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Rose Faul and her husband Mike Faul with Kathleen Jacoby, Herndon High School Band Director. Business owner Mike Faul has announced a contest to challenge other businesses in Herndon to decorate their storefronts for the patriotic holidays from May 10 to the 4th of July.



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Address of the Place Event Will Be Held:

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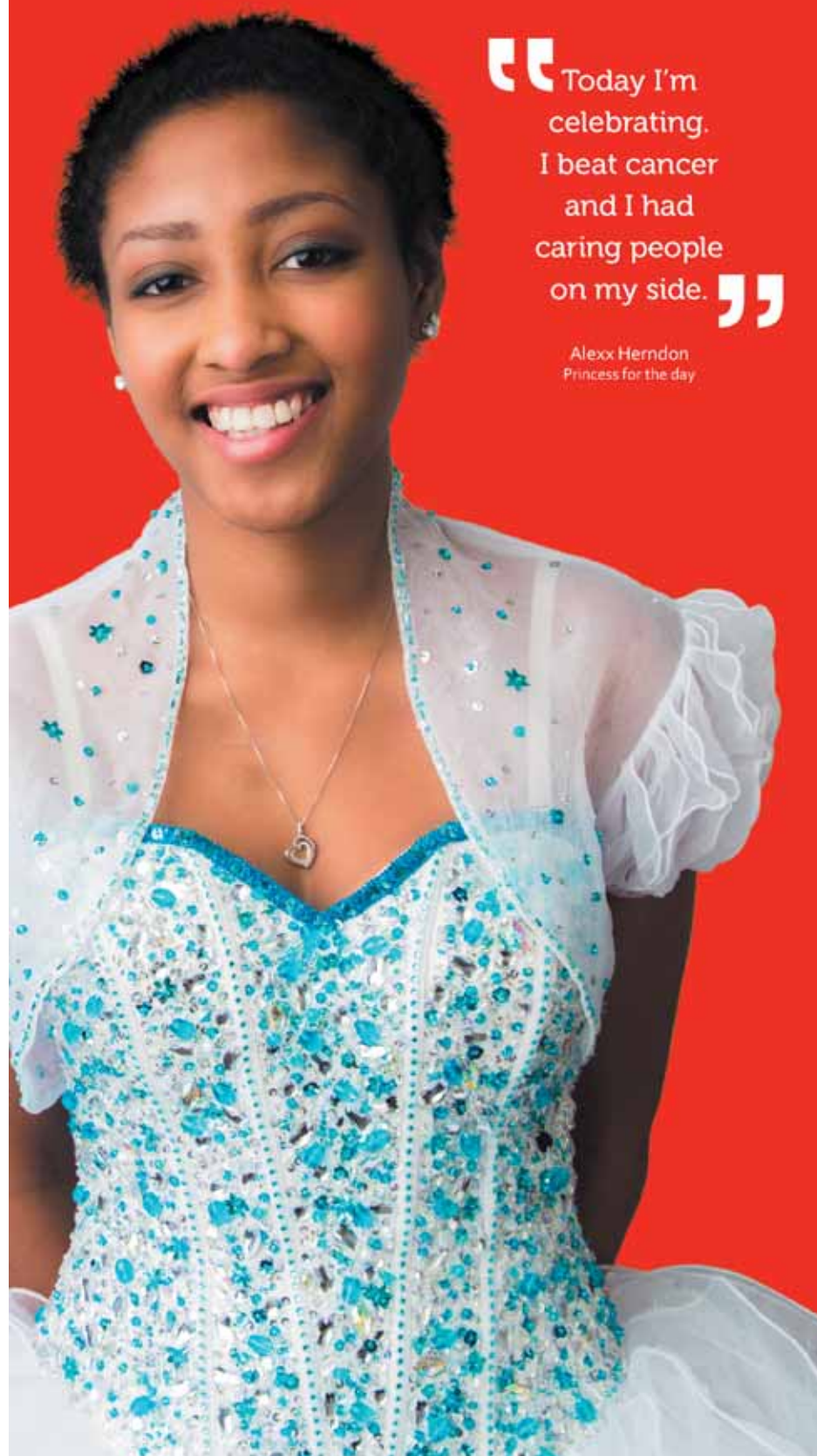
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PHOTO BY REENA SINGH/ THE CONNECTION

Lisa Merkel chats excitedly at Jimmy's Old Town Tavern after finding out she won the Herndon Town election for mayor.

Two New Members Added to Town Council

Two new residents will join the town council in July. Jennifer Baker and Stephen Lee Mitchell were voted into their new positions during the town election on May 6 at the community center.

"I was certainly hopeful that my hard work paid off and that my message would resonate in the community," said Baker. "However, I did not know I would be the number one vote-getter."

Additionally, Jasbinder Singh was elected as a council member again after a two year absence.

The town council, which is voted biannually at large, will be Baker with 1,281 votes, Grace Han Wolf with 1,256 votes, Sheila Olem with 1,211 votes, Singh with 1,197 votes, Mitchell with 1,126 votes and Dave Kirby with 1,107 votes.

Mitchell, the youngest council member, said that his age has no impact on his will to serve his community. Rather, it is his passion. Although he grew up in Herndon, he has visited Costa Rica on-and-off for nine years and is fluent in Spanish.

"I moved to Latin America for a while," he said. "Every time I traveled, I realized how special and unique Herndon is."

He went to University of North Carolina - Wilmington and spent three months teaching English and surfing in Costa Rica. In 2011, he found his way back to the town where four of his past generations settled down. He now works as a residential mortgage loan officer at Virginia Heritage Bank.

"I'm super excited to represent the town and make sure it's preserved," he said.

BAKER moved away from home as well. However, unlike Mitchell, her hometown is more than 300 miles away in Endicott, N.Y.

"Even though I grew up in a small town in upstate New York and went to college there, Herndon is home for me," she said.

She has lived in town for 10 years now - and offers a fresh perspective - but felt she lacked the name recognition other candidates had when she began campaigning. To make up for it, she said she knocked on nearly 2,300 doors to get to know all the residents and find out what their needs were.

She also is fluent in Spanish, she said.



PHOTO CONTRIBUTED

Jennifer Baker, a new face for town council, gains the most votes during this year's election.

"Even though I won't be knocking on doors this weekend, I will continue to be open-minded and analytical," she said.

The councilmember who receives the most votes typically is appointed the vice mayor.

Jasbinder Singh was ousted from the council dais when he lost his election for mayor in 2012. He served one term previously as a council member.

"I had been working with the immigrant community, and I felt someone needed to protect their interests," he said.

Singh has lived in Herndon for 33 years and rents out a building for tenants in town.

His initial reaction to the election was that he was surprised more of the community's immigrant population did not take the time to vote, and those who did were younger members of the population.

He said his time off from serving on the council gave him time to find out about Herndon's deeper issues. He began writing blog posts in his website, <http://herndonopinion.com>, about his feelings about council and town matters.

"We must ask questions and get to the details of matters," he said.

LISA MERKEL remains mayor, beating Connie Hutchinson 1,308-1,066, according to tallies made at the Herndon Community Center.

"I think this is a sign that the town is open and excited about the possibility of the metro station," said Merkel.

She said she was happy that her positive campaign worked in her favor, winning her another two years as mayor.

"To those running who took the high road and stuck to the positive issues, I want to thank them from the bottom of my heart," said Merkel. "That's what Herndon is all about."

Hutchinson, who had served as the Herndon Vice Mayor, was proud of the support she gained during her election.

"I felt very honored to have the really strong support I had from the Herndon residents," she said after the election results were posted at HCC. "I feel honored to represent the town as I had. I think there'll be a lot of good debate on the council."



Herndon Police Department's officer Eddie Stapleton, Corporal Christopher Farbry, Chief Maggie DeBoard, officer Stephen Monahan and officer Ron Eicke during a lunch stop in Fairfax.

Riding for the Fallen

BY REENA SINGH
THE CONNECTION

Police officers from all over the country vowed to "ride for those who died" this week.

Police Unity Tour Chapter IV - also known as the Virginia chapter - challenged officers on a three day bicycle tour from Richmond to D.C. in memory for fallen officers.

Before the last stop at Robert F. Kennedy Memorial Stadium, the group of 122 officers and loved ones of fallen police stopped for lunch at McConnell Public Safety and Transportation Operations Center Monday in Fairfax as a tribute to the county most the officers served.

"We had a good group of people this year," said Herndon Police Chief and Chapter IV President Maggie DeBoard. "A lot of them never knew each other, but now we're like family."

She said seven family members of fallen officers joined the tour this year. She also noted that some of the officers came from as far away as Las Vegas and Ohio.

Last year, the event raised \$1.7 million towards the National Law Enforcement Officers Memorial Fund. To ride, each bicyclist must raise at least \$1,700, she said. Many of the police - most dressed in official Police Unity Tour uniforms - showed slight signs of pain after the three day cycle event despite the rigorous training many go through on the job.

"This is the most difficult chapters to ride because of the hills," said DeBoard.

THE COURSE'S FIRST STOP after departing Richmond is Charlottesville. The cyclists then head through the foothills of the Blue Ridge Mountains to Warrington and Fairfax before finishing in Washington, D.C.

HPD officer Steven Monahan said the weather during prime

training season kept many officers from practicing properly.

"Because the winter was so harsh, it was hard to train outdoors," he said. "At the end of the day, though, it's not about the pain we feel. It's about who we're riding for. That's what keeps me going."

Deputy Chief Tammy Hooper rode the tour for the first time this year to honor Charlie Hill, an officer who died 25 years ago.

"It's also my 25th year on the police department, so I thought it would be a good tribute," she said, showing the blue metal bracelet on her wrist with Hill's name on it.

According to odmp.org, Hill was killed in March 1989 after opening fire on a drug dealer who held a gun to a hostage's head, demanding that his debt get paid. The suspect had enough time to open fire before he was killed, mortally wounding Hill and injuring a second officer.

Hooper said she met Hill during police academy on the shooting range, where he was an instructor.

Lucas County Sheriff's Department Deputy Rob Sehermerhorn came down from Ohio to ride with the Virginia chapter.

"My friend, Keith Dressel, died in the line of duty," he said. "He interrupted a drug bust." Dressel, with Toledo Police Department, was shot by a juvenile suspect in the chest when he pursued him by foot. Sehermerhorn wanted to honor his friend by riding what he considered to be a very difficult course. He joked that New J

JERSEY'S COURSE - mostly flat - would have been more similar to cycling in Ohio.

"You can't say enough nice things about the people that put this together," he said. "You don't have to worry about nothing but riding. I can't wait to actually practice and come again next year."

Potter's Fire Issues Holiday Challenge

Fife and Drum Corp highlight fundraising event.

BY RYAN DUNN
THE CONNECTION

Members of Herndon High School (HHS) Band participated in the American Originals Fife and Drum Corps performance in a kickoff celebration for a fundraiser sponsored by local ceramics business Potter's Fire on May 10. The Potter's Fire Throwdown is a contest to challenge other businesses in Herndon to decorate their storefronts for the patriotic holidays from May 10 to the 4th of July. The business with the best decorations will win a trophy designed at Potter's Fire. Donations for the event will be divided between The Fisher House Foundation and The Pride of Herndon Marching Band. "Every dime will be going back to charity," said Mike Faul, owner of Potter's Fire.

TWO HERNDON HIGH STUDENTS participating in the May 10 musical performance were freshmen Rebecca Yu and Shennan O'Day. "It is good to know local businesses are willing to contribute to the community," said O'Day. "We are a group of all ages and we enjoy entertaining audiences of all types," said Jared Conway, who has been playing with the American Originals Fife and Drum Corps for seven years.

"We are pleased Potter's Fire has chosen to support the HHS Band program through this event," said Kathleen Jacoby, HHS Band Director. Several recent HHS Band events have included marching in the

2013 Pearl Harbor Memorial Parade and greeting Honor Flight attendees at Dulles International Airport. The entry deadline to participate in the contest has been extended to May 25. "It is a great idea, it will bring the community together," said David Meyers, owner of the Green Lizard Cycling located in downtown Herndon.

All town businesses located north/east of the intersection of Center and Elden streets and south/west of Monroe Street have been encouraged to fill out an application to participate in the contest. Judging will be done by a panel of judges from the Council for the Arts of Herndon. Decorations must be up by Memorial Day 2014, and must remain in place until July 6. The grand champion of the event will be awarded The Patriot's Cup. "It will be handmade right here in Herndon, and inlaid with fine gold, it will be something a business can hold for one year," said Faul. "We do not intend to let go of this trophy lightly."

The evening of April 22, Faul gave a presentation at a Town of Herndon Council Public Session explaining the purposes of the Potter's Fire Throwdown. "This is not just about a contest and a trophy but an opportunity to celebrate those individuals who have given and laid down their lives for us in both large ways, both day in and day out," said Faul.

"It is an invitation to participate in community art." The theme chosen for the event as declared by Herndon Mayor Lisa Merkel is Celebrating Home-town Heroes.



Members of the American Originals Fife and Drum Corps played in front of the Herndon Depot Station on Saturday, May 10 at noon. This show was to kickoff a fundraiser event sponsored by Potter's Fire.



The American Originals Fife and Drum Corps played in downtown Herndon to kickoff a fundraiser sponsored by local business Potter's Fire. Participating in the show were several Herndon High students.

PHOTOS BY RYAN DUNN / THE CONNECTION



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OPINION

Virginia Proves Elections Matter

Health and economic issues are entwined.

Some people continue to assert, either with their words or by simply abstaining, that voting just doesn't matter. Here in Virginia, nearly every day we prove that is incorrect.

All of Virginia's elected representatives who are elected by the entire state are of the same political party. They are all Democrats: Gov. Terry McAuliffe, Lt. Gov. Ralph Northam, Attorney General Mark Herring and Virginia's two U.S. Senators, Mark Warner and Tim Kaine.

None were elected by a landslide but the trend is undeniable; the results are tangible.

Herring won his race over Mark D. Obenshain (R) by fewer than 200 votes out of more than 2.2 million votes cast. But that slimmest of margins has cleared the way for a new approach on many issues, especially after the previous four years of Gov. Bob McDonnell and Attorney General Ken Cuccinelli.

In January, Herring announced his office would support legal arguments that Virginia's

ban on same sex marriage is unconstitutional. Judge Arenda Wright Allen on Valentine's Day overturned that ban, and on Tuesday, May 13, the U.S. 4th Circuit Court of Appeals in Richmond begins the process that should result in same sex couples being able to marry in Virginia.

In April, Herring advised that Virginia students who are lawfully present in the United States under the Federal Deferred Action for Childhood Arrivals (DACA) program qualify for in-state tuition, provided they meet Virginia's domicile requirements.

EDITORIAL

This week, Gov. McAuliffe began administrative processes to blunt the effects of restrictive regulations placed on women's health centers that provide abortion, that would essentially have forced most to close by applying onerous standards intended for hospitals.

"I am concerned that the extreme and punitive regulations adopted last year jeopardize the ability of most women's health centers to keep their doors open and place in jeopardy the health and reproductive rights of Virginia women," McAuliffe said. He also began the process of changing the makeup of the Board of Health via appointments, including return-

ing James Edmondson of McLean to the board.

In the meantime, the gerrymandering of district lines for members of the General Assembly maintains the conservative, Republican super majority there.

Those members of the House of Delegates in particular seem prepared to cut off their noses to spite their faces, to do almost anything to deny health care to more than 200,000 very poor Virginians who could be covered by expanding Medicaid under the Affordable Care Act. Not only would this be fully covered by Federal funds for the first years and covered 90 percent thereafter, but it would bring enormous economic benefits to Virginia. McAuliffe is correct to look for ways to expand Medicaid administratively, bypassing the General Assembly. It has been done elsewhere.

"This is not just a health issue — it's an economic issue," McAuliffe said yesterday in announcing review of the regulations on women's health clinics, but the statement applies also to expanding health care in Virginia. "In order to grow and diversify our economy, Virginia needs to be open and welcoming to all."

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

No, I'm Not a Parent; I Just Act Like One

BY JOAN BRADY

I'm not a biological mother, an adoptive mother, a stepmother or a foster mother. But I have experienced some of the joys and heartbreaks of motherhood.

More than 12 years ago, I began as a homework tutor at a group home for foster kids. It was there that I met 7-year-old Dontae.

He would tell you that he tricked me into spending more time with him by pretending that he didn't know his letters. I would tell you that I was drawn to him in ways that I think mothers are drawn to their children. He needed someone. Maybe he needed me.

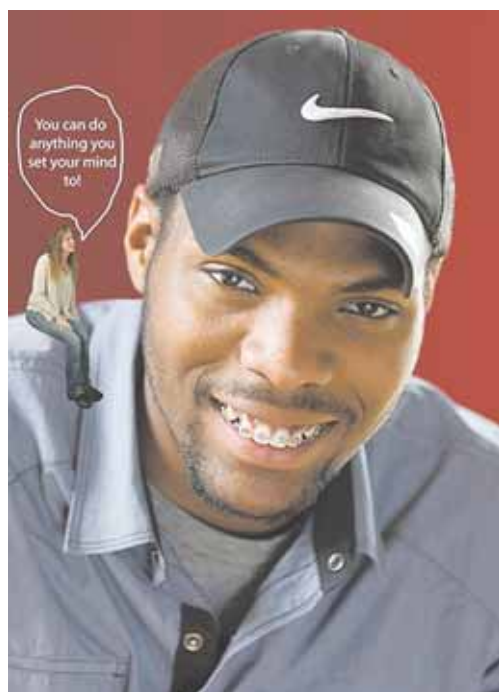
Within months, I began training to become Dontae's Court Appointed Special Advocate or CASA. A CASA is a volunteer who becomes the advocate for a foster child, representing a vulnerable child against the competing priorities of rotating social workers, lawyers and caregivers.

Dontae had 23 placements in just under three years during his time in foster care. With a lack of stability and security, it was no wonder that his behavior was out of control. His anger was often frightening and sometimes put us both in danger.

I quickly learned that he needed consistency and boundaries, but most of all, he needed unconditional, unwavering support.

My friends' kids were much younger than Dontae and social services and court appointed therapists didn't offer any meaningful insights or strategies. I operated on instinct, which sometimes served me well, but often did not.

I told Dontae over and over again what my parents had told me from the time I can remember: "You can do anything you set your mind to." While I might have gotten that per-



Joan Brady to Dontae: "You can do anything you set your mind to!"

sistent and caring motivational support right, there was so much I was getting wrong.

Fortunately, in my second year with Dontae. I met a talented therapist with a young child. In exchange for photographs of her daughter, she promised to meet with me weekly, the day after I saw Dontae.

Each week, I reported on our most recent visit. She would carefully explain where and why my instincts had betrayed me and sent me back out to do better the next time. Her insights were invaluable over the years.

Dontae returned to his mother's home after three years in foster care and she supported

my continuing to be part of their lives. I helped to navigate the frustratingly complex educational system and was there to encourage Dontae. But at 14, Dontae was not really much different than he had been when I met him at 7. He was often filled with rage. The slightest thing could set him off. And one day after battering me with harsh and menacing words, he attempted to jump out of my car as I drove down the highway.

I remember my parents threatening to leave us, four kids at the side of the road, during a particularly bad road trip. I knew just how they felt. But I didn't leave Dontae at the side of the road. And three years later, he started to change.

In the past five years I have gotten to experience some of the joys of parenthood; first job, raises, good grades, school dances, wonderful trips and meals enhanced by interesting conversations. I have also struggled with the frustrating dilemma of trying to keep a kid on track, alternating between nagging, bribing, screaming, negotiating and supporting.

Dontae stayed in school well beyond what should have been his graduation date, cramming 12 years of education into just two. And next month he will graduate.

If you had asked me if I thought this was possible 12 years ago, I would have quietly shaken my head. But come June, I will be loudly cheering Dontae on at his high school graduation and embarrassing him by taking too many pictures.

No, I'm not a parent. I just act like one.

Joan Brady is a professional photographer; mentor and advocate for current and former foster children; volunteer with paws4People, Fairfax Families4Kids, and others; and a resident of Great Falls. Reach her at joan@joanbradyphotography.com

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Outdoor Entertaining

Local style gurus offer tips for alfresco soirees.

BY MARILYN CAMPBELL
THE CONNECTION

The mild temperatures that usher in late spring and early summer beckon many outdoors for alfresco parties. Whether held on a patio, deck or veranda, the necessary logistics for coordinating even a simple gathering can be daunting.

Local tastemakers have unveiled the latest in elegant accessories, colorful furnishings and creative strategies for transforming a simple outdoor party into a chic and elegant endeavor. From serveware and centerpieces to lighting and cushions, style gurus explain how you can keep your cool while hosting a warm weather event.

"We love using our indoor-outdoor rugs as the starting point for decorating outdoor spaces," said Ann O'Shields of The Nest Egg in Fairfax. "We have a huge selection of patterns and colors from Dash & Albert that are perfect for grounding your space and creating an area to entertain."

Marrying comfort and style in outdoor seating can transform virtually any space into a festive oasis, say designers. Sunbrella fabrics are the ideal textile for upholstered furniture and throw pillows, says O'Shields.

Outdoor pillows by Elaine Smith are the top choice of interior designer and home furnishings boutique owner Victoria Sanchez of Victoria at Home in Old Town Alexandria. She says that the cushions are polished enough to adorn

a home's interior, but hefty enough to withstand exterior elements. "The pillows have grommets and embellishments, but are machine washable and can sit outside," said Sanchez. "Something like that can do a lot to spiff up the same old furniture and set a tone for a festive environment."

When it comes to place settings and serveware, resist the urge to bring indoor dinnerware outside, eschew the disposable varieties, and instead opt for dinnerware made of melamine. "It is perfect for outdoor entertaining because it's durable and won't break if dropped," said Courtney Thomas of The Picket Fence in Burke. "A bright serving tray or bowl adds some fun to outdoor dining."

Whether from one's own garden or a favorite florist, no smartly dressed table is complete without fresh foliage. "Flowers go without



PHOTO BY MARILYN CAMPBELL

When guests arrive and see fresh flowers, it signals to them that the event is special and festive, says Victoria Sanchez of Victoria at Home in Old Town Alexandria.

"Flowers go without saying. They add color, and when your guests walk in and see fresh flowers, it signals to them that the event is special and festive.

— Victoria Sanchez, Victoria at Home

saying," said Sanchez. "They add color, and when your guests walk in and see fresh flowers, it signals to them that the event is special and festive."

To create bouquets with bursts of vibrant summer colors, Evelyn Kinville of The Behnke Florist Shop in Potomac, Md. recommends graceful blossoms like lisianthus, iris, hydrangea and godetia. "These can all be used together. Godetia is very pretty and comes in cherry red, salmon and fuchsia," said Kinville.

When choosing a color scheme, try going back to the basics. "It

goes back to color theory — stay with a color wheel," said Sanchez. "Opposites sides of the color wheel are always safe, like orange and blue."

Use lighting to create ambience. "Candles make great outdoor accessories, especially if you are entertaining at night," said Thomas. "Hang a few votive lanterns from nearby trees or use a row of smaller lanterns as a centerpiece on the table. Even placing a few tea lights on the table creates a warm glow."

Cold libations and melodies wafting through the air are sum-



PHOTO COURTESY OF COURTNEY THOMAS

Silicone lids are a stylish way to keep food, says Courtney Thomas of The Picket Fence in Burke.

mer soirée essentials. "For entertaining, it's always fun to have great music and refreshments which are fun to serve in buckets filled with ice and drinks," said O'Shields.

When in doubt, opt for understated décor. "Keep it simple and colorful," says Sanchez. "No one knows what you forgot. They only see what is there."

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From left, Thomas and Jack with many bags of donated baseball clothing items.

Supporting Baseball in Cuba

Herndon area sixth graders Jack Connell and Thomas Latham, members of Floris UMC's Crossroads youth program, recently coordinated the donation of over 125 items of gently used baseball uniforms. The clothing—jerseys, pants and caps—will be taken by the United Methodist Volunteers in Mission to Cuba on May 22, where they will be given to local youth. The boys were told about Cubans' love of baseball by mission team coordinator and Floris member, Aldo Gonzalez. On Opening Day, they invited their team and the CYA league to help the mission group's efforts to support the local Cuban community.

Jack Connell and Thomas Latham.



Langley Girls Lax Continues Solid Season

The Langley girls' lacrosse team concluded its regular season with a 13-6 victory over South Lakes on May 12. The Saxons will enter the Conference 6 tournament on Thursday, May 15 with a 7-4 record.

Langley started off the season strong, winning its first three matches, but then hit a tough period right before Spring Break when they played arguably three of the top teams in the state — reigning champion Madison, Westfield, and Oakton — losing to all three despite some spirited play. Then, between the week off and some rainouts, Langley didn't play another game for three weeks. So, two weeks ago, they were excited to take on Stone Bridge (11-2), and prove their mettle.

The Stone Bridge game on May 3 started off well for the Saxons, with Langley sprinting to a 7-1 lead behind a flurry of goals by sophomore Halle Duenkel and senior co-captain Lauren Clubb. But,



the Bulldogs took a timeout, regrouped, and then proceeded to dominate the Saxons for the next half hour of the game, helped by a flurry of fouls handed out to the frustrated Saxons, including five

yellow cards.

Despite these challenges, the Saxons rallied and scored two goals and had a game-tying goal called back before dropping the tight contest, 11-10.

Going into a May 9 contest against the Marshall Statesmen, the Langley Saxons were looking forward to playing an opponent with a strong record (9-3) and proving they could beat a top

team.

The Saxons beat Marshall handily, 19-11, with close to a 10-goal lead midway through the first half.

Goals were scored by Duenkel (6 with 1 assist), senior Katherine Gallo (3 with 1 assist), freshman Anna Hofgard (3 with 1 assist), junior co-captain Aubrey Zarella (2), junior Nicole Lee (2), sophomore Morgan Kuligowski (2 with 1 assist) and Clubb (1 with 1 assist). Junior Bethany Bacso also contributed three helpers.

Freshman goalie Megan O'Hara played another strong game, saving close to 50 percent of the shots she faced.

"The team really played a strong game against a good opponent, and they really rebounded from the tough Stone Bridge loss last week," Langley head coach Rebecca Watkins said. "We continue to get scoring from a wide variety of players, and I feel we are in a good place before starting the playoffs."

South Lakes Girls' Soccer Finishing Strong

The South Lakes girls' soccer team defeated Langley 2-1 in overtime on May 8, improving its record to 8-2-2.

The Seahawks went 3-0-1 after suffering back-to-back losses against Stuart and Stone Bridge.

South Lakes concluded its regular season against Falls Church on Tuesday, after The Connection's deadline.

South Lakes Baseball Wins Three Straight

The South Lakes baseball team beat Langley 12-2 on May 9, giving the Seahawks three straight victories.

Entering its regular-season finale against Hayfield on Tuesday, South Lakes had won six of seven games after returning from spring break action in South Carolina.

The Conference 6 tournament begins Friday, May 16.

Herndon Baseball Beats Westfield

The Herndon baseball team defeated Westfield 2-0 on May 9, improving its record to 9-6. The victory snapped a two-game losing skid.

Herndon faced Centreville on Tuesday, after The Connection's deadline. The Hornets will close the regular season at Oakton on Friday, May 16. The Conference 5 tournament begins Tuesday, May 20.

Herndon Softball Wins 2 of 3

The Herndon softball team earned wins against Chantilly (4-1) and Tuscarora (10-1) before losing to Westfield (2-0) on May 9. The Hornets entered Tuesday's matchup against Centreville with a 7-8 record. Herndon will conclude the regular season with a pair of games against Oakton — at home on Wednesday, May 14, and on the road Friday, May 16, before competing in the Conference 5 tournament.

Langley sophomore Morgan Kuligowski, right, battles for one of her many ground ball pickups against Stone Bridge.

PHOTO CONTRIBUTED

CALENDAR



PHOTO CONTRIBUTED

The Ravel Dance Studio will perform 'Swan Lake' at the Reston Community Center Stage on Friday, May 23, at 7:30 p.m. and Saturday, May 24, at 2 p.m.

'Swan Lake' at Reston Center Stage

Audiences of all ages will have the opportunity to see the quintessential ballet "Swan Lake" performed by the Ravel Dance Studio. This, the most popular of all classical ballets, captivates audiences with a romantic yet tragic love story and brilliant music to accompany its unfolding. The heroine of Swan Lake is a princess of the night: she is all magic, a creature of the imagination. To behold the spectacle of 24 swan maidens emerging on a stage to dance by a moonlit lake is a breathtaking experience that should

not be missed.

The performances will take place at the Reston Community Center Stage on Friday, May 23, at 7:30 p.m. and Saturday, May 24, at 2 p.m. Tickets are general admission \$18, and at the Dominion High School on Saturday, June 7, at 5 p.m. Tickets are adults \$18 and children \$12.

Call Ravel Dance Studio 703-437-9664 for ticket information. Write info@raveldance.com or visit www.raveldance.com

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

WEDNESDAY/MAY 14-SUNDAY, MAY 25

Far & Wide: Travel as Muse. - In Far and Wide. ArtSpace Herndon, 750 Center Street, Herndon. Join artist Trisha Adams on a journey where unique architecture and distinctive trees offer interesting new shapes, where plants, earth, and buildings present novel color palettes, where each painting imparts a part of itself to the next as the viewer circles the gallery. www.artspaceherndon.org.

23rd Annual Northern Virginia Fine Arts Festival. Reston Town Center - 12001 Market Street, Reston. Contemporary artwork from over 200 artists in 16 categories. www.restonarts.org.

FRIDAY/MAY 16

Jazz Dessert Concert. 7:30 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. Featuring the South Lakes High School Jazz Hawks and Langston Hughes Middle School Jazz Ensemble. \$15 Adults, \$8 Students, free for age 5 and under with an adult. Tickets at the door or online at www.SouthLakesBand.org.

SATURDAY/MAY 17

Community Yard Sale. 8:30 a.m.-12:30 p.m.. Reston Association parking lot, 12001 Sunrise Valley Drive, Reston. Come by to browse for great bargains at our 95 family yard sale. This event is an opportunity to find great buys for a new home or college dorm. Vendor space is sold out. Contact Ashleigh@reston.org or call 703-435-6577 for information on weather related cancellations.

Open Mic Night. 7-9:30 p.m. ArtSpace Herndon, 750 Center Street, Herndon. Open Call for singers,

dancers, musicians, poets, actors. This is your chance to try out that new routine on an audience of fellow performers, family, and guests who share your love for the performing arts. Youth Performances aged 10 and up start at 7 p.m., and adult Performances start at 8 p.m. To register go to www.artspaceherndon.org.

SATURDAY/MAY 17

Hope for Haiti - Building a Sustainable Haiti. 4:30 - 6 p.m. St. Timothy's Episcopal Church, 432 Van Buren, Herndon. Pere Milor (the Priest-in-Charge) will be available to the discuss the situation today in Chapoteau, Haiti. St. Timothy's currently supports 25 children at St. Matthieu's school and a mission team makes two trips each year to make contact with the families and identify the most critical needs of the community. <http://www.saint-timothys.org/index.php?page=haiti>. 703-437-3790.

SUNDAY/MAY 18

Reston Community Orchestra Annual Youth Concert - "Bring in de Noise! Bring on de Fun." 4 p.m. Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Join the Reston Community Orchestra in a concert for the young and young at heart. Admission is free, but tickets are required - contact the RCC box office at 703-476-4500. restoncommunityorchestra.org

TUESDAY/MAY 20

Third Tuesdays - Design and Wine. 7-9 p.m. ArtSpace Herndon, 750 Center Street, Herndon. You will enjoy the beauty of spring flowers on a canvas created by you. Reservations

are required, \$30 fee. 703-956-6590. www.artspaceherndon.org

Terrific Turtles. 10 - 11 a.m. OR 1:30 - 2:30 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Ages 3 to 5. Learn about the many turtles of Reston. Meet our resident box turtle, touch real turtle shells, and make a turtle craft to take home. Go on a short hike to look for turtles in the forest and at the edge of Lake Audubon. Reservations required by May 16. Fee: \$7/child RA members, \$9/child non-members. For more information, email naturecenter@reston.org, or call 703-476-9689 and press 5.

THURSDAY/MAY 22

Calling All Poets. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. An open mic evening for all poetry lovers, writers and readers. Share your favorite poems - your own, or a work by a favorite poet. May's featured poet is Emily Dickinson. Adults. Free.

FRIDAY/MAY 23 - SATURDAY/MAY 24

"Swan Lake." Friday at 7:30 p.m.; Saturday at 2 p.m. Reston Community Center. Engage in this tragic love story ballet performance. Tickets: \$18. www.raveldance.com

WEDNESDAY/MAY 28

Modern Moves, in partnership with Dance Place. 8 p.m., at The Centerstage, Reston Community Center Hunters Woods. Three of D.C.'s most prominent choreographers - Daniel Burkholder, Daniel Phoenix Singh and Erica Rebollar - come together to create an eclectic evening of thrilling modern dance. \$15 Reston/\$30 Non-Reston. www.restoncommunitycenter.com or 703-476-4500.

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Still Curious, But Maybe Not Dying

By KENNETH B. LOURIE



Although one never knows, especially if that one is living in "cancerville." And by "cancerville" I mean, euphemistically speaking, anywhere where one of us diagnosed with cancer is living. Living being the operative word. Still, as my column from a few weeks ago entitled, "Dying With Curiosity" discussed, cancer patients are often besieged by their subconscious, changing fact into fiction and manipulating feelings into inevitabilities. If only there was a switch to turn off the mind games that don't exactly mind their "man-ners" or "women-ers" for that fact, I'd flick it in a second. Cancer creates physical problems – as we all know, but I have to tell you, it's the mental problems that can be just as deadly.

It was in this column that I attempted to flesh out why I was – at this particular point in my cancer career – thanking people, people I had never previously thanked and people who quite frankly needed thanking. But was I thanking them ("I Thought You Were a Goner" and "Thanks, Coach") because it was the proper thing to do, or was it my subconscious cashing a check that I had not realized needed to be written – if you know what I mean? And if you don't, to clarify: did my subconscious know something that my conscious mind had yet to find out? Was I in fact getting things in order before it was too late?

Conversely (oddly enough), my columns published over the most recent two weeks were what we call non-cancer columns: "Father and Son 'Twogether'" and "A Tale of Two Seasons," as if a didn't have a cancer thought on my mind, subconsciously or otherwise, that needed to be written. No feelings – or facts for that matter, about cancer that one might interpret as creepy or curiously prophetic, given the terminal diagnosis with which I live every day. No. Just normal, everyday-type minutiae that those familiar with my first 10 years of columns published in this space (I guess we'll call them pre-cancer columns now), are likely familiar. Topics ranging from the mundane to the ridiculous, as if I didn't have a care in the world; certainly not a cancer care, that's for sure.

And so it dawned on me: were these two columns ("Father and Son 'Twogether'" and "A Tale of Two Seasons") examples of my subconscious mind once again exerting its power over my conscious mind and providing fodder for non-cancer columns because it could? Or was this my subconscious mind telling me to relax and not think so much, especially about the two "thank-you" columns: "I Thought You Were A Goner" and "Thanks, Coach"? Either way, it seemed to me an odd juxtaposition of material over a 4-week period: two columns that contemplated death (sort of) and two other columns which contemplated nothing, really, certainly not death, anyway.

The upshot of which has been to unburden me a little bit, to make me a little less focused on the presumptive path that lies ahead and instead direct me onto an alternative route, one that features more future and less past. I'd like to think I can live like that; I just hope my subconscious mind has no more to say about it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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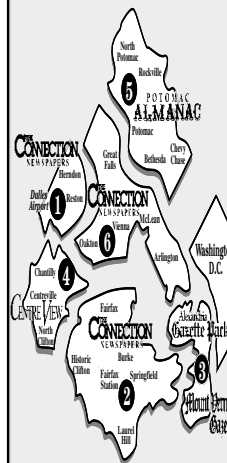
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PHOTOS BY RYAN DUNN / THE CONNECTION

The U.S. Navy Concert Band conducted by Captain Brian O. Walden played at Herndon High School on May 9. At the end of the concert, the U.S. Navy band played songs associated with the uniformed services of the United States.

Navy Band Performs at Herndon High School

BY RYAN DUNN
THE CONNECTION

Herndon High School hosted the United States Navy Band the evening of May 9. The band performing was the U.S. Navy Concert band, based in Washington, D.C. This is the fourth time Herndon High School (HHS) has hosted a performance with the Navy Band. "It is a wonderful opportunity that the Navy Band gives freely of their time and talent to encourage the musical growth of our children," said Rhonda Reeves-Long, a member of the school band's boosters group.

Captain Brian O. Walden conducted the evening concert which included music from composers John Williams and Karel Husa. "It is great to be able to come play before such an enthusiastic crowd," said Walden. The Navy Band requested top seniors perform a selection with the band. The HHS seniors who performed with the Navy Band were: Kimberly Strother (flute), Dasha Bradfield (clarinet), Tiberiu Baicoianu (clarinet), Jay Kotra (bass clarinet), Michael Chen (trumpet), Trevor Little (trumpet), Lewis Morgan (trombone), Blake Morgan (percussion), and Dylan van Vierssen (percussion). "We are honored to host this wonderful, patriotic band," said Kathleen Jacoby, HHS Band Director. "Our seniors who are performing will cherish this opportunity to play with these talented group of musicians."

Returning to Herndon for the show was Chief Musician Stacy Loggins. A resident of Alexandria, Loggins joined the Navy Band in 1994. "It is nice to come back," said Loggins. From September 1994 to November 2005, Loggins taught the Herndon High School drum line and was a percussion instructor and composer. Senior student Blake Morgan took the opportunity to greet Loggins. "He was my teacher back when I was in middle school, and was a major influence for me," said Morgan. In January 2014 Morgan showcased his talent dur-



U.S. Navy Captain Brian O. Walden with Herndon High senior Trevor Little. Little with other high school senior students joined the U.S. Navy band to perform a music segment.



When the U.S. Navy Band played on May 9 at Herndon High, senior Blake Morgan met his former music teacher U.S. Navy Chief Musician Stacy Loggins. Loggins is a former drum line and percussion instructor at Herndon High

ing a halftime performance at the nationally broadcast U.S. Army All-American Bowl in San Antonio, Texas.

"We feel fortunate we have such an amazing group live by so closely and play before us," said Jacoby. "Nothing compares to a live performance."

The Herndon High School Bands next performance will be the Spring Concert scheduled for Tuesday May 20 at 7 p.m. at the Herndon High Auditorium. This event will feature percussion, flute choir, sax choir, jazz band, symphonic band, and the Wind Ensemble. To read more about Herndon High Band, visit herndonband.net.

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2 1221 KELLEY ST SW	5	..	4	..	1	VIENNA	\$1,355,000	Detached	0.32	22180	VIENNA WOODS	03/21/14
3 901 OLYMPIAN CIR SW	5	..	4	..	1	VIENNA	\$1,353,755	Detached	0.38	22180	VIENNA WOODS	03/26/14
4 10008 MURNANE ST	5	..	4	..	2	VIENNA	\$1,320,000	Detached	0.50	22181	LITTLE VIENNA ESTATES	03/06/14
5 10101 COPPER CT	11	..	4	..	1	OAKTON	\$1,190,000	Detached	0.50	22124	OAKTON ESTATES	03/04/14
6 12018 CREEKBEND DR	5	..	4	..	1	RESTON	\$1,065,000	Detached	0.41	20194	RESTON	03/31/14
7 2262 COMPASS POINT LN	4	..	3	..	0	RESTON	\$1,060,000	Detached	0.35	20191	RESTON	03/31/14
8 1557 REGATTA LN	4	..	3	..	0	RESTON	\$1,033,500	Detached	0.13	20194	RESTON	03/31/14
9 3127 OXFORD FOREST DR	4	..	4	..	1	HERNDON	\$975,000	Detached	0.83	20171	OXFORD FOREST	03/21/14

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