Centreville * Little Rocky Run ENTRE VIEW Home LifeStyle PAGE 7

AUGUST 14-20, 2014

25 CENTS NEWSSTAND PRICE



Mount Gilead residents gather at their community's gazebo with Sully District police officers during National Night Out. Event organizer Mariam Hooks is directly behind the baby carriage and Officer Michelle Alexander is kneeling in front, on the left.

'Bringing the Community Together' Neighborhoods, public-safety personnel

celebrate annual National Night Out.

By Bonnie Hobbs Centre View

ce cream, music, cookouts and fun were all part of last week's annual National Night Out celebration.



Susan Hartsook and Al Schenck at Newgate's community pool.

Neighborhoods throughout the local area participated last Tuesday, Aug. 5, in an event that lets residents and public-safety personnel socialize in a relaxed and enjoyable atmosphere. Here's what happened in five of these communities:

Newgate

Centreville's Newgate community marked the occasion with a pool party. About 125 people turned out for a pool party featuring stick-on tattoos and a Skee Bowl game for prizes, for the children, plus cotton candy, snow cones and a catered dinner by The Chef's Table.

"We're bringing the community together and making them aware of neighborhood safety," said Newgate Homeowners Association President Susan Hartsook, who organized the gathering. "And the deejay music makes it fun." She's lived there 24 years and called it "a great place to raise children because of the events we have. And we work hard to keep it safe."

A 23-year resident, Al Schenck is on the Architectural Committee and is the Neighborhood Watch coordinator. "We created a sense of com See Making Contacts, Page 2

Pet Hospital Proposed Would be located in Colonnade

Center next to Giant Foods.

"It's close

by to

people's

normal

routines."

— Sara Mariska,

attorney

By Bonnie Hobbs Centre View

hen the Colonnade at Union Mill shopping center was going through Fairfax County's approval process in 1988, one of the proffers was that a veterinary clinic wouldn't be allowed in it.

But times have changed; and the developer, Rappaport Cos., now has an applicant for that use and wants it to be able to open up shop in the Colonnade. So it submitted a proffered-condition amendment to county staff to remove the previous prohibition.

The applicant, Banfield Pet Hospital which is already open in Fair Lakes - would go into a 2,500square-foot space just to the left of the Giant Foods store and near Virginia Runner and a new UPS store.

"The animals can't be walked outside,"

said attorney Sara Mariska, representing Rappaport Cos. "They'd be there for appointments only, and surgeries, too, but rarely overnight stays."

She was speaking before the July 15 meeting of the West Fairfax County Citizens Association (WFCCA) Land-Use Committee, which was step one before the proposal headed to the county Planning Commission. Not everyone was sold on the idea but, in the end, the WFCCA gave it its blessing.

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"Getting a dog across a parking lot with no place to relieve himself is my concern," said the WFCCA's Carol Hawn. "So I don't think this shopping center is as conducive [to that] as are some of the other [veterinary clinics] which are located on the ends of buildings with grassy strips next to them."

But Mariska said there's "already a demand" for a pet hospital in this area, and it would be convenient for local residents because "it's close by to people's normal routines."

Besides, added WFCCA Land-

Use Chairman Jim Katcham, "This is the applicant's investment and is at his own risk." And At-Large Planning Commissioner Jim Hart said he "couldn't think of any adverse impacts it would have."

Mariska said Banfield Animal Hospital would provide care for small animals and give routine vac-

cinations, checkups and urgent care. No pet grooming or boarding would take place.

Hawn then made a motion to recommend approval to the Planning Commission, contingent upon the application also receiving a thumbs-up from county staff - which hadn't yet written its report on this proposal. Jim Neighbors seconded and the motion passed, 3-1, with only Judy Heisinger voting no.

Roundups

Helping Immigrant Children

The Centreville Labor Resource Center (CLRC) is collecting donations for the 70 immigrant children and 15 young mothers being housed at a secure facility in Bristow while awaiting hearings. The children need health and hygiene supplies, clothing and bedding. Donations may be brought to CLRC, 5956 Centreville Crest Lane in Centreville.

Especially needed are clothing and underwear for both boys and girls, ages 7-17; white towels, twin-sized blankets, sheets and bedspreads; new pillows and personal-hygiene products including shampoo, conditioner, hand soap, lotion, deodorant, hair brushes and accessories, tooth paste and toothbrushes, and disposable diapers. For more information call CLRC Director Roberto Fernández at 703-543-6272, Monday through Saturday, 6 a.m.noon, or Foltz at 703-346-6030.

Neighborhood **Speeding Problems?**

Residents concerned about speeding in their neighborhood may take the Neighborhood Speeding Survey at: http://svy.mk/ 10ef9WO. The results will go to the Fairfax County Police Department so officers may deal with it.

Farmers Market on Thursdays

Each Thursday, from 3-7 p.m., the Fairfax County Government Center hosts a farmers market in its parking lot. The Government Center is at 12000 Government Center Pkwy. in Fair Oaks, and the next markets are slated for Aug. 14 and Aug. 21.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Aug. 14, from 5 p.m. to dusk, at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. (The inspection may be cancelled in the event of inclement weather). Call 703-814-7000, ext. 5140, to confirm dates and times.

Enjoy Sully's Starlight Cinema

The 10th year of Sully District Starlight Cinema is already underway with free, family-friendly, drive-in movies. They're presented Saturday evenings in August at 5860 Trinity Parkway in Centreville. Gates open at 6 p.m. The fun includes music, food and children's activities provided by New Life Christian Church. Then, at dark, the movies will start. People may watch from their cars or may sit in a designated area in front of the screen.

Here's the schedule: "Despicable Me 2;" Aug. 16, "Cloudy with a Chance of Meatballs 2;" Aug. 23, "Frozen;" and Aug. 30, "The Lego Movie." If bad weather threatens, call 703-324-SHOW after 6 p.m. for cancellation updates. For more information, visit www.fairfaxcounty.gov/parks/performances/.

Solid Waste Management Meeting

Fairfax County is currently updating its official, 20-Year Solid Waste Management Plan. So county staff is meeting with the public to provide a synopsis of the existing trash and recycling program and gather input and suggestions for the future.

Locally, a meeting is set for Tuesday, Aug. 26, from 7-9 p.m., at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Comments will be used to craft an updated plan that'll go to the county Board of Supervisors for approval and then to the state in June 2015. For more information, see www.fairfaxcounty.gov/dpwes/trashplan2015.

News



Residents of The Elms visit with firefighters from Station 17 in Centreville.

'Making Contacts, Bridging Gaps'

From Page

munity by getting out and being seen in it," he said. "And we also listen to the residents' constructive ideas.'

Regarding National Night Out, Schenck said, "We have a fantastic relationship with the Sully District Police Station, and this is an opportunity to share with them what we're seeing in our neighborhood. And we're giving out the police non-emergency phone number so people can report suspicious activities.'

He said Newgate also has a good relationship with Supervisor Michael R. Frey's (R-Sully) office, and "it just makes for a great community when everybody works together.'

Jamie McCullough enjoyed the warm, summer evening with her three, young children. "We just moved here, so this is new to us," she said. "But it's fun; it's neat for both the kids and adults."

Firefighters from West Centreville Station 38 also attended. "It's good for us to get out and get to know the community," said Lt. Ken Laverock, who's been at that station for eight years. "We're going to three more of these events tonight. It's all about seeing the people in the neighborhoods, visiting with the kids and interacting with the community.'

Winding Brook

Residents of Chantilly's Winding Brook community had a pool party, too, and rented a waterslide for the children. On the menu were grilled hot dogs, beverages, chips and watermelon.

"It's a very diverse community that works well together," said Homeowners Association President Chris Furlong, who's lived there since 2006.

Agreeing, five-year resident Jillian Behram said, "We have lots of kids - this is the place to be on Halloween. And we're dog-friendly; almost every house has a dog."

She said National Night Out is good because it "brings the community together and wears the kids out. And it's important for the children to learn the police aren't scary people. They're promoting safety

and bridging that gap. This event also lets the police show how cool they are; my son, who's 7, loves to get into the cop car and press the buttons."

Pam Murphy said it's nice to be "part of a community event, instead of sitting in front of the TV. And a lot of the teenage boys helped set things up."

"We try to instill responsibility in the kids," said Amanda Davis. "We want them to take ownership of the community and help keep it clean."

Two of the teen helpers were Palacia Scott and Spencer Dunn, a Chantilly High sophomore and freshman, respectively. Both boys brought the food and drink out to the pool and got ice for the beverages. And before the event, they went door-to-door in their neighborhood, passing out fliers so the residents would know about it.

"It gets the community together," said Scott. "We play on the slide and in the pool and eat good food."

"We all get to talk together and have fun," added Dunn. "Crime isn't good, so people should stay safe."

Police and firefighters visited this event, as did Deputy Omecihuatl Flores with the Fairfax County

See Neighborhoods, Page 3



Sheriff's Deputy Omecihuatl Flores distributed glow sticks, fruit snacks and sheriff rubber duckies to the Winding Brook children. Here, she speaks with (from left) Yatra Karki, 11, and Kayden Bailey, 7.

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News



Jamie McCullough helps daughter Peyton, 3, play Skee Bowl at Newgate's event.

Neighborhoods Celebrate National Night Out

From Page 2

Sheriff's Office. "It's my fifth year going to National Night Out in Virginia," she said. "I used to live a couple blocks from here."

"People have no clue what sheriff's officers do," she said. "In this county, we work in the jail, courthouses and in civil enforcement. The only time they see deputies is in a really bad situation. So National Night Out allows us to go into the public and socialize just for public awareness, so people know that we're here."

Little Rocky Run

In Little Rocky Run, residents enjoyed an ice cream social and splashing in their neighborhood pool, and attendees included Sgt. Rex Pagerie and 2nd Lt. Trafton Parr. Both have been at the Sully District Police Station for a year, but Pagerie's been with the Fairfax County Police Department for 16 years, and Parr, for 20 years.

Pagerie called National Night Out a chance for the public to mingle with police officers, fire and rescue personnel, police Explorers, cadets, sheriff's deputies, state police, Office of Emergency Management personnel and elected officials. "I have a crime-prevention background, and it's a big part of National Night Out, so this initiative is near and dear to me," he said.

"It's an opportunity for us to make contacts, bridge any cultural gaps, be face to face with residents and listen to the community's issues," said Pagerie. "The community is a big tool that the Police Department uses in combating crime. If not for that relationship, our job would be much more difficult."

Basically, he said, "We can't be on every street corner, so we also rely on tips to help us catch the bad guys. So we encourage participation in Neighborhood Watches and Citizens Advisory Committee [CAC] meetwww.ConnectionNewspapers.com ings and involvement in the community. It's a partnership – people just saying something when they see something [amiss]." And that's important, said Parr, because

"A lot of people see things, but assume other people have called it in - so no one calls."

Pleased to visit various neighborhoods during National Night Out, Pagerie said the event also helps police "break cultural barriers to foster trust. In certain countries, people don't trust the police, so it's a big barrier for us to overcome."

And by showing up, said Parr, police here demonstrate that they're accessible to the citizens they serve. "At an ice cream social, for example, people mention things to us that they might not, otherwise," added Pagerie. "And for us, it's an inter-agency mix; we don't usually get to work with people in other branches of law enforcement."

The Elms

At The Elms at Centreville apartment community, off Braddock Springs Road, the residents had a cookout featuring hot dogs, hamburgers, potato salad and watermelon, while the children played egg toss and water-balloon toss. Linda O'Connor, who's in her third year there, says it's a great place to live.

"They take security very seriously and have a responsive management and main-



Chilling on the curb in front of The Elms's clubhouse are (from left) Valerie Pugh, Jodi Michaud, Latuana Hicks and Jeremy Rexrode, with Michaud and Rexrode's children, Landon, 3, and Reece, 3 weeks.



Firefighters from West Centreville Station 38 at Newgate; (from left) are Firefighter Jorge Arias, Lt. Ken Laverock and Firefighter Wayne Champagne.

good community relations between the county police and the citizens. "It makes the police approachable," she said. "And the police promote their Citizens Advisory Committee." Assistant Property Manager Casey

tenance staff," she said. "And we have a

Neighborhood Watch, so we have a vested

interest because we're the ones patrolling

our own community. And the apartment

complex pays for the lights outside our

apartments, so we have a sense of security

O'Connor said National Night Out builds

because everything's well-lit."

Buchanan said it was the community's fourth National Night Out celebration. "We strongly believe in growing the relationship between our residents and the local law enforcement and fire stations," she said.

"Because of this great relationship with our local Sully District precinct, we have a very active Neighborhood Watch with several patrollers and window-watchers that help keep our neighborhood as safe as it can be," continued Buchanan. "We look forward to keeping this great tradition [of National Night Out] alive and growing."

She and her husband Mike have lived at The Elms five years. He said this event "brings the community together and opens people's eyes to safety awareness. The police here do a nightly patrol of the whole area. This is a safe and kid-friendly neighborhood."

Mount Gilead

Centreville's Mount Gilead community is a small, but tightly knit neighborhood of 35 homes that held a National Night Out for the first time. And attendees included Supervisor Frey and police from the Sully District Station.

Officer Michelle Alexander, who's been at See Bringing, Page 5 Centre View & August 14-20, 2014 & 3

OPINION

Homelessness: Source of Trauma for Children

Nearly 700 children live in emergency homeless shelters in Fairfax County at some point during the year.

By Dean Klein

Summer vacation is wrapping up; kids everywhere are gearing up for the return to school. Stores are filled with school supplies; back-to-school advertising fills our TVs, radio and mailboxes. Many families are hustling from store to store getting supplies, backpacks, clothes and haircuts. As children, while we hated to see summer end, we fondly remember the yearly ritual and the excitement and anticipation of

Guest Editorial

excitement and anticipation of getting all those new things. Unfortunately, not all families and children in Fairfax County experience the new school year

this way. It may be hard to imagine that in a county as wealthy as Fairfax there are hundreds of children that do not have a home to call their own. In 2013, almost 700 children resided in emergency homeless shelters at some point during the year. This uncertain existence is a constant source of trauma for children.

While Fairfax County does have strong programs and initiatives provided by its local government, its public school system and commu-





nity non-profits to support these children, they are not enough. Permanent housing is a critical and basic need of everyone and research has consistently shown that unless children's most basic needs are met in a safe and consistent

manner, their social, emotional, physical and cognitive development is often delayed.

Believe it or not, in a county where the median household income is in excess of \$100,000, housing costs are prohibitive for many. There is often a misconception about homeless families and it is not uncommon to hear, "they need to work like the rest of us."

The truth is they do. The vast majority of families in homeless shelters are employed and they are doing everything they can to move themselves to self-sufficiency and support their families. The problem is not with their motivation to support themselves. The challenge is that there is not housing available to them that they can afford.

While the median household income may be in the six figures, for many it is much lower. Using the accepted formula of spending one third of gross income on housing, a rent of \$1,200/month requires an approximate annual income of \$44,000. That equates to about \$21 an hour. People who work in the service industry and the stores and businesses we rely on each and every day earn much less than that.

The vast majority of families in homeless shelters are employed. The challenge is that there is not housing available to them that they can afford.

As stated in the Ten Year Plan to Prevent and End Homelessness adopted by our community in 2008, we need to have affordable housing that is accessible to all its hardworking members. While it is also imperative that we as a community continue to ensure that children have school supplies, access to good nutrition at school, clothing etc., without a home to call their own, they will continue to live in a perpetual state of fear and stress. If we genuinely want them to succeed, that is too heavy a load for the youngest and most vulnerable in our community.

If you would like to be a part of helping these families, please contact one of our non-profit partners working so hard to find and provide housing for them or the Fairfax County Public Schools Homeless Liaison Office working diligently to make sure these children receive the services they are entitled to and need. Visit http://www.fairfaxcounty.gov/homeless/ partnerupdate/community-partners.htm and http://www.fcps.edu/dss/ips/homelessinfo/ HomelessBrochure.pdf for more.

Dean Klein is director of the Fairfax County Office to Prevent and End Homelessness.

Important Step Forward

To the Editor:

On Tuesday, July 29, we had the privilege of attending the ribbon cutting for the new Community Residences, Inc. (CRI) High Support Needs home at 9332 Burke Road, Fairfax. The home, especially tailored for those with intense needs, will serve six individuals with intellectual disabilities. Some will move to this home from the Northern Virginia Training Center, and others will transfer from other CRI homes in the area that are not equipped to provide the same level of support.

It is a brand new single-level home in a residential area with an open floor plan and ample room for its residents. The doors are wide, and the bathrooms and kitchen are adapted for those with physical as well as intellectual and developmental disabilities. Each resident will have an individual, personally designed and decorated room.

Kudos to Community Resi-4 * Centre View * August 14-20, 2014

dences, the Virginia Department of Behavioral Health and Developmental Services, the Community Services Boards, the County of Fairfax, the Virginia Housing Development Authority and to all the financial institutions and nonprofit organizations who worked together to negotiate the red tape, the permits, and the funding streams to make the home a reality.

Time will tell whether the supports available in this new home are truly "comparable" to those received by our loved ones at NVTC, as required by SB 627, signed into law by Governor McAuliffe on April 4. However, while this model is not the only possible solution for individuals with intensive needs currently in Training Centers or for those who have waited for too many years on community waiting lists, it is a very significant step in finding ways to serve these vulnerable populations safely and responsibly. Many more homes of this type and quality need to be built so that families can keep their loved ones See Letter, Page II



The ribbon cutting for the new Community Residences, Inc. High Support Needs home at 9332 Burke Road, Fairfax.



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NEWS



Having fun at Winding Brook's pool are (from left) Pam Murphy, Chris and Tina Furlong, Palacia Scott, Spencer Dunn, Demitrius Behram, 7, Jillian Behram, Amanda Davis and Matt Radek.

'Bringing the Community Together'

From Page 3

that station 11 years, said it was "fun to be able to get out into the community and touch base with people you've never met before. And it's good to do so in more of a casual situation than coming out to take a report."

She also loved meeting all the children. "We gave out glow sticks, police rubber duckies, bubbles, kids' sunglasses, fruit snacks and squirt guns," she said. "The weather's nice and this was a great turnout, especially for the neighborhood's first time."

Alexander said people in Northern Virginia are normally so busy that "coming out with your neighbors to chat and have a good time doesn't happen very often. So this event gives them a break to do that. And the police are happy to be a part of it to raise community awareness and promote National Night Out and crime prevention."

Resident Mariam Hooks organized the whole shebang for Mount Gilead, in Centreville's Historic District. About 35 people came and feasted on grilled hamburgers, hot dogs and chicken, plus pasta and potato salads, fruits, vegetables and desserts.

"We just organized our Neighborhood Watch program three years ago," she said. "Last year, we just did the [porch] lights on; but this year, we wanted to get more involved. And now that we see how nice it turned out, we'll do it

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again."

Hooks said National Night Out "brings awareness to the community and gets everybody out for the social aspect, talking to their neighbors. And it's great to have that police presence. The officers

come out and remind people how important Neighborhood Watch is. It's good for the residents to get to meet the officers in our district; and if we ever need their assistance, now we've met a lot of them."



Posing by a Sully District Police Station cruiser in Little Rocky Run during National Night Out are (from left) Sgt. Rex Pagerie, Keira and Kevin White and son Keegan, 2, and 2nd Lt. Trafton Parr.







Photos by Craig Sterbutzel/The Connection

Top Sales in June, 2014





3554 Early Woodland Place, Fairfax — \$1,240,000

Oakton

Fairfa

123

Fairfax Station

50[°]

8

Clifton

6530 Megills
Crossing Way,
Clifton —
\$1,050,000

Vienna

FAIRFAX

Burke

286

(50)

Falls

Churc

Springfield

Lorton

15604 Jillians Forest Way, Centreville — \$2,650,000



10609 Donovans Hill Drive, Fairfax Station
\$1,125,000



1 3444 Preservation Drive, Fairfax — \$1,099,000



(2) 4700 Brentwall Court, Chantilly — \$746,000



234

Chantilly

28

Centreville



Home LifeStyle

Keeping School Clutter Under Control Staying organize this school year.

By Marilyn Campbell Centre View

hen summer comes to a grinding halt in a few weeks, a new school year will begin. From alarm clocks and school bells to piles of homework assignments and sports schedules, maintaining a coordinated household can be difficult, however. Local organizers are offering simple suggestions to help make the transition from summer to the start of the school year seamless.

"If you've had a lazy summer and your home is an organizational mess, take a day off from work or at least set aside several hours to spend whipping it back into shape before the first day of school," said Faye English, an organizer from Fairfax. "The school year will be much easier if you get organized from the beginning."

Set aside time for tackling such projects as cleaning out bedroom and coat closets and mudrooms. "Take all of the clothes, jackets, shoes and sports equipment that your kids have outgrown and give them away," said English. "Once you've discarded everything you no longer need, start setting up new storage systems and make sure



Designating a place in one's home for papers and homework supplies is one way to stay organized during the school year.

everything has a place." One of the most noticeable changes that many families experience after returning to school is an increase in the paper that accumulates at home. "You have to plan the increase in paper work," said Alexandria-based organizer Laura Dando. "Give each child a file folder or a bulletin board where they can keep their important papers, permission slips and homework assignments. To control clutter, clean it out once a week."

Create a space to store or display artwork. "Children enjoy seeing their artwork hanging at home," said Dando. "At the end of the school year you can store some of the artwork in a keepsake box."

Take inventory of each child's school supplies and determine what needs to be purchased and what can be reused. "Once the school sends the list of supplies your child will need, figure out what you already have so you don't feel compelled to blindly buy everything on the list," said English. "If your child [has] a backpack or lunchbox that's in perfectly good condition, consider reusing it."

SET ASIDE A SPACE where children will do homework and make sure each child has a bin with the supplies he or she will need

Staying organized

for completing their assignments, said Arlington-based organizer Michelle Stanbury. "The homework space should be quiet, free of distractions and have good lighting," she said. Keep a large family calendar that includes each child's events. "It can even be a dry erase board," said Stanbury. "But it should include sports schedules, club meetings, field trip dates and other events. Use a different color marker for each child. This way everyone in the family knows everyone else's schedule." Encourage children to begin choosing their outfits for school before going to bed at night. "This will save a lot of time and fights when children are getting ready for school in the morning," said Dando. "With younger children, it also helps if, when you're school shopping, you buy clothes that all coordinate together and match. This is especially useful for children who like to pick out their own outfits for school." Designate a place in your home where children hang up and store their coats and backpacks. "As parents, sometimes it feels easier to hang up our children's clothes for them," said English. "But if kids are trained to hang up their coats, backpacks and lunchboxes as soon as they come in the door from school, it will be less stressful for everyone."

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Sports

Centreville Football To Open Season On ESPNU

The defending Virginia 6A state champion Centreville football team will open the 2014 season at home against Gonzaga, a private school located in Washington, D.C., at 8 p.m. on Friday, Sept. 5. The game will be televised nationally on ESPNU.

Centreville finished the 2013 season with a 15-0 record, including a 35-6 win over previously unbeaten Oscar Smith on Dec. 14 in the state final in Charlottesville. After the win, the Wildcats were ranked No. 15 nationally by USA TODAY.

Centreville returns several key players, including running back AJ Turner, receiver Charles Tutt and fullback Taylor Boose.

Chantilly's Sciorra, Ford Participate In All-Star Game

The Virginia High School Coaches Association in July held its annual all-star game for seniors. Chantilly center fielder Mike Sciorra competed for the West team, which was coached by Chantilly's Kevin Ford.

Sciorra was also named to the VHSCA 6A all-state first team. Teammate Eason Recto was named to the second team.

CVHS XC Holding Car Washes

The Centreville High School cross coun-

try team is holding two car washes as fund-raising efforts for the new fall season. They will both take place the Colonnade Shell Station on Union Mill Road in Clifton. The first car wash will be Aug. 17 from 8 a.m.-1 p.m., and the second will be on Aug. 24, also from 8-1.

> Taylor Boose, seen in last season's state championship game, and the Centreville football team will face Gonzaga on Sept. 5. The game will be televised on ESPNU.



NVSO 10K, 20K Cycling Events Enter 5th Year

he 2014 NVSO will be held Sept. 13-24 with more than 50 events taking place at 19 venues throughout Northern Virginia. Events include 10K and 20K cycling, with each event entering its fifth year.

In addition to cycling, other events include 5K road race, badminton, volleyball, handball, racquetball, pickleball, tennis, table tennis, swimming, diving, ten pin bowling, Wii bowling, card games, board games, track and field and more. Registration is available online at www.nvso.us. Registration forms are also available at senior centers, community centers, senior residences or by calling 703-228-4721. Registration fee is \$12 which covers multiple events. There is no onsite registration for any event. Information is available at nvso1982@gmail.com.

Participants must be 50 years of age by Dec. 31, 2014 and live in a sponsoring jurisdiction.

NVSO is sponsored by the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William and the cities of Alexandria, Falls Church and Fairfax.



In the Ronald McDonald House Courtyard are, seated, Catie Zimmerman, Sarah Luffy, Ronald McDonald, and standing, Julia Kim, Leidy Chiapponi, Ashlyn Newport and Hannah Robinson.



Virginia Run 6th Graders Making a Difference

he Virginia Run Elementary 6th grade class has a tradition of taking on their own service project each year. Last year's 6th graders chose to support the Ronald McDonald House in Fairfax, creating activity bags for children staying at their house. Students prepared advertising materials, collected donations from students at Virginia Run, decorated tote bags, and filled them with toys, crafts and projects. The 6th graders surpassed expectations by collecting enough donations to fill more than 125 bags. Students who delivered the bags received much thanks and a tour of the Ronald McDonald House facility in Fairfax.

Entertainment

Email announcements to centreview@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

- Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog. Visit aforeverhome.org for more information.
- Fine Arts Open Exhibition. Through Aug. 19. at Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. The Jewish Community Center of Northern Virginia will be opening its annual art exhibition to highlight the work of new members, staff and the community. All media will be represented, from drawing to ceramics. Entry fee is \$10 for members and \$18 for nonmembers. Contact 703 323-0880 or visit www.jccnvarts.org for more information.
- Evenings on the Ellipse Summer Concert Series. Thursdays through Aug. 28. 5:30-7:30 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Whether you like jazz, big band, bluegrass, or Latin pop, there is sure to be something for everyone. Rain or shine. Free. Visit
- www.fairfaxcounty.gov/parks/ performances/ellipse.htm for more. **Blue Star Museums**. Through Sept. 1. at more than 2,000 locations. The program provides families an opportunity to enjoy the nation's cultural heritage and learn more about their new communities after a military move. Free for Military

families. Visit http://arts.gov/ national/blue-star-museums.

- Fairways-Fore-FREEdom. Through Sept. 1. 3 p.m. at Westfields Golf Club, 13940 Balmoral Greens Ave., Clifton. Military golf program in honor of the armed forces. Only for those with valid with military ID. \$29 - \$69. Visit www.marriottgolf.com, or call 703-631-3300.
- call 703-631-3300. **Registration for 2014 Northern Virginia Senior Olympics.** Online registration for the 2014 Northern Virginia Senior Olympics is open now. Events will take place Sept. 13-24 at 19 different venues throughout Northern Virginia. Registration forms are available at senior centers, community centers and senior residences or by calling 703 228-4721. Deadline to register is Aug. 29 by mail and Sept. 5 online. Adults 50 years of age by Dec. 30, 2014, residing in a sponsoring jurisdiction, are eligible to compete. Fee is \$12. Visit www.nvso.us for more.
- The Airbus IMAX Theater at National Air and Space Museum Udvar-Hazy Center, 14390 Air & Space Museum Parkway, is showing movies including "D-Day: Normandy 1944", "Hubble," "Fighter Pilot," "Hidden Universe" and "The Dream is Alive." Visit http:// airandspace.si.edu/udvarhazy or call
- 703-572-4118 for the movie schedule or to schedule an IMAX On Demand show for groups of 50 or more. **Sully Historic Site.** 3650 Historic
 - Sully Way, Chantilly. Enjoy guided tours of the 1794 home of Northern Virginia's first Congressman, Richard Bland Lee. \$7/adult; \$6/student; \$5/ senior and child. Hours are 11 a.m.-4 p.m. 703-437-1794.
- **D-Day: Normandy 1944.** at the Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy.,

Chantilly. A movie about D-Day and those who gave their lives. Free. Visitwww.si.edu/Imax/Movie/133. **Singing.** 7:30 p.m. at Lord of Life Lutheran Church, 13421 Twin Lakes Drive, Clifton. The Fairfax Jubil-Aires rehearse every Wednesday which includes training by an awardwinning director. Visit www.fairfaxjubilaires.org for more.

THURSDAY/AUG. 14

- Ask an Expert. 12:30-1 p.m. at Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. A discussion about the "Grumman F6F Hellcat," presented by Russell Lee. Meet at the nose of the SR-71 in the Boeing Aviation Hangar. Free. Visit http://airandspace.si.edu/events/ ask-an-expert/#hazy for more.
- **Clay Cafe: Funky Mugs.** 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Paint a funky mug with a paint-carving technique. For teens; grades 7-12. Call 703-502-3883.

FRIDAY/AUG. 15

- **Dairy Days.** 1, 2 or 3 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Make ice cream and butter the old-fashioned way. \$5 for in county, \$7 for out of county. Visit www.fairfax.gov/parks/sully for more.
- **Ready for School Storytime.** 2 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Early literacy storytime program for children ready to be on their own without caregivers or siblings. Age 4-5. Call 703-502-3883.

SATURDAY/AUG. 16

- **Plant Clinic.** 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Master gardeners provide horticultural tips, information, techniques and advice to home gardeners. Call 703-502-3883.
- Lego Mania. 12:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Show off building skills. For children in kindergarten through grade 2. Call 703-502-3883.
 Bouncin' Babies. 3 p.m. at Chantilly
- Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for babies up to 11 months with adult. Call 703-502-3883. Small Wonders. 4 p.m. at Chantilly
- Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for children 12-23 months with adult. Call 703-502-3883. **Drive-in Movie.** Food and children's
- activities 6-8 p.m., movie begins at dark. Starlight Cinema, 5860 Trinity Parkway. "Cloudy with a Chance of Meatballs 2" plays at the drive-in. Watch from your car or bring blankets to lounge on. Bring a radio to listen outdoors. Free. Visit www.fairfaxcounty.gov/parks/ performances or call 703-324-8662 for more.

SUNDAY/AUG. 17

Golf Festival. 2:30-4 p.m. at Westfields Golf Club, 13940 Balmore Greens Ave., Clifton. Parents and children learn to play golf together with a chance to win a variety of prizes. Free. Call 703-631-3300 to sign up. Visit www.facebook.com/ events/841010659243276/ for more.

MONDAY/AUG. 18

Writers of Chantilly. 6:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Share work and give and receive feedback in a supportive setting. Call 703-502-3883.

TUESDAY/AUG. 19

- **Toddlin' Twos.** 10:30 and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Early literacy storytime with stories, songs and activities. Age 2 with adult. Call 703-502-3883.
- Wheee. 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. High octane storytime for ages 3-5 with adult. Call 703-830-2223.
- Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Early literacy program with stories and activities for children age 3-5 with adult. Call 703-502-3883.
- Ravenous Readers. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Book discussion group for teens in grades 7-12. Call 703-830-2223.

WEDNESDAY/AUG. 20

- Summer Concert Series. 10-11 a.m. at Frying Pan Visitor Center, 2739 West Ox Road, Herndon. The band Rocknoceros provides family fun for children of all ages. Free. Call 703-437-9101 for more.
- **Bouncin' Babies.** 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for babies up to 11 months with adult. Call 703-502-3883.
- Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Rhymes, songs, stories and activities for children 12-23 months with adult. Call 703-502-3883.

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www.ConnectionNewspapers.com

Write Now, I Just Don't Know

By KENNETH B. LOURIE

The biggest writing problem that I have, other than the ones you regular readers generally know about, is writing a current column on the weekend immediately preceding the next Wednesday's publication date, when I am still waiting on results from my most recent CT Scan. This isn't like putting the cart before the horse, this is more like putting the horse in the cart and pulling it. Aside from not knowing definitively about this most recent look into my lungs, and thus not wanting to discuss it – premature annunciation you might call it - assimilating the ever-present anxiety and worry about any and all things cancer-related never gets easy. Moreover, the not-knowing corrupts my brain and stifles my creative juices. How can I think about anything other than what information I don't have? And considering the circumstances and the context: my life being at stake; anything, everything, all the things, pale in comparison and nothing feels worth writing about – so that's what I'm writing about.

Let me attempt to clarify a bit. This feeling isn't about waiting for results per se. It's not about the interval of time between my scan and my next face-toface meeting with my oncologist when Team Lourie will be updated; it's not about wondering if any symptoms I've had (I haven't had any) are indicative of potential trouble; it's not about my insurance coverage or money running out and in turn there being some gap in my coverage; nor is this, generally speaking, about business or pleasure. No, this is about living my day-to-day life when the elephant is not only in the room, it's on your shoulders, in your head, and everywhere else it can possibly be.

Not that I'm totally blocked and unable to function; hardly. I am still in control of most of my bodily functions and almost all of my activities of daily living, and when I get dressed, I am still able to put my pants on one leg at a time like everybody else with very little difficulty. In short, my life appears to be relatively normal. No one could tell by looking at me that I'm living on the edge, maybe the cusp, hopefully not precipice, of potentially life-changing information. The reality of this upcoming Friday's appointment/reality so dominates my brain that it's practically impossible for me to mind anything but my own business, and what seems to suffer most is creative pursuits, and unfortunately that is reflected in this week's column: a meandering (though not necessarily intended to be) testament to cancer's insidious effect, emotionally. Cancer may occasionally work in mysterious ways, but in one way it's effect is perfectly clear: your thinking is not what is used to be, pre-cancer.

Nevertheless, I can manage. It's no problem, really. After five and one half years, I know what to expect. It's just time that thankfully I still have. I'll know soon enough though. It's already Monday. Besides, good things come to those who wait, right?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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Letter

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in close proximity. It is important to note that this is not a waiver home, but rather a home for individuals with high support needs, so that the funding streams and the staffing are need-based rather than arbitrarily capped and subject to the uncertainties of budgeting in the General Assembly. The residents will have day programs as well as access to medical and dental care, plus many additional supports that their disabilities require but that cannot be accommodated by the funding stream available to a waiver group home.

Until the community has adequate placements for those with the most intensive support needs, please do not force NVTC residents out of their homes. Build the necessary accommodations and supports first or, better yet, maintain a right-sized NVTC in a smaller footprint on a portion of the present site, regardless of how many years it takes. We can do this in Northern Virginia: bring the various stakeholders together, as we did in 2010 with the proposed NoVA Regional Plan, to accomplish solutions that make sense for those who are medically fragile and behaviorally challenged. Let us keep our loved ones here in Northern Virginia, providing the care they need now and into the future, when appropriate alternatives are built and ready. "First, do no harm."

Jane Anthony and Judith Korf, Co-Presidents

Parents and Associates of the Northern Virginia Training Center

Bulletin Board

THURSDAY/SEPT. 4

SYA Annual Board meeting. 7:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive, Centreville. Discussion of and voting for open positions. Nominations for president, vice president, secretary and treasurer can be submitted to syaboard@verizon.net. Free and open to the community. Call 703-815-3362 or email orsyaboard@verizon.net for more.

MONDAY/SEPT. 5

Woman's Club Meet and Greet. 7 p.m. at Greenbriar's Cale Community Center, 4615 Stringfellow Road. Come meet members and learn about the club and its activities. Free. Guests are welcome. Visit www.wfcwc.org or email westernfairfaxcountywc@gmail.com for more.

SATURDAY/SEPT. 6

- **Ribbon Cutting Ceremony.** 10 a.m. 13808 Wall Road, Herndon. The official opening of Sully Highlands Park, which features state-of-the-art athletic facilities. Free. Call 703-324-8662.
- **Ribbon Cutting Ceremony.** 2 p.m. at the Sully Historic Site, 3650 Historic Sully Way, Chantilly. A ceremony to mark the completion of the new visitor center. Free. Call 703-324-8662 for more.

MONDAY/SEPT. 8 OR WEDNESDAY/SEPT. 10

Community Emergency Response Team (CERT) Training. 7-10:30 p.m. Fairfax County Fire and Rescue Academy, 4600 West Ox Road, Fairfax. Fairfax County will offer Community Response Team (CERT) training to residents over a two month period, during September and October 2014, Residents may choose from one of two sessions, either Sept. 8, 15, 22, 29, and Oct. 6, 20, and 27, or Sept. 10, 17, 24, and Oct. 1, 8, 22, 29. The training intends to provide immediate assistance and critical support before first responders arrive on scene. Free. To sign up, go to the Fairfax County volunteer portal at https://volunteer.fairfaxcounty.gov and search for CERT. Call Jeff Katz, at 703-246-3926.

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BULLETIN BOARD

Email announcements to centreview@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ELECTRONICS RECYCLING

Residents can now "e-cycle" at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/ recycling/electric-sunday.htm.

THURSDAY/AUG. 14

- English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.
- eBook Help. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or digital reader and library card. Call 703-502-3883.
- Civil War Lecture. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. "Battle of the Crater/Petersburg, July 1864" by NPS Ranger Emmanuel Dabney. Call 703-830-2223.

FRIDAY/AUGUST 15

Suicide Prevention Plan. Through August 15. The Community Services Boards (CSBs) of Northern Virginia are asking community members to complete a brief survey to provide important information for the

development of a regional suicide prevention plan. This survey is open to anyone, so you are encouraged to share this information with others who may be interested in completing the survey. The survey is available at https:// www.surveymonkey.com/s/ 6SHN2NQ.

SUNDAY/AUG. 17

- Car Wash Fundraiser. 8 a.m.-1 p.m. at the Colonnade Shell Station o Union Mill Road, Clifton. The Centreville High School Cross Country team is holding a car wash to fundraise for the new fall season.
- MONDAY/AUG. 18
- ESL Book Club. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Adults learning English meet to discuss a book chosen by the group. Call 703-830-2223.

MONDAY-TUESDAY/AUG. 18-19

Mental Health First Aid. 8:30 a.m. 1:30 p.m. at the Pennino Building, 12011 Government Center Parkway, Fairfax. Public education program from the Fairfax-Falls Church Community Services Board Wellness and Health Promotion. Over a twoday course, certified instructors help people learn to assist someone developing or experiencing a mental health problem or crisis. \$25. Visit www.fairfaxcounty.gov/hscode/ ereg/

Registration.aspx?groupID=47.

TUESDAY/AUG. 19 NOVA Registration Closes.

Registration for Northern Virginia Community College's 16-week fall semester and the first 8-week term closes. Classes begin Aug. 20. Visit www.nvcc.edu or visit campuses in Alexandria, Annandale, Loudoun, Manassas, Springfield and Woodbridge. Call 703-323-3000. **English Conversation Group.** 10:30 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students.

THURSDAY/AUG. 21

Call 703-502-3883.

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

SATURDAY/AUG. 23

- ESL Book Club. 11 a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Adults learning English meet to discuss a book chosen by the group. Call 703-502-3883.
- English Conversation Group. 3:30 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Practice English with other students. Call 703-502-3883.

SUNDAY/AUG. 24

Car Wash Fundraiser. 8 a.m.-1 p.m. at the Colonnade Shell Station on Union Mill Road, Clifton. The Centreville High School Cross Country team is holding a car wash to fundraise for the new fall season

MONDAY/AUG. 25

ESL Book Club. 7 p.m. at the

Centreville Regional Library, 14200 St. Germain Drive. Adults learning English meet to discuss a book chosen by the group. Call 703-830-2223.

TUESDAY/AUG. 26

a.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

eBook Help. 1 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or digital reader and library card. Call 703-502-3883.

THURSDAY/AUG. 28

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

SUNDAY/AUG. 31

Nomination Deadline. Elite Car Care Centers is starting a charitable "Pav it Forward" campaign. Nominate someone who needs car repair and cannot afford it by writing a letter or email and 10 vehicles will be chosen at the end of the month. Visit www.elitecarecarecenter.com for more or to nominate someone in need.

SUNDAY/AUG. 31-MONDAY/SEPT. 1

Labor Day Weekend. All branches of the Fairfax County are closed for the holiday.



English Conversation Group. 10:30

WEDNESDAY/AUG. 27

building skills. For children in grades 3-6. Call 703-502-3883. FRIDAY/AUG. 22 Dairy Days. 1, 2 or 3 p.m. at Sully

ENTERTAINMENT

THURSDAY/AUG. 21

PJ Library Book Buddies. 2 p.m. at

related to Jewish culture and

Chantilly Regional Library, 4000 Stringfellow Road. Stories and crafts

traditions. Ages 2-5 with caregiver,

Jennifer.DeAngelis@jccnv.org with

Lego Block Party. 7 p.m. at Chantilly

Regional Library, 4000 Stringfellow

Road. Legos provided; come show off

siblings welcome. Call 703-502-3883

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or contact

questions.

Historic Site, 3650 Historic Sully Way, Chantilly. Make ice cream and butter the old-fashioned way. \$5 for in county, \$7 for out of county. Visit www.fairfax.gov/parks/sully for more

FRIDAY-THURSDAY/AUG.22-SEPT.18

Experience Peru. 11750 Fair Oaks Mall, Fairfax. If Machu Picchu, one of the New Seven Wonders of the World, is on your must-see list, take a side trip to Fair Oaks Mall for an interactive glimpse of Peru. The centerpiece of the interactive exhibit will feature a 20 x 30 foot exhibit of fabled Machu Picchu for shoppers to visit, photograph and enjoy. Free and open to the public during Fair Oaks business hours.Visit shopfairoaksmall.com for more.

SATURDAY/AUG. 23

- Plant Clinic. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Master gardeners provide horticultural tips, information, techniques and advice to home gardeners. Call 703-502-3883.
- Peaceful Paws. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children can meet and read to a trained therapy dog for a 15-minute session. Especially for children with developmental challenges meet and read to a trained therapy dog. Bring a book or choose one from the library. Call 703-502-3883.
- Vintage#18 Performance. 2-5 p.m. 13041 Lee Jackson Memorial Highway, Fairfax. Dogfish Head Ale House. Vintage#18 is a high energy soul and blues band. Visit http:// vintage18.net.
- Paws for Reading. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children can meet and read to a trained therapy dog for a 15minute session. Especially for children with developmental challenges meet and read to a trained therapy dog. Bring a book or choose one from the library. Call 703-502-3883.
- Drive-in Movie. Food and children's activities 6-8 p.m., movie begins at dark. Starlight Cinema, 5860 Trinity Parkway. "Frozen" plays at the drivein. Watch from your car or bring blankets to lounge on. Bring a radio to listen outdoors. Free. Visit www.fairfaxcounty.gov/parks/ performances or call 703-324-8662.

MONDAY/AUG. 25

Sully Book Club. 1 p.m. at Centreville Regional Library, 14200 St. Germain Drive. "A Certain Justice" by P.D. James. Call 703-830-2223

TUESDAY/AUG. 26

Toddlin' Twos. 10:30 and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Early literacy storytime with stories, songs and activities. Age 2 with adult. Call 703-502-3883.

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