

Christmas Cheer Shared at Herndon Police Station

NEWS, PAGE 12

Herndon Police Officer Ronald Eicke, Herndon Police Chief Maggie A. DeBoard, and Herndon Vice Mayor Jennifer K. Baker at the Cops & Kids outreach event. The Cops & Kids Program operates with the help of community volunteers and sponsors.

Chanukah Celebrated At Downtown Herndon

NEWS, PAGE 12

A Year Ahead: Herndon in 2015

NEWS, PAGE 3



January 10th
(Snow Date: January 17th
Please call to confirm!)

12:00 to 4:00pm

**REMODELER'S
CHARITY
HOME TOUR
OAKTON**

Presented by
SUN DESIGN
Design. Remodel. Relationships.

Join Sun Design to **tour design trends of this renovated home and learn more about the Northern Virginia Therapeutic Riding Program (NVTRP)**, headquartered in Clifton, VA. **It's FREE.**



2529 Hunter Mill Road, Oakton, VA 22124

Project Features:

- Uniquely designed kitchen with dual islands for cooking and entertaining, complete with a separate beverage center
- Open floor plan, enhancing the function and flow between the kitchen and adjoining rooms
- Contrasting kitchen islands made of cherry wood with a molasses finish
- Enhanced cathedral ceiling with newly added skylights

ABOUT THE TOUR

Visit the website for more details:
RemodelersCharityHomeTour.com

What do a remodeling company and the Northern Virginia Therapeutic Riding Program (NVTRP) have in common? The simple answer is this; a desire to help families enhance quality of life today and in the years to come.



NVTRP offers a wide range of programs and services to children and adults who live with disabilities in the Washington Metropolitan Area. *Come out and show your support by taking a tour and visiting with volunteers of the Northern Virginia Therapeutic Riding Program.* The chance to donate or learn about volunteering will be made available.



SunDesignInc.com **SUN DESIGN** 703.425.5588
design/build | additions | kitchens | baths | basements | outdoor spaces

CAPPIES REVIEW

'Peter Pan' Recreated

**Herndon High produces
"Peter Pan," or the "Boy
Who Wouldn't Grow Up."**

BY AMANDA HAMPTON
TUSCARORA HIGH SCHOOL

What do fairy dust, a vengeful pirate, and a flying boy have in common? The answer would be Herndon High School's production of "Peter Pan," or the "Boy Who Wouldn't Grow Up." The show, debuting in London in 1904, was J.M. Barrie's most famous work, along with his 1911 novel version of the same story. The play ran on Broadway in 1905, and has had several revivals since, along with many film adaptations. The well-known story tells of an impish little boy named Peter Pan, who refuses to grow up. He decides that he and his band of Lost Boys need a mother, so he takes Wendy Darling and her two brothers, Michael and John, on a magical flight to his home, the magical Neverland. There, they have many adventures with characters such as the fairy Tinker Bell, the pirate Captain Hook, and other family favorites.

Several actors were especially successful in bringing the famous characters to life on the stage. Sarah Overton, as Wendy Darling, gave a believable performance of a young girl attempting to be a mother, portraying the sweet, excitable character quite well.

Moritz Barth was effective as the cartoonish villain Captain Hook, earning many laughs from the audience. Also, Annie Taylor, as the storyteller, was enjoyable to watch and interacted well with the other characters on the stage.

Melanie Simpson was another bright spot as Tinker Bell; she brought a unique sassy side to the fairy and had good chemistry with Peter Pan and Wendy. Raleigh Hampson, who played John, showed the juxtaposition of the obnoxious, but endearing, brother well. The pirate ensemble also had much enthusiasm for their roles and brought energy to the stage in all of their scenes.

The technical aspects of the show were very well done for the most part. The lighting was visually appealing, especially the twinkling starlight during the children's flight to Neverland and the soft blues during the lagoon scenes. The set added to the magical atmosphere with the sharp contrast between the dignified London nursery and the Lost Boys' earthy hideout and whimsical oceans of Neverland. Lastly, the element of flight was an essential but impressive addition to the show. The characters' flying scenes were skillfully done with few mistakes. The tech crew did a wonderful job creating the show's magic from backstage.

The student co-directors Madison Hummel and Bonnie Sasseen did a commendable job with the show. Their blocking choices were believable overall, and their many hours of hard work on the show were evident. They, along with the rest of Herndon High School's talented cast and crew, brought the magic of "Peter Pan" to life for children and adults alike.

DULLES ELECTRIC

CELEBRATING 30 YEARS IN BUSINESS

MID-ATLANTIC'S LARGEST LIGHTING SHOWROOM

WINTER SALE

20% off Table Lamps & Mirrors

#78139 In-Store & Special Order Ends March 2015 #70824

MUST BRING THIS AD

www.DullesElectric.com/Sale

22570 Shaw Rd, Sterling, VA 20166
703.450.5700 | Mon-Fri 9-6, Sat 9-5



Adopt/Donate/Volunteer
www.lostdogandcatrescue.org

Taking new
downtown off
paper and into
reality.

**Town Council mem-
bers hope to see the
redevelopment of
downtown Herndon.**

PHOTOS
CONTRIBUTED



A Year Ahead: Herndon in 2015

BY REENA SINGH
THE CONNECTION

This year will be all about creating a Metro-friendly downtown. While the town council focused on policies that will make the historic area more business friendly, 2015 will take them off paper and into reality.

"My number one priority for 2015 is downtown," said Mayor Lisa Merkel. "I'm sure there's a great match for a developer to make our downtown master plan into a reality. We want our small town downtown to come to life and be revitalized."

Councilmember Grace Wolf agreed that work needed to be done downtown - much in preparation for the Silver Line Metro stations that will arrive with Phase II of the highly anticipated project that will extend the line beyond Dulles International Airport.

The first phase, which opened last July, extended out to Reston. Just in the first week of service, about 220,000 trips were taken to and from the five new stations, according to silverlinemetro.com. The second phase will make both Northern Virginia airports more accessible to D.C. residents in addition to giving more options to commuters as far as Loudoun County another option for transportation. Other communities - like Tysons - are already seeing the benefit of the Silver Line bringing in visitors from D.C., a boost for the local economy. Herndon already sees foot traffic - and bicycle pedals - through the town thanks to the Washington and Old Dominion trail, which becomes more popular on weekends and warmer months.

Construction for Phase II is expected to begin in early 2016, so the town has a one year head start.

"We've rezoned much of the land but we need to start making the investments in infrastructure to make sure we're ready - laying utilities, creating bus bays, walkway, connecting the bike & walking paths," said councilmember Grace Wolf.

Last year, various zoning changes and new parking regulations were passed by the Herndon Town Council with the new down-



Mayor Lisa Merkel



Councilmember Grace Wolf

"My number one priority for 2015 is downtown. ... I'm sure there's a great match for a developer to make our downtown master plan into a reality. We want our small town downtown to come to life and be revitalized."

— Herndon Mayor Lisa Merkel

town - with all the small town charm that residents love - in mind.

"We are aggressively seeking opportunities to get dirt moving in our downtown, in addition to the new homes going up," said Wolf.

Councilmember Steven Mitchell is also looking forward to the changes that will unfold.

"You're really going to see downtown shape itself from the street level," he said.

The town's rewritten mission statement also focuses on bringing the community together. Last year, Merkel and several other council members stated their plans to create committees that will involve residents.

"It really focuses on bringing people to-

gether and getting others involved," Merkel said.

Wolf elaborated, "We are evaluating creating new citizen committees or commission to enhance our sustainable living, green initiatives and to better engage and reach out to our minority populations through new diversity initiatives," she said.

One significant sustainability initiative that may see a groundbreaking is a community garden.

Herndon Environmental Network (HEN) Vice President Barbara Welsh hopes to see the garden plots, which she proposed to be located at Bruin Park, be opened by March.

"That would strongly depend on funding, however," she said.

Herndon Residents Reflect on Their Hopes for the New Year

— REENA SINGH



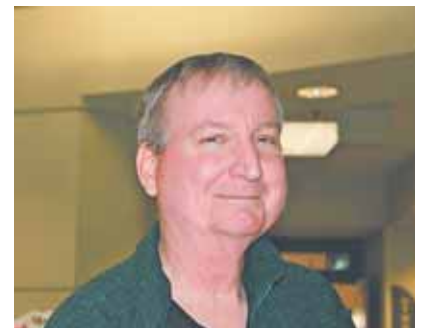
Beth Meyer, Green Lizard Cycling owner, Herndon:

"My hope is that we can all be nicer to each other. I've seen so much ugliness throughout the years."



Nerissa Berkeley, barista, Herndon:

"My hope is that no people will be killed because of their skin color."



John Walsh, recreational assistant, Herndon:

"Good health."



Dave Wallwork, government worker, Herndon:

"I hope to be more fit, more healthy and have a more active lifestyle. I hope Herndon keeps its small-town atmosphere."

PHOTOS BY
REENA SINGH
THE CONNECTION

Bank Robberies in Reston and Herndon

Winter a busy season for bank robberies.

BY RYAN DUNN
THE CONNECTION

For the second time in two weeks, a supermarket bank in Reston was robbed in the late afternoon. Fairfax County Police report the PNC Bank inside the Giant at North Point Village Center was robbed at 5 p.m. on Monday, Dec. 29. This spike in winter bank robberies continues a trend which occurred last year, when banks including the BB&T on Chain Bridge Road in Oakton were robbed. The FBI reported 17 bank robberies occurred in Northern Virginia in December 2013. Thirteen suspects in the incidents were apprehended.

Northern Virginia Police Chiefs and Sheriffs Committee as well as regional robbery detectives received a briefing back in November from the FBI about bank robbery statistics for the region this time of year. They were advised December is typically the month where the most bank robberies occur. Although police have tried to keep watch on local banks, it has not always been possible to prevent bank robbery incidents.

THE SUSPECT at the Reston PNC Bank told a teller he had a weapon and got away with an undisclosed amount of money, Fairfax County Police spokesman Lucy Caldwell said. Police say the suspect is black, around 5 feet 11 inches tall, 170 pounds and unshaven. He wore a red Nike hoodie and the hood was on his head during the crime. This is the fourth bank robbery in



PHOTO BY RYAN DUNN/THE CONNECTION

Friday, Dec. 26, 2014, at close to 1:30 p.m., there was a bank robbery at the BB&T at 230 Herndon Parkway in Herndon. Police report the suspect as a black male, approximately 5 feet 9 inches with a medium build.

Reston in the last several weeks. In recent years both Reston and Herndon have been able to maintain a peaceful environment, with most criminal activity consisting of “nuisance crimes” such as public intoxication, panhandling and public urination.

On Tuesday, Dec. 16, 2014, the SunTrust inside the Safeway at Hunters Woods Village Center was robbed. On Dec. 10, 2014, there was a robbery at the Wells Fargo Branch at Reston Town Center. On Nov. 26, 2014, the Presidential Bank at 1675 Reston Parkway was robbed. Police said a man entered the Presidential Bank on Wednesday about 2:46 p.m., threatened an employee and demanded money. The suspect took



FAIRFAX COUNTY POLICE PHOTO

Image of suspect for the December robbery of the PNC Bank located inside of a Giant grocery store at 1450 North Point Village Center in Reston.

cash and fled. There were no injuries. The suspect was described as black, 20s, about 5 feet 9 inches tall.

On Friday, Dec. 26, 2014, at close to 1:30 p.m., there was a bank robbery at the BB&T at 230 Herndon Parkway in Herndon. Police report a black male, approximately 5 feet 9 inches with a medium build, wearing a dark green jacket, faded blue jeans, light colored sneakers and a black knit hat entered the main lobby of the bank. The man implied he had weapon and demanded cash from a teller. After receiving an undisclosed amount of cash, police say he left the bank and fled toward Herndon Parkway. “We feel confident that the recent rob-

bery from the BB&T in Herndon will eventually be solved,” said Colonel Maggie A. DeBoard, Chief of Police Town of Herndon Police Department. “We have great investigative cooperation and support from both the FBI and the Fairfax County Police Department.”

“Regarding the bank robbery, it’s a shame that Herndon has been affected by what looks to be a seasonal increase in bank robberies,” said Town of Herndon councilmember Grace Wolf. “I am grateful that no one was injured during this robbery and I know our police department will work with their local colleagues to solve the cases!”

THE FBI has teamed up with Fairfax County and Herndon police to counteract December bank robberies, sharing information with banks and the public about the trend, putting marked police cars outside banks. Punishment for bank robbery varies depending upon the value of money and property taken. If the amount taken is more than \$100, the penalty is a fine and a maximum sentence is 10 years. In the event of a victim’s death, the punishment is life in prison or death. In a news release issued Dec. 14, 2014, the FBI listed 14 bank robberies since Oct. 31, 2014, they are investigating throughout Northern Virginia. The FBI is offering a reward of up to \$5,000 for information that leads to the identification, arrest and conviction of any bank robber. Contact your local police department if you have any information to share about any of these robberies. The Herndon Police Department can be reached at 703-435-6846. The Fairfax County Police can be reached at 703-691-8888 or 1-866-411-TIPS.

Loudoun Company Donates Free Roof to Cornerstones

DryHome Roofing and Siding, a Sterling-based roofing company, has selected Cornerstones (formerly Reston Interfaith) as the recipient of a new roof through its annual Free Roof for the Holidays program. Through a network of housing, Cornerstones is a local nonprofit that works to rapidly rehouse individuals and families who are experiencing homelessness and promotes self-sufficiency by providing support for those in need of food, shelter, childcare, and other human services. The new roof will replace one on a Cornerstones’ property in Herndon, ensuring the house is ready to become a home for a single mother and her 8-year-old child.

“By providing housing and services, Cornerstones helps families who are facing homelessness have a chance to rebuild their lives. But it takes a lot of resources to maintain these properties. That’s why we are honored to provide a free roof to one of its transitional housing units, so that more families in need



The new roof will replace one on a Cornerstones’ property in Herndon, ensuring the house is ready to become a home for a single mother and her 8-year-old child.

PHOTO
CONTRIBUTED

can celebrate the holidays in the warmth and safety of a dry home,” said Steve Gotschi, president, DryHome.

Throughout November, Sterling-based DryHome accepted nominations from customers and the community to identify a Northern Virginia individual, family or nonprofit in need.

DryHome selected Cornerstones as the recipient based on its needs, the condition of the roof of one of its transitional housing properties, and the impact the organization has on the community.

“DryHome has again helped make the holiday season better for our community.

This is the second free roof that we have received through this program, and it makes a huge difference. Now we can use those maintenance funds to find other ways to alleviate the affordable housing crisis that leaves many struggling families unable to find and keep a home,” said Kerrie Wilson, CEO, Cornerstones.

Getting Into the Spirit of the Holidays

Classical Ballet Theatre (CBT) shared some extra special holiday magic with this year's presentation of "The Nutcracker," performed at the 525-seat Ernst Theater in Annandale. A sellout, the production featured beautiful choreography, stunning costumes, and some of the most highly trained pre-professional talent in the Washington Metropolitan Area. It also included several programs benefiting the greater community — behind-the-scenes educational stations for Girl Scouts, a food drive in support of LINK, and some free tickets for military families stationed out of Ft. Belvoir.

Classical Ballet Theatre (CBT) students always enjoy supporting community families and groups while sharing their love of dance. Having trained at CBT since early childhood, Oakton High sophomore Ashley Tern, of Fairfax, who also participated in renowned summer intensives with the American Ballet Theatre, danced a stunning Sugar Plum Fairy, and McLean High freshman Camille Pukall, of Vienna, captured the audience with her portrayal of Clara. As she explained, "As Clara, I am telling the whole story of the 'Nutcracker,' and it is my job to make the audience truly believe and fall in love with my story and dream." She accomplished this easily while connecting with the entranced audience members. They loved the magical choreography and the good-natured humor as well as the sense of joy and excitement that each CBT student brought to his or her role. Audience members and dancers alike were finding themselves filled with the spirit of the holidays.

For more information about CBT and its winter performance in Reston and spring performance in Herndon, visit <http://www.cbntva.org>.



A stunning Sugar Plum Fairy, Ashley Tern, of Fairfax and Oakton High School, partners with Cavalier Norbert Nirewicz, who has performed throughout the United States, Europe, Japan, and Latin America, where he served as a Principal Dancer with Ballet Classico de Camara and Columbia City Ballet.



Camille Pukall, of Vienna and McLean High, as Clara arrives to the Kingdom of Snow with the Nutcracker Prince, portrayed by Gillmer Duran, CBT's Ballet Master and Guest Artist in Residence.

PHOTOS COURTESY OF KATIE AND TONY DE LA PAZ

New Schools, Boundary Changes Possible

Proposed Capital Improvement Plan focuses on rising enrollment.

BY REENA SINGH
THE CONNECTION

Several new schools may be added to the Fairfax County Public Schools system in the next decade.

The School Board listened to an annual Capital Improvement Plan (CIP) presentation by Assistant Superintendent Jeffrey Platenberg on Dec. 18, 2014, describing the need for four more elementary schools and one high school to meet the demands of rapidly rising enrollment. The board will not vote on the plan until Jan. 22. The meeting will be in the board chambers at Luther Jackson Middle School at 7 p.m.

"It's a large, large student body," said Platenberg.

More specifically, he said between September 2013 and September 2014, enrollment rose by 2,000. "Both our Board of Supervisors and the public, if they ever wanted to understand the complexity of a county of over a million people and almost 200 schools, open up this brochure and understand what we're dealing with," said Braddock District board member Megan McLaughlin.

The elementary schools proposed are in the Route 1 area, Fort Belvoir, the Fairfax area and in the northwestern end of the county. The high school was named "Western High School" in the presentation. Two of

those schools already have funding thanks to a Department of Defense federal grant for 80 percent of the construction cost. The county will be funding the remaining 20 percent. Platenberg said that program changes in addition to boundary changes may be needed in addition to the new schools. He also proposed new additions to Westbriar Elementary, Vienna, and South Lakes High School, Reston, totaling \$14 million. Construction is expected to start by 2021.

McLaughlin said she was worried about boundary changes, going into her own experience about her grade school experience in North Carolina. Additionally, she said she hoped the Board of Supervisors will be more of a help to fund the CIP.

"We can't build our way out of it with additions and modulars and continue with very expensive transportation and busing," she said.

Mason District board member Sandra Evans was worried about how much "orange" and "red" she saw in the report for her areas, indicating a high overcapacity in the schools she represents. She was also concerned about how the current birthrate boom will affect elementary schools in five years.

Platenberg said he will go further in detail on the matter at the next work session, which will take place on Jan. 12.

Dranesville District board member Jane Strauss commented about the report, reminding the public that this is the school board's way of reassuring that a plan is being made to reduce classroom sizes. "There is a limit at each school in what the buildout is," she said.

SHOP THE COMPETITION FIRST!

703-938-3160

Then come to us for the best selection of quality products and professional installation, all at an affordable price. Our references include your neighbors.

FREE ESTIMATES ON INSTALLATIONS

SE HABLA ESPAÑOL

VIENNA FLOORS

ESTABLISHED IN 1984

208 DOMINION ROAD • VIENNA, VA

HARDWOOD—CARPET—WOOD LAMINATES—CERAMIC TILE—SHEET VINYL

WWW.VIENNAFLOORS.COM

Hours: Mon-Fri: 9:00 am–5:30 pm • Sat: 9:00 am–4:30 pm

Free Estimates

Patio, Walkways, Retaining Walls, Paver Driveways, Landscaping!

OFF-SEASON PRICING

Tree Clearance Sale

30% OFF

All Trees 2013 & Prior

60% OFF Pottery

50-75% Off Pottery

Playground Chips & Organic Compost

\$29.99 cu. yd.

Bagged, Shredded Hardwood Mulch

\$3.49

Bulk Mulch

\$24.99 cu. yd.

FREE FILL

Fragrant, blooming Citrus Plants 10% Off

Cravens Nursery & Pottery

9023 Arlington Blvd., Fairfax, Virginia

2 miles west of I-495 on Rt. 50. 1 mile from I-66 (Vienna Metro)

703-573-5025

Open 7 days a week

Visit our new Web site: www.cravensnursery.com

OPINION

Happy New Year

Happy New Year. We need your help in 2015.

As local, weekly newspapers, the Connection's mission is to deliver news readers need close to home, to help readers enjoy great local places and events, to advocate for community good, to call attention to unmet needs, to provide a forum for dialogue on local concerns, and to celebrate and record milestones and events in community and people's lives.

If you know people or organizations doing important work, something newsworthy or something that might make a good feature story, let us know. We want to know if someone in your family or your community published a book, became an Eagle Scout, raised money for a good cause, accomplished a feat like running a marathon or having an art show.

We publish photos and notes of a variety of personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. Send a photo and tell us about it in 200 words or so to editors@connectionnewspapers.com.

We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. To have the best chance of getting an event included in our calendar ahead of time, email us the details of the event (who, what, where, when, why) at least two weeks ahead of time. Email to north@connectionnewspapers.com. Events generally must be open to the public and either free or at nominal cost to be included in calendars.

After your events, email us a photo and a note so we can consider including it in our

coverage. Be sure to include the names of all the people who are in a photo, and say when and where the photo was taken.

We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome.

In covering the issues, we strive to provide a voice for our readers. We look forward to hearing from you.

The Connection Newspapers are published by Local Media Connection LLC, an independent, locally owned company. The publications and websites include the Alexandria Gazette Packet, the Mount Vernon Gazette, the Centre View, the Potomac Almanac and individual Connection papers and websites serving McLean, Great Falls, Vienna/Oakton, Oak Hill/Herndon, Reston, Springfield, Burke, Fairfax, Fairfax Station/Clifton/Lorton, Arlington, Centreville, Chantilly/Fair Oaks, Alexandria and Mount Vernon.

The publications and websites have won hundreds of awards for news and community coverage just in the past few years, including the Virginia Press Association Award for Integrity and Community Service for coverage of efforts to prevent and end homelessness, and Best in Show for information/art for coverage of local parks.

The operation of these community-serving publications is entirely funded by advertising. The papers are delivered free to homes and businesses throughout Northern Virginia, and through free digital subscriptions, with more than 200,000 readers across the region. If you or your organization appreciate the Connection publications, please support them by patronizing our advertisers and by spending a portion of your marketing budget with us. For information about advertising, contact sales@connectionnewspapers.com,

EDITORIAL

LETTERS TO THE EDITOR

A Wonderful Article

To the Editor:

What a wonderful article you wrote, Kareese ("How I Left..." by Kareese Akinloba, grade 8, Irving Middle School, Children's Connection, January 1-7, 2015). Your writing ability is beyond your years. And reading it brought back so many memories. For someone at the beginning of life to someone at the other end, let me tell you to rejoice in what lies ahead. I was a happy 7-year-old when my father walked into the house in Berkeley, Calif., some 60 years ago...and announced that my mother and I were going to join him in a small town called Puerto Ordaz, Venezuela. I was not old enough to develop the ties to Berkeley that you had to Southern California but I had the 7-year-old's equivalent. This led me to a wonderful life in a new place, a new language, new friends, new experiences and while I still think at this late stage that Berkeley was "home" I know it is hardly that. The best part of every new experience is that so much of it stays

or call 703-778-9431.

Visit our website, www.connectionnewspapers.com and click on "contact us" for quick forms for:

Free digital subscriptions to one or more of our 15 papers: connectionnewspapers.com/subscribe.

Submit a letter to the editor at www.connectionnewspapers.com/contact/letter or email to editors@connectionnewspapers.com.

We provide educational, unpaid internships all year; apply at www.connectionnewspapers.com/internships or email letter and resume to internship@connectionnewspapers.com

Find us on Facebook at www.facebook.com/connectionnewspapers.

Follow us on Twitter at [@followfairfax](http://www.twitter.com/followfairfax) overall, and locally at

McLean Connection: [@mcleanconnect](https://twitter.com/mcleanconnect)
Great Falls Connection: [@gfconnection](https://twitter.com/gfconnection)
Vienna and Oakton Connection:

[@viennaconnect](https://twitter.com/viennaconnect)

Oak Hill/Herndon Connection: [@herndonconnect](https://twitter.com/herndonconnect)

Reston Connection: [@restonconnect](https://twitter.com/restonconnect)
Fairfax Connection: [@ffxconnection](https://twitter.com/ffxconnection)
Burke Connection: [@burkeconnection](https://twitter.com/burkeconnection)
Springfield Connection: [@sprconnect](https://twitter.com/sprconnect)
Fairfax Station/Clifton/Lorton Connection: [@lfsconnection](https://twitter.com/lfsconnection)

Centre View: [@centreview](https://twitter.com/centreview)
Chantilly Connection: [@chantillyconnec](https://twitter.com/chantillyconnec)
Alexandria Gazette Packet: [@alexgazette](https://twitter.com/alexgazette)
Mount Vernon Gazette: [@mtvernongazette](https://twitter.com/mtvernongazette)
Arlington Connection: [@arlconnection](https://twitter.com/arlconnection)
Potomac Almanac: [@potomacalmanac](https://twitter.com/potomacalmanac)

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM



497

days since a still-unnamed Fairfax County police officer shot unarmed John Geer standing in the doorway of Geer's home in Springfield, then let him bleed to death on Aug. 29, 2013. No information has been released about the incident, officers involved not named, no explanation, no grand jury, no charges. (as of Jan. 7, 2015)

with you. And so many of your friends will become friends for life. So rejoice, young lady, for before you lies a great new world with people, ideas, values and customs that you can pick and choose from. A veritable buffet of life at your fingertips. And when you reach the other end of the journey, as have I, you will have a wonderful book of memories and a great host of friends to live with. I have only two pieces of advice. Keep in touch with your friends for when they are gone that opportunity is forever lost. And see as much of this wonderful world as you possibly can. It is full of wonder and will write your pages of life that you will read and reread many years from now.

Michael Valentine
Fairfax Station

You can read Kareese's story on page 4 at <http://connectionarchives.com/PDF/2014/123114/Springfield.pdf>

Oak Hill & Herndon
CONNECTION

www.ConnectionNewspapers.com

@HerndonConnect

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
herndon@connectionnewspapers.com

Kemal Kurspahic

Editor ♦ 703-778-9414

kemal@connectionnewspapers.com

Amna Rehmatulla

Editorial Assistant

703-778-9410 ext.427

arehmatulla@connectionnewspapers.com

Reena Singh

Community Reporter

757-619-7584

rsingh@connectionnewspapers.com

Jon Roetman

Sports Editor ♦ 703-752-4013

jroetman@connectionnewspapers.com

@jonroetman

Ryan Dunn

Contributing Writer

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Don Park

Display Advertising

703-778-9420

donpark@connectionnewspapers.com

Andrea Smith

Classified Advertising, 703-778-9411

classified@connectionnewspapers.com

Debbie Funk

National Sales

703-778-9444

debfunc@connectionnewspapers.com

David Griffin

Marketing Assistant

703-778-9431

dgriffin@connectionnewspapers.com

Editor & Publisher

Mary Kimm

mkimm@connectionnewspapers.com

@MaryKimm

Executive Vice President

Jerry Vernon

jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Managing Editor

Kemal Kurspahic

Photography:

Deb Cobb, Louise Kraft,

Craig Sterbutzel

Art/Design:

Laurence Foong, John Heinly

Production Manager:

Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann

703-778-9436

jtheismann@connectionnewspapers.com

@TheismannMedia

CIRCULATION: 703-778-9426

circulation@connectionnewspapers.com



CALENDAR

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

THROUGH SATURDAY/JAN. 31

Exhibit of Colorful Nutcrackers. 11 a.m. - 4 p.m. Closed on Tuesdays. Sully Historic Site, 3650 Historic Sully Way, Chantilly. See an amazing array of nutcrackers, both old and new, in a colorful case exhibit. Did you ever wonder where the craze for collecting nutcracker dolls came from? Nutcrackers have a fascinating history. The first nutcrackers were produced to crack nuts more effectively and the oldest known metal example, on exhibit in Tarent, Italy, is from the third or fourth century B.C. The Leavenworth Nutcracker Museum in Leavenworth, Washington, shows a bronze Roman nutcracker dated between 200 B.C and 200 A.D. German nutcrackers, made as decorative pieces, were developed around 1500. Early nutcrackers were in the shapes of animals, birds and people. Later, they were made in the likeness of kings, soldiers, church leaders and ruling class figures. Fine wood carved nutcrackers were created across Europe, especially in France and England by the 15th and 16th centuries. Admission: \$7/adult, \$6/student, \$5/senior or child.

THROUGH MONDAY/MARCH 16

Ice Skating at Reston Town Center. 11 a.m. - 7 p.m. Reston Town Center, 11900 Market Street, Reston. From early November through the early March, the Pavilion floor is transformed into a gleaming ice skating rink. Ice skates and other supplies are available inside the Skate Shop directly beside the Pavilion (behind Clyde's). Admission: \$10 per adult; \$9 for children under 12; \$5 per skate rental.

THURSDAY/JAN. 8

A Bee's Eye View of Native Plants. 7 - 8:30 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Adults. Sam Droege, a biologist with the USGS Patuxent Wildlife Research Center, will be our guest speaker. He conducts research on native bees and will be discussing native plants from the perspective of bees. Regionally, there are over 400 species of native bees and many are only found on the flowers of specific plants. Learn what is happening to our native bee populations and why what we plant is important to these native pollinators. Reservations required by Jan. 5. Fee: \$5/person RA members, \$7/person Non-members.

For more information, email naturecenter@reston.org, or call 703-476-9689 and press 5.

Storytime for Threes to Fives. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Dr., Reston. An early literacy program with stories and activities. Age 3-5 with adult. 703-689-2700.

Reading Buddies. 4, 4:15, 4:30, 4:45 p.m. Reston Regional Library, 11925 Bowman Towne Dr., Reston. Children read in a fun, low-stress environment. Bring your own book or choose a book from the library. Call to sign-up for a 15 minute session. Age 6-9. 703-689-2700.

Crazy 8's Math Club. 4:30 p.m. Herndon Fortnightly, 768 Center St., Herndon. New after-school club that will get kids fired up about math. Eight sessions of hands-on, mischief-making activities. Register for each program. Grades K-2. 703-437-8855.

MONDAY-TUESDAY/JAN. 12-13

Cunning Coyotes. 10 - 11 a.m.

www.connectionnewspapers.com



PHOTO COURTESY OF RESTON COMMUNITY CENTER AND ROYCE CARLTON, INC

Anna Deavere Smith

Anna Deavere Smith to Highlight MLK Birthday Celebration

Anna Deavere Smith will highlight Reston Community Dr. Martin Luther King, Jr. Holiday Birthday celebration at the Reston Community Center, 2310 Colts Neck Road, Hunters Woods, Reston. Events are Sunday, Jan. 18 and Monday, Jan. 19.

❖ Anna Deavere Smith performance of the one-woman show, "Snapshots: Portraits of a World in Transition" Reston Community Center, CenterStage. Performance: Sunday, Jan. 18 at 8 p.m. Tickets: \$25 for Reston resident, Non-Reston ticket: \$50. For tickets call 703-476-4500 or visit www.restoncommunitycenter.com

❖ Anna Deavere Smith Keynote Address at the annual Reston Community Dr. Martin Luther King Jr. Holiday Birthday celebration and community lunch, "Reclaiming Grace in the Face of Adversity," Reston Community Center. Event: Monday, Jan. 19 at noon. Tickets: \$5 for Reston residents, Non-Reston ticket: \$10. The address will be followed by the traditional Reston Community Lunch.

For tickets call 703-476-4500 or visit: www.restoncommunitycenter.com

Walker Nature Center, 11450 Glade Drive, Reston. Ages 18 months to 35 months. Who is the noisiest wild dog? The smartest? The biggest in Reston? The coyote, of course. Learn about coyotes, howl in a coyote chorus, feel real coyote fur and make a coyote mask to wear home. Reservations required by Jan. 8. Fee: \$7/child RA members, \$9/child Non-members. For more information, email naturecenter@reston.org, or call 703-476-9689 and press 5.

MONDAY/JAN. 12

Terrific Twos. 11 a.m. Herndon Fortnightly, 768 Center St., Herndon. Start the new year with a bang. Join us for noisy stories, songs and rhymes. Age 2 with adult. 703-434-8855.

Writers Group. 7 p.m. Herndon Fortnightly, 768 Center St., Herndon. All levels of writing experience are welcome to join our group to receive support and feedback. Adults. 703-437-8855.

TUESDAY/JAN. 13

Read to the Dog. 7, 7:15, 7:30, 7:45 p.m. Reston Regional Library, 11925 Bowman Towne Dr., Reston. Read aloud to a trained therapy dog. Bring

your own book or choose a book from the library. Call to sign up for a 15-minute session. 703-689-2700.

WEDNESDAY/JAN. 14

Wednesday Morning Book Club. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Dr., Reston. Book discussion group. Adult. 703-689-2700.

Start the New Year with Meditation. 10 a.m. Reston Regional Library, 11925 Bowman Towne Dr., Reston. Begin the New Year with meditation with Gerry Gorman. Gerry is a long-time meditator who leads popular workshops and seminars on meditation throughout Virginia and the Greater DC region. Adults. 703-689-2700.

Preschool Storytime. 11 a.m. Herndon Fortnightly, 768 Center St., Herndon. Penguins and polar bears. Stories and songs about animals from opposite ends of the earth. Age 3-5 with adult. 703-437-8855.

THURSDAY/JAN. 15

Kid's Graphic Novel Book Club. 4 p.m. Reston Regional Library, 11925 Bowman Towne Dr., Reston. This month's title is "Zita the spacegirl" by Ben Hatke. Age 8-10. 703-689-2700.



Evan Hoffmann, NextStop Theatre artistic director and director, "Gutenberg! The Musical!"



John Joughney plays Bud in NextStop Theatre's "Gutenberg! The Musical!"

Laughter and Charm at Herndon Stage

NextStop Theatre presents "Gutenberg! The Musical!"

BY DAVID SIEGEL
THE CONNECTION

"This is the funniest musical script I have ever read. It leaves me crying with laughter every time I read it," said Evan Hoffmann, NextStop Theatre's artistic director as he described what is in store at the upcoming production of "Gutenberg! The Musical!" "The show is a great fit for NextStop and our audiences." "Gutenberg! The Musical!" is a two-actor, absurdest musical spoof of all things "Broadway." It is built on a simple premise; a pair of aspiring playwrights and songwriters perform an audition of their new project for the well-heeled backers who they hope will invest money in the show. But are they ready for a prime time showing of their flashy, yet very earnest musical about Johannes Gutenberg, who invented the printing press over 500 years ago?

Local musical theater headliners play the fictional playwrights. They are Bud (played by John Loughney) and Doug (played by Ryan Burke). Both characters are chock-full of enthusiasm and sincerity as they sing all the songs and play all

the parts in this history-tinged musical epic. All they want is to have a shot on Broadway.

"Gutenberg! The Musical!" is by Anthony King. He is an Emmy-nominated writer, director, and performer. Until recently he was the artistic director of the New York City-based comedy troupe, Upright Citizens Brigade. "Gutenberg" began its journey into life as a sketch routine that grew into an Off-Broadway show nominated for outstanding musical.

What makes it work? "The cast doesn't tell jokes as if in a comedy routine. They are just two very heartfelt and genuine people believing they have a musical hit on their hands and need to convince others," said Hoffmann who is directing "Gutenberg!" "They convey humor even when addressing issues that might not be suspected to bring laughter."

Patrons of the Industrial Strength Theatre may not recognize the place when they see the show. The usual risers are being removed; and the interior space reconfigured. The audience will be seated at tables for a very close-up connection with the performers including expert pianist Steve Przybylski.

In some ways, "Gutenberg! The Musical!" reminds Hoffmann of NextStop's growth as a professional theater company over the past year. "Through lots of sheer will, enthusiasm, and a 'we can do it attitude' we are building a dream." So, join the fun with a musical show about two dreamers ready to become Broadway's next big thing.

Where and When

NextStop Theatre presents "Gutenberg! The Musical!" at the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Performances: Jan. 8 to Feb. 1. Thursdays at 7:30 p.m., Fridays at 8 p.m., Saturday, Jan. 10 and 17 at 8 p.m., Saturday, Jan. 24 and 31 at 2 p.m. & 8 p.m., Sunday, Jan. 11, 18 and Feb. 1 at 2 p.m., Sunday, Jan. 25 at 2 p.m. & 7:30 p.m. Tickets call 866-811-4111 or visit www.nextstop.org.

South Lakes Swimmers Dominate Meet with Stone Bridge

South Lakes High School's Varsity Swim teams set 12 regional-qualifying times on their way to a victory over Stone Bridge on Dec. 19 at Ida Lee Park in Leesburg.

The South Lakes boys won with 193 points over Stone Bridge's 93, while the girls won with 180 points to Stone Bridge's 106.

South Lakes' boys won all three of the night's relay events with regional-qualifying times. The team of Johnny Micka, Benjamin Gryski, Mac Sogandares, and Tyler Ellis started the meet with a win in the 200-yard medley relay in 1:43.09. In the 200-yard freestyle relay, Dylan Hawley, Gianmichel D'Alessandro, Solomon Blackmon, and Conner Hutson, finished first with a time of 1:34.88. In the 400-yard freestyle relay, Sogandares, Ellis, Hawley, and D'Alessandro brought in the victory in a time of 3:23.38. In addition to the win in the 200-yard freestyle relay, South Lakes also took second and third with Gryski, Jack Edgemon, Samuel Oh, and Benjamin Barbee placing second, and James Crosby, Ethan Evans, Kevin Vintimilla, and Robby Cordts taking third.

Outside of the relays, the boys won all but one of their events. Highlights included:

- ❖ Regional-qualifying first-place finishes for Sogandares in the 200 freestyle and 500 freestyle and for Gryski in the 200 indi-



PHOTO CONTRIBUTED

Benjamin Gryski (white cap) edges past his Stone Bridge opponent during the breaststroke leg of the 200-yard individual medley to finish with a regionals-qualifying time.

vidual medley and the 100 breaststroke.

- ❖ A sweep of the 500 freestyle for Sogandares (first), Matthew Beach (second), and Barbee (third).

- ❖ A sweep of the 100 backstroke for

Micka (first), Joseph Hosi (second), and Grant Tremaine (third).

- ❖ A sweep of the 100 breaststroke for Gryski (first), D'Alessandro (second), and Max Onozuka (third).

- ❖ A one-two finish in the 50 freestyle for Blackmon (first) and Hutson (second).

The South Lakes girls also started and ended the meet with regionals-qualifying times for their relay teams. The team of Natalie Obando, Megan Carney, Sabrina Groves, and Natalie Pritz started off with a win in the 200 medley relay at 1:55.17. In the 400 freestyle relay, Emily Landeryou, Malina Stassinis, Caitlyn King, and Groves won with a time of 3:44.29.

In between were other strong performances including:

- ❖ Regional-qualifying first place finish for Groves in the 200yd individual medley.

- ❖ Regional-qualifying finishes in the 100 butterfly for Groves (second) and Landeryou (third).

- ❖ A sweep of the 200 freestyle for Landeryou (first), Grace Obando (second), and King (third).

- ❖ A one-two finish in the 50 freestyle for Natalie Obando (first) and Pritz (second).

- ❖ First-place finishes for Grace Obando in the 500 freestyle and the 100 backstroke.

- ❖ First-place finish for Carney in the 100 breaststroke.

South Lakes entered the winter break with 3-1 records for the boys' and girls' teams. They will return to the pool to face Madison High School at 6:30 p.m. Friday, Jan. 9, at Spring Hill RECenter.



CONNECTION FILE PHOTO

The Oakton girls' cross country team won its second consecutive state championship in 2014.

Oakton girls' XC repeats as state champs

The Oakton girls' cross country team in 2014 won its second consecutive state championship.

The Cougars posted a score of 44 at the VHSL state meet on Nov. 15 at Great Meadow, holding off an up-and-coming Lake Braddock squad for first place.

"I'm really ecstatic about [winning back-to-back state titles]," senior Allie Klimkiewicz said after the race. "I'm really proud of my team. It was a really close race. We

came in knowing that there would be at least three teams right with us, so I was really happy to find out that we won."

Klimkiewicz was one of four Oakton harriers to earn all-state honors with a top-15 finish. Klimkiewicz placed third, sophomore Casey Kendall was fourth, Leya Salis finished 11th and Kira Buttrey placed 15th.

McLean QB Maffei sets state record for completions

Brian Maffei and the McLean football team fell short



CONNECTION FILE PHOTO

McLean quarterback Brian Maffei set a single-game state record for completions against Herndon on Oct. 2.

against Herndon on Oct. 2, but the quarterback etched his place in history.

Maffei set a single-game state record with 42 completions against the Hornets. The senior completed 42 of 71 passes for 415 yards and four touchdowns, with two interceptions.

McLean lost to Herndon, 51-35.

"I'm not going to lie, it felt pretty good knowing I set a new state record," Maffei said, "but I was still pretty upset because of the loss."

— JON ROETMAN

Top Fitness Trends for 2015

Here's some low-cost, mobile routines.

BY MARILYN CAMPBELL
THE CONNECTION

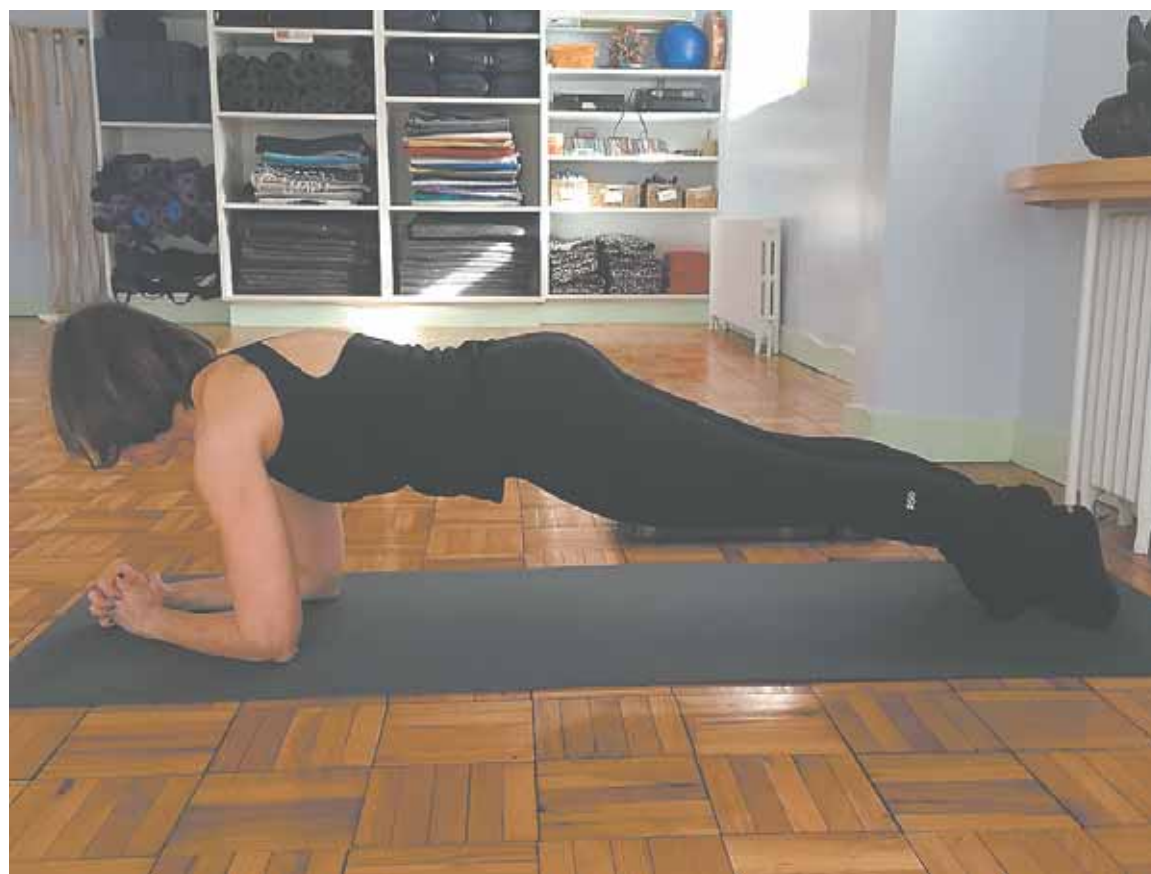
The beginning of a new year is often a time when many resolve to begin a fitness plan or to ramp up their current routine. Officials at the American College of Sports Medicine rang in the New Year by releasing the organization's annual survey of the top fitness trends for 2015.

From push-ups to plank, bodyweight training tops ACSM's list of fitness trends. Low cost and mobile, this routine takes exercise back to the basics: think pull-ups and squats. "You really don't need equipment or a gym membership, and there's almost no cost involved," said Katrina Salum, a personal trainer based in Arlington. "It's effective because you can build muscle and burn fat simply by using your own body weight for resistance."

The popularity of bodyweight moves are due to the ease in which they can be incorporated into your daily routine, said Salum. "You can do three sets of eight squats while you're brushing your teeth and 10 pushups while you're waiting for your coffee to brew."

THE PRACTICE of alternating intense periods of aerobic activity with low intensity exercises, known as high-intensity interval training (HIIT), is number two on the list of trends.

Varying exercises can stave off boredom, a factor that leads many people to abandon their fitness practice," said Scott Goldberg, a



Bodyweight training, which includes exercises such as plank, is the top fitness trend for 2015 according to the American College of Sports Medicine.

personal trainer in Potomac, Md. "Most HIIT routines can be done in 30 minutes," he said. "One simple routine is warming up by walking on a treadmill, then doing 10 squats, 10 push ups and 10 planks followed by a 30-second fast-paced sprint. Then walk slowly in place for four minutes to rest then repeat the entire routine five times."

Taking classes or training sessions from licensed, certified and educated fitness professionals is number three on the list. Traditional weight training is number four, followed by enlisting the help of a personal trainer and combining exercise and nutrition into a fitness plan, which are numbers

five and six respectively.

"To be healthy you need to exercise, but also eat foods that are good for you," said Gretchen Juliano, a dietitian in Old Town Alexandria. "Eating foods that are low in carbs and high in protein before working out forces your body to burn fat and gives you energy."

Fitness industry pros say yoga is number seven.

"The practice of yoga gives you muscular flexibility through the stretching involved in the yoga poses," said Dawn Curtis, East Meets West Yoga Center in Vienna. "Yoga also provides immune strengthening. A regular yoga practice will also help with your

healthy tissue maintenance and healthy growth of new muscles, bones, tendons, and ligaments, which are essential body components for fighting disease."

Curtis points to the detoxifying effects of yoga.

"A regular yoga practice will increase your blood circulation, which in turn helps flush out toxins from your body," she said. "As your body flushes out these toxins, to be released by the stretches of the muscle movement, they are replaced with new nourishing nutrients for a healthier body and mind...Students with a regular practice...report [having] long lasting results both physically and mentally, especially with reducing

"It is like vitamins. The real effect is doing it over time and incorporating it into your life rather than just doing it once."

— Sara VanderGoot

stress."

A commitment of practicing two to three times each week is necessary for noticeable results.

"Consistency is the key in yoga," said Sara VanderGoot of Mind the Mat Yoga and Pilates in Arlington and Alexandria. "It is like vitamins. The real effect is doing it over time, and incorporating it into your life rather than just doing it once. Yoga is not a quick fix, but a very powerful transformative practice if done regularly over time."

Fitness programs for seniors make the list at number eight. "Even 30-minutes of strength training and 20 minutes of aerobics 2 or 4 times a week can help us fight diseases like diabetes and heart disease as we age," said Goldberg.

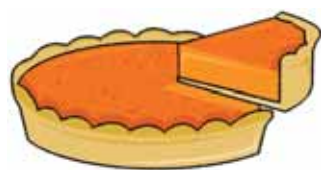
FUNCTIONAL FITNESS EXERCISES, those that make your body stronger for everyday activities like doing laundry, lifting small children or simply using good posture when sitting at a desk, come in at number nine on the ACSM list while group personal training sessions are number ten.

"One of the benefits of working out with a group is accountability," said Salum. "It's also less expensive than hiring a personal training and can be more fun."

PHOTO BY MARILYN CAMPBELL

Celebrate Special Occasions with Us!

Wide Selection of Mouth-Watering Sweets



- Cakes • Cookies
- Pastries • Pies
- Customized Cakes



Grace's Pastries

Established 1987

K-Mart Shopping Mall • 370 Elden Street, Herndon, VA • 703-467-9700

COMMUNITIES OF WORSHIP

Welcoming, Diverse, Progressive

**ST. ANNE'S
EPISCOPAL
CHURCH • Reston**



7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday School: preschool - grade 2
Music: grades 3 - 7
10:25 a.m. Sunday School Grades 3 to 6
Music 4 years to 2nd grade
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service
Nursery care provided at 9:00 a.m. service
The Rev. James Papile, Rector
The Rev. Laura Cochran
703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston



**To Highlight
your Faith
Community,
Call Karen at
703-917-6468**

Down and Not Out, Yet



By KENNETH B. LOURIE

Thankfully (so far as I know, which isn't very far), after a five-week interval between infusions, which included two additional weeks of pre-chemotherapy lab work and an out-of-the-ordinary 24-hour urine collection ("creatinine clearance") to boot – to more accurately measure my kidney function in hopes of meeting a 1.6 threshold – muster was finally passed, and I was subsequently infused without any further adieu. Planning forward, Ron, my oncology nurse, said that we should return to our usual-and-customary three-week interval for chemotherapy as well as the normal pre-chemotherapy lab work – with no "creatinine clearance." And given that I'm alive and reasonably well six years post-diagnosis by following a similar protocol, I'd be hesitant to get off the horse I've been riding so successfully – mostly – since early 2009, so I'm prepared to saddle up once again.

However, I do wonder if this five-week interval, which ultimately showed my creatinine level/kidney function returning to normal, might suggest that a rest-for-the-chemotherapy-weary might not be all bad. My Certified Holistic Health and Fitness Coach, Rebecca, feels that after six years of nearly non-stop chemotherapy, its toxicity has probably caused enough internal organ damage; "shrinkage" and all notwithstanding. Chemotherapy is hardly a non-corrosive additive. It does what it does, but there are consequences/side effects to be sure, many of which are not pretty and hardly worth waiting for. The question is: Is stopping and/or delaying any kind of conventional treatment, with which I have become most familiar during my six years of treatment, a new beginning or a tragic end? Generally speaking, I feel fine. Still, I'm not Alfred E. Neuman from Mad Magazine, so "What, Me Worry?" Yes. Cancer is not for the faint of heart, so challenges persist, whether the circumstances are good, bad or indifferent. It is impossible to leave well enough alone – for me, anyway.

As a result, I have a present that in the past was a future not promised. Initially I was told by my oncologist that he could treat me but that he couldn't cure me. Oddly, at the time, I didn't really grasp the obviousness of his statement, nor I imagine, did team Lourie. They were words with which we were familiar certainly, but their meaning sort of escaped us. Soon thereafter however, we learned what it all meant, and over the proceeding years, have become a little bit better at comprehending what the medical staff has been telling us. Now, our regular and seemingly recurring conversation is about creatinine and kidney function. It's likely my body is indeed under stress – after six years of chemotherapy. Nevertheless, given my most recent CT Scan result, as well as my eventually-reducing-to-normal creatinine level, I am going to continue to roll the dice. Perhaps I'm being penny-wise/pound foolish or just plain foolish and not too wise. Unfortunately, nobody really knows for sure, and besides, when you're life hangs in the balance, it's seems whatever decisions are to be made, should be made by the patient. So I will continue to employ Rebecca's advice in hopes that the supplements and all that she has advised I take over the last six years continue to strengthen my immune system enough to offset the likely damage the chemotherapy is causing along its cancer-cell-killing way. I realize it's not perfect, but it's a living. THANK GOD.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ZONE 1: • RESTON
• HERNDON • LOUDOUN

CLASSIFIED

703-778-9411

ZONE 1 Ad DEADLINE:
MONDAY NOON

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.

-Werner Heisenberg

21 Announcements 21 Announcements 21 Announcements

WET BASEMENTS STINK !!
Mold, mildew and water leakage into your basement causes health and foundation damage. What can be done to fix the problem? Allstate American Waterproofing is an honest, hardworking local company. We will give you a **FREE** evaluation and estimate and a fair price. We have repaired thousands of basements in the area; we can provide local references. When your neighbors needed waterproofing, they called Allstate American. Why don't you? Call now to receive a 20% discount with your **FREE ESTIMATE**. MHIC#36672
CALL 1 800 420 7783 NOW!

The reward of a thing well done, is to have done it.
- Ralph Waldo Emerson

26 Antiques

We pay top \$ for STERLING, MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS.
Schefer Antiques
703-241-0790
theschefers@cox.net

21 Announcements 21 Announcements

OBITUARY



Violet Kaleh Carmona Bateman 1923-2014

Violet "Vi" Kaleh Carmona Bateman died on December 30, 2014 at home in Bealeton, VA with both her daughter and granddaughter by her side. Violet was ninety-one years old. Violet had been a long time resident of Herndon until three years ago, when health concerns required her to move in with her daughter and son-in-law at their family farm in Bealeton, VA.

At the tender age of ninety-one, Violet as vivacious as ever, was still enchanting every person she met with her beautiful smile and infectious laugh. Her poise and grace carried her faithfully throughout the years, and anyone who had met Vi, knew that she was a special woman. She will be missed greatly, and her memory cherished for years to come.

Violet worked tirelessly in her hometown of Herndon to execute the building of the Herndon Community Center, and was a member of the initial committee to accomplish the development of the "Herndon Harbor House" housing project for the elderly. She was also an active member of the Herndon Chamber of Commerce, and volunteered in her church as well as many other organizations.

She is survived by three children; Richard Carmona of Jeffersonson, VA, Gregory Carmona of Houston, TX, and Carla Jean Carmona-Chapman of Bealeton, VA. As well as ten grandchildren; Kaleh Carmona Booker, Krista Lynn Booker, Kyle Michael Booker, Daniel Carmona, Elisha, Matthew Carmona, Noel Carmona, Michael Carmona, Richard Carmona, and Nathan Carmona. She was also blessed with three great grandchildren; Isabella Skye Booker, Katerina Rayne Booker and Juliet Ella Carmona.

The family will receive friends and relatives on Friday, the 9th of January from 2-4PM and 6-8PM at Adams-Green Funeral Home in Herndon, VA. The funeral will be held the next day, Saturday the 10th of January at 11:00AM at St. Timothy's Episcopal Church: 432 Van Buren St. Herndon, VA 20170. The interment will be held at the Chestnut Grove Cemetery in Herndon, VA, following with a reception at St. Timothy's beginning around 1:00PM.

Memorial contributions can be made to The Holy Land Christian Ecumenical Foundation: 6935 Wisconsin Ave, Suite 518, Bethesda, MD 20815 or on their website <http://www.hcef.org>. In addition to St. Timothy's Episcopal Church; memo "Reserve Fund." Flower arrangements can be sent from the Herndon Florist, which can be reached at 703-437-4990.

And as Vi always said, "Don't forget to keep smiling"

ZONE 1: • RESTON
• HERNDON • LOUDOUN

EMPLOYMENT

703-778-9411

ZONE 1 Ad DEADLINE:
TUESDAY 4 P.M.

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
☎ Weekdays 9-4 ☎

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
☎ Weekdays 9-4 ☎

VET ASSISTANT

Small animal hosp. Great Falls.
Will train. 703-757-7570 •
www.ourvets.com



Opening Soon in North Point Village Center in Reston!

Join Our Team!

Now Hiring All Positions

Apply in Person

1422 North Point Village Center
Email northpoint@glorydaysgrill.com or
call 1-800-57-GLORY Ext 45
for more information
EOE



Facility Account Specialist

Full-time position. Monday - Friday 9:00am-6:00pm

Salary - \$30-\$40K negotiable/depending on experience

Summary: Responsible for interacting with customers via phone and/or email to provide and process information in response to inquiries, concerns and requests regarding bank accounts by performing the following duties.

Duties and Responsibilities include the following.

Other duties may be assigned.

1. Responds, handles and promptly resolves any customer inquiries, concerns and requests.*
2. Processes overdrafts for bank accounts.*
3. Processes transactions for bank accounts.*
4. Reconciles checking accounts.*
5. Performs various clerical duties to include photocopying, faxing, scanning and filing.

Education/Experience: High school diploma or GED

Tae Kim, Human Resources
14155 Newbrook Dr. Ste. 200 • Chantilly VA 20151
Fax-703-263-2575 • www.nationaldatacare.com

ZONE I: • RESTON
• HERNDON • LOUDOUN

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.COM

703-778-9411

ZONE I Ad DEADLINE:
MONDAY NOON

ELECTRICAL

K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabling
Service Upgrades
Hot Tubs, etc...

Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522
lektrkman28@gmail.com

GUTTER

GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

PINNACLE SERVICES
lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

IMPROVEMENTS

IMPROVEMENTS

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com

The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

**BATHROOM REMODELING, DRYWALL,
PAINTING, CERAMIC TILE, CARPENTRY,
POWER WASHING & MUCH MORE**

You have tried the rest - **NOW CALL THE BEST!!**
Proudly serving Northern VA - 46 yrs. exp.
We Accept VISA/MC
703-441-8811

Picture Perfect
Home Improvements
(703) 590-3137

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry,
Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available

www.pphionfine.com

"If it can be done, we can do it"

Licensed - Bonded - Insured



LAWN SERVICE

LAWN SERVICE

PINNACLE SERVICES, INC.

LAWN SERVICE

**MOWING, TRIMMING, EDGING,
MULCHING & TRIM HEDGES**

Friendly Service for a Friendly Price

703-802-0483

HAULING

ANGEL'S HAULING

Junk Trash Removal,
Yard/Construction
Debris, Garage/Base-
ment Clean Out,
Furniture & Appl.

703-863-1086
703-582-3709
240-603-6182

JUNK HAULING

Junk, Rubbish,
Homes, Offices,
Commercial,
Yard/Construction
Debris, Lot Clear
out, 24 hrs day,
General Hom Work.

703-520-3205 N-VA

Do what
you can, with
what you have,
where you are.

-Theodore
Roosevelt

TREE SERVICE

ANGEL'S TREE REMOVAL

Brush & Yard Debris
Trimming & Topping
Gutters & Hauling

Angelstreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured

**Leaf Removal
Gutter Cleaning**

25 years of experience
Free estimates
703-868-5358
24 Hour Emergency Tree Service

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.

Fall Cleanup...

Tree removal, topping & pruning,
shrubbery trimming, mulching,
leaf removal, planting, hauling,
gutter cleaning, retaining walls,
drainage problems, etc.

25 years of experience - Free estimates
703-868-5358

**24 Hour Emergency
Tree Service**

For a free digital sub-
scription to one or all
of the 15 Connection
Newspapers, go to
**www.connectionnews-
papers.com/subscribe**

Complete digital rep-
lica of the print edition,
including photos and
ads, delivered weekly
to your e-mail box.

Questions? E-mail:
goinggreen@connection
newspapers.com

THE CONNECTION
NEWSPAPERS

AREA ROUNDUPS

Art Show to Honor Reston's Official Bird

Friends of Reston is hosting a Children's Art Show at the Walker Nature Center in celebration of the new Official Bird of Reston, the Pileated Woodpecker. Deadline for art is Saturday, Jan. 31 by 1 p.m. All submitted art will be displayed inside the Walker Nature Center's Nature House from Sunday, Feb. 1 until Saturday, Feb. 7, and posted on its Facebook page.

Children of all ages are welcome to submit drawings and paintings in pencil, crayon, watercolor, or other media. Art submissions can be mailed to Walker Nature Center, 11450 Glade Drive, Reston, 20191, or delivered during the open hours of Monday and Wednesday-Friday 9 a.m. until 5 p.m., Saturday 10 a.m. until 1 p.m., Sunday 1 p.m. until 4 p.m. For more information, call 703-476-9689, or email naturecenter@reston.org.

The Pileated Woodpecker was voted as the Official Bird of Reston in an election held by Friends of Reston in honor of Reston's 50th anniversary in 2014. For inspiration, more information, and images of the Pileated Woodpecker, see the latest issue of "Branching Out," published by Walker Nature Center, available in print and online at http://issuu.com/restonassociation/docs/branching_out_winter_2014-2015/0

Northwest Federal to Open New Branch

Northwest Federal Credit Union's newest branch is set to open in late-January - a

member-centric site designed to deliver a high-tech, high-touch user experience. With an opening date slated for Jan. 31, the new Village Center branch is located at 2545 Centreville Road in Herndon. It is Northwest Federal's first "high-tech" branch, and will feature state-of-the-art equipment and interactive displays, including:

**The Discovery Zone* featuring videos and digital brochures, and a tablet check-out center;

**A WI-FI Bar and hotspot* with charging station, Wi-Fi access and boards with news and weather; and

**A product and services wall*, where members discover the latest events, promotions, and current savings and loan rates.

In the next few weeks, Northwest Federal will send members an announcement of the new branch, as well as information on special events and promotions to mark the grand opening. The Credit Union will also offer \$25 for all new members and those who refer new members.

The Credit Union selected the Village Center site to enhance service with more in-person banking options for members in Northern Virginia, explained Chris McDonald, president/CEO of Northwest Federal.

For more information, visit www.nwfcu.org.

Correction

In the Dec. 24, 2014 Connection article "How Does She Do It?" the current executive director of The Foundation for Fairfax County Public Schools should be listed as Mike Infurnari.

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com by the Friday prior to the following week's paper.

THURSDAY/JAN. 8

ESL Speak and Write for Intermediate Students. 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston.

TUESDAY/JAN. 13

ESL Speak and Write for Intermediate Students. 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston.

WEDNESDAY/JAN. 14

Wednesday Morning Book Club. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Book discussion group.
Start the New Year with Meditation. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Begin the New Year with meditation with Gerry Gorman. Gerry is a long-time meditator who leads popular workshops and seminars on meditation throughout Virginia and the Greater DC region.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Meditation in Our Daily Lives. Participants will learn the basic principles of meditation and how to carry the experience of meditation into their daily life. Weekly on Thursdays starting Jan. 15; 7:30-8:30 p.m. at Unitarian Universalist Church, 1625 Wiehle Ave. Reston with teacher Gen Kelsang Varahi, an American Buddhist nun. \$10 (\$5 unemployed, full time students, 65 and older). More at www.meditation-dc.org

Trinity Presbyterian Church, 651

Dranesville Road, Herndon, has Sunday worship services at 8:30 a.m. and 11 a.m. Nursery and childcare are provided and youth and adult Sunday school classes are held prior, from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12. 202-986-2257 or www.meditation-dc.org.

COMMUNITY

Chanukah Celebrated At Downtown Herndon

Chabad of Reston-Herndon holds community celebration.

BY RYAN DUNN
THE CONNECTION

The Sunday evening of Dec. 21 members of the community assembled at the Herndon Town Square to celebrate Chanukah with the Chabad of Reston-Herndon. The event was open to the public and more than 35 persons came to attend. The program was arranged by Rabbi Leibel and Nechamie Fajnlund directors of the Chabad Reston-Herndon. Program sponsors were the Nachman Partnership.

"It is nice to see other people recognize Chanukah as a holiday," said Joe Tamres, a resident of Fairfax who attended the celebration. The celebration of Chanukah lasts from Dec. 16 – 24. Also known as the Festival of Lights and Feast of Dedication, it is an eight-day Jewish holiday commemorating the rededication of the Temple in Jerusalem at the time of the Maccabean Revolt against the Seleucid Empire. Chanukah is observed for eight nights and days, starting on the 25th day of Kislev according to the Hebrew calendar, which may occur at any time from late November to late De-



After the group singing of several Chanukah songs, Rabbi Leibel Fajnlund announced the winners of a raffle. The Dec. 21 Chanukah celebration was open to the entire community.

cember in the Gregorian calendar.

The Nachman family has long supported the celebration of Chanukah, and has encouraged the entire community to join in the experience. A menorah provided by the Nachman family has been present at the Herndon Town Square during Chanukah season for more than 30 years. Elysa Birman, resident of Herndon and member of the Council for the Arts of Herndon, attended the Chanukah celebration with her husband Igor. "We think it is great to get together and celebrate the holiday," said Elysa Birman.

Also returning for the Chanukah event were long time Herndon residents Linda Downer and her husband Richard Downer. Rabbi Fajnlund welcomed all the attendees and handed out chocolate coins to kids in the crowd.

After the menorah was lit, everyone was invited to enjoy latkes and donuts, as well as Chanukah-themed crafts for the kids. On Tuesday, Dec. 16, the Chabad of Reston-Herndon met at the Lake Anne Waterfront and the Reston Community Center to celebrate the first day of Chanukah.

Volunteers with Herndon HCTV, a non-



Rabbi Leibel Fajnlund with members of his family near the giant menorah after the community Chanukah celebration in downtown Herndon. Rabbi Leibel and Nechamie Fajnlund are directors of the Chabad Reston-Herndon.

profit community television station which can be seen on COX channel 23 in Fairfax County and FiOS channel 28 were out at the Herndon Town Square videotaping the evening event. In addition to singing some traditional Chanukah songs including "Maoz Tzur" and "I Have A Little Dreidel," a raffle was held and several prizes were presented to winners. One of the raffle winnings included a Kindle Fire. "An appropriate prize for this festival of lights," joked Rabbi Leibel Fajnlund.

To learn more about the Chabad of Reston-Herndon, visit www.chabadrh.org.

Christmas Cheer Shared At Herndon Police Station

HPD, Herndon FOP and community provide children with presents.

BY RYAN DUNN
THE CONNECTION

"I think this is a great example of what communities do, we help each other out," said Town of Herndon Vice Mayor Jennifer K. Baker. Baker was at Herndon Police Department on Saturday, Dec. 20 for the annual Cops & Kids outreach event. The Herndon Police Department's annual Cops & Kids event, sponsored by the Greater Herndon Fraternal Order of Police Lodge 64, helped provide 26 area children with gifts from Santa.

The event was attended by community residents and helped families have a merry Christmas. The event began with breakfast, followed by photos with Santa and Mrs. Claus who came delivering boxes of gifts. In the weeks before the event, Herndon police officers and members of the FOP met with children so they could write out their Christmas wish lists to Santa. Helping make the event pos-



Herndon town council member Grace H. Wolf with Herndon Police Officer Ronald Eicke, Herndon Police Chief Maggie A. DeBoard, and Herndon Vice Mayor Jennifer K. Baker at the Cops & Kids outreach event.

sible were many volunteers. "It is a great successful event, every year it grows... we get tons of support from the community," said Herndon Police Officer Ronald Eicke Jr., president of the Herndon FOP.

The previous evening, volunteers including Herndon Mayor Lisa Merkel and town council members Sheila Olem, Dave Kirby and Grace Wolf helped prepare for the Saturday outreach event. "It is an opportunity

for the council to lead by example," said Wolf, who also attended last year's event. "This is always a fun event for us," said Herndon Police Officer Si Ahmad, who helped wrap some of the gifts.

Participating families were provided with a food basket and a gift card to a local retailer. After the event, Santa and members of the Herndon FOP and volunteers went out with the Fairfax County Fire and Res-

cue Company to deliver toys and winter coats throughout the community to kids in lower income areas of Herndon. "It helps out families that need to be helped," said Herndon Police Officer Mike Berg. Members of the Herndon Police Department have contributed back to the community while off duty through engagement with local organizations including the Herndon Optimist Club. The Herndon Police also offer an annual citizens police academy which includes classroom presentations and the opportunity to ride along with an officer on patrol. To be eligible participants must be 18 years of age or older and have no prior criminal record.

"Without everybody's contributions this would not have been a success," said Officer Eicke. The Cops & Kids Program operates with the help of community volunteers and sponsors, including the Herndon FOP Lodge 64, Herndon Rotary Club, Herndon Optimist Club, Sheryl McCurnin and the employees of CDWG, Peggy Walker, and Steven Fraser of TMMG. Other contributors included the Reston Home Depot, Northwest Federal Credit Union and Chuck E. Cheese. "This is a great event for the community," said Herndon resident Sheryl McCurnin. For more information on the Herndon Fraternal Order of Police Lodge 64, visit <http://www.herndonfop.org/>.