

Reston
CONNECTION

Seahawks Take Flight

NEWS, PAGE 8

Students walk to their seats during
South Lakes High School's graduation
June 18 at the Patriot Center.

Dream Big, Hornets Told

NEWS, PAGE 8

Thousands Watch World Cup Match in Reston Town Center

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PHOTO BY REENA SINGH/ THE CONNECTION

JUNE 25 - JULY 1, 2014

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News



PHOTO BY REENA SINGH / THE CONNECTION

Avnil Apicer, Autumn Barkley and Harry Glass, Home Depot Employees, finish building a walkway at South Lakes High School on Wednesday.

Home Depot Builds “Cruise Bridge” for SLHS

When Home Depot paint department manager Autumn Barkley was asked the best way to create a walkway for South Lakes High School's senior all-night graduation party, she decided the Reston store would take care of the project - and cover all the costs.

Barkley said she was motivated not only because the initial design did not look safe, but she had attended SLHS as a teen.

“When I heard it was for here, I was all ears,” she said. “And everyone remembers their all-night graduation party if they had one.”

She and a crew of seven others at Home Depot built a bridge to look like the students were on a walkway up a cruise ship.

Barkley said the project would have cost the Parent Teacher Student Association \$2,000 to \$3,000.

“What we spent was about \$1,500,” she said. We saved by using ‘oops paint.’ We used the best wood we could, but we wanted it to be safe.”

The school will be able to use the bridge for years to come. Reston Home Depot also does pro-bono projects for other community groups like local girl scout and boy scout troops as well as the Herndon Police Department. “It's one of the things Home Depot prides itself on,” said Harry Glass, electrical department. “If it weren't for the community, we wouldn't be able to do what we do. This is a ‘thanks’ for supporting us.”

Grace Wolf appointed To state commission

Town Council Member Grace Han Wolf was appointed to the Virginia Commission for the Arts.

A press release from Gov. Terry McAuliffe's office announcing administrative appointments was issued Monday.

“I'm pretty excited,” said Wolf. “It's a great organization. I'm pleased to be joining this group of art supporters.”

Wolf found out in an email last week, she said.

She will help oversee art spending within the state as well as make sure money is set aside in the General Assembly for the arts,



Grace Han Wolf.

among other duties.

Wolf is a past president of the Herndon Council of the Arts and was a board member for about 14 years.

“Grace's business and public service experience, coupled with her years serving on the Herndon Council for the Arts Board of Directors make her a great addition to the Virginia Commission for the Arts,” said Mayor Lisa Merkel in an email. “I am proud of her work and know she will represent Herndon well.”

To find out more about the state Commission for the Arts, visit <http://www.arts.virginia.gov>.

PHOTO BY RACHEL STONE / THE CONNECTION



Viewers celebrate a U.S. goal during a World Cup viewing party Sunday in Reston Town Center.

Thousands Watch World Cup Match in Reston Town Center

Leidos and D.C. United viewing session.

BY REENA SINGH
THE CONNECTION

Elation and disappointment More than 4,000 squeezed into the pavilion area Sunday evening to watch the United States play against Portugal in the FIFA

World Cup game they thought was a U.S. win.

Portugal came in 30 seconds before the game ended, putting an end to the events festivities quickly with a 2-2 tie.

The event started to the beat of drums and chants by D.C. United's La Barra Brava and Rep. Gerry Connolly.

"I believe the U.S. will win today," he said to the crowd. "What do you think?"

The event, which showcased the U.S. team's second game in the World Cup, was organized by

Leidos, a D.C. United sponsor this year.

"This is more than we hoped for," said Leidos Vice President and Director of Communications Melissa Koskovich. "Our company, Leidos, is a world company. Soccer is one of the most aggressively growing sports in the world."

The event included a meet and greet with D.C. United's players, family zone for children and two outdoor screens in the pavilion for soccer enthusiasts or just those who were curious about the game.

Reston Resident Brett Seward



PHOTOS COURTESY OF HERNDON POLICE DEPARTMENT

Rep. Gerry Connolly and Leidos Director of Corporate Responsibility Mike Coogan at the viewing party Sunday in Reston Town Center.

was among the group that does not usually follow soccer statistics.

"I don't pay attention to soccer," he said. "Just the World Cup. The number of people here is incredible."

Even those who were not decked in the most red, white and blue seen outside Independence Day were jumping and screaming whenever Portugal's advances were blocked or when the U.S. team scored a goal.

Carlos Rivera, soccer fan, said he was not prepared to see the crowd when he made the decision to go to the event.

Although he was dressed in the home team's colors, he thought Germany was going to win the World Cup.

"We've been slowly creeping our way to the front," he said, jokingly. "I grew up on soccer. The kids grew up on soccer. The World Cup brings everyone out."

WEEK IN RESTON

Silver Line to Open July 26

The Silver Line metro stations will be open July 26.

A press release was issued Monday stating the latest developments in the new metro line.

"We have set the opening date for the Silver Line as Saturday, July 26," said Metro General Manager and CEO Richard Sarles in the press release. "The five new Silver Line stations will open to customers at noon, and the first Silver Line train will depart Wiehle-Reston East, bound for Largo Town Center, at that time."

Trains will run every 6 minutes during rush hour and every 12 to 20 minutes during off-peak times, according to

the statement.

Phase I will mark the opening of the McLean, Tysons Corner, Greensboro, Spring Hill and Wiehle-Reston East stations.

Hunter Mill District Supervisor and Washington Metropolitan Area Transit Authority Principal Director Catherine Hudgins said the community is ready for the stations to open.

"I think it has progressed to the point that it is safe and reliable," she said. "I know, in the non-service hours, they will have the opportunity to do additional work."

She said residents should stay informed as the stations gets ready to open for a possible opportunity for a "sneak peek."

"This is opening our corridor in a significant way," she said.

Tysons Corner will be home of the majority of the new metro stations.

"We are delighted that Silver Line service

is about to start, and that everyone in DC Metro area can soon enjoy all the excitement in Tysons," said Tysons Partnership Executive Director Michael Caplin in an email.

Public Meeting on Reston Bikeshare, Bicycle Master Plan

The Fairfax County Department of Transportation (FCDOT) is holding a public meeting on Wednesday, June 25 to discuss two Bicycle Program initiatives—bikeshare in Reston and the Bicycle Master Plan. Results of the feasibility study for bikeshare in Reston will be discussed from 6:30 – 7:30 p.m. The Fairfax County Bicycle Master Plan will be discussed from 7:30 – 8:30 p.m.

The event will be held at Dogwood Elementary School Cafeteria, 12300 Glade Drive, Reston. Transit accessible via Fairfax Connector RIBS 2

Fairfax County was awarded a TLC (Transportation/Land Use Connections) Grant through the Metropolitan Washington Council of Governments to conduct a feasibility study of bringing bikesharing to Reston.

The study examined how bikesharing could address first and last-mile trips and become a cost-effective service for Reston.

The study is being conducted with the assistance of the consulting firm Alta Planning + Design.

For information about this meeting, contact Charlie Strunk at 703-877-5766, TTY 711 or charlie.strunk@fairfaxcounty.gov.

Head Start Programs Face Wait Lists

Despite adding classrooms, need is growing in Fairfax County.

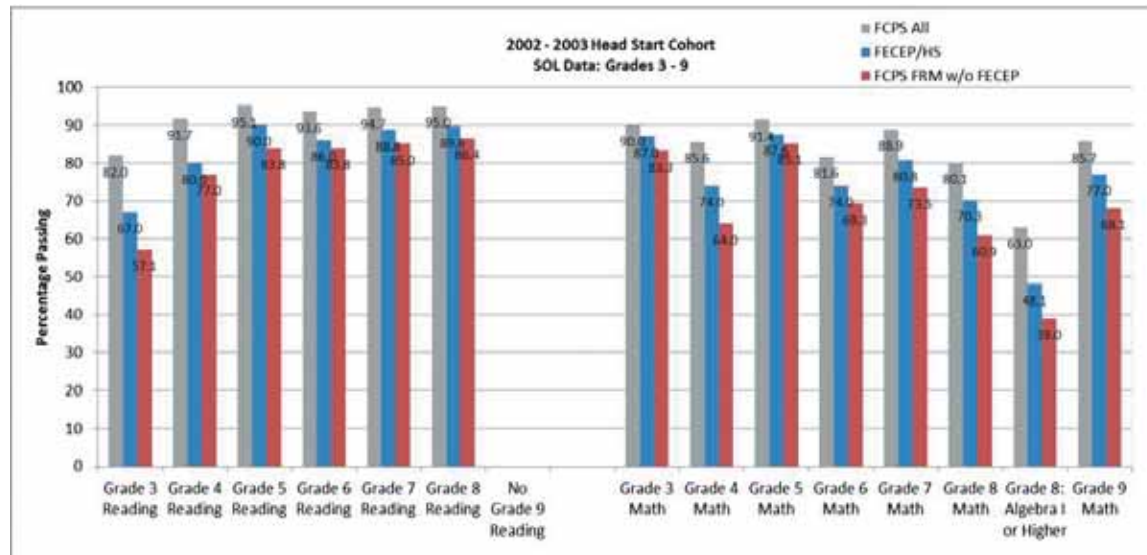
By Janelle Germanos
The Connection

The Fairfax County Office for Children now has a waitlist of over 1,395 children. Of that number, 918 are on the waitlist for Head Start and Early Head Start programs in Fairfax County Public Schools, according to a new report presented at a school board work session on May 29.

Shaina Mask, chair of the Family and Early Childhood Education Program/Head Start/Early Head Start program, presented the report.

According to Mask, longitudinal studies have been conducted that show Head Start programs are beneficial for low-income children.

"The Standard of Learning assessment data shows that a larger percentage of these former stu-



A chart showing that students with free or reduced meals who were enrolled in a head start program perform better on their SOLs than those with free or reduced meals who were not enrolled in a head start program.

dents consistently meet or exceed their grade level reading and math expectations when compared to the students who qualify for free or reduced lunches but have not attended any head start or early head start programs," Mask, a parent of a student in the head start program, said at the

work session.

The program added eight additional classes this year, but still faces a waiting list.

"When we talk about the Capital Improvement Program, we don't even talk about the head start programs. We don't even mention early education," said Pat

Hynes, School Board member from the Hunter Mill district. "I think we should add that to our conversation."

Children who go through the program, however, have better SOL scores than those low-income children who did not attend the program.

"I strongly believe that this is a direct reflection of head start and early head start programs' ongoing commitment to parent engagement and community involvement and the constant search for new and innovative ways to engage and support families in their child's learning and development," Mask said.

School Board member Dan Storck, a former head start program administrator, said the program makes a difference and that he is proud of the program.

"If we had a way to find some additional money, we know that we would be putting it there because we greatly value what it does for our kids and how it helps level the playing field, and we know we have serious issues with the playing field not being leveled when children get to Kindergarten," Storck said.

Despite adding classrooms, the program still continues to have a wait list.

"I wish we had unlimited amount of funds to eliminate waiting lists on any program," said Ilryong Moon, chairman of the school board.

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OPINION

Gov. McAuliffe—Please, Not the Richmond Way

INDEPENDENT PROGRESSIVE

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/HOST

Gov. Terry McAuliffe did the right thing to line item veto health care restrictions in the 2015 budget in order to allow Medicaid expansion. But, what now? How in fact can he deliver on his promise to expand care to uninsured low-income families so despised by Republicans? Or will his action simply open the door to deliver a gift of billions mostly benefiting a handful of big insurers? He needs to explain those details soon to sustain the credibility I hope he deserves.

Why did the Gov. really veto the General Assembly ethics bill to address pervasive low and high-level gift taking in Richmond? Granted the bill creating a body

to study and provide advice on ethics to legislators not only lacks teeth but also a couple of limbs. At least it does establish a capacity which could implement more serious reform. So, why veto it? Terry says he did so because it creates an unnecessary bureaucracy and that he plans more serious ethics reform next year. Really? How does he plan to get genuine reform through the same unenthusiastic body that passed what he rightly says was too weak, and that only because of the fading McDonnell uproar? Hmm?

Then there is the latest slime to surface in the Richmond swamp, nominal Democratic Senator Phillip Puckett. He resigned his seat to allow Republicans to capture control of the Senate and thus the entire General Assembly. Why did he resign? The mainstream media is telling us he resigned in exchange for a cushy, high-paying job doling out the billions from the

big tobacco settlement, and a life-long judicial appointment for his daughter. They focus on the former, virtually ignoring the latter—cutting a deal with the Republicans selling a judgeship (appointed by a committee they head) for his daughter in return for Puckett's resignation. Yep, the next time you or someone you know is in court, your/their fate could be decided by an offspring of Puckett, a guy with ethics right out of the sewer. Fortunately, the U.S. Justice Department is now investigating the Republicans' deal with Puckett.

Some legislators, including a number of Democrats, say they can't believe this little bit of horse trading is actually the subject of a criminal investigation. The very idea! Many of the same people—folks like Democratic Majority (now Minority) Leader Senator Dick Saslaw and Republican Delegate Dave Albo—also saw absolutely no reason for indicting Bob

McDonnell for taking about \$200 large to do favors for a favorite corporate buddy. They say this is just the way things are done and have been done for a long time in Richmond. Indeed, that is just the problem!

It is certainly my hope that Bob and Mrs. Bob and good ol' boy Phil Puckett get some real time behind bars. Outrageous violations of the trust the public has vested in them should be punished, not continued as a way of life in Richmond (or Washington, D.C.). In fact, we need more investigations, not fewer. Gov. McAuliffe is new to Richmond. Let's hope that this rare potential hero figure in a leadership role isn't expanding health care mainly for insurance industry profit and vetoing ethics legislation only to kill sorely needed reform just so that he can somehow fit in down there by doing things "the Richmond way"!

VOLUNTEER OPPORTUNITIES

Herndon Senior Center. Looking for a volunteer mosaic instructor, and a knitting instructor. The Herndon Senior Center, 873 Grace Street, Herndon. For these and other opportunities, call 703-324-5406, TTY 711, or visit www.fairfaxcounty.gov/olderadults.

Lewinsville Senior Center. In need of a certified volunteer Zumba instructor, and an office assistant. The Lewinsville Senior Center, 1609 Great Falls Street, McLean. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults

Meals on Wheels. In need of drivers in Franconia, Reston, McLean and Falls Church. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults.



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-Theresa Ott, Springfield, VA

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OPINION

Safe Fourth

Talking and planning are the best safety measures; SoberRide offers a safety net.

Independence Day is a national celebration, and for many, that celebration includes alcohol. The summer overall and July 4 in particular are times of greater risk for drinking and driving.

Make a plan. Plan to celebrate with access to public transportation. Plan to have a designated driver. Plan to celebrate in a place safe and comfortable to spend the night.

EDITORIALS

But in case those plans go awry, here is a safe alternative.

The Washington Regional Alcohol Program will offer free taxi rides home (up to \$30) beginning 10 p.m. the night of July 4 for six hours until 4 a.m. the morning of July 5. Participants must be at least 21. Call 1-800-200-TAXI.

On July 4, 2013, nearly 300 people used WRAP's SoberRide service rather than possibly driving home impaired.

In summer, 44 percent of all U.S. traffic deaths are caused by alcohol-impaired drivers, according to statistics provided by WRAP. SoberRide is a way to help keep local roads safe from impaired drivers during this traditionally high-risk holiday.

For parents of young adults who may be living at home and parents of those under 21, this is time to talk. Ask about plans, ask specifically about getting home. Remind those over 21 to take the WRAP phone number with them.

While you hope that young adults under 21 aren't drinking — because there are lots of dangers to binge drinking beyond drinking and driving — you know that many of them will be drinking. Let your younger family members know that you would much rather pay for a cab or come get them yourself than run the risk of losing them.

Since 1993, WRAP's SoberRide program has provided 60,565 free cab rides home to would-be drunk drivers in the Greater Washington area.

For more information, visit www.soberide.com.

—MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Call for Pet Connection

The Pet Connection, a twice-yearly special edition, will publish on July 23, and photos and stories of your pets with you and your family should be submitted by July 16.

Our favorite pictures include both pets and humans.

We welcome short stories about how you got your pet, a noteworthy talent or anecdote about your pet, tales of the bonds between your family and your pet, plus drawings, paintings or other artwork of your pet by children or adults. Please tell us a little bit about your pet, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

We welcome short stories about how you got your pet, a noteworthy talent or anecdote about your pet, explanations of the bonds between your family and your pet, plus drawings, paintings or other artwork of your pet by children or adults.

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100K Reasons to Find People Homes

BY MAURA WILLIAMS
INTERIM EXECUTIVE DIRECTOR/
FACETS

Sandara was scared of her spouse so she fled and left her life and job behind. Tom suffered from an undiagnosed disease that cost him his job, home and life savings. These unfortunate events led to both becoming homeless and living in the woods of Fairfax County. That's where on a cold winter morning volunteers organized by FACETS and other local nonprofits found them while participating in the 100,000 Homes Fairfax: A Home for All Campaign, which is part of the national 100,000 Homes program, which counts, photographs, and interviews the chronically homeless in an effort to end homelessness.

Fairfax County has nearly 2,900 people who are homeless—14 percent of whom are chronically homeless. Over the course of three mornings, our volunteers met and interviewed more than 400 people who are chronically homeless. The findings were used to create profiles of people to ensure that each individual experiencing homelessness is counted and that their progress in finding housing and services can be better tracked.



Maura Williams

Supporting the County's 10-year plan to end homelessness, the 100,000 Homes Campaign is focused on building efficient local systems that target resources to individuals who are most vulnerable. Campaign partners are committed to getting half of the people most vulnerable who are chronically homeless in supportive housing in three years—which will save money and possibly lives.

Already we have seen success. With the data collected by staff and volunteers, we were able to connect Sandara and Tom with services that have helped them

regain their lives, safety, and dignity. Less than a year later, we celebrated with each of them and 16 others at a housewarming celebration, hosted by FACETS, a nonprofit that opens doors by helping those who suffer the effects of poverty in Fairfax County.

During the housewarming, we welcomed these neighbors experiencing homelessness into their own apartments through our new program called TRIUMPH II Housing, which also provides supportive services. These recent successes have propelled the community to meet our goal of 50 people

housed in a year—and we still have two years to go for this campaign with a goal of housing 50 people each year!

We also had the chance to celebrate the program's nationwide success. Last week, I attended an event in DC with Becky Kanis, the director of the national 100,000 Homes program, to announce a major milestone as the 100,000th person—a vet who has been homeless from Arlington, Va.—moved into housing through this ambitious effort. In announcing the milestone, she emphatically declared: "We can forever dispense with the Neanderthal view that people don't deserve or aren't ready for housing."

Although the "100,000" number sounds big, it's the people part that makes it special. Through this campaign, we are able to put a local face on homelessness with real stories about real people. Some are grandmothers, fathers, sons, daughters, and friends. Many work and others have protected our nation. When we met them, they lived in cars, encampments or on the streets, but they continued to smile and seemed hopeful that our caring community would help find them a home. And for 100,000 of them and counting, we have.

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NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
reston@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Amna Rehmattulla
Editorial Assistant
703-778-9410 ext.427
arehmattulla@connectionnewspapers.com

Reena Singh
Community Reporter
757-619-7584
rsingh@connectionnewspapers.com

Jon Roetman
Sports Editor ♦ 703-752-4013
jroetman@connectionnewspapers.com
@jonroetman

Victoria Ross
County Reporter ♦ 301-502-6027
vross@connectionnewspapers.com

ADVERTISING:
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Trisha Hamilton
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Classified Advertising, 703-778-9411
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Debbie Funk
National Sales
703-778-9444
debfunc@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Louise Krafft,
Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com



COMMENTARY

Preventing Gun Violence

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Since the December 14, 2012 massacre at Sandy Hook Elementary School in Newtown, Conn., in which 27 people including 20 children and the shooter were killed, there have been 79 more school shootings. Gun rights advocates dispute the number related to schools, but that is the figure Bill Moyers reported a few weeks ago and there are certain to have been even more since his report. The total number of people killed by guns, suicide and accidental deaths between Newtown and December 2013 is 12,042. With all the fear and anguish brought on by these shootings at whatever rate they may be occurring, little has been done to address the issue in Congress or in state legislatures. Previous mass murders have had minimal impact on laws to reduce gun violence. One exception is the attempted assassination of President Ronald Reagan in 1981. While no one was killed, four were wounded including the President and his press secretary, Jim Brady, who was left confined to a wheelchair with slurred speech and nightmares. The efforts of Brady along with the strong leadership of his wife Sarah led to the enactment after six years, seven Congressional votes and three presidential administrations to passage of background check legislation known as the Brady Handgun Violence Prevention Act. Recently I attended the Brady Campaign to Prevent Gun Violence National Summit in Washington, D.C. that had as its theme to complete



the job on background checks to make them universal. Since the Brady law went into effect on February 28, 1994, background checks have stopped more than 2.1 million gun sales to prohibited purchasers including convicted felons, domestic abusers, fugitives from justice, and other dangerous individuals. But the Brady bill requires background checks only for sales by licensed firearms dealers. Sales by individuals, unlicensed dealers, or internet vendors do not require a background check. The Brady Campaign is mounting a strong lobby-

ing effort that I support to close the loophole on background checks and require them for all gun sales. To learn more, go to www.bradiycampaign.org.

As announced at their National Summit, the Brady Campaign is working in other ways to reduce gun violence. Its "Ask Campaign" in conjunction with the American Academy of Pediatrics urges parents to ask if there are unlocked guns in homes where their children play. An estimated 18,000 youth are injured or killed each year due to gun violence.

This November make sure candidates you support for the House of Representatives and the U.S. Senate support expansion of the Brady bill. I continue to participate along with many good friends in vigils at NRA Headquarters in Fairfax on the 14th of each month to ensure that the issue is not forgotten. I will be working to expand background checks in the legislature. Looking at other nations of the world makes us realize it is time to do all we can to prevent gun violence in America.

LETTER TO THE EDITOR

Supervisors' Failure

To the Editor:

Fairfax County, the most populous and affluent jurisdiction in the D.C.-metro area, has failed to respond to the challenge that it faces to significantly support good, safe, secure and affordable homes for its current and future residents. And, has thus jeopardized its future economic vitality. Despite

strong advocacy by many constituencies in the public and private sectors, the current Board of Supervisors has failed, with few exceptions, to consistently advance the cause of affordable homes in Fairfax County, despite multiple proposals to surmount that problem. Let us hope that a new generation leaders among the voters

and the Board of Supervisors will arise to solve that challenge.

Conrad Egan
Oakton

The writer is the recently resigned co-chair of the Fairfax County Affordable Advisory Committee.

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Dr. Kathryn J. Sowerwine is a board certified Allergist and Immunologist with a special interest in dermatological diseases linked to allergy. She completed a residency in Internal Medicine at Georgetown University Hospital and her clinical and research fellowship in allergy and immunology at the National Institutes of Health in Bethesda, MD.

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Seahawks Take Flight

Over 500 students graduated from South Lakes High School Wednesday, June 18.

By Emma Harris
The Connection

In their signature royal blue caps and gowns and Kelly green sashes, over 500 South Lakes High School seniors crossed the Patriot Center stage and joined the ranks of high school graduates Wednesday, June 18: 114 seniors were “Honor Graduates,” meaning that they had a cumulative grade point average of 4.0 or higher, according to Kimberly Retzer, principal of South Lakes High School. Many graduates also earned International Baccalaureate diplomas.

After processing in to “Pomp and Circumstance,” the graduates and their hundreds of family members, friends and teachers were addressed by the first speaker: Dana Walker, assistant principal of the Class of 2014.

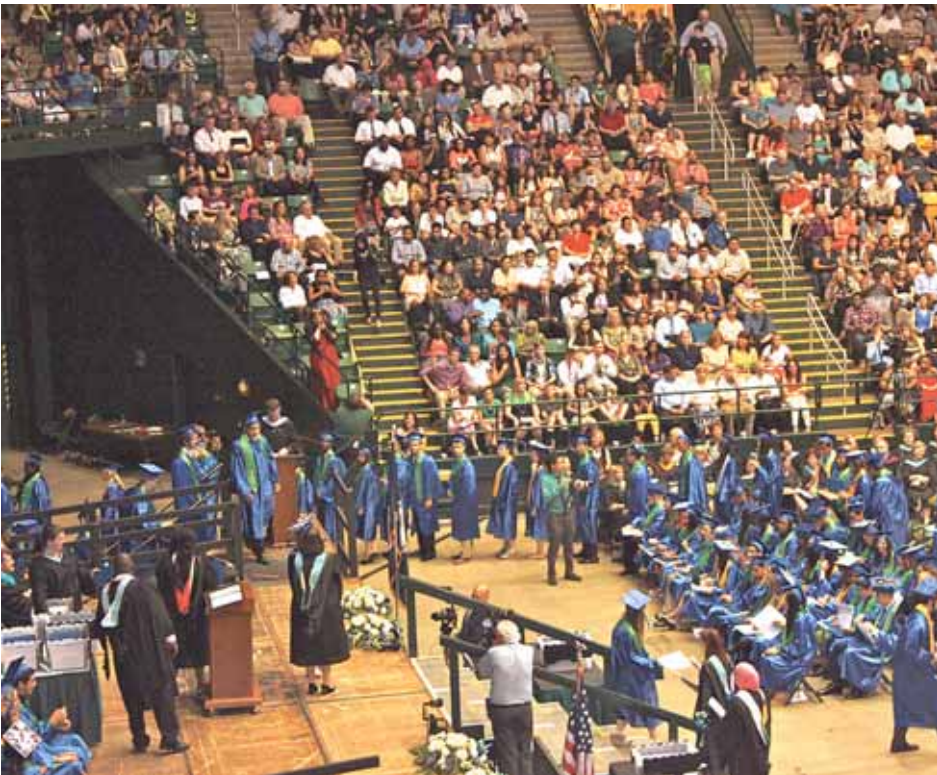
“Let’s recall our first few weeks as freshman when many of us were tiny, scared, worried, quiet, clueless — yes, we truly started from the bottom, and now we are here,” Walker said, paraphrasing a popular song by Drake. “This class will be remembered as creative and bright, challenging, athletic, talented, and extremely unique,” he added.

The graduates are all headed in different directions, and they all come from different places, Walker said. Some will attend college, while others are entering the military or the workforce. Some graduates are the first in their families to graduate from high school or attend college, he said.

THE FIRST STUDENT SPEAKER, Melissa Thomas, spoke of the “everlasting family” that she felt a part of — the Seahawks community. She reflected on her first day of high school and the confusion and fear she battled with her friends and classmates, as well as how much she and her peers have grown since then. “Here we are,” she said. “We did it.”

Antonia Nagale, the second student speaker, began her speech with a selfie from the podium with her classmates behind her, sparking many laughs from the audience. “Well as I approached the podium today, I couldn’t help but think to myself, let me take a selfie,” she said. She went on to talk of the selfies from her past four years and the change they showed.

Comparing high school to “the toddler years,” Nagale spoke of how coloring inside the lines is no longer an expectation. “I hope you learned to be the kid who scribbles on the edges of the page, the



On Wednesday, June 18, 576 students graduated from South Lakes High School in the Patriot Center.



Student speaker Melissa Thomas talks of the “everlasting family” she found at South Lakes.

one who is not afraid to create color outside the constraints of black and white,” she said to her classmates.

THE BRUCE BUTLER LEADERSHIP award was awarded by the faculty of South Lakes High School to Megan DeSisti for her outstanding scholarship, leadership and service.

“Adjectives that describe Megan include bright, gracious, caring, talented, passionate and hardworking,” Retzer said, adding that counselors and teachers had recognized her acceptance of other students and work

to “better the lives of those around her.”

An honor graduate and IB diploma candidate, DeSisti will be attending the University of Virginia in the fall. “Megan doesn’t do things halfway,” Retzer said. “It’s just not her style.”

As for the graduates’ future, “set your own unique course,” Walker said. “Have the confidence to be different. Celebrate your successes. Embrace your failures, and learn from them. Speak up for yourself and the voiceless. Look beyond yourself, and make good decisions ... I see greatness in each one of you.”

PHOTOS BY REENA SINGH/ THE CONNECTION

Students wave to their parents at Herndon High School’s graduation at the Patriot Center Monday.

PHOTOS BY REENA SINGH/ THE CONNECTION



Dream Big, Hornets Told

Herndon High School class of 2014 graduates.

By Reena Singh
The Connection

Social Studies teacher Sara Cranford told Herndon High School’s graduating class three things: to dream big, give big and honor their parents.

Herndon High’s Class of 2014 graduated at George Mason University’s Patriot Center on Monday filled with advice on living their lives and achieving their dreams.

“Dream big and prepare to work hard for your dreams,” she said.

Cranford told the students about how world-renowned basketball player Michael Jordan did not make his high school’s basketball team the first time he tried out his sophomore year. However, once he made the school varsity team, colleges from all over the country were clamoring for him.

“Be the Michael Jordan of whatever it is you want to be,” she said.

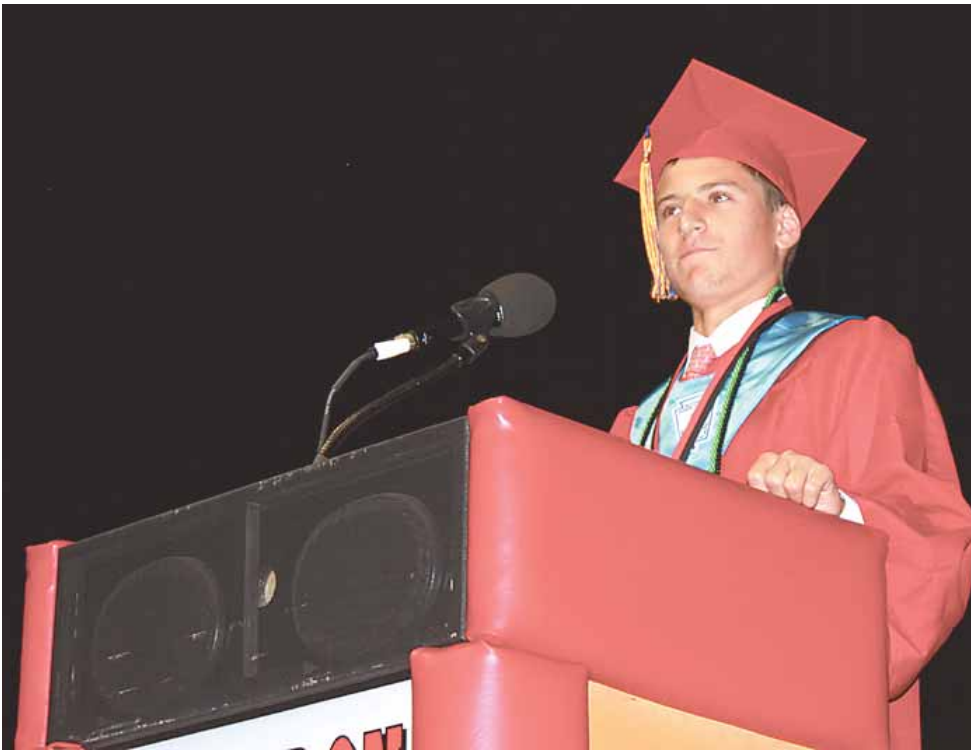
She urged the students to go home and thank their families for the support they have gotten for the past 17 or 18 years.

“It will be your family who will be there to celebrate your happiest moments in life and your family who will be there to help you through the most difficult,” said Cranford.

She noted that each generation has its traits, and that their trait is idealism, while her generation is known for their cynicism. “As a cynic Gen-Xer, I admire your idealism,” she said. “I admire it and I envy it. As you go forward in your life, hang on to that idealism.

Believe in yourself, believe in others, believe in the future and believe that the best is yet to come.”

WWW.CONNECTIONNEWSPAPERS.COM



Class President Andrew Goldman, student speaker, at Herndon High School’s graduation at the Patriot Center Monday.

Retiring faculty, distinguished scholars and those committing themselves to the military were honored to thunderous applause as they stood, their faces gazing upwards towards the crowds.

The class gift is money to replace the water fountains by the athletic fields. Student Government Association President Emily Caron said many students remember their mistakes as a freshman in gym class trying to drink out of those fountains. She said “more water sprayed on your shoes than in your mouth,” and that students will be proud when they come to a home game to see their class year printed on the brick encasing the new fountains.

Class President Andrew Goldman, student speaker, talked about how every student

begins school hoping they will be the best at everything they do.

“When we entered high school, our greatest hope was to excel at everything we tried,” he said. “We thought that the most important thing to discover was what we were good at.

I think, however, that we learned the most about ourselves when we realized and accepted what we were bad at.”

Discovering weaknesses, he said, were the best ways to discover strengths.

“As we move forward now, as Herndon High alumni, we must challenge ourselves, find our true calling from those missteps. I hope you all feel today as I do, that our high school graduation is not the end, but rather, our beginning,” Goldman said.

VIEWPOINTS

Herndon High Graduates: Where Do You See Yourself in Five to 10 years From Now?

Mark Anderson

“I am going to the University of Virginia to study computer science. When I graduate college I hope to work as a freelance software developer.”



Brandon Dillon

“I am going to George Mason next year. I don’t know what I want to major in but my goals after college are to get a job and to move somewhere out of Virginia.”



Brian Maye

“I will be playing soccer at Shenandoah University in the fall and will possibly transfer to a division one school at some point. I hope that in the future I can continue to play soccer, either here or overseas.”



Dasha Bradfield

[Attending the College of William and Mary] “I hope to major in Psychology and Linguistics. I’m not quite sure what the future holds, but I hope to keep my close friends by my side!”



Haley Brazier posing with her sister, Robin Brazier [HHS Class of 2011]

“I will be attending Gettysburg College. I will play on the soccer team at school and I plan to major in French and International Relations. In the future I hope to be able to travel all over the world.”

— SARAH ANDERSON



Ade Samuel, 18, Herndon.

Attending Massachusetts Institute of Technology.

“Hopefully, I’ll graduate college with a bachelor’s in Chemical Engineering and work for a chemical engineering firm.”



David Acton, 18, Reston.

Attending the Air Force Academy.

“I’m going to the Air Force Academy, so hopefully I’ll be a fighter pilot.”



Mariam Ansari, 17, Herndon.

Attending the University of Mary Washington.

“I hope to at least have written one screenplay and figure out what I want to do with my life.”



Michelle Frye, 18, Herndon.

Attending Northern Virginia Community College.

“I hope to be teaching in Herndon. I just want to stay here.”



— REENA SINGH

CALENDAR



Reston Art Gallery & Studios (RAGS) presents “Land, Sea, and Sky” a fine art exhibit of landscapes painted by Dorothy Donahey in acrylics on canvas in representational abstract and realism. The exhibit will be on display till July 2 at RAGS, 11400 Washington Plaza, Reston.

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

THURSDAY/JUNE 26

Take a Break Concert Series. 7-9 p.m. Lake Anne Plaza, 11404 Washington Plaza W, Reston. On Thursdays, take a break with this outdoor concert series at Lake Anne Plaza. Free.

Herndon Farmers Market. 8 a.m.-12:30 p.m. Thursdays, May 1-Nov. 13. Twelve Vendors sell a variety of products including kettle corn and fresh made Italian pasta. Old Town Herndon, 700 Block of Lynn Street, Herndon. www.fairfaxcounty.gov/parks/farmersmarkets/herndonmkt.htm

Fancy Nancy Wedding Reception. 2 p.m. Herndon Fortnightly Library, 768 Center Street, Herndon. You are cordially invited to a “Fancy Nancy and the Wedding of the Century” book celebration and reception. Learn French words and make crafts. Dress is fancy. (Optional) Ages 5-10.

SATURDAY/JUNE 28

Reston Farmers Market. 8 a.m.-noon. Saturdays, May 3-Nov. 9. Named the best farmers market in Northern Virginia by Virginia Living Magazine. Lake Anne Village Center, 11401 North Shore Drive, Reston. <http://www.fairfaxcounty.gov/parks/farmersmarkets/restonmkt.htm>

Closest Thrift Shop's 3rd Annual Toy Sale. 8 a.m.-12 p.m. First Baptist Church of Herndon, 681 Elden St, Herndon. Dolls, toy trucks, games, action figures, and more will be on sale for bargain prices. Net proceeds will be used to support high school scholarships and direct service groups in the community. 703-437-7652.

Introduction to Wildlife Photography. 10 a.m.-1 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Join local photographer John Eppeler to learn how to photograph wildlife in your backyard. Be sure to bring your camera. \$10-\$15. Reservations required by June 25 at 703-476-9689 and press 5.

Il Fornaio Cooking Class. Noon. Il Fornaio, Reston Town Center, Reston. The class includes a three-course luncheon with wines and recipes where you can cook such exotic dishes as “Sopa de Suca, Sogliola alle Mandorle and Tiramisu. Admission \$45. RSVP [HYPERLINK](http://www.hyperlink.com) “tel:%28703%29437-5544” \t “_blank” 703-437-5544.

Books- The Magic is Real. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Magician Joe Romano magically brings books to life. Cosponsored by the Friends of the Reston Regional Library. Age 6-12.

SUNDAY/JUNE 29 – AUG. 17

Sunday Exercise Series with Athleta and

Reston Town Center. 10 a.m. Enjoy various fitness classes including yoga, pilates, self-defense, cardio, and core strength. 703-668-0256. athleta.com

SUNDAY/JUNE 29

Burnt Offerings. ArtSpace Herndon, 750 Center Street, Herndon. Artist Morgan Johnson Norwood explores the relationship of creation, destruction, and rebirth in a series of contemporary nature-inspired abstract oil paintings. Check website for gallery hours at www.artspaceherndon.org.

How to Make a Solar Oven. 1:30-3:30 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Build a simple oven and receive a simple recipe. All supplies provided. \$5-\$8. Reservations required by June 25 at 703-476-9689 and press 5.

MONDAY/JUNE 30

PhotoArt – A Judged Photography Exhibit. 9 a.m.-9 p.m. Jo Ann Rose Gallery, 1609 Washington Plaza N, Reston. PhotoArt is a judged photography exhibit from the Reston Photographic Society. www.leagueofrestonartists.com.

Artistic Treasures. 9 a.m.-9 p.m. Hunters Woods Exhibit, 2310 Colts Neck Rd, Reston. A Group Show from Staff & Family of Reston Community Center. 703-476-4500.

Busia Bear's Second Annual Music Festival. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Busia Bear is back and he's still singing and dancing. Come join in the fun. (Repeat of the June 25th program). All ages.

TUESDAY/JULY 1 – SUNDAY/JULY 27

Town Calendar Photography Exhibit (Recurring daily) ArtSpace Herndon, 750 Center Street, Herndon. Photos from professional and amateur high school photographers revolved around the town Herndon gets showcased at the 4th Annual Herndon Town Calendar Exhibit. 703-956-6590

FRIDAY/JULY 4

Herndon 4th of July Celebration. 6:30 p.m. Bready Park at the Herndon Community Center, 814 Ferndale Ave., Herndon. A family-fun event featuring games, arts and craft activities, bingo, food face painting, balloon artists, and fireworks. Visit www.herndon-va.gov for more.

Firecracker 5K. 8 a.m. – noon. Reston Town Center, 11911 Democracy Drive (Potomac River Running Store), Reston. This is a wonderful opportunity to give thanks and show your support to our local military members and their families. Experience live music, face painting, waving flags and free massages. <http://www.prraces.com/firecracker/>

PHOTOS COURTESY OF NEXTSTOP THEATRE COMPANY



Erin Driscoll



Karen Mason

Cabaret to Brighten Herndon Summer

Summer Cabaret Series to open July 11.



BY DAVID SIEGEL
THE CONNECTION

This summer audiences can cozy up to a delightfully bold Summer Cabaret Series at Herndon's Industrial Strength Theatre. The Series will showcase national and Northern Virginia musical talent including Herndon High School graduates.

According to Evan Hoffman, artistic director of Herndon's NextStop Theatre Company, and area performing artist Jim Van Slyke, there will be about 18 concerts “featuring an eclectic mixture of Broadway stars, nationally acclaimed cabaret artists and some of the finest local singers in the D.C. Metropolitan area.”

“I wanted to both provide a new type of program for patrons and provide another venue for the remarkable singers and musicians in our community to demonstrate their remarkable talents. There was nothing like this available in the Dulles Corridor before now!” said Hoffman.

Van Slyke has lived in the Northern Virginia area for nearly two decades and has traveled the world as an entertainer. He has performed at renowned venues such as Birdland and the Friar's Club in New York City and the White House. He has toured with Neil Sedaka and will bring his own Neil Sedaka tribute to the Cabaret series as well.

“It provides an entirely different perspective and will introduce our community not only to some amazing artists but a theatrical and musical experience that is not easy to find in the metropolitan D.C. area!” said Van Slyke.

Where and When

Summer Cabaret Series at the Industrial Strength Theatre, 269 Sunset Park Dr., Herndon. Performances: July 11-Aug. 16. Fridays and Saturdays at 8 p.m. and, Sundays at 6:30 p.m. Tickets start at \$20. Group rates available. For tickets and information call 703-481-5930 or visit: www.nextstoptheatre.org for the full schedule of artists. Note: Snacks and refreshments will be available at the Industrial Strength Theatre.

To give a hint at the talent there is Erin Driscoll who grew up in Herndon and is a leading lady of the musical theatre scene in the D.C. area.

Kim Staley, a Herndon native, who has toured the East Coast fronting Big Bands will be front-and-center.

Along with Kate Merryman, another Herndon High grad and graduate of George Mason University, who has performed on area stages.

Helen Hayes awardee Tracy Lynn Olivera will bring her powerhouse voice and Darden Purcell, a Northern Virginia-based jazz vocalist who serves as Director of Jazz Studies at GMU will entertain.

Bev Cosham and Terry Allen both regulars in the local DC-area cabaret scene will perform too.

From Broadway there will be Karen Mason who has starred in Broadway shows, including “Mamma Mia!” and “Hairspray.”

Sally Mayes, a Broadway legend who was nominated for a Tony Award for her performance in “She Loves Me” will be In Herndon too.

NEWS

Reston resident Janet Zhou works on her chalk mural at Reston's Lake Anne Plaza during the June chalk festival.



PHOTOS BY RYAN DUNN/ THE CONNECTION

First Chalk Festival Held In Reston

Art event showcases local talent at Lake Anne Plaza.

BY RYAN DUNN
THE CONNECTION

Reston's Lake Anne Plaza hosted its first ever chalk festival titled Chalk on the Water, the weekend of June 7-8. Individuals of all ages were welcomed to let their inner artist shine through and turn Lake Anne Plaza into a chalk art gallery. The event lasted two days, and on Sunday six judges awarded prizes to contestants.

There were three categories for persons to participate in each with cash and prizes awarded in each category. Approximately 110 chalk artists participated in this event. In the professional artist section first place prize was won by Erica Fallin, second place won by Penny Hauffe, and third by Milagros Pongo. In the junior/senior high school section, first prize was won by Clara Brownback, second place by Hanna Wilson Black, and third place by Jordon Ismaiel. In the elementary school section, first place prize was won by both Laura Smith and Megan Wennet.

PARTICIPANTS had two days to complete their work. "My girlfriend signed me up and I got thrust into this," said Belmin Rivera, a 2011 graduate of Reston South Lakes high school. Rivera began his chalk project on Saturday, creating a scene with figures from Japanese mythology. Janet Zhou, a resident of Reston for more than 10 years, drew a scene with two swans creating a heart. "I just really want to show I love Reston," said Zhou. Also partici-



Murals of Baltimore founder and artist Michael William Kirby with Reston IPAR Executive Director Anne Delaney at Lake Anne Plaza.

pating in the event were members of local art groups. "Lake Anne is my favorite spot in Reston," said Antonella Manganelli, a resident of Reston and member of the League of Reston Artists.

"We hope to do this event again," said IPAR Executive Director Anne Delaney. "We have been getting a tremendous response from participants...I think there will be even more participation next year." Lake Anne partnered with renowned Murals of Baltimore to execute the event. Murals of Baltimore has specialized in all forms of mural painting and public art such as fresco, plastering, decorative, faux, mosaics, sculpture, and street painting known as "chalk art."

Murals of Baltimore founder Michael William Kirby is a renowned artist who specializes in street art paintings for over 20 years and is contracted nationally and internationally by various government agencies, companies, nonprofits, public and private agencies for decorative street works.

DURING THE FESTIVAL, Kirby

created a commissioned piece titled "Reston Through Time" which celebrates Reston's history and honors its 50th Anniversary. Lake Anne hosted a free chalk workshop on Saturday, May 31 prior to the festival.

Lake Anne collaborated with Initiative for Public Art-Reston (IPAR) to bring this public art themed event to the plaza. IPAR imagines public art throughout Reston that inspires the community and engages the mind and senses.

Funds raised from the festival were donated to IPAR. Festival goers could purchase a "plot" of brick space on the plaza and paint whatever flows from their imagination. Approximately 100 spaces/plots were available for this event.

"I think the event is great for Lake Anne," said Susan Cawthra, an employee of the Reston Museum and resident of Reston. "It is wonderful to see new activity on the plaza." The chalk festival was sponsored by the Friends of Lake Anne (FOLA) and the Reston Art Gallery. For more information visit www.chalkonthewater.com.

reston celebrates

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Reston's civic and community organizations will be celebrating anniversaries all year. Check out all the fun in store for the community at www.restoncelebrates.org. For information about how to add your organization's anniversary-themed event, please email restoncelebrates@myerspr.com.

PARTICIPATING ORGANIZATIONS:

Reston Association, Reston Turn Center, Reston Hospital Center, Cornerstones, Myer's Public Relations, Reston Chamber of Commerce, Reston Public Library, Reston Fire Department, Reston Police Department, Reston Water & Sewer Department, Reston Parks & Recreation, Reston Senior Center, Reston Youth Center, Reston Art Gallery, Reston Museum, Reston Historical Society, Reston Landmarks Society, Reston Historical Foundation, Reston Historical Society, Reston Historical Foundation, Reston Historical Society, Reston Historical Foundation.

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SPORTS

2013-14 High School Sports Season Produces Memorable Moments

BY JON ROETMAN
THE CONNECTION

The 2013-14 high school sports season was full of memorable moments and accomplishments, including an undefeated record and national ranking for the Centreville football program, an emotional return to the state tournament for the Woodson boys' basketball team, and the first state championship in the history of T.C. Williams boys' soccer.

The following is a look back at some of the highlights from around Fairfax County.

Fall Sports

The Centreville football team crushed the competition in 2013, going 10-0 with an average margin of victory of 38 points during the regular season. The carnage continued in the postseason, as the Wildcats defeated South Lakes, South County, Stonewall Jackson and Westfield on their way to the Virginia 6A North region championship.

In the Group 6A state championship game, Centreville throttled nationally-ranked Oscar Smith 35-6, capturing the program's first state title since 2000. The Wildcats finished with overwhelming advantages in total yards (338-88), rushing yards (327-14), and time of possession (34:02-13:58).

The victory improved Centreville's record to 15-0 and jumped the Wildcats into the No. 15 national ranking in USA TODAY.

"It's certainly the best team that I've ever been around in 21 years of coaching high school football," Centreville head coach Chris Haddock said. "... We actually talked to our kids a lot about our place in history and setting a higher standard and that's something that the kids wanted to do. They wanted to make history. I don't know where you place us in the all-time teams, but we're certainly one of the best in Northern Virginia and we're definitely the best at Centreville."

Centreville center Josh Smith, guard Kainoa O'Connor, running back/kick returner AJ Turner, wide receiver/defensive back Charles Tutt, and linebacker Tyler Love earned VHSL all-state honors. Linebacker Chad Wiggins was the 6A North region and Conference 5 Defensive Player of the Year, and quarterback Scott Walter was the conference Offensive Player of the Year. Haddock received conference and region Coach of the Year honors.

In golf, Connor Messick, Juhee Bae, Vishal Giri and Mike Sciorra helped Chantilly win the Virginia 6A state championship. Sciorra won the individual state title, and Bae won the girls' state championship.

In field hockey, Westfield won the first state title in Starr Karl's decorated coaching career, which includes more than 300 wins in 24 seasons. The Bulldogs defeated two-time defending champ First Colonial 2-1 in the Virginia 6A state final.

In cross country, the Chantilly boys' and the Oakton girls' teams captured Virginia



Princess Aghayere and the South Lakes girls' basketball team won the Conference 6 championship in 2014.

CONNECTION FILE PHOTO

6A state titles at Great Meadow. The W-L girls' team produced the best finish in program history, taking state runner-up. Oakton senior John Stoney won the boys' individual championship, and West Springfield senior Caroline Alcorta won the girls' individual title with a meet-record time of 17 minutes, 13 seconds.

"I was just hoping to win," Alcorta said. "I didn't expect to get the course record."

In volleyball, Langley won its first state championship, beating First Colonial in the Virginia 6A final. The Saxons became the first team from the old Northern Region to win a state title.

"I think the fact that most of the players had been to states the year before helped a lot with preparation and the mental aspect of the game," Langley head coach Susan Shifflett wrote. "Obviously, we were very talented, as well. First time I have ever had two outstanding outside hitters (Jessica Donaldson and Rachel Andrejev). Sisi Holderman (libero) really stepped the second half of the season. And of course, there is Alex. That helps a lot."

Winter Sports

Members of the W.T. Woodson boys' basketball team dealt with the death of two classmates during the 2014 6A North region tournament. While the tragedies affected the emotions of several Cavaliers, the team found a way to continue winning and eventually captured the program's second consecutive region title.

Woodson secured a berth in the Virginia state tournament by defeating Herndon 63-62 in overtime in the region semifinals. The following evening, Woodson defeated Lake Braddock 66-56 in the region final. The Cavaliers had lost their previous three

matchups with Lake Braddock by a combined eight points.

"[I'm] really happy for our kids, really happy for our school community," Woodson head coach Doug Craig said. "This was a very difficult week. The fact that our Cavalry (student section) was out in such great numbers says a lot about the school community. To give them an hour-and-a-half, hour-and-45-minute distraction tonight, something to feel good about, that's what sports is supposed to be about at the high school level."

The Wakefield boys' basketball team won the 5A North region championship and advanced to the Virginia state tournament for the second consecutive season. The Lake Braddock boys' basketball team repeated as Patriot District/Conference 7 champions. The Herndon boys' basketball team won the Conference 5 championship and finished with a 23-3 record. The West Springfield girls' team reached the state tournament for the fourth time in five years. The South Lakes boys' and girls' basketball teams won Conference 6 championships.

In wrestling, Robinson won its third Virginia state championship in four years. Rams' heavyweight Jake Pinkston won his fourth consecutive region championship, reached the state final for the fourth straight year and won his second state title.

Centreville junior Tyler Love, after winning a state title with the football team in the fall, captured the 195-pound state wrestling championship.

In gymnastics, Washington-Lee won its third consecutive region championship and finished third at states. McLean finished region runner-up for the third straight year, and placed second at states. T.C. Williams, fielding its first complete team since the early 1980s, won the Conference 7 cham-

pionship.

"I just remember being a freshman and having to compete with other teams," T.C. Williams junior Grace Girard said. "Now I have my own girls to compete with and it's a great feeling."

South County's Collea Burgess won the 6A North region all-around title. Hayfield's Molly Overstreet won the individual bars state championship, and Westfield's Katie Freix finished third in the all-around.

In swimming, the Oakton girls' and Robinson boys' teams took home state championships. In Maryland, the Wootton girls' team won a state championship, edging rival Churchill. The Wootton boys' team finished runner-up.

Spring Sports

The T.C. Williams boys' soccer team entered the 2014 season with hopes of getting past the region quarterfinals. The Titans took care of that — and then some.

TC won the first state championship in program history, beating Washington-Lee 2-0 in the Virginia 6A state final.

The Centreville girls' team reached the 6A championship match, but fell short against Battlefield, 0-0 (4-3), in a penalty-kick shootout. The Wildcats finished region and state runners-up despite winning just three of their first 10 matches.

The South County softball team won the program's first state championship, beating previously undefeated Cosby 4-1 in the 6A final. Stallions pitcher Rebecca Martin finished her high school career with another gem in the circle, tossing a complete-game three-hitter while striking out 10. Catcher Haylea Geer hit a momentum-swinging solo home run in the fourth inning.

In lacrosse, the Robinson boys' and Westfield girls' lacrosse teams won state championships. Westfield defeated Oakton 13-11 in the girls' final after losing to the Cougars in the Conference 5 and 6A North region championship games. Robinson started the season 1-3 before closing with 17 straight victories, including a 9-7 win over Langley in the state final.

In baseball, Chantilly won the first region championship in program history and reached the Virginia 6A state final. McLean reached the state semifinals, the furthest postseason advancement in program history.

In track and field, T.C. Williams brought home the Virginia 6A boys' state championship. The South County girls' team finished state runner-up. In Maryland, the Wootton boys' team finished 4A state runner-up.

In tennis, the Lake Braddock boys' team defeated Langley in the Virginia 6A state final. The Oakton girls' team finished state runner-up. Oakton's Adrien Bouchet won the boys' singles championship, and Lake Braddock's Jacob Daugherty and Long Huynh won the boys' doubles title. Oakton's Lizzie Stewart won the girls' singles title and Stewart and Lindsey Le won the girls' doubles championship for the Cougars.

SPORTS

RSTA Cares: Swimming and Service at the Pools

Swimmers collect 365 towels for the homeless.

A cool, rainy morning didn't dampen the spirit of the RSTA teams Saturday, June 21, as swimmers all across Reston demonstrated their concern for others along with their swimming skills.

A towel collection for the homeless and a display of support for a grieving family showed that Reston swimmers have big hearts not only for speed and endurance but also for caring and compassion.

All nine RSTA teams participated in the Reston Aquatics Challenge to see which team could collect the most towels for do-

"I'm happy with the participation of all the teams and that people in Reston still care about those less fortunate."

— Boy Scout Robby Cordts, Troop 1313, Reston

nation to the Embury Rucker Shelter in Reston. The shelter opens its doors once a week for homeless people to take showers, but it doesn't always have towels for them. Organized as an Eagle Scout project by Robby Cordts of Troop 1313 in Reston, the challenge garnered 365 towels for the shelter.

Winning the challenge with a collection of 98 towels was the Lake Anne Stingrays. Trailing Lake Anne were the Lake Audubon Barracudas with 61 towels; Ridge Heights Sharks with 48; Lake Newport Lightning with 47; Hunters Woods Blue Marlins with 22; North Hills Hurricanes with 20; Newbridge Dolphins with 18; Autumnwood Piranhas with 17; and Glade Gators with 4. Troop 1313 also contributed 30 towels to the effort.

"As swimmers we take towels for granted, however there are people in Reston to whom towels are a luxury," said Cordts. "I'm happy with the participation of all the teams and that people in Reston still care about those less fortunate."

Compassion also was on display as several teams selected orange as their spirit theme to honor Newbridge team parent and avid volunteer David Tremaine and his family. "David Tremaine very recently passed away due to colon cancer. He was Hayfield Secondary's principal in Alexandria—school colors were orange, and a significant part of his wardrobe and persona—and his loss was significant to many in the Reston and Hayfield communities," said Kimberly Berry of Glade swim team. A fund for the Tremaine family has been established at youcaring.com.

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PHOTO BY RSTA

Glade's Emma Stiglitz races to a third-place finish in the girls' 13-14 50-meter butterfly.



PHOTO BY RSTA

Tatum Berg of Autumnwood competes in the girls' 8 and Under 25-meter backstroke.



PHOTO BY RSTA

Big brother Albert Xu gives his little brother and North Hills teammate Gabriel some last-minute diving tips before the freestyle.

Hunters Woods Blue Marlins 544, Glade Gators 484.

For Hunters Woods, Nolan Dunkel set a new team record in the Boys 8 & under 25-meter butterfly, breaking a record set in 1999 with a new time of 18.99. Triple-event winners were Nolan Dunkel, Gwyneth Wagner, Eric Tang, and Ashley Turner. Double-event winners were Katie Wang, Phillip Pan, Roger Zeng, Gloria Wang, Jack Ham, Ashley Thai, Melissa Le, Spencer Line, Megan Le, William Yao, and Thomas Evans.

For Glade, triple-event winners were Clara Landeryou, Sophia Landeryou, Andrew DeLillio, and Reagan Tobias. Double-event winners were Rachel Smith, Emily Landeryou, Kellie McCrea, David Clark, Joseph Letteri, Olivia Cochis, and Lindsey Hirshfeld.

Lake Newport Lightning 699, Autumnwood Piranhas 372

For Lake Newport, triple-event winners were Anna Redican, Jack Edgemon, Dan Ni, Emi Redican, Lindsey Jacobson, Casey Storch, Vincent Kahng, Siena Shannon, Alan Yu, and Vania Zeledon. Double-event winners were Bridget Brennan, Maggie Karim, Joseph Redican, Jeffrey George, Nathan Ho, Mara Redican, Polina Eskin, and Andrew Shedlock.

For Autumnwood, triple-event winners were Luke McDermott, Jair Valenzuela, and Kalista Majoros. Double-event winners were Manda Xie, Bailey Copeland, Caden Southworth, Natalie Bolster, Benjamin Thompson, Valerie Kovacs, Andrew Freeman, and Natalie Metz.

Ridge Heights Sharks 547, Newbridge Dolphins 505

For Ridge Heights, triple winners were Anna Gillespie, Ryan Vanderhoof, Paige Sogandares, and Dylan Hawley. Double-event winners were Aidan Coughlin, Derek Liu, Diego White, Ryan Ferzoco, Grace Qian, Maya Becker, Connor Pierce, Shilai Li, Tara Thomas, Mika Ernst, Elli Imel, and Kati Imel.

For Newbridge, triple winners were Sam Joyner, Emma Grossback, Jean-Louis Guill, and Taelor Oey. Double winners were Maggie Novak, Daevin Oey, Ian Meikle, Lucy Vogt, Elijah Bishop, Joseph Sgambati, and Keya Chava.

"One Less Thing"

By KENNETH B. LOURIE



Forrest Gump knew when he voiced over: "Mama got the cancer and died on a Tuesday. I bought her a new hat with little flowers on it. And that's all I have to say about that." And if you watched the movie as often as I did (it was one of my mother's favorites), you may also recall "Mama always said you got to put the past behind you before you can move on." However, as regularly as I try to follow Forrest's and his Mama's sage Greenbow, Alabama advice, being a real-life cancer patient, some days are more difficult than others, especially when your oncology nurse calls the you the day before your every-three-week chemotherapy infusion to tell you that some of the levels tested for in your every-three-week, pre-chemotherapy lab work are abnormal (creatinine too high, GFR too low) which may put a stop to the treatment this week. And if there's one psychological crutch I'll admit to having, it's the need to not miss any of my regularly-scheduled infusions or any of the other scans or miscellaneous appointments as a means not to my premature end.

Although this potential blip in my lung cancer trip has happened previously: white blood cell count too low, potassium too high, blood work hemolyzed; which also led to re-tests, new prescriptions, stoppage of treatment, etc., hearing it is never good news. Among other considerations, it means complications and likely delays concerning things that yours truly, as the patient, doesn't want to think it means: trouble with a capital "T." Nevertheless, the experience is not unfamiliar and mostly the results have been overturned on appeal, if you follow my drift. Still, until the new results are posted and/or the new prescription is filled or the infusions continue, it's difficult to put the past behind you because the present won't let you.

After the initial disappointment has passed, Ron, my oncology nurse, and I discuss my options since medically speaking, everything needs to be re-confirmed. I opt for a re-test immediately in the hope that a second test – a day later, that very day in fact – would provide whatever time my body and/or the lab needed to determine that my results did indeed fall within the normal parameters, for me, and so the infusion could go on – in, actually. If the results are unfortunately still too high/too low, we have a plan for that but since neither Ron nor I are inclined to beat the rush and panic now, we'll patiently (no pun intended) wait for the re-test's results. And since my blood work is always "STAT" (a.s.a.p. for you lay people out there), we'll receive confirmation by 4 p.m. this afternoon, more than enough time to still maintain my infusion schedule for tomorrow and move forward, which for those of us being actively treated, is crucial. At least to this patient, it is (in my head, anyway).

Approximately four hours after my conversation with Ron, including the 45-minute drive to the lab, the 30-minute wait to be drawn and then the 10-minute drive home, Ron calls to tell me that he'll see me tomorrow. The re-test came back normal and we can all proceed with the infusion – and caution as usual. Whether you take Roloids or not, you can spell r-e-l-i-e-f now. Now whether a week's delay due to the levels in my lab work would have actually mattered in the short, middle or long term infusion schedule, one certainly can't know. At least now, I can go forward and not worry as much about the past since we're presently on track once again. Life really is like a box of chocolates. Although I like the caramels and soft centers best.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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TRUSTEE'S SALE OF
12913 Alton Square, Unit #116
Herndon, VA 20170

Pursuant to the terms of this subordinate Deed of Trust in the original amount of \$50,000.00 dated April 1, 2008 and recorded on November 10, 2010 in Deed Book 21362, Page 1833 of the Fairfax County land records, default having been made in the payment of the note thereby secured, the undersigned appointed Substitute Trustee, pursuant to the request of the holder of the Note thereby secured, will offer for sale at public auction at the front of the Fairfax County Circuit Court (Fairfax County Judicial Center, 4110 Chain Bridge Road) at Fairfax Virginia on July 10, 2014 at 11:30 AM the property more particularly described in the above Deed of Trust, located at the above address and briefly identified as follows:
Condominium Unit Number 12913-116 in WORLDGATE CONDOMINIUM, a Condominium, together with an undivided interest in the Limited Common Element Parking Space G1-33 and any other limited common elements appurtenant thereto, established by Condominium instruments duly recorded in Deed Book 8837 at Page 672, et seq., and any and all subsequent amendments thereto, among the land records of Fairfax County, Virginia

Tax Number: 016414040116

The property and improvements will be sold in "as is" physical condition without warranty of any kind.

TERMS OF SALE: Cash. A ten percent (10%) bidder's deposit in cash or certified check payable to the Trustee shall be required of the successful bidder at the time of the time of the sale before the bidding will be closed; settlement must be made within twenty (20) days or property to be resold at cost of defaulting bidder. The holder of the Note may credit bid the amount owed under the Note. Additional terms will be announced at the time of sale and the successful bidder will be required to execute and deliver to the Substitute Trustees a memorandum or contract of the sale at the conclusion of bidding. All costs of conveyancing, examination of title, recording charges etc. will be at cost of purchaser. Neither the Trustee or any other party guarantees or covenants to deliver, or in any way, obtain possession of the premises for any third party purchaser.

This property is subject to the following liens: (1) Deed of Trust from Jahangir Parandeh, a married man, to Suellen W. Wohlfarth, Trustee, securing GreenPoint Mortgage Funding, Inc., in the original principal amount of \$108,000.00, dated October 3, 2001, recorded October 4, 2001, in Deed Book 12276 at Page 786, corrected and re-recorded in Deed Book 20964 at Page 55 (corrects the legal description), assigned to GMAC Mortgage, LLC by Notice of Assignment recorded in Deed Book 21991 at Page 645, (2) Deed of Trust from Jahangir Parandeh, a married man, to Suellen W. Wohlfarth, Trustee, securing GreenPoint Mortgage Funding, Inc., in the original principal amount of \$13,500.00, dated October 3, 2001, recorded October 4, 2001, in Deed Book 12276 at Page 810, assigned to 15 HELOCS Financing, LLC, by Assignment of Deed of Trust recorded in Deed Book 19166 at Page 1891 (3) Judgment in favor of Luis M. Neto and Julie N. Neto, against Versailles Developing Corp., Inc., a/k/a Versailles Developers Corp., and Jahangir Parandeh, in the amount of \$36,000.00, plus prejudgment interest in the amount of \$3,060.00, dated February 19, 2010, docketed March 15, 2010 in Judgment Book 171 at Page 1778 (4) Judgment filed in favor of Hachette Filipacchi Media U.S., Inc., d/b/a Elle Decor against Jahangir Parandeh, a/k/a John Parandeh and Versailles Design Center, Inc., d/b/a Versailles Design Center, Versailles Gallery, and Versailles, in the amount of \$57,000.00, plus interest at 9% from August 25, 2006, plus costs and attorney's fees, dated October 15, 2008, docketed October 15, 2008 in Judgment Book 155 at Page 1741 (5) Judgment in favor of HL Mail Venture against Multinational Traders Inc. and Jahangir Parandeh, in the amount of \$220,920.61 plus interest at 18% from August 17, 1990, plus interest from the date of judgment at 9% plus late charges of \$11,046.03, dated August 10, 1992, docketed August 25, 1992 as Judgment Number 217327.

Bond Consultants, LLC Substitute Trustee
This communication is from a debt collector. This is an attempt to collect a debt and any information obtained will be used for that purpose.
FOR INFORMATION CONTACT
David Charles Masselli PC (Attorney for the Substitute Trustee) 4113 Lee Highway Arlington, VA 22207 dm@mlaw.com (703) 741-0402

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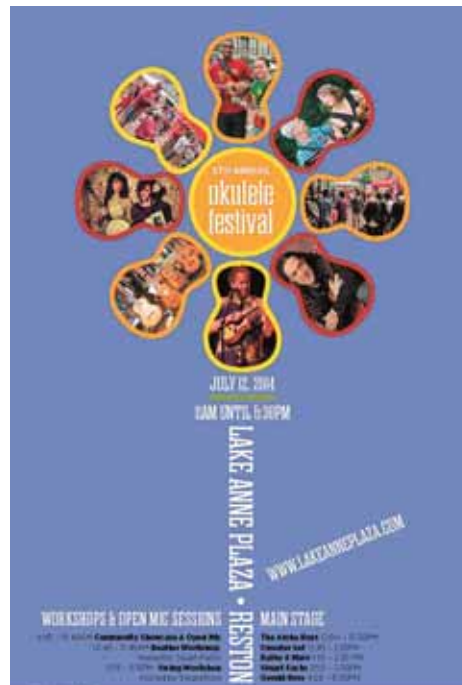
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COMMUNITY



Lake Anne Ukulele Festival will be
held Saturday, July 12

Ukulele Festival Returns to Lake Anne Plaza

July marks the annual ritual when uku-
lele fans head to the waterfront at Lake
Anne and enjoy the tranquil tunes when the
plaza hosts its popular Lake Anne Ukulele
Festival, set for Saturday, July 12. The free
festival, in its fifth year, features perfor-
mances by several internationally known
and local ukulele musicians, music demon-
strations, open to the public jam session,
festival vendors, and other family friendly
activities. This festival is the only ukulele
festival in Northern Virginia, which has
brought thousands of people to Lake Anne
from across the region for this event.

2014 Performance Line Up

❖ WORKSHOPS & OPEN MIC SESSIONS

9:45 - 10:40 a.m. - Community Showcase &
Open Mic at Café Montmartre
10:45 - 11:45 a.m. - Beatles Workshop -
hosted by Stuart Fuchs at Café
Montmartre

❖ MAIN STAGE ON LAKE ANNE PLAZA

12 - 12:30 p.m. - The Aloha Boys
12:45 - 1:20 p.m. - Sweater Set
1:55 - 2:30 p.m. - Kathy & Marv
2:50 - 3:50 p.m. - Stuart Fuchs
4:00 - 5:00 p.m. - Gerald Ross
5:15 - 6:15 p.m. - Swing Workshop hosted
by Gerald Ross - Café Montmartre

The festival is hosted by the Lake Anne
Merchants with support from the Reston
Community Center, Friends of Lake Anne
(FOLA), Northern Virginia Magazine and the
Northern Virginia Ukulele Ensemble.

The festival be held at the Lake Anne
Plaza (Waterfront) - 1609 Washington
Plaza, Reston. Website:
www.lakeanneukulefest.com or
www.lakeanneplaza.com
Free, rain or shine.

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Reston
\$309,900
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Town
House
Light-filled
2-level,
3BR TH in
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cluster! Walls of windows, spacious kitchen, cozy wood stove in living/dining room, sky-lit bedrooms, deck backs to parkland! Minutes to shopping, school, Reston amenities, future Silver Line METRO.

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Motivated
Seller!
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3.5BA, 3-
level TH in
sought-after
cluster! Open

design, h/wds, dramatic 2-story LR, main level study. Walk-out lwr lvl has guest suite, theater rm, exercise studio & ample storage. Upper level laundry, deck patio overlooking common area. Minutes to Reston amenities & Wiehle Ave Silver Line METRO!



Reston
\$879,000
Gulick
Patio
Home
4BR, 3.5BA,
4,000+ sq ft,
loaded with
upgrades.

Main lvl library, gourmet kitchen, sunroom, master suite w/sitting rm, lower level w/home theater, bar & full bath. Fenced rear oasis w/patio, built-in grill, water feature, pergola.

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Vacation in
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front porch
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Charming!
3BR, 2.5BA
brick front TH
in sought-after
Newington
forest. 3 fin-
ished levels
nestled in

wooded parkland setting. Walkout basement opening to large, fenced backyard and patio. Convenient commuter location w/easy access to connector bus, VRE & Franconia-Springfield METRO.



Reston
\$665,000
Serene
Location
Very cool,
very
updated

contemporary 3BR, 2.5BA patio home. Close to everything. Walk to South Lakes shopping, Silver Line, pool, tennis, paths & 2 lakes.

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Home!
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2.5 BA
Glen-

brook model with vaulted ceilings, FP in FR, quiet cul-de-sac with private yard & deck. Walk to the pool!

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Reston
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Location
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Colonial
located on

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To 3rd green
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course from
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temporary

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kitchen w/top-
of-the-line
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