Mount Pernon Gazette



Mount Vernon's Hometown Newspaper • A Connection Newspaper

September 25, 2014

Search Expands UVA second year Hannah Graham last seen on Sept. 13.

By Tim Peterson The Gazette

annah Graham, University of Virginia sophomore and alumna of West Potomac High School, has been missing since the early morning hours of Saturday, Sept. 13.

Last week, members of the West Potomac softball team met before Back to School Night to paint the school's rock with handprints and the words "Bring Hannah Home," hanging her special senior softball on a nearby tree.

"That was an emotional moment," said Craig Maniglia, Graham's softball coach at West Potomac.

At West Potomac Graham was known for being a responsible, hard-working and safe student. "She was always on time, always gave notes if she was going to miss



UVA Рното

Hannah Graham

practice," said Maniglia. "That's what makes this so tragic. She wouldn't just disappear — go on a jaunt and not tell anyone."

"It was weird because it wasn't something we thought we'd ever have to do," said former teammate and current senior captain Madeline Miller. "If we were putting Hannah's name on the rock, it would be for some great achievement. Not to write 'Bring Hannah Home."

SEE MISSING, PAGE 8

Public Supports Later Start Times

School Board to vote on issue on Oct. 23.

By Reena Singh
The Gazette

Students, parents and advocacy groups flooded the School Board's public comment period with pleas to approve later start times for students next year during its Sept. 19 meeting.

The School Board is scheduled to approve later start times at the

Oct. 23 meeting.

"Sleep began this journey a decade ago," said Coalition of the Silence founder Tina Hone.

During her time on the School Board, she said, sleep deprivation and talks about starting schools at a later time happened every year. Although the matter affects all students, she said it affects many black and Latino students — the students her coalition represents — the most because they are already disadvantaged by their socioeconomic status and prejudices.

SEE START TIMES, PAGE 8

Fall Fun

George and Antonio Look play with their new Flux toys at the St. James Fall Craft Fair on Saturday, Sept. 20.

More photos, page 13

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Mosby Woods! All-brick rambler, 4 bedrooms, 3 baths; backs to city parkland. Loads of privacy and "no-outlet" street are perfect. Open kitchen with chef's stove, hardwood floors, updated baths, huge rec room with walkout to back yard, tons of storage.

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> For more information, visit www.rebuildingtogetheralex.org

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Helping Organizations That Work with Wounded Warriors



Robert J. Gusella, Belle Haven Country Club general manager, welcomes participants to the first Patriot Day Golf Classic at the club. Forty-four golfers registered to play in the event, which was created to benefit local organizations that work with wounded warriors and providers of emergency services.



The Old Guard (3rd Infantry Regiment Color Guard) from Fort Myer came to present the colors at the Patriot Day Golf Classic on Sept. 18 at the Belle Haven Country Club.



Jim Carmalt, an active member of the Mount Vernon community, sang the National Anthem.



Camp Freedom Ranch was one of the beneficiaries of the fundraiser. Participants listened as Aaron Helstrom, president and founder, and Beth Leutkemeyer, massage therapist/addiction specialist. told of the services offered to wounded warriors. Helstrom, a veteran living with PTSD and a traumatic brain injury, brings first hand knowledge to the organization that he created. His service dog, Tucker, stayed by his side throughout the event.



Four golf carts are filled with wounded warriors and retired service members ready to play.

Alternatives to Institutional Care Needed for Seniors

Forum highlights long term care issues.

By Gerald A. Fill The Gazette

community forum, hosted by Mount Vernon At Home and the Association of Retired Persons, focused on the challenge of a fast-growing aging population of 55 and over: how families can best deal with the organization and financing of home and community-based health services to help people stay in their homes and out of institutions, and, when that is no longer a practical alternative, how to go about making the tough decisions for institutional long term care.



Pat Killeen

AARP's volunteer community ambassador, used a PowerPoint slide presentation at Sherwood Hall Regional Library on Sept. 17 to discuss the long term care challenges facing seniors and family caregivers.

Killeen, a retired insurance executive and college instructor in business management , now volunteers his expertise to AARP by speaking to community groups such as this one.

"We need more home and communitybased services as an alternative to institutional care; more programs of information and support for family caregivers; a need

Killeen, to create more support groups so that sevolunteer niors may share experiences; and policymakers need to address the shortage of supply of caregivers and the lack of adoint slide equately paid health professionals providation at ing health services," he said.

Barbara Sullivan, executive director of MVAH, answered questions and commented on her experiences with long term care in Mount Vernon.

"We need more viable and affordable transportation services ... right now there is no transportation services for seniors [except for low income and disabled] ... and there are no taxi vouchers for seniors in our area Taxi cabs in Mount Vernon are in short supply," she said. "There is a need for more Older Americans Act money. Right now it is available for low income and disabled but not all seniors. Fairfax County has a great website but many seniors do not have computers and those that have them

Long Term Care

Who Needs LTC? Persons with a chronic condition requiring assistance from 90 days to years in activities of daily living.

Users of LTC: Infirm elderly; physically and mentally disabled children and adults; developmentally disabled adults, and military veterans.

Health Insurance Questions? Call Virginia Insurance Counseling Assistance program at 703-324-5851

Services for Older Adults (aging, disability, caregiver resources): Call 703-324-7948 or visit: www.fairfaxcounty.gov/olderadults.

ElderLink: For advice, assessment, and counseling for families in need of a care plan for older adults:703-324-5374

frequently don't know how to navigate the site to get the answers they need. The county needs to address this information gap."

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Alexandria/ **Potomac Greens**

\$949,000 1847 Potomac Greens Dr. Fantastic 3 bedroom, 3.5+.5 bath town house with a 2-car garage. Over 3,400 sq. ft. of luxury living on 4 finished levels including hardwood floors on main and lower levels, chef's kitchen, 2-sided gas firenlace Master suite with luxury bath and 2 walk-in closets. Spacious top level family room with access to a rooftop deck! Convenient to shops, restaurants, park nd playground.

Christine Garner 703-587-4855



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1508 Oakcrest Dr. Stunning stone house on lovely quiet street with large fenced lot. Over 2,250 sq ft living space. 4 BRs, 3 BAs, 3 levels. Gourmet kitchen with adjoining family room + den and RR. New roof, windows, 200 amp service, HVAC, 6 fans. Hardwood floors, recessed lights, crown molding. Mary Hurlbut 703-980-9595

Alexandria



Alexandria House \$835,000

400 Madison #1502. JUST LISTED! Rarely available 3 BR, 2.5 BA condo with stunning southern vistas of the Potomac River and Old Town from all rooms. Updated throughout, Enjoy outdoor living on the 65-ft. balcony with your grill. 24-hr. concierge, 2 assigned garage spaces and extra storage, roof pool, party room, so much to enjoy.

Lib Willey 703-362-7206



Alexandria/ Rosemont

4 E Linden Street. 3 BR/3 BA Beautiful Rosemont end unit features fabulous kitchen with stainless steel appliances & granite counters, woodburning fireplace, hardwood

floors. Spacious finished lower level walks out to backyard and off-street parking. 2 blocks to King Street Metro, cafés, restaurants, shops & farmers market. Bobi Bomar 703-927-2213



Alexandria \$689,90
1006 Dewolfe Dr. WAYNEWOOD – great neighborhood by the
Potomac River & scenic G.W. Pkwy. Renovated 4 BR, 2 1/2 BA
beautiful home with new large kitchen with granite counters, windows, and refinished hardwood floors, only 100 yards from the pool. Sunroom added in back with large family room and utility room in basement. More storage in walk-in attic! Easy access to Alex., D.C., Ft Belvoir. *Mike Downie 703-780-2727*



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Alexandria/ **Governors Grove** \$599,000 3393 Governors

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> Fred Smith 571-215-3733

> > **Alexandria**

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for the holidays

to decorate a

Single Family

Home located on quiet cul-de-

sac, surrounded

by trees. 3 BR/2

full/2 half BA,

een porch.

perfect Hallow-



Alexandria/Hollin Hall Village 2001 Paul Spring Pkwy. Stunning 2-level rambler in sought-after Hollin Hall, corner lot facing county parkland! 4 BR, 2 BA, updated kitchen w/granite, SS appliances and cork floors! DR open to kitchen; hard-woods on main IvI; LL is completely finished with two beds, full bath; recent addition of a stunning screened porch makes this house a 10! Leslie Atkinson 703-967-1471



Alexandria \$530,000

114 Meadows Ln. Bright and spacious 4-level townhome end unit with 3 BR, 3 1/2 BA, eat-in kitchen, 2-car garage, lots of storage space, gas fireplace. Great community with pool and tot lots. Fantastic location, near Metro, jogging trails, parks!

Beth Currier 703-850-6701



fireplace, garage, newer windows, AC, furnace. Vaulted ceilings, full finished basement, one car garage, fully fenced yard. Close to Huntley Meadows Park – with the nature trails, wetlands, and boardwalk.

Elvira Jakovac 571-405-8058



Old Town/ Colecroft Station \$408,000 505 Braddock

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include hardwood floors, new granite counters and stainless appliances, balcony and garage space. Over 900 sq. ft. and reasonable condo fee. Mary Hurlbut 703-980-9595



4064 Clovet Dr. Sundrenched absolutely gorgeous 2-car garage town house. Charleston Square neighborhood. Minutes from Fair Oaks mall. Easy commute on I-66, 29 and 50. 3 bdrms, 3.5 baths, Granite, hardwood, center island tray ceilings. Luxury touches throughout. Separate

and deck. Mary Smith 703-626-9207



Alexandria/Montebello

Alexandria/Montebello \$320,000
5902 Mt Eagle Dr #715. Spacious (1,305SF + enclosed balcony)
condo in Northern Virginia's best-kept secret: the resort-like &
gated Montebello community, just two lights from Old Town!
Numerous upgrades w/contemporary styling; tiled enclosed
balcony w/treed & sunset views; renovated kitchen w/new granite
& backsplash; new lighting & paint; wood floors. Vacation from
home w/35+ wooded acres, Metro shuttle, café, indoor & outdoor pools, tennis, bowling, etc. Cindy & Leslie 703-593-1418

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Alexandria/Old Town Office

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PEOPLE

Speaking Out for Taxpayers

At 90, Frank Medico cherishes watchdog role.

By Gerald A. Fill The Gazette

ongtime Mount Vernon community leader and former state Del. Frank Medico is recovering from a fall that caused multiple fractures to his back, collarbone and sternum.

A resident of the Mount Vernon/Fort Hunt neighborhood since 1964, Medico, who celebrated his 90th birthday this summer, has been a Republican political fixture for half a century, serving among many other volunteer roles as a co-chair of the Mount Vernon Council of Citizens Associations, and was elected to four terms in the state House of Delegates.

"Frank served the residents of Fairfax County in Richmond for years. He was also a good friend of my father's. I was very sorry to learn of his fall and wish him a full and speedy recovery," Springfield Supervisor Pat Herrity said.

"Mount Vernon has been a great place to live and raise my three children; my wife Nita and I never regretted our decision to settle here in the '60s and never once thought of moving," Medico said.

Prior to his local and state community service, he spent more than 20 years with several federal agencies, primarily with the General Accounting Office, now called the Government Accountability Office. As a certified public accountant and project manager, Medico supervised management reviews for the committees of Congress responsible for oversight of the U.S. Postal Service, the Internal Revenue Service, and the District of Columbia government among other federal agencies.

In a recent interview, he recalled a number of federal management review projects he directed that resulted in savings. One project he described was his successful effort to save hundreds of millions of tax dollars in blocking the purchase of an expensive mail processing machine that was proven to be inefficient but not reported to decision-makers as such. Before the GAO analysis that he directed, Medico said the Postal Service was prepared to purchase a

Q&A

Q.: Looking back on your life who was the most important influence on you?

A. My parents. They always encouraged me to be positive, work hard, help others, and get educated. I never forgot their advice.

Q. What is your message and advice to community and political leaders?

A. Our elected officials should always give top priority to protect Americans' freedoms and liberty. They should be on the look-out to take actions to stop or restrict efforts by government which would adversely impact their freedom of speech, religion and privacy. Also, our elected officials should always seek the views of the taxpayers before making a deci-

Bio

Frank Medico

90 years old. Born in South Braintree, Mass.

Married: Vaughnita Osborne-Medico (deceased, 2008)

Children: Patricia, Jane, Fred Member of St. Louis Catholic Church

Member: Lions Club and Knights of Columbus

Education:
B.C.S., Benjamin Franklin
University

Master of Financial Administration (M.F.A.), Columbus University

Frank Medico

Certificate of Completion, A.M.P., Harvard Graduate School

Military Service: U.S. Navy: 1942-46; 1950

large number of processing machines to be located all over the U.S. His analysis stopped the purchase.

This experience at the Federal level was in sharp contrast to what he said was a frustrating experience in the General Assembly where good ideas and proposals were not pursued. As one of only 15 Republican members of the House during his tenure, the ideas and views of his caucus were routinely ignored. He said he did have an impact on the budget but overall was consistently rebuffed by the majority party. Not seeing a change in control of the House of Delegates in the foreseeable future, Medico decided to leave elected politics and return to the behind the scenes role that he has since played within the Republican party, with members of the General Assembly, and local appointed and elected officials.

Until only very recently, having suffered the consequences of his recent fall, he has conducted research and prepared letters to various political and community leaders and letters to the editor to this and other papers to comment on matters of current interest and debate.

"Mount Vernon community activism is part of what makes our area a special place to live, work, and raise a family," Medico said. He is working hard to get well with the help of his family, and looking forward to continue to speak out on matters of public importance in his self-described role as a community watchdog.

sion to spend their money or increase their taxes.

Q. How would you like to be remembered?

A. As a person who loved his country and always placed our citizens' concerns and needs first, and never compromised my values and principles when deciding on a course of action that would impact the people.

Q. Anything else you would like to add?

A. In celebrating my 90th year on this earth I would like to express my deep appreciation for the support and kindness extended to me by my former constituents and all others before, during, and after serving as their elected representative in the Virginia General Assembly.

BULLETIN BOARD

Email announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SATURDAY/SEPT. 27

National Prescription Drug Take Back Day. 10 a.m.-2 p.m. Help prevent prescription drug abuse, THURSDAY/OCT. 2

Blood Donation. 8:30 a.m.-2 p.m. at U.S. Customs & Border Protection, DHS, 6350 Walker Lane. The American

accidental poisoning and protect the

District Station, 2511 Parkers Lane.

www.unifiedpreventioncoalition.oprg

environment. Drop off medicines anonymously at Mount Vernon

or www.dea.gov for more.

Red Cross encourages eligible donors to help ensure a stable and diverse blood supply by giving blood in honor of Liver Awareness Month this October. Call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of

SEE BULLETIN, PAGE 12



Rex Reiley RE/MAX Allegiance 703-768-7730

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Alex/Riverwood \$699,700 3801 Riverwood Road

Incredible value for beautiful home in prestigious Riverwood.
Meticulously maintained. Newly remodeled kit w/granite counters & double oven. Updated baths, 3 fpls, freshly painted interior, newly refinished hardwood floors. Huge 2 car

garage. Finished basement w/great workshop and storage. Lovely yard. Walk to Mt. Vernon Estate – minutes to Ft. Belvoir.



Alex/Riverwood \$798,000 3716 Carriage House Court

Spectacular 6BR/3.5BA Colonial in Prestigious Waterfront Community of Riverwood. 4000+ sq ft of remodeled living space. Loaded with upgrades, must see to believe, plus a beautiful In-Law Suite on main level. Stunning hdwd floors, light and bright w/great flow – perfect for entertain-

ing. Quiet, private w/absolutely incredible landscaping. Classy, spacious and TLC! 5 minutes to Ft. Belvoir, 15 mins to Old Town, Alex, 25 mins to Ntl Airport. Mt. Vernon's Finest!!



Alex/Yacht Haven \$859,900 4505 Dolphin Lane

4000 sq ft of renovated luxury in this 5BR/4BA Split–Updates: Kitchen, all 4 baths, spectacular cherry hdwd floors – Great rm opens to beautiful sun rm addition which opens to spectacular 35K deck that overlooks an unbelievable custom landscaped back yard. Walk to fantastic

marina, clubhouse and pool. Two updated HVAC systems plus tankless HWH- the list goes on and on. Nothing better in all of Mt. Vernon!



Alex/Yacht Haven \$604,900 4426 Neptune Drive

Fabulous 4 level updated split with 2 car garage in prestigious waterfront community of Yacht Haven. 4 large spacious bedrooms-remodeled kitchen w/ceramic tile, granite & SS appliances. Refinished hdwd floors, freshly painted interior – 3 full updated baths- beautiful sun room

overlooks lovely fenced back yard. Walk to fantastic marina, club house and pool.

Outstanding value in a great community.



Alex/Mary Lea Park \$4,900

Truly spectacular home – 5000 + Finished Sq Ft – with 6BRs, 5.5BAs. Soaring 2 story ceiling with balcony overlooking Family Rm, Foyer & Large Open Kitchen w/SS, Granite, Cherry and Center Isle. Professional Office/Bedroom & Workout Rm on Main Level. Huge Master Bedroom/Bath Suite w/Separate Shower and Soaking Tub. Lower

Level ovvers Rec Rom, Game Rm, Den/In-Law Suite, Full Bath and Plenty of Storage Space. Beautiful .5Acre landscaped lot w/Privacy Fence. Superb for Entertaining! This is a 10!!



Alex/Riverside Estates \$2,695 8318 Orange Court

Available August 31st.--Beautiful 4 bedroom 3.5 bath Colonial with Carport in wonderful Mt. Vernon Community. 3 finished levels. Newer kitchen and baths, gleaming hardwood floors, screened porch, deck, large corner lot. Separate laundry and storage rooms. Scenic comminutes to Ft. Belyvir 15 to Old Town

mute along GW Pkwy and Potomac River – 5 minutes to Ft. Belvoir 15 to Old Town, Alex, 35 to Pentagon/D.C. – Walk to Elementary and High Schools.



Alex/Riverside Estates \$2,600 8506 Wagon Wheel Road

Totally remodeled 4 BR, 3 BA Split – Replacement windows, new kitchen w/granite, SS, ceramic tile floors, 3 brand new baths, refinished hardwood floors, freshly painted, 6-panel doors. Family room on lower level with walkout

to large fenced backyard. Deck overlooks backyard. Minutes to Ft. Belvoir – Walk to Mt. Vernon Estate, elementary and high schools.

For more information: www.RexReiley.com



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News

95 Express Lanes On-Road Testing Begins

Testing phase to be completed by end of year.

f all goes according to plan, the new 95 Express Lanes will surprise motorists expecting to have their cars stuck in traffic on I-95. The 29-mile stretch of High Occupancy Toll (HOT) lanes — from Garrisonville Road in Stafford County to around Edsall Road on I-395 in Fairfax County — should beef up the carrying capacity of current HOV lanes.

Testing began last week on the updated lanes and will continue through the fall, with an anticipated finish date around the end of 2014. Funding for the \$1 billion project comes from Virginia's Public-Private Transportation Act.

The public-private partners for this project are VDOT, the Virginia Department of Rail and Public Transportation, the Federal Highway Administration and Transurban, with 95 Express Lanes LLC joining to help execute it.

"The 95 Express Lanes will use technology to deliver new transportation options



Marked vehicles will test the operating capacity of the new 95 Express Lanes, continuing through the fall.

and keep drivers moving on I-95 in Northern Virginia," Kevin Ginnerty, Transurban's director of project delivery, said in a statement. "Testing the tolling and traffic management system is an important step in the delivery of the 95 Express Lanes and providing a faster trip to customers."

Cars marked with large white "Test Vehicle" badges on the side doors will test road sensors that provide traffic data used for setting toll prices, overhead radio E-ZPass readers and cameras that automatically detect traffic accidents and then alert the Express Lanes Operations Center.

Toll prices will fluctuate based on traffic demands, encouraging better flow of traffic.

During the testing these cars will be part of regular traffic on I-95 HOV lanes. Part of the testing will also involve breaking in new entry and exit points for the Express Lanes — but only during off-peak hours and on nights and weekends when the HOV lanes are closed.

All drivers will be required to have an E-ZPass to use the new lanes, and carpoolers specifically must have the E-ZPass Flex.

— TIM PETERSON



Come see one of the most unique properties on the market in the DC area! Pathway from property leads to a boat slip on Swan Creek, a deep water protected inlet across from Mt. Vernon! All this comes with a huge 4BR/2.5BA, 3 level Colonial with 2-car garage on over .5 acre treed lot on a quiet cul-de-sac. Custom teak floors, gas fireplace in family room and large deck. Easy access to National Harbor, DC and Old Town.

\$ 529,000 ~ offered by



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Information here deemed reliable but not guaranteed







ARLINGTON \$3,975,000

1881 Nash Street #1901

Fabulous Penthouse Condo at Turnberry Tower Premiere 19th floor Penthouse with 4.447 square feet, plus 900 square feet of outdoor space with views of Georgetown and the Potomac. Over \$200,000 in

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OLD TOWN \$2,935,000

700 South Pitt Street

Modern magnificence with historic significance. One-of-a-kind freestanding townhouse on a corner lot features: open floor plan, custom kitchen, modern amenities, walled garden with outdoor living room, 4 Bedrooms, 3.5 Baths and 5 fireplaces throughout. 7-9 reserved off-street parking spaces

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OLD TOWN \$1,650,000

709 Prince Street

This beautifully renovated and meticulously maintained four-level historic Doctors Row residence offers the perfect balance of modern luxuries and historic charm. Special features include a private lower guest suite, original HW floors, and a large roof-top terrace.

JOY DEEVY +1 703 930 5198



OLD TOWN \$849,000

1023 North Royal Street #309 Fabulous 2 level, 3 BR + Den, loft-style, penthouse condo w/ expansive roof top views from private terrace. Kitchen features Viking appliances and granite counter tops with hardwood floors throughout.

PHYLLIS PATTERSON +1 703 408 4232 BRITT PATTERSON +1 703 310 6201



RGETOWN \$3,250,000

3303 Water Street NW #A-4

Apartment A-4 features a large living room and dining room with walls of windows, custom built-ins and cabinetry throughout, a chef's kitchen with designer-grade cabinetry and family room, and two Juliet balconies

MICHAEL RANKIN +1 202 271 3344



ALEXANDRIA \$2,475,000

407 Prince Street

Classic historic end brick townhome, built in 1870, features an elegant gracious living room, separate formal dining room, spacious eat-in kitchen with center island cooktop and inside grill, high ceilings and hardwood floors throughout. Beautifully landscaped side garden with porch, patio and two off street parking spaces. Great home for entertaining

CINDY GOLUBIN +1 202 437 3861 COURTNEY GOLUBIN +1 703 989 1873



COLLEGE PARK \$1,099,000

1109 Trinity Drive

Vacation at home in this 5BR, 4BA renovated colonial. Features pool, flagstone patio, outdoor Lynx grill station, high ceilings, updated kitchen, breakfast bar, study, three fireplaces and a large open floor

PHYLLIS PATTERSON +1 703 408 4232 BRITT PATTERSON +1 703 310 6201



BELLE HAVEN \$649,000

6206 Tally Ho Lane

Absolutely charming three bedroom, two bath updated brick home in sought after Belle Haven. Beautifully landscaped lot with mature trees and plantings.

JEANNE WARNER +1 703 980 9106



FOREST HILLS \$3,150,000

4600 Linnean Avenue NW

Built in 1929, this stately Forest Hills Colonial stone residence encompasses over 7,000 SQ FT on an expansive lot with mature plantings, manicured gardens, and a pool.

MICHAEL RANKIN +1 202 271 3344



OLD TOWN \$1,745,000

117 Prince Street

Rare opportunity to renovate and restore historic Captain's Row townhouse. 6 BR, 5.5 BA and 5,100 square feet with high ceilings, all brick exterior, 4 fireplaces, large room sizes and walk-out basement. Private 2 car parking and large rear yard with stone patio. Great location on Alexandria's famous cobblestoned street.

HEATHER COREY +1 703 989 1183



ALEXANDRIA \$924,500

3403 Old Dominion Blvd Located in the sought-after Beverly Hills section of Alexandria, this gorgeous brick colonial has 4BR, 4FBA, with an open floor plan, hardwood floors, new carpeting, freshly painted, renovated master bath and a cook's kitchen.

JOHN ERIC +1 703 798 0097



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thetwig.org/homes-tour



News

West Potomac Alumna Hannah Graham Still Missing

From Page 1

"It was very upsetting," said Torie Bolger, another senior captain on the softball team. "It kind of made it real to me. When I first heard, I kind of assumed she was going to be OK, hiding out or something. When it had been three and four days since the report was filed, it made it all real."

Graham contributed to the softball team all four years of high school, earning a starting position playing left outfielder her senior year. She was looked up to by her teammates and named one of the team's cap-

"She had the athletic ability, the total package," Maniglia said of Graham while she was at West Potomac. "Talent, attitude, the way other players respect you. She fit that model completely."

"She was so nice to everyone, so kind," said Madeline Miller. "She always gave it her all. She was so dedicated, to the game and to the team."

Graham also excelled in the classroom and behind the music stand as a saxophon-

"I can say that Hannah exemplified the word scholar during her time at West Potomac High School," said principal Alex Case. "She took the most challenging courses offered at our school and was a leader in the band, having played all four years in high school."



PHOTO CONTRIBUTED

"Bring Hannah Home:" The West Potomac softball team painted the school rock for Hannah Graham. Graham, a sophomore at the University of Virginia and a West Potomac graduate, has been missing since Sept. 13. She was a four-year player for the softball team, served as its captain and also sat first chair sax in the school orchestra.

"It has been evident at school that many students, families and staff were touched by Hannah during her time as a Wolverine," Case added.

"Hannah is beyond precious to us, and we are devastated by her disappearance," her parents John and Susan Graham of Mount Vernon said in a statement. "It is totally out of character for us not to have heard from her, and we fear foul play."

Another community event, a candlelight rally, was scheduled to be held at 7:30 p.m. Wednesday, Sept. 24 at the West Potomac softball field.

According to Charlottesville police reports and a statement from the University of Virginia, the 18-year-old left a house party and walked to the Downtown Mall in Charlottesville. That's where surveillance tapes recorded the last visual evidence of her whereabouts at 1:08 a.m.

Around 1:20 a.m., Graham contacted friends via a text message saying she was

Graham's friends reported her to the Charlottesville police as missing at 4:34 p.m. the next day, Sunday. Though the police dispatched personnel and bloodhounds to search for her, they have yet to find any-

On Thursday, Sept. 18, Charlottesville police announced a person of interest: a man a witness said was in physical contact with Graham on Saturday night around the time she was last seen on video.

Then at a press conference on Tuesday Sept. 23, Charlottesville Police Chief Timothy Longo announced that man, Jesse Leroy Matthew Jr, of Charlottesville, is now wanted for a class two felony of "abduction with intent to defile," as well as two counts of reckless driving.

"This afternoon we reached that point where the Commonwealth felt we had sufficient probable cause to seek an arrest warrant," Longo said.

On Saturday Sept. 20, more than 1,200 volunteers helped conduct a mass search for Graham around Charlottesville and parts of Albemarle County, according to a UVA statement.

"We absolutely are continuing our search for Hannah," Longo said. "Even as we

Graham's parents, UVA and the police are still urging anyone with information regarding her disappearance to come forward and call the dedicated tip line 434-295-3851.

Backing Later Start Times

From Page 1

Oakton High School senior Erin Cooper said she and her classmates function regularly on six hours of sleep because they cannot have their homework done by 9 p.m.

"In my school, this daily grind leads to sleeping in the hallway before school begins, sleeping in class, and constant nearmissed car accidents in the parking lots," she said. "There is very little enthusiasm for school activities, dances or football games because we're too tired."

Fairfax County Federation of Teachers President Steve Greenburg said he appreciates that the school administration and board

cares about its teachers. He talked directly to students and Student Representative Harris LaTeef during parts of his speech.

"Having to change high school start times because of the past incompetence of whoever had the stupid idea to make high school students go to school that early is not going to be easy," he said. "Maybe teachers will be inconvenienced by the change. It might not be very fun for some of them. However, they care most about their students and what is right. Please know Mr. LaTeef and all of these students, your high school teachers are heroes for having dealt with this mess for years."



Supporters of later school start times at the Sept. 19 **School Board** meeting.

PHOTO BY REENA SINGH/THE GAZETTE



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News



Children at Art at the Center in **Mount Vernon** prepare to use clay. Art as mindfulness helps children shift from feeling a need to control the process and gives them the freedom to simply create.

Photo courtesy of Art at the Center

Art as Mindfulness

Learning to be present and aware.

BY MARILYN CAMPBELL

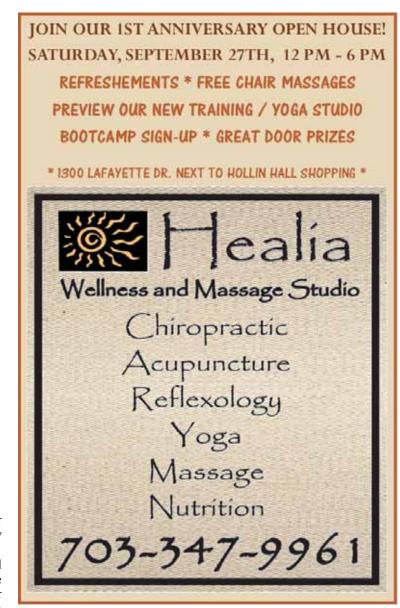
THE GAZETTE

rt plays a central role in Lisa Richard's family. When they prepared for a trip to the mountains last spring, for example, hiking boots weren't only items at the top of their packing list. The Mount Vernon mother of three filled a box

with canvases, paints and printing supplies.

"I enjoyed the realization that creating a space for art is creating a place where everyone in our family can connect," said Richards.

In fact, Richards and her children, ages 17, 14 and 10, have studied "art as mindfulness" at Art at the Center in Mount Vernon. Co-founder and director SEE MINDFULNESS, PAGE 25







OPINION

Deadly Medicaid Debacle

Literally killing poor people who could have health care, while refusing to give Virginia's economy a boost.

he poor people of Virginia are so seriously harmed by the actions of the Virginia General Assembly in refusing to expand Medicaid at little additional cost to the Commonwealth that those harmed should have some legal recourse.

The damage will cost many lives and the productivity of many. People who will needlessly die of cancer undetected until it is too late. People whose productive lives will be cut short because of untreated dia-EDITORIAL betes. People who will finally qualify for Medicare and Medicaid because they are permanently disabled after stroke or

heart attack that could have been prevented. Examples of health harm beyond the poor: There are the extra flu cases because a working person who doesn't have health insurance so doesn't get a flu shot also can't afford to be off work and infects other by being at work while sick.

With whooping cough on the rise, people who will be around infants are advised to get a booster shot to protect the infants for whom the disease can be deadly, but if you don't have health coverage, you are unlikely to get the booster.

Vulnerable people, elderly, young children, people with chronic illness, people on chemo-

therapy, will get sick more than necessary even though they have insurance because of the 200,000-plus people integrated in all aspects of our communities who do not have access to basic health

Meanwhile, leaders lament the loss of federal dollars in Virginia due to the sequester and reduced spending on defense, homeland security and other programs. Here is the one place where Virginia's economy could get a

estimated 30,000 jobs and pump hundreds of millions of dollars into Virginia's economy. Hospitals support expanding Medicaid which would offset many of the costs of caring for uninsured populations. So far, Virginia has lost out on about \$1 billion that could be creating jobs and making our local economy healthier in addition to protecting health in our com-

Chamber of Commerce, support the expansion of Medicaid in Virginia under the Affordable

In Virginia, Medicaid eligibility for adults without disability is almost nonexistent, limited to parents with incomes below 51 percent of poverty, or about \$11,900 a year for a family of four, according to the Kaiser Family Foundation. Adults without dependent children remain ineligible regardless of their income. Refusing to expand Medicaid is hurting all of us, but the most vulnerable are hurting the most.

> MARY KIMM. MKIMM@CONNECTIONNEWSPAPERS.COM

boost. Expanding Medicaid would create an

Business groups and chambers of commerce around Virginia, including the Fairfax County

Jeanne Theismann 703-778-9436 jtheismann@connectionnewspapers.com @TheismannMedia

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A Connection Newspaper



Pass Medicaid Expansion Now

By Barbara Favola

CHAIR. SENATE REPRODUCTIVE HEALTH CAUCUS State Senator (D-31)

AND KAYE KORY

CHAIR, HOUSE REPRODUCTIVE HEALTH CAUCUS STATE DELEGATE (D-38)

ur health care system is neither healthy nor accessible for many women, but Richmond lawmakers have an opportunity to make improvements. They need to stop playing politics with people's lives and begin to start governing.

In large swaths of Virginia, particularly in low-income neighborhoods, women are suffering. This suffering affects the well being of all of us, not just the children and communities that are directly affected.

You probably didn't know that childless uninsured women are not eligible for Medicaid in Virginia even if they are planning to have children. Moreover, for many mothers who are eligible, they lose their Medicaid coverage 60 days after giving birth because they exceed the very low- income requirements to qualify for Virginia's sparse Medicaid program. This exacerbates an already stressful period in a mother's

In fact, mothers in most parts of Virginia qualify for Medicaid only if they earn less than 40 percent of the federal poverty line. This means that a single mother in Richmond cannot receive Medicaid if she makes \$6,100 a year or more. But if Virginia participated in Medicaid Expansion, a program for which we are already sending tax dollars (\$5 million per day) to Washington, hard working individuals, including women, earning up to 138 percent of the federal poverty line would gain insurance coverage. Virginia's tax dollars are supporting Medicaid Expansion in 29 other states but not here at home.

Medicaid Expansion may not be perfect but the cost of not going forward is astronomical. We all know that maternal health is critically important for the healthy development of a child. This means that prospective moms can only achieve a healthy state if they have access to care before pregnancy as well as access to pre and post -natal care. Preventing lowbirth weight babies and developmentally delayed babies is something we must embrace. Virginia cannot afford to wait; we must pass Medicaid Expansion now.

PHOTOS CONTRIBUTED







The Yacht Haven Garden Club has taken on the project to transform the gardens surrounding the Sherwood

Hall Library. Gone are the weeds and vines. They have been replaced with lush beds of flowers and shrubs dressed with mulch.

LETTERS

Oppose MVCCA Bylaw Change

To the Editor:

I am a proponent of an umbrella organization that truly represents the interests of the community as a whole. The MVCCA falls well short of serving this role. Unfortunately, the MVCCA has become an organization that solely serves the interests of the out-of-themainstream people who serve on its Board.

Several years ago, well over 60 community associations were members of the MVCCA. As of today, that number has dwindled to 42. Even though the MVCCA Bylaws only require 1/5 of members to be present at a Council meeting, a quorum is difficult to achieve. The MVCCA is supposed to be led by three co-chairs. Several months ago, two of the cochairs resigned. Only one of them was replaced, leaving a vacancy for the past several months. What is going on in the MVCCA?

The September MVCCA "Record" reveals that the MVCCA intends to vote on revised Bylaws at its October Council meeting. However, the proposed revisions are nowhere found on the MVCCA's website. Surely an organization that wishes to represent the entire community would allow the community to weigh in on the proposed revisions. Apparently

As readers of the Gazette know, I have written numerous letters to the editor explaining the essential nature of Article VI, paragraph 6 of the current MVCCA Bylaws to the good name and reputation of the MVCCA. That section now reads as follows:

"6. In order to maintain the nonpartisan status and reputation of the Mount Vernon Council, no person who is an employee of, candidate for, or holding an elective or appointive policy-determining position with Fairfax County or who is an officer of a political party may serve as an officer or a member of the Board of Directors."

The revised Bylaws intend to replace this essential provision with the following Article VI, Section 5:

"SECTION 5. ELIGIBILITY. In order to maintain the nonpartisan status and reputation of the Mount Vernon Council, no person who is a candidate for, or holds, an elective position with Fairfax County, who is an officer of a political of interest may serve as an Officer or a member of the Board of Directors. A removal under this section shall be considered a removal for cause."

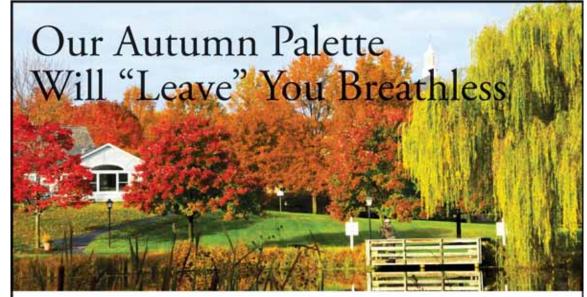
If this revision is enacted, there will be no further reason to seriously consider any position the MVCCA takes on any issue. The proposed revision replaces the exclusion of appointees to policydetermining positions in Fairfax County with a loose conflict of interest exclusion. The remedy should such a conflict of interest be discovered is "removal for cause." The proposed Bylaw revisions require a 2/3 vote of the General Council to remove an Officer or Director. In an explanatory letter to member association presidents explaining this proposed change, the justification is stated as follows:

"The previous language was considered both too ambiguous and potentially too far-reaching and that a better standard was whether a conflict of interest or partisan interest existed which was so pervasive that it precluded any participation or existed only on a case-by-case basis which could be 'cured' by disclosure and/ or recusal or was unrelated to the position sought. It was felt inappropriate to potentially exclude active members of the community or anyone employed by the County without a showing of direct, unresolvable conflict. In addition, the General Council was given the ability to determine eligibility, and any removal of a member of the Board of Directors for cause, such as a conflict of interest, now requires Council ratification."

I beg to differ. The current Bylaw provision is unambiguous and as clear as can be. The core question is: Are members of the MVCCA's Board representing citizens or are they representing government? They must make a choice. Under the current Bylaws, one member of the MVCCA Board has concurrently served for three years as an appointed member of the policy-determining County Wetlands Board. The MVCCA Board refuses to remove her from the Board. If they wouldn't remove her under the current Bylaws, under the proposed Bylaws, no one will ever have to fear removal based upon conflict. For this to occur, the MVCCA Board would have to recommend removal by a majority vote and send that recommendation to the Council which would have to approve the recommendation by a 2/3 vote. Based upon MVCCA operations under the current Bylaws, this is as likely as finding life on Pluto.

No doubt, watering down the party, or otherwise has a conflict conflict of interest exclusion in the current Bylaws will render the MVCCA insignificant. The MVCCA should refrain from changing this

SEE LETTERS, PAGE 12



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LETTERS

From Page 11

provision and if its Board proposes it to the General Council, the General Council should turn it down. If the MVCCA wants to revise its Bylaws to enhance its ability to represent the community as a whole, it should include in its proposed revisions a change in the voting power of its members. One reason the South County Federation (SCF) is considered representative of its members is that its Bylaws require voting power to be based upon community association size. In the SCF, communities with greater numbers of members carry a greater number of votes in SCF meetings, with five distinct levels of voting power. See Article IV, Section 1(e): http:// southcountyfederation.org/docs/ SCF_bylaws.pdf By stark contrast, in the MVCCA current Bylaws and proposed Bylaws, a member association with 10 members has the same voting power as one with 1,000 members. Thus, the current MVCCA has 42 members and a requirement of nine members present to achieve a quorum. As

such, the Bylaws can be revised at a General Council meeting where nine member associations are represented and six of them representing a total of 60 members vote in favor, 60 members out of over 125,000 residents of the Mount Vernon District. This is only absurd if anyone in a position of authority such as Supervisor Hyland considers resolutions of the MVCCA to be representative of community thought.

> H. Jay Spiegel Mount Vernon District

BULLETIN BOARD

From Page 5

identification are required at checkin. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

MONDAY/OCT. 6

where I've finally found my family."

Helena Scott

Call

Public Discussion. 7-8:30 p.m. at Sherwood Hall Regional Library. An open discussion of the relationship between police and the community. There will be several speakers but most of the time will be left for public comment and questions. No registration or RSVP required.

Contact Louis Meyers at Doclbm2@aol.com or 703-244-7898.

THURSDAY/OCT. 9

Public Meeting. 6-8 p.m. at the South County Government Center, 8350 Richmond Highway. The Virginia Department of Rail and Public Transportation will continue to explain the Route 1 Multimodal Alternatives Analysis project. Visit www.Route1MultimodalAA.com for

THURSDAY/OCT. 9

Meet the Candidates. 8-9:30 a.m. at Belle Haven Country Club, 6432 Fort Hunt Road. Meet 8th Congressional District candidates Micah Edmonds (R) and Don Beyer (D). A full breakfast buffet will be served

beginning at 8:00 am. Program begins at 8:30 a.m. \$25 per person for Chamber members and their guests; cost \$35 per person, nonchamber. Visit mtvernonleechamber.chambermaster.com/ events/details/october-businessbreakfast-1351.

SATURDAY/OCT. 11

Office Hours. 12:30-2:30 p.m. at the Sherwood Regional Library, Conference Room 3. Dan Storck, Mount Vernon District School Board Member for Fairfax County Public Schools, will host Saturday community office hours. Members of the community are invited to stop by to ask questions or to discuss concerns, no appointment necessary. Contact Dan Storck at Dan.Storck@fcps.edu for more.

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News

Visitors browse through tables of gift ideas at the fall fair.



St. James Hosts Fall Craft Fair

nder blue skies, St. James Church on Mill Road held its annual fall craft fair on Saturday, Sept. 20. Sixty-six vendors displayed their work. Volunteers served up chili and hot dogs for lunch in the church hall.

Amanda Gallagher of Fanciful Flourishes offered finger puppets and felt toys for sale.





Retired school teacher Cindy Wilson displays one of her decorated grape vine wreaths.

Рнотоѕ ву LOUISE KRAFFT/ **GAZETTE**



Rachel MaGann of MtoM Inspirations with a selection of her special occasion glassware.



Andrea Romyn of Bugs & **Guppies shows one of her** yarn and felt covered wreaths.



Join Us for the **Heritage Market & Coffee House** Saturday, October 25th, 9:00 AM-noon

Heritage Presbyterian Church 8503 Fort Hunt Rd., Alexandria, VA 22308

- » Made by the Belles craft sale will include homemade soup mixes, cookbooks, jewelry, aprons, scarves, wine totes, ornaments, placemats, coasters, and more.
- » Purchase baked goods, regifted treasures, and bid on Silent Auction items.
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Classic Colonial-Just off Parkway! Just minutes from Old Town, this fabulous classic Colonial is

in premier setting on gorgeous 1/2 acre corner lot just steps from River, bike path, & all the Parkway amenities. Features include open floor plan, sunroom, expanded kitchen with dramatic informal dining area, hardwood floors, 4 bedrooms, 3.5 baths, thermal windows, finished lower level, oversize, side load 2 car garage. Best price for large home in this prime location! OPEN SUN 9/28, 1-4! GW Pky S; R-River Farm Rd; R-Beatty Dr.



3810 Westgate Dr Westgate Stunner

Remarkably attractive price for totally updated spacious Colonial in wonderful Westgate, one of area's premier communities. Fabulous features include: open floor plan, sun room, amazing custom kitchen, 4 BRs, 3.5 updated baths, 4FP, finished lower level and side load two car garage. Magnificent grounds with patio and large level open spaces. Impossible to duplicate this incredible property at even close to this price!



9409 Ludgate Drive \$1,890,000

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cent river views.



Susan Batchelder 703.919.8359 ALEXANDRIA \$465,000 OPEN SUNDAY 1 - 4

3820 VERMONT CT Classy 3BR/2.5BA townhouse has elegant living/dining areas, eat-in kitchen, over-sized LL family room with fireplace, Private patio opens to community green space. Minutes to Old Town, PTO, DC. Public transport close by. Enjoy life in your own



Katherine Ward 703.627.8782 ALEXANDRIA / Commercial Space \$ 3,350/month

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Franki Roberts 703.898.0840 ALEXANDRIA / Hollin Hills \$ 699,000 OPEN SUNDAY 1 - 4

7424 REBECCA DR NEW PRICE for this 3 level, 48R/28A. All thermopane windows. Skylights, vaulted ceilings. Treetop living room, freplace. Separate diring room, freplace. MasterBR suite. Large eat-in kitchen. Family room. Private patio. Artistic features.



Catherine Parker 703.627.5688 ALEXANDRIA \$ 294,000 www.6602ThackwellWay-B.com

Immaculate original owner is top notch. Nothing left to do. It has a bright sunny exposure and beautiful patio. Heated masterBA floor under Travertine tile, new HVAC & HW tank in '12 and all appliances we been replaced + double pane windows. Wegm



Emily Capelli 703.472.1282 & Ann Logsdon 703.568.8433 ALEXANDRIA \$ 650,000 OPEN SUNDAY 1 - 4

4504 PENWOOD DR Less than 3 miles to 3 Metrosi Classic 48R/3:58A Colonial with brand new kitchen boasting SSA, grantle, breakfast bar. Family room off kitchen with gas fireplace. MBR suite. Finished walk-out LL. Screened porch, brick patio, landscaped yard.



Franki Roberts 703.898.0840 ALEXANDRIA \$615,000 OPEN HOUSE 2 - 4

7830 MIDDAY LN Take another look! Back on market with complete redo! Painting completely redone! Lovely 2-level home with quiet country feel, open flow. Fenced in yard, in-ground pool with pool house/studio ML master bedroom. Separate laundry 48R/3FBA



Pat Tierney & Mary Taylor 703.850.5630 or 785.5619 ALEXANDRIA / Porto Vecchio \$ 785,000

DREDUCTION! RAMATIC PRICE Rarely available residence has 2BR/2.5BA + den offering the privacy and feel of a single family home. Wood-burning fireplace in living room, solarium with views of the Potomac River and sunsets. Garage space/additional storage rm.



ALEXANDRIA \$555,000 OPEN SAT & SUN 1 - 4

4601 MANOR DR Large traditional brick home on beautiful corner lot with many builder upgrades. Granite kitchen, extra cabinets, double master suites, 2-car garage, hardwoods on LL. Interior freshly painted



Kim Muffler 703.282.7739 ALEXANDRIA \$510,000

Positively pristine 4BR/2.5BA Colonial on incredible .30 acre fenced lot in private cul-de-sacl. Impeccably maintained with newer roof, siding, windows, doors, HVAC and more! Tons of room to entertain and play. Close to Metro, Old Town, Ft Belvoir and commuter routes.



Martha Deal 703.622.6797 ALEXANDRIA / Porto Vecchio \$ 459,000

INCREDIBILE PRICE IMPROVEMENT! Spaggous 1BR/1BA (1,068sf) with eat-in kitchen. Balcony with sunset views overlooking tennis courts, river, golf course. Marble toyer, crown moulding. Garage with parking space and extra storage. Sale subject to lease



Mary Bourke 703.906.5825 FALLS CHURCH \$ 949,000

Traditional Colonial featuring 4BR plus bonus room, 3.5BA and 2-car garage 9 ft ceilings on first floor and cathedral ceiling in foyer. Main level bedroom. Handicapped accessible bath. Large eat-in kitchen



Pia Taylor 301.661,9974 ALEXANDRIA \$639,000 OPEN SUNDAY 1 - 4

4119 ROBERTSON BLVD Conveniently located center half Colonial with 3 finished levels and oversized 2-car garage just minutes from Ft Belvoir/Old Town/DC Designed for entertaining gourmet kitchen.



Michael Manuel 703.615.6317 ALEXANDRIA / Rivergate \$ 974,900

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Mary Lou Sage 703.851.5441 ALEXANDRIA / Mt. Vernon \$ 560,000 OPEN SUNDAY 2 - 4

8909 BORDEAUX ST Brick split level located on 5 acre lot with Large kitchen has SSA, island, family room with exposed brick plus door to patio. Beautiful organic flower garden with stone walk ways.



Pat Tierney & Mary Taylor 703.850.5630 or 785.5619 ALEXANDRIA \$ 695,000 OPEN SUNDAY 1 - 4

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FALL FUN & ENTERTAINMENT



Cast members celebrate following the Sept. 21 performance of "Three Sistahs" at MetroStage. Pictured are Bernadine Mitchell, Ashley Ware Jenkins, Roz White, Carolyn Griffin, Thomas W. Jones II, William Hubbard and William Knowles.



Thomas W. Jones, left, and William Knowles, right, get in on some selfie fun at the post-show reception of "Three Sistahs."



Bernardine Mitchell, center, with Ashley Ware Jenkins and Roz White star in the MetroStage production of

It's All Relative "Three Sistahs" returns to MetroStage.

By Jeanne Theismann

The Gazette

t's the third funeral in as many years for Olive, Marsha and Irene, sisters brought together by tragedy in "Three Sistahs," a poignant tale of family relationships now playing at MetroStage Theatre.

Set in Washington, D.C., in 1969, the social turmoil following the assassinations of Malcom X, Martin Luther King, Jr. and Robert Kennedy engulfs the trio as they reunite at their childhood home after the funeral of their younger brother Andre, a victim of the Vietnam conflict.

"This was healing," said Ayanna Gregory, daughter of Civil Rights activist Dick Gregory. "As I listened to people weeping in the audience, I thought 'This is what we need.' The show breaks color, social and economic lines and touches everyone's heart."

Written by Janet Pryce and Thomas W. Jones II with original music by William Hubbard, "Sistahs" is a gospel musical inspired by Anton Checkov's "Three Sisters." The show made its worldwide debut at MetroStage in 2002 and is now opening the theater's 2014-2015 season.

Reprising her role as Olive, a single academic and the eldest of the three sisters, is the internationally acclaimed Bernardine Mitchell, a 2005 Helen Hayes Outstanding Lead Actress winner for her role in MetroStage's production of "Mahalia."

Mitchell is a powerful presence with an unassailable voice, soothing in her soulful ballads and soaring in hilarity in songs like "Basement Kind of Love" and "Barely Breathing."

Roz White, another Helen Hayes award winner, is Marsha, the melancholy middle

sister who has married and moved to Ohio, and tragic loss that hangs in the air throughgetting everything she thought she wanted

vet pondering why her life is still so unsatisfying.

Rounding out the trio is MetroStage newcomer Ashley Ware Jenkins as Irene, the baby sister with a militant Angela Davis '60s attitude.

The vocal performances of Mitchell,

White and Jenkins are astounding, creating musical poetry from the lyrics and music of Jones and Hubbard. As director, Jones uses subtle but significant symbols, such as a triangular folded flag, or combat boots and duffle bag, to convey the heartbreak

out the show.

"The show breaks color, social and economic lines and touches everyone's heart."

— Ayanna Gregory, daughter of Civil **Rights activist Dick Gregory**

"Three Sistahs" is a compelling production that showcases the extraordinary voices of Mitchell, White and Jenkins, who take the audience on a journey that ultimately celebrates the unique and unbreakable bonds of family and sister-

"Three Sistahs" is playing now through Nov. 2 at MetroStage, 1201 North Royal St. For ticket information, call 703-548-9044 or visit www.metrostage.org.

Calendar

Email announcements to gazette@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Doggy Happy Hours. 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Thursdays during the summer. Free, drinks sold separately. Treats and water for dogs, with pet boutique and service vendors. Portions of proceeds benefit People. Animals. Love. Visit www.Monaco-Alexandria.com/ alexandria-hotel/doggy-happy-

Port City Playhouse's 37th Season. Port City Playhouse, 1819 N. Quaker Lane. Port City Playhouse will begin its 2014-15 season with the premiere of Black Hole by Jean Koppen. Performances are Friday-Saturday, Sept. 26-27 at 8 p.m., with matinees on Saturday, Sept. 27, at 2 p.m. General admission tickets are \$18 for adults, \$16 for seniors, military and students, and \$14 for groups of ten or more. Visit portcityplayhouse.org.

"Metamorphosis" Juried Art

Exhibit. Runs Friday, Oct. 3 through Sunday, Nov. 2, Thursday noon-6 p.m., Friday and Saturday noon-9 p.m., Sunday noon-6 p.m. Reception Friday, Oct. 3, 7-9 p.m. Del Ray Artisans Gallery.Transformative art embodying 'change'. Visit www.TheDelRayArtisans.org

Art Display. Through Oct. 5 at Margaret W. and Joseph L. Fisher Art Gallery, Northern Virginia Community College. Electronic Aesthetics by sculptor Eric Celarier and painter Glen Kessler will be on display, and viewing is free and open to the public. Open Friday-Sunday 10 a.m.-

Exhibition of New York. Through Oct. 12 at 105 N Union St. studio 312. View work by French impressionist Danny Conant and Shadow Series by E. E. McCollum. Open daily 11 a.m.-5 p.m and 2205 for more.

Hacking Objects of Desire. Through Oct.19 in the Target Gallery. Norwegian Sámi artists Joar Nango, Silje Figenschou Thoresen,and Sigbjørn Skåden examine pertinent questions about commercialism and globalism.

Art Exhibit. Through Oct. 6 at Principle Gallery, 208 King St. Showcased inside the historic Gilpin house built in the 1790s, the gallery is highlighted by its original fireplaces, signature rust-colored walls and beautiful open skylight. Sunday and Monday, noon-5 p.m. Tuesday-Thursday , 10 a.m.-6 p.m. Friday-Saturday, 10 a.m.-8 p.m. Contact Jessica at 703-739-9326 or info@principlegallery.com for more. **Art Exhibit**. Through Oct. 26 at the

Vola Lawson Animal Shelter, 101 Eisenhower Ave. "All Creatures Great and Small" is an animal themed, fundraising exhibit. Both nonprofit organizations receive a percentage of each sale. Monday-Thursday, noon-7 p.m. and Saturday-Sunday, noon-5 p.m. Visit TheDelRayArtisans.org/ AWLA for more.

National Treasure Tour. Through Oct. 31. 1-3 p.m. at George Mount Vernon Memorial Highway. A tour dedicated to the behind the scenes filming of "National Treasure 2: Book of Secrets." \$5 in addition to estate admission. Visit

www.mountvernon.org/ for more. Art Exhibit. Through Oct. 31 at at Prudential PenFed Realty, 300 N

Washington St., Suite 100. The artwork of Wendy Band, Sharon Frey and Linda Lowery in the small group show: "Three Artists, Three Visions" will be displayed. Monday-Friday, 9 a.m.-5 p.m. Vist TheDelRayArtisans.org/ PrudentialPenFed for more.

October-long Star-Spangled

Banner Exhibition. George Washington's Mount Vernon has partnered with Maryland Historical Society to display Francis Scott Key's original draft of the Star-Spangled Banner in the Donald W. Reynolds Museum and Education Center in commemoration of the poem's bicentennial. The exhibition of the manuscript will be surrounded by panels describing Mount Vernon at the time the poem was written. A day of activities focused on the manuscript and its connection to Mount Vernon will take place on

Photography Exhibition. Friday, Oct. 10 through Sunday, Nov. 9, 10 a.m. - 4 p.m. Monday through Friday and during performances. Schlesinger Center Margaret W. & Joseph L. Fisher Gallery, 4915 East Campus Lane, Alexandria. "The Man in the Bowler Hat" is an exhibition by photographer Michelle Rogers. Visit www.nvcc.edu/schlesingercenter/ gallery.html.

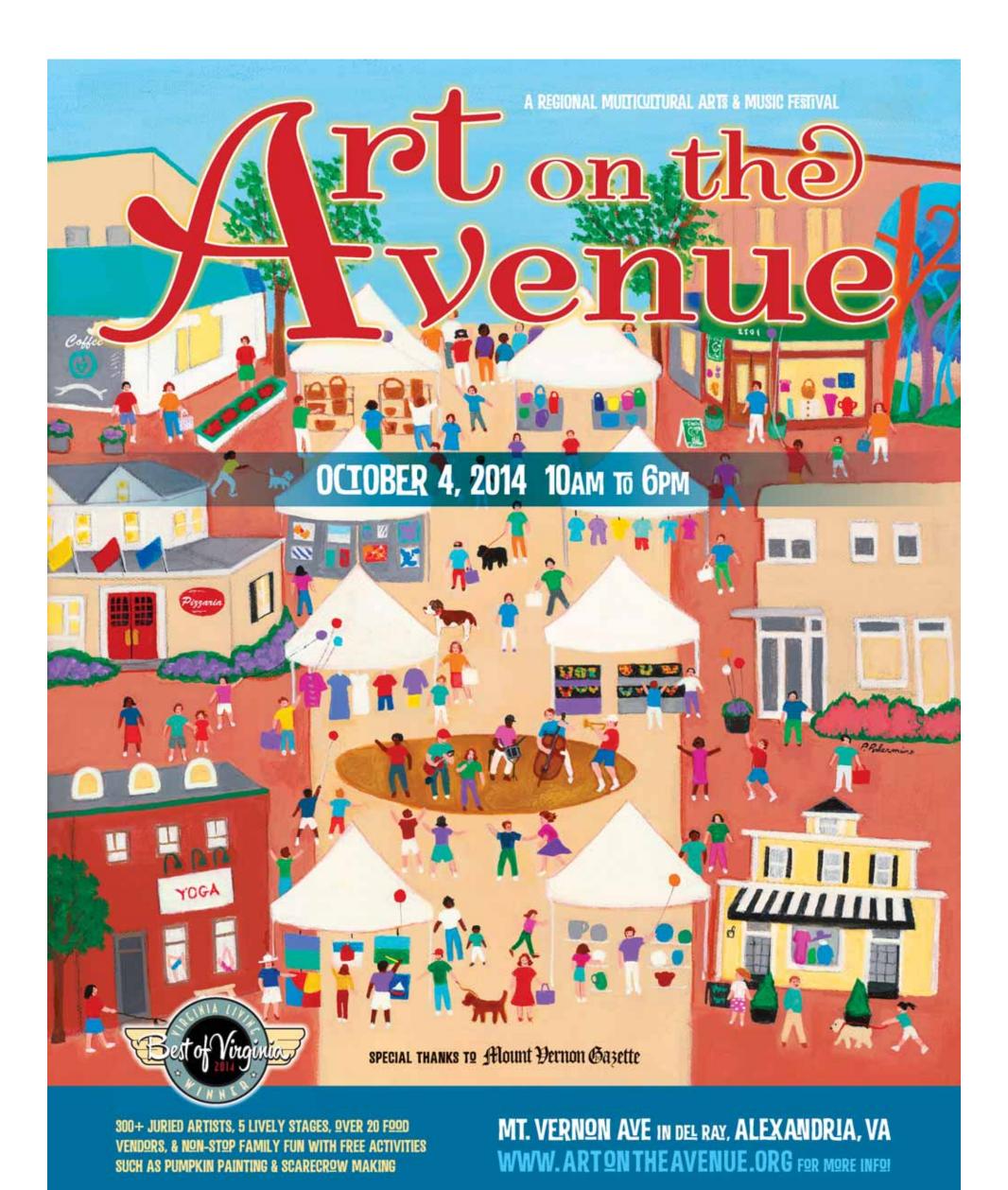
Art Exhibit. Through Jan. 2 at 1717 King St. and 300 S. Washington St. BB&T Bank hosts an exhibition of portraits of African American and women Living Legends of Alexandria at its Old Town branches. Monday-Thursday 9 a.m. 5 p.m. and Fridays 9 a.m.-6 p.m. Visit

www.AlexandriaLegends.com. George Washington's Mount

Vernon has joined Thomas Jefferson's Monticello and James Madison's Montpelier to expand the "Presidents Passport," Virginia's premier presidential trail. As an added bonus to this year's program, visitors to the Alexandria Visitors Center at 221 King St. showing or purchasing a ticket to any of the three presidential estates will, upon request, receive for free Alexandria's access into nine historic sites and museums in Alexandria - a \$26 added value. Visit

www.PresPassport.Monticello.org. Fifty Years of Collecting. Tuesday-Saturday 10 a.m. to 5 p.m., Sundays

SEE FALL FUN, PAGE 18



www.ConnectionNewspapers.com

Mount Vernon Gazette ❖ September 25 - October 1, 2014 ❖ 17

Hope

Rising Hope Fundraiser

It is time again for The Hope Grows Gala! Our fundraising dinner, dance, and auction will be held at the Waterford at Springfield on Friday, October 3rd!

We will be enjoying an evening of spirited silent and live auctions, fantastic hors d'oeuvres and entrées, and live entertainment from an up-and-coming local band! Please join us in this unique and exciting opportunity to support Rising Hope in their mission to reach out to the Least, the Lost, and the Lonely along the Route 1 Corridor!

To learn more about the event, purchase tickets or sponsorship packages (including group admission, program ads, event recognition, and more), or make a financial donation, visit us at www.risinghopeumc.org.

OCTOBER 3RD, 7:00 PM WATERFORD AT SPRINGFIELD

6715 COMMERCE STREET, SPRINGFIELD, VA 22150

Donations of goods and services for the auction are gratefully accepted.

For details or to learn other ways you can help, email stemory@aol.com or call (703)360-1976.

Special thanks to Mount Vernon Gazette



FALL FUN & ENTERTAINMENT

ASO Season Opens on a 'Dare'

By Kim Allen Kluge Music Director, Alexandria Symphony Orchestra

am very excited about the Alexandria Symphony Orchestra's opening night concert on Saturday, September 27th at the Rachel M. Schlesinger Concert Hall & Arts Center. "Dare to... Embrace the World" is the title of this colorful and exuberant concert that launches our 2014-2015 "Dare to..." Sea-

Some music aims primarily to delight the senses. Other music engenders escapism and fantasy. The music on the ASO's 2014-2015 "Dare to..." Season does indeed ravish the senses and it does provide a much needed respite from our daily concerns, but it

MAESTRO'S Musings

does something else that goes even further. This music has an intensity of feeling and such a passionate poetry about it that it almost seems to dare the listener to feel more deeply

— to live more fully. I know that this may sound like an exaggerated claim, but I can say in my defense that this music has affected me personally exactly in that way. I feel that the music to this "Dare to..." Season has changed me in significant ways. It has shaped who I am, my values and the way I perceive and relate to the world. It has dared me to feel more deeply, to transcend my own perceived self limitations, and to more fully embrace life and the world around me. I feel a deep sense of gratitude for being able to encounter and experience this music in such a personal way.

There is a long tradition of this type of "daring" symphonic music (which I will explore in a subsequent "Musing"). Suffice it to say, that a certain composer with the first name of Ludwig had a lot to do with establishing this kind of music.

The ASO's "Dare to..." Season will explore through five different concerts — five different ways that music can "dare." Our opening concert, "Dare to... Embrace the World" draws on many rich cultural traditions ranging from American jazz and the Broadway musical, to Latin American and Middle Eastern influences, to the great Russian musical tradition. What unifies this extraordinarily vivid music is its visceral quality and a powerful immediacy of feeling. The daring element heard in Leonard Bernstein's "West Side Story" owes much to Shakespeare's "Romeo and Juliet" upon which it is based, and inspires the listener to contemplate the meaning of forgiveness. Rachmaninoff's Second Symphony represents an entire world of emotion and such profoundly felt sentiment that I feel simultaneously exhausted and elated after conducting it.

Another all-important quality shared by the music on our "Dare to...Embrace the World" concert is it's "universality" of appeal and accessibility. This music dares to speak directly and simply to the heart through beautiful soaring melodies and sensuous harmonies and textures. These qualities help to give this music its global and "everyman" appeal.

I am especially pleased and proud that all of these elements can be found in the music of this year's winner of the Kluge Young Composer's Competition, Nebal Maysaud. His "O Great Mystery" will receive its world premiere at our "Dare to...Embrace the World" concert. Maysaud's music embraces so many of the qualities that I find in this new generation of composers' music — eclecticism, strong individuality and deep sentiment and feeling, and a globalist world-view and desire to reach across cultural and national boundaries. I strive for these qualities in my own musical compositions that I write with my wife Kathryn, and am heartened to see them embraced by so many young composers. The future of symphonic music is exciting indeed.

See you at the concerts.

The Alexandria Symphony Orchestra opens their season with "Dare to... Embrace the World" on Sept. 27 at 8 p.m. at Schlesinger Concert Hall and Arts Center, 3001 N. Beauregard St. Visit www.alexsym.org or call 703-548-0885.

CALENDAR

From Page 16

noon to 5 p.m. Fort Ward Museum 4301 West Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-

Dinner for the Washingtons. Noon Act George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit www.mountvernon.org/ for more.

Second Thursday Music. Athenaeum, 201 Prince St. 7 pm. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk has been a weekly event at Huntley Meadows since 1985. It takes place every week, rain or shine (except winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free of charge, requires no reservation, and is open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Direct questions to Park staff during normal business hours at 703-768-2525.

CAMPS, CLASSES & WORKSHOPS

Creating and Portraying a Living History Character. This four-part

workshop taught by an experienced first-person interpreter will demonstrate how to research and develop a first-person character, select appropriate period clothes, offer practice sessions in character, and provide an opportunity (and goal) to step out onto the "stage" during Gadsby's Tavern Museum's 2014 Candlelight Tour Program. Meant for beginners, participation in all four classes is recommended. Classes are held at Gadsby's Tavern Museum, 134 N. Royal Street 2-4 p.m. on Sundays, Oct. 5, Nov. 2, and Dec. 7. Cost is \$40 for the series, \$12 per class as space allows: tickets must be purchased in advance either through the online shop at http:// shop.alexandriava.gov or by calling 703-746-4242. Visit www.gadsbystavern.org for more.

Sewing Classes. Introduction to Machine Sewing for Kids and Saturday, Sept. 27, 10-11:30 a.m.: Sewn Collage for Kids -Thursdays through Oct.23, 4:15-5:45 p.m. or Saturdays through Oct. 25, 10-11:30 a.m.; Sewn 3-D Creations for Kids — Thursdays, Nov. 6-20 or Saturdays, Nov. 8-22, 10-11:30 a.m. Visit www.artatthecenter.org/

 $registration-fall 2014. htm\ to\ register.$ **Photography Workshop.** 10:30 a.m.-noon at Multiple Exposures Gallery on 105 N. Union St. Photographers and enthusiasts of all skill levels are invited to share work, ideas, and questions at this free workshop held on the last Sunday of each month, except December. No reservations. Call 703-683-2205.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Just drop-in for the session and bring your supplies to draw or paint our live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

TUESDAY/SEPT. 2-SUNDAY/OCT. 12

Photography Exhibit. Opening Reception on Sunday, Sept. 7, 2-4 p.m. Gallery Hours 11 a.m.-5 p.m. daily and 2-9 p.m. on Thursdays at Factory Art Center #312, 105 N. Union St. E.E. McCollum will be showing images from his "Shadow Series" and Danny Conant will be showing "French Impressions." Visit www.dannyconant.com or

SEE FALL FUN, PAGE 20

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 Color logo on event banner displayed at banquet
- Twelve (12) raffle tickets

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- Opportunity to provide participant giveaways
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 Color logo on event banner displayed at banquet
- Eight (8) raffle tickets

Silver - \$2,500

- Signage at golf bag drop
 One (1) hole sponsorship
 Four (4) golfers
- Six (6) raffle tickets
 Color logo on event banner displayed at banquet
- Opportunity to present skills competition awards or raffle prizes

Bronze - \$1,500

- One (1) hole sponsorship, Two (2) golfers & Four (4) raffle tickets
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FALL FUN & ENTERTAINMENT

From Page 18

www.eemccollum.com for more.

SEPT. 9-OCT. 14

Art Gallery. 10 a.m.-5 p.m at Studio 18 of the Torpedo Factory, 105 N Union St. In "Architectural Interpretation," artists create fiber art inspired by architecture. Free. Visit www.Potomacfiberartsgallery.com.

THURSDAY/SEPT. 25

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Tower of Power. \$55. Visit www.towerofpower.com or www.Birchmere.com for more.

Banned Book Read-Out. 7 p.m. Athenaeum, 201 Prince St. The public is invited to read 5-7 minute selections from banned or challenged books. A discussion will follow. Email admin@nvfaa.org to reserve a spot to read. Free. www.alexandria.lib.va.us

Icons of the American Culture

Opening Reception. 4 p.m. The Athenaeum, 201 Prince St. David Allison is a master photographer and has created a series of portraits of the objects he considers icons of American culture. Free. Visit www.nvfaa.org or call 703-548-0035

Library Survivor. 7 p.m. The Athenaeum, 201 Prince St. Library Survivor is a game where participants pretend that the library is on fire and the trucks are loaded with books to be saved. Five books remain on the shelves, but there is only room on the truck for one more book. Five banned books (played by five actors) will defend their importance to the audience, who will decide their fate. Visit www.nvfaa.org or call 703-548-

THURSDAY-SUNDAY/SEPT.25-OCT.5

Arts on the Horizon. 10:30 a.m. The Athenaeum, 201 Prince St. Imagine a theatrical world designed especially for babies and young toddlers to enjoy, inspired by the wonders of the rainforest. Whistling flowers, a clacking caterpillar, and brightly colored umbrella birds await. Under the Canopy is a 20-minute, interactive, nonverbal show geared for children 0-2 (and their 3-4 year old pals). Performances are Sept. 25-26, 28, and Oct. 1-3, 5. Tickets are \$5 for children and adults and can be purchased online at www.artsonthehorizon.org or at the door on the day of the performance. Call the box office at 703-967-0437.

FRIDAY/SEPT. 26

Swing Dance with Rock and Roll

Relics. Drop-in beginner swing lesson 8:30-9 p.m., 9 p.m.-midnight dance. Hilton Washington Dulles Airport, 13869 Park Center Road, Herndon. Join Tom Koerner and Debra Sternberg in swing dances to The Beatles, Beach Boys and The Mamas and The Papas. \$15. Visit www.gottaswing.com or call 703-359-9882.

SATURDAY/SEPT. 27

Community Health Fair. 9 a.m.-3 p.m. at Alfred Street Baptist Church, 301 S. Alfred St. Free Health screenings available. Call 703-683-

2222 for more. **Costume Symposium**. 9 a.m.-5 p.m. at Gadsby's Tavern Museum,134 North Royal St. Speakers will explore the influences on fashion in 1814, the cut and construction of 1812 military

uniforms, the creation of race based fashions in the new nation, and a detailed look at one fashionable wardrobe. Call 703-746-4242 or visit

www.gadsbystavern.org for more. **Historic Alexandria Homes**

Tour.10 a.m.-3 p.m.The public can step inside and get a glimpse of six gorgeous homes and gardens in Old Town Alexandria, all within walking distance of one another. Contact 703 746-3301 or visit www.thetwig.org/ homes-tour for more.

Family Fun on Alexandria's

Waterfront. 10 a.m.-4 p.m. Waterfront Park (foot of Prince Street) Old Town, Alexandria. Live music, wooden boat show, gutter boat races, boat building demonstrations, exhibits and chowder cook off. Visit www.alexandriaseaport.org for more.

Community Festival. 11 a.m.- 3 p.m. at Mount Vernon Hospital, 2501 Parkers Lane. A community festival, will showcase the best schools, businesses and community groups. Vist www.mtvernon-leechamber.org.

Historical Tour. 1-4 p.m. at Historic Huntley, 6918 Harrison Lane. Tour this unfurnished villa built in 1825 for Thomas Francis Mason, a grandson of George Mason. Call 703-768-2525 or vist

www.historichuntley.org for more. Library Survivor. 2-3:30 p.m.

Athenaeum, 201 Prince St. Part of Banned Book week, a game in which to pretend the library is on fire and the public has to decide which book gets the last spot on the rescue truck. Free. www.alexandria.lib.va.us

Live Music. 7:30 at the Birchmere, 3701 Mount Vernon Ave. Maysa performs. \$55.00. Visit

SEE FALL FUN, PAGE 21



Fort Belvoir Covenant Renewal Live Music **Local Business Expo** Free Kid's Activities **Food Vendors Eco-Friendly Businesses**

FREE Admission



Saturday, September 27

11:00 am to 3:00 pm **Inova Mount Vernon Hospital** 2501 Parkers Lane, Alexandria, VA 22306

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HOSPITAL



Mount Vernon Gazette





FALL FUN & ENTERTAINMENT

From Page 20

www.birchmere.com for more. Musical Performance. 8 p.m. at Rachel M. Schlesinger Concert Hall. "Dare to Embrace the World" conducted by Kim Allen Kluge will feature several symphony performances. Call 703-548-0885.

SUNDAY/SEPT. 28

Beginner Christmas Cookie

Decorating. 10 a.m. at La Cuisine, 323 Cameron St. Learn how to decorate, bake and ice cookies from Katrina Tines. The cost of the class and materials is \$120. Visit

www.lacuisineus.com for more. **Fall Festival.** 12:30-2 p.m. Front lawn, Aldersgate United Methodist Church, 1301 Collingwood Road. Live music from a local band and activities for children including carnival games, a petting zoo, face painting and balloon twisting. Food trucks will be at the festival with lunch and dessert items for purchase. Call 703-765-

6566 or visit www.aldersgate.net. **Civil War Sunday.** 1-5 p.m. Alexandria Archaeology Museum, 105 North Union St. Explore the Civil War in Alexandria with Civil War Sundays. See an original May 26, 1861, edition of The New-York Tribune detailing Colonel Elmer Ellsworth's death in Alexandria, a Peeps diorama of a heating system to warn hospital tents during the winter of 1861, a cocked and loaded Wickham musket discarded in a privy during the 1860's and more. Please visit www.alexandriaarchaeology.org or call 703-746-4399.

Summer Chamber Series at the Lyceum. 3-5 p.m. The Lyceum, 201 South Washington St. The Washington Metropolitan Philharmonic Association continues its Summer Chamber Series at The Lyceum. This week's program features the Eclipse Chamber Recital: Jan Chong (violin), Eugena Chang (cello), Ellen Hwangbo (piano). Brahms: Violin Sonata No. 3; Mendelssohn: Piano Trio No. 2. Free, donations are welcome. Please visit www.alexandriahistory.org or call 703-746-4994.

Autumn Open House. 1-4 p.m. at Simpson Park Demonstration Gardens, 400 East Monroe Ave. Visitors are invited to drop by and tour the demonstration gardens. Native plants and plants for pollinators will be featured, along with light snacks and drinks flavored with herbs from the scented garden. Visit www.ext.vt.edu for more.

Crave Returns. 7-9:30 p.m. at Torpedo Factory Art Center, 105.N Union St. This dinner will connect innovators with enthusiasts and supporters to fund new creative community projects. Visit $torped of actory.org/crave\ for\ more.$

Live Music. 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Ralph Stanley and the Clinch Mountain Boys. \$35. Visit http:// drralphstanlevmusic.com or www.birchmere.com or call 703-549-7500.

TUESDAY/SEPT. 30

Book Club. 7:30 p.m. at Fairfax County Library. Join the discussion about "And the Mountain Echoed" by Khaled Hosseini. Visit va.evanced.info/fairfaxcounty/lib/ eventcalendar for more.

WEDNESDAY/OCT. 1

Live Music: Uriah Heep. 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Performance by Uriah Heep. \$39.50. Visit www.birchmere.com or call 703-549-7500 for more.

Swing Dance. 9-11 p.m. Nick's

www.ConnectionNewspapers.com

Nightclub, 642 South Pickett St. Matt Kelley joins forces with keyboardist Ian Walters to bring a night of bluesinspired swing. \$10. Visit www.gottaswing.com or call 703-359-9882.

THURSDAY/OCT. 2

Ford Evening Book Talks. 7 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Ave. A book talk that features authors and historians discussing their latest books about George Washington and the nation's founding era. Space is limited and registration is required. Free and open to the public. Visit www.mountvernon.org/ for more.

FRIDAY/OCT. 3

Senior Services Oktoberfest. 5:30-8:30 p.m. at Port City Brewing Company, 3950 Wheeler Ave. This

event will support Senior Services programs and services. Space is limited. Call 703-836-4414, ext 10 or

visit www.seniorservicesalex.org. **Fall Block Party**.6-9 p.m.Jackson 20 and the Hotel Monaco will host the festival in the courtyard, pulling in market vendors for a night time pop up market. Tickets are \$35. Visit www.eventbrite.com/e/soil-soultickets-12666821805 for more.

Art on Tap. 7-10:30 p.m. at The Art League Gallery, Torpedo Factory Art Center. Sample the creative combinations in a take home Art on Tap beer tasting glass and vote for your favorite and the end of the event. Visit www.eventbrite.com/e/art-on-tap-tickets for more.

Free Concert. 8 p.m. at Alexandria's History Museum, 201 S. Washington St. The United States Air Force Band-Reed Quintet, featuring members of the Concert Band will perform. Call 202-767-5658 or visit www.usafband.af.mil for more.

The Hope Grows Gala. 7 p.m. Waterford at Springfield, 6715 Commerce Street, Springfield. Rising Hope's annual fundraising dinner, dance and auction. Visit

www.risinghopeumc.org for more. **Civil War Wine Dinner.** 7 p.m. Gadsby's Tavern Museum, 134 North Royal St. Five course meal with wines from Gray Ghost Vineyards. Visit http://shop.alexandriava.gov or call the museum at 703-746-4242.

FRIDAY-SUNDAY/OCT. 3-5

Wine Festival. 6-9 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Live music and a view of the potomac while sampling wine from 16 Virginia wineries. \$38 per person Friday and Sunday and \$44 on Saturday. Fruit and cheese boxes are \$26. Visit www.mountvernon.org/ for more.

SATURDAY/OCT. 4

Survive the 5 — 5K Run/Walk. 7:30 a.m. at Cameron Run Trail. The ART of Driving is an award winning educational awareness program for teen drivers and parents. All proceeds will go to educational programs and an annual college scholarship fund. Call 703-968-0975 or visit www.theartofdriving.org for more.

Art on the Avenue. 10 a.m.-6 p.m. Mount Vernon Ave. This annual festival includes more than 300 juried artists selling handmade wares across ten blocks along with four stages for live entertainment. Visit www.artontheavenue.org for more

Gardening with Spring Bulbs. 10

a.m.-noon, Barrett Branch Library 717 Queen St. VCE Master Gardeners of Arlington and Alexandria will present a program on Gardening with Spring Bulbs. Topics covered will include what to plant, which bulbs are less attractive to squirrels and other wildlife, how to select and

store the bulbs until planting time. Free. Advanced registration is required. Call 703-228-6414 or email mgarlalex@gmail.com for more.

SUNDAY/OCT. 5

Woodrow Wilson Bridge

Marathon. 7 a.m. Starts at Washington's Mount Vernon Estate, 3200 Mount Vernon Memorial Highway and ends at National Harbor, Md. Packet pick up Oct. 3, 4-8:30 p.m. and Oct. 4, 9 a.m.-3 p.m. at the U.S. Patents and Trade Office, 600 Dulany St. Minimum age is 13. Half marathon: \$105, for military: \$95. 6K: \$45, For police, fire and EMTs: \$40. After Aug. 31, prices will increase by \$10. Visit register.wilsonbridgehalf.com.

Wreathlaying Ceremony at

Washington's Tomb. 10 a.m. and 3 p.m. Listen to brief remarks about Washington's legacy and its impact on saving Mount Vernon during the War of 1812. A performance of The Star-Spangled Banner will take place while the wreath is laid at the tomb of George Washington. Part of the Star-Spangled Banner exhibition. All activities included in admission: \$18/ adult, \$9/child, children five and under free. Visit www.mountvernon.org for more.

A Musical Tribute Celebrating the Star-Spangled Banner. 11 a.m. and 2 p.m. Robert H. & Clarice Smith Auditorium at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Early American music expert David Hildebrand performs authentic music of the War of 1812. Hildebrand sings and plays upon period guitar, fretless banjo and a variety of flutes. Part of the Star-Spangled Banner exhibition. All activities included in admission: \$18/ adult, \$9/child, children five and under free. Visit www.mountvernon.org for more.

Member Appreciation Party. 6-8 p.m. at Athenaeum, 201 Prince St. Join now at the Supporter level or above and be a guest at Cocktails in La Zona Rosa. Enjoy a night of wine tasting, live music, and enter a drawing for great prizes. Call 703-548-0035 or visit nvfaa.org for more.

MONDAY-THURSDAY/OCT.6-OCT.9

Mental Health Awareness

Week.Beatley Library, 5005 Duke St. This year's topics will include suicide prevention, hoarding a mental illness, the causes and treatment of PTSD and how living with a chronic illness or a physical disability can affect mental health. Visit the Mental Health Anti-Stigma HOPE Campaign Facebook page for more.

MONDAY/OCT. 6

'Fore' the Kids Golf Tournament.

Registration 9:30 a.m., shotgun start 11 a.m. at International Country Club, 13200 Lee Jackson Memorial Highway, Fairfax. All proceeds benefit Boys & Girls Club programs for underprivileged, at-risk youth in Fairfax County. Individual golfers, \$250; foursomes, \$900. Includes greens fees, cart, driving range, post tournament awards dinner, boxed lunch, contests, raffles, prizes, live and silent auction. Visit http:// tinyurl.com/forethekids2014 for more. For sponsorship opportunities, contact Amir Capriles at amir.capriles@microsoft.com or 703-

TUESDAY/OCT. 7

Live Music. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Macy Gray: The Way Tour 2014. \$49.50. Visit www.birchmere.com or call 703-549-7500.

SEE FALL FUN, PAGE 22



Starts Saturday September 27th.

Preview

October 4th Auction Native American Virginia Private Collection Over 1000 Artifacts









and Asian Works of Art

October 18th Auction Session Two

Fine European, American, and English Works of Art



FALL FUN & ENTERTAINMENT

73rd Annual TWIG Historic Homes Tour

Photos by Louise Krafft The Gazette

Six historic Alexandria homes are featured on the 73rd annual TWIG Home Tour on Saturday, Sept. 27. The tour includes a recently restored home on the National Register of Historic Places that was home of George Lewis Seaton. Seaton was the first African-American legislator from Alexandria elected to the Virginia General Assembly in 1873. Other homes on the tour include a federal-style home with its original "flounder" wing, dating from the late 1700s; a home that was once a grocery and another that was first a tannery, and a very small home, built in the 1800s that has been remodeled with creative use of space.

The TWIG Historic Home Tour is Saturday, Sept. 27, 2014 from 10 a.m. to 3 p.m.

Tickets are \$35 each if purchased in advance and \$40 on the day of the tour.

Tickets are now available online at thetwig.org. Tickets are also available during business hours at the Twig Thrift Shop, 106 N. Columbus Street and at the Ramsey House Visitor Center on King Street in Old Town.

On the day of the tour, tickets will be available at the Twig Thrift Shop, at the Ramsey House Visitor Center on King Street, Old Town, and at the Elliott Garden, Old Presbyterian Meeting House.



Climbing vines of flowers overflow over the top of the picket fence at 519 S. Lee Street.



The dining room of the George Lewis Seaton House features original artwork by the current owner.



The gourmet kitchen, in the renovated and expanded 19th century home on S. Lee Street, features an Aga oven.



The original 19th century door lock was moved to the exterior of a storage closet in the front parlor.

Calendar

From Page 21

WEDNESDAY/OCT. 8

The Murray Hill Show. 7:30 p.m. The Birchmere, 3701 Mount Vernon Ave. \$25. Visit www.birchmere.com.

THURSDAY/OCT. 9

Free Concert. 8 p.m. at Alexandria's
History Museum, 201 S. Washington
St. The United States Air Force Band
"An Evening of Music for Brass
Quintet," with the Blue 82 Brass
Quintet, featuring members of the
Concert Band will perform. Call 202767-5658 or visit
www.usafband.af.mil for more.

FRIDAY/OCT. 10

Live Music: Bob Schneider. 7:30 p.m. at the birchmere, 3701 Mount Vernon Ave. Performance by Bob Schneider. \$29.50. Visit www.birchmere.com or call 703-549-7500 for more.

Photography Exhibition. 10 a.m.-4 p.m. Monday through Friday and during performances. Schlesinger Center Margaret W. & Joseph L. Fisher Gallery, 4915 East Campus Lane. "The Man in the Bowler Hat" is an exhibition by photographer Michelle Rogers. www.nvcc.edu/ schlesingercenter/gallery.html

SATURDAY/OCT. 11

Stay Active 10K and 5K. 10K starts at 8 a.m., 5K starts at 9 a.m. at John Carlyle Square Park, 300 John Carlyle St. Benefits the effort to eliminate homelessness in the community and chance for some great physical activity. \$30 participation fee. Free parking. Visit

https://runsignup.com/rockandstroll

for more. Rock and Stroll to End

Homelessness. 8 a.m. at John Carlyle Square Park. Six nonprofits throughout Northern Virginia, will come together to host the event, which includes a 10K/5K timed run, 1K Fun Run/Walk as well as a festival of activities for all ages as a way to raise awareness and funds to support those at risk. Visit runsignup.com/rockandstroll for

more.

Alexandria Art Market. 10 a.m.-4
p.m. in Colasanto Park, 2704 Mount
Vernon Ave. Local artists will
perform. Browse artwork by local
artists and more. Visit
www.TheDelRayArtisans.org/
ArtMarket for more.

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Phil Vassar. \$45. Visit www.philvassar.com or www.Birchmere.com for more.

Walking Tour. 1-2:30 p.m. Friendship Firehouse, 107 South Alfred Street, Alexandria. Explore Alexandria's firefighting history on the "Blazing a Trail: Alexandria's Firefighting History" tour. Participants learn about volunteer firefighting in Alexandria, three devastating fires and five volunteer fire companies. The tour begins at the Friendship Firehouse, goes east of Prince Street and returns to Friendship via King Street. For ages 10 and older. \$6 for adults, \$4 ages 10-17. Reservations are required, space is limited. Call 703-746-4994 or visit www.friendshipfirehouse.net

Concert. 7 p.m. Church of St. Clement, 1701 North Quaker Lane. Focus Alexandria presents Anne Hills in a CD release concert for her new recording "Tracks." Admission is \$18, \$15 for advance sales and members Visit www.focusmusic.org/ venue_alexandria.php or call Herb Cooper-Levy, venue host.

SUNDAY/OCT. 12

Live Music. 7:30 at the Birchmere, 3701 Mount Vernon Ave. The Whispers perform. \$75.00. Visit www.thewhispers.com or www.Birchmere.com for more.

Beginner Halloween Cookie Class. 10 a.m. at La Cuisine, 323 Cameron St. Take this class to learn how to decorate spooky cookies from Katrina Tines. The cost of the class and materials is \$120. Visit www.lacuisineus.com for more.

MONDAY/OCT. 13

Lani Hall: In The Mood. 7:30 p.m. The Birchmere, 3701 Mount Vernon Ave. \$45. Visit www.birchmere.com for more.

TUESDAY-WEDNESDAY/OCT. 14-15

Live Music. 7:30 at the Birchmere, 3701 Mount Vernon Ave. Jake Shimabukuro '2014 Uke Nations Tour.' \$45.00. Visit http://jakeshimabukuro.com or www.Birchmere.com for more.

TUESDAY/OCT. 14

"All Mozart" Benefit Concert. 7:30 p.m. Schlesinger Concert Hall on the Alexandria Campus of Northern Virginia Community College, 3001 North Beauregard St.. The NOVA Community Chorus, under the direction of Dr. Mark Whitmire. The program will include Mozart's Solemn Vespers of the Confessor, K. 339; Concerto No. 10 for two pianos,

K. 365/316a, with Christine Hagan and David Hagan, pianists; and the violin Concerto in G, K. 216 (Movement 1), with Sean Ganous, violin. Free admission for NVCC students, faculty and staff with NOVA ID and for anyone under 18. Tickets are \$15 in advance, \$20 at the door, and are available by calling 703-845-6097 or emailing mwhitmire@nvcc.edu

THURSDAY/OCT. 16

Members Preview Fall Book Sale.

4-8:30 p.m. Charles E. Beatley Central Library, 5005 Duke Street. \$10 memberships available at door. \$3 or less, unless specially marked. Hardbacks, paperbacks, children's books and audio-visual items. All genres. Call 703-746-1702 or visit www.alexandria.lib.va.us for more.

FRIDAY/OCT. 17

Fall Book Sale. 10 a.m.-5:30 p.m. Charles E. Beatley Central Library, 5005 Duke St. \$3 or less, unless specially marked. Hardbacks, paperbacks, children's books and audio-visual items. All genres. Call 703-746-1702 or visit www.alexandria.lib.va.us for more.

SATURDAY/OCT. 18

Fall Book Sale. 10 a.m.-4:30 p.m. Charles E. Beatley Central Library, 5005 Duke St. \$3 or less, unless specially marked. Hardbacks, paperbacks, children's books and audio-visual items. All genres. Call 703-746-1702 or visit www.alexandria.

Photography Exhibition Opening Reception. 3-5 p.m. Artist's talk at 4 p.m. Schlesinger Center Margaret W. & Joseph L. Fisher Gallery, 4915 East Campus Lane, Alexandria. Opening reception for "The Man in the Bowler Hat", an exhibition by photographer Michelle Rogers. Visit www.nvcc.edu/schlesingercenter/ gallery.html for more

gallery.html for more. **Live Music.** 7:30 p.m. in the Music
Hall at the Birchmere, 3701 Mount
Vernon Ave. Raven's Night 2014 'SciFi Phantasm.' \$25. Visit
www.ravensnight.com or
www.Birchmere.com for more.

Concert. 7 p.m. Celebration Center for Spiritual Living, 2849 Graham Road, Falls Church. Focus Falls Church presents Jennifer Cutting, Andrew Dodd and Lisa Moscatiello, of Ocean Orchestra. Admission is \$18, \$15 for advance sales and members. Visit www.focusmusic.org/venue_alexandria.php or call Herb Cooper-Levy, venue host.

SUNDAY/OCT. 19

Fall Book Sale. 1-4:30 p.m. Charles E. Beatley Central Library, 5005 Duke St. \$3 or less, unless specially marked. Hardbacks, paperbacks, children's books and audio-visual items. All genres. Call 703-746-1702 or visit www.alexandria.lib.va.us.

Live Music. 7:30 at the Birchmere, 3701 Mount Vernon Ave. An Evening with Andy McKee. \$25.00. Visit www.andymckee.com or www.Birchmere.com for more.

Intermediate Halloween Cookie Class. 2:30 p.m. at La Cuisine, 323 Cameron St. Venture beyond decorating a pre-cut cookie shape and learn how to draw shapes on a

and learn how to draw shapes on a cookie, create more intricate designs and fashion layering effects with royal icing from Katrina Tines. The cost of the class and materials is \$120. Visit www.lacuisineus.com.

www.ConnectionNewspapers.com

HOME SALES

in the Mount vernion area.

This week's list represents those homes sold in the \$1,599,000-\$269,000 range.

For the complete list, visit www.ConnectionNewspapers.com

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Address	BR I	B H	IB Postal City	Sold Price	. Туре	Lot AC.	PostalCode	e Subdivisior
1806 EDGEHILL DR								
7103 MARLAN DR 9322 OLD MANSION RD								
4205 KIMBRELEE CT								
3808 KINGS HILL CT	5	4	1 ALEXANDRIA	\$975,000	. Detached	0.32	22309	DAWSON WOODS
1210 HUNTLY PL	4	3	0 ALEXANDRIA	\$950,000	. Detached	0.39	22307	MARLAN HEIGHTS
1110 ARCTURUS LN								
4201 KIMBRELEE CT								
8538 MONTICELLO AVE7418 PARK TERRACE DR								
1318 GATEWOOD DR								
1619 COURTLAND RD								
2101 MASON HILL DR	5	2	1 ALEXANDRIA	\$750,000	. Detached	0.35	22306	HOLLIN HILLS
3704 CARRIAGE HOUSE CT	4	3	1 ALEXANDRIA	\$749,500	. Detached	0.40	22309	RIVERWOOL
3100 WATERSIDE LN								
6909 BAYLOR DR 9300 MAYBROOK PL	3	2	I ALEXANDRIA	\$/20,000	Detached	0.2/	22307	WESTGROVE
7818 EVENING LN								
8815 NORTHERN SPRUCE LN								
1113 PRISCILLA LN								
8519 DOTER DR								
7801 DAVENPORT ST	3	3	0 ALEXANDRIA	\$669,000	. Detached	0.34	22306	HOLLIN HILLS
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6303 GOLF COURSE SQ	4	3	1 ALEXANDRIA	\$635.000	. Townhouse .	0.17	22307	OLDE BELHAVEN TOWN
6507 BLUEBILL LN	5	3	0 ALEXANDRIA	\$625,000	. Detached	0.23	22307	BELLE HAVEN EST
8645 PLYMOUTH RD								
7551 LINDBERG DR								
6425 PRINCETON DR								
8305 CEDARDALE DR 7612 WOODRIDGE CIR								
1781 DUFFIELD LN								
2504 LONDONDERRY RD	4	3	0 ALEXANDRIA	\$578,000	. Detached	0.27	22308	STRATFORD LANDING
1208 MORNINGSIDE LN	4	2	0 ALEXANDRIA	\$570,000	. Detached	0.52	22308	WELLINGTON HEIGHTS
8016 KARL RD	4	3	0 ALEXANDRIA	\$563,900	. Detached	0.42	22308	KIRI
2107 SHENANDOAH RD								
8207 MOUNT VERNON HWY 4100 NELLIE CUSTIS CT								
8209 CHANCERY CT								
8645 GATESHEAD RD								
8426 CHERRY VALLEY LN	5	3	0 ALEXANDRIA	\$540.000	. Detached	0.24	22309	RIVERSIDE ESTATES
2509 RYEGATE LN	4	2	1 ALEXANDRIA	\$535,000	. Detached	0.30	22308	STRATFORD LANDING
4211 SONIA CT	3	3	1 ALEXANDRIA	\$533,000	. Detached	0.07	22309	MOUNT ZEPHYR COMMONS
6824 LAMP POST LN								
8705 FALKSTONE LN								
8621 GATESHEAD RD								
3806 COBBLESTONE CT								
4328 STREAM BED WAY								
7725 FRANCES DR	4	2	0 ALEXANDRIA	\$488,000	. Detached	0.56	22306	HYBLA VALLEY FARMS
6508 CAVALIER DR								
7938 WELLINGTON RD 8004 BAINBRIDGE RD								
2002 JAMESTOWN RD	3	2	O ALEXANDRIA	\$480,000 \$479 500	Detached	0.23	22308	HOLLIN HALL VILLAGI
7008 BROOKINGTON CT	3	2	1 ALEXANDRIA	\$479,000	. Detached	0.29	22306	STONEYBROOKI
6718 WILLIAMS DR								
8008 HAMILTON LN								
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5925 MONTICELLO RD	3	∠ 2	O ALEXANDRIA O ALEXANDRIA	\$456,000 \$450,900	Dunley	0.17	44307	
8529 RICHMOND AVE	4	2	1 ALEXANDRIA	\$450.000	. Detached	0.43	22309	MT ZEPHYF
5704 LOFTHILL CT	2	3	1 ALEXANDRIA	\$440,000	. Townhouse .	0.03	22303	LOFTRIDGE
2916 LEE AVE E								
2912 HUNTINGTON GROVE SQ								
5962 BERKSHIRE CT								
3408 LITTLE HUNTING CREEK DR								
2451 MIDTOWN AVE #804								
1607 BALTIMORE RD	3	1	0 ALEXANDRIA	\$400,000	. Detached	0.23	22308	HOLLIN HALL VILLAGE
3404 MEMORIAL ST	3	2	0 ALEXANDRIA	\$395,000	. Detached	0.34	22306	GROVETON HEIGHTS
3917 MAURY PL	3	2	0 ALEXANDRIA	\$386,500	. Detached	0.34	22309	MT ZEPHYF
4822 VAN CT								
3415 LITTLE HUNTING CREEK DR								
7928 ASHBORO DR	3	2	0 ALEXANDRIA	\$380,000	. Detached	0.30	22309	FAIRFIELI
2430 PHILLIPS DR	4	2	0 ALEXANDRIA	\$379,900	. Detached	0.35	22306	CATALINA
5867 EDGEHILL DR	2	2	0 ALEXANDRIA	\$379,000	. Duplex	80.0	22303	JEFFERSON MANOF
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5643 FENWICK DR	2	2	0 ALEXANDRIA	\$369,900	. Duplex	0.08	22303	HUNTINGTON
8015 HAMMOND ST	3	1	2 ALEXANDRIA	\$365,000	. Detached	0.25	22309	MT VERNON VALLE
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6326 CHIMNEY WOOD CT								
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2478 WINDBREAK DR	3	2	1 ALEXANDRIA	\$320,000	. Townhouse .	0.03	22306	MT VERNON SQUARE TOWNHOU
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HIRING: REPORTER TO COVER CITY OF ALEXANDRIA **Description:**

Cover the City of Alexandria, Virginia for the Alexandria Gazette Packet, publishing since 1784. We're looking for an energetic, analytical beat reporter who will take pride in breaking news and making sense of the news. Cover crime, politics, local government, school board, land use, elections, local business, more. Opportunity to do enterprise and investigative reporting.

The Connection Newspapers, an award-winning group of weekly newspapers in the suburbs of Washington, DC, is published by Local Media Connection LLC. The Alexandria Gazette Packet is our flagship paper.

Candidates for this position must have degree in journalism, law, social science or liberal arts plus reporting experience. We're looking for a reporter who will seize the opportunities to learn, enjoy talking to a wide variety of people, work to learn the beat, develop sources and develop stories beyond what others are writing. Reporters write six or more multi-source stories a week.

Requires valid drivers license, vehicle, proof of insurance. Send cover letter, resume, three clips and a few story ideas to: Mary Kimm, Publisher and Editor, Local Media Connection, resumes@connectionnewspapers.com

NEWS PAPERS

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

SEPTEMBER	Publishing
HomeLifeStyle	9/10/14
A+ Camps & Schools	9/17/14
Fall Fun & Arts Preview	9/24/14
OCTOBER	
Wellbeing	10/1/14
HomeLifeStyle Pullout: Deadline is 9/25/14	10/8/14
A+ Camps & Schools	
Election Preview I	10/22/14
Election Preview II	10/29/14
NOVEMBER	
Election Day is Tuesday, November 4.	
Wellbeing	11/5/14
HomeLifeStyle	11/12/14
Holiday Entertainment & Gift Guide I	11/19/14
A+	
Thanksgiving is November 27.	
DECEMBER	
Wellbeing	12/3/14
HomeLifeStyle: Home for the Holidays	12/10/14
Hanukkah begins December 16.	
Holiday Entertainment & Gift Guide II	12/16/14
A+ Camps & Schools	12/16/14
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- Reston Connection Springfield Connection Vienna/Oakton Connection

Sports





West Potomac defensive lineman Tay Diggs tries to knock down a Woodson pass during the teams' Sept. 19 meeting at West Potomac High School.

Photos by Louise Krafft/The Gazetti

West Potomac running back Joshua Carter fights toward the end zone during the Wolverines' 30-20 loss to Woodson on Sept. 19.

West Potomac Football Loses to Woodson

he West Potomac football team dropped to 1-3 with a 30-20 home loss to Woodson on Sept. 19.

West Potomac led 20-15 at halftime but failed to hold on. The 20 points were a season high for the Wolverines.

Sports Briefs West Potomac running back Joshua Carter carried 16 times for 83 yards and a touchdown. Quarterback Preston Jones completed 8 of 21 passes for 54

yards and scored a rushing touchdown. He was intercepted once.

Defensively, Kreshawn Dikes led West Potomac with 12 tackles. He also returned an interception for a touchdown. Okrah Opoku and Max Nail each had nine tackles. Horace Johnson had eight. John Eckardt finished with three tackles, one sack and an interception.

West Potomac will host Oakton (3-1) at 7:30 p.m. on Friday, Sept. 26.

Mount Vernon Football Loses To Robinson

The Mount Vernon football team fell to 0-4 with a 35-7 loss to undefeated Robinson on Sept. 19 in Fairfax.

The Majors will play the second of 1-0, before beating the Hawks.

three consecutive road games when they face Stuart at 7:30 p.m. on Friday, Sept. 26.

Mount Vernon Field Hockey Beats Hayfield

The Mount Vernon field hockey team defeated Hayfield 2-0 on Sept. 22, improving its record to 8-3-2.

After beating Marshall in strokes on Sept. 15, the Majors lost to Centreville, 1-0, beat Washington-Lee, 2-1, and lost to Robinson, 1-0, before beating the Hawks

Mount Vernon will travel to face Falls Church at 7:30 p.m. on Tuesday, Sept. 30.

Division I Lax In Alexandria

St. Stephen's & St. Agnes School will host a Division I women's lacrosse game between the University of Virginia and the University of Florida at 2 p.m. on Saturday, Oct. 4. The UVa roster includes former SSSAS players Besser Dyson and Wyatt Whitley, and former Bishop Ireton goalkeeper Olivia Cole plays for Florida.

West Potomac Field Hockey Falls to T.C. Williams

Wolverine GK Hauptle records 16 saves in defeat.

By Jon Roetman The Gazette

fter holding opponents scoreless during an 8-0-1 start, the T.C. Williams field hockey team surrendered its first goals and suffered its first loss of the season on Sept. 19 in Burke, falling to Lake Braddock, 3-2, in overtime.

The Titans returned to the field on Tuesday, hosting rival West Potomac. Would T.C.'s first loss have any effect on the team's performance?

"It didn't affect our mentality at all," Ti-

tans head coach William Heresniak said. "It made us more mentally strong knowing we could come back ..."

It was back to business for T.C. Williams as the Titans scored in the final minute of the first half and cruised to a 3-1 victory over West Potomac at Minnie Howard on Sept. 23. The win improved the Titans' record to 9-1-1, including 2-1 against Conference 7 opponents. In 11 games, T.C. Williams has outscored the opposition 37-4.

The Titans dominated Tuesday's first half, finishing with a 10-0 advantage in penalty corners, but had nothing to show for it, ini-

tially. Finally, Claire Bilodeau found the back of the cage with 26 seconds remaining, giving the Titans a 1-0 lead they wouldn't relinquish.

Mimi Hyre scored T.C.'s second goal with an assist from Emily Moncure with 18:18 remaining in the second half. Three minutes later, senior captain Meredith Caine found a way to sneak the ball past West Potomac keeper Eve Hauptle from a tough angle to the right of the goal, giving the Titans a 3-0 advantage.

T.C. Williams finished with a 14-3 advantage in penalty corners.

With the loss, West Potomac dropped to 4-5. Sophomore forward Allie Wood scored the Wolverines' lone goal with 10:10 remaining in the second half. Senior captain Lizzie Wood had the assist.

Hauptle, a senior, finished with 16 saves. "She's our rock back there," West Potomac head coach Dana Hubbard said. "She's a first-team all-conference [caliber goal-keeper] and she plays like it. She's the reason we're in a lot of our games. ... Without her, I don't know what the score would be."

T.C. Williams will host South County at 7:30 p.m. on Wednesday, Oct. 1. The Stallions are 6-5, but have won five straight games.

West Potomac will travel to face Lake Braddock at 7:30 p.m. on Friday, Sept. 26.

News



The Ships Company Chantymen — Michael Bosworth, Jim Rockwell, Steve Winick and Steven Lampride — entertain visitors at the market.



Erich Steinhagen guides the hands of Mitch Almason in throwing a pot on a potter's wheel.

18th Century Market Returns to Mount Vernon

hite tents dotted the landscape of the west field at housewares, clothing were just a few of the items being offered the Mount Vernon Estate last weekend for the annual 18th century market. More than 40 crafts people displayed their wares. Soaps, glass, brooms, groceries, baked goods, furniture,

for sale at the market. All products were produced by hand with 18th century techniques. Entertainment included the Itinerant Band, the Punch & Judy Show, Signora Carmella Bella, Otto the sword swallower and others.



Martha Washington (Mary Wiseman) walks through the estate with her granddaughter Martha Peters (Elizabeth Keaney).



Gary Robinson of Jack Mountain Crafters begins to make a small broom.



Artist Perry Riley Jr. sews a trim around the mouth of a squash bowl. Riley portrays a colonist who was captured by the Indians during the French and Indian war and later released.



Timothy Nealeigh, the weaver, talks with Janice Steinhagen as he weaves linen dish towels.



A display of brooms from Jack Mountain Crafters.

Mindfulness

From Page 9

Kathryn Horn Coneway says incorporating mindfulness and art allows parents to be engaged completely in an activity with their children, free of distractions.

"Mindfulness is being present and aware in the moment. By being fully present with young children, we invite them to explore materials openly with support," said Coneway. "As children get older, we begin to talk about idea generation and stages of the creative process.

Modeling mindfulness helps us to support children through frustration and to build persistence and creative confidence."

Richards says this allows her to let go of stress and distractions and bask in the joy of an activity with her chil-

"When you share with a child the feel of cold, wet clay in your hands or the surprise of what happens when colors mix together, it's hard to be distracted by much else," said Richard. "There is a sense of connection comes from that shared focus. Making art with a child creates a natural opportunity to be truly present, together, in what is happening right now."

One of the most important aspects of art as mindfulness, says Coneway, is the emphasis it places on letting go of the need to control.

"When you shift from feeling you have to control the process to thinking of art with kids as setting up a place for something to happen, it creates a freedom for the adult as well as for the child," she said. "It allows both to be more present and enjoy the experience more. My best days are when I set things up and the kids take things in directions that completely surprise me. I am so enthralled with watching and waiting to see what happens next that I can't help but be present."

Like Richards, many parents also appreciate the opportunity to find calm in the middle of a chaotic day.

"In the crazy hubbub of daily life ... there were few moments when I could say I truly stopped and noticed just one thing at a time, when I was actually mindful," said Jennifer Fournel, a Mount Vernon mother who has attended classes at Art at the Center for four years. "But going to art classes with Leal opened my eyes to what's possible when that happens. In this safe, open, welcoming space, the two of us entered and were held only to the expectation that we explore what was before us and see what we could make."

Mindfulness is also incorporated in adult classes at Art at the Center, said Coneway.

The next adult class is a labyrinth making session where students create maze-like patterns that are inlaid in clay. For more information, visit www.artatthecenter.org.

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OBITUARY



Davis Munson Hammell died suddenly of natural causes on September 18. Davis was born in Washington DC and grew up in Alexandria Virginia. He attended Grace Episcopal School, St Anselm's Abbey School, the Episcopal High School, and Yale University. He played football and track and field for Episcopal and played varsity offensive line for Yale when Yale heat Harvard in 2007. Davis was known not only for heing a beat Harvard in 2007. Davis was known not only for being a tough football player, but for his sense of humor and his remarkable intelligence, kindness, and love for animals. He loved science, philosophy, and books. He was a dear friend to many and a wicked good Scrabble player.

His father, Robert Palmer Hammell, FAIA, predeceased him He is survived by his mother, Virginia Munson Hammell of Alexandria and Ft. Lauderdale, Florida, his favorite uncle Stephen Hammell of Alexandria, and his sister, Hilary Payton Hammell of Oakland, California.

Funeral at Episcopal High School Chapel, Saturday September 27, 2014 at 11 am. Inurnment at Christ Church Alexandria at a later date. Arrangements are under the direction of Cunningham Turch Funeral Home, 811 Cameron St. Alex., VA 22314.

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