



Cancer had act one. Isabel received the encore.

At 15 months old, Isabel was diagnosed with a tumor on her left kidney. It was growing rapidly and immediate action was required. Isabel's parents turned to the experts who specialize in pediatric cancer. Watch her journey at JustRightForChildren.com/Isabel.





News



Ozzi Mask leads the Potomac Harmony Chorus in a medley of songs. The chorus rehearses Wednesdays at 7 p.m. in the Hermitage off Beauregard

Move Me Festival

arts troupes entertained and hosted workshops at the 5th Annual Move Me Festival on Saturday afternoon, April 26, in Kenmore Middle School. The festival, organized and produced by Bowen McCauley Dance, was sponsored this year by The JBG Companies, KCI, Servant's Heart Foundation, Arlington Community Foundation, The Shooshan Company, Washington Forrest Foundation, Dominion Foundation, Kenmore PTA, BB&T. Ballston BID and the Perfect Pointe Dance

Featured artists and troupes included:

usic, dance, theater and martial Arlington Arts Academy, Arlington Arts Center, Adagio Modern/Jazz and Tap Companies, Arlington Philharmonic String Quartet, ACW Dances, BalletNova Center for Dance, Ballet Party by Alison Crosby, Dance for PD, Flamenco Dancing by Emily Mazzotti, Encore Stage & Studio, Faces by Jehan, Halau O'Aulani, Los Quetzales Mexican Dance Ensemble, Mixed Martial Arts by Mahsa Javid, Nepal Dance School, Opera Nova, Potomac Harmony Chorus, Shristee Nrittyangon, Synetic Theatre, Tinkus Tiataco USA, Urban Kempo and Zumba! with staff from the Virginia Hospital Cen-



Tasherit Dahal performs a dance made popular through Bollywood. Photos by Louise Krafft/The Connection



Dahal, directors of the **Nepal Dance School** perform a Nepali folk dance.

Raedha Zanan watches and waits for her turn to take the stage with the Shristee Nrittyangon. The school offers classes in Banglashi folk dance, Bangla Modern Dance, **Indian Classical Dance** and Bharatnatyam.





Tinkus Tiataco entertain visitors to the annual Move Me **Festival** with a **Bolivian** folk dance.

NEWS

Arlington Leads State in Energy Efficiency

Short- and long-term benefits seen.

BY SYDNEY KASHIWAGI THE CONNECTION

per year on

energy and

energy effi-

ciency up-

"Energy

is some-

thing that

we often

take for

granted,"

said John

Morrill the

county's

Depart-

ment of En-

vironmen-

grades.

even years ago, Arlington County decided to go green and hasn't looked back. Since the county's push to reduce greenhouse gas emissions, environmental services officials say that Arlington has saved about \$800,000

"Arlington has an ability to set a standard or model behavior that hopefully others can learn from just as we learn from them."

"But when there's a power outage or when it's

very, very cold outside, all of a sudden

that energy we use and need is vital."

tal Services - Jay Fisette Arlington energy **County Board Chair** manager.



Outside view of Arlington's Java Shack Coffee House. To the right, one of the coffee shop's solar panels where customers can connect to wifi.

Local county governments across the Washington, D.C. metro area have also come to together to implement plans to address climate change. And according to The Metropolitan Washington Council of Governments, 74 percent of the D.C. metro region's population lives in jurisdictions that promote energy efficiency and renewable energy incentives.

Arlington County is one of the few jurisdictions that have been able to meet its goal of reducing greenhouse gas emissions from county government operations alone. In 2007, the Arlington County board set a goal to reduce greenhouse gas emissions by 10 percent by 2012 and has since met and exceeded this goal with a reduction of over 11 percent.

"Each community needs to do its own interpretation of energy planning that is suitable for its own jurisdiction," said Morrill. "But our experience has shown that bringing together the diverse stakeholders sometimes with different viewpoints can still result in a constructive, transformative, vision for the future."

Programs like the Arlington Initiative to Rethink Energy, that promotes the use of smart energy to benefit the overall community, and its nationally recognized Community Energy Plan, that outlines ways the county can reduce its green house gas emissions by 75 percent by 2050, are initiatives that have put the small county on the map for energy efficiency both statewide and nationally.

IN 2011, 54-year-old Arlington business owner Dale Rogers began participating in the Arlington Green Games, a competition through AIRE that challenges local businesses to reduce their energy use, waste and

Since The Java Shack Coffee House opened in 1996, Rogers says that he has been a proponent of a green business model because it benefits the environment and is cost effective in the long run.

"People can reduce so many things," said Rogers. "The water, the electricity, the trash, those are the three big things that come to my mind every time I talk to someone, those are the things that every business can do to reduce their impact on the environment."

In 1998, Rogers began using Compact Fluorescent Lamp light bulbs, or CFL bulbs to save electricity. Now, Rogers has changed his water faucets so that they use half the water they once did, has installed solar panel at the top of his coffee shop for customers to use wifi outside and recycles regularly. He encourages customers to use glass cups instead of disposable ones.

"All those things add up," said Rogers.

Rogers says that overall he has probably saved about 10 percent of his water and electricity costs over the years, but that the upfront costs of going green are sometimes

SEE ARLINGTON LEADS, PAGE 9

Sharing Stories Across the Globe

Arlington Sister City Association honors 20th anniversary of first partnership and launch of oral history project.

> BY AMBER HEALY THE CONNECTION

t's been 20 years since a group of former diplomats and others interested in foreign relationships reached out to the city of Aachen, Germany, to create a partnership with Arlington.

Hundreds of exchange students and four additional cities later, the Arlington Sister City Association is taking a moment to celebrate its achievements while honoring the past, with the launch of an oral history project that chronicles the program from the



The Arlington Sister City Association is throwing a party to celebrate 20 years of its affiliation with Aachen, Germany, and launch a new oral history program. This photo was taken in honor of the Aachen partner-

Party Time

The Arlington Sister City Association is throwing a party to celebrate the 20th anniversary of its first international partnership, with Aachen, Germany, and its subsequent relationships in France. El Salvador, Ukraine and Mexico, and its new oral history project. ASCA's event is by invitation only on Monday, May 5, 7-9 p.m. at the Arlington Arts Council, 3550 Wilson Blvd.

Anyone interested in attending and learning more about the organization and getting involved can contact Emily Morrison 202-299-0262 or emorrison@arlingtonsistercity.org.

beginning with an eye to the future.

A multifaceted operation, ASCA hosts and organizes exchange programs for students from Arlington to each of its five sister cities: Aachen; Coyoacan, Mexico; Reims, France; San Miguel, El Salvador, and Ivano-Frankivsk, Ukraine. In some cities, it brings together businesses and entrepreneurs to discuss development and possible collabo-

This summer, 19 students from Arlington will be going to Aachen, where they'll be treated to a celebration on July 4 honoring

SEE SHARING STORIES, PAGE 9

No Common Ground on Common Core

"One of the key constituencies

that are likely to turn out in a

primary are educators, and

opposed to Common Core.

This is a chance to connect

with that segment of a very

Democratic primary

electorate."

likely to participate part of the

- Stephen Farnsworth, professor at the

University of Mary Washington

there are some teachers

Democrats divided on national education standards.

BY MICHAEL LEE POPE GAZETTE PACKET

hould American schools share national standards? That's a question that divides the 10 Democrats seeking to replace longtime U.S. Rep. Jim Moran (D-8), who is retiring after 24 years in the House of Representatives. During a recent candidates forum, the Democrats were asked if they support the Common Core State Standards Initiative, two candidates said they disagreed and eight candidates said they agreed.

"One of the key constituencies that are likely to turn out in a primary are educators, and there are some teachers opposed to Common Core," said Stephen Farnsworth, professor at the University of Mary Washington. "This is a chance to connect with that segment of a very likely to participate part of the Democratic primary electorate."

The Common Core State Standards Initiative outlines what students should know in English and math from Kindergarten through high school. The standards were created by the National Governors Association and the Council of Chief State School Officers along with Achieve, a Washingtonbased nonprofit organization. Although 45 states have signed on, Virginia joined Alaska, Nebraska and Texas in choosing not ana un-adopted them, and now similar repeal efforts are underway in several other states.

"I can't say that I would vote to require it for the entire country," said state Sen. Adam Ebbin (D-30). "It works well for some ar-

eas, but in Virginia we seem to be doing quite well without it."

AFTER CON-**SIDERING** a plan known as the Common Core of Learning, Virginia education officials created a system known as the Standards Learning January 2002. Three years later, the Virginia Department of Education approved SOLs for math, science, English,

history and social science. Unless a school meets the targets for the percent of students who are able to pass the SOL tests, schools can lose accreditation. Currently, the department is denying accreditation to only six schools in Virginia, one of which is in the 8th Congressional District — Jefferson-Houston School in Alexandria.

"I don't have enormous amount of respect ally I would support it."

to adopt the standards. Last month, Indi- for the SOL system. There's way too much teaching to the test," said former Lt. Gov. Don Beyer, who was the presiding officer of the state Senate when the original system was created. "Yes I respect Virginia's right to do its own thing, but I think it makes much more sense to be part of a national

> effort that's been very vetted teachers and parents and everybody else."

> When asked if they support Common Core during a recent debate hosted by the NAACP, two candidates said they opposed the national standards Ebbin and Alexandria Mayor Bill Euille. When

asked about their lack of support for Common Core, both Ebbin and Euille said they believed the current system was working fine.

"It's an evaluation tool that works, and we don't need to move to do something else," said Euille. "But if the federal government was after standardizing it nationWHEN ASKED about their support for federal standards, candidates gave a variety of perspectives. Arlington Del. Patrick Hope (D-47) said he supported the concept of optional federal standards, which he said he would support if elected. But he also said he approved of the decision by the Virginia Department of Education to opt out of the

"If you are a member of Congress, you're not just a delegate anymore. If you're voting for the state you are voting for the nation," said Hope. "So I said yes because that is the position nationally — give states the power to decide."

Several of the candidates expressed frustration with the current system, which they say is failing students across Virginia.

"We've got to try something or the kids lose out, and everybody will be in private schools," said Lavern Chatman, former president of the Urban League of Northern Virginia. "We've got to do something different, that's going to change this situation."

THE DEBATE OVER national standards is a vexing one for many candidates, who tried to walk a line between supporting rigorous standards while opposing a system that encourages teaching to the test. Many candidates tried to couch their support for Common Core somewhere in between.

"In general, I'm a proponent of hiring good people and letting them have more subjective power," said former Navy pilot Bruce Shuttleworth. "But I absolutely get the other side, the side I took quite frankly, which is to have consistent measurable sta-

Edmond Seizes GOP Nomination for Congress

Former Marine officer to take on winner of Democratic primary.

BY MICHAEL LEE POPE THE CONNECTION

ven before longtime U.S. Rep. Jim Moran (D-8) announced that he would be retiring earlier this year, former Marine officer Micah Edmond was planning to run for Congress — talking to party leaders and beginning to line up support. After Moran's unexpected decision, though, the race became more competitive. Congressional staffer Dennis Bartow entered the race, as did former Texas legislator Paul Haring. But when Republicans assembled for their nominating convention last weekend, Edmond was able to secure a victory.

"Micah Edmond is a breath of fresh air inside the beltway, and he's going to make a fantastic congressman," said Pat Mullins,



chairman of the Republican Party of Virginia, in a written statement. "Virginians in the 8th Congressional District have suffered long enough with embarrassing Democratic leadership in the

form of Congressman Jim Moran, and the raft of far-left liberals running for their nomination offers little hope for change."

Edmond served as a defense legislative assistant for two subcommittee ranking members of the House Armed Services Committee, Rep. Mike Turner (R-Ohio) and Rep. Joe Wilson (R-S.C.). Before that, he was a speechwriter for the Marine Corps service chief and aide-de-camp for two senior general officers. More recently, he served as a national security advisor for the Joint Select Committee on Deficit Reduction in 2011 and the Simpson-Bowles Commission in

"Although I worked tirelessly for two years to help generate the tough choices necessary to produce a comprehensive long-term budget plan that would solve our current

Republican Nominating Convention

- ❖ Micah Edmunds: 51 percent
- Dennis Bartow: 43 percent
- Paul Haring: 6 percent

fiscal crisis, both efforts failed because members of Congress chose to represent the status quo rather than the interests of their constituents," he said in a written statement announcing his campaign. "Congress' continued lack of action forces us to navigate from fiscal crisis to fiscal crisis without a long-term comprehensive budget plan and it is undermining our economic growth and national security."

ALTHOUGH DEMOCRATS are selecting their candidate in an open primary that's available to all voters, Republicans selected to choose their candidate in a convention of party insiders. Alexandria Republican City Committee Chairman Chris Marston says the use of conventions to select candidates is nothing new, adding that the party uses primaries about half the time. In the last nine congressional cycles, he said, primaries have only been held only four times.

"In this case, when the decision was made to hold a convention over a primary there had only been one person who expressed an interest in running," said Marston, adding that the lone candidate at that time was Edmond. "And we thought the chance to have the nomination completed earlier would be an advantage."

Campaign finance records show he raised a little more than \$44,000 in the first quarter of this year, well behind most of the 10 candidates seeking the Democratic nomination. The district includes Arlington, Alexandria, Falls Church and parts of Fairfax County - a solidly Democratic area where President Obama won with 68 percent of the vote in 2012. That means most of the attention in this race will focus on the June 10 Democratic primary. The winner who emerges from that race, which features 10 candidates, will be viewed by many as the odds-on favorite to win.

"The Democratic primary is tantamount to winning this election," said Stephen Farnsworth, professor at the University of Mary Washington. "So that's why we are seeing so much attention to the Democratic primary right now."

News



An Arlington resident drops off florescent tube lights.

Recycling in Central Arlington

unny weather brought community members out to Thomas Jefferson Middle School to kick off the recycling portion of their spring cleaning. The parking lot off Glebe Road had been turned into an efficient slalom course of stations for dropping off of everything from televisions and vacuum cleaners to batteries and motor oil at the semi-annual E-CARE recycling event on Saturday, April 19.

Brian Potter, MXI Environmental Services project manager, detailed how his OSHA-trained staff received the recyclable items from residents and began the process where latex paint will become land fill cover, flammable liquids and fuels will become cement, and the more toxic items will be incinerated before being appropriately sealed and sent to the MXI facility at Abington, Va.

More personal items were also brought in to participating private charities such as Bikes For the World. This non-profit organization repairs gently used bicycles and donates them for use in underdeveloped countries around the world. Eyeglasses and furniture were also accepted for donation to the needy.

An Arlington resident was dropping off small electronics and said he has participated in the event previously. "The flyers from the city came in our recycling bins and let you know exactly what can be donated and recycled."

According to Emmanuel Nocon, the county's Household Hazardous Materials coordinator, there has been an increase in the number of electronics and paints collected in recent years. Nocon emphasized the availability of the event in the central area of Arlington's neighborhoods. Where most people in single family homes tend to use the South Arlington recycling facility that is open year round, this event



MXI employees receive and sort household paint cans.



Several military members from local bases showed up to lend a hand.

is specifically located in the center of Arlington to facilitate access for Arlington citizens in apartments to participate as fully as possible.

The next event will be during the fall. Advertisements will be sent around again, and anyone can check the county's website for more details. See http://recycling.arlingtonva.us/residential/trash-recycling/

— GIA CROMER

Local Hardware Store?



For Do-It-Yourselfers or Contractors: ABC Distributors
Serving the building/remodeling industry in Alexandria/Arlington
for over 40 years. Open to the public. Competitive pricing.

HARDWARE • LUMBER • BUILDING SUPPLIES
TOOLS • PLUMBING • ELECTRICAL • PAINT
SUNDRIES & GARDEN SUPPLIES

Sat. 8 am to 1 pm and Mon./Fri. 6:30 am – 5 pm *Open Saturdays May through October*

ABC DISTRIBUTORS

2633 South Shirlington Road, Arlington **703-979-1171**

See our new website at:
www.abcdistributor.net





9:30 a.m. Check-in & Registration 10:30 a.m. Walk Kick-off

\$30 for Pre-registration \$40 for On-site Registration

Be a part of Arlington's largest pet-centered event!

- 5k walk or one-mile stroll
- Games, demonstrations and giveaways
 - · Pet-friendly businesses
 - Meet adoptable dogs



Register today!

Pre-register for a free t-shirt!

www.awla.org

Participating dogs receive a free bandana!

Prooght In you by: Caring Hands Animal Hospital | Segue Technologies | Unleashed by Petco | The AWLA Board of Directors
ProFeed Pet Nutrition | Ballston Animal Hospital | Fur-Get Me Not Pet Care | The Regional Veterinary Referral Center
Pet Lover's Companion | NOVA Dog Magazine | CVCA Cardiac Care for Pets | WOOFS! Dog Training Center | VCA Alexandria

OPINION

Emphasizing the Importance of Recycling

By Michael Renga Business Manager, Covanta Alexandria/ Arlington Inc.

pril 22 marked the 44th anniversary of Earth Day, a day specifically devised to prompt people to ask, "What can I do to make a difference for the earth?" Solving global environmental issues like climate change may be so daunting for some people that they automatically assume there is nothing they can do to help. But in reality, there are things we can each do every

COMMENTARY

day that can have a big impact on our community and the environment. The simplest of these is to recycle.

The benefits of recycling stretch farther than most people realize. For starters, it reduces the amount of waste that goes to landfills. Currently, more than 250 million tons of trash in the U.S. is sent to landfills every year. Landfills are one of the largest producers of methane in the world, a greenhouse gas (GHG) 34 times more potent than CO2 and a major contributor to climate change. In addition to methane, landfills release an array of uncontrolled contaminate groundwater and make landfills an environmental burden for generations.

Recycling products made of materials, such as metals, plastics, glass and paper also reduces greenhouse gases and saves energy by avoiding new mining and reducing or eliminating the need for virgin materials in the production of new products.

At Covanta, we are firmly committed to increasing recycling here in Alexandria, where we operate Covanta Alexandria/Arlington Energy-from-Waste Facility. We demonstrate this commitment by recycling 8,000 tons of metal annually. This Earth Day, please consider the following universal information in order to maximize your recycling:

- * What cardboard is recyclable? All cardboard boxes, except waxed, are likely recyclable. If possible, remove adhesive labels and
- ❖ What about that pizza box? Recycle the non-greasy half of pizza boxes and discard the rest with the trash.
- ❖ It rained ... Can I recycle my wet newspaper? Unfortunately, paper fibers can only hold so much moisture, and if paper is too wet, it

emissions and create leachate, a liquid that can may not be able to be recycled. Try to keep papers indoors and set them out for recycling when it's dry out.

- ❖ What should I do with plastic bottle caps and wine corks? Corks can be reused in bottles, for crafts, or other creative endeavors. Remove plastic caps, and crush the bottles so they take up less space, before placing them in the bin.
- * What should I do with batteries and electronics? Alexandria residents can drop off their e-waste at 3224 Colvin Street, Alexandria on Mondays and Saturdays only from 7:30 a.m.-3:30 p.m. In Arlington County, e-waste can be dropped off at the Water Pollution Control Plant at 530 31st St. S., Arlington, or residents can schedule a special pickup of these items on the day their normal trash is picked up.
- Can I recycle empty containers that once held chemicals? Yes, as long as the container is completely empty. Motor oil is the exception. You cannot recycle motor oil containers as the residual oil can interfere with the recycling process.

Armed with a little extra knowledge, we can work together to improve our recycling habits, making an even bigger difference to our environment and the world we live in.

illuminate streets and sidewalks. But they should figure out how to do it without blasting our homes with this unnatural light.

And how does the county respond to such complaints? Do they put a hold on the project or just continue with the installation in additional neighborhoods? We know the answer.

County officials have been remarkably patient and kind while giving a "hearing" to citizen's complaints. But one wonders how well they are listening to these complaints. People's lives are being affected in significant ways. Loss of sleep and depression from no longer being able to do star gazing outside one's home are some examples of this.

We often hear that the cover up is more serious than the crime. In this case, someone clearly made a misjudgment in choosing current LED technology for streetlights. Such a mistake is easily understood and forgiven. But the county's insistence on continuing with these lights is inexcusable. Of course, we support the effort to use lamps that consume less power, but the color and light intensity of the LEDs selected is totally inappropriate. Officials have responded to complaints with the promise of new emerging technologies that could be an improvement. Why must we endure the current lights while waiting for such? Why does the county refuse to go back to the non-LED streetlights? Who in the county will step forward and address this issue properly?

Robert Martin Arlington

Time To Expand Medicaid Program

To the Editor:

I ask lawmakers to consider the facts when deciding the issue of Medicaid Expansion.

SEE LETTERS, PAGE 15

Arlington

www.ConnectionNewspapers.com

@ArlConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connection newspapers. com/subscribe

NEWS DEPARTMENT: To discuss ideas and **concerns, call:** 703-778-9410 arlington@connectionnewspapers.com

Steven Mauren

Editor 703-778-9415 smauren@connectionnewspapers.com

Michael Lee Pope

703-615-0960 mpope @connection newspapers.com@MichaelLeePope

Jon Roetman

Sports Editor 703-224-3015 jroetman@connectionnewspapers.com @ionroetman

> ADVERTISING: For advertising information e-mail:

sales@connectionnewspapers.com

Debbie Funk

Display Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

Andrea Smith

Classified & Employment Advertising asmith@connectionnewspapers.com

Editor & Publisher

Mary Kimm 703-778-9433 mkimm@connectionnewspapers.com @MaryKimm

Executive Vice President

Jerry Vernon jvernon@connectionnewspapers.com

> **Editor in Chief** Steven Mauren Photography: Deb Cobb, Craig Sterbutzel Art/Design: Laurence Foong, John Heinly **Production Manager:**

Geovani Flores Special Assistant to the Publisher

Jeanne Theismann 703-778-9436 @TheismannMedia

CIRCULATION: 703-778-9426 Circulation Manager:

Linda Pecquex circulation@connectionnewspapers.com



LETTERS TO THE EDITOR

Distress over LED Streetlights

To the Editor:

One could never have imagined that Arlington County would perpetrate such an injustice on its citizenry. Unfortunately, I can find no other way to sum up the county's force-feeding of LED streetlights to county residents. As youths, we recall well-meaning parents forcing broccoli on us while crying, "it is good for you!" The difference between that and our current predicament is that broccoli is "good for you."

The fact that the introduction of LED streetlights has caused pain and distress for many county residents in indisputable. Disruption of sleep patterns from glaring light pollution, installation of blackout curtains, endless correspondence with county officials and neighborhood civic leaders is a sampling of the fallout of the county's campaign for LED streetlights. Those with extreme sensitivity to the LED lights are forced to spend evenings barricaded in their houses behind blackout curtains. Evening drives through Buckingham Village, once a pleasant experience, are now a blinding experience due to the grossly bright and unsightly LED streetlights.

County officials describe the use of LED lighting as being progressive and energy wise. This depends on your definition of progress. Was a pilot study on the use of these lights conducted and an assessment made of residents' reactions to the lights? For safety, the county wants to



Snapshot

April 20: Hydrant overcome by spring on Harrison Street at 15th Street.

HOME SALES

In March 2014, 177 Arlington homes sold between \$2,130,000-\$133,000. This week's list represents those homes sold in the \$2,130,000-\$585,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address	BR FB HB	Postal City	Sold Price	Туре	Lot AC	PostalCode
2228 KENT ST S						
3033 POLLARD ST N						
4050 40TH ST N						
3802 DITTMAR			\$1,831,000			
6618 29TH N			\$1,779,976			
6537 35TH RD N						
5033 35TH ST N						
4800 OLD DOMINION DR						
873 HARRISON ST						
3480 VENICE ST N						
1705 WAYNE ST N						
4545 32ND RD N						
3027 PEARY ST N	5 3 1	ARLINGTON	\$1,155,000	Detached	0.66	22207
831 WOODROW ST N	5 3 1	ARLINGTON	\$1,130,000	Detached	0.11	22203
1125 HARRISON ST N	4 3 1	ARLINGTON	\$1,089,000	Detached	0.14	22205
3548 DICKERSON ST N	5 4 0	ARLINGTON	\$1,075,000	Detached	0.23	22207
2611 UPLAND ST N	4 3 0	ARLINGTON	\$1,050,000	Detached	0.25	22207
1555 COLONIAL TER #401	2 2 1	ARLINGTON	\$1,025,000	Mid-Rise 5-8 Flo	ors	22209
1820 TUCKAHOE ST	4 3 0	ARLINGTON	\$982,971	Detached	0.17	22205
3916 ABINGDON ST N	432	ARLINGTON	\$975.000	Detached	0.11	22207
2343 VERNON ST N						
2555 MILITARY RD						
1615 QUEEN ST #M606						
2414 13TH CT N						
16 LEXINGTON ST S						
4115 16TH PL N						
2157 POLLARD ST						
612 24TH ST S						
527 LONGFELLOW ST N						
2330 N. VAN BUREN CT						
2911 9TH ST N						
2112 FERN ST S						
3204 13TH ST S						
3810 RICHMOND ST N						
1030 MONROE ST						
2029 KENMORE ST						
1300 S. GLEBE RD						
3438 GEORGE MASON DR						
1026 CLEVELAND ST N						
3515 UTAH ST N						
2200 QUANTICO ST N						
34 PARK DR						
5747 18TH ST N						
2515 KENMORE CT						
4506 4TH RD N						
35 OAKLAND ST						
3416 15TH ST S						
4042 35TH ST N						
201 N. EDISON ST						
1600 CLARENDON BLVD #W104						
5118 25TH RD						
1119A STUART ST N						
2721 LANG ST						
5712 20TH ST N						
2001 15TH ST N #1102						
6353 12TH PL N	4 3 0	ARLINGTON	\$710,000	Detached	0.14	22205
2001 15TH ST N #1110	2 2 0	ARLINGTON	\$707,500	Hi-Rise 9+ Floo	rs	22201
5710 25TH RD N	4 2 0	ARLINGTON	\$701,700	Detached	0.13	22207
6026 27TH ST N	4 2 0	ARLINGTON	\$675,000	Detached	0.14	22207
5220 WASHINGTON BLVD	3 3 0	ARLINGTON	\$669,000	Detached	0.16	22205
6066 9TH ST N	3 1 1	ARLINGTON	\$665,000	Detached	0.14	22205
851 GLEBE RD N #1920	2 2 0	ARLINGTON	\$660,000	Hi-Rise 9+ Floo	rs	22203
4201 7TH RD S	3 2 1	ARLINGTON	\$655,800	Detached	0.15	22204
2453 KENWOOD ST S						
1205 GARFIELD ST N #307						
808 IVY ST S						
1317 N STUART ST						
2451 KENWOOD S						
6027 21ST ST N						
851 GLEBE RD #2005						
3917 6TH ST S						
6111 WASHINGTON BLVD						
3205 6TH ST S						
1853 UHLE ST N						
5125 1ST ST N						
1132 UTAH ST						
901 MONROE ST #210						
660 HARRISON ST S						
000 IE HUUDOI1 DI D	5 2 0	1 11 11 10 1 0 1 1	4000,000	Demaile	0.17	22207

Copyright 2014 RealEstate Business Intelligence. Source: MRIS as of April 15, 2014.

Bathroom Remodel Special \$6,850

Celebrating 15 Years in Business!

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling



Free Estimates

703-969-1179

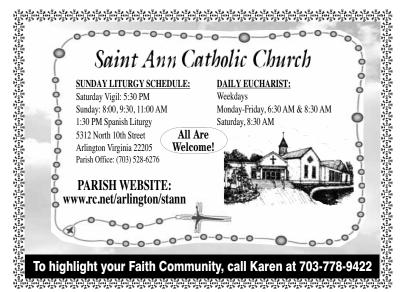
Select your products from our Mobile Showroom and Design Center

Handyman Services Available: Call 703-999-2928



Fully Insured & Class A Licensed Est. 1999

Visit our website: www.twopoorteachers.com





May 3 🐇 3 - 5 pm

Celebrate Cinco de Mayo with a free social event at Market Common Clarendon!

> Photo Booth DJ Music Free Snacks & Doggy Treats Frozen Margaritas & Beer AND MORE RAIN OR SHINE!

Drink Sales Benefit: Homeward Trails Animal Rescue



SHOPPING

Ann Taylor • Apple Store • Barnes & Noble Booksellers bluemercury • Chico's • The Container Store • Crate & Barrel
Eastern Mountain Sports • Ethan Allen • Free People
Jos. A. Bank Clothiers • Knightsbridge Trading Co • LOFT
lululemon athletica • Origins • Orvis • Pottery Barn South Moon Under . Whole Foods Market . Williams-Sonoma

DINING

Baja Fresh • The Cheesecake Factory • Crumbs Bake Shop Fuego Cocina y Tequileria • IOTA Club & Café • La Tasca Nicecream Factory, coming soon . ZAIKA

A&R Engravers • Acqua Nails • Clarendon Dental Arts Georgetown Valet • MyEyeDr • Nolas Salon • Palm Beach Tan T-Mobile • Washington Sports Club



2700 Clarendon Blvd, Arlington, VA marketcommonclarendon.com

News



Before the beer arrived ...



... and after the beer arrived.

First Annual Springfest Arrives

A new tradition at Shirlington.

By Michael McMorrow The Connection

apitol City Brewing Company had a new idea inspired by the decade-old Oktoberfest tradition: "Let's invite about 50 local breweries to a festival welcoming spring." A funny happened. They all accepted. Thus, 2014 is witness to The First Annual SpringFest in The Village at Shirlington.

Spring arrived in perfect form with warm sun and freshly blown flowers. If something can be made "perfect-er," such was the case as music, dancing, food and excellent beers arrived at noon. Non-drinkers and children were admitted without charge. Those with paid admission could choose from more than 100 seasonal spring ales and lagers.

Restaurants flanking Campbell Avenue suffered no loss of patrons. Indeed, those dining shared in the mood and had ringside seats as an audience to the SpringFest activities.

The sponsor, Capitol City Brewing Company, handcrafts more than 200 styles of beer.

The gathering was more a convention than a



A family affair: Matteo Falinski with parents Joel and Gina.

contest. Two things were obvious. All the brewers were in very good spirits (pun intended) and all their spirits were good.

SCHOOL NOTES

Email announcements to arlington@ connectionnewspapers.com.

The following students Virginia Tech students were named to the dean's list for the fall 2013 semester: Haya E. **Alaeddin**, a sophomore majoring in psychology, **Brendan T. Dannaher** a sophomore majoring in accounting and information systems, **Alice A. Farrell** a sophomore majoring in international studies, **James C. Malone** a senior majoring in industrial and systems engineering, Nathan D. Shagam a senior majoring in agribusiness, Jahan H. Shiekhy a senior majoring in mechanical engineering, Ahmed A. Aly a senior majoring in mechanical engineering, Amanda C. Anger a senior majoring in international studies, Sarah C. Fyffe a junior majoring in accounting and information systems, David B. Kogan a senior majoring in mathematics, Doreen M. Ng-Sui-**Hing** a senior majoring in civil engineering, **Elaine C. Khuu** a sophomore majoring in general engineering, Suzanna A. Lindeman a freshman majoring in natural resources, Anna K. McAuley a junior majoring in forestry, Savannah R. Young a freshman majoring in university studies, Colleen B. Aiken a freshman majoring in university studies, Arnold Cespedes a sophomore majoring in general engineering, **Liam M. Converse** a junior majoring in accounting and information systems, Paige Emanivong a junior majoring in civil engineering, Tiffany **A. Lok** a junior majoring in accounting and information systems, **Veronika M.** Lozano a freshman majoring in genetics, bioinformatics, and computational biology, **Joselyn B. Martinez** a senior majoring in industrial and systems engineering, Jake M. Miller a sophomore majoring in architecture. Sabrina K. Patwary a junior majoring in biochemistry in the College of Science, Alan H. Phung a freshman majoring in general engineering, Elisabeth V. Souther a freshman majoring in communication, John J. Bardo a senior majoring in environmental policy and planning, Beth S. Bodner a freshman majoring in humanities, science, and environment, **Robert E. Cole** a sophomore majoring in civil engineering, Thomas C. Dahlquist a freshman majoring in agricultural sciences, Stephanie A. **Jennings** a junior majoring in marketing management, **Patrick R. Jourdan** a junior majoring in civil engineering, **Anna G. Koskinen** a freshman majoring in animal and poultry sciences, Adam D. Liroff a freshman majoring in finance, Benjamin M. Liroff a senior majoring in finance, Mark P. Mainardi a senior majoring in computer science, Christopher A. Manger a sophomore majoring in university studies, Valerie A. McDonald a senior majoring in biological sciences,

psychology, Geoffrey M. Odlum a sophomore majoring in general engineering, Daniel J. Owen a sophomore majoring in economics, Roy B. Powell a senior majoring in business information technology, Dustin B. Reynolds a freshman majoring in university studies, Sarah I. Russo a sophomore majoring in fine arts, Ian B. Smith a junior majoring in electrical engineering, **Michelle J. Sutherland** a senior majoring in political science, Victor L. Weiss a junior majoring in mining engineering, Zuyu Yang a freshman majoring in chemistry, Nelson D. Canales a junior majoring in general engineering, John A. Cummins a junior majoring in computer science, Reagan L. Miller a sophomore majoring in psychology, Constantine F. Panagakos a junior majoring in civil engineering, Sibgatul Quayum a sophomore majoring in economics, **Samantha Spytek** a freshman majoring in physics, John T. Beckman a sophomore majoring in finance, Corbin C. Bird a sophomore majoring in psychology, Kaley J. Burlingame a sophomore majoring in finance, Giulia E. Cajati a sophomore majoring in hospitality and tourism management, Rachael K. Chase a sophomore majoring in general engineering, Matthew J. Deasy a sophomore majoring in university studies, Warren K. Denning a senior majoring in materials science and engineering, Ian L. Elliott a freshman majoring in general engineering in the College of Engineering, Nicholas J. Friedman a senior majoring in finance, Henry W. Grover a senior majoring in business information technology, **Victoria L. Haling** a freshman majoring in university studies, David M. Hernandez a senior majoring in computer science, Emily E. Hill a freshman majoring in university studies, Alina M. Kramer sophomore majoring in mathematics, James A. Leyden a senior majoring in mechanical engineering, Colin J. Miller a sophomore majoring in university studies, Mary E. O'Connor a sophomore majoring in geography, Alexander B. Riley a freshman majoring in university studies, Ethan B. Roberts a senior majoring in business information technology, William T. Ryan a senior majoring in biochemistry, John R. **Seidman** a sophomore majoring in political science, **Isaac W. Shoultz** a sophomore majoring in physics, Amelia C. Smith a freshman majoring in university studies, Sanjeev K. Thiyagarajan a senior majoring in electrical engineering, Erdenebold a freshman majoring in business information technology, Erica L. Wiles a senior majoring in marketing management, Anna O. Adair a freshman majoring in political science, and Emma R. Davidson a freshman majoring in environmental policy and planning.

Devin J. O'Conor a senior majoring in

"Flourishing After 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for April 28- May 3.

Senior trips: Wednesday, May 14, Capt. Billy's, Newburg, Md., \$7; Thursday, May 15, Lavender Fields Herb Farms, Glen Allen, Va., \$39 (including lunch); Friday, May 16, evening baseball, Washington Nationals vs New York Mets, \$61; Saturday, May 17, Dutch Country's Farmers Market, Laurel, Md., \$8. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Armchair tour, Andrew Wyeth paintings, National Gallery of Art, Monday, May 12, 1 p.m., Aurora Hills. Free. Register, 703-228-5722.

Current events roundtable, local and world news, Monday, May 12, 10 a.m., Culpepper Garden. Free. Register, 703-228-4403

Tennis, Monday through Friday, 8 a.m.-12 p.m., Bluemont Courts, Wilson and N. Manchester, free. Details, 703-

Strength training, Monday-Wednesday-Friday, 9 a.m., Thomas Jefferson Community Center, \$60/15 sessions or \$4 per drop-in. Details, 703-228-4745

Seniors only weight room hours, Langston-Brown and Madison. Monday-Wednesday-Friday, \$60/15 sessions. Call for days and times, 703-228-4745.

Arlington Leads State in Energy Efficiency

From Page 3

pricy.

CFL lights cost more but will save you its purchase price in electricity costs overtime. But the costs of green paper goods are what Rogers says have cost him the most.

COUNTY BOARD Chair Jay Fisette agrees that that the upfront costs can sometimes be large, but that the county is trying its best to provide incentives for green businesses like Rogers'.

"For certain improvements it requires an upfront cost to see a return on that investment," said Fisette.

"It could be three-years, it could be two years it could be five years, it could be sometimes longer."

Some of the current incentives that the county is offering for energy efficient businesses is a lighting rebate program, and for residents, assisting them with federal tax credits for consumer energy efficiency.

"Surely we're a small piece of the planet, but it all starts with ourselves, our individual choices, our community's choices," said Fisette. "Arlington has an ability to set a standard or model behavior that hopefully others can learn from just as we learn from them." **BUT SOME** Arlington residents are still skeptical of going green, and need more information before they take any sides.

Arlingtonian Darrell Green agrees that becoming more energy efficient is beneficial for the community, but does not see how the DES plans are helping Arlington just yet.

"I don't see how it [Community Energy Plan] can be a benefit just yet, but you only see benefits in time," said Green.

In January, The American Planning Association nationally awarded Arlington's Community Energy Plan that was adopted by the county in June for its environmental planning efforts. Kate Addleson, program manager of the Virginia Sierra Club says that plans like the CEP are examples in which small counties can play a big role in fighting global climate change.

"When energy is prioritized, what we've seen is that the paybacks are numerous and almost always exceed expectations," said Addleson.

Addleson says that other Northern Virginia counties can learn from what Arlington has done with its efforts to improve energy efficiency. "It's really about other local leaders looking at what Arlington has done, recognizing that they don't have to reinvent the wheel."



Arlington's Java Shack Coffee House owner Dale Rogers talks to customers on a Saturday morning.

Sharing Stories Across the Globe

From Page 3

not just America's birthday but the 20th anniversary of the sister city relationship, said Jennifer Wright, an ASCA board member and representative on the Aachen committee who helps facilitate the exchange trips. And that's just one exchange trip—others are being worked out for this year, including a bike tour that will go from Germany to France through Belgium, which is a special trip scheduled for the 20th anniversary.

"We don't normally do a big party this time of year," she said with a laugh, as the organization is throwing a celebration on May 5 to commemorate the milestone and introduce an oral history project, in which volunteers and members explain their involvement with the international organization. Wright is involved in the celebration while also helping to find host families in Germany for Arlington students and ensuring German students who will open their homes to Arlingtonians will have a place for them during a subsequent exchange.

The student trips are an example of what a sister city relationship is about: Bringing together people from far-flung corners of the world and introducing them to different cultures. It builds relationships and helps the communities in distinct ways. The partnership with San Miguel has a "pageant" each year in which contestants earn votes through donations, and the winner takes the organization's donation, typically around \$20,000, along with books, medical supplies and other items, to the city during an exchange trip, Wright said.

To preserve the memories associated with these trips, and to protect the legacy of how ASCA came to be and how it grew, a few years ago, members and participants started recording their oral histories, to be launched to the public on May 5, said Carl Lankowski, president of the Aachen committee and an editor for the oral history project.

Visitors to the organization's website, www.arlingtonsistercity.com, will find transcripts for interviews with some of the founding members of ASCA. Some 21 interviews have been completed and are in the process of being uploaded, he said.

"We've targeted three types of people: Those who have worked for one or more of the five committees; people who are on the board of directors currently or were previously; and some members of the Arlington County Board," who give their thoughts on why such a program is important.

Many of those interviewed will be on hand during the anniversary celebration next week. Arlington County Board Chairman Jay Fisette, J. Walter Tejada of the Arlington County Board and state Sen. Barbara Favola will be there, joined by the international contingent of Olivier Serot-Almeras, Consul-General of France, Karlfried Bergner, Minister-Counselor for Cultural Affairs with the Embassy of the Federal Republic of Germany, and Daniel

Serwer, a former diplomat and author of "Righting the Balance: How You Can Help Protect America." "He was head of peace operations for Iraq, Afghanistan and the Balkans," Lankowski said.

The book is "less about the State Department and more about people-to-people diplomacy," a stronghold of organizations like ASCA.

There will also be tables for each sister city and information on exchange program along with photos and a slide presentation of the organization's efforts internationally.

The anniversary celebration is "an important moment in our relationship with the rest of the world," he said.

BULLETIN BOARD

Email announcements to arlington@connection newspapers.com. Deadline is noon the Thursday before publication. Photos are welcome.

SURVEY

Community Input. In conjunction with public meetings, a survey is available for community input is regarding a farmers' market at Fairlington Community Center. Access the survy at www.arlingtonva.us/dpr.

DONATIONS NEEDED

Clothing for Family. The Mount Zion Tutoring Program is trying to assist the survivors of a house fire in their community, including a 2-year-old girl. Email tutoring@mountzionbaptist.com for clothing details or to make a monetary contribution.

THURSDAY/MAY 1

Application Deadline. Arlington Rotary Club Education Foundation is accepting applications for the annual Arlington Rotary Scholarship.

Applicants should be completing high school this year and planning to attend college in the 2014-2015 academic year. The scholarship is worth a total of \$8,000 and is paid out over 8 semesters of college. The scholarship is designed to help a deserving Arlington high school senior and is based on merit, community service and need. The application form has been sent to high school counselors in Arlington and can also be found at the Arlington Rotary website. Visit www.arlingtonrotaryclub.org for more.

FRIDAY/MAY 2

Chamber of Commerce Luncheon. 11:30 a.m.-1:30 p.m. at WETA, 2775 S. Quincy St. Meet and greet with Shannon Flanagan-Watson, Arlington's new Business Ombudsman. \$35 for members, \$50 for others. Register by noon April 30 at www.arlingtonchamber.org or call 703-525-2400.

SATURDAY/MAY 3

Plant Sale. 9:30 a.m.-2:30 p.m. at Wakefield High School, 1325 S. Dinwiddie St., on the Dinwiddie

Street side of the building. Annuals, perennials, herbs, vegetables and flowering baskets available. Place an order before April 12 in the school main office; drop it off or mail it in. Order forms are available on the Wakefield Website http://apsva.us/Page/17411.

Guided Tree Walk and Selection. 1-3 p.m. at Fairlington Community Center, 3308 S. Stafford St. Kirsten Conrad Buhls, Virginia Cooperative Extension Horticultural Agent for Arlington County, will speak on tree selection guidelines and lead a tree walk. Free, registration encouraged. Contact 703-228-6414 or mgarlalex@gmail.com.

Gelebrating a Legacy. 6-11 p.m. at the Crystal Gateway Marriott Pentagon City Hotel, 1700 Jefferson Davis Highway. Proceeds fund scholarships to local high school graduates as well as the organizations' community service programs and projects. Tickets are a donation of \$150 and can be purchased by email at fundraising@dstnovac.org or online at www.nvdecs.org/calendar/calendar.htm Visit www.dstnovac.org.

SEE BULLETIN BOARD, PAGE 13

Entertainment

Email announcements to arlington@ connectionnewspapers.com. Deadline is noon Thursday, at least two weeks prior to event. Photos are welcome.

ONGOING

- Visual Art and Sound. Thursday, April 24-Sunday, Aug. 10 at the Artisphere, 1101 Wilson Blvd. Fermata, a celebration of sound, mixes visual art and sound. Opening reception Thursday May 8, 7-9 p.m. Other special events throughout exhibit. Visit www.artisphere.com or call 703-875-1100.
- call 703-875-1100.

 Mural Painting. No Kings Collective and other artists will create a temporary large-scale graffiti-style mural in the 1900 block of Crystal Drive during April to celebrate the Crystal City FRESHFARM Market. To learn when the group is actively painting, follow @NoKingsDC and @ccbid on Twitter. Visit www.crystalcity.org.
- www.crystalcity.org.

 Art Exhibit. May 1-31 at Gallery
 Underground, in the Crystal City
 Shops at 2100 Crystal Drive.
 "Mayhem" is a juried exhibit. Gallery
 hours 10 a.m.-6 p.m. Monday-Friday,
 10 a.m.-2 p.m. Saturday. Opening
 reception 5-8 p.m. Friday, May 2,
 with a modern dance performance by
 the ACW Dances Troupe. Contact
 info@galleryunderground.org or 571483-0652, or visit
- www.galleryunderground.org. **High School Art Exhibit.** Through
 Sunday, May 4 at the Artisphere,
 1101 Wilson Blvd. Features art from
 55 high school students from 12 local
 high schools submitted to the
 Congressional Art Competition.
- Theater. Synetic Theater presents a new adaptation of Jerome K.
 Jerome's "Three Men in a Boat (To say nothing of the dog)," May 8-June 8 at 1800 S. Bell St., Arlington.
 Tickets \$35+. Wednesday, May 14 is young professionals night with ticket discount and pre-show reception; during the Sunday, May 18 performance childcare is provided at Synetic Studio for \$5. Call 866-811-4111 or visit www.synetictheater.org.
 "Tender Napalm." Through May 11,
- "Tender Napalm." Through May 11, Signature Theatre presents the Washington, D.C premiere of Philip Ridley's play. A tragedy has plunged this couple into an imaginary world, stranded amid the wreckage of their love. Tickets available at signaturetheatre.org or by calling 703-820-0771
- Derby Registration. Register for the Phoenix Derby, a garage race and fundraiser on Saturday, May 17 2-6 p.m. at the underground parking garage at 1851 S. Bell St. Some of the events are free, some have cost. Visit phoenixderby.kintera.org/home to register and find information.
- Book Event. May 7 through June 15 at Works in Progress Gallery at the Artisphere, 1101 Wilson Blvd. Artist and illustrator Kate Samworth, will present work from her first illustrated book "Aviary Wonders Inc." Visit www.artisphere.com or call 703-875-1100.
- Theater. The American Century
 Theater presents "Judgment at
 Nuremburg" by Abby Mann, May 30June 29 in Theatre Two at Gunston
 Arts Center, 2700 South Lang St.,
 Arlington. Tickets \$32-\$40. Visit
 americancentury.org.
- americancentury.org. **Photo Exhibit.** Through July 7, see

 "America's First Green Space: Central
 Park, New York City Photographs
 by Steve Rosenbach." At Cherrydale
 Library, 2190 Military Road. Free.
 Call 703-228-6330.
- "The Threepenny Opera." Running through Sunday, June 1 at Signature Theatre, 4200 Campbell Ave. The MAX Theatre transforms into London's gritty underworld in this reimagined futuristic dystopia for "The Threepenny Opera," an

- adaptation of John Gay's 1728 ballad-opera The Beggar's Opera, a satirical commentary on politics, poverty, injustice and corruption at all levels of society. Visit signaturetheatre.org or call 703-820-9771.
- Live Performance. Through Sunday,
 June 1, 8 p.m. at the Gunston Arts
 Center, Theater Two, 2700 S. Lang
 Street., Arlington. "Turkish Tango"
 by Rafael Bruza, takes to the stage
 under the artistic direction of Mario
 Marcel. \$25-\$40. In Spanish with
 English subtitles. Visit
 www.teatrodelaluna.org,
 www.ticketplace.org or
- www.goldstar.com for more. **Historic Home Tours** at the Ball-Sellers House, 5620 S. 3rd St. The oldest surviving house in Arlington County opens for the season with free tours and refreshments. The house is open 1-4 p.m. Saturdays April through October. Visit www.arlingtonhistoricalsociety.org.
- Comedy. Every Saturday at 3 p.m. at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit www.comedyindc.com or 703-294-LAFF.
- Comedy. Every Friday at 8 p.m. and Saturday at 7:30 p.m. is
 ComedySportz ("clean") and at 10 p.m. on Friday and Saturday is the Blue Show ("adult"), both at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit www.comedyindc.com or 703-294-LAFF.
- Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.
- Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Featured musicians perform from 9:30-10 p.m. Visit www.iotaclubandcafe.com or call 703-522-8340.
- Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-
- Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for 1st place. Free. Visit www.whitlows.com or call 703-276-9693.
- Storytime. Mondays and Fridays, 10:30-11:00 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

CAMPS, CLASSES & WORKSHOPS

Introduction to Voice Acting.Arlington Public Schools, in

- conjunction with Voice Coaches, will present Getting Paid To Talk, an introduction to the world of voice overs on Monday, May 12 and Monday, June 23, at Washington Lee 2013, 1301 N. Stafford St., Arlington. Attendees will record a mock commercial. \$55 for Arlington residents. Enrollment limited, registration required. Call 703-228-7200. Visit http://registration.arlingtonadulted.org/ShowSchedule.awp.

 Theatre Classes. Encore Stage &
- Studio is holding classes and mini camps for children in grades K-8 at on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road and Tuesdays and Wednesdays after-school at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit www.encorestageva.org for a list of classes.
- **Summer Art Camps.** Summer camps for children and teens meet daily in



FOOD & DRINK

- **Donations from Dining.** During May, the Curious Grape in Shirlington Village, 2900 South Quincy St., will donate 15 percent of each meal to Healwell donation is not automatic, tell server you are dining to support Healwell. Healwell provides massage therapy to adult and pediatric inpatients in area hospitals focusing on decreasing pain, managing symptoms and bringing comfort to people living with advanced disease and those at the end of life. Visit www.healwell.org.
- **Clarendon Farmers Market.** Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m.-12 p.m. at Courthouse Parking Lot, 3195 North Wilson Blvd., Arlington. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit www.Clarendon.org. Call 703-812-8881.
- **Arlington Farmers Market at Courthouse.** Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th Street. This is a 'producer only' market with more than 30 producers. From January through March, the market is open on Saturdays at 9 am, closing at noon. Visit www.arlingtonfarmersmarket.com for a list of yearders.
- **The Crystal City FRESHFARM Market** is open April-November on Tuesdays, 3-7 p.m. with a selection of foods and goods from local producers, in front of 251 S. 18th St. Visit www.crystalcity.org for more.
- Rosslyn Farmers Market and Concert. 11 a.m.-2 p.m., Thursdays, May 29-Sept. 25, across the street from Cupid's Garden Sculpture, 1401 Wilson Blvd.. The market offers fresh foods and goods from regional vendors including bread and pastries, farm-fresh and organic produce, herbs and spices, exotic teas and specialty coffees, gourmet baked goods, and marinades and sauces. Visit www.rosslynva.org/do/rosslyn-farmersmarket1.

several sessions throughout the summer at Arlington Arts Center, 3550 Wilson Blvd. Classes range from portfolio development to drawing, acrylic painting, and contemporary landscapes with oil paint. Members receive 10-15 percent off class tuition. Visit www.arlingtonartscenter.org/aacsummercamps. Original art classes for all ages and all skill levels

WEDNESDAY/APRIL 30

are offered year-round.

Author Visit. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Author and lexicographer Paul Dickson discusses and signs his newest book, "Authorisms: Words Wrought by Writers." Presenting stories behind each word and phrase, Dickson enriches our appreciation of the English language. Visit www.onemorepagebooks.com or call 703-300-9746.

THURSDAY-SATURDAY/MAY 1-3

Theatre Performance. 7 p.m., in the school's auditorium at Washington-Lee High School, 1301 N. Stafford Street, Arlington. Washington-Lee High School Presents, "Shrek: The Musical." Tickets are \$10 at the door, or \$7 in advance. Visit www.signupgenius.com/go/70A0F45ADAE2CA46-macbeth1.

FRIDAY/MAY 2

Art Exhibit Opening Reception. 5-8

p.m. at Gallery Underground, in the Crystal City Shops at 2100 Crystal Drive. "Mayhem," a juried exhibit, opens with a modern dance performance by the ACW Dances Troupe. On display through May 31. Contact

info@galleryunderground.org or 571-483-0652, or visit www.galleryunderground.org.

Wine Tasting. 6:30 p.m. at One More Page Books, 2200 N. Westmoreland St. Blind Date with a Book includes wine tasting. Visit www.onemorepagebooks.com or call 703-300-9746.

Concert. 8 p.m. at the Artisphere, 1101
Wilson Blvd. Sierra Leone's Refugee
All Stars, the inspirational band and
subject of a 2005 documentary,
returns to Artisphere. The past 10
years for the band have been a
journey from the squalor of refugee
camps to the world's biggest stages.
\$25-\$35. Visit http://
sierraleonesrefugeeallstars.com or
www.artisphere.com.

FRIDAY-SUNDAY/MAY 2-4

Ballet. At the Thomas Jefferson
Community Theater, 125 S. Old
Glebe Road. "Paquita & Other Works"
by the BalletNova Center for Dance.
7:30 p.m. Friday and Saturday, 3
p.m. Sunday. Tickets \$5-23.
DanceTalk with American University
professor Irina Wunder 6 p.m.
Saturday, \$5. Behind the Scenes
Education program for children 12
and under 1:30 p.m. Sunday, \$5.
Visit www.balletnova.org.

FRIDAYS/MAY 2-AUGUST 29

Yappy Hour. 6-8 p.m. at the Le Meridien, 1121 N 19th St. Le Meridien hotel, along with the Rosslyn BID, is hosting a Yappy Hour every Friday starting May 2. This event will be held on the terrace outside of Amuse. Amuse will be serving specialty cocktails and appetizers for pet owners as well as a few treats for four legged friends. Free. Visitwww.rosslynva.org/do/ yappy-hour#sthash.tuQQKjco.dpuf.

SATURDAY/MAY 3

- Gardening Info Session. 11 a.m.-2 p.m. at The Ball-Sellers House on 5620 S. Third Street. The Ball-Sellers House will partner with the Arlington Food Assistance Center to host "Ask the Gardeners." Gardeners and experts will offer free gardening advice and tips for herb and flower gardens, and, vegetable gardens. Visit
- www.arlingtonhistoricalsociety.org. **Garden Tours.** 11 a.m.-4 p.m at The Ball-Sellers House on 5620 S. Third Street. Visit
- www.arlingtonhistoricalsociety.org. **Book Discussion and Signing.** 7
 p.m. at One More Page Books, 2200
 N. Westmoreland St. Jeffrey Clement
 discusses and sign his memoir "The
 Lieutenant Don't Know: One Marine's
 Story of Warfare and Combat
 Logistics in Afghanistan." Visit
 www.onemorepagebooks.com or call
 703-300-9746.

SATURDAY/MAY 3

- Fundraiser. 9:30 a.m.-1:30 p.m. at
 Nottingham Elementary School, 5900
 Little Falls Road, Arlington.
 Nottingham will host its annual
 spring time fundraiser, May Fest.
 This year's theme is "Knights,
 Camera, Action!" Activities for
 children of all ages. \$5 for 10 tickets.
 Contact semitchell75@gmail.com.
- Open House. 10 a.m.-4 p.m. at Grant Hall's historic third-floor courtroom located on the Fort McNair portion of the joint base, Washington D.C. Joint Base Myer-Henderson Hall announces a public open house of Grant Hall's historic third-floor courtroom. Requires climbing two flights of stairs. Call 703-696-3283
- flights of stairs. Call 703-696-3283.

 Outdoor Event. Noon-6 p.m. at
 Market Square, 444 W. Broad Street,
 Falls Church. Mad Fox Brewing
 Company has announced that its 2nd
 Annual Spring Bock Festival returns.
 Free. Visit www.madfoxbrewing.com
 or call 703-942-6840.
- Yappy Hour at Market Common Clarendon. 3-5 p.m. at Market Common Clarendon, 2700 Clarendon Boulevard. A free outdoor social event for people and dogs, featuring a photo booth, DJ music, and doggy treats, plus festive drinks and snacks. Call 703-476-9377 or visit www.MarketCommonClarendon.com.
- **Celebration.** 7 p.m. at the Women in Military Service for America Museum, 1 Memorial Ave. Borromeo Housing, Inc. is preparing to celebrate another successful year at our Annual Springtime Soiree. The annual Soiree boasts a wonderful dinner, open bar, live music and a robust auction offering many items and experiences. Visit www.borromeohousing.org.

SUNDAY/MAY 4

Open House. Noon-4p.m. at the Artisphere, 1101 Wilson Blvd. In celebration of spring, Artisphere will host a day of free fun and interactive art for the entire family. Programming will include two performances of Happenstance Theatre's "Pinot & Augustine," two sets by The Grandsons Jr., splotch monster art-making with artist Steve Loya and more. Visit www.rosslynva.org/do/spring-family-day-open-

house#sthash.nMSReLYb.dpuf. Writing and Publishing

Discussion. 2 p.m. at One More Page Books, 2200 N. Westmoreland St. Phinesse Demps, LFP Media and Love Clone Publishing host a Books, Wine, Dessert & Conversation Book

www.ConnectionNewspapers.com

Entertainment

Club at One More Page Books, featuring area writers discussing the process of writing, editing, finding a publisher and more. Authors Anthony L. Leslie Jr., Onyx Linthicum, DeBora M. Ricks, Shawn Durham, and Caprice Smith will explore the theme of relationships. Contact info.lfpmediaproduction@gmail.com or 410-941-9202.

Writing and Publishing

Discussion. 3 p.m. at Arlington Central Library, 1015 N. Quincy St. "Challenges and Changes in Writing and Publishing Fiction" panel discussion, moderated by Rita Kempley, debut sci-fi author. Panel features traditionally published and self-published authors Alma Katsu, Jenny Milchman and Steve Piacente. Visit www.onemorepagebooks.com or call 703-300-9746.

MONDAY/MAY 5

Book Discussion and Signing. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Jenny Milchman author of "Buin Falls"

N. Westmoreland St. Jenny Milchman, author of "Ruin Falls." Visit www.onemorepagebooks.com or call 703-300-9746.

TUESDAY/MAY 6

Fiction Book Club. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. "Annihilation" by Jeff VanderMeer. Visit www.onemorepagebooks.com or call 703-300-9746.

WEDNESDAY/MAY 7

Book Launch Party. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. For Kathryn O'Sullivan's "Murder on the Hoof." Visit www.onemorepagebooks.com or call 703-300-9746.

WEDNESDAY/MAY 7

Film Festival. 7 p.m. at the Arlington Cinema 'n Drafthouse, 2903 Columbia Pike, Arlington. Traveling film festival of award-winning short films by women, about women. \$20. Visit www.postpartumva.org

THURSDAY/MAY 8

Author Reading. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Toby Devens with her debut novel "Happy Any Day Now." Visit www.onemorepagebooks.com or call 703-300-9746

703-300-9746. Celebration of Sound Opening

Reception. 7-9 p.m. in the Upper Town Hall and Terrace Gallery at Artisphere, 1101 Wilson Blvd. Exhibit runs April 24-Aug. 10. Visit www.artisphere.com or call 703-875-1100.

FRIDAY/MAY 9

Daytime Book Club. 11 a.m. at One More Page Books, 2200 N. Westmoreland St. "Me Before You" by Jojo Moyes. Visit www.onemore pagebooks.com or call 703-300-9746.

SATURDAY/MAY 10

Charity Walk. 9:30 a.m. at Bluemont Park, 601 N Manchester St. Gather your neighbors and create a "pack" to walk in the Animal Welfare League of Arlington's 19th Annual Walk for the Animals. Visit www.awla.org.

Celebration. 11 a.m.-2p.m., at Everest College in Tysons Corner, 8620 Westwood Center Drive, Vienna. A Taste of Asia, celebrates Asian-Pacific American Heritage Month. Free. Call 571-633-9754, 703-304-8631.

Artists Talk. 1-4 p.m. at Arlington Arts Center, 3500 Wilson Blvd. Gallery talk with the seven artists of the 2014 Spring SOLOS. Visit www.arlingtonartscenter.org or call 703-248-6800.

American Classics Concert. 7:30

p.m. at Artisphere's Rosslyn Spectrum Theatre, 1101 Wilson Blvd. The National Chamber Ensemble plays classical, jazz and more, featuring pianist Burnett Thompson. Reception follows. \$30 adults, \$15 students. Visit www.artisphere.com or call 888-841-2787.

Guitar Performance. 7:30-9:30 p.m. in the Dome Theatre at Artisphere, 1101 Wilson Blvd. Guitarist and composer Kaki King presents a visual and live music performance where the guitar is used as a projection screen. \$18 in advance, \$22 day of. Part of Celebration of Sound exhibit, through Aug. 10. Call 703-875-1100 or visit www.artisphere.com.

MONDAY/MAY 12

Film Screening and Discussion. 3-

4:30 p.m. at Arlington Central Library, 1015 Quincy St. Film "Gay Pioneers," a tribute to civil rights activist Lilli Vincenz, followed by a panel discussion with local activists. Open to the public. Sponsored by Encore Learning and the Arlington Public Library; call 703-228-2144.

WEDNESDAY/MAY 14

YA Book Club. 5 p.m. at One More Page Books, 2200 N. Westmoreland St. "The Fault in Our Stars" by John Green. Visit www.onemorepage books.com or call 703-300-9746.

THURSDAY/MAY 15

Author Reading. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Hilary Davidson with her first stand-alone novel, "Blood Always Tells." Visit www.onemorepage books.com or call 703-300-9746.

FRIDAYS/MAY 16-SEPT. 26

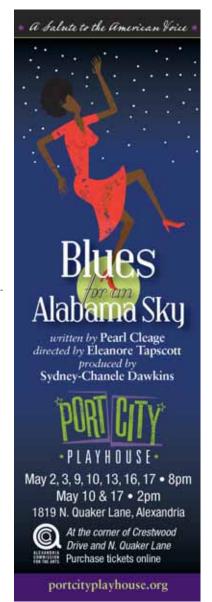
Fashion Trucks. Fridays 11 a.m.-2 p.m., May 16 through Sept. 26, fashion trucks are stopping in Rosslyn to sell an array of clothing and accessories, including The Thread Truck, Pichardo Boutique, The Street Boutique, The G Truck and Curvy Chix Chariot. Visit www.rosslynva.org/do/fashion-truck-fridays.

SATURDAY/MAY 17

Arlington Festival of the Arts. 10 a.m.-5 p.m. at 1101 N. Highland St. Enjoy browsing art while listening to live music. Free. Visit www.artfestival.com for more.

Spring Concert. 2 p.m. at
Washington-Lee High School
Auditorium, 1301 N. Stafford St.
Encore Chorale, the nation's largest
and fastest growing choral program
for older adults, announces the
Northern Virginia Encore Chorale
Spring Concert. Free. Visit http://
encorecreativity.org or call 301-261-

Author Event. 4 p.m. at One More Page Books, 2200 N. Westmoreland St. Marie Bostwick promotes "Apart at the Seams," from the Cobbled Court Quilt series. Games and prizes, a drawing and goodie bags with materials provided by Cherrywood Fabrics and Arifil Threads. Visit www.onemorepagebooks.com or call





DAVID ARQUETTE
ADAM DRIVER
GARY SINISE





Tickets available today! Reel Stories. Real Heroes.

GIFILMFESTIVAL.COM



Aopt/Donate/Voluntee



SPORTS

Wakefield's Hopson, Bentley Participate in Capital Classic

O'Connell's Trimble scores 14 points in main event.

By Jon Roetman
The Connection

e'Quan Hopson figured his prepbasketball career had ended when Wakefield lost to Henrico on March 8 in the 5A state semifinals. As it turned out, Hopson would receive one more chance to step on the hardwood as a high school hoopster and, this time, he came out a winner.

Hopson scored 11 points, grabbed eight rebounds, and helped the West all-stars beat the East all-stars 126-115 during the 41st Annual Capital Classic on April 26 at T.C. Williams High School.

Hopson was selected to play for a West team composed of athletes from northern Virginia schools. Facing a talented East squad from schools primarily located in Washington, D.C., the West team jumped out to an early 10-2 lead, including a three-point play by Hopson, and never trailed.

"It was amazing because after we lost to Henrico, I thought it was over," Hopson said. "Just to get that letter from the Capital Classic, it was great to play one more time in high school. ... I was a little stunned because at first, when they named the opposing team there were nine [Division I] players, so it was a little overwhelming. But once you got into it and the ball went up, we're all the same."

The West all-stars played an unselfish brand of basketball, with eight of nine players finishing in double figures. They scored 46 points in the first quarter and led 78-53 at halftime.

"We told them before the game, just everybody share the ball with each other because everybody here can play," said W.T. Woodson head coach Doug Craig, who coached the West all-stars. "If we share the ball, everybody will score, everybody will look good and we'll get a 'W."



Wakefield boys' basketball coach Tony Bentley coached the South team during the North-South allstar game at the Capital Classic on April 26 at T.C. Williams High School.

The East team rallied in the second half to make the game competitive, but the West led by at least eight for the remainder of the contest. Herndon's Brandon Alston led the West all-stars with 25 points and earned game MVP honors. Bishop Ireton's Patrick Moseh had 18 points and 12 rebounds, Lake Braddock's Will Gregorits had 13 points and 12 rebounds. Edison's Marcus Brumsey, Jr. had 10 points and five assists.

"It was good to be surrounded by players just as good as me," Hopson said, "... and I'm glad that I jelled well with them."

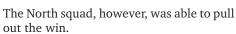
Hopson is hoping to attend Queens College in Flushing, N.Y.

The East-West game was the second of three all-star contests held during the Capital Classic. Earlier in the day, Hopson's high school coach, Wakefield's Tony Bentley, coached the South all-stars during a 109-106 loss to the North all-stars.

"It was really good," Bentley said. "It's been a long time since I've coached in an all-star game — last time, I think, was '05. Just to meet those guys last week and then to build a little bond with those guys was awesome."

The South team trailed by more than 20 points in the second half, but battled back and pulled within one late in the fourth.

Wakefield senior
Re'Quan Hopson,
left, scored 11
points and
grabbed eight
rebounds, helping the West allstars beat the
East 126-115
during the 41st
Annual Capital
Classic on April
26 at T.C. Williams High
School.



"I kept telling them: 'You guys see all-star games, come on, let's be different. Do something different," Bentley said. "They dug in down to the end and I was very happy to see they didn't want to go out like that. When the final horn went off you heard, 'Ah, [dang,]' because they wanted to win. Most kids want to just go through the motions in an all-star game [but] they went hard"

Clinton Christian's Byron Hawkins scored 29 points for the South all-stars and earned MVP honors in a losing effort. St. Stephen's & St. Agnes teammates Cam Gregory and Gavin Peppers played well for the South all-stars. Gregory finished with 18 points and 15 rebounds, while Peppers had 15 points, six assists and five rebounds.

In the main event, the U.S. all-stars defeated the Capital all-stars 139-134. Bishop O'Connell senior and future Maryland Terrapin Melo Trimble suited up for the Capital all-stars, finishing with 14 points, five assists and four steals. U.S. all-star Angel Delgado, who attends The Patrick School in Elizabeth, N.J., and will play for Seton Hall, finished with 23 points and 15 rebounds, and earned MVP honors.



Bishop
O'Connell
senior Melo
Trimble scored
14 points for
the Capital allstars during the
main event of
the Capital
Classic on April
26 at T.C. Williams High
School.

Photos by Craig Sterbutzel The Connection



- Sports Briefs -

Yorktown Boys' Soccer Beats MVHS

The Yorktown boys' soccer team defeated defending state champion Mount Vernon 1-0 on April 28, improving its record to 8-1-1.

Joe McCreary scored the Patriots' goal. Yorktown will host Falls Church at 7 p.m. on Thursday, May 1.

Yorktown Boys' Lax Improves to 8-3

The Yorktown boys' lacrosse team defeated Stuart 15-3 on April 25, improving its record to 8-3.

Eleven different Patriots scored at least one goal. Kyle Harwood led the vay with three.

Yorktown faced Washington-Lee on Tuesday, after The Connection's deadline. The Patriots will travel to face Wakefield at 6 p.m. on Friday, May 2.

Business



Former Las Vegas Mayor Oscar Goodman, **Mayor Carolyn** Goodman, Arlington **County Board** Chairman Jay Fisette and **Arlington**based Consumer Electronics Association executives Glenda MacMullin and Gary Shapiro.

Connecting Arlington and Las Vegas

rlington-based Consumer Electronics Association executives spend a week in Las Vegas every January producing the International CES, the world's gathering place for all who thrive on the business of consumer technologies. Recently, Las Vegas came to Arlington, with

CEA executives hosting a business lunch with Arlington County Board Chair Jay Fisette and Las Vegas Mayor Carolyn Goodman, along with her husband, former mayor and current chairman of the Las Vegas Convention and Visitors Authority host committee Oscar Goodman.

Bulletin Board

From Page 9

SUNDAY/MAY 4

Sunrise Photo Shoot. 5-7 a.m. at Arlington National Cemetery. As part of the celebration of Flickr's 10th birthday, Arlington National Cemetery hosts a sunrise photo shoot. Meet on Memorial Avenue by 5 a.m. for escort. Free and open to the public, but registration is required. Visit www.arlingtoncemetery.mil/Events/ Calendar.aspx or contact Arlingtoncemetery.pao@mail.mil by noon May 2.

MONDAY/MAY 5

History Lecture. 3-4:30 p.m. at the Arlington Central Library, 1015 Quincy St. "Spies Next Door: Three stories of espionage and counterintelligence in Arlington" presented by Dr. David Robarge, Chief Historian of the CIA. Public welcome. Sponsored by Encore Learning and the Arlington Public Library. Call 703-228-2144.

THURSDAY/MAY 8

Annual Meeting. 7 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. The Arlington Historical Society will hold its annual members meeting and elections at its next public program on Thursday, May 8. Following the Arlington Historical Society's annual meeting, Kim O'Connell will offer a presentation about the Vietnamese community in Arlington. A question-and-answer session will follow. Free, open to the public. For additional Central Library information, call 703-228-5990.

Community Input. 6:30-8:30 p.m. at S Stafford St. Arlington County has received a request to have a farmers' market established at Fairlington Community Center and is seeking

www.ConnectionNewspapers.com

TUESDAY/MAY 13 Fairlington Community Center, 3308

in the gardens of Virginia Cooperative Extension Master

community input to be sure a market is the right fit for the location. Share comments, concerns, and learn more about the request and the process for establishing markets on Park property. Call 703-228-7872.

WEDNESDAY/MAY 14

55+ Fitness Day. 9 a.m.-3 p.m. at Walter Reed Community Center, 2909 S. 16th St. (off S. Walter Reed Dr.). The day-long activities will kick off with a boomer boot camp and end with a meditation class. Activities will include interactive demonstrations of Tai Chi, Yoga, cardio boxing, pickleball, dance fusion, modern dance, Kukuwa and more. For registartion or information, call Jennifer Collins at 703-228-4745 or email jcollins@arlingtonva.us.

Development Talk. 4:15-7:30 p.m. at Walter Reed Community Center, 2909 16th Street South. 4:30-6 p.m. learn about the benefits and tradeoffs of "activity centers" and "compact development." 6 p.m. refreshments; 6:30-7:30 p.m. Learn about the progress and plans for building/preserving affordable housing in 2014. Event is free and open to the public. RSVP requested: www.allianceforhousingsolutions.org/

register-2014-soah-jacktalk/. **Urban Agriculture: Vegetable** Gardening 101. 6:30-9:30 p.m., Arlington Mill Community Center,

909 S. Dinwiddie St. Join Master Gardener and Horticultural Agent Kirsten Buhls to learn the basics of seed starting, soil preparation, and when and where to plant. To register, call 703-228-6414 or email mgarlalex@gmail.com.

SATURDAY/MAY 17

Plant Sale. 9 a.m.-3 p.m. at Space #13, Green Spring Gardens, 4603 Green Spring Road, Alexandria. Perennials, natives and more. Grown Gardeners and in VCE Demonstration Gardens in Arlington and Alexandria.

SUNDAY/MAY 18

Death Café Discussion. 3-5 p.m. at the Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Small group discussion and tea party with the Memorial Society of Northern Virginia. Free. Call 703

WEDNESDAY/MAY 21

Leadership Arlington Awards Ceremony. 6-10 p.m. at The Westin Arlington Gateway, 801 N. Glebe Road. Leadership Legacy Awards will be presented to Randy Anderson, Rich Doud and A-SPAN. Event also celebrations graduation of the Leadership Arlington class of 2014. \$125 admission includes dinner. Visit www.leadershiparlington.org.

THURSDAY/MAY 22

Composting for Home Gardeners.

7-8:30 p.m., at the Fairlington Community Center, 3308 S. Stafford St. Basic instructions and information on how to start composting at home, what to put in a compost pile, how to maintain it so the materials break down properly and how to make good use of finished compost. To register, call 703-228-6414 or email mgarlalex@gmail.com.

WEDNESDAY/MAY 28

Health Lecture: Before Hospitalization. 11 a.m.-noon at 601 S. Carlin Springs Road. Kelly Arthur of Virginia Health Services discusses levels of healthcare to help inform decisions. Call 703-558-6859

or visit virginiahospitalcenter.com.

FRIDAY/JUNE 27

Health Lecture: Robust Aging. 11

a.m.-noon at 601 S. Carlin Springs Road. Dr. Dan Kulund discusses robust walking and exercise for older adults, Call 703-558-6859 or visit www.virginiahospitalcenter.com.



Photo Gallery

"Me and My Mom"

 ${f T}$ o honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Connection will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to:

arlington@connectionnewspapers.com

Or to mail photo prints, send to: The Arlington Connection, "Me and My Mom Photo Gallery," 1606 King St., Alexandria, VA 22314

Photo prints will be returned to you if you include a stamped, self-addressed envelope, but please don't send us anything irreplaceable.

Father and Son "Twogether"

By KENNETH B. LOURIE

As a born, bread and buttered Bostonian (Newton Centre, a suburb, to be specific), one of my enduring and genetic passions has been to live and die (figuratively speaking; this is not a cancer column) for The Boston Red Sox. My father sold concessions at Fenway Park (the stadium home of the Bosox since 1912), during the Depression when he was a little boy (not yet an adolescent even). He was nicknamed 'Beezo," (his given name was Benet, although he was always called Barry) so he could gain full acceptance to a local knothole gang. Named after the wooden planks which surrounded the old Braves Field in Boston (a National League team called Boston its home as well back in the day), the kids ("gangs") would stand and peer through the knotholes in the wooden planks which otherwise blocked their view. It was a privilege and an honor for my father to be so connected to the game this way. He grew up loving baseball, and as a parent, he passed his love of the game on to me and my brother.

Growing up in the suburbs, there were no planks surrounding our fields and no knotholes. The grass might have been a little thin though. It was on these fields where I played "sandlot" baseball. Close to home but miles away from Fenway Park. Here we mapped out our own base paths and used hats, gloves, coats, etc. to identify the bases, the pitcher's mound and of course, home plate. To fill out the respective teams, we often split however many kids we had into however many positions we needed filled, often with some kids playing multiple positions on both teams. Anything to get a game in. I spent many afternoons and evenings before the age of 10 practicing in this manner.

I thought I had become pretty good, too – for a kid, so when Little League tryouts were announced – for ages 9–12, I was very excited. My goal was to play baseball. My older brother had done so; now it was my turn. Unfortunately, my tryout was not very successful. I was not picked for "The Majors." I was picked by a 'Minor" League team and that's where Í began my career. I pitched a few games, even caught a few games, not really distinguishing myself in either endeavor. Still, about halfway through the season, I was called up to "The Majors," by the Boston Red Sox, (Little League version). I was thrilled by the selection and even more excited that I'd be playing for the Red Sox - of all teams, wearing a similar uniform and colors of my heroes at the Big League level. I chose uniform number 16; to this day, I always look to see who's wearing that number on the current Sox (Will Middlebrooks, currently) and then envision myself being in that uniform. Wearing that uniform, and hat, solidified my dream. I wanted to play for the Boston Red Sox in Fenway Park when I grew up, and for the next 10 years or so, through Little League, Junior High School, Babe Ruth League, High School; in spring, summer and fall, I pursued that dream. I tried out for my college team, but ultimately, that's where the dream ended.

Still, it was during these extremely formative years when my father and I built the foundation of our relationship: baseball. We practiced together, played catch together, attended all my games together, went to Fenway Park together, listened to games on radio together, watched games on our black & white television together, and filled up my scrapbook together; in essence, we enjoyed our life together through baseball.

And even though the prospects of fulfilling my dream were never particularly realistic, its common pursuit by me and my father made for memories that have lasted over 50 years. My father may be gone, but he'll never be forgotten. Every time I watch a baseball game, I remember how it all began - for me, throwing a ball to my father. That was no field of dreams; that field was, and is, my reality.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

Zone 6: • Arlington • Great Falls • McLean • Vienna/Oakton



703-917-6400

ZONE 6 AD DEADLINE: Monday Noon

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0700 703-241-0790. Email:theschefers@cox.net

28 Yard Sales

HUGE CHURCH YARD SALE

Sat 5/3, 7a-1p, indoor, CASH ONLY UU Cong. of Fairfax, 2709 Hunter Mill Rd. (1 mi. N. Rt. 123)

Employers:

Are your recruiting ads not working in other papers?

Try a better way to fill your employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

703-917-6464

classified@connection newspapers.com

Great Papers • Great Readers **Great Results!**

101 Computers

101 Computers

21 Announcements 21 Announcements 21 Announcements

JENNIFER SMITH * Serving the Area Since 1995

- Speed up Slow Computers > Troubleshooting
- ➤ Virus Removal

Computer Setup

(571) 265-2038 jennifer@HDIComputerSolutions.com

21 Announcements 21 Announcements

LEGAL NOTICE

John P Steg MD will be retiring and closing his practice of Child, Adolescent and Adult Psychiatry on June 26, 2014. Until that date he can be reached at his office at 6760 Old McLean Village Drive, McLean VA 22101 -- Phone 703-442-8116. After that date he can be contacted at his billing address: 1837 Baldwin Dr, Mclean VA 22101 -- Phone 703-893-4836.

116 Childcare Avail. 116 Childcare Avail.

Family Day Care for ages 3-6

Nature and Reggio Emilia inspired Mclean/Arlington/Falls Church www.nurturingroots.org

2 Apartments

2 Apartments

Claridge House 1500 S. Fern Street Arlington VA 22202

Tel: 703-521-9100 TTY: 703-521-0656 Waiting List will open Thursday May 1, 2014

Claridge House offers one bedroom, subsidized section 8 housing for seniors 62 and older with a limited number of units for persons with disabilities

For eligibility requirements and to receive an application, please call our office at the number listed above.



21 Announcements 21 Announcements

LEGAL NOTICE

a Medical Group welc Vienna Podiatry, Ltd. To make an appointment or
To request medical records please contact:

(703) 281-4500

527 Maple Avenue East, Suite 204 Vienna, Virginia 22180

To move your records to a provider

21 Announcements 21 Announcements

LEGAL NOTICE

Hematology Oncology Associates, Ltd. To make an appointment or To request medical records please contact:

Alexandria Office (703) 379-9111 5226 Dawes Ave., Suite D Alexandria, Virginia 22311

(703) 620-1144 3650 Joseph Siewick Dr., Suite 106 Fairfax, Virginia 22033

Mount Vernon Office: (703) 360-8597 8101 Hinson Farm Rd., Suite 315 Alexandria, Virginia 22306

To move your records to a provider Outside our network, customary fees apply If you have lost vision from a

STROKE

Find out if new Side Vision Awareness Glasses can help you see better.

Call for a FREE phone consultation with Dr. Armstrong, Optometrist

Offices in: Roanoke, Charlottesville, Harrisonburg, Wytheville

(866) 321-2030

Dr. David L. Armstrong VirginiaLowVision.com

21 Announcements

21 Announcements

21 Announcements

Studies show that using Testosterone products may significantly increase your risk of a heart attack, stroke, blood clots and death. If you or a loved one has suffered any of these injuries, call 1-800-THE-EAGLE now about making a claim for substantial monetary compensation. No fees or costs until your case is settled or won. We practice law only in Arizona, but associate with lawyers throughout the U.S.

GOLDBERG & OSBORNE

915 W. Camelhack Rd. 1-800-THE-EAGLE
Phoenix, A2 85013 (1-800-843-3245)

WWW. 1800theeagle.com

21 Announcements 21 Announcements 21 Announcements

Outer Banks, NC Vacation Homes!



Over 500 Vacation Homes, from Duck to Corolla, Oceanfront to Soundfront, Private Pools, Hot Tubs, Pets and More...

Book Online at www.brindleybeach.com 1-877-642-3224

"SERVICE FIRST ... FUN ALWAYS!"

21 Announcements 21 Announcements 21 Announcements

Donate A Boat or Car Today!



"2-Night Free Vacation!" 1-800-CAR-ANGEI www.boatangel.com



21 Announcements 21 Announcements

21 Announcements

1-800-893-12

www.metalroofover.com

VaCarolina Buildings

Licensed & Insured

Zone 6: • Arlington • Great Falls HOME & (

McLean
 Vienna/Oakton

CONNECTIONNEWSPAPERS.COM

703-917-6400

ZONE 6 AD DEADLINE: Monday Noon

CONCRETE

CONCRETE

CONCRETE 540-226-7780

FREE ESTIMATES

DRIVEWAYS · PATIOS · POOL DECKS · SIDEWALKS · STAIRS FOUNDATIONS · WALLS · COLUMNS · WHEEL CHAIR RAMPS







ELECTRICAL

ELECTRICAL

COMMERCIAL / RESIDENTIAL SERVICE

Recessed Lighting Ceiling Fans Phone/CATV

Licensed/Bonded/Insured

Computer Network Cabeling Service Upgrades Hot Tubs, etc.

703-335-0654 Office

GUTTER

GUTTER

GUTTER CLEANING Gutters and Downspouts Cleaned Small Repairs • Gutter Guards PINNACLE SERVICES

lic/ins 703-802-0483 free est. email jamie@lawnsandgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!

IMPROVEMENTS IMPROVEMENTS



R&N Carpentry

+BASEMENTS →BATHS →KITCHENS Foreclosure specialist/Power washing **◆Exterior Wood Rot More!**

Deck & Fence repair, Screen Porches No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827 Fax: 703-830-3849 E-mail: rncontractorsinc@gmail.com www.rncontractors.com

The HANDYMAN A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, **POWER WASHING & MUCH MORE**

You have tried the rest - NOW CALL THE BEST!! We Accept VISA/MC Licensed

703-441-8811

Picture Perfect Home Improvements

Remodeling Bathrooms, Kitchens & Basements

- Exterior & Interior Repair, • FREE Estimates
- FAST → Refiable Service Painting, Carpentry, Wood Rot,
- NO \$\$\$ DOWN! Drywall, All Flooring, Decks

<u>Available</u>

"If it can be done, we can do it" Licensed — Bonded — Insured

HAULING

AL'S HAULING Junk & Rubbish

Low Rates NOVA 703-360-4364 703-304-4798 cell

7 DAYS A WEEK

ANGEL'S HAULING Junk Trash Removal, Yard/Construction

ment Clean Out, 🔓 Debris, Garage/Base-Furniture & Appl.

703-863-1086 703-582-3709 240-603-6182

Give me where to stand, and I will move the earth. -Archimedes

LANDSCAPING

A&S LANDSCAPING

Planting • Mulching • Sodding Patios • Decks • Driveway Sealing Asphalt • Retaining Walls 703-863-7465

JUNK HAULING

Junk, Rubbish, Homes, Offices, Commerical, Yard/Construction Debris, Lot Clear out, 24 hrs day, General Hom Work.

703-520-4338 N-VA

TREE SERVICE

ANGEL'S TREE REMOVAL Brush & Yard Debris Trimming & Topping Gutters & Hauling

IMPROVEMENTS

A&S Landscaping

- All Concrete work
- Retaining Walls
 Patios Decks • Porches (incl.
- screened) Erosion & **Grading Solutions**
- French Drains Sump Pumps
- Driveway Asphalt Sealing

703-863-7465

LICENSED Serving All of N. Virginia

LANDSCAPING LANDSCAPING

ANTONIO LAWN & LANDSCAPING

Spring Cleanup • Lawn Mowing • Edging **Mulching • Planting • Patios** Expert Trimming & Removal • New Beds Made **Outline/Extend Existing Beds**

Repairs • New Installations • & Much More

CALL NOW FOR FREE ESTIMATE 571-201-5561

PINNACLE SERVICES, INC. LAWN SERVICE

MOWING, TRIMMING, EDGING, MULCHING & TRIM HEDGES

Friendly Service for a Friendly Price 703-802-0483

TREE SERVICE TREE SERVICE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured Spring Cleanup...

Tree removal, topping & pruning, shrubbery trimming, mulching, leaf



703-868-5358

24 Hour Emergency Tree Service

Hair Stylist Wanted

Hier & Haines Salon in McLean is looking for a stylist w/ 5yrs exp. Email arlington1911@gmail.com if interested.

Barber

Experienced Master Barber, Full Time Vienna, VA 703-319-0760 ask for Anna

Implant Restorative Dentist

Diagnosis & treatment planning of implant patients. Coordinate treatment plan w/ referring dentists & dental labs. Perform intra oral scanning. Treat es thetic zone cases, implant bridge cases overdenture cases, immediate load cases, and All on 4 cases. Req: DDS or foreign equiv., 5 yrs of exp, exp w/ immediate load cases, license to practice dentistry in VA, AEGD residency cert. knowledge of 3D treatment planning, knowledge of TeethXpress or All on 4 protocols, and ability to work w/ intra oral scanners. Must work some Sat each mth. To apply, email cover letter, rereferences mcleandoc@gmail.com. Integrative Oral & Facial Surgery, LLC 6845 Elm St., Ste 305, McLean, VA 22101.

Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail

internship@connec tionnewspapers.com

DEADLINES



HOW TO SUBMIT ADS TO ÖNNECTION

Newspapers & Online **CLASSIFIED**

Zones 2, 3, 4...Tues @ noon E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES	
Zones 5, 6	Tues @ 11:0
Zones 1, 3	Tues @ 4:0
Zone 2	Wed @ 11:0
Zone 4	Wed @ 1:0
E-mail ad with	zone choices to:

classified@connectionnewspapers.com or call Andrea @ 703-778-9411

ZONES

ZOINES

Zone 1: The Reston Connection
The Oak Hill/Herndon Connection
Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/
Lorton Connection

Zone 3: The Alexandria Graette Packet

Zone 3: The Alexandria Gazette Packet

The Mount Vernon Gazette

Zone 4: Centre View North
Centre View South

Zone 5: The Potomac Almanac
Zone 6: The Arlington Connection The Vienna/Oakton Connection

The McLean Connection
The Great Falls Connection

LETTERS

From Page 6

Opponents claim that the Virginia Medicaid program is fraught with abuse. Yet, according to a 2011 JLARC Report "Mitigating the Risk of Improper Payments in the Virginia Medicaid Program," recipient and provider fraud totals 0.3 percent, (or roughly \$6 million) not the \$38 billion that some have tossed about. In fact, Virginia has one of the best managed Medicaid programs in the country.

Another argument is "the Federal government will not live up to its financial commitment." There is no basis for this conclusion. The Medicaid program has been in existence since 1965, nearly 50 years, and during this entire time the Federal government has never reduced its financial commitment to the States.

Virginia has never been shy about accepting Federal money. In fact, the biennium budget currently being considered includes \$20 billion in federal dollars for all sorts of programs out of a \$96 billion budget.

The Senate's bi-partisan "Marketplace Virginia" addresses every reasonable concern. In Marketplace Virginia, participants would share costs up to 5 percent of their household income, additional safeguards are in place to prevent fraud and abuse, budgetary savings would be set aside to pay the State's share of Medicaid in the future; and the program automatically ends if the Federal government fails to meet its funding obligations.

Over 400,000 working Virginians are uninsured. The cost of providing care in the emergency rooms is causing everyone's insurance premiums to skyrocket and local hospitals are close to financial disaster. The Federal government is willing to pay nearly the full cost of insuring many of these lowincome individuals for years to come. Lawmakers have the power to save jobs, boost the economy and help manage the cost of care for everyone. Now is the time to act!

Barbara Favola

State Senator (D31) The 31st Virginia Senatorial District includes parts of Arlington, Fairfax and Loudoun counties.

VOLUNTEERS NEEDED

Comfort Zone, an organization that helps give grieving children a voice, a place, and a community in which to heal, grow, and lead more fulfilling lives, seeks volunteers. There is a volunteer training Saturday, May 3, 9 a.m.-3 p.m. at the VT/UVA Northern Virginia Center, 7054 Haycock Road, Falls Church. To register, visit www.comfortzonecamp.org/volunteers/ application.

Disability Advisory Commission Members.

The Arlington County Disability Advisory Commission is seeking applicants for membership. The commission advises the county government on ways to meet the needs of persons with physical and sensory disabilities. Those who live or work in Arlington and have knowledge and experience in disability issues are welcome to apply. The commission meets at 7 p.m. on the third Tuesday of each month. To apply visit http://commissions.arlingtonva.us/ disability-advisory-commission-dac or contact Anna Maynard at amaynard@arlingtonya.us.

Shepherd's Center of McLean-Arlington-Falls Church is looking for more volunteer drivers to help senior citizens get to and from medical and therapy appointments. To volunteer, call 703-506-2199.

Jack Taylor's ALEXA

3750 Jefferson Davis Hwy. Alexandria, VA 22305

703-684-0710

www.alexandriatoyota.com

Service Department Hours: Monday - Friday, 7:00am to 7:00pm Saturday, 8:00am to 5:00pm

Make your next service appointment at: alexandriatoyota.com









Mufflers • Exhaust Pipes • Shocks • Struts Toyota mufflers, exhaust pipes, shocks, struts and strut cartridges are guaranteed to the original purchaser for the life of the vehicle when installed by an authorized Toyota dealer. See us for full details.



495-95

NATIONAL

POTOMAC YARD

You Have Saturdays Off

That's Exactly Why We Don't!



GLEBE RD.

ALEXANDRIA Toyota

BUY 3 TIRES AND GET 4TH FOR





GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION. TIRE WARRANTY, AND FREE COURTESY MULTI-POINT INSPECTION.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES. ONLY, OFFER EXPIRES 5/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES ADDITIONAL.

Includes: Change oil, install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

check A/C performance, inspect drive belts for tension/wear and replace cabin air filter.

OIL & FILTER SERVICE SPECIAL SPRING VENTILATION SPECIAL

Includes: Clean evaporator with power foam,

4 WHEEL ALIGNMENT

wear, steering problems and decreased fuel economy.

struts & shocks, tire condition and set tire pressure

30,000 MILES FACTORY

RECOMMENDED

SERVICE

Synthetic \$10 More

Includes: Change engine oil & filter (up to 5 qts), rotate bres, respect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and

multi-point vehicle inspection

DETAIL SPECIALS

\$3995

Wash & Vacuum \$13995

SPRING DETAIL SPECIAL

Prepare your car's paint for the harsh winter road conditions. A full exterior buffing, paint sealant and

wax, along with a vacuuming of the interior. Vans & SUVs add \$20.00.

> Hand wash, wax & interior cleaning

> > **\$295**95

Full premium detail

TRUE START BATTERY SPECIAL



INCLUDES BATTERY INSTALLATION

Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month proration, PLUS we'll check all battery cables & connections.

WE WILL

MEET OR BEAT

ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS

10% OFF

FACTORY RECOMMENDED SERVICE

ROTATE & BALANCE SPECIAL

Includes: Rotate and balance all

4 wheels and inspect brakes and tires.

TOYOTA GENUINE SERVICE

BRAKE SPECIAL

PADS

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and

inspect

all hardware. Pads only. MACHINE ROTORS AN ADDITIONAL \$199.95.

Includes: Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

JUST MINUTES FROM REAGAN NATIONAL AIRPORT!

Let's Go



TOYOTA / SCION

ALEXANDRIA TOYOTA/SCION

3750 JEFFERSON DAVIS HWY. I ALEXANDRIA, VA 22305 1-866-616-8420 I ALEXANDRIATOYOTA.COM







KENWOOD

Dedicated to Educational Excellence for over 50 Years

BEFORE & AFTER SCHOOL CARE

KINDERGARTEN THRU 6TH GRADE

LEARNING

- Small class sizes allows one-on-one instruction with the teacher
- Follows and exceeds Fairfax County curriculum
- Standardized testing twice a year to evaluate school ability and achievement; no SOL's
- Integration of reading, writing, oral language, phonics, science, social studies, spelling and math
- Extracurricular classes in Computers, Music, Gym and Spanish
- Manners and strong social skills are developed in everyday interactions

PLAY

- On-site gym for indoor exercise
- Daily indoor/outdoor free play
- Spacious Playground

EXTRAS

- Daily interactions with your child's teacher
- Invention Convention, Science Fairs, Fall Festival
- · Children are able to excel at their own pace
- · Hot catered lunches and snacks provided
- Variety of Educational Field Trips throughout the year
- Summer / Holiday Camps
- Centrally located minutes from downtown and major highways

Kindergarten cutoff November 30

703-256-4711

4955 Sunset Lane Annandale, VA admissions@kenwoodschool.com www.kenwoodschool.com

Kenwood Summer Day Camp

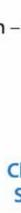
State Licensed Facility

Day Camp

All Employees have Criminal Background Checks

Week by Week Sign up Choose your weeks- no minimum Check our website for special offers and calendars

Completed Kindergarten – 8th grade





Children who attend KSDC (Kenwood Summer Day Camp) for 9 weeks will receive our last week of the summer free

4955 Sunset Lane • Annandale, VA • 703-256-4711 www.camp.kenwoodschool.com

Summer Camps Education & Activities

Choosing a Summer Camp

Now is the time to register for summer camp; nearly infinite choices.

BY MARILYN CAMPBELL The Connection

any families with school age children will plan to have their children spend some of the much-anticipated summer season in camp. If you haven't yet selected camps for your children, now is the

"Popular classes and programs always fill early," said Kevin Rechen, camp director of Summer at Norwood in Potomac, Md.. "Families that are choosing a camp based on a specific program or class should register as soon as they can."

Whether you choose a traditional day camp, a specialty camp or a sleep away camp, the Washington, D.C. region has a multitude of offerings. The array of options can be overwhelming for some parents, but summer camps can be an important part of a child's development. Local child development experts say there are a few things to keep in mind when choosing for a camp.

"Summer camp is an opportunity for children to develop social skills with their peers," said Linda Gulyn, Ph.D., professor of psychology at Marymount University in Arlington, Va. "Camps give the benefits of social interaction in a more relaxed setting."

When selecting a camp, there are factors that parents should keep in mind. "When parents are looking for a camp they should try to find a camp where they're comfortable with the facility, the programming and counselors and staff," said Rechen.



Campers at Hidden Oaks Nature Center find something interesting while exploring the creek.

An array of specialty camps offer children ing skills. a chance to focus on one activity.

"Developmentally, as children get older they get more specialized in their skills and interests," said Gulyn. "Summer camp is an opportunity to hone in on those skills. Go with the child's interest and skills and further develop those because they are an import part of a child's identity."

Specialty camps can help children develop creative thinking and problem-solv-

For example, St. Stephen's & St. Agnes School in Alexandria offers camps that include Quadcopters and Video Editing, MiKiDo Mixed Martial Arts, CSI Detective. Hunger Games, Civil War, Fantasy Battle Gaming, Filmworx Movie Making, Eco-Adventures, Junior Musical Theater, Zooolgy, [and] Junior Veterinarian, said Linda Stratton of SSSAS.

OTHER SPECIALTY CAMPS include cooking camps, yoga camps and sports camps that run the gamut from tennis to

"A specialty camp gives children a sense of one particular area for a short period of time and allows them to decide if it is something that they want to pursue long-term," said Bethesda, Md., resident Deborah Helfeld who has taught art and yoga summer camps.

At George Mason University, high school juniors and seniors will have an opportunity to attend a camp that will give them a head start on college. "It's not your parents' summer camp," said Sudha Kamath. "Mason is giving high school juniors and seniors the chance to take some rare classes for college credit, covering everything from insects that crawl underground to objects that spin through outer space."

Cathy Evans, director of special projects at George Mason University said, "Subjects include astronomy, biology, chemistry, computer science, economics, environmental science, ethics, global affairs, health behavior, history, mathematics, nutrition and public speaking. The sky's the limit as students explore topics like 'Stars, Galaxies and the Universe' and 'The Ecosphere."

SEE CHOOSING, PAGE 4

Summer Learning Activities

Local educators offer tips to keep children learning during the summer.

BY MARILYN CAMPBELL THE CONNECTION

hen summer vacation begins and school ends in a few weeks, learning doesn't have to take a hiatus. Students can keep their academic skills sharp without entering a classroom or even sitting down with a pencil and paper.

Local educators say opportunities for reading, math, science and history skills are plentiful and none require that children set foot in a school. From a walk in the park to a trip to the grocery story, teachable moments are virtually everywhere.

There are a thousand ways to do it, but reading is critical," said Marjorie Myers, Ed.D., principal, Francis Scott Key Elementary School in Arlington. "I think the most important thing to do is read in a fun way. Read as a family. Parents can read challenging books to their children. Go to your local library and take advantage of fun activities there.

When it comes to science, Len Annetta, Ph.D., professor of Science at George Mason University says he and his wife Jennifer spend a lot of time at the Smithsonian museums with their two children, Samantha, 13, and Joey, 11.

"We particularly like the Air and Space Museum," he said. "It keeps them engaged in science. We walk around together and we ask them questions after we leave a museum. When they get home they get to go online and do more research on things that interest them."

A shopping trip can also be an opportunity for a math lesson, said Myers. "Take your children to the grocery store and use actual money instead of credit cards, so the children can see a value for money and numbers," she said. "Give children an allowance so they can make the connection between money and the cost of things they want to

"Keeping a travel or camp journal is a fun and easy way to support academic skills," said Benita

"The most important thing is to read in a fun way."

— Marjorie Myers, Ed.D., Francis Scott **Key Elementary**

Cathey, director of admissions at Grace Episcopal School in Alexandria. "A travel or camp journal reinforces writing, geography and social studies and organizational skills."



CONNECTION NEWSPAPERS LOCAL MEDIA CONNECTION LLC

FOR MORE INFORMATION, CALL 703-778-9431 OR EMAIL sales@connectionnewspapers.com

GLC GERMAN LANGUAGE COURSES

AT THE GERMAN SCHOOL Washington, D.C.



- Classes for children and teens of all language proficiency levels: age 3 & up
- Diploma classes (DSD)
- Media courses for teens
- Adult classes for all levels
- Literature classes

Conversation classes

www.dswashington.org/glc

Register now for Fall 2014!

Summer Camps Education & Activities

Many Ideas for Summer Activities

Avoid those dreaded words: 'I'm bored.'

BY MARILYN CAMPBELL
THE CONNECTION

olly McAlister en-joys the freedom of summer, but there are three words she dreads hearing: "Mom, I'm bored." Creating activities to keep her three children busy during the summer is a task she enjoys, but it isn't always easy.

"I can't afford to send all three children to camp," said McAlister who lives in Centreville. "I love taking the kids swimming or on bike rides, but sometimes I run out of ideas."

Many parents allow "screen time" to keep children happy, but it's important to interact with them as well.

"Some parents will give their child an iPhone or an iPad to entertain them," said Michele C. Garofalo, Ed.D., assistant chair, Department of Counseling and a professor of Psychology at Marymount University in Arlington. "Interacting with children and being involved with them rather than giving them electronic activities is important. It is important for kids to figure out how to interact with their parents and friends."



PHOTOS BY GENE BUONACORSS

"Summer is a wonderful time for parents to get to know their kids and interact with them in a different way," said Garofalo, who lives in McLean.

One way that families can spend quality time together is by creating art, said Dabney Cortina of the McLean Project for the Arts in McLean. In addition to summer camps, McLean Project for the Arts offers family workshops where parents and children create art together.

"The whole process of creating is so important to a child's development and it's so important to be with your children and create something together," said Cortina. "I see the smiles as the children and adults put their heads together to create things. I think

Sustainable Food and Agriculture in Mount Vernon runs a camp where children from 6-11 years old get to experience life on a farm and learn about the source of their food.

Arcadia Center for

"Summer is a wonderful time for parents it's also a wonderful release for adults."

Community service projects are a great way to spend time and help children learn during the summer. "Let them spearhead a yard sale," Garofalo said. "Kids gather the items, make flyers and put the flyers in everyone's mailbox. They can donate the money to charity so you can tie in a service project."

Spend time in the kitchen. "You and your children can do a lot of baking and donate the items to a homeless shelter," said Garofalo. "With parental approval and guidance, kids can also do dog walking or water flowers for neighbors who are away."

For families who want to spend time in nature, Len Annetta, Ph.D. Professor in the College of Education and Human Development at George Mason University suggests the Manassas National Battlefield Park. The park, which is home to more than 160 species of birds, has been recognized National Audubon Society as an Important Bird Area.

"Our area has so much history," said Annetta. "Most of these place don't cost money but can immerse students in something educational, which is really critical."

For parents who plan a summer of varied activities, specialty camps as well as parent-child activities are worthy options. Even one or two sessions of week-long specialty camps can add to a child's summer.

Deb Burger of the Potomac Horse Center in North Potomac, Md., said they offer camps where children learn equestrian skills and are given information about the history of horses, breeds, colors, markings, anatomy, horse care and grooming. "Campers also do horse-related arts and crafts," said Burger. "They have a good time, make friends, increase their love of horses and improve their ability to ride. Kids come from Maryland, Virginian and even overseas."

Tony Castrilli, Director of Public Affairs for Fairfax County says the county is offering nature camps during the summer.

In Alexandria, Morgan Maloney runs the Arcadia Farm Camp for Arcadia Center for Sustainable Food and Agriculture in Mount Vernon. "Campers learn about farm life first hand," she said. Activities include collecting eggs tilling soil and planting seeds.

The FISHBURNE EXPERIENCE



Choosing a Summer Camp

From Page 3

Camp Greenway at The Madeira School offers three options for two-week camp sessions with outdoor and indoor activities, said Laura Temple, spokeswoman for school in McLean.

The Arlington Art Center offers summer camps for children and teens that meet daily for several sessions throughout the summer, 3550 Wilson Blvd, Arlington. Classes range from portfolio development to drawing, acrylic painting, and contemporary land-scapes with oil paint.

ANOTHER OPTION is sleep away camp, which can sometimes be a nerve-wracking but rewarding experience for both a parent and a child.

How does a parent know that their child is ready for to make this leap? "It is going to vary from child to child and family to family." said Michele C. Garofalo, Ed.D., assistant chair, Department of Counseling and a professor of Psychology at Marymount University in Arlington. "I think if a child has spent time having sleep overs with friends and has done ok, and is independent and feels comfortable sleeping at friends' houses then it should be fine."

Garofalo suggests that the first sleep away camp experience should be brief. "I think you want to do a shorter experience to get them ready. The first summer, send them to a four-day camp to test the waters. Their first experience should be at a camp that is close to home."

An open dialog between parent and child is key. "Explain to the child that they are going to be on their own and tell them what will be expected of them," said Garofalo. "Parents can prepare their children and have an honest conversation about what will happen at the camp.

CAMPS, CLASSES & WORKSHOPS

Theatre Classes. Encore Stage & Studio is holding classes and mini camps for children in grades K-8 at on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road, Arlington, and Tuesdays and Wednesdays afterschool at Theatre on the Run, 3700 S. Four Mile Run Drive, Arlington. Visit

www.encorestageva.org for a list of classes. **Summer Art Camps.** Summer camps for children and teens meet daily in several sessions throughout the summer at Arlington Arts Center, 3550 Wilson Blvd, Arlington. Classes

range from portfolio development to drawing, acrylic painting, and contemporary landscapes with oil paint. Visit

www.arlingtonartscenter.org/aacsummercamps. Original art classes for all ages and all skill levels are offered year-round.

Arlington County Summer Camps. Camps for all interests, ages and abilities. Music, sports, theatre, nature, science, swimming, art, writing, martial arts and more for tots to teens. Campers with disabilities are welcome to register for any camp. Visit http://arlingtonparks.us/camps/summer2014/ or call 703-228-4747.

www.ConnectionNewspapers.com

WAYNESBORO, VA

JROTC