

Dance-A-Thon, A Cappella Concert at Floris UMC

here's going to be music and dancing and more music this weekend at Floris UMC, as the church hosts two fundraising events to support the 2014 Feed A Child campaign. The campaign is a youth initiative by area students under 25 years old to raise \$20,000 in support of the children of the Child Rescue Centre and patients of Mercy Hospital, both located in Bo, Sierra Leone. The campaign, which is taking

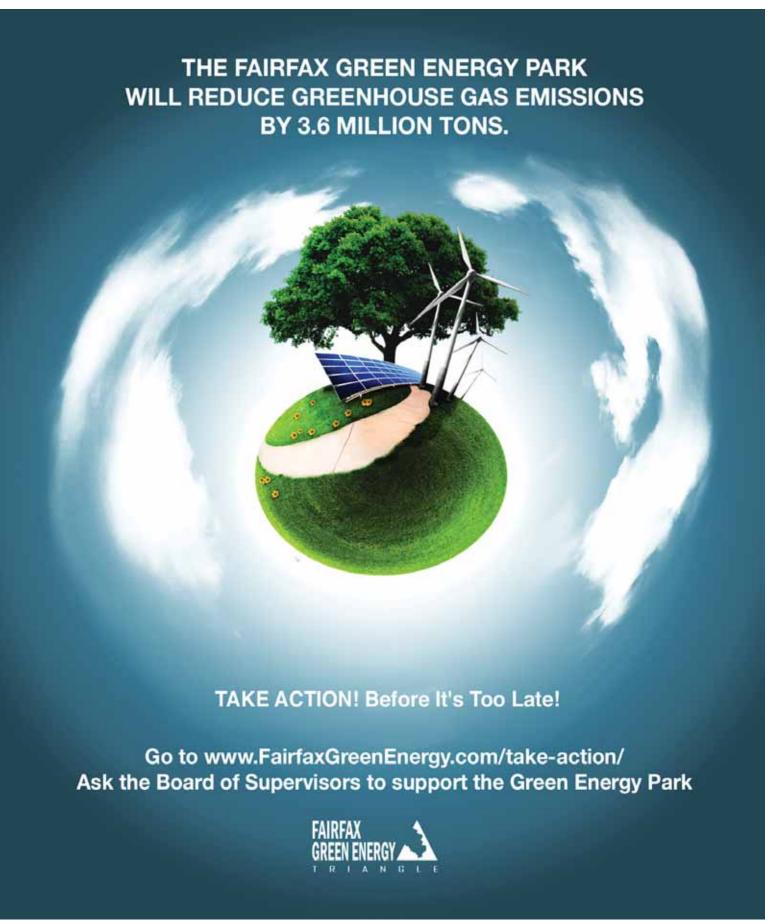
place through a partnership with the nonprofit organization Helping Children Worldwide, kicked off on Feb. 16, and will conclude on March 30. All of the money raised will go directly to feeding, educating, clothing and attending to the medical needs of children in Bo.

A "Dancing Through the Decades" Dance-A-Thon will be held on Friday, March 28, from 7 p.m. to midnight, in the church's Fellowship Hall. Dancing enthusiasts of all ages will participate, both in teams and individually. There will be a 15 minute break in the Fellowship Hall. A group from every 45 minutes for dancers to rest and rejuvenate and for everyone to enjoy several planned activities, including a magic show. At the end of the night, prizes will be awarded. For more information or to find out how to support this event, go to www.crowdrise.com/Feedachilddanceathon or call the church office at 703-793-0026.

Continuing the music theme, the church will host an A Cappella concert on Saturday, March 29, from 7 to 9 p.m., www.florisumc.org.

South Lakes High School, as well as a gospel men's group from George Mason University, will perform. Tickets are \$8 and can be purchased at the door. For more information, go to http://www.crowdrise.com/ Feed A Child 2014/fundraiser/ acappella or call the church office at 703-793-0026.

For additional information, visit



Bulletin Board

To have community events listed in the Connection, send to herndon@ connectionnewspapers.com by the Friday prior to the following week's paper.

WEDNESDAY/MARCH 26

Giving Circle of HOPE Quarterly Meeting. 7-9 p.m. Cornerstones, 11150 Sunset Hills Road, Suite 210, Reston. Meetings are informal and open to all.

SATURDAY/MARCH 29

Researching Your Veteran's Story.

2 p.m. Reston Regional Library. 11925 Bowman Towne Drive. Commander Victor "Tory" Failmezger, US Navy Retired, will provide an hour-long presentation for family genealogists and others interested in military history who want to begin researching the military service of their relatives but may not know how to get started. A question and answer session will follow. Free. Call 703-689-2700 or visit www.fairfaxcounty.gov/library to register.

MONDAY/MARCH 31

Walk in Registration Session.

Crossfield Elementary, 2791 Fox Mill Road, Herndon. 2-7 p.m. Crossfield Elementary School is accepting registrations for the 2014-2015 school year.

THURSDAY/APRIL 3

Walk in Registration Session.

Crossfield Elementary, 2791 Fox Mill Road, Herndon. 4-7 p.m. Crossfield Elementary School is accepting registrations for the 2014-2015 school year.

SUNDAY/APRIL 6

Cat Adoption Event. 1-4 p.m. Reston Petsmart, 11860 Spectrum Center, Reston. www.lostdogrescue.org

WEDNESDAY/APRIL 9

MOMS Club of Reston 10 a.m.

YMCA, 12196 Sunset Hills Rd. Reston. MOMS Club of Reston is a social and support group for mothers who primarily stay at home with their children, including those with home-based businesses or who work part-time. Our only membership requirements are for you to be a mom or dad living in Reston. Learn momsclubofreston@yahoo.com.

Take Control of Your Blood Sugar.

2 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston, Certified Health Coach and Pre-diabetes Educator Anita Capizzi. R.N. will present ways to lower your blood sugar levels naturally through diet and exercise. Free.

NEWS U.S. Rep. Gerry Connolly (D-11) welcomed the staff at Harris Corp. to the Herndon location during the March grand opening ceremony. Seated are U.S. Senator **Mark Warner** (D-Va.) and

Harris Corp.

CEO William

"Bill" Brown.



Harris Corp. Opens New Herndon Facility

Harris consolidates seven offices into one Herndon location.

> By Ryan Dunn The Connection

n July 2013, Harris Corporation signed an 11year lease to consolidate several of its divisions into the 161,000-square-foot Arboretum II of fice building at 2235 Monroe St. in Herndon. Offices from Chantilly, Dulles, Falls Church, Fairfax and Reston were relocated to the 161,000-squarefoot Arboretum II office building.

"It was a seamless transition from the Dulles office to our Herndon office," said Terry Thornton, a vice president and general manager of Intel and Civil Programs. He and many other members of Harris Corp. attended the grand opening ceremony and reception of the Herndon office on March 19. Approximately 500 Harris Corp. employees will be working from the Herndon office.

Federal contractor Harris Corp. (NYSE:HRS) is an international communications and information technology company serving government and commercial markets in more than 125 countries. The building was originally built for BAE Systems, which moved out in 2012. It is also situated near the planned future Herndon-Monroe Metro station.

Fairfax County is the second largest suburban office market in the U.S. and has 32 percent of all the commercial office space in Virginia. At the end of 2013 the commercial real estate market for Fairfax County had an office vacancy rate of 14.9 percent, the highest on record since 1991 according to the FY 2015 Fairfax County Advertised Budget Plan.

"We moved in a month ago in stages," said Rebecca Goodsell, a marketing and communications manager for Harris Corp. "We are now in a much more collaborative environment." Harris employs close to 1,700 persons in Virginia, and the Herndon facility is centered in Northern Virginia's high tech corridor. "What distinguishes Harris from its competitors is the amount of our own R&D dollars we invest in innovative, cutting-edge products and solutions for our customers ... this year, over a quarter billion dollars and growing," said Harris CEO William "Bill" Brown.

"This has been a major undertaking to consolidate seven different locations, and I cannot thank the people enough that participated in bringing our



Harris Corp. Group President Jim Morris, U.S. Rep. Gerry Connolly (D-11), Harris Corp. CEO William Brown and U.S. Senator Mark Warner (D-Va.) hold a ribbon cutting ceremony at the Herndon office's audito-

teams together," said Harris Corp. Group President Jim Morris. "It was a tremendous amount of work accomplished in record time. We are very pleased with the final product and know that this will support our collective businesses as we grow in the years to come."

Guest speaker U.S. Senator Mark Warner (D-Va.) applauded the work done by everyone at Harris, and praised the research and development teams. Both Warner and U.S. Rep. Gerry Connolly (D-11) had the opportunity to visit tables that displayed Harris Corp. hardware and technologies. Warner pressed for the need for more spectrum availability to meet the growing demand for wireless broadband and radio-based services. "America is not going to stay competitive if we do not free up the spectrum," said

Connolly asked Harris CEO Brown when Harris would relocate its headquarters to Virginia. "Our winters kill encephalitis and Burmese pythons, quipped Connolly. Currently Harris Corp. offices are in Melbourne, Fla. "You have chosen to locate in the most important economic corridor in Virginia...we are delighted you are here," said Connolly.

To learn more about Harris Corp. visit www.harris.com.

Beth Clifford, Herndon **Mayor Lisa** Merkel, Rob Cappellini, and Warren **Ralston pose** for a photo during the March 19 groundbreaking ceremony for the Vinehaven homes development.



Groundbreaking Held For Vinehaven Homes

Evergreene Homes to construct houses in downtown Herndon.

By Ryan Dunn The Connection

his is the first new development in down Herndon in nearly a decade," said Mayor Lisa Merkel. Merkel participated in groundbreaking ceremony for the new Vinehaven homes development held March 19. This development is near the W&OD Trail and is located on Vine Street, close to the ArtSpace Herndon, the local community art gallery.

Permission for the development to continue went through in February of 2013. According to a report submitted by Town of Herndon Zoning Administrator Mark R. Holland, there was positive discussion regarding the design and the developer's customized approach to the design.

At the property on 800 and 810 Vine Street, Evergreene Homes will be unveiling the new design of homes called the Classic Cottage series. As the site will be on Vine Street, the name "Vinehaven" was chosen for the housing development. For 17 families, Vinehaven will be home and provide the conveniences of living with access to the region's recreation, shop-Town of Herndon is in partnership with Beltway Investment MyEvergreeneHome.com.

Group and Evergreene Homes for this new downtown home community. "The idea behind the community is for people to be able to right size their lives, live in an urban environment and to have access to a lovely garden and gazebo areas,' stated Beth Clifford, President at Beltway Investment Group, Inc.

A light rain did not dampen spirits of the developers as they posed for photos at the groundbreaking ceremony. "I am not in charge of the weather," joked Mayor Merkel. The location will be subdivided into 17 lots with a single family detached dwelling and onsite parking.

Homebuyers will enjoy between 2,400 – 3,200 square feet of classic, historic-inspired home design, with up to 4 bedrooms, 2.5 baths, and a 1-car garage. Distinctive features include houses with front porches and rear patios, high-end finishes, built-ins and fenced gardens in the front and rear of each home. The Town of Herndon Planning Commission viewed the development as a "forward thinking" product and as a significant residential endeavor in the downtown Herndon. "This is only the beginning of great things to come in downtown Herndon," stated ping, restaurants and arts. The Mayor Merkel. To learn more about Evergreene Homes, visit

News

PHOTOS BY ANDREA WORKER/THE CONNECTION

RELATIVE

OF THE PROPERTY OF THE PROPE

Oak Hill teachers, from left, Kevin Monaghan, Kelly Hood, Martha Cosgrove and David Hitchcock laughed at themselves when 'Mr. Einstein' had them participate in the song "Physics with a 'PH' not an 'E'"



The Oak Hill X-STEM Ambassador Team demonstrates the "pull" part of the push/pull of objects in relative motion. Malavika Pillai, Medha Gupta, Sohal Sudheer, Marc Spiegel as Einstein, Pranava Nidumolu, Jordan Lee, and Aditya Kumar.

Oak Hill Elementary Gets Energized By Einstein

Mark Spiegel presents Einstein Alive!

By Andrea Worker
The Connection

ow do you get a cafeteria full of kids wildly engrossed in and energized about some pretty complex scientific subject matters? You call in Albert Einstein to explain and demonstrate - that's how. OK. Not the Albert Einstein, of course. But Marc Spiegel's performance of Einstein Alive! did the trick.

The fourth, fifth and sixth graders of Oak Hill Elementary School were treated to an hour long program by Spiegel in his Albert Einstein character on Thursday, March 20. It only took the first few minutes of 'Mr. Einstein's' presentation before students, teachers, staff and visitors alike all forgot they weren't interacting with the real creator of the famous "E=MC2" formula.

Oak Hill ES is an X-STEM school, registered as such with the USA Science and Engineering Festival organization. That means that the school creates opportunities to promote Science, Technology, Engineering and Mathematics (STEM) in the school and the community, especially via an X-STEM Student Ambassador Team. The Oak Hill X-STEM Team is gearing up to attend the X-STEM Extreme Symposium on April 24 at the Walter E. Washington Convention Center in D.C.

THE ALL-DAY EVENT, presented by Northrop Grumman Foundation and MedImmune, features interactive presentations and workshops by top STEM authorities and industry leaders for children from elementary through high school. Oak Hill's team will then be exhibiting their project on renewable energy sources with the help of other Oak Hill students at the free 3rd Science and Engineering Festival and Expo



While only six students comprise the official Oak Hill X-STEM Ambassador Team, the EcosySTEM Preservers, there are a number of other budding STEM'ers at the school. They will help exhibit the team's project on creating renewable energy from organic waste at the free USA Science and Engineering Festival and Expo on April 26 and 27 at the Washington Convention Center. The combined group pose with Oak Hill Principal Amy Goodloe and guest speaker 'Albert Einstein' (aka Marc Spiegel).

at the same location on April 26 and 27.

At the Oak Hill Einstein assembly, X-STEM Team Ambassador Pranava Nidumolu was the group's spokesperson, who eloquently introduced "Mr. Einstein" after the proceedings were called to order by Principal Amy Goodloe. As fifth grader Nidumolu noted, Spiegel has performed his Einstein Alive! show to schoolchildren across the globe, at the Kennedy Center, the Smithsonian Institute, and the Library of Congress to name just a few of the prestigious venues where he appeared in his Einstein persona. Spiegel is one of some 150 experts and scientific role models - called the Nifty Fifty (x3) who, under the auspices of the USA Science and Engineering Festival, are speaking at schools throughout the greater Washington

D.C. area during the 2013-2014 school year, promoting STEM to a new generation.

Today, in one minute Spiegel had the crowd in giggles with his songs – "Physics with a 'PH' not an 'F" and "Relative, Relative, Relative" - and his antics with a rolling platform with which he demonstrated many of the principles of energy, matter, time, space and relativity. The next moment, hands were being raised high with answers to his questions, and for asking questions of their own. At least to the lay person, it certainly seemed as if Spiegel was able to respond to those questions with the confidence and clarity of the real Einstein. Just as important, it was evident that the Oak Hill students knew a lot about the subject matter themselves. Impressive ideas and

thought-provoking questions came from dozens of the youngsters.

Throughout his presentation, Spiegel encouraged the students to never stop exploring, always be excited, and "never let confusion or other people stop you. On the other side of confusion lies the truth," he declared. He also reminded the youngsters that success requires perseverance and hard work, and the ability to work through, rather than succumb to discouragement. "Einstein" told his gathering that when he was a student he often struggled. "Even though I was to be called a genius in my life, when I was in school I hated tests," said "Einstein," "and I failed the college entrance exam the first time I took it," he admitted. "But you just try again and keep going." Spiegel ended the event by telling the audience that the real crisis in America today was "not enough people going into the sciences. That's why I am here today."

AFTER THE ASSEMBLY, Spiegel remained in character. "Einstein" was surrounded by students in the lobby area with questions about space, time, matter, energy and more. The "famous scientist" answered their questions with enthusiasm and a lively discussion ensued, before "Mr. Einstein" posed for pictures and then joined some of his student fans for lunch.

Oak Hill Elementary encourages the community at large to join in the fun and learning by visiting their X-STEM Team and exploring all of the exhibits at the USA Science and Engineering Festival and Exponext month. "Einstein," well-represented by Marc Spiegel, will be on hand at the event. As he put it during his presentation, to be relative requires connection and a frame of reference. "You have to participate. You have to encourage your curiosity and imagination."

More information about the USA Science and Engineering Festival and Expo, how to more fully explore STEM topics and careers, and how to register as a STEM school is available on www.usasciencefestival.org.

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lost (adj): 1. unable to find the way.2. not appreciated or understood.3. no longer owned or known



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NOTICE TO THE PUBLIC OF AN APPLICATION BY COLUMBIA GAS OF VIRGINIA, INC. FOR APPROVAL OF A SPECIAL RATE AND CONTRACT PURSUANT TO VA. CODE § 56-235.2 OF THE CODE OF VIRGINIA CASE NO. PUE-2014-00016

On February 24, 2014, Columbia Gas of Virginia, Inc. ("Columbia Gas" or "Company") filed an application ("Application") in both public and nonpublic versions with the State Corporation Commission ("Commission") pursuant to § 56-235.2 of the Code of Virginia and the Commission's Guidelines for Filing an Application to Provide Electric and Gas Service under a Special Rate, Contract, or Incentive, 20 VAC 5-310-10. The Application requests that the Commission approve a special rate and contract between Columbia Gas and Vireol Bio Energy, LLC ("Vireol"), associated with an ethanol plant previously known as the Appomattox Bio Energy plant ("Plant"), located in Hopewell, Virginia, that was constructed in 2008 and acquired by Vireol in 2013. The Company requests that the Commission act on its Application on an expedited basis.

The Application states that Columbia Gas and Vireol have executed a Service Agreement for Transportation Service dated January 31, 2014 ("Agreement"), under which Columbia Gas will provide interruptible transportation services on the Company's system in order to satisfy the Plant's natural gas requirements, subject to Commission approval. Columbia Gas asserts that the purpose of the special rate contract is to provide Vireol with an individualized cost structure and contract length that will allow it to operate the Plant in Hopewell, Virginia, rather than disassemble the Plant and operate it elsewhere. According to the Application, Vireol expects the Plant to begin operations by April 2014, and it would begin to receive natural gas service from the Company at that time.

Columbia Gas states that for cost allocation purposes, Vireol will be included within the Large Volume Transportation Service customer class, and represents that the Agreement will have no negative rate impact on the Company's other customers.

A public hearing on the Company's Application will be held at 10 a.m. on June 11, 2014, in the Commission's courtroom, Tyler Building, Second Floor, 1300 East Main Street, Richmond, Virginia 23219, to receive into the record the testimony of public witnesses and the evidence of Columbia Gas, any respondents, and the Commission Staff. Any person desiring to testify as a public witness should appear at the hearing location fifteen (15) minutes before the starting time on the day of the hearing and contact the Commission's Bailiff. Individuals with disabilities who require accommodation to participate in the hearing should contact the Commission at least seven (7) days before the scheduled hearing at 1-800-552-7945 (voice) or 1-804-371-9206 (TDD).

Copies of the Application may be obtained at no charge by requesting a copy of the same in writing from the Company's counsel, T. Borden Ellis, Senior Counsel, Columbia Gas of Virginia, Inc., 1809 Coyote Drive, Chester, Virginia 23836. The Application and related documents shall also be available for interested persons to review in the Commission's Document Control Center, Tyler Building, First Floor, 1300 East Main Street, Richmond, Virginia, between the hours of 8:15 a.m. and 5 p.m., Monday through Friday, excluding holidays. Interested persons may also download unofficial copies from the Commission's website: http://www.scc.virginia.gov/case.

Any interested person may participate as a respondent in this proceeding by filing a notice of participation on or before May 2, 2014. If not filed electronically, an original and fifteen (15) copies of the notice of participation shall be submitted to the Clerk of the Commission at the address set forth above. Interested persons should obtain a copy of the Commission's Order for Notice and Hearing for further details on participation as a respondent. All filings shall refer to Case No. PUE-2014-00016.

On or before June 4, 2014, any interested person may file written comments on the Application with Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, Virginia 23218-2118. Interested persons desiring to submit comments electronically may do so on or before June 4, 2014, by following the instructions found on the Commission's website at: http://www.scc.virginia.gov/case. All comments shall refer to Case No. PUE-2014-00016.

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OPINION

Challenging Budgets

Local Government should be able to access income taxes to give relief on real estate taxes.

orthern Virginia governments are facing shortfalls in the classic budget sense: projected revenues are less than last year's expenditures plus increases in costs.

Alexandria City Manager Rashad Young Young: "This is the seventh straight year of budgetary challenges, where the cost of current services and previous commitments exceeds our revenue growth." His proposed budget includes \$190.6 million for Alexandria City Public Schools, a 2.62 percent increase over FY2014 but \$2.5 million less than requested by the Alexandria School Board.

Fairfax County Chairman of the Board of Supervisors Sharon Bulova: "This will be a very challenging budget." Fairfax County Public Schools Superintendent Karen Garza proposed an increase of 5.7 percent, \$98 million more than the schools requested last year, but supervisors have said to expect an increase of 2

Fairfax County, along with Arlington and Alexandria, is wrestling with how to fund increasing financial requests from schools, increasing needs for human services and providing a safety net, and many other areas of local

In Virginia, localities are allowed few areas of revenue, and local budgets are funded primarily through real estate property taxes. Prop-

EDITORIAL

erty values have increased this year, and local governments are also considering increases in the property tax rate, meaning homeowners will pay more in taxes.

Fairfax County Real Estate Assessments increased 5.8 percent for single family homes, 8.4 percent for townhouses and 10.5 percent for condos. In Arlington, property values grew about 5.8 percent this year. That includes single-family houses and townhouses, which went up 6.2 percent, as well as condominiums, which went up 5.9 percent. In Alexandria, residential assessments increased 4.8 percent.

But just because a home is worth more this year than last year doesn't actually put any more money in anyone's pocket. The increases are mostly modest and necessary in an area that prides itself on providing an exceptional quality of life and thriving business environ-

Employment and jobs are also strong in Northern Virginia, with unemployment at 3.7 percent in Fairfax, 4.1 percent in Alexandria and 3.2 percent in Arlington. Northern Virginia is the economic engine of Virginia. The overall unemployment rate in Virginia is 5 percent, with these statistics from the Bureau of Labor Statistics. These rates are far below the national rate.

But state income tax, paid disproportionately by workers in Northern Virginia, are collected by the state for the state budget. The exact percentage of money that returns to Northern Virginia is debated, but it is definitely small. Localities should have the ability to add a piggyback tax to the state income tax in order to provide needed and expected services while giving relief to homeowners.

Anyone familiar with the political process in Virginia knows that this is a pipe dream with essentially zero chance. It would have to pass the Virginia General Assembly. Nevertheless, it makes no sense for Northern Virginia to pay income taxes to the state without being able

Meanwhile, Arlington FY 2015 tax rate public hearing is March 27 at 7 p.m. More on budget: Arlington's http:// countyboard.arlingtonva.us/budget/

Fairfax County's public hearings, all in the board auditorium at the government center: Effective Tax Rate Hearing 3 p.m., April 8, 2014; Budget Public Hearing 6 p.m., April 8; 3 p.m., April 9; 3 p.m., April 10. More on Fairfax County Budget, http:// www.fairfaxcounty.gov/dmb/

For more on Alexandria's budget https:// www.alexandriava.gov/budget/info/ default.aspx?id=75641.

A favorite guideline on testimony at budget hearings comes in Arlington: "Repetitious testimony is discouraged." Good luck with that.

- Mary Kimm

MKIMM@CONNECTIONNEWSPAPERS.COM

Small Farmers Need Clean Water

BY MARIETTE HIU NEWCOMB AND KIMBERLY WILLIAMS

orthern Virginia's small farmers know the importance of keeping the water that we all depend on clean. They worry that polluted water could contaminate their crops the fruits and vegetables that are supposed to keep people nourished and healthy. Local farmers are doing their part to reduce runoff pollution into the streams that feed into the Potomac River.

But the Potomac River and other waterways across Virginia remain

The Clean Water Act has been helping protect waterways across the country from pollution for the past 40 years. Through its protections, we've made huge progress in cleaning up Virginia's waterways, giving even more Virginians the opportunity to fish and swim in rivers like the Potomac. But if polluters like Big Ag and Big Oil have their way, that progress will stop here.

huge loopholes in the Clean Water Act. of an impaired water source. And

These loopholes leave 57 percent of Virginia's streams and many of its wetlands at risk of unchecked pollution. To make matters worse, these are the same waterways that feed and filter waterways like the Potomac River and, on their own, provide the drinking water for 2 million Virginians.

The effects of these loopholes on Virginia could be huge. The health of our families, our local economy and the ecosystem depend on our waterways being clean and safe. And our farms need clean water to grow healthy food for our communities. No one should be allowed to dump waste into the waterways that provide our communities with drinking water and a place to visit and enjoy. We all have a stake in clean water, and we know from the days before the Clean Water Act that when polluters dump into our streams and pave over our wetlands, we all suffer.

Virginia's small farmers have a particularly large stake in clean Polluter-led lawsuits have opened up water and would feel the impacts

because of that, many small farmers in Virginia take great care to be stewards of their land and our waterways. But without adequate protections to all our waterways, we can't ensure that our water will remain clean enough for drinking, swimming, or watering our crops.

Fortunately, the U.S. Environmental Protection Agency has the power to close these loopholes and help ensure that all Virginia's waterways are safe for future generations to enjoy just like we do today.

For over a decade, the nation's biggest polluters have been fighting tooth and nail to keep the EPA from fixing these loopholes and letting the cops on the environmental beat protect waterways like the Potomac River. But this fall, the EPA took the first big step toward protecting all of Virginia's waterways when it initiated the process to finally close these loopholes. This is great news for people across Virginia, especially small farmers. If the EPA continues to move forward and fixes the Clean Water Act, our waterways could soon again have the protections they deserve.

Whether we're fishing, swimming, watering crops, or just turning on the tap, the health of our waterways is critical to our way of life. All our waterways should be clean enough that we can swim in them without risking getting sick and fish from them without fearing the catch is too contaminated to eat. And the water that farmers give to their livestock should come from protected sources. Whether we're farmers, entrepreneurs, local officials, or ordinary families, we all need the EPA to move forward and fix the Clean Water Act now to ensure that places like the Potomac River are protected now and for future generations.

Mariette Hiu Newcomb is the owner of Potomac Vegetable Farms, a local farm in Northern Virginia that synthetic fertilizers or pesticides. Their vegetables, herbs, and cut flowers are available at farmers markets, our two on-farm roadside stands, and through their 550-member CSA.

Kimberly Williams is the Clean Water Associate with Environment Virginia, a citizen based advocacy organization.

Oak Hill & Herndon

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Spring Fun 2014

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

MONDAY/MARCH24-FRIDAY/APRIL11

Artists Honored at LRA's "Winter Dreams" Exhibit. Monday through Friday, 8:30 a.m.–4 p.m. Parkridge 5 Building, 10780 Parkridge Blvd., Reston.

TUESDAY/MARCH 25-SUNDAY/APRIL 6

2014 Fine Art Photography

Exhibit. ArtSpace Herndon, 750 Center Street, Herndon . ArtSpace Herndon's annual Fine Art Photography Exhibit showcases the work of thirty-seven regional photographers. This photography exhibit delivers photographs of astounding colors, extraordinary textures, remarkable faces and breathtaking places; images from a wide variety of artists.

TUESDAY/MARCH25/MONDAY/MARCH31 League of Reston Artists Exhibit.

8:30 a.m. – 4 p.m. , Monday through Friday. Reston Center One, 12001 Sunrise Valley Dr., Reston. www.leagueofrestonartists.org

SATURDAY/MARCH 29

Southgate Advisory Council Yard

Sale. 9 a.m.-1 p.m. Southgate Community Center, 12125 Pinecrest Road, Reston. Southgate Advisory Council will be having a yard sale to assist future programs for the community served by the Southgate Community Center. There will be Vendor Spots available and open to the public to participate within.

Blue Moon Girls. 7:30 p.m. Holy
Cross Lutheran Church, 1090
Sterling Road, Herndon. Blue Moon
Cowgirls take you back in time to
the 40's and 50's era in Country
music where there were no flaming
guitars, torn jeans, stage
pyrotechnics — just plain good
solid music with outstanding
harmonies and musicianship.
Admission \$12.

SUNDAY/MARCH 30

Classical Ballet Theater Presents

"The Sleeping Beauty." 1 & 3:30 p.m. 320 Victory Drive, Herndon. Designed for our youngest guests, this enchanting performance of Act I of the classic fairy tale is a perfect way to introduce the art of classical ballet to preschool children. Tickets: \$10. Visit http://www.cbtnva.org/sleepingbeauty to print the ticket order form and payment instructions. Seating is general admission and limited; doors close at show time.

Requiem by John Rutter. 7 p.m. Herndon United Methodist Church, 701 Bennett Street, Herndon.



Blue Moon Cowgirls take you back in time to the 40's and 50's era in Country music where there were no flaming guitars, torn jeans, stage pyrotechnics — just plain good solid music with outstanding harmonies and musicianship. See them on March 29 at Holy Cross Lutheran Church.

Presented by the Herndon United Methodist Church Wesley Choir, soloists, and chamber ensemble. Free concert, free childcare provided. Preconcert dinner and talk by Pastor Gary Robbins at 5:30pm in Doe Fellowship Hall. For more information, visit www.herndonumc.org.



Watch Classical Ballet Theater's performance of "The Sleeping Beauty," on Sunday, March 30, 1 & 3:30 p.m. 320 Victory Drive, Herndon.

TUESDAY/APRIL 1

Reston Garden Club. 1 p.m. 9750
Meadowlark Gardens Court, Vienna.
Guests are invited to hear the
speaker, Renatta Holt from Merrifield
Garden Center, talk about the "Well
Behaved Garden." Her talk will
include the use of new cultivars to
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are bred to be smaller, the right plant
for the right space, plants that do
well in shady gardens, and plants
that are deer resistant.

FRIDAY/APRIL 4

First Fridays Art House Cinema

and Brew. 7 p.m. ArtSpace
Herndon, 750 Center Street,
Herndon. April's movie, Pan's
Labyrinth (2006), the tale of 11-yearold Ofelia's dark fantasies set against
the reality of The Spanish Civil War.
Rated R. Advance reservations are
required, made through our website,
21+, \$10 for the movie and two
microbrews. 703-956-6590.
www.artspaceherndon.org

SATURDAY/APRIL 5

Reston 50/100 Founder's Day Celebration. 12-3 p.m. Lake Anne Plaza, 11426 Washington Plaza W,

Plaza, 11426 Washington Plaza W, Reston. Fifty years after Robert E. Simon, Jr. founded Reston, it continues to flourish and over 50,000 residents call Reston "home." Join the Reston Historic Trust and Museum for Founder's Day as they celebrate Reston's 50th anniversary

SEE CALENDAR, PAGE 9

VIEWPOINTS

What Are You Looking Forward to this Spring in Herndon?

— Ryan Dunn

Sean Petersen, employee at the Great Harvest Bread at Herndon

"I look forward going outside and hiking."



David Meyer, co-owner of Green Lizard Cycling at 718 Lynn St, Herndon

"With spring we look forward for more people being outdoors and using the bike trail which is right outside the store. People enjoy our store's services."



Ivan Ramiscal, engineer

"I look forward to getting out on the W&OD trail and riding my bike."



Aimée Brillhart, producer and writer at Sirens Media

"I look forward to reading the paper on a hammock."



Ed MacDonald, software engineer

"I am looking forward to more bicycle rides so I can commute back and forth from work."



Mike Faul, owner of Potter's Fire located at 797-B Center Street in downtown Herndon.

"I look forwards to no more snow, and I have some garden projects for the front lawn of our store location."



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SPORTS



South Lakes senior and West all-star Abby Rendle, right, reaches for a loose ball during the 10th Suburban Classic on March 23 at Oakton High School.

East All-Stars Beat West in Suburban Classic

McLean's Prock named East MVP; South Lakes' Jensen scores 22.

By Jon Roetman The Connection

cLean senior guard Cami Prock "took a couple emotional days off" following the Highlanders' season-ending loss to T.C. Williams in the opening round of the 6A North regional tournament on Feb. 24.

Following her decompression session, Prock returned to the gym to work on her game. While her time with the McLean girls' basketball team was over, Prock's hard work paid off a month down the road with a strong performance in Sunday's 10th Suburban Classic all-star game at Oakton High School.

As a member of the East allstars, Prock scored a team-high 12 points and earned team MVP honors as the East defeated the West 78-64 on March 23.

THE SUBURBAN CLASSIC fea-

tured some of the top seniors from the 6A North and 5A North regions. The Northern Virginia Women's Basketball Coaches Association sponsored the event and helped raise scholarship money for athletes.

The East all-stars, coached by Edison's Dianne Lewis, led the ball career next season at the Uni-8 • Oak Hill/Herndon Connection • March 26 - April 1, 2014

West squad, coached by Madison's Kirsten Stone, 34-30 late in the second quarter. Prock helped the East pull away, though, scoring six points in the final 90 seconds of the first half as the team built a 41-30 halftime advantage.

Prock agreed that the environment was a combination of competitiveness and enjoyment.

"It was definitely a great mixture of both," she said. "I know when I'm competing and having fun at the same time, it's a great feeling."

Prock will attend the College of William & Mary next year and is debating whether to attempt to join the university's basketball team as a walk on.

South Lakes guard Caitlin Jensen, a member of the West allstars, was another athlete who didn't take long to return to the gym after her high school season had ended. Jensen said she went back to work the following day after the Seahawks lost to Centreville in the regional quarterfinals on Feb. 25.

On Sunday, Jensen led all scorers with 22 points, including four

"I've been working really hard since the season ended," Jensen said. "It's a great feeling."

Jensen will continue her basket-

versity of Mary Washington. On this afternoon, she got to play once again with South Lakes teammate Abby Rendle, and with girls she had competed against during her high school career.

"It was a good experience," Jensen said. "It was nice because I've played against these people forever and now playing on the same team with [Centreville point guard] Jenna [Green] and all them, it's a new feel, but I liked

Madison senior Katie Kerrigan has also been working hard, but in a different sport. After the Madison girls' basketball team lost to Stonewall Jackson in the region semifinals on Feb. 27, Kerrigan transitioned to her primary sport of lacrosse, which she will play at Ohio State University. On Sunday, she was back on the hardwood as a member of the West all-stars.

"It was definitely a lot of fun playing with the best players in the region," Kerrigan said. "It's definitely a little hard because I haven't touched a basketball in three weeks. It was fun. It was a great experience. I got to play with a lot of my close friends. It was a great way to end my high school

Kerrigan scored six points, played aggressive defense and got to play for Coach Stone one more

"It was fun," Stone said of coaching Kerrigan in the all-star game.



scorers with 22 points during the 10th Suburban Classic on March 23 at Oakton High School.

"She's just a workhorse. You don't really see many of those. ... I turned to the girls on the bench and I'm like, 'I would hate for her to have to guard me.' And they were like, 'it's awful.""

THE EAST ALL-STARS led by as many as 22 points, when West Springfield's Amy Berglund scored to give the team a 76-54 advantage in the fourth quarter. Berglund finished with 10 points. She was one of four East players to reach double figures, and one of seven to score at least eight points.

Samantha Porter (Mount Vernon/Christopher Newport) and Amber Bryson (Lee) each scored 10 points for the East all-stars. Tykera Carter (T.C. Williams) finished with nine points, while Michelle Noel (Wakefield) and Tatianna Torres (Edison) each had

Caitlyn Mandela (Lake Braddock) and De'Ja Jeanpierre (Mount Vernon/Barton College) each had four points for the East, and Angie Schedler (T.C. Williams) had three.

For the West all-stars, Centreville's Green finished with 13 points and earned team MVP honors. Arnelle Collins (Freedom) scored 12 points and Alexia Johnson (Broad Run) had nine. Kayla Hix (Stonewall Jackson) and Bailey Dufrene (Osbourn) each had one point. Freedom's Nicole Lubovich also competed for the West team. Centreville's Katie Blumer was a member of the West all-stars but sat out due to injury.

Lewis, who coached Edison to its second consecutive region championship this season, said allowing players to have fun was a priority, but she takes pride in winning.

"Absolutely," she said. "I hate to lose."

There was a 3-point shootout prior to the main event, which Berglund won with nine points in the final round. Dufrene produced a final-round score of eight, while Prock and Green each had a score of seven.

Berglund put up 19 points in the first round.

"My heart was racing, I don't know why," Berglund said. "I was pretty nervous. It was fun. I felt like I was in the NBA all-star [shootout].

My legs got tired in the second round, that's why my score dropped so much, but it was fun."

www.ConnectionNewspapers.com

Calendar

From Page 7

and the 100th birthday of founder, Robert E. Simon, Jr.

CrossCurrents: The Americas Ensemble Concert. 6:30-7:30

p.m. ArtSpace Herndon, 750 Center Street, Herndon. Life and music weave together in this unique project. The artists of the Americas Ensemble come from places north and south, as do the songs in this concert. From traditional Peruvian waltz to disco, from Mexico to Cuba and finally to the U.S., the musicians' life journeys are traced through the music. Tickets are \$10 for adults (includes Sangria and Salsa Bar) and \$8 for students (includes Salsa Bar). Join Dr. Salguero for a pre-concert discussion and demonstration. Bring your acoustic instruments and join the demonstration. Free and open to the public. 703-956-6590. www.artspaceherndon.org

SUNDAY/APRIL 6

Reston.

Mr. Vaudeville and Friends with Mark Brutsché. 3 p.m., at The Centerstage, Reston Community Center Hunters Woods. Buddy Silver, and alter-ego Mark Brutsché, returns to to prove, once again, that nothing can take the place of live entertainment. \$5 Reston/\$10 Non-

www.restoncommunitycenter.com or 703-476-4500.

Dry Branch Fire Squad. 3 p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Dry Branch Fire Squad brings you traditional bluegrass music "on the ragged edge" with soaring vocals and creative work on wood and strings. They are known almost as much for their humor as for their music. \$15. http:// www.drybranchfiresquad.com.

WEDNESDAY/APRIL9-SUNDAY/APRIL27

Mind, Heart, Vision Exhibit.

ArtSpace Herndon, 750 Center Street, Herndon. Every spring Art teachers at Herndon High School invite senior artists to participate in a juried art show. Students show paintings, photographs, drawings, and digital art. Student work is juried by professional artists in the local community. The opening reception will be on Thursday, April 10 from 6-8 p.m. 703-956-6590 www.artspaceherndon.org.

THURSDAY/APRIL 10

Mind, Heart, Vision Exhibit

Opening Reception. 6-8 p.m. ArtSpace Herndon, 750 Center Street, Herndon. This exhibit is an annual exhibition at ArtSpace Herndon featuring selected artwork created by Herndon High School

seniors. The reception is free and open to the public. 703-956-6590. www.artspaceherndon.org

FRIDAY/APRIL 11

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وفي

Joe Mullins & Radio Ramblers. 8

p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Joe Mullins & Radio Ramblers provide some of the very finest in traditional bluegrass as well as contemporary style bluegrass available today. Tremendous vocal harmony and absolutely magnificent instrumentals are their hallmark. \$15 admission. http://www.radioramblers.com

SUNDAY/APRIL 13

Book Look: Child of the Civil

Rights Movement. 2 p.m. Artspace Herndon, 750 Center Street, Herndon. Poignant, moving, and hopeful, Child of the Civil Rights Movement is an intimate look at the birth of the Civil Rights Movement. Each Book Look event features a reading and craft project related to the book. Books will be available for purchase and signing by the author. The readings are free and open to the public, but seating is limited so reservations are recommended. Visit www.artspaceherndon.org for more information and to register.







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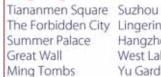
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Another **Milestone**

By KENNETH B. LOURIE

March 30, 2014. My age 59 and a half (9/30/54 is my date of birth). The age at which money deposited into an Individual Retirement Account (IRA) can be withdrawn without incurring a 10 percent earlywithdrawal penalty from the Internal Revenue Service (IRS). Not that I'm retiring. I am remembering though when this cancer-centric life of mine began.

I was diagnosed – in person – on February 27, 2009. Coincidentally around the time of the year when I contribute to my/our previous calendar year's IRA. On that fateful February day, I was age 54 and nearly one half, approximately five years away from having penalty-free access to my own "qualified" money. Having just received a "13 months to two years" prognosis by my oncologist, decision-making on subjects A-Z and/or everything in between from the sublime to the ridiculous – was challenging at best, and practically impossible at worst. Throw in a time consideration such as the future – to factor into your planning, and topsy-turvy becomes turvy-

Now complicate the process further by introducing financial issues - past, present and future - along with the incredible uncertainty of a totally unexpected terminal diagnosis (stage IV, non-small cell lung cancer, NSCLC) and you have inaction, inattentiveness and insecurity overwhelming you at every step - and at every stagger, too; physically and emotionally.

As awkward and unfamiliar as this experience was at the time, I recall pondering the merit of investing money then that I would have limited access to until later, five years later in fact (without penalty that is). I mean, who knew/knows what expenses I might incur during my treatment? Fortunately I had health insurance, but considering co-pays, deductibles, "reasonable and customary"-type reimbursements leaving a balance to be borne by yours truly, alternative medicines/treatment options available (likely a total out-of-pocket cost), home health care, caregivers, loss of employment/income and miscellaneous expenses I was too clueless and uneducated to even contemplate and prepare for, and once again, you have potential trouble at every turn. Thinking positively and maintaining a good sense of humor can only keep so many wolves at bay. At some point - or certainly you think so, you are going to have to pay the piper, figuratively and most definitely, literally.

Still, I remember thinking even then, in the haze of this terrible diagnosis/set of unbelievable circumstances, that if I didn't act/live as if I had a future, I likely wouldn't have one. But five years seemed like an eternity, and given my prognosis, didn't seem like time I should necessarily plan for. After all, my doctor had suggested that perhaps I "take that vacation I had always dreamed of.

Well, here I am, five years later, having invested every year in my/our IRA, still alive and extraordinarily lucky to be so. In truth, given the facts and feelings I was presented with in late February, 2009, I didn't think I'd live to see this day. But I have. And even though I'm not retiring and not needing to withdraw any funds - prematurely or otherwise – from my IRA, March 30, 2014 is a date, to me, worth acknowledging. Having lived this long, I suppose it's time to pick another date - in the future. If I don't plan for it, I likely won't get there.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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SCHOOLS

FCPS Students Win Awards at **History Day Competition**

Fairfax County Public Schools (FCPS) won nine first place awards at the regional competition for National History Day, held recently at Mount Vernon High School. The two best entries in each category and in each age division have qualified to compete in the Virginia History Day contest on Saturday, April 26, in Williamsburg.

First place winners included:

Ian Suzuki and Justin Shaw of Langley High School in Senior Group Documentary for "The Rights of the Ouebecois.

A Basra Bashir of Mount Vernon High School in Individual Website for "Children Without Childhood.

❖ Jonathan Montgomery of West Springfield High School in Senior Historical Paper for "Geneva Convention: Responsibilities of the State Protecting the Rights of Prisoners of War.'

Abdullah Choudhury of West Springfield High School in Senior Individual Exhibit for "The Role of Japanese-Americans in World War II."

Glynnis Farleigh and Alexandra Kraus of West Springfield High School in Senior Group Website for "Rights and Responsibilities of German Citizens During World War II."

Zainab Calcuttawala and Swetha Kota of Westfield High School in Senior Group Exhibit for "Miep Gies Fights for Rights."

A Maisha Hoque and Raisa Hoque of Westfield High School in Senior Group Performance for "Akbar the Great: How a Mughal Used His Rights to Fulfill His Responsibilities.

Hayley Seal of Westfield High School in Senior Individual Performance for "The Louisiana Purchase Song.

* David Sohn and Andrew Yoon of Lorton Station Elementary School in Junior Group Exhibit for "George Washington's Proclamation of Neutrality in 1793: Rights and Responsibilities of the Newly

Independent U.S. Foreign Policy." Sohn and Yoon also won the George Washington Leadership Prize, sponsored by Mount Vernon, and the first place Citizenship History Award, sponsored by the Virginia Society of the Sons of the American Revolution. Caleb Danen and Chloe Rutley of Lorton Station Elementary School won the second place Citizen History Award, sponsored by the Virginia Society of the Sons of the American Revolution.

Westfield High School student Monica Rudolph won the Newseum First Amendment Freedoms Award, sponsored by the Newseum, for her Senior Individual Exhibit, "Elizabeth Cady Stanton and Susan B. Anthony, Leading the Way for Women's Voting Rights." Whitman Middle School student Anna Jackson won the Newseum First Amendment Freedoms Award in the Junior Division for her Junior Individual Performance, "Ooh, What Should

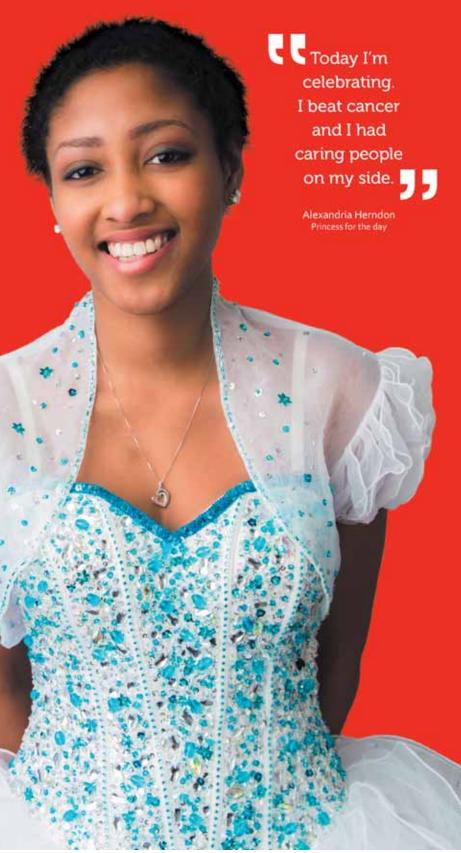
Second place winners included Emily Vang of Langley High School for Senior Individual Exhibit; Brooke Scutt, Ashley Sowell, and Ivania Canizalez of Mount Vernon High School for Senior Group Documentary; Alison Gray and Eva Du of West Springfield High School for Senior Group Exhibit; Christina Starling, Jonathan Hayes, Gari Jimenez-Lugo, and Stephen Scott of West Springfield High School for Senior Group Performance; Catherine Elwell of West Springfield High School for Senior Historical Paper; Celina Paudel of Westfield High School for Senior Individual Performance; and Ranai Kazi of Whitman Middle School for Junior Individual Exhibit.

Third place winners were Flannery Jamison of Madison High School, Senior Individual Documentary; Molly McClelland of Mount Vernon High School, Senior Individual Performance; Robert Marchibroda and Nicholas Phan of Robinson Secondary School, Senior Group Exhibit; Aya Khalafalla of West Springfield High School, Senior Individual Web Site; Brittany Branch of West Springfield High School, Senior Individual Exhibit; Jisun Lee, Sarah Lim, and Asmita Shah of Westfield High School, Senior Group Documentary; Sara Sturm, Kellie Cleveland, and Skye Koutstaal of Westfield High School, Senior Group Website; Shaleen Haque of West Springfield High School, Senior Historical Paper; and Caleb Danen and Chloe Rutley of Lorton Station Elementary School, Junior Group Exhibit.



Alex celebrated her 16th wearing her gown, not ours.

Alexandria was diagnosed with bone cancer her first year of high school. Instead of going to an adult hospital, her family got help from a cancer treatment team focused completely on pediatric medicine. Watch how specialized care created a special day at JustRightForChildren.com/Alex.



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