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Noah Lanyi-Lari offers
handmade crafts and
brownies and cookies for
sale at the craft and flea
market held Saturday,
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\$1 per brac-
let

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PHOTO BY LOUISE KRAFFT/THE CONNECTION

County Board Cancels Streetcar

BY VERNON MILES
THE CONNECTION

After nearly 10 years of planning, the Arlington County Board has decided to end the Arlington-Fairfax Streetcar project. At noon on Tuesday, Nov 18, County Board Chair Jay Fisette announced that the board would discontinue the streetcar project. Fisette cited Democrat Alan Howze's loss earlier this month to independent and incumbent John Vihstadt as one of the main reasons for the decision.

"We cannot ignore the political realities," said Fisette in his statement, "On Nov. 4, Arlingtonians went to the polls. They rejected the candidate who supported the streetcar and voted – convincingly – for the candidate who made opposition to the streetcar a centerpiece of his campaign. This was a powerful message to the board."

Fisette commented that further discussion of the streetcar issue would not serve the community and would take away from the other issues the board must deal with. The proposed streetcar would have run a 7.4 mile path between Fairfax County and Arlington, much of it along Columbia Pike in Arlington. The route was estimated to cost between \$250 million and \$400 million.

"The Coalition of Smarter Growth is disappointed by the Arlington Board's decision," said Stewart Schwartz, executive director of the group, in a statement following the announcement, "but far more so by the deeply negative and frequently inaccurate campaign against the streetcar."

"On Nov. 4, Arlingtonians went to the polls. They rejected the candidate who supported the streetcar and voted – convincingly – for the candidate who made opposition to the streetcar a centerpiece of his campaign."

— Jay Fisette, County Board Chair

The Office of Sharon Bulova, chairman of the Fairfax County Board of Supervisors, released a similar statement expressing sadness and disappointment in the Arlington board's decision.

"Although we believe the decision to end the project is short-sighted," said Bulova in a statement, "we recognize that the project cannot happen without the support of the Arlington Board."

Not all Arlingtonians expressed disappointment with the board's decision.

"On behalf of Arlingtonians for Sensible Transit, we're very gratified that after two years of hard work and generating educational materials, that our County Board has decided to cancel," said Peter Rousselot, leader of the group that opposed the streetcar. "It's a good day."

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Samantha Wiener displays her handmade jewelry made from recycled objects at her “Mermaid’s Treasure Chest.”



Will and Anouska Willson brought in a selection of books, DVDs and CDs for the flea market.

PHOTOS BY LOUISE KRAFT/THE CONNECTION

Craft and Flea Market at Kenmore

Tables topped with jewelry crafts, baked goods, clothing, household items and more filled the main hallway of Kenmore Middle School on Saturday, Nov. 15, for the annual Craft and Flea Market. More than 40 vendors including school clubs and the Girl Scouts displayed and sold merchandise at the fair.



Kenmore Dance & Cheer Team members Kimberly Argueta, Isabella Schneck, Sitally Orozco, Angelica Than, Arianna Banks, Mikeira Sbriggs and Paola Martinez.



Chloe Lanyi-Lari makes a pencil portrait for a customer at the school fair.



Katherine McGwier shows a holiday garland at her table at the craft and flea market last Saturday afternoon.



Marcie Williams was selling holiday wine hoods.



Michaela Donovan made bottle cap magnets for the craft fair.

Thriving in Arlington

Local nonprofit fights to offset funding loss from Fannie Mae.

BY VERNON MILES
THE CONNECTION

The reactive approach to homelessness isn't working. For Thrive, an Arlington-based nonprofit that provides financial assistance to local citizens in need, the aim is to end homelessness by keeping it from happening in the first place. The goal is to provide emergency funds to help a family through a crisis that might otherwise ruin their lives.

In past years, one of Thrive's biggest contributors and partners was the Federal National Mortgage Association, or Fannie Mae. This year, however, Fannie Mae announced that it was eliminating its “Help the Homeless” program. Without this major supporter, Thrive has had to find new ways to bring the community together to keep the program alive. This year's focus is its “2014 Challenge Campaign.”

“We have some donors who are particularly generous and they put together \$100,000,” said

Geraldine Shannon, executive director of Thrive. “If we can raise \$100,000 [in donations], they will match.”

This has not been a problem in years past. This past year, individuals contributed \$386,000, over 30 percent of Thrive's income. However, much of this was from unexpected large scale donations that Thrive can't expect to rely on this year.

Thrive's biggest strength is being able to turn around same day payment to people in need. In an

“Rent here is high, so the highest proportion of assistance we do provide is rent.”

—Geraldine Shannon, Executive Director, Thrive

emergency situation, sometimes people can't afford to wait for payments to process and work through the red tape of other organizations.

“People get a shut off notice from Dominion Power or they get an eviction notice from their landlord, we can have that payment ready,” said Shannon. “The checks are always made out to the creditor, ready on the same day.”

Shannon says Thrive is very careful with their donations and have a system in place to avoid

SEE THRIVING, PAGE 5



Thrive volunteer Wilma LaMee (left) and Executive Director Geraldine Shannon (right) in the organization headquarters.

PHOTO BY VERNON MILES/THE CONNECTION

The Red Baron by LandDesign and Rust I Orling Architecture.



PHOTOS BY LOUISE KRAFT/THE CONNECTION

11th Annual Canstruction Arrives

Build-Out Night for the 11th annual Canstruction in Northern Virginia started at 5 p.m. on Friday, Nov. 14, at Reagan National Airport. Eight teams of local architects

built a “Canstructure” for the 2014 competition. Thousands of cans of food were used in the building process, all of which will be donated to the Arlington Food Assistance Center at the conclusion of the exhibit.

Before the whimsical works become meals, they will be evaluated and awarded in the categories of Jurors’ Favorite, Structural Ingenuity, Best Use of Labels, Best Meal and People’s Choice. Winning entries will go on to compete in the International Canstruction competition. Winners will be announced this Thursday evening and posted Friday on American Institute of Architects/Northern Virginia Chapter website www.aianova.org. The exhibits are located at the Reagan National Airport on the level 1 of Terminals B+C by the baggage claim areas and will be on display through Nov. 22.

This year’s teams included: AECOM, HGA Architects and Engineers + Balfour Beatty Construction, Illustrate My Design, KGD Architecture, The Lukmire Partnership + Bohler Engineering + Branch Daffan, MTF Architecture, Rust I Orling Architecture + Land Design and Samaha Associates. Supporting sponsors for the 2014 Canstruction competition were Jacobs, Can Manufacture Institute, Aerotek, Safeway, RPG Digital Print Solutions and Chick-fil-A of Crystal City.



The StayPuft Marshmallow Man by HGA Architects and Engineers and Balfour Beatty Construction.



The Jukebox by AECOM.



Aquatic by Illustrate My Design.



Marcus Ayoub arranges donated bikes.

PHOTOS BY MICHAEL MCMORROW THE CONNECTION

Scout Project Rolls On

Eye-catching homemade signs caught more than a few eyes. They also caught a large number of donors living in the Nottingham area, thanks to Marcus Ayoub. Marcus organized nine other members of Troop 647, Boy Scouts of America, sponsored by the local Church of the Covenant, in a bicycle collection project to earn his Eagle Rank.

A trailer was filled with donated vehicles for the benefit of Phoenix Bikes. Marcus’ interest in that organization is reflected in the words of his signs throughout the neighborhood: Phoenix “teaches youth skills that include bike mechanics, leadership, teamwork and time

management.”

In addition to fellow Scouts and a few friends, Marcus expressed appreciation to Nottingham School Principal Mary Beth Pelosky. She permitted her Student Council to participate in advertising the collection effort, and referred Marcus to the nearby Williamsburg Middle School for the same purpose.

Final steps will be taken in the next few days. Bikes will be cleaned and tires will be filled with air. The trailer will be reloaded and its contents will be delivered to Phoenix at the other side of the county.

— MICHAEL MCMORROW



COURTESY OF BIKES FOR THE WORLD

On America Recycles Day, Taylor Jones, Bikes for the World operations manager (rear), with Luis Jimenez, executive director, of Fundación Integral Campesina (FINCA Costa Rica), loads donated bicycles headed to Costa Rica for reuse.

100,000th Bike Donated

In honor of America Recycles Day, a national initiative of nonprofit Keep America Beautiful, Arlington-based nonprofit Bikes for the World donated its 100,000th bike for reuse on Saturday, Nov. 15, at a ceremonial loading of the bike into a shipping container headed to a community in

Costa Rica.

The shipment of the donated bike will reach Bikes of the World partner FINCA Costa Rica on Dec. 10. The rural micro-business program will distribute more than 500 bikes in this shipment to five community-based organizations that recondition and sell them locally.

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Thriving in Arlington

FROM PAGE 3

scams and people becoming reliant on the organization.

“We do not take self-referrals,” said Shannon, “we feel that is a good way to make sure we are meeting true need.”

Thrive relies on the assessments of Arlington County social workers to determine “true need” — where someone is in a financial crisis and requires emergency assistance. Any request for assistance must come from a local social worker or case worker.

OF THRIVE’S million dollar budget, \$822,000 went directly into donations. While Shannon and her staff are paid, by relying on the county for the casework they have been able to limit their size to four employees, two of whom are part time. This allows 88 percent of their funding to go directly into emergency financial aid; 63 percent of Thrive’s donations, \$520,000, goes into rental assistance.

“Rent here is high, so the highest proportion of assistance we do provide is rent,” said Shannon. “Research has found that it is less expensive to help an individual or family stay in their home than to wait until they are homeless and deal with the problems then.”

For Kurt Larrick, the communications manager for Arlington County’s Department of Human Resources, this was the biggest benefit from Thrive.

“[Thrive] is a critical part of our community safety

net,” said Larrick. “The best way to prevent homelessness in our community is to prevent it from happening. They provide emergency funding that prevents individuals and families from dropping into homeless. It is so much more effective to help people if we get to them at that point.”

Shannon emphasized that for many of their programs, they will only pay a recurring bill twice a year.

“A big way to prevent homelessness is to help people stay in the homes they have, but that doesn’t mean we’re paying their rent month after month,” said Shannon. “It’s emergency assistance. We will only help a household twice a year with rent.”

The organization has had to deny applicants on similar grounds before. Shannon told the story of young man who got a new apartment and three months into his lease realized that he couldn’t continue paying rent. The social worker assisting Thrive told him that he needed to get a roommate, a better paying job, or a less expensive apartment.

“Helping him once wasn’t going to really help him because next month he’d have the same problem,” said Shannon.

The organization has been around for 39 years. Wilma LaMee has been volunteering at Thrive for many of those and says that while the technology has advanced, many of the details of their work have remained the same. She enjoys her work there, saying she wouldn’t have kept doing it if she didn’t.

“It makes me feel like I’m giving back a little in retirement,” said LaMee.



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Why Shop Small? Shop Large Locally

Small business Saturday isn't enough; don't wait until then, and don't stop after that.

There is a joy to shopping in local stores at the holidays, to participating in community traditions and celebrations, to walking along a sidewalk with the streets decked out for the holidays, to being greeted by someone likely to be the owner of the store, to finding gifts that are not mass-produced.

One way to be sure holiday shopping comes with some holiday spirit is to do a portion of your shopping in some of the area's locally owned stores. There is special holiday ambiance available by shopping in the heart of a community that is decked out for the season. Small retail shops are part of defining any community. Their livelihood depends on the livability and quality of the neighborhoods around them. A small business owner pays attention to every detail in his or her busi-

ness in a way that is otherwise unmatched.

We all benefit when local stores thrive, when local business districts beckon. An effort to support locally owned businesses has resulted in the recognition of Small Business Saturday, the Saturday after Thanksgiving, also called Shop Small. This year that day is Nov. 29.

Locally owned retail shops, services, restaurants depend on vibrant local communities to thrive, and communities depend on those businesses as well.

Most small, locally owned businesses invest in community, helping to transform our towns and communities with a sense of place.

Frequently, it is the small retail person who is active in fundraising for local charities, advocating for improvements, for fire and rescue service, for local schools and in organizing holiday events.

Local retail stores, mom-and-pop stores, face tough challenges right now. Competition from big box stores and online sellers makes the holiday shopping season all the more important to locally owned retailers. But local families will literally spend millions of dollars to shop and exchange gifts during the next month, spending tens of millions of dollars in a variety of places.

Everyone will do some of their shopping at the mall. Everyone will do some shopping online. Many will answer the call of the big box. But local shoppers should be sure to save some shopping time and dollars for local stores. Spend some time shopping in your own community, and also plan an excursion to a nearby town to check out the local businesses and holiday spirit there.

The Connection is participating in Shop Small 2014, email sales@connectionnewspapers.com to find out more.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

EDITORIAL

LETTER TO THE EDITOR

Helping Those In Need

To the Editor:

I recently read an opinion article on helping those in need during the week of Thanksgiving.

I'm glad the newspaper is bringing awareness to these families, specifically in our area of northern Virginia. I think it's easy to forget that there are people in our county and surrounding area that cannot afford to feed their families.

Although it might not seem as though there are many struggling people in Arlington, I think if more people volunteered with these or-

ganizations, we would see that there are more people who need help than we believe.

According to the article, there are more than 236,000 people in the area who don't have access to enough food for their entire household. This is an outstanding number. Especially during the holidays, we should be aware that there are people who cannot feed their families. It is easy to ignore this issue in a place where you might not see struggling people every day.

Thank you for publishing this article and I hope it encourages people to become involved.

Tori Haling
Arlington

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Dec. 1-6.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown, 2121 N. Culpeper St.; Culpeper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Monday, Dec. 1, Freer and Sackler Galleries, D.C., \$7; Tuesday, Dec. 2, Potomac Mills and Wegman's, Woodbridge, \$8; Thursday, Dec. 4, annual Gingerbread House Contest and Show, Riverdale, Md., \$9; Friday, Dec. 5, National Theatre, "Donny & Marie Christmas Show, \$103; Saturday, Dec. 6, holiday parade, festival, Middleburg, Va., \$7. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Open rehearsal of Tom Cunningham Orchestra, Monday, Dec. 1, 8 p.m., Walter Reed. Free. Details, 703-228-0955.

Pickleball games and instruction, Mondays, 10 a.m., Walter Reed. Free. Register, 703-228-0955.

Tennis, Monday through Friday, 8 a.m. - 12 p.m., Bluemont Courts. Details, 703-228-4745.

Seated exercise, Monday-Wednesday-Friday, 9 a.m., Madison. \$60/15 sessions; \$4 drop-in. Details, 703-228-4878.

Madison Chess Club, Mondays, 9:30 a.m., Madison Community Center. Free. Details, 703-228-0555.

Ice skating, Mondays, 8:10 a.m. - 9:20 a.m., Kettler Capitals Iceplex, Ballston Mall, \$1. Register, 703-228-4745.

Seniors-only weight room hours, Langston-Brown, \$60/15 sessions. Details, 703-228-6300.

Foreign language conversation groups, free. Details, 703-228-4721.

Pearl Harbor remembered, three-part DVD program begins, Tuesday, Dec. 2, 11 a.m., Arlington Mill. Free. Register, 703-228-7368.



At the Game Wakefield High School 11/14/17 7:20 p.m.: Football fans enjoy hot refreshments at the Wakefield vs Potomac Falls playoff game on Friday evening, Nov. 15. The food was donated and served up for free to the fans by Wakefield community supporters, the Crystal City Sports Pub partners Billy Bayne and John Finlay. Finlay said, "It's great to see the south side on the rise!"



After setting up the hot food buffet for last Friday night's game at Wakefield, Crystal City Sports Pub partners John Finlay and Billy Bayne pose for a photo with their families: John, Hailey and Tucker Finlay and Billy, Angie, Olivia and Allie Bayne.

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HEALTH

November Raises Awareness and Celebrates Caregivers

Resources available for people living with Alzheimer's and their caregivers.

BY MARILYN CAMPBELL
THE CONNECTION

Mary Driver-Downs has been one of the primary caregivers for her mother-in-law, who suffers from Alzheimer's disease, for the past six years. It has been a difficult journey, but one she says is well worth it.

In fact, she has become a spokesperson and a role model for other caretakers of those who suffer from the disease. Caregivers often overlook self-care, she says.

"Taking care of myself is the most difficult part of care giving," said Driver-Downs, an Alzheimer Ambassador. "I have learned lots of little things that seem to help. I am more aware that I need to get adequate sleep so I make it a point to sleep when I should. Sometimes that means I turn in earlier than most people. Being rested helps me cope with the stress of daily care."

November is National Alzheimer's Disease Awareness and National Family Caregivers Month. The Alzheimer's Association, an organization founded by caregivers, celebrates the efforts of caregivers, and raises awareness about both the disease and innovative resources that have been designed specifically with families in mind.

One of the issues that many families of those suffering from Alzheimer's disease face is denial.

"Unfortunately, this is a very common problem," said Maureen Charlton, helpline program coordinator at the Alzheimer's Association's National Capital Area Chapter in Fairfax.

"The person who is showing symptoms is often seemingly in denial about their condition. Part of it may be some true denial as they see changes in themselves and are scared to think of what it might be, and the other part is people sometimes lose the ability to have insight into their deficits.

"It can be helpful to encourage the person to go to the doctor for another reason [such as a] Medicare annual wellness visit or a checkup for another medical issue. If at all possible, provide the physician some information in advance of this visit."

The Institute for Innovations in



PHOTO COURTESY OF ALZHEIMER'S ASSOCIATION

November is National Alzheimer's Disease Awareness and National Family Caregivers Month. The month is designed to celebrate the efforts of caregivers, and raise awareness about both the disease and resources that have been designed specifically with families in mind.

Caregiving, a statewide effort to help ease the burdens of those who care for ailing seniors, especially those with Alzheimer's named two George Mason University faculty members, Catherine Tompkins and Frank J. Whittington, to the institute's advisory council.

The institute aims to preserve

caregivers' access to the latest technologies and community resources.

"Caregiving, whether by a spouse, a child, a parent, a sibling or a friend, is one of the hardest and most rewarding jobs any of us can ever undertake," Whittington said. "Most caregivers accept and

"Caregiving, whether by a spouse, a child, a parent, a sibling or a friend, is one of the hardest and most rewarding jobs any of us can ever undertake."

— Frank J. Whittington, George Mason University

and improve the physical and emotional wellness of family caregivers by helping them manage emotional stressors and tough decisions. It also will try to improve

embrace the role without hesitation, but in time, the responsibility can become physically and emotionally overwhelming. The [Institute for Innovations in Caregiving] is an exciting, innovative venture to support, educate and celebrate caregivers in Virginia, and I believe it can become a model for other states to follow."

There are 130,000 people living with Alzheimer's and 447,000 unpaid caregivers in Virginia, according to the Alzheimer's Association. For more information on Alzheimer's disease or available resources, visit alz.org or call 1-800-272-3900.

Resources

Alzheimer's Association Helpline (1-800-272-3900): This toll-free 24/7 helpline is staffed by masters-level counselors and provides information and guidance in more than 170 languages and dialects.

The Alzheimer's and Dementia Caregiver Center (alz.org/care): This site provides more than 70 pages of information and easy access to resources, such as:

❖ Community Resource Finder: Find local resources.

❖ Care Team Calendar: Coordinate caregiving responsibilities among family and friends.

❖ Safety Center: Access information and resources for safety inside and outside of the home, wandering and getting lost, and dementia and driving.

ALZConnected, powered by the Alzheimer's Association (alzconnected.org): The first social networking community designed for people living with Alzheimer's and their caregivers.

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HOLIDAY ENTERTAINMENT

A New Audience for a Beloved Tale

Bringing opera to children is community service project for Opera NOVA.

BY AMBER HEALY
THE CONNECTION

When Mozart wrote “The Magic Flute” in the late 1700s, it’s hard to imagine he envisioned an audience entirely filled with elementary school children.

But that’s just what’s happening this week as more than 2,200 students from schools in Arlington, Alexandria and Washington, D.C., are given the opportunity to see a free, hour-long production of the beloved opera, thanks to Opera NOVA.

For more than 40 years, Miriam Miller, Opera NOVA’s president, has worked with a coalition of musicians and artists to present condensed opera for children at no cost to their families.

“Equal access to arts education and arts opportunities dominates all activities of Opera NOVA,” said Miller, whose work in the arts in Arlington County began with the creation of an artists’ guild in the 1970s. “Opera NOVA gives support and inclusion to several minority organizations and individual performers with deliberate intent to implement an Arlington value to assure all of its residents and guests are welcome in equal access to its arts.”

Arlington was recently designated by the Coalition for Smarter Growth as “a world-class residential, business and tourist location,” something which “few political jurisdictions in the U.S. can boast,” Miller said.

But Miller can’t take all the credit for the successful initiative, which in recent years



PHOTO BY PAUL SCHONBURG

Members of Opera NOVA perform at a luncheon, at the Washington Golf and Country Club, held to honor Patricia Miller, a professor at George Mason University. From left: Devandas James, Angela Knight, Crystal Golden, Elise Jenkins, Anjanette Trebing and Sissel Bakken, singers from Opera NOVA who are current or former students of Miller’s, appeared with “Magic Flute” conductor, Jose Sacin.

put on back-to-back productions of the bilingual opera “Monkey See, Monkey Do.” The idea of introducing young children to opera came from Catherine Filene Shouse, founder of Wolf Trap. She believed providing children with the opportunity to experience the arts from a young age not only gave them a chance to learn in an entertaining way, but could level the playing field for those children who might not otherwise see a live theatrical performance, Miller said.

“We are a community opera company,” she added. “We are a people’s opera company. We strive to be as inclusive, diverse and equal as possible.”

To make sure the children are prepared for the opera performance, Opera NOVA also distributes study guides to teachers who are bringing their students, Miller said. She believes some will use them in lessons leading up to the opera or for discussions after the performance.

In addition to Miller’s more than 30 years of work and dedication to the arts, her conductor and director each have been involved with the annual children’s production for several years. They all agree seeing their young audience’s reaction to classical songs and stories is what brings them back.

A singer and musician himself, conductor Jose Sacin said the small orchestral group of eight musicians enjoys the challenge of a condensed opera.

Either before or after each performance, the musicians will introduce their instruments and play a few notes so the children know which sounds are coming from which instrument, he said. That would be more difficult if the orchestra contained the 30 or more musicians used in standard performances.

“To try to keep the kids engaged, it’s better with more fun, lively music,” he said. The opera’s overture has been moved to the end of the production in order to “get right into the action,” he added.

Sacin, who also serves as Opera NOVA’s artistic director, said his goal, and the reason he remains involved in the children’s performances, is to create a new genera-

Where & When

A community performance of “The Magic Flute,” produced by Opera NoVa, is scheduled for Saturday, Nov. 22, 2 p.m. at Thomas Jefferson Middle School’s auditorium, 125 South Old Glebe Road, Arlington. Tickets are \$4 for students under 18 years and younger; \$6 for those 19 and older. For more information, call 703-536-7557.

tion of opera lovers.

“If they come to the opera now, they’re more likely to want to come back,” he said.

Roger Riggle, the opera’s director, said he’s incorporating lots of lighting effects and colorful fabrics used in imaginative ways to keep the children engaged and involved in the story as it unfolds.

This is the second opera he’s directed for Opera NOVA, as “Monkey See, Monkey Do” was performed for several years in a row, he recalled fondly.

“‘Monkey See’ is one of the cutest operas. It’s very popular on the West Coast but not done much here,” Riggle said. The difference with “The Magic Flute” is it’s a “fully-fledged Mozart opera,” whereas the other was created specifically for children.

To make the opera fit into an hour, much of the story’s action is condensed, which means leaving out several characters. However, Riggle promised that the most memorable characters will be there. In fact, as the children’s performances are taking place during the school day, Riggle has worked with two sets of cast members, with understudies standing behind the lead actors to learn their blocking at the same time.

He shares Sacin’s hope that bringing children to the opera at a young age will inspire future patrons, but admitted that some of the students in the weekly dance classes he teaches aren’t as familiar with theater as he’d like.

He and Miller know the importance of fostering a love of the arts early on and hope the operas will reach some of the students.

“Children ought to have access to something related to the expression of the spiritual side of humanity,” Miller said. “I really buy into what [Filene Shouse] believed, her ideal was you have to give every child equal access to America’s cultural history.”

CALENDAR

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Art Exhibit. Through Sunday, Nov. 30 at Terrace Gallery. Artist talk is Saturday, Sept. 20, 2 p.m. at Terrace Gallery. Artsphere, Terrace Gallery, 1101 Wilson Blvd., Suite 932. Think With Your Hands: Illustrated Journals Come to Life Through Augmented Reality. Free Admission. Visit www.artsphere.com for more.
“Sex with Strangers.” At Signature Theatre, 4200 Campbell Ave., Shirlington. The play by Laura Eason

runs through Sunday, Dec. 7. Tickets go on sale July 1 and performances are Tuesday-Sunday evenings with matinees on Saturdays and Sundays. \$40 and up. Visit www.signature-theatre.org for more.

Fall SOLOS. Through Saturday, Dec. 20, artists from across the Mid-Atlantic region are selected for solo exhibitions to take place in one of AAC’s seven separate gallery spaces, or outside on the grounds. Visit www.arlingtonartscenter.org/solos/ apply for more.

Art Exhibit. Runs through Jan. 5. at Cherrydale Branch Library, 2190 Military Road. “We Are Arlington,” an exhibit of vintage photographs and memorabilia. Monday-Thursday, 10 a.m.-9 p.m. Tuesday - Wednesday, 1-9 p.m. Friday - Saturday, 10 a.m.-5p.m. Call 703-228-6330 for more.

Family and Teen Skate Nights.

Through March 28 at The Thomas Jefferson Community Center, 300 N. Park Drive. The evenings start with Family Skating from 6:30-9 p.m. and close with Teen Nights from 9-10:45 p.m., for middle and high school students. \$2 per person/\$3 skate rental. Visit parks.arlingtonva.us/kids-events/roller-skating-nights-skate-parties-thomas-jefferson.

LGBT & Straight Friends Social.

Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey’s “Bar A” Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. IOTA Club & Cafe has designated every Tuesday LGBT & Straight Friends Social Night for those 21 years and older. Free. Visit www.iotaclubandcafe.com/ for more information.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson

Blvd. Doors open at 7 p.m. 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/Arlington for more.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit registration.arlingtonva.us. Free, no registration required.

Comedy. Every Saturday at 3 p.m. at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit www.comedyindc.com or 703-294-LAFF.

Comedy. Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz (“clean”) and at 10 p.m. on Friday and Saturday is the Blue Show (“adult”), both at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit www.comedyindc.com or 703-294-LAFF.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m.

SEE ENTERTAINMENT. PAGE 10

Members and friends of the Arlington Artists Alliance take turns at the reception area of the Artful Weekend show and sale on Saturday afternoon. Included are Debbie Taylor, Parry Crowe, Rebecca Salzinger, Sandra Goiol, Lieve De Wulf and Ginnie Luster.



Annual Pre-Holiday 'Artful Weekend'

The 11th Annual "Artful Weekend" returns to the historic 1902 Hendry House at Ft. C.F. Smith Park, 2411 24th St N, Arlington. A popular pre-holiday event, the weekend art show and sale features the work of nearly 40 Arlington-based artists, and includes paintings of many genres, ceramics, sculpture, artists cards, unframed works and more for holiday shopping. The opening reception will be held on Friday, Nov. 21, 6-8 p.m.; meet the artists and enjoy light refreshments. The show will also be open Saturday, Nov. 22, 10 a.m.-5 p.m. and Sunday, Nov. 23, noon-4 p.m. Free and open to the public. Visit www.arlingtonartistsalliance.org.

HOLIDAY HIGHLIGHTS

THURSDAY/NOV. 20

Holiday Open House. 11 a.m.-8 p.m. at 2808 John Marshall Drive. This event will feature more than 15 small businesses with each company pledging a portion of their sales to Borromeo Housing. Visit www.borromeohousing.org for more.

5th Annual Holiday Floral Design

Event. 6:30- 9:00 p.m. at Cooperative Association Building, 4301 Wilson Blvd. Enjoy demonstrations from Company Flowers, door prizes and light refreshments. Tickets are \$25. Contact Renee Bayes at 703-241-2651 or Rsbayes@aol.com for more.

SATURDAY/NOV. 22

Childrens Concert. 10:30 a.m. at Rock Spring Congregational United Church of Christ, 5010 Little Falls Road. This will be a 45-minute concert for children of all ages. Free. Visit ibischambermusic.org for more.

SUNDAY/NOV. 23

Annual Artist Expo. 11:30 a.m.- 4 p.m. at Congregation Etz Hayim, 2920 Arlington Blvd. More than 30 local artist will be selling a wide range of crafts. Visit www.etzhayim.net/Artist_Expo.html.
Childrens Concert. 4 p.m. at Rock Spring Congregational United Church of Christ, 5010 Little Falls Road. This will be a 45-minute concert for children of all ages. Free. Visit ibischambermusic.org for more.

THURSDAY/NOV. 27

Annual Arlington Turkey Trot. 8 a.m. Over 4000 registrants are expected to run, trot and walk through the Lyon Park and Ashton Heights neighborhoods in this tradition of having fun and raising funds for Doorways for Women and Families, Arlington-Alexandria Coalition for the Homeless and Arlington Food Assistance Center. Visit www.arlingtonnaturkeytrot.org.

SATURDAY/NOV. 29

Small Business Saturday. At One More Page Books, 2200 North

Westmoreland St., Arlington One More Page will participate in Small Business Saturday, a nationwide campaign designated by the Shop Small movement to encourage holiday shoppers to shop locally during one of the busiest shopping weekends of the year. Call 703-300-9746 or visit www.onemorepagebooks.com.

THURSDAY-SUNDAY/DEC. 4-7

Annual Sweet Fruit Sale. The Arlington Lions will host their annual sale at the Wells Fargo Bank parking lot at the corner of Lee Highway and North Glebe Road. The Lions will be selling grapefruit, navel oranges and more. Call 703-598-8266 or visit www.arlingtonhostlions.org for more.

BalletNova's The Nutcracker. 7:30 p.m. at Thomas Jefferson Community Theater, 125 South Old Glebe Road. BalletNova Center for Dance will perform. Visit www.BalletNova.org.

FRIDAY/DEC. 5

Miracle on 23rd. 6-9 p.m. at Linden Resources, 750 23rd S. St. Kick off the holiday season with a festive tree lighting, a visit from Santa Claus and holiday themed musical performances. Call 703-521-4441 or visit www.Linden.org for more.

Wine Tasting. 6:30 p.m. at One More Page Books, 2200 North Westmoreland St. The store will host wine and chocolate tasting with selections that are perfect for the holiday season. Call 703-300-9746 or visit www.onemorepagebooks.com.

SUNDAY/DEC. 7

Alternative Gift Fair. 12:30-3 p.m. at Mount Olivet Methodist Church, 1500 N. Glebe Road. Fair trade and handcrafted items from artisans around the world will be available for purchase. Visit www.mtolivetumc.org for more.

Holiday Craft Workshop. 1 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Come make a wreath or centerpiece from local greens, pine cones and other natural materials. Visit www.nvrpa.org/park/potomac_overlook for more.

Winter Wonderland. 1-5 p.m. at Penrose Square, 2501 9th Road. Enjoy visits with Santa, carolers, ornament decorating stations, hot chocolate and cookies and finish with a tree-lighting ceremony in the breezeway next to Giant at 5 p.m. Free. Visit www.penrose-square.com.

Messiah Sing Along. 7:30 p.m. at St. Peter's Episcopal Church, 4250 North Glebe Road. This event will feature St. Peter's Adult Choir with orchestra and soloists. Congregation will be invited to join in singing the choruses from the Christmas portion of Handel's "Messiah." Admission is free. Visit www.stpetersmusic.org.

SUNDAY/DEC. 14

The Nutcracker Tea. 10:30 a.m. - 2 p.m. at Ritz-Carlton, Pentagon City, 1250 S Hayes St. Guests will receive a framed picture of themselves with the Sugar Plum Fairy, afternoon tea, coloring crafts and the chance to win a raffle prize. Tickets are \$68. Visit www.BalletNova.org for more.

Visit from Santa. 1-4 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Come visit Santa during his only visit to Potomac Overlook this year. Visit www.nvrpa.org/park/potomac_overlook for more.

Annual Holiday Concert. 4:30 p.m. Rosslyn Spectrum Theatre at Artisphere, 1611 N. Kent St. This show brings classical masterpieces and holiday classics together in one program for the whole family. Visit www.NationalChamberEnsemble.org or call 888-841-2787 for more.

MONDAY/DEC. 15

Holiday Cabaret. 8 p.m. at Signature Theatre, 4200 Campbell Ave. Enjoy Christmas tunes from Barbra Streisand, Joan Rivers, Liza Minnelli, Julie Andrews and Patti LuPone. Tickets are \$35. Visit www.signaturetheatre.org for more.

WEDNESDAY/DEC. 31

New Years Eve Show. 8 p.m. Ballston Common Mall, 4238 Wilson Blvd. Enjoy an evening of live performances. Tickets are \$15. Visit www.comedyindc.com for more.

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ENTERTAINMENT



Holiday Concert

The National Chamber Ensemble holiday concert brings classical masterpieces and holiday classics together in one program for the whole family on Sunday, Dec. 14, 4:30 p.m. The National Chamber Ensemble invites young, gifted musicians to join in the performance. An annual tradition, the concert concludes with a carols sing-along to get everyone in the holiday spirit. At the Rosslyn Spectrum Theatre at Artisphere, 1611 N. Kent St., Arlington. \$30 adult and \$15 student. Tickets by phone 888-841-2787 or visit www.NationalChamberEnsemble.org.

CALENDAR

FROM PAGE 8

Bring instruments, fans and friends. Featured musicians perform from 9:30-10 p.m. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Mondays and Fridays, 10:30-11:00 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday, 4-5 p.m. Glencarlyn Branch Library, 300 South Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548.

Family Nights. 7-9 p.m. on the first Friday of the month at Arlington Mill Community Center. E-mail DPR-YouthandFamily@arlingtonva.us. or call Emily Thrasher at 703-228-4773 for more.

CAMPS, CLASSES & WORKSHOPS

Class registration is now open at **Arlington Arts Center**, 3550 Wilson Blvd. This fall Arlington Arts Center is offering after school classes for children, weekend sessions for teens and evening classes for adults — not to mention special workshops like Day of the Dead, Art's Cool! Art School and Gift Mania. Visit www.arlingtonartscenter.org or call 703-248-6800.

❖ **Ages 4-6**
Saturday/Dec. 13: Gift Mania — weekend workshop

❖ **Ages 7-10**
Saturday/Dec. 13: Gift Mania — weekend workshop

❖ **Ages 11-14**
Saturday/Dec. 13: Gift Mania — weekend workshop

❖ **Ages 18 and Older**
Thursday/Dec. 4: Golden Acrylics Lecture & Demo (free, RSVP required)

WEDNESDAY/NOV. 19

Book Club Discussion. 7p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. The Nonfiction Book Club will meet and discuss "The Empathy Exams" by Leslie Jamison. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

THURSDAY/NOV. 20

Holiday Open House. 11 a.m.-8 p.m. at 2808

John Marshall Drive. This event will feature more than 15 small businesses with each company pledging a portion of their sales to Borromeo Housing. Visit www.borromeohousing.org for more.

5th Annual Holiday Floral Design Event. 6:30- 9:00 p.m. at Cooperative Association Building, 4301 Wilson Blvd. Enjoy demonstrations from Company Flowers, door prizes and light refreshments. Tickets are \$25. Contact Renee Bayes at 703-241-2651 or Rsbayes@aol.com for more.

FRIDAY-SUNDAY/NOV. 21-NOV. 23

Annual Artful Weekend. Fort. C. F. Smith Park, 2411 24th St. Enjoy a weekend art show and sale featuring work from nearly 40 Arlington based artists. Friday, 6-8 p.m., Saturday, 10 a.m.-5 p.m. and Sunday, noon-4 p.m. Visit www.arlingtonartistsalliance.org for more.

FRIDAY-SATURDAY/NOV. 21-22

Middle School Musical. 7:30 p.m. at H-B Middle School Woodlawn, 4100 N Vacation Lane. This show allowed all middle school students interested in theatre to get involved, both on stage and off. The cast comprises 65 students. Visit 2014-2015 Buying Tickets at HBW.pdf for more.

Art Show. 8 p.m. at Artisphere, 1101 Wilson Blvd. Peter Aguero will take the audience through a raw and sympathetic look at his relationship with his father over the years. Call 703-875-1100 or visit www.artisphere.com for more.

FRIDAY/NOV. 21

Author Talk. 4:30 p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. Best-selling author and illustrator LeUyen Pham will share from her latest books, "The Twelve Days of Christmas" and "Princess in Black" and will show customers how to make a Christmas ornament craft. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

Cosmos Double Feature. 6 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Come see how it all began in the introductory episode of COSMOS by Dr. Carl Sagan. Visit www.friendsoftheplanetarium.org for more.

SATURDAY/NOV. 22

Childrens Concert. 10:30 a.m. at Rock Spring Congregational United Church of Christ, 5010 Little Falls Road. This will be a 45-minute concert for children of all ages. Free. Visit ibischambermusic.org for more.

Episode Screening. 6 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Enjoy a

ENTERTAINMENT

screening of Cosmos episode Harmony of the Worlds followed by an evening debate between famed astronomers, Tycho Brahea and Johannes Kepler. Visit www.friendsoftheplanetarium.org for more.

Concert. 8-10 p.m. at Knox Presbyterian Church Fellowship Hall, 7416 Arlington Blvd., Falls Church. This concert will be in memory of Pete Seeger. Visit <http://spookhandy.bpt.me> for more.

SUNDAY/NOV. 23

Annual Artist Expo. 11:30 a.m. - 4 p.m. at Congregation Etz Hayim, 2920 Arlington Blvd. More than 30 local artist will be selling a wide range of crafts. Visit www.etzhayim.net/Artist_Expo.html for more.

Episode Screening. 1 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Enjoy a screening of Cosmos episode The Lives of the Stars followed by apple pie outside the planetarium. Visit www.friendsoftheplanetarium.org for more.

Episode Screening. 2 p.m. at David M. Brown Planetarium, 1426 N. Quincy St. Enjoy a screening of the digital program earth, moon and sun. Visit www.friendsoftheplanetarium.org for more.

Childrens Concert. 4 p.m. at Rock Spring Congregational United Church of Christ, 5010 Little Falls Road. This will be a 45-minute concert for children of all ages. Free. Visit ibischambermusic.org for more.

MONDAY/NOV. 24

Book Club Discussion. 7p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. The Holistic Health and Wellness Book Group will meet and discuss "In Defense of Food" by Michael Pollan. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

Public Talk. 7 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. White House photojournalist Dennis Brack will speak on "Presidential Picture Stories." Visit library.arlingtonva.us/ai1ec_event/author-event-white-house-photojournalist-dennis-brack-on-presidential-picture-stories-central for more.

TUESDAY/NOV. 25

Book Club Discussion. 7p.m. at One More Page Books, 2200 North Westmoreland St., Arlington. The Spirituality Book Club will meet. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

THURSDAY/NOV. 27

Annual Arlington Turkey Trot. 8 a.m. Over 4000 registrants are expected to run, trot and walk through the Lyon Park and Ashton Heights neighborhoods in this tradition of having fun and raising funds for Doorways for Women and Families, Arlington-Alexandria Coalition for the Homeless and Arlington Food Assistance Center. Visit www.arlingtonvaturkeytrot.org for more.

SATURDAY/NOV. 29

Small Business Saturday. At One More Page Books, 2200 North Westmoreland St., Arlington One More Page will participate in Small

Business Saturday, a nationwide campaign designated by the Shop Small movement to encourage holiday shoppers to shop locally during one of the busiest shopping weekends of the year. The store will also participate in Arlington Small Business Day, a local campaign to encourage the public to shop at local businesses. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

Wonder of the Woods. 2:30-4 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Explore the amazing life, complexity and wonders that the woods can offer. Visit www.nvrpa.org/park/potomac_overlook.

SUNDAY/NOV. 30

Animal Encounters. 12:30 - 1:30 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Come meet some of nature's most interesting wild animals. Participants will learn how they grow, live and have adapted to on their current form. Visit www.nvrpa.org/park/potomac_overlook for more.

MONDAY/DEC. 1

Author Event. 7 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. Author Stephen Grant will share from his book "Collecting Shakespeare: The Story of Henry and Emily Folger." Visit library.arlingtonva.us/ai1ec_event/author-event-collecting-shakespeare-the-story-of-henry-and-emily-folger-by-stephen-grant-central for more.

TUESDAY/DEC. 2

Book Club Meeting. 7 p.m. at One More Page Books, 2200 North Westmoreland St. The fiction book club will chat about "A Place at the Table" by Susan Rebecca White. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

WEDNESDAY/DEC. 3

Author Talk. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Journalist Sarah Wildman will share from her biography "Paper Love: Searching for the Girl My Grandfather Left Behind," an exploration into family identity, myth and memory. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

WEDNESDAY/DEC. 3-SUNDAY/JAN. 4

Gothic Adaption of Beauty and the Beast. Through Jan. 4, 2015; Wednesday-Saturday 8 p.m., Sunday 2 p.m., excluding Christmas Eve, Christmas Day, New Year's Eve and New Year's Day. Synetic Theater, 1800 South Bell Street, Arlington. Based on the classic fairytale. Tickets: \$35 and up. Student tickets start at \$20. Senior citizens and military receive \$5 off. Group discounts are available. Visit www.synetictheater.org for more.

THURSDAY/DEC. 4

Young Adult Author Panel. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Participating authors include: Joy Hensley, Sara Raasch, Kristen Lippert-Martin and Brigid Kemmerer. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

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—Bernard M. Baruch

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Wakefield Football Earns First Playoff Win

Warriors defeat Potomac Falls, will face Tuscarora.

BY JON ROETMAN
THE CONNECTION

A pair of Wakefield miscues turned an early Warrior lead into a half-time deficit on a chilly Friday night in South Arlington. The Wakefield football team, hosting a playoff game for the first time in program history, jumped out to a 10-0 lead against Potomac Falls. But a strong start by the Warriors gave way to the kind of mistakes to which Wakefield fans are accustomed.

A roughing-the-passer penalty on fourth down kept alive a Potomac Falls drive, leading to a touchdown. Moments later, the Warriors lost a fumble and the Panthers capitalized on the next play, scoring a touchdown that gave Potomac Falls a 12-10 half-time advantage.

Is this how Wakefield would end its first winning season since 1983? By losing a winnable game with the kind of mistakes that have plagued the program for decades?

"[With] all the mental mistakes, we were putting ourselves down," Wakefield defensive lineman Anthony Tham said. "We had to pick ourselves up."

That's when Kareem Hall made a play.

The Wakefield running back converted on fourth down with a Herculean 31-yard run in the third quarter, setting up the go-ahead touchdown. The Warriors held on for the remainder of the contest, finishing off Potomac Falls 25-18 in the opening round of the 5A North region playoffs.

It was the first playoff victory in Wakefield football history.



PHOTO BY LOUISE KRAFFT/THE CONNECTION

"It's amazing," Hall said. "... I knew we were going to do something special."

The play was called "34 pull it." Wakefield faced fourth-and-inches at the Potomac Falls 35-yard line when Hall, lined up at fullback, took the handoff from quarterback Riley Wilson and got stuffed in the backfield by the Panther defense. But instead of going down and giving Potomac Falls a massive momentum boost, Hall reached to the ground with his left hand, regained his balance, spun and took off down the field for a 31-yard gain, setting up Wakefield with first-and-goal at the 4-yard line.

"That's a playoff effort — refusing to go down because one guy [hit him]," Wakefield head coach Wayne Hogwood said. "We preach that to all our athletes. If you think you're a good football player, then one guy should never stop you and Kareem didn't let it happen."

On the next play, Hall punched it in the end zone with 6:56 remaining in the third quarter. Wilson connected with running back Leon Young for a two-point conversion, and the Warriors had an 18-12 lead they would not relinquish.

Senior quarterback Riley Wilson, left, helped the Wakefield football team earn the first playoff victory in program history on Nov. 14 against Potomac Falls.

"It definitely changed the momentum because everybody was hyped after that," Hall said. "Everybody knew we could win this game." Hall wasn't the only Warrior to step up in the spotlight. Tham, the Warriors' nose tackle, was a disruptive force in the Potomac Falls backfield and blocked a punt that Salar Raoufi scooped and returned 10 yards for a touchdown with 6:03 remaining in the fourth quarter, giving the Warriors a 25-12 advantage. It was Tham's sixth blocked kick of the season.

Wilson led the Wakefield offense, completing 6 of 14 passes for 116 yards, including 40-yard touchdown pass to senior Zain Khokar. Wilson, at 6 feet 4, 195 pounds, also rushed nine times for 87 yards.

Junior running back Leon Young carried 25 times for 117 yards. Hall had nine rushes for 53 yards.

"We knew if we didn't win this game, [our season is] going to be over," Hall said. "We had to play our hardest tonight."

Wakefield finished the regular season at 7-3, the program's best record since 1972. The Warriors earned the No. 8 seed in 5A North and a home game against No. 9

Potomac Falls. Rather than rest on what they had accomplished during their first 10 games, the Warriors found a way to advance to the region quarterfinals.

"I can't even put it in words," Hogwood said. "It's a great feeling. It's almost like something you see in a movie."

After eight seasons as an assistant coach at Yorktown, Hogwood took over as Wakefield head coach in 2013, guiding the Warriors to a 3-7 record. Hogwood, a 2000 Wakefield graduate who played quarterback for the Warriors, quickly turned Wakefield into a winner.

Wilson, in search of more playing time with a goal of playing in college, transferred from Yorktown to Wakefield in 2013, as well. The signal caller has been instrumental in changing the football culture at Wakefield.

"Coming into this school year, kids said your team won't win five games," Wilson said. "... Just proving them wrong feels great." Wakefield will travel to face undefeated top seed Tuscarora at 7 p.m. on Friday, Nov. 21 in the 5A North quarterfinals. Along with advancing in the postseason, Hogwood said Wakefield's win over Potomac Falls should help the Warrior football program continue to grow.

"People will stop seeing Wakefield as a basketball school completely, and maybe they'll want to play [football] here," Hogwood said. "I'm a teacher in Arlington; I still live in the area. There are a lot of kids that are like, I think I want to go to Washington-Lee or I think I want to go to Yorktown because they've done things the right way over there. [W-L head coach Josh] Shapiro has turned that program around, [Yorktown head coach] Bruce [Hanson] is always staying competitive and doing what he does, [but] now we've got a reason to make people think about hanging out here for a little bit."

W-L Boys' XC Makes First State Appearance in 33 Years

Generals finish eighth in 6A championship.

BY JON ROETMAN
THE CONNECTION

Making its first appearance in 33 years at the state meet, the Washington-Lee boys' cross country team finished eighth in the 6A standings on Nov. 15 at Great Meadow, capping a memorable season for the Generals.

W-L earned the sixth and final state berth during the 6A North region meet on Nov. 5 at Burke Lake Park, fulfilling a season-long

Correction

In the Nov. 12 edition of The Arlington Connection, it was incorrectly reported that the Washington-Lee cross country program had no runners qualify for the state meet. The W-L boys' team placed sixth at the 6A North region meet on Nov. 5 at Burke Lake Park, earning a state berth. Senior Donia Nichols, a member of the W-L girls' cross country team, competed as an individual at the state meet on Nov. 15 at Great Meadow.

goal.

"The boys ran hard at a meet where it's expected that you run your best," W-L head coach Matt Przydzial wrote in an email. "We had a very emotional meet at regionals — qualifying for states in the last spot, by only two points. It was tough for our guys to really run a breakout race [at states] when I think most of them ran their absolute best last week."

"... It was our first trip to states for the boys' team in 33 years. This had been our goal all season, but qualifying out of the 6A North region is very difficult. The best five boys' teams in the state are all from 6A North. Qualifying speaks to the resilience of our boys and it's the result of 7-10 guys fighting for spots every week since September."

Senior Patrick Odlum was W-L's top finisher at states, coming in 43rd with a time

of 16:42. Senior Christopher Mutty finished 48th with a time of 16:45, senior Bryan Meade was 50th (16:47), senior Isaac Mortimer-Lotke finished 56th (16:54) and senior Matthew Tatum came in 61st (16:56).

"Isaac Mortimer-Lotke has gone from 11th on our team at our preseason time trial to our No. 4," Przydzial wrote. "He's been progressing all season and I thought he put a cap on a great season at states."

Lake Braddock won the team title with a score of 41. West Springfield finished runner-up with a score of 92, followed by Chantilly (105), Oakton (124) and Robinson (146). W-L posted a score of 201.

Lake Braddock senior Alex Corbett won the individual title with a time of 15:08. Teammate Kevin Monogue finished runner-up (15:19).

In girls' action, W-L senior Donia Nichols finished 65th with a time of 20:17. Patriot sophomore Rachel McArthur finished first

with a time of 17:43, followed by Lake Braddock sophomore Kate Murphy (17:54).

Oakton repeated as team champion with a score of 44.

"Over the past few years, our teams and coaching staff have been working to change the culture of our team from one or two talented runners to a program (boys and girls) that can be successful each year," Przydzial wrote. "Obviously, we lose a lot of talent to graduation but we do bring back six of our top 10 girls and our boys will be young next season, but I really believe that our boys' team can be in the top half of the region two years from now."



PHOTO BY CRAIG STERBAUTZEL
Patrick Odlum

Education on Wheels

Mobile classroom brings tutoring to students.

BY MARILYN CAMPBELL
THE CONNECTION

When Chris Sexton noticed her 10-year-old son was having educational difficulties, she searched for ways to help him. She found a solution in what she calls a “magic school bus.” The bus driver, and teacher, was Anne Thomas of Alexandria.

“Ms. Anne’s ‘classroom’ is like the magic school bus,” said Sexton. “It looks like a sunny summer day from the outside and the inside is reminiscent of the most fun playhouse any child has ever seen.”

The educational service is known as Ms. Anne’s Class. Thomas’ “classroom on wheels” is actually an RV she drives to the homes of students who need academic assistance. Thomas provides 70-minute sessions either once or twice a week. Each session gives individualized academic support in areas where the student’s parents and teachers feel he or she needs extra help. This may include working on specific individual education plan goals and objectives or even other goals the parents feel are important.

Ms. Anne’s Class currently serves students in grades kindergarten through fifth in Alexandria, Arlington and Falls Church.

“Instruction during each session is geared towards the child’s specific needs,” said Thomas. “While all students’ sessions use a positive, engaging and multi-sensory approach to learning, each child’s session may look different from another’s because each session is designed around the child’s goals, learning

style and areas of strength.”

Thomas, who comes from a family of educators, wanted to help students using a creative, home-based mobile classroom. “Not only do I get to continue to have a classroom, the RV provides a unique, specialized learning environment that is both a fun and calm setting for learning,” she said.

“My son couldn’t wait to go inside and loved every minute,” said Sexton. “Ms. Anne’s approach is very gentle and firm and specific to the child. She assesses immediately what works. As a mom, I noticed the educational benefits from the very beginning. But the most memorable part was watching my son wave wistfully as Ms. Anne pulled away, knowing he couldn’t wait for next week’s visit.”



PHOTO COURTESY OF MS. ANNE’S CLASS
Anne Thomas drives a classroom on wheels.

Sara Sher, of Arlington, said her fourth grade daughter benefitted from Ms. Anne’s Class. Thomas, “targeted the areas where she needed improvement in math, instantly gained our daughter’s trust, developed creative and fun games and materials to practice and reinforce those particular skills, and by building her confidence, helped take the dread and anxiety out of learning.”

“Our daughter remarked that, ‘Ms. Anne does not just teach you, she really cares and makes learning fun,’” said Sher.

Thomas holds bachelors’ degrees in special/general education and psychology from Wagner College in Staten Island, NY. She taught special education for more than eight years in public and private schools. She worked as both a self-contained special education classroom teacher and a special education resource teacher at Taylor Elementary in Arlington. Additionally, she was a classroom teacher at The Diener School, a special education elementary school in Potomac, Md.

Thomas not only offers services for children after school, but also noon-3:00 p.m. for families who home school. Ms. Anne’s Class also hosts supervised homework clubs for second and third graders and fourth and fifth graders.

“These homework clubs provide a space for students to complete their homework after school, develop good study skills and receive instructional help, all while in a fun group environment with friends from school or the neighborhood,” said Thomas.

Open Houses

Monday, Nov. 24, Ms. Anne’s Class will be at the Duncan Branch Library, 2501 Commonwealth Ave., in the Del Ray neighborhood of Alexandria, from 3-4:30 p.m.

Tuesday, Nov. 25, Ms. Anne’s Class will be in North Arlington, at the Central Library, 1015 N. Quincy St., from 3-4:30 p.m.

Visit www.MsAnnesClass.com or call 703-622-1018.

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And The "Scancer" Is...



By KENNETH B. LOURIE

Unknown at this date – Saturday, November 15. In fact, it will be six days from now until we'll know the results. As it is always scheduled, a week or so after my quarterly CT Scan, we will have our usual follow-up, face-to-face appointment with my oncologist. At this meeting, I am examined, and of course, the radiologist's report of the most recent scan is discussed, and plans for the future – stay the course and/or adjust or switch altogether – are considered.

However, this week there's been a blip. My chemotherapy infusion was delayed one week at least, maybe longer, because my creatinine levels were too high. Creatinine levels reflect kidney function, and when my level exceeds normal, given the potential for kidney failure – ultimately, and all the associated, interim complications/effects – treatment is stopped until additional lab work is completed. Now, in and of itself, this presents concerns; in conjunction with a potentially disappointing CT Scan, results of which will be learned on the 21st (even though I remain asymptomatic and feel as normal as a stage IV, non-small cell lung cancer survivor could possibly feel nearing year six, post-diagnosis), this presents worries exponentially more distressing.

Still, I'm not there yet and won't react as if the diagnosis is confirmed until it is. For the moment, I am simply enduring the typical ups and downs of living with an originally-diagnosed-as-terminal/inoperable form of lung cancer (are there any others?). There are good days and bad days to be sure, and many daze before, during and after. To be alive and facing this as yet unconfirmed complication is par for the course. To expect any different would be unrealistic. Most stage IV, non-small cell lung cancer patients don't survive as long as I have. Ergo, I would never complain about a situation that few of my fellow lung cancer patients have lived long enough to even consider. Heck, I'm the lucky one, considering I was originally given a "13-month to two-year" prognosis back in late February, 2009. I'm grateful to be in my shoes (any shoes, actually; sneakers mostly, because the chemotherapy-induced neuropathy in my feet is uncomfortable, a small price to pay relative to my original diagnosis/prognosis).

Initially, when I thought of this title, I was planning on channeling Alex Trebek by incorporating as many Jeopardy (the game show) touches as I could into this column: the questions, the answers, the categories, the "Daily Double," "Double Jeopardy," ("where the scores double and the game can really change"), "Final Jeopardy" (although working in its theme song would have been a challenge) and maybe even Merv Griffin would get a mention, all in an attempt to be funny.

But there's nothing very funny about the situation in which I find myself. I remain positive and upbeat, and after almost six years of experience living this emotional roller coaster, this week of waiting, even with the additional blip, is manageable, believe it or not. It's just not fun, whether you're asking or answering.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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WEDNESDAY/NOV. 19
Day of Prayer. 7 a.m.-7 p.m. Central United Methodist Church, 4201 N. Fairfax Drive. All are welcome. Sanctuary will be open for personal prayer — for self, family, community and world. Call 703-527-8844 for more.

THURSDAY/NOV. 20
Networking Cocktail Reception. 6-8 p.m. at 1812 North Moore St. The Rosslyn BID is a sponsor of InTheCapital's second-annual 50 on Fire awards competition, honoring innovative companies and individuals. The event will feature cocktails, hors d'oeuvres and the chance to network with nominees, past winners and community leaders. Visit www.rosslynva.org/do/50-on-fire-meet-the-judges-meetup for more.
Informational Mixer. 7:30 p.m. at Leadership Arlington, 4420 N. Fairfax Drive. Leadership Arlington is seeking up-and-coming leaders in the D.C. Metropolitan area to apply online for the Leadership Arlington Young Professionals Program Spring Class of 2015. Visit www.leadershiparlington.org/programs/young-professionals for more.

FRIDAY/NOV. 21
Healthy Aging Lecture Series. 11 a.m.-noon at 601 S. Carlin Springs Road, Arlington. Nutrition: Living Healthy with Heart Disease with Mary Ann Petryszyn, RD. One of the nation's biggest killers is diseases related to lifestyle choices. What is eaten is much more impactful on long-term health than any medicine that is taken. Making appropriate nutrition choices as part of a daily routine is an important step in the right direction. Learn about maintaining a healthy diet with VHC's registered dietitian. Free. Call 703-558-6859 to RSVP.

SUNDAY/NOV. 23
Presenting of the Teachings of Reb Zalman Schachter-Shalomi z. 5 p.m. Board Room, Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Rabbi Leila Gal Berner will present "I: The First World of Kabbalah: The First Two Worlds: Assiyah (The Objective World of Physical Action and Yetzirah (the Subjective World of Vital Feelings)." Email admin@kolaminvrc.org for more.

SUNDAY/NOV. 30
Matching Challenge Campaign. Arlington Thrive has a goal to reach \$200,000. The donations will be used to offset the loss of funding from the annual Fannie Mae Help the Homeless Program, which ended last year. Every donation made will be matched dollar-for-dollar. Visit www.arlingtonthrive.org for more.

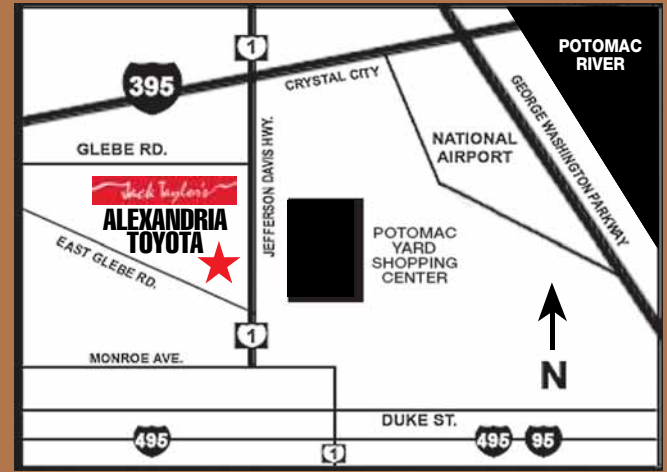


PHOTO BY MICHAEL MCMORROW

Snapshot
Sunday, Nov. 16: House for let. Headin' south.

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TOYOTA
Let's Go Places



<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">BUY 3 TIRES AND GET 4TH FOR</p> <p style="text-align: center;">\$1.00</p> <p style="text-align: center;"><small>GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY MULTI-POINT INSPECTION. PRICE MATCH GUARANTEE. SEE SERVICE ADVISOR FOR DETAILS.</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA, TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">FALL DETAIL SPECIAL</p> <p style="text-align: center;">\$119⁹⁵</p> <p style="text-align: center;"><small>Prepare your car's paint for the harsh winter road conditions. A full exterior buffing, paint sealant and wax, along with a vacuuming of the interior. Vans & SUVs add \$20.00.</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">4 WHEEL ALIGNMENT</p> <p style="text-align: center;">\$79⁹⁵</p> <p style="text-align: center;"><small>PREVENT UNEVEN WEAR</small></p> <p style="text-align: center;"><small>Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.</small></p> <p style="text-align: center;"><small>INCLUDES: inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA, TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>
<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">BRAKE SPECIAL</p> <p style="text-align: center;">\$99⁹⁵</p> <p style="text-align: center;"><small>PADS</small></p> <p style="text-align: center;"><small>Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.</small></p> <p style="text-align: center;"><small>MACHINE ROTORS AN ADDITIONAL \$199.95.</small></p> <p style="text-align: center;"><small>DOES NOT APPLY TO ALL VEHICLES. PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA, TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">30000 MILES FACTORY RECOMMENDED SERVICE</p> <p style="text-align: center;">\$159⁹⁹</p> <p style="text-align: center;"><small>Synthetic \$10 More</small></p> <p style="text-align: center;"><small>Includes: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA, TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">OIL & FILTER SERVICE SPECIAL</p> <p style="text-align: center;">\$5⁰⁰ OFF</p> <p style="text-align: center;"><small>Includes: Change oil, install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>
<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">DETAIL SPECIALS</p> <p style="text-align: center;">\$39⁹⁵</p> <p style="text-align: center;"><small>Wash & Vacuum</small></p> <p style="text-align: center;">\$139⁹⁵</p> <p style="text-align: center;"><small>Hand wash, wax & interior cleaning</small></p> <p style="text-align: center;">\$295⁹⁵</p> <p style="text-align: center;"><small>Full premium detail</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p style="text-align: center;">GENUINE TOYOTA</p> <p style="text-align: center;">15% OFF</p> <p style="text-align: center;">WIPER INSERTS & WIPER BLADES</p> <p style="text-align: center;"><small>SOME MODELS HIGHER</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER. TOYOTA VEHICLES ONLY. GOOD THRU 11/30/14. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY.</small></p>	<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">EXTEND THE LIFE OF YOUR VEHICLE!</p> <p style="text-align: center;">BG FLUID EXCHANGE SPECIAL</p> <p style="text-align: center;">TRANSMISSION FLUSH \$179⁹⁵</p> <p style="text-align: center;">POWER STEERING FLUSH \$129⁹⁵</p> <p style="text-align: center;">BRAKE FLUSH \$129⁹⁵</p> <p style="text-align: center;">FUEL INDUCTION FLUSH \$129⁹⁵</p> <p style="text-align: center;"><small>FOR TRANSMISSION FLUSH, TYPE T OR WS FLUID ADD \$50.00</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>
<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">VARIABLE DISCOUNT</p> <p style="text-align: center;">\$5.00 OFF with purchase of \$35.00 - \$49.99</p> <p style="text-align: center;">\$10.00 OFF with purchase of \$50.00 - \$99.99</p> <p style="text-align: center;">\$15.00 OFF with purchase of \$100.00 - \$199.99</p> <p style="text-align: center;">\$20.00 OFF with purchase of \$200.00 - \$499.99</p> <p style="text-align: center;">\$50.00 OFF with purchase of \$500.00 Or more</p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">TRUE START BATTERY SPECIAL</p> <p style="text-align: center;">\$139⁹⁵</p> <p style="text-align: center;"><small>INCLUDES BATTERY INSTALLATION</small></p> <p style="text-align: center;"><small>Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated, PLUS we'll check all battery cables & connections.</small></p> <p style="text-align: center;"><small>Does not apply to hybrid batteries.</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA, TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">WE WILL MEET OR BEAT ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS</p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>
<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">COMPLIMENTARY MULTI-POINT INSPECTION</p> <p style="text-align: center;"><small>Includes: Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.</small></p> <p style="text-align: center;"><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA, TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p style="text-align: center;">TOYOTA GENUINE SERVICE</p> <p style="text-align: center;">ALEXANDRIA TOYOTA/SCION</p> <p style="text-align: center;">3750 JEFFERSON DAVIS HWY. ALEXANDRIA, VA 22305</p> <p style="text-align: center;">1-866-616-8420 ALEXANDRIATOYOTA.COM</p> <p style="text-align: center;">JUST MINUTES FROM REAGAN NATIONAL AIRPORT!</p>	



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