

Burke CONNECTION

Cavaliers, Bruins Fall in State Semifinals

SPORTS, PAGE 16

A Debt to Society

NEWS, PAGE 9

FIRST Robotics Team Prepping for Competition

NEWS, PAGE 4

Inside

HomeLifeStyle

HomeLifeStyle

Woodson sophomore Matt Ayoub scored 14 points during a loss to Landstown in the 6A state semifinals on March 8 at Robinson Secondary School.

Fairfax County Spelling Bee

Supervisor Pat Herrity: Expert Use of the Word Hypocrisy

H-Y-P-O-C-R-I-S-Y

Hypocrisy is when
I **SAY** I support schools, but
vote to underfund education
every year.

Herrity's underfunded schools **STING** students and taxpayers:

- Underfunded schools put kids at risk and crowd classrooms
- Underfunded schools lower property values and quality of life
- Underfunded schools deny students the individual attention they deserve

**Tell Pat Herrity
to Fund Our Schools**

Buzz him at: 703-451-8873 E-mail him at: springfield@fairfaxcounty.gov

Fairfax County Federation of Teachers
Teachers Care!



Paid Advertisement

(From left) Senior Robyn Smith explains Active Minds while Lindsay Laiks, Rachel Chalkley, Karen Garza and Kim Dockery listen.



PHOTOS BY BONNIE HOBBS/THE CONNECTION

'Proud of Our Young People at Woodson'

FCPS informs parents about support for teens.

BY BONNIE HOBBS
THE CONNECTION

It was standing room only last week in Woodson High's auditorium when some 1,100 people, mainly parents, gathered for comfort and advice in the aftermath of two student deaths.

Principal Jeff Yost welcomed them and later received a standing ovation when Douglas Tyson, assistant superintendent of Cluster III, praised the job he's done at the school. First, though, FCPS Superintendent Karen Garza addressed the crowd.

"I'm a parent of four children, and there's nothing more heartbreaking than to hear about the untimely death of a child or learn about anyone who's suffering," she said. "We support you and want to help you build on the great work that's been done here."

Tyson thanked Woodson's teachers for always helping students do their best, and the parents, for attending the March 5 meeting. "If we're going to overcome and prevent these things in the future, we all have to work together," he said. "[And] it's important to commend our students for keeping a positive mindset. We're proud of our young people here at Woodson, and we adults need your help to better learn how to provide for you."

Kim Dockery, assistant superintendent for Special Services and a parent of Woodson grads, said, "The things we're facing are complex issues; tonight's the first part of the conversation." Noting Fairfax County's many resources, Dockery added, "We're a community that takes care of our most precious asset, our children."

Dr. Gloria Addo-Ayensu, director of the county Health

Department, told parents she's contacted the Virginia Health Department and the Centers for Disease Control "to make sure we're not missing anything."

MaryAnn Panarelli, director of FCPS' Office of Intervention and Prevention, thanked the social workers and counselors "who've been working so hard with your children, the past week or two." She also acknowledged the social workers and counselors who came from other jurisdictions to help, as well.

"They go to the classes the person [who died] was in," she explained. "They also reach out to students who may have had a loss, themselves, and are particularly vulnerable. If a student is especially distressed, they tell the parents. And at the end of the day, all members of the Crisis Response Team make a list of students we're concerned about and want to follow up on later to offer additional support."

OFTEN, students or parents will tell the team members about other students they should talk to, and they do. "So there are several layers of active support available," said Panarelli. "We work with groups of kids and tell them there's a natural process for grief, but it's different for everybody." "Some kids

SEE WOODSON, PAGE 5



People in the audience introduce themselves to each other.

(From left) are seniors Rachel Chalkley, Robyn Smith, Fran Mahon and Lindsay Laiks at the Active Minds information table.



PHOTO BY BONNIE HOBBS/THE CONNECTION

Help Offered in the Wake of Tragedy

Organizations provide information, guidance.

BY BONNIE HOBBS
THE CONNECTION

Woodson parent Karen Cogan called the March 5 meeting "a good first start. A lot of us were here to band together and let everyone know we're there for each other."

"It was a great community turnout, and I appreciated the school-system support services being here to give us some guidance," she said. "They told us what's available to parents and kids and what [comprises] a crisis team."

Parents also gave written answers to questions they'd received before the meeting. They shared their ideas to better support students, plus what resources could help. Students answered similar questions.

Regarding the mood in the school these days, junior Jack Jacobs said, "I think everyone's doing a great job of being supportive, caring and listening when anyone needs to talk. Tonight was very good. It was nice to hear how everyone in the school system and School Board cares about us and have come together to help."

After the meeting, parents received crisis and suicide-prevention cards with information, plus phone numbers they and students can call for help. Parents also visited 15 information tables in the cafeteria to learn about several resources.

At the Community of Solutions table, co-founder Carol Davis said, "We started this organization last year after the third [Woodson] suicide. We average five teens and 20 adults per meeting."

The group helps teenagers deal with adversity and build resilience. It does so by listening to them and by establishing positive relationships within the community to focus on common strengths and abilities. For more information, see <https://www.facebook.com/groups/CommunityofSolutions/>.

At another table, four students explained Active Minds, a school organization that raises awareness of and de-stigmatizes mental illness. It encourages both hope and help. "We assess students for any risk or crisis, listen non-judgmentally and, when necessary, encourage them to get professional help," said senior Rachel Chalkley. "What we do helps foster a positive environment."

For example, they've held a yoga class to promote mindfulness and gave out hot chocolate to students returning from winter break. "It was to spread joy and help people have a better time at school," said senior Lindsay Laiks.

The group's a year old and meets once or twice a month. "It gets people to be more comfortable discussing mental health," said Laiks. "It isn't talked about the same way a broken arm is, but we want to show people it's OK to do that."

She, too, was glad people came together as a community to exchange ideas. In school, she said, "Students are trying to show each other that every person's cared about. There's a sense of community. It's definitely tough, but we're coming together. Things may be hard in the moment, but we have to remember that life continues on – we just have to keep going."

Members of the RTR Team Robotics prepare for the upcoming regional competition on March 27.



PHOTOS BY JANELLE GERMANOS/THE CONNECTION

FIRST Robotics Team Prepping for Competition

Students build robots, use passion for engineering.

BY JANELLE GERMANOS
THE CONNECTION

Every Monday, Friday and Saturday, members of the AIM Robotics and RTR Team Robotics meet in Lorton to prepare for the upcoming Greater D.C. Regional competition on March 27.

The teams, both part of FIRST Robotics, share a space provided by Shirley Contracting. Students work on parts, coding and more to prepare for the competition.

Ryan Beaver, a senior at Robinson Secondary School, is co-captain of AIM Robotics. AIM stands for Autodidactic Intelligent Minors, and the team consists of students from public and private schools around the area, as well as home-schoolers.

"I joined and fell in love," Beaver said.

Andrew Peace, the team's other co-captain, is a home-schooled student who joined due to an interest in engineering.

"You learn a lot when you come in," Peace said.

Ragav Goyal, a senior at West Springfield High School, and David Kitrinis, a junior at West Springfield, are co-captains of the RTR Team.

"I really wanted to get some hands-on experience," Kitrinis said.

Hands-on learning is part of the FIRST Robotics experience. Each team builds a robot and learns from professional engineers who mentor the team.

Students work alongside mentors who work in the engineering field or have been on the team in the past. Parents and com-

munity members also supervise the long practice sessions.

For several years in the past, the teams worked in garages or other small spaces. This year, they say they were lucky to receive a donated space by Shirley Contracting.

The FIRST Robotics requires teams to solve a problem within a six-week time period, building a robot which will then enter into a competition. This year's competition is "Aerial Assist."

"It's great working with the young students," said Deanne Mahoney, who has been a parent volunteer for seven years.

According to Gary Beaver, the team always has room for more mentors.

"Mentors come here because it is more fun than their regular weekly job," Beaver said.

Co-captains of the teams say they are pretty prepared for the upcoming competition. Both teams have grown this year, which means time was spent teaching new students and getting them up to speed.

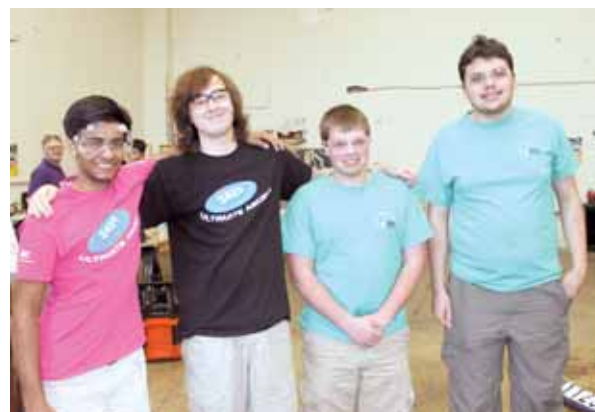
Several members of the team, including the co-captains, say they are interested in pursuing robotics and engineering as a career and hope to study these programs in college.

"They are learning things here that students in college learn," Beaver said.

A couple of Fairfax County schools have robotic teams, but FIRST is the only community-based group that allows students in ninth grade to join.

Teamwork is a big part of being involved in FIRST. At the competition, the teams are paired up with other teams and have to work together to complete the challenges.

The Washington, D.C. Regional Competition will be on March 27-29 at the Patriot Center in Fairfax. The event is free and open to the public.



Ragav Goyal, David Kitrinis, Andrew Peace, and Ryan Beaver, co-captains of RTR Team Robotics and AIM Robotics, pose together at their practice space in Lorton.

GENERAL PUBLIC NOTICE

WANTED

25 PEOPLE FOR TRIAL OF NEW HEARING AID TECHNOLOGY

In an effort to increase product awareness, Advanced Hearing Technologies has been exclusively selected by the leading manufacturer in cutting edge hearing aid technology to conduct a "ONE TIME" test market review of revolutionary hearing aid technology.

Manufacturer trained representatives will be on hand to demonstrate the amazing changes in hearing aid technology that have occurred in just the past few years. Additionally we will be offering the following services at NO CHARGE.

ADVANCED HEARING Technologies, Inc.

HEARING HEALTH SCREENINGS AT NO CHARGE

1. LIVE SPEECH MAPPING

Using a family member or friend's familiar voice you can see and measure Live Speech in Real Time, overlaying it on top of your hearing chart. This shows us exactly which parts of speech you are missing. This is truly technology of the future and the first time a person sees this, it always creates a "WOW FACTOR"!

3. VIDEO EAR CANAL EXAM YOU SEE WHAT WE SEE

DON'T BUY HEARING AIDS BECAUSE OF EARWAX!



Hearing loss is often a simple case of excessive ear wax or a simple to remove blockage of the ear canal itself. We will perform a complete video otoscopic evaluation of the ear canal and you will be able to see inside your own ear canal and look at your ear drum.

NEWEST HEARING AID TECHNOLOGY

INTRODUCING

Mini Bluetooth Remote

This remote easily connects your hearing aids to devices such as; mobile phones, TVs, MP3 players and more!



It is not only invisible, but includes bluetooth capabilities and adaptive noise reduction.

CALL NOW TO SCHEDULE AN APPOINTMENT



Bruce Allen
Hearing Specialist

703-942-5071
1-888-333-5744

VIENNA

380 Maple Ave. W. L-1A

SPRINGFIELD

8136 Old Keene Mill Rd. A304

AdvancedHearingTechnologies.com

Federal BC/BS Members GET FREE HEARING AIDS

The Next Generation "Day 4" Circuit NO MONEY OUT OF POCKET

- 2 separate noise reduction programs
- 4 prescription channels
- Anti feedback, Directional microphones
- Optional remote control



Your Insurance Goes Twice as Far at Advanced Hearing Technologies!

Copyright © 2014

Weichert®



Please join us in saluting our highest achievers.



KATHLEEN QUINTARELLI
Weichert Chairman of the Board Club



YOUSSEF ZEROUAL
Weichert Chairman of the Board Club



ANITA MASON
Weichert President's Club



KATHY STARK
Weichert President's Club



IMAN GOBRAN
Weichert Executive's Club



CHARLES JACKSON
Weichert Executive's Club



GRACY MARIE NEARY
Weichert Executive's Club



KAREN BROWN
Weichert Director's Club



DORIS CROCKET
Weichert Director's Club



TED KOSOWSKI
Weichert Director's Club



DEBBIE MESEN
Weichert Director's Club



TRINA OCASIO
Weichert Director's Club



LAURA ORTEGA
Weichert Director's Club



CASSIE LUTJEN WALTHER
Weichert Director's Club



AIMEE KNICELEY BARNES
Weichert Million Dollar Club



JESSICA KURIAN
Weichert Million Dollar Club



JARED LILLY
Weichert Million Dollar Club



DALAL NOFAL
Weichert Million Dollar Club



KEITH RUDISILL
Weichert Million Dollar Club



SUSAN SPENCE
Weichert Million Dollar Club



CHRISTINA YOON
Weichert Million Dollar Club

(NOT PICTURED: SAM SONG, WEICHERT DIRECTOR'S CLUB)



Burke Office • 703-569-7870





Traumatic brain injury. Not the opponent Connor was expecting.

Two years ago a simple game of catch ended with a trip to the emergency room. A baseball had struck Connor above the eyebrow and blood was pooling dangerously between his brain and skull. Watch how our experts responded at JustRightForChildren.com/Connor.

“You gotta
be prepared for
any kind of shot
hit your way.”

Connor McCormick
Future tennis phenom

AREA ROUNDUPS

Disaster Resiliency Summit

The Fairfax County Community Collaboration Summit for Disaster Resiliency is designed for organizations that provide day-to-day support to Fairfax County community members and will give them sustained support when a disaster strikes. The summit will be held Tuesday, March 25, from 8 a.m.-3:30 p.m., at Mount Olive Baptist Church, 6600 Old Centreville Road in Centreville.

Entities such as faith- and community-based organizations, disaster volunteer groups, residential-management groups, civic associations and representatives from the private, public and nonprofit sectors involved in disaster recovery, should attend.

Register at <https://2014summit.eventbrite.com>. This event is sponsored by Volunteer Fairfax, Fairfax County's Neighborhood and Community Services and Faith Communities in Action.

'Do You See What I See?'

Fairfax-based charity Our Daily Bread is seeking submissions of artwork and performance proposals for its 30th anniversary celebration, "Do You See What I See?" Submissions are due by March 24. The event will be held May 2 in Fairfax in cooperation with Fairfax Spotlight for the Arts. Information and applications are at www.ODBFairfax.org. Contact 703-273-8829 or info@ODBFairfax.org.

Weichert, Realtors' Burke/Fairfax Station Office Recognizes Top Associate

Bruce L. Green, regional vice president of Weichert, Realtors, announced Sales Associate Youssef Zeroual of the Burke/Fairfax Station office was individually recognized for his exceptional industry success during the month of December. A top producer, Zeroual led the region, which comprises offices throughout Fairfax, Loudoun, Fauquier and Delaware counties, in resales.

This top neighborhood specialist can be reached in Weichert's Burke/Fairfax Station office at 9299 Old Keene Mill Road or by phone at 703-569-7870.



Youssef Zeroual

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

The Cancer Treatment Centers of America, sponsored by the Cancer Support Team, Ministry of Greater Little Baptist Church, Fairfax, will present "Restore: The Journey Toward Self Forgiveness & Physical Health" on Saturday, April 5, 9 a.m. to 1 p.m. at the Greater Little Zion Baptist Church, 10185 Zion Drive, Fairfax. This is a free event. To RSVP, call the church at 703-764-9111 or email Cancer Support Team Ministry at cstm@glzbc.org.

The speaker will be Rev. Dr. Michael Barry author of the Forgiveness Project and Director of Pastoral Care at Cancer Treatment Centers of America in Philadelphia, Pa.

The Effects of Mass Incarceration: A Public Forum on Criminal Justice Sentencing Reform will be held on Sunday, April 6, 2 - 4 p.m. at Accotink Unitarian Universalist Church, 10125 Lakehaven Drive, Burke. The panelists include state Sen. Dave Marsden, the Sentencing Project's Nazgol Ghandnoosh, Fairfax's Deputy County Executive David Rohrer. They will engage these concerns: the United States has more people in jail than any nation in the history of the world. Unintended consequences of this Mass Incarceration are especially devastating to poor communities of color. Young African-American Men are more likely to go to jail than to college. Many drug offenders are discriminated against in housing, voting and education after they have served their sentences. How do we minimize the human costs of the Drug War and Mass Incarceration and fix this crisis? For more info go to www.accotinkuuc.org - or call

703-503-4579 and ask for Reverend Scott Sammler-Michael

Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

The Guhyasamaja Buddhist Center, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism. The center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming inner causes of suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation and meditation. Visit <http://www.guhyasamaja.org> for more information.

Lord of Life Lutheran offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or www.Lordoflifeva.org.

First Baptist Church of Springfield offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspringfield.org.

Clifton Presbyterian Church, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided. Christian education for all ages is at 9:45 a.m. 703-830-3175.

SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Rabia Hassan of Fairfax graduated with a master's degree in criminal justice from Boston University.

Hannah L. Moody, of Fairfax Station, graduated from Boston University with a Master of Science in biomedical forensic sciences.

Martin VanderHoeven, son of Marianne Marsolais and Edward VanderHoeven of Springfield, has enrolled at Earlham College.

A man without a smiling face must not open a shop.

—Chinese Proverb

ROLLING VALLEY DENTAL

Dr Faisal Elhussein DMD

Family Dentistry

Accepting NEW PATIENTS!

FAMILY

KIDS

PATIENT COMFORT



6405 Shiplett Blvd
Burke, VA 22015

*Your teeth took care of you every day—
Now it's time you take care of them!*

703-455-5466 ROLLING VALLEY MALL
BURKE-SPRINGFIELD-DENTIST.COM
ROLLINGVALLEYDENTAL.COM

*The Salvation Army Women's Auxiliary
Fairfax County Corps*

*Presents The 34th Annual
Fashion Show/ Luncheon/ Silent Auction*

Fashions Presented by

Lord & Taylor

*of
Fair Oaks*

Friday, April 4th, 2014

At Ten Thirty O'Clock A.M.

Waterford at Fair Oaks

12025 Lee Jackson Highway, Fairfax, VA

Coordinator: Angela Ganey • 703-250-5809 or angelaganey@verizon.net

Treat yourself to traditional
IRISH SODA BREAD!



ST. PATRICK'S DAY TREATS ARE HERE!

Celebrate all things Irish with Irish Soda Bread, Green Bread & Cookies, Patty's Lucky Loaf & more! Call now to order Irish Soda Bread, see our website for the menu & be sure to stop by for a free slice of delicious bread.

GREAT HARVEST BURKE & LORTON
6030-G BURKE COMMONS RD, BURKE
9000-S LORTON STATION BLVD, LORTON
B-703-249-0044 L-703-372-2339
GREATHARVESTBURKE.COM
FACEBOOK.COM/BURKEGREATHARVEST



For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions?

E-mail: goinggreen@connectionnewspapers.com



THE CONNECTION NEWSPAPERS

DR. GENE SWEETNAM DR. GRACE CHANG OPTOMETRISTS



**TWO
CONVENIENT
LOCATIONS**

- Family & Pediatric Vision Care
- Comprehensive Eye Exams • Treatment of Eye Diseases
- 21 years Naval Service, 6 years Active Duty
- Laser Vision Consultants • Over a thousand frames in stock
- We carry all major brands of contact lenses • In-house lab

Most Insurances Accepted:

Anthem Blue Cross/Blue Shield, Care First, Medicare, Tricare In-network Doctor, Vision One Discount, Avesis, Aetna HMO/PPO/POS, PHCS, VSP® Network Doctor, EyeMed Vision Care, United Healthcare, VA Medicaid

WE WELCOME YOUR DOCTOR'S PRESCRIPTION

5204A Rolling Rd.
Burke Professional Center
Burke, VA 22015

703-425-2000

8951 Ox Rd., Suite 100
Shoppes at Lorton Valley
Lorton, VA 22079

703-493-9910

www.drsweetnam.com • www.sightforvision.com

The FISHBURNE EXPERIENCE

Summer Session

- **ACADEMICS**
- **ATHLETICS**
- **LEADERSHIP TRAINING**

**Apply NOW to ensure a spot.
Limited enrollment available!**

Classes begin June 28th

Contact us to schedule a visit

LIVE ♦ LEARN ♦ LEAD
WWW.FISHBURNE.ORG

Fishburne Military School, a U.S. Army JROTC Honor Unit with Distinction, is one of only four programs in the nation authorized by Cadet Command to offer Summer JROTC.



**FISHBURNE
MILITARY SCHOOL**

1.800.946.7773
WAYNESBORO, VA



OPINION

Voting Against Virginia?

Local proponents of expanding health coverage for poor people have a point about those in the General Assembly voting against it.

When Delegates Scott Surovell, Charniele Herring and Rob Krupicka, along with Sen. Adam Ebbin got together to make the case for expanding Medicaid in Virginia, they brought slide presentations, charts, spreadsheets, poll results and more.

It is a compelling argument that expanding Medicaid under the Affordable Care Act is not only good for the health of working poor Virginians, it's good for the health of Virginia's economy. What's more, polls show that Virginians support expanding Medicaid, even Virginians who didn't vote for Gov. Terry McAuliffe.

EDITORIAL

Expanding health care for poor individuals and families who so far have been cut out of health care reform by the General Assembly's refusal would create more than 30,000 new jobs, hundreds of jobs in every district in the state. It would bring in \$5 million in Federal dollars every day, \$1.8 billion a year. It would save the General Fund \$285 million over the biannual budget, money that could be spent on education, mental health and other critical priorities.

"Real people are suffering because of this,"

said Ebbin. "Real people would be helped." That includes working families and more than 12,000 veterans. Ebbin related the story of a taxi driver from his district who had a stroke in his 40s. With no insurance, Mount Vernon Inova Hospital covered his acute treatment and recovery. But without insurance, his access to rehabilitation was limited and as a result, his lifetime expectations are likely limited.

Saying no to \$5 million a day is, in fact, voting against Virginia.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

Protecting the Arctic Wildlife

To the Editor:

The influx of snowy owls this winter to the Lower 48 has everybody talking, and here in Northern Virginia it's no different.

Given the unusual migration, many people have been lucky enough to have sighted one of these beautiful birds in the wild for the very first time. These birds can make amazingly long and dangerous journeys from their summer breeding grounds in the Arctic, and our piece of the Arctic in Alaska is a key sanctuary for this

rare visitor.

As U.S. citizens we can work to protect our part of the Arctic, which includes the Arctic National Wildlife Refuge. The Coastal Plain of the Arctic National Wildlife Refuge is a vital sanctuary to birds that migrate through all 50 states and nearly every continent of the globe.

We can do our part by supporting efforts in Congress to ensure the protection of the Coastal Plain of the Arctic Refuge, not only for the birds, polar bears and caribou who rely on it, but for all of us. I hope Virginia's senators – Senator Mark Warner and Senator Tim Kaine – will show their support for



PHOTO BY DONALD SWEIG

A Snowy Owl settled on top of a parking lot light near Springfield Mall, where it delighted onlookers for several weeks last month.

the Refuge as well. It would show true leadership

and commitment to this special place if they would now sign on to co-sponsor the Senate bill to

protect it, S. 1695.

Corey Himrod

Burke
Alaska Wilderness League

More on School Budget

To the Editor:

This letter is in response to the letter published in the February 13-19 edition entitled: "School Budget: How to Pay?" submitted by Christopher Thompson of West Springfield. In this letter, Thompson suggests that the reason for rapidly increasing enrollment in the Fairfax County schools is the rapidly increasing number of children of illegal aliens in the system. Up to this

point, I think he hit the nail right on the head... add to this the rapidly increasing number of English as a second language students- except that the number of children of illegal aliens in the system far exceeds the 6,000 number he quotes. Minus these children there would be no school budget crunch and I agree that those who are here or remain here must be educated.

Proving legal status of one par-

ent is a fine idea, but the democratic machine that runs this country would never go for that for purely political reason. And the idea of submitting a bill to the federal government is ludicrous. But how about this- how about a school tax based upon the number of children enrolled in the Fairfax County system per household, not a real estate tax per house? Or a combination thereof? Certainly every tax payer would pay something, but on

a graduated scale. This is an old idea, but perhaps the time has come for it to be revisited. And John Cook is 100 percent wrong when he says this crisis is "business as usual," unless he considers the continual decline of the quality of the Fairfax County school system as it relates to surrounding counties as "business as usual."

Richard Cheadle

Burke

Taking Exception on Medicaid

To the Editor:

The Editorial in last week's Connection ["Taking the Money"] does not include important facts about the risks of expanding Medicaid in Virginia:

❖ Currently Medicaid is already 22 percent of the Virginia budget

❖ Expanding Medicaid reduces funds for other Virginia programs - schools, safety, other medical, etc.

❖ 40 to 60percent in the expan-

sion population already have private health insurance

❖ Anyone earning less than the 138 percent above the poverty level would be mandated to lose their private insurance and go onto Medicaid which provides less care.

As to Virginia expanding Medicaid to get increased federal funding, the U.S. government has already run out of "other people's money" with its more than \$17

trillion debt that is growing daily. Plus, there is no assurance the federal government will pay as much as it has said it would to the states because the rules of Obamacare are changing almost daily at the whim of the president.

In addition, Medicaid condemns those in the program to long waits in emergency rooms to get even routine care. Plus, it pays doctors so little and requires so much paperwork that many physicians can not afford to see more than a few

Medicaid patients.

Virginia taxpayers should not have to pay more for an already failing Medicaid program infamous for providing substandard care and being ripe with fraud. Government-controlled healthcare has caused costs to go up since its inception in the 1960s. It's time to look at free-market alternatives to providing medical care in America.

Susan Lider

Clifton

Burke
CONNECTION

www.ConnectionNewspapers.com

@BurkeConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to
connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
burke@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Amna Rehmatulla
Editorial Assistant
703-778-9410 ext.427
arehmatulla@connectionnewspapers.com

Victoria Ross
County Reporter
301-502-6027
vross@connectionnewspapers.com

Jon Roetman
Sports Editor
703-778-9410
jroetman@connectionnewspapers.com
@jonroetman

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Steve Hogan
Display Advertising, 703-778-9418
shogan@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9436
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Managing Editor

Kemal Kurspahic

Photography:

Deb Cobb, Louise Krafft,

Craig Sterbutzel

Art/Design:

Laurence Foong, John Heinly

Production Manager:

Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION: 703-778-9426
Circulation Manager:
Ann Oliver
circulation@connectionnewspapers.com

2012
AWARD
WINNING
NEWSPAPER
Virginia
PRESS
Association

A Debt to Society

Local governments use debt as a tool to build for the future.

BY MICHAEL LEE POPE
THE CONNECTION

Back in the 1920s, Harry Byrd became governor of Virginia on what he called a “pay-as-you-go” platform. Byrd had an almost pathological hatred of debt, fueled in part by mounting debt problems of his family’s business. Now, almost a century later, leaders across Northern Virginia have a very different view about the role debt should play in balancing the books. Local governments across Virginia have taken on more than \$8 billion in debt.

“Some jurisdictions are having to be more careful with their debt load as they are small and have a weak real estate base,” said Stephen Fuller, director of the Center for Regional Analysis at George Mason University. “Others see that having high quality infrastructure is the best way to support a growing economy that will enable them to pay off the debt.”

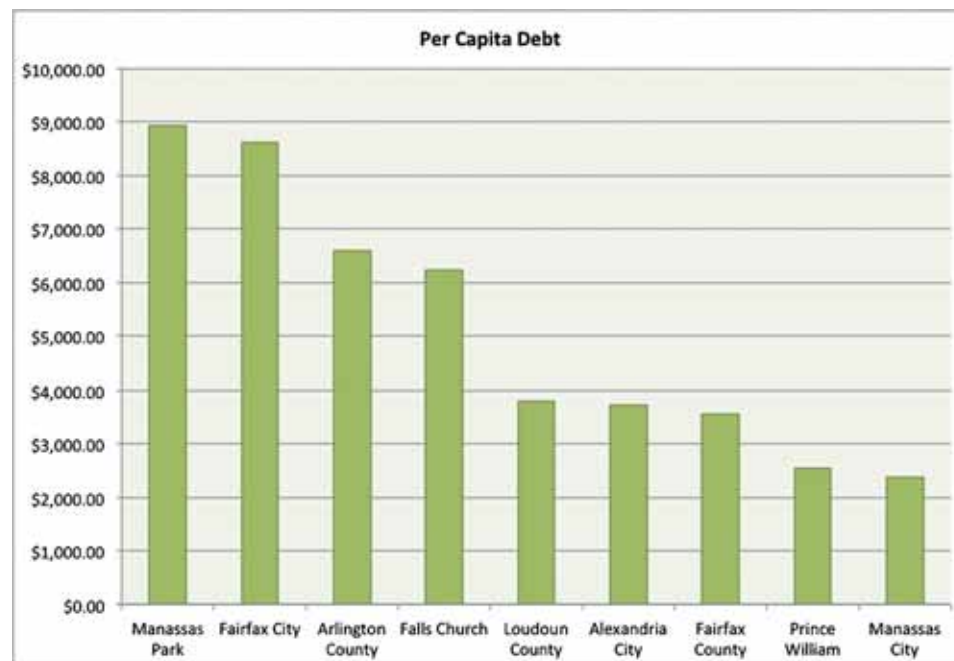
Fairfax County has the largest debt by far, almost \$4 billion. But Fairfax also has more people than any of the other jurisdictions. So the county’s per capita debt burden is

actually lower than Arlington or Alexandria. Financial reports show that local governments across Northern Virginia have been taking on increasing debt in recent years, and some believe that trend might accelerate in the near future. Because Congress is considering eliminating some exemptions for income tax on municipal bonds, local governments might consider taking on larger amounts of debt in the near future to take advantage of lower interest rates.

“There are some clouds gathering on the horizon that will impose significantly greater increases in costs for borrowing to issue bonds to finance long-term improvements,” said Frank Shafroth, director of the Center for State and Local Leadership. “Local governments are asking themselves if they want to risk deferring borrowing knowing it might carry a much higher interest rate.”

GOVERNMENT LEADERS say the old Byrd philosophy of “pay-as-you-go” is a relic of the past in much the same way as the policy of racial segregation associated with the Byrd machine. Although government officials acknowledge that local governments

locality	education debt	transportation debt	other general government debt	enterprise activities debt	total debt	per capita debt
Fairfax County	\$1,549,052,341	\$396,425,978	\$1,489,446,960	\$554,411,229	\$3,989,336,508	\$3,564.93
Arlington County	\$415,885,635	\$112,840,854	\$455,326,656	\$428,655,606	\$1,412,708,751	\$6,589.96
Loudoun County	\$890,389,301	\$0	\$360,213,903	\$2,060,377	\$1,252,663,581	\$3,803.35
Prince William	\$597,558,000	\$201,316,000	\$260,383,000	\$0	\$1,059,257,000	\$2,552.72
Alexandria City	\$152,270,716	\$17,340,064	\$365,761,922	\$27,144,311	\$535,372,702	\$3,731.76
Fairfax City	\$88,893,350	\$0	\$78,185,450	\$29,998,814	\$197,077,614	\$8,618.81
Manassas Park	\$58,228,329	\$0	\$59,670,144	\$14,776,604	\$132,675,077	\$8,930.79
Manassas	\$39,298,653	\$7,690,477	\$15,529,780	\$30,376,597	\$92,995,507	\$2,380.84
Falls Church	\$4,869,733	\$0	\$39,573,050	\$33,821,309	\$78,264,092	\$6,227.75



Per capita debt.

and how much value is tied to land in the jurisdiction.

“All the Northern Virginia jurisdictions are looking at the same metrics — they can’t exceed a three percent limit of outstanding

are taken on increasing amounts of debt, they argue that it’s all relative to the amount of money the jurisdiction raises each year

SEE DEMANDS, PAGE 11



Evidenced-based care, close to home

How do you become a pioneer in prostate cancer treatment?

Consult with Dr. Matthew Poggi, the leader in prostate seed implants in Northern Virginia. At the Inova Joseph Viar Jr. and Bonnie Christ Cancer Center – Alexandria, we offer programs that can be as short as **one day** with the vast majority of men retaining their pre-treatment potency. Research has shown the success rate for low risk patients is 98%.

With data-driven research and personalized care, Inova is delivering the future of health.

Learn more about the Inova Joseph Viar Jr. and Bonnie Christ Cancer Center – Alexandria at 703.504.7900

Matthew Poggi, MD, Medical Director

INOVA
Join the future of health.

Woodson Finds Support in Crisis

FROM PAGE 3

may have difficulty sleeping, concentrating or being motivated,” she continued. “One may be angry, while another is quiet. But they need to be respectful and empathetic of each other’s feelings. As difficult as this time is, your kids are strong and they’ll work through it. Let them know you’re there for them. Avoid generalizing this as part of a pattern; each tragedy is a situation unto itself.”

Panarelli also advised parents to “Let your children know it’s OK to laugh and have a good time and not feel guilty. It’s our natural way of dealing, and it’s OK to forget for a minute and go on. Grief comes and goes. Do low-key activities as a family; it’s reassuring and doesn’t demand a lot of energy from them.”

If necessary, she said, reach out to a school counselor, school psychologist or social worker. “Depression is a treatable mental illness, not a flaw in a person and not something to be ashamed of,” said Panarelli. “Discuss with your children how you’d respond if they told you they’re depressed, involved in substance abuse or having other troubles, so they won’t fear coming to you for help.”

“Encourage your child to determine three adults he or she could talk to about things, because sometimes that’s easier,” she continued. “Or they can talk to their friends. But you can be proud of your children; they’ve responded [to these tragedies] with resilience, grace and compassion and banded together in groups for comfort. Let them know you’re proud of them.”

Fairfax County Prevention Manager Jesse Ellis makes sure everything possible is being done to help students. “Last year, county and school staff identified recommendations regarding suicide prevention and put together a team to look at suicide incidents,” he said. “Each is unique, but has lessons we can learn as we move forward.”

Ellis said activities strengthening the bonds students have with their communities help prevent suicides. “When we talk about suicide prevention, we’re talking about parents, neighbors, Scout and church leaders, coaches, etc.,” he said. “And we need to make sure you have the skills and resources to do that effectively. We want to develop strategies to empower you with the knowledge to do this well.”

ON THE BRIGHT SIDE, said



FCPS Superintendent Karen Garza



MaryAnn Panarelli said everyone grieves differently.

“Your kids are strong and they’ll work through it.”

— MaryAnn Panarelli, FCPS Office of Intervention and Prevention

Ellis, “We as a community are doing well – our suicide rates are the lowest in the state because our kids have neighbors, teachers and friends to turn to. But we need to do that better. We have great people in the community and, if we build on that, we can make an even bigger difference.”

“Until we get parents involved, we won’t solve these problems,” added Woodson parent Bob Phillips. “Carol Davis and I formed Community of Solutions. We saw what worked in other communities with similar problems, looked at several organizations and included students to hear their concerns.”

Phillips said teens told them their biggest fear is what will happen to them when they do some-



Parent Bob Phillips discusses Community of Solutions.



Cluster III head Douglas Tyson

thing wrong. “They worry, ‘Will people be angry at me? Will I be ostracized? Will the police come?’” he said. But the Fairfax-Falls Church Community Services Board has trained 40 students, so far, to identify teens with problems and refer them to helpful resources.

“We’re putting together a package so parents can more easily access these resources,” he told them. “You’re the solution to help solve this.”

School Board members Megan McLaughlin (Braddock District), Elizabeth Schultz (Springfield), Ilryong Moon (chairman) and Ted Velkoff (at-large) also attended. “We’re so fortunate to have all these services here in Fairfax County,” said Velkoff afterward. He was also pleased that Panarelli described how FCPS responds to student tragedies.

“I was struck by the pro-active communication they do when they come into a school,” he said. “I was also impressed with Dr. Garza’s leadership; I thought this meeting was approached with humanity to let people know we care.”



PHOTO COURTESY OF THE OFFICE OF DELEGATE FILLER-CORN

Delegate Eileen Filler-Corn presenting legislation during the 2014 General Assembly Session.

Del. Filler-Corn Passes Legislation for Military Spouses

House Bill 1247, aimed at reducing burdensome red tape for military spouses, has passed the House of Delegates and Senate with unanimous bipartisan support and now awaits signature from the Governor. Sponsored by Del. Eileen Filler-Corn (D-41) and supported by the Administration, HB 1247 would require the Department of Professional and Occupational Regulation to expedite the review process for temporary licenses from 30 to 20 days for military spouses that already hold the equivalent license in another state.

“Our military servicemen and servicewomen sacrifice so much for their country every single day. Many military spouses are often forced to leave successful careers behind and face excessive red tape preventing them from resettling in their chosen profession upon relocation.

This bill aims to ease that burden.”

Virginia currently employs the second highest number of active-duty military out of the 50 states. A wide variety of professionals are required to have state-issued licenses in order to work in their field. This bill affects everyone from realtors, barbers, accountants, to construction workers.

“Every day that military spouses must wait to receive a license for a profession that they are already approved to practice in another state is another day that they are unable to earn income, support their family, and contribute to Virginia’s economy” said Filler-Corn. “This bill will reduce the time it takes for military spouses to receive temporary licenses for their professions, thereby dramatically reducing their financial and emotional burdens.”

A Public Forum on Mass Incarceration

The Effects of Mass Incarceration: A Public Forum on Criminal Justice Sentencing Reform will be held on Sunday, April 6, 2 - 4 p.m. at Accotink Unitarian Universalist Church, 10125 Lakehaven Drive, Burke. The panelists include state Sen. Dave Marsden, the Sentencing Project’s Nazgol Ghandnoosh, Fairfax’s Deputy County Executive David Rohrer. They will engage these concerns: the United States has more people in jail than any nation in the history of the world. Unintended consequences of this mass incarceration are especially devastating to poor communities of color. Young African-American men are more likely to go to jail than to college. Many drug offenders are discriminated against in housing, voting and education after they have served their sentences. How do we minimize the human costs of the drug war and mass incarceration and fix this crisis?

For more info got to www.accotinkuuc.org - or call 703-503-4579 and ask for Reverend Scott Sammler-Michael.

Demands Dictate the Debt

FROM PAGE 9

debt as a percent of assessed value, and annual debt payments can't exceed 10 percent of their total budget," said Joe LaHait, debt coordinator for Fairfax County. "Those two metrics are strongly abided by, and they are constantly monitored by the bond rating agencies who ultimately provide the ratings to every single jurisdiction in the state."

Arlington County has one of the highest per capita debt loads in Northern Virginia, an indication that county leaders are willing to use its bonding authority to borrow money to construct everything from schools to a new aquatics center at Long Bridge Park. Supporters of the county's efforts say the bond rating agencies approve because Arlington has an Aaa/AAA/AAA credit rating. Arlington is one of the few jurisdictions in America to have a triple-triple A credit rating, a distinction it's held for 13 consecutive years.

"You could make a reasonable argument, I think, that we have got a number of different programs doing the same things sometimes and you could probably streamline some things in Arlington. There's no doubt about that," said Robert Hynes, a member of the Fiscal Affairs Advisory Commission. "But I also do not think there's a lot of great waste in the money they spend. They spend it well I think."

ONE POTENTIAL drawback for local governments deciding to take on more debt is the risk of violating self-imposed debt limits. In Alexandria, for example, city leaders are trying to find a way to finance a new Metro station at Potomac Yard. Last year, members

of the Budget and Fiscal Affairs Advisory Committee sounded the alarm that the city was actually on track to violate its debt ceiling even without calculating the massive borrowing that would be needed to finance the Metro station, which could be anywhere from \$200 million to \$400 million. That means borrowing money to build the station would violate the city's debt policy at least temporarily.

"The idea was, I think, to make an exception that would be paid down and then go back to the guidelines — in other words break the guidelines," said James Bulter, former chairman of the Alexandria Budget and Fiscal Affairs Advisory Committee. "But I believe that they should carefully examine their options because the debt policy has a real meaning, and it should be followed if at all possible."

Local governments are not alone in trying to borrow money to balance the books. Last year, the commonwealth of Virginia's total debt increased to \$37.3 billion, an increase of \$1.1 billion, or 3.2 percent. According to a study by the nonpartisan State Budget Solutions, that means each private sector worker in Virginia has a state debt burden of more than \$21,000. And the federal government problems with debt are well known.

"My own personal debt concerns me, so certainly the debt of my county does as well," said Ed Batten, a member of the Lee District Budget Advisory Group. "But when I look at what the demands are in this county, the human demands as well as what's going on in the economy, I think that what we are doing is the best we can do given the circumstances."



CARDIOLOGY
DERMATOLOGY
EMERGENCY/CRITICAL CARE
INTERNAL MEDICINE
NEUROLOGY
ONCOLOGY
RADIATION ONCOLOGY
RADIOLOGY
REHABILITATIVE THERAPY
SURGERY

RADIOCAT
Centers for The Treatment of Feline Hyperthyroidism

WE LOVE THEM LIKE YOU DO

6651 BACKLICK RD.
SPRINGFIELD, VA 22150
703.451.8900
WWW.VETREFERRALCENTER.COM
OPEN 24 HOURS 365 DAYS A YEAR

THE REGIONAL VETERINARY REFERRAL CENTER

SHILLELAGHS
THE TRAVEL CLUB

ALASKA CRUISE, MAY 23-30.....\$1,503
Includes Air from Dulles, 7 Nights on Celebrity's "Solstice." All meals & entertainment onboard. Transfers & Baggage Handling. CALL FOR DETAILS.

DOWNTON ABBEY TOUR OF ENGLAND, AUGUST 2-9\$2,799
Includes 6 Nights Hotel with Daily Breakfast, 2 Lunches, 2 Teas & 1 Dinner. Sightseeing — CALL FOR DETAILED ITINERARY.

THE BERKSHIRES, MA • TANGLEWOOD & BOSTON POPS! AUGUST 4-8...\$1,399
Includes Coach from Vienna or Rockville, 4 Nights Hotel with Daily Breakfast & Dinner. Sightseeing, Evening at Tanglewood. CALL FOR DETAILED ITINERARY.

SHILLELAGHS TRAVEL CLUB
100 East Street SE, Suite 202 • Vienna, Virginia 22180
703-242-2204 1-800-556-8646
Please visit our Web site at: www.shillelaghtravelclub.com for a listing of all our upcoming trips and socials.

60-75% Off Pottery
Oriental Fishbowls, Orchid and Bonsai Pots now **40% Off** Lowest Prices Since 2008!

Pansies are Here! On Sale 97¢
Reg. price \$1.89

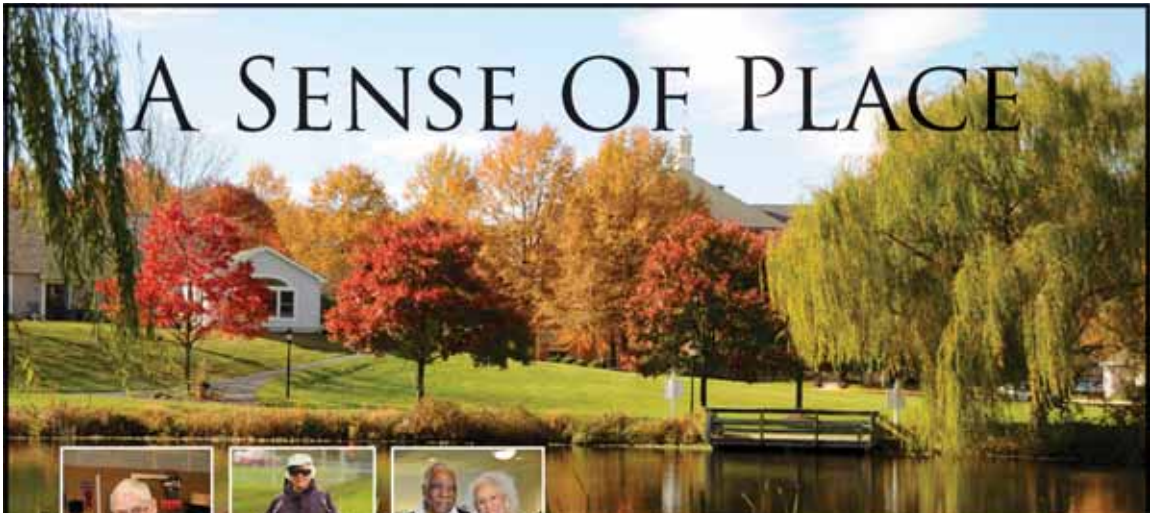

Landscape/Hardscape Sale
Off-Season Pricing — Best Prices of the Year! Patios, Walkways, Retaining Walls, Landscaping **FREE ESTIMATES!**

Bulk Mulch, Playground Chips & Organic Compost \$29.99/cu. yd.

25%-75% OFF
Trees, Shrubs & Perennials

Cravens Nursery & Pottery
9023 Arlington Blvd., Fairfax, Virginia
2 miles west of I-495 on Rt. 50.
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 7 days a week
Visit our new Web site: www.cravensnursery.com

A SENSE OF PLACE


Westminster at Lake Ridge—a community small enough to know your neighbors, yet big enough to support exceptional services and amenities. A place to enjoy nature, visit a nearby quaint historic village or experience the excitement and culture of our nation's capital. You'll discover what so many people have found...a home with a true sense of "place".

Westminster at Lake Ridge
Northern Virginia's Best Kept Secret in Retirement Living

There are just a few places left. Availability is extremely limited. Call today to reserve your place at Northern Virginia's best kept secret in retirement living—Westminster at Lake Ridge.

www.wlrva.org • 703-791-1100
12191 Clipper Drive, Lake Ridge, VA 22192

♿



NEWS

Braunstein Retiring from CSB

He led agency through transformation, advocated for mental health services.

BY JANELLE GERMANOS
THE CONNECTION



PHOTO CONTRIBUTED
George Braunstein is retiring from his position of executive director at the Fairfax-Falls Church Community Services Board.

“Even compared to some other surrounding localities, Fairfax for the most part gets what is important about serving these very vulnerable people.”

— George Braunstein

George Braunstein said he entered the field of mental health services almost accidentally.

“My first college degree was in history and education. I was going to be a high school history teacher,” Braunstein said.

His plans changed after finishing with the Coast Guard during the Vietnam War, and there weren’t as many teaching jobs available as he expected.

“I had always had a desire to do some form of public service. Somebody suggested, why don’t you try nursing? I didn’t think I had any aptitude for anything to do with the medical field, but I tried it, and I did fairly well,” Braunstein said.

Braunstein’s first job was working as a nurse in a multi-county inpatient mental health facility in Wisconsin, eventually becoming the administrator and manager in 1986.

“I ended up eventually running the place because I had some previous management experiences,” he said.

Now, Braunstein is retiring from his role as executive director of the Fairfax-Falls Church Community Services Board, a public agency that provides services for members of the community with mental illness, substance use disorders, and intellectual disabilities.

Since becoming CSB’s director in 2008, colleagues say Braunstein has worked tirelessly to inform the public of the need for community mental health services.

“George is a master at being able to succinctly describe for news reporters and for the general public the big picture and the importance of what we do at the Community Services Board and how important these services are for the most vulnerable people in our local community,” said Belinda Buescher, communications director for the CSB.

Braunstein’s ability to remain calm and focused in stressful times was evident in November 2013, when Buescher said the unfortunate Creigh Deeds tragedy gave Braunstein the opportunity to put things in per-

spective for reporters and the community.

“He was able to remind people that individuals with serious mental illness are far more likely to wind up being victims of violent crime, rather than perpetrators, and to remind people about the importance of putting in place community services that can help people before they reach a crisis stage,” Buescher said. “He was able to put an issue like the importance of having emergency psychiatric hospital beds, which is important, into perspective and remind people that it is not the only solution to our problems with not having sufficient services for people with mental illness.”

According to Jane Woods, a board member of the Fairfax-Falls Church Community Services Board, Braunstein has worked tirelessly with staff on transforming the mindset of the agency and making the client the center of services.

“The essence of the changes we’ve done in Fairfax in the last five years is creating an environment that supports getting people who are homeless into housing, providing a wrap-around service for those people, providing more job training, and providing more integrated health care, so that people who haven’t been to a primary care doctor for years can get primary care services,” Braunstein said.

Braunstein’s most satisfying experience at CSB has been working with what he describes as dedicated, skilled and caring staff and providers.

“The Fairfax providers are so skilled and so effective. They deal with some of the most challenging

SEE BRAUNSTEIN, PAGE 13

BURKE PROFESSIONAL PLAZA

The Corner of Rt. 123 (Ox Rd.)
& Burke Centre Pkwy.

Gary Kramer, D.D.S.
Sara Bunin, D.D.S.

DIPLOMATES OF THE AMERICAN BOARD OF PEDIATRIC DENTISTRY
Dentistry for Children, Adolescents & Special Needs
703-978-0051 KBPediatricSmiles.com



SUITE F • 5631 BURKE CENTRE PARKWAY • BURKE, VA • 22015

**Met Life, Delta, BCBS/Carefirst
and United Concordia Provider**

Weekdays • Saturdays • Evenings
24 Hour Emergency Care



ELLIS & DUTSON
Never Underestimate the Power of a Smile
ORTHODONTICS

5631-B Burke Centre Parkway
Burke, VA 22015

4600 John Marr Dr., Suite #401
Annandale, VA 22003

8998-E Lorton Station Blvd.
Lorton, VA 22079



- Free Initial Exam
- 40+ Years Experience
- Two Board Certified Orthodontists
- In Network Providers for MetLife, Delta Dental & United Concordia



703-750-9393
www.dutson-ellisortho.com

To advertise, please call
Steve Hogan at 703-778-9418

Paul T. Olenyn
D.D.S. LTD.
DENTISTRY FOR EVERYONE
WITH CARE & CONCERN
703-978-8560
BY-APPT.
BURKE PROF. CENTER • 5207 A. LYNNGATE COURT • BURKE, VIRGINIA 22015

Some people dream of success; others stay awake and make it happen.

Find us on Facebook and become a fan!
www.Facebook.com/connectionnewspapers

THE CONNECTION



LISA
CLAYBORNE
703-502-8145
703-675-5461

E-mail:
Claybornelisa@aol.com



Centreville

\$889,900



Stunning home on 1.34 acres backs to water and has an in-ground heated pool, huge deck and patio. 4/5 brms 3.5 baths. New stainless steel appliances and granite counter tops. A gardeners dream. A must-see.

Directions:
28 south, right on Compton and right on Ordway to 7104 Ordway Rd. Call Lisa for more info 703-675-5461.

Braunstein Retiring as CSB Executive Director

FROM PAGE 12

situations because of where we are in the greater D.C. area. We have a lot of folks with very complex problems, a combination of urban and suburban issues, and the staff is just fantastic to work with, both in administration and the service delivery areas," he said.

According to Braunstein, government officials like Chairman Sharon Bulova understand the need for local funding for mental health services.

"Not all local government officials get it. This is really unique here. Even compared to some other surrounding localities, Fairfax for the most part gets what is important about serving these very vulnerable people," Braunstein said. "It's really rare for someone in the public sector to find local government officials who understand."

Bulova presented Braunstein with a proclamation honoring his contributions to the CSB, and declared Feb. 27, 2014 to be George Braunstein day in Fairfax County.

According to Bulova's proclamation, Braunstein "has steered the CSB through a major organizational transformation, pioneered nationally recognized best practices throughout the service system, and advocated with courage, skill and tenacity for services to meet the needs of the most vulnerable people in our community."

Braunstein said a frustrating part of working in the mental health field has been challenging the idea that problems such as drug and alcohol addiction are a weakness of character.

"Probably the most difficult part of working in the mental health field is that it has taken an awful long time even making short strides so that people understand the legitimacy of the services that we do, and see it as equally valid as any other services in the health care field," he said.

Mary Ann Bergeron, the executive director of the Virginia Association of Community Services Board, said Braunstein has been a great leader ever since moving to Virginia in 2000.

"He is a master at taking very complex issues, and being able to identify solutions to an issue," Bergeron said. "He's been a wonderful source of inspiration."

Braunstein's colleagues say his leadership and guidance will be missed as he retires.

"George was at the helm of the CSB's transformation from a siloed system that offered specific services for certain diagnoses into an integrated system based that supports the whole person based upon the level of care he or she needs, with a focus on helping all individuals gain access to cross-cutting services such as primary care, housing, employment and peer supports," said Jeannie Cummins, investment and development manager at the CSB.

The National Capital Heisey Collector's Club
Presents the **Forty-First Annual**
All-Heisey Glass
Show and Sale
AVFD Ossian Hall


7128 Columbia Pike
Annandale, VA

Admission \$7.00
(With Ad \$6.00)

Sat., March 15, 2014
10am to 5pm

Sun., March 16, 2014
11am to 4pm

Proceeds to Benefit the Study of Heisey Glass
Check us out at: www.natcapheisey.org



From I-495:
Exit 52B onto Rt. 236 East;
Left on Backlick Road;
Right on Columbia Pike to
Ossian Hall (behind Annandale
Volunteer Fire Department)

For more information call:
(703) 819-6429

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/MARCH 13

Corporate Gary Job Fair. 9 a.m. – 12:30 p.m. The Waterford in Springfield, 6715 Commerce Street, Springfield. The company's career events attract a wide variety of employers that want to hire military veterans and spouses, including large organizations like Coca-Cola, Lockheed Martin, Hewlett-Packard, Engility, State Farm, the National Security Agency, and the Virginia Department of Transportation.

Spring 2014 Burke Centre Used Book Sale. 1 – 9 p.m. T. Burke Centre Library, 5935 Freds Oak Road, Burke. This sale is one of the three large annual sales with all genres represented in the roughly 8,000 books for sale PLUS media like DVDs, CDs, audiobooks, and more.

FRIDAY/MARCH 14

Spring 2014 Burke Centre Used Book Sale. 10 a.m. – 6 p.m. T. Burke Centre Library, 5935 Freds Oak Road, Burke. This sale is one of the three large annual sales with all genres represented in the roughly 8,000 books for sale PLUS media like DVDs, CDs, audiobooks, and more.

SATURDAY/MARCH 15

Fairfax City Regional Library Children's Book Sale. 10 a.m. - 3 p.m. 10360 North Street,

Fairfax. Thousands of gently-read books and nonbook media organized into categories including picture books, early readers, nonfiction, holiday, chapter books and more. \$.25-.2.00. Some specials \$3 and \$4.

Fairfax County Mothers of Multiples Semi-Annual Consignment Sale. 9 a.m. - 1 p.m. The nZone, 14550 Lee Road, Chantilly. 200+ families will be selling gently used clothing, shoes, toys, books for the whole family. Find good deals on infant, toddler, school age, 'tween, teen, and adult apparel. <http://www.fcmmom.org/>

Spring 2014 Burke Centre Used Book Sale. 10 a.m. – 5 p.m. T. Burke Centre Library, 5935 Freds Oak Road, Burke. This sale is one of the 3 large annual sales with all genres represented in the roughly 8,000 books for sale PLUS media like DVDs, CDs, audiobooks, and more.

Girl Scout Cookie Booths. 10 a.m. - 12 p.m. PETCO, 9230 Old Keene Mill Rd, Burke. Troop 1791 will be collecting cookie donations for T2T Programs that send cookies to soldiers overseas.

Sugar, Sex, and Poison: Shocking Plant Secrets Caught on Camera. 10:30-11:30 a.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Award winning director of Coastal Maine Botanical Garden, Bill Cullina, shows how this world of pollen, poisons, pigments, pheromones, sugars and sex translates to sound organic practices that benefit us all. Register at www.fairfaxcounty.gov/parks/greenspring or call Green Spring Gardens 703-642-5173. \$18/person

Find Your Children Safe & Sound KIDDIE COUNTRY DEVELOPMENTAL LEARNING CENTER

REGISTER
NOW!

DEVELOPMENTALLY APPROPRIATE SCHOOL YEAR AND SUMMER CAMP PROGRAMS

Designed to provide a complete, happy, safe learning environment in harmony with the needs of the child.

CHILDREN AGES 2-5

Full (6:30 a.m.-6:30 p.m.) and half day (9:00 a.m.-1:00 p.m.) programs

SPECIAL FEATURES

Developmental Curriculum • Degreed Teachers • Registered Nurse • Music Director • Nutritious Breakfast, Lunch and Snacks • Heated Swimming Pools • Spacious Shaded Playgrounds • Planned Orientations and Presentations for Parents • State Licensed

BEFORE & AFTER SCHOOL PROGRAMS

AGES SIX-ELEVEN YEARS

GRADES 1-6

Transportation provided to Terra Centre, Fairview, White Oaks, and Cherry Run Elementary Schools. Emphasis on special events, sports, time for homework, and student's choice of activities.

KINDERGARTEN

Registrations are now being accepted for the 2013-2014 School Year. Two Virginia certified teachers per classroom. Program emphasizes language arts, math, computer literacy, science, social studies, social development, art, music and physical development.

FULL DAY SUMMER CAMP PROGRAM AGES SIX TO ELEVEN YEARS

Program is organized into weekly themes packed with FANTASTIC FIELD TRIPS, A SENSATIONAL OVERNIGHT CAMP OUT, DAILY SWIMMING, SPORTS, DANCING, MUSIC, AND AN END OF THE SUMMER "SMASH" MUSICAL PRODUCTION BY OUR CAMPERS FOR THEIR FAMILIES.

KIDDIE COUNTRY I

Burke Centre
Fairfax Station (Fairfax)
6000 Schoolhouse Woods Rd.
Burke, Virginia 22015
703-250-6550

Come See Our Award-Winning Facilities!

(Both Schools Winners
of American Institute
of Architects Awards)

www.kiddiecountry.com

KIDDIE COUNTRY II

Burke-Springfield
Fairfax Station (Lorton)
9601 Old Keene Mill Rd.
Burke, Virginia 22015
703-644-0066

Happy St. Catrick's Day!

You've heard about St. Patrick who drove the snakes out of Ireland, but did you know about St. Catrick, who saved the kittens out of shelters? Now's your chance to find out! Join Lost Dog & Cat Rescue Foundation for a St. Catrick's Day celebration, and learn how you can help save lives.



Charlie, delivered by St. Catrick, is available for adoption

- Foster Crew Members will answer questions about the most important thing you can do to help.
- Adoption Center Coordinators will provide information about volunteering at PetSmart centers.
- Our Transport Coordinator will explain how you can help with little more than some time and a car.

Join us at Lost Dog Café-McLean
Saturday, March 15, 3-7 p.m. Enjoy snacks & soft drinks while learning how you can help.
1690 Anderson Road, McLean (near Safeway)
www.lostdogandcatrescue.org



NEWS

Award-winning Composer Coming to Fairfax

The Fairfax Choral Society is sponsoring a Morten Lauridsen residency, March 20-23.

BY JANELLE GERMANOS
THE CONNECTION

Morten Lauridsen, a renowned choral composer who is the subject of the 2012 award-winning documentary "Shining Night" and who was named an "American Choral Master" by the National Endowment for the Arts in 2006, is coming to Fairfax next week.

The Fairfax Choral Society is sponsoring a four-day residency for the 2007 National Medal of Arts recipient, which will include a variety of events, including a Morten Lauridsen Choral Festival at the Hylton Performing Arts Center in Manassas, a screening of "Shining Night" at the Angelika Film Center, and an Afternoon with Morten Lauridsen, which includes a pre-concert lecture by Lauridsen as well as a concert in which Lauridsen will accompany the Fairfax Choral Society Symphonic Chorus and Master Singers at the piano at National Presbyterian Church in Washington, D.C.

Lauridsen is a professor at the University of Southern California Thornton School of Music, where he has taught for over 40 years.

"What is most rewarding about teaching composition is to spark the student composers and to try to help them find their special gift as a composer, and to nurture that," Lauridsen said.

Lauridsen worked as a firefighter for the Forest Service when he was younger, and spent ten weeks isolated on a lookout tower near Mt. St. Helens.

At that point, Lauridsen had not taken any music classes in college, although he was a trained pianist and trumpet player.

"I realized on that lookout, after a long period of introspection, that music had to play a larger role in my life," Lauridsen said.

Lauridsen took as many music classes as possible at Whitman College, and then attended the Univer-

sity of Southern California. When he was a junior, he met with the head of composition and asked to take a class.

"I was virtually 20 years old. I had not written a note as a composer. I simply wanted to take a class to see what it was like," Lauridsen said.

After that, Lauridsen said a brand new world had opened up before him.

Lauridsen's works have been recorded on over 200 CDs. Michael Stillwater's documentary "Shining Night," a portrait of Lauridsen, has drawn in not only those interested in choral music, but the general public as well.

"It's an insight into one man's life and his love of nature, his quest for solitude, his love of poetry," Lauridsen said.

Lauridsen seeks solitude for inspiration while composing. He spends his summers in a converted general store with no electricity or running water on Waldron Island in the San Juan Archipelago, located off the coast of Washington State.

"I do my best work as a creative artist when I am able to get to a very quiet place, where I am not distracted by unnecessary ambient sounds," Lauridsen said.

Lauridsen has done over 100 residencies, and said they are one of his favorite things to do.

"To interact with students, the general public, the choristers, it's a huge joy for me. It's one of

the great things that I am involved with now in my life," Lauridsen said.

Several of Lauridsen's works, including the famous "O Magnum Mysterium" (1994) and Lux Aeterna (1997), will be performed at the concert with the Fairfax Choral Society on March 23.

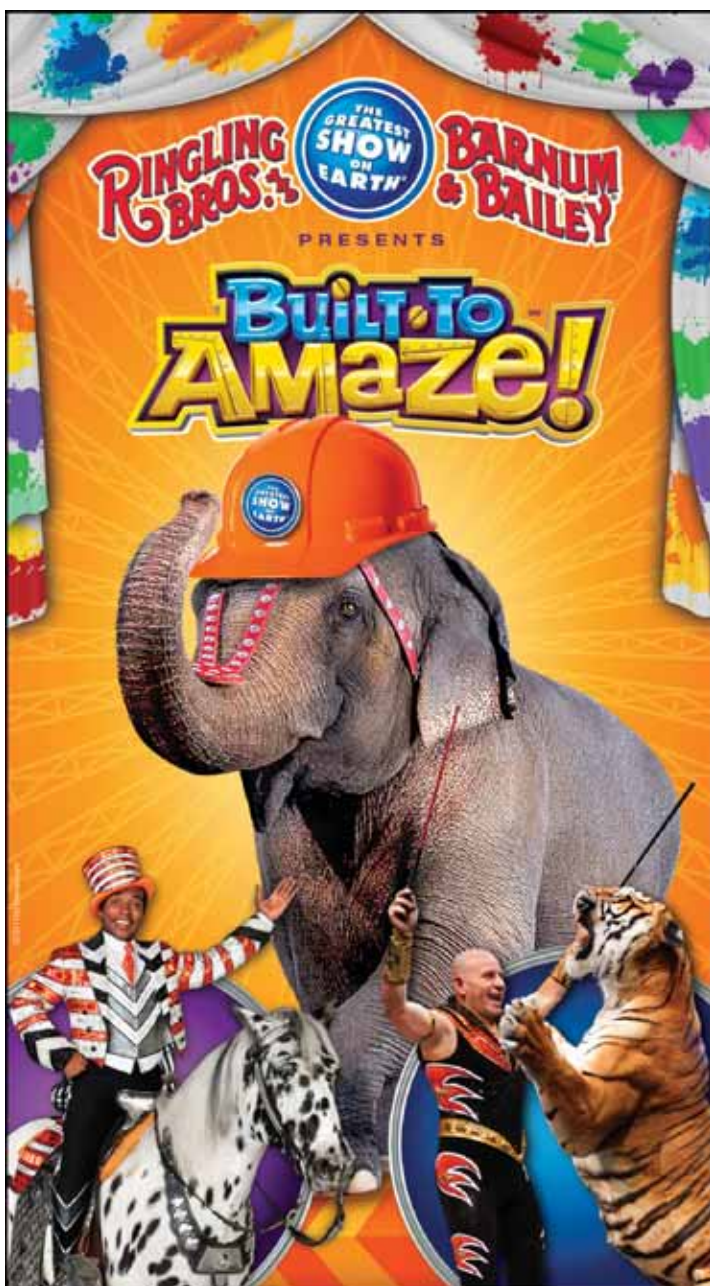
The Los Angeles Master Chorale, where Lauridsen was composer-in-residence from 1994-2001, is hosting a tribute to Lauridsen on March 16.

For a full schedule of Fairfax Choral Society and Morten Lauridsen events, visit www.fairfaxchoralsociety.org.



PHOTO COURTESY OF FAIRFAX CHORAL SOCIETY

The Fairfax Choral Society is hosting a residency for the award-winning composer Morten Lauridsen from March 20-23.



SAVE \$8 on Tickets In Advance!

Restrictions and exclusions may apply. No double discounts. Subject to availability. Limit of up to six (6) tickets per order. Excludes premium seats. Offer excludes Opening Night performances. Additional charges may apply.

MAR. 20 - 23



MAR. 26 - APR. 6



APR. 9 - 20



Redeem Offer: Bring this ad to appropriate venue box office
Ticketmaster.com • 800-745-3000 • Use offer code: 8BARNUM • Exp. 4/4/14



Ringling.com



Burke Church to Host A Jazz Poetry Slam

In the name of love, a jazz poetry slam will be held Saturday, April 5, 7 - 10 p.m. at Accotink Unitarian Universalist Church, 10125 Lakehaven Drive, Burke. Join poets from around the region as they compete for prize money. The slam will be professionally hosted by Regie Cabico and Sarah D. Lawson, both from Busboys and Poets. This event is part of Accotink's year-long series of programming addressing Criminal Justice Sentencing reform and the ravages of mass incarceration on poor communities of color. Proceeds benefit Opportunities, Alternatives, and Resources (OAR) of Fairfax, who's mission is "to

rebuild lives and break the cycle of crime with opportunities, alternatives, and resources for offenders and their families to create a safer community." Jazz provided by George Mason University School of Music students. Refreshments will be available for purchase.

Prizes and fees: \$15 registration for readers entering contest, \$5 admission. Refreshments available for a small donation. First prize: \$100; second, third and youth prizes also awarded.

For more information go to www.accotinkuuc.org - or call 703-503-4579 and ask for Reverend Scott Sammler-Michael.



Come out to Northern Virginia's Premier Party-Planning Expo on March 23 for all of your party needs at the Jewish Community Center of Northern Virginia.

CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

FRIDAY/MARCH 14

Friday Night Film Series Presents:

Half Nelson. 7 p.m. Accotink Unitarian Universalist Church, 10215 Lakehaven Court Burke, Virginia. 703-503-4579. HYPERLINK "http://www.accotinkuuc.org" www.accotinkuuc.org. This is a non-religious event open to the public.

Old Town Hall Performance Series

Irish Breakfast Band. 8 p.m. Old Town Hall, 3999 University Drive, Fairfax. A free performance of traditional Irish folk music and dance. <http://www.visitfairfax.com/category/commission-on-the-arts/>

SUNDAY/MARCH 16

N Gauge Trains. 1-4 p.m. 11200 Fairfax Station Road, Fairfax Station. The Northern Virginia NTRAK members will have a display and N gauge trains running. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. www.fairfax-station.org phone 703-425-9225.

David Barden of Sandy Hook

Promise Speaking Event. 12:30 - 2 p.m. St. Stephens United Methodist Church, 9203 Braddock Road, Burke. Come and learn about Sandy Hook Promise's new nationwide campaign,

Parent Together, an effort to empower families to focus on the wellbeing of their children. They will share with us tools in the area of mental wellness, healthy development, community connectedness, and gun safety. Call the church office at 703-978-8724 to reserve a lunch.

Early Spring Containers. 1:30-3 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. In the cold of winter, spring never seems to come soon enough. Chanticleer Garden's Jonathan Wright shows you how to plant beautiful early spring containers that will thrive and 'warm up' any cold day. Register at www.fairfaxcounty.gov/parks/greenspring or call Green Spring Gardens 703-642-5173. \$10/person.

The Chieftains. 4 p.m. GMU Center for the Arts, 4400 University Drive, Fairfax. Celtic music pioneers take the stage for a spirited St. Patrick's Day celebration that captures the profound beauty of the Emerald Isle.

TUESDAY/MARCH 18 - MARCH 20

Annie Jr.! The Musical. 7 p.m. Kings Glen Elementary, 5401 Danbury Forest Drive, Springfield. Tickets cost \$4 in advance and \$5 at the door. Call 703-239-4000 today to purchase tickets in advance.

THURSDAY/MARCH 20

"Death at The Devereux." Doors open at 7 p.m. with hors d'oeuvre, show starts at 8. Clifton Town Meeting Hall, 12641 Chapel Road, Clifton. Tickets include dinner and the show and are \$35. The Clifton

Dinner Theater spring performance is a musical murder mystery comedy set in the 1920's.

FRIDAY/MARCH 21

"Death at The Devereux." Doors open at 7 p.m. with hors d'oeuvre, show starts at 8. Clifton Town Meeting Hall, 12641 Chapel Road, Clifton. Tickets include dinner and the show and are \$40. The Clifton Dinner Theater spring performance is a musical murder mystery comedy set in the 1920's.

SATURDAY/MARCH 22

The Annual Antiques & Trinkets Appraisal Show. 10 a.m.-12:30 p.m. Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Verbal appraisals given by six appraisers. \$5.00 admission (1 item included), \$3.00 each additional item (limit 2).

Shining Night: A Portrait of Composer Morten Lauridsen. 2:15 p.m. The Angelika Film Center in the Mosaic District, 2911 District Avenue, Fairfax. Screening of this award-winning documentary film, including a post-film discussion with Mr. Lauridsen. Tickets \$20 at the door or \$18 in advance on www.fairfaxchoralsociety.org

"Death at The Devereux." Doors open at 7 p.m. with hors d'oeuvre, show starts at 8. Clifton Town Meeting Hall, 12641 Chapel Road, Clifton. Tickets include dinner and the show and are \$40. The Clifton Dinner Theater spring performance is a musical murder mystery comedy set in the 1920's.

Providence Players Receive a WATCH Award

The Providence Players of Fairfax County received an award from the Washington Area Theatre Community Honors (WATCH) for artistic and technical excellence in Community Theater. The Providence Players perform at the James L. Community Center Theater, 2855 Annandale Road, Falls Church.

"We are excited about the wealth of talent represented by this year's WATCH Award nominees and winners," said Roy Peterson, WATCH Chair. "This group is just one indicator of the vitality of the DC metro community theatre scene."

The WATCH awards were announced at a ceremony at the Birchmere, Alexandria on Sunday evening, March 9. The Providence Players received a WATCH Award for Outstanding Set Decoration in a Play - Paul Hennesy and Mike Mattheisen



PHOTO BY CHIP GERTZOG/COURTESY OF PROVIDENCE PLAYERS OF FAIRFAX

From left: Thane Tuttle (Dutchy), Craig Geoffrion (Chicago), Danine Welsh (Cecile), Liz Mykietyn (Marie) and Patrick David (Millet) in rehearsal for the Providence Players of Fairfax comedy production of Mark Twain's 'Is He Dead?'

- "Is He Dead?"

Information on the Providence Players is at: <http://www.providenceplayers.org/>.

WATCH information is at: <http://www.washingtontheater.org/> — DAVID SIEGEL

Looking for a New Place of Worship?
Visit Antioch Baptist Church!



All Are Welcome!

Sunday Worship 8:00, 9:30 & 11:30 a.m.
Sunday School for Children & Adults 9:30 a.m.
Married Couples Sunday School 11:30 a.m.

Rev. Dr. Marshal L. Ausberry, Sr., Senior Pastor

Antioch Baptist Church

6531 Little Ox Road
Fairfax Station, VA 22039
703-425-0710 • www.antioch-church.org

COMMUNITIES OF WORSHIP



5690 Oak Leather Drive
Burke, VA 22015
703-764-0456
www.BurkePresChurch.org

Sunday Worship:
8:30 & 11:00 am
9:45 am Sunday School

Saturday Worship:
5:30 pm CoffeeHouse
casual, guest musicians

First Monday of the month: Labyrinth Prayer Walk
Great offerings for children, youth and adults throughout the week.
Wonderful opportunities in music and mission.

Jubilee Christian Center

"Experience the Difference"

Realtime Worship - Sunday 8:45 & 11 AM
Sunday School 10:10 AM
Sunday Evening - Realtime Worship & Youth 6 PM
Family Night - Wednesday 7:15 PM
Call for our Home Life Group schedule visit our website: www.jccag.org
4650 Shirley Gate Road, Fairfax
Bill Frasnelli, PASTOR 703-383-1170



9800 Old Keene Mill Rd.
703-455-7041
Sunday School
9:15 AM
Worship Service
10:30 AM

www.calvaryfamily.com
"Continuing the ministry of Christ on earth"



To Advertise Your Community of Worship, Call 703-778-9418



Woodson fans and the Cavalier bench react during the 6A state semifinals against Landstown on March 8 at Robinson Secondary School.



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Lake Braddock's A.J. Alexander scored 13 points and grabbed eight rebounds against Colonial Forge on March 7.

Cavaliers, Bruins Fall in State Semifinals

Woodson boys struggle offensively against Landstown.

BY JON ROETMAN
THE CONNECTION

The Woodson boys' basketball team experienced much in the way of adversity during the 2013-14 season.

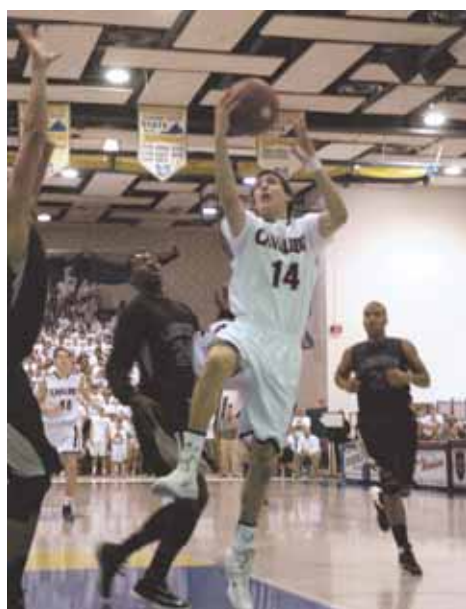
The Cavaliers overcame the graduation of three of their top players from the 2012-13 campaign. A busted pipe inside Red Jenkins Gym forced Woodson to practice and play away from its home. And during the region tournament, the Cavaliers dealt with the death of two classmates in the same week.

None of this derailed Woodson during its quest for a second consecutive region title and another trip to the state semifinals. But on March 8, with Woodson one win shy of reaching the state championship game, a simple off-shooting afternoon ended the Cavaliers' season.

Woodson shot 28 percent from the floor and produced a season-low point total during a 40-37 loss to Landstown in the 6A state semifinals at Robinson Secondary School. Sophomore guard Matt Ayoub was the only Cavalier to score in double figures, finishing with 14 points. Junior point guard Eric Bowles, the 6A North region Player of the Year, finished with one point, missing all five of his field-goal attempts. The Cavaliers' previous season-low point total had been 47.

Down by three, Woodson's final possession began with 31.4 seconds remaining. The Cavaliers passed the ball around looking unsure of what to do. Andy Stynchula ended up with the ball at the top of the arc and the senior forward shot a contested 3-pointer, which was tipped by a Landstown defender.

AFTER THE GAME, Woodson coach Doug Craig said the Cavaliers called a play expecting to face a zone defense. Instead,



Woodson sophomore Matt Ayoub scored 14 points during a loss to Landstown in the 6A state semifinals on March 8 at Robinson Secondary School.

Landstown came out in a man defense. Woodson tried to change the play, but Landstown defended it, and the Cavaliers were unable to get a good shot.

"They switched to man and we had a play, we just didn't get into it fast enough," Craig said. "They switched out on it, took the shooter away. They kind of kept us off balance all night. We never really got into a rhythm offensively at any point in this game."

Woodson finished 11-for-40 from the floor.

"I thought our defense was good, I thought we battled them on the glass," Craig said. "Sometimes you've just got to put the ball in the basket."

Ayoub, a sophomore transfer from Paul VI, knocked down four 3-pointers, including one that tied the score at 37 with 1:27 remaining.

"It's been a great season," Ayoub said. "Coming in as a sophomore, my first year ever playing varsity, to be on this type of team was great. It's fun. We bond very well

SEE WOODSON, PAGE 18

Lake Braddock falls to Colonial Forge in 6A State Semifinals.

BY JON ROETMAN
THE CONNECTION

Lake Braddock's skilled big men propelled the program to new heights this season. The Bruins reached the state tournament for the first time in program history due in large part to the strength of their frontcourt. Their bigs often created matchup problems for the opposition and made a significant impact in the paint.

On March 7, Lake Braddock encountered a Colonial Forge team that possessed the strength and athleticism to contend with the Bruins' post players. The result for Lake Braddock: a one-and-done trip to Richmond. The Colonial Forge boys' basketball team defeated Lake Braddock 76-67 in the 6A state semifinals at VCU's Siegel Center. After trailing by as many as 15 points in the second half, the Bruins cut the Eagles' lead to six on three occasions in the fourth quarter, but couldn't complete the comeback.

Lake Braddock missed several shots near the rim, some of which resulted in Colonial Forge fast breaks. The Eagles outrebounded the Bruins 32-25.

"I just thought they were a little bit more powerful tonight than we were," Lake Braddock head coach Brian Metress said. "I thought they got to balls quicker and they had some strength that we were having a little bit of trouble dealing with. ... We were trying to get it in [the paint] and I thought we took some shots around the basket but every time we'd miss one of those, [zoom], they were gone. Give them credit. They got out and ran."

COLONIAL FORGE held 6-foot-7 Lake Braddock forward Will Gregorits without a field goal in the first half. Gregorits scored 10 of his 13 points in the second half, including a dunk that cut the Eagles' lead to five at 43-38 with less than three minutes remaining in the third quarter. Colonial Forge responded by outscoring Lake Braddock 16-6 during the next six-plus minutes, taking its largest lead of the night when Marco Haskins knocked down a pair of free throws to give the Eagles a 59-44 advantage. "They're not the tallest guys that we've played against," Lake Braddock junior forward A.J. Alexander said, "but they're definitely the most athletic we've played against."

Alexander finished with 13 points, eight rebounds and two steals. James Butler, a 6-foot-6 sophomore center, had 13 points and five rebounds. Freshman guard Corey Pelham knocked down a trio of 3-pointers

SEE LAKE BRADDOCK, PAGE 18



Lake Braddock senior Will Gregorits scored 13 points against Colonial Forge on March 7.

PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

EMPLOYMENT

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD

CLASSIFIED

703-917-6400
ZONE 2 AD DEADLINE:
TUESDAY NOON

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
☎ Weekdays 9-4 ☎

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
☎ Weekdays 9-4 ☎

Daytime Dogsitter Needed

Must be good w/young large dogs
No walking necessary
571-393-8180

Plant Care

P/T person needed to care for live plants
in commercial buildings in the
Fairfax/Loudoun county area. Must
have transportation. Will train.
Call Susan (866) 878-8444.

MEDICAL BILLER - Springfield

DME supplier Springfield, looking for
fulltime experienced biller specializing in
urologicals. M-F, benefits, excellent
starting salary.
Please email resume and references to
rivarat61@comcast.net

MEDICAL RECEPTIONIST NEEDED

FOR FAMILY PRACTICE OFFICE IN
BURKE. AT LEAST 2 YEARS MEDICAL
EXPERIENCE IS REQUIRED.
EXCELLENT PHONE SKILLS. MUST
KNOW BILLING/CODING.
FAX RESUME TO: 703-978-0981

Seasonal Garden Center Merchandiser

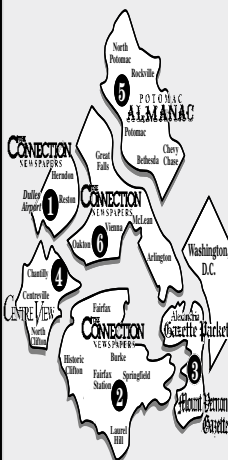
Bell Nursery, a nationally recognized
grower/vendor is looking for hardwork-
ing people to work at a garden center
near you. Must be flexible for weekend
work. For job descriptions and locations
go to www.bellnursery.com/jobs.

Business Development Manager

Gather info on competitors' prices, sales,
and marketing method. Monitor
consumer's preferences & identify new
markets and factors affecting demand.
Formulate and propose promotion
campaign and pricing revision to mgmt
for final approval. Req. MBA and
proficiency in MS Office. To apply, email
cover letter and resume to
tarathai@fallschurch.com. Thai
Creation, Inc. dba/Tara Thai Restaurant
7501 Leesburg Pike, Ste. E, Falls Church,
VA 22043.

Employers:
Are your
recruiting ads
not working in
other papers?

Try a better
way to fill
your
employment
openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464

classified@connectionnewspapers.com

Great Papers • Great Readers
Great Results!

An expert
is someone
who knows
some of the
worst mistakes
that can be
made in his
subject and how
to avoid them.
-Werner
Heisenberg

THE CONNECTION CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

12 Commercial Lease

Burke 650 to 3000sf
2nd floor office space
available in thriving
mixed use shopping
center. Perfect for a
move from a home
office. Kevin Allen/Kim-
co Realty 410-427-4434

21 Announcements

ABC LICENSE
DH 411, LLC trading as Kang
Chon Restaurant, 7048 Spring
Garden Drive, Springfield, VA
22150. The above establish-
ment is applying to the
VIRGINIA DEPARTMENT OF
ALCOHOLIC BEVERAGE
CONTROL (ABC) for a Wine
and Beer on premises and
Mixed Beverage on premises
license to sell or manufacture
alcoholic beverages. Hee Ja
Shin/Managing Member
NOTE: Objections to the iss-
uance of this license must be
submitted to ABC no later than
30 days from the publishing
date of the first of two required
newspaper legal notices.
Objections should be regis-
tered at www.abc.virginia.gov
or 800-552-3200.

21 Announcements

"We are looking for mechanics that worked for Kmart
Auto in Springfield and Herndon, Virginia between 1970
and 1972. Please call 888-900-7034"

101 Computers

HDI COMPUTER SOLUTIONS

JENNIFER SMITH ♦ Serving the Area Since 1995

- > Speed up Slow Computers
- > Troubleshooting
- > Virus Removal
- > Computer Setup

(571) 265-2038

jennifer@HDIComputerSolutions.com

THE CONNECTION CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

12 Commercial Lease

12 Commercial Lease

COMMERCIAL SPACE AVAILABLE

LOCATED AT THE CORNER OF SHIRLEY
GATE AND LEE HWY, AWESOME
VISIBILITY AND ONLY 1 MILE FROM
BOTH ROUTES 50 AND 66.

1000SQFT WITH 2 OFFICES, RESTROOM
AND LARGE BAY, CALL OR STOP IN
TODAY... 703-352-8840 EXT 2

21 Announcements

ABC LICENSE
Elenis Greek Taverna, LLC
trading as Elenis Greek Taver-
na, 6131 Backlick Rd, Spring-
field, VA 22150. The above
establishment is applying to
the VIRGINIA DEPARTMENT
OF ALCOHOLIC BEVERAGE
CONTROL (ABC) for a Wine
and Beer on Premises license
to sell or manufacture alcohol-
ic beverages. Helen Sokos,
Owner
NOTE: Objections to the iss-
uance of this license must be
submitted to ABC no later than
30 days from the publishing
date of the first of two required
newspaper legal notices.
Objections should be
registered at
www.abc.virginia.gov or
800-552-3200.

26 Antiques

We pay top \$ for antique
furniture and mid-century
Danish/modern
teak furniture, STERLING,
MEN'S WATCHES, jewelry
and costume jewelry,
paintings/art glass/clocks.
Schefer Antiques @
703-241-0790.
Email: theschefers@cox.net

29 Misc. for Sale

Exc Baby Clths 703-425-6744.

21 Announcements

21 Announcements

21 Announcements

21 Announcements

LIFETIME METAL ROOFING

by VaCarolina Buildings, INC



100% Financing
Free Estimate
Free Roof Inspection

1.800.893.1242
metalroofover.com

21 Announcements

21 Announcements

21 Announcements

ABSOLUTE LAND AUCTION

713± Acres (7 Tracts) Frederick County
Shockeysville Rd • Winchester, VA

This land is ideal for hunting, hiking, and other recreational activities.
Creeks, ponds, an extensive trail system, managed timberlands, and managed
deer & turkey resources, ¼ mile from Sleepy Creek Wildlife
Management Area, breathtaking views of the surrounding mountains

Property Previews: March 8th & 15th (10am-12pm), March 9th & 16th (12pm-2pm)

Saturday, March 29th at 10am On-Site

Terms: 10% buyers premium. Closing to occur in 30 days. Full terms online. VAAF93

The Counts Realty & Auction Group

www.countsauction.com 800-780-2991

21 Announcements

21 Announcements

21 Announcements

Now Hiring!

Deliver Bobtail Semis
22 Pickup Locations
Quick Pay
Great Rates

Quality
Drive-Away INC.

www.qualitydriveaway.com or
call 574-642-2000 X401

21 Announcements

21 Announcements

21 Announcements

LIFETIME METAL ROOFING

by VaCarolina Buildings, INC



100% Financing
Free Estimate
Free Roof Inspection

1.800.893.1242
metalroofover.com

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-917-6400

ZONE 2 AD DEADLINE:
TUESDAY NOON

ELECTRICAL

K & D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabeling
Service Upgrades
Hot Tubs, etc...

Licensed/Bonded/Insured

Office 703-335-0654
Mobile 703-499-0522

ELECTRICAL

IMPROVEMENTS

IMPROVEMENTS

Picture Perfect Home Improvements
(703) 590-3187 www.pphionline.com

Remodeling Bathrooms, Kitchens & Basements

- FREE Estimates
- FAST & Reliable Service
- EASY To Schedule
- NO \$\$\$ DOWN!

Exterior & Interior Repair,
Painting, Carpentry, Wood Rot,
Drywall, All Flooring, Decks

Handyman Services
Available

"If it can be done, we can do it"

Licensed — Bonded — Insured

HAULING

AL'S HAULING
Junk & Rubbish
Concrete, furn., office,
yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell

7 DAYS A WEEK

LANDSCAPING

A&S LANDSCAPING
Planting • Mulching • Sodding
Patios • Decks • Driveway Sealing,
Asphalt • Retaining Walls
Erosion Control • Drainage Solutions
703-863-7465

GUTTER

GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

PINNACLE SERVICES
lic/ins **703-802-0483** free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

The HANDYMAN
A DIVISION OF NURSE CONSTRUCTION

**BATHROOM REMODELING, DRYWALL,
PAINTING, CERAMIC TILE, CARPENTRY,
POWER WASHING & MUCH MORE**

You have tried the rest - **NOW CALL THE BEST!!**
Proudly serving Northern VA - 46 yrs. exp.

Licensed We Accept VISA/MC
Insured **703-441-8811**

ANGEL'S HAULING
Junk Trash Removal,
Yard/Construction
Debris, Garage/Basement Clean Out,
Furniture & Appl.

703-863-1086
703-582-3709
240-603-6182

TREE SERVICE

ANGEL'S TREE REMOVAL
Brush & Yard Debris
Trimming & Topping
Gutters & Hauling
Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

HANDYMAN

HANDYMAN

RCL HOME REPAIRS
Handyman Services
Springfld • Burke • Kingstowne
Light Electrical • Plumbing •
Bathroom Renovation • Ceramic Tile •
Drywall Repair

703-922-4190
LIC. www.rclhomerepairs.com INS.

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

703-863-7465
LICENSED
Serving All of N. Virginia

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping
Reasonable prices. Licensed & insured

Winter Savings...
Tree removal, topping & pruning,
shrubbery trimming, mulching, leaf
removal, planting, hauling, gutter cleaning,
retaining walls, drainage problems, etc.

25 years of experience - Free estimates
703-868-5358

24 Hour Emergency Tree Service



Hand and Hand Handyman

**General Remodeling
Residential & Commercial
Specializing in:**

Kitchen/Bathroom/Basement Remodeling
Plumbing • Electrical • Custom Carpentry
Doors Windows • Hardwood Floors
Crown Molding • House Cleaning
Interior/Exterior Painting • Brick/Stone Work
Ceramic Tile • Decks, Fences, Patios
HOA Maintenance, Granite Counter Tops
Realtors Work and Much More

Licensed and Insured Serving Northern Virginia
703-296-6409

LANDSCAPING

LANDSCAPING

Remodeling Interior,
Bathrooms, Kitchens,
Floors, Ceramic Tile,
Painting, Decks,
Fences, Additions.
703-863-1086

PINNACLE SERVICES, INC.
LAWN SERVICE
**MOWING, TRIMMING, EDGING,
MULCHING & TRIM HEDGES**
Friendly Service for a Friendly Price
703-802-0483



R&N Carpentry

♦ BASEMENTS ♦ BATHS ♦ KITCHENS
Foreclosure specialist/Power washing
♦ Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

MASONRY

MASONRY

Potomac Masonry
703-498-8526

New Installations & Repairs
Stone - Flagstone - Brick - Concrete
FREE ESTIMATES!!
Lic. & Ins
potomac-masonry.com

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: **703-887-3827** Fax: **703-830-3849**
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com

An expert is someone
who knows some of the worst
mistakes that can be made in his
subject and how to avoid them.
-Werner Heisenberg

SPORTS

Woodson

FROM PAGE 16

together. Through the course of the season, our chemistry got so much better than what it was at the beginning."

Senior forward Jimmy McLaughlin finished with seven points for Woodson. Stynchula had six points and senior guard Mike Szabo added five.

BOWLES had one point, eight rebounds and five assists. Woodson finished the season with a 21-9 record, with six of its losses coming by six points or fewer, and four coming by three points or less. The Cavaliers lost to Lake Braddock three times during the season by a combined eight points, including a one-point defeat in the Conference 7 championship game, but came back to beat the Bruins by 10 in the 6A North region championship game on Feb. 21.

Woodson's projected returning athletes for the 2014-15 season include: Bowles, Ayoub, junior guard Trey Johnson and junior forward Tyler Wilson.

"Yeah, I'm disappointed, but no one else can say, yeah, we won back-to-back regional championships and got to the state semifinals two years in a row," Bowles said. "For everything that we've been through this year — everyone doubting us, not playing in our gym and everything — [I think we've been] successful this year."

Lake Braddock

FROM PAGE 16

and finished with 10 points. Senior guard John Nice made a pair from behind the arc and totaled eight points — all in the first quarter. "I got some better looks in the beginning," Nice said. "[The Eagles] started to close out toward the end, so I either had to dribble or pass it off right away."

Lake Braddock finished the season with a 23-5 record. The Bruins repeated as conference/district champions, beating Woodson 62-61 in the Conference 7 tournament championship game on Feb. 21. It was Lake Braddock's third victory over Woodson this season, with the wins coming by a combined eight points.

"Even when things weren't clicking in the winter tournament, we stayed strong and we kept it together and I'm really proud of that," Gregorits said. "Our guys this whole year just played great. Nothing more I can ask for." Seniors Gregorits, Nice, Sam Fiedorek, Vince Sica and Mo Ibrahim suited up in a Lake Braddock jersey for the final time. Juniors Alexander, a Division I football recruit, and Reagan Jones, sophomore Butler, and freshmen Pelham and E.J. Johnson would be the Bruins' top returnees for the 2014-15 season.

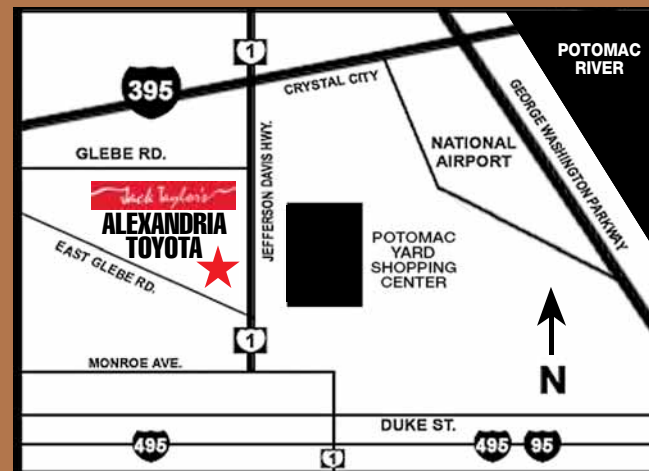
"It's heartbreaking, but the guys have been great," Metress said. "I told them after the game, all of us coaches are all ex-basketball players and we just wanted to hang around the game and they gave us the best treat we could ever have: a district championship over Woodson, then being in the regional championship and taking a trip down to the state — first Lake Braddock team to ever do it."

Jack Taylor's ALEXANDRIA TOYOTA

3750 Jefferson Davis Hwy.
Alexandria, VA 22305

703-684-0710

www.alexandriatoyota.com



Service Department Hours:
Monday – Friday, 7:00am to 7:00pm
Saturday, 8:00am to 5:00pm

Make your next service appointment at:
alexandriatoyota.com



ServiceCenters
Keep Your Toyota
a Toyota



27 YEARS OF
RECEIVING THIS
HONOR

TOYOTA
Owners
ToyotaOwnersOnline.com

TOYOTA
LIFETIME GUARANTEE

Mufflers • Exhaust Pipes • Shocks • Struts
Toyota mufflers, exhaust pipes, shocks, struts
and strut cartridges are guaranteed to the
original purchaser for the life of the vehicle
when installed by an authorized Toyota dealer.
See us for full details.



TOYOTA
Let's Go Places

You Have Saturdays Off
That's Exactly Why We Don't!



OIL & FILTER SERVICE SPECIAL

\$5⁰⁰ OFF

Includes: Change oil, install Genuine Toyota oil filter,
inspect & adjust all fluid levels and complimentary
multi-point inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

VARIABLE DISCOUNT

\$5.00 OFF with purchase of \$35.00 - \$49.99
\$10.00 OFF with purchase of \$50.00 - \$99.99
\$15.00 OFF with purchase of \$100.00 - \$199.99
\$20.00 OFF with purchase of \$200.00 - \$499.99
\$50.00 OFF with purchase of \$500.00 Or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

4 WHEEL ALIGNMENT

\$89⁹⁵

Your car's alignment suffers, and can cause uneven tire
wear, steering problems and decreased fuel economy.

INCLUDES: Inspect suspension, ball joints,
struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID
ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

SPRING DETAIL SPECIAL

\$119⁹⁵

Prepare your car's paint for the harsh winter road
conditions. A full exterior buffing, paint sealant and
wax, along with a vacuuming of the interior.
Vans & SUVs add \$20.00.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

BRAKE SPECIAL

\$99⁹⁵

PADS

PLUS \$50 VISA GIFT CARD

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors
& drums, check tire condition and inspect all hardware. Pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.

DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR
COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY
AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

SERVICE
PRICE

\$99.95

\$50 VISA CARD **\$50.00**

YOUR COST **\$49.95**

BUY 3 TIRES AND GET 4TH FOR



\$1⁰⁰



GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION, TIRE
WARRANTY, AND FREE COURTESY MULTI-POINT INSPECTION.
PRICE MATCH GUARANTEE. SEE SERVICE ADVISOR FOR DETAILS.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14.
COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

DETAIL SPECIALS

\$39⁹⁵

Wash & Vacuum

\$139⁹⁵

Hand wash, wax
& interior cleaning

\$295⁹⁵

Full premium detail

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA
VEHICLES ONLY. OFFER EXPIRES 3/31/14. COUPON MUST
BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT
ALEXANDRIA TOYOTA.

BREATHE EASY SPECIAL

\$59⁹⁵

Includes: Replace cabin air filter
and inspect Air conditioning system

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

TRUE START BATTERY SPECIAL



\$139⁹⁵

INCLUDES BATTERY INSTALLATION

Includes: 84 month warranty, 24 month FREE replacement,
24 month FREE roadside assistance, 60 month prorated,
PLUS we'll check all battery cables & connections.

Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID
ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

BASIC MINOR SERVICE PERFORMED EVERY 5,000 MILES OR 6 MONTHS WHICHEVER COMES FIRST

\$79⁸⁸

2003 & NEWER

INCLUDES: Replace engine oil, replace engine oil filter, drain
plug washer, check & top off fluids (as needed), inspect brake lin-
ings/drums & brake pads/discs, rotate best tires to front,
clean brakes (if applicable), perform multi-point inspection,
& road test vehicle (as needed).

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/14.
COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

HEADLIGHT RESTORATION SPECIAL

\$89⁹⁵

Plastic lenses can
yellow with age,
reducing the vehi-
cle's market value.
Headlight brightness
& the overall safety
during nighttime
driving. The headlight
lens restoration
from us allows you
to shine and restore
headlights to like-
new conditions.



NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF
WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

WE WILL
MEET OR BEAT
ANY LOCAL TOYOTA DEALERSHIP'S
CURRENT ADVERTISED SERVICE
SPECIALS

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

COMPLIMENTARY MULTI-POINT INSPECTION

Includes: Inspect tires, brakes, wipers, lights,
belts & hoses & fluid levels.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID
ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

ROTATE & BALANCE SPECIAL

\$49⁹⁵

Includes: Rotate and balance all
4 wheels and inspect brakes and tires.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 3/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID
ONLY AT ALEXANDRIA TOYOTA.

Jack Taylor's
ALEXANDRIA
TOYOTA / SCION

ALEXANDRIA TOYOTA/SCION
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305
1-866-616-8420 | ALEXANDRIATOYOTA.COM
JUST MINUTES FROM REAGAN NATIONAL AIRPORT!

TOYOTA

**Let's
Go
Places**



LONG & FOSTER® # 1 in Virginia

703-425-8000



Carol Hermendorfer
703-216-4949
Top 1% of Agents Nationally



Fairfax Station - \$1,095,000
Custom "Deck House" on Beautiful 5 acre Horse Property



Clifton - \$645,000
Rambler with main lvl Master BR and full lower lvl suite

View more photos at www.hermendorfer.com



David Levent
703-338-1388
davidshomes@lnf.com
Selling Virginia's
Finest Homes



Springfield
2 BDRM 2 BA Townhouse in Popular Springfield Oaks.
Many Upgrades Incl Stainless Steel Appliances, New Carpet,
Gutters, Windows, and More. Call For Details.



MARSHA WOLBER
Lifetime Member NVAR Top Producers
Top 5% of Agents Nationally
www.marshawolber.com
Cell: 703-618-4397



Fairfax \$574,500
Sought after Colchester Hunt neighborhood!
Immaculately maintained and updated home! Featuring 4 bedrooms, 2.5 baths, and 3 finished levels! Quiet, private drive with a welcoming front porch, 0.62 acres, deck and 2 patios to enjoy the quiet setting. Many updates including kitchen and master bath make this home move in ready! Oak View ES, Robinson SS.

Fairfax \$574,500
Sought after Colchester Hunt neighborhood!
Immaculately maintained and updated home! Featuring 4 bedrooms, 2.5 baths, and 3 finished levels! Quiet, private drive with a welcoming front porch, 0.62 acres, deck and 2 patios to enjoy the quiet setting. Many updates including kitchen and master bath make this home move in ready! Oak View ES, Robinson SS.



JUDY SEMLER
703-503-1885
judys@longandfooster.com
www.JudysHomeTeam.com



Classic Hollow in Manassas \$779,900
Grand 8 bedrm, 7.5 bath 3 finished level home on 2 acres * 2-story foyer with dual curved staircases * Formal living & dining rms * Butler pantry * Eat-in gourmet kitchen with SS appliances, granite, island w/prep sink * 2-story family rm with stone fireplace * Back staircase * 2 main level bedroom suites * Upper level features master suite w/sitting rm, 4 other bedrms, 4 baths & 2nd family rm * walkout basement w/recreation rm, bedrm, full bath & huge unfinished area.
Call Judy 703-503-1885



STEVE CHILDRESS
"Experience...with Innovation!"
Life Member NVAR Top Producers
Buyer Broker since 1973!
703-981-3277



PRICE REDUCED
end of quiet cul-de-sac, this 3 level home has an oversized 2 car garage + additional off street parking. Many extras including Sun Rm, Fam. Rm w/ Fireplace off Gourmet kitchen, Deck, Finished basement, and Master suite w/ walk-in closet and luxury bath! 703-981-3277.

Mt. Vernon Area \$600,000 CUSTOM BUILT!!
Large 5 Bedrm, 3.5 bath Colonial on beautiful half-acre wooded lot! Located near

Pep Bauman
"Put Pep's Energy to Work for You"
703-314-7055
PepLnF.com



Fairfax Station
Beautiful 4Brm, 4.5Ba Rambler w/main level master, wonderful kitchen, Hdwd floors, on approx. 2 private acres w/park-like setting. Circular drive, 2-car gar & 3 Ppls. Wheelchair friendly, fantastic LL, w rm suite, great workshop & walkout access. Country setting & close to everything!!

Coming Soon



Come to the HEART of Real Estate, since 1980 Proudly Serving Northern VA
KAY HART, CRS, GRI
Associate Broker
Life Member NVAR Top Producer
kay.hart@longandfooster.com
703-503-1860



JON SAMPSON
jon.sampson@longandfooster.com
jonsampsonrealtor.com
703-307-4357



Annandale TH \$374,900
Great Location. Many Updates including Kitchen w/Granite and Stainless, 3 fin levels, 3 BR, 2 Full 2 Half Baths.



Coming Soon:
Annandale TH - Great location near Fairfax Hospital, Good Condition, 3 finished levels, 3 BR, 3 full, 1 half bath. Excellent neighborhood. Pool, Courts in community.

Coming Soon:
Annandale Single Family Home on 1.3 wooded AC with stream. Fantastic Location near Parkland, inside Beltway. Nice home and terrific lot.
Call Kay for information: 703-217-8444

Act while the mortgage rates remain low and before prices rise!
I will help you through the process.



Cheryl Pryor
REALTOR® ckpryor@men.com
703-801-9985
COMING SOON...
3-BR, 2.5-BA EXPANDED RAMBLER
Wonderful. Sought-after Location...
RAVENSWORTH
UPGRADES GALORE
This home won't last long!
5305 Landgrave Lane
Springfield, Virginia 22151
Call Cheryl today for more details!
Accredited Staging Professional | Certified Negotiation Expert



Sheila Adams
703-503-1895
Life Member, NVAR Multi-Million Dollar Sales Club
Life Member, NVAR TOP PRODUCERS



"COMING SOON" in Beautiful Middleridge
Stone Front Contemporary Rambler
This beauty offers an Open Floor Plan with a Huge Great Room for casual living. High ceilings, sky lights, 2 sets of glass sliders stepping you out to a relaxing sunny deck, perfect for entertaining. Main floor Master Bedroom with glass slider connecting to private deck, a luxury master bath, sky lights and a large W/I closet. 4 BR's, 3 baths, extra large lower level family room w/glass slider. For a private showing, call Sheila Adams 703-503-1895 or email at: sheila.adams@LNF.com

"COMING SOON" in Beautiful Middleridge Stone Front Contemporary Rambler
This beauty offers an Open Floor Plan with a Huge Great Room for casual living. High ceilings, sky lights, 2 sets of glass sliders stepping you out to a relaxing sunny deck, perfect for entertaining. Main floor Master Bedroom with glass slider connecting to private deck, a luxury master bath, sky lights and a large W/I closet. 4 BR's, 3 baths, extra large lower level family room w/glass slider. For a private showing, call Sheila Adams 703-503-1895 or email at: sheila.adams@LNF.com



Mary Hovland
703-946-1775
Cathy DeLoach
571-276-9421
Your REALTORS®
Next Door

BARBARA NOWAK & GERRY STAUDTE
"My Virginia Home Team"
703-473-1803, 703-309-8948
gerry.staudte@longandfooster.com
www.MyVirginiaHomeTeam.com



Love Kings Park West?
Coming Soon...

Craftsman Center-hall Colonial, bonus room
Cathedral ceiling 4-BR SFH priced below \$500
4-level Split on cul-de-sac, great finishes
4-level Split on non-thru street



Ashburn Rental \$1,700
This 3 BR, 2 1/2 BA, 3 Lvl, 1-Car Garage TH features Eat-In Kit w/BI Micro, LR w/corner gas fireplace, MBR w/Walk-in Closet & Ceiling fan.



Richard Esposito
703-503-4035
Richard@LNF.com
Service is the difference I provide



FAIRFAX
Welcome to Kings Park West. This Duchess Model home has four bedrooms, stainless steel appliances and gas heat. Close to the VRE, Schools, Shopping and the Lake. Call today for more details.
Richard Esposito 703-856-2529

ELLIE WESTER
703-503-1880
L&F Founder's Club
Lifetime NVAR Top Producer
Life Member, NVAR Million Dollar Sales Club
ellie.wester@longandfooster.com



Springfield
A delightful, updated and sparkling townhome in convenient Newton Station. So many updates include hardwood flrs, windows, and more. A picturesque back garden professionally designed and executed by Merrifield Nursery! Will be coming on the market soon!

Mid 300's

Access the Realtors' Multiple Listing Service: www.searchvirginia.listingbook.com

Spring 2014 HomeLifeStyle

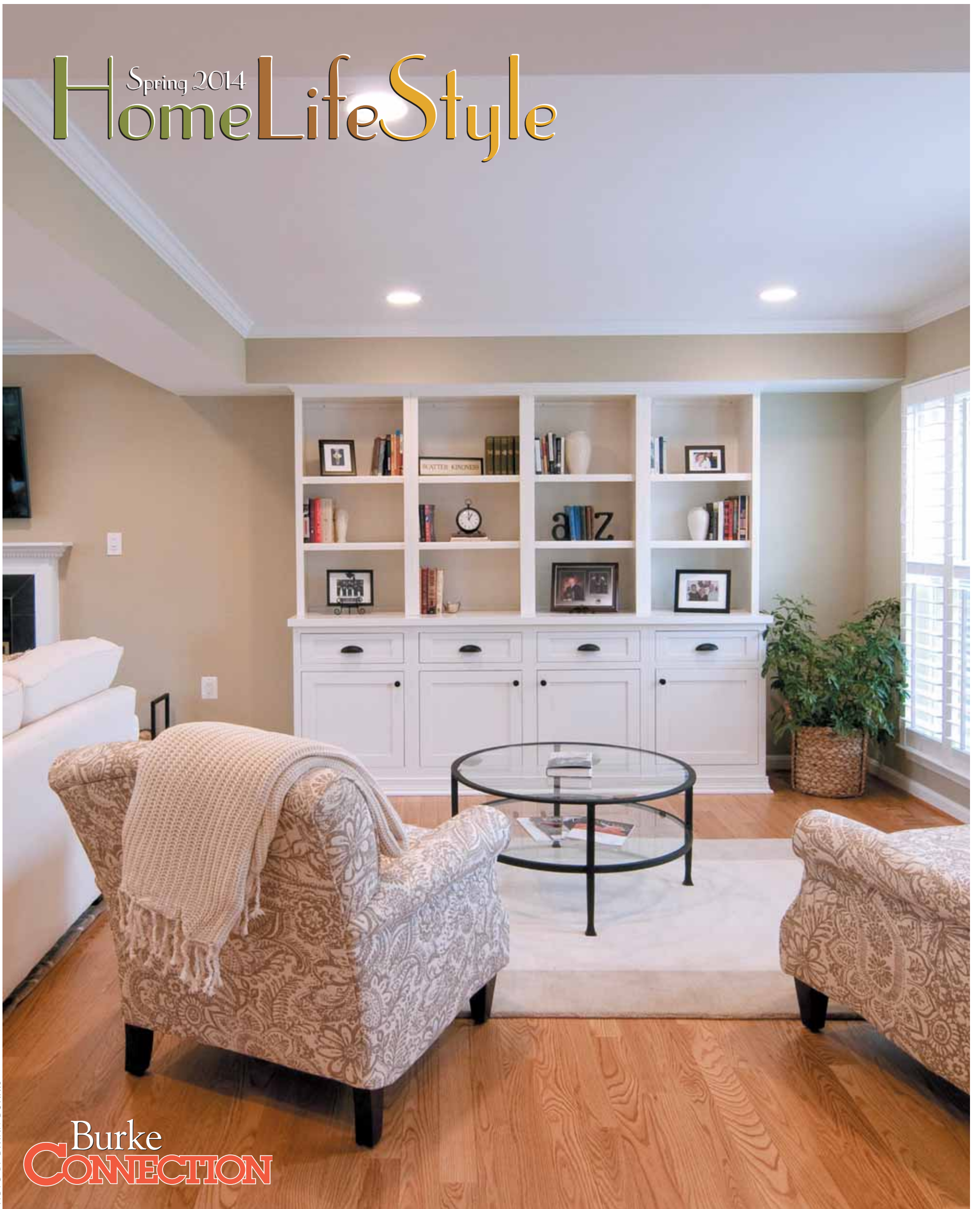


PHOTO BY BRYAN BURRIS

Burke
CONNECTION

LOCAL MEDIA CONNECTION LLC

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

Van Metre Wins Sales, Marketing Awards

Van Metre Homes won eight Silver Awards at the 2014 National Sales and Marketing Awards, hosted by the National Sales and Marketing Council.

Van Metre Homes were honored as Rookie of the Year, Sales Person of the Year, Sales Manager of the Year, Best Direct Mail Program, Best Print Campaign, Best Overall Advertising Campaign, Best Computer Sales Tool, and Best Design Center.

Individuals recognized for outstanding achievement included Omayra Dehring for

Rookie of the Year, Ernie Kyger for Sales Person of the Year, and Danny Faulkner for Sales Manager of the Year. Van Metre Homes won for Best Direct Mail Program with their Fashion Week. Their Fresh Campaign won two awards for Best Print Campaign and for Best Overall Advertising Campaign. Van Metre Homes' Hologram won for Best Computer Sales Tool and the Van Metre Design Studio won for Best Design Center.

Van Metre Companies has constructed more than 16,000 houses and several thou-

sand apartments, as well as office buildings and shopping centers in Northern Virginia. Van Metre communities include their own master-planned developments, as well as neighborhoods in smaller subdivisions and third-party planned communities.

The Van Metre portfolio of new homes includes condominiums, townhomes and single-family homes designed for first-time and move-up buyers throughout the Northern Virginia suburbs.

Van Metre's exclusive Design Studio, located in Stone Ridge, Va., allows

homebuyers to choose their interior finishes and options. Van Metre also offers turnkey mortgage financing services through their own lending affiliate, Intercoastal Mortgage. Through the Van Metre in-house architecture team, buyers can modify architecture based on a community's design plan and surrounding environments. They are also able to quickly adapt to market changes, as well as offer customization with Van Metre's Dream Home Portfolio — offering homebuyers an easy path to personal home customization.

Near Zero Temperatures Call for Back-to-Basics

What mid-winter maintenance can reveal about your home's needs.

BY JOHN BYRD

While common sense suggests that home improvements should be put off to warmer weather, a sustained period of colder temperatures often reveals systemic problems that will need correction sooner or later.

As temperatures dropped precipitously several weeks ago, all Reston homeowner Craig Mattice knew was that his original mansard roof was plagued with ice dams and his 10-year-old, 600-square-foot addition was so cold the pipes were freezing. Moreover, no amount of thermostat adjustment improved the situation much.

"After living in the house for over 25 years the chill was a surprise," Mattice said. "It wasn't just that the winter has been colder than usual ... it was beginning to look like a larger problem, particularly in the new wing, which was five degrees colder than other rooms."

To determine the cause of ice-clogged gutters, Mattice turned to remodeler David Foster who had completed a number of home improvements for his son.

"The damming was literally the tip of the iceberg," said Foster, principal of Foster Remodeling Solutions. "When I inspected the attic it was clear that the envelope was not adequately sealed, insulated or ventilated, which is why the upstairs had been too hot last summer."

Add to this the fact that prior to 1980 local building code required less thermally-resistant insulation (R-19) than the current R-38 standard and the outlines of a common problem with older production homes begins to emerge.

"It's not unusual to find that the existing insulation just isn't the best application for some of our coldest days," Foster said. "Different parts of a house can call for different insulation strategies."

Since the goal for the Mattice attic was to dramatically increase R-value, Foster rearranged the old insulation, adding soffit



PHOTO COURTESY OF FOSTER REMODELING SOLUTIONS

A sustained period of cold weather can reveal problems with your home's basic systems that will need to be addressed in any season if further deterioration is to be prevented.

baffles to improve ventilation. The larger technical solution, however, was to blow-in R-25 fiberglass, which raised the attic's thermal resistance to R-44.

"One of the benefits of fiberglass is that it wraps everything...creating an air-tight insular envelope," Foster says. "This makes all aspects of the home's heating and cooling more efficient."

The more recently completed family wing was another matter. Turns out the Mattice's artfully-designed addition was built over an unheated crawl space, and the HVAC duct wasn't even connected in the kitchen.

"An appropriate insulation strategy starts with a kind of forensics," Foster said. "Where is a wall, ceiling or roof exposed to outside conditions? Is it difficult to regulate temperatures in different parts of the house? These are some basic questions we start with."

Given challenges inherent in insulating rooms built over an unheated crawl space — which also must support air circulation, Foster re-engineered the entire thermal equation: existing fiberglass batt was removed; sprayed-in closed cell foam was then applied to the underside of the floor system. This elevated the thermal value to

R-20 while providing a draft-free air-tight seal to the kitchen floor. To accommodate for summer conditions, Foster added ventilation to both the crawl space and the attic.

So how do the upgrades perform?

"Beautifully," Craig Mattice says. "The house is noticeably tighter and the new wing is much more comfortable."

A PROFESSIONAL REMODELER for 35 years, Foster said he's somewhat surprised by the calls he gets when temperatures drop, usually from homeowners who've found that previous attempts at keeping the house comfortable and well-functioning haven't worked very well.

A few months ago, for example, he executed a re-roofing and gutter protection assignment for Alexandria homeowner Steve Piper, who had previously hired him to design and build an extensive interior makeover.

"We knew we had a leaking problem before we met David," Piper said. "But the situation had gotten worse — and I wasn't sure what to expect from roofers. Finally, it occurred to me to ask David for his assessment."

Foster traced the problem to inappropriate

"An appropriate insulation strategy starts with a kind of forensics. Where is a wall, ceiling or roof exposed to outside conditions? Is it difficult to regulate temperatures in different parts of the house?"

ate and poorly installed flashing which was allowing water to seep into siding and under roof shingles.

His prescription: a re-shingled roof, a new gutter protection system and attic ventilation equipped with an electronic thermostat.

"It's important to address the whole problem when the system has failed," Foster said. "This is a plan that not only eliminates the leaking, but functions much better in all seasons."

A few miles away, Alexandrian Jeff Hage came to Foster when he noticed one of the posts to a front porch was sagging.

Foster, who had finished an interior for Hage a few months before, quickly recognized that the whole roof had settled, making it impossible to stop worsening deterioration by simply replacing the corner column.

"When the problem becomes structural you have to remake the basic supports," he says. "In this case that meant raising the porch roof and re-aligning posts and beams."

Foster has encountered similarly short-sighted solutions associated with window replacement. Homeowners with drafty homes procure state-of-the-art insulated windows only to have them installed with inadequately sealed window jambs.

"Winter is not particularly forgiving of partial solutions," Foster said. "When a problem is recurring, it's time to look at the larger system. After all, this is how a house works."

Empty-Nesters Re-invent the Family Home

Built-ins, cleverly articulated interior increase usable space without need to add-on.

BY JOHN BYRD

Sometimes life's second act requires a bold set change. How else are others to know that the featured players have moved on, embracing new beginnings?

Reinvention is after all the quintessential triumph of creativity, and can be a very personal process when the thing reinvented is your home itself.

"Of course, large-scale life changes don't necessarily demand a whole house makeover," recently retired teacher Cindy Borer said. But in the past year, her only son moved out to start a new career and her husband is now traveling less, so the timing was right for discoveries.

BUT TO START AT THE TOP: last spring the Borer had celebrated 20 years residency in their two-story, four-bedroom Colonial-style house in Burke, and were taking stock of what they wanted from the years ahead.

At just over 800 square feet, the home's primary living area had been serviceable enough; even so, the formal dining room and adjacent den on opposite sides of the front facing foyer were hardly ever used and the rear family room was dark and cramped.



By borrowing a mere nine square feet from the dining room, the designers found space for a small mudroom with bench immediately to the right of a side kitchen door.

Evaluating options, Borer considered enlarging a few rear rooms. She also wondered if some of the home's interior walls could be modified in way that would allow for more natural light. What to do?

It was at this juncture that Craig Durosco, founder of Sun Design Remodeling, was called-in to discuss possible space improvement scenarios.

Durosco pointed out that the couple

didn't so much lack square footage as a sensible space plan tailored to how they actually use their home. The existing "center-

SEE EMPTY-NESTERS, PAGE 4

Kitchen Confidential

BY MARILYN CAMPBELL
THE CONNECTION

When Allie Mann of Arlington, a designer and senior interior specialist at Case Design/Remodeling, Inc. was tasked with giving the first

From light-filled to dramatic, local designers create dream kitchens.

floor of a McLean, Va., home a face lift, she had to think free-flowing and airy.

"[The] client wanted to focus on making the kitchen feel open and connected to rest of home," said Mann. "[They] needed to have plenty of space to cook and entertain plus lots of storage."

Mann said the homeowner was making a cross-country move and settling in Virginia, so adhering to a strict timeline and budget were critical.

However, near the end of the project, the homeowner wanted to make a change.

"At nearly 85 percent job completion, client decided they wanted to completely remove the wall between the kitchen and family room. In the original design, we partially removed the wall," said Mann. "This meant a shift and redirection of scope, additional



PHOTO COURTESY NICELY DONE KITCHENS

A vertical, glass subway tile backsplash adds a dramatic flair to this kitchen by Nicely Done Kitchens.

engineering [because] the remaining portion of the wall housed a three-story fireplace, relocation of cabinets had already been installed and modifications to countertops. And still deliver a project close to on

time."

The finished kitchen is a light-filled space with cabinets by Crystal Cabinetry, honed Vermont Marble countertops and appliances

SEE KITCHEN, PAGE 4

HomeLifeStyle Spring 2014 ♦ 3

Burke
CONNECTION

HomeLifeStyle

IS PRODUCED BY
CONNECTION NEWSPAPERS
WWW.CONNECTIONNEWSPAPERS.COM
LOCAL MEDIA CONNECTION LLC

FOR MORE INFORMATION,
CALL 703-778-9431 OR EMAIL
SALES@CONNECTIONNEWSPAPERS.COM

Empty-Nesters Re-invent the Family Home

FROM PAGE 3

hall” configuration defined rooms were consistent with tradition, yet were functionally underutilized most of the time. This accounted for daily traffic patterns that didn’t work as well as they might, and a nagging sense that the entire first floor was space-restricted.

On a second subject: the mid-house floor-to-ceiling bearing wall dividing the front and rear sections of the house could be completely deleted by installing concealed vertical supports at strategic intervals, Durokso said. Such a move would dramatically increase natural light, creating the floor space needed for an alternative layout more appropriate for both daily use and entertainment.

“On the first visit Craig pretty much solved our space plan problem,” Borer said. “From this point on, I was mainly to think about the interior design details.”

So Borer’s meeting with Jon Benson, the makeover’s lead designer, proved a revelation from the start.

A veteran home remodeling specialist as well as a nationally recognized furniture designer, Benson’s input shaped a floor plan focused on personal requirements in which custom built-ins eliminate unneeded walls while sharply improving both room function and interior design integrity.

To create a more functional relationship between the kitchen and the dining room, for instance, the designer replaced an interior pantry with a 27.5-square-foot food preparation surface and dining counter that serves both rooms equally.

By borrowing a mere nine square feet from the dining room, Benson also found space for a small mudroom with bench immediately to the right of the side entrance to the kitchen.

Re-situating the front hall closet to the right of the front door not only widened the front foyer but also created dramatic front-to-back sight lines that make the entire house seem much larger.

Measured in square feet, the changes are small. Yet such revisions liberate the first level circulation plan, re-organizing the home’s primary living area into rooms that are both interactive and articulated.

To visually differentiate the front-facing library from the family room, the designer converted existing overhead beams into an elegant tray ceiling supported by Craftsman-style piers.

A floor-to-ceiling bookcase—also a Benson original—provides an elegant yet useful wall for the new reading room. The new family room fireplace hearth was custom-designed to accommodate the plasma TV that now hangs above it.

Additional interior design decisions emerged from Borer’s collaboration with



PHOTOS BY BRYAN BURRIS PHOTOGRAPHY

To differentiate the front-facing library from the family room visually, Sun Design converted existing overhead beams into an elegant tray ceiling supported by Craftsman-style piers.



The new transitional-style interior employs decorative elements to create distinctive use-zones in an open floor plan.

Sun Design’s Jessica Page.

“Jessica helped me discover the design style I’d been looking for,” Borer said. “She opened up a lot of resources. Ideas that I liked were added to a project scrapbook which we both referenced regularly to keep the decision process on track.”

As space plan modifications proceeded, Borer’s research revealed a strong personal attraction to transitional-style interior design, a contemporary concept that seeks to reconcile traditional architecture with the spatial freedom of an open floor plan.

On this score, Benson’s original floorplan sketch anticipated the use of loveseats as



Transitional interior design style seeks to reconcile traditional architecture with the spatial freedom of an open floor plan.

space dividers between the family room and the den. Meanwhile, Borer’s preference for soft white and grey duotones inspired an interior paint scheme that combines sharp white and khaki.

In the kitchen, Giallo Sioriato granite surfaces are set off by a vividly original glass tile and stone backsplash which lends an invigorating streak of color to the broader visual panorama.

“Its very comfortable balance of traditional and open really works well for us,” Borer said. “I found the whole process really enlightening.”

Kitchen Confidential

FROM PAGE 3

by Sub-Zero, Wolf, KitchenAid and Miele.

NICELY DONE KITCHENS in Springfield, Va., created a kitchen with drama for a Centreville, Va., family. “White semi-custom cabinetry and a contrasting dark island creates a dramatic look,” said Stephanie Brick, designer. Brick cited the focus on the vertical, subway tile back splash.

The rest of the back splash in the kitchen is horizontal, which is the standard for subway tile, said Brick.

The kitchen also includes ample, easily accessible storage space.

“The paneled refrigerator helps conceal the appliances and helps them to blend in with the cabinetry to give the aesthetic more continuity,” said Brick. The kitchen includes easily accessible storage space and ogeedged granite counter tops.

OPENING UP and adding light were priorities when Guy Hopkins Semmes, partner and founder of Potomac-based design-build firm Hopkins and Porter and Lea Allen, one of the firm’s senior architects, remodeled the kitchen of a Bethesda, Md., home.

“The kitchen was small, but we were able to add a lot more space, by making few minor changes,” said Semmes. “Before there was an enclosed porch next to the kitchen. We opened the wall between the kitchen and the adjacent enclosed porch.”

Semmes and Allen made another major elimination: appliances. “We got rid of the



COURTESY OF CASE DESIGN/REMODELING INC

Arlington, Va., designer Allie Mann of Case Design/Remodeling, Inc. created a free-flowing and elegant feel in this McLean, Va. kitchen.

refrigerator and moved it downstairs,” said Semmes. “All of the other appliances are located under the counter and open up like drawers.”

Semmes also found a creative way to make the space more light-filled. “We took out a stairway wall to the second floor and replaced it with a triangular opening so light from stairwell came down into the kitchen.”

The kitchen now has maple cabinetry and white Silestone countertops. “It was done on a budget. It’s amazing what you can do when you work with what you’ve got.”



PHOTO COURTESY OF HOPKINS AND PORTER

Guy Semmes and Lea Allen of Potomac-based design-build firm Hopkins and Porter removed walls to create space and add light to the kitchen of this Bethesda, Md. home.

Garden Club of Virginia Celebrates 81st Tour



This Alexandria garden will appear on the 81st Historic Garden Week tour.

House and garden tours will take place across Virginia during the 81st Historic Garden Week. Garden week runs from Saturday, April 26-Saturday, May 3.

Tour proceeds fund the restoration and preservation of Virginia’s historic gardens. Each spring visitors are welcomed to more than 250 of Virginia’s most beautiful gardens, homes and historic landmarks during “America’s Largest Open House.” This eight-day statewide event provides visitors an opportunity to see gardens at the peak of Virginia’s springtime color, as well as beautiful houses sparkling with over 2,000 flower arrangements created by Garden Club of Virginia members.

Statewide tour passes are available for \$175. The Alexandria tour takes place Saturday, April 26, tickets are \$35. The Vienna tour takes place Tuesday, April 29 and tickets are \$25. There is a 240-page guidebook with detailed descriptions of properties on each tour. The \$10 charge covers the shipping and handling cost of the book. Free copies of the guide are available at Virginia businesses, visitor centers, and some AAAs. Visit www.vagardenweek.org.

David Watkins of Merrifield Garden Center says cold season annuals like these yellow pansies can add bright color to a garden now.



PHOTO COPYRIGHT CAROLINE WILLIAMS

Getting Your Garden Ready for Spring

Local experts tell you what you should do now, in spite of the cold weather.

BY MARILYN CAMPBELL
THE CONNECTION

on the environment. It reduces bad bug populations and is safe over all.”

It doesn’t feel like spring. Last week’s snow made it seem like warm weather might never arrive, so planting a garden might be the last thing on your mind. However, local gardening experts say this is the ideal time to start preparing your landscape to yield colorful spring foliage.

Bill Mann, of Behnke Nurseries in Potomac, Md., said spring garden preparation plans differ from year to year. “It depends on the landscape beds you have and whether or not you’re planning to put in a vegetable garden,” he said.

“This is the time to inspect shrubs for damage that might have been broken during the snow load,” said David Watkins of Merrifield Garden Center, which has locations in Fair Oaks, Merrifield and Gainesville, Va., Don’t go overboard, however: “You don’t want to prune plants before they bloom. A good rule of thumb is to prune a flowering plant right after it blooms.”

Instead, spend some time tidying up. “Right now is the time to fertilize your shrubs, remove old mulch, put down new mulch and just clean up,” said Watkins. “Everybody is sick of winter, especially this winter. This is the time to clean up old leaves. Because the winter has been so cold, there are going to be some plants that won’t have made it.”

“In March, a lot has to do with inspecting the yard for winter damage,” said Mann. “This is a great time of the year to look for insect damage and deer damage.”

Mann expects extensive deer damage this year. “Deer didn’t have much to eat except for plants like azaleas and rhododendrons.”

Insect damage is less obvious and more difficult to identify. “This is the time to do damage-control by using safe or organic-based products like neem oil,” said Mann. “When sprayed on plants, it smothers insect eggs or some insects in the larva stage. It also kills stinkbugs. If you can see them, you can control them. You can use a higher concentration this time of year and it is a lot safer and easier

WHILE EAGER GARDENERS may be excited to start planting spring flowers in their newly cleaned plots, Watkins offers a caveat: “It is a little early for most annual flowers in pots on patios, but you can plant annuals like pansies, which are cold season annuals,” he said. “They don’t like heat, so in June they start to wither. Then you can put other flowers in like petunias and geraniums.”

Watkins recommends planting hearty, ornamental shrubs in patio flowerpots and surrounding them with flowering plants to ensure year-found foliage. “A nice thing to do in pots is plant a woody ornamental,” he said. “It is nice to have plants in the pots that stay year round. I put a Japanese maple in a pot on my deck. In another pot I put ilex verticillata [winterberry] and I had red berries all winter long. In the spring, I’ll put petunias in the soil around it, and around the edge I’ll plant a flowering plant that will trail down over the pot from April to October. Then the rest of the year I’ll get red berries.”

Sowing grass seeds is also an ideal project to begin now. “The seeds won’t germinate until it gets to be 52 degrees,” Watkins continued. “So even if we get another snow storm, it helps work the seeds into the soil.”

Randee Wilson of Nature By Design in Alexandria encourages the use of indigenous plants. “Look for sources for native plants — they help sustain our local wildlife. If we didn’t have local plants, butterflies would be gone.”

Native plants also require less maintenance. “Some native plants are cardinal flower, which is bright red; bee balm, also bright red; blue cardinal; iron weed, which has purple flowers, and native wisteria vine,” said Wilson.

If a new patio is in your plans this spring, Watkins says to get started now. “We’ve been putting down putting patios all year long,” he said. “A good garden center is going to get backed up when the weather is warmer. The sooner you start getting your job in the line, the better.”

Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

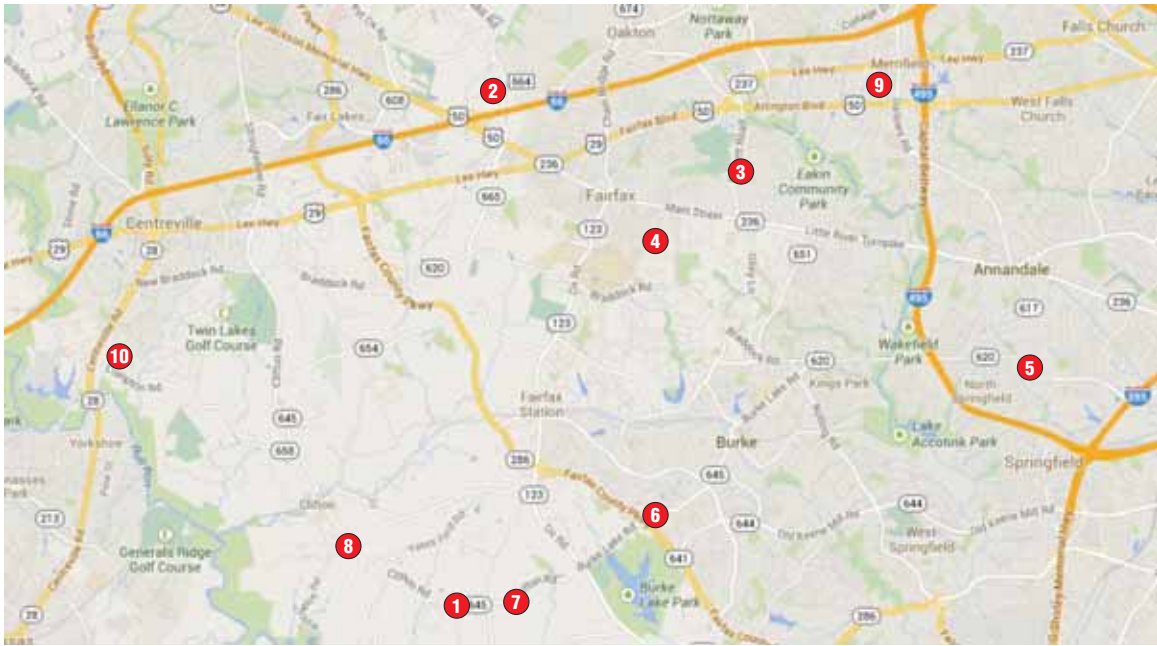


Top Sales in January, 2014

1 7540 Clifton Road, Fairfax Station — \$2,250,000



2 11394 Amber Hills Court, Fairfax — \$1,626,036



© Google Map data



5 7111 Granberry Way, Springfield — \$1,060,000



6 6471 Lake Meadow Drive, Burke — \$1,037,500

Address	BR	FB	HB	Postal	City	Sold Price	..	Type	Lot AC	..	PostalCode	Subdivision	Date Sold
1 7540 CLIFTON RD	7	..	9	..	1	FAIRFAX STATION	\$2,250,000	...	Detached	...	4.82	22039	CRAFTOWN	01/02/14
2 11394 AMBER HILLS CT	5	..	5	..	2	FAIRFAX	\$1,626,036	...	Detached	...	1.08	22033	ESTATES AT FAIR OAKS	01/24/14
3 3518 SCHUERMAN HOUSE DR ..	5	..	5	..	1	FAIRFAX	\$1,175,000	...	Detached	...	0.18	22031	PICKETT'S RESERVE	01/17/14
4 4212 ORCHARD DR	4	..	3	..	1	FAIRFAX	\$1,150,000	...	Detached	...	0.33	22032	HALEMHURST	01/22/14
5 7111 GRANBERRY WAY	5	..	5	..	2	SPRINGFIELD	..	\$1,060,000	...	Detached	...	0.37	22151	GRANBERRY ESTATES	01/06/14
6 6471 LAKE MEADOW DR	4	..	4	..	1	BURKE	\$1,037,500	...	Detached	...	0.58	22015	EDGEWATER	01/31/14
7 11090 SANDY MANOR DR	4	..	4	..	1	FAIRFAX STATION	..	\$960,000	...	Detached	...	5.00	22039	SANDY RUN FOREST ESTATES	01/20/14
8 7242 ARCHLAW DR	4	..	3	..	1	CLIFTON	\$935,000	...	Detached	...	5.00	20124	CLIFTON TRAILS	01/31/14
9 2936 Penny Lane	3	..	3	..	0	FAIRFAX	\$917,286	...	Detached	...	0.20	22031	...	MOSAIC AT MERRIFIELD	..	01/28/14
10 6720 HARTWOOD LN	6	..	4	..	1	CENTREVILLE	\$715,000	...	Detached	...	0.34	20121	NORTH HART RUN	01/21/14

COPYRIGHT 2014 REAL ESTATE BUSINESS INTELLIGENCE. SOURCE: MRIS AS OF FEBRUARY 14, 2014.

The D.C. Design House Designers Announced

Some of the area's top designers competed for an opportunity to donate their talent to transform a local, grand home into a showcase home. Local designers chosen to help transform the 2014 DC Design House include:

❖ Jim Rill and David Benton of Rill Architects in Potomac, Md.

❖ Victoria Sanchez of Victoria Sanchez Interiors in Old Town, Alexandria, Va.

❖ Jeff Akseizer and Jamie Brown of Akseizer Design Group in Alexandria, Va.

❖ Allie Mann, based in Arlington, Va., of Case Design/Remodeling

❖ Susan Donelson and Sharon Bubenhofer of Cleveland Hall Design in Alexandria.

❖ Nancy Colbert of Design Partners, LLC in McLean, Va.

Now in its seventh year, the annual event is a fundraiser for Children's National Health System (formerly Children's National Medical Center). The D.C. Design House has raised more than \$1 million and attracted more than 55,000 visitors over the past six years.

Built in 1929, the home, located in northwest Washington, D.C., has six bedrooms, five full baths and two half baths and also features a three-car garage and a pool. The stone house offers three levels and approximately 7,929 square feet of living space for 24 designers to transform.

The DC Design House opens to the public on Sunday, April 13 and runs through Sunday, May 11. Hours are Saturday-Sunday, noon-5 p.m. and Tuesday-Friday, 10 a.m.-3 p.m., closed Monday, \$25. A preview party will take place Saturday, April 12, \$50. Visit www.dcdesignhouse.com.

— MARILYN CAMPBELL



PHOTO BY JESSE SNYDER

Local designers will turn this estate into a "flowing design home" to raise funds for a local charity.



Jewel Box Gardens by Suzanne

Townhouse garden design and installation

Make your garden dreams come true!

FREE CONSULTATION

www.jewelboxgardensbysuzanne.com
jewelboxgardensbysuzanne@gmail.com






Almost Done -vs- Nicely Done

VERSUS

COME EXPERIENCE THE DIFFERENCE TODAY.

CALL
 703-764-3748

NicelyDoneKitchens.com

NICELY DONE KITCHENS

Custom Kitchen & Bath Design, Remodeling and Project Management

Visit Our Showroom at 8934 Burke Lake Rd. in Kings Park Shopping Center

Hours: 9:30 am - 6 pm Mon.-Fri.; 10 am - 3 pm Sat.

Bathroom Remodel Special \$6,850

Celebrating 15 Years in Business!

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling



Free Estimates
703-969-1179

Select your products from our Mobile Showroom and Design Center



Handyman Services Available:
Call 703-999-2928



Fully Insured & Class A Licensed
 Est. 1999

Visit our website: www.twopoorteachers.com



Turn unwanted valuables into CASH!

Powerful eBay selling for households and businesses

Single Items • Full Liquidations • Buy-outs

Drop off or call for a pick-up...we'll do the rest!

ezauctioning.com

1320 Prince St., Alexandria, VA 22314 • 703.778.6440

Fairfax County REAL ESTATE

2014 Assessments by Area

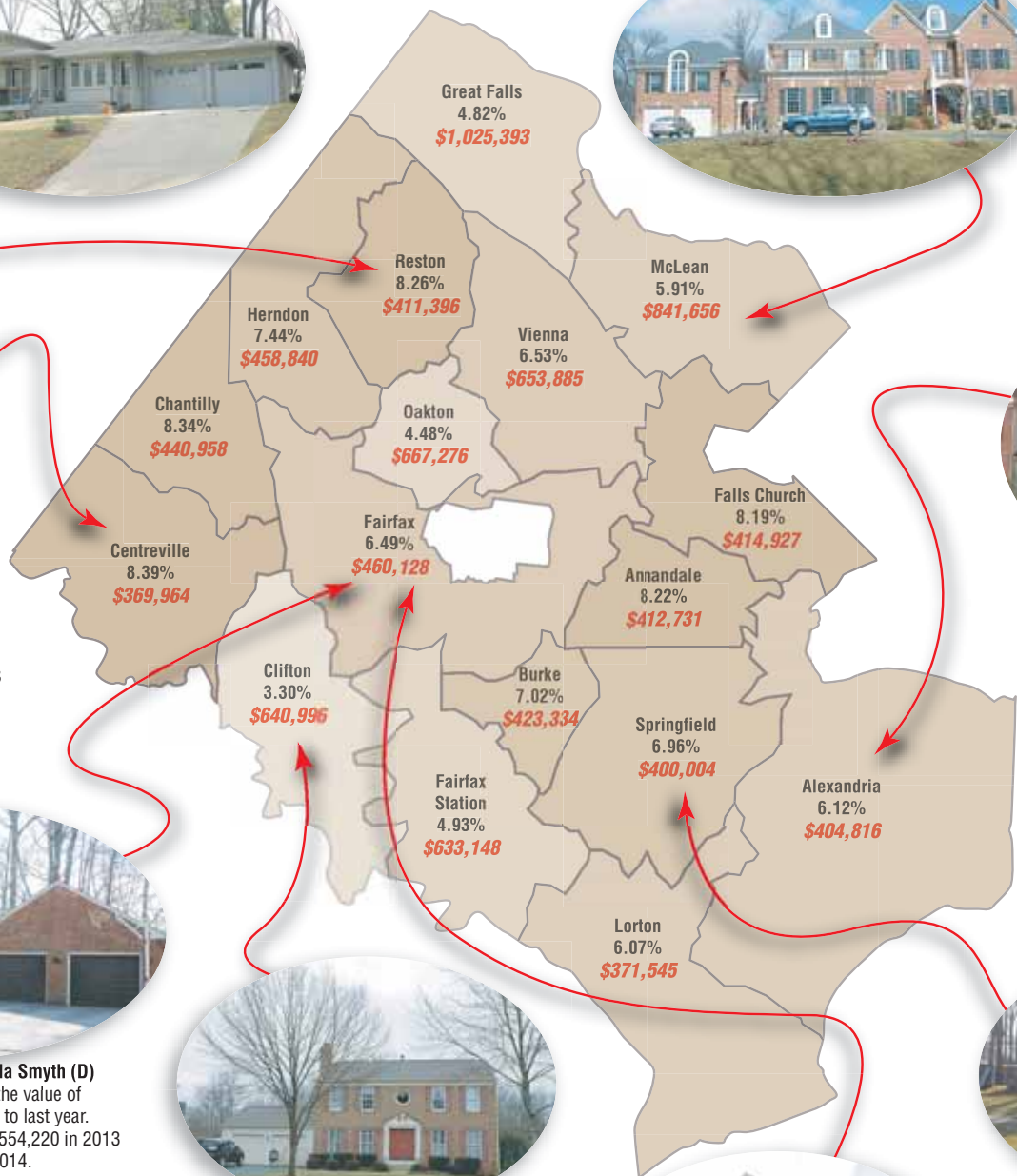
Hunter Mill Supervisor **Cathy Hudgins (D)**
saw her assessment go up 10.80%
from \$575,910 in 2013 to \$638,100 in 2014.



Dranesville District Supervisor **John Foust (D)**
saw a 6.16% drop in his property value when compared to 2013.
The county valued Foust's house at
\$3,109,050 last year and \$2,917,660 this year.



Sully Supervisor **Michael Frey (R)**
saw a 11.96% increase in
the value of his home over the last year.
Frey's home was assessed at \$225,820 in 2013
and \$252,830 in 2014.



Lee Supervisor **Jeff McKay (D)**
saw no change in his home assessment.
This year, his home was worth \$710,220,
same as last year.



Providence Supervisor **Linda Smyth (D)**
saw a 7.22% increase in the value of
her house when compared to last year.
Smyth's home was valued at \$554,220 in 2013
and \$594,220 in 2014.



2014 County Average (Percent Change)
Single Family Detached **\$598,711 (5.82%)**
Townhouse **\$370,849 (8.39%)**
Condos **\$247,943 (10.51%)**



Springfield Supervisor **Patrick Herrity (R)**
saw a 3.56% gain in his property value
when compared to 2013.
Last year, his home was worth \$553,770 and
this year it is valued at \$573,460.



Fairfax County Chairman **Sharon Bulova (D)**
saw her home value go down 2.62%
from \$617,750 in 2013 to \$601,550 in 2014.



Braddock Supervisor **John Cook (R)**
saw a 13.37% increase in
the value of his home over the last year.
Cook's home was assessed at
\$586,220 in 2013 and \$634,760 in 2014.

ZIP CODE AREA	2013 MEAN	2014 MEAN	PERCENT CHANGE
Alexandria/Mount Vernon	381,426	404,816	6.12
Annandale	381,386	412,731	8.22
Burke	395,580	423,334	7.02
Centreville	341,337	369,964	8.39
Chantilly	407,026	440,958	8.34
Clifton	620,491	640,996	3.30
Fairfax	432,104	460,128	6.49
Fairfax Station	603,429	633,148	4.93
Falls Church	383,502	414,927	8.19
Great Falls	978,233	1,025,393	4.82
Herndon	427,060	458,840	7.44
Lorton	350,288	371,545	6.07
McLean	794,688	841,656	5.91
Oakton	638,692	667,276	4.48
Reston	379,741	411,096	8.26
Springfield	373,964	400,004	6.96
Vienna	613,796	653,885	6.53

for single family, townhouses and condominiums

The average assessed value of a
single family home in Fairfax County
for 2014 is \$598,711, up 5.82%

SOURCE: FAIRFAX COUNTY