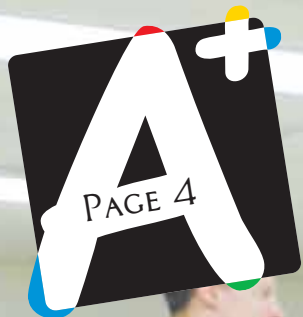


# Potomac ALMANAC

# Brimming with Gemütlichkeit

NEWS, PAGE 3

Kit and Oliver Moss ready for  
Oktoberfest at the Emmanuel Lutheran  
Church. Kit Moss is the Biermeister.



Bullis  
Continues  
Winning  
Despite  
Lack of  
Depth

SPORTS, PAGE 15

Experiencing  
Life With  
Special Needs

NEWS, PAGE 2



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## NEWS

# Experiencing Life with Special Needs

## Potomac school program teaches empathy and acceptance.

BY MARILYN CAMPBELL  
THE ALMANAC

A classmate led Sophia Collins across the gym floor during a physical education class at Wayside Elementary School in Potomac last week. Sophia tried to pick up a golf ball and put it in a cup. This may sound like an overly simple task for a first grade student, but Sophia needed help because she couldn't see. During the exercise, she got assistance as she completed a variety of everyday tasks.

"It is scary going down the stairs if you're blind," she said.

However, Sophia isn't blind; she was wearing a blindfold and taking part in Wayside's fourth annual Special Needs Awareness Program (SNAP) Week. SNAP is a week-



PHOTO COURTESY OF WAYSIDE ELEMENTARY

**As part of Wayside Elementary School's Special Needs Awareness Program Week, students participated in simulation activities in order to experience firsthand what it feels like to have a disability.**

long disability awareness program made up of lessons and experiences designed to help students not only better understand the challenges people with a disability may face, but promote acceptance of their peers with special needs.

In addition to reading and watching documentaries about those with special needs, students

engaged simulation activities that allowed them to experience firsthand what it can be like to have a disability.

"SNAP is important in the community to build awareness around the topics of tolerance and respect for others who are different from us," said Nancy Averill, a guidance counselor at Wayside. "The hope is that families are talking about the lessons and activities and are sharing their own values and expectations for their children."

The week also included an evening performance by the band Rock-Able, led by Jesse Magee, who is legally blind and has cerebral palsy. He and his band play original music, and his life story helps many people gain more understanding of those who have special needs.

In addition, Wayside's faculty and staff took part in a battle of the bands as part of the musical event.

"Our students learn lessons not only about the learning needs of others, but the need to be self-reflective about their own challenges and how they relate to the challenges of others," said Donna Michela, Wayside's principal. "They learn that they can and need to be not only advocates for themselves, but for others as well."

During the interactive simulation activities, students rotated through gross motor, fine motor, vision and audiology simulation activities. In addition to performing everyday tasks while blindfolded, students learned to communicate with each other using only assistive technology devices and attempted fine motor tasks with socks or gloves on their hands.

Third grader Justin Saenz said he learned, "How hard it is," to communicate with others without being able to speak.

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## Oktoberfest Brims with Gemütlichkeit

### Emmanuel Lutheran Church hosts festival.

BY SUSAN BELFORD  
THE ALMANAC

**E**mmanuel Lutheran Church brought Germany to Potomac and Bethesda on Sunday, Oct. 5 when they held their 23<sup>rd</sup> annual Oktoberfest. The Heidi und Heimat Echo Band played German Oktoberfest songs and led the crowd in singing and dancing the polka; Old Europe Restaurant provided a typical German dinner including würstl (a variety of German sausages,) käsespätzle, sauerkraut, rotkohl/blaukraut (red cabbage) and apfelstrudel mit vanilla sauce for dessert. German bier steins were filled with imported Oktoberfest brews and non-beer drinkers sipped on German Rieslings.

“Ein Prosit, Ein Prosit, der Gemütlichkeit” was the most popular song of the evening. Proper beer drinking etiquette at Oktoberfest requires that during particular songs, all glasses are raised, clanked and a song is belted out. Prosit means a toast. Gemütlichkeit cannot be translated directly into English because it is a uniquely German word. The best English translation is “coziness” or “good cheer.” But, as “Biermeister” Oliver Moss explained to the crowd, “Gemütlichkeit goes a step further and encapsulates a feeling of belonging, social acceptance and leaving your troubles at the door.”

Biermeister Moss explained that Oktoberfest, the world’s largest festival of beers, is held in Munich, Bavaria, Germany and runs for 16 days every fall. It began in 1810 and has only been cancelled 24 times during the cholera epidemic and World



The Heidi und Heimat Echo Band performs at Oktoberfest every year.

Wars I and II. The numbers for the world-renown festival are staggering: the largest beer tent holds 12,000 people and 460,000 roasted chickens are consumed along with 7 million liters of beer each year. The waitresses clutch five or six over-flowing liters of beer in each hand, delivering beers brewed especially for Oktoberfest and wearing traditional German festival apparel (which displays the muscles required to carry such weighty beers). Overall, 6 million people attend Oktoberfest each year – and Italians are only second to Germans in attendance. The celebration is held all over the world – Saigon, Beijing, Moscow – and here in Potomac.

Doug Hackett has been the emcee and “Biermeister” for this Oktoberfest since it began in 1991. He had to miss this year’s celebration, but explained how it began: “Emmanuel Lutheran Church was founded by German Lutherans from D.C. who had moved to the suburbs. They wanted to create the fellowship and traditions that they celebrated in Germany, so they decided to

hold their own Oktoberfest. The ceremony has been popular with their parish members – and also with members of the Bethesda/Potomac communities.”

Children participated by dancing to the polka, singing traditional songs and playing the favorite German song “Edelweiss” by ringing the appropriate bells as directed by the band leader.

“This traditional Oktoberfest is a wonderful way to teach families about their ancestry if they are German,” Pastor Jan Lookingbill said. “Our members really enjoy it – in fact, one young man came all the way from California to escort his mom to this event that he has grown up enjoying each year. In this community, we are fortunate that we have a diverse group of members and guests; everyone appreciates the wonderful food, music, beer and wine, dancing – as well as the camaraderie and fellowship.”

Emmanuel Lutheran Church is located at 7730 Bradley Blvd., Bethesda. Its phone number is 301-365-5733.



The alpenhorn or Alpenhorn is a long horn played by Alpine herdsmen and villagers. It was sounded for intercommunication and at daily ceremonies and seasonal festivals. It is carved or bored in wood and overwound with birch bark.

PHOTOS BY KENNETH TOULOUMES/THE ALMANAC



Renate Reif, Anne-Marie Toppman and Lisa Levy were all born in Germany. They attend Oktoberfest every year.

## Metropolitan Community Club Hosts Gift Show

### 9<sup>th</sup> annual holiday event supports local charities.

BY SUSAN BELFORD  
THE ALMANAC

**T**here are only 62 shopping days until Hanukah and 72 shopping days until Christmas, but don’t panic. Just realize that it is once again time to create your list, start shopping and find that special gift for each person on your list.

Here is a local shopping opportunity: The Metropolitan Community Club (MCC) of Montgomery County is holding its 9<sup>th</sup> annual Holiday Gift Show at the Potomac Presbyterian Church, 10301 River Road, next to Potomac Elementary School, on Friday, Oct. 17 and Saturday, Oct. 18. The hours of

the show are Friday from 5 p.m. to 9 p.m. and Saturday from 10 a.m. to 4 p.m. This first bazaar of the season is an opportunity to find special gifts and to contribute to charities within the community.

Some of the Montgomery County charities that will benefit from the gift show are the Women’s Microfinance Initiative, Mobile Medical Care, Inc., Team River Runner, Betty Ann Kranke Center, and Nourish Now.

“Our group feels that there is a need for food and furnishings for families, help for women who are seeking jobs and good health care right here at home, so we target charities in our community,” MCC member Susan Magafen said.

The vendors offer a multitude of shopping possibilities. The show will feature jewelry, quilts, designer women’s apparel, handcrafted note cards, handmade scarves, children’s clothing, Christmas ornaments, custom handbags, Greek desserts and

children’s clothing. Vendors at the show include Sweet Minerals, Silpada Jewelry, Stella and Dot Jewelry, Ibhana Creations, Tableware Arts and Crafts, Fearless Threads, Homemade Greek Sweets, American Classic Children’s Clothes, Hand knit Scarves, What’s in Your Heart Pendants and Charms, Handmade Christmas Ornaments and more.

Founder of Ibanha Creations, Meena Tharmaratnam, explains why she enjoys coming year after year to the MCC Holiday Gift Show: “I’ve participated in the MCC Bazaar for the past four years because it’s my way to support community efforts. I love coming back every year because the committee members are warm and friendly and the local community comes in large numbers to support MCC’s fundraising efforts. It’s a wonderful event and I enjoy giving



back.”

The Metropolitan Community Club of Montgomery County was founded as the Junior Suburban Women’s Club in 1974 under the umbrella of the General Federation of Women’s Clubs, one of the largest volunteer organizations of women in the world. When most of the members became 40 years old, they knew it was time to move on as members of a General Club. However, the members wanted to remain together and thus, in 1988, they reincorporated their club as MCC. Today the club is still involved in contributing to the community. In addition to fundraising, MCC focuses on six program areas during the year: the Arts, Conservation, Education, Home Life, International Outreach and Public Issues. It also has a Book Club, a Sunshine Committee and several social activities a year.





# Applying to Private Schools

Local educators offer insider tips on how to select and get a child admitted to the perfect school.

BY MARILYN CAMPBELL  
THE ALMANAC

While this school year might still feel new, some parents are already thinking next fall. Or if they're not, they should be. For parents who are considering sending their children to one of the area's private schools for the 2015-2016 school year, the application process should be underway.

"Now is the time to begin the independent school admission process for the 2015-2016 academic year," said Diane Dunning, director of admission and financial aid at St. Stephen's & St. Agnes School in Alexandria, Va. "Application deadlines vary by school, but generally fall between mid-December and late January.

"Parents often start the process by exploring school websites and speaking with trusted friends who have personal experience with specific schools. Doing your research may be time-consuming, but what could be more important than finding the right educational fit for your child?"

Use this time to peruse school websites and get to know the schools you think might be a good fit for

your child. "Go beyond the admission [web] pages," said Mimi Mulligan, assistant head and director of admission and enrollment management at Norwood School in Bethesda. "Read a school's magazine or its weekly parent memo. Follow a school's Facebook page or Twitter feed. Looking at a school through varied lenses will provide a better sense of culture at the school.

**"TALK AS A FAMILY** about what would be the best kind of school for your child," she continued. "Coed versus single gender, traditional versus progressive, suburban versus urban, no uniform versus uniform, kindergarten through second versus kindergarten through eighth versus kindergarten through 12th."

Consider your child's strengths and weaknesses, and what they need to be happy and successful in school. "Keep your mind open," said Mulligan. "The spectrum of excellent schools in our area is broad, enabling parents to think beyond name recognition and focus on right fit when selecting a school."

There are a few factors for parents to consider: "Does a school's mission resonate with your family's

SEE APPLYING, PAGE 6

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<sup>2</sup>The Washington Post, Washington Bestsellers Paperback Nonfiction General, April 20, 2014.



# Exceptional Schools Fair

**Information for  
parents of children  
with special needs.**

BY MARILYN CAMPBELL  
THE ALMANAC

**P**arents of special needs children will have a forum to learn about educational opportunities available to them in the Washington, D.C. area next month. Representatives from more than 30 mid-Atlantic Schools will be available at the 8th Annual Exceptional Schools Fair (ESF) on Nov. 16 from 11 a.m. to 1 p.m.

"Twenty years ago, not only did we not have acknowledgement of learning differences and learning challenges, we did not have support," said Lois McCabe, head of the Diener School in Potomac, which has been participating in the fair since its inception. "A decade and a half later, it's a new world. And we as schools in the community are involved in this fair because we are invested in supporting parents who are faced with a difficult situation."


The event founder and organizer, Bekah

Atkinson, director of admissions at The Sienna School in Silver Spring, says the ESF was created solely to provide a resource to parents whose lives changed when they received a diagnosis that their child was disabled. "ESF is a forum for parents to explore educational options for their children," she said. Atkinson says the event is meant to be a helpful resource for parents who are facing an unknown future for their children, educationally, financially and emotionally.

Atkinson says that ESF brings most of the area's "exceptional schools" to parents. She describes the fair as a place where families that may be floundering can feel empowered as they walk through one-location to see the number of options available to them. "It can be a very isolating emotional situation, and this one environment, one location to research what's out there makes it less scary," she said. "You can see there is a world of other families out there in the same situation. You can talk to professionals who are passionate about what they do in their schools."

*The Exceptional Schools Fair will be held at the Katzen Art Center at American University in Washington, D.C. Visit [exceptionalschoolsfair.com](http://exceptionalschoolsfair.com) or call Bekah Atkinson at 301-244-3600.*

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## Applying to Private Schools

FROM PAGE 4

values?" asks Dunning. "Will the curriculum challenge your child's strengths and support him or her in other areas?"

**PARENTS AND STUDENTS** should begin by creating a list of schools where they plan to apply and start contacting their top choices. "The most important piece of advice for a family is to visit the school website often. That is full of interesting stories about a school," said Ann Richardson Miller, director of admission and financial aid at The Madeira School in McLean, Va.

"Once you've narrowed down your choices, make plans to visit the schools. Tours have started, and there will be additional opportunities such as open houses, student visiting days, and curriculum nights," said Dunning. "It is important to experience the culture of the school to get an accurate picture. Each independent school has its own distinctive mission, and you will feel it as soon as you step onto campus."

Miller says open houses can help reduce the potential anxiety a student might have about other parts

of the application process, such as an interview or standardized test, which are often requirements for private school admissions. She also suggests attending a school play or athletic event. "Those are great ways to see a school community."

Keep a list of the school's applications requirements, test requirements and application deadlines. "If testing is required, call to make an appointment as soon as possible so that you can schedule a time that works for your child," said Mulligan. "Think about whether a morning time or an afternoon time works better for your child and find a tester with that time available. Block off time before and after your testing appointment to make sure that you are not rushed getting there and have time to relax afterwards."

"Students in the upper grades should have registered for the Secondary School Admission Test (SSAT) or the Independent School Entrance Examination (ISEE)," added Miller.

While talking to friends and colleagues about area private schools and the application process, there is a caveat, said Mulligan: "Take their advice with a grain of salt. Finding the best fit school for your child and your family is a very personal decision."

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# POTOMAC DAY



PHOTOS BY SUSAN BELFORD/THE ALMANAC

**At last year's Potomac Day, youths scaled a rock-climbing wall.**



**Potomac dentist Amy Light was the Tooth Fairy in last year's Potomac Day parade.**

## Bringing Community Together

BY SUSAN BELFORD  
THE ALMANAC

Oct. 25 is Potomac Day and many are looking forward to the Grand Parade where children — and moms and dads too — can catch candy tossed from cars and trucks, spot a dentist dressed like the tooth fairy, cheer for their favorite businesses, political candidates and musical groups and applaud local Potomac leaders.

Sponsored by the Potomac Chamber of Commerce, the day provides a chance to gather with friends and neighbors, to watch children scale the rock-climbing wall or speed down giant pumped-up slides, and

learn about new community businesses. Local restaurants provide a variety of lunch fare; the classic car show sports gleaming autos of yesteryear.

The parade features local businesses, high school bands, dance teams, clowns, equestrians and the Potomac Chamber of Commerce Citizens of the Year. The streets are lined on both sides of River and Falls Roads as the parade meanders through the Potomac Village crossroads. Once the parade breaks up, there is plenty to do in the Potomac Promenade parking

SEE COMMUNITY, PAGE 8

### Youth of the Year

Samuel Greenberg is the Potomac Chamber of Commerce's Youth of the Year. He has been named the outstanding scholar at Bullis School for each of the past three years. His volunteer activities have included teaching members of the Interplay Company Band — for adults with cognitive or physical disabilities — how to play basic musical instruments. During the summer prior to his junior year, he traveled to Costa Rica to work at a summer camp for underprivileged children.

### Business People Of the Year

Jill and John Phillips, of Squeals on Wheels, have been named Business People of the Year by the Potomac Chamber of Commerce. They are or have been members of Potomac Community Village "aging in place," Potomac Chamber of Commerce, the Brickyard Coalition, West Montgomery County Citizens Association and the Potomac Community Center "Friends of Potomac."

They also have donated petting zoos to the following organizations: Armed Forces Retirement Home in Washington D.C., Luke's Wings, Potomac Mom's Club, Cabin John Volunteer Fire Department, the River Falls 4th of July Parade, the Potomac Community Center, Big Train Baseball, Collingswood Nursing Center in Rockville and the Potomac Country Home Tour and Festival.

### Citizen of the Year

Barry Perlis is the Potomac Chamber of Commerce's Citizen of the Year. For the past 20 years, he has worked and continues to serve as a volunteer at the Manor Care Nursing Home where he fills the role of chaplain.

His volunteer work also includes his chairmanship of Save A Child's Heart (SACH), United States Operation based in Potomac. The organization saves children from around the world with congenital heart defects who would die before the age of 10 without cardiac surgery.



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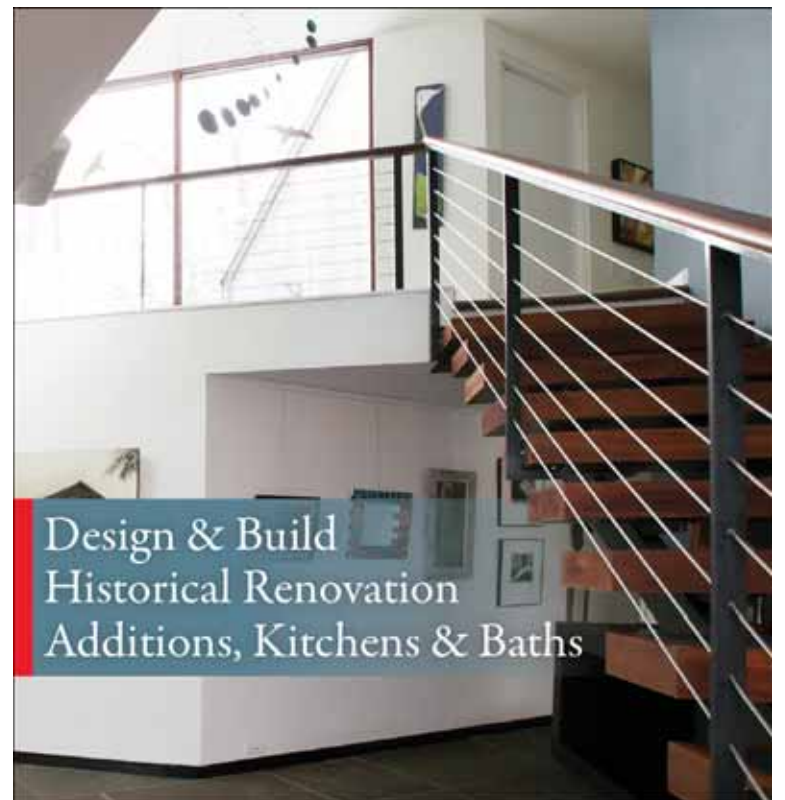
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# POTOMAC DAY

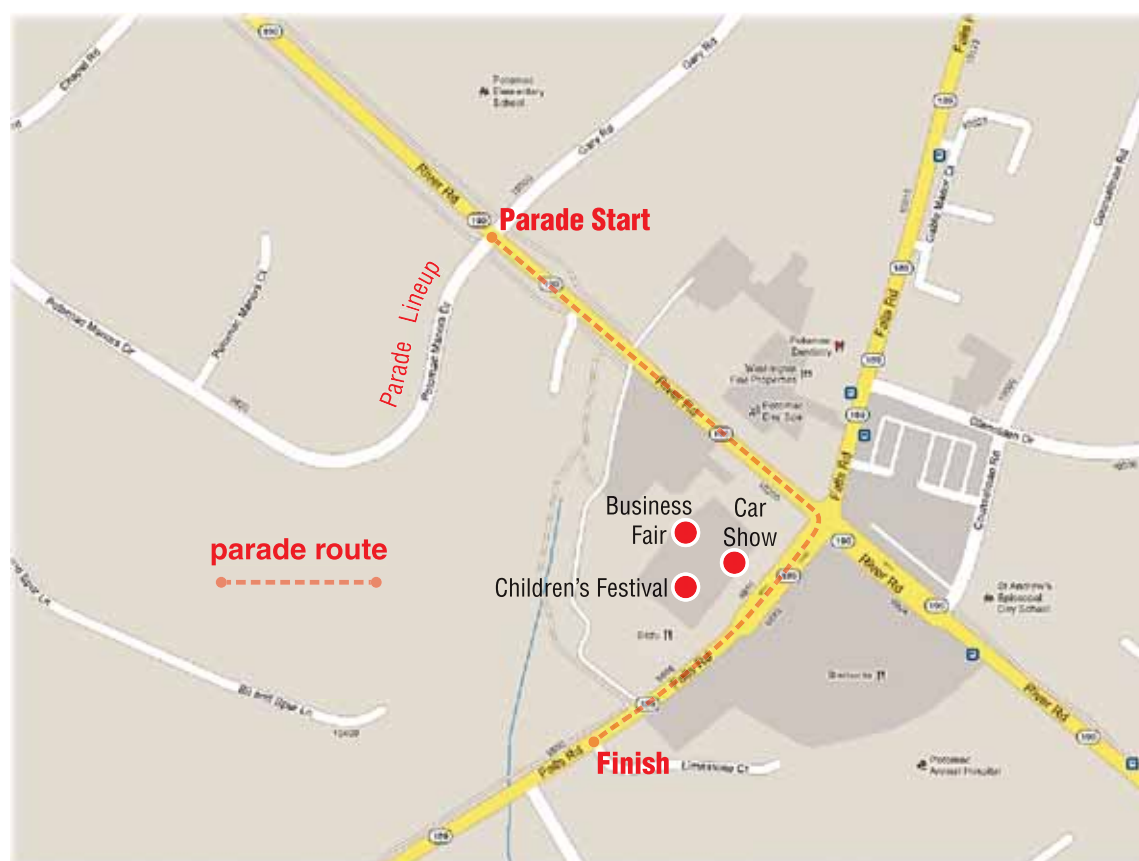


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The parade route for Potomac Day.



PHOTOS BY SUSAN BELFORD/THE ALMANAC

Classic cars were popular attractions at last year's Potomac Day.



Children created pumpkin crafts.

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## Community

FROM PAGE 7

lot. Children can scramble onto a pony's back for a ride, venture onto children's rides, jump on the moon bounce, create fall crafts, pet the ducks, miniature pony, sheep and goats. There's food for everyone and much information about the latest "green" cars, political candidates, private schools, delivered lobsters — and more.

Darcars is the Presenting Sponsor this year and, according to Jennifer Matheson, director of operations for the Potomac Chamber of Commerce.

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# POTOMAC DAY On Parade


The line-up for the parade starts at 9:30 a.m. Roads close at 10 a.m. The parade kickoff is 10:30 a.m.

The order of the parade participants is:

Boy Scout Troop 773  
Perfectly Pressed, Dry Cleaning Delivery  
Potomac Hundred Chapter  
Daughters of the American Revolution  
Master Sharma and East West Tak Won Do  
Cub Scout Pack 773  
Maryland National Capital Park Police  
The Potomac Bridle & Hiking Trails Association  
**Grand Marshals:** Mac & Sissy Grant  
Adam Greenberg, President of the Potomac Chamber of Commerce! Potomac Pizza & Potomac Village Deli  
**Businessperson of the Year:** John & Jill Phillip-Squeals on Wheels!  
Squeals on Wheels  
**Citizen of Year:** Barry Perlis  
**Youth of Year:** Samuel Greenberg  
DarCars  
Andy4homes-W.C. & A.N. Miller a long & Foster Company  
Bella Moda Salon & Spa  
Friends of the Library  
Daisy Troop 1643-Bells Mill  
Potomac Almanac  
The Lollipop Kids Foundatin  
Cub Scout Pack 54  
Girl Scout Troop # 4093-2nd Grade Bells Mill  
Cub Scout Pack 1306  
Potomac Presbyterian Church  
Standard Dental  
Precision Detailing  
Tally-Ho Restaurant  
McLean School  
Georgetown Hill Preschool  
Positive Impact Martial Arts & Fitness Kickboxing  
The German School  
Kicks Karate  
Dr. Amy Light  
Our Lady of Mercy School  
Potomac Chinese School  
Potomac Glen Day School  
1-800-Got-Junk

SEE PARADE, PAGE 10

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McLean celebrates differences; they don't walk away from them. These kids are the people who will think differently and solve the world's problems.

The love, attention, and the individualized understanding of our daughter's academic needs were managed in such a positive manner. McLean has changed our child's life, and our family dynamic.

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Join the conversation about McLean School.

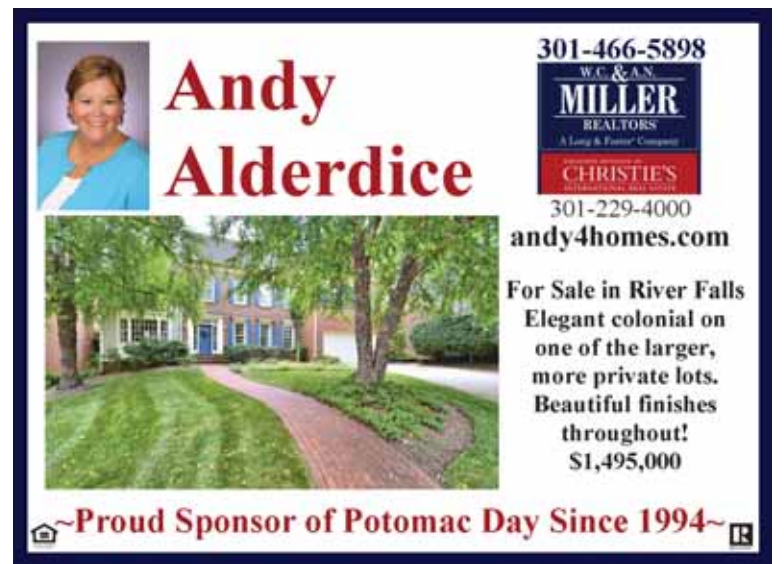
### Open House

9:00 am Saturday, November 15  
9:00 am Wednesday, December 10  
RSVP [admission@mcleanschool.org](mailto:admission@mcleanschool.org)  
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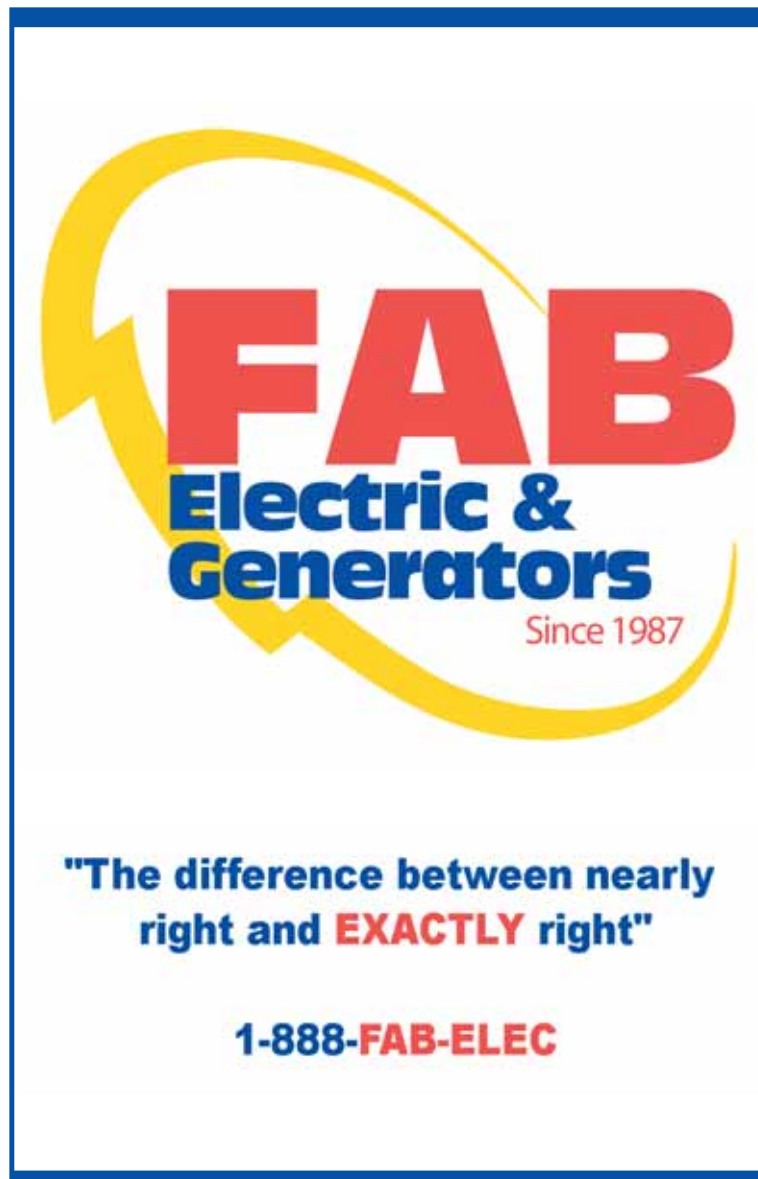
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## POTOMAC DAY

### On Parade

FROM PAGE 9

Jonathan Neal  
The Sergeants Program  
Potomac Community Village  
Friends of Laurie Halverson  
David Drake, Legislative District 15  
Councilmember Nancy Floreen  
Councilmember Roger Berliner  
Delegate Susan Lee  
George Leventhal, Vice President, Montgomery County Council  
Delegate Kathleen Dumais, Maryland House of Delegates, District 15  
Maryland State Delegate Aruna Miller  
Maryland State Senator Brian Feldman  
John Delaney for Congress BOWA  
District 15 Democratic Caucus  
Maryland State Delegate david Fraser-Hidalgo  
Potomac Women's Republican Club  
Bongino for Congress  
Earth Divas  
Hogan for Governor  
Friends of Rose Li  
Maryland State Delegate Ariana Kelly  
Fab Electric & Generators  
Chick-Fil-A at Westfield Montgomery Mall  
Coach Doug Wilson Baseball, LLC  
Liberty Falls Veterinary Clinic  
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Free Masons of Montgomery County  
Cabin John Volunteer Fire Department

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# Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

IN AUGUST 2014, 63 POTOMAC HOMES  
SOLD BETWEEN \$3,725,000-\$250,000.

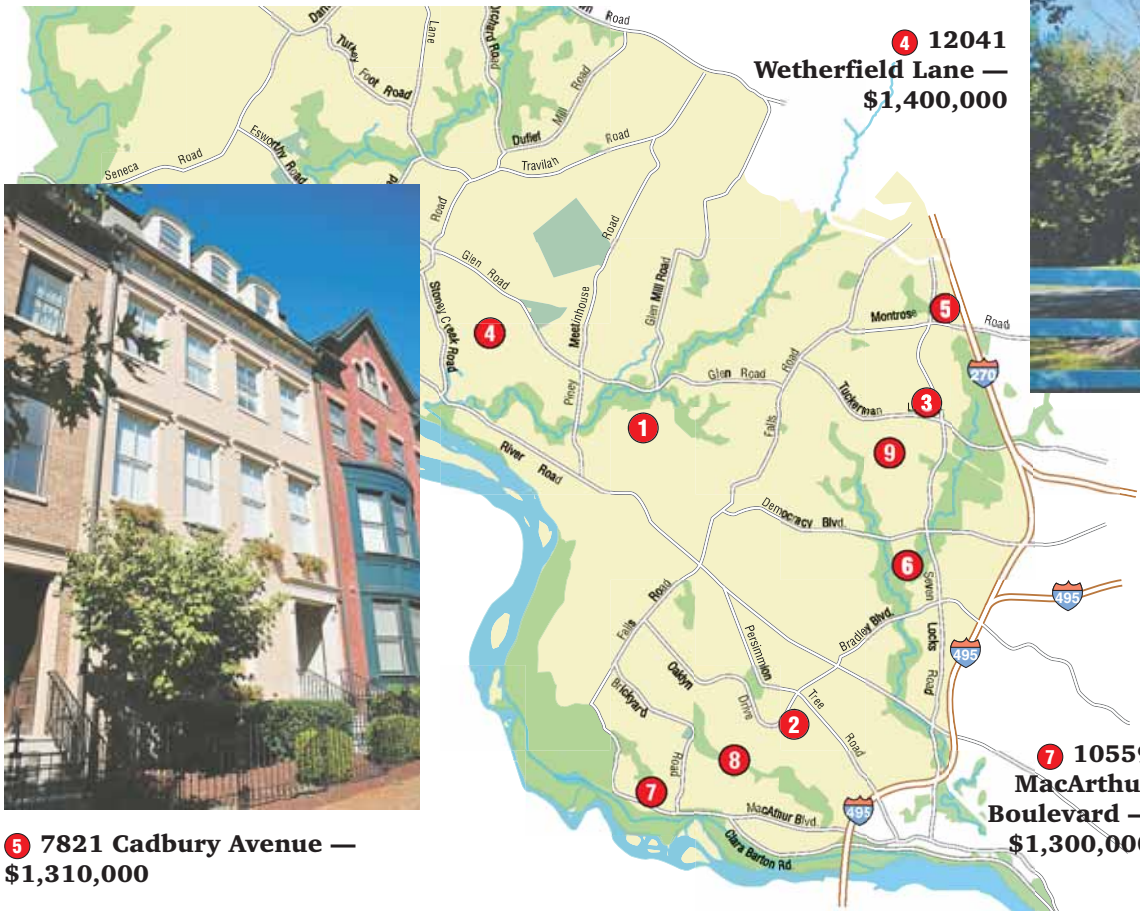
## August, 2014 Sales, \$1,200,000~\$1,500,000



3 11416 Patriot Lane — \$1,400,000



1 10705 Balantre Lane — \$1,500,000



4 12041  
Wetherfield Lane —  
\$1,400,000



5 7821 Cadbury Avenue —  
\$1,310,000



7 10559  
MacArthur  
Boulevard —  
\$1,300,000

Address .....	BR	FB	HB	...	Postal City ..	Sold Price ....	Type .....	Lot AC ..	PostalCode .....	Subdivision .....	Date Sold	
1 10705 BALANTRE LN .....	6	..	5	..	2 .....	POTOMAC ...	\$1,500,000 ....	Detached ....	2.07 .....	20854 .....	POTOMAC VIEW ESTS ....	08/14/14
2 9317 CRIMSON LEAF TER .....	4	..	4	..	1 .....	POTOMAC ...	\$1,450,000 ....	Detached ....	0.42 .....	20854 .....	AVENEL .....	08/25/14
3 11416 PATRIOT LN .....	4	..	6	..	1 .....	POTOMAC ...	\$1,400,000 ....	Detached ....	0.17 .....	20854 .....	POTOMAC CREST .....	08/01/14
4 12041 WETHERFIELD LN .....	5	..	4	..	1 .....	POTOMAC ...	\$1,400,000 ....	Detached ....	3.57 .....	20854 .....	LAKE POTOMAC .....	08/07/14
5 7821 CADBURY AVE .....	5	..	4	..	1 .....	POTOMAC ...	\$1,310,000 ....	Townhouse .	0.04 .....	20854 .....	PARK POTOMAC .....	08/29/14
6 8105 GAINSBOROUGH CT E .....	5	..	4	..	1 .....	POTOMAC ...	\$1,310,000 ....	Detached ....	0.53 .....	20854 ...	EAST GATE OF POTOMAC ...	08/16/14
7 10559 MACARTHUR BLVD .....	6	..	5	..	1 .....	POTOMAC ...	\$1,300,000 ....	Detached ....	0.80 .....	20854 .....	RIVER FALLS .....	08/07/14
8 9724 BEMAN WOODS WAY ...	5	..	4	..	1 .....	POTOMAC ...	\$1,285,000 ....	Detached ....	0.19 .....	20854 .....	AVENEL .....	08/27/14
9 8311 LARKMEADE TER .....	5	..	4	..	1 .....	POTOMAC ...	\$1,277,500 ....	Detached ....	0.18 .....	20854 .....	BELLS MILL ESTATES .....	08/26/14

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9 8311 Larkmeade Terrace — \$1,277,500



# THIS WEEKEND!

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**OCT. 17, 18, 19, 2014**

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**SAT 10-6** : GAITHERSBURG, MD (I-270 Ex 11)  
**SUN 10-5** : Tickets \$8 online, \$10 at door - good all 3 days  
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official event check in app

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## ENTERTAINMENT

Email community entertainment events to [almanac@connectionnewspapers.com](mailto:almanac@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### ONGOING

**SilverWorks Exhibition.** Will run Thursday through Sunday until Oct. 26. 12-6 p.m. Popcorn Gallery, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. The exhibition features artwork by metal artists Blair Anderson and Mawadda Alaswadi, Director and instructors and SilverWorks. Take a tour of silversmithing history as they show off techniques like Keum Boo, Fold Forming, Etching, and Chasing and Repousse. The works of advanced SilverWorks students will also be on display. Free. All work is for sale.

**"Stuart Little."** Through Sunday, Oct. 26 at Adventure Theatre MTC, 7300 MacArthur Blvd., Glen Echo, in the historic Glen Echo Park. Stuart Little is no ordinary mouse. Born to a family of humans, he lives in New York City with his parents, his older brother George, and Snowbell the cat. Children under the 12 months are free. Tickets are \$19 each, with group and field trip rates available, and can be purchased by calling 301-634-2270 or online at [www.adventuretheatre-mtc.org](http://www.adventuretheatre-mtc.org).

**Photoworks Master Lecture Series.** Oct. 25-Nov. 15, 1-2 p.m. Back Room Annex, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Four master photographers talk about their work and their passion for the telling image. \$15 advanced tickets, \$20 at the door, \$50 for all four lectures. [www.glenechophotoworks.org](http://www.glenechophotoworks.org)

**The 3 Billy Goats Gruff.** Oct. 16-Nov 21. The Puppet Co., Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. The Puppet Co. presents a marionette romp in which three brothers get the goat of a hen-pecked troll, in their attempts to trip-trap-tromp to where the grass is greener. Visit [www.thepuppetco.org](http://www.thepuppetco.org) to learn more and to purchase tickets.

### FRIDAY/OCT. 17

**Sugarloaf Crafts Festival.** 10 a.m.-6 p.m. Montgomery County Fairgrounds, 16 Chestnut St., Gaithersburg. Admission: adults \$8; \$10 at the door, free for children under 12. Live music, children's entertainment and food will be available to sample and buy as well as handcrafted goods. Visit [www.sugarloafcrafter.com](http://www.sugarloafcrafter.com) or call 800-210-9900.

**Halloween Geocache Hunt.** 1-3 p.m. Meadowside Nature Center, 5100 Meadowside Lane, Rockville. Use

GPS units to hunt for Halloween tricks and treats throughout the woods surrounding Meadows Nature Center. For children ages 8 and up. \$15. Course #293462. Visit [www.parkpass.org](http://www.parkpass.org) for more.

### FRIDAY-SATURDAY/OCT. 17-18

**Quilt Show.** Friday 9 a.m.-6 p.m. and Saturday 9 a.m.-p.m. in the Kensington Armory/Town Hall 3710 Mitchell St., Kensington. NeedleChasers of Chevy Chase will be showcasing quilts and hold a quilt raffle. Visit [www.needlechasers.org](http://www.needlechasers.org).

### FRIDAY-SUNDAY/OCT. 17-19

**Halloween Trains.** Friday 3-8 p.m., Saturday and Sunday 1-8 p.m. Cabin John Regional Park, 10610 Westlake Drive, Rockville. Passengers will spy items in the woods as they ride through the park. Family Halloween movies are shown every evening. For children 8 and under. Visit [www.cabinjohntrain.com](http://www.cabinjohntrain.com) or call 301-765-8670.

### SATURDAY/OCT. 18

**Sugarloaf Crafts Festival.** 10 a.m.-6 p.m. Montgomery County Fairgrounds, 16 Chestnut St., Gaithersburg. See Friday, Oct. 17 description. Visit [www.sugarloafcrafter.com](http://www.sugarloafcrafter.com) or call 800-210-9900.

**Fall Bazaar.** 10 a.m.-3 p.m. Historic Scotland AME Zion Church, 10902 Seven Locks Road, Potomac. Furniture, clothes, crafts, gifts and food. Vendor space still available. Call 301-299-5226 or email [scotlandamezionchurch@msn.com](mailto:scotlandamezionchurch@msn.com)

**Cajun/Zydeco Music & Dance Festival.** noon-midnight. Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Admission all day: \$50 advance, \$60 at the door; noon-6 p.m.: \$30 advance, \$35 at the door; 7:30 p.m.-midnight: \$30 advance, \$35 at the door. Join for a day lessons and dancing. Beginners are welcome and no partner is necessary. Visit [www.glenechopark.org](http://www.glenechopark.org).

**Hospice Caring's 25th Anniversary Gala Silver Linings.** 6 p.m.-midnight. The Bolger Center, 9600 Newbridge Drive, Potomac. Silent and live auctions, dinner and dancing. Black tie suggested. \$250 per person. RSVP by Oct. 3. Visit [www.hospicecaring.org](http://www.hospicecaring.org) for more.

### SUNDAY/OCT. 19

**Sugarloaf Crafts Festival.** 10 a.m.-5 p.m. Montgomery County Fairgrounds, 16 Chestnut St., Gaithersburg. See Friday, Oct. 17 description. Visit [www.sugarloafcrafter.com](http://www.sugarloafcrafter.com) or call 800-210-9900.

**The Beacon 50+ Expos.** noon-4 p.m. at the Silver Spring Civic Center in

downtown Silver Spring. Information about retirement communities, home remodeling, financial planning, healthcare, travel, fitness, senior services and government resources. Call 301-949-9766.

### World of Montgomery Festival.

Noon-5 p.m. Westfield Wheaton Mall, 11160 Veirs Mill Road, Wheaton. Free parking between JC Penny and the Metro station. There will be live music, cultural activities, performance stages, traditional arts, crafts market, chef demonstrations and free activities for the entire family. Visit [www.worldofmontgomery.com](http://www.worldofmontgomery.com).

**Contra and Square Dance.** 1-11 p.m. Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. 4th annual ContraStock contra dance festival. Three different bands performing. Visit [www.fsgw.org](http://www.fsgw.org).

**Waltz Dance.** 2:45-6 p.m. Bumper Car Pavilion, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Admission: \$10. Beginner waltz lesson included in admission from 2:45-3:30 p.m. followed by an afternoon of waltzes and other couples dances to live music. Dancing from 3:30-6. No partner required. Visit [www.glenechopark.org](http://www.glenechopark.org) or call 301-634-2222.

**Waltz Dance.** 2:45-3:30 p.m. Waltz Workshop, 3:30-6 p.m. Dance. Bumper Car Pavilion at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Begins with 30 minute lesson. Social dancing follows. Admission is \$10. No partner required. Call Joan Koury at 202-238-0230 or Glen Echo Park at 301-634-2222, visit [www.waltztimedances.org](http://www.waltztimedances.org) or email [info@waltztimedances.org](mailto:info@waltztimedances.org).

**Argentine Tango.** 6:30-11 p.m. Back Room Annex, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Dancers can choose the beginner lesson from 6:30-7:30 p.m. or the intermediate lesson from 7:30-8:30 p.m., or both. Cost is \$15/lesson and includes the Milonga that follows. For dancers who wish to attend just the Milonga, cost is \$10 and the open dance runs from 8:30-11 p.m. No partner required. Visit [www.glenechopark.org](http://www.glenechopark.org) or call 301-634-2222.

### WEDNESDAY/OCT. 22

#### Tiny Tots Old McDonald's Farm.

10 a.m. The Puppet Co., Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. A program designed for the youngest theater patrons (ages 0-4). The shows are shorter, the light stays on, the doors stay open. Running time is 30 minutes. Tickets \$5, everyone (including babes-in-arms). Pre-purchases are recommended. Visit [www.thepuppetco.org](http://www.thepuppetco.org) or call 301-634-5380.

#### Wines for Canines and Felines.

6:30-9 p.m. Paul's Wine and Spirits, in association with Maggiano's Little

Why do some people reach age 80, 90, and older living free of physical and cognitive disease? National Institute on Aging (NIA) researchers on the Baltimore Longitudinal Study of Aging (BLSA) are exploring this question through the IDEAL (Insight into Determinants of Exceptional Aging and Longevity) Study. Although research exists on the relationship between long life and functional decline, we still know relatively little about why certain individuals have excellent health well into their 80's while others experience disease and physical decline earlier in life.

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#### THURSDAY/OCT. 23

**Blues Dance.** 8:15-11:30 p.m. Back Room Annex, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. A beginner workshop from 8:15 p.m.-9 p.m. offers partnering basics for new dancers. The class is included with admission. No partner necessary. Visit [www.glenchopark.org](http://www.glenchopark.org) or call 301-634-2222.

#### FRIDAY/OCT. 24

**Contra Dance.** 7:30-11:30 p.m. Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Admission \$10/\$5 age 17 and under. Contra dance lessons from 7:30-8:15 p.m. followed by the called dance to live music from 8:30-11:30 p.m. Beginners are welcome. Visit [www.glenchopark.org](http://www.glenchopark.org) or call 301-634-2222.

**Balboa DJ Dance.** 8:30-11:30 p.m. Back Room Annex, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Admission \$10. A casual, friendly atmosphere for Balboa/Bal-Swing enthusiasts to dance to DJ music. Drop-in beginner swing lesson 8:30 p.m., dance from 9-11:30 p.m. Visit [www.glenchopark.org](http://www.glenchopark.org) or call 301-634-2222.

#### FRIDAY-SUNDAY/OCT. 24-26

**Halloween Trains.** Friday 3-8 p.m., Saturday and Sunday 1-8 p.m. Cabin John Regional Park, 10610 Westlake Drive, Rockville. Passengers will spy items in the woods as they ride through the park. Family Halloween movies are shown every evening. For children 8 and under. Visit [www.cabinjohntrain.com](http://www.cabinjohntrain.com) or call 301-765-8670.

#### SATURDAY/OCT. 25

**Potomac Day.** 8 a.m.-3 p.m. at 9812 Falls Road, Potomac. Arts and free entertainment for all ages, ranging from rides for children to an antique show and business fair. The Potomac Day Parade will be at 10:30 a.m. Call the Potomac Chamber of Commerce at 301-299-2170 or visit [www.potomacchamber.org](http://www.potomacchamber.org) for more.

**Tiny Tots Halloween Show.** 10 a.m. The Puppet Co., Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. A program designed for the youngest theater patrons (ages 0-4). The shows are shorter, the light stays on, the doors stay open. Running time is 30 minutes. Tickets \$5, everyone (including babes-in-arms). No online fees. Pre-Purchases are recommended. Visit [thepuppetco.org](http://thepuppetco.org) or call 301-634-5380.

**Open House.** 10 a.m.-5p.m. at Cabin John Park Volunteer Fire Department, 8001 River Road. This annual event enables community members to become acquainted with their local firehouse and meet the firefighters and EMTs who serve them. Visit [www.cjpvfd.com](http://www.cjpvfd.com) for more.

**Fall Frolic.** 1-4 p.m. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Daytime activities for families will include pumpkin decorating, trick-or-treating, and a costume parade around the park. Free. Visit [www.glenchopark.org](http://www.glenchopark.org) or call 301-634-2222.

**Edvinas Minkstimas, Piano.** 8 p.m. at Westmoreland Congregational United Church of Christ, 1 Westmoreland Circle, Bethesda. Visit [www.washingtonconservator.org](http://www.washingtonconservator.org) or call 301-320-2770 for more.

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## Not in the Mood



By KENNETH B. LOURIE

Sometimes, believe it or not, I'm not in the mood to be a terminal cancer patient (duh). Not that the effect is particularly tangible, but the weight of it, as well as the associated waits I've occasionally written about, can get awfully heavy. Moreover, in spite of my best psychological efforts, generally speaking, there seems little I can do to diminish its effect. More often than not, it's merely time; simply time passing and/or time spent trying to talk myself out of how I feel and in-to how I haven't failed.

Obviously, surviving five years and almost eight months after initially receiving a "13-month to two-year" prognosis from my oncologist on February 27, 2009 is success with a capital "S." I understand that miraculous fact amazingly well. Nevertheless, on a daily basis, I might not feel so successful. I attribute it to things beyond my control: the underlying disease; the treatment/side effects; the figurative rewiring of my brain after it learned and began to live with the diagnosis/prognosis and the responsibilities of being a proactive cancer patient; these are certainly reasonable and customary considerations given the world in which I now exclusively reside. Still, it's my life and I have to live it.

Don't get me wrong. I'm not "woeing-is-me," nor am I the least bit ungrateful for the great good fortune I've had beating the hell out the original life-expectancy odds I was given. I'm thrilled, every day. But I'm still a cancer patient with incurable stage IV, non small cell lung cancer, one of the least desirable diagnoses in the cancer world. Lung cancer is a killer, almost always – and I don't mean inevitably so, I mean prematurely (not that every death isn't premature, but you get my meaning, right?).

Every day – or so it seems, there are words, phrases, references, articles, news/media reports, and miscellaneous reminders that I see, hear and/or read, that connect me with my situation. I haven't exactly completed a study on the nature of this exposure, but it sure seems/feels, however inadvertent or random it may be, that it is impossible to escape and next to impossible to ignore – although I try, and in reviewing the content of this column, it is an ongoing failure of mine.

Some days, I can shrug it off; most days in fact. But this day (today when I'm writing this column), I couldn't. I'm not exactly depressed, more like forlorn. I don't feel hopeless, maybe a little helpless. I don't feel unlucky, perhaps a bit unsettled. Nothing really out of my ordinary; but still, a little out of my character. I'm entitled; I understand that. I've been carrying this weight for over five and a half years. No one said being a terminal cancer patient was going to be easy; in fact, they said the exact opposite: that it was going to be the toughest thing I've had to do, and of course, they were right. Today is simply one of those days when it's most difficult. I'm sure tomorrow will better. Of that I'm positive (at least that's what I tell myself – ALL THE TIME).

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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**Bullis running back Devonte Williams ran for 204 yards and two touchdowns against the Saints.**



**Bullis senior tight end/defensive end Jonathan Holland (5) is committed to Penn State.**

## Bullis Continues Winning Despite Lack of Depth

**Bulldogs practice three days per week without full pads.**

BY JON ROETMAN  
THE ALMANAC

**T**he Bullis football team's scoring onslaught against St. Stephen's & St. Agnes started with quarterback Dwayne Haskins Jr. zipping an 8-yard touchdown pass to Damani Neal, who showed off his athleticism and coordination by coming down in bounds in the end zone.

Later, Devonte Williams ripped off a 42-yard touchdown run, and Nate Lewis returned an interception 57 yards for a score, giving the Bulldogs a 21-0 halftime advantage.

Patrick Johnson made a nifty move to get open for a 10-yard touchdown reception and Williams would eventually reach the end zone for a second time.

Bullis opened IAC play with a 35-7 victory over St. Stephen's & St. Agnes on Oct. 10 in Alexandria. The Bulldogs improved to 5-1 while showing off a vast array of playmakers on each side of the ball.



**Bullis quarterback Dwayne Haskins Jr., right, threw two touchdown passes against St. Stephen's & St. Agnes on Oct. 10.**

The rocket-armed Haskins leads the Bullis offense. The junior completed 10 of 19 passes for 128 yards, with two touchdowns and one interception. He also had a nice deep pass called back due to penalty.

"He's a great quarterback," Bullis head coach Pat Cilento said. "Very, very intelligent football IQ, very intelligent in the classroom. He's unbelievable. He's special."

On the ground, senior running back Williams carried 18 times for 204 yards and two touchdowns. He showed the ability to make defenders miss with speed and quickness, while possessing the power to run over would-be tacklers.

"Devonte's a great back," Cilento said. "He does a great job for us. ... He's very shifty and can make guys miss in space."

Johnson, a junior, and Neal, a sophomore, each caught a touchdown pass. Each has been offered a scholarship by Rutgers.

On defense, junior linebacker Steven Shollenberger amassed 15 tackles and junior Cameron Brown had 10. Senior defensive back Lewis had three tackles and a pick-six.

Jonathan Holland was one of several Bulldogs making an impact on both sides of the ball. The senior is committed to Penn State as a defensive end, but has the chance to play tight end at the next level, if he wants.

"Scoring touchdowns is good," Holland said when asked which position he prefers, "but getting sacks is good also."

While Bullis is supremely talented, the Bulldogs lack depth. Bullis has just 38 athletes listed on its roster, which has affected the way Cilento runs practice. He gives the team one day off a week and the Bulldogs don't practice in full pads, just helmets and shoulder pads.

"It's basically trying to stay healthy," Cilento said. "We only practice about three days a week. ... [Giving players a day off is] more of a feel thing [depending on]

where we feel like we're at with the team and how focused we are."

Holland said the Bulldogs take care of their bodies, including ice baths after practice and Epsom salt baths before bed, and make an effort to maximize practice time.

"It's just staying hydrated and taking care of our bodies," Holland said. "When you see us around school, you always see us with a gallon of water and some Pedialyte to make sure we don't cramp up. ... [We take] care of our bodies so we don't have a lot of people going down because if we do, we don't have depth to back it up. ... Sometimes we do get hurt, but we can't come out of the game. Just battling through injuries, keeping ourselves healthy, that's how we play with the numbers that we [have]."

Next up for Bullis is a game against St. Albans at 1 p.m. on Saturday, Oct. 18 at Wootton High School. The Bulldogs are the defending IAC champions, have won two of the last three titles, and have their sights set on getting another one.

"Obviously, winning the IAC," Holland said when asked about goals. "We have a tough matchup with some teams, Episcopal and Landon, but I feel like we'll be able to play good against them and it will be a dogfight."

## Churchill's Srour Places Fourth at Glory Days Invite

Churchill senior Lucy Srour finished fourth at the Glory Days Invitational on Oct. 11 at Bull Run Regional Park in Centreville, Va. Her time of 18 minutes, 54 seconds was tops among Maryland public school competitors.

Srour's effort on a muddy course helped the Bulldogs place third as a team with a score of 184, tops among Maryland schools. Patriot (Nokesville, Va.) won the event with a score of 104 and Washington-Lee (Arling-

ton, Va.) finished runner-up with a total of 167.

Churchill's Julia Reicin finished 21st with a time of 19:59. Paula Kleyman took 44th (20:37), Alexis Veizis was 55th (20:55) and Victoria Haass finished 80th (21:20).

The Churchill boys' team finished 11th with a score of 375. Dulaney won the event with a score of 71, followed by Good Counsel (160) and Thomas Jefferson (Alexandria, Va., 189).

Arturo Woodward-Montes led Churchill with a 26th-place finish and a time of 16:52. Mitchell Welter took 58th (17:18), Brendan Fagan finished 59th (17:19), Jacob Smith was 114th (17:51) and Grant Haskins finished 136th (18:07).

**Lucy Srour helped the Churchill girls' cross country team place third at the Glory Days Invitational on Oct. 11 at Bull Run Regional Park.**



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