

# Special Screening of Honor

NEWS, PAGE 3

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# NEWS

Members of Girls Scout Troop 3651 greeted an arriving Honor Flight at Dulles International Airport when they were Brownies in 2012. They are organizing a showing on "Honor Flight" on March 16 in Herndon to bring more veterans to Washington.



PHOTOS CONTRIBUTED

GREAT FALLS CONNECTION EDITOR KEMAL KURSPAHIC  
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Girl Scouts Troop 3651 currently include Caroline Healy, Kyra Joostema, Ava Gidwani, Madelyn Bonadio, Kelly Boyle, Isabel Brittin, Willa Knight, Laura Hanna, Mina Bahadori, Claire Vroom, Elisabeth Anderson and Sarah Murad.

## Special Screening of Honor

Film screening March 16 to help WWII veterans travel to their monument.

BY KEN MOORE  
THE CONNECTION

The Honor Flight Network transports aging veterans to visit memorials built in Washington D.C. in their honor. Caroline Healy and 11 of her peers in Girl Scout Troop 3651 based in Great Falls are hosting a screening of "Honor Flight" at AMC Worldgate 9 Theaters in Herndon on March 16 at 5:30 p.m.

"It's a pretty important movie, it's very special," said Caroline, 11, whose great grandfather served in World War II. "It's very important that the veterans who served in World War II will be remembered."

"Honor Flight" follows a midwestern community racing against the clock to fly World

War II veterans to Washington, said Karen Joostema, co-leader of the group. Tickets are being sold online in advance only at <https://www.tugg.com/events/11973>

The movie will be followed by a short discussion with veterans.

**THE 12 GIRLS** in Caroline's Girl Scout Troop, who attend Colvin Run Elementary School in Vienna, first worked with the Honor Flight organization two years ago as Brownies. They greeted an Honor Flight of veterans at Washington Dulles International Airport to see the memorials, according to Joostema, co-leader of the troop.

"We got to shake hands and hug them and sing songs to them. We sang 'America, The Beautiful,' 'You're a Grand Old Flag,' and 'God Bless America.' They seemed very

happy," said Kyra Joostema, 11.

"They were telling us what it was like," said Caroline.

"To see the girls interact with the veterans, it's not something to be replicated," said Caroline's mother Amy Healy, co-leader of the troop.

Karen Joostema said the girls were inspired and wanted to learn more, so they arranged for the troop to view the movie.

When it was time for the girls to decide on a community project this year, they decided to try to help more veterans to get to Washington by setting up their own community viewing.

"We want people to have a chance to see it and understand what happened and to understand that people around us did a good thing," said Caroline.

**ABOUT 640 VETERANS** who served in World War II die each day, according to Honor Flight Network.

"They are a very service-oriented group

### Honor Flight Screening

Girl Scout Troop 3651 is sponsoring a special screening of the movie "Honor Flight" on March 16 at 5:30 p.m. at AMC Worldgate 9 theaters in Herndon. "Honor Flight" tells the story of a nationwide effort to fly World War II veterans to Washington, D.C. to visit the monuments built in their honor. For many veterans, this opportunity is the trip of a lifetime. This is a one-time showing, and tickets are \$12.50, online in advance only. To buy tickets go to: <https://www.tugg.com/events/11973>

of people, especially for their age. They are getting more independent," said Healy of the girls. "It's just neat to be a part of it. The girls are taking more of the lead as they get older."

The girls have made signs, visited nursing homes to tell people about the movie, and have brainstormed other ways to get people to go.

"I just hope we sell the tickets, so Karen and I don't have to buy them all," said Healy.

Caroline has been in her girl scouts troop for four years.

"We are there to support each other. We all do things together, not one of us is left out," said Caroline.

"Our troop has worked so hard, it makes me happy that we accomplished this," she said.

## Vienna Celebrates 125 Years

BY DONNA MANZ  
THE CONNECTION

The Town of Vienna, in partnership with Historic Vienna, Inc., celebrated the town's 125<sup>th</sup> anniversary, calling it a "birthday" ceremony, on closed-down Church Street and the grounds of Freeman House on Saturday, Feb. 28. A time-travel play, written by HVT's Jon Vrana, featured contemporary children learning first-hand about Vienna's founding by principles of 1890.

As chilly and snow-blanketed as it was on Saturday, hundreds of adults and children watched the short play on the Church Street stage and stayed around for farm animals, horse-drawn carriage rides, and roasting marshmallows over open fire pits.

WWW.CONNECTIONNEWSPAPERS.COM



PHOTOS BY DONNA MANZ/THE CONNECTION

Dignitaries and elected officials participate in the 125<sup>th</sup> birthday celebration commemorating incorporation in 1890.

After guests sang "Happy Birthday," they retreated to a heated tent for food, cupcakes and hot beverages.

Local elected officials – U.S. Rep. Gerry Connolly (D-11), State Sen. Chap Petersen (D-34), Del. Mark Keam (D-35), Fairfax County Chairman Sharon Bulova and Fairfax County Supervisor Cathy Hudgins (D-Hunter Mill) - made brief remarks. Mayor Laurie DiRocco presented the Town Proclamation on behalf of the Vienna Town Council.

Vienna delegate to the General Assembly

Mark Keam joked that many of the issues that Vienna addressed in its incorporation ordinances in 1890 – from concealed carry to taxes – are confronted today by the General Assembly.

Congressman Connolly referred to Vienna as having a "sense of place, belonging, inclusion, and community."



GREAT FALLS CONNECTION ♦ MARCH 4-10, 2015 ♦ 3



# Science Nights

**Forestville Elementary concludes Renovation for Innovation Science Night Series with hands-on fun.**

**“W**ow! I didn’t know that!” This was a common refrain heard from children and adults at the Family Science Night held at Forestville Elementary School on Friday, Jan. 23. The January event was the culmination of a four-event series called the “Renovation for Innovation Science Night Series.” Each event featured hands-on science, technology, engineering and math (STEM) activities designed to prepare the Forestville population for its upcoming school renovation. In addition to STEM, the events also celebrated the creativity and colors of innovation, with fully integrated art and free-thinking exercises.

“Thank you for a terrific variety of science opportunities. My kids had a great time and it looks like the other attendees did as well,” said Loan Hoang, a mother of three

boys who attended the entire series.

Over 100 children and their families braved a snowy night to try innovative ways to care for the world through January’s “Waste Not, Want Not” theme. Children bounced bubbles filled with dry ice “smoke” and explored alternative energy by making potato batteries and windmills out of magazines and sticks. They built energy efficient homes out of craft sticks and used iPads to test for energy loss.

Parents were surprised to learn the weight of a gallon of water (8.3 pounds) and pledged to conserve water and energy. Adults and children were also challenged to calculate the cost of daily power usage after watching watts used—in real time—by small appliances hooked up to a multi meter.

**COMMUNITY PARTNERS** were essential to these events. During the January event, iSchool partners demonstrated 3D printers, offered introductory lessons on 3D design, and flew a drone indoors to show the Bernoulli Principle and innovative uses of technology. Forestville’s own Student Government led the school in a cafeteria recycling Sort Game. Trashmagination brought a large Story Loom to weave recycled materials into a tapestry.

Forestville’s Principal Todd Franklin said, “With the help of the PTA and iSchool for



**Forestville students created dry ice bubbles at the Family Science Night on Jan. 23.**

the Future, we were able to provide hands-on workshops that incorporated project-based learning. These science nights served as a prime example of how to make learning come alive for children and provided us with an educational extension that will serve as a nice bridge to our upcoming renovation here at Forestville. I am very thankful to be a part of such a caring community that supports the learning process in and outside of the classroom for our students.”

The Forestville PTA and administration partnered with a local nonprofit organization, iSchool for the Future, to develop content for each Science Night. Each event included demonstrations and stations with hands-on activities and take-home souvenirs

to encourage further exploration. “Every station had a relevant hands-on activity that helped children learn,” said Nuria Gabitova, iSchool’s Executive Director.

**THE EVENTS** were sponsored by the Forestville PTA. Every event relied on large groups of volunteers, including Forestville parents, high schoolers, and local community friends and partners, who set up and ran each station. Many of the materials and equipment used during the events were donated by the Reston Home Depot, a long-time supporter of science programs at Forestville. MOM’s Organic Market in Herndon provided materials and supported development of several stations.

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## PEOPLE

### Langley Crew's Owen Shenk to Row at US Naval Academy

Langley High School senior Owen Shenk has been recruited to row at the United States Naval Academy. Following upon his commitment late in 2014, Owen received his congressional nomination from Virginia's 10th Congressional District.

While at Langley, Shenk has excelled with Langley Crew including stroking the Men's Varsity Four boat to a gold medal at Virginia State Championship, and a fourth place at SRAA Nationals last year. Following the Spring 2014 regatta season, he received the Washington Post All-Met Selection, and the Langley Crew Most Valuable Player award. In addition, Shenk currently holds the record for the fastest rower (2K) in the history of Langley Crew. As a team captain for the 2014-2015, he hopes to lead the team to another successful regatta season.

At the US Naval Academy, Shenk will row with the Navy Heavyweight Crew coached by Rob Friedrich. The Naval Academy's crew program is one of the oldest sports at the Academy - over 135 years - and one of the most distinguished rowing programs in the



PHOTO CONTRIBUTED

Owen Shenk

country. Navy rowers have represented the United States at the Olympics and Gold Medals in the 1920 and 1952 games. Since 1980, over 30 Navy rowers have been members of the U.S. National Teams, including Olympic and Pan-Am Games representation.

#### WEEK IN GREAT FALLS

### Great Falls Assembly

Sen. Barbara Favola (D-31) and Del. Kathleen Murphy (D-34), Great Falls representatives to the General Assembly, will discuss this year's legislative session at the Great Falls Citizens Association's monthly meeting.

The meeting is scheduled for Tuesday, March 10 from 7:30 p.m. to 9:30 p.m. at the Grange, 9818 Georgetown Pike.

### Week of the Grange

The Grange reopens this Saturday, March 7 with a celebration from 10-11 a.m., 9818 Georgetown Pike in Great Falls.

County Supervisor John Foust, the Great Falls Citizens Association, the Fairfax County Parks Authority and other Great Falls civic groups will celebrate the reopening of the Grange, which was closed for several months to make the building more accessible and to comply with the Americans with Disabilities Act.

The Great Falls Grange, which was a hub of community life in Great Falls for decades, was established in 1920 by 29 men and women. The building was dedicated on May 4, 1929.

The Grange provided the first library service in Great Falls from 1939 to 1961.

Ed Luttrell, 22nd President of the National Grange, will be the keynote speaker at a program hosted by the Great

SEE WEEK, PAGE 13

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# OPINION

## Good, Bad and Ugly

**T**he 2015 session of the Virginia General Assembly came to an end last week, and some of the biggest news was about what it did not do.

By far the ugliest debacle rests in the Assembly's ongoing refusal to expand Medicaid to cover as many as 400,000 uninsured people in Virginia, even though it would come at no cost to Virginia (Federal government pays 100 percent for the next two years and 90 percent after that) and would be a massive boost to Virginia's economy. The local and state economy is suffering from the loss of federal spending in other areas, and it's just plain crazy and mean-spirited to deny medical care for people who can't afford it otherwise, and at the same time, turn away an economic stimulus equal to 20,000 or more jobs and a direct infusion of nearly \$2 billion a year.

**GOOD:** The Assembly nixed a bill which "empowers the Director of the Department of Corrections to make and enter into contracts ... to compound the drugs necessary to carry out execution by lethal injection. ... Information relating to the identity of the persons or entities compounding such drugs, the identities of persons or entities engaged to manufacture or supply the materials used to compound the drug products, and the name of the materials or components used to compound drug products for use in an execution are confidential,

exempt from the Freedom of Information Act, and not subject to discovery or introduction as evidence in a civil proceeding ..."

The House of Delegates nixed executing people with secret potions. Passed in the Senate, blocked in the House of Delegates. Be sure to thank those local legislators who voted against this craven proposal: Senators: Adam

### EDITORIAL

Ebbin, Barbara Favola, Janet Howell, Dave Marsden and Chap Petersen. Delegates: David Bulova, Eileen Filler-Corn, Charniele Herring, Patrick Hope, Mark Keam, Kay Kory, Rob Krupicka, Jim LeMunyon, Alfonso Lopez, Ken Plum, Tom Rust, Mark Sickles, Marcus Simon, Scott Surovell and Vivian Watts.

And ask these local legislators who voted to carry out executions with secret drugs and secret methods what they were thinking: Senators George Barker and Dick Saslaw. Delegates: Dave Albo and Tim Hugo.

No good comes from conducting the people's business in secret, all the more true when the business is brutal. Killing people is wrong, two wrongs don't make a right, killing people and keeping the brutal details secret is wrong.

**BAD:** State Sen. Barbara Favola's bill to extend foster care services and support, including foster care maintenance payments, to qualifying individuals age 18 to 21 years who were formerly in the custody of a local board of social services passed unanimously in Senate, and

## A look at recently ended session of the Virginia General Assembly.

died in the House of Delegates. The money spent would have been matched by Federal dollars, and every dollar spent helping former foster children become independent, self-supporting adults saves a bundle in other costs down the line.

**UGLY:** "Ethics reform" put a \$100 cap on each individual gift from lobbyists to members of the Assembly, with no enforcement mechanism, and no changes in campaign finance. Former Gov. Bob McDonnell and his wife were convicted of corruption for taking more than \$170,000 worth of gifts and favors from Star Scientific and related individuals; this was the catalyst for the so-called reform. It is apparently fine, however, that Star Scientific also gave \$108,000 to McDonnell's campaign. More than 40 other entities gave more, including Dominion (\$383,720), Altria (\$361,556), Smithfield Foods (\$267,738), Walmart (\$121,250), just as examples. (Source: vpap.org). No good comes from having our legislative body awash in this kind of cash. You can visit the Virginia Public Access Project at vpap.org and look up who has been giving how much to the people who represent you. It's fascinating.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

### LETTERS TO THE EDITOR

## Fair and Humane

To the Editor,

I completely agree that there should be better management of mental illnesses in jail (Editorial, "Managing Mental Illness in Jails," Connection, February 25-March 3, 2015).

This is a common pattern that many people are unaware of or simply don't care about because of the stigma that comes with those imprisoned.

It is common to assume that because someone is imprisoned, they are undoubtedly "evil." Since substance abuse and mental illnesses are common patterns among prisoners, more awareness should be spread on this issue so that treatment can be improved.

If people who are not imprisoned can receive support and treatment for their addictions and illnesses, then prisoners should receive the same opportunities. It is not fair to deny people access to these resources just because of what they've done in the past. In fact, receiving this treatment could improve their quality of life and possibly keep them from future criminal activities. Despite what they have done in the past, criminals deserve fair and humane treatment just as any other human does. Along with humane

treatment comes effective treatment, involving proper support and resources for those suffering from addictions and mental illnesses. Natasha McKenna obviously did not receive humane or effective treatment, as she was suffering from severe mental treatment and was punished to the point of death for it rather than receiving adequate and proper treatment. Her situation could have easily been avoided if there was better management of mental illnesses in her jail facility. Perhaps she would not have been so combative or aggressive if she had received adequate care. Enclosing people in restrictive jail cells is not an effective response to mental illnesses, as we have learned in the past from asylums and other inappropriate "hospitals" for the mentally ill. I hope that our society will soon realize this so that action will be taken.

**Victoria Lamb**  
Reston

## Taking Exception On Start Time

To the Editor,

Recently our schools have un-

dergone major changes in the schedule due to snow, but next year it won't just be snow that modifies our schedule.

Next year the school schedule at FCPS will change for high school and middle school students. The school board has decided to switch the start times without giving the students an option to keep the same start time they had.

The high schoolers get to sleep later at the expense of us middle school students. Although we are the same "teens" who need more sleep, apparently we don't count as much as the high school "teens."

Did anybody think about student's sports practices? Now that West Springfield High School will end later, this nearly shuts out the possibility for there to be crew practice after school because safety rules say students can't be on the water after sunset.

This change was loosely based on studies in other areas. I think the school board could've saved the \$143,000 hiring a consultant to conduct a study about implementing late start times and spent it on improvements to our decaying middle and high schools.

**Aidan Donahue**  
Springfield

## Bravery to Act

To the Editor:

I am a resident of Vienna, though away at college, and I saw the article that was posted referring to the young lady from Vienna who helped pass a piece of legislation in the House regarding restaurants training their employees about food allergies ("House Passes Keam's Bill on Food Allergies," Vienna/Oakton Connection, February 25-March 3, 2015). I think that it is extremely important that all food vendors are aware of food allergies; there are many people who are gluten intolerant, allergic to peanut butter, etc. It is no longer an individual problem and the fact that this young lady had the bravery to write to her representative is really inspiring. I think that this bill will be extremely effective in the restaurant business because more people will be willing to eat at places where they can feel safe about the foods that they consume. I really think it is important that she was featured in the paper to inspire others to write to their representatives about what they are facing because rarely are people alone in their problems.

**Alex Dibblee**  
Vienna

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## WE CHANGE LIVES

### Maybe it really is you. Maybe you really don't belong in a "gym."

Many people just don't do well in a typical big box gym. Those gyms are too big, there is nobody to help you, and it's easy to get lost in the sea of people already in shape.

It is hard to get serious about fitness when you feel like you don't belong at the gym, when you feel like nobody really cares about you after you join.

But fitness might be the most important thing to living a healthy life. Being healthy makes you a happier person, a better parent, employee, partner or spouse. Fitness is the key to getting involved in life. You can choose to fully embrace your own fitness life, or you can watch other people living theirs. Only YOU can decide to change your life and body when you are ready.

At Koko, we understand all of this, which is why our company was founded over a decade ago. We are the small, alternative fitness choice that exists for people who feel they don't fit into that impersonal big box fitness center.

If you like lots of help and guidance, then we are for you. If you like a small, comfortable place to work out with people just like you, then Koko is your gym. If other gyms have failed you and you felt lost in the crowd, we are here to make sure that this time -- with personal guidance and the proven Koko training methodology -- you will succeed.

Don't take our word for it, come see us for yourself. We offer a full 30-day membership, including full access to our training and coaching programs, for only \$30. Come experience what makes Koko so special. Meet our clients and our staff, and give us a chance to prove that this time you will succeed.

Fitness has to be part of your life; it shapes the way you live today and how you'll look and feel tomorrow. If you have failed before in fitness, remember that there is a place here in our community that is truly different and willing to prove it to you. This time, it is all about you. This time, you will change your life.

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Koko is all about family for us... it was my 17 year old who begged me to give it a try. I loved it at first because it was easy to fit into my schedule and was something fun for me



to do with my teenager. Now I love KOKO because I see the results and I feel so much better. KOKO is just a part of my life. KOKO is like no other fitness experience. It's not a regular gym (thank God -- no mirrors!). And it is an easy way to fit exercise into your schedule without it being a drag. I actually like working out now which was certainly not the case before. KOKO is fun because it challenges you individually, is efficient and gets results! I recommended it to my neighbors and now they're KOKO Nuts too!

~ Leesa Donner, Great Falls

I previously belonged to three other gyms in Reston, and I had never made it a full year before my attendance dropped off. With Koko, however, I recently passed my two year anniversary and am still going strong. I love that I can get a full body workout every time in less than an hour.

The cardio and strength workouts continue to push me to work harder than I ever did on my own at previous gyms. As a result, I'm in the best shape of my adult life. And the desire to keep feeling this healthy and strong keeps me coming back. Thanks Koko!

~ Watt H., Reston, VA

There is absolutely no way I would achieve what I do at this club ANYWHERE else. I've lost over 15 lbs, my blood pressure is lower, and I am looking and feeling better than I have in 10 years!



~ Scott Kreitz

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# Dog as Lifeline to Vienna Boy with Mitochondrial Disease

Golden Retriever assistance dog connects Jack to schoolmates, community.

By JOAN BRADY  
THE CONNECTION

Jack DeLacy was not expected to see his second birthday. But by the time he turned 4, it was clear the DeLacys could start planning for a future they never expected to have. Diagnosed with mitochondrial disease, Jack has a great many challenges. “Mito” primarily affects children and can cause a host of complications including loss of motor control, muscle weakness and pain, seizures, developmental delays and others, according to the United Mitochondrial Disease Foundation. Allison Kaminsky, Shannon DeLacy’s childhood friend, had been volunteering with a non-profit that trains service dogs for children, veterans and young adults.

She encouraged the DeLacys to look into getting Jack a dog that might help to improve his quality of life. Shannon and her husband had always loved dogs. But they weren’t exactly sure how a service dog might benefit their non-verbal son, who, at four, was not yet walking. And the process of getting and maintaining a service dog would require a significant commitment including ongoing training. But with Alison’s encouragement, they decided to apply and were accepted into the paws4people.org program. Jack loves golden retriever, Jimmy. Shannon says he is a perfect fit for their family. And as Jack has gotten older, opportunities to interact with children outside of his special education Intellectual Disabilities class have

More  
On Mitochondrial Disease: <http://www.umdf.org>  
On paws4people: <http://paws4people.org/>

become more limited. Because of Jimmy though, Shannon says Jack has a kind of super hero status with the kids at Sunrise Valley Elementary in Reston. Other students approach Jack to say hello to Jimmy or to ask about him if he isn’t in school. Jack shows his delight by smiling broadly. Jimmy’s impact isn’t limited to the DeLacy family. He volunteers with Shannon at her twin’s Vienna elementary school, Flint Hill. When Karen Sparacino, the school’s reading specialist, first announced that parents could sign their kids up to read to Jimmy, 70 kids were signed up on-the-spot. Sparacino says that reading to Jimmy is about giving early readers confidence. Jimmy listens without judgment. Jimmy doesn’t correct. That takes some of the



Shannon DeLacy at Flint Hill Elementary in Vienna with her 6-year-old twins; Skylar (blue) and Sydney (pink)

stress off the young readers. And the kids know Jimmy is listening because he responds when they read words he understands, like “Treat” and “Drop it.” Shannon remembers one little girl who arrived to the library with her book in

hand. “I don’t read very well. Jimmy may not like this book,” she said, as she arranged herself on the floor next to him. She began reading slowly and carefully. But by the end of the book she was reading with fluidity and inflection. And reading to a dog doesn’t end with



Jimmy with Jack, Sydney, Skylar and Riley.

Jimmy. Some of the kids have reported reading to their own dogs at home. At the end of the day, the more kids read, the better, says Sparacino. Jimmy is a trained assistance dog who

definitely works. But he also loves to play with Jack and his three sisters; Riley, Sydney and Skylar. Joan Brady is a professional photographer; mentor and advocate for current and



Jimmy, an assistance dog, and Jack DeLacy, who attends Sunrise Valley Elementary in Reston.

former foster children; a volunteer with paws4People, Fairfax Families4Kids, and others; and a resident of Great Falls. Reach her at [joan@joanbradyphotography.com](mailto:joan@joanbradyphotography.com)

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## Here's What's Happening at MCC



### Onstage @ The Alden Les Ballets Trockadero de Monte Carlo

**Thursday, Mar. 5, 7:30 p.m.**  
\$50/\$40 MCC district residents

### Old Firehouse Teen Center Double Feature at AMC Tysons

**Friday, Mar. 13, 3:30-10 p.m.**  
\$35/\$25 MCC district residents

### An Alden Production "Totally RED!"

**March 14, 15, 21 and 22, 3 p.m.**  
\$12/\$10 MCC district residents

### OFTC Teacher Work Day Trip Bazooka Ball Sports

**Monday, Mar. 16**  
\$35/\$25 MCC district residents

### Midday Thrillers "The Manchurian Candidate" (1962)

**Wednesday, Mar. 18, 1 p.m.**  
Free. Reservations are not required.

### 5th and 6th Grader Party St. Paddy's Day Party

**Friday, Mar. 20, 7-9 p.m.**  
\$35/\$25 MCC district residents

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## CALENDAR

Send announcements to [north@connectionnewspapers.com](mailto:north@connectionnewspapers.com). Deadline is Friday for the following week's paper. Photos/artwork encouraged.

### THURSDAY/MARCH 5

**Les Ballets Trockadero de Monte Carlo.** The Alden, 1234 Ingleside Ave., McLean. \$50/\$40 MCC tax district residents.  
[www.mcleancenter.org](http://www.mcleancenter.org).

### THROUGH WEDNESDAY/ MARCH 11

**Ice Skating at Tysons Corner Center.** Monday-Thursday, 11 a.m. - 9 p.m.; Friday-Saturday, 11 a.m. - 11 p.m.; Sunday, 11 a.m. - 7 p.m. Tysons Corner Outdoor Center, 1961 Chain Bridge Road, Tysons. Adults, \$10; Child/Senior/Military, \$9; Skate Rental, \$6; Group of 10+, \$12 and includes skates.

### FRIDAY/MARCH 6

**Antigone Rising.** 8 p.m. Jammin' Java, 227 Maple Avenue E, Vienna. The girls will be bringing their trademark sound - a fusion of country, pop, rock and folk. Tickets: \$15-\$18.

**Altan.** 8 p.m. Wolf Trap, 1551 Trap Road, Vienna. One of Ireland's most respected traditional Celtic music acts blends lively strings and ethereal vocals to transport listeners to the heart of the Emerald Isle. Tickets: \$25.

**Playdate Cafe.** 10 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Toys and Playspace for children. Coffee and conversation for grown-ups.

**Drop-In Chess.** 3:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Drop-in and play Chess. All skill levels and ages welcome.

### SATURDAY/MARCH 7

**Great Falls Grange Reopening Ceremony.** 10 a.m. 9818 Georgetown Pike, Great Falls. John Foust, Dranesville District Supervisor, and the Fairfax County Park Authority hold the Re-Opening Ceremony of the Great Falls Grange. The ceremony will be held during the Great Falls Farmers Market.

**Pancake Breakfast.** Vienna Volunteer Fire Department, 400 Center Street South, Vienna. 8 a.m. - Noon. All you can eat pancakes, sausage, bacon, juice and coffee. Adults \$8, Seniors 65+ \$7, Children under 12 \$6, Children under 4 free. There will also be tours of the fire equipment available. All proceeds go to the Vienna Volunteer Fire Department to assist in purchasing life saving fire equipment. Come have a delicious breakfast, spend time with the members of the VVFD and the community. For more information



**Catch Antigone Rising playing on March 6 at Jammin' Java. The girls will be bringing their trademark sound - a fusion of country, pop, rock and folk.**

contact: [Joanie@vvfd.org](mailto:Joanie@vvfd.org).

### Salon Simone and Med Spa

**Cultura.** 6-10 p.m. Tysons Corner Mall, 1961 Chain Bridge Road, McLean. Come by and bring a friend or two for a sip, a bite and mingle at Tyson's Corner Center's newest salon and spa.

### SUNDAY/MARCH 8

**Keaton Simons.** 7:30 p.m. Jammin' Java, 227 Maple Avenue E, Vienna. Keaton Simons' music has been heard in dozens of feature films and television shows. He has also worked as a writer, musical director, singer, bassist and guitarist with notable acts like Gnarl's Barkley, Black Eyed Peas, Snoop Dogg, and Tre Hardson of The Pharcyde. His guitar playing is highly sought-after, so much so that friends and peers like Ben Harper and Josh Kelley have asked him to join them on tour and on live TV.

### MONDAY/MARCH 9

**Tiny Tots.** 10:30 a.m. Dolley Madison Library, 1244 Oak Ridge Avenue, McLean. Join for an exciting storytime featuring stories, rhymes and songs. Ages 13 - 23 months with adult.

### WEDNESDAY/MARCH 11

**Buckwheat Zydeco.** 8 p.m. Wolf Trap, 1551 Trap Road, Vienna. Join a "Swamp-boogie joy ride" (People) as this Grammy-winning zydeco band serves up their vibrant brand of Creole music. Tickets: \$28.

### Great Falls Historical Society

**March Program.** 6 p.m. Celebration of the Grange, refreshments; local memories of the Great Falls Grange, film.

**Toddling Twos and Threes.** 10:30 a.m. Dolley Madison Library, 1244 Oak Ridge Avenue, McLean. Join for an early literacy enhanced story time featuring stories, rhymes and songs. Age 2-3 with adult.

### THURSDAY/MARCH 12- SUNDAY/MARCH 22

**Youth Art Exhibition I.** MPA, 1234 Ingleside Avenue, McLean. Opening reception March 14 from 11 a.m. - 1 p.m.

### THURSDAY/MARCH 12

**Artist's Demonstration.** 10:30 a.m. - 12:30 p.m. Vienna Art Center, 115 Pleasant St. NW, Vienna. The Vienna Arts Society invites the public to discover how Potomac artist Jack Harding creates subtle textural effects with watercolors on distressed rice paper. Free. 703-319-3971.

**Fit2Finish.** 7:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Meet Dr. Wendy LeBolt, author of "Fit2Finish: Keeping Your Soccer Players in the Game". Help your athletes play their best, prevent injury and have fun. Adults.

### FRIDAY/MARCH 13

**Weather or Not.** Vienna Art Center, 115 Pleasant St., NW, Vienna. Tuesdays - Saturdays, 10 a.m. - 4 p.m. March 3 - April 4. Members of the Vienna Arts Society bring Mother Nature. Meet the artists, to include National Gallery of Art copyist Dick Neff and featured artist Ginger Sanaie, at a reception Friday, March 13, 7 - 9 p.m. Free and open to the public.

**CTK Lenten Fish Fry.** 6:30 p.m. Fellowship Hall, Christ the King Lutheran Church, 10550 Georgetown Pike, Great Falls. Join us for fish, fries, slaw, cornbread, mac and cheese, ice cream sundaes, brownies and more. Games and activities, too. 703-615-8660.

### SATURDAY-SUNDAY/ MARCH 14, 15, 21 AND 22

"Totally RED!" 3 p.m. McLean

SEE CALENDAR, PAGE 11

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# CALENDAR

FROM PAGE 10

Community Center, 1234 Ingleside Ave., McLean. An Alden Production. Meet Red (who is nobody's fool) and the wolf (who tries to be cool). The story is told in classic storybook theatre style and the show will be performed by MCC tax district youth. \$12/\$10 MCC tax district residents. [www.mcleancenter.org](http://www.mcleancenter.org).

## SATURDAY/MARCH 14

**Model Railroad Open House.** 1-5 p.m. 231 Dominion Road NE, Vienna. See and hear model trolleys and steam and diesel trains plus Thomas and some of his friends in the Historic Vienna Train Station along the W&OD trail just past the Caboose. The layout reflects the mountainous terrain and towns of Western North Carolina with award winning structures. For more information visit [www.nvmr.org](http://www.nvmr.org).

**Cars & Coffee.** 7-9 a.m. 760 Walker Road, Great Falls. Early on Saturday mornings you'll find an amazing gathering of cool cars at Katie's Coffee House. Antique, custom, hotrods, exotic, sports cars, they're all here.

## SUNDAY/MARCH 15

**Brendan Conway, Violin and Florian Noack, Piano.** 4 p.m. Saint Francis Episcopal Church, 9220 Georgetown Pike, Great Falls. Amadeus Concerts welcomes Conway and Noack for a recital titled "The Fisherman and his Soul," featuring music by Faure, Schumann, Szymanowski and others. A pre-

concert lecture by Music Director A. Scott Wood will begin 45 minutes prior to the start of the concert. A reception will follow the concert. \$30, 17 and under free. Purchase at the door or online at <http://www.amadeusconcerts.com>.

## TUESDAY/MARCH 17

**Ukulele Phil & the Hula Kids.** 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Sing and dance with Ukulele Phil & the Hula Kids.

## THURSDAY/MARCH 19

**Artists Meet for Coffee.** 8:30 - 10 a.m. Katie's Coffeehouse, 760 Walker Road, Great Falls. Local artists gather to get to discuss art while enjoying some morning coffee.

## FRIDAY/MARCH 20

**Enter the Haggis.** 8 p.m. Wolf Trap, 1551 Trap Road, Vienna. Experimental roots-rock stalwarts push the boundaries of Celtic music with vigorous performances and inventive albums. Tickets: \$28.

**St. Paddy's Day Party.** 7-9 p.m. The Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. These popular 5th and 6th grader parties include music, dancing, games, snacks, videos and more. \$35/\$25 MCC tax district residents. Advance registration is required. Call 703-448-8336.

## SATURDAY/MARCH 21

**New Artist Reception.** 1-4 p.m. 212 Dominion Rd NE, Vienna. New Artist Reception for Thomas Xenakis.

## Tutus, Tights and Testosterone — The Trocks Return to The Alden

Back by popular demand after three seasons, the dynamic and delightful ballet dancers in drag, Les Ballets Trockadero de Monte Carlo, return to The Alden in McLean. The troupe will perform one night only on Thursday, Mar. 5, at 7:30 p.m. Tickets are \$50, \$40 for McLean tax district residents. The Alden is located at 1234 Ingleside Avenue, inside the McLean Community Center.

Les Ballets Trockadero de Monte Carlo is celebrating its 40th anniversary season. It was founded in 1974 by a group of ballet enthusiasts for the purpose of presenting a playful, entertaining view of traditional, classical ballet in parody form and *en travesty*. "The Trocks" as they are affectionately known, quickly garnered a major critical essay by Arlene Croce in The New Yorker, and combined with reviews in The New York Times and The Village Voice, established the company as an artistic and popular success.

The Trocks' inspired blend of a loving knowledge of dance, their comic approach and the astounding fact that men can,



PHOTO CONTRIBUTED

### Trocks-LaTrovatiara.

indeed, dance *en pointe* without falling flat on their faces, has been embraced and noted around the world.

Tickets are on sale now. For more information or to purchase tickets online, visit: [www.aldentheatre.org](http://www.aldentheatre.org) or call 703-790-0123, TTY: 711.

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# SPORTS



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



Langley junior Paige Galiani tries to split a pair of West Springfield defenders during the 6A North region quarterfinals on Feb. 28.

Head coach Amanda Baker led the Langley girls' basketball team to a 21-5 record during the 2014-15 season.

## Langley Girls' Basketball Team Has Bright Future

**Saxons win 21 games, reach region quarterfinals.**

BY JON ROETMAN  
THE CONNECTION

**T**he Langley girls' basketball team exceeded expectations during the 2014-15 season, winning 21 games, including a regional tournament contest against Osbourn Park.

But that hardly dulled the pain of Saturday night's season-ending loss to West Springfield.

The Saxons came out on the short end of a physical contest, losing to the Spartans, 47-37, in the 6A North region quarterfinals on Feb. 28 at West Springfield High School.

In a game that featured bodies hitting the floor and officials swallowing their whistles, Langley failed to generate the offense necessary to overcome a six-point deficit entering the fourth quarter.

When a reporter mentioned the physical nature of the contest during a postgame interview, Langley head coach Amanda Baker said: "That's the understatement of the year."

How did officials affect the game?

"I don't think we got to the line as much as we probably should have and those are easy points, normally, for us," Baker said. "Give us a few free-throw attempts and it's a completely different game."

Langley made 10 of 12 free-throw attempts Saturday. West Springfield made 13 of 20.

**JUNIOR GUARD** Paige Galiani, whose game-high 19 points accounted for more than half of the Langley offense, was frustrated with the outcome.

"Usually, I won't complain about the referees, but today it just changed the game

completely — the tempo and everything," Galiani said. "... To have that be our last game of the season is really rough."

Sophomore guard Ari Aulisi scored seven points for Langley. Junior guard Lizzy Shamloo and freshman guard Jordyn Callaghan each scored four points, junior forward Sarah Flatley finished with two and senior forward Lauren Meyer added one.

While the season ended on a sour note, the Saxons can use the loss as motivation for next season. Baker knows from experience the pain of a playoff loss. As a junior, her Forest Park team lost to Atlee, the eventual state champion, on a buzzer beater in the first round of the 2003 state tournament. The following year, Baker's Forest Park team won the AAA state title.

"Sometimes, a loss like this is a different feeling than a loss like [in] first round of districts — it really can motivate a team," Baker said. "My junior year in high school, we lost on a buzzer beater to Atlee and they went on to win. I remember that feeling. I told the kids tonight, 'Remember how this feels and how close you got and we need to really work this entire offseason to overcome what just happened.'"

The Saxons produced plenty of positives on which to build. Langley finished with its first winning season since 2009, amassing a 21-5 record in Baker's fourth season as head coach. The Saxons entered the Conference 6 tournament as the No. 3 seed and finished runner-up to perennial power Madison, losing to the Warhawks, 32-28, in the conference championship game.

Langley hasn't won a conference/district championship since 1988, according to the team's banner hanging in the school gym.

The Saxons found success through defense. While Langley averaged just 47.3 points per game, the Saxons limited opponents to 33. Langley's notable regular-sea-



Senior forward Lauren Meyer played her final game for the Langley girls' basketball team on Feb. 28.

**"I think we exceeded a lot of expectations. Winning 21 games was not even on my radar, and I'm not even sure the girls thought that was a possibility."**

— Langley girls' basketball coach  
Amanda Baker

perimeter shooting from post players.

**LANGLEY** will lose one starter — Meyer — to graduation. Baker said Meyer was the Saxons' top post defender.

"Lauren was our heartbeat," Baker said. "She was, on defense, conducting traffic, [and] on offense she would go after every board. Lauren was really the heart and soul of the team so we're going to have to look for someone to fill those shoes."

Langley's season ended in frustration, but the Saxons laid the foundation for continued success.

"Despite the fact that we did end up losing and couldn't advance, I'm so proud because we established the [Langley girls' basketball program] and school to now be respected," Meyer said. "I think in the years following, everyone is going to respect Langley. ... It's definitely a very different dynamic. Before, when teams played us, they would be like, 'Oh, this is an easy win. No problem, it's just Langley.' But now people had to prepare for our games, and it was just a completely different feeling going into these games."

son achievements included a 14-game win streak, and victories against Chantilly, Madison, South Lakes and Fairfax.

"I think we exceeded a lot of expectations," Baker said. "Winning 21 games was not even on my radar, and I'm not even sure the girls thought that was a possibility. It feels really good to have that accomplishment; and then to get to regionals and now we know what it's like. We're returning a big core of our group so I feel like this is a good tone setter for next season and we can go further."

Galiani, the team's top offensive threat, will return next season, along with standouts Callaghan, Aulisi and Shamloo. Baker said one area in which the Saxons need to improve is offensive production and



## WEEK IN GREAT FALLS

FROM PAGE 5

Falls Historical Society from 7 to 9 p.m.

Luttrell will discuss the beginning of the Grange and the role it has played in local communities since 1867.

"The National Grange has been a major farm and rural community service organization in the United States since it was formed after the Civil War to address the problems of the ravaged rural economy," according to the Great Falls Historical Society.

"In 1920, agricultural prices had collapsed, beginning a 20-year depression for the American farm economy, and local farmers were seeking a way to band together to market their crops."

## Brooks Farm

Basheer/Edgemore-Brooks, LLC, submitted the Brooks Farm rezoning application to Fairfax County Park and Planning last month.

Planning staff is tentatively scheduled to issue a staff report by the end of March. The staff report is published two weeks prior to a public hearing, which is tentatively scheduled for April 15.

Afterwards, the Planning Staff will give its recommendation to the Board of Supervisors, which will hold additional public hearings before making decisions on the application.

Basheer/Edgemore-Brooks, LLC, filed a request to rezone approximately 51.97 acres from R-A District to R-E District zoning, which allows for conventional development plan or a cluster development, according to the applicant.

"The Applicant has chosen to design the lots using the cluster provisions of the Ordinance in order to better preserve the environmental features of the property, preserve more trees in dedicated open space, provide more homeowners open space and generally create a better designed, more cohesive community," according to Gregory A. Riegle, of McGuireWoods.

The Great Falls Citizens Association Environment, Parks and Trails committee is working with the Land Use and Zoning Committee on environmental issues in the Brooks Farm rezoning, including a possible community survey on local stormwater and stream issues, according to the Great Falls Citizens Association website.

The GFCA committees were scheduled to meet Tuesday, March 3, after The Connection's presstime.



## Great Falls Sledding

**Tess Jannery-Barney, 10, from Great Falls at Colvin Run Elementary School, enjoys sledding in a winter wonderland at Mt. Reston in Reston on Feb. 21.**

## No Increase in Tax Rate

Chairman Sharon Bulova was scheduled to announce Tuesday, March 3 that there will be no increase to the advertised real estate tax rate this year.

Members of the Fairfax County Board of Supervisors will hold town hall meetings around the county, with presentations about the budget and an opportunity for questions and feedback.

Sessions include:

Dranesville District Budget Meeting 1, Great Falls Library, 9830 Georgetown Pike, Great Falls, Wednesday, March 4, 7 p.m.

Dranesville District Budget Meeting 2, McLean Community Center, 1234 Ingleside Avenue, McLean, Wednesday, March 11, 7:30 p.m.

Chairman Bulova's Community Dialogue on the Budget, Fairfax County Government Center, 12000 Government Center Parkway, Fairfax - Conference Room 9/10, Saturday, March 14, 2:30 p.m.

## Focus on Financial Crimes

The Great Falls Senior Center speaker will be Tom Polhemus, Investigator with the Financial Crimes Section of the Fairfax County Police Department. Polhemus will speak

on financial crimes, internet fraud, and how not to become a victim, April 7 from 11 to 1:30PM at Colvin Run Schoolhouse, 10201 Colvin Run Road, Great Falls. The program is being sponsored by Brightview Assisted Living Great Falls. To register email Polly Fitzgerald at pollyfitz1@verizon.net or call 703-759-4345.

## Great Falls Senior Center Takes Cherry Blossom Cruise

The Great Falls Senior Center (GFSC) plans a Cherry Blossom Luncheon Cruise on April 8. Attendees will assemble at the rear parking lot of the Great Falls Library at 10 a.m. returning at 3 p.m. Once aboard the Odyssey, choices of a three-course luncheon that includes appetizers, entrees, and desserts with coffee or tea will be selected. The cost per person is \$68 (tip not included); a cash bar for wine, alcoholic beverages and soft drinks will be available. Space is limited so make reservations by March 20. Send check payable to GFSC with your name(s) and phone number to Jeri Drefs, 500 Jackson Tavern Way, Great Falls VA 22066, 703-421-7146. For further information email jeridrefs@yahoo.com or visit gfseniors.org.



PHOTO CONTRIBUTED

**The suspect vehicle in each of these accidents has been described as a black Volkswagen sedan, bearing Virginia license plates. The vehicle looks similar to the vehicle posted here.**

## Crime Solvers Seeks Assistance in Police Impersonation Case

Fairfax County Crime Solvers is seeking the public's assistance in a series of police impersonation incidents that officers believe began in October 2014. In each of the three incidents, a person operating a vehicle on a public highway encountered a vehicle behind them that activated emergency lights, similar to what you would see on an unmarked police car.

In each of these three incidents, the drivers did not believe the vehicle was an actual police car and therefore, did not pull over. The suspect vehicle drove away without further contact.

Officers believe there may be additional incidents involving this vehicle and driver and would like to hear from anyone else who believes they may

have encountered this vehicle utilizing emergency lights on the public roads.

Anyone with information is asked to contact Crime Solvers. Tipsters may submit a tip electronically by visiting [www.fairfaxcrimesolvers.org](http://www.fairfaxcrimesolvers.org) or by texting "TIP187" plus your message to CRIMES(274637) or by calling 1-866-411-TIPS(8477).

A \$100 to \$1,000 cash reward will be paid for information that leads to an arrest and indictment. As always, callers never have to give their names or appear in court.

Text "STOP" to 274637 to cancel. Text HELP to 274637 for help. Msg & Data Rates May Apply. Go to [crimesolvers.net](http://crimesolvers.net) for Terms & Conditions & Privacy Policy.

## 2ND ANNUAL Boys & Girls Club Fairfax Casino Night

**Friday, March 6, 2015**

**The Ritz-Carlton, Tysons Corner**



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Any person who wishes to support or  
oppose the application, but does not wish to  
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Box 27412, Richmond, VA 23269-0001. The  
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Any person who wishes to protest the  
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## Sole-Searching



By KENNETH B. LOURIE

There's no denying the emotional fact that the CT Scan results I received and wrote about last week were a bit of a disappointment. Not a shock, mind you, because once yours truly was characterized as "terminal," back in late February 2009, all subsequent bets came off the table, almost literally; and expectations, such as they were explained to Team Lourie, likewise nearly ended up on the floor, figuratively speaking, meaning they were pretty low at that point. And ever since, my life has been about managing expectations and reacting to scan results and lab work and trying to live forward. This recurring assessment has dominated my life over these past six years.

So receiving results last week was, in and of itself, nothing new. Heck, I've received bad results before; I've even been hospitalized because of them. Obviously, I was not hospitalized this time. Nor will there be any changes to my treatment protocol, although we are advancing by one month my next CT Scan, as a precaution/prudent course of reaction to the mass which seems to be forming in my left lung. At this juncture however, premature as it may or may not be, nothing really has changed. Life goes on.

Nevertheless, I can't help thinking that change has indeed occurred. Unfortunately, the process by which one finds out about such change: scans, sort of happens in arrears. That's not to say that now is definitely too late, but neither is it too early. It's more that this kind of timeline makes for worrisome days and sleepless nights. All of which, if you believe the anecdotal evidence, are counter-productive to surviving cancer. It serves no purpose, other than as an entirely reasonable and predictable response to an incredibly difficult set of circumstances, to focus on such a negative. Moreover, attempting to control something likely beyond one's control similarly stretches one's emotional strings. Finding a balance between what is and what isn't quite yet, or what might become of what hasn't been confirmed, is a constant struggle.

Do I care and/or worry now and beat the rush, or do I do neither, and care/worry later? If this growth isn't quite something, do I presume its nothing? Or do I presume it's something even though it may still be nothing? Do I go around in circles or do I attempt to live long and prosper and damn any torpedoes that interfere with my life?

Such is life as a "terminal" cancer patient (mine anyway); upside down and all around, and never the twain shall meet, "except on the twack," as my father always joked. And though I am regularly supported - and encouraged, by friends, family and many of you returning readers, this surviving-cancer business is most often a solitary endeavor. Living with my own thoughts, internally, this cancer-afflicted life, regardless of what I hear, see or read externally, is my responsibility and somehow I must navigate the landscape; a landscape I knew very little about previously and one fraught with danger, both mentally and physically.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.





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