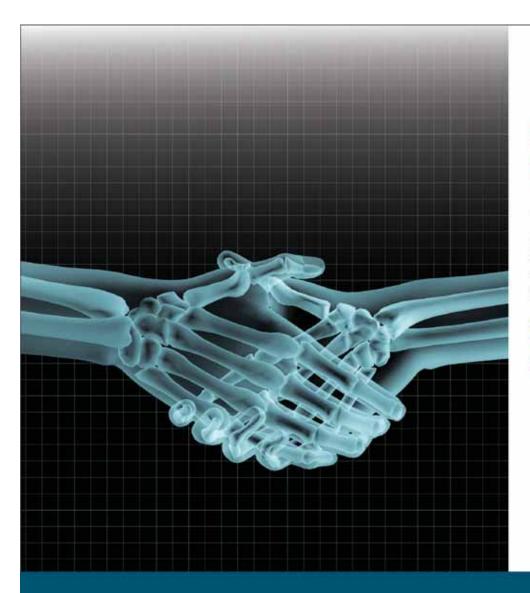






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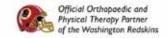


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News

Legislators Meet Constituents

General Assembly Fairfax delegation holds public meeting prior to session start in Richmond.

By Tim Peterson
The Connection

ustin Dolan addressed the state delegates and senators from his wheelchair rather than the podium. The 34-year-old Falls Church resident has cerebral palsy, and received an Individual & Family Developmental Disabilities Support waiver.

"I can use my waiver to fund a staff person to help me with my daily care needs, when I can find someone who wants to work for \$11.47 an hour with no benefits," Dolan said. "The thing I really need is enough support for me to move out of my mom's house and live in the community with friends, but the waiver doesn't provide that."

Dolan asked for a reduction of the waiver wait list, a redesign of the waiver system itself to offer increased services. He was one of more than 70 speakers given an opportunity to address a panel of delegates and senators about to travel to Richmond to begin the 2015 General Assembly session.



From left: State Sen. Barbara Favola (D-31), Lenore Levin of Great Falls, Del. Ken Plum (D-36), state Sen. Dick Saslaw (D-35) and Del. Kathleen Murphy (D-34) meet following the Fairfax delegation public forum.



Delegate Vivian Watts (D-39) speaks with Jonathan Damm of Reston following the Fairfax delegation public forum. Damm addressed the threat of children using turf fields being exposed to toxins from ground-up tires in the fields themselves.

The forum took place Jan. 10 at the Fairfax County Government Center.

Chairman of the Board of Supervisors Sharon Bulova was first to speak, addressing the importance of funding K-12 education in Fairfax County.

"We're pleased both the General Assembly and Governor [Terry] McAuliffe were able to protect K-12 from recent funding cuts," she said. "In the longer term, we still need your help."

Bulova cited the more than 52,000 stu-

dents in FCPS that qualify for free and reduced lunch, a figure she said outnumbers the total population of all but four school divisions in the state.

FCPS School Board Chair Tammy Derenak Kaufax followed Bulova, claiming the current K-12 funding isn't serving the community well and decrying teachers' salary ranking with respect to the cost of living.

"I urge you to work on the SOL, reducing the impact of that assessment on students," she said.

More than 70 members of the public were each given three minutes to address the delegation. Though the subject matter varied from social services for mental illness and substance abuse disorders to filling circuit court judge vacancies, one common theme was the lack of resources, people trying to do more with less.

Several individuals spoke out about the closure of the Northern Virginia Training Center (NVTR), a state residence serving people with intellectual disabilities. Opened in 1973 at 9901 Braddock Road, the Department of Behavioral Health and Developmental Disabilities plans to close the center in March 2016 in favor of a more community-based system.

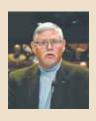
"The quality of life has been been compromised by degrading services," said

VIEWPOINTS

What brought you out today?

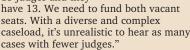
Don Northcutt of Reston:

"I'm here promoting the Fairfax Veterans Mentors Treatment Docket. Mental health issues are better addressed through treatment-investment programs."



Elanna Weinstein of Herndon:

"I'm here with the Fairfax Bar Association. The Fairfax County Circuit Court is authorized to have 15 judges and they



Judith Korf of Reston:

"I'm here with the Parents and Associates of the Northern Virginia Training Center. The quality of life at the center has been compromised by the degrading of



services. We need to keep it open in a smaller and more efficient footprint."

Judith Korf of Reston. Korf was at the forum representing the Parents and Associates of the Northern Virginia Training Center. "We need to keep it open in a smaller and more effective footprint."

Jonathan Damm of Reston used his three minutes to raise the issue of toxic turf fields at FCPS schools. His main concern was children being exposed to chemicals on ground-up tire rubber used to make the fields. "We need to ban the use of crumb rubber," he said. "There are alternative materials that could be used, but they're more expensive."

'Welcome to Virginia' Sign Unveiled at Dulles International Airport

On Jan. 6, Governor Terry McAuliffe unveiled a new "Welcome to Virginia" sign at Dulles International Airport (IAD), welcoming travelers to the Commonwealth of Virginia. Dulles is a major hub for domestic and international travel, servicing about 22 million travelers a year traveling to 83 nonstop domestic and 50 nonstop international destinations. The new signage is the first of its kind at IAD.

Speaking about the unveiling, Governor McAuliffe said, "In order to build a new Virginia economy, we need to continue to not only increase tourism, but attract new businesses and bring the Virginia story to new audiences. This new signage will welcome millions of travelers every year to our great Commonwealth, and it will serve as a reminder that wherever their travel through Dulles is taking them, they are always welcome to explore Virginia and its abundant business opportunities and travel destinations."

"Virginia is for Lovers is one of the most powerful advertising slogans in our country's history," said Secretary of Commerce and Trade Maurice Jones. "Having the Virginia brand here at a major international airport will connect travelers with the promise that Virginia offers a place to work, play and visit loved ones. Driving home our travel message at every gateway to the Commonwealth is imperative to increasing visitation and spending in Virginia."

"For travelers, now more than ever, there is a lot to love about flying to Dulles International Airport," said Jack Potter, president and CEO of the Metropolitan Washington Airports Authority, which runs the airport." At Dulles, we've created a speedier trip through customs with new self-service kiosks, a fresh new array of shopping and dining options, and better connectivity than ever to Metrorail with the Silver Line Express bus. We look forward to welcoming more visitors to Virginia and the National Capital Region – whether they are Dulles users or experiencing it for the first time."

Governor McAuliffe also announced that the Virginia Department of Transportation

(VDOT) plans to gradually roll out a series of newly designed "Welcome to Virginia" signs at all 105 interstate gateways to the Commonwealth. The last design of the sign, depicting a large cardinal perched on a flowering dogwood, was rolled out in 2006, and many of these signs have reached the end of their usable lives due to visibility at night. The welcome signs should all be updated by the July 4th holiday.

"The newly designed signs will present a fresh new aesthetic to travelers entering the Commonwealth, one that reflects Virginia's modernity but also our rich traditions," said Aubrey Layne, Secretary of Transportation. "Every year motorists travel 81 billion miles on Virginia highways. The new signs will help connect them to the Virginia is for Lovers brand—and inspire future travel across the Commonwealth. VDOT worked in record time to begin replacing these signs."

The iconic "Virginia is for Lovers" slogan celebrated its 45th anniversary in 2014. The slogan was inducted into the Madison Avenue Advertising Walk of Fame in 2009, and



Photo contributed

A new "Welcome to Virginia" sign at Dulles International Airport (IAD), welcoming travelers to the Commonwealth of Virginia.

was recognized by Forbes magazine as one of the top ten advertising campaigns of all time.

Tourism is an instant revenue generator in Virginia. Last year, visitors spent \$21.5 billion, which supported 213,000 jobs and contributed \$1.42 billion in local and state taxes. To learn more about visiting Virginia, go to www.virginia.org.

OPINION

Steps To Prevent Gun Violence

BY MARTINA LEINZ

President, Northern Virginia Chapter of THE BRADY CAMPAIGN TO PREVENT GUN

egislators convening for the 2015 Virginia General Assembly session this month have a great opportunity to make the Commonwealth a

safer place for us all by voting in favor of the modest and responsible recommendations recently put forth

by Governor Terry McAuliffe regarding gun violence prevention.

Governor McAuliffe has proposed six key pieces of legislation intended to keep firearms away from dangerous individuals. Three of the initiatives are regarding criminal background checks at gun shows. Currently, only Federally Licensed Firearms Dealers are required to run criminal background checks prior to selling or transferring firearms. Private sellers are exempt from this requirement leaving the door wide open for criminals to easily gain access to guns.

One of McAuliffe's proposals would make unlawful purchases more difficult by prevent-

ing gun shows from advertising that they are not required to conduct background checks. Another proposal would give the State Police statutory authority to process voluntary background check requests of private sellers. The most substantive of the three proposals would close the existing loophole and require background checks for all purchases at gun shows.

None of these three proposals goes far enough. Ideally, criminal background checks would be universal; required on all firearms transactions

including online sales. They are, however, a step in the right direction and would do much to keep guns out of the hands of dangerous individuals.

Another proposal is to return the limit of handgun purchases to one a month so the Commonwealth won't hold the dubious distinction of being one of the most prolific gun-running states in the nation. Other initiatives include a bill to keep guns from people subject to protective orders and one to revoke concealed handgun permits for parents delinquent on child support payments. This later proposal would affect the roughly 9,000 parents with such permits who are delinquent collectively on child support payments of over \$15 mil-

These six modest proposals would be very effective in reducing violent crime by keeping guns out of the hands of people who should not have them. None of the proposals would prevent law-abiding citizens from owning weapons and none would infringe upon Second Amendment rights of responsible

With the Republicans controlling both the House of Delegates and the Senate, there are bound to be disagreements with any legislation proposed by Democratic Governor McAuliffe. However, everyone should agree to these modest proposals to keep Virginians safe. It is not a partisan issue; it is a simple matter of public health and safety.

With great opportunity comes great responsibility. I sincerely hope the General Assembly embraces that responsibility and votes accordingly. If you agree, please contact your elected officials and tell them you are counting on them to vote in support of all proposals to curb gun violence in the Commonwealth.

LETTERS TO THE EDITOR

County Shouldn't Spray Against Fall Cankerworm

COMMENTARY

This letter is in response to a recent letter to the editor about Fairfax County's Fall Cankerworm Insecticide Spraying Program.

I am a professional entomologist and I have been in charge of the U. S. National Insect Collection at the Smithsonian Institution, a Fairfax County resident for 21 years, as well as a biologist experienced in conservation. I have been following the issues regarding the program in Fairfax County to spray Bacillus thuringiensis var. kurstaki (Btk), a kind of biological insecticide, to control a native moth, the Fall Cankerworm (scientifically, Lepidoptera: Geometridae or Inchworms).

Bt was first used to control Lepidoptera (moth) pests of agricultural crops; however, this naturally-occurring bacterium was found to be deadly to all moths and butterflies (Lepidoptera). Since this discovery there have been many types of Bt developed, but those used against moths are still deadly to non-target species, including native species. However, the areas in Fairfax County being sprayed are not crops or timberlands for harvest, but rather forests, parklands, neighborhood gardens. These are places to preserve wildlife and nature, and to protect them for the benefit of not only Fairfax County residents, but also for all Virginians and visitors. Without scientific monitoring or and resident birds, as well as rep-

surveys, we do not know how many or even which native species live in any particular area being sprayed. Therefore, to inadvertently spray this deadly microbe, even if the intention is to target certain areas, is not prudent.

The letter writer does acknowledge that spraying Btk can kill other kinds of caterpillars, "... but only if they are up and eating the first baby leaves." However, it is well known that plant chemicals that often prevent insects eating certain plants only are present in older leaves (for example, tannins in Oak leaves); therefore, many species of caterpillars are only able to eat, and even prefer, what he calls "baby leaves." He also claims that research shows that spraying increases the diversity of other species of butterflies and moths. However this research is apparently about the Gypsy Moth, a non-native (invasive) species from Asia. Reducing Gypsy Moth numbers could indirectly benefit other, native insect species. However, spraying to kill the native Fall Cankerworm is likely to severely harm many (as yet undetermined) native species of butterflies and moths and may even increase diversity of other non-native pest species potentially harming the fauna and flora of Fairfax County. Getting rid of the Fall Cankerworm will eliminate a potentially vital food source for many migratory

tiles, amphibians, predatory insects, and other wildlife that rely on caterpillars for their survival. His assertion that "birds can safely eat the dead caterpillars" is misleading because in spring (when the spraying actually takes place), many insectivorous birds need to find enough live caterpillars to feed their nestlings or fuel their northward migration and it is not clear if they would even eat dead caterpillars.

Episodic population outbreaks ("infestations") of native species such as the Fall Cankerworm are part of the natural ecological rhythm of our forests and woodlands, so why disrupt it? Based on previous research I have done (for example with Elms) and observations of the natural history in the forests of the northeastern USA, I do not believe that occasional and/or partial or even complete defoliation of most native eastern forest tree species will cause tree death. The severe defoliation from by Gypsy Moth in the 1970s demonstrated that only very severe and repeated defoliation over many years truly killed native trees; our local Fall Cankerworm outbreaks are natural and nowhere as severe and will not become so.

The far wiser approach to this problem would be for Fairfax County to sponsor some scientific surveys, to determine which species of butterflies and moths are

present in the intended treatment areas, i.e. the biological diversity. Also advice to homeowners about how to monitor and/or treat their gardens would be helpful.

I have discussed this Fall Cankerworm issue with several experts on butterflies and moths at the Smithsonian and the USDA and they all agree with my statements above.

In conclusion I feel strongly that Fairfax County should cease spraying against Fall Cankerworm, because such spraying does more harm than good to the ecosystems and neighborhoods of Fairfax

> David G. Furth, Ph.D. Department of Entomology Smithsonian Institution

Write The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor The Connection 1606 King St. Alexandria VA 22314 Call: 703-917-6444. By e-mail: north@connectionnewspapers.com



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News



Missing: Mr. Higgins

Where is Mr. Higgins?

eward for information leading to safe return of the cat, Mr. Higgins. He is a gray tabby cat with white chin, chest, and belly plus white paws, golden eyes, and a fluffy tail. May have black and white collar with tag. Very friendly and laid-back. Last seen Christmas Day at the Spirit Open Equestrian barns next to Frying Pan Farm Park, 2705 West Ox Road, Herndon. Call 703-391-9604 or email: spiritoep@gmail.com. Please help bring him home.



Mr. Higgins with Iona Boie, Ph.D., LPC, NCC, **Equine** Assisted Psychotherapy counselor.





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1/7/2015Wellbeing, Renewal, Resolutions
1/14/2015 HomeLifeStyle
Martin Luther King Jr. Day is Jan. 19
1/21/2015A+ Camps & Schools
1/28/2015 Neighborhood Outlook
1/28/2015Winter Fun, Food, Arts & Entertainment;
Valentine's Preview
FEBRUARY
2/4/2015Valentine's Dining & Gifts I
2/4/2015Wellbeing – National Children's Dental
Health Month
2/11/2015HomeLifeStyle
2/11/2015Valentine's Dining & Gifts II
Valentine's Day is Feb. 14 • Presidents Day is Feb. 16
2/18/2015A+ Camps & Schools
2/25/2015Pet Connection Pullout
MARCH
3/4/2015Wellbeing
3/11/2015HomeLifeStyle Real Estate Pullout
3/18/2015A+ Camps & Schools
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7 3200 Barton Way, Oak Hill — \$1,315,000

② 2258 Compass Point Lane, Reston — \$1,325,000

3 1830 Fountain Drive #1501, Reston

#1501, Reston
— \$1,252,000

Great Falls

267

Washington
Dulles
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Oakton

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HomeLifeStyle

Backyard Dreaming

Local tastemakers say winter is the best time to plan an idyllic backyard retreat.

> BY MARILYN CAMPBELL The Connection

pring may seem light years away from the frigid January temperatures, and lounging in your backyard is probably the last thing you want to do at the moment, but landscape designers say now is the time to start planning a summer retreat.

"January is a good time to start thinking about your backyard," said Alex Ikenson, co-owner of Home Escapes, located in Herndon. Home Escapes, which had specialized in hot tubs and outdoor furniture, merged recently with Urban Retreat, an indoor furniture and accessory company.

"A lot of things we sell are special order and take a few weeks to come in, so you don't want to start too late," said Ikenson.

From swim spas to fire pit tables, options for outdoor landscapes are plentiful.

"People now are spending more time at home and less time going on vacation, and making their backyards more of a living space, creating a living space," said Rosanne Tsantes, sales manager of Home Escapes.

"Outdoor furniture companies have responded to the surge with beautiful pieces of furniture."

Touted by industry insiders as comfortable, durable and easy to maintain, the array of outdoor fabrics on the market rival their indoor counterparts.

"The whole industry has expanded to true designer furniture and fabrics. There are hundreds of beautiful fabrics available," said Tsantes. "If you were to pick out aluminum furniture, you could choose from at least 10 frame colors, where it used to be just black and green. We have brush tones with gold tint, antique tones, ... There are some really gorgeous finishes."

Accessories can be customized to fit virtually every budget and space as well. "Everything is made to order," said Jodie Labovitch, an interior designer with Urban Retreat. "They're not pulling it off the shelf."

Outdoor fire pit tables, powered by gas, are crowd-pleasing accessories that come in every size from compact coffee table to dining room table. Styles run the gamut from rustic to sleek.

"The tabletops can be porcelain or alu-



Swim spas, upscale furniture and fire pit tables are among the options in outdoor furnishings for those who want to create a backyard living space.

minum, stone or granite," said Tsantes. "There is even an artisan top that looks like carved leather. Now you can go into your back yard and feel like you're on vacation somewhere in the islands."

Adding the resort-like feel are swim spas, the large cousin of the ubiquitous hot tub.

"A swim spa allows you to exercise, even during the winter, by swimming against the current," said Tsantes. "They are like hot tubs, only about 12-16 feet long and eight feet wide. You can run out in the winter and swim and then sit on the spa bench, just like you would in a hot tub."

Even those who don't have an expansive backyard can create cozy retreats.

"Outdoor furniture companies are making pieces for those with small spaces to those with huge Great Falls homes with a large backyard," said Tsantes.



Options for outdoor décor, including swim spas and fire pit tables, abound at a newly formed showroom in Herndon.

"Indoor and outdoor furniture are now blending," said David Cintorino, president of Home Escapes. "People are using their outdoor spaces like indoor spaces, that is a current trend. Outdoor furniture companies are creating furniture to keep up with that trend."

Collecting Toys for Tots, Donations for FISH

Reston's National Realty was again an official drop-off for the annual Toys for Tots campaign as well as donations to **Herndon-Reston FISH.** Both provide toys to local children. Paul and **Keith Hartke of National** Realty were pleased with the quantity of toys and even brand new bicycles, stating, "We really appreciate the generosity of the local community."









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Calendar

Send announcements reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

THROUGH SATURDAY/JAN. 31

Exhibit of Colorful Nutcrackers. 11

a.m. - 4 p.m. Closed on Tuesdays Sully Historic Site, 3650 Historic Sully Way, Chantilly. See an amazing array of nutcrackers, both old and new, in a colorful case exhibit. Did you ever wonder where the craze for collecting nutcracker dolls came from? Nutcrackers have a fascinating history. The first nutcrackers were produced to crack nuts more effectively and the oldest known metal example, on exhibit in Tarent, Italy, is from the third or fourth century B.C. The Leavenworth Nutcracker Museum in Leavenworth, Washington, shows a bronze Roman nutcracker dated between 200 B.C and 200 A.D. German nutcrackers, made as decorative pieces, were developed around 1500. Early nutcrackers were in the shapes of animals, birds and people. Later, they were made in the likeness of kings, soldiers, church leaders and ruling class figures. Fine wood carved nutcrackers were created across Europe, especially in France and England by the 15th and 16th centuries. Admission: \$7/adult, \$6/ student, \$5/senior or child.

THROUGH MONDAY/MARCH 16

Ice Skating at Reston Town

Center. 11 a.m. - 7 p.m. Reston Town Center, 11900 Market Street,



Matthew Wise as Policeman and Ian Brown as Alex Dennison in Reston Community Players' whodunit "Rehearsal for Murder," running Jan. 16-31 at Reston Community Center, 2310 Colt Neck Road, Reston. Audiences are invited to test their wits as they enter a world of backstage drama where nothing is as it appears - or is it?

Reston. From early November through the early March, the Pavilion floor is transformed into a gleaming ice skating rink. Ice skates and other supplies are available inside the Skate Shop directly beside the Pavilion (behind Clyde's). Admission: \$10 per adult; \$9 for children under 12; \$5 per skate rental.

THURSDAY/JAN. 15

Kid's Graphic Novel Book Club. 4 p.m. Reston Regional Library, 11925 Bowman Towne Dr., Reston. This

month's title is "Zita the spacegirl" by Ben Hatke. Age 8-10. 703-689-2700. Meditation in Our Daily Lives. 7:30

p.m. Unitarian Universalist Church, 1625 Wiehle Ave., Reston. Participants will learn the basic principles of meditation and how to carry the experience of meditation into their daily life. \$10 (\$5 unemployed, fulltime students. 65 and older). www.meditation-dc.org

FRIDAY/JAN. 16

Naked Eye Astronomy. 7 - 8 p.m.

Walker Nature Center, 11450 Glade Drive, Reston. All ages. Enjoy the universe without a telescope. Discover the largest object you can see with the naked eye. Explore the mysteries of the "Dog Star" Sirius. Orient yourself using Polaris, and observe how amazing this star's position really is. Reservations required by Jan. 13. Fee: \$5/person RA members, \$7/person Nonmembers. For more information, email naturecenter@reston.org, or call 703-476-9689 and press 5

FRIDAY/JAN. 16-SATURDAY/JAN. 31

Rehearsal for Murder. 8 p.m. Reston Community Center, 2310 Colt Neck Road, Reston. Audiences are invited to test their wits as they enter a world of backstage drama where nothing is as it appears - or is it? Tickets can be purchased through www.restonplayers.org or by calling the CenterStage box office at 703-476-4500 x 3.

SATURDAY/JAN. 17

Special Concert. 7 p.m. Congregation Beth Emeth in Herndon, 12523 Lawyers Road, Herndon. Celebrating the Martin Luther King holiday with a special concert featuring Joshua Nelson, the Prince of Kosher Gospel music (www.joshuanelson.com). This marriage of Jewish religious lyrics and the soulful sounds of American gospel music is an experience not to be missed. All are welcome. For ticket information and other details, please visit www.bethemeth.org or call 703-860-4515.

The Winter Wonders Magic Show.

11 a.m. Reston Regional Library 11925 Bowman Towne Drive,

Reston. Mike Rose presents an entertaining magic show completely themed around snow, cold, and winter activities. Children will experience magic that is crisp, refreshing and just plain cool.

Warm Observations: People and **Places Exhibit Reception.** 7-9 p.m. ArtSpace Herndon, 750 Center Street, Herndon. Come meet WarmObservations: People and Places artist Jill Banks at the exhibit reception. Light refreshments will be served. This event is free and open to the public. For more information call

703-956-6590 or visit our website at East of Monroe. 6:30 p.m. Holy

Cross Lutheran Church, 1090 Sterling Road, Herndon. East of Monroe, as a band, hasn't been around the barn as long as a lot of other groups in the bluegrass and acoustic music world, but, all of the members are seasoned veterans having played as individuals with many of the top bands over the years. They can play it all folks from bluegrass to country to jazz to gospel all with their own unique sound. And what a magnificent sound it is - vocal harmony that is unbeatable and stunning instrumental work on wood and strings. A band not to miss. Tickets: \$15. http:// www.eastofMonroe.com

SATURDAY/JAN. 24

No Leaves, No Secrets. 11 a.m. Noon Walker Nature Center, 11450 Glade Drive, Reston, Take a short hike in search of bird and squirrel nests, fox dens, snow fleas, and other forest secrets that you can only glimpse during the winter. RSVPby Jan. 21. \$5/person RA members, \$7/ person Non-members.

A Taste of Europe in Herndon

New location means a growth in clientele for Europa restaurant owners.

By Reena Singh The Connection

uropa isn't new. It's just new to Herndon. The Mediterranean restaurant, operated by the Fuentes family, moved from Tall Oaks Village Center and found a home on Station Street.

"We've been here for three months and business has been good," said General Manager Humberto Fuentes. "Our business here is better than in Reston."

He said the reason for that is because the clientele from Reston drive to the new location. In addition, Herndon residents - especially those who Europa's mix of French, Italian clude cassoulet and fish dishes. and Spanish cuisine.

Humberto and 11 other members of his family immi-



Mario Fuentes, Enrique Fuentes, Emilia Fuentes Marquez and Humberto Fuentes inside Europa, the restaurant they opened in Herndon.

grated to the country in the mid-1970s from El Salvador. In the years following the move, the siblings split up and worked in various European restaurants. In 2002, after collecting the skills needed to open a restaurant, El Manantial opened in Reston.

24 years under French chefs beregularly walk around down- fore El Manantial. His favorite town, have grown to love meals to cook for customers in-

> "I like that kind of menu - simple and good and not too expensive," he said.

Although the restaurant was successful for a decade, Humberto decided to change the location.

"Because we knew something would happen to the center, we knew we had to move," he said.

With the change in location came the change in name. How-Chef Enrique Fuentes trained for ever, Humberto said the menu is not too different from the Reston

> "We have a really nice tapas menu," he said. "We have a lot of customers who come in for special items, dover sole, salmon and the very popular Italian white fish



Bartender Raul Barrios, head server Mario Fuentes and bartender Helio Villatoro behind Europa's new bar.

stuffed with crab."

In addition to tapas, Europa serves lunch, dinner and Sunday

Brunch items include Eggs Halifax with smoked salmon in place of Canadian bacon as well as a duck liver pate sandwich. Enrique's training shines on the dinner menu with the French dishes ranging from the goat cheese salad to escargot. Other European dishes include seafood paella, frutti di mare and roasted duck with raspberry sauce.

The white tablecloths and large

wine rack give the restaurant a sophisticated air. Humberto said the vibe was purposeful.

"I get many phone calls asking me about the dress code," he said. "For me, it was a dream to build the restaurant the way it is - a cosy living room with a quiet atmosphere."

That does not mean customers typically come in wearing their most comfortable jeans. He said most customers tend to dress up, especially if they are celebrating anniversaries, birthdays or other special oc-

One of the customers that have been to the restaurant since it opened in town is Mayor Lisa Merkel.

"Europa's arrival in Herndon has been a great addition to the fine dining options in our downtown," she "Humberto's warmth and enthusiasm is evident as soon as you walk in the door, and by the time you leave you feel like one of the family. I look forward to having them in town for years to come."

Europa is located at 790 Station St. For more information, call 703-437-4702 or visit http www.europaherndon.com.

SPORTS

South Lakes Gymnastics Places Fifth

The South Lakes gymnastics team finished fifth out of six teams during a meet at Fairfax High School on Jan. 10.

The Seahawks produced a score of 105.775. McLean won the event with a score of 139.45, followed by Fairfax (125.825), Hayfield (119.6), and Madison (107.625). Langley finished sixth (71.15).

Madison Carrens was South Lakes' top individual performer. Carrens placed fifth in the allaround with a score of 30.55. She had top-10 finishes on floor (seventh, 7.9) and bars (eighth, 7.7). Teammate Kiwi Aurentz took sixth in the all-around (29.225).

Fairfax's Rachel Barborek won the all-around with a score of 38 325

South Lakes is scheduled to **on Jan** compete in a meet on Jan. 21 at Chantilly High School. The Conference 6 meet is Feb. 2 at McLean High School.

South Lakes Girls' 4x400 Relay Wins at Flames Invite

Seniors Delaney Wickman, Claire Nieusma, junior Golden Kumi-Darfour and sophomore Nikayla Hoyte ran a state-meet qualifying time of 4:02.30 in the winning the girls' 4x400 relay at the Flames Invitational High School track and field meet Jan. 9-10 at Liberty University in Lynchburg.

The SLHS girls' relay team beat out nationally-ranked Parklawn High School of Winston-Salem, N.C. Five members of that girls track team have already signed national letters of intent to continue their track careers at Division I schools.

The following SLHS relay teams finished in the top 10: Juniors Eric Kirlew, Alex Rudison, Skander Ballard and sophomore Timiebi Ogobri finished second in the boys 4x200 with a 1:35.48.

The girls' 4x200 team of seniors Ozioma Chinaka, Jordan Lozama, Samantha Webb and Hoyte finished fourth in a Liberty Conference qualifying time of 1:47.93.

Seniors Comfort Reed, Augusta Durham, junior Monica Lannen and sophomore Jessica Lister were fifth in the girls 4x400 (4:22.10) while the team of seniors Gabrielle Acosta, Erin Bidwell, sophomore Seretha McHugh and freshman Emily McGrath were 10th (4:31.36).

Kirlew teammed with juniors Nikolai Waithe, Anas Fain and senior Sam Arpee for fourth in the boys' 4x400 (3:30.02).

More than 20 members of the SLHS indoor track teams have had conference, region and/or state qualifying performances this season.

Golden Kumi-Darfour (1000 meters, 3:02.94, 3rd), Comfort Reed (long jump, 16-



Photo by Craig Sterbutzel/The Connection

The South Lakes gymnastics team placed fifth during a meet at Fairfax High School on Jan. 10.

07.50 5th; triple jump, 34-09.50, 6th), Alex Rudison (pole vault, 12-00.00, 4th), Skander Ballard (pole vault, 11-06.00, 7th), Devyn Jones, 55 meter hurdles, 8.79, 5th) and Delaney Wickman (300 meters, 42.25, 5th) qualified for regionals at the Flames Invitational.

SLHS will compete in a tri-meet against Langley and Robinson Friday, Jan. 16 at Thomas Jefferson Middle School in Alexandria, and will begin defense of its Liberty Conference championships Thursday, Jan. 22 and Jan. 29 at Prince George's Sportsplex in Landover, Md.

South Lakes Boys' Basketball Improves to 8-3

The South Lakes boys' basketball team defeated Madison 73-53 on Jan. 9 in Vienna, improving the Seahawks' record to 8-3.

South Lakes will host Fairfax at 7:30 p.m. on Wednesday, Jan. 14, and Langley at 7:30 p.m. on Friday, Jan. 16.

South Lakes Aghayere goes for 31, 30 in Defeat

South Lakes senior Princess Aghayere scored 31 points and grabbed 30 rebounds during a 65-63 overtime loss to Madison on Jan. 9, according to the South Lakes High School athletics Web site.

Brenda Kamga finished with 21 points and 16 rebounds for the Seahawks.

The loss dropped the South Lakes girls' basketball team's record to 8-3.

South Lakes will host Fairfax at 5:45 p.m. on Wednesday, Jan. 14as part of a girls'/boys' doubleheader.



Photo contributed

More than 300 people attended Rescue Reston Rally on Saturday, Jan. 10.

Reston to the Rescue

Rescue Reston hopes to save local golf course.

By Reena Singh The Connection

escue Reston wants to see a sea of yellow T-shirts on Jan. 21.

The organization wants supporters to show that local residents do not want the Fairfax County Board of Zoning Appeals to allow Reston National

During a press conference on Jan. 7, Rescue Reston President Connie Hartke said the organization wants to help defend the 166 acres of land.

Golf Course to be bulldozed.

She said the current owner of the golf course inquired to the county whether they had the ability to turn the land into medium-to-high density housing. The land, Hartke noted, is close to the local Metro center and is considered gold to developers.

"This is an amenity used by many," she said. "It is used by wildlife. It is used by runners, walkers."

More importantly, the county had written in the master plan that the land cannot be used for anything but open, recreational space. She noted that Reston was founded as a golf course community and the first residents were given membership to get more people to move to the area.

"Reston's open space is unique," she said. "It was planned from the beginning."

She said that RN Golf Management is the name on all the paperwork. However, Northwestern Mutual bought the golf course for \$5 million about a decade ago.

"That \$5 million is not even a rounding error on their budget sheet," she said. "Don't even feel sorry for them."

She added that an "undisclosed developer" is hoping to add housing to that open land.

One of Rescue Reston's founding members John Pinkman said he found out from an unidentified source that the developer is Lerner Enterprises.

"Why hide?" he asked.

Reston Rallies to Save Open Space

More than 300 people attended Rescue Reston's Rally to Save Open Space on Saturday, Jan. 10 at Langston Hughes Middle School. The Open Space is the 166 acres known as Reston National Golf Course (RNGC). The Mack.Johnson band entertained before and after the speeches.

An even bigger crowd is expected on Jan. 21 by Reston Association and Rescue Reston leaders when the issue comes before a public hearing. Rescue Reston advises residents, whether they can stay for the duration or only 45 minutes, to arrive at the Public Hearing on Wednesday, Jan. 21, by 8:45 and wear bright yellow/green in order to make a visual impact at 9 a.m. when the BZA Hearing starts in the auditorium, 12000 Government Center Parkway, Fairfax. A petition is online at bit.ly/RescueReston and all supporters of open space are invited to sign.

Media representatives for Lerner Enterprises did not respond to calls about the inquiry.

The appeal is not to change the zoning, Pinkman said. The claim is that the area was intended for housing when Reston was first zoned in the 1960s. When the company inquired about the zoning, he said the county staff said the change would be against code and would not recommend pursuing it.

As a resident near the golf course, he did not want the high density housing that is planned by the undisclosed developer to take over beautiful views of the land that the current homes have.

"Imagine living on a street called 'The Former Golf Course View," he said.

Reston Association President Ken Knueven talked about his support for Rescue Reston and the importance in keeping to the Reston Master Plan.

"If we are no longer a planned community, we are no longer Reston," he said.

The BZA meeting is planned for 9 a.m. on Jan. 21 at the Fairfax County Government Center, located at 12000 Government Center Parkway, Fairfax. Hartke said Rescue Reston needs as many supporters wearing bright yellow as possible during the hearing. To buy a shirt, visit http://www.rescuereston.org.

"Some people make things happen," said Pinkman. "Some people watch things happen."

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\$32.99 Plus Shipping

By KENNETH B. LOURIE



Not that I didn't/don't appreciate the upgrade in my snacking choices, it's more the arithmetic that boggles. For the same \$36 spent on these delightful alternatives, when on sale at \$3 per bag, take 12 bags of Oreo DoubleStuf cookies – each of three sleeves holding 10 cookies – 30 cookies filling each bag. If one multiplies 12 bags times 30 cookies, 360 cookies becomes the total; meaning for the same \$36, I can enjoy 54 cookies, or with my Oreos, I can enjoy 360 cookies (not at one sitting; I'm bad, but not that bad) instead. Not exactly the heels of a dilemma, but neither is it dollars to donuts. And like my mother before me, when the price is upside down on something, as I would characterize this comparison, digesting the more expensive item (cookies in this example) becomes challenging and not nearly as enjoyable as the upgrade might lend itself to be.

To be fair though, as delicious as these cookies were, they are NEVER going to be a regular item in our pantry, nor do I suspect, a regular gift. I mean, who can afford such an expense? And though I certainly enjoyed eating them (especially considering that I didn't pay for them), buying them myself offers much less satisfaction. Dina however, might (might?) think differently. She might (might?) prefer the upgrade. As she has said many times, she doesn't mind less if it is better than more. And on a related subject, a lot of something is just a lot, not necessarily better. She doesn't see the same value in quantity as I do. Speaking to her cookie interest, it might only be 54 cookies whereas mine would be substantially greater. Thus, my being cut off after only 54 cookies, (time frame not specified) would be a significant consideration; for Dina, not so much.

Quality rules her roost. More often than not, quantity rules mine. And though one might consider this difference as substance over style, I characterize it more as fact over fiction. Yes. The cookies were delicious, but money doesn't grow on trees (it's made out of linen, actually); still, I'd rather have a lot of a little than a little of a lot. Sometimes, too much of a good thing is simply too much. With respect to these Christmas cookies, even though their time here was short, their memory will be long. For now, that will have to suffice.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

ENGAGEMENT



Amy Brass and Michael Macintyre

Amy Brass and Michael Macintyre to Wed April 2015

rs. Renee Brass and Mr. and Mrs. Steve Macintyre of Reston are pleased to announce the engagement of their children, Amy Brass and Michael Macintyre. Both grew up in Reston and graduated from South Lakes High School. Michael was, at age 15, U.S. Squash Champion in 1990. Amy attended NOVA and is a Special Needs teacher for Fairfax County. Michael is a graduate of George Mason with a BA in Finance. He is a financial advisor with Morgan Stanley in Old Town, Alexandria. A destination wedding/ family cruise is planned for April 2015. On the newlyweds' return a reception will be held at the Hidden Creek Country Club in Reston, after which they will be at home in Haymarket, Va.

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com by the Friday prior to the following week's paper.

FRIDAY/JAN. 16

Let's Talk - ESL for Intermediate Students. 11 a.m. Join Richard's Friday conversational group. Adults.

MONDAY/JAN. 26

NARFE Dulles Chapter 1241 Meeting. 11:30 a.m. Amphora Diner, 1151 Elden Street, Herndon. Speaker: Bill Shackelford, accompanied by Ellie Fusaro, Fairfax County Commission on Aging. Bill Shackelford is currently NARFE's Region 10 Vice President. Ellie Fusaro is an active member of the Dulles Chapter and Outgoing Sunshine Committee Chair. The luncheon entree cost is \$18. This includes tax and gratuity. Make checks payable to NARFE Dulles Chapter 1241 or have exact cash ready. Cash is preferred.

TUESDAY/JAN. 27

INOVA Blood Drive. 12-7 p.m. Reston Town Center, 11900 Market Street, Reston. Schedule appointments at 1-866-256-6372 or inova.org/ donateblood. Onsite registration.

ONGOING

Food Addicts in Recovery. Wednesdays at 7 p.m. at The Vine Church, 2501 Gallows Road, Dunn Loring. Are you having trouble controlling the way you eat? Food Addicts in Recovery Anonymous (FA) is a free twelve step recovery program for anyone suffering from food obsession, overeating, under-eating or bulimia. For more information or a list of additional meetings throughout the U.S. and the world, call 781-932-6300 or www.foodaddicts.org.

News

Founding Fathers Visit Reston and Herndon Schools

Reston couple funds further education in American history.

By Ryan Dunn The Connection

chool children in eight Fairfax County Public elementary schools had the opportunity to hear and speak with Founding Fathers Thomas Jefferson and Patrick Henry in January. Historical re-enactors Bill Barker and Richard Schumann, respectively, assisted with the experience. The re-enactment was made possible by CarolAnn Babcock of Reston and her husband, Jim. For about eight years, the couple has sponsored educational programs for Fairfax County schools through the Colonial Williamsburg Foundation.

Despite a morning snowfall on Tuesday, Jan. 6, both Thomas Jefferson and Patrick Henry were able to successfully visit Fox Mill Elementary in Herndon, followed by a visit to Dranesville Elementary in Herndon. At both locations, the re-enactors were able to speak about their experience before and after the American War for Independence, as well their view on other matters such as sports and travel.

The third president talked to students about topics such as proper English manners and how at a young age, he realized the English colonies in America had been developing separate American traits. Jefferson mentioned he was at one time astounded to hear a speaker at the Virginia House of Burgesses, and at this point introduced Patrick Henry.



Historical re-enactors Bill Barker and Richard Schumann portrayed Founding Fathers Thomas Jefferson and Patrick Henry in January at several FCPS elementary schools in both Reston and Herndon. In this photo they take questions from students at Dranesville Elementary in Herndon.

A SYMBOL of America's struggle for liberty and self-government, Patrick Henry was a lawyer, patriot, orator, and participant in virtually every aspect of the founding of America. As a member of the Virginia House of Burgesses, Henry sparked the American Revolution in the English Colony, and was elected the first governor of the Virginia Commonwealth, serving five terms.

During the visits to the schools, the reenactors took questions from the student audience. Jefferson and Henry used the questions to teach topics on citizenship and mentioned how they wished good relations could develop with the Native Americans. One student inquired how long it took for letters to get form one location to another. Another student asked a question regarding books on iPads. Re-enactor Bill Barker did not miss a beat. "What is an iPad?" asked an inquisitive Jefferson.

"It is important for us to get students curious about the American story," said CarolAnn Babcock. The Babcocks provide subscriptions to online resources from the Colonial Williamsburg Foundation for local schools, and fund scholarships to the Colonial Williamsburg Teacher Institute, a weeklong summer workshop for history teachers.

Two Dranesville Elementary teachers who will be participating in the summer workshop included fourth grade teacher Kristine Petersen and sixth grade teacher Nancy Borick. "It will be an amazing opportunity to look at history inside out," said Petersen. Both teachers were impressed by the re-

enactment program. "I felt they made it very accessible for the kids," said Petersen.

"The students were wonderful, sharp as a tack and had good questions," said re-enactor Richard Schumann. "This is one of the most important missions Colonial Williamsburg can do, civilizations which lose their identity by ignoring history will face rough times," said Schumann. Schumann has portrayed Patrick Henry at Colonial Williamsburg for over 16 years.

"I love that it made history come alive for the students, it helped make history real," said Dranesville Elementary fourth grade teacher Sandy Coyner, a resident of Herndon. Many of the teachers saw the program as an educational treat. "The re-enactors were very good," said Dranesville Elementary fourth grade teacher Sean Gray. "I would love for them to come back, they were both authentic and engaging," said Gray.

THE BABCOCKS started by reaching out to schools near their Reston home, but since then, their reach has expanded to sponsor programs at 15 schools. The January school assembly and re-enactments continued the following days to Reston schools including Lake Anne Elementary, Sunrise Valley Elementary, Hunter Woods Elementary. Other FCPS schools visited included Westbriar Elementary in Vienna, Kent Gardens Elementary in McLean and Greenbriar East Elementary in Fairfax. "With so many children from other countries and cultures attending our schools today, it is all the more important for them to get a glimpse of the social and political foundation upon which this country and our republic form of government is based," said CarolAnn Babcock. "In some 10 to 12 years they will be in the voting booths steering our nation."

Herndon Residents Praise Town Services

Locals give high scores to golf course, community center in survey.

By Reena Singh The Connection

erndon residents are extremely satisfied with their quality of life in the historic town.

According to a survey conducted by Continental Research Associates (CRA), residents find most town services to be exemplary.

"Without question, Herndon has much to be proud of," according to CRA's executive summary presented to the Herndon Town Council. "The proportion of ratings that exceeds '90 percent satisfied' is definitely among the highest we see."

The Herndon Community Center was ranked 99.4 percent and the golf course ranked 99.3 percent satisfactory among the residents polled in the survey.

Director at Herndon Centennial Golf Course Gene Fleming said there were several reasons why residents ranked the town resource highly.



An exercise class at Herndon Community Center.

Photo courtesy of Herndon Community Center

"The golf course provides residents and their families or friends an opportunity to recreate together and improve health and wellness in a beautiful outdoor setting," he said.

He also noted that, because of funding from Herndon Town Council, the golf course is able to provide high quality conditions and well-trained staff.

Town Parks and Recreation director Cindy Roeder said a welcoming staff is key to making residents' experiences at the Herndon Community Center a positive one.

"What we commonly hear is that people feel very welcomed and the staff is very

helpful," she said. "One of the most important things, too, is to keep the building fresh and in repair."

She said the fitness equipment is expected to be replaced by the end of the year in order to keep them up-to-date.

CRA, based in Norfolk, has done surveys in Herndon in the past, according to a press release, with the most recent being in 2008. More than 300 residents were polled between Oct. 20 and Nov. 18 about "customer service at town facilities, the condition of town streets and parks, satisfaction with town services and more", according to the press release. According to Anne Curtis,

town Chief Communications Officer, the town has 24,300 residents. This number includes residents under 18 years old.

"These survey results indicate that we are achieving – and even exceeding – our service goals, and they provide a benchmark against which to measure our efforts going forward," said Mayor Lisa Merkel in a press release. "We will use these results to budget town resources in ways that our citizens have indicated are important to them."

The only town service that was ranked below 80 percent was the flow of traffic on town streets - which ranked 74 percent.

"Citizens' concerns about traffic patterns, as noted in the survey results, will continue to be top-of-mind as we consider new development as well as strategies to move people onto the Herndon Parkway, which was designed to alleviate traffic congestion around town," said Mayor Merkel.