

The Arlington Connection

Shadow, an Alaskan huskie, emerges from Four Mile Run as temperatures climbed into the high 60 degrees on Saturday afternoon, Feb. 22 at the Shirlington Dog Park


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Mid-Winter Respite

And Now There are 11
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W-L Gymnastics Wins
Third Consecutive
Region Championship
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PHOTO BY LOUISE KRAFFT/THE CONNECTION

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PETS



Galen, a 10-month-old albino rabbit was found as a lost bunny last July and has been raised at the Arlington shelter. Galen is available for adoption.



Muneca, the grey tabby, walks the floor of a visitors room on a recent Saturday afternoon.

Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:
Saturday Vigil: 5:30 PM
Sunday: 8:00, 9:30, 11:00 AM
1:30 PM Spanish Liturgy
5312 North 10th Street
Arlington Virginia 22205
Parish Office: (703) 528-6276

DAILY EUCHARIST:
Weekdays
Monday-Friday, 6:30 AM & 8:30 AM
Saturday, 8:30 AM

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PARISH WEBSITE:
www.rc.net/arlington/stann

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Chickie and Faith converse on a perch at the shelter. Both parakeets are 3 years old.

Looking for Forever Homes

Dogs and cats, rabbits and birds are just a few of the animals that may be adopted at the Animal Welfare League of Arlington. Founded 70 years ago, the league offers a variety of services and events to the community. Visit www.awal.org or call 703-931-9241

PHOTOS BY
LOUISE KRAFFT
THE CONNECTION

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Animal Welfare League of Arlington
70TH ANNIVERSARY

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NEWS

Eleven Candidates

72,000 voters expected in hotly contested primary; winner could emerge with 10,000 votes.

BY MICHAEL LEE POPE
THE CONNECTION

The Democratic primary is shaping up to be the most competitive election in recent memory, one with an unprecedented number of candidates. So far, 11 candidates have announced their intention to run in the June primary. Election officials are predicting a turnout of about 64,000 voters. That means a winning candidate could emerge with a few thousand votes.

"It wouldn't surprise me if we had a winner on the low side of 12,000 votes," said Stephen Farnsworth, political science professor at the University of Mary Washington. "What we are talking about here is a Democratic nominee, who is almost certainly assured of election given this district, could be elected with about the size of a decent size high-school basketball

game fan base."

And it's a jump ball. Farnsworth says that former Lieutenant Governor Don Beyer is expected to have a fundraising edge over other candidates because he has experience running statewide campaigns, and he has a vast personal fortune he could tap during the campaign. But Beyer's position in the race could be weakened with every new

"We have candidates who say to themselves all they need to do is mobilize a certain segment of the district and get about 10,000 votes and be the next member of Congress and have the seat for a very long time."

— Kyle Kondik, analyst with the University of Virginia Center for Politics

candidate who enters the race as constituencies continue to narrow. And the number of candidates entering the race could end

up encouraging even more.

"I don't think a bigger field is a disincen- tive for others to enter," said Kyle Kondik, analyst with the University of Virginia Cen- ter for Politics. "We have candidates who say to themselves all they need to do is mobilize a certain segment of the district and get about 10,000 votes and be the next member of Congress and have the seat for a very long time."

CENSUS FIGURES

show about 770,000 people live in the 8th Congressional District. It's 64 percent white, 19 percent Hispanic, 13 percent black and 12 percent Asian. The district has about 400,000 active registered voters. Election officials say pre- dicting a turnout is dif- ficult because there's really no precedent.

But they need to figure something out nev- ertheless so they know how many ballots

to order. So the estimated turnout is ex- pected to be around 64,000 voters show- ing up to the polls.

"We think the turnout is going to be some- where between the turnout for the presi- dential primary from 2008 and the turnout for the primary in 2012, when the City Council race was on the ballot in Alexan- dria," said Alexandria Registrar Anna Lieder. "We've got a lot of very well known people who are going to be working very hard to get the numbers up."

The congressional district includes Arling- ton, Alexandria, Falls Church and parts of Fairfax County.

It was drawn to be a solidly Democratic district, and recent elections show that to be true. In 2012, President Barack Obama won with 68 percent of the vote. That means that the stakes for the June primary will be very high.

"The truth is that the Democratic nomi- nation is tantamount to an election," said Farnsworth. "One potential development is a very nasty contest. When the competition is intense, the combat can be fierce."

Meet the Candidates

❖ **Don Beyer** served as lieutenant gover- nor from 1990 to 1998. He was later chairman of the American International Automobile Dealers Association and the ambassador to Switzerland and Liechtenstein.

"I've never felt more enthused and prepared for a job than I do for this one," Beyer said in his announcement. "It would be an honor to represent my community in Congress."



❖ **Lavern Chatman** served as president and chief executive officer of the Urban League of Northern Virginia from 2004 to 2011.

"The challenges we face demand a new type of leadership and a fresh perspective in Wash- ington," Chatman said in her announcement. "We need leaders who understand the struggles and joys of raising and educating children and the benefits of providing them opportunities for economic empowerment."



❖ **Adam Ebbin** has represented the 30th state Senate District of Virginia since 2012. Before that, he represented the 49th District of the House of Delegates, which included parts of Alexandria and Arlington.

"More than ever, we need effective leaders in Congress who know how to reach across the aisle to get things done without abandoning the progressive values we share, just as I've done in Richmond," Ebbin said in his an- nouncement. "In Congress, I will work with President Obama to defend the Affordable Care Act, protect federal workers, raise the minimum wage and ensure we never abandon the promise of Social Security and Medicare."



❖ **Bill Euille** has served as mayor of Alex- andria since 2003. Before that he served as a City Council member and School Board mem- ber.

"From growing up in a single-parent house- hold in public housing to being the first African-American elected mayor of Alexan- dria, I bring that unique combination of progressive values and experience that sets me apart from the rest of the field," said Euille in his announcement. "I have a track record of getting things done to improve our communities."



❖ **Charniele Herring** has represented the 46th District of the House of Delegates since 2009. She also served as the chair- woman of the Democratic Party of Virginia, although she will step down from that position to run for Congress.

"Today we need leaders who are willing to champion progressive values while still being able to reach across the aisle to find common- sense solutions for the challenges our nation faces," said Herring in her announcement. "If elected, I will continue the good works of Congressman Jim Moran to foster the economic development of Northern Virginia, address the needs of our veterans, work for access to affordable healthcare, and protect the privacy of a woman and her healthcare decisions."



❖ **Patrick Hope** has represented the 47th District of the House of Delegates since 2010.

"We must have a proven progressive leader as our Democratic nominee in the 8th Dis- trict," said Hope in his announcement. "We also need a nominee who will be ready to be effective on day one and able to build the necessary seniority that will be so crucial to our region."



❖ **Derek Hyra** is an associate professor at Virginia Tech, where he teaches in the university's Department of Urban Affairs and Planning. He is currently a member of the Al- exandria Planning Commission.

"I am not a politician. I have never run for elected office," said Hyra in his announce- ment. "What I have done is spent decades studying economic and community develop- ment to understand how we grow the middle class, reduce inequality and strengthen our communities."



❖ **Mark Levine** is a radio personality who is a former chief legislative counsel to U.S. Rep. Barney Frank (D-Mass.) for the Judiciary, Homeland Security and Financial Services Committees.

"We need a congressman who will do more than simply cast a vote, one who will strongly advocate for military veterans, federal em- ployees and contractors, students and young



professionals and retirees," said Levine in his announcement. "This is what I've done throughout my career — sticking up for our pro- gressive values while repeatedly tangling with Bill O'Reilly, Megyn Kelly, Larry Kudlow and others on the right who threaten the Ameri- can Dream."

❖ **Alfonso Lopez** has represented the 49th District of the House of Delegates since 2012. Before that, he served as Democratic Gov. Tim Kaine's director of the Virginia Liai- son Office in Washington, D.C.

"When it comes to continuing the fight on Capitol Hill to ensure equal opportunity for all Americans, protect a woman's right to choose, preserve our environment and natural re- sources, and improve our quality of life in Northern Virginia, our next representative must be a proven fighter for our progressive values," Lopez said in his announcement. "With more than 20 years of experience work- ing before Congress, the federal government and at the highest levels of state government on the issues critical to the people of Virginia's Eighth District, I have the proven track record necessary to get to work on day one."



❖ **Bruce Shuttleworth** served in the U.S. Navy from 1983 to 1995, stepping down as a lieutenant. In 2012, he waged an unsuccess- ful primary challenge to U.S. Rep. Jim Moran (D-8).

"As a straight white married father, it may come as a surprise that I am considered a di- versity candidate," said Shuttleworth in his announcement. "I'm a fighter pilot and a femi- nist, and I believe that it is the behavior of men more than women that will determine the quickest path to equal rights."



❖ **Mark Sickles** has represented the 43rd District of the House of Delegates since 2004.

"I will bring meaningful federal, state and local experience to a very divided Congress, as well as the ability to work with people across the political spectrum," said Sickles in his an- nouncement. "In my career, I have come to know the federal system as an advocate for in- frastructure investment, and will fight tirelessly for the federal workers — like my father, who had a 39-year career in the fed- eral government — who are the heart and soul of our economy."



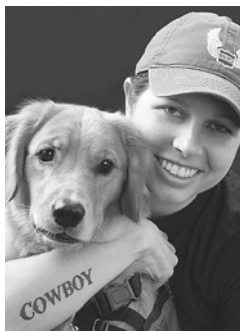
PETS



Erin Buckles and Solomon



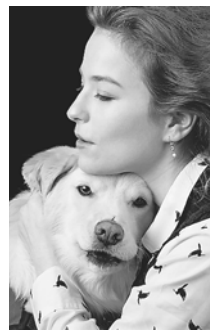
Adam Campbell and Kenan



Sarah Wishart and Darby



Josh Gregor and Mason



Natalie Kiddie and Dolce



Alex Keefover and Kingsley

PHOTOS BY JOAN BRADY

Making Connections

Service dogs and their “handlers” are teamed up through paws4people.

BY JOAN BRADY

I was already one of those embarrassingly crazy dog people, when I first met Kyria and Terry Henry, founders of paws4people.org. But I had no idea how little I truly knew about the bonds possible between animals and their people.

After photographing puppies coming home for the first time, dogs sharing their favorite pastime and pets who are older and/or ill, I really thought I knew all about the animal/people connection.

But nothing prepared me for the emotional bonds that I began to capture for paws4people.org of dogs and the “handlers” who are the paws4people clients.

These were assistance dogs, trained to provide support in mobility, psychiatric service, educational and rehabilitative assistance, and social therapy. The dogs’ training is done largely in prisons by inmate trainers.

Children and adolescents, veterans and active-duty service members who are accepted into the program, meet with trainers and dogs at the prisons (called a “bump”), in hopes that there will be a match between each of them and a dog. When a match is found, the dog is trained specifically to the needs of his/her new “handler.”

If you have ever tried to photograph your pet, you know it requires patience, a quick finger on the shutter and fast equipment. Capturing the relationship between assistance dogs and their handlers, is something altogether different.

It’s about capturing the intimacy of two beings who live largely for each other. As a photographer, that means creating the right environment, without intruding too much on the moment. Here are a few of the pairs I have photographed, and a little bit about each.

SONNY MORROW, of Alexandria, stepped on a land mine while serving in Vietnam. As he has aged, the injuries he sustained have continued to limit his activities and those of his wife, Peggy.

When Sonny went to West Virginia for his “bump” at FCC Hazelton, four years ago, he didn’t know what to expect. Sonny was introduced to two dogs, one by one. Each dog took one look at him and walked the other way. Sonny had heard that you don’t pick the dog, the dog picks you. And he wasn’t getting picked.

Another dog, Jake, a black lab, was not felt to be ready to meet any of the “clients.” Maybe

it was the way he looked at Sonny from across the room, maybe it was just a gut feeling, but it was decided that Jake should meet Sonny. Within seconds, Jake was upside down in Sonny’s lap and it was clear they were meant for each other.

Sonny gives Jennifer, Jake’s lead trainer, a great deal of credit for thoughtfully questioning him that day on what he was going to need from his assistance dog and then making sure that Jake had the training that would allow him to meet his specific needs. They remain close friends to this day.

Sonny can’t imagine his life without Jake. Jake is not only a caring constant companion, but his practical skills are critical to Sonny’s well being. Jake is able to call 911 if Sonny gets into trouble and helps Sonny with his mobility and stability. Sonny describes Jake, with great pride, as being able to do absolutely anything.

DAWSON HAS BEEN WITH RACHAEL WESSELL about a year now. He helps her with daily tasks like picking up dropped items, alerting her when someone is approaching her wheelchair from behind, helping her to balance when she needs to right herself, carrying bags, getting out her wallet or cell phone, getting help in an emergency. He is able to remove her socks and coat and will even bring her a hot pizza without scarfing it down himself. He lives for Mondays when Rachael rides at Lift Me Up therapeutic riding in Great Falls.

FOR ERIN BUCKLES, born a conjoined twin and separated as an infant from her sister Jade, having Solomon meant that she would no longer be the girl in the wheelchair at school in Northern Virginia. She would be the girl with the dog. And, she wouldn’t have to wait for someone to pick up a dropped pencil or bring her shoes to her.

ADAM CAMPBELL says he felt connected to Kenan as soon as they met at Lakin Correctional Center in West Virginia. “[it was] the way he looked at me, while he leaned into me, while I pet him. It was a moment I will never forget.”

SARAH WISHART, a veteran, and Darby were matched last July and both are still in training as of the writing of this column. They train together and Darby continues her train-

ing separately until they are both ready for Darby to go home with Sarah.

This training time is hard on Sarah, especially leaving Darby behind when she heads home. She can’t wait for Darby to come home with her. “She’s going to get me back out and helping my community again.”

At the paws4people.org annual reunion in October, Sarah struggled with her fear of crowds, related to her PTSD. Not only was she facing the crowded reunion, but that weekend marked the first anniversary of the death of one of her fellow soldiers.

He had been a true leader who was lost to an improvised explosive device in Afghanistan. To Sarah, he will always be known by his call sign, “Cowboy.” His memory and the knowledge of what he would want for her helps to propel her forward. She was thankful to have Darby by her side.

GETTING TOGETHER with friends is challenging for Josh Gregor of West Virginia. Because of his medical needs, he is fed and/or receives medications through a tube throughout the day. He is sensitive to other kids observing the intimate details of his daily life and he always has to have a nurse or his mom nearby.

Mason, his assistance dog, has practical, life saving responsibilities like alerting adults when Josh’s tube gets twisted, but what Josh cares most about is that now he has someone to play with all of the time.

NATALIE KIDDIE AND DOLCE, a psychiatric service dog, work as co-therapists at North Spring Behavioral Healthcare in Leesburg helping youths and adolescents with mental health impairments. Often it is Dolce with whom they feel comfortable sharing their thoughts.

ALEX KEEFOVER AND KINGSLEY met when Alex was 16. This year, they started college. Like so many of the paws4people clients, Kingsley is Alex’s everything, “He’s there for me. If it’s picking up stuff, taking my coat off, stuff like that, and also the emotional support. If I’m having a bad day or worried about school, I just have to look at him and I’m laughing.”

Joan Brady is a professional photographer; mentor and advocate for current and former foster children; volunteer with paws4people, Fairfax Families4Kids, and others; and a resident of Great Falls. Reach her at joan@joanbradyphotography.com.

OPINION

Medicaid Expansion Takes Center Stage

BY ADAM EBBIN
STATE SENATOR (D-30)



During last Thursday's budget debate, the General Assembly considered the budgets proposed by each chamber. The biggest sticking point continues to be Medicaid expansion, which the Senate budget included but the House budget did not. I vigorously support Medicaid expansion because it's critical to the 400,000 individuals who could obtain health insurance coverage and would create as many as 30,000 new healthcare jobs.

As required by federal law, Medicaid currently covers "mandatory eligibility groups" such as children and pregnant women and gives states the flexibility to cover "optional eligibility groups." In Virginia, this includes a small fraction of disabled adults not needing long-term care services and working parents with incomes less than 138 percent of the federal poverty level (FPL).

All childless adults making less than 138 percent of the FPL and many more disabled adults and working parents would now be eligible for coverage. The expansion would allow individuals with incomes below \$16,105 (or \$32,913 for a family of four) to qualify. Without the expansion, many of these individuals will wait to go to the emergency room to receive care. The costs of ER visits by the uninsured are passed on to insurance companies and patients in the form of increased premiums, driving up costs for everyone.

Each day Virginia delays, we lose \$5 million we would have otherwise received from the federal government — that's over \$250 million forfeited since Jan. 1. That \$5 million per day could pay for 40,000 patient visits, 119,000 mammograms or 7,200

colonoscopies. By expanding Medicaid, we would cover over 33,000 workers in the tourism industry; 26,000 in the retail trade sector; 23,000 in education, health and social services sectors; 18,000 in the construction industry; and 12,000 veterans.

Hospitals and business associations around the state strongly support Medicaid expansion because they know it will save money and save lives. Last week I heard from representatives at Inova's Mount Vernon Hospital about one patient, a working taxi driver, who suffered a stroke in his 40s and who was unable to afford insurance. Inova was able to provide for his acute care needs and rehab, but due to a lack of coverage he didn't get all the post-stroke care he needed and thus took longer to recover — maybe never reaching the capacity he would have with adequate coverage.

Fortunately, a solution is within reach in the form of Marketplace Virginia, a modified version of traditional Medicaid expansion. Marketplace Virginia is similar to what Arkansas has successfully adopted and would provide individuals who would otherwise be eligible for coverage under traditional expansion with the ability to purchase health care coverage through a competitive network of private health plans. This program would be tailored specifically to our state and represents our best chance to close the coverage gap.

You can email me at district30@senate.virginia.gov with your views on legislation. I am also active on Facebook and Twitter (@AdamEbbin).

It is my continued honor to represent the citizens of the 30th Senate District.

MILITARY NOTES

Email arlington@connectionnews.com. Photos are welcome.

Navy Seaman **Megan J. Gonzales**, daughter of Lorianne Stahl of Arlington, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill. Gonzales is a 2013 gradu-

ate of Highland High School, Palmdale, Calif.

Staff Sergeant **Christian Dominguez**, from Arlington, has reenlisted in the New York Army National Guard with the Intelligence and Sustainment Company, 42nd Infantry Division.

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ENTERTAINMENT

Email announcements to arlington@connectionnewspapers.com. Deadline is noon Thursday. Photos are welcome.

ONGOING

Comedy. Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz (“clean”) and at 10 p.m. on Friday and Saturday is the Blue Show (“unclean”), both at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit www.comedyindc.com or 703-294-LAFF.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Featured musicians will perform from 9:30-10 p.m. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for 1st place. Free. Visit www.whitlows.com or call 703-276-9693.

Winter Cabaret Festival. See a variety of cabarets while enjoying a drink in the ARK Theatre at Signature Theatre, 4200 Campbell Ave. Performers include Tracy Lynn Olivera, Chelsea and Geoff Packard and more. Runs through March 1. \$35/season subscribers; \$41/non-subscribers per session or \$90/all-access pass. Visit www.signaturetheatre.org.

Art Exhibit. Marymount's Barry Gallery, 2807 N. Glebe Road, will present “Senior Art Show.” The exhibit features works by senior art majors Lindsay Bullock, Rebecca Demidio and Maureen Dixon. Runs through March 7. Free. E-mail judy.bass@marymount.edu for more.

Theater Performance. See “La Vida Que Me Das...y no me alcanza (Such a Life You've Given Me... and it's not enough)” Feb. 13-March 9 at Gunston Arts Center - Theater Two, 2700 S. Lang St. Performances are Thursdays at 8 p.m. (\$15/person), Fridays and Saturdays at 8 p.m. (\$35/regular; \$30/students, seniors) and Sundays at 3 p.m. (\$25/person). Visit www.teatrodelaluna.org for tickets. Performances are in Spanish with English subtitles.

Theater Performance. “Beaches” will run Feb. 18-March 30 at Signature Theatre, 4200 Campbell Ave. Performances are Tuesday-Sunday evenings with matinees on Saturdays and Sundays. Tickets start at \$40. Based on the book by Iris Rainer Dart. Visit www.signaturetheatre.org.

Theater Performance. See Virginia Woolf's “Orlando” at Theatre on the Run, 3700 S. Four Mile Run Drive. Performances run Feb. 26-March 23. Pay-what-you-can Saturday matinees March 1-22 at 2 p.m. All other performances are Thursday-Saturdays at 7:30 p.m. and Saturday and Sunday matinees at 2 p.m. Visit www.arlingtonarts.org/ for more.

Theater Performance. Encore Stage & Studio presents “The Secret Case of Sherlock Holmes” from Feb. 28-March 9 at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. Performances are Fridays at 7:30 p.m., Saturdays at 11 a.m. and 3 p.m. and Sundays at 3 p.m. Recommended for ages 4 and up. Visit www.encorestageva.org.

Synetic Theater and dog & pony dc are offering a week-long course in street theater from March 10-15.



Synetic Offers Street Theater Camp

Week-long intensive camp in techniques of street theater.

BY STEVE HIBBARD
THE CONNECTION

Synetic Theater and dog & pony dc are teaming up to offer a week-long intensive course in street theater for high school and college students at Synetic's new studio space in Crystal City. It runs March 10-15 and costs \$350. Classes will culminate on Saturday, March 15 with public performances that take students from Crystal City to Freedom Plaza in the District.

“This year, we are very excited to be working with dog & pony theater,” said Camp Director Elena Velasco. “They use social media and are very focused on audience reaction and audience relationships.”

She added, “With dog & pony, it will be how we can invite the audience into the action ... How do we incorporate that into social media — Twitter, texting — how can we expand that performance circle.”

Under the guidance of senior Synetic teachers and artists from dog & pony dc, students will study the disciplines of collaborative creation. Street theater offers a means of honing one's skills as an actor, and performers use their craft to empower their community and transform public spaces into arenas of artistic exchange.

The camp will be structured by taking the strength, skills and techniques of Synetic Theater and mixing those educational practices with performance practices of the dog & pony theater. Dog

& pony specializes in audience integration and live performance, as well as using social media to engage audiences with new technology. Students will also learn the physical techniques that Synetic Theater incorporates: mime, clowning styles, dance, pantomime and text.

“They will also create compositions using technology and music to shape theater pieces,” said Educational Coordinator Joe Carlson. He added the course will focus on ensemble work and creative collaboration — “How everyone works together to tell a story in a captivating and potent manner.”

Carlson said, “It's all geared to the value that theater has the potential to help shape public space and help activate revelation and reflection in the audience without dictating what that revelation should be.”

The challenge is getting young audiences — the new generation — excited about attending the theater and providing different venues. “If you can't get them in the seats, take it out to the streets,” said Carlson, jokingly.

Velasco said, “We will be doing some physical conditioning — about how we become aware of the way the body can be used to make different images and shapes — by training the body to be aware of isolations, different tempos, also how to create and collaborate — to allow everybody's voice to come together and be represented in a piece.”

Regarding the use of social media, Carlson said students will be Tweeting, blogging, and Facebooking, and offering hints about their performances to generate public interest.

Class will take place at 2155 Crystal Plaza Arcade, Arlington. Call 703-824-8060 or register at www.synetictheater.org/studio.

Theater Performance. See “Oklahoma!” Feb. 28-March 16 at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Performances are Fridays and Saturdays at 7:30 p.m., Sundays at 3 p.m., with an additional matinee on Saturday, March 15 at 3 p.m. \$20/adult; \$15/student, senior. 703-892-0202 ext. 6 for tickets.

Art Exhibit. See Arlington resident Howard C. Smith's “Over Kansas,” featuring watercolor paintings at House of Steep, 3800 Lee Highway,

through March 31. The show is an exploration in color and space, and includes abstracts inspired by the photo, along with a series of still lifes. Visit www.bethsingerdesign.com/watercolors or www.houseofsteep.com for more.

Art Exhibit. See “Illuminations” the art of Linda Maldonado and Elise Ritter at Gallery Underground, 2100 Crystal Drive. Both artists use acrylic, watercolor, and collage to achieve imaginative expression in abstract and symbolist styles. The exhibit runs

March 3-28. Free. Visit www.galleryunderground.org or 571-483-0652.

Theater Performance. Synetic Theater reimagines their original “silent Shakespeare” production “Hamlet ... the rest is silence” from March 13-April 6. Performances are Wednesdays through Saturdays at 8 p.m. and Sundays at 2 p.m. at Synetic Theater, 1800 S. Bell St. Tickets start at \$35; student tickets start at \$15. Visit www.synetictheater.org for tickets.

CLASSES & WORKSHOPS

Theatre Classes. Encore Stage & Studio is holding classes and mini camps for children in grades K-8 on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road and Tuesdays and Wednesdays after-school at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit www.encorestageva.org.
Register Now. Winter and Spring break classes are open for registration at www.arlingtonartscenter.org. There will be weekend workshops for children, and more.

FRIDAY/FEB. 28

Tiny Tot. 10 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 18-35 months can discover nature through a themed program. \$5 due at registration. 703-228-6535. Program #622914-I.

SATURDAY/MARCH 1

Edible Book Contest. 10 a.m.-5 p.m. at Cherrydale Library, 2190 N. Military Road and at Shirlington Library, 4200 Campbell Ave. Anyone can submit an entry from 10 a.m.-noon that represents something from a book, either a title, character, shape or pun. It has to be made up of primarily edible materials. Free.

Drop in Story Time. 10:30 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children up to age 5 can enjoy stories and more. Free. 703-228-5710.

Vintage Crystal: 1k Wine/Beer Walk. 2-6 p.m., begin at The Landing located in the Crystal City Shops, 1750 Crystal Drive. Walkers can sample dozens of wine or beer varieties as they make their way through an indoor course. \$40 includes 22 different tastes. Buy tickets at washingtonwineacademy.org or 703-412-9430.

Music Performance. 8:30 p.m. at IOTA Club and Cafe, 2832 Wilson Blvd. Check Hamala Diabate and his group will perform. \$12. Adults 21 and over. Visit www.iotaclubandcafe.com or call 703-522-8340.

SUNDAY/MARCH 2

Story Time: Under 2s. 10:30 a.m. at Glencarlyn Library, 300 S. Kensington St. For children up to age 2. Free. 703-228-6548.

Drop-in Story Time: Under 2s. 10:30 a.m. or 11:15 a.m. at Shirlington Library, 4200 Campbell Ave. For children up to age 2. Free. 703-228-6545.

Music Performance. 1 p.m. at Women's Service Memorial, Arlington National Cemetery. The United States Air Force Band Women's ensemble will perform. Free. Visit www.usafband.af.mil or 202-767-5658.

Dance Performance. Jane Franklin Dance will perform “Blue Moon/River” at 2 p.m. at the Atlas Performing Arts Center, 1333 H St., N.E., D.C. Tickets are \$16.50-\$22. Visit intersectionsdc.org or 202-399-7993 ext. 2.

Story Time: Baby Steps. 2 p.m. at Central Library, 1015 N. Quincy St. For children up to age 1. Free. 703-228-5946.

Drop in Family Storytime. 6:45 p.m. at Cherrydale Library, 2190 N. Military Road. For all ages. Free. 703-228-6330.

Books on Tap Book Club. 7:30-9 p.m. at Westover Beer Garden, 5863 Washington Blvd. Free. 703-228-5260.

MONDAY/MARCH 3

ENTERTAINMENT

Author Visit. 7 p.m. at One More Page, 2200 North Westmoreland St. Kathleen Wheaton, author of "Aliens and Other Stories" and Robert Herschbach, author of "Loose Weather," discuss and sign their books. Visit www.onemorepagebooks.com or call 703-300-9746.

TUESDAY/MARCH 4

Story Time. 4:15 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children up to age 5. Free. 703-228-5260.

Drop-in Story Time: Over 2s. 4:30-5:15 p.m. at Cherrydale Library, 2190 N. Military Road. For children age 25 months to 5 years. Free. 703-228-6330.

Teen Book Club. 5 p.m. at Central Library, 1015 N. Quincy St. High school students can discuss a book. Free. 703-228-5946.

Paws to Read. 5:30-6:30 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children in grades K-5 can read to therapy dogs. Each dog is part of PAL. Register for a slot by calling 703-228-5710.

Family Story Time. 6:30 p.m. at Central Library, 1015 N. Quincy St. For all ages. Free. 703-228-5946.

Mardi Gras Parade. 8 p.m. along Wilson Boulevard from N. Barton Street to Washington Boulevard. Family friendly. Visit clarendon.org/mardi-gras for more.

WEDNESDAY/MARCH 5

Nanny Club. 10 a.m.-noon at Columbia Pike Library, 816 S. Walter Reed Drive. For children up to age 5. Free. 703-228-5710.

Story Time: Over 2s. 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children age 25 months- 5 years. Free. 703-228-5260.

Stop in for Stories. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. For children up to age 5. Free. 703-228-5946.

ASL Club for Children. 4 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children in grades K-5 can learn American Sign Language through activities, songs and rhymes. Free. 703-228-5710.

Lego Club. 4 p.m. at Glencarlyn Library, 300 S. Kensington St. Children in grades K-5 can build with legos. Free. 703-228-6548.

Kids Club. 4:15 p.m. at Central Library, 1015 N. Quincy St. Children in grades K-5 can enjoy activities and more. Free 703-228-5710.

Family Story Time. 6:30 p.m. at Glencarlyn Library, 300 S. Kensington St. For all ages. Free. 703-228-6548.

THURSDAY/MARCH 6

Drop-in Storytime: Over 2s. 10:30 a.m. or 11:15 a.m. at Shirlington Library, 4200 Campbell Ave. For children age 25 months to 5 years. Free. 703-228-6545.

Drop-in Storytime. 10:30 a.m. at Cherrydale Library, 2190 N. Military Road. For children up to age 5. Free. 703-228-6330.

Drop-in Storytime: Under 2s. 10:30 a.m. at Aurora Hills Library, 735 S. 18th St. For children up to age 2. Free. 703-228-5715.

Drop-in Storytime: Over 2s. 11:15 a.m. at Aurora Hills Library, 735 S. 18th St. For children age 2-5. Free.

703-228-5715.

Tween Art Afternoons. 2 p.m. at Central Library, 1015 N. Quincy St. Children in grades 4-6 can do art projects. Free. 703-228-5990.

Bilingual Story Time. 4:15 p.m. at Central Library, 1015 N. Quincy St. Children can enjoy stories, songs and crafts in English and Spanish. Free. 703-228-5990.

Author Visit. 7 p.m. One More Page, 2200 North Westmoreland St. Medieval scholar Bruce Holsinger shares from his new historical thriller, "A Burnable Book," set in Chaucer's London. Visit www.onemorepagebooks.com or call 703-300-9746.

FRIDAY/MARCH 7

Story Time: Baby Steps. 10:30 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children up to 1 year old can enjoy stories. Free. 703-228-5710.

Story Time: Baby Steps. 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children up to age 1. Free. 703-228-5260.

Story Time: Over 2s. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children age 25 months to 5 years. Free. 703-228-5946.

Story Time: Under 2s. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children up to age 2. Free. 703-228-5946.

Story Time: Wobbly Walkers. 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children age 13-24 months. Free. 703-228-5260.

Opening Reception. 5-8 p.m., meet

plant and grow roses. Free. 703-371-9351.

MONDAY/MARCH 3

Application Deadline. The online application for the Military Officers Association of America Educational Assistance Programs for the 2014-2015 school year is now available. Students may apply online at www.moaa.org/education. The application deadline is Monday, March 3 at noon. Email edassist@MOAA.org.

Foster Care/Adoption Program Information Session. 6:30-8:30 p.m. at Department of Human Services, 2100 Washington Blvd. RSVP at openheartsopehomes@arlingtonva.us or 703-228-1550.

TUESDAY/MARCH 4

Nonprofit Workshop. 8:30 a.m.-noon at George Mason University, Arlington Campus, Founders Hall, 3301 Fairfax Drive. U.S. Rep. Jim Moran will host "The Tools of the Trade: Building Your Nonprofit for Greater Community Impact" for nonprofit organizations in the 8th Congressional District to learn about funding opportunities, board development and nonprofit management topics. The program will consist of a keynote discussion and small group strategy sessions led by nonprofit leaders. Visit <http://moran.house.gov/workshop>.

Book Festival

One More Page Books partners with Arlington Central Library, Arlington Public Schools, Fairfax County Schools, and sponsors George Mason University's Fall for the Book and Fairfax County Public Library, for the first **NoVa Teen Book Festival** on Saturday, March 8. More than 20 Young Adult authors will participate in the day-long literary festival which begins at 9:30 a.m. at Washington-Lee High School and moves to Arlington Central Library for an author book-signing at 4 pm. Full event information can be found at <http://novateenbookfestival.tumblr.com/>.

the artists of "Illuminations" at Gallery Underground, 2100 Crystal Drive. Both artists use acrylic, watercolor, and collage to achieve imaginative expression in abstract and symbolist styles. The exhibit runs March 3-28. Free. Visit www.galleryunderground.org or 571-483-0652.

Wine Tasting. 6:30 p.m. One More Page, 2200 North Westmoreland St. "We're Ready for Spring!" features white wines. Visit www.onemorepagebooks.com or call 703-300-9746.

Dance Performance. 7 p.m. at Sprenger Theatre, 1333 H St., N.E., Washington, D.C. Bowen McCauley Dance will perform at the Atlas Intersections Festival. \$22/general; \$16.50/student, senior. Visit <http://intersectionsdc.org>.

SATURDAY/MARCH 8

Home Show & Garden Expo. 10 a.m.-6 p.m. at Jefferson Community Center, 3501 2nd St. Enjoy seminars, get questions answered at "Ask an Expert," learn about remodeling kitchens and baths, and get art, jewelry or antiques appraised by a certified antiques appraisal. Free. Visit www.arlingtonhomeshow.org.

Drop in Story Time. 10:30 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children up to age 5 can enjoy stories and more. Free. 703-228-5710.

Singles Dinner and Movie Night. Fixed price dinner beginning at 5

p.m. at Rock Bottom Brewery, 4238 Wilson Blvd., followed by movie of your choice at Ballston Regal 12. Cost of \$30 at door includes dinner, soda, tip and movie ticket. RSVP required. Sponsored by New Beginnings, a support group for separated/divorced men and women. Call 301-924-4101 or visit www.newbeginningsusa.org.

Multimedia Concert. Celebrate Vivaldi's birthday with "The Extraordinary Four Seasons" presented by the National Chamber Ensemble at 7:30 p.m. at Artisphere's Rosslyn Spectrum, 1101 Wilson Blvd. Visit www.artisphere.com or call 703-875-1100. Family-friendly concert. \$30/adult; \$15/student. Buy tickets at tickets.artisphere.com, by phone at 888-841-2787, or at the door. A reception will follow.

SUNDAY/MARCH 9

Music Performance. 4 p.m. at the Rock Spring Congregational United Church of Christ, 5010 Little Falls Road. Recital will include music by Bach, Beethoven and Pierre. Free, donation requested. Visit rockspringucc.org.

MONDAY/MARCH 10

Story Time: Under 2s. 10:30 a.m. at Glencarlyn Library, 300 S. Kensington St. For children up to age 2. Free. 703-228-6548.

BULLETIN BOARD

Email announcements to arlington@connectionnews.com. Deadline is noon the Thursday before publication.

THURSDAY-SATURDAY/FEB. 27-MARCH 1

Charity Fundraiser. Arlington Northwest Lions will sell Florida citrus, Georgia pecans, Vermont maple syrup and more at the Overlee Pool, 6030 Lee Highway. Hours are Thursday and Friday 8 a.m.-5 p.m. and Saturday 8 a.m.-3 p.m. 703-528-1130.

FRIDAY/FEB. 28

Lecture Series. 11 a.m.-noon at 601 S. Carlin Springs Road. The Arlington County Fire Department provides essential fire, emergency, medical and allied public safety services. Free. RSVP to 703-558-6859.

SATURDAY/MARCH 1

Free SAT Strategy Session. 11:30 a.m.-1:30 p.m. at Mount Zion Baptist Church, 3500 S. 19th St. All high school students can attend. Hosted by a Kaplan-certified tutor. Register by calling 703-979-7411.

SUNDAY/MARCH 2

Planting and Product Seminar. 2-4 p.m. at Merrifield Garden Center, 12101 Lee Highway, Fairfax. learn how to

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W-L Wins Third Consecutive Region Championship

Generals edge McLean by less than half of a point.

BY JON ROETMAN
THE CONNECTION

The Washington-Lee coaching staff wasn't certain the Generals had done enough to earn a state berth, but Annie Hatcher's final vault

"It's unbelievable. It just shows that the underclassmen learned a lot from those seniors — the class to win and be champions — and these kids went in there and they competed like champions."

— W-L gymnastics coach Joe D'Emidio

gave head coach Joe D'Emidio a positive vibe. "It was the last routine at the last event when Annie Hatcher vaulted," D'Emidio said, "She was the last girl, [she] hit her [Tsukahara] in the pike position and stuck it and got a 9.55. It just gave me this winning feeling. ... I don't know what it was, but when I saw that vault, I walked



Annie Hatcher helped the Washington-Lee gymnastics team capture its third consecutive region championship on Feb. 18 at Lake Braddock Secondary School.

to the bleachers feeling good that we had a chance of being in the top two."

When the public address announcer revealed McLean had finished second, W-L assistant Ron Melkis said he felt "confused." It was a three-team race for the top-two spots and maybe T.C. Williams had taken first place.

As it turned out, the Generals had nothing to worry about.

Washington-Lee coaches celebrated after the announcement that the Generals had won their third consecutive region championship, edging McLean by less than a half-point. W-L finished with a score of 140.449, while McLean totaled 140.077. T.C. Williams placed third with a score of 138.459. The previous two seasons, W-L entered



Washington-Lee freshman Sylvia Shea competes on beam during the 6A North region meet on Feb. 18 at Lake Braddock Secondary School.

the region meet having already won the National District title. Led by the "Fab Four" of Mary Lynn Clark, Kylie Auble, Maia Mandel and Madeleine Sendek, the Generals didn't lose a regular-season meet in four seasons, won region championships in 2012 and 2013 and twice finished state runner-up.

This year, with the Fab Four having graduated, success didn't come as easily to the Generals. W-L finished second to Yorktown during a regular-season meet, finished behind the Patriots in the National District competition and finished runner-up to McLean at the Conference 6 meet. But that didn't stop the Generals from taking care of business with a region title on the line.

"It's unbelievable," D'Emidio said. "It just shows that the underclassmen learned a lot from those seniors — the class to win and

be champions — and these kids went in there and they competed like champions."

W-L's Sophie Hatcher finished fourth in the all-around with a score of 36.008. She placed fourth on floor (9.333), finished sixth on beam (8.983), and 14th on bars (8.617) and vault (9.075). Her twin sister, Annie Hatcher, finished seventh in the all-around with a score of 35.434. She tied for fourth on vault (9.55), finished sixth on floor (9.2), 16th on beam (8.517) and 22nd on bars (8.167).

Sylvia Shea finished seventh on bars (9.033).

The Generals went on to finish third during the 6A state meet Feb. 21-22 at Salem High School in Virginia Beach. Cox won the state title with a score of 144.95, followed by McLean (143.725), W-L (143.125) and Stafford (142.875).

W-L Grappler Narankhuu Finishes State Runner-Up

Senior reaches 126-pound final at 6A state wrestling meet.

BY JON ROETMAN
THE CONNECTION

Washington-Lee grappler Narankhuu Ganbaatar was a ball of emotion prior to wrestling for the 126-pound state title on Feb. 22. Unfortunately for the senior, his post-match emotions included disappointment.

Ganbaatar finished runner up in the 126-pound bracket at the 6A state wrestling meet at Robinson Secondary School.

Ganbaatar lost to Westfield junior Jus-

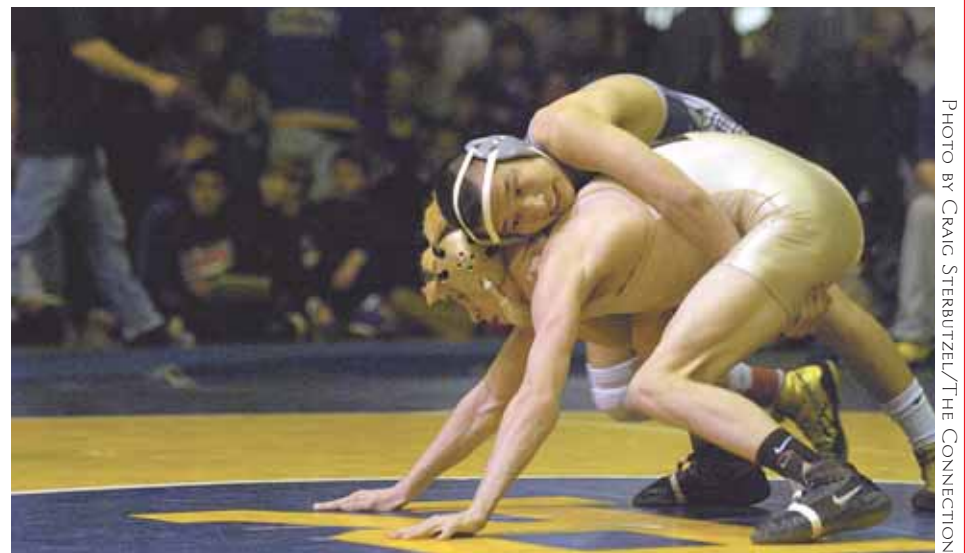
tin Yorkdale via 11-2 major decision in the championship match.

"Going into the match I was a mix of every emotion — I was nervous, anxious, happy, hungry — every emotion you can think of," an emotional Ganbaatar said. "The match didn't go the way I wanted it to. I guess I'll have to hold that the rest of my life, but at least ... I got there."

Ganbaatar, who started wrestling in the eighth grade, placed first in Conference 6 and took third at the 6A North region meet before competing at states.

"It was great," he said. "It was a very memorable experience. I know I worked really hard to get here and I'm glad I got to the state championships and I'm glad I got to the finals."

Robinson won its third team state championship in four years with a score of 152.5. Colonial Forge finished runner-up with a score of 132.5.



Washington-Lee senior Narankhuu Ganbaatar, top, placed second in the 126-pound bracket at the 6A state wrestling meet on Feb. 22 at Robinson Secondary School.

COMMUNITY



PHOTO BY LOUISE KRAFFT/THE CONNECTION

At the Dog Park

Dogs visiting the Shirlington Dog Park on Saturday afternoon, Feb. 22, get into a tug of war with a branch.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for March 9-15.

Senior trips: Sunday, March 9, "Ella," Metro Stage, Alexandria, \$69; Thursday, March 13, Shamrock Inn, Thurmont, Md., \$9 (trans. only); Saturday, March 15, Dover Downs Casino, Dover, Del., \$10. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Tour of artist Georgia O'Keeffe's homes, Monday, March 10, 1 p.m., Aurora Hills. Free. Register, 703-228-5722.

Current events round table, Monday, March 10, 10 a.m., Culpepper Garden. Free. Register, 703-228-4403.

Seniors only weight room hours, Langston-Brown and Madison. Monday-Wednesday-Friday, \$60/15 sessions. Call for days and times, 703-228-4745.

Ice skating, Mondays, 8 a.m. - 9:10 a.m., Kettler Capitals Iceplex, Ballston Mall, \$1 (includes skates). Register, 703-228-4745.

Keeping leg veins healthy, Tuesday, March 11, 6:30 p.m., Walter Reed. Free. Register, 703-228-0955.

Modern approach to low impact aerobics, Tuesdays, 9:30 a.m., Aurora Hills. \$60/15 sessions. Register, 703-228-5722.

Table tennis, Tuesdays-Thursdays, 10 a.m., Walter Reed. Details, 703-228-

0955.

Apple products, one-on-one instruction, Wednesday, March 12, 9:30 a.m., Walter Reed. Free. Register, 703-228-0955.

Walking Club, Wednesdays, 9:30 a.m., \$4, Culpepper Garden. Register, 703-228-4403.

Line dancing, Wednesdays, 9:30 a.m., Walter Reed. Free. Details, 703-228-0955.

Healthy seafood cooking demonstration with recipes, Thursday, March 13, 1 p.m., Walter Reed. Free. Register, 703-228-0955.

Pickleball, Thursdays, 11 a.m. - 3 p.m., Walter Reed. Free. Register, 703-228-0955.

55+ Biking Group information, Thursday, March 13, 10 a.m., 703-228-4745.

Cardio tone exercises, Thursdays, 11 a.m., Aurora Hills. \$60/15 sessions. Register, 703-228-5722.

Fast-paced walking group, Fridays, 9 a.m., Aurora Hills. Free. Register, 703-228-5722.

Caregiver stress, symptoms and solutions, Friday, Mar. 14, 11 a.m., Langton-Brown. Free. Register, 703-228-6300.

Seniors Golf Club information, Fridays, 10 a.m., 703-228-4745.

Tai Chi practice, Saturdays, 9:15 a.m., Langston-Brown. Free. Register, 703-228-6300.

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High Five



By KENNETH B. LOURIE

I made it. It's five years after receiving a terminal diagnosis on February 27, 2009 from my oncologist: stage IV non-small cell lung cancer, accompanied by a "13-month to two-year" prognosis. Let's be honest, medical professionals don't toss around the word "terminal" because you're going to be treated at an airport. Presumably, they know their facts and figures as well as the patient's present condition, confirmed by a variety of diagnostic results from X-Rays, CT Scans, P.E.T. Scans, lab work and of course the ever-popular biopsy, so their diagnosis/prognosis is a bit more than an educated guess. Nevertheless, there are exceptions to every rule and until proven otherwise, I was not about to succumb to their statistics. Still, based on the best medical knowledge available at the time, this patient (yours truly) was given a limited life expectancy and encouraged to take the vacation I had always dreamed of – for obvious you're-life-is-now-shorter-than-you-ever-imagined-type reasons, and yet, five years hence, here I am.

I have to admit, surviving, at least from my perspective, is indeed all it's cracked up to be. Aside from beating the alternatives, it has been, for me, empowering in a way. Not that I think I wrote the book on what one need do to fend off the ravages of this insidious disease – though I have made my share of changes and accommodations, but I have persevered. And for those closest to me who knew me when (pre-diagnosis), I have switched and fought – I have occasionally looked back. And even though I never was a smoker and rarely exposed to second-hand smoke, I may very well have been a victim of some of my own circumstances. Although I didn't/don't drink much or consume drugs to any extreme degree, my eating habits may have contributed to a weakened immune system which in some way kick-started the cancer cells in my body (which we all have, by the way); and if you believe any of the like-minded literature coming out of Johns Hopkins and other respected medical institutions: we all may very well be what we eat – or don't eat. And apparently, there may be consequences – both good and unfortunately, bad.

For the past nearly five years (beginning in June, 2009), I have chronicled my life as a cancer patient. Every week, save for a few non-cancer columns as we call them, I have written about cancer and the range of emotions I've experienced. I don't think I've not shared one emotion with you that I've felt. Not that it was ever important that it was me doing the talking, because it wasn't/isn't, it's simply that I had a forum/space and the support of my publisher and editor to unburden myself in this very public way. And since writing with such honesty came easy to me (I had been writing non-cancer columns in the Connection since December 1999), having such a juicy and compelling subject on which to write was not particularly challenging to me. Moreover, given the incredibly appreciative and super-positive feedback I have received from readers over the years, I have felt encouraged to continue.

Some weeks however, especially after chemotherapy, the words don't exactly flow, but for now, life is going on. I have another CT Scan on the day this column publishes, 2/26/2014. Within a day or two, my oncologist will e-mail the results to me. Within a day or two after that, I will likely write my next column. I hope the news is good. It might not be though. When you've so far outlived your original prognosis as I have, it's hard not to think you're borrowing time – and as most of us will readily admit, pay-backs are hell.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Westwood Country Club Inc trading as Westwood Country Club, 800 Maple Ave E., Vienna, VA 22180. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and off Premises license to sell or manufacture alcoholic beverages. James Evans, Director Note: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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PEOPLE



PHOTOS BY CORRIN REID/THE CONNECTION

Members of the 54th Mass Reenactment Troop Lewis Carter and Kelly Washington inform the crowd about the history and life as a black soldier during the Civil War.

Heritage Festival

Arlington County celebrated its African-American heritage at the 22nd annual Feel the Heritage Festival on Saturday, Feb. 22 at Carver Community Center. The free event featured live music and dance, a "Hall of History" with photos and artifacts from Arlington's historically African-American churches and organizations, free children's activities, food and a variety of vendors.



Franks and Things (Frances and Frank Walker reside in South Arlington) was a participating booth vendor.



Bar-B-Que At Its Best was on hand to provide food.



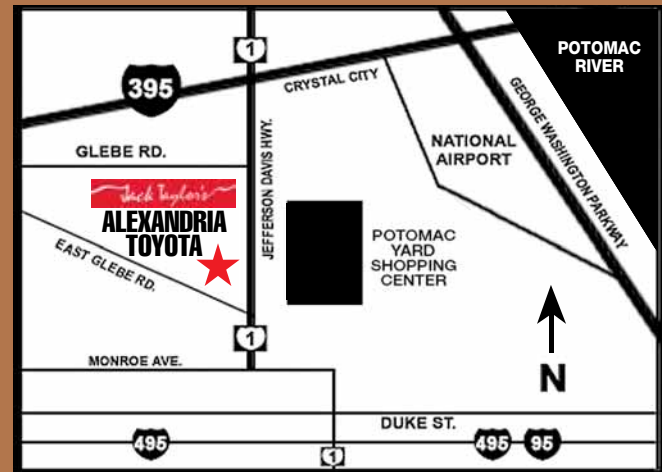
The Howard Gospel Choir performed various songs and hymns.

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<p>OIL & FILTER SERVICE SPECIAL \$5.00 OFF Includes: Change oil, install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out. <small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p>VARIABLE DISCOUNT \$5.00 OFF with purchase of \$35.00 - \$49.99 \$10.00 OFF with purchase of \$50.00 - \$99.99 \$15.00 OFF with purchase of \$100.00 - \$199.99 \$20.00 OFF with purchase of \$200.00 - \$499.99 \$50.00 OFF with purchase of \$500.00 Or more <small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p>4 WHEEL ALIGNMENT \$89.95 Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy. INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure. <small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p>SPRING DETAIL SPECIAL \$119.95 Prepare your car's paint for the harsh winter road conditions. A full exterior buffing, paint sealant and wax, along with a vacuuming of the interior. Vans & SUVs add \$20.00. <small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>
<p>BRAKE SPECIAL \$99.95 PADS PLUS \$50 VISA GIFT CARD Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only. MACHINE ROTORS AN ADDITIONAL \$199.95. <small>DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p>SERVICE PRICE \$99.95 \$50 VISA CARD \$50.00 YOUR COST \$49.95</p>	<p>BUY 3 TIRES AND GET 4TH FOR \$1.00 GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY MULTI-POINT INSPECTION. PRICE MATCH GUARANTEE. SEE SERVICE ADVISOR FOR DETAILS. <small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p>DETAIL SPECIALS \$39.95 Wash & Vacuum \$139.95 Hand wash, wax & interior cleaning \$295.95 Full premium detail <small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>
<p>BREATHE EASY SPECIAL \$59.95 Includes: Replace cabin air filter and inspect Air conditioning system <small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p>TRUE START BATTERY SPECIAL \$139.95 INCLUDES BATTERY INSTALLATION Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated, PLUS we'll check all battery cables & connections. <small>Does not apply to hybrid batteries. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p>BASIC MINOR SERVICE PERFORMED EVERY 5,000 MILES OR 6 MONTHS WHICHEVER COMES FIRST \$79.88 2003 & NEWER INCLUDES: Replace engine oil, replace engine oil filter, drain plug washer, check & top off fluids (as needed), inspect brake linings/drums & brake pads/discs, rotate best tires to front, clean brakes (if applicable), perform multi-point inspection, & road test vehicle (as needed). <small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p>HEADLIGHT RESTORATION SPECIAL \$89.95 Plastic lenses can yellow with age, reducing the vehicle's market value. Headlight brightness & the overall safety during nighttime driving. The headlight lens restoration from us allows you to shine and restore headlights to like-new conditions. <small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>
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