

# Springfield CONNECTION

Franconia ❖ Kingstowne  
Newington

## Jean R. Packard Remembered

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## In the Spirit of the Season

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Trevor and mother  
Brenda Stuart, of  
Springfield, celebrate  
Veterans Day at  
Sangster Elementary  
School. Brenda is  
president of the  
Sangster Military  
Spouses Group..

# Freedom Rang

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PHOTO BY TIM PETERSON/THE CONNECTION

# Experience the Ice Palace in Grand Court West

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Substitute band teacher Mary Ulrey leads the Sangster band of fifth and sixth graders in a patriotic medley on Veterans Day.



(From left) Sangster hand bell choir members Ethan Duke, Phoebe Shudt, Saifullah Naseer, Alex Coley, Jenna Kosnick, Andrew Agustin and Courtney Cooper perform on Veterans Day.

PHOTOS BY TIM PETERSON/THE CONNECTION

# Freedom Rang Sangster celebrates Veterans Day with band, chorus, handbells and flag ceremony.

BY TIM PETERSON  
THE CONNECTION

When Rachel Heyne sang “Let Freedom Ring” on Veterans Day with her classmates in the Sangster chorus, the message touched her.

“It’s basically about how we can do all these things, we can worship as we please, go anywhere we want,” the Fairfax Station resident said, “because a bunch of people gave up their lives so we could be free.”

Heyne’s father Todd, a member of the Navy, was in the audience gathered in front of Sangster Elementary School. “It made me feel how lucky I am to have a dad who works in the military, who’s my hero,” Heyne said.

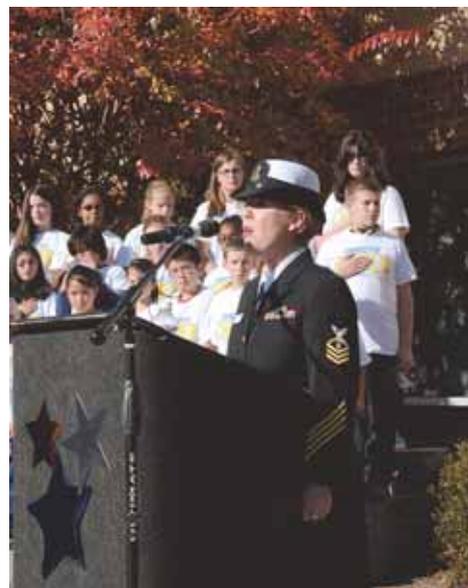
Heyne and fifth and sixth grade members of the chorus, handbell choir and band performed at a special celebration shortly after school started on Nov. 11. Sangster Principal Lisa Reddel spoke after the performance of “Let Freedom Ring.”

“Students, this celebration is about you, you are the next generation to lead our country,” Reddel said. “It’s my hope that part of today’s celebration helps remind you of our cherished values and instills a strong sense of patriotism and citizenship today.”

Cmdr. Rick Batson, U.S. Coast Guard, spoke about honoring not just veterans but their communities. “For every one of us who puts on the cloth of our nation, we know that there are husbands and wives and mothers and fathers and sons and daughters that support that service,” he said. “And without whom that service wouldn’t be possible. So thank you to the families who are here today.”

Col. Jayson Spade, U.S. Army, gave the students a quick history lesson of how Veterans Day began as Armistice Day on the anniversary of the conclusion of WWI.

“Today, we remember every soldier, every Marine, sailor, airman, coastguardsman, all those who gave years of their lives to defend this country,” he said. “Millions of Americans have served and today there are



Chief Musician Shana Sullivan, U.S. Navy, performs “God Bless America” at the Veterans Day celebration at Sangster Elementary School.

over 20 million living American veterans walking amongst us.”

The additional service members in uniform on hand to raise the American flag in front of the school were Lt. Col. Stephani Hunsinger, U.S. Air Force; Lt. Col. Mark Smydra, U.S. Marine Corps; Cmdr. Tres DeHay, U.S. Navy.

**BEFORE THE FLAG WENT UP**, Lt. Col. Hunsinger read the poem “I am the Flag” by Ruth Apperson Rous.

“As you see me silhouetted against the peaceful skies of my country,” Hunsinger read the poem’s final lines, “Remind yourself that I am the flag of your country. That I stand for what you are, no more, no less. Guard me well, lest your freedom perish from the earth. Dedicate your lives to those principals for which I stand.”

With the flag raised, the choir and handbells joined together for the National Anthem. It was a difficult two-part arrangement the performers worked on during their



Claire Johnson (fifth grade) of Springfield celebrated Veterans Day as a member of the Sangster Elementary School choir performing at a special assembly.



Alexa Heseltine (sixth grade) of Burke performed with the Sangster chorus on Veterans Day.

break time leading up to Veterans Day.

“I was really nervous,” said Claire Johnson, a fifth grader from Springfield. “But I also felt like [veterans] help the community so much that I should help too. It helped me get over my nerves. Honoring them means telling all the people who have sacrificed their lives, family, telling them thank you.”

“It means thanking them for for helping us have liberty for our country,” said Parker Smith, a sixth grader from Springfield.

**THE EVENT** was organized by the Sangster Military Spouses Group. Out of 900 students and 637 families, 133 families identify as military and part of the group, which collaborates with the school on numerous activities, including new student orientation and counseling for students with parents deployed overseas. But they’re also a network for military families new to the neighborhood.

“We’re that instant connection,” said

Brenda Stuart, president of the group. “Just to offer support for each other as long as you’re stationed here.”

Stuart’s son Trevor is in fifth grade at Sangster, while her husband is serving overseas with the Air Force.

“The flag-raising and chorus singing means a lot,” Trevor said. “And it’s just awesome how so many people serve and protect our country.”

Alexa Heseltine, a Sangster sixth grader from Burke, has parents, grandparents, uncles and cousins in the military.

“It’s really hard to be in the military most of the time,” she said, “because you don’t know if your dad’s going to come home and say you’re leaving, or if he’s going to have to go somewhere for a while. Sometimes it’s scary, but knowing that he’s helping people is a good feeling.”

When Rachel found her father after the performance, “I said Hi,” she said. “Then I said that I love him, and thank you for serving in our military.”

# iPads Come Into the Classroom

**Sixty first and second graders at Keene Mill try out these devices during the school day.**

BY MARISSA BEALE  
THE CONNECTION

Tablets and iPads in the hands of 6-year-olds is not such an unusual sight anymore, and now these devices are being used in the classroom. At Keene Mill Elementary School, 60 iPads are in the hands of first and second grade students, and being used to “change the time, place and pace of learning.”

“It’s a challenge,” said Brian Lachance, technology specialist at Keene Mill Elementary who helped write the grant to bring the iPads to the school. “There are a lot of apps and possibilities.”

Before the start of the new school year, Fairfax County provided an opportunity for schools to apply for an innovation grant. Lachance and Annie Dipert, instructional coach at Keene Mill, both worked on the proposal for the school. “It’s not tied to any particular subject, and iPads are easy for first and second graders to tote around,” said Lachance.

BY JANUARY 2015 is when they hope that students will begin taking the devices home, but for right now Lachance and teachers are testing how well

students use the iPads during the school day.

Students in Mindy Stewart’s second grade class spend about an hour each day, on average, using their iPads. “Twenty minutes here and twenty minutes there, for different subjects,” said Stewart. “My goal is to also increase their proficiency in tech tools. They troubleshoot and problem solve.” The students use their iPads for word study, science and math, and have the option to either type or write by hand.

When it was time for an activity called “Read to Self,” the more than two dozen second grade students in Stewart’s class reached into their desks and pulled out their iPads. They know how to turn on the devices and navigate around book, game and other activity selections. Using earphones, they each listened as different stories were read to them, which helps with improving reading and pronunciation skills.

“It’s great for ESOL kids to hear words and see them highlighted. It’s both auditory and visual, and the students can move at their own pace,” said Stewart. Students also have their own log-ins and have even recorded themselves reading and giving presentations. The plan is for all student work completed on the iPads to be placed into a Dropbox, an online file-sharing system, so that parents can access their child or children’s work online.

Lachance, who also screens the apps before students use them, receives grant training through the County. At this training, different schools meet and discuss ideas and progress with regards to classroom innovation. Keene Mill is one of about 20 different

SEE IPADS, PAGE 5

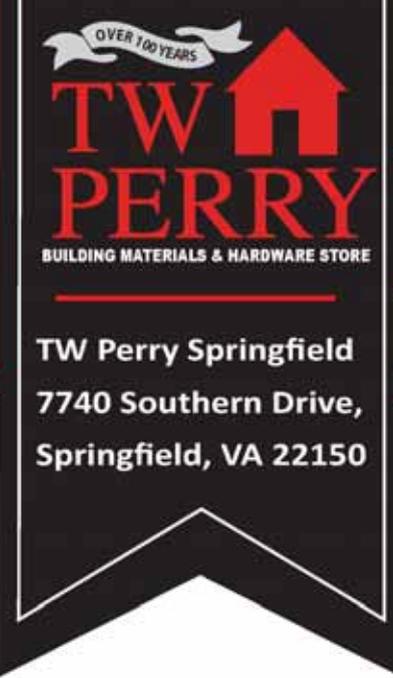


PHOTOS BY MARISSA BEALE/THE CONNECTION

Keene Mill Elementary School first grade teacher Sandi Yost gets the attention of her students as they transition to use an app called myON, an app that recommends books to students based on their interests, reading levels and ratings of others books they have read.



From left, Keene Mill first grade students Niyana Ghimani-Thomas and Bennet Wubayehu work together to find a story to read on Wubayehu’s iPad.



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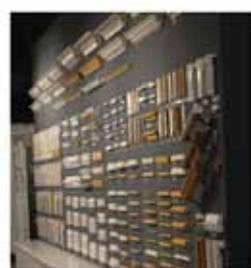
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# iPads at Keene Mill

FROM PAGE 4

schools that meet for training. “Our goal with having students use these iPads is really for them to see that learning can take place anywhere, not just at school,” said Lachance. By next year, the school’s goal is for there to be around 10 iPads in all three of Keene Mill’s first and second grade classrooms. “They are willing to take risks,” said Stewart, referring to her students. “It’s a learning tool.” Furthermore, using the devices prepares these second grade students for online state testing, which takes place in the third grade.

In Sandi Yost’s first grade classroom, close to 30 students are reading, writing and drawing using their iPads. “We like our iPads. Our favorite thing to do is read books,” said first grade student Niyana Ghimai-Thomas and her friend and herself.

“My goal is to use less paper and pencil and find a way to integrate everything in the classroom,” said Yost. “Parents are thrilled and I feel very lucky to do this,” she continued. Students are not shy about sharing what they can do with their iPads. But in addition to turning them on and off, and navigating through different programs, each student also knows how to keep the device clean.

“You can do anything,” said first grade student Yousef Samghouli, proudly displaying work on his iPad. Sixty iPads in the



**Yousef Samghouli, first grade student at Keene Mill Elementary School, displays what he can write on his iPad.**

hands of 30 first grade students and 30 second grade students to use on their own might sound like a crazy idea, but to the teachers and administrators at Keene Mill Elementary School, it was a novel one.

**IN OCTOBER**, Keene Mill Elementary School was also recognized as a model PLC School. They are one of about 200 schools and districts in the United States and Canada to receive this honor. A PLC, or Professional Learning Community school, is an institution that focuses on learning, building a collaborative culture and creating a results orientation. For complete list of model PLC schools, visit [allthingsplc.info](http://allthingsplc.info).

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Newly re-elected U.S. Rep. Gerry Connolly (D-11) was among many elected officials, civic leaders and long-time friends to share memories of Jean R. Packard at her memorial Nov. 6.



(From left) Jean Packard's neighbor Helen Burvis, daughter Jean E. Packard and neighbor Erik Burvis met in the Meadowlark Gardens Atrium to celebrate the elder Packard's life.

# Jean R. Packard Remembered

**Memorial for first female Board of Supervisors chairman held at Meadowlark Gardens.**

BY TIM PETERSON  
THE CONNECTION

Jean Packard was Frank Roberts' first boss. He was 13, she was 22 and the acting editor of her father Dave's Clermont Sun newspaper in Batavia, Ohio. "I was a 'devil's rat,'" Roberts said, responsible for odd gofer jobs around the office. "I was trying to hide from work and she'd track me down. She was a tough boss."

Packard was perhaps more well known for serving as the first female chairman of the Fairfax County Board of Supervisors (1972-1976), founding and chairing the Northern Virginia Conservation Trust, and being a passionate environmental civic leader in Fairfax County for the past five decades.

She died in her Fairfax home on Oct. 21 of congestive heart failure.

Roberts was among nearly 200 elected officials, civic leaders and friends of Packard who gathered Nov. 6 in the Meadowlark Gardens Atrium to remember the 92-year-old.

In the early afternoon, clouds passed and sun shone while rain continued to fall.

"I love it, it's beautiful," said Roberts. "She's beloved and highly regarded by so many people. She lived without any apparent need for self-glorification and was committed to the community, other people."

Among her myriad citizen organization positions, Packard sat on the board of the Northern Virginia Regional Park Authority (now NOVA Parks) for 24 years. Her late



PHOTOS BY TIM PETERSON/THE CONNECTION

husband Fred was the first director of the Fairfax County Park Authority, as well as that organization. The current NOVA Parks Executive Director Paul Gilbert spoke to open the formal portion of the afternoon.

"She was a remarkable woman who leaves a remarkable legacy," he said. "Her stride really was as a citizen-leader. She understood how to affect policy, in any position, not necessarily a formal position of power."

**WHILE ON THE BOARD** of supervisors, Packard was instrumental in protecting the Occoquan Reservoir. "You'd never know all this about her; she's so humble," said her next-door neighbors Erik and Helen Burvis. "She was always so positive, never complained."

Gilbert connected her effectiveness in positions that included Governor appointee to the Virginia Soil and Water Conservation Board (2002-2010) and President of

the Fairfax County Federation of Citizens Associations to her personality and way of dealing with people.

"She was an authentically kind person who actually bore no grudges or let it get personal," he said. "She was passionate, but didn't micromanage her vision. She was light on obsessing over details, so if her larger goals were being met, she was fine."

Current Board of Supervisors Chairman Sharon Bulova echoed Gilbert. "She was genuine, the real deal," she said. "She doesn't just lead, but has rolled up her sleeves and gotten into it with you. She's picking up trash and then adopting policy."

Recently re-elected U.S. Rep. Gerry Connolly (D-11) spoke about Packard's keen ability to move a meeting along, and how she projected what she believed in.

"She was a passionate protector of her values system," Connolly said, "which she thought reflected our values systems."

Jim Darracott of Falls Church city worked with the younger Jean for the ambulance service and has known the pair for 30 years. He said that even up until her death, civic engagement was incredibly important to Packard.

"Jean sent in her absentee ballot a week before she passed," he said. "That was so Jean. She always knew votes counted. She knew she couldn't get to the poll, so she wanted to make sure her vote got in."

**PACKARD** was on hand Sept. 27 when NOVA Parks broke ground on a new building at Occoquan Regional Park, called the Jean R. Packard Occoquan Center.

"It's wonderful. I'm delighted," Packard said in an interview after the event. "To think the regional park authority thinks I deserve this honor is really icing on the cake."

Packard is survived by her daughter Jean E. Packard of Fairfax and cousins Frank Roberts of Fairfax and Michael Roberts of Cincinnati.



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**Corey Wallach, MD**, completed his spine fellowship at the prestigious UCLA Comprehensive Spine Center which specializes in minimally invasive, motion preserving and traditional treatment for the neck and lumbar spine. He completed his residency at the University of Pittsburgh Medical Center, where he conducted research on biologic treatment strategies for degenerative spinal disorders, earning both national and international recognition for his efforts. He now serves as a medical director for the Inova Spine Institute.



## Thanksgiving Help for Those in Need

### Roll up those sleeves and help.

**T**his week is the week to jump in to help the many organizations that will help needy families through the holidays. Here are a few ideas of how to help, but the opportunities are limitless.

More than 236,000 people living in the area do not have access to enough food to sustain an active, healthy life for all members of their households, according to Catholic Charities. That is to say, more than a quarter of a million people, including many children, go hungry on a regular basis.

Catholic Charities is launching a new food distribution project, the St. Lucy Project, designed to respond to food insecurity in the diocese. "The reality in Northern Virginia is that thousands of our neighbors suffer from gripping poverty and hunger," said Bishop Paul S. Loverde of the Catholic Diocese of Arlington. "Pope Francis has consistently called us to be a 'church of the poor

and for the poor.'" The project will provide food in Alexandria and other parts of Northern Virginia. See [www.cdda.net](http://www.cdda.net) for more.

Our Daily Bread will help 2,000 people for Thanksgiving and through the holidays. They need help. Sign up to deliver a meal, adopt a family or just donate. <https://www.odbfairfax.org/Thanksgiving>

United Community Ministries is seeking donations to its food pantry, donations to help prevent homelessness for 300 families on the brink, plus children's books and toys. <http://www.ucmagency.org/how-to-help.html>

Northern Virginia Family Services needs help with Operation Turkey, for 800 families. Food, money and volunteers needed. <http://www.nvfs.org/>

The Arlington Food Assistance Center is facing record demand, helping more than 8,000 people, and poised to go far above its annual budget. Find out more and donate <http://www.afac.org/>

Cornerstones' annual Thanksgiving Basket Food Drive will help nearly 1,000 families this season. 571-323-9555, [www.cornerstonesva.org](http://www.cornerstonesva.org).

SHARE of McLean seeks donations of gro-

cery gift cards and more. Checks and gift cards can be sent to: Holiday Celebration, Share, Inc. PO Box 210, McLean, VA 22101. 703-284-2179. [www.SHAREofMcLean.org](http://www.SHAREofMcLean.org)

LINK, serving Herndon, Chantilly, Loudoun and more, needs contributions of food, coats and holiday toys for children, plus volunteers. On Nov. 15, LINK will distribute food, gently used winter coats/clothing and grocery gift cards to more than 800 families. 703-437-1776 [www.linkagainsthunger.org](http://www.linkagainsthunger.org)

FACETS helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area. FACETS is always in need of volunteers, and offers a variety of one-time and ongoing opportunities. 703-865-4251 or [volunteer@facetscares.org](mailto:volunteer@facetscares.org). Information about supply donations and FACETS holiday gifts drive is available on the website at [www.facetscares.org](http://www.facetscares.org).

You can find a list of local Fairfax nonprofits here: <http://www.connectionnewspapers.com/news/2014/aug/27/newcomers-guide-area-nonprofits/>

— MARY KIMM,

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

#### EDITORIAL

## Resources and Support for the Caregiver

By JOHN C. COOK  
SUPERVISOR (R-BRADDOCK  
DISTRICT)



### COMMENTARY

**I**f you have ever been in the position of providing ongoing, long-term care for a loved one, you are very familiar with the sacrifices involved. You should also know that you are not alone. Whether it is a result of illness, disability, or injury, 39 percent of all adult Americans are caring for an older loved one - an increase from 30 percent in 2010.

Most older-adults would prefer to age in place. We know this to be true, and it makes sense. It's a more comfortable, familiar environment. However, it does come with its own stressors and challenges as 80 percent of the care for the elderly is provided by family, friends and

edge and appreciate all those around us who go the extra mile to take care of others.

If you are a caregiver, know that Fairfax County has support services that can help as you continue on the caregiving journey. The Long Term Coordinating Care Council is a wonderful resource to start. You can visit the website at <http://www.fairfaxcounty.gov/hd/lccc/>. Another option, a phone line, 703-324-7948, is the Services for Older Adults. There you will reach social workers that can help you navigate

through the myriad of resources available. The Fairfax County 50+ initiative is also looking to help develop additional services and resources for caregivers. Please contact my office to learn more about the progress of these programs. You may also consider reaching out to ElderLink, a non-profit organization created by a partnership of the Fairfax Area Agency on Aging, the Inova Health System, and the Alzheimer's Association, that seeks to provide affordable care management services to older adults. They can be reached at 703-324-7948. Another helpful resource is the Caregiver Action Network website. It offers a variety of tips and tools - <http://www.caregiveraction.org/resources/toolbox/>.

I also hope that my show this

month on Fairfax County Channel 16, which features several personal caregivers, will help those who find themselves in the position of providing care. The show airs throughout the month and can be seen Sundays at 5 p.m., Wednesdays at 7 p.m. and Fridays at 5 p.m.

It is very important to remember that you must take care of yourself first in order to provide the best level of care to your patient or loved one. It is very easy to become consumed with trying to finish all tasks only to find that many more are waiting. Develop a support network. Find respite and relaxation for yourself. If you are not a caregiver today, you may become one. So reach out to help if you can. By working together, we can build communities ready to serve our neighbors.

### LETTERS TO THE EDITOR

#### Raising Awareness of Domestic Abuse

To the Editor:

I appreciate your coverage on the work that Shelter House is doing in the Reston community and elsewhere. Domestic violence is a very serious issue that doesn't seem to receive enough attention for how widespread of an issue it is. It's unfortunate that there seems to be a stigma surrounding domestic abuse, when in fact there

desperately needs to be awareness raised about it. I think part of the reason this stigma exists is because some people may fail to recognize how difficult it is for the victim to escape an abusive situation. While females that are victims of domestic abuse may objectively realize the danger they are in, there are often more critical factors they have to take into account, especially if they have children. I think Shelter House is an excellent solution to this problem, as it offers support and viable options to these victims. It's good to see awareness being raised in the local commu-

nity, and I'll be curious to see how this organization creates positive change in the future.

**Gizan Glycer**  
Fairfax Station

#### Preserving the Planet

To the Editor:

Tuesday's win for the Republicans presents us with an opportunity for soul-searching. Many conservative Americans accept the science on climate change. However, many of the Republicans we

elected to represent us in Congress aren't in line with the most basic of conservative impulses: conserving the planet that we live on. In fact, many of the Republicans we elected have established sad track records of letting climate change continue unabated. As a mother and a person of faith, I hope that conservative leaders will take a page from the U.S. Catholic Bishops, who support limits on carbon pollution. It's time for our representatives to represent conservative values at their best.

**Irene Sayne**  
Falls Church



## BULLETIN BOARD

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

### FRIDAY/NOV. 14

#### Adult English Conversation Group.

10 a.m. Library Kings Park, 9000 Burke Lake Road, Burke. Enjoy practicing conversational English in a group setting.

#### Basic Computer Skills Training for Adults.

1 p.m. Library Kings Park, 9000 Burke Lake Road, Burke. One-on-one training of basic computer skills with our gracious technology volunteers.

#### Adult Class on Social Media.

2 p.m. Library Kings Park, 9000 Burke Lake Road, Burke. Learn what the kids and grandkids do in their sleep: Stay connected with family and friends and through Facebook, Flickr, Skype, Twitter and Youtube. One-on-one training by our gracious technology volunteers.

#### Lighters and Matches are Tools for Growups Only.

10:30 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. A puppet show presented by the Fairfax County Fire and Rescue Department. Focus on this important part of fire safety. Participants will each receive a helmet, activity book, and parent brochure. Age 3-8. 703-339-4610.

### SATURDAY/NOV. 15.

#### NAACP Branch Election.

10 a.m.-12 p.m. 9002 Burke Lake Road, Burke (behind Kings Park Library). Election of branch officers and at-large members of the Executive Committee. To vote in the branch election, you must be a member in good standing and branch membership must be dated before Oct. 16, 2014. A form of ID is required. 703-591-4488.

#### Teen Advisory Board (TAB) Meeting.

10:30 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Board members meet biweekly to plan and implement projects and programs that will enhance library services for teens. Ages 13-18. 703-249-1520.

#### Genealogy Help Desk.

2 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Bring your family history stumpers to the experts. Accomplished genealogists and library staff will be on hand to assist you. Ask at the Virginia Room desk or call 703-293-6227. Adult, teen.

#### Microsoft Word.

2:30 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Learn the basics of word processing with Microsoft Word. Bring your questions. Adults.

### SATURDAY/NOV 16-SATURDAY/NOV 22

#### NVRC Collecting Blankets for Refugees.

Several Fairfax County locations. Northern Virginia Regional Commission will collect blankets to help Syrian refugees. For more information, go to [www.helpsyrianrefugees.net/](http://www.helpsyrianrefugees.net/)

### MONDAY/NOV. 17

#### English Conversation Group.

7 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Practice your English. Adult. Gloria Monick, [gsmonick@aol.com](mailto:gsmonick@aol.com), 703-250-0877.

#### One-on-One English Practice.

7 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Practice speaking, reading and writing English with a volunteer partner. Ages 8 through adult are welcome. 703-249-1520.

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[DanielsRemodeling.com](http://DanielsRemodeling.com) **DANIELS** 703.239.2700  
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Location: 7500 Clifton Road, Clifton, VA

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**ABOUT THE TOUR** Visit the website for full details:  
[RemodelersCharityHomeTour.com](http://RemodelersCharityHomeTour.com)

# In the Spirit of the Season

The Burke-Springfield based Netcasters are focusing on traditional carols of the season.

The Netcasters have turned into a real song and dance outfit ... but that's been a pretty positive thing for some of their audiences lately.

Reactivated just one year ago in October, the all-volunteer group has become a popular attraction at area senior living or rehabilitation facilities and the song and dance aspect is a contributing factor. For presentations at these venues, the program has always included "songs of yesteryear," such as "Sentimental Journey" and "Chattanooga Choo-Choo," but lately The Netcasters gentlemen singers have begun inviting the ladies in the audience to dance to the bitter-sweet "Tennessee Waltz."

Kathryn Boudreau, the group's co-director who traditionally sings

that song solo, is amused at the spontaneous action by the men in the group that has now become a priceless and memorable part of these performances. However, she still emphasized that the group's focus is rooted in gospel and contemporary Christian music.

"We've grown musically, expanding our repertoire substantially, but have also grown spiritually as we continue our music ministry outreach," she said. The ecumenical musical group continues to include between 12-18 numbers in each performance, traditionally closing with an up-beat, swinging "Just A Closer Walk With Thee" that almost always brings people to their feet.

**THE LAST WEEKEND IN OCTOBER** provided opportunities for both sides of their music, as The

Netcasters traveled to the Charlottesville area to entertain at Mountainside Senior Living in Crozet. The next morning they were reunited with a past musical director, Cheryl Garcia, whose husband, Christopher Garcia serves as the rector of Emmanuel Episcopal Church in Greenwood. There the group presented the liturgical music for two services on Sunday morning.

Although the group is based in the Springfield-Burke area, these road trips prove that they are indeed going that extra mile. Previous travels took them to Lexington Park, Md. for an "Afternoon With Jesus" program and three separate trips to Romney, W.Va. The final visit to the latter destination was to sing at the memorial service for Libby Hillenbrand, a former member of the group, who had requested that The Netcasters sing at her funeral. In total, the ensemble has had 15 events in the past 12 months, including a recent church service at Olivet Episcopal on Beulah Road, the Iliff Rehabilitation

Facility in Fairfax, and two at Greenspring retirement community.

All of this is a lot of mileage for a bunch of volunteers, most of who have not performed in touring groups before. Although the "cast" for each performance depends on the individual member's availabilities, the ensemble usually comprises keyboard, guitars, flutes, and electric bass, as well as vocalists. In the past year, five new members have joined the group, which provides opportunities for different musical arrangements, depending on the voices and instruments that are available to participate each time.

**ONE OF THOSE NEW MEMBERS**, Mary Oliver of Springfield, has particularly enjoyed singing with The Netcasters. Oliver, who played flute at both West Springfield High School and George Mason University, as well as studying piano privately, said, "I'm so glad to have a chance to give something musical to the community. I love



PHOTO BY MAURY CRAILLE

The group traveled to Greenwood, Va., to provide service music at Emmanuel Episcopal Church on Oct. 26.

to see the happy faces at each performance."

However, there are still some professionally trained musicians charting the course. Ether Smith served for six years as the commander of an Air National Guard band and played in the television orchestra for a major U.S. city. He serves as co-director with Boudreau and provides the group's musical arrangements, frequently changing tempos and rhythms of gospel standards with infectious



PHOTO BY TERRI BUTLER

The Netcaster's electric bass player, Flip Russell, danced with a resident at Iliff Rehabilitation Facility during the group's performance there last spring. They will be returning for a Christmas program on Dec. 21.

Facility for a Christmas music program. The group may be contacted at thenetcasters@gmail.com to provide music for religious services, retirement homes, rehabilitation facilities, or other venues.

## VOLUNTEER OPPORTUNITIES

The **Kingstowe Center for Active Adults** in Alexandria needs a Van Driver to take participants on outings and an ESL Teacher.

For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

**Meals on Wheels** needs drivers in Chantilly, Clifton, McLean and Falls Church on Monday, Wednesday and Friday. Substitute drivers needed throughout the county.

For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

The **Wakefield Senior Center in Annandale** needs a Chair Exercise Instructor, Spanish-speaking interpreters,

an Experienced Canasta Player to teach participants, and certified instructors for classes in Ballroom Dance and Pilates. Volunteer instructor positions could lead to part-time employment. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

**Fairfax County** needs volunteers to drive older adults to medical appointments and wellness programs; urgent need in Reston area. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

The **Annandale Adult Day Health Care Center** in Annandale needs Spanish-speaking social companions and a licensed hair stylist to wash, cut and style

hair for participants. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

The **Hollin Hall Senior Center in Alexandria** needs a DJ to provide a wide array of music from ballroom to line dancing, a Ballroom Dance Instructor and a volunteer with basic carpentry skills to build a "Little Free Library," for people to donate and borrow books from. Center will provide plans and materials. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

The **Sully Senior Center in Centreville** needs a certified personal trainer twice a week, preferably with

experience working with older adults. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

**Korean Meals on Wheels** needs Korean-speaking volunteers to deliver meals Monday, Wednesday and Friday in Centreville, Reston and Annandale. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

The **Gum Springs Senior Center in Alexandria** needs a Spanish teacher for a beginner's class. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

**Volunteers, who are fluent in American Sign Language**, are needed in Reston, Herndon and Vienna to provide clients with direct assistance (not interpretation) with computers, grocery shopping, or social visiting. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions](http://www.fairfaxcounty.gov/olderadultsandclickonVolunteerSolutions).

**Respite Care** volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact Kristin Martin at 703-324-7577, TTY 711, or [Kristin.Martin@fairfaxcounty.gov](mailto:Kristin.Martin@fairfaxcounty.gov)

## FAITH NOTES

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

**Are You 50 or Better?** Join the next Lunch 'N' Life sponsored by the Shepherd's Center of Fairfax-Burke on Thursday, Nov. 20, (12-2 p.m.) at Lutheran Church of the Abiding Presence, 6304 Lee Chapel Rd, Burke. The Program will feature Jari Villaneuva, a Bugler, speaking on The History of Taps. For reservations, call Faye Quesenberry, 703-620-0161, by Nov. 14. The cost is \$10; checks payable to SCFB. If transportation is needed, call the SCFB office 703-323-4788. See [www.scfbva.org](http://www.scfbva.org) for more information.

**Thanksgiving Day Service** will be held on Nov. 27, 10:30-11:30 a.m. at the First Church of Christ, Scientist at 5315 Backlick Rd., Springfield, 703-941-7540. Thanksgiving is a time for sharing gratitude and acknowledging God's blessings. The public is invited to join in this day of giving thanks.

**Fairfax Baptist Temple**, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or [www.fbtministries.org](http://www.fbtministries.org).

**The Guhyasamaja Buddhist Center**, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism. The center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming inner causes of suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation and meditation. Visit <http://www.guhyasamaja.org> for more information.

**Lord of Life Lutheran** offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or [www.LordofLifeva.org](http://www.LordofLifeva.org).

**First Baptist Church of Springfield** offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or [www.fbcspringfield.org](http://www.fbcspringfield.org).

**Clifton Presbyterian Church**, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided. Christian education for all ages is at 9:45 a.m. 703-830-3175.

**Prince of Peace Lutheran Church**, 8304 Old Keene Mill Road, Springfield, offers casual worship services on Saturday evenings at 5:30 p.m. featuring contemporary music. More traditional services take place on Sunday mornings at 8:15 and 11 a.m. Sunday School is from 9:45-10:45 a.m. for children and adults. The church also offers discussion groups for adults. 703-451-5855 or [www.poplc.org](http://www.poplc.org).

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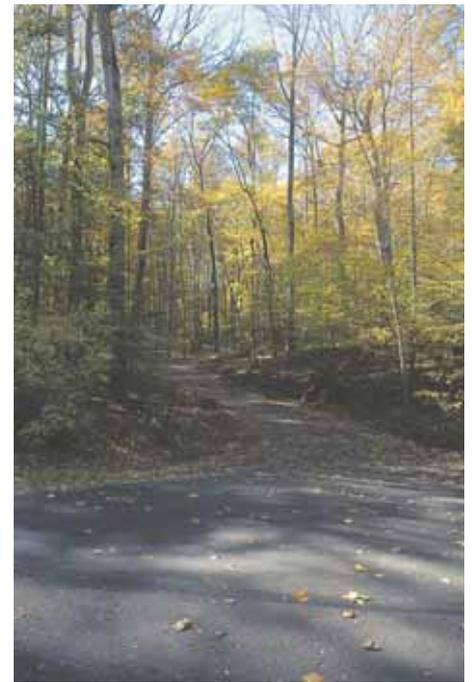
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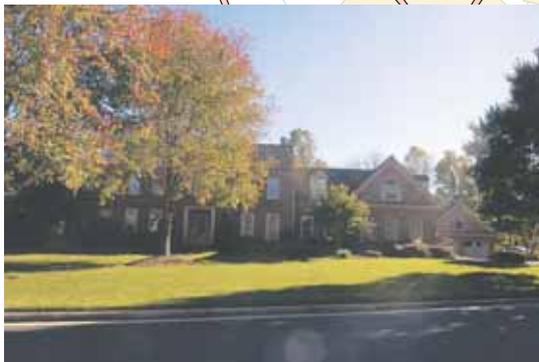


2 3528 Schuerman House Drive, Fairfax — \$1,309,469

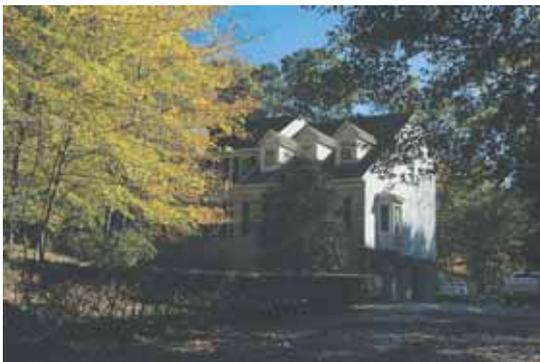
3 6118 Moonpatterns Trail, Fairfax Station — \$1,075,000



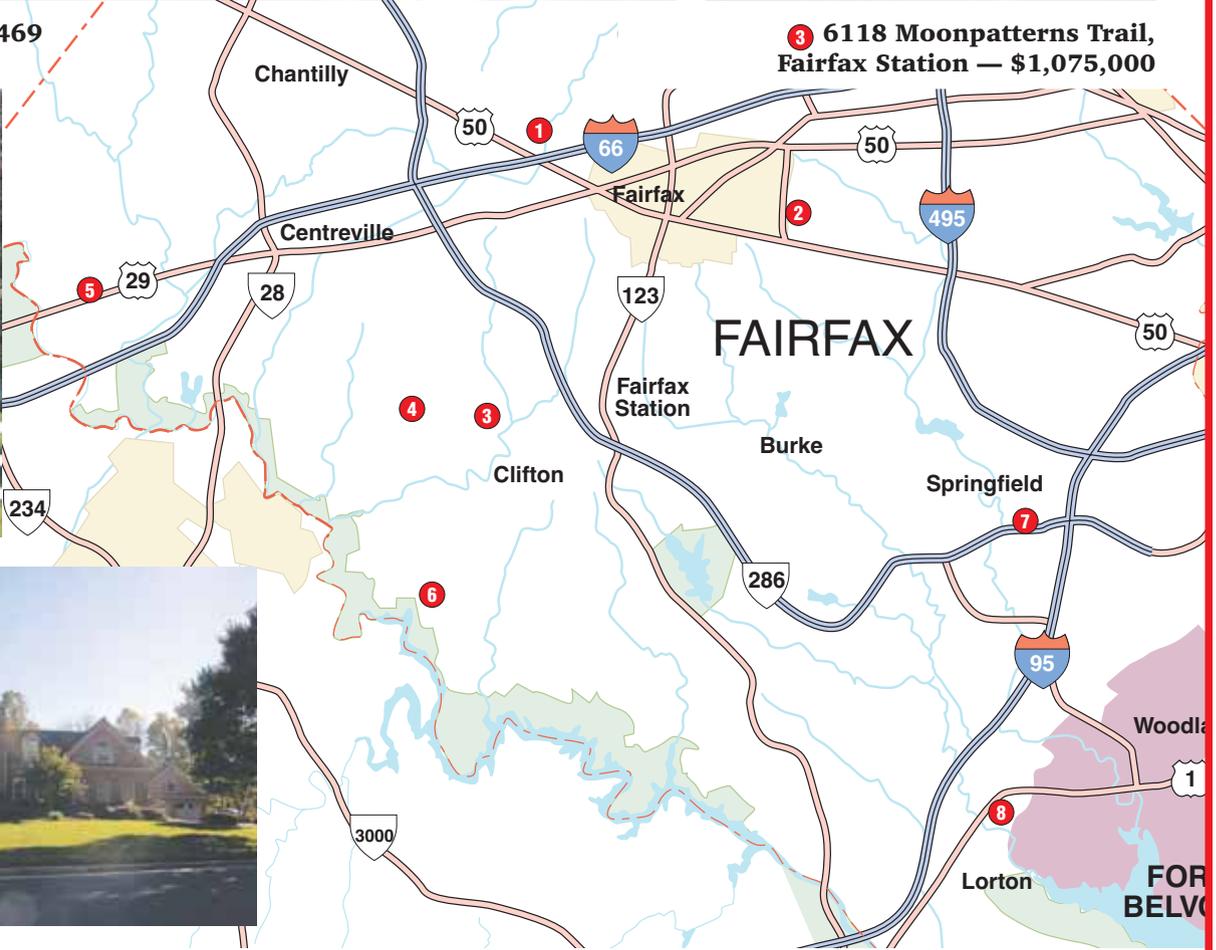
4 12710 Megills Landing Lane, Clifton — \$900,000



5 15421 Eagle Tavern Lane, Centreville — \$900,000



6 12413 Shari Hunt Grove, Lorton — \$900,000



Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
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2 3528 SCHUERMAN HOUSE DR	5	4	1	FAIRFAX	FAIRFAX	\$1,309,469	Detached	0.21	22031	PICKETT'S RESERVE	09/17/14
3 6118 MOONPATTERNS TRL	4	3	1	FAIRFAX STATION	FAIRFAX STATION	\$1,075,000	Detached	5.13	22039	THE PATTERNS	09/30/14
4 12710 MEGILLS LANDING LN	4	3	1	CLIFTON	CLIFTON	\$900,000	Detached	5.13	20124	MEGILLS CROSSING	09/30/14
5 15421 EAGLE TAVERN LN	4	4	1	CENTREVILLE	CENTREVILLE	\$900,000	Detached	1.04	20120	VIRGINIA RUN	09/12/14
6 12413 SHARI HUNT GRV	5	4	1	CLIFTON	CLIFTON	\$880,000	Detached	5.00	20124	CLIFTON HUNT	09/12/14
7 7007 SPRINGVILLE CT	6	4	0	SPRINGFIELD	SPRINGFIELD	\$849,900	Detached	0.32	22150	SPRING VILLAGE ESTATES	09/25/14
8 7519 TANGERINE PL	5	3	1	LORTON	LORTON	\$832,035	Detached	0.00	22079	SUMMIT OAKS	09/26/14

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## McLean Location for 2015 DC Design House

House will benefit Children's National Health System.

BY MARILYN CAMPBELL  
THE CONNECTION

The new country estate at 956 Mackall Farm Lane in McLean will be the location for the 8th annual DC Design House, a project that raises money to benefit Children's National Health System. The 2015 DC Design House will be held from April 11 to May 10.

"We're excited to have found such a wonderful location and partner for the 2015 DC Design House," said Skip Singleton, co-founder of the DC Design House. "The new home by Artisan Builders is a charming old farmhouse-style home in McLean, our first venture into Virginia, with many rooms for our team of designers to decorate."

Built by Artisan Builders and designed by Harrison Design, the 8,869-square-foot home replicates an old American farmhouse. The home is reminiscent of a Virginia countryside home, but offers modern amenities. The interior floor plan is an L shape, which was popular among early farmers because of the ease and efficiency of adding future rooms.

"My partners and I are truly thrilled that Artisan Builders' new old farmhouse in McLean, Va., has been selected as the 2015 DC Design House," said Stephen Yeonas of



PHOTO COURTESY OF THE 2015 DC DESIGN HOUSE

A country estate in McLean is the 2015 location for the DC Design House.

"We're excited to have found such a wonderful location and partner for the 2015 DC Design House. The new home by Artisan Builders is a charming old farmhouse-style home in McLean, our first venture into Virginia, with many rooms for our team of designers to decorate."

— Skip Singleton, cofounder of the DC Design House.

Artisan Builders. "Our entire team is committed to making the event the best ever, while helping a great cause, Children's National Health System."

**THIS MODERN FARMHOUSE** offers light-filled interior rooms that blend old

elements, such as reclaimed wood and antiques, with new features, including top-of-the-line kitchen appliances.

A gallery finished with stone from an old Virginia farmhouse and a library paneled in quarter-sawn oak are among the vintage touches. The exterior features covered

porches, antique style lighting, and natural stone in a random, hand-cut pattern. Landscape design is by Fine Landscapes and sales by Yeonas & Shafran Real Estate.

Some of the area's top designers previewed more than 20 rooms in the three-level home, which includes first floor formal and family foyers, dining and living rooms, library, kitchen, breakfast room, family room, mudroom and front and rear covered porches. Among the rooms on the upper level are a master suite with reading nook and three secondary suites, while the lower level offers a bistro and bar, media and game rooms, and an additional bedroom and bath.

"We'll be announcing designers by the end of November," said Susan Hayes Long, chair of the DC Design House, "and we're sure the 8th annual DC Design House will continue our tradition of exceptionally innovative designs and inspiration, all while raising money for our beneficiary: Children's National Health System."

The interior designers create presentation boards, which show how they would design the home. Volunteer staff choose the designers who will donate their time and talent to transform the house into a showcase home.

The DC Design House began in 2008 as an event for the DC Metro area in which top area designers showcased their talents in a "flowing design home" to raise funds for a local charity. What began as a single event goal to raise funds for Children's National Health System, formerly Children's National Medical Center, has developed into an annual residential design attraction and fundraiser.

## New Interior Design Book Features Local Tastemakers

Interior designers offer advice on creating an elegant home.

BY MARILYN CAMPBELL  
THE CONNECTION

Fall not only brings vibrantly colored leaves and pumpkins, but it also ushers in a slew of new book releases. Among those is an interior design book featuring local designers.

Melissa Mather's "Creating Elegant Interiors: Designers in their Own Words" is a collection of narratives from design experts who offer advice on creating a stylish home. It is filled with photographs of rooms that offer a variety of definitions of elegance, including modern, traditional and even preppy.

"We presented questions to a variety of skillful tastemakers, each with a discerning eye for style," said Mather. "Their answers are intended to help the reader discover their own personal style and create

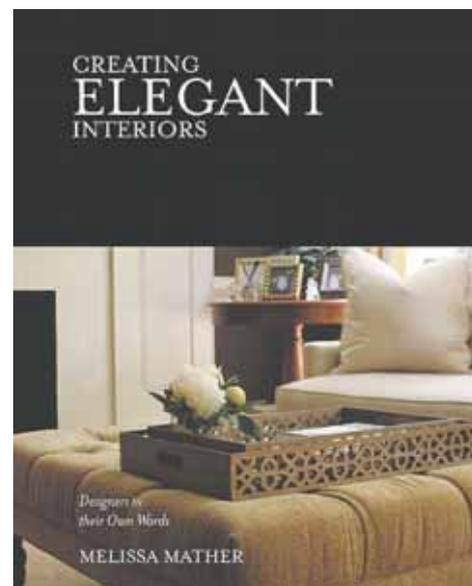


PHOTO CONTRIBUTED

**New book on creating an elegant home features local designers.**

a home that is both elegant and comfortable. The designers share some of the insights they use while guiding their clients to the discovery of their own unique design style."

Among the designers in the book are Victoria Sanchez of Victoria Sanchez Interiors and Victoria at Home in Old Town, Alexandria, who describes how she begins her design projects.

"I always ask lifestyle questions early on in the design process to understand how my clients want to best use their space," said Sanchez. "For example, do you have a big family that requires 10 seats at the dining table? Do you host the weekly playgroup and therefore need open spaces and childproof fabrics? Write down your answers and you will quickly see what you need and what's important to you, and this will help you develop the right space."

Personal touches and do-it-yourself projects are great ways to showcase your tastes and sense of style," said Allie Mann of Arlington.

"Don't be afraid to use your space as a creative outlet," she said. "Do-it-yourself

projects don't need to be super time-consuming or terribly sophisticated, either."

**CREATE A MASTER PLAN** before beginning a project is advice offered by Kai Tong, an architect at Hopkins & Porter in Potomac, Md. "It doesn't need to be implemented and finished immediately, but it will allow the clients to live in the space and observe how both the space and their vision and needs evolve," he said.

One of the first things to ask and consider is how the space is going to be used, said Ann O'Shields, an interior designer and owner of The Nest Egg in Fairfax.

"Will it be adults only in a formal setting or a space with children and pets?" she asks. "From there, I recommend identifying spaces or things in your current home that you enjoy. It's important to give your home personality and add elements that you enjoy."

"Creating Elegant Interiors: Designers in the Own Words," can be found at bookstores and on Amazon.com.

# ENTERTAINMENT

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

## THROUGH MONDAY/DEC. 15

**FCPS Art Teachers Exhibition.** Building W-16 McGuire Woods Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton. FCPS art teachers display their art. 703-584-2900. [www.workhousearts.org](http://www.workhousearts.org).

## THROUGH WEDNESDAY/DEC. 31

**War on the Doorstep: Fairfax Militia in the War of 1812.** Exhibition. The Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway. Open Tue.-Sat. 10 a.m.-3 p.m. Free tours at 1 p.m. 703-591-0560.

## THROUGH MONDAY/JAN. 19, 2015

**Dada Re-Discovered.** Building W-16 Vulcan Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Dada Re-Discovered explores how contemporary media and ideas can filter past Dada concepts and artwork. The exhibit will feature sound, video, performance and other visual mixed media. 703-584-2900. [www.workhousearts.org](http://www.workhousearts.org).

## THURSDAY-SATURDAY/NOV 13-15

**"A Midsummer Night's Dream."** 7 p.m. South County High School, 8501 Silverbrook Road, Lorton. Tickets are \$10 for general admission, and \$8 for students and seniors. [southcountytheatre.org](http://southcountytheatre.org)

## SATURDAY-SUNDAY/NOV 15-16

### "The Nutcracker." 2 & 6 p.m.

Ernst Community Cultural Center, 8133 Little River Turnpike, Annandale. Come share in the magic of the holiday tradition and celebrate Burke Civic Ballet's 21st Anniversary Season. Featuring 3 year old miniature dolls to professional dancers courtesy of Colorado Ballet, this production will enchant all ages. Be mesmerized by a growing tree, magic tricks, leaping mice, toy soldiers, falling snow, authentic costumes made in the Ukraine, 75 dancing flowers and delectable confections from the Kingdom of the Sweets. Purchase tickets online at <http://www.buffas.com/burkecivicballet.html> or group sales email [burkecivicballet@gmail.com](mailto:burkecivicballet@gmail.com).

### Some Kind of Wonderful:

**Bayla Whitten Sings Carole King.** Saturday: 8 p.m. Sunday: 2 p.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. The Jewish Community Center of Northern Virginia (the J) continues its third performing arts season with cabaret created just for the J. A homegrown performer, Bayla attended Geshur Jewish Day School when it was at the J. After high school, she studied in London and performed in the West End production of Les Misérables. Bayla regularly performs at Signature Theatre, and we are proud to



**The Jewish Community Center of Northern Virginia continues its third performing arts season with cabaret created by homegrown performer, Bayla Whitten performing on Nov. 15-16.**

welcome her back in a tribute to songwriter Carole King (nee Carol Klein), who "wrote the soundtrack to a generation" — Will You Love Me Tomorrow, One Fine Day, I Feel the Earth Move and more.

## SATURDAY/NOV. 15

**Date Night: Chef's Table.** 7-9 p.m.

Building W-3, Classroom 302, Workhouse Arts Center, 9518 Workhouse Way, Lorton. The menu items will be prepared by participants working together at each of the cooking islands. Participants will be served a tasting portion of all the entrees and a chef-selected drink of choice. \$85 per person. 703-584-2900. [www.workhousearts.org](http://www.workhousearts.org).

### Ballroom Social Dance.

7:30-10:30 p.m. W-16 McGuire Woods Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Mini-lesson begins at 7:30 p.m. and is \$5 per person. Open dancing begins at 8 p.m. Open dance is \$10 per person. Complimentary refreshments and a cash bar will be available in the gallery. All skill levels welcome. \$10-15. 703-584-2900. [www.workhousearts.org](http://www.workhousearts.org).

### The 15<sup>th</sup> Annual Taste of Fall with FACETS.

7 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Sample delicious food and drinks from local restaurants, wineries and breweries; enjoy live musical entertainment; bid on unique items in the silent and live auction. Tickets are \$50 and include tastings of all food and beverages, including wine, beer and sodas. Register online at [www.FacetsCares.org](http://www.FacetsCares.org) or at the door.

### Gazpacho for Nacho.

2 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke.

Children's author Tracey Kyle will read her book *Gazpacho for Nacho* a lively rhyming story, sprinkled with Spanish, that will delight little chefs. School Age. 703-249-1520.

### Native American Heritage Month: Storytime with Mama Mary Sunbeam.

11:00 a.m. Library Kings Park, 9000 Burke Lake Road, Burke. Celebrate with storyteller and musician Mama Mary Sunbeam.

## SUNDAY/NOV. 16

### Franconia United Methodist Church and the Ghana Wesley United Methodist Church

**Musical Concert.** 11 a.m. Franconia United Methodist Church, 6037 Franconia Road, Alexandria. For more information, email [admin@franconiaumc.org](mailto:admin@franconiaumc.org), call 703-971-5151 or visit <http://www.franconiaumc.org/>.

## MONDAY/NOV. 17

### Lorton Evening Book

**Conversations.** 7 p.m. Lorton Library, 9520 Richmond Highway, Lorton. Book discussions every third Monday. November book, *Hush Money* by Robert Parker. Adults. 703-339-7385.

**Turkey Trouble Storytime.** 10:30 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Join us for stories, songs, and activities that promote early literacy skills and celebrate the Thanksgiving holiday. Ages 3-5 with adult. 703-249-1520.

**Magic Tree House Club.** 4:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Let's read the ninth story in the series *Dolphins at Daybreak* by Mary Pope Osborne and discuss. Print copies are available at the library service desk. Age 6-8. 703-249-1520.

**Crazy 8s Math Club.** 4:30 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Join Bedtime Math's Crazy 8s, where you'll build stuff, run and jump, make music in this totally new kind of math club. Grades K-2.

**Tales to Tails.** 4:30 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Need practice reading? Read aloud to a friendly, trained therapy dog. Ages 6-12.

**Hidden Pond Monday: Fall Changes.** 4:30 p.m. Richard Byrd Library, 7250 Commerce Street,

SEE CALENDAR, PAGE 15



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# CALENDAR

FROM PAGE 14

Springfield. Presented by the staff of Hidden Pond Nature Center. Cosponsored by the Friends of Richard Byrd Library. Age 6-12. 703-451-8055.

## THURSDAY/NOV. 20

**Pohick Church Christmas Market.** 10 a.m. - 2 p.m. Pohick Church, 9301 Richmond Highway, Lorton. The Parish House and the Vestry House will be transformed into a festive Christmas atmosphere with rooms filled with Attic Treasures, a Consignment Shop, a Christmas Shoppe with craft items and jewelry, and a Pantry Shelf with fresh baked goods, homemade apple butter, and frozen casseroles. The Docent Guild will be leading tours of our historic church, and a delicious luncheon will be served by ladies dressed in colonial costumes. There will be three seatings for the luncheon: 11 a.m, noon and 1 p.m.

## FRIDAY/NOV. 21

**Holiday and Gift Book Sale.** 10 a.m. - 6 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Come to find all types of books for giving during the holidays. All ages.

## FRIDAY-SATURDAY/NOV. 21-22

**Used Book Sale.** Friday: 10 a.m. - 6 p.m. Saturday: 10 a.m. - 5 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. A great selection of books to read and gift for the holidays.

## SATURDAY/NOV. 22

**Asian Style Miniature Dish**

**Garden.** 10 a.m.-12 p.m. 4603 Green Spring Road, Alexandria. Come and learn to create an Asian garden scene where "East meets West." Admissions: \$45 (plus \$20 supply fee). Register online at [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring). 703-642-5173.

**Garden Sprouts: Little Gobblers:** 11 a.m.-12 p.m. 4603 Green Spring Road, Alexandria. Bring the little ones to learn about turkeys, habits and survival. They'll look for footprints, listen for a gobble and bring home decorations. Admissions: \$6. For ages 3-5. Register online at [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring). 703-642-5173.

**Family Fun: Turkey Hunt.** 1-2 p.m. 4603 Green Spring Road, Alexandria. Learn the history of the turkey, it's importance to early Americans and track it through the Green Spring Gardens' grounds. Make table decorations to bring home. Admissions: \$6. Register online at [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring). 703-642-5173.

**Holiday and Gift Book Sale.** 10 a.m. - 5 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Come to find all types of books for giving during the holidays. All ages.

**Wag a Tale.** 10:30, 10:45, 11 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Register to read to one of our therapy dogs. Ages 5-12. 703-339-4610.

**The Hunger Games: Mockingjay.** 2:30 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. So eyes up, chins forward, and be ready for this special one-on-one training before you begin the ultimate test of surviving the one and only Hunger Games. Teen. 703-339-4610.

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## WEEK IN SPRINGFIELD

### Promoting 'Culture of Good'

The Cellular Connection, the largest Verizon Premium Wireless Retailer in the U.S., announced that 300 of its stores will be donating and volunteering at local food banks through its "Stop the Hunger" initiative this holiday season in a joint effort with its customers.

From now until Friday, Dec. 12, participating TCC stores across the U.S. are encouraging local families to bring in canned and boxed food, which will be delivered to the community's food bank. The participating store in Springfield is located at 6230X Rolling Rd.

In addition to the food drive, each participating store will donate funds and employees will volunteer at local food banks until the end of December.

"Stop the Hunger" is the newest initiative under TCC's 'Culture of Good' movement, which empowers our employees to make a positive, charitable impact in their communities," said Scott Moorehead, president and CEO of TCC. "It's how our company gives back to every community where we do business. We're honored to have the ability to help families and children in need this holiday season by donating to and volunteering at local food banks throughout the U.S."

With the "Culture of Good" in its second year, TCC continues to advance its corporate social responsibility efforts. Most recently, TCC's summer "Culture of Good" efforts resulted in the donation of 300 college scholarships to children and 100,000 backpacks to deserving students.

To learn more about TCC, visit [www.ecellularconnection.com](http://www.ecellularconnection.com). Consumers can also find more information about the company at <http://www.facebook.com/tcctalk> and [www.twitter.com/tcctalk](http://www.twitter.com/tcctalk).

Supporters of the program are encouraged to use hashtag #cultureofgood on Instagram, Facebook and Twitter to help spread the word. Learn more about TCC's "Culture of Good" by visiting [www.cultureofgood.com](http://www.cultureofgood.com).

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# SPORTS

**Fairfax senior Cori Black scored the game-winning goal against Chantilly in the region final on Nov. 6.**



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

## Rebels Capture Region Title

**Rebels survive late goal from Chantilly, win in double overtime.**

BY JON ROETMAN  
THE CONNECTION

**W**ith a region title on the line and her Fairfax field hockey team battling Chantilly in a second overtime period, head coach Amber Beaudoin turned to a pair of media members on the sideline and cracked a joke.

“Is this exciting enough for you guys?”

Beaudoin carried herself with a cool calmness during a pressure-packed situation, but would later say she was “dying” on the inside. For the second straight season, the Rebels squandered a lead and went to overtime in the 6A North region final. In 2013, the result was a 2-1 loss to Westfield. On Thursday at Fairfax High School, the Rebels responded in championship fashion.

Senior captain Cori Black scored the game-winning goal with 4:40 remaining in double overtime, giving Fairfax a 2-1 victory over Chantilly and its first region championship since 1993.

“Right when I hit it,” Black said, “I felt like it was going to go in.”

Black’s goal put an end to a stressful 30 minutes for the Rebels.

Fairfax grabbed a 1-0 lead with 2:54 remaining in the first half when senior captain Meg Robertson scored on an assist from senior midfielder Trisha Le. The Rebels maintained their advantage until Chantilly senior captain Kelly Updike scored off a penalty corner with 4:27 remaining in regulation.

How would the Rebels handle adversity?

“This team plays off my energy,” Beaudoin said. “I try to be very careful with how I react. ... I was dying a little bit inside when they scored.”

After neither team scored in the closing minutes of regulation, Fairfax controlled the first overtime period, playing 7-on-6 for two minutes following a Chantilly green card, but failed to score. Le came close to ending it, but her shot hit the left post.

In the second overtime period, some nifty passing between Charlotte Duke and Le led to a penalty stroke after Chantilly goalkeeper Kyler Zampiello made contact with Le in front of the cage. Olivia Cummings attempted the stroke for Fairfax, but Zampiello moved to her left and made a game-saving pad save with 6:22 left on the clock.

“We had to stay positive,” Black said. “Our coach just told us, ‘We need this. We can’t let it happen again.’ We have this thing called ‘Unfinished Business,’ and that’s from last year, not winning regionals. So this year, we were saying our business is going to be finished.”

Less than two minutes after Fairfax failed to convert the penalty stroke, Black found the back of the cage, giving the Rebels their first region title in two decades.

“I’m kind of in shock right now,” Robertson said after the game. “I’ve been on this team four years, and I’ve made it to the regional semifinals every year. The last two we made it to this game, and to win this year is just incredible. To be with this team and to win is just unbelievable.”

Fairfax, making its second straight trip to the state tournament, will face First Colonial, the 6A South region runner-up, in the semifinals at noon on Friday, Feb. 14 at the National Training Center in Virginia Beach. The Rebels are 20-3, have won 15 consecutive games — including their sixth straight conference/district title — and enter the state tournament as an experienced and confident group.

“Going to states two years in a row,” Le said, “we learned how to maximize our chances and play against good teams.”

Chantilly (15-4), which knocked off defending state champion Westfield in the region semifinals on Tuesday, will face 6A South champion Frank Cox on Feb. 14 at the National Training Center in Virginia Beach.

The All-6A North Region Tournament Team was announced after the game: Robertson (Fairfax); Claire Cooke (Woodson); Jessica Reeves (Chantilly); Emily McNamara (Westfield); Duke (Fairfax); Sarah Horgan (Westfield); Taylor Stone (Herndon); Zampiello (Chantilly); Katie Cummings (South County); Sofia Palacios (Herndon); Emily Deivert (Fairfax); Jennifer McCann (Annandale); Julia Golden (Chantilly); Black (Fairfax).



CRAIG STERBUTZEL/THE CONNECTION  
**Lake Braddock senior Alex Corbett won the 6A North region championship on Nov. 5.**



CRAIG STERBUTZEL/THE CONNECTION  
**Robinson Lauren Berman placed seventh at the regional meet on Nov. 5, helping the Rams earn a state berth.**

## Lake Braddock Boys’ XC Wins Region Title

**LB, Robinson, West Springfield send two teams to states.**

**T**he Lake Braddock boys’ cross country team won the 6A North region championship, and the Bruins, Robinson and West Springfield will each send their boys’ and girls’ teams to the state meet on Saturday, Nov. 15, at Great Meadow.

Led by senior Alex Corbett, the Lake Braddock boys’ team won the region title with a score of 37 on Nov. 5 at Burke Lake Park. Oakton finished runner-up with a score of 86. West Springfield (118), Chantilly (120), Robinson (170) and Washington-Lee (203) also qualified for states.

Corbett won the individual title for the Bruins with a time of 14:41. Six days prior, Corbett became the first Lake Braddock boys’ harrier to break 15 minutes when he won the Conference 7 championship with a time of 14:47, which at the time was the 11th-best time in the history of the Burke Lake course.

Lake Braddock’s Kevin Monogue placed fourth at regionals with a time of 15:00. Colin Schaefer placed sixth (15:07), Ben Fogg finished seventh (15:22), and Evan Chase took 23rd (15:49).

Robert Lockwood led Woodson with an eighth-place finish, recording a time of 15:23. West Springfield’s Timothy Ward placed 10th (15:28), and Fairfax’s Alex Maguire qualified for states with a 15th-place finish (15:34).

Hunter Jetras was Robinson’s top finisher, coming in 16th with a time of 15:35.

Oakton won the girls’ region title with a score of 58. Madison (67), Lake Braddock (79), Patriot (116), Robinson (190) and West Springfield (219) also qualified for states.

Patriot’s Rachel McArthur won the event with a time of 17:21. Robinson’s Lauren Berman placed seventh with a time of 17:47. South County’s Faith Zolper (18:02) and Louisa McPherson (18:04) placed 100th and 11th, respectively. Lake Braddock’s Kate Murphy finished 12th (18:10) and teammate Sarah Daniels placed 15th (18:17).

Emily Keast led West Springfield with a 24th-place finish (18:34).

## Group 6A, 5A Football Playoff Pairings Announced

The VHSL Group 6A and 5A North region football playoffs begin on Friday, Nov. 14.

In 6A North action, Lake Braddock (8-2) is the No. 3 seed and will host No. 14 Oakton at 7:30 p.m. The Bruins posted a 4-2 record against playoff teams year. In 2012, Oakton, then a No. 7 seed, upset Lake Braddock in the quarterfinals on its way to a region championship.

South County (9-1) is the No. 5 seed and will host No. 12 Robinson (6-4) at 7:30 p.m. The Stallions have been a scoring machine this year, averaging 50.8 points per contest during the regular season. South County is 4-1 against playoff teams this season, with its only loss coming against Lake Braddock, 62-41, on Oct. 31. Robinson started 6-0 before losing its final four games, averaging less than 10 points per contest over the final month. The Rams went 1-4 against playoff teams, with their lone

victory coming against Lake Braddock.

West Springfield (8-2) is the No. 6 seed and will host No. 11 Washington-Lee (6-4) at 7:30 p.m. The Spartans have won five in a row and eight of their last nine. West Springfield is 3-2 against playoff teams, including a 16-14 victory over Lake Braddock on Oct. 17.

Hayfield (7-3) is the No. 7 seed and will host No. 10 Chantilly (5-5) at 7:30 p.m. The Hawks started 0-3 against stiff competition, losing to South County (No. 5), Westfield (No. 2) and Centreville (No. 1). The Hawks have won seven in a row since, including victories against five playoff teams — W-L (No. 11), Wakefield (5A), Yorktown (No. 9), Falls Church (5A) and Edison (5A).

In the 5A North playoffs, Edison (3-7) is the No. 16 seed and will travel to face No. 1 Tuscarora (10-0) at 7 p.m. The Eagles are 0-5 against playoff teams.

# Mason Professors Win Virginia Center of Aging Grant

Funding will be used to study Alzheimer's disease.

BY MARILYN CAMPBELL  
THE CONNECTION

Two George Mason University professors recently won a prestigious and competitive grant that they hope will lead them closer to success in their fight against Alzheimer's disease.

Professor Joseph J. Pancrazio, chair of the Department of Bioengineering, and Professor Robin Couch, an associate professor in the Department of Chemistry and Biochemistry, were awarded grants from the Alzheimer's and Related Diseases Research Award Fund, which is administered by the Commonwealth of Virginia's Center on Aging.

"I am very appreciative to the Virginia Center of Aging for giving us the opportunity to pursue



Robin Couch

this new line of potentially high impact research," said Pancrazio.

Although they are using different approaches, both Pancrazio and Couch are studying ways to defeat or slow down the progression of Alzheimer's disease, which Couch characterizes as "the progressive deterioration of cognitive and functional abilities, leading to the loss of bodily function and death."

Pancrazio and his research team are looking at ways brain cells react to certain medications. "Our

main research goal is to develop an engineering platform that can be utilized to study the underlying mechanisms of Alzheimer's disease and eventually to test new therapeutic options," said Pancrazio. "By growing brain cells, neurons, on a dish which is very similar to a computer chip, we can then measure the electrical activity of the cells and determine how the activity would change in presence of an Alzheimer's disease biomolecule such as amyloid beta peptide. We believe our platform



Joseph J. Pancrazio

provides a fast, non-invasive and accurate screening tool."

Electrical and computer engineering Ph.D. student Hamid Charkhkar is on Pancrazio's research team. "Every day, I feel more devoted to pursue this research, not only because it satisfies my scientific curiosity, but also [because] I am very hopeful that the outcomes of my research would potentially help patients with Alzheimer's disease," he said.

Couch and his research team are treating brain cells with molecules

to prompt them to release a "nerve growth factor," a protein that keeps neurons alive.

"While the pathology of Alzheimer's disease is related to the accumulation of protein deposits — or plaques — in the brain and the death of specific neurons, the currently employed therapeutics address the cognitive decline, but do little to halt or even slow the progress of neuronal decay," said Couch. "A radically different approach to the treatment [and] prevention of AD is known as neuroprotection, which involves the use of therapeutic agents, such as nerve growth factor, to defend the neurons from death. Nerve growth factor, naturally produced in the brain, binds to ... the neurons associated with Alzheimer's disease and promotes their survival." Justin B. Davis, who is the lead Ph.D. student on Couch's research team, said, "While the complexities of Alzheimer's disease and its progression make it an academically stimulating research topic, the gravity of the disease and its effects on the population are the true driving forces behind our efforts at George Mason."

PHOTOS BY EVAN CANTWELL/GMU CREATIVE SERVICES

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 Gazette Packet  
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**21 Announcements**      **21 Announcements**

**TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE**  
 Improved by the premises known as  
 2665 Prosperity Avenue, #402, Fairfax, Virginia

In execution of a Deed of Trust from Don Michael Stoops, dated September 29, 2006, and recorded October 2, 2006, in Deed Book 18803 at page 60 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Court House for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, November 25, 2014 at 9:30 a.m. the following property being the property contained in said Deed of Trust, described as follows:

Unit 402, HALSTEAD AT THE METRO II, A CONDOMINIUM, and the limited common elements appurtenant thereto, including limited common element garage space/parking space G4-050, established by condominium instruments recorded in Deed Book 18395 at page 1876 and any supplemental declarations and/or amendments recorded subsequent thereto among the Land Records of Fairfax County, Virginia.

Commonly known as 2665 Prosperity Avenue, #402, Fairfax, Virginia 22031.

**TERMS OF SALE:** A deposit of \$20,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 2.625 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

Sale is subject to post-sale confirmation that the borrower did not file for protection under the U.S. Bankruptcy Code prior to the sale, as well as to post-sale confirmation and audit of the status of the loan with the loan servicer including, but not limited to, determination of whether the borrower entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, the sale shall be null and void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. This is a communication from a debt collector and any information obtained will be used for that purpose.

DAVID N. PRENSKY  
 Substitute Trustee  
 FOR INFORMATION CONTACT:  
 David N. Prenskey  
 5225 Wisconsin Avenue, N.W. #500  
 Washington, D.C. 20015  
 (202) 244-4000

**21 Announcements**

**ABC LICENSE**  
 Opici Family Distributing of Virginia, LLC trading as Opici Family Distributing of Virginia, 7664 A Fullerton Rd, Springfield, VA 22153. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer Wholesaler & Importer license to sell or manufacture alcoholic beverages. Dina Opici, President  
 NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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 -William Van Horne

**21 Announcements**

**ABC LICENSE**  
 Matsu Sushi, Inc trading as BBQ 21, 11272 James Stuart Circle, Fairfax, VA 22030. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Beer and Wine on Premises, Mixed beverage Restaurant (seating capacity 1-100) license to sell or manufacture alcoholic beverages. Kyu Huh, President  
 NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

**21 Announcements**      **21 Announcements**      **21 Announcements**

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**21 Announcements**      **21 Announcements**      **21 Announcements**

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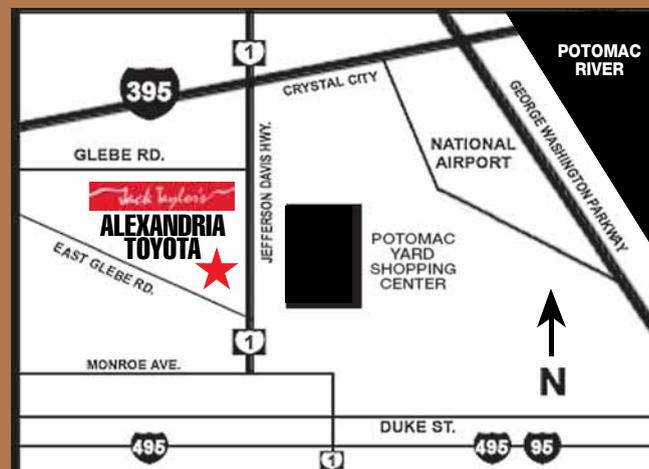
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