

Art on the Lake

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Music Director Dingwall Fleary has directed Reston Community Orchestra for 16 years. Since joining he has encouraged young soloist musicians to play at the final show of the season.

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Reston Association Holds Yard Sale

Participants enjoy good weather at yard sale event.

BY RYAN DUNN
THE CONNECTION

I heard about this yard sale from a co-worker," said Alfred Carter, a resident of Alexandria. Carter was one of 95 participants in the May bi-annual yard sale hosted by the Reston Association. The yard sale was held at the parking lot near the organization's office at 12001 Sunrise Valley Drive the morning of Saturday, May 17. Shoppers and vendors mingled from 8 a.m. to 12:30 p.m., enjoying the nice weather. "It is very nice and well organized," said Carter, who brought an assortment of items to the yard sale.

Despite the existence of sites such as eBay and Craigslist, community yard sales still have an attraction, and that is true for the Reston Association Yard Sales. The event organizer, Ashley Soloff, developed the idea of a community yard sale sponsored by the Reston Association. The idea was well received, as some neighborhoods in Reston do not permit individual yard sales.

"This bi-annual event is a huge success thanks to the volunteers that assist with day of set-up and implementation of the sale," stated Soloff. "Volunteers must arrive at 5:30 a.m. in order to set-up and be ready for the vendors to arrive. It's difficult to find volunteers to come out that early on a Saturday so I appreciate all they do to help."

A variety of items including books, purses, ceramics, clothes and plants were available for purchase at the yard sale. "I always do great at this yard sale," said Reston resident Melissa Romano who had a vending station. "We were the first ones here, and arrived at 6 a.m." Romano attended the event about six times over the past ten years with other friends. "It has been a great yard sale," said Maggie Terry, also a resident of Reston.

"The emails we got from Reston Association in advance describing the event were helpful."

At the yard sale, all sales are final. The costs to reserve a vending station this year were \$26 for residents of Reston and \$33 for non-residents. Reservations for vending booths sell out quickly, so it is best to obtain a reservation in



The May Reston Association Yard Sale was held at the parking lot near the organization's office at 12001 Sunrise Valley Drive. The event was well coordinated and considered a success.



Reston residents Allison Wager, Meredith Wagner, Mylene Nyman, Jennifer Flora, Maggie Terry, and Melissa Romano all attended the May Reston Association Yard Sale.



Alexandria resident Alfred Carter by his vending station at the Reston biannual yard sale hosted by the Reston Association. Carter was one of 95 participants in the May biannual yard sale.

advance. Families and vendors sell a variety of items, and this event is a great opportunity to browse for bargains. "I will be moving in the fall to senior apartment," said Reston resident Susan Krzos who also had a vending station. "Next

year I may come and buy some stuff." The Reston Association holds this event twice a year. The next sale will be on Sept 6.

For more information about the Reston Association, visit www.reston.org.

PHOTOS BY RYAN DUNN / THE CONNECTION



BY REENA SINGH / THE CONNECTION

The Pyramid of Light on Lake Thoreau.

Art on the Lake

Pyramid of Light gives new life to eyesore on Lake Thoreau.

BY REENA SINGH
THE CONNECTION

Colorful panels dance in the wind, dappling diffused light over the spillway that was once an eyesore.

The "Pyramid of Light," a project sponsored by the Initiative for Public Art - Reston and created by students at nearby South Lakes High School may be the start of annual public art displays at that location.

"We thought it would be a wonderful way to educate people about public art," said IPAR Executive Director Anne Delaney. "Hopefully, we are creating a new generation of artists."

The installation can be seen on Lake Thoreau on South Lakes Drive. It was placed there on May 8 and will stay up until early July.

"People who have seen it really love it and would like to see it up longer," said Delaney. "We've been asked why we haven't done something on the spillway before."

"We had everyone from freshman to seniors helping to erect the pyramid in the school parking lot," said Rando.

Many students may have helped to create the design and build the structure during the year-plus long process to get it approved by the Reston Design Review Board, but four students developed it alone the majority of the past year.

"I think what's so great about the project is that the majority of the work was done by high school students, and that says a lot about the capacity of South Lakes students," said senior Sammy Nazam, one of the core four students. "I'm very proud of it."

He said he has always been interested in art and jumped at the opportunity to create a pub-

lic piece of work.

"It was such a different learning experience that can't be compared to learning in the classroom," said Nazam. "There was definitely a business aspect to it. We had to sell it to the board and market it to get it approved."

Nazam said he learned much more about engineering through the project, rather than about art.

Rando said this type of learning is a part of the art department's STEAM initiative - which stands for Science, Technology, Engineering, Art and Mathematics.

At one point, he wrangled a group of technology students to create computer-aided designs to build a to-scale model to send to the DRB.

"It was amazing to see the students, when asked, were able to think on their feet," said Rando. The project, approved in the fall, had to be drawn and redrawn several times. Rando said the DRB treated the students respectfully but as if they were professionals.

"This was a real-world project that needed to be engineered, studied, figured out using multiple disciplines," he said. The Pyramid of Light will serve as a lesson for future public art pieces by the school. The students learned that wind and rain are forces that may be more powerful than it seemed, creating some damage to the structure. "The wooden pyramid structure is very stable, but we underestimated the strength of the wind, so some of the wires and panels snapped," said Nazam.

However, he is still proud of the work he helped to create.

"I honestly thought it was fantastic," he said. "It brought some tears to my eyes, because we had spent so much time on it."

Reston Community Orchestra Holds Season Finale

Concert features two young pianists.

BY RYAN DUNN
THE CONNECTION

The afternoon of Sunday, May 18, at Reston Community CenterStage, the Reston Community Orchestra (RCO) preformed their final concert of the 2013-2014 with a performance featuring two young pianists. Pianists Mark Dang and Matthew Geier performed Haydn's "Piano Concerto in D Major." The program also included Grieg's "Peer Gynt Suite #2" and selections from "Forest Gump."

Conducting the orchestra was Dingwall Fleary, a maestro who has directed Reston Community Orchestra for 16 years.

"I am a firm believer that all communities in our nation's cities and towns are fortunate when there are talented youth within them who yearn to be involved in wholesome activities," said Fleary. "When those young people are identified they ought to be showcased, not only to encourage and reinforce their skills, but more importantly to be examples to other youngsters, whether the talent be with music, art, writing, theater, dancing, or even sports." A native of St. Louis, Fleary is also conductor of the The McLean Symphony, which he has been founding music director since its inception in 1972.

Mark Dang started learning music with Maestro Fleary since the age of 4 at Kiddie Country Learning Center. By the age of 6, he began taking private piano lessons with Dr. Carol Ann Barry. Since then Dang has been participating in county and state-wide piano festivals. He won Best Intermediate Repertoire, and Most Improved Intermediate Musicianship 2011 at the Barry Studio of Piano. Dang is currently pursuing piano lessons with Sarah H. Mbi at Keys to Creativity Music Studio. "It was my very first time in an orchestra," said Dang. "I was really excited."

Matthew Geier, 13, is an eighth grade home-schooled student who resides in Springfield. He began piano lessons at the age of eight at the studio of his current and only instructor, Sarah H. Mbi. Matthew has performed in a vari-



The season final show for the Reston Community Orchestra was held in May at Reston Community CenterStage. Reston Community Orchestra is an all volunteer ensemble devoted to music and the community.



Mark Dang and Matthew Geier both performed on the piano during the concert.



Music instructor Sarah Mbi, a resident of Arlington, attended the concert to cheer on her students Mark Dang and Matthew Geier.

ety of local music festivals, as well as in recitals ranging from solos to orchestra accompaniments. While he enjoys playing a wide variety of music, his favorite composers are J.S. Bach and Joseph Haydn. In addition to piano, Matthew takes violin lessons. "It was a good concert, I really enjoyed it," said Matthew.

"Fleary is amazing with people of all ages, a wonderful communicator," said Linda Geir, Matthew's mother. "This has been an amazing experience for students to play with other musicians." Fleary started the tradition of bringing local youth soloists to the final show of the season since he joined Reston Community Orchestra. Founded in 1988, the RCO is an all volunteer ensemble devoted to music and the community. Reston founder Robert "Bob" Simon also attended the Sunday concert.

"I firmly believe that if more attention were given to exposing and nurturing children's participation in, and appreciation of the fine arts during their formative

years, they will grow up and pass along their positive experience to their offspring," stated Fleary. "Because of my position as the conductor and director of symphony orchestras in Reston and elsewhere, I am delighted to be able to shine the spotlight on budding young talents such as Mark Dang and Matthew Geier.

The concert the Reston Community Orchestra just presented was fun for the musicians, and hopefully provided the boys and the audience an experience they'll remember for the rest of their lives."

"It is really motivating for the kids to play at this concert," said music instructor Sarah Mbi, a resident of Arlington.

"This was a nice reunion for everyone to get together." RCO will hold Summer Readings and open rehearsals on July 21 and 28, and Aug. 4 and 11 at 7:30 p.m. at Sunset Hills Montessori.

The RCO will hold their 2014-2015 season opener on Nov. 16. For more information on the RCO visit restoncommunityorchestra.org.

PHOTOS BY RYAN DUNN/ THE CONNECTION



World of Beer Restaurant owner Evan Metz and Director of Operations Heather Matz smile for a photo at the Reston WOB location.

World Of Beer Opening In Reston

Staff prepared for June 2 grand opening.

BY RYAN DUNN
THE CONNECTION

On Monday June 2, the World of Beer restaurant at 1888 Explorer St. in Reston Town Center will have its grand opening. "I saw there was a need for a World of Beer in the area," said owner Evan Metz. Metz also owns the World of Beer (WOB) located in Ballston, which opened the summer of 2012.

"It is a great area for our target audience to enjoy all the different craft beers and spirits we bring as well as our live entertainment," said Metz. Throughout this past winter and spring construction was underway at the 4,500-square-foot location at The Avant at Reston Town Center. The bar and restaurant, which signed a lease for the space this past July, has its ABC license. World of Beer is a Florida-based national franchise which opened a location in 2013 in Baltimore, Md.

In addition to 500 different beers that rotate through the menu, including 50 on tap, the restaurant will have a full menu. "The menu at Reston is expanded," said Metz. The food selections will include hamburgers, sirloin steak, steak frites, baked brie, and artisan sausage boards. "People were asking for these items, so we decided to make them available," said Metz. WOB will have drink specials nightly and happy hour Monday through Friday, as well as live music



World of Beer Restaurant owner Evan Metz near the infusion tower, a special feature for the Reston World of Beer location.

Thursdays through Saturdays. Large screen TVs will be visible for sporting events.

A SPECIAL FEATURE of the Reston WOB is the infusion tower. The infusion tower has the ability to take a beer and infuse a flavor such as coconut oil, cinnamon, strawberry, or chocolate into it. "The infusion tower was custom designed," said Metz. "Every Monday we will have something different coming out of this, a different beer and a different flavor we think will brew well with it."

"When World of Beers opens, it will be wild," said General Manager for the Reston location, Jeremy Sundheimer. A resident of Arlington, Sundheimer explained WOB has a loyalty program which can be used to achieve rewards including mugs and shirts. "When we open our focus will

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PHOTOS BY RYAN DUNN/ THE CONNECTION

News

Opening

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be on providing the best customer service to our guests," said Sundheimer. "I am a big fan of the Ohio beers," said Sundheimer. "I recommend the Great Lakes Lake Erie Monster."

The Reston World of Beer will be employing approximately 45 persons. Corey Hawkins is one of them. Hawkins has worked in the restaurant field for eight years, and appreciates sour beers. "I like the New Belgium Clutch, it is good with meats such as a steak or hamburger."

THE RESTON WOB is one of several ground-floor tenants in The Avant, Boston Properties' new luxury residential building across from Reston Town Square Park. The restaurant's Director of Operations is Heather Matz. "We are so happy about bringing a great selection of craft beer to this area," said Matz.

On the food menu, Matz suggests the southwest burger. "It has jalapeno bacon, and is the best thing ever," said Matz. To learn more about WOB, visit worldofbeer.com.

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To honor dad on Father's Day, send us your favorite snapshots of you with your dad and The Connection will publish them in our Father's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail photos, send to:

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OPINION

New Measure: More Living in Poverty

Many households living in poverty in our region, invisible to most of us most of the time.

Inside the Beltway, that is Alexandria, Arlington and parts of Fairfax, 32 percent of children are living in poverty or near poverty. In Fairfax County, 26 percent of children live in or near poverty.

This is according to the Weldon Cooper Center for Public Service at the University of Virginia.

"While Northern Virginia counties and cities

enjoy some of the highest median incomes in the nation, the Virginia Poverty Measure shows that the extent of economic deprivation in the region is significantly greater than suggested by official poverty statistics."

Taking into consideration the high cost of housing and other necessary goods, poverty rates for Northern Virginia residents are surprising. Inside the Beltway, the Virginia Poverty Measure showing a poverty rate of 12.3 percent, much higher than the official rate of 7.4 percent. In Fairfax, the Virginia Poverty Measure shows a poverty rate of nearly 10 percent (9.7 percent).

In Fairfax, that's more than 100,000 individuals living in poverty.

EDITORIALS

But for the most part, the affluent residents in our area do not see any

of this poverty.

Our schools and neighborhoods are economi-

cally segregated.

When thinking about affordable housing, about funding for schools, about expanding health coverage, it's important to hold these numbers, these children, these families in mind.

Father's Day Photos

Father's Day is June 15, and as in years past, The Connection will publish a gallery of photos of fathers, grandfathers, great grandfathers and sons and daughters. Send your photos, including names of everyone in the photo, ages of children, town of residence and a brief description of what is happening to editors@connectionnewspapers.com

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

A Moral Imperative

BY KENNETH R.
"KEN" PLUM
STATE DELEGATE
(D-36)

Recently the New York Times editorial board wrote about the "health care showdown in Virginia." Their comments were not favorable. "In Virginia, there are 400,000 low-income people who can't afford health care coverage but don't qualify for federal subsidies," they wrote. "If they lived across the state line in Maryland, West Virginia or Kentucky, which have expanded their Medicaid programs, they could get the coverage they need." The reason they cannot; "a group of recalcitrant Republicans in the House of Delegates" have blocked Medicaid expansion at every opportunity.

COMMENTARY

Highly regarded retired editorial writer for the Virginia Pilot, Margaret Edds, wrote about the current impasse in Virginia two weeks ago. Drawing on her extensive command of Virginia's history, Edds points out that Virginia was the last state to join Social Security in the 1930s. She argues that there is a moral imperative that "we cannot afford to take this risk" of not expanding Medicaid. She writes that "designing a health care system that embraces everyone is the right thing to do." Reston resident, Elliot Wicks, in a recent letter to the editor makes the same argument that closing the coverage gap morally is the right thing to do.

In an unprecedented move, the Virginia Chapter of the American Association of Retired People (AARP) called a press conference to announce that letters sent by the Speaker of the House and other Republican lawmakers to their constituents over age 60 contained "inaccurate information about changes in Medicare." These letters from Speaker Howell and other lawmakers implied that expanding Medicaid in Virginia would hurt Medicare beneficiaries. "Expanding Medicaid to uninsured Virginians won't harm the Medicare program or its beneficiaries," the AARP spokesperson said.

Revenues for the Commonwealth are expected to fall short of projection for this year by as much as \$300 million. Ironically, Virginia is losing \$5 million a day amounting now to three-fourths of a billion dollars paid by Virginians that could be returned to the state through Medicaid expansion. The money could not be used to balance the budget in the current year, but in future years more than \$200 million that Virginia pays for indigent care from its general tax revenue could be paid by Medicaid.

State and local chambers of commerce, medical and health care associations, and editorial boards of the major newspapers in the state have endorsed Medicaid expansion. A major compromise in the form of Marketplace Virginia, proposed by three Republican senators and endorsed by all

SEE PLUM, PAGE 7

Lake Anne—Farewell and Change

BY JOHN LOVAAS
RESTON IMPACT
PRODUCER/HOST

Last Friday, Lake Anne residents and hundreds of other Restonians came to Washington Plaza to bid a fond farewell to Larry

Cohn, our community pharmacist and proprietor of the Lakeside Pharmacy for the last 46 years. Larry recently sold his Pharmacy to an "investor" who may, or may not, continue the pharmacy, snack bar and post office arrangement that many residents hoped would never change. Alfredo Melendez, owner/operator of La Villa, Lake Anne Coffee House, and the Lakeside Café, prepared a scrumptious finger food buffet for all, and Larry's pharmacist sidekick Beverly Gilbert presented heartfelt memory gifts to the teary-eyed Mr. Cohn before a cheering crowd of well-wishers. Everyone it seems has special memories of this self-effacing man who touched so many lives. A painful change. Hoped for change? Meanwhile, a group of Lake Anners indentured to the relic monopoly air-conditioning utility, RELAC, is organizing a petition to ask the Reston Association to allow a referendum for residents on the question of eliminating RA's Covenant 15 which forbids residents served by RELAC from using alternative forms of A/C. RELAC's rising costs, deteriorating service compared to



INDEPENDENT PROGRESSIVE

modern conventional cooling systems, and other factors make for a favorable outlook for a referendum.

Speaking of RELAC and indentured servitude...we hear that Lake Anne reps on the RA Board have renewed their campaign to c h a n g e

longstanding RA procedures permitting medical exemptions to the RELAC monopoly. RA staff favored leaving in place the practice of permitting exemptions based on certification by a physician of medical necessity (e.g., allergies, breathing impairment). But a pro-RELAC voice is pursuing changes to make it virtually impossible to obtain even very limited exemptions. On Thursday, June 12 at 6 p.m., there will be a "special meeting" of the RA Board at RA to consider this issue. Progress Change. The Lake Anne Development Partners plans for growing Lake Anne are moving forward. A recent topographic study of the area indicated the need for modifications to adjust early plans to take into account changes in elevation in the site. For example, there is an eight-foot rise from the existing Washington Plaza to the new streetscape as one moves towards North Shore Drive. Modest steps and/or ramp will be built into the plan to accommodate the step up. On the other side of North Shore Drive, from Village Road up towards the higher areas of the Cres-

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Reston CONNECTION

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CALENDAR

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

FRIDAY, MAY 30

Wine Tasting. 4 - 6 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Adults 55 and older. Enjoy an evening of wine tasting in a beautiful setting. Sample red and white wines along with a variety of cheese and crackers. The evening includes a tour of the nature center's gardens and ADA accessible trail. Look for spring wildflowers, as well as birds and insects that are sampling their own sweet "ambrosia". Reservations required by May 27. Fee: \$10/person RA members · \$14/person non-members. For more information or to register, email Ashleigh@reston.org or 703-435-6530.

SATURDAY/MAY 31

Raul Midón. 8 p.m., at The Centerstage, Reston Community Center Hunters Woods. Blind since infancy, Midón uses his songwriting and musical talents to shatter stereotypes while establishing himself as one of music's most distinctive and searching voices. \$20 Reston/\$40 Non-Reston. www.restoncommunitycenter.com or 703-476-4500.

Jimmy Gaudreau & Moondi Klein. 7:30 p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Jimmy Gaudreau & Moondi Klein have been a part of the bluegrass music scene for several decades and have played individually, and together, in some of the very top bands of the genre. Admission: \$15. <http://www.jimmyandmoondi.com/>

Food Wars. 1:30 - 3:30 p.m. Frying Pan Farm Park, 2709 W Ox Road, Herndon. Come to Frying Pan Farm Park to catch and identify animals that help plants grow and discover how plants dominate their territory. The cost is \$20 with a kit and \$6 without one. Register online. For information, call 703-437-9101. http://parktakes.fairfaxcounty.gov/rev1_quickresult.asp?category2=9999&subject=Food+Wars&facility2=M282&age=9999&day=9999

The Self-Sustaining Gardener. 1:30 - 3:30 p.m. Frying Pan Farm Park, 2709 W Ox Road, Herndon. Join us at Frying Pan Farm Park and learn the holistic approach to growing healthy and productive food plants year after year. The cost is \$20 with a kit and \$6 without one. Register online. For information, call 703-437-9101. http://parktakes.fairfaxcounty.gov/rev1_quickresult.asp?category2=9999&subject=Sustaining&facility2=M282&age=9999&day=9999

Plum

FROM PAGE 6

Democratic legislators, has been introduced.

The compromise proposed in Marketplace Virginia addresses the Republicans' stated concerns by including a provision to discontinue the program if the federal government reneges on its commitments. It is time for Republicans in the House of Delegates to agree to the compromise. Their insistence on separating Medicaid from the state budget is a costly stalling tactic that is hurting a large number of Virginians and threatens to hurt even more if the budget stalemate continues.

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Nora Palka as Little Red Ridinghood in NextStop Theater Company's 'Into the Woods.' Playing at the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon, through June 1; Thursday-Saturdays at 8 p.m. and Sundays 2 p.m. & 7 p.m.

MONDAY/JUNE 2

2014 Celebrate Great Falls Foundation Golf Tournament. 7:30 a.m. Hidden Creek Country Club, Reston. All proceeds of this year's tournament will go to our three local elementary schools - Great Falls, Forestville and Colvin Run Elementary. www.greatfallsgolf.org

FRIDAY/JUNE 6

Friday Night Live! Gonzo's Nose. 6:30- 10:30 pm. Town Green Herndon, 777 Lynn St, Herndon. Gonzo's Nose is the most popular party band in the national capitol area, bringing solid musicianship to a massive setlist of cover songs, which range from the early '80s until songs that hit the radio just yesterday. Free. 703-481-6133.

SATURDAY/JUNE 7

D-DAY 70th Anniversary: From Normandy to the Battle of the Bulge. 2 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston.

Relive the Normandy Campaign and the Battle of the Bulge in this slide presentation narrated by local historian Jim Lewis. Teens and adults. Free.

Relay for Life. 1 p.m. Herndon Middle School, Locust St, Herndon. 703-938-5550.

SATURDAY/JUNE 7-SATURDAY JUNE 21

Flea Market at Lake Fairfax. 8 a.m.- 4 p.m. Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston. You never know what you may find at the Saturday flea market, from home furnishings to other treasures. Free for shoppers. \$25 for vendors. 703-471-5416.

Lovaas

FROM PAGE 6

cent Apartments, there are larger elevation changes that will likely require retaining walls between the planned artisan food store or shops on the Crescent side of Village Road and the residential development going up the hill from Village Road and North Shore Drive.

LADP will likely hold another community presentation on the plans and meet again with the Reston Planning and Zoning Committee before formally presenting the plans to the Fairfax County Planning Commission towards the end of this year. With a little luck, they hope to turn over the first spade full of dirt in mid-late 2015 on the Crescent site.

One thing is certain—air conditioning in all 900-plus new residences and in new commercial/retail space will be modern conventional, not chilled water!

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PHOTO BY TRACI J. BROOKS STUDIOS/COURTESY OF NEXTSTOP THEATER

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SPORTS

The Langley men's varsity 4 won a state championship. Pictured from left: coach Mike Lehmann, Liam Fitzmorris, Alex Kiess, coxswain Charlie Bavisotto, John Waugh, and Owen Shenk.



PHOTOS CONTRIBUTED

Langley Crew Collecting State, National Accolades

Saxons experiencing record-breaking 2014 season.

Medals. Trophies. Championships. The Langley High School crew team just wrapped up a record-breaking 2014 season at the Scholastic Rowing Association of America National Championship regatta on the waters of Mercer Lake, N.J. Langley qualified six separate boats for this top regatta, three of which advanced to the semifinals, and two boats — the women's varsity four and the men's varsity four — fought through all the tough competition to the finals.

The Langley varsity women placed second in the nation, the first time that Langley has medaled at nationals. The varsity men's four, with a ferocious charge in the final meters of its semifinal, placed fourth in the nation, earning a place by less than a second. Langley's formidable lightweight men's four finished seventh in the nation.

At the Virginia Scholastic Rowing Championship Regatta (states) on the Occoquan River on May 10, the Langley boats brought home six separate state championships. The Langley men's varsity four, women's varsity four, men's lightweight four, men's junior varsity eight, women's junior varsity four, and the men's 2nd four all took home championship trophies. The men's team also picked up the coveted men's team trophy — another first for the Saxons.



The Langley women's varsity 4 finished second in the nation. Pictured from left: coxswain Sabrina Lamont, and rowers Meagan Fountain, Nirosha Beekhuysen, Stephanie Dubois, and Katie Robinson.

Langley's team is led by a talented group of coaches, including Ashley Leake, Josh Baum, Lindsey Churchill, Matt Fanny, Julie Sutliff, and head coach Mike Lehmann. Lehmann, who is a former U.S. Olympic team coxswain, will be leaving Langley to become the head crew coach for his alma mater, Notre Dame.

Langley Crew can be followed on Twitter, @LangleyCrew, and at langleycrew.com.

The Langley men's varsity 4 team finished fourth in the nation. Pictured are: Owen Shenk, John Waugh, Alex Kiess, Liam Fitzmorris, and coxswain Charlie Bavisotto.



South Lakes Track Teams Win Liberty Conference Championships

Multiple victories by junior Delaney Wickman and senior Danielle Hale, record performances by the girls' 4x400 and 4x800 relay teams and top-three finishes by senior Khayri Denny paced South Lakes High School to victories in the Conference 6 outdoor track and field championships May 20-21 at SLHS.

The South Lakes girls finished with 168 points, followed by Washington-Lee (127), McLean (64.50), James Madison (55), Fairfax (46), Langley (34.50), Hayfield (17) and Yorktown (15). The SLHS boys scored 175 points, out-pacing McLean and James Madison, who tied for second with 80 points. Langley scored 65 followed by Washington-Lee (62), Hayfield (28), Fairfax (24) and Yorktown (13).

The top six finishers in the individual events and the top three team in the relays qualify for the Northern Region Championship, scheduled for May 29-30 at James Robinson Secondary School.

Wickman won the 100 meters (12.35), 200 meters (25.61) and 400 meters (58.67). She set a meet record in the 200 with a 25.42 in the preliminaries and has qualified for the region and state championships in all three events.

Danielle Hale won the discus (104-11) and the triple jump (37-05.50). She finished fourth in the shot (31-05.00), third in the long jump (16-09.00), teamed with freshman Nikayla Hoyte, juniors Comfort Reed and Jordan Lozama for second in the 4x100 (49.66) and was sixth in the 200 meters (27.10). Hale has qualified for the region championship in all those events as well as the high jump. Seniors Grace Gillen, Abigail Reinhold, junior Augusta Durham and sophomore Golden Kumi-Darfour won the 4x800 in a meet record 9:26.48. The previous mark of 9:29.37 was set by Stone Bridge in 2008. Gillen, who finished sec-

ond in the 400 (59.48), and Kumi-Darfour, runner up in the 800 meters (2:27.54), teamed with junior Claire Nieuwsma and freshman Devyn Jones for a 3:59.28 to win the 4x400, eclipsing the previous mark of 4:01.96 set in 2007 by WT Woodson.

Denny won the long jump (21-07.75), finished second in the triple jump (43-11.75), 100 meters (11.06) and 4x100 meter relay, where he teamed with seniors Ben O'Connor, Anthony Mayo and junior Brandon Terry for 44.65. Denny has qualified for region and state in the 100, 200, long jump and 4x100 relay as well as region in the triple jump.

Senior Daniel Johnsen anchored the winning 4x400 team of seniors Michael Kerr, Luis Rivas and junior Sam Arpee (3:24.42). He also won the 400 meters (49.57) and finished second in the 200 meters (22.71). Rivas (1:59.00) and Kerr (1:59.36) took the top two spots in the 800 meters. Arpee was third in the 400 meters (51.69). Kerr and Rivas also teamed with senior Michael Uhrig and sophomore John LeBerre for second place in the 4x800 (8:02.97).

Sophomore Eric Kirlew won the triple jump with a state qualifying distance of 44-04.50. He was also sixth in the 100 meters (11.62). Junior Nathan Stone finished second in the 110 meter high hurdles (15.70) and high jump (5-10).

The Seahawks dominated the girls' hurdle events with Devyn Jones winning the 100 meter hurdles in 15.8 and junior Maya Rodriguez finished second in 16.59. Rodriguez won the 300 meter hurdles (48.24) just ahead of teammate Claire Nieuwsma (48.26). Jones finished fifth in that race (49.55) and SLHS freshman Alivia Damper was sixth (50.22). Both Jones and Damper will compete in the 300 at region, giving SLHS four competitors in that event.

SPORTS ROUNDUPS

South Lakes GK Vigen Named Conference 6 POY

South Lakes goalkeeper Sara Vigen was named Conference 6 girls' soccer Player of the Year.

Vigen joined fellow Seahawks Ellen Gose (midfielder) and Meaghan Nally (defender) on the all-conference first team. Forward Caitlyn Christopher made the second team, while defender Gabby Alcantara, defender Lindsey Gibson, midfielder Elise Andrich, midfielder Brooke O'Donnell and forward Karen Reyes garnered honorable mention.

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OBITUARY

Mary Cahill, a Longtime Restonian, Dies

Mary Cahill, a longtime Restonian who worked to elect liberal Democrats in the tumultuous days before and after Watergate, died May 18 at her home in Oro Valley, Ariz., after a long illness. She was 87.

Cahill served on the Democratic State Central Committee and was a past chair of the Hunter Mill district in the course of political activism that spanned more than three decades in Fairfax County. She was an enthusiastic backer of such liberal lions as former Virginia Lt. Gov. Henry Howell and George C. Rawlings Jr.

Cahill helped organize the 10th district congressional campaign of former U.S. Rep. Joe Fisher, who unseated 20-year incumbent Joel Broyhill in 1974. She also served on the staff of former State Sen. Charles Waddell, and worked as a lobbyist in Fairfax County when the Board of Supervisors was debating the merits of the county's first cable TV franchise.

In Reston, Cahill made frequent Election Night appearances on community television. She also was a founding member of the Reston Catholic Community, the town's first Catholic parish, which became St. Thomas a Becket. Early in her career, she taught Head Start classes in local schools and was active in

the League of Women Voters.

Cahill earned bachelor's and master's degrees from Marquette University, and joined the Marquette faculty as an English professor after teaching a year of high school in Geneseo, Ill. She taught at the university until the birth of her son, Joseph, who survives her, as does her husband, Jerry. Both son and husband are journalists. Other survivors include daughter-in-law Cathy, granddaughters Sarah and Katie, and numerous nieces and nephews.

The war in Vietnam launched Cahill's career as a political activist. An ardent opponent of U.S. involvement in the war, she supported Sen. Eugene McCarthy in his campaign to defeat Lyndon Johnson in 1968. For a while, she worked in McCarthy's office on Capitol Hill.

Mary Cahill was born in Oak Park, Ill., and raised on Chicago's South Side. Her father, Philip C. Griffin, was a banker and Dartmouth graduate. When the bank closed during the depression, he founded the Chicago Awning Co. As a high schooler, Cahill helped him compile the business tax returns, often passing up school dances to help meet tax deadlines.

Services are pending. Interment will be at Resurrection Cemetery, Geneva, Ill.

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NOTICE TO THE PUBLIC OF AN APPLICATION BY COLUMBIA GAS OF VIRGINIA, INC., FOR AUTHORIZATION TO EXTEND ITS GAS COST HEDGING PROGRAM CASE NO. PUE-2014-00032

On April 18, 2014, Columbia Gas of Virginia, Inc., ("CGV" or "Company"), filed an application ("Application") with the State Corporation Commission ("Commission") for authorization to extend its Gas Cost Hedging Program, originally approved and modified in Case No. PUE-2005-00087 and reauthorized and amended thereafter.

Specifically, the Company is requesting that the Commission approve an extension to continue the purchase and sale of Futures Contracts through the 2018-2019 Winter Season at the current predetermined volumes relative to forecasted non-storage demand of retail sales customers for a Winter Season.

The Commission entered an Order for Notice and Comment that, among other things, ordered the Company to provide notice of their Application and provided interested persons an opportunity to comment or request a hearing on the Application.

Copies of the Application and the Commission's Order for Notice and Comment may be obtained by submitting a written request to counsel for CGV: Kristian M. Dahl, Esquire, McGuireWoods LLP, One James Center, 901 East Cary Street, Richmond, Virginia 23219-4030. If acceptable to the requesting party, the Company may provide the documents by electronic means. Copies of these documents also shall be available for interested persons to review in the Commission's Document Control Center, located on the first floor of the Tyler Building, 1300 East Main Street, Richmond, Virginia 23219, between the hours of 8:15 a.m. and 5 p.m., Monday through Friday, excluding holidays. Interested persons also may download unofficial copies from the Commission's website: <http://www.scc.virginia.gov/case>.

On or before July 8, 2014, interested persons desiring to participate as a party in this proceeding shall file with the Clerk of the Commission at the address set forth above an original and fifteen (15) copies of a notice of participation as a respondent pursuant to Rule 5 VAC 5-20-80 B of the Commission's Rules of Practice and Procedure. The notice of participation shall set forth: (i) a precise statement of the interest of the respondent; (ii) a statement of the specific action sought to the extent then known; and (iii) the factual and legal basis for the action. All filings shall refer to Case No. PUE-2014-00032.

On or before July 8, 2014, any interested person may file written comments on the Application with Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, Virginia 23218-2118. On or before July 8, 2014, any interested person desiring to submit comments electronically may do so by following the instructions found on the Commission's website: <http://www.scc.virginia.gov/case>. All correspondence shall refer to Case No. PUE-2014-00032.

Any person may request a hearing on the Application by filing such request for hearing on or before July 8, 2014. If not filed electronically, an original and fifteen (15) copies of the request for hearing must be submitted to the Clerk of the Commission at the address set forth above. Requests for hearing shall refer to Case No. PUE-2014-00032 and shall include: (i) a precise statement why a hearing should be conducted in this matter; and (ii) a precise statement why such issues cannot be addressed adequately in comments. Persons filing a request for hearing shall send a copy of the request to CGV's counsel at the address set forth above.

A copy of any written comments, request for hearing, and notice of participation shall simultaneously be sent to counsel for the Company: Kristian M. Dahl, Esquire, McGuireWoods LLP, One James Center, 901 East Cary Street, Richmond, Virginia 23219-4030.

The Commission's Rules of Practice and Procedure may be viewed at: <http://scc.virginia.gov/case>. A printed copy of the Rules of Practice and Procedure may be obtained from the Clerk of the Commission at the address set forth above.

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21 Announcements

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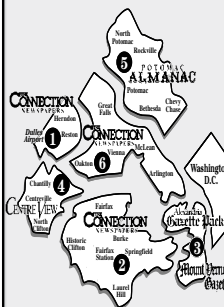
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By KENNETH B. LOURIE

Just as “everyone knows Geico can save you 15 percent in 15 minutes,” that is, if you watch television, listen to radio, access the Internet or even sit on the beach at Ocean City and watch the single-engine planes flying by pulling banners; so too do people know that when your primary care physician tells you that you need to meet with an oncologist to discuss your recent medical results, you should bring along family, friends, advocates, doctors, lawyers, etc. (your presumptive “team”), because, well, you know why: your life may depend on it.

It’s also common, anecdotal knowledge that the patient receiving the diagnosis (in my case, a cancer diagnosis), is likely not hearing as many words as they think they are hearing. Moreover, as much as the patient is listening and concentrating on what the doctor is saying, the shock of the words, especially after the “c” word is uttered, does something to your cognitive functioning. It doesn’t exactly stop, but it’s no longer working as efficiently. Hours later (or even minutes later, outside of the doctor’s office), when you’re reviewing and discussing – and attempting to digest the words/diagnosis/prognosis you just heard, and perhaps even consider the treatment protocols recommended and the likely dramatic change in your life/future (heck, present), it all becomes a blur and your memory is hardly what you remember. It’s not a blank by any means, but neither is it as clear and concise as you expected it to be.

Having other/multiple sets of ears listening to the same advisory from your oncologist as you the patient hears returns some of the clarity that’s missing from your own recollection. Generally speaking, in this environment, there is a need for some dispassionate perspective, and often the patient is way too connected – obviously, to process the information and be the least bit objective. Aside from this need for a team, there is also a need to capture and maybe even synthesize the information presented for future consideration. We didn’t, but I’ve heard stories of patients who had team members with clipboard in hand taking notes and/or using recording devices for replays later. The collection and replay of information helps the patient be certain that what he thinks he heard (or what he’s already forgotten) is either correct and/or not lost in the extremely stressful moment. Having an agreed-to sense of what your new reality is, what your treatment options are going forward, what the likely consequences of those options are, and quite frankly, what the likely outcome is for all of it, is a tremendous amount of information to keep together and in some kind of order when your brain has just been split apart (figuratively speaking) by words you thought you’d never hear: “cancer, terminal, inoperable” said in your direction.

Unfortunately, there’s no real preparation or training for this kind of experience. As strong and as capable as you may think you are, a cancer diagnosis disrupts everything. At the initial meeting with your oncologist, what you hear and what you remember are not always the same. “Team” members can confirm what was said, and there’s lots of comfort in that at a time when, somehow, some way, you need to be comfortable.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com by the Friday prior to the following week's paper.

THURSDAY/MAY 29

Reading Buddies. 4-4:45 p.m. Reston Regional Library, 11925 Bowman Towne Dr, Reston. Reading Buddies encourages children to read in a fun, low-stress environment. Bring your own book or choose a book from the library. Call or sign up online for a 15-minute session. Ages 6-9. 703-689-2700. <http://www.fairfaxcounty.gov/library/branches/rr/>.

ESL Pronunciation & Speaking for Intermediate Students. 1 p.m. Reston Regional Library, 11925 Bowman Towne Dr, Reston. Join Sandy's Thursday class. Adults.

FRIDAY/MAY 30

ESL for Beginners. 10 a.m. Reston Regional Library, 11925 Bowman Towne Dr, Reston. Join Elayne's conversational group. Adults.

Let's Talk: ESL for Intermediate Students. 11 a.m. Reston Regional Library, 11925 Bowman Towne Dr, Reston. Join Richard's conversational group. Adults.

Great Decisions Series. 2 p.m. Reston Regional Library, 11925 Bowman Towne Dr, Reston. A roundtable discussions about the US foreign policy process. May's topic is Energy Independence. Discussion materials will be available two weeks before the event. Adults.

MONDAY/JUNE 2

American Heart Association CPR Anytime Class. 4:30, 5:30 or 6:30 p.m. Reston Hospital Center Medical Plaza, 1800 Town Center Drive, Suite 120, Reston. The classes are free but reservations are required by contacting Melinda Wieland at 703-689-9105 or melinda.wieland@hcahealthcare.com

ONGOING

Fairfax County's Meals on Wheels

urgently needs drivers in the Annandale, Franconia/Kingstowne, Reston, Mount Vernon and McLean areas. 703-324-5406, TTY 711 or www.fairfaxcounty.gov/olderadults.

Knitting Enthusiasts, Musicians Needed. 10:30 a.m.-noon, at Herndon Senior Center. Herndon Senior Center seeks a knitting enthusiast to teach basic procedures. Musicians to play soothing music on weekend mornings also needed. 703-324-5406, TTY 711, www.fairfaxcounty.gov/olderadult or VolunteerSolutions@fairfaxcounty.gov.

Habitat Heroes Project. The fourth Saturday of each month. Join the Habitat Heroes in protecting Reston's forests from aggressive plants and restoring them to their natural state. Wear long sleeves, long pants, and if possible, gardening gloves to protect from insects and dangerous plants. R.A. will provide tools, gloves, snacks, and water. To volunteer and find more information, contact habrock@reston.org or 703-435-7986.

Arabic-speaking Older Adult Social Visits. Fairfax County needs volunteers who speak Arabic to provide social visits to an elderly person in Reston for four hours per month. 703-324-5406, TTY 703-449-1186, VolunteerSolutions@fairfaxcounty.gov or www.fairfaxcounty.gov/dfs/olderadultservices.

Long-Term Care Volunteer Ombudsman Program Needs Volunteers. Ombudsmen advocate for the rights of residents of nursing and assisted living facilities—they also help residents resolve conflict and improve their quality of life. 703-324-5861 TTY 711 or Lisa.Callahan@fairfaxcounty.gov.

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counters, island, newer appl, breakfast area w/bay window. Main lvl Brazilian cherry hwd's
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PHOTO BY RYAN DUNN/THE CONNECTION

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Tim Stanley playing the trumpet with other members of the Unified Jazz Ensemble at the Lake Anne Jazz and Blues Festival last year.



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Reston Ready For Summer Fun

The endless possibilities for summertime entertainment in Reston.

By ANDREA WORKER
THE CONNECTION

After a long, cold and snow shoveling-filled winter and a wet and windy spring, Restonians and their neighbors are ready for some Summer fun! The endless possibilities for summertime entertainment in Reston are even on the international radar. Sven Malikson comes every year from Norway to visit his brother who works for a local IT company. "Of course I come in the summer," said Malikson. "We have our own winter, but here there is so much to do in the summer and such good weather. Sometimes when we visit, I never get far from Reston itself." Foremost on Malikson's summer agenda is attending as many of the Reston Town Center (RTC) Concerts on the Town in the Pavilion as he can. "They are great. High quality performers, the sound in the pavilion is great and I like that the people get up and dance."

There will be plenty of opportunities for locals and visitors alike to boogie a bit to that music. This year's Saturday concert series, starting on June 7 and running through Aug. 30, will feature a number of high-energy acts providing something for just about every musical taste. Things get started with the Beatle's tribute band, Hard Day's Night. Jambulay brings their mix of calypso, r&b, reggae and soca stylings. The award-winning, Virginia-based Jackass Flats offers Bluegrass, and Incendio, with their latin/flamenco fusion "instrumental world music" will no doubt have the crowd just as fired up as their name means and as they did at last year's performance.

There will be one break in the Concert Series this summer, but there will still be plenty of live music, food, fun and activities. The annual Taste of Reston takes over the town center on Friday, June 13 and Saturday June 14. Sponsored by the Greater Reston Chamber of Commerce, this event keeps getting bigger and better each year. Voted the "Best Food Festival in Northern Virginia" by Virginia Living Magazine in 2013 and 2012, the event features three stages of live music, and fitness and cooking demonstrations at the Main Stage at the Pavilion, and stages at the corner of Market and Explorer Streets, and at Library and Market Streets. The band Turtle Recall, comprised of South Lake High School graduates, will make a return appearance at the Main Stage on Saturday, from 3:30 – 6:30.

AS PART OF THE FESTIVAL, the Reston YMCA and the Chamber of Commerce will once again sponsor the Family Fun Zone with activities, interactive games, demos and arts and crafts from noon – 6:30 p.m. on Saturday, June 14. Carnival rides will no doubt attract thrill seekers of all ages.



PHOTO BY ALEX McVEIGH/THE CONNECTION

Crowds line up to try the vendors at the Taste of Reston last year at Reston Town Center. This year the Taste of Reston takes over the town center on Friday, June 13 and Saturday, June 14.



PHOTO CONTRIBUTED

Participants gearing up for the 2013 Firecracker 5k Run for the Troops. The event, sponsored by Potomac River Running, is back once more, kicking off the Fourth of July festivities at Reston Town Center.

And don't forget the food – since that's what the Taste is all about. No doubt last year's First Place winner, Hooked Seafood and Sushi, will be vying to take the crown again among the twenty restaurants preparing to tempt your taste buds and win your vote.

There's lots more going on at RTC this summer. Plans for this year's Independence Day celebration have yet to be officially announced, but we know the day will start with the Firecracker 5K For the Troops, sponsored by Potomac River Running of Reston.

As fabulous as all of the events will be at Reston Town Center, they don't hold a monopoly on all of the Reston fun. There's a lot going on at Lake Anne, as well. The hosts

of the award winning Saturday Farmer's Market and the Arts and Crafts extravaganza have lots more in store for your summer entertainment. Boat rentals have already begun. "Who needs that long drive to the beach with a car load of kids?" asks Marian Lynch of Reston. We start at the markets, then we all enjoy some water time on the lake."

The popular Thursday evenings "Take a Break" live music series, sponsored by the Reston Community Center, is also back this summer at Washington Plaza at Lake Anne, from 7 – 9 p.m. What could be better than dinner on the patio while listening to Bluegrass from the Barrettones, who open the season on June 12. Other acts include the

New Orleans Jazz/Funk band, Dixie Power Trio, a retro Rat Pack evening with the Chaise Lounge, and some traditional Irish music to cap off the season on Aug. 8 with the Dirty Pints band. More live music is on tap on Friday nights in the Plaza, as well. From 7 – 10 p.m. diners and visitors can enjoy the sounds of emerging artists in the summer Fountain Notes series.

And if you sometimes feel a bit nostalgic about those summer nights at the drive in, Lake Anne's Summer Film Festival on the Plaza is here once more to bring back those happy memories. Grab your lawn chair and head on down on the second Sunday of the month through Sept. 14 for some outdoor big screen viewing.

And let's not forget two returning and wildly anticipated events – the 5th Annual Ukulele Festival on July 12 and the 8th Annual Lake Anne Jazz and Blues Festival on Aug. 30.

Getting a bit giddy yet from all these entertainment choices? Well hang on to your sunblock and visors, 'cause there's even more to choose from at other local venues.

Lake Fairfax Park, off of Baron Cameron Road is open daily from dawn to dusk. Already offering 476 acres of outdoor fun with fishing, the Water Mine Swimmin' Hole with tubing, a tot pool, slides, and tunnels, a carousel, boat rentals, picnic areas, trails, skatepark and even camping, the park is going one giant step further in family fun this summer. On July 26 they will host their very first Pirate Fest, from 10 a.m. – 6 p.m. A rain-or-shine event, the Fest celebrates Virginia's seafaring past. There will be

a pirate/nautical costume contest, activities to experience the life of a sailor first hand, an exhibit of 18th & 19th century world trade goods, and – most exciting of all – a pirate Boat Tour with a cannon!

Lake Fairfax also offers several week-long day camps for the young ones, like their Catch Some Fun and Sun camp for 3 – 5 year olds and the Digital Kidz Weebotics camps for ages 4 – 6 where youngsters build

SEE ENDLESS, PAGE 8

Reston
CONNECTION
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Kara Coleman, Alexis Hosticka, Rachel Stone and
Tommy Valtin-Erwin.

FOR MORE INFORMATION,

CALL 703-778-9431 OR EMAIL

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Summer Fun Fairs & Festival 2014

May

THROUGH JUNE 16

Arlington National Cemetery 150th Anniversary Observation. Join the 150th anniversary commemoration of the establishment as a National Cemetery. Features guided tours, lectures, and ceremonies. Ticketed and free. Check www.arlingtoncemetery.mil for details.

WEDNESDAYS THROUGH AUG. 6

Twilight Tattoo: A Military Pageant, Arlington. 7 p.m. Fort Myer, Arlington. Listen to an hour long ceremony by the 3rd US Infantry Regiment, the US Army Drill Team, the Old Guard Fife and Drum Corps, as well as many more. Free. Visit www.usarmyband.com for more.

THURSDAY-SUNDAY/ MAY 29-JUNE 1

34th Annual Herndon Festival. The Town of Herndon's Parks and Recreation Department hosts the annual Herndon Festival. This is a town-wide event and attracts more than 80,000 people from the greater Washington, D.C. Metropolitan area. There is no admission fee to enter the Herndon Festival. Visit www.herndonfestival.net for more.

FRIDAYS/MAY 30-JUNE 27

Vintage Crystal: Wine in the Water Crystal. 6-10 p.m. Across from 1750 Crystal Dr. Visit www.crystalcity.org for more.

FRIDAYS/MAY 30-AUG. 22

Rosslyn Summer Film Festival. 8-10 p.m. Gateway Park. Enjoy work and office-themed movies, including Horrible Bosses and Office Space, Fridays in Rosslyn. Free. Visit www.rosslynva.org for more.

SATURDAY/MAY 31

Arlington, Celebration & Pancake Breakfast. 9 a.m.-4 p.m. The Ball-Sellers House, 5620 S. Third Street. The Ball-Sellers House will be open all day for free tours after the pancake breakfast and then will invite visitors to relax under the wisteria arbor after the parade for colonial treats and lemonade. Visit www.arlingtonhistoricalsociety.org for more.

Spring into Summer. 11 a.m.-2 p.m. Tysons West, 1500 Cornerside Blvd., Tysons Corner. Activities for all ages, plus goodies, sidewalk chalking, hopscootch, and a bouncy house. Bring bikes for donation to Bikes for the World. Free. Rain or shine. 703-476-9377.

Vintage VA Winefest Bus Trip. 10 a.m.-5:30 p.m. Clyde's, Reston Town Center, 11905 Market St., Reston. Hop on the All-Inclusive Vintage VA Winefest Bus, including VIP admission ticket, amenities and souvenirs. \$49.99+. Call 703-251-4800.

SATURDAY/MAY 31-SUNDAY/JUNE 1

Great Tastes of Tysons. 1-6 p.m. Lerner Town Square at Tysons II, 8025 Galleria Drive, at the Tysons Corner Metro Stop (between Tysons Corner Mall and the Galleria). Enjoy a festival of all sorts of food. Visit www.tastetysons.com for more.

Vintage Wine and Food Festival. Bull Run Regional Park, 7700 Bull Run Drive, Centreville. A fun-filled day with food, musical entertainment and more. Visit www.vintagevirginia.com for more.

Clifton, Tournaments for Turf: Moonlight Madness. 6 p.m. Braddock Park, Braddock Road,

Clifton. All night (begins 6 p.m., Sunday, May 31 and wraps up Sunday morning), co-ed adult softball extravaganza includes three-game, 55-minute game guarantee. \$275-\$300. Registration deadline: May 28. Visit www.fairfaxcounty.gov/parks/tournaments-for-turf or call 703-324-8759.

Great Falls Studios Spring Art

Show & Sale. Saturday, 9 a.m.-5 p.m. Sunday, 11 a.m.-8 p.m. 790 Walker Road, Great Falls. Twenty-five Great Falls Studios member artists – painters in oil acrylic, watercolor and mixed media, potters, photographers, jewelers, fiber artists, a weaver and one who works in glass – are participating. Visit www.greatfallsstudios.com/calendar.php for more.

Springfield Days/Party in the Park.

8 a.m.-8:30 p.m., South Run Park, 7550 Reservation Drive, Springfield. Springfield Days is a community wide celebration that includes a 5K run, "Pet Fest," car show and more. Movie in the Park begins at dusk. Visit www.springfielddays.com for more.

June

SUNDAY/JUNE 1

Cardboard Boat Regatta. 10 a.m.-2 p.m., Lake Accotink Park, 7500 Accotink Park Road, Springfield. Witness the cardboard boat creations race along Lake Accotink's shoreline at 2 p.m. \$4 vehicle fee. Call 703-569-0285 or email julie.tahan@fairfaxcounty.gov. Visit www.springfielddays.com for more.

Herndon Festival 5K/10K Races. 7:30 a.m. Herndon Community Center, 814 Ferndale Ave, Herndon. 703-787-7300.

MONDAYS/JUNE 2-AUG. 25

Crystal Screen: In Flight. 1851 S. Bell St. Rain or shine. Movies begin after sunset. Free. Visit www.crystalcity.org for more.

MONDAY/JUNE 2

Reston, Annual Golf Tournament. 7:30 a.m. Hidden Creek Country Club, 1711 Clubhouse Road, Reston. Proceeds to benefit local elementary schools. Register online at www.celebrategreatfalls.org.

WEDNESDAYS/JUNE 4- AUG. 27

Lee District Nights Concert Series. 7:30 p.m. Lee District Park Amphitheater, 6601 Telegraph Road, Franconia. Enjoy a wide variety of acts from The Nighthawks to The U.S. Air Force Band. Visit www.fairfaxcounty.gov/parks/performance/

FRIDAY/JUNE 6

Go West! Alexandria West End Food Truck Rodeo. 11 a.m.-7 p.m. Parking lot of Southern Towers Apartments, 4901 Seminary Road, Alexandria. Visitors can look forward to favorite trucks like the popular Red Hook Lobster truck, sips from local Port City Brewing Co. as well as non-food vendors and children's activities. Free admission. Visit www.AlexandriaWEBA.com for more.

FRIDAYS/JUNE 6-AUG. 22

Herndon Friday Night Live! 6:30 p.m. 777 Lynn Street, Herndon. Listen to great music on Friday nights during the summer. Visit herndonrocks.com/schedule.php for more.

SATURDAY/JUNE 7

Alexandria, Canine Cruise. 11 a.m. Also July 19 and Aug. 9. Alexandria

City Marina, 1 Cameron St., Alexandria. Tour the Alexandria Seaport on this 60-minute waterfront excursion. Dogs must be on 6 ft. flat leash at all times. \$15/adults; \$9/children; dogs ride free. Call 703-684-0580 or visit www.PotomacRiverboatCo.com/canine-cruise.php.

SATURDAY/JUNE 7

Relay for Life. 1 p.m. Herndon Middle School, 901 Locust St., Herndon. Visit www.relayforlife.org for more.

SATURDAY-SUNDAY/ JUNE 7-8

Lake Anne Plaza's Chalk on the Water Festival. 11 a.m.-5 p.m. Lake Anne Plaza Waterfront, 1609 Washington Plaza, Reston. If you ever wanted to paint the bricks without getting in trouble, all ages are welcome to paint Lake Anne Plaza in a Technicolor hue as participants turns the plaza into a chalk art gallery. \$5-\$15. Register at www.chalkonthewater.com for more.

SUNDAY JUNE 8

Lake Anne Summer Film Festival. 8 p.m. (sundown). Recurring monthly on the 2nd Sunday (July 13, Aug. 10 and Sept. 14). Lake Anne Plaza, 1609 Washington Plaza, Reston. For a full list of films shown, visit <http://lakeanneplaza.com/event/lake-anne-summer-film-festival/>

THURSDAYS/JUNE 12-AUG. 28

Take a Break Concert Series. 7-9 p.m. Lake Anne Plaza, 11404 Washington Plaza W, Reston. On Thursdays, take a break with this outdoor concert series. Visit www.restoncommunitycenter.com/take-a-break.shtml for weekly lineup.

FRIDAY-SATURDAY/JUNE 13-14

Taste of Reston. Friday: 3-11 p.m.; Saturday: noon-11 p.m. Reston Town Center, 11900 Market St., Reston. Carnival games and rides with a family fun zone. Visit www.restontaste.com for more.

SATURDAY/JUNE 14

Art in the Courtyard. 11 a.m.-3 p.m. Lorton Station Town Center. Artists from the Workhouse Arts Center, the Torpedo Art Factory and Historic Occoquan will be featuring their works including paintings, jewelry, sculpture, photography, blown glass, pottery, wood work, and digital artwork. Visit www.lortonstationtowncenter.com/calendar-of-events.html for more.

Mount Vernon Nights: Alt Washingtonia (Bavarian). 7-8 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Alt Washingtonia performs traditional Alpine dances from Germany and Austria. Performances include the long alphorns, yodeling and singing, cowbell-ringing, musical saw, button-box accordion, zither, and mountain dulcimer. Visit www.workhousearts.org or call 703-584-2900.

Once Upon a Time...(Costume Ball Fundraiser). 7:30-10 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. The evening includes music, dancing, silent auction, food, and performances by cabaret vocalists.

Costumes with a fairy-tale theme are not required for entry, but there will be door prizes for the most imaginative costumes. Admission is limited, so early reservations are strongly recommended. \$40. Visit www.workhousearts.org or call 703-584-2900.

Become a Pilot Family Day and

The F.E.C. Caporales Universitarios de San Simon provides a lively and energetic performance at the 2013 Celebrate Fairfax Festival.



PHOTOS BY DEB COBB/THE CONNECTION

When & Where

Celebrate Fairfax takes place Friday, June 6 - Sunday, June 8, at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Friday, June 6: 6 p.m.-midnight; Saturday, June 7: 10 a.m.-midnight; and Sunday, June 8: 11 a.m.-7 p.m. Visit <http://celebratefairfax.com/> for details.



Emma and Jack Carey with mom Tara Carey, of Centreville, meet one of the donkeys at the petting zoo at the three-day 2013 Celebrate Fairfax Festival.



Alex Childs, of Springfield, tests his agility in the midway game Wipeout at the three-day 2013 Celebrate Fairfax Festival

Aviation Display. 10 a.m.-3 p.m. National Air & Space Museum, 14390 Air & Space Museum Parkway, Chantilly. See 50 visiting vintage, recreational, military, and homebuilt aircraft, on display outside the Center for one day only. Talk to pilots and find out what skills are needed to fly. Inside the Center, test your piloting skills in flight simulators, talk to aviation experts, and enjoy story time and hands-on activities with the kids. Visit <http://becomeapilot.si.edu> for more.

Father's Day Golf Tournament.

Burke Lake Golf Center, 7315 Ox Road, Fairfax Station. 8 a.m.-12 p.m. Teams of two compete in an 18-hole scramble format in three divisions: Father/Jr. 7-12; Father/Jr. 13-17; Father/Adult partner. Closest to the pin contests. Prizes for 1st, 2nd, 3rd place in all three divisions. Limited to first 48 teams. Registration begins two weeks prior to event. \$65/team. Fee due at time of registration, includes lunch. Call 703-323-1641.

SATURDAY/JUNE 14

The Old Town Arts and Crafts Fair in collaboration with ArtsFEST. 2-8 p.m. Market Square, 301 King St., Alexandria and the Torpedo Factory Art Center, 105 N. Union St. Visitors can browse artisan stalls and purchase handmade pieces while enjoying live entertainment, or watch performances and participate in special activities. Free. Call 703-838-4565 or visit

www.VisitAlexandriaVA.com/ arts2014 for more.

SUNDAY/JUNE 15

Sully Antique Car Show. Sully Historic Site, 3650 Historic Sully Way, Chantilly. Up to 400 cars on show field, restoration displays, tour the historic house, music and food, kid's tent, flea market, cars for sale. \$10 for adults, \$8 for seniors, and \$6 per child. Historic house will be open at no additional cost. Visit www.fairfaxcounty.gov/parks/sully-historic-site.

5th Annual Father's Day Pig Roast. 2 p.m. Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Join us for our 5th annual Father's Day gourmet Cuban Lechug Pig Roast. Call to RSVP 703-830-9463.

SATURDAY/JUNE 21

Clifton Wine Festival. 11 a.m.-6 p.m. Children's Park, 7140 Main St., Clifton. Visit historic Clifton, with wine, food, music and arts and crafts to make it a celebration. Rain or shine. Visit www.cliftonwine.com for more.

3rd Annual Alexandria Food & Wine Festival. Noon-5 p.m. John Carlyle Square, 300 John Carlyle St., Alexandria. At this event enjoy live entertainment, children's activities, food and wine tasting and a food and dessert competition between local restaurants. Free (tickets required for food and wine samples). 703-746-

5592. Visit www.AlexandriaFoodandWine.com

Ballroom Social Dance. 7:30-10:30 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Put on your dancing shoes and come out to the Workhouse for an evening of social ballroom dance. Bring a friend, a date or a group and enjoy a casual, fun night out. Visit www.workhousearts.org for more.

SUNDAY/JUNE 22

Herndon Centennial Golf Course Short Game Challenge. 8 a.m. 909 Ferndale Ave., Herndon. 703-471-5769. Visit www.herndongolf.com for more.

WEDNESDAYS/JUNE 25-AUG. 20

Frying Pan Farm Arts in the Parks.

10-11 a.m. Frying Pan Farm Park Amphitheater, 2739 West Ox Road, Herndon. Entertain children, teach them the importance of protecting our natural resources, introduce them to live entertainment in an informal kid-friendly atmosphere, and forge a connection between kids and parks. Call 703-437-9101.

FRIDAYS/JUNE 27-AUG. 29

Braddock Nights Concert Series. 7:30-8:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield or Royal Lake Park, 5344 Gainsborough Drive, Fairfax. Listen to musical performances in the great

outdoors. Visit www.fairfaxcounty.gov/parks/performance/ for location and schedule.

SATURDAY/JUNE 28

Del Ray Music Festival. Noon-9 p.m. 2701 Commonwealth Ave., Alexandria. This event will feature local food vendors, children's activities and a variety of live music, ranging in genre from reggae to jazz, blues to rock. Free. Visit www.DelRayMusicFestival.com for more.

SATURDAYS/JUNE 28-AUG. 23

Burke Arts in the Parks. 10-11 a.m. Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Visit www.ekoji.org for more.

USA & Alexandria Birthday Celebration. 7:30-10 p.m. at Oronoco Bay Park, 100 Madison St., Alexandria. Enjoy a concert by the Alexandria Symphony Orchestra, birthday cake, food and fireworks. The evening culminates in Tchaikovsky's "1812 Overture." Free. Visit www.alexandriava.gov for more.

E.C. Lawrence Arts in the Parks. 10-11 a.m. E.C. Lawrence Park Amphitheater, 5040 Walney Road, Chantilly. Entertain children, teach them the importance of protecting our natural resources, introduce them to live entertainment in an informal kid-friendly atmosphere, and forge a connection between kids and parks.703-631-0013.

www.ConnectionNewspapers.com

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WWW.CONNECTIONNEWSPAPERS.COM

Celebrate Fairfax

Celebrate Fairfax!, Northern Virginia's largest community-wide celebration, takes place June 6-8 at the Fairfax County Government Center. Presented by Celebrate Fairfax, Inc, the annual festival hosts tens of thousands of visitors during the three-day run.

The 25-acre site is filled with more than 300 exhibitors, food vendors, crafters and interactive activities. Celebrate Fairfax! showcases live concerts on eight stages, ExxonMobil Children's Avenue, a petting zoo, the Fairfax County Karaoke Championship, carnival rides, and great festival foods. Another fun activity for children is the Inova Train Ride.

Nightly fireworks, presented by Leidos, are a highlight of the festival, and one of many great family programs. This year's Bud Light Main Stage features top national headline performers: The All American Rejects, Cheap Trick and The Hunts.

For more information on any of the festival's programs, or to become a part of the festival as a volunteer, sponsor, performing artist, or simply to attend, visit <http://celebratefairfax.com/>, or contact the Celebrate Fairfax, Inc. office at 703-324-3247.

SUNDAY/JUNE 29

2nd Annual Tour de Tysons Bicycle Races. 7:30 a.m.-5:30 p.m. Jones Branch Drive, Tysons Corner. Ten bicycle races, food trucks and vendors. The Tour de Tysons is a fun experience for the whole family — compete or simply enjoy. Visit www.tysonspartnership.com for more.

Summer Concert Series: The United States Navy Band, The Commodores. 6-7 p.m. 14390 Air & Space Museum Parkway, Chantilly. Listen to a free musical performance on the Museum's lawn. Visit <http://airandspace.si.edu/events/detail.cfm?id=10362> for more.

July

FRIDAY/JULY 4

Great Falls Fourth of July Celebration. 9 a.m.-1 p.m. Great Falls Village Centre, 776 Walker Road, Great Falls. Walk/run, parades, festivities, fun and food. Fireworks at Turner Farm Park on Saturday, July 6. Visit www.celebrategreatfalls.org for more.

Lorton's Fourth of July Parade. 11 a.m.-2 p.m. VRE Parking Lot, 8990 Lorton Station Blvd., Lorton. Lorton's fourth annual Independence Day parade.

Mount Vernon's An American Celebration. 8 a.m.-5 p.m. George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. Fireworks in patriotic colors fired over the Potomac River. The event also includes an inspirational naturalization ceremony for 100 new citizens, military reenactments, a special wreath-laying ceremony, free birthday cake for all and a visit from the "first" first couple, "General and Mrs. Washington." Visit www.mountvernon.org for more.

Herndon 4th of July Celebration. 6:30 p.m. Bready Park at the Herndon Community Center, 814 Ferndale Ave., Herndon. A family-fun event featuring games, arts and craft activities, bingo, food face painting, balloon artists, and fireworks. Visit www.herndon-va.gov for more.

Fairfax's Independence Day Celebration. 10 a.m.-10:30 p.m. in the Downtown Fairfax Historic District. Independence day parade, historical tours, games, entertainment and fireworks. Visit www.fairfaxva.gov/about-us/special-events/independence-day-celebration for more.

Vienna 4th of July Festival and Fireworks Show. 11 a.m.-9 p.m. Live musical entertainment, arts and crafts for kids, antique and classic car show and fireworks. Visit www.viennava.gov for more.

SATURDAY/JULY 12

Obon Festival. 5:30 -9 p.m. Highlighting Japanese culture at Ekoji Buddhist Temple, 6500 Lakehaven Lane, Fairfax Station. Visit www.ekoji.org for more.

USA & Alexandria Birthday Celebration. 7:30-10 p.m. at Oronoco Bay Park, 100 Madison St., Alexandria. Enjoy a concert by the Alexandria Symphony Orchestra, birthday cake, food and fireworks. The evening culminates in Tchaikovsky's "1812 Overture." Free. Visit www.alexandriava.gov for more.

SATURDAY/JULY 19

Clifton Film Festival. 4 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Clifton Film Fest is an award winning indoor and outdoor film festival. Original films made by the surrounding community are showcased. Visit

START SUMMER OFF AT WOLF TRAP

As America's National Park for the Performing Arts, Wolf Trap plays a valuable leadership role in both the local and national performing arts communities. A typical season at Wolf Trap includes theatre, and musical performances ranging from country to pop to orchestra. Wolf Trap, 1645 Trap Road in Vienna, is accessible from the Metro and parking is free. Visit www.wolftrap.org for more.

FRIDAY-SUNDAY/JUNE 6-8

Disney's Beauty and the Beast. "Be Our Guest!" Belle and her enchanted entourage prove love conquers all in this family-favorite musical with an Oscar-winning score featuring "Something There" and "If I Can't Love Her." Tickets: \$22-\$80.

WEDNESDAY/JUNE 11

Trey McIntyre Project. 8:30 p.m. In their final DC performance, this inventive and bold contemporary ballet company performs to Queen's glam-rock stylings. Tickets: \$10-\$44.

THURSDAY/JUNE 12

Ringo Starr & His All Starr Band. 8 p.m. Celebrate an era with a band of rock 'n' roll virtuosos from the Beatles, Santana, Toto, and more. Tickets: \$35-\$65.

FRIDAY/JUNE 13

Il Volo. 8 p.m. Pop-opera trio of Italian teen heartthrobs combines soaring voices with playful charm. Tickets: \$30-\$65.

SATURDAY/JUNE 14

Louisiana Swamp Romp. 2 p.m. The Big Easy party is back! Dance to Louisiana's hottest Cajun, zydeco, and brass bands and jump in the second line parade. Tickets: \$30.

WEDNESDAY/JUNE 18

John Butler Trio. 7:30 p.m. There's nothing "Better Than" acoustically driven roots-rock and reggae ballads from heartfelt Australian multi-instrumentalists. Tickets: \$32-\$40.

THURSDAY/JUNE 19

Daryl Hall & John Oates. 8 p.m. Still making your dreams come true with unforgettable soul and rock anthems, these Rock and Roll Hall of Famers are the most successful pop duo of all time. Tickets: \$35-\$60.

FRIDAY/JUNE 20

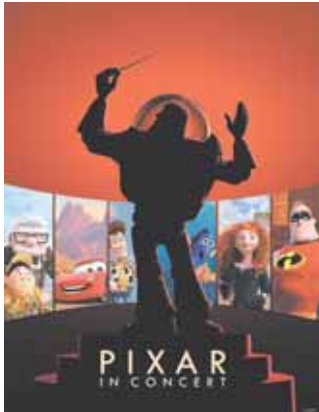
Pixar in Concert. 8:30 p.m. All your favorite animated Pixar films on the big screen including Finding Nemo, Up, Toy Story, and Monsters, Inc., paired with memorable scores played by the National Symphony Orchestra. Tickets: \$30-\$58.

SATURDAY/JUNE 21

Grease Sing-A-Long. 8:30 p.m. Rev up your vocal chords for an ultimate summer night with the Rydell High gang and sing-a-long with the hits you're hopelessly devoted to as the original 1978 film is projected in-house and on the lawn with lyrics on screen. Tickets: \$25-\$38.

WEDNESDAY/JUNE 25

Ben Folds. 8:15 p.m. Front man of Ben Folds Five and judge of NBC's



PHOTOS COURTESY OF WOLF TRAP

Pixar in Concert: Watch all your favorite animated Pixar films on the big screen including Finding Nemo, Up, Toy Story, and Monsters, Inc., paired with memorable scores played by the National Symphony Orchestra June 20.

The Sing-Off showcases his new piano concerto and orchestral arrangements of pop hits with the National Symphony Orchestra. Tickets: \$25-\$60.

FRIDAY/JUNE 27

Handel Giulio Cesare. Check website for exact showtimes (also on Sunday, June 29 and Tuesday, July 1). New production, sung in Italian with English superlites. Inside the Opera preshow talk begins one hour before curtain. Tickets: \$36-\$88.

SATURDAY/JUNE 28

Beethoven's 9th. 8:15 p.m. Triumphant performance of Beethoven's "Ode to Joy" masterpiece and more by preeminent singers and one of the world's leading orchestras in its only 2014 DC-area appearance. Tickets: \$25-\$65.

SUNDAY/JUNE 29

Diana Ross. 8 p.m. Motown's supreme legend has inspired generations of singers with an endless stream of No. 1 hits from "You Can't Hurry Love" to "I'm Coming Out." Tickets: \$35-\$60.

Handel Giulio Cesare. Check website for exact showtimes (also on Tuesday, July 1). New production, sung in Italian with English superlites. Inside the Opera preshow talk begins one hour before curtain. Tickets: \$36-\$88.

TUESDAY/JULY 1

Pilobolus. 8:30 p.m. Wild creativity and daring, athletic modern dance. Tickets: \$10-\$48.

Handel Giulio Cesare. Check website for exact showtime. New production, sung in Italian with English superlites. Inside the Opera preshow talk begins one hour before curtain. Tickets: \$36-\$88.

www.cliftonfilmfest.com/index.html for more.

MONDAY/JULY 28

Herndon Centennial Junior Open. 8 a.m. Herndon Centennial Golf Course, 909 Ferndale Ave., Herndon. Open to kids of all skill levels to come and enjoy the thrill of competition. Visit <http://herndon-va.gov> for more.

August

SUNDAY/AUG. 3

Bolivian Independence Day Children's Festival. 4:30 p.m. GMU, Center for the Arts, 4400 University Drive, Fairfax. A Bolivian Independence Day celebration complete with dance, music and singing. Tickets: \$10-\$15. Visit www.proboliviausa.org for more.

SATURDAY/AUG. 23

Wags 'N Whiskers. 10 a.m.-4 p.m. The Village at Shirlington, 2700 S Quincy Street, Arlington. Wags n' Whiskers is a community-oriented event for animal-loving shoppers of all ages to spend an afternoon at The Village at Shirlington with their pet. The event features 50+ onsite exhibitors ranging from pet services and accessories to onsite adoptions. In addition to the onsite exhibitors, Wags n' Whiskers hosts pet photos (\$5), live music, demonstrations and children's activities such as face painting, balloon art, strolling entertainment and more. Visit villageatshirlington.com for more.

SUNDAY/AUG. 24

27th Annual Pakistan Independence Day Festival USA. Noon at Bull Run Regional Park, 7700 Bull Run Drive, Centreville. The Pakistan Independence Day Festival includes musical performances, rides and games. Visit www.pakistanfestivalusa.com for more.

SATURDAY/AUG. 30

Lake Anne Jazz Festival. 1 p.m. Lake Anne Plaza (Waterfront), 1609 Washington Plaza, Reston. Showcasing a variety of talented local emerging artista and national jazz performers. Beer garden on site. Visit lakeanneplaza.com/event/8th-annual-jazz-blues-festival/30.

September

MONDAY/SEPT. 1

Herndon Labor Day Festival. Noon-6 p.m. at Herndon Town Green, 777 Lynn St., Herndon. Great music, a craft show, food, 12 wineries and micro-brews and culinary demonstrations. Visit www.herndon-va.gov for more.

SATURDAY-SUNDAY/SEPT.6-7 37th Annual Burke Centre Festival. Saturday: 9:30 a.m.-5 p.m. Sunday: 11 a.m.-5 p.m. at Conservancy Festival Grounds, 6060 Burke Centre Parkway, Burke. Enjoy face painting, food, rides, and other amusements at the Burke Centre Festival. Visit www.burkecentreweb.com for more.

SUNDAY/SEPT. 7

Reston Triathlon. 11 a.m.-3 p.m. South Lakes High School, 11400 South Lakes Drive, Reston. Swim, run and bike at the annual Reston Triathlon. Visit www.restontriathlon.org/tri/.

THURSDAY/SEPT 11-THURSDAY/SEPT 18

Fairfax's Fall for the Book Festival. 4400 University Drive, Fairfax. Enjoy literature and hear authors give readings at the Fall for the Book Festival. Visit www.fallforthebook.org for more.

SATURDAY/SEPT. 20

Dulles Day Plane Pull. 10:30 a.m.-4 p.m. at Dulles International Airport, Dulles. The 2014 Dulles Day Family Festival & Plane Pull is a full day of excitement with airplane and auto exhibits, the children's zone and bus pull, varied displays and activities, vendors, food and entertainment. Visit www.planepull.com for more.

Paint Herndon. At ArtSpace Herndon, 750 Center Street, Herndon. An all-day celebration of the arts and the anniversary of the opening of ArtSpace Herndon. Visit www.artspaceherndon.com for more.

Tyson's BBQ, Bourbon and Beer.

Tyson's Townsquare. A great day of beer sippin', bourbon tastin', music listenin' and barbeque eatin'. Visit www.beerandbourbon.com/tysons/show-info for more.

SATURDAY-SUNDAY/SEPT. 20-21

Colonial Market & Fair. 9 a.m.-5 p.m. George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. Fifty colonial-attired artisans demonstrate 18th-century crafts and sell traditional wares such as baskets, woodcarvings, tin and ironwork, leatherworkings, weavings, furniture, and much more. Visit www.mountvernon.org for more.

2nd Annual Arlington Festival of the Arts. 10 a.m.-5 p.m. Highland Street in the Clarendon District, Arlington. More than 100 artists will showcase their work including paintings, jewelry, pottery, glass, and much more. Visit artfestival.com for more.

SUNDAY/SEPT. 21

Herndon Kids Triathlon. 8 a.m. Herndon Community Center, 814 Ferndale Ave., Herndon. This event is designed for youth ages 6-16, regardless of athletic ability or prior triathlon experience. The courses and distances were created to be achievable for all participants. Visit www.herndon-va.gov for more.

SATURDAY/SEPT. 27

Reston Multicultural Festival. 11 a.m.-6 p.m., Lake Anne Plaza, Reston. The Reston Multicultural Festival celebrates all the entertainment, dress, food, and cultural treasures from all over the world that are all here in Reston. Rain or shine. Free. Visit www.restoncommunitycenter.com/MulticulturalFestival.shtml

SUNDAY/SEPT. 28

Walk to End Alzheimer's. 2 p.m. Reston Town Center, 11900 Market Street, Reston. Help raise money and support for treatment for Alzheimer's Disease at the annual Walk to End Alzheimer's. Visit act.alz.org/ for more.

NatureFest. 1-5 p.m. Runnymede Park, 195 Herndon Parkway, Herndon. A family-focused event to explore various stations throughout the park that include hands-on activities, educational events, wildlife visitors and crafts. Visit herndon-va.gov for more.

FARMERS MARKETS

SATURDAYS

Arlington Farmers Market at Courthouse. Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th Street. This is a 'producer only' market with more than 30 producers. From January through March, the market is open on Saturdays 9 a.m.-noon. Visit www.arlingtonfarmersmarket.com for a list of vendors.

Clarendon Farmers Market. Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m.-noon at Courthouse Parking Lot, 3195 North Wilson Blvd, Arlington. Also year round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit www.Clarendon.org. Call 703-812-8881.

Old Town Farmers Market. 7 a.m.-noon Saturdays, year round. Sells meat, dairy, fish, fruits and vegetables. Local farmers and artists have been selling products there since 1753. Market Square, 301 King St., Alexandria. Call 703-746-3200 or contact oldtownfarmersmarket@alexandriava.gov.

Del Ray Farmers Market. 8 a.m.-noon Saturdays, year round. Features fresh vegetables and fruits in season, meats, eggs, fresh pasta and sauces, Amish cheese, yogurt, bakery goods and more. Located at the corner of East Oxford and Mount Vernon avenues, Alexandria. Contact pmiller1806@comcast.net.

Mount Vernon Farmers Market. 9 a.m.-2 p.m. Saturdays, May 31-Oct. 18. Fresh local food, artisan crafts, live music, kids activities, cooking demonstrations and special events. Corner of Cleveland Ave. and Snoqualmie St., Mount Vernon. Visit www.mountvernonfarmersmarket.org.

Burke Farmers Market. 8 a.m.-noon. Saturdays, May 3-Nov. 22. 5671 Roberts Parkway, Burke. www.fairfaxcounty.gov/parks/farmersmarkets/burkemkt.htm

Reston Farmers Market. 8 a.m.-noon. Saturdays, May 3-Nov. 9. Named the best farmers market in Northern Virginia by Virginia Living Magazine. Lake Anne Village Center, 11401 North Shore Drive, Reston.

www.restonfarmersmarket.com.
Oakton Farmers Market. 10 a.m.-2 p.m. Year round. Unity of Fairfax Church, 2854 Hunter Mill Road, Oakton.

www.smartmarkets.org/
Springfield Farmers Market. 10 a.m.-2 p.m. Springfield Mall, 6417 Loisdale Road, Springfield.

www.smartmarkets.org.
Great Falls Farmers Market. 9 a.m.-1 p.m. Year round. Great Falls Village Centre, 778 Walker Road, Great Falls.

www.celebrategreatfalls.org/FarmersMarket.html.
Vienna Farmers Market. 8 a.m.-12 p.m. Faith Baptist Church Parking Lot, 301 Center Street South, Vienna.

www.viennafarmersmarket.com.
Fairfax Farmers Market. 8 a.m.-1 p.m. Saturdays, May 10-Nov. 1. 10500 Page Avenue, Fairfax.

www.fairfaxsaturdaymarket.com.

SUNDAYS

Clarendon Farmers Market. Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays,

The Open Air Market in the Lake Anne Plaza features artisans, global imports and health products



PHOTO BY ANDREA WORKER

8 a.m.-noon at Courthouse Parking Lot, 3195 North Wilson Blvd. Visit www.Clarendon.org. 703-812-8881.
Four Mile Run Farmers & Artisans Market. 9 a.m.-1 p.m. Sundays from April 27-November. Brings fresh nutritious foods to people of all income levels. Located at the entrance to Four Mile Run Park at 4109 Mount Vernon Ave., Alexandria. Visit www.4mrmarket.org/ for more.

West End Farmers Market. 8:30 a.m.-1 p.m. Sundays from May-November. Fresh, locally grown, in-season vegetables. Vendors also sell fresh-squeezed orange juice, fresh-baked pastries and more. Located at Ben Brenman Park, 4800 Brenman Park Drive, Alexandria. Visit www.westendfarmersmarket.org.

Lorton Farmers Market. 9 a.m.-1 p.m. Sundays, May 4-Nov. 2. Featuring fresh produce, a Swiss bakery and potted plants and herbs. VRE Parking Lot, 8990 Lorton Station Boulevard, Lorton. www.fairfaxcounty.gov/parks/farmersmarkets/lortonmkt.htm

McLean Farmers Market. 10 a.m.-2 p.m. Parking lot of the National Automobile Dealers Association 8400 Westpark Drive, McLean. www.smartmarkets.org/

Tyson's Farmers Market. 10 a.m.-2 p.m. NADA Campus, Greensboro & Westpark Drive. www.tysonspartnership.org

Fairfax Farmers Market. 10 a.m.-2 p.m. Sundays, May 11-Oct. 26. 10500 Page Avenue, Fairfax.

www.fairfaxsaturdaymarket.com/
Fair Lakes Farmers Market. 9 a.m.-1 p.m. 4501 Market Commons Drive, Fairfax. www.greentowns.com/initiative/farmers-market/fair-lakes-farmers-market-fairfax-va.

TUESDAYS

The Crystal City FRESHFARM Market is open April-November on Tuesdays, 3-7 p.m. with a selection of foods and goods from local producers, in front of 251 S. 18th St, Arlington. Visit www.crystalcity.org.

WEDNESDAYS

Mount Vernon Farmers Market. 11 a.m.-4 p.m. Wednesdays, June 4-Sept. 24. Fresh local food, artisan crafts, live music, kids activities, cooking demonstrations and special events. 415 E Kincaid St., Mount Vernon. www.mountvernonfarmersmarket.org/

Wakefield Farmers Market. 2-6 p.m. Wednesdays, May 7-Oct. 29. Features an average of 21 vendors including a fish vendor, knife sharpener and soap vendor. Cooking demonstrations and live music some weeks. 8100 Braddock Road, Annandale. www.wakefieldfarmersmarket.com/

Reston Farmers Market. 3-7 p.m. 12001 Sunrise Valley Drive, Reston. www.smartmarkets.org.

Frying Pan Farmers Market. 8 a.m.-12:30 p.m. 2709 West Ox Road, Herndon.

www.farmersmarketfryingpan.nova-antiques.com.
Fair Lakes Farmers Market. 3:30-7 p.m. 4501 Market Commons Drive, Fairfax. www.greentowns.com/initiative/farmers-market/fair-lakes-farmers-market-fairfax-va.

THURSDAYS

Rosslyn Farmers Market and Concert. 11 a.m.-2 p.m., Thursdays, May 29-Sept. 25, across the street from Cupid's Garden Sculpture, 1401 Wilson Blvd., Arlington. The market offers fresh foods and goods from regional vendors including bread and pastries, farm-fresh and organic produce, herbs and spices, exotic teas and specialty coffees. Visit www.rosslynva.org/do/rosslyn-farmers-market1.

Annandale Farmers Market. 8 a.m.-12 p.m. Thursdays, May 2-Nov. 7. Featuring a master gardener plant clinic on site to answer questions about plants and landscaping. Mason District Park, 6621 Columbia Pike, Annandale. 703-941-1730. www.fairfaxcounty.gov/parks/farmersmarkets/annandalemkt.htm

Herndon Farmers Market. 8 a.m.-12:30 p.m. Thursdays, May 1-Nov. 13. Twelve Vendors sell a variety of products including kettle corn and fresh made Italian pasta. Old Town Herndon, 700 Block of Lynn St, Herndon. www.fairfaxcounty.gov/parks/farmersmarkets/herndonmkt.htm

Fairfax's Government Center Farmers Market. 3-7 p.m. Thursdays, May 1-Oct. 30. Ten vendors including a Middle Eastern delicacy bakery and custom organic ice cream shop. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. www.fairfaxcounty.gov/parks/farmersmarkets/governmentcentr-mrkt.htm

Lorton Farmers Market. 3-7 p.m. Thursdays. New Hope Church, 8905 Ox Road, Lorton. www.smartmarkets.org.

FRIDAYS

McLean Farmers Market. 8 a.m.-12 p.m. Fridays, May 2-Nov. 21. Vendors include an orchard and winery company and specialty berry farm. 1659 Chain Bridge Road, McLean. www.fairfaxcounty.gov/parks/farmersmarkets/mcleanmkt.htm
Kingstowne Farmers Market. 4-7 p.m. Fridays, May 2-Oct. 31. Giant Parking Lot, 5955 Kingstowne Towne Center, Alexandria. Vendors products include fresh organic honey, pies and rolls. www.fairfaxcounty.gov/parks/farmersmarkets/kingstownemkt.htm

Summer Fun

Food Arts Entertainment

Come early and stay late for the annual Taste of Reston on Friday, June 13 and Saturday, June 15. Some of the "tasters" from last year's festival took a break from all the tempting culinary fare to do a little dancing at one of the secondary stages featuring live music.



PHOTO CONTRIBUTED

Top Ten

BY RACHEL STONE
THE CONNECTION

Here's your top ten list of events to check out this summer.

34th Annual Herndon Festival. May 29-June 1. Historic Downtown Herndon, 777 Lynn St. Come with friends and family to the largest summer festival in all of Northern Virginia. Enjoy the carnival rides, vendors' booths, hands-on art for kids, and fireworks displays. Then, tie up your laces for the 10K and 5K races in our Fitness Expo. Entry is free. www.herndonfestival.net

Herndon Friday Night Live! Every Friday, June 6-Aug. 22. Herndon Town Green, 777 Lynn Street, Herndon. Sit back and relax to great sounds on Friday nights with this local concert series! Featuring the most popular local and regional acts of the east coast. FNL was named BEST of NoVA 2012 by Northern Virginia Magazine. Concerts are free; food vendors are on site. See herndonrocks.com for schedule.

Relay for Life. June 7. 1 p.m. Herndon Middle School, 901 Locust St, Herndon. Stay up all night for the fight against cancer. This family-friendly event fundraises for the American Cancer Society, and has already raised over \$37,500. Register as an individual, or with a team: relayforlife.org, search Herndon.

Chalk on the Water Festival. June 7- 8. 11 a.m.-5 p.m. Lake Anne Plaza Waterfront, 1609 Washington Plaza, Reston. If you ever wanted to paint the bricks without getting in trouble, all ages are welcome to paint Lake Anne Plaza in a Technicolor hue, as participants turns the plaza into a chalk art gallery. \$5-\$15. Register at www.chalkonthewater.com.

Taste of Reston. June 13-14. 3- 11 p.m. Come hungry to the Reston Town Center for two days of food and drinks, live entertainment, carnival rides, the Family Fun Zone! and a Wine 'n Dine area. In the last two years, Taste of Reston was voted "Best Food Festival in Northern Virginia" by Virginia Living Magazine. You won't want to miss it. Restontaste.com

Events at Lake Anne Plaza. June 8-Sept. 14. From their Summer Film Festival on the second Sundays of the month, to their Take a Break Concert series on Thursdays, Lake Anne is your local getaway for the summer. Those with a taste for the global should also attend the Reston Multicultural Festival



PHOTO BY ALEX McVEIGH/THE CONNECTION
A troupe of Cambodian dancers perform on the World Stage at the Reston Multicultural Festival Saturday, Sept. 28, 2013.

Summer fun events in Reston & Herndon.

on Sept. 27. Free. Lakeanneplaza.com and restoncommunitycenter.com

Summer at Herndon Centennial Golf Course. June 22. 8 a.m. Herndon Centennial Golf Course, 909 Ferndale Ave, Herndon. The course is yours in the Short Game Challenge on June 22 or the Junior Open on July 28. All skill levels are welcome to enjoy the thrill of the competition. Visit www.herndongolf.com for details.

Frying Pan Farm Arts in the Parks. Wednesdays, June 23-August 20. 10- 11 a.m. Frying Pan Farm Park Amphitheater, 2739 West Ox Road, Herndon. Entertain children, teach them the importance of protecting our natural resources, introduce them to live entertainment in an informal kid friendly atmosphere, and forge a connection between kids and parks. 703-437-9101.

Herndon 4th of July Celebration. July 4. 6:30 p.m. Brady Park at the Herndon Community Center, 814 Ferndale Avenue, Herndon. Bring your blankets and lawn chairs to celebrate the nation in this family-fun event. Enjoy games, arts and craft activities, bingo, food face painting, and balloon artists! Fireworks show set to choreographed music begins at dark; approx. 9:30 p.m. https://www.herndon-va.gov/Content/Parks_rec/SpecialEvents/4th_of_July.aspx?cnlid=385

Herndon Labor Day Festival. Sept. 1. 12- 6 p.m. Herndon Town Green, 777 Lynn St, Herndon. At the turn of the season, don't miss this festival's great music, craft show, delicious food, and twelve wineries and micro-brews with culinary demonstrations!

Paint Herndon. Sept. 20. ArtSpace Herndon, 750 Center St, Herndon. A one-stop, all-day celebration of the arts and the anniversary of ArtSpace's opening in Herndon. Revel in the creative works of local artists, followed by a reception and awards ceremony. Applications are being accepted for Art on the Lawn. www.artspaceherndon.com

Herndon Kids Triathlon. Sept 21. 8 a.m. Herndon Community Center, 814 Ferndale Ave, Herndon. Get outside to swim, bike and run in this event, designed for ages 6-16. Calling youth big and small, regardless of athletic ability or prior athletic experience. The courses and distances were created to be achievable for all participants. http://www.herndon-va.gov/Content/Parks_rec/SpecialEvents/KidsTriathlon/default.aspx?cnlid=4929

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One of the many acts returning to this summer's Concerts on the Town at Reston Town Center Pavilion, Saturdays from June 7 through Aug. 30, will be Incendio. The group, describing their sound as "world instrumental music" is heavy on the Spanish guitar and had the crowds last year pulling out all their Latin dance moves. The musical series will feature bluegrass, reggae, jazz, R&B, classic rock, and even a Beatles Tribute band – Hard Day's Night – that will open the season.

Endless Fun in Reston

FROM PAGE 3

basic robots using Legos, record custom sound effects, and engage in other activities that make developing STEM skills (Science Technology, Engineering and Math) a whole lot of fun.

And what about right around the corner from Lake Fairfax? On Hunter Mill Road you'll find the Reston Zoo. OK. Technically the zoo is located in Vienna, but with that name and location, it can still make the list of Reston summer destinations, especially since the Zoo will be having weeklong Junior Zookeepers camps in July. For ages 7 – 12, the "zookeepers-in-training" will work with real animal care staff, keepers and a veterinarian technician, with special behind-the-scenes activities every day.

Not done yet. There's still the myriad of events and activities sponsored by the Reston Association and the Walker Nature Education Center from Stream Sloshing (for a nominal fee, wear your wellies or

waders and clothes suitable to mud!) where you can explore the lifecycle of a frog and check out the other inhabitants of our moving waterways, to more adult entertainment, like Wine Tastings at the Center. There's just too much going on there to list, so you will just have to check out their calendar at www.reston.org.

So, Restonians, neighbors and visitors from around the county and around the globe, are you all ready for a rompin' good time in Reston this summer? Enjoy!

Websites to help you plan your Reston Summer Fun:

www.restontowncenter.com
www.restontaste.com
www.reston.org
www.restonchamber.org
www.lakeanneplaza.com
www.restonzoo.com
www.fairfaxcounty.gov/parks/lakefairfax

PHOTO BY ALEX McVEIGH/THE CONNECTION



Boats pull up to Lake Anne Plaza to watch "Back to the Future," the first film in the Lake Anne summer film series last year.



PHOTO CONTRIBUTED

Checking out the vendors at last year's Ukulele Festival at Lake Anne. July 12 will be the fifth return of this event that just seems to get bigger and better each year.



PHOTO BY ALEX McVEIGH/THE CONNECTION

Visitors to Lake Anne Plaza prepare to watch "Back to the Future" outdoors last year.