

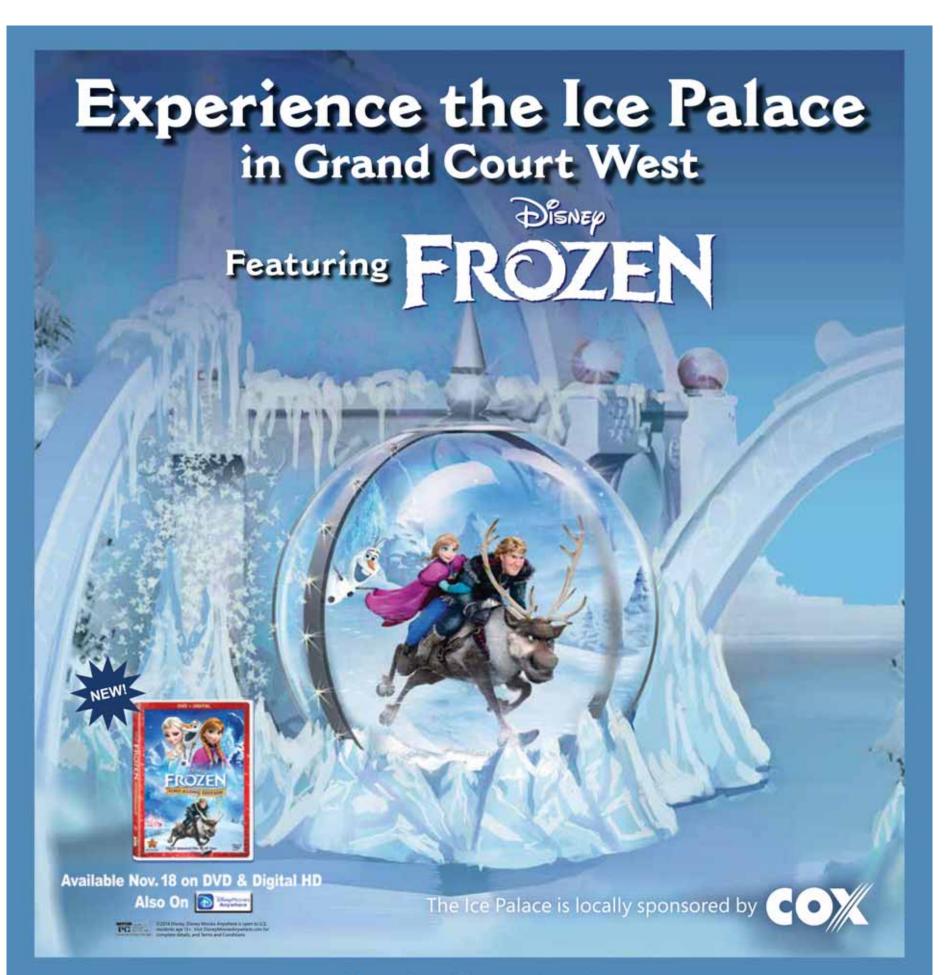
AThe 1 in gton
Connection

Brom Bones (Brody Karton) welcomes Ichabod Crane (Colin Meek) to Sleepy Hollow in Encore Stage & Studio's production of "The Legend of Sleepy Hollow" running through Nov. 16.

CH BAKER'

Home Life Style

PAGE 11



Opening November 6

This year, the Ice Palace is celebrating the November 18 release of the Disney FROZEN Sing-Along Edition on DVD & Digital HD. This much-loved, interactive holiday display features the sights and sounds of Anna, Elsa and their friends Olaf, Kristoff and Sven, plus a 30-foot Ice Palace with falling snow, a light show and other activities for the whole family. Come and see how you compare in size to Sven and Olaf and have your photo taken with Olaf at the Ice Throne. End your magical journey with a visit to Santa and a special Disney FROZEN Lookand-Find book!

Visit the Ice Palace Gift Shop

Pick up a copy of the FROZEN sing-along DVD (available November 18) along with lots of other fun items including FROZEN dolls, puzzles books and much more.

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News

Onstage

The Legend of Sleepy Hollow'

leepy Hollow is a little town with more than its fair share of spooky ghost stories. The citizens of Sleepy Hollow know the legend of the Headless Horseman is just make-believe until the new schoolteacher, Ichabod Crane, arrives. Suddenly, strange things begin to happen and he comes face to face with the famous ghost.

Encore Stage & Theatre is in its final weekend of performances of the classic ghost story by Washington Irving. Recommended age for this production is 6 and

Show times are: Friday, Nov. 14 at 7:30 p.m.; Saturday, Nov. 15 at 11 a.m. and 3 p.m. and Sunday, Nov. 16 at 3 p.m. in the



The cast of Encore Stage & Studio production of "The Legend of Sleepy Hollow" running through Nov. 16.

Thomas Jefferson Community Theatre, 125 S. Old Glebe Road Arlington, VA 22204. Tickets are available online at

www.encorestageva.org or call the box office 703-548-1154.

For groups of 10 or more, group rates are

e-mail available for \$8, boxoffice@encorestage.org for additional questions and information.



Sleepy Hollow's new schoolmaster Ichabod Crane (Colin Meek) teaches



The townswomen of Sleepy Hollow share legends and ghost stories with Ichabod Crane (Colin Meek).

New School Board Members Face Old Problems

Newest School Board member, Barbara Kanninen, focuses on school overcrowding.

Barbara Kanninen

celebrates victory

at Mark Warner's

election night

By Vernon Miles The Connection

rlington's schools are facing an overcrowding crisis. This year, the public schools can expect a 5.2 percent enrollment increase over previous years, the largest growth since the system started recording school growth.

"Biggest challenge is the growth we have," said Barbara Kanninen, the newest member of Arlington County's School Board. "We are developing a plan for building new schools, but we don't have a lot of land and we have a limited budget, so we have to be smart about how we use those resources."

The board Kanninen is joining consists of five members, almost half of which are new. Nancy Van Doren was appointed to the School Board in September after the resignation of Noah Simon. Van Doren won her seat in the Nov 4 election in an uncontested

"Our school system as a whole is growing very fast, so we're going to be building and expanding," said Kanninen. "All those things are being thought about and addressed right now by the School Board so I'll be jumping in to the middle of those

discussions." Abby Raphael,

the School Board's senior member, said that overcrowding has been an issue the board has been working on at least since she joined seven years ago.

party.

Initially, the School Board changed school boundaries to try to maximize the available

"It became clear fairly quickly that it was not going to continue to work for us," said Raphael, "we needed to bring on new, permanent space."

But building new spaces in Arlington can be problematic. Space is limited, and school designs will have to adjust accordingly.

"One of the schools we're considering is in Rosslyn, but it's a fairly small parcel," said Raphael. "The building in concept would be an eight-story building.'

Following the construction of the Bailey's Upper Elementary School for Arts and Sciences in an empty office complex in Fairfax, some local residents have expressed hopes that the Arlington School Board would pursue a similar strategy. But while Kanninen says the idea is among those being considered, it is not without substantial drawbacks.

"We're looking at everything we could possibly do in Arlington, but it's important

to understand that [Bailey's Upper Elementary is] not a complete elementary school," said Kanninen. "There's no gym and no outdoor space. We want every student in our system to have access to creative programs and recreation and activities on top of learning in the classroom."

Additionally, Kanninen noted that while Arlington offices have a high vacancy rate, the developers have not given any indication that they would lower their rental rates for these spaces, which is not a situation the School Board would want to be drawn

"In Arlington, we believe in building for 50 years, not temporary solutions," said Kanninen.

Kanninen's commitment to long-term solutions is part of what convinced Ian Redman to become her campaign manager. Redman met Kanninen when they both worked on the 2012 Obama campaign.

SEE FOCUSING, PAGE 9

News Briefs

Two Sentenced for Bank Robberies

Alphonso Stoddard, 59, of Forest Heights, Md., and James McNeal, 63, of Hyattsville, Md., were sentenced today to life in prison and 15 years in prison, respectively, for conspiracy to commit bank robbery, armed bank robbery and brandishing a firearm during a crime of violence.

Dana J. Boente, U.S. Attorney for the Eastern District of Virginia; Andrew G. McCabe, Assistant Director in Charge of the FBI's Washington Field Office; and M. Douglas Scott, Arlington County Chief of Police, made the announcement after the sentencing by U.S. District Judge T.S. Ellis, III.

Stoddard, who received mandatory life in prison without parole due to prior convictions for armed bank robberies, was convicted by a federal jury on Aug. 8, 2014, of charges involving three separate bank robberies. McNeal was also convicted by a federal jury on Aug. 8, 2014, for his involvement in one bank robbery, and was sentenced to 184 months in prison and five years of supervised release. Another co-defendant, James Link, 57, of Washington, D.C., pleaded guilty on March 20, 2014, and was sentenced to 35 years in prison and five years of supervised release on Sept. 19, 2014.

According to court records and evidence at trial, the FBI identified Link, McNeal and Stoddard as possible suspects in a string of bank robberies in late 2013 and kept the men under close surveillance. On Dec. 27, 2013, Link, McNeal and Stoddard were followed by law enforcement agents as they cased two banks in Arlington. One of the banks the defendants were seen casing was a Wells Fargo branch on South George Mason Drive.

On Dec. 31, 2013, McNeal left his residence in Hyattsville and picked up Link and Stoddard before returning to the Wells Fargo branch in Arlington. At approximately 1:15 p.m., Stoddard and Link entered the bank. Inside the bank, Link brandished a firearm while Stoddard removed approximately \$47,000 in cash from teller drawers. The two men exited the bank and returned to the vehicle where McNeal was waiting. The FBI and Arlington County police officers arrested the defendants approximately one block away from the Wells Fargo branch. A handgun and cash were found in the vehicle.

A search of McNeal's house led to the discovery of an additional firearm believed to be used in earlier bank robberies, cash and gloves. Stoddard admitted to his involvement in armed robberies at a Wells Fargo in Rockville, Md., on Oct. 29, 2013, and the Bank of Georgetown in Vienna, Va., on Oct. 30, 2013. Link admitted he was involved in the Bank of Georgetown robbery and an armed robbery at a Wells Fargo in Arlington on Nov. 25, 2013.

The investigation was conducted by the FBI's Washington Field Office, with assistance from FBI's Baltimore Division and the Arlington County and Fairfax County police departments.

Coalition Questions Housing Priorities

VOICE (Virginians Organized for Interfaith Community Engagement) will challenge County Board Chair Jay Fisette Nov. 13 to ensure the county takes action starting this year on affordable-housing development.

At a public assembly at Mt. Olive Baptist Church, $1601 ext{ S. } 13^{th}$ Road from $7:30 ext{ - } 8:30 ext{ p.m.}$, the coalition will demand that Fisette re-commit to his declared, but unfulfilled, affordable-housing priority this year, asking that public land be used for affordable housing and to press for board adoption of strategies to add within five years 1,500 units that are affordable for residents making 50 percent or less of area median income.

VOICE is a multi-faith, non-partisan citizens power organization comprised of about 45 religious and community institutions representing more than 125,000 families in Alexandria and Arlington, Fairfax, and Prince William counties. For information on the organization, see www.voice-iaf.org.

Grant To Increase Social Inclusion

Arlington County Parks and Recreation will be promoting inclusion beyond what is currently being provided thanks to a \$10,000 grant from the National Inclusion Project. The award allows the county to implement Let's ALL Play-Inclusion in Recreational Programs, which helps people with disabilities feel more successful when they are in general recreation programs (as opposed to adapted programs for people with disabilities).

Using the Let's ALL Play curriculum, Arlington County will promote friendships among youth with and without disabilities.

News



PHOTOS CONTRIBUTEI

Supporters of the Josh Anderson Foundation gather to listen to keynote speakers Jack Saunders and Rebecca Deeds.

Foundation Raises \$35,000

t its first fall fundraiser, the Josh Anderson Foundation reached its goal and raised \$35,000. More than 150 supporters gathered on Oct. 23 at the Top of the Town restaurant in Arlington to celebrate the foundation's accomplishments in mental health awareness education. Guest speakers Jack Saunders, a senior at McLean High school, and Rebecca Deeds, daughter of state Sen. Creigh Deeds, shared their personal experiences with mental health issues, both illuminating the need for mental health awareness and mental health care reform. Gillian Anderson closed the event with a musical tribute dedicated to her brother

Josh.

The Josh Anderson Foundation was created in the aftermath of the death of Josh Anderson, who took his own life, in 2009.

The foundation's focus is to address the need of mental health programs to prevent losing other teens to suicide. The foundation is currently working with the Fairfax County Public School system and is supporting programs in Loudoun County Public Schools and in the Patch American School in Stuttgart, Germany

For more information on the Josh Anderson Foundation visit www.joshandersonfoundation.org



Lauren, Sue, Gillian and Tim Anderson.



Lauren Anderson and guest speaker Rebecca Deeds.



Sue Anderson and McLean High School senior Jack Saunders.

BULLETIN BOARD

Email announcements to arlington@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

WEDNESDAY/NOV. 12

Home Garden Design. 6:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Rick Darke, a nationally known landscape design consultant and award-winning author, will discuss how to design home gardens that are both beautiful and able to support a broad array of wildlife. Booksigning at 6:30, talk begins at 7 p.m. Free, open to the public. Registration required at mgnv.org or 703-228-6414.

Nomination Deadline. Nominations for the 16th Annual James B. Hunter Human Rights Award are due. Arlington residents, community groups, non-profit and businesses are eligible. All entries should reflect human rights achievements on an individual basis, through work with other individuals, or through specific examples, products, or activities. Each example must have some visible, tangible or measurable impact on the perception of, attitude toward, or respect for and treatment of others. Visit http:// commissions.arlingtonva.us/humanrights-commission-hrc/james-bhunter-award/ for award criteria and guidelines, and how to submit.

THURSDAY/NOV. 13

Memory Screening. 9. a.m.-noon at Langston Brown Senior Center, 2121 N Culpeper St., Arlington. Virginia Hospital Center and Care Options will be sponsoring free, confidential



Arlington Puzzle Fest

Friends of Arlington Public Library hosted the 4th annual Puzzle Fest on Saturday, Nov. 8 at the Quincy Street Library. Dozens of residents participated in the all-day celebration of crosswords, Sudoku, brain teasers, word games, math and logic puzzles, and other brain-expanding challenges. Winners of the crossword finals were Angela Halstead (3rd place), Peter Braxton (1st place) and Rob Tricchinelli (2nd place).

memory screenings to promote detection of memory problems and provide education about successful aging. The one-to-one, noninvasive screening takes only about five to 10 minutes administered by a qualified healthcare professional. For more information or to schedule an appointment, call 703-237-9048.

Arlington Historical Society Presents Columbia Pike Documentary Project. 7 p.m. Arlington Central Library
Auditorium, 1015 North Quincy St.,
Arlington. The Arlington Historical
Society will host the filmmakers and
photographers behind the Columbia
Pike Documentary Project, a portrait
of the contemporary life of people
and sites along the ethnically diverse
and rapidly changing Columbia Pike
corridor. Five photographers have

SEE BULLETIN, PAGE 6

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OPINION

Thanksgiving Help for Those in Need

Roll up those sleeves and help.

his week is the week to jump in to help the many organizations that will help needy families through the holidays. Here are a few ideas of how to help, but the opportunities are lim-

More than 236,000 people living in EDITORIAL the area do not have access to enough food to sustain an active, healthy life for all members of their households, according to Catholic Charities. That is to say, more than a quarter of a million people, including many children, go hungry on a regular basis.

Catholic Charities is launching a new food distribution project, the St. Lucy Project, designed to respond to food insecurity in the dio-

"The reality in Northern Virginia is that thousands of our neighbors suffer from gripping poverty and hunger," said Bishop Paul S. Loverde of the Catholic Diocese of Arlington. "Pope Francis has consistently called us to be a 'church of the poor and for the poor." The

> project will provide food in Alexandria and other parts of Northern Virginia. See www.ccda.net for more.

Our Daily Bread will help 2,000 people for Thanksgiving and through the holi-

They need help. Sign up to deliver a meal, adopt a family or just donate. https://

www.odbfairfax.org/Thanksgiving

United Community Ministries is seeking donations to its food pantry, donations to help prevent homelessness for 300 families on the brink, plus children's books and toys. http:// www.ucmagency.org/how-to-help.html

Northern Virginia Family Services needs help with Operation Turkey, for 800 families. Food, money and volunteers needed. http:// www.nvfs.org/

The Arlington Food Assistance Center is facing record demand, helping more than 8,000 people, and poised to go far above its annual budget. Find out more and donate http:// www.afac.org/

> — Mary Kimm MKIMM@CONNECTIONNEWSPAPERS.COM

'Flourishing After 55'

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Nov.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St. Senior centers will be closed Nov. 27 and Nov. 28

Senior trips: Thursday, Nov. 27, Thanksgiving dinner, Dutch's Daughter restaurant, Frederick, Md., \$58; Sunday, Nov. 30, Dover Downs, Del., \$10. Call Arlington County 55 + Travel, 703-228-4748. Registration required.

Navigating the internet safely, Monday, Nov. 24, 1:30 p.m., Lee. Free. Register, 703-228-0555.

Pickleball games and instruction, Mondays, 10 a.m., Walter Reed. Free. Register, 703-228-0955.

Tennis, Monday through Friday, 8 a.m. - 12 p.m., Bluemont Courts. Details, 703-228-4745.

Seated exercise, Monday-Wednesday-Friday, 9 a.m., Madison. \$60/15 sessions; \$4 drop-in. Details, 703-228-

Madison Chess Club, Mondays, 9:30 a.m., Madison Comm. Center. Free. Details, 703-228-0555.

Ice skating, Mondays, 8:10 a.m. -9:20 a.m., Kettler Capitals Iceplex, Ballston Mall, \$1. Register,703-228-

Seniors-only weight room hours, Langston-Brown, \$60/15 sessions. Details, 703-228-6300.

Foreign language conversation groups, free. Details, 703-228-4721.

Beginners full fitness exercise, Tuesdays, 10 a.m., Lee. \$60/15 sessions or \$4 per class. Details, 703-228-0555. Arlington Mill Trekkers, Tuesdays, 9:30 a.m. Free. Register, 703-228-7369.

Table tennis, Tuesdays, 10 a.m., -12 p.m., Walter Reed. Free. Register, 703-228-0955.

Music and movement, Wednesdays, 10:30 a.m., Culpepper Garden. Free. Register, 703-228-4403.

Duplicate bridge, Wednesdays, 10 a.m. -10 p.m., Aurora Hills. Cost \$5. Register, 703-228-5722

Line dancing class, Wednesdays, 9:30 a.m., Walter Reed. Register, 703-

Arlington Walking Club, Wednesays, 9 a.m., \$4. Register, 703-228-4403.

Tai Chi practice, Saturdays, 9:15 a.m. - 10 a.m., Langston-Brown. Free. Register, 703-228-6300.

Art at Walter Reed Senior Center

Eight local artists, students of 92-year-old artist Blanche Kirchner, held a showing of their works, Saturday, Oct. 25, at the Walter Reed Senior Center. According to Marcia Kot, center director, the senior artists presented more than 50 oil, acrylic and watercolor paintings. The showing was open to the public. Kirchner teaches classes at both Walter Reed and Lee Senior Centers and has been teaching art classes throughout the Metropolitan area for the past 54 years. Many of her own paintings hang in private collections and galleries both here and abroad. Above are (from left) Debra Jones, Andrea Vojtico, Mary Pankin, Laurie McManus, Norma Oroszi, Joan Silverman, Judy Secondo, Blanche Kirchner (teacher) and Catherine McNair.\

Bulletin Board

From Page 5

been collaborating since 2007. Free. Visit www.arlingtonhistorical society.org or call 703-228-5990. **Public Assembly**. 7:30-8:30 p.m. at

Mt. Olive Baptist Church, 1601 S. 13th Road. Arlington religious leaders and more than 150 county residents will hold the board chair accountable for not aggressively following through on a declared top priority. Visit www.voice-iaf.org.

SATURDAY/NOV.15

Shred Day. 10 a.m.-1 p.m. at 4784 Lee Highway, Arlington. Re/Max will offer free shredding, up to four paper cartons of shred material per person. Personal information such as old tax returns can be commercially shredded in the Safeguard Shredding truck. No drop offs.

Pet Adoption. Noon-4 p.m. at the Animal Welfare League, 2650 S. Arlington Mill Drive. In observance of National Animal Shelter Appreciation month, the Arlington league will be hosting an adopt-a-thon with reduced adoption fees. Visit www.awla.org.

SUNDAY/NOV. 16

Friends and Family Sunday. 10 a.m. St. John's Episcopal Church, 415 South Lexington Street, Arlington. Service at 10, followed by a party. There will be a moon bounce for the children and special treats made by stjohnsarlingtonva.org for more.

TUESDAY/NOV. 18

Presentation. 7 p.m. at Patrick Henry Elementary School Library, 701 S. Highland St. The invisible Women in Arlington, an informative program about homeless women in the county will share information. Call Sara Anderson at 703-532-3830.

Arlington County Summit. 7:30-10:30 a.m. at 812 N. Moore St. The Rosslyn BID's Mary-Claire Burick joins this discussion on the effect millennials are having on Arlington County's economy. The role of business districts in creating options for residents to work and play will also be explored. Visit rosslynva.org

WEDNESDAY/NOV. 19

Day of Prayer. 7 a.m.-7 p.m. Central United Methodist Church, 4201 N. Fairfax Drive. All are welcome. Sanctuary will be open for personal prayer — for self, family, community and world. Call 703-527-8844.

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Marymount's Annual Pink Dinner

For four years and counting the Pink Dinner at Marymount University has raised awareness on campus and in the community about breast cancer, early detection and treatment options. This year's event, held Oct. 5 in Marymount's Lee Center Rec Gym, raised more than \$4,200. From left, Dean of Student Services Tina Rajmaira, Vice **President for Student Affairs** Dr. Linda McMurdock, and Kelly Desenti and her children at the Pink Dinner. Learn more about the National Breast **Cancer Foundation at** www.nationalbreastcancer.org.



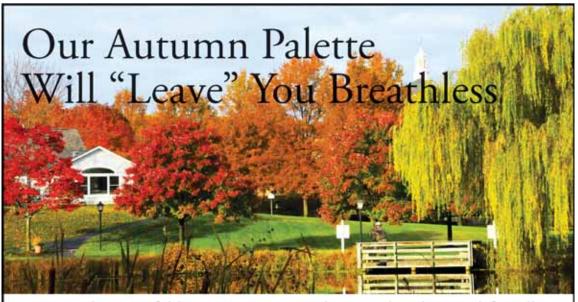
Carolyn Cole-Rodenburg of Bosom Buddy Baskets, which makes care packages for cancer patients, spoke at the Pink Dinner at Marymount University on Oct. 5.





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News

Brandi and
Wayne Horton
dressed as
elephants for the
annual
Halloween
festivities.

Photos by Louise Krafft The Connection



The Bravo family arrives at Café Pizzaiolo as characters from the Wizard of Oz.





Harry the Harris Teeter Dino greets more visitors to the festivities.

Trick or Treat in Shirlington

ombies, firefighters, cheerleaders and frozen princesses filled the sidewalks with dozens of other costumed characters for an afternoon of Trick or Treating in Shirlington on Saturday afternoon, Nov. 1. Visitors decorated eyeball cakepops and spider web pizza at Ah Love Oil & Vinegar, created Halloween masks at Bloomers, decorated cupcakes at CakeLove, decorated pumpkins at Café Pizzaiolo, colored wood-burned pumpkins and ghosts at Hardwood Artisans, competed in a pumpkin carving contest at the Hilton Garden Inn and enjoyed hot cider and face painting at Le Village Marche.

More than two dozen businesses participated in afternoon activities and discounts to costumed visitors. Businesses included: Ah Love Oil & Vinegar, Aroma-Arlington, Bloomers, Bungalow Sports Grill, Busboys and Poets, Café Pizzaiolo, CakeLove, Capitol City Brewing Company, Caribou Coffee,



Spike came to the Trick or Treating as a Drog (a dog dressed as a frog).

Cheesetique, Copperwood Tavern, Diana Nails, Dogma Bakery & Boutique, Extra Virgin Modern Italian Cuisine, Guapos, Hardwood Artisans, Hair Cuttery, Harris Teeter, Hilton Garden Inn, Illusions, Johnny Rockets, Le Village Marche, Luna Grill & Diner, MEDI, Periwinkle, Charlie Chang's Ping,



Aliyah Echlin came as a zombie in search of treats.

Shirlington Library, Signature Theater, THAI Shirlington, Studio Salon & Spa, Thai at Shirlington, The Delancey, The UPS Store, Visual Eyes Optical Boutique and YogiBerry.



Harry the Harris Teeter Dino greets Brandi and Wayne Horton with treats in Shirlington.

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Kitchen and Bathroom Remodeling



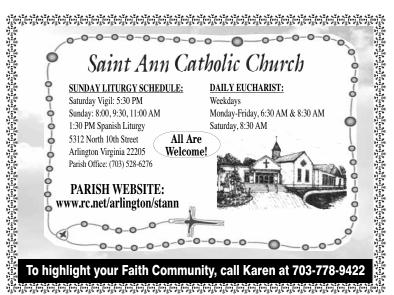


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News

Focusing on Overcrowding

From Page 3

Kanninen ran Arlington's branch of "Women for Obama" and once the campaign was over she asked Redman if he thought she would make a good School Board candidate.

"There's no way you can't do it," Redman responded. Kanninen's first ran against incumbent James Lander in 2013 but lost in a narrow election.

When School Board member Sally Baird announced that she would not run for reelection in 2014, Kanninen's second chance came around. Kanninen ran for Baird's seat against Audrey Clement and won with 36,756 votes, roughly 65.5 percent. Kanninen said a lot of the lessons learned in the first election helped her win Baird's seat.

"It's very hard to get your name out into the community," said Kanninen. "After the first run, when I lost, a lot of people told me to run again ... It's all about how you can get your name out there. It takes a lot of time; it's a tremendous amount of work. Running a second time, you're ready with a message."

Raphael welcomed the new perspectives to the decision-making process of the School

"It's great to have new perspectives; both Nancy [Van Dorn] and Barbara [Kanninen]

have been very involved for many years," said Raphael. "I think they will each add a lot to the different challenges. It's not all about construction, that takes a lot of our time, but it's mostly about student achieve-

Kanninen expressed several positive experiences she's had with getting children involved with learning. The secret, she says, it getting them hands-on experience. Specifically, Kanninen supported school gardens, where kids can learn about biology and nutrition, and career centers for high school students.

"At the career center, some kids take auto tech," said Kanninen.

"I would love for every student in Arlington to get a chance to take apart and put together a car.

That's a big challenge that won't happen in the near future, but I'd love kids to have those hands on experiences."

While the work has just started for Kanninen, Redman expressed equal parts joy at Kanninen's victory and relief that the election was finished.

"I think it's good, I think we were able to have some great conversations during the race," said Redman. "Personally, I'm happy for Barbara and happy the election is now over. This one in particular was productive and rewarding."

General Election Results

U.S. Senate U.S. Sen. Mark R. Warner (D) Ed W. Gillespie Robert C. Sarvis, Libertarian Write In	1,055,622 53,053
VA 8th District U.S. House of Representatives Democrat Donald S. Beyer Jr. Republican Micah K. Edmond	63,791 5,420 4,407, 963
ARLINGTON COUNTY Treasurer Carla F. de la Pava (D) Write-in	
Member County Board Alan E. Howze (D) John E. Vihstadt (I) Write-in	34,986
Member School Board Audrey R. Clement (I) Barbara J. Kanninen (I) Write-in	36,756
Member School Board - Special Nancy Van Doren (I) Write-in	52,719 1,492
Question - Arlington Public Schools Yes	,
Question - Community Infrastructure Yes	,
Question - Metro and Transportation Yes	
Source: Virginia Department of Elections, unofficial as of Nov. 11.	



Arlington, VA 22203

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To RSVP or for more information, please visit cps.gwu.edu/bachelorscompletion or call 703-248-2800.

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Arlington REAL ESTATE

120

237

Top Sales in September, 2014

In September 2014, 229 Arlington homes sold between \$2,183,767-\$63,000.



1314 Jackson Street — \$2,183,767



3 4050 Lorcom Lane — \$1,800,000



6 2735 Lorcom Lane — \$1,698,000



1 3859 Upland Street — \$1,500,000

1421 Nash Street — \$1,775,000





2 3164 17th Street North — \$2,155,655

....... 4 . 4 . 2 ... ARLINGTON ... \$1,800,000 Detached ... 0.19 22207 ..

10 3859 UPLAND ST 5 . 4 .. 1 ... ARLINGTON ... \$1,500,000 Detached ... 0.28 22207 GOLF CLUB MANOR 09/02/14

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Home LifeStyle

Book Features Local Tastemakers

Interior designers offer advice on creating an elegant home.

> BY MARILYN CAMPBELL The Connection

all not only brings vibrantly colored leaves and pumpkins, but it also ushers in a slew of new book releases. Among those is an interior design book featuring

local designers.

Melissa Mather's "Creating Elegant Interiors: Designers in their Own Words" is a collection of narratives from design experts who offer advice on creating a stylish home. It is filled with photographs of rooms that offer a variety of definitions of elegance, including modern, traditional and even preppy.

"We presented questions to a variety of skillful tastemakers, each with a discerning eye for style," said Mather. "Their answers are intended to help the reader discover their own personal style and create a home that is both elegant and comfortable. The designers share some of the insights they use while guiding their clients to the discovery of their own unique design style."

Among the designers in the book are Victoria Sanchez of Victoria Sanchez Interiors and Victoria at Home in Old Town, Alexandria, who describes how she begins her design projects.

design process to understand how my clients want to best use their space," said Sanchez. "For example, do you have a big family that requires 10 seats at the dining table? Do you host the weekly playgroup and therefore need open spaces and childproof fabrics? Write down your answers and you will quickly see what you need and what's important to you, and this will help you develop the right space."

Personal touches and do-it-yourself projects are great ways to showcase your tastes and sense of style," said Allie Mann of Arlington.

"Don't be afraid to use your space as a creative outlet," she said. "Do-it-yourself projects don't need to be super timeconsuming or terribly sophisticated,

> **CREATE A MASTER PLAN** before beginning a project is advice offered by Kai Tong, an architect at Hopkins & Porter in Potomac, Md. "It doesn't need to be implemented and finished immediately, but it will allow the clients to live in the space and observe how both the space and their vision and needs evolve," he said.

> > One of the first things to ask and consider is how the space is going to be used, said Ann O'Shields, an interior designer and owner of The Nest Egg in

"Will it be adults only in a formal setting or a space with children and pets?" she asks. "From there, I recommend identifying spaces or things in your current home that you enjoy. It's important to give your home personality and add elements that you enjoy."



New book on creating an elegant home features local designers.

"Creating Elegant Interiors: Designers in the Own Words," "I always ask lifestyle questions early on in the can be found at bookstores and on Amazon.com

DC Design House Comes to Virginia

House will benefit Children's National Health System.

BY MARILYN CAMPBELL The Connection

he new country estate at 956 Mackall Farm Lane in McLean will be the location for the 8th annual DC Design House, a project that raises money to benefit Children's National Health System. The 2015 DC Design House will be held from April 11 to May 10.

"We're excited to have found such a wonderful location and partner for the 2015 DC Design House." said Skip Singleton, co-founder of the DC Design House. "The new home by Artisan Builders is a charming old farmhouse-style home in McLean, our first venture into Virginia, with many rooms for our team of designers to decorate."

Design, the 8.869-square-foot home replicates an old American farmhouse. The home is reminiscent of a Virginia countryside home, but offers modern amenities. The interior floor plan is an L shape, which was popular among early farmers because of the ease and efficiency of adding future rooms.

"My partners and I are truly thrilled that Artisan



A country estate in McLean is the 2015 location for the DC Design House.

Built by Artisan Builders and designed by Harrison Builders' new old farmhouse in McLean, Va., has been selected as the 2015 DC Design House," said Stephen Yeonas of Artisan Builders. "Our entire team is committed to making the event the best ever, while helping a great cause, Children's National Health Sys-

SEE HOUSE, PAGE 15



November 15th 10am to 4pm

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DanielsRemodeling.com



703.239.2700





Location: 7500 Clifton Road, Clifton, VA

EcoNizeClosets.com



888.ECO.NIZE

ABOUT THE TOUR RemodelersCharityHomeTour.com

Entertainment

Email announcements to arlington@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Art Exhibit. Through Sunday, Nov. 30 at Terrace Gallery. Artist talk is Saturday, Sept. 20, 2 p.m. at Terrace Gallery. Artsphere, Terrace Gallery, 1101 Wilson Blvd., Suite 932. Think With Your Hands: Illustrated Journals Come to Life Through Augmented Reality. Free Admission. Visit www.artsphere.com for more. "Sex with Strangers." At Signature

"Sex with Strangers." At Signature Theatre, 4200 Campbell Ave., Shirlington. The play by Laura Eason runs through Sunday, Dec. 7. Tickets go on sale July 1 and performances are Tuesday-Sunday evenings with matinees on Saturdays and Sundays. \$40 and up. Visit www.signaturetheatre.org for more.

theatre.org for more.

Fall SOLOS. Through Saturday, Dec.
20, artists from across the MidAtlantic region are selected for solo
exhibitions to take place in one of
AAC's seven separate gallery spaces,
or outside on the grounds. Visit
www.arlingtonartscenter.org/solos/
apply for more.

Art Exhibit. Runs through Jan. 5. at Cherrydale Branch Library, 2190 Military Road. "We Are Arlington," an exhibit of vintage photographs and memorabilia. Monday-Thursday,10 a.m.-9 p.m. Tuesday -Wednesday, 1-9 p.m. Friday -Saturday, 10 a.m.-5p.m. Call 703-228-6330 for more.

Family and Teen Skate Nights.
Through March 28 at The Thomas
Jefferson Community Center, 300 N.
Park Drive. The evenings start with
Family Skating from 6:30-9 p.m. and
close with Teen Nights from 9-10:45
p.m., for middle and high school
students. \$2 per person/\$3 skate
rental. Visit parks.arlingtonva.us/
kids-events/roller-skating-nightsskate-parties-thomas-jefferson for

LGBT & Straight Friends Social.

Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. IOTA Club & Cafe has designated every Tuesday LGBT & Straight Friends Social Night for those 21 years and older. Free. Visitwww.iotaclubandcafe.com/ for more information.

more information. **Open Mic Comedy.** Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-988 or visit www.RiRa.com/Arlington for more.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit

registration.arlingtonva.us. Free, no registration required. **Comedy.** Every Saturday at 3 p.m. at Comedy Spot, in Ballston Common

Comedy. Every Saturday at 3 p.m. at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit www.comedyindc.com or 703-294-LAFF.

Comedy. Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz ("clean") and at 10 p.m. on Friday and Saturday is the Blue Show ("adult"), both at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit www.comedyindc.com or 703-294Signature Offers Up 'Sex With Strangers'

Opposites attract as two strangers are trapped by a snowstorm in a secluded cabin.

By Steve Hibbard
The Connection

ignature Theater in Arlington is staging the savvy and sexy "Sex With Strangers" through Dec. 7, 2014.

The talkative, sharp-tongued play stars two strangers played by Holly Twyford and Luigi Sottile — as opposites who are trapped by a snowstorm in a secluded cabin. Twyford plays Olivia, an unsuccessful yet gifted 39-year-old writer who needs a big break; and Sottile plays Ethan, a younger tech-addicted blogger who is already successful and provides guidance through the publishing maze.

Opposites instantly attract, undeniable chemistry ignites and sex is imminent. As the dawn rises, however, what could have just been a one-night-stand transforms into something more complicated when online exploits interfere with their real-life connection.

Director Aaron Posner said while the play deals with issues like privacy, technology and writing and more, it is a kind of cross-cultural love story. "It is perhaps the most enduring, most endlessly fascinating story of all time," he said. "Can these two people connect across their differences or obstacles?"

Posner said playwright Laura Eason, a former writer for Netflix's "House of Cards," is a theatre artist who he believes in. He's also known her as an actor, director, artistic director, adaptor for many years, and is always interested in anything she is doing. "She is the real deal – smart, insightful, curious, incisive...So I am always interested in her work," he said. He read the piece as a first draft several years ago and has followed it ever since.

"I was thrilled to finally get to direct it," he said. With "Sex With Strangers," Posner said, "You need two excellent, courageous, generous actors,



"Sex With Strangers" stars Holly Twyford and Luigi Sottile at Signature Theatre through Dec. 7, 2014.

and I had them in Holly Twyford and Luigi Sottile. My job was simply to approach the project with rigor and integrity and try to be as honest and complex as the script."

He added, "When you have a good, smart, worthwhile story to tell and you have really great actors and designers to do it, directing gets a lot simpler."

Posner said there are a lot of things you can take away from the play. "For most of us, love and connection are so central to our lives that it seems we rarely tire of hearing about it or reading about it or seeing it," he said. "And if the storytelling is honest and rich, then we can leave with new perspectives, new insights into ourselves or our choices, and even new hope for how we might choose to move forward."

"Sex With Strangers" is playing Tuesdays thru Sundays, through Dec. 7, 2014, at Shirlington's Signature Theater, 4200 Campbell Ave., Arlington. A pride night will be held on Friday, Nov. 21; and discussion nights will be held on Nov. 12 and 18, and Dec. 3. There is strong sexual content and nudity in the show. Tickets are \$47.55 to \$91.15. Visit www.signature-theatre.org or call 703-820-9771.

Visit www.synetictheater.org/studio or call 703-824-8060.

WEDNESDAY/NOV. 12

Book Club Discussion. 5 p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. The Teen Book Group will meet and discuss "I'll Give You the Sun" by Jandy Nelson. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

Happy Hour. 5-8 p.m. at Continental, 1911 N. Fort Myer Drive, Arlington. Join A-SPAN for this happy hour supporting an end to veteran homelessness. There will be a live raffle and ping-pong and pool tournaments. Visit

www.rosslynva.org/do for more. **Book Signing.** 7 p.m. at Arlington
Central Library,1015 N Quincy St.,
Arlington. Author, plant curator and
photographer Rick Darke will discuss
and sign "The Living Landscape:
Designing for Beauty and Biodiversity
in the Home Garden." This event is
hosted by One More Page Books. Call
703-300-9746 or visit
www.onemorepagebooks.com for

THURSDAY/NOV. 13

Doggie Half Mile. 1:30 p.m. at Thomas Jefferson Community Center, 3501 2nd St. Visit www.pvtc.org/ welcome#dogdash for more.

Author Talk. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Author Barbara Bonner will share from her collection of stories and poems, "Inspiring Generosity." Call 703-300-9746 or visit www.onemorepagebooks.com for more.

FRIDAY/NOV. 14

Book Club Discussion. 11 a.m. at One More Page Books, 2200 North Westmoreland St., Arlington. The Daytime Book Group will meet and discuss "The Rosie Project" by Graeme Simsion. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

Concert. 8 p.m. at Artisphere, 1101 Wilson Blvd. Singer-songwriter and guitarist Raul Midón will perform. Visit www.artisphere.com/ for more.

SATURDAY-SUNDAY/NOV. 15-16

Fine Crafts Show. 10 a.m.-4 p.m. at Lee Arts Center, 5722 Lee Highway. Enjoy some of the region's finest art work. Visit www.culturecapital.com/ event.php?id=35048 for more.

SATURDAY/NOV. 15

Kenmore Craft and Flea Market. 10 a.m.-4 p.m. at Kenmore Middle School, 200 South Carlin Springs Road. Enjoy original art and handcrafted goods. Visit www.apsva.us/Domain/1742 for

Native American History. 10:30 a.m. at Potomac Overlook Regional Park, 2845 N Marcey Road, Arlington. Learn about the history of the Native Americans who lived in Arlington centuries ago through a slide show, hands-on activities and a visit to a Native American encampment site. Visit www.nvrpa.org/park/potomac overlook for more.

Casino Night. 7-11 p.m. at Columbus Club of Arlington, 5115 Little Falls Road, Arlington. A Night to Beat the Odds will raise funds for Team Alexis, a local chapter of The Cure Starts Now, in honor of Alexis Agin who was battling a form of brain cancer. Food and drink, a variety of gaming tables, live and silent auctions, and music. Visit www.dc.thecurestartsnow.org

LAFF

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends Featured musicians perform from 9:30-10 p.m. Visit www.iotaclubandcafe.com or call

703-522-8340. **Karaoke.** 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit

Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Mondays and Fridays, 10:30-11:00 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 South Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Family Nights. 7 -9 p.m. on the first Friday of the month at Arlington Mill Community Center. E-mail DPR-YouthandFamily@arlingtonva.us. or call Emily Thrasher at 703-228-4773.

CAMPS, CLASSES & WORKSHOPS

Theatre Classes. Encore Stage & Studio is holding classes and mini camps for children in grades K-8 at on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road and Tuesdays and Wednesdays after-school at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit www.encorestageva.org for a list of classes.

Synetic Theater. Synetic Studio, 2155
Crystal City Plaza Arcade T-19,
Arlington. Synetic offers an
introduction to the world of physical
theater, acting and dance through
energetic and athletic feats that
inspire students to creativity. Classes
include programs for elementary,
middle and high school students, as
well as adults. Discounted packages
and payment plans are available.

ENTERTAINMENT

SUNDAY/NOV. 16

House Concert Series. 5 p.m. in Washington, D.C. Arlington-based IBIS Chamber Music presents concerts in private homes, followed by a reception. Proceeds fund community concerts. \$25, limited space. Email

susan@ibischambermusic.org or call 703-755-0960 for reservations. Visit ibischambermusic.org for more.

MONDAY/NOV. 17

Laughter Yoga. 6:30-7:30 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. Use breathing, clapping and movement exercises to relax and boost creativity. Session ends with silent meditation. Free. Email alingtonlaughteryoga@yahoo.com for more.

TUESDAY/NOV.18

Book Club Discussion. 7p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. The Mystery and Suspense Book Club will meet and discuss "The Ice Princess" by Camilla Lackberg. Call 703-300-9746 or visit www.onemorepagebooks.com for

WEDNESDAY/NOV. 19

Book Club Discussion. 7p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. The Nonfiction Book Club will meet and discuss "The Empathy Exams" by Leslie Jamison. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

THURSDAY/NOV. 20

5th Annual Holiday Floral Design

Event. 6:30- 9:00 p.m. at Cooperative Association Building, 4301 Wilson Blvd. Enjoy demonstrations from Company Flowers, door prizes and light refreshments. Tickets are \$25. Contact Renee Bayes at 703-241-2651 or Rsbayes@aol.com for more.

FRIDAY-SATURDAY/NOV. 21-22

Art Show. 8 p.m. at Artisphere, 1101 Wilson Blvd. Peter Aguero will take the audience through a raw and sympathetic look at his relationship with his father over the years. Call 703-875-1100 or visit www.artisphere.com for more.

FRIDAY/NOV. 21

Author Talk. 4:30 p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. Bestselling author and illustrator LeUyen Pham will share from her latest books, "The Twelve Days of Christmas" and "Princess in Black" and will show customers how to make a Christmas ornament craft. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

Cosmos Double Feature. 6 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Come see how it all began in the introductory episode of COSMOS by Dr. Carl Sagan. Visit www.friendsoftheplanetarium.org for

SATURDAY/NOV. 22

Childrens Concert. 10:30 a.m. at



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December 5-6, 2014

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Friday, Dec 5 from 9 am - 5 pm, Saturday, Dec 6 from 9 am - 4 pm

Deck the Halls With Santa

Friday, Dec 5 from 1 - 3 pm

The Taste of Scotland

Friday, Dec 5 from 6:30 - 11 pm

Holiday Marketplace Saturday, Dec 6 from 10 am - 4 pm

The Scottish Christmas Walk Parade

Saturday, Dec 6 begins at 11 am

Holiday Designer Tour of Homes Saturday, Dec 6 from 11 am - 4 pm

For more information visit www.ScottishChristmasWalk.com or phone (703) 549-0111.



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The Campagna Center extends its gratitude to our valued Scottish Christmas Walk Weekend sponsors. Thank you!

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Visit ibischambermusic.org for more

Episode Screening. 6 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Enjoy a screening of Cosmos episode Harmony of the Worlds followed by an evening debate between famed astronomers, Tycho Brahea and Johannes Kepler. Visit www.friendsoftheplanetarium.org.

Rock Spring Congregational United Church of Christ, 5010 Little Falls Road. This will be a 45-

minute concert for children of all ages. Free.

Entertainment

SUNDAY/NOV. 23

Annual Artist Expo. 11:30 a.m.- 4 p.m. at Congregation Etz Hayim, 2920 Arlington Blvd. More than 30 local artist will be selling a wide range of crafts. Visit www.etzhayim.net/ Artist_Expo.html for more.

Episode Screening. 1 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Enjoy a screening of Cosmos episode The Lives of the Stars followed by apple pie outside the planetarium. Visit

www.friendsoftheplanetarium.org for more. **Episode Screening**. 2 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Enjoy a screening of the digital program earth, moon and sun. Visit www.friendsoftheplanetarium.org.

Childrens Concert. 4 p.m. at Rock Spring Congregational United Church of Christ, 5010 Little Falls Road. This will be a 45-minute concert for children of all ages. Free. Visit ibischambermusic.org for more.

MONDAY/NOV. 24

Book Club Discussion. 7p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. The Holistic Health and Wellness Book Group will meet and discuss "In Defense of Food" by Michael Pollan. Call 703-300-9746 or visit www.onemorepagebooks.com for more

Public Talk. 7 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. White House photojournalist Dennis Brack will speak on "Presidential Picture Stories." Visit library.arlingtonva.us/ai1ec_event/authorevent-white-house-photojournalist-dennis-brackon-presidential-picture-stories-central for more.

TUESDAY/NOV. 25

Book Club Discussion. 7p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. The Spirituality Book Club will meet. Call 703-300-9746 or visit www.onemorepagebooks.com.

SATURDAY/NOV. 29

Small Business Saturday. At One More Page Books, 2200 North Westmoreland St., Arlington. One More Page will participate in Small Business Saturday, a nationwide campaign encouraging holiday shoppers to shop locally during one of the busiest shopping weekends of the year. The store will also participate in Arlington Small Business Day, a local campaign to encourage the public to shop at local businesses. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

Wonder of the Woods. 2:30-4 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Explore the amazing life, complexity and wonders that the woods can offer. Visit www.nvrpa.org/park/potomac_overlook.

SUNDAY/NOV. 30

Animal Encounters. 12:30 - 1:30 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Come meet some of nature's most interesting wild animals. Participants will learn how they grow, live and have adapted to take on their current form. Visit www.nvrpa.org/park/ potomac_overlook for more.

MONDAY/DEC. 1

Author Event. 7 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. Author Stephen Grant will share from his book "Collecting Shakespeare: The Story of Henry and Emily Folger." Visit library.arlingtonva.us/ ailec_event/author-event-collectingshakespeare-the-story-of-henry-and-emily-folgerby-stephen-grant-central for more.



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Home LifeStyle

House Will Benefit Children's National Health System

From Page 11

THIS MODERN FARM-**HOUSE** offers light-filled interior rooms that blend old elements, such as reclaimed wood and antiques, with new features, including top-of-the-line kitchen appliances.

touches. The exterior features covered porches, antique style lighting, and natural stone in a random, hand-cut pattern. Landscape design is by Fine Landscapes and sales by Yeonas & Shafran Real

Some of the area's top designers previewed more than 20 rooms in the three-level home, which in-

"We're excited to have found such a wonderful location and partner for the 2015 DC Design House. The new home by Artisan Builders is a charming old farmhouse-style home in McLean, our first venture into Virginia, with many rooms for our team of designers to decorate."

— Skip Singleton, cofounder of the DC Design House.

stone from an old Virginia farmhouse and a library paneled in quarter-sawn oak are among the vintage

A gallery finished with cludes first floor formal and family foyers, dining and living rooms, library, kitchen, breakfast room, family room, mudroom and front and rear covered porches. Among

the rooms on the upper level are a tionally innovative designs and master suite with reading nook and three secondary suites, while the lower level offers a bistro and bar, media and game rooms, and an additional bedroom and bath.

"We'll be announcing designers by the end of November," said Susan Hayes Long, chair of the DC Design House, "and we're sure the 8th annual DC Design House will continue our tradition of excepinspiration, all while raising money for our beneficiary: Children's National Health Sys-

The interior designers create presentation boards, which show how they would design the home. Volunteer staff choose the designers who will donate their time and talent to transform the house into a showcase home.

The DC Design House began in 2008 as an event for the DC Metro area in which top area designers showcased their talents in a "flowing design home" to raise funds for a local charity. What began as a single event goal to raise funds for Children's National Health System, formerly Children's National Medical Center, has developed into an annual residential design attraction and fundraiser.

HOME SALES

In September 2014, 229 Arlington homes sold between \$2,183,767-\$63,000. This week's list represents those homes sold in the \$225,000-\$63,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address BR . FB .	HB Postal City	Sold Price	Type Postal	Code Subdivision
2804C 16TH RD S #2804C 2 1	. 0 ARLINGTON	V \$225,000	Garden 1-4 Floors 22204	ARLINGTON COURT
248 THOMAS ST #248-4 1 1	. 0 ARLINGTON	V \$219,900	Garden 1-4 Floors 22203	ARLINGTON OAKS
3000 SPOUT RUN PKWY #B502 0 1	. 0 ARLINGTON	N \$215,000	Mid-Rise 5-8 Floors 22201	CARDINAL HOUSE
1315 ODE ST #715 1 1	. 0 ARLINGTON	V \$213,000	Garden 1-4 Floors 22209	. WESTMORELAND TERRACE CONDO.
3701 5TH ST S #513 2 1				
822 S. ARLINGTON MILL DR #2-102 2 1				
818 ARLINGTON MILL DR #4-203 2 1				
4374 PERSHING DR #43742 1 1				
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230 THOMAS ST #230-1 1 1	. 0 ARLINGTON	V \$183,900	Garden 1-4 Floors 22203	ARLINGTON OAKS
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SPORTS

Wakefield Football To Host First Playoff Game

Warriors will face Potomac Falls at 7:30 p.m. on Friday.

> By Jon Roetman The Connection

he latest challenge facing Wakefield head football coach Wayne Hogwood is a product of the Warriors' season of historic success.

Wakefield's list of accomplishments in 2014 includes the program's first winning season since 1983, and its best record (7-3) since 1972. On Friday, Nov. 14, the Warriors will host a playoff game for the first time in school history. With all the positives experienced by Wakefield players this season, how do the Warriors avoid a we're-justhappy-to-be-here approach to their postseason matchup with Potomac Falls?

"That is the struggle that my coaching staff is facing this week," Hogwood said. "I wish I knew how to do it but it's my first time having to do it. I can tell you at the end of the week whether I get it right or not."

Wakefield, the No. 8 seed, will host the

No. 9 Potomac Falls Panthers at 7:30 p.m. on Friday in the opening round of the 5A North region playoffs. It will be just the second playoff appearance in program history for the Warriors. Potomac Falls (Sterling) finished the regular season with a 6-4 record, including wins in its last two games.

"They're a good football team," Hogwood said, "[and] they play in a good conference."

Despite the game's historic significance, Hogwood said the Warriors are trying to approach it like any other contest while trying to avoid the festivities surrounding it. Running back Leon Young said the Warriors will no longer be viewed as an underdog.

"We won't play anymore teams that will overlook us and take us as a joke," Young wrote in an email. "We will be taken seriously from here on out and we have to be prepared and bring our A game every time."

After a 5-1 start, Wakefield lost two of its next three games, succumbing to Arlington foes Yorktown (44-21, Oct. 17) and Washington-Lee (27-20, Oct. 31). The Warriors ended the regular season on a winning note, however, beating winless Mount Vernon 45-12 on Nov. 7. Young had a huge night, carrying 19 times for 192 yards and a touchdown, and catching three passes for 79 yards and two scores. Quarterback Riley Wilson completed 7 of 13 passes for 209

yards and two touchdowns. Kareem Hall carried six times for 71 yards and a score.

"I feel like we did what we were supposed to and played Wakefield football," Young wrote. "We started slow and didn't really get rolling until second quarter. We have to start hot every game if we want to be successful and practicing for Thanksgiving."

Hogwood, a 2000 Wakefield graduate in his second season as program's head coach, is familiar with at least one member of the Potomac Falls coaching staff. Hogwood played quarterback at Shenandoah University for then-head coach Paul Barnes, who is now the Panthers' offensive coordinator.

While Hogwood is trying to make sure the Warriors are focused on the task at hand, the fact that Wakefield is even in the playoffs is quite the accomplishment.

"We're definitely proud of our young men that we've been coaching," Hogwood said, "but we're not stopping to reflect on that. .. The season is not finished."

For Young, the Warriors' accomplishments this season reach beyond the football field.

"It feels great to be a part of something so historic in my community," Young wrote. "I've lived in Arlington all my life from kindergarten to 11th grade and I'm finally giving back to the community and giving them something to cheer about."



Photo by Louise Krafft/The Connection Running back Kareem Hall (20),

quarterback Riley Wilson and the Wakefield football team will host the first playoff game in program history on Friday, Nov. 14.

Yorktown Beats W-L, Both Go to Playoffs

he Yorktown and Washington-Lee football teams each made the playoffs in 2014, but the Patriots ended the regular season with bragging rights.

Yorktown defeated Washington-Lee 28-3 on Nov. 7 at Washington-Lee High School. The Patriots closed the regular season with a four-game winning streak and a 7-3 record. The Generals dropped to 6-4, losing two of their last three.

Yorktown won the game without the services of starting quarterback Joe McBride, who suffered a torn MCL in his right knee against Mount Vernon the week before.

"[Tiene] really stepped up," McBride wrote in a Twitter message. "It's a rivalry game for the county championship. He made some great plays."

official diagnosis of his knee at the time.

postseason as the No. 9 seed in the 6A North region and will travel to face No. 8 Patriot at



LOUISE KRAFFT/THE CONNECTION Charlie Tiene and the Yorktown football team defeated Washington-Lee 28-3 on Nov. 7.

7:30 p.m. on Friday, Nov. 14. The Pioneers have an 8-2

Washington-Lee is the No. 11 McBride was waiting on an seed and will travel to face No. 6 West Springfield at 7:30 p.m. on Friday, Nov. 14. The Spar-Yorktown enters the tans are 8-2, have won five in a row and eight of their last nine, including a 16-14 victory over No. 3 Lake Braddock.



Photos by Craig Sterbutzel/The Connection Washington-Lee's Donia Nichols finished 33rd at the 6A North region meet on Nov. 5. Burke Lake Park.



Martino Serafini (294) and James Gusmer (286) compete for Washington-Lee during the 6A North region meet on Nov. 5 at

W-LXC Concludes Season at Regionals

he Washington-Lee boys' and girls' cross Robinson (170). country teams finished sixth and 11th, reonship meet on Nov. 5 at Burke Lake Park, ending was 38th (16:09). their seasons.

Neither team sent an individual to states.

The boys' team, which won the Conference 6 title, posted a score of 203. Lake Braddock won the team title with 37, and Oakton secured a state berth with a total of 86. West Springfield finished third with 118, followed by Chantilly (120) and

Christopher Mutty was the Generals top harrier, spectively, at the 6A North region champi- finishing 35th with a time of 16:02. Patrick Odlum

> The girls' team finished with a score of 259. Oakton won the championship with a score of 58, and Madison finished runner-up with a total of 67. Lake Braddock was third (79), followed by Patriot (116) and Robinson (190).

> Donia Nichols finished 33rd for W-L with a time of 18:50. Laura Ramirez finished 37th (18:58).

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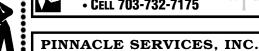
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Excuse Me

By KENNETH B. LOURIE

Early on during my indoctrination/assimilation into the cancer-patient world in which I now reside, I remember asking a fellow cancer patient/friend if I could use cancer as an excuse for whatever it was needed excusing (directly or indirectly related), and she said: absolutely, "blame the cancer." Years later, after a chemotherapy infusion, I saw my oncologist walking through the Infusion Center and asked him if my thinning hair might be a result of this most recent chemotherapy drug (not all chemotherapy results in hair loss). His response was similar to what my friend had advised me in 2009. He said: "You can blame me," (which of course, I understood to mean, cancer/the treatment of cancer) "for anything."

Now, I have to tell you, having such an acceptable, ready-made, beyond-reproach kind of excuse such as cancer as the reason for anything you want to do/don't want to do/can't do, etc., is incredibly tempting. It's almost like having a super power, a power which cannot be questioned or compromised in any way. And quite frankly, conjures a wide range of emotions/reactions; from one perspective, it places the cancer patient in a position of strength, and on the other, creates a kind dependence that is hard to resist. My fear has always been that relving on cancer too much as an excuse somehow weakens the immune system and so I have been hesitant to use its power. Can you say slippery slope?

As an example: if "the dog ate my homework" became an acceptable excuse, one would use it as such until it no longer passed muster; and as we all know, eventually it doesn't pass anything. However, cancer as an excuse – in my experience, will always pass muster and then some. Moreover, the seriousness of it will likely prevent the patient from ever having to answer any show-proof type questions: "Show me your port." "Name your most recent chemotherapy cocktail." "How long does a typical infusion last?" As a consequence, the potential for use and abuse is almost overwhelming.

Nevertheless, in spite of the temptation, I have rarely used my disease as an excuse for anything, other than when it was obvious by my appearance - during heavy duty chemotherapy – that I was unavailable, shall we say. It always felt as if I might be manipulating situations if I were to start using "cancer" as an excuse; as believable and understandable an excuse as it was/is. It's so easy. So unquestioned. No one is going to ask: "Really?" "Are you throwing up that much?" "Are you sure you can't get out of bed?" Besides, I haven't wanted to give in to my cancer whereby it begins to control my life more than the regular medical appointments, lab work, diagnostic scans, infusions and the 40+ pills I ingest and restricted diet already do. I've wanted to maintain some control and try not to become a victim of my own circumstances. Easier said than done, I assure you.

But I have persevered and survived five years and nearly nine months. Through a combination of good genes, a healthier lifestyle and diet, a variety of non-traditional alternatives/supplements and a bit of blind luck, not to mention a super-positive attitude which I inherited from my father, life zoes on. However, if anything goes wrong, know who/what to blame: "cancer." It wasn't anything I said or did. In a way, there's comfort in having such a good excuse. Unfortunate, certainly, but very convenient.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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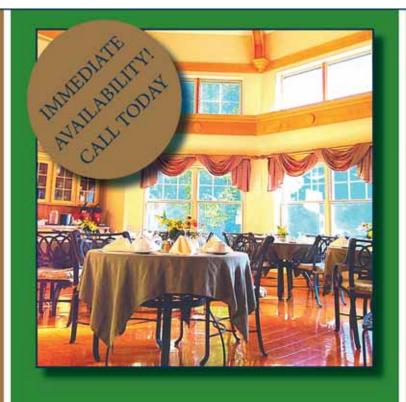
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