

News, Page 8

FEBRUARY 18-24, 2015

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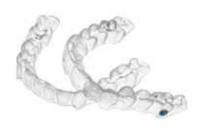
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## News



Photo by Joan Brady Photography/Contributed

One reason the deer population is out of control is that most does give birth to twins, and sometimes triplets, every year from the time they are one year of age for as many as 10 years. This pair was photographed in Great Falls in the Spring.



This photo from the back of Gerald Peters's home in Great Falls shows a buck very close to his house, with his neighbor's house in the back-

## Oh Deer! What Can the Matter Be?

### Support for archery hunting increases with deer population.

By Ken Moore The Connection

First in an occasional series on deer and deer management.

oan Brady added to the tally of deer-vehicle collisions a few days after she received notice of the Great Falls Citizens Association's deer survey results.

"I don't think I've even hit a squirrel before," the Great Falls resident said. "It was awful to see it coming and to know I wasn't going to be able to do anything to stop in time.'

Deer-vehicle collisions are almost commonplace; an average of 4,000 to 5,000 Fairfax County residents hit a deer with their vehicle each year.

Nobody stopped to see if Brady or the deer was all right, she said, although many responded to her message on social media

"I just hit a deer, and it sucked," Brady wrote on Facebook.

Brady didn't weigh in on deer management problems and solutions, but she didn't like her role. "There's got to be a better way to kill the deer than the car," Brady said the next day. "I'm just hopeful I didn't kill him."

Great Falls and McLean, with large lots and many parks, can be seen as the bullseye in the exploding deer population and the debate on what to do about it. Before the beginning of a county program to "manage"

### Deer and Airplanes

The county Park Authority used aerial infrared surveys via fixed-wing airplanes to count the number of deer inside parks and within a small distance in the surrounding neighborhoods on Feb. 6, 2014 and Dec. 27, 2013, according to the 2014 Annual Report on the Environment for Fairfax County. To get the estimated population densities, authorities divided the counts by the number of square miles surveyed.

Deer management methods at the parks have included archery, sharpshooting, and management hunting, occasionally in combination.

"While many of the data are limited, taken collectively, the observations of professional park staff, poor health of evaluated deer and high deer densities indicate that deer are overabundant and are negatively impacting the ecology of sizeable areas of Fairfax County," according to the report.

### 2014 Aerial Infrared Surveys

Park	Est. Deer Per Square Mile	First Year of Deer Management
Riverbend	32	1999
Scotts Run	40	2012
Nature Preserve		
Lake Fairfax	43	2007
Fred Crabtree	92	2013
Old Colchester	13	2013
Laurel Hill	107	2010
Burke Lake	66	2002
Lake Accotink and Accotink Stream Valley	46	2012
Wakefield	60	2012
Frying Pan Farm	18	N/A
Ellanor C. Lawrence	15	2001
Sully Woodlands	35	2006

Source: Fairfax County Park Authority

the deer population in parks, Riverbend Park in Great Falls had a deer population estimated at 213 deer per square mile, more than 10 times what is considered healthy.

Deer management, by way of sharpshooting and bowhunting, which began in 1999 in Riverbend, has helped reduce the deer

Archery Hunting in 27 Fairfax

County Park Areas in 2015

Riverbend Park,	Great Falls, McLean	785 acres
Scotts Run Nature Preserve		
Colvin Run SV, Difficult Run SV	Great Falls	220 acres
Fred Crabtree Park,	Reston,	
Little Difficult Run SV, Garnchayne,	Herndon, Oak Hill	603 acres
Waples Mill Meadow		
Sugarland Run SV, Shaker Woods Park,	Herndon	214 acres
Folly Lick SV		
Difficult Run SV, Clark's Crossing &		
Lahey Lost Valley Parks,	Vienna	419 acres
Tamarack Park, Eudora Park		
Accotink Stream Valley South	Springfield	490 acres
Patriot Park, Popes Head Park,	Fairfax Station	371 acres
Piney Branch SV, Fairfax Villa Park		
Fountainhead Regional Park,	Fairfax Station	1156 acres
Sandy Run Regional Park		
Laurel Hill Park, Laurel Hill Golf Course	,	904 acres
Newington Heights Park, Old Colchester	Park*	
Pohick Bay Regional Park	Lorton	998 acres
Sandy Run Regional Park	Fairfax Station	307 acres
South Run SV, Lake Mercer Park,	Springfield, Burke,	579 acres
South Run District Park, Burke Lake Par		
Pohick SV, Burke Station Park,	Burke, Springfield	579 acres
Shannon Station Park,		
West Springfield Village Park		
Bull Run Marina	Clifton	
Johnny Moore Stream Valley	Clifton	492 acres
Cub Run SV, Ellanor C. Lawrence Park*	Chantilly	626 acres
Elklick Preserve, Mountain Road Park,	Centreville	802 acres
Sappington Tract		
Bull Run Regional Park	Centreville	871 acres
Poplar Ford Park, Hickory Forrest Park	Centreville	460 acres
Sully Historic Site	Chantilly	113 acres
Huntley Meadows	Mount Vernon	537 acres
Lee District Park, Island Creek Park,	Mount Vernon	258 acres
Amberleigh Park		

SV=Stream Valley \* 3 month season 9/6-12/6; otherwise 9/6/14-2/21/15 SOURCES: Fairfax County Archery Program; Fairfax County 2014 Annual Report on the Environment

density to 32 per square mile. Nearby in Scotts Run Nature Preserve in McLean, that number is 40.

**DEER DENSITY** is still at least two times greater than it should be in the Great Falls/

McLean area, said Fairfax County Wildlife Biologist Dr. Katherine Edwards, citing a number between 15-20 deer per square mile as healthy for deer and the environment.

SEE SUPPORT, PAGE 4

## Increased Support for Archery Hunting

From Page 3

Fairfax County recently used aerial and infrared technology to study deer population in county parks, she said, including Scotts Run Nature Preserve, Riverbend and other parks around the county.

Other parts of the county have even more deer. Lake Fairfax Park in Reston has 43 deer per square mile while Fred Crabtree Park in Reston has 92 deer per square mile. Burke Lake Park in Fairfax Station has 66 deer per square mile. Laurel Hill Park has 107 deer per square mile.

At those densities, 4,000-plus deer-vehicle collisions a year are only part of the problem in Fairfax County. Lyme disease, agricultural damage and damage to suburban landscaping are rampant. Deer also damage the environment and other species by decimating the understory in the forests. Young trees can't grow up to replace older trees. Birds and other species that need cover decline because of lost habitat.

The county began the deer management program in 1998, and while there was considerable negative public response to archery hunting and other methods at first, a lot of concerns have died down, said Dranesville Supervisor John Foust, who represents Great Falls, McLean and Herndon.

"We initially had a lot of concerns about deer management when we started in the parks," said Foust. "There is some opposition, but not really as much as there used to be. ... We run a very very tight ship. Our hunters are very well monitored."

While the management efforts in the parks have reduced the number of deer, (the FY2014 "harvest yield" was 848 deer from 27 park sites) many believe that it's not enough. Most of the deer habitat is private property, and deer management will need to move onto private property to be effective, they argue.

"I've accepted we've got to do more," Foust said. "I think we will get the same results on private property because the hunters have conducted themselves with professionalism."

**THE GREAT FALLS** Citizens Association recently took the unusual step of surveying its residents about experiences with deer and opinions of what to do about it.

Part of the mission of the Great Falls Citizens Association is to preserve the semirural nature of Great Falls. The Committee on Environment Parks and Trails, "observed that the next generation of our forests has in many places disappeared under pressure from deer herds, raising questions about the sustainability of our highly—prized natural environment. ... The objective was to seek residents' views so that the GFCA could evaluate support for new initiatives to protect local woodlands and streams."

Jerry Peters, a retired ecologist who lives in Great Falls, is spearheading a program in Great Falls to connect licensed, professional archers to homeowners who permit archery on their land.



PHOTO CONTRIBUTE

Christine Sullivan, Bill Canis, Matt Allison and Jerry Peters spoke to Great Falls Citizens Association in January about deer.

### **Great Falls Deer Survey Results**

Strongly oppose	Oppose	Open (if sensible)	In favor	Strongly in favor	Total
Monitoring of deer activi	ty on private j	property			
52	41	176	125	202	596
Trained and licensed arc	hers activity c	ulling deer on pri	vate property		
96	52	87	89	291	615
Hunter training program	for local resid	lents			
129	92	136	67	174	598
Use of non-lethal method	ls such as ster	ilization or birth	control drugs		
43	57	154	91	267	612
Enforcing current laws a	gainst feeding	wild deer			
33	33	100	119	320	605
Trained and licensed fire	arm marksma	n culling deer on	private prope	erty	
119	64	124	79	231	617

"This is really deer heaven, and we have made it that way," said Peters. "We took away their predators." Deer used to be hunted in Virginia by bobcats, black bears, eastern gray wolves and eastern mountain lions.

For the past seven years, Peters has studied the deer grazing the understory of forests, the overabundance of deer in the Great Falls and Northern Virginia area, and the declining deer health because of the inability for the habitat to support the growing population.

A 125-pound deer requires approximately 6.5 pounds of forage per day, or some 2,370 pounds of vegetation per year, according to the Fairfax County Park Authority. Multiply more than a ton of vegetation by as many as 100 deer per square mile, and the resulting decimation of forest understory and suburban landscaping is not surprising.

About 95 percent of respondents to the Great Falls Citizens Association's Deer Survey have seen deer feeding on their property; 45 percent see deer multiple times each day in their yard and 27 percent more see deer daily on their land.

Bill Canis reported results of the citizens association's survey.

"The car is the only predator and that's

not very humane to the deer," said Canis.

The citizens association is studying and learning all sorts of options to educate Great Falls residents, said Canis. "Hunting is an effective way to control the herd."

HOMEOWNERS OF any size property in Fairfax County can give permission to hunt to qualified, licensed archery hunters. Archery hunting is permitted from the last Saturday in September through the last Saturday in March. The county encourages homeowners to notify their neighbors "as a courtesy," but that is not required.

Matt Allison moved to Great Falls twoand-a-half years ago.

"One of the first things that stuck out was the number of deer. ... There were too many deer for the habitat to support. I was energized to do something about it," he said.

Allison, an archer, grew up in Pennsylvania. His father hunted, his grandfather hunted, they hunted all together. The school system gave students a day off on the first day of deer hunting season.

Allison was surprised at first by anti-hunting sentiment, even at home. "My wife doesn't understand how I can kill them," he said.

"I love watching deer. I love seeing deer

### Prior to Deer Management Program

Deer Density	Estimated Deer/ Square Mile	
Huntley Meadow Park	90-114	
Riverbend Park	213	
Meadowbrook Gardens Pa	ark 90-115	
Bull Run Regional Park	419	
Fort Belvoir	90	

Source: Virginia Department of Game and Inland Fisheries

in my yard, but I want the habitat to support the deer. When I see deer coming up to the flowers right by the front door, I know they are starving."

The impact on shrinking understory in the woods and forest impacts more than pretty views, said Allison; it impacts birds and migratory patterns of birds as well as other wildlife.

Archery season is an effective way to reduce the herds, he said.

And archery is safe, according to Peters, Allison, and all data kept by Fairfax County, the state, and the state of Maryland.

No injuries have occurred to non-hunters because of bow-hunting, according to Fairfax and Montgomery counties. There are occasional injuries to bow hunters who fall from deer stands.

**ALLISON AND PETERS** have joined forces to try to institute Peters's program called Green Fire to cull deer in Great Falls.

Allison is gathering archers, and Peters is working to set up a database to track deer throughout Great Falls where landowners can add data, and a database that permits archers to know which landowners permit hunting on their properties.

"I'm going to set up a pilot program. ... It's been an obsession. It's almost like an intellectual puzzle," said Peters. "It's not about hunting and killing deer. I've come to really enjoy the challenge."

Christine Sullivan of Great Falls has made use of Green Fire's services.

"Seeing deer was nice initially, but then I noticed that all the foundation plants were being eaten," said Sullivan. "I was primarily using recommended lists of supposedly deer-resistant plants. ... Local landscape nurseries told me that there's hardly anything the deer would not eat if there are too many, or food is scarce."

Sullivan contacted Peters and Allison about hunting the deer in her yard.

"They showed me the well-worn deer trails and how the deer had completely eaten the understory of the forest. I started monitoring when and where I saw the deer to let Matt know where to best place his deer stand." Some of Sullivan's neighbors also gave Allison permission to hunt on their land

"What is not acceptable is to do nothing," said Canis. "Great Falls is a heavily wooded area, but in 20 to 25 years, the understory will be gone. That's not the legacy we want to leave behind."

## News

The VVFD 2015 elected officers are sworn-in by Vice-Mayor Edythe Kelleher.



Photos by Donna Manz/The Connection

## Vienna Volunteer Fire Department Honors Volunteers

o thank the multitude of community volunteers who contributed 29,000 hours of service in 2014 to the Vienna Volunteer Fire Department [VVFD], the department hosted an "appreciation" banquet on Feb. 7 in the station's Flame Room. More than 160 guests came to support award-winners, volunteers and new elected officials as they were sworn in by Vienna vicemayor Edythe Kelleher.

Of the record 29,000 service hours, 6,400 were performed by the administrative team, and 22,200 hours were performed by operations, supporting 24hour response service. In 2014, 14 first-responders signed off on new positions. Nine became EMTs, one became an aide, three signed off as drivers and one became a firefighter.

Life Members, reflecting more than 450 years of combined service, were recognized for their dedicated service, each contributing 20 years or more. Charles Singleton joined VVFD 62 years ago; George "Bill" Ellis joined 59 years ago and served as Chief for 21 years. Tom Bonner joined VVFD 53 years ago, as did Gerald Miller. Forty-eight years ago, Richard Savia joined VVFD, Lauris Eek joined 36 years ago and was Bingo Committee Chair for more than 20 years. Stan Ellis joined 28 years ago, and Marshall Potter, 27 years ago. Howard Springsteen joined the department in 1988, and acted as president for nine years, overseeing a \$3 million building renovation. Auxiliary president and canteen coordinator Joan Dempsey joined 22 years ago.

"Vienna is fortunate in having a number of these individuals," said Anthony Stancampiano, VVFD president. "We continually depend on them as a source of dedication, professionalism and direction within the Department."

**VVFD CHIEF** John Morrison presented Deputy Chief Jeff Snow with the Chief's Award, calling Snow his "right-hand" man. The Vera I. Lloyd Award President's Award was presented to Jane Towle by award namesake Vera Lloyd and Auxiliary president, Joan Dempsey. Life Member Tom Bonner presented Life Member Goldie Appleton with the Leon Freeman Award. Freeman founded the Vienna Volunteer Fire Department as a "bucket brigade" in 1903. The equipment was stored at what has become known as "Freeman House" on Church Street. Freeman served as



Award namesake Vera Lloyd and VVFD **Auxiliary President Joan Dempsey present** volunteer Jane Towle with the Auxiliary's Vera Lloyd President's Award.

Mayor of Vienna and delegate to the Virginia House of Delegates. Appleton has volunteered with the VVFD for 40 years.

The VVFD Auxiliary, a fundraising and support arm of the fire department in Vienna, presented the VVFD with a \$15,000 check.

Local businesses donated food and amenities; Desserts were donated by Sweet City Desserts; cupcakes were donated by Kim Sgueo; appetizers were donated by Whole Foods Vienna; table flower arrangements were donated by Karin's Florist; and event favors were donated by Blackfinn Ameripub. Purple Onion catered the banquet.

**TO LEARN MORE** about the services of the Vienna Volunteer Fire Department and to join, visit www.vvfd.org.

Donna Manz

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## OPINION

## Staying Ahead of the Feds

## The federal government is not always wrong. At the same time, the state government is not always right.

BY KENNETH R. "KEN" PLUM STATE DELEGATE (D-36)

he Virginia House and the Senate have penned similar but competing mid-point versions to the 2014-2016 biennial budget. These budgets will now go to a conference committee to work out differences in time for a Feb. 28 adjournment of the annual legislative session. With

both houses being under the same political party control, the differences are not great and will likely be easily reconciled.

Governor McAuliffe had proposed revisions to the Commonwealth's budget, but his recommendations were ignored in one significant way: his budget proposal included the expansion of Medicaid for the working poor, but the majority party in both houses adamantly oppose it. Had Medicaid expansion been approved, the state would have saved \$107,000,000 in state spending in FY 2016



#### COMMENTARY

alone and would have picked up \$482,300,000 in new federal money. The issue of this column is not Medicaid expansion, however, for which I have made my position known in several columns. Instead, I want to focus on the paranoia in Richmond over the actions of the Federal government that the opposition to Medicaid expansion reflects. That paranoia was reflected among other places

in a budget amendment in the House that provided that "no general or non-general funds shall be appropriated or expended for such costs as may be intended to implement any federal program or Presidential executive action calling for 'free' tuition at institutions of higher education." The amendment passed with my speaking against it, suggesting that we should at least see the new program before we decided to oppose it.

Virginia has a long history of opposing federal action. Going back to 1798, James Madison introduced the concept of interposition that the state could interpose itself between the federal government and the people when it deemed federal laws to be unconstitutional. Interposition or nullification has been used by many states to oppose federal actions on many issues. The Civil War was the most dramatic statement at attempted interposition.

n the 1950's, Virginia attempted to interpose itself against federal action to desegregate the schools. Its efforts through more than 40 lawsuits became known as "massive resistance", which of course ultimately failed.

The call has gone out once again for the need to protect ourselves against the federal government, particularly the Obama administration. Several bills, for example, were introduced this session to nullify actions of the Environmental Protection Agency in air and water quality regulations. Our Federal system with its checks and balances have worked well for many years to protect citizens from a run-away government. At the same time, it creates challenges for smooth operation. This continuing power struggle diverts attention from the real issues of our economy and society and leads to the frustrations that many feel with the operation or gridlock of government. The federal government is not always wrong. At the same time, the state government is not always right. The public expects that leaders work through these differences and that issues be resolved.

## Vienna & Oakton

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LETTERS TO THE EDITOR

## Outstanding Article, Outstanding Services

To the Editor:

Mr. (Kenneth) Moore's feature article ("Combining Health and Mental Health," Connection, February 11-17, 2015), which provided information concerning the Community Services Board (CBS) services to the Fairfax community was outstanding.

Prior to reading his article, I did not know such an organization existed. The CBS services, described in the article, provided by the leadership and staff are to be commended for helping so many people in need these last few years.

Having been involved on the staff of a state's Mental Health and Disabilities department in the midwest prior to moving to Fairfax County, mental health needs were ever growing in numbers. As pointed out in the article, "One in every five people live with a mental health problem...and twothirds go without treatment." This is alarming and most disturbing in

came from, the state's budget for Mental Health and Drug Abuse could not keep up with the demand and needs of its citizen, and this was back in the 70s.

Fairfax County is well known for outstanding services provided in our schools.

It is also encouraging to learn the county, under the directorship of Tisha Deeghan and her staff commits themselves in providing mental health services by letting us know "we are here (to serve) everybody." Thank you.

#### Ronald L. Baker Springfield

The writer is retired and was a former Budget officer for the State of Illinois, Dept of Mental Health & Disabilities including the Illinois Drug Abuse Program during the years, 1972-1976.

### Lack of Responsibility

The Connection's editorial last week ("Not the First or Only Time") about the FC police's decades' long refusal to allow the public access to internal investigatoday's society. From where I tions is timely and to the point.

Why has this posture been allowed to continue over the years? Because of the craven evasiveness of the FC Chairman and Board of Supervisors (FCBOS), with one or two honorable exceptions.

The obstructive Chief of Police has only been able continuously to obfuscate and to deny the public access to any of the internal reviews of the killing of unarmed civilians because the FCBOS has willfully and consistently avoided facing up to their responsibilities. Let us also remember that the Chief of Police reports to and is employed by the FCBOS. You would hardly think this was the case, given the vapid tone and content of Chairman Bulova's recent letter to the Washington Post mentioned in the Connection editorial, which somehow succeeds in placing her and her colleagues at a complete remove from events. Sadly, they are made to appear to be passive observers, not active participants, going along with the way the wind blows..

of leadership.

This is not to take an adversarial position against the FC police (except perhaps in the eyes of the

All most people want is to have basic accountability for actions taken by them. Asking for that is not to accuse or condemn. Indeed, it is something that I hope the huge majority of officers professionally and decently protecting the public every day and night would support.

Let's see Chairman Bulova and her Board finally step up to the plate in a responsible way. Handing everything over to a Senator and the Federal authorities is no way to run Fairfax County

John Hanley

### Failing in Their Duties

To the Editor:

I applaud your editorial on the Geer murder ("No Justification for Secrecy, Delay on Geer Shooting," Connection, February 4-10, 2015). The Connection has done yeoman's work in keeping this tragedy in front of the public, un-There are words for this. Lack like other newspapers which are johnnie-come-latelies.

> Our chairman and county Board of Supervisors have failed in their duty to oversee the Fairfax County Poice Department, except Pat

> > SEE LETTERS, PAGE 15

## PEOPLE

## McLean Native Serves Aboard USS Mustin

2010 McLean High School graduate and McLean native is serving aboard the U.S. Navy destroyer USS Mustin (DDG 89), living and working at the Navy's forward-deployed base south of Tokyo.

Ensign John Nowell is a surface warfare officer aboard the destroyer operating out of Yokosuka, which is located approximately 35 miles south of Tokyo and accommodates the United States' furthest forward-deployed naval forces.

An Arleigh Burkeclass guided-missile destroyer, Mustin is 509 feet long or more than 1 1/2 football fields. The ship is 66 feet wide, weighs more than 9,200

tons, and its four gas turbine engines can push the ship through the ocean at nearly 35 miles per hour. The ship is named in honor of the Mustin family, who has recorded a rich and honorable tradition of naval service, a family legacy to the Navy service that lasted from 1896 until 1989.

As a Sailor with numerous responsibilities, Nowell said he is proud to serve his country aboard a destroyer in Japan. He added that it is an exciting time to be in the military, and serving in the world's greatest Navy.

"I work on the really big, jet engines that power the ship," said Nowell.

Nowell also said he is proud of the work he is doing as part of the Mustin's 330-member crew, living thousands of miles from home, and protecting America on the world's oceans.

"The people are awesome and the experiences, such as traveling, are once in a lifetime for the average American," said Nowell. "Sometimes I will be doing something and then I pause and think whoa, this is amazing."

"Mustin is always where she needs to be when it matters. I am so proud of the utmost professionalism her Sailors display every day," said Cmdr. Joseph A. Torres, Jr., the ship's commanding officer. "Their honor, courage, commitment, and selfless dedication to the Navy are truly motivating."

a forward-deple heavily relied up and defend An world's oceans. "I love all the travel and moving the new provides," a pretty good limit to the Navy are truly motivating."

Approximately 40 officers and 290 enlisted Sailors make up the



Рното сонтя

Ensign John Nowell, a 2010 McLean High graduate.

ship's company and helicopter detachment. Their jobs are highly specialized and keep each part of the \$2 billion destroyer running smoothly — this includes everything from washing dishes and preparing meals to maintaining engines and handling weaponry, as well as conducting helicopter flight operations.

Fast, maneuverable, and technically advanced, destroyers provide the required warfighting expertise and operational flexibility to execute any tasking overseas. With multi-mission capabilities in surface warfare, anti-submarine warfare, anti-air warfare, ballistic missile defense, and humanitarian assistance, Arleigh Burke destroyers excel as the Navy's premier fighting warship.

Assigned to U.S. Seventh Fleet, Mustin sailors are continuously on watch throughout the Indo-Asia-Pacific region, acting as America's first responders in that part of the world.

As a member of one of the U.S. Navy's most versatile combat ships, Nowell and other Mustin sailors understand they are part of a forward-deployed team that is heavily relied upon to help protect and defend America across the world's oceans.

"I love all the opportunity for travel and moving around that the Navy provides," said Nowell. "It's a pretty good lifestyle."

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Generating local content daily for print and online, including calendar & entertainment listings, news briefs, crime reports, business briefs, school and education notes, faith notes, photo galleries, etc.

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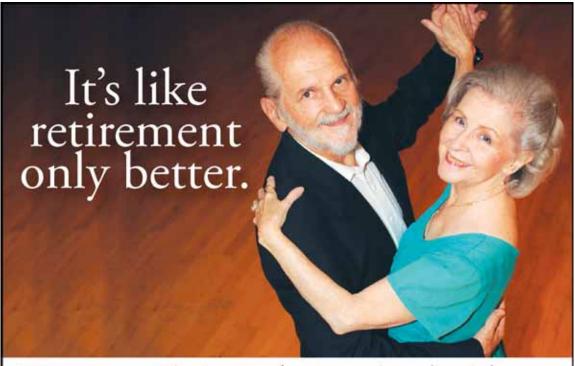
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John and Rarbara Tate were married almost 60 years ago. As for memories, there are "too many." But, sailing the Aegean Sea in a tall ship for their 45<sup>th</sup> anniversary stands out in their minds. "That was very romantic," John Tate said. "Watching the sea going by."

**Emmanuel Lutheran Church** 

#### PHOTO CONTRIBUTED

## Seniors Celebrate Valentine's Day with Dinner and Dance

**Town Recreation** Department and SCOV partner at Vienna **Community Center** 

The Tallwood

pop and stan-

Trio played

dards for

guests to dance to or

just enjoy

listening to.

ore than 120 "seniors" filled the auditorium at a Valentine's Day dinner-dance on Feb. 13. The event was sponsored by the Town of Vienna Department of Parks and Recreation in partnership with Shepherd's Center of Oakton-Vienna [SCOV].

The Tallwood Trio played pop couples danced. They boogied to "Bad, Bad Leroy Brown" and held each other close to "Embraceable You," some men mouthing the words as they danced.

Teens from the Church of Latter Day Saints and from the commuthe lasagna dinner and cleaned up. came over by bus. Sunrise Assisted Living residents



Peggy Brumstead, Vienna, was married for 48 years. She said there were "so many" memories. music and standards and many Brumsted recalled living in Australia in 1954 when her husband worked for the State Department. They were presented to the newlycrowned Queen of England, Elizabeth. She calls her four years living there "very exciting," including the three-month voyage from London to Melbourne.

The idea for a Valentine's Day reation program director for the

contacted Michelle Scott of SCOV and invited SCOV members to participate.

"It's a good chance for seniors to nity center's Club Phoenix served from Fair Oaks, Reston, and Fairfax dinner and dance for seniors was get out and socialize with others, Kathy Blevins'. Blevins is the recespecially during this time of time when they feel cooped up from the

Judith Lamont and Patrick McDermott married

include traveling the Yucatan peninsula, and all

Vienna Community Center. She

25 years ago. Their most romantic memories

their travel and adventures together.

cold weather," Blevins said. about the programs and to regis-The Vienna Community Center ter. To discover the many programs holds ongoing and special events SCOV offers, visit www.scov.org. for seniors throughout the year. Go —Donna Manz

Estelle McNeil was married for 57 years. The couple wed in Boston during a big snowstorm on Feb. 13, 1955. "Today would have been 60 years," McNeil said. "Everything was special." McNeil has words of wisdom for her peers and younger people: "Every day you get out of bed is

#### Volunteers Events and Opportunities

**Caregiver Telephone Support Group** will discuss using the Internet to help with caregiving on Tuesday, March 10, 7-8 p.m. Register atwww.fairfaxcounty.gov/dfs/ olderadultservices/caregiver.htm. tions. Call 703-324-5484, TTY 711

The Wakefield Senior Center www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Fairfax County's free Family Active Adults in Alexandria needs instructors for Mosaic Art and Jewelry Making. For these and other volunteer opportunities, call703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/ olderadults and click onVolunteer Solu-

The Mount Vernon Adult Day in Annandale needs volunteer Bilin- Health Care Center in Alexandria gual English/Spanish activity leaders, needs volunteerEnglish and Spanishopportunities, call 703-324-5406, www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions. visit click on Volunteer Solutions.

structor. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/ olderadults and click on Volunteer Solu

The **Lewinsville Senior Center** in McLean needs an office assistant and instructors for: Current Events, Knitting/ Crocheting, Certified Arthritis Exercise, Ballroom Dance, Square Dance, a Canasta Player to lead a group and speaking social companions, a volunteer and Tai Chi. For these and other certified instructors for classes in pianist, and front desk volunteer. For volunteeropportunities, call 703-324- Korean-speaking volunteers to deliver Dance. For these and other volunteer call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadultsand Church. For these and other

The **Hollin Hall Senior Center** in needs drivers in Falls Church to deliver click on Volunteer Solutions. Alexandria needs a DJ, a ballroom meals. Speaking Vietnamese is not re-The **Kingstowne Center for** danceinstructor to teach a class on quired. For these and other volunteer

Thursday afternoons, and an Italian in- opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/

> The Gum Springs Senior Center in Alexandria needs a Spanish teacher. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

volunteeropportunities, call 703-324-5406, TTY 711 or visit Vietnamese Meals on Wheels www.fairfaxcounty.gov/olderadultsand

Chantilly and McLean. Substitute click on Volunteer Solutions driversneeded throughout the county. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults

an adventure."

The **Annandale Adult Day Health** Care Center in Annandale needs Spanish-speaking social companions and a lunch assistant. For these and other volunteeropportunities, call 703-324-**Korean Meals on Wheels** needs 5406, TTY 711 or visit www.fairfaxcounty.gov/olderadultsand

> **Fairfax County needs volunteers** ment or just have coffee with a friend. to drive older adults to medical ap- Volunteers visit and oversee the safety pointments and wellness programs. For of the older adult for a few hours each these and other volunteer opportunities, month. Contact Emmy Thompson at call 703-324-5406, TTY 711 or visit 703-324-7404, TTY 711, www.fairfaxcounty.gov/olderadults and orMaura.Thompson@fairfaxcounty.gov.

The Sully Senior Center in Centreville needs a certified personal trainer, preferably with experience working with older adults. For these and other volunteeropportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/ olderadultsand click on Volunteer

Respite Care volunteers give family caregivers of a frail older adult a shopping, attend a doctor's appoint

### Vienna Church Takes Ash Wednesday Message Outdoors On Ash Wednesday, Feb. 18, seeks to reach those who have

Emmanuel Lutheran Church lost their connection to a church will be offering Ashes and and provide them with an op-Dashes, a new approach to a portunity to reconnect, and centuries-old Christian tradition, in its church parking lot (at participated before. 2589 Chain Bridge Road) from

Emmanuel is part of a new naclergy and lay people stepping outside of churches to mark the foreheads of interested passersby in parking lots, at transit centers and on street corners with examining their humility and

mortality, and seek renewal. In the Christian tradition, Ash fast pace of our daily lives." Wednesday marks the start of

reach people who have never "Ashes and Dashes is about bringing the important traditions

of our faith out from behind tionwide movement that has church walls and into our daily routine," says Pastor Mark Edwards, who is introducing the ministry this year. "People are busy, and we need the church to evolve in new and non-traditional ashes and encourage them to ways if we ever hope to reach gain a better sense of self by those who don't regularly attend worship services. Everyone needs reminders of forgiveness in the

Contact Emmanuel's church the holy season of Lent, a time office for more information for reflection and repentance in about Ashes and Dashes at 703preparation for the celebration 938-2119 or visit their website, of Easter. Ashes and Dashes www.elcvienna.org.

#### Week in Vienna

### Vietnam Veterans to Discuss 'No One Left behind' Program

Chapter 227, Vietnam Veterans of America Inc., invites all veterans, friends, and the general public to attend the March 19, chapter meeting at Neighbor's Restaurant, 262D Cedar Lane, Cedar Lane Shopping Center, Vienna, at 7:30 p.m. Matt Zeller, an Afghan army veteran, will discuss his program, "No One Left Behind" to bring Afghan and Iraqi citizens who served as U.S. military unit language translators to the U.S. Their life-saving service has placed them and their families on enemy "death list." Admission is free. For information, call Len Ignatowski at 703-255-0353 or email grunt69@gmail.com or visit the web page at www.vva227.org.

The membership serves as a "Fire Support Base" for veterans who are seeking closure on their Tour of Duty and a renewal of their Vietnam camaraderie. The chapter supports veterans' activities and non-veteran community projects.

### Vienna Babe Ruth Online Registration Open

Vienna Babe Ruth has unveiled a new website along with a new online registration system. Vienna-area ballplayers ages 13 to 19 can register now for the Spring 2015 season. Go to GVBR.org and click on the red "Register Now" button. Play ball!





## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

MADCH

ı	MAKCH
	3/4/2015Wellbeing
	3/11/2015HomeLifeStyle Real Estate Pullout
	3/18/2015A+ Camps & Schools
	3/25/2015Spring Fun, Food, Arts & Entertainment
	FCPS Spring Break 3/30-4/3

**APRIL** .Wellbeing – Senior Living Pullout Easter Sunday is April 5 4/8/2015... ..HomeLifeStyle 4/15/2015.. ..A+ Camps & Schools 4/22/2015.... ..Real Estate Pullout – New Homes 4/29/2015A+ Camps & Schools Pullout 4/29/2015...Mother's Day Celebrations, Dining & Gifts I

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## **2ND ANNUAL**Boys & Girls Club Fairfax Casino Night

#### Friday, March 6, 2015

#### The Ritz-Carlton, Tysons Corner



The Boys & Girls Clubs of Greater Washington/Fairfax Region help hundreds of at-risk youth every day right here in Fairfax County.

#### Casino Night is a fun-filled evening featuring:

- Full complement of staffed gaming tables including Texas Hold 'em, Black Jack and Craps, Roulette
- Fabulous dinner buffet \* open bar \* amazing raffles, live and silent auction
- Celebrity Emcee with music and dancing.

#### The Ritz-Carlton, Tysons Corner

1700 Tysons Boulevard, McLean, Virginia 22102 • On the Silver Line

Tickets: www.bgcgw.org/fairfax/casino-night/



We invite your organization to consider sponsorship opportunities for our 2nd Annual Boys and Girls Clubs of Greater Washington, Fairfax Region Casino Night.

The Boys & Girls Clubs of Greater Washington/Fairfax Region help boys and girls of all backgrounds build confidence, develop character, and acquire skills fundamental to becoming productive, civic-minded, responsible adults.

BGCGW provides a safe and positive environment for our youth.



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#### WWW.ALDENTHEATRE.ORG

### CALENDAR

Send announcements to north@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

#### THROUGH WEDNESDAY/MARCH 11

Ice Skating at Tysons Corner Center. Monday-Thursday, 11 a.m. - 9 p.m.; Friday-Saturday, 11 a.m. - 11 p.m.; Sunday, 11 a.m. - 7 p.m. Tysons Corner Outdoor Center, 1961 Chain Bridge Road, Tysons. Adults,\$10; Child/Senior/Military, \$9; Skate Rental, \$6; Group of 10+, \$12 and includes skates

#### THURSDAY/FEB. 19

**Reading Buddies.** 4:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Beginning readers practice reading to teens.

**Open Mic Night.** 9 p.m. Old Brogue, Village Centre, 760 Walker Road, Great Falls. Come flaunt your talents with Dusty Rose You can sign up on Dusty Rose's Facebook page.

#### THURSDAY-SATURDAY/FEB 19-21

"Big Fish." 7 p.m. McLean High School, 1633 Davidson Road, McLean. Follow the fearless Edward Bloom as he pursues the woman of his dreams, fights magical creatures, and learns that fatherhood may be the biggest challenge of all. Complete with juggling, silk dancing, and thrilling dance numbers, McLean's "Big Fish" is a show you will not want to miss! mcleandrama@gmail.com. Additional 2 p.m. show timing on Feb. 16, 21, 22.

#### FRIDAY/FEB. 20

Concert: HAPA. 8 p.m. Wolf Trap, 1635 Trap Road, Vienna. 8 p.m. With songs ranging from ancient chants to contemporary Hawaiian tunes, it's no wonder the L.A. Times calls HAPA's music "beautiful, fragile, spiritual, and powerful," all at once. Tickets \$25-30.

Playdate Café. 10 a.m. Great Falls Library, 9830

Playdate Café. 10 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Toys and playspace for children. Coffee and conversation for grownups.

**Drop-In Chess.** 3:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Drop in and play chess. All skill levels and ages welcome.

Scott Ross. 9 p.m. Old Brogue, Village Centre, 760 Walker Road, Great Falls. Come listen to the music of Scott Ross.

#### SATURDAY/FEB. 21

Rain Arbo and Daisy Mayhem. 8 p.m. McLean Community Center, 1234 Ingleside Avenue, McLean. Described by The Boston Herald as one of "America's most inventive string bands," will lead lucky audience members in a bona fide revival when they bring "American Spiritual." Tickets are \$30, \$20 for McLean tax district residents.

Artist Reception. 5:30-8:30 p.m. Frame Factory, 212
Dominion Rd, NE, Vienna. An artist reception for local artist, Thomas Xenakis. The show, Something Different.....
Something New, will feature paintings and drawings of landscape and still life subjects. The show will be on display from Feb. 16-March 28. There is a slide show of Xenakis' paintings at http://www.theframefactory1.com

52nd Music Contest. 12:30-4 p.m. Assembly of God Church, 100 Ayrhill Ave., N.E., Vienna. The Vienna Host Lions Club will hold its 52nd annual James A. Bland Music Contest which is open to vocalists and instrumentalists from area middle and high schools. Each contestant will have up to eight minutes to perform, with awards announced at 4 p.m. Registration deadline is Feb. 16. Also, this is a free concert for the general public to attend. For information and/or application, email sandcs89@yahoo.com or call 703-938-1142.

Pocket Band. 9 p.m. Old Brogue, Village Centre, 760 Walker Road, Great Falls. Come and experience the very popular Pocket Band.

#### SUNDAY/FEB. 22

**"My Funny Valentine."** 3-5 p.m. The Alden, 1234 Ingleside Avenue, McLean. Admission: \$15 couples/\$8 singles.

#### MONDAY/FEB. 23

Preschool Storytime. 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Join us for stories, songs and activities. Ages 3-5 with adult.

Kids Book Club. 5:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Call branch for title. Ages 8-12.

#### TUESDAY/FEB. 24

**Chita Rivera.** 7:30 p.m. Come celebrate the one and only Broadway legend Chita Rivera in a unique solo concert event celebrating her 80<sup>th</sup> Birthday, coming to The Alden in McLean for one night only. Tickets and more information at www.aldentheatre.org or 703-790-0123.

Concert: Bettye LaVette. 8 p.m. Wolf Trap, 1635 Trap Road, Vienna. 8p.m. Dubbed the "High Priestess of R&B," this sizzling soul singer turns up the heat with her soaring voice that made "My Man - He's a loving' Man," a Top 10 hit (The Huffington Post.) Tickets \$45-48.



Members of the Vienna Arts Society celebrate Valentine's Day and the Carnival Season at the Vienna Art Center with colorful original art at 115 Pleasant Street, NW, Vienna VA 22180; 10 a.m. - 4 p.m., Tuesdays - Saturdays, Feb. 17 - 28. Pictured is "Vienna Presbyterian Church," acrylic, by Bob Magneson.

#### WEDNESDAY/FEB. 25

Concert: Kat Edmonson. 8 p.m. Wolf Trap, 1635 Trap Road, Vienna. With special guest Robert Ellis. Float away on the sweet, jazzy vocals of this singer/songwriter cherished for her vintage pop and "timeless-sounding voice." (NPR). Tickets \$25-30.

Animals Underground. 10:30 a.m. Dolley Madison Library, 1244 Oak Ridge Ave., McLean. An exploration of critters that spend their lives underground. Presented by Riverbend Park. Ages 3-5 with adult.

#### FRIDAY/FEB. 27

Concert: John Eaton. 8 p.m. Wolf Trap, 1635 Trap Road, Vienna. 8 p.m. Renowned pianist, vocalist, musicologist, and humorist delivers rendition of cherished American songs. Tommy Cecil, Bass. Tickets \$25-27.

Ice Skating. 3:30 - 10 p.m. Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean.

#### SATURDAY/FEB. 28

Mardi Gras Gala. 8 p.m. American Legion Post 180 Patriot Hall, 330 N. Center Street, Vienna. Music by Terry Lee Ryan (New Orleans' own). Heavy Hors D'oeuvres Costumes optional. Prize for best costume. Tickets: \$35 can be purchased at Post 180 or Online at http://Legion180.net Open to the public.

Concert: Big Sam's Funky Nation. 8 p.m. Wolf Trap, 1635 Trap Road, Vienna. 8 p.m. Join these New Orleans "hot purveyors of funk, (Miami News Times) for urban funk electrified by distinct trombone riffs and rhythmic, jazzy beats. Tickets \$24.

#### SATURDAY/MARCH 7

Pancake Breakfast. Vienna Volunteer Fire Department, 400 Center Street South, Vienna. 8 a.m. - Noon. All you can eat pancakes, sausage, bacon, juice and coffee. Adults \$8, Seniors 65+ \$7, Children under 12 \$6, Children under 4 free. There will also be tours of the fire equipment available. All proceeds go to the Vienna Volunteer Fire Department to assist in purchasing life saving fire equipment. Come have a delicious breakfast, spend time with the members of the VVFD and the community. For more information contact: Joanie@vvfd.org

#### ONGOING

**Tai Chi Beginners' Practice.** Through March 21. Free Tai Chi beginners' practice. Open to all. Every Saturday, 8-9

St. Luke's Catholic School Gymnasium, 7005 Georgetown Pike, McLean.

Free Comedy Showcase. Thursdays 8:30 p.m., at Kalypso's Sports Tavern, 1617 Washington Plaza N., Lake Anne Village Center, Reston. Kalypso's hosts weekly comedy shows that feature some of the best national touring and local comedians in the area. Free of charge.

## ENTERTAINMENT

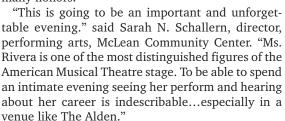
## 'A Legendary Celebration' in McLean

Dancer, actress and singer Chita Rivera to perform at the Alden Theatre on Feb. 24.

BY DAVID SIEGEL The Connection

legendary talent will soon arrive at the Alden Theatre to entertain and enthrall; the incomparable dancer, actress and singer Chita Rivera.

In her six decade career, Rivera has been honored with two Tony Awards as Best Leading Actress in a Musical and six additional Tony nominations, received a Kennedy Center Honor for her lifetime contributions to American culture and a Presidential Medal of Freedom among many honors.



It will be a special concert celebrating a career that includes iconic American Broadway musicals such as "West Side Story," "Chicago," "Kiss of the Spider Woman" (Tony Award); "Bye, Bye, Birdie" and "The Rink" (Tony Award). Another theater award Rivera received was a 2009 Washington, D.C. Helen Hayes for her performance in the musical "The Visit" produced at Arlington's Signature Theatre. Rivera's onewoman tour-de-force concert at the Alden will include live musical accompaniment.

In a phone interview, Rivera described her upcoming concert as "an evening with good friends getting together in a living room away from stresses of the day. I will be telling stories, talking with the audience, sharing things, with plenty of wonderful songs."



PHOTO BY LAURA MARIE DUNCAN/COURTESY OF MCLEAN COMMUNITY CENTER

Chita Rivera

#### Where and When

'Chita Rivera: A Legendary Celebration" at the Alden McLean. Performance: Tuesday, Feb. 24, at 7:30 p.m. 0123 or visit http://mcleancenter.org

darker, many immediately recognizable and others to be savored if new to the audience. Songs expected will be from composers and lyricists such as John Kander and Fred Ebb, Leonard Bernstein, Stephen Sondheim, Jerry Herman and those from American musical theater.

A live performance "can bring surprises." noted Rivera. "And the music can make the audience just soar. Lyrics and melodies can help bring memories of times that are familiar come to life. The audience can reminisce and get away.

"I want the audience to be entertained; so they just enjoy themselves with a live theater performance," added Rivera.

Rivera returns to Broadway to star in the Broadway premiere of the musical "The Visit" opening in late March. Perhaps hear some songs before Broad-The songs will be a playlist of the upbeat and the way audiences do. Can't do better than that.

Theatre, McLean Community Center, 1234 Ingleside Ave, Tickets: \$75/\$45 (MCC district residents). Call: 703-790-



McLean

Center

Community

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Here's What's

Happening at MCC

**Old Firehouse Teen Center Dinner & A Show featuring** 

the Alden's Unruly Theatre

Friday, Feb. 20, 7-9 p.m.

Dinner for sale; show is free

Onstage @ The Alden

Rani Arbo and daisy mayhem

"American Spiritual"

Saturday, Feb. 21, 8 p.m.

\$30/\$20 MCC district residents

McLean Kids Performance Series

Theatreworks USA's

"Fly Guy & Other Stories"

Sunday, Feb. 22, 2 p.m.

\$15/\$10 MCC district residents

Sunday Soirée Series

"My Funny Valentine"

Sunday, Feb. 22, 3-5 p.m.

\$15 couples/\$8 singles

**Chita Rivera:** "A Legendary Celebration"

Tuesday, Feb. 24, 7:30 p.m. \$75/\$45 MCC district residents

Take a Day Away! 2015 Philadelphia Flower Show

Monday, March 2, 6:45 a.m.-8 p.m. \$134/\$129 MCC district residents

Onstage @ The Alden **Les Ballets Trockadero** de Monte Carlo

Thursday, March 5, 7:30 p.m. \$50/\$40 MCC district residents

The McLean Community Center www.mcleancenter.org Home of the Alden Theatre

www.aldentheatre.org



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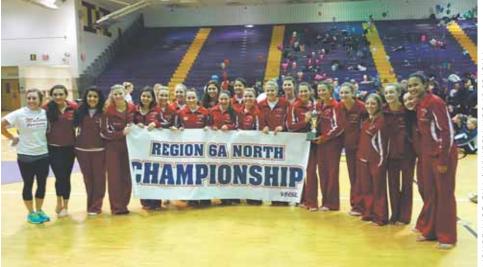
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## Sports



The McLean gymnastics team won the 6A North region championship on Feb. 11 at Lake Braddock Secondary School.



McLean gymnast Lizzy Brown-Kaiser, left, placed fourth and qualified for states in the all-around during the 6A North region meet on Feb. 11.

## McLean Gymnastics Wins 6A North Region Championship

Oakton's Weaver places seventh on beam qualifies for states.

> By Jon Roetman The Connection

he McLean gymnastics team's quest for a region title got off to a less-than-ideal start, with the Highlanders failing to match rival Washington-Lee's score on beam during the first rotation of the 6A North region championship meet at Lake Braddock Secondary School.

McLean had finished region runner-up behind W-L each of the last three seasons. But after their early mishaps on beam, the Highlanders left no doubt who was No. 1 in 2015.

McLean captured the region team championship on Feb. 11, finishing more than three points ahead of the field. The Highlanders produced a score of 144.425, followed by runner-up Battlefield's total of

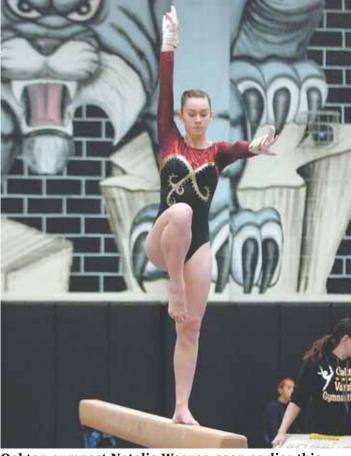
"It feels amazing," McLean head coach Courtney Lesson said. "They've wanted this for so long."

After winning three consecutive region titles, Washington-Lee placed third with a score of 139.525 and failed to qualify for states.

"If you looked at the individuals, there were only one or two [Battlefield] kids up on the medal (stand)," W-L head coach Joe D'Emidio said, "but they had better depth than we did."

After producing a score of 34.575 on beam, which ended up third behind Battlefield and W-L, McLean turned in the top score in each of the final three events.

Beam, we started off a little rocky, but I think that was kind of a good wake-up call for us," McLean senior Lizzy Brown-Kaiser said. "It told us, look, we have to really get our heads in it and put everything into this meet and we did. We came back really strong on floor and that just set the tone



Oakton gymnast Natalie Weaver, seen earlier this season, qualified for states on beam with a seventhplace finish (8.9) during the 6A North championship meet on Feb. 11 at Lake Braddock.

for the rest of the meet for us."

Brown-Kaiser led McLean with a fourth-

place finish (36.95) in the all-around, which

qualified her to compete at the state meet.

W-L senior Sophie Hatcher won the all-

around with a score of 37.65, followed by

Yorktown freshman Bella Kane (37) and

Hayfield junior Molly Overstreet (36.975).

last year's all-around champion, attended

this year's region meet but did not compete.

Burgess said her club coaches (Apollo Gym-

Brown-Kaiser tied for third on bars (9.05),

Brown-Kaiser was named the region's

placed fourth on floor (9.575) and beam

nastics) did not want her to compete.

(9.075) and eighth on vault (9.3).

South County sophomore Collea Burgess,

Most Outstanding Senior.

"She did a great job," Lesson said. "She's a really great leader on the team. I couldn't be more proud. She really deserved that award. She cheers for everyone. Even other teams, she's always out there cheering for

McLean's Jacqueline Green placed sixth in the all-around (36.475), including second-place finishes on vault (9.55) and floor

McLean's Carolyn Brown-Kaiser qualified for states on vault, placing eighth with a

Herndon's Alexa Bradley, who won the Conference 5 all-around title, qualified for states on bars (sixth, 8.9) and floor (9.4).

Herndon gymnast Alexa Bradley, seen earlier this

season, qualified for states on bars and floor during the 6A North championship meet on Feb. 11 at Lake Braddock.

cluded a Conference 6 championship and a 6A North region title. Now they will compete for a state championship.

The state meet is scheduled for Feb. 20-21 at Patriot High School.

out well."

"That would be amazing," Lesson said about potentially winning conference, region and state titles this season. "It's just all about hitting your routines - getting all your bo-

"I didn't think I was going to make it be-

cause last year I didn't make it," Bradley

said. "... [I learned] not to put so much pres-

sure on myself because there are so many

good girls here. I just had fun and it turned

The Highlanders' 2014-15 season has in-

score of 9.3.

nuses connected and hitting each event."



## Black History Month Celebrations

## Local students learn about the history and accomplishments of African-Americans.

BY MARILYN CAMPBELL The Connection

ourth grade student Eli West crafted a poem this month that was modeled after Martin Luther King, Jr.'s famous, "I Have a Dream" speech. As part of February's month-long celebration of the history and culture of African-Americans, fourth grade students at Norwood School in Bethesda, Md., wrote and delivered poems reminiscent of the speech that the famous civil right leader delivered in 1963. The students also delivered their verses before Norwood's lower school community.

"I learned more about Martin Luther King, Jr. I learned that he was a very spiritual man," said West.

The exercise was part of a broader lesson in honor of Black History Month, a time when students learn about the history of African-Americans as that history is incorporated in to the overall curriculum of many schools. From concerts to school projects, there are opportunities to join the month-long celebration.

"Black History Month is a time to honor the accomplishments of the African-American men and women who have made contributions to the world in spite of the injustice they faced," said Sandi Hannibal, Director of Multicultural and Ethical Education at Norwood School in Bethesda, Maryland. "One might ask why it is necessary to highlight these accomplishments in 2015. After all, we have lived through the Civil Rights Era and the Civil Rights Act was



PHOTO COURTESY OF NORWOOD SCHOOL

after Martin Luther King, Jr.'s "I Have a Dream" speech and recited them at a school assembly.

passed in 1964. We have a black president. We have made so much progress. All of this is true, but in some schools the contributions and accomplishments of African-Americans are not woven into the overall curriculum, so it is important that Black History Month provides an opportunity to learn about prominent African-Americans in a very intentional manner."

Some educators are encouraging students to take time to ponder the history of African-Americans. "It's more than just the Jim Crow Laws. There're a whole host of things that African Americans have done," said Lisa Styles, school counselor at Arlington Public School's Career Center in Arling-

St. Stephen's & St. Agnes School, in Alexandria, will host a Middle School Student Diversity Conferare. We want to expose kids to the ideas of identity, inclusive behavior, and respect, and to let them

> know that what they feel matters," said KiKi Davis, St. Stephen's & St. Agnes School director of multicultural education, diversity, and equity initiatives. "We want to give them tools to become leaders in their own schools, and it starts with being able to talk about diversity and social justice issues at their developmental level. What it looks like to them, in their lives, at this age."

St. Andrew's Episcopal School in Potomac, Md., hosted a regional diversity conference earlier this month called "Diversity in the DMV" Conference. More than 200 representatives from independent schools in the District of Columbia, Maryland and

Virginia explored some of the tools needed for cross-cultural under-

### Black History **Month Celebration** Concert

Saturday, Feb. 21, 11a.m. at the GMU Center for the Arts, Fairfax. \$5 for children, students and seniors; \$10 for adults. For tickets, call 888-945 2468 or visit http://cfa.gmu.edu/ calendar/1830/. For program questions, call 703-993-9889

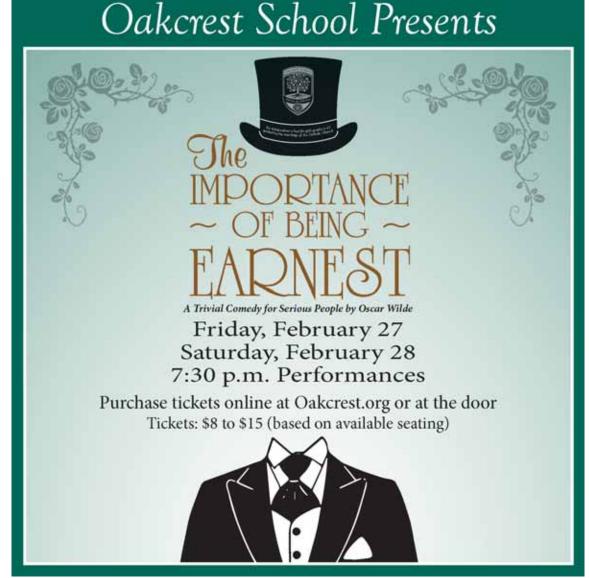
Among the observances in Fairfax County Virginia, George Mason University Potomac Arts Academy and George Mason University School of Music will present a Black History Month celebration concert on Saturday, Feb. 21, called, "The Dream Lives On."

The Mason Wind Symphony and Vocal Studies Students, Mason Spiritual Ensemble will join local church choirs and elementary school choirs in a performance of gospel, spirituals, jazz and original compositions. The concert is designed to honor the legacy of Martin Luther King, Jr. and other African-American leaders.



ence on Friday, Feb. 20.

"Students at the middle school age are trying to learn who they





## Real-Time, Really Late

By KENNETH B. LOURIE

I'm not a night owl. More of an early bird, worms notwithstanding. But given the contents of last week's column, "Scantsy," I find it difficult to write about anything else while waiting for the results of my CT Scan. I mean, nothing matters more than these results in determining my next course of treatment/quality of life/life expectancy, so to pretend otherwise is a bit naive; and expecting a sound sleep is equally challenging, so here I am, 2:04 A.M., early Sunday morning, February 15th.

I can take it, really. I can function. You couldn't tell by looking at me or talking to me to know that I think my life may hang in the balance. After nearly six years of scanning and waiting, I've found my level. I'm not morose or depressed or preoccupied, but I am something. Stuck in a kind of neutral, sort of. And though I am still positive about this negative, to say I can joke about it/be dismissive about it, or be unaffected by the potentially hugely complicated result as yet unknown, would be a bit presumptuous on my part and define "naive" in an entirely new

Certainly I understand that cancer is a disease and not necessarily impacted by my hopes and prayers; still, I've never wanted to be disrespectful of it. I've never spoken or written arrogantly about any success I've had combating this terrible disease any more than I would kick a man when he's down. If, for the time being, cancer is not having its way with me, and I am able to semi go about my regular business – until the next CT Scan three months hence that is, then I am one lucky son-of-a-gun and humbled by my amazing good fortune. And until I know the results - definitely by my next appointment on Friday, February 20th, I am sleeping at night only intermittently and living my days fatigued by the lack of sleep accumulating from the previous nights before. I'm not complaining. I'm just saying why it's 2:34 A.M. and I'm sitting on the edge of my bed hunched over and scribbling into this notebook.

The related problem is the speculation; being able to leave well enough alone, if it is well enough. And therein lies the dilemma. Somewhat surprisingly, my scheduled infusion went in as scheduled this past Friday. Typically, if there had been a change for the worse, treatment would have been delayed until my next appointment, where the oncologist and team Lourie would discuss the options. But that didn't happen. Does that mean that my scan results were still encouraging and thus there's no reason to change, or was it too close to the appointment to bother stopping and restarting again, if in fact that was our decision? Maybe? Perhaps? What if? What do I know? More importantly: What does my oncologist

So we wait. I'm not happy about it, but I am used to it. And even my wife, Dina, has gotten used to the delay; my brother, Richard, also. Still, it doesn't make it any as odd as that may sound. Just familiar. I wish there were a different means to this madness, but apparently there isn't. Cancer rules, and I'm here to play fair – out of respect.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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## Helping Keep Faith Communities Safe

airfax County Police are implement ing a new program, modeled after Neighborhood Watch, that aims to help keep houses of worship safe and crimefree. "Worship Watch" is intended to encourage congregants to become more involved in reducing the opportunity for crimes to occur on facility premises. Congregants, as well as neighbors of houses of worship, will learn how to be more aware and the importance of speedy reporting of any suspicious activity.

Houses of worship are not immune to criminal activity. More common crimes that are targeted towards them include larceny, burglary, vandalism and arson.

Fairfax County Police are hosting their first Worship Watch workshop, free of charge, on Saturday, Feb. 28, from 8 a.m.-12:30 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax, Room 102 C.

Workshop attendees will receive crime prevention training, facility security assessments, information on how to receive crime alerts and community information, and other valuable crime prevention tools.

The meeting is open to all, and is aimed towards anyone who is interested in learning how to help keep Fairfax County safe.

RSVP to attend this meeting by emailing Crime Reston Prevention Office; Katy. Defoe@Fairfaxcounty.gov . Questions may be directed to 703-478-

### Letters

From Page 6

Herrity who seems to have spoken out against this scandal early. The "blanket approach" to deny FOIA requests you mention is simply a policy. Policies are guidelines for what should normally be done; they are not a legal requirement and can be changed with a stroke of the pen by the FCPD either on its own or at the direction of the Board of Supervisors.

I hope you will call for the resignation of the chief of FCPD; oppose reelection of the chairman and Board of Supervisors, less Herrity; oppose re-election of our Commonwealth's Attorney; and payment of the \$12M to Geer's estate.

The chief has condoned a cover-up and our elected officials have failed in their duties. The \$12M should come from the budget of the FCPD and our Commonwealth's Attorney, and foreclose raising the pay of the chairman and Board of Supervisors based on their inexcusable handling of this affair.

**Mike Shumaker** 

Fairfax

## News



Architect Peter Henry was the event's guest speaker and helped educate the audience on just how energy is lost in a typical home. Henry offered suggestions on how to improve the situation and showed photos and drawings of the Passive energy home that he and his company, Peter Henry Architecture, just designed.



Architect Peter Henry and seminar host and presenter Rich Taschler showed the differences between standard wall construction and the super-insulated double wall/staggered stud method of framing that conserves a homes energy using a few handy props.

## Super-Insulation Talk Attracts Homeowners

## How to lower electric, gas and water bills?

By Andrea Worker The Connection

he Rose Gallery at Reston Community Center at Lake Anne in Reston was the venue for a well-attended presentation by Rich and Marian Taschler on proper home insulation and its mostly unknown benefits. The program was offered under the auspices of Osher Lifelong Learning Institute (OLLI) at George Mason University. OLLI is a nonprofit organization founded to provide non-credit academic courses, special events and cultural activities for a mature adult membership, but the topic under discussion on Feb. 11 was of interest to any homeowner looking to lower those electric, gas and even water bills.

**THE TASCHLERS** are members of OLLI. Labeling themselves as "Those two ancient middle-aged teenagers," the tandem bicycle riding couple from Burke bought a 2-year-old house in that area back in 1975. "That was in the days of the '73 energy crunch," Rich reminded the audience. "Energy prices

Larry Cereghino represented the Osher Lifelong Learning Institute and gave the welcoming address. After the seminar he joined super-insulated homeowner Marian Taschler for some chatting with other members.

were insane. Everyone was buying electric heaters as their solution. To me, that was addressing the effect. I wanted to go after the cause of heat loss in the house." The main cause turns out to be inadequate insulation. "With the standard 2x6 studded wall construction method, so much of the heat in a house is lost, because wood conducts heat, and this method creates micro channels where the heat escapes," explained Rich.

It took a lot of research and contact with experts from far afield – after all, Rich Taschler worked for the Department of Justice. He was a math major, not an engineer. But by 1976, the Taschlers were ready to start retrofitting their house. Over the

course of seven years, working on 1 or 2 rooms each year, they removed the drywall and re-framed the rooms with the innovative "double wall with staggered studs" method. The result? When the project was completed in 1983, Rich Taschler switched off the furnace in his house - and immediately had a parade of Washington Gas technicians and supervisors coming to the door trying to figure out what was going on. And what did this major renovation cost? The Taschlers spent about \$2,300 in materials, but were able to take a Federal tax deduction that brought the project cost to about \$300. In later years, the Taschlers wound up re-installing a furnace and AC unit. "You lose a lot of body heat that helps maintain the home's temperature when the kids move out," said Rich. "But even so, we could never find a unit small enough for our reduced energy needs. We went with the smallest apartment-sized units we could find." Of course, the Taschlers continue to keep those utility bills to a minimum with their superinsulated home and now their solar hot water system that Rich designed and installed.

**JOINING** the Taschlers for this seminar was architect Peter Henry, who spoke about his designing of a certified "Passive Home" in Fairfax County. Henry took the audience through the evolution of home construction and spoke about the advances in energy efficiency being pioneered in Europe using the super-insulation concept and other technologies like heat recovery ventilation systems that virtually end the need for traditional heating and cooling systems.

The Taschlers and architect Henry stayed after the formal presentation to answer the questions of a number of attendees eager to learn more about how to super-insulate and cut those utility costs.

The Osher Lifelong Learning Institute offers classes and seminars like this one to their membership. Visit their website at olli.gmu.edu for more information.

#### - Faith Notes -

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday.

Ash Wednesday at Antioch Christian Church. The public is invited to a free soup supper at 6:30 p.m. and Ash Wednesday worship on Wednesday, Feb. 18, 7:30 p.m. The service is a time of quiet and reflection on how we can prepare ourselves in the next 40 days for the death and resurrection of Jesus. Antioch Christian Church is located at 1860 Beulah Road in Vienna. For more info call 703-938-6753 or go to www.antiochdoc.org

St. Francis Episcopal Church, 9220 Georgetown Pike in

Great Falls, offers musical, educational, outreach and fellowship ministries in addition to worship services, including a 7:45 a.m. worship service without music; 9 a.m. worship service, children's chapel and children's choirs; 10 a.m. Sunday school and adult forum; and 11 a.m. worship service with adult choir. 703-759-2082.

The Antioch Christian Church offers a time of Prayer and Healing on Wednesday evenings at 6:30 p.m. for anyone wanting encouragement and healing through prayers. People are available to pray with you or for you. Antioch Christian Church is located at 1860 Beulah Road in Vienna. www.antiochdoc.org

The Jewish Social Services

**Agency** (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

**HAVEN of Northern Virginia** offers a variety of free bereavement support groups, meeting on a weekly basis. 703-941-7000 or www.havenofnova.org.

McLean Bible Church Fitness Class at Body & Soul Fitness. Gain balance, energy and strength at 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org.

**St. Dunstan's Episcopal Church**, 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play

active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

**Vienna Christian Healing Rooms** are open, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or www.viennachristianhealingrooms.com.

Chesterbrook United Methodist Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. 703-356-7100 or www.ChesterbrookUMC.org.

**Centering Prayer Grou**p meets Fridays, 9:30 a.m. at Andrew Chapel

United Methodist Church, 1301 Trap Road, Vienna. The hour includes a brief reading related to Centering Prayer, followed by a 20-minute prayer period. E-mail Martha Thomas at mmthomas211@hotmail.com or call the church at 703-759-3509.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.