

Connie Hartke, Rescue Reston, urges residents to attend the county Board of Zoning Appeals on Jan. 21. More than 300 people attended Rescue Reston's Rally to Save Open Space on Saturday, Jan. 10 at Langston Hughes Middle School.

# Reston to The Rescue

SPORTS, PAGE 12

## Founding Fathers Visit Reston and Herndon Schools

NEWS, PAGE 7

## Legislators Meet Constituents

NEWS, PAGE 3



**Merrifield**  
GARDEN CENTER

**FREE SEMINARS**  
Begin this Saturday, January 17 at 10 am  
A wide array of gardening and landscaping topics!

This week:  
Merrifield: **Winter Interest**  
Fair Oaks: **Delicious Landscapes**  
Gainesville: **Houseplants**

For the complete schedule visit our stores or [merrifieldgardencenter.com](http://merrifieldgardencenter.com)

**NEW SHIPMENTS OF BEAUTIFUL HOUSEPLANTS JUST ARRIVED!**

Plus stock up on –  
Vegetable & Flower Seeds  
Kiln-Dried Firewood  
Ice Melting Products  
Bird Feeding Supplies

**Available at all three locations!**  
A new book about Bob Warhurst's inspirational rise from poverty to become one of the co-founders of Merrifield Garden Center. A must read!

**MERRIFIELD** 703-560-6222  
**FAIR OAKS** 703-968-9600  
**GAINESVILLE** 703-368-1919

Winter Hours: Monday - Saturday 8 am - 6 pm • Sunday 9 am - 5 pm

[merrifieldgardencenter.com](http://merrifieldgardencenter.com)

## COMMENTARY

# General Assembly Underway

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)

The General Assembly convened for its annual session on Jan. 14. Although the session scheduled to adjourn at the end of February is termed "the short session," it will have a full agenda of opportunities and challenges. Governor McAuliffe has made it clear that he will be providing strong leadership on tough issues. With a Republican-controlled General Assembly the debate is likely to become intense. The Governor needs the legislature to act on many of his priorities; legislators need the Governor to sign bills that they want passed. In some instances trade-offs are possible. In others, principles or values will preclude deals being made.

I am pleased with the Governor's willingness to take on difficult issues. In the instance of gun violence, the Governor has proposed a series of commonsense measures that will keep Virginians safer while at the same time respecting constitutional rights. I am chief patron on his bill to close the gun show loophole to require uniform background checks. Background checks at gun dealerships have been shown to keep guns out of the hands of criminals and those who are violent. Having all sales subject to background checks is reasonable and will enhance public safety. The Governor has also proposed to reinstate the one handgun per month limitation that was in effect for more than a decade before being repealed two years ago. I support this bill. Before the original limitation was enacted, Virginia had

become known as the gun-running capital of the East! I also support the Governor's proposal to deny concealed weapons permits to those who are under a court restraining order. Too many acts of violence occur in domestic situations that might be prevented.

I support the Governor's proposals to expand regulations of home-operated daycare centers. There have been too many tragic deaths in Virginia in recent years in daycare programs where there are not adequate adult supervision or safety measures in place. While such regulations seem common sense to most of us, there will be stiff opposition from the "no government, don't tread on me" crowd. I hope that reasonableness can prevail in this and other issues.

Two other concerns that I have addressed at length in this column include Medicaid expansion and independent redistricting. The fact of the matter is that Virginia could save money and extend healthcare to a couple hundred thousand Virginians with Medicaid expansion, and I will be working to make this happen.

Other bills that I will be introducing include a bill to raise the minimum wage to \$10.10 over the next three years. Certainly no one can live on the current \$7.25. I will also be introducing a bill to make part of the earned income tax credit refundable as a way to get more money into the households of the working poor.

All members of the House and Senate are up for re-election this November. There will be more than a little political posturing looking forward to the elections. Many will have an eye out for primary challenges, especially from the Tea Party. Hopefully the citizen voices can be heard, and there will be a productive General Assembly session.

## DON'T LET THIS BE YOU IN 2015!



### "WHAT EVERY SELLER NEEDS TO KNOW"

Attend our annual Seller's Seminar  
Sunday, January 25<sup>th</sup> 1-4PM

- How do I stage to stand out?
- How do I price to sell?
- What are the home inspection deal breakers?

Presented by

*The Lyons & McGuire Team*

Keller Williams Realty

774-A Walker Rd., Great Falls, VA 22066

*Lyons & McGuire*

EXCEEDING YOUR EXPECTATIONS

703-406-9009

RSVP by January 19<sup>th</sup> to  
[LyonsMcGuire@TeamGreatFalls.com](mailto:LyonsMcGuire@TeamGreatFalls.com)  
(A free community service, seating is limited)



Not intended as a solicitation if your home is currently listed with another broker. Information deemed reliable; not guaranteed.



**kW**  
KELLER WILLIAMS  
REALTY



# NEWS

## Legislators Meet Constituents

**General Assembly Fairfax delegation holds public meeting prior to session start in Richmond.**

BY TIM PETERSON  
THE CONNECTION

**J**ustin Dolan addressed the state delegates and senators from his wheelchair rather than the podium. The 34-year-old Falls Church resident has cerebral palsy, and received an Individual & Family Developmental Disabilities Support waiver.

"I can use my waiver to fund a staff person to help me with my daily care needs, when I can find someone who wants to work for \$11.47 an hour with no benefits," Dolan said. "The thing I really need is enough support for me to move out of my mom's house and live in the community with friends, but the waiver doesn't provide that."

Dolan asked for a reduction of the waiver wait list, a redesign of the waiver system itself to offer increased services. He was one of more than 70 speakers given an opportunity to address a panel of delegates and senators about to travel to Richmond to begin the 2015 General Assembly session.



**From left: State Sen. Barbara Favola (D-31), Lenore Levin of Great Falls, Del. Ken Plum (D-36), state Sen. Dick Saslaw (D-35) and Del. Kathleen Murphy (D-34) meet following the Fairfax delegation public forum.**



**Delegate Vivian Watts (D-39) speaks with Jonathan Damm of Reston following the Fairfax delegation public forum. Damm addressed the threat of children using turf fields being exposed to toxins from ground-up tires in the fields themselves.**

The forum took place Jan. 10 at the Fairfax County Government Center.

Chairman of the Board of Supervisors Sharon Bulova was first to speak, addressing the importance of funding K-12 education in Fairfax County.

"We're pleased both the General Assembly and Governor [Terry] McAuliffe were able to protect K-12 from recent funding cuts," she said. "In the longer term, we still need your help."

Bulova cited the more than 52,000 stu-

dents in FCPS that qualify for free and reduced lunch, a figure she said outnumbers the total population of all but four school divisions in the state.

FCPS School Board Chair Tammy Derenak Kaufax followed Bulova, claiming the current K-12 funding isn't serving the community well and decrying teachers' salary ranking with respect to the cost of living.

"I urge you to work on the SOL, reducing the impact of that assessment on students," she said.

More than 70 members of the public were each given three minutes to address the delegation. Though the subject matter varied from social services for mental illness and substance abuse disorders to filling circuit court judge vacancies, one common theme was the lack of resources, people trying to do more with less.

Several individuals spoke out about the closure of the Northern Virginia Training Center (NVTR), a state residence serving people with intellectual disabilities. Opened in 1973 at 9901 Braddock Road, the Department of Behavioral Health and Developmental Disabilities plans to close the center in March 2016 in favor of a more community-based system.

"The quality of life has been been compromised by degrading services," said

### VIEWPOINTS

## What brought you out today?

### Don Northcutt of Reston:

"I'm here promoting the Fairfax Veterans Mentors Treatment Docket. Mental health issues are better addressed through treatment-investment programs."



### Elanna Weinstein of Herndon:

"I'm here with the Fairfax Bar Association. The Fairfax County Circuit Court is authorized to have 15 judges and they have 13. We need to fund both vacant seats. With a diverse and complex caseload, it's unrealistic to hear as many cases with fewer judges."



### Judith Korf of Reston:

"I'm here with the Parents and Associates of the Northern Virginia Training Center. The quality of life at the center has been compromised by the degrading of services. We need to keep it open in a smaller and more efficient footprint."



Judith Korf of Reston. Korf was at the forum representing the Parents and Associates of the Northern Virginia Training Center. "We need to keep it open in a smaller and more effective footprint."

Jonathan Damm of Reston used his three minutes to raise the issue of toxic turf fields at FCPS schools. His main concern was children being exposed to chemicals on ground-up tire rubber used to make the fields. "We need to ban the use of crumb rubber," he said. "There are alternative materials that could be used, but they're more expensive."

## 'Welcome to Virginia' Sign Unveiled at Dulles International Airport

On Jan. 6, Governor Terry McAuliffe unveiled a new "Welcome to Virginia" sign at Dulles International Airport (IAD), welcoming travelers to the Commonwealth of Virginia. Dulles is a major hub for domestic and international travel, servicing about 22 million travelers a year traveling to 83 nonstop domestic and 50 nonstop international destinations. The new signage is the first of its kind at IAD.

Speaking about the unveiling, Governor McAuliffe said, "In order to build a new Virginia economy, we need to continue to not only increase tourism, but attract new businesses and bring the Virginia story to new audiences. This new signage will welcome millions of travelers every year to our great Commonwealth, and it will serve as a reminder that wherever their travel through Dulles is taking them, they are always welcome to explore Virginia and its abundant business opportunities and travel destinations."

"Virginia is for Lovers is one of the most powerful advertising slogans in our

country's history," said Secretary of Commerce and Trade Maurice Jones. "Having the Virginia brand here at a major international airport will connect travelers with the promise that Virginia offers a place to work, play and visit loved ones. Driving home our travel message at every gateway to the Commonwealth is imperative to increasing visitation and spending in Virginia."

"For travelers, now more than ever, there is a lot to love about flying to Dulles International Airport," said Jack Potter, president and CEO of the Metropolitan Washington Airports Authority, which runs the airport. "At Dulles, we've created a speedier trip through customs with new self-service kiosks, a fresh new array of shopping and dining options, and better connectivity than ever to Metrorail with the Silver Line Express bus. We look forward to welcoming more visitors to Virginia and the National Capital Region - whether they are Dulles users or experiencing it for the first time."

Governor McAuliffe also announced that the Virginia Department of Transportation

(VDOT) plans to gradually roll out a series of newly designed "Welcome to Virginia" signs at all 105 interstate gateways to the Commonwealth. The last design of the sign, depicting a large cardinal perched on a flowering dogwood, was rolled out in 2006, and many of these signs have reached the end of their usable lives due to visibility at night. The welcome signs should all be updated by the July 4th holiday.

"The newly designed signs will present a fresh new aesthetic to travelers entering the Commonwealth, one that reflects Virginia's modernity but also our rich traditions," said Aubrey Layne, Secretary of Transportation. "Every year motorists travel 81 billion miles on Virginia highways. The new signs will help connect them to the Virginia is for Lovers brand—and inspire future travel across the Commonwealth. VDOT worked in record time to begin replacing these signs."

The iconic "Virginia is for Lovers" slogan celebrated its 45th anniversary in 2014. The slogan was inducted into the Madison Avenue Advertising Walk of Fame in 2009, and



PHOTO CONTRIBUTED

**A new "Welcome to Virginia" sign at Dulles International Airport (IAD), welcoming travelers to the Commonwealth of Virginia.**

was recognized by Forbes magazine as one of the top ten advertising campaigns of all time.

Tourism is an instant revenue generator in Virginia. Last year, visitors spent \$21.5 billion, which supported 213,000 jobs and contributed \$1.42 billion in local and state taxes. To learn more about visiting Virginia, go to [www.virginia.org](http://www.virginia.org).

# OPINION

## Steps To Prevent Gun Violence

BY MARTINA LEINZ  
PRESIDENT, NORTHERN VIRGINIA CHAPTER OF  
THE BRADY CAMPAIGN TO PREVENT GUN  
VIOLENCE

**L**egislators convening for the 2015 Virginia General Assembly session this month have a great opportunity to make the Commonwealth a safer place for us all by voting in favor of the modest and responsible recommendations recently put forth by Governor Terry McAuliffe regarding gun violence prevention.

Governor McAuliffe has proposed six key pieces of legislation intended to keep firearms away from dangerous individuals. Three of the initiatives are regarding criminal background checks at gun shows. Currently, only Federally Licensed Firearms Dealers are required to run criminal background checks prior to selling or transferring firearms. Private sellers are exempt from this requirement leaving the door wide open for criminals to easily gain access to guns.

One of McAuliffe's proposals would make unlawful purchases more difficult by prevent-

### COMMENTARY

ing gun shows from advertising that they are not required to conduct background checks. Another proposal would give the State Police statutory authority to process voluntary background check requests of private sellers. The most substantive of the three proposals would close the existing loophole and require background checks for all purchases at gun shows.

None of these three proposals goes far enough. Ideally, criminal background checks would be universal; required on all firearms transactions including online sales. They are, however, a step in the right direction and would do much to keep guns out of the hands of dangerous individuals.

Another proposal is to return the limit of handgun purchases to one a month so the Commonwealth won't hold the dubious distinction of being one of the most prolific gun-running states in the nation. Other initiatives include a bill to keep guns from people subject to protective orders and one to revoke concealed handgun permits for parents delinquent on child support payments. This later proposal would affect the roughly 9,000 parents with

such permits who are delinquent collectively on child support payments of over \$15 million.

These six modest proposals would be very effective in reducing violent crime by keeping guns out of the hands of people who should not have them. None of the proposals would prevent law-abiding citizens from owning weapons and none would infringe upon Second Amendment rights of responsible adults.

With the Republicans controlling both the House of Delegates and the Senate, there are bound to be disagreements with any legislation proposed by Democratic Governor McAuliffe. However, everyone should agree to these modest proposals to keep Virginians safe. It is not a partisan issue; it is a simple matter of public health and safety.

With great opportunity comes great responsibility. I sincerely hope the General Assembly embraces that responsibility and votes accordingly. If you agree, please contact your elected officials and tell them you are counting on them to vote in support of all proposals to curb gun violence in the Commonwealth.

### LETTERS TO THE EDITOR

## County Shouldn't Spray Against Fall Cankerworm

To the Editor:

This letter is in response to a recent letter to the editor about Fairfax County's Fall Cankerworm Insecticide Spraying Program.

I am a professional entomologist and I have been in charge of the U. S. National Insect Collection at the Smithsonian Institution, a Fairfax County resident for 21 years, as well as a biologist experienced in conservation. I have been following the issues regarding the program in Fairfax County to spray *Bacillus thuringiensis var. kurstaki* (Btk), a kind of biological insecticide, to control a native moth, the Fall Cankerworm (scientifically, *Lepidoptera: Geometridae* or *Inchworms*).

Bt was first used to control *Lepidoptera* (moth) pests of agricultural crops; however, this naturally-occurring bacterium was found to be deadly to all moths and butterflies (*Lepidoptera*). Since this discovery there have been many types of Bt developed, but those used against moths are still deadly to non-target species, including native species. However, the areas in Fairfax County being sprayed are not crops or timberlands for harvest, but rather forests, parklands, neighborhood gardens. These are places to preserve wildlife and nature, and to protect them for the benefit of not only Fairfax County residents, but also for all Virginians and visitors. Without scientific monitoring or

surveys, we do not know how many or even which native species live in any particular area being sprayed. Therefore, to inadvertently spray this deadly microbe, even if the intention is to target certain areas, is not prudent.

The letter writer does acknowledge that spraying Btk can kill other kinds of caterpillars, "...but only if they are up and eating the first baby leaves." However, it is well known that plant chemicals that often prevent insects eating certain plants only are present in older leaves (for example, tannins in Oak leaves); therefore, many species of caterpillars are only able to eat, and even prefer, what he calls "baby leaves." He also claims that research shows that spraying increases the diversity of other species of butterflies and moths. However this research is apparently about the Gypsy Moth, a non-native (invasive) species from Asia. Reducing Gypsy Moth numbers could indirectly benefit other, native insect species. However, spraying to kill the native Fall Cankerworm is likely to severely harm many (as yet undetermined) native species of butterflies and moths and may even increase diversity of other non-native pest species potentially harming the fauna and flora of Fairfax County. Getting rid of the Fall Cankerworm will eliminate a potentially vital food source for many migratory and resident birds, as well as rep-

tiles, amphibians, predatory insects, and other wildlife that rely on caterpillars for their survival. His assertion that "birds can safely eat the dead caterpillars" is misleading because in spring (when the spraying actually takes place), many insectivorous birds need to find enough live caterpillars to feed their nestlings or fuel their northward migration and it is not clear if they would even eat dead caterpillars.

Episodic population outbreaks ("infestations") of native species such as the Fall Cankerworm are part of the natural ecological rhythm of our forests and woodlands, so why disrupt it? Based on previous research I have done (for example with Elms) and observations of the natural history in the forests of the northeastern USA, I do not believe that occasional and/or partial or even complete defoliation of most native eastern forest tree species will cause tree death. The severe defoliation from by Gypsy Moth in the 1970s demonstrated that only very severe and repeated defoliation over many years truly killed native trees; our local Fall Cankerworm outbreaks are natural and nowhere as severe and will not become so.

The far wiser approach to this problem would be for Fairfax County to sponsor some scientific surveys, to determine which species of butterflies and moths are

present in the intended treatment areas, i.e. the biological diversity. Also advice to homeowners about how to monitor and/or treat their gardens would be helpful.

I have discussed this Fall Cankerworm issue with several experts on butterflies and moths at the Smithsonian and the USDA and they all agree with my statements above.

In conclusion I feel strongly that Fairfax County should cease spraying against Fall Cankerworm, because such spraying does more harm than good to the ecosystems and neighborhoods of Fairfax County.

**David G. Furth, Ph.D.**  
Department of Entomology  
Smithsonian Institution

**Write** The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.  
Send to:

Letters to the Editor  
The Connection  
1606 King St.  
Alexandria VA 22314  
Call: 703-917-6444.  
By e-mail:  
north@connectionnewspapers.com

Reston  
**CONNECTION**

www.ConnectionNewspapers.com

@RestonConnect

An independent, locally owned weekly newspaper delivered to homes and businesses.

**Published by  
Local Media Connection LLC**

**1606 King Street  
Alexandria, Virginia 22314**

Free digital edition delivered to your email box. Go to  
connectionnewspapers.com/subscribe

**NEWS DEPARTMENT:**  
reston@connectionnewspapers.com

**Kemal Kurspahic**  
Editor ♦ 703-778-9414  
kemal@connectionnewspapers.com

**Amna Rehmatulla**  
Editorial Assistant  
703-778-9410 ext.427  
arehmatulla@connectionnewspapers.com

**Reena Singh**  
Community Reporter  
757-619-7584  
rsingh@connectionnewspapers.com

**Jon Roetman**  
Sports Editor ♦ 703-752-4013  
jroetman@connectionnewspapers.com  
@jonroetman

**Ryan Dunn**  
Contributing Writer

**ADVERTISING:**  
For advertising information  
sales@connectionnewspapers.com  
703-778-9431

**Trisha Hamilton**  
Display Advertising  
703-778-9419  
trisha@connectionnewspapers.com

**Andrea Smith**  
Classified Advertising, 703-778-9411  
classified@connectionnewspapers.com

**Debbie Funk**  
National Sales  
703-778-9444  
debfunk@connectionnewspapers.com

**David Griffin**  
Marketing Assistant  
703-778-9431  
dgriffin@connectionnewspapers.com

**Editor & Publisher**  
Mary Kimm  
mkimm@connectionnewspapers.com  
@MaryKimm

**Executive Vice President**  
Jerry Vernon  
jvernon@connectionnewspapers.com

**Editor in Chief**  
Steven Mauren  
**Managing Editor**

Kemal Kurspahic  
**Photography:**  
Deb Cobb, Louise Krafft,  
Craig Sterbutzel  
**Art/Design:**  
Laurence Foong, John Heinly  
**Production Manager:**  
Geovani Flores

**Special Assistant to the Publisher**  
Jeanne Theismann  
703-778-9436  
jtheismann@connectionnewspapers.com  
@TheismannMedia

**CIRCULATION: 703-778-9426**  
circulation@connectionnewspapers.com





IT'S ABOUT

~~16~~ **17 Weeks**

TO GRASS ALLERGY SEASON\*



**GRASTEK®**  
Timothy Grass Pollen Allergen Extract  
Tablet for Sublingual Use 2800 BAU

**GRASTEK should be started at least 12 weeks before the season. Talk to an allergy specialist now about whether GRASTEK is right for you.**

\*Date is approximate, depending on your region.



Not actual size

GRASTEK is grass allergy immunotherapy in a tablet. It may help you gradually build tolerance so you become less sensitive to grass pollen.



Made from small amounts of natural Timothy grass pollen, GRASTEK treats the grass allergies that cause eye and nose symptoms. Starting treatment early may give your body time to become less sensitive to grass pollen in preparation for the allergy season. It's recommended that you start taking GRASTEK at least 12 weeks before the grass pollen season. Make an appointment with an allergy specialist soon. **To find a doctor near you, go to [grastek.com/thinkspring](http://grastek.com/thinkspring).**

GRASTEK is a prescription medicine used for sublingual (under the tongue) immunotherapy to treat Timothy and related grass pollen allergies that can cause sneezing, runny or itchy nose, stuffy or congested nose, or itchy and watery eyes. GRASTEK may be prescribed for persons 5 through 65 years of age who are allergic to grass pollen.

GRASTEK is taken for about 12 weeks before grass pollen season and throughout grass pollen season. GRASTEK may also be taken daily for 3 years to provide a sustained effect for a fourth year in which you do not have to take GRASTEK.

GRASTEK is NOT a medication that gives immediate relief for symptoms of grass allergy.

## Important Safety Information about GRASTEK

- GRASTEK can cause severe allergic reactions that may be life-threatening. Stop taking GRASTEK and get immediate medical treatment right away if you or your child has any of the following symptoms after taking GRASTEK: trouble breathing; throat tightness or swelling; trouble swallowing or speaking; dizziness or fainting; rapid or weak heartbeat; severe stomach cramps or pain, vomiting, or diarrhea; severe flushing or itching of the skin.
- Do not take GRASTEK if you or your child has severe unstable, or uncontrolled asthma; had a severe allergic reaction in the past that included trouble breathing, dizziness or fainting, or rapid or weak heartbeat; had difficulty with breathing due to swelling of the throat or upper airway after using any sublingual immunotherapy before; has ever been diagnosed with eosinophilic esophagitis or is allergic to any of the inactive ingredients contained in GRASTEK.
- For home use of GRASTEK, your doctor will prescribe epinephrine if you or your child has a severe allergic reaction after taking GRASTEK. Talk to your doctor or read the epinephrine patient information.
- The first dose of GRASTEK must be taken in the doctor's office. After taking the first dose, you or your child will be watched for at least 30 minutes by a healthcare professional for symptoms of a serious allergic reaction.
- Children should be given each tablet of GRASTEK by an adult.
- You should tell your doctor about any medicines you or your child take.
- Stop GRASTEK and contact your doctor if you or your child has any of the following after taking GRASTEK: Any type of a serious allergic reaction; heartburn, difficulty swallowing or pain with swallowing, or chest pain that does not go away or worsens; any mouth surgery procedures (such as tooth removal), develop any mouth infections, ulcers or cuts in the mouth or throat.
- The most commonly reported side effects were itching of the mouth, lips, or tongue, swelling under the tongue, or throat irritation. These side effects, by themselves, were not dangerous or life-threatening.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please read the Brief Summary on the following page for more detailed information.

Copyright © 2014 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.**

All rights reserved. Printed in USA. RESP-1132773-0013 11/14





## Brief Summary



# GRASTEK®

Timothy Grass Pollen Allergen Extract  
Tablet for Sublingual Use 2800 BAU

Carefully read the Medication Guide before you or your child start taking GRASTEK and each time you get a refill. This Brief Summary does not take the place of talking to your doctor about your medical condition or treatment. Talk with your doctor or pharmacist if there is something you do not understand or you want to learn more about GRASTEK.

### What is the most important information I should know about GRASTEK?

GRASTEK can cause severe allergic reactions that may be life-threatening. Stop taking GRASTEK and get medical treatment right away if you or your child has any of the following symptoms after taking GRASTEK:

- Trouble breathing
- Throat tightness or swelling
- Trouble swallowing or speaking
- Dizziness or fainting
- Rapid or weak heartbeat
- Severe stomach cramps or pain, vomiting, or diarrhea
- Severe flushing or itching of the skin

For home administration of GRASTEK, your doctor will prescribe auto-injectable epinephrine, a medicine you can inject if you or your child has a severe allergic reaction after taking GRASTEK. Your doctor will train and instruct you on the proper use of auto-injectable epinephrine. Talk to your doctor or read the epinephrine patient information if you have any questions about the use of auto-injectable epinephrine.

### What is GRASTEK?

GRASTEK is a prescription medicine used for sublingual (under the tongue) immunotherapy to treat Timothy and related grass pollen allergies that can cause sneezing, runny or itchy nose, stuffy or congested nose, or itchy and watery eyes. GRASTEK may be prescribed for persons 5 through 65 years of age who are allergic to grass pollen.

GRASTEK is taken for about 12 weeks before grass pollen season and throughout grass pollen season. GRASTEK may also be taken daily for 3 years to provide a sustained effect for a fourth year in which you do not have to take GRASTEK. GRASTEK is NOT a medication that gives immediate relief for symptoms of grass allergy.

### Who should not take GRASTEK?

You or your child should not take GRASTEK if:

- You or your child has severe, unstable or uncontrolled asthma
- You or your child had a severe allergic reaction in the past that included any of these symptoms:
  - o Trouble breathing
  - o Dizziness or fainting
  - o Rapid or weak heartbeat
- You or your child has ever had difficulty with breathing due to swelling of the throat or upper airway after using any sublingual immunotherapy before.
- You or your child has ever been diagnosed with eosinophilic esophagitis.
- You or your child is allergic to any of the inactive ingredients contained in GRASTEK. The inactive ingredients contained in GRASTEK are: gelatin, mannitol and sodium hydroxide.

### What should I tell my doctor before taking GRASTEK?

Your doctor may decide that GRASTEK is not the best treatment if:

- You or your child has asthma, depending on how severe it is.
- You or your child suffers from lung disease such as chronic obstructive pulmonary disease (COPD).
- You or your child suffers from heart disease such as coronary artery disease, an irregular heart rhythm, or you have hypertension that is not well controlled.
- You or your daughter is pregnant, plans to become pregnant during the time you will be taking GRASTEK, or is breast-feeding.
- You or your child is unable or unwilling to administer auto-injectable epinephrine to treat a severe allergic reaction to GRASTEK.
- You or your child is taking certain medicines that enhance the likelihood of a severe reaction, or interfere with the treatment of a severe reaction. These medicines include:
  - o beta blockers and alpha-blockers (prescribed for high blood pressure)
  - o cardiac glycosides (prescribed for heart failure or problems with heart rhythm)
  - o diuretics (prescribed for heart conditions and high blood pressure)
  - o ergot alkaloids (prescribed for migraine headache)
  - o monoamine oxidase inhibitors or tricyclic antidepressants (prescribed for depression)
  - o thyroid hormone (prescribed for low thyroid activity).

You should tell your doctor if you or your child is taking or has recently taken any other medicines, including medicines obtained without a prescription and herbal supplements. Keep a list of them and show it to your doctor and pharmacist each time you get a new supply of GRASTEK. Ask your doctor or pharmacist for advice before taking GRASTEK.

### Are there any reasons to stop taking GRASTEK?

Stop GRASTEK and contact your doctor if you or your child has any of the following after taking GRASTEK:

- Any type of a serious allergic reaction
- Throat tightness that worsens or swelling of the tongue or throat that causes trouble speaking, breathing or swallowing
- Asthma or any other breathing condition that gets worse
- Dizziness or fainting
- Rapid or weak heartbeat
- Severe stomach cramps or pain, vomiting, or diarrhea
- Severe flushing or itching of the skin
- Heartburn, difficulty swallowing, pain with swallowing, or chest pain that does not go away or worsens

Also, stop taking GRASTEK following: mouth surgery procedures (such as tooth removal), or if you develop any mouth infections, ulcers or cuts in the mouth or throat.

### How should I take GRASTEK?

Take GRASTEK exactly as your doctor tells you. GRASTEK is a prescription medicine that is placed under the tongue.

- Take the tablet from the blister package after carefully removing the foil with dry hands.
- Place the tablet immediately under the tongue. Allow it to remain there until completely dissolved. Do not swallow for at least 1 minute.
- Do not take GRASTEK with food or beverage. Food and beverage should not be taken for the following 5 minutes.
- Wash hands after taking the tablet.

Take the first tablet of GRASTEK in your doctor's office. After taking the first tablet, you or your child will be watched for at least 30 minutes for

symptoms of a serious allergic reaction.

If you tolerate the first dose of GRASTEK, you or your child will continue GRASTEK therapy at home by taking one tablet every day. Children should be given each tablet of GRASTEK by an adult who will watch for any symptoms of a serious allergic reaction.

Take GRASTEK as prescribed by your doctor until the end of the treatment course. If you forget to take GRASTEK, do not take a double dose. Take the next dose at your normal scheduled time the next day. If you miss more than one dose of GRASTEK, contact your healthcare provider before restarting.

### What are the possible side effects of GRASTEK?

In children and adults, the most commonly reported side effects were itching of the mouth, lips, or tongue, swelling under the tongue, or throat irritation. These side effects, by themselves, were not dangerous or life-threatening.

GRASTEK can cause severe allergic reactions that may be life-threatening. Symptoms of allergic reactions to GRASTEK include:

- Trouble breathing
- Throat tightness or swelling
- Trouble swallowing or speaking
- Dizziness or fainting
- Rapid or weak heartbeat
- Severe stomach cramps or pain, vomiting, or diarrhea
- Severe flushing or itching of the skin

For additional information on the possible side effects of GRASTEK, talk with your doctor or pharmacist. You may report side effects to the U.S. Food and Drug Administration (FDA) at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

This Brief Summary summarizes the most important information about GRASTEK. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about GRASTEK that was written for healthcare professionals. For more information go to [www.grastek.com](http://www.grastek.com) or call toll-free at 1-800-622-4477.

**The Medication Guide has been approved by the U.S. Food and Drug Administration.**

Manufactured for: Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.**, Whitehouse Station, NJ 08889, USA

Manufactured by: Catalent Pharma Solutions Limited, Blagrove, Swindon, Wiltshire, SN5 8RU UK

**For more detailed information, please read the Prescribing Information.**

usmg-mk7243-sb-1404r000  
Revised: 04/2014

Copyright © 2014 Merck Sharp & Dohme Corp., a subsidiary of **Merck & Co., Inc.**

All rights reserved.  
RESP-1132773-0013 11/14





## NEWS

# Founding Fathers Visit Reston and Herndon Schools

Reston couple funds further education in American history.

BY RYAN DUNN  
THE CONNECTION

School children in eight Fairfax County Public elementary schools had the opportunity to hear and speak with Founding Fathers Thomas Jefferson and Patrick Henry in January. Historical re-enactors Bill Barker and Richard Schumann, respectively, assisted with the experience. The re-enactment was made possible by CarolAnn Babcock of Reston and her husband, Jim. For about eight years, the couple has sponsored educational programs for Fairfax County schools through the Colonial Williamsburg Foundation.

Despite a morning snowfall on Tuesday, Jan. 6, both Thomas Jefferson and Patrick Henry were able to successfully visit Fox Mill Elementary in Herndon, followed by a visit to Dranesville Elementary in Herndon. At



PHOTOS BY RYAN DUNN/THE CONNECTION  
**The January historic presentations by re-enactors Bill Barker (left) and Richard Schumann (right) at eight Fairfax County Public elementary schools was made possible by sponsorship from Reston residents CarolAnn Babcock and her husband Jim.**

both locations, the re-enactors were able to speak about their experience before and after the American War for Independence, as well their view on other matters such as sports and travel.

The third president talked to students about topics such as proper English manners and how at a young age, he realized the English colonies in America had been developing separate American traits.



**Historical re-enactors Bill Barker and Richard Schumann portrayed Founding Fathers Thomas Jefferson and Patrick Henry in January at several FCPS elementary schools in both Reston and Herndon. In this photo they take questions from students at Dranesville Elementary in Herndon.**

Jefferson mentioned he was at one time astounded to hear a speaker at the Virginia House of Burgesses, and at this point introduced Patrick Henry.

**A SYMBOL** of America's struggle for liberty and self-government, Patrick Henry was a lawyer, patriot, orator, and participant in virtually every aspect of the founding of America. As a member of the Virginia House of Burgesses, Henry sparked the American Revolution in the English Colony, and was elected the first governor of the Virginia Commonwealth, serving five terms.

During the visits to the schools, the re-enactors took questions from the student

audience. Jefferson and Henry used the questions to approach the topic on citizenship, and mentioned how they wished good relations could develop with the Native Americans. One student inquired how long it took for letters to get from one location to another. Another student asked a question regarding books on iPads. Re-enactor Bill Barker did not miss a beat. "What is an iPad?" asked an inquisitive Jefferson.

"It is important for us to get students curious about the American story," said CarolAnn Babcock. The Babcocks provide subscriptions to online resources from the

SEE FOUNDING FATHERS, PAGE 13

DOWNLOAD  
THE FREE  
**layar**  
APP AND SCAN TO  
EXPLORE MORE!

**GOT IT?  
FLAUNT IT.**

Our homes undress to impress.  
Brambleton from the Low \$400's.  
Singles, Villas and Towns in the buff expose their  
finest attributes to satisfy all your needs.  
Call our hotline at 844.275.3438, or explore more at:  
[www.VMNaked.com](http://www.VMNaked.com)

HANDCRAFTED HOMES  
*Van Metre*  
SINCE 1955



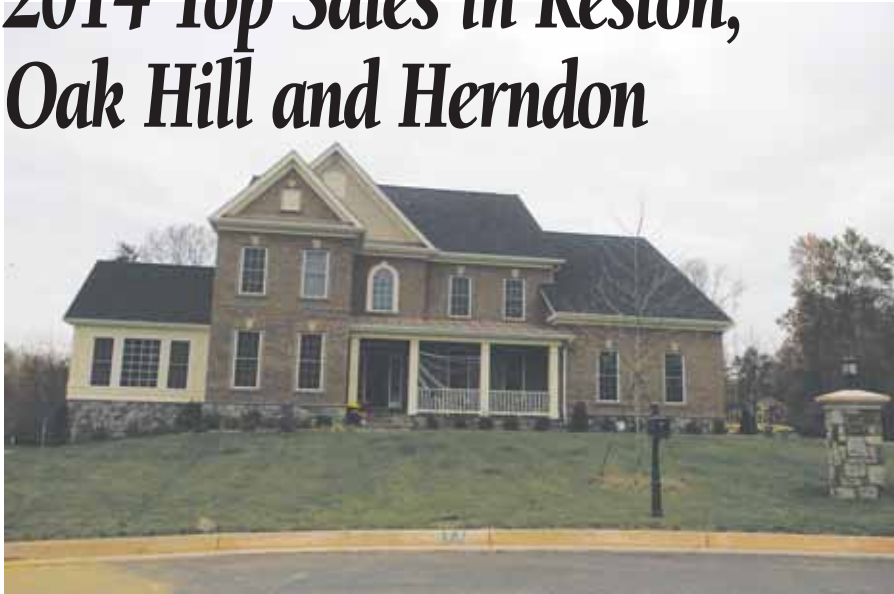
# Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



2 11990 Market Street #912, Reston — \$1,575,000

## 2014 Top Sales in Reston, Oak Hill and Herndon



3 11729 Shaker Knolls Court, Herndon — \$1,555,843



4 11728 Shaker Knolls Court, Herndon — \$1,445,339



6 2258 Compass Point Lane, Reston — \$1,325,000



9 1830 Fountain Drive #1501, Reston — \$1,252,000



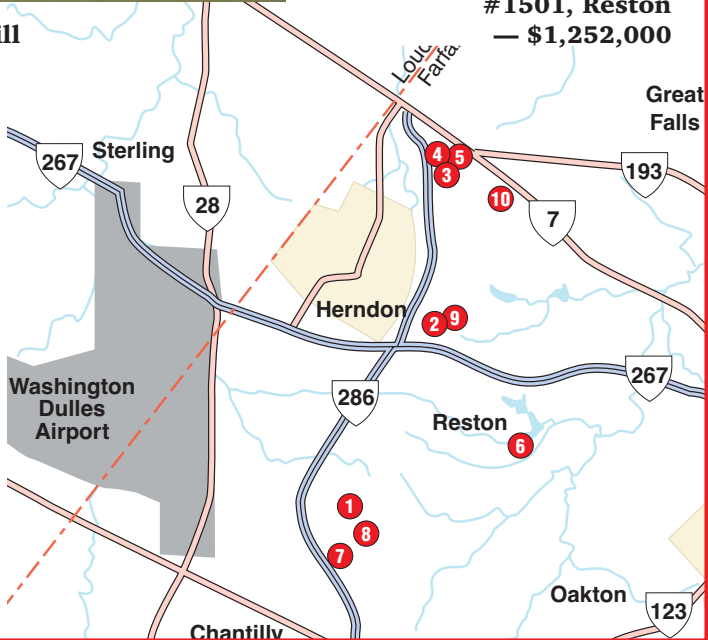
10 1161 Fieldview Drive, Reston — \$1,252,000



7 3200 Barton Way, Oak Hill — \$1,315,000

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 3182 MARY ETTA LN	7	7	2	OAK HILL	\$1,800,000	Detached	0.83	20171	SHADETREE ESTATES	04/30/14
2 11990 MARKET ST #912	3	3	0	RESTON	\$1,575,000	Hi-Rise 9+ Floors		20190	MIDTOWN AT RESTON TOWN	05/01/14
3 11729 SHAKER KNOLLS CT	5	3	1	HERNDON	\$1,555,843	Detached	0.89	20170	SHAKER KNOLLS	09/29/14
4 11728 SHAKER KNOLLS CT	4	4	1	HERNDON	\$1,445,339	Detached	1.01	20170	SHAKER KNOLLS	04/29/14
5 11722 SHAKER KNOLLS CT	4	4	1	HERNDON	\$1,362,713	Detached	0.84	20170	SHAKER KNOLLS	11/05/14
6 2258 COMPASS POINT LN	4	3	1	RESTON	\$1,325,000	Detached	0.26	20191	RESTON	08/12/14
7 3200 BARTON WAY	5	4	1	OAK HILL	\$1,315,000	Detached	0.92	20171	OAK HILL RESERVE	07/23/14
8 12228 THOROUGHbred RD	5	4	1	OAK HILL	\$1,276,000	Detached	2.25	20171	VALE VALLEY FARMS	07/07/14
9 1830 FOUNTAIN DR #1501	3	3	1	RESTON	\$1,265,000	Hi-Rise 9+ Floors		20190	PARAMOUNT	07/22/14
10 1161 FIELDVIEW DR	5	4	1	RESTON	\$1,252,000	Detached	0.71	20194	ESTATES AT WYNDHAM HILLS	07/16/14

COPYRIGHT 2014 REAL ESTATE BUSINESS INTELLIGENCE. SOURCE: MRIS AS OF DECEMBER 14, 2014





Options for outdoor décor, including swim spas and fire pit tables, abound at a newly formed showroom in Herndon.



PHOTO COURTESY OF ROSANNE TSANTES

## Backyard Dreaming

Local tastemakers say winter is the best time to plan an idyllic backyard retreat.

BY MARILYN CAMPBELL  
THE CONNECTION

Spring may seem light years away from the frigid January temperatures, and lounging in your backyard is probably the last thing you want to do at the moment, but landscape designers say now is the time to start planning a summer retreat.

"January is a good time to start thinking about your backyard," said Alex Ikenson, co-owner of Home Escapes, located in Herndon. Home Escapes, which had specialized in hot tubs and outdoor furniture, merged recently with Urban Retreat, an indoor furniture and accessory company.

"A lot of things we sell are special order and take a few weeks to come in, so you don't want to start too late," said Ikenson.

From swim spas to fire pit tables, options for outdoor landscapes are plentiful.

"People now are spending more time at home and less time going on vacation, and making their backyards more of a living space, creating a living space," said Rosanne Tsantes, sales manager of Home Escapes. "Outdoor furniture companies have responded to the surge with beautiful pieces of furniture."

Touted by industry insiders as comfortable, durable and easy to maintain, the array of outdoor fabrics on the market rival their indoor counterparts.

"The whole industry has expanded to true designer furniture and fabrics. There are hundreds of beautiful fabrics available," said Tsantes. "If you were to pick out aluminum furniture, you could

choose from at least 10 frame colors, where it used to be just black and green. We have brush tones with gold tint, antique tones, ... There are some really gorgeous finishes."

Accessories can be customized to fit virtually every budget and space as well. "Everything is made to order," said Jodie Labovitch, an interior designer with Urban Retreat. "They're not pulling it off the shelf."

Outdoor fire pit tables, powered by gas, are crowd-pleasing accessories that come in every size from compact coffee table to dining room table. Styles run the gamut from rustic to sleek.

"The tabletops can be porcelain or aluminum, stone or granite," said Tsantes. "There is even an artisan top that looks like carved leather. Now you can go into your back yard and feel like you're on vacation somewhere in the islands."

Adding the resort-like feel are swim spas, the large cousin of the ubiquitous hot tub.

"A swim spa allows you to exercise, even during the winter, by swimming against the current," said Tsantes. "They are like hot tubs, only about 12-16 feet long and eight feet wide. You can run out in the winter and swim and then sit on the spa bench, just like you would in a hot tub."

Even those who don't have an expansive backyard can create cozy retreats.

"Outdoor furniture companies are making pieces for those with small spaces to those with huge Great Falls homes with a large backyard," said Tsantes.

"Indoor and outdoor furniture are now blending," said David Cintorino, president of Home Escapes. "People are using their outdoor spaces like indoor spaces, that is a current trend. Outdoor furniture companies are creating furniture to keep up with that trend."

**CUSTOM DESIGNED SLIDING SHELVES**  
**EASY ACCESS & ORGANIZATION**

**ShelfGenie®**  
EVERYTHING WITHIN REACH®

**Transform Your Kitchen Without Replacing Your Cabinets**

- Custom designed and built to your exact needs
- High quality construction and expert installation with a lifetime warranty

**FREE IN-HOME DESIGN CONSULTATION**

**888.886.6133**

**shelfgenie.com**

Limit one offer per household. \*Valid on Classic or Designer Glide-Out purchase with offer. Cannot be combined with other offers. Lifetime Warranty valid for Classic or Designer products only.

## We bring great days, and nights, to families.

### Assisted Living

Minds rest easy knowing highly-trained, energetic associates are providing care in accordance with professionally-prepared Personal Care Plans.

Social isolation is a concern of the past, replaced by friends, family and a full calendar of tailored programs addressing all dimensions of wellness.

Worries about medication dosage, timing and nutrition evaporate, not to mention the deleterious effects of dining alone.

Everyone's quality of life is enhanced by specially-designed amenity and gathering spaces, apartment homes, gardens and outdoor recreational areas.

### Wellspring Village®

"In our specially designed Wellspring Village® neighborhoods, we are able to create joy for residents and their families despite the challenges people living with memory impairment face," explains Tina Aulakh, Executive Director.

Families tell us everyone benefits because the outstanding care and support we provide reduces worry and stress.



**BRIGHTVIEW**  
GREAT FALLS  
ASSISTED LIVING

Please call either  
Joanna or Carolyn  
at 703-759-2513

10200 Colvin Run Rd. • Great Falls, VA 22066

Outstanding Assisted Living and Memory Care in Great Falls



## NEWS

# Howell, Plum Meet With Residents

Citizens get chance to voice concerns before General Assembly session.

BY REENA SINGH  
THE CONNECTION

**T**his General Assembly session will be a tough year to budget, according to two local legislators.

State Senator Janet Howell (D-32) and Del. Ken Plum (D-36) met with local residents Jan. 8 at Reston Community Center - Hunter Mill to talk about the upcoming session and hear what their constituents thought are the issues to focus on.

"We're going to work on reconciling the budget, which has some work there," said Howell.

Plum said he and Howell will introduce bills to close loopholes in background checks and gun safety, a measure he hopes will keep guns out of the hands of the unstable.

"I have been very concerned about gun violence in our society," he said.

He said he supported reinstating a law that only allowed the purchase of one hand gun per month, noting that the state had a reputation in the 1980s as a gun-running state. He hoped that the state would never again have a reputation like that.

He also wanted to expand infant screenings to find out early whether a child had a biotin deficiency, which he said could lead to developmental disabilities.

Stemming from the health aspect, he noted he supports expanding the Affordable Care Act under Gov. Terry McAuliffe's vision.

Howell said she did not know how the session would play out, but knew that the topic of redistricting may cause issues. Additionally, budget cuts are leading to a "gloomy" outlook, she said.

"In public education, we're now putting in, on a per-pupil basis, what we did in 2008," she said. "But we're still having to make cuts."

Jane and Bob Anthony focused on issues those with developmental disabilities are facing as they grow older. Jane said because Northern Virginia Training Center is feared to close, the closest training center would be hours away in Lynchburg.

During the McDonnell Administration, she said, training centers across Virginia were slashed out of



PHOTO BY REENA SINGH/THE CONNECTION

**Reston resident Jonathan Damm speaks while state Sen. Janet Howell (D-32) and Del. Ken Plum (D-36) listen.**

budgets in order to help integrate the disabled into society, she said.

"I speak for most residents of (Northern Virginia Training center), typically those with profound and severe medical and behavioral problems for whom safety and health are primary considerations," she said. "People who, for example, function at an intellectual level of a 6-month-old cannot decide where they want to live, how to run a business or even choose a healthy diet."

She urged the two legislators to work with the current governor to reverse the decision to cut these training centers before they shutter for good.

Howell said all legislators, no matter the area in the state they represent, represent people with disabilities and are feeling the pains from the decision to cut the centers.

"This is not partisan," she said. "We're all very touched by the situation. It's something we all have constituents involved in."

Reston homeowner Jonathan Damm said his issue involves children - especially those who play sports. The turf fields that use "crumb rubber" he said, that are made from tires are leading to blood poisoning and cancer. He recalled watching an NBC report on the issue and became concerned about his past as a lacrosse player and coach.

"This is potentially a cancer cluster," he said.

He researched the topic using his background in environmental law, he said, and became very disturbed by his own findings.

"What I have learned since October has convinced my wife and me that we should never let our children play in these types of fields or tire mulch playgrounds," he said. "They are not safe and present a very real health threat. This is heartbreaking because of my love for lacrosse, which I may no longer be able to pass on."

He said New York City, Norway, Sweden and Italy have already banned tire rubber on fields and urged the legislators to make sure state schools do the same.

Plum said he is passing Damm's work and concern to the state Health Department.

## VIEWPOINTS

# Area Residents Reflect on Issues Before General Assembly

— REENA SINGH

**Lee Roussel, retired, Falls Church:**

"I think it is important to revise the regulations that the state abortion clinics are required to adhere to the same regulations as regular hospitals."



**Gwen Whittaker, National Security Consulting, Herndon:**

"The gun control issue is a huge one for me. Also, fracking in the George Washington Forest."



**Stella Kwon, IT Sales, Reston:**

"An issue I'm passionate about is water fluoridation because it is a known toxin. The issue is to give us a choice about whether we want to fluoridate ourselves."



**Robert Haley, retired, Reston:**

"The most important issue could very well be redistricting. So much rides on redistricting."



## Bathroom Remodel Special \$6,850

### Celebrating 15 Years in Business!

## TWO POOR TEACHERS

### Kitchen and Bathroom Remodeling



**Free Estimates  
703-999-2928**



**Visit our website: [www.twopoorteachers.com](http://www.twopoorteachers.com)**

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed  
Est. 1999



## Be Part of The Pet Connection in February

Send Your Photos & Stories Now to  
[reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com) or complete  
our online form at [reston-connection.com](http://reston-connection.com)

Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is February 18.



# CALENDAR

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

## THROUGH SATURDAY/JAN. 31

**Exhibit of Colorful Nutcrackers.** 11 a.m. - 4 p.m. Closed on Tuesdays. Sully Historic Site, 3650 Historic Sully Way, Chantilly. See an amazing array of nutcrackers, both old and new, in a colorful case exhibit. Did you ever wonder where the craze for collecting nutcracker dolls came from? Nutcrackers have a fascinating history. The first nutcrackers were produced to crack nuts more effectively and the oldest known metal example, on exhibit in Tarent, Italy, is from the third or fourth century B.C. The Leavenworth Nutcracker Museum in Leavenworth, Washington, shows a bronze Roman nutcracker dated between 200 B.C and 200 A.D. German nutcrackers, made as decorative pieces, were developed around 1500. Early nutcrackers were in the shapes of animals, birds and people. Later, they were made in the likeness of kings, soldiers, church leaders and ruling class figures. Fine wood carved nutcrackers were created across Europe, especially in France and England by the 15th and 16th centuries. Admission: \$7/adult, \$6/student, \$5/senior or child.

## THROUGH MONDAY/MARCH 16

**Ice Skating at Reston Town Center.** 11 a.m. - 7 p.m. Reston Town Center, 11900 Market Street, Reston. From early November through the early March, the Pavilion floor is transformed into a gleaming ice skating rink. Ice skates and other



**Matthew Wise as Policeman and Ian Brown as Alex Dennison in Reston Community Players' whodunit "Rehearsal for Murder," running Jan. 16-31 at Reston Community Center, 2310 Colt Neck Road, Reston. Audiences are invited to test their wits as they enter a world of backstage drama where nothing is as it appears - or is it?**

supplies are available inside the Skate Shop directly beside the Pavilion (behind Clyde's). Admission: \$10 per adult; \$9 for children under 12; \$5 per skate rental.

unemployed, fulltime students, 65 and older). [www.meditation-dc.org](http://www.meditation-dc.org)

## FRIDAY/JAN. 16

**Naked Eye Astronomy.** 7 - 8 p.m. Walker Nature Center, 11450 Glade Drive, Reston. All ages. Enjoy the universe without a telescope. Discover the largest object you can see with the naked eye. Explore the mysteries of the "Dog Star" Sirius. Orient yourself using Polaris, and observe how amazing this star's position really is. Reservations required by Jan. 13. Fee: \$5/person RA members, \$7/person Non-members. For more information, email [naturecenter@reston.org](mailto:naturecenter@reston.org), or call 703-476-9689 and press 5.

## THURSDAY/JAN. 15

**Kid's Graphic Novel Book Club.** 4 p.m. Reston Regional Library, 11925 Bowman Towne Dr., Reston. This month's title is "Zita the spacegirl" by Ben Hatke. Age 8-10. 703-689-2700.

**Meditation in Our Daily Lives.** 7:30 p.m. Unitarian Universalist Church, 1625 Wiehle Ave., Reston. Participants will learn the basic principles of meditation and how to carry the experience of meditation into their daily life. \$10 (\$5

**Friday Night Rock 'n' Skate.** 8 - 10 p.m. Reston Town Center, 11900 Market Street, Reston. Live DJ & music, games & prizes. [restontowncenter.com/skating](http://restontowncenter.com/skating)

## FRIDAY/JAN. 16 - SATURDAY/JAN. 31

**Rehearsal for Murder.** 8 p.m. Reston Community Center, 2310 Colt Neck Road, Reston. Audiences are invited to test their wits as they enter a world of backstage drama where nothing is as it appears - or is it? Tickets can be purchased through [www.restonplayers.org](http://www.restonplayers.org) or by calling the CenterStage box office at 703-476-4500 x 3.

## SATURDAY/JAN. 17

**The Winter Wonders Magic Show.**

11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Mike Rose presents an entertaining magic show completely themed around snow, cold, and winter activities. Children will experience magic that is crisp, refreshing and just plain cool.

**Warm Observations: People and Places Exhibit Reception.** 7-9 p.m. ArtSpace Herndon, 750 Center Street, Herndon. Come meet *Warm Observations: People and Places* artist Jill Banks at the exhibit reception. Light refreshments will be served. This event is free and open to the public. For more information call 703-956-6590 or visit our website at [www.artspaceherndon.org](http://www.artspaceherndon.org).

**Rock 'n' Skate.** 11 a.m. - 1 p.m. Reston Town Center, 11900 Market Street, Reston. Live DJ & music, games & prizes. [restontowncenter.com/skating](http://restontowncenter.com/skating)

**PetMAC Event.** 10 a.m.-2 p.m. PetMAC, 11412 Washington Plaza

Square, Reston. Answers Pet Food will be coming and providing a raw demonstration to explain the benefits of their raw diets. Their raw dog and cat foods provide a superior nutritional diet of only the highest quality of ingredients.

## SUNDAY/JAN. 18

**Great War and the Shaping of the 20th Century.** 2 p.m. Reston Regional, 11925 Bowman Towne Dr., Reston. Dr. Harry Butowsky's lecture "Hatred and Hunger" covers the concluding events of World War I. Adults. 703-689-2700.

## TUESDAY/JAN. 20

**Storytime for Threes to Fives.**

10:30 a.m. Reston Regional Library, 11925 Bowman Towne Dr., Reston. An early literacy program with stories and activities. Age 3-5 with adult. 703-689-2700.

**Director's Choice Book Club.** 7 p.m. Reston Regional Library, 11925 Bowman Towne Dr. Sam Clay, Director of Fairfax County Public Library, leads a monthly book discussion. The title this month is *The Burgess Boys* by Elizabeth Strout. 703-689-2700.

## WEDNESDAY/JAN. 21

**Poetry Readers Roundtable.** 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. An informal discussion of the life, times, and work of Walt Whitman. Suggested background reading at [www.whitmanarchive.org](http://www.whitmanarchive.org)

## CALL FOR BOARD CANDIDATES

### 2015 Reston Association Board of Directors Election

**Are you interested in making an impact on the future of Reston? Then consider running for the Reston Association (RA) Board of Directors.**

**Four seats on the Board of Directors will be open in April 2015:**

- Two At-Large Directors
- North Point District Director (one year term)
- South Lakes District Director

**Candidacy forms must be filed by 5 p.m., Friday Jan. 30, 2015. Forms and other election information can be found online at [www.reston.org](http://www.reston.org).**

**Details or questions, send an email to [ElectionsCommittee@reston.org](mailto:ElectionsCommittee@reston.org) or call 703-435-6570.**



[www.reston.org](http://www.reston.org)

## COMMUNITIES OF WORSHIP

Welcoming, Diverse, Progressive

**ST. ANNE'S  
EPISCOPAL  
CHURCH • Reston**



**7:45 a.m.** Holy Eucharist, Rite I  
**9:00 a.m.** Holy Eucharist, Rite II  
Sunday School: preschool - grade 2  
Music: grades 3 - 7  
**10:25 a.m.** Sunday School Grades 3 to 6  
Music 4 years to 2nd grade  
**11:15 a.m.** Holy Eucharist, Rite II  
**5:00 p.m.** Come Just as You Are Contemporary Service  
Nursery care provided at 9:00 a.m. service  
The Rev. James Papile, Rector  
The Rev. Laura Cochran  
**703-437-6530**  
[www.stannes-reston.org](http://www.stannes-reston.org)  
1700 Wainwright Dr., Reston



**To Highlight  
your Faith  
Community,  
Call Karen at  
703-917-6468**

**Free Estimates**

**Patios, Walkways, Retaining Walls, Paver Driveways, Landscaping!**

**OFF-SEASON PRICING**

**Tree Clearance Sale**  
**30% OFF**  
All Trees 2013 & Prior

**60-75% Off Pottery**  
Lowest Prices Since 2008!

**Playground Chips & Organic Compost**  
**\$29.99 cu. yd.**

**Bagged, Shredded Hardwood Mulch**  
**\$3.49**

**Bulk Mulch**  
**\$24.99 cu. yd.**

**Fragrant, blooming Citrus Plants 10% Off**

**Cravens Nursery & Pottery**  
9023 Arlington Blvd., Fairfax, Virginia  
2 miles west of I-495 on Rt. 50.  
1 mile from I-66 (Vienna Metro)  
**703-573-5025**  
Open 7 days a week  
Visit our new Web site: [www.cravensnursery.com](http://www.cravensnursery.com)



## SPORTS

### South Lakes Gymnastics Places Fifth

The South Lakes gymnastics team finished fifth out of six teams during a meet at Fairfax High School on Jan. 10.

The Seahawks produced a score of 105.775. McLean won the event with a score of 139.45, followed by Fairfax (125.825), Hayfield (119.6), and Madison (107.625). Langley finished sixth (71.15).

Madison Carrens was South Lakes' top individual performer. Carrens placed fifth in the all-around with a score of 30.55. She had top-10 finishes on floor (seventh, 7.9) and bars (eighth, 7.7). Teammate Kiwi Aurentz took sixth in the all-around (29.225).

Fairfax's Rachel Barborek won the all-around with a score of 38.325.

South Lakes is scheduled to compete in a meet on Jan. 21 at Chantilly High School. The Conference 6 meet is Feb. 2 at McLean High School.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**The South Lakes gymnastics team placed fifth during a meet at Fairfax High School on Jan. 10.**

07.50 5<sup>th</sup>; triple jump, 34-09.50, 6<sup>th</sup>), Alex Rudison (pole vault, 12-00.00, 4<sup>th</sup>), Skander Ballard (pole vault, 11-06.00, 7<sup>th</sup>), Devyn Jones, 55 meter hurdles, 8.79, 5<sup>th</sup>) and Delaney Wickman (300 meters, 42.25, 5<sup>th</sup>) qualified for regionals at the Flames Invitational.

SLHS will compete in a tri-meet against Langley and Robinson Friday, Jan. 16 at Thomas Jefferson Middle School in Alexandria, and will begin defense of its Liberty Conference championships Thursday, Jan. 22 and Jan. 29 at Prince George's Sportsplex in Landover, Md.

### South Lakes Boys' Basketball Improves to 8-3

The South Lakes boys' basketball team defeated Madison 73-53 on Jan. 9 in Vienna, improving the Seahawks' record to 8-3.

South Lakes will host Fairfax at 7:30 p.m. on Wednesday, Jan. 14, and Langley at 7:30 p.m. on Friday, Jan. 16.

### South Lakes Aghayere goes for 31, 30 in Defeat

South Lakes senior Princess Aghayere scored 31 points and grabbed 30 rebounds during a 65-63 overtime loss to Madison on Jan. 9, according to the South Lakes High School athletics Web site.

Brenda Kamga finished with 21 points and 16 rebounds for the Seahawks.

The loss dropped the South Lakes girls' basketball team's record to 8-3.

South Lakes will host Fairfax at 5:45 p.m. on Wednesday, Jan. 14 as part of a girls'/boys' doubleheader.

### South Lakes Girls' 4x400 Relay Wins at Flames Invite

Seniors Delaney Wickman, Claire Nieusma, junior Golden Kumi-Darfour and sophomore Nikayla Hoyte ran a state-meet qualifying time of 4:02.30 in the winning the girls' 4x400 relay at the Flames Invitational High School track and field meet Jan. 9-10 at Liberty University in Lynchburg.

The SLHS girls' relay team beat out nationally-ranked Parklawn High School of Winston-Salem, N.C. Five members of that girls track team have already signed national letters of intent to continue their track careers at Division I schools.

The following SLHS relay teams finished in the top 10: Juniors Eric Kirlew, Alex Rudison, Skander Ballard and sophomore Timiebi Ogobri finished second in the boys 4x200 with a 1:35.48.

The girls' 4x200 team of seniors Ozioma Chinaka, Jordan Lozama, Samantha Webb and Hoyte finished fourth in a Liberty Conference qualifying time of 1:47.93.

Seniors Comfort Reed, Augusta Durham, junior Monica Lannen and sophomore Jessica Lister were fifth in the girls 4x400 (4:22.10) while the team of seniors Gabrielle Acosta, Erin Bidwell, sophomore Seretha McHugh and freshman Emily McGrath were 10th (4:31.36).

Kirlew teamed with juniors Nikolai Waithe, Anas Fain and senior Sam Arpee for fourth in the boys' 4x400 (3:30.02).

More than 20 members of the SLHS indoor track teams have had conference, region and/or state qualifying performances this season.

Golden Kumi-Darfour (1000 meters, 3:02.94, 3<sup>rd</sup>), Comfort Reed (long jump, 16-



PHOTO CONTRIBUTED

**More than 300 people attended Rescue Reston Rally on Saturday, Jan. 10.**

## Reston to the Rescue

### Rescue Reston hopes to save local golf course.

BY REENA SINGH  
THE CONNECTION

**R**escue Reston wants to see a sea of yellow T-shirts on Jan. 21.

The organization wants supporters to show that local residents do not want the Fairfax County Board of Zoning Appeals to allow Reston National Golf Course to be bulldozed.

During a press conference on Jan. 7, Rescue Reston President Connie Hartke said the organization wants to help defend the 166 acres of land.

She said the current owner of the golf course inquired to the county whether they had the ability to turn the land into medium-to-high density housing. The land, Hartke noted, is close to the local Metro center and is considered gold to developers.

"This is an amenity used by many," she said. "It is used by wildlife. It is used by runners, walkers."

More importantly, the county had written in the master plan that the land cannot be used for anything but open, recreational space. She noted that Reston was founded as a golf course community and the first residents were given membership to get more people to move to the area.

"Reston's open space is unique," she said. "It was planned from the beginning."

She said that RN Golf Management is the name on all the paperwork. However, Northwestern Mutual bought the golf course for \$5 million about a decade ago.

"That \$5 million is not even a rounding error on their budget sheet," she said. "Don't even feel sorry for them."

She added that an "undisclosed developer" is hoping to add housing to that open land.

One of Rescue Reston's founding members John Pinkman said he found out from an unidentified source that the developer is Lerner Enterprises.

"Why hide?" he asked.

### Reston Rallies to Save Open Space

More than 300 people attended Rescue Reston's Rally to Save Open Space on Saturday, Jan. 10 at Langston Hughes Middle School. The Open Space is the 166 acres known as Reston National Golf Course (RNGC). The Mack Johnson band entertained before and after the speeches.

An even bigger crowd is expected on Jan. 21 by Reston Association and Rescue Reston leaders when the issue comes before a public hearing. Rescue Reston advises residents, whether they can stay for the duration or only 45 minutes, to arrive at the Public Hearing on Wednesday, Jan. 21, by 8:45 and wear bright yellow/green in order to make a visual impact at 9 a.m. when the BZA Hearing starts in the auditorium, 12000 Government Center Parkway, Fairfax. A petition is online at [bit.ly/RescueReston](http://bit.ly/RescueReston) and all supporters of open space are invited to sign.

Media representatives for Lerner Enterprises did not respond to calls about the inquiry.

The appeal is not to change the zoning, Pinkman said. The claim is that the area was intended for housing when Reston was first zoned in the 1960s. When the company inquired about the zoning, he said the county staff said the change would be against code and would not recommend pursuing it.

As a resident near the golf course, he did not want the high density housing that is planned by the undisclosed developer to take over beautiful views of the land that the current homes have.

"Imagine living on a street called 'The Former Golf Course View,'" he said.

Reston Association President Ken Knueven talked about his support for Rescue Reston and the importance in keeping to the Reston Master Plan.

"If we are no longer a planned community, we are no longer Reston," he said.

The BZA meeting is planned for 9 a.m. on Jan. 21 at the Fairfax County Government Center, located at 12000 Government Center Parkway, Fairfax. Hartke said Rescue Reston needs as many supporters wearing bright yellow as possible during the hearing. To buy a shirt, visit <http://www.rescuereston.org>.

"Some people make things happen," said Pinkman. "Some people watch things happen."



## NEWS

# 'Founding Fathers' Come To Reston

FROM PAGE 7

Colonial Williamsburg Foundation for local schools, and fund scholarships to the Colonial Williamsburg Teacher Institute, a weeklong summer workshop for history teachers.

Two Dranesville Elementary teachers who will be participating in the summer workshop included fourth grade teacher Kristine Petersen and sixth grade teacher Nancy Borick. "It will be an amazing opportunity to look at history inside out," said Petersen. Both teachers were impressed by the re-enactment program. "I felt they made it very accessible for the kids," said Petersen.

"The students were wonderful, sharp as a tack and had good questions," said re-enactor Richard Schumann. "This is one of the most important missions Colonial Williamsburg can do, civilizations which lose their identity by ignoring history will face rough times," said Schumann. Schumann has portrayed Patrick Henry at Colonial Williamsburg for over 16 years.

"I love that it made history come alive for the students, it helped make history real," said Dranesville Elementary fourth grade teacher Sandy Coyner, a resident of Herndon. Many of the teachers saw the program as an educational treat. "The re-enactors were very good," said Dranesville Elementary fourth grade teacher Sean Gray. "I would love for them to come back, they were both authentic and engaging," said Gray.



PHOTO BY RYAN DUNN/THE CONNECTION

**CarolAnn and Jim Babcock provide subscriptions to online resources from the Colonial Williamsburg Foundation for local schools, and funds scholarships to the Colonial Williamsburg Teacher Institute. Pictured are two Dranesville Elementary teachers participating in the summer workshop, fourth grade teacher Kristine Petersen and sixth grade teacher Nancy Borick.**

**THE BABCOCKS** started by reaching out to schools near their Reston home, but since then, their reach has expanded to sponsor programs at 15 schools. The January school assembly and re-enactments continued the following days to Reston schools including Lake Anne Elementary, Sunrise Valley Elementary, Hunter Woods Elementary. Other FCPS schools visited included Westbriar Elementary in Vienna, Kent Gardens Elementary in McLean and Greenbriar East Elementary in Fairfax. "With so many children from other countries and cultures attending our schools today, it is all the more important for them to get a glimpse of the social and political foundation upon which this country and our republic form of government is based," said CarolAnn Babcock. "In some 10 to 12 years they will be in the voting booths steering our nation."

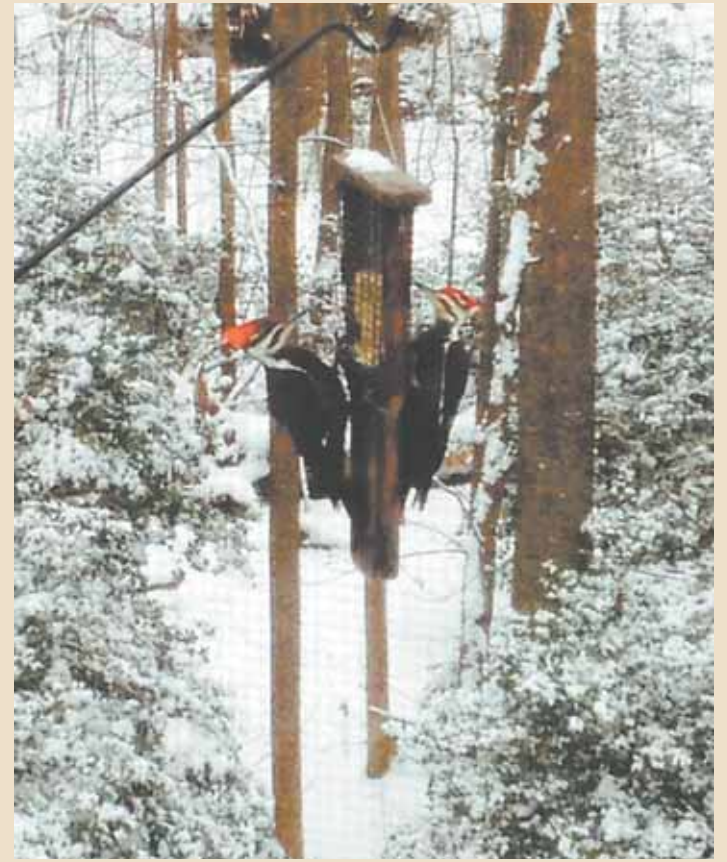


PHOTO BY ERICA STOECKER

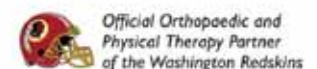
## Mr. and Mrs. Pileated Enjoy the First Snow

**Recently — the pileated woodpecker has been voted in as the official bird of Reston. Erica Stoecker snapped this photo of Mr. and Mrs. Pileated enjoying on her Reston deck, on the first snow day of 2015.**

## Commonwealth Orthopaedics has merged with OrthoVirginia.

This merger means that Commonwealth Orthopaedics will now be known as OrthoVirginia. While our name may be new, our doctors, our staff, our locations and our commitment to our patients haven't changed at all. Call us or visit our website to learn more.

A new name.  
The same commitment.  
Getting *you* back to your life.



703.277.BONE (2663) | orthovirginia.com



ZONE I: • RESTON  
• HERNDON • LOUDOUN

# EMPLOYMENT

703-778-9411  
ZONE I Ad DEADLINE:  
TUESDAY 4 P.M.

ZONE I: • RESTON  
• HERNDON • LOUDOUN

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

703-778-9411  
ZONE I Ad DEADLINE:  
MONDAY NOON

## BUSINESS OPP

### TELEPHONE A great opportunity to WORK AT HOME!

NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

## BUSINESS OPP

### TELEPHONE A great opportunity to WORK AT HOME!

NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

## VET ASSISTANT

Small animal hosp. Great Falls.  
Will train. 703-757-7570 •  
[www.ourvets.com](http://www.ourvets.com)

## Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail [internship@connectionnewspapers.com](mailto:internship@connectionnewspapers.com)



## HOW TO SUBMIT ADS TO

### THE CONNECTION

Newspapers & Online

## CLASSIFIED

### DEADLINES

Zones 1, 5, 6.....Mon @ noon  
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)  
or call Andrea @ 703-778-9411

## EMPLOYMENT

### DEADLINES

Zones 1, 5, 6.....Mon @ noon  
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)  
or call Andrea @ 703-778-9411

## ZONES

- Zone 1:** The Reston Connection  
The Oak Hill/Herndon Connection  
**Zone 2:** The Springfield Connection  
The Burke Connection  
The Fairfax Connection  
The Fairfax Station/Clifton/  
Lorton Connection  
**Zone 3:** The Alexandria Gazette Packet  
The Mount Vernon Gazette  
**Zone 4:** Centre View North  
Centre View South  
**Zone 5:** The Potomac Almanac  
**Zone 6:** The Arlington Connection  
The Vienna/Oakton Connection  
The McLean Connection  
The Great Falls Connection

## ELECTRICAL

### K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated

Recessed Lighting  
Ceiling Fans  
Phone/CATV  
Computer Network Cabling  
Service Upgrades  
Hot Tubs, etc...  
Licensed/Bonded/Insured  
Office 703-335-0654  
Mobile 703-499-0522  
[lektrkman28@gmail.com](mailto:lektrkman28@gmail.com)

## GUTTER

### GUTTER CLEANING

Gutters and Downspouts Cleaned  
Small Repairs • Gutter Guards

### PINNACLE SERVICES

lic/ins 703-802-0483 free est.  
[jamie@lawnsandgutters.com](mailto:jamie@lawnsandgutters.com)  
[web:lawnsandgutters.com](http://web:lawnsandgutters.com)  
Friendly Service with a Friendly Price!



## IMPROVEMENTS

## IMPROVEMENTS

### The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL,  
PAINTING, CERAMIC TILE, CARPENTRY,  
POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!

Proudly serving Northern VA - 46 yrs. exp.  
We Accept VISA/MC  
Licensed Insured  
**703-441-8811**



## R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,  
Kitchen & Bath, Windows,  
Siding, Roofing, Additions &  
Patios, Custom Deck, Painting

We Accept All Major Credit Cards

Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827 Fax: 703-830-3849

E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)

[www.rncontractors.com](http://www.rncontractors.com)



### Picture Perfect

Home Improvements  
**(703) 590-3137**

## Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry,  
Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available

[www.pphionfine.com](http://www.pphionfine.com)

"If it can be done, we can do it"

Licensed - Bonded - Insured



## LAWN SERVICE

## LAWN SERVICE

### PINNACLE SERVICES, INC. LAWN SERVICE

MOWING, TRIMMING, EDGING,  
MULCHING & TRIM HEDGES

Friendly Service for a Friendly Price

**703-802-0483**

## HAULING

### ANGEL'S HAULING

Junk Trash Removal,  
Yard/Construction  
Debris, Garage/Base-  
ment Clean Out,  
Furniture & Appl.

**703-863-1086**  
**703-582-3709**  
**240-603-6182**

## TREE SERVICE

### ANGEL'S TREE REMOVAL

Brush & Yard Debris  
Trimming & Topping  
Gutters & Hauling  
[Angeltreeslandscaping-hauling.com](http://Angeltreeslandscaping-hauling.com)  
**703-863-1086**  
**703-582-3709**  
**240-603-6182**

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.  
-Werner Heisenberg

## LANDSCAPING

### JUNK HAULING

Junk, Rubbish,  
Homes, Offices,  
Commercial,  
Yard/Construction  
Debris, Lot Clear  
out, 24 hrs day,  
General Hom Work.

**703-520-3205 N-VA**

## TREE SERVICE

## TREE SERVICE

### Quality Tree Service & Landscaping

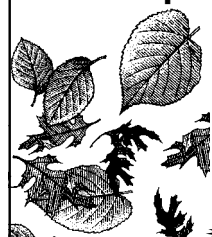
Reasonable prices. Licensed & insured

**Leaf Removal  
Gutter Cleaning**

25 years of experience  
Free estimates

**703-868-5358**

24 Hour Emergency Tree Service



### Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.

**Fall Cleanup...**

Tree removal, topping & pruning,  
shrubbery trimming, mulching,  
leaf removal, planting, hauling,  
gutter cleaning, retaining walls,  
drainage problems, etc.

25 years of experience - Free estimates

**703-868-5358**

**24 Hour Emergency  
Tree Service**



### THE CONNECTION NEWSPAPERS

## CLASSIFIED

Classified or Home • Lawn • Garden:  
**703-917-6400**

Employment: 703-917-6464

E-mail: [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

## MarshallRetailGroup

# JOB FAIR

## Dulles Airport Retail Shops

Tuesday, January 20, 2015

10am – 2pm

### The Fairfax SkillSource Center

11484 Washington Plaza West Suite 110 Reston, VA 20190

If unable to attend please apply online at [JobsatMRG.com](http://JobsatMRG.com)

### OPEN POSITIONS

Part-Time and Full-Time available  
**Store Manager**  
**Assistant Store Manager**  
**Store Supervisors**  
**Customer Sales Associates**

Our competitive benefit package includes:

- Medical, dental and term life insurance
- 401(k) retirement plan with a company match
- 40% employee discount
- Paid vacation after 6 months of employment
- Flexible schedules
- Frequent opportunities for career advancement

MARSHALL • ROUSSO SHOOOZ Rolyblue KIDS PARADISO  
ESSENTIALS LICK Misura FLIGHT STOP KARTABLE carina A AMERICA! satisfy my SOLE



ZONE 1: • RESTON  
• HERNDON • LOUDOUN

# CLASSIFIED

703-778-9411

ZONE 1 AD DEADLINE:  
MONDAY NOON

For a free digital subscription to one or all of the 15 Connection Newspapers, go to [www.connectionnewspapers.com/subscribe](http://www.connectionnewspapers.com/subscribe)

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: [goinggreen@connectionnewspapers.com](mailto:goinggreen@connectionnewspapers.com)

**THE CONNECTION**  
NEWSPAPERS

## 26 Antiques

We pay top \$ for STERLING, MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS. Schefer Antiques 703-241-0790 [theschefer@cox.net](mailto:theschefer@cox.net)

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.  
**-Werner Heisenberg**

## 21 Announcements



Seeking a Winter wonderland? Find it at The Omni Homestead Resort, celebrating 55 seasons of ski and snowboarding fun.

540-839-1766  
[omnihotels.com/thehomestead](http://omnihotels.com/thehomestead)

\* Based on double occupancy. Restrictions may apply. See website for details.

**HOMESTEAD SKI**  
from \$224\*  
Accommodations  
+ 2 lift tickets

**OMNI RESORTS**  
the homestead

## 21 Announcements

## 21 Announcements

## 21 Announcements

**LIFETIME METAL ROOFING**  
by VA CAROLINA BUILDINGS

45 Year Warranty  
Financing Available  
Licensed & Insured  
Local Contractor

**12 MONTHS SAME AS CASH!**  
w.a.c.

**1-800-893-1242**  
Call For Your Free Roof Inspection!

FREE ESTIMATE  
ENERGY STAR  
Storm Proof Metal Roofing

## HOW TO SUBMIT ADS TO

**THE CONNECTION**  
Newspapers & Online

## CLASSIFIED

### DEADLINES

Zones 1, 5, 6 ..... Mon @ noon

Zones 2, 3, 4 ..... Tues @ noon

E-mail ad with zone choices to: [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com) or call Andrea @ 703-778-9411

## EMPLOYMENT

### DEADLINES

Zones 1, 5, 6 ..... Mon @ noon

Zones 2, 3, 4 ..... Tues @ noon

E-mail ad with zone choices to: [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com) or call Andrea @ 703-778-9411

## ZONES

**Zone 1:** The Reston Connection  
The Oak Hill/Herndon Connection  
**Zone 2:** The Springfield Connection  
The Burke Connection  
The Fairfax Connection  
The Fairfax Station/Clifton/  
Lorton Connection  
**Zone 3:** The Alexandria Gazette Packet  
The Mount Vernon Gazette

**Zone 4:** Centre View North  
Centre View South  
**Zone 5:** The Potomac Almanac  
**Zone 6:** The Arlington Connection  
The Vienna/Oakton  
Connection  
The McLean Connection  
The Great Falls  
Connection

## \$32.99 Plus Shipping



By KENNETH B. LOURIE

For one box of 54 petite Belgian waffle cookies in three delicious flavors: milk chocolate, dark chocolate and vanilla; an extravagance to be sure, available during the holidays; this recipient (actually, my wife, Dina, was the recipient) very happy to oblige and indulge. However, as lucky as I was to receive/be offered some of these desserts: \$36 approximately, for 54 average-sized cookies is a bit out of my price range. The problem/complication is, my wife Dina is often a quality-not-quantity type of person, much different than I. And even though her sweet tooth pales in comparison to my sweet teeth, she is now, as a result of this very kind and generous gift, predisposed more than ever to scoff (I'm being polite) at my regular cookie purchases; typically bought by yours truly at the local supermarket and more often than not, involving some kind of Nabisco-brand product. As much as I'd like to think I'm semi open to change, it's the change back from a five-dollar bill with which I'm likely more inclined to consider.

Not that I didn't/don't appreciate the upgrade in my snacking choices, it's more the arithmetic that boggles. For the same \$36 spent on these delightful alternatives, when on sale at \$3 per bag, take 12 bags of Oreo DoubleStuf cookies – each of three sleeves holding 10 cookies – 30 cookies filling each bag. If one multiplies 12 bags times 30 cookies, 360 cookies becomes the total; meaning for the same \$36, I can enjoy 54 cookies, or with my Oreos, I can enjoy 360 cookies (not at one sitting; I'm bad, but not that bad) instead. Not exactly the heels of a dilemma, but neither is it dollars to donuts. And like my mother before me, when the price is upside down on something, as I would characterize this comparison, digesting the more expensive item (cookies in this example) becomes challenging and not nearly as enjoyable as the upgrade might lend itself to be.

To be fair though, as delicious as these cookies were, they are NEVER going to be a regular item in our pantry, nor do I suspect, a regular gift. I mean, who can afford such an expense? And though I certainly enjoyed eating them (especially considering that I didn't pay for them), buying them myself offers much less satisfaction. Dina however, might (might?) think differently. She might (might?) prefer the upgrade. As she has said many times, she doesn't mind less if it is better than more. And on a related subject, a lot of something is just a lot, not necessarily better. She doesn't see the same value in quantity as I do. Speaking to her cookie interest, it might only be 54 cookies whereas mine would be substantially greater. Thus, my being cut off after only 54 cookies, (time frame not specified) would be a significant consideration; for Dina, not so much.

Quality rules her roost. More often than not, quantity rules mine. And though one might consider this difference as substance over style, I characterize it more as fact over fiction. Yes. The cookies were delicious, but money doesn't grow on trees (it's made out of linen, actually); still, I'd rather have a lot of a little than a little of a lot. Sometimes, too much of a good thing is simply too much. With respect to these Christmas cookies, even though their time here was short, their memory will be long. For now, that will have to suffice.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

## ENGAGEMENT



Amy Brass and Michael Macintyre

## Amy Brass and Michael Macintyre to Wed April 2015

Mrs. Renee Brass and Mr. and Mrs. Steve Macintyre of Reston are pleased to announce the engagement of their children, Amy Brass and Michael Macintyre. Both grew up in Reston and graduated from South Lakes High School. Michael was, at age 15, U.S. Squash Champion in 1990. Amy attended NOVA and is a Special Needs teacher for Fairfax County. Michael is a graduate of George Mason with a BA in Finance. He is a financial advisor with Morgan Stanley in Old Town, Alexandria. A destination wedding/family cruise is planned for April 2015. On the newlyweds' return a reception will be held at the Hidden Creek Country Club in Reston, after which they will be at home in Haymarket, Va.

## BULLETIN BOARD

To have community events listed in the Connection, send to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com) by the Friday prior to the following week's paper.

### FRIDAY/JAN. 16

**Let's Talk - ESL for Intermediate Students.**  
11 a.m. Join Richard's Friday conversational group. Adults.

### MONDAY/JAN. 26

**NARFE Dulles Chapter 1241 Meeting.** 11:30 a.m. Amphora Diner, 1151 Elden Street, Herndon. Speaker: Bill Shackelford, accompanied by Ellie Fusaro, Fairfax County Commission on Aging. Bill Shackelford is currently NARFE's Region 10 Vice President. Ellie Fusaro is an active member of the Dulles Chapter and Outgoing Sunshine Committee Chair. The luncheon entree cost is \$18. This includes tax and gratuity. Make checks payable to NARFE Dulles Chapter 1241 or have exact cash ready. Cash is preferred.

### TUESDAY/JAN. 27

**INOVA Blood Drive.** 12-7 p.m. Reston Town Center, 11900 Market Street, Reston. Schedule appointments at 1-866-256-6372 or [inova.org/donateblood](http://inova.org/donateblood). Onsite registration.

### ONGOING

**Food Addicts in Recovery.** Wednesdays at 7 p.m. at The Vine Church, 2501 Gallows Road, Dunn Loring. Are you having trouble controlling the way you eat? Food Addicts in Recovery Anonymous (FA) is a free twelve step recovery program for anyone suffering from food obsession, overeating, under-eating or bulimia. For more information or a list of additional meetings throughout the U.S. and the world, call 781-932-6300 or [www.foodaddicts.org](http://www.foodaddicts.org).





*Are We Keeping  
the Promise?*

**RESTON DR. MARTIN  
LUTHER KING, JR.**

# BIRTHDAY CELEBRATION

**January 17 – 19, 2015**



The 30th Annual Reston Dr. Martin Luther King, Jr. Birthday Celebration features Keynote Anna Deavere Smith.

**“Life’s most persistent and  
urgent question is: What are  
you doing for others?”**

- Dr. Martin Luther King, Jr.

## Saturday, January 17 COMMUNITY SERVICE PROJECTS

**9:00 a.m. - 1:00 p.m. • Free**

Southgate Community Center

Contact Ha Brock, Reston Association’s Community Outreach Specialist, 703-435-7986 or habrock@reston.org, to volunteer.

## RESTON COMMUNITY ORCHESTRA

**4:00 p.m. • Free**

RCC Hunters Woods

## Sunday, January 18

### ART BY RESTON SCHOOLS RECEPTION

**1:30 p.m. • Free**

RCC Hunters Woods

### COMMEMORATIVE MARCH

**3:00 p.m. • Free**

Lake Anne Plaza

### VOICES OF INSPIRATION

**4:00 p.m. • Free**

Northern Virginia Hebrew Congregation  
1441 Wiehle Avenue, Reston

### ANNA DEAVERE SMITH

*Snapshots: Portraits of a World in Transition*

**8:00 p.m. • \$25 Reston/\$50 Non-Reston**

RCC Hunters Woods • the CenterStage

## Monday, January 19

### ANNA DEAVERE SMITH

*Reclaiming Grace in the Face of Adversity*

### Keynote & Community Lunch

**12:00 p.m. • \$5 Reston/\$10 Non-Reston**

RCC Community Room & the CenterStage

### ESPECIALLY FOR YOUTH

**11:30 a.m. • Free**

RCC Hunters Woods

**Ages 6 - 12 • Reg. Required • #704750-5A**

Please check out our website [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) for an up-to-date schedule of events, or contact Kevin Danaher, Community Events Director, at 703-390-6166 for more information.

Tickets can be purchased at the CenterStage Box Office. All events are for all ages, unless otherwise noted.



### RESTON COMMUNITY CENTER

To request reasonable ADA accommodations, call 703-476-4500 • 800-828-1120 (TTY).

