

Sports, Page 12

July 24-30, 2014

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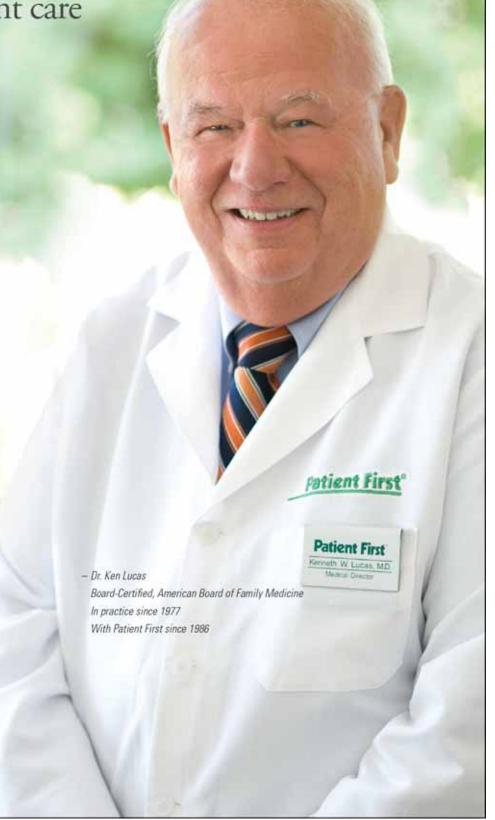
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'Don't Be Afraid To Be Different'

Alliance Summer Stars presents "Shrek the Musical."

BY BONNIE HOBBS THE CONNECTION

big green ogre, a princess, a wisecracking donkey and a lovestruck dragon - they'll all be onstage when The Alliance Theatre's Summer Stars program presents "Shrek the Musical."

The cast and crew of nearly 100 have been working on the show since May and, when the curtain rises, they'll be joined by a 13piece pit orchestra.

Helming his fourth Alliance show, Director Scott Olson says things are going really

"I've got an insanely talented cast," he said. "My leads are spot-on for their characters, and 30 members of our Summer Stars theater camp - from third through eighth grade – are in the show, too. They're doing really high-level dances, tight choreography and even marching."

Olson said special prosthetics were created to transform actors into ogres and fairytale characters, and the costumes and make-up will be "amazing," as will the 26foot-long, light-up, dragon puppet that ex-



hales smoke. The scenes take place in a

Playing Shrek is Oak Hill's Glynn Cosker. "He's an ogre who likes living by himself in a swamp," said Cosker. "So he's surprised to one day find dozens of fairytale creatures there. But he's not immune to adventure. Yet when he falls in love with Fiona and forms a friendship with Donkey, you see a different side of him and learn that he actually has a big heart."

To Go

"Shrek the Musical" will be performed by The Alliance Theatre at

Chantilly High, 4201 Stringfellow Road in Chantilly. Show times are: Friday, Aug. 1 and 8, at 7:30 p.m.; Satur-

day, Aug. 2 and 9, at 2 p.m. and 7:30 p.m.; and Sunday, Aug. 3 and 10,

Tickets are \$16 via

Bonnie Hobbs/ The Connection

The show's

many of the

Summer Stars

actors before

"Freak Flag"

rehearsing the

dance number.

three leads with

www.TheAllianceTheatre.org or 703-220-8101.

Cosker's been in 30 shows, but calls Shrek one of the most fun roles he's ever played. "He's such a big, full-of-life character," said Cosker. "And the whole experience - work

SEE STAGE. PAGE 5

swampy forest, a castle, a dragon's lair, a church and at Shrek's house - an oversized tree stump.

There's also a moral to the story. Said Olson: "This show's about understanding and appreciating others' differences and accepting and appreciating yourself for who

Behind the Scenes at 'Shrek the Musical'

BY BONNIE HOBBS THE CONNECTION

hen audiences enjoy The Alliance Theatre's Summer Stars show, "Shrek the Musical," it won't just be because of the acting and storyline, but also because of all the work that goes on behind the scenes.

For example, said producer Maggie Swan, "Each piece of the set was made by a different person. And it all had to be easily movable so Chantilly High's band can practice here during the weekdays, between our weekend performances."

"Whenever we do a play, there are always lots of unsung heroes," she said. "They include the people who spend countless hours creating and sewing the costumes, and a hairstylist who styled some 20 unusual

Swan said 21 of the characters wear prosthetics to make them into more believable ogres and fairytale characters, and they were all created by a professional in that field. In addition, she said, "It takes a whole team to put the makeup on the actors before every show."

As for the set builders who've constructed a fanciful world of trees, a swamp, a castle and even a dragon's lair, they're dads, actors and students.

And, said Swan, "They've created pieces



Bonnie Hobbs/The Connection

Chantilly High sophomore Michael Rosegrant created this remotecontrolled mouse, which will skitter across the stage.

that have to not only be visually appealing, but sturdy, safe and functional, as well."

Annie Ermlick and Josh Nixon developed the choreography for all the musical numbers and then taught it to all those who'll be performing it. Kurt Gustafson designed the show's sound and lighting, and Ermlick's son Billy helped him with the latter.

Another invaluable member of the tech crew is Chantilly High sophomore Michael Rosegrant, who created many of "Shrek the



The head of the huge dragon, who develops a crush on Donkey.

Musical's" props. Among his proudest acrises, Swan says it's going to be a terrific complishments are a plush, gingerbread- show that's not to be missed. It's taken a man puppet with an expressive face and movable eyebrows, and a gray, shaggyhaired, remote-control mouse. "I took a remote-control car and sculpted the mouse around it," he said. "It was really fun."

Looking forward to seeing everything come together onstage when the curtain great deal of time and effort but, she said, it'll all be worthwhile.

"It really does take 'a village' to put on a show like this," said Swan. "There are so many elements that go into creating the final product, but it's really going to be wonderful. We hope everyone will come see it."

'Thanks for Exemplary Community Service'

Ted and Tami Troscianecki receive McDonnell Award.

By Bonnie Hobbs The Connection

ach year, the West Fairfax County Citizens Association (WFCCA) presents the James D. McDonnell Award to honor a local resident's outstanding service to the community. Monday night, July 21, it was given jointly, for the first time.

Receiving it were husband and wife, Ted and Tami Troscianecki, of Centreville's Virginia Run community. They were honored for their work to inform the citizens and decision-makers about all the facts to be taken into consideration regarding the Braddock/Pleasant Valley Road roundabout issue.

"Jim McDonnell set the bar high, as he was instrumental in ensuring that the development of the Western Fairfax area was not overwhelming and provided the associated amenities necessary for a livable community," said WFCCA Land-Use Chairman Jim Katcham.

Speaking during the WFCCA's quarterly meeting, he said this year's award recognizes the Troscianeckis for their work in



Photo by Bonnie Hobbs/The Connection

reviewing the roundabout's impacts. "The joint efforts of Ted and Tami regarding the community's opposition to the proposed roundabout were extraordinary," said Katcham.

He said the couple met with community leaders, elected officials and county staff to obtain extensive data regarding traffic flow through the intersection.

They also investigated the adverse environmental impact on the area and expressed the community's concerns about the effect this project will have on both local traffic and the environment.

"This information and data was presented at a WFCCA quarterly meeting, thus pro-

THE CONNECTION
viding the community with a greater understanding of the overall impact of the proposed road modifications," said Katcham, "In particular, [the Troscianeckis illustrated] the fact that much of the in-

From left: Ted and

Tami Troscianecki

McDonnell Award

community service

from Jim Katcham.

for outstanding

receive the James D.

"Their joint efforts resulted in a clear and concise understanding of the potential impact the roundabout will have on Fairfax County," he continued. "While the final decision wasn't favorable to the community, a tremendous effort was made to convince elected officials that the proposed changes will adversely affect Fairfax County citizens. However, as Ted has said, 'It's not over, yet.'

creased traffic flow would be coming from

Loudoun County."

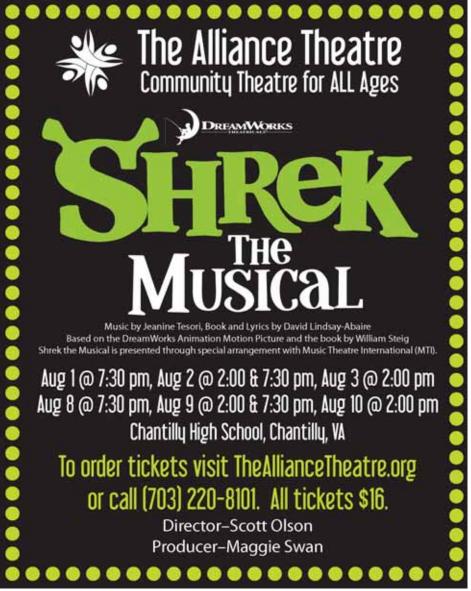
Ted and Tami, congratulations, and thank you for your exemplary community service."

Katcham then presented them with a plaque, and Planning Commissioner Jim Hart – a past chairman of the WFCCA Land-Use Committee – recalled what impressed him about Ted Troscianecki, the first time he saw him at a WFCCA meeting.

"It was 1997 or '98, and he and Tami had just moved back here," said Hart. "He said they wanted to be part of this area and contribute to it, and that speaks volumes about their commitment. Jim McDonnell would be proud that this award went to them. He recognized that the community would be better off if we weren't partisan and we worked with both sides."

"We wanted to take an active role in guiding the quality of life here," said Ted Troscianecki. "We felt a responsibility and wanted to participate."

Speaking on behalf of both of them, he said he and Tami "truly appreciate this award. Jim McDonnell cared very much about the quality of life in Western Fairfax and we feel the same way. He embodied the spirit of community, and to be acknowledged with an award that bears his name means a lot to us. Thanks to all in the WFCCA, as well as to Planning Commissioners Jim Hart and John Litzenberger, for recognizing us."



Tax and Wire Fraud: Three Years Prison

Fair Oaks tax preparer filed false returns with the IRS.

By Bonnie Hobbs The Connection

Ithough she received a sentence below the state guidelines, a former Fair Oaks tax preparer will be spending the next three years in prison. She is Thuy Tien Le, 40, who learned her punishment last Friday, July 18, in U.S. District Court in Alexandria.

She'd pleaded guilty April 30 to preparing false income tax returns and committing wire fraud. Le admitted to committing these crimes while running her Fair Oaksbased, tax-return preparation business called T2 Advantage Services LLC.

"Over 100 clients of hers were victims," said Assistant U.S. Attorney Paul Nathanson. "And they were particularly vulnerable because they didn't speak English. She caused them pain and stress that will continue as they try to straighten out their finances."

In a statement of facts filed with her plea agreement, Le, now of Sterling, admitted that, from 2005 through 2013, she owned and operated her business out of her home on Madeley Court in Fairfax. She prepared

returns for her clients and led them to
believe she'd electronically filed legitimate
returns with the IRS.

But before filing these returns, she altered them by adding false itemized deductions so she could generate large income-tax refunds. But instead of this money going to her clients, it instead went to her.

Le told federal authorities she'd prepared and filed the false income tax returns without her clients' knowledge or consent and that she had their refunds deposited electronically into her own bank accounts. She further admitted that the IRS sustained \$454,455 in losses because of what she'd done.

The investigation into her suspected criminal activities began in early July 2013 when Fairfax County police received a report from a resident that Le had prepared their income taxes. That person received the prepared documents, including a statement indicating exactly what federal and state refunds to expect.

SEE PRISON, PAGE 15

Bringing a Big, Green Ogre to Stage

ing with the kids and seeing their reactions to Shrek – has been wonderful. It's about 180 degrees from my own, nice and introverted personality. As Shrek, I do lots of yelling and screaming, so it's quite therapeutic."

His favorite song, which he sings, is "When Words Fail." In it, said Cosker, "Shrek's trying to get the courage to ask Fiona to spend time with him – and worrying what he'll do if his words fail him. The song speaks to his humility as you see him shedding the ogre shell and becoming more human."

Cosker said the audience will also enjoy the show's energy and focus, plus the singers and dancers in the ensemble. "The choreography and costumes are awesome," he said. "People will step into a different world for two hours and have a good time."

Jennifer LePaige, who studied at the American Musical and Dramatic Academy, portrays Princess Fiona. "She's a sassy ball of fire, independent and a spitfire with her words," said LePaige. "She just wants to find her true love; it's her motivation for everything. She finds her storybook romance - which is different from what she expected – but turns out to be better than anything she'd wished for."

As one of her "dream roles," said LePaige, "I love it; I've wanted to play her forever. We have a lot of the same characteristics. In my daily

life, I feel like I fit Fiona because we're both chemistry." strong women."

She especially likes her song, "This is How a Dream Comes True," because "It tells a lot of Fiona's story quickly, and Shrek's playing with the dragon while I sing. This show is so much fun and really brings the screenplay to life. The characters are loveable, we have a great cast and adults will love it as much as children will."

Playing Shrek's sidekick, Donkey, is 2013 Chantilly High grad Devyn Tinker. "Donkey's a free spirit, very talkative and energetic all the time, no matter how he's feeling," said Tinker. "He always questions the obvious so he can wrap his head around things. He's also a little slow to get jokes. He starts out completely opposite of Shrek because he loves being around people."

Tinker loves his role, too, because "I get to be energetic, with arms flailing all over the place. It's just a lot of fun." His favorite number is "Who I'd Be," which Donkey sings with Shrek and Fiona. "We sing about whom each of us would be if we could just escape the dragon," said Tinker. "We're expressing our dreams and thinking about who we'd be in the future."

He said the audience will like the show's humor and "the fact that it's based on a movie they already know. The music's upbeat, there's never a dull moment and the cast has a lot of

New Robinson Secondary grad Spencer Boyd, majoring in musical theater at JMU, portrays Lord Farquaad. "He's the Lord of Duloc, but is constantly searching for power," said Boyd. "He's over-compensating for his short height, so he wants perfection. He's banished all the fairytale creatures from his land because he only wants to rule over perfect people."

However, the only way he can become king is by marrying a princess like Fiona. "He's very proud and can be charming and charismatic," said Bovd.

"But he's also mean, strict and ill-tempered and the subject of his height is off limits."

"It's great playing him because he's just overthe-top with everything," continued Boyd. "He has a regal air of royalty, but is touchy about his height, so he's a very funny character to play." But Since Boyd is actually tall in real life, he'll be walking on his knees during the show to be short.

He especially likes the number, "What's Up, Duloc?" which he sings. "It's Farquaad's entrance song, makes fun of other Broadway numbers and is very humorous," said Boyd. Overall, he said, "This is a really funny, familyfriendly show with a great message - let your freak flag fly and don't be afraid to be different. And it'll be really enjoyable to watch."



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OPINION

Tragic Consequences

Money lost by refusal to expand health coverage, but also life, health and livelihood.

EDITORIAL

he Virginia General Assembly's refusal to expand Medicaid, extending health coverage to as many as 400,000 Virginians has resulted in the loss of about \$1 billion in direct payments.

But that understates the loss, failing to calculate the cost of the lost health of thousands of Virginians.

Consider one relatively young man, treated by the Health Wagon, who is losing his lable, unbearable and unnecessary. vision to untreated diabetes because he has no health coverage, his diabetes went undetected for years and can't afford monitoring or medicine. Once diabetes begins to take its toll, it cannot be reversed. Once the man is blind and unable to work, he will likely be covered by Medicaid because he is permanently disabled.

The Centers for Disease Control says chronic illnesses are "the nation's leading causes of death and disability, leav[ing] in their wake deaths that could have been prevented, lifelong disability, compromised quality of life, and burgeoning health care costs. ... Heart disease, stroke, cancer, diabetes, obesity, and arthritis are among the most common, costly, and preventable of all health problems."

Consider the hundreds or thousands of Virginians who are not receiving routine care or screenings of any kind, whose cancer or high blood pressure or heart disease or diabetes, or even mental illness, rob them over time of their

ability to work, to care for themselves or their families. Many will die of illnesses that could have been prevented or treated. The human toll is incalcu-

It is unfair that health coverage depends on what state you happen to live in, that an ideologically driven General Assembly can determine your fate. If you are poor and live in a state that has chosen to accept expansion of health care with Medicaid, you have health insurance, for example in the bordering states of West Virginia, Kentucky and Maryland. But if you are poor and live in Virginia, or one of the other states that has refused to expand Medicaid, you are out of luck, out of health and possibly out of life.

Business groups and chambers of commerce around Virginia, including the Fairfax County Chamber of Commerce, support the expansion of Medicaid in Virginia under the Affordable

Care Act. One persuasive factor for the business community is that expansion would create an estimated 30,000 jobs and pump hundreds of millions of dollars into Virginia's economy. Hospitals support expanding Medicaid which would offset many of the costs of

In Virginia, Medicaid eligibility for adults without disability is almost nonexistent, limited to parents with incomes below 51 percent of poverty, or about \$11,900 a year for a family of four, according to the Kaiser Family Foundation. Adults without dependent children remain ineligible regardless of their income.

Under the Affordable Care Act, people with incomes 100 - 400 percent of poverty qualify for subsidies on their health insurance premiums when they purchase coverage through a Marketplace. Because the Affordable Care Act envisioned low-income people receiving coverage through Medicaid, people below poverty are not eligible for Marketplace subsidies. As many as 400,000 adults in Virginia fall into the coverage gap because they don't qualify for Medicaid under Virginia's rules, among the most stringent in the nation, but earn less than the poverty rate, so not enough to qualify for subsidies.

> - MARY KIMM. MKIMM@CONNECTIONNEWSPAPERS.COM

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'Living Wage' Tough to Achieve in Northern Virginia

Housing and job opportunities needed to relieve poverty.

BY MARY AGEE Northern Virginia Family Service President and CEO

n the surface, Martha Ordon is living the typical Northern Virginian life. She works as a medical receptionist at a doctor's office in Fairfax, and talks proudly about her 16 year-old daughter, a socially-active junior who plans to study business in college when she graduates. The reality is a little bit more complicated.

Martha and her daughter moved to Fairfax in 2008 from Louisiana. Her friend had urged her to make the move to Northern Virginia, telling her about the fantastic quality of life: the great schools, the strong job market and the sense of community. What her friend hadn't mentioned was the high cost of living. In Louisiana, Martha had worked as a cook in a Catholic school and always made enough to pay her bills. In Fairfax, she took a full-time job as a cook making \$10.50 an hour and a part-time job as a retail sales associate making \$8 an hour. With two jobs, Martha could pay her bills, but she rarely got to see her daughter. When Martha lost her job as a cook, she began working retail full-time but could no longer make ends meet.



Training Futures is a free program for adults who are determined to gain the skills to excel in professional, administrative roles.

evicted from their apartment. They lived in a hotel until a space became available at a local family shelter. Martha recognized that in order to pull her life back together and provide a stable home for her daughter, she would need a living-wage job. She also realized that her previous experience as a cook was not going

In 2012, Martha and her daughter were to help her rise above the poverty line. During her shelter stay, Martha discovered Training Futures, the nationally-recognized, workforce development solution of Northern Virginia Family Service.

Training Futures is a free program for adults

SEE OPPORTUNITIES, PAGE 9

SCHOOLS

The Rocky Run Middle Scholarship Corporation. CyberRams team is one of four teams nationwide to win a STEMin-Action grant from eCybermission, an educational outreach program of the U.S. Army focused on using science, technology, engineering, and math to solve a real problem in the community.

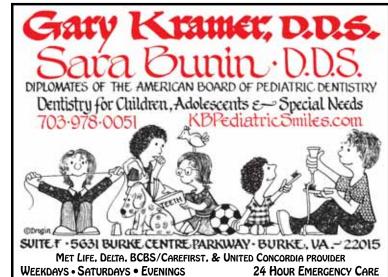
Adam Friedman and Tony **Xiao** won college-sponsored scholarships by the National Merit

Carina Nur from Herndon High School, Carolina Sosa from Westfield High School and Daniel Ricks from Chantilly High School are learning how to preserve and interpret cultural resources as interns at Sully Historic Site in Chantilly. For more about the Margaret C. Peck Internship program at Sully Historic Site, call 703-437-1794 or www.fairfaxcouty.gov/parks/sully.

David Bussell has graduated from Bard College at Simon's Rock with an Associate of Arts degree in liberal arts.

Kim P. Dockery, Fairfax County Public Schools Chief Academic Officer, has been named to the Virginia Standards of Learning **Innovation Committee**

David Salmon was named to the dean's list at Salisbury Univer-





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Express Lanes, Rapid-Bus Transit Planned for 1-66

Improvements will be made from Capital Beltway to Haymarket.

By Janelle Germanos
The Connection

xpress lanes and rapid-bus transit could be coming to Interstate 66, Gov. Terry McAuliffe announced on July 17.

"Interstate 66 is broken. Commuters are stuck in traffic, limited in the travel choices they can make and unable to predict how long their trip will take on any given day,"

"Over the last couple of months the Virginia Department of Transportation has worked closely with the Department of Rail and Public Transportation, the Office of **Transportation Public-Private Partnerships** and Fairfax and Prince William counties to devise a plan that will reduce congestion on I-66 by increasing capacity and giving travelers more choices."

— Virginia Secretary of Transportation Aubrey Layn

McAuliffe said. "Giving Virginians more choices and a better, safer travel experience on I-66 is one of my top priorities, and today I am proud to announce the beginning of that effort."

The plan, which includes three regular and two express lanes in each direction, bus service, and improved commuter parking, would be implemented from the Capital Beltway to Haymarket

"Today's announcement that we could be starting construction by 2017 on Express lanes like solution to I-66 congestion is outstanding news. I-66 is our most congested Not to Scale

Loudoun
County
Washington Dulles
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Haymarket

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Bull Run Regional Fourk

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This map demonstrates the area where express lanes and other improvements will be made along Interstate



The proposed express lanes for Interstate 66 would be similar to those on Interstate 495 and those being constructed on Interstate 95 in Springfield, pictured here.

corridor and this gives me great hope that we can improve the quality of life for all Northern Virginians," said Supervisor Pat Herrity (R-Springfield.)

The project, which spans 25 miles, will cost an estimated two to \$3 billion. The express lanes would operate similar to those on Interstate 495 and those being constructed on Interstate 95, which base the cost of the toll on time of day and congestion.

"I have been a longtime advocate for an 'Express Lanes' like solution for I-66 which would open this corridor up to reliable time advantaged mass transit and carpooling, extend a growing network of lanes dedicated to mass transit and carpools, and ease con-

gestion on I-66 and surrounding roads like Route 50, Route 29 and Braddock Road," Herrity said. "I want to thank Transportation Secretary Layne for continuing to keep this project a priority for the Commonwealth of Virginia."

Officials announced the plan at a meeting at VDOT's Fairfax office on July 17.

"Over the last couple of months the Virginia Department of Transportation has worked closely with the Department of Rail and Public Transportation, the Office of Transportation Public-Private Partnerships and Fairfax and Prince William counties to devise a plan that will reduce congestion on I-66 by increasing capacity and giving travelers more choices. Today we kick off

17 months of rigorous environmental study and robust community involvement. By the end of 2016 our plan is to complete environmental work, identify funding sources, receive federal approval, and move forward on a plan to turn I-66 into the efficient, multi-modal corridor that Virginia's economy needs," said Virginia Secretary of Transportation Aubrey Layne.

Express lanes on Interstate 95, which will run from Stafford County near Garrisonville Road up to 395 near Edsall Road, are expected to open in early 2015. All drivers will be required to purchase E-ZPass or E-ZPass Flex in order to use the lanes, and only vehicles with three or more passengers can ride toll free.

Photo by Janelle Germanos/The Cond

OPINION

Creating Opportunities

From Page 6

who are determined to gain the skills to excel in professional, administrative roles. The 6-month curriculum not only teaches college-level administrative skills such as the Microsoft Office Suite, customer service, records management, medical terminology, business English and business math, but also through a partnership with Northern Virginia Community College, offers eligible trainees the opportunity to earn up to 21 college credits and a Career Studies Certificate in Business Information Technology.

Trainees come to Training Futures Monday - Friday, 9 a.m. – 2 p.m., and often arrive early and stay late to master course work. They are outfitted in the Training Futures Clothing Closet and expected to wear business professional clothes every day. Each trainee reports to a "supervisor," or staff member, who coaches them around attitude and business habits, encourages them and above all else, holds them to high "corporate" expectations. When trainees arrive for their first day at their new professional, administrative job, they not only have the skills to add value, but also look and act the part of an excellent employee. Martha knew she had found the pathway to the life she imagined for herself and her daughter. Within five weeks of graduating from this exciting program, Martha landed her position as a medical receptionist, making \$14 an hour.

While at the shelter, Martha was also referred to the Bridging Affordability Program. Bridging Affordability is administered by Northern Virginia

Family Service in partnership with Fairfax County Department of Housing & Community Development. The program combines rental subsidies and case management supportive services with the intent of moving families forward toward self-sufficiency. Bridging Affordability has given Martha the time and financial breathing room to attend Training Futures and work towards a living wage. As Martha nears the end of her time in Bridging Affordability she is paying down debt which will allow her to purchase a car and further broaden her housing options. She has increased her income 57 percent since starting the program, thanks to the training and subsequent employment she found following Training Futures, but still needs to consider affordable housing options, which are rare in this area.

The comprehensive nature of NVFS programs, including Workforce Development and Housing Services, provide clients with a unique opportunity to achieve several substantial goals at one time. NVFS has made the investment to ensure that when clients who seek our services for one issue may access the full range of our programs to increase the odds of achieving self-sufficiency. In the community, NVFS has been working with partners in both the nonprofit and government sectors who recognize the cross section between these two service areas. Families will not be able to maintain stable housing without living wages, and our efforts to solve the housing program in Northern Virginia are contingent upon holistic solutions that address both of these issues, together.





LETTER WFCM To Close Thrift Store

To the Editor:

For 27 years, Western Fairfax Christian Ministries has provided life-essential support to individuals and families in our community with the assistance of hundreds of volunteers, churches, donors, and partner organizations. In 1998, WFCM started selling clothing to the local community as a way to generate revenue to support the vital ministries we offer — this was the nexus of what has grown into our current thrift store.

Over the years, the community has been generous with their donations of time, clothing, and household goods to keep the thrift store running. We are immensely grateful for this support. Not only has the thrift store provided low-cost, quality goods for our customers, it has also allowed us to meet the clothing and household needs of our clients seeking assistance.

For the past couple of years, however, the thrift store has not generated enough revenue to cover the costs of its operation. A change in location presented challenges to the ministry. After months of prayerful consideration, the board of directors has determined that operating the thrift store is no longer the right choice financially for WFCM. The thrift store will close Aug. 15.

This is a season of change for WFCM. The thrift store has been an important part of our ministry and we are grateful for your partnership. We know that needs still exist in our community for assistance with clothing and household goods. We know that a need also exists for our donors who desire to help others by contributing their used items. And, we will continue to work to meet those

WFCM is developing partnerships with churches and organizations in our community with clothing closets who will be able to serve our clients and receive in-kind donations. We will distribute details on this new process when they are final-

Although the doors of the thrift store will be closing, WFCM is expectant to see what God has in store for us in the future as we seek to be an extension of God's love in this community.

Jeff Robertson

President, for the WFCM Board of Directors

*** **** **Turn your House** into a Home * * * * *** * How can you help? Donate Adopt Volunteer one of our lovable vour time or money or cats or dogs. Shelter. * * FRIENDS OF HOMELESS ANIMALS * www.foha.org

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

> Letters to the Editor The Connection 1606 King St., Alexandria VA 22314 Call: 703-917-6444. By e-mail: chantilly@connectionnewspapers.com

Entertainment

Email announcements to chantilly@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Art Gallery: Panolia. Through Aug. 2. 7 p.m.-midnight. at Epicure Cafe, 11104 Lee Highway, Fairfax. A collection of paintings and mixed media work by local artists, curated by The Bunnyman Bridge Collective. Free admission, one item purchase required. Visit www.epicurecafe.org or www.facebook.com/ $The Bunnyman Bridge Collective \hbox{.} \\$

Fine Arts Open Exhibition. Through Aug. 19. at Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. The Jewish Community Center of Northern Virginia will be opening its annual art exhibition to highlight the work of new members, staff and the community. Entry fee is \$10 for members and \$18 for nonmembers. Contact 703 323-0880 or visit www.jccnvarts.org for more information.

Evenings on the Ellipse Summer Concert Series. Thursdays through Aug. 28. 5:30-7:30 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Whether you like jazz, big band, bluegrass, or Latin pop, there is sure to be something for everyone. Rain or shine. Free. Visit http:// www.fairfaxcounty.gov/parks/ performances/ellipse.htm for more.

Registration for 2014 Northern Virginia Senior Olympics. Online registration for the 2014 Northern Virginia Senior Olympics is open now. Events will take place Sept. 13-

ht your faith community, call Karen at 703-917-6468

24 at 19 different venues throughout Northern Virginia. Registration forms are available at senior centers, community centers and senior residences or by calling 703 228-4721. Deadline to register is Aug. 29 by mail and Sept. 5 online. Adults 50 years of age by Dec. 30, 2014, residing in a sponsoring jurisdiction, are eligible to compete. Fee is \$12. Visit www.nvso.us for more.

Sully Historic Site. 3650 Historic Sully Way, Chantilly. Enjoy guided tours of the 1794 home of Northern Virginia's first Congressman, Richard Bland Lee, \$7/adult: \$6/student: \$5/ senior and child. Hours are 11 a.m.-4 p.m. 703-437-1794.

CAMPS, CLASSES & WORKSHOPS

Boys Basketball Camp. Centreville and Westfield High School work together to offer three sessions of basketball camp for ages 7-15. Session III July 28-Aug. 1, 9 a.m.-3 p.m. daily. Cost is \$150 per session for May registrants, \$160 per session for June registrants and \$170 in July. Discounts available. Contact coach Doug Ewell at 703-488-6406 or DPEwell@fcps.edu or Coach Patrick Hally at patrickthally@gmail.com for

Whodunit? Mystery Workshop and Performance. Monday-Friday, July 21-Aug. 1, 6:30-8:30 p.m. Center for the Arts, 9419 Battle St., Manassas. Teens and adults can hone their mystery skills at this performance camp. Register at www.center-forthe-arts.org or call 703-330-2787.

THURSDAY/JULY 24 Fairy Tale Writing Workshop.

10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Learn to write a fairy tale, for

children in grades 3 and 4. Call 703-502-3883

PJ Library Book Buddies. 2 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Stories and crafts related to Jewish culture and traditions. Ages 2-5 with caregiver, siblings welcome. Call 703-502-3883 or contact Jennifer.DeAngelis@ jccnv.org with questions.

Eric Dobell: Mind Invader. 7 p.m. at

Chantilly Regional Library, 4000 Stringfellow Road. Psychic magician Eric Dobell reads minds and predicts the future, or does he? Door prize drawing. Call 703-502-3883.

FRIDAY/JULY 25

Dairy Days. 1, 2 or 3 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Make ice cream and butter the old-fashioned way. \$5 for in county, \$7 for out of county. Visit www.fairfax.gov/parks/sully. **Bouncin' Babies.** 3 p.m. at Chantilly

Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for babies up to 11 months with adult. Call 703-502-3883.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for children 12-23 months with adult. Call 703-502-3883.

SATURDAY/JULY 26

Plant Clinic. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Master gardeners provide horticultural tips, information, techniques and advice to home gardeners. Call 703-502-3883.

Peaceful Paws. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children can meet and read to a trained therapy dog for a 15-minute session. Especially for

children with developmental challenges meet and read to a trained therapy dog. Bring a book or choose one from the library. Call 703-502-

Paws for Reading. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children can meet and read to a trained therapy dog for a 15minute session. Bring a book or choose one from the library. Call 703-502-3883.

Arts in the Park Performance. 10 a.m. E.C. Lawrence Park Amphitheatre, 5040 Walney Road, Chantilly, Featuring GoodLife Theater. Free. Call 703-631-0013.

SUNDAY/JULY 27

Udvar-Hazy Center Summer

Concert Series. 6-7 p.m. at Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. Loudoun Jazz Ensemble will play a concert. Free. Visit http:// airandspace.si.edu/events/calendar/ ?month=7&year=2014 for more.

Benefit Concert. 6 p.m. at Epicure Cafe, 1104 Lee Highway, Fairfax. Allison Ashforth for The World Race, featuring Dr. Robinson's Fiasco. Donations accepted to support an 11 month mission trip. Visit www.allison ashforth.theworldrace.org for more.

MONDAY/JULY 28

The Barker of Seville. 2:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Blue Sky Puppet Theatre presents this musical comedy, all ages. Please register each child and adult separately. Call 703-502-3883.

TUESDAY/JULY 29

Toddlin' Twos. 10:30 and 11:30 a.m.

at Chantilly Regional Library, 4000 Stringfellow Road. Early literacy storytime with stories, songs and activities. Age 2 with adult. Call 703-502-3883.

Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Early literacy program with stories and activities for children age 3-5 with adult. Call 703-502-3883.

WEDNESDAY/JULY 30

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for babies up to 11 months with adult. Call 703-502-3883.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for children 12-23 months with adult. Call 703-502-3883.

THURSDAY/JULY 31

Fairy Tale Writing Workshop.

10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Learn to write a fairy tale, for children in grades 3 and 4. Call 703-

Ask an Expert. 12:30-1 p.m. at Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. a discussion about "The Caudron G.4." presented by Christopher Moore. Meet at the nose of the SR-71 in the Boeing Aviation Hangar. Free. Visit http://airandspace.si.edu/events/ ask-an-expert/#hazy for more.

THURSDAY/JULY 31-SUNDAY/AUG. 3

4-H Fair. July 31-Aug. 1, 10 a.m.-3 p.m.; Aug. 2, 9 a.m.-9 p.m.; Aug. 3, 11 a.m.-5 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Come join the old-fashioned, country fun at the 4-H Fair. \$7 parking fee. Call 703-437-9101.

FRIDAY/AUG. 1

Ready for School Storytime. 2 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Early literacy storytime program for children ready to be on their own without caregivers or siblings. Age 4-5. 703-502-3883.

FRIDAY-SUNDAY/AUG. 1-3

Musical Theater. Several showtimes. at The Alliance Theater, Chantilly High School, 4201 Stringfellow Road, Chantilly. A production of "Shrek: The Musical." \$16. Visit www.thealliancetheatre.org.

SATURDAY/AUG. 2

Crime Solvers 5K. 8 a.m. at Fairfax County Government Center, Fairfax. The 2nd Crime Solvers 5K race and free kids run. \$25 through July 4, \$30 after, \$35 the morning of the event. To register visit www.crimesolvers5k.com.

Plant Clinic. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Master gardeners provide horticultural tips, information, techniques and advice to home gardeners. Call 703-502-3883.

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for babies up to 11 months with adult. Call 703-502-3883.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for children 12-23 months

Drive-in Movie. Food and children's activities 6-8 p.m., movie begins at dark. Starlight Cinema, 5860 Trinity Parkway. "Casablanca," watch from the car or bring blankets. Bring a radio to listen outdoors. Free. Visit www.fairfaxcounty.gov/parks/ performances or call 703-324-8662.

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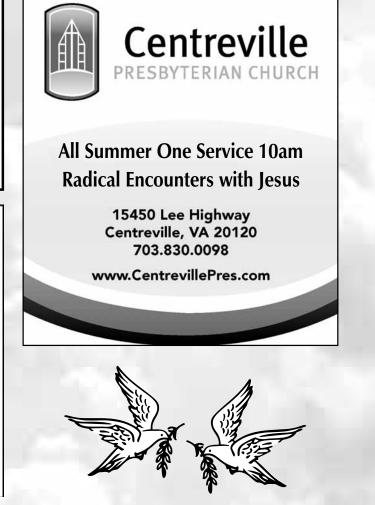
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Paycheck Gender Wars?

Across Northern Virginia, men pull larger paychecks than women; disparities larger than national average.

By Michael Lee Pope
The Connection

hen Lola Arce de Quintela first moved to Oakton 20 years ago, she noticed something about the way men and women arranged their professional careers around their family lives in Northern Virginia. Men took high-powered jobs with large paychecks, while women often dropped out of the workforce to take care of growing families. If women had fulltime jobs, she says, they would often select positions that were not as demanding so they could focus their time and attention on their children while husbands and fathers pulled in six-figure salaries.

"The other women who live on my block are teachers," said de Quintela, a freelance translator. "Their husbands are attorneys or they work for the World Bank."

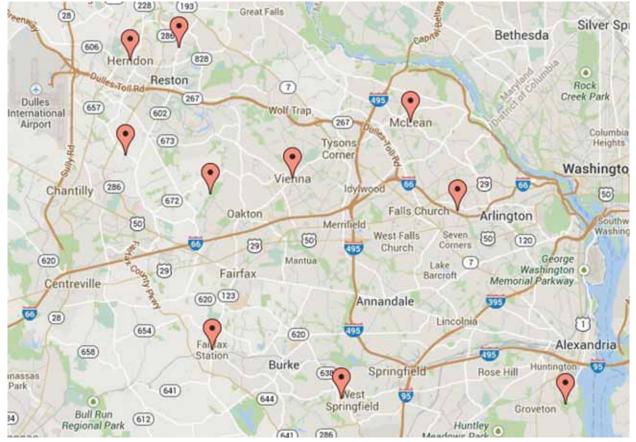
On a national basis, women make 77 cents for every dollar men make. But here in Northern Virginia the disparities are greater, especially in wealthier areas. Nowhere is this trend higher than 22124, the suburb of Oakton, where the average median income for full-time female workers is \$77,000. The men in that ZIP code pull in almost \$130,000. That means women who live in Oakton and are full-time, permanent workers earn 60 percent of what men earn.

"It's very difficult to have a family and raise kids when you have two people with high-powered careers that demand a lot of time and attention," said de Quintela. "So a lot of women tend to find work that's more flexible and not as demanding, which means they earn less money. It's a trade off."

CENSUS RECORDS show disparities tend to be greatest where people earn the most money. In the Fairfax Station ZIP code 22039, for example, the average annual male median salary is \$134,000. That's one of the highest in Northern Virginia. By contrast, women in this area earn \$86,000 a year. That's still a high salary for the region, but women who live in Fairfax Station earn 64 cents for every \$1 the men who live there make.

Demographers say some of this may be explained by a concept they call "labor force attachment," which essentially means that women are less attached to the labor force

zip code	location	median female salary	median male salary	percentage women's median salary is of men's
22124	Oakton	\$77,421	\$128,808	60%
20171	Herndon	\$63,577	\$104,495	61%
22205	Arlington	\$70,755	\$115,729	61%
22152	Springfield	\$57,177	\$93,125	61%
22039	Fairfax Station	\$86,085	\$134,133	64%
20170	Herndon	\$49,325	\$74,714	66%
22102	McLean	\$71,113	\$105,995	67%
22182	Vienna	\$86,875	\$127,994	68%
22307	Alexandria	\$65,243	\$93,883	69%
20194	Reston	\$78,398	\$111,942	70%



"If you're looking at why men are earning more, it's because in those cases women who might have a higher earning potential are not in the labor force, they are staying home to raise a family."

—David Versel, senior research associate at the Center for Regional Analysis

than men.

"Given the traditional understandings about who cares for children or aging parents, what we often see is that women take on those roles," said Annie Rorem, policy associate in the demographics research group at Weldon Cooper Center for Public Service at the University of Virginia. "We often see differences in female and male earnings that are related to, although I would not necessarily say caused by, family structure."

This trend is less evident in ZIP codes where salaries are lower, and the roles are even reversed in some of areas with the lowest salaries. In Bailey's Crossroads, for example, women earn \$59,000. But men earn \$46,000, the lowest salary of any Fairfax

County ZIP code. That means men earn about 22 percent less than women here, a phenomenon that indicates workers here are attached to the labor force in a way that's different from people at the top of the earnings scale.

"What we are probably seeing in Bailey's Crossroads is women who are nannies of families that make a lot of money," said Veronique de Rugy, a senior research fellow at the Mercatus Center at George Mason University. "They make a lot more money than their male counterparts who are working in construction or putting up drywall."

ACADEMICS WHO look at these numbers say the imbalance of salaries between men

and women can be explained by looking at how the genders participate in the labor force differently. A recent study by the George Mason School for Regional Analysis concluded that Arlington County has the highest labor force participation rate for women in the region while the District of Columbia has the lowest. Meanwhile, suburban areas of Fairfax County have much lower female participation rates than urban areas such as Arlington or Alexandria.

"If you're looking at why men are earning more, it's because in those cases women who might have a higher earning potential are not in the labor force, they are

staying home to raise a family," said David Versel, senior research associate at the Center for Regional Analysis. "That's obviously less true than it was a generation or two ago, but that's the easiest way of looking at

Although the disparity between salaries earned by men and women are glaring, researchers who look at the data warn not to jump to conclusions about gender inequality. These numbers show that men and women who live in the same ZIP codes earn different salaries, it does not say that they receive different salaries for doing the same work. They probably say more about how women and men approach the labor force differently than how employers choose to compensate their employees.

"This doesn't necessarily mean that we are talking about any active gender inequality in the sense of discrimination or men and women being paid different amounts for the exact same labor," said Rorem. "One thing that's important to keep in mind when you are looking at all full-time year-round workers is that one thing you don't pick up is experience between workers."

SPORTS

Westfield Rising Senior Gibson Commits to Army

Standout free safety.

fter playing defensive end and running back in his early years, James Gibson made the switch to free safety as a sophomore to join the Westfield varsity football team. The results have been fruitful for Gibson, who received first-team all-district and secondteam all-region accolades. On July 21, Gibson, a rising senior, committed to play for Army

Westfield has reached the region championship game three years in a row, two with Gibson at free safety, but each year the Bulldogs have ended their season one win shy of the state playoffs. Gibson is hoping experience gained can help propel the Bulldogs further in 2014.

Gibson recently participated in a Q&A via

Q: You committed to Army on Monday. What made Army the right choice for you?

Gibson: Great combination of academics and football. Loved the place overall. Especially because I expected it to be prison-like when you hear military school. Beautiful place overall. Coaches made me feel comfortable and the players were comfortable around them even though they were new coaches.

Q: Westfield has lost in the region championship game each of the last three seasons (Gibson played in two of those games). How did it feel to finish one win shy of states multiple years in a row? How do those experiences affect your outlook on this season?

Gibson: To make it that far each year and lose is bittersweet. This season we plan on winning and advancing past that game. A lot of experience was gained in each of those games, which will help us moving forward



Connection file photo

Westfield free safety James Gibson makes a tackle during his sophomore season.

Q&A

this year.

Q: At what age did you start playing football? Have you always been a safety? When did you realize playing college football was a possibility for you?

Gibson: I started playing football at 7 years old. I was a defensive end at first, then running back up until my sophomore year when I made the switch FS to play on the varsity team. I realized playing college football [was a possibility] the spring of my sophomore year when a few colleges came by the school to meet me.

Q: What qualities, physical or mental, does it take to make a good safety?

Gibson: Mentally, in our system at Westfield playing safety takes a lot because you are an extension of the coaches on the field. Physically, you just need the right techniques and everything will be fine. It's a demanding position, but at the same time

Q: Do you play any other sports at Westfield?

Gibson: Yes, I ran track my first two years. I played lacrosse this past year and will play lacrosse and run track my senior year, as

Q: What is your favorite athletic moment from your first three years at Westfield?

Gibson: My favorite moment was the Lake Braddock game (2013 region semifinals). We came back and made it past Thanksgiving which we had not done the past two years. Scoring the touchdown with the [field goal] block from Chase [Koon] was amazing, as well to see all 10 guys running down to help me, especially Donteiro [Moore] at the end. That game created a

buzz around the school even more than usual, which was unfortunately ruined the next Saturday.

Q: What is something you've learned from your first three seasons that can help you this

Gibson: Just play. Especially my sophomore year, I would think way too much. I've been in the system for three years now and have it down, I just need to play and help others around me to ultimately reach our goal of a state championship.

Q: Who is your favorite music artist? Why?

Gibson: J. Cole is my favorite artist. Parts of his music relate to me and he tells a story about his life and all he's been through to get to where he is now. I always listen to him on game day.

Q: What is your favorite movie?

Gibson: Tie between "Kevin Hart: Let Me Explain" and the James Bond movies.

Q: Do you play video games? If so, which one is your favorite?

Gibson: Yes, NCAA is my favorite.

Q: What is your favorite hobby outside of football?

Gibson: Playing sports with my friends.

Q: What location is the farthest you have traveled from the Washington, D.C. metro area?

Gibson: Liberia. I go every year to visit my dad and other family.

Q: Are you a pro sports fan? If so, who are your favorite teams?

Gibson: Yes: Pittsburgh Steelers and Miami Heat.

— Jon Roetman

BULLETIN BOARD

Email announcements to chantilly@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks be-

SUMMER MEALS FOR CHILDREN

Fairfax County Public Schools will participate in the U.S. Department of Agriculture's summer food service program for children who qualify for free and reduced lunches during the school year. Free meals that meet federal nutrition guidelines will be provided to children at approved sites throughout Fairfax County. To find a location, contact the FCPS Office of Food and Nutrition Services at 703-813-4800.

ELECTRONICS RECYCLING

Residents can now "e-cycle" at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only

The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/ recycling/electric-sunday.htm for

THURSDAY/JULY 24

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road, Practice English with other students. Call 703-

SATURDAY/JULY 26

ESL Book Club. 11 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Adults learning English meet to discuss a book chosen by the group. Call 703-502-

English Conversation Group. 3:30 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Practice English with other students.

MONDAY/JULY 28

ESL Book Club. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Adults learning English meet to discuss a book chosen by the group. Call 703-830-

MONDAY-TUESDAY/JULY 28-29 Youth Mental Health First Aid.

8:30 a.m.-1:30 p.m. at the Chantilly CSB Office, 14150 Parkeast Circle, Chantilly. Public education program from the Fairfax-Falls Church Community Services Board Wellness and Health Promotion. Over a twoday course, certified instructors help youth learn to assist someone developing or experiencing a mental health problem or crisis. \$25. Visit www.fairfaxcounty.gov/hscode/ ereg/Registration.aspx?groupID=47.

TUESDAY/JULY 29

English Conversation Group. 10:30 a.m. at the Chantilly Regional

Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

WEDNESDAY/JULY 30

eBook Help. 1 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or digital reader and library card. Call 703-502-3883.

THURSDAY/JULY 31

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-

FRIDAY/AUG. 1

Panther Pints Blood Drive. 2:30-7 p.m. at Apostle Catholic Church,

6720 Union Mill Rd., Clifton. Photo ID required. Visit inova.org/ donateblood to register. Use sponsor code 8044. Call 1-866-BLOODSAVES Pet Calendar. Submit a photo of a pet to us.petvalu.com for a chance to have its picture in the 2015 calendar. Resolution must be 2200 pixels wide at 72 dpi. Minimum file size is 1MB. Photos must be horizontal, in color and in .jpg format. Calendars on sale in mid october for \$5. All proceeds go to support groups that help put a stop to animal cruelty. Visit the website for more.

SATURDAY/AUG. 2

eBook Help. 2 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or digital reader and library card. Call 703-502-3883.

MONDAY/AUG. 4

Special Needs Workshop. 9 a.m.-2:30 p.m. at George Mason University, 4400 University Drive, The HUB - Building 56, Fairfax. For brothers and sisters of children with

SEE BULLETIN PAGE 15

www.ConnectionNewspapers.com



SYA's Inaugural Fall Volleyball Season

Coming Fall 2014

September 8th-November 7th

All practices and games will be during the week—your weekends remain free!

MISSION

The mission of Southwestern Youth Association Volleyball (SYAV) is to provide Western Fairfax County area youth with the opportunity to play recreational and competitive volleyball in a controlled environment that provides entertainment and enjoyment. SYAV House Volleyball will focus on development of volleyball skills.

LEVELS OF PLAY

- Elementary School, 4th–6th grades
- Middle School, 7th–8th grades
- High School, 9th-12th grades
- Coed House league Play

REGISTRATION INFORMATION

Players must register online at www.syasports.org

BETWEEN JUNE 1 & AUGUST

29, the cost of the league is \$100 per player. AFTER AUGUST 29, an additional \$20 late fee will be charged.

FAIRFAX COUNTY FEE: If your child lives outside of Fairfax County, you will be assessed an additional \$30.

PLAYER ASSESSMENTS

In order to build fair teams there will be player assessments in September, 2014 at Liberty Middle School for those 6th grade boys and girls wanting to play up and all 7th–12th grade boys and girls.

PRACTICE/ MATCH SCHEDULE

Practices will be 5:45–7:15pm or 7:15–8:45pm on Monday or Tuesday. Games will take place 5:45–7:15pm or 7:15–8:45pm on Wednesday or Thursday. Exact time and day of the week will depend on gym availability. The practice night and time will be assigned on the coach's schedule needs.

HOUSE VOLLEYBALL PROGRAM

The SYAV House Volleyball program is designed as a developmental, recreational league. Teams will be balanced as much as possible with mixed abilities—from newcomer to players with more advanced skills. For players who desire a level of play where all players have advanced skill levels, it is recommended that you should sign up for a club or travel volleyball team instead of SYAV House.

SYAV plays as a coed volleyball league and conducts coed volleyball clinics for younger players.

TRAVEL LEAGUE FOR MIDDLE SCHOOL BOYS

SYAV is interested in creating a travel league for Middle School boys teams to play against other volleyball organizations within Fairfax County.



FOR MORE INFORMATION, contact David Lacey at davidlacey1951@gmail.com

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A Battle— Hopefully Not to the Premature Death

By KENNETH B. LOURIE

One of my ongoing major concerns is the origin of the miscellaneous symptoms I irregularly experience. Obviously I don't want to think they're cancer-related, so assessing them becomes minding what potentially matters. Moreover, since I don't want to believe the cancer is actually harming me, convincing myself that what I feel might be important to share with my oncologist is almost a fool's errand. Though I've been in this situation going on nearly five and one half years now, I am still stubborn and stupid about my reality. And though I further realize that pretending doesn't work, and denial is hard to maintain when you receive chemotherapy every three weeks, still, accepting the various symptoms as cancer has been too scary for me to consider; so I haven't/don't.

Perhaps it's the treatment (I tell myself constantly), and the cumulative effect on my body of non-stop chemotherapy every three weeks for five-plus years, save for a year when I was able to take a "targeted therapy" pill, Tarceva, at home every day, that is manifesting itself? As I may have joked, being a cancer patient is all it's cracked up to be. In one delivery system or another, I have been receiving treatment for almost 64 months. It seems only logical that my body would at some juncture begin to feel the effects from that kind of long-term exposure, though my lab work doesn't necessarily reflect it, other than for the kidney and liver issues with which you regular readers are familiar. I would imagine there has to be some wearand-tear-type fatigue. I mean, 64 months of fairly toxic materials swirling around in your blood system and interacting with all your organs; not exactly a recipe for normalcy. It can't be one big happy family in there, if you know what I mean. There has to be some disagreements. So far, however, apparently not; at least as indicated by my labs and scans, which if certain levels changed would likely warrant a retreat of some kind.

Perhaps what I feel is simply my age. How would I know? I've never been this age before; but certainly it's possible, maybe even probable. For all I know, this is what age 60 feels like. Maybe all that I feel – and all that I worry about - is simply the aging process, and this allows me to rationalize away my worst fears. Or, and this is the worst-case scenario, the age symptoms could be masking the cancer symptoms, and yours truly continuing to do nothing about either is way past pretending and denying; it's almost irresponsible, and disrespectful even, to the efforts being made - by myself and others, to keep me alive. After all, keeping a stage IV, non small cell lung cancer/terminal patient alive for as long as I've survived doesn't exactly happen by accident. Stage IV lung cancer is a killer, almost always, and one's amazing good fortune shouldn't be taken for

Shouldn't I be paying closer attention here? If I feel something, shouldn't I allow my oncologist the opportunity to evaluate me? Who am I, a writer/salesperson, to determine what is medically significant (cancer-related), and what is not (age-related)? As I've said a hundred times in my life, I know about two things: sports and chocolate, neither of which has much to do with cancer and its treatment. Concerning science and medicine, I know very little. Usually at least, I know enough to follow directions. Therefore, if I've been told to do something (by my doctor/health care team), maybe it's time I did. It's likely to be important living forward, especially considering I've reached an age no one expected me to be.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

News

Tax and Wire Fraud: Three Years Prison

From Page 4

Shortly thereafter, say police, the resident "was in the process of refinancing a mortgage and discovered that the tax documents the mortgage company obtained from the Internal Revenue Service were different than the ones Le provided to [him or her]."

Detectives, working with IRS special agents, eventually pieced together the details and extent of Le's illegal actions. Police arrested her Aug. 6, 2013, later turning over her case to federal authorities.

In court Friday, defense attorney Richard MacDowell said Le told her mother is unable to take care of that son, who's 8. So he asked U.S. District Court Judge Claude Hilton to consider giving his client a sentence below the 57-71 months guidelines or probation.

"She's already been punished," MacDowell said. "In 2007-08, they were victims of a Ponzi scheme and lost over \$250,000. She's had to file bankruptcy and lost properties."

He also said paying restitution will be a "huge burden" for her in the future. "Paying \$23,000/year, without interest, will take her 20 years," said MacDowell. "She's lost so much already. For her son's welfare, she asks for probation or house arrest."

But, countered Nathanson, "She has a history of recidivism. She committed fraud in the 1990s against the Fairfax County Federal Credit Union and [later] against the Fairfax County welfare program. And all the fraud proceeds [from her most-recent offenses] went into her bank account."

Before sentencing, Le stood and apologized, saying, "I'm sorry for all the pain and

stress I caused my family and clients, and for defrauding the government." She then asked Hilton to consider letting her stay home to take care of her son.

But he declined to do so and, instead, sentenced her to prison. For preparing false income tax returns, he sentenced her to 36 months incarceration, followed by one year of supervised release. For the wire-fraud charge, the judge gave her another 36 months, plus 3 years supervised release.

Hilton then ran the sentences concurrently, for three years total to serve, on the condition that Le make \$200/month restitution payments, beginning 60 days after her release. "I'll waive the interest," he said. "And I'll recommend a [penal] facility near Northern Virginia."

Afterward, MacDowell called the sentence "understandable, under the circumstances."

Roundups

Police Seek Woman's Assailant

Fairfax County Police are investigating the assault of a woman last Thursday, July 17, around 7 p.m., while she was jogging on a path in Chantilly. The path travels between residential neighborhoods in the 12900 block of Point Pleasant Drive, and the woman reported that her assailant was a man on a bicycle.

The suspect is described as possibly Hispanic or white and in his 20s, approximately 5 feet 9 inches, with an average build. He was clean-shaven and wore a neon-yellow shirt.

Anyone with information is asked to contact Crime solvers at 1-866-411-TIPS/8477, e-mail www.fairfaxcrimesolvers.org, text "TIP187" plus a message to CRIMES/274637 or call police at 703-691-2131.

Farmers Market On Thursdays

Each Thursday, from 3-7 p.m., the Fairfax County Government Center hosts a farmers market in its parking lot. The Government Center Pkwy. in Fair Oaks, and the next markets are slated for July 24 and July 31.

BULLETIN BOARD

From Page 16

special needs: Unique Concerns, Unique Opportunities. Free. Visit fcps.edu/cco/prc/ resources/events/ for more.

ESL Book Club. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Adults learning English meet to discuss a book chosen by the group. Call 703-830-2223.

TUESDAY/AUG. 5

English Conversation Group. 10:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

THURSDAY/AUG. 7

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow

Backpack Donations Needed

WFCM (Western Fairfax Christian Ministries) is collecting 2,000 new backpacks for children in need who attend schools in the Centreville, Chantilly and Westfield high school pyramids. But it needs the community's help to accomplish such a large task.

Especially needed are large backpacks. They should have at least two compartments to hold multiple books and binders and should be 18-19 inches tall, 13 inches wide and 8-10 inches deep.

The backpacks may be brought to WFCM at 13888 Metrotech Drive in Chantilly (next to Papa John's Pizza), Monday-Friday, 9 a.m.-2 p.m., and Wednesday and Thursday, 4-7 p.m., until Aug. 13. For more information, go to www.WFCMVA.org or email jbush@wfcmva.org.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, July 31, from 5 p.m. to dusk, at the station, 4900 Stonecroft Blvd. in Chantilly. No appoint-

ment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. (The inspection may be cancelled in the event of inclement weather). Call 703-814-7000, ext. 5140, to confirm dates and times.

Host a WFCM Food Drive

WFCM needs the community's help over the summer months when it has a critical shortage of food. "For instance, of the 24 schools that we serve, one has over 900 students who count on free and reduced lunches during the school year," said WFCM Community Outreach Manager Jennie Bush. "This creates a financial strain on families looking for food help."

But she said local residents can make a tremendous difference by hosting a food drive with their sports team, camp, swim team or place of employment.

To arrange a food drive for WFCM, contact the organization's summer intern, Annie Cecil, at intern@wfcmva.org.

SATURDAY/AUG. 9 Engl

ESL Book Club. 11 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Adults learning English meet to discuss a book chosen by the group. Call 703-502-3883.

Road. Practice English with other students. Call

English Conversation Group. 3:30 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Practice English with other students. Call 703-502-3883.

MONDAY/AUG. 11

ESL Book Club. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Adults learning English meet to discuss a book chosen by the group. Call 703-830-2223.

TUESDAY/AUG. 12

English Conversation Group. 10:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

THURSDAY/AUG. 14

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

eBook Help. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or digital reader and library card. Call 703-502-3883.

Civil War Lecture. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. "Battle of the Crater/Petersburg, July 1864" by NPS Ranger Emmanuel Dabney. Call 703-830-2223. P754*
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The Chantilly High School Parent Teacher Student Association (PTSA) would like to gratefully acknowledge the generous donations to the 2014 Chantilly High School All-Night Grad Party (ANGP) from the donors listed below. Thank you for making a difference, keeping our children safe, and celebrating with the Chantilly High School Class of 2014.

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Dogs, Cats and Even Horses

Humane Society of Fairfax County seeks adopters.

By Kara Coleman The Connection

ccording to the Humane Society of the United States 2013 Annual Report, 118,328 animals were cared for last year by the Humane Society and its affiliates, through disaster relief, cruelty interventions, wildlife rehab centers and more. But that number doesn't count the local rescue groups around the country who work to protect, shelter, and rehabilitate animals and adopt them out to homes, including many in Northern Virginia.

Marlene Hammer, corresponding secretary for the Humane Society of Fairfax County, said that the local organization currently has dogs, cats, rabbits, horses, and a

ferret up for adoption.

"Our main goal is to adopt as many animals as we can out," she said. "By having people adopt, we can take in more animals."

The Humane Society of Fairfax County has a main office in Fairfax and a farm in Centreville. The farm is home to horses as well as 27 dogs.

A full-time manager lives on the farm to care for the animals, and if people want to adopt a horse or dog from the farm, they must go through the manager to apply.

The Fairfax office is also a home for cats who are waiting to be adopted out to families. "The cats have it very nice," Hammer said. "It's not like being in their own home, but it's the best thing to it."

According to Hammer, the cats are not in crates, but instead are housed in rooms at the shelter. Four or five cats, usually members of the same litter, share a room. Caretakers clean the cats' rooms every day, including changing litter and blankets, and mopping the floors. Volunteers that the shelter refers to as "socializers" also come in to play with the cats.

Hammer said that occasionally, animals will be dropped off at the Humane Society of Fairfax County with no note.

"One Sunday morning a few years ago, someone left a tiny dog on the porch," Hammer said. "I found him, and took him to the vet as we always do. My daughter had been looking for a small dog, and she ended up adopting that one."

Hammer said that drop-offs don't happen often. Many of the animals the Humane Society receives are given up when an owner has to move to a nursing home or is not able to keep the animal anymore. But other dogs are rescued,

such as one Hammer adopted that had been left tied up outside for a long period of time.

The Humane Society of Fairfax County operates almost entirely on a volunteer basis. Operating a thrift shop in the building next door to its main Fairfax office, its volunteers sort donations, operate cash registers, and wait on customers. With the exception of one paid staff member, the proceeds from thrift shop sales go toward the shelter's operating costs.

The Humane Society also offers a pet food pantry as a service to the community.

"People who are in need of assistance and are unable to buy food for their pets can come here and get free pet food," said Hammer. She said that most of the people who come to the pet food pantry for help are residents of Fairfax County, but that

sometimes people come from a little farther away. Hammer also said that most of the food is donated to the pantry by Boy Scouts and Girl Scouts who organize pet food drives as a service project.

Becoming Best Friends

Frodo and Sam have become best friends – sort of. My husband and I adopted Frodo from Home Alone Cat Rescue several years ago. He is part Maine Coon and part American Bobtail, with a funny short tail. He may have been mistreated by a previous owner because he is afraid of everything, especially ceiling fans. He quickly became comfortable in our home as an "only cat."

We adopted "Sam" in September of 2012. She was an adorable tabby kitten, part of a feral litter living outside of a restaurant in Washington D.C. Lee District School Board Member Tammy Kaufax and her two high school aged kids, Halle and Matthew, were fostering the litter as part of a school project. Tammy showed me a photo of the kittens in August of 2012 during the Springfield Bridge Walk and I fell in love with the smallest kitten with tiger markings. As soon as Sam had gained enough weight to be adopted we brought her home as a companion for Frodo.

It took a few weeks for the two cats to get used to each other, but now they play together and chase each other around all the time. They are so cute together, especially when Sam hides behind the bedroom door and ambushes Frodo when he walks into the room. Animals add so much to your life!

— Sharon Bulova, Chairman, Fairfax County Board of Supervisors



"Our main goal is to

people adopt, we can

take in more animals."

adopt as many animals

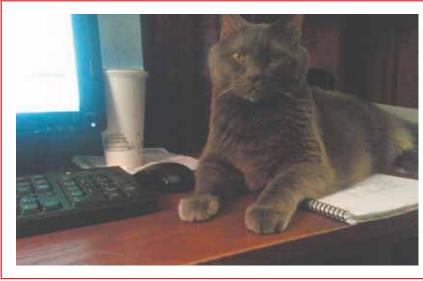
as we can out. By having

— Marlene Hammer

Sharon Bulova with her cats: "Animals add so much to your life!"



For more information, call 703-778-9431 or email sales@connectionnewspapers.com



Smokey is a 13-year-old medium hair male cat who was adopted at age 10 from the Fairfax County Animal Shelter.

– Jennifer Smith





This is my pet squirrel of three years. Her name is Short Tail. Short Tail is going shopping for food.

— CANDACE HABIB OF CLIFTON



Meet "Skyler Kittens," our neighbor's cat who enjoys the views from our porch in Chantilly.

— Jennifer Graviano



Sophie, just a drop!



Grace Ramey with Rose at Bull Run. Rose, adopted from Forever Friends, loves long walks and to nap in the sun.



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Puppies Destined for Important Work

Photos by Joan Brady/ Joanbradyphotography.com

red, donated and/or rescued for assistance dog training by paws4people.org, these "baby pictures" will be shared with the children and veterans matched with each dog.

But until then, the puppies will receive comprehensive training. Training begins at the Training Center in Wilmington, Del. The specific training is proprietary, but includes learning how to navigate different surfaces and challenges and how to handle stress. At around 6 weeks, they curl up in a transport van and make the drive to the Puppy Development Center, currently in Georgia. There, they continue with socialization training as they work students who are autistic at the Lionheart school, with both puppies and students getting more comfortable with new situations and people.

At 16 weeks, they pile back into the van and are met by inmate trainers at Lakin Correctional, in West Virginia. It is here that the core of "command set" training happens. Each dog will learn 110 commands before being matched with a "client."

After 12 - 15 months of socialization and command training, they will each be matched with either a child or a veteran.







From that point, the puppies will be trained specifically to meet their new "handler's" needs.

During that specialized training, the dogs remain in prison. These pictures will help the newly matched children and adults get through that initial separation.

Read more about paws4people assistance dogs at joanbradyphoto.wordpress.com

— Joan Brady

Joan Brady is a professional photographer; mentor and advocate for current and former foster children; volunteer with paws4People, Fairfax Families4Kids, and others; and a resident of Great Falls. Reach her at joan@joanbradyphotography.com



Baby photos of future assistance dogs



This is my father and I, with my three foster failures (fostered dogs that I adopted) from the Lost Dog and Cat Rescue Foundation. The little black furball on the left is Zorro, Princess Diana is on Dad's lap and Gryphon is my right-hand dog.

Marcia Tiersky



This is Zorro and Gryphon, both adopted from the Lost Dog and Cat Rescue Foundation. Don't worry — their coats are monogrammed so I won't get them mixed up.

— Marcia Tiersкy



I have three amazing cats that have adopted me. My oldest cat, Sketch, is a well traveled and extremely expressive Japanese Bobtail from Japan and he has moved back and forth with me between Florida, Virginia, back to Florida and then back up here, and has enjoyed the ride. He came to claim me as his human when he wasn't adopted by any military families while I was running an animal rescue is Sasebo, Japan. He was adopted by two families and they decided that he was "too ordinary" and returned him. After a while, I noticed that this kitty was very extraordinary. He enjoys car rides, played fetch, and walks on a harness. Sketch is extremely loving and very loyal. There are days that I think he has ESP, because he growls before someone unexpected knocks at the front door. Currently he is fighting renal failure, but each day he greets the sun with a smile when he goes outside to roll around on the sidewalk. He really is an extraordinary feline and I'm blessed to have been adopted by him.

— Marla Gebaide