

Chantilly CONNECTION

Fair Oaks ♦ Fair Lakes

Passport to Global Music and Dance

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WELLBEING

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Dressed for the cha cha number are (Back row, from left) Monica Brown, Renee Griesse, Alia Artieda; (third row, from left) Jenna Frisby, Emma Konnick, Claire Griesse; (Second row, from left) Jessy Dawson, Mariana Artieda, Sara Avery, Logan Floyd, and (in front) Mikaela Vasconez.

Born to Run Memorial 5K Race

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Born to Run Memorial 5K Race Is June 14

Fundraiser for deceased teacher's two daughters.

BY BONNIE HOBBS
THE CONNECTION

In November 2013, Franklin Middle School teacher Jannine Parisi, 47, was the victim of a tragedy which left her two teenage daughters without parents. But she's not been forgotten by those who knew and loved her.

And now, her former school is holding a 5K race in her honor and to raise money for her children's education. The first annual Born to Run 5K Memorial Race and Fun Run is slated for Saturday, June 14, at the school, 3300 Lees Corner Road in Chantilly.

"Jannine was a huge Bruce Springsteen fan, so we named the race after his song," said Assistant Principal Bryan Holland, organizing the event. "And as a P.E. teacher, physical fitness was important to her, and we wanted to do a community-minded event to honor her."

Parisi taught at Franklin for eight years and, according to Rob Gibbs, a fellow P.E. teacher there, "She was a well-respected member of our Franklin Middle School family. She was a wonderful teacher, role model and friend to students, staff and our school community."

"Jannine's students respected her as a positive influence, given her ability to inspire them and place the concerns of others above her own," continued



Jannine Parisi

Gibbs. "Since November, our school community continues to collectively heal from her loss. We want to make this special event a successful tribute to Jannine and her spirit."

The 5K starts at 8:30 a.m., followed shortly afterward by the 1K fun run.

Online registration is at www.prraces.com. Registration for the 5K is \$35 until June 12,

\$40 on race day; the 1K is \$20 through race day. Potomac River Running is managing the 5K, and runners will be timed via a computer chip in their race bibs.

All proceeds will be donated to an established education fund for Parisi's daughters. One is a Chantilly High senior and the other is in eighth grade, and both will be at the event. Those unable to participate in the event, but wishing to contribute, may do so at the Website.

"Jannine valued education, and what meant the most to her were her daughters," said Holland. "So the best way for us to honor her and give back is to help provide an education for them."

Awards will be given to the fastest overall male and female finishers, the overall male and female staff members from the Chantilly Pyramid and the top male and female finishers in various age categories. Packet pick-up is Friday, June 13, from 3-6 p.m.,

SEE RAISING FUNDS, PAGE 5

An Homage to Jannine Parisi

At Franklin, Jannine Parisi was a hardworking and cherished staff member; to me personally, she was a good friend. She is best known for her beautiful smile and positive attitude that would improve anyone's day. She inspired her students to reach the potential she saw in each of them. She was patient with them; and they, in turn, thought highly of her.

Jannine was also the heart and soul of the P.E. department as the pseudo-mothering figure and mentor to each member. And she loved and treated each member as if they were part of her own family. She was a calming voice, and her humor and laughter made her friends' and colleagues' days better. Her warm personality was contagious.

Always happy to help other teachers, Jannine became a prominent and award-winning member of the GMU Teaching advisory council. Her love and passion for her job always inspired her co-workers and provided those new to the profession with a solid foundation to start from.

However, those who worked closest to Jannine recognized that the most important thing in her life was being a mother. She spent countless hours making sure both her girls had the skills to succeed in life, and she was so proud of the young women they had become.

As a co-worker, she inspired her colleagues to develop positive relationships with one another and with their students. As a person, she inspired us all to live our lives with a smile on our face, regardless of what was going on in our lives. She led a dignified and selfless life and will be forever missed, but never forgotten, by her Franklin family.

— BRYAN HOLLAND,

ASSISTANT PRINCIPAL, FRANKLIN MIDDLE SCHOOL

Show Tunes and Dancing On Tap

Centreville High presents 'Broadway Pops' concert.

BY BONNIE HOBBS
THE CONNECTION

The Centreville High School Choral Department will present its summer concert, "Broadway Pops," this Thursday and Friday, June 5-6, at 7:30 p.m. in the school theater.

Choral Director Lynne Babcock says it'll be a special event because this free concert features "the enormously talented CVHS singers performing music from their Broadway and pop music repertoire."

The school's six choirs will sing and dance to medleys from "Opening Night" (Women's Ensemble), "Joseph and the Amazing Technicolor Dreamcoat" (Men's Ensemble), "Footloose" (Concert Choir), "Mamma Mia" (Bella Voce), and "West Side Story" (Symphonic Choir). The Madrigal Ensemble will perform vocal jazz

arrangements of "Once Upon a Time" from "All American" and Stevie Wonder's "The Real Thing."

Two vocal groups directed by choral students will also perform. Contempo, directed by Sanya Manoj and Meghan Pollard, will be singing "Pompeii;" and The Downbeats, directed by Ajmal Bakhtari, will sing a medley from "Aladdin." Also highlighted will be various senior soloists, including Bahktari and Manoj, plus Laura Eom, Hailey Knapp, Tanya Kumar, Jessie Lamke, Patrick McGinty, Angel Seo, Sarah Beth Seidel and Nadia Smith.

"Broadway Pops is choreographed each year by Tara Penick, a professional choreographer on the faculty of the Richmond Ballet," said Babcock. "She works up and down the East Coast and throughout the Midwest choreographing for schools, theaters and dance companies." She is a gifted teacher and choreographer and does consistently creative work for the CVHS choral program.

The back-up band for the concert will be Lynne Babcock on piano, her husband Scott on drums, Centreville choral alumnus Emily Dohse on synthesizer and GMU music teacher and Grammy Award

Members of Centreville's choir perform their senior song at last year's Broadway Pops concert.

PHOTO COURTESY OF MARY MOLES



nominee Glen McCarthy on bass.

Following the concert will be a reception hosted by the Centreville Choral Boosters for both the audience members and performers.

"This concert caps off a highly successful year for the Centreville Choral Department," said Babcock. "Along with a busy concert schedule, it presented its annual fundraiser, 'Choral Cabaret,' as well as its yearly 'A Cappella Night.'"

In addition, this past fall, the advanced ensemble, Symphonic Choir, sang for its fourth year at The Kennedy Center with the National Symphony Orchestra in "A

Concert against Hate," produced by the National Anti-Defamation League.

"The Symphonic Choir was also were instrumental, along with Centreville's advanced orchestra and band ensembles, in achieving Blue Ribbon status for Centreville High this year at District Assessments," said Babcock. "This is the highest honor that can be awarded to a Virginia school by the Virginia Music Educators' Assn."

"The CVHS Choral Department hopes that lots of people in the community will attend this wonderful, final concert of the year," she continued. "Many of these students are as or more talented than

those singers you see on TV on all the competition shows.

The level of entertainment to which the audience will be treated is equal to that which you would find in a professional theater — and yet, this concert is free. I couldn't be prouder of my wonderful students — they have worked so hard and they are doing beautiful work. It's been a wonderful year."

Following Broadway Pops, the Choral Department will close out the school year with its annual awards banquet and will then perform at Centreville High's graduation ceremony, June 20, at GMU's Patriot Center.

WWW.CONNECTIONNEWSPAPERS.COM

ROUNDUPS

Three Charged with DWI

On Saturday, May 31, Fairfax County police conducted a DWI checkpoint in the 4600 block of West Ox Road, searching for drunk drivers. Some 528 vehicles passed through; three drivers were charged with DWI and seven summonses were issued.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, June 5, from 5 p.m. to dusk, at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. (The inspection may be cancelled in the event of inclement weather). Call 703-814-7000, ext. 5140, to confirm dates and times.

Farmers Market on Thursdays

Each Thursday, from 3-7 p.m., the Fairfax County Government Center hosts a farmers market in its parking lot. The Government Center is at 12000 Government Center Pkwy. in Fair Oaks, and the next markets are slated for June 5 and June 12.

CPMSAC Awards, June 7-8

It's almost time for the Chantilly Pyramid Minority Student Achievement Committee's (CPMSAC) annual awards program. Middle- and high-school students will be honored Saturday, June 7, at 5 p.m., at Chantilly High. Elementary-school students will be feted Sunday, June 8, at 4 p.m., at Brookfield Elementary.

FCPS Superintendent Karen Garza will speak at the June 7 event, and the Mount Olive Baptist Church Junior Buffalo Soldiers will present the colors. Guest speaker will be Kaj N. Gumbs, a 2013 Westfield High grad and current student at Morehouse College.

Learn about Criminal Investigations

The Police Department's Criminal Investigations Section will be featured Wednesday, June 11, at 7:30 p.m., at the Sully District Station's Citizens Advisory Committee's meeting. It's at the station, 4900 Stonecroft Blvd. in Chantilly.

The case detective will share intricate details about how he approached and solved the costly and destructive vandalism of the Ahmadiyya Muslim Community's mosque using Facebook, fingerprints, DNA and other tools. Residents will get an inside look at how the CIS section works and what types of cases it handles and may also ask questions.

Fair Oaks Police Ribbon-Cutting

The Fair Oaks Public Safety Center's expansion — serving the police and firefighters of the Fair Oaks Station — will be celebrated with a ribbon-cutting Saturday, June 14, at 10 a.m. It's at 12300 Lee Jackson Memorial Highway in Chantilly. The THOR canine memorial will also be dedicated then.

Children, Come Touch a Truck

The Sully District Police Station and the Chantilly Regional Library have teamed up to present the second annual Touch A Truck. This free event is set for Saturday, June 14, from 1-4 p.m., outside the library at 4000 Stringfellow Road in Chantilly. And these aren't toy trucks and cars — children can get an up-close look at the real thing.

They'll be able to climb, explore and learn about their favorite vehicles. More than 20 different vehicles will be on hand, including (weather permitting) Fairfax One, the Fairfax County Police Department helicopter. There'll also be live music and child fingerprinting. Parking is available across the street from the library at Chantilly High School.

NEWS

Singing, Dancing and Silent Auction

Remembrance Cabaret for Reema Samaha is June 14.

BY BONNIE HOBBS
THE CONNECTION

Certainly, 2006 Westfield High grad Reema Samaha is known as one of the people who lost their lives in the Virginia Tech tragedy. But she was much more — a daughter, sister, friend and a talented dancer with a dazzling smile.

And each spring, there's a Remembrance Cabaret at Westfield in her honor. This year's event is Saturday, June 14, at 7 p.m. at Westfield High, 4700 Stonecroft Blvd. in Chantilly. Doors open at 6 p.m. for a silent auction and bake sale that continue during intermission.

It's an evening filled with singing, dancing, comedy and fun, but it has a serious purpose, too. The event is free, but donations are welcome.

Attendees may contribute to The Reema J. Samaha Memorial Scholarships — awarded to students at both Westfield and Herndon high schools — and/or to Angel Fund www.angelfundva.org. It's a nonprofit founded by the



Reema Samaha

Samaha family to create safer schools and communities by focusing on mental-health issues, privacy laws and information sharing. Those unable to attend the cabaret may still donate at <https://www.angelfundva.org/donate/>.

"Reema loved life, laughter, theater and creative arts," said her mother, Mona Samaha. "She appreciated diversity and she empowered herself with cultural understanding. The Remembrance Cabaret is a festive occasion that unites the community to remember and to honor Reema as we appreciate and promote music, dance, theater and creative arts in all their varieties."

Some of the many acts performing include the Gin Dance Company; Ritmo DMV Latin Dance Group; Boyle School of Irish Dance; Lauren De Vera; Ahmad Maaty; Laura Lamp; singers Carolyn Agan, Martina Green and Jade Jones; Westfield's improv team and students from Herndon High's musical, "Seussical."

Westfield grad Jones is bringing cast members from "Hair," which performed in Washington, D.C.'s Keegan Theater. Also entertaining will be Westfield grads Josh Braunstein, slam poetry, and Jon Lawlor, singer/guitarist. Cabaret Director Ashley Dillard, a friend and classmate of Reema's at Westfield, organized the performers. Westfield grads Sean Youngberg and Barry Armbruster will emcee.

"Reema loved to perform," said Angel Fund President Lu Ann McNabb, a longtime friend of the Samahas. "She embraced everyone and welcomed all into her circle. Her eyes always sparkled on stage and she had the most incredible smile. We host our cabaret every year because we want to remember



BONNIE HOBBS/THE CONNECTION

Dan Hrebenak sings and plays "An Original Song" at the 2013 Remembrance Cabaret for Reema Samaha.

Reema's beauty and because we want to share her love of the arts with our community."

"The arts bring people together: the performers who travel great distances to dance, sing, play music and act, the artists who contribute their paintings, prints and photographs to our silent auction, and the local businesses and community members who donate goods and services."

Although the cabaret demands lots of preparation and organization, Samaha enjoys and looks forward to it "just the way Reema used to get excited for her dance and theater shows, despite the tiring rehearsals. This is an event close to the heart because it's the product of the pure love and dedication of all those involved. We're grateful to our community that continues to reach out to us and show us their love and support."

At each cabaret, VT's Contemporary Dance Ensemble performs "Andaloosia," which Reema choreographed when she was there. And, said McNabb, "Every time I watch it, I see her on stage and I cry. I'm moved by the young people who dedicate their songs, art and dance to her. I also laugh at Reema's brother and sister, Omar and Randa, who push the boundaries with their comedic sketches. And I'm touched by the artists and community members who are so generous with their time and talent."

Silent auction items include art, a signed Washington Redskins football, signed Tampa Bay Buccaneers jersey, Washington Nationals tickets to Orioles and Phillies games, golf for four at Chantilly National Golf and Country Club, gift certificates from local restaurants and businesses, plus a variety of gift baskets and jewelry. Also up for bid will be a \$400 gift certificate from Broadway.com, courtesy of Westfield grad Megan Meadows, a car-detailing from Ourisman

SEE SINGING, PAGE 5

CHANTILLY CONNECTION ♦ JUNE 5-11, 2014 ♦ 3

Passport to Global Music and Dance

Encore presents “The World at Your Feet.”

BY BONNIE HOBBS
THE CONNECTION

A Broadway-style, musical adventure is on tap in Encore Theatrical Arts Project’s new show, “The World at Your Feet.”

It’ll be presented Saturday, June 14, at 8 p.m., and Sunday, June 15, at 3 and 6 p.m., at NOVA’s Ernst Community Cultural Center, 8333 Little River Turnpike in Annandale. Tickets are \$22, adults; \$18, students and senior citizens, at www.encore-tap.org.

The cast of 56 singers and dancers comes from at least a dozen different schools, and Director/Choreographer Raynor van der Merwe says they’ve been “a joy to work with. The actors are terrific, the story’s coming together great and the dancers are doing wonderfully. It’s a family-friendly show for audiences of all ages.”

The story’s about a New York girl who doesn’t want to try new things, unlike her adventurous friends. But that all changes when she meets a woman with a bag full of magic hats that can take her anywhere.

“It’s a really engaging and fun show,” said van der Merwe. “You know what to expect, but that’s part of the enjoyment. And the audience will enjoy the variety of music and different genres of dance in each country the girl visits.”

Liberty Middle eighth-grader Margot Vanyan plays the lead role, Katie. “She’s shy and uptight and doesn’t like to try new things,” said Vanyan. “But she gradually becomes more open and gets excited about them. And each time she goes to a different country, she’s interested in learning more about it – its food, culture, etc.”

Vanyan likes her part because “I get to sing and my character is funny. And I’ve learned about the countries, too, while playing Katie. My favorite song is ‘Together Again for the First Time.’ I sing and dance in it with a few other people, and it’s a really hilarious number.”

In her third year with Encore, Vanyan’s danced since age 4. “It’s convenient exercise and is so much fun to do outside of school,” she said. “We’re going to put on an amazing show; the dancing’s great and the singing is absolutely phenomenal.”

Clifton’s Emily Dillard, a freshman at Fairfax High, plays Lily, Katie’s best friend. “She likes to try new things and she appears in different countries as different people,” said Dillard. “So I also play an African village leader, a French artist and a tour guide in China. Lily’s very dramatic and has an outgoing personality, and it’s fun playing a variety of parts within the same show.”

With Encore six years, Dillard finds



PHOTOS COURTESY OF RAYNOR VAN DER MERWE

A visit to China: Back row, from left, are Logan Floyd, Emma Konnick, Mikaela Vasconez, Sara Avery, Alia Artieda; (middle row) Renee Griesse, Claire Griesse, Jenna Frisby; (front row) Jessy Dawson and Mariana Artieda.



Rehearsing are (from left) Aubrey Cervarich, Margot Vanyan and Emily Dillard.

dancing relaxing. “Once you know what you’re doing, it’s very calming,” she said. “Whenever I can’t focus at school, I tap under my desk and it helps me.” She’s also learned that, “When you get corrected, instead of feeling down on yourself, you should come back with more energy and sharpness. And sometimes rehearsing is almost more fun than the performance because you get to experiment and try new things.”

In the upcoming show, Dillard says the audience will “definitely enjoy the dancing, especially the can-can number. That’s some of the most impressive dancing I’ve ever seen, especially for high-school students.”

Westfield High senior Caroline Bond has been with Encore three years and has danced since age 7. “It helps me get out my energy and I really like performing,” she said.

“At Encore, I’ve learned how to communicate and be patient, and I’ve also learned time management — even outside the studio,” continued Bond. “I’m here over 14 hours a week, minimum, so I’ve had to manage dancing with school and my volunteer work.”

In this show, she’s in quite a few numbers, but “Chop Suey” is her favorite. “It’s a tap routine to a catchy song, and we wear Chinese-takeout boxes,” she said. Overall, said Bond, “There’s a cool

storyline that will entertain the audience and probably make them want to try new things like traveling and tasting different foods.”

Renee Griesse, a Chantilly High junior, joined Encore in third grade and has danced with its performing company since sixth grade. “If I’ve had a bad day, I can forget about it and escape for awhile through dancing; it’s very relaxing,” she said. “In this show, I play a French waitress, but I’m mainly a dancer and singer.”

She particularly likes the opening number, “Another Cha Cha,” because “It’s really energetic, upbeat, Latin music with 45 people onstage. When I’m done, I’m out of breath, but it’s fun. Since the show’s about a girl who travels around the world, we do many different styles of dance. For example, we do traditional, African dancing and, in China, we do a fan dance.”

Griesse’s favorite costume is the one worn in the can-can number — huge, purple skirts “with lots of different colors of ruffles underneath that you see when we flip them up.” At Encore, she said, “I’ve learned that dancing isn’t just about doing the steps. In order to entertain an audience and convey a story, you have to be able to perform. I hope lots of people come see us — it’ll be a really good show.”

SCHOOL NOTES

Email announcements to chantilly@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Courtney Hulbert, of Chantilly, majoring in biology, and **Lauren Jancuska**, of Fairfax, majoring in international relations, earned dean’s list honors for the Fall 2013 semester at Saint Joseph’s University.

James Caron, of Chantilly, was part of a team of 11 James Madison University Army ROTC Duke Battalion cadets that competed in the 2014 Sandhurst Military Skills Competition at the U.S. Military Academy at West Point. The Ranger Challenge Team finished 24th of out 57 teams from across the world, and they were the first JMU team to qualify to compete in the prestigious event. Caron, a senior economics major, was an integral part of the team’s efforts. The competition tested cadet’s weapon skills, Army tactics, and physical fitness.

Riya Jones, 9, of Fairfax, received first prize in the February 2014 Cricket League writing competition. For this contest, each entrant was asked to submit an original story about an amazing moment in history. Riya’s story, “Life, Liberty, and the Pursuit of Mice,” appears on the Cricket League pages of the May/June 2014 issue and is posted at cricketmagkids.com/contests.

Jessica Sun of Chantilly High School was awarded second place and a \$7,500 scholarship in the 3rd annual STEM (Science, Technology, Engineering, and Math) Essay Contest for high school junior and senior girls.

Brett Peters, of Fairfax, earned a Bachelor of Science Business Administration in Marketing from Coastal Carolina University.

NEWS

Singing, Dancing and Silent Auction

FROM PAGE 3

Toyota and a teeth bleaching from local dentist Bruce Hutchison.

In addition, Angel Fund is raffling off two tickets to the Nov. 28 football game when Virginia Tech plays against UVA at home. Included in the raffle is one night at Rockwood Manor (<http://rockwood-mano.com>). Raffle tickets are \$10 each at the cabaret, or order them online at <https://www.angelfundva.org/raffle>.

"We're grateful to 1986 Virginia Tech alum Bruce Wilson and his company, Wilson's Asphalt Maintenance, for so generously offering this football-weekend package," said McNabb. "The drawing will be held and the winner notified on Oct. 28."

Anyone who'd like to help with the silent auction should contact Nancy Hutchison at nhutch@cox.net or Lucy Richter at relest8lucy@aol.com. Snacks and beverages will also be offered. To donate water, soda, baked goods or other snacks, or volunteer, contact

Mary Swearingen at mswearingen2@verizon.net. Cabaret T-shirts will also be sold; see www.angelfundva.org. To see a video of some of last year's cabaret performances created by McNabb's son Chris, go to <https://www.youtube.com/watch?v=sUhDwXW1-k&feature=youtu.be>.

"We love the excitement of the audience who appreciates the elegance and professionalism of our performers and who lingers over the silent-auction items," said Lu Ann McNabb. "And Ashley Dillard does a tremendous job organizing our performers and managing the production. I'm so grateful for her vision and enthusiasm in presenting a professional production for all to enjoy."

McNabb said the "incredible generosity of those who attend" enables Reema's parents to give schol-



BONNIE HOBBS/THE CONNECTION

Rachel Harrington sings "Climb Every Mountain" last year.

arships and allows Angel Fund to implement its program, Actively Caring 4 People, in Fairfax County Public Schools and advocate for laws impacting mental health and campus safety. Said McNabb: "Together, the artists, performers and community give back to make a difference in the lives of so many — just as Reema would have done."

Raising Funds through 5K Race

FROM PAGE 2

and Saturday, June 14, from 7-8 a.m., before the event.

Runners will traverse a flat course through the Chantilly Highlands neighborhood, and the race will both start and end at Franklin Middle. The fun includes a raffle for gift certificates from local merchants, and the school PTA and community businesses are providing refreshments afterward for the participants.

"The event will focus on a sense of community and the celebration of life," said Gibbs. "We are very



In happier times: Jannine Parisi having fun at school.

excited to be honoring our friend in such a fashion." Anyone who'd like to donate an item to the raffle or volunteer to help on race day should contact Assistant Principal Bryan Holland at bholland@fcps.edu.

"So far, about 250 people have registered to run, so we're hoping for a good turnout, he said. "As people found out about the race, they've contacted me to ask what they could do, and it's reassured me how truly caring and compassionate the Chantilly community really is."

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PHOTO GALLERY!

"Me and My Dad"

To honor dad on Father's Day, send us your favorite snapshots of you with your dad and The Connection will publish them in our Father's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail photos, send to:

chantilly@connectionnewspapers.com

Public Hearing Notice Fairfax County Secondary Six Year Plan

The Virginia Department of Transportation (VDOT) and The Board of Supervisors of Fairfax County, in accordance with § 33.1-70.01 of the Code of Virginia, will conduct a joint public hearing in the Board Auditorium, Fairfax County Government Center, 12000 Government Center Parkway, Fairfax, VA 22035 at 4:00 PM on June 17, 2014.

The purpose of this public hearing is to receive public comment on the Secondary Six Year Improvement Plan for Fiscal Years 2015 through 2020. Copies of the proposed plan may be reviewed at the VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030.

Persons requiring special assistance to attend and participate in this hearing should contact the Virginia Department of Transportation at 800-367-7623. Persons wishing to speak at this public hearing should contact the Office of the Clerk to the County Board of Supervisors at 703-324-3151.

LETTERS

Road Project At Any Cost?

To the Editor:

This is an open letter to all elected officials who represent the residents of western Fairfax County.

Once again I feel compelled to write you to express outrage over the handling of the project to replace the four-way stop configuration with a roundabout at the intersection of Braddock and Pleasant Valley roads.

As you may recall, the various responsible boards approved this project with a projected budget of approximately \$4.1 million, despite the objections from the residents of western Fairfax. VDOT then released a request for proposal (based on a design/build plan) for construction of the roundabout with bids returned ranging from \$4.1 million to over \$6 million. On May 19, VDOT released a letter of intent to award to the lowest bidder. VDOT published the letter along with a revised project estimate — \$5.8 million — on its website. This new project estimate represents a 41.4 percent increase over the latest published budget estimate (\$4.1 million) and ridiculously higher than the \$2.5 million estimate that was presented more than a year ago. And by the way, “the first shovel of dirt has not been turned.”

So, if VDOT released a letter of intent to award, presumably VDOT has the intention of finding the funds to close the deficit.

I want to know — where are the funds coming from, what is the approval process and who will need to approve the additional funds?

Once again I see a lack of transparency in the process with something going on in the background and outside of the public view with the intention to make this project happen at any cost.

I am pleading for any elected official to step up and stop this project immediately and call for an investigation as to why the project costs are spiraling out over control before it has even begun.

Ted Troscianeki/Centreville

Project Cost Raises Questions

To the Editor:

As a resident of the Pleasant Valley neighborhood, I, along with others in our community, would like to know where the [roundabout project] money will come from.

The single roundabout originally meant a shorter construction time and a \$1 million savings over the traffic signal when the estimate was at \$4 million, but if by the projected year of 2020 the roundabout is operating a volume-to-capacity of 0.96, and we are now spending as much as had been estimated for a traffic signal, then we are just wasting taxpayers money since we will be forced to revisit the project and pour another who-knows-how-many-millions into the correct solution.

I would like to hear from our Board of Supervisors their thoughts on how they will pay for this and why the roundabout now costs as much as the traffic signal.

Cynthia Shang/Chantilly

Remembrance Cabaret Beckons

To the Editor:

Once again, Angel Fund will be hosting our annual Remembrance Cabaret for Reema, held in memory of Reema Samaha, one of the 32 killed at Virginia Tech on April 16, 2007. On this night, we celebrate the arts, as young people gather from all over the country to dance, sing, play music and perform skits. This year, we welcome back the Gin Dance Company, Ritmo DMV Latin Dance Group, Ahmad Maaty and Laura Lamp. Westfield high school graduates who perform professionally are also returning: Lauren De Vera, Martina Green and Jade Jones. Jade will be performing a number with a cast mate from her recent role as Leata in the Keegan Theater’s production of “Hair.” We also are thrilled that the Boyle School of Irish Dance is joining us this year and Cappie nominated Drew Lytle from Herndon High School performing “Alone in The Universe” from Seussical. To see some of last year’s performances, please visit our promo video, <https://www.youtube.com/watch?v=sUhDwXW1-7k>

Artists have donated beautiful paintings, drawings and photographs, some of which reflect Reema’s love of ballet while others capture the beauty of nature. The silent auction gives community members the opportunity to give, ranging from gift certificates from local businesses and restaurants to baskets of food, jewelry and wine. We have been promised a football signed by members of the Redskins, courtesy of Westfield’s Evan Royster, eight Nationals tickets for the Phillies and Orioles games in the Diamond Club section donated by Norton Rose Fulbright, a round of golf for four at Chantilly Country Club and \$400 gift certificate from Broadway.com. We will also have a week in the Outer Banks given by Alan Krishnan, Euro-Pro appliances courtesy of Greg Richter, a car detailing from Ourisman Toyota and a teeth bleaching from Bruce Hutchison, DDS.

The event will be held this year on Saturday, June 14 at Westfield High School, 4700 Stonecroft Boulevard in Chantilly. The event is free but donations are welcome. All donations will support Angel Fund and the Reema J. Samaha Memorial Scholarships given to seniors at Westfield and Herndon High Schools. Angel Fund focuses on the mental health issues that have impacted our community: suicide, depression, drug and/or alcohol addiction through advocacy, education and programs, www.angelfundva.org.

Doors will open at 6 p.m. for the Bake Sale and Silent Auction and the performance will begin at 7 p.m. We hope all will join us.

Lu Ann Maciulla McNabb

President, Board of Directors, Angel Fund

Setting Record Straight

To the Editor:

Let me start off by saying that this “letter to the editor” is not a complaint, and was written merely to serve notice of an oversight that, after pondering it over for a few days, I couldn’t just let slip by.

First off, I want to make sure that this in no way takes away from the accomplishments of the 2014 Centreville Wildcats Boys’ Soccer team, and in fact I couldn’t be happier for Coach Lee, their outstanding players, and the success they have brought back to the program. I hope this is the

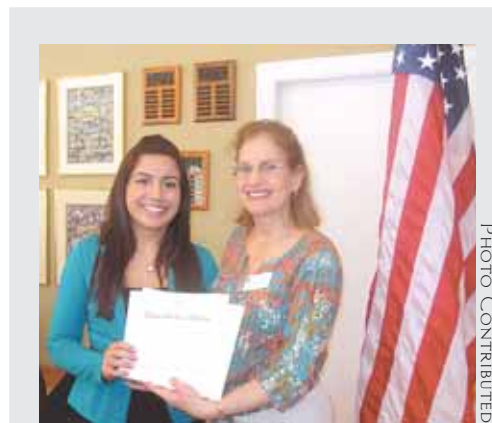


PHOTO CONTRIBUTED

Essay Honored

In May, the Lane’s Mill Chapter, Daughters of the American Revolution (DAR), presented Ashley Lawrence, a senior at Mountain View, with the DAR Good Citizen pin and certificate recognition for her DAR Good Citizen essay. Lawrence had a 3.37 GPA and also attended NOVA while finishing her senior year at Mountain View. With her is chapter member Pauline Herpy.

start of a long run of successful campaigns and that a conference banner is in their near future.

The reason for reaching out to you is the first paragraph of the sports article in the May 22-28, 2014 edition of the Centre View titled “Centreville Boys’ Soccer Earns Top Seed in Conference 5.” In that paragraph you make mention that their Conference 5 regular season title and their top seeding in the tournament is a first in over two decades. Unfortunately this statement isn’t true and, in making it, let the accomplishments of another amazing group of boys’ soccer athletes at Centreville High school go unrecognized. I write this because many of the players on the 2002 Centreville High School team still live in the area, and I’m sure quite a few of them along with their parents read the Centre View and would love to have their season remembered.

To the best of my knowledge the 2002 Centreville Boys’ soccer team is still the best to ever step on the field there (too bad we didn’t have that amazing turf back then).

Led by Washington Post All-Met Players Kyle Hansen (midfield) and Adam Jelinek (goal keeper), the Wildcats actually ran the table in the Concorde District that year going 6-0 and captured the regular season Concorde District Title for the first time in school history. They ended up with the top seed in the district tournament eventually losing to Chantilly in PKs, and then falling in overtime to Yorktown in the regional quarterfinal on a PK in sudden death overtime. In addition to Hansen and Jelinek, 1st team all-district players Jimmy Stevens (forward) and Matt Holland (defender) and 2nd team all-district players, Phil Noakes, Sam Hamzehpoor, and Carlos Hernandez, helped the team to a 12-5-1 overall record and at one point a #3 ranking in the Washington Post and a final ranking of #4 in the June 14 paper. There may be an article or two about the team in the 2002 Centre View papers and there were some in the Fairfax Journal for sure.

Anyway, I appreciate you taking the time to read this letter, and again I want to reiterate its purpose is to recognize an incredible group of boys that still take pride in having the best season in their school history.

Matt Kiefaber

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ENTERTAINMENT

Email announcements to chantilly@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

The **Airbus IMAX Theater at National Air and Space Museum Udvar-Hazy Center**, 14390 Air & Space Museum Parkway, is showing movies including "D-Day: Normandy 1944", "Hubble," "Fighter Pilot," "Hidden Universe" and "The Dream is Alive." Visit <http://airandspace.si.edu/udvarhazy> or call 703-572-4118 for the movie schedule or to schedule an IMAX On Demand show for groups of 50 or more.

Sully Historic Site. 3650 Historic Sully Way, Chantilly. Enjoy guided tours of the 1794 home of Northern Virginia's first Congressman, Richard Bland Lee. \$7/adult; \$6/student; \$5/senior and child. Hours are 11 a.m.-4 p.m. 703-437-1794.

D-Day: Normandy 1944. Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. A movie about D-Day and those who gave their lives. Free. For info and showtimes, visit <http://www.si.edu/Imax/Movie/133>.

THURSDAY/JUNE 5

Ready for Potty Training

Storytime. 10:30 and 11:30 a.m. Chantilly Regional Library, 4000 Stringfellow Road. Stories and games to help motivate children who are ready to ditch the diapers, age 18 months to 3 years with caregivers. Call 703-502-3883.

"Flights of Fancy" Stories for

Children. 11 a.m. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. A reading from "Astronaut Handbook," presented by Megan McCarthy. Free. Visit <http://airandspace.si.edu/visit/udvar-hazy-center/things-to-do/story-times.cfm> for more.

FRIDAY/JUNE 6

Bouncin' Babies. 3 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for babies up to 11 months with adult. Call 703-502-3883.

Small Wonders. 4 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for children 12-23 months with adult. Call 703-502-3883.

SUNDAY/JUNE 7

20th Annual Manassas Heritage Railway Festival. 10 a.m.-4 p.m. Historic Downtown Manassas. This year's event will feature elaborate railroad displays, kid's rides, and local and professional entertainment. This event kicks off a summer season of exciting festivals and activities in Historic Downtown Manassas. Visit www.visitmanassas.org for more.

Kaleidoscope Adaptive Storytime. 10:30 a.m. Chantilly Regional Library, 4000 Stringfellow Road. Stories, songs and movement in a welcoming atmosphere for children of all ages on the autism spectrum and with other developmental challenges. Call 703-502-3883.

Plant Clinic. 10:30 a.m. Chantilly Regional Library, 4000 Stringfellow Road. Master gardeners with provide horticultural tips, information, techniques and advice to home gardeners. Call 703-502-3883.

Book Signings of Aviation and Space Related Books. 12-5 p.m. Boeing Aviation Hangar Udvar-Hazy Center in Chantilly. Author Col. Wolfgang Samuel signing "German Boy." Admission is free, parking is \$15. Visit <http://airandspace.si.edu/events/book-signings> for more.

Book Signings of Aviation and Space Related Books. 1-5 p.m. Udvar-Hazy Center in Chantilly. Author John Ross signing *Enduring Courage*. Admission is free, parking is \$15. Visit <http://airandspace.si.edu/events/book-signings> for more.

SUNDAY/JUNE 8

Book Signings of Aviation and Space Related Books. 12-5 p.m. Udvar-Hazy Center in Chantilly. Author Col. Wolfgang Samuel signing "German Boy." Admission is free, parking is \$15. Visit <http://airandspace.si.edu/events/book-signings> for more.

Model Train Display. 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Northern Virginia NTRAK members will have a display of N gauge trains running. Museum members and children under 5, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Visit www.fairfax-station.org or call 703-425-9225.

United States Air Force Band Concert. 6-7:15 p.m. Steven F. Udvar-Hazy Center, National Air and Space Museum, 14390 Air and Space Museum Parkway, Chantilly. Free public concert, D-Day 70th Anniversary Big Band Salute, by the United States Air Force Band-Airmen of Note. Visit www.usafband.af.mil or call 202-767-5658.

MONDAY/JUNE 9

Frying Pan Farm at the Library. 2 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Meet and learn about a small farm animal, hear a story and take home a craft. For students in grades 2-6. Call 703-502-3883.

TUESDAY/JUNE 10

"Flights of Fancy" — Stories for Children. 11 a.m. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. A reading from "Sally's Great Balloon Adventure," presented by Stephen Huneck. Free. Visit <http://airandspace.si.edu/visit/udvar-hazy-center/things-to-do/story-times.cfm> for more.

Storytime. 1:30 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Early literacy program with stories and activities for children age 3-5 with adult. Call 703-502-3883.

Magic and Mayhem. 4 p.m. Chantilly Regional Library, 4000 Stringfellow Road. A sci-fi and fantasy book discussion group for grades 6-8. Call 703-502-3883.

Yoga Storytime. 7 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Storytime incorporating basic yoga moves, be prepared to move. For ages 6-9. Call 703-502-3883.

WEDNESDAY/JUNE 11

"Flights of Fancy" — Stories for Children. 11 a.m. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. A reading from "Astronaut Handbook," presented by Megan McCarthy. Free. Visit <http://airandspace.si.edu/visit/udvar-hazy-center/things-to-do/>

story-times.cfm for more.

Bouncin' Babies. 3 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for babies up to 11 months with adult. Call 703-502-3883.

Small Wonders. 4 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for children 12-23 months with adult. Call 703-502-3883.

Jubil-Aires Guest Night. 7:15 p.m. Lord of Lutheran Church, 13421 Twin Lakes Drive, Clifton. A Capella practice, and guests are welcome. Free. Visit <http://www.fairfaxjubilaires.org> for more.

Book Discussion Group. 7:30 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Book group for adults. Call 703-502-3883.

THURSDAY/JUNE 12


"Flights of Fancy" — Stories for Children. 11 a.m. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. A reading from "Astronaut Handbook," presented by Megan McCarthy. Free. Visit <http://airandspace.si.edu/visit/udvar-hazy-center/things-to-do/story-times.cfm>.

Ask an Expert. 12:30-1 p.m. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. A talk about "The Navy's Pointless Aircraft Program," presented by Roger Connor. Meet at the nose of the SR-71 in the Boeing Aviation Hangar. Free. Visit <http://airandspace.si.edu/events/ask-an-expert/#hazy> for more.

SATURDAY/JUNE 14


SEE CALENDAR, PAGE 12

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SPORTS



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

The Chantilly baseball team bounced back from its loss to Oakton in the Conference 5 championship game to beat Washington-Lee and Annandale in the 6A North region tournament.



Chantilly's Matt Hogle pitches against Oakton in the Conference 5 championship game on May 26.

Chantilly Baseball Responds In Regional Tournament

The Chantilly baseball team lost to Oakton for the second straight season in the Conference 5/Concorde District tournament championship game, but that didn't stop the Chargers from regrouping at regionals. Chantilly beat Washington-Lee 10-0 in the opening round the 6A North region tournament on May 30, and defeated Annandale 4-0 on June 2. The Chargers advanced to the semifinals, where they faced West Springfield on Wednesday, after The Connection's deadline. A win against the Spartans would

put Chantilly in the region final on Friday, June 6 against either Madison or McLean.

Centreville Girls' Soccer Secures State Berth

The Centreville girls' soccer team defeated Osbourn Park 2-1 on Tuesday, earning a trip to the 6A North region final and securing a berth in the state tournament.

The Wildcats will travel to face Battlefield in the region final at 6 p.m. on Thursday, June 5.

Centreville entered the tournament as the No. 4 seed from Conference 5.

The Wildcats beat Conference 6 champion Washington-Lee 4-2 on May 28, defeated Woodson 1-0 on May 30 and knocked off Osbourn Park.

Chantilly Boys' Lax Reached Region Semis

The Chantilly boys' lacrosse team faced Langley in the 6A North region semifinals on Wednesday, after The Connection's deadline. A victory would put the Chargers in the region final on Friday, June 6 against the winner of Robinsons and Yorktown.



PHOTO CONTRIBUTED

Diamond Dreams Game

Westfield High School hosted the Kyle's Kamp Diamond Dreams game against Oakton High School on May 2. The night was filled with raffles, T-shirt tosses, a dizzy bat race, and various other events to raise funds for pediatric cancer research and treatment at Children's National Medical Center. SYA Little League players attended the event and were on the field with the varsity players for the National Anthem. Kyle's Kamp namesake, Kyle Hahne, was on hand for the community event and threw out the first pitch. Westfield Baseball's head coach Rob Hahne started Kyle's Kamp in 2010 after his son Kyle was diagnosed with leukemia. Since that time Kyle's Kamp (www.kyleskamp.org) has raised over \$850,000 for Children's National Medical Center. Above, the Westfield High School Varsity Baseball team along with Kyle Hahne.



PHOTO CONTRIBUTED

Joseph Szczur (left) pictured with Academy of Model Aeronautics President Bob Brown at the F3A Team Trials in Akron, Ohio

Earns Spot on U.S. Team

Joseph Szczur, a 14-year-old 8th grade student at Rocky Run Middle School, participated in the United States Indoor RC Aerobatics Model Airplane Team Trials which was held in Akron, Ohio in March. There were a total of 16 pilots competing in the competition, three which were Junior (18 years old or less). Joseph was the highest placing Junior pilot, qualifying him as U.S. team member along with the top three placing Open (18 years or older) competitors.

Joseph, who is also the president of the STEM-focused Model Airplane Student Club at Rocky Run

Middle School, flew an aircraft called "Excel v1" designed by Scott Barnhart. The plane weighed a scant 86 grams without the battery. His equipment included a Spektrum DX 18 radio control transmitter with Spektrum 2010 servos and was powered by an e-flight 250 motor running on a Thunder Power 7.4 volt battery about the size used in a typical pocket cell phone.

This is the second FAI category in which Joseph has represented the U.S. Last August he flew with the U.S. team in F3A, outdoor international aerobatics category in Johannesburg, South Africa.

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WELLBEING

Healthy Cooking with Children

Local foodies say cooking with children can establish a lifetime of healthy habits.

BY MARILYN CAMPBELL
THE CONNECTION

From creating dough for freshly baked bread to squeezing lemons for a neighborhood lemonade stand, Michael Roll enjoys spending time in the kitchen with his children transforming ordinary food into nutritious culinary creations, particularly during the summer. He says that when parents cook healthy meals with their children they model behavior that can last a lifetime.

"The more 'from scratch' and processing raw food at home a child can see through their parents, the better understanding the child can develop in terms of what makes food healthy and unhealthy and where our food comes from," said Roll, director, Department of Culinary Arts and Food and Beverage Management at The Art Institute of Washington in Arlington. "These are fundamental things that can easily be lost in our very time-crunched worlds and long grocery store aisles of prepared and over-processed foods."

Farmers markets can offer a goldmine of inspiration for creating nutritious summer meals. "[They] bring us seasonal, fresh produce, grown close to home," said Christine Wisniewski, an instructor at Culinaria Cooking School in Vienna. "In contrast to the mad dash into the supermarket the rest of the year, the more relaxed summer schedule also gives us the chance to really look around and broaden our food horizons."

Offering children a wide selection of fresh food and a chance to make their own selections broadens their culinary horizons. "In my experience, kids are more willing to try something new if they are given the opportunity to choose that new item themselves," said Wisniewski. "Challenge them to choose one new thing a week. 'One week have them look for the most beautiful fruit or vegetable they can find at the market, next week have them find the ugliest. You might all be surprised with how that experiment plays out. The kids will gain exposure and you will gain experience. You were always curious about kohlrabi anyway, right?'"

Roll encourages parents to approach cooking with an attitude of enthusiasm. "Baking chocolate chip cookies, even with my 6 year olds was fun because measuring flour, sugar, learning how to crack an egg were all exciting things for them," he said. "Licking raw batter and tasting warm cookies didn't hurt, but at 11, my son could probably make passable cookies without any help. My family's passion for cookies is why."



PHOTO COURTESY OF TINY CHEFS

Students at Tiny Chefs Culinary Academy learn to prepare healthy meals.

COOKING TECHNIQUES and the tasks children undertake in the kitchen should be age appropriate, said Roll. "For the really young, nothing beats funny shapes, layering yogurt and fruit and granola in a clear glass is magical to a child," he said. "For the older, make baking a chemistry lesson on baking soda [or] why flour in bread makes such a different product than flour in pancakes."

Roll added, "I think that starting simple helps, too.

Chicken broth, chicken, carrots, celery and pasta, with some seasoning still makes the best cold remedy there is. A child can peel a carrot. A child can test the doneness of pasta, a child can learn that a little salt is great, no salt is bland, and too much salt is a disaster."

With a little planning, parents can create delicious and healthy fare with their children that is hands-on, but safe. "Letting kids help cut fresh fruit for fruit salads is a great summer dish, said Beth Szymanski of Tiny Chefs, a culinary academy with locations in Fairfax, Arlington, Alexandria, Sterling, Ashburn, Reston, Herndon, Centerville,

Va., and Potomac, Md. "Kids love to help cut food and having them use lettuce knives lets them really help out in the kitchen while keeping them safe."

Szymanski adds that there are simple shortcuts to create substantial, low-maintenance meals. "Use an already cooked rotisserie chicken to create a chicken salad or pasta salad in the summer time to keep the kitchen cool without having to turn on the oven, plus the kids love to help shred and cut up the chicken," she said.

"The more 'from scratch' and processing raw food at home a child can see through their parents, the better understanding the child can develop in terms of what makes food healthy and unhealthy."

— Michael Roll

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Summer Camp Counselor

at our Culmore and Murraygate Club sites Provides support and direction for activities provided within a specifically focused program area, such as Education, Special Education, Social Recreation, Arts & Crafts, and Physical Education. KEY ROLES Prepare Youth for Success, Create an environment that facilitates the achievement of Youth Development Outcomes; promote and stimulate program participation; register new members and participate in their club orientation process; Provide guidance and role modeling to members. Program Development and Implementation: Effectively implement and administer programs, services and activities for drop-in members and visitors; Monitor and evaluate programs, services and activities to ensure safety of members, quality in programs and appearance of the branch at all times. Prepare periodic activity reports.

Supervision: Ensure a productive work environment by participating in weekly branch staff meetings. May be required to drive Club van. Letter of interest and resume to Wonhee Kang at wkang@bgcgw.org



Program Director

Boys & Girls Clubs of Greater Washington/Fairfax Region Plans, implements, supervises and evaluates all programs and activities provided in program areas, such as Education, Special Education, Social Recreation, Arts & Crafts, and Physical Education. Prepare Youth for Success: Identify needs of the children and youth in the demographic area in line with the Club's strategy and the outcome targets that have been established; Ensure program quality by monitoring and evaluating program achievement against target goals, recommending modifications that respond to member needs and interests; Planning, organizing and implementing a range of program services and activities for drop-in members and visitors; Recommend the development of service area programs; and promote and stimulate program participation. Administration and Management: Manage administrative systems by registering new members and participating in their club orientation process; Recruit, train and manage assigned volunteers and staff; provide ongoing feedback; and identify and support development opportunities; Manage facilities and ensure a productive work environment, maintaining an inventory of all program equipment and supplies in good order. Recommend requisitions, as necessary; controlling expenditures against monthly supply budget. Letter of interest and resume to Wonhee Kang at wkang@bgcgw.org



Teen Director

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21 Announcements

ABC LICENSE
Khaled Asmaail, LLC trading as Little Italy Deli, 13850 Braddock Rd, Centreville, VA 20121. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on and off Premises/Delivery Permit license to sell or manufacture alcoholic beverages. Reda Said, member NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. objections should be registered at www.abc.virginia.gov or 800-552-3200.

Request for Qualifications
Contract ID #: C00076244DB76
State Project No.: 0659-053-262
Route 659 (Belmont Ridge Road) - Reconstruct to 4-Lanes

The Virginia Department of Transportation (VDOT) is seeking Statements of Qualifications for the Route 659 (Belmont Ridge Road) - Reconstruct to 4-Lanes Project from qualified and experienced respondents with design and construction experience of highway facilities. The Route 659 (Belmont Ridge Road) - Reconstruct to 4-Lanes Project is located in Loudoun County, Virginia, between Route 642 (Hay Road) and Route 2150 (Gloucester Parkway). The total Project length is approximately 1.9 miles. The purpose of this Project is to widen the existing two-lane roadway to a four-lane median divided facility and to provide a grade-separated crossing at the Washington & Old Dominion (W&OD) Trail. Questions/clarifications regarding the Request for Qualifications (RFQ) should be submitted to Kevin Reichert, P.E. (kevin.reichert@VDOT.virginia.gov). Copies of the RFQ and additional submittal requirements can be found at <http://www.virginiadot.org/business/request-for-qualifications.asp>. The Department assures compliance with Title VI requirements of non-discrimination in all activities pursuant to this advertisement.

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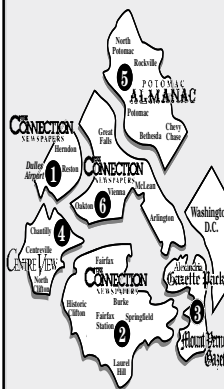
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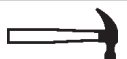
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Team On Going



By KENNETH B. LOURIE

In anticipation of my next face-to-face appointment with my oncologist, the first in three months (as per usual) and considering a breathing issue I've been experiencing the last month or so, my wife, Dina (original Team Lourie member) asked if I wanted my brother, Richard (the other original Team Lourie member), to attend. Not that he wouldn't attend if asked (he's local); it's more that I'm wondering if he really needs to attend, as in whether there will be life-changing, cancer-related decisions where all hands need be on deck. Of course, a week before the appointment I have no legitimate clue - nor have I received any suggestions from my oncologist - that anything of substance/recent changes that have occurred (I have also recently completed my quarterly diagnostic scans and am awaiting those results as well) will be discussed; and that's the point of this column: how frequently, how/when does the patient/survivor know when team members should be present at these appointments?

Initially, at the very first meeting with your oncologist (see last week's column: "Team Up"), team members' presence, inclusion, participation, etc., is mandatory. It's the subsequent appointments, however, when their presence may not be necessary; that is, the discussions with the oncologist are more mundane, (at least they have been for me anyway, mostly) and matter-of-fact and not as serious as they were at the beginning, when I was advised to take that trip I had always dreamed of because my prognosis was not that good: "13 months to two years." Now, I feel that if I bring along the entire team, I'm tempting fate somehow; thinking negatively when thinking positively is the anecdotal solution to what ails me. Trouble has already found me. I don't need to look for it.

And by trouble, I mean: the current treatment is no longer maintaining the tumor's status quo and there's been some spread and/or growth or some additional kidney/liver damage, manifestation of which would likely stop treatment. Given that I'm presently taking the last drug my oncologist feels comfortable recommending I take (given the previous organ damage I've already experienced and knowing that most chemotherapy drugs are filtered through one or two of these organs), my next choices are: other chemotherapy drugs with a 10 percent chance of positively affecting the tumors (vs. doing nothing), a clinical trial at either N.I.H. or Johns Hopkins, or doing nothing and living my life - what there is of it, and trying in turn not to not focus or anticipate when the other shoe will drop off - figuratively speaking, and/or maybe even literally, too. And therein lies my dilemma: if this is in fact where I am, the need for a calm and reasoned perspective to help consider these alternatives would be most welcome and appreciated. Still, I can't help being reminded of the old joke about the not-too-bright person questioning how the Thermos knows to keep the cold water cold and the hot water hot. How do I know my future fate? I don't. I'd like to believe in karma, but sometimes, maybe most of the time, the die is cast.

If the substance of the conversation with my oncologist is to be serious, I want the team there. If it's not, I don't want them there as a presumptive buffer to bad news that I might not even receive. I don't want to waste their support for an appointment that doesn't really warrant it, if you know what I mean? But the problem is, I'll never know until it's too late, and too early is subject to reinterpretation, as I wrote about previously in a column titled: "Whew!" So now I'll be waiting even longer for information/an assessment and knowing even less in the interim (because we've sort of learned our lesson) - and therefore we likely won't know anything until the actual appointment.

Perhaps I'm writing around in circles here, but having cancer isn't exactly a by-the-numbers kind of existence, and there's certainly no handbook or racing-type form to direct you on the various facts/feelings to consider in your everyday living-with-cancer life. (I wish there were; gosh, that would make it so much easier.) Moreover, what seems like simple choices for those of you outside these battle lines become somewhat muddled to those of us on the inside. I'll manage, though. I'm still alive five years and three months after receiving my diagnosis/prognosis in late February, 2009, a heck of a lot longer than I was originally given; and as I'm extremely fond of saying: "I'd be crazy to complain," and I'm not complaining, I'm just trying to sort out yet another cancer conundrum.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

PEOPLE



PHOTOS BY JANELLE GERMANOS/CENTRE VIEW

Lu Ann Maciulla McNabb

Supervisors Honor Lords and Ladies

The 2014 Lords and Ladies of Fairfax were recognized in front of the Board of Supervisors on Tuesday, June 3, and presented with certificates honoring them for their dedication to their communities. This tradition, which began in 1984, coincides with the Celebrate Fairfax Festival, which takes place this year June 6-8.

The Sully District honorees are Lu Ann Maciulla McNabb and Philip Allin.

Along with the family of Reema Samaha, a victim of the Virginia Tech shootings, McNabb created the Angel Fund, which fights against depression, violence and suicide and promotes respect.

McNabb, a member of the Live Healthy Fairfax Initiative's Social and Emotional Wellness Task Force, worked to ensure the 2013 General Assembly passed bills increasing mental health services at colleges in Virginia.

"I am humbled and honored to receive this award," she said.

Allin has served on Fairfax Water's board of directors for 20 years and works to ensure high standards of water in Fairfax County. He is active in the Sully District Council of Civic Associations, where he was a founding member.

"I'm humbled and honored to be named Lord Fairfax," he said. "I love the Sully District. It's a great place to call home."

— JANELLE GERMANOS



Philip Allin

BULLETIN BOARD

Email announcements to chantilly@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/JUNE 5

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

SATURDAY/JUNE 7

Community Yard Sale. 8 a.m.-3 p.m. in the Greenbriar community at Route 50 and Fairfax County Parkway. Many homes participating. Rain date June 8.

Awards Ceremony. 5 p.m. at Chantilly High School. Chantilly Pyramid Minority Student Achievement Committee's annual awards program will honor middle and high-school students. Fairfax City Public Schools Superintendent Karen Garza will speak at the June 7 event, and the Mount Olive Baptist Church Junior Buffalo Soldiers will present the colors. Guest speaker will be Kaj N. Gumbs, a 2013 Westfield High grad and current student at Morehouse College.

The American Red Cross. 7-12:30 p.m. St. Timothy Catholic Church, 13809 Poplar Tree Rd., Chantilly. Blood Drive. Visit redcrossblood.org or call 1-800-RED CROSS for more.

SUNDAY/JUNE 8

Awards Ceremony. 4 p.m. at Brookfield Elementary, 4200 Lees Corner Road, Chantilly. Elementary school students will be honored.

MONDAY/JUNE 9

ESL Book Club. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Adults learning English meet to discuss a book chosen by the group. Call 703-830-2223.

Evolution of the Workplace. 7-9 p.m. Fairfax County Government Board Center, Board Auditorium, 12000 Government Center Parkway, Fairfax. A look at how work, workers and the workplace evolved over time. Call 703-324-2321 or visit www.fairfaxcounty.gov/chairman.workplace.htm for more.

Managing Stress Seminar. 7:30 p.m. Woodson High School, Auditorium, 9525 Main St., Fairfax. Tim Ryan and Tara Branch discuss how mindfulness can improve the ability to respond to events. Free. For more email info@mindsincorporated.org.

TUESDAY/JUNE 10

English Conversation Group. 10:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

WEDNESDAY/JUNE 11

School Start Time Meeting. 7-9 p.m. at Centreville High School, 6001 Union Mill Road, Clifton. Fairfax County Public School meeting to gather feedback on proposed adjustments to school start times. Visit www.fcps.edu/news/starttimes.shtml.

Fairfax County Park Authority Board Meeting. 7:30 p.m. in the Herrity Building, 12055 Government Center Parkway, Fairfax. Free. Visit www.fairfaxcounty.gov/parks/boardagn2.htm for meeting materials, archives and more. Call 703-324-8662.

THURSDAY/JUNE 12

Civil War Lecture. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. "Battle of Fort Stevens, July 1864," by author and historian Benjamin Cooling. Call 703-830-2223.

English Conversation Group. 7 p.m. at Chantilly Regional Library, 4000

Stringfellow Road. Practice English with other students. Call 703-502-3883.

eBook Help. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or digital reader and library card. Call 703-502-3883.

FAIDAY/JUNE 13

The American Red Cross. 9 a.m.-2 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Blood Drive. Visit redcrossblood.org or call 1-800-RED CROSS for more.

SATURDAY/JUNE 14

Memorial Race and Fun Run. 8:30 a.m. at Franklin Middle School, 3300 Lees Corner Road, Chantilly. First "Born to Run" 5k Memorial Race and Fun Run in honor of the late teacher Jannine Parisi. \$30+ for 5K, \$15+ for 1K goes towards an education fund for Jannine's two daughters. To participate, register at www.prraces.com. Volunteers needed, contact Assistant Principal Bryan Holland at bholland@fcps.edu.

English Conversation Group. 3:30 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Practice English with other students. Call 703-502-3883.

CALENDAR

FROM PAGE 7

Become a Pilot Day. 10 a.m. - 3 p.m. Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. See nearly 50 Different Aircrafts. Weather permitting, Pilots may allow people in their cockpits. Free. Visit becomeapilot.si.edu.

Plant Clinic. 10:30 a.m. Chantilly Regional Library, 4000 Stringfellow Road. Master gardeners with provide horticultural tips, information, techniques and advice to home gardeners. Call 703-502-3883.

Book Signings of Aviation and Space Related Books. 12-5 p.m. Udvar-Hazy Center in Chantilly. Author John J. Schulz signing "Songs From a Distant Cockpit." Admission is free, parking is \$15. Visit airandspace.si.edu/events/book-signings.

Book Signings of Aviation and Space Related Books. 12-5 p.m. Boeing Aviation Hangar Udvar-Hazy Center in Chantilly. Author Dave Baranek signing "Topgun Days." Admission is free, parking is \$15. Visit <http://airandspace.si.edu/events/book-signings> for more.

Book Signings of Aviation and Space Related Books. 12-5 p.m. Boeing Aviation Hangar Udvar-Hazy Center in Chantilly. Author Col. Charles E. McGee signing "Tuskegee Airman." Admission is free, parking is \$15. Visit <http://airandspace.si.edu/events/book-signings> for more.

Book Signings of Aviation and Space Related Books. 1-3 p.m. Boeing Aviation Hangar Udvar-Hazy Center in Chantilly. Author John Anderson signing "The World's Fastest Rocket Plane and the Pilots Who Ushered in the Space Age." Admission is free, parking is \$15. Visit <http://airandspace.si.edu/events/book-signings> for more.

Touch a Truck. 1-6 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Educational public safety event with a variety of vehicles for children to explore and learn about. Mr. KnickKnack performs, along with the jazz band and robotics team from Chantilly High School. Call 703-502-3883.

PAWS for Reading. 3 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Read aloud for a 15-minute session with a therapy dog. Bring a book or choose one from the library. For ages 5-12. Call 703-502-3883.

Remembrance Cabaret for Reema. 7 p.m. at Westfield High School, 4700 Stonecroft Blvd. Doors open at 6 p.m. for silent auction and bake sale. Performance is free, but donations are welcome to support the Angel Fund, www.angelfundva.org, or the Reema J. Samaha Memorial Scholarships.

SUNDAY/JUNE 15

Antique Car Show. 10 a.m.-3:30 p.m. Sully Historic Site, 3650 Historic Sully Way, Chantilly. More than 400 classic vehicles fill the grounds including cars available for purchase. Enjoy live music from the New Old Time String Band and old-fashioned toys and games are available for kids. \$6-\$10. For more call 703-437-1794.

Book Signings of Aviation and Space Related Books. 12-5 p.m. Boeing Aviation Hangar Udvar-Hazy Center in Chantilly. Author Don Thomas signing "Orbit of Discovery." Admission is free, parking is \$15. Visit <http://airandspace.si.edu/events/book-signings> for more.

MONDAY/JUNE 16

Hidden Pond Nature. 2 p.m. Chantilly Regional Library, 4000 Stringfellow Road. Discover and explore local nature. Live animals may be present. Presented by the staff of Hidden Pond Nature Center. For grades 1-6. Call 703-502-3883.

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