



Look! Up in the Sky!

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No One Injured in Burke Nursery Fire

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Osher Lifelong Learning Institute at George Mason University attendees pose for a picture taken from the camera attached to a hovering drone on Wednesday, Sept. 24.



AREA ROUNDUPS

Veterans of Foreign Wars Announces Scholarship Competition

Commander Bud Bishop of the Springfield Veterans of Foreign Wars (VFW) Post #7327 announces this year's VFW and its Ladies Auxiliary "Voice of Democracy" Scholarship Competition. Local high school students have the opportunity to compete for thousands of dollars in scholarships and a trip to Washington, D.C.

Students begin by competing at the lo-

cal Post level with a deadline of Nov. 1, 2014. Post winners advance to District and then the first place District winners advance to the state (or Department) competition. All state winners receive a four-day trip to Washington, D.C. A total of \$152,000 is awarded to national finalists. First place is a \$30,000 college scholarship. Annually, around 40,000 students participate in the competition nationwide.

Students must write and record a three-to-five minute essay on this patriotic theme for 2014-2015: "Why Veterans are Impor-

tant to our Nation's History and Future" on an audio cassette, CD or digitally and present their recording, typed essay, and entry form at their local VFW Post 7327 by Nov. 1, 2014.

Interested students and teachers should contact the Voice of Democracy Chairman (D.M. Benedict) at VFW Post #7327 by email at cdrpost7327@va.vfwwebmail.com, by phone at 703-541-3139 or write to the Post at P.O. Box 123 Springfield, VA 22150-0123 for more information.

For details visit www.vfw.org/Community/Voice-of-Democracy.

Farmers Markets

Each Thursday, from 3-7 p.m., the Fairfax County Government Center hosts a farmers market in its parking lot. The Government Center is at 12000 Government Center Parkway, in Fair Oaks, and the next markets are slated for Oct. 2 and Oct. 9.

Two farmers markets are still open in the City of Fairfax. They'll run through Nov. 1 at the corner of West and Main streets. The Downtown Fairfax Coalition Community Market is held Saturdays, from 8 a.m.-1 p.m. The Sunday Farmers Market will run from 10 a.m.-2 p.m. For more information, call 703-642-0128.

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Drones: Toys or Tools?

It's a bird. It's a plane.
It's an unmanned aircraft system.

BY ABIGAIL CONSTANTINO
THE CONNECTION

Parish Hall of the Church of the Good Shepherd in Burke was at full capacity on Wednesday, Sept. 24, for an Osher Lifelong Learning Institute at George Mason University (OLLI-GMU) lecture by Christopher Vo titled "Drones: Our New Toys, Tools, and Robot Companions." More than 140 OLLI-GMU members attended.

Vo, who grew up in Burke, is a doctoral candidate at George Mason University. His research focuses on the use of drones in shepherding, moving animals and people.

OLLI-GMU member Martha Powers contacted Vo to do a session when she saw a picture of him in The Washington Post flying a drone. "How cool! I wanna see drones. OLLI needs to have a drone class," she said.

Rich Goodwyn joined Vo and assisted with the demonstrations. Goodwyn and Vo are members of the DC Area Drone User Group. They displayed four drones of varying sizes. Three were quadcopters — multicopter helicopters — and one was shaped like an airplane.

Vo's presentation included the early history of unmanned aircraft systems, or drones, starting from a 19th-century photographer in a hot air balloon to cameras attached to pigeons. But it was during World War II that drones diverged from civilian to military use.

These days there are various uses for drones in the field of ecology, mapmaking and surveying, resources and agriculture, and search and rescue during disasters and crises.

However, issues regarding trespassing, invasion of privacy, criminal use, and general nuisance accompany these advantages. "There are potential bad uses for drones but this is true for all technology," said Vo.

Should drones be classified as aircraft? Most drone flights occur in Class G or uncontrolled airspace, which is from the ground to 1200 feet above ground level. There are few regulations in operating in this area, mostly they concern visibility.

However, those who operate drones should be aware of the temporary flight restrictions in parts of Northern Virginia, which do not allow the flight of drones, said Vo.

VO DEMONSTRATED drones' hovering capabilities using the smallest quadcopter while inside Parish Hall but the class moved outside to watch the bigger quadcopters take flight.

OLLI-GMU member George Addison, of Fairfax City, was impressed with the presentation. "I might order the little small one from Amazon. I may even chase the cat with it," he said.

Goodwyn and Vo said that those interested in making their own drones can learn how and the cost to make one can range between a few hundred dollars to more



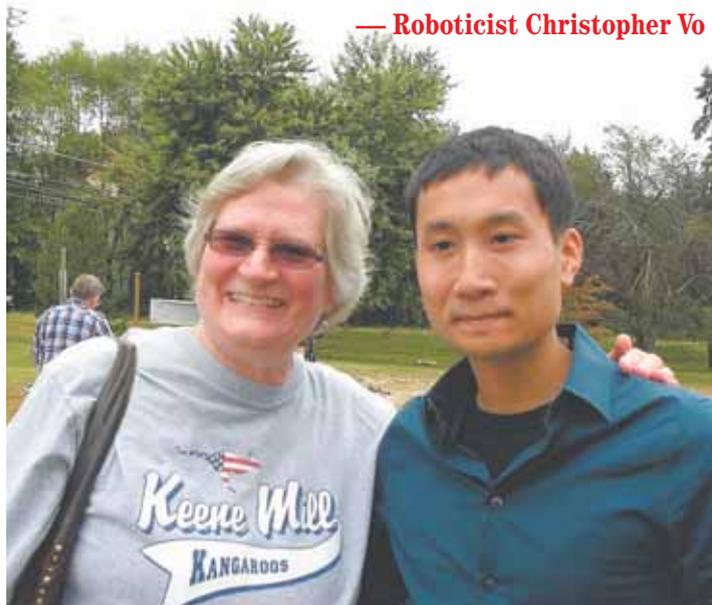
Guest lecturer Christopher Vo, a doctoral candidate at GMU, flies an unmanned aircraft system, or drone, after delivering a lecture to Osher Lifelong Learning Institute at George Mason University members on Wednesday, Sept. 24 in Burke.



Robotician Christopher Vo displays a quadcopter type of drone for his lecture titled "Drones: Our New Toys, Tools, and Robot Companions" for Osher Lifelong Learning Institute at George Mason University on Wednesday, Sept. 24 in Burke.

"There are potential bad uses for drones but this is true for all technology."

— Robotician Christopher Vo



Joan Lunsford poses with guest lecturer and former student Christopher Vo at the Osher Lifelong Learning Institute at George Mason University seminar on drones on Wednesday, Sept. 24 in Burke.



Martha Powers wears glasses that give her the view from the flying drone.

than a couple of thousand. The DC Area Drone User Group holds workshops for all levels.

Vo's session was an experience in role reversal for Joan Lunsford, of Clifton. She knew him when he was about 10 years old.

"He was a little mischievous, cute, funny." She was Vo's viola teacher at Keene Mill Elementary School in Springfield. "You never know what these talented students might end up doing," she said.

OLLI-GMU offers its 1,200 members the

opportunity to continue learning with classes and seminars. Membership is \$375 a year, which includes unlimited classes. For those interested in becoming members, there is an introductory rate option and an opportunity to sit in on a class.

Tilting at Voting Booths

Suzanne Scholte fighting for human rights, recognition in 11th District.

BY TIM PETERSON
THE CONNECTION

First in a series of
District 11 candidates' profiles.

Suzanne Scholte knows she has her work cut out for her. "This isn't a race anybody's thinking is worth looking at," she said at a meet and greet event in Montclair last weekend. "I think it was described as 'Quixotic.'"

The Republican candidate opposing incumbent Gerry Connolly for Virginia's 11th district representative seat was dressed in a grey suit with a colorful silk scarf draped around her neck. A hint of sweat glistened on her brow, perhaps due in equal parts to the warm afternoon in late September and the "crazy" schedule of campaign events she's undertaking; this was the second of three for the day.

"I have the disadvantage," said Scholte. "I'm not a politician, I've never held a political office. I'm trying to do everything I can to be everywhere I can, talk to everybody I can."

The meet and greet took place at the home of Janet Gorn, a state department employee and president of the Kings Highway Republican Women's E-Club. Since she's known Scholte, Gorn has been impressed by "her sincerity, her energy and that she really wants to make a contribution to not only a local community, but to our country."

SCHOLTE, a wife and mother of three young men (two are graduates of J.E.B. Stuart High School and active duty military, and one attends Immanuel Christian School), has been going door to door, visit-



From left: Ann Juliano of Bristow, Suzanne Scholte of Falls Church and Janet Gorn of Montclair enjoy the late afternoon sun at a campaign event in Gorn's back yard.

ing a different church, synagogue and mosque every Sunday, and holding town hall meetings. And at every turn, she's trying to solicit communication and feedback, whether for or against her.

"We don't screen who comes," said Kelley McLean, who has worked with Scholte on the North Korea Freedom Coalition, a non-partisan human rights advocacy group Scholte founded, and currently chairs, in 2003. "First we have commenting, then open the floor up for questions. We've had people yelling at her and she says, 'That's great, tell me.'"

When Scholte decided to run for Congress, she asked McLean to come along as her coalitions director and assistant.

"At first I thought my job was going to be scary," McLean said. "I thought I was going to be that 'body person' that if someone doesn't agree with them I'm supposed to pull her away from it. She's not like that. She says 'No, I want to talk to that person. Let's talk, sit down, see what we can work out.'"

Despite not holding office herself, Scholte has spent plenty of time around Capitol Hill. She was the youngest chief of staff on the

Bio

Candidate: Suzanne K. Scholte
Political Party: Republican
Current Position: President, Defense Forum Foundation

Born: June 13, 1959, Norwalk, Connecticut

Residence: Falls Church

Spouse: Chadwick R. Gore

Children: Chester (26), Christian (24) and James (14)

Education: B.A. English, minor in Fine Arts, College of William and Mary; Honorary Doctorate of Education, Koshin University, Pusan, Republic of Korea

Additional Organizations: Honorary Chairman, Free North Korea Radio; Vice Chairman and Founding Board Member, Committee for Human Rights in North Korea; Chairman and Founding Member, U.S.-Western Sahara Foundation; Board of Directors, Christian Solidarity Worldwide-USA; Executive Committee, Susan B. Anthony List.

Hill while Ronald Reagan was in office and as president of the non-profit Defense Forum Foundation for almost three decades, coordinates that group's nonpartisan Congressional Defense and Foreign Policy Forums in Washington.

"What motivated me to run is that my work has always been about working across party lines to get things done," Scholte said.

Though she was born in Connecticut, Scholte's family moved to Virginia when she was very young. She's been a resident of northern Virginia since the '70s and graduated from Loudoun County High School.

Her previous work, and that of the Defense Forum Foundation, focuses on promoting strong national defense, freedom, democracy and human rights abroad. In particular, Scholte has spent considerable

SEE SCHOLTE. PAGE 5

Q&A with Suzanne Scholte

Q: What do you think are your top three accomplishments in your humanitarian work?

A: The continuous Defense Forum Foundation, started in the 1980s, raising awareness of Islamofascism, China cyber attacks, the vulnerability of our electric grid, all kinds of issues. I can say I've had Ted Cruz's staff and Nancy Pelosi's staff at my programs.

Getting passage of the North Korean Human Rights Act. That was unanimous, working with Democrats and Republicans.

Having people understand there is a pro-West Muslim democracy that has been established in Western Sahara. I've been very much involved with getting the recognition of their cause in Congress. I've had to battle against a huge lobby effort by the Moroccans.

Q: If you're elected, what be would your top three priorities as a congressman?

A: Fixes to health care, trying to correct

the problems that have been created by the Affordable Care Act.

Pushing to reverse the Sequester cuts. It's just going to get worse; we're going to get more and more vulnerable.

Meeting our commitments to our fellow workers and to our veterans, being able to preserve the benefits that we've promised them.

Q: Give our readers three reasons they should vote for you on Election Day.

A: I will be a servant to the people of this district. I'm not running to be a politician, I would term limit myself right away.



PHOTO CONTRIBUTED
Suzanne Scholte

I will work across party lines. Some of my Democrat friends are already talking about things that we can do that could really help.

I would be very reflective and understanding of people who live in this district. The family I rescued out of North Korea, who are now citizens, northern Virginians: No one understands the importance of having a government that serves you, that you don't serve, like they do.

Q: How would you show off northern Virginia to an out-of-town friend?

A: Restaurants! We have so many great ones. What kind of food do you want? Japanese, Bolivian, we have such a diverse culture.

Q: Tell us something you think people would find surprising about you.

A: I've taught kindergarten Sunday school since 1994. Everything I need to

know I can learn from kindergartners, what's really true about life, just caring about other people. It's just a natural thing with children.

Q: Who are some of your heroes?

A: Ronald Reagan believed that you had to speak the truth, speak out, call things for what they are. He brought people together and gave them a vision. Another is Rabbi Abraham Cooper, associate dean of the Simon Wiesenthal Center in Los Angeles. He's a happy warrior, somebody who's positive in articulating what's happening in the face of horrific anti-Semitism.

Q: How you do relax, off the campaign trail?

A: Watching my youngest son play football with the Annandale Bulldogs. And watching the Redskins, because I don't want to bother anybody, I'm not going door-to-door, making any phone calls. The one time I feel guilt-free is during a Redskins game.

— TIM PETERSON

ELECTIONS 2014

Prepare for New Voter ID Requirements

There are new requirements for voter identification that voters must bring with them to the polling place.

In Fairfax County, 13,000 active voters currently do not have DMV issued photo identification, and of those, only a couple of dozen people have applied for a Virginia Voter ID card available free from local voter registrars.

Virginia law now requires all voters to provide one of the following forms of photo identification at the polls.

Here are the "acceptable" forms of identification. "Valid" is defined as a genuine document, bearing the photograph of the voter, and is not expired for more than 12 months:

- ❖ Valid Virginia Driver's License or Identification Card
- ❖ Valid Virginia DMV issued Veteran's ID card
- ❖ Valid United States Passport
- ❖ Other government-issued photo identification cards (must be issued by US Government, the Commonwealth of Virginia, or a

political subdivision of the Commonwealth

❖ Valid college or university student photo identification card, must be from an institution of higher education located in Virginia.

❖ Employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business

❖ or a Virginia Voter Photo ID Card obtained through any local general registrar's office

Voters arriving to the polls without photo ID will be allowed to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality's electoral board in order for their provisional ballot to be counted.

Virginia's photo ID requirements also apply to absentee voters who vote in-person in all elections.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

Any registered voter who does



Virginia law now requires all voters to provide valid photo identification at the polls.

not possess one of the above mentioned forms of photo ID can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

Provisional Ballot Process

A voter who arrives at the polling place without an acceptable form of photo identification will be given the opportunity to vote a

provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board. Voters may submit a copy of their ID via fax, email, in-person submission, or through USPS or commercial delivery service. Note that the copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted. A Friday postmark will not be sufficient. Written notice

given to the voter will provide the necessary information, including email, fax, and address of where the ID should be delivered.

If you vote a provisional ballot but don't have an "acceptable ID," you can appear in-person in the office of the general registrar in the locality in which the provisional ballot was cast by noon on Friday following the election and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document can be provided to the electoral board as acceptable identification and the voter's provisional ballot will be counted.

More Election Information

Fairfax County Board of Elections,
703-222-0776,
www.fairfaxcounty.gov/eb/
12000 Government Center Parkway,
Fairfax, Suite 232, Fairfax, 22035;
FAX 703-324-2205; email
voting@fairfaxcounty.gov

City of Fairfax General Registrar,
703-385-7890, <http://www.fairfaxva.gov/government/general-registrar>
10455 Armstrong Street, Sisson House,
Fairfax, 22030; FAX 703-591-8364;
email generalregistrar@fairfaxva.gov

State Board of Elections, 804 864-8901 Toll Free: 800 552-9745 FAX: 804 371-0194
email: info@sbe.virginia.gov
<http://www.sbe.virginia.gov>

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PHOTO BY TIM PETERSON/THE CONNECTION

Owners Hope Schmid (left) and father Ron DeAngelis straighten flowers at the Burke Nursery and Garden Centre. No one was injured in the fire, nor was any plant material, so business continues as usual.

Fall Festival Goes On Despite Fire

Smoldering burlap ignited decorative dried corn stalks.

BY TIM PETERSON
THE CONNECTION

In nearly 40 years, there's never been a fire at the family-owned Burke Nursery and Garden Centre. That is, until last Monday, Sept. 22. Owner Hope Schmid said they received a delivery of dried corn stalks about 11 a.m. that morning. By 3 p.m., the stalks had lit up, along with the large wooden lean in which they were being stored. "For something like this to happen, timing is never good," Schmid said. "Especially because we're trying to get ready for the festival."

The nursery's "Pumpkin Playground" opens next week and features a variety of games, rides and, of course, pumpkins for children to enjoy.

"We were all working on the fall festival," said general manager Fred Dickinson, an employee since the nursery opened in 1977. "I was actually headed over to get something and saw the smoke, and at the same time, a driver came in with some sod for a job we were doing." Dickinson and the driver both dialed 9-1-1 around the same time.

The nursery got a quick response from West Springfield's engine #27 and Burke's engine #14.

"By the time I saw it, it seemed like I could hear the sirens," said Dickinson. "That day was surreal."

"It was a big response," Schmid said. "It was just teeming with trucks and firemen. They even brought their food truck; there were so many people here."

Captain William Moreland, a spokesperson for the Fairfax County Fire Department, said the fire was initially dispatched as a "second alarm," calling for about 50 people. But after responders knocked it down in about 20 minutes, "they didn't need all those resources."

The building with the fire stood on the opposite end of the nursery compound from the fall festival. "The whole thing was engulfed in flames before any-

body saw it," said Dickinson.

Fortunately, that also meant everyone was also already at a safe distance from the fire.

"Everyone was really frightened," said Schmid. "We were just super grateful no one was hurt."

Firefighters sprayed a finishing foam and made sure everything was stable before leaving.

An independent inspector at the scene told Schmid that aging, decomposing burlap in the lean-to was the cause of the fire. "Burlap is a natural material like mulch is," said Schmid, "and the way that that steams and can heat up, it generated enough to ignite the corn stalks."

The lean-to was primarily used to store equipment like a generator, forklift, golf carts and lawn mowers. Fortunately most of those were in use around the fall festival. The fire only destroyed a handful that were still in the structure.

THE NURSERY AND FIREFIGHTERS were also lucky a stiff breeze of 20-25 miles per hour was blowing that day, away from the main nursery building.

Schmid said that helped keep the fire in a somewhat contained "I" shape and prevented it from spreading to other buildings.

"It totally surprised me that it burned," said Schmid's father Ron DeAngelis, who opened the nursery after first running a roadside flower stand at the corner of Rolling and Old Keene Mill Roads.

Because the fire didn't affect the majority of the nursery's merchandise, the staff was able to get back to work once the firefighters had it under control. Dickinson said business only faltered that day due to the road being closed, but things are largely back to normal for the community business.

"I think it's easy nowadays to buy plant material, Halloween or Christmas decorations at a big box store," said Schmid, "but those people don't necessarily have knowledge and passion for plants like the people who've worked for us."

"We try to treat people fairly," added DeAngelis. "Over the years, we have a good rapport with everybody. So there's no reason why we shouldn't be here."

And thanks to a quick response from the West Springfield and Burke stations, they still are.

Fall Festival & Pumpkin Playground

Despite the fire, Burke Nursery's Fall Festival and Pumpkin Playground will go forward as planned for the 20th year. The festival runs Oct. 1 through Oct. 31. Hours are 9 a.m. to 8 p.m. Monday through Thursday and Sunday, 9 a.m. to 9pm Friday and Saturday. Admission on weekdays is \$9 per person, weekends \$13 per person. Visit www.pumpkinplayground.com.

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Scholte on 'Crazy' Campaign Schedule

FROM PAGE 4

time and effort working to liberate people in North Korea and Western Sahara.

Various human rights organizations rank those populations as some of the most persecuted people in the world.

"She's the lady that, if she sees something's on fire, she's going to go do whatever it takes to go put it out," said McLean. "She runs towards it."

"She's strong and courageous," said Bill Card, the chairman of the Prince William County Republican Committee. "She's faced down dictators, she can certainly face down her peers in Congress when she gets there."

It was working with members of both parties in Congress that helped Scholte get the North Korean Human Rights Act of 2004 passed. "That was a classic example of what you can do when you want to get things done," Scholte said. "I compromised with my Democrat friends."

THE LAW lays out specific ways for the United States to help North Korean refugees. Scholte's role in its passage and her continuing advocacy work has

helped her earn a number of humanitarian accolades, including the 2008 Seoul Peace Prize and 2013 Order of Diplomatic Service Sungnye Medal, the government of South Korea's highest award for a non-Korean.

Kang Seo is an external relations associate and translator for Free North Korea Radio, and has worked with Scholte as "a mouth for her to speak Korean" each time the candidate has visited Seoul over the past three years.

"The impression I got was she loves people a lot, she cares," said Seo. "Whether you know them or not, it doesn't matter. Any time she meets with people, she wants them to engage with her, talk with her. She wants to listen to their stories. That kind of thing attracts people."

What friends and colleagues of Scholte describe as her "personable," "sincere" and "energetic" nature, Seo said has helped Scholte affect Koreans on their own human rights issues.

"She's the one that brought ourselves back to engage with that problem," said Seo. "Her concern and her heart actually surprised me the most when I first met her."

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Does the Change in Voter ID Laws Matter?

More than 22,000 active voters in Northern Virginia are without the required ID.

For the current election, new, more stringent voter identification laws are in effect.

Taken together, more than 22,000 of Northern Virginia's close-in voters right now do not have the photo identification now required to vote in the coming election. While there are simple ways to get an identification card for Election Day, so far, only a handful of voters have done so.

In Fairfax County, 13,247 of the county's 672,756 active voters do not have the photo identification they will need to vote on Election Day.

In Alexandria, 2,729 of the City's 85,671 active voters do not have the photo identification they will need to vote on Election Day.

In Arlington, 6,348 of the 140,255 active voters do not have the photo identification they will need to vote on Election Day.

These numbers are analyzed by the State Board of Elections, and include voters who do not have a match in the DMV data, and also are not designated as military, overseas or federal only voters, who do not have an active Federal Postcard Application or Annual Absentee application, and who have voted or registered since and including the last presidential election.

EDITORIAL

Across the Commonwealth, 93,117 active voters also lack photo ID from DMV or the other likely sources.

When you consider that in the last election, Virginia's Attorney General was elected by a margin of 165 votes out of more than 2 million votes cast, these numbers are staggering. There is no evidence of voter identification fraud on any scale that requires potentially disenfranchising tens of thousands of voters. Because Northern Virginia is the most populous part of the state, the impact is also greatest in our area.

Here are the "acceptable" forms of identification. "Valid" is defined as a genuine document, bearing the photograph of the voter, and is not expired for more than 12 months: Valid Virginia Driver's License or Identification Card; Valid Virginia DMV issued Veteran's ID card; Valid United States Passport; Other government-issued photo identification cards; Valid college or university student photo identification card, must be from an institution of higher education located in Virginia; Employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business; or a Virginia Voter Photo ID Card obtained through any local general registrar's office.

Register

For More Election Information:

FAIRFAX COUNTY BOARD OF ELECTIONS

703-222-0776, www.fairfaxcounty.gov/eb/
12000 Government Center Parkway, Fairfax, Suite 232,
Fairfax, 22035; FAX 703-324-2205; email
voting@fairfaxcounty.gov

STATE BOARD OF ELECTIONS

804 864-8901 Toll Free: 800 552-9745 FAX: 804 371-0194
email: info@sbe.virginia.gov
http://www.sbe.virginia.gov

Voters arriving to the polls without photo ID will be allowed to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality's electoral board in order for their provisional ballot to be counted.

If you or anyone you know might need identification to vote, the process is simple. Contact your local board of elections and go apply for your ID card. There is help in place to transport voters who need help getting there.

In order to vote on Election Day, you must be registered at your current address no later than Oct. 13, 2014. You can check your registration status online by going to www.sbe.virginia.gov.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Stopping Domestic Violence: You Can Make a Difference

BY JOHN C. COOK AND JOE MEYER

By now we have all seen the video. We know he hit her because we saw it. But how did they get there? Did she reach out for help? Would she have known how? Perhaps most importantly, how common is this domestic violence? The answer, unfortunately, is that domestic violence is much more common than you may think.

According to Safe Horizon, a victim assistance organization, "one in four women will experience domestic violence in her lifetime." The Violence Policy Center found that "72 percent of all murder-suicides involve an intimate partner and 94 percent of the victims of these murder-suicides are female." The children in homes where domestic violence occurs are among its most serious victims. Studies show that the 3 million children who witness domestic violence in their homes each year can suffer significant emotional and cognitive harm, even if they are not on

the receiving end of the physical abuse. Many men are victims of domestic violence as well, and this scourge knows no economic or racial limits.

Violence sneaks in slowly. It may start as financial control or social restrictions, but studies show us that abusive relationships tend to follow a pattern. Once a violent episode takes place, it is very likely it will happen again. The average victim is assaulted seven times before they leave for good. Here's how the story could end: in Fairfax County, domestic violence is the number one cause of homicide. Safe Horizon tells us that, "every year, 1 in 3 women who is a victim of homicide is murdered by her current or former partner."

Our message is that you can get out of this terrible situation, and your neighbors and friends can help. There are resources in Fairfax to help victims, and there is an increasing chorus of voices standing up to say this is unacceptable. As two involved members of our community, a Fairfax County supervisor and the executive direc-

tor of Shelter House, we are among the many outspoken advocates for resources for victims and showing the men, women, and children in these situations a better way. Whether you are in fleeing abuse, or you witness abuse and need information on how to address the issue, you can call the Fairfax County 24 hour hotline at 703-360-7273.

October is Domestic Violence Awareness Month, and there are many ways to raise awareness and help worthy organizations. One opportunity is to join us at an event to stop domestic violence and raise money for Shelter House and Fairfax CASA. The event will be held on Wednesday, Oct. 22 at

Coyote Grill in Fairfax from 4:30 – 6:30 pm.

Shelter House's domestic violence shelter, Artemis House, is Fairfax County's only emergency shelter for families and individuals fleeing domestic/sexual violence and human trafficking. Fairfax CASA, or Court Appointed Special Advocates, helps children navigate the confusing and scary aftermath of domestic violence. Please join us and the increasing number of people speaking out to end domestic violence.

John C. Cook is Fairfax County supervisor (R-Braddock District) and Joe Meyer is executive director of Shelter House.

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to:

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1606 King St., Alexandria VA 22314
Call: 703-917-6444.

By e-mail: south@connectionnewspapers.com

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Burke to Celebrate History Day

Focus on transportation, Burke School's 75th anniversary.

The Burke Historical Society's Annual Burke History Day will be held on Saturday, Oct. 11. The event will take place in Old Town Burke at The Burke Volunteer Fire and Rescue Department, 9501 Old Burke Lake Road, Burke, across from the Burke Post Office, 10 a.m.-4 p.m. The theme for this year's Burke History Day is transportation and will feature exhibits, children's activities and presentations about various forms of transportation and the evolution of how people traveled to and from Burke for profit and pleasure. In addition, the Burke School will present a special exhibit in celebration of their 75th anniversary.

Whether it's the rolling hogsheads filled with tobacco heading to the ports in Alexandria or the steam locomotives bringing residents of our nation's Capital to Burke to the horse

races, transportation in all its varied forms played a critical role in forming the Burke we know today. Going beyond the four-legged forms of transportation of Burke's very early

days, learn about the early days of flight in the area and the growth of air transport that necessitated the addition of a second airport for the region and how Washington had its site set on Burke. Early

roads that at times were nearly impassable, gave way to the roadways now serving the entire Northern Virginia region. From the rich and continuous history of the railroad to the innovation of slugging, transportation in Burke is a compelling topic to explore.

The event is also a fitting occasion to observe the Burke School's diamond jubilee. This building at the corner of Burke Lake Road and Lee Chapel Road opened in 1939 as the

Burke Elementary School, replacing a smaller building that had served that purpose since 1912. Built as a WPA project and dedicated in 1940, the school has seen many changes over the years, including expansions, integration, and eventual conversion to today's special education center. The Burke School will share this history with the public through historic photographs, memorabilia, and anecdotes from former students and teachers.

The event is free, open to the public, and is in conjunction with the Burke Volunteer Fire and Rescue Department's Annual Open House.

The Burke Historical Society is a nonprofit 501(c)(3) organization whose goal is to preserve the history of Burke through the collection of photographs and artifacts, through publications, through research into the people, places and customs of many eras, and through living history. Burke Historical Society works to protect local Burke history through maintenance of its artifacts, buildings and cemeteries. For more information, visit www.burkehistoricalsociety.org.

Herrity Calls for Heroin Problem Update

"Heroin is here, it's on our doorstep, it's in our communities and it often goes unnoticed," said supervisor Pat Herrity (R-Springfield).

Citing a 163 percent rise in heroin overdoses in Northern Virginia between 2011 and 2013, Herrity proposed a successful motion to the Board of Supervisors last week, asserting the County Executive report back to the board on just how bad the heroin problems in Fairfax County are and how they could be dealt with.

"This problem ranges through all demographics, it doesn't have a face," said Herrity, "and for that reason often goes unnoticed until it's too late."

The motion also added discussion of heroin and synthetic marijuana product K2 Spice to the agenda of the public safety committee meeting. As of press date, there isn't one scheduled.

"Having a conversation about the two things together is a good thing," said Lee supervi-



Springfield Supervisor Pat Herrity is trying to bring to light and address underreported heroin use in Fairfax County.

sor Jeff McKay about addressing heroin and K2 Spice, "the new emerging problem police have identified."

"The county needs to be forceful in addressing it," said Braddock supervisor John Cook.

Spokesperson for the Fairfax County Police Department Lucy Caldwell said they planned to have people attend an Oct. 2 summit in Charlottesville on dealing with community heroin use.

— TIM PETERSON

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WELLBEING

Top Chef for Seniors

Retirement community residents choose Sunrise Signature Chef.

BY MARILYN CAMPBELL
THE CONNECTION

Grace Delaune nibbled on striped bass and quinoa salad, pondering the flavors and textures of each dish. Myke Hammaker savored the miso cod and spinach. The two women weren't simply having lunch. They were judges at the Senior Eats Nutritional Challenge in Fort Belvoir last week. "The food challenge was a lot of fun and the food was excellent. Every dish was beautifully displayed and cooked perfectly," said Hammaker. "It was hard for the judges to pick the best dish although I picked the Miso Cod with Spinach because it really stood out as a fantastic dish."

"The five selections were just outstanding. It was very difficult to pick the best dish, although my favorite was the Striped Bass with Quinoa Salad," added Delaune.

The winning recipe was Miso Cod with Spinach. During the competition, which was sponsored by Sunrise Senior Living headquartered in McLean, Va., and held at The Fairfax, a Sunrise community, five of the company's top chefs prepared their healthiest dishes, making use of only fresh, local ingredients. A panel of Sunrise residents judged the chefs' creations. One of the goals of the competition was to break negative stereotypes about the quality of food served in retirement communities.

All of our finalists did an incredible job creating meals that could rival our country's top restaurant chefs."

— Tim Whelan, vice president, Dining Services for Sunrise

"All of our finalists did an incredible job creating meals that could rival our country's top restaurant chefs," said Tim Whelan, vice president, Dining Services for Sunrise. "We constantly look at ways to provide more variety for our residents to enjoy, and the Nutritional Challenge is a great way to add unique, healthful dishes to our menus."

The chefs were judged on their ability to meet Sunrise's Signature Dining criteria, which includes using fresh, seasonal ingredients. After the competition chefs and residents discussed the recipes used, nutritional needs of seniors and the role that eating healthfully can lead to better cognitive functioning, memory and heart health.

"Our goal... is to give our residents delicious and nutritional food with real variety each day," said Lawrencia Quaye, Executive Chef at The Fairfax.

None of the five chefs who made it to the finals competition were from the Washington, D.C. region. The winner Chef Floyd Stephen of Dunwoody, Georgia, was named the Sunrise Signature Chef and received \$1,000.

Winning Recipe: Miso Cod and Spinach

Miso Brushed Cod with Sautéed Spinach
by Floyd Stephen, Brighton Gardens of Dunwoody
Serves 6

- 1 1/2 lbs cod filets, 4 oz each
- 6 tsp olive oil
- 3 shallots, peeled / minced
- 3 garlic cloves, peeled / minced
- 1 1/2 lbs shiitake mushrooms, stemmed / julienned
- 1 lb stemmed fresh spinach
- 1 1/2 cups chicken stock
- 1/4 cup miso paste

- ◆ Steam the fish for 7 minutes, until internal temperature reaches 145° F for 15 seconds.
- ◆ While the fish is steaming, heat the olive oil in a sauté pan over medium heat. Add the shallots and garlic. Sauté until soft. Add the mushrooms and cook until the liquid evaporates. Add the spinach and sauté for 1 minute to wilt. Turn off the heat and set aside.
- ◆ Bring the stock to a boil in a separate pot. Whisk in the miso paste. Simmer for 5 minutes.
- ◆ Divide the spinach mixture evenly between serving dishes. Place fish on top of the spinach. Spoon miso sauce over fish. Serve immediately.



PHOTO COURTESY OF SUNRISE SENIOR LIVING
Residents of Sunrise Senior Living served as judges during the Senior Eats Nutritional Challenge in Fort Belvoir.

FREE CAREGIVERS SEMINARS

Fairfax County is offering the following Free Caregiver Seminars in October:

- ◆ Understanding and Caring for a Person with Dementia. Saturday, Oct. 18, 10:00-11:30 a.m. Insight Memory Care Center, 2812 Old Lee Highway, Fairfax. For directions: 703-204-4664.
- ◆ Six Questions to Consider About Paying for Long-Term Care – WEBINAR. Wednesday, Oct. 29, Noon-1:00 p.m. Register beforehand at www.fairfaxcounty.gov/dfs/olderadultservices/caregiver.htm.
- ◆ Carfit experts will be at the Vienna Volunteer Fire Department parking lot to assist older adults in determining if your car fits you properly for maximum safety. Free program. Wed., October 8, from 9:00 a.m.-2:00 p.m. Call 703-255-6360 to register and for more information.
- ◆ Fairfax County's free Chronic Disease Self-Management Program workshops are held Oct. 15-Nov. 19, 10:00 a.m.-12:30 p.m. Register at www.fairfaxcounty.gov/dfs/olderadultservices or call 703-324-5489, TTY 711.

Fairfax County is providing free Support Groups for Kinship Caregivers. Oct. 21, Oakton Library, 7-8:30 p.m. and Oct. 23, 6:30-8:00 p.m. Bryant Alternative High School. Visit www.fairfaxcounty.gov/dfs/kinship/support-groups.htm, or to register call 703-324-5447, TTY 711.

Medicare 101 presentations are offered by Fairfax County at the following locations:

- ◆ Wednesday, Oct. 15, 7-8:30 p.m. — Braddock District Community Room (Next to Kings Park Library), 9002 Burke Lake Road, Burke, VA 22015
Directions: 703-425-9300, TTY 711 (No registration necessary.)
- ◆ Thursday, Oct. 16, 10-11 a.m. — Unitarian Universalist Church, 2709 Hunter Mill Road, Oakton, VA 22124
Directions: 703-281-0538, TTY 711 (No registration necessary.)
- ◆ Tuesday, October 28, 9:45-11 a.m. — Vienna Presbyterian Church, 124 Park Street, NE, Vienna, VA 22180
To register contact Charles Geschiere at 703-938-9050, x. 151; TTY 711
For more information visit www.fairfaxcounty.gov/dfs/olderadultservices.

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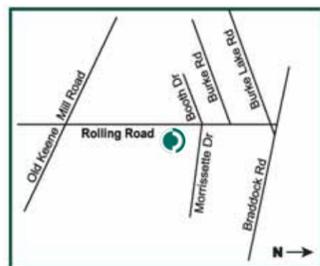
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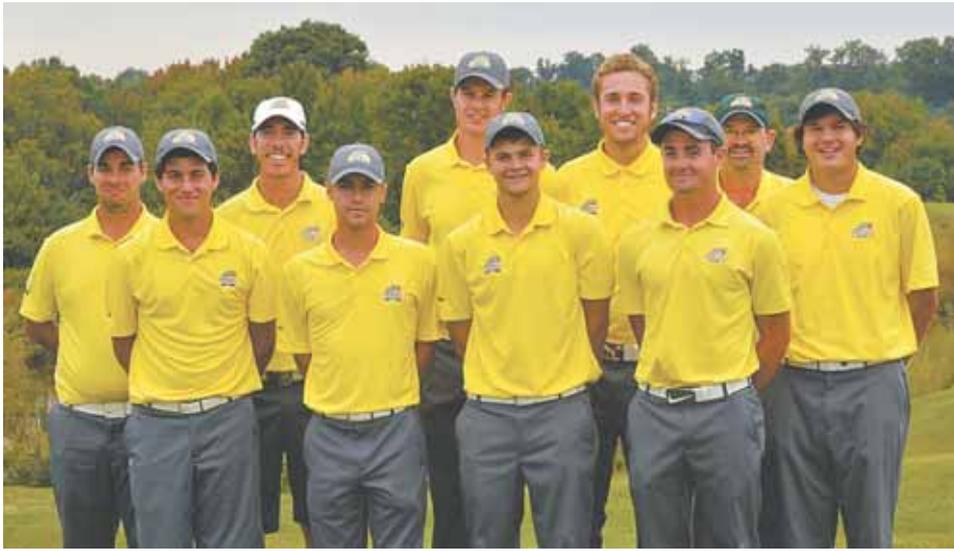
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George Mason Patriot's Golf Team



PHOTOS BY TERRANCE MORAN/THE CONNECTION

George Mason Holds 3rd Patriot Intercollegiate Golf Invitational

George Mason University held its third Annual Intercollegiate Golf Invitational on Sept. 27-29 at Laurel Hill Golf Course in Fairfax. Seventeen college teams accepted George Mason's invitation and fielded a total of 104 players.

The event was held at Laurel Hill Golf Course, the site for the U.S. Amateur Public Links Championship hosted in 2013.

Each collegiate team fielded five members. Individual scores were used to tabulate first and second place team finishes. Additionally, individual scores were used to award first and second place finish.

After a practice round on Saturday to acquaint the golfers to the Laurel Hill course, the participants played 36 holes of golf on Sunday. The rules of the competition require that each golfer carry their clubs and walk the course. The result is that most players



Ryan Zech, 1st Place in Individual scoring.

are rather tired after 7-8 hours of play and walking Laurel Hill — a long and hilly course of 7,010 yards in length.

The event concluded on Monday with a final 18 holes of play around 4 p.m. After tabulating the scores first place was awarded to the University of Missouri team with a combined team score of 851 and Marshall University came in second at 854.

Ryan Zech from Missouri won the award for best individual score shooting four under par. Christopher Crawford from Drexel and Clark Robinson from Marshall were tied for second place each scoring three under par.

The results of this event will be used for NCAA rankings to determine invitations to the NCAA Regional events planned for spring 2015.

— TERRANCE MORAN

Scott King, George Mason's Golf Coach, tabulating scores.



PHOTOS CONTRIBUTED

Change the World Day volunteers at the Claude Moore Farm in McLean.

'Changing the World' at Springfield Church

Volunteers at Messiah United Methodist Church worked on 30 mission projects in the community.

More than 350 members of Messiah United Methodist Church in Springfield took church to the community on Sunday, Sept. 7, performing 30 mission projects including repairing a boardwalk maintenance at Hidden Pond Nature Center; serving meals at Rising Hope UMC (Route 1 corridor), Capitol Hill UMC (DC) and

Fisher House (military veterans); sorting donations at area charity thrift stores and building fences at picnic tables at Camp High Road, a United Methodist camp in Manassas.

The day of service — in which the combined manpower performed a year's worth of community service — is part of a United Methodist initiative called "Change the World Day."



Heidi Weston of Messiah United Methodist Church in Springfield drills screws to build a privacy fence at Camp Highroad in Aldie, Va. during 'Change the World Day' in September.



Messiah United Methodist Church members pack food for the church's ongoing weekend backpack program, which provides food for the weekend for children who receive free and reduced-price meals at school.

HOME SALES

In August 2014, 63 Burke homes sold between \$1,050,000-\$220,000.

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	PostalCode	Subdivision
10107 WATERSIDE DR	5	4	1	BURKE	\$1,050,000	Detached	0.73	22015	EDGEWATER	
9812 PORTSIDE DR	4	3	1	BURKE	\$1,035,000	Detached	0.94	22015	EDGEWATER	
10108 DECKHAND DR	4	4	1	BURKE	\$800,000	Detached	0.57	22015	EDGEWATER	
9010 DIGORY CT	4	3	1	BURKE	\$697,000	Detached	0.26	22015	MEADOWS OF NARNIA	
9638 IRONMASTER DR	4	2	1	BURKE	\$690,000	Detached	0.20	22015	CHERRY RUN	
10603 BURR OAK WAY	4	3	1	BURKE	\$685,000	Detached	0.22	22015	BURKE CENTRE	
9605 VILLAGESMITH WAY	4	3	1	BURKE	\$677,000	Detached	0.20	22015	CHERRY RUN	
9700 STIPP ST	5	3	1	BURKE	\$635,000	Detached	0.36	22015	CHERRY RUN	
5241 DUNLEIGH DR	4	3	1	BURKE	\$630,000	Detached	0.23	22015	DUNLEIGH	
9723 DELLFORD CT	4	3	1	BURKE	\$625,000	Detached	0.33	22015	CHERRY RUN	
5200 RUFFNER WOODS CT	4	2	1	BURKE	\$617,000	Detached	0.30	22015	ROLLINGWOODS ESTATES	
6668 OLD BLACKSMITH DR	4	2	2	BURKE	\$605,000	Detached	0.21	22015	CHERRY RUN	
9213 WYETH LN	4	2	1	BURKE	\$600,000	Detached	0.20	22015	SOUTHPORT	
9180 LAKE BRADDOCK DR	4	3	1	BURKE	\$600,000	Detached	0.28	22015	SIGNAL HILL	
6344 TORRENCE ST	4	2	1	BURKE	\$589,900	Detached	0.35	22015	OLD MILL COMMUNITY	
7321 LIGHTSHIP CT	4	3	0	BURKE	\$585,000	Detached	0.36	22015	LONGWOOD KNOLLS	
9688 CHURCH WAY	4	3	1	BURKE	\$580,000	Detached	0.25	22015	BURKE RIDGE CLUSTER	
6230 CAPELLA AVE	4	3	1	BURKE	\$574,900	Detached	0.22	22015	BENT TREE	
6410 GLENBARD RD	1	1	0	BURKE	\$570,000	Other	0.43	22015	ROLLING VALLEY WEST	
6410 GLENBARD RD	8	2	1	BURKE	\$570,000	Detached	0.43	22015	ROLLING VALLEY WEST	
6065 BURNSIDE LANDING DR	4	2	2	BURKE	\$565,000	Detached	0.20	22015	BURKE CENTRE	
9714 SCHMIDT DR	4	2	1	BURKE	\$559,000	Detached	0.22	22015	CHERRY RUN	
6372 TORRENCE ST	4	2	1	BURKE	\$546,500	Detached	0.38	22015	KEENE MILL OAKS ASSOCIAT	
9736 DELLFORD CT	4	2	1	BURKE	\$543,000	Detached	0.20	22015	CHERRY RUN	
6005 MILL COVE CT	3	2	1	BURKE	\$530,000	Townhouse	0.06	22015	BURKE MILL COVE	
5218 LIGHTHORNE RD	4	2	2	BURKE	\$525,000	Detached	0.20	22015	LAKE BRADDOCK	
6151 LUCAS POND CT	4	3	1	BURKE	\$505,000	Detached	0.20	22015	PROSPECT KNOLLS	
5710 WATERS EDGE LANDING CT	4	3	1	BURKE	\$482,400	Townhouse	0.07	22015	BURKE CENTRE	
9813 PULHAM RD	4	2	1	BURKE	\$470,000	Detached	0.21	22015	CHERRY RUN	
5907 WATERS EDGE LANDING LANE	4	3	1	BURKE	\$469,000	Townhouse	0.05	22015	BURKE CENTRE	
6616 BESTWICK CT	4	2	0	BURKE	\$446,500	Detached	0.22	22015	CHERRY RUN	
9217 CAPRICORN CT	5	2	1	BURKE	\$445,000	Detached	0.32	22015	ROLLING VALLEY WEST	
5434 CALSTOCK CT	3	2	1	BURKE	\$437,000	Townhouse	0.04	22015	LAKE BRADDOCK	
9601 LAKE BRADDOCK DR	3	3	1	BURKE	\$429,750	Townhouse	0.06	22015	CROWNLEIGH	
5500 BEACONSFIELD CT	4	2	1	BURKE	\$428,000	Townhouse	0.06	22015	LAKE BRADDOCK	
10124 WALNUT WOOD CT	4	2	1	BURKE	\$424,900	Townhouse	0.05	22015	BURKE CENTRE	
5420 BRIXHAM CT	3	2	1	BURKE	\$420,000	Townhouse	0.03	22015	LAKE BRADDOCK	
6057 HEATHWICK CT	4	3	1	BURKE	\$405,000	Townhouse	0.04	22015	CARDINAL GLEN	
10076 APPLE WOOD CT	4	3	1	BURKE	\$397,500	Townhouse	0.04	22015	BURKE CENTRE	
5832 WYE OAK COMMONS CT #16	3	2	2	BURKE	\$395,000	Townhouse	0.05	22015	WALDEN AT BURKE CENTRE	
9931 WHITEWATER DR	3	2	1	BURKE	\$385,000	Townhouse	0.05	22015	LAKEPOINTE	
6113 CALICO POOL LN	3	3	1	BURKE	\$379,000	Townhouse	0.03	22015	BURKE CENTRE	
5814 WOOD POPPY CT	3	2	1	BURKE	\$378,000	Townhouse	0.05	22015	BURKE CENTRE	
9441 GOSHEN LN	3	1	2	BURKE	\$370,000	Townhouse	0.05	22015	LAKE BRADDOCK	
5783 DEVON LN	2	2	1	BURKE	\$370,000	Townhouse	0.07	22015	BURKE VILLAGE	
10353 POND SPICE TER	3	2	1	BURKE	\$370,000	Townhouse	0.04	22015	BURKE CENTRE	
5401 LIGHHOUSE LN	3	2	2	BURKE	\$365,000	Townhouse	0.05	22015	LAKE BRADDOCK	
9879 LAKEPOINTE DR	3	2	1	BURKE	\$365,000	Townhouse	0.03	22015	LAKEPOINTE	
9941 HEMLOCK WOODS LN	3	3	0	BURKE	\$360,000	Duplex	0.10	22015	BURKE CENTRE	
9530 CHERRY OAK CT	3	2	1	BURKE	\$356,000	Townhouse	0.04	22015	OLD MILL COMMUNITY	
5700 WALNUT WOOD LN	3	3	1	BURKE	\$355,000	Townhouse	0.04	22015	BURKE CENTRE	
5961 POWELLS LANDING RD	3	2	0	BURKE	\$355,000	Duplex	0.10	22015	BURKE CENTRE	
5942 HERITAGE SQUARE DR	3	3	1	BURKE	\$350,000	Townhouse	0.04	22015	HERITAGE SQUARE NORTH	
5851 JACKSONS OAK CT	3	2	1	BURKE	\$345,888	Townhouse	0.03	22015	BURKE CENTRE	
5813 OAK BUCKET CT	3	2	1	BURKE	\$340,000	Townhouse	0.03	22015	BURKE CENTRE	
5912 KARA PL	3	2	1	BURKE	\$310,000	Townhouse	0.04	22015	BURKE STATION SQUARE	
5832 FIRST LANDING WAY #137	3	2	1	BURKE	\$310,000	Townhouse	0.04	22015	WOODWALK	
5125 ARRIT CT	3	1	1	BURKE	\$305,000	Townhouse	0.03	22015	LAKE BRADDOCK	
5940 COVE LANDING RD #303	3	2	0	BURKE	\$260,000	Garden 1-4 Floors	0.03	22015	BURKE COVE	
5813 COVE LANDING RD #303	2	1	0	BURKE	\$238,944	Garden 1-4 Floors	0.03	22015	BURKE COVE	
5837 COVE LANDING RD #201	2	2	0	BURKE	\$237,500	Garden 1-4 Floors	0.03	22015	BURKE COVE	
5926 ANNABERG PL #191	2	3	0	BURKE	\$230,000	Townhouse	0.04	22015	OAKWOOD COMMONS BURKE	
5827 COVE LANDING RD #302	2	1	0	BURKE	\$220,000	Garden 1-4 Floors	0.03	22015	BURKE COVE	

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FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

The Greater Little Zion Baptist Church in Fairfax is hosting its annual Health Fair on Saturday, Oct. 4, 2014, 10 a.m. to 2 p.m.

The theme for 2014 is "Prevention to

Prosperity" (3 John 1:2) and the purpose of this Health Fair is to provide a free innovative and comprehensive program that addresses the major health needs and financial awareness our community at large.

This event is free and offers a number of free health screenings, and health wellness and financial seminars conducted by various industry professionals.

In addition, there will be a Kid's Corner with a moon bounce, arts and crafts, face painting and aerobics demonstrations. Door prizes and healthy snacks will be given throughout the event. The Health Fair is open to the public and it will be an educational, informative, and fun-filled event for all ages.

Greater Little Zion Baptist Church is located at 10185 Zion Drive in Fairfax. www.glzbc.org

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- Opportunity to provide participant giveaways
 - Twelve (12) golfers
- Sponsor signage and welcome keynote at banquet
- Color logo on event banner displayed at banquet
 - Sixteen (16) raffle tickets

Platinum – \$5,000

- Signage at registration desk
 - Logo on rules sheet
- Sponsor signage on bar, box lunch or beverage carts
 - Two (2) hole sponsorships
- Opportunity to provide participant giveaways
 - Eight (8) golfers
- Color logo on event banner displayed at banquet
 - Twelve (12) raffle tickets

Gold – \$3,500

- Signage at registration desk
 - Logo on rules sheet
- Sponsor signage on bar, box lunch or beverage carts
 - One (1) hole sponsorship
- Opportunity to provide participant giveaways
 - Six (6) golfers
- Color logo on event banner displayed at banquet
 - Eight (8) raffle tickets

Silver – \$2,500

- Signage at golf bag drop
 - One (1) hole sponsorship
 - Four (4) golfers
 - Six (6) raffle tickets
- Color logo on event banner displayed at banquet
- Opportunity to present skills competition awards or raffle prizes

Bronze – \$1,500

- One (1) hole sponsorship, Two (2) golfers & Four (4) raffle tickets
- Color logo on event banner displayed at banquet

INTERNATIONAL COUNTRY CLUB

13200 Lee Jackson Memorial Highway
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<http://www.internationalcc.com>
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Event Information
Registration: 9:30 am
Shotgun Start: 11:00 am
Post-Tournament Awards Banquet
Silent/Live Auction
Raffles and Prizes
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<http://tinyurl.com/forethekids2014>

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Live/Silent Auctions
Raffles and Prizes
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Includes: Greens Fees, Cart, Driving Range

Individual Golfers \$250

For more information on sponsorship opportunities, please contact Amir Capriles at amir.capriles@microsoft.com or 703-362-6970

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

SEPTEMBER Publishing

HomeLifeStyle.....9/10/14

A+ Camps & Schools.....9/17/14

Fall Fun & Arts Preview.....9/24/14

OCTOBER

Wellbeing.....10/1/14

HomeLifeStyle PULLOUT: Deadline is 9/25/14.....10/8/14

A+ Camps & Schools.....10/15/14

Election Preview I10/22/14

Election Preview II10/29/14

NOVEMBER

Election Day is Tuesday, November 4.

Wellbeing.....11/5/14

HomeLifeStyle.....11/12/14

Holiday Entertainment & Gift Guide I.....11/19/14

A+11/25/14

Thanksgiving is November 27.

DECEMBER

Wellbeing.....12/3/14

HomeLifeStyle: Home for the Holidays.....12/10/14

Hanukkah begins December 16.

Holiday Entertainment & Gift Guide II.....12/16/14

A+ Camps & Schools.....12/16/14

CHILDREN'S CONNECTION12/24/14

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- Mount Vernon Gazette
- Oak Hill/Herndon Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Oakton Connection

ENTERTAINMENT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/OCT. 2 – SATURDAY/OCT. 4

Wake Up Call. Epicure Café, 11104 Lee Highway, Fairfax. A new collection of contemporary art curated by The Bunnyman Bridge Collective. www.epicurecafe.org/

THURSDAY/OCT. 2 – SUNDAY/OCT. 5

“You’re Such An Animal.” Workhouse Arts Center, 9518 Workhouse Way, Lorton. Gloria Benedetto shares her tribute to the animals she loves. Using several techniques of stippling or painting with inks, pastels, acrylics or watercolor, the suite of work demonstrates the variety of animal portraiture that can be achieved through different mediums and styles.

THURSDAY/OCT. 2 - WEDNESDAY/DEC. 31

War on the Doorstep: Fairfax Militia in the War of 1812. Exhibition. The Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway. Open Tue.-Sat. 10 a.m. - 3 p.m. Free tours at 1 p.m. 703-591-0560.

THURSDAY/OCT. 2 - SUNDAY/FEB. 8, 2015

Dressing for the Occasion: An Exhibition of Costumes and Textiles Representing Fairfax Personalities and Events. Exhibition. Fairfax Museum & Visitor Center, 10209 Main Stree, Fairfax. Open daily 9 a.m. - 5 p.m. 703-385-8414.

THURSDAY/OCT. 2-OCT. 23

Drawing and Painting Lab. 1:30-3:30 p.m. Green Spring Gardens, 4603 Green Spring Rd, Alexandria. Every Thursday of October, explore drawing and painting techniques. Students should bring a 9"x12" watercolor pad, graphite pencils, fine Sharpie or Pitt pen, a set of colored pencils, a set of watercolors, brushes #4 and #6 and a flat brush for washes and blending. Admissions: \$74/person. Register at www.fairfaxcounty.gov/parks/greenspring using code 290 430 3501 or call 703-642-5173. For adults.

FRIDAY/OCT. 3

Alonzo King LINES Ballet. 8 p.m. George Mason University's Center for the Arts, 4400 University Drive. Performance by Alonzo Kings contemporary ballet company. \$26-\$44. 888-945-2468.

Jon Bellion. 6 - 11 p.m. The Empire, 6355 Rolling Road, Springfield. Singer/Songwriter Jon Bellion performs at the Empire. \$12. 703-569-5940.

Taj Weekes & Adowa. 10:30 p.m. Empire, 6355 Rolling Road, Springfield. Bringing Love, Herb and Reggae to U.S. Cities. \$10.

FRIDAY/OCT. 3-SUNDAY/OCT. 19

Earth and Fire Ceramics Exhibition. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. An exhibition featuring the works of 35 leading ceramic artists from the nine nations: Indonesia, Malaysia, the Philippines, Singapore, Thailand, Laos, Vietnam, Cambodia and Myanmar. <http://workhousearts.org>

FRIDAY/SEPT. 26- SUNDAY/OCT. 12

Edgar Allan Poe's Nevermore. Friday and Saturday at 8 p.m., Sunday at 5 p.m. Workhouse Arts Center, 9601 Ox Rd, Lorton. Take a musical journey into the heart and soul of Edgar Allan Poe, America's first truly visionary poet. Lyrics are adapted from Poe's writings. Admissions: \$15. www.workhousearts.org. 703-584-2900.

SATURDAY/OCT. 4-SATURDAY/OCT. 25

40 Years of Potomac Valley Watercolorists Public Opening Reception. 7-9 p.m. Workhouse Arts Center, 9601 Ox Road, 22079 Lorton. This exhibit of 100 watercolor painting celebrates the 40 year anniversary of the Potomac Valley Watercolorists. <http://workhousearts.org>

SATURDAY/OCT. 4

Gogo Grandmothers Kickoff. 3 p.m. Burke Community Church, 9900 Old Keene Mill Road, Burke. Worship dance performances by Children of the Light. Keynote speaker: Leslie Lewis, U.S. Coordinator of Gogo Grandmothers. Learn more



PHOTO COURTESY OF THE ARTISTS

The Senegal St. Joseph Gospel Choir will perform at George Mason University's Center for the Arts on Oct. 4.

about Africa and the Gogos. AIDS in Africa has orphaned over a million children who are being raised by their grandparents (called Gogos). The Gogo Grandmothers ministry provides prayer and care. Refreshments will be served. Email gogo@burkecommunity.com for more.

The Senegal St. Joseph Gospel Choir. 8 p.m. George Mason University's Center for the Arts, 4400 University Drive, Fairfax. The Senegal St. Joseph Gospel Choir will perform a variety of songs from different cultures and traditional African songs. \$28-\$46. 888-945-2468.

Watercolor Workshop: Painting Glass. 9:30 a.m.-3:30 p.m. Green Spring Gardens, 4603 Green Spring Rd, Alexandria. Learn to paint the look of shine, reflection and transparency using watercolor on paper with instructor Marni Maree. A morning demonstration is followed by afternoon painting/critique. Bring in glass, silver objects or photos of glass to paint and a bag lunch. Admissions: \$76/person. Register at www.fairfaxcounty.gov/parks/greenspring using code 290 431 4501 or call 703-642-5173.

Lovely Low-Maintenance Gardens. 10:30 a.m.-12 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Garden smarter, not harder with Brenda Skarphol, who leads you to sunny plant combinations and eco-friendly gardening techniques. Admissions: \$18/person. Register at www.fairfaxcounty.gov/parks/greenspring using code 290 488 5401 or call 703-642-5173.

Beyond Bows. 1:30-3:30 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Learn how to make beautiful package decorations with bows, ribbons, botanical materials and more with the help of florist Chuck Mason and create a few to take home. Admissions: \$35/person plus \$15 supply fee. Register at www.fairfaxcounty.gov/parks/greenspring using code 290 487 5101 and 487 5102 for the supply fee or call 703-642-5173. Ages 16+.

Dog Adoption. 12 -3 p.m. Petco, Greenbriar Towncenter, 13053 Lee Jackson Memorial Highway, Fairfax. Call 703-817-9444 or visit www.hart90.org/

Swing Dance. 7:30 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. An evening of swing dancing and great music. Each event begins with a half hour swing dance lesson by Gottaswing, followed by a dance at 8 p.m. Admission fee of \$15 can be paid at the door. www.gottaswing.com.



PHOTO COURTESY OF LUCID FRAME PRODUCTIONS FOR VIRGINIA OPERA

Stephen Powell as Sweeney Todd and Phyllis Pancelia as Mrs. Lovett in Virginia Opera's production of "Sweeney Todd" playing at George Mason University's Center for the Arts on Oct. 11 – 12.

SATURDAY-SUNDAY/OCT. 4 – 5

Special Railroad Technology Exhibit. 12-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Exhibits will feature innovations introduced over the years by local inventors as well as "futuristic" concepts. Rare, authentic railroad patent models will be displayed as well as Museum artifacts used along the local railroad. Admission: free for Museum members and children under 5; \$2 children 5-15; \$4 adults 16 and over. For more information, visit www.fairfax-station.org or call 703-425-9225.

SUNDAY/OCT. 5

Aquila Theatre: Wuthering Heights. 7 p.m. George Mason University's Center for the Arts, 4400 University Drive. Aquila Theater performs Wuthering Heights. \$26-\$44. 88-945-2468.

Fairfax Pets On Wheels 19th Annual "Paws for a Cause" 3K Walk. 12-3 p.m. Weber's Pet Supermarket, 11021 Lee Highway, Fairfax. Proceeds from the walk will go toward recruitment and training, volunteer activities, and insurance. All pre-registered participants will receive a "Paws for a Cause" t-shirt. \$20-\$25. 703-324-5424.

Cold Press Soap Making. 12:30-4:30 p.m. Green Spring Gardens, 4603 Green Spring Rd, Alexandria. Learn how to make cold process soap using all natural botanical ingredients. This demonstration shows you how to safely handle and store lye, how to add fragrance/exfoliants/colorants and gives you covering/molding/curing/packaging ideas. Take home two bars of soap with recipes. Admissions: \$65/person. Register at www.fairfaxcounty.gov/parks/greenspring using code 290 488 4401 or call 703-642-5173.

Food and Jane Austen. 1-3 p.m. Green Spring Gardens, 4603 Green Spring Rd, Alexandria. Explore the Regency Era's culinary and dining conventions through Jane Austen's novels and letters. Hear about dress code, etiquette and more followed by a traditional English tea. Admissions: \$29/person. Call 703-941-7987 to make reservations. Ages 13+.

MONDAY/OCT. 6-FRIDAY/NOV. 3

Adventures in Learning. 9:30 a.m.-2:45 p.m. Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. This program is open to all adults age 50 or better. Registrants bring a bag lunch and stay for a full day of classes/activities and socializing, or pick and choose the classes that interest them the most. \$30. www.scbva.org or 703-323-4788.

MONDAY/OCT. 6

'Fore' the Kids Golf Tournament. Registration 9:30 a.m., shotgun start 11 a.m. at International Country Club, 13200 Lee Jackson Memorial Highway, Fairfax. All proceeds benefit Boys & Girls Club programs for underprivileged, at-risk youth in Fairfax County, including academic enrichment, athletics, health and wellness, character and leadership development, the arts, and career development. Individual golfers, \$250; foursomes, \$900. Includes greens fees, cart, driving range, post tournament awards dinner, boxed lunch, contests, raffles, prizes, live and silent auction. Visit <http://tinyurl.com/forethekids2014> for more. For sponsorship opportunities, contact Amir Capriles at amir.capriles@microsoft.com or 703-362-6970.

Move & Groove with Mr. Skip. 10:30 a.m. Old Town Hall, 3999 University Drive, Fairfax. Mr. Skip, who is all about music and movement, sings original and classic kids songs like Old McDonald to the five and under crowd. He gets the kids off their seats and moving. For more information, visit www.fairfaxarts.org or call 703-352-ARTS.

An Evening of Arias and Duets. 7 p.m. Sherwood Center, 3740 Old Lee Highway, Fairfax. Join Virginia Opera for an evening of Arias and Duets from favorite operas, operettas and musicals, including selections from the upcoming 2014-15, 40th Anniversary Season. Free. Limited seating, reservations requested, www.vaopera.org.

MONDAY/OCT. 6 – FRIDAY/OCT. 31

Pumpkin Patch. 10 a.m.-8 p.m. Messiah United Methodist Church, 6215 Rolling Road, Springfield. Pumpkins are available from 10 a.m. – 8 p.m. daily until Oct. 31, when the patch closes at 6 p.m. 703-569-9862.

ENTERTAINMENT

Revenge and Passion on Mason Stage

Virginia Opera opens 40th season with a full-of-life “Sweeney Todd.”

BY DAVID SIEGEL
THE CONNECTION

“Attend the tale of Sweeney Todd...” Such are well known lyrics for those familiar with the musical “Sweeney Todd-The Demon Barber of Fleet Street.” Good news is coming. The production of “Sweeney” as a rarely done opera is arriving from the Virginia Opera.

And for those who have not seen this Tony Award-winning, musically moody rich account of revenge and passion this is a golden opportunity. Sung in English, the production is arriving soon at George Mason University’s Center for the Arts. “Sweeney Todd” has music and lyrics by Stephen Sondheim and book by Hugh Wheeler. Why in operatic form? Well, Sondheim himself called “Sweeney Todd” a “dark operetta.”

“Sweeney Todd” is a musical tale all about a man named Sweeney Todd living in Victorian England. He is wronged by a powerful, lecherous judge.

Todd loses all that matters to him. He spends years plotting his payback. Todd and a colorful meat

pie shop owner named Mrs. Lovett work as partners to build a thriving business built upon a most unexpected ingredient for tasty meat pies.

“Stephen Sondheim transformed a play into a musical that captures in full measure its vigorous full-throated, full-blooded and emotionally generous story telling — which is what opera is,” said director Ron Daniels. It is “exuberant; full of energy the audience will feel and experience. The show emotionally spins the audience on a dime from horror to comedy and back again. It is not a timid production.”

Conducting the music will be Adam Turner, Virginia Opera’s principal conductor and artistic advisor. He will be directing an orchestra of 30. The production has “great, powerful voices that will amplify the story. There will also be a full chorus singing with an intensity and a joyful presence,” said Turner.

The role of Mrs. Lovett is performed by Phyllis Pancella, a renowned mezzo-soprano. She is relishing the role of someone with “raw emotions as they spin out of control.” She said, “Mrs. Lovett doesn’t think what she does is unethical. She is broke and needs money to survive. And she loves Sweeney.”

Sweeney Todd is played by baritone Stephen Powell. “The character of Sweeney drew me to the role. I want to create some sympathy for him,” said Powell. “Is his behavior at being wronged so far-fetched” as he seeks revenge? Come taste the “Sweeney Todd” magical elixir for yourself.

Where and When

George Mason University, Center for the Arts presents Virginia Opera’s production of “Sweeney Todd — The Demon Barber of Fleet Street.” 4400 University Drive, Fairfax. Performances: Saturday, Oct. 11, 2014 at 8 p.m. and Sunday, Oct. 12, 2014 at 2 p.m. Tickets \$44-\$98. Tickets are half price for youth through grade 12. Call 888-945-2468 or visit cfa.gmu.edu.

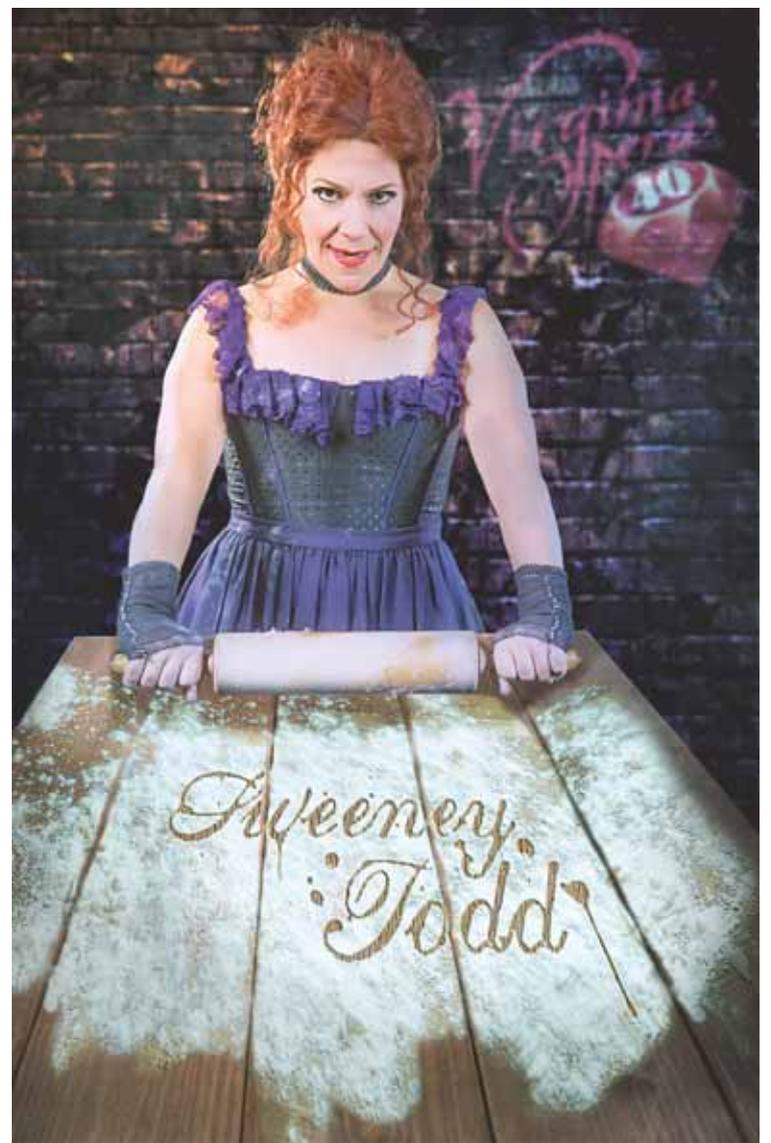


PHOTO COURTESY OF VIRGINIA OPERA

Phyllis Pancella (as Mrs. Lovett) with rolling pin.

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21 Announcements

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SATURDAY/OCT. 4

Savvy Social Security. 2 p.m. Prince of Peace Lutheran Church, Library Room 26, 8304 Old Keene Mill Road, Springfield. This one hour workshop covers the basics of Social Security and reveals strategies for maximizing benefits, including five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security benefits, and how to coordinate Social Security with your other sources of retirement income. RSVP's and further questions will be handled by calling or emailing, Financial Associate, Sheri Swackhamer at 571-970-0454 or sheri.swackhamer@thrivent.com.

MONDAY/OCT. 6

Red Cross Blood Donation. 3-7:30 p.m. Abiding Presence Lutheran Church, 6304 Lee Chapel Rd., Burke. To make an appointment to donate blood, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767).

WEDNESDAY/OCT. 8

Fairfax County Sheriff Stacy Kincaid. 1 p.m. American Legion Post 176, 6520 Amherst Avenue, Springfield. Sponsored by NARFE Springfield Chapter 89, Fairfax County Sheriff discusses her job as operator of the County jail, the guardian of the County Courthouse, the server of civil papers, like subpoenas and evictions, and full arrest powers within Fairfax Co, City of Fairfax, and the Towns of Herndon and Vienna. Free. Contact Pat Harahan, 703-569-9684.

THURSDAY/OCT. 9

Savvy Social Security. 7 p.m. St. Mark's Lutheran Church, downstairs Fellowship Hall, 5800 Backlick Rd., Springfield. This one hour workshop covers the basics of Social Security and reveals strategies for maximizing benefits, including five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security benefits, and how to coordinate Social Security with your other sources of retirement income. RSVP's and further questions will be handled by calling or

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

The Greater Little Zion Baptist Church in Fairfax is hosting its annual Health Fair on Saturday, Oct. 4, 2014, 10 a.m. to 2 p.m.

The theme for 2014 is "Prevention to Prosperity" (3 John 1:2) and the purpose of this Health Fair is to provide a free innovative and comprehensive program that addresses the major health needs and financial awareness our community at large.

This event is free and offers a number of free health screenings, and health wellness and financial seminars conducted by various industry professionals.

In addition, there will be a Kid's Corner with a moon bounce, arts and crafts, face painting and aerobics demonstrations. Door prizes and healthy snacks will be given throughout the event. The Health Fair is open to the public and it will be an educational, informative, and fun-filled event for all ages.

Greater Little Zion Baptist Church is located at 10185 Zion Drive in Fairfax. www.glzbc.org

Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

The Guhyasamaja Buddhist Center, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism. The center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming inner causes of

emailing, Financial Associate, Sheri Swackhamer at 571-970-0454 or sheri.swackhamer@thrivent.com.

FRIDAY/OCT. 10

Red Cross Blood Donation. 9 a.m. - 2 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. To make an appointment to donate blood, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767).

TUESDAY/OCT. 14

Red Cross Blood Donation. 10 a.m. - 3:30 p.m. The Hub (Sub II), 4400 University Dr., Fairfax. To make an appointment to donate blood, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767).

WEDNESDAY/OCT. 15

Impact of Dementia on the Family. 1:30 p.m. Insight Memory Care Center, 2812 Old Lee Highway Suite 210, Fairfax. Join us for this free educational program. Dementia affects the entire family - expectations and relationships can change family dynamics. Join us for this discussion on how to handle these changes. Call 703-204-4664 to RSVP and for more information.

SATURDAY/OCT. 18

Healthy Aging. 8:30 a.m. - 1:30 p.m. Antioch Baptist Church, 6525B Little Ox Rd., Fairfax Station. Keynote speaker Margaret Pressler, Washington Post reporter and author of *Cheat the Clock*, a book on the science of aging. Lots of exhibits, demonstrations, and excellent presentations as well. Lunch included. For more information and to register, visit www.antioch-church.org or call 703-590-6562.

Genealogy Workshop. 10:30 a.m.-3 p.m. Anna Maria Fitzhugh Chapter, National Society Daughters of the American Revolution, will sponsor a genealogy workshop for DAR membership at King's Park Library, 9000 Burke Lake Road, Burke. Everyone is welcome. For more information contact Judy Korfonta, 703-451-3930.

suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation and meditation. Visit <http://www.guhyasamaja.org> for more information.

Lord of Life Lutheran offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or www.Lordoflifeva.org.

First Baptist Church of Springfield offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspringfield.org.

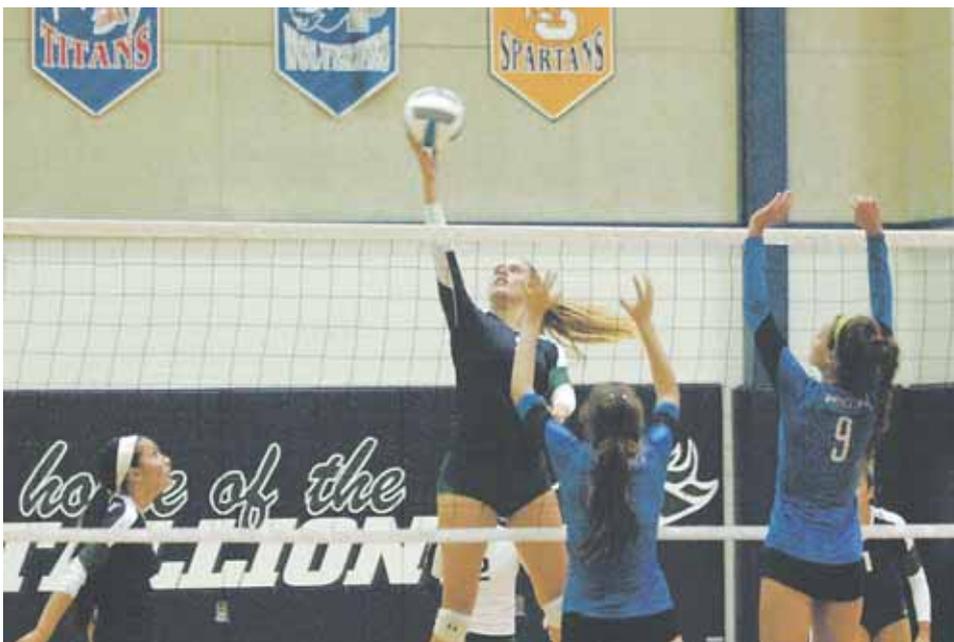
Clifton Presbyterian Church, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided. Christian education for all ages is at 9:45 a.m. 703-830-3175.

St. Andrew the Apostle Catholic Church, 6720 Union Mill Road, Clifton, conducts Sunday masses at 7:30 a.m., 8:45 a.m., 10:30 a.m. and 12:30 p.m. It also offers a Saturday vigil at 5:30 p.m. and a Thursday Latin mass at 7 p.m. 703-817-1770 or www.st-andrew.org.

Prince of Peace Lutheran Church, 8304 Old Keene Mill Road, Springfield, offers casual worship services on Saturday evenings at 5:30 p.m. featuring contemporary music. More traditional services take place on Sunday mornings at 8:15 and 11 a.m. Sunday School is from 9:45-10:45 a.m. for children and adults. The church also offers discussion groups for adults. 703-451-5855 or www.poplc.org.

SPORTS

South County senior Rachel Snare finished with nine kills and two aces against West Potomac on Tuesday.



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Strong Service Game Propels South County Volleyball

Stallions produce 16 aces in victory over West Potomac.

BY JON ROETMAN
THE CONNECTION

With South County comfortably ahead in the third set of Tuesday's match against West Potomac, Stallions senior Cathy Scaniffe sent a serve over the net. The ball sailed through the air, drilled a Wolverine player in the face and fell to the floor, giving the Stallions an 11-3 lead.

It was that kind of night for both teams, as South County put forth a dominant performance behind the service line and West Potomac never had a chance.

The South County volleyball team defeated West Potomac 3-0 (25-7, 25-12, 25-12) on Sept. 30 at South County High School. The Stallions totaled 16 aces and showed the necessary improvement to satisfy head coach Trista Barnhart.

"We did not serve so well the last match, so we worked on that specifically in practice," Barnhart said. "The girls knew they had to come out here and prove to me what we did in practice would relay [to the match], which they did. I was really proud of what they did." What was the problem before?

"I would definitely say that they were worried about looking bad or missing the serve or disappointing the team," Barnhart said, "when they need to go back positive like, 'I'm going to get this.'"

Negativity was not an issue for South County on Tuesday. The Stallions served with power and finesse,

and took control of the match.

"We knew that we could beat this team," senior setter Amber Ragunas said, "so we weren't really as worried and in our heads about serving."

Freshman defensive specialist Cassidy Ragunas, junior libero Brooke Birch, junior defensive specialist Kori Thomas and Amber Ragunas each had three aces for South County. Senior outside hitter Scaniffe and senior middle blocker Rachel Snare each had two.

When the Stallions needed more than just a serve to score, Scaniffe, Snare and junior opposite hitter Gabrielle Hall took care of business.

Scaniffe finished with 10 kills, Snare totaled nine and Hall had seven.

"[Scaniffe is] great mid-approach at [deciding where to place her attack] and going strong," Barnhart said. "Rachel is just flat-out aggressive. She really goes after it. Especially this year, being a senior, she has the full confidence that I've been wanting out of her for the past two seasons, and this year she's just full-blown going at it."

Jessica Dorn led West Potomac with six kills.

The victory improved South County's record to 16-2. The defending Conference 7 champions returned nine players from last season.

"We know that we have a target on our back and we know that teams are going to play harder against us because we've been told that teams do play

better when they play us," Snare said. "Mostly, it's just given us motivation to go further."

South County will play four straight road matches, starting with a contest against Lee at 7:15 p.m. on Monday, Oct. 6. West Potomac (5-4) will host Stuart at 5 p.m. on Tuesday, Oct. 7.



South County senior Cathy Scaniffe had 10 kills and two aces during Tuesday's sweep of West Potomac.

Setter Abby Nejako and the Robinson volleyball team defeated defending VHSL 6A state champion Langley during a Dig Pink match on Sept. 27.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Robinson Volleyball Beats Langley

The Robinson volleyball team split a pair of matches during a Dig Pink event on Sept. 27 at Robinson Secondary School, starting with a 3-2 win over defending VHSL 6A state champion Langley.

The Rams fell to Battlefield, 3-1, in the second match.

Robinson also lost a road match to West Springfield, 3-2, on Monday, dropping the team's record to 4-4.

Robinson faced McLean on Wednesday, after The Connection's deadline. The Rams will host Annandale at 7 p.m. on Thursday, Oct. 2.

Robinson, Lake Braddock, SoCo Football Have Bye Weeks

The Robinson, Lake Braddock and South County football teams have byes this week, and will return to action on Oct. 10.

Robinson improved to 5-0 with a 56-21 win over Herndon on Sept. 26. The Rams will host Madison for homecoming at 7:30 p.m. on Friday, Oct. 10.

Lake Braddock improved to 4-1 with 28-17 victory against Annandale on Sept. 26. The Bruins' only loss was a 19-17 defeat against Robinson on Sept. 12.

Lake Braddock will travel to face Woodson at 7:30 p.m. on Friday Oct. 10.

South County remained undefeated with a 56-6 win over Lee on Sept. 26. The Stallions (5-0) have beaten four of five opponents by 20 points or more.

South County will host T.C. Williams at 7:30 p.m. on Friday, Oct. 10.

Spartans Lose to Defending Champs

The West Springfield football team had its three-game winning streak snapped with a 31-0 loss to defending VHSL 6A state champion Centreville on Sept. 26.

The Spartans (3-2) are on a bye this week and will return to action at home against West Potomac at 7:30 p.m. on Friday, Oct. 10.

Woodson Football Earns Second Win

The Woodson football team won its second consecutive game on Sept. 26, beating T.C. Williams 56-21.

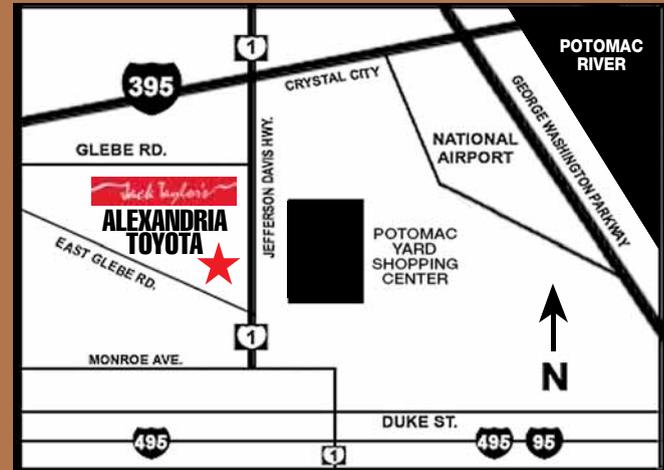
The Cavaliers (2-3) are on a bye this week and will host Lake Braddock at 7:30 p.m. on Friday, Oct. 10.

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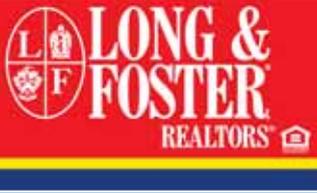


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<p>TOYOTA GENUINE SERVICE BRAKE SPECIAL \$99⁹⁵ PADS</p> <p>Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.</p> <p>MACHINE ROTORS AN ADDITIONAL \$199.95.</p> <p><small>DOES NOT APPLY TO ALL VEHICLES. PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>		<p>TOYOTA GENUINE SERVICE 30000 MILES FACTORY RECOMMENDED SERVICE \$159⁹⁹</p> <p>Synthetic \$10 More</p> <p>Includes: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>		<p>TOYOTA GENUINE SERVICE OIL & FILTER SERVICE SPECIAL \$5⁰⁰ OFF</p> <p>Includes: Change oil, install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>		<p>TOYOTA GENUINE SERVICE DETAIL SPECIALS \$39⁹⁵</p> <p>Wash & Vacuum \$139⁹⁵</p> <p>Hand wash, wax & interior cleaning \$295⁹⁵</p> <p>Full premium detail</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	
<p>TOYOTA GENUINE SERVICE VARIABLE DISCOUNT</p> <p>\$5.00 OFF with purchase of \$35.00 - \$49.99</p> <p>\$10.00 OFF with purchase of \$50.00 - \$99.99</p> <p>\$15.00 OFF with purchase of \$100.00 - \$199.99</p> <p>\$20.00 OFF with purchase of \$200.00 - \$499.99</p> <p>\$50.00 OFF with purchase of \$500.00 Or more</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>		<p>TOYOTA GENUINE SERVICE TRUE START BATTERY SPECIAL \$139⁹⁵</p> <p>INCLUDES BATTERY INSTALLATION</p> <p>Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated, PLUS we'll check all battery cables & connections.</p> <p><small>Does not apply to hybrid batteries. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>		<p>GENUINE TOYOTA 15% OFF WIPER INSERTS & WIPER BLADES</p> <p><small>SOME MODELS HIGHER. NOT VALID WITH ANY OTHER OFFER. TOYOTA VEHICLES ONLY. GOOD THRU 10/31/14. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY.</small></p>		<p>TOYOTA GENUINE SERVICE EXTEND THE LIFE OF YOUR VEHICLE! BG FLUID EXCHANGE SPECIAL</p> <p>TRANSMISSION FLUSH \$179⁹⁵</p> <p>POWER STEERING FLUSH \$129⁹⁵</p> <p>BRAKE FLUSH \$129⁹⁵</p> <p>FUEL INDUCTION FLUSH \$129⁹⁵</p> <p>FOR TRANSMISSION FLUSH, TYPE T OR WS FLUID ADD \$50.00</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	
<p>WE WILL MEET OR BEAT ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>		<p>TOYOTA GENUINE SERVICE COMPLIMENTARY MULTI-POINT INSPECTION</p> <p>Includes: Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>					

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