and eighth grade student participants in two separate mile-long fun runs. In conjunction with the actual run, students were asked to donate shoes and coats upon signing up for the fun run. The Super Cooper Looper provides students with an opportunity to give back while also engaging in a fitness activity designed to be fun and educational. The students, both running club and non-running club members ran on a track behind the school, designed by faculty organizers. As they ran, they were cheered on by fellow students, faculty organizers, spectators, and Langley High School Cross Country team mem-

As the students ran, they attempted to achieve their personal bests. Seventh grader Dylan Reed finished first with a time of 6:18 (six minutes and eighteen seconds) which, in addition to becoming his personal best, set a new record for the best time overall. He was followed by Ben Kostelancik with a time of 6:23. For the seventh grade girls, Charlotte Smith came in first with a time of 6:41, followed by Gianna Mitchell in second place at 6:55. For the eighth grade boys, Hans Volmeck arrived in first with a time of 6:19, followed by Pierce Gallo with a time of 6:25. For the eighth grade girls, Olivia Gromers arrived with a time of 7:11, followed by Zoe DeTrani in second place with 7:18 on the clock.

More than just a run, the Super Cooper Looper is a learning initiative. Physical Education teacher Scott Worthington described the event as an opportunity to encourage students to run and learn more about healthy living. Worthington stated that he and fel-



Seventh grade students appear shortly after the start of the run.



**Langley High School Cross Country Team** member Candace von Hoffman cheers for runners as they pass by.

low teacher for eighth grade Civics Duane Novotni, who coined the name of the event, are themselves marathon-runners who wanted to parlay their knowledge of running into an educational opportunity. According to Worthington, the event reinforces education regarding fitness and nutrition which is a current focus in the Fairfax County curriculum. Worthington facilitated this year's run along with fellow facilitators Novotni and teachers Sarah Aldini, Jody Jacobs and Jennifer Perantoni.

While participants ran the race, they passed by Langley High School's Cross Country team members who volunteered to hold signs describing good nutritional habits.



McLean Holiday Crafts Show draws skilled crafters from all around the region and from as far away as New Mexico.

### The McLean Community Center to Host Holiday Crafts Show

Holiday shoppers can get an early start, find unique handmade items and visit the crafters who make them, at the 31st Annual McLean Holiday Crafts Show. Sponsored by the McLean Community Center (MCC), the juried show will be held Friday through Sunday, Dec. 6-8. Show hours are 11 a.m. to 7 p.m. on Friday, Dec. 6; 10 a.m. to 6 p.m. on Saturday, Dec. 7; and 11 a.m. to 4 p.m. on Sunday, Dec. 8. Show admission is \$3 for adults and \$1 for children up to age 13, and is good for all three days of the show. The center is located at 1234 Ingleside Avenue, McLean.

According to MCC Special Events Director Sam Roberts, the show draws skilled crafters from all around the region and from as far away as New Mexico. This year show includes more than 70 fine artisans. "We work hard to maintain the high quality of the offerings at our show. Our customers have come to expect it," said Roberts.

At press time, participants in-

cluded designer candle maker Shalom Lord of Harmony Lights Candles of Madison Heights, Va.; Jewelry designer Rona Fisher of Philadelphia, Pa.; Jacqueline Campbell of Washington, DC, who makes cloth dolls and art quilts; Vanessa Morris of Blue Ridge Salvage, Kearneysville, W.Va., who makes toys of handcrafted wood; and the fresh wreaths and centerpieces of Endless Creations' Steve Cone of Culpepper, Va.

Popular vendor Marie-Helene Grabman will hand cut silhouettes of family members or pets. Patrons can call the Center at 703-790-0123, TTY: 711, to schedule a 10-minute appointment. Crafts Show admission must be paid in order to enter the show for a silhouette appointment. Food service will be provided by Sweet Stuff of McLean.

Detailed information and discount admission coupons are available on the Center's Web site, www.mcleancenter.org/ special-events. Call the Center at 703-790-0123, TTY: 711.



Commissioner John Marrapese, Cameron Marrapese, Dale and Katharine Powell, Claire Powell, Stuart Powell, Carol Sieminski.

### HBC Community Charity Champions Help McLean Youth Lacrosse

The dinner at Pulcinella the Italian Host in support of McLean Youth Lacrosse raised \$1,645 for area youth lacrosse players. McLean Youth Lacrosse is a volunteer based organization dedicated to promoting sportsmanship, leadership, teamwork, character, tolerance, discipline, and lifelong love of lacrosse. It operates a volunteer cooperative under the umbrella of MYA, and organizes field management, coaching, and administration through this. MYL supports hundreds of area youth in their development as young athletes. Fundraising and charitable donations

help MYL support children and families that need financial assistance, field maintenance, and general costs of operating.

The Huckaby Briscoe Conroy Realty Group of Keller Williams Realty launched Community Charity Champions in 2012 as a venue to fundraise for local nonprofits. Karen Briscoe and Lizzy Conroy were honored with the Corporate Social Responsibility award in 2012 by the Greater McLean Chamber of Commerce for the work HBC Community Charity Champions has done and continues to do for nonprofits in the area.



The Luebke family and the Christinzio family.



### Helping Those in Need

Photo Contributed

Charlotte Heffelmire, a junior at McLean High School, recently did something very special for a group of homeless children that go to school at a facility in Annandale. She bought and presented to them and their teacher over a \$1,000 in toys, school supplies and educational aids and did a violin music show for them as "Daisy D. Clown." Heffelmire raised the money mowing lawns, shoveling snow and collecting donations.

# TWO POOR TEACHERS

Kitchen and Bathroom Remodeling Celebrating 15 Years in Business!!



**Free Estimates 703-969-1179** 

Select your remodeling products from our Mobile Kitchen and Bathroom Showroom and Design Center!!



Fully Insured & Class A Licensed

# Bath Packages Available!!

Visit our website: www.twopoorteachers.com



# 12 Ways of Giving

The chaotic shopping season is here. This year give the gift of charity.

Donate to your favorite nonprofit in someone's honor from the comfort of your home.

Cross a name off your list and take a tax deduction. It's a win-win!!

As our gift to you, OP3 has compiled "12 Ways of Giving in Fairfax County."





























To request reasonable ADA accommodations or information in an alternative format, call (703) 324-5171

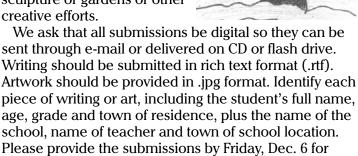
LEARN MORE AT WWW.FAIRFAXCOUNTYPARTNERSHIPS.ORG



# Be a Part of CHILDREN'S CONNECTION

**D**uring the last week of each year, the McLean Connection devotes its entire issue to the creativity of local students. The results are always remarkable, and the editions have won many awards. It is a keepsake edition for many families.

We publish artwork, poetry, essays, creative writing, opinion pieces, short stories, photography, photos of sculpture or gardens or other creative efforts



publication the week of Dec. 26. E-mail submissions to:

ChildrensNorth@connectionnewspapers.com

To send CDs or flash drives containing artwork and typed, electronic submissions, mark them clearly by school and hometown and mail the CD to Children's Connection, 1606 King Street, Alexandria, VA 22314.



# HOLIDAY CALENDAR



Santa Claus hands out candy to children during the 5th Annual WinterFest Parade in McLean last year.



Santa Claus arrives by fire truck for the 2012 annual Great Falls Celebration of Lights and Christmas Tree Lighting.

#### THURSDAY/NOV. 28

Thanksgiving Day Worship Service. 10 a.m. St. John's Church,

6715 Georgetown Pike, McLean.

Thanksgiving Day Brunch. 10:30
a.m.-3 p.m. at the Ritz Carlton, 1700
Tysons Blvd., McLean. Take part in
traditional Thanksgiving fixings and

festive selections of brunch favorites. \$120 per adult; \$40 per child, ages 4-12. Reservations required. 703-917-5498. Four-Course Thanksgiving Dinner. Bazin's on Church, 111 Church

Bazin's on Church, 111 Church Street, NW, Vienna. Admission: \$39/ person. Kids 10 and under \$15.95. http://www.bazinsonchurch.com/ **Thanksgiving with Wildfire**. 10:30

a.m.-8:30 p.m. Wildfire at Tysons Galleria, 3rd floor. A special family style menu featuring spit roasted turkey and all the traditional Thanksgiving dishes. Cost is \$42.95/person and \$16.95 for children 12 and under. For reservations call (703) 442-9110 or visit wildfirerestaurant.com/mclean.

#### FRIDAY/NOV. 29

"Annie!" the Musical. 7 p.m. McLean High School Theater, 1633 Davidson Road, McLean. The popular comic strip heroine takes center stage in the perfect family-friendly musical. Adults \$15 and Students/Seniors \$10. Reserve seats at www.mcleandrama.com

#### Annual Gingerbread House

**Opening.** 2 p.m. at the Ritz Carlton, 1700 Tysons Blvd., McLean. Visit the life-sized gingerbread house. It is large enough for guests to walk around inside and explore the sugary construction. Reservations required. 703-917-5498.

#### SATURDAY/NOV. 30

"Annie!" the Musical. 2 & 7 p.m.

McLean High School Theater, 1633

Davidson Road, McLean. The popular comic strip heroine takes center stage in the perfect family-friendly musical. Adults \$15 and Students/Seniors \$10. Reserve seats at www.mcleandrama.com

#### SUNDAY/DEC. 1

**McLean's WinterFest.** 3:30 p.m., starting from Old Chain Bridge Road. McLean's only community parade.



The 31st Annual McLean Holiday Crafts Show will take place Dec. 6-8. Eighty artisans from across the country convene for this highly-regarded and much- anticipated juried show.

www.mcleanwinterfest.org

#### MONDAY/DEC. 2

Annual Church Street Holiday Stroll. 6-9 p.m. Church Street

**Stroll.** 6-9 p.m. Church Street between Lawyers Road and Mill Street, Vienna. Visitors are invited to stroll along the streets amid the sights and sounds of the holiday season. 703-938-5187.

Breakfast with Santa. 9-10 a.m. Wildfire, Tysons Galleria, 3rd floor. Get into the holiday spirit early with a holiday breakfast buffet. Cost: 10.95 per child and \$13.95 per adult. 703-442-9110.

#### THURSDAY/DEC. 5

John Medeski in Concert, Solo Piano. 8 p.m. Wolf Trap, 1635 Trap Road, Vienna. Jazz pianist showcases original songs and improvised compositions from his debut solo album. Tickets: \$25. http:// www.wolftrap.org.

FRIDAY/DEC. 6 31st Annual McLean Holiday Crafts Show. 11 a.m.-7 p.m. at MCC, 1234 Ingleside Ave., McLean. Eighty artisans from across the country convene for this highly-regarded and much- anticipated juried show. This show features fiber arts, wood, ceramics and pottery, jewelry, glass, holiday decor, items for children, gourmet foods, paper art, photography, soft sculpture, paintings and drawings and more. Tickets: Adults \$3; ages 13 and under \$1.

Bill Frisell's Big Sur Quintet. 8 p.m. Wolf Trap, 1635 Trap Road, Vienna. Eyvind Kang, Hank Roberts, Rudy Royston, and Jenny Scheinman Dynamic mixture of nature-inspired orchestral jams and jazz riffs composed by guitarist Bill Frisell. Tickets: \$35. www.wolftrap.org.

Christmas with FCS: Trumpets Sound! Voices Ring! 8 p.m.

Vienna Presbyterian Church, 124 Park Street, NE, Vienna. Welcome in the holiday season with the Fairfax Choral Society and the Washington Symphonic Brass. Purchase tickets at www.fairfaxchoralsociety.org.

SEE HOLIDAY, PAGE 19

# ENTERTAINMENT

Send announcements to mclean@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged. For additional listings, visit http://www.connectionnewspapers.com/news/2013/sep/26/fairfax-county-calendar/.

#### SATURDAY/NOV. 30

John Eaton The Roaring
Twenties: A Salute to the Jazz
Age. 7:30 p.m. The Barns at Wolf
Trap, 1635 Trap Road, Vienna. Eaton
highlights the illustrious
discographies of some of the Jazz
Age's most successful artists. Tickets:

#### MONDAY/DEC. 2

\$25-\$27.

The GoAround. 7 p.m. at Jammin Java, 227 Maple Ave E., Vienna. An alt-rock/pop duo made up of brothers. Tickets: \$10.

#### THURSDAY/DEC. 5

An Evening with John Medeski in

**Concert.** 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Jazz pianist John Medeski showcases engaging and meditative compositions in this solo debut concert. Tickets: \$25.

"Annie!" the Musical. 7 p.m.

McLean High School Theater, 1633

Davidson Road, McLean. The popular comic strip heroine takes center stage in the perfect family-friendly musical. Adults \$15 and Students/Seniors \$10. Reserve seats at www.mcleandrama.com.

#### FRIDAY/DEC. 6

Bill Frisell's Big Sur Quintet Featuring: Eyvind Kang, Hank Roberts, Rudy Royston, and Jenny Scheinman. 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. A combination of avantgarde and post-bop jazz with

#### Holiday Calendar

From Page 18

#### SATURDAY/DEC. 7

Celebration of Lights. 5:30-8 p.m., at Great Falls Village Centre Hill. Watch Santa and Mrs. Claus arrive in an antique fire truck to light the Great Falls Tree. Afterwards, Santa will meet all children who wish to share their holiday wishes. http://www.celebrategreatfalls.org

31st Annual McLean Holiday
Crafts Show. 10 a.m.-6 p.m. at
MCC, 1234 Ingleside Ave., McLean.
Eighty artisans from across the
country convene for this highlyregarded and much- anticipated
juried show. This show features fiber
arts, wood, ceramics and pottery,
jewelry, glass, holiday decor, items
for children, gourmet foods, paper
art, photography, soft sculpture,
paintings and drawings and more.
Tickets: Adults \$3; ages 13 and
under \$1.

Wolf Trap Holiday Sing-A-Long. 4 p.m. Wolf Trap National Park, 1551 Trap Road, Vienna. "The President's Own" United States Marine Band Members of local choirs and vocal groups Kick off the holiday season with family and friends at Wolf Trap's 2013 Holiday Sing-A-Long.

#### SATURDAY/DEC. 7, 14, 21

**Gingerbread House Decorating Class.** 10 a.m. or 1 p.m. at the Ritz

Class. 10 a.m. or 1 p.m. at the Ritz Carlton, 1700 Tysons Blvd., McLean. Learn to make your own gingerbread house. \$70 per child, ages 2-12. Reservations required. 703-917-5498.



Antigone Rising, the all-female country rock band, will be performing at Jammin' Java in Vienna on Dec. 7. From left: risten Ellis-Henderson, Dena Tauriello, Nini Camps, Cathy Henderson.

classical, folk, and country influences. Tickets: \$35.

"Annie!" the Musical. 7 p.m.

McLean High School Theater, 1633

Davidson Road,McLean. The popular

comic strip heroine takes center stage
in the perfect family-friendly musical.

Adults \$15 and Students/Seniors

\$10. Reserve seats at

www.mcleandrama.com

#### SATURDAY/DEC. 7

"Annie!" the Musical. 2 & 7 p.m.

McLean High School Theater, 1633

Davidson Road,McLean. The popular comic strip heroine takes center stage in the perfect family-friendly musical. Adults \$15 and Students/Seniors \$10. Reserve seats at www.mcleandrama.com

Antigone Rising. 7 p.m. at Jammin Java, 227 Maple Ave E., Vienna.The

all-female country rock band Antigone Rising who has shared stages around the world with acts like The Rolling Stones, Aerosmith, The Allman Brothers Band and Rob Thomas.

#### SUNDAY/DEC. 15

**Breakfast Buffet.** 8 a.m.-12 p.m. Vienna American Legion, 330 Center St., N., Vienna. Adults \$8, children \$3. 703-938-1379.

#### **ONGOING**

Straight Ahead Jazz. 8 p.m., at the Maplewood Grill, 132 Branch Road, Vienna. Every Monday drummer Karl Anthony hosts a night of straight ahead jazz featuring guest musicians and open to sit-in musicians. www.maplewoodgrill.com.

#### **SATURDAY/DEC. 7, 14, 21**

**The Nutcracker Tea.** 10 a.m. or 1 p.m. at the Ritz Carlton, 1700 Tysons Blvd., McLean. Watch the ballet production of "The Nutcracker" while enjoying afternoon tea and treats. \$75 per person. Reservations required. 703-917-5498.

#### SUNDAY/DEC. 8

31st Annual McLean Holiday

Crafts Show. 11 a.m.-4 p.m. at MCC, 1234 Ingleside Ave. McLean. Eighty artisans from across the country convene for this highly-regarded and much-anticipated juried show. This show features fiber arts, wood, ceramics and pottery, jewelry, glass, holiday decor, items for children, gourmet foods, paper art, photography, soft sculpture, paintings and drawings and more. Tickets: Adults \$3; ages 13 and under \$1.

#### Science Wonderland Workshop.

11:30 a.m. - 4:30 p.m. Cooper Middle School, 977 Balls Hill Road, McLean. ands-on holiday science production where children ages 5-12 will build a Science Wonderland out of recycled and earth-friendly materials, grow crystal Christmas tree, have a a "snowball fight' with dry ice smoke-filled bubbles and make magic instant "snow" fall over their festive landmark. Free admission. Registration required at www.ischoolforthefuture.org.

SUNDAY/DEC. 8, 15, 22
Gingerbread House Decorating

**Class.** 10 a.m. or 1 p.m. at the Ritz Carlton, 1700 Tysons Blvd., McLean. Learn to make your own gingerbread house. \$70 per child, ages 2-12. Reservations required. 703-917-5498.

#### SUNDAY/DEC. 8, 15, 22

**The Princess Tea.** 11 a.m. or 2 p.m. at the Ritz Carlton, 1700 Tysons Blvd., McLean. Watch a theatrical production feature Disney princesses while enjoying afternoon tea and treats. \$75 per person. Children under 2 are free. Reservations required. 703-917-5498.

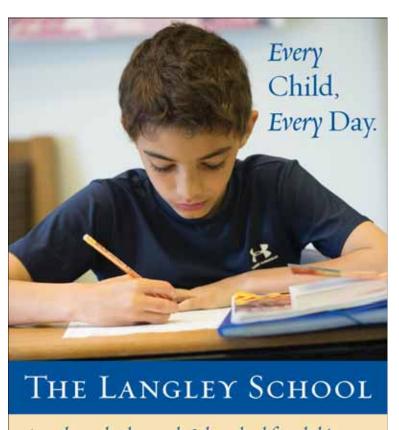
#### SATURDAY/DEC. 14-SUNDAY/DEC. 15 Great Falls Studios Holiday Show

and Sale. Wolf Trap Center for Education, 1645 Trap Road, Vienna. This annual show includes paintings, pottery, traditional and digital photographs, jewelry, drawings, art quilts, and hand pulled lithographic prints, plus artful gifts and cards.

#### WEDNESDAY/DEC. 25

Christmas Day Brunch at Entyse Bistro. 10 a.m.-3 p.m. at the Ritz Carlton, 1700 Tysons Blvd., McLean. Celebrate the holiday with brunch. Enjoy live musical entertainment and special activities, including face painting and a balloon artist for the children. \$120 per adult; \$40 for children under 12. Reservations required. 703-917-5498.





A coed preschool to grade 8 day school founded in 1942

#### Information Session

December 10, 2013, 9:00 a.m. RSVP to admission@langleyschool.org

1411 Balls Hill Road McLean,Virginia (703) 848-2782 www.langleyschool.org



Langley's Rachel Andrejey, seen during the 6A North region championship match, had a team-high 10 kills against First Colonial on Nov. 23 in the Group 6A state championship match.



Langley's Alex Andrejev, seen during the 6A North region championship match, finished with seven kills against First Colonial on Nov. 23 in the Group 6A state championship match.

# Langley Volleyball Wins First State Championship

### Saxons sweep First Colonial Group 6A state final.

he Langley volleyball team captured the program's first state championship on Nov. 23, beat ing First Colonial 3-0 in the Group 6A state final at VCU's Siegel Center in Richmond.

The Langley program, which started in 1998, reached the 2007 AAA state championship match, but lost 3-0 to Deep Run. On

Saturday, it was the Saxons taking home the title, becoming the first team from Fairfax County to accomplish the feat.

"[It was] awesome. Been chasing it for 16 years!" Langley head coach Susan Shifflett wrote in an email. "... [It was a] very special experience that is a result of every player and coach that has been a part of our program since its beginning in 1998."

Outside hitter Rachel Andrejev led Langley with 10 kills in the state final. Outside hitter Jessica Donaldson had eight kills and setter/right side Alex Andrejev had seven. Rachel Andrejev and Rachel Donaldson each had two aces, Alex Andrejev had 19 assists and freshman setter Maxine Friedman totaled 14 assists.

Langley finished the season with a 27-3

record.

The 6A state final was scheduled for 9 p.m. The Saxons left for Richmond on a charter bus at 3 p.m., had dinner in Richmond and spent time watching earlier matches and warming up. Langley's match didn't start until 10 p.m., but the Saxons took care of business.

"The girls did a great job of staying flexible and kept their focus," Shifflett wrote. "They really wanted it."

### Langley Football Team's Streak Stopped by Stonewall Jackson

The Langley football team's eight-game winning streak, along with its best season in a generation, came to an end on Nov. 22 in the 6A North region quarterfinals with a loss to Stonewall Jackson,

The Saxons' would-be game-tying field goal attempt went wide left with just 10 seconds remaining in the game after a 48-yard march had brought the ball down to the Stonewall Jackson 15-yard line and a pass had gone through the hands of a Langley receiver in the end zone. While the loss dropped the Saxons' record to 9-3 on the year, Langley still enjoyed its most successful season in two decades, scoring a school record 481 points in the process.

The second playoff game at home this season started well for the Saxons as they quickly mounted a 14-0 lead on the visiting Raiders in the first quarter. The initial score capped a 15-play, 70-Casso hit Garrett Collier on a slant for a 23-yard touchdown pass to make it 14-0. Collier was later lost before intermission, to cut the Sax-

for the game with a collarbone fracture. His departure weakened not only the secondary, now without its captain on the field, but also removed Langley's top receiver.

The Raiders began to exploit the Saxons with long runs that gashed the interior line, but also eluded the depleted secondary as Stonewall Jackson made a game of it with a 42-yard scoring dash to open the second quarter to cut it to 14-7. A see-saw battle then ensued with each team taking the measure of the other with consecutive scores. Langley's Tyler West punched in a touchdown from 6 yards out to make it 21-7 after a 10-play drive, 60-yard drive. The Raiders responded two minutes later on a 32-yard touchdown toss to their tight end to make it 21-13. Their two-point attempt failed.

The Saxons answered on a short drive making it 28-13 after Tyler West had returned the kickoff 73 yard opening drive, when senior—yards to the Stonewall Jackson 18quarterback Nick Casso scored on yard line. With time running out an 11-yard fourth down run. in the half, the Raiders scored Three-and-a-half minutes later, what might have been the most crucial points of the game with only one second left on the clock

ons advantage to 28-21.

The Raiders opened the second half with a three-play, 63-yard scoring drive to tie it at 28-apiece in only 35 seconds. It became obvious that the game was going to be a barn-burner, with the last team to score the likely winner.

Langley regained momentum after Raiders quarterback Greg Stroman fumbled two consecutive punts back to the Saxons, the second allowing the home team to march 56 yards on nine plays before West hit pay dirt to take the lead, 35-28. For the game, West had 268 yards on 41 carries and three touchdowns.

The Raiders came right back with a long drive that stalled at the Langley 17-yard line resulting in a 34-yard field goal to open the fourth quarter that cut it to 35-31. The three points would eventually prove to be the margin of victory.

The fourth quarter became a track meet, as both teams went the length of the field, practically scoring at will. Langley took its first possession and drove 66 yards for a touchdown to widen their advantage to 42-31. Erik Swayne made all six extra points, making him 67 of 68 for the year.

But in a matter of 45 seconds, the Raiders scored twice to jump ahead 43-42, once on a 70-yard run and the second score coming seconds later after a turnover and an immediate 37-yard touchdown

Although behind for the first time in the game, Langley's veteran offensive line, led by seniors Alex Kolencik, Brooks Norris, Bennett Molster, and Brian Plunkett, along with junior Connor Halm, under the direction of their senior quarterback and outstanding junior running back, came roaring back on a "gut check" 10play drive of 61 yards to recapture the lead, 48-43. The Saxons' twopoint attempt after a 2-pt failed with 3:29 left in the game.

The 1-yard touchdown run by Casso gave him three on the ground along with one passing touchdown for the game. But it was not enough, as Stonewall Jackson's elusive, speedy quarterback took less than one minute to grab the lead back after a 47-yard dash down the sideline and a twopoint conversion made it 51-48.

Two minutes later, Langley's lastditch field-goal effort to tie went wide left.

### Group 6A North Region Football Playoffs

Three of four favorites advanced during the 6A North region football quarterfinals on Nov. 22, with Langley being the lone high seed to fall short.

The Saxons, seeded No. 5 in the region, lost to No. 13 Stonewall Jackson 51-48 in the region's highest-scoring game of the weekend. Stonewall Jackson will travel to face No. 1 Centreville in the semifinals. Undefeated Centreville beat No. 8 South County 55-35 in the quarterfinals on Friday.

No. 2 Lake Braddock beat No. 7 Yorktown 40-7 to earn a trip to the semifinals, where the undefeated Bruins will host No. 3 Westfield. The Bulldogs beat No. 11 Robinson, 21-14.

Lake Braddock and Westfield faced one another during the regular season, with the Bruins winning 28-24 on Sept. 20. At the time, it was Westfield's first regular-season loss since 2010.

# Beta Plan Discarded

you value libraries and don't have enough money to support them."

Finberg was joined by more than 50 library supporters — employees and volunteers - who attended the meeting to show support for library board's recommendations.

They applauded when Supervisor Linda Smyth (D-Providence), dubbed the "dumpster diving supervisor," spoke. Smyth touched off a furious debate over how the library discards used books when she photographed dumpsters full of books in seemingly good condition that she found behind the library's technical operations center in Chantilly this summer.

On Aug. 29, Smyth recovered dozens of usable books from the dumpsters, and then took them to county officials who ordered an immediate stop to the discarding. Smyth said she learned that more than 250,000 books have been thrown out since October 2012.

"One never knows what this job will bring," Smyth said at the board meeting, adding that she was still hearing concerns about

"We need to be sure books are on library shelves as long as possible. Mending used to be part of process. This is something that seems to have fallen by the wayside, and that's putting it nicely," Smyth said.

Supervisor John Cook (R-Braddock) said he supported the library system and the public engagement process, but noted that libraries had to find ways to adapt to a world where the Internet has replaced newsprint and e-books have supplanted paperbacks.

"Libraries everywhere are changing as new technology changes the nature of informationgathering," Cook said. "If the answers were simple, someone would have thought of it already."

Most of the supervisors praised the patrons and staff who participated in the public meetings and committees. "We heard you," Supervisor John Foust (D-Dranesville) said. "In my opinion, in two months you've made tremendous progress." Supervisor Cathy Hudgins (D-Hunter Mill) said she was grateful that library staff also attended the meetings.

'We should look at who we are and who we should be serving .. Collaboration is important."

Supervisor Jeff McKay (D-Lee) said the library controversy exposed a silver lining.

"Let there be no doubt in the community about the passion that citizens have about their libraries," McKay said. "We should be proud of all the responses we heard."

David Broder, president of the SEIU Virginia 512, said the library board's reports teach two lessons.

"First, local families love our libraries and library staff," Broder said. "Second, any so-called reforms which don't take advantage of librarians' expertise and which don't reflect the desires of the community are bound to fail. The Board of Supervisors needs to lead the effort to strengthen our libraries for the next generation."

Supervisors asked the Library Board to return in December with a plan for implementing the recommendations.

To read the Library Board of Trustees reports, go to http:// www.fairfaxcounty.gov/library/ communicationandevaluationreport.htm



lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known



Helping Animals Find Their Way Since 2001

Volunteers needed for adoption events, fostering, transportation, adoption center caretaking and more.

Adopt/Donate/Volunteer

www.lostdogandcatrescue.org



Walker Chapel United Methodist ...703-538-5200

# "Scanticipation"



By KENNETH B. LOURIE

When I get CT-Scanned on Wednesday, November 27th, it will be nearly four months since my last diagnostic scan. That occurred during my hospital "staycation" during the first week of August, when I was admitted due to the extremely abnormal fluid buildup in my left lung. The surgery to drain the fluid went well, as you regular readers know, but as a consequence of this procedure/hospital stay - and its recovery, my subsequent chemotherapy infusions were delayed for about a month and naturally the follow-up scans were as well. This meant/now means that my everythree-month scan has become at least for this particular set of time circumstances, a fourmonth interval, the longest such interval in my full-time cancer career since I was first diagnosed with stage IV, non-small-cell lung cancer back in February, 2009.

I'm not nervous about the outcome this time, however, as I have written about in previous columns: "Scanxiety," "Scanning the Horizon" and "Scantastic." These are all examples of the emotional roller coaster a cancer patient rides when scans are in the offing. Regarding (you'll note I didn't use "concerning,") this upcoming scan, I feel more curious and calm than I have felt before. Aside from being more experienced with this process/cycle, and continuing as well to be relatively asymptomatic, my most recent lab work has been encouraging or at least not discouraging in that certain results/levels are improving. Now I don't know if these improved results (specifically my creatinine and bilirubin levels as well as my GFR/glomular filtration rate) have any effect on the metastatic tumors in my left lung, but the improving levels do mean that my body is tolerating the every-three-week chemotherapy infusions that I've been receiving since September 20th. And "tolerating" is about as good as it gets, considering there are few drugs still available that my oncologist would feel are suitable for my condition. More to the point, when I asked my oncologist how do I really know (other than the lab results) that I'm tolerating the drug, he said, "You wouldn't be a very happy camper if you weren't." To which I replied, happily: "Well, I'm a long way from that." And not that the camping reference was lost on me, but I've been camping very few times in my life, and on those few occasions, I was happiest when I was leaving the campsite heading home.

Camping experiences aside - and not misunderstood, I am looking forward to the results of this next scan and really not stressing about it, either. Nor am I anxious. If anything, I'll admit to being naive. Moreover, I won't admit to being positive, since there's so much about the human body that I don't understand and after five years of having cancer-type symptoms and/or feelings, or not having cancer-type symptoms and/or feelings, with varying outcomes, I never know what to make of any of it. What I am positive about is how mysterious it all is and how few guarantees there are in any of it. Nevertheless, I'm grateful for a definite maybe; I can live with that, as I have been.

Time will tell, soon enough. Although, a long Thanksgiving weekend might slow down the e-mail which my oncologist will send with the results. But I can't worry about that either. I feel good. My labs were good. My reaction to yesterday's chemotherapy was good. The Red Sox just won the World Series for the third time in 10 years; that's all good, great in fact. For a terminal cancer patient from Boston five years post-diagnosis who wants to live and loves his hometown team, it doesn't get much better, realistically speaking.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

# **EMPLOYMENT**

ZONE 6: • ARLINGTON • GREAT FALLS

703-917-6400

ZONE 6 AD DEADLINE: Monday Noon

26 Antiques

250 West Broad Street

Falls Church, VA

703-241-9642

Christmas Shop opens November 1

BUSINESS OPP

**TELEPHONE WORK AT HOME!** NATIONAL CHILDRENS CENTER lo sell! Salary + Bonus + Benefits 301-333-1900

BUSINESS OPP

**TELEPHONE** A great opportunity to <u>WORK AT HOME!</u> NATIONAL CHILDRENS CENTER 301-333-1900

The biggest things are always the easiest to do

because there is no competition. William Van Horne 26 Antiques

We pay top \$ for antique Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks Schefer Antiques @

101 Computers

703-241-0790. Email:theschefers@cox.net

101 Computers

JENNIFER SMITH \* Serving the Area Since 1995

(571) 265-2038

jennifer@HDIComputerSolutions.com

**HOW TO SUBMIT ADS TO** 

ÖNECTION

Newspapers & Online

Zones 1, 5, 6......Mon @ noon

Zones 2, 3, 4 ......Tues @ noon

E-mail ad with zone choices to:

classified@connectionnewspapers.com or call Andrea @ 703-778-9411

**EMPLOYMENT** 

Zones 5, 6.....Tues @ 11:00

Zones 1, 3 ......Tues @ 4:00

E-mail ad with zone choices to:

classified@connectionnewspapers.com or call Andrea @ 703-778-9411

**ZONES** 

The Oak Hill/Herndon Connection

Zone 1: The Reston Connection

Zone 4: Centre View North

Zone 2: The Springfield Connection

The Burke Connection

Zone 3: The Alexandria Gazette Packet

Centre View South Zone 5: The Potomac Almanac

**Zone 6:** The Arlington Connection

The Fairfax Connection

The Fairfax Station/Clifton/

Lorton Connection

The Mount Vernon Gazette

The Vienna/Oakton Connection

The McLean Connection

The Great Falls Connection

CLASSIFIED
DEADLINES

Zone 2.....

Speed up Slow Computers

> Troubleshooting

➤ Virus Removal

DEADLINES

Computer Setup

COMPUTER SOLUTIONS

28 Yard Sales

26 Antiques

28 Yard Sales

Open 7 Days

6000 Square Feet

Beyond the Barn Doors

...vintage home furnishings

CHURCH ANTIOUE CENTER

**HOLIDAY SHOW** 

Featuring antiques, painted furnishings and accessories that are Old, New & just plain Cool! December 6th and 7th form 9:00am - 5:00pm 3006 Fox Mill Rd, Oakton, VA

21 Announcements 21 Announcements

**PUBLIC NOTICE** 

PROPOSAL TO CLEANUP AT UNDERGROUND STORAGE

There has been a release from an underground storage tank

Great Falls, Virginia 22066

The Department of Environmental Quality (DEQ) is requiring Fairfax Petroleum Realty, LLC to develop a Corrective Action Plan (CAP) to address cleanup of methyl tertiary butyl ether (MTBE) in groundwater at the site. If you have questions regarding the cleanup, please contact:

Kleinfelder 1340 Charwood Road, Suite I Hanover, Maryland 21076 (443) 925-6048 ntion: Mark Steele

The CAP was submitted to the Northern Regional Office of the DEQ on November 22, 2013. If you would like to review or discuss the proposed CAP with the staff of the DEQ, please feel free to contact Alex Wardle (Alexander.Wardle@deq.virginia.gov) at (703) 583-3822 after the date of the CAP submittal. The DEQ Northern Regional Office will consider written comments regarding the proposed CAP until December 27, 2013. Due to public interest, the DEQ will hold a Public Meeting on December 10, 2013, at 8:30 PM at the Great Falls Grange, 9818 Georgetown Pike, Great Falls, VA. The public meeting will follow the Great Falls Citizens Association Monthly Meeting, which will begin at 7:30 PM and include information about the proposed plan. Written comments should be sent to the DEQ at the address listed below. The DEQ requests that all written comments reference the tracking number for this case; PC# 2010-3028. The CAP was submitted to the Northern Regional Office of the

Department of Environmental Quality Storage Tank Program 13901 Crown Court Woodbridge, Virginia 22193

#### **INCOME TAX** RETURN PREPARER.

Needed for small local CPA Firm: an experienced tax return preparer to work for tax season. Must have experience with computer preparation of tax returns. Ultra-Tax a plus. We will send you to tax update seminar, if you are interested. Please send a resume and your salary requirements to: jobs@gsacpa.com

**Audit Manager** 

Chaconas & Wilson, P.C. an established DC CPA firm located two blocks from Foggy Bottom Metro, seeks an audit manager to compliment audit practice. Applicant should be a CPA. Individual will be responsible for managing all aspects of audit, review and compilation engagements, primarily for not-for-profit organizations. Tax return preparation knowledge is a plus. Competitive compensation and benefit packages. Flexible work schedule outside of busy season can be negotiated. E-mail your resume to info@chaconas.com or fax resume to (202) 452-0881.



#### **SILVER DINER at Springfield Mall** seeks experienced Line, Broiler, **Pantry and Prep Cooks for our** high-volume Diner.

We're looking for people who care about creating excellent FRESH & LOCAL food using farm fresh & locally sourced ingredients. Our food has a mix of traditional products with a contemporary twists and healthy alternatives. We WOW our Guests with terrific food they would not expect from a Diner/

We Offer: Promotion from Within GREAT PAY!

Medical & Dental Insurance Flexible Schedules

You can apply on-line at www.silverdiner.jobs or through the Join Our Team tab at www.silverdiner.com. OR you can apply in-person at the Silver Diner at 6592 Springfield Rd, at the Franconia Rd entrance to Springfield Mall

Nothing is too small to know, and nothing too big to attempt. William Van Horne 21 Announcements

.Wed @ 11:00

..Wed @ 1:00

21 Announcements 21 Announcements

Help for people with

# Macular Degeneration

Find out if special glasses can help you see better.

Call for a FREE phone consultation with Dr. Azman.



888-700-8067

www.LowVisionMD.org

# CONECTION CLASSIFIED

Classified or Home • Lawn • Garden: 703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

McLean
 Vienna/Oakton

# ZONE 6: • ARLINGTON • GREAT FALLS HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

703-917-6400

ZONE 6 AD DEADLINE:

LANDSCAPING

A&S LANDSCAPING

Planting • Mulching • Sodding

Patios • Decks • Driveway Sealin
Asphalt • Retaining Walls

703-863-7465

Remodeling Interior,

Bathrooms, Kitchens,

Floors. Ceramic Tile Painting, Decks,

Fences, Additions

240-603-6182

CLEANING

Monday Noon

#### A CLEANING SERVICE

Since 1985/Ins & Bonded

**Quality Service at a Fair Price** Satisfaction Guaranteed-Angies List 2011-Super Service Award! Comm/Res. MD VA DC

acleaningserviceinc.com 703-892-8648

ELECTRICAL

ELECTRICAL

K&D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE

Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc...

Licensed/Bonded/Insured

Office 703-335-0654 Mobile 703-499-0522

Mr. Electric of Reston



\$20 OFF **Any Service** Not valid with any

Free Estimate & Free Home Safety Checkup

703-828-2281 www.reston.mrelectric.com

Locally Owned and Operated Franchise Licensed & Insured

**GUTTER** 

**GUTTER** 



IMPROVEMENTS IMPROVEMENTS



#### **R&N Carpentry**

**+BASEMENTS →BATHS →KITCHENS** Foreclosure specialist/Power washing

**◆Exterior Wood Rot More!** Deck & Fence repair, Screen Porches

No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

#### R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827 Fax: 703-830-3849 E-mail: rncontractorsinc@gmail.com www.rncontractors.com

#### IMPROVEMENTS IMPROVEMENTS

Picture Perfect Home Improvements (703) 590-3187 www.pphionline.com

#### Remodeling Bathrooms, Kitchens & Basements

- FREE Estimates • FAST & Reliable S
- Exterior & Interior Repair,

The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL,

• All Concrete work

**Grading Solutions** 

Retaining Walls
 Patios

• Decks • Porches (incl.

screened) • Erosion &

• Driveway Asphalt Sealing

French Drains • Sump Pumps

PAINTING. CERAMIC TILE. CARPENTRY. POWER WASHING & MUCH MORE

- EASY To Schedule • NO \$\$\$ DOWN!

<u>Available</u>

Insured

- Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks

<u>Handyman Services</u>

You have tried the rest - NOW CALL THE BEST!!

703-441-8811

**A&S Landscaping** 

703-863-7465

**LICENSED** 

Serving All of N. Virginia

LAWN SERVICE LAWN SERVICE

PINNACLE SERVICES, INC.

LAWN SERVICE

**MOWING, TRIMMING, EDGING,** 

**MULCHING & TRIM HEDGES** 

Friendly Service for a Friendly Price

703-802-0483

adly serving Northern VA - 46 yrs. exp
We Accept VISA/MC

"If it can be done, we can do it"

**ANGEL'S HAULING** 

Junk Trash Removal, Yard/Construction Debris, Garage/Basement Clean Out, Furniture & Appl.

HAULING

**AL'S HAULING** 

Junk & Rubbish

Concrete, furn., office,

yard, construction debris

Low Rates NOVA

703-360-4364

703-304-4798 cell

7 DAYS A WEEK

#### TREE SERVICE

ANGEL'S TREE REMOVAL Brush & Yard Debris " Trimming & Topping Gutters & Hauling

**PAINTING** 

**PAINTING** 



We make choosing the perfect paint color easy!

703-241-8548

ArlingtonColorConsultants.com

### <u>Ouality Tree Service & Landscaping</u>

Reasonable prices. Licensed & insured Fall Clean Up...

Tree removal, topping & pruning. shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning retaining walls, drainage problems, etc. 20 yrs. of experience - Free estimates 703-868-5358

24 Hour Emergency Tree Service

# FRESH CUT SOD

ALL WINTER!

**Homeowners & Landscapers** CHANTILLY TURF FARMS, INC. Tel. (703) 327-0908 www.chantillyturffarms.com

MASONRY

MASONRY

# ALBA CONSTRUCTION INC.

**CONCRETE WORK** Licensed • Insured

Driveways • Patios • Exposed Aggregate

Sidewalks • Carports • Pool Decks • Garages Flagstone • Brick• Stonework

703-204-0733

The biggest things are always the easiest to do because there is no competition.

-William Van Horne

#### For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnews papers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connection newspapers.com



# Long & Foster's Tysons Office Designated as a Toys for **Tots Collection Site**

ong & Foster Real Estate, Inc., announced that its Tysons Corner office launched its annual toy drive to benefit the U.S. Marine Corps Reserve's Toys for Tots campaign on Nov. 13. Toys may be dropped off seven days a week from 9 a.m. to 5 p.m. at Long & Foster's Tysons Corner office, located at 8227 Old Courthouse Rd., Vienna. All donations must be made before Dec. 18.

Long & Foster offices throughout the Mid-Atlantic region are participating in the Toys for Tots donation drive. This year marks the company's 23rd year participating in the holiday collection campaign. Between now and mid-December, each of Long & Foster's more than 180 sales offices throughout seven states and the District of Columbia will accept toy donations. Long & Foster employees at the company's home office in Chantilly, Va., will also participate in the annual holiday campaign.

Once the toys are collected and presented to the U.S. Marines, they are distributed through churches and social welfare agencies to the neediest children throughout the community.ºStarted by the U.S. Marines in 1947, the Toys for Tots campaign is an annual toy collecting drive that now reaches throughout 50 states, Washington, D.C., and Puerto Rico.

Last year, the Marines reported the Toys for Tots campaign realized its greatest revenue ever at \$270 million and enabled them to distribute more than 16.8 million toys to more than 7 million children. Long & Foster contributed to this effort by collecting thousands of new toys throughout the company's Mid-Atlantic footprint in 2012.

For information on this year's Toys for Tots Campaign, call 703-556-8600 or visit www.toysfortots.org.

Week in Vienna

### Residents, Business Recognized For **Beautification Efforts**

Vienna's Community Enhancement Commission recognizes town residents and businesses who demonstrate an ongoing effort to enhance the appearance of their residence or business with Beautification and Beauty Awards.

On Nov.18, five families and one business were recognized for their beautification ef-

- ❖Spokes, Etc., 224 Maple Avenue E Wall Mural
- ❖The Belvins Family, Center Street S— Halloween Decorations
- ❖The Coles Family, Adhi Road SE Halloween Decorations ❖The Markley Family, Locust Street SW
- Halloween Decorations ❖The Matalas Family, Glyndon Street SE - Fall Decorations
- ❖Vilardo Family, Pleasant Street SW -Halloween Decorations

# HAVE A SAFE AND HAPPY THANKSGIVING!



# JD CALLANDER

Top 1% of Realtors Nationwide Wall Street Journal - Top 100 Agents (703)606-7901

> JD@newNOVAhome.com www.newNOVAhome.com



# # 1 AGENT - COMPANYWIDE



#1 Listing Agent #1 Selling Agent #1 Total Volume #1 Total Transactions Weichert, Realtors (Dolley Madison Office)



BEAUTIFUL in Franklin Park!

Sought-after Chain Bridge Heights!

Fabulous Chesterbrook Woods!



6331 Kensington Street, N.

McLean Listed for...\$1,075,000

ABUNDANCE of character, charm & space in this

5br/3.5 bath home with contemporary flair! Main level library w/ built-ins; MBR suite w/ private balcony!

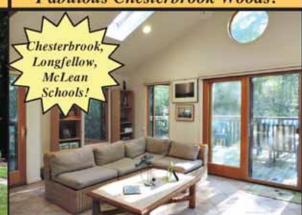


4111 River Street, N.

McLean Listed for....\$1,050,000

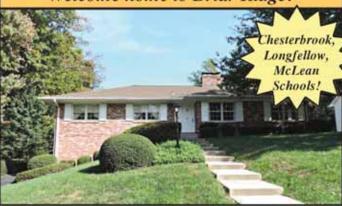
(PACIOUS 5 br/3 5 bath home on 3 levels; undated re-

SPACIOUS 5 br/3.5 bath home on 3 levels; updated roof, furnace; large room sizes throughout; gleaming hardwood floors; fenced-in yard; 2-car garage; Great location!



1705 Woodman Drive
McLean \*Recently Re-Priced\*...\$899,000
DRAMATIC open and grand contemporary
home featuring 4br/4.5 baths at the end of a
cul-de-sac! Sunroom and skylights! .43/acre lot!

#### Welcome home to Briar Ridge!



McLean \*Recently Re-Priced\*...\$969,000

\*\*GORGEOUS .44 acre LOT\*\* Don't miss this
fantastic 4 br/3 full bath home in super location
moments to Chesterbrook Shopping Center! Gleaming
hardwoods; 3 gas frpls; fin walkout LL; 2-car garage!





Falls Church \$699,000



Falls Church City \$1,027,200





Arlington/Falls Church City \$679,000

CALL ME TODAY TO SCHEDULE A PRIVATE SHOWING OR FOR A FREE ANALYSIS OF YOUR HOME'S VALUE! (703) 606-7901

