

# A Taste of Arlington

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Thousands of visitors and  
residents enjoyed the  
annual Taste of Arlington  
in Ballston on Sunday  
afternoon, May 18.





The cherry blossom trees lining the Williamsburg Middle School campus in full bloom.



Site of construction at Williamsburg Middle School where a dozen cherry blossom trees now stand awaiting removal.



One of the first cherry blossom trees being removed to make way for the new elementary school that will be built on the grounds of the Williamsburg Middle school campus.

# Cherry Blossom Trees To Be Removed for New School

Residents still think trees can be salvaged.

BY SYDNEY KASHIWAGI  
THE CONNECTION

Over 50 years ago, a man by the name of Herbert Sholar laid the seeds of what would become iconic to the Crescent Hills community.

Pamela Swain remembers sledding through the bright pink and rose-colored petals of the cherry blossom trees that Sholar planted when she was just a young girl.

Through the years, even though Swain has moved away, the trees have continued

to stand and blossom year to year along the grounds of the Williamsburg Middle School.

"I think it's a wonderful example of a neighborhood on its own, beautifying the whole area," said Swain, who still visits the trees.

But over the next week, the Crescent Hills community will lose what is remaining of about over a dozen cherry blossom trees that Sholar planted, to a new elementary school that will be built alongside Williamsburg — a decision that many residents think is wrong.

"I hope that they can save as many as possible," said Swain.

The new 98,000-square-foot elementary school is part of Arlington Public Schools More Seats for More Students initiative that aims to ease current and future overcrowding issues that the county is experiencing.

The new school, that does not yet have an official name, will have the capacity to hold more than 600 elementary students and will reduce energy consumption use to about a third of what a typical elementary school uses with the help of geothermal wells and solar panels.

"It's ironic that this is supposed to be one of the greenest schools, but they have to chop down these trees," said Atsushi Yuzawa, a long-time Crescent Hills resident who lives across the street from the trees.

Although community conversations were held in the planning process prior to building the new school, Lynn Pollock, a chairperson of the Rock Spring Civic Association who advocated for Crescent Hills residents during the building process, says that when it was decided that the school would be built on the southern part of the Williamsburg

property, the decision was made to take down the trees.

"I'm sad, they were gorgeous," said Pollock. "It was like having our own tidal basin right here."

Frank Bellavia, a public relations specialist at Arlington Public Schools says that even through the cherry blossom trees are being removed, the school system will replace them with more than double the number of trees that are there now once construction is completed.

Living in front of where the trees stand, Yuzawa has witnessed the tree removal process since the first day.

"Fifty years of history will be gone at the drop of a hat," said Yuzawa. "But new history will start again."

The new elementary school is expected to open in September 2015.

## Kanninen Seizes Democratic Endorsement for School Board

18-vote margin of victory in second round of voting.

BY MICHAEL LEE POPE  
THE CONNECTION

After two rounds of voting in the Democratic caucus, author Barbara Kanninen seized the Democratic endorsement with a slim 18-vote margin of victory against Nancy Van Doren. A third candidate, Greg Greeley, was knocked out in the first round of voting. That led to an instant runoff in which the second choice of voters were considered. Most of those went to Van Doren, which led to a razor-thin 18-vote margin of victory for Kanninen in the second round of voting.

"It was very unusual to have three super strong campaigns with super strong candidates," said Kip Malinosky, chairman of the Arlington County Democratic Committee. "Usually there is someone who is lacking in area. But not this time."

Although Kanninen has seized the Democratic endorsement, no party affiliation will appear next to her name on the ballot this November when she faces independent can-

didate Audrey Clement. Since Democrats created the endorsement process a decade ago, the party has lost a School Board race only once, although Clement is well known to Arlington voters because she has waged four unsuccessful campaigns for County Board. Elections officials are expecting a turnout of about 50 percent to 55 percent of registered voters, which would be about 65,000 to 70,000 voters.

"Interestingly enough, people tend to vote on bonds at a higher rate than they vote in the School Board race," said Arlington Registrar Linda Lindberg. "Voters seem to care less than about the School Board than they do some of the other issues and races on the ballot."

**AFTER HER VICTORY** over the weekend, Kanninen said she won because of her message to voters about standardized testing and overcrowded classrooms. On the campaign trail, she said, she heard from a number of parents who said they believed standardized testing plays an outsized role in

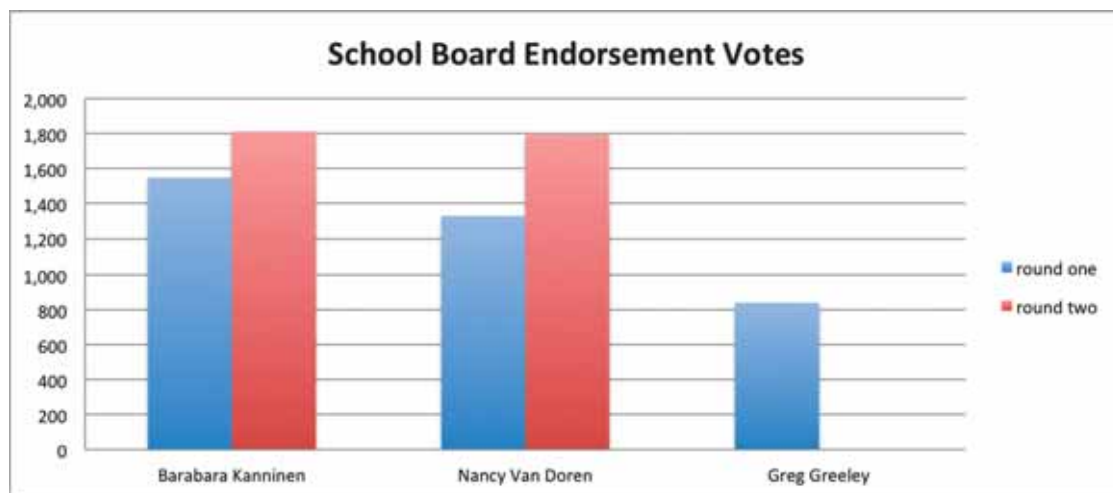
county schools. Kanninen said she would like to reduce the influence of standardized tests in the operation of Arlington County Public Schools, although she remains vague about specifics.

"I'm not going to get into specifics about which pieces of test prep we are going to add or subtract," said Kanninen. "But my goal is to start talking about that and develop a process that will work with the administration."

On the issue of overcrowded classrooms, Kanninen said she would like to see a capi-

tal-improvement program process that involves the community more than the current model. Because this is the part of the budget in which School Board members make decisions about when and where schools are constructed, she said, members of the community should have more of a say in what kind of facilities are approved. She said she would like to see the process start earlier, although she was vague about when that should be.

"All I can say right now is soon," said Kanninen. "I can't give a date."



SOURCE: ARLINGTON COUNTY DEMOCRATIC COMMITTEE



## Apprehension Grows Along with Cost Estimate

200 percent spike in cost of streetcar creates a sense of uneasiness among businesses.

BY MICHAEL LEE POPE  
THE CONNECTION

**W**ill the Columbia Pike streetcar be good for business? County leaders in Arlington seem to think so, even though the cost of the project has steadily increased since county leaders began planning to finance a streetcar line along the pike. Back in 2005, county leaders estimated it would cost \$120 million. Now County Manager Barbara Donnellan estimates it will cost \$358 million. That means the cost of the proposal has escalated 200 percent in the last decade.

"And it will go up more, I guarantee it," said Josephine Whippley, owner of Frank's Engraving. "I know how long it would take for them digging up the street, and people wouldn't even be able to get to our business. So I resent that part of it, and I live in Arlington County and I don't like what my taxes are."

Advocates for the streetcar say the system will attract what they call "choice riders," people who would never consider riding a bus. They say the financial investment would be worth it in the long run because Columbia Pike would become a vibrant destination for people throughout the



"Investing in streetcars now will ensure that we have the transit capacity we need to manage growth in a sustainable way and to ensure that our neighborhoods and businesses continue to thrive."

— County Manager  
Barbara Donnellan

**Cost for the streetcar project on Columbia Pike is now estimated at \$358 million.**

region, a thoroughfare that's expected to add tens of thousands of new residents in the coming years who will expect to have a transit system able to handle the crush of new people.

"It will help not only the businesses but the employees and even the customers," said Dania Perdomo, a stylist at Beatriz International Hair Salon. "It will be better for everybody."

**AS THE COST** has been escalating over the years, so has the financing plan. Back in 2013, Donnellan's proposed capital-improvement plan explained that the streetcar line would be financed this way: "Revenue bonds, supported by the commercial real-estate tax, will be issued in FY2014."

The plan eventually approved by County Board members removed language about the revenue bonds, explaining, "the preliminary financing plan includes bonds that are potentially supported by the commercial real estate tax, beginning in FY2014." Now that language has been changed again.

"[Transportation Capital Fund] bonds are funded by leveraging the Transportation Capital Fund — [commercial and industrial] tax," the new proposal explains. "Other previously approved funds include \$2.36 million in state funding, \$6.1 million from Arlington's Transportation Capital Fund ... and \$1 million" from the recent transportation funding scheme created by the General Assembly.

The shifting sands of the cost estimate and

funding schemes have created a sense of apprehension along the pike, where many business owners remain skeptical. That sense of unease was underscored when county leaders were forced to defend a design cost of \$1 million for a "superstop," a facility that could serve as a stop for buses or streetcars. County leaders announced last month that they had reduced the cost of the superstop by 40 percent. For many, that's a small consolation considering the cost of the program has gone up 200 percent.

"This is a boondoggle," said Barry Cox, a freelance writer who owns a business near the superstop. "I just don't see how it's efficient transportation or efficient use of

SEE COST ESTIMATE, PAGE 5

## County Schools' Autism Program Could Face Major Cuts

School Board to vote on program's budget this Thursday.

BY SYDNEY KASHIWAGI  
THE CONNECTION

**I**n 2009, Maria Zemankova's son was one of the first students to start in Arlington Public Schools' middle and high school autism program.

Zemankova was among the parents and school administrators who helped start the program, but now she's fighting to make sure that the program stays the way it was designed.

On Thursday, the Arlington School Board will vote on a proposed budget cut of about \$271,000, that would eliminate close to half of the aide positions in the autism program, who students like Zemankova's son rely on everyday to get through school.

"He would be lost without the assistance,"

said Zemankova, whose son started the program in the 6th grade and has continued on through high school.

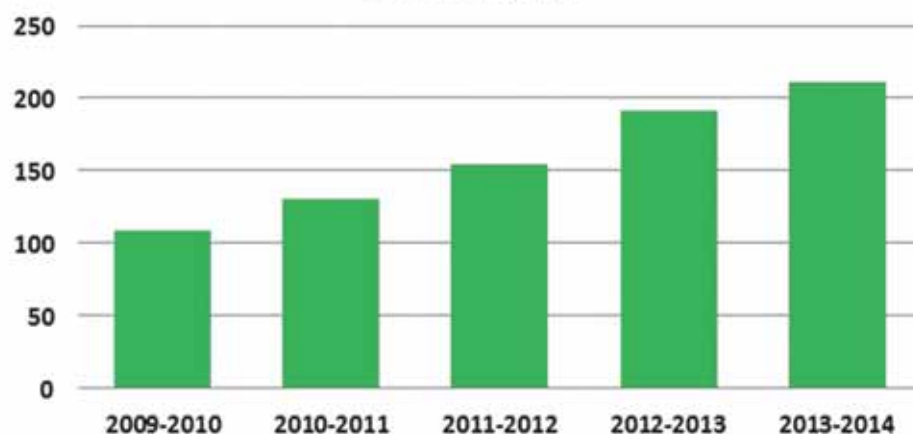
Each day, about 60 students spread out through four different Arlington middle and high schools in groups of 10, rely on a teacher and two specialized aides to remind them to write down assignments, focus in class and help them with social adjustments in a mainstream classroom — tasks that seem typical, but are seemingly impossible for students with autism to understand.

"As parents, we're mostly concerned about what happens when our children show up to school in September," said Gordon Whitman, a father of a 7th grader in the Thomas Jefferson Middle School's autism program.

Whitman began organizing parents of students in the autism program to speak up to the School Board since they found out about the potential cuts to the program — a move that he and other parents say was unexpected.

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**APS Children Identified with Autism  
Grades 6-12**



From Virginia Department of Education, Special Education Child Count Reports

**Virginia Department of Education Special Education Child Count Report reveals the number of students in Arlington identified with autism has doubled since the program for middle and high school students started in 2009.**





## 27th Annual Taste of Arlington

**T**housands of residents and visitors strolled up and down Wilson Boulevard on Sunday, May 18, enjoying samples of food and beverages offered by 46 local restaurants and 13 breweries at the annual Taste of Arlington in Ballston Commons. The annual event benefits the Arlington Food Assistance Center. Participating restaurants included: The Bottlehouse, Laurel, Red and Blue, Casita, The Daily Dish, Bombazo, The Pearl, The Ballston Chophouse, Kool Zone Ice and Treats, Tropical Smoothie, Tara Temple, Mac's Donuts, Northside Social, Capriotti's, Lyon Hall, Mussel Bar & Grille, Liberty Tavern, Naked Pizza, Thirsty Bernie, McCormick & Schmick's, Gua-rapo, Commonwealth Joe, The Green Spoon, Toby's Homemade Ice Cream, Legal Sea Foods, Epic Smokehouse, RedRocks Pizzeria, The Melting Pot, NiceCream Factory, Circa, Willow, Which Wich, The Front Page, P.F. Chang's, Nando's Peri Peri, La Tasca, Il Forno, Taco Bamba, Pete's New Haven Style Apizza, World of Beer, Fuego Cocina y Tequileria, Kapnos Taverna, Big Buns, Sangam Catering International, A-Town Bar & Grill and the Lebanese Taverna. Breweries included: Port

**Chef Jacques Imperato and his staff were busy preparing samples that included crabcakes, grilled lambchops and sausage.**



**Mussel Bar & Grille executive chef Erik Foxx-Nettlin watches the pork on the grill as his staff prepares samples for the visitors.**



**Willow executive chef Tracy O'Grady sautés chicken and herbs at the street fair.**



**Raffaella Petrillo works with staff on a cool avocado starter.**



**Allison Wolford offers desserts on treats dipped in chocolate fondue at the Melting Pot.**

### Winners of the 2014 Taste of Arlington:

- ❖ Best Appetizer: Circa with Cobb Lettuce Wraps (Chicken salad, candied bacon, hard cooked egg, smoked blue cheese, and avocado puree)
  - ❖ BluePoint Oyster with a Cucumber Relish Mignonette
  - ❖ Best Entrée: The Green Spoon with Kofte meatballs with homemade tzatziki sauce, spiced kale and chickpeas
  - ❖ Best Dessert: Kool Zone Ice & Treats with Deep battered cookie with coconut powder sugar and a honey chocolate sauce on top
  - ❖ Restaurant Challenge Finalists: Victor Albus- Bombazo and Christiana Campos - Casita
- The finalists will battle it out in a cook-off on June 4 in the Restaurant Space they are competing for: more information on this can be found at <http://www.ballstonbid.com/restaurant-challenge>. Tickets will go on sale this week.
- ❖ Fan Favorite - Kristen Robinson - Laurel. Taste of Arlington Patrons voted for their Restaurant Challenge Favorite using the BallstonConnect mobile app.

PHOTOS BY  
LOUISE KRAFFT  
THE CONNECTION

## A New Mission

**Veteran to teach yoga to fellow veterans.**

BY ASHLEY CLAIRE SIMPSON  
THE CONNECTION



**Natasha Glynn**

**A**fter 12 years in the U.S. Air Force, Arlington resident Natasha Glynn is taking a step in a new direction. Thanks to a fellowship with the non-profit organization The Mission Continues, Glynn will spend the next six months teaching yoga to fellow veterans in the D.C. Metropolitan area.

Every year, The Mission Continues awards fellowships to post 9/11 veterans so that they can immerse themselves in community service for six months. This year, one of the fellowships went to Glynn, who this month will begin teaching free yoga classes to veterans at Rockville's International Spirit of Healing.

"It's a local non-profit that provides integrative and preventative medicine," Glynn said. "It is run by a veteran and their mission alone is right in line with my goals, teaching yoga to the veteran communities."

There were more than 300 applicants for the 97 fellowships, according to Spencer Kympton, president of The Mission Continues.

"The Mission Continues fellowship program is unique in that we are not only tackling tough challenges in the community, but also helping veterans transition to civilian life," Kympton said. "The program gives veterans a renewed sense of purpose, but also a new unit here at home, providing a network of support as they pursue a full-time job or higher education."

Glynn had been fostering the idea of teaching yoga to veterans and thus developed an award-winning application.

"What stood out about Natasha was that she was not only passionate about yoga, but was determined to pursue a career as a yoga instructor," said Morgan Hickman, fellowship admissions specialist at The Mission Continues. "Natasha

was selected for The Mission Continues fellowship program because we knew it would give her the platform to not only help others through her yoga practice, but also to gain practical experience to help advance her career."

Glynn, a former Technical Sergeant, was medically separated from the Air Force in 2012. She fell in love with the practice of yoga while a spinal injury patient at Walter Reed National Military Medical Center. It was boredom and frustration with post-surgery physical therapy that led her to serious yoga practice.

She relocated to Northern Virginia area seven months ago, specifically to pursue her passion and goal to spread it to other veterans.

"The reason I moved to D.C. was to complete yoga teacher training and then to be able to apply it to the veteran community," Glynn said. "I was living in

North Carolina and I knew there was a large veteran community here, and there are networks and non-profit agencies. I knew this was a great place for me to take a chance on my goals."

The Air Force sent Glynn all over the world, with deployments in Saudi Arabia, Afghanistan, Kuwait, Iran, Iraq and Europe. Her current journey, though, is perhaps every bit as challenging as any military assignment.

"I am 33 years old," Glynn said. "I thought it was a good time in my life because I'm not married or have a family, so I'm not bringing anyone along with me for the risk. Still, it is exciting and nerve-racking reinventing myself."

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WWW.CONNECTIONNEWSPAPERS.COM



# Board To Vote on Autism Program

FROM PAGE 3

"It's been successful because of how it's been designed, and reducing the number of aides would undermine it," said Whitman.

Assistant Superintendent of Arlington Public Schools' Department of Student Services Brenda Wilks says that as the 2015 student enrollment is constantly changing, the number of students who need support will continue to fluctuate.

"As the number of students who need support changes, we will continue to staff according to our planning factors to provide support to students as needed," Wilks said in a statement.

When Superintendent Patrick Murphy presented his proposed budget in February, Wilks says that the enrollment of students with autism who needed assistance was low. But now, spring enrollments are projecting that the number has gone back up which means that fewer aides could be eliminated.

But School Board member James Lander is concerned that if the number of APS students with autism increases between now and the start of the 2015 school year, that they will be unable to provide them with the support children with autism need.

"Every year we're getting more and more students diagnosed with, or identified with autism," said Lander. "And I think that cutting the planning factor

now is not the direction we should go."

Since the county's middle and high school autism program started in 2009, the number of students who have been identified with autism from the 6th through 12th grades has doubled.

Landers says that Wilks has assured the board that the school will be able to deliver the necessary services to students with autism even with fewer resources, but has heard from too many concerned parents like Gordon and Zemankova, that with fewer aides in the classroom, they will have to play catch up for the rest of the school year.

"We want to ensure that we don't change the planning factor, so that then when we get an increase in students and some of them need assistance, that we can supply assistance to those students who need it," said Landers.

This month, parents of students in the autism program have led an autism awareness rally, made recommendations to the School Board and have started an online petition to protest cuts to the program that has gained more than 1,000 signatures.

But despite their efforts, parents will not know if the program will continue on successfully as they have experienced until Thursday evening.

"We're hopeful that they will find a way to protect something that really works," said Whitman.

**"It's been successful because of how it's been designed, and reducing the number of aides would undermine it."**

**— Gordon Whitman, parent of a 7th grader at Thomas Jefferson Middle School's autism program**

# Cost Estimate Rises On Streetcar Project

FROM PAGE 3

money, and from a selfish standpoint I'm going to be putting up with a lot of construction noise."

**MANY OF THE BUSINESS** owners on Columbia Pike have a hard time understanding why county leaders are pushing so hard for a system that will mix streetcars and buses. The current plan is to have 10 streetcars that will serve the pike along with 34 buses. That's why the superstops are needed, so both modes of transportation can be used at stops designed to handle either mode. Some say that raises red flags. Others say they look forward to a day when the cars will bring more customers.

"We're going to have more traffic," said Vicky Sanchez, a stylist at Le Touche Beauty Salon. "The neighbors are going to be walking and they are go-

ing to know more about us."

County officials say it's not just the cost estimate that's rising. It's also the expected ridership. By 2035, they say, transit ridership along the Columbia Pike and the Crystal City-Pentagon City corridors is expected to more than double. A new analysis released last week said 59,800 daily transit trips are projected for the two key corridors.

"The projections of a substantial increase in population, jobs and transit ridership in these vital corridors — and of more people choosing streetcar over bus — underscores the need to add streetcars to our transit mix," said Donnellan. "Investing in streetcars now will ensure that we have the transit capacity we need to manage growth in a sustainable way and to ensure that our neighborhoods and businesses continue to thrive."



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# OPINION

## Remembering on Memorial Day

**Fewer deaths as military operations wind down, but 22 veterans a day die of suicide.**

In Arlington over the coming Memorial Day weekend, the organization TAPS, or Tragedy Assistance for Survivors, will hold its 20th annual Military Survivor seminar and Good Grief camp for young survivors, children of all ages. TAPS offers support to anyone who is grieving the death of someone who died in the military, whether from combat, suicide, terrorism, homicide, negligence, accidents or illness. <http://www.taps.org/>

One veteran of Iraq and Afghanistan recently related that he had lost more of his military family to suicide post-deployment than he did from combat. Reports by the Veterans Administration set the number of suicides among veterans nationwide at about 22 per day.

On Memorial Day, we remember all of those who have died in military service, more than 400,000 in World War II, more than 30,000 in Korea, more than 50,000 in Vietnam.

Since Sept. 11, 2001, more than 6,400 U.S. military service men and women have died in support of the wars in Iraq and Afghanistan.

Nearly 50,000 U.S. military service members have been wounded, although that number is likely to be revised upward. Last year, the military confirmed traumatic brain injury in more than 220,000 of the more than 2.3 million troops who have served in Iraq and Afghanistan. The long-term consequences of many of these injuries are unknown, but they will require a national commitment to excellence in health care and services for both active duty military personnel and veterans. Virginia's U.S. Senators Mark Warner and Tim Kaine continue to advocate for better service from the Veterans Administration.

Since Memorial Day 2013, with military operations winding down in Afghanistan, the Department of Defense announced the deaths of two military service members from Virginia.

Army Sgt. Lyle D. Turnbull, 31, of Norfolk, died Oct. 18, 2013 in Kuwait, from a medical emergency. Capt. Brandon L. Cyr, 28, of Woodbridge, was one of four airmen who died April 27, 2013, near Kandahar Airfield, Afghanistan, in the crash of an MC-12 aircraft.

1st Lt. Robert J. Hess, 26, of the Kings Park West neighborhood of Fairfax, was killed by enemy fire on April 23, 2013, Afghanistan. Hess was known as "RJ" and graduated from Robinson Secondary School in 2005, where he played football, lacrosse and was the captain of the swim team. He was a U.S. Army Blackhawk helicopter pilot who deployed to Afghanistan on April 11, 2013. His family remembers his sense of humor and his natural leadership ability.

Lance Cpl. Niall W. Coti-Sears, 23, of Arlington, died June 23, 2012, while conducting combat operations in Helmand province, Afghanistan. Coti-Sears loved music, played the guitar, composed songs and entertained family and friends at holiday gatherings. Niall was very close to his grandfather, William Coti, who was a Marine. "He was always my protege," William Coti told the Arlington Connection. "He always wanted to be a Marine and he followed my example. It weighs heavily on me that this had to happen."

Chief Warrant Officer Five John C. Pratt, 51, of Springfield, died May 28, 2012 in Kabul, Afghanistan, when his helicopter crashed. Staff Sgt. Jessica M. Wing, 42, of Alexandria, Va., died Aug. 27, 2012 in Kuwait City, Kuwait.

In February, 2012, Brig. Gen. Terence J. Hildner, 49, of Fairfax, was the highest ranking military officer to die in the war. Hildner died Feb. 3, 2012 in Kabul province, Afghanistan.

**OTHER VIRGINIA DEATHS** in Afghanistan in the year before Memorial Day 2013: Sgt. Aaron X. Wittman, 28, of Chester, Va., died Jan. 10, 2013 from

small arms fire. Sgt. David J. Chambers, 25, of Hampton, Va., died Jan. 16, 2013 from a roadside bomb. Sgt. Robert J. Billings, 30, of Clarksville, Va., died Oct. 13, 2012 when enemy forces attacked with an improvised explosive device. Staff Sgt. Jonathan P. Schmidt, 28, of Petersburg, Va., died Sept. 1, 2012 from enemy small arms fire. 1st Lt. Stephen C. Prasnicki, 24, of Lexington, Va., died June 27, 2012, from a roadside bomb.

**Here we remember** the local men and women who have died since Sept. 11, 2001 in the wars that resulted from that day:

Aaron Carson Vaughn, 30, was one of 30 American service members and 22 Navy SEALs killed Aug. 6, 2011 when their Chinook helicopter was shot down in Afghanistan. Vaughn's family has ties to McLean and Burke. He is survived by his wife, Kimberly, and their two children.

Spc. Douglas Jay Green, 23, of Sterling, died Aug. 28, 2011. when insurgents attacked his unit using a roadside bomb in Afghanistan. Green enlisted in 2007, after attending Potomac Falls High School.

Pfc. Benjamin J. Park, 25, of Fairfax Station, died June 18, 2010 at Zhari district, Kandahar, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device.

May 12, 2010, Donald J. Lamar II, 23, of Fredericksburg, was killed in Afghanistan. Christopher D. Worrell, 35, of Virginia Beach, was killed in Iraq on April 22, 2010. Steven J. Bishop, 29, of Christianburg, was killed March 13, 2010 in Iraq. Kielin T. Dunn, 19, of Chesapeake, was killed Feb. 18, 2010 in Afghanistan. Brandon T. Islip, 23, of Richmond, was killed Nov. 29, 2009, in Afghanistan.

Stephan L. Mace, 21, of Lovettsville, died Oct. 3, 2009 in Afghanistan.

Bill Cahir, 40, of Alexandria, died Aug. 13, 2009 of a gunshot wound while conducting combat operations in the Helmand Province of Afghanistan. After 9/11, Cahir decided to leave his career as a journalist and join the Marine Corps. His application to become a Marine was denied because of his age, but he lobbied members of Congress to get a special exemption.

Lance Cpl. Daniel Ryan Bennett, 23, of Clifton died Jan. 11, 2009, in Helmand province, Afghanistan.

2nd Lt. Sean P. O'Connor of Burke died Oct. 19, 2008 while stationed at Hunter Army Air Field, Savannah, Ga. O'Connor was an athlete in soccer, baseball and football who attended Fairfax County Public Schools and was a 1999 graduate of Bishop Denis J. O'Connell High School in Arlington.

Pfc. David Sharrett II, 27, of Oakton, died Jan. 16, 2008 in Iraq. On Oct. 24, 2008, his father, David H. Sharrett, was on hand as the Oakton Post Office on White Granite Drive was renamed to honor his son. But the senior Sharrett has battled to learn the truth about his son's death, that he was killed by his lieutenant in the confusion of a firefight. In, April, 2012, Sharrett Sr. obtained documents confirming some of the details of his son's death and a subsequent cover-up.

Army 1st Lt. Thomas J. Brown, a George Mason University graduate and Burke resident, died on Sept. 23, 2008, while serving in Iraq. His unit came under small arms fire, and Brown, 26, died from his wounds.

Sgt. Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet. His father, Ed Kirkpatrick, calls him the "warrior poet," and he and his wife help injured vets at Walter Reed through the Yellow Ribbon fund ([www.yellowribbonfund.org](http://www.yellowribbonfund.org)).

Ami Neiberger-Miller of Sterling lost her brother, U.S. Army Spc. Christopher Neiberger, in August 2007 when he was killed by a roadside bomb in Iraq. He was 22.

Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007. Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, when an IED exploded near his vehicle.

Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, during combat in Anbar province in Iraq. Army Cpl. Andy D. Anderson, 24, was killed by enemy fire in Ar Ramadi, Iraq on Tuesday, June 6, 2006.

Spc. Robert Drawl Jr., 21, a 2003 graduate of T.C. Williams High School, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

U.S. Army Specialist Felipe J. Garcia Villareal, 26 of Burke, was injured in Iraq and flown to Washington

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STEVE ARTERY/THE CONNECTION



## OPINION

# Honoring Those Who Have Died

FROM PAGE 6

Hospital Center, where he died Feb. 12, 2006. He was a graduate of Herndon High School.

Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children. His parents live in Alexandria.

U.S. Marine Lance Cpl. Nicholas Kirven, 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after 9/11.

Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq on Oct. 29, 2005.

Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in Iraq, Jan. 5, 2005. Staff Sgt. Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded. Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

Staff Sgt. George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Iraq five days earlier.

Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq on Oct. 29, 2005.

Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq on Nov. 5, 2005. Marine Capt. Michael Martino, 32

of the City of Fairfax, died Nov. 2, 2005, when his helicopter was brought down in Iraq.

1st Lt. Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan. CW4 Matthew S. Lourey of Lorton died from injuries sustained on May 26, 2005 in Buhriz, Iraq. Operations Officer Helge Boes of Fairfax was killed on Feb. 5, 2003, while participating in counterterrorism efforts in eastern Afghanistan.

Among other local lives lost: Lance Cpl. Tavon Lee Hubbard, 24, of Reston; 1st Lt. Alexander Wetherbee, 27, of McLean; 1st Lt. Jeff Kaylor, 25, of Clifton; Coast Guard Petty Officer Nathan B. Bruckenthal, 24, of Herndon; Army Chief Warrant Officer Sharon T. Swartworth, 43, of Mount Vernon; Command Sgt. Maj. James D. Blankenbecker, 40, of Mount Vernon; Capt. James F. Adamowski, 29, of Springfield; Sgt. DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Staff Sgt. Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunner Sgt. Javier Obles-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church, Navy Chief Joel Egan Baldwin, 37, from Arlington; Maj. Joseph McCloud, of Alexandria, and Major Gloria D. Davis, 47 of Lorton.

**OTHER VIRGINIA** service members lost:

Capt. Jesse A. Ozbat, 28 of Prince George, Va., died on May 20, 2012 in

Afghanistan from a roadside bomb. Constructionman Trevor J. Stanley, 22, of Virginia Beach, Va., died April 7, 2012 while deployed to Camp Lemonnier, Djibouti. Pfc. Michael W. Pyron, 30, of Hopewell, Va., died Jan. 10, 2012 in Afghanistan. Maj. Samuel M. Griffith, 36, of Virginia Beach, Va., died Dec. 14, 2011 in Afghanistan. Staff Sgt. James Ronald Leep Jr., 44 of Richmond, died Oct. 17, 2011 at Forward Operating Base Kalsu in Iraq. Spc. Levi Efrain Nuncio, 24 of Harrisonburg, died June 22, 2011 in Afghanistan. Capt. Michael Wray Newton, 30 of Newport News, died June 11, 2011 in Afghanistan. Capt. Charles A. Ransom, 31, of Midlothian was one of eight airmen who died April 27, 2011, at the Kabul International Airport, Afghanistan, from gunfire. Sgt. Sean T. Callahan, 23, of Warrenton died April 23, 2011 in combat in Afghanistan.

Sgt. 1st Class Anthony Venetz Jr., 30, of Prince William died Jan. 28, 2011 in Afghanistan, after being seriously wounded months before.

Spc. Sean R. Cutsforth, 22, of Radford, died Dec. 15, 2010 in Afghanistan. Spc. William K. Middleton, 26, of Norfolk died Nov. 22, 2010 in Afghanistan. Staff Sgt. Christopher F. Cabacoy, 30, of Virginia Beach died July 5, 2010, in Afghanistan.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

## BULLETIN BOARD

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### THURSDAY/MAY 22

**Arlington Rotary Meeting.** Noon at Washington Golf & Country Club, 3107 N. Glebe. Member Robert Martinson gives a classification talk. Visit [www.arlingtonrotaryclub.org](http://www.arlingtonrotaryclub.org) for more.

**Tour: World War II.** 2-5 p.m. Arlington National Cemetery. One of a series of narrated historical tours honoring the 150th anniversary of the first military burial at Arlington. Open to individuals and groups. \$9. To purchase visit [www.ancours.com/Arlingtonat150.php](http://www.ancours.com/Arlingtonat150.php) or call 202-488-1012.

**Composting for Home Gardeners.** 7-8:30 p.m., at the Fairlington Community Center, 3308 S. Stafford St. Basic instructions and information on how to start composting at home, what to put in a compost pile, how to maintain it so the materials break down properly and how to make good use of finished compost. To register, call 703-228-6414 or email [mgarilalex@gmail.com](mailto:mgarilalex@gmail.com).

### FRIDAY/MAY 23

**Tour: U.S. Military and the Cold War.** 2-5 p.m. Arlington National Cemetery. One of a series of narrated historical tours honoring the 150th anniversary of the first military burial at Arlington. Open to individuals and groups. \$9. To purchase visit [www.ancours.com/Arlingtonat150.php](http://www.ancours.com/Arlingtonat150.php) or call 202-488-1012.

### WEDNESDAY/MAY 28

**Health Lecture: Before Hospitalization.** 11 a.m.-noon at 601 S. Carlin Springs Road. Kelly Arthur of Virginia Health Services discusses levels of healthcare to help inform decisions. Call 703-558-6859 or visit [www.virginiahospitalcenter.com](http://www.virginiahospitalcenter.com).

**Immigration Reform Roundtable.** 7 p.m. NRECA International Foundation Building, 4301 Wilson Blvd., Arlington. The Arlington Young Democrats are holding a young professional focused bipartisan forum on immigration reform. A variety of speakers including professionals from The Cato Institute, the Arab American Institute and more. Contact Matthew Brown at [secretary@arlingtonyoungdems.org](mailto:secretary@arlingtonyoungdems.org).

### FRIDAY/MAY 30

**Decoration Day.** 5 p.m. Arlington National Cemetery. Renaming ceremony for the Old Amphitheater and Decoration Day Observance.

**Big Spring Sale**

<b>30% OFF ALL Nursery Stock</b>	<b>Impatiens 97¢</b>	<b>Tomato Plants \$1.99 for Pack of 4</b>
<b>FREE ESTIMATES!</b> Patios, Walkways, Retaining Walls, Landscaping and so much more!	<b>Citrus is Here</b>	
<b>60 50-75% Off Pottery</b> <small>Lowest Prices Since 2008!</small>	<b>35% OFF Japanese Maples Over 150 varieties</b>	
<b>FREE Fill!</b> <b>Playground Chips &amp; Organic Compost \$29.99 cu. yd.</b>	<b>Bulk Mulch \$24.99 cu. yd.</b>	

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## Spring Sightings

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## ONGOING

**Art Exhibit.** Through May 31 at Gallery Underground, in the Crystal City Shops at 2100 Crystal Drive. "Mayhem" is a juried exhibit. Gallery hours 10 a.m.-6 p.m. Monday-Friday, 10 a.m.-2 p.m. Saturday. Contact [info@galleryunderground.org](mailto:info@galleryunderground.org) or 571-483-0652, or visit [www.galleryunderground.org](http://www.galleryunderground.org).

**"The Threepenny Opera."** Running through June 1 at Signature Theatre, 4200 Campbell Ave. The MAX Theatre transforms into London's gritty underworld in this reimagined futuristic dystopia for "The Threepenny Opera," an adaptation of John Gay's 1728 ballad-opera The Beggar's Opera, a satirical commentary on politics, poverty, injustice and corruption at all levels of society. Visit [www.signature-theatre.org](http://www.signature-theatre.org) or call 703-820-9771.

**Theater.** Through June 8, Syntetic Theater presents a new adaptation of Jerome K. Jerome's "Three Men in a Boat (To say nothing of the dog)," through June 8 at 1800 S. Bell St., Arlington. Tickets \$35+. Wednesday, May 14 is young professionals night with ticket discount and pre-show reception. During the Sunday, May 18 performance childcare is provided at Syntetic Studio for \$5. Call 866-811-4111 or visit [www.syntetictheater.org](http://www.syntetictheater.org).

**Book Event.** Through June 15 at Works in Progress Gallery at the Artisphere, 1101 Wilson Blvd. Artist and illustrator Kate Samworth, will present work from her first illustrated book "Aviary Wonders Inc."

**Art Exhibit.** "Lady Valor" on display June 2-28 at Gallery Underground, 2100 Crystal Drive. Former Navy SEAL Kristin Beck struggled with PTSD and gender identity issues, which led to painting as therapy. A silent auction of her paintings will benefit The 296 Project, which researches art and expressive therapy to combat PTSD and traumatic brain injury. Opening reception and silent auction Friday, June 6, 6:30-9 p.m. Tickets \$15, visit [www.the296project.org](http://www.the296project.org).

**Theater.** June 4-29 at Signature Theatre, 4200 Campbell Ave. Comedy, "Boeing-Boeing" by Marc Camoletti. \$21.95 and up. Call 703-820-9771 or visit [www.norulestheatre.org](http://www.norulestheatre.org).

**Visual Art and Sound.** Through Sunday, Aug. 10 at the Artisphere, 1101 Wilson Blvd. Fermata, a celebration of sound, mixes visual art and sound. Special events throughout exhibit. Visit [www.artisphere.com](http://www.artisphere.com) or call 703-875-1100.

**Marine Corps Sunset Parade and Concerts.** Tuesdays May 27-Aug. 12. 7 p.m. in May, June, July. 6:30 p.m. in August. Iwo Jima Memorial, Arlington. Sunset parade by the U.S. Marine Drum and Bugle Corps and the Silent Drill Team. Visit [www.barracks.marines.mil](http://www.barracks.marines.mil).

**Historic Home Tours** at the Ball-Sellers House, 5620 S. 3rd St. The oldest surviving house in Arlington County opens for the season with free tours and refreshments. The house is open 1-4 p.m. Saturdays April through October. Visit [www.arlingtonhistoricalsociety.org](http://www.arlingtonhistoricalsociety.org).

**Open Mic Comedy.** Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit [www.RiRa.com/Arlington](http://www.RiRa.com/Arlington) for more.

**Invasive Plants Removal.** Work

parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit <https://registration.arlingtonva.us>. Free, no registration required.

**Comedy.** Every Saturday at 3 p.m. at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit [www.comedyindc.com](http://www.comedyindc.com) or 703-294-LAFF.

**Comedy.** Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz ("clean") and at 10 p.m. on Friday and Saturday is the Blue Show ("adult"), both at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit [www.comedyindc.com](http://www.comedyindc.com) or 703-294-LAFF.

**Poetry Series.** 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

**Open Mic Nite.** 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Featured musicians perform from 9:30-10 p.m. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

**Karaoke.** 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit [www.galaxyhut.com](http://www.galaxyhut.com) or call 703-525-8646.

**Pub Quiz.** 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit [www.whitlows.com](http://www.whitlows.com) or call 703-276-9693.

**Storytime.** Mondays and Fridays, 10:30-11:00 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

## CAMPS, CLASSES & WORKSHOPS

### Artisphere Creativity Camps.

Theater skills building camp June 23-27, 10 a.m.-4 p.m. Students 12-17 receive training in performance skills with some of the area's best theater professionals at this week-long creative camp. Fashion boot camp July 28-Aug. 1, 10 a.m.-4 p.m. Students will engage in creative activities to boost their self esteem and introduce them to fashion related skills such as styling, design, pattern making, sewing, and production. \$300 each camp. Both camps at Artisphere, 1101 Wilson Blvd. Visit [www.rosslynva.org/do/theatrical-skills-building-2014](http://www.rosslynva.org/do/theatrical-skills-building-2014).

**Girls Fire Camp.** Hosted by the Arlington County Fire Department, runs July 11-13. Girls age 13-18 can apply. The Girls Fire Camp is a three day, overnight camp that gives young women a chance to experience firsthand what it takes to be a firefighter and emergency medical technician. The camp consists of classroom sessions covering fire history, fire behavior, introduction to EMS, and nutrition and injury prevention in addition to physical training, fire stations visits and practical exercises. The camp is free. Visit <http://fire.arlingtonva.us/community-services/girls-fire-camp> for information and to download an application.

**Bike Camp.** iCan Bike Camp is designed to help individuals with disabilities (ages 8 and older) learn how to ride a bike independently. Volunteer spotters are also needed to

## 'Victory Road'

Bowen McCauley Dance will showcase sections of a new collaborative project, "Victory Road," on Friday, June 13 and Saturday, June 14 at 8 p.m. at Syntetic Theater in Crystal City, 1800 South Bell St. Visit [www.bmdc.org](http://www.bmdc.org).

Bowen McCauley Dance teams up with Jason and the Scorchers, credited by Rolling Stone Magazine for "rewriting the history of rock-n-roll in the South," to create "Victory Road."

Inspired by the life and music of Jason Ringenberg, Lucy Bowen McCauley transforms his stories and songs into movement — a journey of hope, tragedy, and triumph set to the sounds of Appalachian folk, gospel, country, punk rock, hard rock, and country rock.

"Far Behind," the first section of this major collaboration between BMD and Jason and the Scorchers premiered at The John F. Kennedy Center for the Performing Arts on Feb. 12 and 13, 2014.

The world premiere of the fully-produced "Victory Road" project will take place in April 2015 at the Kennedy Center, where the Company will perform along side the band.



PHOTO BY JOHN MCCAULEY

run alongside the riders as they learn, providing physical and emotional support. Camp runs July 28-Aug. 1 at Kenmore Middle School, 200 S. Carlin Springs Road. Interested riders should contact [TRInfo@arlingtonva.us](mailto:TRInfo@arlingtonva.us). Interested volunteers (ages 16+) contact [Hkikhm@arlingtonva.us](mailto:Hkikhm@arlingtonva.us). Visit <http://parks.arlingtonva.us/therapeutic-recreation/therapeutic-recreation-ican-bike-camp>.

**Junior Jam for Teens.** The Junior Jam drop-in program is for teens 11-16 who may already have a busy summer schedule but still want to make new friends and enjoy summer favorites such as field trips, special events, sports, swimming, music, arts, cooking projects, group games and tournaments and more. Sign up for all eight weeks for a one-time registration fee of \$46 for Arlington residents. Extra cost for trips; there is the possibility of a fee reduction. Visit <http://parks.arlingtonva.us/junior-jam-3>.

### Summer Enjoy Arlington Classes.

Registration is now open for these county classes, a variety of programs for all ages and abilities including fitness and sports, crafts and more. Programs do have fees but there is the possibility of a fee reduction. Visit <https://registration.arlingtonva.us/wsc/webtrac.wsc/wbsplash.html>.

**Theatre Classes.** Encore Stage & Studio is holding classes and mini camps for children in grades K-8 at on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road and Tuesdays and Wednesdays after-school at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit [www.encorestageva.org](http://www.encorestageva.org) for a list of classes.

**Summer Art Camps.** Summer camps for children and teens meet daily in several sessions throughout the summer at Arlington Arts Center, 3550 Wilson Blvd. Classes range from portfolio development to drawing, acrylic painting, and contemporary landscapes with oil paint. Members receive 10-15 percent off class tuition. Visit [www.arlingtonartscenter.org/aacsummercamps](http://www.arlingtonartscenter.org/aacsummercamps). Original art classes for all ages and all skill levels are offered year round.

## MONDAY-SUNDAY/MAY 19-25

**Film Festival.** Venues in Alexandria and Washington. The 56-film GI Film Festival includes advanced screenings and world premieres, showcasing

battlefield scenes and issues facing returning GIs on the home front. \$245 all-access pass, \$70 for weekend pass May 24-25; military discounts. Visit [www.gifilmfestival.com](http://www.gifilmfestival.com).

## WEDNESDAY/MAY 21

**Book Discussion and Signing.** 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Peter Van Buren, author of "Ghosts of Tom Joad: A Story of the #99 Percent." Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com) or call 703-300-9746.

## MAY 21-JULY 20

**Art Exhibition.** Through July 20, see "Texture in Wax and Fiber" by art quilter Dominie Nash and mixed media artist Susan Feller in the Crossroads Gallery of Goodwin House Bailey's Crossroads, 3440 South Jefferson St., Falls Church. The artists will talk about their work at a reception on Sunday, June 1, 4 p.m. Visit [www.goodwinhouse.org](http://www.goodwinhouse.org) for more.

## THURSDAY/MAY 22

**Author Reading.** 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Sarah Pekkanen with "Catching Air." Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com) or call 703-300-9746.

## FRIDAY/MAY 23

**Bloodsuckers Campfire.** 7:30-8:30 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. The whole family is invited to the Gulf Branch fire ring to learn about critters and insects. Stories, games and treats. Register adults and children; children must be accompanied by a registered adult. Program #632854-E. \$5. Call 703-228-3403 or visit <https://registration.arlingtonva.us>.

## SATURDAY/MAY 24

**Arlington History Bike Tour.** Begins 9 a.m. at Ballston Metro Station, southeast corner of N. Stuart Street and Fairfax Drive. 23-mile ride with many stops at parks and historic sites. Easy route on paved streets and bike trails with no long uphill climbs; may last all day. Bring lunch, water and any type of bike. Wear helmet. No reservations necessary. \$2. Contact Bernie Berne at 703-243-0179 or [bberne@yahoo.com](mailto:bberne@yahoo.com) or visit [www.centerhikingclub.org](http://www.centerhikingclub.org).

## SUNDAY/MAY 25

**Ride of the Patriots.** 6:30 a.m.-noon, begins at Patriot Harley-Davidson, 9739 Fairfax Blvd., Fairfax. Parade of bikers will follow a route to the Pentagon and join with others headed to the National Mall and the Vietnam Veterans' Memorial. Visit [www.rideofthepatriots.com](http://www.rideofthepatriots.com).

## MONDAY/MAY 26

**Memorial Day.** All Arlington Library branches closed.

## TUESDAY/MAY 27

**Spiritual & Philosophical Book Group.** 7 p.m. at One More Page Books, 2200 N. Westmoreland St. "The Lemon Tree: An Arab, a Jew, and the Heart of the Middle East" by Sandy Tolan. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com) or call 703-300-9746.

## WEDNESDAY/MAY 28

**Food Web.** 1-2 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. For 3-6 years, #632814-U. \$5 per child. Call 703-228-4747 or visit <https://registration.arlingtonva.us>.  
**Nonfiction Book Club.** 7 p.m. at One More Page Books, 2200 N. Westmoreland St. "Gulp: Adventures on the Alimentary Canal" by Mary Roach. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com) or call 703-300-9746.

## THURSDAY/MAY 29

**Author Event.** 7 p.m. at the Arlington Central Library, 1015 N. Quincy St. James Webb, former U.S. Senator from Virginia, and author of "I Heard My Country Calling," a memoir of his early years. Discussion and book signing. Visit <http://library.arlingtonva.us> or [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

## FRIDAY/MAY 30

**Banquet and Awards Ceremony.** 6:30 p.m. at the Holiday Inn Rosslyn at Key Bridge, 1900 N. Fort Myer Drive. Arlington Historical Society annual membership banquet will feature speaker Greg Hamilton of "Arlington Magazine" and two new awards: the Civic Award and the Volunteer of the Year. \$45 for members, \$60 nonmembers includes dinner. Cash bar available. Register: [www.arlingtonhistorical.society.org/annual-banquet-registration-form](http://www.arlingtonhistorical.society.org/annual-banquet-registration-form).



**Visual and Audio Performance.** 7 p.m. in the Lower Town Hall at Artisphere, 1101 Wilson Blvd. Kiara Lanier uses looping effects to create textures that blend genres. Street artist Morley will create a work live. Free. Visit [www.artisphere.com](http://www.artisphere.com) or call 703-875-1100.

**Band Concert.** 8 p.m. at the Air Force Memorial, One Air Force Memorial Drive. Summer concert series: Music from Stage and Screen, with a special D-Day 70th Anniversary Salute from the United States Air Force concert band and singing sergeants. Euphonium player Joe Brown, the winner of The U.S. Air Force Band's Young Artist Competition, will be featured soloist. Free. Subject to cancellation in inclement weather. Call 202-767-5658 or visit [www.usafband.af.mil](http://www.usafband.af.mil).

**Live Performance.** 8 p.m. at the Dome Theater at Artisphere, 1101 Wilson Blvd. Artisphere presents, PostSecret + Morley: An Evening of Artistic Confession. \$10. Visit [www.artisphere.com](http://www.artisphere.com) or call 703-875-1100.

**Film: Office Space.** 8-10 p.m. at Gateway Park, 1300 Lee Highway. This year's Rosslyn Outdoor Film Festival features movies about work: bad bosses, crazy co-worker, best friends. Bring blankets, low chairs and a picnic. Movies shown rain (cancelled for severe weather) or shine. [www.rosslynva.org/events](http://www.rosslynva.org/events).

#### MAY 30-JUNE 28

**"Judgment at Nuremberg."** The American Century Theater presents "Judgment at Nuremberg" by Abby Mann in Theatre Two at Gunston Arts Center, 2700 South Lang St., Arlington. Tickets \$32-\$40. Visit

[americancentury.org](http://americancentury.org).

#### SATURDAY/MAY 31

**Celebration.** 9 a.m.-4 p.m. at The Ball-Sellers House, 5620 S. Third St. The Ball-Sellers House will be open all day from to help the Glencarlyn neighborhood celebrate its annual Glencarlyn Day. The museum will be open for free tours after the pancake breakfast as celebrants wait for the parade to start, and then will invite visitors to relax under the wisteria arbor afterwards for colonial treats and lemonade. Visit [www.arlingtonhistoricalsociety.org](http://www.arlingtonhistoricalsociety.org).

**Morning Tree Meander.** 9:30-11 a.m. at Fort CF Smith Park, 2411 N. 24th St. Walk through the grounds and look at native trees in their forested settings, as compared with some ornamental species planted in what was once known as the "Peace Garden" on the Hendry House property. Program #632744-B. \$5. Call 703-228-3403 or visit <https://registration.arlingtonva.us>.

**Jack-in the-Pulpit Hike.** 1-2:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Walk through Long Branch and Glencarlyn trying to find the elusive Jack-in-the-Pulpit. Discover how to identify it, the history behind the name, its uses by Native Americans and more. Wear sturdy shoes for hiking; small children welcome but should be in a backpack or carrier, no strollers. Bug spray, hats and water are recommended. Program #632954-T. \$5. Visit <https://registration.arlingtonva.us>.

**Danger Signs!** 2-3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Explore the colors and sounds that mean danger in nature

and how they can help predator and prey – and people – stay safe. Ages 7-10. Program #632924-L. \$5. Call 703-228-6535 or visit <https://registration.arlingtonva.us>.

**Campfire: Hawks in Summer.** 7:30-8:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Arlington's summer hawk species are settling into their warm-weather habitats. The whole family is invited to the fire ring for stories, games, songs and treats like s'mores. Register adults and children; children must be accompanied by a registered adult. Program #632954-G. \$5. Call 703-228-6535 or visit <https://registration.arlingtonva.us>.

#### SATURDAY-SUNDAY/MAY 31-JUNE 1

**Charity Wedding Gown Sale & Bridal Show.** At Le Meridien Arlington, 1121 19th St. N. Brides Against Breast Cancer sells previously worn gowns from \$99 to \$3,900 in all styles and sizes 4-18. Gown donations welcome to help provide programs for cancer patients and their families. "Unveiling of the Gowns" reception 10 a.m.-1 p.m. Saturday with refreshments, entertainment and giveaways; \$20 in advance, \$25 at the door. General admission 1-4 p.m. Saturday, noon-4 p.m. Sunday; \$5 in advance, \$7 at the door. Visit [www.bridesagainstbreastcancer.org](http://www.bridesagainstbreastcancer.org).

#### SUNDAY/JUNE 1

**DC Record Fair.** 11 a.m.-5 p.m. at Artisphere, 1101 Wilson Blvd. Vinyl vendors and DJs with "Led Zeppelin Played Here" film screening and discussion with director Jeff Krulik and musician Ian MacKaye.

## FOOD & DRINK

**Donations from Dining.** During May, the Curious Grape in Shirlington Village, 2900 South Quincy St., will donate 15 percent of each meal to Healwell — donation is not automatic, tell server you are dining to support Healwell. Healwell provides massage therapy to adult and pediatric inpatients in area hospitals focusing on decreasing pain, managing symptoms and bringing comfort to people living with advanced disease and those at the end of life. Visit [www.healwell.org](http://www.healwell.org).

**Rosslyn Farmers Market and Concert.** 11 a.m.-2 p.m., Thursdays, May 29-Sept. 25, across the street from Cupid's Garden Sculpture, 1401 Wilson Blvd.. The market offers fresh foods and goods from regional vendors including bread and pastries, farm-fresh and organic produce, herbs and spices, exotic teas and specialty coffees, gourmet baked goods, and marinades and sauces. Visit [www.rosslynva.org/do/rosslyn-farmers-market1](http://www.rosslynva.org/do/rosslyn-farmers-market1).

**Clarendon Farmers Market.** Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m.-noon at Courthouse Parking Lot, 3195 North Wilson Blvd. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit [www.Clarendon.org](http://www.Clarendon.org) or call 703-812-8881.

**Arlington Farmers Market at Courthouse.** Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th Street. This is a 'producer only' market with more than 30 producers. From January through March, the market is open on Saturdays 9 a.m.-noon. Visit [www.arlingtonfarmersmarket.com](http://www.arlingtonfarmersmarket.com) for a list of vendors.

**The Crystal City FRESHFARM Market** is open April-November on Tuesdays, 3-7 p.m. with a selection of foods and goods from local producers, in front of 251 S. 18th St. Visit [www.crystalcity.org](http://www.crystalcity.org) for more.

Admission \$5 (11 a.m.-noon), \$2 after noon. Visit [www.artisphere.com](http://www.artisphere.com) or call 703-875-1100.

**Carnival & Community Picnic.** 11:30 a.m.-2 p.m. at Holy Trinity Lutheran Church, 3022 Woodlawn Ave., Falls Church. Annual carnival and community picnic with free carnival games, a moon-bounce, professional face painting, clowns, balloons, cotton candy, popcorn, a cake contest, cupcake walk, live music, hotdogs, and more. Visit [www.htluther.org](http://www.htluther.org) for more.

**Green Home & Garden Tour.** 1-5 p.m. See homes featuring energy efficient and water-saving technologies, solar elements, native plants, rain gardens, rain barrels, wildlife habitats, and more. Talk with

residents about their experiences. Self-paced. Bike tour available. Visit [www.arlingtonenvironment.org/events/gardentour](http://www.arlingtonenvironment.org/events/gardentour) for more.

**Balalaika Orchestra Concert.** 3 p.m. at Yorktown High School, 5200 Yorktown Blvd. The Washington Balalaika Society Orchestra presents "Bayan and Beyond!" with Kiev guest artists Volodymyr and Natalia Marunych. \$25 for adults, \$20 for seniors, \$15 for students, free for children 12 and under. Visit [www.balalaika.org](http://www.balalaika.org).

**Art Exhibit Opening Reception.** 4 p.m. at Goodwin House, 3440 South Jefferson St., Falls Church. "Texture in Wax and Fiber" exhibit runs May 21-July 20. Visit [www.goodwinhouse.org](http://www.goodwinhouse.org) for more.

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WAYNESBORO, VA



# You're Never Too Young for Poetry

Local educators say exposing children and even babies to rhyme and rhythm can help develop reading and language skills.

BY MARILYN CAMPBELL  
THE CONNECTION

**T**hough Keith Ward's son is still a baby, he is already being exposed to not just silly stories, but poetry, and a variety of poetic forms at that.

"My son is only 6 months old, but soon I will be challenging him to find, for example, just the right word for the shade of green he is trying to describe — or imagine," said Ward, who is head of the English department at the Madeira School in McLean. "Maybe it's a word and a color we have yet to discover. He's working on it, though."

Local researchers and educators say that young children enjoy poetry. In fact, hearing rhythms, sounds and language patterns play important roles in a child's literacy development.

"Rhythm and rhyme are some key factors in early literacy, and even something as simple as reading and memorizing nursery rhymes with your children can have a huge impact on their later development as readers," said Holly Karapetkova, an associate professor of literature at Marymount University in Arlington. "One research study found that the 3-year-olds who knew eight nursery rhymes were the best readers in third grade. Hearing rhyme and rhythm in language can help children develop phonological awareness and predict word patterns and sounds."

"Without realizing it, students hear poetry and think deeply about sounds and structures in sentences. As a result, they become better readers, thinkers, and writers," said Blake Howard, an English teacher at The Potomac School in McLean.

Howard's students recently studied structural elements, "Such as stanza formations, meter and rhyme, and sound devices like consonance and assonance in poems by Shelley, Keats, Dickinson and Frost," he said. "They practiced scansion of evident rhythms in metrical poems. They learned how and why those devices enhance tone and thematic purpose in the selected poems. Next, they wrote original poems. Some students crafted sonnets with meter and rhyme. They admitted — some reluctantly — that the exercise of reading and writing poetry has made them appreciate the value of precise word choice and balanced syntax."

Ward also encourages the exploration of a variety of poetic forms. "Many students



PHOTO COURTESY OF NORWOOD SCHOOL

**Students at Norwood School participate in Poetry Day, an annual event at the school. Poetry is a way to help children become develop essential skills while having fun.**

enjoy haiku, too, which are fun and approachable," he said. "They often reward the young poet with a profoundly beautiful result, which builds confidence and appreciation."

**THE TYPE OF RHYME** doesn't matter, however. Young students at Grace Episcopal School, in Alexandria, explore a different nursery rhyme each month as part of their Music and Performing Arts class.

"We repeat the verses out loud week after week to internalize the cadence, define any challenging words, pair motions with phrases, and culminate the whole affair by acting out each month's poem — complete with props and costumes," said Penelope Fleming, the school's librarian. "This [emphasizes] the notion that language has rhythm and also expands students' vocabulary."

"A good poem really comes alive when it is read aloud," said Barbara Vaughan, a sixth grade teacher at Norwood School, in Potomac, Md. "There is such variety in form, length, and subject. Poetry can help readers pause and look at the world in a different way."

In fact, poetry can be instrumental in a child's development. "Rhyme is a great way to encourage word play in younger children," said Vaughan. "With older students, it can be the basis of a more sophisticated structure for a poem. Many poems are wonderful sources of figurative language, creating rich images in the reader's mind. They can be powerful examples that encourage children to use language in creative and unexpected ways."

Poetry that is written for children is often rich in rhymes. "Rhyming is a wonderful way to develop phonemic awareness," said Tyffany Mandov, Lower School reading specialist at Norwood School. "Phonemic

awareness, or the ability to recognize and manipulate distinct sounds, is the earliest step in learning to decode words."

"The brain loves rhyme and rhythm and children will naturally want to read and reread poems with their parents and caregivers," said Karapetkova. "The more young children learn to enjoy reading and language, the more likely they are to continue that love throughout their lives."

**READING POETRY TOGETHER**, especially funny poems, and asking a child to guess the rhyming word is a way of reinforcing phonemic awareness and introducing letter patterns, said Mandov. "Playing rhyming games is another fun way for pre-

**"Without realizing it, students hear poetry and think deeply about sounds and structures in sentences. As a result, they become better readers, thinkers, and writers."**

— Blake Howard, English teacher,  
The Potomac School, McLean

school and kindergarten children to reinforce these skills. While driving in the car, try a rhyme chain. Ask your child for a word that rhymes with cat. Perhaps your child will say 'bat.' Then you give a word that rhymes with bat and continue rhyming back and forth. See how many rhymes you can make."

"A good way to encourage children to cre-

ate their own poetry is to devise alternate lyrics to the tunes of familiar songs, an easy activity that can be incorporated into bath time, car trips or even a way to pass the time while waiting in line," said Fleming.

Karapetkova played similar games with her children. "These games are a favorite way to pass our time waiting in line or sitting in the car," said the Arlington mother of two. "We start with a word — simple words with lots of rhymes for younger children and more complex words for older children — and see how many rhyming words we can come up with. We might also start with a word on a billboard or a word from a product while we're shopping at the supermarket."

Poetry games that give children an opportunity to fill in the blank with a rhyming word are another way for parents to bring out their children's inner poets. "You start a poem and let them fill in the rhyming word," said Karapetkova. "For example, 'Star light, star bright, first star I see \_\_\_\_.' Both of my children also enjoy memorizing nursery rhymes and poems, and these nurture a deep appreciation of language and meaning."

Karapetkova says two of her family's favorite poets are Shel Silverstein and Langston Hughes. She encourages her children to try writing their own poems as well. "We often collaborate and write them together," she said. "I might give a suggestion about how to start a poem, or about a topic to write on, and I might also suggest possible rhymes if they get stuck. My daughter, who is 4, makes up nonsensical rhymes about random things that come into her mind and my son, at 9, likes to write poems that are playful and humorous. I let their interests guide what they write."

Ward says poetry games for children of all ages are plentiful. "There is certainly nothing wrong with those poetry refrigerator magnet kits," he said. "My wife and I used to carry on a running game of 'fridge laureate.'"

Word salad is another fun way to explore the possibilities of poetry. "Put a single word on a strip of paper, and, when you have enough strips, shake in a hat and pull them out randomly," said Ward. "The 'poem' that results will have an odd beauty and rhythm. Today, I'm sure there's an app for that."

Ward believes poetry enables older students to explore the possibilities and play of language. "Gwendolyn Brooks said that 'poetry is life distilled.' It is also language distilled, and a good poem allows us to see the deep bones of language clearly," he said. "A prepositional phrase may take on new character and nuance when a student substitutes another word for the object of the preposition. There is a great shade of difference between 'down the pond' and 'down the mere.' As we develop our noses for poetry, we become more nimble users of language. We become better."



## OPINION

# Brown v. Board of Education

... 60 years later

BY MICAH EDMOND  
CANDIDATE FOR VIRGINIA'S  
8TH CONGRESSIONAL DISTRICT

Today marks the 60th anniversary of the U.S. Supreme Court's landmark Brown v. Board of Education decision. This unanimous decision overturned and prohibited future state-supported racial discrimination by declaring that racial segregation in U.S. public schools expressly violated the equal protection guarantees provided by the 14th Amendment.

Americans owe a great debt of gratitude to Oliver Brown who bravely challenged the law and practice of racial segregation so that he could send his child to their local public school. Today we all celebrate Brown's historic civil-rights milestone that has brought us closer together by declaring that separate is inherently unequal.

Although we have come so far since the "Brown" landmark decision, we must remain ever vigilant and do more to ensure equal access to the American

Dream. Only through education can our youth transcend the bonds of poverty and race. While we have fought hard for equal opportunities, not all opportunities are equal today. Equality in education is still not America's reality. In our public schools today, disparities in attendance, achievement and graduation rates reveal that much more needs to be done to ensure that our children and teachers are equipped to succeed and inspired to achieve their dreams.

Unfortunately, we can trace these disparities along racial and economic divides. They are stark reminders that we still have a long way to go to achieve the equality Oliver Brown fought so hard for.

### COMMENTARY

Together we must continue our efforts and identify, assess and close the achievement gap and improve academic opportunities for all our children. As a community we must fight to provide equal academic environments that nurture the natural curiosity and channel the high energy of our children. We can all transcend the dark legacy of our past by coming together to support the next generation by promoting public schools that encourage children to dream, incentivize performance and inspire a desire to learn and achieve. Let's keep moving forward together.



PHOTOS BY G. JAMES/CAPITOL MEDIA USA

## Honoring Nation's Heroes

The Northern Virginia Urban League Young Professionals Network (YPN) held its 5th annual Black Opal awards Gala and Fundraiser "Honoring Our Nation's Heroes," on April 26, at the Officers Club at Fort Myer Army base in Arlington. From left, standing, are Dr. Richard Ezike (YPN secretary), Latriece Prince-Wheeler (YPN director of social programs), Keisha D. Robinson (YPN director of membership), Jenée Padmore (YPN policies and procedures chair), Gerald S. Padmore (YPN executive advisor), and Renette Noel (YPN director of community service); sitting are Marcel Lewis (YPN treasurer), Sabrina Pinnix (YPN director of fund development), Dr. Teneille D. Walker (YPN president), Tyra Beamon (YPN vice-president), Traci DeShazor (YPN director of political engagement) and Jenale Scarlett (YPN historian).



From left are Dr. Teneille D. Walker (YPN president), Latriece Prince-Wheeler (YPN director of social programs) Major La'Ketha Prioleau (U.S. Army, active duty), Tyra Beamon (YPN vice-president). Prioleau was awarded the People's Choice Award.



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# Yorktown Boys' Soccer Secures Regional Berth

## Patriots beat Madison in Conference 6 quarterfinals.

BY JON ROETMAN  
THE CONNECTION

Members of the Yorktown boys' soccer team dog piled in celebration after scoring what they thought was the go-ahead goal late in the second overtime period against Madison in the Conference 6 tournament quarterfinals. Moments later, however, the Patriots had to regroup as the goal had been waved off due to the referee calling a foul.

Despite facing what could have been a difficult emotional swing, Yorktown celebrated for real after the game went to sudden death.

Senior forward Michael Monahan delivered the golden goal with an assist from senior midfielder Joe McCreary and No. 3

Yorktown kept its season alive with a 2-1 victory over No. 6 Madison on May 16 at Greenbrier Park.

The Patriots managed to regroup after finding out their celebration late in the second 5-minute overtime period was for naught.

"It was tough because that was a tough call," Yorktown head coach David Wood said. "He said it was a push there; I didn't really see it. The whistle comes after [the goal and] everybody's screaming, so you can't really hear it. The kids did well coming back and getting themselves sorted for the last minute of that overtime and then getting ready for the next overtime."

"I had them be very direct in the overtime and just get it in the box. Got a free kick in the box, dropped down to Michael and Michael crushes it in the goal. That was great character they showed to come back [and win] the game twice."

The Patriots celebrated near midfield after Monahan's goal.

"Joe McCreary sent me a cross," Monahan said, "and I just got it down and just drilled it."



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**Yorktown forward Michael Monahan, right, scored the game-winning goal in sudden-death overtime against Madison during the Conference 6 tournament quarterfinals on May 16.**

Yorktown entered the match with a 10-2-1 record, having held 10 of its opponents scoreless. Madison, on the other hand, was

6-5-2 and had lost two of its final three regular-season matches. The Warhawks managed to hang around and tied the score at 1 with Max Dudenhoeffer's goal in the 53rd minute.

Regulation ended in a 1-all tie and, after neither team scored during two 5-minute overtime periods, the game went to sudden-death overtime, where Yorktown found a way to win.

"I thought Madison played very well," Wood said. "Their coach set them up very well and they were ready to play. They were very tough for us to break down."

The victory advanced Yorktown to the semifinals, where the Patriots faced No. 7 McLean on Tuesday, after The Connection's deadline. Yorktown also secured a regional berth.

McCreary scored the game's first goal, giving the Patriots a 1-0 lead in the 14th minute. McCreary, a Yorktown co-captain, said the Patriots will benefit from being tested.

"It definitely grounded us, for sure," he said. "Credit to Madison; they played a great game. They played their hearts out."

# Yorktown Girls' Soccer Dominant in Tournament Win

## Patriots score seven first-half goals against Hayfield.

BY JON ROETMAN  
THE CONNECTION

The Yorktown girls' soccer team on May 16 took a step toward returning to the region championship game, and did so in dominant fashion.

The top-seeded Patriots secured a berth in the 6A North region tournament with an 8-0 victory over No. 8 Hayfield in the Conference 6 tournament quarterfinals at Greenbrier Stadium. Yorktown scored seven goals in the first half and improved its record to 12-2. The Patriots advanced to the conference semifinals, where they faced No. 4 Madison on Tuesday, after The Connection's deadline.

Last season, Yorktown qualified for the state tournament by reaching the region



PHOTO BY GREG DENKLER

**Senior midfielder/forward Alex Puletti, right, scored one of the Yorktown girls' soccer team's seven first-half goals during an 8-0 win over Hayfield on May 16.**

championship game, where the Patriots lost to Chantilly. This year's team has its sights set on getting back to the region final and,

this time, bringing home a championship.

"This season, we have a lot of returners, so the majority of the team experienced how great it felt to get to that point and also how awful it felt to lose after getting that far," senior Alex Puletti said. "We all kind of had that in the back of our minds as a goal because we didn't get it last year and I think the new players are feeding off of that and getting excited. It's definitely one of our biggest goals." After years of dominating against the National District, competing in the Conference 6 tournament following the VHS's six-class re-alignment figured to give Yorktown more of a challenge. However, any potential increase in difficulty didn't come from Hayfield, which competed against the Patriots in the National District from 2010-13. Yorktown senior Rachel Logue scored the first goal of the match in the seventh minute and the Patriots continued pouring it on. Five different Patriots scored at least one goal in the first half en route to a 7-0 halftime advantage. Kiely Westhoff scored the lone goal of the sec-

ond half and the game was called after 60 minutes. Westhoff, a freshman who suffered a knee injury during tryouts and returned to action April 21 against Oakton, finished with three goals against Hayfield.

"She was hurt at the beginning of the season, so she's just sort of getting on the field a lot," senior Emma Shumway said about Westhoff. "She's definitely looking really promising as a freshman. A hat trick is impressive..." Head coach Vicky Brunt praised Westhoff's goal-scoring talents.

"Since she's stepped onto the field, she's been an impact player. For a freshman, that's really great for her," Brunt said. "We've been working on her, getting her stamina and her fitness back up. She's consistent in front of the goal. If she gets three looks, maybe even two looks, in front of the goal, she's going to score one of them. That's a pretty good strike ratio. She just stays composed and has great technique in front of the goal."

Shumway finished with two goals against the Hawks. Logue, Puletti, and senior Kendall Logan each scored one.

## SPORTS BRIEFS



**Sophomore defenseman Conor Shears and the Yorktown boys' lacrosse team earned a regional berth by beating Hayfield on May 15.**

## Boys' Lax Earns Regional Berth

The Yorktown boys' lacrosse team defeated Hayfield 12-3 on May 15 during the Conference 6 tournament quarterfinals on May 15. The Patriots earned a regional berth and advanced to the conference semifinals, where they faced McLean on Tuesday.

## Girls' Lax Beats South Lakes

The Yorktown girls' lacrosse team earned a berth in the region tournament by beating South Lakes 9-8 in overtime during the Conference 6 quarterfinals on May 15.



**Kristen Somers and the Yorktown girls' lacrosse team defeated South Lakes in the Conference 6 tournament quarterfinals on May 15.**





**Lori Gershaw of Arlington (left) with her foster dog, Beauty, along with Allison Coles of Arlington who volunteered for the event with her rescue dog, Beau.**



**Laura O'Brien of Arlington with her dog Minnie, adopted in August, were on hand to enjoy the festivities.**

## 19th Annual Walk for the Animals

Supporters turned out for the 19th Annual Walk for the Animals on Saturday, May 10 at Bluemont Park to demonstrate their devotion to four-legged friends while helping homeless animals. The walk raised awareness and funds to benefit the hundreds of adoptable animals and community programs supported by the Animal Welfare League of Arlington.



PHOTOS BY CORIN REID/THE CONNECTION

## "FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for May 19-23.

**Senior trips:** Monday, June 2, afternoon tea, Cherry Hills Historic Farm and Tea, \$43; Wednesday, June 4, day trip to New York City, \$63; Thursday, June 5, Nationals vs Phillies, D.C., \$58; Saturday, June 7, \$11. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

**Informal painting classes begin,** Monday, June 2, 10 a.m., Lee. \$56/8 two-hour sessions. Register, 703-228-0555.

**Just Playin' Country Musicians,** Monday, June 2, 10:15 a.m., Lee. Free. Register, 703-228-0555.

**Line dancing for beginners,** Mondays, 11 a.m., Thomas Jefferson. Free. Register, 703-228-4403.

**Pickleball clinics** begin Tuesday, June 3, 12:30 p.m., Arlington Mill. \$24/4 sessions. Register, 703-228-7369.

**Table tennis,** Tuesdays, 10 a.m., Walter Reed. Free. Register, 703-228-0955.

**Living on a fixed income,** Wednesday, June 4, 6:30 p.m., Arlington Mill. Free. Register, 703-228-7369.

**Duplicate bridge,** Wednesdays, 10 a.m. -10 p.m., Aurora Hills. Cost \$5. Register, 703-228-5722.

**Music and movement,** Wednesdays, 10:30 a.m., Culpepper Garden. Free. Register, 703-228-4403.

**Pros and cons of reverse mortgages,** Thursdays, June 5, 1:30 p.m., Lee. Free. Register, 703-228-0555.

**Managing moves,** Thursday, June 5, 1 p.m., Walter Reed. Free. Register, 703-228-0955.

**Benefits of journaling,** Friday, June 6, 1:30 p.m., Aurora Hills. Free. Register, 703-228-5722.

**Ballroom Dance,** Friday, June 6, 1 - 3 p.m., Lee. Free. Register, 703-228-0555.

**Latest scams against seniors,** Friday, June 6, 10 a.m., Arlington Mill. Free. Register, 703-228-7369. Fast-paced walking group, Fridays, 9 a.m., Aurora Hills. Free. Register, 703-228-5722.

# Veteran To Teach Yoga to Her Fellow Veterans

FROM PAGE 4

She said she will be teaching general veteran populations, but her deepest interest is in wounded veterans.

"I'm mostly into wounded veterans because I want to teach them the skills to be comfortable in their own bodies," Glynn said. "And I'd like to challenge the male population to not be shy."

Glynn said there are hesitations and misconceptions about yoga within the veteran community, and she hopes to knock down both during her six-month fellowship.

"In the veteran community, the majority are Christian-based," Glynn said. "They may

be resistant or closed off to the stereotype of yoga. With my experience being in the military and being able to translate the language of yoga, I hope to open the doors to its healing aspects."

Glynn herself became a yogi when she moved to Northern Virginia, where she began her hundreds of hours of mandatory training to become a certified yoga teacher. She has an additional 40 hours of training under her belt that certifies her to teach yoga to the trauma sensitive.

She learned of The Mission Continues fellowship after relocating to the area.

"I spent the last year plus supporting different non-profit organizations, narrowing

my interest of focus groups, and taking time out to work on my own health and wellness," Glynn said. "I feel like there have been stones laid before me for the path that I'm supposed to be on."

Glynn will begin her fellowship this month, teaching free classes for veterans at The International Spirit of Healing's building in Rockville, as well as in different locations as space becomes available. She insists that no experience is necessary.

"I would encourage any veterans that have a general interest," Glynn said. "Classes will be offered for free, both small group classes and private sessions."

There will be nothing competitive or vig-

orous. It will all be beginner and introductory classes."

For Glynn, becoming a yogi has made all the difference in her own life and she knows it has the power to do the same for others in her shoes.

"Yoga to me equates to food for my soul," Glynn said. "Having a continuing practice gives me a platform to sit with myself, acknowledge the day, God, and dedicate time to move around bringing awareness of what my physical needs are as well."

Contact Glynn via e-mail at [Natashanetworks@gmail.com](mailto:Natashanetworks@gmail.com), or via Facebook where her user name is Natasha.glynn.75.

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### 4 RE for Sale

**The Fairfax County Water Authority** ("Fairfax Water") will be accepting bids from prospective purchasers for the Sale of Property (0.86 acres) "Hallowing Point Well 2 Site-Lot 19" located at 6037 Chapman Road (IFB 14-05). Interested parties may obtain a copy of IFB 14-05 by contacting the Procurement Department Fax: 703-289-6262, or E-mail: [procpu@fairfaxwater.org](mailto:procpu@fairfaxwater.org).

Bids will be accepted in the office of Fairfax Water's Procurement Department until 2:00 p.m., July 9, 2014.

### 4 RE for Sale

### 21 Announcements

**Public Notice**  
NOTICE OF AVAILABILITY OF THE ENVIRONMENTAL ASSESSMENT AND DRAFT GENERAL CONFORMITY DETERMINATION FOR THE PROPOSED COVE POINT LIQUEFACTION PROJECT

The staff of the Federal Energy Regulatory Commission (FERC or Commission) published a Notice of Availability of the environmental assessment (EA) and Draft General Conformity Determination (DGCD) for the Cove Point Liquefaction Project (Project) proposed by Dominion Cove Point LNG, LP (DCP). DCP requests authorization to construct and operate facilities to process and export domestically sourced liquefied natural gas (LNG) at the existing Cove Point LNG Terminal in Calvert County, Maryland. The Project would enable DCP to export approximately 5.75 million metric tons per annum of LNG via LNG marine carriers that would dock at the existing offshore pier.

The EA assesses the potential environmental effects of the construction and operation of the Project in accordance with the requirements of the National Environmental Policy Act. The DGCD was prepared pursuant to the U.S. Environmental Protection Agency's General Conformity Regulations (40 CFR Part 93, Subpart B), and addresses air emission impacts associated with the Project.

The EA and DGCD are available for review and comment. The FERC staff mailed copies of the EA with the DGCD to federal, state, and local government representatives and agencies; elected officials; environmental and public interest groups; Native American tribes; potentially affected landowners and other interested individuals and groups; libraries in the Project area; and parties to this proceeding. In addition, the EA with the DGCD has been placed in the public files of the FERC and is available for public viewing on the FERC's website at [www.ferc.gov](http://www.ferc.gov) using the eLibrary link. A limited number of copies of the EA and DGCD are also available for distribution and public inspection at:

Federal Energy Regulatory Commission  
Public Reference Room  
888 First Street NE, Room 2A  
Washington, DC 20426  
(202) 502-8371

Any person wishing to comment on the EA or DGCD may do so. To ensure that your comments are properly recorded and considered prior to a Final General Conformity Determination and Commission decision on the proposal, it is important that the FERC receives your comments in Washington, DC on or before June 16, 2014.

For your convenience, there are four methods you can use to submit your comments to the Commission. In all instances please reference the Project docket number (CP13-113-000) with your submission. The Commission encourages electronic filing of comments and has expert staff available to assist you at (202) 502-8258 or [efiling@ferc.gov](mailto:efiling@ferc.gov).

1. To submit brief, text-only comments, you can file your comments electronically by using the eComment feature on the Commission's website at [www.ferc.gov](http://www.ferc.gov), under the link to Documents and Filings.

2. To submit comments in a variety of formats by attaching them as a file, you can file your comments electronically by using the eFiling feature on the Commission's website at [www.ferc.gov](http://www.ferc.gov) under the link to Documents and Filings. New eFiling users must first create an account by clicking on "eRegister." You must select the type of filing you are making. A comment on a particular project is considered a "Comment on a Filing;" or

3. You may file a paper copy of your comments at the following address:  
Kimberly D. Bose, Secretary  
Federal Energy Regulatory Commission  
888 First Street NE, Room 1A  
Washington, DC 20426

4. In lieu of sending written or electronic comments, the Commission invites you to attend a public comment meeting in the Project area. We encourage interested groups and individuals to attend and present oral comments on the EA and DGCD. The meeting is scheduled as follows:

Date and Time Location  
Saturday, May 31, 2014  
1:00 – 6:00 p.m.  
Patuxent High School  
12485 Southern Connector Boulevard  
Lusby, MD 20657  
Additional information about the Project is available from the Commission's Office of External Affairs, at (866) 208-FERC, or on the FERC website ([www.ferc.gov](http://www.ferc.gov)) using the eLibrary link.

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**The Fairfax County Water Authority** ("Fairfax Water") will be accepting bids from prospective purchasers for the Sale of Property (0.92 acres) "Gunston Manor Well Site-Lot 53" located at 6055 Honeysuckle Trail (IFB 14-06). Interested parties may obtain a copy of IFB 14-06 by contacting the Procurement Department Fax: 703-289-6262, or E-mail: [procpu@fairfaxwater.org](mailto:procpu@fairfaxwater.org).

Bids will be accepted in the office of Fairfax Water's Procurement Department until 2:00 p.m., July 9, 2014.

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## Too Patient a Patient



By KENNETH B. LOURIE

Since I'm in the honesty business (as you regular readers know; and based on many of the e-mails I receive, commended on being so), if I were to admit anything concerning my behavior during these last five-plus years as a lung cancer survivor, it would have to be my continual tendency to minimize new symptoms, and in turn, not contact my oncologist (which from the very beginning is the exact opposite of what we are told to do). Stupid, stubborn, scared, naive, in denial; you pick.

I mention this subject/behavior because over the last month or so, I've noticed some changes in my breathing. Not characteristic of or similar at all to the symptoms I experienced last July - which led to an eight-day, seven-night stay at a local hospital during which 4.5 liters of fluid were drained from my left lung - still, there have been some challenges/abnormalities of which I have been aware. Challenges which, when they involve your breathing AND YOU HAVE LUNG CANCER, are probably best NOT IGNORED. And certainly I didn't ignore them. I acknowledged them; I simply neglected to do anything about them (now I have, but that's not the point of this column).

Now before you ask the obvious rhetorical question: "How could you (meaning me) be so stupid?," let me try to explain, or for those who know me: rationalize my behavior. I am not assigning any blame here whatsoever. This is my doing, or rather not doing; hopefully which won't lead to my undoing. To invoke and quote Moe Howard from a Three Stooges episode where The Stooges were thought to have kidnapped a baby: "It was my idea and I don't think much of it." The decision (or non decision), the responsibility and/or the consequences fall on me.

As to the specific reasons how I could be so stupid, considering my circumstances, read on, McDuff. It's easy when you're scared. Part of my irrational thinking is (A) these new symptoms are much different from and somewhat less obvious (ergo, easier to dismiss) than those I experienced last August. So maybe it's not as serious? Maybe it's the pollen count? Maybe, maybe maybe. Now before you even think it, obviously I know that there are many cancer-related symptoms and not having a recurrence of one certainly doesn't (shouldn't) minimize or marginalize the others. But from the date of diagnosis, you're in a sort of self-preservation mode; this is yet another example. As George Costanza advised Jerry Seinfeld on how to beat a lie detector test: "It's not a lie, if you don't believe it." So I try not to believe the symptoms are relevant. And (B) if I don't tell the oncologist about these new symptoms, then he can't tell me that my cancer - which has already metastasized and is inoperable (stage IV), has reasserted itself and I really am terminal and really should get my things in order. Similar to what he initially advised Team Lourie back on February 27, 2009.

Thinking "(A)" and behaving like "(B)" has finally brought me to "(C)." I am now seeing doctors for an evaluation/assessment, completing lab work and taking diagnostic tests, and waiting for further instructions. And though I may have been late to this party, hopefully, it will have been fashionable, not fatal.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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