

Springfield CONNECTION

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Walkers crest the hill on Veterans Bridge over
Old Keene Mill Road at the Springfield BridgeWalk.

Springfield Celebrates Annual BridgeWalk

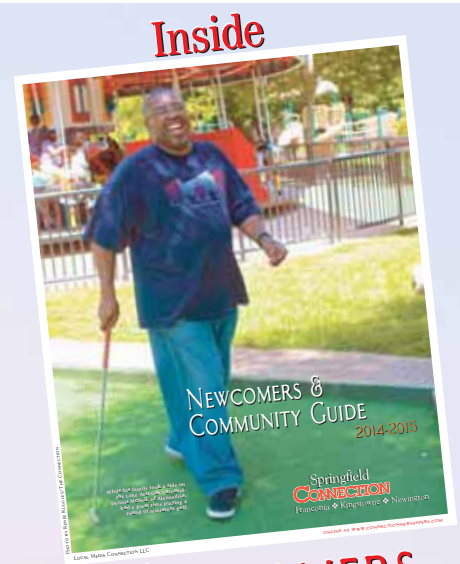
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**Let's
Go
Places**



PHOTOS BY TIM PETERSON/THE CONNECTION

Hundreds of members of the Springfield community came out to support the renewing of the Army Community Covenant.



Signing the Army Community Covenant are: (from left) Supervisor Herrity, Col. Michelle Mitchell, Maj. Gen. Mark Quantock, supervisor Jeff McKay, Maj. Gen. Jeffrey Buchanan.

Springfield Celebrates 13th Annual BridgeWalk

Local leaders renew Army Community Covenant.

BY TIM PETERSON
THE CONNECTION

On a minimally muggy, late night on Aug. 22, hundreds of Springfield community members walked south across Veterans Bridge and over Old Keene Mill Road.

On the other side of the 13th annual Springfield BridgeWalk, the celebrants were first met as they gathered in front of American Legion Post 176 by a medley of patriotic songs played by members of the Kings

Park Concert Band.

"This evening's bridge walk is especially significant to all of us," said Supervisor Jeff McKay (D-Lee District), "because we are honoring our good friends from Fort Belvoir by renewing the Army Community Covenant." The covenant is a tangible, explicit marker of continued mutual support and respect between the military and greater Springfield communities.

McKay emceed the formal program, which included addresses from military personnel Col. Michelle Mitchell, Fort Belvoir Garrison Commander; Maj. Gen.

Mark Quantock, Military Deputy, National Geospatial Intelligence Agency; and Maj. Gen. Jeffrey Buchanan, Military District of Washington.

Buchanan said, "I was an Army brat, and we have a few sayings: Home is where the

Army sends you. But home is also where the heart is." He went on to thank the Springfield and Fairfax County community for being a supportive home to so many military personnel.

"Not many people know this," said McKay, "but Fort Belvoir is the largest employer in Fairfax County."

Elected officials on hand included state Sen. George Barker (D-39), Del. Vivian Watts (D-39) and Supervisor Pat Herrity (R-Springfield). Watts kept her remarks the most brief, citing the current international hostile climate and offering plain, sincere thanks to the service members present.

"Not many people know this, but Fort Belvoir is the largest employer in Fairfax County."

— Supervisor Jeff McKay (D-Lee District)

West Springfield Teacher Honored

Josh Masley, 13-year veteran, inspires students through technology and engineering.

BY TIM PETERSON
THE CONNECTION

It wasn't enough just to use the classroom's 3D printer to fabricate Spartan helmets out of plastic. Then students of West Springfield High School Technology and Engineering teacher Josh Masley presented the helmets to teachers and faculty as gifts.

"He's teaching his kids to appreciate other people in the building," said Johnny Pope, an assistant principal at the school. "They have some intrinsic motivation about what they're doing."

Masley's big-picture approach to teach-

ing helped land him the honor of High School Teacher of the Year from the Virginia Technology and Engineering Education Association (VTEEA) at its annual awards banquet in mid-August. Other FCPS honorees included Timothy Threlkeld of Hughes Middle School and Emre Ege of Fairfax High School.

"It was a nice honor, and felt fantastic," said Masley, who has "never really been nominated for anything like this. There's not a ton of recognition within teaching, within the field. The main takeaway for me, from this job, is seeing the kids learn, seeing the light bulbs go off."

Masley is originally from Pittsburg, but attended Virginia Tech and took the job at Westfield High School after graduating. He spent 11 years teaching technology and engineering there before moving to West

Springfield. "It's an awesome community," Masley said. "When I walked in it just sort of reinvigorated everything — my passion, my desire."

Teaching electives, Masley isn't bound by the SOLs, but faces different challenges. One is finding ways to engage and motivate students of various ages and academic levels within the same classroom. Another is recruitment altogether. "So that's another thing I hope this award might potentially impact," said Masley.

"We're constantly fighting for our jobs," he continued, "competing with other electives. We feel that, in STEM, we're the only ones that can deliver the tech and the engineering. And we feel that we're delivering the science and math pretty well also."

According to Pope, Masley is meeting his challenges head on. "You don't micro manage the department," he said. "You tell him what the problem is. He figures it out. He makes it work. That's what you want. I see



VTEEA High School Teacher of the Year Josh Masley challenges his technology and engineering students with open-ended problem-based projects.

the eagerness, the willingness to attack anything."

Masley believes in the real-world value of the projects his 150-odd students take part in. Whether it's designing a dam to solve a town's flooding problem or fabricating an all-original gumball machine, students are "getting to see and experience the fruits of their labor, getting to understand the actual engineering design process," said Masley.

Which, if they stick with it, could help land them a job at a time when STEM employees are in demand. "We do some career research as well in here," said Masley, "get them to think about the big picture, and how they can pursue a career that will positively impact society."

PHOTO BY TIM PETERSON/THE CONNECTION



Kimmy Howard, a rising senior at West Springfield High School, has fun while weeding the gardens in front of WSHS. Here, she models a "hat."

PHOTOS BY MARISSA BEALE/THE CONNECTION



Rising junior, Brittany Branch, and WSHS teacher, Bill Gibson volunteer during Spartan Spree to help students and parents get all of the information they need for a successful school year.

Lee High Welcomes New Principal, West Springfield Holds 'Spartan Spree'

Springfield high schools get ready for a new school year.

BY MARISSA BEALE
THE CONNECTION

Many believe that it is the job of the student to challenge and push themselves in the classroom, but for incoming Robert E. Lee High School Principal, Deirdre Lavery, success begins with the teachers. "A real focus of mine is creating a community of learners, meaning both the students and the teachers. When students are challenged and can't meet the expectation, we don't lower the standards, we help the students reach the goal," said the principal on Monday, Aug. 25. This will be Lavery's first year as principal at Lee High School, and her first time working at the high school level. "I love the challenge of learning something new. But I also think that means I have something to offer too," said Lavery.

LAVERY COMES to Lee High School as a veteran in the Fairfax County Public School (FCPS) system. She began her career in FCPS as a teacher for special education at Frost Middle School, 28 years ago. Since then she has filled a number of positions, including assistant principal of Groveton Elementary School, principal of Mark Twain Center and director of Cluster 3 schools in the County. In 2009, she was named the FCPS 2009 Principal of the Year. She is also the recipient of the Washington Post Distinguished Educational Leadership Award. "My goal is to constantly communicate and over-communicate with staff," said Lavery. "As long as we communicate, things can run smoothly." During the summer, staff at Lee High School had a chance to come in to meet Lavery before the start of teacher meetings and back-to-school sessions in the week before the first week of classes. The purpose of these meetings was to provide teachers a chance to get to know Lavery and



Spartan Spree was held at West Springfield High School on Tuesday, Aug. 26, from 3:30 to 6:30 p.m. At the event students were also able to purchase P.E. uniforms and required books for English classes.

her philosophy behind teaching and educating. "We need to think about culture," she said. "We need to create a culture where we take care of a child not just academically, but also socially, mentally, and as a whole." Other teachers at the school agree with this philosophy as well. Twelfth grade social studies and special education teacher, Adam Greenberg, has worked at Lee High School for 13 years and is most looking forward to working with students and building a positive atmosphere within the school. "I am feeling optimistic about the year. I think there are a lot of good ideas and good discussion." Administrators and staff at the school use several measures to evaluate overall progress. "We look at attendance rate, the number of students in the International Baccalaureate (IB) Program, and test scores," said Lavery. The school also has a period called "Lancer Time" in which students can seek out assistance or extra help on assignments if needed. This period will remain available in the upcoming school

year. "There are a lot of deeply committed educators at Lee High School," said Lavery. "The people here are committed to providing a rigorous education program where all students feel connected and cared about."

KIMMY HOWARD, a rising senior at West Springfield High School will graduate with a college degree from Northern Virginia Community College (NOVA) around about the same time that she will graduate from West Springfield High School with her diploma. "Kimmy is one of the few students who are dually enrolled," said Kathy Howard, mother. It was during a drive back from Ocean City that Kathy saw a large billboard advertising dual enrollment and decided to enroll her daughter at NOVA while she was still in high school. Dual enrollment is an option through FCPS that allows students to earn college credit while they are still enrolled in high school. For the 2014-2015 school year dual enrollment will be offered at NOVA and at George Mason Uni-

versity, however students are required to pay the cost of tuition at these schools and must meet certain criteria for admission.

Kimmy and her mother weeded the garden in front of West Springfield High School just in time for over 2,000 parents and students to arrive to the school for Spartan Spree, the annual back-to-school event. "Students come in to pick up schedules, get gym uniforms, and turn in legal forms before the start of school," said Johnny Pope, the twelfth grade assistant principal. Students filled the gym on the Tuesday afternoon of Aug. 26 to both drop off and collect all the information they need before starting school on Sept. 2. "I'm very excited for the new year," said rising eleventh grader Demetrius Mitchell. "I am most excited about meeting new people and for taking guitar. Music is my thing," he said. Teachers, counselors, parents, administrators and students all volunteer their time to make Spartan Spree a success. "I'm looking forward to the new school year," said rising Junior Brittany Branch. Her advice to rising ninth grade students is to keep up with schoolwork and to take the first year seriously because everything counts in the end.

"Teachers are anxious to know who their students are," said Becky Brandt, the interim principal of West Springfield. "They also want to know what courses they will be teaching, and when during the day," she said. In the spring teachers can request what they would like to teach and when, but ultimately the school uses a student-driven approach to scheduling.

While the school sorts through student scheduling and registration, the last major question is who the principal will be for the upcoming year. "We can wait forever, we love Becky," said Bill Gibson, a teacher at West Springfield. But Ms. Brandt said that interviews are being conducted.

"I am most looking forward to making new friends," said a rising ninth grade student, Teresa Weir.

NEWS

Former Delegate Gladys Keating Dies

Keating served 22 years and raised five children.

BY TIM PETERSON
THE CONNECTION

On Aug. 19, former delegate from the 43rd House District of Fairfax County Gladys Keating died of congestive heart failure. She passed peacefully, with family, at the New Hanover Regional Medical Center in Wilmington, N.C.

"Gladys was a remarkable person who brought a community perspective to legislation passed in Richmond," said Mount Vernon supervisor Gerry Hyland. "She was a warm, concerned and dedicated public servant who, through her efforts, made thousands of lives better."

Keating's 22-year career as a delegate spanned 1977-2000. In that time, she fought hard and tirelessly for consumer rights, family law reform and women's rights.

Before Keating was first



PHOTO COURTESY OF THE KEATING FAMILY

Gladys Keating. "When Kingstown started to be built," said delegate Mark Sickles, "she was worried politically: 'I don't know how anyone who can afford a \$200,000 townhouse would vote for me.'"

elected, "Virginia was quite a different place," said Janet Carver, currently vice chair of the 11th democratic committee and longtime friend and supporter of Keating. "Once when somebody was killed in Vietnam, the court had to appoint a lawyer so that his wife was able to take care of his children — she was still under the setting of property or child."

"You would not believe how bad divorce laws were here for women," current 43rd district delegate Mark Sickles recalls Keating saying to him. Sickles worked for Keating as a volunteer in Richmond during regular sessions in 1997, '98 and '99.

"She was very appreciative of anything I did," Sickles added. "I was learning about the system and also helping her communicate with her constituents. It was good to work for her. She was always complimentary of what we would produce, prepping for town meetings."

Montebello resident Gloria Haher was a longtime aide to Keating. "She was really the best of bosses," said Haher. "What re

SEE KEATING, PAGE 9



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Senior captain Michelle Heinitz scored seven goals for the host Lee field hockey team during the two-day Under the Lights tournament on Monday and Tuesday.



First-year West Springfield field hockey head coach Tina Nham, right, and sophomore Marie Laverdiere are seen during the Under the Lights tournament at Lee High School.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Robinson Wins Pool B at UTL Tournament

The Robinson field hockey team went undefeated during the two-day Under the Lights tournament at Lee High School on Monday and Tuesday, capturing the Pool B championship.

On Monday, Robinson defeated West Springfield, 2-1, and South Lakes, 1-0. Both games were played on grass. On Tuesday, the Rams beat Stuart, 5-0, and Centreville, 3-0. Both games were played on turf.

"I think we started off rough because it was on grass and it was difficult," second-year Robinson head coach Lindsay Arnsmeyer said. "The adjustment back to turf was very helpful."

FIELD HOCKEY ROUNDUP

Robinson secured an undefeated record by shutting out Conference 5 opponent

Centreville. Junior Charlotte Clark scored in the first half to give the Rams a 1-0 lead, and freshman Lisa Saffin added a pair of goals in the second half.

Saffin tied for the team lead with three goals during the tournament.

"She controls the ball beautifully," Arnsmeyer said of Saffin. "She distributes [and] she's just an all-around strong player."

Junior Katie O'Loughlin also scored three goals during the tournament. Clark, a junior, scored two goals, and junior Georgia Boley, senior Alex Cole and junior Tamara Honeycutt each scored one.

Arnsmeyer said Saffin, O'Loughlin and seniors Addie Walsh and Isabel Obregon will be key contributors this season. Obregon transferred from Woodson.

"She's just very aggressive," Arnsmeyer said of Obregon, "and her hits are out of control sometimes — they're so good."

Robinson (4-0) will host Yorktown at 4 p.m. on Thursday, Aug. 28.

"At first, I started off with a team that only won two games the previous season," said Arnsmeyer, a former Chantilly assistant who took over at Robinson in 2013. "... now



Isabel Obregon, left, and the Robinson field hockey team went undefeated and won Pool B during the two-day Under the Lights tournament on Monday and Tuesday at Lee High School.

we're really looking to be competitive."

— JON ROETMAN

Lee Finishes Runner-Up in Pool A

The host Lee field hockey team surpassed its goal-scoring total from all of last season and nearly equaled its win total during the two-day Under the Lights tournament on Monday and Tuesday.

The Lancers finished runner-up in Pool A, winning three of four games while outscoring their opponents 17-2. Lee finished with four victories during the entire 2013 season and scored fewer than 10 goals.

"Overall, I'm really happy with how the girls played," second-year Lee head coach Lindsey Conrad said. "We've been working really hard this season."

Lee defeated Wakefield and Hylton on Monday, winning each game 6-0. The Lancers beat Woodbridge 5-1 on Tuesday, but lost to Battlefield in what equated to the Pool A championship game, 1-0.

"I think we needed this last game," Conrad said of the loss to Battlefield. "We needed a tougher-competition game just to show us our weak spots and what we can improve on."

While Lee ended the tournament with a loss, the Lancers have reason for optimism after scoring 17 goals in their first three games. Conrad said the team has been focusing on becoming more aggressive on offense.

"We've really been working on being tenacious in the circle," she said. "Any time the ball is sitting there, it has to be a goal or corner. We do drills at practice where they're running if it's

not a goal or corner. If they leave the ball alone for five seconds, there's some kind of punishment because we really want them to be as tenacious as possible and be hungry around that goal cage."

Senior captain and center forward Michelle Heinitz led Lee with seven goals during the tournament. Junior center-mid Cammy Otersen scored six goals. Juniors Makeda Haile and Lexi Hewitt-Park, and sophomore Vicki Baez each scored one.

Lee's goalkeeper is senior Grace Okonoboh.

Lee (3-1) will host Hayfield at 7:30 p.m. on Wednesday, Sept. 3. Conrad said the Lancers' goals are to surpass last season's win total and reach the second round of the playoffs.

— JON ROETMAN

West Springfield Post Winning Record at UTL

The West Springfield field hockey team defeated South Lakes 3-1 on Tuesday night to finish the Under the Lights tournament at Lee High School with a 2-1-1 record.

The Spartans dropped their opener to Robinson, 2-1, on Monday, and followed with a 1-all tie against Centreville. The following day, West Springfield defeated Stuart, 6-0, and South Lakes.

"Our first game, we started off a little shaky playing on grass, not our usual turf," senior captain Brittan Muir said after the Spartans defeated Stuart. "As we went on through the games, we've incorporated a lot more skills working together, communicating and we've really worked on ... playing with each other."

Muir, who is committed to Christopher Newport University, led West Springfield with three goals during the tournament.

"She's another coach on the field," first-year head coach Tina Nham said of Muir. "She really does direct the entire team and the girls really respect her. She's, skill-wise, our best player. ... She's able to tell the girls where to go and be positioned. For this year, [she's] what we need, someone that's on the field being a coach."

Sophomore Marie Laverdiere and junior Carolyn Rouse each scored two goals for the Spartans. Devon Nelson, a junior, and Brittan Scott, a senior, each scored one.

West Springfield will travel to face Herndon at 7:30 p.m. on Friday, Aug. 29.

— JON ROETMAN

ENTERTAINMENT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/AUG. 28 – SATURDAY/OCT. 4

Wake Up Call. Epicure Café, 11104 Lee Highway, Fairfax. A new collection of contemporary art curated by The Bunnyman Bridge Collective. <http://www.epicurecafe.org/>

FRIDAY/AUG. 29

Genealogy Help Desk. 2-3 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Bring your family history stumpers to the experts. 703-293-6227.

Mr. Skip. 7 p.m. Old Town Plaza, 3950 Chain Bridge Road, Fairfax. Come watch next musical event in the Old Town Plaza Series. 703-352-2787.

Braddock Nights Concert Series. 7:30-8:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield or Royal Lake Park, 5344 Gainsborough Drive, Fairfax. Listen to musical performances in the great outdoors. Visit www.fairfaxcounty.gov/parks/performances/ for location and schedule.

FRIDAY/AUG. 29 – THURSDAY/SEPT. 18

Experience Peru. 11 a.m. Fair Oaks Mall, I-66 at Route 50, Fairfax. Learn about Peru: its culture, natural beauty, music and more.

FRIDAY/AUG. 29-SUNDAY/AUG. 31

“Sounds and Shapes” by Hadrian Mendoza. Building W-8, Workhouse Arts Center, 9601 Ox Road, Lorton. The Workhouse Arts Center is proud to present our Featured Artists and Studio Exhibitions for the month of August. 703-584-2900 or www.workhousearts.org.

SATURDAY/AUG. 30-TUESDAY/SEPT. 2

Glass Unpolished: Explorations of Time, Nature and Technology. Workhouse Arts Center W-16 Vulcan Gallery, 9518 Workhouse Way, Lorton. Three artists from Virginia and Maryland use glass as a means to dig into the conceptual nature of discovery, time, fiction and experiment. 703-584-2900.

SATURDAY/AUG. 30-SUNDAY/SEPT. 7

4th Annual Workhouse Clay National. Workhouse Arts Center W-16 McGuire Woods Gallery, 9518 Workhouse Way, Lorton. This exhibition represents the depth and breadth of contemporary ceramic artworks being created throughout the country. 703-584-2900.

SATURDAY, AUG. 30

Mount Vernon Nights: Chaise Lounge Band (Jazz/Lounge/Swing). 7-8 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. Chaise Lounge's album The Early Years takes the listener to the Sands hotel in Las Vegas, and the band will perform jazz and swing music. Picnic baskets, lawn chairs and blankets are welcome, but outside alcohol is not permitted. www.workhousearts.org. 703-584-2900.

Neighborhood Plant Clinic. 10 a.m.-1 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Master Gardeners provide horticultural tips, information, techniques and advice to home gardeners. 703-293-6227.

Genealogy Help Desk. 2-3 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Bring your family history stumpers to the experts. 703-293-6227.

Campfire Saturdays. 7:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield. Join Hidden Pond naturalists in exploring and learning about reptiles and amphibians, bats, nocturnal predators, flying squirrels, owls, stargazing and more. Admission: \$7 for residents; \$9 for non-residents. 703-569-3464.

MONDAY /SEPT. 1-FRIDAY/SEPT. 19

The Henkel Physicians: A Family's Life in Letters. Foley Forum, Northern Virginia Community College, Medical Education Campus, 6699 Springfield Center Drive, Springfield. The exhibit documents the daily lives of a family of physicians in Virginia's Shenandoah Valley during the 19th century, serving in their



Join in on the family fun at the Burke Centre Festival taking place Sept. 6 – 7 at the Conservancy Grounds at Lynch Farm, 6060 Burke Centre Parkway.

View artwork by Javier Padilla and more at Epicure Café's latest exhibition, Wake Up Call, a new collection of contemporary artwork by local artists on display through Oct. 4.



community, on the battlefield and in the nation's courts of law. 703-822-6684.

WEDNESDAY/SEPT. 3-SUNDAY/SEPT. 7

Laura E. Bruce's “Up Close and Personal.” Building W-5, Workhouse Arts Center, 9601 Ox Road, Lorton. The Workhouse Arts Center is proud to present our Featured Artists and Studio Exhibitions for the month of August. 703-584-2900 or www.workhousearts.org.

MONDAY/SEPT. 1

Labor Day Picnic. 10:20 a.m.- 4:30 p.m. St. Mary's Historic Church grounds, intersection of Route 123 and Fairfax Station Road, Fairfax Station. Mass, games, rides, rummage sale, crafts and food. 703-978-4141.

FRIDAY/SEPT. 5

Old Town Plaza Series Performance by Alte Kameraden. 7 p.m. Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Come out and enjoy the shops and restaurants at Old Town Plaza, along with live music, weather permitting. www.oldtownplazafairfax.com.

Art Guild of Clifton First Friday Exhibit. 5 – 8 p.m. Main Street, Clifton. Come out for an evening of exceptional art, fine wine, great food, and unique shopping. Free.

SATURDAY/SEPT. 6 – SUNDAY/SEPT. 7

Burke Centre Festival. Saturday: 9:30 a.m. – 5 p.m.; Sunday: 11 a.m. – 5 p.m. The Conservancy Grounds at Lynch Farm, 6060 Burke Centre Parkway, Burke.

Two days of entertainment including lively dance and musical performances, an arts and crafts show, a variety of menu items available from numerous food vendors, pony rides, moonbounces, a 28' rock climbing wall, interactive wildlife and puppet shows, roving characters, an open air photo booth and games, and much more! Visit www.burkecentreweb.com for more information.

SATURDAY/SEPT. 6-SUNDAY/SEPT. 28

Live Onstage: Alice in Wonderland. 1 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. Featuring songs based on the poetry from the original text, the Cheshire Cat, the Red Queen, the White Rabbit and the rest of the cast will be on hand as Alice adventures through Wonderland. Admissions: \$8-\$12. www.workhousearts.org. 703-584-2900.

SATURDAY/SEPT. 6-SUNDAY/SEPT. 7

Cabaret Series: Hot, Hot, Hot! Saturday at 8 p.m., Sunday at 1 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. Take a journey through Broadway's "red light district", featuring music

from Chicago, Cabaret, Sweet Charity and more. This performance is recommended for mature audiences due to some suggestive humor. Admissions: \$25-\$30. www.workhousearts.org. 703-584-2900.

SATURDAY/SEPT. 6

Botanical Drawing. 10 a.m.-4 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Artist Caroline Hottenstein teaches shading and other techniques to render accurate and realistic plants. \$76. Register online using code 290 433 4401 at www.fairfaxcounty.gov/parks/greenspring or call 703-642-5173.

Workshop: Casting Leaves in Concrete. 9:30-11:30 a.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Horticulturalist Nancy Olney demonstrates casting and painting techniques and assists participants in making one to take home. \$65. Register online at www.fairfaxcounty.gov/parks/greenspring using codes 290 488 4301 and 290 488 4302 or call 703-642-5173.

Artist Book Signing. 12-2 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Artists from the newly published "American Botanical Paintings: Native Plants of the Mid Atlantic" will be signing books and talking. 703-642-5173.

Workhouse Education Open House. 12 - 3 p.m. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. Learn about the different arts and talk to studio art educators. <http://workhouse.org>

Alice in Wonderland with the Fairfax Symphony Orchestra. 5:30 p.m. Angelika Film Center at Mosaic, 2911 District Avenue, Fairfax. Children's Concert featuring musical interludes between sections of the film as well as underscoring of the entire film with new arrangements of familiar children's songs including Three Blind Mice, Humpty Dumpty, Hickory Dickory Dock, Old MacDonald, Pop Goes the Weasel, I'm a Little Tea Pot, and more. Free fairfaxsymphony.org

SUNDAY/SEPT. 7

Art Show Reception. 1-3 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Come to the Horticulture Center and Historic House to see the work of artists of the Springfield Art Guild. 703-642-5173.

Cabaret Series: Hot, Hot, Hot! 1 p.m. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. Musical performance featuring music from Chicago, Cabaret, Sweet Charity and many more. \$25- \$30. <http://workhousearts.org>

TUESDAY/SEPT. 9

Downton Abbey Costumes at Winterthur Getaway. 7:15 a.m.-6:15 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Travel to Winterthur Gardens in Wilmington, Delaware to see the Downton Abbey costume exhibit. Trip includes motor coach, driver tip, entrance fees and tours. \$119. Register online at www.fairfaxcounty.gov/parks/greenspring using code 290 492 7801 or call 703-642-5173.

FRIDAY/SEPT. 12

Old Town Plaza Series Performance by Fairfax-McLean Brass & Drums. 7 p.m. Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Come out and enjoy the shops and restaurants at Old Town Plaza, along with live music, weather permitting. www.oldtownplazafairfax.com.

FRIDAY/SEPT.12-SUNDAY/OCT.19

Earth and Fire Ceramics Exhibition. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. An exhibition featuring the works of 35 leading ceramic artists from the nine nations: Indonesia, Malaysia, the Philippines, Singapore, Thailand, Laos, Vietnam, Cambodia and Myanmar. <http://workhousearts.org>

FRIDAY/SEPT. 12- SUNDAY/OCT. 12

Edgar Allan Poe's Nevermore. Friday and Saturday at 8 p.m., Sunday at 5 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. Take a musical journey into the heart and soul of Edgar Allan Poe, America's first truly visionary poet. Lyrics are adapted from Poe's writings. Admissions: \$15. www.workhousearts.org. 703-584-2900.

SATURDAY/SEPT.13-SATURDAY/OCT.25

40 Years of Potomac Valley Watercolorists Public Opening Reception. 7-9 p.m. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. This exhibit of 100 watercolor painting celebrates the 40 year anniversary of the Potomac Valley Watercolorists. <http://workhousearts.org>

OPINION

Back to School: Good Steps, Good Intentions

The first day of school in Fairfax County is Tuesday, Sept. 2, but Monday, Sept. 8 is the beginning of something important.

For the first time in decades, elementary school students will have a full day of school on Mondays instead of being sent home hours early. This action makes so much sense in for families with children in elementary school. The ability of Superintendent Karen Garza to facilitate this change to go into effect right away is remarkable, and we hope a promise for more changes ahead.

Earlier this week, the American Academy of Pediatrics issued a policy statement calling for later start times — not earlier than 8:30 a.m. — for high school and middle school students. It's

not impossible although some school systems would have you believe that it can't be done. It's time to make that change in Fairfax County.

The science is undisputed. From the abstract: "A substantial body of research has now demonstrated that delaying school start times is an effective countermeasure to chronic sleep

EDITORIAL

loss and has a wide range of potential benefits to students with regard to physical and mental health, safety, and academic achievement. The American Academy of Pediatrics strongly supports the efforts of school districts to optimize sleep in students and urges high schools and middle schools to aim for start times that allow students the opportunity to achieve optimal levels of sleep (8.5–9.5 hours) and to improve physical (eg, reduced obesity risk) and mental

(eg, lower rates of depression) health, safety (eg, drowsy driving crashes), academic performance, and quality of life."

You can read the report here: <http://pediatrics.aappublications.org/content/early/2014/08/19/peds.2014-1697.full.pdf>

Back to school nights begin this week and run into October. For parents and students, there is no more important event that to turn up at Back to School Nights for your children, introduce yourself to teachers and open the lines of communication. Here is a link to a daunting list of Back to School Nights in Fairfax County:

<http://www.fcps.edu/news/backtoschool/bts-chronological.shtml>

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Help Students Prepare for a Healthy School Year

BY JOHN C. COOK
SUPERVISOR (R-BRADDOCK DISTRICT)

COMMENTARY



As the summer draws to a close and parents look ahead to the school year, the change in daily routine offers an opportunity to change our routine meals. Setting our students and families up for success can come in many forms. Eating better meals and more frequently as families are just two ways we as parents can help our students excel.

Eating dinner as a family can have an enormous impact on the health of kids. The National Center on Addiction and Substance Abuse at Columbia University found that "teens who have dinner with their families at least five

times per week are almost one and a half times less likely to report high levels of stress" than teens

who don't. Teens that eat frequent family meals are also more likely to have better relationships with their parents and eat healthier meals. August is Family Meals Month, so there is no better time to make gathering around the kitchen table a priority.

Fairfax County Public Schools has already taken steps to improve the nutrition in school meals. Over the next three years, FCPS will implement fruit and vegetable bars in all middle and high schools, and eliminate additional artificial additives, dyes, and preservatives. The schools will also implement a local purchase preference policy to bring fresher produce to students. These are good first steps. Hopefully, more will follow. As a parent, I am concerned about the quality of school meals and, more

to the point, I know that no meal is a good one if kids won't eat it.

The Real Food For Kids organization has been a leader in finding collaborative ways to increase the quantities of healthy foods in Fairfax County Public Schools and supporting programs that educate students and their families on making healthier lifestyle choices. Real Food For Kids Executive Director, JoAnne Hammermaster said, "School food is an incredibly important determinant to children's health outcomes as well as their academic success, behavior and well-being in and out of school."

This school year let's take small steps that can mean big successes for our kids. Better food and more time eating as family will help put our students on the path to a healthy, happy school year.

LETTERS TO THE EDITOR

Facing Homelessness

To the Editor:

In his opinion piece ("Homelessness: Source of Trauma for Children," Connectionm August 13-19, 2014), Dean Klein, the Director of Fairfax County's Office to Prevent and End Homelessness, clearly enumerated the reality for hundreds of homeless families and their children in the County. While most of them are working, these families do not earn enough income for them to access affordable housing. According to a study completed by George Mason University in 2012, nearly half the households earning less than \$40,000 in annual income in the Mount Vernon and Woodlawn communities have

trouble finding or maintaining housing for their families.

At Good Shepherd Housing & Family Services, a 40-year-old homeless services and affordable housing provider serving the Mount Vernon community, we have seen many such families struggling to access affordable housing. They are living on the brink of homelessness — or are, in fact, experiencing a spell of homelessness. Last year we helped nearly 120 of these families in our area to find permanent affordable housing.

As Dean Klein noted, the consequences of homelessness do not end quickly. Especially when children are involved and have suffered the trauma of homelessness, the effects may be lifelong. Moreover, they suffer from emotional or behavioral problems that inter-

fere with learning at almost three times the rate of other children. Children should never have to wonder where they'll be sleeping on any given night. In our County some 700 children do wonder.

Here at Good Shepherd Housing, we work hard to ameliorate the problems these homeless children face. We ensure that formerly homeless children in our housing programs do not miss out on educational, social and recreational activities simply because their families have low-incomes.

Because of generously donated funds, we provide these children with school supplies and new winter coats and pay for their after school activities and summer camps.

At Good Shepherd Housing we are doing all we can to provide our

community's working poor with a fresh start toward stable housing and a better life.

David Levine
Executive Director
Good Shepherd Housing

Write

The Connection welcomes views on any public issue.
The deadline for all material is noon Friday.
Send to:

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Alexandria VA 22314
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Keating Remembered by Colleagues, Friends

FROM PAGE 5

ally impressed me was that she listened to both sides. On any question. There was always access to her. She was a very honest person."

Carver's favorite Keating anecdote goes back to before she was elected delegate:

"She ran three times before she won," said Carver. "The first time she ran, in the early '70s, it was the era of the equal rights

amendment. And Gladys did not support it. We had argued with her — those who'd just met her for the first time.

"The second time, I was chairman of Springfield Democratic Committee and we were down at Garfield [Elementary School] for a meeting. Gladys was running, with two men. My friend Judy Finney got up and said, 'Gladys, last time you ran, you didn't support the equal rights amendment. What changed your mind?'"

"Her eyes were very reserved. She was smiling with her lips but not with her eyes. 'It was running with two men.' And it just broke the house down. Really quite marvelous. She'd never experienced any discrimination until she became a candidate. Suddenly when she was running with two candidates, you know there's going to be tension between them. When they got together and really excluded her, expected her to clear the table, it

changed her viewpoint."

A visitation was held Friday Aug. 22 at Jefferson Funeral Chapel. The funeral followed on Saturday Aug. 23 at Olivet Episcopal Church in Franconia, where Keating had been an active member and lay reader. Her burial will take place at a future date at Arlington National Cemetery. Contributions in her memory may be made payable to Franconia Museum at 6121 Franconia Road, Franconia, VA 22310.

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HomeLifeStyle.....	9/10/14	HomeLifeStyle.....	11/12/14
A+ Camps & Schools.....	9/17/14	Holiday Entertainment & Gift Guide I.....	11/19/14
Fall Fun & Arts Preview.....	9/24/14	A+	11/25/14
OCTOBER		Thanksgiving is November 27.	
Wellbeing.....	10/1/14	DECEMBER	
HomeLifeStyle PULLOUT:		Wellbeing.....	12/3/14
Deadline is 9/25/14.....	10/8/14	HomeLifeStyle: Home for the Holidays.....	12/10/14
A+ Camps & Schools.....	10/15/14	Hanukkah begins December 16.	
Election Preview I	10/22/14	Holiday Entertainment & Gift Guide II.....	12/16/14
Election Preview II.....	10/29/14	A+ Camps & Schools.....	12/16/14
NOVEMBER		CHILDREN'S CONNECTION.....	12/24/14
Election Day is Tuesday, November 4.			
Wellbeing.....	11/5/14		



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St. Peter's in the Woods Episcopal Church seeks a friendly, capable self-starter to **set-up, clean-up, and maintain facility.** 15+ hrs/wk. 703-503-9210 or revdede@gmail.com

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for 2 1/2 year old class 5 days a week from 9-12:45, Sept - May. We follow FCPS school calendar with paid holidays and teacher work days. E-mail: preschool@saintchristophers.net

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FRIDAY/AUG. 29-SUNDAY/AUG. 31

eBooks. Richard Byrd Library, 7250 Commerce Street, Springfield. Learn how to browse the collection, check out books and download to PC, Mac and eBook readers. Call the library at 703-451-8055 to schedule an appointment.
One-on-One English Conversation Practice. City of Fairfax Regional Library, 10360 North Street, Fairfax. Practice speaking English with a volunteer partner. Call 703-293-6227 for an appointment.

Personalized Internet/Microsoft Office Tutoring. City of Fairfax Regional Library, 10360 North Street, Fairfax. Learn how to use the Web or increase your skills. Call 703-293-6227 for an appointment.

FRIDAY/AUG. 29

Basic computer skills. 1 p.m. 9000 Burke Lake Road, Burke. Learn basic computer skills with one-on-one technology volunteers. For adults.

SATURDAY/AUG. 30

Teen Advisory Board Meeting. 10:30 a.m.-12 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. TAB is a group of young adult volunteers between the age of 13 to 18 years who meet twice a month to plan and implement projects that will benefit the library and the community. To apply please contact nancy.klein@fairfaxcounty.gov.

Spanish class. 3 p.m. 9000 Burke Lake Road, Burke. Spanish conversation class for children ages 7-13.

Dog Adoption Event. 12 - 3 p.m. PETCO, Greenbriar Towncenter, 13053 Lee Jackson Memorial Highway, Fairfax. Call 703-817-9444 or visit hart90.org.

TUESDAY/SEPT. 2

American Red Cross Blood Donation. 11:30 a.m. - 3:30 p.m. Kingstowne Library, 6500 Landsdowne Centre Drive, Alexandria. redcross.org or 1-800-RED-CROSS.

WEDNESDAY/SEPT. 3 - THURSDAY/SEPT. 4

English for Speakers of Other Languages (ESOL) Class Registration. 9:30 a.m. - 12 p.m. or 7 p.m. - 9 p.m. The Church of the Good Shepherd, 9350 Braddock Road, Burke. Fee of \$60 due first day of class. Includes textbook, workbook, snacks. Class ends Dec. 4. 703-323-5400 or www.good-shepherd.net.

SATURDAY/SEPT. 6

Lake Braddock Crew Boosters Yard/Garage Sale. 8 a.m. - 3 p.m. White Oaks Elementary, 6130 Shiplett Drive Burke. Want to donate items? Email: lbcrewfundraising@gmail.com by Sept. 4.

Dog Adoption. 12 - 3 p.m. PETCO, 13053 Lee Jackson Memorial Highway, Fairfax. 703-817-9444 or http://www.hart90.org/

TUESDAY/SEPT. 9

The Wakefield Chorale Rehearsal. 7:30 p.m. - 9:30 p.m. United Baptist Church, 7100 Columbia Pike, Annandale. Member recruitment for Christmas program for retirement homes. No audition required. Dues \$25 for season plus cost of sheet music. Call Susan, 703-255-3489.

WEDNESDAY/SEPT. 10

Parenting: The Early Years Bible Study. Sign up by Sept. 10. Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Video-driven study. Classes start Sept. 21 at 9:45 a.m. Free. 703-971-5151, admin@franconiaumc.org, or http://www.franconiaumc.org.

"I Wish Jesus Hadn't Said That!" Bible Study. Sign up by Sept. 10. Franconia United Methodist Church, 6037 Franconia Road, Alexandria. Book study. Sundays at 6 p.m. starting Sept. 21 and Tuesdays at 7 p.m. starting Sept. 23. Free. 703-971-5151, admin@franconiaumc.org, or http://www.franconiaumc.org.

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21 Announcements

ABC LICENSE
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The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer and Wine off Premises license to sell or manufacture alcoholic beverages. Linda M. Cimbron, Asst. Secretary

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. objections should be registered at www.abc.virginia.gov or 800-552-3200.

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21 Announcements

Public Notice

NOTICE OF FINAL GENERAL CONFORMITY DETERMINATION FOR THE PROPOSED COVE POINT LIQUEFACTION PROJECT

On August 18, 2014, the staff of the Federal Energy Regulatory Commission (FERC or Commission) published a Notice of Final General Conformity Determination (GCD) for the Cove Point Liquefaction Project (Project) proposed by Dominion Cove Point LNG, LP (DCP). DCP requests authorization to construct and operate facilities to process and export domestically-sourced liquefied natural gas (LNG) at the existing Cove Point LNG Terminal in Calvert County, Maryland. The Project would enable DCP to export approximately 5.75 million metric tons per annum of LNG via LNG marine carriers that would dock at the existing offshore pier.

In accordance with the General Conformity Regulations under the Code of Federal Regulations Chapter 40 Part 93.156, the Draft GCD was issued for a 30-day public comment period. No comments were received on the Draft GCD; therefore, the Commission staff is issuing this notice to announce the Draft GCD is now the Final GCD. The GCD was prepared to satisfy the requirements of the Clean Air Act, and addresses air emission impacts associated with the Project. The FERC staff concludes that the Project will achieve conformity in Maryland and Virginia. Copies of the Draft GCD were previously mailed to the U.S. Environmental Protection Agency, Region III, the Maryland Department of Natural Resources, the Maryland Department of Environment, and the Virginia Department of Environmental Quality.

The GCD was placed in the public files of the FERC on May 15, 2014, concurrently with the Environmental Assessment, and is available for public viewing on the FERC's website at www.ferc.gov using the eLibrary link. A limited number of copies of the Environmental Assessment are available for distribution and public inspection at:

Federal Energy Regulatory Commission
Public Reference Room
888 First Street NE, Room 2A
Washington, DC 20426
(202) 502-8371

Additional information about the Project is available from the Commission's Office of External Affairs, at (866) 208-FERC, or on the FERC website (www.ferc.gov) using the eLibrary link. Click on the eLibrary link, click on "General Search," and enter the docket number excluding the last three digits in the Docket Number field (i.e., CP13-113). Be sure you have selected an appropriate date range. For assistance, please contact FERC Online Support at FercOnlineSupport@ferc.gov or toll free at (866) 208-3676, or for TTY, contact (202) 502-8659. The eLibrary link also provides access to the texts of formal documents issued by the Commission, such as orders, notices, and rulemakings.

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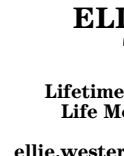


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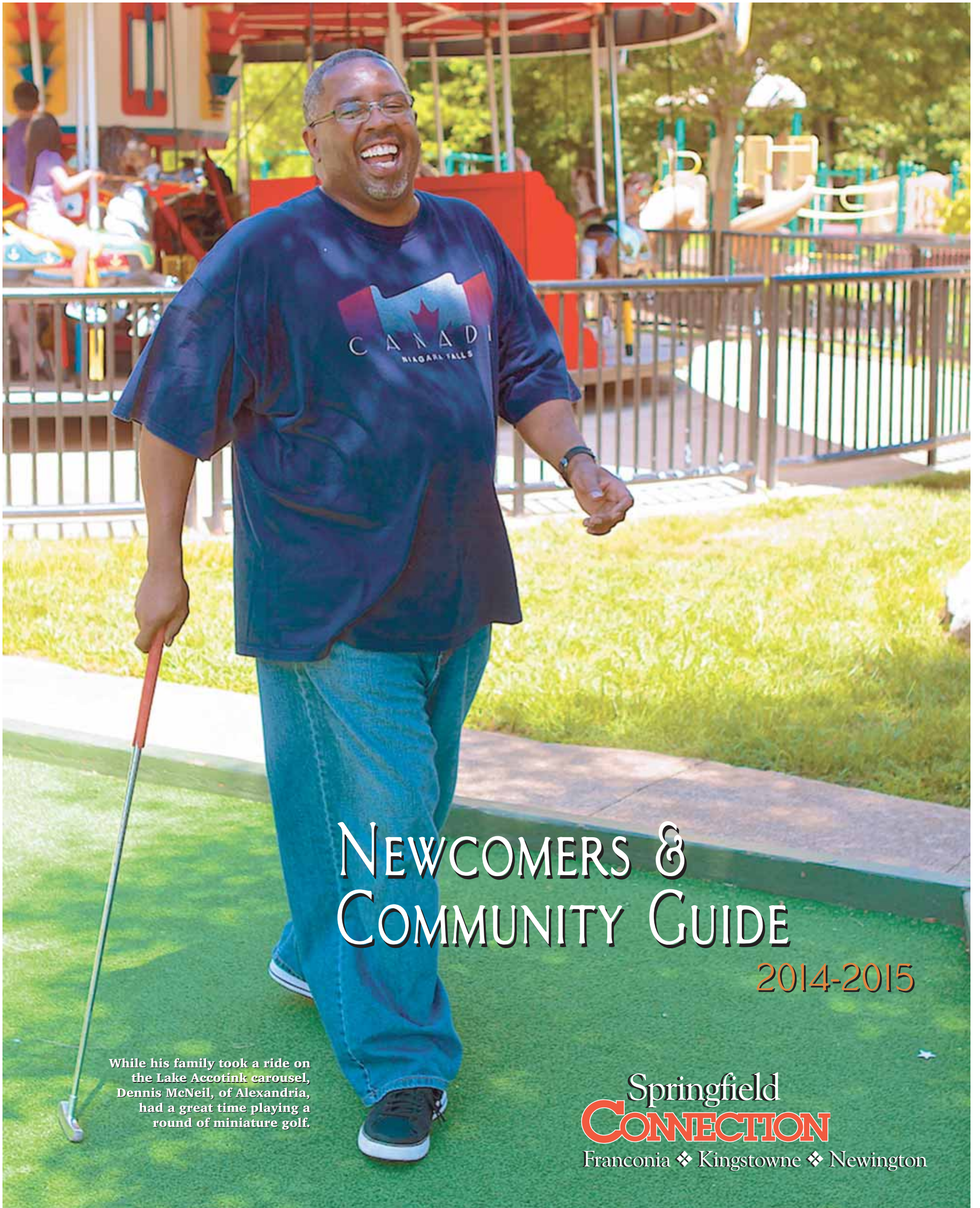
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NEWCOMERS & COMMUNITY GUIDE

2014-2015

While his family took a ride on the Lake Accotink carousel, Dennis McNeil, of Alexandria, had a great time playing a round of miniature golf.

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NEWCOMERS & COMMUNITY GUIDE

Welcome to Fairfax County

BY SHARON BULOVA/CHAIRMAN
FAIRFAX COUNTY BOARD OF SUPERVISORS

Welcome to Fairfax County, the best place in the country to live, work and play. Fairfax County is home to a fantastic public school system, top tier business and shopping opportunities, compassionate human services, and some of the best parks and open spaces in the D.C. Metropolitan region. This summer featured the long-awaited opening of the WMATA Silver Line, which connects the Reston and the Tysons areas of the county to the entire Metrorail system.

Last June, I cut the ribbon to open a new segment of our Fairfax County Cross County Trail, named after former Chairman (now congressman) Gerry Connolly. It was his vision, while serving on our board, to build and connect trail sections to make it possible for someone to hike through all nine county magisterial districts. The northern end of the trail begins in Great Falls National Park at the breathtaking Potomac River and travels south to the historic Occoquan River.

The trail passes through stream valleys and meadows, then winds through fascinating Laurel Hill, site of the former Lorton Prison. In addition to parkland and a golf course, these grounds are now home to the Workhouse Arts Center where visitors can watch artists in action and enjoy plays, performances and community events such as



PHOTO CONTRIBUTED

Thumbs up for Silver Line: The long-awaited opening of the WMATA Silver Line, which connects the Reston and the Tysons areas of the county to the Metrorail system.

Springfest every April.

Fairfax County has something for everyone. Northern Virginia Community College offers more than 160 degrees at the associate's level and numerous certificate programs. Its partnership with George Mason University provides families and stu-

dents with a seamless, cost-effective path to a four-year degree.

George Mason University, recently named one of the top five "Up-and-Coming Universities" by U.S. News and World Report, is also recognized as one of America's Best College Buys by Forbes magazine. Under the

presidency of Dr. Angel Cabrera, Mason is fast taking its place as a university for the world.

Fairfax County is known for its business-friendly climate. Time Magazine has described us as "the epicenter of the Washington region's job boom" and "one of the great economic success stories of our time." Although home to eight Fortune 500 company headquarters (corporate giants such as Northrop Grumman and Booz Allen Hamilton) about 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees. We are a great location for startups.

Of course, Fairfax County's greatest asset is a population that is welcoming and engaged. People from all over the globe have made Fairfax County their home, enriching our community with diverse cultures and entrepreneurship. Visit Fairfax County's website at www.fairfaxcounty.gov to learn more about what Fairfax has to offer.

As chairman of the Board of Supervisors, I am elected at-large by all registered voters. My office is here to serve you. If you have any questions or concerns, please email me at chairman@fairfaxcounty.gov or call me at 703-324-2321. I hope you will sign up to receive my monthly Bulova Byline newsletter that will keep you up-to-date on what is happening and how you can participate in all that Fairfax County has to offer you and your family.

Thanks for making Fairfax County your home.

A County of 186,785 Students

BY KAREN K. GARZA
SUPERINTENDENT OF FAIRFAX COUNTY
PUBLIC SCHOOLS

Welcome to the 2014-15 school year. The start of a new school year is always an exciting time for students, parents, and educators. Our dedicated staff has been working hard to prepare for another school year that builds on our tradition of excellence at Fairfax County Public Schools (FCPS). Fairfax is a community that embraces its newest residents and the cultural diversity that makes our county such a desirable place to be. For many families and businesses, the decision to relocate to a new area is often dependent on the quality of the local public schools. FCPS has a well-deserved national reputation for excellence.

As we enter a new school year, we are projecting an enrollment of 186,785 making FCPS the nation's 10th largest school district. Fairfax County high schools are among the most academically rigorous in the U.S. and are cited every year as among the top high schools in the country. Our classrooms are led by teachers who inspire, motivate, and prepare students with the knowledge and

skills they will need for the future. Our dedicated teachers promote the success of every student and create a caring learning environment where every student is valued and recognized as an active learner.

Working closely with our school board, parents, teachers, and community stakeholders, we have made a number of positive and exciting changes for our system during my first year as superintendent. We developed the FCPS Portrait of a Graduate that will serve as a foundation on which to build a long-range strategic plan for the school system and will lessen the focus on standardized, high-stakes testing and place greater emphasis on engaged students, project-based learning, and authentic assessments of student learning. The Portrait of a Graduate will ensure that our students are collaborators, communicators, creative and critical thinkers, global citizens, and goal-directed and resilient individuals when they leave FCPS.

Other significant changes that we have



Karen K. Garza

COURTESY OF FCPS



PHOTO BY LOUISE KRAFT/CONNECTION

Vincent Michael Sica proceeds to the stage platform after being named the 2014 Lake Braddock Faculty Award recipient for academic excellence, community service, extra-curricular activities, good citizenship and leadership.

made include:

❖ The launch of full-day Mondays for all elementary students. The change will increase instructional time for students and

dedicated planning time for teachers. The change to full day Mondays received overwhelming support in our community and will benefit students, teachers, and our families.

❖ A new standard school calendar that eliminates the need to make up inclement weather days at the end of the school year if fewer than 13 days are missed while providing two full weeks for winter break.

❖ The new Bailey's Upper Elementary School for the Arts and Sciences. A first of its kind for Fairfax County, this new school is being converted from a five-story office building at 6245 Leesburg Pike to provide enrollment relief for the overcrowded Bailey's Elementary School for the Arts and Sciences. The new campus will house grades 3-5, while the existing campus will house preschool to grade 2.

❖ A new CrisisLink text messaging tool for students and parents needing mental health support and resources. Crisis line staff respond to the text messages 24 hours a day. The text number is 703-997-5444.

The future remains very bright for FCPS families, students, and employees. I look forward to welcoming your children to our schools on Sept. 2 and making this year an exciting and rewarding year for all of our students.

NEWCOMERS & COMMUNITY GUIDE

About the Connection

As your local, weekly newspaper, the Connection's mission is to deliver the local news you need, to try to make sense of what is happening in your community, to gather information about the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we've included an expanded and updated version of our award-winning Insider's Guide to the Parks, plus details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an e-mail or call us, contact us on Facebook or send us a tweet. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include

when and where the photo was taken and the names of all the people who are in a photo. We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

Your community Connection newspaper is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

The Connection Newspapers have won hundreds of press awards in just the past few years, including the Virginia Press Association Award for Journalistic Integrity and Community Service, Best in Show for our Insiders Guide to the Parks, first place for our community guides, plus awards in news, art, business, special projects, sports, entertainment, design, photography and much more. We have staff and contributors here at the Connection with remarkable talent and experience, far greater than one might expect. We continue to publish 15 distinct papers every week that serve their communities in distinct ways. We welcome contributing writers, with the caveat that our freelance pay is nominal; if you are interested in covering news or events in your community, email editors@connectionnewspapers.com. We offer summer and year-round educational

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LETTERS TO THE EDITOR: Email to editors@connectionnewspapers.com or submit online at <http://www.connectionnewspapers.com/contact/letter/>

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Fairfax County's Success Story

Economic success: 50 years in the making.

BY GERALD L. GORDON, PH.D.

If you are a newcomer to Fairfax County, allow me to welcome you to one of the most dynamic communities anywhere in the world to live and work. It was the vision of many people to create this kind of community, so please allow me to offer a quick history lesson.

The Capital Beltway was completed in 1964. The same year the iconic highway opened, the Virginia General Assembly passed a law that created what is now called the Fairfax County Economic Development Authority. In the last 50 years, creation and growth of a diversified business community and local economy transformed a sleepy bedroom community in the shadow of the

nation's capital into what Time magazine has called "one of the great economic success stories of our time."

How much of a success story? Fairfax County was home to no Fortune 500 companies in 1964, and today 10 of those businesses are based here. That's more than 30 states. Today more than 400 foreign-owned businesses have a presence here, as do four

companies on Black Enterprise magazine's list of the 100 largest African American-owned companies, three companies on HispanicBusiness.com's list of the 100 large-



Gerald Gordon.

est Hispanic-owned companies, and top companies that are Asian-, woman- and veteran-owned.

Today Fairfax County is the second-largest suburban office market in the United States.

Almost no matter where you live, you can see how the county continues to evolve as a business location. The first phase of Metro's Silver Line rail service further enhances the attractiveness of Tysons Corner and Reston, while the second phase will link Herndon and Washington Dulles International Airport to the rest of the Washington region in 2018.

Southeastern Fairfax County (Springfield, Lorton and the Richmond Highway corridor) are becoming important office centers thanks to growth at Fort Belvoir. The Mosaic District in Merrifield is a popular destination, and the Springfield Town Center

opening this fall promises to be a magnet for that area.

As I suggested earlier, this evolution of Fairfax County has been no accident. It has been a strategy driven by a consistent vision: A strong and consistent economic development program that attracts companies and helps them stay and grow here creates job opportunities, builds a strong commercial tax base that holds down residential taxes, and allows the Board of Supervisors to provide high-quality public services that enhance the quality of life here.

Yes, Fairfax County has changed tremendously since 1964. But, even with all the progress that has happened, we believe even better times lay ahead.

Gerald L. Gordon, Ph.D., is president and CEO of the Fairfax County Economic Development Authority.

COMMENTARY

Top Issues to Follow in the Area

According to Supervisor Pat Herrity (R-Springfield).

Transportation

First up is getting a long-term fix to I-66 underway in 2017. "I-66 congestion impacts Braddock Road," said Supervisor Pat Herrity (R-Springfield), "and it impacts congestion on 29 as people look to avoid and get around 66." Then there is a quarter improvement study on the Fairfax County Parkway "so we can get the interchanges and widening that we need." A final major transportation issue is getting secondary roads paved, such as Rolling Road.



Herrity

schools," Herrity said. "That's the key — it's always been the key to Fairfax County — is having involved parents, involved at home in education, and involved at the school."

Taxes and Regulation

To help with economic recovery, job growth and development, Herrity cites the need to "open Fairfax County to business again. Our tax rates crept up, our homeowners taxes are higher than they've been — we need to get our taxes under control. But we also need to make sure that we are welcoming to business. We've got some work to do in that area as well."

Aging Community

According to Herrity, the population of his district aged 50 and older is on track to increase by 55 percent by 2030, and those 70 and older could shoot up as much as 88 percent in the same period. "That's a huge

increase and we've got to be ready for it," said Herrity. And though the Supervisor thinks his district is "pretty far ahead in terms of being age-friendly," there is still a lot to do in terms of preparing to meet the challenges of this growing population. Namely facilitating people who want to stay at home and be near their support structure, and provide activities, mental health support and transportation. "I think a good needs assessment needs to be done," Herrity said.

Affordable Housing

"We need to do it right," said Herrity. For him, that means not following in the footsteps of the Tyson's Corner area, which is going the way of having 20 percent of housing be rent-controlled. "We take an awful lot of developer contributions and put it into affordable housing for the wrong kind of housing. We need to get away from that," Herrity said. "And focus instead on the people that really need it: the disabled, the people in the woods, the people who can't help themselves."

— TIM PETERSON

CHAMBERS

Fairfax County Chamber of Commerce

The chamber facilitates industry-focused councils, thought leadership groups, community partnerships and many other opportunities for its more than 600 member companies to expand their networks and raise their profiles in the highly competitive Northern Virginia market. www.fairfaxchamber.org/ or 703-479-9075.-0

Greater Springfield Chamber

The Chamber works with businesses within and those with ties to the Springfield community. www.springfieldchamber.org/.

Central Fairfax Chamber of Commerce

The chamber provides information and programs to businesses throughout Fairfax and was previously known as the City of Fairfax Chamber of Commerce. www.cfcc.org/.

South Fairfax Chamber of Commerce

SFCC is the first chamber of commerce exclusively for businesses, non-profit organizations, and individuals with interests in the southern part of Fairfax County. SFCC is bringing to

SEE CHAMBERS, PAGE 7

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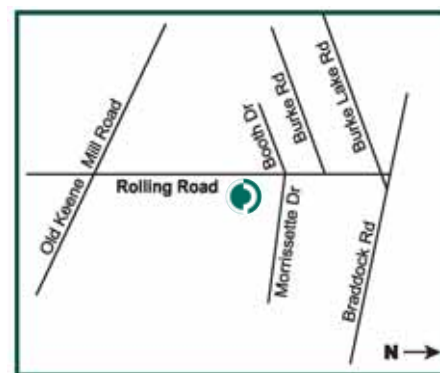
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NONPROFITS

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GIVE

GIVE (Growth and Inspiration through Volunteering and Education) is a non-profit organization founded and operated by high school students, which works towards promoting leadership of youth through volunteering time for a free tutoring program for children.

Last year, GIVE ran 11 centers in both libraries and community centers, and is looking forward to expanding further this year with more support.

The GIVE center at Richard Byrd Library, which has served over 1,000 students, has over 100 students and 60 tutors that meet every Saturday from 1-3 p.m. www.giveyouth.org.

Ecumenical Community Helping Others (ECHO)

Open to receive donations at 7205 Old Keene Mill Road, Springfield.

Provides food and financial assistance to those in short-term emergencies, and provides clothing and household goods to low

income families. ECHO is constantly seeking donations and volunteers. 703-569-9160 or www.echo-inc.org.

FACETS

FACETS helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area. FACETS is always in need of volunteers, and offers a variety of one-time and ongoing opportunities, including a monthly Youth Volunteer Night. 703-865-4251 or <http://facetscares.org/>.

Food for Others

The non-profit provides a safety net for people who suddenly face unforeseen emergencies such as a family illness or the loss of a job or a spouse. 703-207-9173 or www.foodforothers.com.

Our Daily Bread

The Holiday Program helps those in need with food for the holidays and gifts for their children, making last year's holiday season brighter for approximately 3,000 families. For more information on their holiday programs, including how to sponsor a fam-

ily, go to www.odbfairfax.com/holiday.

Office to End and Prevent Homelessness (OPEH)

OPEH supports the Fairfax-Falls Church Community Partnership to Prevent and End Homelessness which engages nonprofits, businesses, faith-based communities and county agencies in its efforts to implement the 10-Year plan, which focuses on rapid re-housing and prevention by increasing the availability of permanent affordable housing. www.ziphomelessness.com

South County Cares

South County Church congregation members and south county area community members work together on local and international projects like National Night Out, Operation Christmas Child, and local and international aid efforts. www.southcountycares.org.

SEE NONPROFITS, PAGE 9

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CHAMBERS

FROM PAGE 5

gether diverse business and civic leaders in Lorton, Laurel Hill, Newington, Ft. Belvoir, South Springfield, Burke, Fairfax Station and Clifton to become part of a new voice in the South Fairfax region, one of the fastest growing business communities in Northern Virginia. www.southfairfaxchamber.org.

Hispanic Chamber of Commerce of Northern Virginia

Located in Herndon, the organization serves businesses lead by and those that work with the Hispanic community in the area. www.hccnva.org/.

Small Business Development Center

The SBDC helps aspiring entrepreneurs start new businesses and helps existing businesses to remain competitive in the economy. www.asbdc-us.org/.

Pakistan American Business Association Inc.

PABA is a non-profit, bilateral trade association that promotes business opportunities between Pakistan and the United States of America, and nurtures leadership skills within the Pakistani American business community. 703-627-1500 or www.pabausa.org/.

Northern Virginia Black Chamber of Commerce.

The Alexandria-based organization provides resources to black-owned businesses in Alexandria, Arlington, Fairfax, Loudoun, and Prince William counties. www.novabcc.org/.

Asian American Chamber of Commerce

Located in Tysons, it offers programs to Asian and Pacific business communities in the region. www.asian-americanchamber.org/.

US Lebanese Chamber of Commerce

A privately held business association founded in 2010 offering networking and resources to Lebanese Americans. 703-761-4949.

Latvian Chamber of Commerce in the Americas

The Fairfax-based organization provides resources to Latvian-lead businesses, as well as American businesses hoping to expand into Latvia. www.latchamamericas.org.

Small Business Commission

As part of the commonwealth's Division of Legislative Services, the Commission provides resources and support to the businesses. www.fairfaxcounty.gov/dpsm/osb/sbc/.



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NEWCOMERS & COMMUNITY GUIDE

Running in the Area

Routes and trails in our neighborhood.

BY ABIGAIL CONSTANTINO
THE CONNECTION

Runners in Burke have quick access to Burke Lake Park and Lake Accotink Park, as well as the Gerry Connolly Cross Country Trail after a short drive.

Gabe Roxas, of Burke, runs 20-30 miles a week. His regular run is at Burke Lake Park in Fairfax Station, which goes a little over five miles.

For Brian Waite, of Burke, Lake Accotink Park in Springfield, is his go-to loop. He usually runs 20-35 miles a week.

Jeremy Lynch, of Springfield, is lucky enough not to have to drive to hit the trails. From his house, he takes the Lake Accotink Trail which connects to the Cross Country Trail. It's "absolutely fantastic," he said.

But for those who want to pound the sidewalks and pavements of Burke, Potomac River Running Store of Burke's Hump Day Dash is a way to run, socialize and explore the neighborhood. The weekly run meets in the store on Wednesdays at 7 p.m.

Different types of runners participate in the run - from Boston marathoners to collegiate athletes to complete beginners. Lynch, who has been coming to these runs for almost two years, said that the event

RESOURCES FOR RUNNERS

Fairfax County Trail Buddy
<http://www.fairfaxcounty.gov/parks/trails/>

Gerry Connolly Cross County Trail
<http://www.fairfaxcounty.gov/parks/cct/>

Burke Lake Park
<http://www.fairfaxcounty.gov/parks/burkelakepark/>

Lake Accotink Park
<http://www.fairfaxcounty.gov/parks/lake-accotink/>

Potomac River Running Store
<https://potomacriverrunning.com/location/burke/>

See Mommy Run (Burke)
<http://www.seemommyrun.com/va/groupsbycity/Burke>

attracts "different types of runners at different places in their running."

Although the group is diverse, Maera Busa, a Potomac River Running Store employee, said that there is no pressure. Runners can go at their own pace.

The run is usually no more than 50 minutes, and goes from the store to the nearby trails and sidewalks in the vicinity.

"There are nice loops with lots of hills to challenge yourself. One twenty-three is good because it's flat. And, if you want to push yourself, you can go all the way on 123," said Busa.

After the run, participants can hang out, chat, and enjoy free snacks and beverages. The Potomac River Running Store in Burke is located at 5715 Burke Centre Parkway.



PHOTOS BY ABIGAIL CONSTANTINO/THE CONNECTION

Hump Day Dash runners meet at the Potomac River Running Store in Burke on Wednesdays at 7 p.m.



The trail at Burke Lake Park in Fairfax Station is popular with runners in Burke.

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NONPROFITS

FROM PAGE 6

National Capital Food Bank

A group of food banks serving all of Northern Virginia seek monetary donations and general volunteers. 703-541-3063 or www.capitalareafoodbank.org.

Assistance League of Northern Virginia

An all-volunteer organization that clothes, feeds, educates and nurtures those in need. Working through six elementary schools and Inova Fairfax Hospital, Assistance League touches the lives of some of the most

needy in Northern Virginia. The schools involved include Dogwood Elementary in Reston, Lynbrook Elementary and Garfield Elementary in Springfield, Cora Kelly Elementary in Alexandria and Pine Spring Elementary in Falls Church. Volunteers and donors are always needed. Contact ALNorthernVA@yahoo.com or www.northernvirginia.assistanceleague.org

Northern Virginia Family Services

Offers employments and job training, health care, housing, mental health, foster care and home visitations to new parents. 703-385-3267 or www.nvfs.org.

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NEWCOMERS & COMMUNITY GUIDE



This sign sits outside the Franconia Governmental Center and provides information about “Franconia Farm,” which was located on 191 acres of land purchased by a wealthy businessman named William Fowle. The land is located across the street from Springfield Mall.



PHOTOS BY MARISSA BEALE/THE CONNECTION

Some of the artifacts featured at the Franconia Museum. The goals of the museum are to preserve the rich history of Franconia as well as to promote the heritage of the Franconia area.

A Photo Tour of Springfield Landmarks

Local history in words and pictures.

BY MARISSA BEALE

There is history in our own backyard. While Washington, D.C. is only a few metro stops away, the Franconia Museum in Springfield, though small, offers a taste of local history that visitors are sure to remember. The Museum is just one of a few places recommended if you are looking to discover and learn more about the history of Springfield. For a few more history hot-spots, read on.

Franconia Museum

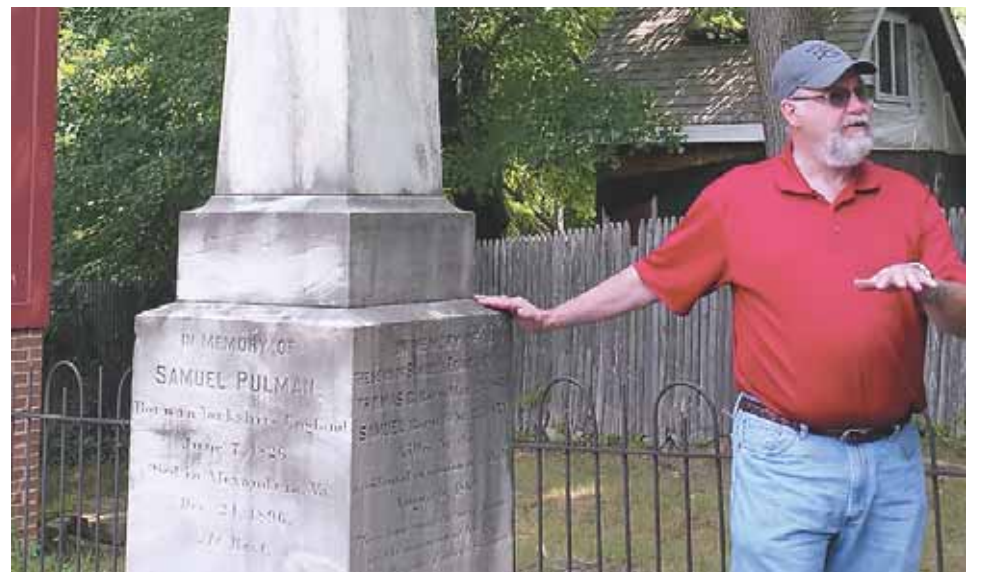
If you are new to Springfield and looking for a way to find out more about rich local history, a great place to start is the Franconia Museum. The Franconia Museum is located at 6121 Franconia Road and is open Monday, Tuesday, Wednesday, Saturday from 10

a.m. to 2 p.m., and by appointment. The goals of the Museum are to preserve the rich history of Franconia as well as to promote the heritage of the Franconia area. It is full of pictures, artifacts and stories detailing the past and present of Franconia. In addition, they sponsor historical bus tours, which you can find out more about via their website, at www.fairly-

Ashland House

The Ashland House is the oldest home in Franconia, Virginia and the former residence of legendary southern belle, Miss Mary Triplett of Virginia. Located on Walhaven Drive, the house dates back to 1820 when it was used as a Civil War Hospital. Because it is a private residence, visitors will only be able to view it from the outside. However the home serves as an “outstanding example of private restoration” according to Don Hakenson, founder and member on the board of directors for the Franconia Museum. The Ashland House

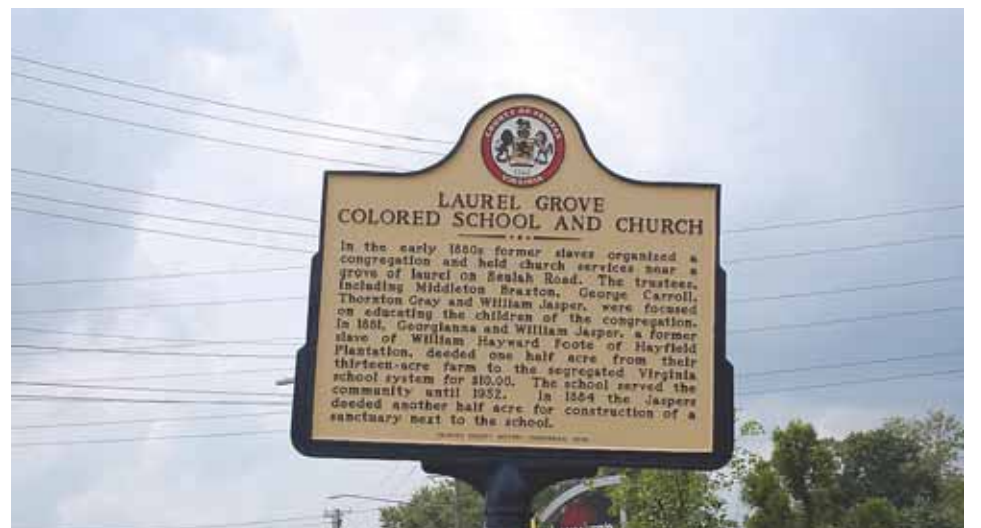
SEE LANDMARKS, PAGE 18



Don Hakenson, tour guide for the Franconia Bus Tour, explains the history and significance of many of the headstones in the cemetery behind the Sharon Chapel. This memorial commemorates the deaths of two young boys who were killed in a grenade explosion. The boys, aged 10 and 6 at the time of their deaths, were the sons of Samuel and Frances Pulman. The Pulman Family, a very famous family, owned a store on Telegraph Road called the Pulman Store.



The front of the Ashland House. Standing in front are guides, Jumana Qamruddin and Nazir Bhagat. Bhagat, who owns the house, purchased it in the 1980s and has done extensive research on the history of the house. The house is complicated in structure, featuring several add-ons. Guests reported that going through the house felt like walking through a maze. The front and back stairs of the house are reminiscent of Greek Revival Style, according to Bhagat.



The historical marker for the Laurel Grove Colored School and Church, located on Beulah Street. It reads, “Thornton Gray and William Jasper were focused on educating the children of the congregation. In 1881, Georgiana and William Jasper, a former slave deeded one half acre from their thirteen-acre farm to the segregated Virginia school system for \$10.00. The school served the community until 1932.”

SPRINGFIELD DEMOGRAPHICS

Zip code: 22153
Population: 31,285
Race: White-21,039 (67.2%), Black/African American-3,311 (10.6%), American Indian and Alaska Native-94 (0.3%), Asian-4,309 (13.8%), Hispanic or Latino (of any race)-3,517 (11.2%)
Total housing units: 10,849
Owner-occupied housing units: 8,951 (85.5%)
Households with individuals under 18 years: 4,403 (42.1%)
Households with individuals 65 years and over: 1,904 (18.2%)
Median household income: 136,561
Mean family income: 157,918
Population 5 years and over who speaks a language other than English at home: 28.9%

Zip code: 22152
Population: 28,500
Race: White-19,323 (67.7%), Black/African American-2,252 (7.9%), American Indian and Alaska Native-105 (0.4%), Asian-4,548 (15.9%), Hispanic or Latino (of any race)-3,778 (13.2%)
Total housing units: 10,503
Owner-occupied housing units: 8,535 (82.1%)
Households with individuals under 18 years: 3,879 (37.3%)
Households with individuals 65 years and over: 2,347 (22.6%)
Median household income: 113,135
Mean family income: 142,586
Population 5 years and over who speaks a language other than English at home: 28.6%

Zip code: 22150
Population: 27,105
Race: White-13,166 (48.6%), Black/African American-2,463 (9.1%), American Indian and Alaska Native-191 (0.7%), Asian-6,415 (23.7%), Hispanic or Latino (of any race)-7,181 (26.5%)
Total housing units: 9,525
Owner-occupied housing units: 5,444 (59.9%)
Households with individuals under 18 years: 3,186 (35%)
Households with individuals 65 years and over: 3,097 (34.1%)
Median household income: 86,480
Mean family income: 114,018
Population 5 years and over who speaks a language other than English at home: 54.8%

Zip code: 22151

Population: 17,456
Race: White-10,512 (60.2%), Black/African American-973 (5.6%), American Indian and Alaska Native-82 (0.5%), Asian-3,777 (21.6%), Hispanic or Latino (of any race)-3,529 (20.2%)
Total housing units: 6,033
Owner-occupied housing units: 4,648 (80.6%)
Households with individuals under 18 years: 2,246 (38.9%)
Households with individuals 65 years and over: 1,625 (28.2%)
Median household income: 98,779
Mean family income: 118,938
Population 5 years and over who speaks a language other than English at home: 45.3%

Zip code: 22315
Population: 26,202
Race: White-16,870 (64.4%), Black/African American-4,217 (16.1%), American Indian and Alaska Native-89 (0.3%), Asian-3,180 (12.1%), Hispanic or Latino (of any race)-2,494 (9.5%)
Total housing units: 10,978
Owner-occupied housing units: 7,650 (72%)
Households with individuals under 18 years: 3,614 (34%)
Households with individuals 65 years and over: 1,487 (14%)
Median household income: 120,517
Mean family income: 149,932
Population 5 years and over who speaks a language other than English at home: 28.4%

Zip code: 22310
Population: 29,609
Race: White-19,121 (64.6%), Black/African American-3,991 (13.5%), American Indian and Alaska Native-94 (0.3%), Asian-3,517 (11.9%), Hispanic or Latino (of any race)-4,678 (15.8%)
Total housing units: 12,048
Owner-occupied housing units: 8,679 (76%)
Households with individuals under 18 years: 3,654 (32%)
Households with individuals 65 years and over: 2,214 (19.4%)
Median household income: 105,515
Mean family income: 137,805
Population 5 years and over who speaks a language other than English at home: 34.5%

Source: U.S. Census 2010; American Community Survey 2012

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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

SEPTEMBER

Publishing
Dates

HomeLifeStyle.....9/10/14
A+ Camps & Schools.....9/17/14
Fall Fun & Arts Preview.....9/24/14

OCTOBER

Wellbeing.....10/1/14
HomeLifeStyle PULLOUT:
Deadline is 9/25/14.....10/8/14
A+ Camps & Schools.....10/15/14
Election Preview I10/22/14
Election Preview II.....10/29/14



NOVEMBER

Election Day is Tuesday,
November 4.
Wellbeing.....11/5/14

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What's on the Ballot; How to Vote

Election Day is Nov. 4, 2014, but you can vote as early as Sept. 19.

Every year is Election Year in Virginia. This year, every Virginia voter will choose one member of the U.S. Senate and their member of the U.S. House of Representatives. Two of Northern Virginia's three house seats are open seats with the retirement of two longstanding members, Jim Moran (D-8) and Frank Wolf (R-10).

This area has very high rates of voter registration, but voter turnout varies significantly from year to year. For example, two years ago in 2012, a presidential election year, 71.78 percent of Virginia registered voters turned out to vote. But in 2010, more comparable to this year, only 44.01 percent of Virginia registered voters turned out to vote.

In Fairfax County, with a population around 1,130,900, there are 713,025 registered voters as of July 1, 2014, up from 676,802 in 2012. (Population data from U.S. Census and voter data from Virginia Department of Elections.)

In Alexandria, with a population of about 148,900, there are 97,883 total registered voters as of July 1, 2014. That's down from 101,887 total registered voters as of July 2, 2012.

In Arlington, with a population of about 224,900, there are 162,100 total registered voters as of July 1, 2014, up from 157,236 on July 2, 2012.

REGISTER, CHANGE OF ADDRESS: In order to vote on Election Day, you must be registered at your current address no later than Oct. 13, 2014. You can check your registration status online by going to www.sbe.virginia.gov.

VOTING EARLY, ABSENTEE

Virtually every voter in Virginia is eligible to vote absentee, which includes voting in-person absentee at a variety of locations between Sept. 19 and Nov. 1.

There are many reasons that voters are allowed to vote absentee, but the most broad of these applies to almost anyone with a job: "Any person who, in the regular and orderly course of his business, profession, or occupation, will be at his place of work and commuting to and from his home to his place of work for eleven or more hours of the thirteen that the polls are open (6 a.m. to 7 p.m.)."

You can download an absentee ballot and mail it to your local voter registration office, or you can vote "absentee in person."

IN PERSON ABSENTEE VOTING

BEGINS AT FAIRFAX COUNTY GOVERNMENTAL CENTER BEGINNING SEPT. 19, 2014.

Office of Elections, 12000 Government Center Pkwy, Conf. Rooms 2/3, Fairfax, 22035

Sept. 19 - Oct. 10: Monday, Tuesday, Wednesday and Friday - 8 a.m. - 4:30 p.m.
Thursdays: 8:00 a.m. - 7:00 p.m.

Oct. 14 - Oct. 31, Monday thru Friday - 8 a.m. - 7 p.m.

Saturdays, Sept. 27, Oct. 4, 11, 18, 25 and Nov. 1, 9 a.m. - 5 p.m.

Closed Monday, Oct. 13 for Columbus Day

SATELLITE VOTING LOCATIONS BEGIN FRIDAY OCT. 14

❖ Franconia Governmental Center - 6121 Franconia Rd., Alexandria, 22310

❖ Dolley Madison Library - 1244 Oak Ridge Ave., McLean, 22101

❖ North County Human Services Bldg. - 1850 Cameron Glen Dr, Reston, 20190

❖ West Springfield Governmental Center - 6140 Rolling Rd., Springfield, 22152

❖ Mason Governmental Center - 6507 Columbia Pike, Annandale, 22003

❖ Mount Vernon Governmental Center - 2511 Parkers Ln., Alexandria 22306

❖ Sully District Governmental Center - 4900 Stonecroft Blvd., Chantilly 20151

Monday - Friday, Oct. 14 - 31, 3:30 p.m. - 7 p.m.

Saturdays, Sept. 27, Oct. 4, 11, 18, 25 and Nov. 1, 9 a.m. - 5 p.m.

Closed Monday, Oct. 13 for Columbus Day

For more, call 703-222-0776 or visit

Map of Congressional districts serving Fairfax County.

<http://www.fairfaxcounty.gov/elections/absentee.htm>

WHAT'S ON THE BALLOT?

Every voter in Virginia will vote for U.S. Senator and their member in the U.S. House of Representatives.

One constitutional question will appear on all Virginia ballots, Proposed Constitutional Amendment - Question: Shall the Constitution of Virginia be amended to allow the General Assembly to exempt from taxation the real property of the surviving spouse of any member of the armed forces of the United States who was killed in action, where the surviving spouse occupies the real property as his or her principal place of residence and has not remarried?

U.S. SENATE

One-term incumbent Sen. Mark R.

Warner (D) is challenged by Republican Ed W. Gillespie and Libertarian Robert C. Sarvis.

❖ Republican Ed W. Gillespie, www.edforsenate.com

❖ Democrat Mark R. Warner, www.markwarnerva.com

❖ Libertarian Robert C. Sarvis, www.robertsarvis.com

THE 8TH DISTRICT is an open seat because of the retirement of incumbent Rep. Jim Moran (D), who was elected in 1990. Democrat Donald S. Beyer Jr. will face Republican Micah K. Edmond plus three independent candidates. The 8th district includes all of Alexandria and Arlington, plus parts of Fairfax County including Mount Vernon, Lorton and parts of McLean, Tysons

SEE EVERY YEAR, PAGE 13

NEWCOMERS & COMMUNITY GUIDE

Every Year is Election Year in Virginia

FROM PAGE 12

and Falls Church.

- ❖ Republican Micah K. Edmond, www.micahedmond.com
- ❖ Democrat Donald S. Beyer Jr., www.friendsofdonbeyer.com
- ❖ Libertarian Jeffrey S. Carson, jeffreycarson.com/
- ❖ Independent Green Gerard C. "Gerry" Blais III, www.votejoinrun.us
- ❖ Independent Gwendolyn J. Beck, www.gwendolynbeck.com

IN THE 10TH DISTRICT, an open seat was created by the retirement of Frank Wolf (R), who was elected to office in 1982. Both major party candidates are elected officials from McLean, with Republican Barbara Comstock, a member of the Virginia House of Delegates, facing Democrat John Foust, a member of the Fairfax County Board of Supervisors. The 10th district sprawls from McLean to Winchester, and includes Great Falls, Chantilly, parts of Fairfax Station, the Town of Clifton, part of Burke and Springfield.

- ❖ Republican Barbara J. Comstock, www.barbaracomstockforcongress.com
- ❖ Democrat John W. Foust, www.foustforvirginia.com
- ❖ Libertarian William B. Redpath, billredpath.com
- ❖ Independent Green Dianne L. Blais, www.votejoinrun.us
- ❖ Independent Brad A. Eickholt, www.eickholt4congress.com/

IN THE 11TH DISTRICT, Gerry Connolly (D), former chairman of the Fairfax County Board of Supervisors, elected to congress in 2008, will face Republican Suzanne K. Scholte and two independent candidates.

- ❖ Republican Suzanne K. Scholte, www.suzannescholteforcongress.com/
- ❖ Democrat Gerald E. "Gerry" Connolly, incumbent, www.gerryconnolly.com
- ❖ Green Joe F. Galdo www.joegaldo.com
- ❖ Libertarian Marc M. Harrold, www.marcharrold4congress.com

IN FAIRFAX COUNTY, all voters will vote yes or no for more money for transportation projects. **Transportation Improvements Bond Question:** Shall the Board of Supervisors contract a debt, borrow money and issue bonds of Fairfax County, Virginia, in addition to bonds previously authorized for transportation improvements and facilities, in the maximum aggregate principal amount of \$100,000,000 for the purpose of providing funds to finance the cost of constructing, reconstructing, improving and acquiring transportation facilities, including improvements to primary and secondary State highways, improvements related to transit, improvements for pedestrians and bicycles, and ancillary related improvements and facilities?

IN THE CITY OF FAIRFAX, voters will also vote on an advisory Referendum regarding length of term for Offices of Mayor, City Council and School Board, and whether the term of office should be increased from two years to four years.

New Voter Identification Requirements

As of this summer, there are new requirements for voter identification that voters must bring with them to the polling place.

Virginia law requires all voters to provide an acceptable form of photo identification at the polls. Voters arriving to the polls without photo ID will be allowed to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality's electoral board in order for their provisional ballot to be counted.

Virginia's photo ID requirements also apply to absentee voters who vote in-person in all elections.

Here are the "acceptable" forms of identification:

- ❖ Valid Virginia Driver's License or Identification Card
 - ❖ Valid Virginia DMV issued Veteran's ID card
 - ❖ Valid United States Passport
 - ❖ Other government-issued photo identification cards (must be issued by US Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth)
 - ❖ Valid college or university student photo identification card, must be from an institution of higher education located in Virginia.
 - ❖ Employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business
 - ❖ or a Virginia Voter Photo ID Card obtained through any local general registrar's office
- "Valid" is defined as a genuine document, bearing the photograph

of the voter, and is not expired for more than 12 months.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

DON'T HAVE ONE OF THESE?

Any registered voter who does not possess one of the above mentioned forms of photo ID, may apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

PROVISIONAL BALLOT PROCESS

A voter who arrives at the polling place without an acceptable form of photo identification will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board. Voters may submit a copy of their ID via fax, email, in-person submission, or through USPS or commercial delivery service. Please note that the copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted. A Friday postmark will not be sufficient. Written notice given to the

voter will provide the necessary information, including email, fax, and address of where the ID should be delivered.

IF YOU VOTE A PROVISIONAL BALLOT but don't have an "acceptable ID," you can appear in-person in the office of the general registrar in the locality in which the provisional ballot was cast by noon on Friday following the election and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document can be provided to the electoral board as acceptable identification and the voter's provisional ballot will be counted.

SOURCE: Virginia Department of Elections, www.sbe.virginia.gov

For More Election Information:
Fairfax County Board of Elections,
703-222-0776,
www.fairfaxcounty.gov/eb/
12000 Government Center Parkway,
Fairfax, Suite 232, Fairfax, 22035;
FAX 703-324-2205; email voting@fairfaxcounty.gov
City of Fairfax General Registrar,
703-385-7890, <http://www.fairfaxva.gov/government/general-registrar>
10455 Armstrong Street, Sisson House,
Fairfax, 22030; FAX 703-591-8364; email generalregistrar@fairfaxva.gov
State Board of Elections, 804-864-8901
Toll Free: 800-552-9745 FAX: 804-371-0194
email: info@sbe.virginia.gov
<http://www.sbe.virginia.gov>



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PARKS

AN INSIDER'S GUIDE TO MAJOR PARKS IN FAIRFAX COUNTY

National Parks

GF Great Falls National Park

9200 Old Dominion Drive, McLean
www.nps.gov/grfa
Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

GW George Washington Memorial Parkway

www.nps.gov/gwmp
703-289-2500
The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

WT Wolf Trap National Park for the Performing Arts

1551 Trap Road, Vienna
www.nps.gov/wotr/
The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheatres in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

State Park

MN Mason Neck State Park

7301 High Point Rd. Lorton
www.dcr.virginia.gov/state_parks/mas.shtml#
703-339-2385 or 703-339-2380 (visitor center)
masonneck@dcr.virginia.gov
The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

PRINCE WILLIAM COUNTY

FH Fountainhead

Regional Park
7315 Ox Road, Fairfax Station
www.nvrpa.org/park/fountainhead/
703-250-9124
The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

HO Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton
www.nvrpa.org/park/hemlock_overlook/
800-877-0954; 571-281-3556;
Hemlock

Regional Parks

BR Bull Run Marina Regional Park

7700 Bull Run Drive, Centreville
www.nvrpa.org/park/bull_run/
Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 through Nov. 11. Mini and disc golf open April through October. Hours vary.

BR Atlantis Waterpark

(at Bull Run Marina Regional Park)
7700 Bull Run Drive, Centreville
www.atlantisbullrun.com/
703-631-0552
Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority Family of Waterparks. Aantis also features picnic pavilions, a deck great for sunning and playing, as well as plenty of shade. Neptune Reef snack bar sells food, beverages and sweets.



One of the beautiful features of the grounds at Meadowlark is the Korean Bell Tower and its surrounding garden.

MBG Meadowlark Botanical Gardens

9750 Meadowlark Gardens Court, Vienna
www.nvrpa.org/park/meadowlark_botanical_gardens/
703-255-3631
This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin. A picnic area beside the Gardens is available to visitors. Meadowlark presents gardening and horticulture workshops, tours, field trips, concerts and volunteer programs.

horticulture workshops, tours, field trips, concerts and volunteer programs.

OR Occoquan

Regional Park
9751 Ox Road, Lorton
www.nvrpa.org/park/occoquan/
703-690-2121

This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1-8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

PB Pohick Bay Regional Park

6501 Pohick Bay Drive, Lorton
www.nvrpa.org/park/pohick_bay/
Pohick Bay is located on the Potomac River 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia.

Sources: National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.

Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Peninsula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

PB Pirates Cove Waterpark

(at Pohick Bay Regional Park)
6501 Pohick Bay Drive, Lorton
www.piratescovepohick.com
703-339-6102

Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

PB Pohick Bay Golf Course

10301 Gunston Road, Lorton
www.nvrpa.org/park/pohick_bay_golf_course
703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

SR Sandy Run Regional Park

10450 Van Thompson Road, Fairfax Station
www.nvrpa.org/park/sandy_run/
703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

Arts Center

LAC Workhouse Arts Center

9601 Ox Road, Lorton
www.lortonarts.org
703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film



A stunning spot to fish, found in the middle of Great Falls National Park.

institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

Major Fairfax County Parks

BLP Burke Lake Park & Golf Course

7315 Ox Road, Fairfax Station
volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing
883.4 acres, multiple resource park

CJP Clemyjontri Park

6317 Georgetown Pike, McLean
fitness, picnic areas and playgrounds
18.6 acres, special purpose park

ELP Ellanor C. Lawrence Park

5040 Walney Road, Chantilly
baseball, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater, trails
650 acres, multiple resource park



Charlotte, from Vienna, shares a sketch that she made of the bridge, across the pond from the Children's Garden at Meadowlark Botanical Gardens.

FPF Frying Pan Farm Park

2717 West Ox Road, Herndon
historic structure, biking/equestrian/hiking trails, open areas, playground
135.3 acres, multiple resource park

GSG Green Spring Gardens

4603 Green Spring Road, Alexandria
Community Center, historic structure, biking/hiking trails, open areas, gardens
30.9 acres, special purpose park

HPP Hidden Pond Park

8511 Greeley Boulevard, Springfield
tennis (lit), nature center, amphitheater, hiking/nature trails, playground, fishing
25.6 acres, community park

HMP Huntley Meadows Park

3701 Lockheed Boulevard, Alexandria
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk
1444.8 acres, natural resource park

LAP Lake Accotink Park

7500 Accotink Park Road, Springfield
basketball, volleyball, minigolf, trails, picnic
448.1 acres, multiple resource park

LFP Lake Fairfax Park

1400 Lake Fairfax Drive, Reston
softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters
479 acres, multiple resource park

FRA Lee District Park

6601 Telegraph Road, Franconia
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground
138 acres, district park

MDP Mason District Park

6621 Columbia Pike, Annandale
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness
121.2 acres, district park

NWP Nottoway Park

9537 Courthouse Road, Vienna
baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic
90.9 acres, district park

RBP Riverbend Park

8700 Potomac Hill Street, Great Falls
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craft room
411.2 acres, multiple resource park

SRN Scotts Run Nature Preserve

7400 Georgetown Pike, McLean
historic structure, historic/hiking/nature trails, fishing
384.3 acres, natural resource park

SRD South Run District

7550 Reservation Drive, Springfield
baseball, soccer/football, basketball, tennis, rec center, equestrian, playground, swimming
196 acres, district park

WFP Wakefield Park & RECenter

8100 Braddock Road, Annandale
softball, soccer/football, basketball, tennis, rec center, biking, fitness trail, skate park
292.6 acres, multiple resource park

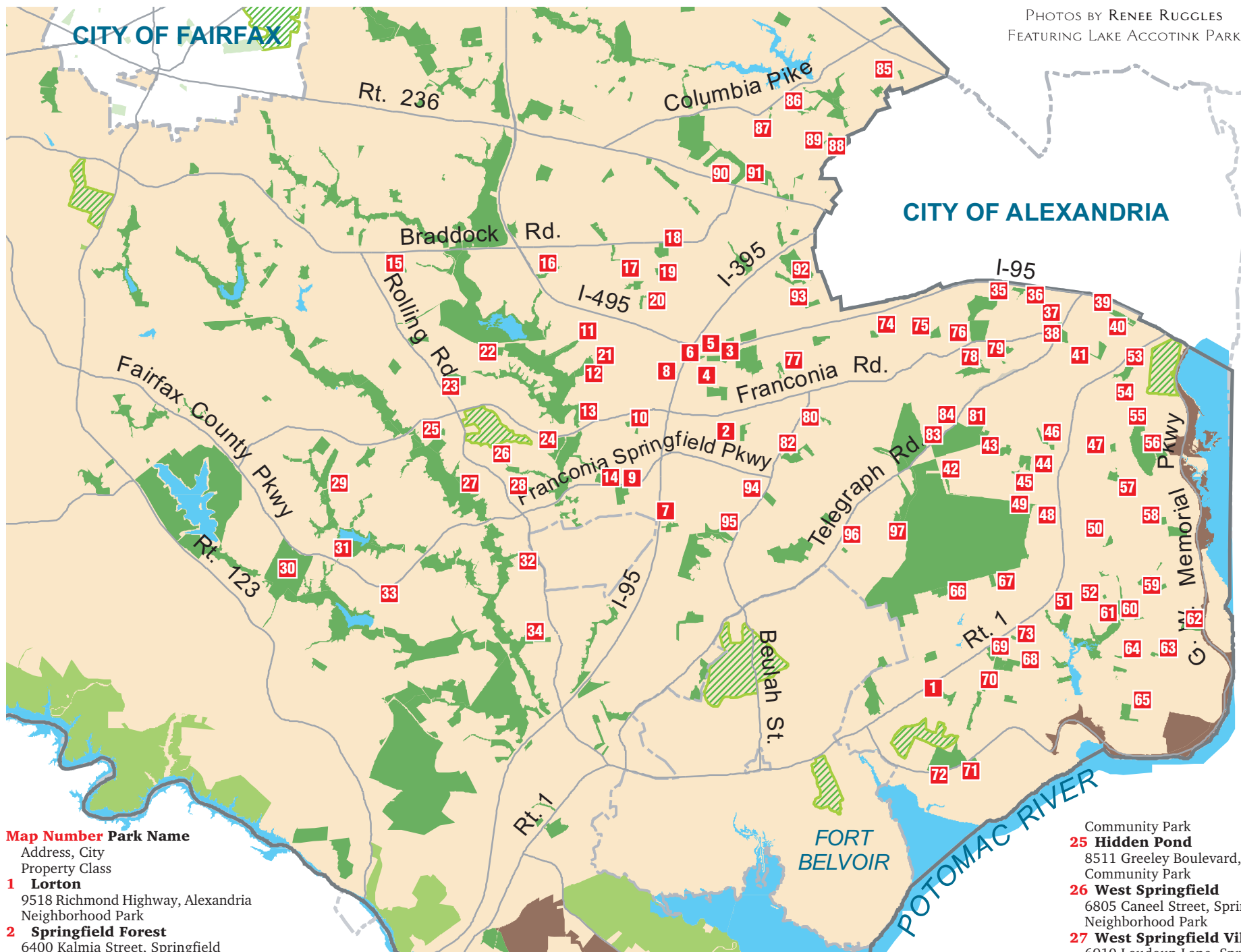


The Meredith family came to the Mason Neck State Park, from Arlington, to do some exploring and wildlife spotting.

PARKS

A GUIDE TO FAIRFAX COUNTY PARKS IN THE
SPRINGFIELD & MOUNT VERNON AREAS

PHOTOS BY RENEE RUGGLES
FEATURING LAKE ACCOTINK PARK



Map Number Park Name

Address, City
Property Class

- 1 Lorton**
9518 Richmond Highway, Alexandria
Neighborhood Park
- 2 Springfield Forest**
6400 Kalmia Street, Springfield
Neighborhood Park
- 3 Franconia**
6432 Bowie Drive, Springfield
Community Park
- 4 Lee High**
6501 Deepford Street, Springfield
Community Park
- 5 Monticello Woods**
6444 Northanna Drive, Springfield
Community Park
- 6 Trailside**
6000 Trailside Drive, Springfield
Community Park
- 7 Loisdale**
7419 Loisdale Road, Springfield
Neighborhood Park
- 8 Lynbrook**
6005 Augusta Drive, Springfield
Neighborhood Park
- 9 Hooes Road**
7233 Hooes Road, Springfield
Community Park
- 10 Springvale**
6508 Spring Road, Springfield
Community Park
- 11 Lake Accotink**
7500 Accotink Park Road, Springfield
Multiple Resource Park
- 12 Brookfield**
7417 Floyd Avenue, Springfield
Community Park
- 13 Byron Avenue**
6500 Byron Avenue, Springfield
Community Park
- 14 Hooes Road School Site**
7336 Hooes Road, Springfield



The active train trestle is an interesting feature of Lake Accotink Park.

Community Park

- 15 Kings Park**
8717 Trafalgar Ct., Springfield
Community Park
- 16 Flag Run**
7620 Elgar Street, Springfield
Neighborhood Park
- 17 Leewood**
7111 Woodland Drive, Springfield
Neighborhood Park
- 18 Deerlick**
6821 Braddock Road, Springfield
Community Park
- 19 Edsall**
6845 Edsall Road, Springfield

Community Park

- 20 North Springfield**
7025 Leesville Boulevard,
Springfield
Neighborhood Park
- 21 Royal Ridge**
7417 Floyd Avenue, Spring-
field
Community Park
- 22 Carrleigh Parkway**
8020 Carrleigh Prkwy,
Springfield
Neighborhood Park
- 23 Cardinal Forest**
6121 Roxbury Avenue,
Springfield



- Community Park
24 Hunter Village
7700 Jansen Drive, Springfield

- Community Park
25 Hidden Pond
8511 Greeley Boulevard, Springfield
Community Park
- 26 West Springfield**
6805 Caneel Street, Springfield
Neighborhood Park
- 27 West Springfield Village**
6910 Loudoun Lane, Springfield
Neighborhood Park
- 28 Rolling Forest**
7019 Flax Street, Springfield
Neighborhood Park
- 29 Cherry Run**
7001 Cottontail Court, Springfield
Neighborhood Park
- 30 South Run District**
7550 Reservation Drive, Springfield
District Park
- 31 Huntsman**
9150 Dorothy Lane, Springfield
Community Park
- 32 Rolling Wood School Site**
7511 Chancellor Way, Springfield
Community Park
- 33 Chapel Acres**
7900 Giles Street, Springfield
Neighborhood Park
- 34 Saratoga**
8121 North Umlerland Rd, Spring-
field
Community Park
- 35 Loftridge**
5549 Janelle Street, Alexandria
Community Park
- 36 Burgundy**
5516 Norton Road, Alexandria
Neighborhood Park
- 37 Heritage Hill**
5744 Telegraph Road, Alexandria
Neighborhood Park



Liz Anderson, of Fairfax, explored the lake by kayak. The park also offers paddle boat rentals and boat tours.

- 38 Jefferson Manor**
2909 Farmington Drive, Alexandria
Community Park

39 Huntington
2121 Fairfax Terrace, Alexandria
Community Park

40 Farrington Avenue
2213 Farrington Avenue, Alexandria
Neighborhood Park

41 Mt. Eagle
5919 North Kings Highway, Alexandria
Community Park

42 South Kings Forest
4505 Lantern Place, Alexandria
Neighborhood Park

43 Stoneybrooke
3900 Stoneybrooke Drive, Alexandria
Community Park

44 Groveton Heights
3429 Clayborne Avenue, Alexandria
Community Park

45 Huntley Historic
6918 Harrison Lane, Alexandria
Natural Resource Park

46 Lenclair
6625 Lenclair Street, Alexandria
Neighborhood Park

47 Bucknell Manor
2223 Beacon Hill Road, Alexandria
Community Park

48 Hybla Valley
3431 Lockheed Boulevard, Alexandria
Neighborhood Park

49 Huntley Meadows
3701 Lockheed Boulevard, Alexandria
Natural Resource Park

50 Hollin Meadows
7603 Elba Road, Alexandria
Community Park

51 Martin Luther King Jr
8115 Fordson Road, Alexandria
Community Park

**52 Stephen S. Foster
Intermediate School Site**
2500 Parkers Lane, Alexandria
- Community Park

53 Belle Haven
6036 Grove Drive, Alexandria
Community Park

54 Fort Willard Circle
6625 Fort Willard Circle, Alexandria
Neighborhood Park

55 Mount Vernon District
2017 Belle View Boulevard, Alexandria
Multiple Resource Park

56 Westgrove
6801 Fort Hunt Road, Alexandria
Community Park

57 White Oaks
7100 Devonshire Road, Alexandria
Neighborhood Park

58 Gilbert S. McCutcheon
7509 Fort Hunt Road, Alexandria
Community Park

59 Hollin Hall School Site
1500 Shenandoah Road, Alexandria
Community Park

60 Kirk
2206 Collingwood Road, Alexandria
Neighborhood Park

61 Williamsburg Manor
2213 Collingwood Road, Alexandria
Community Park

62 Collingwood
8200 West Boulevard Drive, Alexandria
Community Park

63 Carl Sandburg School Site
8428 Fort Hunt Road, Alexandria
Community Park

64 Stratford Landing
2301 Stirrup Lane, Alexandria
Neighborhood Park

65 Fort Hunt
8822 Linton Lane, Alexandria
Community Park

66 Muddy Hole Farm
7941 Kidd Street, Alexandria
Community Park

67 Mount Vernon Woods
4014 Fielding Street, Alexandria
Community Park

68 George Washington
8426 Old Mount Vernon Road
Special Purpose Park

69 Walt Whitman School Site
8333 Richmond Highway, Alexandria
Community Park

70 Mount Zephyr
8601 Richmond Avenue, Alexandria
Neighborhood Park

71 Washington Mill
4341 Mount Vernon Memorial Hwy,
Alexandria
Community Park

72 Grist Mill
4710 Mount Vernon Memorial Hwy,
Alexandria
District Park

73 Vernon Heights
8225 Central Avenue, Alexandria
Neighborhood Park

74 Bush Hill
5417a Waycross Drive, Alexandria
- Neighborhood Park

75 Mark Twain
5920 Larpin Lane, Alexandria
Community Park

76 Clermont School Site
4100 Franconia Road, Alexandria
Community Park

77 Franconia Forest
6013 Bitternut Road, Alexandria
Neighborhood Park

78 Ridgeview
4111 Duvawn Street, Alexandria
Community Park

79 Wilton Woods School Site
3701 Franconia Road, Alexandria
Neighborhood Park

80 Tara Village
6417 Joyce Road, Alexandria
Neighborhood Park

81 Virginia Hills School Site
6520 Diana Lane, Alexandria
Neighborhood Park

82 Manchester Lakes
6775 Beulah Street, Alexandria
Community Park

83 Greendale Golf Course
6700 Telegraph Road, Alexandria
Special Purpose Park

84 Lee District
6601 Telegraph Road, Franconia
District Park

85 Dowden Terrace
5616 Bradley Boulevard, Alexandria
Community Park

86 Glasgow
3935 Arcadia Road, Alexandria
Neighborhood Park

87 Parklawn
6454 Lincolnia Road, Alexandria
Community Park

88 Glen Hills
6090 Larstan Drive, Alexandria
Neighborhood Park

89 Heywood Glen
6210 Larstan Drive, Alexandria
Neighborhood Park

90 Pinecrest Golf Course
6600 Little River Turnpike, Alexandria
Special Purpose Park

91 Green Spring Gardens
4603 Green Spring Road, Alexandria
Special Purpose Park

92 Bren Mar
6324 Edsall Road, Alexandria
Community Park

93 Backlick Run
5590 First Statesman Lane, Alexandria
Community Park

94 Beulah
7119 Beulah Street, Alexandria
Community Park

95 Amberleigh
7516 Beulah Street, Alexandria
Community Park

96 Hayfield
7611 Hayfield Road, Alexandria
Community Park

97 Wickford
7331a Wickford Drive, Alexandria
Neighborhood Park



Nhi and Lan Tran came to enjoy a family barbecue in one of Lake Accotink's reservable picnic shelters.



Cecil shows his sister Elzbieta how to skip rocks, while they explore a stream at Lake Accotink. They came with their mom, from Centreville, to meet with other homeschool families and enjoy the park.



Sarah Mejia took her little boy Lorenzo for a fun ride on Lake Accotink's antique carousel.

NEWCOMERS & COMMUNITY GUIDE



PHOTO BY MARISSA BEALE/THE CONNECTION

The Nalls are the fourth generation of people to live off the land on Nalls Farm. Nalls Produce Farm is open to the public, and visitors can also purchase fresh produce here.

Springfield Landmarks

FROM PAGE 10

is on the historic register and has had several sections added to the house at different times. “It is a 300-year-old house, but I have seen no ghosts,” joked Rosie Sebastian, a resident of the house for nine years. This house is one of great history that has been wonderfully preserved. It will be a part of next year’s Franconia Bus Tour.

Sharon Chapel

The Sharon Chapel was originally the Sharon Meeting House, and was built around 1847 and 1848 on land that belonged to the Frobels. The church was used for the Christian education of people in the area. In 1864, Union Troops accidentally burned the Chapel. The Chapel was rebuilt in 1903 until it was replaced. Behind the Chapel are headstones of several famous families in the area, including the Pulman, Dove, and Struder Families. Presently, it is known as All-Saints Episcopal Church – Sharon Chapel.

Nall’s Produce Farm

Nall’s Produce Farm is open Monday thru

Saturday 9 a.m. to 7 p.m., and on Sundays 9 a.m. to 6 p.m. It is run by Cary Nalls, who started the farm 51 years ago.

This is a great place to bring children, as there is a lot to see, do, and learn. Every Monday until Sept. 1, produce at the Farm is ten percent off. Events listed on their calendar are open to the public. Definitely worth a stop!

Laurel Grove Colored School

It is easy to pass if you are not looking for it, but right here in Springfield is the Laurel Grove Colored School. From the early 1880s to 1932 the school functioned as the only school for African American students in Lee District. The school was built on a one-half acre of land that belonged to a freed slave, William Jasper, and his wife, Georgiana. Jasper joined several other freed blacks “to address an urgent need – the education of their children,” according to the Laurel Grove School Museum. This one-room schoolhouse is open to the public every Saturday during Black History Month in February, as well as by appointment.

A Year of the Arts

A selection of upcoming theatre, music and arts in the area.

Springfield Art Guild

Springfield Art Guild, Richard Byrd Library, 7250 Commerce Street, Springfield. SAG is a non-profit group founded in 1969 and serves the community’s interest in fine arts, fine crafts and photography that holds monthly meetings on the second Wednesday of each month. www.springfieldartguild.org.

Empire

Empire Nightclub and the Alchemy Room, 6355 Rolling Road, Springfield. Empire fills the metal genre niche in Springfield and also hosts musicians of other various styles and children’s programs during the daytime. www.empirenova.com/ or 703-569-5940.

THURSDAY/SEPT. 4

The Icarus Account. 5:30-10 p.m. The Alchemy Room, 6355 Rolling Road, Springfield. Listen to an alternative genre group, The Icarus Account, perform live. For all ages. Admissions \$10. Call 703-569-5940 for more info.

FRIDAY/SEPT. 5

Mic Check! 7-11 p.m. Main Room, 6355 Rolling Road, Springfield. Listen to Mic Check Showcase! Korrupt Concept Young Dillinger and more. Genre is DJ Hip Hop. For all ages. Admissions \$10 in advance, \$15 at the door. Call 703-569-5940 for more info.

THURSDAY/SEPT. 11

Overkill. 6 p.m.-12 a.m. Main Room, 6355 Rolling Road, Springfield. Listen to Metal

SEE ARTS, PAGE 19

Insiders to Newcomers: The Best Things About Living in Springfield

PHOTOS BY MARISSA BEALE/THE CONNECTION

John Thodos, works at Springfield Butcher, lived in Springfield for 27 years

“People in Springfield are kind and helpful. The schools are awesome and there are always things going on in the community. There are firework shows at the Country Club around the Fourth of July and [music-synched] Christmas lights at Shell Gas Station [on Old Keene Mill Road]. There’s a good amount of stores here as well.”



Luke Hartman, works at Trader Joe’s, lived in Springfield for 21 years

“I went to Lee High School and have lived here in Springfield my entire life, which is just about 21 years. Springfield is the perfect mixture of urban and suburban. You’re right in the center and equidistant to everything.”



Carol Essen, works at Richard Byrd Library, lived in Springfield for 31 years

“The shopping is convenient here. The renovation of Springfield Mall is expected to be completed in October, which is very exciting. Springfield’s great because it is close to the Beltway, allowing for easy access to things. We’re, generally, pretty quiet.”



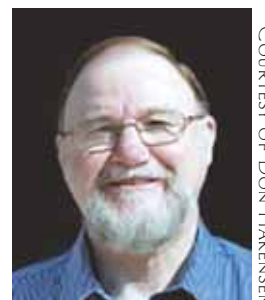
Phyllis Ford, director of the Laurel Grove School Museum, lived in Springfield for over 30 years

“Growing up in the 1950s, my favorite thing was the friendliness of the families. I went to school in Gum Springs, when the Laurel Grove School closed. I returned to Springfield in 1999, but my family has always lived here.”



Don Hakensen, founder and a member on the board of directors for the Franconia Museum, lived in Springfield for over 30 years

“I wanted my kids to go to the same schools I did and to experience the same things. I grew up running around in the woods. My parents said be back at 5 p.m. when we left the house at 8:30 in the morning, and they had no idea where we went. My kids played in the same gravel pits I did. Growing up, Springfield was a place where a boy could be a little boy. I always considered Franconia a small town, but we’re becoming more of a metropolis.”



COURTESY OF DON HAKENSEN

— MARISSA BEALE

NEWCOMERS & COMMUNITY GUIDE

FROM PAGE 18

bands perform live, including The Angels, Vice Blunt and more. For all ages. Admissions \$25. Call 703-569-5940 for more info.

FRIDAY/SEPT. 12

Skeletonwitch. 8 p.m.-2 a.m. Main Room, 6355 Rolling Road, Springfield. Listen to Death Metal bands perform live, including Skeletonwitch, Ghoul and Black Anvil. For all ages. Admissions \$15. Call 703-569-5940 for more info.

SATURDAY/SEPT. 13

Bloodfeast & Deceased. 7 p.m.-12 a.m. Main Room, 6355 Rolling Road, Springfield. Listen to the metal band Bloodfeast & Deceased perform live. For all ages. Admissions \$15. Call 703-569-5940 for more info.

Kate's Irish Pub

Kate's Irish Pub, 6131 Backlick Road, Springfield. Kate's Irish Pub in Springfield offers everything from traditional Irish music, to open mic night and alternative bands (all accompanied by Irish libations). 703-866-0860 or www.katesirishpub.com/.

Fairfax Symphony Orchestra

Fairfax Symphony Orchestra, 3905 Railroad Avenue, Suite 202 N, Fairfax. One of the finest regional, professional orchestras in the country. 703-563-1990 or www.fairfaxsymphony.org.

SATURDAY/SEPT. 20

Fairfax Symphony. 8 p.m. Fairfax Symphony, 3905 Railroad Ave, Fairfax. Listen to Brahms: Symphony

No. 2, Grieg: Piano Concerto and Glinka: Overture Ruslan and Ludmilla with pianist Alexander Schimpf and conductor Christopher Zimmerman. Call 703-563-1990 for more info.

THURSDAY/OCT 25-FRIDAY/OCT 26

Fairfax Symphony. 8 p.m. Fairfax Symphony, 3905 Railroad Ave, Fairfax. Listen to Copland: Quiet City, Stravinsky: Sumbarton Oaks and Concerto, Copland: Appalachian Spring and Stravinsky: Suites 1 and 2 with Christopher Zimmerman. Call 703-563-1990 for more info.

George Mason University Patriot Center

GMU Patriot Center, 4500 Patriot Circle, Fairfax. Located on the campus of George Mason University, the Patriot Center is a 10,000-seat arena that hosts Mason basketball games, concerts, family shows and commencement ceremonies.

703-993-3000 or www.patriotcenter.monumentalnetwork.com.

SATURDAY/SEPT. 6

DC Brawlers vs. New York Rhinos. 7 p.m. Patriot Center, 4400 University Dr, Fairfax. Watch the DC Brawlers battle the New York Rhinos in Grid, the world's first true co-ed spectator sport. Doors open at 6 p.m. Call 703-993-3000 for more info.

FRIDAY/SEPT. 12

Marvel Universe Live! 7 p.m. Patriot Center, 4400 University Dr, Fairfax.

Watch your favorite Marvel characters in one production. Doors open at 6 p.m. Call 703-993-3000 for more info.

FRIDAY/OCT. 10

Marc Anthony. 8 p.m. Patriot Center, 4400 University Dr, Fairfax. Listen to singer Marc Anthony perform on his Cambio de Piel Tour. Doors open at 7 p.m. Call 703-993-3000 for more info.

WEDNESDAY/OCT. 22

Frozen: Disney on Ice. 7 p.m. Patriot Center, 4400 University Dr, Fairfax. Enter a fantastical winter wonderland at *Disney On Ice presents Frozen!* The Academy Award winning movie is LIVE with special effects, skating and inspiring songs like "Let It Go." Doors open at 6 p.m. Call 703-993-3000 for more info.

Fairfax Art League Gallery

Fairfax Art League Gallery, Old Town Hall, 3999 University Drive, Fairfax. The Fairfax Art League Gallery, operated by the Fairfax Art League, a members' co-operative gallery representing over 100 local artists, houses monthly exhibits with special shows held twice a year. 703-352-2787.

Fairfax Museum

Fairfax Museum, 10209 Main Street, Fairfax. The museum produces special exhibitions on city history, provides educational outreach to school and youth groups and offers walking tours of Old Town Fairfax and the city's historic buildings in the spring and fall. 703-385-8414.

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thecenterforballetarts.com

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- lost (adj): 1. unable to find the way.
2. not appreciated or understood.
3. no longer owned or known



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CHILDREN AGES 2-5

Full (6:30 a.m.-6:30 p.m.) and half day (9:00 a.m.-1:00 p.m.) programs

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Program is organized into weekly themes packed with FANTASTIC FIELD TRIPS, A SENSATIONAL OVERNIGHT CAMP OUT, DAILY SWIMMING, SPORTS, DANCING, MUSIC, AND AN END-OF-THE-SUMMER "SMASH" MUSICAL PRODUCTION BY OUR CAMPERS FOR THEIR FAMILIES.

BEFORE & AFTER SCHOOL PROGRAMS AGES SIX-ELEVEN YEARS GRADES 1-6

Transportation provided to Terra Centre, Fairview, White Oaks, and Cherry Run Elementary Schools. Emphasis on special events, sports, time for homework, and student's choice of activities.

KINDERGARTEN

Registrations are now being accepted for the 2014-2015 School Year. Two Virginia certified teachers per classroom. Program emphasizes language arts, math, computer literacy, science, social studies, social development, art, music and physical development.



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Burke, Virginia 22015
703-644-0066

www.kiddiecountry.com

NEWCOMERS & COMMUNITY GUIDE

Year-round Festivals

LIST COMPILED BY EMMA HARRIS

A list of annual community events in the area.

August 2014

SATURDAY/AUG. 30

Lake Anne Jazz & Blues Festival. 1 p.m. Lake Anne Plaza (Waterfront), 1609 Washington Plaza, Reston. Showcasing a variety of talented local emerging artists and national jazz performers. Visit lakeanneplaza.com/event/8th-annual-jazz-blues-festival/30.

SATURDAY-SUNDAY/AUG. 30-31

War of 1812 Signature Event. Noon-5 p.m. Alexandria Waterfront, 3 Cameron Street, Alexandria. Visitors are invited to delight in interactive historical exhibits, boating activities and food trucks. Features a tug-of-war, cricket match and yacht race as well. 703-746-4242. Free. Visit www.visitAlexandriaVA.com/1812

September 2014

MONDAY/SEPT. 1 - SUNDAY/SEPT. 7

Annual Workhouse Clay National Ceramics Exhibition. Workhouse Arts Center, 9518 Workhouse Way, Lorton. This exhibition represents the depth and breadth of contemporary functional and sculptural ceramic artworks being created throughout the country. Visit http://www.workhouseceramics.org/index.php?p=1_15_Clay-National-2014.

MONDAY/SEPT. 1

Herndon Labor Day Festival. 12-6 p.m. Herndon Town Green, 777 Lynn Street, Herndon. Downtown Herndon celebrates Labor Day with an annual festival - °great music, a craft show, food, wineries, micro-brews and culinary demonstrations will all be there. Visit www.herndon-va.gov

SATURDAY/SEPT. 6

Virginia Indian Festival. 10 a.m.-4 p.m. Riverbend Park, 8700 Potomac Hills Street, Great Falls. Tribal dancing, songs and drumming make history come alive each September at the Virginia Indian Festival at Riverbend Park. Visit www.fairfaxcounty.gov/parks/parktakes/quicktakes/#FA14QT7.

SATURDAY-SUNDAY/SEPT. 6-7

37th Annual Burke Centre Festival. 9:30 a.m.-10 p.m. 6060 Burke Centre Parkway, Burke. Burke Centre's signature event, which celebrates the spirit of the community each year with rides, activities and live entertainment for all ages to enjoy. Visit http://www.burkecentreweb.com/sub_category_list.asp?category=37&title=Annual+Festival.

SUNDAY/SEPT. 7

Reston Triathlon. 7 a.m. Lake Audubon, Twin Branches Road, Reston. Swim, bike and run in the "Reston World Championships." Visit www.restontriathlon.org/tri.

THURSDAY/SEPT. 11-18

16th Annual Fall for the Book Festival. George Mason University, 4400 University Drive, Fairfax. A week-long, multiple-venue, regional festival that brings together people of all ages and interests. Visit www.fallforthebook.org.

SATURDAY/SEPT. 13

18th Annual CCE Irish Folk Festival. Noon-



The Sandstorm Ride is a hit at last year's Burke Centre Festival. This year's festival will take place Sept. 6 - 7.

8:30 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax and The Auld Shebeen Irish Pub, 3971 Chain Bridge Road, Fairfax.

All are invited to enjoy, free of charge, the "pure drop" - the beauty and depth of Irish music, dance, language and sport as it has taken root and come into full flower in our community. Visit <http://www.fairfaxva.gov/about-us/special-events/fairfax-irish-folk-festival>

Silver Live Music and Food Truck Festival.

12-10 p.m. 1800 Tysons Blvd., McLean. Listen to performances from renowned local and national acts and find displays of fine arts and a variety of refreshments to benefit the Spirit of Hope Children's Foundation. Visit <http://tysonspartnership.org/event-calendar/tysons-world-music-festival/>.

Lorton's Fall Festival. 11 a.m. Lorton Station Town Center, 8998 Lorton Station Blvd., Lorton. Enjoy a magic booth, pumpkin painting, photo booth, games, prizes and more. Visit www.lortonstationtowncenter.com/calendar-of-events.html

SATURDAY-SUNDAY/SEPT. 13-14

King Street Art Festival. 10 a.m.-7p.m. Saturday, 10 a.m.-5 p.m. Sunday. Old Town, King Street, Alexandria. At this community festival, art enthusiasts can discover spectacular paintings, life-size sculptures, jewelry, photography, ceramics and more. Visit www.artfestival.com/Festivals/Alexandria_Festival_of_the_Arts_Alexandria_Virginia_September.aspx

SATURDAY/SEPT. 20

5K/10K Dulles Day on the Runway. 7:30 a.m. 14390 Air and Space Museum Pkwy., Chantilly. The full length of the runway will be closed off for runners to experience a flat, fast course and a unique look at the airport grounds. All race proceeds will benefit Special Olympics Virginia, the Committee for Dulles Community Outreach and the Washington Airports Task Force. Visit <http://committeefordulles.org/5-10K.html>.

Dulles Day Plane Pull. 10:30 a.m.-4 p.m. Dulles International Airport. Teams of 25 are pitted against one another to see who can pull a 164,000+ pound Airbus 12 feet the fastest in Special Olympics Virginia's "heaviest" fundraiser. Visit <http://www.planepull.com>.

Beer, Bourbon & BBQ Fest. 12-6 p.m. 8025 Galleria Drive, McLean. Attend for a day of beer sippin', bourbon tastin', music listenin', cigar smokin' and barbecue eatin'. Your admission buys a sampling glass so you can enjoy all you care to taste while attending seminars in the tasting theater and enjoying live music all day. Visit www.tysonspartnership.org/event-calendar/tysons-bbq-bourbon-and-beer-festival.

Herndon Kids Triathlon. 7:30 a.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. This kids triathlon gives youngsters an opportunity to compete in one of the fastest growing sports in the United States. The event is designed for any youth, ages 6-16, regardless of athletic ability or prior triathlon experience. Visit www.herndon-va.gov.

SATURDAY/SEPT. 27

Clarendon Day. 11 a.m.-5 p.m. Near Clarendon Metro station, 3100 Wilson Blvd., Arlington. A celebration of the Clarendon neighborhood and a showcase for the people who make the neighborhood great with activities, live entertainment and food. Visit www.clarendon.org/clarendon-day.

Reston Multicultural Festival. 11 a.m.-6 p.m. 2310 Colts Neck Road, Reston. A celebration of the diversity and community spirit that is found in Reston, this annual event brings together the people of Reston to celebrate the rich medley of cultures. Visit <http://www.restoncommunitycenter.com/MulticulturalFestival.shtml>.

SUNDAY/SEPT. 28

Walk to End Alzheimer's. 3 p.m. Reston Town Center, 11900 Market St., Reston. Walk and fundraise to further the care, support and research efforts of the Alzheimer's Association. Visit <http://act.alz.org/site/TR/Walk/Creation?formid=5817&type=information&id=18124>

NatureFest. 1-5 p.m. Runnymede Park, 195 Herndon Parkway, Herndon. Explore various nature stations throughout the park including butterflies, bees, life in the meadow, web of life and much more with live animal shows throughout the day. Visit www.herndon-va.gov.

October 2014

THURSDAY/OCT. 2

3rd Annual Reston Town Center Help the Homeless Walk. 12 p.m. Reston Town Center, 11959 Market St, Reston. Walk from Mayflowers Floral Design Studio on The Promenade to the Embry Rucker Community Shelter and back. Funds will enable Cornerstones to provide essential resources and services for individuals and families in the community who are homeless or at risk of becoming homeless. Visit http://www.cornerstonesva.org/events_list/hth.

FRIDAY-SUNDAY/OCT. 3-5

Fall Wine Festival and Sunset Tour. 6-9 p.m. Mount Vernon Estate, 3200 George Washington Memorial Pkwy., Mount Vernon. Enjoy live blues and spectacular views of the Potomac River while sampling wine from 16 Virginia wineries. Visitors learn about the successes and failures of our Founding Father's wine endeavors, enjoy live blues music, and meet "George and Martha Washington" on the Mansion's piazza. Visit www.mountvernon.org.

SATURDAY/OCT. 4

Art on the Avenue. 10 a.m.-6 p.m. 2301 Mount Vernon Avenue, Alexandria. A multicultural arts festival celebrating the community's diversity through the arts in the Del Ray neighborhood in Alexandria, Virginia. Visit www.artontheavenue.org.

SUNDAY/OCT. 5

McLean Project for the Arts ArtFest. 10 a.m.-5 p.m. McLean Central Park, 468 Dolley Madison Blvd., McLean. The park is transformed into a lively landscape of mini art galleries showcasing and offering for sale the work of a diverse group of 50 juried artists. Visit www.mpaart.org.

19th Annual Paws for a Cause 3K Walk. 12 p.m. Weber's Pet Supermarket, 11021 Lee Highway, Fairfax. Paws for a Cause benefits Fairfax Pets on Wheels, Inc., an all-volunteer organization dedicated to providing pet visitation to residents of nursing homes and

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NEWCOMERS & COMMUNITY GUIDE

Events

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hospitals since 1987.
Visit www.fpow.org/event-685795.

SATURDAY-SUNDAY/OCT. 11-12

Oktober Fest Reston. Reston Town Center, 11900 Market St., Reston. Enjoy food, wine, beer, live entertainment, a carnival and the Anthem Great Pumpkin 5K at Northern Virginia's largest fall festival. Visit <http://www.oktoberfestreston.com>.

SATURDAY/OCT. 11

Fall Festival in Old Town Historic Fairfax. 10209 Main Street, Fairfax. What started out as a small market for artisans has grown to a festival with over 400 arts, crafts and food vendors, children's activities and entertainment for all ages. Visit <http://www.fairfaxva.gov/about-us/special-events/fall-festival>.

THURSDAY-SATURDAY/OCT. 16-NOV. 1

Great Pumpkin Gathering. 6-10 p.m. 1800 Tysons Blvd., McLean. Artisan pumpkin carvers showcase a dazzling display of pumpkin art beyond your wildest imagining. Visit www.tysonspartnership.org.

FRIDAY-SUNDAY/OCT. 17-19

19th Annual Craftsmen's Fall Classic Art & Craft Festival. 10 a.m.-6 p.m. Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. Features original designs and work from hundreds of talented artists and craftspeople from across America. Visit http://www.gilmoreshows.com/craftsmens_classics_chantilly_fall.shtml.

SATURDAY/OCT. 18

Historic Hallows Eve. 4 p.m. Sully Historic Site, 3650 Historic Sully Way, Chantilly. Experience the traditions of Virginians in the 18th and 19th centuries by celebrating All Hallows Eve with storytelling, fortune telling, fall foods and family gatherings. Visit <http://www.fairfaxcounty.gov/parks/sully-historic-site>.

SATURDAY-SUNDAY/OCT. 18-19

Claude Moore Colonial Farm 1771 Market Fair. 11 a.m.-4:30 p.m. 6310 Georgetown Pike, McLean. Warm yourself by the fires and enjoy the splendor of autumn with crisp local apples, warm savory meat pies and hearty breads, or let Market Fair entertainers, tradesmen and the militia amuse and educate you. Visit www.1771.org.

Tyson's Harvest Festival. 12-6 p.m. 1800 Tysons Blvd., McLean. Stroll through the arts and crafts booths and taste some of the fun flavors of fall. Visit <http://tysonspartnership.org/event-calendar/tysons-harvest-festival>.

SUNDAY/OCT. 19

Neighbors Feeding Neighbors 5K. 9 a.m. 7925 Jones Branch Dr., McLean. Even though Northern Virginia is considered one of the wealthiest jurisdictions in the country, we still face a poverty rate of about 5 percent - more than 90,000 people are living in poverty and 30 percent are children. Come run or walk to help feed our neighbors. Visit <https://runsignup.com/Race/VA/McLean/NeighborsFeedingNeighbors5K>.

FRIDAY/OCT. 24

Spooktacular. 6:30-8:30 p.m.
www.CONNECTIONNEWSPAPERS.COM



Daniela Sykes, 29, makes a flower balloon for Daniela Berrios, 3, of Lorton, at last year's 4th of July celebration in Lorton.

Herndon Community Center, 814 Ferndale Avenue, Herndon. Enjoy ghoulish games, a spooky craft and a children's show. Visit www.herndon-va.gov.

[upcoming.htm](#)

TUESDAY/NOV. 11

Arlington National Cemetery Veterans Day Ceremony. Arlington National Cemetery,

Arlington. About 5,000 visitors attend the annual remembrance ceremonies in the Memorial Amphitheater. Visit www.arlingtoncemetery.mil.

SATURDAY/NOV. 22

SATURDAY/OCT. 25

Volunteer Fest 2014. A region-wide day of community service that mobilizes hundreds of volunteers to help nonprofits accomplish tasks that they would not have the time or resources to do on their own. Visit <http://www.volunteerfairfax.org/non-profits/volunteerfest.php> for times and locations.

Clifton Haunted Trail. 7-10 p.m. Chapel Road, Clifton. A terrifying annual event that winds through Clifton's 8 Acre Park. Visit cliftonhauntedtrail.com.

Air and Scare. 2-7 p.m. Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. See the spooky side of air and space at the annual Halloween event. Arrive in costume for safe indoor trick-or-treating, creepy crafts, spooky science experiments and other Halloween-themed activities. Visit <http://airandspace.si.edu/events/air-and-scare/>.

WEDNESDAY/OCT. 29

68th Annual Vienna Halloween Parade. 7 p.m. Maple Avenue, Vienna. With the theme of "Celebrating the Tradition of Vienna Girls Sports," come in costume to celebrate Halloween. Visit www.viennava.gov.

November 2014

SATURDAY/NOV. 1

The Robinson Marketplace. 10 a.m.-4 p.m. 5305 Sideburn Road, Fairfax. Shop at over 80 vendors at the Holiday Market, raffle and silent auction sponsored by the Robinson Secondary School PTSA. Visit www.robinsonptsa.org.

TUESDAY/NOV. 4

Election Day. General Election. Visit www.sbe.virginia.gov/ and www.fairfaxcounty.gov/elections/

Turkey Trot 5K Race. 4 p.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. The course takes you through Herndon Centennial Golf Course grass and paved paths, parts of the W&OD paved trail and vehicular paved road. All canned food will be donated to LINK. Visit www.herndon-va.gov

WEDNESDAY/NOV. 19-SUNDAY/JAN. 4

Lights Festival. 7700 Bull Run Drive, Centreville. Almost two and a half miles of light displays and a Holiday Village to celebrate the season. Visit www.bullrunfestivaloflights.com.

FRIDAY/NOV. 28

Alexandria Tree Lighting. 7-9 p.m. Market Square, 301 King St., Alexandria. Annual event featuring lighting the City tree, performances and a visit from Santa to open the Christmas season. Visit www.alexandriava.gov/Calendar.

FRIDAY/NOV. 28-TUESDAY/JAN. 6

Christmas in Mount Vernon. 9 a.m.-4 p.m. 3200 Mount Vernon Memorial Highway, Mount Vernon. Mount Vernon decks the halls with themed Christmas trees on the estate and festive greenery in the Mansion. Visit www.mountvernon.org/christmas.

December 2014

MONDAY/DEC. 1

Church Street Holiday Stroll. 6-9 p.m. Freeman House and Store, 131 Church St. N.E., Vienna. Enjoy fun family-friendly activities including a visit from Santa, petting zoo, free hot chocolate and roasting marshmallows at supervised bonfires. Visit www.viennava.gov.

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Getting to know Edison, Lee High Sports

Edison: Girls' basketball team repeated as region champions.

What Happened Last Year: Then-senior Louis Colson won the 5A boys' cross country state championship. The girls' basketball team repeated as region champions. The boys' lacrosse team won the Conference 13 title.

From The Connection's Top 100 Athletes: 17. Pat Toomay, a 1966 graduate, was a three-sport star for Edison. He went on to play college football and basketball at Vanderbilt and had a 10-year NFL career as a defensive end.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Although he considered himself a basketball player in high school, Pat Toomay went on to have an amazing NFL career. He was a Super Bowl champion with Dallas, a member of a winless team with Tampa Bay and was coached by John Madden while in Oakland.

'I went from a penthouse to a doghouse and back to a penthouse,' said Toomay of his career in the National Football League.

A 1966 Edison graduate, Toomay was an all-state athlete in football, basketball and baseball. His athleticism - perhaps inherited from his father who played professional basketball - still sticks out in the minds of coaches and administrators from the 1960's.

'As a three-sport star, Toomay achieved as much as any athlete in Northern Virginia,' said former Hammond High School baseball coach - later the football coach at T.C. Williams - Glenn Furman. 'Here I am 40 years later, and I am still remembering him as being that formidable.' Furman recalled the day Toomay pitched a no-hitter against Hammond in a 1-0 playoff win.

'...At Vanderbilt, basketball was a different game, according to Toomay. While at Edison he could play the role of a big man at 6-foot-5. In college he could not, as most guards were close to that size. He said he did not move like a guard, but like a big man, and therefore football was a better choice for him.

Competing in the SEC, Vanderbilt was a private university of 5,000 students playing against the likes of the University of Kentucky and the University of Alabama. Being a private university, every student had to go through a rigorous academic program.

However, Vanderbilt held its own in football. Toomay said his best year was his junior year, when the team went 5-4-1 and beat Alabama. He said it was a tumultuous time to be a college student in the South, as race relations were taking a turning point, exemplified by his friend Perry Wallace. Wallace pioneered the presence of black varsity athletes in SEC schools, enrolling at Vanderbilt on a basketball scholarship.

Coming out of college, Toomay was drafted by the Dallas Cowboys in the sixth round of the NFL Draft. He said he was tall

School: Thomas A. Edison High School

Mascot: Eagles.

School Colors: Red, white and navy blue.

Athletic Director: Berk Stoy, 703-924-8090.

Football Coach: Scott Woodlief (first season).

The Eagles finished the 2013 regular season with a 3-7 record, but qualified for the 5A North region playoffs, losing in the first round.

Boys' Basketball Coach: Terry Henderson.

Girls' Basketball Coach: Dianne Lewis.

Baseball Coach: John Lam.

Boys' Lacrosse Coach: Jason Jeffries.

and fast, but questions were asked whether he could gain enough weight to play as a defensive end.

'I was at about 220, and needed to be 250, and I did the work and got a few breaks,' said Toomay. From 1970 to 1974, Toomay played with the Dallas Cowboys under coach Tom Landry. During his five years there, the Cowboys went to two Super Bowls, losing 16-13 to the Baltimore Colts in January of 1971, and winning 24-3 over Miami the following year.

After five years with the Cowboys, Toomay went to Buffalo in 1975. After only a year in Buffalo, he was snatched by an NFL expansion team, the Tampa Bay Buccaneers.

The Bucs went 0-14 in their inaugural season.

'That was a memorable year,' said Toomay. 'I played every down. [The defense] was out there 90 plays a game, it was like playing two seasons in one.' Toomay added that most weeks the defensive players could not recover well enough from Sunday to Sunday, because their bodies would be beaten from the previous week's game.

After a year in Tampa Bay, Toomay found his way back to the top of the NFL. In 1977 he was picked up by the defending Super Bowl champions, the Oakland Raiders.

'That was the highlight of my career,' said Toomay. 'I played the best ball I ever played for John Madden. He was the kind of coach I had been looking for since high school.' Toomay said that it was not only Madden's coaching that made his time with the Raiders such a highlight, but also the characters of his teammates."

37. Pete DeHaven, a 1970 graduate, was a basketball standout for the Eagles.

87. Michelle Pearson, a 2000 graduate, was a state-champion gymnast for the Eagles.

Lee High: Baseball team qualified for regionals in 2014.

What Happened Last Year: The baseball team qualified for the region tournament.

From The Connection's Top 100 Athletes:

56. Val Brown, a 1999 graduate, was a basketball standout for the Lancers, who played collegiately at George Washington.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Brown graduated from Lee in 1999, the year he led the team to the Virginia AAA state semifinals. During that year he averaged 27 points, five assists and three steals per game. He was named to the Associated Press All-State team.

'He was very explosive, and he could get a shot off against anyone,' said [long-time Northern Region basketball coach Brian] Metress. However, Brown was not just a player who scored a lot of points. Metress said Brown was a top defensive guard and an excellent passer of the ball. 'He wreaked havoc defensively,' said Metress.

'... Brown's scoring reputation went beyond what an average basketball fan could imagine when he began his college career at George Washington University. He chose George Washington over top national programs such as Kentucky and UCLA because he wanted to play for coach Tom Penders. Penders built the program around the freshman, giving him the freedom to take a lot of shots. Brown barely missed on becoming the first freshman ever to lead the nation in scoring, averaging 24.6 points per game in the 1999-2000 season. He came in second to Courtney Alexander of Fresno State, who averaged 24.8 points per game.

During that first year at George Washington, Brown broke the school's 31-year scoring record. He scored 738 points and recorded the Smith Center single-game scoring record on Dec. 11, 1999, scoring 42 points against Siena.

He was not as prolific a scorer his sophomore year, averaging 17.3 points per game, as he was his freshman year. Brown still managed to record 20 or more points on 12 occasions, including 50-point games against Maryland and St. John's.

After his sophomore season at George Washington, Brown entered the 2001 NBA Draft, but missed out on being selected. He then joined a One World All-Stars touring team that played exhibition games on college campuses around the country. Brown

Robert E. Lee High School

Mascot: Lancers.

School Colors: Blue and gold.

Athletic Director: Lori Barb, 703-924-8352.

Football Coach: Clarence Martin (fourth year).

The Lancers qualified for the 5A North playoffs in 2013, despite a 2-8 regular-season record. Lee lost to Stone Bridge in the opening round.

Field Hockey Coach: Lindsey Conrad.

Volleyball Coach: Adam Greenberg.

also bounced around the U.S. Basketball League, seeing some time in Pennsylvania, and the NBA Development League, playing in Roanoke for the Dazzle."

62. Mary Yarrison, a 2003 graduate, was a state-champion diver for the Lancers.

She competed collegiately for the University of Arizona and the University of Texas.

From Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "When she won her third diving state championship in 2002, Mary Yarrison walked away from the meet with a hint of anger. She may have won three state championships in three years, she was only a junior, but she didn't have the record yet.

'I had a really good meet except for two dives,' said Yarrison to the Connection after the 2002 state championship meet. Her coach, Jeff Firman, said: 'She wants the record really badly.'

#That record was held by Amber O'Reilly of Hayfield, who won the first three Virginia High School League AAA diving titles, 1997-1999. She earned 481.00 points her senior year to set it. Four years later, in 2003, Yarrison would have her day, earning 483.30 points and a state title sweep, winning it for the fourth time in four years.

'I thought about [the record] too much my junior year,' said Yarrison. "Senior year I decided to go out there and have a good time.'

On the international scene, Yarrison represented the United States in a number of competitions. She was the gold medalist in both 1 and 3 meter events in the 16-18 age group at the 2003 Junior Pan American Diving Championships in Brazil. She also earned the Diver of the Meet honor at the tournament."

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Getting to Know West Springfield Sports

Girls' basketball team won Conference 7 title, finished region runner-up.

What Happened Last Year: Then-senior Caroline Alcorta won the girls' 6A individual cross country state championship and set the Great Meadow course record with a time of 17:13. The girls' basketball team won the Conference 7 championship, finished region runner-up and qualified for the state tournament. The baseball team won the conference title and advanced to the region semifinals.

From The Connection's Top 100 Athletes: *2. Kara Lawson, a 1999 graduate, is the leading scorer in the history of the West Springfield girls' basketball program. She played collegiately at the University of Tennessee, where she helped the Volunteers win four SEC championships and reach a pair of national championship games. She has played 12 seasons in the WNBA for the Sacramento Monarchs, Connecticut Sun and the Washington Mystics.

From Mirza Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Long before Lawson would step on the court for the Volunteers, she was wearing another kind of orange, playing for West Springfield. Lawson came to West Springfield as the subject of much controversy and debate. She had quit the basketball team at Sidwell Friends, a private school in Washington, D.C., and her family had to go through a number of steps before the school board approved her attending West Springfield. In December of 1996, Lawson took to the court for the first time as a Spartan. ... A regional semifinalist the year before, the Spartans went on to post a 30-0 record and win the Virginia state title in 1997, the program's first ever. Although the Spartans were already a formidable regional force, Gibson said Lawson helped transform a 25-3 team to a 30-0 team.

"... The Spartans repeated their 1997 state title in 1999, Lawson's senior year, posting another 30-0 record. Lawson was named the Naismith High School Player of the Year, the Virginia Player of the Year and was a WBCA, USA Today and Parade Magazine All-American in 1999.

As a Tennessee Volunteer, Lawson helped the team to a 126-17 record and four SEC titles. However, she did not succeed in her bid to win an NCAA Division I title with Tennessee. The Volunteers played in two NCAA championship games, but lost both of them. ... Even though she failed to se-



Caroline Alcorta, a 2014 West Springfield graduate, won the 2013 6A girls' cross country state championship.

"I was just hoping to win. I didn't expect to get the course record."

— Then-senior Caroline Alcorta, after her record-breaking time at the 6A state cross country meet at Great Meadow.

cure a national title at Tennessee, Lawson stayed on course with her academic commitment and received the 2003 Woody Hayes National Scholar Athlete award, presented to a select few college students who demonstrate excellence in both academics and athletics.

After four years at Tennessee, Lawson was drafted into the WNBA. The Detroit Shock drafted her as the No. 5 pick in 2003, but then immediately traded her away to the Sacramento Monarchs. In 2005, Lawson won her first WNBA title with the Monarchs, contributing with eight points per game in

West Springfield High School

Mascot: Spartans.

School Colors: Blue and orange.

Athletic Director: Andy Muir, 703-913-3861.

Football Coach: Jason Eldredge (second season).

The Spartans finished the 2013 season with a 3-7 record.

Cross Country Coach: Chris Pellegrini.

Volleyball Coach: Stephanie Noriega.

Girls' Basketball Coach: Bill Gibson.

Baseball Coach: Jason Olms.

the regular season. Lawson raised her average to 11.2 points per game during the playoffs."

*32. Sharif Karie, a 1997 graduate, was a state-champion runner for the Spartans.

From Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Twelve individual state titles, three team titles and two relay titles start to explain just how good of a runner Sharif Karie was. Add to that the fact that he didn't spend his entire high school career in Virginia, and he gets a little better.

*34. Dave Koesters, a 1974 graduate, was a basketball star for the Spartans, who played collegiately at the University of Virginia.

From Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "Over the three years that Dave Koesters spent playing basketball at West Springfield, the Spartans went 72-6. The 1974 graduate led the team to three straight region titles and two state championship games before heading to the University of Virginia.

Those who remember Koesters on the court talk about his shooting ability with reverence. 'He was an assassin shooting the ball,' said Red Jenkins, a coach of almost 40 years at Woodson and Paul VI. He said Woodson usually found a way to defeat the Spartans, but that changed with Koesters' arrival at West Springfield. 'We couldn't beat them to save our soul,' said Jenkins."

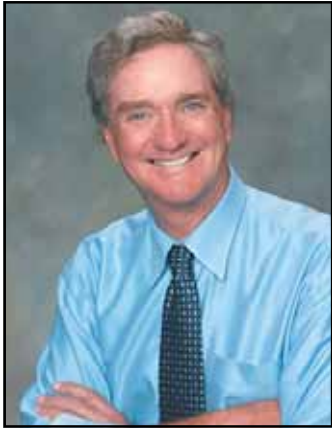
*39. Damone Boone, a 1995 graduate, was a standout running back for the West Springfield football team.

From Kurspahic's 2006 profile for The Connection's Top 100 Athletes: "During his time at West Springfield, Boone set many rushing records. Perhaps the most impressive is the state of Virginia's rushing record for a single game. On Nov. 10, 1995, Boone rushed for 500 yards on 32 carries in a 48-6 win over Annandale. Incidentally, the game was Boone's last of the career. He broke the previous record, 467 yards, set in Group A of the VHSL, on a 19-yard run with a minute left to play."

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Dr. Melanie Wilson Hartman

Dear Neighbors,

We would like to take this opportunity to introduce you to Dr. Mary Speicher who is joining our practice as an associate. Dr. Speicher is originally from Northeastern Pennsylvania. She graduated from the University of Scranton with a BS in Biophysics in 1985 and continued her studies at Temple University School of Dentistry, receiving her DMD in 1989. Dr. Speicher has been in private practice for 26 years.

She is dedicated to continuing education, having furthered her education to include sedation dentistry, implants, invisalign, periodontal laser therapy, bone grafting and periodontal surgery. Dr. Speicher's training and personal dedication will complement and enhance our office.

She embraces our core dedication to providing the highest quality dental care, utilizing the most advanced techniques and materials, and striving to provide a patient-centered environment characterized by education, comfort and trust. Dr. Speicher will be a participating dentist for Delta Dental and United Concordia.

We are excited to have Dr. Speicher with us and are confident that she will have a bright future with our office. Thank you for the many referrals of your family and friends and for the continued support.

With warm regards,
Drs. James L. Gyuricza and
Melanie W. Hartman and Staff



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John C. Cook

Braddock District Supervisor



Braddock Neighbors:

One of my most important jobs as your County Supervisor is to keep you informed of county issues and important neighborhood events.

I send out a monthly newsletter, the Braddock Beacon, and periodic Cook Advisories updates. Sign up for our email newsletters and keep up with your community.

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Every one of us has the exciting opportunity to shape our neighborhoods and make Fairfax County an even better place to work and live. That's why, here in Braddock, I continually encourage folks to become active participants in their community and their local government. So come on out, step up and become an involved Braddock District resident.

Remember, I am here to serve you. Please keep in touch and let me know what more I can do for you.

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