

Many families took the opportunity to go on a wagon ride around Frying Pan Farm Park in Herndon during the Oct. 18-19 farm harvest days. Other attractions included blacksmith and animal displays.

# Frying Pan Park Holds Farm Harvest Days

NEWS, PAGE 8



## Comstock vs. Foust

CANDIDATES' PROFILES, PAGE 4

## Herndon High Pumps up SAT Average

NEWS, PAGE 3





# **2014 FCFT President's Award**

*for Outstanding Advocacy  
for the Employees of FCPS*



**Karen Garza** Superintendent, FCPS  
**Ramona Morrow** President, FCCPTA  
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**Pat Hynes** (Hunter Mill District)  
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**Dan Storck** (Mount Vernon District)  
**Tammy Derenak Kaufax** (Lee District)  
**Ryan McElveen** (At Large)  
**Janie Strauss** (Dranesville District)  
**Ilryong Moon** (At Large)

The Fairfax County Federation of Teachers would like to thank all of the 2014 award winners listed above for their consistent advocacy, proactive communications, and support of our workforce over the past year. We publicly acknowledge their efforts to make a difference in the lives of FCPS employees. Thank you for caring about us; it matters and is appreciated.



# Herndon High Pumps up SAT Average

**Most improved  
among county  
schools.**

BY REENA SINGH  
THE CONNECTION

**H**erndon High School did it. The school made the biggest gains in their Scholastic Assessment Test - more commonly known as SAT - scores among all other high schools in the county.

"I was ecstatic," said Principal William Bates. "I immediately notified our staff and the Herndon pyramid, because it's a collaborative effort. When we have those ninth graders come in from the middle school, we can have a better transition that way."

He said critical reading scores went up by 21 points, math by 22 points and writing by 19 points.

"We believe all children are capable of success," he said. "We've also been pushing a serious attitude that we take our academics seriously."

He said that all students are taught so they



**Student tutors help fellow classmates with their writing skills during a lunch writing center session.**

are ready for college, a two year school or the workforce following graduation.

He also credits the writing center, which he said is a model among Fairfax County Public Schools, for the test score boost.

"We can't simply demand high quality writing in our writing classes," he said. "We demand high quality writing in all of our classes."

English teacher Janice Jewell, one of the

co-directors of the writing center, agrees with the importance of it as a tool. "This is the fourth year we've had the writing center open during lunches," she said.

She said that students had more than 850 tutoring sessions last year. In the few weeks school has been open, the center has already hit that number.

"We hear a lot more students talking about the writing center," she said.

The school also started a SAT prep course four years ago.

"Over the last four years, our school has gotten more diverse," said assessment coach Lindsay Gadd. "The test coordinator who I've spoken to told us how well prepared our students are when they go into the testing site."

Other teachers agreed that the SAT prep courses have made students feel at ease about the process so they could focus on answering the questions.

"We also do SAT prep with them so they understand what the test is like," said Curriculum Support Specialist Emily Alwood. "It is a completely different way of testing, especially in math."

The school has strived to make special courses like Advanced Placement and dual enrollment available to anyone who has taken the prerequisite classes and has made it an objective to teach to individual student gaps so no one feels left behind and overwhelmed.

"So many of us have taught the juniors, so we're proud of them," said Curriculum Support Specialist Stephanie Bickley. "It's a good feeling to know that our strategies and focus have paid off, but it's about them at the end of the day."

PHOTO BY JANICE JEWELL

## Dulles Now Screening for Deadly Virus

**Local hospitals to  
treat ill passengers  
arriving from Africa.**

BY REENA SINGH  
THE CONNECTION

**D**ulles International Airport was one of five airports in the nation to begin screening for Ebola on Thursday.

The Center for Disease Control and Protection trained staff to check all passengers arriving from Guinea, Liberia and Sierra Leone to check for signs of illness to prevent more passengers from infecting others during their daily interactions.

"We work to continuously increase the safety of Americans," said CDC Director Tom Frieden in a press release. "We believe these new measures will further protect the health of Americans, understanding that nothing we can do will get us to absolute zero risk until we end the Ebola epidemic in West Africa."

The press release states that travelers from the three African countries will be escorted to a separate screening location after having their passport reviewed, observed for any signs of illness or fever. If there are no symptoms present, the individual will be given instructions on how to self-monitor themselves.



**Dulles International Airport was selected as one of five airports in the nation to begin screening travelers arriving from African nations affected by Ebola.**

If the trained professional believes they are at risk for Ebola, however, they will be "referred to the appropriate public health authority" for further evaluation.

CDC Communication Specialist Anita Blankenship said she would not be able to reveal where individuals would go if they had Ebola symptoms.

"CDC has Memorandum of Agreements with hospitals near U.S. ports of entry that have agreed to evaluate ill travelers if a serious communicable disease is suspected,"

### County Schools Prepared for Ebola Threat

Fairfax County Public Schools is communicating with parents regarding the risks of Ebola in a school setting, according to FCPS spokesperson John Torre.

All county schools already require a strict physical exam before enrolling. Torre said they are working with the county Health Department to implement further measures.

"Health care providers are screening patients for travel history and have received guidance on how to respond appropriately when they determine a patient is at high risk for Ebola," he said. "Effective Oct. 10, FCPS began screening new students for their recent travel history. Students who have visited one of the Ebola-affected countries in the last 21 days will receive an additional assessment by the Health Department to determine the individual's risk."

Torre said all students who go to the nurse's office with a fever will be screened for their travel history as well.

"If a student, or a member of his/her household, has recently visited one of the Ebola-affected countries, the Health Department will follow-up with an additional assessment of the student and his or her family members to determine their risk and, if warranted, take appropriate public health actions," he said.

she said in an email. "The actual hospital names are confidential under the terms of the agreement."

The press release noted that most travelers arriving from Africa with a fever tested positive for malaria.

"In the last two months since exit screening began in the three countries, of 36,000 people screened, 77 people were denied boarding a flight because of the health screening process," it states. "None of the 77 passengers were diagnosed with Ebola and many were diagnosed as ill with malaria, a disease common in West Africa, transmitted by mosquitoes and not contagious from one person to another."

**HUNTER MILL SUPERVISOR** Cathy Hudgins noted in a press release that Reston Hospital Center was the closest hospital to Dulles International.

"Some residents have expressed fear," she

stated. "While we should all have concern, we must not let that turn to panic. Remember, Ebola is not new to Reston. Twenty-five years ago, we worked with appropriate local, state, and federal agencies to contain Ebola, and I believe that we should be able to do the same today."

She said that Reston Hospital Center, like other Northern Virginia hospitals, are preparing themselves for possible sick patients - whether for Ebola, malaria or other illnesses.

"If authorities make the decision that Reston Hospital Center, or any other facility in Fairfax County, is the best option to treat and possibly save an individual's life, then I will support the decision reached by the medical professionals who have all of our best interests at heart," stated Hudgins.

SEE EBOLA, PAGE 5

PHOTO BY REENA SINGH/THE CONNECTION



# ELECTION 2014:

CANDIDATE PROFILES

PHOTOS CONTRIBUTED

**Del. Barbara Comstock (R-34) campaigns with husband Chip and daughter Caity Roller in McLean last month.**



## Comstock's Comfort Zone

**GOP candidate Barbara Comstock believes a woman's place is in the House ... of Representatives.**

BY VICTORIA ROSS  
THE CONNECTION

It's just weeks before Election Day, and the contest to replace retiring Republican Congressman Frank Wolf in Virginia's 10th Congressional district has become one of the most watched, most expensive and most contentious races in the country.

But on this crisp fall October morning, Republican candidate Barbara Comstock is in her comfort zone.

She is campaigning door-to-door with Wolf, whom she counts as a longtime friend and mentor, in McLean, her hometown for the past 30 years, which she has represented in the Virginia House of Delegates since 2010.

"I'm feeling great about the race," said Comstock, her voice a little hoarse from non-stop campaign events. "I thoroughly enjoy meeting people from every walk of life. I've been particularly touched by the reaction I get from young women. They notice a woman is out here campaigning."

Comstock is making a point.

She is aware of the criticism leveled by Democrats who assert that she is part of the GOP's "War on Women," noting Comstock's vote in favor of the controversial "transvaginal ultrasound" bill in the Virginia legislature.

And while Comstock makes no apologies for her strong conservative presence in Richmond, she said she finds it ironic that anyone would label her "anti-woman."

"Really, when I hear that, I think about the fact that I grew up ... surrounded by strong women," Comstock said. "I think of

my grandfather, who had four girls. He was a real feminist. I remember him telling us 'Don't let any man keep you down. You can do anything if you work hard enough.' He lived through the Depression, and was a very proud man. He was never able to go to college, but he was the smartest man I knew."

Comstock said she was inspired to establish a Young Women's Leadership Program in January 2013 after reading Sheryl Sandberg's 2013 book "Lean In: Women, Work, and the Will to Lead." In the book, Sandberg, the chief operating officer of Facebook, advises women to seek mentors in the workplace and be more assertive with respect to their careers.

**AFTER READING THE BOOK**, Comstock said, "I wanted to start a program that provides young women, middle and high school girls, to meet and connect with professional women from a variety of sectors."

Since the leadership program began, approximately 60 girls throughout McLean, Great Falls, Vienna and Loudoun County have participated, meeting professional women such as Donna Brazile, CNN political commentator and Democratic strategist; Erin Egan, chief privacy officer for Facebook, and Bobbie Kilberg, president and CEO of the Northern Virginia Technology Council.

The program was "incredible and unforgettable" said Danielle Hayden, a junior at Potomac Falls High School in Sterling. "This program reassured me that there is opportunity everywhere you go in many fields, whether it is government service, running a small business or working for a government agency like NASA."

Comstock grew up in Springfield, Mass., but remembers the influence of her first visit to Virginia, a third grade family trip to Colonial Williamsburg.

She remembers sitting in the historic Capitol building — in the town where Jefferson studied law with George Wythe — and thinking for the first time that she could be a lawyer too.

SEE COMSTOCK, PAGE 13

## Bridging Political Divide



PHOTO BY VICTORIA ROSS/THE CONNECTION

**Fairfax County Supervisor John Foust (D-Dranesville) poses with his campaign staff outside his McLean office on Thursday, Sept. 11. Foust is running for the 10th District Congressional seat held by Republican Frank Wolf for 34 years. From left: Maggie Seal, Devan Kerley, John Foust, Patricia Jacob, John Souleles and Samee Ahmad**

**Democrats hope Foust's reputation as a 'bridge-builder' connects with voters.**

BY VICTORIA ROSS  
THE CONNECTION

Straightening his tie, John Foust is preparing for yet another "meet-and-greet" event at the Clifton home of Democratic supporters Terry Matlaga and Kevin Bell.

It's a sunny Saturday afternoon in September, a good thing since the event is being held outside.

Foust smiles when his wife, Marilyn Jerome Foust, who frequently accompanies her husband to these events, reaches up to pat down his hair.

"You look wonderful," she tells him.

It's just seven weeks away from Election Day, in what's considered one of the hottest Congressional races in the country, and Foust's mood is upbeat.

People who know him well say Foust genuinely enjoys meeting new people and listening to their concerns, a skill that served him well during his seven years as a Fairfax County supervisor.

"He always has time for you. John is a true public servant who demonstrates solid working-class values," said Grace Han Wolf, a member of the Herndon Town Council, who has worked with Foust on a number of boards and commissions in the past decade.

"There's not an arrogant bone in his body."

"John is a real bridge-builder, not a bomb-thrower. I've known him for years, and I've seen him working to find common ground

on community issues. Congress needs more people like that," said Gary Serota of McLean, a longtime friend and neighbor.

**ALTHOUGH THE TWO** were neighbors in McLean, they didn't really meet until they both chaperoned a Langley High School trip to Kenya in 2002.

"We got to know each other well, because we spent hours touring Kenya in these vans that travel for miles over bumpy roads. When you're with someone for 10 days, you get to know them pretty well," Serota said. "John has a consistency of character and he's got great integrity. When John says 'I'm going to do something, he does something.'"

"John is fearless," said Sharon Bulova, chairman of the Fairfax County Board of Supervisors, who introduced Foust during Saturday's campaign event. "He is one of my most valuable colleagues on the board. He has the tenacity to get things done ... He worked day and night to help get the business community back on its feet."

It's that same tenacity that drives Foust, 63, in his ambition to be the first Democratic representative of Virginia's 10th district in more than three decades.

According to the Rothenberg/Roll Call Political Report, the 10th district seat held firmly for 34 years by retiring U.S. Rep. Frank R. Wolf could be the rare bright spot for Democrats this midterm election.

While some GOP strategists say Foust might be "punching above his weight class" in the congressional race, other strategists maintain the 10th district — once deeply Republican — is now considered "Leans Republican."

Foust is vying for the seat against fellow McLean resident Barbara Comstock, a GOP member of the Virginia House of Delegates.

In recent weeks, both campaigns have

SEE FOUST, PAGE 13



# Ebola Precautions

FROM PAGE 3

Blankenship did not answer when asked if other passengers will be notified whether a traveler from their plane was taken to the hospital for symptoms or tested positive or how professionals can tell the difference between a traveler with Ebola or other illnesses.

Inova Fairfax spokesperson Tracy Connell said she did not know if they were one of the designated hospitals for Dulles International. However, she did say an individual who vomited and had a fever was taken to the hospital on Friday afternoon for possible Ebola symptoms. At the time, she said the hospital was waiting for the county Health Department to determine whether to test the patient for Ebola. The hospital is equipped with an isolation room and personal protective equipment for staff to keep themselves safe. In the last week, the staff even ran several emergency drills to prepare for a worst-case scenario epidemic. "If a patient has the symptoms, we're trained to treat it as if they have Ebola," she said.

**A WOMAN WAS ALSO TESTED** for Ebola symptoms last week in

Loudoun County after coming back from Africa recently. Although her tests came back negative for the virus, Rep. Frank Wolf said there was not enough concern about the epidemic before it came on American soil.

"Since July, I have been voicing concern that there is not a sufficient plan in place to deal with the deadly disease," he said in a press release. "Last week, I called on the Obama Administration to appoint one person to coordinate a response. Regrettably, my recommendations have fallen on deaf ears. Today I am calling for a ban on travel from those West African nations battling Ebola."

In addition to screening at the arrival gate, first responders are being trained on safety protocols when arriving at the scene for someone who is displaying Ebola-like symptoms.

"Ebola prevention is based on principles and approaches that we use every day," said State Health Commissioner Marissa J. Levine in a press release. "However, there are unique aspects of Ebola that require us to make sure our plans and processes are up to date for this new concern."

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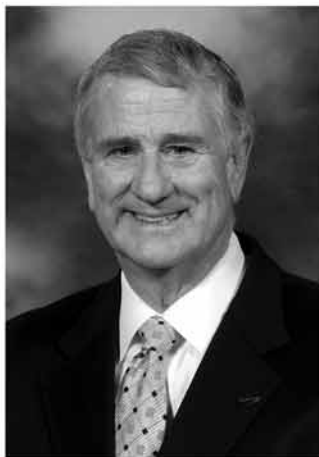
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- Mark Twain



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**Tom Rust**  
Virginia House of Delegates

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# Yes to Fairfax Transportation Bond

**\$84 million for pedestrian, bike and trail improvements.**

Of more than 75 projects included in the current proposal, on the ballot for Nov. 4, all but seven are designed to make Fairfax County safer and more inviting for pedestrians and bicyclists.

Voters will decide on Election Day whether to authorize \$100 million for:

- ❖ Spot road improvements to increase roadway capacity, reduce congestion, improve safety, and improve transit access (\$16 million)

- ❖ Pedestrian improvements to improve capacity, enhance safety and complete missing pedestrian links that connect neighborhoods, and improve access to schools, Metrorail stations and activity centers (\$78 million)

- ❖ Bicycle improvements that include developing new bicycle facilities, constructing trails, adding bicycle parking and enhancing accessibility (\$6 million)

Fairfax voters have a long history of approv-

ing bond questions for local transportation, schools and parks. This should be no exception.

## Vote

The importance of voting, and the difference just a few votes can make, is on display in Virginia, where close elections decided by a fraction of a percent of total voters have set the stage for some big changes.

Election Day is Tuesday, Nov. 4. But you don't have to wait until then.

In person absentee voting is underway at Fairfax County Governmental Center and seven satellite locations thru Nov. 1.

## EDITORIAL

Office of Elections, 12000 Government Center Pkwy, Conf. Rooms 2/3, Fairfax, 22035. Now - Oct. 31, Monday thru Friday - 8 a.m. - 7 p.m. Saturdays, Oct. 25 and Nov. 1, 9 a.m. - 5 p.m.

Satellite Voting Locations:

Franconia Governmental Center - 6121 Franconia Road, Alexandria, 22310

Dolley Madison Library - 1244 Oak Ridge Ave., McLean, 22101

North County Human Services Bldg. - 1850 Cameron Glen Drive, Reston, 20190

West Springfield Governmental Center -

6140 Rolling Road, Springfield, 22152

Mason Governmental Center - 6507 Columbia Pike, Annandale, 22003

Mount Vernon Governmental Center - 2511 Parkers Lane, Alexandria 22306

Sully District Governmental Center - 4900 Stonecroft Blvd., Chantilly 20151

Monday - Friday, Through Oct. 31, 3:30 p.m. - 7 p.m.

Saturdays, Oct. 25 and Nov. 1, 9 a.m. - 5 p.m.

For more information, call 703-222-0776 or visit <http://www.fairfaxcounty.gov/elections/absentee.htm>

You'll need photo identification to vote either on Election Day or absentee. Any registered voter can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad.

Once the application is processed, the card will be mailed directly to the voter.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

## LETTERS TO THE EDITOR

## Vote 'Yes' on Transportation

To the Editor:

We are writing about the Nov. 4 voter referendum on transportation bonds for Fairfax County. The Partnership for a Healthier Fairfax is a diverse coalition of individuals and public, community, and business organizations that have joined forces to improve community health by mobilizing resources, increasing awareness, and promoting change.

The Partnership has identified investments in infrastructure that support physical activity as a major priority in its community health improvement plan. Investments in facilities and pathways for pedestrians and bicyclists benefit everyone through enhancing safety, providing active transportation options, providing opportunities for routine exercise, expanding access to recreational opportunities, and

improving quality of life. Improvements funded by the bond will also permit more "Safe Routes to School," or opportunities for children to walk or bike to school.

The goals and objectives of both our plan and the transportation bond issue are aligned in encouraging a healthy lifestyle through physical activity and improving connectivity throughout the county. Residents who are able

to incorporate exercise in their daily lives will incur fewer health care costs and be more productive employees, thereby contributing to the county's economic success. Please support the bond by a "yes" vote on Nov. 4.

**Marlene Blum and Julie Knight**

Partnership for a Healthier Fairfax/Co-Chairs

## Impressive Record

To the Editor:

As a voter, I am really impressed with the record of Barbara Comstock.

Instead of being another Delegate in Richmond that just occupies a chair, she has proactively tried to create innovative, out-of-the-box solutions to the pressing problems that face our community. Whether or not you agree with all her votes, and there are thousands that she cast so of course there will be a few that we might disagree on, but you have to admit that she has come up with some creative ways to deal with issues. She hasn't been a Delegate that just shows up, casts votes, and goes home. She has proposed creative bills to deal with promoting research and development in the

district. She has proposed bills to raise awareness of Lyme disease which is a big problem in the 10<sup>th</sup> District. She has proposed bills to crack down on human traffickers and protect women from being trafficked. She has proposed bills to promote teleworking. She has proposed bills to increase the number of in-state seats at Virginia universities. I could go on and on. The point is that she is the real deal. If you want an empty suit that just shows up and casts a few votes, Comstock is not your person. If you want an innovative thinker who pushes solutions, Barbara Comstock is the right person for you.

**Richard Knox**  
Herndon

## A Common Sense Candidate

To the Editor:

John Foust made a name for himself by serving as a Fairfax County Supervisor for the past seven years.

Foust led the effort to balance the budget; while securing universal kindergarten in Fairfax County and pushing for the Metro Silver line transportation improvements.

It's gratifying to see Northern Virginia recognize John Foust for his accomplishments and strong moral character.

Growing up in Johnston, Pa., Supervisor Foust worked at the steel mills to pay for college; when he moved to Virginia, Foust worked fulltime while taking classes at night, earning both an MBA and law degree.

Foust understands what we, as

Americans, need to do to keep the American dream alive for all. We need to make higher education more affordable, provide quality healthcare to our working poor, raise the minimum wage, and rebuild our crumbling transportation system.

Northern Virginia needs a member of Congress willing to cross the aisle and find common sense solutions for the big issues: transportation, healthcare and education. Not someone who runs from reporters and supports draconian restrictions on a woman's right to choose. John Foust deserves our support.

**Laurie Dodd**  
Reston

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## WEEK IN HERNDON

### Herndon Church to Hold Breast Cancer Walk

The Women's Ministry of Mt. Pleasant Baptist Church of Herndon will sponsor a 5K Breast Cancer Walk to be held on Saturday, Nov. 1, beginning at 8 a.m., at 2516 Squirrel Hill Road, in Herndon.

The purpose of the walk is to educate and empower women to be proactive about breast health awareness and to raise money to support local charities, honor breast cancer survivors, and to unite as a church to glorify God. A short program, prior to the walk will be presented to discuss advancements and important tips for identifying cancer in its early stages.

The entire Mt. Pleasant Baptist Church congrega-

tion and neighboring communities are encouraged to participate in the walk as the first of many walks to discuss the importance of awareness and education for all forms of cancer. During the walk, breast cancer patients and survivors will wear pink t-shirts, and patients and survivors of other types of cancer will be honored by wearing lavender t-shirts.

Patrons, sponsors, caregivers and other supporters will wear white t-shirts.

Proceeds raised during this event will be contributed to the TigerLily Foundation and Herndon-Reston FISH, Inc. (Friendly, Instant, Sympathetic Help).



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10/28/2014 7:00-8:30pm	"A Muslim Woman Theology of Religious Pluralism"	Dr. Jerusha Tanner Lamprey, Union Theological Seminary (NY)
11/3/2014 6:30-8:00pm	"Misquoting Muhammad: Interpreting the Prophet's Legacy"	Dr. Jonathan Brown, Georgetown University
11/10/2014 6:30-8:00pm	"Muslim Scholars and the Arab Uprisings: Spokesmen of the Regime?"	David Warren, University of Manchester (UK)
12/3/2014 6:30-8:00pm	"Late Ottoman Discourses on Nationalism and Islam"	Dr. Mustafa Gokcek, Niagara University and IIIT Resident Fellow

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## News

# Herndon Frying Pan Park Holds Farm Harvest Days

Families from around the area visit Herndon farm park.

BY RYAN DUNN  
THE CONNECTION

Hundreds of families took the advantage of mild fall weekend weather to attend the Frying Pan Farm Park's Farm Harvest Days held Oct. 18 -19 in Herndon. Fall was historically a busy time on farms, and visitors had the opportunity to watch the cider press in action, milk a goat or a cow, shell corn, and peel apples. "We had a lot of families come visit," said Meriel Carney, a resident of Herndon and student at Rachel Carson Middle School. Carney has volunteered at Frying Pan Farm Park since she was 8.

Today, Frying Pan Farm Park preserves and interprets a 1920s through 1950s farm, agricultural process, rural community life and landscape for the educational, cultural and recreational enrichment of citizens and visitors of Fairfax County. Many families took the opportunity to meet the farm animals and see traditional farm demonstrations. "When I first moved here, I was lost in suburbia, Frying Pan Park has been such a nice outlet for us," said Jason DeWitt, a resident of Ashburn. DeWitt brought his daughters Maisie and Rosie with him to visit the Frying Pan Park.

Assisting with the animal displays were members of the local 4-H club Hoofers and Heifers, Frying Pan's very own 4-H livestock club. Two members who assisted on Saturday were club vice president Mary Carrico and president Cayla Blatman. The only livestock club in Fairfax County, the Hoofers and Heifers work with the park animals at Kidwell Farm.

**THROUGHOUT THE YEAR** members learn about sheep, cattle, goats, swine, and poultry. The club focuses on basic animal science, livestock showmanship, and leadership. Members participate in a variety of club and park sponsored events, county and state 4-H competitions, and livestock shows like the annual 4-H Fair. Meetings are held the second Tuesday of the month at 7 p.m. and new members are always welcome.

Food vendors attended the event, which also included a blacksmith demonstration by members of the Blacksmiths' Guild of the Potomac



PHOTOS BY RYAN DUNN/THE CONNECTION

**During the farm harvest days at Frying Pan Farm Park, the antique cider press was put in operation to display how apple cider was made.**

Inc., at the Moffett Blacksmith Shop. Originally located in the nearby town of Herndon, the blacksmith shop stands at the farm entrance across from the kitchen garden. "The purpose of the event is to educate the public about harvesting techniques used in the era of the 1920s," said park employee Antonio Mirzaiee.

Some surprise visitors were relatives of Clinton P. Jones, former owner of the antique cider press donated to Herndon Frying Pan Farm Park. "It is nice to come back and see the press," said Judy Jones Bell, granddaughter of Clinton Jones. The Jones family donated the cider press to the Park Authority in 2001. They also donated an orchard sprayer, a John Deere "B" tractor that was used to power the cider press, a wheel grinder, and artifacts related to the press. In 2003 park mechanic Alan Stull repaired the tractor, and the cider press and other equipment arrived at Frying Pan in 2004. Although the cider cannot be sold, it is an opportunity to display the cider making process. "It was a great fall cel-

ebration," said park manager Yvonne Johnson.

**WELCOMING GUESTS** to event was Cate Henderson, a representative with Friends of Frying Pan Farm Park. In 1960, Fairfax County's farming industry was waning, and a movement to preserve farm life for educational and historical purposes was started in the Floris community by a group of civically minded citizens. That group of visionary citizens evolved into the present day Friends of Frying Pan Farm Park. The school system gave the four-room Floris schoolhouse to the Park Authority, and in 1961 the Park Authority Board purchased most of the nearby Kidwell Farm property, 37.3 acres at \$1,500 per acre, to create Frying Pan Farm Park. "This event reminds the public farming is about community and bringing people together," said Henderson.

For more information on Frying Pan Farm Park and other upcoming events, visit [www.fairfaxcounty.gov/parks/fryingpanpark/](http://www.fairfaxcounty.gov/parks/fryingpanpark/).

WWW.CONNECTIONNEWSPAPERS.COM





Families and children had the opportunity to see old farm machinery and grind corn during the Oct. 18-19 farm harvest days held at Herndon Farm Park.

Judy Jones Bell, granddaughter of Clinton Jones, visited Herndon Farm Park during the farm harvest days event. The Jones family donated the antique cider press to the Fairfax Park Authority in 2001.



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# CALENDAR

## THROUGH FRIDAY/OCT. 31

**Side-by-Side in Europe: Two Artists, Two Views, One Subject by Jerry Lewis & Mohsen Alashmoni.** 9 a.m.-9 p.m. Hunters Woods Exhibit, 2310 Colts Neck Road, Reston. Two artists, one from Reston and the other from Egypt, will approach the same subject from viewpoints influenced by different religions, culture and nationalities. 703-476-4500.

**Fine Art Mosaics Exhibit: Anita Bucsay Damron.** Monday-Friday: 8 a.m. - 5 p.m. Saturday: 8 a.m. - noon. Reston Corner One, 120001 Sunrise Valley Drive, Reston, main floor lobby. Beautiful glass mosaics are inspired by the tapestries of Gurut and Rajasthani India, and created with Italian glass, Czech and Austrian crystals, 24k gold and more. www.anitadamron.com

**New Solo Shows.** Monday - Friday, 8 a.m. - 5 p.m. Reston Corners One and Two, 12001 and 12005 Sunrise Valley Dr., Reston. Mosaics by Anita Bucsay Damron are on display at Reston Corner One and paintings by Norma Lasher are at Reston Corner Two. Free. www.leagueofrestonartists.org.

**Members' Photography Exhibit.** Monday-Friday, 9 a.m.-5 p.m. Greater Reston Chamber of Commerce, 1763 Fountain Dr., Reston. Enjoy a display of members' photography at the Greater Reston Chamber of Commerce. Free. www.leagueofrestonartists.org.

## THROUGH MONDAY/NOV. 3

**Annual ArtReston Regional Fine Art Exhibit.** 9 a.m.-9 p.m. Jo Ann Rose Gallery, 1609 Washington Plaza N, Reston. An exhibit of two-



**Follow a typical day in the life of Charlie Brown and the Peanuts gang in CenterStage's theatrical production of "You're a Good Man, Charlie Brown" playing Oct. 24 - Nov. 2 at Reston Community Center, 2310 Colts Neck Road, Reston.**

dimensional paintings and mixed media art from members of the League of Reston Artists. www.leagueofrestonartists.org

## THURSDAY/OCT. 23-SATURDAY/OCT. 26

**Washington West Film Festival.** Bow Tie Cinemas, 11940 Market St., Reston. Independent films will be screened or premiered in three in-competition categories: dramatic features, documentary features and short films. wwfilmfest.com.

## THURSDAY/OCT. 23

**Meet the Artists Series.** 2:15 p.m. - 3:30 p.m. The CenterStage at Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Loudon Quartet. Free. 703-476-4500.

**Picture This! Create Illustrations Inspired by Books.** 4 p.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Hands-on workshop for aspiring writers and artists.

## SATURDAY/OCT. 25

**Halloween Science Spectacular.** 11 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Eye-catching Halloween experiments. For children ages 6-12.

**5K GRACE.** 8:30 a.m., 5K, 9:30 a.m. Childrens' Dash-a-thon. Pavilion at Reston Town Center, 11900 Market St, Reston. Art-inspired costumes encouraged. The GRACE Race benefits the educational and outreach programs of the Greater Reston Arts

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

Center (GRACE). Contact Holly McCullough, [hmccullough@restonarts.org](mailto:hmccullough@restonarts.org), 703-471-9242.

## SUNDAY/OCT. 26

**The Great War and the Shaping of the 20<sup>th</sup> Century: a Film History of World War I.** 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. A six-part series led by Dr. Harry Butowsky, research historian and professor at George Mason.

**What is Impressionist Painting, Artist Talk by Lois Griffel.** 7-8 p.m. ArtSpace Herndon, 750 Center Street, Herndon. Artist Lois Griffel will "open your eyes to painting" in a lecture about the development of Impressionism. Using specific examples of impressionistic paintings, she describes what impressionism is and how artists use it in their work. For artists, the talk is an introduction to the theory Griffel uses in workshops given throughout the United States teaching artists how to observe color in nature and translate it into pigment. For non-artists, the lecture is an enlightened lesson on how to look at paintings with a fresh perspective. For more information call 703-956-6590. www.artspaceherndon.org

## MONDAY/OCT. 27

**Rock n' Roll.** 10:30 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Singing and dancing in a sensory-rich environment while using age-appropriate instruments. Preschool-aged children.

## TUESDAY/OCT. 28

**Baby Lapsit.** 10:30 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Nursery rhymes, songs and stories. Birth to 11 months with adult.

## MONDAY/OCT. 27-FRIDAY/OCT. 31

**Lois Griffel Painting Workshop.** 9 a.m.-4 p.m. ArtSpace Herndon, 750 Center St., Herndon. Students will explore color and light effect in landscape, learning to use pure color for expressing the quality of the atmosphere and light key. Register at 703-956-6590 or [www.artspaceherndon.org](http://www.artspaceherndon.org).

## WEDNESDAY/OCT. 29

**Boo! It's Halloween Storytime.** 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Wear a costume and stop by the library for family Halloween fun. All ages .

## THURSDAY/OCT. 30

**Meet the Artists Series.** 2:15 p.m. - 3:30 p.m. The CenterStage at Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Klasinc & Loncar Duo. Free. 703-476-4500.

**Reston Friends Puzzle Sale.** 10 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. The Friends of the Reston Regional Library are holding a sale of gently-used jigsaw puzzles and games at the library. All proceeds from the sale benefit the Reston Regional Library.

SEE CALENDAR, PAGE 11

## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

### OCTOBER

**A+ Camps & Schools**.....10/15/14  
**Election Preview I** .....10/22/14  
**Election Preview II**.....10/29/14

### NOVEMBER

Election Day is Tuesday, November 4.

**Wellbeing**.....11/5/14  
**HomeLifeStyle**.....11/12/14  
**Holiday Entertainment & Gift Guide I**.....11/19/14  
**A+** .....11/25/14

Thanksgiving is November 27.

### DECEMBER

**Wellbeing**.....12/3/14  
**HomeLifeStyle: Home for the Holidays**.....12/10/14  
**Hanukkah begins December 16.**  
**Holiday Entertainment & Gift Guide II**.....12/16/14  
**A+ Camps & Schools**.....12/16/14  
**CHILDREN'S CONNECTION**.....12/24/14

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# CALENDAR

FROM PAGE 10

## FRIDAY/OCT. 31

**Reston Friends Puzzle Sale.** 10 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Sale of gently used jigsaw puzzles and games at the library. All proceeds from the sale benefit the Reston Regional Library.

**Great Decisions Series.** 1:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join us for a roundtable discussion on the U.S. foreign policy process. The topic for October is China's Foreign Policy. Discussion materials will be available two weeks before the event.

## SATURDAY/NOV. 1

**Joshua Max Feldman Talk.** 7:30 p.m. Congregation Beth Emeth, 12523 Lawyers Road, Herndon. j.talks event. Feldman will talk about and read from his novel "The Book of Jonah." \$15/\$10. 703-534-3075.

## THROUGH MONDAY/NOV. 3

**artReston Exhibit.** JoAnne Rose Gallery, Lake Anne Center, 1609 Washington Plaza, Reston. The theme of "Imagist" brings painters and mixed media/two-dimensional artists together. Show will be judged by Ann Barbieri. Free. [www.leagueofrestonartists.org](http://www.leagueofrestonartists.org).

## SATURDAY/NOV. 1- SUNDAY/NOV. 30

**Colorful Life.** 9 a.m.-9 p.m. Hunters Woods Exhibit, 2310 Colts Neck Rd, Reston. Acrylic Paintings on Canvas by Suping Ji. 703-476-4500.

## MONDAY/NOV. 3- MONDAY/DEC. 1

**A Cape Breton Discovery.** 9 a.m.-9 p.m. Jo Ann Rose Gallery, 1609 Washington Plaza N, Reston. Celeste Friesen-Nikkel exhibits her award-winning acrylic and mixed media work in this November exhibit. 703-476-4500.

## SUNDAY/NOV. 2

**Holiday Bazaar.** 9 a.m.-1 p.m. St. Timothy's Episcopal Church, 432 Van Buren St., Herndon. Benefits the Gifts to Glorify the Lord Campaign (1870 pipe organ restoration) and the Episcopal Church Women's efforts to revitalize the parish hall. [ehorsfield@cox.net](mailto:ehorsfield@cox.net).

## SUNDAY/NOV. 8

**David Bendernagel.** 2-4 p.m. Reston Museum, 1639 Washington Plaza N., Reston. Bendernagel reads from debut novel, "The End of the City." 703-709-7700.

## WEDNESDAY/NOV12-SATURDAY/NOV15

**World of Color Expo 2014.** 9 a.m. - 6 p.m. Hilton Washington Dulles Hotel, 13869 Park Center Road, Herndon. Registration is required to take classes. No prior painting experience necessary. For more information call 703-754-3191.

## TUESDAY/NOV. 18

**April Mae & The June Bugs.** 7:15 p.m. Amphora Diner Deluxe, 1151 Elden St., Herndon. April Mae & The June Bugs play Americana under the influence of jump blues, swing and boogie. Doors open at 6 p.m. The Folk Club of Reston-Herndon. \$11/\$10 members. 703.435.2402 or [jamessue@aol.com](mailto:jamessue@aol.com) or [restonherndonfolkclub.com](http://restonherndonfolkclub.com)



PHOTO BY LOUISE KRAFFT/THE CONNECTION

## Reston Family Band Performs at Clarendon Festival

Elliott, Zach and Alyssa Monfredo of Reston wait for the stage call to begin their performance as "Abandon the Shadows" on the Burke & Herbert Stage at the 17th annual Clarendon Day festival. This was a return engagement for the family band that has been writing and performing original songs for the past four years.

# NEWS



Jorge Adeler

## Jorge Adeler's 'Gods and Heroes' at Bergdorf Goodman NYC

The Men's Store at Bergdorf Goodman on Fifth Avenue in Midtown Manhattan is now carrying the full line of the "Gods and Heroes" Men's Collection by fine jewelry designer Jorge Adeler of Great Falls.

The luxury department store features the complete custom collection made with ancient numismatic treasure coins and rare stones. Highlights of the men's collection include 18-karat yellow, red, and white gold cufflinks. Each piece is hand-crafted by Adeler.

Adeler's showcase can be viewed online at [www.jorgeadeler.com](http://www.jorgeadeler.com).

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# SPORTS

## Herndon Field Hockey Earns Regional Berth

The Herndon field hockey team ended its regular season with a 2-0 loss to Chantilly on Oct. 15, dropping the Hornets to the No. 3 seed in the Conference 5 tournament and forcing them to play a quarterfinal contest.

Herndon responded with a 6-1 win over No. 6 Oakton on Monday, earning the Hornets a trip to the semifinals while securing a berth in the 6A North region tournament. Herndon will get another crack at No. 2 Chantilly at 7:30 p.m. on Wednesday, Oct. 22 at Chantilly High School. The winner will advance to the conference championship game on Oct. 23 at Oakton High School.

Herndon (15-2) opened the season with 13 consecutive victories, but has dropped two of its last four. Chantilly (12-2) is on an eight-game winning streak.

## Herndon Football Wins District Game

The Herndon football team on Oct. 17 earned its first Concorde District win since 2009, beating Chantilly 22-20 at Chantilly High School.

The Hornets' last district win came against Centreville, a 35-30 victory on Oct. 9, 2009. Herndon lost 24 straight district games prior to Friday's win over Chantilly.

The Hornets (4-3, 1-1) will host Westfield (6-1, 2-0) at 7:30 p.m. on Friday, Oct. 24.

## Langley Football Beats South Lakes

The Langley football team totaled 539 yards of offense, including 328 on the



**Taylor Stone, seen earlier this season, and the Herndon field hockey team defeated Oakton on Monday night to advance to the Conference 5 tournament semifinals.**

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



**The Herndon football team, seen earlier this season, defeated Chantilly on Oct. 17.**

ground, and the Saxons defeated South Lakes 42-21 on Oct. 17.

Langley running back Tyler West carried

27 times for 239 yards and scored three touchdowns against the Seahawks.

Langley improved to 3-4 and will travel

to face Thomas Jefferson at 7:30 p.m. on Friday, Oct. 24. South Lakes dropped to 1-6 and will host Stone Bridge at 7:30 p.m. on Friday.

## McLean Football Reclaims Winning Record

The McLean football team improved to 4-3 with a 24-21 victory over Fairfax on Oct. 17.

The Highlanders had lost two straight and three of four entering the contest.

Five of McLean's seven games have been decided by six points or less.

McLean will travel to face Madison at 7:30 p.m. on Friday, Oct. 24.

## Madison Football Wins Big over TJ

The Madison football team blanked Thomas Jefferson 53-0 on Oct. 17, improving its record to 3-4. The Warhawks had dropped four of five entering the contest.

Madison will host McLean at 7:30 p.m. on Friday, Oct. 24.

## Oakton Football Drops Fourth Straight

The Oakton football team lost to Centreville 21-0 on Oct. 17.

The Cougars fell to 3-4 after their fourth straight loss. Oakton will look for its first district win against Robinson at home at 7:30 p.m. on Friday, Oct. 24.

# Andrejev Leads Langley Volleyball Team

## Despite knee injury, senior totals 17 kills in loss to undefeated Madison.

BY JON ROETMAN  
THE CONNECTION

**R**achel Andrejev was supposed to spend her senior season as part of a 1-2 offensive punch on the defending state champion Langley volleyball team.

But after all-state outside hitter Jessica Donaldson was lost for the season with a knee injury on Aug. 30, Andrejev was left to carry the load for the inexperienced Saxons.

Andrejev has been a constant during Langley's up-and-down season, which has included a seven-match winning streak and a four-match losing streak. On Oct. 16, No. 3's leadership was on display again as the Saxons faced one of

their toughest tests to date.

After dropping the first set to undefeated Madison, Andrejev guided Langley to a second-set victory with eight kills and an ace. The pivotal third set went down to the wire, with Andrejev helping the Saxons keep pace with five kills and an ace. Madison, however, proved too much, as the Warhawks captured the third set and eventually the match, 3-1 (25-15, 23-25, 28-26, 25-20).

Andrejev finished with 17 kills and three aces while battling a knee injury.

"Rach is facing surgery at the end of the season on her knee," Langley head coach Susan Shifflett wrote in an email. "This, along with having to carry much of the workload due to Jess' injury, has placed an enormous amount of responsibility on her



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**Langley senior Rachel Andrejev totaled 17 kills against Madison on Oct. 16.**

shoulders. She has responded beyond my highest expectations. I am so impressed with her determination and leadership."

What makes Andrejev so good?

"Her attitude," Shifflett wrote. "She plays with such intensity, almost like she is proving every night that she is the best. And she is."

Madison improved its record to 21-0. Langley became just the fourth team this season to win a set against the Warhawks.

Katie Sissler and Allison Franke each had six kills for Langley. Elena Shklyar had five aces.

On Monday, Langley defeated Yorktown 3-0 (25-21, 25-12, 25-14), improving its record to 12-7. While seven losses could be viewed as adversity following a 2013 season during which Langley lost only three times and won a state title, Shifflett said the Saxons' lack of experience makes it a non-issue.

"Considering Rachel is the only returning starter, they don't know any different," Shifflett wrote. "They are young and learning more each day. Each match someone new rises up to make us better."

Langley will close the regular season with road matches against Washington-Lee (Oct. 22) and Fairfax (Oct. 30).



# ELECTION 2014:

## CANDIDATE PROFILES



**Republican candidate Barbara Comstock surveys a construction site in Loudoun County with longtime U.S. Rep. Frank Wolf (R-10) last spring. Wolf's retirement announcement paved the way for Comstock's congressional run.**

## Comstock

FROM PAGE 4

"I think that was the first time I wanted to be a lawyer ... I was struck by how these ordinary people did such extraordinary things."

The trip was typical of the influence of her mother, Sally Burns, a long-serving teacher and school administrator. "We would read biographies and then go visit the places we read about," she said. "I developed a real sense of history."

Comstock says her mother has been the most influential person in her life. "My mom is definitely my best friend, that's been one of the great parts of my life."

Burns introduced her daughter to politics as well as history, but from the opposite side of the aisle from where Comstock currently sits. "My mom was a Ted Kennedy girl — back when Rose Kennedy was doing teas" for campaign events, said Comstock.

Now Burns supports her Republican offspring. "My mom has been very active since my first campaign. My parents live with us, and the fun thing is that our whole family campaigns together."

Comstock's politics are much different than those of the unabashedly-liberal Kennedy.

She worked for two terms as an aide to Wolf, and headed the public-affairs branch of President George W. Bush's Justice Department.

The National Review, in its endorsement of Comstock, said, "Comstock's strong conservative presence in Richmond has earned her high marks from, among others, the National Rifle Association, the Family Foundation of Virginia, and the Virginia Chamber of Commerce, which awarded her its 2012 Free Enterprise Award. She has also received the endorsement of pundits such as Mark Levin and Sean Hannity."

Pat Herrity, a Republican member of the

## Bio

Virginia Del. Barbara Comstock (R-34) grew up in Springfield, Mass. She earned her B.A. in political science from Middlebury College in 1981 and her law degree from Georgetown University Law Center in 1986. She is an attorney and founding partner of Corallo Comstock.

At the beginning of the 2014 legislative session, Comstock served on the following committees:

- ❖ Commerce and Labor
- ❖ Science and Technology, Chair
- ❖ Transportation

**Prior offices:** McLean Community Center Governing Board - 1993-1996

**Personal:** She lives in McLean with her husband, Chip. They have three children, Dan Comstock, Peter Comstock and Caity Roller.

Fairfax County Board of Supervisors, said, "Barbara is exactly the type of common-sense conservative leader we need to pull the party and district together and win this."

But despite her conservative credentials, Comstock seeks to emphasize her willingness to reach across the aisle and work with Democrats. She points to her work on human trafficking issues, where her bills toughening criminal penalties and increasing support for victims received near-unanimous support in the Virginia General Assembly. Kate O'Beirne of McLean, a former Washington editor of the National Review and co-chair of the Catholics for Comstock Coalition, said, "While seeking common ground for the common good, Barbara has remained deeply committed to her strong values. She is a staunch supporter of working to create a culture of life and has led the fight on behalf of victims of human trafficking."

Comstock has the endorsement of the outgoing incumbent, who was out knocking doors with her on the first Saturday in October. "No one will work harder for the 10th District than Barbara Comstock," Wolf said. "She's honest, ethical and her energy and ability to get results will make her a great congresswoman."

## Foust

FROM PAGE 4

amped up the tone and tenor of the negative political rhetoric. They have also accelerated the number of campaign whistle stops, debates and town hall forums in an effort to get turnout during the midterm election.

**THE SCHEDULE** is grueling, and it only gets worse until Election Day. "You know, whenever I'm tempted to complain about something in this race, I think about my father," Foust said during a recent interview in his McLean campaign office.

"My dad was 50 when he lost everything he worked for, and I mean everything — house, possessions, everything — it all just washed away in a flood in my hometown in 1977," said Foust, who grew up as the oldest of five boys in Johnstown, Pa.

The flood to which Foust refers is considered one of the deadliest flash floods in the history of the United States.

More than six dams burst, sending 128 million gallons of water through Johnstown. The flooding killed 85 people and rendered thousands homeless, including the Foust family, whose home was completely destroyed.

"I saw my father the morning after the flood," Foust said. "What I vividly remember is that he didn't complain. I kind of clapped him on the back, in a gesture to comfort him ... But the only thing he said was 'I just can't believe I lost that film of you kids.'"

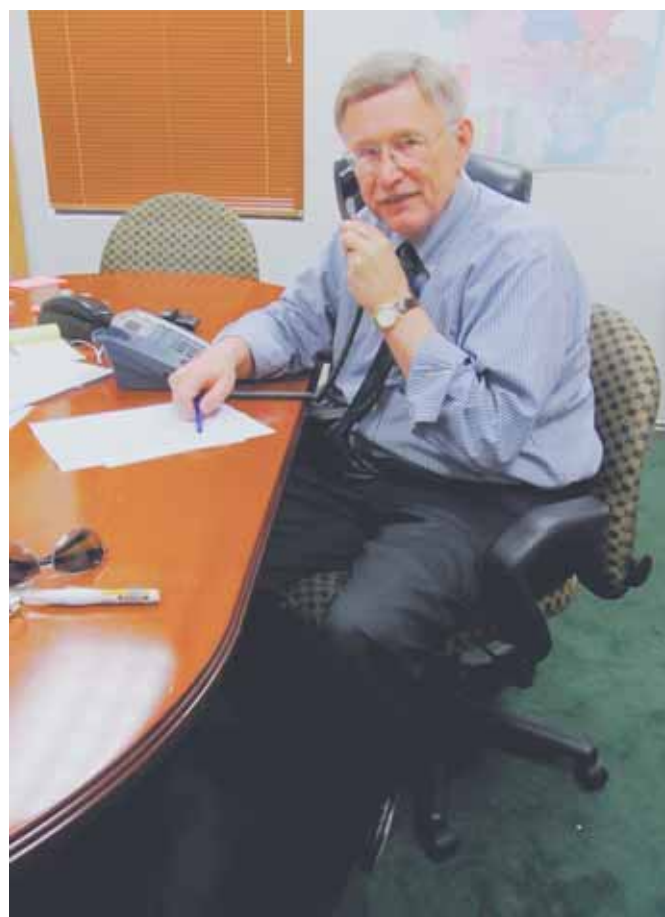
Foust said his father, a laborer on the railroad, was talking about pictures he took at his sons' football games. "My parents grew up in the Depression, and they didn't expect anything to be handed to them. My dad sometimes worked two or three jobs, but one thing he never missed was our football games."

Foust paused at the memory.

"My parents showed me a great path of how to live and, because of their example, I have a good perspective on what's important and what's not."

Foust said he was the first person in his family to go to college, and the fact that he was able to get an education made a huge difference in his life.

"Because of my education, I was able to make contributions to my community. College is becoming less affordable and less accessible now, and I want to change that. We're leaving talent on the table when we make college out of reach for everyone but



**Fairfax County Supervisor John Foust (D-Dranesville) takes calls in the McLean headquarters of his campaign office. Foust is running for the 10th District Congressional seat held by Republican Frank Wolf for 34 years.**

## Bio

**Candidate:** John W. Foust

**Political Party:** Democrat

**Current position:** Member of the Fairfax County Board of Supervisors since 2007. Represents the Dranesville district, which includes McLean, Great Falls, Herndon and portions of Vienna and Falls Church.

**Born:** Sept. 5, 1951 in Johnstown, Pa.

**Residence:** McLean

**Occupation:** Attorney

**Spouse:** Dr. Marilyn Jerome Foust

**Children:** Matthew, Patrick

**Education:** B.A. Economics, University of Pittsburgh; MBA, Law degree, George Washington University Law School

**Community Organizations:** Former President of McLean Citizens Association and District Chairman of Boy Scouts. Current Member Board of Supervisors, Chairman of Audit and Economic Advisory Committees and Vice-chairman of Budget Committee.

the super-wealthy. I want that opportunity to be available to everyone ... it's part of the American dream," Foust said.

"To me, my dad's reaction to that flood, to losing everything in one night, just puts everything into perspective for me. Sure, sometimes you get down in this race, but you work your way through it ... If my dad can lose everything and not complain, I can do this," Foust said.



## Self-Indulgent or Self-Effacing

By KENNETH B. LOURIE



After re-reading last week's column: "Not in the Mood," I began wondering if that column had strayed beyond the boundaries, so to speak, and was too much about me and not enough about my circumstances. Certainly I understand, given my column's recurring theme, that the subjects of me and my circumstances – and the personal stories I share with you regular readers – are basically the same. Still, I never want the content to be considered important because it's MY life that's being profiled. Quite the contrary. If the columns were any more about me, you wouldn't be interested.

Cancer is the issue, and one person's survival, however compelling and/or statistically unlikely, is not. Granted, success in the face of extremely dire and discouraging warnings from one's oncologist is worth noting for sure. But it's not because of me that any of it matters. I'm just a prop. It's the story that matters, not the storyteller. Yet I couldn't help but think that my droning and bemoaning last week was in some ways more for my purposes than it was for you: a few minutes spent in my shoes living some of the cancer life. (By the way, in person, in my non-column life, I'm not very cancer-centric.)

Admittedly, I may be a bit sensitive to this self-indulgent possibility/tendency. When you write a first-person narrative about the writer's life, as I do, it's a reasonable claim to make. A claim I regularly and insistently deny. As odd as it sounds to say this, it's never about me; that's my nature. Ergo, how can a column I've written weekly going on almost 17 years, the last five and half of which have been what I call "cancer columns," be about me? In my mind (or perhaps, according to my way of thinking), it can't.

I suppose I perceive self-indulgence as the opposite of self-effacing (self-effacing being a characterization I'll happily embrace). And I refuse to believe that the three most important words in the dictionary are "me," "myself" and "I." Though I am the subject of my columns, it's the fact that I'm a cancer patient/survivor that's most relevant. Moreover, there are many more cancer survivors with many more stories to tell who add substance to my claim. I'm just one of the few with the opportunity and inclination to share and share alike. It's been my pleasure doing so, and it has become my passion as well. It's who I am; it's what I've become. "I may not be right all the time, but I'm very seldom wrong" (to quote one of my deceased father's favorite phrases). However, there are some columns/weeks when I may scribble outside the lines. It's unintended. Let's not forget one incontrovertible fact though: "Cancer sucks." But it's not because of anything I say or do.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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### OBITUARY

#### BESSIE CHRISMOND ACORS TRICKETT

Bessie Crismond Acors Trickett, 98, of Dranesville, Herndon, Virginia who had been a life-long nurturer of over 100 foster children, died October 13th, 2014 at Reston Hospital.

She was born June 2nd, 1916 in Spotsylvania, Virginia to the late John J. Acors and Gracie C. Hailey. She was a graduate of Herndon High School in 1934. Her daughter mentioned that her Mom "was a loving, caring and giving person always smiling and giving care and love to others".

She was the wife of the late Bruce Leigh Trickett. She is survived by a daughter Joyce Ann Trickett of Herndon and a son, Donn Banks of Herndon and many nieces and nephews.

Funeral services were held on October 16th, 2014 at ADAMS-GREEN Funeral Home in Herndon, VA followed by interment at Chestnut Grove Cemetery, Herndon.

Memorials can be made to the Dranesville Church of the Brethren, 11500 Leesburg Pike, Herndon, VA 20170 where Bessie was a life time member.

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## BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com by the Friday prior to the following week's paper.

### THURSDAY/OCT. 23

**ESL for Advanced Students.** 10 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Richard's Thursday conversational group. Adults.

**ESL Pronunciation and Speaking for Intermediate Students.** 1 p.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Sandy's weekly class.

**ESL: Grammar and Vocabulary for Intermediate Students.** 6:30 p.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Paul in this 12-week course. The course teaches the basic rules of English grammar and contains vocabulary building exercises.

### FRIDAY/OCT. 24

**ESL for Beginners.** 10 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Elayne's Friday conversational group. Adults

**Let's Talk-ESL for Intermediate Students.** 11 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Richard's Friday conversational group. Adults.

### SATURDAY/OCT. 25

**Support Biodiversity.** 10 a.m.-12 p.m. Golf Course Island Garden Plots. Join Habitat Heroes this month to help restore the natural area behind the garden plots. We will use neat tools like the weed wrench, hand saws and loppers to remove bush honeysuckle, burning bush, and more from this unhealthy patch of woods. For exact location call Ha Brock, 703-435-7986, habrock@reston.org.

### MONDAY/OCT. 27

**ESL for Intermediate Students.** 11 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Richard's Monday conversational group.

**ESL: U.S. Citizenship Exam for Intermediate Students.** 3 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Molly in this 12-week course that teaches speaking and writing skills on the basis of selected topics of U.S. history and government.

**ESL for Intermediate Students.** 4:30 p.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Juanita's Monday conversational group.

**NARFE Dulles Chapter 1241 Luncheon Meeting.** 11:30 a.m. Amphora Diner, 1151

Elden Street, Herndon. Speakers: U.S. Representative Gerry Connolly (D-11th District) and Congressional Candidate John Foust (D-10). \$18 admission. RSVP by Oct. 23 to Louise Rooney at 703-435-3523.

### TUESDAY/OCT. 28

**ESL for Advanced Students.** 10 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Bob's Tuesday conversational group.

**ESL for Beginners.** 10 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Elayne's Tuesday conversational group. Adults.

**ESL, Speak and Write for Intermediate Students.** 1 p.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Sandy's weekly class.

### WEDNESDAY/OCT. 29

**ESL for Intermediate Students.** 11 a.m. 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Richard's Wednesday conversational group. Adults.

**ESL for Intermediate Students.** 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Susan's Wednesday conversational group.

**ESL for Intermediate Students.** 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Marilyn's Wednesday conversational group.

### THURSDAY/OCT. 30

**ESL Pronunciation and Speaking for Intermediate Students.** 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Sandy's weekly class.

**ESL: Grammar and Vocabulary for Intermediate Students.** 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Paul in this 12-week course that meets on Thursdays. The course teaches the basic rules of English grammar and contains vocabulary building exercises. Regular attendance is required.

### FRIDAY/OCT. 31

**ESL for Beginners.** 10 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Elayne's Friday conversational group. Adults.

**Let's Talk-ESL for Intermediate Students.** 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Richard's Friday conversational group.

## Volunteer Opportunities

**Fairfax County** needs volunteers to drive older adults to medical appointments and wellness programs; urgent need in Reston area. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults) and click on Volunteer Solutions.

**Korean Meals on Wheels** needs Korean-speaking volunteers to deliver meals 11 a.m.-1 p.m. Monday, Wednesday and Friday in Centreville, Reston and Annandale. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults) and click on Volunteer Solutions.

**Meals on Wheels needs drivers** in Chantilly, Clifton, McLean and Falls Church between the hours of 11 a.m.-1 p.m. on Monday, Wednesday and Friday. Substitute drivers needed throughout the county. For these and other volunteer opportunities, call 703-324-5406, TTY

711 or visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults) and click on Volunteer Solutions.

**Volunteers, who are fluent in American Sign Language**, are needed in Reston, Herndon and Vienna to provide clients with direct assistance (not interpretation) with computers, grocery shopping, or social visiting. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults) and click on Volunteer Solutions.

**Respite Care volunteers** give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend.

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