



The official party salutes the flag as Sgt. First Class Bob Burner of the U.S. Army Chorus sings the National Anthem during the garrison change of command ceremony June 25 for outgoing Fort Belvoir Garrison Commander Col. Gregory D. Gadson and incoming commander Col. Michelle D. Mitchell.

## Change of Command

Fort Belvoir Garrison Commander Col. Gregory D. Gadson passed on the command to Col. Michelle D. Mitchell on Wednesday morning, June 25, outside the headquarters building at the fort.



Incoming garrison commander Col. Michelle D. Mitchell participates in the passing of the colors during the Fort Belvoir garrison change of command ceremony June 25 outside of the Headquarters Building. Also participating are outgoing commander, Col. Gregory D. Gadson, center; Davis D. Tindoll Jr., left, director, Atlantic Region, Installation Management Command; and Command Sgt. Maj. Scott Guillory, garrison command sergeant

PHOTOS COURTESY OF FORT BELVOIR



Incoming garrison commander Col. Michelle D. Mitchell tells the crowd she is "fired up and ready to go" during her change of command ceremony June 25 where she assumed command of the Fort Belvoir garrison from Col. Gregory D. Gadson.



Col. Gregory D. Gadson relinquished command of the Fort Belvoir garrison to Col. Michelle D. Mitchell in a change of command ceremony outside of the Headquarters Building June 25. Gadson will be retiring later this year.

## Full-Day Mondays Start in September

Teachers promised planning time.

BY REENA SINGH  
THE GAZETTE

Full-day Mondays for all. After 40 years, Fairfax County Public Schools will give all elementary students "full Mondays" for more learning time — and more recess. During a School Board meeting Thursday, June 26, Superintendent Karen Garza said Mondays were cut in half for elementary students since 1972.

"While not everyone tonight will embrace the change, we will engage the stakeholders," she told the board.

Mondays were originally cut to give elementary teachers more planning time. Garza said she promised teachers would still be given enough planning time. "We will be ready in September," Garza said.

When Monday was chopped in half, recess time was also cut. Students had 10 minute recess breaks to make up for lost time in the classroom.

Because the week will be more uniform, she said, it will also be easier on parents.

Sully district board member Kathy Smith was the only person

**"We can't continue to educate children in 2014 and beyond as we did in the 1970s."**

— Springfield District Board Member Elizabeth Schultz

SEE SCHOOL BOARD, PAGE 7

## Changing Climate In Richmond

After years of inaction, governor reconvenes commission.

BY MICHAEL LEE POPE  
THE GAZETTE

Now that a new governor has taken the helm of Virginia's executive branch, the climate is changing for science. More to the point, Democratic Gov. Terry McAuliffe is reconvening a panel that was originally created by U.S. Sen. Tim Kaine when he was governor, a commission that worked for a year and issued dozens of recommendations for how Virginia might deal with the growing threat of cli-

mate change. But then Republican Gov. Bob McDonnell was elected and the panel was disbanded.

"As far as I know, there was no action whatsoever on any of those recommendations," said Jim Kinter, director of the Center for Ocean-Land Atmosphere Studies. "But a lot has happened since then."

For starters, a number of significant reports have detailed the growing threat of climate change. That includes an assessment by the

SEE WRATH, PAGE 19

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# Libertarian Challenge

## Robert Sarvis to tap statewide contacts in race for U.S. Senate.

BY MICHAEL LEE POPE  
THE GAZETTE

**T**his fall, Republican Ed Gillespie is facing a two-front campaign for the U.S. Senate. To his left, he faces incumbent U.S. Sen. Mark Warner, first elected in 2008, who will be able to raise vast sums of money and use the power of his office against the Republican challenger. To his right, he will face Libertarian candidate Robert Sarvis, fresh off his 2013 campaign for governor. In an interview, Sarvis dismissed criticism that his candidacy will do nothing more than act as a spoiler in favor of the incumbent Democrat.

**“If people are worried about the spoiler effect, well then they should support me in calling for changes to our electoral system. We should have instant runoff voting and easier ballot access and term limits.”**

— Robert Sarvis

have become pretty much the same,” said Sarvis. “So absent Libertarians getting on the ballot, we have no one to vote for who will decrease the government’s intrusion into our lives.”

If elected, Sarvis said, he would seek to legalize marijuana and move away



Libertarian candidate Robert Sarvis greets voters at the Annandale campus of Northern Virginia Community College last year during his campaign for governor.

from a criminalization approach to drugs. He also wants to loosen restrictions on immigration, allowing more people into the country. He also wants to lower taxes and decrease regulation, an approach Sarvis hopes will resonate in a commonwealth known for its distrust of executive power and excessive taxation.

“Sarvis can be a deal-breaker for Republicans in this election,” said Stephen Farnsworth, political science professor with the University of Mary Washington. “Gillespie now basically has to fight a two-front war, the people who might support Sarvis and the people who might support Warner.”

**UNLIKE GILLESPIE**, Sarvis is not a first-time candidate. His first campaign was in 2011, when Sarvis ran as a Republican against longtime incumbent state Sen. Dick Saslaw (D-35). Saslaw won with 62 percent of the vote, but Sarvis was able to get more than 9,000 votes in that election — about 36 percent of the electorate. Last year, he was the Libertarian candidate for gover-

nor. In the race against Democrat Terry McAuliffe and Republican Ken Cuccinelli, Sarvis took more than 146,000 votes, about 7 percent of the electorate.

“The reason Sarvis performed so well in the governor’s race was largely because conservatives and Republicans were not happy with Ken Cuccinelli,” said Quentin Kidd, professor at Christopher Newport University. “That unhappiness doesn’t seem to exist with Gillespie.”

Sarvis says the Democrats and Republicans should not have a lock on American politics in general or the U.S. Senate in particular. He says both have increased the size of government, as well as the amount of federal spending as well as the amount of what he calls “intrusion” into the private lives of Virginia citizens. Sarvis wants to join the U.S. Senate and work for smaller government that he says would be more responsive to the people. “If people are worried about the spoiler effect, well then they should support me in calling for changes to our electoral system,” said Sarvis. “We should have instant runoff voting and easier

### Robert Sarvis, 37

A native of Springfield, Sarvis graduated from Thomas Jefferson High School for Science and Technology before receiving a bachelor’s degree in mathematics from Harvard University. He studied mathematics at the University of Cambridge, has a juris doctor from New York University School of Law and a master’s degree in economics from George Mason University. His professional background includes being an entrepreneur, a small-business owner, a software engineer, a mobile-app developer and a math teacher. Sarvis lives in Annandale.

ballot access and term limits.”

**NO THIRD-PARTY** candidate has been elected from Virginia to the U.S. Senate in modern times, although the Reconstruction era saw the election of a senator from the Readjuster Party. Aside from whatever influence the libertarian might have on the debate over federal policy, the real impact Sarvis is likely to have on the race would be attrition of Republican votes. If Cuccinelli had been able to capture 40 percent of Sarvis voters last year, he would have won the election for governor.

“Some of those conservative Republican voters were casting protest votes for Sarvis, so he might not have the fissure in the Republican base to use like he did last year,” said Kidd. “The difference is that Gillespie spent nine months going around the state talking to everybody who would talk to him and essentially went into the convention in Roanoke with a lot of support among conservatives and even the Tea Party side of the Republican Party.”

Nevertheless, the Sarvis campaign is likely to be a drag on the Republican candidate for Senate. The most recent poll, conducted by from Quinnipiac University in March, had Warner with 46 percent and Gillespie with 31 percent. Sarvis was polling at 6 percent. The poll of 1,300 Virginia voters had a margin of error of plus or minus 2.7 percent. “What we are talking about is an uphill challenge that has gotten even more steeply uphill since Sarvis qualified for the ballot,” said Farnsworth.

# Climate Change Could Affect Drinking Water

Residents could see — and smell — a very different Potomac River by 2040.

BY LISA SPINELLI  
THE GAZETTE

**D**rinking cups of clear tap water could be a luxury people are less likely to take for granted in the near future as climate-change culprits affect the waterways — and water bills.

The increased development of Northern Virginia, along with agricultural uses, have been slowing down the Potomac’s fast-moving water for a number of years; add climate-change factors like rising air and water temperatures and residents now have

what the Shenandoah Riverkeeper Jeff Kelble calls a “double whammy” on the river.

“Outside of big storms, hot dry summers like we experienced last summer reduce the flow of the Potomac over the falls, reducing its ability to flush pollution from the tidal waters in the area. This is sort of like under-filling a toilet tank before you flush — lots of gunk stays in the bowl,” said Dann Sklarew, associate professor of environmental biology and public policy at George Mason University who is involved in the

SEE RISING TEMPERATURES, PAGE 5



Water temperatures in the Potomac River are warming .046 degrees Celsius per year due, in part, to the hotter air temperatures.



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**7812 Fort Hunt Rd.** Lovely 3+ bedroom, 3 bath home in Hollin Hall Village; totally remodeled kitchen with granite and new SS GE appliances; separate DR; fresh paint throughout and gorgeous hardwoods on main level; fully finished lower level with newer GE W/D, new furnace; walk out to huge fenced back yard with patio and oversized shed; Bonus - restored 9' Brunswick First Ed. Anniversary Pool Table conveys! Wayneswood school district! Close to shops and restaurants. **Leslie Atkinson 703-967-1471**



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**5904 Mount Eagle Dr. #1002.** Spacious & bright, in resort-like Montebello! Enjoy the dramatic sunrise, river and treed views from the tiled enclosed balcony. Beautifully updated with all-new kitchen. Just 2 lights from Old Town, I-495, G.W. Parkway; gated community w/35+ wooded acres, free Metro shuttle, café, indoor & outdoor pools, tennis, bowling, etc. TOUR @ 5904mounteagledr1002.com  
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# Rising Temperatures Affect Water

FROM PAGE 3

sustainability of the Potomac.

The Obama Administration's third National Climate Assessment report confirms earlier reports from the Interstate Commission on the Potomac River Basin that air temperatures in the area have risen about 2 degrees in the last 100 years. If global carbon emissions continue at their current rate, people will see a spread of longer heat waves and a further increase in average air temperatures.

**WATER TEMPERATURES** in the Potomac River are following suit with an average warming of .046 degrees Celsius per year due, in part, to the hotter air temperatures. By 2040, the Potomac River — which supplies 75 percent of the area's drinking water — will likely see an increase in surface water temperature of about 2.7 degrees Fahrenheit, but could increase as much as 4.1 degrees Fahrenheit.

"Algae love that gunk — it's what's for breakfast for them — so they tend to flourish in such soupy conditions," added Sklarew.

The increased temperatures — both in and outside the water — create a changed ecosystem for the Potomac and Occoquan that could force water treatment plants to change their filtration process. Some of these problematic scenarios could include longer blooming seasons for blue green algae, a decrease — or killing off of — eelgrass, and more runoff from farms and rainwater filled with contaminants and pollutants like manure and fertilizer.

"We just got results back from three weeks of sampling the North Fork, South Fork and Main Stem (three streams that feed the Potomac) and found species of blue green algae known in other places to create algal toxins," said Kelble last month. Kelble's group is a branch of the D.C.-based clean-water nonprofit company Potomac Riverkeeper.

Blue green algae or cyanobacteria can release toxins called cyanotoxins which have been known to cause liver tumors, neurological disorders and even death in animals and humans. While many European countries follow the World Health Organization drinking water guideline of 0.001 mg/litre for at least one type of cyanotoxin, the U.S. has yet to adopt

any federal regulations on these toxins.

Fairfax Water's Chief of Source Water Protection Gregory Prelewicz admits they have no cyanotoxin regulations either.

The algal blooms do occur naturally, but the increase in duration, species and number of algal blooms could create toxins harmful to residents' health as well as absorb the much-needed oxygen in the water, which affect the odor, clarity and taste of the water.

Still, the people in charge of the drinking water are not overly concerned. "There are no real alarm bells going off for us," said Tom Jacobus, general manager of the U.S. Army Corp of Engineer's Washington Aqueduct. The aqueduct collects, filters and sells the drinking water to D.C. Water who provides Falls Church, Dunn Loring and other parts of Northern Virginia with drinking water.

And while Fairfax Water, who provides the majority of the area's drinking water, has a quantity contingency plan by developing the new Vulcan Quarry, they see "nothing [else] on the horizon that has come to our attention that we need to prepare for," said Tracy Goldberg, manager of planning.

Customers in the future are likely to see higher water bills, Jacobus conceded. The additional costs could be as low as a few dollars, though a few dollars could be problematic for lower-income families who can't afford even a moderate increase in their bills.

**ONE GROUP HELPING** educate Northern Virginia residents on water quality and taking action is the Arlington-based nonprofit Arlingtonians for a Clean Environment (ACE). ACE leads monthly river cleanups to help fish out the bikes, packing peanuts and other random trash thrown into the waterways. The 30-year-old organization also helps educate people on water conservation and how using less means less energy consumption not just for them, but the water treatment plants as well — reducing everyone's carbon footprint.

"Just installing things like low-flow faucets, we have seen it cut a person's water bill by 10 to 25 percent," said Elenor Hodges, ACE executive director.

## SCHOOL NOTES

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com).

**Ross Collin Guieb** is a winner of the Military Police Regimental Association Scholarship. Guieb is majoring in engineering at University of California-Los Angeles.

**Idina Kathryn Staten** graduated from Barton College.

**Kenia R. Hurtado, Nicholas S. Mathis, Ray D. Montolin, Thomas E. O'Connell, Patrick K. Piedad and David M. Souliotis** were named to Virginia Military Institute's dean's list for the spring 2014 semester.

Two Fairfax County Public Schools high school students received the Cliff Hardison Youth Leadership Award, presented by the Unified Prevention Coalition of Fairfax County. West Potomac High School senior **Mary Hill** and Westfield High School junior **Carolina Sosa** were recognized by UPC president Lisa Adler for their leadership roles in establishing the UPC Youth Council.

George Washington's Mount Vernon welcomes **Kellie White** and **Emily**

**Daniel** from George Mason University as part of its 2014 class of Historic Preservation Field School student interns.

**Matthew McMahon, Megan McMahon, John Pemberton and Marshall Wagner** have made the dean's list at the University of Kentucky.

**Jacqueline Bouffard** and **Freddie Perez** were named to the dean's list at The University of Hartford.

**Peter Joseph Braun, Katherine Fallin Redding and John Dalton Hyre** have made the dean's honor roll at University of Mississippi.

## PUBLIC NOTICE

Please be advised that a brief fireworks display will take place as part of a public event at George Washington's Mount Vernon on the following date:

**Friday, July 4,  
between 1:00 p.m. and 1:15 p.m. (5 minutes)**

The Mount Vernon Ladies' Association thanks you for your tolerance and apologizes for any disruption. To receive Mount Vernon fireworks notifications via e-mail, write to [Events@MountVernon.org](mailto:Events@MountVernon.org)

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**Alex./Riverwood \$820,000**  
**3716 Carriage House Court**  
Spectacular 6 BR/3.5 BA Colonial in Prestigious Waterfront Community of Riverwood. 4,000+ sq ft of remodeled living space. Loaded with upgrades, must see to believe, plus a beautiful In-Law Suite on main level. Stunning hwd floors, light and bright w/great flow — perfect for entertaining. Quiet, private w/absolutely incredible landscaping. Classy, spacious and TLC! 5 minutes to Ft. Belvoir, 15 mins to Old Town Alex, 25 mins to Ntl Airport. Mt. Vernon's Finest!



**Alex./Riverwood \$749,900**  
**3801 Riverwood Road**  
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**Alex./Yacht Haven \$859,900**  
**4505 Dolphin Lane**  
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**Alex./Yacht Haven \$649,900**  
**4426 Neptune Drive**  
Fabulous 4-level updated split with 2-car garage in prestigious waterfront community of Yacht Haven. 4 large spacious bedrooms — remodeled kitchen w/ceramic tile, granite & SS appliances. Refinished hwd floors, freshly painted interior — 3 full updated baths — beautiful sun room overlooks lovely fenced back yard. Walk to fantastic marina, club house and pool. Outstanding value in a great community.



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# School Board Approves Full-Day Mondays

FROM PAGE 1  
to vote against the action. Lee District Board Member Tammy Derenak Kaufax was absent.

"There's a lot of pressure on me to vote yes," she said.

"I need to be a voice for the teachers who are concerned."

She said Kaufax would have voted against the action for the same reasons. Smith said she would feel more comfortable if the board voted to have full-day Mondays begin in fall 2015 to give teachers more time to adjust to the change.

Others felt like elementary students this year deserve to benefit from the extra time full-day Mondays would give back to them.

"We can't continue to educate children in 2014 and beyond as we did in the 1970s," said Springfield District Board Member Elizabeth Schultz.

Schultz was in the second grade when her family moved — resulting in her moving to a Fairfax County elementary school. She said she remembers not understanding why Mondays were cut in half.

During the past two years, she asked administrators how the elementary schools were meeting accreditation standards with the hours missed and was dissatisfied with their answers.

She said 94 percent of parents who an-



**Superintendent Karen Garza talks to the School Board about why full-day Monday is needed for the upcoming school year.**

swered a recent survey about the topic said "do it and do it now."

Dranesville District Board Member Jane Strauss said some members of the county Board of Supervisors — including



**Audience members at the School Board meeting show their support for full-day Mondays.**

Dranesville Supervisor John Foust — promised to pour extra money into the school system to support the move.

"Parents have been hoping for the change for a long time," said Hunter Mill District

Board Member Pat Hynes.

"We're asking for a leap of faith from the teachers, which is absolutely true," she said. "With every conversation, we get closer and closer to their comfort level."

PHOTOS BY REENA SINGH / THE GAZETTE

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## PEOPLE

# Creating Collages, Crowns and Even Dresses

## Local artists turn paper into art.

BY MARILYN CAMPBELL  
THE GAZETTE

Combining antiqued sheets of music and type-faced book pages with vibrantly hued paper, artist Brook Mowrey creates three-dimensional works that range from crowns and ball gowns to dolls and floral dresses. Her work shows that the use of paper can be varied and diverse.

"I make dresses that are displayed ... in stores," said Mowrey. "The crowns are made to celebrate birthdays, graduations and wedding showers. A woman purchased one recently for her daughter's first communion. Another woman just told me that she purchased one of my crowns for a trip to Paris to celebrate her birthday."

In fact, paper art like Mowrey's is becoming increasingly popular, even art you can create at home. "With the growth of paper stores and paper crafting, more people have fancy paper at home to make fancy art," said Kathryn Horn Coneway, director of Art at the Center in Mount Vernon. "It is a good entryway into art. Collage with paper in particular is freeing because there is not as much of a right answer, and paper is very readily available."

Mowrey got her start in elementary school when her teachers discovered her knack for manipulating paper.

"My teachers thought I was good at paper crafts so I was often sitting in the back



Artist Brook Mowrey creates paper crowns to celebrate occasions such as birthdays, graduations and wedding showers.

of the classroom cutting out paper figures for their bulletin boards," she said.

Mowrey went on to receive a bachelor's of fine arts in graphic design, eventually relocating to the Del Ray section of Alexandria, where she worked as a graphic designer. It wasn't until her now 14-year-old daughter, Sage Nelson, was born that she rekindled her passion for paper, however. "I would do little paper projects at home to delight my daughter."

Sage remembers those times: "I used to have Valentine's Day parties with my friends and my mom would help us [with] fun ideas like paper mailboxes."

**"I am inspired by antique millinery supplies, all sorts of paper and things that sparkle."**

— Brook Mowrey

That parent-child pastime led Mowrey to start her own business, Brook Mowrey Creative Paperworks, where she creates paper fashion, flowers, dolls and vintage-inspired paper crowns.

"Now my mom always runs her art ideas by me and we figure out ideas together for whatever she is working on," said Sage. "I offer ideas and suggestions."

Mowrey, who is from Chadds Ford, Pa., has even received kudos for her artistic talent from a famous American artist.

"I am from the same town as Andrew Wyeth," she said. "Each year there was an



Artist Brook Mowrey transforms paper into works of art like this vibrantly colored floral dress.



Artist Brook Mowrey uses paper to create dolls.

art competition in our town, which he judged. One year I won first place."

Book art, a subsection of paper art in which traditional tomes are transformed into works of art, is also popular. "We do it through GRACE Art," said Jeanne Loveland, director of education at the Greater Reston Arts Center in Reston, referring to the organization's art in schools program.

Mowrey, for example, recently finished a Marie Antoinette-inspired paper gown using book pages. However, her imagination allows her to transform just about any pulp-derived material.

"I am inspired by antique millinery supplies, all sorts of paper and things that sparkle," she said. Mowrey can be contacted at [prettypapercrowns@gmail.com](mailto:prettypapercrowns@gmail.com). For more information on paper art classes at Art at the Center in Alexandria, visit Art at the Center.



PHOTO CONTRIBUTED

## JROTC Award

Cadet CPT Megan Phipps of the Edison Academy was presented with the ROTC Bronze Medal from the George Washington Chapter of the Sons of the American Revolution during a ceremony held May 27. Phipps also was named the outstanding junior class member of the Edison JROTC battalion. Presenting the award is George Washington SAR JROTC awards chair Jack T. Pitzer (COL, USA-ret).



PHOTO CONTRIBUTED

## New Cooperative Elementary School

Two Mount Vernon parents — Emily Paterson and Erica Lucier — have founded a new cooperative elementary school, The River Farm Cooperative. A hybrid between homeschool and traditional school, River Farm will feature small, mixed-age classes (a maximum of 13 students) that meet Monday through Friday, from 9 a.m. - 3 p.m., under the daily leadership of a licensed head teacher and a rotating parent helper. The school will have a focus on nature and outdoor exploration, with hiking and field trips incorporated into the curriculum. River Farm's lead teacher, Shannon Bowdring (above) is also a Mount Vernon resident. Visit [www.RiverFarmCooperative.com](http://www.RiverFarmCooperative.com).



# BULLETIN BOARD

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## REUNION INFORMATION

**The Groveton High School class of 1964** is looking for contact information for as many classmates as possible. The planning for the 50th reunion is underway, however only a small number of people have been contacted. If a Groveton graduate of '64 and interested in attending next September's reunion email contact information to [GHS64@verizon.net](mailto:GHS64@verizon.net).

## FRIDAY/JULY 4

**Independence Day Cab Rides.** 10 p.m.-4 a.m. Rides offered throughout the metropolitan Washington, D.C. area to curb drunk driving, as drunk drivers cause nearly half of all U.S. traffic deaths on July 4. Free up to \$30 fare. Visit [www.soberride.com](http://www.soberride.com). Call 1-800-200-TAXI for pickup.

## THURSDAY/JULY 10

**AM Networking.** 8:30-9:30 a.m. at Office Depot, 6211 North Kings Highway. Enjoy networking and learn about the National Chamber Program. Free for Chamber members, \$10 for others. Visit [www.MtVernon-LeeChamber.org](http://www.MtVernon-LeeChamber.org) to reserve a spot.

## SATURDAY/JULY 12

**Ribbon Cutting.** 10 a.m. at Collingwood Park, 8200 West Boulevard Drive. The new playground replaces an older one that served the community for more than 20 years. Free. Call 703-324-8662.

## SATURDAY/JULY 19

**Shredding Event.** 8 a.m.-noon at Mount Vernon High School, 8515

Mount Vernon Road. Residents may shred up to five boxes of personal documents per household. No business documents. Free. For details on what is prohibited, visit [www.fairfaxcounty.gov/dpwes/recycling/shredding.htm](http://www.fairfaxcounty.gov/dpwes/recycling/shredding.htm).

## TUESDAY/AUG. 19

### NOVA Registration Closes.

Registration for Northern Virginia Community College's 16-week fall semester and the first 8-week term closes. Classes begin Aug. 20. Visit [www.nvcc.edu](http://www.nvcc.edu) or visit campuses in Alexandria, Annandale, Loudoun, Manassas, Springfield and Woodbridge. Call 703-323-3000 for more.

## TUESDAY/OCT. 14

### NOVA Registration Closes.

Registration for Northern Virginia Community College's second 8-week term closes. Classes begin Oct. 15. Visit [www.nvcc.edu](http://www.nvcc.edu) or visit campuses in Alexandria, Annandale, Loudoun, Manassas, Springfield and Woodbridge. Call 703-323-3000 for more.

## THURSDAY-FRIDAY/OCT. 16-17

**Mental Health First Aid.** 8:30 a.m.-1:30 p.m. at the South County Center, 8350 Richmond Hwy. Public education program from the Fairfax-Falls Church Community Services Board Wellness and Health Promotion. Over a two-day course, certified instructors help people learn to assist someone developing or experiencing a mental health problem or crisis. \$25. Visit [www.fairfaxcounty.gov/hscode/ereg/Registration.aspx?groupID=47](http://www.fairfaxcounty.gov/hscode/ereg/Registration.aspx?groupID=47).

## NOVA SENIOR OLYMPICS

**Registration for the senior olympics** is open for the 10 day of competition from Sept. 13-24. Events include track and field, tennis, handball, dominoes and more. Registration is \$12 which covers multiple events. Participants must be 50 by Dec. 31, 2014. Online registration opens July 1 at [www.nvso.us](http://www.nvso.us). Call 703-228-4721.

## VOLUNTEERS NEEDED

**Hollin Hall Senior Center** is looking for a DJ ballroom and dance instructor. The Hollin Hall Senior Center, 1500 Shenandoah Road.

**The Mount Vernon Adult Day Health Care Center** is looking for social companions for participants on Fridays from 3-5 p.m. and front desk volunteers on Tuesdays and Wednesdays from 11 a.m.-noon and 3:30-4:30 p.m. Located at 8350 Richmond Highway. For these and other volunteer opportunities call 703-324-5406 or visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults).

Fairfax County needs **volunteers to drive older adults** to medical appointments and wellness programs. Call 703-324-5406, TTY 711, visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults) and link to Volunteer Solutions or e-mail [VolunteerSolutions@fairfaxcounty.gov](mailto:VolunteerSolutions@fairfaxcounty.gov).

The **Kingstowne Senior Center** needs instructors for classes in art and bridge as well as an experienced boater to discuss boating. Call 703-324-5406, TTY 711, visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults) and link to Volunteer Solutions or e-mail [VolunteerSolutions@fairfaxcounty.gov](mailto:VolunteerSolutions@fairfaxcounty.gov).

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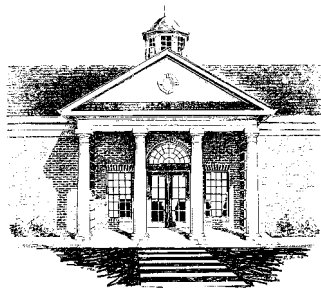
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# OPINION

## County Falling Behind on Its Housing Goals

BY MICHELLE KROCKER  
EXECUTIVE DIRECTOR  
NORTHERN VIRGINIA AFFORDABLE HOUSING  
ALLIANCE

**O**n June 9, the Residential Studio Committee of the Fairfax County Planning Commission voted to recommend that the review of the Zoning Ordinance Amendment for Residential Studio Units be tabled. This recommendation will be voted on by the full Planning Commission at its July 24 meeting and it is almost certain that it will be adopted. After months of committee hearings and community meetings throughout the county, the RSU amendment will be quietly put to rest.

What were the factors that defeated this proposal? They were many and varied, including:

- ❖ virulent community opposition;
- ❖ fear of overcrowding, which is a real issue in some parts of the county;
- ❖ an abject lack of knowledge by the larger community about the issue of housing affordability — who needs it, current housing costs, income levels of the workforce, the impacts on our quality of life;
- ❖ a zoning ordinance that didn't allow the flexibility needed to develop these units;
- ❖ absence of leadership from the Board of Supervisors in communicating the county's growing unmet housing needs and helping to shepherd a community discussion that was balanced and respectful.

Is Fairfax County committed to providing housing that is affordable for all its residents?

While the Board of Supervisors unanimously adopted the Ten Year Plan to End Homelessness in 2007 and the Blueprint for Housing in 2010, they have done very little in the ensuing years to provide the resources needed to implement these plans. In 2009, when the county reduced the Penny Fund for Housing to a half cent, the

financial resources to leverage private capital to preserve and develop new affordable housing were lost (the remaining half cent is used to pay the debt service on the bonds issued for the Wedgewood Apartments acquisition). From 2005 to 2009, the One Penny Fund preserved over 2,200 units of affordable housing. Since 2009, the number of new or preserved units serving households earning less than \$64,000 or 60 percent of area median income has declined significantly.

The FY2015 Housing and Community Development budget provides \$5 million for new construction or a preservation project of 120 units, and approximately \$3 million for Bridging Affordability, a rental subsidy for households moving out of homelessness. This is a paltry amount of funding for a county of this size and wealth. As has been famously said, "show me your budget and I'll show you your priorities."

Other policies to provide funding for housing have been studied and tabled by the Board of Supervisors, the most recent being the "3-2-1 policy" which would secure a contribution from commercial development in transit and high density areas of the county to support the development of workforce housing.

This policy is currently in place for the Tysons redevelopment area, but board members felt that if applied to other areas of the county, it could deter new commercial development which has slowed down in the last few years.

However, both Arlington and Alexandria have commercial development fee policies in place, and the result has been a significant increase in resources for affordable housing with no apparent impact on commercial development.

The unwillingness to adopt new, proven funding strategies, combined with minimal local investment in housing programs means that the county is falling farther and farther behind in meeting the goals for the 10 Year

Plan and the Blueprint for Housing. How can homelessness be addressed in a meaningful way if the stock of affordable housing isn't growing? How does Fairfax County ensure that there is housing in its communities for the workforce in the retail, hospitality, health care, public sector and entry level jobs? How does the county promote the development of stable, affordable housing for homeless children, youth aging out of foster care, persons with special needs, seniors on fixed incomes and low wage working people?

The final motion on the RSU amendment at the June 9 meeting included a recommendation stating that "there be a broader community dialogue about affordable housing, including a discussion on how best to provide for a range of housing opportunities .... that will serve the county's current and future residents at all income levels."

The Alliance enthusiastically endorses this recommendation, and believes the time for discussion is now. An honest community discussion would hopefully break down some of the barriers of mistrust and misunderstanding surrounding housing, and engage more members of the community in building consensus for solutions.

The growing shortage of affordable housing and the severe cost burden for an increasing percentage of the county's population is not unique to Fairfax County. This is a challenge that threatens the vitality and sustainability of the entire region, and some jurisdictions have made progress in increasing their affordable housing stock through a variety of financial and land use tools. As the largest jurisdiction and the engine of job growth for the region, Fairfax County should be the leader in addressing the housing issue. Instead, they are lagging far behind due to negligible investments and the absence of vision to address the unmet housing needs of its residents both today and in the future.

### COMMENTARY

### LETTER TO THE EDITOR

## Later Start Times Can Benefit Community

To the Editor:

To set the record straight, there is nothing worse for traffic than a car crash, and sleepy teen drivers are like drunk drivers in terms of performance behind the wheel. Later high school start times are safer for teens and also for the rest of us as they have been shown to significantly decrease car crashes in young drivers.

When you read letters opposing this effort, please ask yourself whether the letter-writer has a personal vested interest in retaining the status quo. Last week's letter, "Later Start Times Affect Commuters," was filled with misinformation and scare tactics.

The letter made it sound as if there are only a small number of children impacted by the morning start times that are among the earliest in the nation. Fairfax high schools start classes at 7:20 a.m. Only 10 percent of schools in the nation start before 7:30 in the morning. Seventy-two of 95 counties in Virginia start

high schools at 8 a.m. or later. Perhaps the letter writer would prefer that FCPS start school at 5 a.m. to ensure that our children are all out of the way before his morning commute? The reality is that Fairfax County Public Schools are a massive part of the traffic flow for the entire morning commute. It will remain that way with any of the new schedules as well.

The majority of FCPS high school students are sleep deficient. Only 15.5 percent of seniors get 8 hours of sleep per night on school nights and medical experts recommend about 9 hours for adolescents. In 10th grade, only 25 percent are getting at least 8 hours of sleep per night. The letter writer seems to be suggesting that 75 percent or more of our students pay for unnecessary medical tests and ask doctors to write medical excuses for a problem that is the norm, not the exception to the rule. Perhaps he is unaware that there is compelling medical and educational evidence that very early school start times are a problem and that the Virginia Chapter of the American Academy of Pediatrics has a position in favor of later high school start times for students in Virginia as does the Medical Society of Virginia and the

Medical Society of Northern Virginia.

For more than a year, FCPS has partnered with Children's National Medical Center and has met with stakeholder leaders from more than 45 different organizations, agencies, and community groups. Transportation experts and stakeholder leaders studied about 20 scenarios before the school board selected four potential scenarios to bring to the community for input. The School Board has been extremely slow and deliberate in this process. Children's National Medical Center has been working to include input from all stakeholders, including principals, social workers, leaders from the teacher organizations, PTAs, the athletic council, the Park Authority, School Aged Child Care providers, the middle school after school program, Safe Routes to School, and others. In July, there will be a work session with a report to the board. School board members have suggested that the Blueprint for Change may be one of the four options or it may be a hybrid based on the community input.

Montgomery County's Superintendent de-

SEE LATE START, PAGE 23

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Volunteers work with a wild horse in Lorton on June 21.

PHOTOS BY JANELLE GERMANOS/THE GAZETTE



Nearly 40 wild horses and burros were available for adoption at Lorton's Meadowood Recreation Area on June 21.

# Wild Horses and Burros Visit Lorton

Adoption event is one of many across the country.

BY JANELLE GERMANOS  
THE GAZETTE

Typical dog owners may not think of comparing their furry companion to a wild horse or burro, but the comparison isn't too far-fetched.

That's what wild horse and burro adopters, including Phoebe Karkos, have to say, at least.

Karkos joined dozens of other wild horse and burro enthusiasts at an adoption event at the Meadowood Recreation Area in Lorton on June 21. Nearly 40 of these animals were available for adoption.

Steve Meyer of the Bureau of Land Management's Wild Horse and Burro Adoption Program wasn't sure how many had

been adopted during the event, but said there were definitely many interested individuals.

And Karkos can see why. She adopted a wild horse, which she named Sjoelia, a couple years ago, and has loved the experience.

"They're really intelligent animals," Karkos said. "They're loyal, just like a dog would be."

The animals require a great deal of training, but they can catch on quickly, Karkos said.

Visiting from Rhode Island, Karkos and her mother, Leslie, said they would love to have adopted another animal at the Lorton auction, but just didn't have enough space back home.

"They're great animals," Leslie Karkos said.

Margaret Mahoney and Peggy Thomas visited the adoption event in Lorton because they are fascinated by the wild animals.

"My sister just bought one a few years ago. I just love them," Mahoney, a previous Fairfax Station resident, said.

She wants to adopt one in a few years, but came to the event to see what was available.

"I'm really hoping I could have one," Mahoney said.

Potential adopters need to know about training, said Meyer, who has adopted one of the horses.

"Bonding with them is the best part. They're really like a dog," he said.

The Wild Horse and Burro Program was created following the establishment of the Wild Free-Roaming Horses and Burros Act of 1971, which put the federal government

in charge of wild horses and burros found on public lands to save them from being slaughtered.

According to the Bureau of Land Management, there are more than 49,209 wild horses located on land managed by the bureau. Thousands of horses are removed from the land each year in order to control herd sizes. More than 230,000 wild horses and burros have been adopted since 1971.

Adoption events like the one in Lorton take place across the country every year in order to ensure ideal herd sizes.

For those who were unable to make it to the event, there's still a chance to adopt a wild horse or burro. The Wild Horse and Burro Adoption program, based in Milwaukee, Wisc., offers internet adoption. Internet applications and bidding are available now until July 8 at 1 p.m.



Margaret Mahoney and Peggy Thomas came out to Lorton on June 21 to check out the wild horses and burros available for adoption at Meadowood Recreation Area.



Meadowood Recreation Area in Lorton had wild burros like this one available for adoption.



Volunteers and horse lovers call the wild horses and burros lovable and loyal.





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finished levels, open floor plan, updated custom kitchen, oversize 2  
car garage. Unique second floor front balcony overlooks ground and  
wooded neighborhood. A truly fabulous property at a great price!



8708 Parry Ln  
\$625,000  
Stratford Landing  
Opportunity!  
Motivated seller has priced  
for quick sale. Classic 4  
bedroom Colonial. Excellent  
condition with 3 finished  
levels, updated baths &  
kitchen, thermal windows, covered parking, huge covered deck,  
hardwood floors & hardwood under carpet on both levels. Gorgeous  
level lot. Owner found H.O.C. and is ready to move. Take advantage  
of this rare opportunity!



5013 Mount Vernon  
Memorial Highway  
\$899,000  
Stunning New  
Luxury Home!  
Absolutely nothing  
comparable for under \$1  
Million. Just completed  
luxury home designed on the "Great Room" concept. Incredibly wide  
open main level with high ceilings and many windows provides  
bright, airy atmosphere. Other features: 3 luxuriously finished levels,  
5 full baths, hardwood floors and stunning master suite! Gorgeous  
setting on 1/2 acre lot.



**SOLD!**  
8457 Hallie Rose St  
\$389,000  
Imposing Townhouse!  
Gorgeous end unit, brick front  
townhouse. Bright open floor plan  
features hdwd flrs, spacious living  
room, separate dining room, eat-in  
kitchen with breakfast bar open to  
family room with sliding glass door to  
deck. Finished lower level walks out  
to fenced rear yard and patio. Upper  
level with 3BRs including sumptuous  
master suite. One car garage plus driveway.



**CONTRACT!**  
9134 Continental Dr  
\$655,000  
Spacious Colonial!  
Gorgeous grounds  
back to park!  
Exceptionally spacious  
3 level Colonial in  
magnificent setting on  
large level lot backing to  
wooded parkland. Home is in excellent condition and has many  
fabulous features inc: large room sizes, main level family room, large  
kitchen hdwd flrs, and oversize 2 car garage. Huge custom deck  
overlooks incredible natural wonderland. Super Value!



**CONTRACT!  
1 DAY ON MARKET!**  
3808 Kings Hill Ct  
\$975,000  
Simply Magnificent!

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703-683-0400 ofc

\*\*\*Classes begin on Saturday, July 12th and end on Saturday, August 9th. They will be held on Tuesday and Thursday evenings  
from 6:00pm - 10:00pm and on Saturdays, 9:00am - 5:00pm during the day.



Pat Tierney 703.850.5630 or Mary Taylor 703.785.5619  
ALEXANDRIA / Porto Vecchio \$ 599,000

Super price on this beautifully renovated 2BR with solarium and  
2 garage spaces. Quality, high-end upgrades, neutral decor, river  
view and glorious morning sunrises! Both smaller and larger units  
available.



Catherine Parker 703.627.5688  
LORTON \$ 409,900 www.7619Fallswood.com

Colonial home has 3BR/2.5BA. Large living room with built-in shelves  
and sliding glass door to deck overlooking woods. Separate dining  
room. Large Master suite. Kitchen has breakfast area. Family room  
has sliding glass door to deck/fenced backyard. Close to Ft Belvoir.



Val Klotz 703.303.9744  
STAFFORD / Somerset Landing \$ 435,000

Over 4,500 sq ft, 5BR/3.5BA, cul-de-sac, 2-car garage, open kitchen,  
family room walks out to deck. Sun roof off Kitchen. Finished lower  
level walks out to patio. Formal living and dining room.



Cindy Nelson 703.965.7562  
ALEXANDRIA \$ 724,900

Totally renovated! Updated kitchen has new cabinets, SSA, granite,  
and baths, fresh paint, new flooring and fixtures. 2BR/2BA + den  
rambler with fully finished large walkout LL in Rosemont Park. Just  
blocks to Braddock and King St Metros.



Margaret Keagle 571.332.5264  
ALEXANDRIA / Belle View \$ 255,000

One of Belle View's finest - This renovated 2 bedroom end unit has it  
all - open floor plan with gorgeous kitchen, 3 sides of newer windows,  
easy commuter location, plus you can walk to shopping, restaurants,  
nature trail and marina.



Steve Kindrick 703.683.0400  
ALEXANDRIA \$ 317,000

Rare nicely kept 4 level home in Bucknell Manor, located on a  
great corner lot. Updated kitchen and HVAC system, close to  
transportation.



Klanci Vanderhyde 703.919.4460  
ARLINGTON / Waterview \$ 565,000

Ideally located near the Key bridge in Arlington, this boutique inspired  
1 bedroom condo, has spectacular views of DC and Potomac River.  
Floor to ceiling windows with solar shades. Hardwoods. Top-of-the-  
line kitchen and luxurious marble bath. Rooftop views. Garage.



Martha Deal 703.622.6797  
ALEXANDRIA / Kings Landing \$ 574,900

Center hall brick Colonial, 4BR/3.5BA - 2-car garage. Family room  
with brick fireplace. SS appliances, eat-in kitchen with hardwoods.  
Finished walk-out basement with full BA, rec room and separate  
laundry. 2-level deck. Incl. extra land in "outlot".



Susan Batchelder 703.919.8359  
ALEXANDRIA \$ 192,500 OPEN SUNDAY 1 - 4

250 S REYNOLDS ST, #402 A fabulous condo at The Templeton  
Expansive views overlook Alexandria's West End. 1BR + dressing  
area, 1.5BA, granite counters, ceramic tile, wood floors, balcony,  
garage space, extra storage, pet friendly and secure building.



Marcy Bates 703.606.7605 or Laura Dunkel 703.217.8971  
ALEXANDRIA / Wellington \$ 1,475,000

Gorgeous new 6BR/5.5BA Craftsman-style home to be built just off  
GW Pkwy. Main and UL master suites, finished basement and a 4-car  
garage! Gourmet kitchen, hardwoods and custom features thru-out.  
Pre-construction opportunity to customize. Early Autumn Delivery.



Derick Hammond 703.519.0184  
Alexandria \$ 519,900

Gorgeous 5BR/3BA split foyer. Hardwoods on main level, fireplace in  
family room. Set back on a secluded drive, and nicely landscaped.  
Close to Old Town, Reagan National Airport, and Ft Belvoir, and to  
parks, rec center, golf course and more.



Rose Mary Cousins 703.627.0404  
ALEXANDRIA / Woodstone \$ 369,900

Immaculate end unit, 3 level, 3.5 BA townhouse with 2 master suites  
and LL with separate room for guests or office, full BA, and spacious  
family room. Hardwoods on main level. Separate DR. Updated eat-in  
kitchen with SS. Large deck and fenced yard. Move in ready!



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# ENTERTAINMENT

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## ONGOING

**New Shuttle Service.** Through July 13. 10 a.m.-4:30 p.m. on a 30-minute loop. George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Shuttle between Estate and Distiller/Grist Mill site. Free. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.

**Marcelo Novo.** Through July 20. Mondays-Fridays, 10 a.m.-4 p.m. Reception July 11, 7-9 p.m. Fisher Art Gallery, 3001 N. Beauregard St. An art show with acrylic paintings on maps and stamps. Free admission, Parking \$2/hr. Visit <http://culturecapital.com/> for more.

**Civil War Sundays.** Sundays July 6-27, 1-5 p.m. at Alexandria Archaeology Museum, 105 N. Union St., #327. Explore the Civil War in Alexandria through exhibits and artifacts. Free. Visit [www.alexandriaarchaeology.org](http://www.alexandriaarchaeology.org) or call 703-746-4388 for more.

**Photography Exhibit.** Daily 11 a.m.-5 p.m., Thursdays 2-9 p.m. through Aug. 3. Multiple Exposures Gallery, Torpedo Factory Art Center #312, 105 N. Union St. "Frozen Music," a photography exhibit featuring new works by Alan Sisen. Call 703-838-4565 for more.

**"Water."** Through Aug. 3., 10 a.m.-5 p.m. at Studio 18 of the Torpedo Factory Art Center, 105 North Union St. Artists derive inspiration from water, the sea, lakes, rivers, taps, clouds, rain, snow, ice, the elemental liquids of life. Free. Call 703-838-4565 or visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

**Francie Hester: Symbolic Spaces.** Through Aug. 3. Thursdays, Fridays and Sundays, 4-6 p.m. Saturdays, noon-4 p.m. Athenaeum, 201 Prince St. Art exhibition, Symbolic Spaces, shifts from a linear, mathematical piecing together of sequences to examine time as infinite, fluid, without discrete beginning or end. Free. Visit [nvfaa.org](http://nvfaa.org) for more.

**Historical Exhibit.** Through August at the Alexandria Black History Museum, 902 Wythe St. "Sit Down and Take a Stand" commemorates the 1939 library sit-in of five African American men and its mastermind, Samuel Tucker. One of the earliest occasions of individuals using the sit-in as an act of civil disobedience in the modern civil rights movement. Tuesdays-Saturdays, 10 a.m.-4 p.m. Call 703-746-4356.

**Blue Star Museums.** More than 2,000 museums across America offer free admission to military personnel and their families this summer through Sept. 1. A complete list of museums is available at <http://arts.gov/national/blue-star-museums>. The museums in Alexandria participating in the program are Gadsby's Tavern Museum, the Lee-Fendall House Museum and Garden and Stabler-Leadbeater Apothecary Museum.

**Doggy Happy Hours.** 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Thursdays during the summer. Free, drinks sold separately. Treats and water for dogs, with pet boutique and service vendors. Portions of proceeds benefit People. Animals. Love. Visit [www.Monaco-Alexandria.com/alexandria-hotel/doggy-happy-hour.html](http://www.Monaco-Alexandria.com/alexandria-hotel/doggy-happy-hour.html).

**New Exhibit.** Mount Vernon invites visitors to explore George Washington's design for the grounds of his estate, through a new exhibition, "Gardens & Groves:

George Washington's Landscape" at Mount Vernon through Jan. 12, 2016. Gardens & Groves is the first museum exhibition to focus specifically on Washington's landmark achievements as a landscape designer combining rarely-seen original documents, artwork, and books with period garden tools, landscape photography, and a scale model of the Mount Vernon estate. Included in admission \$18/adult; \$17/senior citizen; \$9/child age 6-11; children under 5 are free. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.

**Alexandria Cars & Coffee** invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

**Songwriter's Showcase.** Every Tuesday at 8 p.m. at The Old Town Theater, 815 1/2 King St. Features a different Songwriter's Association of Washington artist each week. Visit [www.theoldtowntheater.com](http://www.theoldtowntheater.com) for tickets.

**George Washington's Mount Vernon** has joined Thomas Jefferson's Monticello and James Madison's Montpelier to expand the "Presidents Passport," Virginia's premier presidential trail. As an added bonus to this year's program, visitors to the Alexandria Visitors Center at 221 King St. showing or purchasing a ticket to any of the three presidential estates will, upon request, receive for free Alexandria's "Key to the City" pass, which grants access into nine historic sites and museums in Alexandria - a \$26 added value. Visit [www.PresPassport.Monticello.org](http://www.PresPassport.Monticello.org) for more.

**Singing.** 7:30-10 p.m. at Lord of Life Lutheran Church, 13421 Twin Lakes Drive, Clifton. The Fairfax Jubilaires rehearse every Wednesday which includes training by an award-winning director. Visit [www.fairfaxjubilaires.org](http://www.fairfaxjubilaires.org) for more.

**Fifty Years of Collecting.** Tuesday-Saturday 10 a.m. to 5 p.m., Sundays noon to 5 p.m. Fort Ward Museum 4301 West Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit [www.fortward.org](http://www.fortward.org) or call 703-746-4848.

## CAMPS, CLASSES & WORKSHOPS

**Summer Aquatics Classes.** For youth and adults, including swimming lessons, aqua aerobics, Lifeguard Training, Swim Team Fundamentals and 2013 Gold Division Champions Wahoos Youth Swim Team. Register online at [www.alexandriava.gov/Recreation](http://www.alexandriava.gov/Recreation) or in person at the Registration and Reservations Office, 1108 Jefferson St. Contact Claudia Spencer at 703-74605414 or [claudia.spencer@alexandriava.gov](mailto:claudia.spencer@alexandriava.gov).

**History Camp.** The Lyceum, Alexandria's History Museum, is now registering for a camp for children ages 5-7. The camp runs Tuesday, July 29-Thursday, July 31, 9 a.m.-noon at the Lyceum, 201 S. Washington St. Clio's Kids Mini-Camp engages children in American history and life in historic Alexandria through artifacts, storytelling, singing, crafts, old-fashioned games and visits to nearby historic places. Cost is \$105, which includes snacks and souvenirs. Advance registration is required. Call 703-746-4994 or visit [www.alexandriahistory.org](http://www.alexandriahistory.org).

**Youth Summer Classes.** Beginning Monday, July 7, Metropolitan School of the Arts offers pre-professional



GAZETTE PACKET FILE PHOTO

Near the conclusion of the performance by the Alexandria Symphony Orchestra of the 1812 Overture, the Marines fire off the cannons as fireworks light the night sky to celebrate Alexandria's 264th birthday in 2013.

## Celebrate Alexandria's Birthday Saturday, July 12

Celebrate Alexandria's 265th birthday a week after the Fourth of July on Saturday, July 12 beginning at 7 p.m. The night kicks off with a performance by Fuse Box, followed by free birthday cake at 8 p.m. and a performance by the Alexandria Symphony Orchestra at 8:30 p.m. Close the evening with a spectacular fireworks show at 9:30 p.m. The festivities all take place at Oronoco Bay Park, 100 Madison St. In case of rain, there will be a fireworks show on Sunday, July 13 at the same time and place. Visit [www.alexandria.gov/recreation](http://www.alexandria.gov/recreation) for more.



PHOTO CONTRIBUTED

**Fuse Box will open Alexandria's 265th Birthday celebration Saturday, July 12.**

SEE ENTERTAINMENT, PAGE 16



# Best in Summer Dining

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6:30 pm Vigil Mass (en Español)

#### Sunday

7:30 am; 9:00 am (with Sign Language Interpreter & Children's Liturgy of the Word);  
10:30 am; 12:00 Noon; 2:00 pm  
(en Español); 6:30 pm

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# ENTERTAINMENT

FROM PAGE 18

summer dance, music theater and acting camps, as well as a wide variety of youth summer camps where students can explore and learn many facets of the performing and visual arts. Visit, [www.metropolitanarts.org](http://www.metropolitanarts.org).

#### Metro Club After-School Program.

Through June, the Metropolitan School of Arts presents an after-school program for grades 1-6. The program is located at both the Lorton studio at Workhouse Arts Center, 9517 Workhouse Way and in Alexandria at 5775 Barclay Drive. Programs will focus on the arts, including music, dance, theatre, yoga and academics, as well as designated homework time. The program will run Mondays, 1-6 p.m., and Tuesday-Friday, 3-6 p.m. Tuition runs from \$130-150. Call 703-339-0444 or visit [www.metropolitanarts.org](http://www.metropolitanarts.org).

**Life Drawing.** Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Just drop-in for the session and bring your supplies to draw or paint our live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org) for a schedule.

**Photography Workshop.** 10:30 a.m.-noon at Multiple Exposures Gallery on 105 N. Union St. Photographers and enthusiasts of all skill levels are invited to share work, ideas, and questions at this free workshop held on the last Sunday of each month, except December. No reservations. Call 703-683-2205.

**Theater Camp.** Mount Vernon Community Children's Theatre will hold sessions starting June 30 to Aug. 22. There are two-week sessions with morning, afternoon or all day sessions, and one-week sessions that go all day. Visit [www.mvctt.org](http://www.mvctt.org) to register.

**Stop Motion Animation and Cartooning.** Aug. 18-21. 10 a.m.-noon and 1-3 p.m. for ages 8-12. Art at the Center, 2804 Sherwood Hall Lane. \$140 for cartooning and \$150 for stop-motion animation taught by Christine Stoddard. Visit [www.artatthecenter.org/classsummer14.htm](http://www.artatthecenter.org/classsummer14.htm) for more.

**Grown-Ups Art Camp.** Monday, June 30-Friday, July 11. Times vary by class. Del Ray Artisans gallery at the Nicholas A. Colasanto Center, 2704 Mount Vernon Ave. Workshops and events include playing with resin, paper marbling, creating a mosaic or paper masterpiece, and learning how to tango. Gallery is accessible. \$10-\$90. Visit [www.TheDelRayArtisans.org/GUAC](http://www.TheDelRayArtisans.org/GUAC) or contact Tracy Wilkerson at [GUAC@TheDelRayArtisans.org](mailto:GUAC@TheDelRayArtisans.org).

**Cool Yoga.** Wednesdays, through Aug. 27, 6:30-7:30 p.m. at 1900 Mt. Vernon Ave., Del Ray. Outdoor yoga classes. Free. Call Maureen Clyne at 703-967-8884 or visit [www.prasadayoga.com](http://www.prasadayoga.com) for more.

**Metropolitan School of the Arts Classes.** 5775 Barclay Drive, Suite 4. The Metropolitan School of the Arts will begin classes on Monday, Sept. 8. The studios offer beginner and advanced instruction in a variety of different dance forms, including tap, jazz, ballet, Pointe, Irish dance, contemporary, acting, combination classes, hip-hop or theatre as well as piano and guitar lessons. Registration is available online at [www.metropolitanarts.org](http://www.metropolitanarts.org).

**Digital Photography.** July 14, 15 and 17. 10:30 a.m.-12:30 p.m. Art at the Center, 2804 Sherwood Hall Lane. Use digital cameras with a focus on point of view, framing and awareness of lighting. \$95. Visit [www.artatthecenter.org/](http://www.artatthecenter.org/) for more.

**Robots: Art With Light and**

**Motion.** July 22-24, 10 a.m.-noon. Art at the Center, 2804 Sherwood Hall Lane. Combine vibrating motors and led lights with a variety of sculpture materials. \$120. Visit [www.artatthecenter.org/](http://www.artatthecenter.org/) for more.

**Art and Mindfulness.** July 2 and 9, or July 23 and 30. 7:30-9 p.m. Art at the Center, 2804 Sherwood Hall Lane. Meditation for adults. \$50 for two meetings. Visit [www.artatthecenter.org/labyrinth.htm](http://www.artatthecenter.org/labyrinth.htm) for more.

#### THURSDAY/JULY 3

**Live Music.** 6-9 p.m. Mount Vernon Inn restaurant, 3200 Mount Vernon Memorial Highway. The Kevin Kline Band performs covers of many familiar Billy Joel, Elton John and Bruce Hornsby tunes. Free. Visit [www.mountvernon.org/Inn](http://www.mountvernon.org/Inn) for more.

#### Lyceum Summer Chamber Series.

7:30 p.m. The Lyceum, 201 S. Washington St. The Kalorama trio performs. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Delbert McClinton performs. Rescheduled from April 25; tickets honored and refunds available at place of purchase. \$45. Visit [www.delbert.com](http://www.delbert.com), [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

#### FRIDAY/JULY 4

**Independence Day Event.** 9:30 a.m.-2:30 p.m. George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Event features fireworks, naturalization ceremony for 100 new citizens, military reenactments, wreathlaying ceremony, and birthday cake (while supplies last.) Events included in Mount Vernon ticket price. Tickets \$8-\$17. Visit [mountvernon.org](http://mountvernon.org) for more.

**Independence Day Worship.** 12:05 p.m. at Christ Church, 118 N. Washington St. George Washington's Bible will be on display Friday, July 4 and Sunday, July 6. Free. Visit [www.historicchristchurch.org](http://www.historicchristchurch.org).

#### SATURDAY/JULY 5

**Burlesque-a-pades Star Spangled Revue.** 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. The Pontani Sisters perform a patriotic burlesque and variety revue. \$29.50. Call 703-549-7500 or visit [www.birchmere.com](http://www.birchmere.com) for more.

#### SUNDAY/JULY 6

**Lyceum Summer Chamber Series.** 3 p.m. The Lyceum, 201 S. Washington St. The Rusticway Chamber Ensemble performs. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

#### MONDAY/JULY 7

**Ballroom Dancing.** 7-9 p.m. The Athenaeum, 201 Prince St. Learn the foxtrot, waltz, tango, swing, salsa, merengue, rumba, cha-cha and samba. Come with or without a partner. \$15. Call 703-548-0035 or visit [www.nvfaa.org](http://www.nvfaa.org) for more.

#### WEDNESDAY/JULY 9

**Live Music.** 7:30 at the Birchmere, 3701 Mount vernon Ave. Leela James performs. \$35.00. Visit [www.leelajames.com/](http://www.leelajames.com/) or [www.birchmere.com](http://www.birchmere.com) for more.

#### THURSDAY/JULY 10

**Live Music.** 7 p.m. at The Athenaeum, 201 Prince St. NovaZanz performs a

variety of standards, swing and bossa nova. \$10. Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-548-0035 for more.

**Live Music.** 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave., Alexandria Pokey Lafarge. \$20. Visit [www.pokeylafarge.net](http://www.pokeylafarge.net) or [www.Birchmere.com](http://www.Birchmere.com) for more.

#### THURSDAY/JULY 10-MONDAY/AUG. 4

**The Adventure.** Monday-Saturday, 10 a.m.-6 p.m. Sunday, noon-6 p.m. Opening reception, July 10, 6:30-8 p.m. Torpedo Factory Art Center, 105 N. Union Street, Studio 21. David Alfuth constructs intimate dreamlike worlds and architectural structures with his paper relief and 3D works. Free. Visit [www.theaterleague.org](http://www.theaterleague.org), or call 703-683-1780.

#### FRIDAY/JULY 11

**Brass Concert.** 7:30 p.m. at Grist Mill Park, 4710 Mount Vernon Memorial Hwy. "A Slice of Americana" will feature favorite songs from movies, video games, jazz and music to honor the 70th anniversary of D-Day. Free. Visit [www.reunionmusic.org/events.html](http://www.reunionmusic.org/events.html) for more.

#### SATURDAY/JULY 12

**Archaeology Festival.** 10 a.m.-4 p.m. Alexandria Archaeology Museum, Torpedo Factory Art Center, 105 N. Union St., Studio #327. Witness Alexandria Archaeology in action at both the laboratory and at Shuter's Hill excavation site located at the George Washington Masonic National Memorial. Visit [www.alexandriarchaeology.org](http://www.alexandriarchaeology.org) or call 703-746-4399 for more.

**Alexandria Art Market.** 10 a.m.-4 p.m. in Colasanto Park, 2704 Mount Vernon Ave. Local artists will perform. Browse artwork by local artists and more. Visit [www.TheDelRayArtisans.org/ArtMarket](http://www.TheDelRayArtisans.org/ArtMarket) for more.

**USA & Alexandria Birthday Celebration.** 7:30-10 p.m. at Oronoco Bay Park, 100 Madison St. Enjoy a concert by the Alexandria Symphony Orchestra, birthday cake, food and fireworks. The evening culminates in Tchaikovsky's "1812 Overture." Free. Visit [www.alexandriava.gov](http://www.alexandriava.gov) for more.

#### SATURDAY-SUNDAY/JULY 12-13

**Fort Ward Civil War Reenactment.** Saturday 10 a.m.-5 p.m.; Sunday 10 a.m.-3 p.m. Fort Ward Museum and Historic Site, 4301 W. Braddock Road. Reenactment weekend will commemorate the 150th anniversary of the Battle of Fort Stevens, the only battle fought in the Defenses of Washington. Suggested donation \$2 adults, \$5 families. Call 703-746-4848 or visit [www.AlexandriaVA.gov/FortWard](http://www.AlexandriaVA.gov/FortWard) for more.

#### SUNDAY/JULY 13

**Lyceum Summer Chamber Series.** 3 p.m. The Lyceum, 201 S. Washington St. Synergy, a group composed of a flutist, clarinetist, oboist and pianist perform. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

**Live Music.** 7 p.m. at Fort Hunt National Park, 8999 Fort Hunt Road. A performance by the Potomac Harmony Chorus. Free. Visit [www.PotomacHarmony.org](http://www.PotomacHarmony.org) for more.

#### TUESDAY/JULY 15

**Forge Brew Works Beer Dinner.** 7-10 p.m. at Union Street Public House, 121 S. Union St. Enjoy a summer



# ENTERTAINMENT

beer dinner featuring beers from local Forge Brew Works and a five-course menu. \$49 plus tax and gratuity. Visit <https://usph.webconnex.com/ForgeBeerDinner> for more.

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Procol Harum performs live. \$55. Visit [www.birchmere.com](http://www.birchmere.com) or [www.procolharum.com](http://www.procolharum.com).

## WEDNESDAY/JULY 16

**Live Music.** 7:30 at the Birchmere, 3701 Mount Vernon Ave. Matthew Sweet, with Tommy Keene opening. \$25. Visit [www.Birchmere.com](http://www.Birchmere.com).

## THURSDAY/JULY 17

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Jonah Tolchin & the Lonesome Angels open; Dave Alvin & Phil Alvin & The Guilty Ones perform. \$29.50. Visit [www.jonahtolchin.com](http://www.jonahtolchin.com), [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## FRIDAY/JULY 18

**Rock Concert.** 7 p.m. Alley Cat Restaurant, 2 South Whiting St. Rock band Messenger performs with special guest One Shot Finch. Benefits United Community Ministries Agency. \$10 suggested donation. Visit [www.ucmagency.org](http://www.ucmagency.org).

**Live Music.** 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Owen Danoff to open for Edwin McCain. \$29.50. Visit [www.owendanoff.com](http://www.owendanoff.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

**Summer Concert Series.** 7:30 p.m. at Grist Mill Park, 4710 Mt. Vernon Memorial Highway. Mount Vernon

Nights at Grist Mill Park presents Lindsay Lou & the Flatbellys. Free. visit [www.fairfaxcounty.gov/parks/performances/](http://www.fairfaxcounty.gov/parks/performances/) for more.

## SATURDAY/JULY 19

**Music and Dance.** 2 p.m. The Athenaeum, 201 Prince St. Classical guitarist Mark Charles Smith plays an afternoon of music featuring various dance accompaniments. Family friendly. Free. Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-548-0035 for more.

## SUNDAY/JULY 20

### Lyceum Summer Chamber Series.

3 p.m. The Lyceum, 201 S. Washington St. The Washington Metropolitan Philharmonic Wind Ensemble performs. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

**Concert and CD Release.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Grace Griffith, Marcy Marxer, Al Petteway and more for a Grace Griffith tribute concert. \$25. Visit [www.seamaid.org/grace/index.html](http://www.seamaid.org/grace/index.html), [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## MONDAY/JULY 21

**Ballroom Dancing.** 7-9 p.m. at The Athenaeum, 201 Prince St. Learn the foxtrot, waltz, tango, swing, salsa, merengue, rumba, cha-cha and samba. Come with or without a partner. \$15. Call 703-548-0035 or visit [www.nvfaa.org](http://www.nvfaa.org) for more.

## THURSDAY/JULY 24

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave.

## Civil War Reenactment

Fort Ward Museum is hosting Civil War Reenactment Weekend to recognize the 150th anniversary of the Battle of Fort Stevens, the only battle fought in the Defenses of Washington. The weekend includes Union and Confederate camps and Living History activities. Saturday's schedule features a skirmish interpreting the historic battle at 2 p.m. Sunday's schedule includes a concert by the Federal City Brass Band at 2 p.m. The event goes from 10 a.m.-5 p.m. on Saturday, July 12 and from 10 a.m.-3 p.m. on Sunday, July 13 at Fort Ward Museum and Historic Site, 4301 W. Braddock Road. Contact [fortwardmuseum@alexandria.gov](mailto:fortwardmuseum@alexandria.gov) or call 703-746-4848 for more.

Time for Three performs. \$29.50. Visit [www.tf3.com](http://www.tf3.com), [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## FRIDAY/JULY 25

**Live Music.** 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Sonny Landreth with special guest Jimmy Thackery. \$29.50. Visit [www.sonnnylandreth.com](http://www.sonnnylandreth.com), [www.jimmythackery.com](http://www.jimmythackery.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

**Happy Hour.** 5:30-8:30 p.m. Gadsby's Tavern Museum, 134 N. Royal St. Historical celebration of John Gadsby's 1808 move from The City Tavern to Baltimore. \$10 for two drink tickets, food available for purchase. Visit [www.gadsbystavern.org](http://www.gadsbystavern.org) or call 703-746-4242 for more.

## SUNDAY/JULY 27

### Lyceum Summer Chamber Series.

3 p.m. The Lyceum, 201 S. Washington St. Pianists Sylvia Hong and Michael Rector perform Chopin

piano concertos. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. HAPA performs. \$29.50. Visit [www.hapa.com](http://www.hapa.com), [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## FRIDAY/AUG. 1

**Monty Python.** Pre-reception, 7 p.m., Show, 8 p.m., Post-reception after. The Little Theater, 600 Wolfe St. A fundraiser for the Pentagon Visitor Education Center, showing Monty Python and the Holy Grail. Suggested \$40 donation to The Pentagon Memorial Fund. For more, contact Tina McCrea at [Tina@thelittletheatre.com](mailto:Tina@thelittletheatre.com), or call 703-683-5778 x1.

**Kenny G.** 7:30 p.m. The Birchmere, 3701 Mount Vernon Ave. \$65. Visit [www.birchmere.com](http://www.birchmere.com) for more.

## SUNDAY/AUG. 3

### Lyceum Summer Chamber Series.

3 p.m. The Lyceum, 201 S. Washington St. A violinist, violist, cellist, clarinetist and pianist perform music by Darius Milhaud. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

## TUESDAY-SATURDAY/AUG. 5-31

### Multiple Exposures Gallery.

11 a.m.-5 p.m., Thursdays 2-8 p.m. at Torpedo Factory Art Center, 105 N. Union Street. Fine art photography exhibition. Free. Visit [www.multipleexposuresgallery.com](http://www.multipleexposuresgallery.com) for more.

## THURSDAY/AUG. 7

**Live Music.** 6-9 p.m. Mount Vernon Inn restaurant, 3200 Mount Vernon Memorial Highway. The Kevin Kline Band performs covers of many familiar Billy Joel, Elton John and Bruce Hornsby tunes. Free. Visit [www.mountvernon.org/Inn](http://www.mountvernon.org/Inn) for more.

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. An evening with Jay Hayden and V. Rich. \$25. Visit [www.jworldrecords.com](http://www.jworldrecords.com), <http://vrichmusic.com>, or [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## AUG. 5 THROUGH SEPT. 7

**"Fire."** Through Sept. 7. 10 a.m.-5 p.m. at Studio 18 of the Torpedo Factory Art Center at 105 North Union St. The artists' imagination is "fired" by heat, flames, burning, passion, fiery



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—John Mutchler



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# ENTERTAINMENT

tempers, anger, explosive situations, camp fires, BBQs, and fireflies to name just a few possible interpretations. Free. Call 703-838-4565 or visit [www.torpedofactory.org](http://www.torpedofactory.org).

## FRIDAY/AUG. 8

**Live Music.** 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Buster Poindexter (aka David Johansen). \$29.50. Visit [www.facebook.com/officialBusterPoindexter/](http://www.facebook.com/officialBusterPoindexter/) or [www.Birchmere.com](http://www.Birchmere.com) for more.

**Cirque du Soleil.** 8 p.m. at National Harbor. Cirque du Soleil performs "Amaluna." One hundred percent of proceeds from ticket sales go to support The Campagna Center. \$120. Visit [www.campagnacenter.org/amaluna](http://www.campagnacenter.org/amaluna) for more.

## SATURDAY/AUG. 9

**Alexandria Art Market.** 10 a.m.-4 p.m. in Colasanto Park, 2704 Mount Vernon Ave. Local artists will perform. Browse artwork by local artists and more. Visit [www.TheDelRayArtisans.org/ArtMarket](http://www.TheDelRayArtisans.org/ArtMarket) for more.

## SUNDAY/AUG. 10

**Family Day.** 1-4 p.m. at Gadsby's Tavern, 138 N. Royal St. Explore the magic of history with a tour of the tavern. Adults: \$5; Children: \$3. Visit [www.gadsbystavern.org](http://www.gadsbystavern.org) for more.

**Lyceum Summer Chamber Series.** 3 p.m. at The Lyceum, 201 S. Washington St. Cellit Philip Wolf and pianist Stephen Bertino perform Grieg and other short pieces. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

## TUESDAY/AUG. 12

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Dick Dale. \$29.50. Visit [www.dickdale.com](http://www.dickdale.com) or [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## WEDNESDAY/AUG. 13

**Live Music.** 7:30 at the Birchmere, 3701 Mount Vernon Ave. Victor Wooten Band performs. \$35. Visit [www.victorwooten.com](http://www.victorwooten.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## THURSDAY/AUG. 14

**Live Music.** 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. The Zombies. \$45. Visit [www.thezombies.net](http://www.thezombies.net) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## SATURDAY/AUG. 16

**Angaleena Presley.** 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. \$35. Visit [www.birchmere.com](http://www.birchmere.com) for more.

## SUNDAY/AUG. 17

**Lyceum Summer Chamber Series.** 3 p.m. at The Lyceum, 201 S. Washington St. Clarinetist Kristen Sheridan performs with piano accompaniment. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

## SATURDAY/AUG. 23

**Live music.** 7 p.m. at St. Aidan's Episcopal Church, 8531 Riverside Road. Focus Music in Mount Vernon presents folk singer/songwriters Al Petteway and Amy White. Tickets \$15-\$18. Discounts available for Focus members. Visit [www.focusmusic.org](http://www.focusmusic.org), or contact Herb Cooper-Levy at 703-380-3151 or [herb@focusmusic.org](mailto:herb@focusmusic.org).

## SUNDAY/AUG. 24

**Lyceum Summer Chamber Series.** 3 p.m. at The Lyceum, 201 S. Washington St. Bassonist Aaron Goler and pianist Stephen Bertino perform. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

## THURSDAY/AUG. 28

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Chris Hillman & Herb Pedersen and Carlene Carter perform. \$29.50. Visit [www.chrishillman.com](http://www.chrishillman.com), <http://herbpedersen.com>, [www.carlenecarter.net](http://www.carlenecarter.net) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## WEDNESDAY/AUG. 27

**Live Music.** 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Larry Graham and Graham Central Station. \$69.50. Visit [www.larrygraham.com](http://www.larrygraham.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## SATURDAY/AUG. 30

**Bill Kirchen.** 7:30 p.m. The Birchmere, 3701 Mount Vernon Ave. \$29.50. Visit [www.birchmere.com](http://www.birchmere.com) for more.

## SUNDAY/AUG. 31

**War of 1812 Signature Event.** Noon-5 p.m. at the Alexandria Waterfront. Event will feature historical exhibits, tug-of-war, cricket match, yacht race, and food trucks. Free. Call 703-746-4242 or visit [www.VisitAlexandriaVA.com/1812](http://www.VisitAlexandriaVA.com/1812)

## FARMERS MARKETS

**Mount Vernon Farmers Market.** 8 a.m.-noon, Wednesdays, May 7-Dec. 17. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit [www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm](http://www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm) for more.

**Kingstowne Farmers Market.** 4-7 p.m., Fridays, May 2-Oct. 31. Giant parking lot, 5955 Kingstowne Towne Center. Products include fresh organic honey, pies and rolls. Visit [www.fairfaxcounty.gov/parks/farmersmarkets/kingstownemkt.htm](http://www.fairfaxcounty.gov/parks/farmersmarkets/kingstownemkt.htm) for more.

**Old Town Farmers Market.** 7 a.m.-noon, Saturdays year round. Local farmers and artists have been selling products there since 1753. Located at Market Square, 301 King St. Call 703-746-3200 or email [oldtownfarmersmarket@alexandriava.gov](mailto:oldtownfarmersmarket@alexandriava.gov).

**Del Ray Farmers Market.** 8 a.m.-noon, Saturdays year round. Features fresh vegetables and fruits in season, meats, eggs, fresh pasta and sauces, Amish cheese, yogurt, bakery goods and more. Located at the corner of East Oxford and Mount Vernon avenues. Contact [pmiller1806@comcast.net](mailto:pmiller1806@comcast.net) for more.

**Four Mile Run Farmers & Artisans Market.** 9 a.m.-1 p.m, Sundays through November. Brings fresh nutritious foods to people of all income levels. Located at the entrance to Four Mile Run Park at 4109 Mount Vernon Ave. Visit [www.4mrmarket.org/](http://www.4mrmarket.org/) for more.

**West End Farmers Market.** 8:30 a.m.-1 p.m. Sundays from May-November. Fresh, locally grown, in-season vegetables as well as sweet juicy berries, apples, pears, and seasonal peaches. Vendors also sell fresh-squeezed orange juice, fresh-baked pastries, gourmet cheeses and more. Located at Ben Brenman Park, 4800 Brenman Park Drive. Visit [www.westendfarmersmarket.org/#FarmersMarket](http://www.westendfarmersmarket.org/#FarmersMarket) for more.

for more.

## Lyceum Summer Chamber Series.

3 p.m. at The Lyceum, 201 S. Washington St. Pianist Thomas Pandolfi performs music by Chopin and Gershwin. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

## THURSDAY/SEPT. 4

**Live Music.** 6-9 p.m. Mount Vernon Inn restaurant, 3200 Mount Vernon Memorial Highway. The Kevin Kline Band performs covers of many familiar Billy Joel, Elton John and Bruce Hornsby tunes. Free. Visit [www.mountvernon.org/Inn](http://www.mountvernon.org/Inn) for more.

## FRIDAY/SEPT. 5

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Eugene Groove performs live. \$39.50. Visit [www.birchmere.com](http://www.birchmere.com) or [www.eugegroove.com](http://www.eugegroove.com).

## SATURDAY/SEPT. 6

**Sculpture Workshop.** 9 a.m.-1 p.m. Del Ray Artisans, 2704 Mount Ave. Artist Laura Hummel teaches a mixed-media sculpture workshop about how to repurpose new or vintage metals and more. \$55-\$65. Visit [www.thedelrayartisans.org/birdworkshop](http://www.thedelrayartisans.org/birdworkshop) for more.

## SUNDAY/SEPT. 7

**Lyceum Summer Chamber Series.** 3 p.m. The Lyceum, 201 S. Washington St. Pianist Haskell Small

performs. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

**Live Music.** 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Asleep at the Wheel. \$35. Visit [www.asleepatthewheel.com](http://www.asleepatthewheel.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## TUESDAY-WEDNESDAY/SEP 9-10

**Live Music.** 7:30 p.m. at the Birchmere, 3071 Mount Vernon Ave. Chris Isaak performs. \$89.50. visit [www.chrisisaak.com](http://www.chrisisaak.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## THURSDAY/SEPT. 11

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Ellie Holcomb performs, opens for Amy Grant. Visit [www.ellieholcomb.com](http://www.ellieholcomb.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## SATURDAY/SEPT. 13

**Alexandria Art Market.** 10 a.m.-4 p.m. in Colasanto Park, 2704 Mount Vernon Ave. Local artists will perform. Browse artwork by local artists and more. Visit [www.TheDelRayArtisans.org/ArtMarket](http://www.TheDelRayArtisans.org/ArtMarket) for more.

**Live Music.** 7:30 p.m. at the Birchmere, 3071 Mount Vernon Ave. The Manhattans perform. \$49.50. visit [www.kissandsaygoodbye.com](http://www.kissandsaygoodbye.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## SATURDAY-WEDNESDAY/SEPT 13-24

**Senior Olympics.** 19 locations.

Participants must be 50 years old by Dec. 30, 2014. Deadline to register is Aug. 29 by mail, and Sept. 5 online. Registration is \$12, additional fees may apply. To find a location and register, visit a local senior center, or visit [www.nvso.us](http://www.nvso.us).

## SUNDAY/SEPT. 14

**Lyceum Summer Chamber Series.** 3 p.m. The Lyceum, 201 S. Washington St. Guitarist Piotr Pakhomkin performs. Free, donations accepted at the door. Visit [www.wmpamusic.org](http://www.wmpamusic.org) or call 703-799-8229 for more.

**Live Music.** 7:30 at the Birchmere, 3701 Mount Vernon Ave. The Paul Thorn Band. \$29.50. Visit [www.paulthorn.com](http://www.paulthorn.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## THURSDAY/SEPT. 18

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Gary Puckett & the Union Gap performs live. \$35. Visit [www.birchmere.com](http://www.birchmere.com) or [www.garypuckettmusic.com](http://www.garypuckettmusic.com).

## FRIDAY-SATURDAY/SEPT. 19-20

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. The Wailin' Jennys. \$39.50. Visit [www.thewailinjennys.com](http://www.thewailinjennys.com) or [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## WEDNESDAY/SEPT. 24

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Bodeans. Honor By August opens. \$29.50. Visit [www.bodeans.com](http://www.bodeans.com), [honorbyaugust.com](http://honorbyaugust.com) or [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## THURSDAY/SEPT. 25

**Live Music.** 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Tower of Power. \$55. Visit [www.towerofpower.com](http://www.towerofpower.com) or [www.Birchmere.com](http://www.Birchmere.com) for more.

## SATURDAY/SEPT. 27

**Live Music.** 7:30 at the Birchmere, 3701 Mount Vernon Ave. Maysa performs. \$55.00. Visit [www.maysa.com](http://www.maysa.com) or [www.birchmere.com](http://www.birchmere.com) for more.

## SUNDAY/SEPT. 28

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Ralph Stanley and the Clinch Mountain Boys. \$35. Visit <http://dralphstanleymusic.com> or [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.



## Be Part of The Pet Connection in July

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Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 17.

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Mar 13, 5:30-7:00 pm @ Good Shepherd Housing

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# Wrath of Climate Change Could Impact All Along the Potomac

FROM PAGE 1

Intergovernmental Panel on Climate Change as well as a report from a working group of the panel detailing impacts of climate change. Yet another report came out in May from the U.S. Global Change Research Program. But perhaps the biggest change has been a partisan one, as Democrats take control over departments and agencies in Richmond.

"I think people ignore climate change at their own peril, and this governor is not going to do that," said Secretary of Public Safety Brian Moran, who will serve as a co-chair of the panel. "The underlying function here is — let's call this what it is — it's climate change, and it's having serious repercussions in a number of areas of the commonwealth, including security as well as the environment as well as economic development."

**THE GOVERNOR** announced the new commission Tuesday in Virginia Beach on the shores of the Chesapeake Bay, where the governor signed Executive Order 19, convening the Governor's Climate Change and Resiliency Update Commission. McAuliffe was joined by Moran and the other co-chair of the panel, Secretary of Natural Resources Molly Ward. Other members of the commission include local elected officials, members of the General Assembly, business leaders, environmental advocates, faith leaders and industry representatives.

"We need to prepare Virginia's coastal communities to deal with the growing threat of climate change," said McAuliffe. "Virginia has the opportunity not only to be a leader in finding creative ways to mitigate climate change in the future but also to adapt to the effects of climate change that we have already begun to see here in the Commonwealth."

The first goal of the commission will be to evaluate the recommendations issued by the Kaine commission in 2008 and determine which ones need to be updated. The executive order sets out a one-year deadline for the panel to complete its work and offer a new set of recommendations. Environmental advocates said time is of the essence, especially considering the years of inaction on the issue by the McDonnell administration.

"Climate change science has evolved a great deal in the last five or six years," said former Lt. Gov. Don Beyer, who served on the Kaine commission. "We know so much more about what's happen-

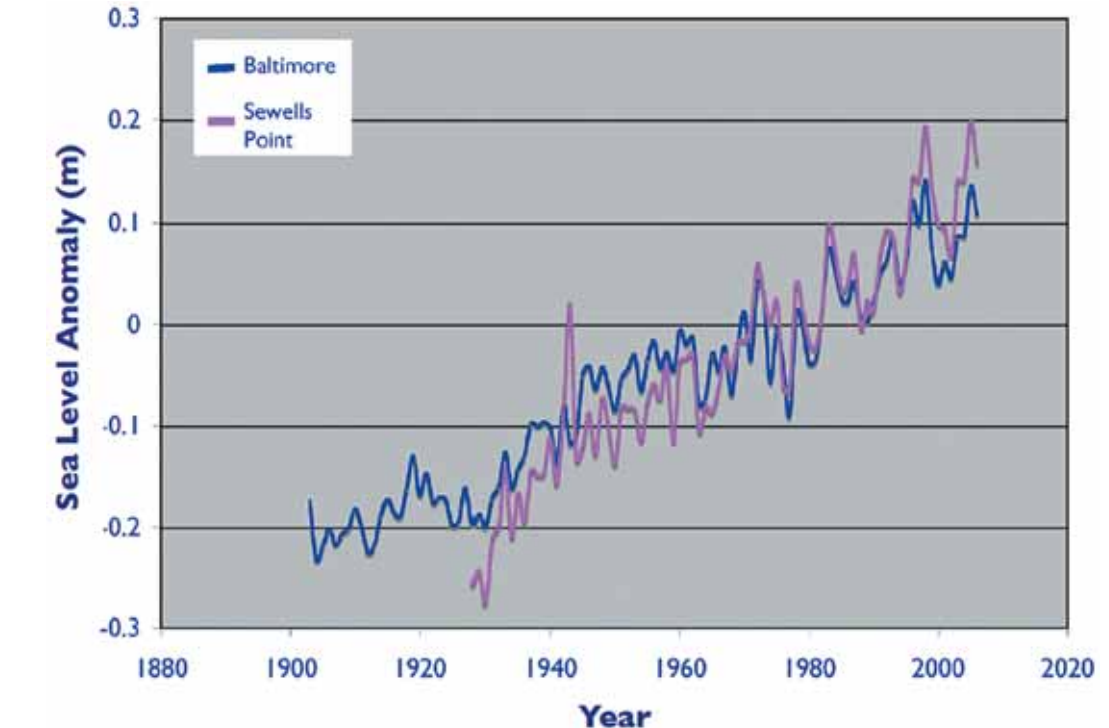
ing to the planet, and to Virginia."

**NORTHERN VIRGINIA** will be at the center of problems associated with climate change because of its position on the Potomac River. Many of the houses in Old Town Alexandria are within a few feet of the river, and mansions in Mount Vernon could be compromised during extreme weather. The most recent report from the Global Change Research Program warned that the change in sea level associated with climate change is greatest in the eastern Mid-Atlantic coast, which includes the mouth of the Chesapeake Bay and the Delmarva Peninsula.

"If you had a tropical cyclone or a tropical storm that came up the Chesapeake, the storm surge and associated damage would be significantly worse than what we have from the historical record," said Kinter. "If one of those storms were to come up the Chesapeake, Northern Virginia would be in the crosshairs."

By some estimates, the sea level may rise by a foot or more in the next 50 years. One report estimated that the expected costs from tropical cyclones are likely to double in the next 25 years. The issue is particularly troubling in the Chesapeake Bay because the Delmarva Peninsula is sinking as part of a retreat from the last ice age. That creates a vexing combination for Northern Virginia, where the combination of a sinking peninsula and rising tidal influence has the potential for dramatic change in the next few years.

"By signing this executive order, Governor McAuliffe is re-dedicating Virginia to addressing the costly and increasingly dangerous impacts of climate change," said Mike Tidwell, director of the Chesapeake Climate Action Network. "We applaud Governor



Long-term sea-level change at two locations in the Chesapeake Bay, one at Baltimore and another at Sewells Point in Virginia.

McAuliffe for taking this step forward just six months into his term. Indeed, we don't have a moment to lose."

**PERHAPS NO OTHER** area finds itself more at risk than Old Town Alexandria, where city leaders hope to construct a six-foot floodwall as part of the waterfront plan. City officials say the move is partially in response to rising sea levels and partially in response to recurring flooding that already happens on lower King Street — man-made land that was created in the 18th and 19th centuries. Some of the

waterfront is already at six feet, while other parts are currently at two feet.

"It's not a significant height increase," said Anthony Gammon, a civil engineer with the Department of Project Implementation. "But it does provide a significant level of

The floodwall proposal is not without detractors, especially considering it was part of a land-use plan that more than doubles density at three sites along the waterfront compared to what's there now. Critics say raising the elevation of the waterfront will end up

trapping water on the land, denying it an opportunity to drain and swamping the pumps designed to get rid of it.

"It's overkill," said John Kupersmith, vice president of an Alexandria-based marine and environmental engineering firm. "Its efficiency can be duplicated at a frac-

**"The underlying function here is — let's call this what it is — it's climate change, and it's having serious repercussions in a number of areas of the commonwealth, including security as well as the environment as well as economic development."**

— Secretary of Public Safety Brian Moran

flood mitigation above what's there today."

tion of the height, and it does not protect Alexandria from storms."

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# SPORTS



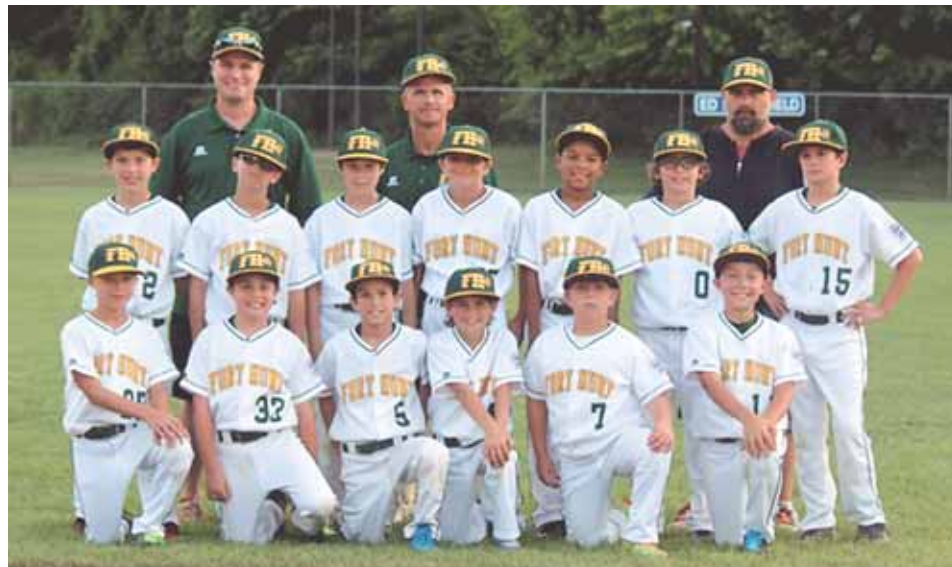
**Fort Hunt Little League All Stars at opening ceremony in Woodbridge.**

PHOTOS CONTRIBUTED

## All-Star Baseball Tournaments Underway

District 9 All-Star Baseball Tournaments got underway on June 21 with Fort Hunt Little League fielding teams at the 10U, 11U, Majors, Intermediate and Juniors Divisions. The District 9 All Star opening ceremony took place on June 27 at Veteran's Park in Woodbridge where teams from each of the 10 Little Leagues in District 9 were introduced.

Fort Hunt Little League is hosting the 10U All-Star Tournament at the Hollin Hall fields where eight teams will play a total of 19 games. The 10U Champion will represent District 9 in the State Tournament in Buchanan, Va. starting on July 10.



**Fort Hunt 10U All Star Team: Nick Castrilli, Alex Catanzaro, Clay Clarke, Austin Copeland, Nathan DeWitte, Sammy Dorris, Owen Enfield, Chris Fiori, Jake Gupton, Justin Lewis, Noah Potholm, Grant Radoski, Peter Webster, Manager Glen Copeland and Coaches Bob Enfield and Erik Potholm.**



**Elizabeth Klein**

## National Competitor

In June, Elizabeth Klein of Fort Hunt traded her graduation cap for a swim cap. Instead of walking across the stage and receiving her high school diploma, Elizabeth chose to attend the 2014 USA Special Olympic Games and swim for gold. More than 3,500 Special Olympics athletes from throughout the United States traveled to New Jersey June 14-21 to compete in the 2014 USA Special Olympic Games. Elizabeth was one of eight swimmers representing Virginia. She won gold in the 100 backstroke and placed 6<sup>th</sup> in the 100 freestyle. Her relays (4x25 free and 4x50 free) captured bronze.

Elizabeth, who started swimming at age 8, not only swims for Special Olympics, she also swam for the Edison Eagles and is a member of the Riverside Gardens Tsunami Team. She will be attending the Pulley Vocational Training Center in the fall.



PHOTO CONTRIBUTED

**From left: Meg Silva of Battelle awards \$2,000 scholarships at West Potomac High School to UCM-Battelle Scholars Jiayi Liu, Michael Boggess, and Laraib Ilyas, with UCM Executive Director Shirley Marshall.**



**UCM-Battelle Scholars at Mount Vernon High School are (in alphabetical order): Ferdinand Agyei-Yeboah, Dorcas Bentil (not in photo), Ghadeer Bilal, Clement A. Boateng, Tyler Johnson, Anwar Muhammad, and Emelia Quaye.**

## UCM-Battelle Awards Scholarships to Local Graduates

United Community Ministries-Battelle Scholars for 2014 are funded by a grant from Battelle. The competitive college scholarships are designed to encourage low-income graduating high school seniors at Mount Vernon High and West Potomac High Schools to pursue college studies in STEM (Science, Technology, Engineering, and Math).

Three students at West Potomac High School were each awarded a \$2,000 scholarship at the school's June 16 Convocation ceremony:

- ❖ Michael Boggess: University of Rhode Island, with plans to study environmental science and marine biology.
  - ❖ Laraib Ilyas: Princeton University, with plans to study mathematics.
  - ❖ Jiayi Liu: George Mason University, with plans to study technology and economics.
- Seven students at Mount Vernon High School

were each awarded a \$2,000 scholarship at the school's June 19 Senior Awards ceremony:

- ❖ Ferdinand Agyei-Yeboah: Virginia Commonwealth University, with plans to study software engineering.
- ❖ Dorcas Bentil: Lynchburg College, with plans to study nursing.
- ❖ Ghadeer Bilal: Northern Virginia Community College, with plans to study dentistry.
- ❖ Clement A. Boateng: Northern Virginia Community College, with plans to study mechanical engineering.
- ❖ Tyler Johnson: Duke University, with plans to study premed/ biology.
- ❖ Anwar Muhammad: Virginia Commonwealth University, with plans to study electrical engineering.
- Emelia Quaye: Northern Virginia Community College, with plans to study nursing.



# Summer Health and Safety Hazards

Keeping danger at bay during warm weather months.

BY MARILYN CAMPBELL  
THE GAZETTE

Summer comes but once a year. From picnics and days at the pool to backyard barbecues and day-long hikes, many people spend the season outdoors. Danger, from water-related illnesses to heat stroke, often comes with the fun. Public safety officials say people can prevent accidents and illnesses by taking safety measures and staying informed.

"One of the core messages with public health is that we can't be everywhere all the time," said Glen Barbour, public safety information officer for the Fairfax County Health Department. "It is really in the hands of the public to take precautionary measures and protect themselves."

Celebratory sparklers are popular during the summer, but they're a source of danger. The U.S. Consumer Product Safety Commission reports that 60 percent of fireworks injuries occur around July 4. Hand, eye and face injuries are among the most common.

"The first thing that we recommend is viewing fireworks displays in a public place that has been permitted and checked for safety," said Dan Schmidt, spokesman for the Fairfax County Fire and Rescue Department. "It saves them money and provides a safe environment to view fireworks."

Other safety officials agree. Fireworks are banned in the City of Alexandria. "We have close to 100 percent compliance, so we don't see many injuries," said Tony Washington, spokesman for the City of Alexandria Fire Department.

For those who decide to use consumer fireworks, there are a few safety considerations to keep in mind: "Fire them from a flat surface and make sure there are no combustible materials near the fireworks," said Schmidt. "Have bystanders at least 25 feet away, read the directions and don't let chil-



PHOTO BY MARILYN CAMPBELL

**Water-related injuries and illnesses increase during the summer. Among the best defenses against such hazards are awareness and good safety practices like teaching children how to swim.**

dren handle or light fireworks."

**OTHER SUMMER HEALTH HAZARDS** are equally preventable. From recreational water illnesses to sunburns, staying informed about potential hazards and strategies for keeping them at bay can lead to a more fun and relaxing summer for everyone.

"The best way to prevent recreational water illnesses is to keep germs, pee and poop out of the water," said Kurt Larrick, spokesman for the Arlington County Department of Human Service. "Check diapers frequently and take a shower with soap before going into the water."

Fairfax County issues the same message. "The main thing that we at the health department emphasize is gastrointestinal illness caused by feces in the water," said Barbour. "We encourage people, especially the parents of small children, to not go to a public pool when they have diarrhea."

Barbour warns of factors that might give the public a false sense of security. "We want parents to be mindful that not all germs are killed right away, even in chlorinated water, and that leak-proof diapers don't always keep feces out of the water."

Other preventative measures include frequent hand washing, taking a shower before entering a public pool, discouraging children from drinking water that is used for swimming and giving young children

bathroom breaks at least every 60 minutes.

**IN ADDITION TO ILLNESSES**, other water-related dangers spike during the summer. "There are a lot of accidents like drowning," said Barbour. "Teach kids how to swim, watch young children very carefully when they are near water."

Swimming with a partner and wearing a life vest when boating are also important. "Should someone fall in the water and injure their head, the life vest will keep them floating," said Barbour.

Heat-induced ailments like sunburns, heat rashes, heat exhaustion and heat stroke are other hot-weather culprits. "The three most important things to do to prevent them are drink enough fluids, wear proper clothing and choose the best times to be outside," said Caroline Sutter, RN DNP-BC, assistant professor of nursing, George Mason University. "Avoid the extreme heat of mid-day."

Wearing sunscreen, staying hydrated and avoiding alcohol when in the heat are also good ideas. "Most of the research shows that you should drink water before going out into the heat, even if you don't feel thirsty. Thirst is the last warning sign of dehydration," said Sutter. "After you come in, you can add back water with sports drinks that have electrolytes."

Know the warning signs that it is time to get out of the heat: "Heat cramps are the first thing that you'll feel," said Sutter. "Your muscles will get tired and cramp easily because they aren't getting enough blood flow."

Nausea, vomiting and headaches are also clues. "Your body is good about giving you warning signs," said Sutter. "If you listen to your body you can avoid some of these major complications."

The elderly and very young children are at greatest risk of heat illnesses.

"Children in sports camps or outdoor camps should wear sunscreen and have regular rest breaks in the shade," said Rosemarie Berman, RN, Ph.D., chair, B.S.N. program; assistant professor of nursing, Marymount University in Arlington. "A well-regulated camp will have regulated rest periods."

## More on Summer Safety

**Fairfax County Emergency Information Blog**  
fairfaxcountyemergency.wordpress.com/

**Fairfax County Health Department**  
www.fairfaxcounty.gov/hd/

Barbour said, "Parents of infants and small children should be aware because a baby can't tell you when they're sick. Check on elderly neighbors who don't have air conditioning."

Avoid leaving the elderly, young children and pets in small, enclosed spaces like cars. "They could die even after a short period of time like when you're running to get gas," said Sutter.

Stay informed about potentially dangerous weather like heat waves. "We have cooling centers open on really hot days," said Barbour. "You can also go into an air conditioned public space like a library."

**BITES FROM MOSQUITOES** and ticks can also pose health threats. "People should be mindful that we do have West Nile virus and Lyme disease in our area," said Barbour. "When summer comes, people are outside and are exposed to insects that cause people to get sick."

Heavily foliated spaces, like those with tall grass, are where such bugs hide. "If you're in an area where the grass is high, on the fringes of a park or even your backyard, be aware," said Barbour.

When hiking or working outside, wear light-colored, loose fitting clothing, long sleeves and long pants. "Ticks are sneaky," said Barbour. "They will crawl up your leg without you knowing it."

Other precautionary measures include checking your body carefully for ticks after coming inside and eliminating standing water from around a home. "At least once a week, we encourage people to walk around their house and dump water from places like bird baths and your dog's water bowl."

Health and safety officials say that most summer hazards are avoidable. "Summer safety pretty much all boils down to common sense and reducing your exposure to risks," said Larrick.

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<b>Mild</b> • Difficulty understanding conversation in a busy restaurant • Complaints that you have the TV too loud	<b>Two Times</b>
<b>Moderate</b> • Loved ones may become frustrated with you "You Listening" • Constantly saying "What?"	<b>Three Times</b>
<b>Severe</b> • Difficulty making out the details of any conversation • Others have to interpret for you • Possible loss of jobs or relationships	<b>Five Times</b>

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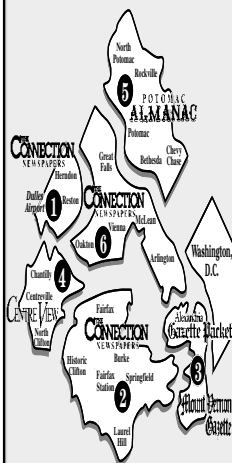
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## LETTER

FROM PAGE 10

layed implementation of any high school start time changes, but he will not be able to close the door on the need for later morning schedules because it is critical to his desire to close the achievement gap. Seventy-eight percent of the parents polled in Montgomery County supported the change despite what seems to be an inflated cost estimate. Dr. Starr made the mistake of wrapping the later start time proposal into a wish-list idea to extend the length of the elementary school day and combined the cost estimates making both look more expensive.

Abundant research on this topic is clear: When schools have delayed the start of the school day, students have shown improved physical and mental health, less depression, reduced car crashes and improved performance in the classroom and on the field. Schools also report reduced tardiness and sleeping in class, as well as improved attendance, graduation rates, and standardized test scores.

Thankfully, Fairfax has also been able to find solutions that are less than a third of the cost of Montgomery County's plan, including more efficient bus routing that may reduce commute times for some students.

Multiple organizations have studied and support this change and community members who care about child health and safety as well as their own commutes should support this change as well by signing the petition at [sleepinfairfax.org](http://sleepinfairfax.org).

As Dr. Owens from Children's National Medical Center says, "To do nothing is to do harm." I firmly believe that.

**Phyllis Payne**  
Fairfax

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Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### ONGOING

Band musicians are invited to join the **Mount Vernon Community Band**. Rehearsals are Tuesday 7:30-9:30 p.m. in the Mount Vernon High School band room, 8515 Old Mount Vernon Road. There are no auditions. The Mount Vernon Community Band is a nonprofit community service organization that has performed in the Mount Vernon area since 1978. 703-768-4172 or [www.mvbands.com](http://www.mvbands.com).

**Alzheimer's Association support groups** provide a place for people with Alzheimer's, their caregivers, family members, and/or friends to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. Groups are facilitated by trained group leaders and are ongoing, free and open to the community. There is a meeting on the second Thursday of the month at 7:30 p.m. at Good Shepherd Catholic Church, 8710 Mount Vernon Highway. Call the Alzheimer's Association 24/7 Helpline at 703-359-4440 or 800-272-3900 before attending a group for the first time to verify meeting information, obtain directions or other information about the group. A complete list of all groups in the National Capital Area region can be viewed at [www.alz.org/nca](http://www.alz.org/nca).

**Training Courses.** The American Red Cross in the National Capital Region will host training courses in CPR, First Aid, and AED in the Alexandria and Fort Belvoir offices. These classes offer a two-year certification. Classes range from \$70-\$110. Advance registration is required. To register for a class, call 1-800-RED-CROSS or visit [redcross.org/takeaclass](http://redcross.org/takeaclass).

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#### LEGAL ADVERTISEMENT

The Board of Equalization and Assessment Review for the City of Alexandria will convene on the days hereafter listed for the purpose of hearing complaints of inequalities wherein the property owners allege a lack of uniformity in assessment, or errors in acreage in such real estate assessments. Upon hearing such complaints, the Board will give consideration AND INCREASE, DECREASE, OR AFFIRM such real estate assessments.

All meetings will be held at 301 King Street, City Hall, Room 3008, Alexandria, VA. The dates and times are:

July 14, 2014 4:00 PM to 7:00 PM

July 15, 2014 9:00 AM to 12:00 noon

July 16, 2014 4:00 PM to 7:00 PM

July 21, 2014 4:00 PM to 7:00 PM

July 22, 2014 9:00 AM to 12:00 noon

July 23, 2014 4:00 PM to 7:00 PM

July 28, 2014 4:00 PM to 7:00 PM

July 29, 2014 9:00 AM to 12:00 noon

July 30, 2014 4:00 PM to 7:00 PM

August 4, 2014 4:00 PM to 7:00 PM

August 5, 2014 9:00 AM to 12:00 noon

August 6, 2014 4:00 PM to 7:00 PM

August 11, 2014 4:00 PM to 7:00 PM

August 12, 2014 9:00 AM to 12:00 noon

August 13, 2014 4:00 PM to 7:00 PM

August 18, 2014 4:00 PM to 7:00 PM

August 19, 2014 9:00 AM to 12:00 noon

August 20, 2014 4:00 PM to 7:00 PM

Dockets for each hearing may be obtained by contacting the Department of Real Estate Assessments, 301 King Street, City Hall, Room 2600, Alexandria, VA 22314, between 8:00 a.m. and 5:00 p.m., Monday through Friday in person or by calling 703.746.4180.

The deadline for filing an appeal was June 2, 2014, however this appeal deadline is not applicable to appeals of assessments for real estate that was newly constructed pursuant to Virginia Code §58.1-3292.

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**SPRING VENTILATION SPECIAL**

**\$79<sup>95</sup>**

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TOYOTA GENUINE SERVICE  
**TRUE START BATTERY SPECIAL**

**\$139<sup>95</sup>**

**INCLUDES BATTERY INSTALLATION**

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Does not apply to hybrid batteries. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 7/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

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TOYOTA GENUINE SERVICE  
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**PADS**

**Includes:** Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only.

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**ROTATE & BALANCE SPECIAL**

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