

ELLBEING

The Drum Majors for the Grand Champion James Madison HS Warhawk Band Bea Torress-Rios and Eva Varghese.

Warhawk Band Wins Cougar Gold News, Pace 13

Vienna Teen Honored for Poetry Writing

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and Oakton

enna NECHO

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Little Free

Library to

Honor M.

Jane Seeman

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2 ♦ Vienna/Oakton Connection ♦ October 1-7, 2014

NEWS Green Light for MAC Zoning

By Bonnie Hobbs The Connection

t's taken a great deal of time, effort, research and wrangling; but last Monday, the Vienna Town Council approved the ordinance defining the Maple Avenue Commercial Zone regulations. The ordinance is now set to be formally adopted Oct. 20.

The Maple Avenue Corridor (MAC) zoning district has been years in the making. Many residents and business owners wanted what's essentially Vienna's main street to be revitalized and made more bicycle-and pedestrian-friendly.

So a 17-person steering committee worked on the MAC for two years to create a blueprint that would enhance business development while preserving Vienna's smalltown feel and the character of the nearby residential neighborhoods.

The old zoning ordinance dated back to the 1960s. But time has moved on; and now, besides vibrant businesses, the Town wants Maple Avenue to also include public art, energy efficiency, gathering spaces and mixed uses.

UNDER THE MAC, the existing, 5-footwide sidewalks will be changed to a 20-foot setback to allow for wider sidewalks, street trees and space for outdoor dining. Trees will be required in parking lots, too. And new architectural standards will make sure that buildings adjacent to residential property aren't higher than 35 feet.

However, any redevelopment under the MAC will be voluntary and will happen over time — and some Maple Avenue properties won't ever be redeveloped. But if they are, said Vienna Deputy Director of Planning and



Traffic driving along Maple Avenue in Vienna.

Zoning Matt Flis, the MAC will benefit small businesses and it's expected that developers will pay for any infrastructure improvements.

In addition, he said, "Projects submitted through the MAC would go through a rigorous review process with public input." And Vienna can "require developers to perform traffic studies, themselves, rather than the Town paying for them."

At the Town Council's Monday, Sept. 22 meeting, Flis said the ordinance sections involving bicycle parking, public art and signage had been clarified, in response to the Council's and public's comments. Vice-Mayor Edythe Kelleher then made a motion

to approve the revised ordinance.

"I think the committee did a good job of [helping determine] what Vienna will look like in the future," said Councilman Howard Springsteen.

Councilwoman Carey Sienicki thanked the Planning and Zoning Department, all the other Town departments and the residents "who've worked on this for decades. It's really been a collaborative effort; I applaud their time and effort and I think it's a really good document."

Kelleher also thanked the Planning Commission and consultants who participated. She said the MAC would provide incentives for redevelopment and acknowledged the

Town Council approves Maple Avenue ordinance.

work of previous panels who'd wrestled with this matter and made their own recommendations.

"Vienna's current strip zoning won't encourage people to start a business here," said Kelleher. "We can't prevent change; but the purpose of the MAC is to direct it in ways that benefit Vienna."

Councilman Pasha Majdi, however, wasn't in favor of the document because he believed an economic-impact study should have been done as part of the process. But all the other Council members supported the new ordinance wholeheartedly.

"I'm so excited, not only for us, but for our children, grandchildren and generations to come," said Councilwoman Linda Colbert. "I think it's time to make some changes."

Councilman Emil Attanasi thanked the Town staff for "introducing safeguards to protect our residential neighborhoods. We have about 106 acres in the Maple Avenue Corridor and about 70 acres won't be redeveloped for a long time. I hope this guides it wisely."

MAYOR Laurie DiRocco said this ordinance has been a long time coming. "The goal was to reinforce Maple Avenue as Vienna's main street and get away from the strip zoning we have today," she said. "Constructive feedback was helpful in making the MAC better."

"It's important to preserve the past but, ultimately, we have to move forward," she continued. "Maple Avenue should be a destination, not a thoroughfare between Oakton and Tysons Corner." The Council then voted and passed the ordinance with only Majdi voting no.

Vienna Teen Honored for Poetry Writing

By Bonnie Hobbs The Connection

egan Do just writes poetry in her spare time — and as a junior as Thomas Jefferson High School for Science and Technology, she has precious little of it. Yet one of her recent efforts won second place for poetry in a competition sponsored by the Writers of Chantilly.

The 16-year-old Vienna resident participated in the group's Second Annual Student Writing Contest. And she and the other winners in both prose and poetry were honored Sept. 7, in a ceremony at the Chantilly Regional Library.

"I was pleased to win," said Do, daughter of Thu and Anh Do and sister of Nathan, 14, and Grace, 11. "When I entered, I had no idea what they were looking for; I write about whatever strikes me." The Writers of Chantilly, a nonprofit organization of local professional and aspiring writers, received more than 175 stories, essays and poems from Fairfax County middleand high-school students. The six winning entries — three each in poetry and prose will be published later this year in an upcoming anthology called "Unfinished Business."

During the awards ceremony, the winning students read their work aloud. Do didn't title her poem, but it was packed with powerful feelings. She wrote about a girl who gets pregnant and drops out of school to raise her child. But instead, she has a miscarriage and leaves the hospital with "nothing but scar tissue and a bill."

In the poem, the girl can no longer have children of her own, but she later adopts a child to fulfill the need in her to become a mother. She then goes back to school and has to start over, so she has to deal with unfinished business."



Photo by Bonnie Hobbs/The Connection Vienna's Megan Do outside the Chantilly Regional Library where she was honored for a poem she wrote.

"It's not based on anyone in particular, but that theme resonated with me," said Do. "I normally write about conflicts I feel empathetic about or sympathetic toward. An example would be school and the downside of the education system. Being at T.J. is very competitive and that's kind of draining. A lot of people are really stressed and end up dropping out."

So far, she said, she's handling the pressure "fairly well." And she's looking forward to taking a neuroscience lab in her senior year. "I'd like to eventually go into scientific research or become a doctor," said Do. "I'm really interested in neurological diseases and cures for things such as Alzheimer's and depression."

As for her poem, once she decided on the idea, she said, "I just wrote it all out. I'm really selective about the things I write about — I have to like the subject. A friend of mine who does a lot of writing competitions told me about this contest, so I entered. I was excited to win and I'm really honored."

News

Little Free Library, in Memory of M. Jane Seeman, Dedicated on Town Green

As a book-lover, Vienna's late mayor volunteered more than 3,000 hours at Patrick Henry Library.

ienna's late mayor, M. Jane Seeman, loved books, loved reading, loved Patrick Henry Library where she volunteered more than 3,000 hours. She sat on the Fairfax Country library board for eight years. On Tuesday, Sept. 23, Seeman's family, friends and supporters gathered on the grounds of the Vienna Town Green to honor Seeman's dedication to books and Vienna's library.

The Town of Vienna, Friends of Patrick Henry Library, Green Hedges School, and Historic Vienna, Inc. unveiled and dedicated a fitting memorial to Seeman, a wood miniature reproduction of the original Little Library, identifying it as the Little Free Library in memory of Jane Seeman. The public service model of the Little Free Library is, "take a book, return a book." Seeman's daughter, Linda Colbert, now a Town Council woman, and granddaughters Hannah and Heather, cut the ribbon after the birdhouse-high enclosure was unveiled to approximately 50 spectators.

The Friends of Patrick Henry Library stocked the grand opening "library."

"She was a super library supporter," said Sam Clay, Director, Fairfax County Public Libraries, who delivered opening remarks. "Jane would be proud and enjoy this day."

Seeman's daughter and granddaughters stood together to cut the yellow ribbon tied around the mini-library. Colbert reflected

Week in Vienna-

Vienna Mayor's Walking Group

Vienna residents are welcome to join Mayor Laurie DiRocco's walking group. It meets every Friday at 9:30 a.m. at the Town Hall, 127 Center St. S. The walks are about 2.5 to 3 miles, with a different route every Friday. The next walk is Oct 3.

New Human Resources Director

Magali (Maggie) Kain is the Town of Vienna's new Director of Human Resources. "Maggie's experience and knowledge represent a gifted and hardworking professional," said Town Manager Mercury Payton. "She brings another collaborative, highly talented



Photos by Donna Manz/The Connection

Linda Colbert, daughter of Vienna's late Mayor M. Jane Seeman, now a Town Council member, and Seeman's granddaughters, Hannah and Heather Colbert, cut the yellow ribbon tied around the mini-library. Colbert reflected on her mother's love of reading in her remarks.

on her mother's love of reading, and how mother and daughter shared books together over tea. Patrick Henry Library was like family to Seeman, Colbert said.

"Grammy used to play library when my kids were little," Colbert said. "She set out a table with books on it, and stamps for due dates."

leader to help guide the Town of Vienna into the future."

Lawyers/Blair Crosswalk Approved

The Vienna Town Council on Sept. 22 gave the go ahead to put in a crosswalk across Lawyers Road N.W. at Blair Road N.W., plus a lighted crossing sign. It did so on the recommendation of the Transportation Safety Commission, and the Council members agreed not to spend more than \$15,000 on this project.

"A lot of children use this crosswalk," said Public Works Director Dennis Johnson.

"This is a great improvement for that area," added Councilwoman Carey Sienicki. "Crossing there with children is a harrowing experience, and it's a long distance to the next crosswalk." **THE ORIGINAL VIENNA LIBRARY** was built circa 1897 in a different area of downtown Vienna. It was moved to its present location in 1970 and opens to the public the first Sunday of every month, 1-4 p.m.

Vienna schools — Green Hedges, whose headmaster made initial overtures to the Town; Thoreau Middle School Chamber

AAUW to Discuss 'Busy Lives'

The American Association of University Women Vienna area branch is hosting a Tuesday, Oct. 14 meeting at 7 p.m. at Patrick Henry Library's meeting room (101 Maple Avenue East) in Vienna. Janette Muir, GMU Associate Provost, is the guest speaker who will discuss "Balance in our Busy Lives." All are welcome. For general information contact 703-200-7806

Vienna Farmers Market

The Vienna Farmers Market is held Saturdays, from 8 a.m.-noon, in the Faith Baptist Church parking lot at 301 Center Street S. It will remain open during the construction on Center Street. Customers may access the



Patrick Henry Library Branch Manager Nancy Ryan unveiled the "Little Free Library" in memory of former Town of Vienna mayor, M. Jane Seeman, who died in February 2014.

Chorus and James Madison High School Madrigals — sang a diversity of songs to mark the tribute. HVI offered a children's craft table and the Cat in the Hat made an appearance. Refreshments were provided by Caffe Amouri and Whole Foods Vienna.

"It's a wonderful remembrance of Jane's service to the community," Mayor Laurie DiRocoo said.

The Little Free Library faces Mill Street on the Town Green, fronting the original Little Library. Learn more at www.littlefreelibrary.org.

— Donna Manz

market via Courthouse Road to Locust Street or via Park Street to Cherry Street.

Oakton Farmers Market

The Oakton Farmers Market is held Saturdays, from 10 a.m.-2 p.m., at Unity of Fairfax Church, 2854 Hunter Mill Road in Oakton.

Columbus Day Plans

Town of Vienna offices will be closed Monday, Oct. 13, in observance of Columbus Day. The Vienna Community Center will be open from 10 a.m.-3 p.m.; no classes or drop-in programs will be held. Refuse collection will operate as normal. Public safety services will not be impacted.

News





Vienna Girl Scout Coordinates Self-defense Workshop

Girl Scout Alison (Aly) Luckett of Vienna, an 11th grader at Thomas Jefferson High School for Science and Technology, coordinated a Self-Defense Workshop that was presented by the Fairfax County Police. Last Saturday, almost 60 Girl Scouts attended a four-hour Self-Defense Workshop held at the Fairfax County Criminal Justice Academy.

Spurred by the statistic that 1 in 5 college women have been victims of sexual assault or attempted sexual assault, Luckett reached out to the Fairfax

County Police who agreed to provide the Self-Defense Workshop.

Master Police Officer Peter Davily gave a power point presentation that included tips on how to avoid becoming victims of sexual violence. Then, Davily and other police instructors provided hands-on training that included demonstrating and teaching some defensive strategies and tactics. Luckett has received the Girl Scout Gold, Silver, Silver Trefoil and Bronze Awards.







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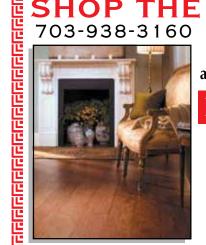
lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known



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OPINION Does the Change in Voter ID Laws Matter?

More than 22,000 active voters in Northern Virginia are without the required ID.

or the current election, new, more stringent voter identification laws are in effect.

Taken together, more than 22,000 of Northern Virginia's close-in voters right now do not have the photo identification now required to vote in the coming election. While there are simple ways to get an identification card for Election Day, so far, only a handful of voters have done so.

In Fairfax County, 13,247 of the Editorial county's 672,756 active voters do not have the photo identification they will need to vote on Election Day.

In Alexandria, 2,729 of the City's 85,671 active voters do not have the photo identification they will need to vote on Election Day.

In Arlington, 6,348 of the 140,255 active voters do not have the photo identification they will need to vote on Election Day.

These numbers are analyzed by the State Board of Elections, and include voters who do not have a match in the DMV data, and also are not designated as military, overseas or federal only voters, who do not have an active Federal Postcard Application or Annual Absentee application, and who have voted or registered since and including the last presidential election.

Across the Commonwealth, 93,117 active voters also lack photo ID from DMV or the other likely sources.

When you consider that in the last election, Virginia's Attorney General was elected by a margin of 165 votes out of more than 2 million votes cast, these numbers are staggering. There is no evidence of voter identification fraud on any scale that requires potentially dis-

enfranchising tens of thousands of voters. Because Northern Virginia is the most populous part of the state, the impact is also greatest in our area.

Here are the "acceptable" forms of identification. "Valid" is defined as a genuine document, bearing the photograph of the voter, and is not expired for more than 12 months: Valid Virginia Driver's License or Identification Card; Valid Virginia DMV issued Veteran's ID card; Valid United States Passport; Other government-issued photo identification cards; Valid college or university student photo identification card, must be from an institution of higher education located in Virginia; Employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business; or a Virginia Voter Photo ID Card obtained through any local general registrar's office.

Register

For More Election Information:

FAIRFAX COUNTY BOARD OF ELECTIONS

703-222-0776, www.fairfaxcounty.gov/eb/ 12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

STATE BOARD OF ELECTIONS

804 864-8901 Toll Free: 800 552-9745 FAX: 804 371-0194 email: info@sbe.virginia.gov

http://www.sbe.virginia.gov

Voters arriving to the polls without photo ID will be allowed to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality's electoral board in order for their provisional ballot to be counted.

If you or anyone you know might need identification to vote, the process is simple. Contact your local board of elections and go apply for your ID card. There is help in place to transport voters who need help getting there.

In order to vote on Election Day, you must be registered at your current address no later than Oct. 13, 2014. You can check your registration status online by going to www.sbe.virginia.gov.

> Mary Kimm, MKIMM@CONNECTIONNEWSPAPERS.COM

Stopping Domestic Violence: You Can Make a Difference

By John C. Cook and Joe Meyer

y now we have all seen the video. We know he hit her because we saw it. But how did they get there? Did she reach out for help? Would she have known how? Perhaps most importantly, how common is this domestic violence? The answer, unfortunately, is that domestic violence is much more common than you may think

According to Safe Horizon, a victim assistance organization, "one in four women will experience domestic violence in her lifetime." The Violence Policy Center found that "72 percent of all murder-suicides involve an intimate partner and 94 percent of the victims of these murder-suicides are female." The children in homes where domestic violence occurs are among significant emotional and cogni-

abuse. Many men are victims of domestic violence as well, and this scourge knows no economic or racial limits.

Violence sneaks in slowly. It may start as financial control or social restrictions, but studies show us that abusive relationships tend to follow a pattern. Once a violent episode takes place, it is very likely it will happen again. The average victim is assaulted seven times before they leave for good. Here's how the story could end: in Fairfax County, domestic violence is the number one cause of homicide. Safe Horizon tells us that, "every year, 1 in 3 women who is a victim of homicide is murdered by her current or former partner."

Our message is that you can get out of this terrible situation, and your neighbors and friends can help. There are resources in Fairfax its most serious victims. Studies to help victims, and there is an show that the 3 million children increasing chorus of voices standwho witness domestic violence in ing up to say this is unacceptable. their homes each year can suffer As two involved members of our community, a Fairfax County sutive harm, even if they are not on pervisor and the executive direc-

the receiving end of the physical tor of Shelter House, we are among the many outspoken advocates for resources for victims and showing the men, women, and children in these situations a better way. Whether you are in fleeing abuse, or you witness abuse and need information on how to address the issue, you can call the Fairfax County 24 hour hotline at 703-360-7273.

October is Domestic Violence Awareness Month, and there are many ways to raise awareness and help worthy organizations. One opportunity is to join us at an event to stop domestic violence and raise money for Shelter House and Fairfax CASA. The event will be held on Wednesday, Oct. 22 at Coyote Grill in Fairfax from 4:30 – 6:30 pm.

Shelter House's domestic violence shelter, Artemis House, is Fairfax County's only emergency shelter for families and individuals fleeing domestic/sexual violence and human trafficking. Fairfax CASA, or Court Appointed Special Advocates, helps children navigate the confusing and scary aftermath of domestic violence. Please join us and the increasing number of people speaking out to end domestic violence.

John C. Cook is Fairfax County supervisor (R-Braddock District) and Joe Meyer is executive director of Shelter House.



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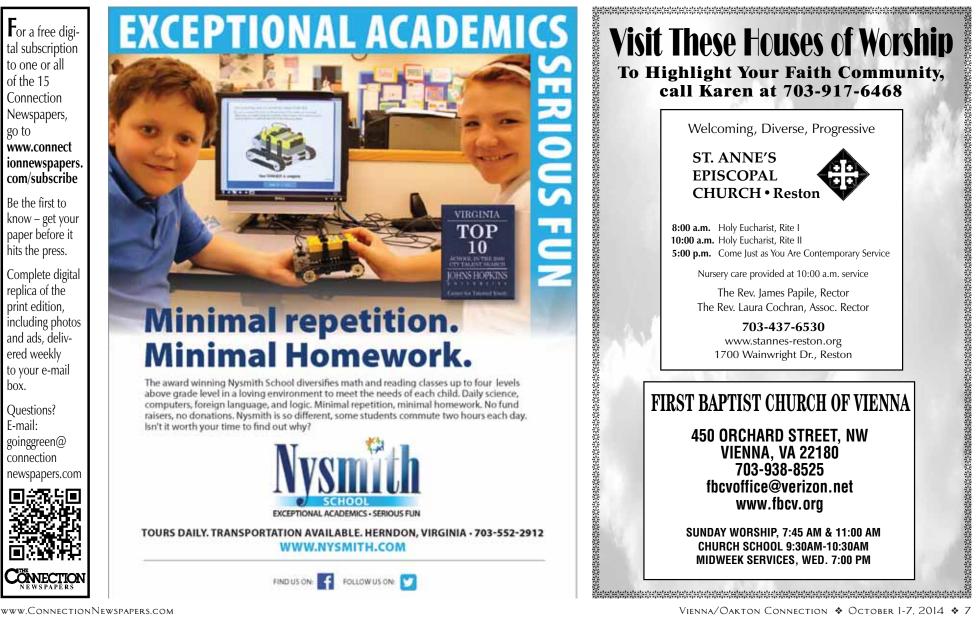
> Letters to the Editor The Connection 1606 King St., Alexandria VA 22314 Call: 703-917-6444. By e-mail: editors@connectionnewspapers.com





Hail to the Heroes: State Champs

On Sept. 22, the Vienna Town Council honored the Vienna Little League team, the American All Stars, nicknamed The Red Army, for winning the ages 9-10 Little League State Championship. Pictured with the team are Coach Chris Leggett and Mayor Laurie DiRocco. The players (in no particular order) are Owen Taylor, Kyle Robinson, Tyler Schoeberlein, Jaden Kritsky, Jack Emory, Tommy Fiocchi, Kevin Wilson, Bryce Eldridge, T.J. Smith, Nick Toole, Dean Vance, Alex Jreige and David Neidecker.



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Wellbeing

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Retirement community residents choose Sunrise Signature Chef.

did an incredible job

— Tim Whelan, vice president,

Dining Services for Sunrise

creating meals that

The Connection

race Delaune nibbled on striped vored the miso cod and spinach. The two Fairfax, a Sunrise community, five of the women weren't simply having lunch. They company's top chefs prepared their healthiwere judges at the Senior Eats Nutritional est dishes, making use of only fresh, local Challenge in Fort Belvoir last week. "The ingredients. A panel of Sunrise residents

food challenge was a lot of fun and the food was excellent. Every dish All of our finalists was beautifully displayed and cooked perfectly," said Hammaker. "It was hard for the judges to pick the best could rival our dish although I picked the Miso Cod with Spin- Country's top ach because it really stood out as a fantastic restaurant chefs." dish."

"The five selections were just outstanding. It

BY MARILYN CAMPBELL was very difficult to pick the best dish, although my favorite was the Striped Bass with Quinoa Salad," added Delaune.

The winning recipe was Miso Cod with bass and quinoa salad, ponder- Spinach. During the competition, which was ing the flavors and textures of sponsored by Sunrise Senior Living headeach dish. Myke Hammaker sa- quartered in McLean, Va., and held at The

> ations. One of the goals of the competition was to and the role that eating break negative stereo- healthfully can lead to types about the quality of better cognitive funcfood served in retirement communities.

"All of our finalists did an incredible job creating meals that could rival our and nutritional food country's top restaurant with real variety each chefs," said Tim Whelan, vice president, Dining at The Fairfax. Services for Sunrise. "We

provide more variety for our residents to enjoy, and the Nutritional Challenge is a great way to add unique, healthful dishes to our menus.'

The chefs were judged on their ability to meet Sunrise's Signature Dining criteria, which includes using fresh, seasonal ingredients. After the competition chefs and residents discussed the judged the chefs' cre- recipes used, nutritional needs of seniors tioning, memory and heart health.

our residents delicious Belvoir.

constantly look at ways to finals competition were from the Washing- \$1,000.

"Our goal... is to give **Residents of Sunrise Senior Living served as judges** during the Senior Eat Nutritional Challenge in Fort

Be a part of our

Delight in our

day," said Lawrencia Quaye, Executive Chef ton, D.C. region. The winner, Chef Floyd Stephen of Dunwoody, Georgia, was named None of the five chefs who made it to the the Sunrise Signature Chef and received

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week of every month.

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over-the-top remodeling

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Winning Recipe: Miso Cod and Spinach

Recipe by Floyd Stephen, Brighton Gardens of Dunwoody

1 1/2 lbs cod filets, 4 oz each

Serves 6

6 tbsp olive oil

1/4 cup miso paste

lienned

15 seconds.

3 shallots, peeled / minced 3 garlic cloves, peeled / minced 1/2 lbs shiitake mushrooms, stemmed

1 lb stemmed fresh spinach 1 1/2 cups chicken stock

♦ Steam the fish for 7 minutes, until

♦ While the fish is steaming, heat the olive oil in a sauté pan over medium heat. Add the shallots and garlic. Sauté until soft. Add the mushrooms and cook until the liquid evaporates. Add the spinach and sauté for 1 minute to wilt. Turn off the heat and set aside.

◆ Bring the stock to a boil in a separate pot. Whisk in the miso paste. Simmer for 5 minutes.

Divide the spinach mixture evenly betwee n serving dishes. Place fish on top internal temperature reaches 145°F for of the spinach. Spoon miso sauce over fish. Serve immediately.

VOLUNTEER OPPORTUNITIES

Volunteers who are deaf or hard of hearing and/or fluent in American Sign Language are needed in Reston, Herndon and Vienna for assistance with computers, grocery shopping, and social visiting. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions

✤ Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs, urgent need in Reston area. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/ lderadults and click on Volunteer Solutions.

♦ Meals on Wheels needs drivers in Lorton, Clifton, Franconia, McLean and Falls Church between the hours of 11 a.m.-1 p.m. on Monday, Wednesday and Friday. Substitute drivers needed throughout the county. For these and other volunteer opportunities, call 703-324-

5406, TTY 711 or visit www.fairfaxcounty.gov olderadults and click on Volunteer Solutions.

* The Adult Day Health Care Centers need marketing assistants to contact health care pro viders and share information about their programs. Communication with community pro viders may be in person, and/or, done from home, via phone, email, and mail. For these and other volunteer opportunities, call 703-324 5406, TTY 711 or visit www.fairfaxcounty.gov/ olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact Kristin Martin at 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

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CALENDAR

THURSDAY/OCT. 2

- **Great Falls Rotary Club Weekly** Speaker Series. 7:30 - 8:30 a.m. River Bend Country Club, 375 Walker Road Great Falls. Interested in joining? Download the membership form at http://
- www.rotarygreatfalls.org/. Artists Meet for Coffee. 8:30 10 a.m. Katie's Coffeehouse, Georgetown Pike, Great Falls. Local artists meet for coffee. Feel free to
- drop in. The Truth about GERD. 10-10:55 a.m. Unitarian Universalist Congregation of Fairfax, Oakton. For more information call the SCOV office at 703-281-0538 or visit
- www.scov.org. **Buffalo Soldiers.** 11-11:55 a.m. Unitarian Universalist Congregation of Fairfax, Oakton. For more information call the SCOV office at 703-281-0538 or visit www.scov.org.
- Islamists and Authoritarians in the Arab World. 1-2 p.m. Unitarian Universalist Congregation of Fairfax, Oakton. For more information call the SCOV office at 703-281-0538 or visit www.scov.org.

THURSDAY OCT. 2 – NOV. 13

Adventures in Learning. 10 a.m. on Thursdays. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Seniors: come in and learn during classes you can attend on a variety of topics of interest from health issues to world affairs for all adults age 50 or older, all taught by volunteer experts. Tuition payment of \$40 entitles you to attend any of the classes you like offered during the fall session. The class schedule and registration form will be available on: www.scov.org.

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for the following week's paper. Photos/artwork encouraged. You may print the registration form

Send announcements to north@connectionnewspapers.com. Deadline is Friday

and mail it at any time during the term with your payment.

FRIDAY-SUNDAY/OCT. 3 -5 "Transitions" ValeArts Fall Art

Show 2014. Friday: 10 a.m. – 9 p.m. Saturday and Sunday: 10 a.m. 6 p.m. Artists reception on Friday, Oct. 3 at 7 p.m. Vale Schoolhouse, 3124 Fox Mill Road, Oakton. In its 19th year, the nine artists will present a group show of more than 150 original works of local fine art. The focus will be on "Transitions," the evolution of the artist as well as the resulting art. Songmi Heart and Laura Bealey will be featured as guest artists. Free. There will be a young artists' table for younger art lovers.

FRIDAY/OCT. 3

- Drop-In Chess. 4:30-6 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. All ages are welcome.
- Look at the Stars! Observatory Open. 7:30 10:30 p.m. Turner Farm Park, Springvale Road, Great Falls. Come to the observatory park for Friday Night viewings. For more information visit http:// www.analemma.org/.

SATURDAY/OCT. 4

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Ballroom Dance. 8 – 9 p.m. Polka Lesson. 9-11:30 p.m. Colvin Run Dance Hall, 10201 Colvin Run Road, Great Falls. Live music with The Family playing favorite dance tunes from the 1930s to today. Attire is ballroom casual. Everyone is welcome. \$20. 703-759-2685 or www.colvinrun.org.

Oktoberfest Vienna. 11 a.m. - 7 p.m.

Photo by Kenneth M. Wyner

Historic Church Street, Vienna. Enjoy beer, wine, food, music, kids activities and more. Visit http:// viennaoktoberfest.org/ Semi-annual Book Sale. 10 a.m. – 4

- p.m. Patrick Henry Library, 101 Maple Avenue East, Vienna. Thousands of gift-quality books will be available.
- Jazz Masters with John Eaton: Jerome Kern. 1 p.m. McLean Central Park Gazebo, corner of Route 123 and Old Dominion Drive. Free.
- \$10/\$5 MCC tax district residents. Al Petteway & Amy White. 7 p.m. Jammin Java, 227 Maple Avenue E, Vienna. Al & Amy will perform a mix of new and old favorites, including selections from Al's new solo recording, "Mountain Guitar," and tunes from various Burns documentaries. https:// jamminjava.com/event/670727-alpetteway-amy-white-vienna
- Yard Sale. 8 a.m. Noon. Kilmer Center School, 8102 Wolftrap Road, Vienna. Household goods, toys, furniture and more. One hundred percent of proceeds benefits specialneeds students ages 5 - 21, with autism and intellectual disabilities.
- St. Francis Fair. 10 a.m. 3 p.m. St. Francis Episcopal Church, 9220 Georgetown Pike, Great Falls, St. Francis Episcopal Church of Great Falls will continue celebration of its 50th anniversary with a variety of music and dance performances and children's activities
- "The Glorious Songs of Jerome Kern." 1 p.m. The Alden, 1234 Ingleside Avenue, McLean. This seminar covers the magnificent Jerome Kern. You'll learn about the composer's life, writing style and musical hallmarks and hear classics

See Calendar, Page 11



Photo by Donna Manz/The Connection From fabulous to creepy, children marched in the 2013 Halloween parade in Vienna. This year's parade will be on Wednesday, Oct. 29.

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Sasha with the three cats, by Naz Akbar

Naz Akbar Exhibits at Katie's

Great Falls artist Naz Akbar will be exhibiting at Katie's Coffee from Oct. 3 to the Oct. 31 in an art exhibit "Moments to Remember." Akbar will be at Katie's with an easel during the Great Falls Studio Tour, Oct. 17-19, 11 a.m. - 4 p.m.

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www.ConnectionNewspapers.com

Newspapers, go to



CALENDAR

From Page 10

- such as "All the Things You Are," "Smoke Gets in Your Eyes," and selections from "Show Boat." Tickets are \$10 for the general public, \$5 for MCC tax district residents. For more information or to purchase tickets online, visit: www.aldentheatre.org or call 703-790-0123.
- October Kid's Club "Pet Parade." 11 a.m. - 1 p.m. Tysons Corner Center Outdoor Plaza, 1961 Chain Bridge Road, McLean. Learn all about pets. Come dressed as your favorite pet and get a special treat from Tysons Corner Center. This event will also feature fun crafts, activities, music and spacks
- music and snacks. **Cars & Coffee**. 7–9 a.m. Located at 760 Walker Road Great Falls. Gathering of antique, custom and exotic cars at Katie's Coffee House.
- Farmers Market. 9 a.m. 1 p.m. 778 Walker Road, Great Falls. Bring recyclable bags. For more information visit www.greatfallsfarmersmarket.org.

SUNDAY/OCT. 5

- MPAartfest. 10 a.m.-5p.m. McLean Central Park,1468 Dolley Madison Blvd, McLean .Fifty-two juried artists will exhibit and sell their art at the 8th annual MPAartfest. 703-790-1953.
- Semi-Annual Book Sale. 11 a.m. 2 p.m. Patrick Henry Library, 101 Maple Avenue East, Vienna. Thousands of gift-quality books will be available.
- Blessing of the Animals. 9 a.m. St. Francis Episcopal Church, 9220 Georgetown Pike, Great Falls. All are welcome to bring their pets for a special blessing. A Feast of St. Francis service will be held indoors at 11 a.m. Nursery care is available for young children at both services.
- Cars for the Cure to Support JDRF. 9 a.m. – 2 p.m. Brx American Bistro, 1025 Seneca Road, Great Falls. The 2nd Annual Exotic & Classic Car, Truck and Motorcycle Show to end Type 1 Diabetes will be held. The car show is free. Enjoy brunch at Brix at a reduced price, live music by "The Remedy" and view the cars, trucks and motorcycles. There will be prizes, raffles and silent auction items. Cars, trucks or motorcycles may be registered for \$20 before Oct. 1 or \$30 after Oct. 2. Visit www.carsforthecureva.com for
- more details and registration. **Grinding Grain**. Noon-3 p.m. 10017 Colvin Run Road Great Falls. The miller will be grinding, conditions permitting. Cornmeal, grits and whole wheat flour for sale in the General Store. For more information call 703-759-2771.

TUESDAY/OCT. 7

Colvin Run Tuesday Dance for Everyone. 6:30-10:30 p.m. 6:30-7:15 p.m. Colvin Run Road, Great Falls. Lesson series for 'Dance of the Month.' 7:15-8 p.m. Intermediate West Coast Swing Lesson. 8-10:30 p.m. 'Dance for Everyone' with Rumba, West Coast Swing, East Coast Swing and others. Admission fees: \$12 per person includes lesson and snacks. Contact Ed Cottrell at 703-435-5620 or EdCottrell@MACP.org for more information.

WEDNESDAY/OCT. 8

Cre8tive Art. 10 a.m. – Noon. Tysons Corner Microsoft Store, 1961 Chain Bridge Road, McLean. The Cre8tive series of workshops will introduce attendees to different forms of art using Windows 8.1. Learn how to create art and modify images. Free. Call the Shepherd's Center of Oakton Vienna (SCOV) office to register for

www.ConnectionNewspapers.com



A menagerie of unlikely friends, including a donkey, a dog, a cat and a rooster, sets off in search of musical stardom in the production of "Bremen Town Band," playing on Oct. 11 at McLean Community Center's Alden Theatre.

classes or for additional information, 703-281-0538. **The History of Great Falls**

- **Historical Society.** 7-9 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. A panel of the earliest members and past presidents will tell the story of the organization's founding, and all of the projects and challenges it has undertaken over the last 37 years to capture and preserve the history of Great Falls.
- Noam Pikelny & Stuart Duncan. 8 p.m. The Barns at Wolf Trap, 1645 Trap Road, Vienna. Banjo pioneer and Punch Brother band member Noam Pikelny teams up with the Nashville Bluegrass Band's, Stuart Duncan, for an acoustic showcase. Tickets: \$25-\$30. For more information visit waww wolftrap org
- information, visit www.wolftrap.org. **Pokemon League.** 4:30– 6 p.m. Great Falls Library 9830 Georgetown Pike, Great Falls. Come play Pokemon with your friends. School age 5 to 15.

THURSDAY/OCT. 9

- **Loudon Wainwright, III**. 8 p.m. The Barns at Wolf Trap, 1645 Trap Road, Vienna. Classic blues concert from a veteran musician. Tickets: \$25-\$30. For more information, visit
- www.wolftrap.org. **Great Falls Rotary Club Weekly Speaker Series.** 7:30–8: 30 a.m. River Bend Country Club, 375 Walker Road Great Falls. Interested in joining? Download the membership form from our website.
- Artists Meet for Coffee. 8:30 10 a.m. Feel free to drop in. Katie's Coffeehouse, Georgetown Pike, Great Falls. Local artists meet for coffee.

FRIDAY/OCT. 10

2014 Sweet Home Virginia Gala. 6:30-9:30 p.m. Sheraton Tysons Hotel, 8661 Leesburg Pike, Tysons Corner. Approximately 600 business leaders, philanthropists, and community organizers will participate in the gala, awards and scholarships will also be presented. \$300. www.cfnova.org.

- \$300. www.cfnova.org.
 Simone Dinnerstein, Piano. 8 p.m. The Barns at Wolf Trap, 1645 Trap Road, Vienna. Classical piano concert. Repertoire will include works by Robert Schumann, Johann Sebastian Bach, and Franz Schubert. Tickets: \$40. For more information, visit www.wolftrap.org.
 Artists Meet for Coffee. 8:30–10
- a.m. Katie's Coffeehouse, Georgetown Pike, Great Falls. Local artists meet for coffee. Feel free to drop in.
- Look at the Stars! 7:30 10:30 p.m. Turner Farm Park, Springvale Road, Great Falls. Observatory Open. Come to the observatory park for Friday Night viewings. For more information visit http://www.analemma.org/.

SATURDAY/OCT. 11

- Theatre IV's "Bremen Town Band." 2 p.m. McLean Community Center, 1234 Ingleside Avenue, McLean. \$15/\$10 MCC district residents.
- Fall Leaf Collecting and Art for Kids. 9 a.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. This children's program starts with a walk to collect beautiful fall leaves and to discover how leaves change color. Back at the Visitor's Center while sipping on apple cider, the children will use these leaves to create animal artwork. The program fee is \$5 per child, and reservations are required. pace is limited to 20 children. Children younger than age 5 are required to be accompanied by an adult. Parents are welcome to join in on the walk and assist with the craft-regular garden admission applies. For reservations, call 703-255-3631 x103 or jmaloney@nvrpa.org.



Here's What's Happening at MCC

Jammin'Juniors Teddy Bear Band Wednesday, Oct. 1, 12:30 p.m. Free. McLean Central Park Gazebo

McLean 5K Run with the Warriors

Saturday, Oct. 4 Register at 6:45 a.m.; Run starts at 8 a.m. McLean Square Shopping Center



The Alden, Insider Knowledge Jazz Masters with John Eaton: Jerome Kern Saturday, Oct. 4, 1 p.m. \$10/\$5 MCC tax district residents

\$10/\$5 MCC tax district residents

The Alden, McLean Kids Series **Theatre IV's** "Bremen Town Band" Saturday, Oct. 11, 2 p.m.

\$15/\$10 MCC district residents

The Alden, Midday Movies "Jaws" (1975)

Wednesday, Oct. 15, 1 p.m. Free. Reservations are not required.



\$135/\$130 MCC district residents

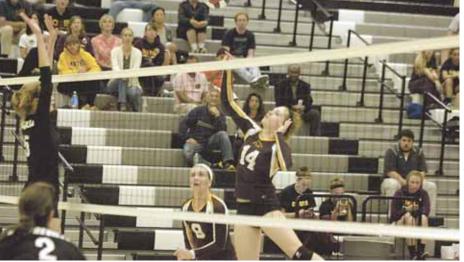


Vienna/Oakton Connection & October 1-7, 2014 & 11

Sports



Oakton sophomore Alice Yang had 17 kills against Centreville on Monday.



Junior middle hitter Emily Heier entered Monday's match as the Oakton volleyball team's leader in kills.

Yang, Heier Lead Oakton Volleyball to Victory

Cougars have won 6 of 7, will face Chantilly.

> By Jon Roetman The Connection

he Oakton volleyball team isn't playing as well on the road as head coach Dan Courain would prefer. On Monday night, however, even a sub-par effort by the Cougars was enough to maintain their hot streak and earn a victory in a gymnasium Courain referred to as a "house of horrors" for Oakton.

Oakton defeated Centreville 3-1 (25-18, 20-25, 25-21, 25-14) on Sept. 29 in both teams' Conference 5 opener at Centreville High School. The Cougars have won six of their last seven, including a runner-up finish in a tournament at South County High School on Sept. 20. Courain said Oakton has struggled at Centreville in the past, but the Cougars found a way to start conference play with a win.

"It wasn't our best match," Courain said. "We've definitely had better matches all year. Give Centreville credit. It's always tough coming in here."

OAKTON SNAPPED a three-match losing streak with a 3-1 victory against West Springfield on Sept. 15. Three days later,

— Sports Roundups

Herndon Football Loses to Undefeated Robinson

The Herndon football team lost its Concorde District opener to Robinson 56-21 on Sept. 26, dropping the Hornets' record to 2-2.

Herndon will travel to face McLean at 7:30 p.m. on Thursday, Oct. 2.



Oakton volleyball coach Dan Courain talks to the Cougars during Monday's match at Centreville.

Oakton lost to Stone Bridge, one of the top teams in the area, but managed to win a set. From there, the Cougars have won six of seven, improving their record to 12-6.

"I think we've been rolling, playing very nicely," Courain said. "I think being at home really helped us. We bring a lot of energy. We've got to find a way to bring energy earlier in these road matches."

Junior middle hitter Emily Heier and sophomore outside hitter Alice Yang have been primary reasons for Oakton's success this season. Heier entered Monday's match with 165 kills, and Yang had 160. The rest of the team combined produced 152.

"The great thing about them is they're always working on getting better," Courain

The Herndon field hockey team remained

undefeated and improved its record to 12-

0 with a 3-0 victory against Robinson on

Sept. 23. The Hornets faced McLean on

Herndon will host Oakton at 7:30 p.m.

Tuesday, after The Connection's deadline.

Herndon Field

Hockey Beats

Robinson

on Monday, Oct. 6.

said. "They have their shots that they know they can hit — Alice knows she can hit the ball across [the court] — but they work every day in practice on adding to their repertoire."

Yang led the Cougars with 17 kills Monday. Heier finished with 11.

"They're our go-to hitters," Courain said. "You can see it from the stats, you can see it watching tonight. We ride them all season and they've been stepping up every single match we've played."

With the score tight during the pivotal fourth set, Yang scored four straight points for Oakton, helping the Cougars pull out a 25-21 win.

"We've both been varsity veterans," Yang

Oakton Football Drops Second Straight

After a 3-0 start, the Oakton football game suffered its second straight defeat against a team from the Patriot District. West Potomac beat Oakton 27-20 on Sept. 26, dropping the Cougars' record to 3-2. Oakton lost to Annandale 14-10 on Sept. 19.

The Cougars have a bye this week. Oakton will host Chantilly on Oct. 10.

said. "A lot of the [players], it's their first year on varsity, so we know what it's like and we know how they feel, so we try to guide them as best as possible."

FRESHMAN OPPOSITE HITTER Grace Cozad finished with 10 kills for Oakton. Senior middle hitter Camille Baechler had five.

Junior libero Alex Marquis has been a strong addition to the team this season. A standout point guard on the Oakton girls' basketball team, Marquis is in her first year as a varsity volleyball player. Courain said Marquis has brought the girls' basketball team's winning mentality to an Oakton volleyball program that finished 5-20 last season. Her athleticism helps compensate for her lack of volleyball experience.

"Her reaction time is unmatched by anyone on the team," Courain said. "She doesn't know the rules of volleyball, she doesn't understand the rules, I just throw her out there and say, 'If you see the ball, go get the ball,' and she'll be in front of people before they even have time to react."

While Oakton won on Monday despite not playing at its best, the Cougars will likely need a superior performance to earn a victory on Wednesday, Oct. 1, when they host Chantilly. The Chargers are 6-2, including a victory against defending VHSL 6A state champion Langley on Sept. 22.

"We're nervous because it's the best team in our conference," Heier said, "and so we're really excited."

Marshall Football Earns First Win Since 2011

The Marshall football team defeated Thomas Jefferson 28-14 on Sept. 26, giving the Statesmen their first victory since the 2011 season. Marshall's last victory also came against the Colonels.

Marshall (1-3) will travel to face Langley at 7:30 p.m. on Thursday, Oct. 2.

News



James Madison Pit Performers

Warhawk Band Wins Cougar Gold

17 bands compete at annual Oakton marching band competition.

hat do you get when 17 high school marching bands from Northern Virginia compete at the 29th Annual Oakton Invitational? A lot of fun, music and good vibes.

On Saturday, Sept. 27, Oakton High School Marching Cougars in Vienna held their 29th Annual Marching Band Classic competition. Seventeen high schools from Virginia accepted Oakton's invitation. Judges from Florida, Texas and Virginia, who also serve as band directors at high schools, colleges, and the US Air Force Band, were asked to judge each band.

Oakton High School follows the Virginia Band and Orchestra (VBODA) class size and judging guidelines. Trophies were presented to each VBODA class along with the Gold, Burgundy and Grand Champion awards. The marching bands are placed into five classes based on size: Class A, up to 50 musicians; Class 2A, 51-70 musicians; Class 3A, 71-95 musicians; Class 4A, 96-130 musicians; and Class 5A, 131 and more musicians.

The marching bands are evaluated in five different categories: Music Performance, Visual Performance, General Effect, Percussion, and Color Guards. Included in the ratings is each band's marching execution and precision.

The results of the Oakton invitational were:

Class A, 1st Place — Spotsylvania High School

Marching Knights Class 2A, 1st Place — Mount Vernon High School



James Madison HS Field Theme

Marching Majors

Class 3A, 1st Place — John Champe High School Marching Knights

Class 4A, 1st Place — James Madison High School Pride of Vienna Warhawk Band

Class 5A, 1st Place — McLean High School Highlander Marching Band

> The Oakton Cougar Burgundy Award, given to overall first place in class size 1A and 2A, was awarded to Mount Vernon High School.

> The Cougar Gold Award. given to overall first place in class size 3A to 5A, was awarded to James Madison High School.

> The Grand Champion Oakton Cougar Award was awarded to James Madison High's "Pride of Vienna" Warhawk Band. The Grand Champion Award was presented to Drum Majors Bea Torress-Rios and Eva Varghese.

> > - Terrance Moran

Great Falls Art Tour Set for Oct. 17-19

By John Byrd

ne of the simple pleasures of the **Great Falls Studios** art tour is its easy accessibility. With 50 professional artists situated within an 18-mile radius offering access to their personal working space, all a motivated art tourist needs to do is get the map and head to their destination of choice between 10 a.m. and 5 p.m. from Friday, Oct. 17 to Sunday, Oct. 19.

Participating artists have arranged an "open house" for the weekend at each stop and relish the opportunity to show off recent work. Disciplines range from traditional painting and photography to layered paper, fiber art, pottery and jewelry making. A diversity of style and vision blossoms in all directions.

Overall, the consortium represents 113 artists; many have been plying their craft for decades: some have received national honors.

Laura Nichols, a potter who initiated the group's outreach in 2003, says the tour really advances art appreciation and practice in Great Falls, a historic setting where one percent of the locals claim to have a working artist in the household.

"Certainly we are a town where people gravitate towards art as fundamental to personal expression," Nichols sid. "A naturally beautiful setting like Great Falls inevitably inspires homes that explore compelling indoor-outdoor relationships, and art that uniquely differentiates an interior or highlights an outdoor focal point. In that sense, it's not surprising that a community of working artists has thrived here."

On a larger point, Nichols notes that work presented in its studio setting is free from the commercial context you sometimes find in galleries, so attention is focused on the art — not the price, or how one artist's prices compare to another.

It's an arrangement that encourages visitors "to plumb the depths" of an artist's creative process, Nichols said, "something that's almost impossible in any other situation."

The tour is sponsored by Sun Design Remodeling, Inc, a designbuild remodeling firm that has been Studios." The publication features Falls and environs for over twenty influences, motivations and prohomes the firm has remodeled. In the studios during the tour.

some cases, a home makeover may have been inspired by the owner's interest in displaying a particular art acquisition or collection.

"This is a naturally occurring partnership," said Sun Design founder and chairman Craig Durosko. "Art and architecture have always been sympathetic disciplines. The aesthetic improvement of the home is one of our clients' core interests."

As a tour option, Sun Design will be showcasing the recently remodeled residence of artist and author Lesley Hackman, which now includes working studio space. Hackman is the co-author (with Lin Story) of a children's book "Bearabesque and the Humility Slippers" and also designs quilts.

While the tour is free and all are welcome to any of the participating studios, Nichols says that many visitors develop a practical trip plan by following a particular theme. Studios that are geographically convenient to one another, for instance, offer the potentials of an easy day trip that wanders through some of country's prettiest residential settings.

On the other hand, because studios are color coded on the tour map by artist's medium, it's just as easy to concentrate on a preferred discipline such as painting or photography.

Then, too, some visitors simply pick the artists they especially want to see from the tour directory and plot a course.

"It all depends on how much time a visitor wants to devote to taking it all in," Nichols said. "You can see a lot in a day, but some schedule the entire weekend."

Background information on the artists and their work can be found online at

www.GreatFallsStudios.com; many artists also provide links to their own sites. For art aficionado, the tour can be an annual refresher course in how a favored artist is evolving.

Those who want to extend their involvement after the tour will find many accommodating options including ongoing exhibits scheduled throughout the year, a Holiday Show (Dec. 13-14) and an online gallery, which presents a new themed exhibit every month.

Finally, last year Great Falls Studios released their first book: "Creative Spaces: Inside Great Falls active in renovating homes in Great 16 artists discussing their work, five years. Several artists who are cess. The book will be launched at active in the consortium occupy Great Falls library and at many of



Oakton HS Marching Cougars and Color Guard www.ConnectionNewspapers.com









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Exceptional Smiles, Exceptional Service

Dr. Garai is a Board Certified Orthodontist with more than 18 years of experience creating beautiful smiles for families in Vienna and the surrounding area.

The American Association of Orthodontics recommends children see an orthodontist at the age of 7. Early orthodontic treatment in children is shown to:

- Reduce treatment time required for comprehensive braces
- Reduce the need to extract teeth
- May eliminate the need to replace missing teeth
- Improve long term health of teeth and gums

How to tell if your child may need early orthodontic treatment:

- Early or late loss of baby teeth
- Difficulty chewing and/or biting
- Mouth breathing
- Your child sucks his or her thumb
- Speech impediments
- Protruding teeth
- Teeth that don't come together in a normal manner or even at all
- Shifting of the jaw when your child opens or closes his or her mouth (crossbites)
- Crowded front teeth around age seven or eight



Please call our office today to schedule your Complimentary Consultation

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