

Annabelle Yarborough, 2, discovers her love of 80s music at Rock the Block! in downtown Fairfax on Friday, Aug. 22.



NEWCOMERS 3 Community Guide

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News

FAIRFAX CONNECTION EDITOR KEMAL KURSPAHIC 703-778-9414 or south@connectionnewspapers.com



Oak View Elementary is off of Sideburn Road and includes kindergarten through sixth grade.

Fairfax Elementary Schools Prepare for New School Year

BY CAITLIN BARBIERI THE CONNECTION

s the beginning of the school year approaches and teachers return to their classrooms, principals and administrators are busy organizing and planning to ensure a successful start of the year.

At Little Run Elementary School in Fairfax, Principal Sharon Baumgarten is expecting a year similar to the previous one. "We have made no major changes to the school with the exception of a new student register," Baumgarten said. Adding no new teachers to school "everybody is pretty much the same," she said. The only change that Little Run will be experiencing this year is the end of half day Mondays, which had previously been tradition for all Fairfax County Elementary schools. This countywide change will uniform the week for elementary schools. "The new schedule will allow for teachers to engage students in more active learning, project learning, and more time for social studies and science," Baumgarten said.

Additionally, Principal Baumgarten is looking forward to the beginning of the school year. The school's Parent Teacher Association (PTA) is planning some events for the beginning of the school year including the annual 5k around the neighborhood.

Located directly across the street from Robinson Secondary School, Oak View Elementary is eagerly awaiting the new school year. Similar to Little Run Elementary, the only major change this school year is the addition of the full day Mondays. "We now have a uniform master schedule," said Assistant Principal Ann Billingsley, "It's a wonderful change." The www.ConnectionNewspapers.com



Little Run Elementary, home of the Roadrunners is located on Olley Lane.

extended Mondays will allow for children to have more time in physical education, music, art and technology classes and also allow for them to learn more in the classroom. Billingsley is expecting "success for all" this upcoming school year with the full day Mondays. The school is focused on relationships this year and follows the motto, "Fairfax County cares."

"We have a wonderful hard-working staff with all hands on deck," Billingsley said.



Norma Heck (center) was recognized by the Board of Supervisors on July 29 for her service to the commu-

being the 2014 Braddock District Citizen of the Year. Honored by Supervisors

Resolution honors Braddock Resident Norma Heck for years of community service.

nity. She is pictured here receiving an award for

By Janelle Germanos The Connection

orma Heck, who has been an owner of a home in North Springfield since 1956, was recognized last week by the Board of Supervisors for her service and dedication to the community.

The resolution, brought forward by Supervisor John Cook (R- Braddock District) and Chairman Sharon Bulova, stated that Norma Heck "embodies the spirit of community and volunteerism."

Heck has been a member of the North Springfield Civic Association since 1956, and has served as president of the association for many of those years. She was the 2002 Lady Fairfax for the Braddock District, and is a longtime member of the North Springfield Gardening Club.

"Norma is everything I look for in a community leader. She has a great handle on the community as a long time realtor. You always know when Norma's in the room, in a good way. She has embodied the North Springfield community and the civic association for decades," Cook said. "No person in the Braddock District who has had more of an imprint ing in Fairfax County. I thank in the community over decades my community for giving me like Norma has."

through the years, including the Heck said. "I just can't say installation of traffic signals, thank you enough."

community beautification, and establishing a buffer zone between the Washington Post plant and residences in North Springfield.

"If you could have a poster child for what you would want in a community leader, you would have Norma's face on the poster," Cook said.

Heck has been on top of the demographic changes that have occurred in North Springfield, and has fostered a sense of community, Cook said.

"Norma has made it her businesses and her communities business to know what's happening all around her community and all around Central Springfield," said Supervisor Jeff McKay (D-Lee District). "Not a lot of people do that."

Heck was hailed at the meeting as a "constant in the community," and applauded for caring about issues throughout the county. "I've known Norma since the Braddock District wasn't the Braddock District, but the Annandale District. Norma really has been a constant and a rock in the community for many years," Bulova said. Heck said it's been great being part of watching North Springfield grow, and has loved every moment of it.

"It's been a wonderful life livthe opportunity to serve and to Heck led many efforts meet such wonderful people,"

News



Eighties tribute band The Breakfast Club performs at Rock the Block! in downtown Fairfax on Friday, Aug. 22.



From left, Nicolas, 3; Valencia, 8; Elizabeth, and Isabella Rodriguez, 9; check out Rock the Block in downtown Fairfax on Friday, Aug. 22.

Rock the Block! Celebrates Summer's Last Hurrah

By Abigail Constantino The Connection

he City Fairfax held another Rock the Block! on Friday, Aug. 22. This is the second installment of the inaugural event, which started this year on July 25. The free outdoor concert series took place on University Drive between North and Main streets.

The Breakfast Club, a 1980s tribute band from Georgia, played popular songs from the decade starting with Kenny Loggins' "Footloose" and ending with Journey's "Don't Stop Believing."

Emcee Jarrod Wronski called out to the crowd's children of the 80s and said that they were about to be entertained with the best music of all time. To their kids, however, Wronski warned them that they would be hearing oldies tonight.

Events Coordinator for the city of Fairfax Mitzi Taylor said that Rock the Block! is a way of bringing people into the downtown area. "People come down here to eat and enjoy," she said. It also brings free entertainment to the public.

Refreshments were available for purchase from Red Hot & Blue's food truck and The Old Firestation #3, which set up tables on the street.

At the parking lot adjacent to The Old Firestation #3, lawn games were set up for children to play, while attending the concert.

At the end of the performance, prizes were awarded to best photograph and tweet about the event, which were tagged #TGIFairfax.

Clayton Smith won the best quote with "How can you not have fun at Rock the Block!" tweeted by his mother.

The event concluded with the crowd singing "Happy Birthday" to Sadie Drummond, who turned 13 that night.

The next Rock the Block! in downtown Fairfax will be on Sept. 26, featuring Leggz.



From left, Grace Cooke, 9; Ann Thompson, 8; and Bob Thompson, 12; of Fairfax play an oversized game of Jenga at Rock the Block! on Friday, Aug. 22.



Children play Cornhole, Jenga and Connect Four at Rock the Block!, an outdoor concert series organized by the city of Fairfax on Friday, Aug. 22.

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CJ Wallington, of Fairfax, dances to The Breakfast Club's rendition of Kenny Loggins' 'Footloose' at Rock the Block! in Fairfax on Friday, Aug. 22.

Week in Fairfax

Cycle Fest Set for Sept. 14

The community is invited to the 5th Annual Northern Virginia Cycle Fest ride on Sunday, Sept. 14.

Cycle Fest benefits the Wounded Warrior Project and Washington Area Bicyclist Association (WABA). The ride is open to all experienced riders who are comfortable riding on roads with traffic - with a suggested minimum age of 12.

With four ride options (11 miles, 30 miles, 50 miles and 62 miles) the ride enjoys the

fall temperatures and scenery through the hills of Northern Virginia. All rides begin at the Jewish Community Center of Northern Virginia (8900 Little River Turnpike) in Fairfax, at 7:30 a.m.

Registration begins at 7 a.m. All ride options are supported with rest stops, SAG vehicle support, mechanical support, merchant sponsorship and light refreshments. The ride is hosted by the JCCNV and its sponsors.

For registration information, visit www.active.com or email Paula.Cole@jccnv.org. Call 703-323-0880 or visit www.jccnv.org for details.

Leadership Fairfax Opens Nominations to Honor Community Leaders

Leadership Fairfax (LFI) has announced that nominations are open for the 18th annual Northern Virginia Leadership Awards (NVLA), celebrating the leaders who make a difference in our community.

LFI invites the community to nominate an individual or organization who exem-

plifies community-wide leadership, vision, innovation, courage, and inspiration. Four awards are presented to recognize Trustee Leadership; Non-Profit Leadership; Corporate Leadership; and Educational Leadership. The award recipients will be honored at the Northern Virginia Leadership Awards luncheon on Thursday, Nov. 6, 2014 at Waterford at Fair Oaks.

For a complete awards description, a link to the nomination form, and information on the November luncheon, visit the Leadership Fairfax website at www.leadershipfairfax.org/NVLA or Click SEE WEEK, PAGE 9



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Sports



Senior quarterback Patrick Riley and the Woodson offense are transitioning to new head coach Mike Dougherty's up-tempo spread scheme.

Woodson Football Trying To Get 'Back on the Map'

New head coach Dougherty brings uptempo spread offense.

By Jon Roetman The Connection

ike Dougherty was leaving the Stone wall Jackson football program after six seasons when someone asked the location of his next head-coaching

stop.

Woodson, Dougherty replied. The response: "Where's that?"

W.T. Woodson High School is located in Fairfax. The football program, however, is lost in a state of anonymity after four losing seasons. In 2009, the Cavaliers finished 11-2 and reached the Division 6 Northern Region championship game. Since then, Woodson has a record of 10-30 and has failed to win more than three games in a season.

Dougherty, who led Stonewall Jackson to the 6A North region semifinals in 2013, will attempt to turn Woodson football back into a winner.

"We're trying to get on the map," Dougherty said recently. "... We want to change the way that people view us and the way we view ourselves."

How do you change the culture of a football program?

"The key thing is getting them out of their comfort zone," Dougherty said. "We're gaining ground on that but we still have a long way to go."

OFFENSIVELY, Dougherty has eliminated comfort by installing an up-tempo spread attack. After operating out of the methodical wing-T in recent seasons, the Cavaliers are now hustling to the line of scrimmage in practice, trying to run three or four plays every minute.

The idea of a hurry-up offense appealed to players at first, Dougherty said, until they realized how much work was involved. The Cavaliers have bought in, however, and hope to evolve into a potent point-scor-6 ♦ Fairfax Connection ♦ August 28 - September 3, 2014

ing unit.

'It was a very tough transition because you hear 'up-tempo spread offense' and you're like, 'yeah, that's awesome," senior quarterback Patrick Riley said. "But once you get to running it live, you're like, 'this is quick."

Riley returns for his second season as Woodson's starting signal caller. Dougherty said Riley has a chance to thrive in the team's new offense.

"He's a leader in our offense," Dougherty said. "It's really designed around the quarterback being the statistical leader on every front. ... He's a competitor, he's smart and he has a real high football IQ."

Senior wide receiver Conor McLaughlin will be Riley's top target on the outside, while senior China Moon will be a factor at inside receiver. Senior receivers Will Cogan and Andrew Snodgrass, junior receiver Jack Caldwell and sophomore receiver/tight end Torin Shanahan will also figure into the passing game. Helping Riley with the ground game will be senior running back Brian Smiga.

"He's got great feet," Dougherty said, "and he runs really hard for small guy.'

Senior running back Jacob Oleyar and sophomore Alex Olson could also see some carries.

Along the offensive line, senior tackle Lion Nitschke is one of the Cavaliers' biggest players at 6 feet 6, 260 pounds. Junior guard Mike Fox and senior center Josh Kim will also be contributors.

DEFENSIVELY, Woodson will operate out of a base four-man front. Dougherty said the secondary is the strength of the unit, led by safeties McLaughlin and Moon, and cornerbacks Jack Caldwell, a junior, and Thomas Anderson, a senior.

Junior Chris Gardner and senior James Strasser are impact players along the defensive line, and junior middle linebacker Nolan Brahmey is the group's signal caller.

Woodson opens the 2014 season on the road against Oakton at 7:30 p.m. on Friday, Aug. 29. The Cavaliers' first home game is Sept. 5 against Robinson.

"We want to make it to the playoffs," Riley said. "... We want to get Woodson back on the map."



Isabel Obregon, left, and the Robinson field hockey team went undefeated and won Pool B during the two-day Under the Lights tournament on Monday and Tuesday at Lee High School.

Robinson Wins Pool B at UTL Tournament

he Robinson field hockey team went undefeated during the two-day Under the Lights tournament at Lee High School on Monday and Tuesday, capturing the Pool B championship.

On Monday, Robinson defeated West Springfield, 2-1, and South Lakes, 1-0. Both games were played on grass. On Tuesday, the Rams beat Stuart, 5-0, and Centreville, 3-0. Both games were played on turf.

"I think we started off rough because it was on grass and it was difficult," second-year Robinson head coach Lindsay Arnsmeyer said. "The adjustment back to turf was very helpful."

Robinson secured an undefeated record by shutting out Conference 5 opponent Centreville. Junior Charlotte Clark scored in the first half to give the Rams a 1-0 lead, and freshman Lisa Saffin added a pair of goals in the second half.

Saffin tied for the team lead with three goals during the tournament.

fully," Arnsmeyer said of Saffin. "She distributes [and] she's just an all-around strong player."

Junior Katie O'Loughlin also scored three goals during the tournament. Clark, a junior, scored two goals, and junior Georgia Boley, senior Alex Cole and junior Tamara Honeycutt each scored one.

Arnsmeyer said Saffin, O'Loughlin and seniors Addie Walsh and Isabel Obregon will be key contributors this season. Obregon transferred from Woodson.

"She's just very aggressive," Arnsmeyer said of Obregon, "and her hits are out of control sometimes - they're so good." Robinson (4-0) will host Yorktown at 4 p.m. on Thurs-

day, Aug. 28. "At first, I started off with a team that only won two games the previous season," said Arnsmeyer, a former Chantilly assistant who took over at Robinson in 2013. "... now we're really looking to be competitive."

"She controls the ball beauti-

— Jon Roetman



Senior captain Michelle Heinitz scored seven goals for the host Lee field hockey team during the twoday Under the Lights tournament on Monday and Tuesday. The Lancers finished runner-up in Pool A, winning three of four games while outscoring their opponents 17-2.

ENTERTAINMENT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/AUG. 28 - SATURDAY/OCT. 4

Wake Up Call. Epicure Café, 11104 Lee Highway, Fairfax. A new collection of contemporary art curated by The Bunnyman Bridge Collective. http://www.epicurecafe.org/

FRIDAY/AUG. 29

- **Genealogy Help Desk.** 2-3 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Bring your family history stumpers to the experts. 703-293-6227.
- Mr. Skip. 7 p.m. Old Town Plaza, 3950 Chain Bridge Road, Fairfax. Come watch next musical event in the Old Town Plaza Series. 703-352
- Braddock Nights Concert Series. 7:30-8:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield or Royal Lake Park, 5344 Gainsborough Drive, Fairfax. Listen to musical performances in the great outdoors. Visit www.fairfaxcounty.gov/parks/performances/ for location and schedule.

FRIDAY/AUG. 29 - THURSDAY/SEPT. 18

Experience Peru, 11 a.m. Fair Oaks Mall, I-66 at Route 50, Fairfax. Learn about Peru: its culture, natural beauty, music and more.

FRIDAY/AUG. 29-SUNDAY/AUG. 31

"Sounds and Shapes" by Hadrian Mendoza. Building W-8, Workhouse Arts Center, 9601 Ox Road, Lorton. The Workhouse Arts Center is proud to present our Featured Artists and Studio Exhibitions for the month of August. 703-584-2900 or www.workhousearts.org.

SATURDAY/AUG. 30-TUESDAY/SEPT. 2

Glass Unpolished: Explorations of Time, **Nature and Technology.** Workhouse Arts Center W-16 Vulcan Gallery, 9518 Workhouse Way, Lorton. Three artists from Virginia and Maryland use glass as a means to dig into the conceptual nature of discovery, time, fiction and experiment. 703-584-2900.

SATURDAY/AUG. 30-SUNDAY/SEPT. 7

4th Annual Workhouse Clay National. Workhouse Arts Center W-16 McGuire Woods Gallery, 9518 Workhouse Way, Lorton. This exhibition represents the depth and breadth of contemporary ceramic artworks being created throughout the country. 703-584-2900.

SATURDAY, AUG. 30

- Mount Vernon Nights: Chaise Lounge Band (Jazz/Lounge/Swing). 7-8 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. Chaise Lounge's album The Early Years takes the listener to the Sands hotel in Las Vegas, and the band will perform jazz and swing music. Picnic baskets, lawn chairs and blankets are welcome, but outside alcohol is not permitted.
- www.workhousearts.org. 703-584-2900.
 Neighborhood Plant Clinic. 10 a.m.-1 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Master Gardeners provide horticultural tips, information, techniques and advice to home gardeners. 703-293-6227.
- **Genealogy Help Desk.** 2-3 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Bring your family history stumpers to the experts. 703-293-6227. Campfire Saturdays. 7:30 p.m. Lake Accotink
- Park, 7500 Accotink Park Road, Springfield. Join Hidden Pond naturalists in exploring and learning about reptiles and amphibians, bats, nocturnal predators, flying squirrels, owls, stargazing and more. Admission: \$7 for residents; \$9 for non-residents. 703-569-3464.

MONDAY /SEPT. 1-FRIDAY/SEPT. 19

The Henkel Physicians: A Family's Life in **Letters.** Foley Forum, Northern Virginia Community College, Medical Education Campus, 6699 Springfield Center Drive, Springfield. The exhibit documents the daily lives of a family of physicians in Virginia's Shenandoah Valley during the 19th century, serving in their



Join in on the

family fun at the **Burke Centre Festi**val taking place Sept. 6 – 7 at the Conservancy **Grounds at Lynch** Farm, 6060 Burke **Centre Parkway.**

> View artwork by Javier Padilla and more at Epicure Café's latest exhibition, Wake Up Call, a new collection of contemporary artwork by local artists on display through Oct. 4.

community, on the battlefield and in the nation's courts of law. 703-822-6684.

WEDNESDAY/SEPT. 3-SUNDAY/SEPT. 7

Laura E. Bruce's "Up Close and Personal." Building W-5, Workhouse Arts Center, 9601 Ox Road, Lorton. The Workhouse Arts Center is proud to present our Featured Artists and Studio Exhibitions for the month of August. 703-584 2900 or www.workhousearts.org.

MONDAY/SEPT. 1

Labor Day Picnic. 10:20 a.m.- 4:30 p.m. St. Mary's Historic Church grounds, intersection of Route 123 and Fairfax Station Road, Fairfax Station. Mass, games, rides, rummage sale, crafts and food.º703-978-4141.

FRIDAY/SEPT. 5

- **Old Town Plaza Series Performance by Alte** Kameraden. 7 p.m. Old Town Plaza, 3955 Chain Bridge Road, Fairfay, Come out and en the shops and restaurants at Old Town Plaza, along with live music, weather permitting. www.oldtownplazafairfax.com
- Art Guild of Clifton First Friday Exhibit. 5 -8 p.m. Main Street, Clifton. Come out for an evening of exceptional art, fine wine, great food, and unique shopping. Free.

SATURDAY/SEPT. 6 - SUNDAY/SEPT. 7

- Burke Centre Festival. Saturday: 9:30 a.m. 5 p.m.; Sunday: 11 a.m. - 5 p.m. The Conservancy Grounds at Lynch Farm, 6060 Burke Centre Parkway, Burke.
- Two days of entertainment including lively dance and musical performances, an arts and crafts show, a variety of menu items available from numerous food vendors, pony rides, moonbounces, a 28' rock climbing wall. interactive wildlife and puppet shows, roving characters, an open air photo booth and games, and much more! Visit www.burkecentreweb.com for more information

SATURDAY/SEPT. 6-SUNDAY/SEPT. 28

Live Onstage: Alice in Wonderland, 1 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. Featuring songs based on the poetry from the original text, the Cheshire Cat, the Red Queen, the White Rabbit and the rest of the cast will be on hand as Alice adventures through Wonderland. Admissions: \$8-\$12 www.workhousearts.org. 703-584-2900.

SATURDAY/SEPT. 6-SUNDAY/SEPT. 7

Cabaret Series: Hot, Hot, Hot! Saturday at 8 p.m., Sunday at 1 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. Take a journey through Broadway's "red light district", featuring music

from Chicago, Cabaret, Sweet Charity and more. This performance is recommended for mature audiences due to some suggestive humor. Admissions: \$25-\$30. www.workhousearts.org. 703-584-2900.

SATURDAY/SEPT. 6

- Botanical Drawing. 10 a.m.-4 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Artist Caroline Hottenstein teaches shading and other techniques to render accurate and realistic plants. \$76. Register online using code 290 433 4401 at www.fairfaxcounty.gov/parks/ greenspring or call 703-642-5173.
- Workshop: Casting Leaves in Concrete. 9:30-11:30 a.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Horticulturalist Nancy Olney demonstrates casting and painting techniques and assists participants in making one to take home.°\$65. Register online atowww.fairfaxcounty.gov/parks/ greenspring^ousing codes 290 488 4301 and 290
- 488 4302 or call 703-642-5173.º Artist Book Signing. 12-2 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Artists from the newly published^o"American Botanical Paintings: Native Plants of the Mid Atlantic" will be signing books and talking. 703-642-5173.
- Workhouse Education Open House. 12 3 p.m. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. Learn about the different arts and talk to studio art educators. http:// workhouse.org Alice in Wonderland with the Fairfax
- Symphony Orchestra. 5:30 p.m. Angelika Film Center at Mosaic, 2911 District Avenue, Fairfax. Children's Concert featuring musical interludes between sections of the film as well as underscoring of the entire film with new arrangements of familiar children's songs including Three Blind Mice, Humpty Dumpty, Hickory Dickory Dock, Old MacDonald, Pop Goes the Weasel, I'm a Little Tea Pot, and more. Free fairfaxsymphony.org

SUNDAY/SEPT. 7

- Art Show Reception. 1-3 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Come to the Horticulture Center and Historic House to see the work of artists of the Springfield Art Guild. 703-642-5173.
- Cabaret Series: Hot, Hot, Hot! 1 p.m. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. Musical performance featuring music from Chicago, Cabaret, Sweet Charity and many more. \$25- \$30. http://workhousearts.org

TUESDAY/SEPT. 9

Downton Abbey Costumes at Winterthur **Getaway**. 7:15 a.m.-6:15 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Travel to Winterthur Gardens in Wilmington, Delaware to see the Downton Abbey costume exhibit. Trip includes motor coach, driver tip, entrance fees and tours. \$119. Register online at www.fairfaxcounty.gov/parks/ greenspring^ousing code 290 492 7801 or call 703-642-5173.

FRIDAY/SEPT. 12

Old Town Plaza Series Performance by Fairfax-McLean Brass & Drums. 7 p.m. Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Come out and enjoy the shops and restaurants at Old Town Plaza, along with live music, weather permitting. www.oldtownplazafairfax.com.

FRIDAY/SEPT.12-SUNDAY/OCT.19

Earth and Fire Ceramics Exhibition. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. An exhibition featuring the works of 35 leading ceramic artists from the nine nations: Indonesia, Malaysia, the Philippines, Singapore, Thailand, Laos, Vietnam, Cambodia and Myanmar. http://workhousearts.org

FRIDAY/SEPT. 12- SUNDAY/OCT. 12

Edgar Allan Poe's Nevermore. Friday and Saturday at 8 p.m., Sunday at 5 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. Take a musical journey into the heart and soul of Edgar Allan Poe, America's first truly visionary poet. Lyrics are adapted from Poe's writings. Admissions: \$15. www.workhousearts.org. 703-584-2900.

SATURDAY/SEPT.13-SATURDAY/OCT.25 40 Years of Potomac Valley Watercolorists

Public Opening Reception. 7-9 p.m. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. This exhibit of 100 watercolor painting celebrates the 40 year anniversary of the Potomac Valley Watercolorists. http:// workhousearts.org

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www.ConnectionNewspapers.com

OPINION Back to School: Good Steps, Good Intentions

County is Tuesday, Sept. 2, but Monday, Sept. 8 is the beginning of something important.

For the first time in decades, elementary school students will have a full day of school on Mondays instead of being sent home hours early. This action makes so much sense

in for families with children in elemen-Editorial tary school. The ability of Superintendent Karen Garza to facilitate this change to go into effect right away is remarkable, and we hope a promise for more changes

ahead. Earlier this week, the American Academy of Pediatrics issued a policy statement calling for later start times - not earlier than 8:30 a.m. for high school and middle school students. It's would have you believe that it can't be done. It's time to make that change in Fairfax County.

The science is undisputed. From the abstract: "A substantial body of research has now demonstrated that delaying school start times is an effective countermeasure to chronic sleep loss and has a wide range of potential

benefits to students with regard to physical and mental health, safety, and academic achievement. The American Academy of Pediatrics strongly supports the efforts of school districts to optimize sleep in students and urges high schools and middle schools to aim for start times that allow students the opportunity to achieve optimal levels of sleep (8.5-9.5 hours) and to improve

physical (eg, reduced obesity risk) and mental

he first day of school in Fairfax not impossible although some school systems (eg, lower rates of depression) health, safety (eg, drowsy driving crashes), academic performance, and quality of life.'

> You can read the report here: http:// pediatrics.aappublications.org/content/early/ 2014/08/19/peds.2014-1697.full.pdf

> Back to school nights begin this week and run into October. For parents and students, there is no more important event that to turn up at Back to School Nights for your children, introduce yourself to teachers and open the lines of communication. Here is a link to a daunting list of Back to School Nights in Fairfax County:

> http://www.fcps.edu/news/backtoschool/ bts-chonological.shtml

> > — Mary Kimm, MKIMM@CONNECTIONNEWSPAPERS.COM

Help Students Prepare for a Healthy School Year

By John C. Cook Supervisor (R-Braddock Dis-TRICT)

s the summer draws to a close and parents look ahead to the school year, the change in daily routine offers an opportunity to change our routine meals. Setting our students and families up for success can come in many forms. Eating better meals and more frequently as families are just two ways we as parents can help our students excel.

Eating dinner as a family can have an enormous impact on the health of kids. The National Center on Addiction and Substance Abuse at Columbia University found that "teens who have dinner with their families at least five

LETTERS TO THE EDITOR

Facing Homelessness

To the Editor:

piece his In opinion ("Homelessness: Source of Trauma for Children," Connectionm August 13-19, 2014), Dean Klein, the Director of Fairfax County's Office to Prevent and End Homelessness, clearly enumerated the reality for hundreds of homeless families and their children in the County. While most of them are working, these families do not earn enough income for them to access affordable housing. According to a study completed by George Mason University in 2012, nearly half the households earning less than \$40,000 in annual income in the Mount Vernon and Woodlawn communities have or behavioral problems that inter-

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COMMENTARY



times per week are almost one and a half times less likely to report high levels of stress" than teens

trouble finding or maintaining housing for their families.

At Good Shepherd Housing & Family Services, a 40-year-old homeless services and affordable housing provider serving the Mount Vernon community, we have seen many such families struggling to access affordable housing. They are living on the brink of homelessness - or are, in fact, experiencing a spell of homelessness. Last year we helped nearly 120 of these families in our area to find permanent affordable housing.

As Dean Klein noted, the consequences of homelessness do not end quickly. Especially when children are involved and have suffered the trauma of homelessness, the effects may be lifelong. Moreover, they suffer from emotional

fere with learning at almost three times the rate of other children. Children should never have to wonder where they'll be sleeping on any given night. In our County some 700 children do wonder.

who don't. Teens that eat frequent

family meals are also more likely

to have better relationships with

their parents and eat healthier

meals. August is Family Meals

Month, so there is no better time

to make gathering around the

Fairfax County Public Schools

has already taken steps to im-

prove the nutrition in school

meals. Over the next three years,

FCPS will implement fruit and

vegetable bars in all middle and

high schools, and eliminate addi-

tional artificial additives, dyes,

and preservatives. The schools

will also implement a local pur-

chase preference policy to bring

fresher produce to students.

These are good first steps. Hope-

fully, more will follow. As a par-

ent, I am concerned about the

quality of school meals and, more

kitchen table a priority.

Here at Good Shepherd Housing, we work hard to ameliorate the problems these homeless children face. We ensure that formerly homeless children in our housing programs do not miss out on educational, social and recreational activities simply because their families have low-incomes.

Because of generously donated funds, we provide these children with school supplies and new winter coats and pay for their after school activities and summer camps.

At Good Shepherd Housing we are doing all we can to provide our to the point, I know that no meal is a good one if kids won't eat it. The Real Food For Kids organi-

zation has been a leader in finding collaborative ways to increase the quantities of healthy foods in Fairfax County Public Schools and supporting programs that educate students and their families on making healthier lifestyle choices. Real Food For Kids Executive Director, JoAnne Hammermaster said, "School food is an incredibly important determinant to children's health outcomes as well as their academic success, behavior and well-being in and out of school."

This school year let's take small steps that can mean big successes for our kids. Better food and more time eating as family will help put our students on the path to a healthy, happy school year.

community's working poor with a fresh start toward stable housing and a better life.

> **David Levine** Executive Director Good Shepherd Housing

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to: Letters to the Editor The Connection

1606 King St. Alexandria VA 22314 Call: 703-917-6444. By e-mail: south@connectionnewspapers.com

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Week in Fairfax

From Page 5

Here. Nominations are due by 4 p.m. on Sept. 15.

Farmers Market On Thursdays

Each Thursday, from 3-7 p.m., the Fairfax County Government Center hosts a farmers market in its parking lot. The Government Center is at 12000 Government Center Pkwy. in Fair Oaks, and the next markets are slated for Aug. 28 and Sept. 4.

Del. Filler-Corn to Hold Office Hours

Del. Eileen Filler-Corn (D-41st District) -Burke, Fairfax, Fairfax Station, Springfield — will hold August office hours at the newly opened Peets (8938 Burke Lake Rd., Springfield) from 10 – 11:30 a.m. on Saturday, Aug. 30. No appointment necessary. Please drop by.

City Council Meets Sept. 2

The Fairfax City Council will hold a work session Tuesday, Sept. 2, at 7 p.m., at City Hall, 10455 Armstrong St. in Fairfax. After that, the next meeting of the Council will be Tuesday, Sept. 9, at 7 p.m.

Fairfax City Farmers Markets

Two farmers markets are open for the season in the City of Fairfax. They'll run through Nov. 1 at the corner of West and Main streets. The Downtown Fairfax Coalition Community Market is held Saturdays, from 8 a.m.-1 p.m. The Sunday Farmers Market will run from 10 a.m.-2 p.m. For more information, call 703-642-0128.

Citizens Police Academy

People interested in law enforcement and who'd like to learn about the Fairfax County Police Department and meet many of those who serve in it may now do so. They may apply to join the Sept. 11-Nov. 15 session of the Citizens Police Academy. It's a free, 10-week program put on by the Police Department and is open to people who live or work in this county.

Participants complete some 40 hours of learning to gain a better understanding of and appreciation for police via a combination of lectures, tours and hands-on activities. Topics covered include the 911 Call Center, patrol, traffic stops, Adult Detention Center, gangs, financial crimes and SWAT team. To apply, go to http:// www.fairfaxcounty.gov/police/services/citizens-police-academy.htm or email CPA@fairfaxcounty.gov.



Burke Basketball's 2014 Winter Basketball Season Registration begins September 1st



Register at: WWW.BURKEBASKETBALL.ORG

Burke Basketball was formed in 1992 and has served the Burke community in providing the opportunity to learn and play basketball for children of all ages.

Over the past 22 years, thousands of dedicated volunteers have contributed to the ongoing success of our organization. Burke Basketball remains one of the premiere basketball organizations in the area. Our success is based on the boys and girls that make up our league. We provide your children with the ability to learn the game of basketball and establish friendships and memories that will last a lifetime. Start your season today, register on line at burkebasketball.org.

Visit our Web site for more information and to register today.



Publishing Dates Burke Basketball's 2014 Winter Basketball Season Registration begins September 1st

Register at: www.burkebasketball.org



Special Connections Calendar

Advertising Deadlines are the previous Thursday unless noted.

SEPTEMBER	Publishing Dates
HomeLifeStyle	9/10/14
A+ Camps & Schools	9/17/14
Fall Fun & Arts Preview	9/24/14
OCTOBER	
Wellbeing	10/1/14
HomeLifeStyle PULLOUT:	

Deadline is 9/25/14	
A+ Camps & Schools	10/15/14
Election Preview I	10/22/14
Election Preview II	10/29/14

NOVEMBER

4	Election Day is Tuesday,
7	November 4.
	Wellbeing 11/5/14

5	
Holiday Entertainment &	
Gift Guide I11/	19/14
A+11/2	25/14
Thanksgiving is November 27.	
DECEMBER	
Wellbeing12	2/3/14
HomeLifeStyle: Home for the	

HomeLifeStyle.....11/12/14

Holidays 12/10/14		
Hanukkah begins December 16.		
Holiday Entertainment &		
Gift Guide II12/16/14		
A+ Camps & Schools12/16/14		
CHILDREN'S CONNECTION12/24/14		

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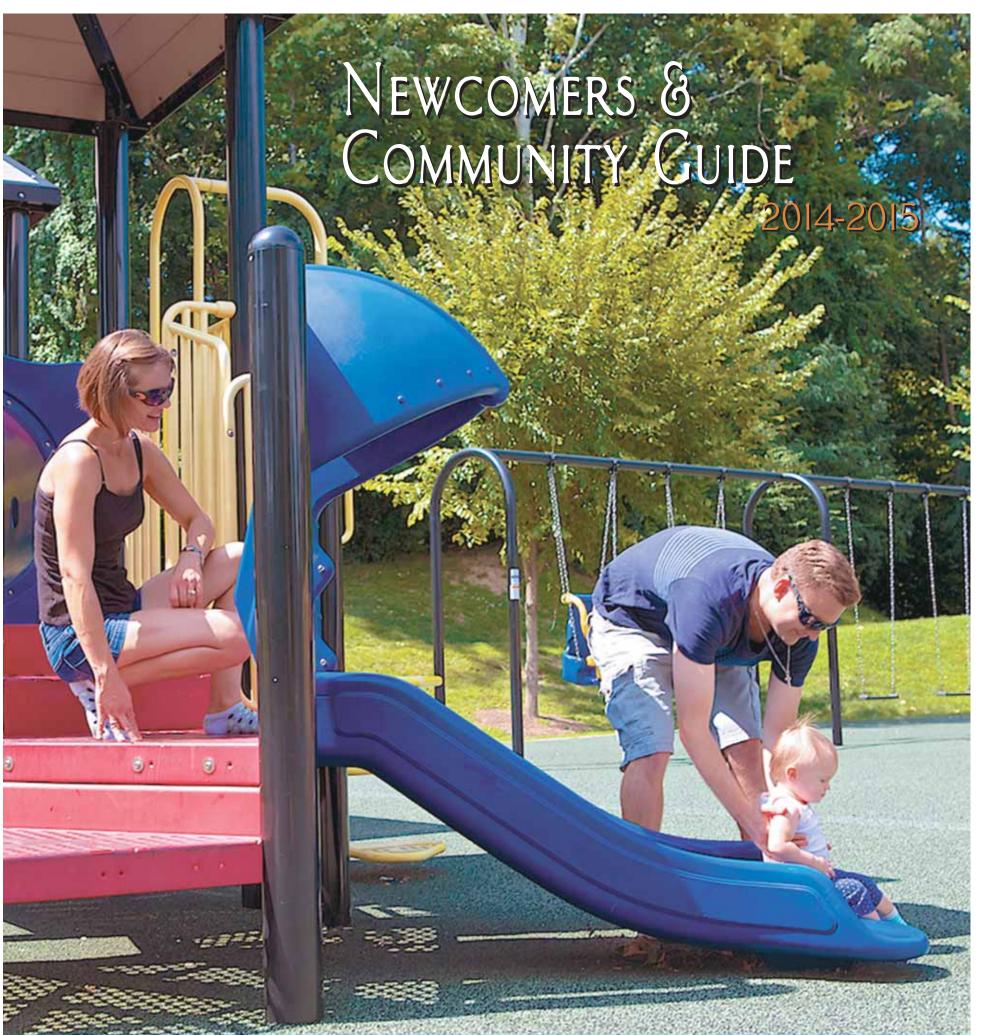
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Rob and Angela Storms Stafford, of Alexandria, brought daughter Aurora to play in the park. Her grandfather originally owned the land that the City of Fairfax turned into a park.

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Newcomers & Community Guide Welcome to Fairfax County

By Sharon Bulova/Chairman Fairfax County Board of Supervisors

elcome to Fairfax County, the best place in the country to live, work and play. Fairfax County is home to a fantastic public school system, top tier business and shopping opportunities, compassionate human services, and some of the best parks and open spaces in the D.C. Metropolitan region. This summer featured the long-awaited opening of the WMATA Silver Line, which connects the Reston and the Tysons areas of the county to the entire Metrorail system.

Last June, I cut the ribbon to open a new segment of our Fairfax County Cross County Trail, named after former Chairman (now congressman) Gerry Connolly. It was his vision, while serving on our board, to build and connect trail sections to make it possible for someone to hike through all nine county magisterial districts. The northern end of the trail begins in Great Falls National Park at the breathtaking Potomac River and travels south to the historic Occoquan River.

The trail passes through stream valleys and meadows, then winds through fascinating Laurel Hill, site of the former Lorton Prison. In addition to parkland and a golf course, these grounds are now home to the Workhouse Arts Center where visitors can watch artists in action and enjoy plays, performances and community events such as



Thumbs up for Silver Line: The long-awaited opening of the WMATA Silver Line, which connects the Reston and the Tysons areas of the county to the Metrorail system.

Springfest every April.

Fairfax County has something for everyone. Northern Virginia Community College offers more than 160 degrees at the associate's level and numerous certificate programs. Its partnership with George Mason University provides families and stu-

dents with a seamless, cost-effective path to a four-year degree.

George Mason University, recently named one of the top five "Up-and-Coming Universities" by U.S. News and World Report, is also recognized as one of America's Best College Buys by Forbes magazine. Under the presidency of Dr. Angel Cabrera, Mason is fast taking its place as a university for the world.

Fairfax County is known for its businessfriendly climate. Time Magazine has described us as "the epicenter of the Washington region's job boom" and "one of the great economic success stories of our time." Although home to eight Fortune 500 company headquarters (corporate giants such as Northrop Grumman and Booz Allen Hamilton) about 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees. We are a great location for startups.

Of course, Fairfax County's greatest asset is a population that is welcoming and engaged. People from all over the globe have made Fairfax County their home, enriching our community with diverse cultures and entrepreneurship. Visit Fairfax County's website at www.fairfaxcounty.gov to learn more about what Fairfax has to offer.

As chairman of the Board of Supervisors, I am elected at-large by all registered voters. My office is here to serve you. If you have any questions or concerns, please email me at chairman@fairfaxcounty.gov or call me at 703-324-2321. I hope you will sign up to receive my monthly Bulova Byline newsletter that will keep you up-to-date on what is happening and how you can participate in all that Fairfax County has to offer you and your family.

Thanks for making Fairfax County your home.

A County of 186,785 Students

By Karen K. Garza Superintendent of Fairfax County Public Schools

elcome to the 2014-15 school year. The start of a new school year is always an exciting time for students, parents, and educators. Our dedicated staff has been working hard to prepare for another school year that builds on our tradition of excellence at Fairfax County Public Schools (FCPS). Fairfax is a community that embraces its newest residents and the cultural diversity that makes our county such a desirable place to be. For many families and businesses, the decision to relocate to a new area is often dependent on the quality of the local public schools. FCPS has a well-deserved national reputation for excellence.

As we enter a new school year, we are projecting an enrollment of 186,785 making FCPS the nation's 10th largest school district. Fairfax County high schools are among the most academically rigorous in the U.S. and are cited every year as among the top high schools in the country. Our classrooms are led by teachers who inspire, motivate, and prepare students with the knowledge and skills they will need for the future. Our dedicated teachers promote the success of every student and create a caring learning environment where every

student is valued and recognized as an active learner.

Working closely with our school board, parents, teachers, and community stakeholders, we have made a number of positive and exciting changes for our system during my first year as superintendent. We developed the FCPS Portrait of a Graduate that will serve as a foundation on which to build a long-range strategic plan for the school system and will lessen the focus on standardized, high-stakes testing and place greater emphasis on engaged students, project-based learning, and authentic assessments of student learning. The Portrait of a Graduate will ensure that our students are collaborators, communicators, creative and critical thinkers, global citizens, and goal-directed and resilient individuals when they leave FCPS.

Other significant changes that we have



Vincent Michael Sica proceeds to the stage platform after being named the 2014 Lake Braddock Faculty Award recipient for academic excellence, community service, extra-curricular activities, good citizenship and leadership.

made include:

The launch of full-day Mondays for all elementary students. The change will increase instructional time for students and dedicated planning time for teachers. The change to full day Mondays received overwhelming support in our community and will benefit students, teachers, and our families.

A new standard school calendar that eliminates the need to make up inclement weather days at the end of the school year if fewer than 13 days are missed while providing two full weeks for winter break.

The new Bailey's Upper Elementary School for the Arts and Sciences. A first of its kind for Fairfax County, this new school is being converted from a fivestory office building at 6245 Leesburg Pike to provide enrollment relief for the overcrowded Bailey's Elementary School for the Arts and Sciences. The new campus will house grades 3-5, while the existing campus will house preschool to grade 2.

A new CrisisLink text messaging tool for students and parents needing mental health support and resources. Crisis line staff respond to the text messages 24 hours a day. The text number is 703-997-5444.

The future remains very bright for FCPS families, students, and employees. I look forward to welcoming your children to our schools on Sept. 2 and making this year an exciting and rewarding year for all of our students.

Newcomers & Community Guide About the Connection

s your local, weekly newspaper, the Connection's mission is to deliver the local news you need, to try to make sense of what is happening in your community, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we've included an expanded and updated version of our award-winning Insider's Guide to the Parks, plus details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail or call us, contact us on Facebook or send us a tweet. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo. We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

Your community Connection newspaper is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

The Connection Newspapers have won hundreds of press awards in just the past few years, including the Virginia Press Association Award for Journalistic Integrity and Community Service, Best in Show for our Insiders Guide to the Parks, first place for our community guides, plus awards in news, art, business, special projects, sports, entertainment, design, photography and much more. We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. We continue to publish 15 distinct papers every week that serve their communities in distinct ways. We welcome contributing writers, with the caveat that our freelance pay is nominal; if you are interested in covering news or events in your community, email

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FOR MORE INFORMATION, call 703-778-9431 or email SALES@CONNECTIONNEWSPAPERS.COM

Fairfax County's Success Story

Economic success: 50 years in the making.

By Gerald L. Gordon, Ph.D.

f you are a newcomer to Fairfax County, allow me to welcome you to one of the most dynamic communities anywhere in the world to live and work. It was the vision of many people to create this kind of community, so please allow me to offer a quick historv lesson.

The Capital Beltway was completed in 1964. The same year the iconic highway opened, the Virginia General Assembly passed a law that cre-

ated what is now called the Fairfax County Economic Development Authority. In the

diversified business community and local economy transformed a sleepy bedroom community in the shadow of the

nation's capital into what Time magazine has called "one of the great economic success stories of our time."

How much of a success story? Fairfax County was home to no

COMMENTARY

Gerald Gordon. Fortune 500 companies in 1964, and today 10 of those busi-

nesses are based here. That's more than 30 states. Today more than 400 foreign-owned businesses

have a presence here, as do four last 50 years, creation and growth of a companies on Black Enterprise magazine's list of the 100 largest African Americanowned companies, three companies on HispanicBusiness.com's list of the 100 larg-

est Hispanic-owned companies, and top companies that are Asian-, woman- and veteran-owned.

Today Fairfax County is the second-largest suburban office market in the United States.

Almost no matter where you live, you can see how the county continues to evolve as a business location. The first phase of Metro's Silver Line rail service further enhances the attractiveness of Tysons Corner and Reston, while the second phase will link Herndon and Washington Dulles International Airport to the rest of the Washington region in 2018.

Southeastern Fairfax County (Springfield Lorton and the Richmond Highway corridor) are becoming important office centers thanks to growth at Fort Belvoir. The Mosaic District in Merrifield is a popular destination, and the Springfield Town Center

opening this fall promises to be a magnet for that area.

As I suggested earlier, this evolution of Fairfax County has been no accident. It has been a strategy driven by a consistent vision: A strong and consistent economic development program that attracts companies and helps them stay and grow here creates job opportunities, builds a strong commercial tax base that holds down residential taxes, and allows the Board of Supervisors to provide high-quality public services that enhance the quality of life here.

Yes, Fairfax County has changed tremendously since 1964. But, even with all the progress that has happened, we believe even better times lay ahead.

Gerald L. Gordon, Ph.D., is president and CEO of the Fairfax County Economic Development Authority.

Nonprofits

FACETS

FACETS helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area. FACETS is always in need of volunteers, and offers a variety of one-time and ongoing opportunities, including a monthly Youth Volunteer Night. 703-865-4251 or http://facetscares.org/.

Food for Others

The non-profit provides a safety net for people who suddenly face unforeseen emergencies such as a family illness or the loss of a job or a spouse. 703-207-9173 or www.foodforothers.com.

Our Daily Bread

The Holiday Program helps those in need with food for the holidays and gifts for their children, making last year's holiday season brighter for approximately 3,000 families.

For more information on their holiday programs, including how to sponsor a family, go to www.odbfairfax.com/holiday.

Office to End and Prevent Homelessness (OPEH)

OPEH supports the Fairfax-Falls Church Community Partnership to Prevent and End Homelessness which engages nonprofits, businesses, faith-based communities and county agencies in its efforts to implement the 10-Year plan, which focuses on rapid re-housing and prevention by increasing the availability of permanent affordable housing. www.ziphomelessness.com

GIVE

GIVE (Growth and Inspiration through Volunteering and Education) is a non-profit organization founded and operated by high school students, which works towards promoting leadership of youth through volunteering time for a free tutoring program for children.

Last year, GIVE ran 11 centers in both libraries and community centers, and is looking forward to expanding further this year with more support.

The GIVE center at Richard Byrd Library, which has served over 1,000 students, has over 100 students and 60 tutors that meet every Saturday from 1-3 p.m. www.giveyouth.org.

See Nonprofits, Page G www.ConnectionNewspapers.com

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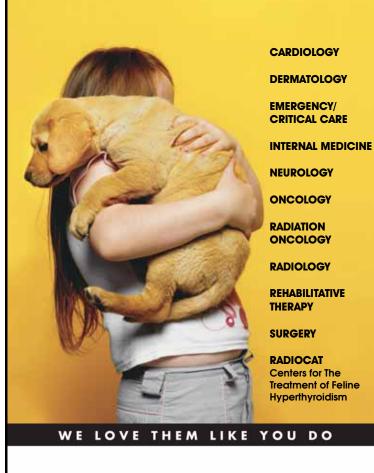
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MACCOTINK UNITARIAN UNIVERSALIST CHURCH www.accotinkuuc.org in Burke, Va.

Nonprofits

FROM PAGE 5 Ecumenical Community Helping Others (ECHO)

Open to receive donations at 7205 Old Keene Mill Road, Springfield. Provides food and financial assistance to those in short-term emergencies, and provides clothing and household goods to low income families. ECHO is constantly seeking donations and volunteers. 703-569-9160 or www.echo-inc.org.

South County Cares

South County Church congregation members and south county area community members work together on local and international projects like National Night Out, Operation Christmas Child, and local and international aid efforts. www.southcountycares.org.

Jubilee Christian Center "A Caring & spirit-Filled Church" Worship Gathering – Sunday 8:45, 11 am & 6 pm 🗲 Sunday School 10:10 am ★ Alternative Traditional Worship offered during 11 am Worship ★ "Beyond the Limits" Youth - Sunday 6 pm - Pastor John Dingle Family Night for all ages, Wed. 7:15 pm Children's Ministries and Nursery at All Services Prayer Services, Home Life Groups & Sports Ministry Discipleship – Mike Colón, Sr. Associate Pastor & College/Young Adult Ministry Visit our website: www.jccag.org Check out www.WeAreThePeople.me to pray with us for America 4650 Shirley Gate Road, Fairfax Bill Frasnelli, LEAD PASTOR, 703-383-1170 "Experience the Difference"



This September, Immanuel Bible Church celebrates 50 years in our community. Come visit and be a part of our future!

Sunday Worship Services at 8, 9:30 And 11AM

Immanuel Bible Church At the Corner of Braddock and Backlick Roads Springfield, VA 703.941.4124 www.immanuelbible.net — Chambers -

Fairfax County Chamber of Commerce

The chamber facilitates industry-focused councils, thought leadership groups, community partnerships and many other opportunities for its more than 600 member companies to expand their networks and raise their profiles in the highly competitive Northern Virginia market. www.fairfaxchamber.org/ or 703-479-9075.-0

Greater Springfield Chamber

The Chamber works with businesses within and those with ties to the Springfield community. www.springfieldchamber.org/.

Central Fairfax Chamber of Commerce

The chamber provides information and programs to businesses throughout Fairfax and was previously known as the City of Fairfax Chamber of Commerce. www.cfcc.org/.

South Fairfax Chamber of Commerce

SFCC is the first chamber of commerce exclusively for businesses, nonprofit organizations, and individuals with interests in the southern part of Fairfax County. SFCC is bringing together diverse business and civic leaders in Lorton, Laurel Hill, Newington, Ft. Belvoir, South Springfield, Burke, Fairfax Station and Clifton to become part of a new voice in the South Fairfax region, one of the fastest growing business communities in Northern Virginia. www.southfairfaxchamber.org.

Hispanic Chamber of Commerce of Northern Virginia

Located in Herndon, the organization serves businesses lead by and those that work with the Hispanic community in the area. www.hccnva.org/.

Small Business Development Center

The SBDC helps aspiring entrepreneurs start new businesses and helps existing businesses to remain competitive in the economy. www.asbdc-us.org/.

6 ♦ Fairfax Connection ♦ Newconers & Community Guide 2014-15

Newcomers Guide

FAIRFAX DEMOGRAPHICS

Fairfax

Zip code: 22030 Population: 55,066 Race: White-35,095 (63.7%), Black/African American-4,244 (7.7%), American Indian and Alaska Native-197 (0.4%), Asian-10,880 (19.8%), Hispanic or Latino (of any race)-6,546 (11.9%) Total housing units: 19,322 **Owner-occupied housing units:** 11,610 (62.6%) Households with individuals under 18 years: 6,041 (32.5%) Households with individuals 65 and over: 3,449 (18.6%)Median household income: 101,356 Mean family income: 145,835 Population 5 years and over who speaks a language other than English at home: 35.3% Zip code: 22031 Population: 29,795 Race: White-17,144 (57.5%), Black/African American-1,842 (6.2%), American Indian and Alaska Native-130 (0.4%), Asian-8,239 (27.7%), Hispanic or Latino (of any race)-3,948 (13.3%) Total housing units: 12,364 **Owner-occupied housing units:** 6,155 (53.4%) Households with individuals under 18 years: 3,507 (30.4%) Households with individuals 65 and over: 2,281 (19.8%)Median household income: 106,119 Mean family income: 143,269 Population 5 years and over who speaks a language other than English at home: 42.7% **Zip code:** 22032 **Population: 29,377** Race: White-20,983 (71.4%), Black/African American-1,287 (4.4%), American Indian and Alaska Native-49 (0.2%), Asian-5,296 (18%), Hispanic or Latino (of any race)-2,657 (9%) Total housing units: 10,005 **Owner-occupied housing units:** 8,610 Households with individuals under 18 years: 3,864 (39.4%)Households with individuals 65 years and over: 2,598 (26.5%) Median household income: 127,784 Mean family income: 157,919 Population 5 years and over who speaks a lan-

guage other than English at home: 30.2% Source: U.S. Census 2010; American Community Survey 2012

BURKE DEMOGRAPHICS

Burke

Zip code: 22015

Population: 43,102

Race: White-29,315 (68%), Black/African American-2,515 (5.8%), American Indian and Alaska Native-101 (0.2%), Asian-7,589 (17.6%), Hispanic or Latino (of any race)-5,989 (13.9%)

Total housing units: 15,039 **Owner-occupied housing units:** 12,262 (82.7%) Households with individuals under 18 years: 5,906 Households with individuals 65 years and over: 2,983

Median household income: 121,508 Mean family income: 146,790 Population 5 years and over who speaks a lan-

guage other than English at home: 33.9% Source: U.S. Census 2010; American Community Survey

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2012

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www.HomeCareAssistance.com



Artist's rendition of the Old Town Square plaza in downtown Fairfax.



Diagram of the Old Town Square site plan.

What's on the Horizon for the City of Fairfax

By Bonnie Hobbs The Connection

n the horizon for local resi dents are some mixed-use projects, school-boundary changes, potential traffic shifts and the reopening of a historic and much-loved eating place.

Old Town Square

The highly anticipated, \$4 million, Old Town Square project is now underway in the City of Fairfax on the block bounded by Main Street, University Drive, North Street and Old Lee Highway. It's seen as something that'll attract customers to the downtown businesses and provide a gathering place for friends and family to meet, as well as a site to hold special events.

The project includes two parking lots with permeable, brick-paver parking; ADA-compliant, brick, pedestrian walkways; a twotiered plaza; storage sheds with a connecting pergola; an interactive water feature and a cascade water feature; a memorial garden area; preservation and enhancement of the existing Kitty-Pozer Garden; landscaping; lighting; and utility-infrastructure improvements.

In addition, a 90-foot, pedestrian safety barrier will be built along the north face of the Auld Shebeen restaurant where the sidewalk grade is lower than the adjacent North Street travel lanes. And the gravel Amoco parking lot at Main/East streets is being paved for better public parking. The pedestrian barrier costs about \$230,000, and the parking-lot resurfacing, about \$65,000. The remaining \$3.7 million is for the park.

Revamped 29 Diner Reopening

A Fairfax icon and beloved, local hangout is reopening. Since 1947, the 29 Diner on Lee Highway in Fairfax attracted people looking for a good meal and a place to spend time with friends. However, the previous owners retired in May and closed the doors.

But local entrepreneur John K. Wood bought the place, revamped it and – with general manager Tom Lowe, a former Navy Seal – will reopen it on Patriot Day, Sept. 11. "It's one

"It's one of four, historical landmarks in the City of Fairfax," said Billy Reilly, who's promoting the 29 Diner. "And we're looking forward to serving the community."

And they'll do it in more ways than one. Besides literally serving meals, the restaurant also plans to donate food and raise funds for FACETS, Our Daily Bread and the Lamb Center – all of which help people in need – all year 'round.

Wood obtained the lease in May and work began, the first week of June, to both fix and spruce up the old diner. The parking lot was repaved, new bathrooms were installed and the whole interior was renovated.

"The place is gorgeous now," said Reilly. "In 2015, there'll be a complete, historical renovation. But right now, it's been cleaned and repainted and the kitchen equipment revamped – while still keeping that same diner charm that's been there since 1947."

Wood is also delighted with the diner's facelift and is pleased with the progress that's been made. "I'm blessed and humbled to be taking over a historical landmark in the City," he said. "And I'm looking forward

to all the good things we can bring to the residents, the homeless, veterans and the needy through the Lord's work and the diner."

As for the menu, said Reilly, the restaurant will offer "some old, diner favorites, plus new and exciting fare. It'll really be something special."

One-Way or Two-Way?

When the City of Fairfax reconfigured Main and North Streets from one-way to two-way streets in 2006, it did so in hopes that the change would benefit the downtown area. Now, though, the City Council is revisiting that decision.

Making those streets two-way was seen as a way to create a more pedestrianfriendly environment, as envisioned in the City's plan to revitalize Old Town Fairfax. However, over the past few years, people have noted possibly less vehicles and pedestrians there than before.

So the Council members have authorized SEE TOP ISSUES, PAGE 9



Two-way traffic travels on Fairfax's North Street.8 * Fairfax Connection * Newconers & Community Guide 2014-15



Novus Fairfax Gateway: Artist's rendering of the view from Fairfax Boulevard.



Artist's rendition of one of the mixed-use buildings planned for Fairfax Boulevard. Shops and restaurants are at street level, with apartments above.

Top Issues

From Page 8

an engineering study to review the current conditions and analyze the costs and benefits of reverting back to one-way traffic on those streets.

It'll cost about \$15,000-\$20,000 and will be totally funded by money the City receives from the Northern Virginia Transportation Authority for transportation-related purposes. The finished product will include cost estimates of any recommended changes.

Homes, Retail at Kamp Washington

It's still a work in progress, but Novus Fairfax Gateway LLC hopes to transform part of the Kamp Washington triangle between Fairfax Boulevard and Lee Highway into a modern, community-serving, mixeduse project.

Proposed on the 8.33-acre site are 423 multifamily apartments, 25,000 square feet of retail uses – including 12,000 square feet of first-floor retail and amenities for the residents, plus a 5,000-square-foot restaurant – and a 4,000-square-foot office space for use by a nonprofit.

The design includes a road network that could mesh with the future redevelopment of the rest of that triangle, while adding traffic-calming elements to reduce cut-through traffic in the nearby Fairchester Woods neighborhood.

The commercial space and three- and four-story buildings would front on Lee Highway and Fairfax Boulevard. Five-story buildings would be central to the site, and a seven-story parking garage would have a half-story on top for a pool.

However, Fairfax City Councilman Michael DeMarco would like to see more commercial office space there, plus shuttle buses to the Metro station provided for the residents. And Councilman Jeff Greenfield believes the project has too many housing units planned with too few retail attractions. He was also concerned that traffic there might increase.

Councilman David Meyer worried that the project has too high a density and he said associated traffic should be prevented from traveling through the Fairchester Woods and Westmore neighborhoods. And Councilwoman Janice Miller was concerned about the apartments' affordability, as well as accessibility for senior citizens or disabled veterans. www.ConnectionNewspapers.com The applicant is now seeing how it may incorporate the Council's comments into its plans and is working with City staff on its proffers before bringing this project back before the Council.

School Boundary Changes

In May 2013, the Fairfax County School Board approved boundary changes to alleviate overcrowding at Fairfax High and Lanier Middle School. These changes are being phased in during the 2014-15 school year. This fall's rising eighth-grade students, juniors and seniors will be allowed to remain at their current schools.

Students living in the Penderbrook and Fairfax Farms areas of the Waples Mill Elementary attendance area were reassigned last year from Lanier to Franklin Middle in Chantilly. Starting in September, these students will also shift from Fairfax High to Oakton High.

Fairfax Circle Plaza

Fairfax Circle Plaza is a gateway into the City but, over the years, it turned into an aging strip shopping center. Now, though, a huge, new, mixed-use project will be built there, featuring a grocery store, retail businesses and multifamily housing.

Planned are modern, residential units in a walkable design, with structured parking, instead of surface spaces. The goal is to transform a 1960s shopping center into a world-class place where people may live, work and dine. Combined Properties Ltd. will redevelop the 9.8-acre site with a 54,000-square-foot grocery store, 34,000 square feet of retail and restaurants and 400 apartments. It also plans a signalized intersection at Fairfax Boulevard.

The project will be done in phases in quick succession, with residential building construction concurrent with a phased occupancy. The grocery-store site must be turned over to the store prior to any residents moving in. And it's anticipated that Harris Teeter will be the grocery store. Several members of the City Council would have preferred more retail in this project and the proposed rents to be more affordable. But in the end, they approved it so that this area could be revitalized and the City could benefit from new and more diverse sources of future revenue, while continuing to move forward.



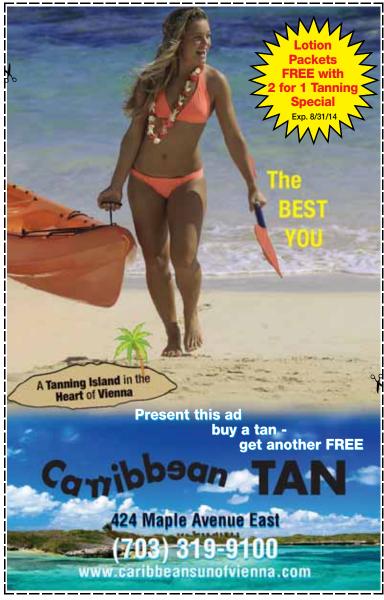
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The Fairfax City Veteran Memorial Amphitheater holds events throughout the summer and is next to the courthouse. The amphitheater also doubles as a nice place for a picnic or place to walk a dog.

A Photo Tour of Fairfax City



Built in 1853 the Ford Building was originally the house of Antonia Ford, who was a spy during the Civil War.



Fairfax plaza is a great place to have a bite to eat and go shopping. With outdoor seating and a water fountain it is a beautiful place to have lunch.



The Fairfax Museum was originally built as a school house in 1873 and was the first public school in Fairfax.



Van Dyke Park is one of the most popular parks in Fairfax City and offers a variety of activities. It has a playground, skate park, basketball, tennis and volleyball courts and a fitness trail that runs around the park.



The Fairfax City Hall building is located on Armstrong street and is the work place of the mayor and city council.

Photos by Caitlin Barbieri/ The Connection



This memorial marks the outbreak of the first skirmish of the Civil War which occurred on June 1, 1861. — CAITLIN BARBIERI

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Newcomers Guide



More than 1,000 free rides to medical appointments and shopping were provided by Shepherd's Center volunteers to older adults.

Serving Older Adults Providing Free Transportation

erving older adults, age 50 and better, the Shepherd's Center of Fairfax-Burke provides services and programs to promote healthy independent living. Over 1,000 free rides to medical appointments and shopping were provided by Shepherd's Center volunteers to older adults, who no longer drive, and live in the Burke and central Fairfax area. Programs, such as the Shepherd's Center's bi-monthly Lunch N' Life, provide a delicious meal, interesting speakers, and social networking. The next Lunch N' Life is Sept. 18 from noon - 2 p.m. and will feature local weatherman, Brian van de Graaff from ABC's channel 7, as the guest speaker. The luncheon will be held at the Jubilee Christian Center - 4650 Shirley Gate Road, Fairfax. All are welcome to attend the luncheon, and the cost is \$10. Make a reservation by calling 703-620-0161 by Sept. 12. The Shepherd's Center of Fairfax-



Brian van de Graaff speaker for the Sept. 18 Lunch N' Life event.

Burke's website is: www.scfbva.org. Call the office at 703-323-4788, if you have more questions about participating in any of the activities or volunteering.



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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

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SEPTEM	BER Publishing Dates	Publishing Dates
HomeLifeSty	/le9/10/14	HomeLifeStyle11/12/14
A+ Camps &	& Schools	Holiday Entertainment &
Fall Fun & A	rts Preview9/24/14	Gift Guide I11/19/14
OCTOBE	R	A+11/25/14
		Thanksgiving is November 27.
Ũ	le Pullout:	DECEMBER
Deadline is	s 9/25/1410/8/14	Wellbeing12/3/14
A+ Camps &	& Schools10/15/14	HomeLifeStyle: Home for the
Election Pre	view I10/22/14	Holidays12/10/14
Election Pre	view II10/29/14	Hanukkah begins December 16.
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NEWCOMERS & COMMUNITY GUIDE

DULLES AIRPORT

Town of

& Access

To//

Road

CITY OF FAIRFAX

What's on the Ballot; How to Vote LOUDOUN COUNTY

Election Day is Nov. 4, 2014, but you can vote as early as Sept. 19.

very year is Election Year in Virginia. This year, every Virginia voter will choose one member of the U.S. Senate and their member of the U.S. House of Representatives. Two of Northern Virginia's three house seats are open seats with the retirement of two longstanding members, Jim Moran (D-8) and Frank Wolf (R-10).

This area has very high rates of voter registration, but voter turnout varies significantly from year to year. For example, two years ago in 2012, a presidential election year, 71.78 percent of Virginia registered voters turned out to vote. But in 2010, more comparable to this year, only 44.01 percent of Virginia registered voters turned out to vote.

In Fairfax County, with a population around 1,130,900, there are 713,025 registered voters as of July 1, 2014, up from 676,802 in 2012. (Population data from U.S. Census and voter data from Virginia Department of Elections.)

In Alexandria, with a population of about 148,900, there are 97,883 total registered voters as of July 1, 2014. That's down from 101,887 total registered voters as of July 2, 2012.

In Arlington, with a population of about 224,900, there are 162,100 total registered voters as of July 1, 2014, up from 157, 236 on July 2, 2012.

REGISTER, CHANGE OF ADDRESS: In order to vote on Election Day, you must be registered at your current address no later than Oct. 13, 2014. You can check your registration status online by going to www.sbe.virginia.gov.

VOTING EARLY, ABSENTEE

Virtually every voter in Virginia is eligible to vote absentee, which includes voting inperson absentee at a variety of locations between Sept. 19 and Nov. 1.

There are many reasons that voters are allowed to vote absentee, but the most broad of these applies to almost anyone with a job: "Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for eleven or more hours of the thirteen that the polls are open (6 a.m. to 7 p.m.).

You can download an absentee ballot and mail it to your local voter registration office, or you can vote "absentee in person."

IN PERSON ABSENTEE VOTING

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BEGINS AT FAIRFAX COUNTY GOVERNMENTAL CENTER

PRINCE WILLIAM COUNTY

Rt. 29

BEGINNING SEPT. 19, 2014.

Office of Elections, 12000 Government Center Pkwy, Conf. Rooms 2/3, Fairfax, 22035

Sept. 19 - Oct. 10: Monday, Tuesday, Wednesday and Friday - 8 a.m. - 4:30 p.m. Thursdays: 8:00 a.m. - 7:00 p.m.

Oct. 14 - Oct. 31, Monday thru Friday - 8 a.m. - 7 p.m.

Saturdays, Sept. 27, Oct. 4, 11, 18, 25 and Nov. 1, 9 a.m. - 5 p.m.

Closed Monday, Oct. 13 for Columbus Day

SATELLITE VOTING LOCATIONS **BEGIN FRIDAY OCT. 14**

Franconia Governmental Center - 6121 Franconia Rd., Alexandria, 22310 Dolley Madison Library - 1244 Oak

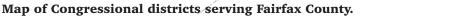
Ridge Ave., McLean, 22101

North County Human Services Bldg. -1850 Cameron Glen Dr, Reston, 20190 West Springfield Governmental Center

- 6140 Rolling Rd., Springfield, 22152
- Mason Governmental Center 6507 Columbia Pike, Annandale, 22003 Mount Vernon Governmental Center -
- 2511 Parkers Ln., Alexandria 22306
- Sully District Governmental Center -4900 Stonecroft Blvd., Chantilly 20151
- Monday Friday, Oct. 14 31, 3:30 p.m. -7 p.m. Saturdays, Sept. 27, Oct. 4, 11, 18, 25
- and Nov. 1, 9 a.m. 5 p.m. Closed Monday, Oct. 13 for Columbus

Day

For more, call 703-222-0776 or visit



absentee.htm

WHAT'S ON THE BALLOT?

Every voter in Virginia will vote for U.S Senator and their member in the U.S. House of Representatives.

One constitutional question will appear on all Virginia ballots, Proposed Constitutional Amendment - Question: Shall the Constitution of Virginia be amended to allow the General Assembly to exempt from taxation the real property of the surviving spouse of any member of the armed forces of the United States who was killed in action, where the surviving spouse occupies the real property as his or her principal place of residence and has not remarried?

U.S. SENATE

One-term incumbent Sen. Mark R.

W. Gillespie and Libertarian Robert C. Sarvis.

✤ Republican Ed W. Gillespie, www.edforsenate.com

Democrat Mark R. Warner, www.markwarnerva.com

 Libertarian Robert C. Sarvis, www.robertsarvis.com

THE 8TH DISTRICT is an open seat because of the retirement of incumbent Rep. Jim Moran (D), who was elected in 1990. Democrat Donald S. Beyer Jr. will face Republican Micah K. Edmond plus three independent candidates. The 8th district includes all of Alexandria and Arlington, plus parts of Fairfax County including Mount Vernon, Lorton and parts of McLean, Tysons

SEE EVERY YEAR, PAGE 13

www.ConnectionNewspapers.com

http://www.fairfaxcounty.gov/elections/ Warner (D) is challenged by Republican Ed

MAP PROVIDED BY FAIRFAX COUNTY GOVERNMENT

FORT BELVOIR

G.W. Memo

Columbia Pik

Rt. 29

1-495

Rt. 50

Braddock

Rt.

CITY OF FALLS CHURCH

COUNTY OF ARLINGTON

CITY OF ALEXANDRIA

Š

Every Year is Election Year in Virginia

From Page 12

and Falls Church.

* Republican Micah К. Edmond, www.micahedmond.com

Democrat Donald S. Beyer Jr., * www.friendsofdonbeyer.com

Libertarian Jeffrey S. Carson, jeffreycarson.com/

✤ Independent Green Gerard C. "Gerry" Blais III, www.votejoinrun.us

 Independent Gwendolyn J. Beck, www.gwendolynbeck.com

IN THE 10TH DISTRICT, an open seat was created by the retirement of Frank Wolf (R), who was elected to office in 1982. Both major party candidates are elected officials from McLean, with Republican Barbara Comstock, a member of the Virginia House of Delegates, facing Democrat John Foust, a member of the Fairfax County Board of Supervisors. The 10th district sprawls from McLean to Winchester, and includes Great Falls, Chantilly, parts of Fairfax Station, the Town of Clifton, part of Burke and Springfield.

Republican Barbara J. Comstock, * www.barbaracomstockforcongress.com

Democrat * John W. Foust, www.foustforvirginia.com

Libertarian William B. Redpath, billredpath.com ✤ Independent Green Dianne L. Blais,

www.votejoinrun.us

Independent Eickholt, * Brad A. www.eickholt4congress.com/

IN THE 11TH DISTRICT, Gerry Connolly (D), former chairman of the Fairfax County Board of Supervisors, elected to congress in 2008, will face Republican Suzanne K. Scholte and two independent candidates.

✤ Republican Suzanne K. Scholte, www.suzannescholteforcongress.com/

Democrat Gerald E. "Gerry" Connolly, incumbent, www.gerryconnolly.com

♦ Green Joe F. Galdo www.joegaldo.com

Libertarian Marc Μ. Harrold, www.marcharrold4congress.com

IN FAIRFAX COUNTY, all voters will vote yes or no for more money for transportation projects. **Transportation Improvements Bond Ques**tion: Shall the Board of Supervisors contract a debt, borrow money and issue bonds of Fairfax County, Virginia, in addition to bonds previously authorized for transportation improvements and facilities, in the maximum aggregate principal amount of \$100,000,000 for the purpose of providing funds to finance the cost of constructing, reconstructing, improving and acquiring transportation facilities, including improvements to primary and secondary State highways, improvements related to transit, improvements for pedestrians and bicycles, and ancillary related improvements and facilities?

IN THE CITY OF FAIRFAX, voters will also vote on an advisory Referendum regarding length of term for Offices of Mayor, City Council and School Board, and whether the term of office should be increased from two years to four years.

New Voter Identification Requirements

As of this summer, there are new requirements for voter identification that voters must bring with them to the polling place.

Virginia law requires all voters to provide an acceptable form of photo identification at the polls. Voters arriving to the polls without photo ID will be allowed to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality's electoral board in order for their provisional ballot to be counted.

Virginia's photo ID requirements also apply to absentee voters who vote in-person in all elections. Here are the "acceptable" forms of

identification: Valid Virginia Driver's License

or Identification Card Valid Virginia DMV issued Veteran's ID card

 Valid United States Passport Other government-issued photo identification cards (must be issued by US Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth

✤ Valid college or university student photo identification card, must be from an institution of higher education located in Virginia.

Employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business

or a Virginia Voter Photo ID Card obtained through any local general registrar's office

"Valid" is defined as a genuine document, bearing the photograph of the voter, and is not expired for more than 12 months.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

DON'T HAVE ONE OF THESE?

Any registered voter who does not possess one of the above mentioned forms of photo ID, may apply for a free Virginia Voter Photo Identification from any general registrar's office in the Com-monwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

PROVISIONAL BALLOT PROCESS

A voter who arrives at the polling place without an acceptable form of photo identification will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/ her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board. Voters may submit a copy of their ID via fax, email, in-person submission, or through USPS or commercial delivery service. Please note that the copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted. A Friday postmark will not be sufficient. Written notice given to the

voter will provide the necessary information, including email, fax, and address of where the ID should be delivered.

IF YOU VOTE A PROVISIONAL BALLOT but don't have an "acceptable ID," you can appear in-person in the office of the general registrar in the locality in which the provisional ballot was cast by noon on Friday following the election and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document can be provided to the electoral board as acceptable identification and the voter's provisional ballot will be counted. SOURCE: Virginia Department of Elections, www.sbe.virginia.gov

For More Election Information: Fairfax County Board of Elections, 703-222-0776, www.fairfaxcounty.gov/eb/

12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

City of Fairfax General Registrar, 703-385-7890, http:// www.fairfaxva.gov/government/ general-registrar

10455 Armstrong Street, Sisson House, Fairfax, 22030; FAX 703-591-8364; email generalregistrar@fairfaxva.gov

State Board of Elections, 804 864-8901 Toll Free: 800 552-9745 FAX: 804 371-0194

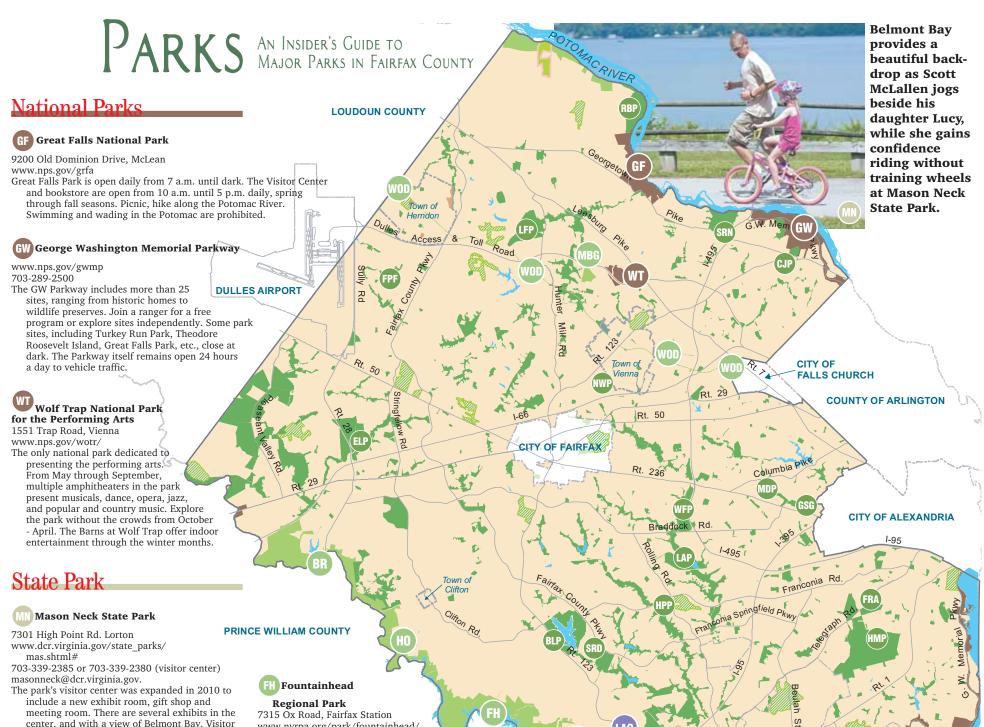
email: info@sbe.virginia.gov http://www.sbe.virginia.gov





Fairfax Connection & Newconers & Community Guide 2014-15 & 13

www.burkenursery.com



meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

Regional Parks

BR Bull Run Marina Regional Park

7700 Bull Run Drive, Centreville

www.nvrpa.org/park/bull run/ Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 though Nov. 11. Mini and disc golf open April through October. Hours

BR Atlantis Waterpark

vary.

(at Bull Run Marina Regional Park) 7700 Bull Run Drive, Centreville www.atlantisbullrun.com/ 703-631-0552 Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a membe of the Northern Virginia Regional Park Authority Family of Waterparks. Aantis also features picnic pavilions, a deck great for sunning and playing, as well as plenty of shade. Neptune Reef snack bar sells food, beverages and sweets.

www.nvrpa.org/park/fountainhead/ 703-250-9124 The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include

catfish tournaments, children's fishing tournament, paddleboat tours and more.

H0 Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton www.nvrpa.org/park/ hemlock_overlook/ 800-877-0954; 571-281-3556: Hemlock

One of the beautiful features of the g Une of the beautiful reatures of the ground Meadowlark is the Korean Bell Tower and Surrounding corder surrounding garden.

Overlook **Regional** Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse trails may be used without prior arrangement.

G Meadowlark Botanical

Gardens

grounds at

9750 Meadowlark Gardens Court, Vienna w w w . n v r p a . o r g / p a r k / meadowlark_botanical_gardens/

703-255-3631 This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin. A picnic area beside the Gardens is available to visitors. Meadowlark presents gardening and

Sources: National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.

horticulture workshops, tours, field trips, concerts and volunteer programs.

OR Occoquan

Regional Park 9751 Ox Road, Lorton www.nvrpa.org/park/occoquan/

703-690-2121 This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1- 8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

PB Pohick Bay Regional Park

FORT BELVOIR

6501 Pohick Bay Drive, Lorton

www.nvrpa.org/park/pohick_bay/ Pohick Bay is located on the Potomac River 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia.

www.ConnectionNewspapers.com

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Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Pennisula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

PB Pirates Cove Waterpark

(at Pohick Bay Regional Park) 6501 Pohick Bay Drive, Lorton www.piratescovepohick.com 703-339-6102

Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Dav.

PB Pohick Bay Golf Course

10301 Gunston Road, Lorton www.nvrpa.org/park/pohick_bay_golf_course

703-339-8585 This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

SR Sandy Run Regional Park

10450 Van Thompson Road, Fairfax Station www.nvrpa.org/park/sandy_run/ 703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

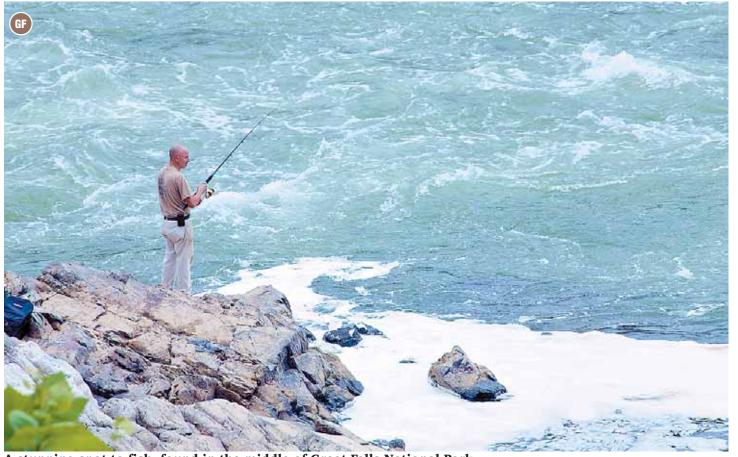
Arts Center

LAC Workhouse Arts Center

9601 Ox Road, Lorton www.lortonarts.org

703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film



A stunning spot to fish, found in the middle of Great Falls National Park.

institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

Major Fairfax County Parks

BLP Burke Lake Park & Golf Course

7315 Ox Road, Fairfax Station volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing 883.4 acres, multiple resource park

CJP Clemyjontri Park

6317 Georgetown Pike, McLean fitness, picnic areas and playgrounds 18.6 acres, special purpose park

ELP Ellanor C. Lawrence Park

5040 Walney Road, Chantilly baseballl, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater,

trails 650 acres, multiple resource park





Charlotte, from Vienna, shares a sketch that she made of the bridge, across the pond from the **Children's Garden at Meadowlark Botanical Gardens.**

FPF Frying Pan Farm Park

2717 West Ox Road, Herndon historic structure, biking/equestrian/hiking trails, open areas, playground 135.3 acres, multiple resource park

GSG Green Spring Gardens

4603 Green Spring Road, Alexandria Community Center, historic structure, biking/hiking trails, open areas, gardens 30.9 acres, special purpose park

HPP Hidden Pond Park

8511 Greeley Boulevard, Springfield tennis (lit), nature center, amphitheater, hiking/ nature trails, playground, fishing 25.6 acres, community park

HMP Huntley Meadows Park

3701 Lockheed Boulevard, Alexandria nature center, historic structure, biking/hiking/ nature trails, observation tower, boardwalk 1444.8 acres, natural resource park

LAP Lake Accotink Park

7500 Accotink Park Road, Springfield basketball, volleyball, minigolf, trails, picnic 448.1 acres, multiple resource park

LFP Lake Fairfax Park

1400 Lake Fairfax Drive, Reston softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters 479 acres, multiple resource park

FRA Lee District Park

6601 Telegraph Road, Franconia softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground 138 acres, district park

MDP Mason District Park

6621 Columbia Pike, Annandale softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness

121.2 acres, district park

NVP Nottoway Park

9537 Courthouse Road, Vienna baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic 90.9 acres, district park

RBP Riverbend Park

8700 Potomac Hill Street, Great Falls nature center, historic structure, biking/equestrian/ hiking trails, picnic areas, craftroom 411.2 acres, multiple resource park

SRN Scotts Run Nature Preserve

7400 Georgetown Pike, McLean historic structure, historic/hiking/nature trails, fishing 384.3 acres, natural resource park

SRD South Run District

7550 Reservation Drive, Springfield baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming 196 acres, district park

WFP Wakefield Park & RECenter

8100 Braddock Road, Annandale softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park 292.6 acres, multiple resource park

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- **21 Mosby Woods** 9813 Five Oaks Road, Fairfax Neighborhood Park
- **22 East Blake Lane** 9540 Bel Glade Street, Fairfax Community Park
- **23 Villa Lee** 2901 Hunter Road, Fairfax Neighborhood Park
- **24 Hideaway** 2900 Glenvale Drive, Fairfax Neighborhood Park
- **25 Towers** 9350 Arlington Boulevard, Fairfax Community Park
- **26 Armistead** 8900 Arlington Boulevard, Fairfax Neighborhood Park
- **27 Eakin (Mantua Section)** 8928 Glenbrook Road, Fairfax Neighborhood Park
- **28 Smokewood** 4120 Whitacre Road, Fairfax Neighborhood Park
- **29 Ashford East** 4300 Guinea Road, Fairfax Neighborhood Park



Morgan

30 George Mason 9700 Braddock Road, Fairfax Neighborhood Park

lunch hour.

- **31 Rutherford** 4710 Guinea Road, Fairfax Community Park
- **32 University** 10200 Braddock Road, Fairfax Community Park
- **33 Olde Forge** 4604 Twinbrook Road, Fairfax Neighborhood Park
- **34 Surrey Square** 4819 Twinbrook Road, Fairfax Neighborhood Park
- **35 Country Club View** 10609 Henrico Street, Fairfax Community Park
- **36 Crooked Creek** 9910 Commonwealth Blvd., Fairfax Community Park
- **37 Royal Lake** 5344 Gainsborough Drive, Fairfax Community Park
- **38 Rolling Woods Estates** 5208a Marvell Lane, Fairfax Neighborhood Park

- **39 Twinbrook Road** 5124 Twinbrook Road, Fairfax Neighborhood Park
- **40 Middleridge** 5425a Governor Yeardley Drive, Fairfax Neighborhood Park

James, from Springfield, comes to the park to play basketball during his

- **41 Greenfield** 5349 Guinea Road, Fairfax Neighborhood Park
- **42 Monticello** 5315 Guinea Road, Fairfax Community Park
- **43 Kings Park West** 5216 Pommeroy Drive, Fairfax Community Park
- **44 Lakeside** 5216 Pommeroy Drive, Fairfax Community Park
- **45 Herzell Woods** 5328 Guinea Road, Fairfax Neighborhood Park
- **46 Fairfax Hills** 4304 Holly Lane, Annandale Neighborhood Park
- **47 Fair Ridge** 12300 Meadow Field Drive, Fairfax

- Neighborhood Park **48 Ox Hill Battlefield** 4134 West Ox Road, Fairfax Cultural Resource Park
- **49 Poburn Woods** 6325 Wendy Ann Court, Fairfax Station Community Park
- **50 Brimstone** 6600 Ox Road, Fairfax Station Neighborhood Park
- **51 Burke Lake & Golf Course** 7315 Ox Road, Fairfax Station Multiple Resource Park
- **52 Lake Mercer** 9500 Silverbrook Road, Fairfax Station
- Multiple Resource Park **53 Levell W Dupell**
- 6812 Newington Road, Lorton Community Park 54 Mount Air Historic Site
- 8600 Accotink Road, Lorton Cultural Resource Park 55 Southgate
- 7438 Pohick Road, Lorton Neighborhood Park



Jayden B., from Burke, gets ready to kick the ball to one of his companions.

- **56 Pohick Estates** 7450 Pollen Street, Lorton Community Park
- **57 Newington Commons** 8915 Hooes Road, Lorton Neighborhood Park

58 Mason Neck West 10418 Old Colchester Road, Lorton Community Park

- **59 Tattersall** 3405 Miller Heights Road, Oakton Community Park
- **60 Oak Marr** 3200 Jermantown Road, Oakton Multiple Resource Park
- **61 Borge Street** 3030 Borge Street, Oakton Neighborhood Park
- 62 Blake Lane School Site 10033 Blake Lane, Oakton Community Park
- **63 Briarwood** 2830 Zimpel Dr., Fairfax Community Park

64 Patriot 12111 Braddock Road, Fairfax District Park

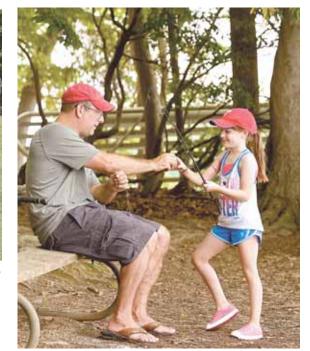
65 Mountain Road District 15620 Braddock Road, Fairfax



The youngest members of the Stevens family (from Chantilly) enjoy Hershey's ice cream with their mom at the Burke Lake ice cream parlor.



The Lucier Family, from Centreville, say they visit the Burke Lake Golf Course, together, quite often. The parents have been teaching both kids how to golf for a few years.



Merri works with her dad, to get her line untangled.

PARKS PARKS IN THE CITY OF FAIRFAX

Compiled by Alexis Hosticka INFORMATION FROM WWW.FAIRFAXVA.GOV Photos by Renée Ruggles Map by Laurence Foong

1 Ashby Pond Conservatory Site 9817 Ashby Road

Size: 4 acres. Features: natural pond, picnic tables and a walking trail.

2 Cobbdale Park

3600 Burrows Ave. Size: 0.5 acres. Features: playground equipment and picnic tables.

3 Country Club Hills Commons 10050 Spring Lake Terrace Features: picnic pavillion, walking trail and benches.

4 Dale Lestina Park 3157 Plantation Parkway

Size: 7 acres. Features: playground equipment and walking trail.

5 Daniels Run Elementary School

3705 Old Lee Highway Features: playground equipment, soccer field and two softball fields.

6 Daniels Run Park

Embassy Lane, Estel Road, Heritage Lane and Tedrich Boulevard Size: 48 acres. Features: biking/hiking/ running trail, picnic pavillion, children's play area and wooded

7 Draper Drive Park

parkland.

9797 Beech Drive Size: 16 acres. Features: biking/hiking/ running trail and two multi-purpose turf fields.

8 Fairchester Woods Park

10836 Warkwick Ave. Size: 1 acre. Features: basketball court, playground equipment and benches.

9 Fairfax High School

3501 Rebel Run Features: baseball and softball fields; basketball, racquetball and tennis courts: and outdoor track.

10 Gateway Regional Park

3333 Old Pickett Road Features: bike trail, pavillion and benches.

11 Green Acres Center

4401 Sideburn Road Size: 10 acres. Features: basketball court, Little League baseball field, playground equipment, soccer fields and indoor activity rooms.

12 Jester Property

10735 West Drive Features: undeveloped open space.

13 Kitty Pozer Garden

10386 Main St. Features: benches.

14 Kutner Park

3901 Jermantown Road Size: 10.5 acres. Features: hiking trail, picnic pavillion, playground equipment, soccer field, tennis court and volleyball court.

15 Pat Rodio Park

- 3800 Keith Ave.
- Size: 4 acres. Features: football field, Little League baseball fields and playground equipment.

16 Providence Elementary School 3616 Jermantown Road

Features: basketball court, playground equipment, softball fields and Little eague baseball fields

17 Providence Park

- 10715 West Drive Size: 20 acres. Features: biking/hiking
- trails, picnic pavillion, playground equipment and tennis courts.





Rob and Angela Storms Stafford, of Alexandria, brought young daughter Aurora to play in the park. Her grandfather originally owned the land that the City of Fairfax turned into a park.

22 Shiloh Street Park

10400 Shiloh St. Features: playground equipment and a Size: 10 acres. Features: basketball hiking trail.

23 Sidney Lanier Middle School

3801 Jermantown Road Features: indoor and outdoor basketball courts, soccer fields, outdoor run-ning track and indoor activity rooms.

24 Stafford East Park 3255 Stafford Drive

Features: undevelope open space

25 Stafford Drive Park 3300 Stafford Drive

Size: 24 acres. Features: barrier-free playground, fully accessible walking trail, and a multi-purpose synthetic turf field.

26 Ted Grefe Park



Features: undeveloped open space and a walking trail.

27 Thaiss Memorial Park 3401 Pickett Road

Size: 10 acres. Features: Little League baseball fields, picnic pavillion and playground equipment.

28 Van Dyck Park

3720 Old Lee Highway. Size: 20 acres. Features: lighted basketball court, exercise trail, multi-purpose play areas, picnic pavillion, playground equipment, four lighted tennis courts and three sand volleyball courts.

29 Westmore Elementary School 11000 Berry St.

Features: basketball court, Little League baseball field, softball field, playground equipment and a soccer/ football practice field.

30 Westmore Park

4030 Fern St. Size: 1 acre. Features: basketball court, picnic pavillion and playground equipment.

31 Willcoxon Park 9725 Fairfax Blvd.

Size: 3 acres. Features: hiking trail and benches.

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basketball court, Little League baseball field, small multipurpose field and playground equipment. **20** Rebel Run Property

9985 Fairfax Blvd. Features: undeveloped open space.

Features: undeveloped open space and

Route 236/Main Street east.

a fully accessible wooded walking

path between Sager Avenue and

court, picnic area and playground

Size: 6 acres. Features: picnic pavillion,

18 Ranger Road Park

9701 Ranger Road

19 Ratcliffe Park

10300 Sager Ave.

21 Sager Trail

10318 Sager Ave.

Newcomers & Community Guide - Caitlin Barbieri Insiders to Newcomers: What Do You Love About Living in Fairfax?

Michael DeMarco, Exxon Mobil Global Strategic Alignment Manager and member of Fairfax City Council, resident for 14 years:

"My wife and I wanted to move to Fairfax City, one - because it's a city so it had kind of an urban feel to it, but still with neighborhoods that we could raise our kids in. We were also very interested in education and we liked the different opportunities in area for us to send our kids to Catholic school or a public school. I also like the direction this area is going, I think it has grown a lot in the 14 years I have been here. There are a lot of opportunities for young people and young families to do a lot of things and stay in Fairfax if they want to."

Karla Eaton, English teacher at Woodson High School, resident for 40 years:

"I love the opportunities and diversity. I love that I can go to Great Falls and hike and then the next day go down to D.C. and a Vermeer exhibit. I also like that I can go to Thai food or Indian food or Ben's Chili Bowl as opposed to an area that is smaller and more limited. I think it's easy to get grumpy about Northern Virginia. We have a lot of traffic and it's expensive to live here, but you don't have to be gone for too long or travel too far to realize there are so many good things about living here. The worst part is people take the area for granted and don't take advantage of all it has to offer."

Janice Miller, part-time travel agent and member of Fairfax City Council, resident for 44 years:

"Basically I like everything about Fairfax City. The reason I like it so much is because it's really a small town in the middle of a big area. I like the fact that we have our own identity and that people coalesce around the fact that we are a small community rather than just being Chantilly or Annandale, we have our own identity separate from Fairfax County. I also love all the great services we offer to our community. We have wonderful schools and a great park system, a really outstanding police and fire department, and overall good government services. The people here are also great neighbors and are always interested in helping each other out."

Scott Silverthorne, Mayor of the City of Fairfax, lifelong resident:

"What I really love about the city is the sense of community. The population of Fairfax city is about 24,000 and we are surrounded by a county of 1.1 million, so we definitely have a feel of a small town but all the attractions and amenities of a large metropolitan area. Outside of the city we have access to good transportation, tourist sites, and museums and Washington D.C. Here in the city we also have our own share of these things, arts and culture, historic sites, parks and events. That is what makes Fairfax City such a great place to live. I think the city is on the cusp of some major excitement and change that is currently underway. As Mayor one of the things I take great pride in all of the events we put on in the city. There is a special event in the City of Fairfax almost every other month and I think that is what sets us apart from the county."

Mandy McCarthy, retired, resident for 40 years:

"I love it here, the neighbors, the neighborhood, the pools and the schools, I love all of it. It's all very convenient, nothing is too far away and there is so much to do. Over the 40 years I have been here the area has become much more diverse, the variety of restaurants and attractions are fantastic. I also love all of the Nail Salons that have opened in the area. Fairfax is located in a great place, we can go see a Nationals game or a Wizards game and only travel about 30 minutes. At the same time you can drive south for less than an hour and be in the mountains. Fairfax also offers very good services for the disabled and I think that is why a lot of people stay here. Most of all this has been a great place to raise my nine children. The area is extremely safe and my children all loved growing up here. They have enjoyed it so much that eight of them have come back to raise their families here.

Ruth Dimon, Northern Virginia Community College student, resident for 19 years:

"One of the best things of Fairfax is all of the different people I have met here. The diversity of the area has exposed me to different kinds of people and cultures that I have had the pleasure of learning from and interacting with. As a student it has been a lot easier for me to meet different people and I think that diversity in schools is really important. There are a lot of really great schools in the area too, I especially think we have good elementary schools. The elementary schools do a good job at exposing kids to different things and encouraging creativity at a young age."

- Viewpoints

What is the Best Thing About Living in Fairfax and Why?

Cody Kendall, Box Office supervisor, resident for 23 years:

"My favorite thing about living in Fairfax would be being relatively central to D.C. You're not too far from the greatest city in the United States. But, as far as Fairfax in general, it's a great place for families. It's a nice and safe environment. I had no problems whatsoever growing up here. There are a lot of things to do around Fairfax."



Dennis Scott, retired, resident for 30 years:

"It's kind of difficult to answer my favorite thing about Fairfax. I guess we like the county so much because there are so many different things to do here. I guess the unique experience would be that it's so closely located to the District itself, which has everything you could want. We used to enjoy going over to the Smithsonian and other sites. We'd always take family members that came



up, and everyone that's ever come to this area have always said how much they enjoy it and how much they themselves wished they lived here. It's centrally located for one thing. The community here is extremely nice, the crime isn't that high, the people who live here are open and friendly, and we just enjoy everything about it."

Paula Izadpanah, registered dietician, resident for 16 years:

"We like this area because it's very multicultural and very diverse. There are a lot of things besides going into D.C. to do around here, such as community activities, parks and recreation. We really like Fairfax County Parks & Recreation and Burke Lake Park, and all of those things that are available in those locations. There's Frisbee golf, walking around the lake, bicycle trails, and a lot of other things to do around those facilities."



Kimberly Sanders, preschool teacher, resident for 39 years:

"It's been a unique opportunity to grow up in the same house where I'm raising my own family. I've seen Fairfax change from a fairly small area, when Braddock Road was one lane going each way to the West, and Chantilly was going out into the boonies, and nobody went to Manassas because there was nothing out there. Now, the community,



this area has just grown exponentially. Fairfax has great schools, great things for families, and its proximity to Washington, D.C. allows us to have some really great opportunities that you don't get elsewhere. The Smithsonian Institutions, all of the national parks like Wolf Trap Foundation for the Performing Arts, even the county parks, the Fairfax County Park Authorities, parks like Burke Lake, Wakefield, South Run; all of those make it a really rich community for families and children. In my neighborhood community, Kings Park West, I love the local schools, Laurel Ridge and Robinson, with their outstanding teaching staff."

—Thomas Friestad









NEWCOMERS & COMMUNITY GUIDE Year-round Festivals

LIST COMPILED BY EMMA HARRIS

A list of annual community events in the area.

September 2014

MONDAY/SEPT. 1 - SUNDAY/SEPT. 7

Annual Workhouse Clay National Ceramics Exhibition. Workhouse Arts Center, 9518 Workhouse Way, Lorton. This exhibition represents the depth and breadth of contemporary functional and sculptural ceramic artworks being created throughout the country. Visit http://www.workhouseceramics.org/ index.php?p=1_15_Clay-National-2014.

SATURDAY-SUNDAY/SEPT. 6-7

37th Annual Burke Centre Festival. 9:30 a.m.-10 p.m. 6060 Burke Centre Parkway, Burke. Burke Centre's signature event, which celebrates the spirit of the community each year with rides, activities and live entertainment for all ages to enjoy. Visit http:// www.burkecentreweb.com/ sub_category_list.asp?category=37&title=Annual+Festival.

THURSDAY/SEPT. 11-18

16th Annual Fall for the Book Festival. George Mason University, 4400 University Drive, Fairfax. A week-long, multiple-venue, regional festival that brings together people of all ages and interests. Visit www.fallforthebook.org.

SATURDAY/SEPT. 13

- 18th Annual CCÉ Irish Folk Festival. Noon-8:30 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax and The Auld Shebeen Irish Pub, 3971 Chain Bridge Road, Fairfax.
- All are invited to enjoy, free of charge, the "pure drop" - the beauty and depth of Irish music, dance, language and sport as it has taken root and come into full flower in our community. Visit http://www.fairfaxva.gov/about-us/ special-events/fairfax-irish-folk-festival
- Silver Live Music and Food Truck Festival. 12-10 p.m. 1800 Tysons Blvd., McLean. Listen to performances from renowned local and national acts and find displays of fine arts and a variety of refreshments to benefit the Spirit of Hope Children's Foundation. Visit http:// tysonspartnership.org/event-calendar/tysonsworld-music-festival/
- Lorton's Fall Festival. 11 a.m. Lorton Station Town Center, 8998 Lorton Station Blvd., Lorton. Enjoy a magic booth, pumpkin painting, photo booth, games, prizes and more. Visit www.lortonstationtowncenter.com/calendar-ofevents.html

SATURDAY/SEPT. 20

Beer, Bourbon & BBQ Fest. 12-6 p.m. 8025 Galleria Drive, McLean. Attend for a day of beer sippin', bourbon tastin', music listenin', cigar smokin' and barbecue eatin'. Your admission buys a sampling glass so you can enjoy all you care to taste while attending seminars in the tasting theater and enjoying live music all day. Visit www.tysonspartnership.org/eventcalendar/tysons-bbq-bourbon-and-beer-festival.

SATURDAY/SEPT. 27

Reston Multicultural Festival. 11 a.m.-6 p.m. 2310 Colts Neck Road, Reston. A celebration of the diversity and community spirit that is found in Reston, this annual event brings together the people of Reston to celebrate the rich medley of cultures. Visit http:// www.restoncommunitycenter.com/ MulticulturalFestival.shtml.

SUNDAY/SEPT. 28

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The Sandstorm Ride is a hit at last year's Burke Centre Festival. This year's festival will take place Sept. 6 - 7.

October 2014

SUNDAY/OCT. 5

19th Annual Paws for a Cause 3K Walk. 12 p.m. Weber's Pet Supermarket, 11021 Lee Highway, Fairfax. Paws for a Cause benefits Fairfax Pets on Wheels, Inc., an all-volunteer organization dedicated to providing pet visitation to residents of nursing homes and hospitals since 1987. Visit www.fpow.org/event-685795.

SATURDAY/OCT. 11

Fall Festival in Old Town Historic Fairfax. 10209 Main Street, Fairfax. What started out as a small market for artisans has grown to a festival with over 400 arts, crafts and food vendors, children's activities and entertainment for all ages. Visit http://www.fairfaxva.gov/ about-us/special-events/fall-festival.

THURSDAY-SATURDAY/OCT. 16-NOV. 1

Great Pumpkin Gathering. 6-10 p.m. 1800 Tysons Blvd., McLean. Artisan pumpkin carvers showcase a dazzling display of pumpkin art beyond your wildest imagining. Visit www.tysonspartnership.org.

FRIDAY-SUNDAY/OCT. 17-19

19th Annual Craftsmen's Fall Classic Art & Craft Festival. 10 a.m.-6 p.m. Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. Features original designs and work from hundreds of talented artists and craftspeople from across America. Visit http:// www.gilmoreshows.com/ craftsmens_classics_chantilly_fall.shtml.

SATURDAY-SUNDAY/OCT. 18-19

Claude Moore Colonial Farm 1771 Market Fair. 11 a.m.-4:30 p.m. 6310 Georgetown Pike, McLean. Warm yourself by the fires and enjoy the splendor of autumn with crisp local apples, warm savory meat pies and hearty breads, or let Market Fair entertainers, tradesmen and the militia amuse and educate you. Visit www.1771.org.

Tysons Harvest Festival. 12-6 p.m. 1800 Tysons Blvd., McLean. Stroll through the arts and crafts booths and taste some of the fun flavors of fall. Visit http://tysonspartnership.org/eventcalendar/tysons-harvest-festival.

FRIDAY/OCT. 24

Spooktacular. 6:30-8:30 p.m. Herndon

auction sponsored by the Robinson Secondary School PTSA. Visit www.robinsonptsa.org.

WEDNESDAY/NOV. 19 - SUNDAY/JAN. 4

Lights Festival. 7700 Bull Run Drive, Centreville. Almost two and a half miles of light displays and a Holiday Village to celebrate the season. •Visit www.bullrunfestivaloflights.com.

December 2014

SATURDAY/DEC. 6

- **City of Fairfax Festival of Lights and Carols.** Sherwood Community Center, 3740 Old Lee
- Highway, Fairfax. Come enjoy live holiday music, hot cider, s'mores by the Yule log, petting
- farm, ferris wheel, caroling and lighting of the
- Christmas tree in the winter wonderland. Visit www.fairfaxva.gov/about-us/special-events/
- festival-of-lights-and-carols for times and locations.

SUNDAY/DEC. 7

Holiday Arts and Crafts Show. 10 a.m.-4 p.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. A variety of handcrafted items and fine art will be on sale including wreaths, quilts, jewelry, Christmas ornaments, decorations, original artwork, photography, stained glass and more. Visit www.herndonva.gov.

SATURDAY-SUNDAY/DEC. 13-14

Great Falls Studios Holiday Show and Sale. Wolf Trap Center for Education, 1645 Trap Road, Vienna. This annual show includes paintings, pottery, traditional and digital photographs, jewelry, drawings, art quilts and hand pulled lithographic prints, plus artful gifts and cards. All of the artwork is created by Great Falls artists, most of whom work out of their home studios. Visit www.greatfallsstudios.com.

January 2015

FRIDAY/JAN. 9 - SPRING

Live Music at Paradise Springs Winery. Fridays 5-9 p.m. and Saturdays 2-6 p.m. Various live artists perform every Friday and Saturday. Visit www.paradisespringswinery.com/wineryevents.html.

March 2015

THIRD WEDNESDAY IN MARCH

Herndon Bluegrass Concert Series. Friday and Saturday evenings. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Listen to different bluegrass concerts every week. Visit www.holycrosslutheranchurch.net.

FRIDAY-SUNDAY/MARCH 20-22

19th Annual Craftsmen's Spring Classic Art **& Craft Festival.** 10 a.m.-6 p.m. Dulles Expo Center, 4320 Chantilly Shopping Center Chantilly. Features original designs and work from hundreds of talented artists and craftspeople from across America. Visit www.gilmoreshows.com

April 2015

SECOND WEEK OF APRIL

24th Annual Best of Reston Gala. An event to honor outstanding individuals, organizations and businesses for their distinctive service in making the Reston/Herndon community a better place in which to live, play and work. Visit www.cornerstonesva.org/events_list/best-ofreston.

SATURDAY/APRIL 18-25

Historic Garden Week. This eight -day statewide event provides visitors a unique opportunity to see gardens, as well as houses with over 2,000 flower arrangements created by Garden Club of Virginia members. Visit www.vagardenweek.org.

www.ConnectionNewspapers.com

Patriot Beach Ball Balloons at the

Clifton Haunted Trail. 7-10 p.m. Chapel Road, Clifton. A terrifying annual event that winds through Clifton's 8 Acre Park. Visit cliftonhauntedtrail.com

WEDNESDAY/OCT. 29

68th Annual Vienna Halloween Parade. 7 p.m. Maple Avenue, Vienna. With the theme of Celebrating the Tradition of Vienna Girls Sports," come in costume to celebrate Halloween. Visit www.viennava.gov

November 2014

SATURDAY/NOV. 1

The Robinson Marketplace. 10 a.m.-4 p.m. 5305 Sideburn Road, Fairfax. Shop at over 80 vendors at the Holiday Market, raffle and silent

City of Fairfax's 47th annual Independence Day last year. Community Center, 814 Ferndale Avenue, Herndon. Enjoy ghoulish games, a spooky craft and a children's show. Visit www.herndonva.gov SATURDAY/OCT. 25



Newcomers & Community Guide Getting to Know Woodson, Fairfax High Sports



Woodson boys' basketball players and fans celebrate the Cavaliers' 2014 region championship.

Woodson: Boys' basketball team repeated as region champion.

W.T. Woodson High School

Mascot: Cavaliers.

School Colors: Navy blue and white. Athletic Director: Dan Checkosky, 703-503-4681.

Football Coach: Mike Dougherty (first year). The Cavaliers won three of their final four games in 2013 and finished with a 3-7 record.

Volleyball Coach: Len Palaschak. Boys' Basketball Coach: Doug Craig. Field Hockey Coach: Meg Jarrell. Girls' Lacrosse Coach: Patrick Mahler.

What Happened Last Year: The field hockey team qualified for regionals. The boys' basketball team repeated as region champion. The girls' lacrosse team won the Conference 7 championship. The boys' lacrosse team reached the region

quarterfinals. From The Connection's Top 100 Athletes: v8. Tommy Amaker, a 1983 graduate, was a standout point guard for the Cavaliers. He went on to play at Duke University before he became a college coach. After stops at Duke (assistant), Seton Hall (head coach) and Michigan (head coach), Amaker became the head coach at Harvard.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Teamwork and defensive brilliance defined the high school and college basketball careers of Tommy Amaker, a 1983 Woodson grad. His basketball mind took him from Woodson to Duke as a player, and from Duke to Seton Hall to the University of Michigan as a coach.

'Tommy Amaker is the best pure point guard to ever play in Northern Virginia,' said Red Jenkins, the former Woodson coach, and one of the winningest coaches in high www.ConnectionNewspapers.com school basketball with more than 600 wins." v20. Andy Heck, a 1985 graduate, was a two-way football standout for the Cavaliers. He went on to play tight end and offensive tackle for Notre Dame, winning a national championship with the Fighting Irish after the 1988 season. The Seahawks selected Heck in the first round of the 1989 draft.

v50. Ashley McCulloch, a 2005 graduate, was a lacrosse star for the Cavaliers. She played collegiately at the University of Virginia.

From Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "With 37 seconds left to go in the 2002 lacrosse state final, Woodson was losing by a goal to Rockbridge County. The Cavaliers would equal the score, and go on to win the state championship in overtime, thanks to a champion effort on the part of Ashley McCulloch, a freshman."

*v*69. Brandon Corso, a 1992 graduate, was a standout quarterback for the Cavaliers. He played collegiately at Missouri.

Fairfax High: Field hockey team won fifth consecutive district/ conference title.

Fairfax High School

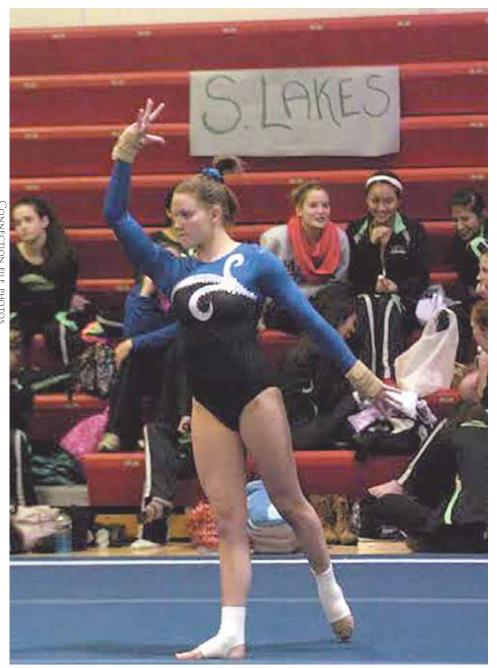
Mascot: Rebels. School Colors: Blue and gold.

Athletic Director: Nancy Melnick, 703-219-2201. Football Coach: Kevin Simonds (fifth year). The Rebels finished the 2013 regular season with 7.3 record and qualified for the playoffe Fairfax

a 7-3 record and qualified for the playoffs. Fairfax lost to Yorktown in the opening round. Field Hockey Coach: Amber Beaudoin. Volleyball Coach: Tyler Freiheit.

Boys' Basketball Coach: Mike Barbee. Girls' Basketball Coach: Marcus Konde.

What Happened Last Year: The field hockey team won its fifth consecutive dis-



Fairfax High gymnast Rachel Barborek won the 2014 Conference 6 allaround title during her junior year.

trict/conference championship, finished 19-4 and reached the region final. The boys' soccer team finished 8-3-1, but lost in the first round of the conference tournament. Gymnast Rachel Barborek won the Conference 6 all-around champion. The softball team finished 15-8 and reached the region quarterfinals.

From The Connection's Top 100 Athletes: v45. Billy Pulsipher, a 1991 graduate, was a baseball star for the Rebels.

The New York Mets selected Pulsipher in the second round of the 1991 MLB Draft and he joined fellow young pitchers Paul Wilson and Jason Isringhausen to compose the trio known as "Generation K." Injuries, however, would slow Pulsipher's career. From 1995 to 2005, he pitched in parts of six seasons at the MLB level, producing a 13-19 record with a 5.15 ERA.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "He gave up a full scholarship to Old Dominion University in order to sign with the Mets. While in high school, the left hander was contacted by every one of the 26 Major League teams. His father said it was not difficult for Pulsipher to make the decision to go to the pros instead of college. He said teams made lucrative offers, and promised

to secure Pulsipher's education as well." ω 66. Larry Fones, a 1948 graduate, was a three-sport start for the Rebels. He played football, basketball and baseball at Fairfax, and went on to play football collegiately at William & Mary.

*v*86. John Curtis, a 1988 graduate, was a standout wrestler for the Rebels. He competed collegiately at the University of Virginia.

*v*Brandon Royster, a 2000 graduate, was a star running back for the Rebels. He played collegiately at Stanford University.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Royster certainly found success at Fairfax.

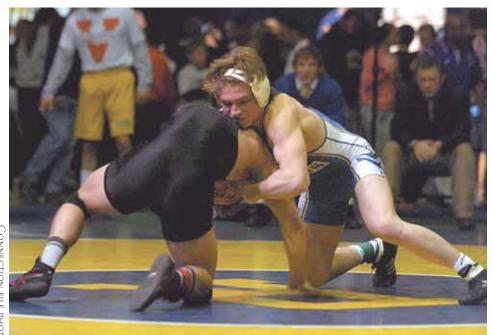
During his junior and senior years, the Rebels went undefeated in the regular season.

During his four years at the varsity level, Royster rushed for more than 5,300 yards and scored 60 touchdowns."

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Then-junior AJ Alexander and the Lake Braddock boys' basketball team reached the 2014 state tournament.



Then-senior Jack Bass won the 2014 152-pound state championship, helping the Robinson wrestling team win its third state title in four years.

Getting to Know Lake Braddock, Robinson Sports

Lake Braddock: Undefeated boys' tennis team wins state title.

Lake Braddock Secondary School

Mascot: Bruins.

School Colors: Purple and gold. Athletic Director: Mark Martino, 703-426-1001.

Football Coach: Jim Poythress (11th season). The Bruins won their fifth consecutive district/ conference championship and went undefeated during the 2013 regular season. Lake Braddock reached the region semifinals before losing to Westfield and ending its season with a 12-1 record.

Volleyball Coach: Aubrey Eaton. Field Hockey Coach: Marie Bounds. Cross Country Coach: Michael Mangan. Boys' Basketball Coach: Brian Metress. Girls' Basketball Coach: John Giannelli. Baseball Coach: Jody Rutherford. Softball Coach: George Rumore. Rival School: Robinson.

What Happened Last Year: The boys' cross country team finished 6A state runner-up, led by second-place finisher Alex Corbett. The girls' cross country team took third in the state. Hannah Christen finished second among individuals, and Katy Kunc placed third. The boys' basketball team repeated as district/conference champion, finished region runner-up and qualified for the state tournament. The boys' tennis team went undefeated, winning the state title. The girls' soccer team won the Conference 7 championship and reached the region semifinals, where the Bruins lost in penalty kicks to eventual state champion Battlefield. The softball team won the conference title, finished region runner-up and qualified for the state tournament.

From The Connection's Top 100 Athletes: 3. Allen Johnson, a 1989 graduate, was a state-champion track athlete for the Bruins. He went on to win NCAA titles and an Olympic gold medal.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Not to say that Johnson lacked standout track athlete status at Lake Braddock, and not that three individual state titles won in high school are an easy feat to accomplish, but they pale in comparison to what he went on to do afterwards. Johnson went on to win college titles at the University of North Carolina and Olympic gold in Atlanta in 1996.

He was a seven-time U.S. outdoor champion, a four-time world outdoor champion, a four-time U.S. indoor champion and a three-time world indoor champion."

4. Mia Hamm, a 1989 graduate, is one of the greatest women's soccer players of all time. She played at Lake Braddock for one season after transferring from a high school in Texas, and helped the Bruins win the 1989 state championship. She went on to star for the University of North Carolina and the U.S. Women's National Team.

From Kurspahic's 2006 profile for The Connection's Top 100 Athletes: 'She is a household name. Across the globe, girls who play soccer strive to be her, while female athletes who play other sports look up to her. Mia Hamm is the face of women's soccer and an advocate of women's sports."

10. Hubert Davis, a 1988 graduate, was a basketball and football standout for the Bruins. He went on to play hoops at the University of North Carolina before the New York Knicks selected him in the first round of the 1992 NBA Draft. Davis played 12 seasons in the NBA with the Knicks, Dallas Mavericks, Washington Wizards, Detroit Pistons, Toronto Raptors and New Jersey Nets.

14. Ed Moses, a 1998 graduate, was a state-champion swimmer for the Bruins who went on to Olympic glory.

63. Cathron Birge, a 1986 graduate, was a state-champion track athlete for Lake Braddock. She competed collegiately at the University of Virginia.

100. Sarah Spring, a gymnast and 1999 graduate, won three straight state championships on the vault.

Robinson: Wrestling team captured district, region and state championships.

James W. Robinson Secondary School

Mascot: Rams.

School Colors: Blue and gold. Athletic Director: Jeff Ferrell, 703-426-2126. Football Coach: Scott Vossler (first year).

The Rams finished the 2013 season with an 8-3 record, including a playoff victory over Patriot High School. Vossler is Robinson's fourth head coach in five years.

Volleyball Coach: Jill Cross. Boys' Basketball Coach: Brian Nelson. Girls' Basketball Coach: T.J. Dade. Wrestling Coach: Bryan Hazard. Baseball Coach: John James.

Boys' Soccer Coach: Robert Garza. Rival School: Lake Braddock.

What Happened Last Year: The wrestling team won its third state championship in four years.

The gymnastics team won the Conference 5 championship. The boys' lacrosse team won the state title.

From The Connection's Top 100 Athletes: v7. Rob Muzzio, a 1982 graduate, was a track and football standout for the Rams. He attended George Mason University and became the first decathlete to win back-to-back national championships.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Muzzio took interest in track and field in eighth grade gym class. He said he had fun throwing the discus and the shot put. However, when he began his high school competition, Muzzio said it did not appear he would get big enough to really compete in those events. He said his coach at Robinson, Maynard Heins, saw the potential in Muzzio, so he began to teach him proper technique for different events. He said Muzzio would have to do all of the events, not just one.

However, Muzzio went on to win state and other titles as a discus thrower. He won the Virginia State Outdoor discus titles in 1981 and 1982. In 1981 he became a National Junior Olympic Discus Champion and in 1982 he won the Dogwood Relays Discus Championship.

That same year, Muzzio became the U.S. Junior National Decathlon Champion in Indiana, and then a Junior Pan American Games Decathlon Champion - setting the new record for the championship - in Venezuela.

v38. Mike Imoh, a 2002 graduate, was a standout running back for the Rams. He rushed for 2,077 yards and 28 touchdowns as a senior and helped Robinson capture the 2001 state championship. He played collegiately at Virginia Tech.

 ψ 65. Bob DeProspero, a 1981 graduate, was a three-time state champion wrestler for the Rams.

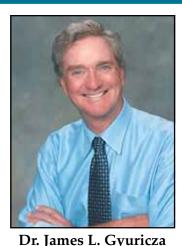
*v*Meghan McCarthy, a 1992 graduate, was a state-champion runner for the Rams.

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Dr. Melanie Wilson Hartman

Dear Neighbors,

We would like to take this opportunity to introduce you to Dr. Mary Speicher who is joining our practice as an associate. Dr. Speicher is originally from Northeastern Pennsylvania. She graduated from the University of Scranton with a BS in Biophysics in 1985 and continued her studies at Temple University School of Dentistry, receiving her DMD in 1989. Dr. Speicher has been in private practice for 26 years.

She is dedicated to continuing education, having furthered her education to include sedation dentistry, implants, invisalign, periodontal laser therapy, bone grafting and periodontal surgery. Dr. Speicher's training and personal dedication will complement and enhance our office.

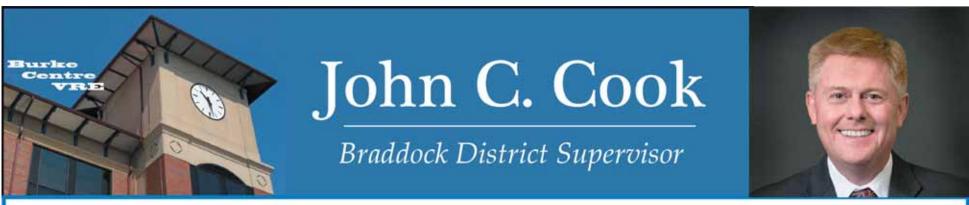
She embraces our core dedication to providing the highest quality dental care, utilizing the most advanced techniques and materials, and striving to provide a patient-centered environment characterized by education, comfort and trust. Dr. Speicher will be a participating dentist for Delta Dental and United Concordia.

We are excited to have Dr. Speicher with us and are confident that she will have a bright future with our office. Thank you for the many referrals of your family and friends and for the continued support.

With warm regards, Drs. James L. Gyuricza and Melanie W. Hartman and Staff



Burke Professional Center, 5212-B Lyngate Ct., Burke, VA 22015



Braddock Neighbors:

One of my most important jobs as your County Supervisor is to keep you informed of county issues and important neighborhood events.

I send out a monthly newsletter, the Braddock Beacon, and periodic Cook Advisories updates. Sign up for our email newsletters and keep up with your community.

You can sign up for the newsletter by keep in touch and let me know what more texting "COOKNEWS" to 22828, or by I can do for you. going to http://bit.ly/13ssg1g.

Every one of us has the exciting opportunity to shape our neighborhoods and make Fairfax County an even better place to work and live. That's why, here in Braddock, I continually encourage folks to become active participants in their community and their local government. So come on out, step up and become an involved Braddock District resident.

Remember, I am here to serve you. Please

Visit us online at: www.fairfaxcounty.gov/braddock



Call us at: 703.425.9300

We are located at: Kings Park Library 9002 Burke Lake Road Burke, Virginia 22015