



SPECIAL CONNECTIONS **CALENDAR**

Advertising Deadlines are the previous Thursday.

DECEMBER	Publishing			
Wellbeing	12/3/14			
HomeLifeStyle: Home for the Holidays.	12/10/14			
Hanukkah begins December 16.				
★ Holiday Entertainment & Gift Guide II12/16/14				
A+ Camps & Schools	12/16/14			
CHILDREN'S CONNECTION	12/24/14			

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 - Springfield Connection Vienna/Oakton Connection

News



Renovations Completed

The tot playground at Chestnut Hills Park is now open after a year's work on renovations. A visual pathway with dashed lines and other cues lead youngsters through the 4.2-acre, tree-shaded park at the corner of N. Harrison St. & 27th St. N. An accessible natural play area features sand, a pump, gates, and a trough for water play, small boulders, a fossil/animal dig area and sand table. Other play features include a wavy climbing feature, school bus, school house, slide, spinner and a music/sound column.

Santa Assists Small Business Day

early 150 small businesses in Arlington will participate in the third annual Arlington Small Business Day, Saturday, Nov. 29. This year's event will also be powered by the mobile shopping social network YOPP which was inspired by Arlington Small Business Day.

Small businesses participating in the event will post the sale, event or promotion they are holding for Arlington Small Business Day on YOPP so shoppers can find participating businesses on their mobile devices and take advantage of the promotions these businesses offer once a year. Shoppers that are looking for something specific this holiday season can also post what they are looking for on YOPP and other shoppers as well as small businesses on the app can help them find it.

Shoppers can download YOPP in the Apple App Store. YOPP will also be hosting Santa for Arlington Small Business Day on Nov. 29. Details of where Santa will be on Arlington Small Business Day will be released on the YOPP website www.yoppapp.com as well as www.facebook.com/shopyopp and www.twitter.com/yopp_app in mid-November. A special event called Shop Local with Hot Cocoa is also planned to showcase local home-based and online businesses.

The Clarendon Alliance will turn on the holiday lights in Clarendon Central Park and the Ballston BID will turn on the holiday lights on Wilson Boulevard outside the Ballston Common Mall in support of the small businesses participating in Arlington Small Business Day at dusk on Saturday, Nov. 29.

Public Notice

Notice is hereby given that Royal Heights Inc., 2451 Midtown Avenue, Unit 914, Alexandria, VA 22303, has applied for authority to operate as a Common Carrier of Passengers over Irregular Routes.

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Any person who wishes to support or oppose the application, but does not wish to be a party to the matter, may submit a written statement to DMV Motor Carrier Services Operating Authority Case Management, P. O. Box 27412, Richmond, VA 23269-0001. The statement must be signed and contain the applicant's name and DMV Case Number MC1400259EF.

Any person who wishes to protest the application and be a party to the matter must contact DMV Motor Carrier Services Operating Authority Compliance Management at (804) 367-6504 to receive information on filing a protest.

The deadline for submitting letters of support, opposition, or protest is Saturday, December 6, 2014 (must be postmarked on or before).

News

School Board Faces \$20 Million Budget Gap

County Board details gaps in funding for 2016 budget.

By Vernon Miles The Connection

ith no tax rate increases, the Arlington County Board is projecting a \$24 million gap between revenue and expenditures for fiscal year 2016. At a County Board meeting on Nov 18, County Manager Barbara Donnellan advised the board that the county's 2016 budget of \$1.145 billion in expenditures \$1.141 billion in revenue. The county-side of government is anticipating a gap of \$4 million, but the larger concern is the \$20 million gap in funding to the schools.

"With their estimates of what their expenses are and their other revenues, with their enrollment increase, we are looking at gap of \$20 million," said Richard Stevenson, budget director for the Office of Management and Finance. "This is the first year, recently, where we've had the disparity between the gaps for the public schools and the county."

The school's proposed budget is \$565.1 million compared to its current budget of \$539.4 million.

Linda Erdos, assistant superintendent for Arlington Public Schools, said the school can't afford to lose \$20 million worth of services.

"We either need to get more money from the county or we have to cut \$20 million worth of services," said Erdos. "It's an either/ or situation. With the new school, we also need a new principal, new office staff, a new library ... we have to staff the school, or it's just an empty building."

But the county says the process will more likely come down to a compromise between the schools finding areas to cut and, potentially, additional funding from the County Board.

"We still have to have a lot of conversations with the schools," said Stevenson. "Right now we're dealing with revenue and expense projections. We're going to be getting into a much more detailed level. Numbers will change. It's not www.ConnectionNewspapers.com

	FY 2015 Adopted	FY 2016 Forecast	% Change	\$ Change
Revenue				
Local Tax, Fee & Other Revenue	\$1,108.5	\$1,138.2	2.7%	\$29.7
Fund Balance Carryover	39.2	3.0	(-92.4%)	(36.3)
Total Revenue	\$1,147.7	\$1,141.2	(0.6%)	(\$6.5)
Expenditures				
Personnel	\$379.4	\$391.2	3.1%	\$11.8
Contractual/Materials/Misc. (1) & (2)	188.3	190.3	1.1%	2.0
Metro	29.9	31.1	4.0%	1.2
Debt Service	60.7	62.1	2.2%	1.4
PAYG (2)	23.0	8.1	(-64.6%)	(14.8)
AHIF (2)	13.0	4.8	(-63.3%)	(8.2)
Contingents/Regional/Other (2)	12.1	10.0	(-17.0%)	(2.1)
New Facilities/Operations	0.8	2.3	187.5%	1.5
Total County Operations	\$707.2	\$699.9	(1.4%)	(\$7.3)
Schools Transfer (ongoing)	\$432.2	\$445.3	3.0%	\$13.1
Schools Transfer (one-time)	8.4	-	(-100.0%)	(8.4)
Total Expenditures	\$1,147.7	\$1,145.2	(0.2%)	(\$2.5)
Revenue/Expense Difference	-	(\$4.0)	-	(\$4.0)

Budget Overview

	FY 2015 Adopted Budget (in millions)	FY 2016 Projected (in millions)	% Change FY 15 Adopted to FY 16 Projected	S Change FY 15 Adopted to FY 16 Projected (in millions)
LOCAL TAXES				
Real Estate Tax	\$640.7	\$668.6	4.4%	\$28.0
Tax Increment Financing Districts	(3.6)	(4.4)	22.4%	(0.8)
Personal Property	108.7	110.2	1.4%	1.5
Business Tax (BPOL)	59.5	59.5	-	-
Sales Tax	40.0	40.6	1.5%	0.6
Transient Occupancy Tax	21.8	21.8	-	-
Meals Tax	36.8	37.1	0.7%	0.3
Other Taxes	37.4	36.8	-1.7%	(0.6)
Sub-total taxes	\$941.3	\$970.2	3.1%	\$28.9
NON-TAX REVENUE				
License, Permits & Fees	\$10.5	\$10.6	1.3%	\$0.1
Fines, Interest, Misc.	15.5	15.6	1.1%	0.2
Charges for Services	54.2	54.7	1.0%	0.5
State	69.1	69.1	•	•
Federal	15.2	15.2	-	-
Transfers in	2.7	2.7	•	•
Sub-total non-taxes	\$167.2	\$168.0	0.5%	0.8
REVENUE (Excluding Fund Balance)	\$1,108.5	\$1,138.2	2.7%	\$29.7
Carryover Fund Balance	\$39.2	\$3.0		
TOTAL REVENUE	\$1,147.7	\$1,141.2		

our money or we have to cut everything'; it's going to be a mixture."

While Arlington is expecting positive revenue growth for 2016, it is outpaced by the expenditure growth. Real estate tax is projecting 3 percent growth, but all other taxes and fees are facing a growth of 1 percent or less. The County Board has combatted its own income gap by reducing its hiring and asking for budget reductions from its departments. But Moira Forbes, chair of the Arlington School Board Budget Advisory Commission, said they can't reduce their budget in the same way.

"We can partially offset this with reductions and efficiencies," said Forbes, "but we can't close the entire gap."

"We are having conversations with the community and in the next week or so we will be putting forward a priority list to the community," said Erdos. "If we raise cost/fines, it would only generate less than \$4 million. There are a lot of things we're looking at. We could stop certain services, but the community values that. There's a real push pull, there's not an easy answer."

The gap for the schools is largely driven by enrollment. In its 2014-2015 fiscal budget, Arlington Public Schools projected a growth of 897 students. The year before, the schools saw in increase by 703 students. With increased enrollment comes increased demand for new facilities. Arlington Public Schools are currently finishing development of one new elementary school and are in the design phase of a second. The construction of the schools was part of the school's Capital Improvement Plan, which is not part of the yearly school budget, but staffing those new facilities is part of the increase for the school's yearly operating bud-

Discovery Elementary School was built in northern Arlington, which was cited by the School Board as the area with the greatest overpopulation. The school is expected to open in fall of 2015. The county has been in the process of re-drawing the school boundaries to alleviate overcrowding in seven elementary schools. In 2014, some of the original school boundaries laid out of the new school were adjusted to reflect shifts in enrollment.

"This year, in September, as they were running projections, they SEE BUDGET, PAGE 15

⁽²⁾ Reduction due to one-time funding in FY 2015 that is not included in FY 2016.

News



Naja Webb as the Dew Drop Fairy.





Marin Bultena as the Lead Chinese Tea dancer.

The Nutcracker' Returns

Once again the stage was a flutter with fairies and clowns, mice and dolls, soldiers and snowflakes, flowers and Clara as the students at Kenmore Middle School prepared for performances of "The Nutcracker." The ballet was performed Nov. 20-21 by the Kenmore Middle School dance, theatre and orchestra students.



Naja Webb as the Dew Drop Fairy with her flower corps.



Emmarose Price as the Lead Dancing Clown with her clown corps of Joyce Lin and Allison Southfield.



Samantha Rios as Coffee.



Isabella Schneck as Sugar Plum Fairy, Naja Webb as Dew Drop Fairy, Marin Bultena as Lead Chinese Tea.



Emmarose Price as the Lead Dancing Clown.

VIEWPOINTS

What are you thankful for?

PHOTOS BY EDEN THOMAS



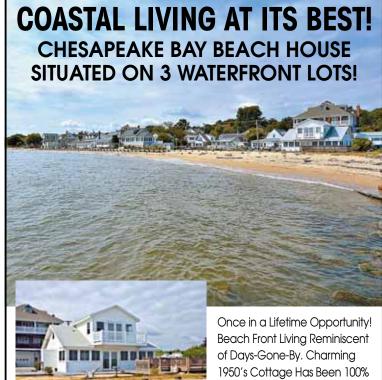
Jennifer Wilkin Penick of Arlington: "I am thankful that I don't only have just one thing to be thankful for

this year. I still wake up every day thankful to have found love at my age, and I am thankful to be having my family join me for Thanksgiving this year.



Sheila Taylor of Arlington is thankful for the Yorktown Aquatics Center. She has been swimming at Yorktown for over 20 years,

and the group of women who she has met there are an important part of her life. Chatting in the locker room after the swim, and keeping tabs on each other makes the Yorktown pool unique: many women swim there because of the warm atmosphere and camaraderie. It is a great "village square" to trade news and the names of good doctors and restaurants.



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OPINION

Holidays Are About Giving

Give thanks and share; tens of thousands of families around us are in need.

he holidays are about giving, and giving thanks. The holifamily. The holidays are about sharing, about joy. The holidays are about being thankful and about faith and appreciation. The holidays are about alleviating suffering for others.

Surrounded by the bounty in so many neighborhoods in Northern Virginia, many of us see little signs of the massive unmet needs here. But in Fairfax County Public Schools, more than 52,000 of the students are poor enough to receive free or subsidized meals, a significant measure of poverty.

In Arlington more than 32 percent of the students are poor enough to receive free or subsidized meals; that's 7,452 students at last count.

In Alexandria, 8,582 students are poor enough to receive free or subsidized meals. That's 60 percent of the 14,222 students

These are children who are living in famidays are about children and lies who may be on the brink of homelessness, families who must choose between medical bills, car repair, heat and food. These are children who may not be sure that they will have a meal between the meals they get in school. School holi-

EDITORIAL

days can bring uncertainty and hunger, a far cry from the celebrations, gifts and plenty that we associate with Thanksgiving

and Christmas.

Hundreds of homeless students attend the public schools, and their needs are

There are literally hundreds, probably thousands, of ways to give locally this season. Here are a few ideas. We will rerun this list again during the holiday, so let us know what we have missed.

— Mary Kimm

MKIMM@CONNECTIONNEWSPAPERS.COM

Where to Give Locally in Arlington

- In no particular order: Arlingtonians Meeting Emergency Needs (AMEN) provides one-time, same-day emergency financial assistance to Arlington residents facing a financial crisis, and also has programs to help prevent homelessness. 703-558-0035
- www.emergencyneeds.org

 Doorways for Women and Families provides services to help women out of domestic violence and homelessness toward safe and stable lives, Arlington www.doorwaysva.org703-504-
- The Arlington Food Assistance Center provides supplemental food assistance to Arlington County residents, on average serving 3,500 adults and 1,500 children a week, plus weekend backpacks for about 300 homeless children attending the public schools in Arlington. 2708 South Nelson Street, Arlington, VA 22206 http://www.afac.org/703-845-
- Habitat for Humanity of Northern Virginia, Arlington, 703-521-9890
- Arlington Free Clinic provides medical care for low-income, uninsured adults in Arlington.www.arlingtonfreeclinic.org 2921 11th St. South, Arlington, VA 22204 703-979-1425
- Arlington-Alexandria Coalition for the Homeless, 703-525 www.aachhomeless.org
- ❖ A-SPAN provides services for Arlington's street homeless. Our mission is to secure permanent housing for one of Arlington's most vulnerable populations. P.O. Box 100731 Arlington, VA 22210 703-820-4357http://www.a-span.org/
- Northern Virginia Family Services, 703-385-3267,www.nvfs.org, Employment and job training, healthcare, housing, mental health, foster care and Healthy

COMMENTARY

Giving Thanks for Anti-Hunger Programs

Working to keep children fed.

BY MEREDITH SMALL

hen I was a kid, Thanksgiving meant stuffing myself beyond the point of comfort, flitting gleefully between turkey, casseroles, sweet potatoes, dinner rolls, and of course pie.

The object was to eat to the point of needing to loosen the belt, and then wait a few hours until there was room to start all over again with leftovers. As a young person, I had a vague sense that my family and I came together during Thanksgiving with the expressed purpose of showing our gratitude for each other and for food on the table. Mostly, I was just thankful for the pie.

Now, as an adult with a family of my own, I wonder - how can I raise my children to be thankful not just for the meal in front of them, but also for our broader community and the people who are working day-in and day-out to make Northern Virginia such a great place to

It starts with an understanding of the challenges that our community faces. I was surprised to learn that right here in Arlington, there are 4,190 children who are at risk of going hungry every day. That's one out of every eight kids who might not have enough to eat today, and tomorrow, and the day after that.

It's easy to assume that childhood hunger is just a problem in big cities or in very rural parts of the state, but the fact is that food insecurity is a growing problem in the suburbs too. A recent report by Virginia Fair Share says that the number of children newly eligible for free- or reduced-cost school lunch programs is rising much more quickly in the suburbs than in urban areas, rural areas or small- or mid-sized towns. In short: in the wake of the 2008 economic crash, we are seeing the new face of childhood hunger in America.

Any number of children struggling with food insecurity is a problem - no kid should go hungry – but that problem could be so much worse if it wasn't for the outstanding local anti-hunger organizations and the federal policies that are successfully reaching families in the greatest need. The Arlington Food Assistance Center does incredible work that we should all be thankful for; every week their staff and volunteers provide groceries to over 2,000 families. Federal programs like the Supplemental Nutrition Assistance Program (SNAP) help more than 47 million Americans afford a nutritious diet in typical month; 70 percent of SNAP participants are part of families with children.

These programs are making a difference. Although poverty overall remains a key national concern, a recent report by the group Half in Ten found that the number of children in poverty is on the decline. That's in large part because of anti-poverty and anti-hunger programs that work. And that's something we can surely be thankful for.

If you haven't already, contact the Arlington Food Assistance Center at www.afac.org and sign up to volunteer.

Small is the program director for Virginia Fair Share Education Fund, a nonprofit grassroots field and advocacy group, working to make sure everyone gets, pays, and does their fair share; and plays by the same rules. Find out more athttp://www.fairshareonline.org/

BULLETIN BOARD

Email announcements to arlington@ nnectionnewspapers.com. Inclu time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two

HOLIDAY GIVING

Clothing Drive. Runs through Dec. 12

at Rosslyn BID, 1911 N. Fort Myer Drive. Donate new or gently used warm clothing for Arlington Street People's Assistance Network. Visit www.rosslynva.org/do/holidayclothing-drive for more.

SUNDAY/NOV. 30 Matching Challenge Campaign. \$200,000. The donations will be used to offset the loss of funding from the annual Fannie Mae Help the Homeless Program, which ended last year. Every donation made will be matched dollar-for-dollar. Visit www.arlingtonthrive.org for more.

Young Entrepreneurs. The Arlington Chamber of Commerce is now accepting applications for the Young Entrepreneurs Academy 2015 class

The Class, comprised of of 24 students, meets after school on Wednesdays at Marymount University. Call 703-525-2400

MONDAY/DEC. 1 ESL Placement Exam. 9 a.m. or 6

SEE BULLETIN, PAGE 10

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Senior trips: Monday, Dec. 8, DC Temple Festival of Lights, Kensington, Md., \$7; Wednesday, Dec. 10, ICE at National Harbor, \$35; Thursday, Dec. 11, Queen Elizabeth Tea, Fredericksburg, \$41; Saturday, Dec. 13, Russian Winter Festival, Hillwood Museum, D.C., \$24. Call Arlington County 55+ Travel, 703-228-4748. Registration

Healthy treats demo, Monday, Dec. 8, 11 a.m., Langston-Brown. Free. Register, 703-228-

Armchair tour of the Phillips Collection of neo-impressionist painters, Monday, Dec. 8, 1 p.m., Lee. Register, 703-228-0555.

Pickleball games and instruction, Mondays, 10 a.m., Walter Reed. Free. Register, 703-228-0955.

Strength training, Monday-Wednesday-Friday, 9 a.m., TJ. \$60/15 sessions; \$4 drop-in. Details, 703-228-4745.

Seated exercise, Monday-Wednesday-Friday, 9 a.m., Madison. \$60/15 sessions; \$4 drop-in. Details, 703-228-4878.

Madison Chess Club, Mondays, 9:30 a.m., Madison Comm. Center. Free. Details, 703-228-0555.

Ice skating, Mondays, 8:10 a.m. – 9:20 a.m., Kettler Capitals Iceplex, Ballston Mall, \$1. Regis-

ter, 703-228-4745. Seniors-only weight room hours, Langston-Brown, \$60/15 sessions. Details, 703-228-6300.

Foreign language conversation groups, free. Details, 703-228-4721.

Pros and cons of using credit cards, Tuesday, Dec. 9, 11 a.m., Langston-Brown. Free. Register, 703-228-6300.

History roundtable, Gold and Silver, Tuesday, Dec. 9, 11:15 a.m., Lee. Free. Register,

Beginners full fitness exercise, Tuesdays, 10 a.m., Lee. \$60/15 sessions or \$4 per class. Details, 703-228-0555.

Arlington Mill Trekkers, Tuesdays, 9:30 a.m. Free. Register, 703-228-7369

Table tennis, Tuesdays 10 a.m., -12 p.m., Walter Reed. Free. Register, 703-228-0955.

Using the Pinterest website, Wednesday, Dec. 10, 2 p.m., Arlington Mill. Free. Register, 703-228-7369.

Hospice 101, Wednesday, Dec. 10, 1:30 p.m., Aurora hills. Free. Register, 703-228-5722.

Music and movement, Wednesdays, 10:30

a.m., Culpepper Garden. Free. Register, 703-228-

Duplicate bridge, Wednesdays, 10 a.m. -10 p.m., Aurora Hills. Cost \$5. Register, 703-228-

Line dancing class, Wednesdays, 9:30 a.m., Walter Reed. Register, 703-228-0955.

Arlington Walking Club, Wednesdays, 9 a.m., \$4. Register, 703-228-4403.

Holiday budgeting tips, Thursday, Dec. 11, 1 p.m., Walter Reed. Free. Register, 703-228-0955.

Wreath-making workshop, Thursday, Dec. 11, 10 a.m., Langston-Brown, \$7. Register, 703-228-6300.

Scrabble, Thursdays, 1 p.m., Culpepper Garden, Fridays, 10:15 a.m., Walter Reed. Details, 703-228-4721.

Woodcarvers group, Thursdays, 1 p.m., Lee. Free. Details, 703-228-0555.

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ENTERTAINMENT

Synetic Stages 'Beauty and the Beast'

Brings classic French fairy tale to life using silent, movement-based adaptation.

By Steve Hibbard The Connection

ynetic Theater is staging the French fairy tale, "Beauty and the Beast," Dec. 3 through Jan. 11.

In this movement-based adaptation, produced by Paata Tsikurishivili, directed by company member Ben Cunis and adapted by Ben and Peter Cunis ("The Three Musketeers," "Genesis Reboot"), Synetic draws on the darkness and sensuality of the original story to create a passionate and inspiring Gothic romance. Synetic's athletic actors and innovative theatrical effects will transform this classic story into a visual dream full of wonder, mystery, and redemp-

Director Ben Cunis called "Beauty and the Beast" a timeless story — the kind of thing Synetic is best suited for. "I love digging into these big archetypal stories and finding out what resonates to us today," he said. "When you look closely, even just a little, it's a story with a lot of darkness before the light. That contrast — darkness and light, conscious and subconscious - is what ultimately drove the work."

Cunis said, "There's a depth of meaning in fairy tales that transcends cultural boundaries....There's something deep and essentially human in these tales, and we have tried to dig out some hidden meanings and characters in this telling."

"We also wanted to explore new kinds of imagery and take our physical storytelling to a new realm — the combination of physical acting with shadow images was our answer there," he said.

As far as challenges, Cunis said with such a well-known story, the number of directions one can take is endless. "Determining what elements are the most important for our version was a large undertaking that required a lot of teamwork. The shadow work, because it requires tremendous accuracy, is painstaking and takes a long time to create even the briefest moments."

Producer Paata Tsikurishvili said he decided to produce the show because it is one of the most well-loved and well-known in the history of literature.

"Every culture has their own 'Beauty and the Beast;' it's been reincarnated so many different times and in so many different ways — onstage, onscreen, on the page, in music, opera, you name it - and for all that, it still remains instantly recognizable and universal ... and I felt it was our turn to give it a try, to bring our own style to it."

As the producer, Tsikurishvili said stepping back and looking at the story as a whole, he believes it is about the transformative power of redemption. "For me, that word 'transformation' is what it's all about - the Prince transformed into a Beast, repulsion transformed to love, self-obsession transformed to caring, the Beast transformed back into a man, and so on."

He said, "Physical transformation is also vital to what we do as a company, so, as always, trying to highlight the key themes of a classic text through physical expression was our goal with this production, which was chosen largely because the nature of the story affords us fantastic opportunities for just that."

While Tsikurishvili said the play can be more than just a simple children's tale, he hopes people will take away that there is a darker, more dangerous undertone to this story — "that there is a genuine menace to the kind of selfishness for which the Prince is punished."

He added, "Too often, I think that aspect is ignored: 'There was once a Prince who had been turned into a Beast,' and, in many adaptations, it's left there and we really don't see why. Here, we explore a whole backstory for the Prince/Beast, hopefully giving more depth and understanding to this very well-known, yet still very mysterious character."

Renata Loman plays the role of Emeranne, the witch who put the curse on the Prince and turned him into a beast. With



Synetic Theater in Crystal City will stage "Beauty and the Beast" Dec. 3 through Jan.

the only speaking part in a silent show, she said it was challenging to build a world where the spoken story and the wordless actions seamlessly blend together in a fairy tale. And since the witch is not a real living person and comes from the world of magic, "How do you play someone who lives only in fairy tales, someone you have never seen, but only imagined," she said.

Loman said she hopes that some part of the audience will take the witch's side. "She has her story to tell, and I hope it will encourage people to take a second look," she said. "Not all that appears evil is evil. Not all that is scary and ugly is only that. There is beauty in the heart of the Beast. There is love in the heart of the evil Witch. Not everything is what it seems to be."

Vato Tsikurishivili is playing the role of the "prince beast," a heavily layered and complex character. The prince, who is paying a price for a moment of weakness, a

mistake of betraying the one he loved, is consequently cursed and transformed into a beast. "His tragedy is that despite his gross physical exterior, he possesses a big heart and a good one at that," he said. "He is a gentle, kind, caring and endearing being on the inside."

He added, "I very loosely relate him to Shrek in the sense of who he is vs. what he looks like and how the book simply does not match the cover, so to speak."

As far as challenges, he said everyone in the production the artists, designers, writers, producer, director, choreographer, musicians, costumers, the technicians — "has overcome adversity of one kind or another to make this happen. It's been crazy, it's been frustrating, it's been fun, and it's been awesome," he said.

He said he hopes each individual who sees this show leaves with something unique to them. "Have an open heart

and an open mind, and you will leave with plenty," he said.

Special programs include a matinee on Sunday, Dec. 7 at 2 p.m. with childcare available for \$5 per child beginning at noon. An ASL interpreted performance will be Wednesday, Dec. 10. A \$25 young professional's night will be Wednesday, Dec. 10. A \$25 Pride Night will be Wednesday, Dec. 17. Family Day will be Sunday, Dec.

"Beauty and the Beast" is playing Dec. 3 through Jan. 11. Show times are Wednesdays through Saturdays at 8 p.m.; with Sunday matinees at 2 p.m. Tickets are \$35 and up; student tickets start at \$15; senior citizens and military receive \$5 off; group discounts are available. Synetic Theater is located at 1800 S. Bell St., Arlington, in Crystal City. Visit www.synetictheater.org or call 866-811-

Calendar

Email announcements to arlington@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks be-

ONGOING

Art Exhibit. Through Sunday, Nov. 30 at Terrace Gallery. Artist talk is Saturday, Sept. 20, 2 p.m. at Terrace Gallery. Artsphere, Terrace Gallery, 1101 Wilson Blvd., Suite 932. Think With Your Hands: Illustrated Journals Come to Life Through Augmented Reality. Free Admission. Visit www.artsphere.com for more. "Sex with Strangers." At Signature

Theatre, 4200 Campbell Ave., Shirlington. The play by Laura Eason runs through Sunday, Dec. 7. Tickets go on sale July 1 and performances are Tuesday-Sunday evenings with matinees on Saturdays and Sundays. \$40 and up. Visit www.signaturetheatre.org for more.

Fall SOLOS. Through Saturday, Dec. 20, artists from across the Mid-Atlantic region are selected for solo exhibitions to take place in one of AAC's seven separate gallery spaces, or outside on the grounds. Visit www.arlingtonartscenter.org/solos/

Art Exhibit. Runs through Jan. 5. at Cherrydale Branch Library, 2190 Military Road. "We Are Arlington," an exhibit of vintage photographs

and memorabilia. Monday-Thursday,10 a.m.-9 p.m. Tuesday-Wednesday, 1-9 p.m. Friday-Saturday, 10 a.m.-5p.m. Call 703-228-6330 for more.

Family and Teen Skate Nights.

Through March 28 at The Thomas Jefferson Community Center, 300 N. Park Drive. The evenings start with Family Skating from 6:30-9 p.m. and close with Teen Nights from 9-10:45 p.m., for middle and high school students. \$2 per person/\$3 skate rental. Visit parks.arlingtonva.us/ kids-events/roller-skating-nightsskate-parties-thomas-jefferson for

LGBT & Straight Friends Social. Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. IOTA Club & Cafe has designated every Tuesday LGBT & Straight Friends Social Night for those 21 years and older. Free. Visitwww.iotaclubandcafe.com/ for more information.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/Arlington for more. Invasive Plants Removal. Work

parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families

welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road;

call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit

registration.arlingtonva.us. Free, no registration required.

Comedy. Every Saturday at 3 p.m. at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit www.comedyindc.com or 703 294-LAFF.

Comedy. Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz ("clean") and at 10 p.m. on Friday and Saturday is the Blue Show ("adult"), both at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit

www.ConnectionNewspapers.com

www.comedyindc.com or 703-294-LAFF.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Featured musicians perform from 9:30-10 p.m. Visit www.iotaclubandcafe.com

or call 703-522-8340. **Karaoke.** 8 p.m. on the first

Sunday every month at

Galaxy Hut, 2711 Wilson Blvd. Visit

www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Mondays and Fridays, 10:30-11:00 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 South Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Family Nights. 7-9 p.m. on the first Friday of the month at Arlington Mill Community Center. E-mail DPR-YouthandFamily@arlingtonva.us. or call Emily Thrasher at 703-228-4773.

CAMPS, CLASSES & WORKSHOPS

Theatre Classes. Encore Stage & Studio is holding classes and mini camps for children in grades K-8 at on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road and Tuesdays and Wednesdays after-school at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit www.encorestageva.org for a list of classes.

Synetic Theater. Synetic Studio, 2155 Crystal
City Plaza Arcade T-19, Arlington. Synetic offers
an introduction to the world of physical theater,
acting and dance through energetic and athletic
feats that inspire students to creativity. Classes
include programs for elementary, middle and
high school students, as well as adults.
Discounted packages and payment plans are
available. Visit www.synetictheater.org/studio
or call 703-824-8060.

Arlington Arts Center, 3550 Wilson Blvd. This fall Arlington Arts Center is offering after school classes for children, weekend sessions for teens and evening classes for adults — not to mention special workshops like Day of the Dead, Art's Cool! Art School and Gift Mania.

www.arlingtonartscenter.org or 703-248-6800. *** Ages 4-6**

Saturday/Dec. 13: Gift Mania — weekend workshop

❖ Ages 7-10 Saturday/Dec. 13: Gift Mania — weekend

workshop * Ages 11-14

Saturday/Dec. 13: Gift Mania — weekend workshop

* Ages 18 and Older

Thursday/Dec. 4: Golden Acrylics Lecture & Demo (free, RSVP required)

THURSDAY/NOV. 27

Annual Arlington Turkey Trot. 8 a.m. More than 4,000 registrants are expected to run, trot and walk through the Lyon Park and Ashton Heights neighborhoods in this tradition of having fun and raising funds for Doorways for Women and Families, Arlington-Alexandria Coalition for the Homeless and Arlington Food Assistance Center. Visit www.arlingtonvaturkeytrot.org for more.

SATURDAY/NOV. 29

Small Business Saturday. At One More Page

-Food & Drink

Clarendon Farmers Market. Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m.-noon at Courthouse Parking Lot, 3195 North Wilson Blvd. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit www.Clarendon.org. Call 703-812-8881.

Arlington Farmers Market at Courthouse. Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th Street. This is a 'producer only' market with more than 30 producers. From January through March, the market is open on Saturdays 9 a.m.-noon. Visit www.arlingtonfarmersmarket.com for a list of vendors.

The Crystal City FRESHFARM Market is open April-November on Tuesdays, 3-7 p.m. with a selection of foods and goods from local producers, in front of 251 S. 18th St. Visit www.crystalcity.org for more.

Arlington Mill Community Center Plaza. Wednesday, starting Aug. 13. 3-7 p.m. at 909 S Dinwiddie St., Arlington. A new farmers market will be open weekly. Visit www.columbia-pike.org/events/?event=1049 for more.

Books, 2200 North Westmoreland St., Arlington One More Page will participate in Small Business Saturday, a nationwide campaign designated by the Shop Small movement to encourage holiday shoppers to shop locally during one of the busiest shopping weekends of the year. The store will also participate in Arlington Small Business Day, a local campaign to encourage the public to shop at local businesses. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

Wonder of the Woods. 2:30-4 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Explore the amazing life, complexity and wonders that the woods can offer. Visit www.nvrpa.org/park/potomac_overlook for more.

SUNDAY/NOV. 30

Animal Encounters. 12:30-1:30 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Come meet some of nature's most interesting wild animals. Participants will learn how they grow, live and have adapted to take on their current form. Visit www.nvrpa.org/park/potomac_overlook for more.

MONDAY/DEC. 1

Author Event. 7 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. Author Stephen Grant will share from his book "Collecting Shakespeare: The Story of Henry and Emily Folger." Visit library.arlingtonva.us/ ailec_event/author-event-collecting-shakespeare-the-story-of-henry-and-emily-folger-by-stephen-grant-central for more.

TUESDAY/DEC. 2

Book Club Meeting. 7 p.m. at One More Page Books, 2200 North Westmoreland St. The fiction book club will chat about "A Place at the Table" by Susan Rebecca White. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

WEDNESDAY/DEC. 3

Author Talk. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Journalist Sarah Wildman will share from her biography "Paper Love: Searching for the Girl My Grandfather Left Behind," an exploration into family identity, myth and memory. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

THURSDAY/DEC. 4

Paint Lecture. 6:30-8:30 p.m. at Arlington Arts Center, 3550 Wilson Blvd. Enjoy a lecture covering paint formulations, gels, pastes, grounds, color mixing and application techniques. Call 703-248-6800 for more.

Young Adult Author Panel. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Participating authors include: Joy Hensley, Sara Raasch, Kristen Lippert-Martin and Brigid Kemmerer. Call 703-300-9746 or visit www.onemorepagebooks.com for more.

WEDNESDAY/DEC. 3-SUNDAY/JAN. 4

Gothic Adaption of Beauty and the Beast. Through Jan. 4, 2015; Wednesday-Saturday 8 p.m., Sunday 2 p.m., excluding Christmas Eve, December 5-6, 2014

SCOTTISH CHRISTMAS WALK WEEKEND & PARADE

More than a Weekend, an Alexandria Tradition

Heather and Greens Sales

Friday, Dec 5 from 9 am - 5 pm, Saturday, Dec 6 from 9 am - 4 pm

Deck the Halls With Santa

Friday, Dec 5 from 1 - 3 pm

The Taste of Scotland

Friday, Dec 5 from 6:30 - 11 pm

Holiday Marketplace

Saturday, Dec 6 from 10 am - 4 pm

The Scottish Christmas Walk Parade

Saturday, Dec 6 begins at 11 am

Holiday Designer Tour of Homes

Saturday, Dec 6 from 11 am - 4 pm

For more information visit www.ScottishChristmasWalk.com or phone (703) 549-0111.



Scottish Christmas Walk Sponsors

The Campagna Center extends its gratitude to our valued Scottish Christmas Walk Weekend sponsors. Thank you!

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Mount Vernon Gazette

Supporting Partners





Entertainment

Christmas Day, New Year's Eve and New Year's Day. Synetic Theater, 1800 South Bell Street, Arlington. Based on the classic fairytale. Tickets: \$35 and up. Student tickets start at \$20. Senior citizens and military receive \$5 off. Group discounts are available. Visit www.synetictheather.org for more.

THURSDAY-SUNDAY/DEC. 4-7

Annual Sweet Fruit Sale. The

Arlington Lions will host their annual sale at the Wells Fargo Bank parking lot at the corner of Lee Highway and North Glebe Road. The Lions will be selling grapefruit, navel oranges and more. Call 703-598-8266 or visit www.arlingtonhostlions.org for

BalletNova's The Nutcracker. 7:30 p.m. at Thomas Jefferson Community Theater, 125 South Old Glebe Road. BalletNova Center for Dance will perform. Visit www.BalletNova.org

FRIDAY/DEC. 5

Miracle on 23rd. 6-9 p.m. at Linden Resources, 750 23rd S. St. Kick off the holiday season with a festive tree lighting, a visit from Santa Claus and holiday themed musical performances. Call 703-521-4441 or visit www.Linden.org for more.

Wine Tasting. 6:30 p.m. at One More Page Books, 2200 North Westmoreland St. The store will host wine and chocolate tasting with selections that are perfect for the holiday season. Call 703-300-9746 or visit www.onemorepagebooks.com.

SATURDAY/DEC. 6

Volunteer Work Party. 10 a.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Spend a morning with park staff and volunteers helping with indoor and outdoor projects. Visit www.nvrpa.org/park/ potomac_overlook for more.

Holiday Wreath Workshop. 1-4 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Enjoy the chance to create a spruce wreath. Participants should bring hand pruners or wire cutters. Registration s \$30. Call 703-228-6535 for more.

Book Event. 2:30 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. Enjoy a presentation and book discussion celebrating the new anthology of work by cartoonist and Arlington resident Richard Thompson. Visit library.arlingtonva.us/ai1ec_event/ book-celebration-the-art-of-richard-

thompson-central for more. Animal Feeding. 3 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Venture into the Birds of Prey house and explore raptor feeding habits. This program will focus on how and what we feed our four permanently injured birds of

potomac_overlook for more. **Live Music.** 8 p.m. at Iota Club and Cafe, 2832 Wilson Blvd. Marah members David Bielanko and Christine Smith will perform. Tickets are \$15. Visit www.iotaclubandcafe.com for more.

prey. Visit www.nvrpa.org/park/

SUNDAY/DEC. 7

Alternative Gift Fair. 12:30-3 p.m. at Mount Olivet Methodist Church, 1500 N. Glebe Road. Fair trade and handcrafted items from artisans around the world will be available for purchase. Visit www.mtolivetumc.org for more.

Holiday Craft Workshop. 1 p.m. at Potomac Overlook Regional Park, 2845 N Marcey Road. Come make a wreath or centerpiece from local greens, pine cones and other natural materials. Visit www.nvrpa.org/park/ potomac_overlook for more.

Winter Wonderland. 1-5 p.m. at Penrose Square, 2501 9th Road. Enjoy visits with Santa, carolers, ornament decorating stations, hot chocolate and cookies and finish with a tree-lighting ceremony in the breezeway next to Giant at 5 p.m. Free. Visit www.penrose-square.com. **Feed the Birds.** 3-4 p.m. at Long

Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Learn how to make and bake different bird



Holiday Concert

The National Chamber Ensemble holiday concert brings classical masterpieces and holiday classics together in one program for the whole family on Sunday, Dec. 14, 4:30 p.m. The National Chamber Ensemble invites young, gifted musicians to join in the performance. An annual tradition, the concert concludes with a carols sing-along to get everyone in the holiday spirit. At the Rosslyn Spectrum Theatre at Artisphere, 1611 N. Kent St., Arlington. \$30 adult and \$15 student. Tickets by phone 888-841-2787 or visit www.NationalChamberEnsemble.org.

treats for winter. Registration is \$5. Call 703-228-6535 for more.

Launch Party. 4 p.m. at One More Page Books, 2200 North Westmoreland St. The store will host a launch party for author and leadership expert Carmen Medina to celebrate the publication of "Rebels at Work: A Handbook for Leading Change from Within," co-authored with Lois Kelly. This event will be held in the Westlee Party Room next door to One More Page. Call 703-300-9746 or visit www.onemorepage books.com for more.

Messiah Sing Along. 7:30 p.m. at St. Peter's Episcopal Church, 4250 North Glebe Road. This event will feature St. Peter's Adult Choir with orchestra and soloists. Congregation will be invited to join in singing the choruses from the Christmas portion of Handel's "Messiah." Admission is free. Visit www.stpetersmusic.org.

MONDAY/DEC. 8

Laughter Yoga. 6:30-7:30 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. Use breathing, clapping and movement exercises to relax and boost creativity. Session ends with silent meditation. Free. Email a lington laughtery og a @yahoo.com.

Intimate Conversation. 7:30 p.m. at Signature Theatre, 4200 Campbell Ave. Signature Theatre and The Washington Post's POV series are teaming up to present a conversation with Sheryl Crow and Barry Levinson, the creative team behind "Diner." Tickets are \$25. Visit www.signature-theatre.org for more.

BULLETIN BOARD

From Page 6

p.m. at Syphax Education Center, 2110 Washington Blvd. #106, Arlington. Arlington Public Schools' REEP Program is giving placement exams for the Jan. 5-March 27, 2015 English (ESL) classes to be held at Syphax Education Center. Exam is free, classes range from \$200-\$470. Call 703-228-4200 or visit www.apsva.us/reep for more.

Lecture Series. 2:30-4:30 p.m. at Arlington Central Library, 1015 Quincy St. Encore Learning is continuing its series "Meet the Speaker." Jean S. Moore will give a presentation on the Trial of Mary Oueen of Scots. The public is invited. Call 703-228-2144 for more.

Nomination Deadline. Nominate a tree for Arlington County Notable Tree designation. There is no cost to nominate and no obligation to the tree owner, but the favorite tree will be recognized by the County Board as an important natural resource to the community. Visit environment.arlingtonva.us/trees/ support-trees/make-notable-treenomination-today/ for more.

WEDNESDAY/DEC. 3

Planning Meeting. 6-8 p.m. at Rosslyn BID, 1911 North Fort Myer Drive. Weigh in on next year's neighborhood events plan. The meeting will be followed by a wine

and cheese networking reception. Visit www.rosslynva.org/rosslynfocus-group-events for more.

MONDAY/DEC. 8

ESL Placement Exam. 9 a.m. or 6 p.m. at Syphax Education Center, 2110 Washington Blvd. #106, Arlington. Arlington Public Schools REEP Program is giving placement exams for the Jan. 5-March 27, 2015 English (ESL) classes to be held at Syphax Education Center. Exam is free, classes range from \$200-\$470. Call 703-228-4200 or visit www.apsva.us/reep for more.

THURSDAY/DEC. 11

16th Annual James B. Hunter Human Rights Award. 7-9 p.m. County Board Room, 2100 Clarendon Blvd. Recipients will be honored with the award for human rights achievements. Call 703-228-3929 or 703-228-4611 (TTY) for more.

FRIDAY/DEC. 12

Healthy Aging Lecture Series. 11

a.m.-noon at 601 S. Carlin Springs Road, Arlington. What You Should Know About Joint Replacement with Niama Roland, CPAN. An orthopedic joint procedure is designed to help regain mobility and return to activities of daily living (work, exercise, running errands, etc). Knowing what to expect before,

during and after surgery will provide the best possible outcome. Free. Call 703-558-6859 to RSVP.

Chamber of Commerce Annual

Meeting. 11:30 a.m. at Sheraton Pentagon City Hotel, 900 South Orme St. Senior Vice President of the Boeing Company Timothy Keating will give the keynote address. Call 703-525-2400 or visit communications@arlingtonchamber.org

Parents Night Out. 6-10 p.m. at Walter Reed Community Center, 2909 16th St. Children will enjoy an evening of games, art and fun. Call 703-228-0935 for more.

SATURDAY/DEC. 13

Sponsor a Wreath. Wreaths Across America, the national nonprofit best known for its annual wreath-laying ceremonies at Arlington National Cemetery, will be placing donated wreaths on graves. Each donation is \$15. Visit wreathsacrossamerica.org for more.

SUNDAY/DEC. 14

Teachings of Reb Zalman

Schachter-Shalomi z. 5 p.m. Board Room, Unitarian Universalist Church of Arlington (UUCA), 4444 Arlington Blvd. Rabbi Leila Gal Berner will present the Teachings of Reb Zalman Schachter-Shalomi z. the Four Worlds of Kabbalah: The Last Two Worlds: Beriyah (the symbolic

world for intellect) and Atzilut (the deep divine intuition and being with God; the world of essence). Email admin@kolaminvrc.org for more.

MONDAY/DEC. 15

ESL Placement Exam. 9 a.m. or 6 p.m. at Syphax Education Center, 2110 Washington Blvd. #106, Arlington. Arlington Public Schools' REEP Program is giving placement exams for the Jan. 5-March 27, 2015 English (ESL) classes to be held at Syphax Education Center. Exam is free, classes range from \$200-\$470. Call 703-228-4200 or visit www.apsva.us/reep for more.

ONGOING

Weekly Classes. Every Tuesday, 7:30-8:30 p.m. at First Presbyterian Church, 601 N. Vermont St. Vajrayogini Buddhist Center is a nonprofit organization that offers weekly classes in Arlington for the general public. These classes focus on practical advice for daily living and guided meditations. Everyone is welcome. www.meditation-dc.org.

PFLAG of Arlington. 7:30-9 p.m. on the second Tuesday of each month. PFLAG promotes the equality and well-being of gay, lesbian, bisexual, transgendered persons and their families. Meets at the Unitarian Universalist Church at George Mason Drive and Route 50. Email aly.pflagdc@gmail.com for more.

Helmsmen Toastmasters meet

Thursdays, 7:30-8:45 a.m. at Pentagon Library and Conference Center. Toastmasters is an international organization that helps everyone speak, think, lead and listen better. Contact Carl Sabath carl.e.sabath.civ@mail.mil or 703-695-2804 or Elizabeth Femrite elizabeth.m.femrite.civ@mail.mil or 571-256-8674

Yoga for Everybody. Wednesdays, 7-8:30 p.m.; Saturdays, 10-11:30 a.m. This traditional approach to yoga reduces stress and increases strength and flexibility. Classes begin Wednesday, July 9 and Saturday, July 12. \$66. Health Pavilion, 601 S. Carlin Springs Road. 703-558-6859.

Adaptive/Seated Yoga. Tuesdays, 11:15 a.m.-12:15 p.m.; Sundays, 3-4 p.m. For older or physically challenged adults with limited mobility, chronic pain or neuropathy. Adaptive yoga emphasizes breathing, gentle stretching and going at your own pace. Classes begin Sunday, July 13. \$66. Health Pavilion, 601 S. Carlin Springs Road. 703-558-6859.

Donations Needed. Our Lady Queen of Peace Catholic Church, 2700 South 19th St., is seeking to replenish its food pantry. Particularly needed are rice (large bags appreciated, the pantry will rebag), dry beans, canned vegetables, soup, small jars of peanut butter, small jars of jelly, pasta and pasta sauce. Donations collected during Mass each Sunday. ourladyqueenofpeace.org.

www.ConnectionNewspapers.com

Honoring the Spirit of Community Arlington Community Foundation hosts annual luncheon.

ore than 360 people, including government officials, business and nonprofit leaders, as well as civic activists, gathered at the Sheraton Pentagon City Hotel on Nov. 12 to participate in the Arlington Community Foundation's annual Spirit of Community Award Luncheon, now in its 21st year.

Attendees listened to keynote speaker Preston Caruthers, chairman emeritus of Caruthers Properties, LLC and local businessman and philanthropist. Caruthers spoke of his life story of hard work and giving back — from his days as a young man in Oklahoma to living in Arlington, the community he has called home for more than

This year's recipient of the William T. Newman, Jr. Spirit of Community Award was local businesswoman and philanthropist Lola C. Reinsch. The award is named in honor of the foundation's founder and president emeritus and was established to recognize an individual who has demonstrated exceptional leadership and made an extraordinary contribution to the Arlington community.

Reinsch was raised in Arlington and attended public school. Following in the entrepreneurial footsteps of her parents, Reinsch is the chief executive officer of the E.G. Reinsch Companies. Reinsch has shared her talents and resources with many Arlington organizations, businesses and residents.

Reinsch said her giving values were instilled in her by her father, a contributor to



Keynote Speaker Preston Caruthers is greeted by ACF Trustee Susan

the Arlington community. She joins a roster of Spirit of Community honorees: John Andelin and Ginger Geoffrey, Anna S. Barber, Jean Berg, Elizabeth P. Campbell, Preston Caruthers, Judy Connally, Joan Cooper, Karen Darner, Jennie T. Davis, Richard Doud, Jr., Ralph Johnson, John McCracken, H. Paul Mount, Mary Ann Nirschl, Charles L. Overby, J. Eric Schaeffer, Walter Tejada, The Honorable George D. Varoutsos and The Woman's Club of Ashton

Founded in 1991, the Arlington Community Foundation is an independent charitable organization that actively promotes, protects and improves the quality of life for those who live or work in Arlington. The Arlington Community Foundation has awarded over \$11 million in college scholarships and grants to nonprofit organizations, including more than \$1.8 million in

For more information on the Arlington Community Foundation visit www.arlcf.org.



Julian Fore, ACF president; Wanda Pierce, ACF executive director; Lola Reinsch, honoree; and Judge William T. Newman, Jr., ACF founder.



Lola Reinsch receives an award from Judge William T. Newman, Jr., ACF founder.

CRIME REPORT

LARCENY FROM AUTO/DE-STRUCTION OF PROPERTY (SERIES), 1600 block N Colonial Terrace, Sometime between 1700 hours on Nov. 11 and 0720 hours on Nov. 12, an unknown subject(s) smashed the front passenger windows of six vehicles and stole loose change. There are no witnesses and there is no suspect information at this time.

BURGLARY, 3600 block of N Nelson St., Sometime between 2100 hours on Nov. 12 and 1309 hours on Nov. 13, an unknown subject(s) kicked in the back door of a vacant house. Unknown if anything stolen.

BURGLARY, 200 block of N Cleveland St., Sometime between 1315 hours and 1500 hours on Nov. 14, an unknown subject(s) entered unlocked house and stole electronics.

ROBBERY, 900 block of S Dinwiddie St., On Nov 16 at 1856 hours, subject reported being robbed by known suspect. The investigation continues

DESTRUCTION OF PROPERTY (series), 300 block of Army Navy Dr., On Nov. 15 at 1730 hours, suspect slashed tires. Suspect may be known; investigation continues.

LARCENY FROM AUTO (series), 1500 block of Arlington Bl.,between 2400 hours on Nov. 15 and 1017 hours on Nov. 16, multiple vehicles had windows smashed and items stolen.

LARCENY FROM AUTO (series), 1600 block of N Queen St, between 2000 hours on 11/15/14 and 1053 hours on Nov. 16, multiple vehicles had windows smashed and items stolen.

www.ConnectionNewspapers.com

ATTEMPTED RAPE, 6000 block of N Wilson Bl., Victim reports that known suspect attempted to rape her on Nov. 13. The investigation is on-going.

AGGRAVATED SEXUAL BAT-TERY, 1500 block of N Pierce St., Victim had been sexually assaulted by known suspect. The investigation is on-

LARCENY (series), 3500 block of S Clark St., On Nov. 14 between 1730 hours and 2037 hours, unknown suspect broke into lockers and stole items. No suspect information.

BURGLARY, 100 block of N Abingdon St... Between 1030 hours and 2229 hours on 11/17/14, unknown suspect entered home via unlocked sliding glass door and stole electronics, jewelry and coins.

BURGLARY, 5700 block of 36 St N, Between 0815 hours and 2146 hours on Nov. 17, unknown.

STOLEN VEHICLES

Nov. 13: MD/5BF5554, 2012 Toyota Camry, 4200 block of Wilson Bl

NOV. 12 POSSESSION OF MARIJUANA,

800 block of N Frederick St. **FOUND PROPERTY**, 1000 block of N Stafford St

TAMPERING, 2800 block of S Lang

VIOLATION OF PROTECTIVE ORDER, 2600 block of 16th St S **EXTORTION**, 2200 block of N Glebe

SHOPLIFTING, 2500 block of 9th St

GRAND LARCENY, 700 block of N Glebe Rd

DOMESTIC DISPUTE, 1000 block

BIKE LARCENY, 1000 block of N

GRAND LARCENY, 2100 block of Wilson Blvd PWID MARIJUANA/FUGITIVE

FROM JUSTICE, 400 block of N George Mason Dr

FRAUD, 5500 block of Columbia Pike **ASSAULT AND BATTERY**, 1000 block of N Quincy St

BREAKING AND ENTERING, 2900 block of S Buchanan St

DOMESTIC ASSAULT AND BAT-TERY, 5100 block of 8th St S CREDIT CARD FRAUD, 2500 block

CREDIT CARD THEFT, 5400 block

DEFRAUDING AN INNKEEPER/ IDENTITY THEFT, 1500 block of Wil-

POSSESSION OF MARIJUANA/ RECKLESS DRIVING. 1800 block of N Quaker Lane

NOV. 13

ASSAULT, 1500 block of N Ouinn St LARCENY FROM AUTO, 5600 block of 2nd St S

LARCENY, 2300 block of 24th St S TRESPASSING, 4500 block of Lee

GRAND LARCENY, 4300 block of

FORGERY, 3200 block of N Wash-

ASSAULT, 200 block of N Glebe Rd ASSAULT, 1300 block of S

DESTRUCTION OF PROPERTY, 900 block of N Stuart St

POSSESSION OF NARCOTICS, 7200 block of S I-66

ATTEMPT B&E, 1500 block of 19th

FRAUD, 1300 block of S Randolph St FRAUD, 1200 block of S Courthouse

ATTEMPT B&E, 1300 block of S Arlington Ridge Rd FRAUD, 1600 block of S Eads St

POSSESSION OF NARCOTICS, 800 block of S I-395

ASSAULT, 4300 block of Columbia

DESTRUCTION OF PROPERTY, 800 block of N Quincy St.

TRESPASSING, 1000 block of N LARCENY, 3500 block of S Clark St.

LARCENY, 1100 block of S Haves St. SEXUAL BATTERY, 1700 block of S Jefferson Davis HW

HARASSING PHONE CALLS. 2100 block of Clarendon Bl

UNLAWFUL ENTRY, 2300 block of

FRAUD, 1200 block of N Garfield St LARCENY, 1200 block of S Fern St LARCENY, 1400 block of S Hayes St **LARCENY**, 700 block of N Glebe Rd FRAUD, 1100 block of S Hayes St

FRAUD, 1600 block of S Eads St TRESPASSING, 4900 block of Columbia Pk

NOV. 16

ASSAULT, 3100 block of Wilson Bl LARCENY FROM AUTO, 2500 block of N John Marshall Dr

TRESPASSING, 5600 block of S 7 St LARCENY FROM AUTO, 5500 block of S 7 St

LARCENY FROM AUTO, 1700 block of N Roosevelt St

LARCENY FROM AUTO, 4100 block of N Glebe Rd

ASSAULT, 3600 block of S 24 ST ASSAULT, 700 block of N Wayne ST ASSAULT, 500 block of S Jefferson

LARCENY, 1100 block of S Hayes St LARCENY, 2600 block of S Jefferson

FRAUD, 1400 block of N Courthouse

LARCENY, 3000 block of S Columbia

EMBEZZLEMENT. 1000 block of S

LARCENY, 900 block of N Kenmore

ASSAULT, 4500 block of 31 St S

LARCENY, 3000 block of Wilson Bl LARCENY, 3100 block of N Wilson

DESTRUCTION OF PROPERTY, 900 block of S Dinwiddie St

LARCENY, 1300 block of S Joyce St Arlington Connection ❖ November 26 - December 2, 2014 ❖ 11

SPORTS

Yorktown Senior Working To Recover from Knee Injury

McBride enjoys listening to Frank Sinatra.

orktown senior Joe McBride was the starting quarterback for the football team in the fall before suffering a knee injury in the second-to-last regular season game. The honorable mention all-conference signal caller helped the Patriots win six games before sitting out the final two contests. Yorktown finished 7-4, won the Arlington County championship and qualified for the

McBride also plays basketball for Yorktown, but will miss some time while recovering from his injury. He is hoping to play football in college. He recently participated in a Q&A via email, sharing some insight about his Thanksgiving plans.

6A North region playoffs.

Q: What are your plans for Thanksgiving?

McBride: My family and I are celebrating in town with friends and family.

Q: Do you or your family have any annual Thanksgiving traditions?

McBride: We have a traditional holiday meal with family and friends. My dad makes candied yams from his grandmother's recipe. We listen to Frank Sinatra while my mom cooks because she says it reminds her of her grandmother. I love Frank Sinatra.

Q: Does your family incorporate sports into Thanksgiving? If so,

McBride: We always have the Thanksgiving football games on near where we eat.

Q: What is your favorite thing to eat on Thanksgiving?

SCHOOL NOTES

Email announcements to arlington@connection newspapers.com. Deadline is Thursday at noon. Photos are welcome.

Reilly Payne Burlingame has enrolled in Clemson University. Burlingame is a graduate of Yorktown High School whose major is elementary

Anthony Taylor is a member of the Ashland University (Ashland, Ohio) football team. Taylor is majoring in business management. He is the son of Anthony Taylor and Robin Barbour. Taylor is a 2011 graduate of Washington and Lee High School.

Casey Ellerman earned a Bachelor of Arts degree from Miami University (Oxford, Ohio).

The Miami University Alumni Association named Jamie Eckert to its 2014 "18 Of the Last 9" class, which highlights 18 young alumni from Miami University's past nine graduating classes. A play on the year 1809, the year of Miami University's chartering in Oxford, Ohio, the "18 Of the Last 9" program recognizes young alumni who are actively pursuing lofty personal and professional endeavors since graduating from Miami nine (or fewer) years ago. A reception recognizing Eckert was held on Friday, Nov. 7, on Miami's Oxford campus.



McBride: Definitely the turkey. My mom knows how to cook a turkey. It's perfect every year.

Q: You injured your right knee against Mount Vernon on Oct. 31. What was the official diagnosis you received? Will it cause you to miss any time in other sports?

McBride: The MRI I received on the Thursday before the Washington-Lee game showed that I had an MCL sprain. We were so anxious to see the results that my family and I took the MRI disc, put it in my neighbor's computer, and had my cousin, who is a radiologist in Pittsburgh, look at it through FaceTime on an iPhone. It sounds crazy, I know, but I just wanted to see the results as soon as possible. I needed to know if there was the slightest chance of being able to play in the Washington-Lee game on Friday (Nov. 7) and the playoffs the following week.

When I went to the doctor for the official diagnosis, he examined my knee and the lab report and said he felt that it was a "High Grade 2 Sprain." Thankfully, he said that surgery would not be required but that I would not be able to play for the rest of the season. The doctor prescribed physical therapy, and I have been doing it faithfully. The outlook is for a full and complete recovery. I will be out of sports until mid-tolate December, causing me to miss at least a couple of varsity basketball games.

Q: What was it like having to watch your teammates play against Washington-Lee and in the playoffs and not being able to help them?

McBride: It was really tough. I got really emotional in the locker room before the Washington-Lee game because I wanted so badly to play in that game. It was for the Arlington Country championship, it was my senior year, and their players called most of us out in their video promo for the game. But, during that week of practice I did everything I could to help and prepare the team for that big game. Yorktown Football is a team, a program, a family — not one person, and the team rallied. We came out on top 28-3 and that was the best feeling ever, despite having to deal with the adversity surrounding my injury. I was proud of my teammates and how everyone stepped up to reclaim the unofficial Arlington championship.

FILE PHOTO

The playoff game was rough. Our offense was stalling all night and it gave too much responsibility on our defense to stop a highly potent, fast-scoring offense in Patriot. I just felt so helpless; I tried to do everything I could on the sideline, but I knew that the only way I could have helped the team that night was if I was in there playing. It might have been a different ballgame, but you never know. Patriot was the better team that night and that is just the way it goes sometimes.

O: What are your thoughts on everything the football team accomplished this year?

McBride: I am really proud of my team. Like coach [Bruce] Hanson said in the postgame speech after the Patriot game, this team has faced so much adversity throughout the year. To come out with seven wins when we lost one of our best linemen, Noah Gaby, after the Hayfield game, and then losing me at halftime of the Mount Vernon game is something that not a lot of teams can bounce back from. However, our team is different. We beat teams like a really good Chantilly team and finally got revenge on Washington-Lee. Not a lot of teams can pull that off. But we did and I would not change anything about this team or this year no matter what.

Q: What are your college plans? Do you plan to play a sport in college?

McBride: Right now I plan to stay in-state for college, unless I get a great offer from an out-of-state school I really like. I definitely want to play football in college. More importantly, I want to receive the necessary credentials to become a high school history teacher, preferably at Yorktown, right out of college like my dad did, except he taught English at Swanson Middle School. He also played for Yorktown Football in 1985 during Coach Hanson's first year of coaching at the school. They weren't very good that year, and it's been fun for him to see how good the program has become over the

Q: Who is your favorite music artist? Why?

McBride: This one is tough, but I am going to have to say Bruce Springsteen. I have been listening to his music since preschool. My mom would blast his music on our way to the school and I would be in the back trying to sing all the words.

He is a great artist and a great live performer, too. He's also from Jersey, making him pretty cool to me. I love people from New Jersey.

Q:: What is your favorite movie? Why?

McBride: "Grown Ups" with Adam Sandler, Chris Rock, David Spade, and Kevin James. It's my favorite because I love comedies and those four actors work so well together in it. It's also my favorite because I have a group of guys that are just like the characters in the movie and one day we were all watching and decided that, when we get older, get married, and have kids, that we would have a summer like the one in the movie because it would be so cool and so much fun.

Q: What location is the farthest you have traveled from the Washington, D.C. area?

McBride: The farthest I have ever traveled from D.C. is to Middlebury, Vt., to visit Middlebury College with my father and grandfather. It was a 10-hour drive.

Q: Who are your favorite pro sports teams?

McBride: I am a person who really takes pride in being from where they are, and so, being close to D.C., I have been a D.C. sports fan from the day I was born. The Redskins, the Wizards, the Nationals, and D.C. United are all my favorite teams.

Q: Who are your favorite pro

McBride: Well, for football, it's Tom Brady. I study his game a lot, probably since I was a sophomore, and he is also such a great leader. He is one of, if not the, greatest quarterbacks of all time, and his story of being doubted by all the different college and NFL teams and winning three Super Bowls is something that I really like about him because I have always felt I have been doubted too, even by some of my classmates at school, when it comes to sports.

For basketball, even though I never actually saw him play live, it's Larry Bird. He was the toughest guy on the court at all times. He hustled, he could shoot, and he could pass so well. His personality is like mine too; a guy who, while still social, likes to stay in his own element and do his own thing with a tight-knit group of close friends. He also takes pride in his hometown, too, French Lick, Ind. I wear number 33 in basketball to show how much I admire him, "the Hick from French Lick.

— Jon Roetman

THANKSGIVING

Giving Thanks Through Music Raising money for the Fred Begun Scholarship Fund

By Marilyn Campbell
The Connection

t first glance, one might not think that Pilates instructor Julie Begun and high school student Ramone Cason have much in common. But this Thanksgiving their worlds might collide. Cason, his mother, three siblings, relatives and friends will gather for Thanksgiving dinner in the Casons' one-bedroom apartment in Arlington. The 16-year-old might entertain the group with a musical performance. Although he has never been to an orchestra performance, he dreams of being a professional bass drummer

For Begun, one person will be missing from her holiday table this year: her dad, Fred Begun, who served as the principal timpanist of the National Symphony Orchestra (NSO) from 1951 to 1999. He died in 2012. Unlike Cason, her childhood memories were filled with musical privilege.

"My dad was playing in a concert in New York City and I was young, under 5," recalled Begun. "They had announcers in those days who announced the guest artist. That night it was my father. I was standing on my chair and when he was walking on to the stage, I screamed out 'Hi Daddy!' The entire audience totally cracked up."

This Thanksgiving, Begun is honoring her father's legacy by working to raise money for scholarships in his name for the George Mason University School of Music and the College of Visual and Performing Arts. The scholarships will support talented percussion majors at the undergraduate and graduate levels who might have financial limitations.

Begun donated his entire library of musical scores and individual timpani parts to the university. The collection is housed in Fenwick Li-



Julie Begun, pictured with her father Fred Begun, who served as the principal timpanist for the National Symphony Orchestra (NSO) from 1951 to 1999, is raising money to help talented percussion majors afford to attend college. brary and includes notes from composers and conductors from his tenure with the NSO, as well as autographed timpani parts. In recognition of the gift, the School of Music named its percussion studio in the de Laski Performing Arts Building the Fred Begun Percussion Suite.

Begun began his professional musical career on the timpani in 1951 after graduating from the Juilliard School of Music.

"My dad tried to pass on what he knew to emerging percussionists and make some of the gifts that he had available to others who were not as fortunate," said Begun. Begun is asking others to contribute to the Fred Begun scholarship fund in order to help other

Donations to the Fred Begun Scholarship Fund

George Mason University School of Music Att: John Kilkenny, Percussion Area Coordinator 4400 University Drive MSN 3E3

musical aspirants.

Cason might be one of those budding musicians. Next year he will begin applying to colleges and is considering majoring in music. "I plan to be a famous musician one day," he said.

His mother, however, has other thoughts: "I'm glad that he likes the drums, and I would love to be able to send him to college," said Cynthia Jackson. "But I think he should study something that'll help him get a steady job."

As Cason prepares to perform for family and friends this holiday, Begun will honor her father's gift of music: "We spent his last Thanksgiving together," she said. "It was special. We didn't know how many more Thanksgivings there were going to be so we were happy to be together."

Turkey Carving 101

By Marilyn Campbell The Connection

ew things symbolize Thanksgiving like a whole roasted turkey on a platter, but when it's time for dinner, neatly sliced pieces of meat look even more appealing. Whether it's sliced at the table or in kitchen, turkey carving can be a daunting task, however. A few local chefs share their favorite turkey-carving methods to create an impressive holiday platter.

"The first thing you want to do is put the turkey on a carving board and remove the string that's tying the legs together," said Susan Magruder, a caterer in North Potomac, Md. "You can do that easily with the tip of a chef's knife."

"Allow the bird to rest for about 30 min-



Kristen Robinson and other chefs offer their favorite turkey-carving methods to create an impressive holiday platter.

utes before carving to lock in its juices," said Kristen Robinson, a chef instructor at The Art Institute of Washington. She also manages dinner service for the Art Institute's restaurant, Culinaire, in Arlington.

Local chefs offer advice for slicing the star of the Thanksgiving table

"Remove the breasts first, sliding your [carving] knife on one side of the breast bone first and keeping your knife as close to the rib cage as possible," said Robinson. "Once the breast is removed from the carcass, it will be easy to slice."

Place the breast meat on a cutting board and slice it vertically, said Magruder. "Cut each piece about three-quarters of an inch thick," she said. "This will give the best presentation on the platter."

Use a carving fork to keep the turkey steady, "then face the legs of the turkey toward you and place your knife between the thigh socket. If you gently push the legs out, the socket will pop then you can remove

the legs completely and place them on a cutting board," continued Robinson. "Skin side down, you can easily remove the thighbone and slice the thigh meat."

Magruder prefers to leave the legs intact, but according to Robinson, "the leg meat can be deboned by making a single slice along the leg bone and rolling the meat off the bone. Be sure to save all the juices and add them to your gravy."

Removing the wings is also optional, said Robin McManus of Arlington, a graduate of the Culinary Institute of America. "If you decide to remove the wing, partially cut through the wing joint and then twist to remove the wing."

McManus says her top tip is keeping a roll of paper towels handy, because "creating a pretty turkey platter is a messy job."



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"Shrinkage"



By KENNETH B. LOURIE

Not exactly "like a frightened turtle" as "similed" on a long-ago Seinfeld episode by Jerry himself; this shrinkage is the good kind, the kind you hope a radiological oncologist characterizes when viewing your CT Scan (computed tomography). Specifically, the exact kind of scan I get every three months to assess and evaluate the tumors, and fluid, in my stage IV, nonsmall cell cancer-affected lungs. The actual scanning itself takes about 30 seconds of "breathe in," "hold it," and "breathe out" to determine if my life is on hold - in a good way – or in jeopardy (not a belated reference back to last week's column). The week-long wait until we have our face-toface appointment with my oncologist to learn the results is not as interminable as you might think. Over time, we have gotten used to the experience. After all, living with cancer means living, not dying, and adapting and compartmentalizing cancer's effects - mentally, physically and spiritually; all keys to surviving and enduring the good, bad and ugly that daily can traumatize those of us "characterized as terminal" who frequent the Infusion Centers hoping for a miracle cure.

Since March, 2009, I've been treated with nearly non-stop chemotherapy, infused mostly, except for 12 months or so when I was able to take a targeted therapy pill at home and only had to show up at the Center for scans and doctor's appointments. Six years ago almost, this process began; I can't say it seems like yesterday, because there are yesterdays - due to the effect of chemotherapy - that I simply don't remember ("chemo brain" is the accepted condition/characterization), but time flies when you're having fun or rather, you're still alive against all odds. And so it seems as if I still have a few tomorrows. Tomorrows that were hardly promised to me back at the original Team Lourie meeting in late February, 2009. Somehow, through a variety of fits and starts, I have survived: my DNA, my family history, my attitude, my pills, my supplements, my alkaline water, my diet and lifestyle changes, my above-average luck, whatever, however, I am still present and accounted for. And though "stable" is a radiologist's/ oncologist's description I have come to hope and pray for and embrace over these past six years, "shrinkage" is a description 'most welcome" as Hercule Poirot might say and one I rarely anticipated hearing considering my stage IV circumstances.

But I can take it. Though I'm not cancerfree and certainly not in remission, I am doing reasonably well. I am, as a good friend says: "in pretty good shape for the shape I'm in." The scan results are results with which I can live (Duh!) and so I intend to – until three months hence when we do this scan dance all over again. Granted, this cycle of gloom and doom and results-notsoon-enough is hardly ideal, but it is a living and a living I was not "prognosed" to have ("13 months to two years" was the original prognosis) when first diagnosed. I'm nowhere near home free; I'm still in for the fight of my life – for my life, but for the moment, at least, for this quarter, due to the shrinkage, I can take a bit of a break, which if you want to know the truth, I can certainly use.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

News

Budget

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noticed there would be some schools where enrollment was higher than they projected at some schools where boundaries changed," said Frank Bellavia, public information officer for Arlington Public Schools. "They're refining those boundaries to help adjust for those. It won't affect as many kids as it did originally, but staff felt it was necessary to refine those boundaries."

Forbes said that the costs that come with increased enrollment were not the direct result of actions by the School Board, and its impact couldn't be significantly reduced by board actions.

"The cost associated with new students are immediate and significant," said Forbes. "We understand and appreciate the challenge of balancing a budget, we get that, but in a year when total tax growth is expected to be more than 3 percent, the schools... are anticipating no increase.'

The 2016 budget guidance advised the County Board to maintain the 2015 revenue sharing of 45.9 percent to Arlington Public Schools. Forbes proposed that the County Board either offer an increase in the revenue sharing percentage or provide fixed amount, \$20.1 million, to offset the funding gap. Michael Beer, co-chair of the Schools Committee at the Arlington County Civic Association, spoke at the County Board meeting and also advocated for an increase in the percentage revenue going to the schools.

"I'd like to encourage you to increase your percentage revenue going to the schools," said Beer. "It's been dropping over the past 10 years, from 48 percent down to 45.9 percent. I'd like you to bump that up given the tremendous pressure on the schools."

Arlington County Board Chairman Jay Fisette said that the specifics of how that gap will be closed haven't been worked out but said the numbers will change later in the budget process when the County Board has a more accurate idea of what revenue from taxes will be.

"We have worked for years to build the schools, it is a number one priority. The schools have growth, that's their top priority," said Fisette. "We have always met school needs and we will continue to meet school needs. The schools will get more funds as we get closer to April; we're just six months away from resolving that."

Volunteer Opportunities

Friendly visitors needed by Shepherd's Center of McLean-Arlington-Falls Church. Many local senior citizens have indicated a desire to have someone visit them as most are alone with no family members living locally. The Shepherd's Center of McLean-Arlington-Falls Church has a new Friendly Visitors program and is recruiting volunteers. Call 703-790-0202 or email info@scmafc.org for more.

he Shepherd's Center. The 1205 Dolley Madison Blvd., McLean. The center is need of volunteer drivers from McLean, Arlington and Falls Church. The Shepherd's Center of McLean-Arlington-Falls Church is an interfaith organization serving older people in the McLean, Arlington and Falls Church area. Call Ed Schrock at 703-790-0202, or the main office, at 703-506-2199.

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