

## POTOMAC PIZZA LUNCH COMBOS

\$9.99 SUB COMBO

CHOICE OF ONE:

· CUP OF SOUP

SMALL FRIES

IT'S TIME FOR LUNCH!

SMALL FOUNTAIN DRINK

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ANY SUB, SANDWICH OR WRAP\*

SMALL TOSSED SALAD

### \$9.99 PIZZA COMBO

- ANY TWO SLICES OF PIZZA WITH UP TO 3 TOPPINGS EACH
- CHOICE OF ONE:
- SMALL TOSSED SALAD
- CUP OF SOUP
- SMALL FRIES
- SMALL FOUNTAIN DRINK

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Friday, September 26, 2014 ~ Featuring Rio 2 (Rated G) ~

Movie Begins at 7:30 p.m. Activities start at 6:30 p.m. Before the movie:

Carnival Games, Inflatables, Contests, Music SNACK BAR: pizza, hot dogs, popcorn & more

Presented by the Potomac Community Center, **Montgomery County Recreation** 

Sponsored by the Friends of Potomac Community Center



Location: Athletic Fields behind the Potomac Community Center.

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Inclement weather plan: Move festivities indoors to the gym. 250 person limit. First come, first served basis.

## NATURE

## The Broad-winged Hawks Are Coming

## Migration brings "a river of raptors."

By Donald Sweig

very autumn, in addition to literally billions of songbirds, a million or more avian raptors (hawks, eagles and falcons) migrate from their nesting and breeding areas all over North America to their winter homes, mostly in Central and South America. Raptor enthusiasts and hawk counters often head for mountain ridges and other concentration points in hopes of seeing some of the birds fly by.

But, one doesn't necessarily have to do this to see migrating hawks.

Broad-winged hawks often migrate in large groups and very large numbers. At the right time, with the right weather, it is possible to see lots of them almost anywhere. Peak migration for Broad-winged hawks in the mid-Atlantic states is usually between Sept. 12 and 22.

Sept. 18-19 are often the big days in the Washington area.

It is helpful to understand a little about how Broadwinged hawks migrate. "Broadwings," like some other raptors, don't fly

well over long distances. So they utilize "thermals," rising columns of hot

air off the land, to help them gain altitude for migra-When a migrating Broadwing, for example, starts

out in the morning from a place like the wooded hills along the Potomac River near Great Falls, it will flap a few times to get out of the trees and then it begins to look for a thermal.

When it finds one, it sort of sits in the column of rising air and often makes little circles to stay in the thermal as it rises with the air, something like an elevator. If a second Broadwing sees the first one, it may well take off, flap a bit, and join the same thermal as the first bird; and so forth. Soon there may be five or 10, or more (often many more) birds in the

Eventually, the hawks will reach the top of the thermal and just mill around in it before gliding off to look for another thermal. When one sees a number of Broadwings together in a thermal, it is called a "kettle."

LOOK AT THE SKY, especially clouds, and preferably with binoculars anytime you can in mid-September. If you see a bunch of birds swirling around together in a cloud, or in the clear sky, you probably have a "kettle" of Broadwings. And, one really can see them almost anywhere. It's a serendipitous hap-

There are also avian pathways that the birds often use, like perhaps a highway, as they migrate south.

There is nothing definite or conclusive about such

It's just matter of where one has in the past most often seen the migrating Broad-winged hawks. There seems to be such a migration pathway crossing the Potomac River



Adult Broad-winged hawk over Great Falls. Notice the wide, white band in the tail and the black edge at the back of the

wing. The annual migration of Broadwinged Hawks passes through our area approximately Sept. 12-22.

> from somewhere between the American Legion Bridge and Chain Bridge, upriver to at least Violette's Lock on the C&O Canal.

> In past years, I have seen very large concentrations of Broad-winged hawks even over congested Northern Virginia: over the Tysons Mall, over the Fairfax County Government center, over the Town of Vienna.

> Three years ago, several birding friends and I were just finishing some early morning birding in the meadow at Riverbend Park in Great Falls, when someone looked up and said, "Look!"

> We all did and saw a big kettle of Broad-winged hawks. As they started to "stream out," we saw another kettle coming in. We stood there for perhaps 20 to 30 minutes and watched at least 2,000 Broadwinged hawks migrate by.

> It was a veritable "river of raptors." It was the most I had ever seen. The next morning, at the same place, I saw none at all.

It was pure serendipity.

THE BEST TIMES to look for migrating Broadwinged hawks is between Sept. 12-22 in the morning from between about 9 and 10, when they get up to start flying, and in the late afternoon, after 5, when they often come down for the night.

I often have good luck at places like the Great Falls National Park, especially on the Maryland side. The many trees there are attractive to Broadwings for overnight roosting.

But one can see them almost anywhere, even in your own neighborhood, as I have in mine in Northern Virginia.

One doesn't always see them when you look. But. if you do, it is a memorable experience.

Broad-winged hawk and other raptor migration is an integral part of the annual flow of natural hap-

Keep your eyes on the sky. You may be well re-

## News



The River Falls Doggy Swim attracted fourlegged swimmers on Sunday, Sept. 7.

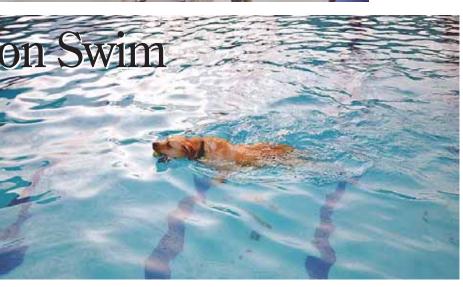
## End-of-Season Swim

Duck Coleman paddles along.

Photos by Deborah Stevens The Almanac

Butters, a yellow Lab, joins in the fun.







Caillou Monroe enjoys jumping into the pool.



# House Tour For Charity

## Potomac Country House Tour & Festival nears.

By Marilyn Campbell The Almanac

our of the area's homes will open their doors to visitors next month in the name of charity. Officials for the 58th annual Potomac Country House Tour & Festival announced which four of the area's homes will be part of the October tour. The event, based at and coordinated by Saint Francis Episcopal Church in Potomac, 10033 River Road, is a major part of the community's effort to provide assistance to local charities.

"Potomac Country House Tour & Festival is important to the community because the majority of the charitable organizations it benefits are based right here in our community, addressing the real-life situational needs of our neighbors," said Susan Dolan, co-chair, 2014 Potomac Country House Tour & Festival. "There is so much need in the world, so many appeals to help, that we're often left feeling overwhelmed and help-less

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— Susan Dolan, co-chair, 2014 Potomac Country House Tour & Festival

"Here is work we can do in the face of those feelings, for the St. Francis community, the work of putting together the tour and festival, and for the community around us the very pleasurable work of attending. Simply by taking advantage of the generosity of owners who have opened their homes and local business who have donated goods and services ... House Tour patrons make a grateful investment in their own community."

The four homes featured on the House Tour are Norton Manor, a re-imagined Williamsburg colonial, The Rowe House, and a Potomac contemporary.

Susan and Tracy Vargo own the Re-Imagined Williamsburg Colonial home. "All

See House Tour, Page 7



## News



### Outdoor Education at C&O Canal

The first students to experience the new curriculum-based canal boat ride climbed aboard the Charles F. Mercer, a reproduction packet boat, on Sept. 3. The students' classroom for the day was Lock 20, next to the Great Falls Tavern Visitor Center, future site of the Chesapeake and Ohio Canal (C&O Canal) National Historical Park's growing curriculum-based education program, Canal Classrooms. Representatives of the Friends of the Historic Great Falls Tavern greeted the group and presented a \$10,000 check to support the expansion of curriculum based programming at the park. The donation from the Friends will be used to help pilot new curriculum education programs in partnership with Montgomery County Public Schools for elementary, middle and high school students during the 2014-15 school year. Visit www.fhgft.org.



## News



### Diller Teen Tikkun Olam Award

Katie Hamelburg, daughter of Jamie and Mark Hamelburg of Potomac, received the Diller Teen Tikkun Olam Award recently for a project inspiring fellow teen members of the United Synagogue Youth to perform 18,000 hours of volunteer service in one year. The award honors teens who have permanently impacted their communities, nation or the world. Hamelburg and 14 other award recipients each received a \$36,000 award. Above is Katie Hamelburg (middle), 2014 Diller Teen Tikkun Olam Award recipient, with members of the Diller Teen Tikkun **Olam Awards Committee.** 

### **Board of Elections Seeks Workers**

Elections is seeking registered voters to manage polling places and provide customer service as an Election Judge on Tuesday, Nov. 4.

To serve in this paid position, an election judge must be registered to vote in the State of Maryland, must also be able to speak, read, and write the English language, and must not hold, or be a candidate for, public or party office. In addition, election judges may not serve as a campaign manager for a candidate or as treasurer for any campaign financial entity.

The Montgomery County Board of Elections especially needs election judges who are bilingual in English and Spanish, and workers

Montgomery County's Board of who are willing to travel to fill vacancies throughout the county. If interested, sign up early, because the application process requires both an online quiz and hands-on training before being assigned to a polling place. Pay varies based on the position.

> To apply online, or for more information, visit www.777vote.org. and select the Election Judges' link. For other election information, call 240-777-VOTE, visit www.777vote.org, the mobile friendly website at m.montgomerycountymd.gov/elections, or the Maryland State Board of Elections' website at http:// elections.maryland.gov, or follow the Montgomery County Board of Elections on Facebook or Twitter.

# LET'S TALK Real Estate



by Michael Matese

### Virtual Tours-Smile, You're on TV!

Virtual tours are a great tool for today's home owner to use, especially in a competitive market. Photos are good, but to allow a buyer to sit in the comfort of their own home and view yours, staged at its best, will give a seller the edge that can be necessary. You can sit down and discuss with your REALTOR® how you would like to present your home, the specific things that will make it stand out among the others.

Is your fireplace a special marble? Do your French doors span floor to ceiling? Can you see local landmarks from the back deck? What about the kitchen? What makes your home unique? What could make a buyer say "That's it! That's the one I want!"? A 360 degree tour of the rooms of your house can bring the buyer to you and is well worth the effort, making your home stand out in the crowd. Show off your house and bring it to the forefront of the luxury home market.

For professional advice on all aspects of buying and selling real estate, call:

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PHOTOS BY DEB STEVENS/THE ALMANAC

## Potomac REAL ESTATE

In July 2014, 63 Potomac homes sold between \$2,580,000-\$284,900.





**1** 9906 River View Court — \$2,580,000









9329 CrimsonLeaf Terrace —\$1,385,000

Glen Road

Glen Road

Glen Road

Annual Road

1	Auturess
1	1 9906 RIVER VIEW CT
į	2 12501 MEADOW FARM RD 6 5 . 1 POTOMAC \$1,937,500 Detached 2.00 20854 STONEY CREEK FARM 07/11/14
-	3 10112 DARMUID GREEN DR 6 5 . 2 POTOMAC \$1,850,000 Detached 2.69 20854 MAZZA WOODS 07/24/14
	4 8900 BEL AIR PL
	5 9209 STAPLEFORD HALL PL 5 4 . 2 POTOMAC \$1,700,000 Detached 0.96 20854 POTOMAC OUTSIDE 07/29/14
	10 ALLOWAY CT
	7 9917 KENDALE RD
	<b>8</b> 9329 CRIMSON LEAF TER 4 4 1 POTOMAC \$1,385,000 Detached 0.38 20854
-	12500 BARK DOTTOMAC AND #1006 S 3 2 1 DOTTOMAC \$1 250 000 Hi.Rise 9+ Floors 20854 DARK DOTTOMAC 07/28/14

12539 ANSIN CIRCLE DR ....... 4 .. 3 . 2 ...... POTOMAC ... \$1,325,000 .... Townhouse . 0.06 ........ 20854 ........ PARK POTOMAC ....... 07/02/14

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## Home LifeStyle

## House Tour

From Page 3

homes are unique in that they reflect a lot about their occupants," said Tracy Vargo, an architect. "What makes our home unique is that while it is a never ending work in progress, it is always inviting and comfortable to be in. A lot of thought was given to preserving the best of what was there before, while adapting the house to best fit our needs and activities today. It is functional and thoughtful, but still carries the simple beauty of being livable, which makes it special."

The home boasts a cedar-shingled silo, a laser-cut compass in the entryway floor and three distinctive loft spaces accessed by individual spiral staircases.

Jim Rill of Rill Architects remodeled the Vargo's home. "We renovated the home with the scale of the neighboring homes in mind and created spaces with timeless architecture," he said. "We integrated the design within its contextual surroundings. We also enjoyed the close collaboration with the owners, who had a lot of great ideas as far as the renovations, which we molded into a comprehensive, flowing design that is unique."

Frank Islam and Debbie Driesman are frequents hosts of philanthropic events at Norton Manor, their 47,000-square-foot estate.

Modeled after the White House, Capitol and Palace of Versailles, and the manor is nestled on 10 manicured acres that include a 2,000-square-foot koi pond.

The design of the Rowe House, a charming colonial, includes antique collections, custom-made cabinets, chemical-free paints and environmentally friendly materials. It also features a bright sewing room that reflects the homeowner's love of handiwork.

Metals, modern art, striking clean lines and whitewashed wood beams characterize the design style adored by Deborah Kalkstein.

These elements are incorporated into Contemporaria, her Potomac contemporary style home.

In addition to the home tours, the festival features boutique-style vendors selling gifts and accessories. It began in 1956 as a church mission, but has evolved into one of the church's signature activities and a community charity event. The event raises thousands of dollars each year for local, national and international charities that address homelessness, hunger, issues affecting women and children, elder care and evangelical endeavors.

"At St. Francis, the Potomac Country House Tour is all about community," said Barbara Heywood, president, Women of St. Francis.

"One hundred fifty volunteers from our community join generous-hearted owners of lovely homes located in our community to draw patrons eager to help our homeless, hungry, elderly and very young neighbors in need. For decades, the Potomac Country House Tour has united us annually in this cause."



Norton Manor (above and below), one of the homes on the Potomac Country House Tour & Festival, is a 47,000-square-foot estate nestled on 10 manicured acres that includes a 2,000-square-foot koi pond. The Maryland estate is modeled after the White House, Capitol and Palace of Versailles.



## 58th Potomac Country House Tour & Festival

Friday/Oct. 3:

❖ Preview Party, 6:30-8:30 p.m. — The first look at 25+ boutiques, silent auctions and raffles, free admission.

Photos by John Troha

Saturday/Oct. 4:

♦ Festival activities, 10 a.m.-6 p.m. — Boutiques, silent auctions and raffles, and child-friendly activities, free admission.

♦ Luncheon available from 11:30 a.m.-2 p.m.

♦ House Tour, 1-4 p.m. —Three homes (Norton Manor, re-imagined Williamsburg colonial, and The Rowe Home) open for tour, as well as Wreath Love at the Carriage House. \$30 advance tickets (sold online), \$40 day-of tickets (sold at the church and at each home).

Sunday/Oct. 5:

♦ Festival activities, noon-5 p.m. — Boutiques, silent auctions and raffles (which close at 4 p.m.), and child-friendly activities, free admission.

❖ Luncheon available from 11:30 a.m.-2 p.m.

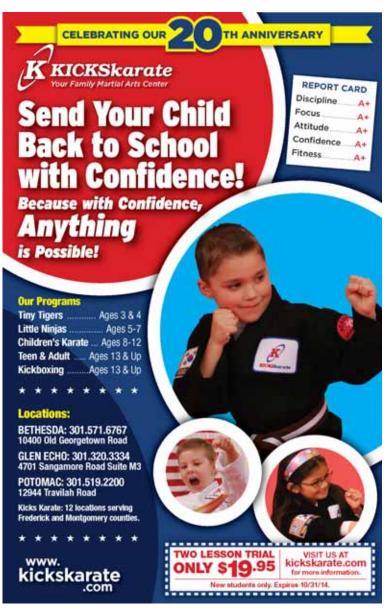
♦ House Tour, 1-4 p.m. — All four homes (Norton Manor, re-imagined Williamsburg colonial, The Rowe Home and Potomac contemporary) open for tour, as well as Wreath Love at the Carriage House. \$30 advance tickets (sold online), \$40 day-of tickets (sold at the church and at each home).



Metals, modern art, striking clean lines and whitewashed wood beams characterize the Potomac, contemporary home that is part of next month's Potomac Country House Tour & Festival.



The Rowe House, a charming colonial, includes a bright sewing room that reflects the homeowner's love of handiwork.



## BULLETIN BOARD

#### **ELECTION JUDGES NEEDED**

The Montgomery Board of Elections needs election judges with basic IT and customer service skills to serve during the Nov. 4 general elections. The board is in particular need of judges who are bilingual in Spanish and English and those who are registered as Republican or not affiliated. The Maryland Election law also allows minors to register and serve as election judges who are 17 years old if the minor demonstrates, to the satisfaction of the State Board, that he or she meets all qualifications for registration in the state. Part-time and full-time positions are available, and training is provided. Call the Board of Elections at 240-777-8533 or visit www.777vote.org.

#### **MONDAYS & WEDNESDAYS**

Catholic Bible Study. Monday evenings and Wednesday mornings at Our Lady of Mercy Catholic Church, 9222 Kentsdale Drive, Potomac. The local chapter of "Walking With Purpose" invites women to personal study, small group discussion and dynamic speakers designed to link everyday challenges with biblical teaching. Childcare available. Visit walkingwithpurpose.com or email wwp.olom.details@gmail.com for more.

#### **GET INVOLVED**

**The Montgomery County Humane Society** is seeking experienced, effective leaders, who will help us realize its new and ambitious goals, by serving on the MCHS Board of Directors. Details available at http://www.mchumane.org.

#### WEDNESDAY/SEPT. 10

Free Cancer Screening. 1-4 p.m. at the Johns Hopkins Healthcare and Surgery Center, 6420 Rockledge Drive, Suite 4820, Bethesda. Suburban Hospital is offering free head and neck cancer screenings. The 10-minute screenings are easy and painless. Register at http://events.suburbanhospital.org/search/cancer-program-events or at 301-896-3939.

**Talk.** 7:15-8:30 p.m. at Har Shalom ECEC, 11510 Falls Road. Learn to help your child navigate the social world and get help with social thinking. Visit www.ccl-md.com for more.

#### THURSDAY/SEPT. 18

**Documentary Screening.** 6:30-8 p.m. in the auditorium at Suburban Hospital, 8600 Old Georgetown Road,

Email almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is at least two weeks before event.

Bethesda. Suburban Hospital, in collaboration with the National Foundation for Infectious Diseases, will screen "Invisible Threat." The film focuses on understanding the science of vaccination and the fear and misperceptions leading parents around the country to skip immunizations. The 40-minute documentary will be followed by a discussion with leading national and local vaccine experts. Space is limited. Registration for this free program is encouraged. Call 301-896-3939 or visit events.suburbanhospital.org.

#### SUNDAY/SEPT. 21

Healthy Body, Healthy Sex for All Ages. 10 a.m.-3 p.m. at Ring House-1801 East Jefferson Street, Rockville. Learn about Heart Health for Women, Caring for Your Skin, Current Medical Research at HMO, and hear a panel on "Healthy Sex for all Ages." \$40/person includes conference fee, breakfast and lunch. Free parking. Call 301-881-8203 or visit www.dc.hadassah.org to register.

#### TUESDAY/SEPT. 23

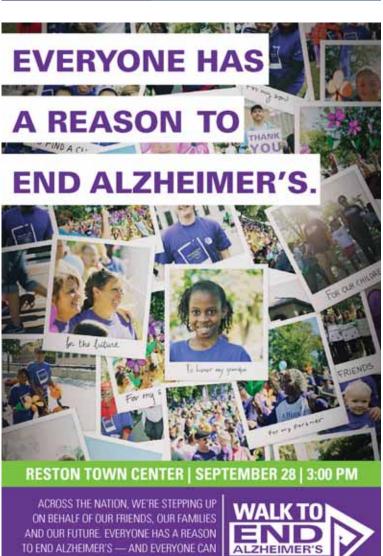
**Kickoff Meeting.** 7-9 p.m. in the cafeteria at Whitman High School, 7100 Whittier Blvd., Bethesda. Anyone who lives, works or has an interest in the future of the Westbard community is invited to attend and participate in the discussion of the existing conditions and opportunities and constraints of the plan area. RSVP's are encouraged but not required. Visit www.montgomeryplanning.org/community/westbard/ for more.

#### SATURDAY/SEPT. 27

Pack the Pantries. 9 a.m. at two locations: The Church of Jesus Christ of Latter-day Saints, 11700 Falls Road, Potomac or The Church of Jesus Christ of Latter-day Saints, 10000 Stoneybrook Drive, Kensington. Pack the Pantries collects food donations for emergency boxes for seniors to be distributed by the Capital Area Food Bank. The event is part of the Day To Serve initiative. Visit www.daytoserve.org for more.

Voter Registration Drive. 1-3 p.m. at Potomac Library, 10101 Glenolden Drive. For more election information, call 240-777-VOTE, visit www.777vote.org or visit elections.state.md.us.

SEE BULLETIN, PAGE 11



## YOGA CLASSES IN POTOMAC

### For Daytime Classes Kula Yoga

St. James Episcopal Church 11815

Seven Locks Rd. Monday – Friday:



## For Weekend & Evening Classes Hamsa Yoga

St. Andrews Episcopal School (Chapel) 8804 Postoak Road, Potomac, MD

Mon: 6:30 pm & 8:00 pm Tues: 6:30 pm Wed: 6:30 pm

#### For more information, please contact:

Nancy Steinberg 240-994-5092 nancy@kulayogaclass.com www.kulayogaclass.com Shanthi Subramanian 301-320-9334 shanthi@hamsa-yoga.com www.hamsa-yoga.com For a free digital subscription to one or all of the 15 Connection Newspapers, go to

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alz.org/nca 800.272.3900

## Entertainment

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/ or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### **ONGOING**

**Glass: Visions & Voices.** Through Sunday, Sept. 14, Saturdays and Sundays, noon-6 p.m. Popcorn Gallery, 7300 MacArthur Blvd., Glen Echo. Glen Echo Park Partnership for Arts and Culture presents an exhibition by the Art Glass Center. Artist led tours will take place Friday, Sept. 12 at 6 p.m. Free. Visit www.glenechopark.org for more.

**Wearable Art.** Reception: Sept. 12, 6-8 p.m. Through Sunday, Sept. 14, Saturdays and Sundays, noon-6 p.m. Stone Tower Gallery, 7300 MacArthur Blvd., Glen Echo. Glen Echo Park Partnership for Arts and Culture presents a wearable art exhibition featuring a variety of adornments including fiber art, clothing, and sculptural jewelry. Free. Visit www.glenechopark.org. **Carousel Tours.** 10:30 a.m. through

Sept. 30; 3:30 p.m., Oct. 1 through April 30. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. These tours give visitors a closer look at the park's fully-restored 1921 Dentzel carousel. Hear about the civil rights protests and the story of how the town rallied together to save the carousel. Park history tours can be arranged by reservation only. Free. Visit nps.gov/glec for more.

**Art Walk in the Park**. Every second Friday through October, 6-8 p.m. at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Artist demonstrations, refreshments, open studios and galleries. Free. Visit www.glenechopark.org for more.

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Capital Blues presents rotating DJs and instructors with beginner workshop 8:15-9 p.m., no partner necessary. \$8 for all. Visit http://capitalblues.org for more.

**Late Night Comedy.** Fridays (open mic night) and Saturdays (established comedians) at Benny's Bar & Grill, 7747 Tuckerman Lane, Potomac. Benny's is open 8 a.m.-1 a.m. Fridays and Saturdays. Visit www.BennysBarGrill.com.

Drop in Art Activities. Every Saturday 10 a.m.-12:30 p.m. in the Candy Corner Studio at Glen Echo Park, 7300 MacArthur Blvd., parents and children can explore a new art form or theme. \$10/child, parent combo. Drop-in only. Visit

www.pgip.org for more.

Mommy & Me (& Daddy, Too). Third Tuesday each month. 10 a.m. at Rockville Town Square. Meet for a morning out with active learning and creative play with lunch specials, story time, arts and crafts, sing-alongs, prizes and more. Visit rockvilletownsquare.com/events/ mommy-and-me.

**Live Music & Dancing.** Fridays and Saturdays, 7-11 p.m. in Margery's Lounge, Normandie Farm Restaurant 10710 Falls Road. Dance to the music of Barry Gurley. Call 301-983-8838 or visit www.popovers.com for more

Glen Echo Park Films. Saturdays and Sundays. Arcade Building, 7300 MacArthur Blvd., Glen Echo. Films about the Park's history are shown on rotation in the lobby. Free. Visit vww.glenechopark.org for more

SilverWorks Studio & Gallery. Wednesdays, Thursdays, Saturdays and Sundays, 10 a.m.-6 p.m. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. SilverWorks Studio & Gallery is a working silversmith studio and includes an ongoing exhibition, as well as sales of the

work of artist-in-residence Blair Anderson. Free. Visit www.silverworksglenechopark.com

Art Glass Center at Glen Echo. All day Wednesdays; Fridays, 10 a.m.-2 p.m.; Saturdays, 10 a.m.-4 p.m.; Sundays, noon-4 p.m. Art Glass Center, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. The Art Glass Center gallery's ongoing exhibitions feature work of Resident Artists Christine Hekimian, Sue Hill, Michele Rubin, Sherry Selevan, Bev and Zayde Sleph and Janet Wittenberg. Sculpture, vessels, functional art and jewelry are for sale. Classes are taught year-round for beginner, intermediate and advanced students. Visit www.artglasscenteratglenecho.org.

#### SATURDAY/SEPT. 13

**Montgomery County Out of the** Darkness Community Walk. 10

a.m. - 12 p.m. Rockville Town Center, 200 East Middle Lane. Benefits the American Foundation for Suicide Prevention. Visit www.afsp.org for more.

Potomac Library Book Sale.10 a.m.-1 p.m. Sponsored by the Friends of the Library, Potomac Chapter. Runs most months.

**Taste in Potomac.** 6:30-11:30 p.m. Julia Bindeman Suburban Center, 11810 Falls Road, Potomac. Taste food from area restaurants and silent auction. \$200 per ticket. Visit www.adoptionstogether.org/ TasteinPotomac.aspx for more.

Art Exhibit. Painters Sandra Fritter and Michele Soule will hold an exhibit titled "Faces and Places" at the Yellow Barn Gallery in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Visit www.yellowbarnstudio.com or 301-371-5593.

#### SATURDAY-SUNDAY/SEPT. 13-14

Ride to Conquer Cancer. Thousands of cancer survivors and supporters will cycle more 150 miles through The Capital Region. The Ride begins in Kensington, Md. on Saturday, Sept. 13. Spectators and supporters are invited to cheer on riders as the pass through Potomac:

 Saturday/Sept. 13 — Potomac Elementary School, 10311 River Road, 7:45-10:30 a.m.

❖ Sunday/Sept. 14 — Manor Montessori School, 10500 Oaklyn Drive, 8:30 a.m.-4:30 p.m. Funds raised benefit John Hopkins Kimmel Cancer Center, Sibley Memorial Hospital and Suburban Hospital. Route is still subject to change. Visit www.ridetovictory.org.

#### SUNDAY/SEPT. 14

Parks Half Marathon. 7 a.m. Run from Rockville to Bethesda. Showcases Montgomery County's park system. Sponsored by Montgomery County Road Runners Club. Online registration is open. Visit www.mcrrc.org for more.

Seed Story and Volunteer

Appreciation Potluck. 5:30-8:30 p.m. at 8565 Horseshoe Lane. Learn about food issues and more. Bring a dish and a story and bring seeds to share. RSVP to http:// brickyardeducationalfarm.org/ civicrm/event/info?reset=1&id=44.

Art Exhibit. Painters Sandra Fritter and Michele Soule will hold an exhibit titled "Faces and Places" at the Yellow Barn Gallery in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Visit www.yellowbarnstudio.com or 301-371-5593.

#### MONDAY/SEPT. 15

Step into Watercolor. 7-9:30 p.m. at VisArts, 155 Gibbs St., Rockville. Sunju Choi will teach this multi-week class, \$160. Visit www.visarts center.org or call 301-315-8200.

Painting Workshop. 7-10 p.m. at VisArts, 155 Gibbs St., Rockville. Mark Collins will teach this multiweek class. \$150. Visit www.visartscenter.org or call 301-315-8200.

#### TUESDAY/SEPT. 16

Drawing Workshop. 7-9:30 p.m. at VisArts, 155 Gibbs St., Rockville. Mark Collins will teach this multiweek class, \$125. Visit www.visartscenter.org or call 301-

#### FRIDAY/SEPT. 19

Apple Festival & Campfire. 6-8 p.m. at Meadowside Nature Center, 5100 Meadowside Lane, Rockville. Enjoy apple cider pressing, apple lore, hands-on activities and more. \$8/ person. Registration required at www.parkpass.org. Course #294253.

#### FRIDAY/SEPT. 19-SUNDAY/OCT. 26

"Stuart Little." At Adventure Theatre MTC, 7300 MacArthur Blvd., Glen Echo, in the historic Glen Echo Park. Stuart Little is no ordinary mouse. Born to a family of humans, he lives in New York City with his parents, his older brother George, and Snowbell the cat. Children under the 12months are free. Tickets are \$19 each, with group and field trip rates available, and can be purchased by calling 301-634-2270 or online at www.adventuretheatre-mtc.org.

#### SATURDAY/SEPT. 20

Painting Collection. Russian painter Olga Harandi will present "My Art of Living" from noon-8 p.m. at the Yellow Barn Gallery in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Visit www.yellowbarn studio.com or 301-371-5593.

Illustrated Talk. 5 p.m. at Clara Barton National Historic Site, 5801 Oxford Rd, Glen Echo. In honor of the sesquicentennial of the Civil War, photos from the Civil War era will be used to explore the dangers Clara Barton faced and the accomplishments she achieved. The talk will be given in the hall of her historic home. Consider taking the 4 p.m. tour of the house and then sitting down for thrtalk at 5 p.m. To make reservations for the talk, call 301-320-1417.

**Fall Exhibition Competition Send-**Off. 6:15-8:15 p.m. at Cabin John Ice Rink 10610 Westlake Drive, Rockville. See Cabin John's skaters perform before they head out to various events. Includes solo performances as well as pairs and synchronized skating routines. Free. Visit www.cabinjohnice.com.

Park After Dark. 6-10 p.m. at Historic Great Falls Tavern, 11710 MacArthur Blvd., Potomac. A night of footstompin' philanthropy fueled by chili, libations and tunes. \$175, \$125 is tax-deductible. Visit http:// canaltrust.org/trust/ for more.

Wanda Sykes. 8 p.m. at the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Standup comic Wanda Sykes will be performing. Visit www.strathmore.org for more.

#### SUNDAY/SEPT. 21

**Author Event: Ralph Nader.** 12:45 Universalist Congregation, 6301 River Road, Bethesda, Ralph Nader will speak about his new book "Unstoppable: The Emerging Left Right Alliance to Dismantle the Corporate State" – a path for liberals and conservatives to work together to stop the growing power of "corporatism." Call 301-229-0400.





Zone 5: Potomac



301-983-1900

**Time** 

Sensitive

As much as I don't want to be cogni-

zant of date, time and place, relative to

first received the stage IV, non-small cell

February 27, 2009 when Team Lourie

lung cancer diagnosis on yours truly, I

am (a terminal diagnosis will do that to

about the need to live forward, rather

than die backward (if you know what I mean), I still struggle with the application. Not that I want to be preoccupied

with it, but every day, every date presents opportunities, shall we say: anni-

versaries, birthdays, ages I thought I'd

constant reminders I am not in Kansas any more (in fact, I'm in Indiana as I

write this column). Unfortunately, out of town doesn't put cancer out of mind.

Though it may obfuscate its effect a little

bit, I kind of feel like Al Pacino – as

Michael Corleone in "Godfather III"

attempts to legitimize the family busi-

it's not as if I'm ever very far from my

cancer reality anyway. The prospect of

getting out (finding a cure) is probably

going legit. Nevertheless, as I'm fond of

admitting: it sure beats the alternative.

Thankfully, life goes on and still I hope. And beholden to that hope is the

stage IV, non-small cell lung cancer is, as

ease;" he could "treat me but he could-

n't cure me." Meaning, at least to me,

at that time: that a normal life expectancy had just left the building, espe-

cially since the prognosis I received

does one bury that statement of pre-

sumptive medical fact and go about

your business/life as if everything is

circumstances at nearly every turn,

to forget and live life as if the world

were my oyster and that I had every-

thing to gain and nothing to lose, the

ten than actually done. And just like

"Gold Hat" (portrayed by Alfonso

Bedoya) didn't "need no stinkin' badges" in the 1948 film "The Treasure

that I have cancer.

truth is, it's much easier said and writ-

of the Sierra Madre," neither do I need

any reminders, "stinkin'" or otherwise,

hunky dory? You don't, and as often

and as consistently as I have attempted

to bury that lead, the reality is, there are

backwards and forwards, up and down,

which make it nearly impossible to live

as if I'm cancer-free. As much as I'd like

from him was "13 months to two years." Now let me ask you this: how

So far, so good. Five and a half years

recognition of the underlying facts:

my oncologist said, "a terminal dis-

and still counting.

less likely than the Corleone family

ness, he said: "Just when I thought I was out...they pull me back in again." And

(1990) - when frustrated by his

never be, appointments, scans, pills;

you). Moreover, as often as I write

By KENNETH B. LOURIE

ZONE 5 AD DEADLINE: Monday Noon

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I Never think of the future. It comes soon enough. -Albert Einstein

Most of the time, I can overcome them. Sometimes I can't, though. No one said this cancer experience was going to be easy; in fact a close friend and fellow cancer survivor told me guite the opposite: that this would be the hardest thing I've ever done, and of course, she was 100-percent correct;

single day, whether I want to be or not. Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

and I'm reminded of that reality every

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Senior forward Julia Lee (ground), junior center back Rachel Maizel (9) and junior center midfielder Marisa Morakis are three of the Wootton field hockey team's top players in 2014.



Photos by Harvey Levine/The Almanac

Wootton junior Lacey Rubin scored a goal against Seneca Valley on Monday.

## Wootton Field Hockey Destroying Early-Season Competition

# Patriots have high hopes after reaching state final in 2013.

By Jon Roetman The Almanac

t took less than two minutes for Wootton senior Julia Lee to score a goal during Monday's contest against Seneca Valley. Teammate Lacey Rubin scored minutes later before Lee added her second goal. With 16:48 left in the first half, junior midfielder Marisa Morakis fired a rocket into the cage, giving the Patriots a 4-0 lead before Seneca Valley called a timeout.

It would only get worse for the Screaming Eagles.

The Wootton field hockey team defeated Seneca Valley 12-0 on Sept. 8, three days after the Patriots opened the season with a 10-0 win over Damascus. Wootton, which reached the MPSSAA 4A state championship game in 2013 before suffering its only loss of the season, enters the 2014 campaign with a strong core of talent and aspirations of returning to the state tournament.

Head coach Kearney Blandamer doesn't want to dwell on the past, but she acknowl-

edged there are aspects of reaching last year's state final that can benefit this year's team.

"It's a tricky [thing] to reflect on the past but try to be your own team," Blandamer said. "Last year's whole journey was eye opening for the kids. ... The best part about last year was that those jitters are over. Now, we know what it feels like to drive over the Bay Bridge at 7 a.m. on the day to play for that state championship and look at the water sparkling and be nervous about what lies ahead."

After beating Bethesda-Chevy Chase in the 4A South region championship game and knocking off Dulaney in the state semifinals, Wootton traveled to Washington College in Chestertown to face Severna Park in the state final. The Patriots fell short, 4-1, but the experience is valuable.

"Now we know," Morakis said, "that a team from Montgomery County ... went all the way to states and now we know we can do that."

Lee and Morakis are Wootton's top offensive threats. Lee, a senior captain and forward, has nine goals in two games for the Patriots, including five against Seneca Valley.

"Julia brings calm and poise to the game," Blandamer said. "In addition to her skill, that's what's most appealing about her. She is someone that they look to on the field to guide them and calm them and lead them."

While Lee brings a sense of calm to the Patriots, Morakis brings the thunder. She's one of the team's most physical players and is the owner of the team's hardest shot.

"Marisa is a different style of player," Blandamer said. "She's very physical, very strong [and] she is so driven to improve herself. She wants to get better every day."

Morakis has six goals in two games, including three against Seneca Valley. She showed off her shot strength against the Screaming Eagles.

"She's not afraid to use it," Blandamer said.

Rubin, a junior forward, scored two goals against Seneca Valley. Senior forward Jordan Stern and junior midfielder Lindsey Capitelli each scored one.

On defense, junior center back Rachel Maizel can use her track speed to make up for Wootton miscues.

"There are times when we're off our game defensively," Blandamer said, "our angles are off and the ball sneaks past, and she covers ground magnificently."

Junior goalkeeper Athena Sardelis and senior defender Mindy Pasternak are also returning starters.

Wootton returns to action on Friday, Sept. 12, when the Patriots travel to face rival Churchill at 5 p.m. Wootton's next home game is Sept. 15 against Rockville.



Wootton senior Julia Lee scored five goals against Seneca Valley on Monday.

"I think we're going to be challenged by several programs in the county, just as we were last year," Blandamer said. "We have to maintain mental toughness and confidence and trust each other."

The Patriots are focused on returning to the state tournament.

"We know we have to go," Morakis said. "It's ingrained in our blood," Lee said.

#### FOOTBALL ROUNDUP

The Churchill football team opened the 2014 season with a 39-0 victory over Bethesda-Chevy Chase.

Churchill, which finished 1-9 last year, jumped all over B-CC, scoring 23 points in the first quarter. Andrew Zuckerman finished with 102 yards and two touchdowns on the ground for the Bulldogs. Blake Dove rushed for 52 yards and a score.

Churchill (1-0) will travel to face Walter Johnson at 6:30 p.m. on Friday, Sept. 12.

Whitman defeated Blake 28-7 on Friday. Vikings quarterback Evan Smith completed 12 of 20 passes for 254 yards and three touchdowns. Running back

Jacob Pitsenberger rushed for 107 yards and a touchdown. Alex Hilsenrath had two receiving touchdowns and Jake Kuhn had one.

Whitman (1-0) will travel to face Quince Orchard at 6:30 p.m. on Friday.

Wootton defeated Walter Johnson 26-14 on Friday. The Patriots (1-0) will host B-CC at 6:30 p.m. on Friday.

Bullis lost its season opener to Mt. Saint Joe's 20-14 on Monday. Quarterback Dwayne Haskins Jr. completed 24 of 39 passes for 225 yards and one touchdown. He was intercepted twice.

Bullis (0-1) will travel to face Archbishop Spalding at 7 p.m. on Friday.

### BULLETIN BOARD

From Page 8

### THURSDAYS/OCT. 23, 30, NOV. 6 AND 30

Connecting in Friendship. 1:30-3 p.m. at Jewish Community Center of Greater Washington, 6125 Montrose Road, Rockville. Interactive classes that include making social conversation, reaching out and allowing others in, and the keys to connecting and solving differences. \$60. Call 301-816-2665 for more.

#### PUBLIC INPUT WANTED

**Bethesda Downtown Plan.** What does the ideal Bethesda look like? While it develops the Bethesda Downtown Plan, the county planning department is asking residents to take a survey on what sort of streets, gathering spaces and landscaping are best for each of the Bethesda neighborhoods. Survey results will help to inform the department's staff as they develop recommendations for the Bethesda Downtown Plan. This is not a scientific survey; it is for information-gathering purposes only. Participate online at www.montgomeryplanning.org/community/bethesda\_downtown/vsurvey.shtm.

Bethesda Farm Women's Cooperative Market. The market, which has been at its current location at 7155 Wisconsin Ave. since the Great Depression, is taking a survey to find out from its customers how it can be even better; e.g., different vendors, different hours of operation. Take the survey at

www.farmwomensmarket.com/customer-survey.html.

## Potomac REAL ESTATE

Photos by Deb Stevens/The Almanac

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