

Potomac ALMANAC

Emily Haddad and
Joey Feldman, siblings
from Bethesda, like to
hike on the C&O Canal
with their dog Molly
when Emily is home
from college.

Enjoying The End Of Summer

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National Honor

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NEWCOMERS &
COMMUNITY GUIDE
2014-2015

Potomac
ALMANAC

NEWCOMERS
& COMMUNITY GUIDE

LET'S TALK Real Estate



by Michael Matese

Your Home's 'Resume'

Yes, you're on MLS, your agent's website and her company's website, too. You've been added to the virtual tour and there's been an Agent Open House. What comes next? Your home's 'resume.'

Just inside the foyer on that credenza you've cleared off and polished to a high shine, there can be a beautiful folder with all the information of your home on it, enough for everyone who visits to take with them and consider at their leisure. Essentials in this package?

*Photos to reinforce what they know – the rooms are perfect for them.

*Statistics – Numbers to reinforce what the photos tell them.

*Bedrooms/Baths, square footage, the types of flooring in each room.

*Schools and local information.

*Amenities – What they did and didn't see. The Jacuzzi, the heated floors.

You may know all the statistics and amenities by heart but remember—the buyer doesn't. They have seen it on the virtual tour, but they've been looking at house after house after house and as outstanding as yours is, the information is going to begin to blend together.

With a portfolio of your house in their hands, buyers will remember it well!

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PEOPLE

Serving Up Innovative Cuisine

Executive Chef Chris Mayo transforms Bethesda Country Club's menus.

BY SUSAN BELFORD
THE ALMANAC

June 29, 2012: The derecho hits Potomac and Bethesda, causing devastation and cancellations. Trees are down, high temperatures with even higher humidity prevail, and there is no power for a week — resulting in refrigeration issues and camp-outs in basements. But Bethesda Country Club's Annual Fireworks Extravaganza — dinner for more than 1,000 people — was set to go on as scheduled. How could that be possible?

Executive Chef Mayo laughingly describes how he and his staff prepared the bar-b-que for the crowd of hungry families. "We stayed calm and cooked everything on three grills," he said. "It wasn't easy but we got the job done and all the members and guests had plenty of food to eat. We had to work around the fact we also had no refrigeration for a week. Once darkness set in, we really had a challenge. There were no outside lights and still we continued to cook and serve. Head-lamps became a must-have item."

Mayo arrived at Bethesda Country Club in July 2011. The Woodbridge, Va., native had begun his cooking career at the Silver Diner there, then moved in 1992 to the Ritz Carlton, Tysons Corner where he stayed for nine years.

"I had never seen some of the ingredients before — or the presentations. I began studying cuisines and learning how to create banquet, buffets, salad station, grills, specials and more — everything — because I had a passion for cooking, for learning and improving."

He then received a call from the Ritz Carlton, Palm Beach where he worked with the catering manager preparing banquets. After a short time, he was inducted into the management training program where he learned about the Ritz culture, leadership skills and customer relations. "I fell in love with banquet manage-



PHOTO CONTRIBUTED

Executive Chef Chris Mayo of Bethesda Country Club

ment — I loved the challenge of preparing attractive meals for a large crowd — could be 90 or 900 — but I wanted everything we served to have a 'Wow! factor.' I became the lead banquet chef, and for the last two years of my tenure, we were chosen as the number one banquet facility in all of the Ritz Carltons. It was a challenge, but I was excited about it."

Mayo came to BCC at the behest of General Manager Brad Cance who had worked with Mayo at the Palm Beach Ritz. "Brad really believes in the culinary arts and in giving me the tools to work with. We have renovated the kitchen and I have been able to put my own stamp on the organization of the kitchen, the service and the menus. I'm excited that we receive a lot of positive comments from our members and guests. We do about \$1.3 million in banquet revenue each year. With each one, I am striving to be better than the last one. We hold weddings, bar/bat mitzvahs, anniversary and birthday parties, corporate parties — not to mention our regular restaurant business. I oversee five restaurants here on our premises — our pub, adult grill, family grill, cafe and

pool cantina."

Mayo says he has changed the BCC cuisine by making it more creative and building plates out of foods that complement one another. "You definitely eat with your eyes, and when a dinner is served to you, it should look pleasing and taste as good as it looks." He explained that meals have changed in the years that he has been working as a chef. "People want lighter and healthier menu items, fewer starches, smaller portions and lighter sauces. Many people follow special diets and I have to be cognitive of that, also."

He must also be a recycling expert so as to not throw away unused food. "You have to have a lot of plans for making interchangeable foods. It's very important in this business," he said.

He is always researching, reading cooking magazines as well as the internet, checking menus from other restaurants and other chefs and staying abreast of the latest trends in the culinary world: "I love my job and I want the creativity to go on forever. Making my guests happy with their meals is the most important thing in the world to me."

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- lost (adj): 1. unable to find the way.
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3. no longer owned or known



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Croner Inducted into URISA's GIS Hall of Fame

Potomac geographer receives national honor.

BY SUSAN BELFORD
THE ALMANAC

Potomac's Charles M. Croner, Ph.D., is a geographer and survey statistician extraordinaire — a U.S. Center for Disease Control and Prevention (CDC) leader who will be inducted into the Urban and Regional Information Systems Association's (URISA) Geographic Information Systems (GIS) Hall of Fame in New Orleans this September for significant and original contributions to his profession.

Croner's list of accomplishments include a number of "firsts." At CDC, he served as the founding editor of the bimonthly digital newsletter Public Health GIS News and Information. This pioneering 1994-2006 publication established the CDC as the lead

agency for the timely dissemination of GIS and public health-related developments worldwide. Croner also provided leadership as the first Department of Health and Human Services (HHS) representative to the Federal Geographic Data Committee (FGDC) where he "served with distinction" having guided HHS to member-status. In addition, he created CDC's first GIS Awareness Week, a Cartography and CIS Guest Lecture Series, the Public Health GIS Users Group and the Internet GIS Guest Lecture Series.

Croner earned a B.S. in geography from Towson University and an M.S. and Ph.D. from Michigan State University, also in geography. Additionally, he studied statistics at Harvard. Prior to graduate school, he served as an infantry officer and helicopter navigator in the US Marine Corps.

"The military served to advance my geographic foundations, both through formal land and air navigation instruction. It instilled in me an indispensable perspective of mapping in dynamic time and space," he said.



Charles M. Croner

Croner was one of a few professional geographers employed at the CDC in 1972. He had the insight to position CDC into one of GIS and public health leadership.

"I believed CDC's outstanding reputation for medical intervention, including life-saving vaccines and the prevention of costly infectious and chronic diseases could ben-

efit further from the inclusion of geography into the emerging multidisciplinary CDC approach to public health science. The timing could not have been better," he said.

Through the newsletter, the role of geography at CDC reached nationally and across the globe.

He is also responsible for the successful development of federal GIS interagency agreements with the U.S. Bureau of Census, the U.S. Geological Survey, and the U.S. Department of Housing and Urban Development to leverage geospatial investments, for creating the first long-term collaborative small area GIS study of minority health between CDC and Cleveland's Center for Community Solutions and for having contributed to the planning and instruction of the USGS Historically Black Colleges and Universities Summer Faculty CIS Workshops Program.

Croner has been recognized with numerous awards during his career. In 2007, he received the highest award from the private sector and many awards from government, academia and the CDC. He is the only Hall of Fame Inductee by URISA in 2014.

PHOTO CONTRIBUTED

Holy Child Appoints New Head of School

Shannon M. Gomez, Ed.D., unanimously selected.

BY MARILYN CAMPBELL
THE ALMANAC

When students at Potomac's Connelly School of the Holy Child returned to school this week, there was a new leader at the helm to oversee the new year. School officials announced that Shannon M. Gomez, Ed.D., is the 10th head of the all-girls Catholic school.

"Students at Holy Child are joy-filled individuals who love their community, their school, and their sisters. I feel I have found the perfect school to lead," said Gomez. "It matches my philosophy of education, and

it makes me happy to serve these wonderful students as their new head of school."

Gomez has experience in Catholic education at the elementary, secondary and college levels. Her most recent position was at La Reina High School in Thousand Oaks, Calif., where she served as principal for the 600-student, all-girls' school. Gomez has a master's in education from California State University, Fullerton, and an Ed.D. in educational leadership for social justice from Loyola Marymount University in Los Angeles. Her area of concentration for her doctoral thesis was leadership relating to the future of Catholic schools.

"I decided to accept the position at Holy

Child because it is an all-girls', college-preparatory Catholic school whose mission emphasizes educating young ladies in a faith-filled and challenging academic environment," said Gomez. "But also that it pays particular attention to providing a well-rounded approach to learning."

Teachers expressed enthusiasm and optimism about their new leader: "I can already sense the energy Dr. Gomez is bringing to campus, especially amongst the faculty and staff," said Kristin Roberts, U.S. social studies teacher. "I feel as if the environment at Holy Child is revitalized, and I for one am really looking forward to working with her to continue strengthening our school and community."

The school's search committee chose Gomez unanimously. "We obviously feel that she will be a tremendous asset to our school as well as to our community," said

Patti Farrell, a member of the search committee and trustee, as well as the mother of alumni from '01 and '04. "Dr. Gomez has impressive education and business skills, which is critical for the success of private independent schools. Equally important, we

felt that her devotion to her Catholic faith was a key factor in our decision. She was by far the best choice for our school."

"Shannon strikes me as a strong woman of faith and vision who will bring tremendous gifts to our school community," added Jean Plummer, campus minister and religion teacher.

That vision, Gomez said, is "to continue leading the school to becoming its best self, while preserving the mission and vision of Cornelia Connelly, an educator way ahead of her time," said Gomez. "I hope to even further enhance our offerings to prepare our girls for a world that is constantly changing, from increasing our global perspective to dealing with constantly emerging technologies. I feel so fortunate to be able to lead this wonderful school, and help pave its path for years to come."



Shannon M. Gomez, Ed.D. is the 10th Head of Connelly School of the Holy Child. She began her tenure on July 1.

Back-to-School Means Bus Awareness

Now that Montgomery County Public Schools are back in session, the Police Department reminds residents that on Jan. 2 the county began using an automated school bus camera enforcement program. Every driver should know that when approaching a stopped school bus with activated stop sign and flashing red lights, Maryland law requires that all traffic from both directions must stop and remain stopped until the stop sign and lights are

de-activated.

That includes when driving on a two-lane roadway, a two-lane roadway with a center turning lane and a four-lane roadway without a median separation.

The only exception is for a divided highway of four lanes or more with a median separation.

The automated school bus camera enforcement program continues to expand and is designed to allow the cameras to be moved throughout the county as needed.

These violations are reviewed by the police department's Automated Traffic Enforcement Unit and citations are mailed to the registered owner.

The fine from the automated enforcement is \$125. If a driver is stopped by a police officer for passing a stopped school bus with flashing lights, the fine is \$570 and 3 points.

Police remind drivers to obey the posted speed limit and pay close attention to their surroundings at all times.

POTOMAC ALMANAC

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PUBLISHER

Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

EDITORIAL

PHONE: 703-778-9415

E-MAIL:

almanac@connectionnewspapers.com

EDITOR

Steven Mauren, 703-752-4013
smauren@connectionnewspapers.com

SPORTS EDITOR

Jon Roetman,
703-224-3015
jroetman@connectionnewspapers.com
@jonroetman

CONTRIBUTING WRITERS

Susan Belford, Carole Dell,
Cissy Finley Grant, Carole Funger,
Colleen Healy, Kenny Lourie,
Ken Moore

Contributing Photographers

Harvey Levine, Deborah Stevens

Art/Design:

Laurence Foong, John Heinly
Production Manager
Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

ADVERTISING

For advertising information
e-mail:

sales@connectionnewspapers.com

ACCOUNT EXECUTIVES

Display Advertising:
Kenny Lourie 703-778-9425
klourie@connectionnewspapers.com

Andrea Smith 703-778-9411

Classified Advertising
asmith@connectionnewspapers.com

Debbie Funk

National Sales & real Estate
703-778-9444
debfunk@connectionnewspapers.com

Jerry Vernon

Executive Vice President
jvernon@connectionnewspapers.com

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PEOPLE

PHOTOS BY DEBORAH STEVENS/THE ALMANAC



Paul Wodiska lives in Potomac. He likes that there is some country left in Potomac and the C&O Canal has been preserved so well. He enjoys fishing for blue gill and bass and walking on the canal.



Cristian Villalta and Danielle Norris, from Silver Spring, love the hiking opportunities and the obstacles of the terrain in Great Falls.

Enjoying the End Of Summer

Richard Jeffcoat, of Bethesda, enjoys hiking, fishing, and gathering paw-paws in late August early September on the C&O Canal.



Morton Trupp, proprietor of Fashion Craft Cleaners for 20 years, likes the parks, people, and all the activities in Potomac. Trupp has lived in Potomac for 44 years.



Brock Dinch, with Eva and Dolly the mules on the canal, grew up in Bowie and has been an intern with the park for four months. His dream job is to work full-time with the mules.



Darnita Wheeler has worked for Fashion Craft Cleaners for four years. She likes the people in Potomac. She lives in D.C. and takes the bus to work every day.

LETTER TO THE EDITOR

Enforcement Supported

To the Editor:

The following was addressed to Captain David Falcinelli, 2nd District Commander.

Congratulations on the great ticketing job! We were "right chuffed" (English expression) to see the windshields bearing the evidence of the campaign to stamp out illegal parking on shared use shoulders along MacArthur Boulevard. We saw it for ourselves on Sunday, Aug. 17. Our neighbors were equally thankful and enthusiastic, as

we have long worried about the potential for serious injury to walkers and bikers who cannot use the paved shoulder due to illegally parked cars. We looked for tickets as we drove by Aug. 24 as there were just about as many illegally parked cars. We saw none, but it was early in the afternoon — and many drivers are probably those who come occasionally but not necessarily every weekend. It will take a while for the medicine to take effect.

Several people told me that they had seen illegally cars being towed. I suggest this not be done, at least during the summer, while frequent users get used to the idea that the parking restriction will be enforced. There are no

signs anywhere along MacArthur Boulevard alerting drivers to the possibility of being towed or informing them what company or phone number to contact to locate their cars. I can imagine the consternation, panic and fury of a family returning from a hike along the canal, and finding their car has vanished. I think towing, at this point, seems excessive and unfair. I suggest you continue the ticketing. Those who live in the area and see the problem every weekend and holiday support your active enforcement.

Peggy Dennis
Potomac

Tips for Helping Young Children Transition to School

BY SUZANNE FUNK,
DIRECTOR, GENEVA DAY SCHOOL



Suzanne Funk

For young children who have spent most of their lives at home with a parent or caretaker, the first few days of a new school, or even a new school year, can be an anxious and stressful time. To help your child make an easier transition, use the time over the summer and just before school starts to prepare for this big step. The following tips can make this a fun and stress-free time for the entire family.

❖ **Exhibit a positive attitude.** Of course, your positive attitude is essential to helping your child realize that attendance at school is a normal part of growing up and that school is a fun place to be.

❖ **Read books about school.** In quiet and low-keyed moments, gently talk and read wonderful books such as "The Kissing Hand" and talk about how everyone, animals, too, may be uncertain about school at first. Funny books like "Cornelius P. Mud, Are You Ready for School?" provide humor to lighten first day concerns. Ask your child's teacher or a librarian for suggestions of other great storybooks.

❖ **Teacher/classroom visit.** If possible, be sure to take your child to his/her school to visit their school, classroom, teacher, and playground. See where to hang

coats and totes, cubbies, and where books and toys are kept. Consider visiting the school's playground during weekends or evenings as well.

❖ **Learning and playing.**

Whether with your child's teacher or on your own, talk with your child about the kinds of things they will first learn at school and the type of items they will play with at school.

❖ **Get to know classmates.** If possible, find out who else will be in the same class as your child and arrange for short play dates or park visits. Building relationships outside of school promotes class friendships and confidence.

❖ **Carry a keepsake to class.** Consider giving your child a special item or picture to put in a pocket or wear all day long. Or draw a kiss with marker on the back of a hand, just like the one that Chester Raccoon had.

❖ **Kiss and go.** On the actual first day of school, reassure your child that you will see them soon, say "good-bye" with hugs and kisses, and then just leave. Your child may surprise you at how easy it is. (This

part is often more difficult for the parents than the children.)

❖ **Always be on time.** Being on time to go to school or meeting your child after school provides an important level of security for children. Running late creates stress for children and adults. After school, allow your child to talk about the day's activities when s/he is ready.

❖ **Attend events.** Many schools and parent associations offer welcome events. These are great opportunities to meet other parents, including experienced parents who can answer questions or make recommendations. Often staff members are available to answer questions and offer additional information as well.

❖ **Ask teachers for guidance.** Your child's teacher has lots of experience with

students experiencing various separation reactions. Trust them and follow their lead to help both you and your child through this process. For preschoolers, perhaps arriving a little later or departing a little earlier to shorten the day will help. When your child learns that you always do come back and feels more comfortable, you can slowly transition back to a normal day length. You may want to linger a few extra minutes while your child settles in and gets involved with play.

For some children, separation occurs within a short time, while it may take a few weeks or longer for others. Before you know it, though, your child will learn that school is an exciting play to visit and play with friends, and truly enjoy beginning of a life-long love of learning.

BULLETIN BOARD

Email announcements to almanac@connectionnewspapers.com. Include date, time, location, description and public contact for event.

TUESDAYS/SEPT. 2-OCT 7.

Girls on the Rise. 4 p.m. at JSSA, 200 Wood Hill Road, Rockville. Six sessions for 3rd-5th grade girls, encouraging positive emotional, social, mental and physical development. \$210 for the series. Call 301-610-8328 for more.

WEDNESDAY/SEPT. 3

Applications Due. The Montgomery County

Council is accepting applications for a position on the County Planning Board. Applications are due by 5 p.m. on Sept. 3. Visit www.montgomerycountymd.gov for more.

Networking Event. 4-6 p.m. 10710 Falls Road, Potomac. Networking event. Normandie Farm is providing hors d'oeuvres for enjoyment. Potomac Chamber members \$10, Non-members \$15. Cash bar available. Bring business cards. Reserve by Sept. 1. Call the Potomac Chamber of Commerce at 301-299-2170 or reserve online at www.potomacchamber.org.

SEE BULLETIN, PAGE 8



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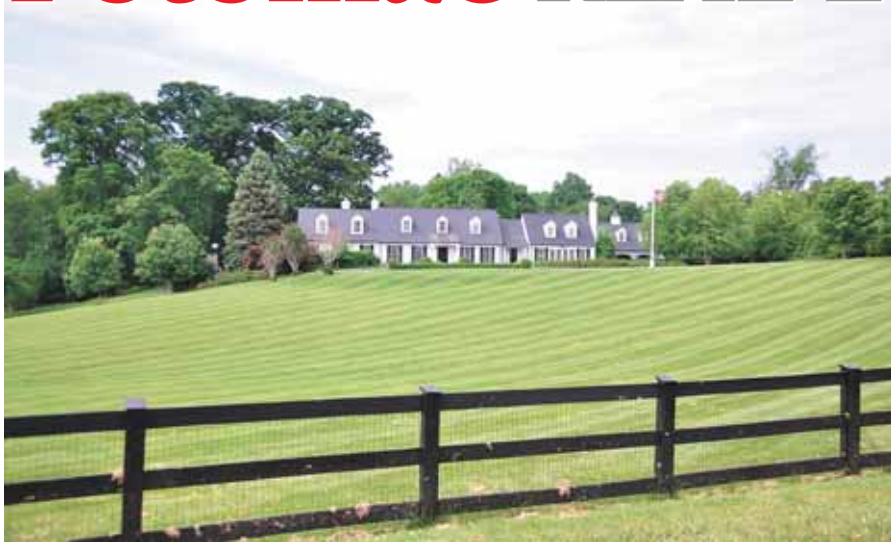
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Top Sales, January~June, 2014



2 10711 Red Barn Lane — \$3,300,000



3 9800 Sorrel Avenue — \$2,880,000



4 10840 Stanmore Drive — \$2,675,000



5 10801 Stanmore Drive — \$2,585,000



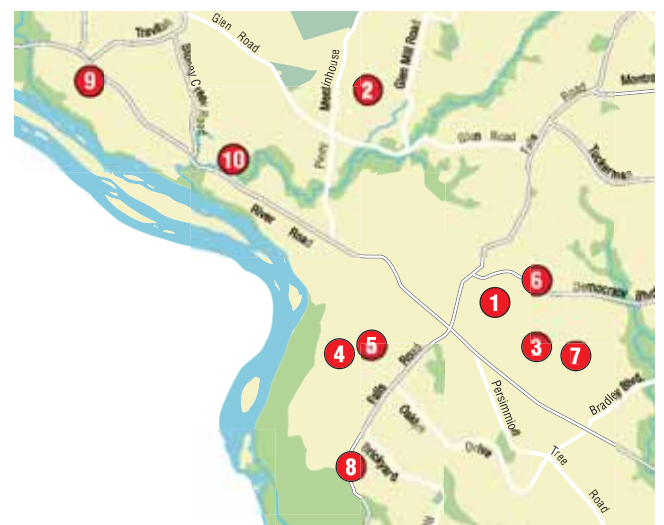
6 10401 Stapleford HALL Drive — \$2,500,000



7 8816 Twin Creek Court — \$2,440,000

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2 10711 RED BARN LN	5	..	8	2	POTOMAC	\$3,300,000	Detached	5.00	POTOMAC OUTSIDE	04/08/14
3 9800 SORREL AVE	4	..	7	0	POTOMAC	\$2,880,000	Detached	2.00	FALCONHURST	02/04/14
4 10840 STANMORE DR	6	..	8	1	POTOMAC	\$2,675,000	Detached	2.08	GREAT FALLS ESTATES	01/21/14
5 10801 STANMORE DR	6	..	6	1	POTOMAC	\$2,585,000	Detached	2.30	GREAT FALLS ESTATES	05/09/14
6 10401 STAPLEFORD HALL DR	5	..	6	3	POTOMAC	\$2,500,000	Detached	2.08	KENTSDALE ESTATES	06/20/14
7 8816 TWIN CREEK CT	5	..	4	3	ROCKVILLE	\$2,440,000	Detached	2.00	FALCONHURST	06/30/14
8 8615 FALLS RD	5	..	6	3	POTOMAC	\$2,438,000	Detached	0.92	FAWCETT FARMS	06/12/14
9 13505 MAIDSTONE LN	9	..	9	2	POTOMAC	\$2,430,000	Detached	2.00	RIVERS EDGE	03/24/14
10 11505 LAKE POTOMAC DR	6	..	6	1	POTOMAC	\$2,338,000	Detached	2.08	LAKE POTOMAC	06/13/14

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ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Family Game Day. Tuesdays through Aug. 28, 3 p.m. at Potomac Library, 10101 Glenolden Drive. Bring the family and enjoy a family game day. Children 5 and up and their families. Free. Visit montgomerycountymd.gov for more.

Dance Concert. Through Aug 29. 5:30-8:30 p.m., at 3 Bethesda Metro Ctr., Bethesda. An outdoor concert with live music. Free. Parking \$2. Visit www.facebook.com/3BethesdaMetroCenterFreeOutdoorDanceConcerts/ info for more.

Pinkalicious Show. Through Aug. 31. Most shows on Saturdays, Sundays and Mondays at Adventure Theater, 7300 MacArthur Blvd., Glen Echo. Pinkalicious can't stop eating pink cupcakes and ends up turning pink. Visit www.adventuretheatre-mtc.org for more.

Great Falls Tavern, Mule-Drawn Canal Boat Rides. Wednesdays-Sundays through Aug. 31. 11 a.m., 1:30 p.m. and 3 p.m. Boat rides along the historic C&O Canal. Visit www.nps.gov/choh/playyourvisit/great-falls-canal-boat-rides.htm for more.

Art Walk in the Park. Every second Friday through October, 6-8 p.m. at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Artist demonstrations, refreshments, open studios and galleries. Free. Visit www.glenechopark.org for more.

Blue Star Museums. The National Endowment for the Arts, Blue Star Families, the Department of Defense, and more than 2,000 museums across America have collaborated to offer free admission to the nation's active duty military personnel, including National Guard and Reserve and their families, through Sept. 1. The complete list of participating museums is available at <http://arts.gov/national/blue-star-museums>.

Conservatory Summer Display. 10 a.m.-5 p.m. at the Brookside Gardens Conservatory, 1500 Glenallan Ave., Wheaton. 2014 is a year of change for Brookside Gardens that will be visible in the summer conservatory. 'Wings of Fancy' butterfly exhibit will take the summer off and a lush tropical scene will take over both conservatories through Sept. 21. Free. Visit www.brooksidegardens.org, contact leslie.mcdermott@montgomeryparks.org or call 301-962-1400 for more.

Carousel Tours. 10:30 a.m. through Sept. 30; 3:30 p.m., Oct. 1 through April 30. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. These tours give visitors a closer look at the park's fully-restored 1921 Dentzel carousel. Hear about the civil rights protests and the story of how the town rallied together to save the carousel. Park history tours can be arranged by reservation only. Free. Visit nps.gov/glec for more.

Children's Discovery Benches. Afternoons in the Children's Classroom, Brookside Gardens, 1800 Glenallan Ave., Wheaton. Hands-on activities, games, books and puzzles fill the Children's Discovery Benches. Benches are available depending on staff and room availability. Visit www.brooksidegardens.org, or call 301-962-1400.

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Capital Blues presents rotating DJs and instructors with beginner workshop 8:15-9 p.m.,

no partner necessary. \$8 for all. Visit <http://capitalblues.org> for more.

Weekly Swing Dance. Saturdays, 8 p.m.-midnight. The DC Lindy Exchange presents a swing dance with live music in the historic Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Enjoy a beginner swing dance lesson at 8 p.m. (included in admission), followed by dancing until midnight. Admission is \$16-\$18; Aug. 30 admission for age 17 and under is \$12. Visit www.glenechopark.org for more.

Argentine Tango with Lessons. Most Sundays, 6:30-11 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Tango Brillante DC offers Argentine Tango lessons followed by a Milonga most Sunday evenings. Beginner lesson 6:30-7:30 p.m. and intermediate lesson 7:30-8:30 p.m. Cost is \$15/lesson and includes the Milonga that follows. For dancers who wish to attend just the Milonga, cost is \$10 and the open dance with DJ runs 8:30-11 p.m. No partner required. Visit www.glenechopark.org or call 301-634-2222 for more.

Contra and Square Dance. Fridays and Sundays 7-10:30 p.m. in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. The evening can include square dances, mixers, waltzes and other couple dances. All Contras and Square dances are taught, no partner is necessary. There is a lesson at 7 p.m., followed by the called dance with live music starting at 7:30. \$13 for nonmembers, \$10 for FSGW members, \$5 for ages 17 and under. Visit www.glenechopark.org or call 301-634-2222 for more.

Late Night Comedy. Fridays (open mic night) and Saturdays (established comedians) at Benny's Bar & Grill, 7747 Tuckerman Lane, Potomac. Benny's is open 8 a.m.-1 a.m. Fridays and Saturdays. Visit www.BennysBarGrill.com.

Drop in Art Activities. Every Saturday 10 a.m.-12:30 p.m. in the Candy Corner Studio at Glen Echo Park, 7300 MacArthur Blvd., parents and children can explore a new art form or theme. \$10/child, parent combo. Drop-in only. Visit www.pgip.org for more.

Mommy & Me (& Daddy, Too). Third Tuesday each month. 10 a.m. at Rockville Town Square. Meet for a morning out with active learning and creative play with lunch specials, story time, arts and crafts, sing-alongs, prizes and more. Visit rockvilletownsquare.com/events/mommy-and-me.

Live Music & Dancing. Fridays and Saturdays, 7-11 p.m. in Margery's Lounge, Normandie Farm Restaurant 10710 Falls Road. Dance to the music of Barry Gurley. Call 301-983-8838 or visit www.popovers.com for more.

Glen Echo Park Films. Saturdays and Sundays. Arcade Building, 7300 MacArthur Blvd., Glen Echo. Films about the Park's history are shown on rotation in the lobby. Free. Visit www.glenechopark.org for more.

SilverWorks Studio & Gallery. Wednesdays, Thursdays, Saturdays and Sundays, 10 a.m.-6 p.m. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. SilverWorks Studio & Gallery is a working silversmith studio and includes an ongoing exhibition, as well as sales of the work of artist-in-residence Blair Anderson. Free. Visit www.silverworksglenechopark.com.

Art Glass Center at Glen Echo. All day Wednesdays; Fridays, 10 a.m.-2 p.m.; Saturdays, 10 a.m.-4 p.m.; Sundays, noon-4 p.m. Art Glass Center, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. The Art Glass Center gallery's ongoing exhibitions feature work of Resident

Artists Christine Hekimian, Sue Hill, Michele Rubin, Sherry Selevan, Bev and Zayde Sleph and Janet Wittenberg. Sculpture, vessels, functional art and jewelry are for sale. Classes are taught year-round for beginner, intermediate and advanced students. Visit www.artglasscenteratglenecho.org for more.

Glen Echo Pottery. Through December, Saturdays and Sundays, noon-5 p.m. Glen Echo Pottery, 7300 MacArthur Blvd., Glen Echo. The Gallery shows the work of 29 individual potters and instructors at Glen Echo Pottery. Wheel-throwing demonstrations are offered most Saturdays and Sundays, noon-2 p.m. Children are welcome. Visit www.glenechopottery.com/gallery for more.

Yellow Barn Studio & Gallery. Saturdays and Sundays, noon-5 p.m. The Yellow Barn Studio & Gallery presents free exhibitions of emerging artists' work. Each weekend features the work of a different artist. Most artwork is also for sale. Visit www.yellowbarnstudio.com for more.

CAMPS, CLASSES & WORKSHOPS

Golf Group Lessons. "Get Golf Ready", a series of five, 60-90 minute group golf lessons is designed for those who have never played the game or want to brush up on their fundamentals. Price varies depending on location. Area locations hosting lessons include Falls Road Golf Course, Potomac; Needwood Golf Club, Rockville; and Northwest Golf Course, Silver Spring. Visit GetGolfReady.com for more.

Art Classes. Classes are taught year-round for beginner, intermediate and

advanced students. Fridays 10 a.m.-2 p.m., Saturdays 10 a.m.-4 p.m. and Sundays noon-4 p.m. At Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call 301-634-2273 or visit www.artglasscenteratglenecho.org for more.

Art Explorers Open Studio. Every Saturday, 10 a.m.-12:30 p.m. at The Candy Corner Studio, 7300 MacArthur Blvd., Glen Echo. Art activities for parents and children. Activities change weekly and there is no pre-registration; \$10 per child. Visit www.glenechopark.org/saturday-art-explorers for more.

Ceramic Classes. Various dates and times. VisArts, 155 Gibbs St, Rockville. An opportunity to try the new ceramic workshops. For a limited time, the price is \$20 instead of \$30. Use PLATTER20 when registering. Visit www.visartsatrockville.org/ceramics for a list of class dates, times.

WEDNESDAYS-SUNDAYS IN AUGUST

Great Falls Tavern, Mule-Drawn Canal Boat Rides. 11 a.m., 1:30 p.m. and 3 p.m. Boat rides along the historic C&O Canal. Visit www.nps.gov/choh/playyourvisit/great-falls-canal-boat-rides.htm for more.

SATURDAY/AUG. 16-SUNDAY/SEPT 14

Glass: Visions & Voices. Aug. 16 through Sept. 14; Reception: Aug. 24, 4-6 p.m. Saturdays and Sundays, noon-6 p.m. Popcorn Gallery, 7300 MacArthur Blvd., Glen Echo. Glen Echo Park Partnership for Arts and Culture is pleased to present an exhibition by the Art Glass Center. Artist led tours will take place Saturday, Aug. 31 at 1 p.m. and

Friday, Sept. 12 at 6 p.m. Free. Visit www.glenechopark.org for more.

Wearable Art. Aug. 16 through Sept. 14; Reception: Sept. 12, 6-8 p.m. Saturdays and Sundays, as well as Labor Day Monday, noon-6 p.m. Stone Tower Gallery, 7300 MacArthur Blvd., Glen Echo. Glen Echo Park Partnership for Arts and Culture is pleased to present a wearable art exhibition featuring a variety of adornments including fiber art, clothing, and sculptural jewelry. Free. Visit www.glenechopark.org for more.

WEDNESDAY/AUG. 27

Yappy Hour. 5-8 p.m. at Pacci's Neapolitan Pizzeria, 8113 Georgia Ave., Downtown Silver Spring. Prize drawings and more, plus fun with friends and dogs. \$10 per person. \$15 per couple. Visit www.mchumane.org/YappyHour2.shtml for more.

THURSDAY/AUG. 28

Potomac History. 7:15-8:45 p.m. at Potomac Community Center, 11315 Falls Road, Potomac. Potomac Community Village presents Jill Phillips, Bob Hanson, and Ginny Barnes share stories about Potomac. Free and open to all. Email info@PotomacCommunityVillage.org, call 240-221-1370 or visit PotomacCommunityVillage.org for more.

FRIDAY/AUG. 29

Music Performance. 7:30 p.m. at Bethesda Blues & Jazz Supper Club, 7719 Wisconsin Ave., Bethesda.

SEE ENTERTAINMENT. PAGE 9



Normandie Farm



THE POTOMAC CHAMBER OF COMMERCE

in partnership with

Normandie Farm Restaurant

invites you to a

NETWORKING EVENT!

Wednesday, September 3, 2014 • 4:00 PM – 6:00 PM
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Cost: Potomac Chamber Members: \$10.00 • Non-Members: \$15.00
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301-299-2170

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Bring your business cards and plenty of conversation!

If you would like to **donate a door prize**, please call Jennifer at the Chamber office.



COMMUNITY



PHOTO CONTRIBUTED

Above, Your Dog's Friend's Puppy 2nd grade graduation. Your Dog's Friend, a nonprofit based in Potomac, seeks to keep dogs out of shelters by educating and supporting their humans. It offers behavior and training advice; sponsors free seminars by local trainers and other dog-related professionals; presents a monthly workshop for adopters; refers dog parents to positive trainers, pet walkers and vacation care; holds positive dog training classes, including ongoing puppy classes, and runs a training program specifically for foster dogs to help them become more adoptable. Visit www.yourdogsfriend.info.



SERVING ANIMALS

Montgomery County Animal Services and Adoption Center

Montgomery County Animal Services and Adoption Center is the only open admission shelter in Montgomery County now, according to adoption center representative Katherine Zenzano. That means the shelter accepts any type of animal that gets dropped off at the shelter or that animal control officers get called out to pick up. The shelter is home to cats, dogs, ferrets, chickens, and even sugar gliders. The center opened in a brand new facility on March 1, 2014. The facility features a shelter and adoption center, a store, a barn, and a walking trail for volunteers to take dogs out for exercise.

The Animal Services and Adoption Center is run by the Montgomery County Police Department and houses the Police Department's Animal Services Division, who field more than 13,000 calls each year on a range of issues.

The Animal Services and Adoption Center is staffed by a group of animal care professionals who seek out best practices to care for all of the animals in the facility. Then they work as a team to turn each of those animals into a pet with a forever home. The staff is led by Director Mary Healey.

Animal control officers get wildlife calls on a daily basis, are always on call, and sometimes send wild animals to the Second Chance Wildlife Preserve in

Gaithersburg.

To learn more about the Montgomery County Animal Services and Adoption Center, adopting a pet, or volunteering with the shelter, visit montgomerycountymd.gov/animalservices, or call 240-773-5900.

MCPAW

MCPAW is the dedicated partner of the Montgomery County Animal Services and Adoption Center and works to provide enhancements and augment funding for the shelter for the benefits of the animals in residence. MCPAW works to identify and affect the primary reasons that animals end up in shelters and, through special projects and programs, strives to be a catalyst for education and change for the benefit of animals in Montgomery County.

The Animal Services and Adoption Center is primarily funded by Montgomery County government. But the county can't provide everything. There will be extras that are wanted, even needed. The county has turned to MCPAW to raise the additional dollars required.

MCPAW is finalizing plans for Purple Care, a program to help place senior animals in homes and to help senior citizens adopt and care for animals. MCPAW also offers an Explorer Post and Exploring Club, a division of the Boy Scouts of America, to students, both male and female, who are interested in

veterinary science and working with animals. Programs are available for grade six through age 20. One of MCPAW's primary focuses right now is spaying and neutering, especially among feral cats. The organization would ultimately like to provide free spaying and neutering services to every pet in Montgomery County. To learn more, visit mcpaw.org, or call 240-462-5000.

PetConnect

PetConnect is a 100 percent donation-driven mixed-breed rescue group, according to Director of Operations Catherine Edwards. PetConnect is based in Potomac, and the group's mission is to pull dogs and cats from shelters where they are in danger of being euthanized. PetConnect has a five-acre farm in Mount Airy, Muddy Paws Farm, which is home to many of the dogs that the group rescues. According to Edwards, PetConnect pulled about 750 animals to safety in 2013, including adopting 448 dogs and 221 cats to families. The group tries to hold rabies clinics in economically disadvantaged areas of Montgomery County at least once a month, and they host microchip clinics once a month as well. PetConnect also has a foster program and is looking for volunteers. To learn more, visit petconnectrescue.org, or call 1-877-838-9171.

Get Involved

West Montgomery County Citizens Association: Potomac's umbrella citizens' association.

The Green Wedge

In 1964, the Montgomery County Council adopted the General Plan "On Wedges and Corridors." This plan established land use guidelines for the County and set the standard for local and area master plans. The General Plan "envisioned the Potomac Subregion as a low density residential wedge area, which would complement the developed I-270 corridor." The plan explains that a "low density, rural and semi-rural area is needed not only for aesthetic reasons, but ... as a conservation area to protect the public water supply" and to insulate agriculture "from the development pressures which affect those areas closer to the transportation corridor."

Throughout its over 47-year history, The West Montgomery County Citizens Association strives to maintain quality of life by monitoring growth and by placing the highest priority on green space. WMCCA aims to protect the environment; perpetuate animal and bird habitats; encourage low density, controlled growth and confined commercial areas; and it supports the philosophy, policies and goals of the General Plan as set forth in the 1980 Master Plan for the Potomac Subregion.

Organized for Action

In 1989-90, WMCCA adopted a full range of policy statements addressing Ethics in Government, Taxation, Planning and Zoning, Environmental Issues, and Roads. These statements are the basis of members' common ideas.

They articulate direction and allow the organization to quickly

and judiciously respond to new questions and agendas.

Through its committees, WMCCA is primed to accomplish its objectives and to:

- ❖ Study proposals in State and County Transportation, Planning and Zoning, Taxation, Environmental Protection and Services;

- ❖ Review agendas of the County Council, Board of Appeals and Planning Board;

- ❖ Assess impact and develop position statements on issues, then represent these positions before County and State authorities.

Armed with facts, statistics, and the backing of members, WMCCA will then:

- ❖ Meet with government officials, testify and retain counsel, if needed, to ensure that citizen's views are heard;

- ❖ Work with other community groups to broaden citizen awareness; and

- ❖ Provide education forums, publicize issues, and strengthen community involvement.

Attention to detail and willingness to stay the course have meant many victories for the environment and quality of life. WMCCA has helped:

- ❖ Save sensitive areas from over-development;

- ❖ Preserve trees and stream valleys;

- ❖ Limit commercial areas;

- ❖ Retain quality and style in commercial establishments;

- ❖ Maintain low density zoning and residential quality of the area; and

- ❖ Keep major highways from cutting across the community.

www.wmcca.org

CHAMBER OF COMMERCE

Potomac Day

Community oriented Potomac businessmen formed the Potomac Chamber of Commerce.

The organization has grown to reach businesses located throughout the Greater Metropolitan D.C. area and provides networking opportunities,

business leads and referrals, proactive leadership and an improved business climate, all for the betterment of the community as a whole.

The Potomac Chamber organizes Potomac Day each year as a thank you to the community. This year, Potomac Day is Saturday, Oct. 25. www.potomacchamber.org/.

POTOMAC DEMOGRAPHICS

Zip code: 20854

Population: 49,611

Race: White-36,423 (73.4%), Black/African American-2,296 (4.6%), American Indian and Alaska Native-43 (0.1%), Asian-9,024 (18.2%), Hispanic or Latino (of any race)-2,744 (5.5%)

Total housing units: 17,132

Owner occupied housing units: 15,459 (92.3%)

Households with individuals

under 18 years: 6,862

Households with individuals 65 years and over: 5,659

Median household income: 191,200

Mean family income: 274,606

Population 5 years and over who speaks a language other than English at home: 33.9%

Source: U.S. Census 2010; American Community Survey 2012

BULLETIN BOARD

FROM PAGE 5

THURSDAY/SEPT. 4

Journaling and Grief Workshop.

6:30-8 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. A two-session workshop (Sept. 4 and 11) focusing on the use of journaling as a technique to address grief. Led by Hospice professional counselors. Participants must plan to attend both sessions. Free and open to all Montgomery County residents, registration required. Call 301-921-4400 to register.

FRIDAY/SEPT. 5

Application Deadline. The Montgomery County libraries are looking for teen advisors ages 14-18. Teens who like to read, write and

would be interested in perhaps interviewing authors and public officials are encouraged to apply. Teens can apply at <https://mcgmd.wufoo.com/forms/teen-advisory-group-tag-20142015-application/> or at any branch library.

Online Auction Closes. Visit www.biddingforgood.com/auction/AuctionHome.action?documentId=221486386 to see a list of auction prizes for the Taste in Potomac. All bids will transfer to Taste in Potomac Silent Auction event on Sept. 13, except those purchased in the "Buy it Now."

SATURDAY/SEPT. 6

Voter Registration Drive. 1-3 p.m. at Bethesda Library, 7400 Arlington Road, Bethesda. For more election information, call 240-777-VOTE, visit www.777vote.org or visit

elections.state.md.us.

Volunteer Guide Introduction.

1:30-3 p.m. at Clara Barton National Historic Site and Glen Echo Park, Glen Echo. Clara Barton National Historic Site will hold a volunteer tour guide recruitment event. Interested parties are encouraged to attend. Volunteer tour guides who accept the position are required to wear a volunteer uniform and will be asked to sign a volunteer agreement form with the National Park Service. Call Kevin Patti at 301-320-1410.

SUNDAY/SEPT. 7

Voter Registration Drive. 1-3 p.m. at Bethesda Library, 7400 Arlington Road, Bethesda. For more election information, call 240-777-VOTE, visit www.777vote.org or visit elections.state.md.us.

ENTERTAINMENT

FROM PAGE 7

Janiva Maness will perform. \$20-\$25. Visit www.bethesdabluesjazz.com.

SATURDAY/AUG. 30

Live music. 8 p.m. at the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Nitty Gritty Dirt Band performs with Chatham County Line. Ticket prices range from \$38 to \$58. Visit www.strathmore.org for more.

FRIDAY/AUG.30-MONDAY/SEPT. 2

Yellow Barn Studio and Gallery 43rd Annual Labor Day Art Show. 7-9 p.m. 7300 MacArthur Blvd., Glen Echo. Features the work of more than 250 artists, including painting, photography, ceramics, jewelry, glass, pottery and more at Glen Echo. Visit www.glenechopark.org or www.yellowbarnstudio.com.

SATURDAY/AUG. 30

Glen Echo Open House. 12-4 p.m. 7300 MacArthur Blvd., Glen Echo. Open house, hosted by Glen Echo Park Partnership, introduces visitors to arts, dance, theater, classes at the park. Visit www.glenechopark.org.

SATURDAY, MONDAY/AUG. 30, SEPT. 1

Irish Music and Dance Showcase. 1-6 p.m. Bumper Car Pavilion, 7300 MacArthur Blvd., Glen Echo. Two days of Irish music and dance. Presented by Glen Echo Park Partnership for Arts and Culture and the Irish Inn at Glen Echo. Visit www.glenechopark.org for more.

SUNDAY/AUG. 31

Blues Workshop. Noon-5 p.m. Back Room Annex, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Capital Blues presents an afternoon Blues Workshop. No partner necessary. Dancing to blues music from every corner of the genre. Note: the entrance to Back Room Annex is on far left side of Spanish Ballroom. Admission TBD. Visit www.glenechopark.org for more.

Blues Dance. 8 p.m.-midnight. Back Room Annex, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Capital Blues presents a Sunday night Blues dance. A beginner lesson from 8-9 p.m. is followed by dancing to live music until midnight. Visit CapitalBlues.org for information about the band and the blues workshops offered during Saturday afternoon at Glen Echo Park. There will be several workshops - pay at the door for those you wish to attend. Admission TBD. Visit www.glenechopark.org for more.

THURSDAYS THROUGH SEPTEMBER

Potomac Village Farmers Market 2-6:30 p.m. Potomac United Methodist Church, 9908 S. Glen Road at corner of Falls Road and Democracy Blvd. Visit www.potomacvillagefarmersmarket.net for more.

SEPTEMBER-OCTOBER

Guided tours of Riley's Lockhouse. One of the C&O Canal's original lockhouses. Join volunteers in period costume and explore the life of a lock-keeper. Riley's Lock Road. Visit www.nps.gov/choh/.

WEEKENDS IN SEPTEMBER

Glen Echo Park's 1921 Dentzel Carousel 12-6 p.m. Rides on the historic carousel in Glen Echo Park. Will be open on Saturdays and Sundays in September. Visit www.glenechopark.org for more.

MONDAY/SEPT. 1

75th Annual Labor Day Parade. 1 p.m. Olde Towne Gaithersburg, rain or shine. Visit www.gaithersburgmd.gov for more.

WEDNESDAY/SEPT. 3

Encore Chorale. Wednesdays for 15 weeks. 1:30-3 p.m. at Rosborough Theater, 409 Russell Ave., Gaithersburg. For singers 55 and older. There are no auditions, new singers are welcome, and singers may be seated for rehearsals and performances. Visit encorecreativity.org, or call 301-261-5747 for more.

THURSDAY/SEPT. 4

The Trawick Prize Finalists Exhibition. DOWNTOWN Bethesda's annual juried arts competition awards: Bethesda Contemporary Art Awards. Runs through Sept. 28. Gallery B, 7700 Wisconsin Ave., Suite E. Visit www.bethesda.org for more.

SUNDAY/SEPT. 7

Walk to Fly. Start: Stoneridge School of the Sacred Heart, 9101 Rockville Pike, Bethesda. Finish and Community Block Party: Euro MotorCars Bethesda, 7020 Arlington Road, Bethesda. 10 a.m.-3 p.m. Family-friendly, 1.5-mile walk through downtown Bethesda, followed by a community block party, featuring food, games, and music. Luke's Wings is dedicated to providing families with the means to visit during a Wounded Warrior's hospitalization and rehabilitation. 100 percent of the proceeds from the Heroes Walk to Fly will fund Luke's Wings' mission. \$15 children

under 12, \$30 adults. Visit walktofly.com for more.

Pawpaw Festival. Noon-4 p.m. at Meadowside Nature Center, 5100 Meadowside Lane, Rockville. Meadowside Nature Center will be celebrating this native fruit with music, storytelling, crafts, games, raptor talks, expert advice on pawpaw cultivation, and most importantly...a pawpaw tasting station. This year's festival will feature pawpaw fruit for purchase. No registration required. \$5, all participants must pay. Visit www.MontgomeryParks.org.

Waltz Dance. Workshop at 2:45 p.m., dance from 3:30-6 p.m. in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. \$10. No partner required. Visit www.waltztimedances.org or 301-634-2222.

SATURDAY/SEPT. 13

Montgomery County Out of the Darkness Community Walk. 10 a.m. - 12 p.m. Rockville Town Center, 200 East Middle Lane. Benefits the American Foundation for Suicide Prevention. Visit www.afsp.org for more.

Potomac Library Book Sale. 10 a.m.-1 p.m. Sponsored by the Friends of the Library, Potomac Chapter. Runs most months.

Taste in Potomac. 6:30-11:30 p.m. Julia Bindeman Suburban Center, 11810 Falls Road, Potomac. Taste food from area restaurants and silent auction. \$200 per ticket. Visit www.adoptionstogether.org/TasteinPotomac.aspx for more.

Art Exhibit. Painters Sandra Fritter and Michele Soule will hold an exhibit titled "Faces and Places" at the Yellow Barn Gallery in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Visit www.yellowbarnstudio.com or 301-371-5593.

SUNDAY/SEPT. 14

Parks Half Marathon. 7 a.m. Run from Rockville to Bethesda. Showcases Montgomery County's park system. Sponsored by Montgomery County Road Runners Club. Online registration is open. Visit www.mcrrc.org for more.

Seed Story and Volunteer Appreciation Potluck. 5:30-8:30 p.m. at 8565 Horseshoe Lane. Learn about food issues and more. Bring a dish and a story and bring seeds to share. RSVP to <http://brickyardeducationalfarm.org/civicism/event/info?reset=1&id=44>.

Art Exhibit. Painters Sandra Fritter and Michele Soule will hold an exhibit titled "Faces and Places" at the Yellow Barn Gallery in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Visit www.yellowbarnstudio.com or 301-371-5593.

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Potomac, MD

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Wed: 6:30 pm

For more information, please contact:

Nancy Steinberg
240-994-5092
nancy@kulayogaclass.com
www.kulayogaclass.com

Shanthi Subramanian
301-320-9334
shanthi@hamsa-yoga.com
www.hamsa-yoga.com

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www.mcpaw.org

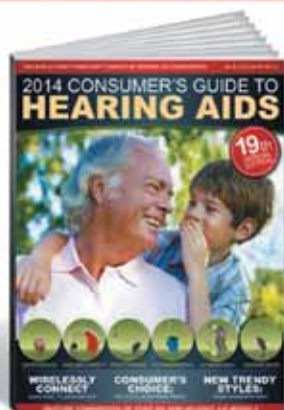
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And Another Thing I'm "Righting" On



By KENNETH B. LOURIE

Not only did last week's CT Scan indicate shrinkage, where necessary – and stability, where hoped for – it also accomplished these hoped-for goals after only two months of chemotherapy (still infused every three weeks) rather than the normal three months of chemotherapy. So depending on how the calendar/treatment schedule actually fell, I probably received two fewer infusions than usual, yet all the radiological indications – and interpretations – continue to be encouraging; after five and a half years, no less. I think I'm entitled to use the word amazing – and lucky, too.

Certainly I've made lifestyle changes, as you regular readers know, though I'm hardly the poster child for outliving-your-terminal-stage-IV-non-small-cell-lung-cancer-diagnosis. I haven't incorporated all the suggestions made to me, but I have listened – and learned, of course. Still, I'm proud of the path I've traveled, which wouldn't have happened without the help and guidance of friends and family who I trusted, and who I know had my best interests at heart. And I have survived, thrived almost, because of their persistence.

But change is not, and has not been easy for me. In fact, "change" might as well be a four-letter word, although I do use my share; never in print, and less frequently in public probably wouldn't kill me. But I'm also good at rationalizing my behavior – both good and bad, so doing/not doing and providing plausible, semi-defensible explanations (maybe even denials) has become one of my best mechanisms. Ultimately, my bottom line in all of these attempts at modifying my behavior is stress reduction – which equates to self-preservation, if you want to know the truth – and doing so in a way that is consistent with my personality, allowing me to maintain the effort. I don't suppose starting and stopping would solve much. It's sort of like a placebo effect. If I think something I'm doing is working, then maybe it is. The mind is a terrible thing to waste and I want to give it every opportunity to bring me back to "normal" health. For all I know, some new pill I've started, some new behavior I've assimilated, something (like sugar) I've reduced is all working together to make me whole again. And since I generally don't look for trouble – considering that trouble has already found me, I try to leave well enough alone until a little birdie tells me otherwise (anybody, anywhere; any source, anyhow; any medium, any way). Now I don't want to knee-jerk myself into a decision. I'll make a few inquiries, I'll do a little research, but overall, I won't make the pursuit my life's work.

In spite of it all, and in spite of me and my peculiarities, I approach this week's five-and-a-half-year, post-diagnosis anniversary with less fear and trepidation than perhaps I should. But as I've said many times previously, and again in this column: "What do I know?" Enough to keep me up and at 'em and alive and reasonably well, I suppose. And way more than I had a right to expect and almost too much to understand. I've never asked "why me?" but I've always thought "why not me?" And so it goes – and has gone; maybe my level of ignorance has been a sort of bliss. However, if I really understood what ails me, I might not be so glib about it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

COMMUNITY

Much To Do at Potomac Community Center

BY LARRY CHLOUPEK
CHAIRMAN OF THE BOARD OF FRIENDS OF
THE POTOMAC COMMUNITY CENTER

This is Montgomery County's busiest community center, providing a variety of recreation activities for all ages such as open gym, arts and crafts, exercise/leisure classes, group support meetings and socials, senior adult activities through the Potomac neighborhood, senior program, area and county-wide sports programs, summer camps, programs for individuals with special needs, children and adult holiday parties, volunteer opportunities and more. Fa-

cilities include a gymnasium, exercise room, meeting rooms, art room, lounge area, community room and social hall. The outdoor area includes two baseball fields and an inline hockey rink, and lighted basketball and tennis courts.

The center offers table tennis, billiards and foosball, a gymnasium, weight room, social room, meeting rooms, and hundreds of classes through the Montgomery County Recreation Department. The Montgomery County Recreation Department, along with the Friends of the PCC, Inc. is working to renovate and reopen the outside inline rink for children and adults with special needs. The projected opening is slated for fall. The

Friends of the PCC, Inc. is a nonprofit organization which works in conjunction with the Montgomery County Recreation Dept. to support the wide array of activities offered by the PCC as well as raise monies for the center. The board is comprised of volunteers who strongly support the mission of the center.

INSIDER'S TIP: The PCC will be hosting an outdoor family movie night on Sept. 26. Additional information will be forthcoming. Parents with children in grades three to six, can register them now for Club Friday. Club Friday which began in 1991 is a fun-filled supervised evening of different activities.

Club Friday will meet at PCC from Oct 10-March 13 (no program Nov. 28, Dec. 19, 26) from 7-9 p.m. There are just a little more than 400 members, and the slots are always filled. The cost is \$85 per participant (And volunteers are always needed.)

Additionally, After Hours is also held once a month for children in grades six through eight. More information on After Hours will be available shortly.

For more information call the Potomac Community Center on 240-777-6960 or visit the web www.montgomerycountymd.gov/ rec.

The Potomac Community Center is at 11315 Falls Road.

GOVERNANCE

Get To Know Potomac's Elected Officials

County Council

Potomac residents live in County Council District 1, and are represented by Councilmember Roger Berliner (D-1) as well as the four at-large councilmembers, Marc Elrich, Nancy Floreen, George Leventhal and Hans Riemer. All nine members of the current Montgomery County Council are Democrats. All seats are on the ballot in November.

Roger Berliner, 240-777-7828,
councilmember.berliner@montgomerycountymd.gov
Marc Elrich, 240-777-7966,
councilmember.elrich@montgomerycountymd.gov
Nancy Floreen, 240-777-7959,
councilmember.floreen@montgomerycountymd.gov
George Leventhal, 240-777-7811,
councilmember.leventhal@montgomerycountymd.gov
Hans Riemer, 240-777-7964,
councilmember.riemer@montgomerycountymd.gov
Mail: Montgomery County Council
100 Maryland Ave.
Rockville, Md. 20850
Phone: 240-777-7900 (voice)
240-777-7914 (TTY for hearing impaired)
240-777-7888 (fax)
Legislative Information Services: 240-777-7910
County Council meetings and committee meetings are available live-streaming and on demand.
<http://www.montgomerycountymd.gov/council/ondemand/index.html>

County Executive

County Executive Ike Leggett (D) is the top elected official in Montgomery County. Dial 311, or email ocemail@montgomerycountymd.gov
Executive Office Building
101 Monroe Street, 2nd Floor
Rockville, MD 20850

Maryland General Assembly

Potomac is split between two state legislative districts, 15, which includes much of the upcounty, and 16, which includes Bethesda and Chevy Chase. Each district has one senator and three delegates. All members of the Montgomery County delegation to the Maryland General Assembly are Democrats. The General Assembly meets beginning Jan. 8, 2014.

DISTRICT 15
Sen. Brian J. Feldman (D)
James Senate Office Building, Room 104
11 Bladen St., Annapolis, MD 21401
410-841-3169, 301-858-3169

1-800-492-7122, ext. 3169 (toll free)
e-mail: brian.feldman@senate.state.md.us

Del. Kathleen M. Dumais (D)
House Office Building, Room 101
6 Bladen St., Annapolis, MD 21401
410-841-3052, 301-858-3052
kathleen.dumais@house.state.md.us
Del. David Fraser-Hidalgo (D)
House Office Building, Room 350
6 Bladen St., Annapolis, MD 21401
410-841-3186, 301-858-3186
e-mail: david.fraser.hidalgo@house.state.md.us
Del. Aruna Miller (D)
House Office Building, Room 225
6 Bladen St., Annapolis, MD 21401
410-841-3090, 301-858-3090
aruna.miller@house.state.md.us

DISTRICT 16
Sen. Brian E. Frosh (D)
Miller Senate Office Building, 2 East Wing
11 Bladen St., Annapolis, MD 21401
410-841-3124, 301-858-3124
brian.frosh@senate.state.md.us
Del. C. William Frick (D)
House Office Building, Room 219
6 Bladen St., Annapolis, MD 21401
410-841-3454, 301-858-3454
bill.frick@house.state.md.us
Del. Ariana B. Kelly (D)
House Office Building, Room 210
6 Bladen St., Annapolis, MD 21401
410-841-3642, 301-858-3642
ariana.kelly@house.state.md.us
Del. Susan C. Lee (D)
House Office Building, Room 414
6 Bladen St., Annapolis, MD 21401
410-841-3649, 301-858-3649
susan.lee@house.state.md.us

Board of Education

There are seven members of the Montgomery County Board of Education, plus a student member. Two members serve at-large, while the other five members live in their geographic districts. But all members are elected county-wide, and serve staggered terms. Members of the Board of Education are non-partisan and elected without identifying as belonging to any political party. One at-large seat and districts 1, 3 and 5 are on the ballot in November.

Citizens Advisory Board

The Western Montgomery County Citizens Advisory Board, which serves all of Potomac, offers advice on local issues and needs to the County Executive and the County Council. Members are nominated by the County Executive and confirmed by the County Council.

The Western Montgomery County Citizens Advisory Board should not to be confused with the West Montgomery County Citizens Association, an independent umbrella citizens association.

The board is comprised of 19 representatives: 12 neighborhood representatives, six business community representatives and one non-profit representative. As representatives to and from these communities, the board strives to reflect the varying points of view within the region. The board has committees on land use, transportation, budget, public safety, and quality of life.

Vacancies are publicly advertised. The Citizens Advisory Board holds a community forum at the beginning of each of its meetings. Issues raised by community members are sent to the appropriate county departments for action and tracked by the Regional Service Center staff.

The board also holds a public forum on community needs every two years prior to the development of the Capital Improvements Plan (CIP). The board's comments are included in the CIP.

To bring an issue to the board's attention, or for more information on Board activities or vacancies please call 240-777-8200, Fax 240-777-8211, TTY 240-777-8212 or email to: bethesda.citizen@montgomerycountymd.gov.

The Bethesda-Chevy Chase Regional Services Center is the local government office for the Bethesda, Cabin John, Chevy Chase, Friendship Heights, Garrett Park, Glen Echo, North Bethesda, Potomac and Rockville communities.

4805 Edgemoor Lane
Bethesda, MD 20814
240-777-8200 (voice), 240-777-8212 (TDD), 240-777-8211 (FAX)
Open Monday-Friday 8:30 a.m. to

5 p.m.
E-mail: bethesda.citizen@montgomerycountymd.gov
Kenneth B. J. Hartman, Director
kennethhartman@montgomerycountymd.gov
240-777-8200

Beginning in 1975, the council charged the Regional Services Centers with leading interagency efforts to: strengthen communication between the community and various agencies of county government; coordinate necessary interagency action with respect to each local area, and recommend programs and policies tailored to the local community.

The center informs Montgomery County leadership of regional perspectives, expedites responsive service delivery and connects with local organizations and leaders to get their input on issues of local importance.

The center is designed to function as a local town hall, offering problem solving and information and referral services to the region. The director of the Regional Services Center is a member of the county's Senior Management Team with direct access to the County Executive and department heads.

Along with this liaison function, the center also:

- ❖ Identifies regional priorities and future service needs;
- ❖ Coordinates local initiatives and community problem solving;
- ❖ Maintains a library of County literature including the Recreation Guide, Master Plans, and Guide to Senior Resources;
- ❖ Maintains meeting rooms for public use;
- ❖ Distributes welcome packets for new residents;
- ❖ Oversees county services in downtown Bethesda performed under contract by the Bethesda Urban Partnership; and
- ❖ Manages the site selection process for county facilities.

The center offers many ways to get involved in local government including committees, volunteer opportunities, educational opportunities, public meetings, open houses and more.



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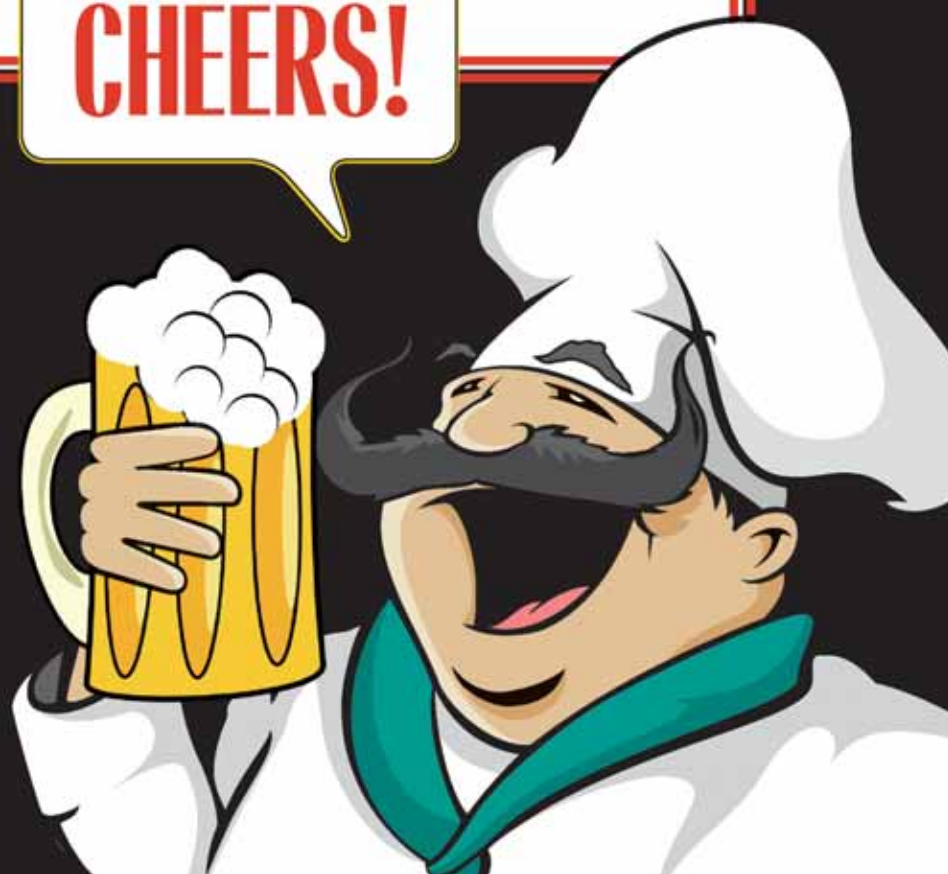
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A photograph of a heron in flight over a stand-up paddleboarder on the Potomac River. The heron is in the upper center, wings spread, flying towards the left. The paddleboarder is in the lower center, wearing a white shirt, blue patterned shorts, and a straw hat, holding a paddle. The background is a dense line of green trees along the riverbank under a clear blue sky.

NEWCOMERS & COMMUNITY GUIDE

2014-2015

Potomac
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A heron flies above a
stand-up paddleboarder
on the Potomac River just
above Seneca Creek on
Sunday, July 13.



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Helping the Community

Manna Food Center

Manna Food Center, the main food bank in Montgomery County, strives to eliminate hunger through food distribution, education and advocacy. Manna has distributed more than 43 million pounds of food to more than 2.7 million individuals. Manna provided food to 5 percent of Montgomery County residents this past year. 9311 Gaither Road, Gaithersburg, MD 20877, 301-424-1130 or www.mannafood.org.

Mercy Health Clinic

Mercy Health Clinic is a free, community-based volunteer organization providing quality healthcare to uninsured, low-income residents of Montgomery County. The clinic, located in Gaithersburg, depends on the expertise of volunteers, healthcare professionals and support from community partners to provide quality care to those in need. The clinic is staffed with medical professionals including family practice physicians, cardiologists, endocrinologists, nurse practitioners, nurse assistants, translators and behavioral health counselors. 7 Metropolitan Court, Suite 1, Gaithersburg, MD 20878, www.mercyhealthclinic.org.

Interfaith Works

Interfaith Works provides shelter, food, and clothing to low-income and homeless neighbors. 114 West Montgomery Ave., Rockville, MD 20850, www.iworksmc.org.

Potomac Community Resources

Potomac Community Resources, Inc. provides therapeutic, recreational, social and respite care programs for teens and adults with developmental differences, as well as information about community resources for families. 9200 Kentsdale Drive, Potomac, MD 20854, 301-365-0561 or <http://pcr-inc.org/>.

Montgomery County Coalition For the Homeless

Montgomery County Coalition for the Homeless, a commu-

nity-based nonprofit organization, is a leading provider of permanent housing, intermediate housing, emergency shelter and supportive services for people experiencing homelessness. MCCH programs serve 1,600 men, women and children each year. 600-B East Gude Drive, Rockville, MD 20850, 301-217-0314 or www.mcch.net.

Shepherd's Table

Shepherd's Table is a non-profit organization in downtown Silver Spring, supported by volunteers, religious organizations, government, businesses, foundations and individual donors. Shepherd's Table provides help to people who are homeless or in need by providing basic services, including meals, social services, medical support, clothing and other assistance. , 8210 Dixon Ave., Silver Spring, MD 20910, 301-585-6463 or www.shepherdstable.org.

Fisher House

The Fisher House program supports members of the military and their families when they travel great distances for specialized medical care. Fisher House Foundation donates "comfort homes," built on the grounds of major military and Veterans medical centers, including Walter Reed in Bethesda. These homes enable family members to be close to a loved one at the most stressful times. Walter Reed Army Medical Center, 111 Rockville Pike, Suite 420, Rockville, Maryland 20850, 888-294-8560 or www.fisherhouse.org.

Friends in Action

Founded by Interfaith Works (formerly Community Ministry of Montgomery County) in 1986, Friends in Action recruits and trains a network of people from all faiths and ethnic backgrounds. Volunteer mentoring teams are linked for one year in a supportive relationship to a needy family in their community. The goal of the program is to help the family identify their strengths and develop attainable and manageable goals that guide them toward financial independence and personal well being. 114 West Montgomery Ave., Rockville, MD 20850, 301-762-8682 or www.iworksmc.org/friends-in-action.

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Contact us: Cathy Patterson, Director of Admission
admission@mcleanschool.org or 240.395.0686.

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About the Almanac

As your local, weekly newspaper, the Almanac's mission is to deliver the local news you need, to try to make sense of what is happening in your community, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we've included an expanded and updated version of our award-winning Insider's Guide to the Parks, plus details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail or call us, contact us on Facebook or send us a tweet. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo. We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

The Almanac is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

The Connection Newspapers have won hundreds of press awards in just the past few years, including the Virginia Press Association Award for Journalistic Integrity and Community Service, Best in Show for our Insiders Guide to the Parks, first place for our community guides, plus awards in news, art, business, special projects, sports, entertainment, design, photography and much more.

We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. We continue to publish 15 distinct papers every week that serve their communities in distinct ways. We welcome contributing writers, with the caveat that our freelance pay is nominal; if you are interested in covering news or events in your community, email editors@connectionnewspapers.com. We offer summer and year-round educational internships with information at www.connectionnewspapers.com/internships.

In addition to our weekly coverage, we have monthly special focus pages on Wellbeing; Education, Learning, Fun, and HomeLifeStyle, plus other seasonal specials including Real Estate, Senior Living, Fall Fun, Food and Entertainment (also Winter, Spring and Summer), a twice a year Pet Almanac, and others. If you have story ideas for these, email editors@connectionnewspapers.com; if you are interested in marketing, email sales@connectionnewspapers.com.

— MARY KIMM
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NEWCOMERS & COMMUNITY GUIDE

VIEWPOINTS

What do you like about living in Potomac?



"I like Great Falls. Some of the parks are nice."

— Aaron Ellsworth



"It's quiet and peaceful."

— James Taylor



"It seems generally safe, and I'm glad that my kids go to Montgomery County schools."

— Jill Tender



"I like how international the community is."

— Orma Kuti



"All of my really close friends that I've made over the years are from Potomac."

— Alex Korty

Why I Live in Potomac

BY GINNY BARNES
PRESIDENT OF WMCCA

It was love of a man that brought me to Potomac many years ago to live overlooking the Watts Branch stream in a log cabin that was moved in the 1940s from behind Great Falls Tavern. My husband George grew up here in the '50s and '60s in a childhood many of us only dream about with open space to ramble and a small village where he had his first job in the pharmacy as a teenager. Potomac has grown of course. It is no longer a place for adventurous pioneers like his parents who wanted a rural country life to raise their kids. A lack of amenities like paved roads and electricity were acceptable inconveniences. Glen Road was a one-lane stretch of concrete. If you met a car coming the other way, both had to drop right or left wheels off a steep edge onto washed out gravel. South Glen was still a dirt road. The Potomac Hunt met in our front pasture.

Settling here, I came to love the forests, the tree-lined rustic roads and, of course, the C&O Canal National Historic Park (NHP) where our home once lived. As years have gone by, I'm constantly discovering new natural areas to explore. The federally owned C&O Canal stretches 184 miles and you could walk to Cumberland or Georgetown on the edge of a mighty river. I consider this the ultimate luxury of living in Potomac, even if I never do it. But Montgomery County itself has a wealth of parks and some of the largest are in Potomac. Blockhouse Point Conservation Park is likely the best of preserved natural areas, stretching out along River Road from Muddy Branch all the way to Calathea Farm. It adjoins the NHP with over 600 acres of mature forest and trails that lead to an overlook of breathtaking proportions. On a clear day you can see the Blue Ridge in the distance and below you a narrow ribbon of towpath between the canal and a long slice of dancing rapids with rock islands where water birds gather.

Visiting certain places has become a ritual and I feel bereft if I miss those that rely on the season. In spring, Violette's Lock is an ode to Bluebells that spread over river banks. In the long narrow pools along the Berma Road at Old Anglers, Wood Frogs are a loud chorus of mating frenzy. In summer, I take out-of-town visitors to Olmstead Island at Great Falls and watch handsome Great Blue Herons fish on the rocks below the falls. Autumn colors in forests at Widewater beside the towpath could not be more beautiful on a quiet Fall morning or afternoon. Untold pleasures still await any curious outdoor Rambler.

A SPECIAL PLACE

Though I've lived here over 30 years and walked many local trails, it was only recently I learned about the Ford Mine Trail which begins at the farthest end of the Great Falls parking lot and meanders up and down steep wooded slopes for somewhat over two miles, returning along the berm side of the canal. The trailhead is well marked at the edge of the parking lot and nearest the canal. Since most of us usually park closest to the visitors center, this trail has to be a destination to find since it starts at the opposite end of the parking lot from the tavern.

ISSUES TO WATCH

❖ The Washington Suburban Sanitary Commission (WSSC) which operates the water filtration plant on River Road has applied for a mid-river intake to reach cleaner drinking water. If approved, this massive project will take up to five years to build, have significant environmental and physical impacts on the C&O Canal National Historic Park and increase heavy truck traffic through Potomac.

❖ Montgomery County has recently revised the zoning code. While it does not change the basic rural zoning in Potomac, implemented will reveal how it may change the character of the Potomac Subregion.

❖ Rockwood Park on MacArthur Boulevard is considered an enterprise property in the Montgomery County Park system. The house and grounds are promoted for weddings, conferences and special events. It is currently undergoing a study to identify improvements needed which may include proposals to alter traffic flow through the site and increase park impacts on the adjacent neighborhood and the larger Potomac community.

POTOMAC ALMANAC NEWCOMERS & COMMUNITY GUIDE

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Neeka Eghbali, Emma Harris, Taylor Horner,
Alexis Hosticka and Elizabeth Schneider

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703-746-8084
 3903Q Fair Ridge Dr.
 Fairfax, VA 22033

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NEWCOMERS GUIDE

Election Day Nov. 4

Every state and local office that represents Potomac is on the ballot Nov. 4.

If you want some choice in who will represent you on County Council, as County Executive, in the Maryland General Assembly, now is the time to engage. If you think it doesn't matter much, these are the people who make land use decisions, decide what to do with county property, who set tax rates, who decide how much money will go to schools, who control services that affect traffic and many other things that affect quality of life more than anything that happens at a national level. Every Montgomery County voter will receive a detailed ballot booklet which will include their polling place location in the mail.

COUNTY EXECUTIVE

Incumbent County Executive Isiah Leggett (D) will face Republican challenger Jim Shalleck.
www.ikeleggett.org
www.voteshalleck.com

COUNTY COUNCIL

Potomac residents are represented by the District 1 county councilmember and the four at-large councilmembers. The incumbent Democrats in all of these positions won their primary elections.

COUNCIL DISTRICT 1

Voters choose one candidate.
 Incumbent Roger Berliner (D-1) will face Republican challenger Jim Kirkland.

COUNTY COUNCIL AT LARGE

Voters will vote for four candidates of the nine names on the ballot.
 Democrat incumbents will face four Republican challengers and one Green Party candidate.
 Marc Elrich (D-at large), marcelrich.com
 Nancy Floreen (D-at large), www.nancyfloreen.org
 George Leventhal (D-at large), www.georgeleventhal.com
 Han Riemer (D-at large), hansriemer.com
 Robert Dyer (R), www.RobertDyer.net
 Chris P. Fiotes Jr. (R)
 Adol T. Owen-Williams II (R)
 Shelly Skolnick (R)
 Tim Willard (Green)

Montgomery County State's Attorney
 Incumbent Democrat John McCarthy, johnmccarthy.us
 Republican Dan Gaskill, www.facebook.com/pages/Dan-Gaskill-for-States-Attorney/202411253290307
 Montgomery County Board of Education
 There are seven members of the Montgomery County Board of Education, plus a student member. Two members serve at-large, while the other five members live in their geographic districts. But all members are elected county-wide by voters across the county, and serve staggered terms. Members of the Board of Education are non-partisan

and elected without identifying as belonging to any political party.

This year, one at-large member and members of Districts 1, 3 and 5 are on the ballot.

Board of Education At Large, voters choose one of two:

Shebra Evans, www.shebraevans.com
 Jill Ortman-Fouse, www.jill4allkids.com

Board of Education District 1, voters choose one of two:

Judy Docca
 Kristin G. Tribble

Board of Education District 3, voters choose one of two:

Laurie Halverson, www.lauriehalverson.com/
 Patricia O'Neill, www.patoneill.org

Board of Education District 5, voters choose one of two:

Mike Durso, www.facebook.com/durso4boe
 Larry Edmonds, www.facebook.com/pages/Larry-Edmonds-for-Board-of-Education-District-5/389020714546495

Incumbent Sheriff Darren Popkin (D), Clerk of the Court Barbara H. Meiklejohn (D), and Register of Wills Joseph M. Griffin (D) are all running unopposed.

U.S. CONGRESS

Potomac is divided between Maryland Congressional Districts 6 and 8.

District 6:

Incumbent John K. Delaney (D), www.delaneyforcongress.com
 Dan Bongino (R), www.bongino.com
 George Gluck, (Green), georgegluck.com

District 8:

Incumbent Chris Van Hollen (D-8) www.vanhollen.org
 Dave Wallace (R) www.wallaceforamerica.com

FOR GOVERNOR/LIEUTENANT GOVERNOR

Voters will choose one ticket:
 Anthony Brown and Ken Ulman (D) www.anthonybrown.com
 Larry Hogan and Boyd Rutherford (R) www.hoganforgovernor.com
 Shawn Quinn and Lorenzo Gaztanaga (Libertarian)

COMPTROLLER

Incumbent Peter Franchot (D)
 William H. Campbell (R)

STATE DELEGATES AND SENATORS

Potomac is split between District 15 and 16. Each resident is represented by one state senator and three state delegates from their district. District 16 includes Bethesda, Chevy Chase and parts of Potomac.

DISTRICT 15 SENATE:

Brian Feldman (D), brianfeldman.com
 Robin Ficker (R), www.fickersfor15.com

DISTRICT 15 DELEGATE:

Voters pick three of the six candidates on the ballot:
 Kathleen Dumais (D), www.kathleendumais.com

SEE WHAT'S ON, PAGE 5

NEWCOMERS GUIDE

What's on the Ballot?

FROM PAGE 4

David Fraser-Hidalgo (D),
fraserfor15.org
Aruna Miller (D),
Ed Edmundson (R) ed4md.org
Flynn Ficker (R), fickersfor15.com
Christine Thron (R)

DISTRICT 16 SENATE:

Susan Lee (D),
susanleeforsenate.com/
Meyer Marks (R),
marksformaryland.org

DISTRICT 16 DELEGATE:

Voters pick three of the six candidates on the ballot:

Bill Frick (D), www.billfrick.com
Ariana Kelly (D),
kellyfordelegate.com
Marc Korman (D), marckorman.com
John Andrews (R),
www.andrewsfordelegate.com
Lynda del Castillo (R)
Rose Maria Li (R),
www.voteroseli.com

There will be one Montgomery County question and two statewide questions on the ballot:

STATEWIDE QUESTION 1

Constitutional Amendment (Ch. 422 of the 2013 Legislative Session)

Transportation Trust Fund – Use of Funds

(Amending Article III by adding Section 53 to the Maryland Constitution)

Limits the use of Transportation Trust Funds to the payment of principal and interest on transportation bonds and for constructing and maintaining an adequate highway system or any other transportation-related purpose. Also

prohibits the transfer of Transportation Trust Funds into the General Fund or a special fund of the State, except for: (1) an allocation or use of highway user revenues for local governments or (2) a transfer of funds to the Maryland Transportation Authority or the Maryland Transportation Authority Fund. Transportation Trust Funds may be used for non-transportation related purposes or transferred to the general fund or a special fund only if the Governor declares a fiscal emergency and the General Assembly approves legislation, by a three-fifths vote of both houses, concurring with the use or transfer of the funds.

STATEWIDE QUESTION 2

Constitutional Amendment (Ch. 261 of the 2014 Legislative Session)

Special Election to fill Vacancy in Office of Chief Executive Officer or County Executive

(Amending Article XI-A, Section 3 and Article XVIII, Section 2 of the Maryland Constitution)

Authorizes charter counties to provide for special elections to fill a vacancy in the office of chief executive officer or county executive, and exempts a special election to fill a vacancy in the office of chief executive officer or county executive

tive of a charter county from the constitutional requirement that elections for State and county officers be held on a specified four-year cycle. Under existing law, charter counties may only authorize special elections to fill vacancies on the county council.

Montgomery County Question A, Charter Amendment by Act of County Council

District Councilmember Residency Requirement

Amend Sections 102, 104, 106, and 114 of the County Charter to:

- ❖ clarify that a candidate for a District Council seat must reside in the district at the time of the primary and general election;

- ❖ provide that a councilmember elected by a district must reside in that district during the member's entire term;

- ❖ provide that any change in the district boundaries during a district councilmember's term does not render the councilmember ineligible to complete that term;

- ❖ clarify that any revised Council District boundaries apply in any special election held to fill a vacancy after the boundaries are amended; and

- ❖ clarify that, if a vacancy occurs, the Council appointee, or the candidate elected in a special election to fill the vacancy, must reside in the district as it exists when the vacancy occurs.

Montgomery County Election Calendar

- ❖ Oct. 14: Deadline to register to vote or change your address online.
- ❖ Oct. 23: Early voting begins at 10am
- ❖ Oct. 30: Early voting ends at 8pm
- ❖ Nov. 4: Election Day (vote at your polling place between 7am to 8pm)

<http://www.montgomerycountymd.gov/Elections/registration/VoterRegistration.html>

For more see <http://www.montgomerycountymd.gov/elections> or http://www.elections.maryland.gov/elections/2014/general_candidates/index.html

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PRIZES!
SNACK BARS!
RAFFLES!
DJ'S/DANCERS!
SPECIAL EVENTS!
THEME NIGHTS!

October 10 - March 13
7:00pm - 9:00pm
Doors Open at 6:30pm For Early Parent Check-In

Club
FRIDAY
FOR GRADES 3 THRU 6

Membership
Fee
\$85.00

Potomac Club Friday
will be held on the
following dates:

October 10, 17, 24, 31
November 7, 14, 21
December 5, 12
January 2, 9, 16, 23, 30
February 6, 13, 20, 27
March 6, 13

Course#
393770

POTOMAC
Community Recreation Center
11315 Falls Rd. | Potomac, MD 20854
Call 240-777-6960 For More Info

 **MONTGOMERY COUNTY**
Recreation
montgomerycountymd.gov/rec

ALMANAC INSIDER'S GUIDE TO POTOMAC RIVER

From Whence Its Name:

COMPILED BY KEN MOORE AND
MARY KIMM
THE ALMANAC

Potomac is bordered by more than 12 miles of the C&O Canal National Historical Park, including the towpath and the Potomac River. Living in Potomac provides opportunities to enjoy the sights and sounds of the river with outdoor activities ranging from an easy stroll to a challenging hike; a flat bike ride of a few miles to multi-day bike trip; rock climbing, world-class whitewater kayaking or a gentle paddle on flatwater. Wildlife is abundant and birders flock to area. All outdoor areas of the C&O Canal National Historical Park are open daylight hours year round. Visitors pay an entrance fee at the entrance to Great Falls Tavern Visitors Center at Falls Road and MacArthur Boulevard, but access everywhere else is free.

Great Falls Tavern Visitor Center and Olmsted Overlook

11710 MacArthur Blvd.
301-767-3714

If you haven't seen Great Falls, it's time to get out there.

Enter the C&O Canal National Histori-



Great Falls Tavern

cal Park here for up close views of Great Falls by walking 0.2 miles over the Olmsted Island Bridges to the overlook at the end. Bridges and boardwalks traverse a rare floodplain terrace environment, ending with an observation deck over the spectacular views of the Falls and the head of Mather Gorge.

Accessible for wheelchairs and strollers. The tavern is open year round, seven

days per week from 9 a.m. to 4:45 p.m.

<http://www.nps.gov/archive/choh/Visitor/Centers/GreatFalls.html>

ABOUT THE FALLS, from The Geologic Story of Great Falls and the Potomac River Gorge published by the U.S. Geological Survey in 1980:

"In its seaward course, the Potomac River crosses many small rapids and cascades, but these are insignificant in comparison with the foaming fury of Great Falls, where the river drops 12 meters in about 180 meters and is channeled into a narrow rock-walled gorge less than 25 meters wide in places. In the summer the flow may be less than 38,000 liters a second, but during floods the flow commonly reaches 40 million liters a second. The average flow pouring over the falls is 349,000 liters of water every second and in a year, more than 9.5 trillion liters enough water to flood the entire District of Columbia to a depth of 55 meters, converting the Washington Monument into a tall lighthouse."

Great Falls Mule Drawn Boat Rides:

Take a trip back in time to the 1870s Ride along the historic C&O Canal in a boat pulled by mules. Experience rising 8 feet in a lock. Hear park rangers in period clothing describe what life was like for the families that lived and worked on the canal. \$8 for adults, \$6 for seniors and \$5 for children 4-15. Children under three ride free. The boat runs May to October, with a typical schedule on Saturday & Sunday - 11 a.m., 1:30 p.m., 3 p.m. Call ahead to confirm. 301-767-3714

INSIDER'S TIP: The Gold Mine Trail can be accessed at the top of the entrance

to Great Falls, at the intersection of Falls Road and MacArthur Boulevard, or near the Great Falls Tavern Visitor's center. Trails, which can be used for running with some steep inclines, pass the remains of an old building that was used from 1900-1939 to mine gold.

BILLY GOAT TRAIL

Thousands hike the Billy Goat Trail every year, with access from the Old Angler's site or from the Great Falls Tavern Visitors Center or Carderock. The loop between the C&O Canal and Potomac River is less than five miles long but has steep and rocky sections. Bring water and wear good walking shoes. No flip flops or ballet slippers. Allow plenty to time to stop and enjoy spectacular views of the cliffs, Potomac River passing through the gorge and sensitive vegetation and rare plants. This hike that is marked by light blue trail blazes to keep visitors from trampling on Bear Island's many rare plants and sensitive vegetation. The trail can be rough and rocky with steep climbs. But the trail is one of the most popular hikes in all of the metropolitan area, which can be done by people of all ages.

INSIDER'S TIP: The park service seeks volunteer trail stewards willing to hike parts of the trail, educate visitors at the trailheads, protect the natural resources of Bear Island, ensure visitors are prepared for the strenuous hike, share stories about the sensitive vegetation, and reduce trampling of the Bear Island's many rare plants. Active trail stewards carry park radios for emergency communication and receive basic first aid training to help with minor injuries. www.nps.gov/choh/supportyourpark/volunteer.htm



Geese and gosling in the C&O Canal

Enjoy the Potomac

Carderock Recreation Area

301-767-3731

Reach this 200-acre part of the park from the Clara Barton Parkway at the Naval Surface Warfare exit. Rock climbers visit Carderock daily for its famous for cliffs. The recreation area includes playing fields, a large picnic pavilion available by reservation and access to the Potomac River and the Billy Goat Trail.

INSIDER'S TIP: Get involved on the river by joining the Bike Patrol, becoming a Billy Goat Trail Steward, or volunteering to help run the Canal Boat, or serving as a docent at the River Center at Lockhouse 8. www.nps.gov/choh/supportyourpark/volunteer.htm

Old Angler's Inn Access

Across from 10801 MacArthur Blvd.

Between Carderock and Great Falls, you can also get across the canal to the towpath and the River across from Old Angler's Inn on MacArthur Boulevard. A popular spot for kayakers and stand-up paddleboarders, and a great spot to find outdoor adventure companies teaching beginning to advanced paddleboarding, kayaking and canoeing. Hiking enthusiasts have quick access to the Billy Goat Trail from here, or those who simply want to take an evening stroll or bike ride along the Berma Road or around Widewater, the area of the canal used for turning large boats around..

Swain's Lock

Swain's Lock Road (off River Road)

Campsites are available at Swain's Lock, one of the largest of the canal lockhouses. The lockhouse is named for Jess Swain, a lock-keeper in the early 1900s whose father helped in the excavation and construction of the canal. After running a boat rental and refreshment stand at Swain's Lock for almost a century, the family ceased operations in 2006.

Pennyfield Lock

Pennyfield Road (off River Road)

The three-mile walk from Pennyfield Lock to Violette's Lock takes you through many kinds of bird habitat and around Blockhouse Point.

Pennyfield Lock was President Grover Cleveland's favorite destination when he went on fishing excursions, according to the Potomac Master Plan. The Pennyfield Lockhouse, built in 1879 inland from the lock house, was the home of lock-keeper Charles W. Pennyfield.

INSIDER'S TIP: Pennyfield Lock is also home to a lockhouse built in 1830 that you can rent by the night. The Canal Quarters Interpretive Program invites visitors to stay in a historic lockhouse for



Many kinds of boats and boards launch from the Seneca Creek boat ramp at Riley's Lock.

a day and night to learn about the living conditions of a lockkeeper's family. www.canalquarters.org/

Blockhouse Point Conservation Park

14750 River Road, Darnestown, MD 20854

(301) 670-8080

www.blockhousepoint.org

Those who know the 630 acres of land that straddles River Road between Tobytown and Callithea Farm call Blockhouse Point the jewel of Potomac. The natural and cultural resources at Blockhouse Point are amongst the most valuable in the country.

The park contains a variety of exceptional and rare habitat, including mature upland forest, floodplain forest, wetlands, streams and river-rock outcrops. Nine species of threatened, endangered or watchlist species of plants have been identified in the park, along with 25 species of fish, nine species of amphibians, four species of reptiles, 39 species of nesting birds and 10 species of mammals.

Blockhouse Point also tells of Potomac's history. During the Civil War, the 19th



Bikes are available for to borrow for free at Great Falls Tavern Visitors Center.

Regiment Massachusetts Voluntary Infantry built three blockhouses in 1862 to guard Violette's Lock and Pennyfield Lock, taking advantage of panoramic views from Blockhouse Point. Union

sentries kept watch for Confederate movements across the river and at area fords.

SEE POTOMAC, PAGE 11

Potomac Insider's Guide to Parks

Potomac is home to a remarkable diversity of parks, national parks, state parkland, county parks, conservation parks, equestrian parks, parks with adaptive playgrounds, parks with trains, dog parks, parks with ice skating rinks, parks that offer access to the Potomac River where the water is flat and inviting and parks that offer access to the Potomac River where the water can be deadly. Here, in an annual tradition, is our updated guide to much of what Potomac's parks have to offer.

SEE PAGES 6, 7 AND 11 FOR MORE ON RECREATION ALONG THE POTOMAC RIVER

1 Carderock Recreation Area

301-767-3731
Reach this 200-acre part of the park from the Clara Barton Parkway at the Naval Surface Warfare exit.

2 Old Angler's Inn Access

Between Carderock and Great Falls, you can also get across the canal to the towpath and the River across from Old Angler's Inn on MacArthur Boulevard.

3 BILLY GOAT TRAIL

Access from the Old Angler's site or from the Great Falls Tavern Visitors Center or Carderock. The loop between the C&O Canal and Potomac River is less than five miles long but has steep and rocky sections.

4 Great Falls Tavern Visitor Center and Olmsted Overlook

11710 MacArthur Blvd.
301-767-3714

5 Swain's Lock

Swain's Lock Road (off River Road)

6 Pennyfield Lock

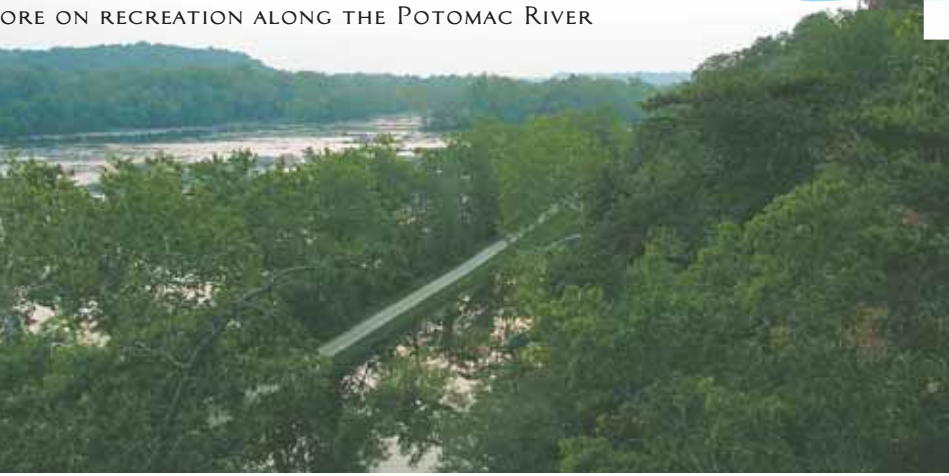
Pennyfield Road (off River Road)

7 The River Center (Lockhouse 8)

7906 Riverside Drive, Cabin John
http://potomac.org/river-center



Great Falls Tavern



Blockhouse Point Conservation Park

8 Blockhouse Point Conservation Park

14750 River Road, Darnestown, MD 20854
(301) 670-8080
www.blockhousepoint.org
http://www.montgomeryparks.org/PPSD/Par Trails/trails_MAPS/trailmap_pdfs/blockhouse_trails.pdf

9 Violette's Lock

Violette's Lock Road (off River Road)

10 Riley's Lock

Riley's Lock Road (off River Road)

11 Adventure Conservation Park

10801 Glen Road, Potomac
This 14-acre neighborhood conservation area established in 1969, includes areas set aside for bird-banding.

12 Falls Road Golf Course

10800 Falls Rd.
301-299-5156
www.montgomerycountygolf.com

Falls Road Golf Course was completed in 1961 on 150 acres of former farmland, and includes an 18-hole course renovated in 2003, plus a clubhouse and driving range. Reserve tee times online.

19 Hadley's Playground

at Falls Road Local Park
Park Manager: 301-299-0024
Falls Road Local Park, which showcases the award-winning Hadley's Park, allows all kids to play together. In 1986, the park system acquired the 20-acre park, including soccer, baseball and other sports fields. Hadley's Park, and its accessible theme, equipment, design and surface, have been emulated by approximately 250 playgrounds across the country, including one at Dulles Town Center and one in McLean. The park is the brainchild of a Potomac family whose daughter, Hadley, uses a wheel chair. The family envisioned an accessible playground after watching her daughter's wheel-chair get stuck in playground mulch as she played with her sibling and friends.

20 Potomac Horse Center

14211 Quince Orchard Rd.
301-208-0200
potomachorse.com

County-owned and privately run, this large facility offers lessons at all levels year round, summer camp, birthday parties and special events. Featuring riding classes for "Mini Mites" (5-8 year old children) through adults of all levels. Classical Dressage, Combined Training, and a Hunter/Jumper program are available with riders competing under different trainers. Variety of activities with approximately 12 horse shows a year, as well as clinics featuring many disciplines, and other recreational opportunities such as birthday pony parties, individual pony rides, trail riding classes through wooded parkland, open houses, a summer horse camp program, therapeutic horseback riding, and more.



Falls Road Golf Course

21 Rockwood Manor Educational Center and Special Park

11001 MacArthur Boulevard, Potomac
301-563-7510
http://www.montgomeryparks.org/event_centers/rockwood.shtm

Built in the 1920s, the Manor was the former country estate of Carolyn Gangwer Caughey. Set on 30 acres of woods and adjacent to the C&O Canal, Rockwood Manor offers a secluded and naturally beautiful venue. Rockwood Manor's overnight lodgings are available for destination weddings, multi-day business retreats or training sessions, family reunions, workshops, weekend or weekday getaways and other events. Facilities for weddings, meetings, with overnight accommodations and dormitories for youth groups.

13 Cabin John Regional Park

7400 Tuckerman Lane
www.montgomeryparks.org/facilities/regional_parks/cabinjohn/

This 528-acre park centrally located offers an Adventure playground, miniature train rides, dog park, picnic areas, campgrounds, nature center, a Tai Chi court, hiking and nature trails. Shirley Povich Field, one of several ball fields, is home to the Bethesda Big Train team and the Georgetown University baseball team, and seats 750. Other sports facilities include a lighted baseball field, 5 softball fields (1 lighted), 4 lighted tennis practice walls, 9 lighted tennis courts, a pee-wee soccer field, 4 single wall handball courts and one volleyball court.

14 Locust Grove Nature Center

7777 Democracy Boulevard
301-765-8660
www.montgomeryparks.org/nature_centers/locust/VirtualTour.shtm

Hike the upper meadow of the Locust Grove Nature Center and look for monarch butterflies and caterpillars, listen for wrens and bluebirds, or watch for box turtles crossing the path in the early morning. Wander to the Lower Meadow and watch bats in the late afternoon, sit under the shade of a 200-year-old sycamore and spot minnows, crayfish, bathing birds of beaver activity in the Cabin John Creek. Locust Grove offers

programs featuring local natural and cultural history for children, teens and adults. Currently, naturalists teach tots a class on "Bugs, Slugs and Other Thugs," 12-16 year olds how to become a virtual wildlife rehabilitator and treatment methods for injured and orphaned wildlife.

INSIDER'S TIP: The Locust Grove Nature Center trains adults to become volunteer naturalists, with courses on stream ecology and pollinators. Numerous civic leaders monitor water quality in streams throughout the Potomac region. Get involved.

15 Robert C. McDonnell Campground

7701 Tuckerman Lane,
301-495-2525 (for permits)
16
Cabin John Ice Skating Rink
10610 Westlake Drive
301-765-8620

Ice skating in August? Yes indeed. An assortment of programs including lessons and rental times. Sessions are available for the general public, adults only and family time. Rental skates and a snack bar are located within the facility. Call for schedules and fees. http://www.cabinjohnice.org/



C.P. Huntington Miniature Train

17 Pauline Betz Addie Tennis Center

7801 Democracy Boulevard
301-765-8650

Features six indoor tennis courts, a lounge area, and two locker rooms with showers for patrons' use. Professional on-site racquet restringing and regripping is also available. Private and group lessons for all ages and seasonal court rentals.

18 C.P. Huntington Miniature Train

7410 Tuckerman Lane
301-765-8670 Train Information; call 301-650-2880 Party Room Reservations

The miniature train is a replica of an 1863 C.P. Huntington, a locomotive purchased by the Southern Pacific Railroad, with five passenger cars, and carries visitors on a ten-minute, two-mile ride through the park. Aug. 25 - 29, Closed Aug. 30 & 31, Open 10am-6pm September, Open Saturdays, Sundays and Labor Day, 10am-6pm

Dog Park

10900 Westlake Drive

Located near the miniature train, this half-acre dog park is enclosed with a 6-foot chain link fence, allowing dogs to run and exercise off-leash. The facility is open for use sunrise to sunset except on Tuesdays from 9 a.m.-11 a.m. for weekly park maintenance. Dog-park users are encouraged to use the Westlake Drive parking lot. Please remember that all dogs should be on a leash before entering and exiting the park.

Tai Chi Court

7400 Tuckerman Lane

The Tai Chi Court at Cabin John Regional Park is the first Tai Chi court in Montgomery County and joins only few of its kind in the nation. Built through a public/private partnership between M-NCPPC, Montgomery Parks and the Wu Wei Tai Chi Club, the Tai Chi court is a 48-foot-diameter circle of flagstone incorporating the shape of a yin/yang symbol and surrounded by benches in a serene natural setting. It is located near the dog park and miniature train at Cabin John Regional Park.



Neighborhood Parks

Potomac has many small neighborhood that offer hiking trails, basketball and tennis courts, playgrounds and sports fields, picnic areas, paths suitable for tricycles and more.

22 Buck Branch Neighborhood Park

8704 Bells Mill Road

Playground, lighted ballfield, and lighted tennis court.

40 Highland Stone Neighborhood Park

8716 Post Oak

24 Heritage Farm Neighborhood Park

9520 Hall Road

Playground, multi-use field, softball field, two tennis courts, and picnic area.

25 Potomac Community Neighborhood Park

11301 Falls Rd.

Playground, lighted ballfield, and lighted tennis courts.



26 Fox Hills West Neighborhood Park

12710 North Commons Way

Two-acre park includes playground, tennis courts, multi-use field, and picnic shelter.

27 Bedfordshire Neighborhood Park

11416 Bedfordshire Ave.

This 7.8-acre park acquired in 1968 includes a playground and multi-use field.

29 Gregerscroft Neighborhood Park

12021 Gregerscroft Rd.

One-acre park with playground, picnic area, and open space.



Local Parks

Local parks serve a wider area and offer more facilities.

23 Avenel Local Park

10551 Oaklyn Drive
Playground, softball field, multi-use fields, and tennis courts. Paths suitable for bikes or children's tricycles. The 20.7-acre park was established in 1989.

28 Glen Hills Local Park

12511 Circle Drive

This 25.2-acre park, acquired in 1966, features a playground, softball field, baseball field and two lighted tennis courts and a picnic area.

31 Seven Locks Local Park

6922 Seven Locks Road, Cabin John

11.6 acres with playground, open shelter, lighted baseball field, and lighted tennis courts.

32 Cabin John Local Park

7401 MacArthur Boulevard, Cabin John

Six-acre park established in 1933 includes playground, multi-use field, lighted tennis court, basketball court, and picnic area.

41 Greenbriar Local Park

12525 Glen Road

Features of the park include a regulation soccer/football field with spectator areas, a single basketball/

42 Beverly Farms Local Park

8505 Post Oak Road, Potomac

Beverly Farms Local Park is on 9.4 acres located behind the Beverly Farms Elementary School. The park features two playgrounds, a softball field, a baseball field, and a multi-use field. There are also two lighted tennis courts and a picnic area,

10 Falls Road Local Park

12600 Falls Road

Including Hadley's Playground

30 Tilden Woods Local Park

6800 Tilden Lane

Playground area, ballfield, lighted tennis courts, and picnic area.



Great Falls



McKee Beshers Wildlife Management Area

Potomac Insider's Guide to Parks

33 Potomac Community Center

11315 Falls Road
240-777-6960
www.montgomerycounty.gov/rec

This is Montgomery County's busiest community center, providing a variety of recreation activities for all ages such as open gym, arts and crafts, exercise/leisure classes, group support meetings and socials, senior adult activities through the Potomac neighborhood, Senior program, area and county-wide sports programs, summer camps, programs for individuals with special needs, children and adult holiday parties, volunteer opportunities and more. Facilities include a gymnasium, exercise room, meeting rooms, art room, lounge area, community room and social hall. The outdoor area includes two baseball fields, lighted basketball and tennis courts, and a former in-line hockey rink. The Center offers table tennis, billiards and foosball, a gymnasium, weight room, social room, meeting rooms, and hundreds of classes through the Montgomery County Recreation Department. The Montgomery County Recreation Dept., along with the Friends of the PCC, Inc. is working to renovate and reopen the outside inline rink for children and adults with special needs. The projected opening is slated for this fall.

The Friends of the PCC, Inc. is a non-profit organization which works in conjunction with the Montgomery County Recreation Department to support the wide array of activities offered by the PCC as well as raise monies for the Center. The Board is comprised of volunteers who strongly support the mission of the Center.

INSIDER'S TIP: The PCC will be hosting an outdoor family movie night on Sept. 26. Additional information will be forthcoming. Parents with children in grades three to six can register them now for Club Friday. Club Friday which began in 1991 is a fun-filled supervised evening of different activities. Club Friday will meet at PCC from Oct 10-March 13 (no program Nov. 28, Dec.

19-26) from 7-9 pm. There are just a little more than 400 members, and the slots are always filled. The cost is \$85 per participant. (And volunteers are always needed.)

Additionally, After Hours is also held once a month for children in grades six through eight. More information on After Hours will be available shortly.

34 Community Center

7700 Scotland Drive
301-983-4455

The 3.75-acre park is currently closed for the complete removal of the existing structure and the construction of a new recreation center. A larger gymnasium and modern interiors will be a focal point for the facility. Upgrades to the site include improved landscaping and parking, meeting green building and sustainability goals; energy guidelines, and the Americans with Disabilities Act. Tentatively, the center will reopen in November.



Potomac Community Center

35 Glen Echo Park

7300 MacArthur Blvd.,
Glen Echo
www.glenechopark.org

Originally a Chautauqua retreat, then an amusement park, Glen Echo National Park now hosts a variety of arts, environmental and history programs.

Classes are offered in pottery, painting, photography, glass art, silversmithing, textiles and other arts, as well as in dance, writing and music.

The famous 1921 Dentzel Carousel in the center of the park has been giving rides to the public for 90 years.

The restored carousel is open for rides in August, Wednesday, Thursday, and Friday, 10 a.m. - 2 p.m. and Saturday and Sunday, 12 - 6 p.m. In September, Saturday and Sunday, 12 to 6 p.m.

Adventure Theatre (www.adventuretheater.org, 301-634-2270) is one of the area's longest running children's theater companies, and the Puppet Co. Playhouse (www.puppetco.org) offers shows as well as was for children to be involved.

36 McKee Beshers Wildlife Management Area

Located on River Road in Western Montgomery County, McKee-Beshers WMA is a 2,000-acre tract in a mixture of woodlands, fields, wooded bottomland and managed wetland impoundments (green-tree reservoirs). The wildlife management area shares a common boundary with the National Park Service Chesapeake and Ohio Canal to the south and borders Seneca Creek State Park, a 1,200-acre public hunting area, on the east.

McKee-Beshers WMA provides habitat for a great diversity of wildlife species including deer, wild turkey, waterfowl, over 200 species of songbirds, and numerous reptiles and amphibians. Biologists deliberately flood forests during the fall and winter in "greentree reservoirs." These attract colorful wood ducks as well as other waterfowl which migrate through or spend the winter here.

Hikers will find trails for miles and miles, meandering through the forests, fields and wetlands. Hunters enjoy the pursuit of white-tailed deer, wild turkey, woodcock, squirrels, waterfowl and many other species.

Roads are maintained and suitable for hiking, nature photography, birding, hunting and other recreational activities. Visitors to the management area should be aware of biting insects, mosquitoes and ticks from April-December. Area is wet most of the year, wear appropriate footwear.

37 Serpentine Barrens Conservation Park North

12860 Piney Meeting House Road

38 Serpentine Barrens Conservation Park South

11825 Glen Road

The Serpentine Barrens Natural Area is considered one of the most important

natural areas in the county because of its unique geology and plant community. Serpentine ecosystems are globally rare and occur intermittently in an arc east of the Appalachian Mountains from Alabama to Maine. The trees are unusually small relative to their age because of the challenging growing conditions of serpentine soils. Therefore, forests appear to be early successional, but in reality are in a climax condition. Oaks as old as 175 years old will have a diameter of trees you would expect to be one or two decades old. The large contiguous forest of the Serpentine Barrens Conservation Park provides critical habitat for forest interior dwelling species, particularly birds. These species require large unbroken tracts of forest to successfully breed. Large contiguous forest habitat is becoming increasingly scarce in Montgomery County as development continually fragments woodlands into smaller isolated tracts. Over 60 species of birds have been detected in the park, including a significant number of forest interior dwelling species such as Louisiana waterthrush, scarlet tanager, ovenbird, pileated woodpecker, and barred owl. Mammals include common species such as red fox, white-tailed deer and gray squirrel, as well as less common species such as eastern coyote. Reptiles include most of the common species of the County as well as the less common eastern hognose snake, five lined skink, spotted turtle and a curiously abundant population of box turtles. Wetlands and vernal pools provide breeding habitat for spotted salamanders, marbled salamanders, wood frogs, spring peepers and other amphibians.

39 Callitheia Farm Special Park

15000 River Road

Callitheia Farm Park is a 97 acre property located adjacent to the M-NCPPC equestrian trails at Blockhouse Point Conservation Park and the C&O Canal. Horse boarding is available. Contact the farm manager at 301-977-7682.

Enjoy the Potomac

FROM PAGE 7

http://www.montgomeryparks.org/PPSD/ParkTrails/trails_MAPS/trailmap_pdfs/blockhouse_trails.pdf
INSIDER’S TIP: Montgomery County developed a brochure so people can walk the footsteps of Union Soldiers. Blockhouse Point, often referred to as the jewel of Potomac, is an area to enjoy peace, solitude, and an example of the natural and cultural resources of Potomac that rival the most valuable in the country.
http://www.montgomeryparks.org/PPSD/Cultural_Resources_Stewardship/heritage/documents/blockhouse_broch_web.pdf



Caleva sailboats in the River just above Riley’s Lock.

Violette’s Lock
Violette’s Lock Road (off River Road)
Violette’s Lock offers one of the more beautiful views of the sunset over the Potomac River.

Riley’s Lock
Riley’s Lock Road (off River Road)
Riley’s Lock features a boat ramp on Seneca Creek, the busiest in Montgomery County, that allows easy access to a quiet and inviting part of the Potomac River for canoes, kayaks, stand-up paddleboards and small motorboats. The Seneca Creek Aqueduct, opened in 1833 and made of red sandstone, allowed thousands of canal boats to move across Seneca Creek from 1833 to 1924, the year of the canal’s closing. The aqueduct was protected by Union garrisons during the Civil War.
Rileys Lockhouse is open for tours on Saturday and Sunday, 1-4 p.m. in May and June, and September and October. Volunteers in period costume guide you through one of the C&O Canal’s original lockhouses to explore the life of a lock-keeper.
Call the Great Falls Tavern Visitor Center to confirm, 301-767-3714.



Kayakers pass under the historic aqueduct at Seneca Creek to reach the river.

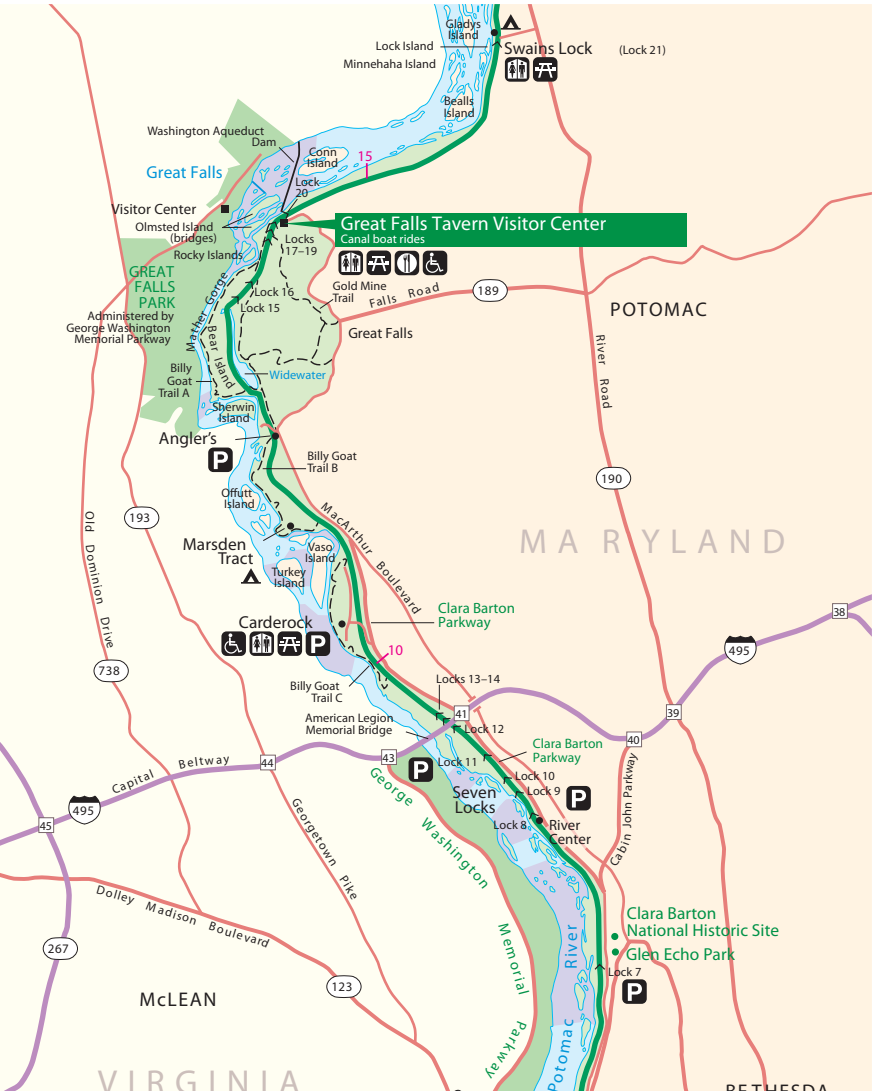
INSIDER’S TIP: You can borrow a bike and helmet for free at the Great Falls Tavern, courtesy of the volunteer-run C&O Canal Bike Loaner program. The group reports lending bikes to nearly on a weekend of good weather.

The River Center (Lockhouse 8)
7906 Riverside Drive, Cabin John
potomac.org/river-center
The River Center at Lockhouse 8, reached from the Clara Barton Parkway between Carderock and Cabin John, is open Saturdays and Sundays from May through October, 10 a.m. - 2 p.m., operated by volunteers from Potomac Conservancy. Stop in for a tour, to browse educational exhibits, and meet volunteer guides. Visit the River Center on select Sundays for Voices of the River to learn more about the history, ecology, and diversity of the Potomac River, as told by storytellers, musicians, and scientists. Throughout the season, the Conservancy also hosts a variety of hands-on appreciation and restoration activities at the River Center. Canoes and lifejackets available. All activities are free and open to the public. Housed in an historic lockhouse along the C&O Canal, the River Center at Lock 8 offers visitors a glimpse into the history of the Canal and the future of the Potomac



Views from the Billy Goat Trail, whitewater stand-up paddleboarders.

River. . Each year, as many as 250,000 visitors pass its front door to learn about the canal’s history, take part in hands-on learning and help in environmental projects. If you are interested in volunteering contact Rebecca Long at long@potomac.org or 301-608-1188 x215.



Violette’s and Riley’s locks offer some of the most spectacular sunsets in the region.

POTOMAC ENTERTAINMENT

August 2014

WEDNESDAYS-SUNDAYS IN AUGUST

Great Falls Tavern, Mule-Drawn Canal Boat Rides. 11 a.m., 1:30 p.m., and 3 p.m. Boat rides along the historic C&O Canal. Visit www.nps.gov/choh/planyourvisit/great-falls-canal-boat-rides.htm

SATURDAYS-SUNDAYS IN AUGUST

Carousel Rides. 12-6 p.m. Rides on the historic 1921 Dentzel Carousel at Glen Echo Park. \$1.25 per ride. Visit www.glenechopark.org for more.

SUNDAY/AUG. 31

Glen Echo Open House. noon-4 p.m. at 7300 MacArthur Blvd., Glen Echo. Open house, hosted by Glen Echo Park Partnership, introduces visitors to arts, dance, theater, classes at the park. Visit www.glenechopark.org.

FRIDAY-MONDAY/AUG. 30-SEPT. 2

Yellow Barn Studio and Gallery 43rd Annual Labor Day Art Show. 7-9 p.m. at Spanish Ballroom, 7300 MacArthur Blvd., Glen Echo. Features the work of more than 250 artists, including painting, photography, ceramics, jewelry, glass, pottery and more at Glen Echo. Visit www.glenechopark.org or www.yellowbarnstudio.com.

SATURDAY, MONDAY/AUG. 31, SEPT. 1

Irish Music and Dance Showcase. 1-5 p.m. at Bumper Car Pavilion, 7300 MacArthur Blvd., Glen Echo. Two days of Irish music and dance. Presented by Glen Echo Park Partnership for Arts and Culture and the Irish Inn at Glen Echo. Visit www.glenechopark.org for more.

September 2014

Carousel Rides. Saturday and Sunday, noon-6 p.m. at 7300 MacArthur Blvd., Glen Echo. Rides on the historic 1921 Dentzel Carousel in Glen Echo Park. Visit www.glenechopark.org for more.

THURSDAYS THROUGH SEPTEMBER

Potomac Village Farmers Market. 2-6:30 p.m. Potomac United Methodist Church, 9908 S. Glen Road at corner of Falls Road and Democracy Blvd. Visit potomacvillagefarmersmarket.net for more.

MONDAY/SEPT. 1

75th Annual Labor Day Parade. 1 p.m. Olde Towne Gaithersburg, starting on Girard St. and E.

Diamond Ave. and finishing on Russell and Odenhal avenues, rain or shine. Free parking in Old Town Garage. Visit www.gaithersburgmd.gov for more.

WEDNESDAY/SEPT. 3

Potomac Chamber of Commerce Networking Event. 4-6 p.m. In partnership with Normandie Farm Restaurant, the Potomac Chamber of Commerce is hosting a networking event for business people in Potomac. Hors d'oeuvres will be provided and a bar will be available. Cost is \$10 for Potomac Chamber Members and \$15 for non-members. To reserve a place or for more information call 301-299-2170 or visit www.potomacchamber.org.

WEDNESDAY-SATURDAY/SEPT. 3-27

The Trawick Prize Finalists Exhibition. Wednesdays through Saturdays, noon-6 p.m. at Gallery B, 7700 Wisconsin Ave., Suite E. Downtown Bethesda's annual juried arts competition awards: Bethesda Contemporary Art Awards. Visit www.bethesda.org for more.

FRIDAY/SEPT. 12

Art Walk in the Park. Every second Friday May through October, 6-8 p.m. at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Artist demonstrations, refreshments, open studios and galleries. Free. Visit www.glenechopark.org for more.

SUNDAY/SEPT. 14

Parks Half Marathon. 7 a.m. A run from Rockville to Bethesda that showcases Montgomery County's park system. Sponsored by Montgomery County Road Runners Club. Online registration is open. Cost is \$60 along with a \$4.68 online registration fee. Visit www.mcrrc.org.

SATURDAY/SEPT. 13

Potomac Library Book Sale. 10 a.m.-1 p.m. Sponsored by the Friends of the Library, Potomac Chapter. Runs most months. Most hardbacks will be \$1. Most paperbacks will be \$.50 Visit www.montgomerycountymd.gov/Library/branches/potomac.html.
Montgomery County Out of the Darkness Community Walk. 10 a.m.-noon at Rockville Town Center, 200 E. Middle Lane. Benefits the American Foundation for Suicide Prevention. Visit www.afsp.org.

SATURDAY/SEPT. 20

Park After Dark. 6-10 p.m. at Historic Great Falls Tavern, 11710 MacArthur



PHOTO BY MARY KIMM

Potomac Day

Very Hungry Caterpillar with Karen Currie of the Friends of the Library and Elie Pissarra Cain at the 2013 Potomac Day parade.

Blvd., Potomac. A night of foot-stompin' philanthropy fueled by chili, libations and tunes. \$175, \$125 is tax-deductible. Visit <http://canaltrust.org/trust/> for more.

SUNDAY/SEPT. 28

Cabin John Kids Run. 9 a.m. Cabin John Regional Park in Potomac, Westlake Drive. Free for runners 18 and under. A mile run, half-mile run and quarter mile young run is offered. Registration is race-day only. Visit www.mcrrc.org for more.
Then & Wow! 11 a.m.-5 p.m. Glen Echo Park's annual celebration of the park's past and present. Magicians, carousel rides, arcade games, face painting, mini golf, exhibits, tours and more. Admission to the park is free. Rides and some activities require tickets. Visit www.glenechopark.org for more.

SEPTEMBER-OCTOBER

Guided Tours of Riley's Lockhouse. River Road and Riley's Lock Road, Poolesville. One of the C&O Canal's original lockhouses. Join volunteers in period costume and explore the life of a lock-keeper. Riley's Lock Road. Visit www.nps.gov/choh or call 301-983-0825 for more.

October 2014

Firehouse Open House. Cabin John Park Volunteer Fire Department

Station 10, 8001 River Road, Bethesda. Activities include live action demonstrations, including stop, drop and roll, stove fire demonstrations and automobile extrication. Cabin John Volunteer Fire Department now hosts birthday parties for children. Call 301-365-2255 or visit www.cjpvfd.org to find this year's October date.

SATURDAY-SUNDAY/OCT. 5-6

Potomac Country Vintage Arts Festival. Event kickoff, Oct. 5, 4-7 p.m. and the Arts Festival, Oct. 6, 10 a.m.-5 p.m. at St. Francis Episcopal Church, 10333 River Road, Potomac. This event is organized by Saint Francis Episcopal Church to help raise funds for dozens of local charities. Visit www.potomaccountryhousetour.org for listing of activities and this year's schedule.

FRIDAY/OCT. 10

Art Walk in the Park. Every second Friday May through October, 6-8 p.m. at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Artist demonstrations, refreshments, open studios and galleries. Free. Visit www.glenechopark.org for more.

SATURDAY/OCT. 11

Potomac Library Book Sale. 10 a.m.-1 p.m. 10101 Glenolden Dr., Potomac. The Potomac Library Book Sale is sponsored by the Friends of the Library, Potomac Chapter. Books

will be on sale, hardbacks \$1 and most paperbacks \$.50. Call 240-777-0690 or 301-765-4083 or visit www.montgomerycountymd.gov/Library/branches/potomac.html.

The 25th Annual Taste of Bethesda. 11 a.m.-4 p.m. held in Bethesda's Woodmont Triangle. Located three blocks from the Bethesda Metro. Sixty restaurants and five stages of entertainment will be present for the Taste of Bethesda, along with a kids corner with face paint and arts and crafts. Admission is free. Taste tickets sold in bundles of 4 for \$5. Call 301-215-6660 or visit www.bethesda.org for more.

SATURDAY/OCT. 25

Potomac Day in Potomac Village. 8 a.m.-3 p.m. at 9812 Falls Road, Potomac. Arts and free entertainment for all ages, ranging from rides for children to an antique show and business fair. The Potomac Day Parade will be at 10:30 a.m. Call the Potomac Chamber of Commerce at 301-299-2170 or visit www.potomacchamber.org for more.

November 2013

The Potomac Chamber of Commerce's Annual Awards Dinner. Normandie Farm, 10710 Falls Road. The Potomac Chamber of Commerce honors Potomac's citizen, businessperson and youth of the year. Visit www.potomacchamber.org for more.

Potomac Community Center Open Flea Market. The Potomac Community Center, 11315 Falls Road, has been regularly scheduled on a biannual basis in November and May. Call 240-777-6960 for more.

Lessans Family Annual Book Festival. The Jewish Community Center of Greater Washington, 6125 Montrose Road, Rockville. Call 301-881-0100. Visit www.jccgw.org for more.

Bazaar. Greek Orthodox Church of Saint George, 7701 Bradley Blvd., Bethesda. Handmade artistry, holiday decorations, jewelry, specialty crafts, and Greek delicacies, including its famous baklava. Visit www.stgeorge.org or call 301-469-7990 for more.

SUNDAY/NOV. 2

Rockville 10K/5K. 8:15 a.m. Annual race. Visit www.mcrrc.org for more.

SATURDAY/NOV. 8

Potomac Library Book Sale. 10 a.m.-1 p.m. 10101 Glenolden Dr. Sponsored by the Friends of the Library, Potomac Chapter. Most hardbacks will be \$1 and most paperbacks will be \$.50 Visit

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ENTERTAINMENT

www.montgomerycountymd.gov/Library/branches/potomac.html or call 240-777-0690 or 301-765-4083.

WEDNESDAY/NOV. 12

West Montgomery County Citizens Association (WMCCA) Meeting. Second Wednesday each month, October-May, 7:15-8:45 p.m. Potomac's umbrella citizens association is scheduled to hold its first general meeting. Visit www.wmcca.org for more.

SATURDAY/NOV. 22

Dinner of Champions. The Jewish Community Center of Greater Washington, 6125 Montrose Road, Rockville. The 23rd annual event honors those who have achieved success in the world of sports, and those who have made extraordinary contributions to the community. The dinner benefits the Jewish Community inclusion programs for individuals with special needs. Call 301-881-0100 or see www.jccgw.org.

THURSDAY/NOV. 27

Turkey Chase 10K Run. Starts at 8:30 a.m. at 9401 Old Georgetown Road at Spruce Street. The run benefits the YMCA Bethesda-Chevy Chase, YMCA's Youth and Family Services and the Bethesda-Chevy Chase Rotary Club Foundation. Includes a two-mile walk/run; wheelchairs welcome. Visit www.turkeychase.com for more.

FRIDAY/WEDNESDAY/NOV 28-DEC. 31

Winter Lights. This recurring event is a 3.5-mile drive through a holiday light show at Seneca Creek Park with more



Children's Theater

ARTWORK BY RAÚL COLÓN/IMAGINATION STAGE

The 2014-2015 season of **Imagination Stage's theater for children** begins in late September and runs through August 2015. Shows run approximately 90 minutes, including one intermission. Performance times are Saturdays and Sundays at 1:30 and 4 p.m., with occasional Saturday 11 a.m. and 7 p.m. performances. Dates and titles subject to change. Subscriptions are available for \$54-90. Flex packs for seven or more also available. Single tickets, \$10-30, go on sale Aug. 11. Call 301-280-1660 or visit www.imaginationstage.org.

- ❖ **"The Night Fairy,"** Sept. 24-Oct. 26, features a fairy with damaged wings who has to make new friends. Best for ages 4-10.
- ❖ **"101 Dalmatians,"** Nov. 19-Jan. 11, 2015, tells the story of Dalmatian parents who set off on a rescue after Cruella de Vil kidnaps their puppies. Best for ages 4-10.
- ❖ **"Wiley and the Hairy Man,"** Feb. 4-March 8, 2015. This traditional tall tale tells of Wiley who lives in fear of the Hairy Man who lurks in the swamp. Best for ages 6-12.
- ❖ **"Sinbad: The Untold Tale,"** April 8-May 31, 2015. When a mysterious cloud descends upon Baghdad, putting all of the adults to sleep, two children must go on a quest. Best for ages 5-12.
- ❖ **"Double Trouble,"** June 24-Aug. 9, 2015. Lottie and Lisa are 10-year-old twins who are being raised separately by their divorced parents. When they meet and switch places, the adventure begins. Best for ages 5-10.

than 360 illuminated displays. It also has additional events including walks and runs under the lights and S'more lights. Proceeds from the Festival benefit local charities. Call 301-258-6350 or visit www.gaithersburgmd.gov for more.

December 2014

Christmas Tree Sale. Cabin John Park Volunteer Fire Department, Station 10, 8001 River Road. Call

301-365-2255 or visit www.cjpvfd.org for more.

Santa on Fire Engines. This event is run by the Cabin John Park Volunteer Fire Department. A procession of fire engines carry Santa on a tour of Potomac neighborhoods over the course of several evenings in December, collecting unwrapped new toys for needy children. Call 301-365-2255 or visit www.cjpvfd.org.

Friends of the Yellow Barn. The friends of the Yellow Barn will be putting on annual members show.

Dec. 1 through Dec. 23. Visit www.glenechopark.org or www.yellowbarnstudio.com for more. Call 301-634-2222.

Bethesda's Winter Wonderland. This event will include concerts at Imagination Stage and in Bethesda's Woodmont Triangle. The event features caroling, ice sculpting, storytelling, holiday performances and hands-on craft activities for children. Call 301-215-6660 or visit www.bethesda.org for more information and exact locations.

SUNDAY/DEC. 14

Jingle Bell Jog 8K. 9 a.m. at the Rockville Senior Center, 1150 Carnation Drive. The Rockville Senior Center's last run of the year. Participants will run through a residential area. Sign-up is day of. \$10 for adult non-members and \$5 for non-members below the age of 18. Visit www.mcrrc.org for more.

Potomac Library Book Sale. 10 a.m.-1 p.m. 10101 Glenolden Dr. Sponsored by the Friends of the Library, Potomac Chapter. Call 240-777-0690 or visit www.montgomerycountymd.gov/library/branches/potomac.html.

As organizations finalize their calendars, here are some highlights to look out for during 2015.

January 2015

The Maryland General Assembly meets in Annapolis each year for 90 days to act on more than 2,300 bills including the state's annual budget. Potomac falls into two districts, District 15 and District 16, each one with one senator and three delegates. <http://mlis.state.md.us>.

West Montgomery County Citizens Association, General Meeting. Second Wednesday, Potomac Community Center, 11315 Falls Road, Potomac 7:15-8:45 p.m. Public is welcome. Visit www.wmcca.org.

February 2015

The Mid-Atlantic Jazz Festival. Hilton Washington D.C./Rockville Hotel and Executive Meeting Center, 1750 Rockville Pike, Rockville. The festival provides live musical



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Open House Dates:

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Friday, Nov. 21 10:00-12:00

Friday, Jan. 23 10:00-12:00

Saturday, April 18 10:00-12:00

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301.767.3824 • glc@dswash.org

www.dswashington.org/glc

ENTERTAINMENT

performances, workshops and seminars. Visit www.midatlanticjazzfestival.org for more.

WEDNESDAY/FEB. 11

West Montgomery County Citizens Association. 7:15-8:45 p.m. at the Potomac Community Center, 11315 Falls Road, Potomac. Public is welcome. Visit www.wmcca.org.

THURSDAY/FEB. 19

Chinese New Year begins Feb. 19 and is the year of the sheep. Watch for local events at Potomac Library and Potomac Elementary School, which has a Chinese language immersion program.

March 2015

WEDNESDAY/MARCH 11

West Montgomery County Citizens Association. 7:15-8:45 p.m. Potomac Community Center, 1315 Falls Rd, Potomac. General meeting, public is welcome. Visit www.wmcca.org for more.

April 2015

The Bethesda Literary Festival.

Held annually in April. Features poets, authors, journalists, novelists, poetry slams, essay contests and youth book parties. Literary events take place in downtown Bethesda's bookstores, galleries and retail businesses, as well as the library and elementary school. Visit www.bethesda.org for more.

The Annual C&O Canal Pride Days.

A joint effort between the park and C&O Canal Trust brings hundreds of

volunteers into the park to conduct maintenance projects. Work at C&O Canal National Historical Park at Great Falls (Md.) and other sites along the Potomac River and C&O Canal towpath. Call the Canal Trust at 301-714-2233, www.canaltrust.org, or see the park website at www.nps.gov/choh.

Potomac Watershed Cleanup.

Sponsored annually by Alice Ferguson Foundation. In 2012, more than 14,238 volunteers picked up 574,000 pounds of trash including 1,314 tires, 27,400 cigarette butts, and 27,200 plastic bags. Volunteers helped at many sites along the Potomac River in Potomac. Visit www.fergusonfoundation.org.

WEDNESDAY/APRIL 8

West Montgomery County Citizens Association. General meeting, second Wednesday, Potomac Community Center, 7:15-8:45 p.m. Public is welcome. Visit www.wmcca.org for more.

MONDAY/APRIL 27

Kaiser Permanente Pike's Peek 10K run. along Rockville Pike from Shady Grove Metro to White Flint Mall. See the Montgomery County Road Runners Club website at www.mcrcc.org or pikespeek10k.com.

May 2014

Potomac Community Center Open Flea Market. The Potomac Community Center, 11315 Falls Road, has been regularly scheduled on a biannual basis in November and May. Call 240-777-6960 for more.



Santa Makes the Rounds in December

Santa will begin making his annual trip through the neighborhoods in Cabin John, Bethesda, and Potomac in early December. As tradition dictates, the volunteers of Cabin John Park VFD will assist Santa as his "elves." As Santa makes his way through the neighborhoods, toys will be collected for a local shelter to be given to children who will not be celebrating Christmas at home this year. To help support Santa and his elves with their work, donate unwrapped gifts appropriate for any age child (approx. 18 years of age and younger) as they pass through your neighborhood. Toys may also be donated in person at fire station #10 at 8001 River Road, Bethesda. Santa's schedule isn't ready yet, but will be shared when it is available. Visit www.cjpvfd.org for more.

Mule-Drawn Canal Boat Rides.

Great Falls Tavern, May – October. Call the C&O Canal National Historical Park at Great Falls visitor center, 301-767-3714 or visit www.nps.gov.

Potomac Horse Center Annual Spring Open House. See www.PotomacHorse.com

Run Aware 5K. Cabin John Regional Park, Westlake Drive, organized by Montgomery County Road Runners

Club. Race through woods, trails, and, if lucky, mud. Along with the 5K (Cross Country Series) race, there will be a 1K (Junior Participation Series) race. Visit www.mcrcc.org.

Potomac Village Farmers Market.

May through October (and sometimes into November), Thursdays, 2-6:30 p.m. Potomac United Methodist Church, 9908 South Glen Road at corner of Falls Road and Democracy Blvd. 301-792-

6054.

Spring Festival. At the Greek Orthodox Church of St. George 7701 Bradley Blvd., Bethesda. The annual festival includes traditional Greek cuisine, outdoor/indoor dining, Greek dancing, church tours and Greek pastries. Call 301-469-7990 or visit www.stgeorge.org for more.

The Potomac Hunt Races. An annual May tradition, celebrating the sport of steeplechase racing and benefiting local charities. Race day festivities include steeplechase racing, thoroughbreds and festival tailgate parties, a car show, pony rides and more. Visit potomachuntraces.com.

Strawberry Festival. At Potomac United Methodist Church, 10300 Falls Road in Potomac, is traditionally held the weekend before Memorial Day. Berries, a silent auction, bake sale, rummage sale, craft fair, dollar items and games and activities for children. Call the church at 301-299-9383 or visit www.potomac-umc.org for more.

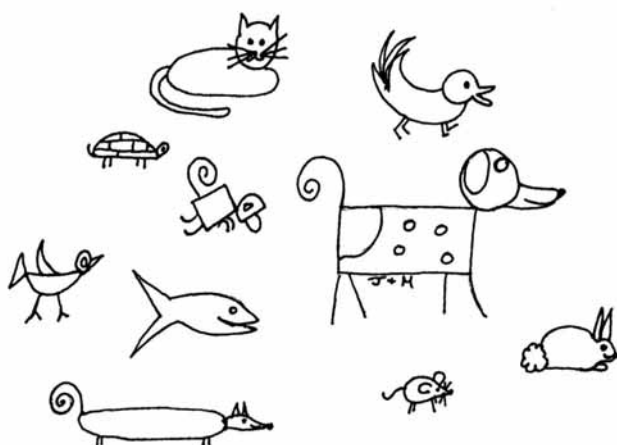
The Landon Azalea Garden Festival. In the Perkins Garden and the Landon campus, 6101 Wilson Lane, Bethesda. The annual festival dates back to the mid-1950s when Landon's founders, Paul and Mary Lee Banfield opened the newly acquired azalea garden to the public. Call 301-320-3200 or visit www.landon.net.

Mark's Run. A 5-K race and one-mile run takes place during the Landon Azalea Garden festival. Mark's Run is held each year in memory of alumnus Mark Ferris '94, who lost his battle with juvenile diabetes. The run raises more than \$50,000 for the Mark Ferris Scholarship Fund and \$75,000 to the Joslin Diabetes Center. Call 301-320-3200 or visit www.landon.net.

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SPORTS

Getting To Know ...

... Churchill Sports

School: Winston Churchill High School
Mascot: Bulldogs.
School Colors: Blue and green.
Athletic Director: Scott Rivinius, 301-469-1240.

Football Coach: Joe Allen (sixth year).
 After reaching the playoffs in back-to-back seasons, the Bulldogs finished the 2013 campaign with a 1-9 record. It was Churchill's first losing season since 2007.

Boys' Soccer Coach: Arnold Tarzy.
Girls' Soccer Coach: Haroot Hakopian.
Boys' Basketball Coach: Robert Bean.
Girls' Basketball Coach: Kate McMahon.
Baseball Coach: Scott Blackwood.
Boys' Lacrosse Coach: Jeff Fritz.
Rival School: Wootton.

What happened last year: The golf team finished state runner-up. The girls' cross country team placed fifth in the state. The volleyball team reached the region championship match. The girls' soccer and field hockey teams reached the region semifinals. The boys' lacrosse team reached the region final for the third straight year, but lost to Wootton.

Quotable: "We're a program. We don't rebuild anymore, we just reload. We've got a great JV program with a great JV coach. Our guys are involved — if they're not playing a second sport, they're involved in la-



PHOTO BY HARVEY LEVINE/THE ALMANAC

Louis Dubick and the Churchill boys' lacrosse team in 2014 reached the region final for the third straight year

crosse year-round now. They're doing all the right things." — Boys' lacrosse coach Jeff Fritz.

... Wootton Sports

School: Thomas S. Wootton High School.

Mascot: Patriots.
School Colors: Red, white and blue.
Athletic Director: Christopher Thompson, 301-279-8575

Football Coach: Eddie Tolliver (third year).
 The Patriots won three of their first four games in 2013, but finished with a 5-5 record.

Field hockey Coach: Kearney Blandamer.
Boys' Soccer Coach: Doug Schuessler.
Boys' Basketball Coach: Chris Bohlen.
Girls' Basketball Coach: Maggie Dyer.
Baseball Coach: JD Marchand.
Boys' Lacrosse Coach: Colin Thomson.
Rival School: Churchill.

What happened last year: The golf team repeated as state champion. The field hockey team finished state runner-up. The volleyball team won the region title. The boys' lacrosse team won the region championship. The girls' lacrosse team finished region runner-up.

Quotable: "My freshman year is the last time we won [the region title] and I just know the feeling — I really wanted to get it back. It was hard to get all the seniors wrapped around how good it feels and how



PHOTO BY HARVEY LEVINE/THE ALMANAC

Austin Schoenfeld and the Wootton boys' lacrosse team won the 2014 4A/3A West region championship.

much work really needs to be put in, but we definitely put in the work and it shows." — Then-senior lacrosse player Austin Schoenfeld after the Patriots beat Churchill in the region final.

... Whitman Sports

Girls' lacrosse team won the region championship.

School: Walt Whitman High School.
Mascot: Vikings.
School Colors: Black, white and Columbia blue.
Athletic Director: Andy Wetzels, 301-320-6595.

Football Coach: Jim Kuhn (eighth year).
 The Vikings won their final four games and finished 7-3 in 2013, but fell short of a playoff berth.

Boys' Soccer Coach: Dave Greene.
Girls' Soccer Coach: Greg Herbert.
Boys' Basketball Coach: Chris Lun.
Girls' Basketball Coach: Pete Kenah.



PHOTO CONTRIBUTED

The Whitman girls' soccer team won the 2013 state championship.

Baseball Coach: Joe Cassidy.
Boys' Lacrosse Coach: Mike Ricucci.
Girls' Lacrosse Coach: Katie Bitonti.

What happened last year: The girls' soccer team won the state championship, finishing with a 16-1-1 record. The boys' basketball team finished state runner-up. The girls' basketball team reached the region semifinals and finished with a 21-3 record, including a 20-game winning streak. The girls' lacrosse team won the region title

and posted a 13-3 record. The baseball team finished region runner-up.

Quotable: "The [fondest] memory I have of [winning the state title] is the joy on the girls' faces when that final whistle blew. Just to see them sprint out onto the field and hug each other with tears of joy in their eyes just let me know how much this meant to them and that all this hard work for them finally paid off." — Girls' soccer coach Greg Herbert

... Bullis Sports

School: The Bullis School.
Mascot: Bulldogs.
School Colors: Blue and gold.
Athletic Directors: (boys) Andres Parra, 301-983-5743, (girls) Kathleen Lloyd, 301-983-5738.
Football Coach: Pat Cilento (fifth year).

The Bulldogs lost their 2013 season opener to St. John's, but responded by winning their final nine games to finish 9-1.

Boys' Basketball Coach: Bruce Kelley.
Girls' Basketball Coach: Hayley Hollis.
Baseball Coach: Brian Lumpkin.
Boys' Lacrosse Coach: Jeff Bellistri.
Girls' Lacrosse Coach: Kathleen Lloyd.

What happened last year: The boys' basketball team won the IAC championship.

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NEWCOMERS & COMMUNITY GUIDE

A Sense of History, Community

BY ROGER BERLINER
COUNTY COUNCILMEMBER

There are so many reasons why people from around the country move to Montgomery County – for our schools, our vibrant economy, our extraordinary quality of life ... and the list goes on and on. However, there are other less tangible aspects of life here, including a rich history that lends our communities a strong character and sense of belonging. Potomac is one of those places where history binds the community together.

As your councilmember since 2006, it has been my honor to serve the greater Potomac community, my home for more than 20 years. Like many, I came for the excellent school system, lovely residential neighborhoods, and the great green expanse. But it wasn't long before I came to appreciate that the character and culture of Potomac has been so powerfully shaped by its sense of history.

One such reminder came this past spring as I attended an annual Canal Pride Day event along the C & O Canal, hosted by our friends at the C & O Canal Trust. As you will learn, or may already know, the Canal is one of the most visited national parks in the country, and for good reason. It runs


along the majestic Potomac River, making it an ideal spot to walk with friends (including our four-legged ones), go for a jog, bike, or simply have a moment of respite from the tensions of the day. And it was the Canal's construction out from Georgetown that helped Potomac farmers in the 1830s transport their goods into the city to market – a huge innovation and boon to the local economy at the time.

To see so many volunteers from the community on that crisp spring day helping to preserve historic buildings, improve the grounds, plant trees, and beautify the park along the Canal left me a simple, but powerful reminder about Potomac. History matters. A sense of community matters. And in the daily hustle and bustle that comes with today's busy and sometimes chaotic world, those are some of the intangible aspects of life in Potomac that many of us have come to cherish.

As you settle into this community and come to call it your own, it is my hope that you will find your own favorite pieces of Potomac history.

Please do not hesitate to contact my office if you ever need assistance on a county government issue. You can reach me at 240-777-7828 or at councilmember.berliner@montgomerycountymd.gov.

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