

# NEWCOMERS & COMMUNITY GUIDE

2014-2015



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Burke  
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Jayden (right) has a great time practicing his soccer moves with family friend Kevin Galan at Rolling Valley Park.



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## NEWCOMERS & COMMUNITY GUIDE

# Welcome to Fairfax County

BY SHARON BULOVA/CHAIRMAN  
FAIRFAX COUNTY BOARD OF SUPERVISORS

**W**elcome to Fairfax County, the best place in the country to live, work and play. Fairfax County is home to a fantastic public school system, top tier business and shopping opportunities, compassionate human services, and some of the best parks and open spaces in the D.C. Metropolitan region. This summer featured the long-awaited opening of the WMATA Silver Line, which connects the Reston and the Tysons areas of the county to the entire Metrorail system.

Last June, I cut the ribbon to open a new segment of our Fairfax County Cross County Trail, named after former Chairman (now congressman) Gerry Connolly. It was his vision, while serving on our board, to build and connect trail sections to make it possible for someone to hike through all nine county magisterial districts. The northern end of the trail begins in Great Falls National Park at the breathtaking Potomac River and travels south to the historic Occoquan River.

The trail passes through stream valleys and meadows, then winds through fascinating Laurel Hill, site of the former Lorton Prison. In addition to parkland and a golf course, these grounds are now home to the Workhouse Arts Center where visitors can watch artists in action and enjoy plays, performances and community events such as



PHOTO CONTRIBUTED

**Thumbs up for Silver Line: The long-awaited opening of the WMATA Silver Line, which connects the Reston and the Tysons areas of the county to the Metrorail system.**

Springfest every April.

Fairfax County has something for everyone. Northern Virginia Community College offers more than 160 degrees at the associate's level and numerous certificate programs. Its partnership with George Mason University provides families and stu-

dents with a seamless, cost-effective path to a four-year degree.

George Mason University, recently named one of the top five "Up-and-Coming Universities" by U.S. News and World Report, is also recognized as one of America's Best College Buys by Forbes magazine. Under the

presidency of Dr. Angel Cabrera, Mason is fast taking its place as a university for the world.

Fairfax County is known for its business-friendly climate. Time Magazine has described us as "the epicenter of the Washington region's job boom" and "one of the great economic success stories of our time." Although home to eight Fortune 500 company headquarters (corporate giants such as Northrop Grumman and Booz Allen Hamilton) about 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees. We are a great location for startups.

Of course, Fairfax County's greatest asset is a population that is welcoming and engaged. People from all over the globe have made Fairfax County their home, enriching our community with diverse cultures and entrepreneurship. Visit Fairfax County's website at [www.fairfaxcounty.gov](http://www.fairfaxcounty.gov) to learn more about what Fairfax has to offer.

As chairman of the Board of Supervisors, I am elected at-large by all registered voters. My office is here to serve you. If you have any questions or concerns, please email me at [chairman@fairfaxcounty.gov](mailto:chairman@fairfaxcounty.gov) or call me at 703-324-2321. I hope you will sign up to receive my monthly Bulova Byline newsletter that will keep you up-to-date on what is happening and how you can participate in all that Fairfax County has to offer you and your family.

Thanks for making Fairfax County your home.

## A County of 186,785 Students

BY KAREN K. GARZA  
SUPERINTENDENT OF FAIRFAX COUNTY  
PUBLIC SCHOOLS

**W**elcome to the 2014-15 school year. The start of a new school year is always an exciting time for students, parents, and educators. Our dedicated staff has been working hard to prepare for another school year that builds on our tradition of excellence at Fairfax County Public Schools (FCPS). Fairfax is a community that embraces its newest residents and the cultural diversity that makes our county such a desirable place to be. For many families and businesses, the decision to relocate to a new area is often dependent on the quality of the local public schools. FCPS has a well-deserved national reputation for excellence.

As we enter a new school year, we are projecting an enrollment of 186,785 making FCPS the nation's 10th largest school district. Fairfax County high schools are among the most academically rigorous in the U.S. and are cited every year as among the top high schools in the country. Our classrooms are led by teachers who inspire, motivate, and prepare students with the knowledge and

skills they will need for the future. Our dedicated teachers promote the success of every student and create a caring learning environment where every student is valued and recognized as an active learner.

Working closely with our school board, parents, teachers, and community stakeholders, we have made a number of positive and exciting changes for our system during my first year as superintendent. We developed the FCPS Portrait of a Graduate that will serve as a foundation on which to build a long-range strategic plan for the school system and will lessen the focus on standardized, high-stakes testing and place greater emphasis on engaged students, project-based learning, and authentic assessments of student learning. The Portrait of a Graduate will ensure that our students are collaborators, communicators, creative and critical thinkers, global citizens, and goal-directed and resilient individuals when they leave FCPS.

Other significant changes that we have



Karen K. Garza

COURTESY OF FCPS



PHOTO BY LOUISE KRAFT/CONNECTION

**Vincent Michael Sica proceeds to the stage platform after being named the 2014 Lake Braddock Faculty Award recipient for academic excellence, community service, extra-curricular activities, good citizenship and leadership.**

made include:

- ❖ The launch of full-day Mondays for all elementary students. The change will increase instructional time for students and

dedicated planning time for teachers. The change to full day Mondays received overwhelming support in our community and will benefit students, teachers, and our families.

- ❖ A new standard school calendar that eliminates the need to make up inclement weather days at the end of the school year if fewer than 13 days are missed while providing two full weeks for winter break.

- ❖ The new Bailey's Upper Elementary School for the Arts and Sciences. A first of its kind for Fairfax County, this new school is being converted from a five-story office building at 6245 Leesburg Pike to provide enrollment relief for the overcrowded Bailey's Elementary School for the Arts and Sciences. The new campus will house grades 3-5, while the existing campus will house preschool to grade 2.

- ❖ A new CrisisLink text messaging tool for students and parents needing mental health support and resources. Crisis line staff respond to the text messages 24 hours a day. The text number is 703-997-5444.

The future remains very bright for FCPS families, students, and employees. I look forward to welcoming your children to our schools on Sept. 2 and making this year an exciting and rewarding year for all of our students.



## NEWCOMERS & COMMUNITY GUIDE

# About the Connection

**A**s your local, weekly newspaper, the Connection's mission is to deliver the local news you need, to try to make sense of what is happening in your community, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we've included an expanded and updated version of our award-winning Insider's Guide to the Parks, plus details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail or call us, contact us on Facebook or send us a tweet. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include

when and where the photo was taken and the names of all the people who are in a photo. We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

Your community Connection newspaper is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

The Connection Newspapers have won hundreds of press awards in just the past few years, including the Virginia Press Association Award for Journalistic Integrity and Community Service, Best in Show for our Insiders Guide to the Parks, first place for our community guides, plus awards in news, art, business, special projects, sports, entertainment, design, photography and much more. We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. We continue to publish 15 distinct papers every week that serve their communities in distinct ways. We welcome contributing writers, with the caveat that our freelance pay is nominal; if you are interested in covering news or events in your community, email [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com). We offer summer and year-round educational

## Keep in Touch

**LETTERS TO THE EDITOR:** Email to [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com) or submit online at <http://www.connectionnewspapers.com/contact/letter/>

### CONTACT:

Alexandria Gazette Packet and the Mount Vernon Gazette: [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com)  
Arlington Connection: [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com)  
Burke Connection: [burke@connectionnewspapers.com](mailto:burke@connectionnewspapers.com)  
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Great Falls Connection: [greatfalls@connectionnewspapers.com](mailto:greatfalls@connectionnewspapers.com)  
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Potomac Almanac: [almanac@connectionnewspapers.com](mailto:almanac@connectionnewspapers.com)  
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— Mary Kimm,  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com),  
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## Burke CONNECTION NEWCOMERS & COMMUNITY GUIDE

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Community Guide content compiled by  
Abby Aldridge, Kara Coleman, Ashley Dietz,  
Neeka Eghbali, Emma Harris, Taylor Horner,  
Alexis Hosticka and Elizabeth Schneider

FOR MORE INFORMATION,

CALL 703-778-9431 OR EMAIL

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# Fairfax County's Success Story

## Economic success: 50 years in the making.

BY GERALD L. GORDON, PH.D.

**I**f you are a newcomer to Fairfax County, allow me to welcome you to one of the most dynamic communities anywhere in the world to live and work. It was the vision of many people to create this kind of community, so please allow me to offer a quick history lesson.

The Capital Beltway was completed in 1964. The same year the iconic highway opened, the Virginia General Assembly passed a law that created what is now called the Fairfax County Economic Development Authority. In the last 50 years, creation and growth of a diversified business community and local economy transformed a sleepy bedroom community in the shadow of the

nation's capital into what Time magazine has called "one of the great economic success stories of our time."

How much of a success story? Fairfax County was home to no Fortune 500 companies in 1964, and today 10 of those businesses are based here. That's more than 30 states. Today more than 400 foreign-owned businesses have a presence here, as do four

companies on Black Enterprise magazine's list of the 100 largest African American-owned companies, three companies on HispanicBusiness.com's list of the 100 large-



Gerald Gordon.

est Hispanic-owned companies, and top companies that are Asian-, woman- and veteran-owned.

Today Fairfax County is the second-largest suburban office market in the United States.

Almost no matter where you live, you can see how the county continues to evolve as a business location. The first phase of Metro's Silver Line rail service further enhances the attractiveness of Tysons Corner and Reston, while the second phase will link Herndon and Washington Dulles International Airport to the rest of the Washington region in 2018.

Southeastern Fairfax County (Springfield, Lorton and the Richmond Highway corridor) are becoming important office centers thanks to growth at Fort Belvoir. The Mosaic District in Merrifield is a popular destination, and the Springfield Town Center

opening this fall promises to be a magnet for that area.

As I suggested earlier, this evolution of Fairfax County has been no accident. It has been a strategy driven by a consistent vision: A strong and consistent economic development program that attracts companies and helps them stay and grow here creates job opportunities, builds a strong commercial tax base that holds down residential taxes, and allows the Board of Supervisors to provide high-quality public services that enhance the quality of life here.

Yes, Fairfax County has changed tremendously since 1964. But, even with all the progress that has happened, we believe even better times lay ahead.

Gerald L. Gordon, Ph.D., is president and CEO of the Fairfax County Economic Development Authority.



## NONPROFITS

### FACETS

FACETS helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area. FACETS is always in need of volunteers, and offers a variety of one-time and ongoing opportunities, including a monthly Youth Volunteer Night. 703-865-4251 or <http://facetscares.org/>.

### Food for Others

The non-profit provides a safety net for people who suddenly face unforeseen emergencies such as a family illness or the loss of a job or a spouse. 703-207-9173 or [www.foodforothers.com](http://www.foodforothers.com).

### Our Daily Bread

The Holiday Program helps those in need with food for the holidays and gifts for their children, making last year's holiday season brighter for approximately 3,000 families. For more information on their holiday programs, including how to sponsor a family, go to [www.odbfairfax.com/holiday](http://www.odbfairfax.com/holiday).

### Office to End and Prevent Homelessness (OPEH)

OPEH supports the Fairfax-Falls Church Community Partnership to Prevent and End Homelessness which

SEE NONPROFITS, PAGE 7



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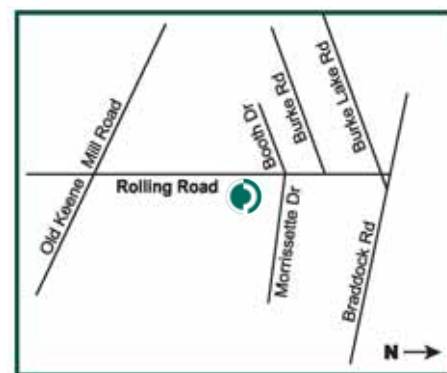
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## NEWCOMERS & COMMUNITY GUIDE

# Top Issues to Follow in Burke

## According to Supervisor John C. Cook (R-Braddock District)

### Neighborhood Speeding

Speeding in neighborhoods is a chronic issue; most offenders are local residents. Which is why John C. Cook (R-Braddock District) is launching a new anti-speeding initiative in neighborhoods that will include provocative signs with slogans such as "Slow Down, We Live Here", as well as speed monitors on the side of the road that will be similar, yet much smaller than those used on larger roadways by the police. Part of the initiative also includes reaching out to residents through neighborhood organizations.

### Need for a Neighborhood College

When it comes to running a meeting, reaching out to a diverse population, making sense of zon-

ing regulations — all things necessary to being a local civic leader, Cook sees a major need for that information to be communicated at the local level. Cook said, "There's a real hunger for that," coming from local leaders and people aspiring to be leaders in communities. "And boy, if you don't have the tool, it can be hard." So starting in October, his office will begin "neighborhood college," a comprehensive education program for developing community leadership.

### Fallout From Virginia State Budget Cuts

With governor Terry McAuliffe just announcing a \$2.4 billion state budget shortfall, there will obviously be repercussions trickling down. "It's a continuing issue," said Cook, "and we don't know how much this will affect the county." And though the county is

still struggling to find funding for schools, one bright spot is the current renovation of Terra Centre Elementary School (expected completion in 2015).

### Pedestrian Projects and Repaving

Projects have been funded to make pedestrian travel safer around Terra Centre and Burke Commons, with expanded sidewalks and clearly marked crossing areas on Burke Centre Parkway. Though that major roadway was re-paved — with help from the state — but "we need to get repaving happening on Rolling Road and other areas," said Cook.

### Lake Dredgings

Woodglen and Royal lakes are in great need of being dredged. Dredging has a number of environmental and aesthetic effects, including improving water quality and habitat, as well as restoring the capacity of the sediment pool.

— TIM PETERSON

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## NONPROFITS

FROM PAGE 5  
engages nonprofits, businesses, faith-based communities and county agencies in its efforts to implement the 10-Year plan, which focuses on rapid re-housing and prevention by increasing the availability of permanent affordable housing. [www.ziphomelessness.com](http://www.ziphomelessness.com)

### GIVE

GIVE (Growth and Inspiration through Volunteering and Education) is a non-profit organization founded and operated by high school students, which works towards promoting leadership of youth through volunteering time for a free tutoring program for children. Last year, GIVE ran 11 centers in both libraries and community centers, and is looking forward to expanding further this year with more support. The GIVE center at Richard Byrd Library, which has served over 1,000 students, has over 100 students and 60 tutors that meet every Saturday from 1-3 p.m. [www.giveyouth.org](http://www.giveyouth.org).

### Ecumenical Community Helping Others (ECHO)

Open to receive donations at 7205 Old Keene Mill Road, Springfield. Provides food and financial assistance to those in short-term emergencies, and provides clothing and household goods to low income families. ECHO is constantly seeking donations and volunteers. 703-569-9160 or [www.echo-inc.org](http://www.echo-inc.org).

### South County Cares

South County Church congregation members and south county area community members work together on local and international projects like National Night Out, Operation Christmas Child, and local and international aid efforts. [www.southcountycare.org](http://www.southcountycare.org).

### National Capital Food Bank

A group of food banks serving all of Northern Virginia seek monetary donations and general volunteers. 703-541-3063 or [www.capitalareafoodbank.org](http://www.capitalareafoodbank.org).

### Northern Virginia Family Services

Offers employments and job training, health care, housing, mental health, foster care and home visitations to new parents. 703-385-3267 or [www.nvfs.org](http://www.nvfs.org).

### Assistance League of Northern Virginia

An all-volunteer organization that clothes, feeds, educates and nurtures those in need.

Working through six elementary schools and Inova Fairfax Hospital, Assistance League touches the lives of some of the most needy in Northern Virginia.

The schools involved include Dogwood Elementary in Reston, Lynbrook Elementary and Garfield Elementary in Springfield, Cora Kelly Elementary in Alexandria and Pine Spring Elementary in Falls Church. Volunteers and donors are always needed. Contact [ALNorthernVA@yahoo.com](mailto:ALNorthernVA@yahoo.com) or [www.northernvirginia.assistanceleague.org](http://www.northernvirginia.assistanceleague.org)

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# NEWCOMERS & COMMUNITY GUIDE



PHOTO BY ABIGAIL CONSTANTINO/THE CONNECTION

## A Prime Location

Popular businesses draw customers to gift shop.

BY ABIGAIL CONSTANTINO  
THE CONNECTION

Is it at the town center or the shopping center? Burke residents know. The Picket Fence is at the Burke Town Center, next to a newly-opened Sweet Frog, a Giant grocery store, a BB&T bank, a dry cleaner and a Starbucks. Owner Billie Thomas believes that The Picket Fence is situated in a prime location.

"The variety of stores brings customers in," she said.

Celeste McLane, of Burke has been to the store a couple of times. Today, she is looking for a gift for the babysitter.

Thomas said that customers want to find unique things. A lot of their products are U.S. made and come from small business retailers.

"People come during their lunch breaks and they need a gift" and when they find it the store wraps it up for them for free, she said.



PHOTO BY ABIGAIL CONSTANTINO/THE CONNECTION

**The Picket Fence owner Billie Thomas believes that the store's proximity to popular and often-frequented stores and services at the Burke Town Center fuels business.**

Thomas co-owns the store with her daughter Courtney Thomas. She has always worked at a store. She worked at Temptations Gifts, a card and gift store in Burke that has since closed. And, her parents owned a store when she was growing up.

"We're a family-owned, small business" in Burke, she said. The Picket Fence is located at 6025-D Burke Centre Parkway.

## For the Birds

Burke store helps bring nature closer to home.

BY ABIGAIL CONSTANTINO  
THE CONNECTION

Is it true that when one holds a bird in one's hand, the bird gets so nervous it dies? No, said Steve Pyne, owner of the Wild Bird Center in Burke. This is the type of expertise and more that customer Kathy Morris can rely on when she comes in the store. She enjoys the store's newsletters, which contain articles that "dispel myths" about birds, and it has coupons, too, she said.

Morris is a regular customer and an avid backyard bird enthusiast. She has three bird feeders and six birdbaths in her home. "It's a great store...I buy gifts here, too," she said.

The Wild Bird Center has been at the Burke Centre Shopping Center for 24 years. Pyne bought the business from original

owner Craig Betts seven and a half years ago. His love of birds started with his father. "He always fed the birds and put up a bird feeder," he said. Wanting a new career after being an IT professional, he bought the store.

"It all starts with an appreciation of nature," said Pyne. Customers come in with a desire to bring nature in their home and to be closer to it, he said.

There is usually a surge of customers in winter, spring and early summer. "In the winter, people are more likely to feed the birds because there's less food," and in the spring people want to feed the birds and their young, he said. Spring is also the time to clean yards and make them attractive, so people come in for items to decorate their backyards.

The Wild Bird Center of Burke is located at 5765-I Burke Centre Parkway.

## Yarn Store Tangles Knitters for 37 Years

Knitting and crocheting creates community in Burke.

BY ABIGAIL CONSTANTINO  
THE CONNECTION

Knitting is as popular today as it has been since, well, maybe World War II. The resurgence of knitting and other fiber arts has seen the opening of yarn stores, such as Fibre Space in Alexandria and Looped in Washington, D.C.

But the Yarn Barn has served knitters and crocheters in Burke for 37 years. It was opened by Sally Roberts and is now run by her daughter, Penny Sanford.

"We have lots of classes here and workshops, where women come in on certain days and get help," said Sanford.

Every once in a while, men have come in to learn the craft. "I had a gentleman come to the beginning class. He made two sweat-



**Owner and Burke resident Penny Sanford knits a shawl at the Yarn Barn.**

ers," she said.

Sanford said that the Yarn Barn has been described by her customers as the "friendliest shop," and knitters and crocheters who come in to take classes and attend workshops have become good friends.

It is not uncommon for groups who have gathered to knit, chat and order pizza from Big Bite Pizza next door, said Sanford.

To enroll in a class or attend a workshop, go to <http://theyarnbarnonline.com/>. Yarn Barn is located at 9413 Old Burke Lake Road.

## Everybody Goes to Spartans

Family-owned restaurant bustles with local patrons.

BY ABIGAIL CONSTANTINO  
THE CONNECTION

"Have you been to Spartans? Everybody goes there," said Diane Thompson, a former teacher at Terra Centre Elementary School. She lives in Springfield now but likes to hang around Burke because it has a "more small town feel."

Eleni Linardakis, whose family owns Spartans Family Restaurant, agrees. "Burke is so tight-knit. We know everybody, and we want everybody to feel that even if they don't know us that they will get to know us," she said.

The restaurant opened in 1996, and was a lifelong dream of Linardakis' parents, Chris and Xenia Sarantis, who emigrated from Greece.

Linardakis said that her father always wanted to open a restaurant and would drive at Spartans' location every day, eyeing the property and leaving messages for the landlord, hoping to speak to him about opening a restaurant in the space.

By chance, her mother knew the landlord's son, and the rest is Burke history.

Spartans' place in the community was evident when, in 2007, Chris Sarantis died



**Eleni Linardakis, general manager, oversees the staff at Spartans Family Restaurant in Burke.**

suddenly at 52.

"There were 2000 people at the viewing," said Linardakis. At the funeral, many customers and several police officers attended. "There were so many police cars following the hearse...there were so many people and so many customers sent cards," she said.

Linardakis, her family, and the staff continue Sarantis' legacy. "He treated everybody with respect. I like to keep that, especially with the staff," she said. "I want them to realize that they are so important and that what I want them to do is so important."

And that is, to make customers feel like they are an extended part of the family. "I want them to feel comfortable...to feel like they can bring their kids" and the children can "run all over the place, and that's okay," she said.

Spartans Family Restaurant is located at 9542 Burke Road. A second restaurant, Olympians Family Restaurant, opened in 2003 in Alexandria.



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## HOW TO GET YOUR ORGANIZATION'S SPECIAL EVENTS IN THE CONNECTION

### Calendar Listings

The Connection Newspapers contain a Calendar of Upcoming Events every week. While we cannot guarantee that every event we receive information about will be listed, here is the information we need for your upcoming event to be considered for the Calendar. We welcome photographs of similar events held previously, which sometimes appear with Calendar items.

*Name of Event:*

*Day of the Week, Date and Time:*

*Name of the Place Event will Be Held:*

*Address of the Place Event Will Be Held:*

*Name and Phone Number for More Information:*

*Three Sentences Describing the Event:*

Please submit your calendar information at least two weeks before your event. Clear photographs from similar previous events are always welcome. All events should be open to the public. We give first priority to free events. E-mail listings to:

**burke@connectionnewspapers.com**

or mail to:  
Calendar, Connection Newspapers  
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For more information, call 703-778-9410.

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## NEWCOMERS & COMMUNITY GUIDE



**Hump Day Dash runners meet at the Potomac River Running Store in Burke on Wednesdays at 7 p.m.**

## Running in Burke

### Routes and trails in and near Burke.

BY ABIGAIL CONSTANTINO  
THE CONNECTION

**R**unners in Burke have quick access to Burke Lake Park and Lake Accotink Park, as well as the Gerry Connolly Cross Country Trail after a short drive.

Gabe Roxas, of Burke, runs 20-30 miles a week. His regular run is at Burke Lake Park in Fairfax Station, which goes a little over five miles.

For Brian Waite, of Burke, Lake Accotink Park in Springfield, is his go-to loop. He usually runs 20-35 miles a week.

Jeremy Lynch, of Springfield, is lucky enough not to have to drive to hit the trails. From his house, he takes the Lake Accotink Trail which connects to the Cross Country Trail. It's "absolutely fantastic," he said.

But for those who want to pound the sidewalks and pavements of Burke, Potomac River Running Store of Burke's Hump Day Dash is a way to run, socialize and explore the neighborhood. The weekly run meets in the store on Wednesdays at 7 p.m.

Different types of runners participate in the run - from Boston marathoners to collegiate athletes to complete beginners. Lynch, who has been coming to these runs for almost two years, said that the event attracts "different types of runners at dif-

### Resources for Runners

**Fairfax County Trail Buddy**

<http://www.fairfaxcounty.gov/parks/trails/>

Gerry Connolly Cross County Trail

<http://www.fairfaxcounty.gov/parks/cct/>

Burke Lake Park

<http://www.fairfaxcounty.gov/parks/burkelakepark/>

Lake Accotink Park

<http://www.fairfaxcounty.gov/parks/lake-accotink/>

Potomac River Running Store

<https://potomacriverrunning.com/location/burke/>

See Mommy Run (Burke)

<http://www.seemommyrun.com/va/groupsbycity/Burke>

ferent places in their running."

Although the group is diverse, Maera Busa, a Potomac River Running Store employee, said that there is no pressure. Runners can go at their own pace.

The run is usually no more than 50 minutes, and goes from the store to the nearby trails and sidewalks in the vicinity.

"There are nice loops with lots of hills to challenge yourself. One twenty-three is good because it's flat. And, if you want to push yourself, you can go all the way on 123," said Busa.

After the run, participants can hang out, chat, and enjoy free snacks and beverages. The Potomac River Running Store in Burke is located at 5715 Burke Centre Parkway.



**The trail at Burke Lake Park in Fairfax Station is popular with runners in Burke.**

PHOTOS BY  
ABIGAIL CONSTANTINO/  
THE CONNECTION



# NEWCOMERS GUIDE

## FAIRFAX DEMOGRAPHICS

### Fairfax

**Zip code:** 22030

**Population:** 55,066

**Race:** White-35,095 (63.7%), Black/African American-4,244 (7.7%), American Indian and Alaska Native-197 (0.4%), Asian-10,880 (19.8%), Hispanic or Latino (of any race)-6,546 (11.9%)

**Total housing units:** 19,322

**Owner-occupied housing units:** 11,610 (62.6%)

**Households with individuals under 18 years:** 6,041 (32.5%)

**Households with individuals 65 and over:** 3,449 (18.6%)

**Median household income:** 101,356

**Mean family income:** 145,835

**Population 5 years and over who speaks a language other than English at home:** 35.3%

**Zip code:** 22031

**Population:** 29,795

**Race:** White-17,144 (57.5%), Black/African American-1,842 (6.2%), American Indian and Alaska Native-130 (0.4%), Asian-8,239 (27.7%), Hispanic or Latino (of any race)-3,948 (13.3%)

**Total housing units:** 12,364

**Owner-occupied housing units:** 6,155 (53.4%)

**Households with individuals under 18 years:** 3,507 (30.4%)

**Households with individuals 65 and over:** 2,281 (19.8%)

**Median household income:** 106,119

**Mean family income:** 143,269

**Population 5 years and over who speaks a language other than English at home:** 42.7%

**Zip code:** 22032

**Population:** 29,377

**Race:** White-20,983 (71.4%), Black/African American-1,287 (4.4%), American Indian and Alaska Native-49 (0.2%), Asian-5,296 (18%), Hispanic or Latino (of any race)-2,657 (9%)

**Total housing units:** 10,005

**Owner-occupied housing units:** 8,610

**Households with individuals under 18 years:** 3,864 (39.4%)

**Households with individuals 65 years and over:** 2,598 (26.5%)

**Median household income:** 127,784

**Mean family income:** 157,919

**Population 5 years and over who speaks a language other than English at home:** 30.2%

Source: U.S. Census 2010; American Community Survey 2012

## BURKE DEMOGRAPHICS

### Burke

**Zip code:** 22015

**Population:** 43,102

**Race:** White-29,315 (68%), Black/African American-2,515 (5.8%), American Indian and Alaska Native-101 (0.2%), Asian-7,589 (17.6%), Hispanic or Latino (of any race)-5,989 (13.9%)

**Total housing units:** 15,039

**Owner-occupied housing units:** 12,262 (82.7%)

**Households with individuals under 18 years:** 5,906

**Households with individuals 65 years and over:** 2,983

**Median household income:** 121,508

**Mean family income:** 146,790

**Population 5 years and over who speaks a language other than English at home:** 33.9%

Source: U.S. Census 2010; American Community Survey 2012

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# What's on the Ballot; How to Vote

**Election Day is Nov. 4, 2014, but you can vote as early as Sept. 19.**

**E**very year is Election Year in Virginia. This year, every Virginia voter will choose one member of the U.S. Senate and their member of the U.S. House of Representatives. Two of Northern Virginia's three house seats are open seats with the retirement of two longstanding members, Jim Moran (D-8) and Frank Wolf (R-10).

This area has very high rates of voter registration, but voter turnout varies significantly from year to year. For example, two years ago in 2012, a presidential election year, 71.78 percent of Virginia registered voters turned out to vote. But in 2010, more comparable to this year, only 44.01 percent of Virginia registered voters turned out to vote.

In Fairfax County, with a population around 1,130,900, there are 713,025 registered voters as of July 1, 2014, up from 676,802 in 2012. (Population data from U.S. Census and voter data from Virginia Department of Elections.)

In Alexandria, with a population of about 148,900, there are 97,883 total registered voters as of July 1, 2014. That's down from 101,887 total registered voters as of July 2, 2012.

In Arlington, with a population of about 224,900, there are 162,100 total registered voters as of July 1, 2014, up from 157,236 on July 2, 2012.

**REGISTER, CHANGE OF ADDRESS:** In order to vote on Election Day, you must be registered at your current address no later than Oct. 13, 2014. You can check your registration status online by going to [www.sbe.virginia.gov](http://www.sbe.virginia.gov).

## VOTING EARLY, ABSENTEE

Virtually every voter in Virginia is eligible to vote absentee, which includes voting in-person absentee at a variety of locations between Sept. 19 and Nov. 1.

There are many reasons that voters are allowed to vote absentee, but the most broad of these applies to almost anyone with a job: "Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for eleven or more hours of the thirteen that the polls are open (6 a.m. to 7 p.m.)."

You can download an absentee ballot and mail it to your local voter registration office, or you can vote "absentee in person."

## IN PERSON ABSENTEE VOTING

## BEGINS AT FAIRFAX COUNTY GOVERNMENTAL CENTER BEGINNING SEPT. 19, 2014.

Office of Elections, 12000 Government Center Pkwy, Conf. Rooms 2/3, Fairfax, 22035

Sept. 19 - Oct. 10: Monday, Tuesday, Wednesday and Friday - 8 a.m. - 4:30 p.m.  
Thursdays: 8:00 a.m. - 7:00 p.m.

Oct. 14 - Oct. 31, Monday thru Friday - 8 a.m. - 7 p.m.

Saturdays, Sept. 27, Oct. 4, 11, 18, 25 and Nov. 1, 9 a.m. - 5 p.m.

Closed Monday, Oct. 13 for Columbus Day

## SATELLITE VOTING LOCATIONS BEGIN FRIDAY OCT. 14

❖ Franconia Governmental Center - 6121 Franconia Rd., Alexandria, 22310

❖ Dolley Madison Library - 1244 Oak Ridge Ave., McLean, 22101

❖ North County Human Services Bldg. - 1850 Cameron Glen Dr, Reston, 20190

❖ West Springfield Governmental Center - 6140 Rolling Rd., Springfield, 22152

❖ Mason Governmental Center - 6507 Columbia Pike, Annandale, 22003

❖ Mount Vernon Governmental Center - 2511 Parkers Ln., Alexandria 22306

❖ Sully District Governmental Center - 4900 Stonecroft Blvd., Chantilly 20151

Monday - Friday, Oct. 14 - 31, 3:30 p.m. - 7 p.m.

Saturdays, Sept. 27, Oct. 4, 11, 18, 25 and Nov. 1, 9 a.m. - 5 p.m.

Closed Monday, Oct. 13 for Columbus Day

For more, call 703-222-0776 or visit

## Map of Congressional districts serving Fairfax County.

<http://www.fairfaxcounty.gov/elections/absentee.htm>

## WHAT'S ON THE BALLOT?

Every voter in Virginia will vote for U.S. Senator and their member in the U.S. House of Representatives.

One constitutional question will appear on all Virginia ballots, Proposed Constitutional Amendment - Question: Shall the Constitution of Virginia be amended to allow the General Assembly to exempt from taxation the real property of the surviving spouse of any member of the armed forces of the United States who was killed in action, where the surviving spouse occupies the real property as his or her principal place of residence and has not remarried?

## U.S. SENATE

One-term incumbent Sen. Mark R.

Warner (D) is challenged by Republican Ed W. Gillespie and Libertarian Robert C. Sarvis.

❖ Republican Ed W. Gillespie, [www.edforsenate.com](http://www.edforsenate.com)

❖ Democrat Mark R. Warner, [www.markwarnerva.com](http://www.markwarnerva.com)

❖ Libertarian Robert C. Sarvis, [www.robertsarvis.com](http://www.robertsarvis.com)

**THE 8TH DISTRICT** is an open seat because of the retirement of incumbent Rep. Jim Moran (D), who was elected in 1990. Democrat Donald S. Beyer Jr. will face Republican Micah K. Edmond plus three independent candidates. The 8th district includes all of Alexandria and Arlington, plus parts of Fairfax County including Mount Vernon, Lorton and parts of McLean, Tysons

SEE EVERY YEAR, PAGE 13



## NEWCOMERS & COMMUNITY GUIDE

# Every Year is Election Year in Virginia

FROM PAGE 12

and Falls Church.

- ❖ Republican Micah K. Edmond, [www.micahedmond.com](http://www.micahedmond.com)
- ❖ Democrat Donald S. Beyer Jr., [www.friendsofdonbeyer.com](http://www.friendsofdonbeyer.com)
- ❖ Libertarian Jeffrey S. Carson, [jeffreycarson.com/](http://jeffreycarson.com/)
- ❖ Independent Green Gerard C. "Gerry" Blais III, [www.votejoinrun.us](http://www.votejoinrun.us)
- ❖ Independent Gwendolyn J. Beck, [www.gwendolynbeck.com](http://www.gwendolynbeck.com)

**IN THE 10TH DISTRICT**, an open seat was created by the retirement of Frank Wolf (R), who was elected to office in 1982. Both major party candidates are elected officials from McLean, with Republican Barbara Comstock, a member of the Virginia House of Delegates, facing Democrat John Foust, a member of the Fairfax County Board of Supervisors. The 10th district sprawls from McLean to Winchester, and includes Great Falls, Chantilly, parts of Fairfax Station, the Town of Clifton, part of Burke and Springfield.

- ❖ Republican Barbara J. Comstock, [www.barbaracomstockforcongress.com](http://www.barbaracomstockforcongress.com)
- ❖ Democrat John W. Foust, [www.foustforvirginia.com](http://www.foustforvirginia.com)
- ❖ Libertarian William B. Redpath, [billredpath.com](http://billredpath.com)
- ❖ Independent Green Dianne L. Blais, [www.votejoinrun.us](http://www.votejoinrun.us)
- ❖ Independent Brad A. Eickholt, [www.eickholt4congress.com/](http://www.eickholt4congress.com/)

**IN THE 11TH DISTRICT**, Gerry Connolly (D), former chairman of the Fairfax County Board of Supervisors, elected to congress in 2008, will face Republican Suzanne K. Scholte and two independent candidates.

- ❖ Republican Suzanne K. Scholte, [www.suzannescholteforcongress.com/](http://www.suzannescholteforcongress.com/)
- ❖ Democrat Gerald E. "Gerry" Connolly, incumbent, [www.gerryconnolly.com](http://www.gerryconnolly.com)
- ❖ Green Joe F. Galdo [www.joegaldo.com](http://www.joegaldo.com)
- ❖ Libertarian Marc M. Harrold, [www.marcharrold4congress.com](http://www.marcharrold4congress.com)

**IN FAIRFAX COUNTY**, all voters will vote yes or no for more money for transportation projects. **Transportation Improvements Bond Question:** Shall the Board of Supervisors contract a debt, borrow money and issue bonds of Fairfax County, Virginia, in addition to bonds previously authorized for transportation improvements and facilities, in the maximum aggregate principal amount of \$100,000,000 for the purpose of providing funds to finance the cost of constructing, reconstructing, improving and acquiring transportation facilities, including improvements to primary and secondary State highways, improvements related to transit, improvements for pedestrians and bicycles, and ancillary related improvements and facilities?

**IN THE CITY OF FAIRFAX**, voters will also vote on an advisory Referendum regarding length of term for Offices of Mayor, City Council and School Board, and whether the term of office should be increased from two years to four years.

## New Voter Identification Requirements

As of this summer, there are new requirements for voter identification that voters must bring with them to the polling place.

Virginia law requires all voters to provide an acceptable form of photo identification at the polls. Voters arriving to the polls without photo ID will be allowed to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality's electoral board in order for their provisional ballot to be counted.

Virginia's photo ID requirements also apply to absentee voters who vote in-person in all elections.

Here are the "acceptable" forms of identification:

- ❖ Valid Virginia Driver's License or Identification Card
  - ❖ Valid Virginia DMV issued Veteran's ID card
  - ❖ Valid United States Passport
  - ❖ Other government-issued photo identification cards (must be issued by US Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth)
  - ❖ Valid college or university student photo identification card, must be from an institution of higher education located in Virginia.
  - ❖ Employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business
  - ❖ or a Virginia Voter Photo ID Card obtained through any local general registrar's office
- "Valid" is defined as a genuine document, bearing the photograph

of the voter, and is not expired for more than 12 months.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

### DON'T HAVE ONE OF THESE?

Any registered voter who does not possess one of the above mentioned forms of photo ID, may apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

### PROVISIONAL BALLOT PROCESS

A voter who arrives at the polling place without an acceptable form of photo identification will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board. Voters may submit a copy of their ID via fax, email, in-person submission, or through USPS or commercial delivery service. Please note that the copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted. A Friday postmark will not be sufficient. Written notice given to the

voter will provide the necessary information, including email, fax, and address of where the ID should be delivered.

**IF YOU VOTE A PROVISIONAL BALLOT** but don't have an "acceptable ID," you can appear in-person in the office of the general registrar in the locality in which the provisional ballot was cast by noon on Friday following the election and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document can be provided to the electoral board as acceptable identification and the voter's provisional ballot will be counted.

SOURCE: Virginia Department of Elections, [www.sbe.virginia.gov](http://www.sbe.virginia.gov)

For More Election Information:  
Fairfax County Board of Elections,  
703-222-0776,  
[www.fairfaxcounty.gov/eb/](http://www.fairfaxcounty.gov/eb/)  
12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email [voting@fairfaxcounty.gov](mailto:voting@fairfaxcounty.gov)  
City of Fairfax General Registrar,  
703-385-7890, <http://www.fairfaxva.gov/government/general-registrar>  
10455 Armstrong Street, Sisson House, Fairfax, 22030; FAX 703-591-8364; email [generalregistrar@fairfaxva.gov](mailto:generalregistrar@fairfaxva.gov)  
State Board of Elections, 804 864-8901 Toll Free: 800 552-9745 FAX: 804 371-0194  
email: [info@sbe.virginia.gov](mailto:info@sbe.virginia.gov)  
<http://www.sbe.virginia.gov>



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# PARKS

## AN INSIDER'S GUIDE TO MAJOR PARKS IN FAIRFAX COUNTY

### National Parks

#### GF Great Falls National Park

9200 Old Dominion Drive, McLean  
www.nps.gov/grfa  
Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

#### GW George Washington Memorial Parkway

www.nps.gov/gwmp  
703-289-2500  
The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

#### WT Wolf Trap National Park for the Performing Arts

1551 Trap Road, Vienna  
www.nps.gov/wotr/  
The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheatres in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

### State Park

#### MN Mason Neck State Park

7301 High Point Rd. Lorton  
www.dcr.virginia.gov/state\_parks/mas.shtml#  
703-339-2385 or 703-339-2380 (visitor center)  
masonneck@dcr.virginia.gov  
The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

#### PRINCE WILLIAM COUNTY

#### FH Fountainhead

**Regional Park**  
7315 Ox Road, Fairfax Station  
www.nvrpa.org/park/fountainhead/  
703-250-9124  
The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

#### HO Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton  
www.nvrpa.org/park/hemlock\_overlook/  
800-877-0954; 571-281-3556;  
Hemlock

### Regional Parks

#### BR Bull Run Marina Regional Park

7700 Bull Run Drive, Centreville  
www.nvrpa.org/park/bull\_run/  
Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 through Nov. 11. Mini and disc golf open April through October. Hours vary.

#### BR Atlantis Waterpark

(at Bull Run Marina Regional Park)  
7700 Bull Run Drive, Centreville  
www.atlantisbullrun.com/  
703-631-0552  
Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority Family of Waterparks. Aantis also features picnic pavilions, a deck great for sunning and playing, as well as plenty of shade. Neptune Reef snack bar sells food, beverages and sweets.



One of the beautiful features of the grounds at Meadowlark is the Korean Bell Tower and its surrounding garden.

#### MBG Meadowlark Botanical Gardens

9750 Meadowlark Gardens Court, Vienna  
www.nvrpa.org/park/meadowlark\_botanical\_gardens/  
703-255-3631  
This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin. A picnic area beside the Gardens is available to visitors. Meadowlark presents gardening and horticulture workshops, tours, field trips, concerts and volunteer programs.

horticulture workshops, tours, field trips, concerts and volunteer programs.

#### OR Occoquan

**Regional Park**  
9751 Ox Road, Lorton  
www.nvrpa.org/park/occoquan/  
703-690-2121

This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1-8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

#### PB Pohick Bay Regional Park

6501 Pohick Bay Drive, Lorton  
www.nvrpa.org/park/pohick\_bay/  
Pohick Bay is located on the Potomac River 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia.

**Sources:** National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.



Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Peninsula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

**PB Pirates Cove Waterpark**

(at Pohick Bay Regional Park)  
6501 Pohick Bay Drive, Lorton  
www.piratescovepohick.com  
703-339-6102

Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

**PB Pohick Bay Golf Course**

10301 Gunston Road, Lorton  
www.nvrpa.org/park/pohick\_bay\_golf\_course  
703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

**SR Sandy Run Regional Park**

10450 Van Thompson Road, Fairfax Station  
www.nvrpa.org/park/sandy\_run/  
703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

**Arts Center**

**LAC Workhouse Arts Center**

9601 Ox Road, Lorton  
www.lortonarts.org  
703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film



A stunning spot to fish, found in the middle of Great Falls National Park.

institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

**Major Fairfax County Parks**

**BLP Burke Lake Park & Golf Course**

7315 Ox Road, Fairfax Station  
volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing  
883.4 acres, multiple resource park

**CJP Clemyjontri Park**

6317 Georgetown Pike, McLean  
fitness, picnic areas and playgrounds  
18.6 acres, special purpose park

**ELP Ellanor C. Lawrence Park**

5040 Walney Road, Chantilly  
baseball, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater, trails  
650 acres, multiple resource park



Charlotte, from Vienna, shares a sketch that she made of the bridge, across the pond from the Children's Garden at Meadowlark Botanical Gardens.

**FPF Frying Pan Farm Park**

2717 West Ox Road, Herndon  
historic structure, biking/equestrian/hiking trails, open areas, playground  
135.3 acres, multiple resource park

**GSG Green Spring Gardens**

4603 Green Spring Road, Alexandria  
Community Center, historic structure, biking/hiking trails, open areas, gardens  
30.9 acres, special purpose park

**HPP Hidden Pond Park**

8511 Greeley Boulevard, Springfield  
tennis (lit), nature center, amphitheater, hiking/nature trails, playground, fishing  
25.6 acres, community park

**HMP Huntley Meadows Park**

3701 Lockheed Boulevard, Alexandria  
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk  
1444.8 acres, natural resource park

**LAP Lake Accotink Park**

7500 Accotink Park Road, Springfield  
basketball, volleyball, minigolf, trails, picnic  
448.1 acres, multiple resource park

**LFP Lake Fairfax Park**

1400 Lake Fairfax Drive, Reston  
softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters  
479 acres, multiple resource park

**FRA Lee District Park**

6601 Telegraph Road, Franconia  
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground  
138 acres, district park

**MDP Mason District Park**

6621 Columbia Pike, Annandale  
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness  
121.2 acres, district park

**NWP Nottoway Park**

9537 Courthouse Road, Vienna  
baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic  
90.9 acres, district park

**RBP Riverbend Park**

8700 Potomac Hill Street, Great Falls  
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craft room  
411.2 acres, multiple resource park

**SRN Scotts Run Nature Preserve**

7400 Georgetown Pike, McLean  
historic structure, historic/hiking/nature trails, fishing  
384.3 acres, natural resource park

**SRD South Run District**

7550 Reservation Drive, Springfield  
baseball, soccer/football, basketball, tennis, rec center, equestrian, playground, swimming  
196 acres, district park

**WFP Wakefield Park & RECenter**

8100 Braddock Road, Annandale  
softball, soccer/football, basketball, tennis, rec center, biking, fitness trail, skate park  
292.6 acres, multiple resource park

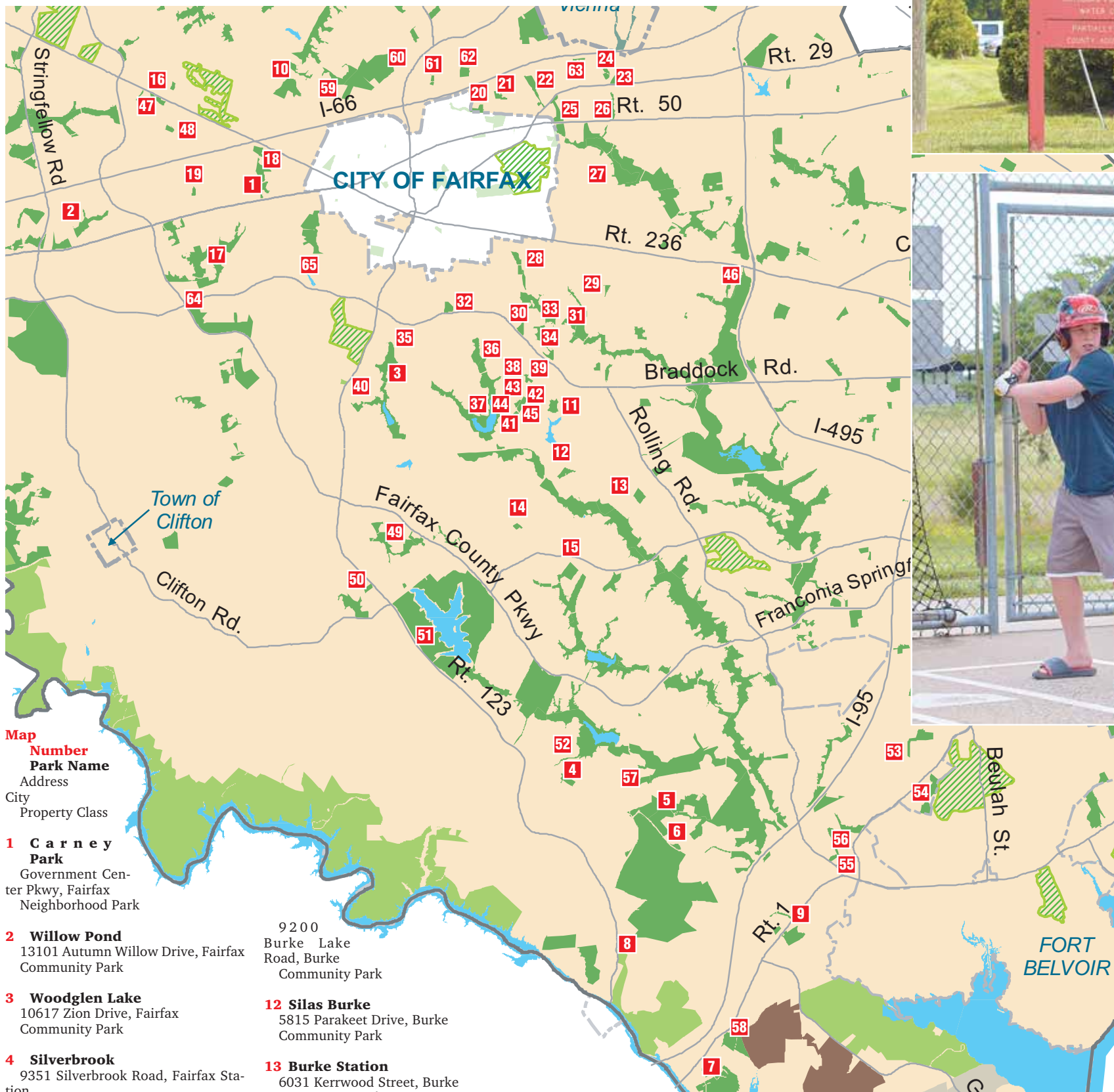


The Meredith family came to the Mason Neck State Park, from Arlington, to do some exploring and wildlife spotting.



# PARKS

A GUIDE TO FAIRFAX COUNTY PARKS IN THE BURKE, FAIRFAX & FAIRFAX STATION/LORTON/CLIFTON AREAS



- Map**  
**Number**  
**Park Name**  
 Address  
 City  
 Property Class
- 1 Carney Park**  
Government Center Pkwy, Fairfax  
Neighborhood Park
  - 2 Willow Pond**  
13101 Autumn Willow Drive, Fairfax  
Community Park
  - 3 Woodglen Lake**  
10617 Zion Drive, Fairfax  
Community Park
  - 4 Silverbrook**  
9351 Silverbrook Road, Fairfax Station  
Community Park
  - 5 Newington Heights**  
8590 Heller Road, Lorton  
District Park
  - 6 Laurel Hill**  
8515 Silverbrook Rd., Lorton  
Countywide Park
  - 7 Old Colchester Preserve**  
10646 Old Colchester Road, Lorton  
Cultural Resource Park
  - 8 Lorton West**  
9800 Ox Road, Lorton
  - 9 Lower Potomac**  
9515 Richmond Highway, Lorton
  - 10 Waples Mill Meadow**  
11329 Waples Mill Road, Oakton  
Multiple Resource Park
  - 11 Lake Braddock**

- 12 Silas Burke**  
5815 Parakeet Drive, Burke  
Community Park
- 13 Burke Station**  
6031 Kerrwood Street, Burke  
Community Park
- 14 Burke Ridge**  
9719 Burke Lake Road, Burke  
Neighborhood Park
- 15 Rolling Valley West**  
6512 Sydenstricker Road, Burke  
Community Park
- 16 Fair Oaks**  
3901 Fair Ridge Drive, Fairfax  
Neighborhood Park
- 17 Brentwood**  
11903 Appling Valley Road, Fairfax  
Neighborhood Park
- 18 Random Hills**  
11550 Random Hills Road, Fairfax  
Neighborhood Park
- 19 Dixie Hill**  
4540 Dixie Hill Road, Fairfax  
Neighborhood Park
- 20 Villa D'este**  
3120 Northwood Road, Fairfax



Kevin, who lives in Clifton, came to the batting cages, with his dad, to practice his swing.

PHOTOS BY  
 RENÉE RUGGLES  
 FEATURING BURKE LAKE  
 PARK, GILES RUN  
 MEADOW, BRADDOCK  
 PARK & ROLLING VALLEY  
 WEST PARK



A pond and small dock are a peaceful feature at the center of the park.



The park offers a professional grade disc golf course.



Patrick Campo (left, of Fairfax Station) and Michael Wentzel (Springfield) came to Giles Run Meadow trails to get in a good bike workout.





**Morgan Kret, of Chevy Chase, ready to return her friends's serve during their tennis practice.**



**James, from Springfield, comes to the park to play basketball during his lunch hour.**



**Jayden B., from Burke, gets ready to kick the ball to one of his companions.**

- 21

Mosby Woods

9813 Five Oaks Road, Fairfax  
Neighborhood Park

22

East Blake Lane

9540 Bel Glade Street, Fairfax  
Community Park

23

Villa Lee

2901 Hunter Road, Fairfax  
Neighborhood Park

24

Hideaway

2900 Glenvale Drive, Fairfax  
Neighborhood Park

25

Towers

9350 Arlington Boulevard, Fairfax  
Community Park

26

Armistead

8900 Arlington Boulevard, Fairfax  
Neighborhood Park

27

Eakin (Mantua Section)

8928 Glenbrook Road, Fairfax  
Neighborhood Park

28

Smokewood

4120 Whitacre Road, Fairfax  
Neighborhood Park

29

Ashford East

4300 Guinea Road, Fairfax  
Neighborhood Park

30

George Mason

9700 Braddock Road, Fairfax  
Neighborhood Park

31

Rutherford

4710 Guinea Road, Fairfax  
Community Park

32

University

10200 Braddock Road, Fairfax  
Community Park

33

Olde Forge

4604 Twinbrook Road, Fairfax  
Neighborhood Park

34

Surrey Square

4819 Twinbrook Road, Fairfax  
Neighborhood Park

35

Country Club View

10609 Henrico Street, Fairfax  
Community Park

36

Crooked Creek

9910 Commonwealth Blvd., Fairfax  
Community Park

37

Royal Lake

5344 Gainsborough Drive, Fairfax  
Community Park

38

Rolling Woods Estates

5208a Marvell Lane, Fairfax  
Neighborhood Park

39

Twinbrook Road

5124 Twinbrook Road, Fairfax  
Neighborhood Park

40

Middleridge

5425a Governor Yeardley Drive,  
Fairfax  
Neighborhood Park

41

Greenfield

5349 Guinea Road, Fairfax  
Neighborhood Park

42

Monticello

5315 Guinea Road, Fairfax  
Community Park

43

Kings Park West

5216 Pommeroy Drive, Fairfax  
Community Park

44

Lakeside

5216 Pommeroy Drive, Fairfax  
Community Park

45

Herzell Woods

5328 Guinea Road, Fairfax  
Neighborhood Park

46

Fairfax Hills

4304 Holly Lane, Annandale  
Neighborhood Park

47

Fair Ridge

12300 Meadow Field Drive, Fairfax  
Neighborhood Park

48

Ox Hill Battlefield

4134 West Ox Road, Fairfax  
Cultural Resource Park

49

Poburn Woods

6325 Wendy Ann Court, Fairfax Sta-  
tion  
Community Park

50

Brimstone

6600 Ox Road, Fairfax Station  
Neighborhood Park

51

Burke Lake & Golf Course

7315 Ox Road, Fairfax Station  
Multiple Resource Park

52

Lake Mercer

9500 Silverbrook Road, Fairfax Sta-  
tion  
Multiple Resource Park

53

Levell W Dupell

6812 Newington Road, Lorton  
Community Park

54

Mount Air Historic Site

8600 Accotink Road, Lorton  
Cultural Resource Park

55

Southgate

7438 Pohick Road, Lorton  
Neighborhood Park

56

Pohick Estates

7450 Pollen Street, Lorton  
Community Park

57

Newington Commons

8915 Hooes Road, Lorton  
Neighborhood Park

58

Mason Neck West

10418 Old Colchester Road, Lorton  
Community Park

59

Tattersall

3405 Miller Heights Road, Oakton  
Community Park

60

Oak Marr

3200 Jermantown Road, Oakton  
Multiple Resource Park

61

Borge Street

3030 Borge Street, Oakton  
Neighborhood Park

62

Blake Lane School Site

10033 Blake Lane, Oakton  
Community Park

63

Briarwood

2830 Zimpel Dr., Fairfax  
Community Park

64

Patriot

12111 Braddock Road, Fairfax  
District Park

65

Mountain Road District

15620 Braddock Road, Fairfax  
Neighborhood Park
- 
- The youngest members of the Stevens family (from Chantilly) enjoy Hershey's ice cream with their mom at the Burke Lake ice cream parlor.**
- 
- 
- The Lucier Family, from Centreville, say they visit the Burke Lake Golf Course, together, quite often. The parents have been teaching both kids how to golf for a few years.**
- 
- Merri works with her dad, to get her line untangled.**
- www.ConnectionNewspapers.com

BURKE CONNECTION ♦ NEWCONERS & COMMUNITY GUIDE 2014-15 ♦ 17



lost (adj): 1. unable to find the way.  
2. not appreciated or understood.  
3. no longer owned or known



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& Burke Centre Pkwy.**

## NEWCOMERS & COMMUNITY GUIDE



More than 1,000 free rides to medical appointments and shopping were provided by Shepherd's Center volunteers to older adults.



**Brian van de Graaff -  
speaker for the Sept. 18  
Lunch N' Life.**

PHOTOS  
CONTRIBUTED

### Serving Older Adults - Providing Free Transportation

**S**erving older adults, age 50 and better, the Shepherd's Center of Fairfax-Burke provides services and programs to promote healthy independent living. Over 1,000 free rides to medical appointments and shopping were provided by Shepherd's Center volunteers to older adults, who no longer drive, and live in the Burke and central Fairfax area.

Programs, such as the Shepherd's Center's bi-monthly Lunch N' Life, provide a delicious meal, interesting speakers, and social networking. The next Lunch N'

Life is Sept. 18 from noon - 2 p.m. and will feature local weatherman, Brian van de Graaff from ABC's channel 7, as the guest speaker. The luncheon will be held at the Jubilee Christian Center - 4650 Shirley Gate Road, Fairfax. All are welcome to attend the luncheon, and the cost is \$10. Make a reservation by calling 703-620-0161 by Sept. 12. The Shepherd's Center of Fairfax-Burke's website is: [www.scfbva.org](http://www.scfbva.org). Call the office at 703-323-4788, if you have more questions about participating in any of the activities or volunteering.

## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

### SEPTEMBER

Publishing  
Dates

HomeLifeStyle.....9/10/14  
A+ Camps & Schools.....9/17/14  
Fall Fun & Arts Preview.....9/24/14

### OCTOBER

Wellbeing.....10/1/14  
HomeLifeStyle PULLOUT:  
Deadline is 9/25/14.....10/8/14  
A+ Camps & Schools.....10/15/14  
Election Preview I.....10/22/14  
Election Preview II.....10/29/14



### NOVEMBER

Election Day is Tuesday,  
November 4.  
Wellbeing.....11/5/14

E-mail [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) for more information.

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- Burke Connection
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- Fairfax Station/Clifton/Lorton Connection
- Great Falls Connection
- McLean Connection
- Mount Vernon Gazette
- Oak Hill/Herndon Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Oakton Connection



## NEWCOMERS & COMMUNITY GUIDE

# Talking About the Area ...

### Area residents enjoying Burke Lake Park.

**T**his summer, residents in the Fairfax Station and Burke areas are having fun at Burke Lake Park. Tommy Donelson, 36, was born in Burke and spent most of his life there until he moved to Los Angeles four years ago. Disappointed with his inability to get a job in professional comedy, he decided to move back.

Currently living in Reston, he enjoys the variety of activities and loves that such fun places like beaches and mountain trails are only a two hour drive away from his house.

"Traffic aside, this area has an incredible amount of things to offer," Donelson said. Among other attractions – he looks forward to playing golf at the Giles Run range at Laurel Hill.

His friend Dave McDaniel, 38, spent 30 years living in the Burke and Fairfax Station areas. The only exception being a short time he spent living in Boston for a few years until he was 9 years old.

He recently moved back from Boston back to this area because of the opportunities, being with friends and family and the advantages of the school system. He currently resides in the Fairfax area.

Sandy Rogers, 62 of Fairfax Station, has been there since 1989 when her husband transferred because of his military job. She's currently retired, but she had previously been a Christian Yoga Expert.

She mostly enjoys the area because of its wildlife



PHOTO BY DILLON ROACH/THE CONNECTION

**Tommy Donelson (right), 36, spent the majority of his life in Burke but spent the last four years in Los Angeles. Now moved back and currently living in Reston. Dave McDaniel (left), 38, spent majority of the first 30 years around the Burke/Fairfax Station area.**

and all the outdoor activities she can do. Her favorite activities are hiking and seeing the animals on trails, especially birds. Her personal favorites are Snowy Egrets and Bald Eagles.

— DILLON ROACH



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## NEWCOMERS & COMMUNITY GUIDE

# Year-round Festivals

LIST COMPILED BY EMMA HARRIS

A list of annual community events in the area.

## August 2014

### SATURDAY/AUG. 30

**Lake Anne Jazz & Blues Festival.** 1 p.m. Lake Anne Plaza (Waterfront), 1609 Washington Plaza, Reston. Showcasing a variety of talented local emerging artists and national jazz performers. Visit [lakeanneplaza.com/event/8th-annual-jazz-blues-festival/30](http://lakeanneplaza.com/event/8th-annual-jazz-blues-festival/30).

### SATURDAY-SUNDAY/AUG. 30-31

**War of 1812 Signature Event.** Noon-5 p.m. Alexandria Waterfront, 3 Cameron Street, Alexandria. Visitors are invited to delight in interactive historical exhibits, boating activities and food trucks. Features a tug-of-war, cricket match and yacht race as well. 703-746-4242. Free. Visit [www.visitAlexandriaVA.com/1812](http://www.visitAlexandriaVA.com/1812)

## September 2014

### MONDAY/SEPT. 1 - SUNDAY/SEPT. 7

**Annual Workhouse Clay National Ceramics Exhibition.** Workhouse Arts Center, 9518 Workhouse Way, Lorton. This exhibition represents the depth and breadth of contemporary functional and sculptural ceramic artworks being created throughout the country. Visit [http://www.workhouseceramics.org/index.php?p=1\\_15\\_Clay-National-2014](http://www.workhouseceramics.org/index.php?p=1_15_Clay-National-2014).

### MONDAY/SEPT. 1

**Herndon Labor Day Festival.** 12-6 p.m. Herndon Town Green, 777 Lynn Street, Herndon. Downtown Herndon celebrates Labor Day with an annual festival - "great music, a craft show, food, wineries, micro-brews and culinary demonstrations will all be there. Visit [www.herndon-va.gov](http://www.herndon-va.gov)

### SATURDAY/SEPT. 6

**Virginia Indian Festival.** 10 a.m.-4 p.m. Riverbend Park, 8700 Potomac Hills Street, Great Falls. Tribal dancing, songs and drumming make history come alive each September at the Virginia Indian Festival at Riverbend Park. Visit [www.fairfaxcounty.gov/parks/parktakes/quicktakes/#FA14QT7](http://www.fairfaxcounty.gov/parks/parktakes/quicktakes/#FA14QT7).

### SATURDAY-SUNDAY/SEPT. 6-7

**37th Annual Burke Centre Festival.** 9:30 a.m.-10 p.m. 6060 Burke Centre Parkway, Burke. Burke Centre's signature event, which celebrates the spirit of the community each year with rides, activities and live entertainment for all ages to enjoy. Visit [http://www.burkecentreweb.com/sub\\_category\\_list.asp?category=37&title=Annual+Festival](http://www.burkecentreweb.com/sub_category_list.asp?category=37&title=Annual+Festival).

### SUNDAY/SEPT. 7

**Reston Triathlon.** 7 a.m. Lake Audubon, Twin Branches Road, Reston. Swim, bike and run in the "Reston World Championships." Visit [www.restontriathlon.org/tri](http://www.restontriathlon.org/tri).

### THURSDAY/SEPT. 11-18

**16th Annual Fall for the Book Festival.** George Mason University, 4400 University Drive, Fairfax. A week-long, multiple-venue, regional festival that brings together people of all ages and interests. Visit [www.fallforthebook.org](http://www.fallforthebook.org).

### SATURDAY/SEPT. 13

**18th Annual CCE Irish Folk Festival.** Noon-



The Sandstorm Ride is a hit at last year's Burke Centre Festival. This year's festival will take place Sept. 6 - 7.

8:30 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax and The Auld Shebeen Irish Pub, 3971 Chain Bridge Road, Fairfax.

All are invited to enjoy, free of charge, the "pure drop" - the beauty and depth of Irish music, dance, language and sport as it has taken root and come into full flower in our community. Visit <http://www.fairfaxva.gov/about-us/special-events/fairfax-irish-folk-festival>

**Silver Live Music and Food Truck Festival.** 12-10 p.m. 1800 Tysons Blvd., McLean. Listen to performances from renowned local and national acts and find displays of fine arts and a variety of refreshments to benefit the Spirit of Hope Children's Foundation. Visit <http://tysonspartnership.org/event-calendar/tysons-world-music-festival/>.

**Lorton's Fall Festival.** 11 a.m. Lorton Station Town Center, 8998 Lorton Station Blvd., Lorton. Enjoy a magic booth, pumpkin painting, photo booth, games, prizes and more. Visit [www.lortonstationtowncenter.com/calendar-of-events.html](http://www.lortonstationtowncenter.com/calendar-of-events.html)

### SATURDAY-SUNDAY/SEPT. 13-14

**King Street Art Festival.** 10 a.m.-7p.m. Saturday, 10 a.m.-5 p.m. Sunday. Old Town, King Street, Alexandria. At this community festival, art enthusiasts can discover spectacular paintings, life-size sculptures, jewelry, photography, ceramics and more. Visit [www.artfestival.com/Festivals/Alexandria\\_Festival\\_of\\_the\\_Arts\\_Alexandria\\_Virginia\\_September.aspx](http://www.artfestival.com/Festivals/Alexandria_Festival_of_the_Arts_Alexandria_Virginia_September.aspx)

### SATURDAY/SEPT. 20

**5K/10K Dulles Day on the Runway.** 7:30 a.m. 14390 Air and Space Museum Pkwy., Chantilly. The full length of the runway will be closed off for runners to experience a flat, fast course and a unique look at the airport grounds. All race proceeds will benefit Special Olympics Virginia, the Committee for Dulles Community Outreach and the Washington Airports Task Force. Visit <http://committeefordulles.org/5-10K.html>.  
**Dulles Day Plane Pull.** 10:30 a.m.-4 p.m. Dulles International Airport. Teams of 25 are pitted against one another to see who can pull a 164,000+ pound Airbus 12 feet the fastest in Special Olympics Virginia's "heaviest" fundraiser. Visit <http://www.planepull.com>.

**Beer, Bourbon & BBQ Fest.** 12-6 p.m. 8025 Galleria Drive, McLean. Attend for a day of beer sippin', bourbon tastin', music listenin', cigar smokin' and barbecue eatin'. Your admission buys a sampling glass so you can enjoy all you care to taste while attending seminars in the tasting theater and enjoying live music all day. Visit [www.tysonspartnership.org/event-calendar/tysons-bbq-bourbon-and-beer-festival](http://www.tysonspartnership.org/event-calendar/tysons-bbq-bourbon-and-beer-festival).

**Herndon Kids Triathlon.** 7:30 a.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. This kids triathlon gives youngsters an opportunity to compete in one of the fastest growing sports in the United States. The event is designed for any youth, ages 6-16, regardless of athletic ability or prior triathlon experience. Visit [www.herndon-va.gov](http://www.herndon-va.gov).

### SATURDAY/SEPT. 27

**Clarendon Day.** 11 a.m.-5 p.m. Near Clarendon Metro station, 3100 Wilson Blvd., Arlington. A celebration of the Clarendon neighborhood and a showcase for the people who make the neighborhood great with activities, live entertainment and food. Visit [www.clarendon.org/clarendon-day](http://www.clarendon.org/clarendon-day).

**Reston Multicultural Festival.** 11 a.m.-6 p.m. 2310 Colts Neck Road, Reston. A celebration of the diversity and community spirit that is found in Reston, this annual event brings together the people of Reston to celebrate the rich medley of cultures. Visit <http://www.restoncommunitycenter.com/MulticulturalFestival.shtml>.

### SUNDAY/SEPT. 28

**Walk to End Alzheimer's.** 3 p.m. Reston Town Center, 11900 Market St., Reston. Walk and fundraise to further the care, support and research efforts of the Alzheimer's Association. Visit <http://act.alz.org/site/TR/Walk/CREATE?formid=5817&type=fr&formid=18124>

**NatureFest.** 1-5 p.m. Runnymede Park, 195 Herndon Parkway, Herndon. Explore various nature stations throughout the park including butterflies, bees, life in the meadow, web of life and much more with live animal shows throughout the day. Visit [www.herndon-va.gov](http://www.herndon-va.gov).

## October 2014

### THURSDAY/OCT. 2

**3rd Annual Reston Town Center Help the Homeless Walk.** 12 p.m. Reston Town Center, 11959 Market St, Reston. Walk from Mayflowers Floral Design Studio on The Promenade to the Embury Rucker Community Shelter and back. Funds will enable Cornerstones to provide essential resources and services for individuals and families in the community who are homeless or at risk of becoming homeless. Visit [http://www.cornerstonesva.org/events\\_list/hth](http://www.cornerstonesva.org/events_list/hth).

### FRIDAY-SUNDAY/OCT. 3-5

**Fall Wine Festival and Sunset Tour.** 6-9 p.m. Mount Vernon Estate, 3200 George Washington Memorial Pkwy., Mount Vernon. Enjoy live blues and spectacular views of the Potomac River while sampling wine from 16 Virginia wineries. Visitors learn about the successes and failures of our Founding Father's wine endeavors, enjoy live blues music, and meet "George and Martha Washington" on the Mansion's piazza. Visit [www.mountvernon.org](http://www.mountvernon.org).

### SATURDAY/OCT. 4

**Art on the Avenue.** 10 a.m.-6 p.m. 2301 Mount Vernon Avenue, Alexandria. A multicultural arts festival celebrating the community's diversity through the arts in the Del Ray neighborhood in Alexandria, Virginia. Visit [www.artontheavenue.org](http://www.artontheavenue.org).

### SUNDAY/OCT. 5

**McLean Project for the Arts ArtFest.** 10 a.m.-5 p.m. McLean Central Park, 468 Dolley Madison Blvd., McLean. The park is transformed into a lively landscape of mini art galleries showcasing and offering for sale the work of a diverse group of 50 juried artists. Visit [www.mpaart.org](http://www.mpaart.org).

**19th Annual Paws for a Cause 3K Walk.** 12 p.m. Weber's Pet Supermarket, 11021 Lee Highway, Fairfax. Paws for a Cause benefits Fairfax Pets on Wheels, Inc., an all-volunteer organization dedicated to providing pet visitation to residents of nursing homes and

SEE EVENTS, PAGE 21

PHOTOS BY STEVE HIBBARD/THE CONNECTION



Patriot Beach Ball Balloons at the City of Fairfax's 47th annual Independence Day last year.

**Mount Vernon Colonial Market and Fair.** 9 a.m.-5 p.m. 3200 Mount Vernon Memorial Highway, Mount Vernon. Fifty colonial-attired artisans demonstrate 18th-century crafts and sell traditional wares such as baskets, woodcarvings, tin and ironwork, leatherworkings, weavings, furniture and much more. Visit <http://www.mountvernon.org/plan-your-visit/calendar/events/colonial-market-fair/>

**Paint Herndon Celebrate the Arts.** 9:30 a.m. - 3:30 p.m. ArtSpace Herndon, 750 Center Street, Herndon. The annual Paint Herndon event is a celebration of the arts and the anniversary of the opening of ArtSpace Herndon, complete with a painting competition. Visit [www.artspaceherndon.com/paint-herndon/](http://www.artspaceherndon.com/paint-herndon/).

### SATURDAY-SUNDAY/SEPT. 20-21

**2nd Annual Arlington Festival of the Arts.** 10 a.m.-5 p.m. Highland Street in the Clarendon District, Arlington. More than 100 artists will showcase their work including paintings, jewelry, pottery, glass, and much more. Visit [artfestival.com](http://artfestival.com) for more.

### SUNDAY/SEPT. 21



# NEWCOMERS & COMMUNITY GUIDE

## Events

FROM PAGE 20  
hospitals since 1987.  
Visit [www.fpow.org/event-685795](http://www.fpow.org/event-685795).

### SATURDAY-SUNDAY/OCT. 11-12

**Oktober Fest Reston.** Reston Town Center, 11900 Market St., Reston. Enjoy food, wine, beer, live entertainment, a carnival and the Anthem Great Pumpkin 5K at Northern Virginia's largest fall festival. Visit <http://www.oktoberfestreston.com>.

### SATURDAY/OCT. 11

**Fall Festival in Old Town Historic Fairfax.** 10209 Main Street, Fairfax. What started out as a small market for artisans has grown to a festival with over 400 arts, crafts and food vendors, children's activities and entertainment for all ages. Visit <http://www.fairfaxva.gov/about-us/special-events/fall-festival>.

### THURSDAY-SATURDAY/OCT. 16-NOV. 1

**Great Pumpkin Gathering.** 6-10 p.m. 1800 Tysons Blvd., McLean. Artisan pumpkin carvers showcase a dazzling display of pumpkin art beyond your wildest imagining. Visit [www.tysonspartnership.org](http://www.tysonspartnership.org).

### FRIDAY-SUNDAY/OCT. 17-19

**19th Annual Craftsmen's Fall Classic Art & Craft Festival.** 10 a.m.-6 p.m. Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. Features original designs and work from hundreds of talented artists and craftspeople from across America. Visit [http://www.gilmoreshows.com/craftsmens\\_classics\\_chantilly\\_fall.shtml](http://www.gilmoreshows.com/craftsmens_classics_chantilly_fall.shtml).

### SATURDAY/OCT. 18

**Historic Hallows Eve.** 4 p.m. Sully Historic Site, 3650 Historic Sully Way, Chantilly. Experience the traditions of Virginians in the 18th and 19th centuries by celebrating All Hallows Eve with storytelling, fortune telling, fall foods and family gatherings. Visit <http://www.fairfaxcounty.gov/parks/sully-historic-site>.

### SATURDAY-SUNDAY/OCT. 18-19

**Claude Moore Colonial Farm 1771 Market Fair.** 11 a.m.-4:30 p.m. 6310 Georgetown Pike, McLean. Warm yourself by the fires and enjoy the splendor of autumn with crisp local apples, warm savory meat pies and hearty breads, or let Market Fair entertainers, tradesmen and the militia amuse and educate you. Visit [www.1771.org](http://www.1771.org).

**Tyson's Harvest Festival.** 12-6 p.m. 1800 Tysons Blvd., McLean. Stroll through the arts and crafts booths and taste some of the fun flavors of fall. Visit <http://tysonspartnership.org/event-calendar/tysons-harvest-festival>.

### SUNDAY/OCT. 19

**Neighbors Feeding Neighbors 5K.** 9 a.m. 7925 Jones Branch Dr., McLean. Even though Northern Virginia is considered one of the wealthiest jurisdictions in the country, we still face a poverty rate of about 5 percent - more than 90,000 people are living in poverty and 30 percent are children. Come run or walk to help feed our neighbors. Visit <https://runsignup.com/Race/VA/McLean/NeighborsFeedingNeighbors5K>.

### FRIDAY/OCT. 24

**Spooktacular.** 6:30-8:30 p.m.  
[www.CONNECTIONNEWSPAPERS.COM](http://www.CONNECTIONNEWSPAPERS.COM)



Daniela Sykes, 29, makes a flower balloon for Daniela Berrios, 3, of Lorton, at last year's 4th of July celebration in Lorton.

Herndon Community Center, 814 Ferndale Avenue, Herndon. Enjoy ghoulish games, a spooky craft and a children's show. Visit [www.herndon-va.gov](http://www.herndon-va.gov).

[upcoming.htm](#)

### TUESDAY/NOV. 11

**Arlington National Cemetery Veterans Day Ceremony.** Arlington National Cemetery,

Arlington. About 5,000 visitors attend the annual remembrance ceremonies in the Memorial Amphitheater. Visit [www.arlingtoncemetery.mil](http://www.arlingtoncemetery.mil).

### SATURDAY/NOV. 22

### SATURDAY/OCT. 25

**Volunteer Fest 2014.** A region-wide day of community service that mobilizes hundreds of volunteers to help nonprofits accomplish tasks that they would not have the time or resources to do on their own. Visit <http://www.volunteerfairfax.org/non-profits/volunteerfest.php> for times and locations.

**Clifton Haunted Trail.** 7-10 p.m. Chapel Road, Clifton. A terrifying annual event that winds through Clifton's 8 Acre Park. Visit [cliftonhauntedtrail.com](http://cliftonhauntedtrail.com).

**Air and Scare.** 2-7 p.m. Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. See the spooky side of air and space at the annual Halloween event. Arrive in costume for safe indoor trick-or-treating, creepy crafts, spooky science experiments and other Halloween-themed activities. Visit <http://airandspace.si.edu/events/air-and-scare/>.

### WEDNESDAY/OCT. 29

**68th Annual Vienna Halloween Parade.** 7 p.m. Maple Avenue, Vienna. With the theme of "Celebrating the Tradition of Vienna Girls Sports," come in costume to celebrate Halloween. Visit [www.viennava.gov](http://www.viennava.gov).

## November 2014

### SATURDAY/NOV. 1

**The Robinson Marketplace.** 10 a.m.-4 p.m. 5305 Sideburn Road, Fairfax. Shop at over 80 vendors at the Holiday Market, raffle and silent auction sponsored by the Robinson Secondary School PTSA. Visit [www.robinsonptsa.org](http://www.robinsonptsa.org).

### TUESDAY/NOV. 4

**Election Day.** General Election. Visit [www.sbe.virginia.gov/](http://www.sbe.virginia.gov/) and [www.fairfaxcounty.gov/elections/](http://www.fairfaxcounty.gov/elections/)

**Turkey Trot 5K Race.** 4 p.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. The course takes you through Herndon Centennial Golf Course grass and paved paths, parts of the W&OD paved trail and vehicular paved road. All canned food will be donated to LINK. Visit [www.herndon-va.gov](http://www.herndon-va.gov)

### WEDNESDAY/NOV. 19-SUNDAY/JAN. 4

**Lights Festival.** 7700 Bull Run Drive, Centreville. Almost two and a half miles of light displays and a Holiday Village to celebrate the season. Visit [www.bullrunfestivaloflights.com](http://www.bullrunfestivaloflights.com).

### FRIDAY/NOV. 28

**Alexandria Tree Lighting.** 7-9 p.m. Market Square, 301 King St., Alexandria. Annual event featuring lighting the City tree, performances and a visit from Santa to open the Christmas season. Visit [www.alexandriava.gov/Calendar](http://www.alexandriava.gov/Calendar).

### FRIDAY/NOV. 28-TUESDAY/JAN. 6

**Christmas in Mount Vernon.** 9 a.m.-4 p.m. 3200 Mount Vernon Memorial Highway, Mount Vernon. Mount Vernon decks the halls with themed Christmas trees on the estate and festive greenery in the Mansion. Visit [www.mountvernon.org/christmas](http://www.mountvernon.org/christmas).

## December 2014

### MONDAY/DEC. 1

**Church Street Holiday Stroll.** 6-9 p.m. Freeman House and Store, 131 Church St. N.E., Vienna. Enjoy fun family-friendly activities including a visit from Santa, petting zoo, free hot chocolate and roasting marshmallows at supervised bonfires. Visit [www.viennava.gov](http://www.viennava.gov).

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→ Cybex Weight Equipment	→ Birthday and Team Parties* (using our climbing wall, XERGYM, and/or pool)
→ Zumba and Aqua Zumba	→ Kids Nite Out* (4 hours of fun & play give Mom and Dad a "date night")
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## NEWCOMERS & COMMUNITY GUIDE

# Getting to Know Woodson, Fairfax High Sports



**Woodson boys' basketball players and fans celebrate the Cavaliers' 2014 region championship.**

## Woodson: Boys' basketball team repeated as region champion.

### W.T. Woodson High School

Mascot: Cavaliers.  
School Colors: Navy blue and white.  
Athletic Director: Dan Checkosky, 703-503-4681.  
Football Coach: Mike Dougherty (first year).  
The Cavaliers won three of their final four games in 2013 and finished with a 3-7 record.  
Volleyball Coach: Len Palaschak.  
Boys' Basketball Coach: Doug Craig.  
Field Hockey Coach: Meg Jarrell.  
Girls' Lacrosse Coach: Patrick Mahler.

**What Happened Last Year:** The field hockey team qualified for regionals. The boys' basketball team repeated as region champion. The girls' lacrosse team won the Conference 7 championship. The boys' lacrosse team reached the region quarterfinals.

From The Connection's Top 100 Athletes:  
v8. Tommy Amaker, a 1983 graduate, was a standout point guard for the Cavaliers. He went on to play at Duke University before he became a college coach. After stops at Duke (assistant), Seton Hall (head coach) and Michigan (head coach), Amaker became the head coach at Harvard.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Teamwork and defensive brilliance defined the high school and college basketball careers of Tommy Amaker, a 1983 Woodson grad. His basketball mind took him from Woodson to Duke as a player, and from Duke to Seton Hall to the University of Michigan as a coach.

"Tommy Amaker is the best pure point guard to ever play in Northern Virginia," said Red Jenkins, the former Woodson coach, and one of the winningest coaches in high

school basketball with more than 600 wins."

v20. Andy Heck, a 1985 graduate, was a two-way football standout for the Cavaliers. He went on to play tight end and offensive tackle for Notre Dame, winning a national championship with the Fighting Irish after the 1988 season. The Seahawks selected Heck in the first round of the 1989 draft.

v50. Ashley McCulloch, a 2005 graduate, was a lacrosse star for the Cavaliers. She played collegiately at the University of Virginia.

From Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "With 37 seconds left to go in the 2002 lacrosse state final, Woodson was losing by a goal to Rockbridge County. The Cavaliers would equal the score, and go on to win the state championship in overtime, thanks to a champion effort on the part of Ashley McCulloch, a freshman."

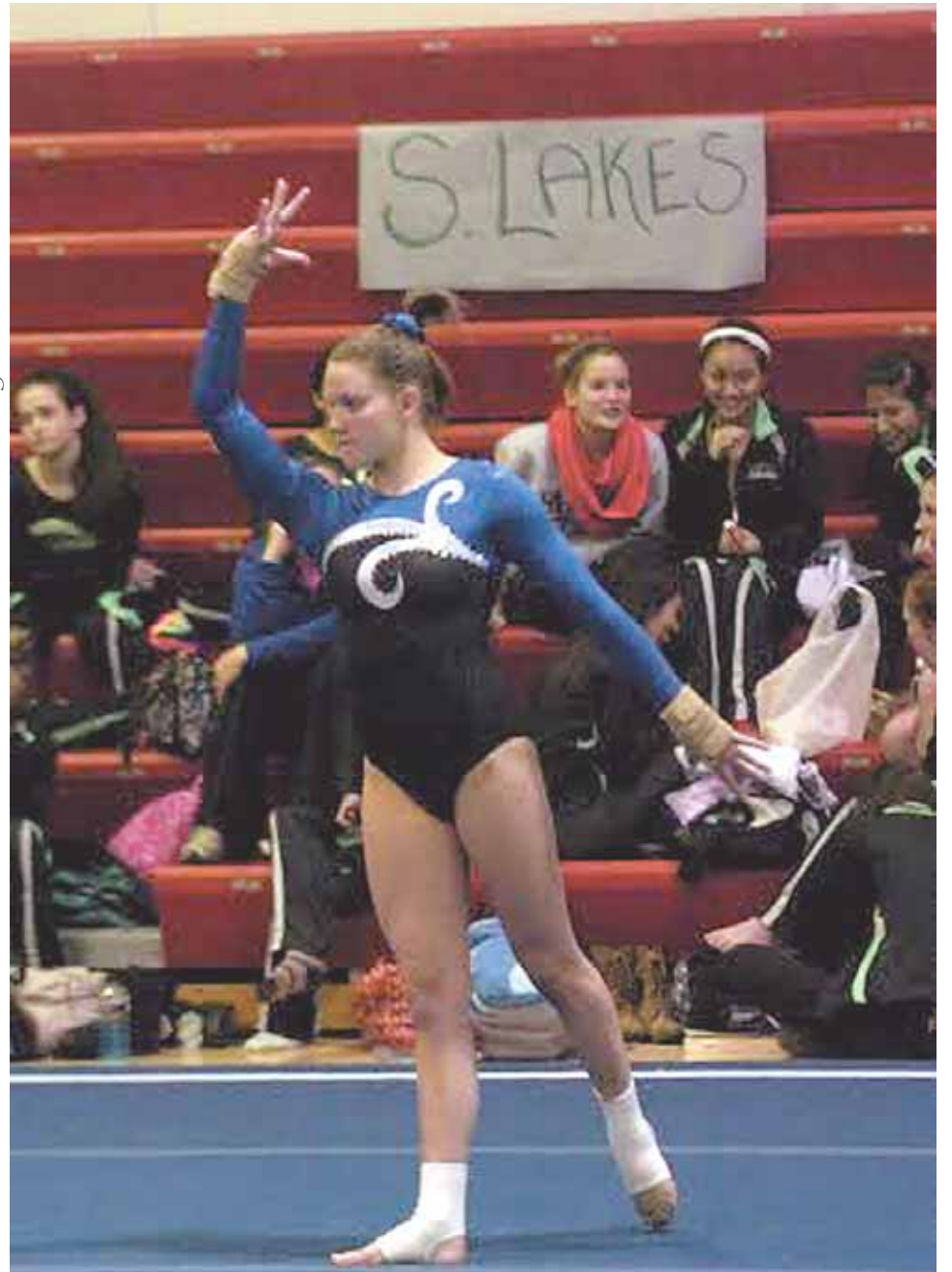
v69. Brandon Corso, a 1992 graduate, was a standout quarterback for the Cavaliers. He played collegiately at Missouri.

## Fairfax High: Field hockey team won fifth consecutive district/conference title.

### Fairfax High School

Mascot: Rebels.  
School Colors: Blue and gold.  
Athletic Director: Nancy Melnick, 703-219-2201.  
Football Coach: Kevin Simonds (fifth year).  
The Rebels finished the 2013 regular season with a 7-3 record and qualified for the playoffs. Fairfax lost to Yorktown in the opening round.  
Field Hockey Coach: Amber Beaudoin.  
Volleyball Coach: Tyler Freiheit.  
Boys' Basketball Coach: Mike Barbee.  
Girls' Basketball Coach: Marcus Konde.

**What Happened Last Year:** The field hockey team won its fifth consecutive dis-



**Fairfax High gymnast Rachel Barborek won the 2014 Conference 6 all-around title during her junior year.**

trict/conference championship, finished 19-4 and reached the region final. The boys' soccer team finished 8-3-1, but lost in the first round of the conference tournament. Gymnast Rachel Barborek won the Conference 6 all-around champion. The softball team finished 15-8 and reached the region quarterfinals.

From The Connection's Top 100 Athletes:  
v45. Billy Pulsipher, a 1991 graduate, was a baseball star for the Rebels.

The New York Mets selected Pulsipher in the second round of the 1991 MLB Draft and he joined fellow young pitchers Paul Wilson and Jason Isringhausen to compose the trio known as "Generation K." Injuries, however, would slow Pulsipher's career. From 1995 to 2005, he pitched in parts of six seasons at the MLB level, producing a 13-19 record with a 5.15 ERA.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "He gave up a full scholarship to Old Dominion University in order to sign with the Mets. While in high school, the left hander was contacted by every one of the 26 Major

League teams. His father said it was not difficult for Pulsipher to make the decision to go to the pros instead of college. He said teams made lucrative offers, and promised to secure Pulsipher's education as well."

v66. Larry Fones, a 1948 graduate, was a three-sport star for the Rebels. He played football, basketball and baseball at Fairfax, and went on to play football collegiately at William & Mary.

v86. John Curtis, a 1988 graduate, was a standout wrestler for the Rebels. He competed collegiately at the University of Virginia.

vBrandon Royster, a 2000 graduate, was a star running back for the Rebels. He played collegiately at Stanford University.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Royster certainly found success at Fairfax.

During his junior and senior years, the Rebels went undefeated in the regular season.

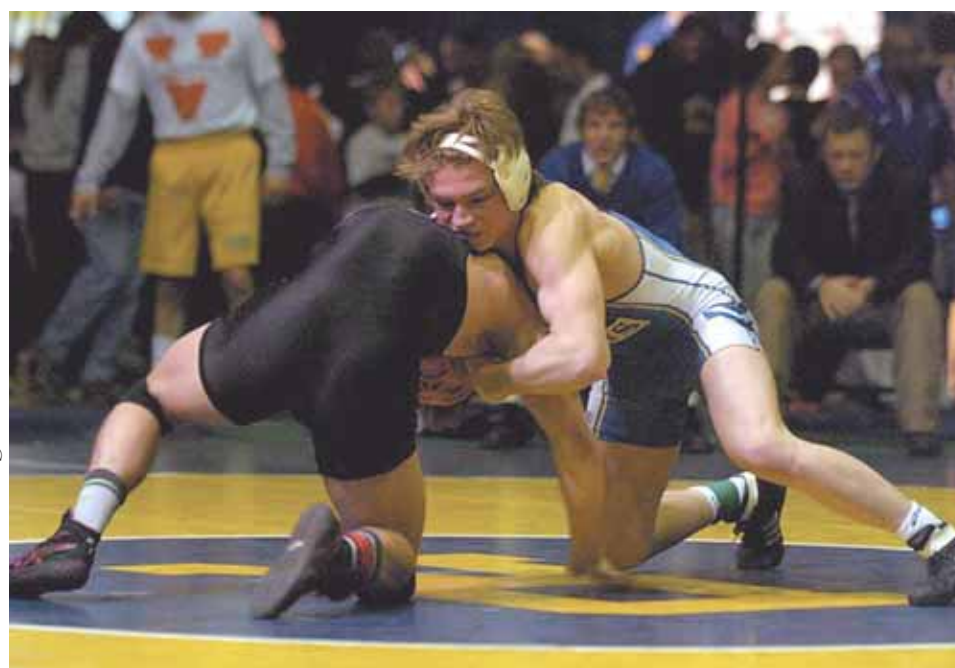
During his four years at the varsity level, Royster rushed for more than 5,300 yards and scored 60 touchdowns."



# NEWCOMERS & COMMUNITY GUIDE



Then-junior AJ Alexander and the Lake Braddock boys' basketball team reached the 2014 state tournament.



Then-senior Jack Bass won the 2014 152-pound state championship, helping the Robinson wrestling team win its third state title in four years.

## Getting to Know Lake Braddock, Robinson Sports

### Lake Braddock: Undeclared boys' tennis team wins state title.

### Lake Braddock Secondary School

Mascot: Bruins.  
School Colors: Purple and gold.  
Athletic Director: Mark Martino, 703-426-1001.  
Football Coach: Jim Poythress (11th season).  
The Bruins won their fifth consecutive district/conference championship and went undefeated during the 2013 regular season. Lake Braddock reached the region semifinals before losing to Westfield and ending its season with a 12-1 record.  
Volleyball Coach: Aubrey Eaton.  
Field Hockey Coach: Marie Bounds.  
Cross Country Coach: Michael Mangan.  
Boys' Basketball Coach: Brian Metress.  
Girls' Basketball Coach: John Giannelli.  
Baseball Coach: Jody Rutherford.  
Softball Coach: George Rumore.  
Rival School: Robinson.

What Happened Last Year: The boys' cross country team finished 6A state runner-up, led by second-place finisher Alex Corbett. The girls' cross country team took third in the state. Hannah Christen finished second among individuals, and Katy Kunc placed third. The boys' basketball team repeated as district/conference champion, finished region runner-up and qualified for the state tournament. The boys' tennis team went undefeated, winning the state title. The girls' soccer team won the Conference 7 championship and reached the region semifinals, where the Bruins lost in penalty kicks to eventual state champion Battlefield. The softball team won the conference title, finished region runner-up and qualified for the state tournament.

From The Connection's Top 100 Athletes:  
3. Allen Johnson, a 1989 graduate, was a state-champion track athlete for the Bru-

ins. He went on to win NCAA titles and an Olympic gold medal.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Not to say that Johnson lacked standout track athlete status at Lake Braddock, and not that three individual state titles won in high school are an easy feat to accomplish, but they pale in comparison to what he went on to do afterwards. Johnson went on to win college titles at the University of North Carolina and Olympic gold in Atlanta in 1996.

He was a seven-time U.S. outdoor champion, a four-time world outdoor champion, a four-time U.S. indoor champion and a three-time world indoor champion."

4. Mia Hamm, a 1989 graduate, is one of the greatest women's soccer players of all time. She played at Lake Braddock for one season after transferring from a high school in Texas, and helped the Bruins win the 1989 state championship. She went on to star for the University of North Carolina and the U.S. Women's National Team.

From Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "She is a household name. Across the globe, girls who play soccer strive to be her, while female athletes who play other sports look up to her. Mia Hamm is the face of women's soccer and an advocate of women's sports."

10. Hubert Davis, a 1988 graduate, was a basketball and football standout for the Bruins. He went on to play hoops at the University of North Carolina before the New York Knicks selected him in the first round of the 1992 NBA Draft. Davis played 12 seasons in the NBA with the Knicks, Dallas Mavericks, Washington Wizards, Detroit Pistons, Toronto Raptors and New Jersey Nets.

14. Ed Moses, a 1998 graduate, was a state-champion swimmer for the Bruins who went on to Olympic glory.

63. Cathron Birge, a 1986 graduate, was a state-champion track athlete for Lake

Braddock. She competed collegiately at the University of Virginia.

100. Sarah Spring, a gymnast and 1999 graduate, won three straight state championships on the vault.

### Robinson: Wrestling team captured district, region and state championships.

### James W. Robinson Secondary School

Mascot: Rams.  
School Colors: Blue and gold.  
Athletic Director: Jeff Ferrell, 703-426-2126.  
Football Coach: Scott Vossler (first year).  
The Rams finished the 2013 season with an 8-3 record, including a playoff victory over Patriot High School. Vossler is Robinson's fourth head coach in five years.  
Volleyball Coach: Jill Cross.  
Boys' Basketball Coach: Brian Nelson.  
Girls' Basketball Coach: T.J. Dade.  
Wrestling Coach: Bryan Hazard.  
Baseball Coach: John James.  
Boys' Soccer Coach: Robert Garza.  
Rival School: Lake Braddock.

What Happened Last Year: The wrestling team won its third state championship in four years.

The gymnastics team won the Conference 5 championship. The boys' lacrosse team won the state title.

From The Connection's Top 100 Athletes:  
v7. Rob Muzzio, a 1982 graduate, was a track and football standout for the Rams. He attended George Mason University and became the first decathlete to win back-to-back national championships.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Muzzio took interest in track and field in eighth

grade gym class. He said he had fun throwing the discus and the shot put. However, when he began his high school competition, Muzzio said it did not appear he would get big enough to really compete in those events. He said his coach at Robinson, Maynard Heins, saw the potential in Muzzio, so he began to teach him proper technique for different events. He said Muzzio would have to do all of the events, not just one.

However, Muzzio went on to win state and other titles as a discus thrower. He won the Virginia State Outdoor discus titles in 1981 and 1982. In 1981 he became a National Junior Olympic Discus Champion and in 1982 he won the Dogwood Relays Discus Championship.

That same year, Muzzio became the U.S. Junior National Decathlon Champion in Indiana, and then a Junior Pan American Games Decathlon Champion - setting the new record for the championship - in Venezuela.

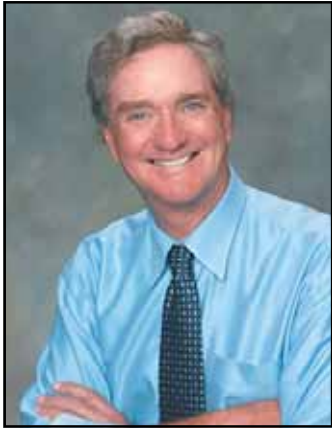
v9. Chris Warren, a 1985 graduate, was a standout running back for the Rams. He played collegiately at the University of Virginia and Ferrum College before the Seattle Seahawks selected him in the fourth round of the 1990 NFL Draft. He played 11 seasons with the Seahawks, Dallas Cowboys and Philadelphia Eagles, earning three trips to the Pro Bowl. In 1994, he rushed for 1,545 yards and nine touchdowns with Seattle. The following season, he ran for 1,346 yards and 15 touchdowns.

v38. Mike Imoh, a 2002 graduate, was a standout running back for the Rams. He rushed for 2,077 yards and 28 touchdowns as a senior and helped Robinson capture the 2001 state championship. He played collegiately at Virginia Tech.

v65. Bob DeProspero, a 1981 graduate, was a three-time state champion wrestler for the Rams.

vMeghan McCarthy, a 1992 graduate, was a state-champion runner for the Rams.





Dr. James L. Gyuricza

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Dr. Melanie Wilson Hartman

## Dear Neighbors,

We would like to take this opportunity to introduce you to Dr. Mary Speicher who is joining our practice as an associate. Dr. Speicher is originally from Northeastern Pennsylvania. She graduated from the University of Scranton with a BS in Biophysics in 1985 and continued her studies at Temple University School of Dentistry, receiving her DMD in 1989. Dr. Speicher has been in private practice for 26 years.

She is dedicated to continuing education, having furthered her education to include sedation dentistry, implants, invisalign, periodontal laser therapy, bone grafting and periodontal surgery. Dr. Speicher's training and personal dedication will complement and enhance our office.

She embraces our core dedication to providing the highest quality dental care, utilizing the most advanced techniques and materials, and striving to provide a patient-centered environment characterized by education, comfort and trust. Dr. Speicher will be a participating dentist for Delta Dental and United Concordia.

We are excited to have Dr. Speicher with us and are confident that she will have a bright future with our office. Thank you for the many referrals of your family and friends and for the continued support.

With warm regards,  
Drs. James L. Gyuricza and  
Melanie W. Hartman and Staff



**Burke Professional Center, 5212-B Lyngate Ct., Burke, VA 22015**



# John C. Cook

*Braddock District Supervisor*



## Braddock Neighbors:

One of my most important jobs as your County Supervisor is to keep you informed of county issues and important neighborhood events.

I send out a monthly newsletter, the Braddock Beacon, and periodic Cook Advisories updates. Sign up for our email newsletters and keep up with your community.

You can sign up for the newsletter by texting "COOKNEWS" to 22828, or by going to <http://bit.ly/13ssg1g>.

Every one of us has the exciting opportunity to shape our neighborhoods and make Fairfax County an even better place to work and live. That's why, here in Braddock, I continually encourage folks to become active participants in their community and their local government. So come on out, step up and become an involved Braddock District resident.

Remember, I am here to serve you. Please keep in touch and let me know what more I can do for you.

Visit us online at: [www.fairfaxcounty.gov/braddock](http://www.fairfaxcounty.gov/braddock)

## Connect:



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We are located at:  
Kings Park Library  
9002 Burke Lake Road  
Burke, Virginia 22015