

Viewpoints: What Are You Thankful for this Thanksgiving?

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Former McLean Citizens Association presidents were

Former McLean Citizens Association presidents were honored at MCA's centennial celebration on Nov. 20.

McLean Citizens Association

MCA

One Hundred Years and Counting

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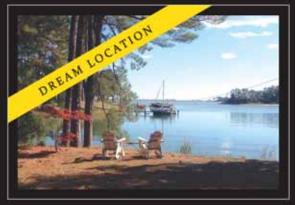
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## News



Former Dranesville Supervisor Rufus Phillips, former McLean Citizens Association president Lilla Richards, Supervisor John Foust, MCA President Sally Horn and Board of Supervisors Chairman Sharon Bulova with a county resolution at the Nov. 20 centennial celebration.



Former McLean Citizens Association presidents were honored at MCA's centennial celebration on Nov. 20.

## Voice of McLean for 100 Years

## The McLean Citizens Association celebrates 100th anniversary.

By Reena Singh THE CONNECTION

he oldest civil organization in the county celebrated it's 100th anniversary, in turn celebrating the milestones McLean has achieved since 1914.

The McLean Citizens Association has served as the voice of the people for 100 years and is the face behind McLean Day, Dolley Madison Library, McLean Community Center and hundreds of resolutions passed on the county level.

"This is a community effort," said MCA President Sally Horn during the centennial celebration on Nov. 20. "This is a collabo-

Merrily Pierce, a former MCA president, and McLean Historical Society President Paul Kohlenberger put together a comprehensive booklet outlining the history of the McLean School and Civic League - known today as the McLean Citizens Association. The book details the important topics in the early days - providing adequate streetlights and enough textbooks and school supplies for another McLean institution that also



Providence District School Board member Patty Reed, Del. Marcus Simon and Del. Barbara Comstock at McLean Citizens Association's centennial celebration.

recently celebrated a centennial birthday -Franklin Sherman Elementary. "This was a labor of love on their part,

and I want to thank them from the bottom of my heart," said Horn. Pierce detailed in the booklet why the

history of the organization took 100 years

to put into a bound edition. "One major obstacle had been a lack of an official repository for MCA documents in McLean, and the concomitant paucity of easily-accessible records," she said. "Recognizing the challenge, one of us attempted

to find an appropriate location for MCA

source documents during the 1990s." After more than a decade, the history, from the beginning days as the voice for children's education to becoming a voice for nearly 50,000 people today, has been preserved in a booklet.

Three separate resolutions - including

from the state General Assembly and the county Board of Supervisors - honoring the MCA were presented. Dranesville Supervisor John Foust noted that he once held Horn's position as MCA president.

"As a former president of the McLean Citizens Association, I can tell you the respect that the MCA has is the top of the list," he

Board of Supervisors Chairman Sharon Bulova also noted the MCA's reputation on the county-level.

"Organizations come and go," she said. "We do not have the opportunity often to honor an organization that has not only lasted but is also a force in the community."

Every living MCA president was also honored at the event. Each one was presented with a small gift and got a photo taken together for prosperity.

"So long as the MCA remains faithful to

**Dranesville Supervisor John Foust, Barbara Phillips** 

and former Supervisor Rufus Phillips celebrate at the McLean Citizens Association centennial party.

part of both McLean and Fairfax County." said MCA board member Rob Jackson. He is the longest serving president of the organization and joked that he is the

its primary duty to represent the commu-

nity, I think the MCA will be an important

Franklin D. Roosevelt of MCA. His tenure as president lasted from June 2007 until May 2012. During that time, the county was in the process of trying to figure out how to make Tysons become an urban center.

"The MCA was actively involved to ensure the interests of our members, including those residing in Tysons who live north of Route 7, were adequately addressed in the County's decision," he said. "While we might disagree on details of the County's decisions, our consensus belief is that the 2010 Comprehensive Plan was reasonable. And we think our involvement was critical to that result.'

#### VOLUNTEER OPPORTUNITIES

The Shepherd's Center of Oakton-Vienna has an urgent need for volunteer drivers to take area seniors to medical appointments and other activities.
Opportunities to volunteer for other services are also available. No long-term commitment and hours are flexible to fit your schedule. We hope you can help. Visit our website at www.scov.org or contact the Volunteer Coordinator at 703-281-5086 or email volunteer@scov.org.

**Adults** in Alexandria needs a Van Driver to take participants on outings and an ESL on Volunteer Solutions. Teacher. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadultsand click on Volunteer Solutions.

Meals on Wheels needs drivers in Chantilly, Clifton, McLean and Falls Church on Monday, Wednesday and Friday. Substitute drivers needed throughout the county. For these and other volun-

The **Kingstowne Center for Active** teer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click

> The Wakefield Senior Center in Annandale needs a Chair Exercise Instructor, Spanish-speaking interpreters, an Experienced Canasta Player to teach participants, and certified instructors for classes in Ballroom Dance and Pilates. Volunteer instructor positions could lead to part-time employment. For these and other volunteer opportunities, call 703-324-5406, TTY

711 or visit www.fairfaxcounty.gov/ olderadultsand click on Volunteer Solutions.

**Fairfax County** needs volunteers to drive older adults to medical appointments and wellness programs; urgent need in Reston area. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadultsand click on Volunteer Solutions.

SEE VOLUNTEER, PAGE 4

## VIEWPOINTS

Andrea Del Vecchio, managing director of a nonprofit:

"I am most thankful that the country is becoming more informed about the issues. That was shown in the most recent election."



Andrew Gutowski, McLean, real estate, architect and project manager:

"I'm thankful for my great family."

### What Are You Thankful for This Year?

McLean residents interviewed at McLean Community Center.

Reena Singh



Connie Crosby, McLean, real estate agent:

"I'm thankful for a healthy family."



Nancy Bleeker, McLean, retired social worker:

"My son is getting married this weekend, so I'm very excited for an expanded family."



Joann Berkson, McLean, nonprofit arm of McLean Citizen's Association:

"I'm grateful to be a member of the board and a part of an organization that does so much for the McLean community."



Sandra Stein, McLean, communications for an investment company:

"I'm thankful for family, friends, a wonderful community and good health."

#### VOLUNTEER OPPORTUNITIES

From Page 3

The **Annandale Adult Day Health Care Center** in Annandale needs Spanish-speaking social companions and a licensed hair stylist to wash, cut and style hair for participants. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The Hollin Hall Senior Center in Alexandria needs a DJ to provide a wide array of music from ballroom to line dancing, a Ballroom Dance Instructor and a volunteer with basic carpentry skills to build a "Little Free Library," for people to donate and borrow books from. Center will provide plans and materials. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Sully Senior Center** in **Centreville** needs a certified personal trainer twice a week, preferably with experience working with older adults. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Korean Meals on Wheels needs Korean-speaking volunteers to deliver mealsMonday, Wednesday and Friday in Centreville, Reston and Annandale. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visitwww.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Gum Springs Senior Center** in Alexandria needs a Spanish teacher for a beginner's class. For these and other volunteer specific and 2012-2014 for TTY

teer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/ olderadults and click on Volunteer Solutions.



## McLean Ready for WinterFest Parade

### Parade will be held on Sunday, Dec. 7.

n Sunday, Dec. 7 McLean residents will welcome in the holidays as more than 60 entries proceed down Old Chain Bridge Road for the annual WinterFest parade. This year's Grand Marshals will be the veterans of American Legion Post 270 on this day of remembering the attack on Pearl Harbor in 1941. In the parade will be U.S. Army veterans Marvin Quinn, age 90, and Norman Duncan, 94, both veterans of World War II. Accompanying them will be Post 270 Adjutant Don Kimble and Past Commander Tom Lukas.

The stage will be set in the center curb cut of Langley Shopping Center, with Peggy Fox from WUSA Channel 9, again calling the parade. Parade entries will begin at Fleetwood Road and proceed down Old Chain Bridge Road to Elm Street. Old Chain Bridge Road will be closed to traffic from 2:30 to 5:30 p.m. on the day of the parade.

Pre parade entertainment begins at 2:30 p.m. and will be provided by the Out of Line Band with Claudia Swope, Brandon Robertson leading the Franklin Sherman Elementary School Choir, The Aloha Boys, and Wayne Tympanick leading the Kent Gardens Elementary School Choir. Robert Rosenbaum will again provide accompaniment and holiday tunes on his piano. Bill DuBose of Vintage Wealth of McLean will

emcee the entertainment again this year.

Then, at 3:30 sharp, the parade will lead off with the Fairfax County Sheriff's Office Honor Guard and more entries, more music and more fun. New this year, WinterFest will sponsor a photo contest for spectators and entries that will be used to promote next year's parade. Images will be judged in the following categories: Best overall photo of the event; Best photo of pre-parade entertainment; Best photo of Parade Spectators; Best photo of parade entries; and Best photo taken by a child 12 or under. Winners will be announced in January. Go to www.mcleanwinterfest,org for the contest details.

This year's food vendors will include DC Sliders, Mama's Donut Bites, sweets from Fluffy Thoughts and Swizzler Gourmet Hot Dogs. Naked Pizza will be selling by the slice at their store parking lot on Chain Bridge Road, across from Langley Shopping Center. There will be convenient handicapped parking in the McLean Baptist Church parking lot closest to the stage and chairs set up for seniors and veterans across the street from the stage.

The parade steps off at 3:30 p.m. on Sunday, Dec. 7. This year's WinterFest parade will be bigger and better than ever. Follow updates of McLean WinterFest on Facebook Twitter and www.mcleanwinterfest.org for more parade information including a map of the parade route and suggestions for parade parking for entries and spectators.



December 5-6, 2014

## CHRISTMAS WALK WEEKEND & PARADE

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Friday, Dec 5 from 9 am - 5 pm, Saturday, Dec 6 from 9 am - 4 pm

#### Deck the Halls With Santa

Friday, Dec 5 from 1 - 3 pm

#### The Taste of Scotland

Friday, Dec 5 from 6:30 - 11 pm

#### Holiday Marketplace

Saturday, Dec 6 from 10 am - 4 pm

#### The Scottish Christmas Walk Parade

Saturday, Dec 6 begins at 11 am

#### Holiday Designer Tour of Homes

Saturday, Dec 6 from 11 am - 4 pm

For more information visit www.ScottishChristmasWalk.com or phone (703) 549-0111.



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## County of Fairfax, Virginia Fairfax County Department of Transportation

#### Roadway Improvement Project

Jones Branch Connector from Jones Branch Drive (Route 5062) to Dolley Madison Boulevard (Route 123) Fairfax County • Location and Design Public Hearing

Wednesday, December 10, 2014, 6:30 pm – 8:30 pm. (Formal presentation at 7:15 pm)

Inclement Weather date: Tuesday, December 16, 2014, 6:30 pm – 8:30 pm Spring Hill Elementary School • 8201 Lewinsville Road, McLean, VA 22102

**Find out about plans** to extend Jones Branch Connector roadway to connect Jones Branch Drive (Route 5062) to Dolley Madison Boulevard (Route 123). The roadway will cross I-495 and continue along the current Scotts Crossing Road alignment. Current direct ramp access to the I-495 Express Lanes will remain. The project will provide alternate vehicular access to the Tysons area and will reduce congestion at the Route 123/I-495 interchange.

Stop by between 6:30 pm – 8:30 pm (formal presentation at 7:15 pm) to view displays and learn about the project. The Project team will be available to answer your questions. Review project information and the National Environmental Policy Act (NEPA) documentation at http://www.fairfaxcounty.gov/fcdot/, at the Public Hearing, or at FCDOT's office at 4050 Legato Road, 4th Floor, Fairfax, Virginia, 22033. Please call 703-877-5600, or TTY 711 in advance to schedule an appointment with FCDOT staff.

Consistent with the NEPA and 23 CFR 771, a Final Environmental Impact Statement (EIS) was approved by the Federal Highway Administration in April 2006 for High Occupancy Toll (HOT) Lanes on I-495. In accordance with 23 CFR 771.129, a reevaluation was prepared for proposed Jones Branch Connector improvements to determine the adequacy of the final EIS. In compliance with the National Historical Preservation Act, Section 106 and 36 CFR Part 800, information concerning the potential effects of the proposed improvements on properties listed in or eligible for listing in the National Register of Historic Places are included in the environmental documentation.

Provide your written or oral comments at the hearing or submit them in writing within ten (10) days following the hearing, to Mr. John W. Dresser, Project Manager, Fairfax County Department of Transportation, 4050 Legato Road, Suite 400, Fairfax Virginia, 22033. You may also e-mail your comments to DOTinfo@fairfaxcounty.gov (include "Jones Branch Connector" in the subject line).

Fairfax County ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964.



For more information or to request reasonable ADA accommodations for persons with disabilities or limited English proficiency, contact the project manager at the above phone number.

If meeting is canceled due to a school closing, it will be held on December 16, 2014, at the same time and location.

FCDOT Project No. 1400093-2013 • VDOT Project No. 8102-029-065, UPC 103907 Federal Project No. STP-5A01(483)

### News

### Spring Hill Liya Ensemble Performs at State Convention

Spring Hill Elementary's top performing group, the 10-piece Liya Ensemble, had the honor of being selected as the only musical group to perform for the Virginia School Board Association's convention in Williamsburg on Nov. 19. Each school district in the state was invited to select a performing group, each of which had to audition for a spot at the convention. Only three performing groups were chosen. The other two groups presented a "wax museum" and a comedy troupe. The Liya Ensemble is directed by Ruth Donahue.



Spring Hill's principal, Roger Vanderhye, with three Fairfax County School Board representatives (including Janie Strauss, foreground, who represents Spring Hill's Dranesville district) listening to the ensemble.

PHOTOS CONTRIBUTED

Director Ruth Donahue listening to a particularly difficult part of the "Allegro" from Handel's Concerto Grosso Opus 6, No. 1." Principal Roger Vanderhye is in the background.





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### **SAVE THE DATE!**

MCLEAN WOMAN'S CLUB 48th ANNUAL HOLIDAY HOMES TOUR AND MARKETPLACE



Thursday, Dec. 4th, 10 a.m.—3 p.m., in McLean.

\$25 in advance at Mesmeralda's, McLean; Great Dogs, Great Falls; Karin's Florist, Vienna;

\$30 on Dec. 4th at tour houses (1173 Ballantrae Lane) and at MarketPlace (Trinity United Methodist Church, 1205 Dolley Madison Blvd.): Gifts, auction, tour tickets, lunch, free tour buses. Contact: **703-556-0197** or **703-356-0089** 

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## **OPINION**

## Holidays Are About Giving

### Give thanks and share; tens of thousands of families around us are in need.

he holidays are about giving, and giving thanks. The holidays are about children and family. The holidays are about sharing, about joy. The holidays are about being thankful

and about faith and appreciation. The holidays are about alleviating suffering for others.

Surrounded by the bounty in so many neighborhoods in Northern Virginia, many of us see little signs of the massive unmet needs here. But in Fairfax County Public Schools, more than 52,000 of the students are poor enough to receive free or subsidized meals, a significant measure of poverty.

In Arlington more than 32 percent of the students are poor enough to receive free or subsi-

dized meals; that's 7,452 students at last count.

EDITORIAL In Alexandria, 8,582 students are poor enough to receive free or subsidized meals. That's 60 percent of the 14,222 students enrolled.

These are children who are living in families who may be on the brink of homelessness, families who must choose between medical

bills, car repair, heat and food. These are children who may not be sure that they will have a meal between the meals they get in school. School holidays can bring uncertainty and hunger, a far cry from the celebrations, gifts and plenty that we associate with Thanksgiving and Christmas.

Hundreds of homeless students attend the public schools, and their needs are greater.

There are literally hundreds, probably thousands, of ways to give locally this season. Here are a few ideas. We will rerun this list again during the holiday, so let us know what we have missed.

— Mary Kimm.

MKIMM@CONNECTIONNEWSPAPERS.COM

- Vienna, organized in 1969 by a group of concerned churches and individuals in the Dunn Loring, Merrifield, Oakton, Vienna community to provide simple, loving charity to those in need. 14th Annual Thanksgiving Interfaith Service is Tuesday, Nov. 20, 7:30 p.m. at Emmanuel Lutheran Church, 2589 Chain Bridge Road. Vienna 703-281-7614 http:// www.cho-va.com
- ❖ Herndon-Reston FISH (For Immediate Sympathetic Help), 336 Victory Drive, Herndon,
- 703-391-0105http://herndonrestonfish.org
  Northern Virginia Family Service, 10455 White Granite Drive Suite 100, Oakton, VA 22124 703-385-3267 http://www.nvfs.org/
- 12 Ways of Giving: Fairfax County Office of Public Private Partnerships "12 Ways of Giving" campaign is an annual event that showcases many ways for meaningful, local giving during the holiday season, highlighting nonprofits in Fairfax County. www.fairfaxcountypartnerships.org

#### Where to Give Locally

In no particular order:

- Our Daily Bread - has been serving needy families in Fairfax County for 25 years. The Holiday Program helps those in need with food for the holidays and gifts for their children, making last year's holiday season brighter for approximately 3,000 families. For more information on their holiday programs, including how to sponsor a family, go to www.odbfairfax.com/holiday
- Cornerstones, 11150 Sunset Hills Road, Suite 210, Reston, serving Reston and Herndon. 571-323-9555, www.cornerstonesva.org. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program and the Thanksgiving Food Drive.
- FACETS helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area. FACETS is always in need of volunteers, and offers a variety of one-time and ongoing opportunities. 703-865-4251 or

volunteer@facetscares.org. www.facetscares.org. 10640 Page Avenue, Suite 300, Fairfax VA 22030

- The Jeanie Schmidt Free Clinic, 13525 Dulles Technology Drive, Herndon, VA 20171, 571-235-3577. Last year, 139 community volunteers nurses, nurse practitioners, and physicians — gave more than 1,300 hours of their time to see patients.
- Alternative House Abused and Homeless Children's Refuge, 2100 Gallows Road, Vienna, VA 22182, 703-506-9191. www.thealternativehouse.org.
- **SHARE** of McLean seeks donations of grocery gift cards and more. Checks and gift cards can be sent to: Holiday Celebration, Share, Inc. PO Box 210, McLean, VA 22101. 703-284-2179.www.SHAREofMcLean.org
- LINK, serving Herndon, Chantilly, Loudoun and more, needs contributions of food, coats and holiday toys for children, plus volunteers. More than 4,000 adults and children have signed up for help with Thanksgiving and Christmas meals. 703-437-1776

Nurturing Happy Memories For some, memories of just a few happy moments

By Joan Brady

provide arsenal for enduring.

t's my few happy memories that keep me going," a young woman who had grown up in foster care told me a few months ago.

To be honest, today I'm a little foggy on exactly what her happy memories even were. They weren't monumental experiences or achievements. They were simply moments in time when she felt

One was about being near the water. Another, a meal eaten at a particular restaurant. And another, a time when she felt like she was being heard. A small arsenal of moments that she could dip into, as needed.

I haven't been able to stop thinking about that conversation. I grew up with two loving parents. While no childhood is perfect, I'd say mine was pretty close. What I keep



The importance of happy memories: Joan Brady in a selfie with her siblings, the first photo of iust the four of them since childhood.

stored away are my few unhappy memories. Images I trot out when I want to wallow in a little self-

just a few good memories. And they had to be enough to keep me moving forward, from making bad choices, even from killing myself. What would they be?

Well there was my nursery school graduation. Every kid had

to stand up and perform in front of the group of proud parents. Painfully shy and paralyzed by the very idea, I distinctly remember But what if I could hang on to my mother telling me that she had spoken with my teacher and I would be exempt from this particular torture. This one I'd keep as a reminder that I have a mother who had my back then and continues to now.

There was that beautiful spring

day that I walked with her down the streets of New York City, proud to be a recent college grad and excited to be going on job interviews and looking for an apartment. It would be good to hang on to a reminder to appreciate accomplishments and to embrace the next set of goals with enthusiasm.

There was the time a few years ago that my sister and brothers and I took a selfie. It was the first image of just the four of us since we were kids. There was something about that moment, enjoying each other's company and recognizing, that no matter what, these people could be counted on. Yup, definitely a memory worth hanging on to.

And maybe, one would be the moment when I recognized how lucky I am to have a treasure trove of happy memories as deep and as long as my life.

Joan Brady is a professional photographer; mentor and advocate for current and former foster children; volunteer with paws4People, Fairfax Families4Kids, and others; and a resident of Great Falls. Reach her at joan@joanbradyphotography.com

## ■McLean

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## COMMUNITY

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### County-wide nonprofits offer gift ideas and civic engagement.

The Connection vice analysis.

in fact that he's running out of "With more online giving, more water view locations. And though people are thinking about loans many people choose to honor de- instead of gifts. These are new creceased family members with a ative approaches to engage people bench, he's had plenty donated in in helping." tribute to the living. One pair of sisters gave a bench as a birthday in. Now in its fourth gift to their mother; it had two year linking citizens plaques, one of which was at with nonprofits and ground level so the mother's dog county-wide issues like

"Each one, working with a do- from minority groups nor, I know the story with it," said underperforming in Reagle. "Going out, going around schools, the gift-giving the trail, you wind up spending angle is paying off. several hours with them over this "We've seen groups whole time.'

drying up at Burke Lake, there are said Lemieux. plenty of scenic plots available throughout the 420-odd parks ize that addressing soaround Fairfax County. And there's cial problems is not a collaborative effort underway to just going to be help populate that with tax-deduct- government's responsiible gifts. It's part of the county's bility," said Abramson. Office of Public Private Partner- "We need all sectors, ships (OP3) "12 Ways of Giving" individuals, families initiative

In this instance, citizens can do- ing together if we're nate a new bench (around \$2,000 going to get something for the installation), adopt an ex-done. isting bench with a plaque (\$800) or have a two-to-three-inch-calibre the nearly 500 nonprofits landscape tree planted. The donations to the parks go through the www.connectnorthernvirginia.org. nonprofit Fairfax County Park Foundation. OP3 is encouraging Opportunities the public to help address civic issues by making charitable donations as gifts.

"The idea is it's to be very easy, very engaging," said Wendy Lemieux, a spokesperson with OP3. A single web page is a portal to donate to 12 different organilies in need from county social zations that each satisfy a county workers. goal for the environment, education, animals or domestic violence.

"As you dive deeper, you can get involved and knock someone off people with people," said ODB exyour Christmas list as well," Lemieux said

are now a \$335 billion enterprise," with. It's eye-opening." said Alan Abramson, director of the He cited the latest report from Givplant trees that maintain canopy \$500 to adopt.

By Tim Peterson ing USA, a semi-annual public ser-

Abramson attributes a gain in n over 20 years as manager giving over the past several years of Burke Lake Park, Charlie in part to the regrowth of the Reagle has seen a lot of economy, but that it's also "a crebenches installed. So many ative time for giving," he said.

Which is where 12 Ways comes Awareness Month.

have up to a 150 per-While water view space may be cent increase in giving,"

and communities com-

To learn more about registered in Northern Virginia, visit

## to Help

**Our Daily Bread** has been contracted by Fairfax County to provide holiday assistance with half of the 3,000 referrals of fami-

Gift: \$50 donation for gift cards for clients or adopt a family.

"It's an opportunity to connect ecutive director Lisa Whetzel, Charitable giving has become a there are people who live around trees." major factor in the economy: "Do- the corner that are living without nations, in the country as a whole, a lot of the amenities that they live **FAIRFAX COUNTY PARK** ment rate above 90 percent. We're year.

GMU Center for Nonprofit Man- \* REFOREST FAIRFAX AND \$800 to adopt an existing bench: \* FAIRFAX LIBRARY FOUNagement, Philanthropy and Policy. **FAIRFAX RELEAF** project to \$1,000 for a new tree donation or **DATION** 



Ina Fernández, director of the Fairfax County Office for Women & Domestic and Sexual Violence Services and Fairfax County Police Department Chief Edwin Roessler were at the Fairfax County Board of Supervisors meeting Sept. 23 for the declaration of October as Domestic Violence



Annie Duer's family is currently fostering

**Sweet Jane through the Fairfax Animal** Shelter. Sweet Jane has been waiting more

Michelle Opdahl (left), Kalle (center) and Tom Bowser (right) enjoy time on a bench at Burke Lake Park.

cover around the county, help with stormwater management and soil retention. The project is responthe Fairfax County Parkway, as well as a big replanting after construction at Bonnie Brae Elementary

Gift: \$35 donation for multiple native trees in a group planting help with surgeries, medication, somewhere in the county.

"Eighty percent plantable space gram is on private land in Fairfax County," said Jim McGlone, urban forest conservationist of the Virginia Department of Forestry. "Trying to expand or improve the coverage, we really have to engage the

## FOUNDATION

Gift: \$2,000 for a new bench or

than six months for a "forever home." "It does keep on giving," said Roberta Longworth, executive director of the Park Foundation. "Our sible for many of the trees along wooden benches are guaranteed for five years and steel for ten."

#### **❖ FRIENDS OF FAIRFAX COUNTY ANIMAL SHELTER**

Gift: Donations of various sizes collars, tags and the microchip pro-

"It's an open access shelter that takes in every animal that comes to the door," said Kristen Auerbach, a spokesperson for the Fairfax County Animal Shelter. Annually, that number is about 5,000 dogs, in the United States with a placeabout 95 percent this year."

Gift: Add a book to a specific

nity overall, based on their interests," said Susan Harman, executive director of the Fairfax Library Foundation. "That's helpful, and they can do it from their desktop."

check it out.

library's collection, such as the Ri-

Amazon wish list and put the gift

"They're supporting the commu-

recipient's name first on the list to that point, so moving the donation

**COLLECT FOR KIDS:** a consortium of nonprofits, for-profits and county agencies working to make sure all students start school with the necessary supplies. Fairfax dria County has about 50,000 students "neighbors to neighbors. You see public and get individuals planting cats, reptiles and other furry crea-that qualify to receive free or re-help purchase toys, bicycles and Sandy Bromley, Fairfax Countytures. "It's the largest jurisdiction duced meals. Collect For Kids coats for children for the holidays. wide domestic violence coordinareached three-fifths of those this

"When do you start to think www.ConnectionNewspapers.com

50 to 70 are coming to us," said ally celebrate the holidays."

www.ConnectionNewspapers.com

"We've already bought things at

FIREFIGHTERS AND

FRIENDS TO THE RESCUE:

works with churches, shelters and

schools to provide toys, coats and

shoes to children. Fifteen years

ago, the organization helped 50

in a single donation event, usually

held at Fire Station 11 in Alexan-

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Captain II Willie Bailey (left), Erin McMullin with Operation Warm (cen-

ter) and Niko Chakos with FOCUS North America (right) distributed 2,200

pair of shoes and 2,000 coats Oct. 28 at Fire Station 11 with Firefighters

Our Daily Bread volunteers fill food crates at the Complete the Circle collection and distribution event held at Fairfax High School

about back to school stuff?" said Toys 'R' Us for a few hours."

#### Jay Garant, Fairfax County Public Schools coordinator of business **\* DOMESTIC VIOLENCE SER**chard Byrd location, through their and community partnerships.

VICES: working with the nonprofit A Way Forward to provide basic house and emergency needs point to December would be great for people leaving shelters to start new homes. The county has offices in 11 locations, including the South County Human Services building.

Gift: Donations of various sizes help purchase goods like bed in a bag, kitchen in a bag, door locks, mattresses, as well as holiday-specific items like toys, games and kids: today they reach over 3.000 books.

"We're raising funds to give families the extras they just don't have the money or resources to provide during the holiday season," said Gift: Donations of various sizes "With 180 schools in the county, tor, "give victims the chance to re-

Gift: Donations of various sizes 
Captain II Willie Bailey with the 
For the complete 12 Ways of help with the bulk purchase of Fairfax Fire and Rescue Depart- Giving nonprofit list and donabackpacks, pencils, pens, scissors, ment. "And one out of four kids liv-tion portal, visit http:// ing below the poverty line, that's a www.fairfaxcountypartnerships.org/ big need. The station looks like enews/Ways to give 1214.html.

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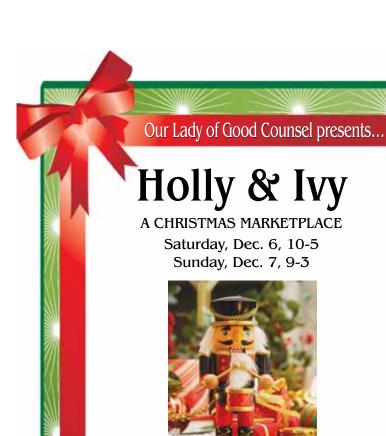
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## ENTERTAINMENT

## Bye-bye Cares and Woes

'One Man, Two Guvnors' in area premiere at 1st Stage.

By David Siegel
The Connection

n a world that can be way too stressful and sober, 1st Stage brings a carnival of rowdy fun and silly jabber. This is the area premiere of the recent Tony Award winning, "One Man, Two Guvnors." It is most definitely a guilty pleasure of escapism. With plenty of live jaunty music.

"One Man, Two Guvnors" is best described as free-wheeling; at times a wildly funny quick step comedy. It works hard and successfully to treat the audience as unindicted co-conspirators in on the bedlam.

Written by British playwright Richard Bean, the show is an updated adaptation of a long ago commedia dell'arte style comic play. Commedia dell'arte is comedy of confusion as the characters overcome obstacles to life, love and a happy ending. The updated play takes place in 1963 in an English seaside town. The Beatles are making it and gender wars are heating up.

Director Matthew R. Wilson, artistic director of the award winning Faction of Fools theater troupe, has assembled a grand ensemble willing to go to any lengths overcome audience reluctance to give-up their normally staid clear-headed ways.

Francis Henshall (played winningly as a shrewd trickster by Doug Wilder) is out of work. Through confusing events, he finds himself employed by two men. Both men are wanted by the police; one a small-time gangster with a secret (a delicious Katy Carkuff) and the other, a middle-class criminal. (Daniel Corey with the comic timing and stare of a modern day Jack Benny). The game is afoot as Wilder tries to find ways to come out on top. This includes quenching an appetite for food and to connect with the woman of his dreams. (Bess Kaye, a joyous, tough-as-nails "feminist" book-keeper).

There is also an odd couple in love. **through** I A wide-eyed, not-quite all there ingénue (played to the tops by Megan Graves) and her fiancé; an over-the-top "actor" (Charlie Retzlaff).

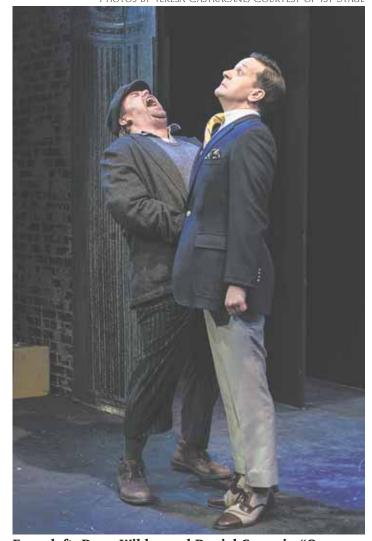
Each of thirteen-member cast shows off their musical talents throughout the production. Costume designer Lynly Saunders brings out the characters nature in her clothes selections. Set designer JD Madsen gives the audience smiles with his charming renderings.

So, in the mood for a spinning-top evening of entertainment, with plenty of clever slapstick and happy tunes from a live skiffle band? Enjoy not being clear-



Megan Graves in "One Man, Two Guvnors" at 1st Stage. The show runs through Dec. 28.

Photos by Teresa Castracane/Courtesy of 1st Stage



From left: Doug Wilder and Daniel Corey in "One Man, Two Guvnors" at 1st Stage. The show runs through Dec. 28.

#### Where and When

"One Man, Two Guvnors" at 1st Stage, 1524 Spring Hill Rd., McLean. Performances through Dec. 28. Fridays at 8 p.m., Saturdays at 2 p.m. and 8 p.m., and Sundays at 2 p.m. and 7 p.m. Tickets are \$23-\$28. Student and military tickets are \$15. To purchase tickets call 703-854-1856 or visit online at www.1ststagetysons.org.

headed all the time? Then "One Man, Two Guvnors" is here for a short time longer in the quickly changing "new" Tysons.

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## CALENDAR

Send announcements to north@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

#### THROUGH SUNDAY/JAN. 4, 2015

Meadowlark's Winter Walk of

**Lights.** 5:30 p.m. Meadowlark Botanical Garden, 9750 Meadowlark Gardens Court, Vienna. A winter wonderland, including a flowing stream of softly glowing lights, a two story animated fountain and a Gingerbread Village. Admission: \$13 adults, \$8 children ages 3-12; children under 3 are free.

#### TUESDAY/NOV. 25

The 16<sup>th</sup> Annual Community
Thanksgiving Worship Service.

7:30 p.m. Vienna Baptist Church, 541 Marshall Road SW, Vienna. Clergy and choirs from participating churches will lead the service with prayers for peace and thanksgiving. Offerings will go to support the local food banks run by Our Daily Bread and Committee for Helping Others (CHO). For additional information or transportation needs, please call the Shepherd's Center at 703-281-0538.

#### THURSDAY/NOV. 27

Thanksgiving Day Brunch. Seatings from 10:30 a.m. to 3 p.m. Ritz-Carlton, Tysons Corner, 1700 Tysons Boulevard, McLean. Enjoy a special Thanksgiving Day brunch, featuring all your favorite brunch items and delicious Thanksgiving fixings. Enjoy live musical entertainment and special activities for our youngest brunch guests. \$125 per adult, \$40 per child, ages 4 to 12, exclusive of tax and gratuity.

lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

## Adopt Donate Volunteer

Volunteers needed for adoption events, fostering, transportation, adoption center caretaking and more.



lostdogandcatrescue.org



Meadowlark Botanical Gardens, off Beulah Road, features more than 500,000 LED lights in its spectacular Winter Walk of Lights Festival. The walking tour of the light displays and scenes opened on Nov. 14 and runs through Jan. 4, 2015.

#### FRIDAY/NOV. 28 -WEDNESDAY/DEC. 24 Santa HQ at Tysons Corner

Center, 1961 Chain Bridge Road, Tysons Corner. Visit Santa's Magical Workshop & Observatory, presented by HGTV - for photos and family activities, located in Fashion Court on level one between Nordstrom and Bloomingdale's - beginning November 14th. Reserve your space online to see Santa. Ongoing event.

#### FRIDAY/NOV. 28

Annual Gingerbread House. 4 p.m. Ritz-Carlton, Tysons Corner, 1700 Tysons Boulevard, McLean. Kick-off the holidays with The Ritz-Carlton, Tysons Corner, as the life-sized Gingerbread House is unveiled. Located on the 3rd floor, arrival lobby level of the hotel, the culinary work of art is large enough for guests to walk around inside and explore the sugary construction created by our talented Pastry Team. Opening day festivities will include holiday confections, hot spiced cider and hot cocoa.

#### FRIDAY/DEC. 5

**Ugly Sweater Party.** 7-10 p.m. Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. For 7th-9th graders. \$10/\$5 OFTC member.

SEE CALENDAR, PAGE 15

## Gratitude Leads to Healing and Abundant Good

**Hear about spiritual solutions 24/7, Nov 22-28 at 202 658-7855.** 

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# Here's What's Happening at MCC



#### 32nd Annual McLean Holiday Crafts Show

Friday-Sunday, Dec. 5-7 Friday, 11 a.m.-7 p.m. Saturday, 10 a.m.-6 p.m. Sunday, 11 a.m.-4 p.m.

Admission: Adults, \$3; \$1, ages 13 and under (Take \$1 off with this ad). Good all 3 days!

Old Firehouse Teen Center
7th-9th grader
Ugly Sweater Party

Friday, Dec. 5, 7-10 p.m. \$10/\$5 OFTC member

Midday Movies
"The Others" (2001)

Wednesday, Dec. 10, 1 p.m. Free admission

OFTC Family Events
Breakfast for Dinner with the
Unruly Theatre Improv Group

Friday, Dec. 12, 7-9 p.m. Registration is not required.

## Day Trip Holiday in Baltimore

Saturday, Dec. 13, 8:30 a.m.- 5:30 p.m. \$87 per person/\$82 MCC district residents

Bring the Kids "Frozen" (2013)

Saturday, Dec. 13, 2 p.m. Free. Reservations are not required.

The McLean Community Center www.mcleancenter.org Home of the Alden Theatre



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## News



(From left) Thomas Jefferson seniors Andrew Haymaker of Falls Church, Justice Francis of Springfield, Nick Brady of Great Falls and Thomas Rogers of McLean enjoy the improved lighting, roominess and three-dimensional printers in the new transportation lab.



Photos by Tim Peterson/The Connection

Thomas Jefferson teacher Dr. John Dell explains a rare, powerful X-ray machine and desktop electron microscope in the new quantum physics and optics lab.

## Renovation Keeps Rolling at Thomas Jefferson

New wing showcased at Nov. 14 ribbon-cutting.

By Tim Peterson
The Connection

homas Jefferson senior Thomas Rogers is big on the laser cutter. "You can cut anything you want," said the McLean resident, "like exact designs on sheet metal." Rogers was enthusiastic about the device, but wouldn't fire it up during the Nov. 14 tour of the Science and Technology Governor's School's new two-story wing with 14 research spaces.

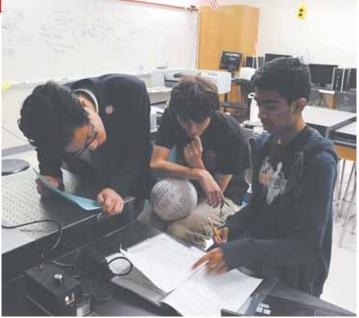
The transportation and robotics labs received numerous structural upgrades from their former facilities, including lighting and a more open floorplan with large garage doors.

"I'm extremely stoked about the new lab," said Rogers. "I could live in here. It smells better, the light is better and the garage doors between the labs give a sense of community. The last rooms were pretty cramped."

Jefferson has been undergoing a massive renovation since spring 2013, with an expected completion by fall 2016. Friday's ribbon-cutting marked being ten to 15 percent of the way there, according to Brandon Kosatka, director of student services at previous manager of the project.

Builders Henley Construction Company, Inc, working with Ballou Justice & Upton Architects, plan to double the size of the original building to 390,000 square feet.

"This renovation isn't about just putting paint on the walls, it's about restructuring the layout to support how learning has evolved over time," said Jefferson Principal Evan Glazer. "We need research spaces for more collaborative team teaching and



(From left) Justin Yum of Woodbridge, Jacob Benheim of Fairfax, Nihar Gudiseva of Herndon study afterschool in the new wing's quantum physics and optics lab.

inquiry-based projects that didn't exist in the '60s. This will support those spaces."

**IN ADDITION** to the new labs for neuroscience, quantum physics, optics and other scientific specialties, the full renovation plan includes internet cafes, three-dimensional art galleries, a black box theatre, a massive virtual collaborative research network and improved energy efficiency. And a great dome reminiscent of President Thomas Jefferson's Monticello is up, but still under construction.

Glazer announced to the ribbon-cutting audience phase two should begin in about a month. "The whole center of the building will be excavated," he said. "Front and back, it'll look great, but there won't be anything in the middle. Students have really had to

manage with the 64 different learning cottages we've had at multiple places on campus."

Shawn J. Frank is the Jefferson assistant principal currently managing the renovation. "The staff and students have been really flexible," he said. "You see this and it's just scratching the surface. It's amazing to see it come to fruition."

Fairfax County Public Schools Superintendent Karen Garza thanked the parents and community members at the ribbon-cutting for supporting bonds that help make renovations possible around the county.

"These are young people who could potentially solve some of the greatest challenges that we face in our world," she said, "so we're very excited about them having the kind of space to allow their learning to thrive and flourish."



Dr. Dan Burden stands in the new JUMP Lab (Jefferson Underclassmen Multidiscipline Projects), an open work space, connected with a hallway-commons area, to enable younger students to develop research ideas before they have full access to the more specialized labs.

**GARZA** was followed by School Board Chairman Tammy Derenak Kaufax. "I'm proud when I see any one of our 25 high schools get the upgrades that they so much deserve and the students need," she said. "We all know TJ needed a renovation and here we are, it's finally happening."

In addition to county funding, the renovation has benefitted from over \$3 million raised by the TJ Partnership Fund, connecting with alumni, parents and the corporations Lockheed Martin, Northrop Grumman and Cisco.

Though many current Jefferson students won't see the finished project before they graduate, they're taking advantage of the upgrades as they come. "To see both sides of the construction is better than I'd imagined," said Rogers.

### Calendar

From Page 13

#### FRIDAY-SUNDAY/DEC. 5 - 7

**32nd Annual McLean Holiday** Crafts Show. Friday: 11 a.m. - 7 p.m. Saturday: 10 a.m. - 6 p.m. Sunday: 11 a.m. - 4 p.m. McLean Community Center, 1234 Ingleside Avenue, McLean. Admission: Adults, \$3; \$1, ages 13 and under. Good all 3 days.

#### SATURDAY/DEC. 6

The Nutcracker Tea. 10 a.m. & 1 p.m. Ritz-Carlton, Tysons Corner, 1700 Tysons Boulevard, McLean. Delight in a contemporary twist on the beloved holiday classic while you enjoy afternoon tea, petite sandwiches and pastries. All children will go home with a nutcracker doll and pictures to remember their day. \$79 per person. Event also takes place on Dec. 13 and 20.

#### SATURDAY-SUNDAY/DEC. 6-7

#### **Gingerbread House Decorating**

Class. 10 a.m. & 1 p.m. Ritz-Carlton, Tysons Corner, 1700 Tysons Boulevard, McLean. Learn to make your own sugary home at a Gingerbread House Decorating Class, taught by The Ritz-Carlton, Tysons Corner's Pastry Team. The class includes all the ingredients to construct a beautiful gingerbread house as well as a special souvenir. \$75 per child, ages 3 to 12, inclusive of tax and gratuity. Event also takes place on Dec. 13, 14, 20 and 21.

#### SUNDAY/DEC. 7

McLean WinterFest Parade. 3:30 p.m. Old Chain Bridge Road, McLean. Groups interested in participating in the parade should go to www.mcleanwinterfest.org to complete the registration information and submit it to parade officials. Each entrant will receive confirmation of their registration with this year's parade rules. Registrations will be accepted until Nov. 18.

The Princess Tea. 11 a.m. & 2 p.m. Ritz-Carlton, Tysons Corner, 1700 Tysons Boulevard, McLean. Delight your young princesses with a magical theatrical production, featuring treasured Disney Princesses and complemented by treats. All children will leave with a holiday gift bag and photo with the featured Princesses. \$79 per person, inclusive of tax and gratuity.

#### THURSDAY/DEC. 11

## Holiday, Gingerbread House

**Workshop.** 6:30-8 p.m. \$45 per house/\$35 MCC district residents. McLean Community Center, 1234 Ingleside Avenue, McLean.

#### SATURDAY/DEC. 13

"Frozen" the Movie. 2 p.m. McLean Community Center, 1234 Ingleside Avenue, McLean. Come watch this family-friendly movie that all will enjoy. Free.

#### SATURDAY-SUNDAY/DEC. 13-14

**Great Falls Studios Holiday Show** 

and Sale. Wolf Trap Center for Education, 1645 Trap Rd., Vienna. Great Falls Studios presents Great Falls Annual Holiday Art Show and Sale. This annual show includes paintings, pottery, traditional and digital photographs, jewelry, drawings, art quilts, and hand pulled lithographic prints, plus artful gifts and cards.



Do well by doing good. This year "give" and "give back" at the same time! Donate to your favorite nonprofit in someone's honor from the comfort of your home. Cross a name off your list and take a tax deduction. It's a win-win!!









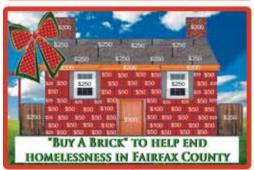




















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## Thanksgiving Q&A: McLean's Maffei Helps Feed Homeless

Senior QB, soccer player enjoys mashed potatoes, gravy.

rian Maffei started at quarterback for the McLean football team this season and helped keep the Highlanders in the playoff hunt down the stretch.

While McLean fell short of a postseason berth, finishing 5-5, Maffei left his mark on the 2014 campaign. He set a single-game state record with 42 completions against Herndon on Oct. 2, passing for 415 yards, with four touchdown passes and two interceptions during a 51-35 loss at McLean High School.

Maffei, who also plays soccer at McLean, plans to attend the Naval Academy next year. He recently participated in a Q&A via email with The Con-

nection, sharing some insight about his Thanksgiving plans.

 $\mathbf{\diamond} Q$ : What are your plans for Thanksgiving?

Maffei: My brothers are coming home and we'll all go on a hike and watch a lot of football. We're also running a 5k together as a family.

❖Q: Do you or your family have any annual Thanksgiving traditions?

Maffei: We always watch the parade and eat my mom's home-made cinnamon rolls. Afterward, we go on a hike. We also go as a family to feed the homeless in DC with a



McLean senior Brian Maffei, with ball, played quarterback for the Highlanders in the fall and plays for the school's boys' soccer team in the spring.

group called Sunday Suppers.

♦Q: Does your family incorporate sports into Thanksgiving? If so, how?

Maffei: Well, we always watch a lot of football but we never really play. We've played Wiffle Ball games with some of our friends.

❖Q: What is your favorite thing to eat on Thanksgiving?

Maffei: Definitely mashed potatoes and gravy.

♦Q: The McLean football team narrowly missed the playoffs. What are your thoughts about how the season went?

Maffei: Obviously, I would have loved to

go into the playoffs but I was extremely proud of everyone on the team. All the players came together and worked harder than I have ever seen in the program. We came together as a family and I'll cherish this season forever.

❖Q: What is your favorite memory from playing football at McLean?

Maffei: It's hard to pick one memory from four years of such an amazing experience. But I would say my favorite moment was the homecoming game this year (24-21 victory over Fairfax). After such a crazy game it was so great being able to celebrate with all the boys.

♦Q: What are your college plans? Are you planning to play football in college?

Maffei: I'm planning on going to the Naval Academy next year. I'm currently trying to play for the sprint football team there so we'll see how that goes. I would love doing that because they run a spread offense and I could fit in well.

♣Q: Who is your favorite music artist? Why?

Maffei: Definitely Brad Paisley. I think he's such a down-to-Earth guy and he's really relatable.

❖Q: What is your favorite movie? Why?

Maffei: "The Sandlot."
I love the 1950s feel and the Americana in that movie. I always wished I could play baseball under the fireworks.

\*Q: What location is the farthest you have traveled from the Washington, D.C. area?

Maffei: I went to Jackson Hole, Wyo., when I

was 8. It was pretty cool to be cut off from the urban lifestyle I was used to. We got to see all the western lands on the drive to Wyoming, which was neat.

♦Q: Who are your favorite pro sports teams?

Maffei: I love all the Cleveland teams because that's where my family is from. The Browns are my favorite, though - just because I love football.

Q: Who are your favorite pro athletes? Maffei: King James. I can't describe how happy I was when LeBron came back to Cleveland.

— Jon Roetman

## Langley Dominates McLean on Ice

he Langley hockey team started its season with a shaky loss to Flint Hill on Nov. 7, but has been firing on all cylinders ever since. The Saxons beat Herndon 4 -3 on Nov. 14 in their second game with a stellar performance by senior assistant captain Sam Lafuria, who scored all four goals, and steam-rolled McLean 8-2 on Nov. 21 in front of a sellout crowd.

The Saxon Faithful declared a "Whiteout" and showed up in force with 100-plus to support their team. With the stands rocking, junior assistant captain Jason Guidi potted the first goal less than a minute into the game and the Saxons never looked back. Freshman JT Gorman worked between the pipes and came up with several key saves to deny McLean

any momentum in the game. Senior captain Will Clemson delivered several hard hits and made it painful for McLean to gain any traction in front of the net.

Although the shot differential remained high, McLean threatened the Saxon lead due to penalties which left the Saxons in 5-on-3 and 5-on-4 situations through much of the second and early third period. McLean was unable to capitalize due to sophomore Kevin Wang and senior Chris Lane, who kept McLean at bay while the Saxons regrouped and prepared for the onslaught. With less than 5 minutes to go in the game, the Saxons came up big with four goals, completing Jason Guidi's hat trick plus one.

Langley will face Bishop O'Connell at 4 p.m. on Friday, Dec. 5 at Kettler Iceplex.



The Langley hockey team beat McLean, 8-2.

## Home Sales

In October 2014, 78 homes sold between \$2,200,000-\$199,900 in the McLean and Falls Church area.

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7428 OLD MAPLE SQ	5 4 1	MCLEAN	\$1,820,000	Detached	0.21	22102
1463 BUENA VISTA AVE						
1937 VALLEYWOOD RD						
907 COUNTRYSIDE CT						
1302 DAVISWOOD DR						
1407 HOMERIC CT						
2021 FRANKLIN AVE						
8539 OLD DOMINION DR						
1450 EMERSON AVE #303						
1176 HUNTOVER CT						
1003 ABBEY WAY						
2044 STEPHANIE MARIE DR						
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7727 FALSTAFF RD						
1450 EMERSON AVE #405						
1331 TIMBERLY LN						
1713 CHESTERFORD WAY 1312 BAKER CREST CT						
6144 TOMPKINS DR						
2686 HILLSMAN ST						
1021 Dead Run Drive						
7213 EVANS MILL RD						
7484 CARRIAGE HILLS DR						
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7203 EVANS MILL RD						
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8308 HUNTING HILL LN						
6444 DIVINE ST						
7123 GORDONS RD						
1719 RUPERT ST						
6505 SHIPYARD PL						
7008 GIRARD ST						
1723 MAXWELL CT						
7212 IDYLWOOD CT	422	FALLS CHURCH	\$765.000	Detached	0.28	22043
1507 DEWBERRY CT						
6506 OLD CHESTERBROOK RD						
6506 MACHODOC CT						
6846 MCFALL PL						
1616 MACON ST						
2500 FALLSMERE CT						
6436 SUSANS LN						
6647 MCLEAN DR						
6888 MCLEAN PROVINCE CIR	3 2 2	FALLS CHURCH	\$709,900	Townhouse	0.05	22043
1956 HOPEWOOD DR	3 3 1	FALLS CHURCH	\$675,000	Townhouse	0.04	22043
6521 33RD ST	4 2 0	FALLS CHURCH	\$670,000	Detached	0.24	22043
1915 HILLSIDE DR	430	FALLS CHURCH	\$650,000	Detached	0.25	22043
7025E HAYCOCK RD #605						
8350 GREENSBORO DR #912	3 2 0	MCLEAN	\$580,000	Hi-Rise 9+ Floor	s	22102
1547 CANDLEWICK CT	3 2 1	MCLEAN	\$557,500	Townhouse	0.07	22101
7314 ROCKFORD DR	3 3 1	FALLS CHURCH	\$549,900	Townhouse	0.03	22043
7717 SHREVE RD						
1817 GILSON ST	3 2 0	FALLS CHURCH	\$510,000	Detached	0.26	22043
8220 CRESTWOOD HEIGHTS DR #3	13 1 1 0	MCLEAN	\$470,000	Hi-Rise 9+ Floor	s	22102
1645 INTERNATIONAL DR #104	2 2 0	MCLEAN	\$460,000	Garden 1-4 Floor	's	22102
2010 OSWALD PL	3 1 0	FALLS CHURCH	\$459,900	Detached	0.24	22043
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1831 STANLEY PL						
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1550 SPRING GATE DR #8415						
2230 GEORGE C MARSHALL DR #40						
7640 TREMAYNE PL #208						
1541 LINCOLN WAY #304						
7720 TREMAYNE PL #204						
7638 WOOD MIST LN						
7582 WOOD MIST LN						
1973 KENNEDY DR						
8380 GREENSBORO DR #523						
7630 PROVINCIAL DR #301						
2230 GEORGE C MARSHALL DR #12						
2300 PIMMIT DR #306	1 1 0	FALLS CHURCH	\$199,900	HI-KISE 9+ Floor	s	22043

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#### FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to McLean@connectionnewspapers.com. Deadline is Friday.

St. Francis Episcopal Church, 9220 Georgetown Pike in Great Falls, offers musical, educational, outreach and fellowship ministries in addition to worship services, including a 7:45 a.m. worship service without music; 9 a.m. worship service, children's chapel and children's choirs; 10 a.m. Sunday school and adult forum; and 11 a.m. worship service with adult choir. 703-759-2082.

The Antioch Christian Church offers a time of Prayer and Healing on Wednesday evenings at 6:30 p.m. for anyone wanting encouragement and healing through prayers. People are available to pray with you or for you.

Antioch Christian Church is located at 1860 Beulah Road in Vienna. www.antiochdoc.org

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

**HAVEN of Northern Virginia** offers a variety of free bereavement support groups, meeting on a weekly basis. 703-941-7000 or www.havenofnova.org.

McLean Bible Church Fitness Class at Body & Soul Fitness. Gain balance, energy and strength at 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org. **St. Dunstan's Episcopal Church**, 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

**Vienna Christian Healing Rooms** are open, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or

www.viennachristianhealingrooms.com.

Chesterbrook United Methodist Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. 703-356-7100 or www.ChesterbrookUMC.org.



At the finale of "An Evening in Vienna," the Concert Orchestra and Langley HS Orchestra Directors Elizabeth Leung and Dr. Scott McCormick acknowledge applause.

## 'An Evening in Vienna' at Langley High

By Katherine Cassidy
Senior/Langley High

he Langley High School Orchestra performed its first concert of the year on Thursday, Nov. 20, in the Langley HS Auditorium. The "Evening in Vienna" themed concert was the perfect combination of presenting music and welcoming freshmen as new members of the orchestra family. Directed by Dr. Scott McCormick and Elizabeth Leung, Langley Orchestra enthralled the audience with music written by famous composers of Vienna, receiving a standing ovation from the full house. Ms. Leung made her debut as co-director of Langley Orchestra on Thursday, and students are excited to welcome her into the orchestra family.

Prior to the commencement of the concert, Langley students gathered together for a Viennese banquet, where students enjoyed authentic Viennese food catered by Café Mozart, famous for their plum cake. To supplement the experience, an accordion player performed Viennese music during the banquet. Orchestra parent Julie Hohl organized the banquet. "The accordion player was fantastic and added a lot of ambience and energy to our Viennese banquet, where we could also bond with other members of the orchestra," said Rachel Wu, senior cellist.

The concert opened with pianist Theron Masters performing "Rondo from Piano Concerto No. 3" by Ludwig van Beethoven accompanied by the Symphonic Orchestra, followed by the "Egmont Overture," also by Beethoven. The Philharmonic Orchestra performed "Morning, Noon, and Night in

Vienna" by Franz von Suppé where principal cellists Hailey Lee and Alex Lim performed complicated and beautiful solos. The students were excited to perform music from the infamous "Symphony No. 5" by Beethoven, especially since professional band musicians playing in the orchestra gave students the ability to do the epic symphony justice. The Langley Orchestra Society and Langley PTSA partnered to make the side-by-side format of professional mentors and students possible.

"Playing with a full orchestra was great because it enhanced our sound and allowed us to achieve a fuller effect in our music," said Kitty Ascrizzi, junior 2nd violinist.

Lyric Yu, who recently won a state competition for piano, performed an interesting rendition of "Sonata in D Major" by Franz Joseph Haydn. The concert orchestra concluded the concert with a fantastic performance of "Allegro moderato from Symphony No. 29" by Wolfgang Amadeus Mozart, "Scherzo from Symphony No. 9" by Beethoven, and "Danube Waves" by Johann Strauss. Even though orchestra is an elective class, Langley orchestra students truly came together on Thursday and bonded as an orchestra family. Sara Zahir, President of the orchestra's honor society, was "unbelievably happy to see students from all grades intermingling and really coming together as the family we call ourselves. As the first concert of the year, [she] can happily say that the family is even stronger than in years past." Langley Orchestra's next concert will take place on Tuesday, Feb. 17, 2015 at 7:30 p.m. at Oakcrest School.

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## "Shrinkage"



Not exactly "like a frightened turtle" as "similed" on a long-ago Seinfeld episode by Jerry himself; this shrinkage is the good kind, the kind you hope a radiological oncologist characterizes when viewing your CT Scan (computed tomography). Specifically, the exact kind of scan I get every three months to assess and evaluate the tumors, and fluid, in my stage IV, nonsmall cell cancer-affected lungs. The actual scanning itself takes about 30 seconds of "breathe in," "hold it," and "breathe out" to determine if my life is on hold - in a good way - or in jeopardy (not a belated reference back to last week's column). The week-long wait until we have our face-toface appointment with my oncologist to learn the results is not as interminable as you might think. Over time, we have gotten used to the experience. After all, living with cancer means living, not dying, and adapting and compartmentalizing cancer's effects - mentally, physically and spiritually; all keys to surviving and enduring the good, bad and ugly that daily can traumatize those of us "characterized as terminal" who frequent the Infusion Centers hoping for a

Since March, 2009, I've been treated with nearly non-stop chemotherapy, infused mostly, except for 12 months or so when I was able to take a targeted therapy pill at home and only had to show up at the Center for scans and doctor's appointments. Six years ago almost, this process began; I can't say it seems like yesterday, because there are yesterdays - due to the effect of chemotherapy – that I simply don't remember ("chemo brain" is the accepted condition/characterization), but time flies when you're having fun or rather, you're still alive against all odds. And so it seems as if I still have a few tomorrows. Tomorrows that were hardly promised to me back at the original Team Lourie meeting in late February, 2009. Somehow, through a variety of fits and starts, I have survived: my DNA, my family history, my attitude, my pills, my supplements, my alkaline water, my diet and lifestyle changes, my above-average luck, whatever, however, I am still present and accounted for. And though "stable" is a radiologist's/ oncologist's description I have come to hope and pray for and embrace over these past six years, "shrinkage" is a description 'most welcome" as Hercule Poirot might say and one I rarely anticipated hearing considering my stage IV circumstances.

But I can take it. Though I'm not cancerfree and certainly not in remission, I am doing reasonably well. I am, as a good friend says: "in pretty good shape for the shape I'm in." The scan results are results with which I can live (Duh!) and so I intend to - until three months hence when we do this scan dance all over again. Granted, this cycle of gloom and doom and results-notsoon-enough is hardly ideal, but it is a living and a living I was not "prognosed" to have ("13 months to two years" was the original prognosis) when first diagnosed. I'm nowhere near home free; I'm still in for the fight of my life – for my life, but for the moment, at least, for this quarter, due to the shrinkage, I can take a bit of a break, which if you want to know the truth, I can certainly use.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

## BULLETIN BOARD

To have community events listed in the Connection, send to north@connectionnewspapers.com. The deadline for submissions is the Friday prior to pub-

#### TUESDAY/NOV. 25

Adult English Conversation Group. 1 p.m. Dolly Madison Library, 1244 Oak Ridge Avenue, McLean. Enjoy practicing conversational English in a group setting.

Lego Club. 2 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Drop in and play with LEGOs! Ages 3 and up.

Computer One-on-One. Noon. Oakton Library, 10304 Lynnhaven Place, Oakton. Internet basics, email, Microsoft Word, Excel and PowerPoint.

English Conversation One-on-One. 1:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. English practice for a non-native speaker with a library volunteer. Call for appointment. Adults

#### WEDNESDAY/NOV. 26

ESL Conversation Group. 2 p.m. Practice English in this casual conversation group.

One-on-One Computer Tutoring. 2 p.m.
Patrick Henry Library, 101 Maple Avenue East
Vienna. Work with a volunteer tutor to learn about the Internet, setting up an email account and using basic software. Adults.

#### WEDNESDAY/DEC. 3

**Human Rights Defenders: Relevant International Law and Strategies.** 7:15-9 p.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. A presentation by David Padilla, international human rights consultant. How lawyers and other activists try to defend victims of human rights violations around the world. www.uucf.org.

#### ONGOING

Vienna Toastmasters. 2nd and 4th Wednesdays at 7:30 p.m., at the Vienna Community Center on the 2nd floor room opposite the elevator, 120Cherry St., S.E., Vienna. A friendly place to get comfortable with public speaking and impromptu speaking for new and experienced speakers. Open to the public.

Run With the Doctor. Every other Saturday at 7 a.m. 8230 Boone Blvd, Tysons Corner. The Center for Orthopedics and Sports Medicine offers its services in a convenient format to runners at this running event. Free. facebook.com/runwiththedoctor.

Senior Fall Prevention Classes. 1:30-2:30 p.m. and 2-3 p.m., The Woodlands Retirement Community, 4320 Forest Hill Drive, Fairfax. Classes are held in a heated indoor pool and are designed to work on balance and core muscles. \$10. 703-667-9800.

Coffee/Tea Poetry Group. Poets and poetry lovers seek to form a group to meet once a month at a local coffee/tea shop to enjoy each other's creations. 703-819-1690

Virginia Sheriff's Institute Scholarship **Program.** Those enrolled in a Virginia college or university who are pursuing a degree in the field of criminal justice are eligible for the Virginia Sheriff's Institute Scholarship Program; recommendation letter needed. 703-246-3251, shf-pio@fairfaxcounty.gov or http://vasheriffsinstitute.org/scholarship/.

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Weekly TIPS Lunch. 12:15-1:30 p.m., at Shula's, 8028 Leesburg Pike, Vienna. Tyson's Regional Chamber of Commerce does lunch. 703-862-

**New Neighbors League Club of Northern** Virginia. For women, the club includes Bridge, mah jong, gardening, quilting and many other activities. www.newneighborsvirginia.com.

Volunteers for Change. A program for adults which offers more than 50 weekend and evening volunteer opportunities per month. www.volunteerfairfax.org

Haven of Northern Virginia Support Group 703-941-7000, www.havenofnova.org or havenofnova@verizon.net.

The Advisory Board of the Northwest Center for Mental Health Services. 7-9 p.m. Looking for volunteers who are dedicated to improving mental health services. 703-435-



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