

Flag Day at

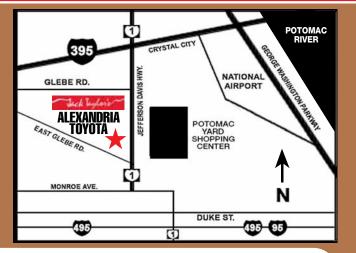
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Let's Go

News



Burke Lake Park kicks off Arts in the Parks on Saturday, June 28, with a performance by Mr. Gabe.

Saturday Morning Live!

Mr. Gabe kicks off Arts in the Parks at Burke Lake Park.

> By Abigail Constantino The Connection

urke Lake Park started its summer entertainment series on Saturday, June 28, with a live and interactive performance by Mr. Gabe. The event is part of Fairfax County Park Authority and Fairfax Park

"We came to check out the toddler songs. And Burke Lake is specially interesting to us because they have a train and a walking path, and we're going to check it out when we're done here," said Casey Nair, of Alexandria.

Foundation's Arts in the Parks.

"It's an option to get out in the morning with the kids," said David Farris of South Riding. He and his

family used to live in the Burke area and are familiar with Burke Lake Park. "There's a lot of recreational area we wouldn't otherwise have access to, like boats and a carousel...It's a way for us to get into the woods," he said.

Children, and their parents, danced and bobbed to the catchy songs of Mr. Gabe who, along with violinist Chelle Fulk and bass player Holly Montgomery, also led the audience to a rousing sing-a-long of familiar children's tunes.

Arts in the Parks continues at Burke Lake Park every Saturday at 10 a.m. until Aug. 23.

"There's a lot of recreational area we wouldn't otherwise have access to, like boats and a carousel...It's a way for us to get into the woods." — David Farris of South Riding hotos by Abigail Constantino/The Connection



From left — Chelle Fulk, Mr. Gabe, Holly Montgomery don pirate attire during a performance of their song "Pirates" from their album Play Date at Burke Lake Park on Saturday, June 28.



Trinity Wlaschin, 8, of Alexandria shows her violin playing skills to violinist Chelle Fulk at Burke Lake Park on Saturday, June 28.



Lisa Stevens with Nora, 3 and Erin 7, of Springfield attend Burke Lake Park's Arts in the Parks series on Saturday, June 28.



Amanda and Shane Wilkens, with Audrey, 5 months, of Springfield, attend Burke Lake Park's forward to riding the train after the concert at Arts in the Parks series on Saturday, June 28.



Rob Hornfeck and Niki, of Fairfax City, looks Burke Lake Park on Saturday, June 28.

News



Flags were proudly hoisted in the air during highlights of the festivities.

Flag Day at Union Mill

By Veronica Bruno The Connection

lags were hoisted in air as students marched to song onto the stage at Union Mill Elementary on Flag Day. The school hosted a grand old celebration of Red, White, and Blue on June 13. Kindergartners waved American flags and dressed in patriotic colors to celebrate the creation of our nation's banner.

Students began the celebrations by pledging allegiance to the flag and then joined in a rhythmic chant of "Red, White, and Blue." Various groups of 5-and 6-yearolds came up to center stage to narrate parts of the program, which included many patriotic songs and poetry. Music teachers Lee Larsen and Ryan Holland designed the program. The program ended with fifth and sixth grade chorus students joining the kindergartners in song.

The program was performed in the morning by a few of the classes and then repeated throughout the day to include all the kindergarteners of the school. As students proclaimed "there are so many amazing places and lands in our beautiful country, our nation is so grand," parents beamed with pride from the audience.



Flag Day participants Kayla, Alex, Dina, John, & Katherine (front row) as well as Charlotte, Colin, Hailey, Guy, Elanora, and Asher (back row) symbolized the "red" part of the American flag at Union Mill Elementary's Flag Day celebration.



Union Mill participants Gabriella, Allie, Noah, and Riley (front row) enthusiastically sang "Proud to be an American," "This Land is Your Land," and "God Bless the USA" to an audience of delighted parents.



Kindergartners Guy, Hailey, Asher, and Elanora told the audience "Hurray for the flag!" They further said, "Kindergartners love it too." Poems "The Flag" and "You're a Grand Old Flag" followed.



Area Roundups

July 4th Rides Home

WRAP will provide safe rides home during the Fourth of July holiday. Those needing one may call 1-800-200-TAXI (AT&T customers dial #WRAP) for a free ride home, up to a \$30 fare, from Friday July 4, at 10 p.m. through Saturday, July 5, at 4 a.m. People must be 21 or older to use this service. Some restrictions apply; see www.soberride.com for further details or call WRAP at 703-893-0461.

FCPS Launches Collect for Kids School Supply Drive

To ensure that every child in the school district is prepared for school, Fairfax County Public Schools (FCPS) will launch Collect for Kids, a coordinated school supply drive to benefit needy FCPS students, on Monday, July 7. The drive will provide school supplies for the 2014-15 school year for students who qualify for free and reduced-price meals; donors may contribute backpacks, calculators, or cash that will be used to purchase as many supplies as possible. Approximately 27.8 percent of FCPS students receive free and reduced-price meals.

Citizens can support FCPS students in one of three ways:

- * Cash donations. By partnering with Office Depot and Kitz for Kids, Collect for Kids purchases school supplies in bulk, translating a \$1 donation into \$3 worth of school supplies. A \$10 donation can fill a backpack with FCPS-approved supplies. Donations are accepted online or at any Apple Federal Credit Union (Apple FCU) or Northwest Federal Credit Union branch (Northwest FCU).
- * Backpack donations. Donations of new backpacks can be brought to any Apple FCU or Northwest FCU branch, or to any affiliated organization.

News

Full-Day Mondays Start in September

Teachers promised planning time.

By Reena Singh The Connection

ull-day Mondays for all.
After 40 years, Fairfax
County Public Schools
will give all elementary
students "full Mondays" for more
learning time — and more recess.
During a School Board meeting
Thursday, June 26, Superintendent Karen Garza said Mondays
were cut in half for elementary
students since 1972.

"While not everyone tonight will embrace the change, we will engage the stakeholders," she told the board.

Mondays were originally cut to give elementary teachers more planning time.

Garza said she promised teachers would still be given enough planning time.

"We will be ready in September,"

When Monday was chopped in half, recess time was also cut. Students had 10 minute recess breaks to make up for lost time in the classroom.

Because the week will be more uniform, she said, it will also be easier on parents.

Sully district board member Kathy Smith was the only person to vote against the action. Lee district board member Tammy Derenak Kaufax was absent.

"There's a lot of pressure on me to vote yes," she said. "I need to be a voice for the teachers who are concerned."

She said Kaufax would have voted against the action for the same reasons. Smith said she would feel more comfortable if the board voted to have full-day Mondays begin in fall 2015 to give teachers more time to adjust to the change.

Others felt like elementary students this year deserve to benefit from the extra time full-day Mondays would give back to them.

"We can't continue to educate children in 2014 and beyond as we did in the 1970s," said Springfield district board member Elizabeth Schultz.

Schultz was in the second grade when her family moved — resulting in her moving to a Fairfax County elementary school. She said she remembers not understanding why Mondays were cut in half. During the past two years, she asked administrators how the elementary schools were meeting accreditation standards with the hours missed and was dissatisfied with their answers.

She said 94 percent of parents who answered a recent survey about the topic said "do it and do it now."

Dranesville district board member Jane Strauss said some members of the county Board of Supervisors — including Dranesville supervisor John Foust — promised to pour extra money into the school system to support the move.

"Parents have been hoping for the change for a long time," said Hunter Mill district board member Pat Hynes.

"We're asking for a leap of faith from the teachers, which is absolutely true," she said. "With every conversation, we get closer and closer to their comfort level."

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PHOTOS BY REENA SINCH/ THE CONNECTIO

Superintendent Karen Garza talks to the School Board about why full-day Monday is needed for the upcoming school year.



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OPINION

COMMENTARY

County Falling Behind on Its Housing Goals

EXECUTIVE DIRECTOR Northern Virginia Affordable Housing

n June 9, the Residential Studio Committee of the Fairfax County Planning Commission voted to recommend that the review of the Zoning Ordinance Amendment for Residential Studio Units be tabled. This recommendation will be voted on by the full Plan-

ning Commission at its July 24 meeting and it is almost certain that it will be adopted. After months of com-

mittee hearings and community meetings throughout the county, the RSU amendment will be quietly put to rest.

What were the factors that defeated this proposal? They were many and varied, including:

- ❖ virulent community opposition;
- ❖ fear of overcrowding, which is a real issue in some parts of the county;
- an abject lack of knowledge by the larger community about the issue of housing affordability — who needs it, current housing costs, income levels of the workforce, the impacts on our quality of life;
- ❖ a zoning ordinance that didn't allow the flexibility needed to develop these units;
- * absence of leadership from the Board of Supervisors in communicating the county's growing unmet housing needs and helping to shepherd a community discussion that was balanced and respectful.

Is Fairfax County committed to providing housing that is affordable for all its residents?

While the Board of Supervisors unanimously adopted the Ten Year Plan to End Homelessness in 2007 and the Blueprint for Housing in 2010, they have done very little in the ensuing years to provide the resources needed to implement these plans. In 2009, when the county reduced financial resources to leverage private capital to preserve and develop new affordable housing were lost (the remaining half cent is used to pay the debt service on the bonds issued for the Wedgewood Apartments acquisition). From 2005 to 2009, the One Penny Fund preserved over 2,200 units of affordable housing. Since 2009, the number of new or preserved units serving households earning less than \$64,000 or 60 percent of area median income has de-

clined significantly.

The FY2015 Housing and Community Development budget provides \$5 million for new construction or a

preservation project of 120 units, and approximately \$3 million for Bridging Affordability, a rental subsidy for households moving out of homelessness. This is a paltry amount of funding for a county of this size and wealth. As has been famously said, "show me your budget and I'll show you your priorities."

Other policies to provide funding for housing have been studied and tabled by the Board of Supervisors, the most recent being the "3-2-1 policy" which would secure a contribution from commercial development in transit and high density areas of the county to support the development of workforce housing. This policy is currently in place for the Tysons redevelopment area, but board members felt that if applied to other areas of the county, it could deter new commercial development which has slowed down in the last few years. However, both Arlington and Alexandria have commercial development fee policies in place, and the result has been a significant increase in resources for affordable housing with no apparent impact on commercial development.

The unwillingness to adopt new, proven funding strategies, combined with minimal local investment in housing programs means that the county is falling farther and farther

BY MICHELLE KROCKER the Penny Fund for Housing to a half cent, the behind in meeting the goals for the 10 Year Plan and the Blueprint for Housing. How can homelessness be addressed in a meaningful way if the stock of affordable housing isn't growing? How does Fairfax County ensure that there is housing in its communities for the workforce in the retail, hospitality, health care, public sector and entry level jobs? How does the county promote the development of stable, affordable housing for homeless children, youth aging out of foster care, persons with special needs, seniors on fixed incomes and low wage working people?

> The final motion on the RSU amendment at the June 9 meeting included a recommendation stating that "there be a broader community dialogue about affordable housing, including a discussion on how best to provide for a range of housing opportunities that will serve the county's current and future residents at all income levels." The Alliance enthusiastically endorses this recommendation, and believes the time for discussion is now. An honest community discussion would hopefully break down some of the barriers of mistrust and misunderstanding surrounding housing, and engage more members of the community in building consensus for solutions.

> The growing shortage of affordable housing and the severe cost burden for an increasing percentage of the county's population is not unique to Fairfax County. This is a challenge that threatens the vitality and sustainability of the entire region, and some jurisdictions have made progress in increasing their affordable housing stock through a variety of financial and land use tools. As the largest jurisdiction and the engine of job growth for the region, Fairfax County should be the leader in addressing the housing issue. Instead, they are lagging far behind due to negligible investments and the absence of vision to address the unmet housing needs of its residents both today and in the future.

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LETTERS TO THE EDITOR

Later Start Times Can Benefit Community

To the Editor:

To set the record straight, there is nothing worse for traffic than a car crash, and sleepy teen drivers are like drunk drivers in terms of performance behind the wheel. Later high school start times are safer for teens and also for the rest of us as they have been shown to significantly decrease car crashes in young drivers.

When you read letters opposing this effort, please ask yourself whether the letter-writer has a personal vested interest in retaining the status quo. Last week's letter, "Later Start Times Affect Commuters," was filled with misinformation and scare tactics.

there are only a small number of cents. In 10th grade, only 25 perchildren impacted by the morning start times that are among the earliest in the nation. Fairfax high schools start classes at 7:20 a.m.

nation start before 7:30 in the morning! Seventy-two of 95 counties in Virginia start high schools at 8 a.m. or later. Perhaps the letter writer would prefer that FCPS start school at 5 a.m. to ensure that our children are all out of the way before his morning commute? The reality is that Fairfax County Public Schools are a massive part of the traffic flow for the entire morning commute. It will remain that way with any of the new schedules as well.

The majority of FCPS high school students are sleep deficient. Only 15.5 percent of seniors get 8 hours of sleep per night on school nights and medical experts recom-The letter made it sound as if mend about 9 hours for adolescent are getting at least 8 hours of sleep per night. The letter writer seems to be suggesting that 75 percent or more of our students Only 10 percent of schools in the pay for unnecessary medical tests

and ask doctors to write medical excuses for a problem that is the norm, not the exception to the rule. Perhaps he is unaware that there is compelling medical and educational evidence that very early school start times are a problem and that the Virginia Chapter of the American Academy of Pediatrics has a position in favor of later high school start times for students in Virginia as does the Medical Society of Virginia and the Medical Society of Northern Virginia.

For more than a year, FCPS has partnered with Children's National Medical Center and has met with stakeholder leaders from more than 45 different organizations, agencies, and community groups. Transportation experts and stakeholder leaders studied about 20 scenarios before the school board selected four potential scenarios to bring to the community for input.

tremely slow and deliberate in this process. Children's National Medical Center has been working to include input from all stakeholders, including principals, social workers, leaders from the teacher organizations, PTA's, the athletic council, the Park Authority, School Aged Child Care providers, the middle school after school program, Safe Routes to School, and others. In July, there will be a work session with a report to the board. School board members have suggested that the Blueprint for Change may be one of the four options or it may be a hybrid based on the community input.

The School Board has been ex-

Montgomery County's Superintendent delayed implementation of any high school start time changes, but he will not be able to close the door on the need for later morning schedules because it is

SEE LETTER, PAGE 14

LETTERS TO THE EDITOR

Unsolved Landfill Issues

To the Editor:

Your article "Landfill Decision Deferred to July 29" [Connection, June 19-25, 2014] reporting on the controversial Lorton landfill extension proposed by EnviroSolutions (ESI) omits two strategic facts that pertain to the discussion. The first is that developers are tending increasingly to recycle construction waste, rather than send it to landfills. This will undoubtedly impact a planned closure date, plus any projected revenues the County plans to obtain from ESI landfill operations should be reduced accordingly.

The second is that any green energy project at the site would need a distribution grid to deliver the power output to consumers. No grid currently exists, yet this fundamental aspect of planning is conveniently left out of the discussion. Who would build this and who would pay for it? What additional impact would this have on the area?

One has to wonder what is so compelling

about the relationship between ESI and the Board of Supervisors to warrant one deferral after another. As early as 2006 ESI sought special treatment from the County, but couldn't deliver on their promises. Plans for the park they promised to develop when the landfill closes have been scrapped. More recently they have been allowed to revise their proposal time and again, for reasons understood only by the Board of Supervisors.

Some County Commissioners, including Chairman Sharon Bulova, favor compromise with ESI; but the community distrusts ESI based on their past performance, and does not want their project to go forward. Chairman Bulova, it's well past time to deny ESI's application and look at other resident-friendly options for the use of this land, prominently located within an R-1 (Residential) zone.

Nancy Piotter Fairfax Station

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.





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WELLBEING

Summer Health and Safety Hazards

Keeping danger at bay during warm weather months.

THE CONNECTION most common.

long hikes, many people spend the Fairfax County Fire and Rescue laxing summer for everyone. season outdoors. Danger, from Department. "It saves them money water-related illnesses to heat and provides a safe environment stroke, often comes with the fun. to view fireworks." Public safety officials say people can prevent accidents and illnesses works are banned in the City of by taking safety measures and stay- Alexandria. "We have close to 100 ing informed.

public health is that we can't be Washington, spokesman for the everywhere all the time," said Glen City of Alexandria Fire Depart-Barbour, public safety information ment. officer for the Fairfax County For those who decide to use con- at the health department empha- wearing a life vest when boating Health Department. "It is really in sumer fireworks, there are a few size is gastrointestinal illness are also important. "Should somethe hands of the public to take pre- safety considerations to keep in caused by feces in the water," said cautionary measures and protect mind: "Fire them from a flat sur- Barbour. "We encourage people, themselves."

Celebratory sparklers are popu- combustible materials near the dren, to not go to a public pool lar during the summer, but they're fireworks," said Schmidt. "Have when they have diarrhea." a source of danger. The U.S. Con-bystanders at least 25 feet away, reports that 60 percent of fireworks children handle or light fireworks." injuries occur around July 4. Hand,

By Marilyn Campbell eye and face injuries are among the **OTHER SUMMER HEALTH**

"The first thing that we recomyear. From picnics and in a public place that has been perdays at the pool to back- mitted and checked for safety," said

Other safety officials agree. Firepercent compliance, so we don't "One of the core messages with see many injuries," said Tony

face and make sure there are no especially the parents of small chil-

HAZARDS are equally preventable. From recreational water illummer comes but once a mend is viewing fireworks displays nesses to sunburns, staying informed about potential hazards lic pool, discouraging children and strategies for keeping them at from drinking water that is used yard barbeques and day- Dan Schmidt, spokesman for the bay can lead to a more fun and re- for swimming and giving young

"The best way to prevent recreational water illnesses is to keep germs, pee and poop out of the IN ADDITION TO ILLNESSES. into the water."

Fairfax County issues the same ter. message. "The main thing that we

are killed right away, even in chlorinated water, and that leak-proof diapers don't always keep feces out

Other preventative measures include frequent hand washing, taking a shower before entering a pubchildren bathroom breaks at least every 60 minutes.

water," said Kurt Larrick, spokes- other water-related dangers spike man for the Arlington County De- during the summer. "They are a lot partment of Human Service. of accidents like drowning," said "Check diapers frequently and take Barbour. "Teach their kids how to a shower with soap before going swim, watch young children very carefully when they are near wa-

> Swimming with a partner and one fall in the water and injure their head, the life vest will keep them floating," said Barbour.

Heat-induced ailments like sunburns, heat rashes, heat exhaustion Barbour warns of factors that and heat stroke are other hotsumer Product Safety Commission read the directions and don't let might give the public a false sense weather culprits. "The three most of security. "We want parents to be important things to do to prevent mindful that not all not all germs them are drink enough fluids, wear



Water-related injuries and illnesses increase during the summer. Among the best defenses against such hazards are awareness and good safety practices like teaching children how to swim.

proper clothing and choose the treme heat of midday."

Wearing sunscreen, staying hydrated and avoiding alcohol when in the heat are also good ideas. "Most of the research shows that you should drink water before go- said Sutter. "If you listen to your ing out into the heat, even if you body you can avoid some of these don't feel thirsty. Thirst is the last warning sign of dehydration," said Sutter. "After you come in, you can add back water with sports drinks that have electrolytes.'

Know the warning signs that it best times to be outside," said is time to get out of the heat: "Heat Caroline Sutter, RN DNP-BC, assis- cramps are the first thing that you'll tant professor of nursing, George feel," said Sutter. "Your muscles Mason University. "Avoid the ex- will get tired and cramp easily because they aren't getting enough

> Nausea, vomiting and headaches are also clues. "Your body is good about giving your warning signs," major complications."

The elderly and very young children are at greatest risk of heat ill-

"Children in sports camps or out-that we do have West Nile virus and to risks," said Larrick.

More on Summer Safety

Fairfax County Emergency Information Blog

Fairfax County Health Department www.fairfaxcounty.gov/hd/

door camps should wear sunscreen Lyme disease in our area," said and have regular rest breaks in the Barbour. "When summer comes, shade," said Rosemarie Berman, RN, Ph.D., chair, B.S.N. program; to insects that cause people to get assistant professor of nursing, sick." Marymount University in Arlington. "A well-regulated camp will have regulated rest periods."

Barbour said, "Parents of infants and small children should be aware because a baby can't tell you when they're sick. Check on elderly neighbors who don't have air conditioning."

children and pets in small, enclosed spaces like cars. "They could die even after a short period of time like when you're running to get include checking your body caregas," said Sutter.

dangerous weather like heat from around a home. "At least once waves. "We have cooling centers a week, we encourage people to open on really hot days," said Barbour. "You can also go into an water from places like bird baths air conditioned public space like a and your dog's water bowl."

and ticks can also pose health threats. "People should be mindful people are outside and are exposed

Heavily foliaged spaces, like those with tall grass, are where such bugs hide. "If you're in an area where the grass is high, on the fringes of a park or even your backyard, be aware," said Barbour.

When hiking or working outside, wear light-colored, loose fitting clothing, long sleeves and long Avoid leaving the elderly, young pants. "Ticks are sneaky," said Barbour. "They will crawl up your leg without you knowing it."

Other precautionary measures fully for ticks after coming inside Stay informed about potentially and eliminating standing water walk around their house and dump

Health and safety officials say that most summer hazards are **BITES FROM MOSQUITOES** avoidable. "Summer safety pretty much all boils down to common sense and reducing your exposure TO A WHOLE HOUSE HOME TOUR IN ARLINGTON!

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Food Truck Changes Considered in Fairfax County

Public Hearings are July 30 and Sept. 9.

By Janelle Germanos

nstead of bringing a brown-Fairfax County residents may they can be in the wrong place at soon have a different option. On the wrong time, and residential June 17, the Board of Supervineighborhoods are not the right sors voted to move forward with place at any time. There have been a proposal to make changes to some issues with that in some of food truck regulations.

ings, construction sites, and able," Smyth said. the Board of Supervisors.

County Board of Supervisors. "I've enjoyed working with the food truck industry and Fairfax County's hospitality industries to find ways to accommodate this use."

Supervisor Lynda Smith (D-Providence) said at the meeting that food trucks need to continue The Connection to be kept away from residential neighborhoods.

"There is a needle to be threaded bag lunch to work or ven- here. Yes, food trucks are popular Luring out for fast food, in the right place, but we all know the neighborhoods, and this is The proposal will allow food something that we need to be sure trucks to operate at office build- is clearly written and very enforce-

commercial and industrial prop- The previous rules for food mitted," Bulova said. July 30 and Sept. 9 in front of fee. In Arlington, food truck ven- owners. dors pay \$500 per year.

popular venue as an alternative something that people are already in mostly commercial areas.



erties. Public hearings on the trucks zone them as free-standing The new proposal would require proposal will be held in front of fast-food restaurants, requiring a \$100 annual zoning permit, as

ing on public roads. This would not change under the new proposal.

The proposed amendment dethe Planning Commission on two public hearings and a \$16,375 well as permission from property fines food trucks as "any readily movable mobile food service estab-Last year, 14 permits were given—lishment, to include vehicles that—Herrity (R-Springfield) joked at "Food trucks are becoming a "Food trucks are popular and to food truck vendors for operation are self-propelled, pushed or pulled the meeting." to a specific location."

feet of gross floor area, making residential neighborhoods out of

Food trucks like this one in Washington,

D.C. could be popping

up around areas in

Fairfax County.

"I hope that excludes ice cream trucks," Supervisor Pat

Fortunately for residents lookto traditional sit-down and fast enjoying in the county, but also in The Virginia Department of Trucks can only sell at industrial ing for a break from the sumfood restaurants," said Sharon other jurisdictions where legisla- Transportation and county code or commercial properties with a mer heat, ice cream trucks are Bulova, chairman of the Fairfax tion exists for how they are per- prohibits food trucks from operat- 25,000 to 30,000 minimum square excluded from that restriction.



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 $Send\ notes\ to\ the\ Connection\ at\ south @connection newspapers.com$ or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

TUESDAY/JULY 1- AUG. 19

Open Exhibition." Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. This annual show spotlights the many talents our own members, staff and creative community through the display of a variety of media.

The Bodzin Art Gallery "Fine Arts

THURSDAY/JULY 3

www.jccnvarts.org.

Workhouse Farmers Market. 3-6

p.m., at the Workhouse, 9601 Ox Road, Lorton. Every Thursday on the quad is a producer-only market for discerning shoppers featuring locally grown fruits and vegetables, locally raised meats and poultry and local foods from breads to salsas and sausages. www.smartmarkets.org.

FRIDAY/JULY 4

City of Fairfax Independence Day Parade. 10 a.m.-12 p.m. 4100 Chain Bridge Road, Fairfax, around Historic Old Town Fairfax and passing the Reviewing stand on Armstrong

Street. Come see eight high school marching, large inflatable parade balloons, horses and clowns. http:// www.fairfaxva.gov/about-us/specialevents/independence-daycelebration.

Old Fashioned Fireman's Day.

12:30-3 p.m. Fire Station 3, 4081 University Drive, Fairfax. Enjoy watching area fire companies compete. http://www.fairfaxva.gov/ about-us/special-events/ independence-day-celebration.

Evening Show and Fireworks. 7

p.m. Fairfax High School, 3501 Rebel Run, Fairfax. Music and dancing to rock & roll favorites; the City of Fairfax Band will play the 1812 during the fireworks display at 9:30 p.m. Rain date: July 5. http:// www.fairfaxva.gov/about-us/specialevents/independence-daycelebration.

Historic Open Houses. 9 a.m.-4 p.m. Come see the Fairfax Museum and Visitors Center, 10209 Main Street, Fairfax and Ratcliffe-Allison House, 10386 Main Street, Fairfax. http:// www.fairfaxva.gov/about-us/specialevents/independence-daycelebration

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Lorton's Fourth of July Parade. 11 a.m.-2 p.m. VRE Parking Lot, 8990 Lorton Station Blvd., Lorton. Lorton's fourth annual Independence Day parade.

Clifton's 4th of July Parade. 4:30 p.m. Main Street, Chapel Road, Clifton Road and Aire Square. clifton-

4th of July at Paradise Springs. 11 a.m. - 7 p.m. Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Navi Singh performs at 2

Independence Day at Gunston **Hall**. 9:30 a.m. - 5 p.m. Gunston Hall, 10709 Gunston Road, Mason Neck. Celebrate Independence Day at Gunston hall. Converse with Colonel Mason, take a mansion tour. enjoy the grounds or bring a picnic

SATURDAY/JULY 5

Yoga with Marilyn. 8 a.m.

lunch. Free. 703-550-9220

Workhouse Arts Center Quad, 9518 Workhouse Way, Lorton. Enjoy free, drop-in Art of Movement classes featuring Yoga, Mat Pilates, Tai Chi and Hula. www.workhousearts.org.

Mount Vernon Nights: Caravan of Thieves. 7-8 p.m. Workhouse Arts Center Quad, 9518 Workhouse Way, Lorton. Bring your picnic, comfy lawn chair or blanket to enjoy gypsy jazz rhythms, acoustic guitars, upright bass and violin as they lay the foundation for vocal harmonies and fantastic stories. Visit www.caravanofthieves.com and www.workhousearts.org for more information.

3rd Annual Independence Day Concert and Fireworks at the Workhouse Arts Center. 3 p.m.

See Calendar, Page 11

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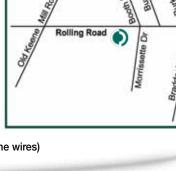
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Calendar

From Page 10

10 p.m. Workhouse Arts Center 9601 Ox Road, Lorton. Day of fun, food, live music and fireworks. Tour the Artist Studios & Galleries and meet the artists. Free but there is a \$10 parking fee per car. 703-584-2900, http://workhousearts.org

SATURDAYS/JULY 5-AUG. 23

Burke Arts in the Parks, 10 - 11 a.m. Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station, Entertain children, teach them the importance of protecting our natural resources, introduce them to live entertainment in an informal kid friendly atmosphere, and forge a connection between kids and parks. Call 703-323-6601.

SATURDAY/JULY 5- AUGUST 9 Children's Theatre: The Ice

Queen. 1 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. This original fairvtale follows the Ice Queen's search for the love of her life. Will the Ice Queen and Jack Frost make the perfect pair and live happily ever after? Admissions: \$9-\$12. www.workhousearts.org. 703-584-2900

THURSDAY/JULY 10

Chairman Sharon Bulova's **Evenings on the Ellipse** Summer Concert Series. 5:30-

7:30 p.m. Fairfax County Government Center "Ellipse" (green lawn behind the building), 12000 Government Center Parkway, Fairfax. No matter what kind of music you like, bring your lawn chairs, blankets, families and dates, 703-324-7329.

FRIDAY/JULY 11-SUNDAY/JULY 13

Trummer's on Main 5th **Anniversary Celebration.**

Trummer's on Main, 7134 Main St., Clifton. Beverage tasting, cocktail special, and a "Swine & Brine" event mark the fifth anniversary of Trummer's Ticket prices vary for specials. 703-266-1623.

SATURDAY, JULY 12

Mount Vernon Nights: The Duhks

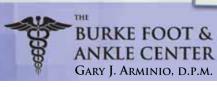
(Folk/Rock). 7-8 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. The Duhks is a Canadian fusion folk band whose music covers a blend of Canadian and American soul, gospel, folk, Brazilian samba, old-time country string, Cajun zydeco, and Irish dance music. Picnic baskets, lawn chairs and blankets are welcome are permitted. www.workhousearts.org. 703-584-

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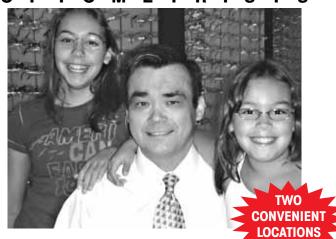


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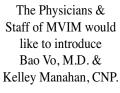






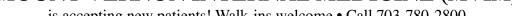








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Sports



Wilson Friestad, 14, of Robinson Secondary competes in the 13-14 boys' 50m Backstroke.



Wyatt Weston, 16, of Robinson Secondary competes in the Breaststroke leg of the 15-18 boys' 200m Medley Relay.

Kings Ridge Water Wizards work their magic

during swim meets.

Spellbinding Swimmers

By Thomas Friestad
The Connection

oming off of a 3-2 winning 2013 season, the Kings Ridge Water Wizards have been treading water thus far, currently sporting an 0-2 record. The team's rise from Northern Virginia Swimming League Division 13 to the more difficult Division 12 has left its members in need of additional swim practice, and perhaps a bit of Felix Felicis (the luck potion from "Harry Potter and the Half-Blood Prince").

"Final score-wise, we're not where we expected, but hopefully at these next couple meets, we can turn it around and try to get some victories," Coach Chris Burns said. "Our 9-10 boys and girls are doing phenomenal right now and really kicking butt. I feel like we could improve on our flip turns especially, and I really do wish we had more older kids in the 13-14 and 15-18 age groups. We're lacking in numbers, and if we had numbers, I think we'd be a little more competitive."

Coach Tim White said his strategy to help his swimmers' performances is to focus on their underwater dolphin kick, a form of full body undulation used to propel oneself after a dive or a flip turn.

"Nowadays, many swim races are won and lost at the start, turn and underwater portions," White said. "If we emphasize this part of a race, we can gain an advantage. However, it is an extremely difficult technique to master. We tell our swimmers to watch videos of Olympic-level swimmers to see how they perform this kick, because it is truly hard to achieve."

Mason Izadpanah, 14, of Robinson Secondary said he enjoys swimming for Kings Ridge mainly because of the competition of the sport.

"My favorite part about swim team would have to be the focus and competitiveness," Izadpanah said. "It's great just getting out there and competing in something that's



Coaches Chris Burns, Tim White and Brittany Henry, carrying Emma Fleck, 8, congregate at the side of the pool, ready to congratulate swimmers after their races.



Swimmer Sarah Gaulke competes in the 15-18 girls' 50m Breaststroke event.

interesting to me. I also like making new friends and seeing old friends every summer."

White also emphasized the infectious sense of spirit inherent in being a Water Wizard, even detailing a story from the pre-



Team Rep Kris Bondanella cheers from the side of the pool.

vious summer about a time when the team's spirit became too much for some to handle.

"Last year, before a swim meet, the former head coach and I dressed up; he wore a morph suit with our team colors, black and gold, while I wore the costume of our mascot, the Wizard," White said. "We stood on the sidewalk in the neighborhood to wave to swimmers and pump them up as they drove to the pool. However, one lady came outside, yelled at us, and called 9-1-1 to report 'a [male contraceptive product] and a hobbit on her lawn' before driving off. Surprisingly, the police never showed up, but everyone on the team still got a great laugh out of the story when we told it."

Coach Brittany Henry said her hope for the future of the team this season is that they will win each remaining meet, thus tying the team's record from last year.

"For the rest of the season, I'm hoping that we can win our remaining meets," Henry said. "All the swimmers are improving and the team is coming together very nicely. As long as that continues, we should do pretty well in our next three meets. Then, all of the kids will see that their hard work in practice is paying off."



Abigail Glaser Selected to National Lacrosse Academy

Abbie Glaser, daughter of BG David and Susan Glaser of Lorton, a seventh grader at South County Middle School has been named as a 2014 Brine National All-Star and has been selected to represent the Commonwealth of Virginia at the 2014 Brine National Lacrosse Academy and Brine National Lacrosse Classic in Boyds, Md., June 30-July 3. Abbie has been a member of Cardinal Girls Lacrosse of Vienna for three years. The Brine National Lacrosse Academy brings the top middle school lacrosse players in the country to one venue, where regional teams will compete to become the 2014 National Champion and regional teams are coached by NCAA lacrosse coaches. For additional details, visit http://www.nationallacrosseclassic.com

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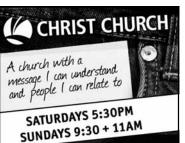
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BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/JULY 5

Teen Advisory Board Meeting. 10:30 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. TAB is a group of young adult volunteers between the age of 13 to 18 years who meet twice a month to plan and implement projects that will benefit the library and the community.

MONDAY/JULY 7

Red Cross Blood Drive. 2:30-7 p.m. Fairfax Regional Library, 10360 North Street, Fairfax. Donate blood for those in need. Make an appointment at 1-800-733-2767.

English Conversation Group. 7 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Practice English with other and improve your

TUESDAY/JULY 8

English Conversation Group. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Practice English with others and improve your skills.

FRIDAY/JULY 11

Red Cross Blood Drive. 8 a.m.-1:30 p.m. Massey Building, 4100 Chain Bridge Road, Fairfax. Donate blood for those in need. Make an appointment at 1-800-733-2767.

SATURDAY/JULY 12

Red Cross Blood Drive. 9 a.m.-1:30 p.m. Kinder Care, 6025 Burke Commons Road, Burke. Donate blood for those in need. Make an appointment at 1-800-733-2767.

LETTER

From Page 6

critical to his desire to close the achievement gap. Seventy-eight percent of the parents polled in Montgomery County supported the change despite what seems to be an inflated cost estimate. Dr. Starr made the mistake of wrapping the later start time proposal into a wish-list idea to extend the length of the elementary school day and combined the cost estimates making both look more expensive.

Abundant research on this topic is clear: When schools have delayed the start of the school day, students have shown improved physical and mental health, less depression, reduced car crashes and improved performance in the classroom and on the field. Schools also report reduced tardiness and sleeping in class, as well as improved attendance, graduation rates, and standardized test scores.

Thankfully, Fairfax has also been able to find solutions that are less than a third of the cost of Montgomery County's plan, including more efficient bus routing that may reduce commute times for some students.

Multiple organizations have studied and support this change and community members who care about child health and safety as well as their own commutes should support this change as well by signing the petition at sleepinfairfax.org.

As Dr. Owens from Children's National Medical Center says, "To do nothing is to do harm." I firmly believe that.

> **Phyllis Payne** Fairfax

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The Army's proposed action is to reduce the Army's Active facility in Lorton, Virginia. The Corrective Action Plan was Component end-strength from 562,000, as of the end of fiscal year 2012, to 420,000. Installations that were included in the SPEA are those that could experience a change in Soldiers 1. Petroleum-impacted soil encountered during site and civilians that exceeds 1,000 personnel. Fort Belvoir was development activities was excavated, removed from the site one of the 30 analyzed in the SPEA. No significant environant and properly disposed of; mental impacts are anticipated as a result of implementing Ar- 2. Utility trenches located within petroleum impacted soils

Alternatives considered in the SPEA evaluate the greatest utility trench excavations and submitted to the VDEQ for force reduction scenarios that could occur as a result of Army review. force drawdown. Final decisions as to which installations will see reductions or unit realignments have not been made.

All interested members of the public, federally recognized Indi- would like to review or discuss the implementati an Tribes, Alaska Natives, Native Hawaiian groups, federal, Corrective Action Plan with the staff of VDEQ, state, and local agencies are invited to review and provide to contact Randy Chapman who is listed above. comments. A copy of the SPEA and Draft FNSI is available at:

http://aec.army.mil/Services/Support/NEPA/Documents.aspx

and in the following local libraries: Fairfax County Public Library – John Marshall Branch, Fairfax County Public Library – Kingstown Branch, Fairfax County Public Library – Sherwood Regional Branch, Alexandria; Fairfax County Public Library – Lorton Branch, Lorton; Fairfax County Public Library – City of Fairfax Regional Branch, Fairfax; Van Noy Library, Fort Belvoir; Prince William County Public Library - Chinn Park Library,

written comments or additional information to: U.S. Army Envis decide to hold a public meeting if there is a significant public inronmental Command, ATTN: SPEA Public Comments, 2450 terest. Written comments should be sent to the VDEQ at the
Connell Road (Building 2264), Joint Base San Antonio-Fort address listed above. VDEQ requests that all written comSam Houston, TX 78234-7664; or by email to ments should reference the tracking number for this case; PC usarmy.jbsa.aec.nepa@mail.mil

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PUBLIC NOTICE
CORRECTIVE ACTION PLAN IMPLEMENTATION FOR
AN UNDERGROUND STORAGE TANK (UST) SITE
JUNE 23. 2014

There has been a release from an underground storage tank

Fairfax County Department of Vehicle Services Newington Maintenance Facility 6900 Newington Road Lorton, Virginia, 22079

The Virginia Department of Environmental Quality (VDEQ) has worked with Fairfax County to develop and implement a Corrective Action Plan toaddress cleanup of petroleum hydrocarbons at the site. If you have any questions regarding the

Randv Chapman, Environmental Specialist Senior Project Manager Virginia Department of Environmental Quality
Northern Regional Office 13901 Crown Court

Woodbridge, VA 22193 703-583-3808 21 Announcements 21 Announcements Randy.chapman@deq.virginia.gov www.deg.virginia.gov

As part of the corrective action process a Corrective Action The Supplemental Programmatic Environmental Assessment Plan was submitted to the Northern Regional Office of VDEQ for Army 2020 Force Structure Realignment and Draft Finding on September 6, 2013. The Corrective Action Plan consisted of No Significant Impact (FNSI) are available for review and comment.

my 2020 alternatives, though socioeconomic impacts at most installations could be significant.

were lined with a polyethylene barrier to prevent petroleum migration into the utility trench or bedding gravel;
3. Confirmatory soil samples were collected at the base of the

The Corrective Action Plan implementation was carried out between September 7, 2013 and December 7, 2013. If you would like to review or discuss the implementation of this Corrective Action Plan with the staff of VDEQ, please feel free You may also contact:

Kenneth Lim, Project Manager or Christopher Elliot Department of Public Works and ECS Mid-Atlantic, LLC, Environmental Services Consultant for Fairfax County 12000 Government Center Parkway, Suite 449 703-471-8400 Fairfax, Virginia 22035-0052

celliott@ecslimited.com www.ecslimited.com (703)-324-5826

Prince William.

VDEQ Northern Regional Office will consider written comments for a period of thirty days from the first date of this notice reThe Army will accept comments until August 25. Please submit garding the Corrective Action plan implementation and may be a considered to the control of the cont # 2014-3041.

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