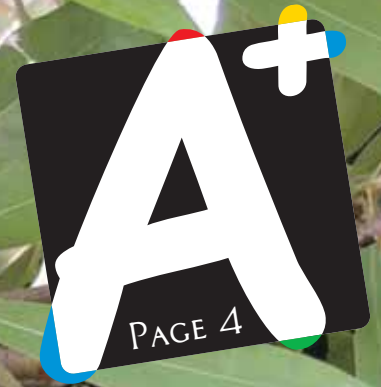


Potomac ALMANAC



The Prevention of Blindness Society's testing helped save Matthew Denchfield's eyesight. Here he shows where he hid his eye patch as part of a game after he was done with it.

Supporting Prevention Of Blindness

NEWS, PAGE 3

Whitman Football
To Expand
Passing Game

SPORTS, PAGE 8

Walk To Benefit
Luke's Wings

NEWS, PAGE 3

Extending Summer Reading

A+, PAGE 4

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NEWS

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**Rescue
crews shore
up the
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trench on
Martinsgale
Court.**

PHOTOS FROM
PETE PIRINGER
MCFRS

Trench Rescue

Montgomery County Fire & Rescue Service responded to a report of a trench collapse in the 10900 block of Martinsgale Court, Potomac, on Thursday, Aug. 14. Firefighters extricated two workers who had been buried waist-deep in mud.



**Crews prepare materials in the front yard
in effort to assist with the expected long-
duration rescue.**



**Rescue crews have completed the task of
shoring up the trench and work to remove
the injured workers from the hole.**



**After the rescues, Division Chief Scott Goldstein and Battalion Chief Douglas Hinkle
conduct an after-action discussion in the front yard of Potomac house.**

Joining Eye Run 5K for Prevention of Blindness Society

Valerie Tripp, author of American Girl Books, to be grand marshal of 5K family event.

BY SUSAN BELFORD
THE ALMANAC

Nine-year-old Matthew Denchfield and his family are building a team, raising funds, holding lemonade sales, knocking on neighbor's doors, and spreading the word. Even Matthew's twin sister, Madison has dug in her piggy bank to make a donation. "This is big. She never spends her money on anything," Matthew said.

Team Denchfield is dedicated to making the Eye Run 5K for the Prevention of Blindness Society (POB) a success because the Denchfield family and Matthew have personally received the gift of sight from the agency. When Matthew was in pre-school, he came home with a note from POB indicating he might have a vision problem with his left eye.

There had been no indications that Matthew had a vision problem. He could hit a baseball and ride a bike by the age of two, he could find anything that was lost in his home, and could read without difficulty or squinting. His parents, Heather and Kurt, immediately took him to pediatric ophthalmologist Dr. G. Vike Vicente, who identified his vision problem as amblyopia, or lazy eye. He was legally blind in his left eye, even with reading glasses. Matthew had to patch his good eye for three hours a day for a year

(not an easy task when the unpatched eye has little or no vision) and, because of early detection and treatment, Matthew now has 20/30 vision with glasses.

"In most cases if this condition is not addressed during a child's early years, it cannot be corrected," said his mom, Heather Denchfield. "Without the POB testing Matthew's vision, his outcome might have been drastically different and he would have been legally blind. POB truly provides a life-changing service throughout the D.C. area to our most precious gifts, our children."

"Matthew's case was exceptional," said Vicente. "He was very far-sighted in one eye. This did not bother him because his brain was ignoring, not using that eye. It is obvious when a young child has poor vision in both eyes, but almost impossible for parents to tell when a child is blind in only one eye. Many pediatricians are very good at detecting eye problems early on. The Prevention of Blindness Society helps reach more patients. Because it was caught so early, Matthew's result was better than expected. He would have been blind and crossed-eyed without early detection and treatment. He now sees well with both eyes and even has good depth perception."

"I want to help other kids who have vision problems and help the POB society because they helped me save my eyesight,"



Valerie Tripp, author of American Girl Doll Books, with Matthew Denchfield. Tripp is the grand marshal of the Prevention of Blindness Walk/Run.

Matthew said. "Everybody in my family will be walking or running, including my three-year old twin brothers, Jack and Jake, my sisters, Emily and Madison and my older brother, Taylor. My cousin Tim, a bunch of

my classmates and friends and even Dr. Vicente will be running too."

Matthew's parents are proud of his resilience and determination. "This really speaks to his character," Heather Denchfield said. "He has the drive to meet and overcome any challenge. He has an optimistic and 'can do' attitude about everything. He never argued about putting the patch on and was a real trooper about keeping it on for three hours every single day — sometimes even more. Gradually his lazy eye started to work — but it took a lot of patience and dedication. His twin sister, Madison never forgot that when he was patched, he had difficulty seeing. She would hold his hand when he went down steps and help him in any way he could. Each day, after being patched, Matthew was allowed to hide the patch where ever he wanted. We still find them to this day. "One is out in the tree," said Matthew. "I'll show you." And he crawled under the tree and pointed it out.

Author Valerie Tripp will serve as the grand marshal of the 5K Run/ Fun Walk family event. "We don't care if it is raining or sunny — the race will go on. The POB is an organization that performs such an essential service — I am thrilled that I can contribute to their efforts," Tripp said.

SEE SUPPORTING, PAGE 5

'Heroes Walk To Fly' Group provides airline tickets to military families visiting injured loved one.

BY SUSAN BELFORD
THE ALMANAC

A family receives the devastating call that their son, serving in the Afghanistan, had life-threatening injuries from an IED and was being air-lifted to Walter Reed National Medical Military Center. They were told to start driving to the nearest airport. The hospital staff would do what they could to keep their son alive until they got there, even though it was a five-hour flight.

They arrived at the airport, their tickets were given to them and they boarded the plane for Washington Dulles. Thankfully, their son was alive when they arrived — and is still recovering today. This family and many other military families are grateful for the transportation and travel planning provided free to them by a non-profit organization dedicated to their these needs — Luke's Wings. Families are amazed by the caring and loving support, the friendship and the sympathetic understanding that they receive when they make a request for tickets. It might be to celebrate a holiday, to spend a birthday with their loved one — or just to be there after yet another operation and rehab. Whatever their travel need,

Luke's Wings is there for them.

Luke's Wings was founded in 2008 when a group of young people observed the struggles of wounded warriors at Walter Reed. Founded by commercial real estate developer Fletcher Gill and Sarah Wingfield, a Redskins cheerleader ambassador, the organization is named after Wounded Warrior Luke Shirley who lost his arm and a leg in an IED blast and after Wingfield. Since its founding, Luke's Wings has been providing wounded warriors and veterans with an important ingredient for healing — the presence of family and loved ones. In 2011 and 2012, Luke's Wings expanded its programs to include Texas veterans, veterans in hospice care, and they are also the "go-to" for families of the special operators who are injured on missions.

"We are pleased that this walk will raise awareness and funds for the valuable services provided by Luke's Wings," Lindsay Gill, executive director of Luke's Wings, said. "Our walk will be attended by veterans from Walter Reed as well as their families and we are looking forward to seeing the community come together for our these important Americans — our wounded warriors and veterans."

SEE WALK TO BENEFIT, PAGE 5



Heroes Walk to Fly Crew: Emily Neufeld, director of fundraising; Lindsay Gill, executive director, business development; Debbie Katz Berklehammer, founder of DKB Creative Events, and Jenn Magerer, executive director, family communications and logistics.

Extending Summer Reading

Local educators say reading is just as important as youngsters get ready to go back to school.

BY MARILYN CAMPBELL
THE ALMANAC

The start of school is just around the corner. Summer reading requirements are finished and reading contests sponsored by local libraries are coming to an end. That doesn't mean that the waning days of summer can't be filled with exciting reads. Local educators and library media specialists underscore the importance of not losing reading as school starts.

"Continuing to read during the last days of summer is a good way to help with the transition back to school, even for children

who are going to preschool for the first time," said Potomac-based reading specialist Mimi Kurz. "Make it fun. Allow children to choose their own books. The most important thing is they keep reading."

In fact, the American Academy of Pediatrics recently underscored the importance of reading, even urging parents to read to their newborn babies. "Early exposure to books and reading is getting quite a bit of buzz right now, and I hope it keeps up," said Melissa Davis, head of Lower School, Alexandria Country Day School. "Exploring and reading books, as well as plenty of time for talk and enjoyment of the story are key factors in reading acquisition."

Book Suggestions

Suggestions from Melissa Davis, head of Lower School, Alexandria Country Day School

Toddler/Pre-School suggestions:

Naming Books

"What Is It?" by Tana Hoban
"Red, Blue, Yellow Shoe" by Tana Hoban
"Max's First Word" By Rosemary Wells

Toy Books

"Pat the Bunny" by Dorothy Kinhardt
"Where's Spot?" by Eric Hill
"Maisy Goes to Bed" by Lucy Cousins

Rhymes and Songs

"Head, Shoulders, Knees, and Toes and Other Action Rhymes" by Zita Newcome
"Hush Little Baby" by Marla Frazee
"I Know an Old Lady Who Swallowed a Fly"

by Simms Taback

"The Wheels on the Bus" by Paul Zelinsky

Mother Goose

"Here Comes Mother Goose Edited" by Iona Opie and Rosemary Wells
"Tomie de Paola's Mother Goose" by Tomie de Paola
"Each Peach Pear Plum" by Allen and Janet Ahlberg
"A Movable Mother Goose" by Robert Sabuda

Alphabet Books

"Chicka Chicka Boom Boom" by Marin and Archambault
"Animal Alphabet" by Bert Kitchen
"Alligator Arrived with the Apples" by Crescent Dragonwood
"A Book of Letters" by Ken Wilson-Max

Counting Books

"Ten, Nine, Eight" by Molly Bang

"Carlo Likes Counting" by Jessica Spanyol
"Rain Dance" by Kathi Appelt

Concept Books

"Exactly the Opposite" by Tana Hoban
"My Feet" by Alike
"I Love Guinea Pigs" by Dick King-Smith

Wordless Books

"Truck" by Donald Crews
"Pancakes for Breakfast" by Tomie dePaola
"Picnic" by Emily McCully

Pattern/Predictable Books

"Brown Bear, Brown Bear, What Do You See?" by Bill Martin Jr. and Eric Carle
"The Napping House" by Audrey Wood
"Rosie's Walk" By Pat Hutchins

Book Suggestions from Elizabeth Lockwood, library media specialist, Alexandria Country Day School

Preschool Books

"Where's My Teddy" by Jez Alborough
"When Dinosaurs Came With Everything" by Elise Broach
"Stellaluna" by Janell Cannon
"Freight Train" by Donald Crews
"Jamerry" by Bruce Degen
"Go Away, Big Green Monster" by Ed Emberley
"Chrysanthemum" by Kevin Henkes
"Where's Spot?" by Eric Hill
"Biggest, Strongest, Fastest" by Steve Jenkins
"Mama, Do You Love Me?" by Barbara Joose
"The Snowy Day" by Ezra Jack Keats

"George and Martha" by James Marshall
"Chicka Chicka Boom Boom" by Bill Martin
"Everywhere Babies" by Susan Meyers
"Piggy in the Puddle" by Charlotte Pomerantz
"Where the Wild Things Are" by Maurice Sendak
"Sheep in a Jeep" by Nancy Shaw
"Don't Let the Pigeon Drive the Bus" by Mo Willems
"Owl Babies" by Martin Waddell
"Yoko" by Rosemary Wells
"A Chair for My Mother" by Vera Williams

Book Suggestions from Diana Price, Central Library Youth Services manager, Alexandria Library

Grade school suggestions:

Picture Books (gr. K-2):

"Peck Peck Peck" by Lucy Cousins
"Peanut Butter and Jellyfish" by Jarrett Krosoczka
"The Pigeon Needs a Bath" by Mo Willems
"Gaston" by Kelly DiPucchio
"Don't Play With Your Food!" by Bob Shea

Chapter Books (gr. 3-5):

"Operation Bunny" by Sally Gardner
"Fortunately, the Milk" by Neil Gaiman
"The False Prince" by Jennifer Nielsen
"Counting by 7s" by Holly Goldberg Sloan

Middle School Fiction (ages 12+)

"Midwinterblood" by Marcus Sedgwick
"We Were Liars" by E. Lockhart
"Mister Orange" by Truus Matti
"The Last Dragonslayer" by Jasper Fforde
"Lockwood & Co. The Screaming Staircase" by Jonathan Stroud



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Supporting Prevention of Blindness

FROM PAGE 3

After the race, Tripp will be available for photographs, autographing books and discussing a new series called "Boys Camp" along with co-author Kitson Jacynka and a mom who presented the idea for the boys' books, Ann Jenkins. This series presents boys in a different light. "We feel boys are misrepresented in children's books."

Boys are curious about nature and adventure; they are kind and often have strong nurturing instincts. We have created books about boys at summer camp — they have adventures but they also display wonderful instincts, a sense of humor and strong character. The 'Eye Run for POB' is a wonderful manifestation of the idea," Tripp said.

She has also offered a class visit to the school that builds the largest team. "I love talking with the children, leading a writing workshop and hopefully inspiring some new authors," Tripp said.

The "Eye Run for POB" will take place at Westfield Montgomery Mall on Sept. 7 from 8 – 11 a.m. The event will consist of a 5K race and a non-competitive walk — both are handicap and stroller friendly. A Kid's Camp with creative activities will be held after the walk, and POB will offer free eye screenings. For more information and to register for the race/walk, go to www.youreyes.org. The cost is \$40 for adults and all proceeds go to the Prevention of Blindness Society.

Founded in 1936, the Prevention of Blindness Society of Metropolitan D.C. is the largest local prevention of blindness agency in the U.S., dedicated to



Matthew Denchfield shows his patch to author Valerie Tripp.

the improvement and preservation of sight by providing services, education, advocacy and innovation. They screen 8,000 children annually for vision loss and strabismus and 5,000 adults for glaucoma.

PHOTO CONTRIBUTED

Walk To Benefit Luke's Wings

FROM PAGE 3

The first Luke's Wings "Heroes Walk to Fly" 1.5 mile family-friendly walk will take place on Sunday, Sept. 7 from 10 a.m. to 3 p.m. with events before and after the walk.

Beginning at Stone Ridge School of the Sacred Heart, 9101 Rockville Pike in Bethesda, the pre-walk events will feature yoga, a bagel breakfast and the inaugural ribbon-cutting led by community officials, representatives from Luke's Wings, sponsor SAIC and special guest honoree Staff Sergeant Marcus Burleson (Ret.). The walkers will stroll through Bethesda past Walter Reed and end at Euro-Motorcars where a block party will be held with fablous music and a cook-out for all the participants. Mama Lucia is donating the food for the cook-out and after the block party, BGR Burgers will host another post-party.

Special honoree Burleson was injured in 2011. Since his recovery and retirement, he has dedicated his efforts to research and outreach for veterans with PTSD. He focuses on why some veterans suffer from PTSD while others do not, and also works to implement new procedures for early intervention and treatment of patients with severe PTSD. Burleson's injuries include loss of his right arm, total paralysis in his left arm, a broken neck, loss of vision in one eye and more.

"We are grateful to our sponsors, including presenting sponsor SAIC, EuroMotorcars, Capital One, Red Team Consulting, Newton's Table, Sport and



Lindsay Gill of Luke's Wings greets Honor Flight of WWII veterans.

Health and many others — and we are hoping to attract more when others hear of our mission," Deb Berkelhammer of DKB Creative Events said. "While individual donations may be made directly on our website, Luke's Wings also asks corporations to support our cause with corporate sponsorships and in-kind donations. This organization is the only one that is focused on providing travel and travel planning for our wounded warriors. We are thrilled that many veterans will be participating in the walk. This will be an incredibly heartwarming event."

Join veterans and Luke's Wings in this first annual walk.

The cost is \$30 for adults and \$15 for children — families are encouraged to come to this stroller and wheelchair friendly event. Sponsorships are also available. For more information, go to www.lukeswings.org.

PHOTO CONTRIBUTED

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www.PotomacAlmanac.com

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PUBLISHER

Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

EDITORIAL

PHONE: 703-778-9415

E-MAIL:

almanac@connectionnewspapers.com

EDITOR

Steven Mauren, 703-752-4013
smauren@connectionnewspapers.com

SPORTS EDITOR

Jon Roetman, 703-224-3015
jroetman@connectionnewspapers.com
@jonroetman

CONTRIBUTING WRITERS

Susan Belford, Carole Dell,
Cissy Finley Grant, Carole Funger,
Colleen Healy, Kenny Lourie,
Ken Moore

Contributing Photographers

Harvey Levine, Deborah Stevens

Art/Design:

Laurence Foong, John Heinly
Production Manager
Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann 703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

ADVERTISING

For advertising information

e-mail:

sales@connectionnewspapers.com

ACCOUNT EXECUTIVES

Display Advertising:
Kenny Lourie 703-778-9425
klourie@connectionnewspapers.com

Andrea Smith 703-778-9411

Classified Advertising
asmith@connectionnewspapers.com

Debbie Funk

National Sales & real Estate
703-778-9444
debfunk@connectionnewspapers.com

Jerry Vernon

Executive Vice President
jvernon@connectionnewspapers.com

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LET'S TALK Real Estate



by Michael Matese

Your Home's Price tag

Pricing is about supply and demand, something that is part science of economics and part the art of the deal. Your Realtor will start out with a Comparative Market Analysis, choosing homes in your area that are comparable in size, bedrooms, bathrooms and amenities. The list should contain homes no more than a half mile away and specific to your neighborhood. This is a standing rule, unless of course your property is in the country. Then you use the closest comparables in amenities and acreage.

The main things to compare besides bedrooms and bathrooms are square footage, amenities like fireplaces and pools, garages and the age of a home. You won't get a fair market analysis if the house you're marketing is being compared to other homes that are older, or say have a garage.

Another thing to keep in mind is neighborhood division. Pay attention to physical barriers such as major streets, access to freeways and if there are multiple entries and exits to the neighborhoods.

A good market analysis shows how competitive your house can be in today's market, so consult your Realtor and find out what your house is really worth!

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POTOMAC ALMANAC

Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

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3 9726 Meyer Point Drive
— \$1,390,000



5 9441 Tobin Circle — \$1,288,767



4 9706 Clagett Farm Drive —
\$1,328,000



8 20 Beman Woods Court — \$1,247,500



6 13805 Longacres
Preserve Court —
\$1,281,469



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2 11844 BEEKMAN PL	6	.	7	.	2	POTOMAC	...	\$1,400,000	Detached	0.92	20854	GLEN MILL VILLAGE	06/13/14
3 9726 MEYER POINT DR	5	.	3	.	1	POTOMAC	...	\$1,390,000	Detached	0.47	20854	AVENEL	06/30/14
4 9706 CLAGETT FARM DR	5	.	4	.	1	POTOMAC	...	\$1,328,000	Detached	0.20	20854	CLAGETT FARM	06/24/14
5 9441 TOBIN CIR	5	.	4	.	2	POTOMAC	...	\$1,288,767	Detached	0.52	20854	MCAULEY PARK	06/12/14
6 13805 LONGACRES PRESERVE CT ...	6	.	4	.	1	POTOMAC	...	\$1,281,469	Detached	2.69	20854	DARNESTOWN OUTSIDE	06/02/14
7 10027 CHARTWELL MANOR CT	5	.	3	.	2	POTOMAC	...	\$1,265,000	Detached	0.48	20854	AVENEL	06/12/14
8 20 BEMAN WOODS CT	3	.	4	.	1	POTOMAC	...	\$1,247,500	Detached	0.16	20854	AVENEL	06/06/14

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ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Glen Echo Park's Summer Concert Series. Thursdays through Aug. 28., 7-9 p.m. Seats are provided in the Bumper Car Pavilion where free concerts will be held rain or shine. The Ballroom Cafe will be open or you can bring a picnic dinner. The Dentzel carousel will also be open from 7-9 p.m., \$1.25/ride. This month enjoy:

- * Aug. 21: Memphis Gold
- * Aug. 28: U.S. Navy Band "Cruisers"

Kids Night. Wednesdays through Aug. 20. 6:30-8:30 p.m. at Rockville Town Square, 30 Maryland Ave., Rockville. Musical performances and magic shows. Free. Visit <http://rockvilletownsquare.com/events/kids-night/> for more.

Movies on the Square. Thursdays through Aug. 21. at sundown (roughly 8:30 p.m.) at Rockville Town Square, 30 Maryland Ave., Rockville. Bring a lawn chair and family and friends for favorite films under the stars. Free. Visit <http://rockvilletownsquare.com/events/movie-night/> for more.

Art Exhibit. Through Aug. 25. Saturdays 1-4 p.m., Sundays 1-8 p.m. at Glen Echo, 7300 MacArthur Blvd., Glen Echo. Mimi Levine: Retrospective. Free. Visit www.glenechophotoworks.org for more.

Family Game Day. Tuesdays through Aug. 28, 3 p.m. at Potomac Library, 10101 Glenolden Drive. Bring the family and enjoy a family game day. Children 5 and up and their families. Free. Visit montgomerycountymd.gov for more.

Dance Concert. Through Aug 29. 5:30-8:30 p.m. at 3 Bethesda Metro Ctr., Bethesda. An outdoor concert with live music. Free. Parking \$2. Visit www.facebook.com/3BethesdaMetroCenterFreeOutdoorDanceConcerts/ info for more.

Pinkalicious Show. Through Aug. 31. Most shows on Saturdays, Sundays and Mondays at Adventure Theater, 7300 MacArthur Blvd., Glen Echo. Pinkalicious can't stop eating pink cupcakes and ends up turning pink. Visit www.adventuretheatre-mtc.org for more.

Great Falls Tavern, Mule-Drawn Canal Boat Rides. Wednesdays-Sundays through Aug. 31. 11 a.m., 1:30 p.m. and 3 p.m. Boat rides along the historic C&O Canal. Visit www.nps.gov/choh/planyourvisit/great-falls-canal-boat-rides.htm.

Glass: Visions & Voices. Through Sept. 14; Reception: Aug. 24, 4-6 p.m. Saturdays and Sundays, noon-6 p.m. Popcorn Gallery, 7300 MacArthur Blvd., Glen Echo. Glen Echo Park Partnership for Arts and Culture is pleased to present an exhibition by the Art Glass Center. Artist led tours will take place Saturday, Aug. 31 at 1 p.m. and Friday, Sept. 12 at 6 p.m. Free. Visit www.glenechopark.org for more.

Wearable Art. Through Sept. 14; Reception: Sept. 12, 6-8 p.m. Saturdays and Sundays, as well as Labor Day Monday, noon-6 p.m. Stone Tower Gallery, 7300 MacArthur Blvd., Glen Echo. Glen Echo Park Partnership for Arts and Culture is pleased to present a wearable art exhibition featuring a variety of adornments including fiber art, clothing, and sculptural jewelry. Free. Visit www.glenechopark.org.

Art Walk in the Park. Every second Friday through October, 6-8 p.m. at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Artist

demonstrations, refreshments, open studios and galleries. Free. Visit www.glenechopark.org for more.

Blue Star Museums. The National Endowment for the Arts, Blue Star Families, the Department of Defense, and more than 2,000 museums across America have collaborated to offer free admission to the nation's active duty military personnel, including National Guard and Reserve and their families, through Sept. 1. The complete list of participating museums is available at <http://arts.gov/national/blue-star-museums>.

Conservatory Summer Display. 10 a.m.-5 p.m. at the Brookside Gardens Conservatory, 1500 Glenallan Ave., Wheaton. 2014 is a year of change for Brookside Gardens that will be visible in the summer conservatory. 'Wings of Fancy' butterfly exhibit will take the summer off and a lush tropical scene will take over both conservatories through Sept. 21. Free. Visit www.brooksidegardens.org, contact leslie.mcdermott@montgomeryparks.org or call 301-962-1400 for more.

Carousel Tours. 10:30 a.m. through Sept. 30; 3:30 p.m., Oct. 1 through April 30. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. These tours give visitors a closer look at the park's fully-restored 1921 Dentzel carousel. Hear about the civil rights protests and the story of how the town rallied together to save the carousel. Park history tours can be arranged by reservation only. Free. Visit nps.gov/glec for more.

Children's Discovery Benches. Afternoons in the Children's Classroom, Brookside Gardens, 1800 Glenallan Ave., Wheaton. Hands-on activities, games, books and puzzles fill the Children's Discovery Benches. Benches are available depending on staff and room availability. Visit www.brooksidegardens.org, or call 301-962-1400.

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Capital Blues presents rotating DJs and instructors with beginner workshop 8:15-9 p.m., no partner necessary. \$8 for all. Visit <http://capitalblues.org> for more.

Weekly Swing Dance. Saturdays, 8 p.m.-midnight. The DC Lindy Exchange presents a swing dance with live music in the historic Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Enjoy a beginner swing dance lesson at 8 p.m. (included in admission), followed by dancing until midnight. Admission is \$16-\$18; Aug. 30 admission for age 17 and under is \$12. Visit www.glenechopark.org for more.

Argentine Tango with Lessons. Most Sundays, 6:30-11 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Tango Brillante DC offers Argentine Tango lessons followed by a Milonga most Sunday evenings. Beginner lesson 6:30-7:30 p.m. and intermediate lesson 7:30-8:30 p.m. Cost is \$15/lesson and includes the Milonga that follows. For dancers who wish to attend just the Milonga, cost is \$10 and the open dance with DJ runs 8:30-11 p.m. No partner required. Visit www.glenechopark.org or call 301-634-2222 for more.

Contra and Square Dance. Fridays and Sundays 7-10:30 p.m. in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. The evening can include square dances, mixers, waltzes and other couple dances. All Contras and Square dances are taught, no partner is necessary. There is a lesson at 7 p.m., followed by the called dance with live music starting at 7:30. \$13 for nonmembers, \$10 for FSGW members, \$5 for ages 17

and under. Visit www.glenechopark.org or call 301-634-2222 for more.

Late Night Comedy. Fridays (open mic night) and Saturdays (established comedians) at Benny's Bar & Grill, 7747 Tuckerman Lane, Potomac. Benny's is open 8 a.m.-1 a.m. Fridays and Saturdays. Visit www.BennysBarGrill.com.

Drop in Art Activities. Every Saturday 10 a.m.-12:30 p.m. in the Candy Corner Studio at Glen Echo Park, 7300 MacArthur Blvd., parents and children can explore a new art form or theme. \$10/child, parent combo. Drop-in only. Visit www.pgip.org for more.

Mommy & Me (& Daddy, Too). Third Tuesday each month. 10 a.m. at Rockville Town Square. Meet for a morning out with active learning and creative play with lunch specials, story time, arts and crafts, sing-alongs, prizes and more. Visit rockvilletownsquare.com/events/mommy-and-me.

Live Music & Dancing. Fridays and Saturdays, 7-11 p.m. in Margery's Lounge, Normandie Farm Restaurant 10710 Falls Road. Dance to the music of Barry Gurley. Call 301-983-8838 or visit www.popovers.com for more.

Glen Echo Park Films. Saturdays and Sundays. Arcade Building, 7300 MacArthur Blvd., Glen Echo. Films about the Park's history are shown on rotation in the lobby. Free. Visit www.glenechopark.org for more.

SilverWorks Studio & Gallery. Wednesdays, Thursdays, Saturdays and Sundays, 10 a.m.-6 p.m. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. SilverWorks Studio & Gallery is a working silversmith studio and includes an ongoing exhibition, as well as sales of the work of artist-in-residence Blair

Anderson. Free. Visit www.silverworksglenechopark.com.
Art Glass Center at Glen Echo. All day Wednesdays; Fridays, 10 a.m.-2 p.m.; Saturdays, 10 a.m.-4 p.m.; Sundays, noon-4 p.m. Art Glass Center, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. The Art Glass Center gallery's ongoing exhibitions feature work of Resident Artists Christine Hekimian, Sue Hill, Michele Rubin, Sherry Selevan, Bev and Zayde Sleph and Janet Wittenberg. Sculpture, vessels, functional art and jewelry are for sale. Classes are taught year-round for beginner, intermediate and advanced students. Visit www.artglasscenteratglenecho.org for more.

Glen Echo Pottery. Through December, Saturdays and Sundays, noon-5 p.m. Glen Echo Pottery, 7300 MacArthur Blvd., Glen Echo. The Gallery shows the work of 29 individual potters and instructors at Glen Echo Pottery. Wheel-throwing demonstrations are offered most Saturdays and Sundays, noon-2 p.m. Children are welcome. Visit www.glenechopottery.com/gallery for more.

Yellow Barn Studio & Gallery. Saturdays and Sundays, noon-5 p.m. The Yellow Barn Studio & Gallery presents free exhibitions of emerging artists' work. Each weekend features the work of a different artist. Most artwork is also for sale. Visit www.yellowbarnstudio.com for more.

CAMPS, CLASSES & WORKSHOPS

Golf Group Lessons. "Get Golf Ready", a series of five, 60-90 minute group golf lessons is designed for those who have never played the

game or want to brush up on their fundamentals. Price varies depending on location. Area locations hosting lessons include Falls Road Golf Course, Potomac; Needwood Golf Club, Rockville; and Northwest Golf Course, Silver Spring. Visit GetGolfReady.com for more.

Art Classes. Classes are taught year-round for beginner, intermediate and advanced students. Fridays 10 a.m.-2 p.m., Saturdays 10 a.m.-4 p.m. and Sundays noon-4 p.m. At Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call 301-634-2273 or visit www.artglasscenteratglenecho.org for more.

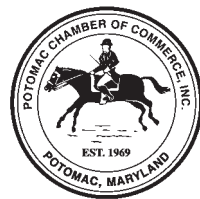
Art Explorers Open Studio. Every Saturday, 10 a.m.-12:30 p.m. at The Candy Corner Studio, 7300 MacArthur Blvd., Glen Echo. Art activities for parents and children. Activities change weekly and there is no pre-registration; \$10 per child. Visit www.glenechopark.org/saturday-art-explorers for more.

Ceramic Classes. Various dates and times. VisArts, 155 Gibbs St, Rockville. An opportunity to try the new ceramic workshops. For a limited time, the price is \$20 instead of \$30. Use PLATTER20 when registering. Visit www.visartsatrockville.org/ceramics for a list of class dates, times.

WEDNESDAYS-SUNDAYS IN AUGUST

Great Falls Tavern, Mule-Drawn Canal Boat Rides. 11 a.m., 1:30 p.m. and 3 p.m. Boat rides along the historic C&O Canal. Visit www.nps.gov/choh/planyourvisit/great-falls-canal-boat-rides.htm for more.

SEE ENTERTAINMENT, PAGE 11



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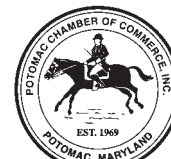
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Normandie
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Whitman Football To Expand Passing Game

Morton's graduation means more balanced offense.

BY JON ROETMAN
THE ALMANAC

The Whitman football team has some big shoes to fill after the graduation of running back Zac Morton. Morton, now a freshman on the University of Maryland football team, was the focal point of the Vikings offense in 2013. As a senior, he accounted for 1,704 yards of total offense, including 1,499 on the ground, and scored 17 touchdowns. Morton's contributions helped Whitman to a 7-3 record, but the Vikings missed the playoffs by a narrow margin.

Entering the 2014 season, Whitman will need to find a way to compensate for the loss of its best player. Eighth-year head coach Jim Kuhn said the Vikings will look to throw the ball more on offense, using a more balanced approach to help offset the loss of Morton.

Senior quarterback Evan Smith, a 5-foot-9 left-hander, returns for his second varsity season. He completed 49 percent of his passes for 1,023 yards and eight touchdowns, and was intercepted 10 times as a junior. He'll be relied upon to make a bigger impact in 2014.

"The last couple years we've been a run-



PHOTO BY JON ROETMAN/THE ALMANAC

Members of the Whitman football team go through conditioning during a recent practice.

first team," Kuhn said. "We're going to be kind of a 50-50 run-pass team. We'll throw the ball around a little bit. Evan is coming back at quarterback with a year's experience under his belt, so we need him to step up.

"... Last year it was, 'Zac is our feature, you just make a play here and there, don't lose a game and we're good.' Now, [Smith] needs to step into that role of being the leader and taking us to the win."

Smith will have a pair of tall targets to work with. Anton Casey, a 6-foot-3 tight end, is committed to Brown.

"Things like [Smith] to Anton," Kuhn said, "are going to be a big part of what we do."

Kuhn said Casey needs to be able to take a short pass and turn it into a long gain.

"I look for him to really cause people matchup problems," Kuhn said. "He's going to be tough against any linebacker. I look for him to be a real leader in the pass game. ... He's as good a tight end as there is in Montgomery County."

Kuhn's son, junior Jake Kuhn, is a 6-foot-4 basketball player who can make plays at receiver.

"He's got excellent hands, runs excellent

"Last year it was, 'Zac is our feature, you just make a play here and there, don't lose a game and we're good.' Now, [quarterback Evan Smith] needs to step into that role of being the leader and taking us to the win."

— Whitman football coach Jim Kuhn

routes," Jim Kuhn said, "and being a coach's son, he's been around the game his whole life."

Whitman will use a running-back-by-committee approach, led by seniors Jacob Pittsenberger and Nick Panlibuton.

The Vikings return four starters on the offensive line: left tackle Alec Gould, guards Jonah Brain and Alec Spear, and center Riley Lewis.

On defense, senior Matt McClanahan and Pittsenberger will be impact players.

Whitman will scrimmage at Landon at 10 a.m. on Saturday, Aug. 23. The Vikings will open the season at home against Blake at 6:30 p.m. on Friday, Sept. 5.

SCHOOL NOTES

Email announcements to almanac@connectionnewspapers.com.

During a Class Night Awards Ceremony at Randolph-Macon Academy, **David Lee** received the Boyd M. Guttery '45 Humanity Medal, was recognized for receiving and appointment to the U.S. Military Academy, and received a National Honor Society Scholarship.

Atsupi Ahadji, Ryan Bridgens, Maria Diaz, Megan Dutchess, Ashley Haddad, Daniel Hatfield, Christopher Khokhar, Sarah Kim, Matthew Lyons, Meghan Moeltner, Jason Rogewitz, Jennifer Schomburg, Laura Schutt, Youssouf Souare, Lynsey Spring, Janay Taylor and Katherine Worley of Gaithersburg, Michael Bengston, Molly Feldman, Christopher Miller, Kassandra Reyes and Philip Valencia, Jimena Lazarte, Chase Nussbaum, Perry Slomnicku and Mackenzie Smith graduated from Salisbury University.

Randolph-Macon Academy Middle School's faculty and staff recognized outstanding performances and improvements in academics during the end-of-year awards ceremony held on May 28. **Amy Lee** received the Art Outstanding Mastery Award. She is the daughter of ChunQing Lei and Hong Gang Li of Potomac, and was a seventh grade student during the 2013-14 school year. She also has been named to Randolph-Macon Academy's president's list for the fourth quarter of the 2013-14 school year.

Juliane Wiese, a member of the Colgate University Class of 2015, participated in a summer internship with Julie's Family Learning Program.



Elan, a kindergartner at Geneva Day School, works on a Roman Fresco in Maria Fernandez-Johnson's class.

PHOTO
CONTRIBUTED

Geneva Day School Enchants with Art Exhibit

Geneva Day School was transformed into an art gallery as original artwork was decoratively exhibited throughout the classrooms and hallways for the 34th Annual Geneva Art Exhibition in May. Dozens of art mediums were used throughout the year.

During this past school year, preschool students aged two to four explored lines, shapes, colors, textures, and space, and displayed two- and three-dimensional paint-

ings and sculptures through the "Elements of Art Program." The Pre-Kindergarten classroom was transformed into a Native American Indian Art Museum and featured art that reflected a "healing" spirit. Artworks included spirit beads, dream catchers, teepees, sand paintings, colorful jewelry, textured clay pottery, masks, rainmakers, drums, and Indian legends. Native American flute music filled the air. The Kindergarten class, whose art studies focus on Art

History throughout the year, had their work displayed throughout the school. Their creations began with caveman drawings, Egyptian hieroglyphs, Greek vases, and Roman frescos and moved into classical styles of such artists as Michelangelo, Monet and Seurat. They learned about self-portraits, still lifes, landscapes, cityscapes, and more. More modern artists studied included Picasso, Pollack and Louis.

BULLETIN BOARD

Email announcements to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/AUG. 21

Grief and Healing Discussion.

1:30-3 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. Join a drop-in discussion about grief and healing for anyone mourning the death of a loved one. Free and open to all Montgomery County residents, registration required. Call 301-921-4400 to register.

FRIDAY/AUG. 22

Nomination Deadline. The Montgomery County Office of Human Rights is accepting nominations for its Human Rights Hall of Fame. This year's theme is advancing new strategies for human and civil rights. Nominations should be individuals, living or deceased, whose ongoing work, service and contributions have had a positive effect on human and civil rights in the county. Nomination forms are available online at www.montgomerycountymd.gov or by calling the Office of Human Rights at 240-777-8456.

Deadline for Applications. Isiah Leggett is seeking applicants to fill vacancies in the the Western Advisory Citizens Advisory Board and the White Flint Downtown Advisory Committee. Send an application from www.montgomerycountymd.gov/boards/vacancies.html, a cover letter, a resume and an indication of which vacancy you are applying for to County Executive Isiah Leggett, 101 Monroe St., 2nd Floor, Rockville, MD 20850.

SATURDAY/AUG 23

Back to School Fair. 11 a.m.-2p.m. at the Carver Educational Services Center. 850 Hungerford Drive, Room 123, Rockville. An opportunity for families to learn about the school system, and county programs and services, while enjoying a wide range of entertainment. there will also be a section for kids to get any vaccinations needed before school starts, by appointment only. Free. Visit <http://news.montgomeryschoolsmd.org/> to make an appointment and more.

TUESDAY/AUG. 26

First Day of School. Montgomery County Public Schools. Visit www.montgomeryschoolsmd.org for more.

De-mystifying Digital Organizing.

10 a.m.-noon at Maryland Women's Business Center, 51 Monroe St., Rockville. Learn to track prospects, clients and store information using a customer relationship management tool and a productivity application, Evernote. \$15. Visit www.marylandwbc.org/rwbc-workshops-seminars/ for more.

Hospice Workshop. 6:30-8 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. Learn about grieving mindfully, for anyone mourning the death of a loved one. Free and open to all Montgomery County residents, registration required. Call 301-921-4400 to register.

TUESDAYS/SEPT.2-OCT 7.

Girls on the Rise. 4 p.m. at JSSA, 200 Wood Hill Road, Rockville. Six sessions for 3rd-5th grade girls, encouraging positive emotional, social, mental and physical development. \$210 for the series. Call 301-610-8328 for more.

WEDNESDAY/SEPT 3

Applications Due. The Montgomery County Council is accepting applications for a position on the County Planning Board. Applications are due by 5 p.m. on Sept. 3. Visit www.montgomerycountymd.gov.

Networking Event. 4-6 p.m. 10710 Falls Road, Potomac. Networking event. Normandie Farm is providing hors d'oeuvres for enjoyment. Potomac Chamber members \$10, Non-members \$15. Cash bar available. Bring business cards. Reserve by Sept. 1. Call the Potomac Chamber of Commerce at 301-299-2170 or reserve online at www.potomacchamber.org.

THURSDAY/SEPT. 4

Journaling and Grief Workshop. 6:30-8 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. A two-session workshop (Sept. 4 and 11) focusing on the use of journaling as a technique to address grief. Led by Hospice professional counselors. Participants must plan to attend both sessions. Free and open to all Montgomery County residents,

registration required. Call 301-921-4400 to register.

FRIDAY/SEPT. 5

Application Deadline.

The Montgomery County libraries are looking for teen advisors ages 14-18. Teens who like to read, write and would be interested in perhaps interviewing authors and public officials are encouraged to apply. Teens can apply at <https://mcgmd.wufoo.com/forms/teen-advisory-group-tag-20142015-application/> or at any branch library.

SATURDAY/SEPT. 6

Volunteer Guide Introduction.

1:30-3 p.m. at Clara Barton National Historic Site and Glen Echo Park, Glen Echo. Clara Barton National Historic Site will hold a volunteer tour guide recruitment event. Interested parties are encouraged to attend. Volunteer tour guides who accept the position are required to wear a volunteer uniform and will be asked to sign a volunteer agreement form with the National Park Service. Call Kevin Patti at 301-320-1410.

TUESDAY/SEPT. 9

Public Hearing. 1:30 p.m. at Council Office Building, 100 Maryland Ave., Rockville. A hearing on Expedited Bill 37-14 that would exempt from a certain provision of the real property tax certain transfers of re-zoned property located in an area designated as an "enterprise zone." Free and open to the public. Visit www.montgomerycountymd.gov to watch live and for more.

Smart Driver Course. 2-6 p.m. at Davis Library 6400 Democracy Blvd., Bethesda. Participants will have the opportunity to tune up driving skills and update knowledge of the rules of the road. AARP members should bring their membership cards, and each student should bring a check payable to AARP. \$15 for AARP members, \$20 for non-members. Register at www.montgomerycountymd.gov/library/branches/davis.html. Visit www.aarp.org or call the library at 240-777-0922. To request a sign language interpreter, email MontgomeryCountyPublicLibraries@DeafAccess@montgomerycountymd.gov.

Grief and Healing Discussion.

6:30-8 p.m. at Montgomery Hospice,

SEE BULLETIN, PAGE 11



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Foundation Honors Ueno and Olsen

The Foundation Fighting Blindness, a national nonprofit driving sight-saving research, honored Potomac resident Ryuji Ueno, M.D., Ph.D., Ph.D., co-founder of Sucampo Pharmaceuticals, Inc., and Timothy W. Olsen, M.D., of Emory University, with the organization's Visionary Award, in recognition of their commitment to helping patients with eye diseases. More than 225 guests attended the 12th Annual D.C. "For the Love of Sight" Visionary Awards Dinner in the spring, raising \$320,000 to benefit research into preventions, treatments and cures for vision-robbing retinal diseases including macular degeneration, retinitis



PHOTO BY NESHAN H. NALCHAVAN

Foundation Fighting Blindness CEO Bill Schmidt; Dr. Ryuji Ueno, co-founder and chairman emeritus of Sucampo Pharmaceuticals, and Sucampo co-founder Dr. Sachiko Kuno.

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By KENNETH B. LOURIE

And so it goes, every three months or so; a CT Scan, a week or so of waiting, and then a face-to-face appointment with my oncologist to learn/discuss the results. Thankfully, the results continue to be amazing. My doctor has told me that I'm his third miracle; stage IV, non-small cell lung cancer patients generally don't live beyond two years. I'm in year six. And though this CT cycle never gets easy, it does get familiar, and with that familiarity comes a certain predictability that creates its own peculiar sort of calm (it probably helps that I've been asymptomatic most of the time). Still, from the initial diagnosis/prognosis ("cancer," "13 months to two years") given to me in late February, 2009, I've been characterized as "terminal." As my oncologist said to me at that very first Team Lourie meeting: "I can treat you but I can't cure you." Unsettling and surreal doesn't begin to describe my/our reaction to his words. However, five and a half years later, I've become accustomed to the precarious and indeterminate nature of my future.

It's somewhere (and I'm happy to be anywhere, rather than you know where) between a rock and hard place. Nevertheless, receiving encouraging CT Scan results ("diminution," "stable," "no change") feels like a reprieve on the one hand and a reward for good behavior on the other. Certainly nothing is guaranteed going forward, other than my eventual demise that is, but since nothing else is new, no problem. And though I'm not exactly counting deceased chickens before they've hatched (or after for that matter), I am assessing and considering the unexpected survival of a terminal patient (yours truly) who has far outlived his original prognosis. Ergo my ongoing dilemma: Am I closer to the end of my life or simply further from the beginning?

As much as I don't want to focus (you'll note I didn't say obsess) on my disease and my presumptive, abbreviated life expectancy, given the change in my lifestyle as well as my daily anti-cancer routine (pills, smoothies, alkaline water, apple cider vinegar, etc.), the best I can do is compartmentalize. Put it in the vault, to invoke a Seinfeld reference. And usually, I can manage it. However, "vaulting" it gets a bit more challenging and complicated – and more difficult to ignore/pretend/deny when you're rolling in and out of a CT Scan and being told to "hold your breath," and "breathe out" as the tomography scans your lungs looking for potential trouble.

In spite of it all, my life is going on. My next scan is in three months. For the next two and a half months, I can sort of relax and bask in the glow of these most recent results. A few weeks before the next scan, anxiety will return, however, as the cancer reasserts its figurative control and starts to break down my emotional barriers. It's inevitable but it's nothing I haven't experienced before. No complaints though, just observations and admissions. I may be compromised, but I'm still living and breathing – and lucky as hell.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

BULLETIN BOARD

FROM PAGE 9

1355 Piccard Drive, Rockville. Join a drop-in discussion about grief and healing for anyone mourning the death of a loved one. Free and open to all Montgomery County residents, registration required. Call 301-921-4400 to register.

WEDNESDAY/SEPT. 10

Free Cancer Screening. 1-4 p.m. at the Johns Hopkins Healthcare and Surgery Center, 6420 Rockledge Drive, Suite 4820, Bethesda. Suburban Hospital is offering free head and neck cancer screenings. The 10-minute screenings are easy and painless. Register at <http://events.suburbanhospital.org/search/cancer-program-events> or by calling 301-896-3939.

SUNDAY/SEPT. 21

Healthy Body, Healthy Sex for All Ages. 10 a.m.-3 p.m. at Ring House-1801 East Jefferson Street, Rockville. Learn about Heart Health for Women, Caring for Your Skin, Current Medical Research at HMO, and hear an expert panel on "Healthy Sex for all Ages." \$40/person includes conference fee, breakfast and lunch. Free parking. Call 301-881-8203 or visit www.dc.hadassah.org to register.

SUPPORT GROUPS

Adult Bereavement Groups. Dates and times vary depending on group members. Hospice Care, 518 S. Fredrick Ave. Gaithersburg. Peer driven support groups in those in need of support. Free. Contact Penny Gladhill at 301-990-8904, or Pennyg@hospicecaring.org.

Suicide Grief Support Group. Meets every first and third Monday at JSSA, 6123 Montrose Road, Rockville. A bereavement support group for those who have lost a loved one to suicide. Call 302-816-2708 to register and for more.

What's Next?. Dates and time are not yet announced. JSSA, 200 Wood Hill

Road, Rockville. A co-ed support group for young adults, 18+, with learning disabilities. It will address the emotional and social changes and challenges to occur as a natural sequence of growth, as well as increased freedom and responsibilities. Call 301-610-8382 to register.

What's Next?. Dates and time are not yet announced. JSSA, 200 Wood Hill Road, Rockville. A co-ed support group for young adults, 18+, with physical disabilities. It will address the emotional and social changes and challenges to occur as a natural sequence of growth, as well as increased freedom and responsibilities. Call 301-610-8382 to register.

ELECTION JUDGES NEEDED

The Montgomery Board of Elections needs election judges with basic IT and customer service skills to serve during the Nov. 4 general elections. The board is in particular need of judges who are bilingual in Spanish and English and those who are registered as Republican or not affiliated. Part-time and full-time positions are available, and training is provided. Call the Board of Elections at 240-777-8533 or visit www.777vote.org.

SCHOOL IMMUNIZATIONS

There are **new school immunization requirements** for the 2014-2015 school year for students entering kindergarten and seventh grade. Students who do not show proof of the required immunizations will be excluded from attending school. Students entering kindergarten must have two varicella vaccinations. Students entering seventh grade must have one Tdap (tetanus-diphtheria-attenuated pertussis) and one meningococcal (MCV4) vaccination *before* beginning seventh grade. A vaccination clinic for eligible children will be held Saturday, Aug. 23, 11 a.m.-2 p.m., at

freshfarmmarkets.org/ for more.

Uncorked Wine and Music Festival.

12-6 p.m. Enjoy free concerts and cooking demonstrations. \$15 for wine tasting. 36 Maryland Avenue, Rockville. Visit www.rockvillemd.gov for more.

'The Rockstar of the Art World.' 1-4 p.m. at Wentworth Gallery, 101 Democracy Blvd., Bethesda. A never-before-seen collection of works by Michael Godard. Free. Visit www.wentworthgallery.com for more.

WEDNESDAY/AUG. 27

Yappy Hour. 5-8 p.m. at Pacci's Neapolitan Pizzeria, 8113 Georgia Ave., Downtown Silver Spring. Prize drawings and more, plus fun with friends and dogs. \$10 per person. \$15 per couple. Visit www.mchumane.org/YappyHour2.shtml for more.

THURSDAY/AUG. 28

Potomac History. 7:15-8:45 p.m. at Potomac Community Center, 11315 Falls Road, Potmac. Potomac Community Village presents Jill Phillips, Bob Hanson, and Ginny Barnes share stories about Potomac. Free and open to all. Email info@PotomacCommunityVillage.org, call 240-221-1370 or visit PotomacCommunityVillage.org for more.



PHOTOS BY DEBORAH STEVENS/THE ALMANAC

Mule Power

Brock Dinch leads Eva, 10 years old, and Rebecca Jamison leads Dolly, 11 years old, to pull a canal boat along the C&O. Each Sunday, the mule-drawn boat rides are held 11 a.m., 1:30 p.m. and 3 p.m. Visit www.nps.gov/choh/planyourvisit/great-falls-canal-boat-rides.htm.



ENTERTAINMENT

FROM PAGE 7

WEDNESDAY/AUG. 20

Live music. 7 p.m. at the Gudelsky Concert Pavilion, the Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. World-music quartet from Kiev, Ukraine, Dakha Brakha, performs as part of the Strathmore Free Summer Outdoor Concert Series. Visit www.strathmore.org for more.

THURSDAY/AUG. 21

Ice Cream Social. 6:30-8 p.m. at "On the Plaza." Residents and businesses at Park Potomac just off Seven Locks Road (near Montrose) gather to hold a fun and philanthropic event to benefit Interfaith Works' school supplies program. Attendees are encouraged to donate a new backpack and/or school supplies and to buy ice cream sundaes to support the program. Events include door prizes, face painting and a car show. Email Bruce Fonoroff, fonoroff@comcast.net or Lori Swim, ls swim@shulmanrogers.com for more.

SATURDAY/AUG. 23

Tomato Tasting. 10 a.m.-noon at Silver Spring FreshFarm Market, Ellsworth Drive. Tasting hybrid tomatoes and heirloom tomatoes. Free. Visit <http://www.connectionnewspapers.com>

SATURDAY/AUG. 30

Live music. 8 p.m. at the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Nitty Gritty Dirt Band performs with Chatham County Line. Ticket prices range from \$38 to \$58. Visit www.strathmore.org for more.

FRIDAY/AUG.30-MONDAY/SEPT. 2

Yellow Barn Studio and Gallery 43rd Annual Labor Day Art Show. 7-9 p.m. 7300 MacArthur Blvd., Glen Echo. Features the work of more than 250 artists, including painting, photography, ceramics, jewelry, glass, pottery and more at Glen Echo. Visit www.glenechopark.org or www.yellowbarnstudio.com for more.

SATURDAY/AUG. 30

Glen Echo Open House. 12-4 p.m. 7300 MacArthur Blvd., Glen Echo. Open house, hosted by Glen Echo Park Partnership, introduces visitors to arts, dance, theater, classes at the park. Visit www.glenechopark.org for more.

SATURDAY, MONDAY/AUG. 30, SEPT 1

Irish Music and Dance Showcase. 1-6 p.m. Bumper Car Pavilion, 7300

MacArthur Blvd., Glen Echo. Two days of Irish music and dance. Presented by Glen Echo Park Partnership for Arts and Culture and the Irish Inn at Glen Echo. Visit www.glenechopark.org for more.

SUNDAY/AUG. 31

Blues Workshop. Noon-5 p.m. Back Room Annex, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Capital Blues presents an afternoon Blues Workshop. No partner necessary. Dancing to blues music from every corner of the genre. Note: the entrance to Back Room Annex is on far left side of Spanish Ballroom. Admission TBD. Visit www.glenechopark.org for more.

Blues Dance. 8 p.m.-midnight. Back Room Annex, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Capital Blues presents a Sunday night Blues dance. A beginner lesson from 8-9 p.m. is followed by dancing to live music until midnight. Visit CapitalBlues.org for information about the band and the blues workshops offered during Saturday afternoon at Glen Echo Park. There will be several workshops - pay at the door for those you wish to attend. Admission TBD. Visit www.glenechopark.org for more.

THURSDAYS THROUGH SEPTEMBER Potomac Village Farmers Market

2-6:30 p.m. Potomac United Methodist Church, 9908 S. Glen Road at corner of Falls Road and Democracy Blvd. Visit www.potomacvillagefarmersmarket.net for more.

SEPTEMBER-OCTOBER

Guided tours of Riley's Lockhouse. One of the C&O Canal's original lockhouses. Join volunteers in period costume and explore the life of a lock-keeper. Riley's Lock Road. Visit www.nps.gov/choh/.

WEEKENDS IN SEPTEMBER

Glen Echo Park's 1921 Dentzel Carousel 12-6 p.m. Rides on the historic carousel in Glen Echo Park. Will be open on Saturdays and Sundays in September. Visit www.glenechopark.org for more.

MONDAY/SEPT. 1

75th Annual Labor Day Parade. 1 p.m. Olde Towne Gaithersburg, rain or shine. Visit www.gaithersburgmd.gov for more.

WEDNESDAY/SEPT. 3

Encore Chorale. Wednesdays for 15 weeks. 1:30-3 p.m. at Rosborough Theater, 409 Russell Ave., Gaithersburg. For singers 55 and older. There are no auditions, new

POTOMAC PIZZA LUNCH COMBOS

\$9.99 PIZZA COMBO

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 - CUP OF SOUP
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*For veal parmigiana or tuna steak add one dollar.

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