



Junior Emma Lark (left) and senior Tori Donahue with some colorful, Christmas cookies.



Senior Mahna Ghafari (left) and junior India Mazzaro had fun packing the cookies into boxes.



Holding some of the homemade cookies they packaged are (from left) seniors Connor Rogers and Nicole Vinson, plus junior Manoo Ebrahimi.

PHOTOS BY BONNIE HOBBS/CENTRE VIEW



Sophomore Kelly Lazor (left) and freshman Tally Lott box up some cookies to be delivered to families in need.

## Colorful Christmas Cookies Contributed

Last Wednesday, Dec. 11, each Westfield High SGA member brought in three dozen homemade cookies to package and donate to Our Neighbor's Child. A box of cookies is given to each family in need receiving Christmas gifts from ONC. The 130 students in SGA packaged more than 4,600 cookies.



A close-up of some of the cookies baked by Westfield High SGA members.

## Honoring Supporters And Giving Thanks

CLRC celebrates second anniversary.

BY BONNIE HOBBS  
CENTRE VIEW

The Centreville Labor Resource Center (CLRC) has been open two years now, making a difference in the lives of the day laborers it serves. And on Saturday, Dec. 7, those involved in the center celebrated its anniversary.

"We give thanks for the center's second anniversary and for all the many blessings, hard work and caring hearts and hands that come together in this place," said the Rev. Marci Huntsman, giving the invocation. Noting the bonds that have developed between the center and local residents, she also thanked God "for the sense that we are, more and more, one world and that this feeling radiates out into the community."

Before the CLRC opened in the Centreville Square Shopping Center, day laborers stood on the street corners and employers hired them from there. But many didn't get work and, often, some who did were cheated out of their wages by employers refusing to pay them after the job was done.

Things have improved since then. And about 60 local residents have sought jobs at the CLRC in this difficult economy. During the anniversary celebration, center Director Roberto Fernández updated attendees on the CLRC's progress.

"We've had a very successful year," he said. "It was my first as



Roberto Fernandez and Alice Foltz enjoy the festivities.

director, and it's been an amazing experience because of the volunteers. I also thank the workers, who've been de-stigmatized a little by this. And their community outreach helps people learn they have nothing to fear from them."

He said the center has seen a 38-percent increase in registered workers since 2012 and now has 486. "We've also had about a 67-percent increase in employers, most from word of mouth," said Fernández. "This year, we've had 843 jobs arranged through the center."

The Centreville Immigration Forum is responsible for the center's continuing operation, and CIF President Alice Foltz praised its board of directors. "We really appreciate all the hard work put in, year 'round, by the board," she said. "The work it does is essential and we're grateful for it."

Fairfax County Board of Supervisors Chairman Sharon Bulova and Supervisor Michael R. Frey (R-

SEE ANNIVERSARY, PAGE 2

U.S. POSTAGE  
PAID  
MARTINSBURG, WV  
PERMIT #86



# Labor Resource Center Celebrates Second Anniversary

FROM PAGE 1

Sully) were on hand to help recognize some of the CLRC's staunchest supporters.

"Congratulations and thanks," Bulova said. "This center is exactly the kind of place we need in Fairfax County. This is what's needed to help people trying to find work and feed their families."

Then, addressing Frey, she said, "This was a brave thing for you to do, to support this center. [The idea of] this was not without controversy, and I personally thank Mike for his role. Politically, it wasn't easy, but it was the right thing to do. This is a model for how we should treat day laborers."

Next, Foltz presented framed certificates to several people. First were Ellen Cobb Church, owner and CEO of Craver Mathews Smith, and her son Adam. "Throughout her career in marketing, Ellen has dedicated herself to advancing the movements that drive social change," said Foltz. "She and her son have been strong supporters of CLRC since Ellen joined the CIF Advisory Council in 2012."

This year, they designed, produced and donated a new brochure for the center and are conducting a mass-mail campaign to spread awareness, not just to Centreville, but also to Chantilly and Fairfax. It lets people know they can hire workers at the center and can donate to CIF, as well.

Dr. Tong Soo Park and his volunteers at Grace Community Center were also honored. A member of Korean Central Presbyterian Church, Park established a free clinic in Centreville for people in need. It opened in September and its patients have included workers from the CLRC.

Park specializes in neonatal-perinatal pediatric medicine at Inova Fairfax Children's Hospital. And, said Foltz, "This award goes not only to Dr. Park, but to the

entire volunteer team at Grace Community Center, for their dedication and faith in bringing this blessing — serving those without other options for medical care."

CIF assistant treasurer Cari Lin was recognized for her "faithful and conscientious work, so essential to our continuing mission," said Foltz. With a background in economics and accounting, Lin volunteered for this post; she records and acknowledges all donations and helps prepare the monthly treasurer's reports.

**ALSO HONORED** was Fernández. Sharing some of his experience, Foltz said he'd served three years with the Peace Corps in the Dominican Republic, organized Fair Trade groups and volunteered with Haitian refugees immediately after the 2011 earthquake.

Besides his organizational and data-managing abilities, she said, "Even more important is Roberto's valuing of the contributions of every worker. He understands that the center belongs to the workers, themselves, and he works to build their leadership and expand their opportunities to be self-sufficient members of the community."

Molly Maddra, CLRC's outreach and training coordinator, was feted, as well. She's been with the center two years, serving as interim director while obtaining a master's degree in global affairs. "Molly's experience as a volunteer organizer with Tenants and Workers United, and her warm personality, are essential to CLRC's outreach," said Foltz. "Her skill, energy and positive attitude bring both workers and employers back to the center, again and again."

"The workers know she understands and respects them and can both listen and lead," continued Foltz. "Now she's busy setting up classes and encouraging new and older workers to build their skills,



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

From left are Michael Frey, Adam and Ellen Church, Alice Foltz and Sharon Bulova.

but she always has time for stories and laughs."

Frey said opening this center "took a lot of faith and commitment. This was a community problem, not a federal issue, and we could address it at our level. And with Alice, the faith partners and other partners, plus Al Dwoskin [who donated the space for the CLRC], this has been a huge success. Two years into it, it continues to grow — and that's a tribute to the community — so thank you all."

However, added Foltz, "We do need everybody's continuing support, financially and by volunteering, to keep this place open. So please keep us in mind."

The Rev. Stefan Starzynski of St. Timothy Catholic Church then gave the closing prayer. "I was thinking of Nelson Mandela and how one man chose love over hatred, mercy over revenge, and helped heal a country and so much



From left are Michael Frey, Alice Foltz, Sharon Bulova and Dr. Tong Soo Park.

of the world," he said.

"Diversity of cultures is beautiful. May God bless all of you for helping restore dignity to people who may have forgotten their own

dignity. And if one man can heal a nation, what can one group do? May God bless all the volunteers, workers and benefactors of this center."



From left are Cari Lin, Michael Frey, Alice Foltz and Sharon Bulova.



From left are Roberto Fernández, Michael Frey, Alice Foltz and Sharon Bulova.



From left are Michael Frey, Molly Maddra, Alice Foltz and Sharon Bulova.





From left: Tammy Hagemeyer of Virginia Run; Estela Chavarria, Faircrest, and Lorina Taylor, Virginia Run, choose presents to fulfill children's gift wishes.



Greenbriar's Barbara Levermann and Juliana Alonso of South Riding help out on packaging day.



Checking the families' toy lists are (from left) Jacqueline Wood, Virginia Run; Cindy Kanode, Oak Hill; Leigh Weed, Clifton and Sue Harpe, Oak Hill.

# ONC Volunteers Make Holidays Bright

On Dec. 12, a slew of volunteers helped package presents for each of the more than 700 local families on Our Neighbor's Child's holiday gift list.



From left: Marni Rochkind, Madeline Weaver and Ellie Kraselsky lend a hand at the ONC warehouse.



Picking out just the right gifts are (from left) Virginia Run's Chris Capote and Carole Gunn.



Oak Hill's Kerrie Peterson moves a batch of special-request items from one room to another.



Standing by the bicycles is Lees Corner Elementary counselor Rachel DiBartolo.



Charles Van Lahr of Virginia Run checks his list to make sure each family's gifts are in their bags.



Leslie Dominy and Mickey McDermott take a break to pose with a penguin. They make sure the right gifts go into the right bags and check that they're labeled with each family's ID number, plus how many bags they're receiving.



Virginia Run's Beth Cleveland (left) and daughter Megan, a 2008 Westfield High grad now attending the University of Mississippi Medical Center, give out batteries for the toys.

PHOTOS BY  
BONNIE HOBBS  
CENTRE VIEW



## ROUNDUPS

### Franklin Farm Bank Robbed

Fairfax County police are looking for the person who robbed a bank, Sunday afternoon, in Franklin Farm. The incident occurred Dec. 15, shortly before 3 p.m., at the PNC Bank inside the Giant Foods store at 13330 Franklin Farm Road.

Police say a man approached a teller, made a vague threat and demanded money. An undisclosed amount of cash was handed over and he fled; no one was injured.

The suspect was described as white, 35-45 years old, 5 feet 5 inches to 5 feet 7 inches tall, 160-180 pounds and having brown hair. He wore a dark jacket, gray hat, sunglasses and gloves.

Anyone with information is asked to contact Crime solvers at 1-866-411-TIPS/8477, e-mail [www.fairfaxcrimesolvers.org](http://www.fairfaxcrimesolvers.org), text "TIP187" plus a message to CRIMES/274637 or call police at 703-691-2131.



**Suspect**

### Man Robbed in Clifton

Fairfax County police are seeking the people who robbed a man, Friday night, in the 6100 block of Clifton Road. According to police, the victim had just parked his vehicle, at 9:50 p.m., when two men approached and demanded money. One of the men displayed a handgun and shot out a window on the victim's vehicle.

Both men then stole cash and property from the victim and fled in a blue sedan. There were no injuries. The suspects were described as black, ages 17-20, and wearing black clothing and masks.

### Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Dec. 19, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

### Don't Drink and Drive

As the holidays approach, Fairfax County police reminds everyone not to drink and drive. SoberRide is offering a free cab ride home every night until Wednesday, Jan. 1, 2014.

So anyone heading out to enjoy a holiday gathering is urged to designate a driver or call SoberRide at 1-800-200-TAXI between 10 p.m. and 6 a.m. to get home safely. (AT&T customers dial #9727). For more information, go to <http://www.wrap.org/soberride/>.

### Learn about Unsolved Crimes

The Fairfax County Police Department's Cold Case Unit will be the topic at the next meeting of the Sully District Station's Citizens Advisory Committee. It's set for Wednesday, Jan. 8, at 7:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly.

Attendees will get a look at the Cold Case Unit's tools, techniques and investigative methods as its members pursue and resolve long-standing homicides, search for missing persons and handle other complex cases. The public is welcome.

### How to Help the CLRC

The Centreville Labor Resource Center (CLRC) needs volunteers to lead vocational training workshops to increase the workers' job skills. A Wednesday morning ESOL instructor is also needed; contact Molly Maddra at [coordinator@centrevilleLRC.org](mailto:coordinator@centrevilleLRC.org) for more information.

In addition, end-of-year contributions to CLRC may be made at [www.centrevilleimmigrationforum.org](http://www.centrevilleimmigrationforum.org). The organization is supported totally by grants and donations; it receives no government funding.

## NEWS

# Helping Someone Have a Home

## Habitat for Humanity renovates house in Centreville.

BY BONNIE HOBBS  
CENTRE VIEW

**N**ot everyone has the money to buy a home. But thanks to Habitat for Humanity of Northern Virginia (HHNV) and some willing volunteers, a family will be able to buy a house in Centreville at an affordable price.

It's on Saguaro Place in The Meadows community and, on a recent weekday, 15 people were hard at work renovating and repairing it to make it livable. Built in 1971, it's a two-story, three-bedroom house.

"This property is in the National Neighborhood Stabilization program," said Romana Sanchez, HHNV's construction director. "It was foreclosed and, since banks give us the first right of refusal, we purchased this one. Structurally, it was fine, but it was otherwise in disrepair."

Although people had lived in the house, the kitchen wasn't functioning. "We started the demolition in May," said Sanchez. "We pulled everything out of the kitchen and bathroom and took out all the kitchen drywall and all the damaged doors. We also replaced the windows, heating and air conditioning."

The electrical wiring was brought up to code and the plumbing repaired. "There was a huge leak under the kitchen sink and in the upstairs bathroom," said Sanchez. "We subcontract out the mechanical, plumbing and electrical work, and it's done either pro bono or at a discount."

The Habitat crew and their volunteers have been working here two days a week because they're working on other, similar projects at the same time. Eventually, Habitat's family-selection committee will choose a family that's applied for a Habitat house and then that family will buy the Centreville house.

"We provide affordable homes for first-time homebuyers," said Sanchez. "Because we get monetary contributions, in-kind services donated and our labor is free, we keep the cost of the home down."

"I enjoy working with the volunteers and homeowners — who also put in sweat-equity hours," she continued. "And it's rewarding seeing a family move into a home they'd otherwise be unable to purchase."

Habitat's dedicated volunteers are called the sandlot; they're usually retirees and many have been with the organization for 15-20 years. They lead the corporate or community volunteers in



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

**Janice Henry (left) and Tiffany Hines paint the stairwell.**

the day's work. And on a recent Thursday, four sandlot members, two Habitat staff members, one Americorps volunteer and eight volunteers from Reston's FM Global Corporate Property Insurance Co. worked together on the Centreville home.

"It's been completely gutted and we're remodeling it," said Habitat's volunteer-manger, Erica Painter. "We put up drywall, primed the upstairs and downstairs and, today, we're painting the walls. I'm lucky because I get to do this full time. The rewarding part is being able to connect people looking for an opportunity to give back with those needing help."

"I've always wanted to work with Habitat for Humanity," said FM Global's Susan Godshall. "FM Global is generous and gives us a volunteer day every year, and I'm part of our volunteer committee at work that finds ways for people to help in the community."

That day, she painted the kitchen and the upstairs baseboards and windowsills. "We've already painted the majority of the downstairs, including ceilings, and it looks really good," she said. "It's great seeing the transformation already. It's pretty awesome knowing that what we're doing will benefit someone who's going to live here — that's a good feeling."

After all, added FM Global's George Plesce, "What's better than helping someone have a home? I painted downstairs, too, and did some caulking. It was fun helping out and doing something with my coworkers."

The project appealed to Mercedes Powers, who primed and painted the living room and detailed the corners. "Habitat for Human-



**Spackling inside a closet is AmeriCorps member Chris Orkwis.**

SEE HELPING, PAGE 15



# Pit-bull Gets Prosthetic Paw

Chantilly man gives new life to dog nailed to railroad tracks.

BY STEVE HIBBARD  
CENTRE VIEW

After three dogs were nailed to railroad tracks in Albany, N.Y., last year — in a tragedy that caused a national stir — a Chantilly man responded by building four separate prosthetic paws for one of the pit-bulls. The third animal died from the trauma, and the culprit was prosecuted and charged with animal cruelty.

The dogs are a brother-and-sister pair named Hudson and Pearl. The man is Derrick Campana, 34, of Animal Ortho Care, LLC, in Chantilly, who builds mobility devices for pets — such as carpal, tarsal and stifle (knee) braces.

Campana recently drove to New York to refit Hudson's back paw (left metatarsal phalange), which had to be amputated. The procedure normally costs about \$600, and Campana spent \$3,500 of his own money, but did it all free of charge. Pearl lost two

toes in the tragedy, but Campana didn't work on her paws.

"It's just one of those cases that pulled at the heart strings," he said. "I just thought I could help."

The dogs were rescued by the Mohawk Hudson Humane Society and a contest was held to adopt them; two different families ended up with them. There's a Facebook page devoted to their story, and Lisa Mountjoy of Fairfax is one of its local followers who brought this to Centre View's attention.

Campana responded to Dr. Tom Bowersox of New York who originally worked on the dogs. The first go-round he used prosthetic paws from a Canadian company but wasn't happy with the results. So he found Campana and sent a cast of Hudson's leg to him who then custom-fabricated the prosthetics for him.

Campana is one of eight specialists from around the world who works on making casts and mobility devices for animals. He started his business in 2005 in Vienna after studying kinesiology at Penn State, and getting a certificate in Prosthetics and Orthotics from Northwestern. He sends cast molds all over the world — Russia, China, and India — as 75 percent of his business is non-

local. He said that 80 percent of his work is for ACL ruptures (or CCL) in dogs' legs. And most are osteosarcoma (cancer).

While in New York, Campana said Hudson had been using a temporary prosthetic before that was too springy. "So I had to make one with a little more resistance," he said.

"He walked really well, considering his diagnosis, so we were really happy with it."

Then Campana got to watch him run on all fours, which he says was great. He says that next he's going to build a brace for Hudson's other limb.

"The goal is to force him to put more

weight on his prosthetic side," he said.

Overall, Campana is pleased with the results. "He's continuing to improve," he said. "The trip was a success because I got to meet him and evaluate him first-hand."

For details, call Animal Ortho Care at 703-474-6204.



Brother and sister pit-bulls Hudson and Pearl.

**GOOSE CREEK COACHING**  
Redefining Help | Children • Teens • Adults • Families  
Life Coaching • Mental Health Coaching • Career Coaching • Psychiatry

**Winter Blues?**

- Feeling Tired
- Difficulty Concentrating
- Hopeless
- Anxious
- Oversleeping
- Feeling Withdrawn
- Losing Interest
- Appetite Change

While we know that the holiday season is a time of joy for many, we also realize that others are struggling. Our clinicians are dedicated to helping people through the difficulties of the winter season. We provide help with mental health, career, life and a variety of other issues. If you or someone you know needs help, call us today.

**NIGHT & WEEKEND APPOINTMENTS AVAILABLE**

(703) 574-6271  
www.goosecreekconsulting.com/SAD.php

**REGISTERING FOR WINTER CLASSES**

**The Nutcracker Performances**  
Dec. 20th at 7 PM—Freedom H.S. (South Riding, VA)  
Dec. 22nd at 2 PM & 7 PM—Fairfax High School  
Nutcracker tickets half price with this ad through December 15th. Please call 703-425-9400 to reserve your tickets.

**Swan Ballet Dance Schools**  
Since 1980

Ballet • Pointe • Jazz  
Tap • Lyrical • Modern  
Hip Hop • Kinderdance & Baby Swans (Ages 2-4)

Beginner to Advance Classes for Children, Preteens, Teens & Adults

**Swan I: Fairfax**  
9416 Main St.  
Fairfax, VA 22031  
703-425-7847/703-425-9400

**Swan II: Chantilly**  
13655 Lee Jackson Hwy.  
Chantilly, VA 20151  
703-803-8877

**www.swanballetdanceschools.com** swanballetdance@aol.com

Swan Ballet believes that dance is one of the most beautiful and expressive art forms ever conceived. Our school combines the discipline and technique of dance in a joyful, supportive, and creative environment.

**New classes now forming for winter!**  
Registration Ongoing; call Today  
**703-425-9400**

**KMA Junction Trains**  
Model Train Supplies  
Lionel Authorized Dealer  
MTH Electric Trains

**Trains & Accessories for the Entire Family**  
O, O27, HO & N Gauge Trains  
**ALL O GAUGE ENGINES ON THE RAIL & MORE - SPECIAL SALE!**

**Christmas Hours:**  
Mon.-Fri.: 10-6  
Saturday: 10-5  
Sunday: 12-5

**9786 Center St.  
Manassas, VA 20110  
703-257-9860**

www.kmajunction.com

**\*\* Stop by and see our Display \*\***

VISA MasterCard DISCOVER

For a free digital subscription to one or all of the 15 Connection Newspapers, go to **www.connectionnewspapers.com/subscribe**

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: [goinggreen@connectionnewspapers.com](mailto:goinggreen@connectionnewspapers.com)

**CENTRE VIEW**

**KOREA'S BEST-LOVED, EUROPEAN-STYLE BAKERY**  
**IS NOW OPEN IN CENTREVILLE!**

**TOUS les JOURS**  
AUTHENTIC BAKERY

Korea's leading, authentic Euro-style bakery. The specially designed store allows customers to watch chefs produce everything from the signature TLJ croissant, to healthy, rustic multi-grain breads, to fancy cream cakes exquisitely decorated before your eyes. TLJ will serve daily-baked premium breads, cakes and pastries and coffee daily.

**Bread • Pastry • Cake  
Doughnuts • Drinks**

**13834 BRADDOCK RD, CENTREVILLE, VA 20121 • 703-830-8300**



# Preserve 3-2-1 for Housing

**Housing for all income levels near transit supports vibrant communities and job growth, reduces traffic.**

BY MICHELLE KROCKER  
AND JIM EDMONDSON

In the latest edition of The Herrity Report, Springfield Supervisor Pat Herrity proposed “redirecting developers’ \$3 per square foot contribution for buying rent-controlled housing units into a trust fund to pay for public school renovation and construction.”

The report proceeds to make several unsubstantiated claims regarding the number of people living in subsidized housing and the growth in both the number of subsidized units and number of households in Fairfax County. However as in the past, The Herrity Report does not provide the full picture of the housing policy under discussion, and misrepresents the facts.

The Board of Supervisors adopted its housing policy in 2010 as a part of the larger plan

for the redevelopment of Tysons. It is now under consideration, at the request of the board, for application in other designated high density, transit and business centers in the rest of the county. Called the ‘3-2-1’ policy, the proposal by county staff would apply a contribution from commercial development to support the construction of workforce housing in the transit or business area, as it does in the Tysons plan. The contribution would be applied on a sliding scale based on a proposed development’s proximity to a transit station. This proposal will go before the Planning Commission and then the Board of Supervisors in the first quarter of 2014.

Why is this policy important?

❖ To accommodate projected job growth and remain competitive within the region, it is important to ensure housing opportunities for the workforce of the future at all income levels;

❖ Developing housing at transit stations and adjacent to employment centers encourages use of mass transit, walking and biking which can lead to fewer cars, and less congestion; it also enhances Metro revenue and reduces the pressure on local government to provide subsidies for the system;

❖ Linking commercial development (jobs) and housing via a linkage program is an acknowledged “best practice” in hundreds of communities across the country to ensure an

adequate supply of housing to support job growth.

❖ It recognizes the changing preferences of workers/taxpayers/voters, particularly young people, to live near where they work.

The proposed policy anticipates that the contributions will be made to a housing trust fund used by the county to leverage private sector financing to develop the needed housing.

The housing that is constructed will not be owned or purchased by the county. In fact, very little of the affordable housing in the county is owned by the government.

Securing decent housing that is affordable remains a challenge for Fairfax County households earning less than \$60,000.

Meeting the growing needs of our school system is also an important issue. Both education and safe, decent housing are fundamental to the well-being of our community, and residents want leadership that seeks to find workable solutions. Failing to recognize the importance of both and pitting one issue against the other are not the answers, and the citizens of Fairfax County deserve better from elected officials.

*Michelle Krockner is executive director, Northern Virginia Affordable Housing Alliance. Jim Edmondson is president of AHOME, which promotes affordable housing opportunities for families at all income levels.*

GUEST  
EDITORIAL

## LETTER

## A Family’s Homelessness

To the Editor:

One of Centreville’s Virginia 6A State Champion football players lives in a homeless shelter with his mother and the youngest of his six siblings. Although he lives in the shelter, he remains disciplined to attend school and excels both in the classroom and on the football field. The player and his family have fallen on hard times and we would like to help them.

The senior has only played football for two years, but he was recently named second-team all-Concorde District. Last Saturday, at the University of Virginia, he and his teammates captured the State Championship and completed a perfect 15-0 record. The Wildcats finished as the top ranked school in the state and the #21 ranked high school football team in the nation.

A site, with a link to a Washington Post article written on Dec. 7 about him and his family, has been established to allow contributions to help.

Please join us in helping this family get back on their feet. The URL to contribute is: <http://www.gofundme.com/5odq40>.

Although the “goal” on this website says, “\$25K”, we hope to raise between \$75K and \$100K. After all, Fairfax County is the second wealthiest county in the country.

Let’s show this family what caring is all about.

**The Centreville Wildcat Nation**



## Coaching with Grace and Compassion

**At the top, center, Centreville High Quarterback Coach Chris Dizebba and Head Varsity Football Coach Chris Haddock comfort Oscar Smith High’s No. 65, Andrew Brown, National High School Player of the Year, after the Wildcats beat his team, Saturday, 35-6, for the state championship. “This is why our community loves the CVHS coaches and the program they’ve built since 2010,” said Centreville parent Karen Fulkerson. “They care, and they always support, no matter who you are. They also know exactly how unimportant any individual win or moment is; it’s the overall collection of moments in life that matters.”**

# CENTREVIEW

NORTHERN EDITION

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

@CentreView

Newspaper of  
**Chantilly / Fair Oaks  
Fair Lakes**  
A Connection Newspaper

*An independent, locally owned weekly  
newspaper delivered  
to homes and businesses.*

**Published by  
Local Media Connection LLC**

**1606 King Street  
Alexandria, Virginia 22314**

*Free digital edition delivered to  
your email box. Go to  
[connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)*

**NEWS DEPARTMENT:  
To discuss ideas and concerns,  
Call: 703-778-9410  
e-mail:  
[centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com)**

**Steven Mauren**  
Editor, 703-778-9415  
[smauren@connectionnewspapers.com](mailto:smauren@connectionnewspapers.com)

**Bonnie Hobbs**  
Community Reporter, 703-778-9438  
[bhobbs@connectionnewspapers.com](mailto:bhobbs@connectionnewspapers.com)

**ADVERTISING:  
For advertising information  
e-mail:  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)**

**Karen Washburn**  
Display Advertising, 703-778-9422  
[kwashburn@connectionnewspapers.com](mailto:kwashburn@connectionnewspapers.com)

**Kim Taiedi**  
Display Advertising, 703-778-9423  
[ktaiedi@connectionnewspapers.com](mailto:ktaiedi@connectionnewspapers.com)

**Andrea Smith**  
Classified Advertising, 703-778-9411  
[asmith@connectionnewspapers.com](mailto:asmith@connectionnewspapers.com)

**Debbie Funk**  
National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**Editor & Publisher**  
Mary Kimm  
703-778-9433  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
@MaryKimm

**Executive Vice President**  
Jerry Vernon  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor in Chief**  
Steven Mauren  
**Managing Editor**  
Kemal Kurspahic  
**Photography:**  
Deb Cobb, Craig Sterbutzel  
**Art/Design:**  
Laurence Foong, John Heinly  
**Production Manager:**  
Geovani Flores

**Special Assistant to the Publisher**  
Jeanne Theismann  
703-778-9436  
[jtheismann@connectionnewspapers.com](mailto:jtheismann@connectionnewspapers.com)  
@TheismannMedia

**CIRCULATION: 703-778-9426**  
**Circulation Manager:**  
Linda Pecquex  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)

A Connection Newspaper

**2012** Virginia  
**AWARD** WINNING  
**NEWSPAPER** PRESS  
Association





**Tucker Winfrey with his family and girlfriend outside Floris United Methodist Church second weekend after returning home from Shepherd Center.**



**Tucker Winfrey and his mother, Roxanne Winfrey, at the Shepherd Rehabilitation Center in Atlanta, Ga.**

PHOTOS CONTRIBUTED

# Life Turns on a Dime

After 'hitting a wall of sand' on the beach on July 23, Tucker Winfrey, Westfield High School grad, and his family have been 'overwhelmed by the goodness and generosity of the people around them.'

BY ROXANNE WINFREY

Expressions like "Life can turn on a dime" or "In a New York minute" don't have much gravity until it really happens to you or someone you love ...

On the morning of July 23, Tucker Winfrey was a carefree 18-year-old. He had just graduated from high school where he was an accomplished lacrosse player and budding artist. He, along with his family and his girlfriend, Hallie, was enjoying a week at the beach. It's hard to say what was on his mind when he woke up, but it likely wasn't more dramatic than what he planned to do later that evening or the next day. Just hours later, the proverbial "dime" turned and Winfrey's life changed forever.

It happened at the beach. Tucker and Hallie were in the surf. He decided to dive down and tickle her toes. Tucker described what happened next as "hitting a wall of sand." He immediately lost feeling in his legs and arms and questioned if he would have enough oxygen to survive as he floated face down in the ocean. Fortunately, he was rescued and revived on the shore.

**TIME BLURRED.** Tucker was transported to a regional hospital and then airlifted to Washington Hospital Center in D.C. For the next three weeks, he fought for his life. The fracture of the C4 disk had left him a quadriplegic. Breathing was the big issue. He fought for every breath as his diaphragm muscles, compromised by the paralysis, and his lungs, repeatedly filling with thick mucus-like secretions in response to the salt water he had inhaled, struggled to work.

Eventually, a tracheotomy was performed and Tucker was connected to a ventilator that could breathe for him when he tired. Somehow, through the combination of his own strength and drive, the heroic efforts of his medical team, and the prayers of family and friends, Tucker emerged from this life-threatening battle and embarked on the next phase of his recovery. Tucker's physical condition at this point in time was such that he could not move his arms or his legs.

With the tracheotomy still in place, Tucker and his mom were transported to the Shepherd Center in Atlanta, Ga. on Aug. 14. Shepherd is a spinal cord rehabilitation center that specializes in working with young people such as Tucker. He worked daily at rebuilding his body and learning to cope with his new reality.

He bravely confronted his first challenge, learning to operate his motorized wheelchair using puffs of air breathed into a straw. The work was harder than anything he had ever had to do. The rewards of physical therapy came slowly. A small muscle twitch was cause to rejoice for it meant that perhaps, just maybe, control of the muscle movement might follow. Tucker spent 2 1/2

months at Shepherd and will return to Atlanta in January to continue his rehabilitation as an outpatient. To date, Tucker has been successful in regaining control of some of the large muscle groups in his upper body and is now able to use movement in his shoulder to manually operate his electronic wheelchair. Through daily rehab Tucker's strength continues to improve and his arm and shoulder muscles allow him to scratch an itch, use his iPhone, and feed himself with the use of adaptive utensils.

Life therapy is as important as physical therapy. At Shepherd, Tucker worked on learning how to live with his disability. Without the use of his hands, he had to tackle the once-simple task of feeding himself. Without the use of his legs, Tucker had to brave the outside world and learn to navigate the public transportation system. Each new skill he continues to master helps to build his confidence.

When family and friends first heard about Tucker's tragic accident, everyone expected that Tucker would make a relatively quick and full recovery following the surgical repair of his vertebrae and that he would bounce back on his feet in a matter of a few months' time. After all, he was young and athletic and in top condition. The reality is that the road back is going to be long and is by no means certain. Tucker's journey will be measured in years, not months.

If the tragic events of July 23, were an earthquake, the after-shock continues to reverberate. Now back at home, the family is coming to grips with their looming new financial responsibilities. They have had to undertake major renovations to their home to meet Tucker's needs. These have included the conversion of the garage into a first floor bedroom, the addition of a bathroom with special fixtures and sufficient space, the widening of doorways and hallways to ac-

commodate a wheelchair, and the construction of ramps where there once were stairs. Special equipment, such as a hospital bed, a motorized wheelchair, a Hoyer lift, and a shower chair are necessities. A wheelchair accessible van is essential for travel back and forth to therapy and medical appointments. The list continues to grow.

**ONE WONDERS** whether any good has come from this terrible tragedy. The answer is surely nothing that comes close to offsetting the bad. No one can predict whether or to what extent Tucker will reclaim his old life. However, Tucker and his family have found strength that they never knew they had and have developed a bond that they never knew was possible. They have been overwhelmed by the goodness and generosity of the people around them. From close friends and family, to their landlord who allowed them to make major renovations to their home (and generously offered to help pay for those renovations), to Home Depot and Brett Shepherd of Shepherd Construction (Tucker's friend and former boss), who underwrote and renovated the house, to Greg Hastings of GW Hastings Contracting, a former neighbor and general contractor, to the Shepherd Center that provided Tucker with a scholarship to extend his stay when the insurance money ran out, to those who have stepped up to share their experiences and encouragement, the community has rallied to lend its support. It is a blessing to know that Tucker has the support of his friends and community as he continues along the road to recovery.

The family deeply appreciates the spiritual and financial support that it has received from everyone. So many have asked how they can help.

The family asks that you continue to pray for the power of God's healing hand. For those wishing to make a donation, a trust has been established and more information about that is available on the website: [Tuckerteam.com](http://Tuckerteam.com)

Thank you for your many blessings, and continue to follow Tucker's progress on [Caringbridge.com](http://Caringbridge.com)

*Roxanne Winfrey, Tucker Winfrey's mother, shared their story with the Connection.*



**Tucker Winfrey and family dog, Shadow, after returning home from Atlanta.**



## PEOPLE

# Finding Childcare Providers

Fairfax-based Infant Toddler Family Day Care turns 30.

BY STEVE HIBBARD  
CENTRE VIEW

**T**he Infant Toddler Family Day Care Program of Fairfax helps parents find the best possible childcare provider in the area. It currently serves 360 children, and celebrated its 30th Anniversary in October, with a dinner at the Fairfax Marriott. The group has 14 employees and 150 qualified daycare providers, who work as independent contractors, spread out mostly in Fairfax County. They recruit, screen, train, approve and monitor the providers so you don't have to. The nonprofit has 10 people on its Governing Board of Directors and was co-founded by Phyllis Cassell and Ileene Hoffman.

The group screens daycare providers for you by doing background checks, criminal history checks, reference checks and home evaluations to find the best people to do job of caring for children, ages 6 weeks to 14, or 18 with special needs.

The providers come from 28 different countries and speak 15 different languages.

"We try to match the child's needs with a provider who we feel is capable of meeting those needs," said Malia Anderson, 56, a childcare specialist and events director from Armfield Farms in Chantilly. She discovered the agency when her son, now 28, was diagnosed with Williams Syndrome.

The cost for childcare varies, but is roughly \$1,200 a month for infants up to age 16 months; \$1,090 for a child over 16 months; \$600 for school-age kids, less than



**Wynne Busman (left) and Malia Anderson of the Infant Toddler Family Day Care Program.**

PHOTO BY  
STEVE HIBBARD  
CENTRE VIEW

16 hours, for before and after school. There's an hourly rate of \$10 per hour. A provider with the CDA or college certificate can take up to six children — an Infant-Toddler rule. But state licensing will allow up to 12 children, depending on the ages.

They serve children with all sorts of issues and disabilities, including Down Syndrome, hearing impairments, emotional disabilities, cerebral palsy and autism.

There's a built-in substitute system for providers who want to take a break or vacation where another provider will take over. "They have a good program of substitutes," said Ayesha Sheikh of Fairfax, a provider since 2006 with five children. "If I need to go on holidays or vacation, there are many providers who live in my area who can substitute for the kids."

They also make monthly visits to providers' homes to check on conditions; following some 120-page standards by the state of Virginia. "We do a home evaluation with

the provider to assess the safety of the environment, and tell them what they have to do to come into compliance," said Wynne Busman, 61, of Annandale. That means if they have an aggressive pet, they'd ask to get rid of it or stop doing the childcare.

Each daycare provider must complete 16 hours of training — renewable each year. They must also go through a home evaluation checklist that usually takes several visits to complete. They offer classes in CPR, First Aid, and medication administration.

"It can sometimes be challenging," said Busman. "We work very hard to help them come into compliance."

Founded in 1983, the group provides daycare workers with incentives to complete their Child Development Associate or national accreditation and/or the College Infant Toddler certificate through NOVA. They also help individuals start their own businesses with funding through the Fairfax County Consolidated Community Funding

Pool.

A program called "Childcare Plus" provides daycare during non-traditional hours, such as weekends or late evenings. They also offer conferences on the importance of movement and playing outside, for example. They also offer programs in reading, music and art activities.

Vanessa Page, 37, of Burke has been happy with her decision to use Infant-Toddler for her son Marshall, age 2. "This was not only more affordable, but I like how they have a limited number of children," she said. "The providers seem really dedicated to the children, and I didn't have to worry about high turnover, or people who were like clock-watchers."

Freida Steele of Alexandria works as a daycare provider for four babies, and calls the agency 'a pleasure.' "It puts me in a position where the families have already been looked at and checked out before they come to me," she said. "Overall, I find everybody who works in the company very attentive."

Marcela Escobar of Springfield, who has been a daycare provider since 1986, said: "It is a pleasure to work there; they really help a lot. They make us take classes; they do planning for us. It is really helpful for us."

Gina Salazar of Chantilly has worked for the company for 12 years and couldn't be happier. "I have had good experiences with different children," she said of her youngsters from China, India, Honduras and Guatemala.

For more information, call 703-352-3449 or visit the website at [www.itfdc.com](http://www.itfdc.com).



PHOTO CONTRIBUTED

## Collecting Toys to Donate

**Poplar Tree Elementary hosted a giving tree for Our Neighbor's Child, collecting toys for local families in need. Pictured with some of the toys received are Assistant Principal Hallie Dillon and Principal Sharon S. Williams (far right) with SCA officers (from left) Adriana Risi, Jimmy Rohls, Katrina Amos, Jordan Hundley and Luke Van de Vijver.**

## New Hires at Westfields Marriott

Two food professionals with more than 40 years of combined experience have joined the team at the Westfields Marriott Washington Dulles.

Executive Chef Todd Schofield and Director of Catering Sales Sharon Meyers have arrived just as Westfields Marriott has recently completed extensive renovations to Wellington's, its restaurant, as well as redesigned its conference dining room. Twenty new guest rooms have been added, and the updated fitness center now includes modern cardio equipment and free weights.

The Chantilly hotel also has introduced mobile-friendly apps that ease the scheduling and implementation of meetings and streamline the guest experience.

Schofield's love for cooking intensified in high school and led him to formal culinary studies at Newbury College in Massachusetts. His association with Marriott Hotels began in 1985 at Boston Marriott Copley Place and later took him to Dayton, Ohio, Orlando, Fla., and Palm Desert, Calif. He recently held senior food and beverage positions in the capital region at Key Bridge Marriott in Arlington and Fairview Park Marriott in Falls Church. He resides in South Riding.

A 1987 graduate of the University of



**Schofield**



**Meyers**

Maryland College Park, Meyers comes to Westfields Marriott from The National Conference Center in Leesburg where she held a similar role since 2007. She previously worked at Lansdowne Resort in Leesburg and The Ritz-Carlton in Tysons Corner. Meyers is an executive board member for the Loudon Free Clinic and council member for the United Way. She graduated from the Leadership Loudoun Class of 2010 and has been an active member of the Loudoun County Chamber of Commerce Non-Profit Committee. Meyers resides in Leesburg.

For information, visit [www.WestfieldsMarriott.com](http://www.WestfieldsMarriott.com).



# ENTERTAINMENT

Email announcements to [centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com).

## ONGOING

The **Airbus IMAX Theater at National Air and Space Museum Udvar-Hazy Center**, 14390 Air & Space Museum Parkway, is showing movies including "Hunger Games: Catching Fire", "Hubble," "Fighter Pilot," "Air Racers" and "The Dream is Alive". Visit <http://airandspace.si.edu/udvarhazy/> or call 703-572-4118 for the movie schedule.

**Super Science Saturdays.** 10 a.m.-3 p.m. the second Saturday of each month at the Steven F. Udvar-Hazy Center, 14390 Air & Space Museum Parkway. Visit <http://airandspace.si.edu/udvarhazy/>.

**Enchanted Ice Palace Holiday Tradition.** Visit with Santa and the Ice Princess on her throne through Dec. 24. There will also be a Hanukkah display, along with a 30-foot ice dome with falling snow, images from BBC's "Frozen Planet," a light show, and more. All are in the Grand Court of Fair Oaks Mall. Visit [www.shopfairoaksmall.com](http://www.shopfairoaksmall.com) or 703-279-2708.

**Exhibit.** See an array of colorful nesting dolls on display at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Exhibit runs through Jan. 31. Enjoy a guided tour of the 1794 home of Northern Virginia's first congressman, Richard Bland Lee. \$7/adult; \$6/student; \$5/senior and child. Hours are daily, except Tuesdays, from 11 a.m.-4 p.m. 703-437-1794.

## THURSDAY-TUESDAY/DEC. 12-24

**"Twelve Days of Adoptables."** a partnership between the Washington Humane Society and the Fairfax County Animal Shelter. Dogs, cats, and a variety of small animals will be included in this adoption promotion designed to bring extra attention to those shelter pets that, through no fault of their own, have been waiting many weeks or months to find their new family. Visit [www.fairfaxcounty.gov/police/animal](http://www.fairfaxcounty.gov/police/animal).

## THURSDAY/DEC. 19

**Storytime.** 2 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

**Book Club.** 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. For children in grades 5-6. Call for title. Free. 703-502-3883.

## FRIDAY/DEC. 20

**Ready for School Storytime.** 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 4-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

**Ballet Performance.** 7 p.m. at Freedom High School, 15201 Neabso Mills Road, Woodbridge. The Swan Ballet presents "The Nutcracker." Visit [www.swanballetdanceschools.com](http://www.swanballetdanceschools.com), e-mail [swanballetdance@aol.com](mailto:swanballetdance@aol.com) or 703-425-9400 for tickets.

## SATURDAY/DEC. 21

**Bouncin' Babies.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Small Wonders.** 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs

and more. Free. Registration required. 703-502-3883.

**Victorian Christmas.** 4:45-7 p.m. at Sully Historic Site, 3650 Historic Sully Way. See the 1794 home of Northern Virginia's first congressman, Richard Bland Lee in the glow of candlelight, make an ornament and see what treats are being prepared, and then enjoy cider and cookies by a fire. There will be photo opportunities near an antique sleigh. \$10. Prepaid reservations required. Visit [www.fairfaxcounty.gov/parks/sully](http://www.fairfaxcounty.gov/parks/sully) or 703-437-1794.

**Ballet Performance.** 2 p.m. or 7 p.m. at Fairfax High School, 3501 Rebel Run, Fairfax. The Swan Ballet presents "The Nutcracker." Visit [www.swanballetdanceschools.com](http://www.swanballetdanceschools.com), e-mail [swanballetdance@aol.com](mailto:swanballetdance@aol.com) or 703-425-9400 for tickets.

## MONDAY/DEC. 23

**Bouncin' Babies.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Time for Tots.** 11 a.m. at Centreville Library, 14200 St. Germain Drive. Children ages 2-3 can enjoy stories and activities. Free. 703-830-2223.

**Small Wonders.** 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

**Book Buddies.** 2:15 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades 1-2 can discuss a book. Free. 703-502-3883 for title.

## THURSDAY/DEC. 26

**Magic and Mayhem.** 7 p.m. at Chantilly Regional Library, 4000

## BULLETIN BOARD

Email announcements to [centreview@connectionnewspapers.com](mailto:centreview@connectionnewspapers.com). Deadline is Thursday at noon. Photos welcome.

## HOLIDAY DONATIONS

**Book Donation.** Northern Virginia Family Service and Barnes & Noble Fairfax are partnering together for the first time this year to ensure that NVFS' Head Start students and children of families who turn to NVFS for emergency assistance receive books for the holiday season. From now through Jan. 1, customers entering Barnes and Noble Fairfax will be given the option upon checkout of donating a book to a child in an NVFS program. All books collected will be given to

Stringfellow Road. Girls and boys in grades 6-8 can participate in this sci-fi/fantasy book group. Call for title. Free. Registration required. 703-502-3883.

## FRIDAY/DEC. 27

**Bouncin' Babies.** 2 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Small Wonders.** 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

## SATURDAY/DEC. 28

**Hidden Pond.** 2:30 p.m. at Chantilly Library, 4000 Stringfellow Road. Children ages 6-12 can learn how to recognize the signs that animals leave behind. Free. Registration required, 703-502-3883.

## MONDAY/DEC. 30

**Bouncin' Babies.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

**Small Wonders.** 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

**Boredom Buster Craft Hour.** 2 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades 3-6 can learn how to make a pom pom shooter out of a pool noodle and duct tape. Free. Registration required, 703-502-3883.

underserved children through the agency's "Gifting for Families" program. The Book Drive for Northern Virginia Family Service is underway at the Fairfax Barnes and Noble store in the Fair Lakes Promenade Shopping Center at the Corner of Monument and Fair Lakes Parkway.

## THURSDAY/DEC. 19

**Volunteer to Help Pack Food.** 10 a.m. at Dominion Virginia Power's office, 3072 Centreville Road, Herndon. Help package food for children. Contact Assistance League at [ALNorthernVA@yahoo.com](mailto:ALNorthernVA@yahoo.com) or visit [www.northernvirginia.assistanceleague.org](http://www.northernvirginia.assistanceleague.org).

SEE BULLETIN, PAGE 10

## Celebrate Christmas Brunch at Westfields Marriott

**December 25, 2013 • 11 am-2:30 pm**

This Christmas, enjoy a delicious brunch at Palm Court. Our award-winning Sunday brunch is sure to charm with unparalleled service, delicious cuisine and an elegant, upscale atmosphere. Enjoy live piano music and beautiful chandelier lighting while sampling signature dishes from our team of accomplished chefs.

**\$70.00 Adults**

Includes champagne and traditional brunch cocktails.

**\$24.00 per child ages 5 to 10** (children 4 and under eat free)

Tax and gratuity are additional.

For reservations, please call **703-818-3520**  
**Also taking reservations for Holiday Luncheons.**



**WESTFIELDS MARRIOTT WASHINGTON DULLES**

14750 Conference Center Dr., Chantilly, VA 20151 • [www.westfieldspalmcourt.com](http://www.westfieldspalmcourt.com)

**Dulles Expo | December 20-22**  
4320 Chantilly Shopping Center, Chantilly, VA 20151

The "Original" Classic  
**INTERNATIONAL GEM & JEWELRY SHOW INC.**

**Great holiday values!**  
A fantastic selection of magnificent fine jewelry, handcrafted accessories and gemstone beads all at unbeatable prices!

**Friday 12pm-6pm**  
**Saturday 11am-6pm**  
**Sunday 11am-5pm**  
[www.InterGem.com](http://www.InterGem.com)

**World of Gems & Jewelry**  
Diamonds | Silver | Gold | Necklaces  
Beads | Pearls | Rings | Earrings  
Estate Jewelry | Colored Gems  
Wedding & Engagement Pieces  
Exquisite Fine Jewelry

**Present this ad and receive \$2.00 OFF ADMISSION**

\*Admission \$8.00  
No Photography Allowed  
Children 8 & Under Not Permitted

**Holiday Shopping**  
all proceeds  
**Benefit**  
**Friends of Homeless Animals**

**A No-Kill Shelter for Cats & Dogs**  
**Upscale Resale Shop**

**Variety of Beautiful Treasures**

**Great Prices**

**Adopt Volunteer Donate**

**The Treasure Hound**  
14508-D Lee Road,  
Chantilly, VA  
(Corner of Rt. 50 and Lee Rd.  
One light West of Rt. 28)  
703-263-9073

**www.foha.org**

**FRIENDS OF HOMELESS ANIMALS**



# BULLETIN BOARD

FROM PAGE 9

## SATURDAY/JAN. 4

**DAR Meeting.** Lane's Mill Chapter Daughters of the American Revolution (DAR) members will meet at 5501 Sully Park Drive, Centreville. Prospective members are welcome to attend and should contact lanesmillchapter@hotmail.com. DAR is a volunteer women's service organization dedicated to promoting patriotism, preserving American history.

## WEDNESDAY/JAN. 15

**Application Deadline.** The Arts

Council of Fairfax County will award three \$5,000 grants to recognize professional working artists' achievements and their demonstrated history of accomplishments, while promoting the continued pursuit of creative work. Visit [www.artsfairfax.org](http://www.artsfairfax.org) for guidelines and application materials.

## FRIDAY/JAN. 31

**Application Deadline.** Juniors at Herndon, Chantilly and Westfield high schools who are in good standing and have an interest in history are encouraged to apply for this paid nine-month internship that runs April through December 2014.

Up to three interns will be hired. Participants will gain experience in museum operations, public speaking, historic object collections, event programming and museum store and visitor center operations. Sully Historic Site, which is owned and operated by the Fairfax County Park Authority, will begin accepting applications for this internship program in December 2013. Candidates will be asked to provide a completed application, written essay, and teacher recommendations by January 31, 2014 for panel review. For further information e-mail either Carol McDonnell, site manager at Sully Historic Site ([carol.mcdonnell@fairfaxcounty.gov](mailto:carol.mcdonnell@fairfaxcounty.gov))

or Noreen McCann, visitor services manager ([noreen.mccann@fairfaxcounty.gov](mailto:noreen.mccann@fairfaxcounty.gov)). 703-437-1794.

## MONDAY/MARCH 3

**Application Deadline.** The online application for the Military Officers Association of America Educational Assistance Programs for the 2014-2015 school year is now available online at <https://scholarship.moaa.org/login.aspx>. Students can apply for the interest-free loans and grants, which are awarded annually for up to five years of undergraduate study (or until a student graduates.)

Applicants must be graduating high school seniors or full-time college students working toward their first undergraduate degree. Students may apply online at [www.moaa.org/education](http://www.moaa.org/education). The application deadline is Monday, March 3 at noon. Visit [www.moaa.org/scholarshipfund](http://www.moaa.org/scholarshipfund) or e-mail [edassist@MOAA.org](mailto:edassist@MOAA.org).

## FRIDAY/MARCH 7

**Silent Auction.** Navy Elementary School, 500 W. Ox Road, is sponsoring a silent auction with proceeds benefiting the school. Visit [navypt.org](http://navypt.org) or 703-927-9606 to find out if you can donate items.

## DONATIONS

The **student Auto Sales Program** operating from Centreville High School works in conjunction with the CVHS automotive technology classes to bring in donated automobiles, boats and motorcycles for students to work on. Some refurbished vehicles are sold, with 75 percent of the proceeds going back to the auto tech program. The program is in need of cars, trucks or motorcycles, which are fully tax deductible, for student training. Contact Lyman Rose for further information at 703-802-5588 or by e-mail [lyman.rose@fcps.edu](mailto:lyman.rose@fcps.edu).

## VOLUNTEERS NEEDED

**Northern Virginia Family Service** is seeking volunteers to organize collection drives of toiletries products for clients in need. Requested items include such things as shampoo, soap, lotion, deodorant, hand sanitizer, toothbrushes and toothpaste. Learn more about Northern Virginia Family Service at [www.nvfs.org](http://www.nvfs.org) and contact Colleen Ross [rosscross@nvfs.org](mailto:rosscross@nvfs.org) if interested.

The **Stuart-Mosby Civil War Cavalry Museum** needs volunteers to work on Sundays at 13938 Braddock Road, Centreville. The museum is open from 1-4 p.m. on Sundays, when volunteer help is needed the most. Civil War buffs who want something worthwhile to do on Sundays are perfect candidates. Generally at least two volunteers are on duty each day. The museum is also open on Saturdays and Mondays from 10 a.m.-4 p.m. Call 703-785-5294 or visit [www.stuart-mosby.com](http://www.stuart-mosby.com).

**Respite Care Volunteers.** Give a family caregiver of a frail, older adult a break so they can go shopping, attend a doctor's appointment or have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Volunteers are matched with families in or near their own neighborhoods in Fairfax County. Support and training is provided. Contact Kristin Martin at 703-324-7577, TTY 711, or [Kristin.Martin@fairfaxcounty.gov](mailto:Kristin.Martin@fairfaxcounty.gov). Visit [www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm](http://www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm).

**Advocates.** The Northern Virginia Long-Term Care Ombudsman Program needs volunteer advocates for residents in assisted living and nursing facilities throughout the area. Training is provided. Call 703-324-5861, TTY 711 or email [Lisa.Callahan@fairfaxcounty.gov](mailto:Lisa.Callahan@fairfaxcounty.gov). Visit [www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/vol\\_ombud\\_program.htm](http://www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/vol_ombud_program.htm).

## ONGOING

**Ornament Sale.** The Western Fairfax County Woman's Club, a charitable organization, sells the 2013 rendition of the White House Christmas ornament, inspired by 28th President Woodrow Wilson. \$20. Previous year ornaments available. Call 703-378-6841 or 703-378-6216.

[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

# Communities of Worship

To highlight your faith community, call Karen at 703-917-6468

# CENTREVILLE

## The Anglican Church of the Ascension



Traditional Anglican Services  
1928 Book of Common Prayer  
1940 Hymnal

**Holy Communion 10 A.M. Sundays**  
(with Church School and Nursery)

13941 Braddock Road, (north off Rte. 29) Centreville, VA  
703-830-3176 • [www.ascension-acc.org](http://www.ascension-acc.org)



**SUNDAY WORSHIP SERVICES**  
9:15 AM CELEBRATION SERVICE  
11:00 AM CONTEMPORARY SERVICE

**COMMUNITY GROUPS**  
Sundays at 8:00, 9:15 & 11:00 am  
Nursery through Elementary, Youth, College Age, Singles, Men, Women, Choir, Awana, GoGo (Older adults), Bible Study Fellowship, MOPS (Mothers of Preschoolers), English Language Classes and Spanish Speaking Ministry

15100 Lee Highway, Centreville, VA 20120  
703-830-3333 [www.cbcbva.org](http://www.cbcbva.org)



**Centreville**  
PRESBYTERIAN CHURCH

**Christmas Eve**  
3 & 5pm  
Live Nativity  
Children's service

7 & 9pm  
**Candlelight Services**

15450 Lee Highway  
Centreville, VA 20120  
703.830.0098  
[centrevillepres.com](http://centrevillepres.com)



Lord of Life Lutheran Church...  
703-323-9500

St. Andrew Lutheran Church...  
703-830-2768

## METHODIST

Centreville United Methodist...  
703-830-2684

Pender United Methodist Church...  
703-278-8023

Pleasant Valley United Methodist...  
703-327-4461

## NON-DENOMINATIONAL

Centreville Community Church...  
703-580-5226

Christian Life Center...703-754-9600  
Clear River Community Church...  
703-881-7443

Covenant Christian Center...703-631-5340  
Fair Oaks Church...703-631-1112

New Life...703-222-8836  
Tree of Life Bible Church...703-830-4563

## PENTECOSTAL

Capital Worship Center...  
703-530-8100

Church of the Blessed Trinity...  
703-803-3007

## ORTHODOX

Holy Trinity Orthodox Church...  
703-818-8372

St. Raphael Orthodox Church...  
703-303-3047

## PRESBYTERIAN

Centreville Presbyterian Church...  
703-830-0098

Chantilly Presbyterian Church...  
703-449-1354

Clifton Presbyterian Church...  
703-830-3175

Young Saeng Korean Presbyterian Church...703-818-9200

## UNITED CHURCH OF CHRIST

Wellspring United Church of Christ...  
703-257-4111

## ANGLICAN

Church of the Epiphany...703-481-8601  
Christ the Redeemer...703-502-1732

## ASSEMBLY OF GOD

Centreville Assembly of God...703-830-1841

## BAHA'I

Baha'i Faith...1-800-22-UNITE

## BAPTIST

Centreville Baptist Church...703-830-3333  
Chantilly Baptist Church...703-378-6880  
Clifton Baptist Church...703-263-1161  
Second Baptist Church...703-830-1850

Mount Olive Baptist Church...703-830-8769  
Ox Hill Baptist Church...703-378-5555

## BIBLE

Chantilly Bible Church...703-263-1188  
Community Bible Church...703-222-7737

## CATHOLIC

St. Andrew The Apostle Catholic Church...  
703-817-1770

St. Clare of Assisi Catholic Church...  
703-266-1310

St. Paul Chung Catholic Church...  
703-968-3010

St. Timothy Catholic Church...703-378-7461  
St. Veronica Catholic Church...703-773-2000

## EPISCOPAL

Church of the Epiphany...703-715-6070  
St. John's Episcopal Church...703-803-7500

## JEWISH

Congregation Yad Shalom...703-802-8901  
Temple Beth Torah...703-263-2252

## LUTHERAN

King of Kings Lutheran Church...  
703-378-7272





Christmas carolers perform in the Clifton Presbyterian Church.



Peter Noonan stands next to his Christmas tree.



Chantilly High's carolers sing in the Clifton Baptist Church.

## Clifton's Candlelight Homes Tour

The Town of Clifton's Candlelight Homes Tour was held Saturday, Dec. 7.



Jamie and Donna Netschert's dining room is decorated for Christmas.

PHOTOS BY BONNIE HOBBS  
CENTRE VIEW



Trisha Robertson with the miniature holiday village in her home.



Reed and Amy Hall with children, Davis, 4, and Hope, 2, enjoyed the town Christmas-tree lighting in Ayre Square.



A sledding disc serves as an impromptu shield for Evan Chisolm as his brother Aaron (middle) and friend start an impromptu snow battle.



Kay Shear and daughter Rachel take an apparently terrifying trip down the sledding hill.



### A Snow Day in Chantilly

Rob Shear and son Andrew make a trip down the sledding hill in Armfield Farm during the Dec. 10 snow day.

PHOTOS BY DEB COBB/CENTRE VIEW



# CVHS Beats Oscar Smith for 6A State Championship

**Wildcats finish 15-0, ranked No. 15 nationally by USA TODAY.**

BY JON ROETMAN  
CENTRE VIEW

Opponents rarely challenged the Centreville football team during the 2013 season. But once the Wildcats reached Saturday's VHSL Group 6A state championship game, winning the program's first title in more than a decade would require knocking off an opponent recognized on a national level.

The Oscar Smith football team arrived in Charlottesville with the resume of a powerhouse. The Tigers had the numbers: They were undefeated and ranked No. 8 nationally by USA TODAY. Oscar Smith had surrendered just 68 points in 14 games (an average of less than 5 per game) while only one team, Western Branch, had managed to score 14 points against the Tigers in a single game. Meanwhile, Oscar Smith averaged more than 45 points per contest, scoring at least 35 in all but two games.

The Tigers had the players: Six-foot-4, 300-pound senior Andrew Brown is the nation's No. 1-rated defensive tackle prospect, according to ESPN.com, was named Gatorade National Player of the Year and is committed to the University of Virginia. Senior receiver Jaylen Bradshaw is committed to Virginia Tech.

The Tigers even had history: Oscar Smith defeated Centreville 47-21 in the 2011 AAA state championship game.

None of it mattered.

Centreville dominated Oscar Smith on both sides of the ball on Dec. 14, capping the greatest season in school history with a 35-6 victory on a cold, wet night at UVa's

Scott Stadium. The Wildcats captured the school's first state championship since 2000, finished the season with a 15-0 record and ranked No. 15 in the country by USA TODAY.

"Today, all the credit goes to Centreville," Oscar Smith head coach Rich Morgan said. "They flat-out out-played us, out-hit us; they honestly just did things to us today that we usually do to everyone else."

Centreville's impressive performance started with a touchdown on its opening possession. The Wildcats' momentum grew with a defensive score minutes later. Centreville's dominance concluded with hoisting the trophy and leaving a story of success on the stat sheet.

A glance at the final stats speaks of Centreville's dominance. Total yards: Centreville 338, Oscar Smith 88. Rushing yards: Centreville 327, Oscar Smith 14. Time of possession: Centreville 34:02, Oscar Smith 13:58.

How did the Wildcats pull it off?

On offense, Centreville adjusted its usual game plan, opting to run right at Oscar Smith.

"We really felt like in all the films that we saw on Oscar Smith that nobody really went at them," Centreville head coach Chris Haddock said. "We felt like that was the right plan. We certainly knew that they had some great football players but we felt like that we could run straight ahead against them. We felt like our speed could be matched by their speed, so we felt like we wanted to be as physical as we could and we felt like that we had certain plays and certain schemes that we felt very confident that were going to be successful."

"We've run [the plays] all year. Really, our game plan every game this year has been, let's work the outside and then we'll work back in, and today was just the opposite. We worked the inside to try to get out. We [felt] pretty good about our plan. Our coaches did a great job putting that plan together and the kids just did a great job executing."

What did the Centreville offensive line do that allowed the Wildcats to run for 327 yards?

"Their cut blocks were more efficient, I'll give them that," said Brown, who ESPN.com ranks as the nation's No. 4 recruit at any position. "Penetration-wise, we were there, but it just didn't turn out the way we wanted it to. They weren't physically better than us, they just schemed well and they got the best of us."

Centreville junior A.J. Turner carried 18 times for 175 yards and two touchdowns. Senior quarterback Scott Walter carried 22 times for 90 yards and two scores. Junior fullback Taylor Boose had 16 carries for 62 yards.

Turner gave Centreville a 7-0 lead with a 52-yard touchdown run on the game's open-



PHOTOS BY CRAIG STERBUTZEL/CENTRE VIEW

**The Centreville football team celebrates after beating Oscar Smith 35-6 in the Group 6A state championship game on Dec. 14 at UVa's Scott Stadium.**

ing drive.

"I think it built my confidence a lot," Turner said. "At first I was kind of nervous. The (Oscar Smith) D-line is really good and the linebackers are really solid. But after I scored the first time, I was like they're not unstoppable and I'm definitely capable of doing what I'm doing."

Centreville didn't take long to increase its lead. Oscar Smith faced second-and-14 on its first possession when Centreville junior Xavier Nickens-Yzer intercepted Tigers freshman quarterback Shon Mitchell and returned it 65 yards for a touchdown, giving the Wildcats a 14-0 lead.

"I think," Haddock said, "[the Tigers] were probably more shocked than we were excited."

Centreville increased its lead to 21-0 when Walter scored on a 1-yard sneak with 44 seconds remaining in the second quarter. Oscar Smith entered Saturday's state championship game having allowed just one opponent to score 14 points in a single contest. The Wildcats surpassed that mark in the first half.

On defense, Haddock said facing "dynamic" players like West Potomac running back-turned-quarterback DeMornay Pierson-El, who is committed to the University of Nebraska, and Westfield running back Tyler Thrasher-Walker during the season helped prepare the Wildcats to take on Oscar Smith's playmakers. Centreville linebacker Chad Wiggins said preparation was the key to shutting down the Tigers. Centreville held Oscar Smith to less than 100 yards of total offense and forced four turnovers.

"Every day in practice we go through it," Wiggins said. "We know each play before it's going to be snapped and that was the key this week. We needed to study hard and we needed to come out ready to play and that's what I think we did. It's all about preparation."

Centreville led 21-0 in the third quarter

and drove to the Oscar Smith 26-yard line, but the scoring threat ended when Walter was intercepted by Tigers defensive back Keyvone Bruton. Instead of capitalizing on the takeaway, Oscar Smith fumbled on the next play and Centreville defensive lineman Christian Brooks recovered the ball at the Tigers 12-yard line.

Four plays later, Walter scored on a 1-yard sneak to give Centreville a 28-0 lead.

"It was definitely a roller coaster after I threw the pick," Walter said. "I got to the sideline and coach (Steve) Fox came over to me and was like, 'Shake it off, we'll get the ball back.' And as soon as that happened, we got the ball back and went down and scored."

Oscar Smith's lone score came on a 25-yard touchdown pass from Mitchell to Kamathi Holsey with 11:46 remaining in the fourth quarter. Centreville blocked the extra point.

Turner scored Centreville's final touchdown on a 3-yard run with 2:27 remaining in the contest.

Tyler Love led Centreville with seven tackles, including four solo stops. Brooks had two sacks and a fumble recovery. Wiggins and Jordan Brooks each had one sack and a forced fumble. Jordan Brooks also had a fumble recovery.

Nickens-Yzer finished with two interceptions.

Centreville finished the season outscoring its opponents 680-169. The Wildcats' smallest margin of victory was 20 points.

"It's certainly the best team that I've ever been around in 21 years of coaching high school football," Haddock said. "... We actually talked to our kids a lot about our place in history and setting a higher standard and that's something that the kids wanted to do. They wanted to make history. I don't know where you place us in the all-time teams, but we're certainly one of the best in Northern Virginia and we're definitely the best at Centreville."



**Centreville fullback Taylor Boose carries the ball against Oscar Smith in the 6A state championship game on Dec. 14 in Charlottesville.**





PHOTO COURTESY OF LEN ANNETTA

Len Annetta, Ph.D., of George Mason University traveled to Italy recently with his wife, Jennifer, and his children Samantha and Joey. Annetta kept his children occupied during the long flight with cloud games and by helping them practice Italian.

# Surviving a Long Trip

Keeping children entertained on lengthy airplane rides.

BY MARILYN CAMPBELL  
CENTRE VIEW

**L**iz Henry is nervous about her upcoming flight to San Francisco. It's not TSA regulations or long lines that are causing her anxiety, however. It is traveling alone with her three children — all of whom are under the age of 6.

"My kids are 5, 3 and 1," said Henry, who lives in Vienna. "I'm taking them to visit my family for Christmas, but they've never flown before. I have a lot of DVDs packed, but I don't know how far those will get me. I don't like pacifying my kids with videos, but I don't think I have a choice."

Going home for the holidays often means boarding an airplane with high-energy children and settling in for a long ride. Parents such as Henry scramble to find ways to fill the time in a way that keeps their child entertained without disturbing other passengers. Local education experts say there are options that don't involve the last resort of videos and electronic games, however.

"Reading is always a good choice, but for many children, it cannot hold their attention for long plane rides," said Len Annetta, Ph.D., a professor in the College of Education and Human Development at George Mason University. "Games like Scrabble challenge players' literacy skills in a fun way. Crossword puzzles are also fun and engaging."

Annetta, who recently returned from a family trip to Italy, has first-hand experience with surviving lengthy plane rides with children in tow. "I took the whole family, including my 13- and 11-year-old children," he said. "My children are older, but we played

a name the cloud game. Of course, we were above the clouds, so it made it a bit more difficult."

When traveling abroad, a long flight is an ideal time to learn more about the culture or language of your final destination. "My children tried a crash course on Italian," said Annetta. "They learned a few words they used during the week we were there. This was a free app on the iPod that we downloaded before we left."

Bethesda-based psychotherapist Katie Cogan, Ph.D., recommends activities that engage a child's imagination, particularly for younger children. "You always have your imagination with you no matter what," she said. "You can say to a child, 'Tell me a story,' or you can take turns telling stories with your child. When you're on the plane, you can help your child imagine what it will look like when we get there."

For young children, Cogan said, "Using what's inside you to create a world that already exists. It is called active imagination. Use your creativity to do anything. If you're with a young child, you can ask 'How many things can you think of that are red?'"

Cogan also advises helping children make up a story, particularly about their final destination. "If it is a small kid, give them the first part of the story or the first word and let them take it from there," she said.

"Have paper with you, and you can have your child tell you the story and either write it down or have your child write the story down and color it."

Annetta said, "Journaling your experience is a fun way to practice writing while telling the story of where you are going or where you've been."

## UKULELES MAKE GREAT GIFTS

Widest selection of ukuleles in area

## GUITARS TOO!

Cool Vintage and Handmade Guitars

We are adding stock from an amazing collection of 200 vintage, collectable & fine guitars

- 1966 Fender Jaguar
- 1978 Fender Telecaster
- 1947 Gibson ES-150
- 1966 Martin D-35
- 2004 Martin D-41
- 2001 Langejans R-6 and many more...

Free guitar tuner with the purchase of a guitar or ukulele with this ad

Let us help you find the perfect gift.

8963 Center St, Manassas, VA 20110 (703) 335-5001 www.NOVAMusicCenter.com

## 25%-75% OFF

Trees, Shrubs & Perennials

## Pottery Sale

25-75% Off Pottery

Largest Selection in the DC Area

## Japanese Maples

30% OFF

Over 200 Varieties

- Cut Christmas Trees & Greens
- Poinsettias & Winter Blooms
- Amaryllis Bulbs
- Holiday Gift Items

## FREE

Landscape & Hardscape Estimates

- Patios • Walls • Walkways
- Paver Driveways
- RR Timber Retaining Walls

9023 Arlington Blvd., Fairfax, Virginia  
2 miles west of I-495 on Rt. 50  
1 mile from I-66 (Vienna Metro)  
703-573-5025  
Open 7 days a week  
Visit our new Web site: [www.cravensnursery.com](http://www.cravensnursery.com)

## LOUIS C. FILIPPONE, D.D.S., P.C.

### ORTHODONTIST

WE OFFER TWO CONVENIENT LOCATIONS  
Both of our beautiful, modern offices use the latest technology in orthodontic treatment for children and adults.  
Flexible interest free payment plans are available  
Most insurance plans are accepted  
Convenient Saturday and evening hours  
**BOARD CERTIFIED DIPLOMATE OF THE AMERICAN BOARD OF ORTHODONTICS**  
Call for your **FREE Initial Consultation**

<b>Centreville</b> 6138 Redwood Square Center, Suite 103 <b>703-815-0127</b>	<b>Gainesville</b> 7521 Virginia Oaks Dr., Suite 120 <b>703-754-4880</b>
---	---

[www.nvaortho.com](http://www.nvaortho.com)

## Complete Dental Care for the Entire Family

**BRUCE R. HUTCHISON, D.D.S.**  
**MICHAEL H. GORMAN, D.D.S.**  
**WHITNEY S. JARRELL, D.D.S.**  
**BRIGID B. MOONEY, D.D.S.**

## FAMILY DENTISTRY

14245-P Centreville Sq.  
Centreville, VA 20121  
**703-830-9110**  
[www.smilesforcentreville.com](http://www.smilesforcentreville.com)



ZONE 4:  
• CENTREVILLE

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-917-6400

ZONE 4 Ad DEADLINE:  
MONDAY NOON

ZONE 4:  
• CENTREVILLE

# CLASSIFIED

703-917-6400

ZONE 4 Ad DEADLINE:  
MONDAY NOON

## CLEANING

## CLEANING

### A CLEANING SERVICE

Since 1985/Ins & Bonded  
Quality Service at a Fair Price  
Satisfaction Guaranteed-  
Angies List 2011-Super Service Award!  
Comm/Res. MD VA DC  
[acleaningserviceinc.com](http://acleaningserviceinc.com)  
703-892-8648

## ELECTRICAL

## ELECTRICAL

### K&D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated

Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc...  
Licensed/Bonded/Insured  
Office 703-335-0654  
Mobile 703-499-0522

## GUTTER

## GUTTER

### GUTTER CLEANING

Gutters and Downspouts Cleaned  
Small Repairs • Gutter Guards

#### PINNACLE SERVICES

lic/ins 703-802-0483 free est.  
email jamie@lawnsandgutters.com  
web: lawnsandgutters.com  
Friendly Service with a Friendly Price!

## IMPROVEMENTS

## IMPROVEMENTS

### R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,  
Kitchen & Bath, Windows,  
Siding, Roofing, Additions &  
Patios, Custom Deck, Painting

We Accept All Major Credit Cards  
Licensed, Insured, Bonded • Free Estimates • Class A Lic  
Phone: 703-887-3827 Fax: 703-830-3849  
E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)  
[www.rncontractors.com](http://www.rncontractors.com)



### R&N Carpentry

♦BASEMENTS ♦BATHS ♦KITCHENS  
Foreclosure specialist/Power washing  
♦Exterior Wood Rot More!  
Deck & Fence repair, Screen Porches  
No jobs too large or small  
Free est. 37 yrs exp. Licensed, Insured  
703-987-5096

### A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



703-863-7465

LICENSED

Serving All of N. Virginia

## HAULING

### AL'S HAULING

Junk & Rubbish  
Concrete, furn., office,  
yard, construction debris  
Low Rates NOVA  
703-360-4364  
703-304-4798 cell  
7 DAYS A WEEK

### ANGEL'S HAULING

Junk Trash Removal,  
Yard/Construction  
Debris, Garage/Base-  
ment Clean Out,  
Furniture & Appl.  
703-863-1086  
703-582-3709  
240-603-6182

## LANDSCAPING

### A&S LANDSCAPING

Planting • Mulching • Sodding  
Patios • Decks • Driveway Sealing,  
Asphalt • Retaining Walls  
Erosion Control • Drainage Solutions  
703-863-7465

## TREE SERVICE

### ANGEL'S TREE REMOVAL

Brush & Yard Debris  
Trimming & Topping  
Gutters & Hauling  
[Angeltreeslandscaping-hauling.com](http://Angeltreeslandscaping-hauling.com)  
703-863-1086  
703-582-3709  
240-603-6182

## IMPROVEMENTS

Picture Perfect Home Improvements  
(703) 590-3187 [www.pphionline.com](http://www.pphionline.com)

### Remodeling Bathrooms, Kitchens & Basements

- FREE Estimates Exterior & Interior Repair,
  - FAST & Reliable Service Painting, Carpentry, Wood Rot,
  - EASY To Schedule Drywall, All Flooring, Decks
  - NO \$\$\$ DOWN!
- Handyman Services Available  
"If it can be done, we can do it"  
Licensed — Bonded — Insured

### The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL,  
PAINTING, CERAMIC TILE, CARPENTRY,  
POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!  
Proudly serving Northern VA - 46 yrs. exp.  
We Accept VISA/MC  
Licensed Insured 703-441-8811

## LANDSCAPING

## LANDSCAPING

Remodeling Interior,  
Bathrooms, Kitchens,  
Floors, Ceramic Tile,  
Painting, Decks,  
Fences, Additions.  
703-863-1086

### PINNACLE SERVICES, INC. LAWN SERVICE

MOWING, TRIMMING, EDGING,  
MULCHING & TRIM HEDGES

Friendly Service for a Friendly Price

703-802-0483

## TREE SERVICE

## TREE SERVICE

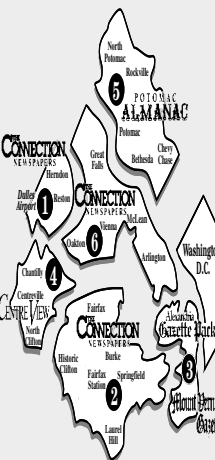
### Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured  
Fall Clean Up...  
Tree removal, topping & pruning,  
shrubbery trimming, mulching, leaf  
removal, planting, hauling, gutter cleaning,  
retaining walls, drainage problems, etc.  
20 yrs. of experience - Free estimates  
703-868-5358

24 Hour Emergency Tree Service

Employers:  
Are your  
recruiting ads  
not working in  
other papers?

Try a better  
way to fill  
your  
employment  
openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION  
to your community

703-917-6464

[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

Great Papers • Great Readers  
Great Results!

## 26 Antiques

We pay top \$ for antique  
furniture and mid-century  
Danish/modern  
teak furniture, STERLING,  
MEN'S WATCHES, jewelry  
and costume jewelry,  
paintings/art glass/clocks.  
Schefer Antiques @  
703-241-0790.  
Email: [theschefer@cox.net](mailto:theschefer@cox.net)

## 12 Commercial Lease

## 12 Commercial Lease

### COMMERCIAL SPACE AVAILABLE

LOCATED AT THE CORNER OF SHIRLEY  
GATE AND LEE HWY, AWESOME  
VISIBILITY AND ONLY 1 MILE FROM  
BOTH ROUTES 50 AND 66.

1000SQFT WITH 2 OFFICES, RESTROOM  
AND LARGE BAY, CALL OR STOP IN  
TODAY... 703-352-8840 EXT 2

## 21 Announcements

## 21 Announcements

### EVEN SUPERMAN HAD FOSTER PARENTS

Kids and teens in our  
community need super  
parents like you.

855-367-8637 or [umfs.org](http://umfs.org)

## 21 Announcements

## 21 Announcements

IN THE FAMILY COURT OF MERCER COUNTY,  
WEST VIRGINIA

To:  
Mae Martin  
14715 Bentley Square  
Centreville, VA 20120

Magistrate Court Case No. 13-D-0685  
Family Court Civil Action: 13-DV-AP-18

ORDER OF PUBLICATION  
(PROTECTIVE ORDER/HEARING DATE)

1. The object of this suit is to obtain protection from the Respondent.

2. The object of this publication by Class I legal advertisement is to notify Respondent of the PROTECTIVE ORDER prohibiting the above named Respondent from having contact with certain individuals. This Order may affect property and other rights of the Respondent. Violating this Order may subject the Respondent to criminal sanctions. The Respondent is strongly encouraged to obtain a copy of this Protective Order and Petition from the Circuit Clerk of the country listed above.

TO THE ABOVE NAMED RESPONDENT

If appearing by evidence duly taken in this action that you could not be found in or that you have left the State of West Virginia, you are hereby notified of the ORDER referenced above, a copy of the Petition and Order may be obtained at the Mercer County, Circuit Clerk's office. This PROTECTIVE ORDER will remain in effect until January 7, 2014.

A Final Hearing is scheduled for the 7th day of January, 2014, at 10:30am before the Mercer County Family Court.  
Bluefield Daily Telegraph, Class I Advertisement, First Publication Date December 27, 2013, Issued this 10th day of December, 2013 at 11:17 am. Julie Ball, Circuit Clerk

THE CONNECTION  
NEWSPAPERS

An expert  
is someone  
who knows  
some of the  
worst mistakes  
that can be  
made in his  
subject and how  
to avoid them.  
-Werner  
Heisenberg

## 21 Announcements

## 21 Announcements

## 21 Announcements

### Donate A Boat or Car Today!

BoatAngel

"2-Night Free Vacation!"  
1-800-CAR-ANGEL  
[www.boatangel.com](http://www.boatangel.com)

sponsored by boat angel outreach centers

STOP CRIMES AGAINST CHILDREN





# EMPLOYMENT

## BUSINESS OPP

**TELEPHONE**  
A great opportunity to  
**WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
☎ Weekdays 9-4 ☎

## BUSINESS OPP

**TELEPHONE**  
A great opportunity to  
**WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
☎ Weekdays 9-4 ☎

**Experienced  
Snow Plow Drivers Wanted**  
❄️ **703-433-2739**

## Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail [internship@connectionnewspapers.com](mailto:internship@connectionnewspapers.com)

**THE CONNECTION**  
NEWSPAPERS

## HOW TO SUBMIT ADS TO

**THE CONNECTION**  
Newspapers & Online

### CLASSIFIED

#### DEADLINES

Zones 1, 5, 6.....Mon @ noon  
Zones 2, 3, 4.....Tues @ noon  
E-mail ad with zone choices to:  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)  
or call Andrea @ 703-778-9411

### EMPLOYMENT

#### DEADLINES

Zones 5, 6.....Tues @ 11:00  
Zones 1, 3.....Tues @ 4:00  
Zone 2.....Wed @ 11:00  
Zone 4.....Wed @ 1:00  
E-mail ad with zone choices to:  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)  
or call Andrea @ 703-778-9411

### ZONES

- Zone 1:** The Reston Connection  
The Oak Hill/Herndon Connection
- Zone 2:** The Springfield Connection  
The Burke Connection  
The Fairfax Connection  
The Fairfax Station/Clifton/Lorton Connection
- Zone 3:** The Alexandria Gazette Packet  
The Mount Vernon Gazette
- Zone 4:** Centre View North  
Centre View South
- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection  
The Vienna/Oakton Connection  
The McLean Connection  
The Great Falls Connection

## Backwards Thinking



By KENNETH B. LOURIE

Considering that I've been cancer-centric now for nearly five years, one would have thought I might have learned and totally embraced an alternative concept: forward living – and less thinking about past causes and their possible current effects. Certainly cancer causes physical manifestations and symptoms that are diagnosable and indicative of trouble. But it's the unseen effects that in some cases cause as many difficulties. What I am referring to is the mental and emotional toll a terminal diagnosis and short term prognosis can have on the patient's perspective on life and living, and what's presumptively thought to be left of it.

And in my experience now as a comparatively long-term survivor – five years come February 27, of stage IV, non-small cell lung cancer (NSCLC), backwards thinking, as in why me, as in woe is me, has generally not been characteristic of my daily grind. Sure, I've made changes to my pre-cancer Kenny regimen of poor diet and above-average stress, and have regularly compared and contrasted my past with my present/future. However, much of this has been ongoing. I've never felt as if I've dwelled on any of it. Focused maybe, but not so much as a negative, more as a positive, as in changes which needed to be made – or else. Moreover, to learn the error of my ways and try to parlay any new found knowledge into a future that initially, according to my oncologist's original prognosis: "13 months to two years", was hardly guaranteed.

In spite of it all, I have lived – and learned and accepted that my new reality is somewhat different than it once was: somewhere between tenuous and temporary. Still, thinking about the past can only do so much good when contemplating a future that has been snatched away somewhat (somewhat? quite, actually) unexpectedly at 54 and one half. If I want to have a future, thinking and living as if I have one is more agreeable and more rewarding – and much less stressful than thinking I don't. And constantly reviewing, assessing, and connecting with the horse on which I rode in, as informative as it may be in helping to understand and appreciate the medical predicament in which I find myself so immersed, might actually be causing more harm – emotionally, than I'm willing to admit. I can't change the past, so living with it on a daily basis when I have a present and a future to consider might be shackling me in some emotional way that is preventing me from maintaining the positive and optimistic attitude so crucial in defending myself against the insidious disease inside my lungs.

Not that I'm suggesting that I can talk/think these malignant tumors ("metastatic to the lung") to cease and desist, but spending mental time on what has already occurred, instead of what possibly could be, seems counterproductive, maybe even harmful. Trouble has already found me; I don't need to encourage it. And after all these years, I should know better. I do know better. Nevertheless, as the content of this column clearly indicates, I am still under siege. I am still trying to balance the challenges of living with a future while being mindful of a past and understanding that some emotions I can't control. Cancer is funny like that, but it's no laughing matter. Even so, I did think the subject was fodder for a column – or maybe I'm just indulging myself at your expense. If it's the latter more so than the former, I appreciate your patience. I probably need it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Painting the living room are (from left) sandlot volunteers Craig Taylor and Laurie Corkey and FM Global's Mercedes Powers and Dallas Gage.

## Helping Someone Have a Home

FROM PAGE 4

ity is very reputable," she said. "And I knew this would be fun and I'd feel good afterward; it's very fulfilling."

Coworker Tiffany Hines "wanted to get physical and do something that makes a difference. I painted the stairwell, ceilings, foyer and hallways."

Janice Henry did those tasks with her. "From watching 'Extreme Home Makeover' on TV, it was always something I wanted to do," she said. "It inspired me and seemed like a great experience."

Hines said trying to reach the highest spots was the toughest part for her. "But we teamed up, joked and had a good time together," said Henry. "I kept threatening to get paint on her."

"But I got it on me first, so I stole her thunder," said Hines.

Both women were happy to "give back to someone." And, said Henry, "I like knowing that a family will get something they wanted and worked for — and that their children will be able to grow up in a home."

Victor Ling had never volunteered for Habitat for Humanity before so, he said, "It was a good opportunity to try something new. I painted the hallways and kitchen, and it's fun seeing what you're accomplishing right away. It's also nice to see everyone outside the regular, work environment."

Also improving the home was Chris Orkwis, a construction crew leader with AmeriCorps.

Originally from New York, he's working



Some of the people renovating the Centreville Habitat for Humanity house are (from left) Craig Taylor, Erica Painter, Jay Sharp, Laurie Corkey, Gary Olson and Chris Orkwis.

in Northern Virginia with Habitat for Humanity for 10 months. "This house should be finished in mid-December," he said. "We'll put in new kitchen cabinets, light fixtures and appliances. Some of it's donated and some we order from a store."

Enjoying the work, Orkwis said, "It's my first job out of college, and I think I'd like to continue in construction. It's great experience and it's awesome to work with the families we're doing this for. The hardest part is jumping in feet first with everything and learning as I go. But I love seeing the families and how enthusiastic they are about being able to have their own house."



# Ice Palace 2013

Presented by  Windows



YOUR SPARKLING JOURNEY BEGINS  
IN FAIR OAKS GRAND COURT

## FAIR OAKS MALL

I-66 at Route 50 (Lee Jackson Memorial Highway)  
in Fairfax with 8,000 free parking spaces

Featuring footage from the BBC Earth program Frozen Planet



Locally sponsored by

