



The Closet manager Aaron Sawyer and Executive Board president Laura Greenspan have dedicated years to the nonprofit.

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The Closet Turns 40

Herndon nonprofit commits to giving back.

By REENA SINGH
THE CONNECTION

Aron Sawyer tours around the back of a small Herndon thrift store, pointing out the volunteers who have dedicated years upon years to sifting through piles of trash-turned-treasures to sell or give away to other communities.

The Closet of the Greater Herndon Area manager said the nonprofit, which started as a way for five local congregations to combine their clothing closets, is now town institution.

Forty years after it first opened its door, The Closet of the Greater Herndon Area is still putting clothes on the back of locals and putting money into the local economy.

"I came here 12 years ago, and the thing I noticed is that this is a very giving community," he said. "There are so many ways to get involved and give back in one way

or another."

As a nonprofit, The Closet gives a lot of its goods away to communities in Western Virginia as well as local shelters. They also give away \$20,000 in scholarships annually to local high school students as they head to college.

These days, more than 20 local congregations are a part of The Closet. As a part of their agreement to be included, they have to contribute volunteers every week to help clean up and sort the piles of donations they receive from town residents.

"Everybody has a part in this," said Sawyer. "Everything in this institution goes back into the community that we live in."

From Sept. 21 to 26, the nonprofit will close down to make room for the winter goods that have been stored in cardboard boxes all year. The summer goods will be shipped off to undisclosed locations to give away to people who need the items. The Closet closes for a week twice per year

to sort through items and prepare for the new seasons.

Budget-wise, The Closet makes nearly \$600,000 just through the cash register to cover expenses, payroll and the annual scholarship. Between \$60,000 and \$70,000 is given away in vouchers through referrals from social service providers in Fairfax and Loudoun counties.

"We went from as low as \$200,000 to \$590,000 in the last 12 years, so we're constantly growing," he said. "We've done that with a proactive executive board and management style."

Executive Board President Laura Greenspan has been involved with The Closet since the late 1990s when it was still at its lumberyard location.

"My church has been involved since the founding," she said. "The Closet does a great job of serving the community, and we want to continue to do that."

She said the volunteers, over the years, have become a network of



PHOTO BY REENA SINGH/THE CONNECTION

Volunteers Sheila Barrett and Jeannette Dekraft talk while they look through donated items at The Closet.

tightly knit friends who know when a birthday has come up and commiserate when a loved one is sick or hurt.

"We're very much like a family," she said.

Sheila Barrett drives from Vienna to volunteer at The Closet three to four times a week. She has been volunteering with the nonprofit for 17 years.

"I love it," she said as she finds a home for newly priced items among the shelves throughout the thrift store. "It's like a treasure

hunt, and it's never-ending. As fast as we can price things, even more things are coming in, wonderfully."

Jeannette Dekraft, Bristow, has been volunteering with The Closet for about 10 years.

"The main reason is how much it helps other people, not only to help others get affordable goods, but also to make donations to the needy," she said.

"One of the best parts, though, are the friends you make working here."

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Lifelong Herndon Resident Honored for Community Service

Delegate Tom Rust presents resolution recognizing Elma Mankin.

BY RYAN DUNN
THE CONNECTION

I was born here 90 years ago, I have been here all my life although I have traveled extensively," said Elma M. Mankin. "When I was growing up Herndon was a small town. I do not think of Herndon as a small town any more." Mankin drove to Delegate Tom Rust's Herndon office in August to accept a resolution, which recognized her for community service and her 90th birthday.

Mankin's father operated the Moffett Blacksmith Shop, originally located in the town of Herndon. Now the blacksmith shop stands at the farm entrance at Frying Pan Historic site at West Ox Road in Herndon. Joseph Moffet and his son Henry operated the Moffet Blacksmith Shop in Herndon from 1904 to 1955. The shop was moved to Frying Pan Farm Park in 1975 and contains much of the blacksmith's original equipment. The shop is open to the public during special events. A family friend convinced the Moffet family to move from Baltimore, Md. to Herndon, where they opened the blacksmith shop.

ELMA M. MANKIN spent much of life dedicated to making the community a better place. As an active philanthropist, she spent countless hours volunteering in Herndon's many historical sites. She was



Delegate Tom Rust (R-86) holds a resolution recognizing lifelong Herndon resident Elma Mankin who turns 90 this August.

involved with the Herndon Historical Society, the Herndon Women's Club, Reston Hospital, Herndon United Methodist Church, the Council for the Arts in Herndon, and other local organizations. Mankin began her career as a secretary at Herndon High School and eventually moved to be the secretary of Herndon Elementary School. She married Douglas Mankin and retired when she gave birth to two daughters. After the last of her children grew up, Mankin looked for ways to remain active in the community.

Elma Mankin has earned numerous accolades for her community service receiving the Dr. Frist Humanitarian Award in 1996 and the Herndon Mayor's Distinguished Service Award in 1997. She was

the Herndon Rotary Club "Citizen of the Year" in 2001 where she was crowned Queen of Herndon, and was recognized at the Mayor's Volunteer Appreciation Night for her countless years of service to the community. After retirement Mankin enrolled and took art courses at Northern Virginia Community College.

Mankin has had an appreciation of the visual arts, and attended the mural dedication held in August at the Dominion Animal Hospital in Herndon. "The artist, Keith Naquin is a talented man," said Mankin. Mankin has been a member of the Herndon Women's Club for 65 years.

THIS SEPT. 1ST, the Women's Club will be co-hosting the annual Labor Day Festi-



Lifelong Herndon resident Elma Mankin has been active in many different community service groups.

val in downtown Herndon from noon to 6 p.m. The ticketed event will feature music, a craft show, food, twelve wineries, and micro-brews and culinary demonstrations.

Herndon Community Television (HCTV) videotaped an interview with Mankin for a program called "Herndon Voices."

Regarding changes in transportation with the Silver Line, Mankin is quiet. "Perhaps I am not gung ho about it," she said with a trace of a smile. Instead Mankin has been lobbying for a merger of the ArtSpace Herndon and the Council for the Arts of Herndon. "I do not think we need two separate art organizations in a town," said Mankin. For more information on the Herndon Woman's Club, visit www.herndonwomansclub.com.

PHOTOS BY RYAN DUNN/THE CONNECTION

Hometown Hero

Local saves man and dogs from fire.

BY REENA SINGH
THE CONNECTION

Lesley Pappalardo, a slender brunette, stopped her car in front of a home with smoke billowing out of its windows in late June.

Worried that someone was still inside, she opened the door to find an elderly man lying on the ground of the burning building and his dogs waiting for help.

Pappalardo was recognized earlier this month by the Herndon Town Council for selflessly saving Allen Chambers and his two dogs.

"Life seems to be like a movie," said councilmember Jasbinder Singh, quoting Lesley from her actions on June 26.

He read a poem he wrote about the events that day - how Pappalardo saw Chambers lying on the ground and

pulled him - inch by inch - until he was outside.

One of his dogs followed, but Chambers mentioned to her that there was another dog left inside.

She went back into the burning home, grabbed the dog by neck and brought it outside to safety. She waited for the fire trucks to finally reach the house before she even thought about leaving.

"I was on the train going to Florida because I had an aunt who was dying, and so I wasn't there," said Allen's wife, Dorothy Chambers. "If it wasn't for her, I just don't even want to think what could have happened."

She gave Pappalardo Knockout Roses to plant in her yard. She, the Chambers and several town council members were visibly teary-eyed by the end of the group photo taken to commemorate her award.



Lesley Pappalardo was recognized by the Herndon Town Council for saving Allen Chambers and his two dogs from a fire in late June.

Pappalardo was not available for comment after the meeting.

"Well, that is what Herndon is all about

right there," said Mayor Lisa Merkel. "People doing the hard thing, the right thing, and helping their neighbors."

PHOTOS BY REENA SINGH/THE CONNECTION

OPINION

Back to School: Good Steps, Good Intentions

The first day of school in Fairfax County is Tuesday, Sept. 2, but Monday, Sept. 8 is the beginning of something important. For the first time in decades, elementary school students will have a full day of school on Mondays instead of being sent home hours early. This action makes so much sense in for families with children in elementary school. The ability of Superintendent Karen Garza to facilitate this change to go into effect right away is remarkable, and we hope a promise for more changes ahead.

Earlier this week, the American Academy of Pediatrics issued a policy statement calling for later start times — not earlier than 8:30 a.m. — for high school and middle school students. It's not impossible although some school sys-

tems would have you believe that it can't be done. It's time to make that change in Fairfax County.

The science is undisputed. From the abstract: "A substantial body of research has now demonstrated that delaying school start times is an effective countermeasure to chronic sleep loss and has a wide range of potential benefits to students with regard to physical and mental health, safety, and academic achievement. The American Academy of Pediatrics strongly supports the efforts of school districts to optimize sleep in students and urges high schools and middle schools to aim for start times that allow students the opportunity to achieve optimal levels of sleep (8.5–9.5 hours) and to improve physical (eg, reduced obesity risk) and mental

(eg, lower rates of depression) health, safety (eg, drowsy driving crashes), academic performance, and quality of life."

You can read the report here: <http://pediatrics.aappublications.org/content/early/2014/08/19/peds.2014-1697.full.pdf>

Back to school nights begin this week and run into October. For parents and students, there is no more important event that to turn up at Back to School Nights for your children, introduce yourself to teachers and open the lines of communication. Here is a link to a daunting list of Back to School Nights in Fairfax County:

<http://www.fcps.edu/news/backtoschool/bts-chronological.shtml>

— MARY KIMM,

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EDITORIAL

The Climate is Changing

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Climate change, once considered an issue for a distant future, has moved firmly into the present," according to a report, Climate Change Impacts in the United States, that was released this year and that includes the findings of 300 experts affiliated with the National Climate Assessment and Development Advisory Committee (<http://nca2014.globalchange.gov/>). Their findings are the same as I heard discussed last week at the National Caucus of Environmental Legislators National Issues Forum in which I participated (www.ncel.net). A couple of speakers brought unique backgrounds and insights into the issue of climate change. Retired Vice Admiral Dennis V. McGinn is a widely recognized energy and na-

tional security expert. He insists that climate change is a threat to our national security. Dr. James Hansen, formerly Director of the NASA Goddard Institute for Space Studies and currently an adjunct professor at Columbia University's Earth Institute, started in the 1980s raising awareness of global warming and speaks forcefully today of the need to take action to protect the future of young people and all species on the planet.

In legislative chambers in Virginia and throughout the country, climate change continues to be debated by politicians some of whom question whether or not climate change is actually occurring and whether humans have anything to do with causing it. Meanwhile, there is a clear conclusion



among scientists as expressed in the Climate Change report:

"Evidence for climate change abounds, from the top of the atmosphere to the depths of the oceans. Scientists and engineers from around the world have meticulously collected this evidence, using satellites and networks of weather balloons, thermometers, buoys, and other observing systems.

Evidence of climate change is also visible in the observed and measured changes in location and behavior of species and functioning of ecosystems. Taken together, this evidence tells an unambiguous story: the planet is warming, and over the last half century, this warming has been driven primarily by human activity." (Page 6)

Climate change means hotter and more erratic weather, warmer oceans and fresh water sources, heavy downpours, global sea level rise, and reductions in glaciers and sea ice, among other changes.

Shrinking land ice along with an expansion of the ocean as it warms and natural land subsidence that occurs along the coast will result in areas being inundated with increased episodic flooding. The Virginia coastline will be especially hard hit.

Actions can and should be taken by legislators to protect our communities, children and future generations from the dangers of climate change. We need to reduce harmful emissions for sure, and I have put a lot of emphasis in my work on renewable energy. We need to deal with big polluters some of whom receive government subsidies recognizing that alternative energy sources are becoming increasingly available to us from rapidly growing clean industries.

Above all, however, politicians need to be honest with the public in acknowledging that the climate is changing, and we can do something about it!

LETTER TO THE EDITOR

Facing Homelessness

To the Editor:
In his opinion piece ("Homelessness: Source of Trauma for

Children," Connectionm August 13-19, 2014), Dean Klein, the Director of Fairfax County's Office to Prevent and End Homelessness, clearly enumerated the reality for hundreds of homeless families and their children in the County. While most of them are working, these families do not earn enough income for them to access affordable housing. According to a study completed by George Mason University in 2012, nearly half the households earning less than

\$40,000 in annual income in the Mount Vernon and Woodlawn communities have trouble finding or maintaining housing for their families.

At Good Shepherd Housing & Family Services, a 40-year-old homeless services and affordable housing provider serving the Mount Vernon community, we have seen many such families struggling to access affordable housing. They are living on the brink of homelessness — or are, in fact, experiencing a spell of homelessness. Last year we helped nearly 120 of these families in our area to find permanent afford-

able housing.

As Dean Klein noted, the consequences of homelessness do not end quickly. Especially when children are involved and have suffered the trauma of homelessness, the effects may be lifelong. Moreover, they suffer from emotional or behavioral problems that interfere with learning at almost three times the rate of other children. Children should never have to wonder where they'll be sleeping on any given night. In our County some 700 children do wonder.

Here at Good Shepherd Housing, we work hard to ameliorate the problems these homeless children face.

We ensure that formerly home-

less children in our housing programs do not miss out on educational, social and recreational activities simply because their families have low-incomes.

Because of generously donated funds, we provide these children with school supplies and new winter coats and pay for their after school activities and summer camps.

At Good Shepherd Housing we are doing all we can to provide our community's working poor with a fresh start toward stable housing and a better life.

David Levine
Executive Director
Good Shepherd Housing

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SPORTS



PHOTOS BY JON ROETMAN

McLean will operate out of the spread offense under first-year head coach Shaun Blair and coordinator Chris Weiler.

Blair Looks to Instill Winning Culture at McLean

Highlanders trying for first playoff berth since 2011.

BY JON ROETMAN
THE CONNECTION

Shaun Blair spent eight seasons as an assistant coach with two of the more successful high school football programs in Northern Virginia. Now a first-time head coach, Blair, 35, is in charge of transforming an average team into a winner.

Blair enters the 2014 season as the head coach of the McLean football team. He takes over a program that finished 15-16 over the last three seasons, including a trip to the playoffs in 2011. From 2007-2013, McLean posted a 31-42 record, including an 8-3 mark in 2010, with three playoff appearances, but no postseason victories.

Winning seasons and playoff victories were part of the culture at Blair's previous two coaching stops. From 2006-2010, he was an offensive assistant at Robinson under then-head coach Mark Bendorf, who led the Rams to state championships in 1997 and 2001. In Blair's last two seasons with Robinson, the Rams went 19-5 with a pair of playoff wins.

From 2011-2013, Blair was a defensive assistant at Lake Braddock under head coach Jim Poythress, who led the Bruins to the state playoffs in 2009 and 2010. In Blair's three seasons with Lake Braddock, the Bruins went 28-8 and reached the 2013 region semifinals.

"Bringing that kind of football culture from what the Burke area has been exposed to with Coach Bendorf and Coach Poythress [is a focal point]," Blair



Jordan Cole will be an impact player as receiver and safety for the McLean High football team.

said, "[along with] instilling values about school and your program and playing for more than yourself."

Offensively, Blair and coordinator Chris Weiler have implemented a spread attack led by senior quarterback Brian Maffei.

"He is one tough guy," Blair said. "... His development has been exponential from the kid we've seen on film."

Maffei's top receiving threat is senior Jordan Cole. Tight end Owen Pilewski will also figure into the passing game.

Leading the way on the ground will be running back Chris Merrill.

"He's elusive," Blair said. "The thing that sets him apart is he has phenomenal vision. He sees it all develop as he's carrying the football."

Jack Holland, Tom Shue and Pilewski could also receive carries.

Defensively, the Highlanders will operate out of a base 4-3

alignment. Cole and Shue will be the safeties. Senior Nelson Sera is an enforcer at middle linebacker.

"He gets [to the ball carrier]," Blair said, "with a pretty angry attitude."

Sam Higbee will be another difference maker at linebacker. Brandon Hill is a standout along the defensive line. Blair said one goal for the Highlanders is to improve by one game from last year's 5-5 record, giving McLean a winning season. Another goal is to get in the playoffs.

"They're a proud group of young men," Blair said, "and we want to get a game better than they've been before."

McLean will open the season on the road against Washington-Lee at 7:30 p.m. on Friday, Sept. 5. The Highlanders' first home game is Sept. 19 against Falls Church.



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Megan Greatorex (23) and the South Lakes field hockey team lost to Robinson and beat Stuart during the Under the Lights tournament on Monday at Lee High School.

South Lakes Splits a Pair

South Lakes field hockey coach Jessica Salo said the Seahawks, who have nine sophomores and two freshmen listed on their roster, could experience a rebuilding year in 2014.

Then again, maybe they won't.

South Lakes dropped its Under the Lights tournament opener to Robinson 1-0 on Monday at Lee High School after the Rams scored a goal in the closing minutes. Later that night, the Seahawks responded with a 7-1 victory over Stuart.

"I thought we were really aggressive," Salo said after the loss to Robinson. "... We've got a young team so it might be a bit of a rebuilding year. But, actually, I'm really happy with what I've seen so far, so I don't know that it will end up being

a rebuilding year for us."

Senior midfielder Megan Greatorex had a big night against Stuart, scoring four goals. Senior Aly McCarty, and sophomores Emily Lockwood and Seretha McHugh each had one.

Greatorex, McCarty and sophomore Jordan Majoros are expected to be three of the Seahawks' top players.

"They're really ball hungry," Salo said. "They're very aggressive. They always give 110 percent."

Freshman Jesse Lynch and sophomore Meredith Brooker are also expected to be key contributors.

South Lakes will travel to face Falls Church at 7:30 p.m. on Wednesday, Aug. 27, and will host Herndon on Sept. 3.

— JON ROETMAN



Senior Aly McCarty (21) is expected to be one of the South Lakes field hockey team's top players in 2014.

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21 Announcements

ABC LICENSE
NOVA Enterprises, LLC trading as Reds Table, 11150 South Lakes Dr, Reston, VA 20191. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on and off Premises, Mixed Beverages Restaurant license to sell or manufacture alcoholic beverages. John Jarecki, Owner

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. objections should be registered at www.abc.virginia.gov or 800-552-3200.

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And Another Thing I'm "Righting" On



By KENNETH B. LOURIE

Not only did last week's CT Scan indicate shrinkage, where necessary – and stability, where hoped for – it also accomplished these hoped-for goals after only two months of chemotherapy (still infused every three weeks) rather than the normal three months of chemotherapy. So depending on how the calendar/treatment schedule actually fell, I probably received two fewer infusions than usual, yet all the radiological indications – and interpretations – continue to be encouraging; after five and a half years, no less. I think I'm entitled to use the word amazing – and lucky, too.

Certainly I've made lifestyle changes, as you regular readers know, though I'm hardly the poster child for outliving-your-terminal-stage-IV-non-small-cell-lung-cancer-diagnosis. I haven't incorporated all the suggestions made to me, but I have listened – and learned, of course. Still, I'm proud of the path I've traveled, which wouldn't have happened without the help and guidance of friends and family who I trusted, and who I know had my best interests at heart. And I have survived, thrived almost, because of their persistence.

But change is not, and has not been easy for me. In fact, "change" might as well be a four-letter word, although I do use my share; never in print, and less frequently in public probably wouldn't kill me. But I'm also good at rationalizing my behavior – both good and bad, so doing/not doing and providing plausible, semi-defensible explanations (maybe even denials) has become one of my best mechanisms. Ultimately, my bottom line in all of these attempts at modifying my behavior is stress reduction – which equates to self-preservation, if you want to know the truth – and doing so in a way that is consistent with my personality, allowing me to maintain the effort. I don't suppose starting and stopping would solve much. It's sort of like a placebo effect. If I think something I'm doing is working, then maybe it is. The mind is a terrible thing to waste and I want to give it every opportunity to bring me back to "normal" health. For all I know, some new pill I've started, some new behavior I've assimilated, something (like sugar) I've reduced is all working together to make me whole again. And since I generally don't look for trouble – considering that trouble has already found me, I try to leave well enough alone until a little birdie tells me otherwise (anybody, anywhere; any source, anyhow; any medium, any way). Now I don't want to knee-jerk myself into a decision. I'll make a few inquiries, I'll do a little research, but overall, I won't make the pursuit my life's work.

In spite of it all, and in spite of me and my peculiarities, I approach this week's five-and-a-half-year, post-diagnosis anniversary with less fear and trepidation than perhaps I should. But as I've said many times previously, and again in this column: "What do I know?" Enough to keep me up and at 'em and alive and reasonably well, I suppose. And way more than I had a right to expect and almost too much to understand. I've never asked "why me?" but I've always thought "why not me?" And so it goes – and has gone; maybe my level of ignorance has been a sort of bliss. However, if I really understood what ails me, I might not be so glib about it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

To have community events listed in the Connection, send to herndon@connectionnewspapers.com by the Friday prior to the following week's paper.

THURSDAY/AUG. 28

ESL Pronunciation and Speaking for Intermediate Students. 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Adults. 703-689-2700.

FRIDAY/AUG. 29

ESL for Beginners. 10 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Conversational group. Adults. 703-689-2700.

Let's Talk - ESL for Intermediate Students. 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Conversational group. Adults. 703-689-2700.

MONDAY/SEPT. 1

American Red Cross Blood Drive. 8 a.m.-1 p.m. Fairfax County Fire Station 36, 2600 West Ox Road, Herndon. To learn more and make an appointment to donate blood, visit redcrossblood.org or call 1-800-RED CROSS.

FRIDAY/SEPT. 5

American Red Cross Blood Donation. 9 a.m.-2 p.m. YMCA Reston, 12196 Sunset Hills Road, Reston. redcross.org or 1-800-RED-CROSS.

SATURDAY/SEPT. 6

Reston Community Yard Sale. 8:30 a.m. - 12:30 p.m. Reston Association, 12001 Sunrise Valley Drive. Rain date Sept. 7. Vendor Space is sold out. In case of rain in the forecast call 703-435-6577.

MONDAY/SEPT. 8

American Red Cross Blood Donation. 3:30 p.m. - 7:30 p.m. Herndon Elementary School, 630 Dranesville Road, Herndon. redcross.org or 1-800-RED-CROSS.

WEDNESDAY/SEPT. 10

DMV2Go. 9 a.m.-4 p.m. Reston Town Center Plaza, 11900 Market St, Reston. The Department of Motor Vehicles wireless office on wheels will be open. http://www.dmv.state.va.us/general/#dmv_2go.asp
American Red Cross Blood Donation. 4 - 8 p.m. St. Thomas A. Becket Rcc, 1421 Wiehle Avenue, Reston. redcross.org or 1-800-RED-CROSS.

THURSDAY/SEPT. 11

American Red Cross Blood Donation. 8 a.m. - 1:30 p.m. U.S. Geological Survey, 12201 Sunrise Valley Drive, Reston. redcross.org or 1-800-RED-CROSS.

MONDAY/SEPT. 15

American Red Cross Blood Donation. 8 a.m. - 1:30 p.m. Cisco, 13600 Dulles Technology Drive, Herndon. redcross.org or 1-800-RED-CROSS.

TUESDAY/SEPT. 23

Inova Blood Drive. 12-7 p.m. Reston Town Center Plaza, 11900 Market St., Reston. Blood drive occurs monthly on the 4th Tuesday. 1-866-256-6372.

ONGOING

Fairfax County's Meals on Wheels urgently needs drivers in the Annandale, Franconia/Kingstowne, Reston, Mount Vernon and McLean areas. 703-324-5406, TTY 711 or www.fairfaxcounty.gov/olderadults.

Knitting Enthusiasts, Musicians Needed. 10:30 a.m.-noon, at Herndon Senior Center. Herndon Senior Center seeks a knitting enthusiast to teach basic procedures. Musicians to play soothing music on weekend mornings also needed. 703-324-5406, TTY 711, www.fairfaxcounty.gov/olderadult or VolunteerSolutions@fairfaxcounty.gov.

Habitat Heroes Project. The fourth Saturday of each month. Join the Habitat Heroes in protecting Reston's forests from aggressive plants and restoring them to their natural state. Wear long sleeves, long pants, and if possible, gardening gloves to protect from insects and dangerous plants. R.A. will provide tools, gloves, snacks, and water. To volunteer and find more information, contact habrock@reston.org or 703-435-7986.

Arabic-speaking Older Adult Social Visits. Fairfax County needs volunteers who speak Arabic to provide social visits to an elderly person in Reston for four hours per month. 703-324-5406, TTY 703-449-1186, VolunteerSolutions@fairfaxcounty.gov or www.fairfaxcounty.gov/dfs/olderadultservices.

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21 Announcements

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CALENDAR



Visit ArtSpace Herndon's new exhibit, **Each Other's Dreams: Konko Village Through Image and Word**, a special exhibit of the people, places, customs, and life in Konko, a small village in Ghana, West Africa, as told through the photographs, carvings, and writings of photographers and filmmakers. This photograph "Carrying Light" is by Caroline Brewer. Exhibit is on display through Sept. 7.

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

WEDNESDAY/AUG. 27 – SATURDAY/OCT. 11

"Signs of Summer." Parkridge 5 Building, 10780 Parkridge Blvd., Reston. This League of Reston Artists' show includes original painting, mixed media, two-dimensional hangable art and photography. www.leagueofrestonartists.org

THURSDAY/AUG. 28

All Comers Group Fun Run. 6:30 p.m. Potomac River Running, 11911 Democracy Dr., Reston. Low key social run. 703-689-0999.

Live Music at M&S Grill. 6:30-9:30 p.m. M&S Grill, 11901 Democracy Dr., Reston. Enjoy live performance by Ken Wenzel. 703-787-7766.

Each Other's Dreams: Konko Village Through Image and Word Opening Reception. 7 – 9 p.m. ArtSpace Herndon, 750 Center Street, Herndon. ArtSpace presents a special exhibit of the people, places, customs, and life in Konko, a small village in Ghana, West Africa, as told through the photographs, carvings, and writings of photographer and filmmaker Kenneth Braswell, poet Nikki Giovanni, literacy artist Caroline Brewer, photographer Carla D. Blackwell, master wood carver Daniel B. Aryeety, and author Kwame Alexander. Exhibit on display through Sept. 7.

FRIDAY/AUG. 29

New Solo Exhibits Open at Reston Corners One and Two. 8:30 a.m.-4:30 p.m. 12001 and 12005 Sunrise Valley Drive, Reston. The League of Reston Artists showcases the compositions of Melanie Zucker Stanley and Cristina Abbate Jacobson. www.leagueofrestonartists.org.

Farewell to Summer Campfire. 7-8:30 p.m. WNC Campfire Ring - On Soapstone Drive, between Glade Drive and Lawders Road, Reston. From trees losing leaves to birds flying south, we will celebrate the end of summer through songs, stories and games. \$6-\$8. Reservations required at naturecenter@reston.org or 703-476-9689 and press 5.

JamBrew. 6-10 p.m. 777 Lynn Street, Herndon. Weekly summer concert series featuring local bands and local brews. 703-674-0589. www.jambrew.com

FRIDAY/AUG. 29-FRIDAY/SEPT. 26

JamBrew. 6-10 p.m. Town Green Herndon, 777 Lynn Street, Herndon. Recurring weekly on Friday. 703-674-0589.

SATURDAY/AUG. 30

Reston Concerts on the Town Series – David Akers & the American Soul Shakers. 7:30-10 p.m. Reston Town Center Pavillion, 11900 Market Street, Reston. Motown, rhythm and

blues. 703-579-6720.

Lake Anne Plaza – 8th Annual Jazz & Blues Festival.

2-8 p.m. Lake Anne Plaza (Waterfront), 1609 Washington Plaza, Reston. This free, family friendly, all-day event will showcase a variety of talented regional and national jazz & blues performers. www.lakeanneplaza.com.

Cine Classics—"The Princess Bride." 11 a.m. Bow Tie Cinemas, 11940 Market St, Reston. Enjoy the classic film Niagara on the big screen. 703-464-0816.

Cooking Class. 12 p.m. Il Fornaio, 11990 Market Street, Suite 106 Reston. Cooking demo and three course lunch with wine. \$45. 703-437-5544.

Sunday Bourbon and Blues Brunch. 10 a.m.-2 p.m. M&S Grill, 11901 Democracy Dr. Reston. Live blues musical performance by local artists. 703-787-7766.

Saxxy Sundays. 6 p.m.-9 p.m. Il Fornaio, 11990 Market Street, Suite 106 Reston. Live jazz with Jaared. 703-437-5544.

Wine Dinner. 5:30 p.m. Il Fornaio, 11990 Market Street, Suite 106 Reston. Five-course dinner paired with wines. \$65. 703-437-5544.

MONDAY/SEPT. 1

Mr. Knick Knack! Children's Performance. 10:30-11:15 a.m. Reston Town Center Pavillion, 11900 Market Street, Reston. Unique, heart-centered music for kids! 703-579-6720.

Herndon Labor Day Festival. 12-6 p.m. Historic Downtown Herndon, 777 Lynn Street, Herndon. Festival with live music, craft show, food and culinary demonstrations. No pets allowed. \$10-\$20. 703-787-7300.

TUESDAY/SEPT. 2-SUNDAY/SEPT. 7

Each Other's Dreams: Konko Village Through Image and Word. ArtSpace Herndon, 750 Center Street, Herndon. In this exhibit the story of the Village of Konko in Ghana, West Africa is told through photographs, carvings and writings. 703-956-6590 or www.artspaceherndon.org.

WEDNESDAY/SEPT. 3-MONDAY/OCT. 6

Multicultural Festival Exhibition. 9 a.m.-9 p.m. Jo Ann Rose Gallery, 1609 Washington Plaza N, Reston. To help celebrate the Reston Multicultural Festival, area artists are displaying works of art that relate to their cultural heritage. 703-476-4500.

SATURDAY/SEPT. 6-SUNDAY/SEPT. 7

National Capital Cat Show. 9 a.m.-5 p.m. Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. The cats are coming - National Capital Cat Show is the largest cat show on the East Coast, with up to 400 cats competing. \$6-\$10. www.nationalcapitalcatshow.com.



PHOTOS BY RYAN DUNN/THE CONNECTION

The JamBrew concerts held in Herndon are an opportunity to hear indie music bands. The free JamBrew concerts start Friday, Aug. 29 and continue each Friday night in September.

JamBrew Indie Concerts Return to Herndon

While Herndon Friday Night Live concludes music does not yet stop.

BY RYAN DUNN
THE CONNECTION

Friday Night Live, the Herndon outdoor concert series concluded on Aug. 22 with performances by bands Almost Journey and The Fuzz. "We have had a great year so far for Friday Night Live," said founder Doug Downer. "This was our 20th season and we have tried to do a little something special every night and the fans seemed to really appreciate it. We had a great music lineup this year and featured a lot of bands that you rarely get a chance to see play, especially for free." Friday music will continue with Herndon Hospitality Association's JamBrew concert series. "This is the Herndon Hospitality Association's fifth year of doing concerts on the Town Green," stated former Herndon Vice Mayor Connie Hutchison. "The JamBrew concert series features local musicians and their original music. We will be doing six events." The free JamBrew concerts start Friday, Aug. 29 and then each Friday night in September (Sept 5, 12, 19, & 26). "We are adding an all day Oktoberfest, or 'Oktobrewfest' as our committee likes to refer to it on Saturday, Sept. 27 from noon - 10 p.m. with 8 bands and 8 brews."

"Each year it has gotten a little bit bigger," said Jay Hutchison, a resident of Herndon and musician. "It gets more people interested into coming to Herndon," said Hutchison. The first band to perform with JamBrew on Aug. 29 will



Del. Tom Rust (R-86), a former mayor of Herndon, presented Doug Downer, founder of Friday Night Live with a certificate of appreciation for his Friday Night Live work.

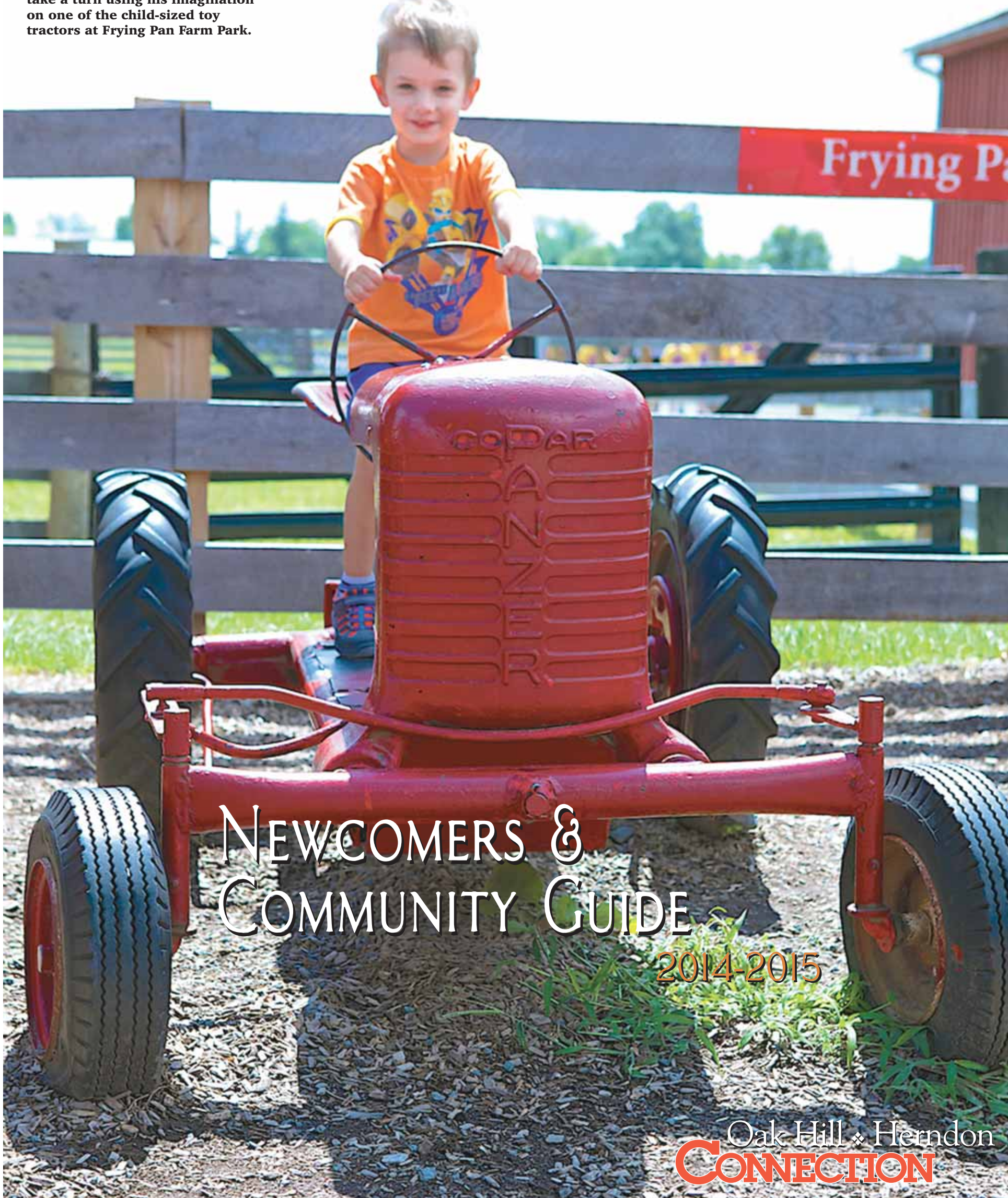
JamBrew Schedule

Aug. 29 - Jonny Grave and The Tombstones
Sept. 5 - The Morrison Brothers Band
Sept. 12 - Justin Trawick and The Common Good
Sept. 19 - Ted Garber Group
Sept. 26 - dedwax | Bo Jankans
Sept. 27 - Oktoberfest

be Jonny Grave and The Tombstones. The band playing on Sept. 5 will be The Morrison Brothers Band. Sept. 12th will feature Justin Trawick and The Common Good. JamBrew was developed by the Hutchison family to bring support for local music bands which sometimes play at local bars and restaurants in the area. A portion of all proceeds will also benefit RecycleLife, the nonprofit thrift shop The Closet, and ArtSpace Herndon.

Jimmy's Old Town Tavern will be providing food for purchase or people can bring their own. Virginia Eagle Distributors will be providing beer and there will be wine available for purchase. No outside alcohol or pets can be brought into the site. For more information on JamBrew visit jambrew.com.

Evan, from the Ashburn area, came to see the puppet show and take a turn using his imagination on one of the child-sized toy tractors at Frying Pan Farm Park.



NEWCOMERS & COMMUNITY GUIDE

2014-2015

Oak Hill ♦ Herndon
CONNECTION

PHOTO BY RENÉE RUGGLES/THE CONNECTION

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NEWCOMERS & COMMUNITY GUIDE

Welcome to Fairfax County

BY SHARON BULOVA/CHAIRMAN
FAIRFAX COUNTY BOARD OF SUPERVISORS

Welcome to Fairfax County, the best place in the country to live, work and play. Fairfax County is home to a fantastic public school system, top tier business and shopping opportunities, compassionate human services, and some of the best parks and open spaces in the D.C. Metropolitan region. This summer featured the long-awaited opening of the WMATA Silver Line, which connects the Reston and the Tysons areas of the county to the entire Metrorail system.

Last June, I cut the ribbon to open a new segment of our Fairfax County Cross County Trail, named after former Chairman (now congressman) Gerry Connolly. It was his vision, while serving on our board, to build and connect trail sections to make it possible for someone to hike through all nine county magisterial districts. The northern end of the trail begins in Great Falls National Park at the breathtaking Potomac River and travels south to the historic Occoquan River.

The trail passes through stream valleys and meadows, then winds through fascinating Laurel Hill, site of the former Lorton Prison. In addition to parkland and a golf course, these grounds are now home to the Workhouse Arts Center where visitors can watch artists in action and enjoy plays, performances and community events such as



PHOTO CONTRIBUTED

Thumbs up for Silver Line: The long-awaited opening of the WMATA Silver Line, which connects the Reston and the Tysons areas of the county to the Metrorail system.

Springfest every April.

Fairfax County has something for everyone. Northern Virginia Community College offers more than 160 degrees at the associate's level and numerous certificate programs. Its partnership with George Mason University provides families and stu-

dents with a seamless, cost-effective path to a four-year degree.

George Mason University, recently named one of the top five "Up-and-Coming Universities" by U.S. News and World Report, is also recognized as one of America's Best College Buys by Forbes magazine. Under the

presidency of Dr. Angel Cabrera, Mason is fast taking its place as a university for the world.

Fairfax County is known for its business-friendly climate. Time Magazine has described us as "the epicenter of the Washington region's job boom" and "one of the great economic success stories of our time." Although home to eight Fortune 500 company headquarters (corporate giants such as Northrop Grumman and Booz Allen Hamilton) about 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees. We are a great location for startups.

Of course, Fairfax County's greatest asset is a population that is welcoming and engaged. People from all over the globe have made Fairfax County their home, enriching our community with diverse cultures and entrepreneurship. Visit Fairfax County's website at www.fairfaxcounty.gov to learn more about what Fairfax has to offer.

As chairman of the Board of Supervisors, I am elected at-large by all registered voters. My office is here to serve you. If you have any questions or concerns, please email me at chairman@fairfaxcounty.gov or call me at 703-324-2321. I hope you will sign up to receive my monthly Bulova By-line newsletter that will keep you up-to-date on what is happening and how you can participate in all that Fairfax County has to offer you and your family.

Thanks for making Fairfax County your home.

Town Council Tackling Herndon Hot Issues

Business growth, Metro access hot topics for town.

BY REENA SINGH
THE CONNECTION

Herndon will be undergoing changes in the next five years to stay on top of the progression around it.

As a town that will have a working metro station running through in the next four years, business growth, community cultural and diversity awareness and increasing the walkability and bikeability of the town will become focus for the Herndon Town Council to tackle.

But they want to keep Herndon's small town appeal, as well.

"The biggest impact will be preparing for the station," said Mayor Lisa Merkel. "We met with Metro last week, and they gave us an update."

The site where the station will be will begin to clear in early 2016 to make way for the new structure, she said. In Febru-



The town will be working on bringing new businesses to Herndon.

ary, fencing will be installed around the construction site. A service crane will be seen at the site in May and a pedestrian bridge will be under construction by September, according to a Dulles Corridor Metrorail Project powerpoint provided by the town.

The area surrounding the future metro station will be changing as well.

"We rezoned the property, and now it's owned by nine different landowners, so they'll make a plan to redevelop the area," she said.

In order to make the redeveloped area

successful, however, there is a need to make sure everyone, whether or not they want to drive to the property, can access it.

THE TOWN is currently talking to the county about ensuring that the Fairfax Connector will be able to make additional stops in order to get people to the bus. Because of Herndon's layout, many people, like Councilmember Grace Van Wolf, live far enough where they would have to take the bus to the station in order to go to work or head into Washington, D.C.

"For us, it's about growing the population, keeping it walkable but also having that mass transit available," Wolf said. "All of that takes money, and how do we do that without selling the soul of our town?"

Wolf had a solution to save Herndon's small-town vibe: making sure the structures in downtown adhered to the current historic vibe while supporting current and future cultural events.

That, she said, is what gets people out of their cars as they pass through downtown.

SEE HOT ISSUES, PAGE 4

PHOTO BY REENA SINGH/CONNECTION NEWSPAPERS

NEWCOMERS & COMMUNITY GUIDE



PHOTO BY REENA SINGH/ CONNECTION NEWSPAPERS

Several new resolutions, including a new language policy and new town committees, may be discussed by the Herndon Town Council soon.

Hot Issues in Herndon

FROM PAGE 3

“That’s what brings people here and allows people to enjoy our community,” she said.

She said Herndon is unique in that the population is younger than nearby Reston, which has a prominent senior community.

“Herndon’s vibrant, and we want to keep it that way,” she said. “We have to keep encouraging our interesting businesses and bring in some new businesses.”

Merkel said the town is attracting “niche high-tech businesses.”

“We’re exploring having an incubator,” she said. “We’re talking to a lot of people who have done it before.”

Bringing in a new Economic Developer to the town staff has made a positive impact, she said.

“We’re helping businesses relocate into the town, which we didn’t have the resources to do before.”

THE NETWORK OF TRAILS, including the Washington and Old Dominion Trail running through the town, are in a constant state of updates. The trail had new lights installed and banners announcing Herndon’s presence have been hung in the name of community spirit.

Future bike and pedestrian trails have been looked into by the Metrorail Station Access Management Study earlier this year during a series of community hearings. The 1-mile radius around the station is what it calls the walkability range while the 3-mile radius is known as the bikeability range. The study looks at both the Herndon Metro Rail station and Innovation Station - the last Fairfax County metro stop.

“We just want the trails to be interconnected, because people don’t want to drive to the Metro station,” said Merkel.

Possibly this fall, new town committees

for sustainability and cultivating culture may be created. Merkel said town residents will be informed if and when they are approved.

“We hear a lot about sustainability within the town,” she said. “When I was knocking on doors during the campaign, a lot of people were talking about recycling, composting. People are growing their own food.”

She said the community can really reach out and celebrate its diverse culture better with a new committee. Wolf agreed.

“Herndon’s known as a center for culture,” she said. “You’ll see an emphasis on arts and entertainment and dining. Those are community enhancers.”

Once advertisements calling for volunteers are put out, the mayor had no doubt the committees would be filled by eager citizens.

“Herndon is really known for its volunteers,” she said. “We’re always looking for new ways to get people involved.”

New committees are not the only resolution Councilmember Wolf hopes is passed in the near future.

“I’m pushing for the town to create a new language policy,” she said.

The town council recently voted to abolish a language policy resolution stating that English is the town’s official language. For residents who did not speak English, this meant the town’s official policy was to not translate something to their native language unless it was a safety or health issue.

The town currently has a large Hispanic and Asian population.

However, not having a language policy in place leaves questions like what languages should be translated for public notices.

“Our policies should be forward thinking rather than playing catch-up,” she said.

Area Demographics

Reston

Zip code: **20194**

Population: **13,165**

Race: **White-10,464 (79.5%), Black/African American-674 (5.1%), American Indian and Alaska Native-20 (0.2%), Asian-1,396 (10.6%), Hispanic or Latino (of any race)-832 (6.3%)**

Total housing units: **5,932**

Owner-occupied housing units: **4,021 (71%)**

Households with individuals under 18 years: **1,812 (32%)**

Households with individuals 65 years and over: **739 (13%)**

Median household income: **132,019**

Mean family income: **212,131**

Population 5 years and over who speaks a language other than English at home: **22.5%**

Zip code: **20190**

Population: **17,529**

Race: **White-11,999 (68.5%), Black/African American-2,030 (11.6%), American Indian and Alaska Native-45 (0.3%), Asian-2,075 (11.8%), Hispanic or Latino (of any race)-1,848 (10.5%)**

Total housing units: **9,156**

Owner-occupied housing units: **4,580 (53%)**

Households with individuals under 18 years: **1,823 (21.1%)**

Households with individuals 65 years and over: **1,789 (20.7 %)**

Median household income: **89,296**

Mean family income: **132,147**

Population 5 years and over who speaks a language other than English at home: **29.3%**

Zip code: **20191**

Population: **29,128**

Race: **White-19,460 (66.8%), Black/African American-2,991 (10.3%), American Indian and Alaska Native-118 (0.4%), Asian-3,255 (11.2%), Hispanic or Latino (of any race)-4,860 (16.7%)**

Total housing units: **12,096**

Owner-occupied housing units: **8,438 (72.5%)**

Households with individuals under 18 years: **3,635 (31.3%)**

Households with individuals 65 years and over: **2,477 (21.3%)**

Median household income: **107,771**

Mean family income: **142,295**

Population 5 years and over who speak a language other than English at home: **32.9%**

Source: U.S. Census 2010; American Community Survey 2012

Oak Hill/Herndon

Zip code: **20170**

Population: **41,236**

Race: **White-23,745 (57.6%), Black/African American-3,413 (8.3%), American Indian and Alaska Native-222 (0.5%), Asian-6,992 (17%), Hispanic or Latino (of any race)-10,795 (26.2%)**

Total housing units: **14,446**

Owner-occupied housing units: **8,852 (66.9%)**

Households with individuals under 18 years: **5,758 (43.5%)**

Households with individuals 65 years and over: **1,708 (12.9%)**

Median household income: **103,679**

Mean family income: **131,559**

Population 5 years and over who speaks a language other than English at home: **45.3%**

Zip code: **20171**

Population: **45,887**

Race: **White-26,558 (57.9%), Black/African American-3,506 (7.6%), American Indian and Alaska Native-104 (0.2%), Asian-13,029 (28.4%), Hispanic or Latino (of any race)-3,092 (6.7%)**

Total housing units: **16,868**

Owner-occupied housing units: **10,833 (66.6%)**

Households with individuals under 18 years: **7,227 (44.5%)**

Households with individuals 65 years and over: **1,723 (10.6%)**

Median household income: **137,093**

Mean family income: **177,564**

Population 5 years and over who speaks a language other than English at home: **36.1%**. Source: U.S. Census 2010; American Community Survey 2012

NEWCOMERS & COMMUNITY GUIDE

What is the Best Part of Living in Herndon?

Rosann Fronczak, pictured with her dog, Copper

"My family and I moved to Herndon 12 years ago. We didn't know anything about the town and didn't know anyone. Luckily Herndon has many activities and ways to get involved, and my three sons quickly joined sports teams, enrolled in school at St. Joseph's and Herndon High School, and we joined St. Joseph's Church.

We have really enjoyed living in Herndon because it has a small town feel without giving up the amenities of a bigger city. There are local activities and traditions like the Herndon Festival and farmers market as well as local sports leagues like HOYB and HOYF that allow families to become involved in the community. Herndon also has great restaurants and shopping that everyone can enjoy."

PHOTOS BY
SARAH ANDERSON/
THE CONNECTION

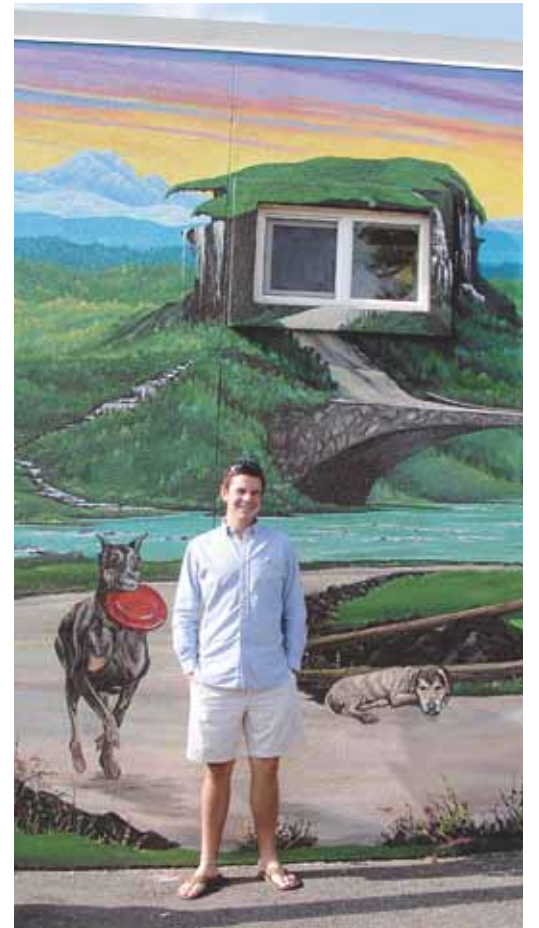


Shane Gray, Landscape Architecture Student at Virginia Tech, in front of a mural painted on the side of the Dominion Animal Hospital in downtown Herndon

"I've lived in Herndon for my entire life. My family has changed houses twice but we have always stayed close to downtown because of the local heritage and the convenience of walkable destinations. Friendly and inviting neighborhood settings make getting to know your neighbors a breeze.

I really enjoyed going to school in Herndon, especially participating in the French Immersion program at Herndon Elementary School. The program helped me more deeply appreciate the culture and language, and I continued with my studies through high school and am now pursuing a degree in French at Virginia Tech!

Living in Herndon is great because it is home to so many different kinds of people that are all brought together downtown through events like the farmers market, local restaurants like Jimmy's Old Town Tavern, biking on the W & OD Trail, and outdoor concerts like FridayNight Live and JamBrew. Herndon promotes small business growth and allows for local traditions and residents to thrive."



SEE TIPS, PAGE 6

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NEWCOMERS & COMMUNITY GUIDE

FROM PAGE 5

Lycia Gough shopping at the Herndon Farmers Market (held every Thursday in downtown this summer)

"I've lived in Herndon since I was in the third grade. Herndon has grown a lot since I was a kid but still has a great small town feel. My kids have gone to schools in Herndon and have had great experiences there. My favorite thing about Herndon is probably that it has a lot of different traditions, like the homecoming parade, that help to pull the community together."



Anita Miller, employee at Herndon Florist

"I have lived in Herndon since 1980. Herndon is much bigger and busier now than it was when I was growing up. I live downtown and it is great, especially with the great weather that we have had this summer, that I can walk just a few short blocks to work at Herndon Florist. It is great that Herndon has thriving local businesses. Merchants downtown are very supportive of each other and are patrons of each other."



I enjoy living in downtown Herndon because I am within walking distance of a lot of great and diverse, locally owned restaurants. There are casual restaurants like Jimmy's and Mediterranean Breeze or you can go to a more upscale restaurant like the Ice House or Zeffirelli's. In the future, I hope the downtown continues to grow and attract hometown businesses and families."

Brandon Burgess, student at Virginia Commonwealth University, pictured at the Herndon All League Swim Meet

"Herndon has a really rich history and it is great to walk around the downtown historic district. There are a lot of great restaurants and businesses in the area, like Anitas, that I enjoy going to."

One of my favorite things about Herndon is the sports leagues. When I was growing up I met a lot of friends through Herndon Optimist Youth Soccer and the Herndon Swim League. I still participate in the Herndon Swim League as a coach for the Kingstream Kahunas, the team that I swam for as a kid, and I'm happy to be giving back to the Herndon community."



— SARAH ANDERSON

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lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known



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NEWCOMERS & COMMUNITY GUIDE

High Schools Aiming High

Recent news from Herndon, Langley and McLean High.

BY JANIE STRAUSS
SCHOOL BOARD MEMBER/DRANESVILLE

Herndon, Langley and McLean High Schools offer a rich program of courses, extracurricular activities and events. Check their websites for detailed descriptions. www.fcps.edu/HerndonHS, www.fcps.edu/LangleyHS and www.fcps.edu/McLeanHS

Concerts, plays and athletic events are open to the public and a great way to get to know a school community.

Here is a sampling of recent school news.

HERNDON HIGH SCHOOL

- ❖ HHS will complete the planning phase this year for their renovation. Construction will likely begin in 2016-17.
- ❖ The Step Team has won their second world championship and the marching band will perform at Disney World in April.
- ❖ The Virtual Business Enterprise class has represented Virginia three times in national competitions.
- ❖ HHS has the largest number of National Board Certified teachers in a single FCPS schools.
- ❖ Herndon continues to field a competitive robotics team and offers a Navy JROTC program.

❖ Herndon is a "kids at Hope" school with an expectation of success for all students.



PHOTO CONTRIBUTED

LANGLEY HIGH SCHOOL

*Langley High School will begin their renovation in December of this year. Classes will continue with the help of 32 temporary classrooms in the new Quad Ville located in the parking lot. On campus parking will be reduced. With the auditorium under construction in the first phase this year, orchestra, band and drama performances will take place in other spaces. Please continue to come to events, but check for new locations.

*Last year, the volleyball team won the state championship, the science Olympiad team was second in the state and the Saxon Stage's performance of "The Children's Hour" won a Cappie for the best play and Jamie Joeyen-Waldorf won for graduating critic.

❖ The All Langley Read is "The Adoration of Jenna Fox" by Mary Pearson.

- ❖ The Langley Leap, a senior internship program, will be offered again in June through Government classes.

MCLEAN HIGH SCHOOL

*MHS, renovated some years ago and having experienced enrollment growth in the last few years, may see no uptick in enrollment this year.

- ❖ McLean's Critics team, Emma Paquette (rising critic) and Alex Stone (lead actor in a musical) won Cappies.
- ❖ Luke Ferris, a member of the USA Aquatics Special Olympics Team, has made the Team USA for the World Special Olympics.
- ❖ The Symphonic Band will perform at the National Concert Band Festival in Indianapolis.
- ❖ Dawn Allison, a MHS counselor, has been selected as the 2013-2014 FCPS Outstanding Career Center Specialist.
- ❖ McLean's principal, Ellen Reilly, has a special page on the school website called Reilly's Raves that highlights various student and staff accomplishments – like Catherine Overberg who graduated with perfect attendance from kindergarten through high schools. Check it out.



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NEWCOMERS & COMMUNITY GUIDE

About the Connection

As your local, weekly newspaper, the Connection's mission is to deliver the local news you need, to try to make sense of what is happening in your community, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we've included an expanded and updated version of our award-winning Insider's Guide to the Parks, plus details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail or call us, contact us on Facebook or send us a tweet. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo. We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least

Keep in Touch

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two weeks ahead of the event, and we encourage photos.

Your community Connection newspaper is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

The Connection Newspapers have won hundreds of press awards in just the past few years, including the Virginia Press Association Award for Journalistic Integrity and Community Service, Best in Show for our Insiders Guide to the Parks, first place for our community guides, plus awards in news, art, business, special projects, sports, entertainment, design, photography and much more.

We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. We continue to publish 15 distinct papers

every week that serve their communities in distinct ways. We welcome contributing writers, with the caveat that our freelance pay is nominal; if you are interested in covering news or events in your community, email editors@connectionnewspapers.com. We offer summer and year-round educational internships with information at www.connectionnewspapers.com/internships.

In addition to our weekly coverage, we have monthly special focus pages on Wellbeing; Education, Learning, Fun, and HomeLifeStyle, plus other seasonal specials including Real Estate, Senior Living, Fall Fun, Food and Entertainment (also Winter, Spring and Summer), a twice a year Pet Connection, and others. If you have story ideas for these, email editors@connectionnewspapers.com; if are interested in marketing, email sales@connectionnewspapers.com.

MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM,

@MARYKIMM

CHAMBERS

Find a comprehensive online listing of county business resources at www.fairfaxcountyped.org/business-resources.

Fairfax County Chamber of Commerce

The chamber facilitates industry-focused councils, thought leadership groups, community partnerships and many other opportunities for its more than 600 member companies to expand their networks and raise their profiles in the highly competitive Northern Virginia market. www.fairfaxchamber.org/ or 703-479-9075.-0

Greater Reston Chamber of Commerce

The organization serves businesses in the Dulles Corridor. It aims to be the catalyst for business growth and entrepreneurship by providing quality programs, education, connections and advocacy for our members and organizations in the Dulles Corridor. www.restonchamber.org.

Dulles Regional Chamber of Commerce

Comprised of the Herndon and Chantilly/Centreville Chambers, it covers Herndon, Sterling, Centreville, Chantilly, South Riding and Dulles Airport. www.dullesregionalchamber.org.

Hispanic Chamber of Commerce of Northern Virginia

Located in Herndon, the organization serves businesses lead by and those that work with the Hispanic community in the area. www.hccnva.org/.

Pakistan American Business Association Inc.

PABA is a nonprofit, bilateral trade association that promotes business opportunities between Pakistan and the United States of America, and nurtures leadership skills within the Pakistani American business community.

Oak Hill & Herndon CONNECTION NEWCOMERS & COMMUNITY GUIDE

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NONPROFITS

FACETS

FACETS began as a meal distribution outreach effort in 1988, today is an established nonprofit organization with programs to provide shelter, food, and medical attention for those unable to provide for themselves. FACETS offers a multifaceted array of volunteer opportunities across all of our programs to include administrative and office opportunities at our main office in Fairfax City. Take a moment to learn more about available volunteer opportunities, then kindly sign up for an orientation where you will learn more about becoming a volunteer for FACETS as well as complete an application. 703-352-5090 or <http://facetscares.org/>

Affordable Housing Corporation (AHC)

AHC, a nonprofit developer of affordable housing, operates in Vienna to provide quality homes for low- and moderate-income families.

AHC also offers services for residents and homeownership opportunities. www.ahcinc.org/index.html.

Northern Virginia Family Service

NVFS addresses the needs of many communities in our region by providing services like foster care and multicultural human services.

See extensive volunteer opportunities on their website. 703-385-3267 or www.nvfs.org/.

Committee for Helping Others (CHO)

CHO is a Vienna organization committed to providing simple, loving charity to those in need. CHO is currently seeking volunteer drivers for their furniture and transportation programs.

Their 14th Annual Thanksgiving Interfaith Service is Tuesday, Nov. 20, 7:30 p.m. at Emmanuel Lutheran Church, 2589 Chain Bridge Road. 703-281-7614 or www.cho-va.com.

Family PASS

Family PASS strives to step in before families lose their housing by providing rental subsidies, extensive case management and other assistance including education, job training, child care, food, transportation, health care, help with children's issues and counseling.

Volunteer opportunities include drivers, event hosts, food drive organizers and tutors. 703-242-6474 or <http://familypassfairfax.org/>.

So Others Might Eat

SOME is a 40-plus-year-old Washington, D.C. based organization with church partnerships throughout Northern Virginia and a storage facility in Vienna.

SOME works to meet the immediate daily needs of needy adults and children with food, clothing and health care, with the goal of breaking the cycle of homelessness by offering services such as affordable housing, job training, addiction treatment and counseling, to the poor, the elderly and individuals with mental illness. www.some.org/.

Cornerstones

Cornerstones helps those that are homeless and struggling in Northern Virginia to build more stable lives by connecting them to vital resources that solve their needs for

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NONPROFITS

FROM PAGE 8

housing, child care, food or financial assistance. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program and the Thanksgiving Food Drive. 571-323-9555 or www.cornerstonesva.org/.

Herndon-Reston FISH

FISH: Friendly Immediate Sympathetic Help. A volunteer, non-sectarian, non-profit dedicated to helping local residents through short-term crises. Seeking general volunteers or monetary donations. 336 Victory Drive, Herndon, 703-391-0105 or <http://herndonrestonfish.org>.

Shelter House

Shelter House was formed in 1981 when several ecumenical groups came together to better serve Fairfax County's low-income population; Shelter House follows the Housing First model, with the main priority to re-house every family that begins one of their six unique housing programs. Currently Shelter House is seeking monetary, item and time donations. www.shelterhouse.org.

LINK: Link Against Hunger

LINK provides emergency food assistance by request on a daily basis and hosts Thanksgiving and Christmas programs. The organization is comprised of 14 member churches serving Herndon, Sterling and Ashburn. LINK needs contributions of food, coats and holiday toys for children, plus volunteers. More than 4,000 adults and children have signed up for help with Thanksgiving and Christmas meals. 703-437-1776 or www.linkagainsthunger.org.

Assistance League of Northern Virginia

An all-volunteer organization that clothes, feeds, educates and nurtures those in need. Working through six elementary schools and Inova Fairfax Hospital, Assistance League touches the lives of some of the most needy in Northern Virginia. The schools involved include Dogwood Elementary in Reston, Lynbrook Elementary and Garfield Elementary in Springfield, Cora Kelly Elementary in Alexandria and Pine Spring Elementary in Falls Church. Volunteers and donors are always needed. Contact ALNorthernVA@yahoo.com or www.northernvirginia.assistanceleague.org

Dulles Corridor Rail Association

Advocates for business when it comes to Metrorail development along the Toll Road, with an emphasis on Herndon and Reston area development. www.dullescorridorrail.com.

Touching Heart

Touching Heart is an organization that encourages children to help others by creating a wishlist for a child in one of the orphanages or foster care center affiliated with the organization and asking friends and family to donate to the wishlist. The children who receive the gift respond with a letter or sometimes a painting or handmade gift. www.touchingheart.com/.

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You do your best to keep your kids healthy and fit... But, what about YOU?

It's back-to-school season, and busy parents everywhere are running around, managing new routines, juggling schedules and shuffling the kiddos from one afterschool activity to the next. Gymnastics, sports practice, martial arts, dance – you make it a priority to ensure your kids get the physical activity they need to live a healthy, happy, well-balanced and FIT life from an early age. **But what about YOU?**

Are you among the group of parents sitting in the waiting room or on the sidelines while your kids are physically active? What are you doing to improve your health and the quality (and quantity) of your life?

There never seems to be enough time left in the day for Mom and Dad to take care of themselves. It's easy to say, "I'm too busy," and do another errand rather than hit the gym.

But when you make fitness a priority for the entire FAMILY – parents included – you are setting a healthy example and establishing a lifestyle that kids will have for life. Taking just 15-30 minutes for a workout is important for managing stress, looking and feeling great, and having more energy. **Bottom line: a fit parent is a happy parent. And happy, fit parents have happier, healthier kids.**

That's why I came to Koko FitClub. I am a busy dad, and my kids mean everything to me. I'm proud to be leading my team to serve this community to changes lives, setting a positive example for my children, and becoming a healthier dad in the process. Koko offers a fast, efficient workout – so you can get in and out before the kids are done with karate.

You CAN be that fit, strong person you've always wanted to be – for yourself and your family. Let us prove it to you. I feel so strongly about what we do at Koko FitClub, and believe it will truly change your life, that I invite you to try 30 days of Koko for just \$30 -- no obligation. Come in for a visit, meet my team, try our club for yourself, and see how easy it can be to fit fitness into your busy life. Don't just do it for you – do it for the kids!

Yours in good health,
Scott Richardson and the Koko FitClub Team

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www.accotinkuuc.org in Burke, Va.

Koko FitClub WE CHANGE LIVES



"We Koko because fitness is a family affair!"
– Debbie & Paul Baker



"Turning 47, I have never been this physically fit in all my life - even before 3 children! Koko has been the easiest workout plan for me to stick with without getting bored, and it is by far the most efficient. The friendly and helpful Koko employees are like family. On a recent trip to Mexico people were saying that my 17 year old daughter and I look like sisters (OH YAH!) on the beach - PRICELESS!"
– Linda Weber



"There is absolutely no way I would achieve what I do at this club ANYWHERE else. I've lost over 15 lbs, my blood pressure is lower, and I am looking and feeling better than I have in 10 years!"
– Scott Kreitz

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What's on the Ballot; How to Vote

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NEWCOMERS & COMMUNITY GUIDE

Every Year is Election Year in Virginia

FROM PAGE 10

THE 8TH DISTRICT is an open seat because of the retirement of incumbent Rep. Jim Moran (D), who was elected in 1990. Democrat Donald S. Beyer Jr. will face Republican Micah K. Edmond plus three independent candidates. The 8th district includes all of Alexandria and Arlington, plus parts of Fairfax County including Mount Vernon, Lorton and parts of McLean, Tysons and Falls Church.

❖ Republican Micah K. Edmond, www.micahedmond.com

❖ Democrat Donald S. Beyer Jr., www.friendsofdonbeyer.com

❖ Libertarian Jeffrey S. Carson, jeffreycarson.com/

❖ Independent Green Gerard C. "Gerry" Blais III, www.votejoinrun.us

❖ Independent Gwendolyn J. Beck, www.gwendolynbeck.com

IN THE 10TH DISTRICT, an open seat was created by the retirement of Frank Wolf (R), who was elected to office in 1982. Both major party candidates are elected officials from McLean, with Republican Barbara Comstock, a member of the Virginia House

of Delegates, facing Democrat John Foust, a member of the Fairfax County Board of Supervisors. The 10th district sprawls from McLean to Winchester, and includes Great Falls, Chantilly, parts of Fairfax Station, the Town of Clifton, part of Burke and Springfield.

❖ Republican Barbara J. Comstock, www.barbaracomstockforcongress.com

❖ Democrat John W. Foust, www.foustforvirginia.com

❖ Libertarian William B. Redpath, billredpath.com

❖ Independent Green Dianne L. Blais, www.votejoinrun.us

❖ Independent Brad A. Eickholt, www.eickholt4congress.com/

IN THE 11TH DISTRICT, Gerry Connolly (D), former chairman of the Fairfax County Board of Supervisors, elected to congress in 2008, will face Republican Suzanne K. Scholte and two independent candidates.

❖ Republican Suzanne K. Scholte, www.suzannescholteforcongress.com/

❖ Democrat Gerald E. "Gerry" Connolly, incumbent, www.gerryconnolly.com

❖ Green Joe F. Galdo www.joegaldo.com

❖ Libertarian Marc M. Harrold, www.marcharrold4congress.com

IN FAIRFAX COUNTY, all voters will vote yes or no for more money for transportation projects. **Transportation Improvements Bond Question:** Shall the Board of Supervisors contract a debt, borrow money and issue bonds of Fairfax County, Virginia, in addition to bonds previously authorized for transportation improvements and facilities, in the maximum aggregate principal amount of \$100,000,000 for the purpose of providing funds to finance the cost of constructing, reconstructing, improving and acquiring transportation facilities, including improvements to primary and secondary State highways, improvements related to transit, improvements for pedestrians and bicycles, and ancillary related improvements and facilities?

IN THE CITY OF FAIRFAX, voters will also vote on an advisory Referendum regarding length of term for Offices of Mayor, City Council and School Board, and whether the term of office should be increased from two years to four years.

New Voter Identification Requirements

As of this summer, there are new requirements for voter identification that voters must bring with them to the polling place.

Virginia law requires all voters to provide an acceptable form of photo identification at the polls. Voters arriving to the polls without photo ID will be allowed to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality's electoral board in order for their provisional ballot to be counted.

Virginia's photo ID requirements also apply to absentee voters who vote in-person in all elections.

Here are the "acceptable" forms of identification:

❖ Valid Virginia Driver's License or Identification Card

❖ Valid Virginia DMV issued Veteran's ID card

❖ Valid United States Passport

❖ Other government-issued photo identification cards (must be issued by US Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth)

❖ Valid college or university student photo identification card, must be from an institution of higher education located in Virginia.

❖ Employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business

❖ or a Virginia Voter Photo ID Card obtained through any local general registrar's office

"Valid" is defined as a genuine document, bearing the photograph of the

voter, and is not expired for more than 12 months.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

DON'T HAVE ONE OF THESE?

Any registered voter who does not possess one of the above mentioned forms of photo ID, may apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

Provisional Ballot Process

A voter who arrives at the polling place without an acceptable form of photo identification will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board. Voters may submit a copy of their ID via fax, email, in-person submission, or through USPS or commercial delivery service. Please note that the copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted. A Friday postmark will not be sufficient. Writ-

ten notice given to the voter will provide the necessary information, including email, fax, and address of where the ID should be delivered.

IF YOU VOTE A PROVISIONAL BALLOT but don't have an "acceptable ID," you can appear in-person in the office of the general registrar in the locality in which the provisional ballot was cast by noon on Friday following the election and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document can be provided to the electoral board as acceptable identification and the voter's provisional ballot will be counted.

SOURCE: Virginia Department of Elections, www.sbe.virginia.gov

For More Election Information:

Fairfax County Board of Elections, 703-222-0776, www.fairfaxcounty.gov/eb/
12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

City of Fairfax General Registrar, 703-385-7890, <http://www.fairfaxva.gov/government/general-registrar>

10455 Armstrong Street, Sisson House, Fairfax, 22030; FAX 703-591-8364; email generalregistrar@fairfaxva.gov

State Board of Elections, 804 864-8901 Toll Free: 800 552-9745 FAX: 804 371-0194

email: info@sbe.virginia.gov
<http://www.sbe.virginia.gov>

Fairfax's Success Story

50 Years in the Making

BY GERALD L. GORDON, PH.D.

If you are a newcomer to Fairfax County, allow me to welcome you to one of the most dynamic communities anywhere in the world to live and work. It was the vision of many people to create this kind of community, so please allow me to offer a quick history lesson.

The Capital Beltway was completed in 1964. The same year the iconic highway opened, the Virginia General Assembly passed a law that created what is now called the Fairfax County Economic Development Authority. In the last 50 years, creation and growth of a diversified business community and local economy transformed a sleepy bedroom community in the shadow of the nation's capital into what Time magazine has called "one of the great economic success stories of our time."

How much of a success story? Fairfax County was home to no Fortune 500 companies in 1964, and today 10 of those businesses are based here. That's more than 30 states. Today more than 400 foreign-owned businesses have a presence here, as do four companies on Black Enterprise magazine's list of the 100 largest African American-owned companies, three companies on HispanicBusiness.com's list of the 100 largest Hispanic-owned companies, and top companies that are Asian-, woman- and veteran-owned.

Today Fairfax County is the second-largest suburban office market in the United States. Almost no matter where you live, you can see how the county continues to evolve as a business location. The first phase of Metro's Silver Line rail service further enhances the attractiveness of Tysons Corner and Reston, while the second phase will link Herndon and Washington Dulles International Airport to the rest of the Washington region in 2018.

Southeastern Fairfax County (Springfield, Lorton and the Richmond Highway corridor) are becoming important office centers thanks to growth at Fort Belvoir. The Mosaic District in Merrifield is a popular destination, and the Springfield Town Center opening this fall promises to be a magnet for that area.

As I suggested earlier, this evolution of Fairfax County has been no accident. It has been a strategy driven by a consistent vision: A strong and consistent economic development program that attracts companies and helps them stay and grow here creates job opportunities, builds a strong commercial tax base that holds down residential taxes, and allows the Board of Supervisors to provide high-quality public services that enhance the quality of life here.

Yes, Fairfax County has changed tremendously since 1964. But, even with all the progress that has happened, we believe even better times lay ahead.

Gerald L. Gordon, Ph.D., is president and CEO of the Fairfax County Economic Development Authority.

NEWCOMERS & COMMUNITY GUIDE

Herndon Destinations & Attractions

— RYAN DUNN

The Herndon Community Center has been serving the area since 1979. The community center has an indoor pool as well as a fitness room, racquetball courts, and outdoor tennis courts.

PHOTO COURTESY OF HERNDON COMMUNITY CENTER



Katy Carkuff and Caroline Stefanie Clay in *Gideon's Knot*, a suspenseful drama that will play at NextStop Theatre Company starting Aug. 28.



PHOTO BY MELISSA BLACKALL PHOTOGRAPHY/COURTESY OF NEXTSTOP THEATRE

Herndon Community Center

Herndon Community Center has been active since 1979. Signature Herndon events hosted at neighboring Bready Park include athletic events such as the Turkey Trot and the Herndon Festival 10K and 5K races. Other seasonal events include the Halloween Spooktacular, Father Daughter

Dance, and Aqua Egg Hunt.

The community center has an indoor pool in addition to a fitness room, three racquetball courts, and outdoor tennis courts. For information visit www.herndonva.gov/Content/Parks_rec/community_center/.

Herndon Next Stop Theatre

Formerly known at The Elden Street Players, NextStop Theatre is a professional live theatre company in Northern Virginia, next to Washington's Dulles Airport, Reston

Town Center. The company is sponsored by the Town of Herndon. For more information on current and upcoming shows visit www.nextstoptheatre.org.

The historic Herndon Caboose is a reminder of Herndon's rail history. It is located near the Herndon Depot.



Located at 11801 Leesburg Pike, Herndon, Woody's Golf Range offers a driving range and mini-golf course.

PHOTO COURTESY OF WOODY'S GOLF RANGE



Herndon W&OD Caboose

Located at 726 Lynn St., the historic Herndon Caboose is near the Herndon Depot Museum and the W&OD trail. Railroad aficionado George Moore located a Norfolk and Western caboose and had it transported to Herndon.

Located adjacent to the W&OD trail—formerly the W&OD railroad line—the caboose serves as a reminder of the town's rail history. The trail is administered by the Northern Virginia Regional Park Authority (NVRPA).

Woody's Golf Range

Located at 11801 Leesburg Pike, Herndon, Woody's Golf Range offers a driving range and a mini-golf course.

There are also batting cages, basketball

and volleyball. It's the perfect place to unwind with your family.

For more information visit www.woodysgolf.com.

Frying Pan Farm Park in Herndon offers a numerous attractions including an annual 4-H Fair. It is the last working farm in Fairfax County and has a public equestrian facility.



ArtSpace Herndon is a community art gallery located at 750 Center Street, Herndon. The art gallery attracts artists and performers at local, national, and international levels.

PHOTOS BY RYAN DUNN/
THE CONNECTION



Herndon Frying Pan Farm Park

The park is one of the unique places to visit in Northern Virginia and home to the last working farm in Fairfax County and only public equestrian facility of its size. The park contains the Frying Pan Meetinghouse, listed on the National Register of Historic

Places and dating from the 18th century, and the Old Floris Schoolhouse, constructed in 1911. The park hosts seasonal events throughout the year, including a regional 4-H Fair, a summer camp, and holiday events. www.fairfaxcounty.gov/parks/fryingpanpark/

ArtSpace Herndon

Located at 750 Center Street, the ArtSpace Herndon is a community art gallery created and supported by art lovers in the greater Herndon area. The non-profit gallery provides opportunities for local artists and photographers to exhibit their art, teach classes, and offer workshops. As a

gathering place celebrating the arts, ArtSpace Herndon is also a showcase for performers.

ArtSpace Herndon attracts artists and performers at local, national, and international levels. For more information visit www.artspaceherndon.com.

NEWCOMERS & COMMUNITY GUIDE

Getting to Know Herndon High Sports

Field hockey team reached the 2013 region semifinals.

Herndon High School

Mascot: Hornets.
School Colors: Red and black.
Athletic Director: Jonathan Frohm, 703-810-2275.
Football Coach: Jeremiah Davis (first year).

The Hornets went 1-9 in 2013, beating Edison for their lone victory.
Field Hockey Coach: Mary Miller.
Volleyball Coach: Rebecca Waters.
Boys' Basketball Coach: Gary Hall.
Baseball Coach: Greg Miller.
Rival School: South Lakes.

What Happened Last Year: The field hockey team went 14-7 and reached the region semifinals. The boys' basketball team finished with a 23-3 record, won the Conference 5 championship and reached the region semifinals. The boys' soccer team finished conference runner-up.

Then-Herndon senior Kent Auslander dunks in a game during the 2013-14 season.

CONNECTION
FILE PHOTO



From The Connection's Top 100 Athletes:

30. Barry Johnson, a 1986

graduate, was a three-sport star for the Hornets, starring in football, basketball and soccer. He

played receiver at the University of Maryland and briefly in the NFL.

31. Scottie Reynolds, a 2006 graduate, was a basketball star for the Hornets, who went on to play at Villanova University.

51. Keith Moody, a 1986 graduate, was a football and basketball star for the Hornets. He played basketball at the University of Nebraska.

64. Bryant Johnson, a 1986 graduate, was a standout running back for the Herndon football team.

75. Jon Carman, a 1994 graduate, was an offensive tackle for the Herndon football team. He played collegiately at Georgia Tech and spent time with the NFL's Buffalo Bills.

77. Randy Dodson and Brad Richardson, 1994 graduates, helped the Herndon boys' basketball team break an 18-year Great Falls District title drought.

88. Alexa Lange, a 1990 graduate, was a state-champion track athlete for the Hornets.

93. Chris Sabo, a 1993 graduate, was a standout wrestler for the Hornets.

From Koubaroulis' 2006 profile for The Connection's Top 100 Athletes: "Sabo went on to win the Virginia High School League AAA state title as a sophomore and posted a 131-7 career record including a senior season in which he went undefeated (34-0) en route to his second state title. He also won the regional title three times and was a high school All-American.

Sabo, who found success early as a sophomore in 1991, became one of the state's most targeted wrestlers. ... Chris went on to wrestle at Oklahoma State University for a year and qualified for the NCAA tournament."

94. Skye Eddy, a 1989 graduate, was a track and soccer player for the Hornets, who went on to play collegiate soccer.

98. Brandon Guyer, a 2004 graduate, was a football and baseball star for the Hornets. He played collegiate baseball for the University of Virginia and was drafted by the Chicago Cubs in the fifth round of the 2007 MLB draft, and currently plays for the Tampa Bay Rays.

Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

Questions? E-mail sales@connectionnewspapers.com or call 703-778-9431

THE CONNECTION
NEWSPAPERS

Your elected representative to state government Delegate Ken Plum • 36th District



Please let me know if I can ever be of assistance to you!

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www.kenplum.com • Facebook: Kenneth R. Plum**

Authorized by Kenneth R. Plum. Paid for by Friends of Delegate Ken Plum.



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www.mcpaw.org
www.mcpaw.org/wp-content/uploads/2011/11/brick_flyer.pdf



ENTERTAINMENT

Year-round Festivals

A list of annual community events in the area.

LIST COMPILED BY EMMA HARRIS

August 2014

SATURDAY/AUG. 30

Lake Anne Jazz & Blues Festival. 1 p.m. Lake Anne Plaza (Waterfront), 1609 Washington Plaza, Reston. Showcasing a variety of talented local emerging artists and national jazz performers. Visit lakeanneplaza.com/event/8th-annual-jazz-blues-festival/30.

SATURDAY-SUNDAY/AUG. 30-31

War of 1812 Signature Event. Noon-5 p.m. Alexandria Waterfront, 3 Cameron Street, Alexandria. Visitors are invited to delight in interactive historical exhibits, boating activities and food trucks. Features a tug-of-war, cricket match and yacht race as well. 703-746-4242. Free. Visit www.visitAlexandriaVA.com/1812

September 2014

MONDAY/SEPT. 1 - SUNDAY/SEPT. 7

Annual Workhouse Clay National Ceramics Exhibition. Workhouse Arts Center, 9518 Workhouse Way, Lorton. This exhibition represents the depth and breadth of contemporary functional and sculptural ceramic artworks being created throughout the country. Visit http://www.workhouseceramics.org/index.php?p=1_15_Clay-National-2014.

MONDAY/SEPT. 1

Herndon Labor Day Festival. 12-6 p.m. Herndon Town Green, 777 Lynn Street, Herndon. Downtown Herndon celebrates Labor Day with an annual festival - "great music, a craft show, food, wineries, micro-brews and culinary demonstrations will all be there. Visit www.herndon-va.gov

SATURDAY/SEPT. 6

Virginia Indian Festival. 10 a.m.-4 p.m. Riverbend Park, 8700 Potomac Hills Street, Great Falls. Tribal dancing, songs and drumming make history come alive each September at the Virginia Indian Festival at Riverbend Park. Visit www.fairfaxcounty.gov/parks/parktakes/quicktakes/#FA14QT7.

SATURDAY-SUNDAY/SEPT. 6-7

37th Annual Burke Centre Festival. 9:30 a.m.-10 p.m. 6060 Burke Centre Parkway, Burke. Burke Centre's signature event, which celebrates the spirit of the community each year with rides, activities and live entertainment for all ages to enjoy. Visit http://www.burkecentreweb.com/sub_category_list.asp?category=37&title=Annual+Festival.

SUNDAY/SEPT. 7

Reston Triathlon. 7 a.m. Lake Audubon, Twin Branches Road, Reston. Swim, bike and run in the "Reston World Championships." Visit www.restontriathlon.org/tri.

THURSDAY/SEPT. 11-18

16th Annual Fall for the Book Festival. George Mason University, 4400 University Drive, Fairfax. A week-long, multiple-venue, regional festival that brings together people of all ages and interests. Visit www.fallforthebook.org.

SATURDAY/SEPT. 13

18th Annual CCE Irish Folk Festival. Noon-8:30 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax and The Auld Shebeen Irish Pub, 3971 Chain Bridge Road, Fairfax. All are invited to enjoy, free of charge, the "pure

A troupe of Cambodian dancers perform on the World Stage at the Reston Multicultural Festival on Sept. 28, 2013. This year's festival will take place on Saturday, Sept. 27.

PHOTO BY
ALEX McVEIGH/
THE CONNECTION



PHOTO BY RYAN DUNN/THE CONNECTION

A worker with Williamsburg Winery Limited pours a sample of Midsummer Night's White wine at the 25th Herndon Labor Day Festival on Sept. 2, 2013. This year's festival will take place on Monday, Sept. 1.

drop" - the beauty and depth of Irish music, dance, language and sport as it has taken root and come into full flower in our community. Visit <http://www.fairfaxva.gov/about-us/special-events/fairfax-irish-folk-festival>

Silver Live Music and Food Truck Festival. 12-10 p.m. 1800 Tysons Blvd., McLean. Listen to performances from renowned local and national acts and find displays of fine arts and a variety of refreshments to benefit the Spirit of Hope Children's Foundation. Visit <http://tysonspartnership.org/event-calendar/tysons-world-music-festival/>.

Lorton's Fall Festival. 11 a.m. Lorton Station Town Center, 8998 Lorton Station Blvd., Lorton. Enjoy a magic booth, pumpkin painting, photo booth, games, prizes and more. Visit www.lortonstationtowncenter.com/calendar-of-events.html

SATURDAY-SUNDAY/SEPT. 13-14

King Street Art Festival. 10 a.m.-7p.m.

Saturday, 10 a.m.-5 p.m. Sunday. Old Town, King Street, Alexandria. At this community festival, art enthusiasts can discover spectacular paintings, life-size sculptures, jewelry, photography, ceramics and more. Visit www.artfestival.com/Festivals/Alexandria_Festival_of_the_Arts_Alexandria_Virginia_September.aspx

SATURDAY/SEPT. 20

5K/10K Dulles Day on the Runway. 7:30 a.m. 14390 Air and Space Museum Pkwy., Chantilly. The full length of the runway will be closed off for runners to experience a flat, fast course and a unique look at the airport grounds. All race proceeds will benefit Special Olympics Virginia, the Committee for Dulles Community Outreach and the Washington Airports Task Force. Visit <http://committeefordulles.org/5-10K.html>.

Dulles Day Plane Pull. 10:30 a.m.-4 p.m. Dulles International Airport. Teams of 25 are pitted against one another to see who can pull a 164,000+ pound Airbus 12 feet the fastest in

Special Olympics Virginia's "heaviest" fundraiser. Visit <http://www.planepull.com>.
Beer, Bourbon & BBQ Fest. 12-6 p.m. 8025 Galleria Drive, McLean. Attend for a day of beer sippin', bourbon tastin', music listenin', cigar smokin' and barbecue eatin'. Your admission buys a sampling glass so you can enjoy all you care to taste while attending seminars in the tasting theater and enjoying live music all day. Visit www.tysonspartnership.org/event-calendar/tysons-bbq-bourbon-and-beer-festival.
Mount Vernon Colonial Market and Fair. 9 a.m.-5 p.m. 3200 Mount Vernon Memorial Highway, Mount Vernon. Fifty colonial-attired artisans demonstrate 18th-century crafts and sell traditional wares such as baskets, woodcarvings, tin and ironwork, leatherworkings, weavings, furniture and much more. Visit <http://www.mountvernon.org/plan-your-visit/calendar/events/colonial-market-fair/>.
Paint Herndon Celebrate the Arts. 9:30 a.m. - 3:30 p.m. ArtSpace Herndon, 750 Center Street, Herndon. The annual Paint Herndon event is a celebration of the arts and the anniversary of the opening of ArtSpace Herndon, complete with a painting competition. Visit www.artspaceherndon.com/paint-herndon/.

SATURDAY-SUNDAY/SEPT. 20-21

2nd Annual Arlington Festival of the Arts. 10 a.m.-5 p.m. Highland Street in the Clarendon District, Arlington. More than 100 artists will showcase their work including paintings, jewelry, pottery, glass, and much more. Visit artfestival.com for more.

SUNDAY/SEPT. 21

Herndon Kids Triathlon. 7:30 a.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. This kids triathlon gives youngsters an opportunity to compete in one of the fastest growing sports in the United States. The event is designed for any youth, ages 6-16, regardless of athletic ability or prior triathlon experience. Visit www.herndon-va.gov.

SATURDAY/SEPT. 27

Clarendon Day. 11 a.m.-5 p.m. Near Clarendon Metro station, 3100 Wilson Blvd., Arlington. A celebration of the Clarendon neighborhood and a showcase for the people who make the neighborhood great with activities, live entertainment and food. Visit www.clarendon.org/clarendon-day.

Reston Multicultural Festival. 11 a.m.-6 p.m. 2310 Colts Neck Road, Reston. A celebration of the diversity and community spirit that is found in Reston, this annual event brings together the people of Reston to celebrate the rich medley of cultures. Visit <http://www.restoncommunitycenter.com/MulticulturalFestival.shtml>.

SUNDAY/SEPT. 28

Walk to End Alzheimer's. 3 p.m. Reston Town Center, 11900 Market St., Reston. Walk and fundraise to further the care, support and research efforts of the Alzheimer's Association. Visit <http://act.alz.org/site/TR/Walk/Creedg-information&id=5317&app=information&id=18124>

NatureFest. 1-5 p.m. Runnymede Park, 195 Herndon Parkway, Herndon. Explore various nature stations throughout the park including butterflies, bees, life in the meadow, web of life and much more with live animal shows throughout the day. Visit www.herndon-va.gov.

October 2014

THURSDAY/OCT. 2

3rd Annual Reston Town Center Help the Homeless Walk. 12 p.m. Reston Town Center, 11959 Market St, Reston. Walk from Mayflowers Floral Design Studio on The Promenade to the Embry Rucker Community Shelter and back. Funds will enable Cornerstones to provide essential resources and services for individuals and families in the community who are homeless or at risk of becoming homeless. Visit http://www.cornerstonesva.org/events_list/hth.

FRIDAY-SUNDAY/OCT. 3-5

Fall Wine Festival and Sunset Tour. 6-9 p.m. Mount Vernon Estate, 3200 George Washington Memorial Pkwy., Mount Vernon. Enjoy live blues and spectacular views of the Potomac River while sampling wine from 16 Virginia wineries. Visitors learn about the successes and failures of our Founding Father's wine endeavors, enjoy live blues music, and meet "George and Martha

SEE ENTERTAINMENT, PAGE 15

WWW.CONNECTIONNEWSPAPERS.COM

ENTERTAINMENT

FROM PAGE 14

Washington” on the Mansion’s piazza.
Visit www.mountvernon.org.

SATURDAY/OCT. 4

Art on the Avenue. 10 a.m.-6 p.m.
2301 Mount Vernon Avenue,
Alexandria. A multicultural arts
festival celebrating the community’s
diversity through the arts in the Del
Ray neighborhood in Alexandria,
Virginia. Visit
www.artontheavenue.org.

SUNDAY/OCT. 5

**McLean Project for the Arts
ArtFest.** 10 a.m.-5 p.m. McLean
Central Park, 468 Dolley Madison
Blvd., McLean. The park is
transformed into a lively landscape of
mini art galleries showcasing and
offering for sale the work of a diverse
group of 50 juried artists. Visit
www.mpaart.org.

**19th Annual Paws for a Cause 3K
Walk.** 12 p.m. Weber’s Pet
Supermarket, 11021 Lee Highway,
Fairfax. Paws for a Cause benefits
Fairfax Pets on Wheels, Inc., an all-
volunteer organization dedicated to
providing pet visitation to residents
of nursing homes and hospitals since
1987.

Visit www.fpow.org/event-685795.

SATURDAY-SUNDAY/OCT. 11-12

Oktober Fest Reston. Reston Town
Center, 11900 Market St., Reston.
Enjoy food, wine, beer, live
entertainment, a carnival and the
Anthem Great Pumpkin 5K at
Northern Virginia’s largest fall
festival. Visit <http://www.oktoberfestreston.com>.

SATURDAY/OCT. 11

**Fall Festival in Old Town Historic
Fairfax.** 10209 Main Street, Fairfax.
What started out as a small market
for artisans has grown to a festival
with over 400 arts, crafts and food
vendors, children’s activities and
entertainment for all ages. Visit
<http://www.fairfaxva.gov/about-us/special-events/fall-festival>.

THURSDAYSATURDAY/OCT 16-NOV 1

Great Pumpkin Gathering. 6-10
p.m. 1800 Tysons Blvd., McLean.
Artisan pumpkin carvers showcase a
dazzling display of pumpkin art
beyond your wildest imagining. Visit
www.tysonspartnership.org.

FRIDAY-SUNDAY/OCT. 17-19

**19th Annual Craftsmen’s Fall
Classic Art & Craft Festival.** 10
a.m.-6 p.m. Dulles Expo Center, 4320
Chantilly Shopping Center, Chantilly.
Features original designs and work
from hundreds of talented artists and
craftspeople from across America.
Visit http://www.gilmoreshows.com/craftsmens_classics_chantilly_fall.shtml.

SATURDAY/OCT. 18

Historic Hallows Eve. 4 p.m. Sully
Historic Site, 3650 Historic Sully
Way, Chantilly. Experience the
traditions of Virginians in the 18th
and 19th centuries by celebrating All
Hallows Eve with storytelling,
fortune telling, fall foods and family
gatherings. Visit <http://www.fairfaxcounty.gov/parks/sully-historic-site>.

SATURDAY-SUNDAY/OCT. 18-19

**Claude Moore Colonial Farm 1771
Market Fair.** 11 a.m.-4:30 p.m.
6310 Georgetown Pike, McLean.
Warm yourself by the fires and enjoy
the splendor of autumn with crisp
local apples, warm savory meat pies
and hearty breads, or let Market Fair

entertainers, tradesmen and the
militia amuse and educate you. Visit
www.1771.org.

Tyson’s Harvest Festival. 12-6 p.m.
1800 Tysons Blvd., McLean. Stroll
through the arts and crafts booths
and taste some of the fun flavors of
fall. Visit <http://tysonspartnership.org/event-calendar/tysons-harvest-festival>.

SUNDAY/OCT. 19

Neighbors Feeding Neighbors 5K.
9 a.m. 7925 Jones Branch Dr.,
McLean. Even though Northern
Virginia is considered one of the
wealthiest jurisdictions in the
country, we still face a poverty rate
of about 5 percent - more than
90,000 people are living in poverty
and 30 percent are children. Come
run or walk to help feed our
neighbors. Visit <https://runsignup.com/Race/VA/McLean/NeighborsFeedingNeighbors5K>.

FRIDAY/OCT. 24

Spooktacular. 6:30-8:30 p.m.
Herndon Community Center, 814
Ferndale Avenue, Herndon. Enjoy
ghoulish games, a spooky craft and a
children’s show. Visit www.herndon-va.gov.

SATURDAY/OCT. 25

Volunteer Fest 2014. A region-wide
day of community service that
mobilizes hundreds of volunteers to
help nonprofits accomplish tasks that
they would not have the time or
resources to do on their own. Visit
<http://www.volunteerfairfax.org/non-profits/volunteerfest.php> for
times and locations.

Clifton Haunted Trail. 7-10 p.m.
Chapel Road, Clifton. A terrifying
annual event that winds through
Clifton’s 8 Acre Park. Visit
cliftonhauntedtrail.com.

Air and Scare. 2-7 p.m. Steven F.
Udvar-Hazy Center, 14390 Air and
Space Museum Pkwy., Chantilly. See
the spooky side of air and space at
the annual Halloween event. Arrive
in costume for safe indoor trick-or-
treating, creepy crafts, spooky
science experiments and other
Halloween-themed activities. Visit
<http://airandspace.si.edu/events/air-and-scare/>.

WEDNESDAY/OCT. 29

**68th Annual Vienna Halloween
Parade.** 7 p.m. Maple Avenue,
Vienna. With the theme of
“Celebrating the Tradition of Vienna
Girls Sports,” come in costume to
celebrate Halloween. Visit
www.viennava.gov.

November 2014

SATURDAY/NOV. 1

The Robinson Marketplace. 10
a.m.-4 p.m. 5305 Sideburn Road,
Fairfax. Shop at over 80 vendors at
the Holiday Market, raffle and silent
auction sponsored by the Robinson
Secondary School PTSA. Visit
www.robinsonptsa.org.

TUESDAY/NOV. 4

Election Day. General Election. Visit
www.sbe.virginia.gov/ and
www.fairfaxcounty.gov/elections/upcoming.htm

TUESDAY/NOV. 11

**Arlington National Cemetery
Veterans Day Ceremony.**
Arlington National Cemetery,
Arlington. About 5,000 visitors
attend the annual remembrance
ceremonies in the Memorial
Amphitheater. Visit
www.arlingtoncemetery.mil.



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1306 E. Gude Drive • Rockville, MD 20850 • 301.217.0432

Online shopping at www.wholepetcentral.com

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

SEPTEMBER

	Publishing Dates
HomeLifeStyle.....	9/10/14
A+ Camps & Schools.....	9/17/14
Fall Fun & Arts Preview.....	9/24/14

OCTOBER

Wellbeing.....	10/1/14
HomeLifeStyle PULLOUT: Deadline is 9/25/14.....	10/8/14
A+ Camps & Schools.....	10/15/14
Election Preview I	10/22/14
Election Preview II.....	10/29/14



NOVEMBER

Election Day is Tuesday,
November 4.
Wellbeing..... 11/5/14

E-mail sales@connectionnewspapers.com for more information.

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| • Burke Connection | • Great Falls Connection | • Reston Connection |
| • Centre View | • McLean Connection | • Springfield Connection |
| • Chantilly Connection | • Mount Vernon Gazette | • Vienna/Oakton Connection |

PARKS

AN INSIDER'S GUIDE TO MAJOR PARKS IN FAIRFAX COUNTY

National Parks

GF Great Falls National Park

9200 Old Dominion Drive, McLean
www.nps.gov/grfa
Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

GW George Washington Memorial Parkway

www.nps.gov/gwmp
703-289-2500
The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

WT Wolf Trap National Park for the Performing Arts

1551 Trap Road, Vienna
www.nps.gov/wotr/
The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheatres in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

State Park

MN Mason Neck State Park

7301 High Point Rd. Lorton
www.dcr.virginia.gov/state_parks/mas.shtml#
703-339-2385 or 703-339-2380 (visitor center)
masonneck@dcr.virginia.gov
The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

PRINCE WILLIAM COUNTY

FH Fountainhead

Regional Park
7315 Ox Road, Fairfax Station
www.nvrpa.org/park/fountainhead/
703-250-9124
The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

HO Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton
www.nvrpa.org/park/hemlock_overlook/
800-877-0954; 571-281-3556;
Hemlock

Regional Parks

BR Bull Run Marina Regional Park

7700 Bull Run Drive, Centreville
www.nvrpa.org/park/bull_run/
Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 through Nov. 11. Mini and disc golf open April through October. Hours vary.

BR Atlantis Waterpark

(at Bull Run Marina Regional Park)
7700 Bull Run Drive, Centreville
www.atlantisbullrun.com/
703-631-0552
Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority Family of Waterparks. Aantis also features picnic pavilions, a deck great for sunning and playing, as well as plenty of shade. Neptune Reef snack bar sells food, beverages and sweets.



One of the beautiful features of the grounds at Meadowlark is the Korean Bell Tower and its surrounding garden.

MBG Meadowlark Botanical Gardens

9750 Meadowlark Gardens Court, Vienna
www.nvrpa.org/park/meadowlark_botanical_gardens/
703-255-3631
This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin. A picnic area beside the Gardens is available to visitors. Meadowlark presents gardening and horticulture workshops, tours, field trips, concerts and volunteer programs.

horticulture workshops, tours, field trips, concerts and volunteer programs.

OR Occoquan

Regional Park
9751 Ox Road, Lorton
www.nvrpa.org/park/occoquan/
703-690-2121

This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1-8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

PB Pohick Bay Regional Park

6501 Pohick Bay Drive, Lorton
www.nvrpa.org/park/pohick_bay/
Pohick Bay is located on the Potomac River 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia.

Sources: National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.

Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Peninsula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

PB Pirates Cove Waterpark

(at Pohick Bay Regional Park)
6501 Pohick Bay Drive, Lorton
www.piratescovepohick.com
703-339-6102

Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

PB Pohick Bay Golf Course

10301 Gunston Road, Lorton
www.nvrpa.org/park/pohick_bay_golf_course
703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

SR Sandy Run Regional Park

10450 Van Thompson Road, Fairfax Station
www.nvrpa.org/park/sandy_run/
703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

Arts Center

LAC Workhouse Arts Center

9601 Ox Road, Lorton
www.lortonarts.org
703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film



A stunning spot to fish, found in the middle of Great Falls National Park.

institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

Major Fairfax County Parks

BLP Burke Lake Park & Golf Course

7315 Ox Road, Fairfax Station
volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing
883.4 acres, multiple resource park

CJP Clemyjontri Park

6317 Georgetown Pike, McLean
fitness, picnic areas and playgrounds
18.6 acres, special purpose park

ELP Ellanor C. Lawrence Park

5040 Walney Road, Chantilly
baseball, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater, trails
650 acres, multiple resource park



Charlotte, from Vienna, shares a sketch that she made of the bridge, across the pond from the Children's Garden at Meadowlark Botanical Gardens.

FPF Frying Pan Farm Park

2717 West Ox Road, Herndon
historic structure, biking/equestrian/hiking trails, open areas, playground
135.3 acres, multiple resource park

GSG Green Spring Gardens

4603 Green Spring Road, Alexandria
Community Center, historic structure, biking/hiking trails, open areas, gardens
30.9 acres, special purpose park

HPP Hidden Pond Park

8511 Greeley Boulevard, Springfield
tennis (lit), nature center, amphitheater, hiking/nature trails, playground, fishing
25.6 acres, community park

HMP Huntley Meadows Park

3701 Lockheed Boulevard, Alexandria
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk
1444.8 acres, natural resource park

LAP Lake Accotink Park

7500 Accotink Park Road, Springfield
basketball, volleyball, minigolf, trails, picnic
448.1 acres, multiple resource park

LFP Lake Fairfax Park

1400 Lake Fairfax Drive, Reston
softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters
479 acres, multiple resource park

FRA Lee District Park

6601 Telegraph Road, Franconia
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground
138 acres, district park

MDP Mason District Park

6621 Columbia Pike, Annandale
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness
121.2 acres, district park

NWP Nottoway Park

9537 Courthouse Road, Vienna
baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic
90.9 acres, district park

RBP Riverbend Park

8700 Potomac Hill Street, Great Falls
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craft room
411.2 acres, multiple resource park

SRN Scotts Run Nature Preserve

7400 Georgetown Pike, McLean
historic structure, historic/hiking/nature trails, fishing
384.3 acres, natural resource park

SRD South Run District

7550 Reservation Drive, Springfield
baseball, soccer/football, basketball, tennis, rec center, equestrian, playground, swimming
196 acres, district park

WFP Wakefield Park & RECenter

8100 Braddock Road, Annandale
softball, soccer/football, basketball, tennis, rec center, biking, fitness trail, skate park
292.6 acres, multiple resource park



The Meredith family came to the Mason Neck State Park, from Arlington, to do some exploring and wildlife spotting.

PARKS

A GUIDE TO FAIRFAX COUNTY PARKS IN THE GREAT FALLS, RESTON & HERNDON AREAS

Map Number Park Name

Address, City
Property Class

1 Hutchison ES

13209 Parcher Ave., Herndon
Community Park

2 Coppermine Crossing SS

2744 Cooper Creek Rd, Herndon
School Site

3 Arrowbrooke

2351 Field Point Road, Herndon
Community Park

4 Dulles Corner

2446 Dulles View Drive, Herndon
Community Park

5 Franklin Farm

13590 Franklin Farm Road, Herndon
Community Park

6 Reston Town Green

Cameron Glen Dr, Reston
Neighborhood Park

7 Shaker Woods

1225 Stuart Road, Reston
Community Park

8 Hickory Run SS

Sheshue St, Great Falls
School Site

15 Chandon

900 Palmer Drive, Herndon
Community Park

16 Fred Crabtree

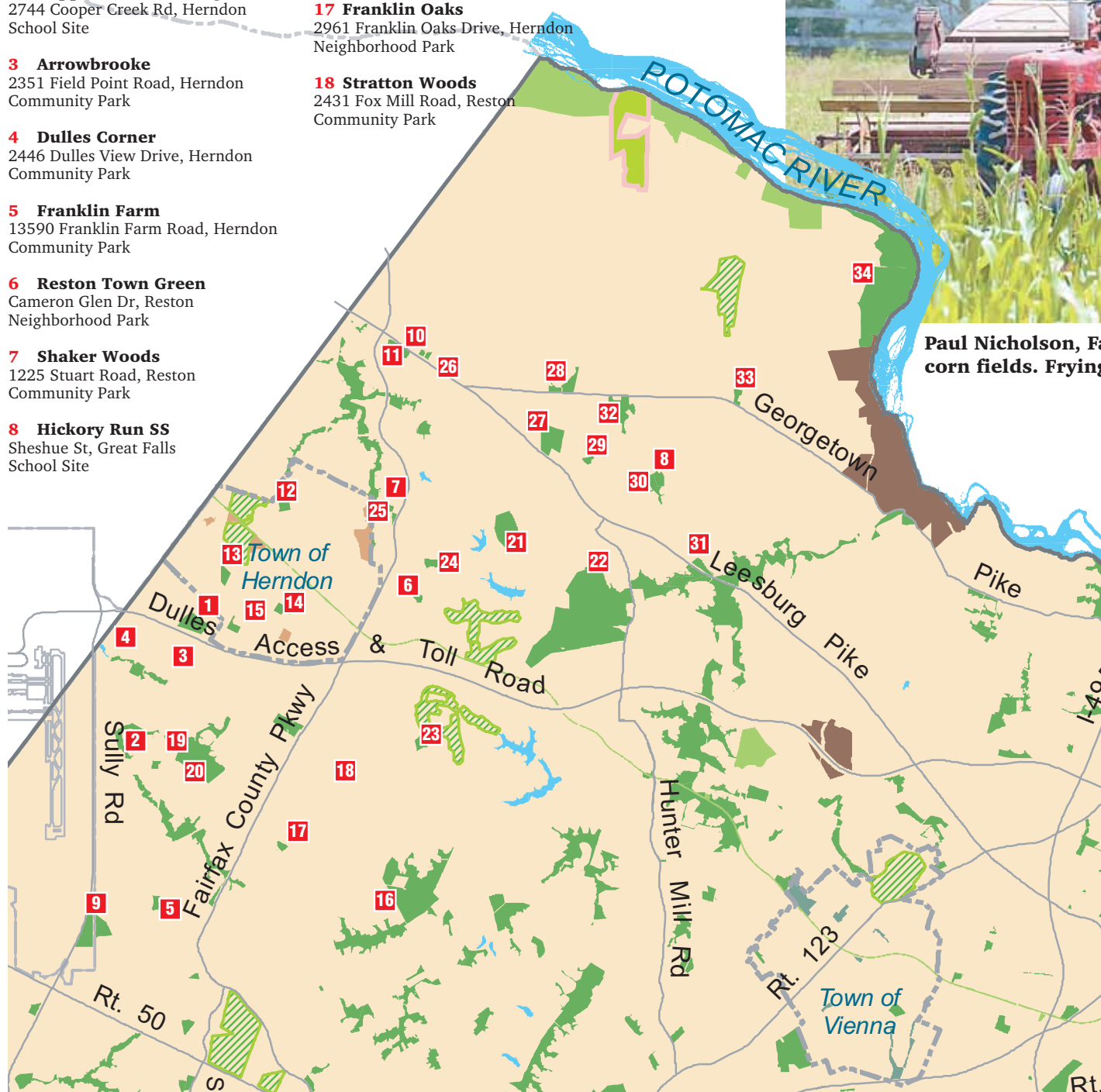
2801 Fox Mill Road, Herndon
District Park

17 Franklin Oaks

2961 Franklin Oaks Drive, Herndon
Neighborhood Park

18 Stratton Woods

2431 Fox Mill Road, Reston
Community Park



Paul Nicholson, Farm Manager, does some work in the corn fields. Frying Pan Farm Park is a working farm.



Every summer, a 4-H Fair and Carnival is held at Frying Pan Farm Park, offering old fashioned fun for the whole family.

PHOTOS BY RENÉE RUGGLES
FEATURING FRYING PAN FARM PARK

9 Sully Historic

3650 Historic Sully Way, Chantilly
Cultural Resource Park

10 Dranesville Tavern

11919 Leesburg Pike, Herndon
Cultural Resource Park

11 Grand Hamptons

1081 Saffa Street, Herndon
Neighborhood Park

12 Stanton

910 Third Street, Herndon
Community Park

13 Alabama Drive

1100 Alabama Drive, Herndon
Community Park

14 Bruin

415 Van Buren Street, Herndon
Community Park

19 Floris School Site

2621 Centreville Road, Herndon
Community Park

20 Frying Pan Farm

2717 West Ox Road, Herndon
Multiple Resource Park

21 Baron Cameron

11300 Baron Cameron Avenue, Reston
District Park

22 Lake Fairfax

1400 Lake Fairfax Drive, Reston
Multiple Resource Park

23 South Lakes Drive

11851 South Lakes Drive, Reston
Community Park

24 Reston North

1635 Reston Parkway, Reston
Community Park

25 Stuart Road

12001 Lake Newport Road, Reston
Community Park

26 Holly Knolls

1010 Redberry Court, Great Falls
Neighborhood Park

27 Great Falls Nike

1089 Utterback Store Road, Great Falls
District Park

28 Windermere

11000 Georgetown Pike, Great Falls
Community Park

29 Lockmeade

1104 Riva Ridge Drive, Great Falls
Community Park

30 Lexington Estates

10401 Sheshue Street, Great Falls
Neighborhood Park

31 Colvin Run Mill Site

10017 Colvin Run Road, Great Falls
Cultural Resource Park

32 The Turner Farm

925 Springvale Road, Great Falls
Community Park

33 Great Falls Grange

9818 Georgetown Pike, Great Falls
Community Park

34 Riverbend

8700 Potomac Hill Street, Great Falls
Multiple Resource Park



Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

January~June, 2014 Top Sales in Vienna, Oakton, Reston, Oak Hill and Herndon



3 2005 Carrhill Road, Vienna — \$1,835,000



2 2604 Hannah Farm Court, Oakton — \$1,875,000



8 11600 Hunting Crest Lane, Vienna — \$1,700,000



5 2538 Donns Way, Oakton — \$1,730,000



9 11990 Market Street #912, Reston — \$1,575,000



10 11728 Shaker Knolls Court, Herndon — \$1,445,339



Address	BR	FB	HB	...	Postal	City	...	Sold Price	Type	Lot AC	PostalCode	Subdivision	Date Sold	
1 10216 WENDOVER DR	9	..	9	..	1	VIENNA	\$2,750,000	Detached	1.72	22181	WENDOVER	04/30/14
2 2604 HANNAH FARM CT	6	..	5	..	2	OAKTON	\$1,875,000	Detached	2.01	22124	HANNAH HILLS	06/26/14
3 2005 CARRHILL RD	5	..	6	..	1	VIENNA	\$1,835,000	Detached	0.58	22181	WENDOVER	06/09/14
4 3182 MARY ETIA LN	7	..	7	..	2	OAK HILL	\$1,800,000	Detached	0.83	20171	SHADETREE ESTATES	04/30/14
5 2538 DONNS WAY	5	..	5	..	2	OAKTON	\$1,730,000	Detached	1.96	22124	BRIDGES OF OAKTON	04/30/14
6 501 NELSON DR NE	5	..	5	..	1	VIENNA	\$1,711,811	Detached	0.50	22180	BEULAH HEIGHTS	05/19/14
7 10406 OAKTON HILLS CT NE ..	5	..	5	..	2	OAKTON	\$1,700,000	Detached	1.72	22124	OAKTON HILLS ESTATES	01/08/14
8 11600 HUNTING CREST LN	5	..	5	..	1	VIENNA	\$1,700,000	Detached	1.76	22182	BACHMAN PROPERTY	02/27/14
9 11990 MARKET ST #912	3	..	3	..	0	RESTON	\$1,575,000	Hi-Rise 9+ Floors	20190	..	MIDTOWN AT RESTON TOWN	..	05/01/14
10 11728 SHAKER KNOLLS CT	4	..	4	..	1	HERNDON	\$1,445,339	Detached	1.01	20170	SHAKER KNOLLS	04/29/14

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