



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

One of the playrooms in the Chantilly therapy center.

Helping Special-Needs Children

Therapy and recreational center opens in Chantilly.

BY BONNIE HOBBS
CENTRE VIEW

When Donna Shank's son Ryan was diagnosed with autism eight years ago, she traveled throughout the Washington Metropolitan area to get treatment for him. "Most children with autism, and other children with special needs, require several different types of therapies, such as speech and occupational therapy and additional tutoring," she said. "But it's difficult to find all these services in one location. So my dream was to provide an all-in-one, integrated, therapy center."

Shank, of Centreville's Sully Station community, has now done that. Two months ago, she opened Wings to Fly Therapy and Play Center in Chantilly. A treatment facility for special-needs children from birth to 18 years old, it's at 4530 Walney Road, Suite 203; phone 703-466-5533 or see <http://www.wingstoflytherapy.com>. Hours are Monday-Friday, 8 a.m.-7 p.m., and Saturday, 9 a.m.-1 p.m.

This 2,300-square-foot clinic has two occupational/sensory-exploration rooms, several individual therapy rooms and a trained staff. The goal



Special-ed teacher Krista Goovaerts (left) and occupational therapist Maggie Bridges.

SEE SPECIAL-NEEDS, PAGE 10

Face-to-Face with Arrests, Prison, Death

Parents, students learn substance-abuse dangers.

BY BONNIE HOBBS
CENTRE VIEW

It's one thing for people to warn others about the dangers of substance abuse. But it's more powerful when they share personal stories of how drugs and alcohol affected their own families.

And that's what happened during the recent forum at Madison High. Called "Protecting Against the Realities of Substance Abuse," it was put on by Parents Reaching Out To Educate Communities Together (PROTECT), a task force of the Unified Prevention Coalition of Fairfax County (UPC).

First to speak was School Resource Officer (SRO) Coordinator Bill Fulton. He's been with the county Police Department for 25 years and, as a narcotics supervisor for several years, he saw the effects of drug use firsthand. And then it hit home.

"I have three children, including a son, 19, and he was involved with alcohol and other substances," said Fulton. "So it can be challenging as a parent, no matter who you are."

"THERE ARE A LOT of synthetic drugs now, too, and easy access to them on Websites. So, parents, be



BONNIE HOBBS/CENTRE VIEW
SRO Coordinator Bill Fulton.

alert if your children change friends or lack interest in things they used to like. Check their bedrooms, pants pockets and their phones."

Basically, he said, "As parents, no matter what we did, our son seemed to fall through the cracks. But I was inquisitive. I asked him, 'Where are you going? Who'll you be with?' And I told him to call me from [his destination's] house phone."

Fulton said teens know they'll get suspended if they bring drugs into school, so they instead do drugs outside of school. THC is the chemical that induces highs from marijuana and, said Fulton, "THC levels are up to 30-percent stronger now. So marijuana's much more potent and is laced with other things — and teens don't know what they are."

SEE ABUSE, PAGE 2

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“I’m Isabel
and I like
to dance.”

Isabel Doran
Promising ballerina



NEWS

Substance Abuse, Up Close

FROM PAGE 1

He said alcohol's the gateway drug leading to marijuana and other narcotics. For example, molly gives “an LSD-type, hallucinogenic high, and kids have no idea what the outcome will be,” said Fulton. “Spice is synthetic marijuana, and they can get heroin from [Washington], D.C.”

“Kids see their friends using these drugs and still doing OK, so they don't realize how dangerous they are,” said Fulton. “But they can talk with their SRO at school or leave a tip on the anonymous tip line about huge parties when parents are out of town. And, kids, it would be nice to see all your friends at graduation. You're not ratting them out; you're looking out for them.”

Next speaker was Westfield High grad Tayler Gibson who, in 2007 and 2008, was part of a Centreville heroin ring. Initially, though, she said, “I thought using alcohol and drugs was stupid and thought I was better than that. But in my junior year of high school, I worked as a restaurant hostess, and I thought the college kids who worked there, too, were cool. They used drugs and alcohol recreationally and still carried on their lives.”

Later, when the police caught her and her boyfriend with marijuana in his car, she told her parents she didn't know it was there. “They believed me, so I had no consequences,” said Gibson. “Then I hooked up with an old boyfriend who did heavier drugs, like ecstasy, crystal meth and cocaine. Eventually, my boyfriend and his friends started using heroin, which scared me.”

ONCE SHE TRIED IT, though, she was quickly hooked. “We did it often; we'd put in money together and go to D.C. to get large amounts,” she said. A month after Gibson started taking heroin, she and her boyfriend were driving back from the District and were stopped by police and arrested. She was charged with possession with intent to distribute heroin.

“But the charges were dropped,” she said. “I told my parents the drugs in my system were Percoset so, again, I had no conse-

quences. Then the police started arresting my boyfriend and his friends. I still needed heroin, so another friend and I kept buying it for another six months or so.”

But when Gibson crashed her mom's car returning from a D.C. drug buy, she told them she was a heroin addict. “I went to detox and then to an inpatient treatment facility,” she said. “But I snuck home, got my stash and continued to use there. They found out and made me leave.”

Then, when she and several others in the ring were charged federally with conspiracy to distribute heroin, she remained free while they were jailed. “I kept using drugs, just not heroin,” she said. “I was being drug-tested, so I stopped using the detectable drugs and

took up alcohol.”

In court, Gibson could have been sentenced to five to 40 years in federal prison, but the judge was lenient with her. She received 30 days jail, 200 hours community service and five years probation.

“My boyfriend got 20 years in prison,” she said. “Our sentencing was because one of our friends overdosed and died. A month after my sentencing, I stopped drinking and have been clean for four-and-a-half years. But it took quite a bit of lessons and consequences.” So, she told parents, “It's best to prevent this from happening to your children.”



PHOTO BY BONNIE HOBBS/THE CONNECTION

Tayler Gibson shares her story.

“Kids see their friends using these drugs and still doing OK, so they don't realize how dangerous they are.”

— SRO Coordinator Bill Fulton

Chantilly High's 40th Birthday

Chantilly High will celebrate its 40th birthday this Friday, May 2, from 5:30-8:30 p.m., and the community's invited to join in the festivities. There'll be school tours, exhibits of current programs (near the tennis courts), Chantilly trivia, sports accomplishments and desserts – birthday cake and other treats – in Thunder Alley, leading to the football stadium.

The tours, provided by the SGA, will start at door 10. The Robotics Team will exhibit its award-winning technology. There'll also be a Chantilly 40/40 raffle in honor of the anniversary, plus a "Where Are They Now" alumni update. The PTSA is sponsoring the Dessert Feast, and the SGA will present a PowerPoint of the school's history.

Electronics Recycling Day

The Rotary Club of Centreville & Chantilly is holding its first annual Electronics Recycling Day on Saturday May 3, from 8 a.m.-noon, in the parking lot of United Bank, 6375 Multiplex Drive in Centreville. It's being done in partnership with the bank and Prime Recycling Group.

Bring computers, cell phones, laptops, printers, DVD players, ink cartridges, cables and wires, small household appliances, etc. The event will allow residents to safely recycle old electronics, and the local Rotary Club will benefit by receiving a portion of the proceeds earned from selling the recyclable material.

That money goes toward funding several of the club's local and international projects. These include an annual scholarship to a student at Mountain View High School, adoption of needy families during the holiday season, road cleanup efforts, sponsorship of a Shelter Box to provide emergency assistance to families displaced by war or famine throughout the world, and Rotary's signature international project – supplying funds for organizations providing desperately needed medical and sanitation facilities to a community in Haiti.

Get Trained for Emergencies

A new CERT (Community Emergency Response Team) class will begin Monday, May 5, at the Fairfax County Fire and Rescue Academy, 4600 West Ox Road in Fairfax. It'll meet every Monday, from 7-10:30 p.m., (except for May 26) and will end June 23. Those interested must first register as volunteers at www.fairfaxcert.com to receive registration information. Anyone with questions should email fire.cert@fairfaxcounty.gov.

CERT helps train people to be better prepared to respond to emergency situations in their communities. Then they can give critical support to first responders, provide immediate assistance to victims and organize spontaneous volunteers at a disaster site. CERT members may also help with non-emergency projects that help improve community safety and preparedness.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, May 8, from 5 p.m. to dusk, at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. (The inspection may be cancelled in the event of inclement weather). Call 703-814-7000, ext. 5140, to confirm dates and times.

'Shrek, the Musical' Auditions

Auditions for The Alliance Theatre's production of "Shrek, the Musical" are set for May 13, 14 and 15, from 6-10 p.m. at Mountain View High School, 5775 Spindle Court in Centreville (behind Glory Days Grill). Call backs will be May 16. (Show dates are Aug. 1-10).

SEE ROUNDUPS, PAGE 7



SLEEP advocates gather at a school board public hearing. The Fairfax County School Board is examining options for later start times, to be implemented in 2015.

PHOTO BY
JANELLE GERMANOS
CENTRE VIEW

Later Start Times Finally?

High schools could start as late as 9:15.

BY JANELLE GERMANOS
CENTRE VIEW

Two years after the Fairfax County School Board adopted a resolution in favor of later start times, exhausted teenagers are one step closer to getting a full night's sleep.

The Children's National Medical Center recently presented the school board with options for later start times, of which the school board selected four for public discussion. The new start times could be implemented as early as the 2015-2016 school year.

The four options, which include start times as late as 9:15 a.m., will be discussed at public meetings in May and June. The most expensive option, at \$7,645,208, requires 60 additional buses. The least expensive option would require 25 additional buses at \$2,759,749.

The school board is expected to vote on these options in the fall.

"Given all our research and discussion with stakeholders over the past 12 months, our team strongly believes that later bell changes for Fairfax County Public Schools can be achieved at a reasonable cost in the 2015-16 academic year," said Judith Owens, director of sleep medicine at the Children's National Medical Center.

In Virginia, 72 of 95 counties start high schools past 8 a.m. Members of SLEEP in Fairfax, which has been advocating for later start times since 2004, say that the 7:20 a.m. start time of high schools in Fairfax County is having a devastating effect on students' health and well-being.

"The middle 67 percent of students who fall into the normal category of sleep need would benefit, which is a large, large percentage," said Daniel Lewin, associate director of the pediatric sleep medicine program at the Children's National Medical Center.

Earlier this year, the school board passed a motion recom-

mending that Superintendent Karen Garza identify savings from the 2014 annual bus route review and earmark those savings to offset the possible cost of implementing later high school start times.

"This has been an evolution, and it will continue to be," said Jeffrey Platenberg, assistant superintendent of facilities and transportation services for Fairfax County Public Schools.

After the researchers from the Children's National Medical Center presented the options, school board members voiced their concerns and opinions. Dranesville district School Board member Jane Strauss voiced her concern that the later start times could cause extra-curricular activities to start early in the morning. Other members were concerned that some options still left school starting too early.

"The one that has high school starting at 9:15, in my view, that is the only one that is either scientifically honest, or politically honest, because that's the one that actually moves high school times later. The other ones are poking at the margins," said school board member Ted Velkoff (at-large.)

According to Owens, the studies show that bed-times would remain the same, but if the start times change by an hour, students receive an additional hour of sleep.

"This change can be accomplished in school districts such as Fairfax that are large and complex," Owens said.



The majority of the costs associated with later start times consist of new bus purchases, bus driver salaries and operational costs.



Alberto Ramirez performs a Latin-American pop song.



Workers from the Centreville Labor Resource Center dance in costume to "Convite," a Guatemalan festival dance.

PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Celebrating Community Diversity

Featuring the theme, "One Centreville, One Community, One World," the Centreville Immigration Forum (CIF) presented the Centreville International Showcase, last Saturday, April 26, in the Centreville United Methodist Church gym.

It was a fundraiser for the Centreville Labor Resource Center (CLRC) established by the CIF, and Supervisor Michael R. Frey (R-Sully) thanked the crowd for attending. "The center couldn't exist if the community didn't create it, want it and support it," he said. "It receives no tax dollars, so events like this help support it financially."

Frey said the CLRC has benefitted the workers and the community. "And that's a tribute to the CIF board of directors, the volunteers and the workers, themselves," he said. "The center's a tremendous success; diversity is a strength of the community and this is a celebration."

— BONNIE HOBBS



Sanjana Srikanth does a traditional Indian dance, "Bharathnatyam."



Julia James doing the Chinese dance, "Charming Peacock."



Chinese dance number, "My Beautiful Country," is performed by Julia James.



The Maehwa Dancers perform a traditional, Korean folk dance.



Performing several songs are members of the Korean Harmonica Ensemble from the Korean Central Presbyterian Church and St. Paul Chung Catholic Church.

SCHOOLS

Email announcements to centreview@connectionnewspapers.com. Photos are welcome.

Megan Bongardt of Centreville High School, who is enrolled in the Exploring Health Sciences and the Language of Medicine courses at Chantilly Governor's STEM Academy, was elected state HOSA secretary at the 34th annual HOSA (Future Health Professionals of America) State Leadership Conference held in Roanoke.

Local students are among more than 800 students nationwide who have won Achievement Scholarships from the 2014 National Achievement® Scholarship program.

These scholarships are awarded to black American high school seniors to be used for undergraduate study at any regionally accredited United States college or university.

These students, with their anticipated field of study in parentheses, are: **Marvel Elisabeth Onga Nana** of Centreville High School (biomedical engineering); **Shalisa James** of Westfield High School (English literature); **John O'Connell** of Westfield High School (computer science); and **Tolunimi Oyeleye** of Westfield High School (chemical engineering). Each of the students received \$2,500 National Achievement Scholarships.

Meredith Rigby, of Clifton, is one of 21 Susquehanna University Enactus members that participated in the Enactus USA National Exposition held April 1-3 in Cincinnati.

Susquehanna's Enactus is one of more than 1,600 chapters on college campuses in 40 countries.

Within these chapters, student teams bring businesses acumen to community service projects while practicing leadership, teamwork and communication skills.

Almost 300 JMU students embarked on 30 alternative spring break trips around the country and world this year.

Haley Carlson, of Centreville, a junior health sciences major, traveled to New Orleans to work with Common Ground, helping to plant nurseries, restore the wetlands, and go on historical excavations.

Rachael Donnelly, of Centreville, a junior health sciences major, traveled to Franklin, Tenn. to work with Free For Life International to stand up against the atrocities of human trafficking and exploitation.

Christopher Carey, son of Michael Carey and Lynn Carey of Centreville, was named a 2013-2014 Outstanding Undergraduate Scholar during a ceremony April 10 at Rochester Institute of Technology. He is a fourth-year student in the Software Engineering - BS program.

Zoe Haveles, of Centreville, earned dean's list honors for the fall 2013 semester at Saint Joseph's University.

Torrian Pace, of Centreville, has been recognized for participating in the Presidential Mentors Program at Youngstown State University. Pace is a master's student at YSU majoring in Criminal Justice.

Brandon Sanchez, of Westfield High School, who expects to study electrical engineering, was one of 16 Fairfax County Public Schools students awarded corporate-sponsored scholarships from the National Merit Scholarship Corporation.

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OPINION

Trending in the Right Direction

Commitment to ending homelessness shows progress, but more affordable housing is needed.

On one night in late January, local jurisdictions in our area fanned out to count the number of people who were literally homeless. Fairfax County released its numbers last week; Arlington and Alexandria will do so in the near future.

In Fairfax County, the commitment in 2010 to end homelessness in 10 years has resulted in significant progress, even in the wake of the great recession. The number of people literally homeless decreased by a third from 2008 to 2014, from 1,835 to 1,225 counted this year.

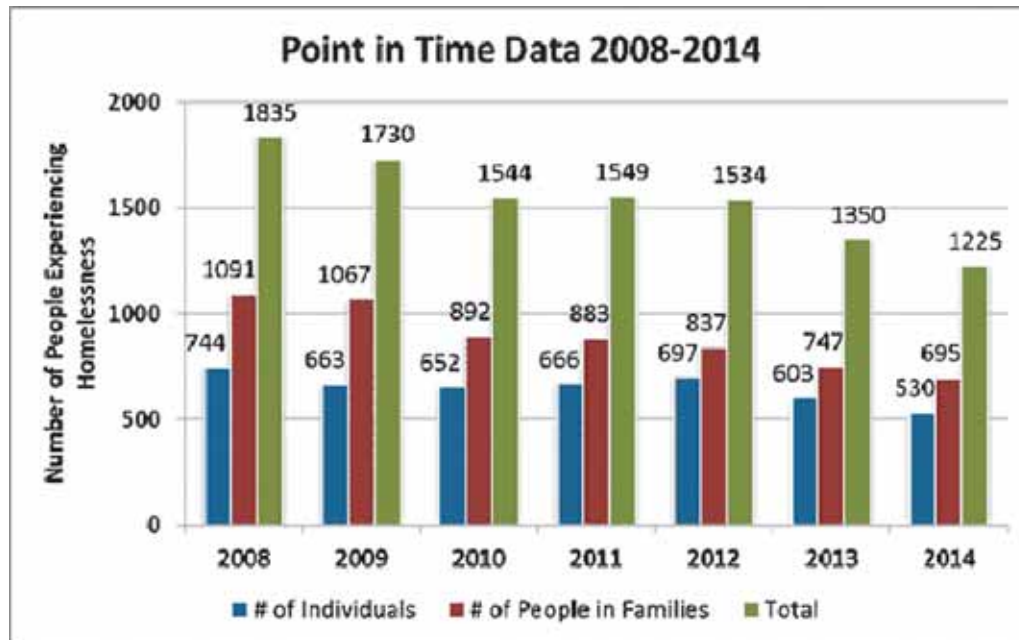
EDITORIAL Many non-profit organizations have partnered to prevent homelessness one family or individual at a time for those on the brink and to house chronically homeless individuals. There is so much still to be done.

On the night of Jan. 29, 2014 there were 1,225 people who were literally homeless in the Fairfax-Falls Church community, a 9 percent reduction from January 2013, or 125 fewer people.

The 2014 point-in-time count of people experiencing homelessness includes people who are described as “literally homeless,” those who are in shelters, in time-limited transitional housing programs, or unsheltered and living on the street at one “point in time.” It does not count the individual who might be homeless but is sleeping on a friend’s sofa or the family squeezed into an uncle’s “spare” bedroom after being evicted from their own apartment.

Two sentences from the county report are worth repeating, even if they are obvious:

“The results would be even more substantial if additional housing options were available. The reduction in homelessness will not continue at the same pace in the future without significant increases in the availability of affordable housing.” A year ago, the coalition of partners committed to ending homelessness embarked on the local piece of a nationwide effort to provide housing for the chronically



Point-in-time data on the number of people literally homeless 2008-2014.

After being homeless for five years, Sandara Perry, left, recently moved into permanent housing with ongoing support provided by FACETS. Perry grew up on Route 1 in Mount Vernon, and was placed in foster care while her mother struggled with addiction. Without support to make the transition from foster care, Perry struggled with alcohol and abusive relationships. She shared her story at the FACETS annual breakfast last Thursday, April 24, and she is pictured here with FACETS Executive Director Amanda Andere.



PHOTO BY MARY KIMM

homeless people in our community. There were an estimated 150 such individuals, living in the woods and in cars and on the street, in the county, and a year later, FACETS and others met this year’s milestone of bringing 50 such individuals into housing. These are people who need a continuum of services get on their feet.

Despite the good news on the steady decline, the past few months have been marked by push-back from some residents about allowing more affordable housing in the form of efficiency apartments and by several members of the Board of Supervisors expressing lack of support for even the concept of providing more affordable housing.

This misguided attitude on the part of some county leaders ignores the fact that this region

cannot be economically vibrant if there is no place affordable to rent even for households who make \$50,000, never mind the households that get by on less than half of that.

Two full-time \$10 an hour positions yield \$40,000 a year. Last year, a family needed an annual income of \$56,472 to afford to pay the \$1,412 per month rent on the “fair market rate” for a two-bedroom apartment in Fairfax County. Rents have continued to rise.

Many working families living in Fairfax County struggle financially, balancing choices every month between rent, transportation, food, medical costs and other expenses that are not optional.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

LETTER TO THE EDITOR

School Board Found Voiceless

To the Editor:

First, I want to thank Megan McLaughlin and Elizabeth Schultz, the only two School Board Members who sought to give voice to Fairfax County in front of the Virginia Board of Education.

On April 10, Megan McLaughlin (Braddock) and Elizabeth Schultz (Springfield), Demo-

cratic and Republican endorsed respectively, sought to move two school hours from June 25 to June 23 making that Monday a full instructional day for elementary students and saving Fairfax County \$300,000 in fuel costs by making Tuesday, June 24 the final school day.

All instruction and testing will be completed well before June 25. The expense now is only necessary for compliance with a bureaucratic rule. The School Board may formally request a waiver from the rule.

How productive can this time be for students on June 25? As you know, the first and last hour of work are typically the least productive as you settle in and then prepare to leave. No students will stare at the clock counting seconds before summer break. Not in Fairfax County, right? Adding two hours to the shortened Monday schedule would have been more effective time management as well as money management.

SEE LETTER, PAGE 7

CENTREVIEW

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A Connection Newspaper



ROUNDUPS

FROM PAGE 3

This play will culminate Alliance's annual, Summer Stars program for rising third-graders through rising eighth-graders. The cast will be comprised of Summer Stars members, plus high-school students and adults. For more information, go to www.thealliancetheatre.org.

Meet Gang Unit

The Sully District Police Station and its Citizens Advisory Committee present the Fairfax County Police Department's Gang

Unit. They'll be at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly on Wednesday, May 14, 7:30 p.m.

Residents will learn about efforts to identify and prevent gang activities in the community. They'll also hear from experienced members of the unit and the techniques they use to carry out their mission.

Food Donations

Western Fairfax Christian Ministries' food pantry urgently needs donations of Ramen Noodles, spaghetti sauce, fruit juice, canned

vegetables (no green beans), cooking oil; canned pasta, sugar, flour and canned fruit and meat. Also needed are diapers in sizes 5 and 6, toothpaste, deodorant and baby wipes. (WFCM clients cannot purchase toiletries with food stamps).

Bring all items to WFCM's food pantry, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

Thrift-store needs include spring and summer clothing, quality shoes and like-new houseware. The store is at 13939

Metrotech Drive. In addition, Thrift Store volunteers are needed for two-hour shifts Saturdays, anytime between 10 a.m.-4 p.m.

Trainer Needed

The Sully Senior Center, at 5690 Sully Road in Centreville, needs a certified personal trainer – preferably, one with experience working with older adults – for one hour, two days a week. For these and other volunteer opportunities, call 703-324-5406 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

LETTER

FROM PAGE 6

Speaking of money, have you heard? Fairfax County Public Schools does not have funds to waste. With our priorities, we never have money to waste. In fact, as you likely know, we are expecting a \$21 million reduction in support from Richmond while increasing our student population by over 3,000 new students at an increased cost of over \$25 million.

The request for a waiver from the Virginia Board of Education allowing Fairfax County Public Schools to invest time and funds more wisely would have cost us nothing and saved us \$300,000 at least. When pinching pennies, every piece helps.

School Board Members Moon, McElveen, Velkoff, Strauss, Hynes, Derenak Kaufax, Evans, Storck, Reed, and Smith each voted to deny Fairfax County a voice to make the reasonable request.

If they will not use the platform we provide and advocate our community's best interests, why should they be trusted with our voice or our vote?

I remain curious what actions would have been taken by Chris Braunlich, president of Virginia Board of Education, former Fairfax County School Board member and vice president of the Thomas Jefferson Institute for Public Policy where he promotes free markets, limited government and individual responsibility, if asked to help Fairfax County better manage our time and \$300,000 from taxpayers by granting the waiver.

The irony, of course, now June 25, 2014 is another day Fairfax County students cannot run off to spend money supporting Virginia's tourism industry at King's Dominion unless their families skip the last non-curriculum school day and further undermine the argument for wasting \$300,000 in fuel costs.

Will Radle
Franconia

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ENTERTAINMENT

Email announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

High School Musical. "Little Shop of Horrors" at Westfield High School, 4700 Stonecroft Blvd., Chantilly. Runs May 2-10, 7:30 p.m. Fridays and Saturdays, 2 p.m. Sunday. \$10 with valid student ID; others \$10 in advance and \$12 at the door. Visit www.westfieldtheatreboosters.com.

Sully Historic Site. 3650 Historic Sully Way, Chantilly. Enjoy guided tours of the 1794 home of Northern Virginia's first congressman, Richard Bland Lee. \$7/adult; \$6/student; \$5/senior and child. Hours are 11 a.m.-4 p.m. 703-437-1794.

CAMPS, CLASSES & WORKSHOPS

Young Actors' Workshop. For elementary students in rising grades 2-6 to learn about theatre arts. Runs July 21-25, 9 a.m.-noon at Westfield High School, 4700 Stonecroft Blvd., Chantilly. Tuition is \$125. The musical theatre camp includes theatre games, improvisation, acting exercises, songs and dances and culminates with a show from musical comedy classics. Sponsored by Westfield Theatre Boosters and led by Westfield Theatre alumni and current students. Space is limited. Visit westfieldtheatreboosters.com for or call 703-488-6439.

THURSDAY/MAY 1

Ready for Potty Training

Storytime. 10:30 and 11:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Stories and games to help motivate boys and girls who are ready to start potty training for children ages 18 months-3 years with adult. Call 703-502-3883.

Book Sale Preview. 6-8:30 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Preview of book sale for Friends of the Centreville Library. Annual membership fees of \$15 collected beginning at 5:30. Sale open to the public May 2-4. Call 703-502-3883.

THURSDAY-SATURDAY/MAY 1-3

High School Theater. 7 p.m. at Chantilly High School, 4201 Stringfellow Road. "The Front Page," set in 1930's Chicago, with 22 student performers and more than 30 student technicians. \$8 in advance, \$10 at the door. Visit www.chantillyhsdrama.com.

FRIDAY/MAY 2

Bouncin' Babies. 3 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for babies up to 11 months with adult. Call 703-502-3883.

Small Wonders. 4 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for children 12-23 months with adult. Call 703-502-3883.

Wildcat Golf Classic. 1:30 p.m. at Westfields Golf Club, 13940 Balmoral Greens Ave., Clifton. General Dynamics & the Wildcat golf team host 10th annual event. Registration fee is \$400 per foursome; \$100 for individuals who will be grouped with others. Includes greens fees, cart,

range balls, on-course challenges, tournament goodie bag, drinks/snacks during play and banquet dinner. Visit www.cvhsgolf.org or email glibigus@fcps.edu.

FRIDAY-SUNDAY/MAY 2-4

Book Sale. At the Centreville Regional Library, 14200 St. Germain Drive. Friends of Centreville Library spring sale 10 a.m.-6 p.m. Friday, 10 a.m.-5 p.m. Saturday, 1-3 p.m. Sunday.

Theater. Cinder-Rachella, a musical adaptation which celebrates Jewish and Israeli culture. Part of the JCCNV Performing Arts Series, in partnership with First Draft at the Jewish Community Center of Northern Virginia, 8900 Little River Turnpike. Friday 6 p.m. Shabbat Dinner, 7 p.m. performance; \$12 adult, \$8 children. Saturday 11 a.m. and Sunday 2 p.m.; both \$10 adult, \$8 student, free ages 3-6. Call 703-537-3000, email boxoffice@jccnv.org or visit www.jccnvarts.org.

SATURDAY/MAY 3

Plant Sale. 9 a.m.-noon in front of Giant Food, 5615 Stone Road, Sully Station, Centreville. Perennials, annuals and herbs for sale by Centreville Garden Club. Proceeds maintain planter boxes at Sully Governmental Center & other civic projects. Visit centrevillegardenclub.blogspot.com, contact centrevillegardenclub@gmail.com or 703-266-9233.

Kaleidoscope Adaptive Storytime. 10:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Stories, songs and movement in a welcoming atmosphere for children of all ages on the autism spectrum and with other developmental challenges. Call 703-502-3883.

Plant Clinic. 10:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Master gardeners with provide horticultural tips, information, techniques and advice to home gardeners. Call 703-502-3883.

PAWS for Reading. 3 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Read aloud for a 15-minute session with a therapy dog. Bring a book or choose one from the library. For ages 5-12. Call 703-502-3883.

SATURDAY-SUNDAY/MAY 3-4

Fairfax Fine Art Festival. Fairfax Corner on Grand Commons Avenue between Monument Corner and Summit Corner Drives. 10 a.m.-7 a.m. Saturday, 11 a.m.-5 p.m. Sunday. Original handmade work of artisans from 17 states. Free.

MONDAY/MAY 5

Bouncin' Babies. 10:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for babies up to 11 months with adult. Call 703-502-3883.

Small Wonders. 11:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for children 12-23 months with adult. Call 703-502-3883.

Farm Visit. 2 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Meet and learn about a small farm animal, hear a story and take home a craft. For students in kindergarten to sixth grade. Call 703-502-3883.

Kinder-Budds. 2:15 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Book buddies

discussion group for kindergarteners. Call 703-502-3883.

Writers of Chantilly. 6:45 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Share work and give and receive feedback in a supportive setting. Call 703-502-3883.

TUESDAY/MAY 6

Toddlin' Twos. 10:30 and 11:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Early literacy storytime with stories, songs and activities. Age 2 with adult. Call 703-502-3883.

Storytime. 1:30 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Early literacy program with stories and activities for children age 3-5 with adult. Call 703-502-3883.

Teen Book Club. 4 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. A book discussion group for teens. Call 703-502-3883.

Pajama Party. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Wear pajamas, bring a stuffed animal and a blanket for storytime. For ages 3-5 with adult. Call 703-502-3883.

WEDNESDAY/MAY 7

Duplo Storytime. 10:30 and 11:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Duplo play storytime helps develop and reinforce early literacy skills for children ages 3-5 with adult. Call 703-502-3883.

Time for Tots. 11 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories and activities for ages 2-3 with adult. Call

SEE ENTERTAINMENT, PAGE 9

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FAIR OAKS PROM DRESS SHOP

The annual Fair Oaks Prom Dress Shop opens Friday, May 2, run by students from Centreville High School and the Fair Oaks Classroom on the Mall program. Donations of stylish, high-quality, dry-cleaned prom dresses and select accessories can either be dropped off in the main office of Centreville High School 7 a.m.-3:30 p.m. or at the shop in Fair Oaks Mall, on the upper level in the former Champps Restaurant between Corner Bakery and Texas de Brazil. The store is open for both accepting donations and shopping on weekends May 2-4, 16-18 and May 30-June 1; hours are 4-7 p.m. Fridays, 2-5 p.m. Saturdays and 1-4 p.m. Sundays. Students from any area high school who are in need of a prom dress and do not have the funds to purchase one can come to the Prom Dress Shop. They must show a valid student ID or other form of school identification to select a free dress. Email mlschick@fcps.edu for more.

THURSDAY/MAY 1

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

Chantilly Library Teen Advisory Board Meeting. 7:30 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Call 703-502-3883.

FRIDAY/MAY 2

Kindergarten Orientation. 9:15-10:15 a.m. at Poplar Tree Elementary, 13440 Melville Lane, Chantilly. Children who will be 5 years old on or before Sept. 30 and live within the school's boundaries are eligible for Kindergarten for the 2014-2015 school year. Call 703-633-7400 if more information is needed.

Chantilly High School Birthday Celebration. 5:30-8:30 p.m. at the school, 4201 Stringfellow Road, Chantilly. Alumni also invited to the event, which includes cake, performances, tours and a scheduled baseball game. Visit www.fcps.edu/ChantillyHS.

FRIDAY-SUNDAY/MAY 2-4

Pet Adoption Weekend. PetSmart Charities National Adoption Weekend

at all PetSmart stores. Visit www.petsmartcharities.org/events/may-national-adoption-weekend for more.

SATURDAY/MAY 3

Community Yard Sale. 8 a.m.-2 p.m. in Virginia Run community, maps at the corner of Pleasant Valley and Wetherburn Drive. Sale held rain or shine. Contact Paula Ferrara-Garcia at 703-216-6730 or Helaine Newman at 703-402-3134 with questions.

Community Yard Sale. 9 a.m.-2 p.m. at Fairfax Church of Christ, 3901 Rugby Road, Fairfax. Shop booths of vendors, home owners, churches and entrepreneurs. Visit www.fxcc.org/expo for more.

ESL Book Club. 11 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Adults learning English meet to discuss a book chosen by the group. Call 703-502-3883.

TUESDAY/MAY 6

NOVA Class Registration Begins. Registration opens for Northern Virginia Community College's fall 2014 semester. The 16-week semester and first 8-week session starts Aug. 20, with registration ending Aug. 19. Another 8-week session starts Oct. 15, with

registration closing Oct. 14. Visit www.nvcc.edu or visit campuses in Alexandria, Annandale, Loudoun, Manassas, Springfield and Woodbridge. Call 703-323-3000 for more.

English Conversation Group. 10:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

Legal Planning Workshop. 6:30-8:30 p.m. at Alzheimer's Association National Capital Area Chapter, 3701 Pender Drive, suite 400, Fairfax. Hosted by the Alzheimer's Association. Free. Register at 800-272-3900.

WEDNESDAY/MAY 7

Bike to School Day. During morning and afternoon commute at area schools. Schools encourage students to participate and drivers to be mindful. Visit www.walkbiketoschool.org.

Family Caregiver Seminar. Noon-1 p.m. Webinar: Six Questions Regarding Paying for Long-Term Care. To register visit www.fairfaxcounty.gov/OlderAdults and link to Register Now for Caregiver Seminars, or call 703-324-5205, TTY 711.

Business Seminars. 7-8:30 p.m. at 12700 Fair Lakes Circle, Suite 120,

Fairfax. Simplified Stock Investment Management and 1031 Tax-Free Property Exchanges. Register by contacting 703-969-4966 or UnRulyDog@gmail.com.

THURSDAY/MAY 8

eBook Help. 5 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or digital reader and library card. Call 703-502-3883.

Civil War Lecture. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. "Battles of the Wilderness and Spotsylvania Courthouse, May 1864," by author and historian Ed Bearss. Call 703-830-2223.

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

FRIDAY/MAY 9

Spring Plant Sale. 2-7 p.m. on the outdoor basketball courts at Westfield High School, 4700 Stonecroft Blvd., Chantilly. Westfield High School Art Department will have annuals, perennials, hanging baskets, herbs and tomatoes available for sale. Email khbasinger@fcps.edu for more.

ENTERTAINMENT

FROM PAGE 8

703-830-2223.

Mystery Book Club. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Call 703-502-3883.

THURSDAY/MAY 8

Toddlin' Twos. 10:30 and 11:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Early literacy storytime with stories, songs and activities. Age 2 with adult. Call 703-502-3883.

Small Wonders. 11 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Rhymes, songs, stories and activities for children 13-23 months with adult. Call 703-830-2223.

FRIDAY/MAY 9

Ready for School Storytime. 2 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Early literacy storytime program for children age 4-5 ready to be on their own without caregivers or siblings. Call 703-502-3883.

SATURDAY/MAY 10

National Train Day Display. All day at the Chantilly Regional Library, 4000 Stringfellow Road. The National Capital Trackers set up a model train display in the meeting room and model train specialists can answer questions. Call 703-502-3883.

Plant Clinic. 10:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Master gardeners give horticultural tips, information, techniques and advice to home gardeners. Call 703-502-3883.

War Bicentennial Event. 11 a.m.-4 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Event celebrates American victory over Great Britain in the War of 1812. Historical interpreters, live music from Ships Company Chanteymen, soldier battle drills and more. At noon, author Steven Vogel discusses his book "Through the Perilous Fight" and signs copies. \$8 adults, \$6 seniors and children. Call 703-437-1794.

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Special-Needs Children Given Wings to Fly

FROM PAGE 1

is to provide services and recreation all under one roof and empower families to become their own experts about their children's potential.

"I really feel there's a need — not just for services for the child — but also for support for the family," said Shank. "We'll provide education, workshops, speakers and other resources to help parents navigate the difficult journey through the various therapies."

She also hopes to provide high-school and college students with opportunities to volunteer. "Those interested in the special-ed field can get some good exposure and experience working with the children under the supervision of a licensed therapist," she said. "They can also participate in the educational workshops."

Besides that, said Shank, siblings of children being treated at the center can take advantage of daily, open-play times on the sensory equipment — the trampoline, small-ball pits and swings.

At Wings to Fly, treatment is tailored to meet each child's individual needs. In addition, the staff will listen to the family's wishes about the child's future and work with them and all the therapists as a team. They'll brainstorm strategies to help parents during challenging situations and will also integrate family members, such as siblings, grandparents, babysitters, etc., into the child's therapy plan.

In most cases, parents need a referral from a doctor for services. "We're offering free, 15-minute consultations to discuss any questions people may have," said



Donna Shank (left) and Mary Kay Yates

Shank. Those interested in obtaining more information may email info@wingstoflytherapy.com.

The center offers a variety of services, including a speech therapist, occupational therapist and special-ed teacher who also have experience and training in other areas besides their own, clinical fields. Shank, the owner/director, has a bachelor's in psychology, has worked in the special-ed and autism field for many years and is currently working on her master's in occupational therapy at Shenandoah University.

Also offered are programs in playful interaction, art expression, music-listening, social skills and academic tutoring. The idea is to provide well-rounded and sustainable therapy for each child's ongoing progress.

"I'm very excited about it," said Shank. "I'm really doing this to help families — to make their journey simpler. I also want to work with the community, including the school system and medical providers, to bridge the gap between them."

Ryan's now 11 and, said Shank, "He's come a long way. But it's been the result of thousands of hours of therapy. He's my inspiration, and he motivated me to create a therapy center from the perspective of a family member."

At the facility's recent open house, parents spoke with staff and visited each colorful room, while their children enjoyed the play equipment and other toys. Meanwhile, Lions Club members did free vision screening, even with the nonverbal children, and gave printouts of the results to their parents.

One visitor was Cyndi Mahler of Centreville's Country Club Manor community. "Both my sons are on the autism spec-



Analeigh Amoah, 3, sits on an exercise ball at Wings to Fly.

trum, so I was interested in this as an appropriate place where they could participate in open play," she said. "We feel welcome here, and it's helpful having the therapies all under one roof so people don't have to drive as far."

Since both her children love music, Mahler planned to have them participate in music therapy there. "I'm hoping it'll help them with their focus," she said. "I

"[It's] a therapy center created from the perspective of a family member."

— Donna Shank, director/owner, Wings to Fly

like how this place is bright and colorful and designed for children. And I love the wide trampoline — it's low to the ground and has padding all around."

Lillian Amoah came with her son Di'Angelo, 7, also on the autism spectrum. "Two of the staff members were his teachers at Cougar Elementary in Manassas Park," she said. "I'm excited about this because it's an opportunity to have them still work with him. This place is great; Di'Angelo was jumping on the trampoline and playing in the ball pit and on the swing."

When he's not in school, said Amoah, he's home and "doesn't have friends"

houses to go to. So this lets him step out of his comfort zone and be with other people in a different environment."

Also there was Manju Gomathinayagam of South Riding, who brought her son Shankar, 9, also on the autism spectrum. "I know Donna as a friend and I came to check out the place," she said. "You can see the kids are happy to be here and are having a good time. I think it's a great place to get them motivated to work because it's so cheerful and inviting, as opposed to other facilities with a plain, drab room."

Agreeing, speech pathologist Mary Kay Yates said, "I'm excited to be here because it's everything wrapped up into one. The kids get a program tailored to their needs, while they have fun and a feeling of acceptance."

One room has a hammock, trampoline, mats on the floor and large exercise balls. There are also swings that spin and

bounce, a scooter board and balance beams. Another room has tents, a nylon tunnel to crawl through, math and music mats, games and building toys.

"We have five separate playrooms," said Shank. "There are two for gross-motor, sensory skills and open play. The other three can be used for speech therapy, tutoring, fine-motor skills and other academic work."

At the open house, staff members Krista Goovaerts, a special-ed teacher and speech-pathologist assistant, and Maggie Bridges, an occupational therapist, were on hand to speak with the parents and supervise the children while they played.

"All the staff wants the same things for the kids — consistency to help them make progress," said Goovaerts. "And this place is so welcoming that kids can feel safe and have fun while learning."

"It's family-centered," added Bridges. "The kids come for all the supports they need and, while they're getting therapy, their siblings can come play, instead of waiting for an hour in a waiting room with their parents."

What's neat about the center, she said, is that "children can come in for their individual therapies, group sessions and open play, all in the same place — and that also makes it more affordable. At Wings to Fly, there's so much love, fun and such a positive attitude that everyone feels good being here."



Shankar Gomathinayagam, 9, has fun in the ball pit.



David Snyder, in his role as vice-chairman of the Northern Virginia Transportation Commission, addressed the Commonwealth Transportation Board. To read Snyder's testimony go to www.thinkoutsidethecar.org.

PHOTOS BY
ANDREA WORKER
CENTRE VIEW

Citizens Debate Transportation

Public input sought on transportation improvement.

BY ANDREA WORKER
CENTRE VIEW

It was Northern Virginia's turn last week when Virginia Secretary of Transportation Aubrey Layne and the Commonwealth Transportation Board (CTB) held a public hearing at the offices of the Virginia Department of Transportation (VDOT) in Fairfax. The CTB is conducting meetings throughout the state to garner public opinion before their scheduled June vote on the state's Six-Year Improvement Plan 2015 - 2020 (SYIP). Various entities have held numerous meetings in recent months, particularly since HB 2313 — the first comprehensive transportation funding bill in the state for more than 27 years — passed in the General Assembly last year. Those meetings were often standing-room-only affairs, could witness dozens of citizens lined up to comment on particular projects or to suggest others, and frequently got a bit heated.

The April 24 CTB hearing featured more representatives from local jurisdictions and organizations than individual citizens. More praise and invitations for cooperation may have been heard than in the past and there was less of the "stop sign on this corner, please! wishlist" atmosphere that marked many of the open transportation meetings of late. There were even several acknowledgements of VDOT's efforts to keep Virginia roads clear and safe during the recent long, snow and ice-filled winter.

Not to say that those who spoke for the record weren't there to support the projects of particular interest to their constituents, or that there weren't some negative comments on parts of the plan or on the process.

LAYNE INTRODUCED the attending members of



Virginia Secretary of Transportation Aubrey Layne hosts the Commonwealth Transportation Board's (CTB) public hearing at the Virginia Dept. of Transportation offices in Fairfax.

the CTB as well as guest panelist Martin Nohe, chairman of the Northern Virginia Transportation Authority, who noted that his inclusion shows the level of cooperation being fostered between the state and the region. Layne summarized the agenda and the discussion on the table. Recently passed HB 2 received a large share of Layne's remarks. The new law, which takes effect on July 1, mandates a prioritization process for transportation project selection. "Congestion mitigation is the most heavily weighted factor by law when analyzing projects to be selected and funded in urban areas," Layne said. Other factors include economic development, accessibility, safety and environmental quality. "HB 2 is designed to inject more objectivity, to help ensure that the funds are used wisely," he added. Exempt from the scoring process would be projects already under way, and those funded by revenue sharing.

Layne warned that there were challenges ahead. "We may not get this all right the first time. And there is the threat looming in August with about \$1 billion in federal funds up for re-authorization." He commented that most in the room had probably heard something about a budget scuffle going on in Richmond, referring to the state's budget impasse, largely over the inclusion of a full rollout of Medicaid, which the Governor supports but House Republicans oppose. "What we are working with here are mostly non-general funds, so they will not be significantly impacted by the budget discussions."

Before opening the floor to testimony on the SYIP, several of the panelists provided facts and figures about current or upcoming projects for regional transportation improvements. Charles Kilpatrick, the state's new Highways Commissioner noted \$700 million underway today, while newly appointed director of the state's Department of Rail and Public Transportation Jennifer Mitchell outlined spending allocations for VRE capital funds, the new Potomac Shores station, and other transit station improvements, including the allocation of 80 percent of the

SEE CITIZENS, PAGE 15

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Westfield Girls' Lax Edges Resilient Centreville

**Centreville's
Wakefield, Newell
combine for 14 goals.**

BY JON ROETMAN
CENTRE VIEW

On a cold night with wind gusts and sideways rain, Caroline Wakefield and Reagan Newell put the Centreville girls' lacrosse team on their backs in an effort to knock off Westfield, one of the top teams in the region.

Newell's goal with 5:37 remaining in the contest tied the score at 14-all. It was Newell's sixth goal of the night, while Wakefield accounted for the other eight.

Westfield standout Molly O'Sullivan responded less than a minute later, however, leaving Wakefield, Newell and the Wildcats with a moral victory.

O'Sullivan scored the go-ahead goal with 4:48 remaining and added another less than a minute later, giving Westfield a 16-14 victory on April 29 at Centreville High School.

Westfield improved to 11-1, with its lone defeat coming against defending state

champion Madison; a 16-15 loss on April 16.

Centreville (5-4) pushed Westfield, tying the score twice in the second half. The Wildcats couldn't get over the hump, however, and O'Sullivan sealed the win.

"Their team is so good, so it's pretty hard to keep up with them," Wakefield said. "We did pretty well today."

While it's difficult to stay with Westfield, Wakefield and Newell gave it their best shot. Wakefield, a junior who is committed to the University of North Carolina, netted three straight goals to tie the score at 10 with 18:37 remaining in the second half. After Westfield took a 14-12 lead, Wakefield and Newell each scored to tie the game with 5:37 remaining.

Newell, a junior, is committed to James Madison University.

"They always put forth a huge effort every single game ... and I think that's what makes them stand out," Centreville head coach Christina Griel said. "They find each other on the field, they've been playing to-

"Their team is so good, so it's pretty hard to keep up with them. We did pretty well today."

— Centreville junior Caroline Wakefield

gether a long time, they have a lot of trust and confidence in each other and that's what we see every single day."

Westfield head coach Katie Ruch praised the Centreville duo.

"We're aware of how talented they are and so we were trying to adjust to them, because they were only two who scored for them," she said. "They're both very talented and if we play them again, we'll need to revisit how we are going to try to shut them down."

Fortunately for Ruch, the Bulldogs have their own talented players. O'Sullivan, a senior who will play at Navy, finished with six goals. Senior Meghan Heick, who will play at the University of Virginia, also scored six goals.

"Meghan is so fast," Ruch said. "Any time she gets the ball, it is so hard to stop her. She has excellent placement on her shots. Molly is also a very smart attacker and knows how to finish. When she's double-teamed, triple-teamed, getting hit in the head, she knows how to place the ball and

to work hard to receive the ball in order to put herself in that position."

Westfield will conclude the regular season with home games against Chantilly (May 6) and Yorktown (May 12). The Bulldogs have their sights set making a deep postseason run.

"Overall, we want to end on a win for the year," Ruch said. "A lot of these girls won the state championship for field hockey, so they're not used to losing. They know how to win in the postseason and hopefully we'll be able to pull on their expertise and experience in order to end that way."

Did playing undefeated Madison tough affect the way Ruch looks at a potential postseason matchup?

"They're catchable," she said. "They're a very talented team, but a lot of people place them well above everyone else. They're definitely catchable and we can compete with them."

Centreville will travel to face Herndon on May 6 and host Robinson on May 12.

"I'm very proud of what they came out here and did," Griel said. "I think they really proved themselves. That's a great team that they came up against. I have a lot of respect for their coach and what they do. I feel very confident that we'll see them again, so I feel confident going into it next time."

SPORTS BRIEFS

CVHS Varsity Boys Lacrosse Wins Two

Centreville's boys' lacrosse team visited Washington-Lee in Arlington for a 15-9 victory on April 21, and hosted West Potomac for a 10-9 overtime win on April 25.

Kyle Cannon dominated the face-offs against the Generals, which added possessions and contributed to the second-highest goal total of the season for the Wildcats.

Matt Laurence opened up the scoring for Centreville, followed quickly by Danny Meador and Tommy Healy. Healy scored again from the crease, with an assist from defenseman Ben Kandel. Meador made another goal, bringing the first quarter score to 5-2. Second quarter goals were made by John Tarver, Kyle Richbourg (2), and Laurence.

Three Wildcats earned hat trick goals in the third quarter, Richbourg early on, Healy following a run from mid-field, and Laurence on a golf-shot goal.

With a 12-5 lead entering the fourth quarter, Centreville relaxed a bit, but Richbourg scored two more goals while the Generals fought back with four goals.

Defenseman Aidan Barnes scored the Wildcat's final goal of the night, with an assist from Zach Forbes. Goalie Kent Roy finished the game with six saves.

The game against West Potomac was tight early. Richbourg was assisted by Meador on a man-up goal, and Cannon used a strong dodge and drive for the Wildcats' second

goal, but the Wildcats trailed by one at the half. Centreville got hot in the third quarter, with goals coming from Tarver (2), Meador, Richbourg, and Healy, with assists earned by Laurence and Kainoa O'Connor. A Wolverine comeback in the fourth quarter was kept in check by Wildcat goals from Richbourg and Healy, but West Potomac tied the score at 9 with less than three minutes to play, forcing overtime.

Although West Potomac seemed to have momentum, Cannon continued his near-flawless night at face-offs by winning the ball, sprinting downfield, and dishing a pass to Meador, who scored the game winner just seven seconds into the overtime period.

Centreville Track Competes At Wildcat Classic

The Wildcat track team competed in the Wildcat Classic at Mountain View in Stafford on April 26.

Despite having only a 10-girl squad, the lady Wildcats had one of their best point totals of the Invitational season, with 21. Scoring for CVHS were Jackie O'Shea with a second-place finish in the 3200-meter run and Natalie King with a seventh-place in the 800-meter run.

The girls' 4x800 relay team of King, Colette Rizzi, Hannah Huggins and O'Shea placed fourth, and the 4x400 relay of Sammy Belso, King, Huggins and Tyra Baptiste finished third.

The boys' squad had some runners returning from injury and other running in the Penn Relays and, while several PRs were achieved, limited their scoring to the boys' 4x100 team finishing sixth.

The relay was composed of Mikael Mantis, Derrick Arther, Taewan Kim and James

Warajuntano.

The boys' 4x100 relay team of Young Bin Jin, Michael Bishop, Kevin Bishop and Andrew Ridenour, and the 4x400 relay team of Michael Bishop, Kevin Bishop, Young Bin Jin and Chase Heiner competed in the prestigious Penn Relays in Philadelphia.



PHOTO CONTRIBUTED

Spring Tournament Winners

The Demarini Stars Prime won the first annual Centreville High School Spring Baseball Tournament by winning four games over a three-day period. Andrew Womack led the team in the championship game with a home run logging in at 350 feet. The team is comprised of: Back row, Cameron Pine, Bryce Katahara, Sajon Belser, Brendan Sweeney, Andrew Womack, Hank Pavco-Giacca, Hugh O'Hara and Tanner Koons. Front row is Taylor Morin, Cortlyn Lawson, Joe Clancy, Bat boy Connor Morin, Max White and Jordan Reiser.



PHOTO CONTRIBUTED

World Police and Fire Games

U.S. Sen. Mark Warner recently announced he will join the Honorary Board of Directors of the World Police and Fire Games, Fairfax 2015. He hosted a meeting at his office before the Congressional recess with key Fairfax 2015 staff, public safety officials and board members. From left are Mike Smith, vice president of marketing and public relations; Kevin Reynolds, CEO of Cardinal Bank and chairman of the WPFG Board; Fairfax County Fire Chief Richard Bowers, Jr.; Assistant Fire Chief Garrett Dyer, WPFG Public Safety Liaison, and Bill Knight, CEO, Fairfax 2015.

'Guys and Dolls' at Paul VI

BY ELIZABETH COO
WESTFIELD HIGH SCHOOL

PHOTO COURTESY OF PAUL VI CATHOLIC HIGH SCHOOL

"They call you Lady Luck, but there is room for doubt. At times you have a very unlady-like way of running out!" But if you did run out of Paul VI Catholic High School's production of "Guys and Dolls," you would have missed a fun night filled with laughter, jokes, and an attempt to answer to the age old question: "What won't a guy do for a doll?"

In its infancy, "Guys and Dolls" started out as a series of short stories by Damon Runyon and then graduated to book form through the work of Jo

CAPPIES REVIEW

Swerling and Abe Burrows. With Frank Loesser's composition of its signature swinging tunes and lyrics, "Guys and Dolls" went on to premiere on Broadway in 1950 and win the Tony Award for Best Musical in 1951. Since then, the musical has undergone numerous revivals and is widely considered to be one of the must-see, great American musicals of all time.

Somewhat ambiguously set during Depression-era New York City, where gambling is illegal and even the lowlifes still dressed in suits, "Guys and Dolls" follows the intersecting lives of Nathan Detroit and Sky Masterson. The show opens with Nathan trying to find a place to hold his illegal crap game while keeping his gambling activities a secret from his fiancé of 14 years, Adelaide. Nathan tries to coerce money out of Sky, but on a bet gone sweet, Sky ends up falling for good-girl missionary, Sarah Brown. Both men are "no-goodniks", who try to juggle their love for shooting crap and their love for the woman in their lives. The people of New York City with whom they associate create a colorful backdrop to the two couples' winding road to wedding bells.

The entire cast added a perky step to the upbeat and liveliness of New York City. Though the ensemble was a little inconsistent with their energy level, the whole group worked well together, improvising and bantering with each other, so that slip ups were overshadowed by the general, feel-good air of the show.



Caleigh Davis and Jacob Rozmajzl.

Especially memorable were the lowlife, gambling crapshooters, who shined in group numbers such as "Luck Be a Lady" and "Sit Down, You're Rockin' the Boat."

"Chemistry? Yes, Chemistry!" Without believability and authenticity between the two couples, the driving force behind "Guys and Dolls" would be lost. But the chemistry between the four leads: Jacob Rozmajzl (Sky Masterson), Caleigh Davis (Sarah Brown), Spencer Loessberg (Nathan Detroit), and Abby Rozmajzl (Miss Adelaide), was palpable in songs such as "I'll Know" and "Sue Me", and truly carried the production.

Though there were many moments that stood out in this particular show, performances from Max Snyder as Benny Southstreet and Joey Arzeno as Big Jule were notable for their comedic timing, constant energy, humorous characterizations, and engagement with the storyline.

Though there were some issues with the technical aspects of the show, the cast recovered by keeping the pace and energy fast, animated, and dynamic, so that any inconsistencies were forgiven in light of strong vocals, vivacious lowlifes, and two endearing couples falling in love.

In short, the cast and crew of Paul VI Catholic High School's "Guys and Dolls" created an entertaining night that left everyone feeling a little lucky to be there.

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Father and Son "Together"



By KENNETH B. LOURIE

As a born, bread and buttered Bostonian (Newton Centre, a suburb, to be specific), one of my enduring and genetic passions has been to live and die (figuratively speaking; this is not a cancer column) for The Boston Red Sox. My father sold concessions at Fenway Park (the stadium home of the Bosox since 1912), during the Depression when he was a little boy (not yet an adolescent even). He was nicknamed "Beezo," (his given name was Benet, although he was always called Barry) so he could gain full acceptance to a local knothole gang. Named after the wooden planks which surrounded the old Braves Field in Boston (a National League team called Boston its home as well back in the day), the kids ("gangs") would stand and peer through the knotholes in the wooden planks which otherwise blocked their view. It was a privilege and an honor for my father to be so connected to the game this way. He grew up loving baseball, and as a parent, he passed his love of the game on to me – and my brother.

Growing up in the suburbs, there were no planks surrounding our fields and no knotholes. The grass might have been a little thin though. It was on these fields where I played "sandlot" baseball. Close to home but miles away from Fenway Park. Here we mapped out our own base paths and used hats, gloves, coats, etc. to identify the bases, the pitcher's mound and of course, home plate. To fill out the respective teams, we often split however many kids we had into however many positions we needed filled, often with some kids playing multiple positions on both teams. Anything to get a game in. I spent many afternoons and evenings before the age of 10 practicing in this manner.

I thought I had become pretty good, too – for a kid, so when Little League tryouts were announced – for ages 9–12, I was very excited. My goal was to play baseball. My older brother had done so; now it was my turn. Unfortunately, my tryout was not very successful. I was not picked for "The Majors." I was picked by a "Minor" League team and that's where I began my career. I pitched a few games, even caught a few games, not really distinguishing myself in either endeavor. Still, about halfway through the season, I was called up to "The Majors," by the Boston Red Sox, (Little League version). I was thrilled by the selection and even more excited that I'd be playing for the Red Sox – of all teams, wearing a similar uniform and colors of my heroes at the Big League level. I chose uniform number 16; to this day, I always look to see who's wearing that number on the current Sox (Will Middlebrooks, currently) and then envision myself being in that uniform. Wearing that uniform, and hat, solidified my dream. I wanted to play for the Boston Red Sox in Fenway Park when I grew up, and for the next 10 years or so, through Little League, Junior High School, Babe Ruth League, High School; in spring, summer and fall, I pursued that dream. I tried out for my college team, but ultimately, that's where the dream ended.

Still, it was during these extremely formative years when my father and I built the foundation of our relationship: baseball. We practiced together, played catch together, attended all my games together, went to Fenway Park together, listened to games on radio together, watched games on our black & white television together, and filled up my scrapbook together; in essence, we enjoyed our life together – through baseball.

And even though the prospects of fulfilling my dream were never particularly realistic, its common pursuit by me and my father made for memories that have lasted over 50 years. My father may be gone, but he'll never be forgotten. Every time I watch a baseball game, I remember how it all began – for me, throwing a ball to my father. That was no field of dreams; that field was, and is, my reality.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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-Arthur Wing Pinero

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21 Announcements

21 Announcements

PUBLIC HEARING NOTICE TOWN OF CLIFTON MAY 13, 2014

Notice is hereby given that the Town of Clifton Town Council and Planning Commission will hold a joint Public Hearing on Tuesday, May 13, 2014 at 7:30 p.m. in the Clifton Community Hall, 12641 Chapel Road, Clifton, Virginia. The purpose is to consider amendment and revision of the Signs regulations within the Zoning Ordinance, found in Chapter 9, Article 2 General Regulations, Section 9-14 of the Code of Town of Clifton, Virginia. The proposed revision is available for review on the Town website <http://clifton-va.com> under the Town Council – News from the Council drop-down menu.

A hard copy may be examined at the Clifton Post Office, 12644 Chapel Road, Clifton, Virginia. All interested parties are encouraged to attend the Public Hearing to express their views with respect to the proposed amendment and revision of the Signs section of the Zoning Ordinance.

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-Arthur Wing Pinero

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PHOTO BY ANDREA WORKER/CENTRE VIEW

Douglas Stewart represents the Virginia Chapter of the Sierra Club at the Commonwealth Transportation Board's public hearing.

Citizens Debate Transportation

FROM PAGE 11

\$365 million for transit and rail work next year.

Some of the speakers to address the CTB panel included:

state Del. Jim LeMunyon, (R-67), whose comments included the need to fully fund and move forward with the I-66/Route 28 expansion and improvements, and to avoid any options that put more traffic on to Route 50.

Loudoun County Board Supervisor Suzanne Volpe (R-Algonkian District) said the county felt "blindsided" by some of the proposals in the SYIP Draft that would significantly cut certain funds for road maintenance and improvement. Volpe also wanted the CTB to know that with the Draft only becoming available on April 18 — six days prior to the hearing — the timing of its release made any real review and analysis virtually impossible and that further review and commentary would be forthcoming.

David Snyder, vice mayor of Falls Church and the vice-Chairman of the Northern Virginia Transportation Commission (NVTC) read a statement for the record, presenting an economic case for increased and sustained funding for transit in Northern Virginia. "This is a whole new generation today. They want transit that isn't cars and highways," he said. Snyder outlined "core capacity investments" that "will remove 35,000 cars from the road." The NVTC was all in favor of a metrics system to evaluate projects, but stated that "the calculation of trips in the operating formula unfairly excludes trips made by tourists and many trips taken from airports, and uses a formula that only counts trips made by Virginians who live in Washington Metropolitan Area Transit Authority (WMATA) jurisdictions. Snyder said that the NVTC would continue to work cooperatively to see these issues addressed in the final version of the SYIP.

Arlington County Board member Mary Hynes, like Snyder, urged the CTB to emphasize the multi-modal approach to project approval. "Walking, biking, and transit for

Arlington are not optional," said Hynes, "to ensure the economic health of all the region, as well as the quality of life of Arlingtonians. With the highest job density and the second highest population, Arlington is unique, acting as something of a funnel for people on the move through and to and from Arlington."

THE REPRESENTATIVE from the citizens' organization "Arlingtonians for Sensible Transit" was there to protest the planned Columbia Pike Streetcar project, calling it a "staggering waste of money," and seeking more buses to handle the area's traffic needs. The citizens of Vienna also worry that their quality of life and the "Main Street Village" they have worked for years to protect are being endangered by any plans that don't place transit over more cars, especially as the Tyson's Corner development continues. Vienna Vice-Mayor Carey Sienicki was there to represent the Town.

Bob Chase, president of the Northern Virginia Transportation Alliance voiced appreciation for all the hard work put in to date, but cautioned that the "plan is an enigma to the average citizen," citing difficulty in wading through the VDOT website, the 55 pages of Northern Virginia projects and all of the related information and articles. Chase also stressed that it was important not to lose a sense of urgency as a result of the passage of HB2. "We've already been waiting a real long time," he reminded the panel.

As the meeting concluded, the audience was reminded that VDOT was still conducting additional hearings, and that public commentary was most welcome for consideration. If unable to attend one of the public hearings, contact information is available on the website at www.vdot.virginia.gov. Comments must be received by June 2 to be considered prior to the vote on the SYIP. Also on the website is a list of all the projects being considered for approval in the current SYIP. Click on Northern Virginia as the "District" for the projects database.



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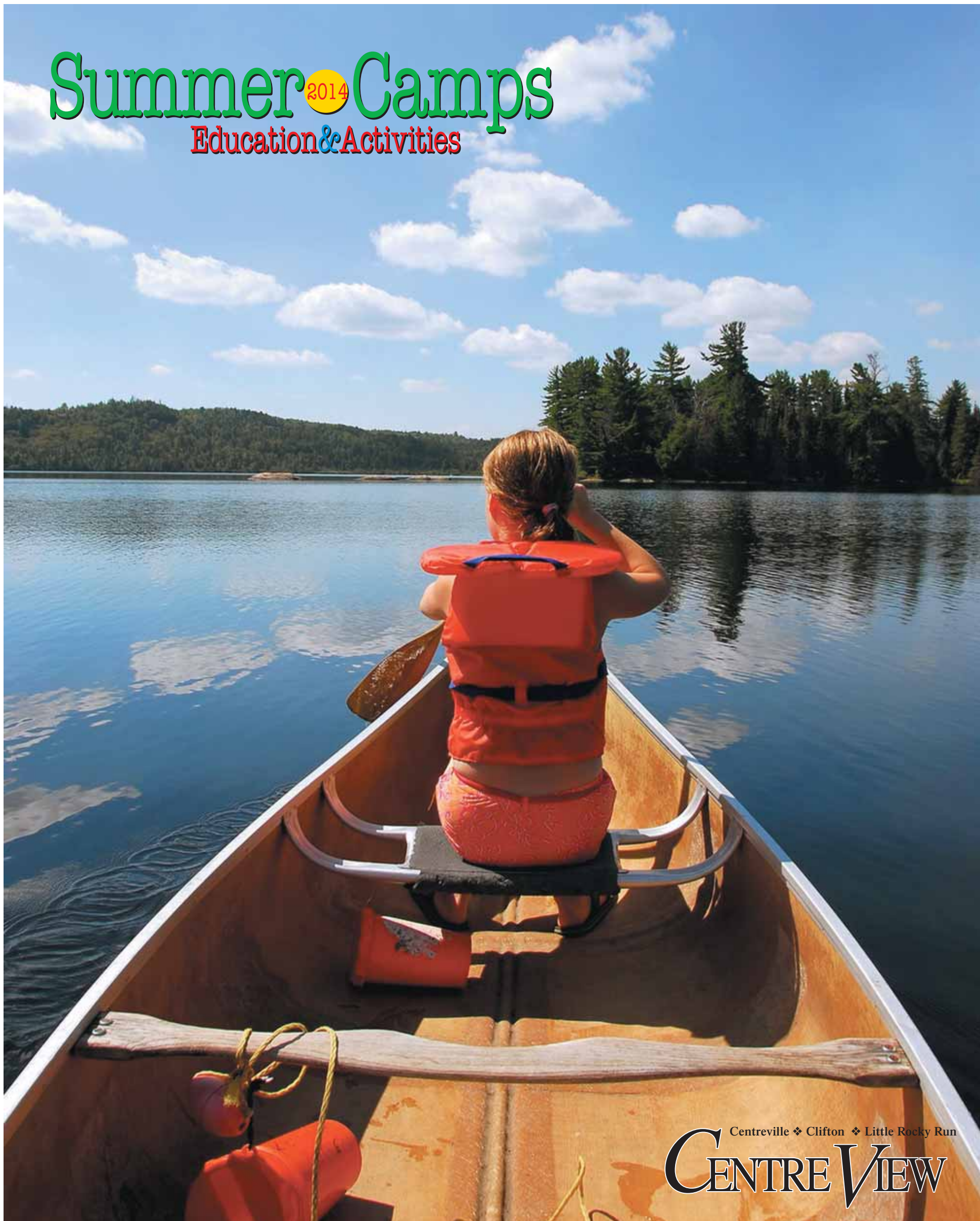


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Choosing a Summer Camp

Now is the time to register for summer camp; nearly infinite choices.

BY MARILYN CAMPBELL
CENTRE VIEW

Many families with school age children will plan to have their children spend some of the much-anticipated summer season in camp. If you haven't yet selected camps for your children, now is the time.

"Popular classes and programs always fill early," said Kevin Rechen, camp director of Summer at Norwood in Potomac, Md.. "Families that are choosing a camp based on a specific program or class should register as soon as they can."

Whether you choose a traditional day camp, a specialty camp or a sleep away camp, the Washington, D.C. region has a multitude of offerings. The array of options can be overwhelming for some parents, but summer camps can be an important part of a child's development.

"Summer camp is an opportunity for children to develop social skills with their peers," said Linda Gulyn, Ph.D., professor of psychology at Marymount University in Arlington, Va. "Camps give the benefits of social interaction in a more relaxed setting."

When selecting a camp, there are factors that parents should keep in mind. "When parents are looking for a camp they should try to find a camp where they're comfortable with the facility, the programming and counselors and staff," said Rechen.

"Developmentally, as children get older they get more specialized in their skills and interests," said Gulyn. "Summer camp is an opportunity to hone in on those skills. Go with the child's interest and skills and further develop those because they are an important part of a child's identity."

Specialty camps can help children develop creative thinking and problem-solving skills.

For example, St. Stephen's & St. Agnes School in Alexandria offers camps that include Quadcopters and Video Editing, MiKiDo Mixed Martial Arts, CSI Detective, Hunger Games, Civil War, Fantasy Battle Gaming, Filmworx Movie Making, Eco-Adventures, Junior Musical Theater, Zoology, [and] Junior Veterinarian, said Linda Stratton of SSSAS.

OTHER SPECIALTY CAMPS include cooking camps, yoga camps and sports camps that run the gamut from tennis to hockey.

At George Mason University, high school juniors and seniors will have an opportunity to attend a camp that will give them a



PHOTO COURTESY OF FAIRFAX COUNTY PARK AUTHORITY

Campers at Hidden Oaks Nature Center find something interesting while exploring the creek.



MADEIRA SCHOOL PHOTO

Activities from summer camps held at Madeira School in McLean.

head start on college. "It's not your parents' summer camp," said Sudha Kamath. "Mason is giving high school juniors and seniors the chance to take some rare classes for college credit, covering everything from insects that crawl underground to objects that spin through outer space."

Cathy Evans, director of special projects at George Mason University said, "Subjects include astronomy, biology, chemistry, computer science, economics, environmental science, ethics, global affairs, health behav-

ior, history, mathematics, nutrition and public speaking. The sky's the limit as students explore topics like 'Stars, Galaxies and the Universe' and 'The Ecosphere.'"

Camp Greenway at The Madeira School offers three options for two-week camp sessions, said Laura Temple, spokeswoman for school in McLean, Va. "Water sports, games, team sports, music, arts and crafts, and MAD Science are all part of the daily action for campers."

The Fairfax County Park Authority offers

camps nature camps that are designed to immerse children in the outdoors. "We want the children to connect with the world around them," said Judy Pedersen, Public Information Officer, Fairfax County Park Authority.

"When they leave camp, we hope that they have a deeper appreciation for the world around them for and the environment." You don't need to be a resident of Fairfax County to attend the camps, Pedersen said.

ANOTHER OPTION is sleep away camp, which can sometimes be a nerve-wracking but rewarding experience for both a parent and a child.

How does a parent know that their child is ready for to make this leap? "It is going to vary from child to child and family to family," said Michele C. Garofalo, Ed.D., assistant chair, Department of Counseling and a professor of Psychology at Marymount University in Arlington.

"I think if a child has spent time having sleep overs with friends and has done ok, and is independent and feels comfortable sleeping at friends' houses then it should be fine."

Garofalo suggests that the first sleep away camp experience should be brief.

"I think you want to do a shorter experience to get them ready. The first summer, send them to a four-day camp to test the waters. Their first experience should be at a camp that is close to home. Don't send them to a camp in California the first time."

An open dialog between parent and child is key. "Explain to the child that they are going to be on their own and tell them what will be expected of them," said Garofalo. "Parents can prepare their children and have an honest conversation about what will happen at the camp."

Those who think they can't afford the cost of summer camp should research financial aid options.

"Many summer camps offer financial aid and there are foundations that give grants for camps," said Rechen.

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Ideas for Summer

Avoid those dreaded words: 'I'm bored.'

BY MARILYN CAMPBELL
CENTRE VIEW

Molly McAlister enjoys the freedom of summer, but there are three words she dreads hearing: "Mom, I'm bored." Creating activities to keep her three children busy during the summer is a task she enjoys, but it isn't always easy.

"I love taking the kids swimming or on bike rides, but sometimes I run out of ideas," said McAlister who lives in Centreville.

Many parents allow "screen time" to keep children happy, but it's important to interact with them as well.

"Some parents will give their child an iPhone or an iPad to entertain them," said Michele C. Garofalo, Ed.D., assistant chair, Department of Counseling and a professor of Psychology at Marymount University in Arlington. "Interacting with children and being involved with them rather than giving them electronic activities is important. It is important for kids to figure out how to interact with their parents and friends."

"Summer is a wonderful time for parents to get to know their kids and interact with them in a different way," said Garofalo, who lives in McLean.

One way that families can spend quality time together is by creating art, said Dabney Cortina of the McLean Project for the Arts in McLean. In addition to summer camps, McLean Project for the Arts offers family workshops where parents and children create art together.

"The whole process of creating is so important to a child's development and it's so important to be with your children and create something together," said Cortina. "I see the smiles as the children and adults put their heads together to create things. I think it's also a wonderful release for adults."

COMMUNITY SERVICE PROJECTS are a great way to spend time and help children learn during the summer.

"Let them spearhead a yard sale," Garofalo said. "Kids

gather the items, make flyers and put the flyers in everyone's mailbox. They can donate the money to charity so you can tie in a service project."

Spend time in the kitchen. "You and your children can do a lot of baking and donate the items to a homeless shelter," said Garofalo. "With parental approval and guidance, kids can also do dog walking or water flowers for neighbors who are away."

For families who want to spend time in nature, Len Annetta, Ph.D. Professor in the College of Education and Human Development at George Mason University suggests the Manassas National Battlefield Park. The park, which is home to more than 160 species of birds, has been recognized National Audubon Society as an Important Bird Area.

"Our area has so much history," said Annetta. "Most of these place don't cost money but can immerse students in something educational, which is really critical."

FOR PARENTS who plan a summer of varied activities, specialty camps as well as parent-child activities are worthy options. Even one or two sessions of week-long specialty camps can add to a child's summer.

Deb Burger of the Potomac Horse Center in North Potomac, Md., said they offer camps where children learn equestrian skills and are given information about the history of horses, breeds, colors, markings, anatomy, horse care and grooming. "Campers also do horse-related arts and crafts," said Burger. "They have a good time, make friends, increase their love of horses and improve their ability to ride."

Tony Castrilli, Director of Public Affairs for Fairfax County says the county is offering nature camps during the summer.

SUMMER READING PROGRAMS

The Fairfax County Summer Reading Program encourages children and teens to read for pleasure during summer vacation. It is held in cooperation with Fairfax County Public Schools. The summer reading program runs June 20-Aug. 30. Children from birth to sixth grade read 15 books. Students in grades 7-12 read eight books. Learn more about the Fairfax County Public Library summer reading program www.fairfaxcounty.gov/library/srp.

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