

## WELLBEING

Page 25

25 CENTS

August 7, 2014

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### **National Night Out**

PHOTO BY LOUISE KRAFFT/GAZETTE PACKET

At the National Night Out event on Tuesday, Aug.5, Bemnet Bitew and Kyrah Royal wait and watch as their friend Hiwot Infante has her face painted by Abbey Oklak of the Braddock Metro Citizens Coalition. More photos, page 15.

## Northern Virginia Stuck in Neutral

## Income growth in Alexandria, Arlington and Fairfax lags behind state and national averages.

"The region has

stopped growing."

— Stephen Fuller, director

of the Center for Regional

**Analysis at George Mason** 

**University** 

By Michael Lee Pope Gazette Packet

aycheck growth in Fairfax County, the city of Alexandria and Arlington County are lagging behind the state and

the nation, according to data from the Bureau of Economic Analysis. A look at per capita personal income from the last five years shows Northern Virginia struggling

to keep up as everybody else recovers from the recession.

Fairfax County had the lowest

rate of growth, only 2 percent. Alexandria isn't much better, showing a 3 percent growth in per capita personal income. Arlington has the highest per capita personal income, although its growth is just under the state and national aver-

> age. The only bright spot in Northern Virginia Loudoun County, which has seen a 15 percent rate of growth from 2008 to 2012 (the most recent vear available).

For the most part, Northern Virginia is stuck.

SEE INCOME, PAGE 28

## Food Truck Rollout Leaves Bad Taste

Pilot program for food trucks off to rocky start.

> BY MICHAEL LEE POPE Gazette Packet

hen Christine Bernstein noticed Rockland's barbecue truck parked at Founder's Park along Union Street one recent Sunday, she knew something was wrong. The city's See Rollout Leaves, Page 3

pilot program for food trucks does not allow the vehicles to park on city streets, so the barbecue truck was flouting the law. And even though trucks are allowed to set up in the parking lots of some city parks, Founder's Park is not on the list. So Bernstein confronted the man in the food truck.

"He told me that it didn't matter because nobody was enforcing the regulations anyway," said Bernstein. "And I couldn't argue with that because he had a good

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#### Week in Alexandria

### Lights to Take Spotlight

Members of the City Council are about to take up an issue so controversial it will shine a spotlight on how the city does business. In the next few weeks, school leaders are expected to submit an application to City Hall to allow lights at the Parker-Gray Memorial Stadium at T.C. Williams High School. Neighbors who live near the school say allowing lights at the football field would overturn a longstanding agreement, one that was key to support allowing the \$100 million new facility to be constructed.

"A lot of people in the community are concerned that once the lights are there, if they are allowed, that you just open up a Pandora's Box of other types of activities," said Councilman **Paul Smedberg**.

It's a conflict so intense that the drama may rival the 2000 Disney movie "Remember the Titans," a film loosely based in the high school's 1971 football season. Last year, when members were considering a plan to allow lights at the school's tennis courts, Mayor **Bill Euille** took the opportunity to make a full-throated declaration of his support for lights at the football stadium. It's a position that several other elected officials share.

"I'm sensitive to the deals that were made over the years with the community and the conditions that were imposed on the construction of T.C.," said Councilman **Justin Wilson**. "But times change."

Others say city leaders would be making a terrible precedent by breaking their promise to residents, one that would have far-reaching consequences that extend far beyond the Parker-Gray Memorial Stadium.

"For the residents who live around the school, it's a lighting issue. But for us, this is a very important process issue," said Townsend Van Fleet, president of the Old Town Civic Association. "Everybody in the city ought to be afraid of what the city can do to you because a deal should be a deal."

### Breath of Fresh Air

For many years, the air quality in Northern Virginia has been so bad that health officials created a Code Orange Air Quality Alert to warn people about particularly bad days. Now the region is receiving a green light from the feds. This week, the Environmental Protection Agency designated the metropolitan Washington region as being "in compliance" with the federal standard for controlling fine-particle air pollution.

"I am pleased that the Metropolitan Washington region will be officially recognized for its progress in reducing fine particle pollution," said **David Snyder**, chairman of the Metropolitan Washington Air Quality Committee.

Back in 2005, the EPA ruled that the metropolitan Washington region had not met its standard for reducing fine particle air pollution. Since that time, leaders from the Metropolitan Washington Air Quality Committee and the Metropolitan Washington Council of Governments have found ways to reduce emissions from power plants, passenger vehicles and heavy-duty diesel engines. They have also increasing green energy purchases and promoted green building construction.

"This reflects the hard work and collaboration of people in local government and business," said Snyder.

#### Tastes Like Eureka

Del. **Rob Krupicka** (D-45) first made a name for himself as a high-tech wiz who found a way to capitalize on the early days of the Internet. That allowed him to launch a political career that put him on the Alexandria City Council and ultimately landed him a spot in the Virginia House of Delegates. Now he's about to take a new position — donut mogul.

Last week, Krupicka submitted a special-use permit application to open a Sugar Shack donut shop at 804 North Henry Street in the Parker Gray neighborhood. It will join Lost Dog Café as new tenants in the retail part of the Belle Pre Apartment building. The Sugar Shack is slated to open later this year.

"Like everyone in Richmond, I quickly fell in love with the sometimes unusual, but always delicious, donuts from Sugar Shack," said Krupicka. "I couldn't believe that we didn't have something like this in Alexandria so I set about figuring out how to fix that."

— Michael Lee Pope

### News



The Rocklands barbecue truck was issued a \$100 citation after illegally vending at Founders Park.

## Rollout Leaves Bad Taste

From Page 1

point."

She called the non-emergency number for the Alexandria Police Department, but then a half hour came and went. So she called again, then fired off an email to city officials complaining about the lack of enforcement and what she feels is the lack of standards to evaluate the program. About an hour after Bernstein made the first call, the officer arrived and told the driver to move on, although he did not write a citation. That prompted a flurry of e-mails between Old Town residents and city officials, who eventually decided to let the Department of Planning and Zoning handle the issue on Monday. That's when a \$100 citation was issued.

"It's unfortunate that one of the first things to happen was this violation to happen in north Old

Town," said Councilman Paul Smedberg, who saw the Rocklands truck the previous day at Windmill Hill Park. "Clearly we are going to have to be very vigilant here in Old Town to make sure that people are not violating the spirit of the pilot program."

**FOOD TRUCKS** are a growing trend across the nation, and until recently Alexandria had the most restrictive rules in the region for mobile vendors. Last year, city officials tried to bring

a proposal to City Council members but restaurant owners balked, and City Manager Rashad Young formed a work group of stakeholders to examine the issue and offer recommendations. Members of that group now say they've been snubbed because City Council approved a pilot program in May even though the group did not issue a report. Some of that division lingers as city officials try to figure out how to deal with violators.

"If the police see the violation, I don't understand

why they wouldn't write the citation right there on the spot," said Yvonne Weight Callahan, one of the leaders of the work group. "They're there. They saw it. Write the damn ticket."

ALEXANDRIA GAZETTE EDITOR STEVEN MAUREN

703-778-9415 or gazette@connectionnewspapers.com

City officials say that's not how the code works. The way the ordinance works, the first violation is a \$100 and the second violation is \$250. The new code section is not in the zoning ordinance, a fact that led to some sharp words from planning commissioners who also felt they were snubbed because they were not given an opportunity to vote on the issue. Nevertheless, City Manager Rashad Young has now designated the Department of Planning and Zoning to issue citations. "I think it actually worked pretty smoothly," said Joanna Anderson, assistant city attorney. "The citizen who saw the truck called the police, which was the right thing to do because it was a weekend, and we don't have inspectors out there on the weekend."

"It's unfortunate that one of the first things to happen was this violation to happen in north Old Town."

> — Councilman Paul Smedberg

**SO FAR**, only four vendors have received permits to participate in the pilot program: D.C. Slices, Doug the Food Dude, Red Hook Lobster Pound and Rockland's BBQ & Grilling Co. One reason for the slow start may be the amount of money and paperwork required. Vendors must first receive a \$125 food truck vendor permit that would last through the end of this year. Then there would be a \$90 annual fee plus the one-time fee of \$200 from the Alexandria

Health Department. That's in addition to the \$250 annual business license fee plus the \$143 fee to operate a propane tank for six months. After all of those fees have been paid, vendors would need to find a city park or recreation center with at least 10 parking spaces.

"We've provided very little opportunity for them to vend," said Councilman Justin Wilson. "For most of them, it's just not enough of an incentive for them to be out there."

## News



Demolition continues of the old elementary school.



The third floor lunch room contains a circular light and airshaft opening it to the lunch room below.

## Inside the Nearly Complete Jefferson Houston School



The north entrance of the school.



The lobby at the main entrance opens up to the main office.



The school features a regulation-sized gymnasium.



John Montemayor, LEED Green Associate and assistant project manager, along with Jefferson Houston principal on assignment Mark Eisenhour.

Selected windows are embedded with light screens to diffuse the angled sunlight during the day.



During a tour on Aug. 2, Alexandria historic preservation manager Al Cox gives a brief overview of the development of the architectural design of the nearly complete Jefferson Houston Elementary School located in the historic Parker Gray District.





Colorful tiles brighten the walls of the first and second grade restrooms.



The ceiling in the music room is being constructed with careful attention to acoustics.



A view from the second floor lunch room revealing the circular light and air shaft.

Photos by Louise Krafft Gazette Packet

## News

## Pedestrian Plaza To Return

"It's a good idea.

- Townsend Van Fleet,

**Civic Association** 

president of the Old Town

But you have to

talk to all the

merchants."

After failed experiment in 2006, city leaders have regrouped and are ready to move forward again.

By Michael Lee Pope
Gazette Packet

he pedestrian plaza may be coming back to King Street, although city officials say they have learned some lessons since the lackluster pilot program eight years ago and are considering a new pilot program.

"It's a good idea," said Townsend Van Fleet, president of the Old Town Civic Association. "But you have to talk to all the merchants."

For 12 weekends in 2006, city officials shut down the 100 block of King Street to create what they called a "pedestrian plaza." The trial program included low-key amusements, but many of the merchants hated the idea. One of them complained that shoplifting had become rampant

when the street was a plaza, and city leaders killed the program. Now that the waterfront plan has been approved, some are talking about bringing the concept back.

"I think it's a great idea, and I'd like to see it happen," said Councilman Justin Wilson. "What we learned from the pilot that we did last time is that you can't just close down the street. You have to do something that draws people to the space."

**CITY OFFICIALS** are also considering a separate plan to create two new pedestrian plazas in the unit block of King Street, which is east of Union Street. The idea would be to landscape two separate pedestrian spaces on either end of the traffic that would have tables, chairs and umbrellas. But during the last budget cycle, a plan to spend \$75,000 to maintain the unit block plaza was rejected.

"Discussions about how and when the funding issue may be addressed are ongoing," said Andrea

Blackford, spokeswoman for the city.

Meanwhile, the debate about the idea of closing the 100 block to traffic remains a hotly debated topic. The merchants who opposed the last pilot project remain opposed to resurrecting the idea. And the idea of losing valuable parking spaces in the heart of the city's commercial district remains a sticking point for businesses and residents.

"We heard a lot of concerns from residents," said Councilman Paul

Smedberg. "That highlighted to me the fact that we have to address the parking issue in a much more comprehensive way for all of Old Town and not just simply a discrete project."

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## PEOPLE

## Carving Up Tomorrow's Meal

By Shirley Ruhe

t was early afternoon, and Matt Ruble was putting out the third tray of freshly-cut applewood bacon for the day. Bill Pyne has just hauled it out of the cooler and cut it into thick slices in the back. Ruble is answering the phone and chatting with customers. Some customers come in just to talk. "This bacon is very tasty — it smells like you're cooking it over a wood fire. Since today is my friend's birthday, I dropped some off for him this morning." He tells a customer to cook it in the oven and to soak it in ice water first to shock it. Then it won't shrink as much.

In addition to the bacon, he said they cut fresh hamburger every day and steaks from the back as needed to keep things fresh. One day he had just

#### PEOPLE AT WORK

opened up about 11:30 and got a call for a gift certificate for \$600. "I asked if she was from around here, and she said no, she was calling from England and was getting a wedding present for a local. I told her I hoped they liked meat a lot."

"Smell that?" Ruble said, "I'll bet it's the andouille sausage that Bill and I just finished casing." Bill Pyne is the other part-time butcher. "We have expanded the different kinds of sausage we make. A customer wanted us to try Caprese so we mixed up a trial batch

with pork, salt, cayenne, pepper, white wine and cumin."

Twenty-six jars of spices, dry mustard and vinegar line the overhead shelf beside the white counter where they butcher. A customer volunteers that he tries all the new sausages and you either like them or you don't, but he loves the Italian.

Ruble said two days ago the South African embassy put in a special order for seven pounds of boerwurst. "They won't let you link it; it has to be the authentic South African way in a two-foot tube and coiled."

The Arabian embassy gets five whole rib eyes cut into two and a half inch thick steaks. "Those bad boys are expensive."

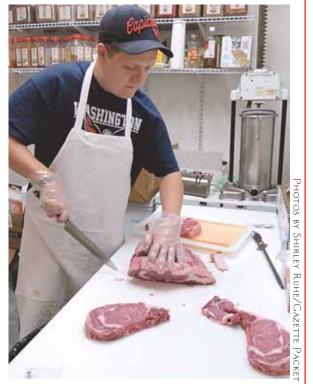
He said they recently got another special order for three pounds of ostrich steaks at \$30 a pound. But the customer hasn't shown up to pick them up, "so we're trying to decide what to do with them." Eventually he pointed out, since the new owners are remodeling, the plan is to have

a case for exotic meats.

The door rings as a customer enters and heads for the meat case. He is making Chinese meatballs and this is the only place he could find pork belly. Despite all of the specialty items, Ruble says the most popular with the customers are the ribeye steak and New York strip. And the dark chocolate milk in the dairy case with farm fresh brown eggs and Amish butter. "Be sure you wear a hat because the chocolate milk will blow your mind."

Cutting meat isn't as hard as people think, Ruble points out. "The trick is to identify the grain and to cut against the grain," he said, pointing to a picture of a sirloin. "And it isn't really too messy except that day the casing had a hole in it and sausage sprayed all over."

He added, "You need knife/



Matt Ruble cuts ribeye steaks by inserting the tip of the knife in front and cutting to the table with a rocking motion, then cutting off part of the fat but leaving on a small piece for flavor.

hand skills, a sharp knife, an ability to retain information. It helps if you don't talk while you're cutting because you can get nicks and cuts. And also you need a sense of humor or you don't last very long.

Rubin points out that cutting meat is very stress relieving. "You go back there with a knife" and the rest of the sentence was up to the imagination.

Rubin usually starts his day at 10:30 so he has time to get the case set up before the customers start coming. "We try to be fast because there is two-hour parking." He likes to make everyone feel like it is their turn. Some people just stop by to talk. Later in the afternoon people come by for dog bones. "As they are walking by, the dogs smell the meat and strain at

their leash to come inside. At the end of the day I wipe off the prints and snout marks on the windows."

Ruble works part time from Tuesday-Friday as he pursues a complementary career with a volunteer fire department. He says he has worked every holiday since he was 17 because holidays are meal-based and people wait until the last minute. Before coming to Let's Meat on the Avenue, at 2403 Mount Vernon Ave., three weeks ago, he worked at Food Lion for 13 years.

"For a while I cut meat in Italy," he said, "because I got over there and didn't exactly understand the relationship of the Euro to the dollar. I love to cut meat, but when I was in Bora Bora you could hear them slaughtering out in back. I couldn't do that. I like the American way."



Alexandria Fire Captain S. Quintana shows Miles Collins some of the tools he carries in his truck to

## Marking 240<sup>th</sup> Anniversary Of Friendship Firehouse

closed off early on Saturday morning, Aug. 2, for annual Friendship Firehouse anniversary festival. The Alexandria Fire Department rotated vehicles at the north end of the block throughout the morning and early afternoon allowing visitors to climb into and explore the fleet. Vendors offered books, jewelry,

he 100 block of N. t-shirts, home services and pub-Alfred Street was lic safety information for the

> Office of Historic Alexandria director Lance Mallamo and city officials served birthday cake. Friendship Firehouse members and volunteers handed out balloons and fire helmets to the children. For more information on the historic firehouse visit www.friendshipfirehouse.net.



Lt. D. Parker explains why this fire truck is called a hook and ladder truck. The hook in the title comes from the past when the trucks were equipped with a hook to pull down burning chimneys.

> Рнотоѕ ву LOUISE KRAFFT Gazette Packet



festival organizer Frank Kehoe talk with battalion chief Michael Sharpe at the block party.



Andy and Tristan Raycroft along with Roger Stevens offer information on the Rooftop Chimney Sweeps



Matt Ruble watches while his partner butcher Bill Pyne cuts another tray of applewood smoked bacon at Let's Meat on the Avenue in Del Ray.



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## LIVING LEGENDS

## A Successful Life through Serving Others

Tricia Rodgers is a public health advocate, among many roles.

BY ALLEN LOMAX

ommunity service is a core value of Tricia Rodgers. Her family and her high school instilled in Rodgers the importance of volunteering and civic engagement. It is so much a part of her life that she is guided by a quote from President George H.W. Bush that says, "Any definition of a successful life must include serving others." Rodgers definitely has a successful life because she has spent decades serving others.

For over 30 years, Tricia Rodgers has volunteered with, and advocated for, programs that help to improve the lives of Alexandrians. Her volunteer work started in the 1970s when she was a counselor with an Alexandria program to support women in crisis. Since then she has undertaken many volunteer leadership roles including as a director of the Northern Virginia AIDS Ministry, the Alexandria Tutoring Consortium and the Virginia Oral Health Coalition. For the past five years, Rodgers served as co-chair, and now chairs, of the Alexandria Childhood Obesity Action Network (A-COAN), a work group of the Partnership for a Healthier Alexandria. She also serves on the Partnership's Steering Committee.

Additionally, Rodgers is a member of St. Paul's Episcopal Church and serves as a lector and lay Eucharistic minister. She was the first chair of the church's Green Team that fosters stewardship of God's creation by promoting sustainability and resource conservation at the church and in the home.

Rodgers describes herself as an Army brat who first moved to Alexandria with her family as an infant. She graduated high school from St. Mary's Academy on Russell Road. After St. Mary's Academy, Rodgers received bachelor's and master's degrees from George Washington University and a master's in social work degree from Catholic University.

Rodgers has a variety of work experience that includes both government and community service. She worked on George H.W. Bush's 1980 presidential campaign and

For many years, Tricia Rodgers, a master gardener, has been gardening at the Chinquapin community gardens. She says that gardening is her passion in life and she finds peace working in the soil in her garden.



during the Reagan Administration held appointed positions in vocational education at the U.S Department of Education and then, the federal Interagency Council on Homelessness. President George H.W. Bush appointed Rodgers to be the director of Volunteers in Service to America (VISTA).

When Rodgers left her VISTA position, she was hired by the United Way of the National Capital Area (UWNCA) to be the director of Social Planning for the Fairfax/Falls Church Regional Council. After a time there, Rodgers moved to staff the UWNCA's Alexandria Regional Council and started making a major impact in Alexandria. During this time, Rodgers worked with Regional Council leaders as well as many community organizations to develop and implement strategies to accomplish the council's broad community initiatives. When asked about Rodgers' work in the community, John Porter, president and chief executive officer of ACT for Alexandria, said, "I first met Tricia through the United Way's Alexandria Regional Council and quickly discovered her caring and concern for others. As we worked together, her leadership abilities became evident as she helped guide thinking and action on how best to address some of the important issues we were facing as a community."

In 2005, Rodgers left the Alexandria Regional Council to become executive direc-

tor of the Arlington Community Foundation. Rodgers is now back in an office in Alexandria in her job at the Northern Virginia Health Foundation. Rodgers is a program officer at the foundation responsible for managing health grants awarded to communities and building and sustaining community coalitions throughout Northern Virginia

For many years, Rodgers, a master gardener, has been gardening at the Chinquapin community gardens. She says that gardening is her passion in life and she finds peace working in the soil in her garden. She has successfully married her gardening passion and volunteering commitment resulting in improving the health and wellness of Alexandrians. Through Rodgers' leadership, A-COAN increased access to healthy foods for adults, children and youth by providing funding and educational opportunities to establish and maintain gardens plots as well as becoming more knowledgeable about nutrition. In 2010, A-COAN worked with the Alexandria Redevelopment Housing Authority (ARHA) to create garden plots for adults and a children's garden at the Ruby Tucker Center at Hopkins and Tancil Court. Rodgers' connections with Virginia Cooperative Extension's master gardeners program resulted in the master gardeners volunteering to provide gardening education for the participating adults and children. Over the last two years, A-COAN provided mini-grants to community organizations to start a new garden or to expand existing ones. Some of the organizations that received gardening grants include the Arlington-Alexandria Coalition for the Homeless, Agudas Achim, ARHA's Montgomery Learning Center, Community Lodgings, Farlington Preschool, and Friends of Guest House. While all of these garden projects are important, Rodgers receives her greatest joy from the children's gardens. She said that "it's fun to watch little kids work and play in a garden and see them connect the dots between putting seeds and plants in the ground and having them grow into something they can eat."

Not stopping with gardening as the only means for Alexandrians to access healthy foods, Rodgers successfully advocated for Alexandria's Old Town/Market Square and the Four Mile Run farmers' markets to accept food stamps (Supplemental Nutrition Assistance Program) so individuals and families could more easily afford fresh fruits and vegetables. She also formed a working group that assessed the strengths and weaknesses of Alexandria's emergency food system to improve the system and ensure that individuals and families have better access to food, especially healthy food, during times of crisis. The working group publically released its report titled, "Toward an End to Hunger in Alexandria" last month and Rodgers is now actively engaged in building community support to implement the report's recommendations.

Additionally, Rodgers successfully led efforts to promote breastfeeding in Alexandria by working for the passage of a breastfeeding resolution by the City Council in March 2011. She also successfully advocated for the establishment of breastfeeding rooms for new mothers and their babies in government and private business offices. Several of the city's government buildings now have breastfeeding rooms and in August 2013, a breastfeeding room was established at the Casey Clinic.

Rodgers has also been a leader of efforts for improving the quality and quantity of play spaces in Alexandria so children and youth have more opportunities for active play and exercise. Through her leadership, A-COAN sponsored a community-wide assessment of public and private play spaces in Alexandria and awarded small grants to improve the quality of some of the playgrounds in Alexandria. She was also instrumental in developing and advocating for an Alexandria play space policy which was adopted by the Alexandria City Council in October 2013. This policy provides a comprehensive framework for addressing the unique needs, importance and benefits of play spaces in our city.

As a result of Rodgers' volunteer work and related accomplishments over the years, especially through her leadership with A-COAN, she is recognized as a leading public health advocate in Alexandria. According to Dr. Stephen Haering, Alexandria's health director, "Tricia brings clear thinking to complex issues and maintains a focus on strategies and activities that will have a meaningful impact on the health of Alexandrians, particularly those most in need. I have the upmost respect, admiration and gratitude for Tricia and the great public health work she has accomplished."

Allen Lomax is chair of the Partnership for a Healthier Alexandria. He was named a Living Legend of Alexandria in 2012.

## Living Legends: The 2014 Project

Living Legends of Alexandria is an ongoing 501(c)(3) photo-documentary project to identify, honor and chronicle the people making current history in Alexandria. The project was conceived in 2006 to create an enduring artistic record of the people whose vision and dedication make a positive, tangible difference to the quality of life in Alexandria.

positive, tangible difference to the quality of life in Alexandria.

Platinum and Gold sponsors this year are the Alexandria Commission for the Arts, Alexandria Toyota, Club Managers Association of America, Dominion, Goodwin House, Inc., Gregg & Monica Murphy on behalf of Senior Services of Alexandria. Linda Hafer. Renner & Co. and Nina Tisara.

Murphy on behalf of Senior Services of Alexandria, Linda Hafer, Renner & Co. and Nina Tisara. This is one of a series of profiles that will appear this year. For information, to volunteer, become a sponsor or nominate a future Legend, visit www.AlexandriaLegends.com or contact Info@AlexandriaLegends.com. The deadline for 2015 nominations is Oct. 15.

## News



The Alexandria Special Operations team returns to the upper parking lot in the operations vehicle at the conclusion of Wednesday's tactical training exercise in the Landmark Mall.

## Police Conduct Training Exercise

andmark Mall was the site of a joint Alexandria and Arlington Police training exercise on Wednesday morning, July 30. More than 50 public safety officers and support staff participated in the mock incident, rescue and resolution training. Teams involved were Special Operations, hostage negotiators, Alexandria Fire Department and Arlington Police's explosive ordnance disposal team.





At the conclusion of the training exercise, participants gathered on the top parking deck for an afteraction meeting.

Alexandria Police Chief Earl Cook discusses the importance of the joint tactical planning, rescue and resolution training exercises.

#### Home for sale in desirable Wessynton Neighborhood



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The art of living lies  $not \ in$ eliminating but in growing with troubles.

-Bernard M. Baruch

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We are kicking off Alexandria's Sidewalk Sale early with 20% off everything in the showroom! • Time: 6:00pm- 8:00pm. • Please stop by to take advantage of our beautiful items while enjoying hors d'oeuvres and refreshments!

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## **OPINION**

## Brightening Outlook for End of Summer

## Local pleasures to offset discouraging news.

he news here has been a bit discouraging, and that's without considering the human tragedy and disaster of several different international situations.

The unsettling narrative rolling out from the Richmond trial of former Gov. Bob McDonnell and his wife Maureen would hopefully result in action on campaign finance reform in Virginia.

Up until the news about "gifts" to family members of Gov. Bob McDonnell, almost all elected officials would defend Virginia's notoriously unregulated system of allowing candidates and elected officials to take unlimited amounts of money and unlimited gifts from anyone or any company at all. Because Virginia has such strict disclosure requirements, elected officials seem to think that it's OK to be awash in all that money. Voters can look up who is giving money and draw their own conclusions. How could it hurt if the details are all out in the open?

It isn't just disclosure of gifts to family members that needs reform here.

Discovering that the system is entirely selfregulated with no independent auditor, no ethics commission and no penalties for failing to report gifts or contributions should give voters some pause. Consider that only four states, including Virginia, have no limits on contributions. Most states have limits; for example, in Maryland, individuals can give \$4,000 to any

one candidate and \$10,000 total in a four-year election cycle. We've already had one session of the General Assembly without a meaningful reform effort.

The current stubborn road block to extending health coverage to at least 200,000 very poor Virginians, including another unsettling narrative about Democrats losing control of the Virginia Senate because of the resignation of one senator who was apparently offered a great job and a judgeship for his daughter, is dispiriting.

So here are a few end-of-summer activities that can serve as antidote.

In Arlington, go to the Marine Corps Sunset Parade and Concert, last chance this summer, Tuesday Aug. 12, 6:30 p.m. in August. Iwo Jima Memorial. Visit www.barracks.marines.mil.

Or catch the Arlington County Fair, through Aug. 10 at Thomas Jefferson Community Center, 3501 Second St. South. Shop for arts and crafts, watch pigs race and enjoy rides and entertainment. Visit arlingtoncountyfair.us.

Go to the farmers markets and enjoy the lo-

Old Town Farmers Market. 7 a.m.-noon Saturdays, year round. Sells meat, dairy, fish, fruits and vegetables. Local farmers and artists have been selling products here since 1753. Market Square, 301 King St., Alexandria. Call 703-746-

Del Ray Farmers Market. 8 a.m.-noon Saturdays, year round. Located at the corner of East Oxford and Mount Vernon avenues, Alexandria. Contact pmiller1806@comcast.net for

Four Mile Run Farmers & Artisans Market. 9 a.m.-1 p.m Sundays from April 27-November. Four Mile Run Park at 4109 Mount Vernon Ave., Alexandria. Visit www.4mrmarket.org/ for

West End Farmers Market. 8:30 a.m.-1 p.m. Sundays from May-November. Ben Brenman Park, 4800 Brenman Park Drive, Alexandria. Visit www.westendfarmersmarket.org/ #FarmersMarket for more.

#### LETTERS TO THE EDITOR

Editorial

### Contempt For Citizens?

To the Editor:

What is wrong with this picture? The city manager presents an outrageous budget giving himself and his deputy city managers an enormous raise. Millions of dollars are being paid to the boat club so that they can leave their present location and move to another. How much did it cost the city to brick in all the sidewalks beginning with the 600 block of South Washington Street going south to the beginning of the parkway? Most of the other brick sidewalks need repair and are hazardous to people with wheelchairs, scooters, strollers and walkers in general. What is the cost of making bike lanes on King Street? And then there is the \$7 million that has probably been set aside to do away with the parking site at the King Street metro stations depriving the elderly and the handicapped using this lot to park their cars so they can then travel by metro to reach their destination? In addition to all these expenditures agreed upon by passing the budget there was also an increase in the real estate tax rate and an increase in real estate assessments.

Due to the wisdom of the mayor and City Council, rates have been raised at the Chinquapin Park Rec Center. As just one example,

senior fees for the 25-time pass to the center has been raised from \$61 to \$120. Seniors use this facility to enable them to live healthier lives through exercise and swimming. The mayor and the City Council continue to

show their contempt for their citizens who pay their salaries.

> Florence Foelak Alexandria

### Inferior Replacement

To the Editor:

Pursuant to the letter in the previous Gazette Packet about the new blue recycling bins:

Have you noticed that the blue recycling bins are much less sturdy than our old yellow ones? When the garbage men empty the recycling bins on our street, they throw them to the curb. My yellow bin has stood up to this rough handling with only one small cracked corner. My blue bin has a cracked corner that may soon open all the way to the bottom of the bin.

Not only did we get new bins we didn't need, but we received bins that were inferior to our yellow bins and which may soon need to be replaced themselves. This, while the original yellow bins are still going strong.

> **Carolyn P. Ostrom** Alexandria

## Encouraging Some Sacrifice

To the Editor:

In your July 31 issue you printed a letter in which the author applauded the Virginia legislature for turning down the \$3 billion offered by the federal government to provide Medicaid benefits to low income State citizens in

SEE LETTERS, PAGE 24

#### Alexandria Gazette Packet

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## OPINION

## Foster Care for Animals

BY BARBARA S. MOFFET

anielle Cook can't remember the last time she slept uninterrupted through the night. She has lots of mouths to feed - newborn kittens and puppies depending on her for survival.

Cook, 30, is one of a cadre of 50 foster caregivers that regularly assist the Animal Welfare League of Alexandria shelter with animals needing special care. "We have a

foster-on-deck program, volunteers ready AWLA to pick them up and take them home within

24 hours," says Dalia Salah, the League's foster coordinator. Besides newborns, typical animals in need of foster care are those recovering from surgery, long-term shel-

ter residents awaiting adoption, and pets who were victims of neglect and need safe housing as their legal cases run their course.

In the first six months of this year, the League fostered 267 animals, an 80 percent increase over the same period last year; the



Foster caregiver Danielle Cook with some of her foster animals who she nursed to health from their first hours of life. Cook specializes in newborns and is one of about 50 foster caregivers who help the Animal Welfare League of Alexandria with animals that have special needs.

> Center, Whole Dogz Inc. and Dogtopia of Alexandria — are assisting the League with foster services.

> Summer can mean an explosion of animals coming into the shelter. On a recent day the League took in a fresh litter of five

> > SEE FOSTER CARE, PAGE 23

## League provides all supplies and medical Yorkshire terrier puppies whose mother had care for the animals in foster care. Three local businesses — WOOFS! Dog Training **Purchasing Or Refinancing Your Home?** Save even more with our 5/5 Adjustable Rate Mortgage (ARM) Specials. Choose from: Up to \$1,500 closing cost discount OR .25% interest rate discount For rates and to apply online, visit cofcu.org/mortgage Not A Member? Not A Problem! Students, family members, faculty, and staff of Alexandria City Public Schools can join. It's easy and convenient to bank with CommonWealth One. Open an account online at cofcu.org or call (703) 82 4875 Eisenhower Avenue, Alexandria, VA 22304 CommonWealth One Federal Credit Union Your Lifetime Financial Partner rcentage Rate. Rates are subject to change at any time. Subject to approval. All credit union rates and terms are based upon the evaluation of applicant credit. Your actual 2014 on mortgage pourbases or references closed with CommonWath One and Member Advantage Metrgage. Existing joins do not qualify. Members cannot received 31, 2014 to qualify blobbs pecial offer Cannot be used with my other discount or promotion. Member Advantage Mortgage Lottle (Medicage Lottle) (Medicage Lottle).

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## HISTORY

The British and the Slaves – July 1814

BY TED PULLIAM

This is the fifth of a series of articles telling how Alexandrians were affected 200 years ago by the War of 1812. For earlier articles in this series, go to alexandriagazette.com.

n July 23, 1814, Alexandrians read in the Alexandria Gazette that British ships again were sailing up the Potomac River and further, that they had attacked the county seat of Calvert County, Md. The paper also reported news, disturbing to many Alexandrians, that when leaving the county seat, the British "carried off about 300 Slaves." Three days later, the Gazette reported the British also had seized the county seat of Westmoreland County on the Virginia side of the Potomac, and there "Negroes had been stolen."

This news disturbed Alexandrians because, like their neighbors further down the Potomac, many owned black slaves. In the 1810 census, 20 percent of the Alexandria population was enslaved. Although the Gazette articles suggested only that the British would take away enslaved black Virginians as they would take away any property, Alexandrians knew, too, that slaves were perfectly capable of running away to the British on their own. The Gazette also reported that the British navy had been ordered "to receive and protect" escaped slaves.

The idea of the British receiving and protecting

enslaved Virginians who had run away actually began during the American Revolution. In 1775, Lord Dunmore, the last royal governor of Virginia, fled from Williamsburg to a ship in the Chesapeake Bay. As part of his attempt to reassert royal authority, in November 1775 he declared free "all indentured Servants, Negroes, or others . . . that are able and willing to bear Arms" to help crush the Virginia rebellion.

Then 38 years later, in March 1813, a British secretary of state ordered the British in the Chesapeake: "If any Individual Negroes shall in the course of your operations have given you assistance, which may expose them to the vengeance of their Masters after you retreat, you are at liberty, on their earnest desire, to take them away with you ... but you must distinctly understand that you are in no case to take slaves away as Slaves, but as free persons."

As a result, as historian Alan Taylor wrote, "The number of escapes surged during the summer and fall [of 1813] as word spread that the British officers welcomed runaways." Taylor estimated that by the end of 1813 at least 600 slaves had escaped to the British.

The first escapees to reach British ships sailing the Bay were usually young men. Sometimes they would return to land to bring back friends, mothers, fathers, sisters, brothers, cousins, uncles, and aunts, including relatives who had been sold to different owners



SEE SLAVES, PAGE 23 Royal Colonial Marines 1814.



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HOME SALES

In June 2014, 268 Alexandria homes sold between \$2,200,000-\$116,000.

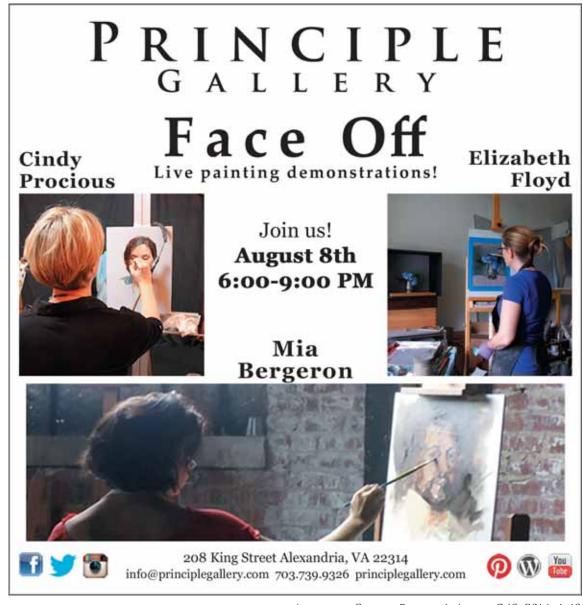
This week's list represents those homes sold in the \$235,900-\$338,600 range. For the complete list, visit www.ConnectionNewspapers.com

Address							
1317 ABINGDON DR E #3							
289 PICKETT ST S #101							
1200 BRADDOCK PL #805							
4420 VERMONT AVE							
613 ARMISTEAD ST							
1303 ABINGDON DR #1							
39 HUDSON ST							
1111 PITT ST #2B							
1621 RIPON PL							
3559 MARTHA CUSTIS DR							
6101 EDSALL RD #1808							
203 YOAKUM PKWY #525	3 .	2 1	. ALEXANDRIA	\$319,537	. Hi-Rise 9+ Floors .	 22304	WATERGATE AT LANDMARK
504 BASHFORD LN #3131	2 .	1 0	. ALEXANDRIA	\$317,000	. Garden 1-4 Floors	 22314	RIVERTON
3508 GUNSTON RD							
4407 VERMONT AVE							
1235 VAN DORN ST							
4550 STRUTFIELD LN #2124							
3313 WYNDHAM CIR #4203							
5300 HOLMES RUN PKWY #816							
3763 MARK DR							
3311 WYNDHAM CIR #3202							
3304 WYNDHAM CIR #334							
307 YOAKUM PKWY #312							
734 FAYETTE ST S #22							
1729 PRESTON RD							
801 PITT ST S #430							
3557 MARTHA CUSTIS DR #905							
100 REED AVE E							
207 SKYHILL RD #5							
1543 MOUNT EAGLE PL #1543							
1225 MARTHA CUSTIS DR #218							
5500 HOLMES RUN PKWY #1215.							
410 BASHFORD LN #104							
244 REYNOLDS ST #108							
1421 MARTHA CUSTIS DR #402							
307 YOAKUM PKWY #926							
1100 QUAKER HILL DR #312							
1100 QUAKER HILL DR #318							
309 YOAKUM PKWY #1006							
5130 MARIS AVE #301							
801 PITT ST N #1001							
1726 ABINGDON DR W #202							
6101 EDSALL RD #406							
1375 VAN DORN ST #1375							
1377 VAN DORN ST #1377							
3101 HAMPTON DR N #1513							
3307 WYNDHAM CIR #4159							
5500 HOLMES RUN PKWY #1404.	0	2 0	ALEVANDDIA	¢225 000	II. D O . El	22204	DI ACE ONE

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## **OPINION**

## Two Views on Mentoring at Community Lodgings

n 2011, Community Lodgings decided to set up two mentor groups for the teens participating in the After-School program. Christine and Roxana are one of our pairs that have been with the organization for several years. Roxana is an 11<sup>th</sup> grader from T.C. Williams High School and has been in the after-school program since she was in middle school. Christine is a German-American professional that has been volunteering with the organization since 2012, first as a homework tutor and eventually joining our mentor group.

#### From the Mentee: Roxana

I remember when the mentoring program first started. I really enjoyed going every Monday night to hang out with the mentors and the girls, but when Ms. Christine came into the mentoring group I felt as if we connected. She had such a great sense of humor and an awesome personality.

When Ms. Christine first offered to teach me how to drive, I was excited, and felt very fortunate to have someone like Ms. Christine to take time out of her day to teach me how to drive. The first day I could tell she was a bit nervous, as was I, but I didn't want us both being nervous so I was very careful driving and parking her car. After a while I felt very comfortable driving her car and enjoyed every minute of it.

I always felt very encouraged by Ms. Christine because she would never yell or get worked up when I would do something wrong. For example, one time I was turning into a corner and drove over the corner onto the sidewalk. She remained optimistic about everything. She would even let me decide where to park and I would take forever deciding which parking space was best, but she never rushed me. I am truly thankful for everything Ms. Christine has done for me. She is a wonderful mentor and

I have enjoyed the time I have spent with her in the mentoring program.





**Christine and Roxana** 

#### From the mentor: Christine

I started with Community Lodgings in 2012 as a tutor and then as a mentor in the Girls Mentoring Program. We usually meet once a week as a group, but last summer we decided to try a one-on-one format while the girls are out of school. Roxana had just gotten her learner's permit, so I thought we could drive together and help her gain more experience. I must admit that I was nervous the first time I picked her up and moved from the driver's seat to all of a sudden become Roxana's passenger!

The mentor program is as much about trust as it is about learning, but we had

never put that to the test. Roxana quickly put me at ease by being careful and attentive, and after few trips and numerous rounds in large parking lots we ventured out into the real world of beltway driving! One night she drove us south on Route 1, and on the return we decided to brave the complicated ramps that will get you heading west on the beltway. I was giving Roxana directions and asked her if she was ready ... when she very calmly responded "the real question, Miss Christine, is ...

are YOU ready?" and then turned onto the interstate like a pro! I was so proud of her and know that there's nothing this young lady can't accomplish.

Community Lodgings is a member of the Alexandria Mentoring Partnership. The Alexandria Mentoring Partnership was created in 2006 to ensure that quality mentors and mentor programs are available for Alexandria's youth and young adults in need. There are 11 professionally managed programs in the partnership that need adult mentors. To learn more about AMP, visit: http://www.alexandriava.gov/Mentoring.



## News



U.S. Park Police Mark Schuette and Patrick Kaiser arrive on their horses Doc and Winchester to visit with the neighbors at the Charles Houston Recreation Center.



Parker Gray resident Elizabeth Barley works on a chalk drawing in the parking lot.

## Alexandria Celebrates National Night Out



Vaughan Ambrose performs with Nicholas Mack, Kevin Steed and David Mash at the National Night Out activities on Tuesday, Aug. 5, by the Memorial Pool at the Charles Houston Recreation Center.



Alexandria Fire & Emergency Medical Services Explorers from Post 1774 Michael Inglish, Edwin Allen and Paul Fulcher compete to see who can put on the full fireman's gear correctly first at the annual National Night Out activities at the Charles Houston Recreation Center.



children at the recreation center on Tuesday evening.

Рнотоѕ ву Louise Krafft Gazette Packet



**Michael Inglish gets** caught up with the firefighter's suit suspenders in a competition against his fellow Explorers at National Night Out.



Edwin Allen moves carefully as he puts on the firefighter's jacket in the uniform completion.



Paul Fulcher laughs as he gets closer to finishing the firefighter's attire.



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#### 3448 Sun up Way \$749,500 New Home Features-Bargain Price!

Amazing opportunity to purchase upgraded NV home built in 2012 for fraction of what you would expect to pay. Most homes by this builder in close-in Mt. Vernon locations sell for over \$1,000,000! Popular Victoria Falls model loaded with custom features: open floor plan, high ceilings, chef's kit, luxurious master suite. All the modern bells & whistles! Prime location in the heart of Mt. Vernon on quiet cul-des-sac. Nothing like it at close to this price! OPEN SUN 8/10, 1-4! GW Pky S, at Estate, sharp right on 235N; continue to R-Sun up Way.



#### 9014 Buckner Rd \$529,000

Million Dollar Taste- \$500,000 Budget!

Stunning opportunity- nothing like it in price range! This fabulous property has everything-brand new kitchen with custom cabinets, granite, stainless appliances & gas cooktop. 3 new baths, new windows & doors, stained hdwd firs, finished lower level, 2 fireplaces, & covered parking. Gorgeous setting fronting quiet street overlooking Mt Vernon Country Club. Owner/Agent OPEN SUN 8/10, 1-4! GW Pky S, past Estate; R at 3rd light on Old Mill; R-Buckner.



#### 4416 Tarpon Ln \$569,000

Contemporary Rambler-Waterfront Community!

Walk to Yacht Club from this fabulous home. Glass window walls make for exceptionally bright, airy atmosphere and capture natural beauty of grounds. Spacious home with numerous special features including: bright, open floor plan, large glass walled great room with fireplace, bedrooms on main level, hdwd flrs, updated baths, finished walk-out lower level with fireplace and large windows. Gorgeous setting on half acre lot near River! OPEN SUN 8/10, 1-4! GW Pky S, past Estate; L-Forest Haven Rd; L-Tarpon.





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\*\*\*Classes begin on Saturday, September 13th and end on Saturday, October 11th. They will be held on Tuesday and Thursday evenings from 6:00pm - 9:30pm and on Saturdays, 9:00am - 5:00pm during the day.



Sheryl Lambson 703.217.7012 ALEXANDRIA / Townes at Cameron Parke \$ 499,000

Move-in Ready 4-level end unit TH, 3 BR, 25 BA, 1-car garage, 3 bump-outs, professionally painted, updated systems and appliances private deck off kitchen, private patio off sliding glass doors off LL. fireplace. Close to 2 metros, major highways.



Bill Porter 703.409.0555 ALEXANDRIA / Nethergate \$ 529,000

Nethergate, a spacious 2BR/2.5BA, 3-level townhousel. French doors lead to enclosed brick patio, low HOA fee (\$158/month, pay quarterly) and walkable / bikeable location near bike paths, parks, sailing, and



Norma Gants 703.408.2560 1016 Prince St #3 \$ 320,000 OPEN SUNDAY 1 - 4

You'll find beautiful architectural features in this classic 1BR condo-10.5 ft high ceilings - 2 fireplaces - Original pine flooring - Extra large windows - Deep moldings - Darling kitchen with eat-in space - Extra storage - Shared Patio - 1 block to King St; easy walk to Metro



Mary Bourke 703.906.5825 FALLS CHURCH \$ 974,000

Traditional Colonial featuring 4BR plus bonus room, 3.5BA and 2-car garage. 9'ft ceilings on first floor and cathedral ceiling in toyer. Main evel bedroom. Handicapped accessible bath. Large eat-in kitchen



Cindy Nelson 703.965.7562 ALEXANDRIA \$339,900 OPEN SUNDAY 1 - 4

5300 HOLMES RUN PKWY #315 Largest unit (corner) in building. Rarely available 2 garage spaces. Updated kitchen with SSA Silestone, double oven/convection, wine chiller, full-size W/D. Large balcony. Bus stop at front door - Shuttle to Pentagon Metro M - F



Dave Okonsky & Erika Yssel 804.873.0992 ALEXANDRIA / Rosemont \$ 363,000

Amazing location! King St Metro just 4 blocks away. Sunny upper level 29R corner condo in quaint 6 unit building. Walk to Mt. Vernon Avenue shops, parks or Old Town. Hardwoods thru-out, insulated windows let in tons of light. Storage + reserved parking.



Debra Bell 703.350.9750 ALEXANDRIA \$750,000 OPEN SUNDAY 1 - 4

303 ASPEN PL Great Location. Great Price. Well-maintained 5BR/3BA home with fenced backyard, attached garage. Hardwoods on 2 levels. Living room has built-ins and fireplace. LL family room with fireplace and bedroom could convert to au-pair or in-law suite.



Christine Vanderhyde 703.309.2829 **ALEXANDRIA \$ 1,195,000** 

This Belle Haven home is a must see. Comprehensive, high-end. renovations provide for spacious BR, comfortable living space and ample room for entertaining or just relaxing with the family. Elegant



Ruth Guirard 703.609.3343 ALEXANDRIA / Mt Vernon \$ 650,000

Just Listed Charming 3-level custom home built in 1965 by Mt. Vernon's premier builder. This gem boasts rare main BR/BA. UL has 3BR/2BA Family room off eat-in kitchen has French doors to patio. I.I. rec room. Hardwoods. Well priced for needed updates



Louise Devers 703.795.9944 ALEXANDRIA \$ 337,500

JUST LISTED! Contemporary style TH in easy commuting location Backs to Huntley Meadows Parkland. 3BR/2.5 BA. Wood-burning fireplace. Freshly painted. 2 assigned parking. Close to Lee District Park, bus stop at corner non-thru street.



#### Brian Hong & Jery Beamer 703.929.5764 ALEXANDRIA \$ 325,000 OPEN SUNDAY 1 - 4

1014 PRINCE ST #5 New Price for this great 1BR/1BA pied-a-terre convenient to all Old Town offers plus Metro. Hardwoods. Crown molding W/D Wood-burning fireplace. Bedroom has walk-in closel alcove for office and built-in shelves, www.brianandjery.com



Debra Bell 703.350.9750 ALEXANDRIA / Del Ray \$779,000 OPEN SUNDAY 1 - 4

20 E WINDSOR AVE Historic 1897 Victorian charmer lovingly restored with 3 porches, 45 bedrooms, 2.5 baths, and 2 fireplaces The kitchen and dining room open to a sun-filled family room. Large enced double lot with gorgeous gardens. Close to Braddock Metro.











Long & Foster / Old Town Historic District Office • 703.683.0400 400 King Street, Alexandria, Virginia 22314 • Fax 703.683.1303











## Entertainment

Email announcements to gazette@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### **ONGOING**

Historical Exhibit. Through August at the Alexandria Black History Museum, 902 Wythe St. "Sit Down and Take a Stand" commemorates the 1939 library sit-in of five African American men and its mastermind, Samuel Tucker. One of the earliest occasions of individuals using the sit-in as an act of civil disobedience in the modern civil rights movement. Tuesdays-Saturdays, 10 a.m.-4 p.m. Call 703-746-4356.

Archeology in Action Tour. Fridays in August. 11-11:45 a.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Take an inside look at the history of the Mount Vernon archaeology program and the current discovery efforts in progress. \$40 for four admission tickets, \$17 for adults, \$8 for children six to 11, \$16 for seniors. Visit www.mountvernon.org/ for more.

Ice Cream Making. Saturdays in August. 10:30 a.m.-12:30 p.m. at 3200 Mt. Vernon highway, Mount Vernon. Cool down with 18th century ice cream making demonstrations. Admission: Adults, \$18; Children, \$9; Under 5, free. Visit

www.mountvernon.org/ for more. **Art Exhibition.** Through Sunday, Aug. 31 at Torpedo Factory Art Center, 105 North Union St. Artist Steven Walls will show "Transient States," a solo exhibition, at the Torpedo Factory Art Center. On Thursday, Aug. 14 there will be a reception from 6-8 p.m. and an artist talk at 7 p.m. Call 703-838-4565 or visit www.torpedofactory.org/partners/target-gallery/ for more.

Blue Star Museums. More than 2,000 museums across America offer free admission to military personnel and their families this summer through Sept. 1. A complete list of museums is available at http://arts.gov/national/blue-star-museums. The museums in Alexandria participating in the program are Gadsby's Tavern Museum, the Lee-Fendall House Museum and Garden and Stabler-Leadbeater Apothecary Museum.

Doggy Happy Hours. 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Thursdays during the summer. Free, drinks sold separately. Treats and water for dogs, with pet boutique and service vendors. Portions of proceeds benefit People. Animals. Love. Visit www.Monaco-Alexandria.com/alexandria-hotel/doggy-happy-hour.html.

New Exhibit. Mount Vernon invites visitors to explore George Washington's design for the grounds of his estate, through a new exhibition, "Gardens & Groves: George Washington's Landscape" at Mount Vernon through Jan. 12, 2016. Gardens & Groves is the first museum exhibition to focus specifically on Washington's landmark achievements as a landscape designer combining rarely seen original documents, artwork, and books with period garden tools, landscape photography, and a scale model of the Mount Vernon estate. Included in admission \$18/adult; \$17/senior citizen; \$9/child age 6-11; children under 5 are free. Visit www.mountvernon.org for more.

Alexandria Cars & Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

Songwriter's Showcase. Every
Tuesday at 8 p.m. at The Old Town
Theater, 815 1/2 King St. Features a
different Songwriter's Association of
Washington artist each week. Visit
www.theoldtowntheater.com for
tickets.

George Washington's Mount
Vernon has joined Thomas
Jefferson's Monticello and James
Madison's Montpelier to expand the
"Presidents Passport," Virginia's
premier presidential trail. As an
added bonus to this year's program,
visitors to the Alexandria Visitors
Center at 221 King St. showing or
purchasing a ticket to any of the
three presidential estates will, upon
request, receive for free Alexandria's
"Key to the City" pass, which grants
access into nine historic sites and
museums in Alexandria - a \$26
added value. Visit
www.PresPassport.Monticello.org for
more.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m. to 5 p.m., Sundays noon to 5 p.m. Fort Ward Museum 4301 West Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-

Art Exhibit. Tuesday-Sunday, noon-5 p.m.; Saturday, 11 a.m.-5 p.m. at Old Town Gallery, 109 N. Fairfax St. Art by Paul McGehee. Visit www.paulmcgeheeart.com for more.

#### **CAMPS, CLASSES & WORKSHOPS**

Photography Workshop. 10:30 a.m.noon at Multiple Exposures Gallery
on 105 N. Union St. Photographers
and enthusiasts of all skill levels are
invited to share work, ideas, and
questions at this free workshop held
on the last Sunday of each month,
except December. No reservations.
Call 703-683-2205.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Just drop-in for the session and bring your supplies to draw or paint our live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

Summer Aquatics Classes. For youth and adults, including swimming lessons, aqua aerobics, Lifeguard Training, Swim Team Fundamentals and 2013 Gold Division Champions Wahoos Youth Swim Team. Register online at www.alexandriava.gov/Recreation or in person at the Registration and Reservations Office, 1108 Jefferson St. Contact Claudia Spencer at 703-74605414 or claudia.spencer@alexandriava.gov.

Stop Motion Animation and

Cartooning. Aug. 18-21. 10 a.m.-noon and 1-3 p.m. for ages 8-12. Art at the Center, 2804 Sherwood Hall Lane. \$140 for cartooning and \$150 for stop-motion animation taught by Christine Stoddard. Visit www.artatthecenter.org/classessummer14.htm for more.

Theater Camp. Mount Vernon
Community Children's Theatre will
hold sessions through Aug. 22. There
are two-week sessions with morning,
afternoon or all day sessions, and
one-week sessions that go all day.
Visit www.mvcct.org to register.

Cool Yoga. Wednesdays, through Aug. 27, 6:30-7:30 p.m. at 1900 Mt. Vernon Ave., Del Ray. Outdoor yoga classes. Free. Call Maureen Clyne at 703-967-8884 or visit www.prasadayoga.com for more.

Metropolitan School of the Arts



Prospera plays a dramatic cello solo to summon a ferocious storm. Thunder and lightning erupt and a pair of artists – the God and Goddess of the Wind – perform an intense midair ballet.

### Campagna Center Benefits from Amaluna

The Campagna Center will receive 100 percent of the price of tickets donated for Cirque du Soleil's Amaluna, Friday Aug. 8, 8 p.m. at National Harbor. Cirque du Soleil donates tickets to organizations providing assistance to at-risk youth, with the profits supporting their work with young people. Purchase tickets at campagnacenter.org/amaluna or contact Thasia Williams at 703-224-2357 or twilliams@campagnacenter.org.

Amaluna tells the story of a mysterious island governed by goddesses and guided by the cycles of the moon.

Their queen, Prospera, directs her daughter Miranda's coming-of-age ceremony in a rite that honours femininity, renewal, rebirth and balance which marks the passing of these insights and values from one generation to the next.

In the wake of a storm caused by Prospera, a group of young men lands on the island, triggering an epic, emotional story of love between Prospera's daughter and Romeo, a brave young suitor.



Miranda calls in the Valkyries to help her liberate Romeo.



Romeo witnesses the dance of the Peacock Goddess.



Photos by Laurence Labat/ Cirque du Soleil

A classic circus arts number involving strength, precision timing and sheer acrobatic skill.

## Entertainment

Classes, 5775 Barclay Drive, Suite 4. The Metropolitan School of the Arts will begin classes on Monday, Sept. 8. The studios offer beginner and advanced instruction in a variety of different dance forms, including tap, jazz, ballet, Pointe, Irish dance, contemporary, acting, combination classes, hip-hop or theatre as well as piano and guitar lessons. Registration is available online at www.metropolitanarts.org.

#### TUESDAY-SATURDAY/AUG. 5-31 THURSDAY/AUG.7-SUNDAY/SEPT.21

Multiple Exposures Gallery. 11

a.m.-5 p.m., Thursdays 2-8 p.m. at Torpedo Factory Art Center, 105 N. Union St. Fine art photography exhibition, Free, Visit www.multipleexposuresgallery.com

#### TUESDAY/AUG. 5-MONDAY/SEPT. 8

Art Exhibit. Opening reception, Aug. 14, 6:30-8 p.m.; Monday-Saturday, 10 a.m.-6 p.m.; Sunday, noon-6 p.m. at the Torpedo Factory, 105 N. Union St. An art exhibit titled, "Scapes and Structures." Free. Visit www.theartleague.org for more.

#### THURSDAY/AUG. 7

Purple Heart Ceremony. 1 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Ave. Join Chapter 353 of the Military Order of the Purple Heart to commemorate the anniversary of the oldest military decoration in the world. \$8 for children, \$16 for seniors, \$17 for adults. Visit www.mountvernon.org for more.

Live Music. 6-9 p.m. Mount Vernon Inn restaurant, 3200 Mount Vernon Memorial Highway. The Kevin Kline Band performs covers of many familiar Billy Joel, Elton John and Bruce Hornsby tunes. Free. Visit www.mountvernon.org/Inn for more.

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. An evening with Jay Hayden and V. www.jworldrecords.com, http:// vrichmusic.com, or www.birchmere.com or call 703-549-

Art Exhibit. At The Athenaeum, 201 Prince Street. "Influence and Inspiration: The Art League Faculty Celebrates 60 Years." Exhibit showcases Washington Color School Artists to present League faculty. Reception Sunday, Sept. 7 from 4-6 p.m. Exhibit open Thursdays and Fridays noon-4 p.m., Saturdays 1-4 p.m., Sundays noon-4 p.m., and closed Mondays-Wednesdays. Visit www.theartleague.org/content/ influence\_inspiration or call 703-683-1780 for more.

#### AUG. 5 THROUGH SEPT. 7

"Fire." Through Sept. 7. 10 a.m.-5 p.m. at Studio 18 of the Torpedo Factory Art Center at 105 North Union St. The artists' imagination is "fired" by heat, flames, burning, passion, fiery tempers, anger, explosive situations, camp fires, BBQs, and fireflies to name just a few possible interpretations. Free. Call 703-838-4565 or visit www.torpedofactory.org.

#### FRIDAY/AUG. 8

**Drawing and Painting Clinic.** 9:30 a.m.-3:30 p.m. at Green Spring

#### Pool Season

Alexandria's outdoor pools are open for the 2014 season. All outdoor pools are open holidays 10 a.m.-6 p.m., including Labor Day. Visit www.alexandriava.gov/Aquatics.

Old Town Pool, 1609 Cameron St. This complex includes an 8 lane, 25yard pool with a diving well. A separate training pool is available for children up to 42 inches in height. Easily accessible for disabled, the training pool has a water depth range of 1-3 feet. For added convenience, a bathhouse and locker rooms are on-site. Open weekends noon-7 p.m. through Aug. 31; open weekdays noon-7 p.m. through Aug. 29. **Warwick Pool, 3301 Landover St.** The site includes a 25-yard pool with

diving well and a separate wading pool for children up to 42 inches in height. A bathhouse is available. Picnic areas are located inside the pool complex as well as next-door, where a modern playground featuring a tot playground is also available. The complex provides natural privacy as it is surrounded by beautiful trees and shrubberies. Open weekends 11 a.m.-6 p.m. through Aug. 31; open weekdays noon-7 p.m. through Aug. 15

**Memorial Pool, 901 Wythe St.** Designed for parents to accompany their children, this pool features a water depth of 0-5 feet. Due to its size, access is limited to Alexandria residents ages 13 and younger and their parents and its maximum capacity is 45. Open weekends 11 a.m.-6 p.m. through Aug. 31; open weekdays noon-7 p.m. through Aug. 29.

Gardens, 4603 Green Spring Road. Adults with an artistic eye will learn different techniques for using colored pencils and acrylic paint. \$74 per person. Call 703-642-5173 for more. Visit www.fairfaxcounty.gov/parks/ greenspring to register.

Lecture and Book Signing. 1 p.m. at the Alexandria Black History Museum, 902 Wythe St. A lecture by Wil Haygood, author of "The Butler: A Witness to History." Seating is limited. Call 703-746-4356 to reserve

**Live Music.** 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Buster Poindexter (aka David Johansen). \$29.50. Visit www.facebook.com/ officialBusterPoindexter/ or www.Birchmere.com for more.

Cirque du Soleil. 8 p.m. at National Harbor. Cirque du Soleil performs

"Amaluna." One hundred percent of proceeds from ticket sales go to support The Campagna Center. \$120. Visit www.campagnacenter.org/ amaluna for more.

#### SATURDAY/AUG. 9

Art Workshop. 9:30 a.m.-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Draw butterflies from colorful photographs and explore the techniques used to take colored pencils a step beyond their traditional use. \$74. Visit www.fairfaxcounty.gov/parks/ greenspring or call 703-642-5173 to register and for more

**Pole Dancing Competition**. Compulsory round, 10 a.m. Performance round, 2 p.m. at Pretty Lady Pole Fit Studio, 7702 East

Richmond Highway. Women and

men ages 16 and up compete for a spot in the 2015 PDA championship in New Orleans. Visit

www.prettyladypolefit.com for more. Alexandria Art Market. 10 a.m.-4 p.m. in Colasanto Park, 2704 Mount Vernon Ave. Local artists will perform. Browse artwork by local artists and more. Visit www.TheDelRayArtisans.org/ ArtMarket for more.

**Hometown History Bus Tour.** 10 a.m.-2 p.m. Franconia Museum, 6121 Franconia Road, Franconia. The Franconia Museum will be holding a bus tour traveling from the museum and ending with refreshments at Nalls Produce. \$25. Call Carl Sell at 703-971-4716 or Don Hakenson at 703-971-4294 for more.

Jane Austen Ball. 8-11 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. This 1790s era ball will include English country dancing, live music, a period-inspired dessert collation and "iced refreshments." Period attire is optional, "after-five" attire is encouraged. Tickets are \$45 per person and reservations are required. Visit http:// apps.alexandriava.gov/Calendar/ Detail.aspx?si=3455 for more.

#### SATURDAY-SUNDAY/AUG. 9-10

Summer Sidewalk Sale. Hours vary by retailer at Old Town and Del Ray. Moved inside in case of inclement weather. Free. Visit www.VisitAlexVA.com/SidewalkSale

#### SUNDAY/AUG. 10

Family Day. 1-4 p.m. at Gadsby's Tavern, 138 N. Royal St. Explore the magic of history with a tour of the tavern. Adults: \$5; Children: \$3. Visit







#### Come see the show that raises silliness to an art form!

Witty songs, loopy characters and Broadway theatre parodies promise an evening of merriment and good cheer!

August 2-23, 2014



Little Theatre of Alexandria 600 Wolfe Street • 703-683-0496 www.thelittletheatre.com





## ENTERTAINMENT

www.gadsbvstavern.org for more. Civil Rights Sunday. 2-4:30 p.m. at the Alexandria Black History Museum, 902 Wythe St. An

educational event that will feature four different aspects of civil rights. Free. Call 703-746-4356 to register. Lyceum Summer Chamber Series.

3 p.m. at The Lyceum, 201 S. Washington St. Cellist Philip Wolf and pianist Stephen Bertino perform Grieg and other short pieces. Free, donations accepted at the door. Visit www.wmpamusic.org or call 703-799-8229 for more.

#### TUESDAY/AUG. 12

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Dick Dale. \$29.50. Visit www.dickdale.com or www.birchmere.com or call 703-549-

#### WEDNESDAY/AUG. 13

**Live Music.** 7:30 at the Birchmere, 3701 Mount Vernon Ave. Victor Wooten Band performs. \$35. Visit www.victorwooten.com or www.Birchmere.com for more

#### THURSDAY/AUG. 14

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. The Zombies. \$45. Visit www.thezombies.net.or www.Birchmere.com for more.

#### FRIDAY-SUNDAY/AUG. 15-24

#### Summer Restaurant Week. In

neighborhoods throughout Alexandria, including Old Town, Del Ray, Carlyle and West End. \$35 for a three-course dinner or \$35 for dinner for two. Menu options vary by location. Visit www.AlexandriaRestaurantWeek.com

or call 703-746-3301 for more.

#### SATURDAY/AUG. 16

**Angaleena Presley.** 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. \$35. Visit www. birchmere.com for

#### SUNDAY/AUG. 17

Lyceum Summer Chamber Series.

3 p.m. at The Lyceum, 201 S. Washington St. Clarinetist Kristen Sheridan performs with piano accompaniment. Free, donations accepted at the door. Visit www.wmpamusic.org or call 703-799-8229 for more.

#### MONDAY/AUG. 18

Call for Participants. 6:30 p.m. at Charles Beatley Central Library, 5005 Duke St. A practice and performance project with dogs and owners. Rehearsals Mondays, Aug. 18, 25 and Sept. 8; performance is Wednesday, Sept. 10. Free. Email janefranklindance@gmail.com for

#### TUESDAY-THURSDAY/AUG. 19-21

Sculpture Madness. 10-11:30 a.m. at Art at the Center, 2804 Sherwood Hall Lane. Choose to work with connecting pipes, wire and sculpey or build a base to cover in paper mache. \$90. Visit www.artatthecenter.org/ classessummer14.htm#smad2 for

#### SATURDAY/AUG. 23

Live Music. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Performance by Mary Bridget Davies. \$25. Visit www.birchmere.com or call 703-549-7500.

Live music. 7 p.m. at St. Aidan's

#### ·Food & Drink

Mount Vernon Farmers Market. 8 a.m.-noon, Wednesdays, May 7-Dec. 17. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit www.fairfaxcounty.gov/parks/farmersmarkets/ mtvernonmkt.htm for more.

Kingstowne Farmers Market. 4-7 p.m., Fridays, May 2-Oct. 31. Giant parking lot, 5955 Kingstowne Towne Center. Products include fresh organic honey, pies and rolls. Visit www.fairfaxcounty.gov/parks/ farmersmarkets/kingstownemkt.htm for more.

**Old Town Farmers Market.** 7 a.m.-noon, Saturdays year round. Local farmers and artists have been selling products there since 1753. Located at Market Square, 301 King St. Call 703-746-3200 or email old town farmers market @alexandria va.gov.

**Del Ray Farmers Market.** 8 a.m.-noon, Saturdays year round. Features fresh vegetables and fruits in season, meats, eggs, fresh pasta and sauces, Amish cheese, yogurt, bakery goods and more. Located at the corner of East Oxford and Mount Vernon avenues. Contact

pmiller1806@comcast.net for more.

Four Mile Run Farmers & Artisans Market. 9 a.m.-1 p.m, Sundays through November. Brings fresh nutritious foods to people of all income levels. Located at the entrance to Four Mile Run Park at 4109 Mount Vernon Ave. Visit www.4mrmarket.org/ for more.

West End Farmers Market. 8:30 a.m.-1 p.m. Sundays from May-November. Fresh, locally grown, in-season vegetables as well as sweet juicy berries, apples, pears, and seasonal peaches. Vendors also sell freshsqueezed orange juice, fresh-baked pastries, gourmet cheeses and more. Located at Ben Brenman Park, 4800 Brenman Park Drive. Visit www.westendfarmersmarket.org/#FarmersMarket for more.

Episcopal Church, 8531 Riverside Road. Focus Music in Mount Vernon presents folk singer/songwriters Al Petteway and Amy White. Tickets \$15-\$18. Discounts available for Focus members. Visit www.focusmusic.org, or contact Herb Cooper-Levy at 703-380-3151 or herb@focusmusic.org.

#### SUNDAY/AUG. 24

Lyceum Summer Chamber Series.

3 p.m. at The Lyceum, 201 S. Washington St. Bassonist Aaron Goler and pianist Stephen Bertino perform. Free, donations accepted at the door. Visit www.wmpamusic.org or call 703-799-8229 for more.

#### MONDAY/AUG. 25-FRIDAY/NOV. 21

Young at Art. Opening Reception, Aug. 27. 5:30-7:30 p.m. at Durant Arts Center, 1605 Cameron St. An exhibit for artists who are 55 or older. Free. Call 703-836-4414 or 703-824-1345 for more.

#### THURSDAY/AUG. 28

Live Music. 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Chris Hillman & Herb Pedersen and Carlene Carter perform. \$29.50. Visit www.chrishillman.com, http:// herbpedersen.com, www.carlenecarter.net or www.Birchmere.com for more.

#### WEDNESDAY/AUG. 27

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Larry Graham and Graham Central Station. \$69.50. Visit www.larrygraham.com or www.Birchmere.com for more.

#### FRIDAY/AUG. 29

Live Music. 7:30 p.m. at Grist Mill PArk, 4710 Mt. Vernon Memorial Highway. Performance by Seldom Scene using a wide range of different instruments. Free. Visit www.fairfaxcounty.gov/parks/ performances/ for more.

#### SATURDAY/AUG. 30

Wreath Laying at the Grave of Robert Allison, Jr. 10 a.m. at Old Presbyterian Meeting House Cemetery & Columbarium, 600 Hamilton Lane. As part of the official British Challenge, help honor the Veterans of the War of 1812 by marking the graves of those who fought throughout the cemetery. Visit www.visitalexandriava.com/1812 for

Cricket Match. Noon-6 p.m. at Jefferson Cricket Field, Potomac Park, Washington, D.C. Team Alexandria will be taking on Team Britain as part of the British Challenge and memorial of the War www.visitalexandriava.com/1812 for more.

U.S. Navy Band Concert. 3-4 p.m. at Market Square, 300 King St. The US Navy Band will be holding a concert as part of the British Challenge and memorial of the War of 1812. Visit www.visitalexandriava.com/1812 for

Honors Ceremony. 4:30-5 p.m. at Alexandria National Cemetery, 1450 Wilkes St. There will be an honors ceremony as part of the official British Challenge featuring the Continental Color Guard with Fife and Drum. Seating opens at 4:15 p.m. Visit www.visitalexandriava.com/1812 for

Bill Kirchen. 7:30 p.m. The Birchmere, 3701 Mount Vernon Ave. \$29.50. Visit www.birchmere.com for more.

#### SUNDAY/AUG. 31

**Yacht Race.** 11 a.m. at Old Dominion Boat Club, 1 King St. As part of the official British Challenge Team Alexandria (Old Dominion Boat Club) will take on Team Britain (British Defence Staff, UK Embassy) in a Yacht Race. Visit www.visitalexandriava.com/1812 for

**Signature Event.** Noon-5 p.m. at Waterfront Park, 1A Prince St. Waterfront Park will be transformed into a festival to commemorate the events of the War of 1812. Meet townspeople of 1814, enjoy boat tours of the river, listen to the U.S. Navy Sea Chanters, Old Guard Fife and Drum Corps and learn more about the War of 1812 through a variety of hands-on activities and information booths. Visit www.visitalexandriava.com/1812 for

#### Lyceum Summer Chamber Series. 3 p.m. at The Lyceum, 201 S. Washington St. Pianist Thomas

Pandolfi performs music by Chopin and Gershwin. Free, donations accepted at the door. Visit www.wmpamusic.org or call 703-799-8229 for more.

Tug of War. 3:30 p.m. at Waterfront Park, 1A Prince St. Watch as Team Alexandria (City of Alexandria Fire Fighters) takes on Team Britain (British Defence Staff, UK Embassy)

### Entertainment

in a tug of war. Visit www.visitalexandriava.com/1812 for more

Presentation and Recognition of British Challenge Winners. 4:15 p.m. at Waterfront Park, 1A Prince St. There will be presentations and recognition of the Cricket, Yacht Race and Tug of War winners from the British Challenge. Visit

www.visitalexandriava.com/1812 for more.

#### TUESDAY/SEPT. 2-SUNDAY/OCT. 12

Photography Exhibit. Opening
Reception on Sunday, Sept. 7, 2-4
p.m. Gallery Hours 11 a.m.-5 p.m.
daily and 2-9 p.m. on Thursdays at
Multiple Exposures Gallery, Torpedo
Factory Art Center #312, 105 N.
Union St. E.E. McCollum will be
showing images from his "Shadow
Series" and Danny Conant will be
showing "French Impressions." Visit
www.dannyconant.com or
www.eemccollum.com for more.

#### THURSDAY/SEPT. 4

Live Music. 6-9 p.m. Mount Vernon Inn restaurant, 3200 Mount Vernon Memorial Highway. The Kevin Kline Band performs covers of many familiar Billy Joel, Elton John and Bruce Hornsby tunes. Free. Visit www.mountvernon.org/Inn for more.

#### FRIDAY/SEPT. 5

Electronic Athletics. 10 a.m.-5 p.m.
Opening reception is Sept. 6, 4-6
p.m. Schlesinger Center, Margaret W.
& Joseph L. Fisher Gallery, 4915 East
Campus Lane. Exhibit of artwork by
Eric Celarier and Glen Kessler. Free.
Visit https://www.nvcc.edu/
schlesingercenter/calendar.html for

more

**Live Music.** 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Euge Groove performs live. \$39.50. Visit www.birchmere.com or www.eugegroove.com.

#### SATURDAY/SEPT. 6

Sculpture Workshop. 9 a.m.-1 p.m. Del Ray Artisans, 2704 Mount Ave. Artist Laura Hummel teaches a mixed-media sculpture workshop about how to repurpose new or vintage metals and more. \$55-\$65. Visit www.thedelrayartisans.org/birdworkshop for more.

#### SUNDAY/SEPT. 7

#### Lyceum Summer Chamber Series.

3 p.m. The Lyceum, 201 S. Washington St. Pianist Haskell Small performs. Free, donations accepted at the door. Visit www.wmpamusic.org or call 703-799-8229 for more.

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Asleep at the Wheel. \$35. Visit www.asleepatthewell.com or www.Birchmere.com for more.

#### **TUESDAY-WEDNESDAY/SEP. 9-10**

Live Music. 7:30 p.m. at the Birchmere, 3071 Mount Vernon Ave. Chris Isaak performs. \$89.50. visit www.chrisisaak.com or www.Birchmere.com for more.

#### **SEPT. 9-OCT. 14**

Art Gallery. 10 a.m.-5 p.m at Studio 18 of the Torpedo Factory, 105 N Union St. In "Architectural Interpretation," artists create fiber art inspired by architecture. Free. Visit www.Potomacfiberartsgallery.com.

#### THURSDAY/SEPT. 10

Cute Animals. 7 p.m. at Charles
Beatley Central Library, 5005 Duke
St. A performance project with dogs
and owners. At the dog park, most
people know the names of the dogs,
but not the name of the owner.
Participate along with a casual
community of animal lovers and
spark a connection with those who
share this common interest. Free.
Email janefranklindance@gmail.com
for more.

#### THURSDAY/SEPT. 11

Live Music. 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Ellie Holcomb performs, opens for Amy Grant. Visit www.ellieholcomb.com or www.Birchmere.com for more.

#### FRIDAY/SEPT. 12

Live Music. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Melissa Ferrick opened by Natalia Zukerman. \$25. Visit www.birchmere.com or call 703-549-7500.

#### SATURDAY/SEPT. 13

Alexandria Art Market. 10 a.m.-4 p.m. in Colasanto Park, 2704 Mount Vernon Ave. Local artists will perform. Browse artwork by local artists and more. Visit www.TheDelRayArtisans.org/ ArtMarket for more.

ArtMarket for more.

Live Music. 7:30 p.m. at the
Birchmere, 3071 Mount Vernon Ave.
The Manhattans perform. \$49.50.
visit www.kissandsaygoodbye.com or
www.Birchmere.com for more.

#### SATURDAYWEDNESDAY/SEPT. 13-24

**Senior Olympics**. 19 locations.

Participants must be 50 years old by

Participants must be 50 years old by Dec. 30, 2014. Deadline to register is Aug. 29 by mail, and Sept. 5 online. Registration is \$12, additional fees may apply. To find a location and register, visit a local senior center, or visit www.nvso.us.

#### SUNDAY/SEPT. 14

#### Lyceum Summer Chamber Series.

3 p.m. The Lyceum, 201 S. Washington St. Guitarist Piotr Pakhomkin performs. Free, donations accepted at the door. Visit www.wmpamusic.org or call 703-799-8229 for more.

Live Music. 7:30 at the Birchmere, 3701 Mount Vernon Ave. The Paul Thorn Band. \$29.50. Visit www.paulthorn.com or www.Birchmere.com for more.

#### MONDAY/SEPT. 15

#### Stop, Drop & Roll — Call for

Participants. 6:30 p.m. at Charles Beatley Central Library, 5005 Duke St. A practice and performance project for two groups in an opposing structure of athletic-inspired movement. Rehearsals take place Monday, Sept. 15 and 22. Performance is Wednesday, Sept. 24. Free. Email janefranklindance@gmail.com for more.

#### THURSDAY/SEPT. 18

Live Music. 7:30 p.m. at the
Birchmere, 3701 Mount Vernon Ave.
Gary Puckett & the Union Gap
performs live. \$35. Visit
www.birchmere.com or
www.garypuckettmusic.com.

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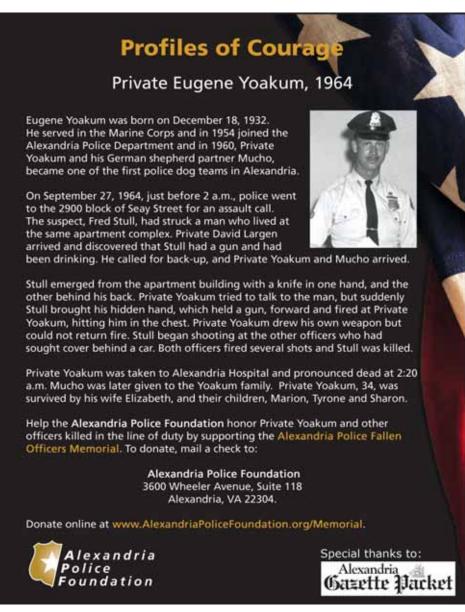
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Email announcements to gazette@ connectionnewspapers.com. Include date, time location description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### **CITY PAYMENTS**

The City of Alexandria has made paying tax bills, citations and parking permits more convenient by expanding the types of credit and debit cards accepted at City Hall. Residents may now use Visa, MasterCard or Discover credit and debit cards to make in-person payments. A service fee of 2.5

percent on the transaction amount is charged for in-person credit and debit card payments. The fee is paid directly to the City's credit card processor. Payments are accepted in person in City Hall, Room 1510 Monday through Friday, 8 a.m.-5 p.m., except City holidays. Visit alexandria.gov/payments, or call 703-746-3199 for more.

#### **PUBLIC INPUT**

The City of Alexandria's Department of Recreation, **Parks and Cultural Activities** 

has authorized Brailsford and Dunlavey to conduct an informational survey as a part of the Chinquapin Aquatic Center Feasibility Study. RPCA is conducting this feasibility study to determine the best method to modify/expand their pool facilities at the existing Chinquapin Center. The primary purpose of this survey is to understand residents' level of participation in swimming/pool based activities. Contact information will not be utilized for any other purpose in addition to this survey. Visit http://studentvoice.com/p/ ?uuid=750b3323364547e9b16b319dc3494a37 to access the survey.

THURSDAY/AUG. 7 AND 14 Archeology Museum. 10 a.m.-3 p.m.

at the Alexandria Archeology Museum, 105 N. Union St. The museum is in need of volunteers to meet and greet visitors. Call Ruth Reeder at 703-746-4719.

#### SATURDAY/AUG. 9

Foster Parent Orientation, 6-7:30

p.m. Duncan Library, 2501 Commonwealth Ave. The City of Alexandria will hold a free, no obligation information session for prospective foster parents. An agency representative will be on hand to answer any questions and explain the requirements to foster and/or adopt. For questions or to RSVP, call 703-746-5858 or email Christine.Levine@alexandriava.gov

for more.

#### MONDAY/AUG. 11

Commission on Aging. 3 p.m. at Alexandria Health Department, 4480 King St. An executive committee meeting. Open to the public. Call Debbie Ludington, 703-746-5692

#### TUESDAY/AUG. 12

Commission on Employment. 8 a.m. at JobLink, 1900 Beauregard St. Regular monthly meeting. Open to the public. Call Dennis McKinney, 703-746-5990 for more.

#### WEDNESDAY/AUG. 13

**Historical Restoration and** 

**Preservation Commission.** 8 a.m. at Lloyd House, 220 N. Washington St. Regular monthly meeting. Open to the public. Call Dennis McKinney, 703-746-5990.

#### THURSDAY/AUG. 14

Fire and Police Officer Pension Plan Board Meeting. 8:30 a.m. at City Hall, Room 1101, 301 King St. Interim meeting of the Firefighters and Police Officers Pension Plan Board. The Board will also review related issues brought to their attention. Open to the public. Call Steven Bland, 703-746-3886.

#### **City Academy Application**

Deadline. 5 p.m. Apply to the City Academy program to learn about the Alexandria City government. The program is open to city residents ages 18 and older. The next session begins Thursday, Sept. 11. Visit http:// survey.alexandriava.gov/s3/ CityAcademyApplication to apply.

Support Group. 6:30-8 p.m. at Bryant Alternative High School, 2709 Popkins Lane. A support group for kinship caregivers, grandparents and other relatives who raise children. Call 703-324-5447, TTY 711.

#### FRIDAY/AUG. 15

**Host Families Application** 

Deadline. Students ages 15-18 from around the world are seeking host families in and around Alexandria for the upcoming 2014-2015 academic school year. Host families serve as mentors and provide a home base for students. Students would participate as active members of the family. Each student goes through extensive application before being accepted in iE-USA's program. To learn more contact IE Virginia representative Joe Bissell at j.bissell@internationalexperience.net or 517-388-8948. Host families can review prospective student profiles online at iE-USA.org.

#### MONDAY/AUG. 18

**George Washington Birthday** Celebration Committee. 7 .m. at Lee Center, 1108 Jefferson St. Regular monthly meeting. Open to the public. Call Cheryl Lawrence, 703-746-5419 for more.

## It Works!

## SPECIAL PULLOUT TAB Community & Newcomers Guide

August 27, 2014

The annual Newcomers and Community Guides for each of our 15 communities with inside facts on what makes each community special, their secret places, the real power players, how to get involved and more.

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publication is made to meet demand. Extra copies are delivered to select Chambers of Commerce, Realtors, Citizens' Associations and local government.

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## Neighborhoods

#### Taylor Run **ADVICE TO MOTHERS**

Try to teach your children to be ambidextrous, so that if the child happens to have her right hand smashed in a door she will not be as helpless as I happen to be right now. If you wonder how I'm writing this column under these circumstances, it's all being done over the phone by that kindhearted Marilyn Doherty. This broken hand just gives me one more chance to be grateful I have such wonderful neighbors.

This is the time of year I always feel I have cheated my children by not living in the country where they could enjoy the treat of a real hayride, as I did when I was a child.

I'm speaking here not of the kind of hayride where you see baled hay in a pickup truck, but a real hayride where the farmer cuts the grass, rakes it up, uses a fork to wagon, and holds it all down by the help of a whole group of neighborhood children. We used to do that every August up in Towaco, N.J., population 500. We called it helping Mr. Galla get in the hay, and felt like we were doing real

work. Mr. Galla spelled his name with an 'a' at the end because he was not Italian, he was Romansch. He owned a horse called Jerry who wore a felt hat like that worn by one of the Marx brothers and a cow called Bessie the Bull. My little sister and I never could see why other people thought that was a funny name.

One day in August when it was terribly hot, one of the other children would come to our house and say "Mr. Galla's getting in the hay!" and we would rush out, followed by adjurations from my mother not to let Barbara get sunburned. Sunblock had not been invented yet, so Barbara, my little sister, who was a freckled redhead, always got terribly sunburned and I got scolded for it. We would climb onto the cart and sit on top of every forkful that Mr. Galla and his assistants tossed up. We were sure build a great heap of hay on the Mr. Galla would not be able to get the hay in if we had not done our part. I don't suppose many people in the U.S. get a chance to ride on that kind of a hay cart, though Europeans assure me there are still some places where it it still done.

Lois Kelso Hunt

## HISTORY

## The British and the Slaves – July 1814

From Page 12

on different farms along the Chesapeake and its adjoining rivers. At times, whole families — men, women, and children — would come together. They would come to the British ships in stolen boats or canoes or would meet the British when they came ashore looking for water or for slaves to carry away.

The enslaved Virginians were well acquainted with the waters of the Chesapeake and the surrounding land. For years they had been used in the bay as watermen in small boats fishing, catching crabs, tonging oysters, and transporting goods. On land, what little free time they had was mostly at night. While their masters slept, they would roam the woods and fields to hunt for meat, fish for themselves, meet future spouses, steal food, worship, and dance. One Virginian wrote, "The day was their master's, but the night is their own."

They became experts in the paths and byways of the land and the inlets of the Bay and rivers. This knowledge not only helped them to escape, but also, as the British gradually learned, it helped them lead British raiding parties to farms and

villages, and then back to ships before the arrival of American militia.

When the British returned to the Chesapeake in force in early 1814, they understood that not only could escaped slaves help them militarily, but also that escaped slaves deprived their owners of what the owners considered valuable property. Thus, in the spring of 1814, the British commander issued a proclamation that even more clearly than before welcomed enslaved Virginians on board British vessels or at British posts "where they will have their choice of either entering into His Majesty's Sea or Land Forces, or of being sent as FREE Settlers to the British Possessions in North America or the West Indies."

As this proclamation indicated, the British enlisted black male escapees into a British fighting force called the Colonial Marines. The marines were issued uniforms that included the British red coat and were trained at a fort established on Tangier Island in the Chesapeake Bay. Once trained, the new marines became a valued part of British raiding parties. The freed slaves were particularly valuable as soldiers, not only because they were considerably less

likely to desert than white British sailors but also because they fed whites' fear of black ex-slaves armed and coming after them.

On Aug. 13, Alexandrians learned that these armed Colonial Marines were on the lower Potomac. That day the Alexandria Gazette reported that the British had landed at Monday's Point on the Yeocomico River on Virginia's Northern Neck. The British troops included "5 or 6 black platoons in red, commanded by British officers." They attacked Kinsale, burning houses and carrying away property. Outraged, the Gazette added, "Weep, Britain weep, and blush at the destitution and shame, which marks thy countrymen!"

On Aug. 16, the Gazette reported that the British had left the Potomac. Alexandrians realized, however, that the British had come to the river in greater strength, with unexpected help, and might do so again.

#### **MAIN SOURCES**

Alexandria Gazette; "The Internal Enemy: Slavery and War in Virginia, 1772-1732" by Alan Taylor; "The Naval War of 1812: A Documentary History," Volume III, edited by Michel J. Crawford.

## Foster Care For Animals

From Page 11

died while delivering them. Such animals need round-the-clock feeding and care, something the League is not equipped to do. "We put out an urgent request to our foster caregivers, and the puppies went into foster within 45 minutes," Salah says.

Responding to that call was Danielle Cook, who specializes in newborn animals, whose eyes and ears are still closed and cannot make it without a foster "mom." Cook placed the baby Yorkies — little, brown-furred balls that fit in the palm of her hand — in a special heated bin in her house, bottle-feeding them every few hours. "Each animal I get is different," Cook says. "Some like to be fed on their backs, others want to be held close. It's soothing for them to hear my heartbeat."

When it's time to go to work, Cook scoops up her tiny charges and takes them to her job as a veterinary technician, often carrying a puppy or kitten around in her pocket all day. She says she tries to emulate the animals' mother, until the day she must say good-bye. Around the age of 8 weeks, the animals journey to the shelter to join others in search of permanent homes.

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## OPINION

From Page 10

need of medical care and assistance

The author defended this course of action because the offered funds

## LETTERS TO THE EDITOR

would be provided by deficit

spending. The author is certainly to be commended for his efforts to encourage fiscal responsibility.

If the letter writer was truly interested in deficit reduction, however, he might suggest to Congress that recipients of Medicare benefits receive something more in line with their actual contributions.

The \$3 billion amount cited above pales in comparison to the amount of deficit spending required to keep Medicare afloat. According to an Urban Institute study discussed in a Washington Post article of Jan.

2, 2011, an average-wage twoearner couple retiring in 2011 would have paid \$114,000 in Medicare taxes during their careers. Their expected lifetime Medicare benefits are \$355,000, or three times what they put in. Although Social Security has a more balanced contribution-benefit relationship, it too has an annual deficit.

The number of Medicare recipients in the U.S. is rapidly approaching 50,000,000. In Virginia alone, over 1,200,000 people receive Medicare.

Just think, if each of these 50 million sacrificed even a little, our country could both reduce the deficit and provide essential services to those desperately in need of our assistance.

**John Koch** Alexandria

### Benefit Math Misses a Factor

To the Editor:

Regarding Harvey Wenick's letter on the cost of jobs added by accepting expanding Medicaid coverage, an important factor was left out of his back-of-the-envelope calculations. The employed workers would be spending their earnings, creating additional jobs and so on and so on. This effect, called a multiplier, is behind many programs that transfer funds that are immediately spent. Hence, the benefits from food stamps greatly exceed the dollar amount of the benefit. Notable, however, is that a benefit paid (or tax cut) to a wealthy person, who has no need to immediately spend it, won't have that multiplier effect, al-

efit from investment down the road. And let's also not downplay the benefit of formerly sick people being able to work and pay taxes. Sometimes letter writers skip over important details in their eagerness to make their point — I'd hope the editors would do a better job of screening such misrepresentations.

Allen Irwin Alexandria

#### Loss of Trees

To the Editor:

To address your quest for knowledge, here are some syllogisms (the term you recall from your logic course. Remember? "If this, then that"). So here goes: If trees suck up carbon dioxide, then more trees means less greenhouse gas.

Here's more: If rising climate temperatures are not good for life as we know it, then reducing climate temperatures is good. And, if ever increasing quantities of greenhouse gas contribute to rising temperatures, then less greenhouse gas will serve to abate, perhaps reverse this trend. Therefore, if trees diminish greenhouse gas, then they are good. Ergo, more trees are better for me, for thee and for the whole wide world

But this logic doesn't apply in Alexandria, the Fun Side of the Potomac (or whatever our moniker is nowadays). I bet you didn't know we have a City Council-sanctioned program underway to remove healthy trees from public spaces. Me neither.

And to add insult to injury, not only are there are no plans to replace them, there are no plans to expeditiously remove them after they are cut down. A few are fairly large too. But like dead soldiers on a contested battlefield, these trees are allowed to lay ignominiously for days felled where they were once stood.

If you drove by the intersection of Telegraph and Duke recently which, based on my guesstimate, is traversed by half of Alexandria daily, you no doubt noticed these fallen greenhouse gas grabbers. Curious me, I called the city arborist.

He said, "I have nothing to do with this tree removal program." However, in the ensuing conversation, I learned that his boss is in charge of it. Apparently, his boss decided a good use of your tax dollars was to remove trees that do not belong in Alexandria.

benefit. Notable, however, is that a benefit paid (or tax cut) to a wealthy person, who has no need to immediately spend it, won't have that multiplier effect, although there might be some benefit. Notable, however, is that "Why," I asked. They are illegal immigrants I was told. Invasive. They are taking the jobs that should be performed by native trees. "I see," said I. "When will native trees be planted to replace

the ones cut down?" The city arborist said, "There are no plans to replace them; we hope over the years that natives will volunteer to sprout up. "

So, if you ever wondered why your taxes never decrease, then recall this taxpayer funded program that's removing healthy trees, ones that snare a bit of your car exhaust but are nevertheless undesired.

In the scheme of things, the cost of this program pales in comparison to servicing the hundreds of millions of dollars of debt our city council incurred to construct public palaces, most recently the Jefferson Houston middle school. Together, however, they make clear nothing is too excessive for those who rule the Fun Side of the Potomac.

Jimm Roberts Alexandria

### Lacks Sense Of Place

To the Editor:

Recently we were made aware of the proposed development at the Northern Robinson Terminal site which most of the community has found to be totally unacceptable. It is just not appropriate for Old Town's waterfront.

However, as bad as that development plan is, it is not quite as bad as what EYA has proposed for Robinson's Southern Terminal. In addition to the 26 town houses, there are three humongous condo buildings, two of them 190 feet long and 50 feet high that will dominate and set the tone for this constrained area. Viewing these huge buildings from the river or from the Wilson Bridge will definitely highlight the fact that this development has no connection whatsoever to the Old and Historic District. We could end up looking at a 1960 European design or even worse yet three buildings resembling a fleet of cargo ships.

EYA has so far refused to address the mass, scale and architecture of three condo buildings. They have deftly changed the subject and only intend to address all the peripheral issues surrounding the development without discussing what's really important .... mass, scale and architecture. All this in spite of the fact that at the July 2 meeting of the Board of Architectural Review six of the seven members in one form or another said that the buildings are too massive, way too tall and do not provide any continuity to the historic designs on the waterfront especially in the southeast quadrant.

Just look at the townhouse development right next door at Harborside, a 63 town house development, which was very artfully developed by the Abramson brothers and are a distinct asset to the Old and Historic District. EYA needs to take this proposal back to the drawing board, as we just can't afford to have two lousy developments as our "bookends" for the historic waterfront. It's just not appropriate and does not even create a sense of place.

Townsend A.
"Van" Van Fleet
Alexandria

## 'Divine' Miss M's

BY HARRY M. COVERT

ach of the personages I'm recalling deserves individual stories. Their services to Alexandria have meant a great deal to not only the government structure but to each and every citizen.



During the week past two fine public servants retired, each after more than three decades of active service. Both personages are distinguished women. I can say that

Covert Matters

their achievements.

MATTERS

Michele Evans and Mondré Kornegay
turned off their computers on July 31,
packed away their professional mementoes. Michele left
her post at City Hall as deputy city manager. Mondré
completed her tour of duty as a Commander of the Alexandria Sheriff's Office on Mill Road.

I've tried for years to get Ms. Evans' OK to write about her achievements. Every request was met with "no, no, no. Please. There are too many other people to be featured."

Well, on this occasion, I didn't even ask permission. A crowd of well-wishers filled George Washington's Masonic Memorial. The guest stream was awesome and she met everyone with a smile. I asked if she were to become a city manager somewhere else than her beloved Alexandria. "No," she grinned. "I'm going to rest."

The tributes she received were many. She was recognized for her leadership and guidance for 37 years, attending practically every City Council meeting during her tenure. Now that is an achievement in itself but she was invaluable to council members and mayors with vital advice and counsel.

Former mayor and retiring U.S. Rep. Jim Moran admitted, in his praise of Michele, that he had always had a "crush" on her. Agreeable laughter boomed throughout because, of course, so did everybody else in the room.

Among her longtime responsibilities was "overseeing" public safety – the Franklin P. Backus Courthouse, the Sheriff's Office, Fire Department, Police department, the Vola Lawson Animal Shelter. She could have been an un-uniformed, but influential, Director of Public Safety. She played key roles over the years in construction of what is now the William Truesdale Adult Detention Center of the Sheriff's Office, the new Wheeler Avenue Police Headquarters, several fire department facilities and the Beatley library.

Mondré Kornegay served the sheriff's office with distinction. A native of Hampton, she was a leader in inmate counseling services, leading information services and guided the sheriff's accreditation programs.

Since 2009 she has served Offender Aid and Restoration in Arlington and Alexandria and currently is chairman. This organization, as its name OAR implies, helps offenders return to their communities after serving jail sentences.

Mondré isn't retiring though from her public service. She transitions from jail management to a Family Law Practice in Maryland. She is a member of the Maryland Bar and has been an effective attorney.

The commander's chief joy is her daughter and two grandchildren. This experience leads her to assisting families in legal matters.

I can say, without fear of contradiction, she is also a master kitchen aficionado and could easily have her own reality television program.

Her retirement fete obviously was in an Alexandria family restaurant, packed and jammed with colleagues. Stories were warm, fun and with happy remembrances of her service.

I like to think of Michele and Mondré as Alexandria's "Divine Miss Ms." They set high standards for public service, professionals of the highest order.

## WELLBEING

## Preventing Sports Injuries

## How to keep kids safe while they're having fun.

By Marilyn Campbell
Gazette Packet

s students prepare to return to school, one activity many look forward to is sports. While the benefits of athletic activities are numerous, however, so are injuries.

Statistics released by Safe Kids Worldwide, an organization dedicated to preventing injuries in children, show that more than 38 million U.S. children and adolescents ages 19 and under participate in sports each year. More than 2.6 million of those children were seen in emergency rooms for injuries related to sports and recreation.

"I believe the benefits of sports participation far outweigh the risks. Injuries will never be 100 percent preventable and are part of sports. However, many youth sports injuries are preventable with some common sense," said Shane V. Caswell, Ph.D., professor and Athletic Training Education Program executive director at the Sports Medicine Assessment, Research & Testing (SMART) Laboratory at George Mason University in Fairfax.

The most common sports-related issues are sprains (mostly ankle), muscle strains, bone or growth plate injuries, repetitive motion injuries and heat-related illnesses.

"Children's bones are more pliable than adults', and injuries that might just cause a sprain in an adult could cause a fracture in a child," said Dr. Derek Ochiai, Hip Arthroscopy & Sports Medicine at the Nirschl Orthopaedic Center in Arlington. "If the child refuses to bend their wrist or elbow or cannot put weight on their leg, then this should be urgently seen by a physician, whether in the emergency room or in the doctor's office, within a day of the injury."

Ochiai said sports are ideal for developing a child's coordination and helping them learn teamwork and perseverance. However, he continued, all sports carry a risk of injury. "The most common sports associated

"Injuries will never be 100

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many youth sports injuries

are preventable with some

Shane V. Caswell, Ph.D.,

**George Mason University** 

common sense."

percent preventable and

with injuries include football, basketball, baseball/ softball and soccer," he said. "Any sport that involves colliding with another player does increase the risk of injury."

PARENTS, GUARDIANS AND CARETAKERS can take active roles in helping to prevent injuries, said Caswell. "To help ensure that their children are safe, parents need to take ownership of their child's safety,"

he said. "We can begin with the first question parents should ask when choosing a youth league or sports association: Who in the organization is responsible for league safety and what is the plan?"

Youth sports organizations should take precautions to ensure safety, continued Caswell. "It need not be someone with medical knowledge, but it should be a concerned parent or volunteer who makes safety the number one priority."

Parents should then ask to see the league's youth safety policies and procedures manual and emergency action plans specific to all venues where the children will practice and compete, he said



Photo Courtesy of Nirschl Orthopaedic Center

Dr. Derek Ochiai treats a young patient at the Nirschl Orthopaedic Center in Arlington. More than 2.6 million children sustain sports-related injuries that require emergency care each year.

"Unfortunately, we have seen too many instances where an emergency situation occurs and no one knows what to do," Caswell said. "Youth sports organizations should have these policies in place, require that coaches be educated on them and make parents aware that they exist. They should be reviewed annually and practiced regularly so that when an emergency occurs everyone is prepared."

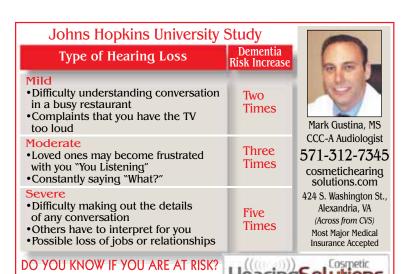
**STRETCHING TO MAINTAIN** muscle flexibility is also important to prevent sports injuries in children, said Skye Donovan, Ph.D., associate professor of physical therapy at Marymount University in Ar-

lington.

"As children go through growth spurts, their muscles are at an increased risk of becoming tight and limiting their range of motion, which can pose a problem during sports," she said. "Strength training is a great way to help children resist injuries. It doesn't have to be the typical 'go to the weight room' type of strength training; children can do sports-specific activities that use their own body weight or resis-

tance bands to help target underdeveloped muscles that might otherwise lead to injuries. Agility training is also helpful to improve sports related skills like coordination, cutting, changing directions and high speed movements."

Ochiai underscores the importance of using protective gear, including helmets. "Listen to coaches and instructions on technique, and use proper techniques at all times, including with tackling in football," he said. "Make sure the young athletes stay hydrated, and have access to water frequently. Even at young ages, include appropriate warm up drills prior to starting the activity."



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Or donate online at www.AlexandriaPoliceFoundation.org/Memorial.





## **OBITUARIES**

### Holly Victoria Burnett

Holly Victoria Burnett, a diabetic who struggled for many years to battle the irregularities of her blood glucose readings, died in her Arlington home on July 19, 2014. She was 49 years old.

A career woman all of her life, Holly spent 14 years at the American Diabetes Association in Alexandria and another nine years at the American Builders and Contractors Association in Arlington. She was the wind beneath most people's

wings and was proud to support whomever she was helping, without asking for credit. Of course, she could also tell you every husband of Elizabeth Taylor, recite the film credits of most any actor you could imagine and do a mean Carol Channing and Edith Bunker impersonation.

A child whose father taught her about movies and took her to Broadway shows, Holly spent all her days studying actors and actresses, reading their biographies and watching their films and live theater performances.

As a freshly graduated film major settling into Arlington in 1988, Holly was fortunate to feed her passion with part-time summer jobs teaching film classes at private schools in the Washington area from 1989 through 1997, including Episcopal High School on Quaker Lane, St. Stephens/St. Agnes in Alexandria and The Potomac School in



**Holly Victoria Burnett** 

McLean. For many years, she was the hostess of an annual Academy Awards party in her Arlington residence.

Holly freelanced for many publications within the Washington Metropolitan area over the last 25 years and developed a following for her feature pieces as well as her food and theater reviews in The Alexandria Gazette Packet, The Alexandria Times, The Old Town Crier and The Zebra.

Born in Tallahassee, Fla., Holly spent most of her

youth in California mapping celebrity homes and lunching and shopping in Beverly Hills. She was an honors graduate of the Westridge School for Girls in Pasadena, Calif., and held a B.A. and master's in English, creative writing and film from Hollins College in Roanoke, Va.

Holly is survived by her father, Joseph A. Burnett, 85, of Lanark Village, Fla., her sister and brother-in-law Wendy and Park Randall Miller of Tallahassee, Fla., her niece Holly Randall Miller, also of Tallahassee, and her longtime friend Mary Wadland of Arlington, and their two little dogs, Teddy and Toddler.

Services will be held Aug. 16 at 5 p.m. at Everly Wheatley Funeral Home, 1500 W. Braddock Road in Alexandria. In lieu of flowers, consider a donation to the American Diabetes Association or the Animal Welfare League of Arlington.

### Elizabeth Taylor Dunn Hooff

Elizabeth Taylor Dunn Hooff, 97, died at The Goodwin House, Bailey's Crossroads, in Falls Church on Friday, Aug. 1, 2014.

Mrs. Hooff was born in Bristol, Pa., in 1917, daughter of Houston Dunn and Elizabeth Elmslie Taylor. She was one of nine children. She graduated in 1936 from Agnes Irwin School in Rosemont, Pa. She met her husband Charles Rapley Hooff, Jr. in Philadelphia. On Oct. 14, 1938, they were married at

Holy Trinity Episcopal Church in Philadelphia.

When he joined the U.S. Navy, she initially lived in Newport, R..I and later moved to Alexandria to be with his family. Most of her 72 years in Alexandria was at "The Hooff Cottage" near the Seminary Hill.

Professionally she began her career as a stockbroker with Rouse, Brewer, Becker and Bryant in the 1960s. There were very few female stockbrokers then. Later that experience gave her an opportunity to be the first female director on the board of the Burke and Herbert Bank.

She belonged to the Mount Vernon Chap-



Hooff

ter of the National Society of the Daughters of the American Revolution; the Historic Alexandria Foundation, and the Hunting Creek Garden Club where she was active in the Christmas workshop, making wreaths of boxwood. Mrs. Hooff was very active during the formation of the American Horticultural Society.

She was a member of the Belle Haven Country Club; the Old Do-

minion Boat Club; the City Tavern Club, and the Campagna Center of Alexandria, where she enjoyed learning French for many years. She was for many years one of the hostesses of The Alexandria Assembly. She was a member and supporter of The Twig, which provides for the Alexandria Hospital.

She is survived by two children and five grandchildren: Charles Rapley Hooff III and wife Gudrun K. Hooff, of Belmont Bay, Lorton; and Caroline Taylor Hooff Bierman Norman and husband James T. Norman, of Alexandria.

The five grandchildren are Maremi and husband Phillip Andreozzi, of Alexandria;



Snapshot

9:05 p.m., July 12: Moonrise over the Potomac at Oronoco Bay Park.

Churchill Hooff and wife Jennifer, of Alexandria; G. Stephen Bierman Jr. and wife Olga, of Moscow, Russia; Janney and husband Willy Jay, of Alexandria; and Carlyle and husband Daniel Casella, M.D., of Nashville, Tenn. There are 12 great grand-children.

The service will be at St. Paul's Episcopal Church, 228 South Pitt St., Alexandria on Tuesday, Aug. 12, 2014 at 11 a.m. The interment at Ivy Hill Cemetery, 2823 Kings Cloister Circle, Alexandria, will follow the service. The family will receive friends fol-

lowing the interment.

There will be a visitation on Monday evening Aug. 11 from 6-8 p.m. at Everly Wheatley Funeral Home, 1500 West Braddock Road, Alexandria.

Memorials may be made to the St. Paul's Episcopal Church Foundation, 228 S. Pitt St., Alexandria VA 22314, or the Virginia Theological Seminary, 3737 Seminary Road, Alexandria VA 22304, or the TWIG Foundation for Alexandria Hospital, 4320 Seminary Road, Alexandria VA 22304 or any organization in which she was active.

### SPORTS



The student rowing "dream team" pushes off from the dock to take on the coaches. The boat included coxswain Brian Comey, Angelo Leitner-Wise, Tyler Souza, Callum Jaffe, Kyra McClary, Maura Nakahata, Claire Embrey, Maeve Bradley and Preston Tracy.



The girls' novice eight shoulders its shell as it heads off for its race at the Blue Plains Sprints on Aug. 2.

## Rowers End Summer Season by Taking on Coaches

fter an intense competition that saw the lead change several times, the Alexandria crew coaches pulled off a last-minute, one second defeat of their students at the Aug. 2 Blue Plains Sprints in front of the Dee Campbell boathouse. This competition was the final race of the Sprints, a series of rowing competitions on the Potomac Waterfront that mark the end of summer crew season in Alexandria.

The race between the coaches and students was a much-anticipated contest, following on fierce competitions in the two prior years in which the coaches took the title in 2013 and the students did so in 2012.

Three boats, two filled with coaches and one with students, competed in the final event, with the Coaches' A Boat clocking a time of 1 minute 10 seconds, followed closely by the students at 1 minute 11 seconds and the Coaches' B boat at 1 minute 12 seconds. The victorious Coaches' A boat was coxed by Allie Zickar, a former TC rower and current student at Hobart and William Smith College who returned to Alexandria to coach this summer. The students' boat was coxed by TC Williams alum Brian Comey, and TC alum Spenser Gillian was the coxswain for the Coaches' B boat.

Almost 100 adult and student rowers and coxswains competed in this year's contest. Windy conditions forced the cancellation of the single scull events, although all others proceeded. Parents, friends and supporters lined the banks of the Potomac and filled the dock in front of the boathouse to watch the races and cheer on the competitors. Athletes were grouped by age and skill level, with novices squaring off against novices



The quads line up for their 500 sprint to show off their sculling skills at the Blue Plains Sprints on Aug. 2.

and more experienced rowers doing the other purpose as well — to give the rowers same.

There were 11 races in all, each about 500 meters in length, and each featuring rowers competing in double sculls, quads, coxed fours, or eights. The purpose of the event was to provide the rowers with a chance to show off the skills they acquired this summer. But, of course, there was ana chance to take on their coaches in the final race of the day.

Former coach and rowing legend Steve Weir officiated the events and clocked the times.

"The final showdown this year was exciting and very hard-fought," said Lexye Hearding, the director of Alexandria Sum-

mer Crew. She noted that all of the coaches are former high school rowers, some of whom are still competing in the collegiate ranks. "I did hear a rumor that the coaches A boat may have brought in a ringer, a collegiate rower who gave them the edge in the competition."

Hearding noted that while the final race often gets much of the attention, "all of the rowers and coaches did an outstanding job this summer and here at Blue Plains Sprints. I think the adult rowers and the youth novices made great strides in their skills this summer and will hopefully return to row with Alexandria Community Rowing club for adults and Fall crew for the students.'

Hearding noted that most of the coaches took part in Summer Crew when they were younger.

"It's always been a great way for young people to get started in the sport," she said. We had a lot of talented athletes out there this summer, and I'm sure we'll see many of them back out on the water again soon."

Students who are interested in taking part in the Alexandria crew tradition can learn more about the opportunities at www.tcwcrew.org.

## News

## Income Growth Lags Behind State, National Averages

From Page 1

"The region has stopped growing," said Stephen Fuller, director of the Center for Regional Analysis at George Mason University. "High wage jobs and most new jobs are paying below the average for all jobs."

Part of the explanation is that the typical American household is getting poorer, according to a new study by the Russell Sage Foundation that shows the inflation-adjusted net worth for the typical American household has dropped 36 percent from 2003 to last year. Another part of the explanation is that the region is emerging from the recession with a serious hangover. Stimulus spending was drying up just as Northern Virginia is facing a series of troubles related to a dysfunctional federal government.

"This area is highly dependent upon the federal government," said Frank Shafroth, director of the Center for State and Local Leadership. "Sequesters, shutdowns and freezing Department of Defense and domestic appropriations can be very disruptive."

#### THE GREAT RECESSION

came on the heels of one of the worst business cycles on record in terms of job creation, a phenomenon that's true for per capita personal income as well as household income. By 2009, when the bottom fell out of the global financial system, the typical working-age American household was earning about \$5,000 less than it did in 2000. Since 2009, when the recovery officially began, household income has fallen even more.

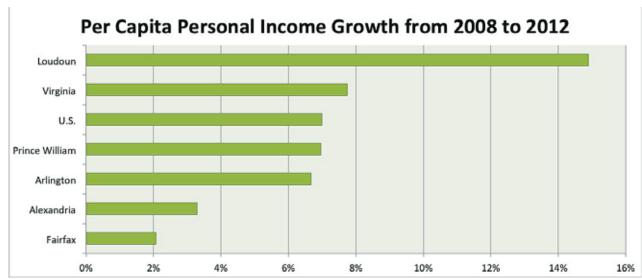
"It's depressing," said Richard Fry, a senior researcher at the Pew Research Center.

"Household income is down, and even during the years it was supposed to be recovering it has actually continued to fall further." Here in Northern Virginia, demographic changes are at the root of why per capita personal income has remained flat. As development and redevelopment moves forward, low-income families are being priced out of Arlington and Washington, D.C. Meanwhile, the older housing in Fairfax County and Alexandria are drawing lower income families.

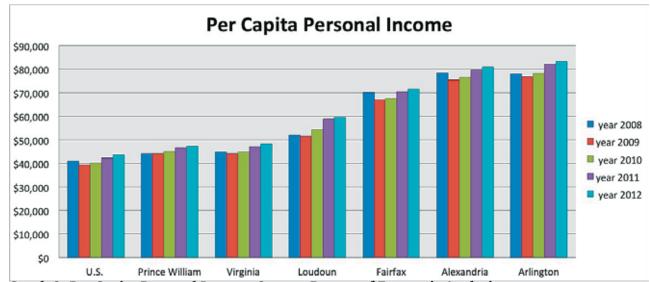
"The older apartments were designed for singles, but they are now occupied mostly

jurisdiction	year 2008	year 2009	year 2010	year 2011	year 2012	% change
Loudoun	\$51,950	\$51,469	\$54,301	\$58,953	59,683	15%
Virginia	\$44,900	\$44,063	\$44,854	\$47,126	48,377	8%
U.S.	\$40,873	\$39,357	\$40,163	\$42,298	43,735	7%
Prince William	\$44,230	\$44,227	\$44,995	\$46,719	47,309	7%
Arlington	\$78,031	\$76,941	\$78,340	\$82,075	83,242	7%
Alexandria	\$78,375	\$75,598	\$76,643	\$79,713	80,952	3%
Fairfax	\$70,145	\$67,010	\$67,776	\$70,371	71,607	2%

Source: Bureau of Economic Analysis



Graph 1: Per Capita Personal Income Growth from 2008 to 2012. Source: Bureau of Economic Analysis.



Graph 2: Per Capita Personal Income. Source: Bureau of Economic Analysis.

by families with children," said David Versel, senior research associate at the Center for Regional Analysis. "If you look down Route 1, all the apartments near Fort Belvoir were built for singles and young couples. Now they have predominantly immigrant families."

**THE ONE** bright spot in Northern Virginia is the fast growing exurbs of Loudoun County, where per capita person income increased from \$52,000 in 2008 to \$60,000 in 2012. Researchers who study the shifting demographic patterns of Northern Vir-

ginia say part of the explanation for this is the different kind of people who are now moving to Loudoun County, which is growing at the fastest rate in Northern Virginia. The county's population has doubled in the last 15 years, and so has the county's demographic profile.

"One of the things that is really changing in Loudoun is having more younger people going out there, and families without children going out there," said Hamilton Lombard, research specialist for the Demographics Research Group at the University of Virginia Weldon Cooper Center for Pub-

lic Service. "And that's just kind of a transformation from being a bedroom community into actually having lots of job centers there and having lots of younger people going there before they start families"

Part of the change for Loudoun is the kind of construction that's been happening in recent years. The county has seen a number of new mixed-use developments that include residences, shopping and offices. The Village at Leesburg, for example, was one of the first of its kind in the area. That was followed by One Loudoun in Ashburn and Crescent Place, a trend that is slowly making Loudoun more friendly for millennials.

"We're not seeing as many mansions or large single-family houses being built, and we are seeing more smaller units, which means smaller households with fewer children," said Versel. "That means for each new household that moves in, there are fewer dependents and thus the per-capita income will be higher."

ACROSS AMERICA, the poor are getting poorer. A new study by the Russell Sage Foundation concludes that households at the bottom of the wealth distribution lost the largest share of their total wealth, and researchers who conducted the study believe the slow recovery will continue to generate increased wealth inequality in the coming years. The study also concluded that the Great Recession caused an unprecedented decline in wealth holdings among

American households. Inflation-adjusted net worth for the typical household in America dropped 36 percent from \$88,000 in 2003 to \$56,000 last year, and most of that drop came in the wake of the Great Recession. Ultimately, the researchers concluded, the data show very few signs of significant recovery from the losses in wealth experienced by American families during the Great Recession.

"The housing bubble basically hid a trend of declining financial wealth at the median that began in 2001," wrote Fabian Pfeffer, one of the study's authors.

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING is hereby given that Alexandria Renew Enterprises (AlexRenew) will hold a PUBLIC HEARING on its PRELIMINARY BUDGET for the FISCAL YEAR ENDING SEPTEMBER 30, 2015 on Tuesday, Septem-YEAH ENDING SEPTEMBER 30, 2015 on Tuesday, september 16, 2014 at 6:00 p.m. The meeting will be held at AlexRenew's Administrative (J) Building located at 1500 Eisenhower Avenue, Alexandria, VA. The preliminary budget is available for examination by the public online at www.alexrenew.com and during regular business hours at the above address. Copies will be made available upon request – phone (703) 549-3381 ext. 2260. July 31st and September 4th

Alexandria Renew Enterprises BY: William Dickinson Secretary - Treasurer

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#### Elizabeth Taylor Dunn Hooff



Elizabeth Taylor Dunn Hooff, 97, died at The Goodwin House. Bailey's Crossroads, in Falls Church, Virginia on Friday, August 1, 2014.

Mrs. Hooff was born in Bristol, Pennsylvania in 1917, daughter of Houston Dunn and Elizabeth Elmslie Taylor. She was one of nine children. She graduated in 1936 from Agnes Irwin School in Rosemont, Pennsylvania. She met her husband Charles Rapley Hooff, Jr. in Philadelphia. On October 14, 1938, they were married at Holy Trinity Episcopal Church in Philadelphia.

When he joined the US Navy, she initially lived in Newport, RI and later moved to Alexandria to be with his family. Most of her 72 years in Alexandria was at "The Hooff Cottage" near the Seminary Hill.

Professionally she began her career as a stock broker with Rouse, Brewer, Becker and Bryant in the 1960's. There were very few female stock brokers then. Later that experience gave her an opportunity to be the first female Director on the Board of The Burke and Herbert Bank.

She belonged to the Mount Vernon Chapter of the National Society of the Daughters of the American Revolution; the Historic Alexandria Foundation; and the Hunting Creek Garden Club where she was active in the Christmas workshop, making wreaths of boxwood. Mrs. Hooff was very active during the formation of the

American Horticultural Society. She was a member of the Belle Haven Country Club; the Old Dominion Boat Club; the City Tavern Club; and the Campagna Center of Alexandria, where she enjoyed learning French for many years. She was for many years one of the hostesses of The Alexandria Assembly. She was a member and supporter of The Twig, which provides for the Alexandria Hospital.

She is survived by two children and five grandchildren: Charles Rapley Hooff III and wife Gudrun K. Hooff, of Belmont Bay, Lorton; and Caroline Taylor Hooff Bierman Norman and husband James T. Norman, of Alexandria.

The five grandchildren are Maremi and husband Philip Anderozzi, of Alexandria; Churchill Hooff and wife Jennifer, of Alexandria; G. Stephen Bierman Jr. and wife Olga, of Moscow, Russia; Janney and husband Willy Jay, of Alexandria; and Carlyle and husband Daniel Casella, MD, of Nashville, Tennessee, There are twelve (12) great grand-children.

The service will be at St. Paul's Episcopal Church, 228 South Pitt Street, Alexandria on Tuesday, August 12, 2014 at 11:00 AM. The interment at Ivv Hill Cemetery, 2823 Kings Cloister Circle, Alexandria, will follow the service. The family will receive friends following the interment.

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## RECREATION



Boston University — Turfstarz Champions and Syracuse University — Turfstarz Runners-up.

### Girls Field Hockey Season Completed

he Alexandria Department of Recreation, Parks and Cultural Activities Girls Field Hockey Program finished its season this past week with the playoffs and championship games at Witter Recreational Park Fields.

This season the teams were named after colleges that are completing in the 2014 NCAA Field Hockey championships. There were 200 girls in two divisions that participated in the program.

In the Turfstarz Division (ages 9 – 11) Championship game, Boston University defeated Syracuse 2 to 1.

### Summer NJTL Tennis **Program Ends**

he Alexandria Department of Recreation, Parks and Cultural Activities' Summer USTA National Junior Tennis League (NJTL) Tennis Program finished this past week with its annual picnic and championship matches at Montgomery Tennis Courts for more than 45 participants from the George Mason area.

On Friday, July 25, the Beginner and intermediate participants had a full day of fun with play many different tennis-related skill events, while Advanced participants held their playoff and championship matches. In the Advanced Division, Chris Saunders de-

In the Stickstarz Division (ages 12 – 14) no playoffs were scheduled this season due to format of league that focused more on skill development.

Mac Slover, director of Sports for Recreation, Parks and Cultural Activities, said, "I wanted to give a very special thanks to our four city high schools coaches (TC Williams - Liz Blount, Colleen Donley, Sasha Larson and Hannah Drexler and Bishop Ireton Coaches Betty Sixsmith and Erin Sixsmith) for their participation in the program, the parents and supporters for helping make our program have another successful year."



**Chris Saunders and Grace Salmons** 

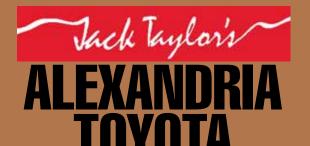
feated Grace Salmons in the championship match. The participants ended the day with a pizza party were awarded prizes for their tennis sites. Sportsmanship Awards were awarded to a participant from each site.

### Johnson and Siebert Youth Summer Basketball League Ends



The Wizards

he Alexandria Department of Recreation, Parks and Cultural Activities' Johnson and Siebert Summer Basketball League completed its season on June 30 with the Wizards defeating the Magic 35 to 30 at the Francis Hammond Middle School gymnasium. The 14 & under summer league had six teams this season which began in June.



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TOYOTA GENUINE SERVICE

30000 MILES FACTORY RECOMMENDED SERVICE

Synthetic \$10 More

Includes: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES CMLY OFFER EXPIRES 30113. COUPON MICE OF PROSENTED AT TIME OF WRITE-UP VALID ONLY ALEXANDERS TOYOTA TAX AND SHOP SUPPLIES ACCITICAN.

TRUE START BATTERY SPECIAL

Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month proration,

PLUS we'll check all battery cables & connections.

\$13995 INCLUDES BATTERY INSTALLATION

## 4 WHEEL ALIGNMENT

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

INCLUDES: Inspect suspension, ball joints. struts & shocks, tire condition and set tire pressure

SUMMER DETAIL SPECIAL

Prepare your car's paint for the harsh winter road conditions. A full exterior buffing, paint sealant and wax, along with a vacuuming of the interior. Vans & SUVs add \$20,00.

TOYOTA GENUINE SERVICE

BRAKE SPECIAL **\$QQ**95 PADS

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.

DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR FOR DETAILS NOT VALID WITH ANY OTHER OFFER OR COUPON, TOYOTA VEHI-CLES ONLY OFFER EXPIRES BOUTH COUPON MUST SE PRESENTED AT JETALS: NOT VALID WITH DAY.

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TOWN OF STREET

VENTILATION SPECIAL

Includes: Clean condensor fins, check

A/C performance, inspect drive belts for

tension/wear and replace cabin air filter.

#### BASIC MINOR SERVICE PERFORMED EVERY 5,000 MILES OR 6 MONTHS WHICHEVER COMES FIRST

2003 & NEWER

Includes: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, inspect brakes, top off under hood fluids, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

### DETAIL SPECIALS

\$3995

Hand wash, wax

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES: ONLY, OFFER EXPIRES 85 1/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UILY VALID ONLY AT ALEXANDRIA TOYOTA.

**BUY 3 TIRES AND GET** 4TH FOR



GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY MULTI-POINT INSPECTION PRICE MATCH GUARANTEE. SEE SERVICE ADVISOR FOR DETAILS

NOT WARD WITH ANY TO SHARP OF THE TEXT OF A TOWN A CONTROL OF THE TEXT OF THE TEXT OF THE OF WHITE OF THE TEXT OF T

ROTATE & BALANCE SPECIAL \$59<sup>95</sup>

Includes: Rotate and balance all 4 wheels and inspect brakes and tires.

Wash & Vacuum

\$139<sup>95</sup>

& interior cleaning \$295<sup>95</sup>

Full premium detail

HEADLIGHT RESTORATION SPECIAL

Plastic lenses can yellow with age reducing the vehicle's market value. Headlight brightness & the overall safety during nighttime driving. The headlight lens restoration from us allows you to shine and restore

headlights to like-

new conditions.





WE WILL MEET OR BEAT

ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS

#### COMPLIMENTARY MULTI-POINT INSPECTION

Includes: Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

NOT VALID WITH ANY OTHER OFFER OR COUPOR. TOYOTA VEHICLES DIKEY OFFER EXPIRES 8/8/11/A. COUPOR MUST BE PRESENTED AT TIME OF WAYTE UP VALID ONLY AT ALEXANDRA TOYOTA, TAX AND SHOP SUPPLIES ADVITABLE.

ALEXANDRIA TOYOTA/SCION 3750 JEFFERSON DAVIS HWY. I ALEXANDRIA, VA 22305 1-866-616-8420 I ALEXANDRIATOYOTA.COM JUST MINUTES FROM REAGAN NATIONAL AIRPORT!



Let's Go





## McEnearney

ASSOCIATES, INC. REALTORS®



Alexandria

\$1,174,000

With 3,600 SF of living space, this custom home has space for entertaining & relaxing. Natural light filters through the large windows of the 4 bedrooms & 5 baths. In the lower level, there's the perfect space for an in-law suite with separate entrance.

#### Elizabeth Lucchesi

703.868.5676 LizLuke.com



Accokeek, MD

\$899,000

Charming and historic, on private 10 acres! This well-maintained 200+ year old home has 4-bedrooms, 3-baths, and 5 fireplaces along with a separate guest house. Less than 20 minutes from Old Town. Perfect for full-time living, or weekend getaways! Must see!

#### Michael Makris

703.402.0629 MikeMakris.com





Old Town

\$749,900

Historic gem built in 1890, 3-level townhouse near King Street Metro. 3 bedrooms, 2 baths, yard, patio updated, and beautiful. Also zoned commercial use for office/living. Offstreet parking available.

#### **Delaine Campbell**

703.299.0030 delainesells.com



\$1,299,000

Elegant Fords Landing townhouse in quiet enclave of homes boasts river glimpses, chef's kitchen, spa bath and large bedrooms. 3 bedrooms, 3.5 baths plus wonderful home office does double duty for guests. Garage parking, 722 S Union Street.

#### Sissy Zimmerman

703.989.9779 BBZGroup.com



Alexandria

\$949,500

Beautifully renovated Colonial. Expansive floor plan. Gleaming hardwoods. Upgraded kitchen opens to family room. Wood-burning fireplace. Large master suite. Lower level walkout, Large deck. Close to St. Stephens & St. Agnes. 604 Ft Williams Pkwy.

#### Chris Fischer

703.930.6349

FischerMcMasterHomes.com

New price and move in ready! Bright

and spacious 2-bedroom condo with

molding, and balcony. Underground

updated kitchen and appliances

Parquet floors, chair rail, crown

parking spot available. Generous

community amenities available.

TheGoodhartGroup.com

Sue Goodhart

703.362.3221



Old Town

1 block to river/Mount Vernon Trail and a short distance to King Street. Spacious 3-bedroom, 2.5-bath townhouse with den/office, 2-car garage, wood floors, lots of closets, huge master bath, deck/grill off kitchen, high ceilings, and more.

#### **Delaine Campbell**

703.299.0030 delainesells.com



Alexandria

\$319,000

\$533,800

On a quiet cul-de-sac in ParkFairfax is this adorable two-bedroom condo. With views of mature trees out most of the windows, it makes you feel like you're living in a treehouse. It's an easy walk to all the fun of Shirlington. 3618 Greenway Place.

#### Elizabeth Lucchesi

703.868.5676 LizLuke.com



\$519,000

Porto Vecchio

1-bedroom, 1.5-bath condo with balcony overlooking the water and pool! 1122+ SF, nice kitchen, updated baths, crown molding, chair rails, wood-burning fireplace. Bedroom with walkout to balcony/sunroom.

#### Visit the property websites at:

Hardwood and carpeting

1250washington404.mcenearney.com 1250washington615.mcenearney.com



Old Town

Delightful brick townhouse in the SE Quadrant features an over-sized landscaped lot with fishpond and gorgeous patio, and storage building! Updated kitchen has new appliances, granite countertops and Maytag Neptune washer/dryer. 618 S Pitt St.

#### Paul Anderson

703.408.0676 paulvanderson.com



Stratford Landing

\$599,000

Sweet, updated, 3-bedroom, 2.5-bath home in sought-after Stratford Landing! Lovely renovated kitchen & baths, fantastic location just off GW Pkwy; walking distance to the bike path, Potomac River, 15 minute drive to Ft. Belvoir & Old Town! 2102 Prices Ln.

#### Joan Shannon

703.507.8655 joanhome.com



Alexandria

\$344,900

Fabulous, renovated, 3-bedroom, 2-bath end-unit condo! New kitchen, stainless steel appliances, granite counters and breakfast bar. New floors & baths. Garage space, open floor plan, closets galore, stunning views, large balcony, 5300 Holmes Run Pkwy #1114.

#### Nada Seide

703.350.3803 CallNada.com

109 S. Pitt St. | Alexandria, VA 22314 | 703.549.9292 www.McEnearney.com





