

Springfield CONNECTION

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Newington

WELLBEING

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The bicycle and pedestrian overpass on Backlick Road crosses the Franconia-Springfield Parkway and I-95. Commuting by bike poses challenges and conveniences.

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JULY 3-9, 2014

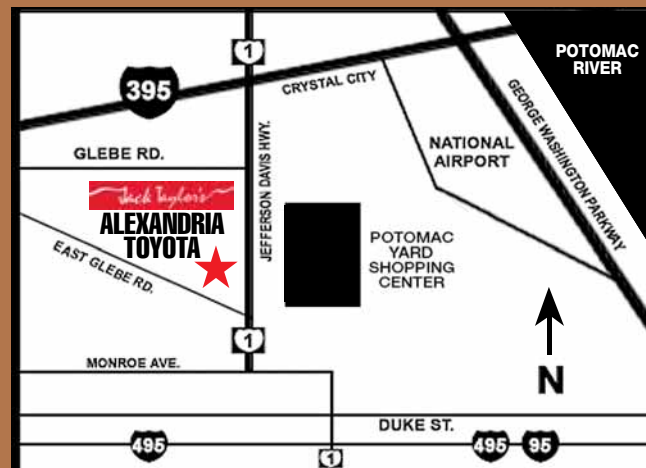
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**Let's
Go
Places**



Bike route sign at the entrance of the Hooes Road bike trail.

PHOTOS BY ABIGAIL CONSTANTINO/THE CONNECTION



Hooes Road bike trail ends at the Springfield Fire Station on Backlick Road.

Roads, Cars Challenge Bike Commuters

Commuting by bike poses challenges and conveniences.

BY ABIGAIL CONSTANTINO
THE CONNECTION

The most direct way from the Saratoga Shopping Center to the Franconia-Springfield metro station by bicycle is through Hooes Road, that is, with the exception of actually getting on the Franconia-Springfield Parkway on a bicycle.

But the sidewalk ends at White House Drive and does not resume for 0.8 miles at Lackawanna Drive. This stretch of road is thin and winding, with blind turns, rolling terrain and cars that often go faster than the 35 mph speed limit.

Trails and sidewalks are available but they would add more mileage and time to the commute. Bike commuter Ivory, of Alexandria said that “bike paths take you too far out of where you need to be at,” so he prefers to use the sidewalks instead of the trails when he bikes from Richmond Highway to the Franconia-Springfield Metro.

A CENSUS BUREAU report found that although bicycling makes up a relatively small portion of commuting activity, travel to work by bicycle increased from 488,000 in 2000 to 786,000 in 2008-2012 nationwide. In Fairfax County, the American Community Survey reported that 0.2 percent of residents commute to work.

The report also said that changes in infrastructure, such as those that accommodate non motorized travel, influence decisions people make about their trip to work.

Alan Young, of Burke, has always ridden to work. He bikes 14 miles each way to his job in McLean, and it takes him one hour and 10 minutes. He rides on the road most of time.

Young has seen an increase of bike riders every year, and he believes that the perception that bicycles are not vehicles is changing.

To him, drivers on their phones are the most dangerous to bicyclists. “I can’t predict what drivers distracted by their devices are going to do,” he said.

Young suggests that, on the road, bicyclists need to ride about three feet out from the curb or where the right lane begins. Bicyclists would be more visible to cars and bicycles would be perceived as vehicles in this position.

Fairfax County Department of Transportation Bicycle Coordinator Charlie Strunk said that perhaps driving tests should be modified to include questions about bicycle awareness. But it is not only motorists who need to change their behavior on the road.

In 2012 there were 106 reported bicycle accidents in Fairfax County. Forty-five were bicyclists’ faults, 56 were drivers’ faults and five were unknown or inconclusive. Ten occurred in the Springfield-Burke area.

Strunk said that he has known people who have behaved differently when they were on a bicycle than when they were in a car. He said that it is as if there were different kinds of modes: driver mode and biker mode.

ON JUNE 17, the Fairfax County Board of Supervisors approved a 100 million transportation bond referendum. Eighty-four million of the proposed bond will be allocated for pedestrian and bicycle improvements. Supervisor Pat Herrity (R-Springfield) was one of two dissenting votes.

Herrity said that he is supportive of trails but the scope and extent of what is proposed in suburban areas do not make sense. “I’m not anti-bike and anti-pedestrian.”

Herrity gives the proposed improvements on Lorton and Silverbrook roads as one of the concerns he has for voting against the transportation bond. The county’s proposal calls for about 30 feet of shared paths and bicycle lanes. “You don’t need 30 feet of right of way for bicycles and pedestrians ... That’s three lanes,” he said.

Strunk said that Fairfax County riders are geographically diverse. “There are different riders in Reston, Mount Vernon and Springfield” and they have different needs, he said. But, if there is really good infrastructure “You’re going to encourage people to walk and bike.”

VIEWPOINTS

What is the scariest part of your bike ride to the Franconia-Springfield Metro?

— ABIGAIL CONSTANTINO



John Bell, Springfield

“If I were to stay on the highway, which I used to do, that was scary because there’s no bike paths and the cars are going very fast. So, I choose not to do that.”



Aaron Gibson, Alexandria

“Crossing Franconia-Springfield Road where it turns into Manchester.”



Bobby Tillett, Springfield

“Coming down Frontier Road, there’s a couple right turns where there’s signs that say ‘Yield for Pedestrians’ but most cars don’t yield for bikes.”



Tim Larson, Springfield

“There’s some sketchy areas as I’m crossing Backlick Road...There’s graffiti, it’s not always well-kept. There are areas where there’s no light. It’s dark. I’ve never encountered any hazards. No one has threatened me or anything. It’s still not pleasant riding in the dark in a shady area like that.”



Bill Ericson, Kingstowne, shares the best part of his commute

“...The best part is relaxing and getting some exercise.”

From left — Supervisor Pat Herrity (R-Springfield), Empire owner Jeff Cohen and Del. David Albo (R-42) participate in Relay for Life of Springfield/Burke's "Dance for a Cure" fundraiser at the Empire on Wednesday, June 25.



PHOTOS BY ABIGAIL CONSTANTINO/THE CONNECTION



Lori Cohen of the Empire and Relay for Life of Springfield/Burke Co-Chairwoman Laurie Chadwell organize cancer fundraiser at the Empire in Springfield, on Wednesday, June 25.

Putting On Dancing Shoes

Relay for Life of Springfield/Burke raises money for cancer research.

BY ABIGAIL CONSTANTINO
THE CONNECTION

Relay for Life of Springfield/Burke held a fundraiser at the Empire in Springfield on Wednesday, June 25. The event's theme is "Dance for a Cure." DJ Lance Ortega provided the selection of music.

Virginia House of Delegates member David Albo (R-42) said that these types of events help the cause by raising money. "That's the most important thing because research and everything cost money," he said.

Supervisor Pat Herrity (R-Springfield) said that, in addition to money, these events also bring awareness to cancer and its prevention. Herrity's mother is a cancer survivor.

Laurie Chadwell, co-chairwoman of the Springfield/Burke chapter, said that holding the fundraiser at a club brings awareness to a different demographic. "We reach a lot through the schools but this is a different arm of the community, a whole different audience" she said.

"When you have events like this, you're able to raise funds for the same purpose that maybe the overnight relay did not," such as people coming from work, said Nancy-jo Manney, executive director of the Greater Springfield Chamber of Commerce.

Lori Cohen, who handles the marketing and venue rental for the Empire, contacted the Springfield Chamber of Commerce and Relay for Life of Springfield/Burke to see if there was an opportunity to hold an event in the club. "We want to get the community involved, allow them to use the venue for community-type events," she said.

Local businesses donated raffle prizes and services, which ranged from scented candles to a weekend stay at a local hotel to lunch with Supervisor Herrity. The \$5 admission fee included five raffle tickets, but there was also the option to pay \$25 for 30 tickets.

Relay for Life of Springfield/Burke started five years ago in honor of local teacher and swim coach Beth Bryan, who died of cancer in 2009. It raises an average of \$150,000 a year.

Relay for Life is a community-based fundraising event of the American Cancer Society.



From left — Lisa Pyon, Carol Wooddell, Diane Sward, Nancy Baldino and Sarah Ide, of Springfield, attend Dance for a Cure at the Empire on Wednesday, June 25.



Lisa and John Pellegrin, of Fairfax Station, attend Dance for a Cure at the Empire in Springfield on Wednesday, June 25.

AREA ROUNDUPS

July 4th Rides Home

WRAP will provide safe rides home during the Fourth of July holiday. Those needing one may call 1-800-200-TAXI (AT&T customers dial #WRAP) for a free ride home, up to a \$30 fare, from Friday July 4, at 10 p.m. through Saturday, July 5, at 4 a.m. People must be 21 or older to use this service. Some restrictions apply; see www.soberride.com for further details or call WRAP at 703-893-0461.

FCPS Launches Collect for Kids School Supply Drive

To ensure that every child in the school district is prepared for school, Fairfax County Public Schools (FCPS) will launch Collect for Kids, a coordinated school supply drive to benefit needy FCPS students, on Monday,

July 7. The drive will provide school supplies for the 2014-15 school year for students who qualify for free and reduced-price meals; donors may contribute backpacks, calculators, or cash that will be used to purchase as many supplies as possible. Approximately 27.8 percent of FCPS students receive free and reduced-price meals.

Citizens can support FCPS students in one of three ways: ❖ Cash donations. By partnering with Office Depot and Kitz for Kids, Collect for Kids purchases school supplies in bulk, translating a \$1 donation into \$3 worth of school supplies. A \$10 donation can fill a backpack with FCPS-approved supplies. Donations are accepted online or at any Apple Federal Credit Union (Apple FCU) or Northwest Federal Credit Union branch (Northwest FCU).

❖ Backpack donations. Donations of new backpacks can be brought to any Apple FCU or Northwest FCU branch, or to any affiliated organization. Visit Apple FCU or Northwest FCU for branch locations.

❖ Calculator donations. Calculators, which will help support students in STEM (science, technology, engineering, and math) subjects, can be donated to Apple FCU or any affiliated organization. Preferred models are the TI 30Xa Solar School Edition or TI-84 Series calculators, but other models may be donated.

The Collect for Kids program runs from July 7 through Sept. 2.

Ellipse Summer Concerts Start Thursday

Enjoy food trucks, wine tastings, picnic blankets, and free music? Stop by Chairman Sharon Bulova's Evenings on the Ellipse Summer Concert Series, happening every

SEE ROUNDUPS, PAGE 7

News

Full-Day Mondays Start in September

Teachers promised planning time.

BY REENA SINGH
THE CONNECTION

Full-day Mondays for all. After 40 years, Fairfax County Public Schools will give all elementary students “full Mondays” for more learning time — and more recess.

During a School Board meeting Thursday, June 26, Superintendent Karen Garza said Mondays were cut in half for elementary students since 1972.

“While not everyone tonight will embrace the change, we will engage the stakeholders,” she told the board.

Mondays were originally cut to give elementary teachers more planning time.

Garza said she promised teachers would still be given enough planning time.

“We will be ready in September,” Garza said.

When Monday was chopped in half, recess time was also cut. Students had 10 minute recess breaks to make up for lost time in the classroom.

Because the week will be more uniform, she said, it will also be easier on parents.

Sully district board member Kathy Smith was the only person to vote against the action.

Lee district board member Tammy Derenak Kaufax was absent.

“There’s a lot of pressure on me to vote yes,” she said. “I need to be a voice for the teachers who are concerned.”

She said Kaufax would have voted against the action for the same reasons. Smith said she

would feel more comfortable if the board voted to have full-day Mondays begin in fall 2015 to give teachers more time to adjust to the change.

Others felt like elementary students this year deserve to benefit from the extra time full-day Mondays would give back to them.

“We can’t continue to educate children in 2014 and beyond as we did in the 1970s,” said Springfield district board member Elizabeth Schultz.

Schultz was in the second grade when her family moved — resulting in her moving to a Fairfax County elementary school. She said she remembers not understanding why Mondays were cut in half. During the past two years, she asked administrators how the elementary schools were meeting

accreditation standards with the hours missed and was dissatisfied with their answers.

She said 94 percent of parents who answered a recent survey about the topic said “do it and do it now.”

Dranesville district board member Jane Strauss said some members of the county Board of Supervisors — including Dranesville supervisor John Foust

— promised to pour extra money into the school system to support the move.

“Parents have been hoping for the change for a long time,” said Hunter Mill district board member Pat Hynes.

“We’re asking for a leap of faith from the teachers, which is absolutely true,” she said. “With every conversation, we get closer and closer to their comfort level.”

“We can’t continue to educate children in 2014 and beyond as we did in the 1970s.”

— Springfield district board member Elizabeth Schultz



PHOTOS BY REENA SINGH/ THE CONNECTION

Superintendent Karen Garza talks to the School Board about why full-day Mondays are needed for the upcoming school year.

3

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JULY 14—JULY 18....ALVIN AND THE CHIPMUNKS 3 (G)

JULY 21—JULY 25EPIC (PG)

JULY 28—AUGUST 1HORTON HEARS A WHO (G)

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County Falling Behind on Its Housing Goals

BY MICHELLE KROCKER
EXECUTIVE DIRECTOR
NORTHERN VIRGINIA AFFORDABLE HOUSING
ALLIANCE

On June 9, the Residential Studio Committee of the Fairfax County Planning Commission voted to recommend that the review of the Zoning Ordinance Amendment for Residential Studio Units be tabled. This recommendation will be voted on by the full Planning Commission at its July 24 meeting and it is almost certain that it will be adopted. After months of committee hearings and community meetings throughout the county, the RSU amendment will be quietly put to rest.

What were the factors that defeated this proposal? They were many and varied, including:

- ❖ virulent community opposition;
- ❖ fear of overcrowding, which is a real issue in some parts of the county;
- ❖ an abject lack of knowledge by the larger community about the issue of housing affordability — who needs it, current housing costs, income levels of the workforce, the impacts on our quality of life;
- ❖ a zoning ordinance that didn't allow the flexibility needed to develop these units;
- ❖ absence of leadership from the Board of Supervisors in communicating the county's growing unmet housing needs and helping to shepherd a community discussion that was balanced and respectful.

Is Fairfax County committed to providing housing that is affordable for all its residents?

While the Board of Supervisors unanimously adopted the Ten Year Plan to End Homelessness in 2007 and the Blueprint for Housing in 2010, they have done very little in the ensuing years to provide the resources needed to implement these plans. In 2009, when the county reduced

the Penny Fund for Housing to a half cent, the financial resources to leverage private capital to preserve and develop new affordable housing were lost (the remaining half cent is used to pay the debt service on the bonds issued for the Wedgewood Apartments acquisition). From 2005 to 2009, the One Penny Fund preserved over 2,200 units of affordable housing. Since 2009, the number of new or preserved units serving households earning less than \$64,000 or 60 percent of area median income has declined significantly.

COMMENTARY

The FY2015 Housing and Community Development budget provides \$5 million for new construction or a preservation project of 120 units, and approximately \$3 million for Bridging Affordability, a rental subsidy for households moving out of homelessness. This is a paltry amount of funding for a county of this size and wealth. As has been famously said, "show me your budget and I'll show you your priorities."

Other policies to provide funding for housing have been studied and tabled by the Board of Supervisors, the most recent being the "3-2-1 policy" which would secure a contribution from commercial development in transit and high density areas of the county to support the development of workforce housing. This policy is currently in place for the Tysons redevelopment area, but board members felt that if applied to other areas of the county, it could deter new commercial development which has slowed down in the last few years. However, both Arlington and Alexandria have commercial development fee policies in place, and the result has been a significant increase in resources for affordable housing with no apparent impact on commercial development.

The unwillingness to adopt new, proven funding strategies, combined with minimal local investment in housing programs means that the county is falling farther and farther

behind in meeting the goals for the 10 Year Plan and the Blueprint for Housing. How can homelessness be addressed in a meaningful way if the stock of affordable housing isn't growing? How does Fairfax County ensure that there is housing in its communities for the workforce in the retail, hospitality, health care, public sector and entry level jobs? How does the county promote the development of stable, affordable housing for homeless children, youth aging out of foster care, persons with special needs, seniors on fixed incomes and low wage working people?

The final motion on the RSU amendment at the June 9 meeting included a recommendation stating that "there be a broader community dialogue about affordable housing, including a discussion on how best to provide for a range of housing opportunities that will serve the county's current and future residents at all income levels." The Alliance enthusiastically endorses this recommendation, and believes the time for discussion is now. An honest community discussion would hopefully break down some of the barriers of mistrust and misunderstanding surrounding housing, and engage more members of the community in building consensus for solutions.

The growing shortage of affordable housing and the severe cost burden for an increasing percentage of the county's population is not unique to Fairfax County. This is a challenge that threatens the vitality and sustainability of the entire region, and some jurisdictions have made progress in increasing their affordable housing stock through a variety of financial and land use tools. As the largest jurisdiction and the engine of job growth for the region, Fairfax County should be the leader in addressing the housing issue. Instead, they are lagging far behind due to negligible investments and the absence of vision to address the unmet housing needs of its residents both today and in the future.

LETTERS TO THE EDITOR

Later Start Times Can Benefit Community

To the Editor:

To set the record straight, there is nothing worse for traffic than a car crash, and sleepy teen drivers are like drunk drivers in terms of performance behind the wheel. Later high school start times are safer for teens and also for the rest of us as they have been shown to significantly decrease car crashes in young drivers.

When you read letters opposing this effort, please ask yourself whether the letter-writer has a personal vested interest in retaining the status quo. Last week's letter, "Later Start Times Affect Commuters," was filled with misinformation and scare tactics.

The letter made it sound as if there are only a small number of children impacted by the morning start times that are among the earliest in the nation. Fairfax high schools start classes at 7:20 a.m. Only 10 percent of schools in the

nation start before 7:30 in the morning! Seventy-two of 95 counties in Virginia start high schools at 8 a.m. or later. Perhaps the letter writer would prefer that FCPS start school at 5 a.m. to ensure that our children are all out of the way before his morning commute? The reality is that Fairfax County Public Schools are a massive part of the traffic flow for the entire morning commute. It will remain that way with any of the new schedules as well.

The majority of FCPS high school students are sleep deficient. Only 15.5 percent of seniors get 8 hours of sleep per night on school nights and medical experts recommend about 9 hours for adolescents. In 10th grade, only 25 percent are getting at least 8 hours of sleep per night. The letter writer seems to be suggesting that 75 percent or more of our students pay for unnecessary medical tests

and ask doctors to write medical excuses for a problem that is the norm, not the exception to the rule. Perhaps he is unaware that there is compelling medical and educational evidence that very early school start times are a problem and that the Virginia Chapter of the American Academy of Pediatrics has a position in favor of later high school start times for students in Virginia as does the Medical Society of Virginia and the Medical Society of Northern Virginia.

For more than a year, FCPS has partnered with Children's National Medical Center and has met with stakeholder leaders from more than 45 different organizations, agencies, and community groups. Transportation experts and stakeholder leaders studied about 20 scenarios before the school board selected four potential scenarios to bring to the community for input.

The School Board has been extremely slow and deliberate in this process. Children's National Medical Center has been working to include input from all stakeholders, including principals, social workers, leaders from the teacher organizations, PTA's, the athletic council, the Park Authority, School Aged Child Care providers, the middle school after school program, Safe Routes to School, and others. In July, there will be a work session with a report to the board. School board members have suggested that the Blueprint for Change may be one of the four options or it may be a hybrid based on the community input.

Montgomery County's Superintendent delayed implementation of any high school start time changes, but he will not be able to close the door on the need for later morning schedules because it is

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AREA ROUNDUPS

FROM PAGE 4

Thursday evening on the Government Center lawn from 5:30 p.m. to 7:30 p.m. (July 3 – Aug. 28). Whether you like jazz, big band, bluegrass, or Latin pop, there is sure to be something for everyone. So bring your lawn chairs, blankets, families and dates and get ready for some memorable Thursday evenings this summer at the Fairfax County Government Center “Ellipse” (green lawn behind the building), 12000 Government Center Parkway, Fairfax.

Every Thursday, July 3 – Aug. 28, 2014, 5:30– 7:30 p.m. Performances are free. This event is rain or shine. In case of rain, concerts will continue as scheduled in the Government Center Lobby.

With summer concerts hosted in the “backyard,” you will also find the Government Center Farmers Market in the “front yard” parking lot.

Supervisor Cook Honored for Fighting Domestic Violence

Supervisor John C. Cook (R-Braddock) was named Shelter House, Inc.’s Community Champion for his work to prevent and end domestic violence.

“I am honored to receive Shelter House’s Community Champion award,” said Cook. “One of the things we do best in Fairfax County is creating partnerships, and the partnership between community volunteers, caring organizations like Shelter House, and the Board of Supervisors is an example of how we accomplish more working together than on our own. I know that together we can end domestic violence and homelessness in Fairfax County.”

Supervisor Cook serves as the Board of Supervisor’s representative to the Domestic Violence Prevention, Policy and Coordinating Council of Fairfax County. Shelter House, Inc., a community-based, non-profit organization assisting homeless families in Fairfax County presented the award at its volunteer awards ceremony June 24 in Tysons Corner.

Shelter House, Inc. runs three family shelters throughout Fairfax County including Artemis House, the County’s only emergency domestic violence shelter. In addition to helping the homeless in Fairfax County, Shelter House, Inc. works with at-risk families to keep them in stable housing. Last year Shelter House, Inc. was able to keep forty-five at-risk families from becoming homeless.

Be Book Smart Launched in Springfield

Reading is FUNDamental of Northern Virginia (RIF of NOVA) board members Chris Bury and Liz Promen met with the staff of Macy’s at Springfield to open the annual Be Book Smart campaign, which helps put books in the hands of children in low income families. Between June 18, and July 13, Macy’s customers throughout the region are able to purchase a \$3 coupon in the store which allows them to get \$10 off a \$30 purchase. Macy’s contributes the \$3 to RIF, covering the purchase of a book for a local child.

Last year, the coupons sold in area stores funded the purchase of more than 9,000 children’s books. RIF of NOVA distributes books to children in 17 area elementary/middle schools, Headstart programs and the South County Health Center WIC office.

Promen and Bury briefed Macy’s staff on studies which have shown that two-thirds of the 16 million children living in poverty in this country do not have any books in their homes. Recent research shows that children who do not read over



the summer may lose as much as three months of the skills they learned in school the previous year. RIF attempts to address these issues by giving children books of their very own.

With the tightening of the federal budget in recent years, RIF has lost government funding and relies solely on donations by individuals, fund raising efforts and business partnerships. The Macy’s Be Book Smart campaign is the largest contributor to RIF of NOVA.

More information about RIF is available at www.rifnova.org.

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Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 17.

WELLBEING

Summer Health and Safety Hazards

Keeping danger at bay during warm weather months.

BY MARILYN CAMPBELL
THE CONNECTION

Summer comes but once a year. From picnics and days at the pool to backyard barbecues and day-long hikes, many people spend the season outdoors. Danger, from water-related illnesses to heat stroke, often comes with the fun. Public safety officials say people can prevent accidents and illnesses by taking safety measures and staying informed.

“One of the core messages with public health is that we can’t be everywhere all the time,” said Glen Barbour, public safety information officer for the Fairfax County Health Department. “It is really in the hands of the public to take precautionary measures and protect themselves.”

Celebratory sparklers are popular during the summer, but they’re a source of danger. The U.S. Consumer Product Safety Commission reports that 60 percent of fireworks injuries occur around July 4. Hand,

eye and face injuries are among the most common.

“The first thing that we recommend is viewing fireworks displays in a public place that has been permitted and checked for safety,” said Dan Schmidt, spokesman for the Fairfax County Fire and Rescue Department. “It saves them money and provides a safe environment to view fireworks.”

Other safety officials agree. Fireworks are banned in the City of Alexandria. “We have close to 100 percent compliance, so we don’t see many injuries,” said Tony Washington, spokesman for the City of Alexandria Fire Department.

For those who decide to use consumer fireworks, there are a few safety considerations to keep in mind: “Fire them from a flat surface and make sure there are no combustible materials near the fireworks,” said Schmidt. “Have bystanders at least 25 feet away, read the directions and don’t let children handle or light fireworks.”

OTHER SUMMER HEALTH HAZARDS are equally preventable. From recreational water illnesses to sunburns, staying informed about potential hazards and strategies for keeping them at bay can lead to a more fun and relaxing summer for everyone.

“The best way to prevent recreational water illnesses is to keep germs, pee and poop out of the water,” said Kurt Larrick, spokesman for the Arlington County Department of Human Service. “Check diapers frequently and take a shower with soap before going into the water.”

Fairfax County issues the same message. “The main thing that we at the health department emphasize is gastrointestinal illness caused by feces in the water,” said Barbour. “We encourage people, especially the parents of small children, to not go to a public pool when they have diarrhea.”

Barbour warns of factors that might give the public a false sense of security. “We want parents to be mindful that not all not all germs

are killed right away, even in chlorinated water, and that leak-proof diapers don’t always keep feces out of the water.”

Other preventative measures include frequent hand washing, taking a shower before entering a public pool, discouraging children from drinking water that is used for swimming and giving young children bathroom breaks at least every 60 minutes.

IN ADDITION TO ILLNESSES, other water-related dangers spike during the summer. “They are a lot of accidents like drowning,” said Barbour. “Teach their kids how to swim, watch young children very carefully when they are near water.”

Swimming with a partner and wearing a life vest when boating are also important. “Should someone fall in the water and injure their head, the life vest will keep them floating,” said Barbour.

Heat-induced ailments like sunburns, heat rashes, heat exhaustion and heat stroke are other hot-weather culprits. “The three most important things to do to prevent them are drink enough fluids, wear



PHOTO BY MARILYN CAMPBELL

Water-related injuries and illnesses increase during the summer. Among the best defenses against such hazards are awareness and good safety practices like teaching children how to swim.

proper clothing and choose the best times to be outside,” said Caroline Sutter, RN DNP-BC, assistant professor of nursing, George Mason University. “Avoid the extreme heat of midday.”

Wearing sunscreen, staying hydrated and avoiding alcohol when in the heat are also good ideas. “Most of the research shows that you should drink water before going out into the heat, even if you don’t feel thirsty. Thirst is the last warning sign of dehydration,” said Sutter. “After you come in, you can add back water with sports drinks that have electrolytes.”

Know the warning signs that it is time to get out of the heat: “Heat cramps are the first thing that you’ll feel,” said Sutter. “Your muscles will get tired and cramp easily because they aren’t getting enough blood flow.”

Nausea, vomiting and headaches are also clues. “Your body is good about giving your warning signs,” said Sutter. “If you listen to your body you can avoid some of these major complications.”

The elderly and very young children are at greatest risk of heat illnesses.

“Children in sports camps or out-

More on Summer Safety

Fairfax County Emergency Information Blog
fairfaxcountyemergency.wordpress.com/

Fairfax County Health Department
www.fairfaxcounty.gov/hd/

door camps should wear sunscreen and have regular rest breaks in the shade,” said Rosemarie Berman, RN, Ph.D., chair, B.S.N. program; assistant professor of nursing, Marymount University in Arlington. “A well-regulated camp will have regulated rest periods.”

Barbour said, “Parents of infants and small children should be aware because a baby can’t tell you when they’re sick. Check on elderly neighbors who don’t have air conditioning.”

Avoid leaving the elderly, young children and pets in small, enclosed spaces like cars. “They could die even after a short period of time like when you’re running to get gas,” said Sutter.

Stay informed about potentially dangerous weather like heat waves. “We have cooling centers open on really hot days,” said Barbour. “You can also go into an air conditioned public space like a library.”

BITES FROM MOSQUITOES and ticks can also pose health threats. “People should be mindful that we do have West Nile virus and

Lyme disease in our area,” said Barbour. “When summer comes, people are outside and are exposed to insects that cause people to get sick.”

Heavily foliated spaces, like those with tall grass, are where such bugs hide. “If you’re in an area where the grass is high, on the fringes of a park or even your backyard, be aware,” said Barbour.

When hiking or working outside, wear light-colored, loose fitting clothing, long sleeves and long pants. “Ticks are sneaky,” said Barbour. “They will crawl up your leg without you knowing it.”

Other precautionary measures include checking your body carefully for ticks after coming inside and eliminating standing water from around a home. “At least once a week, we encourage people to walk around their house and dump water from places like bird baths and your dog’s water bowl.”

Health and safety officials say that most summer hazards are avoidable. “Summer safety pretty much all boils down to common sense and reducing your exposure to risks,” said Larrick.

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Food Truck Changes Considered in Fairfax County

Public Hearings are July 30 and Sept. 9.

BY JANELLE GERMANOS
THE CONNECTION

Instead of bringing a brown-bag lunch to work or venturing out for fast food, Fairfax County residents may soon have a different option. On June 17, the Board of Supervisors voted to move forward with a proposal to make changes to food truck regulations.

The proposal will allow food trucks to operate at office buildings, construction sites, and commercial and industrial properties. Public hearings on the proposal will be held in front of the Planning Commission on July 30 and Sept. 9 in front of the Board of Supervisors.

“Food trucks are becoming a popular venue as an alternative to traditional sit-down and fast food restaurants,” said Sharon Bulova, chairman of the Fairfax

County Board of Supervisors. “I’ve enjoyed working with the food truck industry and Fairfax County’s hospitality industries to find ways to accommodate this use.”

Supervisor Lynda Smith (D-Providence) said at the meeting that food trucks need to continue to be kept away from residential neighborhoods.

“There is a needle to be threaded here. Yes, food trucks are popular in the right place, but we all know they can be in the wrong place at the wrong time, and residential neighborhoods are not the right place at any time. There have been some issues with that in some of the neighborhoods, and this is something that we need to be sure is clearly written and very enforceable,” Smyth said.

The previous rules for food trucks zone them as free-standing fast-food restaurants, requiring two public hearings and a \$16,375 fee. In Arlington, food truck vendors pay \$500 per year.

“Food trucks are popular and something that people are already enjoying in the county, but also in other jurisdictions where legislation exists for how they are per-



PHOTO BY JANELLE GERMANOS/THE CONNECTION

Food trucks like this one in Washington, D.C. could be popping up around areas in Fairfax County.

mitted,” Bulova said.

The new proposal would require a \$100 annual zoning permit, as well as permission from property owners.

Last year, 14 permits were given to food truck vendors for operation in mostly commercial areas.

The Virginia Department of Transportation and county code prohibits food trucks from operat-

ing on public roads. This would not change under the new proposal.

The proposed amendment defines food trucks as “any readily movable mobile food service establishment, to include vehicles that are self-propelled, pushed or pulled to a specific location.”

Trucks can only sell at industrial or commercial properties with a 25,000 to 30,000 minimum square

feet of gross floor area, making residential neighborhoods out of the question.

“I hope that excludes ice cream trucks,” Supervisor Pat Herrity (R-Springfield) joked at the meeting.

Fortunately for residents looking for a break from the summer heat, ice cream trucks are excluded from that restriction.

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ENTERTAINMENT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

TUESDAY/JULY 1- AUG. 19

The Bodzin Art Gallery "Fine Arts Open Exhibition." Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. This annual show spotlights the many talents of our own members, staff and creative community through the display of a variety of media. www.jccnvarts.org.

THURSDAY/JULY 3

Workhouse Farmers Market. 3-6 p.m., at the Workhouse, 9601 Ox Road, Lorton. Every Thursday on the quad is a producer-only market for discerning shoppers featuring locally grown fruits and vegetables, locally raised meats and poultry and local foods from breads to salsas and sausages. www.smartmarkets.org.

Chairman Sharon Bulova's Evenings on the Ellipse Summer Concert Series. 5:30-7:30 p.m. Fairfax County Government Center "Ellipse" (green lawn behind the building), 12000 Government Center Parkway, Fairfax. No matter what kind of music you like, bring your lawn chairs, blankets, families and dates. 703-324-7329.

FRIDAY/JULY 4

City of Fairfax Independence Day Parade. 10 a.m.-12 p.m. 4100 Chain Bridge Road, Fairfax, around Historic

Old Town Fairfax and passing the Reviewing stand on Armstrong Street. Come see eight high school marching, large inflatable parade balloons, horses and clowns. <http://www.fairfaxva.gov/about-us/special-events/independence-day-celebration>.

Old Fashioned Fireman's Day.

12:30-3 p.m. Fire Station 3, 4081 University Drive, Fairfax. Enjoy watching area fire companies compete. <http://www.fairfaxva.gov/about-us/special-events/independence-day-celebration>.

Evening Show and Fireworks.

7 p.m. Fairfax High School, 3501 Rebel Run, Fairfax. Music and dancing to rock & roll favorites; the City of Fairfax Band will play the 1812 during the fireworks display at 9:30 p.m. Rain date: July 5. <http://www.fairfaxva.gov/about-us/special-events/independence-day-celebration>.

Historic Open Houses.

9 a.m.-4 p.m. Come see the Fairfax Museum and Visitors Center, 10209 Main Street, Fairfax and Ratcliffe-Allison House, 10386 Main Street, Fairfax. <http://www.fairfaxva.gov/about-us/special-events/independence-day-celebration>.

Lorton's Fourth of July Parade.

11 a.m.-2 p.m. VRE Parking Lot, 8990 Lorton Station Blvd., Lorton. Lorton's fourth annual Independence Day parade.

4th of July at Paradise Springs.

11 a.m. - 7 p.m. Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Navi Singh performs at 2 p.m.

Independence Day at Gunston Hall.

9:30 a.m. - 5 p.m. Gunston Hall, 10709 Gunston Road, Mason Neck. Celebrate Independence Day at Gunston hall. Converse with

Colonel Mason, take a mansion tour, enjoy the grounds or bring a picnic lunch. Free. 703-550-9220.

FRIDAYS/JULY 4-AUG. 29

Braddock Nights Concert Series.

7:30-8:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield. Listen to musical performances in the great outdoors. Visit www.fairfaxcounty.gov/parks/performance/ for location and schedule.

SATURDAY/JULY 5

Trackless Train Ride.

9 a.m.-12 p.m. and 12:30-1:30 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. For ages 3-adult, take a trackless ride to the Historic House and ponds of Green Spring Gardens. \$3. Register online at www.fairfaxcounty.gov/parks/greenspring.

Out is In: Discovery Trail.

9 a.m.-12 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Walk Green Spring Gardens' trail of cultivated gardens, through the native plant forest and down to the ponds. www.fairfaxcounty.gov/parks/greenspring.

3rd Annual Independence Day Concert and Fireworks at the Workhouse Arts Center.

3 p.m. - 10 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Day of fun, food, live music and fireworks. Tour the Artist Studios & Galleries and meet the artists. Free but there is a \$10 parking fee per car. 703-584-2900, <http://workhousearts.org>

Out is In: Discovery Trail.

Drop in 9 a.m.-12 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Walk the trail of beautiful cultivated gardens, through the native plant forest, down to the ponds. 703-642-5173.

Trackless Train Ride. 9 a.m.-12 p.m., 12:30-1:30 p.m. Green Spring

Gardens, 4603 Green Spring Road, Alexandria. For ages 3-adult, take a ride to the Historic House and ponds of Green Spring Gardens. \$3. 703-642-5173.

SUNDAY/JULY 6

Art Reception. 1-3 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Visit the Historic House to see the oil paintings of Elizabeth Floyd and visit the Horticulture Center to see the oil paintings of Penny McGrath. Call 703-642-5173 for more information.

WEDNESDAY/JULY 9

Springfield Christian Women's Connection Luncheon. 11:30 a.m. Springfield Golf & Country Club, 8301 Old Keene Mill Road, Springfield. The premier singer of the National Anthem for the Washington D.C. sports teams will perform patriotic and sacred music for us in air-conditioned comfort. \$18.50. Reservations are requested by July 7 at 703-590-6562.

Time for Twos. 10:30 a.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Join us for a story time focusing on early literacy skills just for twos. Age 2 with adult.

THURSDAY/JULY 10

Afternoon Book Club. 1 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Do you enjoy reading and appreciate the company of other book lovers? Join our afternoon book club, make new friends, and chat about books. Adults

FRIDAY/JULY 11

Annandale Brass Concert, "A Slice of Americana". 7:30 p.m. Grist Mill Park, 4710 Mt. Vernon Memorial Highway, Alexandria. Hear your favorites from movies, video games

and jazz, plus special music to honor the 70th anniversary of D-Day. 571-214-5738.

SATURDAY, JULY 12

Obon Festival. 5:30 -9 p.m. Highlighting Japanese culture at Ekoji Buddhist Temple, 6500 Lakehaven Lane, Fairfax Station. Visit www.ekoji.org for more.

Sun-Loving Plants for Wet Sites.

10-11:30 a.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Learn about North American natives and some non-native plants that are great for rain gardens, stream banks, bio-retention areas and soggy sites. \$15. Register on-line at www.fairfaxcounty.gov/parks/greenspring.

TUESDAY/JULY 15

Classics Book Club. Richard Byrd Library, 7250 Commerce Street, Springfield. A Narrative of the Life of Frederick Douglass by Frederick Douglass. Adults.

WEDNESDAY/JULY 16

Read Yourself Silly with Flow Circus. 10:30 a.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Take a trip to the circus with juggling, magic and more. Age 6-12.

THURSDAY/JULY 17

Garden Stroll & Tea Program. 1-3 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Tour some of the demonstration gardens with a master gardener docent and enjoy tea afterwards. \$29. Reservations required at 703-941-7987.

Springfield Writers Group. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Share your work, give and receive feedback in a supportive setting. Adults.

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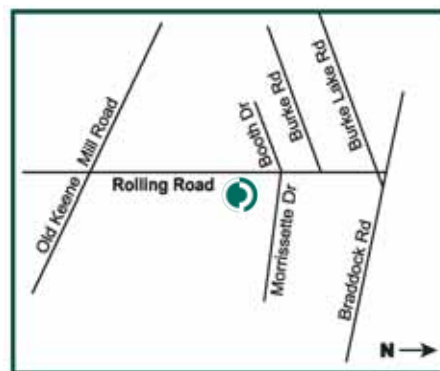
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FAITH NOTES

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Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

The Guhyasamaja Buddhist Center, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism. The center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming inner causes of suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation and meditation. Visit <http://www.guhyasamaja.org> for more information.

Lord of Life Lutheran offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or www.Lordoflifeva.org.

First Baptist Church of Springfield offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspringfield.org.

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SPORTS



Wilson Friestad, 14, of Robinson Secondary competes in the 13-14 boys' 50m Backstroke.



Wyatt Weston, 16, of Robinson Secondary competes in the Breaststroke leg of the 15-18 boys' 200m Medley Relay.

Spellbinding Swimmers

BY THOMAS FRIESTAD
THE CONNECTION

Coming off of a 3-2 winning 2013 season, the Kings Ridge Water Wizards have been treading water thus far, currently sporting an 0-2 record. The team's rise from Northern Virginia Swimming League Division 13 to the more difficult Division 12 has left its members in need of additional swim practice, and perhaps a bit of Felix Felicis (the luck potion from "Harry Potter and the Half-Blood Prince").

"Final score-wise, we're not where we expected, but hopefully at these next couple meets, we can turn it around and try to get some victories," Coach Chris Burns said. "Our 9-10 boys and girls are doing phenomenal right now and really kicking butt. I feel like we could improve on our flip turns especially, and I really do wish we had more older kids in the 13-14 and 15-18 age groups. We're lacking in numbers, and if we had numbers, I think we'd be a little more competitive."

Coach Tim White said his strategy to help his swimmers' performances is to focus on their underwater dolphin kick, a form of full body undulation used to propel oneself after a dive or a flip turn.

"Nowadays, many swim races are won and lost at the start, turn and underwater portions," White said. "If we emphasize this part of a race, we can gain an advantage. However, it is an extremely difficult technique to master. We tell our swimmers to watch videos of Olympic-level swimmers to see how they perform this kick, because it is truly hard to achieve."

Mason Izadpanah, 14, of Robinson Secondary said he enjoys swimming for Kings Ridge mainly because of the competition of the sport.

"My favorite part about swim team would have to be the focus and competitiveness," Izadpanah said. "It's great just getting out there and competing in something that's



Coaches Chris Burns, Tim White and Brittany Henry, carrying Emma Fleck, 8, congregate at the side of the pool, ready to congratulate swimmers after their races.



Swimmer Sarah Gaulke competes in the 15-18 girls' 50m Breaststroke event.

interesting to me. I also like making new friends and seeing old friends every summer."

Kings Ridge Water Wizards work their magic during swim meets.



Team Rep Kris Bondanella cheers from the side of the pool.

vious summer about a time when the team's spirit became too much for some to handle.

"Last year, before a swim meet, the former head coach and I dressed up; he wore a morph suit with our team colors, black and gold, while I wore the costume of our mascot, the Wizard," White said. "We stood on the sidewalk in the neighborhood to wave to swimmers and pump them up as they drove to the pool. However, one lady came outside, yelled at us, and called 9-1-1 to report 'a [male contraceptive product] and a hobbit on her lawn' before driving off. Surprisingly, the police never showed up, but everyone on the team still got a great laugh out of the story when we told it."

Coach Brittany Henry said her hope for the future of the team this season is that they will win each remaining meet, thus tying the team's record from last year.

"For the rest of the season, I'm hoping that we can win our remaining meets," Henry said. "All the swimmers are improving and the team is coming together very nicely. As long as that continues, we should do pretty well in our next three meets. Then, all of the kids will see that their hard work in practice is paying off."

PHOTOS BY PETER GAULKE

Libertarian Challenge

Robert Sarvis to tap statewide contacts in race for United States Senate.

BY MICHAEL LEE POPE
CONNECTION NEWSPAPERS

This fall, Republican Ed Gillespie is facing a two-front campaign for the United States Senate. To his left, he faces incumbent U.S. Sen. Mark Warner, first elected in 2008, who will be able to raise vast sums of money and use the power of his office against the Republican challenger. To his right, he will face Libertarian candidate Robert Sarvis, fresh off his 2013 campaign for governor. In an interview with Connection Newspapers, Sarvis dismissed criticism that his candidacy will do nothing more than act as a spoiler in favor of the incumbent Democrat.

"There's a real palpable sense among voters that the two parties have become pretty much the same," said Sarvis. "So absent Libertarians getting on the ballot, we have no one to vote for who will decrease the government's intrusion into our lives."

If elected, Sarvis said, he would seek to legalize marijuana and moving away from a criminalization approach to drugs. He also wants to loosen restrictions on immigration, allowing more people into the country. He also wants to lower taxes and decrease regulation, an approach Sarvis hopes will resonate in a commonwealth known for its distrust of executive power and excessive taxation.

"Sarvis can be a deal-breaker for Republicans in this election," said Stephen Farnsworth, political science professor with the University of Mary Washington. "Gillespie now basically has to fight a two-front war, the people who might support Sarvis and the people who might support Warner."

UNLIKE GILLESPIE, Sarvis is not a first-time candidate. His first campaign was in



PHOTO BY MICHAEL LEE POPE/THE CONNECTION

Libertarian candidate Robert Sarvis greets voters at the Annandale campus of Northern Virginia Community College last year during his campaign for governor.

2011, when Sarvis ran as a Republican against longtime incumbent state Sen. Dick Saslaw (D-35). Saslaw won with 62 percent of the vote, but Sarvis was able to get more than 9,000 votes in that election — about 36 percent of the electorate. Last year, he was the Libertarian candidate for governor. In the race against Democrat Terry McAuliffe and Republican Ken Cuccinelli, Sarvis took more than 146,000 votes, about 7 percent of the electorate.

"The reason Sarvis performed so well in the governor's race was largely because conservatives and Republicans were not happy with Ken Cuccinelli," said Quentin Kidd, professor at Christopher Newport University. "That unhappiness doesn't seem to exist with Gillespie."

Sarvis says the Democrats and Republicans should not have a lock on American politics in general or the United States Senate in particular. He says both have increased the size of government, as well as

"If people are worried about the spoiler effect, well then they should support me in calling for changes to our electoral system. We should have instant runoff voting and easier ballot access and term limits."

— Robert Sarvis

the amount of federal spending as well as the amount of what he calls "intrusion" into the private lives of Virginia citizens. Sarvis wants to join the United States Senate and work for smaller government that he says would be more responsive to the people.

"If people are worried about the spoiler effect, well then they should support me in

Robert Sarvis, 37

A native of Springfield, Sarvis graduated from Thomas Jefferson High School for Science and Technology before receiving a bachelor's degree in mathematics from Harvard University. He studied mathematics at the University of Cambridge, has a juris doctor from New York University School of Law and a master's degree in economics from George Mason University. His professional background includes being an entrepreneur, a small-business owner, a software engineer, a mobile-app developer and a math teacher. Sarvis lives in Annandale.

calling for changes to our electoral system," said Sarvis. "We should have instant runoff voting and easier ballot access and term limits."

NO THIRD-PARTY candidate has been elected from Virginia to the United States Senate in modern times, although the Reconstruction era saw the election of a senator from the Readjuster Party. Aside from whatever influence the libertarian might have on the debate over federal policy, the real impact Sarvis is likely to have on the race would be attrition of Republican votes. If Cuccinelli was able to capture 40 percent of Sarvis voters last year, he would have won the election for governor.

"Some of those conservative Republican voters were casting protest votes for Sarvis, so he might not have the fissure in the Republican base to use like he did last year," said Kidd. "The difference is that Gillespie spent nine months going around the state talking to everybody who would talk to him and essentially went into the convention in Roanoke with a lot of support among conservatives and even the Tea Party side of the Republican Party."

Nevertheless, the Sarvis campaign is likely to be a drag on the Republican candidate for Senate. The most recent poll, conducted by from Quinnipiac University in March, had Warner with 46 percent and Gillespie with 31 percent. Sarvis was polling at 6 percent. The poll of 1,300 Virginia voters had a margin of error of plus or minus 2.7 percent.

"What we are talking about is an uphill challenge that has gotten even more steeply uphill since Sarvis qualified for the ballot," said Farnsworth.

lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

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Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/JULY 5

Teen Advisory Board Meeting. 10:30 a.m.
Burke Centre Library, 5935 Freds Oak Road, Burke. TAB is a group of young adult volunteers between the age of 13 to 18 years who meet twice a month to plan and implement projects that will benefit the library and the community.

MONDAY/JULY 7

Red Cross Blood Drive. 2:30-7 p.m. Fairfax Regional Library, 10360 North Street, Fairfax. Donate blood for those in need. Make an appointment at 1-800-733-2767.

English Conversation Group. 7 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Practice English with other and improve your skills.

TUESDAY/JULY 8

English Conversation Group. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Practice English with others and improve your skills.

FRIDAY/JULY 11

Red Cross Blood Drive. 8 a.m.-1:30 p.m. Massey Building, 4100 Chain Bridge Road, Fairfax. Donate blood for those in need. Make an appointment at 1-800-733-2767.

SATURDAY/JULY 12

Red Cross Blood Drive. 9 a.m.-1:30 p.m. Kinder Care, 6025 Burke Commons Road, Burke. Donate blood for those in need. Make an appointment at 1-800-733-2767.

LETTER

FROM PAGE 6

critical to his desire to close the achievement gap. Seventy-eight percent of the parents polled in Montgomery County supported the change despite what seems to be an inflated cost estimate. Dr. Starr made the mistake of wrapping the later start time proposal into a wish-list idea to extend the length of the elementary school day and combined the cost estimates making both look more expensive.

Abundant research on this topic is clear: When schools have delayed the start of the school day, students have shown improved physical and mental health, less depression, reduced car crashes and improved performance in the classroom and on the field. Schools also report reduced tardiness and sleeping in class, as well as improved attendance, graduation rates, and standardized test scores.

Thankfully, Fairfax has also been able to find solutions that are less than a third of the cost of Montgomery County's plan, including more efficient bus routing that may reduce commute times for some students.

Multiple organizations have studied and support this change and community members who care about child health and safety as well as their own commutes should support this change as well by signing the petition at sleepinfairfax.org.

As Dr. Owens from Children's National Medical Center says, "To do nothing is to do harm." I firmly believe that.

Phyllis Payne
Fairfax

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21 Announcements

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PUBLIC NOTICE

The Supplemental Programmatic Environmental Assessment for Army 2020 Force Structure Realignment and Draft Finding of No Significant Impact (FNSI) are available for review and comment.

The Army's proposed action is to reduce the Army's Active Component end-strength from 562,000, as of the end of fiscal year 2012, to 420,000. Installations that were included in the SPEA are those that could experience a change in Soldiers and civilians that exceeds 1,000 personnel. Fort Belvoir was one of the 30 analyzed in the SPEA. No significant environmental impacts are anticipated as a result of implementing Army 2020 alternatives, though socioeconomic impacts at most installations could be significant.

Alternatives considered in the SPEA evaluate the greatest force reduction scenarios that could occur as a result of Army force drawdown. Final decisions as to which installations will see reductions or unit realignments have not been made.

All interested members of the public, federally recognized Indian Tribes, Alaska Natives, Native Hawaiian groups, federal, state, and local agencies are invited to review and provide comments. A copy of the SPEA and Draft FNSI is available at:

<http://aec.army.mil/Services/Support/NEPA/Documents.aspx>

and in the following local libraries: Fairfax County Public Library – John Marshall Branch, Fairfax County Public Library – Kingstown Branch, Fairfax County Public Library – Sherwood Regional Branch, Alexandria; Fairfax County Public Library – Lorton Branch, Lorton; Fairfax County Public Library – City of Fairfax Regional Branch, Fairfax; Van Noy Library, Fort Belvoir; Prince William County Public Library – Chinn Park Library, Prince William.

The Army will accept comments until August 25. Please submit written comments or additional information to: U.S. Army Environmental Command, ATTN: SPEA Public Comments, 2450 Connell Road (Building 2264), Joint Base San Antonio-Fort Sam Houston, TX 78234-7664; or by email to usarmy.jbsa.aec.nepa@mail.mil

21 Announcements

ABC LICENSE

A Kader Enterprises, Inc trading as Deli Mall Cafe & Kabab, 6553 Loisdale Ct, Springfield, VA 22150. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Beer off Premises license to sell or manufacture alcoholic beverages. Abdul Kader, President NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. objections should be registered at www.abc.virginia.gov or 800-552-3200.

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21 Announcements

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PUBLIC NOTICE
CORRECTIVE ACTION PLAN IMPLEMENTATION FOR
AN UNDERGROUND STORAGE TANK (UST) SITE
JUNE 23, 2014

There has been a release from an underground storage tank system at:

Fairfax County Department of Vehicle Services
Newington Maintenance Facility
6900 Newington Road
Lorton, Virginia, 22079

The Virginia Department of Environmental Quality (VDEQ) has worked with Fairfax County to develop and implement a Corrective Action Plan to address cleanup of petroleum hydrocarbons at the site. If you have any questions regarding the cleanup please contact:

Randy Chapman, Environmental Specialist Senior Project Manager Virginia Department of Environmental Quality
Northern Regional Office
13901 Crown Court
Woodbridge, VA 22193
703-583-3808
randy.chapman@deq.virginia.gov
www.deq.virginia.gov

As part of the corrective action process a Corrective Action Plan was submitted to the Northern Regional Office of VDEQ on September 6, 2013. The Corrective Action Plan consisted of measures to be undertaken during the installation of storm sewers and other utility structures associated with site renovation activities at the Newington bus maintenance facility in Lorton, Virginia. The Corrective Action Plan was essentially composed of the following measures:

1. Petroleum-impacted soil encountered during site development activities was excavated, removed from the site, and properly disposed of;
2. Utility trenches located within petroleum impacted soils were lined with a polyethylene barrier to prevent petroleum migration into the utility trench or bedding gravel;
3. Confirmatory soil samples were collected at the base of the utility trench excavations and submitted to the VDEQ for review.

The Corrective Action Plan implementation was carried out between September 7, 2013 and December 7, 2013. If you would like to review or discuss the implementation of this Corrective Action Plan with the staff of VDEQ, please feel free to contact Randy Chapman who is listed above.

You may also contact:

Kenneth Lim, Project Manager or Christopher Elliot
Department of Public Works and ECS Mid-Atlantic, LLC,
Environmental Services Consultant for Fairfax County
12000 Government Center Parkway, Suite 449 703-471-8400
Fairfax, Virginia 22035-0052
elliott@ecslimited.com
(703)-324-5826 www.ecslimited.com
Kenneth.lim@fairfaxcounty.gov

VDEQ Northern Regional Office will consider written comments for a period of thirty days from the first date of this notice regarding the Corrective Action Plan implementation and may decide to hold a public meeting if there is a significant public interest. Written comments should be sent to the VDEQ at the address listed above. VDEQ requests that all written comments should reference the tracking number for this case; PC # 2014-3041.

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* Outstanding colonial in Four Oak Estates * Remodeled kitchen * Wood floors * 5 bedrooms * 3.5 baths * 2 car attached garage * Deck overlooking private back yard bordering wooded common area * Finished walkout lower level * Call Judy for a consultation about today's real estate market.



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Remington \$325,000
Historic Victorian Colonial
Act now to choose your paint colors for this beautiful home in the historical district! 4 bedrms, 4 baths, huge oversized 2 car garage, remodeled eat-in kitchen w/ granite and SS, library on 1st level, tin roofed screened porch, 2 floor to ceiling bay windows, winding wood staircase, mirrored mantel surrounds, tall ceilings, hardwood floors, and there is a separate apartment unit above garage with separate entry and utility meters! Call Steve Childress NOW! 703-981-3277



COMING SOON Sterling
Beautiful 4 bedroom, 4 bath Colonial. Gorgeous updated kitchen with granite, and stainless steel appliances. Wonderful family room with fully finished lower level rec room. Terrific rear deck with a large fenced yard that backs to trees.



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Fairfax COMING SOON
Awaiting some last minute touches. Nice colonial with a gorgeous mostly fenced treed back yard, on a cul-de-sac. 3 levels, 2 car garage, nice size rooms.
Call Kay for an update 703-217-8444



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jon.sampson@longandfoster.com
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Fairfax \$615,000
Stone Front Rambler beauty, with Contemporary Flair. Great Room w/High Ceilings, Sky Lights, 4 BR's, 3 Baths, Full finished W/O Bsmt, cul-de-sac location.
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Fairfax \$675,000
Stately 4BR/3.5BA Colonial has exceptional finishes throughout. Replaced everything & upgraded all. Offers hardwood floors, kitchen w/granite & SS appliances, built ins, walkout LL to paver patios overlooking amazing gardens & 2 car garage. Close to schools, metro bus, VRE, GMU & shopping. This is a special home!

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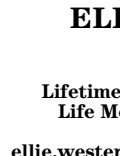
Burke Contemporary Colonial \$659,900
2 Story LR, 4 BR, 3 1/2 BA, 2-Car Gar SF w/1st Fl HW. Upgraded Kit, Granite Ctrs, SS Appl. Large MBR & MBA w/Whirlpool. Fully finished Bsmt. NO YARD MAINTENANCE!



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Springfield \$369,900
Charming end unit townhome on a quiet cul de sac surrounded by common area. Three bedrooms, baths on every level, upper level laundry, walk out basement and loads of updates including windows, HVAC and HWH. Hardwood floors throughout, walkout basement and a huge deck to enjoy the very special views.

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