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Fairfax County Police Chief Ed Roessler Jr. (left) and Sully District Station Commander Ed O'Carroll stand by the new cruiser wrapped in messages.

When things
aren't right,
that's when
we're
just right.

From primary care to intensive care, we provide nationally ranked pediatric medicine serving Maryland, Virginia, the District of Columbia, and beyond. Call 888-884-BEAR or visit JustRightForChildren.com.



NEWS

WFCM Seeks Contributions

Organizations launches Bread and Water fundraising campaign.

BY BONNIE HOBBS
THE CONNECTION

Western Fairfax Christian Ministries (WFCM) believes people in the community can provide hope for local families facing financial hardships. Toward that end, it's launching its annual Bread and Water fundraising campaign.

For any four-week period they choose between March and June, businesses, churches and other groups wishing to participate will receive water bottles to fill with coins, cash or checks (made payable to WFCM). Even a small amount of spare change — when added to all the other donations received — can assist WFCM in making a big difference in the lives of those whom it helps.

During Fiscal Year 2013 — thanks to contributions from individuals, churches and businesses, WFCM was able to provide a safety net for families struggling to make ends meet. Here's how:

❖ 745 households received a total of

26,747 bags of free groceries.

❖ 374 households were given financial assistance for rent, utility bills, medical prescriptions and gas cards totaling \$182,245.

❖ Clients received free clothing, furniture and household items, as well as transportation to medical appointments.

❖ 1,995 low-income students at 23 area elementary, middle and high schools received new backpacks.

❖ 1,319 individuals and families received meals at Thanksgiving and Christmas via WFCM's Holiday Food Program.

But it can't accomplish such tasks alone. Since it was founded 27 years ago, WFCM has depended on support from donors and volunteers so it can help people in need. And when the community opens its hearts and wallets, it enables WFCM to give the working poor, unemployed and fixed-income elderly residents encouragement to persevere toward self-sufficiency.

"We are committed to making the most of every tax-deductible gift to assist clients with food, emergency rent and utilities aid, clothing and household items, financial training, and a counselor's listening ears," said WFCM Community Outreach Manager Jennie Bush. "Of every dollar's worth of donations given to WFCM, 92 cents goes directly to client assistance programs. So

SEE WFCM, PAGE 7

Casino for a Cause

• Get Tickets Now! •

A Casino Night to Benefit the Boys & Girls Clubs of Greater Washington, Fairfax County Region

Get Tickets Now!

Friday, March 7th, 2014

6:30pm– 11:30pm

The Ritz-Carlton, Tysons Corner

Tickets

\$95 Per person
\$175 Per Couple
Special Overnight
Room Rate of \$119

Includes:

• Open Bar
• Dinner Buffet
• Casino
• Dancing

Live and Silent Auction Prizes Include:

• Weekend Get-a-ways
• Dinners at Award Winning Restaurants
• Hotel, Dinner and Limo Packages
• Pro-Sporting Event Tickets
• For More Information Visit our Website
www.bgcgw.org/fairfax/casino-night



Guests receive funny money and a bidder number. Use your winnings from Black Jack, Texas Hold 'Em, Craps towards raffle tickets for fabulous prizes. The more chips you accumulate at the gaming tables the better your chances to win GREAT RAFFLE prizes at end of evening.



Benefit the Boys & Girls Clubs of Greater Washington,
Fairfax County Region

'We Will Not Tolerate Unsafe Driving'

Police want motorists to get the message from their new cruiser.

BY BONNIE HOBBS
THE CONNECTION

There's a new weapon in the Fairfax County Police Department's arsenal, but this one has four tires and an engine. It's a new cruiser covered with messages warning people not to drive impaired or distracted.

It was unveiled on Friday, Feb. 21, at the Sully District Station, and the station's commander, Capt. Ed O'Carroll, explained its significance.

"This is a special day for the Police Department," he said. "We're here to launch an innovative idea to highlight traffic safety, reduce crashes and save lives. Enforcement, education and awareness are our goals. We want to be visible with what we do, so we're putting it out front — people need to know we mean business."

O'Carroll said the showy, new cruiser will let people who drink or use drugs before getting behind the wheel — or who text while driving — know that "we're out there. Drivers who are impaired, aggressive, distracted or unbuckled, we will find. The Police Department is committed to this."

A 2013 Ford Taurus Police Interceptor, the vehicle was already part of the department's fleet and is a fully functional patrol vehicle



Driver's side message warns people not to drink and drive.

equipped with all the essentials of other cruisers. But it's been professionally wrapped with eye-catching messages on the back, front and sides. Each portion of the vehicle is dedicated to a particular, traffic-safety issue.

The driver's side bears the words, "Drive sober or get pulled over," and "Drive drunk and you'll be arrested," translated into Spanish. It also tells people, "Buzzed driving is drunk driving — designate a sober driver," and reminds them, "It's your call: cab or cell. Don't drink and drive."

The passenger side urges motorists to

"Buckle up, every trip, every time." In English and Spanish, it warns, "Click it or ticket, day and night." And it tells drivers, "Move over, slow down — it's the law." Said O'Carroll: "We want drivers to move over when law officers are standing on the white line [so the officers won't get struck]."

On the rear of the vehicle are these messages: "Don't text and drive," "One text or call could wreck it all," "Phone in one hand, ticket in the other," "Park the phone before you drive" and (in both Spanish and English) "Stop aggressive driving."

On the hood are the following facts: "One

2013 Fairfax County Traffic Data

Fairfax County traffic data underscores the need for additional public-safety outreach and enforcement measures. In 2013:

- ❖ More than 13,500 drivers were cited for failing to give full time and attention to their driving. That's an increase from 12,434 in 2012.

- ❖ Some 2,827 drivers were arrested for driving under the influence.

- ❖ There were 583 crashes in which alcohol was listed as a factor for at least one of the drivers involved.

- ❖ Some 117 summonses were issued for texting while driving; this number was up from 44 in 2012.

Source: Fairfax County Police Department

person is killed every 51 minutes by a drunk driver. A texting driver is 23 times more likely to crash. People not wearing a seat belt are 30 times more likely to be ejected from a vehicle during a crash. Three out of four persons ejected in crashes die as a result of their injuries."

The vehicle is also adorned with four QR (Quick Response) codes. When it's parked, people scanning these codes with their Smartphones will be directed to various traffic-safety Websites.

"We're the first police department in the country to have this cruiser," said O'Carroll. "And it'll be on display at schools and other places throughout the county."

We're excited to bring this to the community. It'll be available to all officers at all our district stations, SRO [student resource] SEE NEW CRUISER, PAGE 12

Justin Wolfe Retrial for Murder Will Proceed

Supreme Court won't intervene; his retrial will proceed.

BY BONNIE HOBBS
THE CONNECTION

For Justin Wolfe and his family, it's been one setback after another. So it pretty much came as no surprise to them that the Supreme Court last week declined to intervene in his retrial on drug and murder charges. Still, his mother couldn't help but hope.

"It has been 13 years now that my son has been in solitary confinement for a crime he did not commit," said Terri Steinberg. "It is time for them to admit to their mistakes and let him go home. The money wasted on this case could be better spent elsewhere."

In March 2001, Centreville High grad Danny Petrole, 21, was shot and killed outside his Bristow townhouse. The crime involved drug-dealing and money, and the shooter — Chantilly High grad Owen Bar-

ber IV, who pleaded guilty — received 38 years in prison.

Largely on Barber's testimony, Chantilly grad Justin Wolfe was convicted of hiring Barber for the deed and, in June 2002, was sentenced to death. He also received 33 years in prison for drug and firearm charges.

Since then, because Prince William County prosecutors deliberately withheld information that would have impeached Barber's testimony, two federal courts vacated Wolfe's convictions and sentences.

Initially facing the death penalty, Barber testified he didn't know Petrole, but killed him because Wolfe hired him. It was later revealed that prosecutors and a detective influenced Barber to say those things in exchange for his charge being reduced from capital to first-degree murder. And Barber, himself, later recanted his testimony implicating Wolfe.

During a November 2010 hearing in Federal Court in Norfolk, U.S. District Court Judge Raymond Jackson heard evidence not



Wolfe

presented previously. Subsequently, in his July 2011 decision to overturn Wolfe's convictions and sentences, Jackson said Wolfe's due-process rights had been violated before and during his capital-murder trial.

Jackson wrote that the commonwealth "failed to disclose evidence indicating Barber had a relationship with Petrole" prior to his

death. This disclosure, he wrote — plus statements from a confidential informant that "Barber owed Petrole money [and] Petrole had a hit out on Barber" — could have impeached Barber's testimony.

Furthermore, prosecutors didn't reveal that, while first interviewing Barber, Det. Samson Newsome told him that implicating Wolfe "could mean the difference between execution or life in prison" for Barber. Jackson said the prosecution also didn't disclose that Barber

told his roommate, Jason Coleman, he'd murdered Petrole on his own. But Coleman said so at the evidentiary hearing.

In August 2012, citing "prosecutorial misconduct" by Prince William County prosecutors Paul Ebert and Rick Conway, the U.S. Court of Appeals for the Fourth Circuit upheld Jackson's ruling. But with Fairfax County Commonwealth's Attorney Ray Morrogh as special prosecutor, Prince William County decided to retry Wolfe.

Nonetheless, in December 2012, Jackson ordered Wolfe's unconditional release and barred him from being retried. But Jackson's order was appealed to the 4th U.S. Circuit Court of Appeals in Richmond. And in May 2013, that court ruled Jackson had exceeded his authority when he ordered Wolfe's sentences vacated and Wolfe released and barred from retrial.

All along, Wolfe — who's already spent 13 years behind bars, 11 of them on death row — has maintained his

SEE JUSTIN WOLFE, PAGE 12

"We are disappointed, but we will not give up."

— Terri Steinberg, Wolfe's mother

Sex Trafficking in Our Backyard

Fairfax County detective, trafficking victim testify at Congressional hearing.

BY JANELLE GERMANOS
THE CONNECTION

Since its creation in October 2013, the human trafficking unit of the Fairfax County Police Department has received over 70 tips and leads about human trafficking in Northern Virginia.

"Fifty-two percent of those leads involve juvenile sex trafficking cases," said Detective William Woolf, lead investigator of the Fairfax County Police Department's human trafficking unit, at a House Commerce-Justice-Science Appropriations subcommittee on Feb. 26.

In his testimony, Woolf addressed the need for stricter penalties on those responsible for human trafficking and the ways Fairfax County is addressing trafficking.

"We've taken on a very victim-centered approach. Our number one priority is recovering these young people from these terrible situations. The problem with that is it is extremely resource intensive," Woolf said.

THE HUMAN TRAFFICKING UNIT is taking a three-pronged approach of education and awareness, prevention and intervention to reduce trafficking in Northern Virginia.

"This particular crime is something that affects all communities. It's a crime that does not discriminate on race, ethnicity, gender, socioeconomic class—it's something that has the potential of touching each and every community and each in every state here in the United States," he said.

Woolf said that a nation-wide anti-trafficking awareness campaign is necessary to prevent this crime. Fairfax County recently launched the "Just Ask" Prevention Project, which includes a website and is intended to increase awareness of sex trafficking in the area.

Fairfax County Public Schools recently adopted a sex trafficking awareness curriculum, the first of its kind, for students in grades six through twelfth. Woolf said programs like this are needed throughout the United States to prevent trafficking.

Sex traffickers also use Facebook and Twitter to lure victims in, Woolf said.

U.S. Rep. Frank Wolf (R-10), chairman of the subcommittee, said that internet pages such as Backpage.com are used to advertise commercial sex, including in Winchester, Va., which is part of Wolf's district.

"How do the people who own Backpage.com live with themselves? How do they honestly live with themselves?" Wolf said at the hearing.

Wolf, who has been working for several years to combat sex trafficking and raise awareness of this crime, said that as long as Backpage.com continues to operate, trafficking will continue to be an issue.

"I have personally written the Attorney General several times over the last two years urging the department to prosecute



Del. Barbara Comstock (R-34) and Detective Bill Woolf speak about human trafficking at the McLean Community Center in May. Woolf testified at a sex trafficking hearing on Capitol Hill on Feb. 26.

Backpage.com and similar sites," Wolf said.

Since 2011, 42 defendants have been prosecuted for trafficking related crimes in Northern Virginia, Detective Woolf said, the Underground Gangster Crips case being one of the more notable cases.

In this case, female adults and juveniles were being trafficked for more than six years in Northern Virginia by Crips gang members. The gang used Facebook and local malls, bus stops and metro stations to recruit young girls. The gang members advertised the girls on the streets, as well as through Backpage.com.

In 2013, an Atlanta man pleaded guilty to trafficking underage girls in Virginia and several other states. According to court documents, the girls were sold for sex at several hotels in the Northern Virginia area, including Homestead Studio Suites in Sterling, Aloft Hotel in Ashburn, and the Holiday Inn Express, Washington Dulles Marriott Suites, and the Hyatt House Hotel, all located in Herndon.

HUMAN TRAFFICKING SURVIVOR and advocate Stephanie Vu testified at the hearing, providing a glimpse into the life of someone who has been sold for sex.

"At the age of 12, I was chosen. I was invited to a party and there I met a handsome older boy who took a lot of interest in me. Although flattered, I never thought I would see him again," Vu said.

However, she did see him again—nearly everywhere she went.

"In my 12-year-old mind, I was convinced this was fate and soon began intentionally meeting him every chance I had," Vu said.

Vu's father was deployed, and her mother



U.S. Rep. Frank Wolf (R-10) speaks at a forum on human trafficking at the McLean Community Center in May. Wolf is chair of the House Commerce-Justice-Science Appropriations subcommittee, which hosted a hearing on human trafficking on Feb. 26.

worked day and night, leaving Vu responsible for her younger siblings but with little supervision.

"I was free to go on dates with this charming, older boy. I was searching for something in life and he looked like the answer, filling my loneliness and my young heart's desire for love and romance. But I soon learned though that he was a 'wolf in sheep's clothing,' who intended on turning me into a product to be devoured," she said.

For some time, Vu said it seemed her dreams had come true.

"He said he loved me and wanted to marry me; he bought nice things for me and took me out to clubs and places I could never go to without him," Vu said. "However, in just a few months he demanded a return—I was sent to perform in a strip club. I resisted, but he said he was in a financial jam and he needed my help, and so it began. I began skipping school and dancing in the strip clubs."

Vu was soon forced to begin selling herself for sex. Her trafficker threw her out into the streets on a cold night, telling her she could either make money or freeze.

After hours of being in the cold, Vu gave in.

"In desperation, I finally accepted one and climbed into the car. The moment changed my life forever. There were three men that night; at the end of it I couldn't stop vomiting," she said.

Vu continued to be trafficked, and soon faced depression and took drugs and alcohol to deal with the pain. She was arrested one night and sent home after being recognized as a missing child. Although she was sent home, she returned to her trafficker.

After being arrested again and sent to juvenile detention, Vu's probation officer suspected Vu was a victim of trafficking. After returning home, she was brutally

raped by her trafficker in front of her home.

"At this point I had finally had enough. At just 15 years old, I was ready to give up on life," Vu said.

Vu was hospitalized after the rape, and was soon sent to Northern Virginia based Youth For Tomorrow, 3,000 miles from her home.

She is now advocate and advisor to Youth for Tomorrow and Shared Hope International, also located in Northern Virginia.

Woolf said that more resident treatment centers are needed across the country, as survivors such as Vu have to travel nearly 3,000 miles to receive the treatment they need.

According to Woolf, judges are often going below the federal sentencing guidelines in trafficking cases.

"They are oftentimes just imposing the mandatory minimums as provided by the statute, when the guidelines suggest much higher penalties for this type of criminal conduct," he said.

There is also a need for federal legislation addressing the demand side, Woolf said. "There are individuals out there that are purchasing sex from our children, and these individuals need to be punished or we at least need the tools to be able to address that as well, particularly when their actions are affecting interstate commerce," Woolf said. The Virginia General Assembly has addressed legislation dealing with sex trafficking this session, including HB 235, which has passed both the house and senate. The bill, introduced by Delegate Rob Bell (R-Albemarle), would place convicted sex solicitors on Virginia's online registry of sex offenders.

Those looking for more information and prevention tools for sex trafficking can visit Justaskva.org.

PHOTOS BY ALEX McVEIGH

Honored for Promoting Peace

The Student Peace Awards of Fairfax County honors 22 students.

BY JANELLE GERMANOS
THE CONNECTION

The Student Peace Awards of Fairfax County, presented by the Herndon Friends Meeting, honored a group of 22 juniors and seniors who were nominated for their dedication to peace and conflict resolution on March 2.

The students, involved in activities such as Amnesty International, Best Buddies, Gay Straight Alliance, Girl Scouts, Student Government, Islamic Presence Club, mission trips, and much more, were recognized for promoting peace and working to remove the effects of war in the community.

Barbara Wien, a peace educator and human rights activist, was the guest speaker. Wien spoke about her experiences as an advocate for peace, including her role in protecting civilians in Colombia from a death squad, and reminded students that war is not an inevitable part of human nature and can be eradicated. "Many children are also raised to believe that war is inevitable.

They're raised to believe that the human race is inherently violent and will always live with war. Well, I'm here to challenge that notion," Wien said.

STUDENTS WERE AWARDED \$150 and were also able to donate

Six Republicans Will Compete For 10th District Nomination

On March 1, the 10th District Republican Committee released the names of the candidates for their nomination for Congress.

Six candidates filed by the deadline, said 10th District GOP Chairman John Whitbeck in a release. "We ... feel like we are in an excellent position to hold the 10th District Congressional seat in November regardless of who the Democrats nominate."

The committee listed the candidates in alphabetical order: Del. Barbara Comstock, Stephen Hollingshead, Howie Lind, Del. Bob Marshall, Marc Savitt, Rob Wasinger.

The Republican nominee will be decided in a party canvass on Saturday, April 26 with voting at 10 different locations, including Langley High School and Centreville High School.

\$100 to an organization of their choice. They also received a copy of the book "Sweet Fruit from a Bitter Tree," by Mark Andreas.

Margaret Fischer, the reception coordinator, read each student's accomplishments and contributions to the community as they received their award from Sharon Bulova, chairman of the Fairfax County Board of Supervisors, and Providence District School Board member Patty Reed.

"Our last presentation demonstrates the bittersweet nature of working for peace," said Fischer of the award to Woodson High School senior Jordan Felcorn, who was recognized for his restoration of Woodson's Students Against Destructive Decisions Club.

Felcorn said he began his involvement with the club after observing bullying at his school, as well as volunteering with Fairfax County Medical Services and responding to calls including on drugs and drunk driving.

"The club works towards trying to prevent teens from making de-

cisions such as drinking and driving, bullying, distracted driving, drug use and abuse, and suicide," Felcorn said. "Unfortunately, this past week at my high school, W.T. Woodson, we experienced the tragic loss of life of two students."

Felcorn asked the audience to observe a moment of silence in remembrance of two Woodson students who died the week before.

West Potomac High School senior Pamela Molnar was among the students honored for promoting peace in the community. Molnar helped to start and grow the West Potomac chapter of Best Buddies, an organization that advocates for people with disabilities.

"My mom is a special education teacher, which has inspired me," Molnar said.

"I think the group has had a big impact on the school."

FOR THE FIRST TIME since the Student Peace Awards began, a school nominated a group of students for the award.

The Mountain View Brave Girls

2014 Recipients of the Student Peace Awards

Malaz Namir
Junior, Chantilly High School
Emma Celeste Munis
Senior, Thomas A. Edison High School
Andrew Jhu,
Junior, Fairfax High School
Hamima Nasrin
Hayfield Secondary School
John Strangfeld
Senior, Herndon High School
Adam Abutaa
Senior, The Islamic Saudi Academy
Huong 'Helen' Tran
Langley High School
Melissa Schwartz
Senior, Robert E. Lee High School
Kaylee McGuffin
Senior, James Madison High School
Kareem El-Ghazawi
Senior, George C. Marshall High School
Brooke Inglese
Senior, McLean High School

Nora Elshiekh
Senior, Mount Vernon High School
Mount View Brave Girls Club
Mount View High School
Hannah Piester
Junior, Oakton High School
Mary Krolicki
Senior, Paul VI Catholic High School
Daniel Bermudez
Senior, Quander Road School
Beau Sloane
Senior, South County High School
Seema Sethi
Senior, South Lakes High School
Anwar Omeish
Senior, Thomas Jefferson High School for Science and Technology
Pamela Molnar
Senior, West Potomac High School
Elizabeth Maria Hiatt
Senior, Westfield High School
Jordan Felcorn
Senior, W.T. Woodson High School

Club of Mount View High School was recognized for its work of supporting others through making "truth cards," which provide messages of support and are sent to women throughout the commu-

nity, including the Bethany House of Northern Virginia, the Cancer Center at Lake Manassas, sex trafficking victims, and Mountain View faculty and students during turbulent times.

7 Things You Must Know Before Putting Your Chantilly Home Up for Sale

Chantilly - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of home sellers don't get what they want for their homes and become disillusioned – and worse – financially disadvantaged when they put their homes on the market.

As this report uncovers, most home

sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar."

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-358-6410 and enter 4086. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to find out how you can get the most money for your Chantilly home.

This report is courtesy of The Reynolds Team. Not intended to solicit buyers or sellers currently under contract. Copyright © 2014

OPINION

Take the Money

No downside to gaining health care for 200,000 or more; 30,000 jobs and millions of dollars for hospitals from expansion of Medicaid.

Gov. Terry McAuliffe is right to make expansion of health coverage part of the budget process. Any measure that would create 30,000 jobs, that could save \$1 billion in the state budget over 12 years, that could provide health insurance for 35,000 people who don't have it in Fairfax County alone, that is supported overwhelmingly by the business community and hospitals, actually deserves to be a part of the budget. As many as 400,000 people in Virginia currently without health insurance could be covered.

Under the Affordable Care Act, if states opt in to the expansion of Medicaid, Federal dollars would pay the costs for five years to cover people with incomes up to 138 percent of pov-

erty, \$15,856 for an individual or \$26,951 for a family of three in 2013. After five years, federal dollars would still cover 90 percent.

Under the Affordable Care Act, people with incomes 100 - 400 percent of poverty qualify for subsidies on their health insurance premiums when they purchase coverage through a Marketplace. The amount of the subsidy, provided via tax credit, is based on income and the cost of insurance, and are only available to people who are not eligible for other coverage, such as Medicaid/CHIP, Medicare, or employer coverage, and who are citizens or lawfully-present immigrants. Because the Affordable Care Act envisioned low-income people receiving coverage through Medicaid, people below poverty

are not eligible for Marketplace subsidies. At least 190,000, and as many as 400,000 adults in Virginia fall into the coverage gap because they don't qualify for Medicaid under Virginia's rules, among the most stringent in the nation, but earn less than the poverty rate, so not enough to qualify for subsidies. [Source: Kaiser Family Foundation]

Elections have consequences. McAuliffe made expansion of Medicaid a key element of his campaign, and Virginia voters chose McAuliffe. The Virginia Senate approved a plan to expand health coverage using Medicaid dollars to purchase private health insurance.

There must be a way forward that doesn't involve stifling economic growth and the health of poor Virginians.

EDITORIAL

BULLETIN BOARD

Email announcements to centreview@connectionnewspapers.com. Deadline is Thursday at noon. Photos welcome.

FREE TAX ASSISTANCE

Tax Help. Centreville Regional Library, 14200 St. Germain Drive will hold free tax help hosted by AARP Tax-Aide on Tuesdays from 4-8:30 p.m. and Wednesdays from 1-5 p.m. Free. For taxpayers with low- and middle-income and special attention to those age 60 and older. Bring photo ID, social security card and prior year's tax return.

MULCH SALES

Centreville High School. Get premium double shredded hardwood mulch (3 cubic foot bags) at \$4.90/bag for orders of 1-49 bags or \$4.55/bag for orders of 50+ bags. Order online now through March 23 at midnight at www.cvhsmulch.org. To pay by check, download, print, and mail the attached order form available on the web site. Delivery is available to ZIP codes 20120, 20121,

and 20124. Free delivery for orders of 10+ bags. Delivery of mulch will be March 28-30, or pick up mulch at CVHS Saturday, March 29. All proceeds benefit Project Graduation and senior scholarship programs and activities. Visit <http://football.cvhstouchdownapp.com/mulch-spreading.html> for mulch spreading services.

Westfield High School. Sales have begun for the Westfield High School Mulch Sale. Get double shredded hardwood mulch delivered to help raise money for a safe and sober graduation party for the Class of 2014, as well as other PTSA programs. A WHS athletic team will even spread your mulch if you want, at only \$2 per bag. Order by Tuesday, March 18. Free delivery or pick up is March 29. Visit <http://ptsa.westfieldhs.org>.

MONDAYS/JAN. 13-MARCH 31

Conversational English. 7:30-9 p.m. at Chantilly Bible Church, 4390 Pleasant Valley Road, Chantilly.

There are four levels: beginning, basic, intermediate, and advanced. There is also a citizenship class. This is the eighth year church members have offered this free program. Childcare provided. Call 703-263-1188, ext. 15.

THURSDAY/MARCH 6

Support Group. 7-8:30 p.m. at Centreville Regional Library, 14200 St. Germaine Drive. For people who have lost a loved one within the past two years. Free. E-mail kytner@capitalcaring.org or 703-396-6198.

FRIDAY/MARCH 7

Silent Auction. Navy Elementary School, 500 W. Ox Road, is sponsoring a silent auction with proceeds benefiting the school. Visit navyptto.org or 703-927-9606 to find out if you can donate items.

Application Deadline. Want to learn more about the Fairfax County Fire and Rescue Department? Apply to the Citizens Fire and Rescue Academy; applications will be accepted through March 7, or until the class of 25 is filled. The Academy will begin March 27 and will meet for nine consecutive weeks, from 6-9 p.m., at various locations in and outside of the department. Program topics include: fire suppression, emergency medical services, training, recruitment, special operations, and other interesting topics. To sign up for the free program, you must be 18 years of age and apply online at www.fairfaxcounty.gov/fr/cfa.

TUESDAY/MARCH 11

Living With Alzheimer's: For Middle-Stage Caregivers. 6:30-8:30 p.m. at Alzheimer's Association National Capital Area Chapter, 3701 Pender Drive, suite 400, Fairfax. Discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's. Hosted by the Alzheimer's Association. Free. Register at 800-272-3900.

WEDNESDAY/MARCH 12

Conference. 7 p.m. at The Hub (SUBII) Ballroom, on George Mason University, 4400 University Drive,

Fairfax. The Ahmadiyya Muslim Community will discuss Prophet Muhammad and why over a billion Muslims revere him. Visit www.muslimsforpeace.org.

Relay For Life Team Captain Meeting.

7 p.m. Open to anyone interested in learning more about Relay For Life, a fundraiser for the American Cancer Society culminating in an overnight walk on May 17. Contact ChantillyRelay@gmail.com.

Fairfax County Park Authority Board Meeting.

7:30 p.m. in the Herrity Building, 12055 Government Center Parkway, Fairfax. Free. Visit www.fairfaxcounty.gov/parks/boardagn2.htm for meeting materials, archives and more. For more information contact the Public Information Office at 703-324-8662.

SATURDAY/MARCH 15

Consignment Sale. 9 a.m.-1 p.m. at The nZone, 14550 Lee Road, Chantilly. Fairfax County Mothers of Multiples will host over 200 families who will be selling gently used clothing, shoes, toys, books and more for the whole family. Free. Cash and checks accepted. Visit www.fcmom.org for more.

Discussion. 2-4 p.m. at Sully Governmental Center, 4900 Stonecroft Blvd., Chantilly. "Managing the Medical Mayhem-Going from Piles to Files," presented by Patient Consultant Marjorie Veiga. Caregivers welcome. Free. Visit cfsnova.com or 703-968-9818.

MONDAY/MARCH 17

Sober Ride. 4 p.m. Monday-4 a.m. Tuesday Washington Regional Alcohol Program will offers free cab rides (up to a \$30 value) to would-be drunk drivers in the metro-Washington, D.C. area. Call 1-800-200-TAXI (8294). AT&T wireless customers can dial # WRAP for the same service. Visit www.soberride.com for more.

Meeting. 7 p.m. in the Cale Community Center, 4615 Stringfellow Road. The GFWC Western Fairfax County Woman's Club, will host a presentation on "Intelligence in the Civil War" by Dr. David Robarge, Chief Historian of the Central Intelligence Agency. Free. Visit www.wfwc.org or e-mail westernfairfaxcountywc@gmail.com.



PHOTO CONTRIBUTED

Fourth Term

On Feb. 7, Centreville's Jim Hart (on left) was sworn in by Clerk of the Circuit Court John Frey to his fourth term on the Fairfax County Board of Zoning Appeals (BZA). Hart was reappointed to a five-year term running from Feb. 21 of this year until Feb. 20, 2019. An attorney, he's also an at-large member of the Fairfax County Planning Commission.

Chantilly CONNECTION

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NEWS DEPARTMENT:
To discuss ideas and concerns, Call:
703-778-9410
e-mail:
chantilly@connectionnewspapers.com

Steven Mauren
Editor, 703-778-9415
smauren@connectionnewspapers.com

Bonnie Hobbs
Community Reporter, 703-778-9438
bhobbs@connectionnewspapers.com

Jon Roetman
Sports Editor, 703-224-3015
jroetman@connectionnewspapers.com
[@jonroetman](https://twitter.com/jonroetman)

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Karen Washburn
Display Advertising, 703-778-9422
kwashburn@connectionnewspapers.com

Kim Taiedi
Display Advertising, 703-778-9423
ktaiedi@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
asmith@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

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Centreville High's Bella Voce choir will be singing in the concert.

Schools Present Choral Concert

CVHS, Liberty Middle to share stage.

BY BONNIE HOBBS
THE CONNECTION

Centreville High and Liberty Middle schools will unite in song to present a Spring Choral Concert, next Thursday, March 13, at 7:30 p.m.

The free concert will be held in the Centreville High auditorium. Afterward, the audience is invited to join the performers for a reception in the lobby.

"It's some of the most beautiful music they've studied all year," said Centreville Choral Director Lynne Babcock. "It really shows off their musical skill and talents."

Liberty's 90-person choir, under the direction of Nancy Hayes, will be singing first. The students will perform "The Bells," "S'Vivon" and "Kyrie."

"I'm so happy that our students can share a concert together," said Hayes. "This way, the middle-school students are hearing the high-school choirs at their very best. And hopefully, it will inspire them

WFCM Seeks Contributions

FROM PAGE 2

contributions of any size are put to good use."

And that's why, she said, the Bread and Water Campaign is "an effective, low-commitment way to help raise funds for WFCM's front-line work in the community." Those interested in participating should contact her at jbush@wfcmvva.org to make arrangements to receive the water bottles and set up their four-week programs.

In addition, anyone wishing to help by just making a donation may mail a check payable to Western Fairfax Christian Ministries to: Western Fairfax Christian Ministries, Attn.: Bread and Water Campaign, P.O. Box 220802, Chantilly, VA 20153.

to continue singing in choir when they get to Centreville High."

Centreville will showcase 125 singers in six choirs, each performing separately. They are the Women's Ensemble, Men's Ensemble, Concert Choir, Bella Voce, Symphonic Choir and Madrigal Ensemble.

"This show is a preview of the music every choir will sing for District assessments at Woodson High, later this month," said Babcock. "It's the equivalent of the choral SOLs. All the students will sing for three judges — often, from other states — who'll judge and score their performances. They'll also receive a full, detailed critique of their singing."

So, she said, "The spring concert is where we get to perform this music for the home crowd before it's judged. What the audience will hear is the most challenging music the students will do all year. They work up to it, so it's an important benchmark for them because they'll display all the musicianship and techniques they've learned all year long."

Each of the six choirs will perform its own set of three songs each. Some of their numbers are: Women's Ensemble, "In You I Sound;" Men's Ensemble, "Rest Not;" Concert Choir, "I See the Universe;" Bella Voce, "Arise, My Love;" Symphonic Choir, "Sing Me to Heaven" and Madrigal Ensemble, "Fair Phyllis."

Babcock will accompany Liberty's choir on the piano. Then, while she directs Centreville's choral students, pianist Michael Maher — on the faculty of the Shenandoah Conservatory of Music — will accompany them.

"We have a department full of very talented kids," said Babcock. "They've been working really hard to prepare for this and I'm extremely proud of them."

Six Centreville students who'll be singing that night were recently named to Virginia's All-State Chorus. They are juniors Kayla Ebright, Joshua Ewalt, Jared Knutti and Lily Park, plus seniors Hailey Knapp and Patrick McGinty.

"We're hoping for a good turnout," said Babcock. "We'd really love to fill every seat in the theater to support our students."

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ROUNDUPS

Time To Spring Forward

Daylight Saving Time begins this Sunday, March 9, at 2 a.m. So before going to bed Saturday night, residents are reminded to turn their clocks, watches and other electronic devices forward one hour.

CAC Meeting on Drugs

The Citizens Advisory Committee of the Sully District Police Station will meet Wednesday, March 12, from 7:30-9 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. In an adults-only presentation, a detective from the Organized Crime and Narcotics division will talk about dangerous drugs in Fairfax County and what's being done to combat them. R.S.V.P. to FCPDSULCPO@fairfaxcounty.gov or 703-814-7018.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, March 13, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

St. Baldrick's Sign-Ups

A St. Baldrick's Day event is slated for Sunday, March 23, at 4 p.m., at Fast Eddie's in the Newgate Shopping Center, at Routes 28/29 in Centreville. The event raises funds for childhood cancer research. People volunteer to have their heads shaved and raise money in advance for the privilege. Then all those being shaved get it done together while others cheer them on. Sign up at <http://www.stbaldricks.org/events/mypage/149/2014>.

Accident-Prone Intersections

Several intersections within the Sully District have had a significant increase in traffic accidents. So to help reduce the number of accidents, police from the Sully District Station will be conducting extra enforcement at the following intersections: Centreville and Machen roads, Sully and Braddock roads, Centreville and New Braddock roads, and Sully Road and Westfields Boulevard.

In addition, police advise motorists to eliminating distractions, leave extra space between them and the vehicle ahead, look twice and signal properly before changing lanes, allow extra time to reach their destination and obey the speed limit.

Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry urgently needs donations of spaghetti sauce, fruit juice, cooking oil; pancake mix and syrup, sugar, flour and canned fruit and meat. (Also needed are toothpaste, deodorant, baby wipes and shampoo).

Bring all items to WFCM'S new food-pantry location, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

Thrift-store needs include coats, fall and winter clothing, like-new houseware, plus Bibles in English and Spanish. The store is at 13939 Metrotech Drive. In addition, Thrift Store volunteers are needed for two- to four-hour shifts Fridays, between 9 a.m. and 6 p.m., and Saturdays, between 9 a.m. and 5 p.m.

SEE ROUNDUPS, PAGE 9

NEWS

Board Sets Higher Tax Rate

Rate gives board flexibility, options in determining final budget.

The Fairfax County Board of Supervisors voted 8-2 Tuesday to advertise a higher real estate tax rate that could add about \$100 to annual tax bills, which will be on top of the \$332 county homeowners will see this year as a result of higher real estate assessments.

Setting the advertised tax rate formally begins the two-month public process to adopt the Fiscal Year 2015 budget, and the rate represents the maximum potential tax rate for FY2015.

"Advertising a higher rate sets an upper threshold as budget decisions are considered," said Board Chairman Sharon Bulova (D-at-large).

"Our action today does not mean that the advertised rate is necessarily what will be adopted in April when the board 'marks up' and formally adopts the Fiscal Year 2015 Budget," Bulova said, adding that the higher rate gives the board some flexibility "so that debate and discussion is not cut off at the very beginning of the budget process."

According to the County Executive's proposed budget, one penny of the tax rate is equal to roughly \$21.9 million in general fund revenue and \$50 for the average Fairfax County residential tax bill.

"This year, the board must take into account that property owners are seeing an average increase of \$330 in property tax assessments due to a recovery

in the housing market," Bulova said.

"When we adopt the budget, the Board of Supervisors will be challenged with funding essential services such as our top-tier school system and keeping taxes affordable for residents."

A public hearing on the effective tax rate will be held on Tuesday, April 8 at 3 p.m. in the Fairfax County Government Center Board Auditorium.

In addition, public hearings on the proposed FY 2015 Budget, the advertised capital improvement plan (CIP) and the proposed tax rate are Tuesday, April 8, at 6 p.m.; Wednesday, April 9, at 3 p.m.; and Thursday, April 10, at 3 p.m.

Those wishing to speak at a public hearing can sign up online to place their name on the speakers list, or contact the Office of the Clerk to the Board at 703-324-3151, TTY 703-324-3903.

The public hearings will be held in the Board Auditorium, Fairfax County Government Center, and will be televised live on Fairfax County Government Channel 16.

Town hall meetings are being held throughout the county to give residents the opportunity to ask questions and provide input. The Board of Supervisors will hold public hearings April 8, 9, and 10, and will formally adopt a budget on April 29.

For information on public hearings, town halls, and opportunities to participate in the budget process, visit www.fairfaxcounty.gov/dmb. Residents may also provide feedback and comments on the proposed budget through mid-April at dmbinfo@fairfaxcounty.gov.

— VICTORIA ROSS

Braunstein Retiring from CSB

Braunstein led agency through transformation, advocated for mental health services.



George Braunstein is retiring from his position of executive director at the Fairfax-Falls Church Community Services Board.

BY JANELLE GERMANOS
THE CONNECTION

George Braunstein said he entered the field of mental health services almost accidentally.

"My first college degree was in history and education. I was going to be a high school history teacher," Braunstein said.

His plans changed after finishing with the Coast Guard during the Vietnam War, and there weren't as many teaching jobs available as he expected.

"I had always had a desire to do some form of public service. Somebody suggested, why don't you try nursing? I didn't think I had any aptitude for anything to do with the medical field, but I tried it, and I did fairly well," Braunstein said.

Braunstein's first job was working as a nurse in a multi-county inpatient mental health facility in Wisconsin, eventually becoming the administrator and manager in 1986.

"I ended up eventually running the place because I had some previous management experiences," he said.

Now, Braunstein is retiring from his role as execu-

tive director of the Fairfax-Falls Church Community Services Board, a public agency that provides services for members of the community with mental illness, substance use disorders, and intellectual disabilities.

Since becoming CSB's director in 2008, colleagues say Braunstein has worked tirelessly to inform the public of the need for community mental health services.

"George is a master at being able to succinctly describe for news reporters and for the general public the big picture and the importance of what we do at the Community Services Board and how important these services are for the most vulnerable people in our local community," said Belinda Buescher, communications director for the CSB.

BRAUNSTEIN'S ABILITY to remain calm and focused in stressful times was evident in November 2013, when Buescher said the unfortunate Creigh Deeds tragedy gave Braunstein the opportunity to

SEE BRAUNSTEIN, PAGE 13



Chantilly Forensics Team Heads to States

PHOTO CONTRIBUTED

The Chantilly High School Forensics team, pictured with coach Barbara Clougherty, captured the Regional Championship on Tuesday, Feb. 18, at Hayfield Secondary School. The following students will compete at the State tournament: Shannon Darroch, Jason Saitta, Michael Rosegrant, Vi Trinh, Lindsay Steinberg, Gonzalo Izquierdo, Ryan Rickard, Maggie Shircliff, Kristen Popham and alternate Serhat Tas.

ROUNDUPS

FROM PAGE 8

Long-Term Care Advocates

The Northern Virginia Long-Term Care Ombudsman Program needs volunteer advocates for residents in assisted living and nursing facilities. Training is provided in March. Call 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov.

Drive Seniors to Appointments

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. Call 703-324-5406, TTY 711, visit www.fairfaxcounty.gov/olderadults and link to Volunteer Solutions or email VolunteerSolutions@fairfaxcounty.gov.

Meals on Wheels Volunteers

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators in both Chantilly and Fairfax. Contact Volunteer Solutions at 703-324-5406, TTY 711, VolunteerSolutions@fairfaxcounty.gov or visit www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm.



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Preventing Teen Suicides

By VICTORIA ROSS
THE CONNECTION

Every 15 seconds, a teen in the United States tries to commit suicide. Every 90 minutes, one succeeds.

The Centers for Disease Control and Prevention (CDC) also reports that the number of attempted suicides among teenagers increased from 6.3 percent in 2009 to 7.8 percent in 2011.

In Fairfax County, between four and seven students take their own lives every year, according to the authors of a 60-page report compiled last September by a team of community mental health agencies and Fairfax County Public School specialists.

"The youth rate, despite also

being below state and national rates, remains unacceptable. The impact of suicide on families, friends, and communities is immeasurable," the report states.

In a span of 30 days, Fairfax County residents have felt the impact and pain of teen suicide on four separate occasions. In early February, two Langley High School students committed suicide a day apart. Last week, two more students from Woodson High School took their own lives.

"It's very clear there's an increased frequency of suicidal behavior and thinking in Fairfax County this winter," said Dr. Peter Robbins, M.D., medical director of The Child & Family Counseling Group in Fairfax. "If you compare this number to last winter, there's been a higher frequency of this

behavior."

While Robbins acknowledges there are "no great answers" to the rash of teen suicides, he has been working with Fairfax County Public Schools to conduct seminars that clue parents in to the warning signs of depression and suicide.

"Numerous studies have shown that identifying at-risk students early is the best chance of prevention," Robbins said.

FAIRFAX COUNTY PUBLIC SCHOOLS is doing that, through an array of programs and services aimed at spotting students at-risk for depression and suicide. Programs range from 24/7 crisis response services to police training to mental health screenings to primary prevention programs.

Recent deaths shine light on FCPS suicide prevention programs.

Being a teenager has never been easy.

But today's teens are feeling new pressures from many different fronts. According to a new poll, conducted by NPR along with the Robert Wood Johnson Foundation and the Harvard School of Public Health, nearly 40 percent of parents said their high school students are experiencing added stress from school.

The curriculum is more demanding, homework sessions are longer and gaining admission to college is more competitive, which means the stakes are high for testing.

Add social media to the mix, where students can compare their existence to other teens 24 hours a day on Facebook, Snapchat, Twitter and other social networks, and the resulting stress can lead to depression and suicidal thoughts.

How can parents, students, friends, teachers help a students through the roller-coaster years of adolescence?

"It is easy to misread depression as normal adolescent turmoil," said Mike Parker, director of Student Services at Thoreau Middle School in Vienna, noting that depression appears to be occurring at a much earlier age, and is a leading risk factor for suicide. "In addition, self-injury has become a growing problem."

In an effort to "proactively address these issues," Thoreau sent a letter to parents in January informing them that the school would offer depression screening to all eighth grade students in February. The screenings were free, voluntary and confidential, a way to assess whether students have symptoms consistent with depression.

The effort to address student stress and prevent teen suicides is a priority for Fairfax County school, according to Ryan McElveen, one of three at-large members of the FCPS school board. In an interview Tuesday, McElveen said that Superintendent Karen Garza is currently working with staff to craft an action plan to address student stress and suicide prevention.

"This plan will involve collaboration with county agencies and include various new strategies, training sessions, and reporting systems. I believe that the Board will fully support these efforts once a finalized plan has been crafted," McElveen said.

One educational tool FCPS currently uses is Youth ACT- Signs of

Suicide (SOS), a depression awareness and suicide prevention program. Its primary objectives are to educate teens that depression is a treatable illness and to equip them with techniques to respond to a potential suicide in a friend or family member. The program includes a depression and suicide screening component and is available for middle and high school aged youth.

FCPS is also in the process of forming a Youth Suicide Review Team to review incidences of suicide in the county, analyze trends, and recommend to the Board of Supervisors programmatic and policy solutions to prevent future suicides.

SEMINARS AND WORKSHOPS FOR PARENTS, such as the one hosted by Thoreau's PTA and facilitated by Robbins, are also offered at a number of schools throughout the county. Despite the shock of the recent suicides, Robbins wants parents to know they do not have to feel helpless or hopeless.

"The most important thing a parent can do is maintain open lines of communication with their child. If a parent has any concern, ask the child directly what they are feeling, and seek guidance from a professional they are comfortable with, whether it's a pediatrician, primary care doctor, pastor or mental health professional."

McElveen added that students should always feel free to come to school staff or parents with concerns about their classmates.

"Students need to know that we're all in this together as a community, and the school system has the resources to support them. If they are feeling stressed, they should talk with their teachers and counselors and find better ways to strike the important balance between school, extracurriculars, social life and family life," he said.

Additional Resources

❖ The Prevention Toolkit: a collection of data and resources regarding youth behaviors and risk factors, including depression and suicide, in Fairfax County. <http://www.fairfaxcounty.gov/ncs/prevention/toolkit.htm>

❖ Fairfax County's Prevention System: www.fairfaxcounty.gov/ncs/prevention

❖ Stop a Suicide Today www.stopasuicide.org

❖ Suicide Prevention, Virginia Department of Health: <http://www.vdh.state.va.us/ofhs/prevention/preventsuicideva/>



The poster for the Stars Over Dulles Gala features a large, stylized graphic of the word "STARS" in blue, with "OVER" in smaller letters below it. Above the text is a golden anchor and a trail of stars. The event is hosted by The Dulles Regional Chamber of Commerce and Systems Furniture Gallery. The text on the poster includes:

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PHOTO COURTESY OF ELIZABETH REES

Elizabeth Rees, the associate rector at Saint Aidan's Episcopal Church in Alexandria, says laughter, forgiveness and gratitude are among the factors that create a harmonious family life. Here she is pictured on a family vacation with her daughter Maya, 3; her husband Holden Hoofnagle; her son Dylan, 7; and daughter Sophia, 10.

Keeping Family Life Happy

Local experts offer tips for creating harmony.

BY MARILYN CAMPBELL
CENTRE VIEW

As Elizabeth Rees drove her daughter and two of her daughter's friends to a library reading group recently, the Alexandria mother of three admits that she felt like a chauffeur at first. But she had a change of heart after hearing sounds of laughter.

"They were giggling and so sweet in the back," said Rees, the associate rector at Saint Aidan's Episcopal Church in Alexandria. "Suddenly that moment of grace turned it all around and I felt privileged to be there. I think that sort of thing happens all the time if only we are paying attention."

What are the keys to paying attention and creating a happier family life? Experts say it's important to stop trying to do everything 100 percent and make other things a priority. They offer their top tips for creating balance.

"With three young kids, a two-career marriage and way too many activities, I find this balance as hard as everyone else and am absolutely preaching to myself," said Rees.

EXPERTS SAY living in a competitive area like the Washington, D.C., region can make creating balance even more challenging. "I see children who are stressed to always be the best," said Dr. Bruce Pfeiffer, a Potomac, Md.-based child psychiatrist.

Parents play a critical role in helping children create a healthy

balance of work and play, he added, explaining that "parents must serve as rudders to guide their children [toward the] peace of mind that comes with a supportive home environment, emphasis on gaining joy in life, along with appropriate goals and achieving."

Michael Moynihan, head of the Upper School at The Heights School in Potomac, Md., agrees. "The most significant obstacles to harmonious family life today are over scheduling and over connectedness ... resulting in families that are pulled in many different directions for activities, and when they have those brief moments together, are often plugged into various electronic devices," he said.

Make finding uninterrupted family time a priority. "The solution is to schedule family time such as meals together — without electronic devices — and to protect this time from other activities," said Moynihan.

Rees suggests being present and engaged. "So much of life is spent in work and preparation and accomplishments that it's hard sometimes to live in the moment," she

said. "Maybe some days the only time you have together is in the car. ... Try to remember to make the most of even those moments."

Bethany Letiecq, Ph.D., an associate professor of human development and family science at George Mason University, said "It's also important to find joy in the mundane and to give one's self and others a break ... to be patient, empathic and compassionate with yourself and with your coparent. ... But that doesn't mean not holding everyone accountable to the family system, which is also critical."

"Parents might consider the importance of quality time versus quantity of time spent together and prioritize what they value most," said Colleen Vesely, Ph.D., an assistant professor of early childhood education and human development and family science at George Mason University. "Be purposeful. Children will likely remember quality time spent with a parent who was fully present than whether the house was perfect or

SEE HAPPY, PAGE 15

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Passenger side tells people to wear their seat belts.



The QR code and move-over message toward the vehicle's rear.

PHOTOS BY BONNIE HOBBS/THE CONNECTION

New Cruiser Displays Safe Driving Messages

FROM PAGE 3

officers] and shopping-center officers. And we'll get community feedback on how well it's being received."

He said the police have already increased their DUI-enforcement efforts.

And he praised Officer Matt Bell for making 30 alcohol-related arrests last year at night, plus Officer Tonya Trivett, who arrested several impaired drivers during the day. So, said O'Carroll, "It's a 24-hour/day

problem in our community, and all our officers are out there making a difference."

Noting that Sully District Officers Todd Kincaid and Ryan Morgan worked on the messages emblazoned across the new cruiser, O'Carroll said a private/public partnership made the \$4,000 wrap possible. Transurban, the Unified Prevention Coalition and the Fairfax County Law Enforcement Foundation all helped with both the design and dollars. "This public/private

partnership highlights how the Police Department, private sector and community come together to increase our culture of safety," said county Police Chief Ed Roessler Jr. "The car's an educational-awareness item which is more than capable of enforcing the law. But it's the Police Department's desire to remind our community members, and those traveling through [this county], that we will not tolerate unsafe driving." He said behaviors such as texting and driving, not

buckling up or being impaired in any way will not be accepted. As it is, said Roessler, "We lose more lives on the roads than we need to every year." Agreeing, Supervisor Michael R. Frey (R-Sully) said, "The goal is prevention, rather than responding to, a serious accident. This is very creative — an example of thinking outside the box to reach some people we wouldn't otherwise get that message to. All the officers do a fabulous job and this is one more thing to help."

Justin Wolfe Retrial for Murder Will Proceed

FROM PAGE 3

innocence. But after a new date is set, he will once again stand trial in Prince William Circuit Court — this time on charges including felony murder and engaging in a continuous criminal enterprise.

Since being moved from federal prison to the jail in Manassas to prepare for it, he's appeared in that court for a variety of motions from his attorneys — and nearly all of them have been denied. For example, Judge Mary Grace O'Brien denied motions to dismiss the case on grounds of prosecutorial misconduct and also on grounds of impossibility.

During an October 2013 hearing, Newsome admitted to defense attorney Ed McMahon that he, Ebert and Conway visited Barber in prison in September 2012. "You knew they were going to tell him he'd breached his plea agreement and would face the death penalty again?" asked McMahon. "Yes," replied Newsome. "They discussed it in the Commonwealth's Attorney's office."

McMahon — like Jackson before him — then argued that, because Ebert and Conway threatened Barber with the death penalty if he didn't testify against Wolfe in a retrial, "Barber's lost to Wolfe as a witness because he's now taken the Fifth. We

see a pattern here. Is witness intimidation something the court can sanction?"

In November 2013, still more defense motions were denied, including one that would have precluded Wolfe's retrial for felony murder on double-jeopardy grounds. Then in January, defense attorney Kimberly Irving asked O'Brien to release Wolfe on bond until his trial begins.

"He has no violent history, was a longtime resident of Northern Virginia and has significant family ties to this area," said Irving. "It'll also better help his defense team prepare for his defense without the restrictions at the Adult Detention Center."

Several witnesses testified on Wolfe's behalf and a bail bondsman said he could put a GPS ankle monitor on him. But believing Wolfe to be a flight risk, Deputy Commonwealth's Attorney Casey Lingan said there's "a reason against the presumption of bond for these kind of charges. As someone who's been on death row before and knows he's facing the death penalty and, at best, life in prison, he has no reason to come back to court."

Agreeing, O'Brien then denied the bond request because of the capital-murder charge. Afterward, Wolfe's mother, eyes filled with tears, said, "It's what we expected. You don't expect anything, you

"Barber's lost to Wolfe as a witness because he's now taken the Fifth. We see a pattern here. Is witness intimidation something the court can sanction?"

— Defense attorney Ed McMahon

won't get hurt. We just keep holding out for the next ray of hope, but Justin never complains — he's amazing."

That "next ray of hope" was Wolfe's appeal to the Supreme Court. But last Monday, Feb. 24, that glimmer was dashed, as well. "Since the Supreme Court takes so few cases, we knew it was a long shot for the case to be heard," said Steinberg. "We could only hope that they would intervene, since things in Manassas seem so out of control."

"It's frustrating to think that — even though the prosecutor admitted in Federal court to putting witnesses together in order to 'get their stories straight,' admitted withholding evidence and admitted visiting the key witness and threatening him again with the death penalty — the court will not intervene and at least grant a hearing." Steinberg's also angry about Ebert's and Conway's apparent lack of "accountability"

for their actions. "If you make a mistake, whether due to intentional or human error, you are at risk of losing your job or being sued," she said. "But a prosecutor can manipulate and destroy a person's life and have no consequences for his actions. That is dangerous."

"I had so hoped the Supreme Court would step in and make it stop — not just for my son, but also to make a difference in the system," she continued. "A change is badly needed to prevent other families from suffering the way ours has. I know another trial is not going to be easy for either family involved in this case." Still, she added, "We have a wonderful team of attorneys, along with The Innocence Project, who believe in my son's innocence. We are disappointed, but we will not give up. We will continue to hope and pray for justice, and for Justin to come home soon."

Braunstein Retiring from CSB

FROM PAGE 8

put things in perspective for reporters and the community.

"He was able to remind people that individuals with serious mental illness are far more likely to wind up being victims of violent crime, rather than perpetrators, and to remind people about the importance of putting in place community services that can help people before they reach a crisis stage," Buescher said. "He was able to put an issue like the importance of having emergency psychiatric hospital beds, which is important, into perspective and remind people that it is not the only solution to our problems with not having sufficient services for people with mental illness."

According to Jane Woods, a board member of the Fairfax-Falls Church Community Services Board, Braunstein has worked tirelessly with staff on transforming the mindset of the agency and making the client the center of services.

"The essence of the changes we've done in Fairfax in the last five years is creating an environment that supports getting people who are homeless into housing, providing a wrap-around service for those people, providing more job training, and providing more integrated health care, so that people who haven't been to a primary care doctor for years can get primary care services," Braunstein said.

Braunstein's most satisfying experience at CSB has been working with what he describes as dedicated, skilled and caring staff and providers.

"The Fairfax providers are so skilled and so effective. They deal with some of the most challenging situations because of where we are in the greater D.C. area. We have a lot of folks with very complex problems, a combination of urban and suburban issues, and the staff is just fantastic to work with, both in administration and the service delivery areas," he said.

According to Braunstein, government officials like Chairman Sharon Bulova understand the need for local funding for mental health services.

"Not all local government officials get it. This is

really unique here. Even compared to some other surrounding localities, Fairfax for the most part gets what is important about serving these very vulnerable people," Braunstein said. "It's really rare for someone in the public sector to find local government officials who understand."

Bulova presented Braunstein with a proclamation honoring his contributions to the CSB, and declared Feb. 27, 2014 to be George Braunstein day in Fairfax County.

According to Bulova's proclamation, Braunstein "has steered the CSB through a major organizational transformation, pioneered nationally recognized best practices throughout the service system, and advocated with courage, skill and tenacity for services to meet the needs of the most vulnerable people in our community."

BRAUNSTEIN SAID a frustrating part of working in the mental health field has been challenging the idea that problems such as drug and alcohol addiction are a weakness of character.

"Probably the most difficult part of working in the mental health field is that it has taken an awful long time even making short strides so that people understand the legitimacy of the services that we do, and see it as equally valid as any other services in the health care field," he said.

Mary Ann Bergeron, the executive director of the Virginia Association of Community Services Board, said Braunstein has been a great leader ever since moving to Virginia in 2000.

"He is a master at taking very complex issues, and being able to identify solutions to an issue," Bergeron said. "He's been a wonderful source of inspiration."

Braunstein's colleagues say his leadership and guidance will be missed as he retires.

"George was at the helm of the CSB's transformation from a siloed system that offered specific services for certain diagnoses into an integrated system based that supports the whole person based upon the level of care he or she needs, with a focus on helping all individuals gain access to cross-cutting services such as primary care, housing, employment and peer supports," said Jeannie Cummins, investment and development manager at the CSB.

"Even compared to some other surrounding localities, Fairfax for the most part gets what is important about serving these very vulnerable people."

— George Braunstein

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21 Announcements

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In execution of a Deed of Trust from Cynthia Glacken and William Glacken, dated September 16, 2005, and recorded September 19, 2005, in Deed Book 17755 at page 1160 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Monday, March 10, 2014 at 9:30 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Lot 41, Section 2, London Towne, as the same appears duly dedicated, platted and recorded in Deed Book 2711 at page 684, among the Land Records of Fairfax County, Virginia, together with and subject to the provisions of the declaration of covenants and conditions (including membership in London Towne Homeowners Association) recorded in Deed Book 2788 at page 487 among the aforesaid land records.

Commonly known as 6258 Paddington Lane, Centreville, Virginia 20120.

TERMS OF SALE: A deposit of \$25,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 3.0 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

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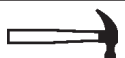
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WELLBEING

Keeping Family Life Happy

FROM PAGE 11

the laundry folded."

Rees encourages stressed parents to give themselves time alone as well. "I am part of a prayer and listening group on Tuesday nights. We come together and have a time of silence and share where we are in our lives. For me, that's my chance for renewal, refreshment, and it makes me return home with a completely different attitude. ... For others, it might be a walk in the woods or coffee with a good friend, or an hour at the gym. It's hard to make space for yourself, but it can make a big difference in how you treat the people around you."

When it comes to building a harmonious family life, which elements matter most?

"Love, obviously, is essential," said Rees. "But that's a big and amorphous word and really has to be much more about how we live than what we feel when it comes to daily relationships. When we are stressed or worried or tired, our closest relationships are the ones that take the biggest hit. It is in those all-too-frequent moments that we have to work the hardest at things like kindness, respect, thinking of how the other person feels."

The willingness to forgive oneself and one's family members is also vital to family harmony. "We all do and say things without thinking all the time with our families," said Rees. "They bear the brunt of all the weight we carry. Try to remember that in the heat of the moment and put aside petty grudges."

Sometimes, says Rees, it's small, often overlooked actions that can have a major impact. "Little things matter so much in family life," she said. "Replacing the soap in the soap dish, or asking someone about their day and really caring about the answer, or giving a hand when you see someone struggling. When my husband hears my car in the driveway when I return from the grocery store and comes out to help carry the bags ... I notice and I feel cared for."

Leticq said, "With myriad external stressors and pressures on family systems, it is really important that families ... work together to model positive coping strategies and moderate conflict and anxiety levels. Parents can model healthy conflict resolution practices and support their children's positive coping and adaptation. This often

takes a lot of work, learning skills that we may not have picked up from our own family systems [such as] practice, cooperation and patience."

"Learn and implement effective communication skills," said Rees. "Share what you are feeling with those all-important 'I statements' that we know about but find so hard to use in the heat of the moment. Stop what we are doing when there is something we really need to listen to, and then really listen with empathy and love. ... Not just thinking it, but saying 'I love you,' 'I'm sorry,' 'I forgive you,' 'thank you.'"

Manage expectations. "Reasonable expectations seem like a big piece of this, for ourselves, for our kids, for our partners," said Rees. "Remember to step back and think about what really matters and try to place less importance on the rest."

Parents are a child's best role models for dealing with setbacks. "Parents must help their children be resilient when goals are not met," said Pfeffer. "Sometimes the best growth can be gained by resilience after a disappointment."

LAUGHTER HELPS A LOT, too. "Try not to take things so seriously and to see the humor even

in the mistakes and the impossible moments," said Rees.

Practice gratitude. "Lately, I keep reading about the link between practicing gratitude and feeling happiness. I find it true in my own life," said Rees. "When I consciously look for things to be grateful for, I am much more aware of the moments of love and beauty in my life. So practice gratitude for each member of our families, for the good that we see in them, for the moments that we have with them. When, after a long day, I get to sit down and read a book with my arms around my kids, I try to remember to thank God for that moment."

"There really is not one 'right' way to parent a child or engage in family life," said Leticq. "Every parent-child relationship, every family system is unique in terms of what each person brings to the relationship: temperaments, interests, skill-sets, personality traits, personal histories, past familial experience, health issues, etc. ... There is a range of parenting styles, but what seems most important is to do what works best with your child's temperament and what is going to be most supportive and least stressful for the entire family."

"The most significant obstacles to harmonious family life today are over scheduling and over connectedness. ... The solution is to schedule family time such as meals together — without electronic devices to interrupt being present to each other — and to protect this time from other activities."

— Michael Moynihan, head of Upper School, The Heights School

ENTERTAINMENT

Email announcements to centreview@connectionnewspapers.com. Photos welcome.

ONGOING

Sully Historic Site. 3650 Historic Sully Way, Chantilly. Enjoy guided tours of the 1794 home of Northern Virginia's first congressman, Richard Bland Lee. \$7/adult; \$6/student; \$5/senior and child. Hours are 11 a.m.-4 p.m. 703-437-1794.

Art Exhibit. See "Songs of the Shore," archival inkjet prints by Chantilly resident Peter Toth in the Margaret W. and Joseph L. Fisher Art Gallery, of the Rachel M. Schlesinger Concert Hall & Arts Center, 3001 N. Beauregard St. Runs through March 16. Visit www.nvcc.edu/schlesingercenter/gallery.html.

Art Exhibit. Paintings by Centreville artist Rosemary Gallick will be on display Feb. 19-March 28 at the Atrium gallery at the Woodbridge Campus of Northern Virginia Community College, 15200 Neabsco Mills Road. "Diversity in Music: Crossing Gender and Race" honors the talents of many artists. Free. E-mail rgallick@nvcc.edu, visit nvcc.edu or 703-878-5797.

THURSDAY/MARCH 6

Toddlin' Twos. 10:30 a.m. or 11:30 a.m. at Chantilly Regional Library,

4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

Small Wonders. 11 a.m. at Centreville Library, 14200 St. Germain Drive. Children ages 13-23 months can enjoy stories and activities. Free. 703-830-2223.

FRIDAY/MARCH 7

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

SATURDAY/MARCH 8

Thriving Three to Fives. 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 3-5 can enjoy stories and activities. Free. Registration required. 703-830-2223.

Paws for Reading. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 5-12 can meet and read to a trained therapy dog. They can read from a library book or

already owned one. Free. Registration required, 703-502-3883.

Music Performance. 8 p.m. at Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. HooShir A Cappella, Indiana University's co-ed a cappella group will perform. \$29/adult; \$24/JCCNV member, senior; \$19/students. Visit www.jccnvarts.org or 703-537-3000.

MONDAY/MARCH 10

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Book Buddies. 2:15 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in kindergarten can discuss a book. Free. 703-502-3883 for title.

Afternoon Adventures: Geronimo Stilton Celebration. 3 p.m. at Centreville Library, 14200 St. Germain Drive. Children ages 8-12 can meet storybook character Geronimo Stilton, play games, break a coded message and more. Door prizes will be given away. Free. Registration required, 703-830-2223.

Supporting Boys & Girls Clubs

Boys & Girls Clubs of Greater Washington's Fairfax County Region will hold its inaugural Casino Night fundraiser March 7, 6:30-11:30 p.m. at The Ritz-Carlton, Tyson's Corner, 1700 Tysons Blvd., McLean. The Fairfax Regional Board will bring a bit of friendly Vegas-like fun to support the programming for the region's two Clubs.

To purchase tickets for Casino Night and for more about Fairfax Region of Boys & Girls Clubs of Greater Washington visit: www.bggcw.org/fairfax/casino-night. The evening includes Ritz-Carlton dinner buffet, open bar, casino games, raffle, dancing, DJ and more, for \$95 a person or \$175 per couple. Special overnight room rate of \$119 available.

Writers of Chantilly. 6:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can share their work and receive feedback. Free. 703-502-3883.

TUESDAY/MARCH 11

Toddlin' Twos. 10:30 a.m. or 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

Thriving Three to Fives. 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 3-5 can enjoy stories and activities. Free. Registration required. 703-830-2223.

Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy songs, stories and more. Free. Registration required. 703-502-3883.

Magic and Mayhem. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Girls and boys in

grades 6-8 can participate in this sci-fi/fantasy book group. Call for title. Free. Registration required. 703-502-3883.

WEDNESDAY/MARCH 12

Read, Build, Play. Duplo Story Time. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Children ages 3-5 months can enjoy stories and more. Free. Registration required, 703-502-3883.

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-830-2223.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Chantilly Book Discussion Group. 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can call and ask for title. Free. 703-502-3883.

THURSDAY/MARCH 13

Civil War Lecture. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults and school age children can hear "Battle of New Market, Virginia, May 1864," by author and historian Scott Harris. Free. 703-830-2223.

SATURDAY/MARCH 15

Small Wonders. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Bouncin' Babies. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Lego Mania. 12:30 p.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades K-2 can build. Free. Registration required, 703-502-3883.

St. Patrick's Day/St. Joseph's Day Party. 6-9:30 p.m. at St. Veronica's Church parish hall, 3460 Centreville Road, Chantilly. Family-friendly event includes food, drink, sing-alongs, Irish dancing and more. \$7/adult; \$5/child. Drinks extra. Visit www.stveronica.net or 703-773-2000.

SUNDAY/MARCH 16

Train Show. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Northern Virginia NTRAK members will have a display and N gauge trains running. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Visit www.fairfax-station.org or 703-425-9225.

MONDAY/MARCH 17

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

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