

Delicious Day at Taste of Vienna

NEWS, PAGE 2

Wearing their fire hats at Saturday's Taste of Vienna are the Boatwright sisters, (from left), Charlotte, 6, Abigail, 10, and Piper, 8.

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Inside



Summer Camps
Education & Activities

(From left) Maggie Wang, Tony Lee and Jennifer Hu serve vegetarian dishes from Sun-flower restaurant.



PHOTOS BY BONNIE HOBBS/THE CONNECTION

Delicious Day at Taste of Vienna

The third annual Taste of Vienna, benefiting the Vienna Volunteer Fire Department, was Saturday, April 26.



Maplewood Grill's Paul and Noel Kuchler serve shrimp-and-crab poppers, roasted-corn salsa, spring remoulade, and lamb chops with Tzatziki sauce.



Ricardo Carrillo of Bazin's on Church served up pork barbecue and shrimp for tacos.



Jeff Mosher and Sandra Saykawlard of The Fresh Market gourmet grocery store.



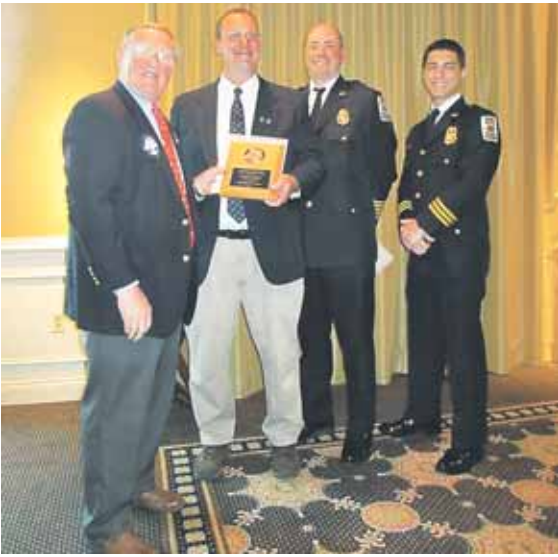
(From left) Ed Paraan and Adam Saldaña of Seasons 52 offer mini versions of decadent desserts.



(From left) are Merja Bjorksten and Maile Ramzi of Sahara Date Co.



Crepe Amour was one of the most popular places at the Taste of Vienna.



Rotarian George Creed presented EMT Bill Padgett of the Vienna Volunteer Fire Department with the 2014 newly-renamed M. Jane Seeman Rotarian Service Above Self award. To the left of Padgett are VVFD Fire Chief John Morrison and Deputy Chief Jeff Snow.



Representing the Vienna Police Department, Officer Conor Tracy of the Vienna Police Department accepted Vienna Rotary's M. Jane Seeman Rotarian Service Above Self award from Rotarian George Creed. On Tracy's left is VPD Chief John Morris and Deputy Chief Dan Janicky.

Honored for 'Service Above Self'

Vienna Rotary awards renamed in honor of memory of former mayor M. Jane Seeman.

BY DONNA MANZ
THE CONNECTION

The Rotary Club of Vienna honored Vienna's first-responders of the fire department and police department at its April 23 luncheon meeting at Westwood Country Club. Patrol officer Conor Tracy of the Vienna Police Department and EMT William "Bill" Padgett of the Vienna Volunteer Fire Department were recognized for their outstanding contributions to their departments and to the community with the club's newly-renamed M. Jane Seeman Rotarian Service Above Self awards.

The check Rotary donated to the fire department will go toward paying off equipment and another check to the police department will go towards funding vests and earpieces.

Speaking of fellow officer Tracy, Sgt. T. Farhan said, "He is the epitome of unselfish service ... as he is always ready to lend a hand to fellow officers or to relentlessly work cases until a successful conclusion, many times past his regular shift."

Tracy, hired in April 2011, is a patrol rifle operator, a R.A.D instructor, patrol-bicycle certified, and an Intoxication breath-test operator. He is one of the Department's top DWI enforcers and has made some notable narcotic arrests, as well, Farhan noted. In a recent case, assisting narcotic detectives, he conducted a traffic stop on a drug trafficker and seized a sizeable amount of drugs and currency and this led to the arrest of additional offenders that have been dealing drugs in the Vienna area and the seizure of additional drugs. This case resulted in the arrest of numerous offenders and making a positive change in the community.

"He always goes above and beyond on his calls for service assisting citizens," Farhan said.

VVFD Chief John Morrison credited Padgett with his invaluable work with the department's equipment, particularly the antique fire engine owned by



Rotarian George Creed displayed the newly-named M. Jane Seeman Rotarian Service Above Self award to Seeman's children, Tom Seeman and Linda Colbert.

VVFD. Padgett, a 28-year Vienna resident, joined VVFD about 18 months ago and has become a EMT - B. He's the department's mechanic.

Vienna Rotary inducted Vienna Mayor Laurie DiRocco as an honorary member during the program and gave a check to Department of Parks and Recreation for scholarships to send eligible kids to the town's summer camps. The Vienna Rotary is 2014's primary sponsor - \$5,000 contribution - of Town Green concerts. In its current calendar year, Vienna Rotary is giving back to the community more than \$180,000 that it raised from the 2013 ViVa! Vienna!

Vienna Rotarian George Creed suggested renaming the annual "Service Above Self" award in memory of former mayor M. Jane Seeman who died of cancer in February. Seeman, said Creed, epitomized service above self, Rotary International's motto. Seeman's daughter Linda and son Tom stood as Creed, choking up, displayed the new plaques to them. The recipients are awarded a personal plaque and their respective departments are each given a duplicate plaque, as well.

"I like the small-town feel," said Officer Tracy. "You know everyone's names and everyone here is friendly."

PHOTOS BY BONNIE HOBBS/THE CONNECTION



SRO Coordinator Bill Fulton.



Taylor Gibson shares her story.

Avoidance Better than Arrests, Prison, Death

Parents, students learn substance-abuse dangers.

BY BONNIE HOBBS
THE CONNECTION

Part One

It's one thing for people to warn others about the dangers of substance abuse. But it's more powerful when they share personal stories of how drugs and alcohol affected their own families.

And that's what happened during the recent forum at Madison High. Called "Protecting Against the Realities of Substance Abuse," it was put on by Parents Reaching Out To Educate Communities Together (P.R.O.T.E.C.T.), a task force of the Unified Prevention Coalition of Fairfax County (UPC).

First to speak was School Resource Officer (SRO) Coordinator Bill Fulton. He's been with the county Police Department for 25 years and, as a narcotics supervisor for several years, he saw the affects of drug use firsthand. And then it hit home.

"I have three children, including a son, 19, and he was involved with alcohol and other substances," said Fulton. "So it can be challenging as a parent, no matter who you are."

THERE ARE A LOT of synthetic drugs now, too, and easy access to them on Websites. So, parents, be alert if your children change friends or lack interest in things they used to like. Check their bedrooms, pants pockets and their phones."

Basically, he said, "As parents, no matter what we did, our son seemed to fall through the cracks. But I was inquisitive. I asked him, 'Where are you going? Who'll you be with?' And I told him to call me from [his destination's] house phone."

Fulton said teens know they'll get suspended if they bring drugs into school, so they instead do drugs outside of school. THC is the chemical that induces highs from marijuana and, said Fulton, "THC levels are up to 30-percent stronger now. So marijuana's much more potent and is laced with other things - and teens don't know what they are."

He said alcohol's the gateway drug leading to marijuana and other narcotics. For example, molly gives "an LSD-type, hallucinogenic high, and kids have no idea what the outcome will be," said Fulton. "Spice is synthetic marijuana, and they can get heroin from [Washington], D.C."

"Kids see their friends using these drugs and still doing OK, so they don't realize how dangerous they are," said Fulton. "But they can talk with their SRO at school or leave a tip on the anonymous tip line about huge parties when parents are out of town. And, kids, it would be nice to see all your friends at graduation. You're not ratting them out; you're looking out for them."

SEE ABUSE, PAGE 9



PHOTO COURTESY OF KARIN'S FLORIST

Maris Angolia (top row, fourth from right), gathered her team of award-winning designers and employees for a photo celebrating Karin's Florist 58 years in business. The Fairfax Chamber awarded the family-owned business its 2012 Outstanding Corporate Citizenship Award for small business.



Karin's Florist of Vienna, family-owned and operated for 58 years, offers a variety of brightly colored floral displays for walk-in customers.

Arranging Flowers to Deliver the Right Message

BY VICTORIA ROSS
THE CONNECTION NEWSPAPERS

In 2011, Maris Angolia, president and CEO of Karin's Florist in Vienna, was searching for a way to honor her father, Bill Dukas, who founded the floral company in 1956 with his father-in-law George Raptis.

"My father was 83, and I wanted to find a way to show him how much he meant to his longtime customers, how much they appreciated the role our family's flower shop played in their lives over the years," Angolia said.

Angolia held a "Memories" contest, asking customers to send in remembrances of Karin's. Angolia still gets emotional reading the letter from contest winner Susan McCabe, a lifelong Karin's customer.

McCabe wrote about her father, a former Navy Admiral, who was living in Manor Care Nursing Home in Chantilly after a debilitating stroke. McCabe's mother visited her father twice a day.

"Flowers have always been a way in our family to say 'I love you,'" McCabe wrote in her memories letter.

"I asked him if he'd like me to order flowers every month to be sent to Manor Care for him to present to mother that day on her visit. He could say two words, 'Yes sir,' and 'Amen,' so he loudly agreed with a hearty 'Amen.' That began a tradition that lasted several years. On the arrival of the flowers each month he would put them on the tray of his wheelchair and move to the hallway where he could greet his bride with a beautiful bouquet. ... Last year mother moved to Goodwin house after living in her home in Falls Church for almost 50 years and being a widow for 17 years. I remembered Dad's tradition and thought he would like me to continue the tradition as a reminder of how much he loved mother. So now each month Karin's again sends a beautiful bouquet to my mother to remind her how much she is loved."

"Flowers are an emotional business. Everyone here works really hard and puts their hearts into all of our orders trying to make sure the customer feels special and unique."

— Maris Angolia, president and CEO of Karin's Florist in Vienna

"Unfortunately, my father passed away in May, before the contest ended. That letter would have meant a great deal to my father," Maris said, softly.

BILL DUKAS originally opened the florist in the Seven Corners shopping center with his father-in-law, George Raptis, a Greek immigrant. They started with a handful of employees, and christened the store "Karin's," after his first-born child and Raptis' first grandchild.

"He relished his role serving the community during all the momentous occasions in their lives. Whether they were coming in for a big wedding, a baptism, or a first date, he always treated them like family," Angolia said. "He and my grandfather both held the community close to their hearts."

After 38 years in Seven Corners, Karin's



Maris Angolia, president and CEO of Karin's Florist in Vienna, shows her newest display of artistic keepsakes and containers from Romero Britto, known for his pop themes and pulsating colors.

relocated to its present location in Vienna, which more than doubled the space of the old location, and had room for the company's current 25-plus employees. At this point, Maris joined the family business and now serves as its president and CEO.

Despite the changes in the community and the growth of the four-person florist shop, the store has maintained its values in community and family.

"I really wanted to build on the legacy of my father and grandfather's business," Angolia said. "Flowers are an emotional business. Everyone here works really hard and puts their hearts into all of our orders trying to make sure the customer feels special and unique. We have amazing customers."

The shop is well-known for its signature touch on all bouquets and wraps.

"We have professional designers who can take a customer's vision and make it come to life," Angolia said.

Customers also love Karin's made-to-order gift baskets, a popular choice for new mothers, Mother's Day and just about any other occasion. For new mothers, Karin's offers the popular Loukoumi basket, which includes stuffed animals and the award-winning series of autographed Loukoumi books that benefit national children's charities. Angolia, who solicits feedback from teens and other customers as a way to keep "ahead of the trends," offers a signature Prom Buffet, which includes a "Build-Your-Own Corsage" station complete with wristlets, flowers and other corsage bling.

Weddings and other special events are also a large part of Karin's business, and Angolia said she recruits top talent to make sure customers get what they want on their special days. "We just learned that Bryan Swann, our creative director, is currently one of five florists chosen to compete in the Society of American Florists' Vase Off. We're really excited and proud of him," Angolia said.

The Vase Off is a national floral design competition and all-star challenge. Designs will be revealed May 15, and voting takes place May 15-May 29 at <http://www.aboutflowersblog.com>.

"Of course, we will have all the details on our Facebook page and website, so we encourage people to vote." The winner is announced on May 30.

"Our team works hard, but it's all worth it and very heartwarming when we hear how much those flowers meant to someone," she said.

Like her father, Angolia is actively involved in the community and is the founder of the Karin's Gives Back program, which "supports and promotes the good work of Northern Virginia, Washington D.C. and Maryland based charities."

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WEEK IN VIENNA

Vienna Bike Rodeo, May 3

A bike rodeo for children, pre-school through sixth grade, is slated for Saturday, May 3, from 9 a.m.-noon, in the Vienna Volunteer Fire Department parking lot, 400 Center St S., Vienna. Advance registration is not needed.

Under the guidance of a veteran cyclist, the rodeo will help children who already know how to ride a bike develop safety skills including breaking, balancing, basic road rules and how to handle obstacles. Children must have a helmet to participate. Free bike and helmet checks will be available.

Jointly sponsoring this event are the Town of Vienna Parks and Recreation Dept., Vienna Police Dept., Safe Routes to School, Spokes Etc. and Bikes@Vienna. Participating elementary schools include Cunningham Park, Flint Hill, Louise Archer, Marshal Road, Vienna, Westbriar and Wolftrap.

For more information, call 703-255-6360 or visit <http://www.viennava.gov/documentcenter/view/851>. In case of inclement weather, call the weather line at 703-255-7842 for any cancellation or delay.

Tim Fricker of Bikes@Vienna Recognized at Vienna Green Expo

The Vienna Town/Business Liaison Committee selected Tim Fricker, owner of Bikes@Vienna, 128 Church St NW, for the first annual Vienna Green Business Recognition Award. The honor acknowledges local businesses and non-profits that have adopted sustainable and environmentally-friendly business practices. Bikes@Vienna specializes in folding, recumbent, tandem and upright bikes, as well as gear and accessories.

The award was presented by Mayor Laurie A. DiRocco and members of the Town Business Liaison Committee during the 6th Annual Vienna Green Expo on Thursday, April 24. The Expo, held at the Vienna Community Center, 120 Cherry Street SE, featured presentations and discussions for children and adults from more than 35 juried organizations and businesses with information on energy efficiency, creating green gardens, recycling options and other ideas to save money and help the environment.

Vienna Farmers Market Opens

Sponsored and operated by the Optimist Club of Greater Vienna, the Vienna Saturday Farmers Market will open Saturday, May 3, at Faith Baptist Church, 301 Center St. S. It'll be open each Saturday through Oct. 25 from 8 a.m.-noon. There's a bike rack provided by Bikes@Vienna for bicyclists, and parking for farmers market pa-

trons, plus people with special needs will be available in the church parking lot. Except for coffee and tea, all items for sale are locally grown, raised, made or produced.

Walk, Bike, Shop Vienna

The Vienna Town Business Liaison Committee, in partnership with the Vienna Business Association, will host Walk, Bike, Shop

Vienna, a May 5-9 promotion to benefit local elementary schools and businesses. During that week, participating businesses will offer a minimum 5-percent donation to local, elementary-school PTAs for all sales made whenever the Walk, Bike, Shop Vienna promotion is mentioned.

Schools that will benefit include: Cunningham Park, Flint Hill, Louise Archer, Marshall Road, Vienna, Westbriar and Wolftrap. Funds raised will be distributed

equally to each school's PTA. For a list of participating businesses, go to <http://cloud.chambermaster.com/userfiles/UserFiles/chambers/9111/File/walkbikeshopViennaflyer042414.pdf>.

Don't Forget To Vote

Next Tuesday, May 6, is election

SEE WEEK, PAGE 7

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TRIANGLE

Shepherd's Center Hosts Volunteer Luncheon

Community organization celebrates volunteer service.

BY RYAN DUNN
THE CONNECTION

The Oakton-Vienna Shepherd's Center, organized in 1997, is one of over 50 Shepherd's Centers throughout North America shaping a new image of aging. On Monday, April 14, the organization held a luncheon at Our Lady of Good Counsel Church to thank volunteers for their service to the community in Vienna and neighboring areas. "We are happy to have the Shepherd's Center so active in the community of Vienna," said Vienna Vice Mayor Carey Sienicki.

The Oakton-Vienna Shepherd's Center's primary purpose is to provide services to assist older adults to continue to live independently in their own homes and offer pro-



On the left Michelle Scott, executive director of Oakton-Vienna Shepherd's Center (SCOV) stands with board members at the April 14 volunteers appreciation luncheon.

grams which supply opportunities for enrichment, learning and socialization. Volunteer opportunities allow individuals to feel needed by reaching out to other older adults. The Oakton-Vienna Shepherd's Center has approximately 250 volunteers, and 101 persons made reservations to attend the afternoon luncheon.

"It is a great organization," said Virginia Delegate Mark Keam (D-35). "I have been to many of the

Shepherd's Center fundraisers. They do something important some people do not think about by providing a human touch and contact... This is a wonderful example of community coming together."

THE SHEPHERD'S CENTER of Oakton-Vienna (SCOV) has 20 sponsoring congregations of different denominations which range from Andrew Chapel United Meth-

odist Church and the Antioch Christian Church to Vienna Seventh-day Adventist Church and Wesley United Methodist Church. Activities and services are made possible through the work of volunteers. The Shepherd's Center staff and the Board of Directors work to plan and coordinate events and services.

"We do this every year, these people make it happen whether it is ride, educational events, or call-



Michelle Scott, executive director of SCOV, welcomes everyone to the April 14 luncheon at Our Lady of Good Counsel Catholic Church in Vienna.

ing people who may be lonely, the volunteers are the crucial part of this enterprise," said Richard Duesterhaus, chairman of the organization's board of directors. Michelle Scott, executive director of SCOV, welcomed everyone to the event and welcomed special guests including U.S. Rep. Gerry Connolly (D-11), Vienna Vice Mayor Sienicki, and Delegate Keam.

SEE VOLUNTEERS, PAGE 7

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PHOTO BY RYAN DUNN/THE CONNECTION

Vienna Vice Mayor Carey Sienicki, SCOV chairman Richard Duesterhaus, Virginia Delegate Mark Keam (D-35), and Michelle Scott, Executive Director of SCOV.

Volunteers

FROM PAGE 6

Among the many services SOCV offers to the community are twice-monthly meetings to provide information and encouragement to persons caring for a chronically ill or incapacitated person. There are also medical transportation, including rides to medical and therapy appointments and rides for personal errands such as trips to the grocery or pharmacy. "We regularly get feedback from folks who say how pleasant the service is," said Duesterhaus.

"One of my favorite things about the SCOV is that they try to find the volunteer's talent," said Jean Bastien, a SCOV volunteer for approximately 14 years. "Instead of pushing volunteers into a spot, they try to find a good fit for you, and they treat volunteers so well." In addition to volunteer service, the organization has some pro-

grams including local and out-of-town excursions for fellowship, fundraising events, and discussion groups to give educational experiences on a

ON APRIL 8, the Town of Vienna recognized volunteers who have provided services to Vienna. Five SCOV volunteers were recognized including Marge Bradley, Peggy Brumstead, Judy Gallimore, Estelle McNeil, and Jean Reavey. On April 25, at the annual Fairfax County Volunteer Service Awards breakfast, Marcie Lee was recognized by the County for her service to SCOV. "The Shepherd's Center does such wonderful work," said Rep. Connolly. "It is a lifeline to so many folks... an extraordinary story in our midst."

To learn more about the SCOV, visit scov.org.

WEEK IN VIENNA

FROM PAGE 5

day for Town Council members and mayor in the Town of Vienna. Polls at the Vienna Community Center, at 120 Cherry Street S.E., will be open from 6 a.m.-7 p.m.

Beware of Jury-Duty Scam

Scammers identifying themselves as deputy sheriffs are calling Fairfax County residents and claiming they failed to appear for jury duty and must pay a court fee to avoid arrest. The Fairfax County Sheriff's Office is in no way associated with this scam. Sheriff's deputies will not call people asking for money nor threatening them with arrest.

Anyone receiving a threatening phone call related to jury duty should hang up immediately.

Do not give out personal information, including Social Security number, bank account or credit card numbers, passwords or

any other identifying information. Regularly monitor all monetary accounts and always use strong passwords.

In other cases, scammers call and say they're from the court or law enforcement and the person can avoid a warrant if they pay a fine.

But law enforcement will never ask for money to avoid prosecution. Or scammers will demand money to not cut off electricity or for bond money for an arrested grandchild. Police urge residents to:

- Contact the court if there's any doubt.
- Be skeptical if someone asks/demands payment with a Green Dot Moneypack, Western Union, or any electronic wiring service.
- Report suspicious or harassing calls to police at <http://www.fairfaxcounty.gov/police/120413citizenreportingsystem.htm>
- Remember, once money has been wired/sent, it's impossible to recover.
- For more information, go to <http://www.fairfaxcounty.gov/police/financialcrimes/commonscams.htm>.

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OPINION

Trending in the Right Direction

Commitment to ending homelessness shows progress, but more affordable housing is needed.

On one night in late January, local jurisdictions in our area fanned out to count the number of people who were literally homeless. Fairfax County released its numbers last week; Arlington and Alexandria will do so in the near future.

In Fairfax County, the commitment in 2010 to end homelessness in 10 years has resulted in significant progress, even in the wake of the great recession. The number of people literally homeless decreased by a third from 2008 to 2014, from 1,835 to 1,225 counted this year.

Many non-profit organizations have partnered to prevent homelessness one family or individual at a time for those on the brink and to house chronically homeless individuals. There is so much still to be done.

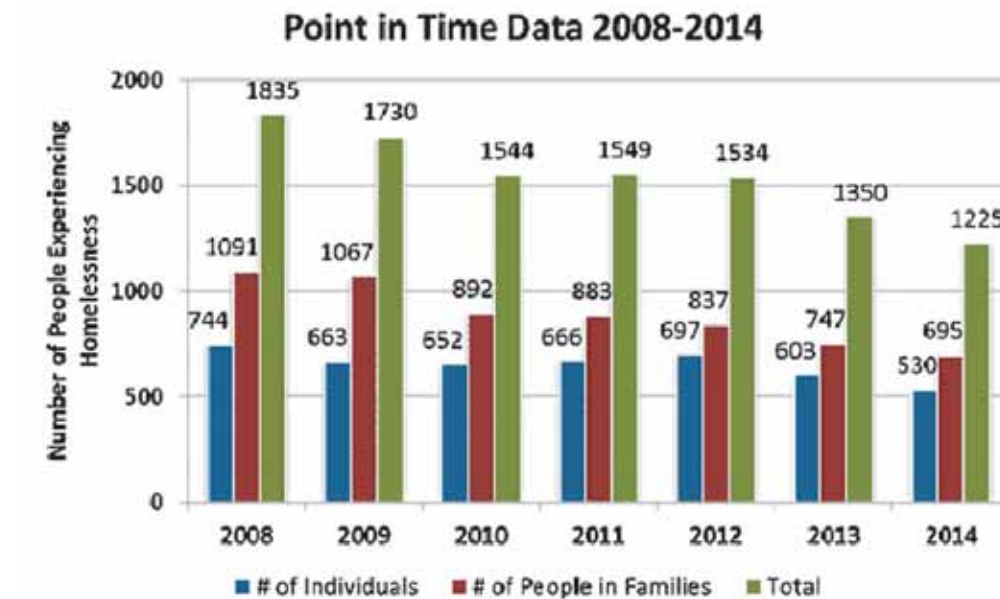
On the night of Jan. 29, 2014 there were 1,225 people who were literally homeless in the Fairfax-Falls Church community, a 9 percent reduction from January 2013, or 125 fewer people.

The 2014 point-in-time count of people experiencing homelessness includes people who are described as “literally homeless,” those who are in shelters, in time-limited transitional housing programs, or unsheltered and living on the street at one “point in time.” It does not count the individual who might be homeless but is sleeping on a friend’s sofa or the family squeezed into an uncle’s “spare” bedroom after being evicted from their own apartment.

Two sentences from the county report are worth repeating, even if they are obvious:

“The results would be even more substantial if additional housing options were available. The reduction in homelessness will not continue at the same pace in the future without significant increases in the availability of affordable housing.”

A year ago, the coalition of partners committed to ending homelessness embarked on the local piece of a nationwide effort to provide housing for the chronically homeless people in our community. There were an estimated 150 such individuals, living in the woods and in cars and on the street, in the county, and a year later, FACETS and others met this



Point-in-time data on the number of people literally homeless 2008-2014.

year’s milestone of bringing 50 such individuals into housing. These are people who need a continuum of services get on their feet.

Despite the good news on the steady decline, the past few months have been marked by push-back from some residents about allowing more affordable housing in the form of efficiency apartments and by several members of the Board of Supervisors expressing lack of support for even the concept of providing more affordable housing.

This misguided attitude on the part of some county leaders ignores the fact that this region cannot be economically vibrant if there is no place affordable to rent even for households who make \$50,000, never mind the households that get by on less than half of that.

Two full-time \$10 an hour positions yield \$40,000 a year. Last year, a family needed an annual income of \$56,472 to afford to pay the \$1,412 per month rent on the “fair market rate” for a two-bedroom apartment in Fairfax County. Rents have continued to rise.

Many working families living in Fairfax County struggle financially, balancing choices every month between rent, transportation, food, medical costs and other expenses that are not optional.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.CO



PHOTO BY MARY KIMM

After being homeless for five years, Sandara Perry, left, recently moved into permanent housing with ongoing support provided by FACETS. Perry grew up on Route 1 in Mount Vernon, and was placed in foster care while her mother struggled with addiction. Without support to make the transition from foster care, Perry struggled with alcohol and abusive relationships. She shared her story at the FACETS annual breakfast last Thursday, April 24, and she is pictured here with FACETS Executive Director Amanda Andere.

LETTERS TO THE EDITOR

Fighting for Tigers

To the Editor:

As a senior at Penn State University, I am taking a course on human geography and sustainability. As a citizen of Virginia, I am concerned. There is an international issue that is threatening one of our greatest, most majestic creatures in the world, and we are not doing enough to protect and preserve them. While

the tigers that we nobly admire at the National Zoo are safe and secure, the wild tiger population of Southeast Asia is being poached to near extinction. As my class has taught me this semester, it is our duty as human beings to sustain the environment for future generations, thus making it our duty to put an end to the illegal poaching and trading of tigers throughout the world. While it is simple to adopt an “out of sight, out of mind,” mentality with these creatures, the rapidly declining tiger

population will directly impact our future generations here in the Washington, D.C. area. If we want our children, grandchildren, and great grandchildren to admire the majesty of a tiger, we need to take responsibility for human action and strive for change. The keeping of tigers for pets, the illegal hunting, the black market for tiger bones - these are all actions of humans that are directly contributing to the inevitable extinction of the tiger population. But how can we help? We aren’t the ones

buying tiger bones for ancient medical practices, or poaching tigers in the wild. We are, however, the ones with the significant financial and political means to end this global epidemic. As an American, I urge you to donate to organizations such as World Wildlife Foundation, write letters to your congressmen, and generate as much attention for this issue as possible. We must fight for the tigers.

Allison Baker
Oakton

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Substance Abuse, Personal Story

FROM PAGE 3

Next speaker was Westfield High grad Tayler Gibson who, in 2007 and 2008, was part of the notorious Centreville heroin ring. Initially, though, she said, "I thought using alcohol and drugs was stupid and thought I was better than that. But in my junior year of high school, I worked as a restaurant hostess, and I thought the college kids who worked there, too, were cool. They used drugs and alcohol recreationally and still carried on their lives."

Later, when the police caught her and her boyfriend with marijuana in his car, she told her parents she didn't know it was there. "They believed me, so I had no consequences," said Gibson. "Then I hooked up with an old boyfriend who did heavier drugs, like ecstasy, crystal meth and cocaine. Eventually, my boyfriend and his friends started using heroin, which scared me."

ONCE SHE TRIED IT, though, she was quickly hooked. "We did it often; we'd put in money together and go to D.C. to get large amounts," she said. A month after Gibson started taking heroin, she and her boyfriend were driving back from the District and were stopped by police and arrested. She was charged with possession with intent to distribute heroin.

"But the charges were dropped," she said.

"I told my parents the drugs in my system were Percoset so, again, I had no consequences. Then the police started arresting my boyfriend and his friends. I still needed heroin, so another friend and I kept buying it for another six months or so."

But when Gibson crashed her mom's car returning from a D.C. drug buy, she told them she was a heroin addict. "I went to detox and then to an inpatient treatment facility," she said. "But I snuck home, got my stash and continued to use there. They found out and made me leave."

Then, when she and several others in the ring were charged federally with conspiracy to distribute heroin, she remained free while they were jailed. "I kept using drugs, just not heroin," she said. "I was being drug-tested, so I stopped using the detectable drugs and took up alcohol."

In court, Gibson could have been sentenced to five to 40 years in federal prison, but the judge was lenient with her. She received 30 days jail, 200 hours community service and five years probation.

"My boyfriend got 20 years in prison," she said. "Our sentencing was because one of our friends overdosed and died. A month after my sentencing, I stopped drinking and have been clean for four-and-a-half years. But it took quite a bit of lessons and consequences." So, she told parents, "It's best to prevent this from happening to your children."

Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

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"I'm Isabel and I like to dance."

Isabel Doran
Promising ballerina



CALENDAR

Send announcements to vienna@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

THURSDAY/MAY 1

Lili the First Boutique Opening and Ribbon Cutting. 6-8 p.m. 101 Pleasant Street NW, Vienna. The boutique introduces international and American emerging designers.

NVBS Annual Bead and Jewelry Auction for Charity. 7:30-9 p.m. Vienna Community Center, 120 Cherry Street, SE, Vienna. This is a combination live and silent auction to benefit the many community outreach activities of the Northern Virginia Bead Society. Items to be auctioned will include supplies for beaders, as well as finished jewelry. Also included will be several themed baskets for many different interests, including gardening, pets, personal care, etc. www.NVBS.org

THURSDAY/MAY 1-SATURDAY/MAY 3

"The Music Man" Musical. 7:30 p.m. Matinee at 2:30 p.m. on May 3. James Madison High School, 2500 James Madison Drive, Vienna. Tickets are \$10 in advance and \$15 at the door. Tickets can be purchased at madisondrama.com, in the JMHS main office or at the door.

FRIDAY/MAY 2

"Mutts Gone Nuts" Family Night. 6 p.m. Vienna Elementary School, 128 Center St S, Vienna. Rescued canines are the stars when entertainers Scott & Joan Houghton (alias Jesse and James) bring their popular-from-coast-to-coast comedy show to Vienna Elementary. Hilarious stunts and amazing tricks showcase the talents of these delightful dogs promoting dog rescue and the benefits of practice.



TRACI J. BROOKS STUDIOS/COURTESY OF McLEAN COMMUNITY PLAYERS

From left — Julie the chambermaid (Rebecca Fischler) gives her opinion of the goings on to the members of the wedding party (Carole Steele, Jessica Inzeo, Will MacLeod, and Caity Brown) in the McLean Community Players' production of 'Perfect Wedding.' Playing at the Alden Theatre, McLean Community Center, 1234 Ingleside Ave, McLean through May 10, Fridays and Saturdays at 8 p.m. and Sunday matinees at 2 p.m.

FRIDAY/MAY 2-MONDAY/MAY 5

Six Artists Return. 10 a.m. – 5 p.m. Monday through Saturday. The Frame Factory, 212 Dominion Road NE, Vienna. An exhibition and sale of paintings, drawings, sculpture and jewelry by local artists Jackie Elwell, Elaine Florimonte, Debbie Glakas, Lisa Neher, Sarah Swart and Barbara Wagner. www.theframefactory1.com

FRIDAY/MAY 2-SUNDAY/MAY 4

"Willy Wonka, The Musical." Friday and Saturday nights at 8 p.m. through May 3, with Sunday matinee performances at 2 p.m. on April 27, and May 4. Vienna Theatre Company, Vienna Community Center 120 Cherry St., SE Vienna. This multi-generational, family friendly musical is Roald Dahl's timeless story

of the world-famous candy man and his quest to find an heir in this stage adaptation of Dahl's book, Charlie and the Chocolate Factory, which features the songs from the classic family film Willy Wonka and the Chocolate Factory. General admission \$14. To reserve tickets, email vtcshows@yahoo.com. For more information, call 703-255-6360 or visit www.viennatheatrecompany.org.

FRIDAY/MAY 2-SATURDAY/MAY 10

"Perfect Wedding." Friday-Saturday at 8 p.m. Sundays at 2 p.m. The Alden Theatre, McLean Community Center, 1234 Ingleside Ave., McLean. An awkward morning-of-the-wedding situation and then spins out of control in the McLean Community Players production of this farce/romantic comedy. 703-790-9223. www.McLeanPlayers.org. \$16-\$14.

SATURDAY/MAY 3

Six Artists Return Closing Reception. 2-8 p.m. The Frame Factory, 212 Dominion Road NE, Vienna. An exhibition and sale of paintings, drawings, sculpture and jewelry by local artists Jackie Elwell, Elaine Florimonte, Debbie Glakas, Lisa Neher, Sarah Swart and Barbara Wagner. www.theframefactory1.com

Social Justice Yard Sale. 7 a.m. – 1 p.m. 2709 Hunter Mill Road, Oakton. Sale benefits four charities including The Shepherd's Center of Oakton/Vienna, NAMI, Mosaic Harmony and the UUCF Partner Church. Donations of sale items are welcome on April 30, May 1 and May 2. Visit www.uucf.org or contact Joanna Walker at

joannaw.walker@gmail.com.

Vienna Farmers Market Free Kids Events on Opening Day. 8 a.m. – 12 p.m. 301 Center Street S., Vienna. TJ Micheals, balloon artist will also be creating at the market.

Community Yard. Sale. 8 a.m.-2 p.m. 10100 Georgetown Pike, Great Falls. You can reserve a space (\$20) to sell your own treasures or donate items to the church (we will pick up). Come shop, donate and/or sell your own things. 703-759-3705

Bike Rodeo. 9 a.m. -12 p.m. Volunteer Fire Department parking lot, 400 Center St S., Vienna. Under the guidance of a veteran cyclist, the Rodeo will help children who already know how to ride a bike develop safety skills including breaking, balancing, basic road rules and how to handle obstacles. Kids must have a helmet to participate. Free bike and helmet checks will be available.

Patrick Henry Library Book Sale.

10 a.m. – 4 p.m. Patrick Henry Library, 101 Maple Avenue East, Vienna. Featuring thousands of top quality used books, hardback fiction, ton of non-fiction and quilting books and cook books.

Garden Club Flower Show. 10 a.m. – 4 p.m. Great Falls Library, Georgetown Pike. The show, entitled "Sounds and Sights of Spring", will feature horticulture and design entries, an educational display, and artistic crafts. Admission is free. For further information call Karen Lucas at 703-759-5547.

SUNDAY/MAY 4

Civil War Trails Marker Dedication. 1-3 p.m. Merrybrook,

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Patrick Henry Library Book Sale.

11 a.m. – 2 p.m. Patrick Henry
Library, 101 Maple Avenue East,
Vienna. Featuring thousands of top
quality used books, hardback fiction,
ton of non-fiction and quilting books
and cook books.

TUESDAY/MAY 6

Happy Hour Fundraiser. 6-8:30 p.m.

The Old Brogue, 760 Walker Road,
Great Falls. Fundraiser hosted by Fred
and Cindy Dibbs of Reston Smile
Partners, who aim to provide dental
care to uninsured, disadvantaged
adults in our community who are
working with Cornerstones, our local
social services agency. Tickets: \$125
per person, includes drinks,
appetizers and a raffle. RSVP by
April 30 to Cindy: cldibbs@aol.com.

SATURDAY/MAY 10

Ayr Hill Garden Club Plant Sale. 8

a.m. – 12 p.m. Vienna Town Green,
131 Church Street, NW, Vienna. The
annual Ayr Hill Garden Club plant
sale returns. These are plants that
have grown well in Vienna supplied
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SEE CALENDAR, PAGE 12



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Saturday, May 10, 2014
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CALENDAR

FROM PAGE 11

Recycle Your Bike. 10 a.m. – 1 p.m.
The Potomac School, 1301 Potomac Road, McLean. Each year since 2005, the Potomac School has held a used bike collection to benefit Bikes For The World, a locally-run 501(c)(3) charity that collects unused bicycles from the United States and sends them to its partners overseas, where the bikes become much-needed transportation for people who otherwise would have none.

Taste of Asia 2014. 11 a.m. – 2 p.m.
Everest College, 8620 Westwood Center Drive, Vienna. Sample food, learn about Asian countries, try on clothes, get your name written in different languages and more.

Fourth Silent Auction Benefit. 1-4 p.m. The Frame Factory, 212 Dominion Road NE, Vienna. The Shepherd's Center of Oakton-Vienna (SCOV) is hosting its Silent Auction Art Benefit at the Frame Factory. Enjoy light refreshments while chatting with local artists and viewing their donated art work. Free and open to the public.

SUNDAY/MAY 11

Mothers for Mental Health. 8 a.m. – 12 p.m. Turner Farm, 925 Springvale Road, Great Falls. A positive day raising money for suicide prevention, bereavement camps for kids, and to bring light onto the epidemic of young people taking their lives in our community. Activities include family fun rides and activities, including moon bounces, climbing wall, pony rides, games and face painting, silent auction, 5K run/walk, 5K ride in Turner Farmer Park, and more. www.beckylovefoundation.org.



PHOTO BY LAURA FARGOTSTEIN

Back Row: from left, Faith Skeen, Melissa Handel, Kyla Poe; Front Row: from left, Kathryn Skeen, Mia Parnaby, Hannah Hess. Young actors cast as Oompa-Loompas strike a pose during rehearsal for Vienna Theatre Company's upcoming production of "Willy Wonka & the Chocolate Factory," May 2-May 4.

ONGOING

Straight Ahead Jazz. 8 p.m., at the Maplewood Grill, 132 Branch Road, Vienna. Every Monday drummer Karl

Anthony hosts a night of straight ahead jazz featuring guest musicians and open to sit-in musicians. www.maplewoodgrill.com.



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NEWS

Florally Clueless, but Want to Send Flowers?

Let professional florists help make your thought count this Mother's Day.

BY VICTORIA ROSS
THE CONNECTION NEWSPAPERS

Mother's Day is fast approaching. (Yes, it is. The big day for Mom is Sunday, May 11. Mark your calendar now.)

What are you planning to give? If it's flowers, you are on the right track. Women love receiving flowers, and flowers are still the most popular gift choice for Mother's Day. According to the Society of American Florists, Mother's Day accounts for one-fourth of the floral purchases made for holidays. About 75 percent of you bought flowers or plants as gifts for Mother's Day 2013.

But choosing flowers can be a bit risky if you're of the florally clueless variety.

How can you tell?

If you're thinking "I can just pick up one of those grocery store bouquets because, really, it's the thought that counts," consider yourself florally clueless. No one really wants to hear their mom sigh: "Oh well, it's the thought that counts," when she receives your bouquet of red roses. (Red roses are for girlfriends and wives, not for moms.) You want mom to love her flowers, and not just because you thought of it.

So pay attention, and you can avoid some common pitfalls of flower-giving.

THIS YEAR, the Society of American Florists asked some of the country's top florists and floral designers to describe what's in style for flowers this Mother's Day - from popular flowers and color combinations to trendy flower design styles and flower delivery advice.

Here is a compilation of their Mother's Day flower trends and ordering tips.

❖Choose A Budget And One Color:

Set your budget, make sure it's realistic, and think of a color you'd like to use. Give the florist those two things to work with, and then allow the florist to make suggestions. Trust the experts. They want the flowers to look good, too. "Florists don't want complaints; they want everyone to love their work," said Bryan Swann, creative director of Karin's Florist in Vienna.

❖Surprise Mom

Women love to get flowers at work. Not only will you be the hero to her, but to her co-workers as well. Send flowers to arrive the Wednesday, Thursday or

Friday before Mother's Day. Mom will enjoy her flowers at work and then bring them home to enjoy over the weekend.

If your Mom does not work outside the home, surprise her by sending flowers to her at home on Wednesday, Thursday, Friday or Saturday before Mother's Day.

"Having flowers delivered early gives Mom a head start sharing pictures on Facebook and making you look like a superhero to her friends," said Maris Angolia, president and CEO of Karin's Florist. "Also, delivering early allows her to enjoy her flowers longer."

❖Find Out Where Mom Puts Her Flowers:

This is something florists want to know. Don't send a vase that is 30 inches tall if she is going to put it on her nightstand or a coffee table.

❖Take Advantage Of What's In Season and On Trend:

Peonies and hydrangeas are hot right now, and can be found in whites and many different shades of pink, from blushes to magentas. Monochromatic arrangements are also trendy, with a bouquet of flowers in the same color family.

"There is an amazing selection of flowers during Mother's Day," Angolia said. "Let your professional florist know mom's general likes and dislikes, and allow the talented design teams to create something special using the freshest flowers available."

❖Carnations Aren't So Bad

If you were a fan of Sex and the City, forget what Charlotte York said about carnations and any man who would dare give them. "Everyone hates carnations, which is such a shame because they can look amazing grouped together in one color," said Swann.

NOT CONVINCED? The Wall Street Journal noted that both Shakespeare and da Vinci were down with carnations, and they were even dubbed officially back in style among forward thinking flower-tastemakers in 2012. Unwrinkle your nose now.

❖50 Shades of Pink

Pink is still a hot color for Mother's Day flowers, but think in terms of all shades of pink, bold and vibrant, as well as soft and feminine to wow mom. The American Society of Florists put together a list of popular color combinations that work well for Mother's Day:

- ❖Blush pink, antique ivory and cream tones
- ❖Hot pink and berry tones combined with shades of red
- ❖Hot pink and orange
- ❖Citron and purple
- ❖Shades of orange hues - tangerine to peach
- ❖Purple and lime green and magenta
- ❖Pink, coral and turquoise together
- ❖Celebrate all Moms

Family Traditions Blooming

FROM PAGE 4

IN ITS 58 YEARS of business, Karin's has received several awards, including the Fairfax Chamber's 2012 Outstanding Corporate Citizenship Award for small business; the 2013 Best of Fairfax award. Last year, Karin's was also named the "Best Florist in

America" by daytime host Steve Harvey in his new Neighborhoods Awards.

"My father and grandfather wanted to open a business that would allow them to support the community and do what they loved," Angolia said. She added that much has changed through

the years, "but one thing has remained the same: Karin's has kept its roots in Fairfax County, proudly serving the neighborhood we hold dear."

Karin's Florist is located at 527 Maple Avenue East, with 24-hour phone service and same-day delivery, call 703-592-0952.

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PHOTOS BY ANDREA WORKER/THE CONNECTION

David Snyder, in his role as Vice-Chairman of the Northern Virginia Transportation Commission, addressed the Commonwealth Transportation Board. To read Snyder's testimony go to www.thinkoutsidethecar.org. Snyder presented the organization's case for increased transit funding in Northern Virginia.



Douglas Stewart represents the Virginia Chapter of the Sierra Club at the Commonwealth Transportation Board's public hearing. Proponent of more funds for multi-modal transit systems, Stewart cited a recent report by Smart Growth America stating that 18 percent of Virginia's road were in poor condition, up from 8 percent only three years ago.

VDOT Holds Six-year Improvement Plan Hearing

Public input sought on transportation improvement plan.

BY ANDREA WORKER
THE CONNECTION

It was Northern Virginia's turn last week when Virginia Secretary of Transportation Aubrey Layne and the Commonwealth Transportation Board (CTB) held a public hearing at the offices of the Virginia Department of Transportation (VDOT) in Fairfax. The CTB is conducting meetings throughout the state to garner public opinion before their scheduled June vote on the state's Six-Year Improvement Plan 2015 - 2020 (SYIP). Various entities have held numerous meetings in recent months, particularly since HB 2313 - the first comprehensive transportation funding bill in the state for more than 27 years - passed in the General Assembly last year. Those meetings were often standing-room-only affairs, could witness dozens of citizens lined up to comment on particular projects or to suggest others, and frequently got a bit heated.

The April 24 CTB hearing featured more representatives from local jurisdictions and organizations than individual citizens. More praise and invitations for cooperation may have been heard than in the past and there was less of the "stop sign on this corner, please! wishlist" atmosphere that marked many of the open transportation meetings of late. There were even several acknowledgements of VDOT's Herculean efforts to keep Virginia roads clear and safe during the recent long, snow and ice-filled winter. Not to say that those who spoke for the record weren't there to support the projects of particular interest to their constituents, or that there weren't some negative comments on parts of the Plan or on the process.

SECRETARY LAYNE introduced the at-

"Congestion mitigation is the most heavily weighted factor by law when analyzing projects to be selected and funded in urban areas."

— Virginia Secretary of Transportation Aubrey Layne

Virginia Secretary of Transportation Aubrey Layne hosts the Commonwealth Transportation Board's (CTB) public hearing at the Virginia Dept. of Transportation offices in Fairfax

tending members of the CTB as well as guest panelist Martin Nohe, Chairman of the Northern Virginia Transportation Authority, who noted that his inclusion shows the admirable level of cooperation being fostered between the state and the region. Layne summarized the agenda and the discussion on the table. Recently passed HB 2 received a large share of Layne's remarks. The new law, which takes effect on July 1, mandates a prioritization process for transportation project selection. "Congestion mitigation is the most heavily weighted factor by law when analyzing projects to be selected and funded in urban areas," Layne explained. Other factors include economic development, accessibility, safety and environmental quality. "HB 2 is designed to inject more objectivity, to help insure that the funds are used wisely," he added. Exempt from the scoring process would be projects already under way, and those funded by revenue sharing.

Layne warned that there were challenges ahead. "We may not get this all right the first time. And there is the threat looming in August with about \$1b in federal funds



up for re-authorization." He commented that most in the room had probably heard something about a budget scuffle going on in Richmond, referring to the state's budget impasse, largely over the inclusion of a full rollout of Medicaid, which the Governor supports but Republicans oppose. "What we are working with here are mostly non-general funds, so they will not be significantly impacted by the budget discussions."

Before opening the floor to testimony on the SYIP, several of the panelists provided facts and figures about current or upcoming projects for regional transportation improvements. Charles Kilpatrick, the state's new Highways Commissioner noted \$700m underway today, while newly appointed Director of the state's Dept. of Rail and Public Transportation Jennifer Mitchell outlined spending allocations for VRE capital funds, the new Potomac Shores station, and other transit station improvements, including the allocation of 80 percent of the \$365m for transit and rail work next year.

Some of the speakers to address the CTB panel included:

Virginia Delegate Jim LeMunyon, (R-67),

whose comments included the need to fully fund and move forward with the I-66/Rte. 28 expansion and improvements, and to avoid any options that put more traffic on to Rte. 50.

Loudoun County Board Supervisor Suzanne Volpe (R-Algonkian District) expressed that the county felt "blindsided" by some of the proposals in the SYIP Draft that would significantly cut certain funds for road maintenance and improvement. Volpe also wanted the CTB to know that with the Draft only becoming available on April 18 - six days prior to the hearing - the timing of its release made any real review and analysis virtually impossible and that further review and commentary would be forthcoming.

David Snyder, Vice Mayor of Falls Church and the Vice-Chairman of the Northern Virginia Transportation Commission (NVTC) read a statement for the record, presenting an economic case for increased and sustained funding for transit in Northern Virginia. "This is a whole new generation today. They want transit that isn't cars and highways," he said. Snyder outlined "core capacity investments" that "will remove 35,000 cars from the road." The NVTC was all in favor of a metrics system to evaluate projects, but stated that "the calculation of trips in the operating formula unfairly excludes trips made by tourists and many trips taken from airports, and uses a formula that only counts trips made by Virginians who live in Washington Metropolitan Area Transit Authority (WMATA) jurisdictions. Snyder said that the NVTC would continue to work cooperatively to see these issues addressed in the final version of the SYIP.

Arlington County Board Member Mary Hynes, like Snyder, urged the CTB to emphasize the multi-modal approach to project approval. "Walking, biking, and transit for Arlington are not optional," said Hynes, "to ensure the economic health of all the region, as well as the quality of life of Arlingtonians. With the highest job density

SEE CITIZENS, PAGE 17

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NEWS

Westbriar Elementary is currently the top fundraising Virginia school.



PHOTO CONTRIBUTED

Westbriar Elementary Top Fundraiser for Leukemia & Lymphoma Society

Westbriar Elementary in Vienna is a National Blue Ribbon School who has partnered with The Leukemia & Lymphoma Society (LLS) for two years to raise funds in honor of a local student who fought and survived leukemia. This year, as the grand finale for their coin collection campaign, they hosted a student versus teacher volleyball game. LLS attended the game and presented them with a check to show gratitude for their contributions and dedication to LLS mission. Out of 137 schools, they are currently the top fundraising Virginia school. With almost an additional

\$100 in just one week, they have raised a total of \$6,552 to-date for LLS's Pennies for Patients program.

The National Capital Area chapter of LLS has 420 participating schools in their Pennies for Patients programs this year. There is always time to join the cause by collecting change and giving student the opportunity to experience the feeling that comes from helping others. If your school is ready to step up to the challenge and fight blood cancers, contact Jessica Lindquist at jessica.lindquist@lls.org or call 703-399-2928.

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SPORTS



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McLean goalkeeper Lydia Erickson, right, has allowed just two goals this season.



McLean senior Maire Shine assisted the game-tying goal in the 53rd minute and scored the game-winner in overtime against Madison on April 28.

Shine's OT Goal Lifts McLean Girls' Soccer Over Madison

Highlanders remain undefeated, improve to 6-0-3.

BY JON ROETMAN
THE CONNECTION

Prior to Monday's match against Conference 6 foe McLean, Madison girls' soccer coach Grant Massey stressed to the Warhawks the importance of containing senior forward Maire Shine, the Highlanders' primary offensive threat.

Late in the first half, Shine had an opportunity to break a scoreless tie, but shot the ball directly at Madison goalkeeper Lexi Graham, who made the save.

Later in the evening, Shine again found herself in position to give the Highlanders the lead. This time, No. 5 showed why she was the focal point of the Warhawks' defense.

Shine scored late in the first of two overtime periods, lifting McLean to a 2-1 victory on April 28 at Madison High School.

"I just needed to redeem myself from the one I missed in the first half," Shine said. "I just knew the clock was ticking down and we tried to take shots, whether it was open or not."

Shine's goal helped keep McLean undefeated with a record of 6-0-3.

"The difference is their one special player who stepped up and made the play," Massey said. "We tried to prepare for her. We certainly focused on her in our pregame talk and everything and she was able to get free. We had about a five-second mental breakdown and [allowed] her to get on her right foot and put it by us."

SHINE, a first-team all-region selection as a junior last season, also assisted McLean's first goal, when sophomore Tess Brookes tied the score at 1-all in the 53rd minute.

"It's just a player wanting to win," McLean head coach Rob Bouchard said about Shine, "and she put her stamp on the game."

While Shine came up clutch in overtime, it was Madison that took the game's first lead on a goal by sophomore midfielder Michelle Paredes in the 43rd minute. Usually, one goal would assure Madison of at least a tie as the Warhawks had not surrendered two goals in a contest since tying Herndon, 2-2, in the season opener on March 20. However, the goal seemed awaken the Highlanders, who eventually pulled out the win.

While McLean is undefeated, the Highlanders have scored just 11 goals in nine games.

"I'm just happy our girls responded," Bouchard said. "We can't score a lot, so ...



Madison girls' soccer coach Grant Massey said junior midfielder Alia Abu Hawa has been a key part of the Warhawks' defensive success this season.

we can't put ourselves in many holes."

Part of the reason McLean has been so successful despite limited scoring has been the play of sophomore goalkeeper Lydia Erickson, who on Monday night allowed just her second goal of the season.

"She's been phenomenal all year, let two goals in this whole year," Bouchard said. "... Every time she lets in a goal, she gets upset with herself and works harder the next time."

Bouchard also praised the efforts of de-

fenders Audrey Freeman, Meaghan O'Reilly and Kaela Mahoney.

MADISON has also played well defensively this season. After Monday's loss, the Warhawks have a record of 6-2-2 and have outscored opponents 22-7. Madison scored seven goals against Wakefield on April 8 and four against Lee on March 31.

"I think we're typically pretty organized in the back," Massey said. "We struggle scoring goals and struggle creating a lot of chances to. We usually don't give up two — usually we give up one or zero — and that keeps in every game. I know we can defend. We're organized, our goalkeeper is very solid and that keeps us in every game."

Massey said senior defender Cia Makrigiorgos and junior midfielder Alia Abu Hawa have been key contributors to the Warhawks' defensive success this season. Senior defender Susie Carter and junior defender Morgan Duffy are also strong players but have battled injuries.

Senior forward Kaitlyn Dorka is Madison's leading goal scorer.

Madison will travel to face South Lakes at 7 p.m. on Thursday, May 1. McLean will host Stone Bridge at the same time.

"We're getting better and better and I can't be upset," Bouchard said. "The girls have fought every game. We feel if we put our best team out there, we can contend with everybody."

Langley College-Bound Athletes Recognized

Langley High School's college-bound student-athletes were honored during an April 23 ceremony.

The following Langley athletes will compete in collegiate sports.

Baseball: Jake McSteen (University of Nebraska).

Basketball: Garrett Collier (Denison University).

Crew: Sabrina Lamont (George Mason) and Tyler Seckar (Trinity College).

Football: Nick Casso (Catholic University of America), Austin Denham (California Polytechnic State University), Alex Kolencik (Davidson College), Brooks Norris (William & Mary), and Dylan Novak (Frostburg State).

Golf: Edric Wung (Dartmouth).

Lacrosse: Lauren Clubb (Claremont McKenna), Jordan Simonides (Marquette), JT Meyer (Kenyon College), Billy Orme (Wagner College), and Hunter Yates (Washington & Lee).

Soccer: Sepehr Harandi (Longwood), Eddie Martinez (Drew University), Jamie Terpak (Kentucky), Madi Card (Butler), and Anusheh Kafi (Emory).

Swimming: Gretchen Roesel (West Point).

Track and field: Alexander Jacobsen (Transylvania), and Thomas Endean (Bates College).

Volleyball: Lexy Donaldson (Mary Washington), and Alex Andrejev (Columbia).

Wrestling: Alex Pratte (Pittsburgh).



PHOTO CONTRIBUTED

Langley senior Garrett Collier, right, is pictured with boys' basketball coach Scott Newman during the school's college commitment ceremony on April 23. Collier will play basketball at Denison University.

Citizens Debate Transportation Priorities

FROM PAGE 14

and the 2nd highest population, Arlington is unique, acting as something of a funnel for people on the move through and to and from Arlington."

THE REPRESENTATIVE from the citizens' organization "Arlingtonians for Sensible Transit" was there to protest the planned Columbia Pike Streetcar project, calling it a "staggering waste of money," and making a strong argument for more buses to handle the area's traffic needs.

The citizens of Vienna also worry that their quality of life and the "Main Street Village" they have worked for years to protect are being endangered by any plans that don't place transit over more cars, especially as the Tyson's Corner development continues. Vienna Vice-Mayor Carey Sienicki was there to represent the Town.

Bob Chase, President of the Northern Virginia Transportation Alliance had appreciation for all the hard work put in to date, but cautioned that the "Plan is an



Members of the Commonwealth Transportation Board listen to the public's comments Six-Year Plan 2015-2020.

enigma to the average citizen," citing difficulty in wading through the VDOT website, the 55 pages of Northern Virginia projects and all of the related information and articles.

Chase also stressed that it was important not to lose a sense of urgency as a result of the passage of HB2. "We've already been wait-

ing a real long time," he reminded the panel.

As the meeting concluded, the audience was reminded that VDOT was still conducting additional hearings, and that public commentary was most welcome for consideration. If unable to attend one of the public hearings, contact information is available on

the website at www.vdot.virginia.gov. Comments must be received by June 2 in order to be considered prior to the vote on the SYIP. Also on the website is a list of all the projects being considered for approval in the current SYIP. Click on Northern Virginia as the "District" for the projects database.

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Father and Son "Together"



By KENNETH B. LOURIE

As a born, bread and buttered Bostonian (Newton Centre, a suburb, to be specific), one of my enduring and genetic passions has been to live and die (figuratively speaking; this is not a cancer column) for The Boston Red Sox. My father sold concessions at Fenway Park (the stadium home of the Bosox since 1912), during the Depression when he was a little boy (not yet an adolescent even). He was nicknamed "Beezo," (his given name was Benet, although he was always called Barry) so he could gain full acceptance to a local knothole gang. Named after the wooden planks which surrounded the old Braves Field in Boston (a National League team called Boston its home as well back in the day), the kids ("gangs") would stand and peer through the knotholes in the wooden planks which otherwise blocked their view. It was a privilege and an honor for my father to be so connected to the game this way. He grew up loving baseball, and as a parent, he passed his love of the game on to me – and my brother.

Growing up in the suburbs, there were no planks surrounding our fields and no knotholes. The grass might have been a little thin though. It was on these fields where I played "sandlot" baseball. Close to home but miles away from Fenway Park. Here we mapped out our own base paths and used hats, gloves, coats, etc. to identify the bases, the pitcher's mound and of course, home plate. To fill out the respective teams, we often split however many kids we had into however many positions we needed filled, often with some kids playing multiple positions on both teams. Anything to get a game in. I spent many afternoons and evenings before the age of 10 practicing in this manner.

I thought I had become pretty good, too – for a kid, so when Little League tryouts were announced – for ages 9–12, I was very excited. My goal was to play baseball. My older brother had done so; now it was my turn. Unfortunately, my tryout was not very successful. I was not picked for "The Majors." I was picked by a "Minor" League team and that's where I began my career. I pitched a few games, even caught a few games, not really distinguishing myself in either endeavor. Still, about halfway through the season, I was called up to "The Majors," by the Boston Red Sox, (Little League version). I was thrilled by the selection and even more excited that I'd be playing for the Red Sox – of all teams, wearing a similar uniform and colors of my heroes at the Big League level. I chose uniform number 16; to this day, I always look to see who's wearing that number on the current Sox (Will Middlebrooks, currently) and then envision myself being in that uniform. Wearing that uniform, and hat, solidified my dream. I wanted to play for the Boston Red Sox in Fenway Park when I grew up, and for the next 10 years or so, through Little League, Junior High School, Babe Ruth League, High School; in spring, summer and fall, I pursued that dream. I tried out for my college team, but ultimately, that's where the dream ended.

Still, it was during these extremely formative years when my father and I built the foundation of our relationship: baseball. We practiced together, played catch together, attended all my games together, went to Fenway Park together, listened to games on radio together, watched games on our black & white television together, and filled up my scrapbook together; in essence, we enjoyed our life together – through baseball.

And even though the prospects of fulfilling my dream were never particularly realistic, its common pursuit by me and my father made for memories that have lasted over 50 years. My father may be gone, but he'll never be forgotten. Every time I watch a baseball game, I remember how it all began – for me, throwing a ball to my father. That was no field of dreams; that field was, and is, my reality.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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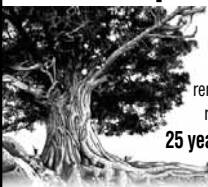
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News

Vienna Idol Heats Up

Springtime in Vienna means concerts on the Town Green, festivals, outdoor sports, farmers' markets and Vienna Idol auditions. This 3rd annual Vienna Idol, a music competition founded to raise money for the Khristin Kylo "Dream Big" Memorial Fund,



Grace Atiyeh won the 2013 Vienna Idol competition.

began its auditions in late April. Semi-fi-
nals run during ViVa! Vienna!, Sunday, May
25, on Church Street and finals take place
on the Town Green, Friday, June 5.

Vienna Idol was created by Michael Amouri, owner of Caffé Amouri, to support the Khristin Kylo Memorial Fund. The namesake of the fund died of complications from epilepsy at the end of her first semester at Princeton University in 2010. Kylo was a James Madison High School graduate and a softball stand-out. Amouri coached Kylo at Madison in basketball.

The Khristin Kylo "Dream Big" Memorial Fund, founded three years ago by Khristin's parents Tom and Julie Kylo, awards scholarships to local high school students who epitomize Khristin's outlook, character and dreams. Money remaining after scholarship awards goes to S.U.D.E.P (Sudden Unexpected Death in Epilepsy) research.

ON APRIL 2, title sponsor Whole Foods Vienna donated five percent of the day's total proceeds to the fund. Semi-finals run during ViVa! Vienna!, Sunday, May 25, on Church Street and finals take place on the Town Green, Friday, June 5. Fans of semi-finalists "vote" for the winner with donations — \$1 equals one vote. Judges contribute an assessment, as well.

In the two years since its inception, Vienna Idol has raised more than \$15,000 for the memorial fund. Amouri praised Whole Foods for its enthusiastic support of Vienna Idol.

Every audition this year has had a moment of remembrance for former mayor M. Jane Seeman who died in February. Seeman judged auditions for two years. When she introduced the first Vienna Idol on the Town Green, Seeman said, "this is what the Town Green was made for."

Amouri hopes Vienna Idol will become a town institution. "One of the cool things about Idol is that it pulls in the whole community," Amouri said. Amouri singled out project manager Celia Blalock, calling her the "conductor." She keeps the train on the tracks, he said.

E-mail igotit@viennaidol.org for audition details and dates.

TO LEARN about or to donate to the Khristin Kylo Memorial Fund, go to khristinkylomemorialfund.org.

— DONNA MANZ



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Summer Camps Education & Activities

Choosing a Summer Camp

Now is the time to register for summer camp; nearly infinite choices.

BY MARILYN CAMPBELL
 THE CONNECTION

Many families with school age children will plan to have their children spend some of the much-anticipated summer season in camp. If you haven't yet selected camps for your children, now is the time.

"Popular classes and programs always fill early," said Kevin Rechen, camp director of Summer at Norwood in Potomac, Md.. "Families that are choosing a camp based on a specific program or class should register as soon as they can."

Whether you choose a traditional day camp, a specialty camp or a sleep away camp, the Washington, D.C. region has a multitude of offerings. The array of options can be overwhelming for some parents, but summer camps can be an important part of a child's development. Local child development experts say there are a few things to keep in mind when choosing for a camp.

"Summer camp is an opportunity for children to develop social skills with their peers," said Linda Gulyn, Ph.D., professor of psychology at Marymount University in Arlington, Va. "Camps give the benefits of social interaction in a more relaxed setting."

When selecting a camp, there are factors that parents should keep in mind. "When parents are looking for a camp they should try to find a camp where they're comfortable with the facility, the programming and counselors and staff," said Rechen.

An array of specialty camps offer children a chance to focus on one activity.

"Developmentally, as children get older they get more specialized in their skills and interests," said Gulyn. "Summer camp is an opportunity to hone in on those skills. Go with the child's interest and skills and further develop those because they are an important part of a child's identity."

Specialty camps can help children develop creative thinking and problem-solving skills.

For example, St. Stephen's & St. Agnes School in Alexandria offers camps that include Quadcopters and Video Editing, MiKiDo Mixed Martial Arts, CSI Detective, Hunger Games, Civil War, Fantasy Battle Gaming, Filmworx Movie Making, Eco-Adventures, Junior Musical Theater, Zoology, [and] Junior Veterinarian, said Linda Stratton of SSSAS.

OTHER SPECIALTY CAMPS include cooking camps, yoga camps and sports camps that run the gamut from tennis to hockey.

"A specialty camp gives children a sense of one par-



PHOTO COURTESY OF FAIRFAX COUNTY PARK AUTHORITY

Campers at Hidden Oaks Nature Center find something interesting while exploring the creek.



MADEIRA SCHOOL PHOTOS

Activities from summer camps held at Madeira School in McLean.

ticular area for a short period of time and allows them to decide if it is something that they want to pursue long-term," said Bethesda, Md., resident Deborah Helfeld who has taught art and yoga summer camps.

At George Mason University, high school juniors and seniors will have an opportunity to attend a camp that will give them a head start on college. "It's not your parents' summer camp," said Sudha Kamath. "Mason is giving high school juniors and seniors the chance to take some rare classes for college credit, covering everything from insects that crawl under-ground to objects that spin through outer space."

sports, music, arts and crafts, and MAD Science are all part of the daily action for campers."

The Fairfax County Park Authority offers camps nature camps that are designed to immerse children in the outdoors. "We want the children to connect with the world around them," said Judy Pedersen, Public Information Officer, Fairfax County Park Authority. "When they leave camp, we hope that they have a deeper appreciation for the world around them for and the environment." You don't need to be a resident of Fairfax County to attend the camps, Pedersen said.

The Arlington Art Center offers summer camps for children and teens that meet daily for several sessions throughout the summer, 3550 Wilson Blvd, Arlington. Classes range from portfolio development to drawing, acrylic painting, and contemporary landscapes with oil paint.

ANOTHER OPTION is sleep away camp, which can sometimes be a nerve-wracking but rewarding experience for both a parent and a child.

How does a parent know that their child is ready for to make this leap? "It is going to vary from child to child and family to family," said Michele C. Garofalo, Ed.D., assistant chair, Department of Counseling and a professor of Psychology at Marymount University in Arlington. "I think if a child has spent time having sleep overs with friends and has done ok, and is independent and feels comfortable sleeping at friends' houses then it should be fine."

Garofalo suggests that the first sleep away camp experience should be brief.

"I think you want to do a shorter experience to get them ready. The first summer, send them to a four-day camp to test the waters. Their first experience should be at a camp that is close to home. Don't send them to a camp in California the first time."

An open dialog between parent and child is key. "Explain to the child that they are going to be on their own and tell them what will be expected of them," said Garofalo. "Parents can prepare their children and have an honest conversation about what will happen at the camp."

Those who think they can't afford the cost of summer camp should research financial aid options.

"Many summer camps offer financial aid and there are foundations that give grants for camps," said Rechen.

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Many Ideas for Summer Activities

BY MARILYN CAMPBELL
THE CONNECTION

Avoid those dreaded words:
'I'm bored.'

Molly McAlister enjoys the freedom of summer, but there are three words she dreads hearing: "Mom, I'm bored." Creating activities to keep her three children busy dur-

ing the summer is a task she enjoys, but it isn't always easy.

"I can't afford to send all three children to camp," said McAlister who lives in Centreville. "I love

taking the kids swimming or on bike rides, but sometimes I run out of ideas."

Many parents allow "screen time" to keep children happy, but it's important to interact with them as well.

"Some parents will give their child an iPhone or an iPad to entertain them," said Michele C. Garofalo, Ed.D., assistant chair, Department of Counseling and a professor of Psychology at Marymount University in Arlington. "Interacting with children and being involved with them rather than giving them electronic activities is important. It is important for kids to figure out how to interact with their parents and friends."

"Summer is a wonderful time for parents to get to know their kids and interact with them in a different way," said Garofalo, who lives in McLean.

One way that families can spend quality time together is by creat-



PHOTO BY GENE BUONACORSSI

Arcadia Center for Sustainable Food and Agriculture in Mount Vernon runs a camp for children from 6-11 years and other opportunities to learn about the source of their food.

ing art, said Dabney Cortina of the McLean Project for the Arts in McLean. In addition to summer camps, McLean Project for the Arts offers family workshops where parents and children create art together.

"Summer is a wonderful time for parents to get to know their kids and interact with them in a different way."

— Michele C. Garofalo, Ed.D

"The whole process of creating is so important to a child's development and it's so important to be with your children and create something together," said Cortina. "I see the smiles as the children and adults put their heads together to create things. I think it's also a wonderful release for adults."

COMMUNITY SERVICE PROJECTS are a great way to spend time and help children learn during the summer.

"Let them spearhead a yard sale," Garofalo said. "Kids gather the items, make flyers and put the flyers in everyone's mailbox. They can donate the money to charity so you can tie in a service project."

Spend time in the kitchen. "You and your children can do a lot of baking and donate the items to a homeless shelter," said Garofalo. "With parental approval and guidance, kids can also do dog walking or water flowers for neighbors who are away."

For families who want to spend time in nature, Len Annetta, Ph.D. Professor in the College of Education and Human Development at George Mason University suggests the Manassas National Battlefield Park. The park, which is home to more than 160 species of birds, has been recognized National Audubon Society as an Important Bird Area.

"Our area has so much history," said Annetta. "Most of these place don't cost money but can immerse students in something educational, which is really critical."

FOR PARENTS who plan a summer of varied activities, specialty camps as well as parent-child activities are worthy options. Even one or two sessions of week-long specialty camps can add to a child's summer.

Deb Burger of the Potomac Horse Center in North Potomac, Md., said they offer camps where children learn equestrian skills and are given information about the history of horses, breeds, colors, markings, anatomy, horse care and grooming. "Campers also do horse-related arts and crafts," said Burger. "They have a good time, make friends, increase their love of horses and improve their ability to ride. Kids come from Maryland, Virginian and even overseas."

Tony Castrilli, Director of Public Affairs for Fairfax County says the county is offering nature camps during the summer.

In Alexandria, Morgan Maloney runs the Arcadia Farm Camp for Arcadia Center for Sustainable Food and Agriculture in Mount Vernon. "Campers learn about farm life first hand," she said. Activities include collecting eggs tilling soil and planting seeds.



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